



Seminole Herald

WEEKEND
July 2, 2000
92nd Year, No. 223
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Sanford, FL
Price 75¢

Serving
Sanford, Casselberry,
Lake Mary, Longwood,
Oviedo, Winter Springs
and Seminole County
Since 1908



Weather
Partly Cloudy,
Chance of
Afternoon storm
High: 88
Low: 70
Page 2A



**Beer:30 wins
CO-ED crown**

Page 1B



**Old-fashioned
Ice cream made
in Sanford**

Page 1C

Briefly

Herald holiday issue
Because of the July Fourth holiday, the Seminole Herald will publish its Tuesday edition on Monday, July 3. Subscribers should look for the Tuesday paper Monday afternoon. There will be no paper delivered on Tuesday.

Meeting canceled
The regular meeting of the Longwood City Commission, which would have been held on July 3, has been canceled.

No garbage pick-up
On Independence Day, Tuesday, July 4, there will be no residential garbage or recycling service in unincorporated Seminole County. For those residential customers in unincorporated Seminole County with twice a week (Tuesday/Friday) garbage collection, service will resume on Friday, July 7. For those with once a week (Tuesday) garbage and recycling collection, service will resume on Tuesday, July 11.
Both the Central Transfer Station at 1634 SR-419 in Longwood and the Seminole County Landfill at 1930 Coccola Road in Geneva will be open July 4, from 7:30 a.m. to 5:30 p.m.
For more information, phone Seminole County's Solid Waste Customer Service at 407-665-2260.

Today is ...

Sunday, July 2, 2000
Today is the 184th day of 2000 and the 13th day of summer.

TODAY'S HISTORY: On this day in 1897, 75,000 coal miners went on strike in the United States.
• On this day in 1932, Franklin Delano Roosevelt flew from Albany, N.Y., to Chicago, Ill., to address the Democratic national convention, which had nominated him. He was the first presidential candidate to make an acceptance speech at a nominating convention.
• On this day in 1969, Ralph Nader warned that loud rock music might produce a nation of hearing-impaired people.

TODAY'S BIRTHDAYS: Hermann Hesse (1877-1962), writer; Thurgood Marshall (1908-1993), Supreme Court Justice; Dan Rowan (1922-1987), comedian; Imelda Marcos (1931-), Filipino politician, is 69; Richard Petty (1937-), auto racer, is 63; Cheryl Ladd (1952-), actress, is 48; Jose Canseco (1964-), baseball player, is 36.

TODAY'S QUOTE: "Every time I see something terrible, it's like I see it at age 19. I keep a freshness that way."
Ralph Nader

TODAY'S MOON: Day after new moon (July 1).

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City developing downtown master plan

By Bill Kerna
Staff Writer

Restaurant, entertainment venues and condos envisioned for downtown

SANFORD — New restaurants, entertainment, and condominiums are expected to come to downtown Sanford in the next few years, according to a downtown master plan.

The master plan is expected to be complete within two months. The preliminary plan includes arts and entertainment along Magnolia Avenue, and restaurants and specialty shops along East First Street and Park Avenue. Mayor Larry Dale said developing

night life and entertainment is crucial for plans to redevelop the downtown area.

"I think we need night life here," Dale said. "We're going to get a hotel, and along with that there is going to be a first-class restaurant to take advantage of the lakefront view. We're going to have entertainment, dining, and dinner clubs."

Recreational amenities would be developed along the waterfront on Seminole Boulevard, such as parks and trails. The Central Florida Zoo on US Highway 17-92 is also planning a \$35 million expansion.

The plan calls for taking advantage of Sanford's tree-lined streets, historic

homes, and waterfront.

Other advantages the city plans to take advantage of into access and connections to the Orlando Sanford Airport and Orlando International Airport, the St. Johns River and local freeways, as well as the CSX line and Amtrak Auto train.

Included in a draft downtown master plan is a 400-room hotel and conference center, restaurants, theaters, and a new marina.

A consultant, Herber-Hallback of

See Plan, Page 7A

Local communities plan Independence Day festivities

By Bill Kerna
Staff Writer

Fireworks will echo through the night in Seminole County for the Fourth of July holiday.

Festivities in Altamonte Springs on Monday are expected to draw more than 100,000 people. Then on Tuesday, Sanford, Winter Springs and Geneva will hold July Fourth fireworks displays. Each city's celebration offers a variety of music and festivities prior to the fireworks.

The following is a preview of fireworks displays on Monday

and Tuesday in Seminole County:

• "Red Hot & Boom — 2000" will light up Altamonte Springs on Monday with a 20 minute fireworks show and a concert. Entertainment will include Sonique, Amber, Eiffle 65, Sister Hazel, Voice V, and My Town.

• **Sanford** — 125,000 people participated in the celebration at Crane's Roost Park. The city is predicting a record crowd this year.

North Lake Boulevard and Whooping Loop Drive will be

See Festivities, Page 7A

Traffic light planned at Wicklow Elementary

From Staff Reports

SANFORD — The installation of a traffic signal at the entrance to Wicklow Elementary School will ease concerns about student safety.

A new traffic signal will be installed at the intersection of Airport Boulevard and Placid Lake Drive, which is the entrance to Wicklow Elementary School, in time for the start of the school year in

August.

The traffic on Airport Boulevard makes it difficult for the school traffic as well as the residential traffic to turn onto Airport Boulevard.

Wicklow Elementary, which has 960 students, begins the school day at 8:25 a.m. Classes are dismissed four days out of the week at 3:05 p.m., just as afternoon traffic becomes

See Light, Page 7A

Snow is the driving force behind veterans monument

By Russ White
Staff Writer

SANFORD — Nell Snow's spirited efforts to build a monument to honor Sanford's veterans of war won't go unnoticed on July 4th.

Members of the Sanford Veterans Monument Committee will be accepting donations for the monument during the July 4 town celebration and fireworks event on Tuesday.

Snow, a long time city resident, said she is hopeful that celebrants that day with drop a contribution into the special labeled jars for the monument fund. The committee will have an information display regarding the project.

On Friday, Snow visited the site at Memorial Park (off Park Avenue) which is where the Veterans Memorial will be located. She carried the artist's rendering of the Memorial. The Monument Committee has a



Long-time Sanford resident Nell Snow is leading a drive to build a veterans memorial in downtown Sanford.

number of fund-raising functions.

"We would like to start the project as soon as possible," Snow said. "There are other monuments in the area but none that will specifically honor Sanford's veterans — those who died or were missing in action."

