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  - \$5,000 or more qualify for a monthly check upon request.



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**The Sanford Herald**  
Wednesday, May 5, 1971 — Sanford, Florida 32771  
63rd Year, No. 177 Price 10 Cents

## Boy Shot In Head; Police Seek Two

A teen-ager was fatally shot through the head without warning late Tuesday, touching off a massive police hunt early today in a residential area of Orlando, according to police officials.

Warrants were expected to be issued to Julian Athan Byrd, with an address listed as 147 East Esther Street, and Karl John Porter, 1940 East Harding Street, both of Orlando, in connection with the shooting.

The driver of the auto, tentatively identified as 20-year-old David Ball, said that the two were passengers in the back seat of the car when "one of 'em grabbed my buddy around the neck and shot him in the head. They didn't say anything. They just shot him."

"I heard them screaming, saying they were going to kill me, too. They did it for no reason. None. None. None."

Ball said that he rammed the car into a hedge and escaped. He said that he picked his passengers up near an Orlando drive-in restaurant.

Where it had been earlier reported that the two being charged with the murder were hitchhikers, reliable sources said that all four were well known to one another.

The name of the dead Gainesville youth has not been released pending notification of next of kin.



By JOHN A. SPOLSKI

If I were back home in Pennsylvania, my dear old Dad would be asking, "Did you wear your see-no-see watch-ee?" (That's the same as Long Johns, but them dumb Poles, never did learn no better, you see?)

And please, children, don't use the previous sentence as an example for your English class, okay?

Seriously, it went down to 43 early this morning... and if that wasn't bad enough... the combination of smoke and fog (California SMOG is what it is, really) caused all of us to drive no faster than 5 miles per hour this morning... those that didn't have an accident on the way to work.

Checked with the Sheriff's Department before 8 this morning, and at that time, they already had over 12 accidents reported, not to mention the number of roads which they were trying to close down... due to the poor visibility.

The other day we saluted two local people for being real-honest-to-goodness heroes, and identified only one of them. We made reference to the other simply as being one of the softball players who happened to be near the stricken other player, who was injured in a slide into second base and was in shock...

This "other" player had the presence of mind to stick a pen into the mouth of the one who was on the ground... and really saved his life.

Well, today we found out the hero's name... and further, that he also went through a similar experience as an injured football player for Seminole High School.

He was a good one, too... and didn't forget the agony recuperating in the hospital, cause he visited the injured player... a casual acquaintance, and not a real close friend... not once, but three times in less than a week.

An Around The Clock salute to Mark Coalo... our nomination for the Good Guy Award.

To my young friends of the "other generation"... don't have to go out of town for some of the sounds that move you... this Friday, from 8 to midnight, you may hear the Miami group at the Sanford Civic Center... AND... get all the free pizza and coke you want. Especially bringing this also to the attention of those mothers who call me and say "our kids don't have anything or place to go in Sanford"...

Keep your nose out of other people's business and you'll lead a pretty dull life.

## Hospital OKs Fee For Physicians

Seminole Memorial Hospital physicians staffing the hospital's emergency room on a day-by-day call basis will receive \$100 a day for being on call starting June 1.

This was decided by the hospital trustees at Tuesday night's board meeting after a letter from a member of the staff was read asking when the hospital would start paying the doctors on a fee basis as had been agreed some time ago by the trustees but never implemented.

Doctors will rotate the emergency room duty as before but when his turn arrives, the physician may retain another doctor to replace him and allow the \$100 a day rate to go to his replacement. If the doctor on call fails to respond when called by the emergency room nurse, he will automatically forfeit the daily fee.

During the discussion, it was brought out that some doctors may elect to donate the money to the hospital.

Harold Miller, hospital trustee and chairman of the committee named to look into the hiring of a pathologist, said he had nothing to report at present but had been working within the code of ethics of the pathology society. "We are making progress," he said.

The hospital trustees commended Dr. Luis Perez for his community work that earned him the Robbins Award from the Florida Medical Association. The staff member will receive the honor at ceremonies tonight at Miami.

Dr. John Johnson, hospital staff chief, recommended that a volume pressure respirator be obtained by the hospital to assist patients who have breathing problems.

Dr. Thomas Largent, trustee, said the respirator is needed and indicated the instrument is a life-saver since it forces air into the lungs but wants the hospital's equipment committee to first investigate several on the market to determine which was the best. The recommendation would be returned for further consideration.



JOHN KIMBROUGH

By BILL SCOTT

"If the county will fund it, we can do it."

This was the apparent stand taken Tuesday night by the Seminole Memorial Hospital trustees to County Commissioner John Kimbrough's question concerning the hospital operating an in-patient holding facility for mentally ill persons.

Kimrough said the county is paying \$59.04 a day per patient to house them at Florida Hospital facilities in Orange County and he wondered just how long that hospital would be able to take Seminole's mentally ill patients?

"My opinion is that our hospital should provide the holding facilities in rooms here. We have spent \$6,000 this year with Florida Hospital," Kimbrough added.

Dr. Thomas Largent, hospital trustee, advised the commissioner that the county is getting a bargain at \$6,000 and

## Altamonte OKs 8% Tax On Utilities Over Protest

By MARION BETHA

ALTAMONTE SPRINGS — Completely disregarding a petition of more than 900 residents of the municipality, requesting a 30-day delay in the second and final reading of the utility tax ordinance, City Council yesterday unanimously voted for its passage. The ordinance provides for an eight per cent tax upon all utilities. The present overall tax is 19 per cent, with a \$1 maximum.

Several residents of the city spoke in opposition to the tax during the meeting. Foremost was Clarence Thornley, who termed the tax excessive. He told council that he had visited over 200 homes relative to the petition, and that of these only three refused to sign the petition.

Thornley contended that the tax is not equitable and that he is against it being earmarked for a city hall, expressing that the money could be better utilized for recreation, parks, etc. Thornley went on to say, "It is a good piece of the community when less than one per cent of the people refuse to sign a petition."

The irate resident expressed to the council that if it passed the ordinance it would be a flagrant display of concern for the wishes of the residents of the city.

Mayor Lawrence Swafford told Thornley that two bills in the state Legislature are "going to pass" which will establish a uniform utility tax rate... HB 63 and SB 811. Swafford termed himself as an "average citizen" and said that his taxes would be increased less than \$18 a year. He continued that the laws now being passed are trying to treat low income people fairly.

Thornley countered that the county could levy a 3% per cent tax, and that with the increased commercial revenue from the new shopping mall and Florida Hospital as well as other commercial accounts, the capital outlay fund would still see increments.

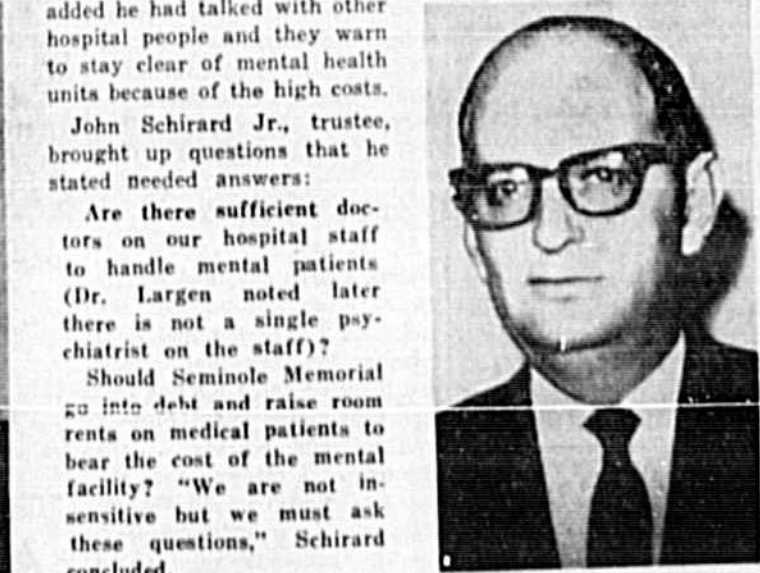
He alluded to the fact that "people are coming here from Atlanta to talk annexation" and he felt that "million dollar customers should be entitled to a better office." People, he said, should be behind the City Hall.

Thornley, still tenacious, said that the county had increased taxes three and one-third mills, more state taxes are proposed (Continued on Page 2A, Col. 1)

## Mentally Ill Facilities At Hospital Discussed



DR. LARGEN



JOHN KIMBROUGH

added he had talked with other hospital people and they want to stay clear of mental health units because of the high costs.

John Schirrad Jr., trustee, brought up questions that he stated needed answers:

Are there sufficient doctors on our hospital staff to handle mental patients who come here? Or, later on, would there be a single psychiatrist on the staff?

