

# Sanford Herald

Serving Sanford, Lake Mary and Seminole County since 1908

88th Year, No. 70 - Sanford, Florida

## NEWS DIGEST

### INSIDE

#### Sports

##### Another champion crowned

SANFORD — Myers Tree Service clinched the Sanford Recreation Women's Softball League championship last night at Pinchurst Park.

See Page 1B

### BRIEFS

#### Vets day closings

Federal, state and county governments will cease operations Thursday for the Veterans Day Holiday. Local governments however, will operate as usual.

At the federal level, post office service desks will all be closed. Those with postal boxes will be open, but no transactions will be conducted.

Banking institutions will also be closed for the entire day.

All aspects of the Seminole County government operations including the Sheriff's Department facility at the Central Florida Regional Airport, will be closed for the entire day. Work will resume at regular hours on Friday.

City governments however, are not observing the holiday. Locally, Sanford, Lake Mary and Longwood city offices will be operating as usual.

For operations which are closed Thursday, regular hours will return to normal schedules on Friday.

Businesses will have their individual opportunities to determine if they will be closed or open for Veterans' Day.

#### Mica meets business owners

SANFORD — Congressman John Mica (R-Fla) will host a round table discussion at the Greater Sanford Chamber of Commerce, this Friday.

Seminole County Chambers of Commerce representatives have been invited to attend, and small business owners have been asked to participate.

The purpose of the round table will be to update and inform chamber members on national issues that will impact small businesses.

Specific topics of interest to everyone will be the congressman's position on health care reform, NAFTA, and economic development on a national and local level.

The round table discussion will be held from 8 a.m. until 10 a.m., this Friday, at the chamber office, 400 E. First Street in downtown Sanford.

Members of all chambers of commerce are urged to attend.

#### Deputies learn driving skills

SANFORD — Seminole County deputy sheriffs are participating in the Emergency Vehicle Operations Course now underway in Deland. The 40 hour course is designed to teach the techniques necessary to better control vehicles.

Seminole County Sheriff Don Esslinger is requiring all sworn personnel of his department to take the course.

EVOC is a low-speed, high-stress course that includes instruction in cornering, acceleration, braking, backing, turnaround and evasion. The object is to teach deputies to drive at slower speeds and still stay with a violator.

The course is on a weekly basis from now through April 1, 1994. It is being conducted in a classroom, as well as a half-mile EVOC track operated by the Volusia County Sheriff's office in Deland.

#### WCA meet tonight

SANFORD — Westside Community Association will hold its next bi-monthly meeting this evening at 7:30 p.m. at the West Sanford Boys & Girls Club, 919 Perlmutter Ave. Business owners, pastors and concerned citizens in the Goldsboro Community are invited to attend the meetings.

#### From staff reports

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#### Cloudy and wet



Cloudy with rain likely and possibly thunderstorms. High in the upper 70s. Wind northeast at 10 mph. Chance of rain 50 percent.

For more weather, see Page 2A

# Kid crime: New laws

## Local cop officials not impressed with punishment

By NICK PFEIFAU  
Herald Staff Writer

TALLAHASSEE — Getting caught with a gun will cost teenagers at least 100 hours of community service and a suspended driver's license under a bill passed unanimously by Florida lawmakers.

Local law enforcement officials are in agreement that the punishment is not strong enough. The measure, approved Tuesday during the

legislative special session, is aimed at teens who are not yet hardened criminals; Gov. Lawton Chiles praised it as a good first step against juvenile crime.

"It gives the law enforcement officers tools to take guns away from kids," he said, adding that the legislation was only one step in reforming the state's juvenile justice system.

Seminole County Sheriff Don Esslinger doesn't think the new law will deter juvenile crime. "The

If a child has taken steps to arm himself, he probably wouldn't care whether or not we have this so-called punishment.

-Sheriff Don Esslinger

### 1993 Golden Age Games



Herald Photos by Tommy Vincent

Ria Terhaar shows off her flexibility before this morning's 5K race in the Golden Age Games

## Limber athlete proves old age is just a state of mind

By VICKI DeSOMMIER  
Herald Staff Writer

SANFORD — While many of her compatriots are still lollygagging around in bed, Ria Terhaar said she is up making sure she stays fit as a fiddle.

Terhaar, who has been participating in the Sanford Golden Age Games for several years now, no longer wants to give her age. The numbers don't mean anything, she said.

"I'm a year younger than I was last year," she said, readjusting the natty bandana around her neck.

She said that she likes to look good for the races that she is confident of doing well in.

Terhaar sits on the sidewalk outside the Sanford Civic Center at quarter of seven on this cloudy, damp morning and touches her nose to her unbent knee. She reaches forward and rests her chin on the ground while holding her outstretched ankles.

Women who must be half her age wince in pain just watching her.

To Terhaar it's just part of the morning routine.

"I've been exercising every day

See Games, Page 5A

Games results, Page 6A



Don Ardell, 55, of Orlando and Pepper Davis, 67, of Orlando, were the top male and female finishers in the 5K race in the Golden Age Games this morning.

## Teacher's sex case

### Certificate to teach turned in; bankruptcy filed

By SANDRA ELLIOTT  
Herald Staff Writer

SANFORD — Former Lakeview Middle School band teacher Stephen A. Paterson has voluntarily surrendered his teaching certificate bringing to an end the formal process to revoke his ability to teach in Florida.

Paterson will be sentenced later this month for molesting four male band students. Paterson pleaded no contest to four counts of lewd and lascivious acts in the presence of a child and will serve up to one year in jail under terms of a negotiated plea, followed by two years of community control (house arrest). He will then be on probation from 10-15 years. As a provision of probation, the state will recommend Paterson not have unsupervised contact with anyone under 18.

In exchange for his plea, 38 other sex charges were dropped.

In August, Florida Commissioner of Education Betty Castor filed a complaint to revoke Paterson's teaching certificate. Paterson challenged the move and requested a formal hearing.

However, on Oct. 28, attorney Ron Myers from the state teachers' union in Tallahassee informed the Education Practices Commission, Paterson was voluntarily surrendering his teaching certificate for permanent revocation.

The information concerning Paterson's revoked certificate will be sent to a national clearing house and distributed to almost all the states, according to a spokesman in the EPC.

Paterson, who taught at Lakeview for 10 years, was arrested in February after four of his former students told police the instructor often hugged and kissed them at school and fondled or attempted to fondle their private parts. In pre-trial depositions, one youth said Paterson performed oral sex on him. The acts took place in the school band room, in Paterson's Lake Mary home and in his car. The allegations by the four teens, who are now in high school, came to light during an investigation of alleged violation of Paterson's school probation.

See Paterson, Page 5A

## City wants more time to consider office site

By NICK PFEIFAU  
Herald Staff Writer

SANFORD — An effort to purchase a building and build another one at Monroe Harbour Marina has stalled. The land is owned by the City of Sanford.

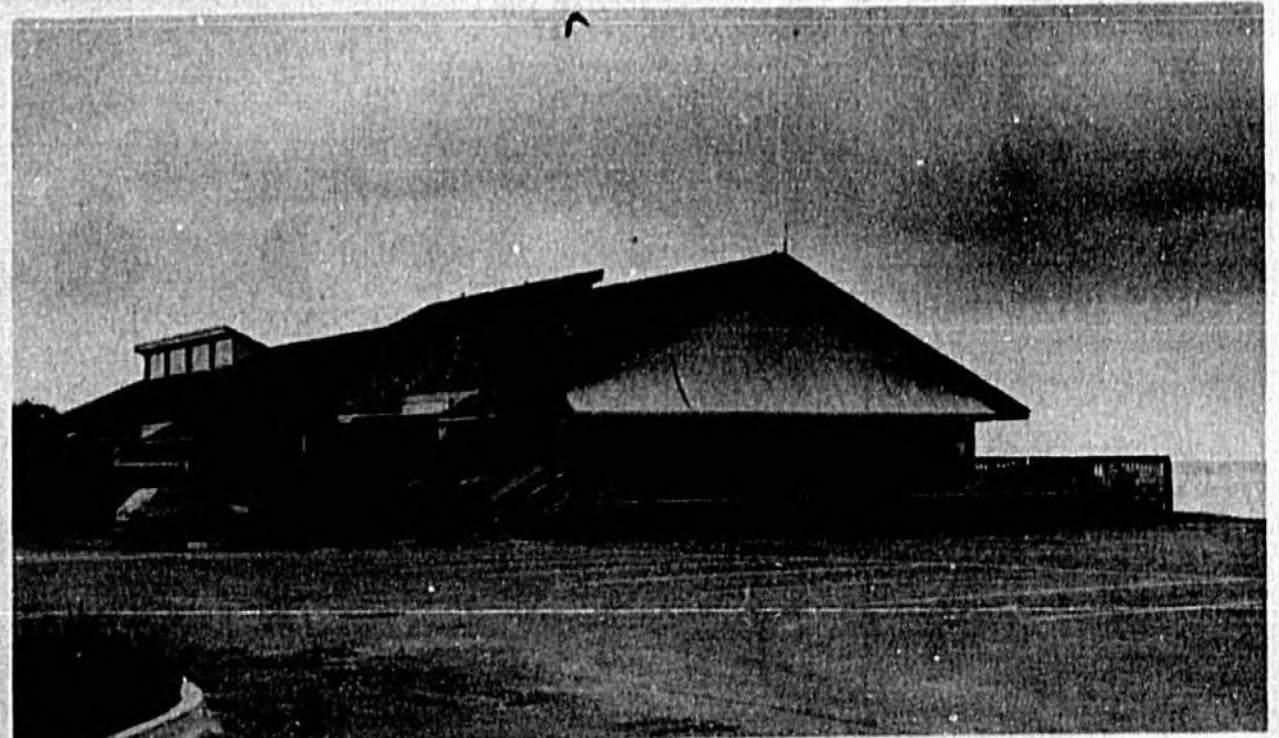
A group headed by Dr. G.W. Edwards, DDS, has been attempting to take over the building presently containing Edwards' office and the Orlando Sentinel facility on the lakefront. The mortgage at One Harbour Place has been foreclosed upon by Sun Bank.

Edwards, and others including Mark F. Tracey, Thomas Broderick, M.D., Stephen Reed, M.D., and Narinder Aujla, M.D., have entered into an agreement with Sun Bank to purchase the building. The group wants to arrange leasing of the city land on which the building is located.