Snow said that the names of Sanford's veterans — men and women — would be engraved on the bricks that lead to the Memorial. Bricks are being sold at \$50. To purchase a brick for a loved one or friend, send a

check of \$50.00 to the City of Sanford for Veteran's Monument.

Application sheets will be available at the information booth. Each sponsor will be able to list whether the honoree is living, deceased, killed in battle and which branch of service.

Dick Harkey, a district representative for Congressman John Mica, was present at the last monument committee meeting and said he would ask Mica if

See Monument, Page 11A

Patriotic Window Displays



Herald photos by Tommy Vincent
Sanford Main Street Inc. held a Fourth of July window decorating contest for merchants in downtown Sanford. The winning window decoration, shown above, was created by Miss Libby's Antiques at 102 E. 1st Street. At right, Main Street Director Walt Padgett presents Libby Ferrell, the store's owner, with the first-place certificate. Pictures of the other winners will be published in Tuesday's Herald.



Hall keeps county's budget on track

By Russ White
Staff Writer

SANFORD — The proposed 2000/2001 Seminole County budget is \$470,454,796. Cindy Hall, the county's fiscal services director, justified the number to the dollar.

She could have done it to the penny.

Most of us have trouble keeping track of lunch money, let alone \$470,454,796. Imagine what Cindy Hall's been doing in preparation of the July budget work sessions by the Board of County Commissioners.

The Department of Fiscal Services was created in 1975 to prepare and administer the county's budget, and to analyze, evaluate and recommend improvements for county operations and programs. Hall's been in charge for five years — as the county's budget soars toward \$500 million a year.

On July 19, 20 and 21, the county commissioners go over Hall's numbers for 2000/2001.

"They'll be some shuffling

here and there, some transferring of funds but the final numbers don't figure to change much," said Hall, who makes sure the figures correspond to the county's needs and to maintain the current millage rate of 7.8721. She's responsible for



Hall

helping keep your taxes from climbing.

Hall, a native on Indianapolis, said she always liked math. As a student at UCF, she was accepted as a summer

intern in the Seminole County budget office.

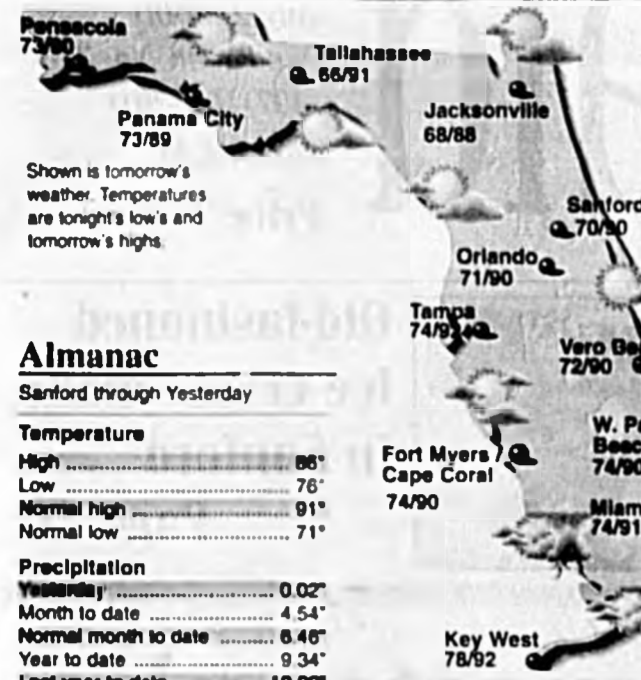
"They had me do a forecasting model for revenues," she recalled. "I'm not sure how beneficial it was for government but it was very helpful to me."

Mention Cindy Hall to any-
See Hall, Page 7A

ACCU WEATHER® FORECAST FOR SEMINOLE COUNTY

AccuWeather.com

Florida Weather



Shown is tomorrow's weather. Temperatures are tonight's lows and tomorrow's highs.

Almanac

Sanford through Yesterday

| | |
|----------------------|--------|
| High | 86° |
| Low | 76° |
| Normal high | 91° |
| Normal low | 71° |
| Precipitation | 0.02" |
| Yesterday | 0.02" |
| Month to date | 4.54" |
| Normal month to date | 6.46" |
| Year to date | 9.34" |
| Last year to date | 19.09" |
| Normal year to date | 21.75" |

Five-Day Forecast for Sanford

| Tonight | Sunday | Monday | Tuesday | Wednesday |
|--------------------------------|---|--|---|--|
| | | | | |
| Clear to partly cloudy. 70° | Sunny to partly cloudy; a p.m. t-storm. 90 72° | Partly sunny; it may p.m. t-storm. 90 72° | Clouds and sunshine; it may p.m. t-storm. 90 72° | Sun, some clouds; a p.m. t-storm possible. 92 74° |

Regional Weather

Florida: Mainly clear tonight north, but some clouds and perhaps a thunderstorm from central Florida on south. More of the same tomorrow.

Georgia: Clear and comfortable tonight. Sunshine for the most part tomorrow; low humidity.

Mississippi: Clear to partly cloudy tonight. Times of clouds and sunshine tomorrow, warm and humid with one or two spots getting a thunderstorm.

Alabama: Clear for the most part tonight. A good deal of sunshine tomorrow with a comfortable afternoon.

South Carolina: Clear and comfortable tonight. Abundant sunshine and pleasant tomorrow with low humidity.

Louisiana: Warm and muggy tonight. Clouds and sunshine tomorrow with a thunderstorm in spots; warm and humid.