Should Seminole Memorial go into a 40-bed and raise room rents on medical patients to bear the cost of the mental facility? "We are not insensitive but we must ask these questions," Schirrad concluded.

Dr. Largent asked Kimbrough if the County Commission is willing to take on the extra expense for a mental facility here? The commissioner said he could not answer for other commissioners at the present time. Largent advised "if they will pay for it, then we'll run it."

The trustee also made it plain that the only hospital expense to the taxpayer last year was the interest on bonds.

"Most of the patients using the mental facility will be indigent. The thing we're concerned about is who will pay for it," Largent concluded.

Kimbrough changed the subject and asked if the trustees are considering providing ambulance services?

This brought on a discussion of costs involved with such a county expense and Kimbrough asked if the hospital could operate an ambulance service in the northern part of the county since an ambulance firm had indicated it is economically feasible for them to

operate in one portion of the county.

Again the discussion evolved around costs and it was indicated two years ago that \$8,000 would be required to staff two ambulances and this did not include the purchase of the vehicles.

Finally, Kimbrough asked if the trustees had discussed the possibility of having two county hospital tax districts.

Gordon Frederick, hospital attorney, said this would require some legislation and that it would be a difficult job to sell the south end of the county on construction costs for another hospital along with a tax to support it.

Kimbrough replied it is not necessary to have two county hospitals to have two tax districts. Frederick pressed the commissioner further asking, "Why would you need two tax districts if you believe you don't need two hospitals?" Kimbrough gave no answer.

## Headlines Inside THE HERALD

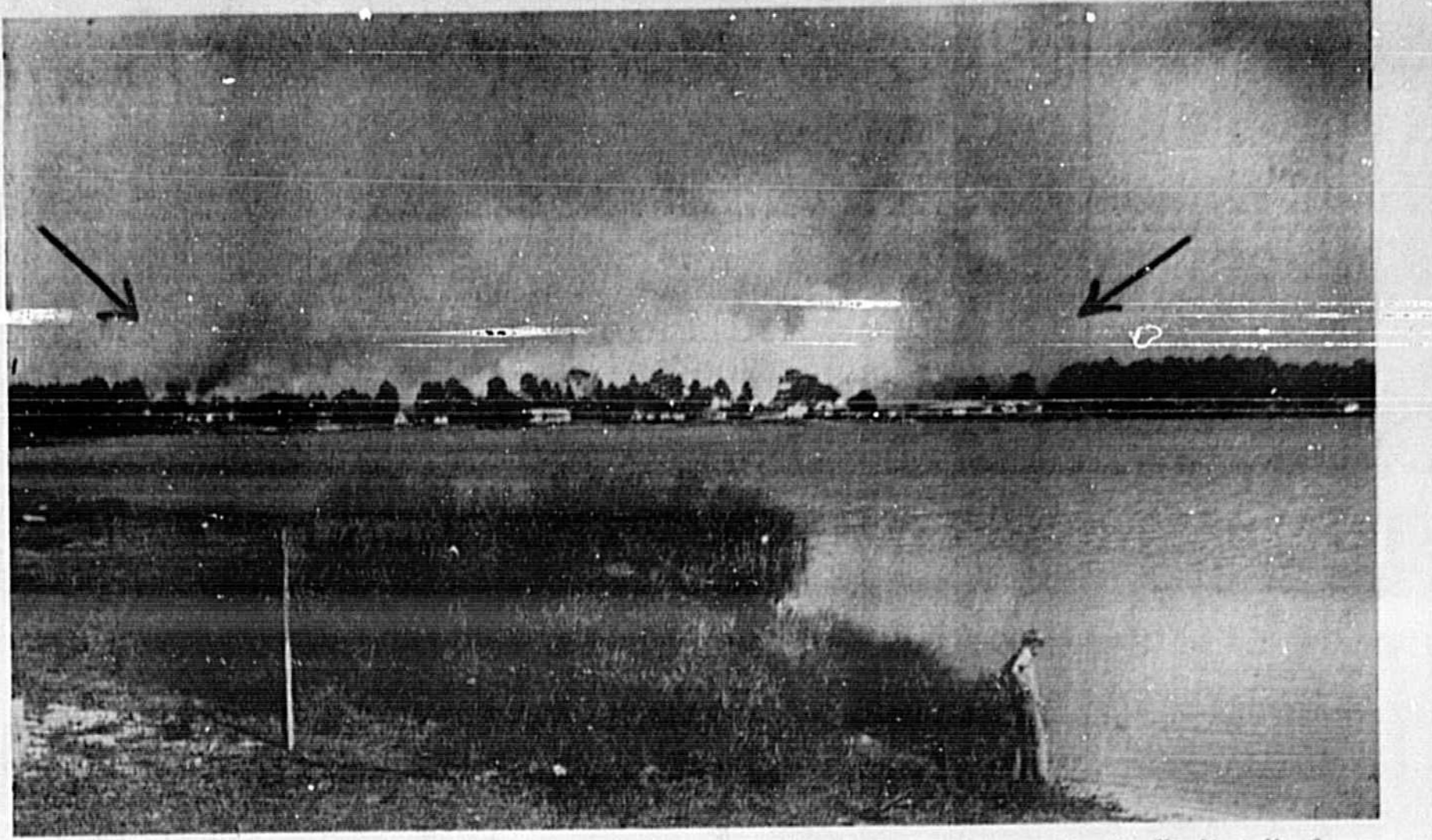
**MIAMI**—Water rationing begins to take effect in drought-parched South Florida as Gov. Reubin Askew considers a request to ban the public from the tinder-dry, smoking Everglades. (Page 5A)

**TALLAHASSEE** — State senators are to get their first official peek today at a proposed \$1.271 billion "bare bones" spending bill, while a House committee is expected to adopt a version \$125 million higher. (Page 5A)

**WEATHER** — Yesterday's high 78 and the low this morning 45. Generally fair through Thursday. Warmer with highs in the 80s. Low tonight mainly in the 60s.

Showers and thunderstorms spattered wide areas of the nation today and some spots got an additional dose of bad weather in the form of snow, hail and an isolated tornado.

## The Cause Of It All



HIGHWAY TRAFFIC was snarled and rerouted, traffic officers were kept busy, as were firefighters, and area residents suffered as brush burned east of Lake Kathryn, north of Casselberry, Tuesday afternoon. Photo was taken by Herald staffer Larry Neely looking from U. S. Highway 17-92 east across the lake.

## Smoky Haze Tangles Early Morning Traffic

zero visibility were Seminole Boulevard—Lake Drive—Winder Drive areas of Casselberry, Red Bug Road, Chapman Road, SR 436, 520, 425, and Tusculum.

No accidents were reported in Casselberry in spite of the intense smog, but Police called in volunteer firemen to aid in unsnarling traffic as cars and school buses attempted to reach schools blinded by a sea of smog. At least one bus was stranded for two hours headed with students bound for Lyman High School.

A fire which had been burning for some time in a backyard off North Winter Park Drive in Casselberry, fanned by winds, spread over 50 additional houses threatening some 50 houses and mobile homes in the Lake Kathryn, Sherwood Forest areas. The Casselberry fires have blackened a total of 300 acres.

Adding to the smoke was a seven-acre fire in North Orlando, yesterday afternoon—definitely the work of an arsonist according to the Florida Forest Service ranger in Longwood, a grass fire on Lake Howell Road in Casselberry, and fires still smoldering on Lake Drive from the April 25 holocaust.

## Murder In Deltona

(Read Pg. 2A)

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Page 8A  
Wednesday, May 5, 1971

# Nancy Kerr, Sidney R. Boland III Exchange Vows In Double Ring Rites



MRS. SIDNEY REGINALD BOLAND III

Miss Nancy Paulette Kerr, daughter of Mr. and Mrs. Paul B. Kerr, Mooreville, N.C., and Sidney Reginald Boland III, son of Mr. and Mrs. Sidney R. Boland, 2509 Clairmont Ave., Sanford, were united in Holy matrimony Saturday, April 24, at 4 p.m. in St. Luke's Episcopal Church, Salisbury, N.C. Rev. Dr. Harrison Good and Rev. George Westney were officiating. James Padgett, organist, presented appropriate nuptial selections and accompanied soloist Steven Bunker. Church decorations included two brass urns filled with white floral arrangements, flanking the altar and two, seven branched candelabra.

Given in marriage by her father, the bride wore a formal length gown of white pean de soie, fashioned with a hooded neckline, featuring empire bodice and long full sleeves of silk organza applied at the wrists with wide ruffles which ended in ruffles over the hands. The gown was accented with appliques of the same lace and traced with seed pearl. The Chapel length train was attached at the empire waist by a narrow bow.