Another request is for the city to lease land immediately to the east of the building, known as Area 2, on which Edwards and the group proposes to build an 8,000 square foot of additional space for rental purposes, some time in the next five years.

During previous discussions, the Sanford City Commissioner has suggested that the buildings should be used for some type of retail businesses

See Offices, Page 5A



Herald Photo by Tommy Vincent

Professional offices at One Harbour Place, and the parking area to the east are the subject of controversy between the city and developers. The city prefers retail development on the site.

FLORIDA BRIEFS



Clerk kills alleged robber

ST. PETERSBURG — A convenience store clerk killed a teenager in an exchange of gunfire during a holdup, the seventh robbery attempt at the store in two years, police said.

Orlando cops still seek rapist

ORLANDO — Police are tracking a knife-wielding serial rapist who invades his victims' homes and holds them hostage for hours, acting out his sexual fantasies.

Abortion clinic seeks arrests

TALLAHASSEE — A Melbourne abortion clinic is asking the state Supreme Court to order police to arrest pickets in a buffer zone the court upheld in an earlier ruling.

Carjacking killer plea bargains jail time

ORLANDO — A man accused of killing two people during a 1992 carjacking in an Osceola County cow pasture has pleaded guilty to two counts of first-degree murder in exchange for a prison sentence.

Connor enters race

TALLAHASSEE — Ken Connor, a Tallahassee trial lawyer, blasted politicians, special interests, and state government bureaucracy Tuesday in kicking off his campaign for the GOP nomination for governor.

From Associated Press reports

NEWS FROM THE REGION AND ACROSS THE STATE

Cost keeps a quarter from care

GAINESVILLE — The high cost of health care has kept about 25 percent of Floridians from getting adequate treatment for medical problems in the past two years, a University of Florida study shows.

a number for the entire state, about 2,475,000 Floridians would be without health coverage, Vogel said.

compared to 50 percent of the uninsured. "These findings underscore the importance of health insurance in ensuring access to care. But they also demonstrate that merely having health insurance is no guarantee, since one in five Floridians with insurance reported health-care costs barred them from getting adequate care," Vogel said.

Gov praises comp bill, vote today

By BILL BERGSTROM Associated Press Writer

TALLAHASSEE — A new workers' compensation system would cut businesses' premiums an average of 15 percent and let them take steps such as safety programs to boost savings to 25 percent, Gov. Lawton Chiles said.

Managed-care medical plans and drug-free workplace programs also would add savings under a bill approved Tuesday by House-Senate conferees.

"Everything in this I think changes the philosophy from one that was to litigate, to delay, to one that's an administrative process to get people back to work," Chiles said at a news conference Tuesday night.

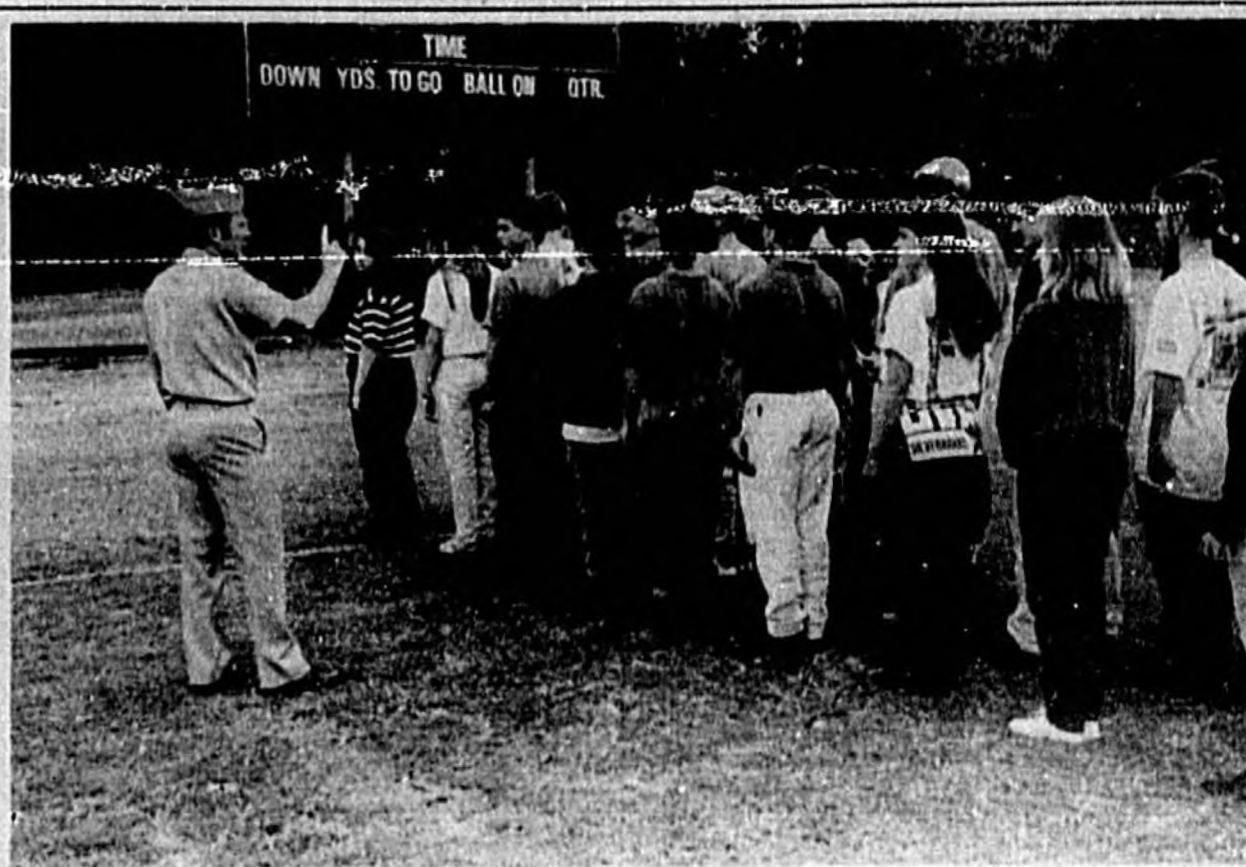
Chiles had threatened to veto any bill that wouldn't slash employers' premiums 20 percent for the mandatory coverage of on-the-job injuries.

"He's the only one who's got red ink in his pen," said Sen. W.D. Childers, D-Pensacola, the conference committee chairman.

The panel added incentives for employers to use managed-care programs to cut medical costs and mediation of disputed claims to try to avoid costly court action.

The panel rejected a move to relax restrictions on attorneys' fees in contested claims. Chiles had called for tougher restrictions.

The group scratched chiropractors from the health-care professionals who can act as case managers for injured workers or decide the impairment ratings on which their benefits are based.



In honor of those who served Under the direction of Russell McFarland, students in the Lake Howell High School Naval Junior ROTC are getting ready to march in one of several parades that will take place in honor of Veteran's Day tomorrow. Their event will take place at Chapel Hill Cemetery near Winter Park.

State to insure against losses but federal help is needed

By ADAM YEOMANS Associated Press Writer

TALLAHASSEE — A state-run disaster fund to reimburse insurers' losses from hurricanes will keep 700,000 homeowners from losing coverage but federal help is needed to solve Florida's insurance crisis, officials said.

The Legislature gave final approval to a bill (CS-HB 31C) to create a catastrophe fund and sent it to Gov. Lawton Chiles, who is expected to sign it.

It also passed sweeping insurance reforms (CS-HBs 33C & 43C) with tougher regulations on insurers and limits on the number of policyholders that companies can drop over the next three years.

Chiles said the legislation will ease the insurance crunch but Florida will need a federal catastrophe fund to deal with major disasters in the future.

"Does this solve the insurance crisis? No, I don't think so," the governor said. "I think we're going to need federal help for a total solution."

will prevent insurers from canceling most of the 844,000 policyholders they wanted to drop after Andrew hit Aug. 24, 1992, causing an estimated \$18 billion in insured damage.

A statewide moratorium expires Sunday but policyholders who are canceled will get 90 days notice before they are dropped. Gallagher said he expected about 150,000 homeowners would lose their coverage next year and the cost of insurance along the coast will soar.

"It's going to be expensive to get your home insured if you live on the water or in a hurricane-prone area," he said. "We're not going to be able to change that. That's going to continue to be expensive and more expensive."

Florida will become the second state to establish a so-called "cat" fund, after Hawaii.

Lawmakers said Florida's would serve as a model for Congress, which is considering a plan to establish a national disaster fund.

Allstate Insurance Co., the state's second-largest insurer, said Tuesday that the disaster

fund will allow it to renew about 90 percent of the 300,000 policyholders it planned to drop because of hurricane losses that reached \$2.7 billion.

The fund will reimburse insurers 75 percent of their losses after companies sustain claims in excess of two times their gross annual premiums collected from policyholders.

Insurers will pay about \$500 million a year into the fund from existing premiums paid by homeowners. The companies would be exempt from federal taxes on the premiums paid into the fund, which will be managed by the governor, insurance commissioner, and comptroller.

Lawmakers said the fund was not designed as a safety net for a \$50 billion hurricane. It is designed to stabilize the current insurance market until the federal government establishes a disaster fund, they said.

"Florida can only do so much," said Rep. John Cosgrove, chairman of the House Insurance Committee and a Miami Democrat whose home was destroyed by Andrew.

LOTTERY

MIAMI - Here are the winning numbers selected Tuesday in the Florida Lottery:

Cash 3 3-1-8 Play 4 3-2-0-7



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THE WEATHER

LOCAL FORECAST

Today: Cloudy with rain likely and possibly thunderstorms. High in the upper 70s. Wind northeast at 10 mph. Chance of rain 50 percent.

Tonight: A 20 percent chance of evening showers...Then decreasing cloudiness. Low around 60. Wind northeast 5 to 10 mph.

Thursday: Partly cloudy. High in the lower 80s. Wind northeast 10 to 15 mph.

Extended forecast: The near stationary front over the state for the past few days will once again sag southward to the south tip of the state by tonight.

FLORIDA TEMPS

Table with columns: City, Hi, Lo, Pct. Rows include Daytona Beach, Ft. Lauderdale, Fort Myers, Gainesville, Jacksonville, Key West, Lakeland, Miami, Pensacola, Sarasota, Tallahassee, Tampa, Vero Beach, W. Palm Beach.

