

Tasty Tomatoes 29¢
Royal Gelatin 5 for \$1
Lux Liquid 99¢
Sweet Peas 3 for \$1
Gala Towels 49¢
Borden's Ice Cream \$1.09
Chunk Style Tuna 49¢

WE'RE STILL WORKING HARDER THAN EVER TO MAKE SHOPPING A PLEASURE.

From the first step in the door, to the last good bye from the cashier, you'll find Publix a place that enjoys serving you. Fresh produce, meats cut to your liking and variety throughout the store, make Publix headquarters for all the good things your family likes.

Publix

Summer Sun Collection STONWARE

Bread/Butter only 59¢
 REG. PRICE 89¢

Covered Sugar \$3.49
 WITH COUPON
 REG. PRICE \$4.49

Streaks \$1.79 lb.

Cream Cheese 2 for 98¢

"Selected Baby Beef" ... Inflation Fighter

Sirloin Steak \$1.11
Round Steak \$1.11
Rib Steak \$1.11
Chuck Roast \$1.11
Pot Roast \$1.11
Tip Roast \$1.11
Short Ribs \$1.11
Beef for Stew \$1.11

Blue Plate Mayonnaise 79¢

Buttermilk Biscuits 5¢

Down Produce Lane

Sweet Potatoes 5¢
Idaho Potatoes 49¢
Pole Beans 39¢
Carrots 2 for 25¢
Zucchini Squash 35¢
Fresh Spinach 3 for 11¢
Pork Apples 3 for 49¢

From Our Meat Dept.

Country Ham \$1.29
Sausage \$1.19
Braunschweiger \$1.19
Sliced Bologna \$1.19
Turkey or Chicken \$1.19
Beef Franks \$1.19
Trot Fillets \$1.19
Smoked Mullet \$1.19

From Our Frozen Food Dept.

Blueberry Waffles \$1.09
White Bread Dough \$1.19
Mammoth \$1.19
Hamburger Pizza \$1.19
Cream Pies \$1.19
Creamed Spinach \$1.19
Fish Fillets \$1.19
Deviled Crab \$1.19

Publix

Sliced Bacon \$1.39

Large Eggs 69¢

50 Green Stamps

The Deli

Flavorful Sliced Roast Beef 69¢
Dutch Loaf 49¢
Cole Slaw 49¢
Cuban Sandwiches 89¢
Onion Rolls 6 for 59¢
Fried Chicken 12"
Dutch Apple Pie 99¢

Prospector's Sourdough Bread

PROSPECTOR'S SOURDOUGH BREAD

Sourdough, or wild yeast, although not of American origin, has become an item steeped in Americana because of its storied association with the early Alaska prospectors. These pioneers were called "sourdoughs" because they carried the sourdough starter pots strapped to their packs so they could bake bread wherever they camped for the night, without worrying about where and how to find yeast for their loaves.

FLORIDA'S BABY BEEF SALE!

SAVE ON STEAKS

Round Sirloin Club \$1.25
T. Bone Steaks \$1.55
Sirloin Tip Steaks \$1.55
Cube Steaks \$1.65
Chuck Roasts 75¢
Round Bone Roasts \$1.05

ARMOUR * VERIBEST PORK

Quarter Loin \$1.35
Chops \$1.85
Loins \$1.95
Pork Steaks \$1.55
Pork Sparoribs \$1.25

ARMOUR * TESTENDER BEEF

EVERY PIECE GUARANTEED TENDER

Chuck Roasts \$1.65
Rump Roasts \$1.65
California Roasts \$1.35
Eye Round Roasts \$1.95
Shoulder Roasts \$1.45

ARMOUR * TESTENDER BEEF

EVERY PIECE GUARANTEED TENDER

Chuck Roasts \$1.65
Rump Roasts \$1.65
California Roasts \$1.35
Eye Round Roasts \$1.95
Shoulder Roasts \$1.45

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Cook Of The Week Likes Making Special Casseroles

(Continued From Page 1-B)

Ingredients and stir well. In a 1 1/2 qt. buttered casserole, layer squash mixture with herb seasoned stuffing mix, beginning with squash and ending with a layer of stuffing mix. Dot with butter. Bake at 350 degrees for 30 minutes.