Her Chapel length veil of imported silk tulle was worn Manila style and she carried a white lace covered Bible centered with a large white orchid and showered with bridal ribbons.

Maid of honor, Miss Christine Miller, Mooreville, N.C., wore a formal length gown of lime dotted swiss with a white sash. The bride's hair was styled in a single long stemmed bun.

Bridesmaids and matrons were Miss Jewell Alexander, Flat Rock, N.C.; Mrs. Lee Edwards, Greensboro; Miss Jolani Slaughter, Sanford and niece of the bride, Miss Kim-berly Parker, cousin of the bride. All attendants were dressed identically to the bride and carried long stemmed single mums.

Sidney R. Boland served his son as best man and usher-groomsmen were James Kalk, Pargland, N.C.; Lee Edwards, Greensboro; Dorlin Kerr, brother of the bride and Kim Pope, Sanford.

Little Miss Angela Burns, Salisbury, N.C. was flower girl and honorary attendants were Miss Linda Carpenter and Miss Pat Teague, both of Jasper, Ga.

were made by Mrs. M. L. Davis, Mt. Ulla, N.C., grand-mother of the bride. Miss Pat McGlamery, kept the guest book, Mrs. Larry Burne, presided at the punch-bowl and Mrs. Home Riley and Mrs. Henry Lovin cut and served the cake.

For her going-away outfit Mrs. Boland chose a white crepe knit pantsuit with navy trim, navy and white accessories and the orchid corsage from her wedding bouquet.

The couple left for a wedding trip in the mountains of North Carolina and when they return their new residence will be 964 South Main Street, Mooreville, N.C.

The bride is secretary in the sales office at Regens Brothers Corporation, in Cornelius, N.C., and the groom is employed in underwriting with Continental Insurance Companies of Charlotte, N.C.

Sanford residents attending were the groom's parents and Mr. and Mrs. Robert L. Johnson, David Hale, Mrs. Fred W. Pope Sr., William H. Crowell and Mrs. Gretchen Lewis Crowell.

**REHEARSAL DINNER**  
Following the rehearsal for the Kerr-Boland wedding, a rehearsal party was given in the green room of St. Luke's Episcopal Church, Salisbury, N.C.

The party area was adorned with arrangements of spring flowers and the refreshment table was centered with an arrangement of iris, carnations, mums, anemones and greenery, carrying out the bride's chosen colors, of yellow, green and white.

Coffee, punch, cake squares, sandwiches, cheese straws and nuts were served to members of the wedding party.

**Garden Club To Install**  
By ELLA MAY FRAZER DELTONA—Garden Club of Deltona will install officers of the club, and also of all the 13 Garden Circles at Siston University May 12 at 12:30 p. m.

Mrs. Walter Hopton is hostess for the day. Mrs. Arlie Hopkins, District Director, will install the executive board officers and others in circles.

A student of music from Siston, Miss Andrea Anderson, will sing "America, the Beautiful." It is expected the luncheon will be very well attended. For details phone Mrs. Hopton, 608-5015.



DELTONA STAR CLUB installed officers last week in the Community Center where a delicious luncheon was served after the meeting.

# Deltona Star Club Installs

**By ELLA MAY FRAZER**  
DELTONA—The Star Club of Deltona celebrated a fifth birthday with installation of new officers, and two big and beautifully decorated birthday cakes that topped a delicious luncheon. Tables were delicately and carefully decorated with "manufactured" flowers and greens.

Officers installed were: president, Mrs. Grace Neuhaus, retiring president, Mrs. Grace Neuhaus, treasurer, Mrs. Adele Roberts, chaplain, (Ella May Frazer Photo)

**Bridge Club Lists Winners**  
The DeBary Duplicate Bridge Club met with 14 tables in play under the direction of Miss Ethel Johnson. North-south winners were first, Mrs. Gloria Accardi and Mrs. Elaine Driver; second, Mrs. L. Munson and Norman Meyers; third, Mrs. W. O. Bennett and Mrs. L. Munson; fourth, Mrs. Frank Austin and Mrs. Don MacNaughton; fifth, Mr. and Mrs. Marian Fallbaum; sixth, Mrs. Jean Deever; sixth, Mrs. Jean Deever.

Officers of the club, and also of all the 13 Garden Circles at Siston University May 12 at 12:30 p. m.

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# Ship Ahoy! Make Spring Frolic Ball Reservations Today



SETTING the pace for the annual Spring Frolic Ball are Mr. and Mrs. Wayne Albert who were captured by The Herald photographer at the Winter Champagne Ball.

reservations chairman of a cruise into Spring. Everybody wants to get into the act for the Spring Frolic cruise and reservations are limited. Phone today!

**By MARIAN GORDON**  
The call to "Save our symphony" was magnificently answered by more than 200 Central Florida women at the "Save into Spring" picnic and fashion show chaired by Mrs. Eve Proctor.

The models, radiant in fashions both unique and beautiful were Mrs. H. T. Dobb, Rachel Cahill, Mrs. William N. Ellis, Mrs. Clay Fausnaugh, Karen Kaplan, Sue Goebel, Mrs. Thomas Miller III, Mrs. Charles Fruit, Mrs. Earl Piper, Shirley Schmidt, Mrs. Charles Meyer and Mrs. James Stokes.

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By DOBIS WILLIAMS  
Society Editor

Just think—a spring cruise, both in theme and reality! Dress is optional... wear cruise clothes... your fancy dolls... or your favorite pants dress... anything goes!

**Rebekahs Pay Tribute To Founder**  
By BERTHA SNYDER  
Seminole Rebekah Lodge No. 43 met recently at the Odd Fellows Hall with Mrs. Mary Horton, vice grand, presiding.

**Fashion(able) Picnic Boosts Florida Symphony**  
The water was clear, the grass, green and flowers were in bloom.

**New Arrival!**  
Mr. and Mrs. Larry J. Bates of Winter Haven announce the birth of a son, Larry Jon, Jr., at 6:22 p.m., April 30, in Winter Haven, weighing 8 lbs. 7 oz.

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# Dear Abby: By Abigail Van Buren

## Horoscope Forecast

DEAR ABBY: I wrote you with a problem two years ago. I had a young neighbor who wore shorts and a halter top to do her housework. She also went outdoors to hang her laundry in that outfit. I used to feel badly because my husband would always find some excuse to go outside and talk to her.

I asked you what I should do, and you wrote me a personal reply saying, "If that's what your husband likes, by some short shorts and a halter top and give your neighbor a little competition."

I followed your advice, feeling a bit self-conscious because I have a slightly crippled arm, but I soon got over my shyness when I saw how my husband reacted. He just loved seeing me in that outfit and became so much more demonstrative and affectionate toward me.

Abby, the last two years of our marriage have been the best in all the 10 we've been married. I think you should have put my first letter and your personal reply in the paper. It might have helped other timid wives overcome their shyness and put more happiness into their lives.

DEAR GRATEFUL: His writing letter made my day. DEAR ABBY: I am a wid-

DEAR ABBY: I write nearly every Sunday a cousin comes to visit me for a few hours, and she always brings a lot of gossip about the rest of the family. I am really not interested in hearing about the marital woes of this niece and that nephew, or the financial struggles of other relatives, or which relative is on the outs with another relative, and that's all she ever talks about.

How can I avoid having the family garbage dumped on me each week? I try to change the subject, but she gets right back on it again. If I tell her plainly I don't care for family gossip, she will berate me for my "holier than thou" attitude. She is vicious. Can you help me?

ANTI-GOSSIP: You'll need an accomplice for my solution. Invite a friend or neighbor over. Even the most vicious gossip will refrain from washing the family lily in the presence of a third party.

DEAR ABBY: I am married to a wonderful man, and we have four children. Elmer (not real name) and I are very happy, but my problem is my mother-in-law.

DEAR GRATEFUL: His writing letter made my day. DEAR ABBY: I am a wid-

Abby, the last two years of our marriage have been the best in all the 10 we've been married. I think you should have put my first letter and your personal reply in the paper. It might have helped other timid wives overcome their shyness and put more happiness into their lives.

DEAR GRATEFUL: His writing letter made my day. DEAR ABBY: I am a wid-

# Jacoby On Bridge

In JACOBY MODERN and all other modern forms of standard American the response of two in a level suit shows at least 11 points with 9 or more in high cards.

Today we show the same North hand as yesterday, but this time South responds two clubs. North will now rebid two spades. This is a reverse bid but unlike other reverse bids that show a very good hand this one merely shows a sound opening bid. It also gets South to a nice three no-trump contract.

