Lake Mary's only hometown newspaper

OCTOBER 2, 2003



Rough road

Misiakes cost the Lake Mary football team a pair of victories as the Rams dropped close road decisions to Ovledo and Galnesville-Buchholz. See Sports, Page 10

The Beaver to discuss psoriasis

Jerry Mathers will discuss his experiences of living with the sldn disease psoriasis dur-ing a seminar in Lake Mary

his role playing the Beaver on the 1950: 'elevision show "Leave it to Beaver," has had psorlasis for more than two decades and knows firsthand the physical and emutional toll it can take. The disease, an auto immune skin disease in which skin cells multiply 10 times faster than the normal rate, causes cells to pile up on the skin's surface, forming red, raised, scaly plaques that can be painful and disfiguring. The excess paoriasis ger erally appears on the joints,

Seminar info noon Nov. 6 (regiotration and bree last at D a.m.) Merriot Lake Mary.

body.

Info: (886) 433-

who have peoriasis suffer silence," said Mathers. "I hope that by talking about my psoriasis I can help reduce the stigma associated with this disease and empower people to reclaim their lives by se ing help and treatment." Mathers joined the

National Proriests Foundation's Step Into My Skin campaign to raise aware-ness of psoriasis, which affects 80 million people worldwide and 4.5 million U.S. adults.

Neil A. Fenske, University of South Florida, College of Medicine, will join Mathers to discuss the immunology of peoriasis and treatment options, including recent medical breakthroughs.

Lake Mary Smile



Assistant to Lake Mary City Manager

Lake Mary, Florida

Swindlers bilk woman out of \$3,000

From Staff Reports

She was promised a share of \$75,000, but when it came down to it, all she ended up with was a hole in her checking account.

An Orlando woman was the victim last week of Mary area.

Victim approached by suspect at Lake Mary Boulevard Kmart

According to authorities, the victim was approached outside of the Kmart store just off Lake Emma Road and Lake a pigeon drop scheme Mary Boulevard. A female that occurred in the Lake suspect struck up a con-Mary Boulevard. A female versation with the victim,

saying that she had just money, but the victim victim then went in the some good-faith money and the suspects car to the Laboratory control of the Laboratory car to the Laboratory found \$75,000 in a wallet. some good-faith money.

The victim was taken to a couple other locations

and was introduced to a second, and third suspect, who played along in the scheme. Eventually, the victim withdraw \$3,000 out of her bank account.

See Scam, Page 8





A possible suspect in the case has soveral known identities, including Pauline Babbs and Pauline Marazzi.

Public servants dish out annual luncheon benefit

By Jamie J. Anderson-Potter Staff Writer

Elected officials and dignitaries from Lake Mary and throughout Seminole County gathered during the Flith Annual Servants of the People Luncheon last week

to pay tribute to Mother Blanche Weaver, founder of the Rescue Outreach

Sanford. During the lunchcon. more than 400 people were served lunch by volunteer "servants"

ors, commissioners, state legislators and

Weaver

school board officials. "It is important for elected officials to

See Servants, Page 5

New ordinance to regulate bar hours

By Christopher Patton Managing Editor

While the city of Orlando eyes expanding the hours its downtown bars are open at night, Seminole

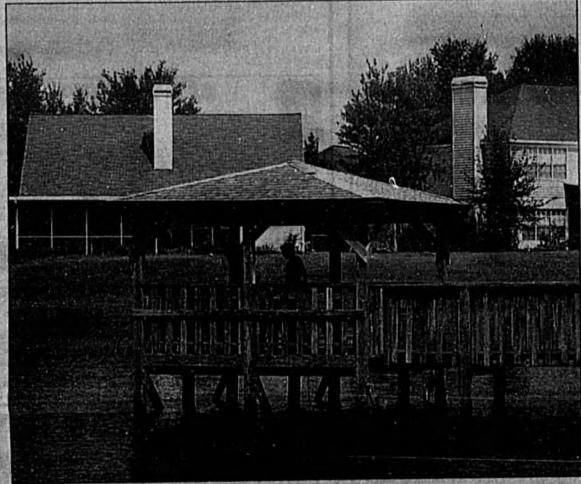
to with twilight alcohol drinking. With the urging of the Seminole County Sheriff's Office, commissioners will contemplate a change to the ordinance that regulates the hours of

of alcoholic beverages and the closing time of establishments licensed to sell such drinks.

"Right now, the current ordinance leaves out a very important word," said Steve Harriett, chief deputy of the sheriff's office. "It says it is illegal to sell alcoholic beverages after two o'clock (a.in.), but it doesn't say it's presently illegal to consume them. According to law enforcement offi-

See Drinking, Page 6

Lightning strikes one dead; injures two others



A survivor from the deadly lightning strike returns to the Lake Mary gazebo the following day.

22-year-old victim was quiet, mature beyond his years

By Jamie J. Anderson-Potter Staff Writer

Family and friends gathered to mourn the loss of 22-year-old Sanford man who died last Thursday

after being struck by lightning in Lake Mary.

Throughout the day Friday, people who knew Eric Justin Sperry and others who were touched by a stranger's tragic death gathered inside the gazebo where he died after being straigh by lightning. where he died after being struck by lightning. A makeshift memorial with flowers and fishing lures now sits where Sperry's charred fishing pole once

Sperry, a student at Seminole Community College, died last Thursday after taking shelter from an afternoon thunderstorm inside a gazebo at the end of a wooden pier on Green Lake in Renaissance Park in Lake Mary.

Two others individuals, 15-year-old David Malard and 16-year-old Timothy Godbold, both students at Lake Mary High School who were making their way home after ROTC practice, also sought shelter with

At approximately 4:20 p.m., the gazebo received a direct lightning strike in which Sperry suffered the brunt. According to officials, Sperry had dropped his fishing pole into the water, which caused it to conduct the electricity approached from the direct the electricity. duct the electricity generated from the lightning bolt. The rod and reel disintegrated, leaving nothing but pieces of melted line.

Malard and Godbold, who did not know Sperry until they shared the gazebo's shelter, made their way to Green Way Boulevard where they caught the attention of driver Lisa Wulf, a former cardiac-care

See Lightning, Page 5

Lake Mary, Heathrow readies for art festival

By Jamie J. Anderson-Potter Staff Writer

The Lake Mary-Heathrow Pestival of the Arts will take place this weekend International

Mary. The 17th annual event will feature from throughout Florida and the United States, including the poster artist Linda Amundsen, who specializes in oil paint-

Parkway in Lake

ings.
"This festival will provide a cultural legacy that will benefit in community," said the entire community," said

John L. Mics, member of the U.S. Congress. "It will give an opportunity for those who attend to not only see the dif-ferent art exhibits, but to also meet and talk to the

artists. inside As the poster artist, Amundsen's Look for a guide "Polly," a painting of a parrot from Costa to the 17th Annual Lake Rica, will be seen on Mary-Heathrow T-shirts Festival of the

ing the festival.

The inspiration for "Polly" came to Arts, Oct. 4 & 5, 9 a.m. to 5 p.m. Amundsen when she and her husband were on a family cruise through the Panama Canal. While at a resort in

brochures promot-

See Festival, Page 6



The Lake Mary Target donated \$10,000 to the Lake Mary-Heathrow Festival of Arts. Store associates (left to right) Michael Pitta, Larry Drohan, William Evans, store manager Laura Dombroski, Las Bennett and Tim Nalis pass over a check to chairwoman DeLores Lash and board members Jenny Osborn, Brian Smith, Michael McLean and Cora Rice.



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Endorsements for real moms: Nike should just do it

Sure, I may not

be able to

dribble a ball,

drive down the

fairway, or

exhibit any kind

of athletic ability

whatsoever, but

I've got skills

Lebron James, an 18-year-old basketball player fresh out of high school has a \$100 million endorsement deal with Nike. Tiger

····· Woods has a VIEW FROM



Tillyer

reported \$45 million deal with the shoe compa-What I

similar con-

tract. Kobe

Bryant has a

want to know is. where's my endorsement deal? Where

women represented? I think Nike and the other companles that are passing out the big bucks are missing out

on a large demographic. I checked out Nike's Web site. I'm not going to deny that the sports manufacturer is doing something right. They are, after all, number one in the industry. They have basketball shoes, running shoes, yoga shoes, walking shoes, general athletic shoes, shoes to go to the bathroom, shoes for lazing around on the couch and an entire line devoted specifically for women. The women's line is a division of the company that goes by the name Nike Goddess. Puke! Nike Goddess? Please.

You want to sell some shoes, Nike -- some serious shoes? Let's see you focus on the hundreds of thousands of women who want to lose weight and are Intimidated by the mld-riff baring aerobic nymphs you got advertised under your Nike Goddess line. Let's see a real woman, a true American hero that the rest of us can look up to.

You know what? I'll help ya out. I'll graciously, self-lessly put aside my piles of laundry and my Hoover upright to get the ball rolling. I'm more than willing to volunteer myself for the next gazillion-dollar Nike campaign.

Sure, I may not be able to dribble a ball, drive down the fairway, or exhibit any kind of athletic ability I've got skills. I can cheer from the sidelines at my son's baseball game. I have practiced and perfected the ability to refrain from pummeling

the mother on the other team who encourages her son to make the out by hitting my son in the head. I can sit in rush hour

traffic with a minivan full of kids who are hungry, thed, need to go to the bathroom and are, once again, late for some extra-curricular, overpriced activity and I will not slit my wrists. I can wipe a butt, kill a bug and make a meal out of peanut butter and Spam. That's skill, my friends. Where's my Wheatles Box? Let's see those Nike boys try that!

McDonalds has paid millions of dollars to Michael Iordan and Kobe Bryant over the years for their stamp of approval. Now I ask you, what in the samhill do those bozos know about McDonalds? I am a

true McDonalds officianado. Have you seen my waistline? Who better than a mother to pitch an indoor playground and a cheap meal?

I'm putting myself out there. I'm offering the deal of all deals. I'm the one who as a child was picked last for every sport. Not a day went by in gym class when I

didn't hear, "Aw, man. We got Molly? We get a five point lead." And that from my best friend! I've always wouldn't mind prancing around in spandex, but I'm the kind of person who enjoys a good workout solely with the remote control. And point and click and point and click. Whew! That's enough for today.

So, Nike, I urge you to inspire women. Speak to my demographic. Get me a trainer, get me a chef, document my weight loss. Your shoes will fly off the shelf. Forget Air Jordans, women are going to want Tiny Tummy Tillyers. I'm tellin' ya they'll sell. And I'm ready to get started for the bargain basement price of only \$99,999,999.991

And McDonalds, I haven't forgotten about you I'll pitch whatever you send my way: Big Mac, Filet of Fish, Quarter Pounder, french fries, icy coke, thick shake, sundae, or apple ple. I'm here for you. Call me.

