

Sanford Herald

Serving Sanford, Lake Mary and Seminole County since 1908

88th Year, No. 92 - Sanford, Florida



Today: Variable cloudiness and cool. High in the upper 50s to lower 60s. Wind west 10 mph.

For more weather, see Page 2A

TODAY

BRIEFS

TV station moving

LAKE MARY — WKCF-TV, Channel 18, is working on plans to move to Lake Mary from Orlando. A site plan for a new TV studio facility to be located off Skyline Drive near the present Channel 35 location is under review.

No specific information on the size of the facility was immediately available.

Lake Mary planning officials say that depending on the length of time required for site plan approval, and whether or not any variances will be required, ground could possibly be broken for the new location within a month.

At the present time, WKCF-TV is located on Courtland Street in Orlando, near Interstate-4.

Legislative meeting

HEATHROW — State Senator John Ostalkiewicz, chairman of the Seminole County Legislative Delegation, has announced a public meeting on January 4, at the AAA headquarters in Heathrow.

The meeting is scheduled to begin at 10 a.m., and conclude by noon.

Any citizen or governmental entity wishing to address the delegation on any matter relating to state government may be placed on the agenda by contacting Senator Ostalkiewicz's Orlando office at (407) 858-6183.

Waste facilities

SANFORD — The Seminole County Government Solid Waste Division has announced that both the Central Transfer Station and Osceola landfill facilities will be closed on Monday for New Year's Day.

Organization meeting

SANFORD — The Sanford City Commission will hold a special Organizational Meeting Tuesday, Jan. 2, beginning at 7 p.m. in the commission chambers. Listed as new business are appointments of various commissioners to other organizations, many to serve as city liaison with such operations as the Metropolitan Planning Organization, East Central Florida Regional Planning Council, and others.

Sanford City Hall is located at 300 N. Park Avenue.

Start the year on right foot

The Orlando Runners Club is offering an opportunity to start off 1996 on the right foot...by participating in the "Run in to '96" five-kilometer run.

The fun run, which is geared toward "funners" and not just runners, begins at 11 p.m. on New Year's Eve at Lake Claire on the University of Central Florida campus. Participants are encouraged to dress for the occasion. Prizes will be awarded not just for age group winners and oldest and youngest finishers, but also for the craziest party hat, most obnoxious noise maker, most illuminated finisher, and finisher carrying the most unusual object.

Entrance fee is \$15. Sign up in advance at the Track Shack, 1322 N. Mills Ave., or beginning at 9:30 p.m. at Lake Claire on the night of the run. Refreshments and a post-run New Year's celebration are included. Families and children of all ages are invited to join the festivities.

For more information, call Shirley Budd at 292-0530.

Compiled from staff reports

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If you obey all the rules you miss all the fun.
-Katharine Hepburn

Here she comes...Miss Sanford

By NICK PFEIFAU
Herald Staff Writer

SANFORD — Plans are being finalized for the annual Miss Sanford Scholarship Pageant. The event is scheduled for January 20 at the Sanford Civic Center.

The pageant has been accepted as an official

preliminary for the Miss Florida and Miss America Pageant, with the Sanford winner eligible to enter that competition later in the year.

Rod Leyer, of the Promoting Sanford organization, is heading up the event, and is presently seeking sponsorships. They range anywhere from the Friend Sponsorship of \$50, to a Gold Sponsorship of \$1,000. For each level of

sponsorship, there are added incentives such as full page, half page and quarter page ads in the event's program, as well as other benefits.

For persons just wishing to purchase advertising, the costs range from \$15 for a listing, to \$150 for a full page ad.

According to Leyer, Meredith Miller, chosen as **See Sanford, Page 5A**



Herald Photo by Mike Kern

Dan Robinson, owner of the West End Theatre at the West End Galleria, presented Brandy Williams with a check and a bat signed by Tim Lincecum. Other businesses and individuals thanked Williams for saving a drowning child's life.

Developer lauds young hero who saved dying boy

By VICKI DeSORMIER
Herald Senior Staff Writer

SANFORD — Stanley Smith was appalled when he saw a nearly-empty meeting room when the Sanford City Commission recently honored a hometown hero.

In September Brandy Williams, 13, knew exactly what to do when he saw a little boy at the bottom of the swimming pool in the apartment complex where he lives. Without hesitation, he jumped in and pulled Nicholas Eaton, 4, out of the water and revived him.

Using a technique he had learned from watching episodes of *Baywatch*, Williams pumped on the little boy's stomach until he started breathing again. He was able to do enough to bring the boy back to life until the paramedics arrived to

ensure his safety and continued good health.

"I'm just happy he's OK," Williams said.

Smith, president of Mayberry, Inc., which is developing the West End Galleria in Sanford, said he wanted to do something for Williams and his family. He wanted to show that there are good youngsters in Sanford who should be lauded rather than highlighting only those who get into trouble.

Smith recently presented Williams with presents such as autographed sports memorabilia, theme park tickets and other items. Most of the items were donated by area businesses.

Taking care of others is nothing new for Williams.

His mother died when he was one **See Brandy, Page 5A**

Soap Box Derby rally starts Thursday

By NICK PFEIFAU
Herald Staff Writer

SANFORD — The Central Florida Soap Box Derby Holiday Rally will be held this Thursday and Friday. Cold weather however, has trimmed down the number of original applicants.

Sanford Parks and Recreation Director Mike Kirby said earlier this month that over 50 persons had

submitted applications. He said they were from various areas of the nation including Missouri, Ohio, Pennsylvania, Indiana and Georgia.

This morning, Rally Director Norm Perry said the actual number of participants appears to be 43. "We had a number of people call at the last minute and say they were too snowed in up north to make the trip down to Sanford," he said. "Also, there may be some who are

hesitant to be involved in the races from here in Florida, because those are relatively small cars and it's difficult to wear any heavy jacket while you're driving."

Events get under way this afternoon beginning at 1 p.m., when special kids ride in cars driven by former local race winners. The youngsters have various physical and mental challenges.

Check-in, inspection and practice

runs for the actual competition will begin at 7:30 tomorrow morning, with lane drawing at 8:30 and races starting at 9 o'clock.

Three types of race cars will be in action, the Stock, Superstock, and Master. The age limits for Soap Box Derby candidates is from nine to 16.

For all formal competition, all American Soap Box Derby rules will apply. **See Derby, Page 5A**



File Photo

Thailand engineers tour Seminole County facilities for recycling and solid waste disposal.

Thailand officials tour county landfill

By VICKI DeSORMIER
Herald Senior Staff Writer

LONGWOOD — When you talk trash in Seminole County, you're talking a sophisticated, state-of-the-art facility.

The Seminole County landfill, the Central Transfer Station and the Small Materials Recycling Facility (SMRF) are among the best in the world, officials say.

Recently, those facilities were the highlight of a tour taken by a group of solid waste engineers **See Recycling, Page 5A**

Meeting the needs of special kids Florida faces severe shortage of special education teachers

By The Associated Press

GAINESVILLE — Stress and an overwhelming workload are chasing special education teachers from classrooms and could cause a severe shortage in the future, a new study indicates.

The three-year study shows a high attrition rate for special education teachers: 15 percent in 1993-94. About 270,000 state students need special education.

"We wanted to investigate why Florida's special education teachers are leaving the classroom, because

the research literature suggested this was a crisis," said Mary Brownell, a former special education teacher and one of three University of Florida education professors involved in the study.

The study found three factors common to teachers at the highest risk who of leaving the classroom: they feel stressed, perceive their workloads as unmanageable and are not certified.

These teachers had a 39 percent greater chance of leaving the classroom over a two-year period as compared to a significantly smaller

percentage of certified teachers who did not feel such pressures.

"We need to consider what we're going to do about this critical teacher shortage. One important response to the problem is to continue to ensure we're preparing a sufficient number of special ed teachers ... that the funds are available at the university level for solving the teacher supply problem," Brownell said.

Although special education teachers are required to be certified, they can begin teaching without it and undergo emergency certification once they're already in the

classroom, said UF education Professor Stephen Smith.

"What's important about these findings in context of what's going on in education today is that we're asking teachers to do more with less," Smith said.

The professors agree school districts face a difficult task keeping these positions filled.

"School districts are caught in a Catch-22," Brownell said. "They have to have a person to teach the children in their district with disabilities. When they don't have someone who is certified, however, they transfer a general education teacher into that classroom or hire an uncertified teacher."

"This person is not prepared for the demands, experiences a great deal of stress and ends up leaving the classroom and the district is back to square one."

FLORIDA BRIEFS



Christmas deaths off

TALLAHASSEE — Christmas traffic deaths in Florida dropped sharply compared with 1994 although this year's holiday was almost a day longer.

Police said cold weather may have helped keep some people off the roads.

Preliminary figures Tuesday from the Florida Highway Patrol showed that at least 18 people died in traffic accidents during the 96-hour holiday weekend compared with 37 people who died last year during a 78-hour period, the patrol said.

Maj. Ken Howes said the weekend toll may increase, but it won't be anywhere near last year's count. The holiday period ran from 12:01 a.m. Friday to midnight Monday.

He said alcohol was involved in less than half the accidents, compared to half or more in most years.

"Maybe people are getting the message," Howes said. "We hope so."

The patrol said the deaths occurred in 15 separate crashes in 12 counties.

The highway patrol will again use roadside checkpoints and other increased enforcement during the New Year's holiday weekend that runs from 12:01 a.m. Friday to midnight Monday. Last year, 21 people died in traffic accidents over the New Year's holiday.

Tourist figures up

TALLAHASSEE — The number of tourists visiting Florida increased 2.3 percent in October to more than 2.6 million compared with the same month a year earlier, the Department of Commerce said.

Visitors arriving by air in October increased 5.1 percent to 1.5 million compared with October 1994, the agency said Tuesday. Auto travelers declined 1.3 percent to more than 1 million in comparing the same months.

A valid year-to-date comparison isn't available because the state changed the way it counted auto travelers earlier this year.

Using the new collection method, the commerce department said more than 35 million visitors arrived in the first 10 months of the year, a 5.2 percent increase over the same period last year.

Other tourism indicators were doing better than the same period last year.

Tourism taxable sales increased 6.8 percent to more than \$26 billion for the first nine months of the year compared with the same period in 1994.

In the first 10 months of the year, rental car surcharge collections increased 2.1 percent to more than \$102 million compared to the same period a year ago.

Statewide bed tax collections exceeded \$164.3 million through October, a 13.6 percent increase over the same period in 1994.

Titusville woman finds part of family

SANTA ANA, Calif. — Salvation Army Capt. Arnold Haesler, who considers counting blessings part of his job description, got an extra one to count this year.

Haesler's far-flung family has been searching for his two sisters, who were put up for adoption along with him and his brother 45 years ago. Last week, they found one, Haesler said Tuesday in a telephone interview from Riverside.

"It's just wonderful," said Haesler. "It's her. There's no doubt."

The former Phyllis Jean Larsen, now Jean Wojcik of Titusville, Fla., was driving with her husband and son this week to visit the family home in Decatur, Ill., Haesler said.

As a minister and commander of the Salvation Army post in Riverside, Haesler has been helping patch up broken families for 14 years. His last childhood memory of his own mother was in 1949, when he was 4 and she was leaving their farmhouse near Decatur to get groceries.

His father, Roy Lester Keeling, was in jail for forgery. A well-meaning relative complained to child welfare authorities that the four children were being neglected. The children landed in an orphanage and their mother, who lost custody, wasn't told where they were.

Haesler was adopted by a couple who lived north of Chicago and moved to California in 1973.

Sister Jeannie left Florida on Tuesday for her own reunion, he said. The family in Decatur found her the week before Christmas through a letter and private research, Haesler said.

Three dead in robbery attempt

MIAMI — A gun battle that erupted when a restaurant employee pulled a weapon after armed robbers entered the business ended with three dead.

An employee, a customer and a suspect — believed to be a juvenile — were killed, but their names were not immediately released. Early this morning, details were sketchy as Metro-Dade police remained at Prince's Bar-B-Que Pit, the scene of the shooting shortly after midnight.

Two suspects escaped, said Detective Tony Carvajal.

From Associated Press reports

NEWS FROM THE REGION AND ACROSS THE STATE

HRS won't contract for welfare card until lawmakers informed

By ADAM YEDMAN
Associated Press Writer

TALLAHASSEE — The state won't sign a contract to get electronic debit cards to thousands of welfare recipients until the Legislature gets questions answered about the project, a top official said.

The debit cards would allow welfare beneficiaries to use automated teller machines and point-of-sale terminals in grocery stores to buy food and obtain cash.

But some lawmakers are worried the state's social services agency has moved too quickly to introduce the Electronic Benefits Transfer system

and has not answered enough questions about issues such as its costs.

Ed Feaver, secretary of the Department of Health and Rehabilitative Services, said in a letter last week to one lawmaker that HRS had not entered into a contract and will not "until there has been full and open discussion with the House and the Senate."

HRS had planned to sign a contract in December with Citibank and a group of sub-contractors that won federal approval to offer the benefits system. But negotiations had already pushed back that time frame, said HRS spokeswoman Michelle Lagos.

HRS officials said last month they wouldn't know how much the system would cost until negotiations with Citibank were completed.

Florida is part of an eight-state group working with the feds to introduce the cards.

The Legislature approved a timetable this year for the project that would establish a pilot program in Escambia County by July. It would then be introduced in Duval County by Oct. 1 and in part of Dade County by January 1997.

The system was supposed to be in place statewide by early 1998.

State Rep. George Albright, in a letter last week to Feaver,

wanted to know why the process had remained so secretive.

"There are far too many unanswered questions, so many financial vulnerabilities, so many open questions of public policy affecting taxpayers that we must have a full public hearing and airing on this issue," said Albright, R-Ocala.

Albright said he didn't want a repeat of the problems with the FLORIDA computer that processes welfare payments. When introduced in 1991, the system broke down and overpaid some recipients.

Feaver told Albright that the electronic debit card should result in savings in four to seven years.



Christmas clowns

The youngsters at Seminole Trinity Christian School preview a light-hearted Christmas pageant this holiday season. Among the performers were, at top, Kevin Miles and, in the first row left to right, Vermetra Reedy and Candace Jones.

Scientists seek better protection for sharks

By The Associated Press

MELBOURNE — Worried scientists may soon propose tougher rules to protect sharks, whom they fear are being overfished toward extinction.

Scientists say without sharks to eat smaller fish, the delicate marine food web can be knocked out of balance, leading to a shortage of food for other sea life and negative effects on other fisheries.

Within weeks, the National Marine Fisheries Service will draft the regulations, which could be adopted by spring.

For instance, sandbar sharks, which swim in Brevard County waters, face a serious decline because of overfishing.

"Sandbar sharks are fished to such levels that they may never recover in our lifetime, and we risk a similar fate to the remaining species that have yet to be thoroughly studied," said Tim Tricas, a shark expert and assistant professor at the Florida Institute of Technology in Melbourne. "They're in a great decline."

That decline is greater than

federal officials thought when they first adopted protective rules in 1993. So environmentalists and scientists have encouraged federal officials to restrict further the number of sharks caught.

"Although the plan was a needed first step in U.S. shark conservation, it is now very clear that much more must be done," said Ken Hinman, the executive director of the Leesburg, Va.-based National Coalition for Marine Conservation.

Studies indicate that even with a 50 percent reduction in overall shark quotas, the plan still would not allow the fishery to rebuild itself soon.

The work done by shark expert Dr. Jack Musick of the College of William and Mary in Williamsburg, Va., also found that species such as sandbar sharks have declined as much as 80 percent during the past 10 years.

One reason: New evidence has shown the species take 30 to 35 years to mature, and many females are caught and killed before they reproduce.

Sun gave this tourist crocodile skin

By TOM WELLS
Associated Press Writer

MIAMI BEACH — A nine-foot crocodile that crawled out of the surf and installed itself between some beach chairs ended up getting a ride in the back seat of a car back to a conservation area 40 miles away.

A trapper says it was lucky for the tourists who found the croc Tuesday and started punching at it with sticks that the normally aggressive reptile was grumpy from the chilly weather.

"Fortunately it was cold out there today," said the trapper, Todd Hardwick, who rounded up the errant croc on trendy South Beach. "That kept him pretty passive. If it had been

August he would have been all over the beach knocking people down with his tail."

High temperatures along Miami Beach were in the mid-50s.

Hardwick, summoned by state game officials who were told by telephone about the croc, said that when he got to the beach along 18th street in Miami Beach he found the croc "surrounded by people who were poking sticks at him."