PRUNE CAKE

1 tsp. nutmeg
 1 cup. raisins
 1 cup. prunes, cooked and cut
 1 tsp. vanilla
 1 cup nuts
 Blend shortening, sugar and eggs. Add sifted dry ingredients alternately with buttermilk. Stir in prunes, nuts and vanilla.

2 cups boiling water
 6 Tbs. lemon juice
 6 Tbs. sugar
 3 egg whites
 3 Tbs. butter
 Mix dry ingredients. Add boiling water. Cook 15 minutes or until thick. Add egg yolks and lemon juice combined. Cook 2 minutes. Add butter.

1 small onion, minced
 1/4 cup flour
 1/4 tsp. celery salt
 1 tsp. salt
 1/4 tsp. pepper
 1/4 cup dry mustard
 2 cups milk
 1 large pkg. sharp cheddar cheese, grated
 3 cups buttered bread crumbs

Cook carrots and drain. Cook onion 3 minutes in butter; stir in flour, salt, mustard and milk. Cook till smooth, add pepper and celery salt. In 2 qt. casserole, layer carrots, pour on sauce. Top with cheese and crumbs. Repeat till all are used. Bake 25 minutes at 350 degrees.

FAIRWAY MARKETS

SHOP WITH THE FRIENDLY FOLKS AT 2670 S. ORLANDO AVE. SANFORD

SAVE UP TO 80% ON ARMOUR * TESTENDER WESTERN BEEF SIRLOIN STEAKS

CENTER CUT ONLY \$1.65 LB.

MORE MEAT FOR LESS MONEY!!

PRICES EFFECTIVE FEB. 18 TO FEB. 25, 1976

FLORIDA'S BEST BEEF BUY

ROUND-UP OF

FLORIDA'S BEST BEEF BUY

FLORIDA'S BABY BEEF SALE!

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WE WELCOME FEDERAL FOOD STAMPS

PRICES GOOD FEB. 19 - 21

W-D BRAND U.S. CHOICE HEAVY WESTERN AGED BEEF

THRIFTY MAID APPLE SAUCE

6 10-oz. CANS \$1

Crackin' Good Sugar Grahams . . . 59¢

KRAFT MAYONNAISE

79¢

32-oz. JAR

Thrifty Maid Elbow Macaroni . . . 4 1-lb. PKGS. \$1.00

ALL GRINDS CHASE & SANBORN COFFEE

1-lb. CAN \$1.09

After Coffee Creamer . . . 79¢

W-D BRAND BONELESS STEAK

U.S. CHOICE

1-lb. \$1.49

Strip Steaks . . . \$2.29

W-D BRAND CHUCK ROAST

U.S. CHOICE

1-lb. \$99¢

Boneless Beef Chuck Sh'd. Roast . . . \$1.59

W-D BRAND WHOLE FRYERS

U.S. CHOICE

1-lb. \$49¢

Fryer Leg or Breast Quarters . . . 69¢

W-D BRAND BEEF PATTIES

3 1-lb. BOX \$1.99

Berry Ann's Macaroni Salad, Potato Salad, Cole Slaw . . . 69¢

Smoked Ham

17 to 22 lb. Avg. Whole or Bun Portion Hickory Shank Pork Hickory Smoked Ham . . . 99¢

