

THE SANFORD HERALD - Tuesday, August 31, 1971 - Page 6B

BEATRICE BAILEY

MEMORIE

WINTHOP

ALLEY COOP

CAPTAIN EAST

THE WILLETS

THE PHANTOM



NANCY PEOPLES and Carolyn Riddle look over pictures of the new Senior Girl Scout uniform. It can be worn three ways, as a dress, belted, or not, or shortened and used as the tunic with pants for a pants suit. Carolyn and Nancy reviewed the years program for United Leaders at a meeting in Winter Park. (Marilyn Gordon Photo)

Membership Is Up Scouts Reviewed

By MARILYN GORDON

It is that time of the year again when thoughts turn back to school and to Girl Scouting.

Service unit chairman throughout the Citrus Council met in Winter Park to review and plan for the coming year. Citrus Council served one out of every six girls last year with a total of 517 troops and 1420 registered girls in Seminole County.

Scout membership increased 10 per cent, and cadette membership 18 per cent in 1970. There were 77 cadette troops in a total of 49 service units. The percentage of black girls increased from five to six per cent.

Service given by troops in grounds which accept the Girl Scout promise and laws, are welcome to join.

Through a wide range of activities in the arts, home and outdoor, girls gain knowledge and skills which they are encouraged to put to use for the benefit of their families, friends and communities.

Troop activities for all ages reflect the elements that give Girl Scouting its distinctive character, adherence to the ethical code embodied in the Girl Scout promise and laws, troop management, service, citizenship, international friendship, and health and safety.

Still in Citrus Council, with the age being done, there are still 800 girls on a waiting list. The personnel recruitment is urgent. Organizers, consultants and 400 leaders are needed.

Hospital Notes

August 29, 1971

Admissions

Symma Sophie Lucas, Deltona
Kelly Erdman, Deltona

Admissions

Sanford: Adria M. Hayes
Harry Osterlin
Patrick Bolton
Shirley A. Paulert
Florence E. Nelson
Sue Harris
Mrs. Durreck
Charles D. Bridges
Barbara Ceresoli
Raleigh Finnes
Violet Jackson
Ernest J. Polley Jr.
Frances A. Hickox
Fred W. Berger
Elizabeth Montgomery, De-
ltona

Sanford: Mary J. Raytine, Deltona
Rosalyen Pickett, Deltona
William H. Beattie, Deltona
Teresa E. C. Christensen
Lake Mary
Joan L. Sporkman, Lake
Mary
Roland J. Patterson, River-
view
Lillian B. Spangier, Longwood
Harold Goodwin, Enterprise

Sanford: Mr. and Mrs. Ray (Patricia)
Bolton, boy, Sanford
Discharges

Sanford: Cecil A. Tucker III
Jesse Kendrick
Walter C. Gay
Vernon A. Davis
Margaret L. Sasser
Elijah Manning
Kenneth M. Murphy
Bartholomew Galletta
Ruth Odom, Deltona
Samuel Robinson, Deltona
Ruth E. Bennett, Deltona
Charles W. Kettinger, Geneva

Seminole Calendar

Sept. 2
Deltona Fishing Club, 7:30
p.m., Community Center.

Sanford Business and Pro-
fessional Women, dinner meet-
ing 7 p.m., Trophy Lounge,
orientation program.

Sept. 4
Sanford Seminole Jaycees
Lunch Day weekend party,
starts at 2 p.m., Lake Goliad.

Blacks Boycott Cocoa School

By THE ASSOCIATED PRESS

Seven hundred black students boycotted classes at a Brevard County elementary school Monday, but the opening day of public schools in 41 other Florida schools was described by officials as "quiet and orderly."

The students at Palmist Elementary School in Cocoa were protesting what they called the school board's "apathy." In drawing up an adequate bus-

new busing plan ready by Sep-
15.

Some children said they want-
ed to attend classes but had
been ordered to stay away by
their parents.

The protest was organized by
the National Association for the
Advancement of Colored People
(NAACP) which wants the
school desegregated.

At present the neighborhood
U. S. District Judge George
Young last Friday to have a

Blue Cross-Shield Requests Rate Hike

TALLAHASSEE, Fla. (AP) — Florida Blue Cross-Shield officials Monday formally requested rate hikes that would cost a quarter of a million Floridians between \$4.80 and \$55.40 more a year for medical insurance.

W. Herbert, chief executive of the two companies, testified at a hearing before Insurance Commissioner Tom O'Malley that Blue Cross alone lost more than \$2 million last year.

He said ever-increasing hospital and doctor costs necessitated the increases which would affect only individual contracts and those of small groups from 10 to 50 members.

About 25 per cent of Florida's contracts would be involved, Herbert said. The \$4.80 hike would be for a single person

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66.8° CANADIAN YELLOWSTONE

DANT 10 YR. OLD GOLD 10

ABC 6 YR. KY. OLD CROW

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SAVE NOW AND SAVE ON IMPORTS

NO TAX INCREASE ON STOCK ON HAND OR IN TRUCKS AND SCOTCH, CANADIAN WHISKY, LIQUEURS

BOOTH'S GIN GILBEY GIN JACQUIN'S

WASHINGTON — Despite the claim of a Campbell Soup Company official that Florida is not involved, State Agriculture Commissioner Doyle Conner sticks by orders to clear grocery shelves of a certain shipment of Campbell's vegetarian vegetable soup. (Page 7A)

WASHINGTON — Two labor groups and Boston policemen file lawsuits challenging President Nixon's wage-price freeze, especially as it applies to deferred pay raises and government workers. (Page 1B)

AMSTERDAM — Cleveland man files to Holland in an attempt to get his 14-year-old son away from the grandmother who has taken him across the Atlantic 160 times in the past five months. (Page 1B)

WEATHER — Yesterday's high 95 low 71. Partly cloudy through Thursday with thundershowers likely mostly in the afternoons. Highs 86 to 94. Lows tonight in the 70s.

Cool weather dominated the North from the Pacific Northwest to New England today while in the southern half of the nation warm air stretched from the Western deserts to the Atlantic.

Invitation extended to all persons connected with criminal justice in Seminole County to attend... will also cover new criminal laws, recent Supreme Court rulings, etc.

The boarded, mustached individual observed in the vicinity of United States Bank is not a hippie, or a mod college professor... although he is wearing on the subject, "I'm OK, You're OK" nightguy at the vacation church school of First Presbyterian Church. In reality, the character with the kirkish facial adornment is John T. Mercer, president of U.S. Bank.

The policy hasn't really changed... I don't run poems in the Clock—except when I think it's a "doozy"... It's entitled—Surprise!

I dreamed death came the other night and Heaven's gates swung wide. With kindly grace an angel ushered me inside. And there to my astonishment stood some I'd known on earth. Some I'd judged, and labeled as unkind and little worth. Angry words rose to my lips but never were set free. For every face showed staid and surprised.

No One Expected Me!

SHERRY CLARK takes time between cases to write her report covering two cases she solved on her first day "on the job" as Sanford's lady detective. Formerly an employee with Sheriff John Polk, Mrs. Clark had a hectic day covering an attempted rape and molestation incidents. (Bill Scott Photo)

The Sanford Herald

Wednesday, September 1, 1971 — Sanford, Florida 32771
64th Year, No. 8 Price 10 Cents

436 Expansion Wins Court OK

By FRED VAN PELT

Circuit Judge Dominick Salvi this morning signed an "order of taking" for an estimated \$500,000 in property facing State Road 436 in the planned four-lane widening of that highway between Apopka and Interstate 4. When completed SR 436 will be a four-lane "circumferential" roadway between Apopka and McCoy Jet Terminal.

Presently the state is four-lane SR 436 from the Seminole-Orange County line to Apopka, with a new intersection constructed at 436 and U. S. 441. SR 436 already is a four-lane highway from I-4 east to Bee-Line Expressway (at McCoy Jet Terminal).

Right-of-way property in the order, extends west from I-4 to Border Lake at the Seminole-Orange County line.

Possession date under the order is Sept. 21. The order permits the state to proceed with use of the land, after paying the amount of the appraisal in escrow for payment to landowners after a court trial to determine a just purchase price to be paid by the state.

Presently the state is four-lane SR 436 from the Seminole-Orange County line to Apopka, with a new intersection constructed at 436 and U. S. 441. SR 436 already is a four-lane highway from I-4 east to Bee-Line Expressway (at McCoy Jet Terminal).

Headlines Inside THE HERALD

By JOHN A. SPOLSKI

Who said you can't get in on that railroad special for the Florida/Georgia football game? Tickets for this popular grid rivalry... including everything from the time you leave Sanford to your return... at a cost of \$16.35 each may be had by calling T. Cobb at 322-3213.

I wouldn't wait, either... because there are only 50 tickets left.

The game is on Saturday, Nov. 6 at Jacksonville... often referred to as the "biggest racial party south of the Mason-Dixon line."

BRILLIANT... absolutely brilliant is the suggestion from Ted Ryback, Jr. He says, "with all of the adverse publicity surrounding law enforcement officers, wouldn't it be a good idea the next time you're in your car, and you happen to be on the road (within pass one limits, hopefully...), why don't you give 'em a wave. If nothing more, it'll prove that they do have friends from this silent majority."

Idea came about as a result of the job our Gary Taylor did relating to that high speed chase...

Coming up... the 3rd Criminal Justice Seminar, conducted by Judge Dominick Salvi at the court house in Sanford, Friday, Sept. 3, from 2:30-4:30 p.m.

Invitation extended to all persons connected with criminal justice in Seminole County to attend... will also cover new criminal laws, recent Supreme Court rulings, etc.

The boarded, mustached individual observed in the vicinity of United States Bank is not a hippie, or a mod college professor... although he is wearing on the subject, "I'm OK, You're OK" nightguy at the vacation church school of First Presbyterian Church. In reality, the character with the kirkish facial adornment is John T. Mercer, president of U.S. Bank.

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No One Expected Me!

Tenant Rent Strike Is Postponed; City Officials Will Tour Projects

By BILL SCOTT

The tenant rent strike against the Sanford Housing Authority has been postponed.

This was disclosed today by Rev. Joseph Smith, member of the Tenants Joint Council, who advised the council in taking the action to postpone after Sanford Mayor Lee P. Moore showed interest in the problems of the city's four predominantly black federally-funded projects.

"We feel we should not break the lines of communications now established with the community," Rev. Smith said, in announcing the group's decision for the postponement which came after Mayor Moore met with Revs. Smith and J. E. Connelly Monday afternoon.

Mayor Moore told the two men he would tour the four public housing projects in a first-hand basis of several complaints made by the tenants against the housing operation.

Rev. Smith said the mayor and other city officials would meet with him Thursday at 2 p.m. at New Mount Calvary Baptist Church to begin the tour of the projects, located in the city's Goldboro area.

"With good work and negotiations on both sides, we feel we can come up with a solution to begin solving the problems," Rev. Smith added.

The responsibility for appointing five members to the housing authority board rests with the City Commission, the minister said.

He continued, "if the housing board doesn't function in its capacity... that responsibility also rests with the Commission."

Tenants appeared a week ago at a Commission meeting and requested that blacks be placed on the housing authority board in place of the five all-white members, but city attorney W. C. Hutchinson advised that only the Governor could remove board members, who were appointed to serve four-year terms.



NOT A CARE IN THE WORLD

Fence sitters Kathy, Dan, and Colleen Kelly and Kelly Sutton smile coyly at photographer while enjoying their picnic held at Camp San Pedro by St. Augustine Catholic Church of Casselberry. (Marilyn Gordon Photo)

About Development Board Swofford 'Will Listen'

By MARION BETHA

ALTA SPRINGS — Mayor Lawrence Swofford, following his scathing attack of the newly formed Seminole Development Board yesterday, advocated a development board review approach in an interview today.

It was explained at a meeting of the board yesterday membership in a voting capacity will be gratis. Swofford said he always was willing to "go more than half way" in support of worthwhile projects but he would not say he would support the venture of the development board until "I find out more about how it's going to be run."

Mayor Swofford said he plans to call a meeting of CALNO (league of municipalities) this week to discuss support of the board but he is in favor of the development board only if the municipalities receive proper representation. He has long been in favor of such a board. In fact he so stated at yesterday's meeting of City Council, in which he noted that he had advocated a development board for 10 years but "no one would listen to me."

Swofford said if the board is operated in such a way by the county as to afford reciprocity to South Seminole, it will receive the support of the southern municipalities... otherwise, he said, "We'll set up our own."

"I thought so little of the proposal, I threw it in the wastebasket." This was the comment yesterday by Swofford regarding the Seminole Development Board.

Swofford continued his statement by expressing that the County Commission wants to establish an industrial board and that "if the atrophied board that there is no need for representation on the board by the four cities in the south end of the county since 'progress is knocking at the door... in fact, stampeding.' We don't need to advertise for people... the problem is not in getting people to come but in accommodating them."

Dorfman then went on to commend the county Port Authority in which he said that a large investment had been made with additional money being requested to support the project. He said, "We'll end up with another (fiasco like Sanford... the Port Authority... what do they have... one huge... Navy barges?"

Chairman Greg Drummond (Continued on Page 1B, Col. 2)

Distaff Police Officer Busy 1st Day On Job

Policewoman Sherry (Sherlock) Clark began her new job as the first distaff detective in the county with solutions to two rape-molestation reports Tuesday night.

On her first day as Sanford's only woman detective, Mrs. Clark received a 10-15 call last night to come to a Sanford Avenue residence to answer a family disturbance report.

Arriving at the scene, with Det. Gary Swain, Mrs. Clark heard a 13-year-old girl hurt out between tears that a man had attempted to rape her while she slept. She said she woke to find a man in bed with her and tried to push him away.

The girl's mother, in an adjoining bedroom, heard the cries and, hoping on the man's back, began to hit and hit her daughter's assailant, who ran from the house.

Mother and daughter identified the man and a warrant was issued for his arrest by Justice of the Peace Robert E. Carroll. Police are searching the city for the man, whose identity was withheld.

The second case to face the city's new policewoman also involved a 13-year-old girl who was reported missing earlier in the evening by her father but who later turned up, saying she was molested by a man who followed her in a car and threatened to kill her if she told anyone.

Det. Clark said she questioned the girl at length and finally "broke her down." Between tears, the child admitted she had been visiting a girl friend and "made up the story" about the molesting to avoid being punished by her father for coming home late.

Said Mrs. Clark, "It looks like this is going to be a very interesting job."

Recalled Soup In State

TALLAHASSEE (AP) — State health inspectors reported they found large quantities of recalled Campbell's vegetarian vegetable soup in Miami stores today although the company said none from the shipment came to Florida.

Food inspectors also found 13 cans in the Pensacola area. A. W. Morrison, state initiation chief at Jacksonville, said he was notified about noon that initial checks in Miami indicated 10 per cent of that brand checked on shelves bore the code number 18-07-191X.

Taxes Up 20% In County

By LARRY NEELY

Seminole County Commission late last night adopted a budget of \$10,811,570 for the fiscal year starting Oct. 1 and approved a tax levy of 7.68 mills. (The budget includes the secondary road program previously not in the county budget but operated by the state.)

The new budget compares to \$8,181,774 for the fiscal year ending Sept. 30. The millage rate is a slight reduction from last year's 7.55 mills but, when combined with increased assessments, reflects a 20 per cent increase in taxes.

Assessments of real property for taxing purposes increased between 15 and 400 per cent in the county this year when the county was obliged by law to achieve a full 100 per cent assessment, as compared to the 80 per cent valuation previously used.

The budget issue was not resolved without some heated debate among the commissioners. Al Davis, who eventually voted against the budget because of the increase, presented several proposals to the Commission which would have reduced the county budget by nearly \$100,000 and by juggling some of the other lines in the budget would have netted a millage reduction of .131.

Commissioner reviewed Davis' recommendations item by item which drew emotional fire from John Kimbrough, who said the budget work sessions held previously by the Commission were the proper time to raise the issues presented by Davis. Ed Yacorchuk commented that during the budget sessions each item has been approved of at least a majority of the board and added there are bound to be parts of the budget not meeting the approval of some of the commissioners.

Among the items in the budget Davis urged be delayed was the proposed third motor vehicle inspection station. Davis said the station would not operate at a profit during its first year, according to figures presented during the budget sessions. Davis said the station is not operating at capacity and, according to the Casselberry chief of police, is not presenting a problem to the city.

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OPTICAL illusion gives impression these three girls (Sherry Adams, Lydia Cowley and Cora Adams) are gifted with the know how of walking on water, but actually they are standing on a raft floating in a Chuluota lake. (Liza Baker Photo)

By North Orlando 400 Acres Are Annexed

By MARION BETHEA
 NORTH ORLANDO — The municipality extended its boundaries by approval of a first, second and final reading of an ordinance to annex 400 acres lying northwest of the city within two miles. The property is owned by Al Schachter, and is zoned PUD (planned unit development). Further delineation of the property is at Oak Grove Park, south of Shephard Road.

