

OLD CLUB, NEW FLAG

Herald Photo by Tom Vincent

For the first time in the Sanford Woman's Club's 69-year history, there is a flag and flagpole in front of the clubhouse at 309 S. Oak Ave., thanks to the Disabled American Veterans Seminole Chapter 30, which donated the flag and the George L. Smith Welding Co., which made and donated the flagpole. Patsy Smith (left) helps club members Martha Yancey (center) and Juna Jones raise the new flag she presented.

Judge Says Brooke Shields' Mother Was 'Exploitive'

NEW YORK (UPI) — A judge dismissed an attempt to prevent commercial distribution of nude photos of actress Brooke Shields taken when she was 10 and scolded her mother for exploiting her daughter as a teenage temptress.

In his ruling Tuesday, state Supreme Court Justice Edward Greenfield described Teri Shields as being "maternally protective and exploitive at the same time."

Mrs. Shields had sought to portray her 16-year-old daughter as "sexually provocative and exciting while attempting to preserve her innocence," Greenfield said.

"She cannot have it both ways." Mrs. Shields, 47, had filed a \$1 million suit on behalf of her daughter, claiming commercial distribution of the photos would cause "irreparable harm" to Brooke's career and would violate an agreement the photos were to be used only once.

In dismissing the suit, Greenfield criticized Mrs. Shields for the way she has handled her daughter's career.

Greenfield issued a 14-day stay preventing photographer Garry Gross from making commercial use of the photographs while the Shields' lawyer, Sandor Frankel, went ahead with his plans to appeal.

The nude photos of Brooke were taken with the consent of Mrs. Shields in September 1975 for a Playboy Press book entitled "Sugar and Spice."

The photos show a nude Brooke leaning back in a bathtub and gazing into a mirror. The Shields were paid \$450 for the photo session in 1975. Gross had received \$1,000 for the pictures.

Greenfield found there was "no agreement" regarding restriction on the use of the photographs and also dismissed the Shields' request for \$1 million in punitive damages.

Brooke and her mother clutched hands and had tears in their eyes when Greenfield issued his ruling at the end of a four-day, non-jury trial.

"Mrs. Shields is obviously a concerned mother living for her child, but she is also living through her child," the judge said. "In pushing forward Brooke's career she has been eager, aggressive, and guilty of mistakes — one of which has resulted in this lawsuit."

NATION IN BRIEF

Reagan Sees 'Hard Times' Before Economic Upturn

WASHINGTON (UPI) — President Reagan predicts the current economic recession will draw to a close by next summer, but between now and then the nation is in for "some hard times."

Reaganomics Planned?

NEW YORK (UPI) — Budget Director David Stockman says the Reagan administration's budget-cutting program was poorly planned, hastily enacted and ignored the Pentagon's "blatant inefficiency."

Governor's Race In Doubt

TRENTON, N.J. (UPI) — Republican Thomas H. Kean is calling himself New Jersey's governor-elect, but his Democratic foe, Rep. James J. Florio, is not conceding. Both are bracing for a recount.

Figures certified by 20 of the state's 21 counties gave Kean a 1,877-vote edge, or a .07 percent margin, the closest ever in a New Jersey gubernatorial race.

Games Event Results

Table listing results for various events including Checkers, 5-Mile Bicycle Race, 66-64 Year-Old Men, 65-64 Year-Old Men, 78-74 Year-Old Men, 66-64 Year-Old Women, and various dances.

Obscene Tax Bills

DELAND (UPI) — Inmates at the Volusia County Jail who stuffed 1981 property tax bills into envelopes took the opportunity to communicate with the outside world — via pornographic notes.

"So far, we've had about 100 complaints since Monday when the first bills began arriving," said Barney Kane of the county finance department.

More complaints are expected as the remainder of 230,000 bills continue to be delivered this week. But officials said there was little hope for determining those responsible for the pornographic tax notes.

One such message ended with the couplet: "Send your tax check in the mail or else you will join me in jail." The top of that four-line message, Kane said, "was very bad."

He declined to reveal what it or other similar notes said. Officials decided to have the inmates stuff the envelopes to save the county about \$4,000.

They were paid 25 cents an hour to stuff the envelopes, the same pay they would receive if employed in county road work, and worked 10 to 20 at a time on shifts.

Calvins For The Insecure

LOS ANGELES (UPI) — Designer jeans are worn by insecure people who in effect are saying, "I'm somebody, and if you don't believe me, just look at my label."

University of Southern California Professor Chaytor Mason said seeking status and an identity by buying expensive designer items indicates the seeker is short on self image.

You're going to like Eckerd's famous Photo Offer.

Twice the Prints... Get an extra set of prints with every roll of color or black and white print film developed and printed TODAY AND EVERYDAY.

Twice the Film... Get two rolls of print film for the price of one. Kodacolor or black and white. When you have your film processed at Eckerd's TODAY AND EVERYDAY.

Twice the Guarantee... Buy only the prints you want. No hassle even if the goof was in the picture taking.

Advertisement for household products including Palmolive Liquid Detergent, Downy Fabric Softener, Lysol Bowl Cleaner, and Eveready Batteries.

Advertisement for a 13" Color Television priced at 249.99 and a Toaster priced at 16.99.

CHRISTMAS IS CLOSER THAN YOU THINK

Advertisement for Christmas cards and gifts, including boxed Christmas cards (50% off), Beacon 15-light Twinkle Set, Palm Leaf Door Swag, and various ornaments.

Advertisement for household appliances including a General Electric Steam/Dry Iron, Pollenex Pure Air Filter, and a Shower Massage device.

Advertisement for electronic products including a Casio Calculator, Kodak camera outfit, Merlin or Simon Electronic Games, and General Electric Magicubes.

Advertisement for Lasko 1500-Watt Electric Heater and a VIP Pro 1250-Watt Styling Dryer.

Golden Age Games Events Schedule

Detailed schedule table for Golden Age Games events from Wednesday, November 11, to Saturday, November 14, listing activities, times, locations, and sponsors.

PEOPLE

IN BRIEF

The Odds Are Stacked Against Royal Twins

The word from Buckingham Palace that Prince Charles and Princess Diana are expecting a baby this June has Britons betting on whether the heir to the throne will be a boy or a girl.

One British bookmaker, the William Hill chain, put the odds at 10 to 11 for a boy, even for a girl and 50 to 1 for twins.

A rival firm, Corals, is offering 4-to-5 odds on a boy, even odds on a girl and 125 to 1 on twins.

All In The Family

A third generation of the famous Fondas is hoping for an acting career.

Peter Fonda, in New York to promote a biography of his father Henry Fonda, says the eldest of his own two offspring by first-wife Susan Brewer — daughter Bridget Fonda who's 17½ — will enroll at New York University's drama school next fall provided she passes an audition.

Old Shoes In Court

Cook County Judge Paul P. Preston went to court in Chicago this week and lost.

Preston sued Sam Levy, owner of a West Side shoe store, for \$150 because three pairs of shoes he bought didn't fit.

The judge said he bought the shoes in 1979 but didn't try them on until a couple of months ago. Preston said Levy refused him a refund on grounds the shoes had gone out of style.

Judge Richard Cadagin ruled in favor of Levy. Preston said he had no plans for an appeal. "I had my day in court. That's all I asked for."

On Being A Beagle

Ringo Starr, in Hollywood, on the difference between being a Beagle and being himself:

"It's different traveling alone than it was with the group. There is no advance publicity, no grand arrivals. And people don't bother me. They are friendly when they recognize me. I've never encountered hostility anywhere in the world. If anything, people seem to feel affectionate toward me."

Youth Corps Projects Dedicated

By JANE CASSELLBERRY
Herald Staff Writer

Work projects completed by a total of 180 Seminole County Youth Conservation Corps (YCC) members over five years were formally dedicated Friday afternoon in outdoor ceremonies at the Seminole County Environmental Studies Center in Soldier's Creek Park. An open house was held in conjunction with the event.

The YCC program, aimed at the conservation of the environment and its natural resources, has existed for five years, with 30 young men and women between 15 and 18 years old participating each summer in the six-week program. There were 60 of the YCC alumni present for the dedication.

While accomplishing conservation work on public land, the program also has provided profitable employment for students from all classifications and provided them with a better understanding of the environment.

Although the YCC program is being closed down nationally, Bettie Palmer, director of the nature center for the Seminole County School Board, hopes there will be funds available from the state to continue the program here.

"It has been a super-good program, and we have been told ours is the finest in the state," she said. "Without YCC it would not have been possible for us to have the ongoing program for school children at the schools and the environmental center. They built walkways, bridges and shelters, as well as worked on the museum."

The Environmental Studies Center is a joint project of the School Board and Seminole County.

In addition to Mrs. Palmer, others participating in the dedication were Bill Moore and Pat Burkett, environmental specialists for the Environmental Studies Center, County School Superintendent Robert Hughes, Dick Tillis and Jim Phillips of the state Department of Education in Tallahassee, County Administrator Roger Neiswander, and Dr. David LaHart of the Florida Solar Energy Center.

Mrs. Palmer credits much of the success for the YCC program to the fact that the same staff has been running the program for five years. The \$27,720 in federal funds for financing the program was matched by \$7,800 from the county for a total of \$35,520, Mrs. Palmer said.

In 1977, YCC workers fixed up the Environmental Center and built a greenhouse at Lyman High School. They repaired and repainted the center building, made picnic tables for the picnic areas



Among those taking part in the Youth Conservation Corps projects dedication at the Environmental Studies Center were left to right, Bettie Palmer, director, Seminole County School Superintendent Robert Hughes, and Dick Tillis, head of environmental education for the state.

they had cleared, made trails through the park, built a boardwalk to a 2,000-year-old cypress tree, built a dock, ramp and steps to the building, built two bridges, and designed the entrance.

At Lake Oriente Elementary School they built a study site, and an amphitheater, and planted grass to prevent erosion on the school grounds.

1978 was the year of the rains. Erosion control took many hours. At Altamonte Elementary, a sand bank was lined with many cross-ties to stabilize the area and provide access to the adjacent wooded area. At Lake Brantley High, cross-ties were used to build steps up to a playing field, and to attempt to control erosion

caused as rainwater cascaded off the roof. An unsightly water retention pond was fenced and landscaped.

At Idylwild and Sabal Point Elementary Schools, concrete slabs were poured for outdoor amphitheater. At Oviedo High, a park-like picnic area was completed next to the school, and trails and an outdoor classroom were constructed in the wooded area. Wilson Elementary School received an outdoor classroom, a mulched wooded physical education area, and a trail system. Interpretive booklets were written for each school.

At the Nature Center, a covered pavilion and picnic tables were constructed

adjoining the building and two bridges were constructed in the woods, along Soldier's Creek.

In 1979, the YCC had requests from many schools to build something for them. At Crooms High YCC'ers designed and built a fence and sign, an outdoor classroom or picnic area and landscaping. At Oviedo High School they constructed a parcourse.

At the Environmental Center the museum displays started to shape up. Cabinets were built with drawers for hands-on study items. A ramp from the Cypress tree boardwalk was constructed down into the woods, where 200 feet of catwalk was built to let people walk with dry feet.

Open House Set At Mental Health Center

The board of directors of the Seminole County Mental Health Center has scheduled a public open house at its new facility for older persons from 4 to 7 p.m. Thursday at 201 W. First St., Sanford.

Ann Smith, a gubernatorial appointee to the 1981 White House Conference on Aging and former president of the Florida Council on Aging, and State Rep. Dick Batchelor, delegate to the 1981 White House Conference on Aging, will officiate at the opening ceremonies, which will be highlighted by a ribbon-cutting ceremony and a welcoming by Batchelor. The facility will house a day treatment program named AEGIS. The program is an alternative to institutionalization and long-term care. Its purpose is to promote and develop the activities of daily living for older persons who find themselves desiring or needing assistance in recreational, physical, emotional, or psychological problems that impede their personal functioning and well-being.

The goals of the program are to keep individuals out of institutions as long as possible, to provide social contact and enrichment experiences, to make the burdens lighter for the adult children or caretaker who work or need time for leisure-time activities, to provide an integrated professional service to physical and psychologically disabled persons living in the community, to provide educational groups for family members or caretakers in understanding the aging process, and to reintegrate the older person into community life.

The program is open to anyone in Seminole County 60 years or older who is continent, has a physician's certification for eligibility to attend, and is not a chronic alcoholic or drug-addicted. Costs for the program are based upon annual income. A sliding fee scale is used to determine the cost of the program which enables flexible financial arrangements.

As participants graduate from the day treatment program (AEGIS), they will be referred to the day-care center or neighborhood centers. Referrals to these programs will be based upon the participant's functional level as determined by periodic review. The ultimate goal is to help as many participants as possible back into community life.

Currently, AEGIS will be open five days a week, four hours a day, beginning at 8:30 a.m., with the goal of operating eight hours a day. The day's activities are structured to integrate overall care into a matrix of social activities, special therapies, and education activities.

The facility's gift shop is designed to facilitate the development of a "cottage industry." Program participants and older persons living in the community can make saleable items and place them on consignment for sale.

For further information regarding the program, call Mrs. Sigl Hays, program coordinator, at 323-3636.