EXTENDED OUTLOOK

Table with columns: WEDNESDAY, THURSDAY, FRIDAY, SATURDAY, SUNDAY. Rows show weather conditions and temperatures.

MOON PHASES

Table showing moon phases: LAST Nov. 7, FIRST Nov. 21, NEW Nov. 13, FULL Nov. 29.

BEACH CONDITIONS

Daytona Beach: Waves are 2-4 feet and rough. Current is to the south with a water temperature of 69 degrees. New Smyrna Beach: Waves are 3-4 feet and choppy. Current is to the south, with a water temperature of 69 degrees.

TIDES

THURSDAY: SOLUNAR TABLE: Min. 9:15 a.m., 10:00 p.m.; Maj. 3:10 a.m., 3:30 p.m. TIDES: Daytona Beach: highs, 5:06 a.m., 5:25 p.m.; lows, 11:23 a.m., 11:36 p.m.; New Smyrna Beach: highs, 5:11 a.m., 5:30 p.m.; lows, 11:28 a.m., 11:41 p.m.; Cocoa Beach: highs, 5:26 a.m., 5:45 p.m.; lows, 11:43 a.m., 11:56 p.m.

STATISTICS

The high temperature in Sanford Tuesday was 83 degrees and the overnight low was 62 as reported by the University of Florida Agricultural Research and Education Center, Celery Avenue. Recorded rainfall for the period, ending at 9 a.m. Wednesday, totaled 0.1 inches. The temperature at 9 a.m. today was 66 degrees and Wednesday's overnight low was 65, as recorded by the National Weather Service at the Orlando International Airport.

NATIONAL TEMPS

Table with columns: City, Hi, Lo, Prc, Oth. Lists temperatures for various cities like Anchorage, Atlanta, Baltimore, etc.

## POLICE BRIEFS

### Two arrests for shoplifting

Two shoplifting arrests were made Monday by area police:  
 ●Danyale Ruffin, 18, 36 Castle Brewer Court, Sanford, was arrested by a Sanford policeman after a K-9 art security officer reported seeing her attempt to leave the South Orlando Drive store without paying for \$95 in clothing discovered in a bag.  
 ●Cheryl L. England, 34, 1190 U.S. Highway 17-92, No. 12, Longwood, was arrested by a Longwood policeman after employees of the Albertson's on South U.S. Highway 17-92 reported she attempted to leave the store without paying for \$19 in merchandise.

### Warrant arrests

The following wanted persons have been taken into custody:  
 ●Geoffrey Michael Valls, 23, 609 Fox Valley Drive, Longwood, on a worthless check warrant.  
 ●James Peter Kelly, 31, 473 Sun Lake Circle, Apt. 205, Lake Mary, brought in to custody by a bail bondsman on a charge of failure to appear in court to answer to a battery charge.  
 ●Jonathan Orth Oleson, 19, 316 Evandale Road, Lake Mary, served with nine probation violation charges in the Seminole County Jail, stemming from four burglary and grand theft convictions and an attempted burglary conviction.  
 ●Carl Allen Lowe, 38, 4278 N. County Road 426, Geneva, arrested at home on a charge of failure to appear in court to answer to a drunken driving charge.

Luke Wooden, 27, 1900 W. 18th Street, Sanford, turned himself in to Sanford police Saturday. He was wanted on a warrant issued in Seminole County.

### Domestic violence cases

●Roderick Lamar Mills, 24, 108 Academy Avenue, Sanford, was arrested by Sanford police Saturday. Officers said he had been involved in an altercation with a female in a vehicle at 6th Street and Pecan Avenue. He was charged with domestic violence, battery.  
 ●Roger David Ramesar, 29, 2105 Hartwell Avenue, Sanford, was arrested by Sanford police at his residence Saturday following a dispute with his sister. He was charged with domestic violence, battery.

### Traffic stops

●Shawn Richard Sawyer, 21, 309 Poinsetta Avenue, Sanford, was stopped on C.R. 427 by sheriff's deputies Saturday. He was charged with driving with a suspended/revoked license.  
 ●Darryl Edward Hall, 27, 404 Satsuma Drive, Sanford, was stopped by Sanford police at Airport Blvd. and Old Lake Mary Road Sunday. He was charged with driving with a suspended/revoked license, habitual.

### Crimes reported to authorities

The following crimes have been reported to Seminole County deputies and Sanford police:  
 ●Eight vehicles parked along Heathrow's South Spaulding Cove were reported burglarized between 11:30 p.m. Sunday and 6:30 a.m. Monday. Losses of \$2,160 and damages of \$1,250 were reported.  
 ●A double-barreled 16-gauge shotgun and a Buck knife were reported taken from a Geneva home in the 500 block of Osceola Road sometime Monday between 8 a.m. and 5 p.m. The victim reported the shotgun's shoulder pad had a nick in it and the knife tip was broken.  
 ●A resident a rooming house in the 1800 block of Southwest Road, in Lockhart's subdivision, reported the theft of a television and stereo, rented only two weeks ago, sometime between 3 p.m. Sunday and 9:30 a.m. Monday. The loss was estimated at \$888.  
 ●A \$300 video tape recorder was reported taken from a residence in the 900 block of West 11th Street of Sanford at 10 p.m. Monday.  
 ●A video tape recorder was reported taken from Upsala Community Church, 101 Upsala Road, Sanford, sometime between 1:30 p.m. Thursday and 8:30 a.m. Monday.

# Selling NAFTA a little easier?

By TOM RAUM  
 An AP News Analyst

WASHINGTON — No one scored a knockout in the televised debate on the North American Free Trade Agreement. But Vice President Al Gore's strong performance may make it easier for the administration to sell its case to wavering lawmakers.  
 That's because Tuesday's curious debate between Gore and Ross Perot on CNN's "Larry King Live" was the most extensive public airing yet of the issues involved in the complicated trade agreement.

And that could work to the White House's advantage, with just a week to go before Wednesday's critical House vote on the pact to end trade barriers among the United States, Mexico and Canada.

Up to now, the opponents clearly had the upper hand in presenting their case. But Gore managed to get before the public a point-by-point rebuttal to the opposition's main contentions that the agreement will send U.S. jobs to Mexico.

If Perot had dominated the debate, it could have buried the administration's efforts — making it very hard to persuade undecided Democrats to take the political risk of supporting the pact.

As it is, Gore managed to keep the administration's hopes alive. Early polls suggested that viewers thought Gore outdebated Perot.

A CNN-USA Today-Gallup poll — based on 357 telephone interviews with adults who watched the debate — showed that 59 percent thought Gore did a better job; 32 percent thought Perot did.

The same poll showed that 72 percent said they had a favorable view of Gore after the debate — compared to 57 percent before. Perot's favorable numbers went from 49 percent before the debate to 45 percent after it.

"Perot was flat, testy, defensive, the famed Ross Perot sense of humor seemed little in evidence. Gore on the other hand was clear and much more focused than Ross Perot," said Allan Lichtman, a political scientist at American University.

"If you're going to play the politics of fear, you darn well better scare people. Perot didn't do that," Lichtman said.

Perot had charts and photos. Gore had charts and photos. The two argued at great length at

who was interrupting the other the most. And both repeated arguments that both sides had used before.

But for once, the arguments appeared side by side. And Gore clearly had done his homework, rattling off facts and figures and mentioning how the agreement would affect specific companies.

The decision for Gore to challenge Perot carried a big political risk.

"I was uncertain about whether it was a good idea," former President Jimmy Carter said in an interview. "I was pleasantly surprised."

Carter, who supports the agreement, predicted undecided lawmakers would now be emboldened to come out for the pact. "This debate will make it easier for them to face the political consequences at home," he said.

Nervous Democrats "can say: if that's the strongest argument the opponents can make, then Ross Perot can make, then NAFTA can't be all that bad. I can take him on," said Democratic consultant Ann Lewis.

## Researchers tiptoe toward suggesting a drink a day

By PAUL RABURN  
 AP Science Editor

ATLANTA — After years of debate over whether alcohol reduces the risk of heart disease, some researchers are reluctantly beginning to admit that nondrinkers might be wise to pour themselves a glass of wine with dinner.

"The data support that quite strongly — a small amount of wine with meals is a healthy lifestyle," Dr. R. Curtis Ellison of Boston University said Tuesday.

The focus on wine comes from continuing studies of one of the most intriguing puzzles about the cause of heart disease:

How can the French devour buttery croissants, drench their fllet mignon in bear-naise sauce and follow it with Camembert cheese or creme caramel while still maintaining one of the world's lowest rates of heart disease?

The French death rate from heart attacks caused by clogging of the coronary arteries is about 75 deaths per 100,000 people each year. In the United States, the rate is more than double: about 200 deaths per 100,000 people.

Yet the French diet is even higher in fat than the American diet. Americans get about 22 percent of their calories from fat; the French 25 percent.

Evidence increasingly suggests that this so-called French paradox is probably due to yet another French passion: wine.

New studies reported this week at a meeting of the Ameri-

can Heart Association are adding to the evidence that a glass of wine, or even a beer or a scotch-on-the-rocks, cuts the risk of heart disease.

Dr. Arthur Klatsky of the Kaiser Permanente Medical Center in Oakland, Calif., said he has found that red wine and white wine are equally protective, dispelling the notion that red wine might confer special protection.

He also found that wine was slightly more protective than beer, and beer was a little better than liquor.

Despite the evidence, researchers have avoided recommending a daily drink, worrying about the potential for alcohol abuse. But the evidence is now becoming convincing enough that some researchers are suggesting that certain patients might be advised to have a drink — or at least not to quit drinking.

Ellison said he would recommend a daily drink only if he could be sure that a patient was not likely to become a heavy drinker.

The problem, countered Dr. Michael Criqui of the University of California at San Diego, is that "you don't know their abuse potential."

"There are so many people looking for an excuse to start drinking more," he said. "It would be inadvisable to advise nondrinkers to drink," Klatsky said. But he said a moderate drinker who wanted to give up drinking might be advised to continue.

International Development buys the same implantable contraceptive in Third World countries for \$23.

But Detch called that "an apples and oranges comparison." Wyeth does not sell Norplant outside the United States. The \$23 is a price a foreign manufacturer charges public agencies "in a few developing countries" for bulk supply of capsules alone, not the surgical kits, he said.

