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B SUPER DIVIDEND

THRIFTY MAID CATSUP 19¢

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THIS SUPER DIVIDEND GOOD FOR 1-BTL. WITH PURCHASE OF \$15.00 OR MORE.

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SOUTHERN PRIDE SLICED BACON 19¢

1-LB. PKG.

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DELI SPECIALS
(GOOD IN STORES WITH DELI ONLY)

DELICIOUS (SLICED TO ORDER)

COOKED ROAST BEEF 1/2 lb. \$1.99

DELICIOUS BOILED (SLICED TO ORDER)

Turkey Ham 1/2 lb. \$1.19

HICKORY SMOCKED

Spareribs 1/4 lb. 99¢

GOLDEN BROWN FRIED CHICKEN

Chicken Parts lb. \$2.39

SAVE 40%

PREMIUM GRADE FRYER QUARTERS 59¢

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FRYER PARTS lb. 69¢

SAVE 51%

DETERGENT CHEER \$1.19

Limit 1 with \$5.00 or more purchase excl. cig.

49-oz. PKG.

SAVE 60%

W-D BRAND USDA CHOICE CENTER CUT 7 BONE CHUCK STEAK \$1.69

lb.

BEF CHUCK BONELESS ROLLED CHUCK

Cubed Steaks lb. \$2.79

SAVE 40%

W-D BRAND USDA CHOICE SEMI-BONELESS RIB STEAK \$2.99

lb.

BEF HIND BONELESS

Cubed Steak lb. \$2.99

SAVE 22%

W-D BRAND (TWELVE 4-oz. PATTIES) BEEF PATTIES 3 \$3.57

(lb. \$1.19)

MARKET FRESH GROUND

Chuck lb. \$1.99

SAVE 40%

PINKY PIG BRAND FRESH ECONOMY PORK CHOPS 99¢

5 BLAIN & 5 SMOKE LB.

FULL 1/2 FRESH OR SMOCKED PORK LOINS

Pork Chops lb. \$1.49

SAVE 90%

HICKORY SMOCKED HAM ROAST OR HAM STEAK \$1.59

lb.

SAVE 70-LB. HICKORY SMOCKED CENTER CUT THIN SLICED BREAKFAST

Ham lb. \$1.99

W-D BRAND ALL VARIETIES

SICED BOLOGNA 14-oz. \$1.99

COOKED HAM 14-oz. \$2.99

GRILL FRANKS 21-oz. \$2.99

CHOPPED HAM 14-oz. \$2.99

W-D BRAND

OSCAR MAYER Sliced All Beef VARIETY PACK 12-oz. \$2.99

OSCAR MAYER Sliced All Meat VARIETY PACK 12-oz. \$1.99

SLOTRONSKI POLISH SAUSAGE 12-oz. \$2.99

W-D BRAND

BRAUNSCHWIEGER 12-oz. \$1.99

W-D BRAND

BALPARK FRANKS 12-oz. \$1.99

W-D BRAND

ROLL SAUSAGE 12-oz. \$1.99

W-D BRAND

FRANKS 12-oz. \$1.99

W-D BRAND

LINK SAUSAGE 12-oz. \$1.99

SAVE 33%

THRIFTY MAID CREAM STYLE OF WHOLE KERNEL CORN 4 \$1

16-oz. CANS

THRIFTY MAID LUNCHEON

Meat 12-oz. 99¢

SAVE 19%

DEEP SOUTH SALAD DRESSING 79¢

32-oz. JAR

DEEP SOUTH FRESH KOSHER

Dill Pickles 12-oz. 99¢

SAVE 20%

FISCHER'S ALE OR BEER 6 \$1.59

PACK 12-oz. NRB

THRIFTY MAID

Apple Juice 12-oz. 99¢

SAVE 50%

ASTOR SUPER BLEND ALL GRINDS COFFEE \$2.19

Limit 1 with \$2.00 or more purchase excl. cig.

13-oz. CAN

ASTOR COFFEE

Creamer 12-oz. \$1.99

SAVE 29%

SOFT 'N' PRETTY ALL COLORS BATH TISSUE 4 89¢

PACK PKG.

ARROW FACIAL

Tissue 2 99¢

SAVE 30%

THRIFTY MAID - DINNER MACARONI & CHEESE \$1.00

7 1/2-oz. PKGS.

SAVE 30%

THRIFTY MAID SHREDS & CHEDDAR TWISTS & CHEDDAR \$1.00

7 1/2-oz. PKGS.

QUANTITY RIGHTS

DIXIE PIES \$1.00

12-oz. PIES

APPLE SAUCE 99¢

12-oz. JAR

SAVE 50%

TROPICANA ORANGE JUICE 2 \$1

QT. CTNS.

HARVEST FRESH

Pole Beans 12-oz. 59¢

SAVE 10%

THRIFTY MAID ALL FLAVORS ICE MILK 99¢

HALF-GAL.

SUPERBRAND FUDGE BARS

Twin Pops 12-oz. 99¢

SAVE 50%

PEPPERIDGE FARM ASSORTED VARIETIES LAYER CAKES 99¢

17-oz. SIZE

ASTOR ORANGE

Juice 12-oz. \$1.99

SAVE 30%

(QUARTER) PARKAY MARGARINE 2 \$1

1-LB. PKGS.

SAVE 30% ON 3. SUPERBRAND ALL FLAVORS SWISS STYLE

Yogurt 3 89¢

HARVEST FRESH PEACHES 3 99¢

1-LB.

HARVEST FRESH

Cantaloupes 12-oz. 79¢

FLORIDA LIME 59¢

12-oz. BOTTLES

Waffles 59¢

12-oz. BOTTLES

People Sizzle, Suffer In The Heat

By DIANE PETRYK
Herald Staff Writer

It's been 18 days since the high temperature dipped below 90 degrees locally, and lots of local people are suffering from the heat.

"Especially those in Sanford and Midway areas," said Visiting Nurses Association nurse Meg Halverson. "A lot of them just don't have the money even to buy fans."

Halverson, who directs the north Semole visiting nurses, said several of her staff nurses have had to treat cases of heat stroke and heat exhaustion, especially among the elderly with no air conditioning.

"It's bad," she said. "A lot of people are suffering."

She added that she does not know of any community efforts to provide relief — in the way of fans or evacuation to emergency air conditioned shelters.

A spokesman for Herndon Ambulance said there has been a recent increase in the number of calls for heat exhaustion, but the exact number has not been tabulated. Victims of heat exhaustion are taken to a hospital for treatment.

Seminole Memorial Hospital Public Relations Director Kay Bartholomew said the hospital emergency department has been expecting an increase in heat-related illnesses, but so far it has not materialized.