"He snapped at them a couple of times. These guys use their tails to knock something down and sweep it toward their mouth, and they are very fast."

The crocodile probably swam from the Upper Florida Keys, about 40 miles to the south.

Hardwick said.

"I climbed up on his back and held his mouth shut while my girl friend taped his mouth shut," the trapper said.

Crocodiles have tremendous power in their jaws when clamping down, but muscles for opening those jaws are very weak.

Hardwick estimated the croc weighed 350 to 500 pounds.

Game officials arrived and helped Hardwick haul the croc into the back of Hardwick's pickup truck. But after going only a block Hardwick stopped.

"It was way too cold for him," Hardwick said. "So we put him in the back seat of the car of one of the game and fish officials."

"I put a loop around the croc's head and tied the head to the

grip handle on the back door so he wouldn't try to crawl into the front seat with the driver," Hardwick said.

There had been several reports of the croc in the surf along Miami Beach over the last week.

"A surfer told me he felt his board run over something, and when he turned around there was this big croc smiling at him," After that, Hardwick said, "there were reports of alligators and even sea monsters."

The crocodile was released in the Upper Keys.

There are only 300 to 500 crocodiles in Florida, all of them in South Florida, Hardwick said. Unlike alligators, which need fresh water to survive, crocs thrive in salt water.

LOTTERY

MIAMI — Here are the winning numbers selected Tuesday in the Florida Lottery:

Fantasy 5
17-9-10-3-12

Cash 3
4-5-8
Play 4
2-1-4-1

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Phone (407) 329-9011

THE WEATHER

LOCAL FORECAST

Today: Variable cloudiness and cool. High in the upper 50s to lower 60s. Wind west 10 mph.

Tonight: Increasing cloudiness and cool. Low in the lower 40s. Northwest wind 5 to 10 mph.

Thursday: Mostly cloudy and cool. High in the upper 50s. Wind becoming north 10 mph.

Friday: Mostly cloudy with a chance of rain. Lows near 40 north to upper 40s south. Highs mostly in the mid 50s to lower 60s. Saturday and Sunday: Partly cloudy. Lows in the lower 40s north to near 50 south. Highs in the upper 50s north to mid 60s south.

EXTENDED OUTLOOK

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Partly cloudy 60-64	Mostly cloudy 58-63	Mostly cloudy 58-63	Partly cloudy 58-64	Partly cloudy 58-64

MOON PHASES

FULL Dec. 6	LAST Dec. 15
NEW Dec. 21	FIRST Dec. 28

FLORIDA TIDES

City	H	L	Ref
Daytona Beach	57	27	00
Pt. Lant Beach	61	44	00
Fort Myers	62	29	00
Gainesville	62	32	00
Homestead	64	40	00
Jacksonville	62	31	00
Key West	62	31	00
Lakeland	62	32	00
Miami	64	47	00
Pensacola	62	31	00
Sarasota	62	32	00
Tallahassee	62	32	00
Tampa	62	32	00
Vero Beach	62	34	00
W. Palm Beach	62	34	00

TIDES

WEDNESDAY:
SOLAR TABLE: min., 10:00 a.m., 10:30 p.m., maj., 3:50 a.m., 4:15 p.m. **TRUSS:** Daytona Beach: high, 12:43 a.m., 12:15 p.m.; low, 5:53 a.m., 6:28 p.m.; New Smyrna Beach: high, 12:48 a.m., 12:20 p.m.; low, 5:57 a.m., 6:33 p.m.; Cocoa Beach: high, 1:03 a.m., 12:35 p.m.; low, 6:12 a.m., 6:48 p.m.

SEAS AND WAVES

Daytona Beach: Waves are 1 to 2 feet and rough. Current is running to the south with a water temperature of 58 degrees.

New Smyrna Beach: Waves are 1 to 1 1/2 feet and choppy. Current is running to the south with a water temperature of 56 degrees.

HEATING

St. Augustine to Jupiter Inlet — Today: Wind nw 10 to 15 kt. Seas 2 to 4 ft. Bay and inland waters a moderate chop. Tonight: Wind nw to n 10 to 15 kt. Seas 2 to 4 ft. Bay and inland waters a moderate chop. Thursday: Wind nw to a 10 to 15 kt. Seas 2 to 4 ft. Bay and inland waters a moderate chop.

Ultraviolet Index (UVI)

The high temperature in Sanford Tuesday was 54 degrees and the overnight low was 36 as reported by the University of Florida Agricultural Research and Education Center, Celery Avenue.

Recorded rainfall for the period, ending at 9 a.m. Wednesday, totalled 0 inches.

☐ Sunny.....5:37 p.m.
☐ Breeze.....7:17 a.m.

The UVI exposure levels are rated by the Environmental Protection Agency as follows:

0.1-3	minimal
3-4	low
5-6	moderate
7-8	high
9-10	very high

POLICE BRIEFS

Bike caper

Sanford police arrested Major Wheeler, 40, 1811 W. 15th Street, at a retail store in the 3800 block of Orlando Drive Thursday. According to the arrest report, Wheeler reportedly went into the store, took a bike valued at \$86.04 from the rack, took it to the check-out counter, and obtained a refund. He then reportedly went back to the rack, took a bike valued at \$179.96, and attempted to leave the store without paying for it. He was apprehended by a store security guard. Police charged him with retail theft.

Check charges

Tabitha Marie Dixon, 27, of 223 Tuskegee Street, Sanford, was arrested by Sanford police Thursday. She reportedly went to a bank drive-through on Orlando Drive, and cashed a check in the amount of \$200, giving an identification police said was from another person. The bank clerk reportedly checked and determined the check was listed as having been stolen. Police were able to locate her driving on Old Lake Mary Road and conducted a traffic stop. Dixon was charged with uttering forged bills, unlawful use of a license, driving with a suspended license, and resisting an officer without violence.

Intoxication

Sheriff's deputies arrested Adolphus Russell, 44, of 1415 W. 11th Street Monday. A deputy reported seeing him walking with a can of beer in his hand at 13th and Olive. Although the deputy reportedly told him it was in violation of the law, he said he saw Russell on four separate occasions during a few hour time period, holding a can of beer. He was eventually placed under arrest on charges of having an open container of alcohol, disorderly intoxication, and resisting an officer without violence.

Retail theft

Lake Mary police arrested John Espinola, 51, of Matilda Place, Longwood, at a retail store in the 4800 block of W. Lake Mary Boulevard on Monday. Police said he was suspected of taking \$18.82 in merchandise from the store without paying. He was charged with retail theft.

Domestic case

Andrea Ternoosky, 19, 196 Sir Lawrence Drive, Sanford, was arrested by Sanford police at her residence Tuesday following a reported altercation with a male. She was charged with battery, domestic violence.

DUI arrests

The few days before Christmas were considered only the start of the holiday weekend, but a crackdown on drunk drivers netted a number of arrests. In all, reports filed by various law enforcement agencies across Seminole County listed a total of 11 arrests for driving under the influence, and three for disorderly intoxication.

Included in the arrests reported were the following:
 • Robert K. Sokol, 41, of 620 Holbrook Circle, near Lake Mary, was stopped by Casselberry police on U.S. Highway 17-92 Saturday. He was charged with DUI.

• John Gregory Mason, 34, 2518 Clairmont Avenue, near Sanford, was stopped by Casselberry police on Red Bug Lake Road Friday. He was charged with DUI.

• Darren F. DeLozier, 38, 500 Memory Court, Sanford, was stopped by Sanford police as the result of an accident Thursday near Summerlin Avenue and Wynnewood Drive. He was charged with driving under the influence and attached tag not assigned.

Retail thefts

• Antonio Garcia, 34, 3101 Sanford Avenue, was arrested by Sanford police at a retail store in the 3100 block of S. Orlando Drive Saturday. He was accused of taking some anti-permpant and a razor, with a value of \$7.78 from the store without paying. He was charged with retail theft.

• Bemie Mae Capehart, 53, 1628 Blackstone Avenue, was arrested by Sanford police in the 1700 block of W. Airport Blvd. Friday. Police said she attempted to take \$39.08 in items from the store without paying. She was charged with retail theft.

Stabbing

LaDonna Lynn Edge, 19, of 2800 Georgia Avenue, was arrested by Sanford police at her residence Thursday. Officers said she reportedly had been in a dispute with a man, and stabbed him in the chest with a steak knife. The man was not severely injured. Edge was charged with attempted murder, and battery on a law enforcement officer.

Warrants

• Olivia Marie Dawson, 23, of Sanford, was arrested by Sanford police in the 900 block of Maple Avenue Sunday. She was wanted for failing to appear on a charge of resisting an officer without violence.

• Edward O. Ware, 34, 2531 Ridgewood Avenue, was located by Sanford police at Oleander and 11th Street Saturday. He was wanted for violation of probation on a conviction of battery.

Traffic stop

Robert D. VanWinkle, 40, 6801 LaJolla Street, Sanford, was arrested by deputies on CR-437 near Orange Avenue Friday. He was charged with driving with a cancelled/suspended/revoked license, and having an illegal license plate.

Weight loss vs. exercise: Trimming the flab wins

By BRUNDA S. COLEMAN
 AP Medical Writer

CHICAGO — The best exercise for your heart is pushing yourself away from the table, a new study suggests.

Losing weight by itself works better than aerobic exercise by itself in reducing the risk of heart disease, a study of fat men found.

The message, though, is to do both, researchers say.

"We feel that exercise is beneficial, but particularly if you're overweight, you need to exercise in conjunction with weight loss," said the lead researcher, Dr. Leslie I. Katsel of the University of Maryland School of Medicine.

Katsel and his colleagues studied 111 men, ages 48 to 80, who were sedentary and obese — that is, 20 percent to 60 percent overweight — but were otherwise healthy.

The men were divided into groups: one pursued weight loss without exercise; the second exercised without trying to lose weight; and the third neither exercised nor dieted.

After nine months, the weight-loss group had dropped an average of 30 pounds, while members of the exercise group had improved their fitness by 18 percent, measured by how much oxygen their bodies consumed when they exercised.

Researchers were surprised to find that weight loss clearly produced more benefits than exercise alone:

—Levels of "good" cholesterol improved 13 percent in the weight-loss group, vs. virtually no change in the exercise group.

—Blood pressure dropped 8 percent in the weight-loss group, compared with a 2 percent to 3

percent drop among exercisers.

—Blood sugar, a yardstick for diabetes, dropped 9 percent among the weight-loss group, vs. no change among exercisers.

"Based on these results, we feel that if you're overweight, you really need to lose weight to decrease your chances of developing heart disease," Katsel said.

The findings were published in Wednesday's issue of The Journal of the American Medical Association.

The results are expected to be the same among women, who are being studied separately, Katsel said.

Weight loss is probably more beneficial because fat deposits in the abdomen are believed to be particularly harmful, affecting blood sugar and metabolism, Katsel said. Weight loss helps get rid of that fat.

Past research has found that leaner people seem to benefit more from exercise than obese people. That suggests that fat around the midsection blunts the benefits of exercise, Katsel said.

The exercisers worked on bicycles and treadmills, with supervision, three times a week for 45 minutes a time, Katsel said. At first, they worked at 50 percent to 60 percent of their maximum heart rate, but by the end were up to about 75 percent of maximum — "pretty hard," he said.

An expert not involved in the study said he is not sure exercise got an adequate chance. Middle-age and older men may take a long time to respond to exercise, said Dr. William R. Haszard, chairman of internal medicine at Wake Forest University's Bowman Gray School of Medicine in Winston-Salem, N.C.

San Francisco heaven for streetcar lovers

By JAMES S. CLIFFORD
 Associated Press Writer

SAN FRANCISCO — Just because it's the mid-1990s and you're in San Francisco, it doesn't mean you can't step into Philadelphia in the 1940s. Or Cincinnati in the 1930s.

All you need do is climb aboard a streetcar.

Once, these vintage trolleys — known as Presidents Conference Committee cars — dominated public transportation in major cities across the country. Now, they ramble up and down Market Street, another tourist attraction for a city already renowned for its cable cars.

"This is an additional enticement for people to come to San Francisco," said Phil Adams, general manager of the city's Municipal Railway, known as the Muni. It's "simply another jewel in the city's crown."

The cars were designed in the 1930s at the request of presidents of electric car companies in the United States and Canada who wanted standardized, improved, streamlined streetcars. That's what they got — cars that were among the sturdiest and most reliable transit vehicles ever made.

Most cities gradually dropped the trolley cars, though they still operate in Boston, Newark and

Toronto.

The San Francisco fleet's 17 cars can each haul 93 riders. They are painted the livery of cities where PCCs once operated — the green and cream of Philadelphia, the bright yellow and green of Cincinnati, the yellow and silver of Los Angeles. There's also the distinctive orange and silver of Pacific Electric, a Southern California line whose demise inspired the movie "Who Framed Roger Rabbit?"

San Francisco has a long history with the PCCs. The last of about 5,000 cars built for use in North America was the city's car No. 1040, constructed by the St. Louis Car Co. It went into service in 1982.

The cars, which run above a modern subway, form the F. Market run, a 3.5-mile route that is San Francisco's first new line since 1982.

The F line goes from the Transbay Terminal and up Market Street to the Castro District. Along the way, it passes near several tourist sites, including the new Museum of Modern Art, U.N. Plaza, Moscone Center and the turnaround at Powell and Market where tourists stand in line to board the cable car to Fisherman's Wharf.

In addition to the famed cable car, see Streetcar, Page 8A



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White most popular color of North American cars, trucks

By BRIAN S. AUNE
 AP Business Writer

DETROIT — Forget fuchsia. Puce is practically passé.

The hottest color on wheels is white.

White was the color of choice on most cars and trucks in 1990, according to an annual survey released Tuesday by paint supplier DuPont Automotive.

"I think it's just a nonoffensive kind of color," said Bob Daily, DuPont Automotive's color marketing manager. "It's kind of bright and clean, and it looks good on all sizes of cars."

More white luxury, full-size and intermediate cars, trucks and vans made in the United States and Canada were sold this year than any other shade, the survey found.

Dark green and white tied for first in 1984. This year, dark green ranked No. 1 among sport and compact cars, and was second in all other categories.

Other popular greens were lighter shades such as "fern," "willow," "spruce" and "sea foam," Daily said.

Light greens, which didn't even make the list's top 19 colors last year, covered between 3 percent and 4.7 percent of the cars and trucks made this year, the survey found.

White, by comparison, was the choice on 33.8 percent of trucks and vans and 18.9 percent of full-size and intermediate cars. The other colors in the top four spots in all categories were black, light brown and medium red.

Other survey findings include:

—Teal and aqua's popularity faded in all categories.

—Black, like white a perennial favorite, gained for the second consecutive year.

—Silver went up in all categories.

—Light brown gained in all but the sport-compact category.

DuPont Automotive, based in suburban Detroit, analyzes color trends to advise industry designers and stylists. The survey of domestic and foreign-owned automakers that manufacture in North America began in the early 1980s.

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EDITORIAL

Staying warm in Florida

People are shivering. This is reportedly one of the coldest holiday seasons to hit Central Florida since 1989. It's also quite windy.

Not that it's that cold. People up north would laugh at us and say we have nothing to complain about. After all, their temperatures have been going down to well below freezing and some even into the minus figures.

Kid us as they may, we have plenty about which to be concerned. First of all, long-time residents are not used to waking up every morning with temperatures in the 30s. Some people don't even have heavy clothing to wear, or adequate heat in their homes.

The home heating situation is one of the most serious problems. People are using small space heaters or other forms of what they might consider to be immediate cures for the low temperatures, only to find that their homes set on fire, or fumes producing serious illnesses.

Regarding clothing, while some have large heavy coats and jackets, many do not. In this case, it is a matter of putting on several layers of clothing, which tend to be excellent protection. People with whom they come in contact may attempt to tease such an over-clad person, but let's face it. For people who don't have a heavy coat, wearing two or three sweaters may look odd, but it will help keep them warmer.

Socks and other items of clothing fall under the same situation. Wearing more than one in this cold weather may prevent serious health problems. When it is a matter of keeping warm, style and fashion should take a back seat.

How many of us will come down with a cold or sniffles within the next week to 10 days? Probably a large number. That's why we have a need to do whatever we can to protect ourselves and those who are trusting us for guidance such as children and/or other family members.

A majority of Floridians don't wear hats. Let's make this an exception and do what we can to keep our head's warm. While there may not be many people who own earmuffs, these aren't a bad suggestion either.