© 2003 Molly Tillyer

Molly Tillyer is a wife and mother of two young boys. She sits by the phone for hours at a time just waiting for endorsements. She has a lot to offer companies and cites her gift of gab and clean prison record as key selling points. Visit her online at www.mollytillyer.com

Church benefit brings in funds for family

More than \$4,000 was raised recently at a spaghetti supper at St. Peter's Episcopal Church, Lake Mary, in an ongoing effort to benefit the family of a church member who is battling ovarian cancer.

Lisa Carroll of Sanford was forced to quit her job as a dental hygienist earlier this year after three years of chemotherapy, though her family of four relied on her salary to supplement the income of her husband, Chad, who works at Universal Studios.

Although the family has medical insurance, the cov-erage is nowhere near enough to pay the signifi-cant medical costs that have already accumulated.

To assist the family, Daughters of the King - an order of women in the Episcopal Church organized the dinner, soliciting donations from area businesses as well

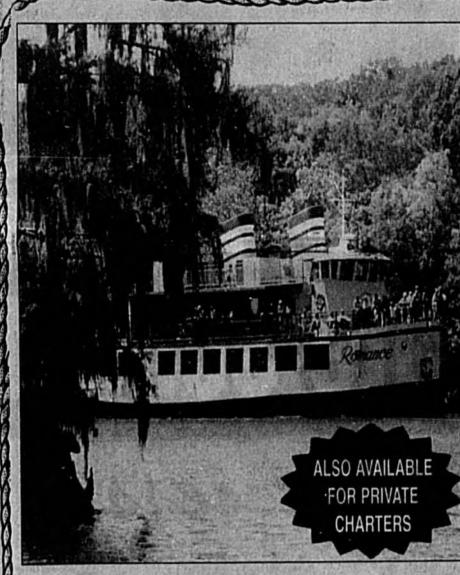
Some 150 members and friends of St. Peter's **Episcopal Church attended** the event, which was held on July 25 in Barge Hall, St. Peter's Episcopal Church fellowship facility. More

than 30 businesses, most in the Sanford/Lake Mary area, contributed food for the meal and merchandise for a benefit raffle. church's The

Benevolence Fund has been earmarked to help the Carrolls and others in need. Financial contributions may be directed to the Benevolence Fund, St. Peter's Episcopal Church, 700 Rinenart Road, Lake Mary, FL 32746.



nominal fee for St. Peter's Episcopal Church, Lake Mary



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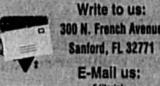
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We welcome and encourage your letters and comments. All letters must include your name, address and phone number to be published.









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Society gears up for festival

Peggy Wolfe isn't just the president of the Lake Mary Historical Society. She is

Historical Society. She is "Living History."

No, Peggy isn't ancient, but she and her h u s b a n d

David am live



Rowell

h u s b a n d
David are living history
demonstrators. They
also run
White Wolfe
Native Arts.
Peggy and
David will be

at the Lake

Heathrow Festival of the Arts this weekend. Their booth will be the only one at the festival featuring Native Arts.

David and Peggy have both won awards for their one-of-a-kind art work. Peggy specializes in dreamcatchers. David specializes in flintknapping; the art of stone tool making. You can check out some of their artwork on their Web site www.whitewolfenativearts.8m com or stop by the Festival of

The Festival of the Arts is this Saturday and Sunday, Oct. 4 and 5 from 9 a.m. to 5 p.m. at International Parkway and Business Center Park just north of AAA. Admission is free.

Chills and thrills coming to historical museum

Are you afraid of the dark? Do chills run up and down your spine when you hear ghost stories? The Lake Mary Historical Society is cordially inviting you to their 2nd Annual "Candlelight Tales."

Step back in time before the glow of electricity lit our homes. Listen to ghostly and ghastly tales by candlelight; tales of terror and haunted places; presented by storyteller Joe Rosier. The fear is free at the Lake Mary Historical Museum, 158 Country Club Road in Lake Mary. The haunting will last from 7 until 8 p.m. Then the Society will dispel the ghosts with electric lights and fall refreshments from 8 to 8:30 p.m. For more information,

Peggy Wolfe isn't just the contact the Society at 407-327-esident of the Lake Mary 8207.

Peace Globe lights up

Imagine creating a work of art that is banned in the city It was created for. That's what happened to Florida artist Rebecca Nova Rebecca designed her World Peace Globe specifically for the World Peace Center in Bethlehem on Manger Square. Rebecca didn't just tell the Lake Mary Woman's Club about the globe

at their recent meeting.

She brought the 48-inch globe with her. The globe visually shows peace. Each country at peace has a steady When you think about senior citizens, you don't always think about excessive drug use. But when most people hear the word drug, they think illegal drugs. The fact is, senior citizens are the largest consumers of prescription drugs in the United States. While drugs can be lifesavers for some, they can be extremely dangerous when used incornactive.

Victoria Adams from the Center fro Drug Free Living was the guest speaker at the September meeting of the Lake Mary AARP. Her topic was "To Your Health —Medication Wisdom." Too many people underestimate the consequences of mixing medication and alcohol. Drinking alcohol while taking certain medications can be dangerous, sometimes even fatal.

Do not drink alcohol if you are taking high blood pressure medication, diuretics, anticoagulants, antidepressants, anticonvulsants, antidiabetic, tranquilizers, painkillers or psychotropics. All have serious side effects. Everyone, from time to time, gets sick and needs an antibiotic. If you drink while taking antibiotics, you could experience nausea or vomiting or the antibiotic could be completely ineffective because of the alcohol.

You're healthy as a horse in Lake A and you haven't had to see a doctor in years. Occasionally mihrowell you take an over-the-counter include a medication for a cold or sumber.

headache. Well, guess what? Alcohol can have adverse effects when combined with almost every over-the-counter medication.

You're on a couple of prescription medications, but you try to stay healthy as naturally as possible. You take Echinacea when you feel a cold coming on, garlic for your heart, gingko for your memory and maybe peppermint for an upset stomach. Herbs are medicine! Stop taking any herb until you talk to your doctor. All four of the herbs named as well as several others, can cause adverse effects when combined with prescription medication.

Food can make a big difference in your health when you're taking medication. Pay very special attention to the directions on the bottle of prescription medications. Some are better taken on an empty stomach, some on a full stomach. Some medication doesn't work well when taken with dairy.

The important thing to remember is to read the bottle. If the print on the bottle is too small don't be afraid to ask your pharmacist what type of interactions are common with your medication. And if your doctor prescribes a medication and you're not really sure why, make sure you ask for a better explanation. If you go to more than one doctor, make sure they all know what the other has prescribed. Many medications do not work well when mixed with others, whether they are prescribed or over-the-

counter.

The best thing to remember is to be vocal. ASK. Ask your doctor, ask your nurse and ask your pharmacist. And if you think you're having a minor adverse reaction to a medication, call Poison Control at 1-800-222-1222 and they can tell you what to do. If you think you're having a major adverse reaction, call 911.

If you have any items of interest in Lake Mary, you can contact Mary Rowell at mihrowell@netscape.net. Please include a local contact name and









Herald photos by Mary Rowe

David and Peggy Wolfe (top) with some of the artwork they have created. Woman's club members (middle) Cynthia Pitcock, Lois Jackson and Charlene Miller welcome new members Lorraine Jameson (second from the left) and Lou Meyer (fourth on the left). Victoria Adams (above left) from the Center From Drug Free Living with Lake Mary AARP Chapter President Paulee Stevens. Woman's Club President Lois Jackson (above right) with Peace Globe Artist Rebecca Nova.



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Servants

Continued from Page 1

give back to the community," said Lake Mary Commissioner Michael McLean, who helped serve drinks during the event, returning to his college roots as a Pizza Hut walter.

The goal of the annual event, held at the Sanford Civic Center, was to raise \$52,000 for the Rescue Outreach Mission, more than double the \$20,000 from 1999. The money raised will ensure those in need receive food, clothing and shelter.

"It is our opportunity to serve and support those who are out in the community serving every day," said Lake Mary Deputy Mayor Janet Jernigan. During the festivities, Weaver, who began the

Mission from her home more than 16 years ago, was presented the Points of Light Award. Weaver was selected to receive the award by Gov. Jeb Bush in February based on her dedication to the community and con-

tinued inspiration to others.
"I can't believe it, I just do what people should do," 78-year-old Weaver said. "I don't turn anybody down. When they come to me, I don't care how dirty they are I see to it

that they get cleaned up.
"I treat them like people, not dogs," she added. "I treat them just as nice as I would if they were the president of the United States."

Weaver purchased the prop-erty on West 13th Street to build the Mission for \$10 more than 16 years ago. Since that time it has grown to include a 6,000 aquare foot facility dedi-cated to providing food, coth-ing and shelter to those in need. A 5,000 square foot facility known as the Open Door Shelter for women was added

to the property nine years ago.

The facility has given
Weaver and her staff an outlet to provided shelter to more than 10,400 people and prepare nearly 763,000 meals.

She has touched thousands of lives," said Jennings. "She is dedicated to the people of her community. She will continue to inspire all of us for years to





Herald photos by Tommy Vincent

Lt. Gov. Toni Jennings (top) shares a moment with State Rep. David Mealor before the Fifth Annual Servants of the People Luncheon begins. Lake Mary Deputy Mayor Janet Jernigan (above) offers water and tea to those attending the luncheon, which honored Mother Blanche Weaver, founder of the Rescue Outreach Mission in Sanford. Lake Mary Commissioner Michael McLean (right) shares tea and a smile with lunch patrons.



Lightning -

Continued from Page 1

nurse at Orlando Regional Medical Center.

The Longwood woman, who was driving home after picking up her son from school, stopped to assist the boys. After assessing Sperry's condition, Wulf per-formed cardiopulmonary resuscitation for nearly five minutes.

Sperry, however, was pronounced dead at South Hospital in Seminole Longwood that later evening. His death is the sixth in Florida this year. Malard and Godbold suf-

fered only minor injuries and burns. They were treated and released from Florida Hospital Altamonte that

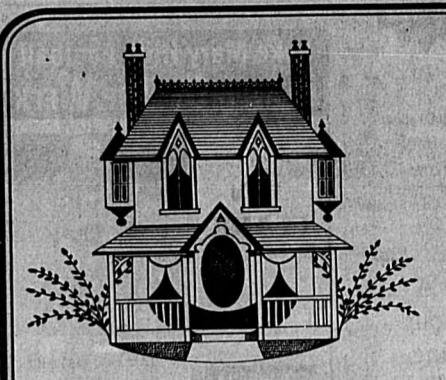
evening. One of the boys, who asked to remain nameless, returned to the scene Friday afternoon.