Saturday, a 28-year-old Sanford man was brought in to the emergency room suffering from what may have been heat prostration.

Earlier, an elderly Sanford man collapsed while mowing his lawn and was dead on arrival at the hospital.

Doctors surmised, she said, that his condition was aggravated by the heat. But she pointed out that there are always several such cases in the summer.

"The doctors are urging people not to over-exert," she said. "Avoid exposure to the sun and maintain an adequate fluid intake."

Meanwhile, Sanford police have reported nine air conditioner thefts in the past week and weather experts see no relief from the high temperature for at least the next five days.

But, it's worse in other Florida communities, said John Newton, weather



service specialist with the National Weather Service at Orlando International Airport.

Yesterday's high here was 96. But other state highs were Pensacola, 104; Tallahassee, 101; Jacksonville, 102; and Daytona Beach 100.

"Wind comes off the water from the west coast at Tampa," Newton explained. "As the wind comes over the land, it picks up heat and by the time it gets to the east coast it is quite hot."

That's why it was 92 degrees in Tampa, 86 in Central Florida and 100 degrees in Daytona Beach.

"Something's got to knock this knot of high pressure out. We have to pick up a southeast wind flow to pump in moisture from the Atlantic to increase the probability of rain to wash out the sky and reduce the haze. But I don't, really see any change in the weather pattern for the next five days."

The normal high for this time of year is 90, he added.

Animals Sweating It Out, Too

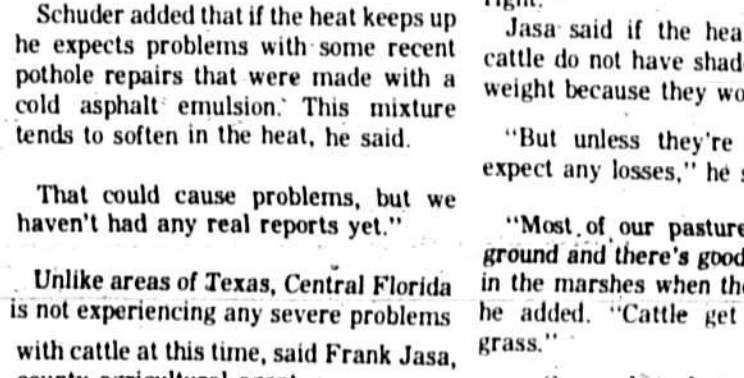
Humans are not the only ones suffering from the record breaking heat in Central Florida. Many dogs left at home during the day and over weekends are falling victim to the high temperatures and lack of water.

Barbara Woodall, vice president and investigator for the Humane Society of Seminole County, reports that they are getting many more calls about animals suffering. "We're getting about 10 a month now," she said, while two calls is what they normally receive.

A big problem is with animals tied with a rope or chain getting it tangled around a pole or tree and then the animal cannot reach its water.

A continuing problem is people leaving their animals in parked cars while shopping. On a hot summer day the inside of a car heats up very rapidly and to leave an animal in any closed vehicle is extremely cruel. Even with the windows on each side left open four inches, it is still not enough, said a Society member.

The Society recommends anyone seeing an animal left without food or water, or left in a car to call the police or sheriff's department and report it. Such acts are punishable under Florida State Statute No. 828.13.



Barbara Woodall and others at the Humane Society of Seminole County make certain dogs in their care have plenty of fresh water and urge dog owners to do the same.

Detroit Welcomes GOP To Coronation Of Reagan

DETROIT (UPI)—Detroit offered a joyous welcome today to thousands of Republican National Convention delegates and a triumphant Ronald Reagan, arriving to claim without opposition the GOP's presidential nomination.

Not since it renominated Richard Nixon in Miami in 1972 has the Grand Old Party been so united behind a candidate. And it is a lot happier this year. Republicans admired and respected Nixon — but they love Reagan.

Discontent exists. Some GOP moderates worry about the conservative tilt the GOP is flaunting, both in its candidate and its platform, and there is discord in almost any discussion of possible vice presidential choices. But most concern is smothered by the prevailing optimism.

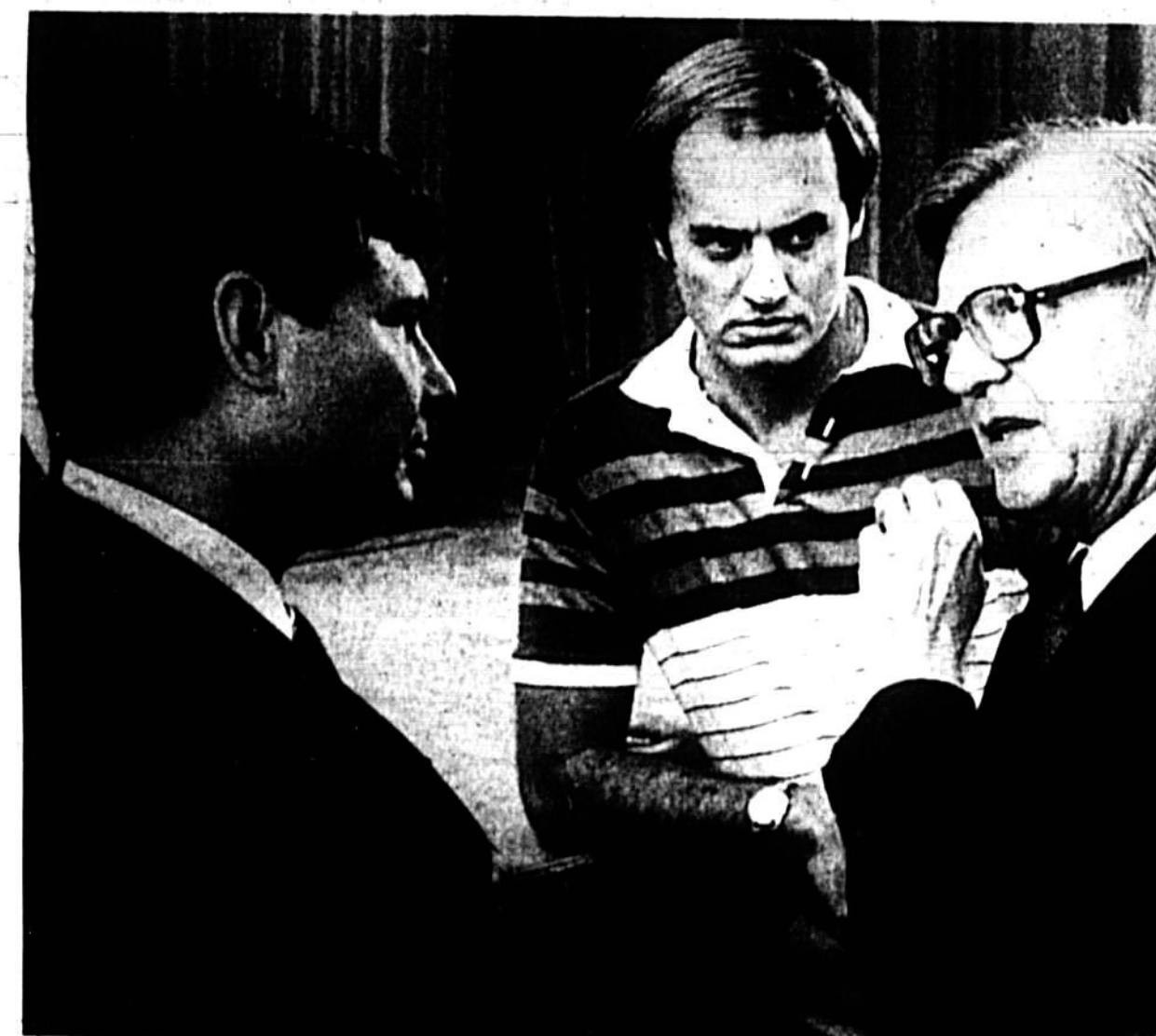
Since Reagan has no opposition, the only suspense is over his choice of a running mate — and that is mostly titillating, not fearsome.