Village Attorney Thomas Freeman told council that due to the fact that all five members were present, the ordinance could be passed as emergency legislation. Council had previously approved the zoning plans for the annexation at an Aug. 17 meeting. It was noted that the PUD zoning will add to that of Florida Land Company.

The property will actually be annexed in October, and a notice will be posted in the village 30 days before the matter is final. Further extension of the city limits is forthcoming, Mayor Brown told council.

Sanford City Commission will meet Thursday noon to discuss annexation where to locate the proposed city police-security complex.

Also, on the agenda for Thursday afternoon, probably after the bill discussion, is a tour of the Sanford Housing Authority by commissioners to check into complaints by predominantly black tenants of conditions in the federally-funded projects.

Commissioner Julian Stenstrom said today he was notified of the planned tour by this newspaper but indicated he would make the tour with black leaders and other city officials.

Mayor Lee P. Moore toured the housing authority area Friday morning but is expected to visit the apartments again as part of the city officials.

Still to be heard from are reports into the tenants' situation by two teams, one from the state and the other representing U.S. Department of Housing and Urban Development (HUD) which funds the public housing operation.

Housing Project Tour Slated

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Sign Act Okayed By County

Over the objections of representatives of several outdoor advertising firms the Seminole County Commission Tuesday night enacted a new sign ordinance.

The ordinance restricts billboard on limited access highways to 2,900 feet apart and on state and county highways to 1,500 feet.

The sign ordinance was passed over the opposition of Commissioner Al Davis and Ed Yerlowich.

The ordinance requires 50-foot setbacks on limited access roads and 25-foot setbacks on state and county roads. Within 1,100 feet of an intersection or interchange the space requirements are cut in half. The ordinance also allows directional signs, no larger than four feet by four feet, to be placed 500 within the 1,100 feet of intersections which advertise local business only. The directional signs can be no more than eight feet above the grade of the road. It also provides variances for space requirements for the directional signs.

Repeatedly representatives of the billboard firms said the ordinance will virtually eliminate additional signs on Interstate-4 and Highway 17-92.

RALPH FISHER, Longwood's city superintendent for the past six years, has eight employees under his direct supervision in the street and maintenance department and the water works. His responsibilities also include the police and fire departments in some measure in that his crews keep their equipment in as good a condition as possible. A resident of the city, he and his wife have one son and three grandchildren who make their home in Sanford. Fisher sees "great possibilities with proper guidance ahead for Longwood."

(Donna Estes Photo)

Melons To Europe

By LARRY NEELY
 New shipping techniques recently developed by the U. S. Department of Agriculture with the assistance of A. Duda and Sons, Inc., which is headquartered in Seminole County, has opened the door to a European market for watermelons.

Watermelons are packed and shipped by several Seminole County agricultural concerns.

It took only 16 days for the melons to make the trek from farm to market. The melons were shipped from A. Duda and Sons, Inc. farm in Velda via truck to Norfolk, Va. The shipments waited on the docks for four days before they were loaded on a cargo ship and made the trans-Atlantic trip to London. The day after they arrived in London, the shipments were in 20 Safeway, Ltd., stores.

Specifically the new shipping techniques developed were packaging the watermelons in corrugated fiberboard cartons, palletization of the cartons, modifying a van container and installing forced air ventilation on the van to keep the melons at the right temperature while keeping the sea sprays out.

Monitored in the project were the costs involved in shipping the melons and the marketing, promotion and acceptance of the melons once they were in the English market.

The transportation and shipping costs were kept down by utilizing the vans and new cartons which have been determined to be the most efficient means. The ventilation process also eliminated the need for costly refrigeration during shipping.

The acceptance of the Florida melons was proven by the fact most of the British stores which were the outlet for the melons were sold out within three days after their arrival.

The English merchants appeared impressed with the new item to the extent to order three additional shipments.

Federal officials said their observations proved the feasibility of shipping the melons and that the market for the melons is there.

The Florida melons which weigh in the neighborhood of 20 pounds which contrast with the two to eight pound melons which Europeans are accustomed to.

The participants in the project were the U.S. Department of Agriculture Research Service, Transportation and Packaging Station La Ordo and Rotterdam, Holland; the National Watermelon Growers and Distributors Association of Lakeland; U.S. Foreign Agriculture Service in London; J. O. Simma, Ltd. of London; and A. Duda and Sons, Inc. of Slavia.

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Between 4 pm and 8 pm on hot days, moderate the temperature of your air conditioner. Don't overcool. Also, plan meals which require little or no cooking. Cook before or after peak periods. (The same holds true for washing and drying clothes and dishes.) Finally, keep to a minimum the amount of hot water you use for baths, showers, and other uses during peak periods.

Electricity, like all of America's resources, should be used wisely. By helping us conserve electricity, between 4 pm and 8 pm these summer days, you'll be helping yourself. And everyone else.

FPL



TEACHERS in the business department at Lyman High School plan the year's curriculum. Seated left to right: Mray McLaughlin, Cooperative Business Education; James Courier, General Business; William Ruland, Diversified Cooperative Training; Maxine MacDonald, office practice, business law, personal records keeping and typing; Loyd Barnes, Distributive Education coordinator, Marketing and distribution; and Virginia Godlin, Typing I and II. (Ann Riley Photo)

North Orlando Clerk On Full-Time Duty

By MARION BETHEA
 NORTH ORLANDO — The municipality has a full-time clerk, as a result of action taken by Village Council. Mrs. Mary Norton, who has served for some time on a part-time basis, assumed full-time duties today. The Village Hall now will be open from 9 a.m. until 4 p.m. Monday-Friday, closing one hour for lunch.

A slight controversy rose over performance of duties by the newly hired maintenance man, Russell Armstrong. It seems that Armstrong doesn't complete outlined duties by Councilman Bill Hurt, and a conflict arises over who designates the duties, since Hurt is in charge of the maintenance, but Armstrong, said Brown and Police Chief Walter Batchelor also gave him tasks to accomplish.

Resolution of the matter is that Armstrong will be given written duties by Hurt and a check-list will be kept of hours worked.

It was announced that the auxiliary police department had lost two patrolmen with the "retiring" of Allan Cronk and James Smith. However, a new patrolman was appointed by North Orlando, Casselberry and Longwood. A week to 10 days will be given for an "orientation" period for the new device, after which citations will be issued.

The chief also announced that the recent barbecue held by the police department to purchase uniforms for the auxiliary had netted \$100. Another is planned in the near future, he said.

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Chappell Speaks To Kiwanis 'Freedom Snatching' Hit

Congressman William Chappell today urged more citizen involvement in government, and the breakdown of the "freedom snatching" concept as an example of citizen concern.

Speaking to the Sanford Kiwanis Club at the Civic Center, Chappell urged citizens to become fully informed on major issues so they might pass on a well-formed opinion to their elected officials.

"Each of us has the responsibility to brief himself on major legislation which comes before Congress," Chappell asserted. "We need to study the pros and cons and not depend on a single source of information. All the laws and all the efforts of lawmakers lose much of their effectiveness without the support and active participation of all our citizens."

Chappell cited forced busing and the breakdown of the neighborhood school concept as an example of citizen concern.

"It will take a grass roots movement in this country to bring an end to this type of 'freedom snatching' everywhere it occurs, or we might as well resign ourselves to a totally centralized form of government."

"I hope our people will direct the same concerns they have about busing to other vital issues such as the economy, welfare reform, health care, housing and defense spending."

"A well-informed citizenry is the backbone of our democracy," Chappell said. "Civic organizations should continue to take the lead in this effort. As a elected official I would welcome more frequent expressions of views on major issues from citizens clubs."

Chappell said Congress has significantly improved its efficiency in passing appropriations bills this session.

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Seminole Calendar

Sept. 1
 DelRay Fishing Club, 7:30 p.m., Community Center.
 Sanford Business and Professional Women, dinner-meeting, 7 p.m., Trophy Lounge; orientation program.

Sept. 4
 Sanford - Seminole Jaycees' Labor Day weekend party, starts at 1 p.m., Lake Golden.

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ALL-IN-ONE BINDER SET 99¢
 Complete set includes 1 ring binder, paper, theme index and dictionary.

3 HOLE PUNCHED FILLER PAPER 500 SHEETS 57¢
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 Complete with half pint, kid-proof vacuum bottle. Choice of decorations.

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 Holds a generous amount of soup, stew, applesauce.

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 1 1/2" ring binder with a matching theme book, 4 x 6 notebook.

SCHOOL SPECIAL PACK OF BIC CLIC PACK \$2.63
 Retractable.

Vinyl, 1" rings, ass't d. colors. REG. \$1.99 77¢
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 You recognize the famous names on this enormous selection of watches. Styles for both men and women, each with matching band or strap. Gift boxed.

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 Wake to music or alarm. Set it to be in music. Includes 100% guarantee. \$24.95 VALUE

STEREO MULTIPLEX AM/FM RADIO WITH 2 SHELVES

Home entertainment center includes these high quality features:
 • FM-AM/AM-FM Stereo Multiplex Receiver
 • Air suspension speaker system
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ALL THIS FOR ONLY... \$69.99
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SEAMLESS NYLONS \$4.00
 Sheer, flawless mesh in latest fashion shades. REG. 2 PAIRS FOR \$8.00

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REG. \$1.30 A PACK OF 28 FREE MULTIPLE VITAMINS \$1.17
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Editorial Comment

Careful Planning Now-Happy Holidays Then

Labor Day with its four-day holiday is just around the corner. In more and more homes plans for the observance of this traditional end-of-summer and beginning of school time are being made.

Are lights properly adjusted? Brakes in working order? Does the steering mechanism respond as it should? If the answers to all these check points are affirmative, then the most important question is yet to be posed.

Our observation would be that this sorry record has worsened during the past 18 months. Of course it is only for the purpose of lessening the loss which will be recorded when the Labor Day holidays, that we make these comments and print these figures.

For the same purpose we would emphasize that the NTB report stated that drinking and drugs are greatly involved. "Alcohol doubles the young driver's hazard because he is an inexperienced driver and an inexperienced drinker."

Guerrillas-War

Palestinian guerrillas are proving again to be a dangerously unstable chemical in the Middle East. It is surely their impatience with the long cease-fire in the Arab-Israeli dispute that has led to the new confrontation between Jordan and Syria.

King Hussein has succeeded in breaking the back of the guerrilla forces operating inside the borders of Jordan.

However, the determination of one government to assert its authority over a guerrilla army offers no promise of peace so long as other governments continue to support it.

Hussein now faces a threat from Syria and Iraq, which have made common cause with the Palestinians, that could be more serious than the one he has effectively controlled within Jordan.

Incidents of Arab terrorism in the Gaza Strip following close on the heels of the flare-up on the Jordan-Syria border add to the evidence that the guerrillas want to force the issue in the Arab-Israeli dispute.

While there is reason to hope that both the Egyptians and the Israelis seek the suicidal course in anything but a negotiated settlement of their territorial dispute, such a settlement looms as a threat to the extremist Arab cause.

In Cairo, President Anwar Sadat is saying that Egypt must resolve its conflict with Israel by the end of this year "by peace or war." The unchecked ambitions of the Palestinian guerrillas and the hostility of Syria and Iraq toward the independent position of Jordan could take the choice of peace or war out of Egyptian hands.

Domestic Commentary

Schweitzer Impact Analyzed

By REV. DAVID POLING (Editor's Note: Dr. Poling is co-author of "Schweitzer," a recent biography published by Doubleday.)

When Erica Anderson dedicated the Albert Schweitzer Center in Great Barrington, Mass., last month, she invited a few friends to attend. Since her remodeled barn film center can seat only a hundred people she didn't bother to send announcements and only told "a few friends."

After Schweitzer's death in 1965, Miss Anderson decided to establish a library, museum and film center. The result is a total success. For here is one of the best collections of books, manuscripts and printed material by and about Albert Schweitzer.

Letters to the Editor

Ordinance Illegal

Editor's Note: This is a copy of a letter sent to the chairman of the Longwood City Council.

Mr. Chairman: For your "no" vote on the present proposed city Garbage Ordinance.

Newsprinting attention capitalizes on the taxpayer, advertising, injustices, evils, and darker sides of current events, and, more often, gives little attention to the less dramatic endeavours of our society.

Political Notebook

Wage-Price Lid: Will It Work?

By BRUCE BLOSSAT (WASHINGTON (NEA) — The term "freeze" clearly has psychological value in President Nixon's current wage-price clampdown effort.

The point of all this would seem to be that a great deal of rigidity affects the price structure on the bottom side. Government officials ascribe this to Washington's efforts to stabilize the economy and prevent recessions.

Between the 1964 outbreak of World War II and 1932, U. S. commodity prices did not decline after World War II, or after the Korean conflict, as they had after earlier wartime periods.



MARY LEE Flanagan shows off a display of Macramé to Girl Scout Leaders Marian Valera and Una Robinson. This was one of the suggestions by which girls may use to express their creative urges made at a Citrus Council planning meeting.

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Consumer Protection Bureau

Koscot Agency Faces Probe

ORLANDO, Fla. (AP) — Legislators are looking into a profit-making consumer protection bureau set up by a firm under investigation in at least a dozen states, a Senate aide said.

When legislation was passed, I don't think anyone took account a profit-making consumer group," said Bob Bishop, director of the Division of Consumer Services of the State Agriculture Department.

Freedom Flights Halted By Castro

By ISAAC M. FLORES Associated Press Writer MIAMI (AP) — The Cuban refugee airlift, born Dec. 1, 1965, at the behest of Cuban Prime Minister Fidel Castro, was suspended by Castro today in a move apparently signaling its end.

MIAMI (AP) — The Cuban refugee airlift, born Dec. 1, 1965, at the behest of Cuban Prime Minister Fidel Castro, was suspended by Castro today in a move apparently signaling its end.

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The Sanford Herald. Telephone: 322-2611, 425-5938. 300 N. French Ave., Sanford, FLA. 32771.

Hal Boyle Says: Try To Find Answers For... Includes a photo of Hal Boyle.

Berry's World. Includes a photo of a man and text about a world of products.

Herald Area Correspondents. Lists names and addresses of reporters in various areas.

Don Oakley Says: Import Surcharge Was Due. Includes a photo of Don Oakley.

Berry's World. Advertisement for a car with a 'Yes, sir!' slogan.

Kids Plan Benefit Carnival. Advertisement for a neighborhood carnival.

Enlightening. Advertisement for a neighborhood carnival.

Appreciation. Advertisement for a neighborhood carnival.

Earn Money Fast! Advertisement for a car with a 'Yes, sir!' slogan.

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Charter Change Pondered By No. Orlando

RADIO DISPATCHED YELLOW CAB
322-5811
SANFORD'S LARGEST AND ONLY TAXI FLEET OPERATING 24 HOURS.
• Package Delivery
• Airport Service

NORTH ORLANDO — Mayor Brown moved Village Council he had been in contact with the office of Sen. Kenneth Plante, secretary of the Orange-Seminole legislative delegation, pursuant to changing the village charter. Mayor Brown said that the telephone call was in line with the Oct. 15 deadline for the intent to propose new legislation, which must be expressed, spoken or written to a delegation member, preferably the chairman or secretary.

Following a discussion with Village Attorney Thomas Freeman, it was decided that the council and Freeman would be acceptable as a charter board.

A letter was read to council from Rodney Laver, administrative assistant to the County Commission, in which Laver offered to the municipality his personal copy of a "major bundle" would be in getting the state legislature to accept the change in the charter; that the rest would be "comparatively easy."

Mayor Brown explained that he had attempted to speak with William Gorman, chairman of the legislative delegation, but had been unable to reach him. Therefore, he stressed, "I picked the toughest one in the organization."

This elicited the answer from Freeman, "About the charter you have."

Freeman went on to comment that last year the delegation would not accept a charter change, referring it to home rule provisions, but then "accepted the amendment of everyone else."