Then, there is still another problem. We have a large number of senior citizens in Florida who moved here because of their health. Many of them are on medication which thins their blood to help prevent blood clotting which could cause strokes and/or heart attacks.

With thin blood, these people are more susceptible to cold temperatures than the rest. They need to be kept even warmer than the average person.

Let our friends and family members from up north tease us. But it has been colder than usual down here in Central Florida, and we simply are not used to it.

Keep warm, and keep safe in the way you do it, and we'll make it through this cold spell. Look at the good side. It won't be long before those northerners are still having temperatures in the 10s and 20s, and we'll be back into the 70s once again. Then it'll be our turn to brag.

Berry's World



"My wife has a thing about saving empty boxes that we may need someday."

JOSEPH SPEAR

A prayer for the special Little Guy

We are having one of those reflective holiday seasons around the Spear household, and if we aren't careful, it could become downright melancholy. This is because, barring a miracle, it will be Pendleton's last Christmas.

Pendleton is our canine pal, a terrier with a tangled brown and black coat and a white muzzle who stands 15 inches tall at the shoulder and weighs about 35 pounds. I say he is a terrier, but I swear he has some alligator and frog genes in him, too. He has a long snout and sharp teeth and a tongue that could flick flies off a wall at 10 paces, if he had a mind to.

We just learned he is terminally ill. I probably shouldn't be telling this sad tale during a festive season, but it really isn't totally cheerless. Penn was a joyous presence in our home for a long time, and we would like to think we made him as happy as he made us. He joined the family in mid-January 1983. My wife was leaving to attend a three-month executive business program at Harvard, and I think she was looking for something that would keep me out of mischief in her absence. So off we went to the Animal Rescue League, to look for a dog that would fit the name Pendleton, which I had already chosen. It wasn't long before we spotted a motley pup

who waddled across the floor of his cage and slavered our extended hands with a tongue as velvety as a chamomile cloth. I knew immediately we were in the presence of Pendleton, but there was a problem.

He was wearing a red ribbon, which meant he was already asked for. A week later, I called the League and learned the claimant no longer wanted him. I went for him that day, brought him home and introduced him to Charles the Cat, who socked him once to let him know who was boss and then became his buddy.

I decided I would Spock this dog -- as in Dr. Benjamin. I would let a dog be a dog, within



We just learned he is terminally ill.

reason. I would not punish him for doing dog things. I would try to help him grow up with a healthy ration of self-esteem.

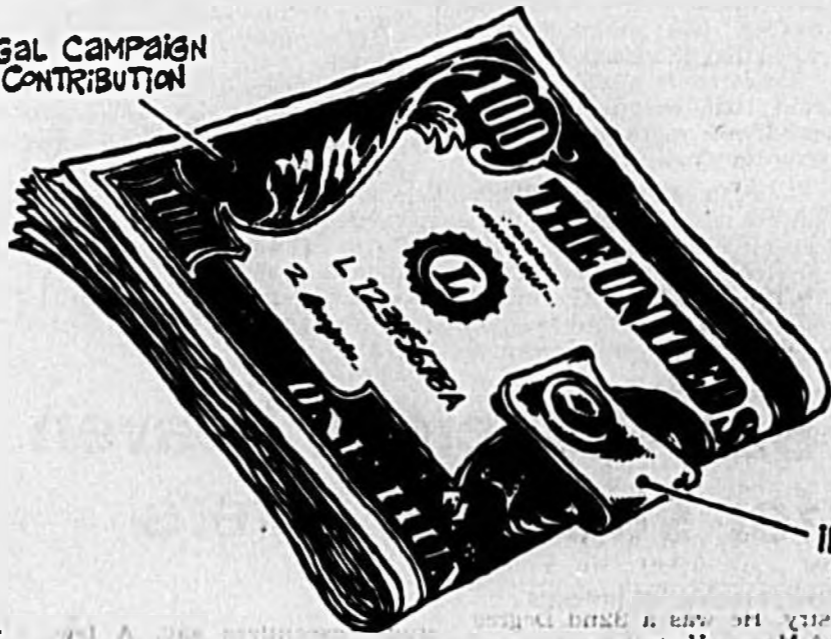
This November, Penn experienced what appeared to be a seizure, panting steadily, unable to lie down. The vet detected a heart murmur and asked to keep him overnight. The next day, we learned Penn had been hooked up to an electrocardiograph and the signals sent by telephone to a group of pet cardiac specialists in New York.

While he was hospitalized, the doctor also noticed Penn's lymph nodes were swollen. He took a sample of the fluid in them and a few days ago he called with bad news. Penn has lymphosarcoma, cancer of the lymphatic tissue. He has perhaps three months to live, and then his appetite will fall and he will weaken. We could try chemotherapy, but the vet says that with the other problems he has, it is probably best to let nature take its course. We will love him as long as we can. If he begins to hurt, we will have a terrible decision to make.

As I write these words, I know there are millions of people suffering all over the world and I will pray for them this holiday season. But I am sure you will understand that my special Christmas prayer this year will be for the Little Guy.

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ELLEN GOODMAN

Masterpiece Theater Syndrome

BOSTON—Forgive me if I sound a bit odd this morning. I'm suffering from what might be called Masterpiece Theater Syndrome, though this masterpiece was on the large screen.

The syndrome—identified by the number of times one refers to oneself as one—was brought on by watching "Sense and Sensibility" the latest travelogue through the 19th-century landscape and mindspace of Jane Austen.

Mias Austen is everywhere these days. Her "Emma" was recently morphed into "Clueless." Her "Persuasion" continues to make its lush appearance in cinema art houses. And "Pride and Prejudice" is being readied for television.

"Sense and Sensibility," the most recent and delicious of the revivals, is based on an early novel about two sisters who start out on opposite ends of the emotional spectrum. Marianne, the younger: "To love is to burn."

Elinor, the elder: "I do not attempt to deny I think very highly of him."

The movie comes, not surprisingly with the rating "PG," or as one newspaper graded it: "completely unobjectionable." That is the sort of faint praise that would make one rise from one's grave if one were Jane Austen (and one were hopelessly afflicted with Masterpiece Theater syndrome.)

But it leads this happy viewer to wonder why an 1811 novel about the pursuit of two marriages and one golden mean is playing to large audiences. What is Austen's early 19th-century appeal to the late 20th century?

Few of us are nostalgic for an era when daughters could neither inherit their father's fortunes nor earn their own, when women were "fallen" rather easily and couldn't pick themselves up. Courting and marriage were higher-risk events than bungee-jumping and junk bond-buying.

Nor is Austen a likely candidate for cineplexes strewn with blown-up body parts. This not pulp fiction. The only special effect is the radiant England-forever glow applied to the landscape.

But I suspect that what makes the characters appealing and exotic to us is that they are so full of restraints and/or constraints. No matter how besotted—there one goes again—by love, there are conventions observed.

They manage to find love in a culture that limits communication to talk of the weather and the roads. A culture in which people are taught to be impersonal.

In the contemporary love story, by contrast, there is less than a minute between

looking and leaping. Relationships go directly from simmering to boiling to rug burns. People simply tell all and do all and then tell the next person.

The British reserve is now so shattered that the Prince of Wales whispers puerile endearments over a cellular phone and the Princess tells all on the telly. In America people are expected to thank each other for sharing what they don't want to know.

Even Jane Austen has suffered a transatlantic and posthumous invasion of privacy by an American academic who wrote a tortured story for the London Review of Books suggesting that she had "homosexual tendencies." This was matched only by an academic paper on "Jane Austen and the Masturbating Girl."

So maybe, just maybe what the Austen revival points to is a renewed passion for restraint, an unfulfilled yearning to experience yearning, and a desire that people keep their hearts' desires to themselves.

Austen may make the old-fashioned fashionable again. After all, in real life, Emma Thompson, the actress who wrote the screenplay and stars as the sensible sister, now refuses to respond to reporters' questions about her personal life.

Exhibiting a modest case of M.T.S., she says, "... I wouldn't dream of asking you questions about your personal life because I think that would be rude. I don't know you well enough. If you were my friend, I would say, 'I hear you've been having a bit of a hard time. Are you OK?'"

"But to be asked in a public situation to a kind of a politeness. It's like amorality. Perfectly normal, well-brought-up people will suddenly behave as though they've never heard of the word 'good manners' or 'courtesy.'"

Good manners. Courtesy. Hang around Austen long enough and one picks up the accent. Funny how the quaint sounds fresh. Sense and sensibility, the power of yearning, the value of restraint and good humor. And oh yes, the 19th-century's Austen offers our open society one thing in meager supply: a happy ending.



Mias Austen is everywhere these days.

JACK ANDERSON

Young Cuomo and D'Amato

WASHINGTON -- Soon after Henry Cisneros was sworn in as secretary of Housing and Urban Development, he was paid a courtesy call by Sen. Alfonse D'Amato, R-N.Y., who offered some unolicited political advice about Cisneros' new top deputy.

Beware of Assistant Secretary Andrew Cuomo -- he has that lean and hungry look, and could overshadow his boss.

It may turn out, however, that Cuomo actually has an appetite for D'Amato's Senate seat instead of Cisneros' job.

In fact, some HUD insiders now believe D'Amato was more concerned about preventing Cuomo from using his new job at HUD as a launching pad for a Senate race than watching out for Cisneros. As the son of former New York Gov. Mario Cuomo continues to drop tantalizing hints that he may try to dethrone D'Amato in 1996, it's clear that the opening shot of the race may have been fired three years ago.

"(D'Amato) warned him," said one source present at the 1993 meeting with Cisneros. "He said, 'What are you doing? You're coming in here to change things. ... Why are you bringing this guy in. (Cuomo is) not going to help you.'"

According to this source, Cisneros kept his own counsel, but implicitly distanced himself from Cuomo by saying his hands were tied by White House officials. One source close to Cuomo disputes this account, arguing that Cisneros and Cuomo forged a close working relationship during the presidential transition, when Cuomo was in charge of housing issues and was regularly debriefing Cisneros.

"I think D'Amato was telling (Cisneros) that for D'Amato's sake," said one HUD insider who accuses D'Amato of Machiavellian motives. "I can see where D'Amato's concern has gotten worse over time."

Despite their good working relationship, Cisneros has been annoyed by Cuomo's ability to parlay a traditionally low-profile post into something approaching bureaucratic celebrity -- due in part to his famous surname. HUD sources say Cisneros closely scrutinizes the newspaper clip sheets to see whether he's getting more attention than his rising deputy.

Some New York Democrats have been dismayed by Cuomo's penchant for unveiling various projects in the state and giving what they regard as short shrift to both Cisneros and President Clinton in his remarks.

According to these sources, even Clinton has unwittingly helped fuel the cult of Cuomo: During a White House reception earlier this year for New York Democrats, for example, several attendees could not fathom why the president spent so much time lavishing praise on young Cuomo, to the apparent exclusion of the Cisneros.

To the extent that he gets more headlines than his boss, Cuomo says it's beyond his control because the media tends to focus on his famous father instead of the issues. "I am more of a public figure in New York because of my last name," Cuomo says. "The Cuomo name resonates more there than in other areas, but there's nothing I can do about that."

Cuomo told us he is keeping all his political options open, and has even talked to some intimates about running for mayor of New York City -- which may smack of ingratitude to incumbent Mayor Rudy Giuliani. When Andrew's father was fighting for re-election in 1994, the Republican Giuliani provided a big boost on the eve of the election by endorsing Cuomo over GOP challenger George Pataki.



It may turn out, however, that Cuomo actually has an appetite for D'Amato's Senate seat instead of Cisneros' job.

Recycling

Continued from Page 1A
and civic leaders from Thailand.
"We have about 45 years of life left in our landfill," said Andrew Cardona of Seminole County Solid Waste Department. "It has been well managed and well-maintained. The engineers were very interested in what we've done."
The group came to the United States to get an idea of how solid waste facilities operate in this country.
In Thailand, there is a great shortage of landfill space. The few facilities they have are nearly filled to capacity and time is running short for those that still have space available.
The visitors who came to Seminole County were looking for ideas on how to help alleviate the shortage of landfill space in their small nation. Space there is "very precious," Cardona said.
The Seminole County landfill was opened in 1970. It was built, by luck more than by design, Cardona admits, on a clay liner which protects the underground water, a factor which is very important in both Florida and Thailand.
They were also very interested in Seminole County's successful recycling programs. Cardona said.
"We had about a 34 percent (participation) recycling effort last fiscal year," he said. "We are

doing a great deal to minimize the amount of solid waste that goes into our landfill."
According to Cardona, the facilities here were selected as a stop on the nationwide tour by the Thai engineers because of the county's expertise in landfill methodology and for their successes in recycling programs.
Cardona said a tour sponsor representative from Post, Buckley, Schuh and Jernigan advised him that "the Seminole County Solid Waste Division is a prime example of how a government agency can utilize landfill space, keep costs down, yet still provide necessary services to residents."
It took most of a full day to tour the working facilities in Seminole County. The Thai engineers looked carefully and had many questions answered. They took copious notes and took pictures at the facilities.
Seminole County officials promised to assist in any way they could.
Each member of the tour was given gifts of recycled materials including a bag made from recycled 2-liter bottles and t-shirts made from 50 percent recycled materials.
In addition to their visit to Seminole County, the Thai officials visited solid waste facilities in and around the Chicago area.

Sanford

Continued from Page 1A
Miss Sanford in February of 1995, has been active around the Central Florida area promoting Sanford. "She has ridden in parades, sung at various events, and spoken to many different groups about our town," Leyer said. "We like to think that her activities are helping to put Sanford back on the map."
Scheduled to be on hand for this year's Miss Sanford selection are the current Miss Florida, Kristin Ludecke, and the 1994 Miss Florida, Megan Welch. During the evening, Miriam &

Valerie's School of Dance Arts will also be performing.
Leyer has sent out many letters with applications for the sponsorships and advertising for this year's event. He has additional applications available.
All money raised through the sponsorships and advertising in the scholarship pamphlet will be used for the Miss Sanford Pageant and scholarships for the winners.
For additional information and/or applications, contact Leyer at 322-8522.

Streetcar

Continued from Page 3A
cars and the new contingent. San Francisco has the largest operating fleet of historic streetcars in the nation. The 29 vintage trams include a 1928 streetcar from Milan, Italy, one a year older from Japan and a 1923 contribution from Russia.
To top that, San Francisco came up with one built in 1995. The crowd pleaser, however, is a 1934 open "boat car" from Blackpool, England.
The Miami knew it was onto something when it held festivals for the old streetcars in the 1980s and people elbowed each other to get aboard. The old cars are frequently taken out and added to the F-line fleet.
"We got standing ovations, even at midday," said Chip Palmer, who operates one of the FCCs. "At first, we were kind of overwhelmed."
"The ride takes longer than the subway, but I don't mind," said passenger Penny Starna.
"They should bring back all the old cars," said Honora Jackson, 28, a San Francisco

native showing off the city to her brother, Andrew, 17, from a car painted in the colors of Philadelphia circa 1947.
So far, the city has invested \$50 million and seven years in putting down the tracks, locating the conference cars and overhauling them.
Plans call for eventually linking the line to Fisherman's Wharf. But the line has brought so many tourists to the Castro District that some residents of that area feel its essence is under attack.
"The F line is turning another area of the city into a tourist attraction, forcing rents sky high," said one resident, Phil Hogan.
Hogan has banded together with others who share similar concerns. They fear the plans to extend the line to Fisherman's Wharf could result in the Castro being inundated with straight tourists who normally wouldn't have found their way to America's most renowned gay neighborhood.
"That's pure bilge water,"

said Sam Gancsaruk, an F line rider. "If you get more people up here seeing how the gay community lives, you'll have more tolerance."
THOMAS D. DEARNELL
Thomas D. Dearnell, 70, Caudel Road, Orlando, died Monday, Dec. 25, 1995 at Winter Park Memorial Hospital. Born April 9, 1925 in Stonecoal, W.Va., he moved to Central Florida in 1962. He was a supervisor in the mining industry. He was a 32nd Degree F&A Mason. He was a veteran of the U.S. Air Force.
Survivors include wife, Dorothy; sons, John, Marmet, W.Va., Thomas, Daytona Beach Shores; daughters, Linda Carter, Chuluota, Debra Caldwell, Orlando; brother, Bernard, Hamlin, W.Va.; sister, Helen Snow, Orangeburg, S.C.; mother, Marie, Kermitt, W.Va.; two grandchildren.
Baldwin-Fairchild Funeral Home, Oviedo, in charge of arrangements.