The victorious Californian was arriving today to accept the crown and mantle Thursday. He confided to United Press International that he is balancing all the factors and covering enough ground in his vice presidential decision so later on, "I won't have to say I hadn't thought of that."

He acknowledged being under pressure on the choice, and said: "I must say I sometimes find myself wishing there was a different method of selection. It is going to be a tough job."

The first session of the 32nd GOP convention is to be called to order by Chairman Bill Brock of the Republican National Committee — himself under fire from party conservatives — and feature a series of convention "housekeeping" duties such as calling the roll, electing temporary officers and adopting rules.

And speeches, including those by Sen. Richard Lugar, R-Ind., one of the top vice presidential prospects, and Anna Chennault, wife of the late World War II Flying Tigers hero Gen. Claire Chennault.



GRAHAM HEARS AREA PROBLEMS

Gov. Bob Graham (left), who visited Sanford Saturday for a public meeting, and Mike Gray (center) listen intently as Douglas Stenstrom discusses problems of the St. Johns River. See story on Page 2A.

Abduction Victims Coming Here

A New Tribes Mission couple en route to Sanford were reunited Sunday morning with their three missing small children in Birmingham, Ala., after five frantic hours of searching.

The youngsters, abducted while sleeping in their parents' car in Birmingham early Sunday, were later found by police unharmed and eating sandwiches at the home of a local minister.

The youngsters — Brent Lauffer, 19 months, Sharon Lauffer, 5, and Kenneth Lauffer, 7 — are the children of the Rev. Douglas Lauffer and his wife of Rochester, Pa.

The Lauffers were en route from Memphis, Tenn., to Sanford, Fla., for a visit with relatives and a stop at the headquarters of the New Tribes Mission church.

A spokesman at Sanford's New Tribes Mission headquarters said Mission members Rev. and Mrs. Douglas Lauffer and their family had a few stops to make en route and are not expected to arrive here until later this week.

Cyclists Arrive In Sanford, Maine

Sanford's rolling ambassadors Rick and Tom Fowler pedaled their 10-speed bikes into Sanford, Maine, this morning and presented gifts from Sanford Mayor Lee P. Moore and the Greater Sanford Chamber of Commerce to the Board of Selectmen chairman, who escorted them around town.

Jim Wallace, executive director of the Sanford (Maine) Chamber of Commerce, who described himself as Jack Horner's counterpart, said he and the selectman would be taking Rick, 21, and Tom, 17, to lunch today.

He said the boys, who have been on the road since they left home on June 7, and planned to be no worse for wear and equipped to continue their trip to Bar Harbor and Canada before returning home by the latter part of this month.

The cyclists are the sons of Mrs. Constance Fowler of 308 W. 15th St., Sanford.

Council Meets Tonight

Sanford Mulls Flood-Prone Areas

By DONNA ESTES
Herald Staff Writer

Sanford City Commissioners, at a 7 p.m. meeting today, will consider adopting an ordinance designating areas around the city's lakes and near the city ditch on the west side of the city as "flood prone."

The areas have been designated by the U.S. Army Corps of Engineers following a survey. The ordinance must be adopted to continue the eligibility of builders in the city of Sanford for Federal Housing Administration (FHA) and Veterans Administration (VA) financing for their developments and flood insurance.

The city commission, if it approves the Army Corps of Engineers' proposal, will set a public hearing on the issue and instruct its staff to prepare an ordinance.

A Sept. 17 deadline for passage of the ordinance has been set by the Federal Emergency Management Agency.

Bill Brackland, the city's building official, said increase in building costs in the areas deemed flood prone by the Corps of Engineers could range from \$1,104 to \$6,544 for a \$30,000 home. He said his estimated increase in building costs do not include costs for stairs or for utilities that must be brought from grade. In addition, piling and post figures will vary with depth because of local soil conditions, floor loads and engineering costs.

Brackland said costs of building slabs on grade could rise from 92 cents per square foot to \$4.82 depending on the method of construction used.

Brackland said the city has been operating under temporary flood-prone property regulations. The new flood-prone property designations to be adopted will be a permanent ordinance.

City Manager Warren Knowles, in a letter to the federal agency, complained that flood data provided the city by federal agencies is "inaccurate and of sorry engineering." Knowles, an engineer, said the flood data was "ap-

parently done from office maps and a desk with only general relationship to the existing facts."

Knowles said he had corresponded with regional federal representatives and was "stonewalled" and felt it was "useless to pursue further any city attempt to make a good federal program accurate."

"It's a shame that our experience with this program supports the caricature of a mismanaged, bungling, government program," he said.

The city was criticized by the federal agency for not adopting a program sooner. The Corps of Engineers map to be used by the city becomes effective in September.

Today	
Action Report	2A
Around The Clock	4A
Bridge	4B
Calendar	2B
Classified Ads	2-3B
Comics	4B
Crossword	4B
Dear Abby	1B
Deaths	2A
Dr. Lamb	4B
Editorial	4A
Florida	3A
Horoscope	4B
Hospital	3A
Nation	3A
Ourselves	1B
Sports	5A
Television	1B
Weather	2A
World	2A



The Clock By DONNA ESTES

The state's investment program has exceeded the \$100-million mark for the first time in its history, according to State Treasurer Bill Gunter.