Time To Get Ready... BACK TO SCHOOL

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WEEKDAY HOURS 9 TO 9 SUNDAY HOURS 10 TO 7

350 SHEETS FILLER PAPER 89¢ VALUE 39¢ (LIMIT 1)	250 SHEETS TYPING PAPER 79¢ VALUE 38¢ (LIMIT 1)	BOYS' OR GIRLS' DELUXE 20" BICYCLE 44-RISE HANDLE BARS • BARIAN SEAT • REAR STUDDED TIRE 29.88	100 LEAVES • KRAFT COVER COMPOSITION BOOK 59¢ VALUE 31¢ (LIMIT 2)
PERSONNA "74" TUNGSTEN STEEL DOUBLE EDGE BLADES 5 COUNT LIST 79¢ 33¢	FLAIR! CHOICE OF 8 COLORS NOW 49¢	FAMOUS CHARACTERS LUNCH BOX WITH THERMOS PLASTIC • BARIAN • BARI • PARTIQUIDE PAIL 2.33	PORTABLE METAL FILES WITH LOCK AND KEY WITH METRIC HANDLE • 8 PARTS • WASHINGTON FINISH • FOR HOME OR OFFICE JUMBO SIZE VALUE \$2.58 PERSONAL SIZE VALUE \$1.99 CHECK SIZE VALUE \$1.99
FLIPPETTE TEASING BRUSH ASSORTED COLORS \$1.00 VALUE 19¢ (LIMIT 1)	CLEAR PLASTIC SHOE BOXES 3 FOR \$1.00 36¢ EA. LIST 69¢	1 OZ. TUBE • POPULAR SHADES (LIMIT 1) BOURJOIS SATIN FINISH MAKE-UP ... 27¢	DUOTANGS COVERS WITH BRASS FASTENERS ONLY 9¢ 15¢ VALUE
TEK HARD OR MED. TOOTHBRUSHES (LIST 69¢ EACH) 4 FOR 1.00	BULLETIN BOARD 18 X 24" \$2.95 VALUE 1.88	1 OZ. TUBE • POPULAR SHADES (LIMIT 1) MAYBELLINE ULTRA LASH ... 57¢	WESTCLOX CONSTANT CLOCK ASSORTED STYLES 3.99 6.95 VALUE
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AGILON PANTY HOSE ONE SIZE FITS ALL FLATTERING COLORS (LIMIT 2) \$1.99 VALUE 88¢	PLAID SOFTSIDE LUGGAGE 21 INCH LIST 2.48 24 INCH LIST 4.99 26 INCH LIST 7.33	250 COUNT - LIST 79¢ (LIMIT 1) JOHNSON & JOHNSON COSMETIC SOFF PUFFS ... 25¢	Juliette SOLID STATE CLOCK RADIO \$12.95 VALUE W/STYLISH MOVEMENT • WAKE TO MUSIC • HIGH 801 9.99
JUMBO SIZE GARMENT BAGS 2 ZIPPERED • 3 1/2" LONG 78¢ \$1.00 VALUE	JUMBO THERM STORAGE BOX \$2.49 VALUE 1.58	BOTTLE OF 100 - LIST \$2.39 (LIMIT 1) ONE-A-DAY VITAMINS WITH IRON ... 1.88	TIMEX watches 7.95 AND UP
JUMBO ZIPPERED STORAGE CHEST \$2.95 VALUE 99¢	INDOOR DRYER GREAT FOR AWAY FROM HOME LIVING 38¢ 69¢ VALUE	3 ZIPPERED... UNDER BED STORAGE BAGS (YOUR CHOICE) 58¢ 88¢ VALUE	WALNUT WOODEN HANGERS CHOICE OF 3 PARTS - 3 SHIRT • 6 DRESS - 2 SUIT HANGERS 76¢ \$1.29 VALUE

WE FILL MORE PRESCRIPTIONS THAN ANYONE ELSE IN FLORIDA Because Eckerd Pharmacists fill more prescriptions than anyone else in Florida, Eckerd's can afford to sell for less.

Second Soup Struck From Grocery Shelves

TALLAHASSEE, Fla. (AP)—Despite the claim of a Campbell Soup Company official that Florida was not involved, State Agriculture Commissioner Doyle Comer today stuck by orders to clear grocery shelves of a certain shipment of Campbell's vegetable soup.

"If there's a possibility of botulism, there's no holds barred," said the commissioner.

Campbell recalled vegetable vegetable coded IS CT-111X after saying its contents could be abnormal. Comer said his office had information it could contain the deadly botulism organism.

Campbell said the recall involved shipments to only nine states—Alabama, Arkansas, Colorado, Kansas, Louisiana, Missouri, Oklahoma, Tennessee and Texas.

"I want to tell you the latest recall does not do not involve Florida at all," Campbell's state supervisor, Joe Lett, told The Associated Press in Miami.

However, Comer said his office was proceeding on the assumption that some of the soup could have been shipped into Florida—particularly the west.

Dr. George M. Rose, Comer's bureau chief for food grades and standards, said the concern for botulism is based on a U. S. Food and Drug Administration telegram read to him by the FDA's Atlantic office. It said in part:

"FDA analysts have found Rose said when Campbell's vegetable soup is stored in a cooling process, it is also possible botulism organisms could survive."

Comer said when Campbell's vegetable soup is stored in a cooling process, it is also possible botulism organisms could survive.



MICHAEL FISHER of Casselberry has joined the Longwood Police Department as patrolman. Formerly with the Maitland, Casselberry, Altamonte Springs and Oviedo departments, Fisher and his wife, Jean, have one daughter, Rebecca Charlene, three years old. (Donna Estes Photo)

Time To Go... SCHOOL

FIESTA FILLED BINDER WITH ASSIGNMENT BOOK AND 20 SHEETS 2.19	COMPOSITION BOOK WITH GLOSSY COVER 43¢	BIC PEN SCHOOL SPECIAL ONE 4 1/2" PEN AND TWO 1 1/2" PENS 39¢	PARKER CALENDAR PLOTTER BALL POINT PEN 2.95 VALUE 1.57	SHEAFFER 3 INK CARTRIDGES STUDENT PEN 1.98 VALUE 77¢	ACADEMIC ROUGH NEWS PAD 9 X 12" • 20 SHEETS CHARCOAL PENCIL, GREEN PENCIL, PASTEL 37¢	FOLDERAMA BRIEF COVER DAILY COLORED PAGES WITH TABS 100 SHEETS 14¢	COMPOSITION BOOK • 180 SHTS. 1.39 VALUE 99¢	11 OZ. REG. MENTHOL-LIME COLGATE INSTANT SHAVE 79¢ LIST 29¢
PAPERMATE 98 BALL-POINT PEN NOW 77¢ 98¢ VALUE	VINYL FILLED BINDER ASSTD. COLORS • 1" BINDING COMPOSITION BOOK • LOGS LEAF FILLER • PLASTIC TAB INDEX • VINYL BINDER POCKET 1.99 \$2.51 VALUE	8 TRACK TAPES and CASSETTES BART BACHARACH • JULIE ANDREWS • SAMMY DAVIS • JERRY VALE, ETC. 6.95 VALUE 2.88	LP STEREO RECORDS ANY RELEASE • 15¢ CATALOG PRICED TO BUY 4.95 VALUE 1.88	MEMO CLIPBOARD BORMICA (49¢ VALUE) 23¢ 27¢ VALUE	PERVANEER FURNITURE 2 DRAWER DESK CHROME LEGS • DOUBLE DRAWERS 29.95 VALUE 24.99	ECKERD IMPRINT SCHOOL BOX LOCAL SIZE 29¢	CARBON PAPER 15 SHEETS 39¢ VALUE 23¢	TONI WHITE RAIN HAIR SPRAY 1.49 VALUE 69¢
GENERAL ELECTRIC STEAM IRON 888¢	CONTEMPORARY WALNUT BOOK CASE LIST \$19.95 15.99	RED-PENCIL ERASER 110¢ VALUE 3¢	INDEX DIVIDER SET WITH 5 PLASTIC TABS (29¢ VALUE) 23¢	FREE CARTRIDGES VENTIS CART. PEN 47¢	100 SHEETS • CANVAS ERASABLE BOND 1.19 VALUE 77¢	14 OZ. PLASTIC BOTTLE WHITE RAIN BY TONI SHAMPOO \$1.15 VALUE 54¢ (LIMIT ONE)	MEN'S PERMANENT PRESS CASUAL PANTS 65% DACRON - 35% COTTON POPLIN • POPULAR COLORS • PERMANENT PRESS \$5.99 VALUE 3.99	FAMOUS BRANDS NATIONALLY ADVERTISED 17 & 21 JEWEL WATCHES VALUES TO 69.50 19.99
GYM BAG 16 INCHES • A MUST FOR SCHOOL 1.66 LIST 2.98	THERMOS VACUUM BOTTLE \$2.10 VALUE 1.18	SHOE RACK HELD 9 PAIR • METAL COMPARE AT \$1.49 88¢	HI-INTENSITY LAMP 6.95 VALUE "LIGHT WORK IN THE DARK" 3.22	MEN'S SWIMWEAR FAMOUS MAKEUPS, CLOSE-OUT - ASSTD. FABRICS & STYLES VALUES TO 7.00 2.00	MEN'S SUEDE WORK BOOTS LEATHER UPERS WITH HEAVY DUTY RUBBER AND WEL • LACE UP STYLE 3.40 VALUE 2.88	FRUIT OF THE LOAM T-SHIRTS OR BRIEFS PAK OF 3 BOXER SHORTS \$2.95 ATHLETIC SHIRTS \$1.99 2.65	WALNUT WOODEN HANGERS CHOICE OF 3 PARTS - 3 SHIRT • 6 DRESS - 2 SUIT HANGERS 76¢ \$1.29 VALUE	WALNUT WOODEN HANGERS CHOICE OF 3 PARTS - 3 SHIRT • 6 DRESS - 2 SUIT HANGERS 76¢ \$1.29 VALUE
WALNUT WOODEN HANGERS CHOICE OF 3 PARTS - 3 SHIRT • 6 DRESS - 2 SUIT HANGERS 76¢ \$1.29 VALUE	SOLID 1 INCH PADDING STADIUM SEAT FOLDS FLAT 4.95 VALUE 2.99	ROD & REEL SPINNING OUTFIT DANWA 7290 OPEN FACE ROLL BALL SPIN REEL WITH FIBER-GLASS ROD \$11.49 VALUE 5.49	2 FOR ONE KODAK FILM Get one extra set of prints with every roll of KODACOLOR or BLACK & WHITE film developed at the regular price of one. TODAY AND EVERYDAY	2 FOR ONE KODAK FILM Get one extra set of prints with every roll of KODACOLOR or BLACK & WHITE film developed at the regular price of one. TODAY AND EVERYDAY	ECKERD DRUGS	PAK OF 30 (LIMIT 1) JOHNSON & JOHNSON BAND-AID PLASTIC STRIPS 63¢ LIST 29¢		

Students Need A Building

By JANE CASSELLBERRY
The latest Student Government Association project at Longwood College is obtaining a building that can be used as a recreation hall for students in their free time.

They hope to find someone who will donate a building (about 20 x 40 feet) which the SGA could move down the highway to the SJC campus. It should be suitable for heating and air conditioning.

If a building is obtained, SGA plans to install such recreational facilities as ping pong tables, pool tables and pinball machines. Profits from machines would go back to SGA.

According to Mike Doherty, SGA representative, the building being used as a student center is packed with students leaving no room for recreational equipment to be installed.

In addition, there will be time allotted for an activities period, this term and those not attending club meetings or other specific activities need a place to go during free period.

Anyone who may wish to donate a building of some type for a rec hall, may contact Doherty or Rick Jordan, SGA president, by calling 342 or Doherty's home phone is 328-7946.

Lake Mary Chamber Sets Meet

The Lake Mary Chamber of Commerce will hold its first meeting Thursday, Sept. 2, at 8 p.m. at the Lake Mary Civic Hall.

New officers include John Lacey, president; Don Jackson, vice president; and Kay Saksman, secretary-treasurer.

County Commissioner John Kimbrough from the Lake Mary district will be the speaker.

Letters have been mailed out in conjunction with the current membership drive. Anyone in the area surrounding Lake Mary is invited to join. Single membership is \$2; family membership, \$2; business membership, 1-3 persons, \$5; 4-10, \$12.50; 11-25, \$25; and 25 or more members, \$40.

A busy year is anticipated and everyone is invited to attend the meeting and learn the progress made on the two big projects undertaken last year—incorporation and a community building.

Some Nuts And Bolts
NEW YORK (AP)—More than 10 million steel nuts and bolts will help hold together the most powerful electric transmission line in the United States when it is completed next year.

The 1,150-mile line, suspended in part from 2,300 steel towers with steel towers through Indiana, Ohio, Virginia, West Virginia and Kentucky.



MISS JUDITH M. HUNT

Hunt - Wight Engagement Told

Mrs. A. I. Drummond of Santa Beach, was born in San-Vilhen Road, Sanford, and Eugene Hunt of Ft. Lauderdale, Fla. announced the forthcoming marriage of their daughter, Miss Judith M. Hunt, to John Lester Wight, son of Mr. and Mrs. W. Henry Wight of Gold-son Lake, Sanford.

The bride-elect's maternal grandparents are Mr. and Mrs. Edward Groth, Hartford, Wis. Born in Hartford, Miss Hunt is a 1969 graduate of Seminole High School. She is employed by First Federal Savings and Loan Association of Seminole County.

Household Hints

CLEANING OLD GOLD
Been married too long? If your wedding band has lost the sparkle and shine it had a few years back, here's a helpful hint. A good way to clean gold rings, earrings and bracelets is by soaking them in ammonia and then brushing the dirt away with an old toothbrush.

NATURAL EYES
To avoid an artificial penciled look for the eyebrows, follow the natural contours of your brow, brush or pencil in two shades, such as medium and dark brown, for a more natural effect.

SUMMER HOSE
"Barefoot bustery" is a must for waxy summer outfits. When buying panty hose, be sure it's labeled sheer from head to toe especially for hot pants, sandals or sling-back shoes.

Brunch Honors Carrie Blake And Ron Miller

MISS CARRIE Blake and her fiance, Ron Miller, couple at (upper photo) pose with her parents, Capt. (USN, ret.) and Mrs. Gilbert C. Blake, at a pre-nuptial brunch. Lower photo shows the hosts and hostesses, Mr. and Mrs. Harry Robson, left, and Mr. and Mrs. Henry G. Johnson.



The Mellonville Avenue home of Mr. and Mrs. Henry G. Johnson was the relaxing site of a bridal brunch Sunday, Aug. 29, when the Johnsons and Mr. and Mrs. Harry Robson entertained at a bridal brunch.

Guests of honor were Miss Carrie Blake and her fiance, Ronald Edward Miller, who will be married Sept. 21, at Holy Cross Episcopal Church.

The bride-elect arrived on the scene wearing a formal pastel floor-length dress in brown tones.

Guests were served a buffet brunch of waffles with creamed chicken, curried fruit, broiled tomatoes, hot biscuits, preserves and coffee.

Enjoying the pre-nuptial fête with the hosts, and honor guests were Capt. (USN, ret.) and Mrs. Gilbert Blake, parents of the bride, and Mrs. R. Ramsey, sister of the bride.

Also Mr. and Mrs. W. M. Phillips, Mr. and Mrs. David Lee, Mr. and Mrs. Arthur Beckwith Jr., Mr. and Mrs. F. D. Scott, Mr. and Mrs. L. Johnson, Mr. and Mrs. Ralph Larson, Mr. and Mrs. Bill Brown, Mrs. Paul Stokes and Dr. and Mrs. Jack Morrison.



★ ★ ★

SISTER 'Operation Identification'

Members of the SISTER organization met recently at the home of Janet Leon for a covered dish party for their August meeting.

After a refreshing swim in the beautiful underwater lighted blue pool with the bubbling center, a delicious buffet was enjoyed at the screened poolside followed with an enthusiastic business session.

At this time there were reports on the current status of "Operation Identification," possible organization of tourist and sightseeing, and the broad field of beautification and cleanliness as it applies to this area and the tremendous amount of groundwork laid by the Seminole Zoological Society.

Since then SISTER has received the approval of the law enforcement agencies to implement "Operation Identification," which will be publicized in the very near future.

Members attending this exciting and enjoyable get-together were Ruth Swinney, Vivienne Sweeney, Judy Gimesy, Betty Marion, June Foley, Val Colbert, Margaret Gazza, Janet Leon and guests Allie Steenworth and Ruth Boggs.

The next SISTER meeting will be a luncheon at Ott's Hof Brau House at 12:00 Noon, Thursday, Sept. 9.

Members attending this exciting and enjoyable get-together were Ruth Swinney, Vivienne Sweeney, Judy Gimesy, Betty Marion, June Foley, Val Colbert, Margaret Gazza, Janet Leon and guests Allie Steenworth and Ruth Boggs.

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A CHARMING BRIDAL LUNCHEON was the order of the day Saturday for Candis Adams, seated. Posing with the bride-elect are from left, Mrs. Al Wallace Jr., hostess; Mrs. Jean S. Adams, mother of the honoree; Mrs. Stanley James Bury, mother of the bride-groom-to-be; Mrs. W. A. Adams, hostess; and Mrs. Robert J. O'Neil, hostess. (Staff Photo)

Parents Should Know Clues of Children's Eye Disorders

With youngsters about to start school again, the importance of good vision cannot be stressed too strongly—particularly since more than 70 percent of what we learn, we learn through our eyes.

If a child has never had a professional check his eyes—now is the time to start, says the Society for Visual Care which suggests that beginning around age 3, a child's eyes should be re-examined annually.

It should be reassuring to all parents that most eye disorders are not too serious in the early stages, and that professional care and diagnosis often can lead to correction or cure.

Parents should remember, too, that children have no way of knowing if what they see is normal or not. And because the youngsters can't tell themselves, it's important for parents to be on the lookout for warning signals that indicate potential vision trouble.