## Contraceptive maker questioned on prices

By CHRISTOPHER CONNELL  
 Associated Press Writer

WASHINGTON — An Oregon congressman wants to know why an American drug company charges \$365 for the implantable contraceptive Norplant that is sold in some Third World countries for \$23 with U.S. taxpayer support.

Rep. Ron Wyden, D-Ore., said Wyeth-Ayerst Laboratories' pricing of the breakthrough contraceptive is the latest example of a manufacturer charging high prices in the U.S. market for a product developed partly through government-backed research.

"It is one matter when private companies shoulder the bulk of the risk. It is quite another when the U.S. taxpayer does much of the heavy lifting," Wyden charged in a statement.

The company defended its pricing of the popular, under-the-skin, five-year contraceptive, saying it was cheaper than the pill and not much more expensive than condoms.

Medicaid programs already get Norplant at a 16 percent discount.

The issue was being aired today at a hearing of Wyden's House Small Business subcommittee on regulation and technology.

The Clinton administration has raised the heat on the pharmaceutical industry as part of its drive to combat soaring medical costs. Many firms have agreed voluntarily to limit price

hikes to the general rate of inflation.

But industry critics say many popular drugs are priced too high to begin with.

Just last week, Rep. Pete Stark, D-Calif., chairman of the House Ways and Means health subcommittee, accused Du Pont Merck Pharmaceutical Co. of price gouging for its plan to repackage the blood-thinner Coumadin and three other drugs now sold to hospital pharmacies in individual packages for a few pennies apiece.

In the new, 100-pill bottles, the drugs would cost up to 50 cents apiece.

Dr. Marc W. Detch, Wyeth-Ayerst's vice president for medical affairs, said Norplant's price works out to 20 cents a day over five years, which is "considerably less than the price of oral contraceptives."

The pill costs \$1,481 over five years, diaphragms \$782, an IUD \$326 and male condoms \$312, he estimated in prepared testimony.

He questioned how "a significantly improved product" in the same price range as other contraceptives could be deemed overpriced.

The \$365 price includes a surgical kit for doctors to insert the six match stick-sized rubber capsules.

Women also must pay doctor fees — often from \$150 to \$200 — for inserting Norplant and eventually removing it from their upper arms.

### For Personal & Commercial Insurance



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# Editorials/Opinions

## Sanford Herald

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Wayne D. Doyle, Publisher and Editor

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### EDITORIALS

## Duany plan would improve all of Sanford

The development of standards to revitalize a portion of Sanford's historic residential district have been slow. Andres Duany first began compiling the suggestions almost two years ago.

The Historic Preservation Board has already discussed the Duany project at length. The plans finally reached the Sanford City Commission on Monday of this week.

Although still in the consideration stage, some of the ideas are now beginning to show an expanded value. A few suggestions may even be carried over to other parts of the city.

We see this as a good move. Many of Duany's proposals for the preservation of the historic area would help improve all of Sanford.

This appears to be what members of the City Commission are working toward. During Monday's work session, commissioners discussed expanding some of the maintenance standards beyond the historic district.

Although it may appear as a minor change, even a reduction in the allowable height for lawn grass and weeds would make all of Sanford more beautiful.

A number of suggestions were stricken from the Duany proposals. They were determined not to be directly related to the architectural guidelines which are the main goal of the plan. Many of them will not be forgotten however. Some are already contained in the city's planning codes, while others may be added separately.

Even though the Duany plan is aimed at just the area he has labeled as "Old Sanford," it is clearly not his idea to ignore the rest of the city.

In a statement made during a Charrette when he first started his planning, Duany said, "The reputation of Old Sanford cannot be weighed down by all the terrible stuff along its edges. The Historic District as currently drawn, is too tight. It is too specialized since it only cares about historic structures."

He continued, "It is obvious that there are a lot of additional structures that are quite wonderful." He added however, that people have commented about some of these "additional structures," as being crack houses, houses of prostitution, or littered with trash.

Duany suggested these problems must be eliminated in order to restore the image people get of Sanford.

We applaud the commission's initial venture into these plans. We hope they will not only continue considering improvements for Old Sanford but expand further into the city.

Andres Duany, members of the city commission, and a large number of residents agree that there is much potential in all of the residential as well as commercial districts of our city.

We see this as a starting point to bring this potential into reality.

### LETTERS

## Suggestions for downtown

Well, I must say the downtown of Sanford looks so much better. When people put their minds together instead of jealousy, something nice can happen. I saw what looked like fresh rye grass growing in that ugly corner, vacant lot. Not enough to make fresh rye bread to go with those planters sticking out into the street. I realize labor is very expensive but the Florida employment could furnish a lot of young people needing jobs to build their self-esteem. These young people need that also. Of course a contractor is needed to take care of office affairs and experience to guide these first-time wage earners. If they see how hard it is to put up they will think twice about tearing it down.

Now let's see how this can be turned around for some good. There are two buildings with blank walls staring you in the face when you turn into the street; that's bad, so on the large and tall, empty wall, a beautiful mural of Lake Monroe, the park and boats. Have the water extend all the way to the top with landscaping as it is all in the mural; it will last for years in regard to the changing skyline. The other wall is a restaurant with a blank wall also. Let's put a mural there of Lake Monroe with iron railings and with tables and flowers like in Paris or the Three Sisters in New Orleans.

Now I guess you wonder just where will the art be found to do these beautiful murals. From our own college art classes in Seminole and Orange counties. Where else? Have a contractor again oversee using the same ladders and scaffolding, but let our students put everything up all around that tall building. No junk now, real art from their souls. Their first job will be with them all their lives.

Mary R. Jolly  
Sanford

### BEN WATTENBERG

## Good for business: America grows

New population projections from the Census Bureau show, once again, that America will grow more rapidly than expected. The change from last year's all-but-ignored projections are small but important; the change from five years ago is stunning. We are moving away from a demographic glide path that was heading from low-growth, to no-growth, to population loss. The new trajectory is something quite different: ongoing, moderate demographic lift-off. The implications are powerful, affecting business, economics, social policy and geopolitics.

Consider the difference in projections issued in 1988 and 1993: The earlier one showed the 1990s as a slow-growth time with a net add-on of 17 million people, the lowest number in recent decades. The revisions show growth of 26 million people, only slightly trailing the record-setting Baby Boom 1950s.

Longer-term changes are starker. For the year 2010 — not so far away — the earlier projections showed 32 million more people; now it's 49 million. By 2015 we will have grown by 62 million — adding one France!

The earlier projections showed a plateau by about 2025, and population diminishment thereafter, reversing America's oldest trend. The

new line shows 337 million people, 86 million more than the 251 million of 1990. Amen! We remain a vigorously growing nation, as ever.

The value of more population can be argued pro and con in many ways. But for business, certainly for existing businesses, the effect is salutary, dwarfing any temporal good economic news. Thus, it's nice to hear that the Gross Domestic Product is slightly higher and the budget deficit somewhat lower than expected. But more population growth offers big-time and long-term meaning: more customers. Eight million more in the 1990s will yield a "customer boom," in



America will grow more rapidly than expected.

some ways similar to the 1950s.

For example, look at housing and real estate, suffering now from a condition described as "overbuilt." That is only another way of saying "underpopulated." The 8 million extra Americans will live somewhere and work somewhere. They will fill up the existing stock (including the infamous "see-through" office buildings) and then trigger more building, and more sales of drapes and dishwashers, let alone bicycles, clothing and Halloween candy.

Why are we growing? Two major reasons: more immigration and higher fertility, much of which comes from newer immigrant groups.

The extra immigration — legal immigration — comes from the Immigration Act of 1990. The birth rate has increased across the board, with the biggest rise occurring among Hispanic Americans. The 1998 projections were based on 1.8 children per lifetime per woman; the current projections are keyed to a 2.1 rate. (Fertility began going up exactly nine months after the publication of my book, "The Birth Death.")

And so, we are becoming a more variegated nation, bubbling every which way.



### ELLEN GOODMAN

## Don't ask, don't tell won't work

BOSTON — It is morning when people begin to line up at the daily tell-all talk shows. At 11 a.m. cheating fiances are on Sally Jesse Raphael. Ostracized pregnant teens are on Montel Williams. Self-described male chauvinists are on Ricki Lake.

A bit later, a mother, her teen-aged son and the girlfriend he admittedly abused all air their wounds to Maury Povich. Single mothers who can't get dates appear with Jan Whitney.

By afternoon, a woman is telling Phil Donahue that she falsely accused her mother of sexual abuse. Parties in a custody dispute are pleading their case in Oprah Winfrey's court of public opinion.

The spirit of boundless openness, irrepressible self-expression, and gawd-help-us sharing pervades the entire land. We air our linen, dirty and otherwise, on the airwaves. We live in a cultural climate of true confession.

Yet this is the very culture in which the Clinton administration is now scrambling to defend a compromise policy on gays in the military, a policy that wears the motto: Don't Ask, Don't Tell, Don't Pursue.

Don't Make Me Laugh. Such a policy may work in England where people wear discretion on their lapels as a national insignia. But in America we are more likely to wear our hearts on our sleeves. We do ask and increasingly we do tell.

Indeed what brought us to this new chapter — what is it? Chapter 12 on Gays in the Military? — was the revelation by Petty Officer Keith Meinhold that he was homosexual. He told — on television of course — and the Navy pursued. They discharged Meinhold, who went to court for reinstatement.

A California judge then ruled that the secretary of defense couldn't discharge or deny enlistment to any person based on sexual orientation. Months later, the same judge extended the ruling to protect all military personnel. His response to "don't ask, don't tell" was don't implement.

But the Clinton administration asked for and won "emergency relief" from the Supreme Court. On Oct. 29, the court lifted the part of the order that went beyond Meinhold's case to encompass the entire military. The future of "don't ask, don't tell" will be murky until the Ninth Circuit Court rules on the appeal it will hear next month.

So the Clinton Justice Department is now arguing ferociously for a stand the president was forced to accept. If this were a talk show Clinton would appear as what? Men Who Compromise Too Much?

Last January, the new president promised to lift the ban on gays in the military and all hell broke loose in the Pentagon and the Congress. Back then, Clinton said, and apparently believed, that allowing gays and lesbians to serve openly wouldn't harm the military. Now,

his solicitor general is assigned to argue that it could cause "irreparable harm."

I understand the need for compromise, for politics is the art of the possible. This is a president who has also appointed openly homosexual people to high-ranking jobs. But this is just the sort of double-take that makes people wonder whether Clinton has more political skills than principles. Like many a good lawyer, he has the unsettling habit of moving step by logical step until he is arguing against his own original beliefs.