Fish Sticks

2 1-lb. BOX \$1.39

Beef, Sliced, SKINLESS, & Devilled Liver . . . 89¢

Chipped Meats

3-oz. PKG. 49¢

My Grade Bull Pork, Regular or All Beef Franks or Knockwurst . . . \$1.29

W-D BRAND SLICED BACON

1-lb. PKG. \$1.29

Hickory Sweet Sliced Bacon 2 . . . \$2.55

THRIFTY MAID TOMATOES

4 16-oz. CANS \$1

Rice . . . 3 1-lb. BAG 79¢

ASTOR FRUIT COCKTAIL

3 16-oz. CANS \$1

Royal Gelatin . . . 5 3-lb. PKGS. \$1.00

LEMON LIME OR ORANGE GATORADE

3 32-oz. BTL. \$1

Crackin' Good Cinnamon Sugar Grahams . . . 59¢

W-D BRAND BONELESS ROAST

U.S. CHOICE

1-lb. \$1.39

Boneless Beef Steer Meat . . . \$1.49

BUY ONE . . . GET ONE FREE ALL STYLES PANTY HOSE

PAIR 79¢

Tylenol

100 CT. PKG. 99¢

Shampoo . . . 16-oz. BTL. 77¢

PEAK TOOTH PASTE

WITH FREE TOOTHBRUSH

7-oz. TUBE 59¢

MONARK CANNED BONELESS HAM

3 1-lb. CAN \$5.99

Hickory Smoked Pork Shoulder Arm Picnics . . . 89¢

ASTOR OIL

1-lb. PKG. \$1.29

48-oz. BTL.

TROPICAL APPLE JELLY

3 1-lb. JAR \$99¢

Deep South Syrup . . . 24-oz. BOTTLE 99¢

WHERE AVAILABLE PINK CHABLIS, SPANADA OR HEARY BURGANDY GALLO WINES

64-oz. BTL. \$1.99

W-D BRAND SLICED BOLOGNA

1-lb. PKG. 99¢

Oscar Mayer Regular, All Beef, or Dinner Franks . . . 99¢

W-D BRAND ALL BEEF FRANKS

1-lb. PKG. \$1.19

Pillsbury Wiener Wrap 4 . . . \$1.00

DIXIE DARLING BREAD

3 20-oz. LVS. \$1

Crackin' Good Old Fashioned Cookies . . . 3 8-oz. PKGS. \$1.00

DIXIE DARLING SEEDED ROLLS

3 10-oz. PKGS. \$1

Dixie Darling Onion Hat Bread . . . 69¢

OLD MILWAUKEE BEER

6 12-oz. CANS \$99¢

OSCEOLA, LAKE, CITRUS, BREVARD, COLLIER AND VOLUSIA

ARROW BATH TISSUE

3 2-ROLL PKGS. \$1

Line Paper Towels . . . 2 20-oz. PKGS. 89¢

ARM & HAMMER DETERGENT

70-oz. PKG. 99¢

Sweetheart Fabric Softener . . . 64-oz. GAL. 99¢

HARVEST FRESH VINE RIPE TOMATOES

3 1-lb. BAG \$99¢

Cherry Tomatoes . . . 1-PINT 39¢

DRESSLER'S STRAWBERRY SHORTCAKE

18-oz. SIZE 99¢

Dressler's Cheese Cake . . . 1-lb. 99¢

SUPERBRAND ALL FLAVORS ICE CREAM

HALF GAL. 79¢

Superbrand Ice Cream Sandwiches or Bars . . . 12 2-oz. PKGS. \$1.19

SUPERBRAND FUDGE BARS OR TWIN POPS

12 1-oz. PKG. 79¢

Superbrand Coffee Creamer . . . 4 16-oz. CTNS. \$1.00

ALL VARIETIES TASTE OF SEA FISH DINNERS

9-oz. 69¢

Frozen Shrimping Potatoes . . . 4 1/2-lb. BAG \$1.19

BIRDS EYE CORN-ON-COB

4 1-PKG. 79¢

ALL VARIETIES MORTON MINI PIES . . . 3 8-oz. PIES 89¢

EGGO WAFFLES

11-oz. PKG. 59¢

Deep South Hamburgers . . . 2 1-lb. PKGS. \$1.00

ASTOR PEAS OR CUT CORN

3 10-oz. PKGS. \$1.00

Napkins . . . 2 1-PKG. \$1.00

MORTON POT PIES

3 8-oz. PIES 89¢

Deep South Fresh Koshers . . . 32-oz. CAN 79¢

THRIFTY MAID TOMATO CATSUP

2 20-oz. BTL. \$1

Deep South Hamburgers . . . 2 1-lb. PKGS. \$1.00

THRIFTY MAID CREAM STYLE WHOLE KERNEL CORN

4 16-oz. CANS \$1

Arrow Napkins . . . 2 1-PKG. \$1.00

THRIFTY MAID PORK & BEANS

2 31-oz. CAN \$1

Deep South Fresh Koshers . . . 32-oz. CAN 79¢

WISK HEAVY DUTY LIQUID DETERGENT

128-oz. BTL. \$4.83

Kal Kan Machine, Btl. O-Bowl, Kitty Show, Btl. O-Liver, Tuna & Liver Cat Food . . . 4 6 1/2-oz. CANS \$1.00