If West leads a heart South is sure of two hearts, four clubs and two spades and a diamond. He will probably make an over-trick, his contract is a sure

respond two clubs. If North rebids two diamonds, South will have to decide between a jump to three spades and a bid in no-trump. If he bids no-trump everything will be fine. If he jumps in spades North will be playing four spades or three no-trump. He won't make four spades. He may not make three no-trump.

When North opens one spade and rebids two diamonds and South knows that he may have opened a four-card suit, then South has terrific problems. But when North opens one diamond and rebids two spades his partner will play him for only four cards in that suit.

Let's see what happens if North makes the inferior opening bid of one spade. South

# Worry Clinic

The signs are turned around," was Hildebrand's theme.

He began his address by telling of the Halloween prank in his home town where boys would reverse the street markers.

"South was changed to North," he added, "and last became West."

Then he warned that purveyors of smut, pornography and verbal filth were seeking to hoodwink America.

"They are trying to make our youth believe that sex is bad and that sex is sinful."

Remember, this was 25 years ago! Prohibited!

The Bible thus cautions us: "If you see the wind, we'll treat the whirwind, meaning havoc."

Ancient Sodom was ruined because of pornography.

"Its ugly heritage is the legal term 'sodomy.'"

Home likewise had its pristine virtues eroded by the vice sexual organs of Nero.

So Roman women resorted to abortions routinely.

For the social par-enters cause the mass of mankind to wear clothes for "X" movies or mini-skirts.

And this is the psychological failure underlying the report of that \$2 million Commission on Pornography.

For it is an axiom of education that habits develop from repetition.

In fact, I always taught my "Advertising Psychology" students at Northwestern University that "Repetition is but repetition."

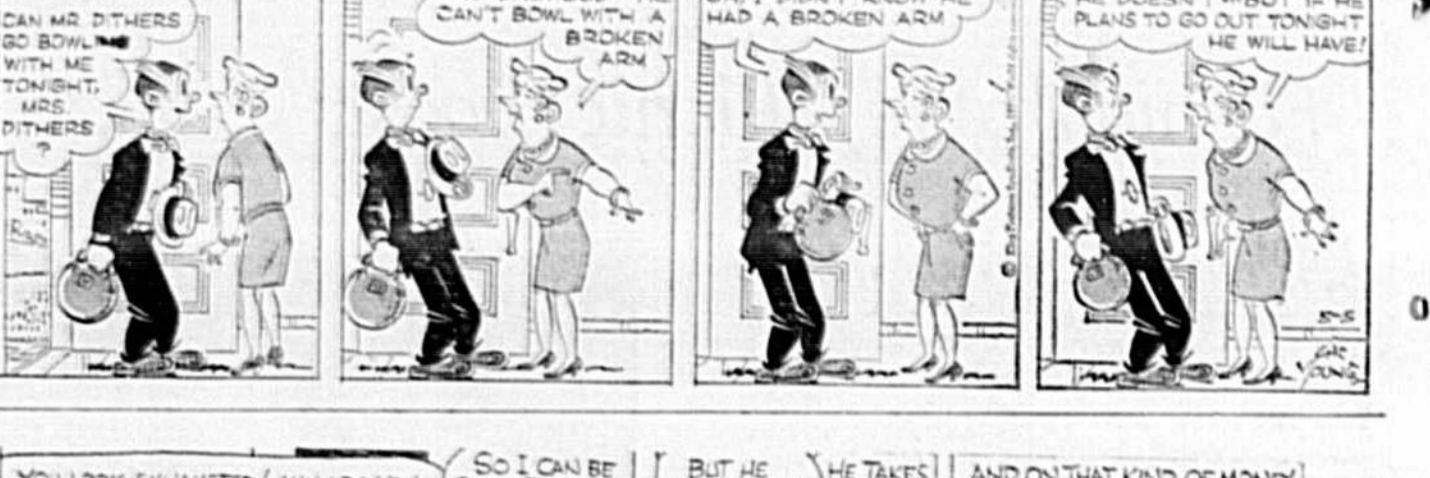
That Commission should recite this pertinent poem:

"Sin is a monster of such frightful mien,  
That to be hated needs but to be seen;  
But seen too oft, familiar with his face,  
The monster grows more like a babe,  
And less like a demon to be feared;  
The field of politics is particularly good here, as well as teaching, writing, lecturing. Give good grounding in religion.

"The Stars impel, they do not compel." What you make of your life is largely up to YOU!

Forecast for your sign for June is now ready. For your copy send your horoscope and \$2 to Carroll Righter Forecast, The Sanford Herald, Box 628, Holly-wood, Calif. 90038.

Prof. Gerald P. Grophy, chairman of the Zoology department, said Thursday the dinosaur's skeleton to reach the jewels in display cases on a balcony.



# OUR BOARDING HOUSE



# Polly's Pointers

DEAR POLLY—My Pet Peeve concerns the opening of containers for granulated soaps or anything else that is boxed and not used all at once. The widely used method of "Press Here" makes it impossible to open a package without the use of some tool to do the prying and the result is a jagged opening which makes measuring almost impossible without spilling, not to mention the very poor job one does trying to re-seal such packages. Cornmeal, instant pot-pouffe, salt, etc., have metal pouring spouts which are so much more convenient. Such spouts should be according to the box sizes—VIOLA.

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# Highlights TV Time Previews

7:30-9:30 NBC, The Men From Shiloh (Rerun). This is Lee Majors' segment as Tatis, he comes to the aid of German settlers, whose rights are being punctured by intolerant local ranchers. Some good performers from experienced actors Kurt Kasnar, Brock Peters and Susan Strasberg.

7:30-8:30 CBS, Men at Law (Rerun). This was the "premier show," when it was titled "Storefront Lawyers." Dean Jagger gives a convincing performance as an irate 72-year-old man who has been dispossessed from his home by a dispassionate corporation seeking to build a huge complex. Jagger turned up at blacktie social function and murders the corporation head and the storefront lawyers take on his defense.

8:30 ABC, Room 222 (Rerun). Relevancy is the key; Walt Whitman High School students decide to start an underground newspaper, principally to protest the school board's membership of the regular school paper. Regulars Lloyd Haynes, Denise Nicholas, Karen Valentine and Michael Constantine are joined by guest-star Wes Stern.

8:30-9:30 ABC, The Smith Family (Rerun). It's another pot plot.

9:30-10:30 CBS, Hawaii Five-O (Rerun). Steve McGarrett is injured in a boat explosion that kills a wealthy businessman who has summoned the Five-O chief for aid. A former suspect in the widow's prime husband, Dean Cain, is brought in to straighten out the girl. Smith arrives and finds his own daughter in the apartment. Jim Vincent and Heathcliff Hazes are guest stars as mother and daughter.

9:30-10:30 NBC, San Francisco International Airport (Rerun). Not pot, but protest and threatened violence represent relevancy. Robert Walker plays a controversial general and airport manager Jim Conrad (Lloyd Bridges) gets word of not only a demonstration but also a possible attempt on the general's life. Jim has to make sure he's well protected.

10:30-11:30 NBC, Hawaii Five-O (Rerun). Steve McGarrett is injured in a boat explosion that kills a wealthy businessman who has summoned the Five-O chief for aid. A former suspect in the widow's prime husband, Dean Cain, is brought in to straighten out the girl. Smith arrives and finds his own daughter in the apartment. Jim Vincent and Heathcliff Hazes are guest stars as mother and daughter.

# Television Tonte

| WEDNESDAY |                     |
|-----------|---------------------|
| 6:00      | News                |
| 6:30      | Around the World    |
| 7:00      | Love Lucy           |
| 7:30      | Men From Shiloh     |
| 8:00      | Men at Law          |
| 8:30      | Men at Law          |
| 9:00      | Medical Center      |
| 9:30      | Hawaii Five-O       |
| 10:00     | SE Airport          |
| 11:00     | News                |
| 11:30     | Manny Carson        |
|           | John Griffin        |
|           | Movie               |
| THURSDAY  |                     |
|           | MORNING             |
| 6:15      | TV Classroom        |
| 6:45      | Sunrise Almanac     |
| 7:15      | Sunrise Almanac     |
| 7:45      | Florida Agri-World  |
| 8:00      | News                |
| 8:30      | Boyz n' the City    |
| 9:00      | Steve Allen         |
| 9:30      | Movie               |
| 10:00     | Lucy Show           |
| 10:30     | Concentration       |
| 10:50     | Lucy Show           |
| 11:00     | Sale of the Century |
|           | SUN TRAVEL AGENCY   |
|           | PH. 333-6511        |
|           | 201 S. PINE AVE.    |
|           | SANFORD             |

THE SANFORD HERALD - Wednesday, May 6, 1971 - Page 10A

Slow Card, Long Trip

Postcard authorities have a problem a little different than snow and sled.