Florida's government, Gunter said. The rest is invested by the treasurer in savings accounts in Florida banks and savings and loan associations and in securities issued by the U.S. Treasury.

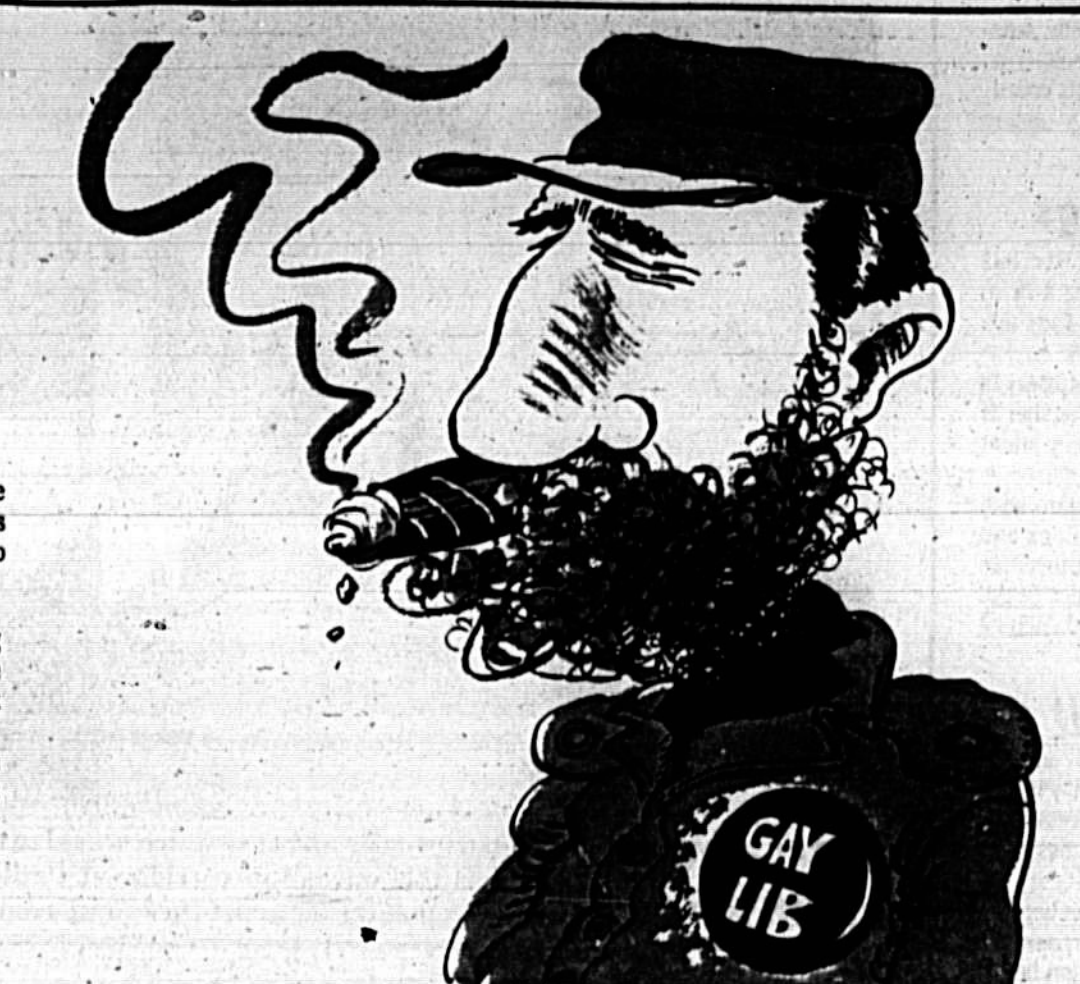
received all his on the job police training under East. East was demoted to the rank of lieutenant. Cook has been with the department for the past five years.

Can Treason Be Legal...?

Two years ago, a file clerk employed by the Central Intelligence Agency at its headquarters in Langley, Va. sold an operating manual for the top-secret KH-11 reconnaissance satellite to a Soviet agent for \$3,000.

DICK WEST And At The GOP Corral

WASHINGTON (UPI) — To derive maximum benefit from this week's Republican National Convention, you need to know what to look for.



Urban Sprawl Hits Farms

DES MOINES (NEA) — The sprawling tract on the southern edge of this city was fertile farm land not long ago.

Senator Hart On Defense

Senator Gary Hart of Colorado has fought long and hard about U.S. defense issues. Though he first achieved national notice as George McGovern's campaign manager, the young senator is anything but a 1960s-style liberal.

Alcott Survives Field, Heat For U.S. Women's Open Title

NASHVILLE, Tenn. (UPI) — As she made the turn in the final round of the U.S. Women's Open golf championship, Amy Alcott was not sure she could play another nine holes in 100-degree heat.

Kratzert Sets Record Pace At Tuckaway

FRANKLIN, Wis. (UPI) — The invincible look Bill Kratzert brings to the golf course is not shared by his record pace at Tuckaway Country Club.

Sanford Ousted In District IV

Sudden death is a familiar term in sports. But there was nothing sudden about the death of the Sanford Little American League all-star.

BERRY'S WORLD

DETROIT — The recent rise of William Timmons to the top rank of Ronald Reagan's campaign aides has some prominent Republicans more worried than they like to admit.

Reagan Aide's Rise Worries Republicans

DETROIT — The recent rise of William Timmons to the top rank of Ronald Reagan's campaign aides has some prominent Republicans more worried than they like to admit.

Major League Baseball Roundup

Robinson Homers Bucs By Phillies... Yankee's May 2-Hits Chisox... Cleveland 12-2 Padres 4 Dodgers 3

Drunk Spectator Injures 13 At Cleveland Speedway

CLEVELAND, Tenn. (UPI) — It was easy to see that Matthew Saad Muhammad's victory was not an easy one.

Retains WBC Lightweight Crown Over Lopez

MCAFFEY, N.J. (UPI) — It was easy to see that Matthew Saad Muhammad's victory was not an easy one.

Saad Muhammad Survives 14-Round Blood Bath Battle

MCAFFEY, N.J. (UPI) — It was easy to see that Matthew Saad Muhammad's victory was not an easy one.

Need Auto-Insurance?

Advertisement for auto insurance with contact information for Ralph Nazarian.

Advertisement for R.I.P. Street is a Great Leveler.

Advertisement for Sleep Better in Air-Conditioned Comfort.

Advertisement for Weather-Resistant Central Air Conditioning System.

Advertisement for Need Auto-Insurance? with contact info for Ralph Nazarian.

Advertisement for Sleep Better in Air-Conditioned Comfort.