If a child's eye (or eyes) seems excessively large, there is a chance he may be suffering from glaucoma. An all-white pupil could be a warning signal for congenital cataracts.

The white pupil, or a difference in the color of the two eyes also could mean a malignant tumor. If operated on early enough, such tumors often can be removed successfully and the child's sight as well as his life can be saved.

Other symptoms, or complaints might also indicate eye trouble, and if a parent observes any of the following, a trip to the eye doctor should be in order:

- 1. Stumbling over small objects.
- 2. Blinking more than usual.
- 3. Holding books or other objects too close to the eyes.
- 4. Rubbing eyes excessively.
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- 6. Injuring or watery eyes.
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- 12. Frequent headaches, dizziness or fatigue.
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Because practically all children watch television, parents should also be aware that there are right and wrong ways of watching.

The right, and most comfortable way for a youngster to watch TV is to sit, with good posture, in a chair, not too close to the set. The room should be somewhat lit, preferably indirectly, so there is no glare and the child does not have to adjust his eyes repeatedly from bright light to relative darkness.

Conversely, a child should not lie on the floor in the dark with his head propped up, practically on top of the TV set. These factors can produce eye strain, headache and fatigue, although the potentially harmful long term effects of poor viewing habits are still under-researched.

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Candis Adams In Bridal Limelight

Bride-Elect Entertained At Parties

Miss Candis Jean Adams, who will become the bride of Brian Davis Bury of Forest City this month, has been entertained at a series of pre-nuptial parties.

On Aug. 28, Mrs. W. A. Adams, was hostess to a bridal luncheon, at her Lily Court home, honoring her niece, Candis. Assisting Mrs. Adams as hostesses were her daughters, Mrs. Robert O'Neil and Mrs. Al Wallace Jr.

The dining room table, which was overlaid with a cutwork linen cloth was centered with a mixed floral arrangement. Guest places were identified with pink place cards adorned with lilac-of-the-valley.

A smaller table, similarly appointed, featured a centerpiece of mixed blossoms in a cupid container.

The honoree, her mother, Mrs. Jean Adams, and the future bridegroom's mother, Mrs. Stanley James Bury, all received carnation corsages from the hostesses.

Guests were served creamed chicken in party shells, Hartlett pearls, topped with cream cheese and nuts, marinated asparagus, hot biscuits and meringues with strawberries.

Others attending were Miss Duane Vihlen, Mrs. William Vihlen, Mrs. Camilla Brown, Mrs. Det Harkey, Mrs. Andrew Carway, Miss Cecile Heard, Mrs. Harry Woodruff and Mrs. Fred Bell.

On Aug. 21, Mrs. E. S. McCall Sr., Miss Susan McCall and Mrs. James N. Robson entertained at a bridal luncheon at Deltona Inn for Candis.

For the occasion, the honoree wore a yellow linen dress enhanced with a white carnation corsage, a gift from the hostesses, who also gifted Candis with China in her registered pattern.

The hostesses also presented the mothers of the future bride and bridegroom with pink and white carnation corsages to complement their ensembles.

White mums and pink roses in a crystal bowl centered the dining table. The luncheon consisted of fruit juice cocktail, tropical fruit plate, chocolate parfait and coffee.

Other invited guests were Mrs. William Vihlen, Mrs. James Koerner, Miss Duane Vihlen, Miss Judy Lynn Wyche and Miss Tracy Knowles.

Miss Candis Adams was guest of honor at a miscellaneous bridal shower, Aug. 20, at the East 14th Street home of Mrs. Robert C. Wyche. Co-hostesses with Mrs. Wyche were Miss Judy Lynn Wyche and Miss Marlane Wyche.

Candis greeted the guests wearing a navy and white dress with white accessories. Pink roses with greenery decorated the party area.

The hostess gift to the honoree was a place setting in her chosen China.

Guests were served coffee royal punch, assorted party sandwiches, Danish party, toasted nuts and butter meringues. Invited guests were both mothers, Mrs. William Vihlen, Mrs. Rick Galloway, Mrs. Albert Jarrell and Mrs. James Koerner.

Also the Misses Candis Wharton, Patty Howard, Elizabeth Ann Harvey, Tracy Knowles, Maryetta Manson, Margaret Jarrell, Debbie Jarvis, Brenda Carter, Duane Vihlen, Susan McCall, Denise Jarrell, Frances Jarrell, Sally Carmel and Denise Williams.

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Judge Salfi Surprised On Birthday

A surprise birthday barbecue was held at the poolside Saturday night at the residence of Larry and Carolyn Brunelle of Jinkins Circle, Sanford, in Judge Salfi's honor.

Hostesses were Mrs. Larry Brunelle, Mrs. Ernest Cowley and Mrs. Robert D. Brown.

Enjoying the festivities were guest of honor, Judge Dominick J. Salfi, Mr. and Mrs. Arthur H. Beckwith Jr., Mr. and Mrs. Gil Blake, Judge and Mrs. Wallace Hall, Mr. and Mrs. Ben Wilson, Mr. and Mrs. Gary Brown, Mr. and Mrs. Don Peterson, Mr. and Mrs. Robert D. Brown and Mrs. Maclia Vihlen.

Also, Messrs. Bill Eston, Thomas Speer, Jack Fulemiller, Danny Lane and Al Piggett and Misses Marilyn Gilbert, Mera Younger, Helen Robinson and Duane Vihlen.

Members of the Pilot Club of Sanford gathered at the home of Jerry Jernigan, Aug. 24 at 6:30 p.m. for their third picnic dinner of the summer, followed by a program.

Chief Duane Harrell and Beau Taylor, of the Sheriff's Department, showed a film on self defense. Chief Harrell spoke on "Project Aware" and gave 15 recommendations to help reduce the chances of becoming a victim of crime and violence.

Mrs. Mary Boone was program chairman. Mrs. Jernigan and co-hostesses, Cami Bruce, Eleanor Martin and Mary Emma Hill, supervised the delicious spread of fried chicken, ham, vegetable casseroles, salads, hot rolls, cakes, tea and coffee.

Miss Lorraine Taylor, from the Orlando Club, came in person to invite the Sanford Club to a dinner at Sanlando Springs. The Orlando and Winter Park clubs will be hostess clubs to other clubs in the district.

Guests at the picnic meeting in addition to the men who presented the program were Mrs. Harrell, Mrs. Margaret Eston, Mrs. Linda Shine, Miss Lorraine Taylor and Miss Laddie Lemminer, who is the recipient of a Pilot scholarship.

Next meeting, on Sept. 14, will be at the Florida State Bank building. And if where plans will be made for the official visit of First Lt. Governor Mrs. Polly Crowell, Sept. 22.

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Society Photo Coverage

Requests for Society photo coverage should be made at least a week in advance. Engagement and bridal forms are available at The Herald office, with deadlines established.

The names of area correspondents are listed daily on the Editorial Page.

Doris Williams Society Editor

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Strikes And Snares

BY JOHN A. SPOLSKI

There were plenty of contestants on hand this past Saturday for the Adult Youngster Tournament, and after both squads were through, there were still more than a few smiles around the lanes... even though we didn't have more than enough trophies than for the 109 3-5 spots... seems like everyone did have a good time competing in it.

It was an 11:35 series with handicap which capped the number one slot. The combined talents of Johnny Spolski (younger) and Jerry Temple (adult) who had 522 and 538 scratch series, respectively.

Second and third places went to the family team of Jim Sauer and his dad, Jack with a 1987 handicapped score, followed by John McGraw (younger) and Danny Miller with their 1984.

Trophies were also presented to the youngsters for their individual games, again including handicap... although it wasn't anything to sneeze at when you looked at their scratch scores, either.

The top game was Louis Dorton 238, 241, followed by John McGraw's 246 plus 2 plus for a 228, and third high game with handicap went to Jim Link 208, 222.

Our thanks to one and all for again making this one of the most popular tournaments ever to come down the lanes here in Sanford.

In Doubt...

There'll still be a few of the local bowlers who'll say, after they try to get into an already full league, that they didn't want anything about organizing, etc.

Well, for what seems like the 10th time, all of the leagues either have had their meetings and are set to start this week, or will be for certain in full swing by next week at the latest.

And as we've also been saying repeatedly, there are quite a few new bowlers and leagues functioning here at Jet Lanes this fall.

If we can be of service to any of you in regards to giving you pertinent information about a particular league or the secretary for same, don't hesitate to give us a call.

Get in on all of the bowling fun... and meet many new friends this sociable way, too.

Glad to see Bill Allen, one of this area's foremost bowlers getting back into the local bowling scene again.

For many, many years, viewers of the Professional Bowlers Tour had the opportunity of watching this particular legend set a name for himself in the bowling world, and bring recognition back to Central Florida, too.

Well, now Allen is sponsoring a monthly tournament designed for those bowlers with averages of 180 and less.

In order to be eligible to compete in it, the bowler must agree to join the Tournament Bowlers Association of Florida with Allen as the director.

More than likely, there'll be 12 tournaments a year... one-month average with the first one slated for the Sky Bowl in Orlando.

Understand that three Sanford bowlers already have signed to roll in this one.

HOP-SPOCKING some of the league results from this past week, and shining the spotlight onto those local bowlers who were in the one-three pocket all night long, or at least long enough to crack into the chameleone circle with a 20 game or higher.

From the CITY LEAGUE: Jerry Taylor 212, 216, Kevin Evin 201, Chuck Baker 202, John Fischer 202, 205, Gordon Lynch 203, Chris Elson 201, and Ron Morris 204.

DYNATRONICS MIXED LEAGUE: West 223, 233, L. Rayburn 194, R. Kammer 179, 167, R. Beine 193.

For those doubting Thomases who just can't get too excited about having fun bowling, well, what we offer as a testimonial is the Deltona Pin Busters League which convenes here at the lanes each Friday afternoon at 7:30 p.m.

Many of these bowlers, citizens never were in a bowling lane before retiring to Deltona, much less have had the opportunity of getting any bowling lessons before they decided to try their hand at bowling.

Well, what more could I say than Secretary Gladys Granerman not only has all 28 lanes already committed to bowlers, but there's also a waiting list of others from that area wanting to join in '81.

Some of the respectable scores from this league's action of this past Friday include: V. Koch 191/189, Harold Koch 161, Al Wineski 176, Ole Olsen 162, Bob Kernstock 180, Lefty Van 169, John Falcone 162, Joe Clokey 174.

You can tell that Alice Best has been doing a good job as secretary of the early 70's Mixed League... she also is one of those with more trophies than there is the room to accommodate them.

Had some pretty good scores, too, from the bowlers on the night of the 19th... just didn't have the room to get 'em into the column any sooner, but nonetheless, worthy of a public salute.

Bryant likes deuces and came up with three of 'em 222, plus a 582 series. Some of the others—not quite so high cause of a split or two along the way: Frank Hudson 192, 206, Steve Kostival looked all right for that solitary extra pin raise he needed—1-4-199, Gerlie Touchton 191, G. Varner 192, Audrey Bolger 191/182, Fred Weston 182, Vern Messersmith 180/166, Johnny Jacob 187/180, and Ron Morris 191.

For what it's worth, you know we still give five bowling lessons every Saturday at 11:30 a.m. Just might be what you're looking for to boost that average another 5 to 10 pins, etc?

If you're the type who'd much rather just take your trophies on getting an open lane, and come out when the spirit moves you, then keep Friday and Saturday nights in mind... it's Moonlight Bowling time.

Starts each of these nights at 6:30 p.m. and both Jim Brewer and Pete Duzan have a great time giving away around a hundreds bucks each night. And the fun of shooting at a full rack of pins... and a red pin in the number one spot... and knowing that if you do get a strike, you'll be sure to get an extra pin.

But, all-in-all, it's like the man has been saying all along... come on out for the FUN of it, cause that's precisely what makes bowling the world's largest participation sport... THE FUN OF IT.

Keenan Walks Out On Match

Boxing Main Event Held Outside Ring

By GARY TAYLOR

Perald Sports Editor

Many boxing fans left the Sanford Armory last night without seeing the main event. It wasn't because the event wasn't held inside the ring. It was because the main event, a fight between two young men, was held outside the ring.

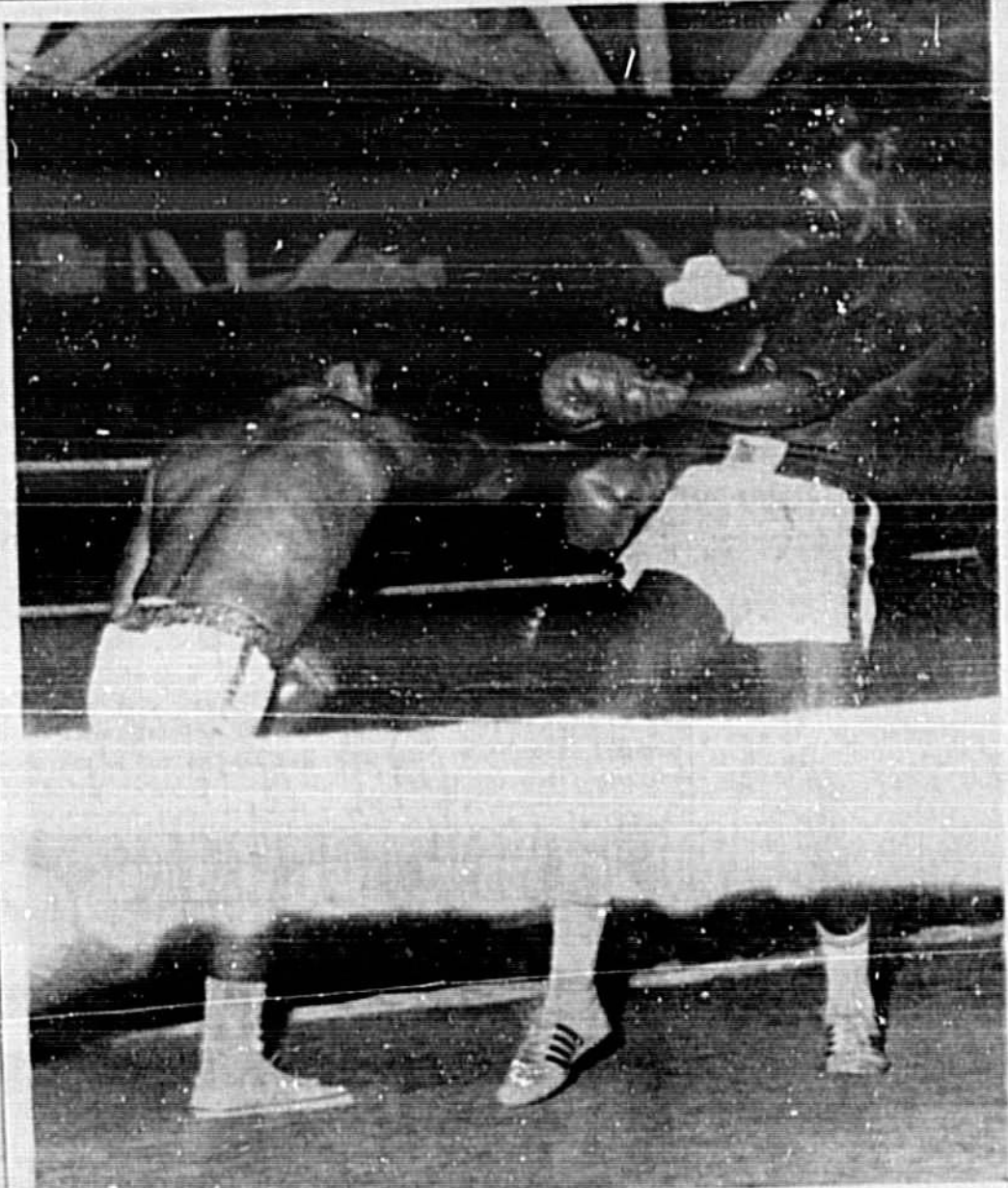
Clarence Peoples of Green Cove Springs and Sanford's Leon Elly were involved in a three-round exhibition when Tommy Keenan and his manager, Claudius Taylor, both from Daytona Beach, started walking out of the armory. Sanford pro Victor Perez, who was scheduled to meet Keenan in the featured eight-rounder, got word of it and headed for the lobby downstairs.

It took several people to keep him separated from the two men who were facing each other. But Keenan broke loose from the pair holding him, and it was obvious he just wanted to get out the door.

Perez, with three people hanging on to him, shouted verbal blasts at Keenan, daring him to step into the ring. It was to have been the only pro fight on a predominantly amateur night card.

Two-year-old Butch Pett was the winner over his brother Scott in the opener. Butch outswitched his eight-year-old brother by 10 pounds. Butch took the split decision 20-28, 20-28, 28-29. His father Mel, who refereed the fight, is the coach of the Green Cove Springs boxing team.

Mike Ruffington, 110 pounds, from Casselberry won a split decision over Scott Clark, 115 pounds. Both fighters were 18 years old and resided in Casselberry. The two were lugging leather like a couple of professional heavyweights right up until the final bell.