According to Sperry's boss, Danielle Smith of Publix in Lake Mary, Sperry was a quiet, young man, mature beyond his years.

During the brunt of this storm, between 3:45 and 4:30 p.m. last Thursday, Seminole and Orange County fire dispatchers were inundated with calls. According to fire reports, a bolt of lightning hit the attic of an Orange County home located on Venters I are leaving the Ventana Lane, leaving the family homeless. Other calls reported downed trees and utility lines.



Flowers and balloons grace the location where 22-year-old Eric Sperry lost his life last week after being struck by lightening. Family and friends have gathered to remember Sperry and contribute to the makeshift memorial inside the gazebo on Green Lake inside Renaissance Park at Lake Mary.



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Hundreds gather for annual kids event

By Jamle J. Anderson-Potter Staff Writer

Lake Mary joined more than 1,200 towns worldwide to celebrate children and families during the Sixth Annual Kids Day America/International

event Sept. 20.

The festival, hosted by Lake Mary Chiropractic Center in Lake Mary, was dedicated to health, safety and environmental issues that effect children

and the community as a whole.

More than 1,500 residents attended the local event held in the parking lot of Lake Mary Chiropractic Center, located on Rinehart Road in Lake Mary, with well over 1 million children participating

'I don't think we have very many events in the area for families," said Kelly Toma, office manager of Lake Mary Chiropractic Center. "It's a great way for people, who can't afford screenings or who need educational information about health, to meet the doctors in their neighborhood. It's a day for families to come out and enjoy the time with their kids at a very low cost."

The event featured vision, dental and spinal screenings for children, as well as fingerprinting. Performances throughout the day included Ace Gymnastics, Radio Disney and several local entertainers including dancers and martial Lake Michael Commissioner McLean's daughter, Kaley, sang a duet with a friend during the festivities.

Police Chief Richard Beary, Lake Mary Mayor Thomas Greene and several members



Darren the D.A.R.E. Lion was one of the entertainers at Kids Day Sept. 20 in Lake Mary.

of the city's staff greeted festival-goers. Representatives from the Lake Mary fire and police departments were also on hand with company vehicles. A petting zoo and D.A.R.E. car show entertained children of all ages.

"This is a great way for all of them to get together and be a part of the community and show kids all the good out there and interact with them,"

The event raised \$1,400 to purchase supplies for the local

D.A.R.E. Program, a 17-week curriculum taught in the fifth and sixth grades to prevent or reduce drug abuse and violence among children and youth. D.A.R.E. was started in Lake Mary at Lake Mary Elementary School in 1993.

Festival -

Continued from Page 1

Costa Rica, she met

Polly.
"In the lobby were these beautiful parrots," she said. "They were so fantastic and beautiful I knew I was going to paint

Amundsen has donated "Polly" to the art festival where it will be auctioned off to the highest bidder. The proceeds, along with the money raised from T-shirt sales, parking and other fund-raising items, will be given to Seminole County Seminole Public Schools for scholarship money. "The Lake Mary

Heathrow Festival of the Arts members make a difference in our community," said E. Ann McGee, president of Seminole

Community College.

Lake Mary Mayor Thomas
Greene will kick off this year's festival for artists and patrons

with an opening ceremony.
The family event has several
activities planned for all ages.
For the fourth year, the
Rotary Club will host a car
and truck show during the festival. The show is open to all makes and models, with trophies being awarded in vari-ous categories both days.

Various entertainers will grace the stage throughout the day, including singers Adriane Truex and Bobby Smith. Miriam and Valerie's Schools of Dance Art will also per-

"The festival has something for everyone," said Lake Mary



Linda Amundsen is the poster artist of the 17th Annual Lake Mary-Heathrow Festival of the Arts.

Commissioner McLean, a member of the art festival committee. "Dads like cars, kids like the playground, moms like the art. This is a good way to enhance the enjoyment of the show for everyone. It has worked out really well."

This year's festivities are dedicated to Leo Trepanier, who, since 1988, has donated the use of L & L Acres for the art festival. Trepanier passed away last year, but according to festival committee members, will be at the event in

spirit. For complete festival information, see the special section inserted in this issue of the Lake Mary Herald.

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Longwood man breaks leg in Home Depot parking lot

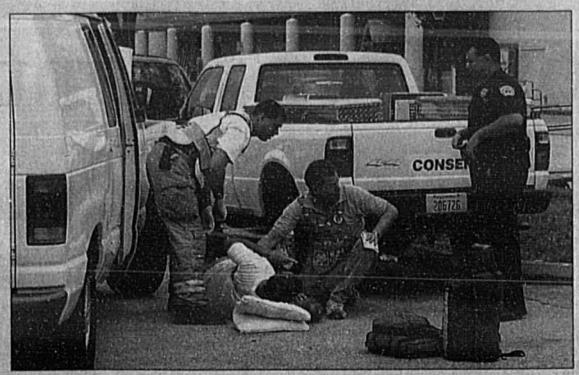
From staff reports

A Longwood man broke his leg when his own van ran him over

At about 9:45 a.m. Monday, Victor At about 9:45 a.m. Monday, Victor Lee Jones, Fox Ridge Run, Longwood, parked his 1992 Ford van in the Home Depot parking lot located on Lake Mary Boulevard in Lake Mary. According to Jones, his vehicle refused to start at which point he attempted to jumpstart the Ford with a screwdriver.

According to police reports, the van partially started and began backing up. The right front wheel grabbed Jones' leg, pulling him to the ground. The van continued in reverse, and the wheel then rolled over lones' leg.

over Jones' leg. He was taken to an area hospital by Lake Mary fire and rescue workers. He was treated for a broken leg and released.



Heraid photo by Tommy Vincent

Picnic in the Park

Saturday, October 4 7:30 - 9:30 p.m. Maitland Art Center

Join us under the stars to celebrate Voices for Hospices, the largest simultaneous singing event in the world. Bring your picnic basket and blanket to enjoy live musical entertainment and a silent auction. Desserts and soft drinks will be available for purchase.



For more details, please call 407.682.0808



Drinking

Continued from Page 1

cers, the problem occurs when a bar sells a patron a drink or drinks just before the 2 a.m. cutoff. Depending on the size and strength of the drink(s), the customer could be sitting in the establishment for hours beyond the regulated clos-

ing time.
In the reworked ordinance presented to commis-sioners last week, bars and restaurants serving alcohol would be required to shut off all lights and lock the doors at 2 a.m.

Customers would be allowed to remain in the establishment until 2:30

This would, however, make it illegal for customers to drink past a 'clear cut'

"What we're looking for is a defined time when establishments that sell alcoholic beverages are deemed to be closed," Harriett said. "That way it closes as to assign our resources to ensure safe and orderly dismissal of these establishments.

"From time to time, there are problems that arise with these establishments letting out here and there," he

By enforcing a drop dead closing time of 2 a.m., bars may have to begin giving 'last calls' sooner, said Bob Haller, co-owner of the Red Room in downtown Sanford.

"I think this will hurt (business) because people will drink to the last minute," he said. "So if they're going to start clos-ing bars at 2 (a.m.) that means will have to start giving last call between 1 and 1:15 (a.m.). "We're trying to attract

people to come and spend money in downtown, and stay here and have fun at night," he added. "And they're telling everybody now that they have to leave earlier. I don't think that would be a good thing for business."

The demanission sisd expected to consider the ordinance at its next meeting Oct. 14.

Obituaries

JOYCE T. WEST Joyce T. West, 66, of Lake Mary, died Sunday, Sept. 21, 2003, at home. Born June 8, 1937, in Atlanta, she moved to the area in 1968. She was a retired pediatric nurse at Central Florida Regional Hospital in Sanford. She was a

Protestant. Survivors include hus-band, Richard West; daughter, Ronda Galloway; son, Scott West; son-in-law, David Galloway; daughter-in-law, Deborah West; five

grandchildren. Baldwin-Fairchild Funeral Home Oaklawn Chapel, Sanford, in charge of arrangements.

Scam -

Continued from Page 1

Currency Circle, where the money was to be split. The victim gave one of the suspects her good-faith money to inspect.

The money was in an envelope. The victim evidentially witnessed one of the suspects allegedly switching envelopes, with one that contained paper. The victim began asking

questions. One of the suspects began to confront the victim, challenging the victim about mistrusting her. The victim scrambled to get out of the car.

The car, with three suspects inside, then sped

The victim was able to get a Florida tag number of V05 (zero five) TIV, which comes back to a white, 2004 Cadillac that was rented recently out of Fort Lauderdale.

Anybody who knows the whereabouts of the suspects, or sees the vehicle, is asked to call Investigator Neal Stewart at 407-665-

One may also call Crime Line at 1-800-423-TIPS, where one can remain anonymous, and may receive a cash reward for vital information related to

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- Coldwell Banker
- K-Mart
- Tropical Smoothie Cafe
- Daily News Deli & Grille



BUSINESS

Firehouse Subs turns up the heat on the competition

By Michelle Donahue Special to the Herald

LAKE MARY -- Local sub connoisseurs are fired up about the Firehouse Subs-shop located at 3579 Lake Emma Road, in the Kmart shopping plaza.

Customers can't help but appreciate the attitude, atmosphere, and most especlally, the appetizing menu.
The lighthearted tone is set by
the hearty greeting given to
visitors upon their first step inside the restaurant.

abound while the staff works diligently to quickly customize subs to order. A separate pick-up counter insures

The fun, fire station décor only adds to the easy ambiance, with chairs vividly painted fire engine red sur-rounding tables adorned with Dalmatian spotted tops, and artistic murals of firemen in action depicted on the walls. Other rescue related paraphernalia enhances the visual

But the blazing hot point of and then put them on a spe-the encounter is undoubtedly cially selected roll that we the food. Firehouse Subs is so unique in flavor that a person has to taste it for themselves to understand the difference. Mike Kelly, area developer for the Central Florida region and

experience.

that orders called or faxed in owner of the Lake Mary can be processed with conthe combination of quality product and the sub creation process that is the secret to their uniqueness.

"So many people have told me that Firehouse Subs are the best subs they've ever eaten, though they have trou-ble putting their finger on exactly why," Kelly said. "The key is that we steam our meats and cheeses together have toasted separately."

The Firehouse Subs menu offers something for everybody, with four different styles to choose from including classic hot subs, old-fash-

loned sandwiches, and cold tuns and chicken salad subs.