Advertisement for Weather-Resistant Central Air Conditioning System.

Advertisement for Need Auto-Insurance? with contact info for Ralph Nazarian.

SPORTS IN BRIEF

Rain Halts Final Round Of

Swiss Tennis Championships

GSTAAD, Switzerland (UPI) — Rain Sunday delayed the finals of the international Swiss tennis championships until Monday.

The \$125,000 Grand Prix men's tournament final pits Switzerland's Helmut Guenthardt, the No. 3 seed, against Kim Warwick, of Australia, and the No. 2 seed.

In the women's singles final, Virginia Ruzici of Romania was leading Silvia Hanika of West Germany, 4-3, in the first set when rain stopped play.

Brown Jug Gets More Seats

DELAWARE, Ohio (UPI) — The Delaware County Fairgrounds will sport a \$450,000 stadium section this summer to provide about 1,000 more seats for the Little Brown Jug, the second jewel in the Triple Crown of racing.

Tickets are being sold on a first-come, first-served basis for these seats.

The new seating facility has wider seats and extended aisle space to provide a higher and better view of the race track.

Buckeyes Select Montrella

COLUMBUS, Ohio (UPI) — Ohio State University has named Jim Montrella, two-time National Junior College Swimming Coach of the Year, as the new women's swimming coach at Ohio State University.

Montrella, 39, was an OSU women's swimming assistant coach last season while working on his master's degree. He succeeds Susie Atwood, who resigned.

Montrella was athletic director and men's and women's swimming coach at Indian River Community College in Fort Pierce, Fla., from 1977 to 1979 and led the school to two men's and two women's national titles.

Rice Begins Light Workouts

BOSTON (UPI) — Boston slugger Jim Rice, laced the past two weeks with a chipped fracture in his left wrist, had the cast removed Saturday and says the healing process had progressed satisfactorily.

Rice, who injured the wrist June 21, will begin easy fielding and hitting practice Sunday. There was no mention as to when he would return to the Red Sox lineup.

U.S. Holds Fastpitch Lead

TACOMA, Wash. (UPI) — The United States held a tournament-leading 3-0 record today as two squads of international teams battled before the fourth day of the World Fastpitch Softball Championships at Cheney Stadium.

At the end of Sunday's play, the U.S. led the tournament's Group A with a 3-0 mark, followed by the Bahamas at 2-0 and the Dominican Republic at 1-1.

Flynn No Flop Despite Famous Error

NEW YORK (UPI) — The "condemned man" had not only eaten a hearty dinner, he had put away a fine breakfast, too, and he was ready now for that longest walk of all, the one through the clubhouse.

Doug Flynn decided he'd take that walk the only way he knew how. He'd do it naturally. So there was the customary smile on his face when he came into the Mets' quarters before their doubleheader with the Cardinals at Shea Stadium Sunday.

He had committed a critical and deeply embarrassing error the day before, a costly bobble which enabled the Cards to tie the score in the ninth inning and then go on to win the game, 6-4, in the 12th.

The usually sure-fingered Mets' second baseman, generally acknowledged the smoothest defensive performer at his position in the National League, had allowed Mike Phillips' routine two-hopper to go right through his legs for his first error in 46 games.

That should've been the second out, but with only one out and the Mets still ahead, 6-4, Garry Templeton followed with a triple to left-center to make it 6-5 and Leon Durham's subsequent sac fly brought in the tying run.

St. Louis wrapped up the game three innings later on a walk, a sacrifice, Ken Oberkfell's triple and Mike Ramsey's single, after which Flynn patiently answered all kinds of questions by the media. His teammates, true to the code of all ballplayers, hadn't said very much to the dejected Flynn then, but now, some 18 hours later, they were ready for him.

"Where's your glove?" right fielder Joel Youngblood asked Flynn, poking his head in his locker and pretending he was looking for it.

"Whaddya mean?" Flynn answered puzzled.

"Throw that sucker away," Youngblood instructed. "It finally missed one. At least we found out you've human." Flynn laughed.

First baseman Mike Jorgensen, who had made a sterling stop on Oberkfell's wicked smash with a man on second and one out to keep the Cardinals from going ahead in the 10th, was the next to pay his compliments to Flynn after



Sports Parade

By MILTON RICHMAN

Youngblood had finished with him.

"It's just a game," he smiled, perfectly aware he was employing one of baseball's oldest platitudes. "Forget it."

Jorgensen couldn't help grinning. Flynn smiled right along with him, realizing he was being kidded. It was the typical kind of gallows-humor ballplayers use on one another in the clubhouse, and in a sense, Flynn welcomed it because it showed his teammates really were with him, error or no error.

The Mets-Cards game on Saturday had been televised nationally and after it was over and Flynn had gone home, he received a call from his father and mother who had seen the game on TV in Lexington, Ky.

"They told me it was a shame it had to be on national television," Flynn said, still smiling. "I told them, 'Well, you know, I didn't do it on purpose.'"

"There wasn't anything I could do about it after it happened. I ate a good dinner. Ribs for an appetizer, salad, shrimp cocktail and a big sirloin. Then I went home and slept like a baby. I had a good breakfast this morning also. I mean, I didn't look at it as the end of the world although I did feel rotten."

Flynn is the steadiest player the Mets have. Never a devastating hitter, he has come up with a number of key hits in the club's mighty struggle to reach the .500 mark and he has been nothing less than spectacular around second base.

Mets' Manager Joe Torre was completely in Flynn's corner.

Give a darn...



Conserving energy saves you money. And if everyone would do it our nation's fuel supply would go much farther.

One good way to reduce the use of gasoline is to cut down on the operation of your automobile's air conditioner. Only use it on extremely hot days. You'll notice the fuel savings immediately. And it's safe, too. Today's vehicles are almost airtight. With the windows down it's much easier to hear the strains of emergency vehicles and other warning devices.