TIGER WASHINGTON (right) steps back to avoid a punch thrown by Aaron Perez during action at the Sanford Armory last night. Aaron's brother Victor never saw action in the scheduled main event as his opponent, Tommy Keenan, walked out before the match. Aaron won by a split decision. (Don Vincent Photo)

LSU Defense May Slip But Offense Is Better

By JERRY ESTILL

Associated Press Sports Writer

BATON ROUGE, La. (AP) — Louisiana State University's reputation as one of college football's premier defensive teams may slip slightly this season and off the field.

LSU rolled to a 52 regular season record last year, led by five points in Nebraska in the final game. Ewell and wound up ranked seventh in the nation.

The 1971 team should be at least as good.

Coach Charles McClendon's defense philosophy is to force his opponent to concentrate on one phase of its offense—either running or passing.

The Tigers led the nation in rushing defense the past two years, but three of the starters off the front four which anchored that defense are gone.

"Our linebackers haven't had to be worried up front for the past couple of years and they may have to take up a little slack now," said McClendon.

He added that the 1971 linebacking corps is probably the best in depth and quality he's had at LSU. All-American Mike Anderson is gone, but starters Louis Cascio and Richard Pagnu return and senior Lloyd Y'ye will fill the third linebacker slot.

But the two most spectacular individual defenders are tackle Ronnie Estay and All-American cornerback Tommy Casanova.

Estay is only 6-foot-1 and weighs 235, but has exceptional speed and quickness.

McClendon says Casanova is the best athlete to play football at LSU in 10 years. He returns punts and kicks off and occasionally switches to tailback on key downs.

Quarterback Bert Jones and wide receiver Andy Hamilton are likely to grab most of the offensive headlines in 1971.

"I'm sure Jones' accuracy, a junior, will be the strongest arm in LSU history."

Hamilton already leads LSU records for most yards gained

on pass receptions in a game and career.

Juniors Gerald Keigley and Jimmy LeDoux are proven at the other wide receiver post and seniors Jay Minickson and Ken Kavanagh Jr. are likely to share time at tight end.

Also returning are the top six running backs, including Arthur Cantreille whose 292 yards rushing last season was a school record.

They are the modernization of the 48-year-old stadium, 10,000 seats.

Sanford Gareik, president of the City Council, has proposed that the Yankees share Shea Stadium. There has been speculation that the American League club might leave New York if the city fails to purchase and refurbish Yankee Stadium.

The New York Giants of the National Football League, present tenants in Yankee Stadium, recently announced plans to move to a proposed sports complex in New Jersey for the 1975 season.

New York City had announced a plan to buy and renovate Yankee Stadium for \$24 million but the Giants' bid has dimmed the proposal.

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Billy Casper Will Play In Disney Golf Tourney

Pro Golfer Billy Casper has joined the list of goldfingers big names to announce he will play in the first \$150,000 Walt Disney World Open Golf Tournament in December and he will bring his family along.

Casper, 1970 Masters Champion, two-time winner of the U.S. Open and three times the recipient of the Player of the Year title, joined the 1971 PGA Tour and American Golf Classic winner Jerry Heard in confirming he will participate in the tournament. It will mark the first tournament for Casper in Central Florida since 1962.

The Walt Disney World Golf Tournament will be played Dec. 2-8 over the par 72 Magnolia Course — one of two 18-hole courses at the Central Florida Vacation Kingdom. Preceding the tournament on Dec. 1 will be a \$5,000 pro-am tournament with prominent show business personalities and celebrities participating with the professional golfers.

Special invitations are being sent to all PGA Tour members, Division golfers and their families to join in the unusual tourney, which is also open to a qualifying basis to all golfers. Qualifying basis to the pro-am. The Magnolia Course measures 6,550 yards, but it can be extended to more than 7,000 yards for tournament play.

Participants are being encouraged to bring their families with them because of the many unique and exciting entertainment and recreation facilities that are a part of the Vacation Kingdom.

Special vacation packages are being made available for guests who come to view the tournament and those who take part in the week of special golfing events.

It is ironic that Palmer and Casper are among the first golfers to announce their intentions to vie for first place money of \$30,000. Casper won his second U.S. Open title in 1966 in an 18-hole playoff against Palmer, 69-73. That victory still ranks as one of the most memorable events in Casper's professional career.

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MISS ALLEN CHAPEL and Court from left to right, Miss Carolyn Williams, Miss Lexie Williams and Debra Stokes.

Crooms Grad Wins Mortician's Degree

By MRS. R. B. THOMAS JR. Bernard D. Mitchell, son of Mrs. Leubie Mitchell and Allen Mitchell Sr., of Sanford, recently was graduated from Miami-Dade Junior College department of mortuary science.

Bernard is a 1968 graduate of Crooms High School. He furthered his education by attending Seminole Junior College before entering Miami-Dade.

He is a member of Trinity United Methodist Church and has served as superintendent of the church school.

Bernard has now joined the staff of Wilson-Eichelberger Mortuary and is doing his internship under the supervision of Miss Eunice I. Wilson, mortician.

Gregory Robinson, son of Mrs. Katie Robinson, left yesterday for Birmingham, Ala. where he will enter Birmingham Southern to resume his college education.

He is the recipient of a two-year athletic scholarship. Greg was an outstanding member of the Seminole Junior College Raiders basketball team. He received a leadership trophy for his performance at SJC.

The completion of his two-year basic study at SJC led to the scholarship at Birmingham Southern.

The 1968 Crooms High graduate achieved high recognition for his participation in both football and basketball while a student at Crooms.

Mertie's Kindergarten and day care center is now accepting students for the fall term. Kindergarten classes will be run Tuesday. For additional information, contact the director, Mrs. Lillie B. Mertie.

Miss Allen Chapel crown was captured by Lexie Williams, daughter of Mr. and Mrs. John Williams, and second runner-up was Debra Stokes, daughter of Mrs. Anne O'Neil.

Mrs. Linda Stewart was mistress of ceremonies for the program. After the coronation of Miss Allen Chapel and presentation of her court, the group was honored with musical selections by Lorraine Ringling, Charlotte Ringling, Karen Thornton and Freddie Murray. Readings and pantomimes were given by the youth department and church school.

The following Sunday morning was annual youth day observance. Cheryl Baker spoke on the theme, "Universal Love Through Christian Youth - A Possible Dream." Music for this service was furnished by the youth choir.

Mr. and Mrs. Alton Burke Jr. and family, of Rochester, N.Y., spent a few days here visiting their families.

Building, Mechanics Lyman Offers New Voc

New vocational courses being offered to 11th and 12th grade Lyman High School students during the 1971-72 school year are the building trades and automotive mechanics. These courses will assist students who are interested in bricklaying and automotive mechanics as possible careers to explore the skills necessary to explore these trades.

It is hoped that these courses will indicate the opportunities for personal advancement to be gained through the practice of these trades. It is also the purpose of these new curricular offerings to point out that these trades provide students ample opportunities for creative service to society.

Norris F. Wade has been selected to teach the course in the building trades. Wade is experienced in teaching the building trades, as he has worked as a bricklayer and a bricklayer foreman for the past 16 years.

Wade received his professional training at Florida A & M University. He earned a vocational diploma in masonry and a BS degree in trade and industrial education.

Ellis King will teach the course in automotive mechanics. He is a graduate of Lyman High School in 1964. After graduating from high school, King worked in the automotive industry until 1970.

He taught a cluster mechanics program at Oviedo High School during the past school year. Any student who desires to enroll in either of the above mentioned trades may contact one of the guidance counselors in order to have his class schedule changed.

Registration is continuing for the adult vocational business school in the vocational technical building on the Seminole Junior College campus. The school offers the complete business course (with the exception of keypunch) is kept at a low minimum.

Also available. Any adult, 16 years of age or older is eligible to enroll. The yearly registration fee for the complete business course (with the exception of keypunch) is kept at a low minimum.

For further information visit the vocational technical building at Seminole Junior College, or telephone 323-1480.

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BETTY DAVIS serves as secretary to both Mayor Lawrence Swafford and Director of Public Works Donald B. Bundy in Altamonte Springs. For a short period during her seven months with the city she was acting city clerk. (Donna Estes Photo)

WASHINGTON (AP) - Two labor groups and Boston police have filed lawsuits challenging the constitutionality of President Nixon's wage-price freeze, especially as it applies to deferred pay raises and government employees.

The Justice Department, replying Tuesday to a similar suit brought last week by four Catholic University professors

in Washington, said an injunction against the 90-day freeze would result "in the irreparable dislocation of the President's program to stem inflation, reduce unemployment and reduce our trade deficit."

Although the professors contend the Economic Stabilization Act under which Nixon acted is unconstitutional because Congress gave its legislative powers to the executive branch, the administration replied the law

meets constitutional standards. The new challenges were filed Tuesday in Washington, D.C., by the Brotherhood of Electrical Workers with about 2,000 members, and in Boston by the Boston Police Patrolmen's Association.

The postal unions seek a court order to force a \$29 pay raise due Oct. 21 plus automatic in-grade raises. They assert the law creating the new U.S. Postal Service exempts contracts with its employees from

late interstate commerce. Meanwhile, the administration continued to define terms of the freeze and Congress gathered more information on what might be done after the freeze expires Nov. 13.

Gardner Achley, chairman of the Council of Economic Advisors, said the freeze is not applicable to government employees and exceeds Congress' power to regulate interstate commerce.

Electricians in the Kansas City area construction industry seek a court order forcing contractors to honor a pact negotiated a year ago, calling for an 83-cent hourly pay boost plus 13 cents an hour more in fringe benefits, effective today.

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Orlando Is Sought In Probe On Weapons

ORLANDO, Fla. (AP) - Authorities said Tuesday they were still probing the disappearance of a man named as a co-conspirator, William G. Walker, who was found shot to death near Orlando two weeks ago.

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Angler Facing Charges

By BILL SCOTT A Lake Monroe fisherman was arrested late Tuesday night on four charges growing out of an encounter with state game wardens who came upon the boat while he was reportedly operating a troll net from his boat.

According to Robert I. Johnson, he and E. A. Clifton, both game wardens, discovered James O'Henry Boston, 28, Elder Road, Lake Monroe, pulling a net with a motorboat without running lights.

Johnson said Boston cut his net when he spotted the officers and tried to escape but was prevented from so doing when the wardens rammed their boat into Boston's craft.

The game warden reported Boston was charged with operating a boat at night without lights, reckless boat operation, possession of over-the-daily bag limit of fresh water fish and possession and use of a trolling net in fresh water.

Total bonds against Boston were \$875 when he was removed to the county jail at 11 p. m. Boston made bond immediately and was released.

Johnson said Boston had 322 breast, three catfish and four fresh water bass in his possession. The lawman said he recovered the net.

The fish were given as evidence. Johnson said the net was found in a boat in the county jail for feeding of prisoners.

WASHINGTON (AP) - A Democratic economist said today President Nixon's tax proposals would "fracture" the American consumer and cause the entire calendar of social progress in this country to slip.

Dr. Arthur M. Okun, chairman of the President Johnson's Council of Economic Advisors, said the Nixon tax proposals are seriously out of balance and are "economically and socially unjustifiable."

For some men, the dangerous age is whatever age the gal happens to be.

Our neighbor calls his long-locked teenager his hair-arent.

Friend of ours has a genuine perpetual motion clock. It's always in motion from his home to the repair shop and vice versa.

If you can tell us the secret of success, how come you never made it big yourself??

By Roger Bollen

FUNNY BUSINESS

School Tax Likened To Robin Hood

By BILL STALL SACRAMENTO, Calif. (AP) - Gov. Ronald Reagan's finance director describes the idea of a statewide property tax to finance public schools as "a little bit of the Robin Hood principle."

"You take away from about 20 per cent of the wealthy school districts to distribute to the 80 per cent of the less wealthy," Verne Orr said Tuesday.

Republican state administration has supported the concept of a statewide tax in the past.

State officials are looking at a statewide property tax as perhaps the best means of meeting a ruling of the California Supreme Court that the local property tax system of public school finance is unconstitutional.

Monday's ruling could revolutionize school finance throughout the nation if the state decides to carry an appeal to the U.S. Supreme Court and the state court decision is upheld.

All states except Hawaii and Utah rely heavily on the local property tax for school aid and support.

The 6-1 court decision held that the current system discriminates against the children who live in poor school districts.

An education is a fundamental right under the equal protection clause of the U.S. Constitution, the court said, and "must be conditioned on wealth."

The court suggested no remedy. At present, the nearly 1,200 independent school districts in California raise about \$1 billion a year from the local property tax. They get another \$1.6 billion in state aid and additional funds from the federal government.

Reagan last year proposed a statewide school tax of \$2.95 per \$100 of assessed valuation. It was rejected largely because of opposition from wealthy districts, which would have had to raise their rates and share that new revenue with poor districts.

School finance experts in the capital have suggested a statewide tax rate of nearly 4% for each \$100 of assessed value - about \$800 on a \$20,000 house.

When flight personnel asked the reason for their trips, they received such replies as "Grandma likes flying," or

County investigators are combing the victim's car and looking into his background in an effort to obtain information that will lead them to the killer of the ice plant worker, a Chase and Company employee.

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County investigators are combing the victim's car and looking into his background in an effort to obtain information that will lead them to the killer of the ice plant worker, a Chase and Company employee.

Save 20% on two great wide profile tires!

Sale 36⁷⁶

plus 2.66 Fed. tax and old tire. ER70-14 (replaces E78-14) whitewall tubestless reg. 45.95

Sale 15⁹⁶

plus 1.81 Fed. tax and old tire. B78-12 (replaces 650-13). Reg. 19.95

Millage-maker Plus wide profile tire with 4 rough plies of polyester cord.

Survivor Radial Ply tire with 2 ply rayon cord body reinforced with 4 rayon cord belts. Whitewall design, too.

Blackwall tubestless

Size	Replaces	Tire	Reg.	New
CH-13	70-13	1.75	21.75	17.14
CH-14	69-14	1.25	22.75	16.38
SH-14	72-14	2.25	26.95	19.36
PH-14	72-14	1.25	26.95	21.14
GS-14	82-14	3.50	29.95	23.14
MS-15	82-15	2.75	29.95	21.14

Whitewall 32 cents!

Wheel Alignment 3 days only 7.95

Scat-Trac 60

46⁷⁵

plus 3.30 Fed. tax and old tire. G60-15.

MINI-MAX tubestless

Size	Replaces	Tire	Reg.	New
J60-15	67-15	2.10	22.75	16.38
L60-15	67-15	2.10	22.75	16.38

27²⁵

(14" x 6" rim size)

AFX two-piece aluminum center steel wheels. Polished aluminum center in a steel rim. Complete with bullet-style, chrome-plated center hub and lug.

Mini-Max 8 track stereo tape deck. Packs a large audio wattage! Light channel indicator, volume, tone and balance controls - all built-in bugler alarm.

39⁸⁸

8 track stereo tape deck. Powerful but compact unit delivers 10 watts of RMS continuous power output. Features tone and balance controls plus separate right and left volume controls.

Econ-O-Chill auto air conditioner. Four front and two side louvers. Really delivers the cool! Temperature control. Installation only 29.88 Charge it!

JCPenney auto center

Penny's Open Labor Day SANFORD PLAZA 8 A.M. to 9 P.M. MON. - SAT.

Class Set For Migrant Youngsters

By LIZ MATHIEUX An early childhood program will be offered this year for three, four, and five year old children of migrant workers.

The classes will be housed in two trailers at Lawton Elementary School in Oviedo and will be open between the hours of 7 a.m. to 5 p.m.

Parents must be able to provide transportation for their children to and from school. Registration is at T. W. Lawton School between 8 a.m. and 4 p.m. Call 365-3257 for further information.

Bernard Mitchell, Miami-Dade School of Mortuary Science graduate, interns at Wilson-Eichelberger Mortuary under the supervision of Miss Eunice I. Wilson, mortician.

Gregory Robinson, son of Mrs. Katie Robinson, left yesterday for Birmingham, Ala. where he will enter Birmingham Southern to resume his college education.

He is the recipient of a two-year athletic scholarship. Greg was an outstanding member of the Seminole Junior College Raiders basketball team. He received a leadership trophy for his performance at SJC.

The completion of his two-year basic study at SJC led to the scholarship at Birmingham Southern.

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means 1 column by 2 inches. Too small for an ad to be noticed or effective? You're reading this one!

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appearing in The Sanford Herald is available to you in 8x10 reprint size for \$3.

Dial 322-2611

Checks A Wash Out

LONG BEACH, N. Y. (AP) - Two hundred forged City of New York Finance Department checks were washed up on the beach here. Some of them were for amounts of \$400.

Checks A Wash Out

Some of the checks were in sheets of three and four. All had stubs attached. Some bore signatures and serial numbers.

