## Evening Herald

## Residents Petition To Bar Shopping Center



## City Clerk Would Consider Administrator Job

| Topless Jogger Will Fight On |  |
| :---: | :---: |
| d'alm beach iUfil - A seppens jugerer who was fined | a valid exerelse of the fown's police power ... The court has |
| ssous in pawh Palm Beach and | fuand no fundamental right to |
| Has apent \$25.000 lighitig an | dreses. speech or heallh at |
| ordinance thut prohthis peo- pie from kolny barecheiled. | sluke in this cuse. the judge seid. |
| lons libe cuac in federal court | Town councll member Paul |
| but plans tuappeal, | Hylmaky mid. "It's a great |
| Alten beweese. 37. an | zatisfaction to feel that some |
| ansatant publie detender. | of your ordinances aren't |
| clumss his civil rights were |  |
| Vidulted whent he recelved a tickel to 1979 for running | DeWecse sald he plans to appeal the judge's rulling is |
|  |  |
| tratl whlinat is shiri. The | Appente in Allunth Lower |
| townis law bans men and | courts called the ordmance |
| wonen it and alder from | silly and unconstitutional. but |
| kollig tupleas in a public place | the luwn uppealed thuse de- |
| beyond 150 feet of the beach. Lust week. U.S. District | is is bothers me the town th |
| Jutige Norman Roeltger ruled | willing to litugate fromi here to |
| the lown could matitatn such | eternlity inatead of acceplitys. |
| anordinan | original ruling gracefully. DrWeres cald |




|  | athare-werk vacatent |
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| ase to be negolated atier stx |  |
| mbe, a car. amd movins | severence pay - arre ngunas liw |
| Prew whe cans | ¢mexmmel panty. Commilationer |
| \$24.k60 agreed in his 3 prike | Fat Myers mital Prowere hind mistl |
| combler oifer to accepl the | hie wasa't trumb by tice prilley |
| \$35.\%\%) but he wanted dill | Exctane lie withla le at con |
|  | trachar rmptoyer and yed |
|  | Chamed bars of liw polley tias |
| Hvolik and mesil thereases, abal |  |
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## Elementaries Face Boundary Changes

| Herald Stafl Writer <br> Several proposals for allendance bomad "ty changes for Sterling l'afk amd Wioml hamde clementary whools are being mulled bwer by the Seminule Contaty Shbol thand. <br>  Katen Coldemath. <br> At Its April 10 nteceling. Whe loward watils Io act to reduce the mumber of students at Sierlind Park in Cismetterry and W'oudlands entolment for tmoll seliomen down lo law the stintereconnmended capandy. <br> Sterling loark has at state recommended copatily of Mo! studerts. but primelpal Mike Townsley mad Turshay be has !V29 tudents conrolled Wimadumds state recommented Under the proposed boundary churnges. witite stuilests fromb Slerling Pask wutd be Enplish Estates cletucntary schouln. Sonne of W'oodiamds' puphls wuuld nwltell lo |
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Man Jailed For Cruelty; Dog Destroyed

| the Scmatme County Jall |
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| tuxtay ont three counts of antmal |
| urtarley in conmection with |
| treathent whith ultmately |
| lotered the dester |
| toblertinan plas |
| Ronald Lee Ssotu. 2 H |
| Ordando Drive. Apt |
| to appear tod |
| $0 \mathrm{p} . \mathrm{m}$. before a S |
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| day alld chargret willa reruetiy to ment of unl antinal und abanduntarent of an antmat. Each charge is a firsodegree misdemeanor carryma a penaley of up to a year in layl and 8,000 tine. <br> Accordiag to courl recurds. Longwood police found a mddale aged male Doberman pinscher abandoned at Srotis former realdence. $5+9$ E. Church |
| :---: |


| 号 comactel lie | note respond to medical care innt |
| :---: | :---: |
| wiely. | had to be destroyed. |
| The | According to the |
| Mator liarbara | Scott was contacted by Ms. |
|  | Wor |
| drome lack of food. an | The tene to go to the sheller and |
| ne Aea lnient | "mess with the |
| mat cial | A |
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| PORTLAND, Ore fUPll - The fide the spare shuttle has turned up some educalore who have problemes speriling and writup <br> "Muat shocklng." was the wuy The Oregontan newapaper. desonbed It. <br> Nicholas wias a member of a ecreconng panel that read through applications irom for a shutile seat. |
| :---: |