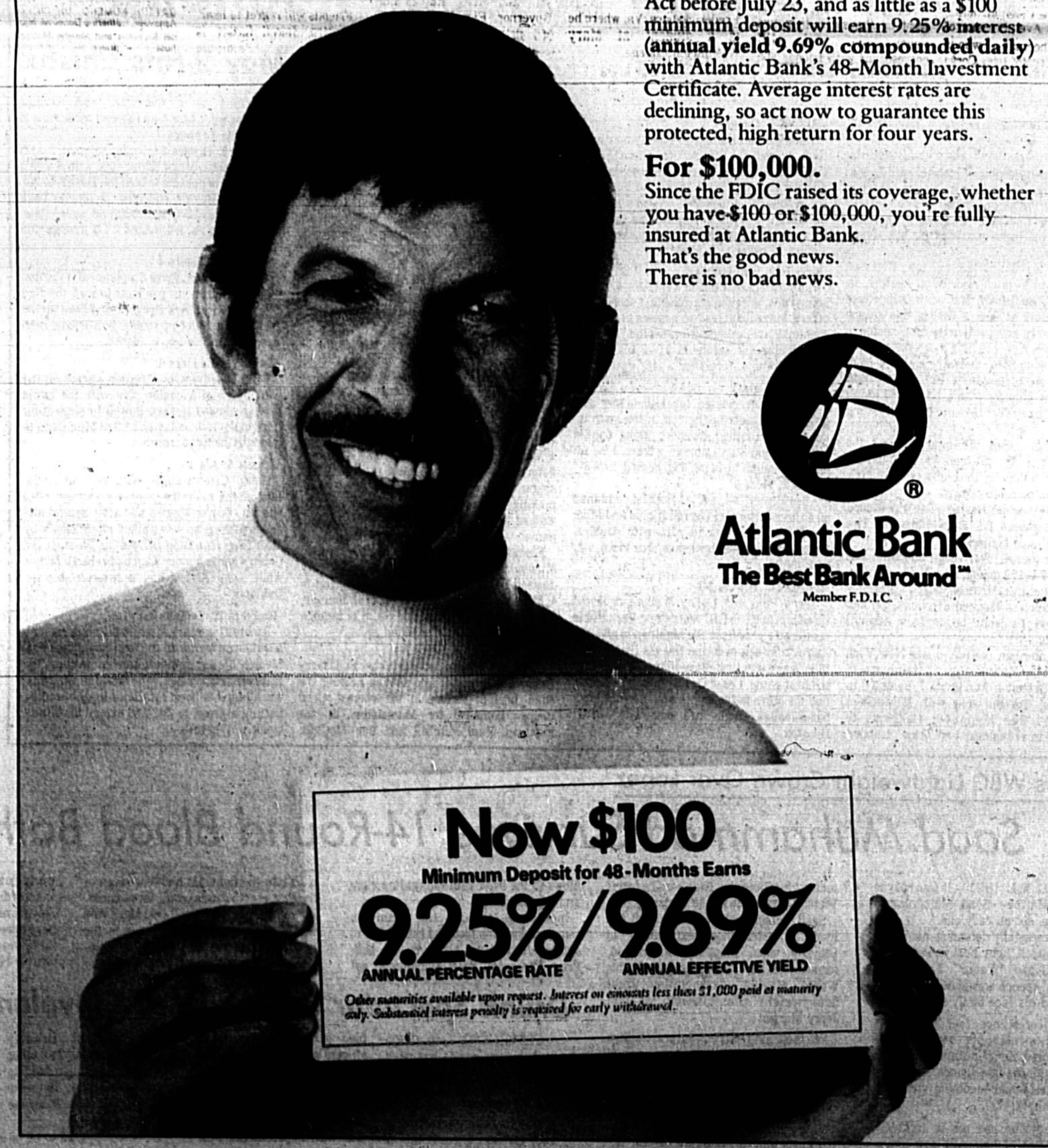
GIVE A DARN... Drive 55... and turn OFF the air conditioning... enjoy our Florida breezes. You'll pocket the savings.

Good news for savers with \$100 or \$100,000.

The good news is you don't have to be rich to get richer at Atlantic Bank. Look at our chart.

For \$100.
Act before July 23, and as little as a \$100 minimum deposit will earn 9.25% interest (annual yield 9.69% compounded daily) with Atlantic Bank's 48-Month Investment Certificate. Average interest rates are declining, so act now to guarantee this protected, high return for four years.

For \$100,000.
Since the FDIC raised its coverage, whether you have \$100 or \$100,000, you're fully insured at Atlantic Bank. That's the good news. There is no bad news.



Atlantic Bank
The Best Bank Around™
Member F.D.I.C.

Now \$100
Minimum Deposit for 48-Months Earns
9.25%/9.69%
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Other amounts available upon request. Interest on deposits less than \$1,000 paid at maturity only. Substantial interest penalty is required for early withdrawal.

Your kid takes after you.
(Maybe that's not a compliment.)

Atlantic National Bank of Seminole (Sanford)
Main Office: Motor Bank Springs Branch
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SCOREBOARD

Baseball			
Major League Standings	W	L	
By United Press International			
National League			
East			
West			
W.L. Pct.	OB		
Montreal	45	36	.556
Pittsburgh	44	39	.528
St. Louis	34	49	.411
Chicago	34	49	.411
San Diego	34	49	.411
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BLONDIE
48—Evening Herald, Sanford, FL Monday, July 14, 1980
by Chic Young

BEETLE BAILEY
by Mort Walker

THE BORN LOSER
by Art Sansom

ARCHIE
by Bob Montana

ECK & MECK
by Howie Schneider

PRISCILLA'S POP
by Ed Strychar

BUGS BUNNY
by Steffel & Heimlich

FRANK AND ERNEST
by Bob Thaves

TUMBLEWEEDS
by T. K. Ryan

ACROSS
37 More
38 Intelligent
39 Widespread
40 Russian river
41 Be wrong
42 Row in New York
43 Carry
44 Allowance
45 Roman
46 Emperor
47 Mathematician's concern
48 (abbr.)
49 Long time
50 Indifferent
51 (abbr., wd.)
52 Property titles
53 (abbr.)
54 Agency
55 Term of address
56 Canal system
57 Solar feature
58 Cast system
59 Michigan
60 Actress
61 Actress Gabor
62 Spike
63 (abbr.)
64 Lamprey

DOWN
1 Skinny fish
2 Material verb
3 Roman robe
4 Of arm-bone
5 (abbr.)
6 Fragrant
7 (abbr.)
8 American
9 Pronoun
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11 (abbr.)
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Low Blood Sugar Can Boost Weight
DR. DR. LAMB — I am hoping you can help me find out something about hypoglycemia (low blood sugar). I'm a 31-year-old female and I've had this problem for about seven years. I've learned to control many flurries pretty well, but one of my main concerns about it is the weight problem. I am about 15 pounds overweight and I've tried every diet that I've heard and read about without success. I'm a conscious calorie counter and I do not cheat. It is humblingly possible to eliminate this excess weight? What kind of diet should I be on for my low blood sugar and weight control?