Efforts to resolve budget crisis begin again - slowly

By LARRY MARSHALL
Associated Press Writer

WASHINGTON — Their brief holiday break over, congressional leaders and the Clinton administration are slowly reviving talks to end a partial government shutdown and the nation's worst budget crisis.
Congressional and White House aides were meeting today without their bosses, a gradual start for negotiations that should involve top lawmakers and President Clinton on Friday.
The lower-level talks today will do little to alleviate the anxiety of federal workers, whose paychecks will be smaller this week; of tourists, whose plans were changed with the closure of national parks and monuments; and of travelers who desperately need passports.
Rep. Bill Archer, R-Texas, chairman of the House Ways and Means Committee, also tried to turn up the pressure. He said Tuesday the Clinton administration may be violating the Constitution by juggling the books to permit federal borrowing without congressional approval.
When the Senate on Friday left for a holiday recess that in other years would have lasted through much of December, the chamber passed legislation to return 280,000 furloughed

workers to their jobs by declaring them essential.
Sponsored by Majority Leader Bob Dole, the measure, if approved by the House and signed by President Clinton, would last through Feb. 1. However, workers would be paid only after money was approved for their salaries.
The measure's fate was uncertain in the House, where GOP freshmen have promised to continue the partial closure until the White House accepts a seven-year balanced budget plan to their liking.
The House was scheduled to convene early this evening for what was expected to be only a brief session.
Despite the budget impasse, there were a few bright spots. Jim Holley, spokesman for the Department of Veterans Affairs, said 3.3 million benefit checks went out Friday night, just hours after legislation was passed to authorize the payments. "They should arrive on time," he said.
And a once-in-a-lifetime exhibit of Johannes Vermeer paintings at the National Gallery of Art reopens today, using money from a private fund. The Smithsonian's Museum of American History also found enough money to operate this week.
The openings provided little solace to some 780,000 em-

ployees of unfunded federal agencies, who will face holiday bills with truncated paychecks.
The Office of Management and Budget said checks to be issued on Friday or next week — covering Dec. 10-23 — will cover pay only for days worked prior to the Dec. 16 shutdown.
That will affect all workers in the unfunded agencies — the 280,000 on furlough and the 480,000 "excepted" employees who are on the job.
Another 1.2 million federal employees, whose agencies received their full appropriations, will receive full pay.
While the 780,000 workers are expected to be paid when the dispute is resolved, Veterans Affairs Secretary Jesse Brown wrote his employees telling them to "keep the faith" in the meantime.
With full benefits still to be deducted from paychecks, leaving some workers with almost no net pay, Brown said in his letter: "I know this is bad news, coming just after Christmas, when you are already working in a stressful emergency situation, with many of your co-workers furloughed."
The VA has 302,000 workers on duty, the largest force among unfunded agencies, most of them in its 172 medical facilities. Another 34,000 are on furlough.

1995 box office best ever

By JOHN MORRIS
AP Entertainment Writer

LOS ANGELES — A record box-office take. Nearly 1.3 billion North American admissions. Blockbusters such as "Batman Forever" and "Apollo 13."
Doesn't sound like a bad year in Hollywood — but it was.
Despite a projected \$5.2 billion gate, the 1995 film season was actually very disappointing, studio executives say. A few studios — Warner Bros. and

Disney — enjoyed good returns, but profits were scarce and margins slim elsewhere.
This year's movies cost much more to make and distribute than in 1994, and higher ticket prices didn't offset flat admissions.
"We're sort of in a tailspin right now, and it's getting worse," said Tom Sherak, senior vice president of 20th Century Fox. "The profit margins at the studios have become unbearable."
Following the Christmas weekend, domestic theaters had sold about \$5.15 billion in tickets, Daily Variety reported. In 1994 at the same point, moviegoers had spent \$5.11 billion.
The weekend's top-grossing film was the newly released "Waiting to Exhale," which earned \$14.1 million. Following it were: "Toy Story," \$12.1 million; "Jumanji," \$10.6 million; "Grumpier Old Men," \$7.8 million; and "Heat," \$7.5 million.
Even though 1995 will probably be Hollywood's biggest ever — topping the 1994 mark of \$5.2 billion as calculated by Variety — it did not come cheaply.
The 1995 increase — a meager 0.8 percent — hardly covered higher production costs.
Thanks mostly to skyrocketing star salaries (top actors now earn \$20 million per movie) and fancier special effects, Hollywood spent an estimated 15 percent more this year bringing movies to the screen. The average studio film cost more than \$50 million to produce and distribute.
Just to break even, the films now have to make \$100 million, since the studios typically receive half of all sales. Ten 1994 releases reached that mark; only seven soared that high in 1995.
Even the 1995 blockbusters were weak when compared with last year.
This year's top two movies were "Batman Forever" (\$184 million) and "Apollo 13" (\$172 million). The top two of 1994 — "Forrest Gump" and "The Lion King" — each made more than \$300 million.
On the independent film scene, there were few breakout hits in 1995.

Brandy

Continued from Page 1A

and he and his brothers have been raised by their grandmother, Ernestine Williams.
The grandmother, 47, had been a farm laborer until she was confined to a wheelchair by a stroke five years ago. Money is scarce in the Williams household. The utilities were shut off two months ago after months of non-payment.
Williams and his brother have tried to earn money by selling items door-to-door for Teens Against Drugs and Alcohol.
Smith said he wanted to be sure that Williams knew that he was appreciated for saving the child's life.
"It was no big deal," Williams said. "I just did what needed to be done."

Derby

Continued from Page 1A

Kirby had originally planned to limit the races to 16 entrants for each of the classes, but when more entries came in, the number was relaxed.
There is no charge for admission to Derby Park for today's special kids races as well as the competition races tomorrow and Friday. Parking areas are also being made available for people in recreational vehicles, although there are no connections for utilities.
Persons entered in this weekend's races will be competing for points with which to qualify for the National Soap Box Derby races in Akron, Ohio, to be held during this coming year.
Sanford's Derby Park is located south of the Seminole Towne Center mall, off Towne Center Boulevard and Rinehart Road. Signs indicating the entrance to the park have been put in place.

GAINES
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FREDERICK F. GAINES, JR., FUNERAL DIRECTOR & WILLIAM M. WALL, JR.
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Caring
Caring people with the highest standards of services is what you expect and what you get at
Brisson Funeral Home
OFFERING AFFORDABLE PREARRANGEMENTS
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DORA MAE HARRILL
Dora Mae Harrill, 93, Upsala Road, Sanford, died Tuesday, Dec. 26, 1995 at Central Florida Regional Hospital. Born Sept. 30, 1902 in Sanford she was a lifelong resident. She was a homemaker. She was a member of Lake Monroe Baptist Church.
Survivors include daughter, Joyce Appleby, Sanford; nine grandchildren; 24 great-grandchildren; eight great-great-grandchildren.
Baldwin-Fairchild-Oaklawn Park Cemetery and Funeral Home, Lake Mary, in charge of arrangements.


ELDIS BEATRICE MacDOUGALL
Eldis Beatrice MacDougall, 90, E. Second Street, Sanford, died Tuesday, Dec. 26, 1995 at Lakeview Nursing Center, Sanford. Born Feb. 13, 1905 in London, she moved to Central Florida in 1969. She was a radio station manager.
Survivors include son, Robert Oakley, Sanford.
Orlando Direct Cremation Service, in charge of arrangements.

FUNERALS
MARSHALL OSBORN
Funeral services for Mrs. Dora Mae Harrill, age 93, of Sanford, who passed away Tuesday, Dec. 26, 1995, will be held at 1 p.m., at the Oaklawn Park Chapel of the Baldwin-Fairchild Funeral Home with Rev. Charles Suggarty and Rev. Bobby Bruce officiating. Interment will follow at Oaklawn Park Cemetery, Lake Mary. Visitation for friends will be held Thursday from 2-4 and 6-8 p.m. at the funeral home.
Arrangements by Baldwin-Fairchild Funeral Home, Oaklawn Park Chapel, 288 CR-6A, Sanford/Lake Mary.

In Loving Memory of My Mother
Mrs. Amanda Gibson Tucker
Oct. 23, 1908—Dec. 27, 1995
We never worry about tomorrow—
For we have seen yesterday.
Help us live for today.
Survor—Loving Daughter,
Zaneta and Granddaughter, Sonny

LOSE UP TO 10 LBS. IN 3 DAYS
All Natural T-LITE™ with Chromium Piccolinate
K PHARMACY
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Make This Holiday Special For You And Your Loved One
RESPIRE CARE
(Overnight to 16 Days)
• Perfect for holiday shopping or out-of-town trips
• Special activities planned to enhance the spirit of the season
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NURSING CENTER
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TIRED OF THEME PARKS!
Bring Your Holiday Guests And See The Real Florida Naturally...
St. Johns River
Cruises & Tours
Also, allow time to dine at Gateway Landing...
SPECIALTIES:
FRESH CATFISH, GATOR, BLACKENED GROUPER & BBQ BURGERS
Serving Hours:
TU-THUR: 11 am - 7 pm
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Closed Monday
4886 PENNSULA POINT
(At the Osceola Bridge)
(407) 330-1612



Happy New Year!

Extra Low Prices & More



Prices in this ad good Wed., Dec. 27 thru Tues., Jan. 2, 1996. We Reserve The Right To Limit Quantities.

Fresh
Collard Greens

29¢
Lb.

Fresh
Blackeye Peas

59¢
8 Oz. Pkg.

3 Lb. Bag
Yellow Onions **79**¢

2 Lb. Bag
Seedless Spanish Clementines **\$2.99**

Bunch - Tasty
Green Onions **3/\$1**

Extra Lean
Beef Cube Steak

Value Pack
3 Lbs.
Or More

\$1.69
Lb.

Fresh Lean Pork
Whole Boston Butts

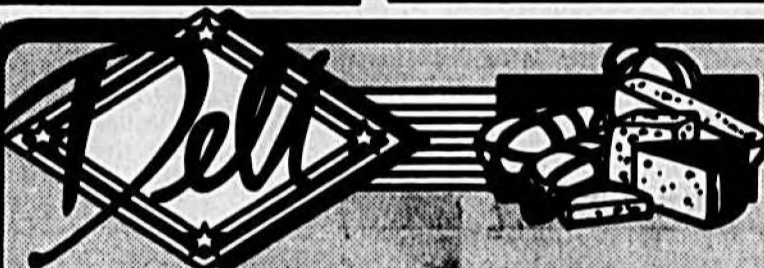
99¢
Lb.

100% Pure
Ground Beef Patties

\$1.29
Lb.

Fresh Lean Whole
Boneless Pork Loins

5-7 Lbs. Average
\$2.69
Lb.



Roast Beef & 4x4 Swiss Cheese
\$3.99
Lb.

Regularly \$4.99 Per Lb.

Visit Our Convenient Deli/Bakery For All Of Your Holiday Needs!

Coconut Or Confetti
Cake **\$4.99** Ea.
Reg. \$6.99

Roasted Hot & Spicy
Wings **\$2.49** Doz

Starting At...
Party Platters **\$12.99**
See Deli Clerk For Details

89¢
2 Liter
Coke Classic
Diet Coke, Caf. Free Diet Coke, Sprite, Diet Sprite

12-12 Cans Coke Classic, Sprite, Diet Sprite, Diet Coke, C.F. Diet Coke **\$2.79**



4 Pack - White Hypoallergenic
Cottonelle Bath Tissue



99¢
Regularly \$1.39

50 Oz. Regular/Free/With Bleach
Wisk Ultra Liquid



\$2.99
Regularly \$3.99

16 Oz. Wheat/12 Oz. Rice Or Corn
CheX Cereals
\$1.99
Regularly \$3.89



Sugar-Free With Marshmallows/
Diet/Fat-Free
Swiss Miss Hot Cocoa
\$1.99
Regularly \$2.15



10 Oz. Lasagna Florentine/
7.5 Oz. Honey Mustard Chicken
Weight Watchers Smart Ones Entrees
99¢
Regularly 2/\$3



7.25 Oz. - Food Lion
Macaroni & Cheese
3/99¢
Everyday Low Price!



Save Even More With These
MVP Items

Smoked Turkey Ham, Smoked Turkey Breast, Oven Roasted Turkey Breast, Turkey Pot Roast
Mr. Turkey Meats
\$1.27
8 Oz.

MVP Price With \$50 Purchase

12 Oz. Velveta Shells & Cheese
\$1.35

MVP Price With \$50 Purchase

250 Ct. Assorted Puff Ultra Family Facial Tissues
\$1.35

MVP Price With \$50 Purchase

64 Oz. Tropicana Premium Orange Juice
\$1.91

MVP Price With \$50 Purchase

8 Oz. Folger's Instant Coffee
\$2.87

MVP Price With \$50 Purchase

Sports

B

IN BRIEF

AROUND THE STATE

Owens' return keys Heat

MIAMI — Billy Owens, in his first night back after missing 10 games with a shoulder bruise, scored a career-high 31 points to lead the Miami Heat over the New Jersey Nets 96-93. Miami won for only the second time in nine games, both victories coming against the Nets. The victory kept Miami from falling to .500 for the first time under first-year coach Pat Riley. Armon Gilliam scored a season-high 29 to lead New Jersey, which has lost six of seven.

Jaguars sign three

JACKSONVILLE — The Jacksonville Jaguars said Tuesday that they signed three players, including defensive end Ernie Logan to an extension of his contract. Logan, 27, spent the entire 1995 season with the team. He played in 15 games with one start. He tied for second on the team with three sacks and made 16 tackles. The Jaguars also signed Greg Huntington, 25, who was on the roster for the first 11 games of the season before being deactivated. The other player signed was guard Rich Tyiski, 24, who spent the entire season on the Jaguars' practice squad. He joined the team in training camp July 26 after being claimed on waivers from the New England Patriots.

ELSEWHERE

Buddy gone in Arizona

TEMPE, Ariz. — Arizona Cardinals coach Buddy Ryan, whose team wrapped up a miserable 4-12 season with a 37-13 loss to Dallas on Monday night, was fired by owner Bill Bidwill. Ryan, 61, was 12-20 in two years with the Cardinals after going 43-35-1 in five seasons with Philadelphia.

Rhodes NFL's top coach

NEW YORK — The Philadelphia Eagles made Ray Rhodes' first season as an NFL head coach something special, taking him to the playoffs and coach of the year honors. Rhodes, defensive coordinator for Super Bowl champion San Francisco last season, took a disjointed team that lost its final seven games in 1994 and turned it into a 10-6 squad. Rhodes got 24 votes from a media panel in balloting by The Associated Press. He edged Dom Capers of Carolina and Marty Schotzheimer of Kansas City, who had 21 apiece.

Giants fans lose tickets

EAST RUTHERFORD, N.J. — A few unruly New York Giants fans don't have a snowball's chance of getting their season tickets back. The Giants said 75 season-ticket subscriptions will be canceled because of a snowball barrage Saturday during the Giants-San Diego game that left 15 injured and nearly resulted in the first forfeit in NFL history. Fifteen people were arrested and 175 were ejected.

Phillips to start

TEMPE, Ariz. — Lawrence Phillips, the troubled running back who has not started for No. 1 Nebraska in more than three months, will start against No. 2 Florida in the Fiesta Bowl. Phillips, a junior, has not started since Sept. 9 at Michigan State, when he ran for 206 yards and four touchdowns. The next morning, he climbed into a Lincoln apartment and beat former girlfriend Kate McEwen. Phillips initially was dismissed by coach Tom Osborne, who later changed the penalty to a six-game suspension. Phillips finished with 547 yards and nine touchdowns on 71 carries.

North Alabama on probation

FLORENCE, Ala. — North Alabama, which just won its third straight Division II championship, will lose the equivalent of 23 scholarships over four years as part of a self-imposed penalty for NCAA rules violations. An in-house investigation found that North Alabama awarded financial aid to a disproportionate number of athletes from 1989-92 without counting the grants toward scholarship limits.

Orioles get Wells

BALTIMORE — The Baltimore Orioles cemented their starting rotation by getting David Wells from the Cincinnati Reds for outfielders Curtis Goodwin and Trovin Valdez. Wells, 32, was 16-8 with Detroit and the Reds.