The favorites of most patrons, however, are found under the category of "Hot Specialty Subs." Subs like the Hook & Ladder, the Engine Company, and the Firehouse Hero, (to name but three), offer a half pound of meat when ordered as a large.

Firehouse also offers signa-ture hot sauce, award winning chili, and brownies that have a distinct dark chocolate

In addition to these delicious menu items, every kids' meal comes with a free fire hat — a sure recipe for success for the whole family.

Kelly said that there are 50

more stores in local develop-ment at this moment, and the company is constantly

expanding.
"We're getting calls from all over the United States, even as far away as California, expressing interest in opening our stores," Kelly said, and explained that the company has a very methodical expansion plan in place. "We want to do it right, and that means we work at being fully pre-pared as we launch into new territories."

It is interesting to note that such success sprung from a dream that began in the hearts of two fire-fighting brothers. Robin and Chris Sorensen of Jacksonville. They started

the company in 1994 on a credit card account donated by a relative, and to their pleasant surprise, their idea took off like wildfire. Since then the company has expanded to more than 100

stores in eight states. While bragging rights are certainly in order, the founders have not forgotten how it all started and offer the opportunity of Firehouse
Subs shop ownership to
those who are willing to
work hard through their
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Program. For more information on this program and the history of Firehouse Subs, log on to the Web site at www.FirehouseSubs.com.

Business Briefs

Coldwell Banker negotiates sale of Apopka warehouse

Gary Youngblut has purchased a 9,500 square foot warehouse located at 231 Semoran Commerce Place, in Apopka, from DCP Enterprises, Inc. The sale price was \$575,000, Steve Porter of Coldwell Banker Commercial NRT represented the seller and Chuck McNulty of the McNulty Group represented the buyer in this transaction.

Florida Solar names assistant sales manager/trainer

Florida Solar Technology, the world's largest contractor of pool heating systems, has beefed up its training department, said Scott

Kacic, company president. The Longwood-based company has named Anthony (Tony) Schwan

assistant sales manager and trainer professional. Schwan has more than 15 years of experience in training and sales, Kacic said.

Founded in the early 1980s, Florida Solar is a division of Olympian Home Services, which is one of the world's largest providers of swimming pool heating, automa-tion and purification. The firm, with branch offices in Tampa and South Florida, also markets a wide range of services involving, solar hot water, swimming pool maintenance and pressure cleaning.

Brewer to start construction of third custom home

Dave Brewer Inc., one of Central Florida's largest and most active luxury custom homebuilders, will start construction soon on a custom home at The Enclave at Alaqua Lakes.

For Dave Brewer, president of the home building company, the third one is the charm.

We built the first home for this family in Timucuan when they were first married," said Gary Rauch, vice president of Dave Brewer, Inc. When they were expecting their third child, we built a second home for them at Heathrow Woods. Today they have five children, and we are building a third home at Alaqua Lakes," he said.

Rauch said Dave Brewer, Inc., has built more than 30 move-up homes

for his own customers "This is the first third home we have built," Rauch chuckled, "and if you could see this family, you'd know why it is such a profound and moving pleasure. This is an American family success story told in luxury homes."

Hospice of the Comforter launches Web site

Hospice of the Comforter, the only nonprofit Hospice that serves Orange, Seminole and Osceola counties, has launched a new Web site, www.hospiceofthecomforter.org. This site provides general Flospice information as well as details about Hospice of the Comforter's services.

Goldman's work prepares UCF for continued growth

Goldman Inc./Comfort Systems USA recently completed the replacement of piping systems within the Central Energy Plant at the University of Central Florida in Oriando.

In an intricately choreographed operation, the Goldman team completed the re-sizing of the piping sys-

tem in only three weeks. The mechanical contractors moved an existing 16-inch pipe system and installed a new 24-inch pipe to allow for the addition of larger chillers as the campus continues to expand.

Other university work completed by the Goldman team includes its award-winning installation of the HVAC and plumbing systems for UCF's Engineering Building II and the new Health and Public

Affairs Building.
Founded in Central Florida in 1959, the company is owned by Comfort Systems USA, one of the largest providers of mechanical services. S.l. Goldman Company, Inc., provides heating, ventilating, air conditioning systems, plumbing systems, medical gas systems, and

See Briefs, Page 10

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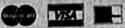
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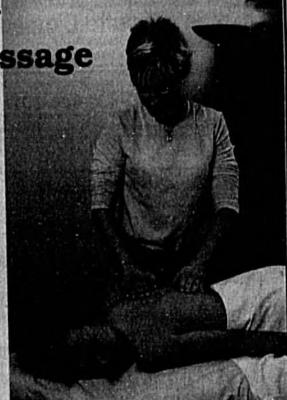
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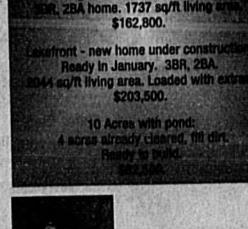


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Briefs

Continued from Page 9

process piping for projects throughout the Southeastern United States. Operating divisions are located in Longwood, Fort Myers, Lakeland and Gainesville. The company staffs more than 300 people.

No downturn expected in Orlando home sales

Local Realtors closed on 1,869 homes in the month of April, according to preliminary figures released by Orlando Regional Realtor Association (ORRA). Sales for the first four months of 2003 are more than 6 percent ahead of last year.

Overall sales in the Orlando MSA, which includes Lake, Orange, Osceola and Seminole counties, were 2,389, which was an increase of about 2 percent from last April. It was also the highest recorded number of sales in the Orlando MSA for the month of April.

ORRA president Dean Asher, GRI, said, "no downturn is expected" in the number of existing home sales being handled by realtors.

"Orlando is not alone," he added. "According to National Association of (NAR) Chief Realtors Economist David Lereah, home sales continue at record setting paces nationwide."

ORRA recorded more than \$325 million in sales in

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April, more than 9 percent ahead of last April. ORRA reports that the median price dropped to \$141,421, while the interest rate rose slightly to 5.95 percent.

Home sales on the rise

Sales of single-family existing homes posted their highest increase of the second quarter, as realtors closed 2,044 transactions in June.

According to the Orlando Regional Realtor Association (ORRA), 6,132 home sales were recorded in the second quarter, a 4 percent increase over the spring-selling season of 2002. That boosted year-to-date sales to 11,066, or 6.4 percent ahead of last year.

The mortgage interest rate on a 30-year fixed loan fell to 5.54 percent in the Orlando area, although it has since been on the rise. The median price rose significantly to \$158,098 as home prices in Orlando continue to appreciate. ORRA also reported more than \$402 million in sales in June, 17.6 percent ahead of last year. Yearto-date volume is in excess of 51.9 billion, a 16.4 percent increase over the first six months of 2002.

Firm announces new projects, promotions

Burke, Hogue & Mills Associates, Inc. is pleased to

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recently completed design of Center the new Community Care for Hospice of the Comforter in Altamonte

24,300-square-foot, two-story building will pro-vide much needed administration and training space. It is the first of several buildings to be built on the recently assembled property. Jack Jennings and Sons, as general contractors, will begin construction soon.

In a separate project, Burke, Hogue & Milis Associates, Inc. announced that construction has begun on the Environmental Studies Center in Longwood.

This multi-use educational facility for Seminole County Public Schools in cooperation with Seminole County, was designed by Burke, Hogue & Mills, and is being constructed by United Enterprises.

for the existing structure, the new 11,500-square-foot **Environmental Studies Center** allows for public use, as well as updated learning environments for students, a transformed environmental museum, and a multi-purpose room for public lectures and

Designed as a replacement

demonstrations. This Florida vernacular structure is designed as a mod-

announce that they have angled shape to take advantage of prevailing breezes coming off Lake Jesup. Located off State Road 419 on Osprey Trail, this new facility is adjacent to the expanded Cross Seminole Trail and will provide a unique stop-off for individuals and families utilizing the trail for

> The firm also announced that Gary P. Marchese, P.E. has been named a principal in the firm. Marchese, a licensed engineer, has worked at BHM for more than five years. As head of the construction administration department, he supervises contract administration, specification compliance, construction design compliance, as well as coordinating continuing educational opportunities as it applies to design and technical aspects of construction.

Central Florida-based bank to open new branch

First National Bank of Central Florida is proud to announce the opening of its newest branch in Heathrow on Tuesday, Oct.14.

The Heathrow branch is located at 1511 International Parkway and will be open Monday through Thursday 9 a.m. until 4 p.m. and Friday until 6 p.m. The drive through will be open Monday through Friday from 8 a.m. until 6 p.m. . assets exceeding \$238 million,

"This beautiful new facility will enable us to better serve the Heathrow/Lake Mary market with state of the art banking and personalized service. It puts us one step closer to achieving our goal of providing all of Central Florida with the absolute best in community banking," said Charles Hall, First National

Bank president. "If you are ready for some old-fashioned customer service, stop by our new office and ask us now we can satisfy all of your banking needs," said Joda Connell, who recently joined First National as vice president/branch manager of the Heathrow office, whose father is a founding member of the Heathrow Country Club.

The Heathrow office will feature personalized banking, with the extra amenities of individual account officers, personalized account set-up and safe deposit services. Locally owned, First National Bank of Central Florida opened its original branch in 1985 in Longwood. In 1999, the bank relocated its headquarters to downtown Winter Park. First National has 10 full-service locations throughout Seminole, Orange and Brevard counties offering high-tech banking to small-to-medium sized businesses.

This community bank has

with total equity exceeding \$17 million. First National Bank of Central Florida's beadquarters are located at 369 N. New York Ave. in Winter Park, For the latest information about First National Bank of Central Florida log on to the Web site at www.tomorrowsbanktoday.com.

Agency projects record revenues and expansion

Temporary Workers Staffing, one of Central Florida's largest and most active temporary staffing companies with 20 Florida offices and two more in Alabama and Georgia, projects it will see record revenues this year of more than \$41 million.

Mark A. Lang Sr., founder and chief executive officer of the firm, said 30 percent growth so far this year is just a start - he expects to have at least 50 recruitment and training centers throughout the southeast in five years, with more than \$100 million in annual revenues.

The key, Lang said, is the company's focus on its most integral team members temporary workers. Lang said 'temp" is a dirty word around Workers Temporary Staffing. "We call them team members," Lang said, "and it's true. They are the most impor-

tant members of our team." Most temp companies operate under the assumption that lemporary workers are just that - temporary, Lang said.