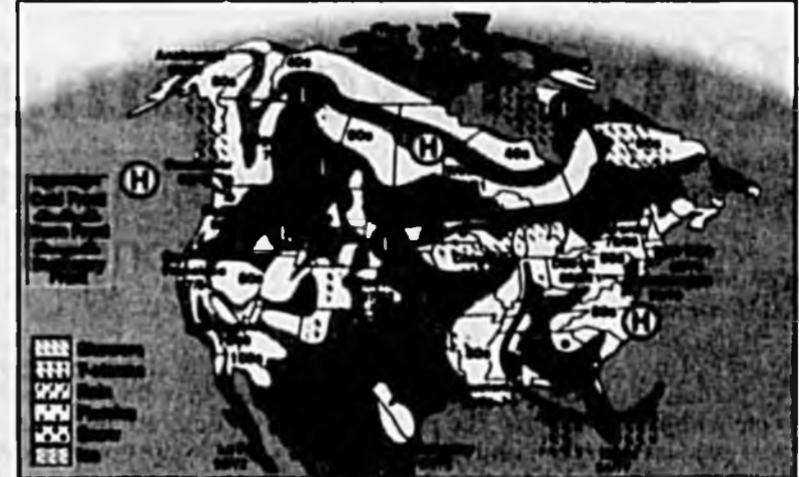
Sun and Moon

| | |
|----------------|-----------|
| Sunset tonight | 6:27 p.m. |
| Sunrise Sunday | 6:31 a.m. |
| Moonrise today | 6:19 a.m. |
| Moonset today | 6:32 p.m. |
| New | July 1 |
| First | July 8 |
| Full | July 16 |
| Last | July 24 |

Tides

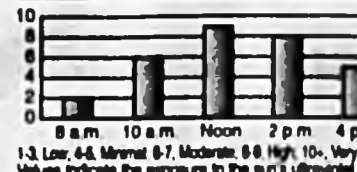
| Tomorrow | |
|-------------|--------------------|
| First Low | 3:03 a.m. -0.2 ft. |
| First High | 9:10 a.m. 4.8 ft. |
| Second Low | 2:08 p.m. -0.5 ft. |
| Second High | 8:40 p.m. 5.8 ft. |
| Monday | |
| First Low | 3:54 a.m. -0.3 ft. |
| First High | 10:07 a.m. 4.7 ft. |
| Second Low | 4:01 p.m. -0.4 ft. |
| Second High | 10:34 p.m. 5.8 ft. |

Tomorrow's National Weather



Shown are noon positions of weather systems and precipitation. Temperature bands are high for the day. Forecast high/low temperatures are given for selected cities. Yesterday's National High/Low: (for the 48 contiguous states) High 112° in Bullhead City, AZ Low 31° in South Pass City, WY

UV Index Tomorrow



1.3 Low; 6.4 Minimal; 8.7 Moderate; 9.8 High; 10+ Very High. Values indicate the exposure to the sun's ultraviolet rays.

Regional Cities

| City | Tom. | Mon. |
|--------------------|----------|----------|
| Atlanta, GA | 88 70 pc | 89 70 pc |
| Atlanta, GA | 86 72 s | 87 71 pc |
| Atlanta, GA | 87 70 s | 88 70 pc |
| Birmingham, GA | 93 67 s | 90 69 pc |
| Chattanooga, TN | 93 67 s | 90 69 pc |
| Cincinnati, OH | 92 73 s | 88 73 pc |
| Cleveland, OH | 92 73 s | 88 73 pc |
| Dayton, OH | 92 73 s | 88 73 pc |
| Fort Myers, FL | 90 78 t | 91 73 pc |
| Gainesville, FL | 91 85 s | 90 71 pc |
| Key West, FL | 92 70 pc | 89 80 c |
| Lakeland, FL | 90 78 s | 89 78 pc |
| Lakeland, FL | 90 71 s | 89 72 pc |
| Melbourne, FL | 87 74 pc | 88 71 t |
| Naples, FL | 93 73 t | 91 73 pc |
| Orlando, FL | 90 72 t | 88 72 pc |
| Panama City, FL | 90 73 s | 87 73 pc |
| Sarasota, FL | 90 71 s | 89 72 pc |
| St. Augustine, FL | 89 69 s | 88 72 pc |
| St. Petersburg, FL | 90 69 s | 89 71 pc |
| Tallahassee, FL | 91 85 s | 90 68 pc |
| Tampa, FL | 92 72 s | 90 72 pc |
| Thomasville, GA | 93 65 s | 90 69 pc |
| W. Palm Bch., FL | 90 75 pc | 87 76 t |

World Cities

| City | Tom. | Mon. |
|-------------------------|----------|----------|
| Albany, NY | 80 72 s | 80 70 s |
| Beijing, China | 104 80 s | 98 74 pc |
| Berlin, Germany | 77 57 pc | 88 72 t |
| Buenos Aires, Argentina | 55 41 pc | 51 41 pc |
| Chicago, IL | 88 70 s | 86 72 pc |
| Hong Kong | 80 80 sh | 84 78 t |
| Jerusalem, Israel | 88 68 s | 89 65 s |
| London, UK | 68 67 sh | 71 57 sh |
| Moscow, Russia | 88 77 s | 88 78 t |
| Moscow, Russia | 77 53 pc | 78 63 s |
| Paris, France | 75 61 sh | 76 56 c |
| Seoul, South Korea | 88 69 s | 86 72 s |
| Sydney, Australia | 60 49 pc | 62 50 pc |
| Tokyo, Japan | 69 77 c | 67 76 sh |
| Washington, DC | 78 64 pc | 81 60 pc |
| Zurich, Switzerland | 84 63 pc | 80 63 pc |

Family discord is brewing after grandpa serves beer

DEAR ABBY: I have a problem with my father-in-law. When my husband, our two young sons and I visit his parents out of state several times a year, my father-in-law gives my sons beer.

My husband has talked to his father several times and told him that alcohol is an adult drink, and the boys may not drink it with our approval until they are 21. My in-laws are both big drinkers, and when we mention it they act offended.

Last weekend, my father-in-law gave our 19-month-old several sips of beer. I kept quiet because my husband's 90-year-old grandfather was visiting, and I didn't want him to feel uncomfortable. (I didn't think my father-in-law would listen

to me anyway.)

I've told my husband that it is disrespectful for his dad to continue giving our kids something when we've asked them not to. My husband's response is, "I've asked him to stop, but I don't want to say anything else about it because I don't want to 'make any waves.'" He is always making excuses for his dad, even when he called our firstborn an "ugly



Dear Abby

monkey."

My husband got upset when I told him that the kids and I would not attend any more family gatherings for a while. Am I being irrational? Should I continue to let my father-in-law give my children alcohol even though it is against my beliefs? Help!

ANGRY ARIZONA MOM

DEAR MOM: Providing alcohol to minors is against the law. Under no circumstances should you permit your father-in-law to give your children sips of alcoholic beverages. Alcohol is an acquired taste, and this could create a dependency that could lead to disastrous results in later years. It is your and your husband's

responsibility as parents to protect your children from harm, and alcohol is harmful to children. If you permit them to be given such drinks for fear of making waves or making others uncomfortable should you protest, your priorities are misplaced. Should it mean keeping your children from visiting their grandparents in order to protect them, then so be it.