City Wants Clubs To Pay For Sanford Welcome Signs
 Cliey Manager Warren "Pere"
Knowles sald 11 would be "more
appropriate" for the clubs to pay But Mercer and .ll we
well hnow till he done right. He sald one such sign on
French Avenue on the clly's
outskitrs is poorly malnalinced outskirts is poorly malntained
The crly would to a belter fob he cortended. And a sponsor and roport tha
the commisslon in a month. The clity has two welcome
signs hat were erected by the
Community Service Club - the Community Service Club - the
one men French Avenue at the
southe., edde of the clly and
another on Seminole Bloulevard

Space Burial A Big Seller
lowal funcral home is running
ewail and the owner says the .response
halathen "tremendous." an he alshes of the dead Into The Frank M. Forastlere
Sins home brean runimg til Osteen Woman Pleads Guilty To Check Fraud At Sun Bank



#### Abstract

In a third case. an Orlando Inan pleated kully to possesslon Ina cuccilnt in  hr Ciarrison Adslant Goult, 22 conld recelve up to ay yer in the numby fall when senterced May According 10 enurt records. Altamonte Springs pulter  Wehicle. When oflicerss sponted the contriband and searchind the velticle. they found more than 20 grams of tent  Other cases heard: -Evelyn Reverd Rembert. 1H16 Lincoln Court. Sanis   cuatody. could recelve up to a year In the countel lall. TImothy Summerlin. 25. of   Bantel E. Brewer. 43, of Or- liando arrested Oct. 20 aliter he carried a concealed weapon into carried a concealed weapon Into a lopless bar. was sentenced by Mize to 3 years protaillon and in Mize to 3 years prokallon and at $\$ 250$ fine. He was also ordered to complete 120 hours of cumanu- nity service. -Dawn Elanne tharnard. 20. of Springs. arrrasted Sepi. 26 was sritenced 102 yeara proballona and a 8150 fine for staling " $\$ 2000$ check Irom her employer \$2.000 check reon her employer nand depositing in in her personal  Public LDefender's officer 8175 . conntete complete 120 hours of commu. nity service and write al letter or


## PUBLIC NOTICE

Notice is Hereby Given...The Following Avallable To The Public On A First Come, First Served Basis LIQUIDATION OF COLOR T.V.'s 90 day guaranie on picture vee SPECIAL 10" G.E. SERVMG ALL MAXES... COLOR \$7995

T.V. | WHY RENT WHEN YOU |
| :--- |
| CANEMAI DH. |


$\$ 99^{98} 10$ $\$ 160^{00}$
Monde ICA OLE ZRNTM.
maOHAVOX, SVVAMA, staen: Amo. 10 25"


## rame: Mocom, sporibl

forty Amerteon, it


SuLE COWD CTED Y WHORO AVE I $323-4664^{\text {SHLE CONDUCTED BY MOTEL TV SALES }}$
1 st And Palmetto Lidht To Be Changed To Fasher

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| country sausic |  |
| Firize | 59 |
| \#otred mam | ${ }^{98}$ |
|  | s14 |





## Evening Herald






## Designer Cigarettes?

The newa from the thepartment of Healti
and lluman Services was on the whole The average Anericatis's lite expectancy in In nos small part to a greater awareness of th: role healthy habits play in a healthy lifr. More perple exerclise regularly - a bron ${ }^{\text {a }}$,
manufacturers of sparts equipment and grar. People are payling more attention to thei diet - Which opens deors t1
marketa for purveyors of fexes.
Finally, people are smoklog less, some thing
that. unilike the other factors, sprells onls misery for the tobateco industry.
To counter this. the obbarco indusery golng to great tenkthe to hyde tis impoduct.
Consider R.s. Reynolds Tolbaccor Co's las Laturent for today's fishlion-conscious
woman: "Our oblective is to market a new brane
wheth will tecome the new yhandard of
 Says a vice preadene for markellong:
-Smokers are gelecllong bramd that make is shatement.
There's nothing very radical abount that everytlme they make to bure thase lmages the Madison Avenuse.
 are still gullible comphl
advertising appal to thens
Yet diey apparently are. One of the jarring
notes In the ilits regort was he findling hat lung cancer deaths anmeng US womment are on the rise, with smoking directly to blatim
There's nuthing very stylish it a backing
cough. and ahelutery nothog suphlisticated -