More to the point, this is a president who understands the culture of confession. As a candidate, this baby boomer was routinely compared — favorably — to talk show host and guest.

He first came into our living rooms talking about his marriage on 60 Minutes. Having passed that openness test he told us his feelings: about his stepfather's alcoholism, the abuse of his mother, and his half-brother's drug problems. He barely flinched when another half-brother popped up from the distant past. Like it or not, the tenor of times is openness and he sings like a tenor.

This same president cannot possibly believe that a policy upholding the closet is going to work. Under the new rules, gays can serve as long as they can pass. In this nice, neat, theoretical world no one will ask a soldier about sexual orientation, nor will any soldier ever utter a forbidden word.

But silence is not golden in the 1990s. Silence is considered a taboo to be broken. This is not the Age of Innocence when discretion is everything and repression is valued. It's the age of Phil, Oprah, Sally, Maury.

Don't ask, don't tell will never survive. But thank you, anyway, as they say, for sharing.



Don't Ask, Don't Tell, Don't Pursue, Don't Make Me Laugh.

### JACK ANDERSON

## Threat of nuclear terrorism grows

WASHINGTON — The two great fears in the U.S. intelligence community are a "spectacular" anti-American explosion by a Palestinian rejectionist group — and, a little farther down the road, the acquisition and possible use of a nuclear weapon by an Iranian-sponsored terrorist group.

Though there has been no "spectacular" terrorist incident in the United States since the World Trade Center bombing earlier this year, the United States continues to be the top target of terrorists, according to our sources in the Central Intelligence Agency and State Department.

The next most likely attack will come from one of more Palestinian rejectionist groups aiming to foment dissent toward the PLO-Israeli accord signed at the White House in September. According to sources, the United States is the primary target of terrorists because its politics, values and culture

are directly opposed by many terrorist groups and because the United States has an extensive official and commercial presence overseas.

Last year alone, 40 percent of all international terrorist incidents were directed against the United States. The next most threatened countries were Israel, other Western democracies, moderate Arab governments and Latin American democracies.

The most dangerous continued trend in terrorism is its support and sponsorship by countries that supply money, direction, training and safe haven. Without state sponsorship, many terrorist organizations would only be a ghost of their former selves and the chief terrorist danger in the future would focus on lone fanatics.

Each year, in response to a congressional law, the United States compiles a list of terrorism-sponsoring nations that then suffer trade and other restrictions from the United States. This year, Libya, Iran, Iraq, Syria, Cuba and North Korea are listed as state sponsors of terrorism.

But Iran gets top honors. It stands out from the pack as the largest single terrorist threat and the country with the most extensive worldwide terrorism network.

Easily the greatest concern to the CIA is Iran's appetite for nuclear weaponry. Internally, the Iranian government's push for domestic nuclear bomb production is labeled "the great secret plan." Iranian President Khatami Rahnajani is speeding this Teheran-style Manhattan Project along, devoting more time and resources to it.

Most alarming, in the meantime, a highly classified report prepared for President Clinton by the CIA says there is a high probability that Iran has already acquired two nuclear warheads from a former Central Asian republic of the Soviet Union. The report says Iran is not believed to have a "delivery system" capable of using these warheads yet. These two bombs have a destructive capacity several times greater than the bomb used in Hiroshima in World War II.

Iran has reportedly already paid for four other warheads from the former Soviet republic of Kazakhstan, but these have not been delivered. The deal began with a visit by the republic's minister of Transportation to Teheran in April 1992. The following August, senior Iranian officials met with top Kazakh officials and consummated the plan. Iran has fully paid for the warheads, which Kazakh officials pretend have been destroyed as part of ongoing arms negotiations with Russia and the United States.

Rahnajani's "great secret plan" for developing and producing indigenous Iranian nuclear bombs involves setting up competing centers for nuclear weapons production among different government agencies.



The United States continues to be the top target of terrorists, according to sources in the CIA and State Department.

### LETTERS TO EDITOR

Letters to the editor are welcome. All letters must be signed, include the address of the writer and a daytime telephone number. Letters should be on a single subject and be as brief as possible. The letters are subject to editing.



### Golden Age Games results

**GOLF, HANDICAP 7:30 a.m.**

- Men**  
**Age group: 60**  
 1. Ralph Neena, 64
- Age group: 65**  
 1. Lloyd Graves, 67  
 2. Robert Francis, 69
- Age group: 70**  
 1. Robert H. Kojancic, 70  
 2. Fern Conghlin, 71
- Age group: 75**  
 1. Bruce McKenney, 75  
 2. James McKenney, 77  
 3. Vincent Butler, 79

**GOLF, HANDICAP 1 p.m.**

- Men**  
**Age group: 55**  
 1. Ray Goldwire, 58
- Age group: 60**  
 1. Wayne Oaks, 62  
 2. J. Henry LaCombe, 63  
 3. Donald Randle, 60
- Age group: 65**  
 1. Carl W. Godzeski, 67  
 2. Mark Serio, 69  
 3. Boo Boo Schwartz, 68
- Age group: 70**  
 1. Norman L. Olin, 74  
 1. Charles Greene, 71  
 2. Francis E. Kelly, 74  
 3. Kenneth F. Rowell, 73
- Age group: 75**  
 1. Homer D. Madison, 76  
 2. Jack Turner, 77
- Age group: 80**  
 1. Howard Peritts, 81  
 2. Richard Dillon, 82  
 3. Kermil L. Schultz, 83

**Women**

- Age group: 60**  
 1. Essie M. Morrison, 64  
 2. Shirley Blake, 64  
 3. Bette R. Gramkow, 60
- Age group: 65**  
 1. Rose H. Gibson, 68  
 2. Phyllis Norgart, 65  
 3. Fay Cohn, 68

- Age group: 70**  
 1. Helen Blahnik, 71  
 2. Billie Goodman, 72
- Age group: 75**  
 1. Billie Tovel Terwilliger, 78

**BADMINTON, SINGLES**

- Men**  
**Age group: 65**  
 1. Gordon Baum, 69  
 2. Carl Mays, 67
- Age group: 70**  
 1. Ralph L. Aubuchon, 73  
 2. Ozzie Whitman, 72
- Age group: 75**  
 1. David A. Field, 76  
 2. Rudy Eckhardt, 78  
 3. John M. Cress, 77

**Women**

- Age group: 55**  
 1. Betsy Robinson, 55
- Age group: 70**  
 1. Kay Thomson, 70  
 1. Carla Convery, 73

**CRIBBAGE**

1. Ted Depizol  
 2. Nick Groudan  
 3. Irene Stearns

**DOMINOES, SINGLES**

1. Norma Duff  
 2. Wilson Gordon

**BILLIARDS ROTATION**

- Women**  
 1. June L. Strine  
 2. Bernice Klemschmidt  
 3. Harriet Boyd

**BILLIARDS 8 BALL**

- Women**  
 1. June L. Strine  
 2. Helen Huff  
 3. Bernice Klemschmidt

**BASKETBALL**

**SPOTSHOOTING**

- Men**  
**Age group: 55**  
 1. C. J. Hancock, 57  
 2. John Kahn, 55  
 3. James P. Passillo, 56

- Age group: 60**  
 1. Donald L. Parkes, 63  
 2. Ted Sjogren, 61  
 3. Thomas Goode, 61

- Age group: 65**  
 1. Carl Mays, 67  
 2. Michael Faceolli, 66  
 3. Eugene Nowell, 66

- Age group: 70**  
 1. Ed Arbo, 72  
 2. Bob D. Ashton, 72  
 3. Gilbert L. Beers, 70

- Age group: 75**  
 1. John M. Cress, 77  
 2. Russell G. Stone, 77  
 3. Rudy Eckhardt, 78

- Age group: 80**  
 1. Donald V. Rutenour, 81
- Age group: 85**  
 1. Leonard F. Stone, 87

**Women**

- Age group: 55**  
 1. Betsy Robinson, 55
- Age group: 60**  
 1. Alice C. Rogers, 60  
 2. Rose Harkness, 61

- Age group: 65**  
 1. Kate DeAngels, 66

- Age group: 70**  
 1. Harriet Boyd, 70  
 2. Carla Convery, 73  
 3. Marie Louise Holbert, 71



**Concentration**

Carey Reeves, left front, from Sanford, and Pay Thompson, right, from Lake Mary, concentrate on their game of cribbage Tuesday in the Golden Age Games.



**Cue in on a win**

June Strine, a Sanford city employee, cues in on winning the gold yesterday in Women's Rotation Billiards.

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# Speedworld 'rolls over' into new season

By PAUL MARSEGLIA  
Special to the Herald

**BITHLO.**— Orlando Speedworld and FASCAR (Florida Association of Stock Car Automobile Racing) opened the 1994 racing season Friday night with a wild evening of racing spiced with three rollovers and plenty of slam-bang action.

Dave Debellus scored his first Late Model win in three years in the 25-lap headliner.

Debellus was running in third position and closing on the lead duo of Ricky Wood and Tuffy Heater when Heater tapped and spun Wood. Both Wood and Heater went to the rear of the field for a restart with Debellus taking the point.

Debellus took the checkers four car-lengths in front of Forrest Goff, making just his second appearance at Orlando SpeedWorld, finished ahead of Wood, Scott Reeves and Heater.

Bruce Thompson won a wheel-to-wheel with Ed Merdith to claim the Modified win. Bentley Mead, Glen Carter and Bobby Owens trailed.

A wild Sportman feature victory went to Barbara Pierce as nearly every car in the field received some kind of damage in a long 15-lap affair.

Robert Eddleman, who won the heat race, scored a career beat second place with Jim Robinson, David Gould and Paul Colgan rounding out the top five.

Other winners were Michael Williams (Limited Late Model), Bobby Sears (Mini Stock), Glen Castro (Bombers), John Pregont (Run-Abouts), Kenny Campbell (Mini-Bombers) and Debbie Santo (Four-Cylinder Enduro).

Brian Cotrell escaped uninjured from a wild rollover in the Run-About feature. Jeff Newton and Chet Lucas also rolled their mounts in other racing action. Neither driver was injured.

# Showers puts borrowed ride in victory lane

Special to the Herald

**BARBERVILLE.**— David Showers showed up in a borrowed car Friday night at Volusia County Speedway, but when the St. Augustine driver was ready to leave, he had another trophy from the facility's new dirt track.