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Ocean-Hopper Grandma Dies; Grandson OK

AMSTERDAM (AP) - Sarah Krasoff, the 74-year-old Cleveland, Ohio, woman who flew back and forth across the Atlantic nearly every day this summer, died Tuesday. Her grandson, died today, her son-in-law reported. She died at the hotel where she had been ordered to rest after suffering a slight heart attack Tuesday.

"I have just been informed by the manager of this hotel that grandmother passed away in her sleep at 1 a.m. today," said Leonard Gelfand from Cleveland.

"That is really all I have to say right now, until I have seen my son."

Gelfand arrived early today from Cleveland to take Mrs. Krasoff and his son Howard back to Ohio.

The elder Gelfand had been trying to locate his son and Mrs. Krasoff since early July, his attorney, Gerald B. Chastman, said in the Cleveland Dispatch.

Officials of KLM, the Dutch airline, said Mrs. Krasoff had spent nearly \$100,000 for first-class tickets for her grandson and herself. One source reported they had made 160 crossings in the past five months. KLM said this may be an exaggeration, but they had made the trip on "innumerable occasions" this summer, Gelfand's lawyer said the trips began about July 3, and five months ago.

When flight personnel asked the reason for their trips, they received such replies as "Grandma likes flying," or

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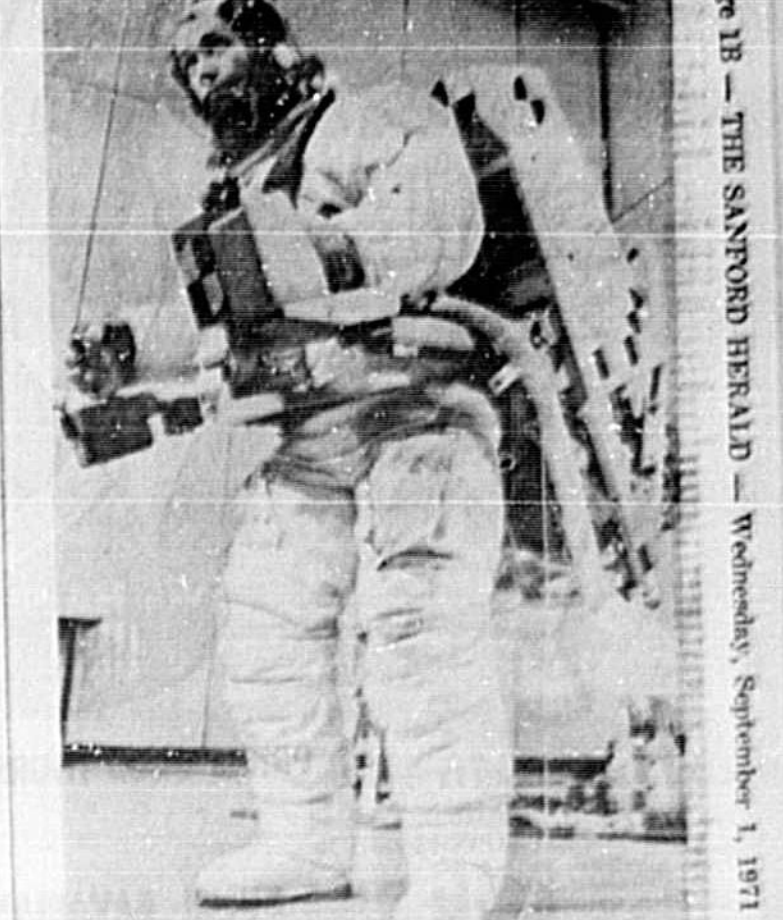
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LATEST LOOK in space suits features a newly developed backpack housing a 10-powered unit which will permit weightless astronauts to maneuver inside a future Skylab, the proper orbiting space station. Astronaut Bruce McCandless tests controls of the powerpack which has a 30-minute flight capability.

Vietnam Election Goes On

SAIGON (AP) - The government announced tonight that the presidential election will be held Oct. 3 as scheduled with President Nguyen Van Thieu as the only candidate.

The announcement appeared to dash all U.S. hopes and efforts by U.S. Ambassador Elsworth Bunker to make the presidential election a multiple race. Bunker had met two straight nights with Th

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SAVE 30¢
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HALF GALL.

BUSCH BAVARIAN OR OLD MILWAUKEE BEER
Limit two 6-packs Busch Bavarian or Old Milwaukee with \$7.50 or more purchase excluding cigarettes.
6 88¢
12-CAN

CHEK ALL FLAVORS SOFT DRINKS
Limit 12 with \$7.50 or more purchase excluding cigarettes.
12 88¢
12-CAN SAVE 32¢

POTATOES (FRESH) 3 88¢
DINNERS 2 88¢
CRAB 88¢
PEAS 2 88¢

THRIFTY MAID SUGAR
Limit 1 with \$7.50 or more purchase excluding cigarettes.
SAVE 29¢
10 88¢
LBS.

THRIFTY MAID 2 88¢
FOR Puddings
CRACKING GOOD (TWIN PACK)
Potato Chips
SUFFERBRAND OR FRESH FLA. (20oz)
Large Eggs
KRAFT QUART.
Mayonnaise

THRIFTY MAID 3 88¢
FOR Tuna
ARROW HOT COLOR 300 COUNT
Napkins
THRIFTY MAID FINE-APPL 46-oz
Juice
JUSTO BARTLETT 16-oz
Pears

THRIFTY MAID 4 88¢
FOR Catsup
ARMOUR WENNA 3-oz
Sausage
JUMBO ARROW
Towels
CRACKING GOOD 1-1/2
Saltines

COOL WHIP DESSERT TOPPING
3 88¢
PINTS

SHRIMP \$1.88
BEANS 2 88¢
PEAS 2 88¢
FILLETS 88¢

DEEP SOUTH May'naise 2 88¢
THRIFTY MAID Peaches 3 88¢
THRIFTY MAID OLIVES 3 88¢
MORTON COOKING OIL 88¢

ARROW ALUMINUM Foil 4 88¢
DIXIE DIXIE MIXES 3 88¢
THRIFTY MAID DIAPERS 88¢
SAUCES 3 88¢

ARROW PAPER PLATES 88¢
DIXIE DIXIE CHARCOAL 88¢
DEEP SOUTH RELISH 88¢
DIXIE TEA BAGS 88¢

DIXIE COFFEE 88¢
DIXIE BREAD 88¢
DIXIE CRACKERS 49¢
DIXIE WAFERS 41¢

POT PIES SAVE 30¢
5 88¢
PIES
PIZZA 88¢
CAKE 88¢
BEANS 2 88¢

THRIFTY MAID 5 88¢
FOR Chili
SUFFERBRAND 1-1/2 QUARTERS
Margarine
THRIFTY MAID 16-oz. QCS OR WK
Corn
THRIFTY MAID GREEN 16-oz
Limas

THRIFTY MAID 6 88¢
FOR Potatoes
THRIFTY MAID CUT 16-oz
Tomatoes
THRIFTY MAID 16-oz
Peas
THRIFTY MAID MIXED 16-oz
Vegetables

THRIFTY MAID 7 88¢
FOR Sauce
THRIFTY MAID (SLICED OR CALUMBI) 8-oz
Pineapple
THRIFTY MAID CUT GREEN 16-oz
Beans
THRIFTY MAID 16-oz
Beets
ARMOUR POTTED 3-oz
Meat
THRIFTY MAID (PICKLED) BEAN OR 10-oz
Tomato Soup

THRIFTY MAID 8 88¢
FOR Beans
THRIFTY MAID 16-oz
Beets
ARMOUR POTTED 3-oz
Meat
THRIFTY MAID (PICKLED) BEAN OR 10-oz
Tomato Soup

CREAM PIES SAVE 29¢
3 88¢
PIES

ALL (10-oz 7-1/2) Sauce 41¢
CHOCOLATE, VANILLA OR VANILLA SGO 89¢
BETCHNUT VEGETABLE SOUP 9¢
GREEN PEAS SQUASH OR MACARONI DINNER 35¢

WESSON Salad Oil \$2.99
HUNTS SKILLET MEXICAN, LAGUNA OR STEADYHAND DINNER 89¢
BLACBURN Syrup 75¢
KRAFT SANDWICH Spread 53¢

KRAFT 1000 ISLAND (LOW CAL 4-1/2) Dressing 3 \$1.00
HUNTS SANGA Coffee \$1.09
HUNTS MANWICH SAUCE & EGG MANWICH Sauce 43¢
SWIFT HAMS CHICKEN & TUNA Salad 69¢

SAVO TABLET Detergent 85¢
COMET (4 BATH SIZE 4-1/2) Cleanser 43¢
TOP JOB (28-oz 7-1/2) Cleaner 41¢
IVORY LIQUID Detergent 85¢

RICH'S COFFEE RICH
2 88¢
QTL.

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SWIFT'S PREMIUM CANNED HAMS
PLUS 100 FREE STAMPS W/COUPON BELOW
\$2.99
4 LB. CAN SLICED '31'

W-D BRAND U.S. CHOICE BONELESS BOTTOM ROUND ROAST
U.S. CHOICE W-D BRAND BEEF EYE OF ROUND ROAST \$1.49
U.S. CHOICE W-D BRAND BEEF SIR OR CLIP STEAKS \$1.39

W-D BRAND PURE GR. BEEF
10 LBS. \$5.99
U.S. CHOICE W-D BRAND BEEF (BONELESS) DELMONICOS \$1.79
BANQUET FRIED (10 or more pieces, fully cooked) CHICKEN 2 \$1.49

W-D BRAND U.S. CHOICE NEW YORK STRIP STEAKS
8-oz. AVG. \$1.98
BREADED PORK (CHOPPED/FORMED/CURED) STEAKS .5 \$2.99
SUNNYLAND TENDER SMOKED (Shank half or Whole) HAMS 59¢

W-D BRAND U.S. CHOICE BONELESS KUMPF ROAST
FREEZER QUEEN (ALL VARIETIES) MEAT DINNERS 2 .99¢
TALMADGE FARMS COUNTRY CURED (Half or Whole) HAMS 88¢

U.S. CHOICE W-D BRAND BEEF CHUCK STEAKS 88¢
PORK SMOKED (SEMI) BONELESS (FULLY COOKED) HAMS 88¢
W-D BRAND CURED BEEF STEAKETTES 88¢
GRADE "A" CURLED FROZEN JENNIE O BREAST OF TURKEY 88¢

LONGHORN ALL WHITE MEAT SLICED CHICKEN 88¢
OSCAR MAYER ALL MEAT WIENERS 88¢
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OSCAR MAYER SLICED BACON 88¢

FRESH PORK FEET 5 88¢
FRESH PORK NECKBONES 5 88¢
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TASTE OF SEA FISHING (BONELESS) FISH FILLETS 88¢

SINGLETON'S 3-1/4" GLASSES SHAMP COCKTAIL EACH 88¢
QUARTER SMOKED LOIN SLICED PORK CHOPS 88¢
SUFFERBRAND SLICED NATURAL SWISS CHEESE 2 88¢
ROBERT'S SLICED PROCESSED CHEESE FOOD 79¢

TEA BAGS LIPTON
Limit 1 with \$7.50 or more purchase excluding cigarettes.
SAVE 45¢
100-CT. 88¢
GUSTAFSON HOMOGENIZED FRESH MILK HALF GALLON 59¢

U.S. No. 1 ALL PURPOSE POTATOES
10 59¢
U.S. No. 1 ALL PURPOSE POTATOES 20 LB. BAG 99¢

VINE RIPE TOMATOES
2 49¢
FANCY CALIFORNIA PLUMS 39¢

HARVEST FRESH PEACHES
5 1
FRESH YELLOW SWEET CORN 10 69¢

HUNTS TOMATO PUREE 2 39¢
BIG JOHN WITH TOMATO BEANS 49¢
FESTA AGUA (2 BATH BARS 4-1/2) SOAP 37¢
CALWAY ASSORTED COLORS (2 BATH BARS 4-1/2) SOAP 31¢

PERSONAL SIZE NOWY SOAP 4 BARS 37¢
MEDIUM SIZE NOWY SOAP 2 BARS 29¢
JOY LIQUID (22-oz 6-1/2) DETERGENT 35¢
THRILL PEACH LIQUID (32-oz 8-1/2) DETERGENT 63¢

THOMPSON SEEDLESS GRAPES 39¢
WASHINGTON STATE PRUNE PLUMS 4 1.00
LARGE STALKS CELERY 2 39¢
U.S. No. 1 CARROTS 2 29¢

U.S. No. 1 LARGE HEADS CABBAGE . 2 HEADS 39¢
WASHINGTON STATE BAKING POTATOES 10 89¢
FOR AUTOMATIC DISHWASHERS 35-oz. CASCADE 79¢
KRAFT MIRACLE, QUARTERS MARGARINE 35¢

100 EXTRA TOP VALUE STAMPS
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Kids Love Peanut Butter

By Cecily Brownstone
Associated Press Food Editor
A wise shopper who knows how to buy peanut butter is holding the price line favorably. Large-size jars are now available in 18 ounces, 24 ounces, 3 pounds and some stores even carry a 5 pound size. A smart shopper uses the best advantage when she chooses the largest size she can use for her family, because the price per pound is significantly reduced as the size increases. If a shopper with a large family can use a 3 or 5 pound size, she will be paying less per pound than 18 years ago when large-size jars were not generally available.

Best Peanut Butter Cookies
1/2 cup melted butter, stir to melt before measuring
1/2 teaspoon baking soda
1/2 cup (1/2 pound stick) butter or margarine
1/2 cup creamy or chunky peanut butter
1/2 cup firmly packed light brown sugar
1/2 cup granulated sugar
1 large egg
1 teaspoon vanilla
1/2 cup salted Spanish peanuts, rest skins on
1/2 cup semi-sweet chocolate pieces
On wax paper thoroughly stir together the flour and baking soda.
In a medium mixing bowl cream butter and peanut butter, beat in one ingredient at a time, the brown sugar, granulated sugar, egg and vanilla. Add flour mixture with a spoon mix well. Stir in peanuts and chocolate pieces.
Drop by heaping teaspoonfuls, about 2 inches apart, onto ungreased cookie sheets.
Press down with floured fork making criss-cross pattern; re-roll fork for each cookie. (Marking will not show after baking.)
Bake in a preheated 350-degree oven until lightly browned, about 10 minutes. Let cool, then with a wire metal spatula remove to wire racks to cool. Store in a lightly covered tin box.
Makes 1 dozen 2-inch cookies.

Dinner for Four
Phyll's Braised Chicken and Carrots
Potatoes
Soup Beans
Sautéed Onion
Beverage
Phyll's Braised Chicken and Carrots
Wine adds fine flavor to a braised chicken.
2 pound frying chicken, cut up
2 tablespoons fat
1 large onion, cut in thin strips
4 medium carrots, pared and cut in half crosswise
2 tablespoons mixed parsley
1 teaspoon dried crushed marjoram
1/4 teaspoon dried crushed thyme
Salt and pepper to taste
1 cup dry white wine
Wash and dry chicken. In a large casserole or saucepot, melt the fat and lightly brown the chicken in it. Add remaining ingredients; cover tightly and simmer until chicken is tender—about 1 hour. Remove chicken and carrots. Turn the gravy in the casserole into a small bowl and skim off fat or chill and remove hardened fat; pour through a fine mesh strainer. Reheat chicken and carrots in small amount of gravy. Makes 4 servings.

Choppers Checked
OCEAN CITY, Md. (UPI) — The city council, responding to complaints of "noise pollution," has revoked the landing permit for a popular sightseeing helicopter.
Residents under the chopper's flight path said the noise from the helicopter was a nuisance.

The Doctors' Save-Your-Heart Diet

(EDITOR'S NOTE: This is second of a series of articles based on the new book, "The Doctors' Save-Your-Heart Diet," by Allen Claire, NEA Food Editor, and David Hendin, NEA Science Editor, published by Award Books.)

Some 2.3 million American adults between 15 and 79 years of age had definite coronary heart disease, according to the National Health Examination Survey of 1960 to 1962. Furthermore, an additional 2.4 million had suspected coronary heart disease. Combined, these two groups represented about 5 percent of the population. Of Americans younger than 65 years, it was estimated that nearly 1.8 million had coronary heart disease and 1.7 million were suspected of having the disease. The Inter-Society Commission on Heart Disease, a government-sponsored group, has recommended basic changes in the American diet to help cut down on coronary heart disease in this country. "The Doctors' Save-Your-Heart Diet" is based upon these findings.

Of the 690,000 deaths due to heart disease each year in the United States, some 165,000 are "premature" or occurring in persons younger than 65. There is a greater toll among men than women by three to one. "A North American man has about one chance in five of developing clinical coronary heart disease before age 60, mostly in the form of myocardial infarction (heart attack). About 26 percent of those experiencing a first premature heart attack die within three hours of onset of symptoms, often prior to hospitalization and before medical care can be obtained. Another 10 percent die within weeks after their attack," the ICHD reported. "These facts strongly indicate that major progress in controlling atherosclerotic diseases is possible only by primary prevention. This must be the main strategic thrust of a national effort to control coronary heart disease during the years ahead," the report concluded.