DEAR ABBY: I have two ideas for "Steamed in Minnesota," who has uninvited "moochers" show up on weekend afternoons, loaf around until dinnertime and expect to get a free meal.

One: Don't serve din-

ner, crackers or refreshments of any kind. Just sit around, be polite, wait it out, and don't act hungry. (Think of it as playing "chicken" over chicken!)

Two: A couple of hours before these moochers expect to be given a free meal, announce that earlier in the day you made dinner reservations at the "Fantastico Room" at the "Ritz Hotel" — and if they call now, you are sure they can get a table near yours.

PREVENT MOOCHERS IN THE MIDWEST

DEAR PREVENT: Your solutions are creative, but some of these loafers are pros at the game. So, one: Be prepared to starve; and two: If they call your bluff, be sure to ask the

servers at the "Ritz Hotel" for separate checks!

NOT CONFIDENTIAL

TO MORT PHILLIPS: Happy anniversary. Every night is New Year's Eve and every day is Thanksgiving since you married me. Thank you for making me the luckiest woman alive.

For an excellent guide to becoming a better conversationalist and a more attractive person, order "How to Be Popular." Send a business-sized, self-addressed envelope, plus check or money order for \$3.99 (\$4.99 in Canada) to: Dear Abby Popularity Booklet, P.O. Box 647, Mount Morris, IL 61054-0447. (Postage is included.)

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The most spectacular night to be an American

As a child I would sit along the Virginia side of the Potomac River to watch the Washington, D.C., fireworks on July 4. How spectacular the night, being swept in the spirit of this great nation. My first recollection of July 4 is from 1946. The war had ended, and Washington was celebrating a summer of peace. The Washington Senators baseball team was making a run for the American League pennant. Glen Echo Amusement Park was packed each night. So were the Wilson Line cruises on the Potomac. Actually, all the days after the war were like the Fourth of July for those who lived in the Washington area. Lincoln seemed to be smiling from his monument. The city was reborn, the war rooms shut down — freedom showing its face in every corner of town. July 4 itself was the best part



Russ White

of that and just about every one of my summers of youth. My dad would drive his Chevy to the Pentagon parking lot. We'd take some blankets and a picnic basket. We'd camp out until the fireworks began at dark. As you know, the fireworks themselves are shot from the Washington monument grounds where a million or more gather. Dad liked seeing them from the Virginia side of the river. It was just as spectacular — and since we lived in Virginia, there would be less traffic. On later July Fourth, we took our children to the same spot. When I think of my hometown, Washington D.C., the colors I see are red, white and blue. There were always flags. A ring of flags at the base of the Washington Monument. Hucksters selling flags to tourists along Pennsylvania

Avenue. And, a favorite of mine — the red, white and blue piping at Griffith Stadium on Opening Day. The Fourth's from Washington are televised each year. There are a host of celebrities who entertain. The Army, Navy and Marine Corps bands play. The fireworks are shown. Remember the flak one year when James Watt objected to the Beach Boys appearing at the monument. He didn't think they were American enough. On the occasion of the most American of days in the Year 2000, I wish to combine the awe and wonder of July 4, 1946, with the wisdom and appreciation of living for 60 years in the greatest nation man has ever known. I'd like to visit Washington on July 4 one more time. My dad, a former White House Police Officer, is at rest at Arlington Cemetery. The fireworks will light the skies above him on the Fourth. And, I know he'll be pleased.

Russ White's column appears daily in the Seminole Herald.

Police Log

DUI
OVIEDO — Christopher Busse, 31, 908 Field Street, Oviedo, was stopped by Oviedo Police Officers at 11:47 p.m. on June 27. He was charged with DUI.
CASSELBERRY — Joseph Clark, 40, 3716 Idlebrook Circle, Casselberry, was stopped by Seminole County Deputies at 12:01 a.m. on June 28. HE was charged with DUI.
OVIEDO — Roland Maresca, 22, 612 N. Pinto Court, Winter Springs, was stopped by Sheriff's

Office Deputies at 7:47 p.m. on June 27. He was charged with DUI.
WINTER SPRINGS — Michael Coon, 21, 2363 Nautical Way, Winter Park, was stopped by Sheriff's Office Deputies at 3:51 a.m. on June 27. He was charged with DUI.
CASSELBERRY — Richard Heino, 43, 626 Fruitland Drive, Winter Springs, was arrested by

Casselberry Police Officers at 11:05 p.m. on June 27. He was charged with Stalking/Burglary.
Aggravated Assault
WINTER SPRINGS — Jason Sykes, 29, 700 Cattlewood, Winter Springs, was arrested by Winter Springs at 10:16 p.m. on June 27. He was charged with Aggravated Assault/Domestic Battery.
SANFORD — Shelton Watson, 49 Seminole Gardens, was arrested by Sanford Police Officers at 11:00 p.m. on June 27. He was charged with Aggravated Assault With Intent to Commit a Felony.

Drugs
WINTER SPRINGS — Sarah Bisset, 19, 388 Clemson Drive, Altamonte Springs, was arrested by Winter Springs Police Officers at 11:55 p.m. on June 28. She was charged with Possession of Cannabis and Possession of Drug Paraphernalia.

Edward Jones July Calendar of Events

Live Broadcast
Microsoft
 Thursday, July 13, 2000
 4:00 - 5:00 p.m.

Lunch - n - Learn
 Friday, July 14, 2000
 12:00 - 1:00 pm
 Colonial Room Restaurant
 115 E. First Street

Live Broadcast
 "The Power of Investing in Your Future"
 7:30 pm - 8:30 pm

The events noted above are free and there is no obligation, however seating is limited. Please call for your reservation today.

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Obituaries

TANGEE LEE MATHEWS
 Tangee Lee Mathews, 43, South Blinon Road, Apopka, died Monday, June 5, 2000 of progressive Friedreich's ataxia. Born in Wisconsin Rapids, Wis., shed moved to Central Florida in 1973. Survivors include parents, Gerald and Marilyn of Apopka; sisters, Trudee Langford of Longwood, Tarra Starr of Wisconsin, Tamee Ann of Apopka. Central Florida Direct Cremation Service, Orlando, is in charge of arrangements.