Bailey Will Address Demos

Dr. Wayne Bailey, Democratic National Committeeman, will be guest speaker at a 7:30 p.m. meeting Thursday of the Seminole County Democratic Executive Committee to be held at the county agricultural center, west of U.S. 17-92 at Five Points.

Bailey is also director of the political science department at Stetson University and state committeeman in Volusia County.

During the committee's business meeting, a new secretary will be elected to replace Bob McCarthy who resigned. The committee will also hear a report on the recent State Democratic Conference held in Orlando and a fund-raising project.

Ship Some Florida Sunshine Fruit FOR THANKSGIVING



Please Place Orders By Nov. 17th

ALBERT H. PELL

GROWER - SHIPPER
P.O. Box 89 East Doyle Road
Osteen, Florida 32764

PHONE (305) 322-3873

Fresh Juice - Eggs - Produce
Complete Citrus and Ornamental
Nursery
Personalized Landscaping

IT'S A PLEASANT RIDE IN THE COUNTRY TO PELL'S!



FREE SPINAL EXAMINATION

Danger Signals of Pinched Nerves:

1. Headaches, Dizziness, Loss of Sleep
2. Neck Pain, Tight Shoulders
3. Pain Down Arm, Shoulder Pain
4. Numbness in Hands or Feet
5. Pain Between the Shoulders
6. Painful Joints, Nervousness
7. Lower Back Pain, Hip Pain, Pain Down Legs

Why FREE? Thousands of area residents have spine related problems which usually respond to chiropractic care. This is our way of encouraging you to find out if you have a problem that could be helped by chiropractic care. It is also our way of acquainting you with our staff and facilities. Examination includes a minimum of 10 standard tests for evaluating the spine and a contour analysis photo as shown above. While we are accepting new patients, no one need feel any obligation.

Most Insurances Accepted

SANFORD PAIN CONTROL CLINIC

2017 S. French Ave. (Across from Plaza Mall) Sanford

323-5763

YOU ARE INVITED TO ATTEND

THE SEMINOLE EMPLOYMENT ECONOMIC DEVELOPMENT CORPORATION

Annual Friends Banquet

DECEMBER 4, 1981
7:30 P.M.
SANFORD CIVIC CENTER
SEMINOLE BOULEVARD
SANFORD, FLORIDA

PLEASE MAKE YOUR RESERVATIONS IN ADVANCE BY CALLING

(305) 323-4360
831-2023

TAX DEDUCTIBLE CONTRIBUTION

\$20 PER PERSON

P.O. Box 7074, Bldg. 1, Sanford Airport, Sanford, Fla. 32771



O' Man Winter is Coming

CALL NOW FOR YOUR PRE-SEASON HEATING INSPECTION!

OIL FURNACES AND SPACE HEATERS
ELECTRIC HEATERS — HEAT PUMPS
WE SERVICE ALL BRANDS

ASK ABOUT OUR SENIOR CITIZEN DISCOUNT

SOUTHERN AIR

OF SANFORD INC.

Doing Business in Sanford Area Since 1961

PH. 323-8321
100 N. MAPLE AVE
SANFORD

IRS Approved

TAX FREE SAVINGS

with Seminole All Savers Certificates.

First Federal's new IRS Approved TAX FREE All Savers Certificates will give you a high interest rate guaranteed for one year and your savings are insured by the FSLIC. Your earnings on this certificate will be exempt from Federal Income Taxes, subject to a maximum of \$2,000 on a joint return and \$1,000 for individual returns.


Check these advantages:

- \$500 minimum deposit required.
- Fully insured by FSLIC.
- 1 year term.
- Rates on Seminole All Savers Certificates will be the highest allowed.
- Daily compounding of interest is available, however, if interest is distributed prior to maturity, the effective yield to depositor will be lowered.
- Seminole All Savers Certificates rate is based on 70% of average yield of one year Treasury Bills auctioned every four weeks.

We'll help you get the most for your money!

Come in today. Our savings counselors will explain all of the details so you can take advantage of this great tax free savings opportunity. We can show you exactly what it means for you.

Federal Regulations Require Substantial Interest Penalties For Early Withdrawal of Term Accounts. Early withdrawal from a tax-free C.D. makes the certificates ineligible for any tax exemptions.



Sanford Office
312 West First Street
Forest City Office
(Corner of Hunt Club Blvd & S.R. 436)
South-East Orlando Office
1874 South Semoran Blvd
Orange City Office
555 Enterprise Road
Longwood Office
State Road 331 at Hwy 17-92

Apopka Office
1005 W. Orange Blossom Trail
Winter Park Office
1250 Lee Road
DeBary Office
157 Highway 17-92
Oviedo Office
Orlando Shopping Center

The High Cost Of Maintaining Our Former Presidents

SADDLE RIVER, N.J. (NEA) — Like millions of other upwardly mobile Americans, Richard M. Nixon has fled the city for the suburbs. He has placed his New York apartment on the market and moved in August to a \$1.2 million home here on the idyllic side of the Hudson River.

Unlike the others who have taken this residential option, though, Nixon will not have to shoulder the moving expenses alone. He is a millionaire several times over, and his current income runs into six figures annually, but part of the cost of his flight to the suburbs is going to be paid by the public.

The reason is that Nixon is a

former president. As such he is entitled by law to certain and perpetual taxpayer assistance. Thus when he moves to Saddle River funds will be available for some of the travel, for the freighting of personal books and papers and for the transfer of security arrangements.

No one knows how much it all will cost.

No one thinks it will be cheap, however.

The security item alone may be very expensive. Nixon's government-paid Secret Service detail has installed electronic protection measures at the new home. A command post and check-point built, and the total tab could be as little as \$50,000 or

as much as \$100,000.

Whatever the ultimate price, there is a mounting sense that it will be most untimely. It has only been a year since Nixon spent \$200,000 in public money to move from San Clemente to New York, and, suddenly, as the administration calls for budgetary sacrifices, the former executive is at it again.

Besides, some members of Congress are just now launching a new assault on the whole notion of public assistance for retired presidents. Critics claim the cost of the assistance is virtually out of control, and bills have been introduced in both houses that would institute



Three of the richest men ever to hold the office of president of the United States: Richard Nixon, Gerald Ford and Jimmy Carter.

proper. But as Sen. Lawton Chiles puts it, the excesses have become "alarming"; the Florida Democrat says taxpayers are now spending more money on former

presidents than on the White House itself.

Chiles says at least \$11 million will be spent directly on the care and feeding of

former presidents this annum. And \$12 million more will be spent to maintain seven presidential libraries. Hence the total of \$23 million is \$2 million more than the cost of supporting the White House and its staff.

Most of the direct money goes to protecting the three ex-presidents still living. Chiles says the Secret Service spends \$6 million annually to guard Nixon, Gerald Ford and Jimmy Carter. The Secret Service also provides protection for two presidential widows, Lady Bird Johnson and Bess Truman.

Then, too, the taxpayers are

required to spend \$210,000 annually on pensions for the former chiefs, and upwards of \$1.2 million on their retirement offices. Carter rents one of his two offices at a modest \$3,000 a year (from his mother), but Ford's suite in Palm Springs, Calif., costs a steep \$250,000.

Ford seems extravagant in other ways as well. Last year he spent more than \$34,000 in tax money for telephone calls, and \$1,100 for newspaper and magazine subscriptions. He is also the only former executive who will have built, separately, a publicly supported library and a publicly supported museum in his honor.

The Luck Of The Flag Maker

ATLANTA (UPI) — Business is good for Edward A. Targ, a transplanted Yankee who a few years ago thought life boring — until he found the Atlas Flag Co. and moved it South.

"We've been under a pretty lucky star since we've been down here," says Targ, who no longer is bored.

Targ is turning out 1,000 flags a day, about a quarter million a year, and grossing close to \$1 million annually after only two years of operation.

Lucky would be the word to describe what has happened to the 64-year-old businessman and his wife, Betty, since they came to Atlanta in the summer of 1978. Everything just seemed to fall in place, Targ said, to help his new enterprise, not the least of which has been an upswing in patriotism and renewed popularity of Old Glory.

Targ is a retired Chicago businessman who bought Atlas Flags purely out of boredom. His wife warned him in 1979 that buying a flag company was a bad move, "that nobody bought flags anymore." But that has not been the case, he says.

Targ was a musical instrument manufacturer in Chicago until he sold his business to a conglomerate. He worked for the new owners for five years but had a heart attack in 1976, "which prompted me to retire just before the bicentennial, which was probably the biggest year the flag industry ever had."

But, life in retirement was boring and Targ began looking around for a small business that would not have a lot of physical pressures. In Eldorado, Ill., he found the Atlas Flag Co., a firm whose owner had died the same year Targ suffered his illness.

"It was a dormant business from 1976 until I picked it up in '78," said Targ, who made the decision then to move to Atlanta, where their daughter lived.

"I wanted to put this business in a viable location. I wanted to get out of the Chicago area and move to the Sun Belt. I've always liked Atlanta, it's a great city. I was a condominium dweller all my life. Now I have a home and it's great."

Targ moved about 15 truckloads of flag-making and office equipment from Eldorado to Atlanta and set up business in a small office park in the Atlanta suburb of Tucker. His sewing machine production line produced its first flags in October, 1979 — a month before Iran took 54 American hostages.

That event, according to Targ, touched off a wave of patriotism from coast to coast. "For the first time since Vietnam, flag-waving was in," he said. "Right from the start, we were in a back order situation. Everything we made went out the door."

Nearly two years after the hostage crisis, Targ says patriotism and displaying the flag continues at a high peak.

"Everybody feels it is not unpopular to be patriotic. Today people go out of their way to show their patriotism. I think the foreign situation called the fact to mind that the United States is a great place to live, a great country."

ABC, AMERICA'S LARGEST WINE AND SPIRITS DEALER HAS THE LOWER EVERYDAY PRICE... SAVE UP TO 40%... AS MUCH AS \$3 A BOTTLE

ABC LIQUOR FOR LESS 6 DAY LIQUOR SALE

PRICES GOOD ALL 153 ABC'S IN FLA. THRU TUES., NOVEMBER 17

IMPORTED Canadian Mist LITER 6.79 CASE OF 12 - 81.45	JIM BEAM 4 YR. STR. KY BOURBON LITER 6.29 CASE OF 12 - 75.45	Smirnoff 80 PROOF VODKA 1.75 LTR 10.79 59.2 OZ. BIG PARTY SIZE	HARVEY'S SCOTCH 1.75 LTR 11.49 59.2 OZ. BIG PARTY SIZE	BEEFEATER GIN 1.75 LTR 17.99 59.2 OZ. BIG PARTY SIZE
---	---	--	--	--

MAC ARTHUR'S SCOTCH LITER 5.79 ONE PER CUSTOMER W/COUPON	SUNSHINE CANADIAN LITER 5.29 ONE PER CUSTOMER W/COUPON	KESSLER BLEND LITER 5.39 ONE PER CUSTOMER W/COUPON	GILBEY'S VODKA LITER 4.79 ONE PER CUSTOMER W/COUPON	8 YR. 86° SCOTCH LITER 8.29 ONE PER CUSTOMER W/COUPON	CALVERT GIN LITER 5.39 ONE PER CUSTOMER W/COUPON	KENTUCKY GENTLEMAN B&B LITER 5.49 ONE PER CUSTOMER W/COUPON
---	---	---	--	--	---	--

ANDRE CHAMPAGNE 750 ML 2.69 ONE PER CUSTOMER W/COUPON	TRIBUNO VERMOUTH 750 ML 2.09 ONE PER CUSTOMER W/COUPON	LANCERS ROSE PORTUGAL 750 ML 2.99 ONE PER CUSTOMER W/COUPON	Sebastiani MOUNTAIN BURGUNDY 750 ML 1.79 ONE PER CUSTOMER W/COUPON	ABC 6 YR. STR. KY. BOURBON LITER 6.79 ONE PER CUSTOMER W/COUPON	RIUNITE BIANCO 750 ML 2.69 ONE PER CUSTOMER W/COUPON	GALLO RHINE GARTEN 750 ML 1.79 ONE PER CUSTOMER W/COUPON
--	---	--	---	--	---	---

Grant's 8 YR. SCOTCH LITER 9.49 9 IN EA. BY THE CASE	Seagram's V.O. CANADIAN LITER 15.99 59.2 OZ. BIG PARTY SIZE	AMERICA'S LARGEST WINE & SPIRITS DEALER	3 LITER CALIF. WINE • BURGUNDY • PINK CHABLIS • VIN ROSE ABC 4.79 101 OZ. CASE OF 4 - 19.15	J&B RARE SCOTCH LITER 10.69 CASE OF 12 - 128.25
---	---	--	--	--

5 FLAGS GIN or VODKA LITER 7.39 59.2 OZ. BIG PARTY SIZE	TEN HIGH BOURBON LITER 10.79 59.2 OZ. BIG PARTY SIZE	AMERICA'S LARGEST WINE & SPIRITS DEALER	Seagram's 7 Crown LITER 11.99 59.2 OZ. BIG PARTY SIZE	ALMADEN BRANDY LITER 6.49 CASE OF 12 - 77.85
---	--	--	---	---