"We believe in our learn members, and we offer them career benefits that in some cases compete with those offered by major

corporations."
Those benefits include vacation pay, safety incen-tives, access to worker-paid health care, orientation and training and even job site supervision to help team members learn new skills to boost their worth - and their

earnings. Workers Temporary Staffing recently opened new recruitment and training cen-ters in Mobile, Ala., and Atlanta, and the firm plans to open in Birmingham in the next two months, along with a second Atlanta location.





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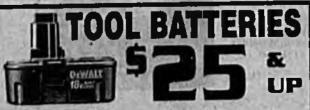
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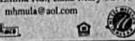
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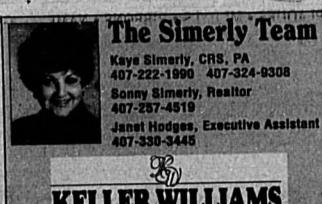


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- Coldwell Banker
- K-Mart

• Tires Plus

- Tropical Smoothie Cafe
- Daily News Deli & Grille

Vivona's (Lake Mary Location)



Monster crowd attends cross country classic

By Dean Smith Sports Editor

Several Lake Mary cross country runners got a little treat for all their hard work this season as coach Mike Gibson took a van load of athletes to Cary, N.C., this past weekend to compete in the Great American Cross Country Festival at the SAS Soccer Park.

The Rams boys did well for themselves, placing 18th as a team and had all five of its entrants finish in the top 106. Scoring for Lake Mary were 50th, Stephen Little, 17:41.65, 60th, Daniel Selsky, 17:51.77, 92nd, Jon Halsey, 18:35.58, 99th, Ryan Catchings, 18:57.59, 100th, Sean Staunton, 18:59.70, and 106th, Alex Lanauze, 19:12.89.

Most of the runners earned the right to go to North Carolina after their efforts in the 23rd Annual Lake Mary Cross Country Classic.

With all or parts of 27 teams entered a large gathering of runners was expected. But 560? That was proba-

bly even more than event coordinator Mike Gibson could have hoped for.

The boys varsity race drew 165 entries and it ended up being a good one for the locals with Lyman edging Oviedo by two points for the team title with Winter Springs finishing fourth and host Lake Mary, Lake Howell and Lake Brantley also finish-

ing in the Top 10. Individually, Lyman senior Bryan Christian won by 30-seconds (16:37.50-to-17:07.77) over Bishop Moore's Richard Pereira and four other Seminole Athletic Conference athletes finished in the top

eight. The girls varsity race drew 159, but just six less runners, 159, but the locals struggled a little, with only Oviedo (fourth), Trinity Prep (fifth) and Lake Brantley (ninth) finishing in the Top 10 in the team standings. The host Rams were 14th.

Individually only two runners were in the Top 10, but one of them was the winner.

The Lions' remarkable junior, Jenny Barringer, again paced the field, recording a 18:13.35 to case past Lavera Morris of Oak Ridge, who came home in Oviedo, 19:10.25.

Freshman Alicia Ivanhoe of Trinity Prep finished sixth.

This Saturday, Oct. 4, will find Lake Mary hitting the road again for a prestigious event, heading to South Florida to compete in the Sebastian River Invitational at Sebastian River High School.

This is the final regular race of the season as the postseason events begin on Thursday, Oct. 9 with the Seminole Athletic Conference Championships.

Also remaining is the Lyman Postal Run on Oct. 16, the Districts on Oct. 25, the Regionasi on Nov. 1, the State Championships in Tampa on Nov. 8 and the FACA All-Star Race in Tallahassee on Nov.

LAKE MARY CLASSIC

Saturday, September 20 BOYS VARSITY TEAM STANDINGS

1. Lyman HS, 87; 2. Oxiedo HS, 89; 3. 1. Lyman RS, 87; 2. Oviedo HS, 89; 3. Edgewater 185, 117; 4. Winter Springs RS, 137; 3. Bishop Moore HS, 173; 6. Seabreeze HS, 205; 7. Spruce Creek HS, 228; 8. Lake Mary HS, 232; 9. Lake Howell RS, 270; 10. Lake Brantley HS, 290; 11. DeLand HS, 303; 12. First Academy Orlando, 304; 13. Oak Ridge RS, 311; 14. Apopha HS, 366; 15. Central HS, 369, 16. Mainland HS, 641; 17. Fine Ridge RS, 510; 18. Circle Christian School, 533; 19. Craoma Academy, 847; 20. Orangewood Christian, 570; 21. Deltona HS, 608; 22. Belleview HS, 622; 23. Warner Christian, 643, NO TEAM 23. Warner Christian, 643, NO TEAM SCORES Seminole HS, Evans HS, Montverde HS, Lake Mary Prep. INDIVIDUALS

1. 16:37.30, Lyman, Christian, Bryan (12); Z. 17:07.77, Bishop Moore, Pervira. Richard (12); 3. 17:08.21, Edgewater, Richard, Mark (12); 4. 17:18.36, Winter Springs, Gregory, Chris (11); 5, 17:19:25, Winter Springs, Jones, Kyle (11); 6, 17:23:28, Oxiodo, Nicisen, Paul (12); 7. 17:23.26, Owiedu, Nielsen, Paul (12); 7.
17/28.86, Evana, Goggins, Antonio [11];
8. 17:32.43, Oviedo, Clements, Mait
(12), 9. 17:36.99, Oak Ridge, Araya,
Robel (11); 10. 17:37.70, First Academy,
Blarcy, Sean (10); Other Lake Mary linishers... 16. 17:50.39, Lake Mary, Little,
Seephen (12); 27. 18:24.72, Lake Mary,
Halaey, Jonathan (12); 48. 19:01.19, Lake
Mary, Selsky, Dentel (12); 49. 19:04.15,
Lake Mary, Staunton, Sean (10); 92.
20:13:75, Lake Mary, Catchings, Ryan
(12): 101. 20:28:47, Lake Mary, Jackson,
Patrick (9): 127. 21:50:52, Lake Mary
Prep, Brender, Evan (11); 156. 25:33:41,
Lake Mary Prep, Lane, David (10); 164.



It's been a busy time for cross country athletes as they have competed in the huge Lake Mary Classic, traveled to North Carolina to run in the Great American Cross Country Festival and will head to South Florida to compete in the Sebastian River Invitational this week.

BOYS JUNIOR VARSITY

TEAM STANDINGS TEAM STANDINGS

1. Lyman 115, 37; 2. Ovlede 115, 79; 3. Winter Speings HS, 105; 4. Seabreeze HS, 129, 3. Spruce Creek HS, 193; 6. Lake Mary HS, 214; 7. Bishop Moore HS, 237; 8. Edgewater HS, 242; 9. DeLand HS, 262; 10. Apopka HS, 274; 11. Lake Brantley HS, 290; 12. Bellev iew HS, 636; NO TEAM SCORES _ Mainland HS, Oak Ridge HS, First Academy Orlando, Seminole HS, Crooms HS, Central HS, Evans HS, Circle Christian School, Lake Howell HS. Deltons HS, Lake Mary Preps Orangemood Christian, Warneth Christian, Ping Ridge HS, Montverde, HS.

INDIVIDUALS

1. 19 14 15, Edgewaler, Inman, Matt (11), 2. 19:18.82, Lyman, Travers, Matt (10), 3. 19:32.72. Oviedo, Balogh, Will (12); 4. 19:33.48, First Academy, Gamble, June Willy (9); 5. 19:37.55, Lyman, Leon-Jac Willy (9); 3, 19:37-35, Lyman, Lon-Glass, Ray (12); 6, 19:53,15, Winter Springs, Hutton, Matthew (10); 7, 19:36-72, Lyman, McDada, Jake (9), 8, 19:58.04, Apopka, Liboy, Nicholas (11); 9, 19:58.31, Edgewater, Schutz, Joseph (10); 10, 20:04.02, Ovledu, Guider, Eric

28 45 65, Lake Mary Prep, Schaeffer. (10), Other Lake Mary finishers _ 28.
Tommy (10). 20-59.72, Lake Mary, Polly, Brandon (10),
29. 21-00.10, Lake Mary, Peoples, Ted (12); 30. 21:04:28, Lyman, Dumee, Evan (11); 43. 21:42.72, Lake Mary, Lyman, Kevin (11); 82. 23 41 20, Lake Mary, Taylor, Chris (12); 86, 23 47 95, Lake Taylor, Chris [12]: 86. 2347-95, Lake Mary, Sandeep, Bhave (11): V0. 24 03-50, Lake Mary, Sanda, Lambert (12): 92. 24 07-67, Lake Mary, Moore, Jeffrey (12): 96. 24-30-56, Lake Mary, Moore, Jerumy (9): 120. 26:11-69, Lake Mary, Souders, Corey (9): 123. -27-41-61. Lake Mary, Anthony, Brett (11): 125. 27-46-33, Lake Mary, Miller, Elan (11): 129. 29-03-34, Lake Mary, Taylor, Matt (12): 132. 31-03-29, Lake Mary, Gilletti, Jushua (12). CURLS VARSITY

GIRLS VARSITY

TEAM STANDINGS

1, Oak Ridge HS, 83; 2. Winter Park
HS, 96; 3. Bishop Moore HS, 123; 4.
Oviedo HS, 142; 5. Trinity Prep. 185; 6.
Spruce Creek HS, 185; 7. Dr. Phillips HS,
230; 8. DeLand HS, 263; 9. Lake Brantley 230; B. DeLand HS, 263; V. Lake Brantley HS, 265; 10. First Academy Orlando, 288; 11. Lyman HS, 291; 12. Seabreeze HS, 336; 13. Edgewater HS, 336; 14. Lake Mary HS, 349; 13. Apopha HS, 442; 16. Mainland HS, 460; 17. Montverde HS, 477; 18. Lake Howell HS, 498; 19. Winter Springs HS, 517; 20. Belleview

HS, 535; 21. Pine Ridge HS, 545; 22. Warner Christian, 616; 23. Seminole HS, 621. NO TEAM SCORE Circle Christian School, Central HS, Deltona HS; Orangewood Christian. NO TEAM FINISHES POSTED Crooms HS,

INDIVIDUALS

1. 18:13.33, Oviedo, Berringer, Jennifer (13); 2. 19:10.25, Oak Ridge. Jemaifer (18); 2. 1910.25, Oak Ridge, Morria, Lavera (12); 3. 20:09.24, Winter Park, Hughen, Sarah (11); 4. 20:14.66, Winter Park, Allen, Audrey (11); 5. 20:40.33, Dr. Phillips, Wilcoa, Ashley (12); 6. 20:94.94, Trinity Prep, Ivarhoe, Alicia (9); 7. 20:57.74, Dr. Phillips Wilcoa, Allison (12); 8. 20:59.99, Edgewater, Woodard, Alyssa (9); 9, 21:50.97, Bishop, Monre, Salimarch, Natalie (11); 10: 21:02.46, First Academy, Clark, Britany (12); Other Lake Mary finishers 41: 22:41.66, Lake Mary, fingalla, Monka (12); 74: 24:10.03, Lake Mary, Staunton, Shannon (12); 76: 24:13.06, Lake Mary, Horra, Cathalina (10); 89: 24:24:09, Lake Mary, Todisco, Alex (10); 110: 25:23.47, Lake Mary, Little, Stacey (11); 118. 26:18.61, Lake Mary, Simpson, Shana (11); GIRLS JUNIOR VARSITY TEAM STANDINGS

TEAM STANDINGS

1. Spruce Creek HS, 25; 2. Winter Park 18S, 110, 3. Lyman H5, 114, 4. Bishop Moore HS, 128, 5. Oviede HS, 139, 6. Moore HS, 128; 3. Ovlede HS, 139; 6. Oak Ridge HS, 159; 7. Lake Brantley HS, 289; 8. Dr. Phillipe HS, 312. NO TEAM SCORE DeLand HS, Seminole HS, Trinity Prep. Winter Springs HS, Lake Howell HS, Pine Ridge HS, Belleview HS, Lake Mary HS, Seabrezza HS, First Academy Orlando, Mainland HS, Evans HS NO TEAM FINISHES POSTED Crooms HS, Edgewater HS, Deltona HS, Montverde HS, Circle Christian School, Central HS, Orangewood Christian, Warner Christian, Apopha HS.

