

... MENU V ...

Breakfast

CEREAL

BACON AND EGGS

BISCUITS AND JAM

COFFEE AND MILK

Dinner

1 K RATION UNIT EACH

1 CAN OF K RATION EGG PRODUCT

(This meal is easily carried in a pocket.)

Supper

CORNERD BEEF HASH

LIMA BEANS

BISCUITS AND BUTTER

CHOCOLATÉ BAR

GRAPEADE

(SUGAR FOR THE GRAPEADE IS IN A
SMALL CARTON.)

SALT IS INCLUDED TO BE USED WHERE NECESSARY.
HALAZONE TABLETS ARE INCLUDED TO PURIFY
WATER FOR DRINKING. (SEE DIRECTIONS ON THE
BOTTLE.) USE THE PAPER TOWELS FOR CLEANING
MESS EQUIPMENT AND FOR PERSONAL NEEDS.

LOOK FOR A SMALL CAN OPENER IN THE
WAXED CARTON