1.75 LTR — OOPS! ABC JUST DROPPED THE CASE PRICES — 1.75 LTR

ABC HAS LOWER PRICES	CASE OF 6	LIQUOR FOR LESS AT ABC	CASE OF 6	BUY A CASE & SAVE AT ABC	CASE OF 6	ABC SAVES YOU \$\$\$	CASE OF 6
Early Times Br. 68.94	6	Clay MacGregor 65.94	6	Gilbey's Gin 64.95	6	Teuka Vodka 52.95	6
Kentucky Cent. 64.50	6	Inverhouse Scotch 65.94	6	Tanqueray Gin 110.95	6	Gordon's Vodka 59.95	6
Old Crow Br. 64.95	6	Lord Calvert Can. 73.95	6	Calvert Gin 60.95	6	Fleischmann Vodka 53.50	6
Ancient Age Br. 69.95	6	Canadian Club 105.95	6	Seagram's Gin 66.50	6	Philadelphia Blend 55.50	6
Passport Scotch 73.95	6	Rich & Rare 65.94	6	Rolska Vodka 56.50	6	Calvert Extra Blend 71.50	6
J. Walker Red 109.95	6	Windsor Canadian 71.94	6	Popov Vodka 54.95	6	Guckenheimer 58.95	6

ABC GIN RUM VODKA LITER 4.99 NEXT NOV 12 - 50.85	ROYAL DELUXE VODKA GIN RUM LITER 4.99 4.50 EA. BY THE CASE 54.95	MINIATURES SOUTH'S LARGEST SELECTION	TOM SIMS 8 Yr. 86° STR. KY. BOURBON LITER 6.99 NEXT NOV 12 - 50.85	MR. ED KY. VODKA KY. GIN LITER 5.49 6.17 EA. BY THE CASE 61.96	BEER SPECIALS
---	---	---	---	---	----------------------

CERTIFIED CANADIAN LITER 6.49 NEXT NOV 12 - 50.85	COCKTAIL NAPKINS OR STIRRERS BOX OF 1000 4.99	ICE CUBES OVER 1 LTR 89¢	CIGARETTES 72'S 6.59	PLANTERS 5 OZ. CHEESE BALLS 79¢	CREME DE MENTHE LIQUEUR DOMAINE 3.69 750 ML
--	---	--	--	--	--

SAVE 25% ON FRENCH AND GERMAN WINES
THE FRENCH FRANC AND GERMAN MARK ARE DOWN

3 LITER WINE	GREAT GERMAN 750 ML	JADONLEY VINOCHRON 750 ML	NICOLAS-FRANCOIS 750 ML
GALLO CHABLIS BLANC 101 OZ. 6.69	'80 Red Uhlmannsch 3.19	'70 Frere Jacques Range or Rose 3.99	'70 Cuvree Rose, Red, White 3.59
CARLO ROSSI BURGUNDY 101 OZ. 5.29	'77 Odebrecht Schwinzler 3.99	'70 Cote de Rhone - Chateau 3.49	'80 Bordeaux Blanc 3.79
ALMADEN CHABLIS 101 OZ. 7.99	'80 Red Zeller Schwarzwitz 4.49	'70 Beauplaine Gervais 3.99	'80 Rose & Jajou 3.49
Sebastiani ORNACCHI ROSSI 101 OZ. 5.99	'78 Koenig Pilsner Goldtrappe 4.99	'70 Cote de Rhone 4.19	'70 Cote de Rhone 3.69
	'78 Red Marston Semi Spiteous 5.49	'70 Pinot Chardonnay 6.99	'76 Bordeaux Superior 4.49
	'78 Red Winger Schwarz Spiteous 5.99	'70 Chateau de Pape 6.99	'80 Beauplaine Village 4.49
	'78 Red Winger St. Michael Ann. 6.99	'70 Chateau de Pape 9.99	'78 Rhone Blanc 5.99
	'78 Red Winger Egg Ann. 7.99	'70 Pinot Blanc 9.99	'70 Chateau 7.99
	'78 Red Winger Schwarzwitz Ann. 7.99	'70 Chateau I or Cru 10.99	'70 Chateau de Pape 7.99
		'70 Chateau Schwarzwitz 12.99	'80 Pinot Blanc 9.99

Sebastiani LIGHT COUNTRY WINE ONLY 67 CALORIES
LITER
4.39

ABC COCKTAIL HOUR
WED., NOV. 18, 6 P.M. TIL 7 P.M.
Liquor not included, all taxes included to include Provisional of all ABC Lounges

Surviving Gangster Is 'A Very Talented Criminal'

CHICAGO (UPI) — "He is a very talented criminal. The only thing that is good for Mr. Fort is that he's sent to prison for the rest of his days."

Lt. Lawrence S. Forberg, chief of the narcotics section of the Chicago Police Department, paid the acid compliment to his arch-enemy, Jeff Fort.

On his record, Fort appears to deserve the worst that may be said of him by Forberg or any other officer trying to keep peace and preserve life in Chicago.

Through a couple of lucky or unlucky twists, Fort and his gang of dope pushers, intimidators and killers may be dodging the most ambitious attempt yet to mail them.

Despite months of planning and investigation, despite the combined operations of federal and city law enforcers, despite security so tight it backfired, the bulk of the band called El Rukns is free and so is its leader, Prince Malik, alias Jeff Fort.

They may be lying low. But they are poised to go back into action.

Before it became wise to lie low in October, the El Rukns' action consisted largely of narcotics, prostitution, terrorism for profit, and murder.

The present charges against some of their members center primarily on a profitable market in "T's and blues," street jargon for Talwin and pyribenzamine. Both are prescription drugs which, taken together, are supposed to get a user as high as a dose of heroin. They are also more convenient and a lot cheaper.

This operation, police estimated, netted the relatively modest sum of \$12,000 a week. The El Rukns were and are much richer and more vicious than that, Forberg said.

"In narcotics they covered the whole Southeast Side of Chicago," he said. "You couldn't sell on the South Side without their approval. If you were an outsider and wanted to sell drugs, you had to pay... anywhere from \$50 to \$100 a day."

"They're out to sell dope and make money off dope. They're out to shoot and kill people. They use the money to buy property, houses, buildings. They make their requests (to property owners) and they sell."

The El Rukns operate behind the tawdry front of an old movie theater at 3947 S. Drexel Ave. They call it an

Islamic temple and their 300 to 400 members a religious group.

The word "Fort" is painted above their door, symbolic of both their leader and the old theater's new role.

Since its establishment in 1978, the "grand temple" spread a malign chill through the black residents of the mid-South Side.

Men of courage living close by it are fearful of speaking publicly of what the El Rukns have been doing to their neighborhood, of what it is doing to their children.

The gang has enlisted children as street corner drug dealers, just as, in previous incarnations as the Blackstone Rangers and the Black P Stone Nation, it employed juveniles as hired killers.

Around the corner from Holy Angels Roman Catholic Church, just three blocks from the temple, drug dealers conducted business on the street. They infested the Ida B. Noyes public housing project a few blocks to the north.

And all the while, Jeff Fort was cruising about in a chauffeur-driven Cadillac limousine equipped, the neighbors said, with a telephone to keep tabs on operations.

Children admired Prince Malik's style, his clothes, his cars, his power. They wanted to be like him.

Chicago and federal police spent the better part of 10 months seeking to cut out this civic cancer.

They made \$26,000 worth of street buys of T's and blues. They fingered two doctors and two pharmacists as suppliers, got to know the dealers and their movements. The operation was called "Top Brass" and it was designed to cripple the El Rukns.

Early in October, Top Brass was ready to move. It had warrants for 71 people named in suppressed indictments by a Cook County grand jury. Then things became unstuck.

The operation was so secret that the police gang unit did not know it should keep hands off Fort for the time being. Instead, it raided his well-appointed apartment Oct. 9. Failing to find the suspect, the police arrested Fort.

This "accident," as Forberg calls it, set back the El Rukns roundup at least a day. In the meantime, news of the indictments was leaked and a newspaper published it.

With Fort under arrest and the in-

dictments reported, El Rukns had time to dive for cover. Instead of 71, the mop up starting Oct. 14 had netted only 40 arrests a week and a half later.

Nevertheless, in the early stages a federal officer crowded, "The El Rukns hold on Chicago is over."

Forberg was dubious. "I don't think they're dead," he said in an interview. "We will put a substantial dent in them." "Jeff Fort calls all the shots. Even if we do send him to prison I imagine he will have a pipeline right back to his organization."

Fort is free on bond. There is no drug charge against him, although he is under indictment on charges of harboring a fugitive and illegal possession of a firearm. Whether the charges will slow him up or put him away remains a question.

The Rev. George Clements is inclined to think not. He is the pastor of Holy Angels church and has come to know Fort quite well.

"He's a very good survivor," Clements said. "He always has been. He keeps himself very much under wraps." "I would describe him as a man who has very little educational background,

but who has definite charisma, who has a real hold on his people, who is revered by his people. He isn't tall. He isn't muscular. That's what throws people off.

"But you cannot underestimate Jeff Fort."

Fort is only 34. In that time he has built a staggering record of criminality. This is the record, as reported through the years and confirmed by Forberg.

Starting at the age of 11, Fort has organized three of the most vicious street gangs in the nation. He put the El Rukns together while he was a guest of the federal government at Leavenworth Penitentiary.

Fort's first gang, the Rangers, started out in the early 1960s. Its specialty was robbing children of their lunch money on their way to school. The Rangers proceeded to extortion, terrorism, drugs, pandering and murder.

Fort became leader of a band numbered in the thousands.

This precocious thug also became perhaps the greatest con man Chicago has ever known. That is saying a lot of the city that has known Yellow Kid Weill and, in his time, Al Capone.

Sunniland Corp. Moving Offices To Five Points

By LEE DANCY
Herald Staff Writer

After 55 years in the same location, the Sunniland Corp., formerly Chase & Co., is moving.

Sanford Mayor Lee Moore, president of Sunniland, said the firm will be relocating from 202 S. Oak Ave., Sanford, to new offices in Five Points on State Road 419, just off Highway 17-92, on Nov. 14. Moore said the company's chemical plant already is located on the site.

Sunniland sells building supplies and fertilizer. The company was founded in 1926 by Sydney O. Chase Sr.

In 1979 Sydney O. Chase Jr., then chairman of the board, retired from Chase & Co. Most of the company's assets were acquired by Reichold Limited, of Toronto, and the firm's name was changed to the Sunniland Corp.

Moving from the firm's present location was an idea long in the works. "We've been talking about it as long as I've been here," said Moore, who became chief executive at Sunniland in 1980.

One casualty of the move will involve the Seminole County unit of the American Cancer Society and its search for a new office. The organization has been located in the Sunniland building on a rent-free basis since 1974.

Irene K. Brown, president of the Seminole County unit, said the society is looking for any rent-free accommodations within the county.

Five years ago Moore's firm built a new office building on its chemical-plant site. At the time, the chemical-plant offices were relocated from the plant itself into the new structure, Moore said.

The old offices inside the plant recently were refurbished and will soon be the home for the chemical-plant offices again. Sunniland will occupy the five-year-old building on the site.

Sunniland will move 91 employees this week, Moore said. The move will create no new jobs, but will not knock anyone off the payroll either, he said.

The move will cost Sunniland more than \$15,000. "We budgeted about \$13,000 to move," Moore said. "But we needed some new carpet in the offices and had some plumbing problems, and that increased the cost."

Two years ago Sunniland opened new building-materials warehouses in Cocoa and Fort Myers. The company's chemical division also has an office in Pensacola.

During 1980 the company began phasing out its old IBM System 360 computer system used in its accounting department and began converting to the new IBM System 34. The new computer system has static-compiling capabilities vital to more efficient management.

New Home Needed By Cancer Society

By Friday, the Seminole County unit of the American Cancer Society will be out on the street if some benevolent landlord does not come to its rescue.

After seven years of being located in the Sunniland Corp.'s downtown Sanford office at 202 S. Oak Ave., the organization must move. Sunniland will be moving its offices to its chemical-plant location in Five Points over the weekend.

Irene K. Brown, president of the Seminole County unit, said the organization's accommodations have been rent-free for the last seven years. She is looking for any available space in Seminole County that might be offered to the society without cost.

The American Cancer Society solicits donations to be used helping cancer patients and their families. Ms. Brown said the Seminole County unit assisted 40 cancer victims through the end of September in 1981.

"Our first preference is a rent-free location," Brown said. "We hate to spend cancer patient money on rent."

Ms. Brown said the Seminole unit provides free hospital beds, wheelchairs, bedside commodes, walkers and transportation to treatment clinics for those suffering from the cell-destroying disease. The group also conducts educational programs on the seven warning signals of cancer in schools and around the community.

"We'll take almost any space we can get," Ms. Brown said. The organization uses only one paid, part-time worker in its office. All other work is conducted by volunteers, she said.

Although Ms. Brown said the Seminole unit would prefer to remain in north Seminole County, she added that it would accept accommodations anywhere in the county.

The Seminole unit raised \$37,500 in 1980, a little short of its \$40,500 goal, she said. — LEE DANCY

WHITES Yolks

Beating whites and yolks separately for baking? Separate the eggs while cold to prevent yolks from breaking. Cover each bowl and let stand until room temperature to obtain best volume from beating.