## Baby's Surprise

 phear that a New York coupple wante to pay for the uphringling of an "anwanten" datughter. Bran and Suzambe O"tionte clatton the
 allegedly after Mrs. O'T woll wiss assurred hat she was sterile

 wonder how Kelly Ame Marse will teel when she ta old enough to know allont the lawsult.


BERRY'S WORLD

dICK WEST
Never To Soon To Maneuver For Leadership
 endured by members of ongrese is never
knowing when thelr funnybones might be
iwanged. Rep. Danny Rusoo's risibl obviously were
plucked the other day whe he recelved yel annther phone call llasting ppothelical conds-
linns under whilh a fellow lagiver mighe seek a leadershtp posi In two years Just In itme for April Fool Day. The Illinols
congresman composed a Dear Colleazue": iellier in which be called altetion to alll House
Itemocrats, including hime but excluding Speaker thom
thal candidates.
At last count, the partisan bieup stood al 25

 oul inat in fullisankel turn-ngr stluation wan
created by O'Nellis. impentingelirment created by O'Neill's impendingelirement
Allowught "Tip." as he widely
 Thus far. most of the maneuvering has been of
provisonal nature. Even so. Russo was a provis.
amped.
His ton Tis tongue-In cherk letter to members of the Democratte Caucus, which makes such he 99th Congress only was organized in Bual ani he pointed out, "ut is never too soon for
houghiful rellection on our leaders of the future."
So saying. Russo brought to the attention of the raucus. members "a carefully screenred list
of those individuals that I belleve exhiblt the qualities. the commintenent and the dedicalion to our insitulon. our party and our nation so
necessary for the success of ourselves. our luture and our chlldren." quoratlon is not teribly untypical.)
Rusmo then proceded
"orementioned qualutes." similar claims were made for the uther caucus members. also listed by senlorty, for the posts of maj
majority whip and caucus chalmman majt each liat was preceded by an admissto hat the qualtles of the designaled Democrats were "not so high a qualliy
Demporats on the higher lists. "Perhapa." he concluded been contacted by some of the you have already andidates: perhap you have beren conlacted by "However. if after due dellbe thoughifuld deep and pensive considderation. you hould determine without any outald
Inluence, but the the privacy of your own room
chamber of abode chamber of abode - that none of the above
exhiblt qualficallons of the alorementloned exhibit qualilications of the aforementionect
quallites. or If any of the above mentence
members remove themselves fromen considmembers remove themselves frome consid eration because they believe that they fall
exhithit the qualfications of the aforementioned qualititar - VOTE FOR ME. MARTY RUSSO.
FOR ANY OF THE ABOVE.

## EDUCATION WORLD Training Or Black Magic?




WILIIAM RUSHER

## Cuomo, Retooled

 matloni unud McCall mald owners re


 commercluls surrounded by his
laske and handsome fallan lammly.
 The "fandy valurs." Weil. We
know what those are, don't wre?
Then came Cuomo's Inaugural Then came Cuomo's lnaugural
addires, and he droppped the other
shoce. The "flamuly" he had been
 millinat of was - and cunder the new
kovernor's expanave plans for satic aild of various norta not a mingle one
of ourl litle brothers or minters was
 grance to the New York of the
mid. 1940 . T wann't espectally surprised.
therefore, when Cuomo eet the Dernocratle conventlon in San
Francisco on tin ear Clast numnmer
 wan the old Polltics of Envy, rancid
and ankry, dellivered whi
puasolonate convictlon that hadn
 Amertcu toriaye, cuomo chargerd.
was lar frum the "shining clly on a




SCIENCE WORLD Potato Chip Rx

By UaltedPresin in
Chipo for potandium
Chips for potanilum
prople





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make sur
monllumen.
Tobaccoand Cancer



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The researthers rathenged the

 how long they had uxill 1
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## Lesoin More Historically

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Sclences
Strace the Iradtling medications have beern shown on heal whectis
equally well. Salbesin sult he prefers the ane th.
ach acla.