Showers, who had sold his car earlier, came over to the track to work out the bugs in a car for Mike Haney. While the car was not up to snuff for Showers, it was good enough to pull away from the rest of the 16-car field in the 25 lap Pro Late Model feature.

"I sold my car and figured I needed to go out and race something," Showers told track announcer Tom Tipton in the winner's circle. "The car's not running up to par, but we'll have it running better next week."

Showers took the checkered flag ahead of Wayne Shugart, Joe Hall, Gary Flynn and Mitch Kilpatrick.

In other divisions Friday night, Shane Williams grabbed the Pro Stock feature, Tom Mulligan claimed the Mini Stock main and Kenneth Hall took home top honors in the Hobby Stock finale.

Williams, Bobby Layman and John

# Governor's Cup on Nov. 27

By PAUL MARSEGLIA  
Special to the Herald

**SAMSULA.**— The 29th annual 200-lap Governor's Cup Late Model Championship has been scheduled for Saturday, Nov. 27, at New Smyrna Speedway.

The Governor's Cup, hailed as the Super Bowl of Late Model stock car racing in the Sunshine State, dates back to 1965.

The race was first hosted by the old Golden Gate Speedway in Tampa under Frank Dery's promotion. Haydon Burns, Florida's governor at the time, arranged for the trophy and a great tradition was begun.

The prestigious event is a memorial to Al Keller, a Buf-

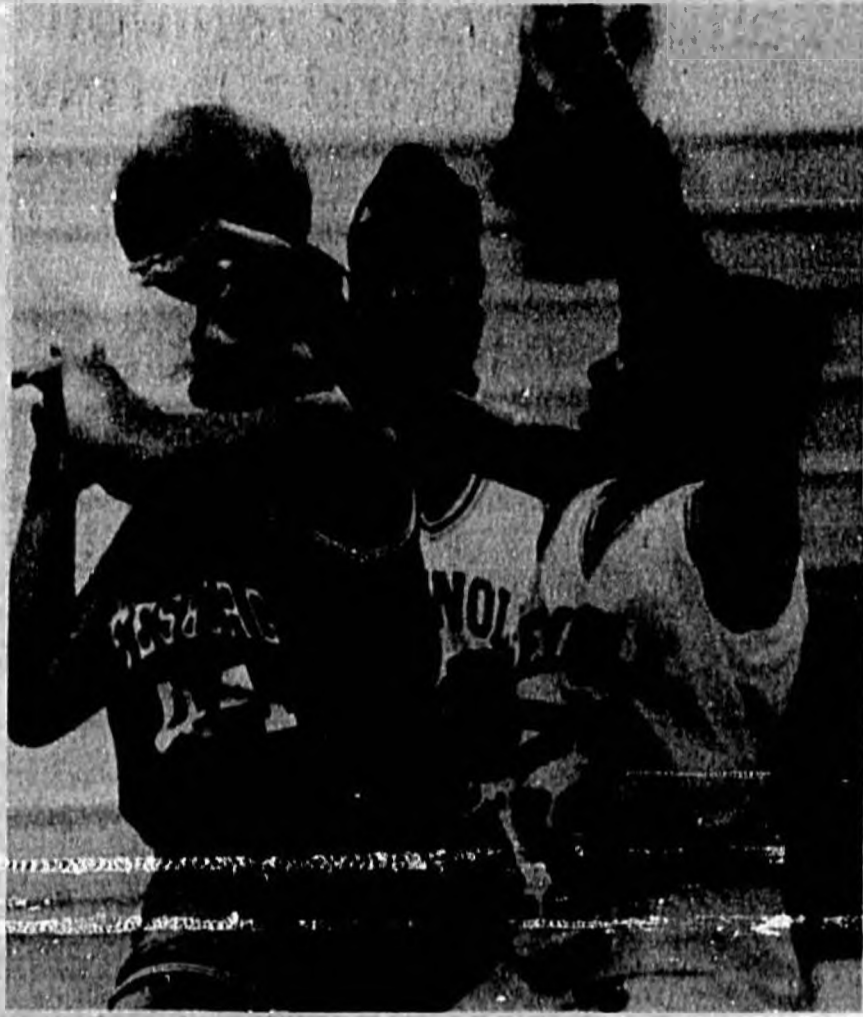
falo, N.Y. transplant, who successfully campaigned stock cars, midgets and modifieds throughout Florida.

In 1981, Keller notched a fifth-place finish in the Indianapolis 500, from a 28th place starting position. That same year Keller lost his life at Phoenix, Arizona, after setting a new track record.

The race was conducted at Golden Gate Speedway until 1983. After a five-year layoff, it was resumed at the half-mile high banked oval of New Smyrna Speedway.

Top drivers and teams from throughout the Southeast usually compete in this event.

Georgia's Bobby Gill is the three-time defending champion of the race.



Herald Photo by Mark Harris

Mincee Hampton (No. 22) helped Seminole control the boards in the Seminoles' victory over the Leesburg Yellowjackets Tuesday night, collecting 10 rebounds to go with 10 points.

# Seminoles

Continued from 1B the scoring one quarter, then two other girls doing the scoring the next quarter."

Junior Tenneshia Eason led the Seminoles with 14 points, 12 rebounds, and eight assists. Sophomore Mincee Hampton added 10 points and 10 rebounds. Belinder Morgan also had 10 rebounds to go with four points.

While they scored a total of 12 points, freshmen guards Dana Merrick, Katrina Southward, and Haneefah Miller made key contributions to the Seminole victory.

"All three of our freshmen guards played extremely well," said McNamara. "They did a nice job."

According to McNamara, where the freshmen and the rest

of the Seminoles excelled was on defense, hounding Leesburg into turnovers, crashing the boards for rebounds, and not allowing the Yellowjackets to score more than 13 points in any one quarter.

"That (the defensive effort) is the big thing," McNamara said. "If we can keep the other team from coming across midcourt too many times, we'll be all right."

"We have a bunch of scrappy girls. They may be small (sophomore Anitra Lanier is the tallest Seminole at 5 feet, 9 inches), but they did good job of getting position and rebounding."

Seminole will play again this evening, travelling to Daytona Beach to face the Mainland Buccaneers. The junior varsity game is scheduled to tip off at 5:15 p.m. with the varsity contest to follow at 7 p.m.

# Silver Hawks

Continued from 1B

Marie Gonzalez sidelined, sophomores Stacey Gump, Jill Mathias, and Allison Duncan have been thrown into the fray early. Against Boone, Mathias collected 11 points while Gomes and Duncan contributed key rebounds.

Lake Howell got off to a slow start against Boone, falling behind 12-4 in the game's first 3:44. Led by Graves, the Silver Hawks outscored the Braves 23-10 over the rest of the half, taking a 27-22 lead into halftime.

Graves scored 14 of Lake Howell's points during the run, collecting six rebounds and a pair of assists.

While the Silver Hawks weren't really challenged during the second half, never leading by less than four points, the Braves wouldn't go away, closing to within five points on four different occasions during the third quarter.

Finally, with less than four minutes to play in the game, Lake Howell finally opened up some breathing room. Leading by six points after Jenny White's basket cut the deficit to 47-41 for Boone, the Silver Hawks went on a six-point binge to go up 53-41.

Over the game's final 3:21, Lake Howell outscored Boone 10-3.

Despite being hampered by an injured right thumb and wrist, junior point guard Kelly Kohn led the Silver Hawks in the second-half, passing out six assists and scoring four of her six points.

Christina James, who sat out much of the first half with foul trouble, came back strong in the second half to finish with 12 points and eight rebounds for the Silver Hawks. Eight of her points and five of her rebounds came in the final two quarters.

Carmen Barner also had eight rebounds for the Silver Hawks. Wendy Lindberg contributed a basket, a rebound, and a steal.

Codrey said that every point, every rebound was crucial.

"We're very fortunate to be off to this kind of start," said Codrey. "We've played some good teams already. We wouldn't be 3-0 if everyone weren't contributing in one way or another."

The Silver Hawks will try to stretch the win streak to four games on Thursday night, when they travel to Port Orange to play Spruce Creek in a 5A-District 4 contest.

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185-80R13	195/80SR14	235/75R15
185-75R14	185/80SR15	235/75R15
215-75R16	225/60R16	31x10.50R16
Blackwall	245/50HR16	
185BR13		
175/70R13		

**COUPON**

**WHEEL ALIGNMENT**

**\$12.99**

8 Mo. Warranty

**ROTATE & BALANCE**

**TWO TIRES**

**\$9.99**

**BRAKE \$49.99**

**SPECIAL**

Pads & Shoes / Turn Factor  
Greases / Wheelie Parts Extra  
\*Front or Rear (most cars)

TIRE EXPRESS

GoodyearB.F. Goodrich



## Mycoff

Continued from Page 4B

**chopped**  
 1 cup cut fresh corn  
 1 tsp. salt  
 2-3 tsp. chili powder  
 1/2 tsp. red pepper  
 2 cups chopped fresh tomato  
 1 can (8 oz.) tomato sauce  
 1 can (15 oz.) red kidney beans, undrained  
 1 cup water  
 Combine carrots, celery, onion, garlic and 1/2 cup water in 3-quart casserole. Cover.  
 Microwave on 100 percent power 8-7 minutes or until just about tender. Add zucchini, eggplant, corn, salt, chili powder and red pepper. Cover.  
 Microwave on 100 percent power 10-12 minutes or until vegetables are tender, stirring once. Stir in tomato, tomato sauce, beans and 1 cup water. Cover.  
 Microwave on 100 percent power 16-18 minutes or until flavors are blended, stirring once.  
 About 8 servings.

You don't have to travel 'South of the Border' to enjoy this favorite casserole combination.  
**CHILI CASEROLE**  
 2 cups uncooked macaroni  
 1 lb. lean ground beef\*  
 1 small onion, chopped  
 1/2 cup chopped green pepper  
 1 can (15 oz.) chili beans  
 1 can (8 oz.) tomato sauce  
 1/2 tsp. salt  
 2 tsp. chili powder  
 1/2 tsp. cumin

1 tomato, chopped  
 1/4 cup shredded Monterey Jack cheese  
 Cook macaroni as directed on package. Drain, rinse and set aside. Crumble ground beef into 2 1/2-quart casserole. Add onion and green pepper.  
 Microwave on 100 percent power, uncovered, 5-6 minutes or until no longer pink, stirring once. Stir to break meat into pieces; drain. Stir in chili beans, tomato sauce, salt, chili powder, and cumin. Lightly mix in macaroni. Cover with casserole lid.  
 Microwave on 100 percent power, 9-10 minutes or until heated through, stirring once. Stir in tomato and cheese; let stand a few minutes before serving.