FOLGERS LIQUID DETERGENT

32-oz. BTL. \$1.05

Best Pak 30-Gal. Size Trash Bags . . . 10-CT. PKG. \$1.09

LUX LIQUID DETERGENT

32-oz. BTL. \$1.05

Folgers Coffee . . . 1-lb. CAN \$1.49

PINEBREEZE GRADE "A" EXTRA LARGE EGGS

DOZ. 69¢

Crackin' Good Old Fashioned Cookies . . . 3 8-oz. PKGS. \$1.00

DIXIE DARLING FAMILY BREAD

3 20-oz. LVS. \$1

Crackin' Good Old Fashioned Cookies . . . 3 8-oz. PKGS. \$1.00

DIXIE DARLING SEEDED ROLLS

3 10-oz. PKGS. \$1

Dixie Darling Onion Hat Bread . . . 69¢

NEW STORE HOURS

MONDAY - SATURDAY 9 a.m. - 9 p.m.

SUNDAY 9 a.m. - 6 p.m.

THE FOLLOWING STORES NOW CLOSED SUNDAY

419 E. FIRST ST. - SANFORD 1410 EDGEWATER DR. - ORLANDO
2841 DELANEY ST. - ORLANDO GOLDEN TRIANGLE SHOPPING CENTER
117 SOUTH ROSLINDALE - ORLANDO MT. DORA