Walgreens

The Shopper's Center

THE SANFORD PRESCRIPTION CENTER

6 WAYS WE'RE BETTER FOR YOU!

- QUALITY GENERIC SAVINGS
- LOW PRESCRIPTION PRICES
- QUALITY PHARMACEUTICALS
- CONVENIENT PHARMACY HOURS
- SUPER SERVICE
- HANDY LOCATIONS
- CONVENIENT PHARMACY HOURS

WalgreensCoupon

4-ROLL PACK KLEENEX

Bouffant tissue **79¢**

Limit 2 thru Nov. 15, 1981. Without coupon 99c.

WalgreensCoupon

PLANTERS DRY ROASTED PEANUTS

8 oz. Regular. 9 1/2 oz. salt-free **1.29**

Limit 2 thru Nov. 15, 1981. Without coupon \$1.69.

WalgreensCoupon

COKE, TAB OR SPRITE

12 oz. cans **8/17.99**

Limit 2 thru Nov. 15, 1981. Without coupon \$2.99.

WalgreensCoupon

SMACK RAMEN NOODLE PACK

3 oz. beef or chicken **5/\$1**

Limit 5 thru Nov. 15, 1981. Without coupon 4/\$1.

WalgreensCoupon

ERASER-MATE 2 PAPER-MATE PEN

Erasable stick type ink pen **2/\$1**

Limit 4 thru Nov. 15, 1981. Without coupon 98c each.

WalgreensCoupon

TRANSPARENT SCOTCH TAPE

1/4 x 450" or 1/2 x 300" **2/\$1**

Limit 4 thru Nov. 15, 1981. Without coupon 79c each.

WalgreensCoupon

JOE'S SPIKES FOR HOUSE PLANTS

Pack of 12 **2/\$1**

Limit 4 thru Nov. 15, 1981. Without coupon 99c.

WalgreensCoupon

MELITTA DRIP COFFEEMAKER

REGULAR \$7.99
SAVE **4.99**

OUR SALE PRICE **4.99**

15-cup coffee maker with stainless steel carafe. Filter system with easy-to-use through glass pot for pure steaming coffee. Model No. M8100.

REG. \$11.99 SAVE **3.99**

WalgreensCoupon

DIAL-A-BREW II

'5 REBATE

REGULAR \$24.99
SAVE **21.95**

OUR SALE PRICE **21.95**

10-cup coffee maker w. Dial-A-Brew control system keeps coffee hotter. Model No. M8105.

REG. \$24.99 SAVE **3.99**

WalgreensCoupon

LIGHT 'n EASY IRON by GE

REGULAR \$19.99
SAVE **16.99**

OUR SALE PRICE **16.99**

Spray steam and dry iron is lighter to handle, easier to use. #3372.

REG. \$19.99 SAVE **2.00**

WalgreensCoupon

ASSORTED TEK TOOTHBRUSHES

Hard or medium **4/\$1**

Limit 4 thru Nov. 15, 1981. Without coupon 69c.

WalgreensCoupon

AM/FM CASSETTE RECORDER

Compact, portable, recording & built-in combination AC DC 80 MHz 3-tape. REG. \$56.99.

OUR SALE PRICE **46.99**

WalgreensCoupon

PAMPERS DIAPERS YOUR CHOICE

8 absorbent 60's. Toddler 48's **7.59**

Limit 1 thru Nov. 15, 1981. Without coupon \$8.59.

WalgreensCoupon

JONEL SUPER NAIL SHAPER

With cuticle pusher and **69¢**

Limit 2 thru Nov. 15, 1981. Without coupon 99c.

WalgreensCoupon

VIDAL SASSOON HAIR CARE

Shampoo or Rinse, 8 oz. **1.59**

Limit 2 thru Nov. 15, 1981. Without coupon \$1.99.

WalgreensCoupon

ARRID SPRAY ANTI-PERSPIRANT

6 ounces, 2 types **1.69**

Limit 1 thru Nov. 15, 1981. Without coupon \$2.19.

WalgreensCoupon

THE GOOD AIR ECOLOGIZER

Recirculating air cleaner and deodorizer for a pollutant-free environment. REG. \$39.99.

OUR SALE PRICE **22.99**

WalgreensCoupon

ANALOG PUNCH SET

Anchor Hocking punch bowl, eight 6 oz. cups & hangers plus ladle. REG. \$8.99.

OUR SALE PRICE **7.99**

WalgreensCoupon

AMBER BASKET BUFFET

Anchor Hocking transparent brown microwave bakeware in natural fiber handwoven basket. YOUR CHOICE NO. 823 or 827 **5.99**

WalgreensCoupon

DECORATED GIFT BOX ASSORTMENT

Choice! Pack of 4 bags, 3 1/2 x 5 1/2 or 3 large robe size. REG. \$1.49.

OUR SALE PRICE **99¢**

WalgreensCoupon

4 ROLLS WRAPPING PAPER

Big pack of Christmas variety. Each roll 24" wide, 100 sq. ft. total. REG. \$4.99.

OUR SALE PRICE **3.99**

WalgreensCoupon

DESK TOP LCD CALCULATOR

Automatic Shut Off. Power Full Memory. Uses 2 AA Batteries. Model T-1000 **10.99**

WalgreensCoupon

TIMEX WATCHES

REGULAR PRICE **25% OFF** SAVE NOW

SALE PRICES EFFECTIVE NOW THRU SUNDAY

2942 Orlando Dr. Zayre Shopping Ctr. Sanford, Fla.

Store Hours 9-9 Mon.-Sat., 10-4 Sunday
Pharmacy Hours 9-9 Mon.-Fri., 9-5 Sat., 10-4 Sun.
In Phone 321-9250 - Store 323-9190

Have A Sugar Plum Fairy's Christmas

Of all the traditions that mark the Christmas holiday, perhaps the one that takes us closer into the pure magic of the season is watching a performance of The Nutcracker Suite.

When Herr Drosselmeyer's toys come alive it's easy to believe in the Sugar Plum Fairy and cheer the sturdy little Tin Soldiers on their march.

Amid the hustle and bustle of gift shopping and chores, a little time spent in the kitchen to make a bevy of sweet delights will bring that spirit alive.

Homemade delicacies wrapped in colorful paper, tucked into a stocking or nestled in a pretty box, or placed on pretty dishes to be offered to guests, are the essence of an old-fashioned Christmas.

Happy, the markets are full of walnuts, pecans, almonds and fresh Florida citrus is at its very best so that making cookies and breads, wholesome enough to please even the Queen of the Kingdom of Sweets, becomes a happy chore.

Clara's Holiday Orange Nut Bread is rich and satisfying, full of candied fruits, fragrant Orange Peel Preserves and crunchy with chopped walnuts. Sugar-dusted Snowflakes are delicate and lacy; orange juice and milk moisten the dough and the scent of cinnamon adds zest. The cookies are cut into snowflake form with a cookie cutter and quickly made in a skillet.

Completely different in texture, the Sugar Plum Fairy's Orange-Marzipan Meringues are a tiny mouthful of airy delight redolent of almonds. Perhaps the favorites are Orange-Chocolate Sugar Plums. Melted chocolate is combined with chopped pecans, almonds; coconut and orange peel preserves give them a moist goodness. These require no baking and can be prepared while the nut bread is in the oven.

With the "Waltz of the Flowers" wafting through the air and a display of these cookies near the tree, the magic of Christmas comes alive.

CLARA'S HOLIDAY ORANGE NUT BREAD

- 2 1/2 cups unsifted, all-purpose flour
- 1/2 cup sugar
- 1 tablespoon grated orange peel
- 2 1/2 teaspoons baking powder
- 1/2 teaspoon salt
- 1/2 teaspoon baking soda
- 1 cup Orange Peel Preserves (Recipe below), finely chopped
- 1/2 cup mixed candied fruit
- 2 tablespoons shortening
- 1 large egg
- 1/2 cup orange juice
- 1 cup chopped walnuts

Grease a 9 x 5 x 3-inch loaf pan; set aside. In a large bowl, mix flour, sugar, grated orange peel, baking powder, salt and baking soda. Add Orange Peel Preserves and candied fruit; toss to coat fruit. Add shortening, egg and orange juice; stir with a wooden spoon until dry ingredients are moistened. Stir in nuts. Spread batter evenly into prepared pan. Bake in a 350 degree F. oven 50 to 60 minutes or until a cake tester inserted in center of bread comes out clean. Remove from oven, cool 5 minutes. Turn out of pan; cool completely on wire rack. Wrap lightly in plastic wrap or foil; let stand 24 hours. YIELD: One 9 x 5-inch loaf.

ORANGE PEEL PRESERVES

- 4 large oranges
 - Water
 - 2 cups granulated sugar
- Peel oranges and cut peel into thin slivers. (Use orange segments in another recipe or for eating fresh). Put peel into a 2-quart saucepan and add water to cover. Bring to a boil over high heat and boil 5 minutes. Drain and discard water. Return peel to pan and add 2 cups water and sugar. Bring to a boil and boil 30 to 45 minutes over moderate heat until very thick and syrupy. Remove from heat and chill until ready to use. (Use for Clara's Holiday Orange Nut Bread and for Orange-Chocolate Sugar Plums.) YIELD: 2 cups.

SUGAR-DUSTED SNOWFLAKES

- 1/2 cup Florida orange juice
- 1-3rd cup milk
- 1 tablespoon butter or margarine
- 1 cinnamon stick, about 3 inches
- 2 cups unsifted all-purpose flour
- 1 1/2 teaspoons grated orange peel
- 1/2 teaspoon baking powder
- Vegetable oil for frying
- Confectioners' sugar

In a small saucepan combine orange juice, milk, butter and cinnamon stick. (Mixture will curdle). Bring to a boil over high heat; remove from heat, let stand 15 minutes. Remove and discard cinnamon stick. In a large bowl, mix flour, orange peel and baking powder; make a well in the center. Add warm milk mixture all at once and stir with a wooden spoon, gradually incorporating the flour mixture, until all dry ingredients are moistened. Turn out onto a very well-floured surface and knead 3 or 4 times until smooth. Cover, let stand 20 minutes. During this time the dough will cool and become less sticky. Divide dough in half; roll half on a well-floured surface to 1/4-inch thickness. Using a floured 3-inch star or round cookie cutter, cut dough into shapes. Place on a paper towel and let dry 10 minutes or until top surface is dry to the touch. Repeat with remaining dough, rolling scraps together. Cut out small designs in each cookie with canopie cutters, so cookie resembles a snowflake. Pour enough oil in a medium skillet to depth of 1-inch. Heat to 350 degrees F. on a deep fry thermometer. Fry cookies, 2 or 3 at a time, turning once until very lightly browned. Drain on paper towels. When cool, sprinkle liberally with confectioners' sugar. YIELD: 3 dozen cookies.

SUGARPLUM FAIRY'S ORANGE MARZIPAN MERINGUES

- 1 can (8 ounces) marzipan or almond paste
- 4 teaspoons grated orange peel
- 2 egg whites, at room temperature
- 1/4 teaspoon cream of tartar
- 1/4 cup superfine granulated sugar

Lightly grease and flour 2 baking sheets; set aside. Knead marzipan and orange peel until well-blended. Divide in half, roll each half with fingertips into a 15-inch-long strip. Cut strips into 1/4-inch pieces; roll each into a ball. In small bowl of electric mixer, beat egg whites and cream of tartar at high speed until stiff peaks form. Gradually, add sugar, about 1 tablespoon at a time, beating until whites are stiff and glossy and all sugar is dissolved. Dip orange marzipan balls into meringue, coating completely; spoon each onto prepared baking sheets making sure each marzipan ball is completely surrounded in meringue. Sprinkle each meringue with sugar. Bake in a 250 degree F. oven 55 to 60 minutes. Transfer to wire racks to cool completely. YIELD: 3 dozen candies.

ORANGE-CHOCOLATE SUGAR PLUMS

- 2 cups coarsely chopped pecans
- 2 cups coarsely chopped, unblanched almonds
- 1 cup Orange Peel Preserves (above recipe), chopped
- 1/2 cup flaked coconut
- 1/4 cup Florida orange juice
- 1 package (8 ounces) semi-sweet chocolate
- 1 large egg
- Confectioners' sugar

In a large bowl mix pecans, almonds, Orange Peel Preserves, coconut and orange juice. In a small saucepan melt chocolate over moderately low heat; remove from heat and cool 15 minutes. Beat in egg until mixture is smooth. Stir chocolate into nut mixture. When thoroughly mixed, chill 30 to 45 minutes until firm enough to handle. Shape into walnut-size balls. Roll in confectioners' sugar. Chill until ready to serve. YIELD: 2 1/2 pounds candy or about 75 pieces.



Sweet delights will bring the Christmas spirit alive.

PRICE POWER.