They are attempting to deliver a postcard mailed 45 years ago from Minneapolis, Minn., and addressed to Mrs. Alga Larson, Carpenterville, Ill. The penny postcard mailed in 1926, turned up mysteriously during routine pickups at corner mailboxes here, said Postmaster Frank Petty.

SEMINOLE Cinema

5:15-8:15 PM JACK NICHOLSON FIVE EASY PIECES

8:15-11:15 PM

FLORIAN Theatre

7:15 & 9:15

BEHAVING THURSDAY

LAST DAY TO SEE "COLD TURKEY"

Color

STARTS TOMORROW

3 More Shows 3 in Color

COCKTAIL HOUR

FREE 5 P.M. - 7 P.M.

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HOUSE OF STEAK

Holiday Inn

Heavy Western Beef charcolated to perfection

FREDDIE'S

CENTRAL FLORIDA'S OLDEST AND FINEST STEAK HOUSE

ENTERTAINMENT in the Lamplight Lounge



# Padres Edge Atlanta, 3-2

By KEN RAPPOPORT  
Associated Press Sports Writer  
Atlanta—The San Diego Padres edged the Atlanta Braves 3-2 Tuesday night in a game that was a pitcher's duel.

# Minnesota's Luck Turns As They Pass By NY

By DICK COUCH  
Associated Press Sports Writer  
The wheel of fortune has taken two heartening turns for the Minnesota Twins—and a sickening twist for the Cleveland Indians.

# Civitan Blanks Moose

JUNIOR LEAGUE  
Civitan 16—Moose 0  
The game called after four innings due to ten rain.

# Senior League

Sanford Police 3—Penny's 2  
The game will be continued at a later date. The game was suspended because of the curfew.

# Women's Softball

Motor Parts 11—Joyce Lowe had a big night for Motor Parts going four for four with a home run and double.

Today's Stars

| Player   | Team | Stats                |
|----------|------|----------------------|
| Macch II | 4.80 | Goodyear vs. Sanford |
| Wright   | 4.30 | Goodyear vs. Sanford |
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| Wright   | 4.30 | Goodyear vs. Sanford |

# Minneapolis' Luck Turns As They Pass By NY

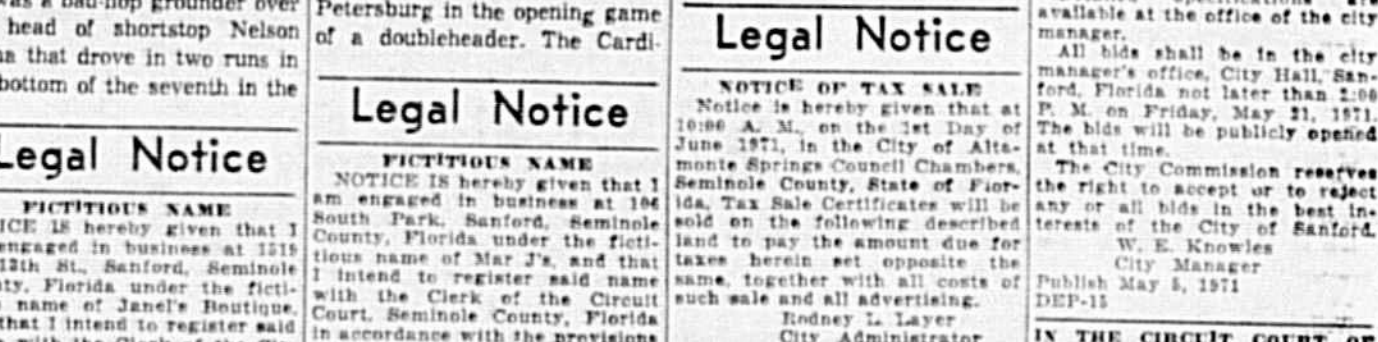
By KEN RAPPOPORT  
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The wheel of fortune has taken two heartening turns for the Minnesota Twins—and a sickening twist for the Cleveland Indians.

# Chicago Downs Canadiens

By JOE MOOSHIL  
Associated Press Sports Writer  
CHICAGO (AP) — "If we played only sixty minutes I wouldn't feel as if we had played a game."

# Turnbull Is All-Stater

PANAMA CITY—Joe Turnbull, first round draft choice of Atlanta Braves and star outfielder of the SJC Raiders, was named to the first team All-State at the meeting of the state's junior college coaches.



SJC'S JOE TURNBULL

Two Raiders were named to the second team. Chip Gierke, was named as a pitcher and Mike Combs was selected as a catcher.

These three, along all members of the first and second All-State teams, will form an All-State squad and meet the winner of the state tournament in an exhibition game May 15.

SJC was also in the news as they were selected for the 1972 state tournament. The tournament was slated to come to Division II and Seminole was the unanimous host.

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# Strikes And Spares

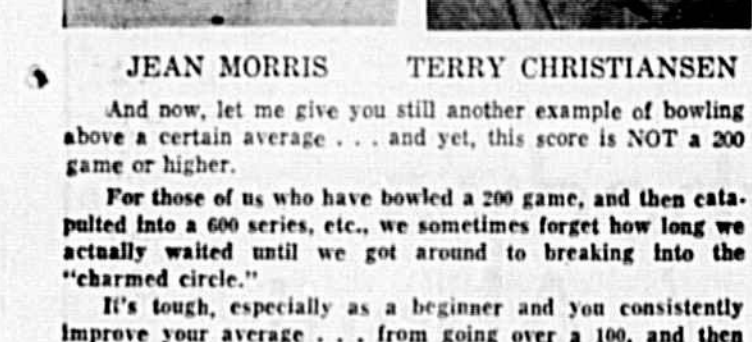
By JOHN A. SPOLSKI  
Terry Christianansen, a member of the Seminole Junior College baseball team finished his regular season with a 98-15 record. Today that ceases to import.

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# Eight Teams Vie For Crown In State Juco Tournament

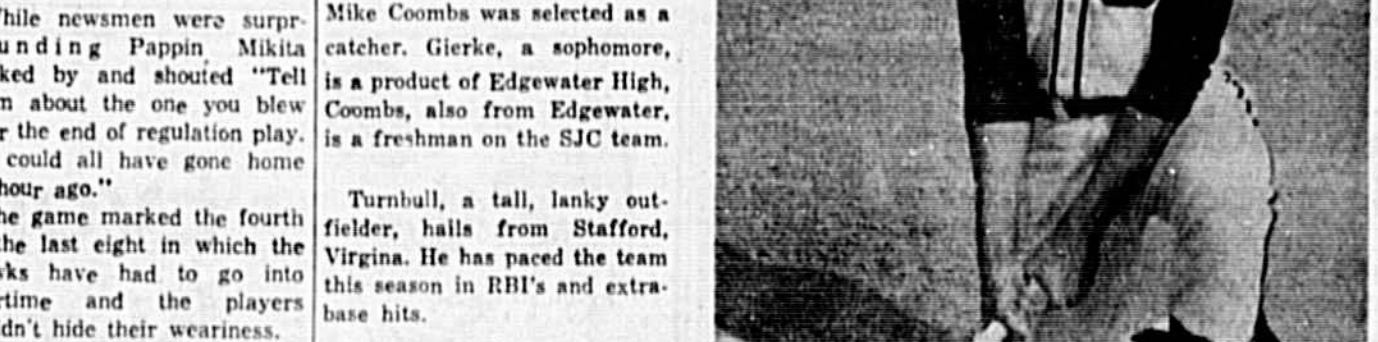
By GARY TAYLOR  
Herald Sports Editor  
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# SIDEWALK CELEBRATION

PRICES GOOD THROUGH SATURDAY

FIRESTONE 5,000 BTU AIR CONDITIONER

\$99

PHILCO UPRIGHT FREEZER

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REPOSESSED HI-WHEEL MOWER

• 22 Inch Cut • One Only \$99

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MANY BARGAINS Throughout the Store

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3 WAYS TO CHARGE Firestone

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610 W. FIRST ST. 322-0244

# Tampa Ties St. Pete For FSL Lead

By THE ASSOCIATED PRESS  
Tampa moved into a tie with St. Petersburg for the Western Division lead in the Florida State League Tuesday night with a pair of 2-1 victories over Winter Haven and Daytona Beach.

# Legal Notice

NOTICE OF TAX SALE  
Notice is hereby given that on the 1st day of May, 1971, in the City of Panama City, Florida, the following described land was sold to the highest bidder for taxes herein set opposite the same, together with all contents of such land and all appurtenances.