BEST BETS ON TV

COLLEGE FOOTBALL
 8 p.m. — ESPN, Copper Bowl: Air Force vs. Texas Tech., (L)

INTERNATIONAL HOCKEY LEAGUE
 7 p.m. — SUN, Aeros at Solar Bears, (L)

All-County Football

Casey is tabbed county's Player of the Year

By GARY GOATOAN
 Herald Staff Writer

SANFORD — Donnie Casey did it all for the Lake Mary high school varsity football team during the 1995 season. The senior rushed for 696 yards and three touchdowns on 104 carries, caught 13 passes for 163 yards, intercepted two passes, and recovered a fumble. Casey also returned punts and kickoffs, and was part of the kickoff and punt coverage units for the Rams.

Casey, a Seminole Athletic Conference first team and Class 6A all-state third team selection, is also the Sanford Herald's 1995 Player of the Year.

"Donnie is a special athlete and a good leader," said Lake Mary coach Doug Peters. "There are some great players in our conference, but I really feel Donnie is the best all-around player in the county. I'm glad Donnie is getting this attention, because he deserves it."

Peters feels the biggest factors in Casey's success this season were off-season weight gain and running on the Lake Mary track team. The Lake Mary coaching staff Casey's stint on the Rams' track team helped him become a great football player by increasing his overall speed.

Donnie's extreme com-
 See All-County, Page 2B



MR. DO IT ALL

Lake Mary's Donnie Casey (No. 26 top, left) did a little bit of everything this year for the Rams. The senior tailback, receiver, punt returner, kick returner, defensive back, etc., etc., etc. rushed for 696 yards, had 163 yards receiving, recovered a fumble, intercepted a pass, led his team in tackles and capped the year by being named the offensive, defensive and overall Most Valuable Player of the Rotary Bowl as he helped Lake Mary improve for 4-6 in 1994 to 7-4 in 1995.

File Photos

Bisceglia named Coach of the Year

By GARY GOATOAN
 Herald Staff Writer

WINTER PARK — The Lake Howell varsity football team finished 4-6 in 1994, including a 2-6 record in Class 6A, District 4.

Head coach Mike Bisceglia guided the Silver Hawks to a 9-3 record and the Class 6A, District 4 championship in 1995.

The turnaround helped Bisceglia earn the Sanford Herald Seminole County Coach of the Year award and also the 1995 Seminole Athletic Conference Coach of the Year honor in a vote of conference coaches.

"This is very rewarding," Bisceglia said. "This was an unexpected season for us. Everyone said that it was a great ride. We had a special team this year."

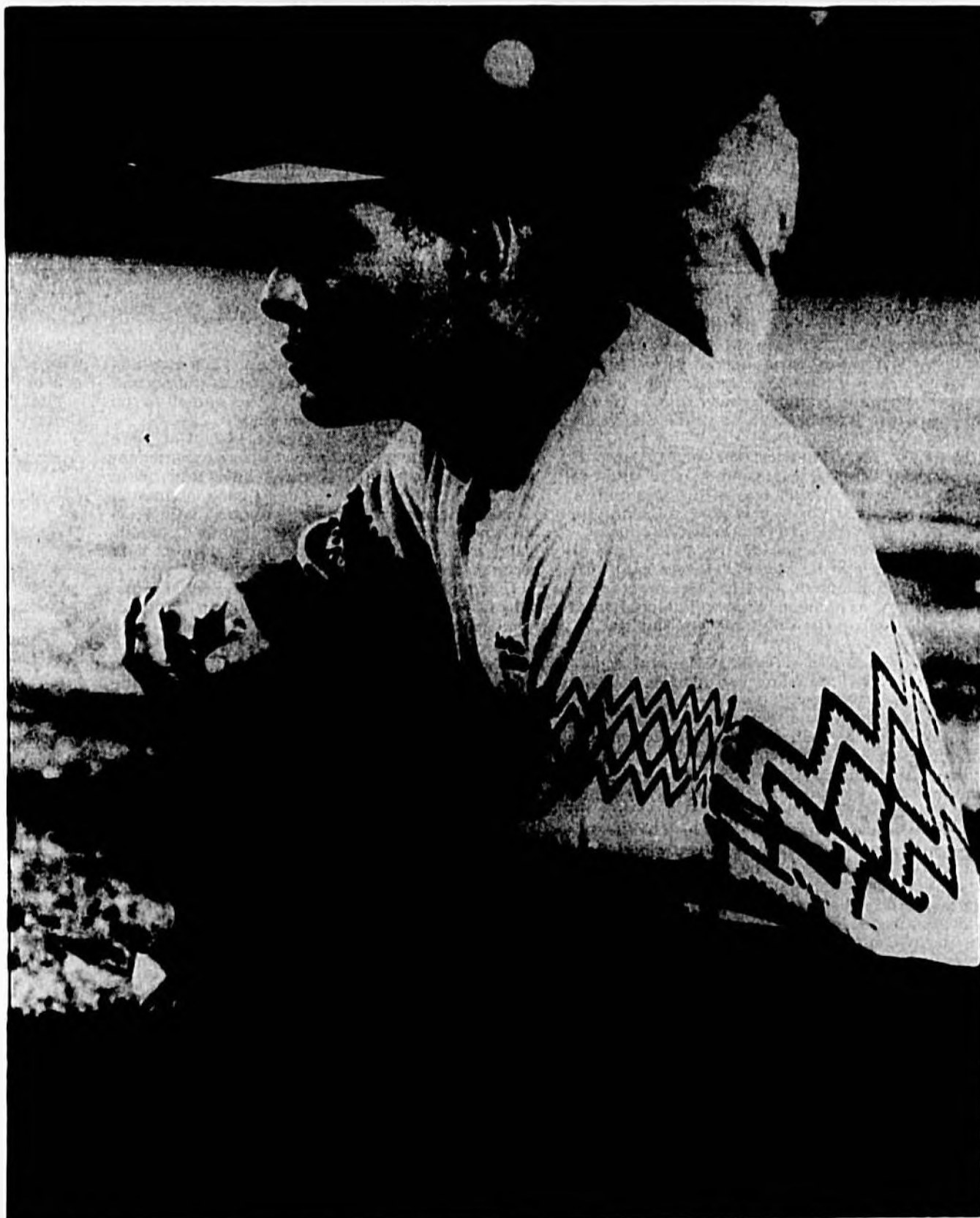
It was truly a remarkable season of the Silver Hawks. Lake Howell suffered a heartbreaking 19-18 loss to Lake Mary in its third district game of the season, and it appeared they would lose again two weeks later against Lake Brantley.

The Silver Hawks were clinging to a slim 25-24 lead late in the game, but Patriots' standout kicker John Berardi had what seemed like a sure 32-yard field goal attempt. Lake Howell defensive back Rick Lieflander, who also played quarterback, broke through the Lake Brantley offensive line to block Berardi's field goal.

"That was the turning point of our season," Bisceglia said. "We practiced our special teams every day in practice. I was hoping we could come up with a block or that Berardi might miss the kick. It was a great victory for us."

Six Silver Hawks were named first team all-SAC, and four more were placed on the second team. Sixteen other Lake Howell players earned honorable mention.

"This year's team had a special chemistry," Bisceglia said. "We
 See Coach, Page 2B



Longtime Lake Howell head coach Mike Bisceglia did probably his best coaching job ever in taking a decent team that went 4-6 in 1994 and turning it into a

9-3 squad that shared the Seminole Athletic Conference title, was the top team in Class 6A-District 4 and won its opening game in the state playoffs this year.

File Photos

STATS & STANDINGS

WHAT'S HAPPENING

Boys' Basketball

□ Lake Howell vs. Evans at Bishop Moore Holiday Classic, 5 p.m.
 □ Oviedo at Rockledge Tournament, TBA
 □ Seminole vs. Palm Beach Gardens in Tiger Hall of Fame Classic at Martin County High School, Stuart, 2 p.m.

Girls' Basketball

□ Lake Howell vs. TBA at Bishop Moore Holiday Classic, 12:30 p.m.

IHL Hockey

□ Houston Aeros at Solar Bears, 7 p.m.

Boys' Soccer

□ Florida Invitational Tournament, At Edgewater High School - Edgewater vs. Lake Howell, noon; Oviedo vs. Lake Mary, 2 p.m.; Boone vs. Lyman, 4 p.m.; Miami-Killian vs. Melbourne, 6 p.m.; At Bishop Moore High School - Seabreeze vs. Lake Brantley, 11 a.m.; Satellite vs. Deltona, 1 p.m.; Winter Park vs. Brandon, 3 p.m.; Bishop Moore vs. Dr. Phillips, 5 p.m.

Team	GP	W	L	T	PTS
San Jose	16	10	3	3	23
Edmonton	16	9	5	2	21
San Diego	16	8	6	2	18
Phoenix	16	7	7	2	16
San Jose	16	6	8	2	14
Edmonton	16	5	9	2	12
San Diego	16	4	10	2	10
Phoenix	16	3	11	2	8
San Jose	16	2	12	2	6
Edmonton	16	1	13	2	4
San Diego	16	0	14	2	2
Phoenix	16	0	15	1	1

Team	GP	W	L	T	PTS
San Jose	16	10	3	3	23
Edmonton	16	9	5	2	21
San Diego	16	8	6	2	18
Phoenix	16	7	7	2	16
San Jose	16	6	8	2	14
Edmonton	16	5	9	2	12
San Diego	16	4	10	2	10
Phoenix	16	3	11	2	8
San Jose	16	2	12	2	6
Edmonton	16	1	13	2	4
San Diego	16	0	14	2	2
Phoenix	16	0	15	1	1

Team	GP	W	L	T	PTS
San Jose	16	10	3	3	23
Edmonton	16	9	5	2	21
San Diego	16	8	6	2	18
Phoenix	16	7	7	2	16
San Jose	16	6	8	2	14
Edmonton	16	5	9	2	12
San Diego	16	4	10	2	10
Phoenix	16	3	11	2	8
San Jose	16	2	12	2	6
Edmonton	16	1	13	2	4
San Diego	16	0	14	2	2
Phoenix	16	0	15	1	1

Team	GP	W	L	T	PTS
San Jose	16	10	3	3	23
Edmonton	16	9	5	2	21
San Diego	16	8	6	2	18
Phoenix	16	7	7	2	16
San Jose	16	6	8	2	14
Edmonton	16	5	9	2	12
San Diego	16	4	10	2	10
Phoenix	16	3	11	2	8
San Jose	16	2	12	2	6
Edmonton	16	1	13	2	4
San Diego	16	0	14	2	2
Phoenix	16	0	15	1	1

Team	GP	W	L	T	PTS
San Jose	16	10	3	3	23
Edmonton	16	9	5	2	21
San Diego	16	8	6	2	18
Phoenix	16	7	7	2	16
San Jose	16	6	8	2	14
Edmonton	16	5	9	2	12
San Diego	16	4	10	2	10
Phoenix	16	3	11	2	8
San Jose	16	2	12	2	6
Edmonton	16	1	13	2	4
San Diego	16	0	14	2	2
Phoenix	16	0	15	1	1

Team	GP	W	L	T	PTS
San Jose	16	10	3	3	23
Edmonton	16	9	5	2	21
San Diego	16	8	6	2	18
Phoenix	16	7	7	2	16
San Jose	16	6	8	2	14
Edmonton	16	5	9	2	12
San Diego	16	4	10	2	10
Phoenix	16	3	11	2	8
San Jose	16	2	12	2	6
Edmonton	16	1	13	2	4
San Diego	16	0	14	2	2
Phoenix	16	0	15	1	1

Team	GP	W	L	T	PTS
San Jose	16	10	3	3	23
Edmonton	16	9	5	2	21
San Diego	16	8	6	2	18
Phoenix	16	7	7	2	16
San Jose	16	6	8	2	14
Edmonton	16	5	9	2	12
San Diego	16	4	10	2	10
Phoenix	16	3	11	2	8
San Jose	16	2	12	2	6
Edmonton	16	1	13	2	4
San Diego	16	0	14	2	2
Phoenix	16	0	15	1	1

All-County

Continued from Page 1B

pettiveness is what makes him excel," Peters said. "He wants to do whatever it takes to win a football game, and he is a leader by example. Donnie was a play maker for us, and he did so many things. He has been a varsity starter for three years, and really learned to play the game last year."

The Lake Mary coaches had to tell Casey to hold back in practice because they were afraid he might accidentally hurt one of his teammates. Peters added that Casey was always looking for the big hit on defense or a touchdown on offense.

"Donnie never came off the field, and he practiced the way he played," Peters said. "He just loved to compete, and he was a great example of how to practice. That will help us down the road because the other players saw the example he set."

Casey, who has a 3.0-plus GPA and scored 1030 on the SAT, is being recruited as a defensive player by Tulane, East Tennessee State, Eastern Kentucky and Tennessee Tech. Peters feels Casey is an excellent player who will start at the collegiate level a lot sooner than people think.

"Donnie is going to be a great collegiate player for someone," Peters said. "I also expect him to do well academically. It will be an adjustment for Donnie to be away from home, but he'll be fine."

Nine players made the all-SAC team from Lake Mary (7-4, 3-2). Running back Reccan Jump, wide receiver Bobby Davidowicz, offensive linemen Andy Staples and Ronal Jump joined Casey as first selections for the Rams. Offensive linemen Danny Johnson, linebacker Brian Pinckney, defensive lineman Kyle Keeler, and defensive back Greg Clayton were Lake Mary's second team selections.

Lake Brantley (8-3, 3-1) placed 11 players on the all-SAC team, including seven on the first team. Quarterback Des Brown, offensive linemen Matt Mazefsky, kicker John Bernard, linebackers Eddie Lee and Brent Standage, defensive linemen Justin Varitek, and defensive back Brian Whitman were first team selections for the Patriots.

Brown was selected to the Class 6A all-state first team as a utility player. Whitman was named to the second team, and Mazefsky was an honorable mention. Defensive lineman Matt Burman, running back Brian Gonzalez, and offensive linemen Daron Herndon and Jason Lipsey were second team selections for Lake Brantley.

Class 6A, District 4 champion Lake Howell (9-3, 3-1), which pulled off a stunning upset of Lake Brantley, placed 10 players on the all-SAC team. Running back Lucious Cooper, tight end Josh McIntosh, offensive linemen David Winters and Rick Leggett, linebacker Jabari Moore, and

Team	GP	W	L	T	PTS
Lake Howell	16	9	5	2	21
Lake Brantley	16	8	6	2	18
Lake Mary	16	7	7	2	16
Lake Howell	16	6	8	2	14
Lake Brantley	16	5	9	2	12
Lake Mary	16	4	10	2	10
Lake Howell	16	3	11	2	8
Lake Brantley	16	2	12	2	6
Lake Mary	16	1	13	2	4
Lake Howell	16	0	14	2	2
Lake Brantley	16	0	15	1	1

The Top Twenty Five Teams in the Associated Press' women's college basketball poll, with first-place votes in parentheses, through Dec. 26. Total points based on 25 points for a first-place vote through one point for a 25th-place vote and half week's rating.

Rank	Team	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	13th	14th	15th	16th	17th	18th	19th	20th
1	Louisville Tech (1)	14	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
2	Cincinnati	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
3	Yale	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
4	Stanford	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
5	North Carolina	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
6	Arizona	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
7	Utah	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
8	Arizona State	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
9	Georgia	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
10	Stanford	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
11	North Carolina	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
12	Arizona	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
13	Utah	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
14	Arizona State	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
15	Georgia	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
16	Stanford	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
17	North Carolina	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
18	Arizona	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
19	Utah	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
20	Arizona State	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1

The Top Twenty Five Teams in the Associated Press' men's college basketball poll, with first-place votes in parentheses, through Dec. 26. Total points based on 25 points for a first-place vote through one point for a 25th-place vote and half week's rating.

Rank	Team	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	13th	14th	15th	16th	17th	18th	19th	20th
1	Louisville Tech (1)	14	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
2	Cincinnati	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
3	Yale	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
4	Stanford	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
5	North Carolina	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
6	Arizona	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
7	Utah	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
8	Arizona State	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
9	Georgia	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
10	Stanford	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
11	North Carolina	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
12	Arizona	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
13	Utah	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
14	Arizona State	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
15	Georgia	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
16	Stanford	1	1	1	1	1															

People

CALENDAR

Rotary meets early

Rotary Club of Lake Mary meets Thursday mornings, 7:30-8:30 a.m. at the Timacuan Country Club, on Rinehart Road. Contact Brian Lee, president, at 323-8128.

Weight Watchers meet on Thursdays

A local chapter of Weight Watchers meets at the Lake Mary Community Building every Thursday from 4:45 to 6:45 p.m.