A number of risk factors for coronary heart disease have been identified. These include a diet that is regularly high in saturated fat, cholesterol and calories; high blood pressure; cigarette smoking; diabetes; obesity; sedentary living; psychosocial tensions; and high levels of fat in the blood serum. Furthermore, a family history of premature atherosclerotic disease is also a risk factor.

"The Doctors' Save-Your-Heart Diet" contains many recipes designed to help reduce the risk of heart disease. Here are two of them:

SPICED WHIPPED SQUASH
 2 medium acorn squash
 1/2 cup orange juice
 2 tablespoons diet margarine
 2 tablespoons light brown sugar
 1 1/2 teaspoons salt
 1/2 teaspoon ground orange peel
 1/2 teaspoon ground cinnamon
 1/2 teaspoon ground cloves
 1/2 teaspoon ground nutmeg
 Split squash and remove seeds. Place cut side down on greased baking sheet. Bake in a hot (400 degrees) oven 30 minutes or until done. Scoop out squash. Combine orange juice, diet margarine, brown sugar, salt, orange peel, cinnamon, cloves and nutmeg. Whip until smooth and well-blended. Makes 4 servings.

ARTICHOKE HEARTS EN BROCHETTE
 1 (9-ounce) package frozen hearts (large hearts cut in half)
 1 large green pepper, cut in



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GREER-FREESTONE HALVED PEACHES
 4 29-oz. CANS \$1.00
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 Timberland, Plantation, or Sparky
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KETCHUP 26-oz. 3 \$1

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BANANAS Golden Ripe Lb. 10¢

A-MART BONUS SPECIAL!
PEACHES FRESH JUICY 5 LBS. \$1.00

Covered Apple Pastries

By CECILY BROWNSTONE
 AP Food Editor
AFTERNOON COFFEE
 Covered Apple Pastries
 Coffee
COVERED APPLE PASTRIES
 Similar to the apple pastries sold in many bakeries.
 1 1/2 cups sifted flour
 2 1/2 cup enriched white cornmeal
 2 tablespoons sugar
 1/4 teaspoon salt
 1/4 cup (1 1/2 one-quarter pound sticks) butter or margarine
 2 egg yolks
 1 1/2 cup water
 1/4 teaspoon lemon juice
 Apple Filling, see below
 Sift together flour, cornmeal, sugar and salt. Cut in butter until particles are fine. Combine egg yolks, water and lemon juice; add to dry ingredients; mix lightly until just combined. Turn out on floured pastry cloth; knead gently a few times; divide dough in half. With a stockinet-covered floured rolling pin roll out one half of dough to line bottom of a 13 by 9 by 1 inch pan. Spoon Apple Filling over dough. Roll out remaining dough for top crust; place over filling; prick surface. Bake in a preheated 375-degree oven 45 to 50 minutes. Cool. If desired, top with confectioners' sugar frosting. Makes 12 servings.
APPLE FILLING: Sift together 1 cup sugar, 2 tablespoons flour, 1/4 teaspoon salt, 1/4 teaspoon nutmeg and 1/4 teaspoon cinnamon. Stir in 4 apples, pared, cored and sliced apples and 1/2 cup raisins.

THE BRIDE COOKS DINNER
 Broiled Steak Potatoes
 Fiesta Green Peas Salad
 Vanilla Ice Cream
 With Orange Sherbet
FIESTA GREEN PEAS
 Quick and savory!
 1 tablespoon butter
 1/2 cup onion, sliced
 1/4 teaspoon oregano
 1/4 cup pitted ripe olives, sliced
 1 small sweetpotato
 1/2 cup small green peas, drained
 1 canned pimiento, diced
 1/4 cup pitted ripe olives, sliced
 In a small saucepan melt the butter and stir in the seasonings. Add remaining ingredients and mix lightly; cover and heat gently, shaking pan often. Makes 3 servings.

The Doctors' Save-Your-Heart Diet

16 pieces
 24 cherry tomatoes
 1/4 cup (1 stick) diet margarine
 2 tablespoons lemon juice
 1 teaspoon salt
 1/2 teaspoon dried dill weed
 1/2 cup green pepper, per se
 1/2 cup white rice
 Hot cooked rice
 Cook artichoke hearts and drain. Chop artichoke hearts and green pepper pieces according to package cooking directions for artichokes. Using 5-inch skewers, alternate vegetables, using about 3 pieces of artichoke, 3 tomatoes and 2 pieces of green pepper per skewer. Place in an oblong baking dish. In a saucepan, melt margarine. Add lemon juice, salt, dill weed and cut-up powder. Pour margarine mixture over vegetables. Heat in a moderate (350 degrees) oven about 15 to 20 minutes, or until thoroughly heated. Serve vegetables over rice with lemon-margarine mixture. Makes 8 servings.
 (NEXT: Yucky Diets.)
 Allen Claire and David Hendin offer simple explanations of the relationship between diet and coronary heart disease in "The Doctors' Save-Your-Heart Diet." For your copy send \$1 plus 25 cents for postage and handling to "Book Book," c/o T.N. Sanford, Herald, P.O. Box 4858, Chicago, Ill. 60680.

Brittany Crepe a la Chicken

By TOM HOGGE
Associated Press Writer

Fine food is no novelty in New York City, but to eat a tasty meal in an atmosphere that is relatively unpolluted, with greenery on all sides, is a treat.

I enjoyed such a meal a few weeks ago at the Fountain Cafe at the Bethesda Fountain in Central Park only a few minutes walk from the heart of town.

There are facilities at the Fountain Cafe for mothers to park their baby carriages and for dog owners to leash their canines and enjoy an afternoon of leisurely dining while watching the boats drift on the lake below.

The food at the all-Paris restaurant is prepared by Chef Stanley Kramer and his staff. Kramer, who is only 20 years old, received his training in the kitchens of such restaurants as the Four Seasons and La Fontaine de Sol.

The menu is varied at the Fountain Cafe, with such specialties as Beef Bourguignonne and Brittany Crepe filled with chicken and mushrooms. Here is Kramer's recipe for the crepe.

BRITANNY CREPE
Ingredients for crepe:
1 quart milk
6 eggs beaten
1/2 pound flour
3 ounces oil
salt and white pepper to taste

Mix milk and eggs with whisk and add flour and oil. Blend. Brush an 8 ounce skillet with oil. Pour in enough batter to cover bottom of pan. Cook until you see brown edges of crepe, then turn and cook a few seconds on the other side. Remove and add filling. Repeat until you have number of crepes desired.

FILLING INGREDIENTS
Three 1/4 ounce chicken breasts, skinned and boned
1 carrot
1 stalk celery
1/2 small onion
6 parsley stems
6 peppercorns
2 cloves
2 bay leaves
salt to taste
About 2 quarts water.

Place chicken in pot with all ingredients and cook until done (about 20 minutes). Remove chicken and cut into bite sized pieces. Use remainder of broth for a sauce with following ingredients:

Melt butter and add flour. Add strained broth mixing with a whisk until sauce is smooth and thick. Add cream and sherry. Add chicken and mushrooms and use to fill crepes. Serve six persons. Good with white dry wine.

STUFFED HAMBURGERS
An easy recipe to increase as needed.

1 pound ground beef
Prepared yellow mustard
Very finely sliced onion
Pickle relish
Salt and pepper

Divide beef into 4 even portions. Press each portion into 2 thin patties, about 4 inches across. Spread 1/4 of the patties with mustard leaving 1/2 inch around edge for sealing; place a thin slice of onion in center; add a spoonful of pickle relish. Top with remaining patties, thoroughly molding edges together. Pan-broil on each side. Sprinkle with salt and pepper. Makes 4 servings.

NOTE: Cheddar cheese may be substituted for the onion.

LOW CALORIE LUNCH
Figure-right Chicken Salad
Cantaloupe Beverage

FIGURE-RIGHT CHICKEN SALAD
A homemade dressing is used.

2 1/2 cups diced cooked chicken
2 cups diced celery
Dressing, see below

Mix together all the ingredients. Serve on lettuce and garnish with sliced tomatoes. Makes 4 servings.

DRESSING: In a small mixing bowl, with a fork, beat together 1 egg yolk, 1/4 teaspoon salt and 1 teaspoon dry mustard. Beat in 1 teaspoon cider vinegar a drop at a time, then 1/4 cup corn oil 1/4 teaspoon at a time.

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Rath All Meat Bolo.	53c LB.
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Rath Luncheon Loaf	69c LB.
Rath Salami	79c LB.
Rath Chop. Ham	89c LB.

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"FOLGER'S" COFFEE
ALL GRINDS LB. CAN
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COFFEE CREAMER
"COFFEE MATE" 78c
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"MYLES" SALT 10c
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BOONE FARM STRAWBERRY HILL WINE 1/5
79c

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"WHITFIELD" FRESH POLESKI WYROBS 56c
"WHITFIELD" FRESH CUKE CHIPS 39c
"GERHARDT'S" HOT DOG CHILI 25c

BONUS BUY!
"KRAFT" KITCHEN FRESH! MAYONNAISE
QT. JAR
58c

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"BANQUET" ASS'D MEAT POT PIES	8-OZ PKG	18c
"BANQUET" ASS'D CREAM PIES	14-OZ PKG	25c
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"SLENDA SUE" ICE MILK 48c
"HOLLAND DUTCH" ICE CREAM 58c

KRAFT "PHILADELPHIA" CREAM CHEESE 36c
"BLU" SALT OLEO 18c
"SHURFRESH" BISCUITS 8c
"BLU" RIBBON APPLE SAUCE 20c

BONUS BUY!
"EVERFRESH" POTATO CHIPS
9-OZ. (TWIN PAK)
38c

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"KRAFT" GRAPE JAM 42c
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"SCOTT" TOWELS 39c
"MARCAL" NAPKINS 25c

"MUSTARD" 19c
"MCCORMICK" GARLIC SALT 32c
"MCCORMICK" BLACK PEPPER 29c

BONUS BUY!
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HEALTH & BEAUTY AIDS

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16 OZ. BTL
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58c

Beef at its Best!

BONUS BUY!
"LAZY-AGED" BEEF!
CHUCK ROAST
LB.
55c



FAMOUS! "LAZY-AGED" BEEF (BONELESS)
ENGLISH ROAST LB.
\$1.08

FAMOUS! "LAZY-AGED" BEEF
ROUND BONE SHOULDER (OR) SWISS
STEAK LB.
98c

FAMOUS! "LAZY-AGED" BEEF
CHUCK STEAK LB.
68c

BONUS BUY!
"LAZY-AGED" BEEF!
STEAKS
BONELESS ROUND
LB.
\$1.08

POULTRY CORNER
FLA. (OR) GA. GRADE "A" (COMBINATION-PAK)
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58c

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BONUS BUY!
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38c

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BONELESS POT ROAST LB.
98c

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BONUS BUY!
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10-LB. BAG
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"FRESH 'N' CRISP" CELERY LARGE STALK **17c**
"TASTY" CALIF. NECTARINES LB. **29c**
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★ MON. SAT. 8 A.M. - 9 P.M.	
★ SUNDAY 8 A.M. - 9 P.M.	

Italian Cheese Cake

By CECILY BROWNSTONE
Associated Press Food Editor

A nutrition-conscious friend of ours always uses wheat germ in the crust when she makes cheese cake. So we decided to follow suit.

If you try this recipe, don't expect the usual solid type cheese cake. This one is refrigerator style—made with ricotta cheese and gelatin plus the flavorings often used in desserts on light and airy. It is served in Italian cuisine. Refrigerate until firm—about 1 1/2 hours. Remove slices from pan. Makes 16 servings.

ITALIAN-STYLE REFRIGERATOR CHEESE CAKE

1 cup vanilla wafers crumbs
1/2 cup butter, melted
Ricotta Filling

In a small mixing bowl stir together the wafer crumbs, wheat germ and butter. Press on bottom of a 9-inch spring form pan. Add Ricotta Filling. If desired sprinkle with grated semi-sweet chocolate. Refrigerate until firm—about 1 1/2 hours. Remove slices from pan. Makes 16 servings.

RICOTTA FILLING

4 large eggs, separated
1 cup milk
2 envelopes unflavored gelatin
1/4 cup sugar
1/4 teaspoon salt
2 pounds (4 cups) ricotta
2 squares finely chopped semi-sweet chocolate
1/4 cup finely chopped mixed candied fruit
1/4 cup finely chopped blanched almonds
1/4 cup orange juice or orange liqueur
1 teaspoon grated orange rind
1 teaspoon vanilla

In a medium saucepan heat together the egg yolks and milk. In a cup stir together the gelatin, 1/4 cup of the sugar and the salt; add to egg mixture. Cook over low heat, stirring constantly, until gelatin dissolves and mixture thickens slightly—about 5 minutes. Remove from heat.

In a large mixing bowl beat ricotta until smooth. Mix gelatin mixture into cheese. Stir in remaining ingredients except egg whites and 1/4 cup sugar.

In a medium mixing bowl, whip clean beaten egg whites until they form soft peaks. Gradually add remaining 1/4 cup sugar, continuing to beat until stiff peaks form. Fold into gelatin mixture.

SATURDAY LUNCH
Tomato and Potato Soup
Egg Salad Sandwiches

Beverage
TOMATO AND POTATO SOUP
1 can (10 1/2 ounces) condensed cream of potato soup
1 can (10 1/2 ounces) condensed tomato soup
1 soup can milk
1 soup can water
1/4 teaspoon dried crushed dill
Into an electric blender turn the soups and milk; blend until smooth. Pour into a saucepan and add water and dill. Heat, stirring often. Makes 6 servings.

SUPPER FOR FOUR PHYLLIS' VEG. PATTIES WITH GREEN PEAS
A delicious dish that's suitable for diet-watchers

1 egg
1/4 cup water
1 teaspoon salt
1/4 teaspoon pepper
2 tablespoons instant onion
1/4 cup soft bread crumbs, packed
1 pound ground veal
2 tablespoons salad oil
1 chicken bouillon cube dissolved in 1/2 cup boiling water
2 tablespoons dry sherry
1 package (10 ounces) frozen green peas, cooked and drained

In a medium mixing bowl beat egg slightly with 1/4 cup water; add salt, pepper, onion and crumbs and mix well; add veal and mix thoroughly. Shape into 12 small meat patties—mixture will be soft. Roll patties in flour. In a 10-inch skillet heat oil; add patties and cook over moderate heat until golden brown on both sides. Add bouillon and cover; simmer until veal is cooked through and most of the bouillon has evaporated. Remove patties to hot serving platter; keep warm. Add sherry to skillet and stir over low heat with wooden spoon to get up drippings. Add peas and reheat; pour over patties. Makes 4 servings.

Fluffy Florida Fruit Pie

By AILEEN CLAIRE
NEA Food Editor

Each year fewer youths and adults break-the-fast and re-charge their bodies in the morning. This habit stems from being too rushed or too lazy in the a.m. to prepare food, sit down and eat it. Often skipping breakfast is part of a faddish way to lose weight. Whatever the reason, doctors and nutritionists are worried. People

Fruit pies are favorites from state to state. But how many have eaten an orange pie? A takeoff on the scrumptious Key lime pie, this Fluffy Florida Pie blends gelatin, egg whites, sugar and whipped cream with frozen orange concentrate. Serve with chilled orange sections and crisp pastry-half-moons made from left-over pastry. A superb party dessert it promises to wreck any diet now tasted.

FLUFFY FLORIDA PIE
1 envelope unflavored gelatin
1/2 cup cold water
1/4 teaspoon salt
4 eggs, separated
1 can (6 ounces) frozen Florida orange juice concentrate, kept frozen
1/2 cup sugar
1/2 cup heavy cream, whipped
1 baked 9-inch pastry shell
Sprinkle gelatin on cold water in top of double boiler; add salt and egg yolks and stir well. Place over boiling water and cook, stirring constantly until mixture thickens slightly and gelatin dissolves, about 5 minutes. Remove from heat; add frozen orange juice concentrate; stir until concentrate is melted. Chill, stirring occasionally, until mixture mounds slightly when dropped from a spoon. Beat egg whites until stiff but not dry; gradually add sugar and continue heating until very stiff. Fold in gelatin mixture; fold in whipped cream. Turn into baked pastry shell. Chill until set. Garnish with orange sections. Makes one 9-inch pie.

(If desired, cut into half-moons from leftover pastry and bake until golden. Use as decoration with orange sections.)