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# Nancy Does Her Stuff

Whenever I'm giving free bowling lessons, which happens every Saturday at 11:30 a.m., I try to impress the bowler that it isn't a strike bowler who has the high average as much as it is the one who constantly converts the remaining pins into a spare.

# Another 'goodie' for you . . . Camille Harris.

It doesn't matter how old or how young you are in this game, cause the ball does all the work for you. Camille, a member of the Seminole High School girl's physical education classes — coached by Mrs. June Wim, proved that she was listening when the instructions were being offered she put to use all the good advice that Mrs. Wim handed out!

# Adult-Youngster Tournament Winners . . .

Front row (left to right) Woody Wilson, Kevin Spolski and Eddie Adams. Back row (left to right) Jerry Kaiser, Jack Kaiser, Gordon Lynch and Terry Waldrop.

# Bench's MVP Image

JERRY BOWLING  
JERRY BOWLING  
JERRY BOWLING



FENCE SALE

70¢

PHONE 831-1525

WE DO OUR OWN FINANCING—1 DAY SERVICE

600 NORTH HIGHWAY 42

LONGWOOD, FLA.

AMERICAN STEEL FENCE COMPANY

OPEN MON.-FRI. 8 to 5:30. SAT. 9 to 4:30  
610 W. FIRST ST. 322-0244

OVIEDO'S only entry into the upcoming Class A state track and field meet is David Tossie, a junior who won the district track meet high jump competition clearing the bar at 6-foot-4. He went on to win the regional meet with a 6-foot-2 leap. When this photo was taken Tossie was working out at Showalter Field in Winter Park the site of the Class A state meet.









### Gourmets' Slimming Cruise

By ROSETTE HARGROVE  
 PARIS (NEA)—A cruise is a cruise in a cruise, but it was up to the French to combine an Event, a Man and a Boat for the first cruise of its kind.  
 The Event was the slimming of a "slimming cruise," never before attempted in this now-popular form of vacation.  
 The Man in charge was well-known French chef, Raymond Oliver, who, for the occasion, worked out a low-calorie diet with superb haute cuisine dishes.  
 The Boat was the luxury liner "Mermoz," which provided ultimate comfort and the maximum in exotic relaxation.  
 Oliver, high priest of French cuisine, is ready to gamble his reputation on the 30-day cruise. He is out to prove that a "mousseline of lobster," plus veal scallops in cream sauce and a French pastry dessert can be as good for anyone's health as a dish of raw shredded carrots and unimaginary, unseasoned grilled or boiled meat or fish.  
 He is the owner of a three-star restaurant in Paris, Le Grand Vefour, known to international gourmets. He is a familiar figure on French television, has written some 20 cookbooks, given cooking lessons on ETV, green and American TV besides acting as food consultant for trans-European dining cars and airlines. Oliver's latest brain child, this "diet cruise" is for gourmets of both sexes, conscious of the necessity of fitness, who watch their weight but above all appreciate good food.  
 "Most people connect privation with any diet," chef Oliver explains. "But my menus for this cruise are inspired by French cuisine at its best. And they do not exceed 1,300 calories a day."  
 Two typical Oliver menus are:  
 Lunch — 500 calories: Mousse of lobster, corn cake, small veal scallops with cream, Parmesan cheese mousseline and Jacob's fingers (a fluffy pastry). Dinner — 350 calories: cream of chicken soup, cold turkey galantine, fennel with melted butter, pineapple ice cream, a whisky sour and a glass of wine.  
 The first "health cruise" sailed in mid-March, leaving Miami, Fla., through to the Caribbean Sea to Maracaibo, with 600 passengers.  
 Oliver guarantees that all can lose from 10 to 12 pounds with a minimum of effort.  
 Twenty-five medical specialists were aboard. The team was available for consultations free of charge.  
 Oliver has experimented personally with the two-week health diet he declares for the cruise and fitter than ever before. He has arranged for a tailor to adjust the clothes of the cruisers who lose excess pounds.  
 A comforting thought is that part of the master's disorientation scheme is to encourage passengers to drink wine rather than hard liquor. There are bar cards which are punched at every whisky, "so that they don't lose count and cheat on themselves," says Oliver.  
 In his low-calorie dishes Oliver uses soy for sauces, low-fat oils for mayonnaises and low-calorie vegetables. Still, he taste of French cuisine will remain.  
 While there is nothing Habelian about the low-calorie menus proposed, they are nevertheless varied and tempting.  
 For the favored few are not anxious to lose weight, or who do not need to, there is no reason they can't avail themselves of the opportunity to attend numerous conferences on subjects such as how to order a meal in a restaurant.  
 For the last 22 years Oliver has officiated in his temple of gastronomy, Le Grand Vefour. The great traditions of haute cuisine in its 18th century setting are maintained. Brass nametables mark the favorite tables of such personalities as Napoleon, Churchill and Princess Margaret.  
 Like most chefs Oliver's favorite dishes are the simple old standbys of the French kitchen, perfectly cooked of course. He is especially partial to "po au feu" (the New England boiled dinner) as cooked by his wife with the right cut of beef, a calf's foot, herbs, leeks, carrots and onions, all simmered gently for a couple of hours.

# WINN DIXIE 3-WAY

★ Everyday Low Prices ★ Weekly Specials ★ TOP VALUE Stamps

### Bakery Specials

- SAVE THE HOUSE BAKING PRESERVE
- Bread ..... 2 <sup>20-oz. LOAVES</sup> 59¢
- Dixie Dairling Brown 'n' Serve Regular & Seeded <sup>12-PK. PKGS.</sup> 39¢
- Dixie Dairling Dunkin' Stix <sup>6-PK. PKGS.</sup> 69¢
- Dixie Dairling Pound Cakes <sup>20-oz. 6-PK. CANS</sup> 59¢



SCOTT JUMBO TOWELS <sup>168-CT. ROLLS</sup> \$1  
 SAVE 33¢

|  |  |   |  |
|--|--|---|--|
| <p>ASTOR Shortening <sup>1-LB. CAN</sup> 39¢<br/>                 SAVE 30¢</p> | <p>BLUE BAY CHUNK TUNA <sup>6 1/2-oz. CANS</sup> \$1<br/>                 SAVE 16¢</p> | <p>White Arrow BLEACH <sup>GAL. JUG</sup> 29¢<br/>                 SAVE 10¢</p> | <p>Thrifty Maid Tomatoes <sup>16-oz. CANS</sup> 6¢<br/>                 SAVE 20¢</p> |
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- |  |  |                                     |  |
|--|--|-------------------------------------|--|
| VENEZUELAN Sardines ... 10¢                                  | STOCKY TOMATO Sauce ..... 10¢                | WHOLE BEAN CONVERTED Rice ..... 49¢ | INSTANT Nescafe ... 99¢  |
| SOFT WEAVE BATHROOM (600) SHEETS Tissue .... 88¢             | CATTLEBERRY HOT DOG Chili ..... 5¢           | STOCKY Catsup ... 5¢                | CRACKIN' GOOD BIG 40 SANDWICH Cookies ... 39¢                              |
| BAVARIAN DEEP SOUTH Apple Jelly 2 <sup>1/2-LB. JAR</sup> 38¢ | CRACKIN' GOOD FAMILY FAVORITE Cookies ... 3¢ | SWIFTHART FABRIC Softener ... 88¢   | SAVE 1/2-oz. MOUNTY Pudding .. 2¢  |
| SWIFT BAKING SAUCES Sauces .... 39¢                          | SAVE 2 1/2-oz. PROTEIN "31" Shampoo .. 98¢   | JOY BRAND Detergent . . . 46¢       | CHIFFY BOY-AR-DEE WHEAT BARS Spaghetti .3 <sup>12 1/2-oz. CAN</sup> \$1.00 |

|   |   |  |  |
|---|---|--|--|
| <p>ALL GRINDS ASTOR COFFEE <sup>1-LB. CAN</sup> 59¢<br/>                 SAVE 28¢</p> | <p>THRIFTY MAID FRUIT DRINKS <sup>46-oz. CANS</sup> \$1<br/>                 SAVE 18¢</p> | <p>Crackin' Good SALTINES <sup>1-LB. BOX</sup> 24¢<br/>                 SAVE 13¢</p> | <p>GUSTAFSON'S FRESH HOMOGENIZED MILK <sup>HALF GALLON</sup> 59¢<br/>                 \$1.09</p> |
|---|---|--|--|