DEAR READER — It is true that a person who has genuine overproduction of insulin that causes low blood sugar can have a weight problem. It was first made aware of this when I was a medical student. The animal handler in one of our laboratories was a tall, skinny individual. He had previously been very fat and had convulsions, loss of consciousness and other problems associated with low blood sugar. When he was very fat, he ate every time he started to have an attack or feel bad. He was then found to have a tumor of the pancreas, producing part of the pancreas. Once these insulin-producing tumors were removed, he was like a normal person and lost all that excess fat. The point is that excess insulin causes the blood sugar to fall and that in turn stimulates the appetite center in the brain, causing a person to eat. In the last analysis, a person with such a problem eats too many calories. Many people who have symptoms of low blood sugar do better if they avoid all sweets and starches. Carbohydrates should come from fresh bulky fruits such as raw apples, whole cereals that contain bran and fresh vegetables. Cooked starchy vegetables should be avoided, as should coffee, tea, alcohol and cigarettes.

HOROSCOPE
By BERNICE BEDE SOOL
For Tuesday, July 15, 1980

YOUR BIRTHDAY
July 15, 1980
Take advantage of any opportunities this coming year to acquire new knowledge or expertise in your chosen field. What you learn will later be used very profitably by influential individuals.

CANCER (June 21-July 22)
— Important and valuable communications can be made today. If there is someone you've been reluctant to see or couldn't reach, try now. Find out more of what lies ahead for you in the year following your birthday by sending for your copy of Astro-Graph, Mail #1 for each to Astro-Graph, Box 489, Radio City Station, N.Y. 10101. Be sure to specify birth date.

LEO (July 23-Aug. 22)
— Material conditions could take a dramatic turn for you today, but you'll have to be on your toes to take advantage of them. They may exist tomorrow.

VIRGO (Aug. 23-Sept. 22)
— Those things you personally care of are the ones you will get most beneficial for you today. Keep your hand on the tiller.

LIBRA (Sept. 23-Oct. 22)
— Play your hand in business matters today. Your instincts for sensing ways to improve your material lot in life are sharper than usual.

SCORPIO (Oct. 23-Nov. 22)
— Be hopeful today, but take all necessary, practical steps to bring your dreams into reality. You're quite lucky regarding things you wish for.

SAGITTARIUS (Nov. 23-Dec. 22)
— If you're in need of a favor today to help further your ambitions, go directly to the top people. You can't compete with them with influence.

CAPRICORN (Dec. 23-Jan. 19)
— Things in general should work out quite smoothly for you today. You have a positive attitude and tend to view life philosophically.

AQUARIUS (Jan. 20-Feb. 18)
— There's a strong possibility today that you could get a favor or source you seldom tap. You have been fortunate through this person in the past.

PISCES (Feb. 19-March 20)
— Therapies or agreements you enter into today should prove mutually beneficial. If there is a deal you'd like to do, now's the time to do it.

ARIES (March 21-April 19)
— Today is an excellent day to seek out those who can aid you in work or career matters. It'll be easy to gain their help.

TAUROS (April 20-May 20)
— Although you're normally cautious, today you feel Lady Luck is smiling on you. It's true she is, but continue to be realistic about how you use your luck.

GEMINI (May 21-June 20)
— Your compassionate and understanding nature is extremely helpful to others. However, you are the one it will benefit the most today.

WIN AT BRIDGE
Aim: Today's hand produced only three spades at every table but one. In a regional matters' tour, a Somerset or other declarer or he had a diamond and finally three hearts.

WEST: ♠ 10 9 8 7 6 5 4 3 2 EAST: ♠ 10 9 8 7 6 5 4 3 2
SOUTH: ♠ 10 9 8 7 6 5 4 3 2 NORTH: ♠ 10 9 8 7 6 5 4 3 2

Opening lead: ♠ Q

Sanford-Lake Mary Session Proposed
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"I believe the city council would be pleased at the prospect. It seems like a very good idea," Lake Mary Mayor Walter Severson said today.

Commissioner John Morris urged the meeting be scheduled at a mutually convenient time after City Manager Warren Knowles urged the commission to turn down a request from Lake Mary for permission to connect to Sanford water lines at the Randlewood subdivision to serve a proposed 23-house subdivision in Lake Mary.

Knowles said connecting the Lake Mary property at Randlewood would strip Sanford plans to loop the water system in that area when construction is completed in Randlewood.

He called the Lake Mary plan "piecemeal," adding that from an engineering standpoint the connection would be accomplished, but that it would not be in the best interests of Sanford. Knowles also pointed out that the regional concept for sewer service for the north end of Seminole County has been placed on a "back burner." He suggested

Women Unable To Force Convention Floor Fight
DETROIT (UPI) — Republican women challenging the anti-abortion stand of the 1980 GOP platform failed to find the votes needed to force a convention floor fight — clearing the way for speedy, harmonious platform approval tonight by the 3,000 delegates.

But the Republican Women's Task Force and Illinois Sen. Charles Percy, seeking to strike all mention of abortion from the platform, said they will try to round up six state delegations to force a roll-call vote on the entire platform.

Delegates had until Monday afternoon to secure the signatures of 27 members of the platform committee to produce a floor vote. Percy said Monday night he thought he had until today.

Tanya Melich, a task force member, said she will seek to employ a GOP platform rule allowing the majorities of six state delegations to force a roll call on the platform.

She and Percy faced a formidable task in trying to muster the six states — but alone round up support for rejection of the entire platform over the abortion issue. Percy, however, said he had promises of support from leaders of several delegations and has contacted others.

Longwood Awards Police-Building Contract
By JANE CASSELLBERRY
Herald Staff Writer
Longwood City Commission voted Monday night to award the contract for construction of the Police Department expansion project to Flana Construction Co. and to negotiate for purchase of a site for a new fire station and city park. Flana Construction Co. submitted the lowest bid, \$3,350.

The new construction will double the size of the present Police Department building on Warren Avenue, according to City Administrator David Chacey.

Chacey said the 3.85-acre between West Warren Avenue and E.E. Williamson Road owned by James Reiter would make an ideal site for the proposed new fire station. The fire department has outgrown the present building next to city hall on Wilma Avenue.

The commission authorized Chacey to make Reiter an offer of \$37,200 for three acres adjoining him to donate 45 acres to the city for a tax break. Chacey said Reiter had offered to sell for \$12,000 an acre and a counter proposal of \$10,000 an acre. Chacey said only half an acre would be needed for the fire station and the rest of the property could be used as a park. He said he hopes to work out a deal so the city can pay \$17,200 down on the property and pay the rest over two years with an 8 percent interest rate.

Commissioner J.R. Grant called the proposed site "an excellent place — the best we'll find." Commissioner William Mitchell said it would be a good location as the fire department would have easy access to E.E. Williamson, State Road 64 and West Warren Avenue.

The city also is negotiating for a site for an auxiliary fire station on the east side of the subdivision.