1. 22:22.33, Ovledo, Cen. Allison (11).

INDIVIDUALS

1. 22:22.33, Oviedo, Ces. Allison (11),
2. 22:35.95, Oak Ridge, Chin, Victoria (12); 3. 23:52.79, Spruce Creek, Smith, Danielle (9); 4. 23:57.02, Spruce Creek, Ibner, Jessica (11); 5. 24:00.04, Spruce Creek, Tad. Eling (11); 6. 24:23.82, Spruce Creek, Brown, Ashley (11); 7. 24:30.69, Spruce Creek, Chamberlan, Rachel (11); 8. 24:33.19, Oviedo, Anderson, Brooke (9); 9. 24:43.15, Spruce Creek, Dunn, Megan (9); 10. 24:50.06, Spruce Creek, Herwald, Trisha (9), Other Lake Mary finishers 64. 29:43.87, Lake Mary, Wilkina, Katy (10).

Lake Mary Rams struggling to find consistency

From Staff Reports

The Lake Mary football team has seen some of the luster of a potentially great season become tarnished as mistakes have cost the team three potential wins.

This past Friday the Rams traveled to Gainesville and penalties and a stingy Buchholz defense doomed Lake Mary again as it fell to 1-3 in a 21-14 loss to the Bobcats (3-1).

The veteran Rams were penalized eight times for 72 yards and the Buchholz defense held Lake Mary to only 85 rushing yards on 33 carries, with 28 of those attempts going for five yards or less, and 109 yards passing, 44 of which came on a completion that first hit the back of a Bobcats defender.

The Rams actually dominated the early part of the game, holding the Bobcats to only 17 total yards in the first quarter and taking a 6-0 lead early in the second quarter on

a seven-yard pass from Jon Clark to Justin Scott.

But Buchholz quarterback Alex Thompson started to take advantage of the young Lake Mary secondary, hitting wide out Bo Smith for 95 yards in the second period, including a 45-yard touch-down pass that put the hosts ahead for good.

Herman Brown rushed for touchdowns for Buchholz, including a gameclinching one-yard run in the fourth quarter, but the Rams run defense was sound, holding the Bobcats to only 46 yards on 28 carries.

Even with his big fourth quarter, Thompson was still only 9-for-19 for 195 yards, 148 of those yards going to Smith.



Keith Rivers dives into the end zone for a two-yard touchdown run during Lake Mary's 33-27 Class 6A-District 2 setback at the hands of the Oviedo Lions recently at John Courier Field. The Rams (1-3 overall and 0-1 in district play) have a golden opportunity to right the ship and still make this a very successful season as they play their next four games at home, starting with a district contest with DeLand tomorrow (Oct. 3) starting at 7:30 p.m. at Don T. Reynolds Stadium. This will also be Lake Mary's Homecoming

linebacker Keith Rivers was the defensive star for Lake Mary, as he was in on 18 tackles, had a tackle-for-loss and

a fumble recovery.
Offensively, Clark, making his first start of the season at quarterback, was 5-for-13 for 109 yards and one touchdown. He also scored the Courier Field.

As usual, All-American Rams' other touchdown on a two-yard run in the final

minute of the game.

The week before in the Class 6A-District 2 opener against powerful Oviedo, Lake Mary had more than a little problem with turnovers in a 33-27 setback at the hands of the Lions at John

Oviedo intercepted Rams passes on their first three possessions and turned each into a touchdown as the hosts

built a 21-0 lead. Jason Raulerson gave the Lions an early lead when he returned an interception 39 yards for a score.

Interceptions by Shamus Wright and Willice Daniels Rams pulled even with an

set up Oviedo's other touch- epic rally that included a coudowns in the first quarter. Quarterback Lee Sloan tossed a 31-yard pass to Charlie Parker to cash in on Wright's pick while a 17-yard touchdown run by Will Harrison converted Daniels' intercep-

But the never-say-die

ple of two-play drives of their

The first came in the second quarter after Lake Mary recovered an Oviedo fumble. Two plays later, Carl Buford scored on a 19-yard run. The Rams evened the score on

See Football, Page xA

By The NUMBERS

STANDINGS EXSTERN DIVISION

	SEC	BA	Top 25	PF	PA
Tennessee	2-0	4-0	1-0	105	60
Georgia	1.1	3-1	0-1	100	34
Florida	1-1	3-2	0-2	195	89
S. Carolina	0-2	3-2	0-2	114	78
Kentucky	0-2	2-3	0-1	133	114
Vanderbilt	0-2	1-4	0-1	110	129
WI	STE	RN D	IVISI	ON	
	SEC	All	Top 25	PF	PA
LSU	2-0	5-0	1-0	201	43
Arkansas	1-0	6-0	1-0	148	79
Auburn	1-0	2-2	0-1	96	50

TEAM LEADERS

Mississippi St. 0-1

0-3 127

0-2

. 247.75

RUSHING YARDS

South Carolina. 188.80

Tennessee	
Alabama 167.60	
Florida 164.00	
Alabama	
THE RESIDENCE AND PARTY AND PROPERTY OF THE PARTY AND PARTY.	
Passing Yards	
Misalssippi 340.75	
Mississippi St	
Florida 270.40	
Georgia 264.50	
LSU 256.20	
A STATE OF THE PARTY OF THE PAR	
TOTAL OFFENSE	
Mississippi	
Florida	
Arkansas. ,	
Georgia 416.75	
LSU	
230 , , , , , , , , , , , , , , , , , , ,	
RUSHING DEFENSE	
LSU	
Mississippi 74.75	
Georgia	
Gegrald	۱

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South Car	oli	n.	Ų		u		1		W				ı	ij.		144.3
Auburn .						4	,					Ų	V	ı,	١,	145.2
Arkansas.											١.	1	Ų,	Ų	Į,	182.5
Vanderbil	t.					,				ij.	Ų					187.
Florida																

INDIVIDUAL LEADERS

TOTAL DEFENSE

RUSHING YARDS	
Shaud Williams, Alabama	594
Cedric Cobbs, Arkansas	
Cedric Houston, Tennessee	432
Cedric Houston, Tennessee	
Nick Turner, Mississippi St	325
PASSING YARDS	
Eli Manning, Mississippi	1,329

en manning, ministrippi.			8		н	п	٠	٠	м	116	۱
Kevin Fant, Mississippi S	t.	Ÿ	ı,				٠		1	30,	
Brodie Croyle, Alabama .			٠	,	٠			٠	1	,07	
David Greene, Georgia .	4		٠	٠	ï	,		ų		94	
Jay Cutler, Vanderbilt				٠		ß	B			99	
RECEIVIN	Ø	5	T.	u	ı	D	3				
Justin Jenkins, Mississip	pi	Si	L,	Q							
Michael Clayton, LSU	5)				,	6			٠	41	
Chris Collins, Mississippi						1				3	
Fath Bands Mandachille										30	

Devery Henderson, LSU	302
Brandon Smith, Vanderbilt	
TOTAL OFFENSE	9090
Eli Manning, Mississippi	
Brodie Croyle, Alabama	1,118
Jay Cutler, Vanderbilt	1,081
Kevin Fant, Mississippi St	1,052
David Greene, Georgia	979
SCORING	
Jonathan Nichols, Mississippi	52

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Jonathan Nichols, Mississip	p	4			Ų,	Ų,	d			5
Shaud Williams, Alabama			×					×	Ä	4
Hatt Leach, Florida		,		ķ			4	4		4
Brian Bostick, Alabama .				4	٠	,			ÿ	3
Shyrone Carey, LSU					Ų	,				3
Justin Jenkins, Mississippi	S	٤.								3
DeShawn Wynn, Florida .	٠	ř	ķ	٠	h	٠	4	٠	8	3
INTERCEP	7	7	Q		(1	3				
Muhammad Abdullah, Kent									ı	

Distant Replay

Sean Jones, Georgia 3

Corey Webster, LSU 3

Dec. 27, 1958

The Gators' first bowl-game loss came at the hands of Ole Miss in a 7-3 battle at the Gator Bowl. The Rebels scored their only touchdown on the opening drive, when they

marched 70 yards and Jim Anderson punched it in. Florida's Jimmy Dunn returned the kickoff to the Ole Miss 30, but the Gators settled for a field goal from Billy Booker for the final margin.

The . his week

GAME OF THE WEEK

Mississippi at Florida

Gators seeking revenge

The Gators are looking to avenge one of their most damaging losses ever, and also string together back-to-back wins for the first time this season, when they host Eli Manning and Mississippi at the Swamp.

Mississippi pulled off one of its greatest wins in recent history last year, beating Florida 17-14 in Oxford, denying the Oators a chance to reach the Southeastern Conference championship. However, it's not likely to happen again: Florida basn't lost back-to-back games to Ole Miss since losing four straight ending in 1958.

A victory for the Rebels would turn things around in a hurry and go a long way toward erasing the bitter memory of last week's fade against Texas Tech. And a huge game for Manning might even put him back in the Heisman Trophy race.

Mississippi at Florida

■ Records: Mississippl 2-2 (1-0 SEC); Florida 3-2 (1-1 SEC).