- |   |   |
|---|---|
| SUPREMACY BRAND "A" FRESH PAL. ALL WHITE Large Eggs ..... 2 <sup>DOZ.</sup> 89¢ | SOFTENERS Whole Kernel Corn . . . 4 <sup>DOZ. CANS</sup> \$1.00   |
| SOUTHERN BLEND Self-Rising Flour ..... 5 <sup>DOZ.</sup> 37¢                    | ALL VEGETARIAN Wesson Oil ..... 98¢   |
| THRIFTY MAID Cut Green Beans ..... 4 <sup>DOZ. CANS</sup> \$1.00                | BRONCO MIX Ale or Beer ..... 89¢  |
| ARTON Fruit Cocktail ..... 4 <sup>DOZ. CANS</sup> \$1.00                        | ANY OR MATCH NEW! APPLE SAUCE, BHTOOL, DAY, BEANS, HART PEAS & GARLIC OR ROMAINE VALLEY Diced Carrots ..... 12 <sup>DOZ. PKGS.</sup> \$1.00 |

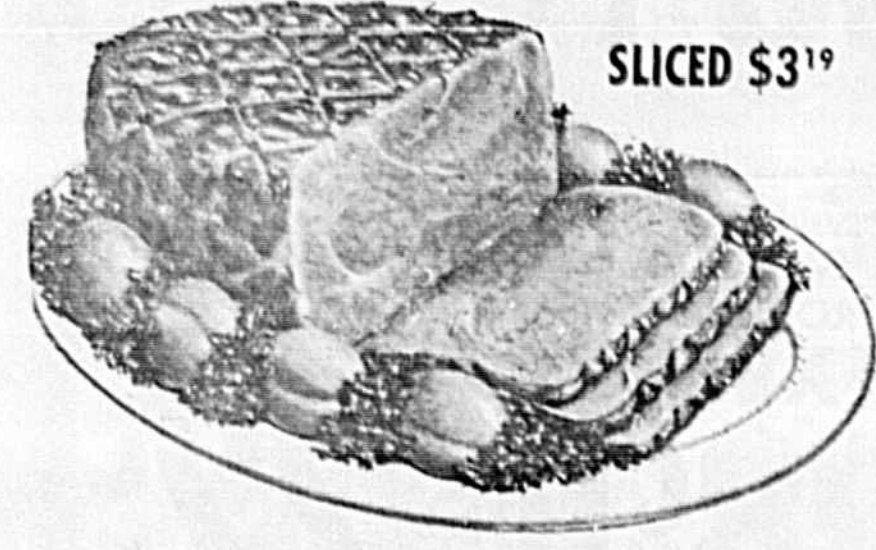
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SLICED \$3.19 SWIFT'S PREMIUM CANNED HAM \$2.99  
 4 LB. CAN

PRICES GOOD THURS., MAY 6 - SUNDAY MAY 9

|  |  |  |  |
|--|--|--|--|
| <p>USDA CHOICE W-D BRAND BOTTOM ROUND ROAST <sup>5 LB.</sup> 99¢<br/>                 Sh'd. Roast . . . \$1.19</p> | <p>W-D BRAND PURE GROUND BEEF <sup>5 LB. PKG.</sup> \$2.89<br/>                 Gr. Beef . 10 <sup>DOZ.</sup> \$5.69</p> | <p>FRESH BOSTON BUTT PORK ROAST <sup>5 LB.</sup> 49¢<br/>                 Spare Ribs . . . 69¢</p> | <p>USDA CHOICE W-D BRAND Whole Beef Tenderloin <sup>6-8 LB. AVG.</sup> \$1.99<br/>                 Rump Roast . . . \$1.39</p> |
|--|--|--|--|

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|--|--|---|---|
| USDA CHOICE W-D BRAND BONELESS ROUND ROAST <sup>5 LB.</sup> \$1.39 | USDA GRADE "A" QUICK FROZEN W-D BRAND Baking Hens <sup>4</sup> 45¢ | OSCAR MAYER SLICED Bacon ..... 79¢        | FRESH FROZEN TROUT Fish Fillets .. 79¢                  |
| USDA CHOICE W-D BRAND BEEF CLUB OR Rib Steaks . . . \$1.19         | FULL QUARTER LOIN SLICED Pork Chops . . . 59¢                      | FRENCH FRIED PEACH Fish Fillets .. 69¢    | CRACKIN' GOOD Biscuits ... 6 <sup>10 CT. CANS</sup> 59¢ |
| W-D BRAND ROUND HIND/PAK Round Steak . . . 99¢                     | W-D BRAND CUBED BEEF Steakettes . . . 88¢                          | FRENCH FRIED FLOUNDER Fish Fillets .. 89¢ | TANNOW Franks ..... 49¢                                 |
| FRESH BOSTON BUTT Pork Steaks . . . 59¢                            | SUNLAND PORK SHOVED Sausage ... \$1.59                             | FRENCH FRIED PATTIES OF Shrimp ..... 79¢  | COPELAND SLICED ALL MEAT Bologna ..... 69¢              |

|  |  |   |   |
|--|--|---|---|
| <p>FLORIDA White or Yellow CORN <sup>6 EARS</sup> 49¢<br/>                 MARGARINE <sup>1-LB. PKG.</sup> 49¢</p> | <p>MORTON'S ASSORTED MEAT DINNERS <sup>3 FOR</sup> \$1<br/>                 SAVE 50¢</p> | <p>CHUNKEES SHRIMP <sup>2 LB. PKG.</sup> \$1.99<br/>                 SAVE 30¢</p> | <p>DIXIE THRIFTY ORANGE JUICE <sup>6 6-oz. CANS</sup> 79¢</p> |
|--|--|---|---|

- |   |   |  |   |
|---|---|--|---|
| SAVE 20¢ JIFFY TURKEY, SAUSAGE, OR Beef Stew . . . 99¢                  | SAVE 10¢ CHOCOLATE Eclairs ... 2 <sup>DOZ. PKGS.</sup> \$1.00 | MINUTE MAID LIMEADE . . . 4 <sup>DOZ.</sup> 59¢        | LARGE STEAKS FLORIDA Celery ... 2 <sup>DOZ.</sup> 29¢ |
| TASTE O' SEA PERCH Fillet ..... 69¢                                     | RICH'S COFFEE Rich ..... 2 <sup>DOZ.</sup> \$1.00             | MINUTE MAID GRAPE JUICE ..... 4 <sup>DOZ.</sup> \$1.00 | RUSSIA BAKING Potatoes 10 <sup>DOZ.</sup> 69¢         |
| SAVE 47¢ ASTOR FRENCH FRY Potatoes . . . 3 <sup>DOZ. PKGS.</sup> \$1.00 | SAVE 26¢ DIXIE WHIP Topping .. 5 <sup>DOZ.</sup> \$1.00       | ASTOR BRUSSEL Sprouts . . . 3 <sup>DOZ.</sup> \$1.00   | WHITE Onions . . . 3 <sup>DOZ.</sup> 49¢              |
| SAVE 12¢ HOLLOWAY HOUSE BAKED Potatoes . 3 <sup>DOZ. PKGS.</sup> \$1.00 | ROMAN Pizza . . . . . 99¢                                     | LARGE HEAD GREEN Cabbage . . . 2 <sup>DOZ.</sup> 29¢   | PRINCE, BECARGLE & Romaine . . 2 <sup>DOZ.</sup> 25¢  |