HERBERT E. ROOT
 Herbert E. Root, 83, a home builder and roof truss manufacturer in Miami and Sanford, N.C., who resided at Hammock Shore Drive, Melbourne Beach. Born June 4, 1917 in Clear Lake, Minn., he moved to Melbourne in 1992. Mr. Root previously resided in Miami (1946-1975, 1991-1992) and Sanford, N.C. (1975-1991). He was a sergeant in the US Army during WWII in Europe. He was a member of Chapel By The Sea, South

Melbourne Beach, Coral Gables Kiwanis, Coral Gables Country Club, Coral Gables Century Club, NRA, Carolina Trace Country Club. Survivors include wife, Nancy Cox Root of Melbourne Beach; son, Tom Root of Lexington, Ky.; daughter, Tina Root Traynor of Miami; step-children Charlie and Mac Cox; 3 grandchildren, 4 step-grandchildren. Brownlie-Maxwell Funeral Home, Melbourne, is in charge of arrangements.

Florida Lottery

Here are the winning numbers selected in the Florida Lottery:

Fantasy 5 (June 30)
 5-10-17-18-20

Lotto (June 28)
 5-12-14-16-18-37

Mega Money (June 30)
 22-24-26-32 — Megaball 34

June 28
 Play 4
 0-8-1-7
 Cash 3
 3-7-4

TERRENCE L. FLANDERS

MAY 24, 1968 - JULY 2, 1997

There is still an ache in our hearts today. That the passing years have not taken away. A place in our hearts that nothing can fill, We miss you and we always will. Your memory is our keepsake. With that we will never part. God has you in His keeping We have you in our hearts

We love you and miss you.

In Loving Memory

Mother Dolly, Wife Kelli, Sons Tyler, Jhalen and Bryce and the family.

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 321-8886

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Opinion

Our View

Our Independence

Be proud our freedom and remember why we have it

We observe July 4 as Independence Day. The resolution of independence was actually adopted on July 2, but congress officially approved it two days later.

We all know, Thomas Jefferson wrote it. Typical of Congress however, it was strongly rejected. From the original text, congressmen made 86 changes and eliminated a total of 480 words. When finally approved, not all members were present, and it wasn't until Jan. 18, 1777, that it became unanimous. Two delegates from Pennsylvania who were originally opposed to the declaration were replaced.

Basically the document declares our nation's separation from English domination. It was a brave step, one which few other countries have ever tried and managed to maintain.

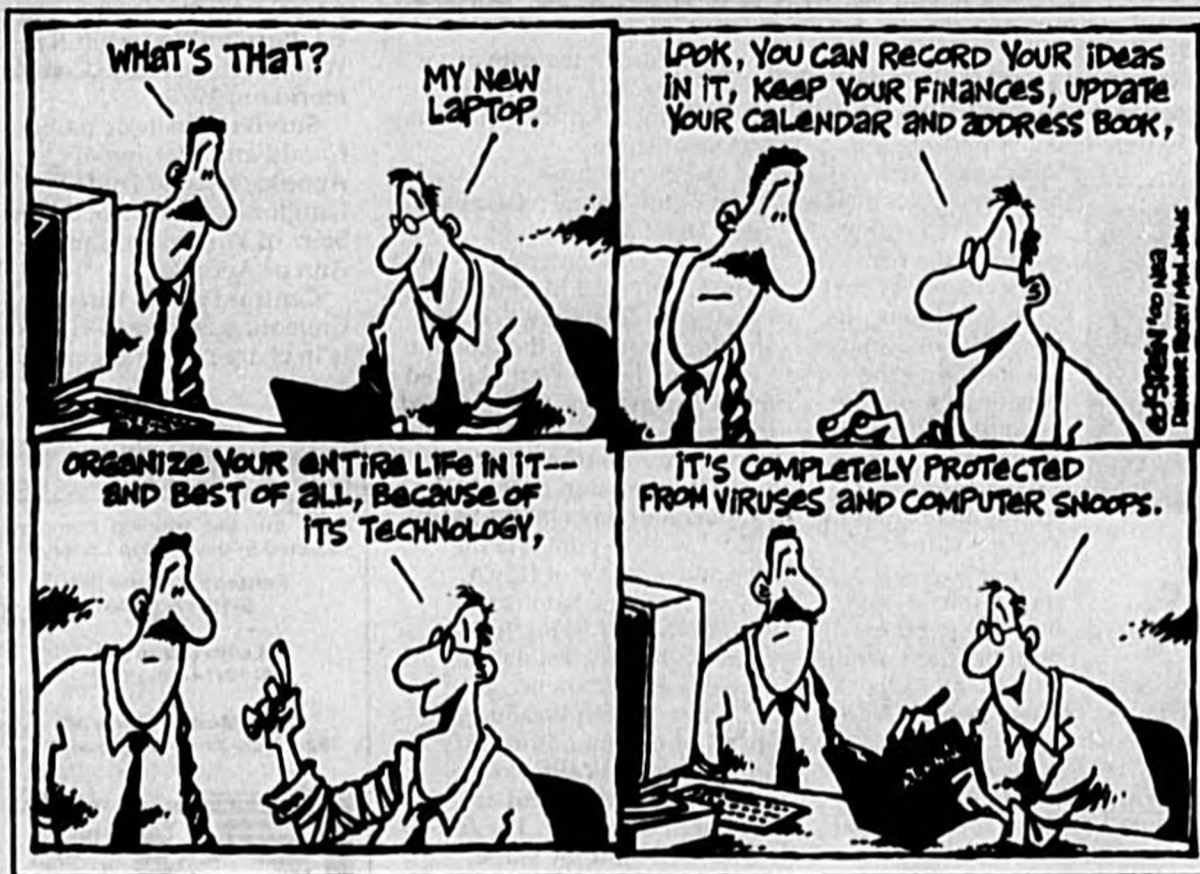
There is little doubt, this is the most free nation in the entire world. We have rights that few other people are allowed to enjoy.

The Declaration of Independence is the second most referred to document in the nation. The most discussed is the Constitution. People are always using one of these documents to prove a point, disprove some other point, or back up their point-of-view. They are trying to second guess our forefathers.

Many also try to pick them apart. Thomas Jefferson wrote against slavery in the original document, yet he had slaves on his own plantation. That's probably one of the biggest points of disagreement among people who like to pick.

Even scholars pick apart the declaration. For example, in the original form, Jefferson wrote that "men were endowed with inalienable rights." In the final copy, the word came out unalienable, and has been that way ever since. Also, capital letters appear throughout the document where they shouldn't be.

But let's not pick on it — let's celebrate it. July 4, 2000 is the 224th anniversary of our independence. We might say, "Eleven score and four years ago, our forefathers brought forth a new nation." Yep, that's what they did, and we should be proud of it.