## JAK ANDERSON

## Defector Helped Crush Iran's Communists

 Tudeh party's dia
11
was Kuzichkin.


But Kuzichkin didn's keep quite.
And the result was an tmpreastre
$\qquad$ service: The total destruction of a
Sovitet dirceted communati party in a key Middle Eastern country.
Footnole: A Brillsh Emb



## SPORTS



## Mark Mance: Lake Brantley's Championship Ingredient


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verula phayers

## 

 Prark and limen will prow David Carterant Mick Audrewn ul livir Letils


 L.ake Hrantley hise is is not thart The players reallize what tilakes 110 exrel
and are more thant willing to expend excellilure.
To liefo the


 teans has made the ruphd tmprovernent
thas made All of the playern returning trum lase
vear. all of the hurd wark, ull of the experience - 11 looked eariy on like
A.ake trantiley was poing to te in lor
 team ...perthapn even a great trat 2 . That ouse lagredirnit was in lie form
of al nastinally ranked player who


## Seminoles Rout Coach Brauman's Old School, 100-37

By Chile Fister
Hernid Sports


Sutton Says New Job Is Nation's Best
 len vicis. Noin ananin wine


"Thys is the only fob fd ever
take." Sutton sumd Tursday,
after at was ammuned he was


shasid continue to
Sultut ill the hetion





Arizona roacth I.ure Olsom.
who way ernatively wficed the






hee search the as new coach


Sulton, who played for lba at
ohlahama State and


In $1197 \%$ Sulton's ream
advanced to the Final Four

1 the year that seasort.
"When you talk utrout


co Nory, Inclualling the NiBA in
ark


tonctuach hed Rasonbacks. no Su
luat more than
Sution.s first ofliclal move as
cuach was to convince assoclate
rach Lentard Harmilton to stay
cesasumy.
Hamition ls regarded by many
the country and is credilted with
bringing clars Sam Bowle


10 a fiveyear pact in principle.
Sutton sald be ihought
an aggresaive manitoman de
ense and a delliberate ofienae
Kenucky fifferent from the way
last two years," Sution said th
you win. the fans
you piay the game.


Hear That Whistle Blowin



Travelin' the trains was the only way to go for the ballplayers of old

| natall problermin bor the erpirt. | anake hime drophoff. Tox |
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| Tlie guya whir workeil for | ters use partable video |
|  | display icrminals wheh pur |
| ries via Wemaril Un | theitl. when plugered in, in the |
| from the baill parks but th |  |
| an mow. clulis fled cilirs 11 | old days, lice nower of Amert |
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Perez Is Still Red For Rose

Flannery: Tijuana Trafficker Who Borders For The Poor


- Oakland sent liral bamerman
Damy Goodwin 10 minors Ruarantretmp Dinny Meyre
spot will the A:s. Infilder Mike

Dave The Padres anmunced
Dravecky. who has byunced beiwen the bullpen
and sartung rotatun the last two
 IIfht hunders cliphw prevents
Dravecky from throwink every
5ay. The Pirates agreed to a
 31.yearobs starler was 12
witha 293 ERA last cason. The Expos sent right.
hander Fred irrelinthe and out hander Fired Bremintur and out
lielifer Max Venable to the minnors. They were acquired
froun San Franicisco last year in froun San Francisco last year in
exclange for M1 OHvert.
- The Meto and Cardinals swapped Rood field. no.h1 plichers. New York sent
phortatop Jose Oquendo and plicher Mark Davin 4 It I Anula
Ior shortstop Aneris hor shortstop Argeris Sial