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### Peanut Dishes For Teens

It is your turn to give a party? Are you worried about how many to invite, what to serve, what to do? Help is at hand now in the form of a new 32-page booklet, "Mr. Peanut's Guide to Entertaining."  
 Written especially for teens, the lavishly illustrated booklet tells how to plan and execute parties that you and your guests will enjoy. It tells how to choose a date, place and time; how to select a theme; about your budget, guest list and invitation; menu and table-setting tips; advice on do-ahead preparation and party activities.  
 "Mr. Peanut's Guide to Entertaining" features actual party plans with menu hints, recipes and suggestions for the decor and party activities. There are a total of 19 parties for every occasion including special events (such as New Year's Eve, Halloween, a bridal shower and victory celebration), casual get-togethers and sports events as well as community and school fund raising activities. There are more than 50 recipes for main dishes (such as sweet and sour pork with peanuts and pork satay), snacks (like peanut butter fondue and ham cornbread pie), sandwiches, breads, cookies, cakes and candies. All were created to appeal to teenage tastes.  
 Of special interest to high school juniors and seniors is a section on planning a prom or class dance. It includes tips on organizing, selecting committees and budgeting as well as theme and menu suggestions with recipes for three different proms. The "carnival" theme was selected here to illustrate how party ideas are presented in "Mr. Peanut's Guide to Entertaining."  
 There is no need to worry about party giving when you follow the helpful advice and lively ideas in "Mr. Peanut's Guide to Entertaining." It's free from Planters Peanuts, P.O. Box 208, Grand Central Station, New York, N.Y. 10017.  
**CARNIVAL PROM**  
 Decorations: Set up a midway with booths of games for those who are not dancing. Such games as darts, pitching pennies, guess how many beans in the jar, etc., are appropriate. To raise money for the school fund, charge a nominal sum to play each game. Serve refreshments at different booths run by refreshment committee members dressed as carnival pitchmen. You may be able to rent a cotton candy machine and popcorn machine to lend a note of authenticity.  
 Refreshments:  
 Hot dogs with sauerkraut  
 French fries (served in paper cups)  
 Peanuts (cello bags)  
 Popcorn  
 Cotton candy  
 Peanut Carnival Cake (recipe follows)  
 Lemonade  
**PEANUT CARNIVAL CAKE**  
 Fluffy white frosting  
 Food coloring  
 2 baked and cooled cake layers (9-inch rounds)  
 1 cup chopped Planters Cocktail Peanuts  
 Candy corn, gummy bears or other candies for decoration  
 Tint frosting a bright color with food coloring.  
 Spread frosting between cake layers; swirl over top and sides of cake. Press chopped peanuts around sides of cake. Decorate top of cake with candies. Make one 3-inch layer cake.  
**SUNDAY BRUNCH**  
 French toast  
 Cheese Sandwiches  
 Small Sausage Links  
 Cranberry Jelly  
 Fresh Fruit Compote Beverage  
**CHEESE SANDWICHES**  
 12 thin slices white bread  
 6 slices sandwich-size cheddar cheese  
 2 large eggs  
 1/4 cup milk  
 Butter  
 Make 6 sandwiches of the bread and cheese. Beat eggs and milk to combine. Dip each sandwich into the mixture, turning to coat both sides. In a large skillet, in a generous amount of butter, slowly brown sandwiches on both sides. A 10-inch flat will hold 2 sandwiches plus one cut in half, so the 6 sandwiches can be pan-fried in 2 batches. Makes 4 servings — 1 1/2 sandwiches per portion. Keep fried sandwiches warm in a low oven. White remaining sandwich-  
 (see pg.)

### Food Hints Plenty For Canadians

By TOM HOGE  
Associated Press Writer

Nutrition authorities in the province of Saskatchewan have brought out a booklet endeavoring to show Canadians how to eat better for less money. This is one of the few countries where one can still bring off such a feat.

Economy recipes can be intriguing coming from a land where wild rice—that luxury shopworn of U.S. gourmet shops—grows in profusion along creeks, and all sorts are within reach of anyone who can shoot straight.

Game is a major item on the menu of many Canadians whose woods and fields abound with moose, deer, bear, beaver, muskrat, and a host of other fawns.

Fish also abound along both coasts, and in the streams and rushing rivers of this vast land, famed for its trout, salmon and a variety of finny delicacies.

So do wild vegetables, from the watercress that lurks at the edge of brooks, ferns that match our finest asparagus for taste and, of course, the wild rice.

And there are berries galore, from the tiny satiation that resembles blueberries to the yellow cloudberries found in the Yukon.

There is not only a broad range of foods but a wide variety of cooking in this country where the people of the West, Columbia follow the customs of their English forebears and the French-speaking folk of Quebec eat a fascinating variety of Gallic dishes. From rich yellow rabbit stew to "Tourtiere," a spiced pork pie that melts in your mouth.

To get back to the food hints for economy-minded Canadians: the book, entitled "Receipts For You," recommends salads made from wild onions and a tasty-sounding jam made from rosehips, the pods that appear on wild roses after they bloom.

Clime the abundance of wild game, the booklet warns, certain precautions must be taken in their preparation. As hunters should know, all fur-bearing animals should be drawn and skinned as soon as possible and the glands under the foreleg and each thigh, as well as the fat just under the skin must be removed to eliminate that wild game flavor that most people find strong.

It also notes that anyone who brings down a moose or elk might find his catch pretty tough, particularly if it is advanced in years.

Our own experience with wild game has been that it is best to use wine liberally both in marinating and cooking the meat, to eliminate any strong taste that might linger and to make it more tender.

After it has been properly dressed and suitably marinated, take a flank steak from the game of your choice and do the following:

**SWISS MEAT**

1 flank steak of deer, elk or moose  
2 large onions  
2 carrots  
Salt and pepper  
Tomato juice or canned tomatoes (8 ounces)  
2 tsp. spoon flour  
Red wine (4 ounces)

Seal both sides of the flank steak in oil. Place in large greased iron pan. Sprinkle with salt and pepper.

Chop onions and brown in fat in separate pan and spread over meat. Slice carrots and spread over onions. Pour in tomato juice or canned tomatoes to cover. Add wine and more salt and pepper if desired.

Cover and cook slowly in medium oven or stew stove for nearly two hours, or until fork goes in easily. Shortly before serving, add flour mixed with a little water and stir in slowly to thicken gravy and serve. This goes well with a full-bodied red wine.

A 1-pound loaf bread yields 2 quarts bread crumbs, enough for a stuffing for a 6-to-8 pound turkey.

When you are charcoal-broiling meat outdoors, always brush the grate with salad oil to prevent meat from sticking.

Melt mint jelly, mixed with grated orange rind, over hot meat and add brown steak sauce serve with roast lamb.

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|  | <b>"JUICY" CALIFORNIA LEMONS</b><br>DOZEN 39¢             |
|  | <b>"CRUNCHY-CRISP" CARROTS</b><br>ONE LB. (CELLO BAG) 14¢ |
|  | <b>POTATOES</b><br>10-LB. BAG 48¢                         |

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**FROZEN FOODS**

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- ASPIRIN CHILDREN'S BTL. OF 36 29¢

### Evangelist For The Good Life

UPI Food Editor  
By JEANNE LESEM

NEW YORK (UPI)—Jean Kinney, an author, lecturer and former advertising executive, is an evangelist for the good life. A couple can have after their grown children leave home.

That includes cooking for two, she says. She says she has a larger family.

"It's nothing like being a bride," she said in an interview here. "Cooking is second nature to you now. You know what your husband likes and you know the right combinations of food. You know what to do when directions say 'cook until done'.

Cooking is faster and easier—you're not proving anything any more.

Relax and enjoy this and other new found freedoms, Mrs. Kinney urges. Many of her suggestions for travel, hobbies and meeting new people are described in her recently published book, "Living With Zest in an Empty Nest" (Hawthorn).

A woman whose children have left home eats and cooks in a different way, she said.

"When a wife isn't working, there's no reason to get up to fix breakfast. I don't think they eat big breakfasts during the week."

Even when a couple breakfasts together on weekends, she is not pushing at children to eat.

"We're awfully health-conscious," she said. "It's the time of life you like so well you'd like the long haul.

"I've learned how to do things easily. I do lots of casseroles and serve a salad with green—green or sometimes fruit.

"You can buy small packages of almost everything, so you don't have to eat leftovers at all. Sometimes I make individual meat loaves and freeze the extra ones.

"Now I skip the baked potato because there's bread in the meat loaf."

She said she adds extra nourishment to cereals by sprinkling them with dry milk instead of sugar and serving low-calorie non-dairy creamer instead of cream.

Mrs. Kinney and her husband, Cle, an artist, have six grown children. She had two by a former marriage and he had four. Three were in college when the parents married 10 years ago. When the children graduated, the parents had the equivalent of a giant raise—about \$4,000 a year they'd been spending on college expenses.

Mrs. Kinney suggested that windfalls such as this can be put to many uses, including remodeling one's home to make it more comfortable when grown children and the grand-children come to visit.

"When a child leaves, you have extra bedrooms. You can make a kitchen in a closet for very little. You can make one bedroom into a sitting room with a daybed, refrigerator, hotplate, electric percolator and toaster and keep the other bedroom for the grandchildren.

"Children cut all the snow—they're animated sacks, food just drops in."

Mrs. Kinney said she copes with these apparently insatiable appetites by stocking the extra refrigerator with lots of fruit, milk and soft drinks for the grandchildren and breakfast things for the parents. One advantage of this practice: the grandchildren have their own little place and are not underfoot when you're trying to get dinner.

Jean Kinney's meat loaf makes eight individual servings. Mix 1 pound of ground beef with 1/2 pound each of ground veal and ground pork, 3 slices of bread mixed with 1 cup of milk, 1 egg, 1/2 cup of minced raw onion, 2 tablespoons of prepared mustard, 1 tablespoon of Worcestershire sauce, 1/2 cup of walnut meats, chopped, and salt, pepper, sage and celery salt to taste. Because mixture contains pork, pan broil a tiny meat patty before tasting for seasoning adjustment. Shape mixture into eight small loaves, cover each with a bacon strip and a thin layer of chili sauce and place in single layer in lightly greased shallow pan.

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