- Campbell's Tomato Soup** 10.75 oz. .19
- Supreme Sugar** 5 lb. 1.29
- Recipe Flour** Self Rising/Reg., 5 lb. .69
- Pepsi** Regular & Diet 6 pk., 12 oz. 1.99
- Domino Sugar** Confectioner's/Lt. Brown, 2 lb. .89
- Jewel T Vegetable Oil** 48 oz. 1.49
- Real Chocolate Baking Bits** 12 oz. 1.29
- Jewel T Spaghetti** Regular/Thin, 1 lb. .49
- Durand French Leaded Crystal:**
 - "On the Rocks" glasses .33

ADD TO YOUR COLLECTION TODAY

Limit rights reserved on commercial purchases. Prices effective thru 11/17.

Jewel T

DISCOUNT GROCERY

Sanford

3701 Orlando Drive
Pinecrest Shopping Center

DeLand

221 South Woodland Drive

Maitland

150 Lake Avenue

Beat Budget 'Blahs'

Potatoes, our most popular and versatile vegetable, cost just pennies per serving. So you can do all kinds of delicious plain and fancy things with them to make meals exciting without breaking the bank.

Who says economical meals have to be dull!

FRUITED PORK CHOPS WITH POTATOES

- 6 pork chops, about 1-inch thick
 - Salt and pepper
 - 2 cups (about 15 ounces) assorted dried fruits (pitted prunes, apricots, pears, apples)
 - Peel of one orange, cut in long strips
 - 1 cup water
 - 6 medium potatoes (about 2 pounds), quartered
 - 3 ginger snaps
 - 2 tablespoons chopped parsley
- In large, heavy skillet or Dutch oven, brown chops on both sides. Season to taste with salt and pepper. Remove 2 of the chops. Cover the chops in skillet with the fruit. Top with remaining chops. Add orange peel and water. Cover and simmer over low heat 15 minutes. Add potatoes; cover and continue to cook about 45 minutes, or until potatoes are tender.
- To serve: arrange chops, fruit and potatoes on warm serving platter. Sprinkle with parsley. Remove orange peel. Moisten ginger snaps with a little water and crumble into pan juices. Cook, stirring constantly, until sauce is smooth. (Add a little water, if needed.) Serve sauce separately. Makes 6 servings.

A New Twist To An Old Favorite

Chili Bowl's Best

Fred Drexel says the secret to his newly-crowned world championship chili is a simple recipe and care in preparation—not to mention a can of beer and a shot of tequila.

The burley Californian's dish of fire out-gunned 62 other chili brews Nov. 1 to win the International Chili Society's 15th Annual World Championship Chili Cookoff and \$20,000 in prize money from Budweiser along with the "King of Beers, King of Chili" award.

The win was the third cookoff victory in a row for the 42-year-old president of Automated Phone Corporation in Van Nuys.

"I'm going to share my winnings with the six members of my Butterfield Stageline Chili Team," Drexel said after collecting the three-foot high chili cup and \$20,000 check. "But I want to make sure they don't spend the money on bills or something like that. I want them to spend it on something fun."

Other winners included: Susan Airhart of Houston who grabbed second place and \$7,500 representing the state of Hawaii; Rick Owens, who represented New Mexico and won the \$2,500 third place prize; Harry Coleman of Santa Monica who was the Sierra Nevada area representative and won fourth place honors of \$1,500; and 1979 World Champion Joe Stewart who won the fifth place prize of \$500.

The presentation climaxed a day of cooking and celebrating by an estimated 10,000 people who gathered on the infield of Hollywood Park race track to see cooks from 31 states and four foreign countries compete for the country's top chili title.

All of the cooks were winners of state, regional or local cookoffs from around the country sanctioned by the International Chili Society for fun and fundraising for various charities.

Judges for the event ranged from former undefeated world champion and co-founder of the International Chili Society, C.V. Wood, to actors William Conrad and Peter Marshall.

Drexel's win completed a clean sweep for cooks from the Western states, returning the world title back to California after a one year stint in the East with 1980 World Champion Bill Pfeiffer of Washington, D.C.

The Western sweep included the showmanship award of \$1,500 which went to Robert Merrill of Alaska for a cooking booth featuring animal pelts, Eskimo garb and a dog sled display.

Here's Drexel's recipe:

BUTTERFIELD STAGELINE CHILI (1981 World's Championship Chili Recipe)

- 1 T. cumin
 - 1 tsp. salt
 - 1 tsp. oregano
 - 1 T. hot mustard (dry)
 - 1 1/2 cloves garlic
 - 1 can Hunia tomato sauce (12 oz.)
 - 1 can whole Hunia tomatoes (12 oz.)
 - 1 can Ortega chilis
 - 1 oz. Monteruma Tequila
 - 1 can Budweiser beer
 - 4 onions
 - 10 lbs. lean Brisket
 - 2 lbs. fresh pork (ground)
 - 2 bottles Geggardt chili powder
 - 2 Wylers bouillon cubes
- Chop onions, garlic, chilies fine. Chop brisket, brown brisket and onions in 4 T. Wesson Oil. Add rest of ingredients. Simmer until tender.

There's a festive new flavor in Kahlua Pecan Pie which turns a traditional favorite into an unexpected taste sensation.

KAHLUA PECAN PIE

- 1 9-inch unbaked pastry crust
- 1/4 cup butter
- 3/4 cup sugar
- 1 tsp. vanilla
- 2 tbs. flour
- 3 eggs
- 1/2 cup Kahlua

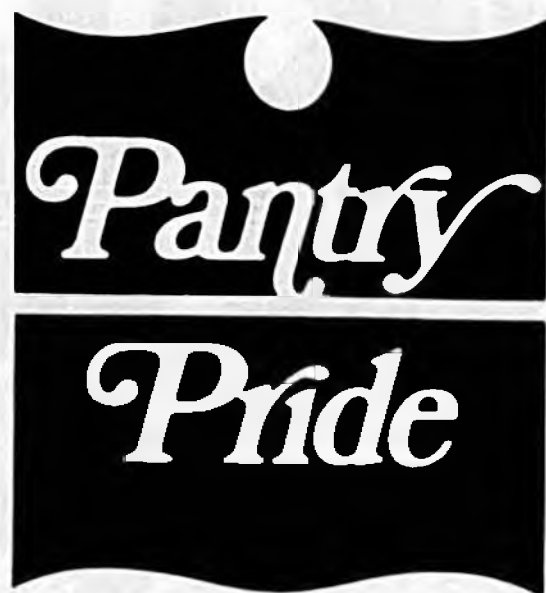
- 1/4 cup dark corn syrup
- 3/4 cup evaporated milk
- 1 cup whole or chopped pecans
- Pecan halves
- Kahlua Cream

Line a 9-inch pie plate with your favorite pastry crust recipe. Chili. Set oven at 400 degrees F. Cream together: butter, sugar, vanilla, flour. Mix well. Beat in eggs, one at a time. Stir in Kahlua, corn syrup, evaporated milk, pecans. Mix well, put into pie pan. Bake for 10 minutes. Then reduce heat to 325

Evening Herald, Sanford, FL. Wednesday, Nov. 11, 1981—3 degrees F, and bake until firm (about 40 minutes). Chili. Garnish with pecan halves. Serve with special Kahlua Cream. Serves 8-10.

Kahlua Cream: Combine 1/2 cup heavy cream and 2 tablespoons Kahlua and beat to soft peaks.

For a free copy of "The Many Faces of Kahlua," with other original, Kahlua-inspired recipes, write to Maidstone Wine & Spirits Inc., Dept. F, 70 Universal City Plaza, Suite 465, Universal City, CA 91608.



NATIONAL BRAND SALE

stock up & save!



COMPARE.....

- WHITEHOUSE- 64oz
Apple Juice \$1.29
- 24oz FROZEN- PUMPKIN OR MINCEMEAT
Morton Pies 99¢
- ONE GALLON
Clorox Bleach 79¢
- CAMPBELLS- 10.75oz
Tomato Soup 4/\$1
- SUNSHINE- 16oz
Saltines (KRISPY) 69¢
- RINSO- 76oz
Detergent \$1.99
- 33oz- FABRIC SOFTENER
Final Touch 99¢
- 85 SQ. FT.- ASSTD. DESIGNER OR DECORATED
Scott Towels 68¢

COMPARE.....

- 4oz REG. OR UNSCENTED ANTI-PERBIRANT-
2oz REG. OR UNSCENTED SOLID-
2.25oz REG. OR UNSCENTED ROLL-ON
Sure \$1.59
- 11oz- REGULAR, MENTHOL, LIME OR APPLE
INSTANT SHAVE
Colgate 79¢
- 6oz
COLD MEDICINE
Nyquil \$2.29
- 16's CAPSULES- 24's TABLETS
Dristan \$1.49
- 28oz- NORMAL OR OILY SHAMPOO-
28oz REG. OR X-BODY CONDITIONER
Suave Balsam \$1.49
- 6.4oz- REGULAR, MINT OR GEL
Crest TOOTHPASTE 2/\$3
- HUNGRY JACK- 32oz COMPLETE
Pancake Mix 99¢
- HORMEL- 3oz
Potted Meat 4/\$1
- RAGU- 32oz MEATLESS, MUSHROOM OR MEAT
Spaghetti SAUCES \$1.49
- JOAN OF ARC- 15oz LIGHT OR DARK
Kidney Beans 39¢
- BAMA- 2 LB
Grape Jelly 99¢
- 200 COUNT FACIAL- ASSORTED
Kleenex TISSUE 69¢

COMPARE.....

- SUNSHINE- 10oz
Cheez-its 69¢
- 300 COUNT
Scott Napkins \$1.39
- DEL MONTE- 48oz PINEAPPLE GRAPEFRUIT, PINK
OR ORANGE PINEAPPLE
Juice Drinks 77¢
- BIRDSEYE- 16oz FROZEN
Cool Whip 99¢
- HUNGRY JACK- 3oz INSTANT
Potatoes (MASHED) 5/\$1
- 42oz- PEPPER ORIENTAL, SHRIMP,
CHICKEN OR BEEF. DIVIDER PAK
Chun King \$2.19
- 6oz- MOIST MEALS SALMON, TUNA, LIVER OR BEEF
Puss N' Boots 39¢
- 16oz LITE- SLICED
Peaches (LIBBY) 69¢
- MOTTE- 25oz
Apple Sauce 69¢
- 12oz- SPRAY DISINFECTANT
Lysol \$1.89

COMPARE.....

- 2 UNIT- FAMILY SIZE
Ivory Soap 89¢
- 7.25oz- MACARONI & CHEDDAR
Golden Grain 3/\$1
- HEFTY- 15 COUNT TALL
Kitchen Bags 99¢
- AJAX- 49oz
Detergent \$1.69
- 20oz- TAPIOCA, BANANA, BUTTERSCOTCH, CHOC.,
CHOC. FUDGE, PEACHES, VANILLA OR MIXED FRUIT
Del Monte 99¢
- CONTADINA- 13oz
Tomato Sauce 39¢
- 6oz- ASSTD. VARIETIES STUFFING MIXES
Stove Top 83¢
- 20oz CHOCOLATE FLAVORING
Milk Mate 99¢
- 15oz WITH BEANS- REGULAR OR HOT
Hormel Chili 79¢
- DEL MONTE- 16oz WHOLE
Green Beans 2/\$1
- 14oz
Comet CLEANSER 2/79¢
- 48oz- CRANBERRY JUICE COCKTAIL
Oceanspray \$1.49

PRICES EFFECTIVE WED., NOV. 11 THRU TUES., NOV. 17, 1981. DUE TO OUR LOW PRICES WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NONE SOLD TO DEALERS. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.



Add Dried Figs To Holiday Roll

"There's holiday excitement all around." Now is the time to plan for the festive moments. Luscious, plump, nutritious California dried figs can bring enjoyment during this season in cookies, poultry stuffings, cakes, desserts, muffins, and as wonderful gifts all by themselves.

Both golden and dark shiny dried figs bring a touch of fresh sunshine goodness to everyone you want to remember. Make up your own fig gift packs or purchase them already beautifully packaged.

Here's the quickest, easiest candy yet... you'll want to let older children make it themselves. How nice that dried figs add a bit of good nutrition to holiday sweets!

If you have a food processor, use it to chop figs in a hurry. Just snip off stems and add sugar called for in the recipe to processor bowl along with whole figs.

CALIFORNIA FIG-PEANUT BUTTER ROLL
3 tablespoons butter or margarine
2 tablespoons peanut butter

1/4 cup evaporated milk
1/2 teaspoon vanilla
1 pound powdered sugar
1 cup finely chopped dried figs
1/2 cup chopped peanuts

Melt butter; stir in peanut butter, milk and vanilla. Remove from heat; add sugar and dried figs. Blend together and knead on board until smooth. Form into 2-inch rolls; coat with peanuts. Chill until firm; slice. Makes about 30 slices.

Better Butter Idea

In the beginning there was butter. Then came margarine. Now Land O'Lakes, the nation's top-selling producer of butter, will be the first major marketer to offer a blended butter and margarine product called Country Morning Blend.

The new product combines 40 percent Land O'Lakes sweet cream AA butter with 60 percent pure corn oil margarine into a third generation product—Country Morning Blend—which looks, tastes, and cooks like butter, says Sally M. Sendmeyer, director of Land O'Lakes Test Kitchens.

"We've spent a good deal of time and effort developing and testing this exciting new product, and making sure that it measures up to all of our rigid quality assurance standards," she said.