Series: Mississippi leads 10-9-1. m Coaches: Mississippi's David Cutcliffe (32-20); Florida's Ron Zook (11-7). W Kickoff: 12:30 p.m. EDT. TV: Jefferson-Pilot.

Key for Hississippi: Try to find a way, any way, to stop the pass. Florida doesn't quite have the aerial attack that Texus Tech (661 yards, 6 touchdowns) does, but you can believe the Gators will be testing that secondary, especially after all the criticism that Ron Zook doesn't take enough chances downfield. The best way to help your secondary is to get some kind of pass rush on freshman quarterback Chris Leak, making only his second start. Defensive end Charlie Anderson needs to get an upfield surge; when he did break through the line last week he forced an interception for a touchdown. More of that would go a long way toward getting above .500.

Key for Florida: Show more discipline on offense. After being flagged five times for illegal procedure and three times for linemen standing up early, the Gators need to cut back on their own mistakes and not help Mississippi. They also need to learn to make adjustments on the fly, especially offensive coordinator Ed Zaunbrecher. The Gators usually decide before the game whether they will run or pass in that game, and they refuse to adapt. After finishing with only 93 yards last week, the Gators will come out and invist on establishing the run, just to prove they can do it, rather than go with what the Rebels give them.

The Rest of the Matchups

Alabama at Georgia

i Records: Alabama 2-3 (1-1 5EU): Ocor (1-1 SEC). # Series: Alabama leads 35-23-4. ■ Coaches: Alabama's Mike Shula (2-3); Georgia's Mark Richt (24-6). M Kickoff: 3:30 p.m. EDT. # TV: CBS.

Key for Alabama: Find a way to eat up some clock. There are always times in a game when you have to be able to just hold onto the ball and keep the opposing offense off the field. Last week against Arkansas, that time would have been with a 21-point lead midway through the third quarter. Allowing the opponent to have the ball for 28 minutes more than you do is unacceptable. Shaud Williams had 19 carries for 135 yards in the loss, so maybe a few more carries would lead to more points and, more importantly, boost the Tide's time of possession. Head coach Mike Shula loves to stretch the field, but he has to realize where these games are won and lost.

Key for Georgia: Put pressure on 'Bama quarterback Brodie Croyle, who has shown that he can find the open man when given the opportunity. He should see a lot of defensive end David Pollack this week. Take advantage of team speed and stretch those corners to prevent Shaud Williams from breaking a big run, as he usually does at least twice a game. Stack the box and rely on the quickness of your linebackers to wreck the short passing game.

Tennessee at Auburn

m Records: Tennessee 4-0 (2-0 SEC); Auburn 2-2 (1-0 SEC). Series: Auburn leads 22-21-3. M Coaches: Tennessoc's Phillip Fulmer (107-25); Auburn's Tommy Tuberville (57-41). ■ Kickoff: 7:45 p.m. EDT. ■ TV: ESPN.

Key for Anburn: The matchup between corner Carlos Rogers and Volunteers wideout James Banks could decide this game. Banks is by far the Volunteers' top option through the air, and has four touchdowns. If Auburn's thin secondary isn't careful, Banks might have four more touchdowns by the end of this game. All the talk is usually about Tennessee's running game, but with the Tigers moving offensive players around to fill holes in the secondary, you can bet Tennessee will test that possible Achilles heel early and often.

Key for Tennessee: Facing another athletic defense could

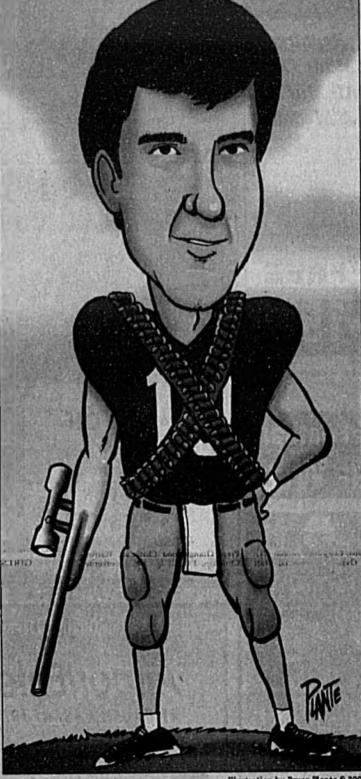


Illustration by Bruce Plante 9 2003

give the Volunteers' offense fits. After Auburn studies the film from the Gamecocks' narrow overtime loss to Tennessee, it will try to execute the same game plan and stop the Vols' running attack. If Tennessee's run defense can return to form, the Vols will get their own ground game going in the process. It's difficult for any running back, even Jabari Davis or Cedric Houston, to do much when he's holding his helmet under his arm on the sideline.

Vanderbilt at Mississippi State

■ Records: Vanderbilt 1-4 (0-2 SEC); Mississippi State 0-4 (0-1 SEC). # Series: Mississippi State Irads 9-6-2. # Coaches: Vanderbilt's Bobby Johnson (63-50); Mississippi State's Jackie Sherrill (178-114-4). m Kickoff: 2:30 p.m. EDT. m TV: None.

Key for Vanderbilts Get the running game back on track. Quarterback Jay Cutler does a fine job of avoiding the rush and picking up yards when running lanes open up, but he should not be the leading rusher on a team with two talented tailbacks. Cutler finished with 15 carries for 61 yards in the overtime loss to Georgia Tech, which was more than either Kwane Doster (15 for 60) or Norval McKenzie (12 for 43). McKenzie did have two touchdown runs, but the Commodores need to do a better job of getting their backs involved, even if it means a little creative play

Key for Mississippi State: The Buildogs need to keep plugging away and Improving on defense every week. They came into the game against LSU ranked next-to-last in the nation in total defense, and last against the pass. They allowed only 191 yards passing to the Tigers' potent air attack, and they also got their first interception of the season by cornerback Odell Bradley. If they can continue to chip away on defense and give Vanderbilt its yards without allowing any long plays, they have a shot at removing the goose egg from the win column.



ALABAMA A questionable unsportsmanlike conduct penalty following a Charles Jones interception in the end zone last week turned Alabama's Tide in a hurry. Defensive coordinator Joe Kines wasn't sure if the punishment fit the crime. "They intercepted a pass in an overtime situation. If there's not some emotion with that, they don't have any blood running through their veins," Kines said.

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MRKANSAS A solid running team never abandons the run, and that's exactly why the Razorbacks were able to come back against Alabama. Even after falling behind 31-10 halfway through the third quarter, Arkansas continued to rely on Cedric Cobbs, and he ended up with 198 yards on 36 carries.

AUBURN The Tigers have outscored Vanderbilt and Western Kentucky 93-10 in their last two games to pull back to .500 (2-2), but now things get tougher, with games against three top-10 teams this month. Auburn gets a visit from No. 7 Tennessee, then heads over to Fayetteville, Ark., to meet No. 8 Arkansas. Another road trip to No. 6 LSU follows a home game against Mississippi State.

FLORIDA Chris Leak started his first game against Kentucky and finished 20 of 35 for 268 yards and two touchdowns. Leak, who was 18 months old when the Gators last lost to the Wildcats, fared a lot better than the previous three Gator freshmen making their debuts on the road. They combined for 164 yards and no touchdowns with two interceptions.

BEORGIA Head coach Mark Richt indicated the starting tailback and backup running back spots are still up for grabs. He said sophomore Tony Milton, who remains questionable with a leg injury, is one of the best blocking tailbacks he's ever seen. Guess that gives Milton a leg up.

MENTUCKY The blindly thrown interception from Wildcats quarterback Jared Lorenzen to Florida's Johnny Lamar late in the Florida game broke a streak of 75 passes without a pick for Kentucky's husky quarterback. Laying on the ground and watching (Lamar) run by was the worst feeling in the world," Lorenzen said.

The Tigers are off to their first 5-0 start in 30 years. A big part of LSU's success is its explosive offense, led by quarterback Matt Mauck, wide receiver Michael Clayton and running back Shyrone Carey. But a bigger part is the conference's second-best defense, which forced four turnovers, had six sacks and allowed only 239 yards in last week's 41-6 dismantling of Mississippi State.

EMISSISSIPPI Texas Tech slinger B.J. Symons' 661-yard effort against Ole Miss was the third-best passing yardage performance in Division -A history, as well as a Big 12 record. Ole Miss also saw a couple of records fall when Ole Miss kicker Jonathan Nichols booted six field goals, which broke an Ole Miss record. Meanwhile, Rebels receiver Chris Collins broke the school's career reception record of 143 on Ole Miss' first possession.

DHES STATE The Bulldogs had a different defensive line yet again last Saturday. Mississippi State inserted 276-pound senior Kamau Jackson at defensive tackle. It also moved Tommy Kelly down the line from tackle to end, and switched Jason Clark from end to linebacker.

GAROLINA Freshman tailback
Demetris Summers rumbled for 158 yards on 27 carries in the overtime loss to Tennessee, gaining more yards than the Vols did combined (117). He also became the first USC freshman since Thomas Dendy in 1982 to rush for 100 or more yards in consecutive games.

PURINESSEE Volunteers punter
Dustin Colquitt kept
the Gamecocks pinned deep all night and helped the Vols pull the game out despite gaining 100 fewer yards than USC. Colquitt averaged 52 yards on seven punts.

MANDERBILT After falling 24-17 in overtime to Georgia Tech, the Commodores are now 56-44-5 all-time against schools from the Atlantic Coast Conference, Vanderbilt owns a winning record against every ACC team except Georgia Tech (15-18-3) and North Carolina (5-8). Luckily, they haven't played Florida State since the Seminoles joined the conference in 1991.



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Butera cited by Baseball America

Special to the Herald

UCF catcher Drew Butera was named one of the top 10 pro prospects coming out of the Great Lakes League this summer by Baseball

The list of top 10 Great Lakes League prospects was compiled by Baseball America editor Allan

Simpson and national writer John Manuel through consultation with league managers and area scouts.

Simpson stated that Butera, a Lake Mary resident who graduated from Bishop Moore, easily had the best arm of any catcher in the

A stout defensive catcher,

he also hit .340 for the summer. As a freshman, Butera hit .305 with one home run and 30 RBI in 49 games including 38

Behind the dish, Butera threw out 20 of the 39 base runners attempting to steal against him.



University of Central Florida's Drew Butera (shown making tag against FAU this season), a Lake Mary resident, is one of the top catchers in the nation.