\*Ground turkey can be substituted for half or all of the ground beef.  
 If it's just chili con carne you're wanting, this version for the microwave is delicious and quicker than most.

**CHILI CON CARNE**  
 1 1/2 lbs. lean ground beef, crumbled  
 1 onion, chopped  
 3 cloves garlic, minced  
 1 (28 oz.) can tomatoes, undrained, chopped  
 2 (16 oz.) cans red kidney beans, drained  
 1 bay leaf  
 2 tsp. beef bouillon granules  
 3 Tbsp. chili powder or to taste  
 1 tsp. ground cumin  
 1/2 tsp. dried oregano

## Cook

Continued from Page 4B

especially love to bake something sweet," she said. However, her cooking skills were "fine tuned" when she was 16 years old and was living with her father. "Having dinner ready each night was my responsibility and I must admit I've turned out to be a pretty darn good cook," she said.

On the sweets side of baking, Todd said, "My recipe for Blueberry Streusel Coffee Cake is a hit each and every time I make it." She went on to explain that "it's not a real involved or costly dessert to make."

A little more involved, however, well worth the investment in preparation time, is Peanut Butter Cream Pie. This particular dessert, Todd said, "will go a long way as it is a very rich but, yet, wonderful tasting pie," she concluded.

### ROAST BEEF TURNOVERS

1 (10 oz.) package frozen patty shells, thawed  
 2 green onions, sliced  
 1/2 cup chopped celery  
 1/2 cup sliced mushrooms  
 2 Tbsp. butter or margarine, melted  
 1 3/4 cups cubed, cooked roast beef  
 1/2 cup chopped fresh parsley  
 1/4 cup dry bread crumbs  
 1/4 tsp. dried whole basil  
 1/2 tsp. salt  
 1/4 tsp. pepper  
 1 egg, lightly beaten  
 1 Tbsp. water  
 1 1/2 tsp. sesame seed  
 Roll each patty shell to 8-inch circle on lightly floured surface. Saute green onion, celery and mushrooms in butter until crisp and tender. Stir roast beef and next five ingredients. Mix well. Place 1/4 cup beef mixture in center of each patty shell. Fold circle in half. Press edges of filled pastry firmly together using fork. Transfer to an ungreased baking sheet. Combine egg and water mixing well. Brush tops of turnovers with egg mixture; sprinkle sesame seeds. Bake at 400°F. for 30 minutes or until golden brown. Serve immediately. Yield: 6 servings.

### CAULIFLOWER-BROCCOLI CRUNCH

1 head cauliflower, broken into florets  
 1 lb. broccoli, broken into florets  
 1/2 cup chopped onion  
 1/4 cup mayonnaise  
 1 Tbsp. sugar  
 3 Tbsp. evaporated milk  
 1 tsp. vinegar  
 1/2 tsp. salt  
 1/4 tsp. pepper  
 Combine cauliflower, broccoli and onion; toss well. Combine mayonnaise and remaining ingredients, mixing well; pour over vegetables. Toss gently. Cover and chill 4 hours. Yield: 10 servings.

### BLUEBERRY STREUSEL COFFEE CAKE

1 cup fresh blueberries  
 2 Tbsp. all-purpose flour  
 1/2 cup butter or margarine, softened

2 cups all-purpose flour  
 2 tsp. baking powder  
 1/4 tsp. salt  
 1 cup sugar  
 1/2 cup milk  
**Streusel Topping:**  
 1/2 cup sugar  
 1/2 cup all-purpose flour  
 1/2 tsp. ground cinnamon  
 1/4 cup butter, softened  
 Mix in first 3 ingredients. Cut in butter until mixture resembles coarse meal. Makes 1 cup.

Combine blueberries and 2 Tbsp. flour; toss gently. Set aside. Combine butter and next 5 ingredients in large bowl; beat at medium speed of an electric mixer 2 minutes. Add egg; beat 1 minute. Fold in blueberries. Spread batter evenly in a greased and floured 9-inch square pan. Sprinkle with topping. Bake at 350° for 50 minutes. 9 servings.

### PEANUT BUTTER CREAM PIE

2 cups milk, divided  
 1/2 cup peanut butter  
 1/4 cup plus 2 Tbsp. light corn syrup  
 1/2 cup sugar  
 3 Tbsp. cornstarch  
 1/4 tsp. salt  
 3 eggs, separated  
 1 Tbsp. butter or margarine  
 1 tsp. vanilla extract  
 1 baked 9-inch pastry shell  
 1/2 tsp. cream of tartar  
 3 Tbsp. sugar  
 Scald 1 cup milk in a heavy saucepan; add peanut butter and corn syrup, stirring well. Combine cornstarch, 1/2 cup of sugar and salt; gradually add remaining 1 cup milk, mixing well. Add to scalded milk mixture, stirring until blended. Cook over medium heat, stirring constantly until mixture thickens and comes to boil 1 minute stirring constantly. Remove from heat. Beat egg yolks until thick and lemon colored. Gradually stir about one-fourth of hot mixture into yolks. Add to remaining hot mixture stirring constantly. Cook over medium heat 1 minute, stirring constantly. Remove from heat. Stir in butter and vanilla. Spoon into pastry shell. Beat eggs and cream of tartar on high with electric mixer until soft peaks form. Gradually add 3 Tbsp. sugar beating until stiff peaks form and sugar dissolves. Spread meringue over hot filling sealing to edge. Bake at 400° for 5 minutes or until browned.

### CHRISTMAS JAM

1 (12 oz.) package of cranberries  
 1 (10 oz.) packages of frozen strawberries, thawed  
 4 cups sugar  
 1 (3 oz.) package liquid pectin  
 Position knife blade in food processor bowl; add cranberries. Top with cover; process until cranberries are coarsely chopped. Combine cranberries, strawberries and sugar in a Dutch oven; bring to boil and cook 1 minute, stirring occasionally. Remove from heat and skim off foam with metal spoon.  
 Quickly pour jam into hot sterilized jars leaving 1/4-inch head space; wipe jar rims. Cover at once with metal lids and screw on bands. Process in boiling water bath 5 minutes. Yield: 7 half pints.

(Renee Keith is a Sanford Herald correspondent and Cook of the Week columnist. Please submit nominations for the weekly feature to 321-9748.)

## Pilot Club in action

The Pilot Club of Sanford recently held their regular social meeting at the First United Methodist Church of Sanford in McKinley Hall with President Mary Jo Cochran presiding. After the invocation everyone enjoyed a covered dish dinner. There were two new members and four guests. Peter and Judy King, top, sang a number of spirituals accompanied by his guitar. Bottom, (l to r) President Mary Jo Cochran, President-Elect Marian Rethwill and Lester Rethwill.

Herald Photo by Herman Schroeder



**Coupons up to 50¢**

# Double Coupons ONE WEEK ONLY!

**Wednesday, Nov. 10 thru Tuesday, Nov. 16**

**See Store For Details.**

**Master Blend**

**2/\$5**

34.5 Oz. Can Maxwell House AD Coffee Limit 2

Reg. \$3.89

**Kellogg's**

**\$1.29**

14 Oz. Cracklin' Oat Bran Cereal Limit 2

Reg. \$2.91 Each

**Tide Ultra**

**2/\$5**

18 Load Reg./18 Load Unscented/14 Load With Bleach Limit 2

Reg. \$3.49 Each

**Italian Sausage**

**\$1.59**

All Varieties In-Store Made 1 Lb.

**Food Lion Imported Ham**

**\$2.99**

1 Lb.

**Porterhouse Steaks**

**\$2.99**

Lb. Save \$2.00 Per Lb.

USDA Choice Beef T-Bone Or

**Broccoli/Snow White Cauliflower**

**89¢**

Each

**Grade A Jumbo Pack Chicken Leg Quarters**

**39¢**

Lb.

**Poinsettias**

**\$2.99**

Each

Beautiful Florist Quality

**Extra Lean Whole Pork Boston Butts**

**99¢**

Lb.

**Big 8 All Meat Gwaltney Franks**

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1 Lb.

**Deli Bonus Buys!**

**Honey Ham \$3.99**

Lb.

4x4 Swiss Cheese \$3.99 Lb.

Cheese/Jalapeno Bread, Rolls Or Sticks \$1.99 Ea.

**Diet Coke, Caffeine Free**

**Coke Classic \$3.19**

12 Pack 12 Oz. Cans

2 Liter 1.19

Diet Coke, Caffeine Free

Diet Coke, Caffeine Free

Diet Sprite .80

2 Liter - Sprite .80

**FOOD LION**

Prices in this ad good Wed., Nov. 10 thru Tues., Nov. 16, 1993. We Reserve The Right To Limit Quantities.

Hrs: 8 AM - 11 PM 7 DAYS A WEEK VISIT OUR DELI DEPARTMENT N. Mart Plaza, 3191 Orlando Dr., Sanford Oaks of Lake Mary Shopping Plaza 945 W. Lake Mary Blvd.

**We're Here In Your Community, Right Now**

For more information call toll-free 1-800-ACS-2345

Legal Notices

IN THE CIRCUIT COURT, IN AND FOR SEMINOLE COUNTY, FLORIDA...

NOTICE OF ACTION TO CLARENCE E. ENSMINGER, 2733 Deer Berry Ct., Longwood...

NOTICE OF SALE. NOTICE IS GIVEN THAT PURSUANT TO THAT CERTAIN FINAL JUDGMENT...

IN THE CIRCUIT COURT, IN AND FOR SEMINOLE COUNTY, FLORIDA...

IN THE CIRCUIT COURT, IN AND FOR SEMINOLE COUNTY, FLORIDA...

NOTICE OF SALE. NOTICE IS GIVEN THAT PURSUANT TO THAT CERTAIN FINAL JUDGMENT...

IN THE CIRCUIT COURT, IN AND FOR SEMINOLE COUNTY, FLORIDA...