The company has introduced the new product in Georgia and Florida. Major cities in this 226-county market comprising five million households include: Fort Lauderdale, Fort Myers, Jacksonville, Miami, Orlando and Tampa, Fla.; and Atlanta, Augusta, Macon and Savannah, Ga. Country Morning Blend was introduced in the District of Columbia, Maryland, Virginia and the Carolinas in September.

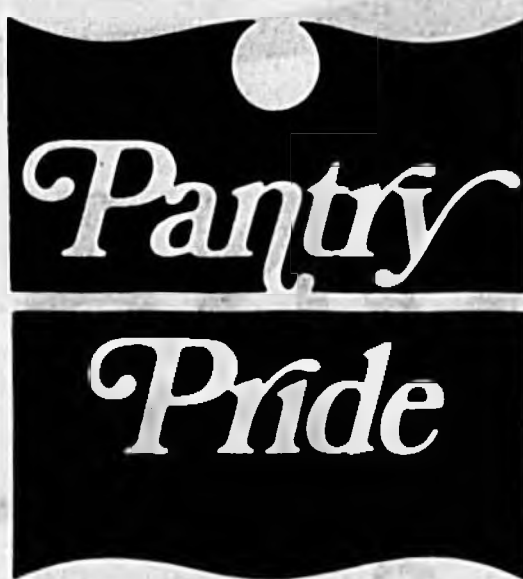
The new product is aimed at broadening the company's share of the \$2.1 billion butter and margarine market, one of the largest food categories. This compares to the cereal industry which last year accounted for \$1.9 billion; frozen vegetables \$1.9 billion; and canned soup \$1.7 billion.

Sendmeyer said that Country Morning Blend will be sold in lightly salted and sweet-unsalted varieties. Each one-pound carton will consist of four, quarter-pound sticks individually wrapped in foil to prevent loss of flavor and moisture.

"It is not certain when butter was first discovered," she said. "However, this country's first creamery began commercial production of butter in New York in 1866. Margarine was first developed in France in the mid-1860s, but did not become popular in this country until almost a century later."

Land O'Lakes, Inc., was founded in 1921 as a dairy cooperative and soon became this country's leading marketer of butter.

The diversified cooperative, located in Arden Hills, Minn., is owned by more than 250,000 members in the Upper Midwest. In the packaged food category, the company offers a full line of butter, margarine, cheese, milk, ice cream and poultry products.



FLORIDA PRICE

IT'S YOUR TOTAL FOOD BILL THAT COUNTS!

MORTON PIES
16oz FROZEN
99¢
ELSEWHERE \$1.19

FLORIDA TANGERINES
12/58¢
ELSEWHERE 12/79

FLORIDA ORANGES
5 98¢
ELSEWHERE 5/19

CALIFORNIA BROCCOLI
BUNCH
88¢
ELSEWHERE 99

BIRDSEYE COOL WHIP
16oz FROZEN
99¢
ELSEWHERE \$1.35

U.S. NO. 1 WHITE POTATOES
10 LB BAG
\$1.38
ELSEWHERE \$1.59

FLORIDA CUKES
8 FOR
98¢
ELSEWHERE 5/\$1.00

FLORIDA GRAPEFRUIT
6 FOR
98¢
ELSEWHERE 4/\$1.00

COMPARE GENERAL FOODS
TEA BAGS 99¢
CAT LITTER \$1.19
APPLE JUICE \$1.27
PINEAPPLE 55¢
FRUIT COCKTAIL 55¢
FRUIT PUNCH \$1.09
NAPKINS 69¢
HOT COCOA MIX \$1.59
SAUCE (BAR-BE-QUE) 59¢
BABY POWDER \$1.29
MUSTARD 59¢
PANCAKE SYRUP 95¢

COMPARE GROCERY
COFFEE CREAMER \$1.49
LIPTON TEA MIX \$2.79
DETERGENT 99¢
CHICKEN 59¢
DETERGENT \$1.69
PIE MIX \$1.29
DEODORIZER 99¢
CHEESE-ITS 69¢
DOG RATION \$3.89
SPINACH 39¢
SAUERKRAUT 39¢
SLICED BEETS 3/89¢

COMPARE GROCERY
PEPSI 8/\$1.29
PINK SALMON \$1.99
JUICE (PINEAPPLE) 99¢
BULLION CUBES 3/\$1
GLASS PLUS 99¢
WHOLE POTATOES 39¢
GRAPE JELLY 99¢
PEAR HALVES 59¢
COFFEE \$1.99
MAXWELL HOUSE \$3.79
FOLGER'S COFFEE \$1.95
HIGHPOINT COFFEE \$4.39

COMPARE PRODUCTS
CAULIFLOWERS 98¢
SWEET CORN 5/78¢
PEPPERS 5/\$1.00
GREENS \$1.19
CABBAGE LB 14¢
RUTABAGAS LB 23¢
MUSHROOMS \$1.78
AVOCADOES 2/89¢
RADISHES 14¢
SALAD PKG 58¢
PEANUTS 99¢
POTHOS PLANTS \$1.79

INSTANT PUDDING \$1.00
FAMILY SHAMPOO 99¢

TEXIZE SPRAY WASH \$1.89
BENNET'S DRESSINGS \$1.39

PANTRY PRIDE GRAPEFRUIT JUICE 79¢
VIENNA SAUSAGE \$1.00

BUTONI \$1.00
KOSHER DILLS \$1.59

BATHROOM TISSUE 77¢
NATIONAL BRAND PRICE \$1.09

PANTRY PRIDE SODA 2 79¢
ELSEWHERE 99¢

WHITEHOUSE APPLE JUICE \$1.29
ELSEWHERE \$1.49

WISK LIQUID DETERGENT 2 \$3.21
ELSEWHERE \$3.85

MELLOW ROAST COFFEE
1 LB CAN
WITH THIS COUPON GOOD THRU WED., NOV. 18, 1981.

FOLGER'S FLAKED COFFEE
13oz CAN
WITH THIS COUPON GOOD THRU WED., NOV. 18, 1981.

SANKA COFFEE
E.P. OR DRIP 1 LB CAN
WITH THIS COUPON GOOD THRU WED., NOV. 18, 1981.

LIPTON TEA BAGS
100 COUNT
WITH THIS COUPON GOOD THRU WED., NOV. 18, 1981.

RICH & CREAMY ICE CREAM
HALF GALLON
WITH THIS COUPON GOOD THRU WED., NOV. 18, 1981.

KRAFT FRENCH DRESSING
16oz BOTTLE
WITH THIS COUPON GOOD THRU WED., NOV. 18, 1981.

Broiled Steaks

More and more hosts and hostesses are discovering the ease and fun of gathering family and friends together for a holiday brunch or buffet supper. Sure to create an atmosphere of good cheer at such a gathering will be broiled beef tenderloin steaks.

For a colorful platter partner, serve broiled tomatoes topped with seasoned bread crumbs.

BROILED TENDERLOIN STEAKS
Set regulator for broiling. Place 6 to 8 beef tenderloin steaks, cut 1 inch thick, on rack in broiler pan so tops of steaks are 3 to 4 inches from heat. When one side is brown, season with salt and pepper, turn and finish cooking on second side. Steaks require 15 to 18 minutes for rare; 18 to 20 minutes for medium.

Grapes Enhance Chicken Entree

Entertaining reaches its peak during the holidays and usually leaves the host and hostess exhausted. Avoid the usual cooking madness by selecting a group of recipes to serve for dinner or brunches that are simple to prepare but appear elegant and taste equally fantastic. One such dish is wine-sauced chicken and grapes. It may be served buffet-style, with rice or pilaf, a salad, store-bought ice cream bombe, if you want dessert, and coffee. You may substitute leftover cooked turkey for the chicken.

WINE-SAUCE CHICKEN AND GRAPES
 3 tablespoons butter or margarine
 2 whole chicken breasts, halved, skinned and boned
 1 1/2 cups green grapes, seeded if necessary
 3/4 cup dry white wine
 1-3rd cup sherry
 2 tablespoons cornstarch
 3/4 cup chicken broth
 3 tablespoons chopped parsley
 1/2 teaspoon salt
 1/4 teaspoons each pepper and tarragon, crushed

Evening Herald, Sanford, Fl. Wednesday, Nov. 11, 1981-5B

Melt butter in large skillet. Cut chicken into 1/2-by-1/4-by-2-inch strips. Sauté in butter until chicken turns opaque. Add grapes and wine; simmer, uncovered, 5 minutes or until grapes are heated through. Stir occasionally. Transfer chicken and grapes to chafing dish. Dissolve cornstarch in chicken broth; add to pan juices and parsley and seasonings. Cook and stir until thickened and clear. Pour over chicken and grapes. This kitchen-tested recipe makes 4 to 6 servings.

LOW LEADER

TOTAL IT UP! CHECK IT OUT!



LYKES WHOLE SMOKED PICNICS
 BONUS BUY
 6 TO 8 LB AVG.
68¢ LB
 ELSEWHERE 98¢ PER LB

CAROLINA PRIDE LIVER SAUSAGES
 STICK
 BONUS BUY
 OVER 3 LBS
68¢ LB
 ELSEWHERE 88¢ PER LB

GREAT GROUND BEEF PATTIE MIX
 BONUS BUY
 OVER 3 LBS
98¢ LB
 ELSEWHERE \$1.28 PER LB

MARKET STYLE SLICED BACON
 BONUS BUY
 OVER 2 LBS
98¢ LB
 ELSEWHERE \$1.38 PER LB

BONELESS BEEF CHUCK ROAST
 BONUS BUY
\$1.68 LB
 ELSEWHERE \$2.48 PER LB

CENTER CUT SMOKED RIB PORK CHOPS
 BONUS BUY
\$1.68 LB
 ELSEWHERE \$2.28 PER LB

BONELESS UNDERBLADE CALIFORNIA STEAK OR ROAST
 BONUS BUY
\$1.98 LB
 ELSEWHERE \$2.78 PER LB

SHENANDOAH BONELESS TURKEY ROASTS WITH GRAVY PACKET
 BONUS BUY
 ALL WHITE MEAT \$3.68
 LIGHT & DARK MEAT \$2.98
 ALL DARK MEAT \$2.78
 TURKEY MEAT LOAF \$2.38
2 LB PANS

COMPARE MEAT
 U.S.D.A. CHOICE BONE IN NEW YORK
Strip Steak \$2.78
 18 TO 25 LB AVG. U.S.D.A. CHOICE NEW YORK WHOLE
Strip Steak \$1.98
 U.S.D.A. CHOICE CENTER CUT BEEF
Sirloin Steak \$2.98
 U.S.D.A. CHOICE BONELESS BEEF CURLED OVER BILLY
Chuck Steak \$2.78
 U.S.D.A. CHOICE WHOLE OR HALF BONE BEEF
Round Roast \$2.98
 FRESH F.I.A. OR G.A. PREMIUM GRADE
 OVER 5 LBS. 1 BREADED GIBBY WITH BAKERS
 1 1/2 LBS. GIBBY WITH BAKERS 1 1/2 CANS. GIRLS 1/2 PKG.
Chicken (LOISDI) \$58¢

COMPARE MEAT
 12oz PKG. HOT MILD OR SMOKED NEAPOLITAN ITALIAN
Dinner Sausage \$1.38
 7 LB PKG. 11 PANS IN THE BASKET
Fried Chicken \$1.98
 2 TO 4 LBS. BONELESS SMOKED
Turkey Ham \$1.68
 PANTRY PRIDE 5 STEAKS PER 1 LB CHIPPED FROZEN
Steaks SANDWICH \$2.58
 OVER 5 LBS. COTTAGE BRAND SMOKED
Sausage \$1.38
 OVER 5 LBS. FRESHLY
Ground Beef \$1.48

COMPARE DELI
 LYKES 10oz PKG SLICED IMPORTED
Cooked Ham \$2.48
 CAROLINA PRIDE 16oz
Roll Sausage 98¢
 12oz PKG. HYGRADE
Hot Dogs 98¢
 CLAUSSEN QUART JAR HALF OR
Whole Pickles \$1.48
 16oz ROLL. SUNNYLAND HOT OR MILD
Roll Sausage \$1.28
 GWALTNEY 16oz PKG SLICED GREAT
Chicken BOLOGNA \$1.18

COMPARE DAIRY
 GENERIC 16oz PKG. SPREAD
Qtrs. Oleo 3/98¢
 8oz PKG PANTRY PRIDE
Cream Cheese 78¢
 12oz PKG. PANTRY PRIDE SLICED
Singles (AMERICAN) \$1.48
 HOOD HALF GALLON PURE FLA.
Orange Juice \$1.38
 DEAN'S 8oz CUP
Assorted Dips 58¢
 AXELROD 15oz CUP
Ricotta Cheese \$1.68

COMPARE BAKERY
 DANTIE 12 PACK
Dinner Rolls 79¢
 12 PACK. PARTY FLAKE OR CLOVERLEAF
Rolls 2/98¢
 PANTRY PRIDE 16oz
Bread (FULL-A-PART) 2/\$1.69
 OVENGOLD 16oz
Pumpkin Pie \$1.99