Omni Toastmasters meet at Heathrow

The Omni Toastmasters Club #6861 will meet at 5:30 p.m. every Thursday at the AAA building, 1000 AAA Drive, Heathrow. Guests and prospective members are welcome. Call Bertram Glick, 323-6089, for more information.

Mothers of Preschoolers meet

Mothers of Preschoolers (MOPS) meets from 9 to 11:30 a.m. the first and third Thursday of each month, at River Oaks Presbyterian Church, Driftwood Village, Lake Mary, for Christian social, crafts, lectures and baby sitting. Open to the community, pre-registration is required. For information, call the church at 330-9103.

Pot luck dinner

Widowed persons are invited to attend a pot luck dinner at 5:30 p.m. every third Thursday of the month at the Caselberry Senior Center, 200 Lake Triplet Drive, Caselberry.

Sanford Historic Trust meets Thursday

The Sanford Historic Trust meets the first Thursday of the month, at 7 p.m., at the Greater Sanford Chamber of Commerce building. For information, call 323-1914.

Amateur Radio Society meets monthly

The Lake Monroe Amateur Radio Society meets every first Thursday, at 7:30 p.m., at the Senior Center, Lake Triplet Drive, Caselberry. For information, call Karl Lambert, 698-8764, or Al Kirk, 322-4487.

University women meet

ALTAMONTE SPRINGS - American Association of University Women meets the first Thursday of each month at 7:30 p.m. at Capistrano Condominium Clubhouse, 300 Maitland Ave., Altamonte Springs. Call Barbara at 889-8688 for more information.

Depressive/Manic Support Group

Depressive/Manic Depressive Support Group meets at 7:30 p.m., the first and third Thursdays, Lakeside Alternatives, 434 W. Kennedy Blvd., Eatonville, and 10:30 a.m., the second Saturday, at the downtown Orlando Public Library, 101 E. Central Blvd. For information, call 381-5070 or 645-4375.

American Legion, Unit meet Thursday

American Legion Post 53 and Unit meet the second Thursday, at 8 p.m., at the post home, 2874 S. Sanford Ave. For information, call 323-1852.

Alzheimer's support group

SANFORD - The Sanford Alzheimer's support group meets every second Thursday of the month, at 7 p.m., at the Renaissance Center, 300 W. Airport Blvd., Sanford. For information, call 323-6650.

Help for child support enforcement

Association for Children for Enforcement of Support, ACES, will meet the third Thursday each month, 7 p.m. at the Seminole County Library, Caselberry branch, S.R. 436 and Oxford Road. Meetings are free. Call 685-1730 or 324-8855 for more information.

Junior Woman's Club meets monthly

The Junior Woman's Club of Sanford Inc. meets the third Thursday, at 7 p.m., at the Woman's Club of Sanford, 309 S. Oak Ave. For information, call Tina Lee, 321-1955 evenings.

Free clinic every Friday

GENEVA - A free clinic to include blood pressure check, blood sugar screening and immunizations will be held every Friday, from 9:00 to 11:30 a.m., at the Geneva Elementary School in the old school building, corner of First and Main Street in Geneva. The clinic is sponsored by the Seminole County Health Department in conjunction with the Seminole County Sheriff's Office and Geneva Elementary School. For information, call 349-9284.

Is weight gain in kids dangerous?

By ED BLONZ, PhD
NEA Service

DEAR DR. BLONZ: I am concerned about the weights of my daughter and son, who are 10 and 7 years of age. I have discussed this with my husband and our family physician, but both tell me that it's a baby fat and "they'll grow out of it." They are much heavier than all their friends and have been so for a number of years. I don't want to see this become a permanent condition. Is there any advice you can offer? — F.S., Detroit

DEAR F.S.: Obesity in children 6 through 11 years of age is reaching epidemic proportions in this country, affecting almost one out of four children. This means more children are setting a course toward heart disease, diabetes, hypertension, cancer and the

other chronic health problems that currently plague the adult generation.

In defense of the comments you've heard thus far, it is normal for children to go through periods where they carry a little extra weight. These tend to precede an impending growth spurt and are not indicative of any long-term problem. But if the weight remains on for months or years, the odds increase that the individual will remain obese.

Only 14 percent of obese infants remain obese as adults, but this number rises to 40 percent for obese 7-year-olds, and 70 percent in obese preteens. What this says is that you have a right to be concerned, and the earlier the situation is confronted, the greater the chance for change.

Although the tendency toward obesity (defined as being at least 20 percent over ideal body weight) is

inherited, genetics is not the sole cause. Genetics, for example, cannot explain the increases in obesity seen over the years. Other factors, such as activity patterns and food choices, are important parts of the picture. It's also likely that television is a major influence.

Not only is TV watching passive by nature, but the TV watcher becomes fair game for attention-grabbing food commercials that use hip language, hot music and high-tech graphics. These spots are designed to sell products, not offer nutrition education.

A study in the Journal of the American Dietetic Association found that about 44 percent of the commercials that saturate Saturday morning television are for foods that have little to offer besides fat and calories. The study found that McDonald's, Burger King and Pizza Hut accounted for 11

percent of the advertisements, and there were no commercials that focused on fruits and vegetables.

It's known that the same factors are responsible for obesity in adults and children. At home, as well as school, good nutrition and the effects of obesity need to be understood and explained. If we bribe children to eat their vegetables or clean their plate, and if sweets or high-fat treats are always looked upon as a reward, foods can soon take on a distorted value.

At school, the importance of good nutrition needs to be restated and reinforced. As most of our children are unable to pass a basic physical fitness test, physical education instructors need to involve all children in activities. Involvement during the school years can be a boon to children's self-confidence and keep them socially involved and physically active.



New officers

The Suburban Republican Women's Club Federated held their holiday dinner recently, and installed the 1996 slate of officers. Shown, left to right, Corresponding Secretary Mary Rott, Assistant Treasurer Stacie Riomera, Treasurer Mariann Lanning, Recording Secretary Marie Kuhns, Second Vice President Patty Warner, First Vice President Virginia Somford, and President Nancy King. The event took place at Sweetwater Country Club in Longwood on Dec. 8.

Safety first before grandma can babysit

DEAR ABBY: My husband and I have been married for nine years, and I have always had a good relationship with my mother-in-law, "Ruth." We have 2-year-old twin boys, and my husband's sister has a little girl who is 4. Ruth is a kind and loving grandmother who would never intentionally do anything to harm her grandchildren. The problem is that she has no common sense and is utterly lacking in basic safety knowledge.

When the twins were barely 3 months old, Ruth and I were shopping at a mall, and I asked her to watch them while I searched for something a couple of aisles away. When I returned, the babies were sleeping in their stroller unattended, and Ruth was nowhere in sight.

We have recently moved much closer to my in-laws, and now the issue of baby-sitting comes up often. Abby, Ruth and her husband take many medications, none of which are locked up or even have safety caps; she leaves pot handles pointing out on the stove, knives on the edge of the counter, and cabinets at child-level crammed with poisonous household cleaners.

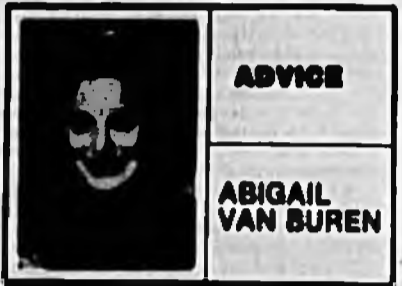
When I purchased electrical outlet safety caps and cabinet latches for their home, Ruth was very offended. My husband, my sister-in-law, and I have voiced our concerns about safety, but Ruth reminds us that she raised two children quite safely without the aid of "nanny gadgets," and that she loves her grandchildren and would never let anything happen to them.

My husband wants to give her a chance, claiming it's not fair to deny her the baby-sitting she loves to do. I'm worried sick. What should I do? S.O.S. (SLEEPLESS OVER SAFETY)

DEAR S.O.S.: Your children's safety should come first. The hazards you pointed out are serious, and Ruth needs to change her ways. Get together with your sister-in-law and make it a family project to educate Ruth on child safety. Check in your Yellow Pages under "Safety" or "First Aid Instruction," or call the local chapter of the Red Cross, YMCA or a community college. There are books and tapes you can buy or rent, and safety professionals who provide in-home instruction on infant CPR, basic first aid and child-proofing a home.

Until you are comfortable that her safety consciousness has been raised, allow Ruth to baby-sit the children in your home only, and visit her when you will be able to keep a close watch on the children.

DEAR READERS: I've discovered a marvelous book for children suffering from chronic or



ADVICE

ABIGAIL VAN BUREN

Life-threatening illness

"The Jester Has Lost His Jingle" was written by David Seltman — an extraordinary 22-year-old Yale graduate who died of Hodgkin's disease. David's family has published his full-color, hardcover, 64-page volume (with an afterword by Maurice Sendak), which conveys David's love for life and laughter.

For Dear Abby readers, 50 percent of the \$65 price will go to Parents Against Cancer (a not-for-profit organization) so "The Jester" can be given to chronically ill children at no cost to them.

To order, send check or money order (no cash, please — U.S. funds only) payable to The David Seltman Fund/Parents Against Cancer, c/o The Jester Co. Inc. (Dept. A), P.O. Box 817, Palos Verdes, Calif. 90274. For more information, call 1-800-8-JESTER.

Separating the peanut butters

Until recently, one peanut butter was pretty much like another, nutritionally. Whether creamy or crunchy, from a supermarket or a health food store, with or without added sugar, a three-tablespoon serving typically contained about 24 grams of fat and 285 calories.

But last year, the three leading manufacturers introduced Jif Reduced Fat, Skippy Reduced Fat, and Peter Pan Smart Choice. By cutting about a third of the peanuts and substituting soy protein and corn syrup solids or maltodextrin, they created a product with about 25 to 30 percent less fat per serving — and the same 285 calories.

The reduction in fat alone offers little reason to switch to a new peanut butter. It's better to skip on fat and calories by spreading a little less of a normal-fat peanut butter. But even if you stay with a regular, full-fat product, peanut butter is a fairly nutritious choice. Combined with bread, it delivers a lot of protein, fiber and vitamins.

The peanut is not a nut but a legume; unroasted, it tastes something like a lima bean. Roasting brings out its sweetness and nuttiness. An excellent peanut butter has a distinct, freshly



roasted peanut flavor that is not perceptibly heavy (under-roasted) or burnt (over-roasted). It has some natural sweetness; added salt or sweeteners may enhance the flavor but mustn't dominate it. Depending on the type of peanut butter, the texture may be very smooth to somewhat coarse.

Here are the choices, and how they tasted:

— Creamy and crunchy. Americans buy three times as many jars of creamy peanut butter as they do crunchy. Crunchy peanut butter often had more peanut flavor than creamy.

— Regular. Peanut butter often contains a sweetener such as sugar, molasses or honey, as well as added salt. It also has a small amount of hydrogenated vegetable oil, which smooths its texture and keeps the peanut oil from separating. Although hydrogenated oil is associated with trans-fatty acids, which can raise blood cholesterol levels, testers found no trans-fatty acids in the peanut butters tested.

The best regular products differed mainly in sweetness. Least sweet of all were Simply Jif Creamy, and Creamy and Crunchy Skippy. Sweetest were Skippy Roasted Honey Nut Super Chunk, whose crunchy chunks were coated in sugar, and Kroger Crunchy. — "Natural." This type of peanut butter is little more than ground-up roasted peanuts, with or without added salt. Because it contains no emulsifiers, natural peanut butter separates into a layer of oil and a peanut mass, and has to be blended before it's eaten. Natural peanut butter should be refrigerated after the initial blending to keep it fresh longer and to slow down separation. (Store the jar upside down and let the oil "rise" to the bottom so it's less likely to spill if you have to mix.)

Most of the naturals tasted quite salty, even though they contained no more sodium than the other types. They were less sweet than most regular products, whether creamy or crunchy. And they had a more intense peanut flavor.

— Reduced fat or salt. Ordinary government standards, according to peanut butter must be at least 98 percent peanuts. Salt, natural sweeteners and emulsifiers are optional. The reduced-fat products tested are only about 60 percent peanuts, and they have added vitamins. The U.S. Food and Drug Administration has written to the manufacturers of reduced-fat peanut butter and requested the products be called "reduced fat peanut butter spread."

109 PORTRAIT'S

REGULARLY \$3.95
NOW ONLY!!
\$2.95
PLUS \$1.95 SITTING FEE

- One 10x13
- Three 8x10s
- Four 5x7s
- 20 wallets
- 36 billfolds
- 45 mini-portraits

Wednesday thru Sunday, Dec. 27 - 31
Daily 10:00 AM - 7:00 PM
Sunday 12:00 Noon - 6:00 PM
3883 Orlando Drive, Sanford, FL 32771

WEDNESDAY'S PREVIEW

Time	Channel	Program	Notes
5:00	11	News	
5:30	11	News	
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Legal Notices

NOTICE
RESOLUTION NO. 330
A RESOLUTION OF THE CITY COMMISSION OF THE CITY OF LAKE MARY, FLORIDA, AS THE GOVERNING BODY OF THE LAKE MARY STREET LIGHTING DISTRICT, PURSUANT TO THE PROVISIONS OF §170.01 ET SEQ. FLORIDA STATUTES, ADOPTING AND APPROVING THE ASSESSMENT PLAN FOR THE ANNUAL ASSESSMENT OF CHARGES FOR THE PROVISION OF STREET LIGHTING PURSUANT TO ORDINANCE NO. 544, DIRECTING PREPARATION OF THE PRELIMINARY ASSESSMENT ROLL, ESTABLISHING THE METHOD FOR COLLECTION OF THE ASSESSMENT, PROVIDING FOR NOTICE OF THE MEETING FOR PUBLIC COMMENT ON AND ADOPTION OF THE ASSESSMENT ROLL, ESTABLISHING THE BASIS FOR COMPUTATION OF THE ASSESSMENT, PROVIDING FOR CONFLICTS, SEVERABILITY, AND EFFECTIVE DATE.

NOW THEREFORE, it is hereby resolved by the City Commission of the City of Lake Mary, Florida, acting as the governing board of the City of Lake Mary Street Lighting District, as follows:

1. That annual charges for the operation and maintenance of street lights located within the district, which charges represent the difference between the actual cost of operation and maintenance of said street lights, less the amount duty paid and/or contributed by the City of Lake Mary, Florida, for said operation and maintenance, shall be assessed against each residential lot in the following subdivision, which subdivision comprises the territory located within the City of Lake Mary Street Lighting District:

SUBDIVISIONS:

Manderley Phase I, PB 48, Pages 75-77
2. That the total cost of the assessment is \$1,002,24. Said assessment is levied pursuant to the authority of §§189.041 et seq., Florida Statutes, including but not necessarily limited to §§189.031, §189.041, §189.048, §189.418, §189.419, §189.421, §189.418, Florida Statutes, and Ordinance No. 544 of the City of Lake Mary, Florida, an ordinance creating a municipal service assessment and benefit district.

3. The charges so assessed shall be paid by a monthly assessment, which assessment shall continue from month to month unless amended by action of the governing body, levied upon each residential lot in the subdivision comprising the territory located within the City of Lake Mary Street Lighting District in the amount as duly reflected upon the assessment plats as heretofore identified, which assessments shall be billed monthly by the City of Lake Mary, Florida, to each applicable residential lot and shall be included in the utility bill for water, sewer, water and garbage utility bill, but each charge shall be shown as a separate item on the bill. All street lighting monthly assessments not paid within thirty (30) days after the bill is due, or that are not contested, shall be considered delinquent. In the event such residential lot shall be served with City water or sewer service, the City may cease to serve such premises with those services until all delinquent street lighting fees have been paid.

4. That the City Clerk of the City of Lake Mary, Florida, be and she is hereby directed and ordered to cause a copy of this resolution to be published once a week for a period of two (2) weeks in a newspaper of general circulation and published in Seminole County, Florida.

5. That the Director of Finance for the City of Lake Mary, Florida, be and she is hereby directed and ordered to cause a preliminary assessment roll, which assessment roll shall be completed and which roll shall show the lots and lands assessed and the amount of the further to and the assessment against each lot or parcel of land. Further said assessment roll shall show that the assessment to be paid in monthly payments to the City of Lake Mary Utility Billing Department, until such time the lighting district is discontinued.