Your View

Hunt believes efforts to save park not dead

To the editor:
Perhaps Robert Anderson, whose letter you published last Sunday, should take another look at the Hotel/Conference Center issue, in the light of Randy Jones' big win in the election for District 3 City Commissioner. Mr. Anderson, calling it "truly a dead issue," also accused Mr. Jones of selling his soul to the "Save Our Park" group. Wrong on both counts. A number of us met with and questioned all five candidates on a number of issues, including

the future of Fort Mellon Park. We concluded that Randy Jones, who had already listed preservation of the park as part of his platform, was the candidate we would support. So, along with numerous others, we provided some of the leg work that made Randy successful. Mr. Anderson should also note that both the candidate he supported, Martha Yancey and Kerry Lyons were quoted in the *Seminole Herald* on June 28 as saying that Jones' stance in favor of preserving Fort Mellon Park was his key to victory. As a matter of fact, before the recent election, four of the five candidates had, in one way or another, expressed their interest in preserving the park.

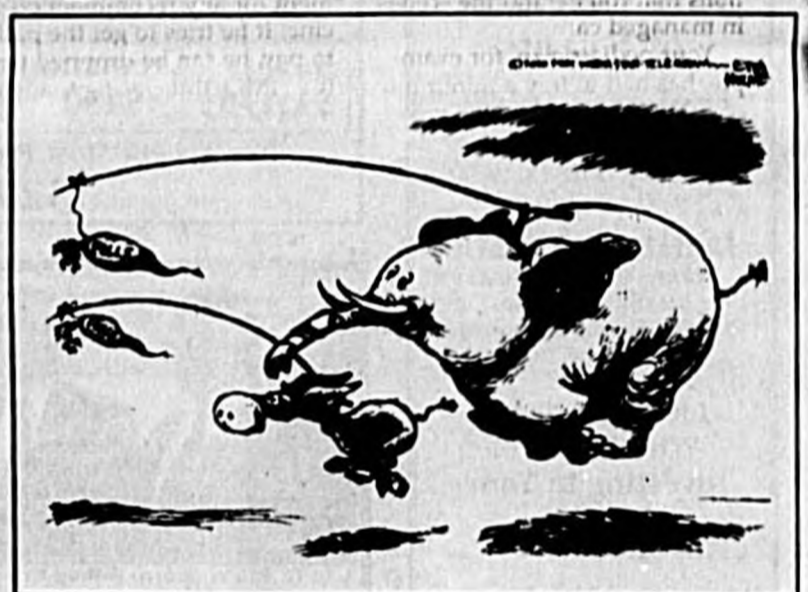
The issue of the park is not dead. The Society for the Preservation of Fort Mellon Park continues its efforts, strengthened by the clear evidence that voters in this city don't want to give up their historic downtown park to commercial development. The Hotel/Conference Center in Fort Mellon Park is not a done deal. P.S. Perhaps the Editorial Board of the *Seminole Herald* should take another look at the issue, too.

L. Millard Hunt
chairman
Society for the Preservation
of Fort Mellon Park
Sanford

2000 election gives people extreme choices

NANTUCKET, Mass. — This little Atlantic island offers a clear, off-shore prospect on this fall's election. Cut through the fog of detail and petulance and you discover a stark difference between George W. Bush and Albert Gore. One leader would steer 21st-century America in the direction of personal enterprise and self-reliance. The other would grow, to use a Clintonesque word, the economic role of government. In both cases, the program the man pushes reflects the life he has led. Bush has spent his life as a Texan taking chances. He tried first in the oil business, tried second and successfully in the baseball business. Except for the Air National Guard, he's never been on a government payroll. Gore has lived his life in Washington. After Vietnam he reported on politicians, then quickly became one of them, scaling the constitutional ladder of House to Senate to Vice Presidency. It was the same ladder Richard Nixon climbed during Gore's youth, the same rival Jack Kennedy might have taken had he won that improbable try for VP in '56. Now in middle age, Bush and Gore are offering Americans a future that cele-

brates their own separate careers. One proposes a country where individuals are freed from government control and taxation to make their marks, follow their dreams. The other promises a government that educates us in youth, guards us by day and night, comforts and guarantees our security in old age. On social security, Bush wants to introduce a measure of private enterprise with a bit of risk. Workers could choose to invest a portion of their payroll tax in private investments. Gore would keep the system basically as it is now. We get taxed while we work, receive benefits when we retire. Lower-income workers would be offered a second entitlement: three dollars of taxpayer money for every dollar they save toward retirement. The two men's positions on Social Security reflect their life philosophies. Bush would free payroll dollars for private investment. Gore would go the other direction, creating a second government program that collects, transfers and redistributes more tax dollars from current workers to low-income retirees. Connect the dots and we notice that Bush wants a big tax cut. Gore needs to keep



taxes high to pay for such government benefits as free drugs for retirees and that extra three dollars for every dollar someone saves. On education, Bush backs vouchers to allow parents the subsidized choice to enroll their children in parochial or other private schools. Gore would put all public backing behind public schools alone. On crime, Bush comes from the state that fights crime with capital punishment and laws that let men and women carry concealed weapons. Gore may be the most zealous gun controller ever to run for president. Again, one likes self-reliance and personal responsibility. The other pushes the power of government to protect us.

On the environment, the choice is also clear. Bush seems comfortable with big business. Gore agrees with Theodore Roosevelt: if anyone is going to protect this country's bounty, it's not going to be the boys in the boardroom. So, in addition to being the year of Kathy's and my 20th wedding anniversary — we came back here where it all started to celebrate! — 2000 is also the year of a true, dramatic presidential choice for the country.

(Chris Matthews, chief of the San Francisco Examiner's Washington Bureau, is host of "Hardball" on CNBC and MSNBC cable channels. The 1999 edition of "Hardball" was published by Touchstone Books.)

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The argumentative stage strikes many middle-aged men

Middle-aged guys will argue about absolutely anything. Even stupid stuff they cannot possibly know about. Like is Batman taller than Superman, or does Cher wear a wig. Guys over 40 just cannot let anything drop.

Most wars are started by some middle-aged guy who doesn't know when to keep his mouth shut. And here's a warning for you married guys: If you're going to argue with your wife — about anything at all — be absolutely certain you're right before you start.

Arguing with your wife is

kind of like poker. The more you dig in your heels, the higher the stakes, and the longer you're sleeping on the sofa after you find out she was right.