Bergman Leads Lady Lions Past Yellow Jackets, 10-3

| ESHURG - Cathy Iergman | Softball |
| :---: | :---: |
| the leuter Tueaday and her |  |
| rkmun led 0\% - $0^{\circ}$ |  |
| Hedo meured an the ominy Lions |  |
| med 410.3 victory over |  |
| cesbuth's Landy Yellow Jarkris | the game to ralise her |
| Orange lell Conference ac- |  |
| The Lady Lluns | In the seventh for Ovirdo. |
|  |  |
| a 200 lead | ED |
| $420$ | singled to load lie thases und iw: |
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|  | nisu by Ijee liee Iteasle |
| walk. Fran Foster followed with |  |
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| er sered un | the mound for the Lady Llons a with help froin the defense. |
| exured all thise of |  |
| runs in the bottom of the firat. |  |
| uma remalined 3.2 in | For Oviedo offen |
| Leesbury's lavor until Oviedo | ${ }^{1}$ |
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|  | conference gante whth liat |
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## SPORTS

## INBRIEF

Smith Connection Lifts SCC
Past St. John's River, 9-1
Although not related. W'yatl and Jackson Smilh proved
to be a potent connection Tuesday as Seminole Community College's Raldera upended SI. Sohn's River. 9.1. in Wyall Smilh. a freshman plicher. mowed down S. with two hits. one a double. and four runs batted in.
Michael Cloutier added two hits and drove in three runs Micharl Cloutier added two hits and drove in three runs
while Ken Looper also had two hits. while Ken Looper also had two hits
The Ralders gave wyall Smith
The Ralders gave Wyatt Smith a 4.0 cushlon in the
bottom of the second and the 5.11 rikhihander was touched dor juss one run in the top of the fourth. SCC put I wo more in the elghth.
SCC. 5.6 tn the connerence and 19.14 .1 overall. returns
toaction Thursay against Central Florida CC at Ocala S:
John' John a now atands at $2-9 \mathrm{in}$ the conference and 15.19
overall.

New Law To Establish Order
WASHINGTON IUPIII - The sponsor of a bill passed
Tuerday by the Senate Commerce Commuttee said the measure giving the NFL power to block teams from leaving
their homelowns "re establishes order out of chans" in profensional sparts
The bith approve
The bith approved :0.6. would give the NFL and several
inther professional sports leagues Himited untirusi exemp. Whiter prosessional aphrts leagues limsted untlirust exemp.
nons in the arras of franchise movement and revenut sharing. and allow thativisual movement and reveres io establish
shiter
 well Sen. John Danforth. R.M. Who whonsored the bill along
with fellow Misourl Sen. Thomas Eakleton, a Democrat sind the Irgislation "re sestablishas some order oue of what
has become chaos" In proneassional sponts Irafues. has become chaos" in prolesalonal aports Iragues.
Danforith said NFL Commishouter l'ele Roze
 expansion by two teams by 1988 or 1989
Rozelle told the Sernate Judiclary Committee last munth
 USFL. is cleared up.
 expangion prom
Lridge to sily you
 Kulnsas City Kings. the St. Louls Cardinals froilhall club
and horkey's St. Lunls Blues - have bern flagered as
 The Daniorth mensure requires specific guldellines b

## Philadelphia Honors Wildcats

PHILADELPBHIA IUPII - Kollie Masaimino Looked In need
of a nice warin bed from all the celebrating he and his of a nice warim bed frotm all the celebrating he and his
Villanovi deam did after winning the NCAA basketbull Champlonthip.
Even alier
n.
Even after fying from Lextngton. Ky.. to Phlladelphta
Initernational Alrport Tuesday. busting to Center City and
 "second wind ""
Efefure in crowd that packed JFK Playa for a rally hotoring the Wildcals. The blearyeyed roach bekan hil "th's really apleasure and an honur for me and my teath.." - his eyes lit up and hin voike suddenly rose
volume - -...TO TBE THE CHAMPIONSOF THE NATION"' (frome the field). I I told you when we left school on Wedneslay that we were going to have a heckuva party.
They did a hekuuva job and they won the nallonal

## Tyson Scores Ligthwoight TKO

 third. round lechmical knockout over Gerardo Venzo Tyson. of Washnggon. D.C., improved to 19.1 with 10
knockous. He Noired Venzor, of Mexico. will lefi hooks in each of the flrat two rounds.
 compluined of a broken right hand in his corner. Upon
exuminallon, ringride physicians stopped the bout as the exammination, ringende physicians
bell lyounded o starithe third round.
Tyson, ranked only 17 th by the World Boxing Councull a
big payday laat monih when former World Boxing Councll big payday last monit when former World Box!ng Councll
juntur Inghtwelght champlon Hector "Macho". Camacho wiltdrew from a scheduled bout in Las Veras. He owns a non -1til victory over U.S. Boxing Assoclation champton
Jimmy paul, who will challenge Hary Arroyo for the Imternational Hoxing Federalion Itide Saturday