COMPARE FROZEN
 PANTRY PRIDE 2 PACK 10oz FROZEN
Pie Shells 59¢
 MRS. PAULS 20oz CANDIED FROZEN
Sweet Potatoes \$1.27
 MRS. SMITHS 26oz FROZEN CUSTARD
Pumpkin Pie \$1.49
 PANTRY PRIDE HALF GALLON
Ice Cream \$1.29

COMPARE HEALTH AID
 5oz PLUS 1oz FREE TOOTH PASTE
Colgate 99¢
 6oz COLD MEDICINE
Nyquil \$2.29
 NATURES ORGANIC 16oz SHAMPOO & CONDITIONER
Henna \$1.49
 12oz HAIR SPRAY REGULAR OR UNSCENTED
Final Net \$1.99

COMPARE GROCERY
 32oz LIQUID
Foamy Detergent 59¢
 PANTRY PRIDE 15oz CHICKEN BEEF OR OTHER
Dog Food 4/95¢
 6oz CLEANER
Pine Sol 49¢
 MANDARIN 11oz
Oranges 2/\$1

PANTRY PRIDE KING SIZE BREAD 2 FOR 89¢
PANTRY PRIDE BUTTERLOAF BREAD 2 FOR 99¢

PANTRY PRIDE COFFEE 1 LB BAG \$1.69
CLING FREE 36 COUNT \$1.99

SOFT SENSE SKIN LOTION 10oz \$1.29
SWEET SUE CHICKEN & DUMPLINGS 24oz CAN 89¢

SUNSHINE GREENS 3 FOR \$1.00
POLKA DOT BRAND RICE 10 LB BAG \$2.99

MICHELOB BEER 6 PACK 12oz N.R. BTL. \$2.39

WIZARD AIR FRESHENER 8oz AEROSOL \$1.68

PLOCHMANS MUSTARD 19oz SQUEEZE BARREL \$1.69

CONTADINA TOMATO SAUCE 15oz CAN \$1.39

COMPARE SPORTS
 1.5 LITER
Real Sangria \$4.59
 1.5 LITER. CHABLIS, ROSE OR RHINE
Almaden Wines \$4.29
 3 LITER CHABLIS, PINE CHABLIS OR RHINE
Petri Wines \$4.88
 LEONARD KNECHT 750 ML
Liebfraumilch \$2.29

Holiday Gift Certificate
 A GREAT GIFT IDEA!
 AVAILABLE AT ALL PANTRY PRIDE STORES
 FOOD GIFT CERTIFICATES ARE AVAILABLE IN DENOMINATIONS OF \$5.00, \$10.00 OR ANY AMOUNT YOU SELECT.
 CONTACT ANY PANTRY PRIDE STORE MANAGER OR CALL EXT. 266. (904) 783-1011.

THIS WEEK'S CAPRI FEATURE
LARGE COVERED ROASTER \$15.99
 ONLY REGULAR PRICE \$27.99

Obese Versus Thin

By GAYNOR MADDOX
 Special to the Herald
 Many people will tell you that they inherited their tendency toward obesity from an overweight father or mother. But whether or not they really did remains an issue of dispute among nutrition scientists.

Many experts say that this argument is incorrect. The reason that overweight people consider themselves victims of inheritance is that they fail to remember that their earliest eating habits were dictated by their parents.

The rule in many families was "eat, eat." So, the child began overeating with his or her first dinner.

Other authorities cite a considerable body of data suggesting that a tendency to obesity is inherited.

Even the most casual observer cannot fail to notice family resemblances in body size and configuration. Family groups eating in restaurants or attending sports events give a clear indication of "togetherness" in many physical attributes.

Family resemblance in body weight has been noted by such researchers as Dr. Gilbert B. Forges, professor of pediatrics at the University of Rochester Medical Center.

He cites one study that found that the incidence of obesity in children of two normal-weight parents was about 14 percent. The incidence of obesity rose to 40 percent if one parent was obese and to 80 percent if both were obese.

In another study, the incidence of obesity was 5 percent for children with two normal-weight parents, 19 percent for children with one overweight parent and 32 percent for children with two overweight parents.

Forbes also observes that siblings of obese children tend to be obese themselves while siblings of thin children tend to be thin.

The frequent claim that obese people do not eat more than their normal-weight siblings was put to rest by direct observations of home eating patterns. The fatter sibling in the family did eat more.

Many experts theorize that obesity is a disease of the appetite. They note that eating behavior can be broken down into two components: hunger, a physiological phenomenon, and appetite, a psychological one. Since obese individuals eat more than their bodies need, it is the appetite mechanism that is at fault. Thus, one must view obesity—at least in part—as a behavioral disorder.

Perfect Parfait Dessert

RASPBERRY TRIFLE PARFAITS
 2 packages (10 oz. each) frozen raspberries
 2 1/2 tablespoons cornstarch
 1/4 cup kirach or orange juice
 1-1/2 cups cake crumbs or 6 lady fingers, crumbled
 2 cartons (8 oz. each) raspberry-flavored yogurt
 Sweetened whipped cream
 Thaw raspberries; set aside 6 whole berries for garnish. Combine remaining raspberries and syrup with cornstarch. Cook until thickened; stir constantly. Stir in kirach; cool. Place 2 tablespoons cake crumbs into 6 (5 oz. each) parfait glasses. Spoon 2 tablespoons each raspberry mixture then yogurt into each glass. Repeat layers. Chill. To serve, top with whipped cream and reserved whole raspberries. Makes 6 servings.

Florida Avocados Always Perfect Salad Partner



Florida avocados are back in season and becoming more plentiful in our markets. According to Florida growers, this season's crop is expected to be an excellent one. Unless the unexpected happens, consumers can look forward to high quality fruit at very attractive prices through January.

If you have never tried Florida avocados, now is the time to add them to your shopping list. It's easy to find the ones from Florida. They're the biggest — more than twice the size of other commercially grown fruit. Generally, avocados in the supermarket are not quite ripe so allow a few days ripening time at home for them.

Ripen at room temperature or if you're in a hurry you can speed ripening by placing them in paper bag or fruit ripening bowl. An avocado is ripe when it yields to a very gentle squeeze. Be sure to store ripe avocados in the refrigerator where they will keep for several days.

Because of their larger size Florida avocados make attractive and delicious serving containers for hot or cold main dish meals. Their pretty green color adds appetite appeal and

their creamy, nut-like flavor complements and enhances a wide variety of foods. Try serving seafood entrees, not chill, or chicken a la king in an avocado half for a flavorful change of pace.

Whether you serve avocados halved, sliced or diced, they are always the perfect salad partner. Florida avocados team with the economical chicken in this main-dish luncheon or supper salad. A hint of curry and a big squeeze of lime in the dressing made this salad a particularly good combination of flavors. Serve peanuts as a condiment for adding a tasty crunch to the meal.

Keep Florida avocados on hand and ready-to-eat and you'll find they're an easy way to add extra variety, important nutrition and great flavor to meals.

CURRIED CHICKEN (AVOCADO) SALAD

- 1 1/3 cup mayonnaise
 - 1 tablespoon lime juice
 - 1 to 2 teaspoons curry powder
 - 1/2 teaspoon salt
 - 2 cups diced cooked chicken
 - 3/4 cup cherry tomatoes, halved
 - 2 tablespoons sliced green onions
 - 2 tablespoons chopped green pepper
 - Lettuce leaves
 - 2 Florida avocados, peeled and sliced
 - 1/4 cup peanuts
- Combine mayonnaise, lime juice, curry powder and salt in large bowl. Add chicken, tomatoes, onions and green pepper; toss. Cover and chill 1 to 2 hours. Line individual serving plates with lettuce leaves. Arrange avocado slices, equally divided, on lettuce. Top with chicken mixture, equally divided. Sprinkle each serving with peanuts. Makes 4 main dish servings.



Dutch Baby is made from hard-cooked eggs.

Egg Dishes Fit Well In Holiday Menu

A recent oversupply of unaten hard-cooked eggs leftover from a fishing outing led to some inventiveness in the kitchen. Hard-cooked eggs work well in sauces and one such combination turned out a Dutch baby to serve hot. Others went into a cold ensalada hueve (egg salad). Both fit well into the holiday entertaining menus.

DUTCH BABY

- 1 cup Spanish pimiento-stuffed green olives
- 8 hard-cooked eggs
- 1/4 cup butter or margarine
- 2 uncooked eggs
- 3/4 cups plus 1 1/2 cups milk
- 3/4 cup plus 2 tablespoons all-purpose flour
- 1/2 teaspoon dry mustard
- 1/4 teaspoon hot pepper seasoning

Coarsely chop 2-3rd cup olives; reserve whole olives for garnish. Coarsely dice 6 eggs and cut 2 eggs into wedges. Melt butter in a medium saucepan; remove from heat. Pour half of melted butter into a 9-inch pie plate and swirl to coat bottom and side; set aside.

Beat uncooked eggs with electric mixer until pale yellow and foamy. At low speed, beat in 3/4 cup milk and 3/4 cup flour. Pour batter into buttered pie plate. Bake in 500-degree oven 5 minutes. Reduce heat to 450-degree and bake 10 minutes longer. Meanwhile, stir remaining 2 tablespoons flour into butter in saucepan; cook 1 minute. Gradually stir in 1 1/4 cups milk with a wire whisk until smooth. Cook, stirring constantly, until sauce thickens. Stir in diced eggs, chopped olives, dry mustard and hot pepper seasoning. Remove from heat.

When pancake is done, carefully slide from pie plate to a serving plate. Spoon creamed eggs into center. Garnish center with wedges of eggs and whole olives. Cut into wedges to serve. This kitchen-tested recipe makes 4 to 6 servings.

ENSALADA HUEVO

- 1 large red onion, sliced
- 3 medium tomatoes, sliced
- 6 hard-cooked eggs, sliced
- 1 cup sliced fresh mushrooms
- 1 medium avocado, sliced into wedges
- 1 cup Spanish pimiento-stuffed green olives
- Parsley
- Vinaigrette

On a large platter, arrange onion rings and tomatoes in overlapping rows or circles. Place a hard-cooked egg slice in the center of each onion ring. Surround rows with mushrooms and avocado slices. Top tomato slices with some of olive halves, distribute remaining olive halves around salad to form a decorative design. Serve salad with Parsley Vinaigrette. This kitchen-tested recipe makes 6 servings.

- Parsley Vinaigrette:
- 1/4 cup minced fresh parsley
 - 1 clove garlic, minced
 - 1/4 cup salad oil
 - 2 tablespoons lemon juice
 - 2 tablespoons red wine vinegar
 - 1/2 teaspoon dry mustard
 - 1/4 teaspoon salt
 - 1/4 teaspoon black pepper
- Combine all ingredients in a jar or crust; shake until well blended. This kitchen-tested recipe makes 1 cup dressing.

Florida avocados with their creamy texture and mellow flavor complement curried chicken in this economical main dish meal.

69¢ 1-LB. PKG. PALM RIVER Sliced Bacon With One Publix Stamp Price Saver Booklet	29¢ DOZ. BREAKFAST CLUB FLA. GRADE A Large Eggs With One Publix Stamp Price Saver Booklet	1¢ 16-OZ. CAN OCEAN SPRAY JELLIED OR WHOLE Cranberry Sauce With One Publix Stamp Price Saver Booklet	1¢ 1-LB. CTN. MRS. FILBERTS GOLDEN QUARTERS Margarine With One Publix Stamp Price Saver Booklet	2 48¢ 13-OZ. TALL CAN Carnation Evaporated Milk With One Publix Stamp Price Saver Booklet	59¢ 42-OZ. BOX LAUNDRY Punch Detergent With One Publix Stamp Price Saver Booklet	39¢ LARGE ROLL ASSORTED PAPER Bounty Towels With One Publix Stamp Price Saver Booklet
---	--	---	--	--	---	--

THE PLACE FOR PRODUCE

"Florida" Fresh Tender Pole Beans ... 49¢
Tropicana 100% Pure Orange Juice ... 51¢
Crisp, Slightly Tart Jonathan Apples ... 3 79¢
First of the Season, California White Calmeria Grapes ... 89¢
Crisp, Juicy Golden Delicious Apples ... 3 89¢
Ripe Juicy (165 Size) Anjou or Bosc Pears ... 10 99¢
Fresh, Crisp Carrots ... 2 59¢
"Florida" Large Size Tomatoes ... 2 39¢
Tender Florida Romaine Lettuce ... 49¢
Florida Ripe Large Size Avocados ... 2 99¢
Florida Crisp Endive or Escarole ... 39¢
Florida Plump, Fresh Eggplant ... 2 79¢
Colorful Fresh Cut Pom Poms ... 2 49¢

Here's a golden opportunity for timely savings.

14 KARAT Gold Chains

Save up to 50% on L.C.D. Quartz Watches.

From 14 to 24 Karat Gold Filling Rings.

17 to 22 Karat Gold and Silver Jewelry.

17 to 22 Karat Gold and Silver Jewelry.

17 to 22 Karat Gold and Silver Jewelry.