But it's easier if you learn how to lose. Practice this phrase, "Honey, I was wrong." And you have to say it without adding anything on the end like "I guess" or "this time" or "for a change." Just say it and get it over with. Don't argue with me.

The Deafening Silence
You sure told a lot of people at the party about your wife's



Red Green

.....

snoring. And your colorful choice of images sure got a lot of laughs. A rubber elephant coming down a waterslide. And you were justified in a way. You listened to her complain about your snoring for years.

Mind you, she never brought it up at a wedding. Like you did. As part of a toast to the groom. At the head table, through a public address system. That was a work of real courage. Now you can't tell if she's snoring or not because you're sleeping in the back seat of the car.

You need warmth and companionship, but don't even think about apologizing. You can't begin to afford the flowers it's going to take to make this right. Wait until morning.

Ring the doorbell. Try to look ashamed and keep your head down until the storm blows over. And don't mention how quiet it was in the car.

Signs That You Messed Up
One of the downsides to being insensitive is that you're not always aware when you've done something wrong. And that can waste a lot of time, because the sooner you know you've erred, the sooner you can begin making restitution and get your life back to where it was always intended to be. So here are the warning signs that signify you are guilty of a faux pas:

— The yellow pages have been left open at the Marriage Counseling page.
— The yellow pages have

been left open at the Household Poisons page.
— Your power tools are in the rain barrel.
— Your supper is in the dog dish.
— Your underwear is in the freezer.
— The locks on your house have been changed.
— There is no pillow on your side of the bed.
— There is another man on your side of the bed.

A Penny Saved Is A Waste Of Time
OK, we've all been watching the price of gas and bread and milk and gum and matches and parking meters, and I think it's time for somebody to say it: Abolish pennies now. They're worthless, they wear

holes in our pockets and our recliners, they jam the tumbler in our clothes dryers. We can't even use them as fuses anymore.

So instead of dropping them into UNICEF boxes at Halloween, let's recycle the copper and donate electricity to the Third World. Besides, it would be so ironic to picket the government with signs that said "Stop Making Cents."

Quote of the Day: "I'm getting shorter every year, but my toes seem farther away than ever." — Red Green

© 2000 NEWSPAPER ENTERPRISE ASSN. Red Green is the star of "The Red Green Show," a television series seen in the U.S. on PBS and in Canada on the CBC Network, and the author of "The Red Green Book" and "Red Green Talks Cars: A Love Story."

Newly discovered vaccine is strapping pediatricians

You might have read that the American Academy of Pediatrics has just recommended the new pneumococcal vaccine for all children under the age of 2. The Centers for Disease Control and Prevention are about to recommend it, too, at their meeting this week. The vaccine will help prevent 1 million ear infections a year in the United States, 53,000 cases of pneumonia and 12,000 cases of meningitis and bacterium. And researchers predict it will save the lives of 116 children each year.

So you take your baby to the pediatrician for the first of four doses. You hand the receptionist your usual HMO co-payment, make an appointment for the next dose and go home.

Yet this vaccine, so simple and straightforward on the surface, illustrates (once again) the inconsistencies and contradictions that roll behind the scenes in managed care.

Your pediatrician, for example, has had to buy a minimum of 1,000 doses of the new vaccine to get the pharmaceutical

company's wholesale rate of \$58 per dose — an outlay of \$58,000. Because he's in the middle of his HMO contract, and because the new vaccine wasn't included as a reimbursable expense in the contract, the HMO has no obligation to reimburse him — even though the pediatrician is now required to administer it.

When the doctor's HMO contract is renewed, the HMO might reimburse the pediatrician retroactively. But the doctor knows there is no guarantee. A pediatrician in Sacramento lost \$100,000 on the chicken pox vaccine when it came out in 1996. Another is paying on a second mortgage she took out to buy lots of vaccines wholesale.

Your pediatrician can't try to recoup his losses by passing the cost of this new vaccine on to you. His contract with the HMO doesn't allow him to charge more than the standard co-payment for any recommended vaccine. If he tries to get the patient to pay, he can be dropped from the HMO, thus losing many or most of his clients. Your HMO recognizes your

doctor's dilemma. But it has to face economic realities. To compete for business against other HMOs, it negotiated the lowest rates possible to win contracts with corporations. So it must keep to a strict budget. How can it suddenly pay out an unexpected \$232 per child (\$58 a dose times four doses) without throwing its finances into turmoil? To cover its losses, it would have to demand higher premiums from you and your employer.

But you and your employer are less than eager to boost your premium payments in the midst of a legitimate contract. A deal is a deal.

The employer figures the new vaccines are the HMO's problem.

The HMO figures it's the pediatricians' problem. The pediatricians are stuck, at least those caught in rigid HMO contracts. So some might push the vaccine less forcefully than they otherwise might. Every parent who declines the vaccine saves them money. So some children won't get the new vaccine. Many will fall ill; some will die.

"Most doctors will do the right thing and take the hit," says Kris Calvin, executive director of the American Academy of Pediatrics. "But

even the good doctors find themselves stressed in the system."

HMOs were created, in part, to keep doctors from charging too much for their services. But no doctor is getting rich off recommended immunizations, so it's time we lift them from the HMO morass. Pediatricians should be reimbursed on a per-shot basis.

Who can argue that easily preventable illness and death aren't worth a few of our pennies?

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Joan Ryan

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Gary Graham's execution was justified

"I have already killed three people, and I'm going to kill you. You don't mean nothing to me..."

Those were the words of Gary Graham, as attested by a 57-year-old woman on whom the future death-row inmate took pity, merely abducting, robbing and raping her, rather than taking her life.

Bobby Grant Lambert was not so lucky. When he refused to blithely hand over his wallet to Graham one fateful day in May 1981, Graham put a gun to his cranium and blew him away.

In Huntsville, Texas, the convicted killer finally met his maker, in spite of the last-minute maneuverings of his lawyers.

Graham's much-deserved execution, which was the 23rd so far this year in the Lone Star State, would have been unremarkable had he not managed over the past seven years or so to gin up sympathy among the radical-chic set in Hollywood and Washington. And had Graham not been a death-row inmate in Texas, whose Republican governor, George W. Bush, is seeking a promotion to the White House.

As far back as 1993, actor Danny Glover appeared before the Texas Legislature to profess his belief in Graham's innocence. His call for a new trial for the convicted killer was joined by such Tinseltown figures as actress Fannah Fawcett and singer Kenny Rogers.