## Baver Upsets No. 5 Teltscher

wants to learn how to breakdance. Juan Fartow.a reai tennits circultis sop too.
Bauer. ranked 58 ith in the world. came up with the frat upset Tuenday in the 8315.000 Grand Prip Ioumament in
Chicazo, beating No. 5 seed Ellool Tettocher 5.7. 6-1. b-2 in a firu- round matich.
Farrow. a former champlon on the funtor circuit and
three- (Ime aingles champion in NCAA Divilion II. was the nres real surprise of the tournament. caking No. 3 seed
Andrea Gomez to three sets before lowng. 76 (7.3), 4Andres Gomez to three sets before loang, 76 (7.3) , 4.6. Top-seeded John McEnroe and No. ${ }^{2}$ secd Jimmy
Connore play therir frat round matches lonight at the

Froedom Bank Thumps Teor Lab
 Pony Baseball Pinto Divison action at the Five Potnts
complexe
Cris Kieitu and Scott Jones each hit tong home nuns to Cris Kleibl and Scolt Jones each hill long home nuns to
lead the freedom Bunt hit parde. Klleblain added a palr of doubles and a angle and drove in four runs for the day.
Bubbe Lamb added to the barrage with three trples and nve RBl's and Mall Knax
Yankees' Trio 4-Hits Dodgers, 9-3

Penske Team Enters Five Cars In Indy 500

| indianapolis dille - Threg | dris |
| :---: | :---: |
| selerath drivers were mombinated | Mrars will br makin He: righth Incly appearance He: |
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| blis woil four limment the la |  |










 Anmilher eminy wiss recrived
from forsylie Racing of Wheel

 So far, th cars have
entered for the May 26 race



## Cook Of The Week

## Combining Homemaking With Career All In

 A Day's Work For Nurse And Single Parent

| You Are Invited .... |
| :---: |
| MAUNDY THURSDAY |
| COMMUNION |
| SERVICE |
|  |
| Thursday, April 4, |
| $7: 30$ p.m. |
| FIRST UNITED |
| METHODIST CHURCH |
| 419 Park Avenue, Sanford |
| Childcare Provided |



French Classic Desserts Laced With Rich Amaretto Carry On Regal Tradition








Chops

Swan
Geinz




Chutney Dressing Gives Different Taste To Salads


Tips To Make Easter Egg Hunt Fun And Games



## Brunch Becomes Institution

Most Family Histories Reveal Some Treasure, Some Trash


Irtends. I doubr thal they As Aotord
ciare I'm nearly 75 and have few


$\underset{\text { derar TANYA: You are. In- }}{\text { derchingiy enouth }}$ terastingiy enought, my fearlers
were almost eventy divel were atmose evenly divided
concerning my nulvice. 1 sild.
and

 ymire wromp. They win

## )


 Abby
 ings. No links missing
dear no links: head on for an opposing wew:
 woman. to go theats and wrile
hier memors - the baid with the You muss have a serrew loose.
If ' wrere so tril the true story or
 thenextoseunty. I have been a prosthute.
drunk. a con artise, in felon and druk user Fortumiely i f was able II I ever write my Hife slory:
wouldn' wanl anyone to read
 missednothing

INNEVADA

chilled orange Juice from Fiorida.
dellictous drink all 1 tastes. With at ligker of of curacao pagne to make a Mash of Chamgive, whel lier miraight or maxed
 Chlicken Calcutata is a aplendich
chioice for an elekamin malle diath
 arrivala Sterps of chichenl breast are sumierd briefly, spiced will Almmered in a heady mixature of ange jucreth frakrant with orbulent serving. sectlons of suc. linemds are addred
prese ntations, a pulfy indiatio muke a grand impremation. Moas vens ommelet in 10 prepere. you ket extra poimis for sertions akslleth to make two omelote for thet than increase the slize of
the one larke numelet thas feed four. EEkg whiten, beuten whil
cream of turtar, crente the when the omelet riven in the nauce havored with cardatong sallinsymng brunch dlath.
buot deliclount bes mien mimple convernullon. Eindy gond relaxed atronspherere nund tuke advantake of pasy to make and 4 Chblemen Calcutta Chichound bonclens. breant of
chaten. nkinued and cul ill itripa
llarge onken. chopped 11 cupp
1
I red mirped bepper. cul in Jullenile 1
2
2
lable cerpoontina llour 2 leaspocona curry powiler
 l caspoonn pepper
cupehtick Lroil 1. cup urange Jutce Irom 2 orankes from Fiorida, peetia and mectloned Toup oliced almonds, taanted