KRAFT SALE

Delicious Kraft Mayonnaise ... 32-oz. \$1.09
Kraft Thousand Island, Italian, Catalina French or French Salad Dressing ... 16-oz. \$1.29
Kraft Regular Margarine Quarters Parkay ... 1 lb. 49¢
Philadelphia Brand Cream Cheese ... 8-oz. 79¢
Kraft Party Buttermints or Buttermints ... 8-oz. 79¢
Kraft 10 1/2-oz. Miniature or 10-oz. Jet Puffed Marshmallows ... 9-oz. 59¢
Kraft Garlic Flavored, Hot, Hickory Smoked, or Plain Barbecue Sauce ... 18-oz. 79¢
Kraft Marshmallow Creme ... 7-oz. 69¢

THE PLACE FOR HEALTH & BEAUTY AIDS

Disposable Bic Shavers ... 59¢
6c Off Label, Toothpaste Aqua-fresh ... 59¢
Lotion or Condition Dandruff Shampoo Head & Shoulders ... \$2.19

U.S.D.A. CHOICE BEEF BONELESS Chuck Roast \$1.79 per lb.

FLORIDA WHITE OR RED Seedless Grapefruit 8 \$1.29 bag

BOIL FRY OR MASH White Potatoes 10 \$1.29 bag

THE PLACE FOR U.S.D.A. CHOICE BEEF

U.S.D.A. Choice Beef Boneless Chuck Steak ... \$1.99
U.S.D.A. Choice Beef Short Ribs ... \$1.99
U.S.D.A. Choice Beef (Whole in the Bag) Sirloin Tip ... \$2.99

KRAFT MARGARINES

Miracle (6 Sticks) ... 69¢
Soft Parkay ... 69¢
Diet Parkay ... 69¢
Soft Parkay ... 69¢

THE PLACE FOR QUALITY MEATS

Swift Premium Breakfast Strips ... 12-oz. \$1.59
Sizzlean ... 12-oz. \$1.59
New Zealand Leg-O-Lamb ... \$1.99
New Zealand Lamb Shoulder ... \$1.59
Roast ... \$1.59
Rath Smoked Dainties ... \$2.39
Swift Premium Circle "S" Boneless Ham ... \$2.39
Armour Beef or Pork Chicken Fried Patties ... \$1.69
Eckrich Smoked Kielbasa ... \$2.29
Swift Premium Sliced Regular, Garlic or Beef Bologna or Cooked Salami ... \$1.59
Swift Premium Sliced Hard Salami, Genoa Salami or Peperoni ... \$1.19
Kahn's Jumbo Meat or Beef Franks ... \$1.79
Sunnyland Sliced Cooked Ham ... \$2.25
Olde Smithfield Chicken Great Dogs ... 99¢
Jimmy Dean Pork Mild, Hot or Sage Sausage ... \$1.99
Jones Breakfast Link Sausage ... \$1.99

THE PLACE FOR DELI DELIGHTS

Tasty Smoked Braunschweiger or Fresh Liverwurst ... \$1.19
Flavorful Old Canadian Cheese ... \$1.49
Tasty Swedish Meat Balls ... \$2.49
Zesty-Flavored Macaroni Salad ... 89¢

Fully Cooked Glazed (Half or Whole) Smoked Ham ... \$1.99
Ready-to-take-out Southern Fried Chicken ... \$3.79
Fresh-Baked Coconut Custard Pie ... \$1.79
Hot from the Deli! Potatoes Au Gratin ... \$1.99
Macaroni & Beef ... \$2.09
Fresh-Baked Rye Bread ... 79¢

Orange, Lake, Seminole, & Osceola Counties Only!

Pabst Blue Ribbon Beer 12-oz. cans \$3.78 12-pk. ctn.

REGULAR OR EXTRA LIGHT Pabst Blue Ribbon Beer 2-liter 95¢

Give 'em your best shot with Season's PHOTO Creations

Attractive Holiday "Folders"

Slit 'n' Line Christmas Cards

Choose from 4 designs

Publix Now at Publix EKCO Baker's Secret NON-STICK BAKEWARE

THIS WEEK'S FEATURES

Large Loaf Pan \$1.99
Or Large Cookie Sheet \$1.99

SAVE \$1 TO CHARLES BLANC ROUGE PINK CHARBIS Petri Wine \$5.25

Guarantee

Publix SANFORD PLAZA, SANFORD LONGWOOD VILLAGE CTR., LONGWOOD

100 GreenStamps

16-oz. Bottle, Tiox Mildew Stain Remover 3 (Effective Nov. 12 - 18, 1981)

50 GreenStamps

8-oz. Package, Lipton Bulk Tea 5 (Effective Nov. 12 - 18, 1981)

50 GreenStamps

12-oz. Jar, Mushroom, Chicken, Onion or Brown Heinz Gravy 5 (Effective Nov. 12 - 18, 1981)

50 GreenStamps

2-pk. Ctn., Chicken Noodle with Meat, Noodle, Country Vegetable Lipton Soup 7 (Effective Nov. 12 - 18, 1981)

double up WIN \$2,000 BINGO

Pick up your FREE Double Up Bingo Collector Card at our checkout counter or store office. No purchase necessary. Each card contains Double Up Bingo Games where you could win \$5, \$10, \$20, \$100, \$200, \$1,000 and \$2,000! Plus you can win \$1 INSTANTLY!

Odds vary depending on the number of Game Tickets you obtain. The more Tickets you collect, the better your chances of winning. Double Up Bingo Series #WASZ is being played in 92 participating Winn-Dixie Stores in the following Florida counties: Orange, Seminole, Osceola, Broward, Volusia, Lake, Citrus, Charlotte, Sumter, Collier, Lee, Marion and the city of La Bata in Hendry County. Scheduled termination date of this promotion is December 31, 1981, however, Double Up Bingo officially ends when all Game Tickets are distributed.

ODDS CHART: AS OF OCT. 28, 1981

PRIZE	NO. OF	ODDS FOR	ODDS FOR	ODDS FOR
TABLE	TICKETS	1 GAME	2 GAMES	3 GAMES
\$2,000.00	23	113,814 TO 1	41,948 TO 1	20,983 TO 1
\$1,000.00	75	113,814 TO 1	41,948 TO 1	20,983 TO 1
\$200.00	222	38,133 TO 1	12,711 TO 1	6,355 TO 1
\$100.00	735	11,377 TO 1	3,792 TO 1	1,896 TO 1
\$50.00	2,211	3,413 TO 1	1,131 TO 1	565 TO 1
\$20.00	7,373	1,138 TO 1	379 TO 1	189 TO 1
\$10.00	23,119	341 TO 1	113 TO 1	56 TO 1
\$5.00	72,357	107 TO 1	34 TO 1	17 TO 1
TOTAL	120,872	72 TO 1	23 TO 1	11 TO 1

\$2,000.00 WINNER
 BOSS V. CELESTANO
 1007 GRAND Pk.
 JOAN L. LABO
 TUCUMCUM FLA.

\$1,000.00 WINNERS
 JULIA M. SCOTT
 ORLANDO FLA. 32065
 SANDRA WHEELER
 DUNES FLA. 32726
 ELIZABETH BENTON
 SANFORD FLA.
 ANTONIO J. BRIGAVATO
 ALTAMONTE SPRINGS FLA.
 BARBARA SNEY
 LONGWOOD FLA.
 ROBERT LEE CAULLEY, JR.
 WELLSBORNE FLA.
 SHEILA S. BROWN
 WATTS BEACH FLA.
 EUGENE C. COLE
 PALM BEACH FLA.
 JACQUE PATRIS
 WINTER HAVEN FLA.
 BERNIE S. LOUZEON
 HONOLULU, HI.
 SHARON B. HAYNES
 DAYTONA BEACH FLA.

SUPER BONUS SPECIALS

SUPER BONUS SPECIAL

SUPERBRAND GRADE 'A' EXTRA LARGE EGGS

DOZ. **29¢**

① WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD NOVEMBER 12-14, 1981

SUPER BONUS SPECIAL

LEMON/LIME OR ORANGE GATORADE

32-oz. BTL. **1¢**

② WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD NOVEMBER 12-14, 1981

SUPER BONUS SPECIAL

WALDORF BATH TISSUE

4-ROLL PKG. **39¢**

③ WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD NOVEMBER 12-14, 1981

SUPER BONUS SPECIAL

MAXWELL HOUSE MASTER BLEND COFFEE

13-oz. SIZE **\$1.29**

④ WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD NOVEMBER 12-14, 1981

Here's how it works!

1 Pick up two Super Bonus Certificates at participating counters.

2 You get 1 Super Bonus Stamp for every 10 Super Bonus Certificates you collect.

3 Exchange your Super Bonus Stamp for a Super Bonus Special at participating counters.

SUPER BONUS SPECIAL

KRAFT MAYONNAISE

QT. JAR **69¢**

⑤ WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD NOVEMBER 12-14, 1981

SUPER BONUS SPECIAL

JELLO GELATIN

6-oz. PKG. **9¢**

⑥ WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD NOVEMBER 12-14, 1981

SUPER BONUS SPECIAL

REGULAR OR STA-FIT SUPERBRAND COTTAGE CHEESE

24-oz. CUP **69¢**

⑦ WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD NOVEMBER 12-14, 1981

SUPER BONUS SPECIAL

W-D BRAND HANDI PAK GROUND BEEF

1-LB. PKG. **89¢**

⑧ WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD NOVEMBER 12-14, 1981

SAVE WITH WINN DIXIE THE BEEF PEOPLE

14 Karat Gold Filled Jewelry **9.99** each

PRICES GOOD NOVEMBER 12-14

Free! UP TO 60 EXTRA SUPER BONUS STAMPS

WHEN YOU PRESENT THIS VALUABLE COUPON WITH YOUR PURCHASE. LIMIT 1 PER CUSTOMER. COUPON GOOD NOV. 12-14, 1981

SAVE 10¢

U.S.D.A. CHOICE BEEF BOTTOM ROUND

LB. **\$1.89**

BEEF ROUND BONELESS RUMP Roast lb. \$2.99

SAVE 40¢

FULL 1/4 FRESH PORK LOINS SLICED INTO PORK CHOPS

LB. **\$1.49**

FRESH OR SMOKED ECONOMY Pork Chops lb. \$1.19

SAVE 20¢

W-D BRAND PURE 100% 10-LB. HANDI PAK GROUND BEEF

LB. **\$1.29**

DIXIE BEEF (RED MIXED) 3 LB. PKG. \$2.67
 Patty Mix lb. 89¢

SAVE 50¢

(SLICED, SKINLESS AND DEVINED) BEEF LIVER

LB. **99¢**

SEA PRIME BOILED MAINE (PRE-COOKED) Lobster lb. \$4.99

SAVE 50¢

W-D BRAND USDA CHOICE BEEF ROUND BONELESS BOTTOM ROUND ROAST

LB. **\$1.99**

W-D BRAND USDA CHOICE BEEF ROUND BONELESS BOTTOM ROUND Steak lb. \$2.19

SAVE 40¢

CHEER DETERGENT

49-oz. SIZE **\$1.69**

SAVE 10¢ - CHEK Drinks 10 12-oz. \$1.99

SAVE 20¢

BLUE BAY PINK SALMON

18 1/2-oz. SIZE **\$1.79**

SAVE 10¢ - DIXIE DARING PRESTIGE Honey Wheat Bread 16-oz. loaf 69¢

SAVE 19¢

OSAGE PEACHES

2 29-oz. CANS **\$1.19**

CONTADINA TOMATO (Limit 3 w/\$5.00 purchase excl. cigs.)
 Sauce 3 13-oz. \$1.90

SAVE 30¢

(REGULAR OR LIGHT) OLD MILWAUKEE BEER

Limit two 6-pk. w/\$5.00 purchase excl. cigs.
 6 PK 12-oz. CANS **\$1.69**

SAVE 30¢ - ALMADEN (MT. CHABLIS, MT. RHINE OR MT. VIN ROSE) Wine 1.5-LTR \$4.29

SAVE 67¢

THRIFTY MAID 10 1/2-oz. TOMATO OR 10 1/2-oz. MUSHROOM SOUP

8 CANS **\$1.99**

SAVE 10¢ - THRIFTY MAID CUT GREEN Beans 6 CAN \$1.99

SAVE 89¢

HARVEST FRESH YELLOW CORN

10 EARS **\$1.49**

HARVEST FRESH VINE RIPE Tomatoes 2 LB. \$1.99

SAVE 40¢

HARVEST FRESH U.S. No. 1 WHITE POTATOES

10-LB. BAG **\$1.39**

COUNTRY STAND Mushrooms 1-LB. PKG. \$1.99

SAVE 40¢

COUNTRY FRESH ALL NATURAL PRESTIGE ICE CREAM

HALF GAL. **\$1.99**

SAVE 6¢ - PET (PEACH, BLACKBERRY OR CHERRY) Cobblers 26-oz. \$1.99

SAVE 30¢

MRS. SMITH'S CUSTARD PUMPKIN PIE

26-oz. SIZE **\$1.19**

SAVE 10¢ - EGGO FAMILY PAK Waffles 17-oz. \$1.99

SAVE 18¢

MRS. FIDDELET'S (QUARTERS) GOLDEN MARGARINE

2 1-LB. PKGS. **\$1.00**

SAVE 47¢ - SUPERBRAND ASSORTED FLAVORS ALL NATURAL Yogurt 3 CUPS \$1.99