Our focus is

your eye care

IN HIS WAKES to make stop in Altamonte Springs

Special to the Herald

World champion water skier Kristi Overton and Altamonte Sports are bring-ing IN HIS WAKES, a nonprofit organization formed to introduce people to the life-changing power of Jesus Christ through involvement in water sports, to Cranes Roost in Altamonte Springs on Saturday, October 11, for a "Night of Champions" & "A Day to Remember" Day to Remember". IN HIS WAKES will be

holding a program called "A Day to Remember" on the morning of Oct. 11 from 8:30am to noon at Cranes Roost. This special program is for a pre-selected children's group to come and spend a day with the pros of water sports. The pros will give the children the opportunity to-water ski and ride in a boat. The group pre-selected from the Orlando area is a group of children from Frontline

Outreach. The children from Frontline Outreach will also be presented with gold medals for their effort.

As part of the ministry, IN HIS WAKES will conduct a nationwide event entitled "A Night of Champions". A Night of Champions will feature professional water ski and wakeboard athletes such as Andy Mapple, Krisit Overton Johnson, Jeff Rodgers, Scott Clark, Dan Stewart, Lauren Harf, Shaun Murray & Gerry Nunn. The event, which is free

and open to the public, will begin at 2 p.m. with pre-ski show activities. Live musical entertainment, great food from Bermuda Grill, kid's moonwalks, activities, clowns, souvenir sales, autograph opportunities, and a water ski/wakeboard show by some of water sport's greatest athletes will be the event's entertainment. Former Sounds of Liberty singer, Jeannie Peoples, will perform along with a free concert by Kanon, winner of Inspirational Network's nationwide Christian talent search. A ski and wakeboard event show, created and host-ed by Sea World show writer Alex Jacobson, will intertwine analogies between the ath-lete's Christian walk and the sports of waterskiing and wakeboarding. It will include testimonials from the professional athletes and exciting on water 'exhibitions. The ski show, which begins at 4 p.m., will feature nonstop action by some of the world's greatest waterskiers and wakeboarders. Water sport exhibitions will include barefoot skiing, wakeboarding, freestyle jumping, ski flying, and head to head slalom & trick compe-

For more information about the "IN HIS WAKES" event, please contact Kristi Overton Johnson at 352-473-4598 or 352-745-1892, or visit www.inhiswakes.com www.kristioverton.com.

Sports Breifs

FLAG FOOTBALL OFFICIALS NEEDED

The City of Sanford Recreation and Parks Department is looking for referees for the Youth Flag Football League.

Games are played on

Saturday mornings. Interested parties should contact Jim Schaefer at 407-330-5697.

POLICE ATHLETIC LEAGUE BASKETBALL

SIGN UP The Seminole County Police Athletic League (PAL)

is now registering boys and girls, grades Kindergartenthrough- High School, for basketball league play.

On site registration will be held Oct. 4 and 11 at Milwee Middle School and at the Seminale High School at the Seminole High School gym, from 9 a.m. until 1 p.m., for the winter basketball season. The cost is \$80. There is a discount for additional siblings of \$10.

Games are played at Milwee Middle School, Indian Trails Middle School and Seminole High School on Saturday and

Sunday afternoons, If you have further questions, please call the PAL Basketball Hotline at: 407-324-3668.

BASKETBALL LESSONS

START IN LAKE MARY Former Lake Mary High School basketball stars Jason Junker and Ben Fratrik are offering private or semi-private (3 to 6 kids) basketball instruction through the Elite Basketball Academy.
Fratrik, the Boys Junior Varsity coach at Lake Mary High said he and landscard!

High, said he and Junker will cover anything player want to work on or they will develop their own individual workout.

All the lessons will be held at Lake Mary High School and can be scheduled by calling (407)310-7139 or emailing elitebaskeballacademy@hotmail.com.

See Briefs, Page 15



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Cameron Bateman's four-yard run two plays after Scott blocked an Oviedo punt early in the fourth

The Rams had cut the deficit to seven points on Rivers' two-yard touchdown run in the third quar-

"The kids busted a gut out there," said Lake Mary head coach Greg Stanton. "A little bit of you dies when you see the kids work so hard and not come away with a better result than this. But everything we want is still right there in front of us."

Shortly after Sloan and Harrison connected to put the Lions back in front, Brice Patrick scored an insurance touchdown for the Lions on a 48-yard dive through the cen-ter of the Lake Mary defense. Clark scrambled three yards for

a touchdown as time expired for the Rams.

Bateman rushed for a game-

high 97 yards on 23 carries for Lake Mary.

The Rams have a golden oppor-tunity to right the ship and still make this a very successful season as they play their next four games at home, starting with a district contest with DeLand tomorrow (Oct. 3) starting at 7:30 p.m. at Don T. Reynolds Stadium. This will also be Lake Mary's Homecoming

The Rams will then play nondistrict games against Lake Howell (Thursday, Oct. 9) and powerful Osceola from Kissimmee (Friday, Oct. 17) before hosting district and neighborhood rival Seminole for Senior Night on Friday, Oct. 24.

Lake Mary will finish the season with what should be a huge district against a lake Brantley on

trict game at Lake Brantley on Friday, Oct. 31 and a season-ending conference game at Winter Springs on Friday, Nov. 7.



Herald photos by Jim Wents

Senior running back Cameron Bateman (No. 5, top) ran for a game-high 97-yards on 23 carries and scored on a four-yard run in Lake Mary's 33-27 loss to Oviedo, while senior Jon Clark (No. 10, above) resumed his duties as the starting quarterback, running for a touchdown in relief against the Llons, then throwing for 109 yards and accounting for all of the Rams' scoring, with a touchdown pass and a touchdown run, in a 21-14 defeat at the hands of Buchholz.

Briefs

Continued from Page 14

Prices vary depending on how many lessons are desired and whether it is private or semi-private.

GLIDERS GOLF TOURNEY IS OCT.11

The 5th Annual Geders Speed Golf Tournament will take place, Saturday, Oct. 11, at 7 a.m., at Winters Springs Golf Club.

This unique event incorporates two great passions -golf and running! It's played like regular golf except play-ers run from shot to shot. A player's score is made up of combined golf score and run-ning time. Awards are given in overall male and female categories, best golf score and best running time. New this year is a Junior Category for youth.

Additionally, the Gliders will host its second annual "4-person Golf Scramble Tournament" on, Friday, Oct., 10, at noon at the Winter Springs Golf Club.

Early registration for both tournaments is suggested, as entries are limited for this event. Winter Springs Golf Club is located on State Road 434 in Winter Springs. Proceeds benefit the Central Florida Glider's academic, athletic and community outreach programs, including its college scholarship program, athletic travel scholarships

and helping needy families.

Additionally, there are many opportunities for sponsors to benefit from this

annual charity event.

The Central Florida
Gliders is 501(3)c non-profit running organization. Additional information on its running and community outreach programs as well as both golf tournaments and past results is available on the Glider's Web site: www.cfgliders.com.

For an entry form, a sponsorship proposal, or more information, contact: Tournament Director Jim

Podschun at 407-671-0960 or podschun@atlantic.net or Tournament Organizer, Craig Wise at 407-682-1368 or coachwise@hotmail.com.

YOUTH BASKETBALL

BEGINS IN NOVEMBER The Sanford Recreation Department is offering Youth Basketball beginning in November.

The league features three divisions, Elementary, Middle and Prime Time, and the entry fee is \$40 per player.

For more information, contact Duane Lafollette at 407-328-3732 or the SRD at 407-330-5697. Information is also available on the Web site at ci.sanford.fl.us.

GLIDERS LOOKING FOR RUNNERS

The Central Gliders Track Club is looking for athletes that would like to

run cross-country this fall. The Gliders are a nonprofit youth running club, for ages 8-to-18, based in Altamonte Springs. Over the years, the club has produced athletes and teams of national caliber.

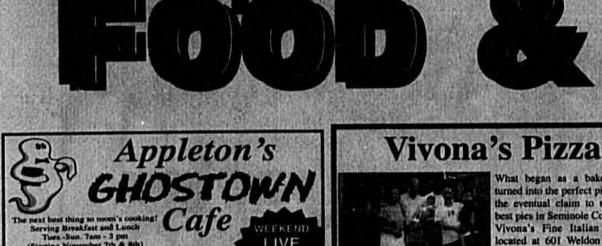
This cross-country season, the Gliders will compete in various local, state and national competitions, including the Footlocker National High School & Age Group Cross Country Championships in Charlotte, NC and the youth National Cross

Championships. Those interested in competing in cross country or trying out for the national team that will represent Florida in the national championships, contact Coach Craig Wise at coachwise@hotmail.com or 407-682-1368; Coach Tamaa Patterson

Tptuplu@aol.com or 407-682-8553; or visit the Glider's Web site for further information at: www.cfgliders.com.







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What began as a baker's dream turned into the perfect pizzeria, and the eventual claim to serving the best pies in Seminole County, Vivona's Fine Italian Pizzerias, located at 601 Weldon Blvd. and 2477 S. Park Ave., serve up some of the hottest and freshest pizzas in Lake Mary and Sanford. Owner Nick Vivona's first thought

in the food preparation business wasn't all pepperonis and mozzarella. When he started out 11 years ago in Sanford, he was out to make the best bread.

"I couldn't find good bread so I started making my own," said th Sicilian-born Vivona who has found a home in Sanford. "I started making my grandma's recipe and it just took off, but grandma makes it bet

The famous family recipe received its greatest attention when a few customers asked if he made pizza. The word about his homemade pizza pies spread like wildfire and he changed his Sanford location, opened in September of 1991, from a bakery to an Italian family eatery. The biggest draw was his reasonably priced 18-inch, three-topping pizza. "The price was right and the taste was excellent," he said. "It was home

About two years ago, a second Vivona's Fine Italian Pizzeria opened in Lake Mary. Along with its homemade bread and pizza doughs, the two restaurants feature lasagna, baked ziti, chicken marsala, shrimp diabolo

Vivona's also offers catering services for parties up to 60 people. A few of the dishes served up for events such as business functions, weddings and birthdays include pizza, lasagna, sausages and peppers, chicken marsala and eggplant parmesan.

The Lake Mary location is open 10 a.m. to 10 p.m. everyday and the Sanford restaurant is open 9 a.m. to 10 p.m. Monday through

"Everything we make is prepared fresh to order. It takes a little bit longer, but its worth the wait," Vivona said.

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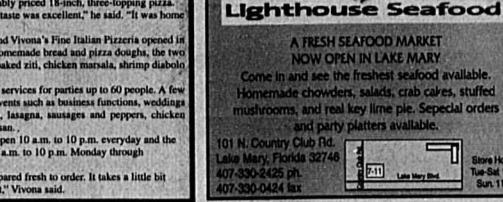
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