HARVEST FRESH PRODUCE

LETTUCE (NO HEAD OVER 39¢) 29¢

APPLES (PICKED AND PACKED BY THE PRODUCE PROD.) 20 FOR \$1.99

ORANGES OR GRAPEFRUIT (PICKED AND PACKED BY THE PRODUCE PROD.) 8 LB. BAG 99¢

CABBAGE (PICKED AND PACKED BY THE PRODUCE PROD.) 10¢

POTATOES (PICKED AND PACKED BY THE PRODUCE PROD.) 10 LB. BAG \$1.49

ROMAINE (PICKED AND PACKED BY THE PRODUCE PROD.) 29¢

ORANGE JUICE (PICKED AND PACKED BY THE PRODUCE PROD.) HALF GAL. 69¢

POTATOES (PICKED AND PACKED BY THE PRODUCE PROD.) 4 LBS. \$1.00

CARROTS (PICKED AND PACKED BY THE PRODUCE PROD.) 2 LB. BAG 29¢

WINN-DIXIE

Quantity Rights Reserved

WE WELCOME FEDERAL FOOD STAMPS

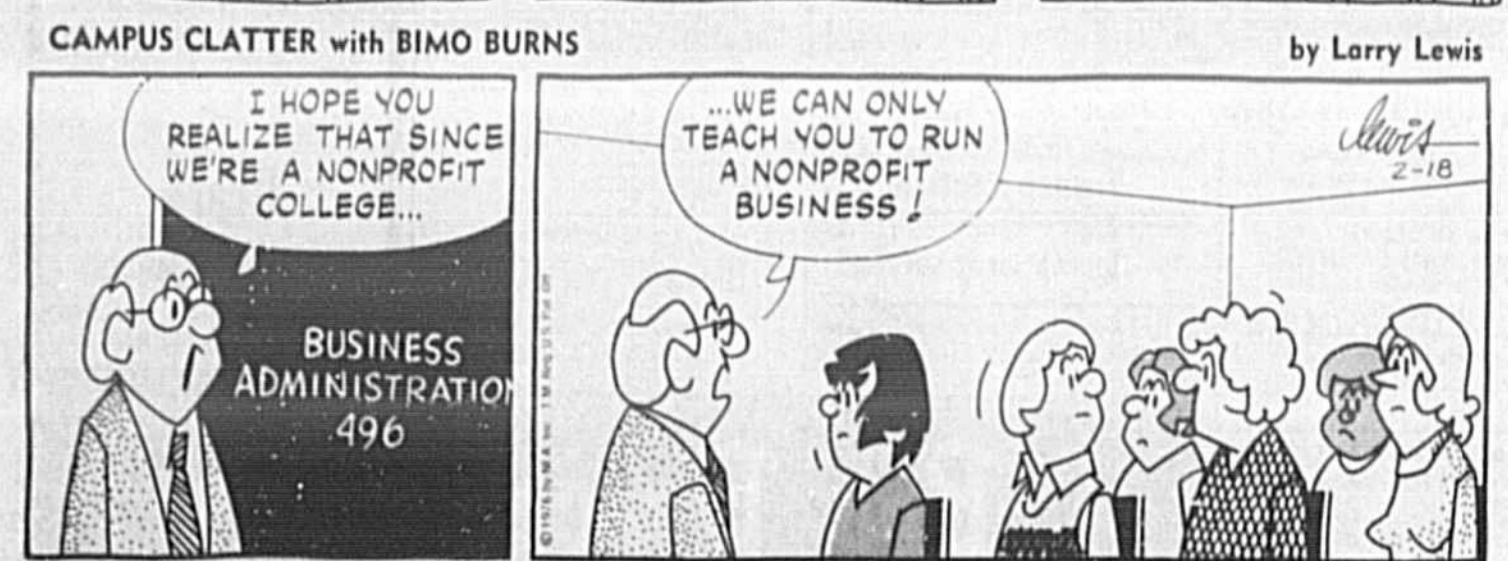
THE BEEF

FRENCH AVE. & 25th ST. SANFORD 419 E. FIRST ST.

PEOPLE

WINN-DIXIE

FRENCH AVE. & 25th ST. SANFORD 419 E. FIRST ST.



SEEK & FIND ROBIN HOOD. A crossword puzzle with clues for words like 'ACROSS 40: Faucet', 'DOWN 1: Small pieces', etc.

Exercise Helps Varicose Veins. Dr. Lamb discusses the benefits of exercise for varicose veins, mentioning that the pressure on the deep veins in the pelvis contributes to the condition.

HOROSCOPE. By Bernice Bede Osol. Horoscope for Thursday, Feb. 19, 1976. Includes sections for Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, Pisces, and your birthday.

WIN AT BRIDGE. By Oswald and James Jacoby. A bridge strategy article discussing the '10th trick' and how to play it.

ASK THE DOCTORS. A medical advice column where Dr. Lamb answers questions from readers about various health issues.

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Evening Herald

68th Year, No. 155—Thursday, February 19, 1976 Sanford, Florida 32711—Price 10 Cents



Salfi: Kimbrough Can't Do It

By ED PRICKETT Herald Staff Writer. Although County Commissioner Harry Kwiatkowski says John Kimbrough is "big, tough and mean," Kimbrough may be up against a problem even tougher than he is.

Lewis Claims Slaying Was In Self Defense

By BOB LLOYD Herald Staff Writer. Lewis said Williams told him, "Don't walk away from me. I'm going to kill you," as he reached between his legs and under the driver's seat.

No Arrest On Sealed Indictment

A Seminole sheriff's spokesman said this morning that an arrest had not been made on a second-degree felony indictment returned late Wednesday by the Seminole County Grand Jury.

Legal Aid Funding Talk Planned After \$5,000 Request Denied

County officials today are setting up a meeting with the county commission Tuesday to discuss the \$5,000 to the Legal Aid Society, which represents the county's indigent population.

Railroad Enthusiasts Seek Home For Old Train

Some Central Florida railroad enthusiasts are looking for a permanent home for their 56-year-old steam locomotive and vintage 1938 Pullman coach, and they hope Sanford will be the site.



GETTING JUMP ON COMPETITION. Who said kids are getting soft? With growing interest in track and field among girls as well as boys in county schools, Precky Downing (left) and Lisa Bennett, sixth graders at Lakeview Middle School, prove their athletic potential as they jump the hurdles during PE class. (Herald Photo by Bill Vincent)