Sick Of Your Present Job? TAKE TWO ASPIRIN AND CHECK THE CLASSIFIEDS EVERY DAY

CELEBRITY CIPHER. Celebrity Cipher cryptograms are created from quotations by famous people, past and present.

Legal Notices

NOTICE OF PICTITIOUS NAME. Notice is hereby given that I am engaged in business at 108 E. 1st Street...

IN THE CIRCUIT COURT FOR SEMINOLE COUNTY, FLORIDA...

NOTICE OF ADMINISTRATION. The administration of the estate of David J. Allen, deceased...

IN THE CIRCUIT COURT, IN AND FOR SEMINOLE COUNTY, FLORIDA...

IN THE CIRCUIT COURT, IN AND FOR SEMINOLE COUNTY, FLORIDA...

NOTICE OF SALE. NOTICE IS HEREBY GIVEN THAT PURSUANT TO THAT CERTAIN FINAL JUDGMENT...

IN THE CIRCUIT COURT, IN AND FOR SEMINOLE COUNTY, FLORIDA...

Legal Notices

NOTICE. Notice is hereby given that Florida Power & Light Company has appointed William M. Reichel as its Designated Representative...

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA...

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, SEMINOLE COUNTY, FLORIDA...

IN THE CIRCUIT COURT, IN AND FOR SEMINOLE COUNTY, FLORIDA...

IN THE CIRCUIT COURT, IN AND FOR SEMINOLE COUNTY, FLORIDA...

IN THE CIRCUIT COURT, IN AND FOR SEMINOLE COUNTY, FLORIDA...

NOTICE OF SALE. NOTICE IS HEREBY GIVEN THAT PURSUANT TO THAT CERTAIN FINAL JUDGMENT...

NOTICE. SEMINOLE COUNTY EXPRESSWAY AUTHORITY MEETING. The Seminole County Expressway Authority announces there will be a regularly scheduled public meeting...

Legal Notices

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA...

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, SEMINOLE COUNTY, FLORIDA...

IN THE CIRCUIT COURT, IN AND FOR SEMINOLE COUNTY, FLORIDA...

IN THE CIRCUIT COURT, IN AND FOR SEMINOLE COUNTY, FLORIDA...

IN THE CIRCUIT COURT, IN AND FOR SEMINOLE COUNTY, FLORIDA...

NOTICE OF SALE. NOTICE IS HEREBY GIVEN THAT PURSUANT TO THAT CERTAIN FINAL JUDGMENT...

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CLASSIFIED ADS

Seminole Orlando - Winter Park 322-2611 831-9993. CLASSIFIED DEPT. HOURS: 8:00 A.M. - 8:30 P.M. MONDAY thru FRIDAY...

DEADLINES. Tuesday thru Friday 12 Noon The Day Before Publication. Sunday and Monday 8:30 P.M. Friday.

Legal Notices. NOTICE OF PICTITIOUS NAME. Notice is hereby given that I am engaged in business at Sanford State Farmers Market...

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61--Money to Lend

BILLS DUE? Have 1 Place to Pay! Slash Monthly Payments! Get Creditors Off Your Back! Easy Quality No Collateral! 644-6426

71--Help Wanted. EXPERIENCED FOREMAN and LABORERS for burying underground power. Apply in person Burnup and Sims Inc 125 Commerce Way, Sanford

71--Help Wanted. FREE REGISTRATION AAA EMPLOYMENT 700 W 25th St. 323-5176

71--Help Wanted. NURSING ASSISTANTS. 73 and 311 available. On the job training provided. Must enroll in a certified nursing assistant course...

71--Help Wanted. RN CHARGE NURSES. 73 and 311 available. IV experience required. Contact: Debby Maner, 60 N. Hwy 17-92, Deberry, FL 32713. 648-6426

71--Help Wanted. FLEET RESERVE BINGO · BINGO · BINGO! NEW BINGO STARTS! Thursday Nov. 18th at 12:30 PM 3040 West S.R. 46, Sanford

71--Help Wanted. JACKPOT · FLEET SPECIAL! \$12.00 Package · \$20.00 Dbl. Package Special Grand Opening Door Prize! One Month Free \$12.00 Package 330-1706

71--Help Wanted. LET A SPECIALIST DO IT! Home Improvement. RITE-WAY HOME IMPROVEMENT. WE KNOW HOW. Let This Display Ad Work For You... Call Classified

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71--Help Wanted

71--Help Wanted. AGENTS-REAL ESTATE! Nothing succeeds like success. We're well into our 3rd decade of training successful agents...

71--Help Wanted. AUTO AUCTION DRIVERS NEEDED! Must have valid drivers license and be able to drive stick. Call between 1-3 SPRING STAFFING, 239-2011

71--Help Wanted. BABY ON THE WAY! Parents, grandparents rent a colorful 6 ft sign for the yard announcing baby's arrival \$19.95 for 5 days. Call 328-8162 or 631-2331

71--Help Wanted. CHILD CARE IN MY HOME. Very reasonable rates. All ages. Please call 324-4931

71--Help Wanted. CHILD CARE IN MY HOME. All ages. lowest rates! Please call 324-2213

71--Help Wanted. LONGWOOD 4th & 17-92 HRS Registered 10/10/72. Loving mom, former nanny. Low rates \$14-13

71--Help Wanted. MICHHELLE'S HOUSE. Drop kids accepted. Hourly and daily rates. Spaces available! 321-7426

71--Help Wanted. 43--Legal Services. NEED A WILL or living will? Call Smiles 320-8229. Also, legal research done

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Advertise Your Business Every Day For As Low As \$5 Per Month. Call Classified. 322-2611



BLONDIE comic strip by Chic Young. Panels show Elmo and Blondie talking about Christmas.

BEETLE BAILEY comic strip by Mort Walker. Panels show Beetle Bailey and a woman talking about anonymous faxes.

THE BORN LOSER comic strip by Art Sansom. Panels show a man at a restaurant talking to a waiter.

PEANUTS comic strip by Charles M. Schulz. Panels show Snoopy and Woodstock talking about a dog in the backyard.

EKK & MEEK comic strip by Howie Schneider. Panels show Ekk and Mekk talking about a date with a biologist.

TUMBLEWEEDS comic strip by T.K. Ryan. Panels show two men talking about snowman awareness week.

ARLO AND JANIS comic strip by Jimmy Johnson. Panels show Arlo and Janis talking about a widdle tummy wubbed.

FRANK AND ERNEST comic strip by Bob Thaves. Panels show Frank and Ernest in a library.

GARFIELD comic strip by Jim Davis. Panels show Garfield and Jon talking about a feather pillow.

ROBOTMAN comic strip by Jim Meddick. Panels show Robotman talking about a monopoly game.

# Adjusting dosage of cholesterol drug

DEAR DR. GOTT: I've been on Mevacor for nearly two years for high cholesterol... I am concerned about long-term usage affecting my eyes and/or liver.

DEAR READER: Mevacor (lovastatin) is a cholesterol-lowering drug, which reduces the body's manufacture of the fat.

Therefore, rather than (unsuccessfully) attempting to set your own dose, I urge you to work with your physician to 1.) discover the appropriate dose by monitoring blood cholesterol levels.

Because Mevacor has also been reported to cause eye irritation and cataracts, you should pay regular visits to your ophthalmologist.

PETER GOTT, M.D. MEDICINE. Photo of Peter Gott, M.D.

To give you more information, I am sending you a free copy of my Health Report "Understanding Cholesterol."

- ACROSS 1 How sweet 39 Claim (sl.) 41 Actress - Hagen 5 Willow 42 Tropical fish 9 TV's - Peeples 44 Rug at entrance 12 Motion picture 46 Yale student 48 Sgt. 13 Neighbor of Afghanistan 49 Cheese variety 14 Sea mammal 53 Crazy ones (sl.) 15 Border 57 Nothing 16 Character in "Othello" 58 Heart of the matter 17 Acquired 60 Leg joint 18 Judges 61 Southwest- ern Indian 20 Chips on shoulder 62 Concerning (2 wds.) 21 Menage a - 63 Small stove 22 Goddess of healing 64 Gender 24 Chemical 65 Actress - Periman 25 Author Anal 66 Fate 26 Marine fish 67 Revelers' cry 34 37 - - in a

- DOWN 1 Frosted 2 Ocean movement 3 Author of Pensive 4 Appeared 5 3, Roman 6 Snare 7 Tidal wave 8 Consecrate 9 Not functioning property (sl.) 10 Press 11 New Testam- ent book 12 Sound of dis- appointment 13 Winnered 14 Peruse 15 Small insect 16 Mature 17 Single item 18 Slide 19 Egg cell 20 Tiny amount 21 Chair 22 Black (poet.) 23 Author Zane 24 Foot covering 25 Fermented ale 26 Cheated 27 Natives of Dublin 28 Antelopes 29 Ceremony 30 Furze genus 31 Princely Ital- ian family 32 Aware of 33 Relative of bingo 34 Line of stitches 35 - - fault (overmuch)

Crossword puzzle grid with numbers 1-67.

## WIN AT BRIDGE

By Phillip Alder When someone gives you a bidding problem, you are always interested to know how your choice would have worked out in practice.

Most of the September/October issue of Bridge Today magazine is given over to bidding problems. Each answer is supported by a full deal.

you should pass. Add your high-card points to the number of spades you hold, and open in fourth chair if the total is at least 15.

I wonder what the editor would say if presented with my deal, where North-South can make six clubs and six spades!

Bridge deal. NORTH: ♠A Q 10 3, ♥5, ♦A 8 6 6, ♣10 9 7 5. WEST: ♠K J 7, ♥10 7 6 3, ♦K J 7 5, ♣Q J. EAST: ♠9 8 4, ♥A K 8 4 2, ♦Q 4 3 2, ♣6. SOUTH: ♠6 5 2, ♥Q J 9, ♦10, ♣A K 8 4 3 2. Vulnerable: Neither. Dealer: South. Opening lead: ♥3.

## HOROSCOPE

By Bernice Bede Osol YOUR BIRTHDAY Nov. 11, 1993 Big changes could be in the offing for you in the year ahead.

what you want today, but this might not be so. There's a possibility you'll get something for which you've struggled, only to discover it has minimal value.

GEMINI (May 21-June 20) Financial risks or gambles you take today could turn out to be exciting, but not necessarily profitable.

ANNIE comic strip by Leonard Starr. Panels show Annie and her father talking about a death wish.

LEONARD STARR comic strip. Panels show a man talking about a mother.