In large nkillee heal 2 tablen proils olli, mute chicken until undide. ItI mame nkillel hreal re sumte onon. red pepper ant celery two minuten. Sur tin hlour curpser. Cook one mumbe crud unlly udd brolh and orange fulce Cover. Simmer 10 minuites. Aldid llons. Stir penlly unall hicute through. Splrinkle with toanted baked patty shelle.
YIELD: 4 ecrving
pupty omeletwith oranoz anuce Fioridap orange julice from
Pince of enit cramin of fur 2 tablespuona verctable oll 2 tublespoons mitter or marge
Sour cream (optional)
yolk: unall thike. Gowd beally rid orange fuice. In large mixer bow tartar and salt unlly allf, but thot whilea in a 10 -inch millee imt an oven.prool handle, heat oll mixture. Cook hev. Pour the eq heat untll bollom to yolden. Place skillet in a $350^{\circ}$ y. oven
Bake 15.20 minute puff and muture to nrm move from oven Make a 1 . nc C deep cut acrome amelet, wichilly
of center. Fold snaller purt ove


## ...Cook Of The Week

buyy night shis. CH bufs
 bespee Bestan." a handle whilch
she favors mosind of beverage
sheary taugh and a cheerful. A hearty laugh have
and ays been lwo or Karen's
atrong potnes. strong points.
Sngin parenting nometlmes
means having io supplement means having to supplement
your income with ctra work
and Karen has Irted her hand at
seling vacuum cleaners and selling vacuaum cleaners and and
selling trems at fea markets, and seliling lirms ar flea markels, and
is presently a distribulor tor a
food company which parkares food company which packages
prepard foods in retor pouches Hhat have a sheir life expectaney
of up to 25 years in some cases.
ond These pouches are eapecleally
conventerit ror campers.
tuackpechut
 workmenn place them on their
car enkine or duahboara tand let
them warm uph and. comes
lunchumer
 omly one example of the many
"produces which are marketed
basically an conventence emergency foods.
 Ifyuld embroldery.". A cookle Jar
in the form of a iree stump will In the form of a tree stump with
adoraber litle annmals perkling
out at you 15 almosn alwuys illed with Karne 3 homemade cookles.
In the Spring. Karen enjos In the Spring. Karen enfoys
putting in a maill garden jusi
ounside her kuch ounside her kitchen wind ow. "I
don't know how much luck ill
 Wonk with bell peppers.
tomathes, paraley and a few
strawberyy plants. t do a

 vegretable and blanch 11 then
frecze it for fulute use. Its it

 Gumblo is heavenly. She alled "I
Okrai Gumbo tut as far as 1 m



New Orteins und "duch nothang but pig out on Creole cooking.
Grandmer
 Circole dishes. 18 was lantanice."
Allhough her family is spread
 bering Mardil Gras The famlly haties summer home on the in Marde wille inke Ponechartyain
for ped go there for pienice and on werkends."
 Nrw Orleann. Karren recalls tier cousina to walth the Mards
Grus parades.



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Mancul Dacabsanis Department Stare



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the born loser
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EEK \& MEEK

## 

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by Howle Schnaider

by Hargresves a Sollers (SO : CAN WATA,

buas bunny


## FRANK AND ERNEST



Those Fancy Machines Won't Remove Weight
DEAR DR. LAMB - My friend
11kes her womeniz health club
becauct the machines do all he
work. The electrc-powered sta-
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almost useless. If you don't exert
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do any physical work and will
develop a a stronk musele unies no
you use il. That does not mean