COMPANY BUFFET
Chicken Niblets
Baked Ham
Rice Casserole
Soup Beans
Halls
Orange Raisin Cake

Beverage
CHICKEN NIBLETS
Delicious with a before-dinner beverage.
2 teaspoons Worcestershire sauce
2 egg whites, slightly beaten
1/4 cup flour
2 tablespoons cornstarch
1 teaspoon salt
1/2 teaspoon white pepper
1 cup corn oil
2 whole broiler-fryer chicken breasts, skinned, boned and cut into 1/2-to 2-inch pieces
Stir Worcestershire into egg whites. Mix together flour, cornstarch, salt and pepper. Heat corn oil in medium skillet over medium heat. Dip each chicken piece in egg white, then in flour mixture; shake off excess flour. Fry 5 to 6 minutes, or until golden brown on all sides. Drain on absorbent paper. Makes about 1 dozen.

FAMILY DINNER
Braised Shoulder Lamb Chops with Carrot, Onion and Celery Potatoes
Green Salad
Pineapple Snow
Beverage
PINEAPPLE SNOW
A light and refreshing dessert.
1 package (3 ounces) orange-flavor gelatin
1 tablespoon sugar
1 cup boiling water
1/2 cup cold water
1 can (8 1/2 ounces) crushed pineapple in heavy syrup
1 egg white
In a medium mixing bowl dissolve gelatin and sugar in boiling water; add cold water. Drain juice from pineapple and add. Chill until slightly thickened; add egg white. Place the bowl of gelatin mixture in a bowl of ice and water and beat until fluffy, thick and double in volume. Fold in drained pineapple. Turn into individual dessert dishes and chill until firm. If desired, serve with custard sauce. Makes 6 servings.

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HEINZ KETCHUP..... 28¢
PAPER CUPS..... 38¢
CHARCOAL BRIQUETTES..... 67¢
JUMBO NAPKINS..... 39¢

fresh dairy

SLENDA SUE ICE MILK..... 48¢
CANNED BISCUITS..... 8¢
MARGARINE..... 19¢
ICE CREAM..... 58¢
AMERICAN CHEESE..... 69¢
SOUR CREAM..... 47¢

everyday favorites

WATERMELONS..... 79¢
POTATO CHIPS..... 49¢

STORE HOURS:
MON. THRU. SAT. 9 A.M. TO 10 P.M.
SUNDAY - 11 P.M. TO 7 P.M.

ORLANDO
2153 W. COLONIAL DR. AT TEXAS
FERN PARK
435 HWY. 17-92 AT 436

Quality Discount Foods

THE SANFORD HERALD - Wednesday, September 1, 1971 - Page 8B

Food For Americans: Start Day Off With Pudding Treat

By GAYNOR MADDOX
NEA Food Writer

Just what are macrobiotic foods? Actually, "macrobiotic" means longevity, derived from Greek. Thus macrobiotic foods are foods that insure longevity — according to the dictionary at least.

The word goes back to primitive times, denoting mental health and hallucinatory effects. It started in the mystical East.

Then during the middle ages it took root in Germany. It is still strong in Western Germany today. It combines the mysticism of the East and its brown rice with a supplemental diet of fruits and vegetables," explains Dr. Charles Glenn King, biochemist and nutrition authority.

Dr. King, past president of the International Union of Nutrition Sciences, continues: "I understand that the person who goes on a macrobiotic diet begins with brown rice, fruits and vegetables. But he may cut back using fewer and fewer fruits and vegetables and eating only brown rice. The more closely one sticks to the brown rice diet, the more spiritual he becomes, we are told. Brown rice, it is explained, approaches the ideal food."

But unfortunately people fail to realize that brown rice is not a perfect food. No one food is complete in itself. "It is deficient in vitamin A, vitamin C and in high quality protein," he adds. "A diet completely of brown rice can cause a person's death."

Soybean diets are also becoming popular with the youthful vegetarian enthusiasts. Many scientists rate this enthusiasm as another bid to his our well-financed youthful rebels.

Soy products must be cooked or treated to get rid of injurious material in raw soybeans. Boiling or fermenting are two methods of treating the beans. In the Orient, where soybeans are often essential part of the protein diet, they are not used without processing. They are not eaten alone.

Soybeans are a good food when properly prepared. But I don't regard them as necessary to Americans. Because we are rich enough to raise cattle and poultry in large amounts we don't have to rely on other foods for our protein. That is why I am inclined to regard those people who make a fetish of eating soybeans, peas and beans, instead of meats and poultry, eggs and cheese, as more or less faddists. It is unless they are vegetarians for other than macrobiotic reasons," Dr. King says.

He notes that peas, beans, soybeans and brown rice all have their places as acceptable foods in large areas of the world. But restriction based on nutritional facts is necessary, he says.

Attention

It costs less to fill'er up at Kmart Foods

ALL PURPOSE

White Potatoes 10 LB. BAG **69¢**

FRESH

Sweet Corn 5 EARS **39¢**

TOMATOES LB. **19¢**

ASSORTED FLAVORS

Pork & Beans 16 OZ. CAN **15¢**

Hi-C Drinks 46 OZ. CAN **29¢**

MEL-O-CRUST HAMBURGER OR ROYAL GELATIN 3 OZ. BOX **10¢**

HOT DOG BUNS 8 CT. PKG. **19¢**

ASSORTED FLAVORS

R. C. COLA 8 PAK 16 OZ. **49¢**

BUSCH BEER 8 PAK 12 OZ. **89¢**

WATERMELONS EACH **79¢**

POTATO CHIPS 8 OZ. TWIN PAK **49¢**

STANDARDS

MIRACLE WHIP 10 OZ. JAR **57¢**

SWEET PEAS 17 OZ. CAN **24¢**

DEL MONTE - WHOLE KERNEL OR CREAM STYLE CORN 17 OZ. CAN **24¢**

CAMPBELL'S TOMATO SOUP 10 1/2 OZ. CAN **12¢**

SLICED OR HALVES YELLOW CLING HUNT'S PEACHES 29 OZ. CAN **33¢**

WELCH'S GRAPE JELLY 20 OZ. JAR **43¢**

ASSORTED FLAVORS ROYAL GELATIN 3 OZ. BOX **10¢**

HIND - STRAINED BABY FOOD 4 OZ. BOX **8¢**

TIDE XK 48 OZ. BOX **84¢**

PAPER PLATES 100 CT. PKG. **69¢**

MUSTARD 4 OZ. JAR **27¢**

DILL PICKLES 4 OZ. JAR **49¢**

MARIO'S OLIVES 8 OZ. JAR **38¢**

HEINZ KETCHUP 14 OZ. BTL **28¢**

PAPER CUPS 8 OZ. PKG. **38¢**

CHARCOAL BRIQUETTES 10-1/2 GAL. PKG. **67¢**

JUMBO NAPKINS 180 CT. PKG. **39¢**

LIQUID BLEACH GAL. PLASTIC BTL **29¢**

WALDORF TOILET TISSUE 4-ROLL PACK **33¢**

SCOTT'S ASSORTED COLORS PAPER TOWELS 3-ROLL PKG. **39¢**

PERSONAL SIZE IVORY SOAP SINGLE BAR **8¢**

KEMEL BATHING DOG FOOD LB. **16¢**

DOG CHOW 5 LB. BAG **79¢**

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STORES OPEN LABOR DAY 9 TO 10

Macrobiotic Food: Ancient Cult From The Mystical East

By GAYNOR MADDOX
NEA Food Writer

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big shoppers

Long tapes have low totals at Kmart Foods

PROSTY MORN OR COPELAND

SLICED BOLOGNA..... LB. **59¢**

PROSTY MORN SKINLESS WIENERS..... 12 OZ. PKG. **49¢**

WESTERN U.S.D.A. CHOICE BEEF

STANDING RIB ROAST..... LB. **\$1.18**

WESTERN U.S.D.A. CHOICE BEEF

CHUCK STEAK..... LB. **68¢**

MELO-CRUST WHITE BREAD..... 20 OZ. LOAF **26¢**

MELO-CRUST 11 OZ. BROWN & SERVE ROLLS..... 12 CT. PKG. **29¢**

MELO-CRUST 480 VALUE POUND CAKE..... 12 OZ. PKG. **35¢**

HOLLWOOD - LIGHT OR DARK DIET BREAD..... LB. **37¢**

PUREE SALTINES..... LB. **23¢**

MELO-CRUST 11 OZ. FRENCH FRIES..... 9 OZ. PKG. **10¢**

LIBBY LEMONADE..... 6 OZ. CAN **10¢**

MARSHALL - FROZEN - ASSORTED FLAVORS CREAM PIES..... 14 OZ. PKG. **25¢**

PROSTY CHICKEN, TURKEY, MEAT LOAF, SALSURRY BANQUET DINNER..... 11 OZ. PKG. **38¢**

PHOENIX COOL WHIP..... 8 OZ. CTN. **59¢**

FAME - FROZEN SLICED STRAWBERRIES..... 16 OZ. CTN. **29¢**

TOASTER TREATS - FROZEN WAFFLES..... 8 OZ. PKG. **12¢**

ORANGE JUICE..... 16 OZ. CAN **68¢**

KELOGG'S CORN FLAKES..... 12 OZ. BOX **29¢**

KELOGG'S RICE KRISPIES..... 10 OZ. BOX **45¢**

CANNATION - ASSORTED FLAVORS INSTANT BREAKFAST CAKE MIX..... 8 PAK ENVELOPE **57¢**

DUNCAN HINES - ASSORTED FLAVORS CAKE MIX..... 16 OZ. BOX **39¢**

TETLEY INSTANT TEA..... 8 OZ. JAR **95¢**

NESTLE'S INSTANT CHOCOLATE..... LB. **49¢**

NESTLE'S INSTANT COFFEE..... 8 OZ. JAR **95¢**

ASSORTED FLAVORS HAWAIIAN PUNCH..... 36 OZ. CAN **39¢**

SANTA CLARA PRUNE JUICE..... 32 OZ. BTL **41¢**

DELIICIOUS SLENDA SUE ICE MILK..... 1/2 GAL. CTN. **48¢**

ROBERT'S CANNED BISCUITS..... 10 CT. CTN. **8¢**

FAME MARGARINE..... LB. **19¢**

DUTCH HOLLAND - ASSORTED FLAVORS ICE CREAM..... 1/2 GAL. CTN. **58¢**

ROBERT'S SINGLE SLICED AMERICAN CHEESE..... 12 OZ. PKG. **69¢**

MARSHALL'S SOUR CREAM..... 16 OZ. CTN. **47¢**

FRESH FLORIDA (OR SHIPPED) GRADE A WHOLE FRYERS **27¢**

MARHOFFER BONELESS - FLAVORFUL CANNED HAM 5 LB. CAN **\$3.79**

LEAN & MEATY PORK SPARE RIBS..... LB. **59¢**

VALUABLE COUPON
COUPON GOOD THRU WED., SEPT. 8, 1971
MARHOFFER BONELESS - FLAVORFUL CANNED HAM..... **\$3.79**

VALUABLE COUPON
COUPON GOOD THRU WED., SEPT. 8, 1971
ALL BRANDS - SAVE \$10 - LIMIT ONE WITH \$5.00 PURCHASE OR MORE
ALL BRANDS CIGARETTES..... **\$3.69**

VALUABLE COUPON
COUPON GOOD THRU WED., SEPT. 8, 1971
ALL GRINDS - SAVE \$10 - LIMIT ONE WITH \$5.00 PURCHASE OR MORE
FOLGER'S COFFEE..... **38¢**

HEARTY Beef Dumpling

By AILEEN CLAIRE
NEA Food Editor

A good, hearty dish that sticks to the ribs of busy school children is Beef Dumplings with Noodles. To most, dumplings mean a leavened dough cooked in liquid. For a switch make beef, instead, simmer them in beef broth and add serve over hot cooked noodles, with a fruit salad and cookies to please even the most finicky eater.

BEUF DUMPLINGS WITH NOODLES
4 thick slices white bread
1 cup evaporated milk
2 large onions, chopped
2 pounds ground beef
2 eggs
1 1/2 teaspoons salt
1/4 teaspoon black pepper
1 quart beef broth or stock
3 tablespoons butter or margarine
3 tablespoons flour
1 tablespoon tomato paste
2 tablespoons lemon juice
1/4 cup capers
1/4 cup chopped green onion
Hot cooked noodles
Soak bread in milk in mixing bowl. Add chopped onions, beef, eggs, salt and pepper. Mix thoroughly and shape into simmering point in large fry pan; gently drop balls into broth. Cover tightly; cook 10 minutes. Add balls to warm bowl. Add butter in small amount. Blend flour into butter. Add tomato paste, lemon juice, 1/4 cups broth and capers. Cook, stirring until sauce thickens. Pour sauce over dumplings. Sprinkle with green onion and serve with noodles. Makes 4 servings.

FAMILY SUPPER
Fried Scallops
Tartar Sauce
Sliced Tomatoes
Blair's Chocolate Fudging
BERRY
CHOCOLATE PUDDING
Adding extra chocolate to a mix gives a rich semi-sweet flavor.
1 package (4 ounces) chocolate flavor pudding and pie filling
2 tablespoons firmly packed dark brown sugar
2 cups milk
1 square (1 ounce) unsweetened chocolate
1 tablespoon butter
Into a saucepan turn the chocolate pudding and sugar; gradually stir in milk. Boil, stirring constantly. Add chocolate. Cook, stirring constantly, over moderately low heat until chocolate melts; continue cooking according to package directions. Remove from heat. Stir in butter, then beat with a rotary beater to make melted chocolate absolutely smooth. Turn into individual serving dishes. Serve with whipped heavy cream. Makes 4 servings.

Cancer Takes Toll

LONDON (AP) — Deaths from cancer rose in Britain in 1970 to the highest peak ever. A government report showed cancer killed 118,732, up 3 per cent from 1969, and 30 per cent of all deaths recorded.

Tuberculosis, which 19 years ago killed nearly as many people as cancer was responsible for only 1,397 deaths in 1970, 218 fewer than in 1969.

STORE HOURS:
MON. THRU. SAT. 9 A.M. TO 10 P.M.
SUNDAY - 11 P.M. TO 7 P.M.

ORLANDO
2153 W. COLONIAL DR. AT TEXAS
FERN PARK
435 HWY. 17-92 AT 436

long tapes/low totals

Quality Discount Foods

Dear Abby: By Abigail Van Buren

DEAR ABBY: My husband has been acting funny for the last few months... DEAR ABBY: I'm in a hurry... DEAR ABBY: Seeing as how I was so town... DEAR ABBY: I'm in a hurry... DEAR ABBY: Seeing as how I was so town...

Horoscope Forecast

THURSDAY, SEPT. 2, 1971
GENERAL TENDENCIES:
A beautiful day and evening to get in touch with advanced persons who can suggest the right methods to help make your dreams come true...

We The Women: By Betty Canary

DEAR BETTY—Maybe you can help settle an argument at your house... DEAR BETTY—My wife has been hospitalized most of the summer and I have been juggling my job with her job at home...

Polly's Pointers By Polly Cramer

DEAR POLLY—My Pet Peve is more of a suggestion and one I am surprised no one has thought of before... DEAR POLLY—Our baby has been hospitalized most of the summer and I have been juggling my job with her job at home...

SUN TRAVEL AGENCY

PH. 233-4650
2017 S. RIVER AVE.
SANFORD
At 2-11 a.m. BRUCE SNYDER'S 'ON AN SUNDAY'
\$1.25 TH. 238 (MON-SAT) EXCEPT HOLS. OPEN 11:30

Highlights

WED., SEPT. 1, 1971
8:30-9 p.m. NBC: The Men From Shiloh... 9:30-10:30 p.m. ABC: News Special: When Johnny Comes Marching Home...

Television Tonte

WEDNESDAY
EVENING
8:00-9:00 The World Today
8:00-9:00 The News
8:00-9:00 The Tonight Show

THURSDAY

MORNING
6:15-7:00 TV Classroom
6:15-7:00 Sunshine Almanac
6:15-7:00 Sunlight Almanac

Jacoby On Bridge

From time to time we have reported the death of a dear friend but none in the world of bridge has saddened us more than that of Russ Winter...

Worry Clinic

By Dr. Crane
I praise for his new tie or broad shoulders, or her dimples and pretty smile...

Money Matters

ACROSS
1. 11 letters
2. 12 letters
3. 10 letters
4. 11 letters

Legal Notice

In the Court of the County Judge, Seminole County, Florida, in re Estate of DECEASED EDWARD RICE, deceased.

Legal Notice

NOTICE OF PUBLIC HEARING OF PROPOSED CHANGES AND ADJUSTMENTS TO CERTAIN DISTRICTS AND ZONES OF THE CITY OF SANFORD, FLORIDA.

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THE WILLETTS
ALBUM
I'M WITH THE LOCAL NEWSPAPER... I'D LIKE TO HEAR WHAT YOU HAVE TO SAY ABOUT THE CHEERLEADERS...

ALLEY OOP
A ROBOT GO YER DOG... WE CAN ADAPT THE AGENCY CAN DEVELOP SAME TECHNOLOGY...

CAPTAIN EASY
HERE'S A PHOTO OF ME AS AN UNDERGRADUATE AT DOOLITTLE COLLEGE... IT'S NOT TOO CLEAR...

THE PHANTOM
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