6. (a) That said assessment roll shall be prepared and filed with the City Clerk of the City of Lake Mary, Florida, on or before December 29, 1995. That upon receipt of said filing, the City Clerk shall give notice to each person, whose names and lands appear on the assessment roll, that they may appear before the City Commission of the City of Lake Mary, Florida, on February 13, 1996, at the hour of 7:00 P.M. or soon thereafter at the matter to be reached on the agenda, for the purpose of being heard as to the propriety and advisability of the making of said assessment, as to the manner of the payment thereof, and as to the amount thereof to be assessed against each property as indicated in the assessment roll. If hearing impaired (TDD) 1-800-955-8771, or Voice (V) 1-800-955-8770, via Florida Relay Service. (Court Seal)
MAYRANNE MORSE
CLERK OF THE CIRCUIT COURT
By: Ruth King
Deputy Clerk
C. VICTOR BUTLER, JR., P.A.
1218 E. Robinson Street
Orlando, Florida 32801-2194
(407) 898-4600
Publish: December 20, 27, 1995
DEK-129

6. (b) That the assessment rolls for said charges be and the same is hereby revised, approved, and adopted by the City Commission of the City of Lake Mary, Florida, as the governing body of the Lake Mary Street Lighting District, pursuant to the requirements set forth in §§170.01 and §§170.04, Florida Statutes.

7. Governor's All ordinances or resolutions or parts of ordinances or resolutions in conflict herewith are hereby repealed to the extent of any conflict.

8. Effectiveness: If any portion, sentence, phrase, word or portion of this resolution is determined to be invalid, unlawful, or unenforceable, the remainder of this resolution shall remain in full force and effect and shall not be affected by the invalidity, unlawfulness, or unenforceability of any portion, sentence, phrase, word, or portion of this resolution not otherwise determined to be invalid, unlawful, or unenforceable.

9. Effectiveness: This resolution shall take effect immediately upon passage and adoption.

PASSED AND ADOPTED this 21st day of December, A.D. 1995.
CITY OF LAKE MARY, FLORIDA
By: Lewis E. Frazier, Mayor
ATTEST:
By: Carol A. Foster, City Clerk
APPROVED AS TO FORM AND LEGALITY:
By: Donna L. McNeel, Esquire
Publish: December 27, 1995 and January 3, 1996
DEK-176

OFF THE LEASH By W.B. Park



"Stanley will buy anything at those Christmas clearance sales."

Legal Notices

IN THE CIRCUIT COURT IN AND FOR SEMINOLE COUNTY, FLORIDA
CASE NO: 95-2087-CA-14-K
BANKERS TRUST COMPANY, as Trustee under a Pooling and Servicing Agreement dated as of February 1, 1991 among DLJ Mortgage Acceptance Corp., Plaintiff
vs.
FRICION A. LARA (899 Unknown); ENID LARA (899 Unknown); HILDA M. PEÑA (899 083-74-2603); SONIA ALMEVA, a/k/a TENANT VII; TEAY VALLEY HARDWARE BUILDING CO., INC.; and any unknown heirs, devisees, grantees, creditors or other unknown persons or unknown spouses claiming through, and under any of the above named Defendants.

AMENDED NOTICE OF FORECLOSURE SALE
NOTICE is hereby given that the undersigned Clerk of the Circuit Court of Seminole County, Florida, will on the 9th day of January, 1996, at 11:00 o'clock A.M. at the West Front Seminole County Courthouse in Sanford, Florida, offer for sale and sell at public outcry to the highest and best bidder for cash, the following described property situated in Seminole County, Florida:

LOT 8, ORANGE TERRACE, according to the plat thereof, as recorded in Plat Book 18, Page(s) 11, of the Public Records of Seminole County, Florida, pursuant to the Final Judgment entered in a case pending in said Court, the title of which is indicated hereon.

WITNESS my hand and official seal of said Court this 13th day of DECEMBER, 1995.

IN ACCORDANCE WITH THE Americans with Disabilities Act, persons with disabilities need a special accommodation to participate in this proceeding shall contact ADA Coordinator, 301 N. Park Avenue, Suite N301, Sanford, Florida 32771, telephone 407-323-4330 X4227, not later than five (5) days prior to the proceeding. If hearing impaired (TDD) 1-800-955-8771, or Voice (V) 1-800-955-8770, via Florida Relay Service.

UNIT 4, BUILDING "A", AND DECLARATION OF CONDOMINIUM IN THE COMMON ELEMENTS, COACH LIGHT ESTATES, SECTION II, A CONDOMINIUM ACCORDING TO THE DECLARATION OF CONDOMINIUM IN O.R. BOOK 1372, PAGE 1930, PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA.

AND you are required to serve a copy of your written defenses, if any, to the complaint, upon MICHAEL J. GARDICK, ESQUIRE, Stanton & Goodrich, P.A., 218 S. Orange Avenue #1466 Orlando Florida 32801., attorneys for the Plaintiff, within 30 days after the first publication of this notice and file the original with the Clerk of the above-styled Court either before service on Plaintiff's attorney or immediately thereafter, otherwise a default will be entered against you for the relief demanded in the complaint.

DATED on this 18th day of December, 1995.
MAYRANNE MORSE
As Clerk of the Court
By Cecilia V. Ethern
Deputy Clerk

NOTICE
AMERICANS WITH DISABILITIES ACT OF 1990
Admission Order No. 95-27
Persons with a disability who need a special accommodation to participate in this proceeding should contact ADA Coordinator at 301 N. Park Avenue, Suite N301, Sanford, Florida 32771 at least five days prior to the proceeding. Telephone: (407) 323-4330 Ext. 4227; 1-800-955-8771 (TDD), or 1-800-955-8770 (V), via Florida Relay Service.
Publish: December 20, 27, 1995
DEK-128

UNCLAIMED VEHICLE REGISTRATION
88 BUICK 104D347AXP438924
88 CHEVROLET 10C1G32EJ7114830
94 CHEVROLET 20CEC18Z2R1182111
91 CHEVROLET 1011P329M118968
88 CHEVROLET 101J09P9Q1113202
88 CHRYSLER 1CSBAM300091979
84 FORD 3FAR131R1818587
78 FORD F18UC22668
81 HONDA JHMFB788MCO43905
80 PONTIAC 8L37AAP1117265
88 VOLKSWAGON WYWCAD0181GW177803
ALTA MONTANE TOWING, 117 MARKER ST. ALT. BPO. SALE BEGINS AT 10:00 AM. VIEW 1 HOUR PRIOR.
Publish: December 27, 1995
DEK-177

CELEBRITY CIPHER
by Luis Campos
Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another. Today's clue: D reveals C.

'Y'BK HTVDIBKYKH RMK
JKAK SIY VKJKR, T'P
VIYV RI VCVW. - PCATVRI
ACBCVVI.
'CHZORV CYK ILVIOKRR
DMTOHYKA. - NY. VKZVV.

PREVIOUS SOLUTION: "Everybody (in the NBA) is just a pulled ligament from mediocrity." - (Detroit Piston coach) Doug Collins.
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Legal Notices

NOTICE OF FICTITIOUS NAME
Notice is hereby given that we are engaged in business at 434 Scott Avenue, Sanford, FL 32771, Seminole County, Florida, under the Fictitious Name of BECKER/WILSON COMMUNICATIONS, and that we intend to register said name with the Division of Corporation Services, Tallahassee, Florida, in accordance with the provisions of the Fictitious Name Statutes, To-Wit: Section 865.09, Florida Statutes 1991.
Jordan S. Becker
Publish: December 27, 1995
DEK-172

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA
CASE NO: 95-2087-CA-14-K
MORTGAGE INCOME FUND, LTD., a Florida Limited Partnership, Plaintiff,
vs.
ALEJANDRO FERRER AND UNKNOWN SPOUSE; ARGIL ALAN NEAL AND UNKNOWN SPOUSE; ALAN NEAL AND UNKNOWN SPOUSE AND BARNETT RECOVERY CORPORATION, a Florida corporation, Defendant(s).

NOTICE OF ACTION BY PUBLICATION
TO THE FOLLOWING DEFENDANTS WHOSE RESIDENCE IS UNKNOWN:
ARGIL ALAN NEAL AND UNKNOWN SPOUSE
699 FELLOWSHIP DRIVE FERN PARK, FLORIDA 32730
The above-named Defendants are not known to be dead or alive and, if dead, the unknown spouses, heirs, devisees, grantees, assignees, heirs, creditors, trustees, or other claimants, by through under or against said Defendants and all parties having or claiming to have any right title or interest in the property described below.

YOU ARE HEREBY NOTIFIED of the institution of the above-styled foreclosure proceedings by the Plaintiff, MORTGAGE INCOME FUND, LTD. A Florida Limited Partnership upon the filing of a complaint to foreclose a mortgage and for other relief relative to the following described property:
UNIT 4, BUILDING "A", AND DECLARATION OF CONDOMINIUM IN THE COMMON ELEMENTS, COACH LIGHT ESTATES, SECTION II, A CONDOMINIUM ACCORDING TO THE DECLARATION OF CONDOMINIUM IN O.R. BOOK 1372, PAGE 1930, PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA.

AND you are required to serve a copy of your written defenses, if any, to the complaint, upon MICHAEL J. GARDICK, ESQUIRE, Stanton & Goodrich, P.A., 218 S. Orange Avenue #1466 Orlando Florida 32801., attorneys for the Plaintiff, within 30 days after the first publication of this notice and file the original with the Clerk of the above-styled Court either before service on Plaintiff's attorney or immediately thereafter, otherwise a default will be entered against you for the relief demanded in the complaint.

DATED on this 18th day of December, 1995.
MAYRANNE MORSE
As Clerk of the Court
By Cecilia V. Ethern
Deputy Clerk

NOTICE
AMERICANS WITH DISABILITIES ACT OF 1990
Admission Order No. 95-27
Persons with a disability who need a special accommodation to participate in this proceeding should contact ADA Coordinator at 301 N. Park Avenue, Suite N301, Sanford, Florida 32771 at least five days prior to the proceeding. Telephone: (407) 323-4330 Est. 4227; 1-800-955-8771 (TDD), or 1-800-955-8770 (V), via Florida Relay Service.
Publish: December 20, 27, 1995
DEK-128

NOTICE
OF PROCEEDINGS FOR THE WRITING, ABANDONING, DISCONTINUING, AND CLOSING OF RIGHTS-OF-WAY OR DRAINAGE EASEMENTS IN SEMINOLE COUNTY
TO WHOM IT MAY CONCERN:
YOU WILL PLEASE TAKE NOTICE that the Board of Commissioners of Seminole County, Florida at 1:30 pm on the 9th day of January, A.D. 1996 in the Commissioners' Meeting Room of the Seminole County Service Building in Sanford, Florida, will hold a public hearing to consider and determine whether or not the County will vacate, abandon, discontinue, close, renounce and disclaim any right of or drainage easement running through or adjacent to the described property, to-wit:

The Easery 50 feet of the 50' drainage easement over a portion of Lots 209 thru 203 of WOODCREST UNIT FIVE, PB 17, Pages 26-37 being a portion of the 90 foot drainage easement as recorded in ORS 896, Pg. 243 and a portion of the 90 foot drainage easement as recorded in ORS. 705, Page 494, Public Records of Seminole County.

Persons with disabilities needing accommodations to participate in any of these proceedings should contact the Employee Relations Department ADA Coordinator 48 hours in advance of the meeting at 321-1130, extension 7941.
Persons are advised that if they decide to appeal any decisions made at these meetings/hearings, they will need a record of the proceedings and for such purposes, they may need to insure that a verbatim record of the proceedings is made, which includes the testimony and evidence upon which the appeal is based, per section 206.0105, Florida Statutes and PERSONS INTERESTED MAY APPEAR AND BE HEARD AT THE TIME AND PLACE ABOVE DESCRIBED.

A Gift to the AMERICAN CANCER SOCIETY MEMORIAL PROGRAM
goes a long way in cancer control.

Legal Notices

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA
CASE NUMBER: 95-1191-CP
IN RE GUARDIANSHIP OF CRYSTAL LEIGH HERNANDEZ, a minor.
NOTICE OF ACTION
TO: JOSE R. HERNANDEZ
15555 13TH AVENUE
BITHLO, FLORIDA 32835
YOU ARE NOTIFIED that an action for Guardianship has been filed against you and you are required to serve a copy of your written defenses, if any, to it, on Joseph Padawar, Plaintiff's attorney, whose address is 2500 West Lake Mary Blvd., Suite 212A, Lake Mary, Florida 32746 on or before January 24th, 1996, and file the original with the Clerk of this Court either before service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the Petition.

Dated this 14th day of December, 1995.
MAYRANNE MORSE
CIRCUIT COURT, SEMINOLE CO., SANFORD, FL
Clerk of the Court
By: Rosemary Hamilton
Deputy Clerk
Publish: December 20, 27, 1995 and January 3, 10, 1996
DEK-118

NOTICE
Notice is hereby given that I am engaged in business at 116 E. First Street, Sanford, FL 32771, Seminole County, Florida, under the Fictitious Name of ARTS AND ENDS, and that I intend to register said name with the Division of Corporation Services, Tallahassee, Florida, in accordance with the provisions of the Fictitious Name Statutes, To-Wit: Section 865.09, Florida Statutes 1991.
FL Academy for Education Management
Elizabeth H. Ferral
Publish: December 27, 1995
DEK-172

IN THE COUNTY COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA
CASE NO. 95-6190-00-00-U
SEMINOLE COUNTY, ASSOCIATION, INC. Plaintiff,
vs.
THOYOUNG LEE and HONG LEE, husband and wife, Defendant.

NOTICE OF ACTION
MAYLING LEE
15090 Jalan Bulucita
Jalan Kelantan Lama
58200 Kuala Lumpur,
Malaysia
AND
GENERAL POST OFFICE
P.O. BOX 12821 60780
Kuala Lumpur, Malaysia
YOU ARE NOTIFIED THAT an action to foreclose a Claim of Lien on the following property in Seminole County, Florida:
HOMESITE 100 of SEMINOLE WOODS, a Florida, according to that survey of record, recorded in Official Records Book 1741, Page 0855, of the Public Records of Seminole County, Florida; more particularly described as "Lot 'A', 'BEMBIT 'A' HOMESITE 100

UNCLAIMED VEHICLE REGISTRATION (1/18/96)
78 CADILLAC 8D47880189081
93 CHEVROLET 08B25KRP303337
92 CHEVROLET 1GNC18R8H818204
79 CHEVROLET 1H89B8187512
76 CHEVROLET 1D38V8811068
84 CHEVROLET 1G1AP9708L100688
76 CHEVROLET 1D37V8831177
88 CHEVROLET 1G1B824F7190133
83 FORD 1FABP0423DW101002
74 HONDA 8BC9160694
80 HONDA JHMBA3320C088377
89 MERCEDES WDBCA487K4A89088
77 DATSUN HB310200841
80 DATSUN HB31071597
90 OLDSMOBILE 3M7HAD344988
89 PLYMOUTH 1GJCU1147KU08581
86 PLYMOUTH 1P3BM18DJ1118060
88 PONTIAC 1GJJC90377621674
83 TOYOTA 7JTAZ72LSD207061
87 VOLKSWAGON 1WVFAD179HV78252
87 CHEVROLET 1G1TB21C1H124858
HOMEMADE TRAILER NO VIN
MARKER ST. ALT. BPO. SALE BEGINS AT 10:00 AM. VIEW 1 HOUR PRIOR.
Publish: December 27, 1995
DEK-178

NOTICE
OF PROCEEDINGS FOR THE WRITING, ABANDONING, DISCONTINUING, AND CLOSING OF RIGHTS-OF-WAY OR DRAINAGE EASEMENTS IN SEMINOLE COUNTY
TO WHOM IT MAY CONCERN:
YOU WILL PLEASE TAKE NOTICE that the Board of Commissioners of Seminole County, Florida at 1:30 pm on the 9th day of January, A.D. 1996 in the Commissioners' Meeting Room of the Seminole County Service Building in Sanford, Florida, will hold a public hearing to consider and determine whether or not the County will vacate, abandon, discontinue, close, renounce and disclaim any right of or drainage easement running through or adjacent to the described property, to-wit:

The Easery 50 feet of the 50' drainage easement over a portion of Lots 209 thru 203 of WOODCREST UNIT FIVE, PB 17, Pages 26-37 being a portion of the 90 foot drainage easement as recorded in ORS 896, Pg. 243 and a portion of the 90 foot drainage easement as recorded in ORS. 705, Page 494, Public Records of Seminole County.