It was pointed out by Chacey that improvements in the city's firefighting capability and water lines has given the

Sanford Goes After Loiterers
A crackdown on loiterers who hang around a grocery store on West 13th Street and who have been harassing residents in the neighborhood has been called by the Sanford City Commissioners.

The commission Monday night unanimously to appoint City Attorney Vernon Miles as special city prosecutor to take the cases to county court after police officers make arrests this week.

The commissioner took the action after a delegation from the Goldsboro neighborhood complained that the loiterers throw rocks at persons walking down the street, park cars to block alleyways, use foul language and make suggestive remarks to women residents. The persons hanging around in front of the store drink beer and play radios so loudly that persons cannot sleep, the group complained.

One woman said if action was not taken she would send one of the men "to heaven." The group complained that the hangers-on leave before police can arrive when called.

City Manager Warren Knowles told commissioners that making arrests for violations of the city ordinances such as the loitering ordinance is useless because State Attorney Douglas Chesbire does not prosecute in court violators of city ordinances. Knowles said the state attorney's office must file felony cases first.

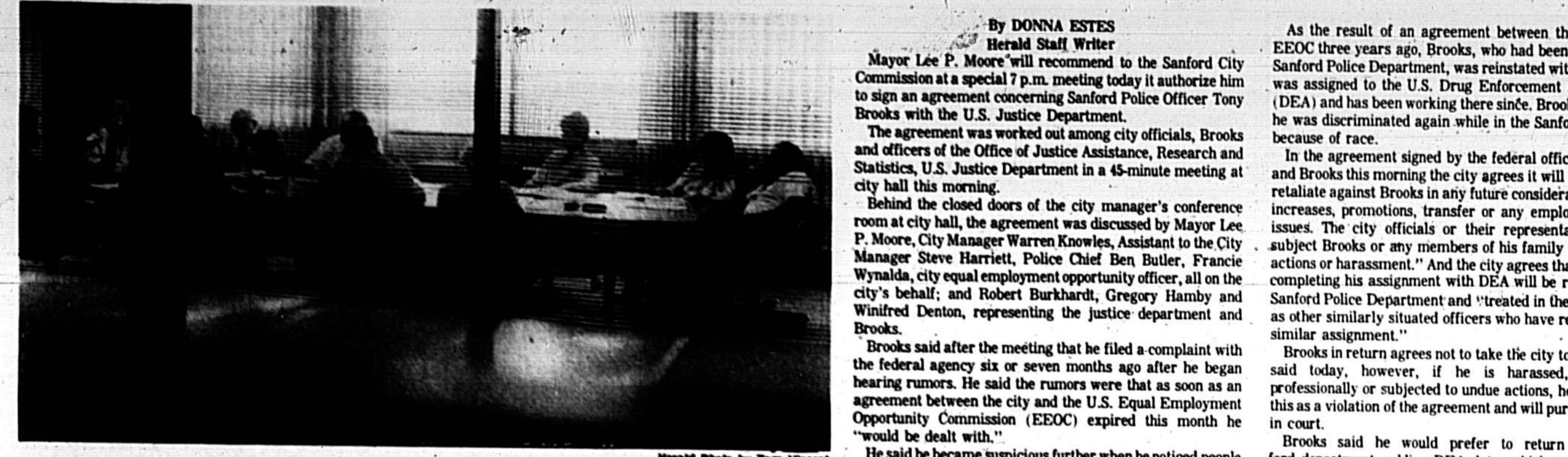
He suggested Miles be named special prosecutor to prosecute the cases in county court. He also suggested that Miles meet with police officers to instruct them on how to make the best cases possible.

Knowles said after a few violators find themselves having to pay fines, they will calm down and obey the law.

Knowles' suggestion, the commission also instructed Miles to prepare an ordinance to create a code enforcement board. The code enforcement board, authorized by the 1980 Legislature, could hold hearings and take action on violations of city ordinances.

UP, UP AND AWAY
With the daily temperature in the high 90s, the cooler morning hours prove to be the ideal time for a trio of Sanford youngsters to do some real "swinging." Silhouetted against the morning sun at the Fort Mellon Park playground are (from top) Nancy Hudson, 6, top, her sister Cindy, 8, and Allen Shaw, 9.

Mayor Strikes A Deal With Feds



Sanford city officials meet behind closed doors with federal justice department officers and a Sanford police officer who claimed he had been harassed in violation of a civil rights agreement. The doors were locked during the meeting and the press and public barred.

Top Conservative Would Support Moderate Veep

DETROIT (UPI) — Ronald Reagan today took charge of repairing small cracks in Republican unity and arch-conservative Sen. Jesse Helms indicated he will actively support Reagan for president no matter who his running mate is.

The big problem facing Reagan on this second day of the Republican National Convention is a need to make a crucial decision within two days on a vice presidential candidate.

The 65-year-old Californian, darling of the conservatives, will be nominated by the convention Wednesday night and has said he will announce his running mate on Thursday.

He arranged meetings today with former President Gerald Ford, former Secretary of State Henry Kissinger, and Rep. Margaret Heckler and other women distressed at his opposition to the Equal Rights Amendment.

Reagan wants advice from Ford, who favors a moderate No. 2 such as Tennessee Sen. Howard Baker or former U.N. Ambassador George Bush to balance the ticket.

Helms, who himself will be put into nomination for vice president and is known to favor a very conservative ticket, indicated today he would support Reagan no matter happens.

It seemed a gesture of conciliation to the moderates, who have accused the

Southeast Bank Coming

The Miami-based Southeast Banking Corp. and the State Bank of Forest City have signed a letter of intent to merge the Seminole County bank with Southeast's local banking company, the Southeast National Bank of Orlando.

In a joint statement released Monday, the two companies announced negotiations working out the details of the Southeast takeover have been started. Said Bank of Forest City Executive Vice President Frank Dobson. He said at this point he did not know the proposed purchase price, reported to be more than \$3.5 million.

The purchase must still be approved by Forest City stockholders upon completion of negotiations. No firm timetable has been set yet, Dobson said.

If the merger is approved, Southeast, the state's largest bank holding corporation with assets of more than \$3 billion, would be taking ownership of the Seminole County bank which opened in 1973 with current assets of more than \$25 million.

Today

Action Reports	4A	Florida	4A
Armed Forces	4A	Florida	4A
Calendar	2B	Hospital	2A
Classified Ads	1B-3B	Nation	3A
Comics	4B	Overseas	4A-10
Crossword	4B	Sports	5A-10
Dear Abby	1B	Television	2B
Dreams	1A	Weather	2A
Dr. Lamb	6B	World	7A

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