Persons with disabilities needing accommodations to participate in any of these proceedings should contact the Employee Relations Department ADA Coordinator 48 hours in advance of the meeting at 321-1130, extension 7941.
Persons are advised that if they decide to appeal any decisions made at these meetings/hearings, they will need a record of the proceedings and for such purposes, they may need to insure that a verbatim record of the proceedings is made, which includes the testimony and evidence upon which the appeal is based, per section 206.0105, Florida Statutes and PERSONS INTERESTED MAY APPEAR AND BE HEARD AT THE TIME AND PLACE ABOVE DESCRIBED.

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Publish: December 27, 1995
DEK-178

Legal Notices

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, CIVIL ACTION
CASE NO. 95-1831-CA-14-K
UNIT 9121 STATE OF AMERICA, acting through the Farmers Home Administration, United States Department of Agriculture, Plaintiff,
vs.
VINCLAIR E. MCNEELY and ANNETTE MCNEELY, Husband and Wife, Defendants.

NOTICE IS HEREBY GIVEN that pursuant to a Summary Final Judgment of Foreclosure entered on December 13th, 1995, by the above entitled Court in the above styled cause, the undersigned Clerk of Court or any of his duly authorized deputies, will sell the property situated in Seminole County, Florida, described as: LOT 7, Block C, ROUND LAKE ESTATES, as reserved by Plat Book 14, Page 7, of the Public Records of Seminole County, Florida, at public outcry to the highest and best bidder for cash on January 9th, 1996, at 11:00 A.M., at the West front door of Seminole County Courthouse, 301 N. Park Avenue, of the Seminole County Courthouse, in the City of Sanford, Florida, subject to all ad valorem taxes and assessments for the real property described above.

IN ACCORDANCE WITH THE AMERICANS WITH DISABILITIES ACT, PERSONS WITH DISABILITIES NEEDING A SPECIAL ACCOMMODATION TO PARTICIPATE IN THIS PROCEEDING SHOULD CONTACT COURT ADMINISTRATION AT 301 N. PARK AVENUE, SANFORD, FLORIDA 32771, TELEPHONE (407) 323-4330, NOT LATER THAN SEVEN (7) DAYS PRIOR TO THE PROCEEDING. IF HEARING IMPAIRED (TDD) 1-800-955-8771, OR VOICE (V) 1-800-955-8770, VIA FLORIDA RELAY SERVICE.

MAYRANNE MORSE
Clerk of Circuit Court
Post Office Drawer C
Sanford, FL 32772-0659
By: Ruth King
Deputy Clerk
Frederick J. Murphy, Jr., Esquire
Dunlap & Murphy
Post Office Drawer 30
Barlow, FL 32821
Attorneys for Plaintiff
Publish: December 20, 27, 1995
DEK-125

UNCLAIMED VEHICLE REGISTRATION (1/18/96)
78 CADILLAC 8D47880189081
93 CHEVROLET 08B25KRP303337
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Publish: December 27, 1995
DEK-178

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71—Help Wanted

CASHER
Immediate Part time & full time openings. Cash handling & computer data entry, exp. up to \$4.50/hr. Call 322-7444.

CLERICAL
SANFORD AREA
General office help, good data entry skills, a plus, on-site phones, basic computer knowledge, filing, quick learner. Agent 682-8888

DRIVER FOR PALLET TRUCK
Forklift experience, CDL Class C. Full time. 322-6123

DRIVERS

TRUCK DRIVER
TRAINERS
Needed Now! NO experience necessary. \$18K+. Train locally. 1-800-252-7226

DRIVERS NEEDED Valid Lic. Bus, Stick shift, 14.75/hr. M-F. Sorter/Trailer. 322-1023.

EXP. GLAZIER
Locally owned business. Apply in person. 322-8300 or 322-727-2424.

GENERAL OFFICE
Answer phones, order entry, filing, full time. 322-7287.

71—Help Wanted

HAPPY HOLIDAYS
NEW LOCATION! LOWWOOD 1 STAR TEMPORARY INC. NOPEB. 687-767-0929

IDEAL FOR COLLEGE student to work in child care center with elementary school age children. 9:30 to 4pm Monday to Friday. 322-6446.

IRIGATION INSTALLERS
Full Time, COL Class D. Please call: 322-5123.

JOB & JOB'S JOBS
Recruitment Services—Now Hiring!
(802) 578-0887
EEO/ADA, Never a Fee!

MAINTENANCE
AC cert. required. Competitive wages, call 331-8984 for interview.

"MIDLY MAIDS"
Full Time residential cleaning. M-F, 8.5 Uniform with Train. 322-2927

PACKER/LOADER
PART TIME* FRESH FOODS
Previous warehouse exp. a plus. Bonus & Hazard pay. CDL Part B & Drug test req. Non-smoking plant. Apply:
BICH FOOD PLAN
401 W. 12th, Sanford.

71—Help Wanted

PIANIST
Baptist Church of Winter Springs, Sunday am only. Must be flexible, dependable, read & improvise well. 499-6888 or ask for Tom 322-2787.

PRE CAST CONCRETE
Mfg. Employment Opportunities.
PRE CAST CONCRETE
Workers & Equipment Operators. E.g. QUALITY CONTROL, Tech. Concrete Testing & Inspection of work in process & finished products. PRODUCTION SCHEDULER Computer oriented, planning & scheduling of production activities. RECEPTIONIST Good communication & Written Skills. **GOOD BENEFITS:** Apply: **Seminole Pre Casting** Sanford FL. 687-225-9414

SECURITY OFFICER JOB
Training, Armed & Unarmed. **Beauty & Associates** 686-7088

STOCK PERSON
Needed for Large Green House Receiving incoming merchandise, maintenance & inventory control, must be available some evenings and weekends. Apply in person or call Laurie 322-6286, ext. 224. 4728 W. State Rd. W, Sanford.

TELEMARKETERS
Natural/Low cost, seeking telemarketing pros. Salary + comm. Call 12 3pm. 322-7988

WAREHOUSE
SANFORD AREA
1st & 3rd Shift available immediately! Agent 682-8888

WATSON REALTY, Lake Mary
office is now interviewing for new or experienced real estate associates. Call for a career! Call: 322-2288



103—Houses Unfurnished / Rent

DEBARY, 3 Bdrn. home, fm. rm., big yd., carpet. \$450 mo., \$480 security. 322-3774

HALL REALTY

LEARN ON BUY! 3/2, 2319 Georgia Ave. \$54,999. \$375 month + \$288 sec. 682-8657

OVERLOOKING Waikua River. 3/2, at Kelle's Landing. No pets. 686/mon. 322-4276

SANFORD, Near I-4, 34 Bed room/1 bath. \$488/month. \$228/sec. 322-8216.

SANFORD-GEORGETOWN, 2 Bdrn. duplex, A/C, laundry. \$798/month. 4 dup. 689-8787.

SANFORD 3/1, 1418/458. SANFORD 1/2, 649/498. No pet! Call 321-2988.

SANFORD-LOCH ARBOR, Lake front, 2 bdrn., on 3/4 acre, fenced, double garage, new carpet, fireplace. 5878 sq. Ft. Call PORBIO REALTY 322-6421

141—Homes for Sale

HANDYMAN ALTIMONTE
2 houses, \$29,900 for both. 2/1, carpet, A/C, 109 & 111 Midway St. Owner financing 20% down. 221-8666 or 988-1616

PARK AVE., Home w/Mem's suite, 3/2 hardwood flrs., tipic. \$2,790. 672-2411 Realtor

SANFORD, 3/2, FAMILY room, C/A, renovated. \$1888. Down. 549/mon. 782-2282.

SANFORD, 3/1, CMA, near shopping & schools. \$54,900. Multicore! Realtor 322-7983

SANFORD, \$75k down, \$60k mo. buys RE-DOOR 3 bdrn., lg. lot, realtor/owner. 687-889-3889

SANFORD 1/2 Duplex, 3/1, exc. cond. 2816 Palmelle Ave. \$42,999. 788-1279 or 679-8889.

SANFORD AREA 4/3, PLUS in-law quarter with 3 extra rooms. Ideal for large family. Close to schools & shopping. \$74,900. 687-228-2838

JOHN BRUKA REALTY
John & Cliff Wadsworth
Or Call 504-427-5437.

181—Appliances / Furniture

KIND SIZED WATERBED.
w/bookcase-headboard, \$73.00. After 8pm. 322-0474.

NEW SCRATCH & DENT!
New-Used appliances. Dick's Appliances... 222-7688

ROCK-A-WAY BED, w/m. sltr.
good for extra company, heavy storage. \$45 can deliver 322-8096

TV, COLOR 19", Remote
control. \$75. 222-8746

187—Sporting Goods

BICYCLE, Murray, Ladies, 10
speed, good buy! \$35. 221-0882 after 4pm

SPAHNOY TUB; 3 PERSON
portable w/quick understate light. Color GAZBO. Never used. \$1675. 687-388-0882.

189—Office Supplies / Equipment

REFURBISHED Office Copiers,
all makes & sizes. Save up to 80% from New! Warranty & Free delivery... 687-296-1884

221—Good Things to Eat

JUICY Sweet Potatoes
\$5 bu. 2025 Pinnery, Sanford. Call 322-6868 before coming.

NAVEL ORANGES
Picked from leader
New! \$3.99-322-6867.

223—Miscellaneous

SUBULAR BARS, Easy push
button release! \$6 per sq. ft. Member of Chamber... 322-2168

DISHES, ENCO, Eterna,
autumn meadow, micro. 75 plus pieces. \$189. 322-2886.

SPRINKLER SET, Old Irish
iron Black & Brass. Complete w/land. \$25 firm. 321-8417

GREAT OUTDOOR STORAGE.
Beds, RV, Equip. Fenced & lighted. Call 321-8766

KING SIZED Waterbed w/wood
headboard & cabinets \$199 OBO. Handled on Pinnery OBO. (message) 224-0888

Western
FAST SERVICE

In partnership with M.C.T. to accepting applications for

- 3rd Shift Crew Members
- Data Entry Operators

Western offers competitive salaries, holidays & bonus pay temp to hire positions.

WESTERN CALL TODAY! **682-5800** **MCT**

Ring In The New Year!

FREE RENT!

On 1, 2 & 3 Bedrooms Apartments

Geneva Gardens

1505 W. 25th Street • Sanford
322-2090

Hours: Mon. - Fri. 8:30 - 5:30
Managed By Argenta Garden Property Management with a 12 month lease

E-X-P-A-N-D
Your Living Space
In 1996!

\$300 OFF

3 BDR 1 1/2 BATH TOWNHOME

- Eat-In Kitchen/Corner
- Ceiling Fans
- Fullsize Washer/Dryer Avail.
- Car Wash / Vacuum Areas
- Supervised Kid's Club
- Pool / Playground

324-4334

Mon.-Fri. 9-5
Sat. 10-5
Sun. 12-4

Cedar Creek
APARTMENTS

103—Houses Unfurnished / Rent

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SANFORD 3/1, 1418/458. SANFORD 1/2, 649/498. No pet! Call 321-2988.

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Play it safe with genital warts

DEAR DR. GOTT: Would you please discuss HPV (sexually transmitted warts) and their connection to cervical cancer? If one is infected, does the virus remain in the body indefinitely?

DEAR READER: Genital warts are caused by the human papilloma virus. Ordinarily, the virus is spread by intimate sexual contact and causes unattractive but painless warts on and in the genitals.

Unfortunately, HPV can also cause cervical cancer. Therefore, a woman with this condition must be aggressively treated with either surgery, cautery (burning), laser therapy, or medications, such as podophyllin. The success of the treatment can be monitored by Pap tests and virus cultures.

It's vitally important for the sexual partner(s) of such a woman to be examined and treated, too, because HPV infection can be recurrent and chronic if only she has therapy.

Moreover, genital warts may not be visible on the penis, even though HPV infection is present. Therefore, partners of an HPV-positive woman should be meticulously examined by a urologist, who can — with special testing — detect the slightest degree of infection.

Because HPV affects only the skin, it does not exist deep in the tissues and can, therefore, be eradicated by the methods I mentioned. But, I again emphasize, recurrence is the rule unless all infected partners are also treated.

To give you more information, I am sending you a free copy of my Health Report "Vaginal Infections and Disorders." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2017, Murray Hill Station, New York, NY 10158. Be sure to mention the title.

DEAR DR. GOTT: Is there a good reason why doctors no longer check the carotid arteries when doing a physical exam? I feel the check is important but my doctor doesn't.

DEAR READER: In my experience, most good doctors DO check the pulsations in the carotid arteries. This takes only a second or two. These arteries lie on either side of the trachea (wind pipe) in the neck and can easily be palpated at the same time that the careful physician is feeling the thyroid gland, additional tissue that should be periodically examined.

Obviously, the issue here is frequency. If you are in your 30s and in good health, you do not need to have regular examinations of your carotid arteries. On the other hand, if you're above 50, you need to have your carotids checked whenever you undergo a routine exam.

In addition, the doctor will probably

listen to the arteries with a stethoscope, because slight, age-related blockages in the carotids often produce a "whooshing" sound, called a "bruit." If a blockage is present, it should be monitored with other tests, such as a Doppler ultrasound. As you know, such blockages may contribute to strokes, so — depending on your age — the carotid examination is important and should be considered routine.

DEAR DR. GOTT: I have very ugly spider veins on the outer side of my thighs and would like to know if there is any way to correct them.

DEAR READER: Known as "starburst" veins, these blood vessels in the skin swell due to the aging process. They are harmless but can



MEDICINE

PETER GOTT, M.D.

be unsightly. Plastic surgeons are skilled at removing them, either with laser therapy or cosmetic surgery.

In my experience, starbursts tend to run in families, as do varicose veins, to which they are related. To my knowledge, there is no preventative and no compelling medical reason to have them treated.

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- ACROSS 1 Polar explorer 2 Last mo. 3 Side issues 4 Cupid 5 Edgar Allan — 6 Broody 7 Official records 8 Total 9 One — a time 10 Roped 11 Overweight 12 King — 13 Actor Mince 14 Egg-shaped 15 Dark cherry 16 Autumn pear 17 Alcoholic liquors 18 Labor org. 19 Guide's High note 20 Pleasant 21 Chew 22 Fair 23 — are red 24 Rubber tree 25 Fast plane 26 Boon 27 Stuffer 28 Tennis player 29 Blunt — 30 Start part 31 Dog in Garfield 32 — 33 Wonderful Life 34 Sixth sense (abbr.) 35 Oliver's request 36 Rip 37 Existed 38 Winter vehicle 39 — 40 — 41 — 42 — 43 — 44 — 45 — 46 — 47 — 48 — 49 — 50 — 51 — 52 — 53 — 54 — 55 — 56 — 57 — 58 — 59 — 60 — 61 — 62 — 63 — 64 — 65 — 66 — 67 — 68 — 69 — 70 — 71 — 72 — 73 — 74 — 75 — 76 — 77 — 78 — 79 — 80 — 81 — 82 — 83 — 84 — 85 — 86 — 87 — 88 — 89 — 90 — 91 — 92 — 93 — 94 — 95 — 96 — 97 — 98 — 99 — 100 —

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STUMPED?

Call for Answers 1-800-464-3636 ext. code 100 \$24 per minute

Bridge game information including vulnerable: East-West, Dealer: East, and opening lead: ♠Q

WIN AT BRIDGE

Bridge in the morning

By Phillip Alder. Straight into the deal today. Against five diamonds doubled, West led the club queen. Declarer won in hand with the king and played the diamond king. After winning with the ace, how should East defend?

Flint admitted to thinking that if South had only one club, the contract was sure to fail. But he didn't consider how to defend if South had two clubs. Then, the only chance was to strand declarer in the dummy with a heart switch at trick three. Having no quick hand entry, declarer couldn't immediately draw trumps and run the clubs. He would have to lead a major, but then the defenders could take three tricks: one spade, one heart and one diamond.

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Your Birthday

Thursday, Dec. 28, 1995. Your personal interests may be advanced in the year ahead. Unexpected successes could turn out to be the most substantial.

PIECES (Feb. 28-March 28) When socializing with friends today, let go and enjoy yourself. However, do not spend or eat too much. ARIES (March 21-April 19) If you focus your attention on a practical objective, you could be lucky today. Conversely, if your mind drifts toward frivolous targets, your luck may run out.

usually perceive the moods and needs of others. Today, however, these attributes may not function as well, and you may make some bad judgments. VIRGO (Aug. 23-Sept. 22) Make sure to get receipts or guarantees if you have to do business today with an unfamiliar person or firm. Do not take verbal commitments for granted.

ANNIE



LEONARD STARR



LEONARD STARR