That same year, Rep. John Lewis, D-Ga., presented an unusual appeal on the convicted killer's behalf to the U.S. House of Representatives. Since then, the Rev. Jesse Jackson has become Graham's most visible political advocate.

The campaign to spare the violent felon's wretched life continued until the moment he received his lethal injection, backed not only by entertainment and political types, but also by

assorted anti-death-penalty groups.

They portrayed Graham as some sort of martyr. They claimed his rights to a fair trial and due process of law were violated. They insisted he would never have been convicted of murder had he not been black.

The anti-death-penalty crowd is hoping that Graham's execution will help galvanize public opposition to capital punishment, coming, as it did, on the heels of a recent Columbia University study which "found" that two-thirds of death sentences handed down between 1973 and 1995 were overturned by higher courts because of flaws in the way the cases were investigated or tried.

Graham's supporters suggest that his was such a case. "Of the 684 men and women who have been executed in this country, I am aware of none who has been executed in the face of such overwhelming doubt of guilt," declared Lawrence Marshall, of the Center for Wrongful Convictions.

But here's the background on Graham's death-penalty case that the convicted killer's supporters conveniently ignored:

At the time of his arrest, Graham had been on a week-long crime spree. It began with Lambert's robbery and shooting death and ended with the abduction, rape and robbery of the 57-year-old woman. In fact, Graham pled guilty to 10 aggravated robberies, including two in which he shot, but failed to kill, his victims.

A mixed-race jury convicted Graham of Lambert's murder in November 1981, based on the eyewitness testimony of Bernadine Skilleen. Graham's supporters have tried to cast doubt upon her account, but to no avail.

She saw the killer put the gun to Lambert's head. She honked her horn to try to scare him off.

When he pulled the trigger anyway and tried to walk off undetected, she followed him in her car. When he crossed in front of her, she looked him right in the face.

Graham's supporters couldn't get around Skilleen's damning testimony. Maybe if she were white, like Graham's victim, they could claim she was blinded by racial prejudice. But Skilleen is black. Just like Graham.

"He killed a man," she said, "and I saw him do it."

Marshall implies that Graham never received a fair hearing. He is right. The killer received numerous fair hearings. His case was reviewed nine times by the Texas Court of Criminal Appeals (the state's highest criminal court), twice by the Texas Supreme Court and numerous times by the U.S. Supreme Court.

If we accept that the Columbia University study is correct, one would think that Graham's death sentence would have been overturned by one of these courts at some point or another if, in fact, he had been unjustly convicted.

Indeed, the killer was granted nearly three dozen judicial or executive reviews and seven stays or delays of execution. That was how he managed to stay on Texas' death row for 19 years after Bobby Grant Lambert was dead and buried.

Death-penalty foes tried to mau-mau Bush, the Texas governor, the presumptive Republican presidential nominee, into bestowing clemency on Graham.

However, Bush refused to do so. "If it costs me politically," he said, "it costs me politically."

Well, it will cost him politically: among the radically chic set in Hollywood and Washington and among death-penalty foes.

But among the other two-thirds of Americans, who have more empathy for murder victims than for remorseless killers like Gary Graham, Bush, the stand-up governor and aspiring president, has only enhanced his standing.

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Joseph Perkins

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The Way We Were: Remembering the SHS Class of 1926

A few days ago, Lourine Vickery Messenger told me that she had several pictures and a couple of Salmagundis (SHS yearbooks) to give me. She was moving in a few days from the Renaissance to Lakeview Nursing Home because of failing health and was getting rid of most of her possessions.

I visited her the next day and could tell that this was a very hard decision. I also wished that I had a tape recorder as she reviewed some of her life's accomplishments and told me of the people in the photographs.

I have known Messenger all of my life and know a lot about her, but will go back with a recorder soon. A couple of the many careers of this 90-year-old lady include Society Editor of the "Sanford Herald" and Supervisor of Elections of Seminole County. She was the

first woman to hold elective office in the County.

She has also been active in many civic organizations focusing on the Pilot Club for many years. You will see the pictures she gave me as Vintage Views during the next several weeks. In fact, Messenger is the one who gave me the 1933 edition of the "Sanford Herald," the one with all the biographies that I refer to often.

One of the items she gave me the other day was a 1926 Salmagundi. You know that I collect these and this was one I didn't have. Others I need are 1910-1915, 1918, 1927, 1930, 1936, 1937, 1939-1941, 1945 and 1961. The Sanford Museum has different needs, so don't discard your Sallys.

While devouring this new treasure, I found some interesting articles that give us an excellent glimpse into school life of that era. There were little articles on several activities that I haven't seen in other Sallys. And of course there are the usual year-book items. I hope you will enjoy this look back to 1926 as much as

I did.

A few faculty members that later students will remember were Mae Fort, Elmina Howard (later Bisbee) and R.F. Cooper.

Some of the Class of 1926 that you might recognize were Briggs Arrington (Son of Mrs. Arrington who was principal of Southside for many years), Carmetta Barber (Later Mrs. Troy Ray) who also taught at Southside during the 1940s, Walter "Red" Barber of sportscasting fame, Andrew Carraway, prominent businessman and benefactor of the Sanford Historical Society and First Baptist Church among others.

The class of 1927 included Stella Moses (Now Oritt), Elizabeth Shoemaker (Lynch), Algoner Speer, Margaret Sprout (Wesley), Gladycie Stemper (Morris), Rebecca Stevens, Lourine Vickery (Messenger).

Auditorium Notes
On Sept. 14 everyone assembled in the auditorium for opening exercises. T.W. Lawton, Superintendent of Schools, along with the ministers of the various churches, took part in the program.

Other chapel visitors during September were W.W. Willson, Sunday School organizer in

Florida, the Rev. Jenkins and the Rev. James, both evangelists.

Ida Gray, math teacher, faithfully entertained the students with the victrola and the choir, trained by Gladys Moris Williams added to the singing.

Education week was observed in November with four special programs, one by each class. The seniors presented a series of tableaux representing the framing of the Constitution while the juniors gave a program on Patriotism which consisted of essays and patriotic songs. The sophomores presented a series of illustrated talks on Thrift while the freshmen's topic, "Know Your School," was illustrated by an acoustic showing various school departments.

During December the students bought over \$65 worth of Red Cross stamps and were awarded a pair of scales and a Red Cross outfit.

J.N. Whitner and Ernest Tolar of the DAR visited in February and announced patriotic essay contest winners.

On February 10, Dorothy Shuler, radio singer, sang for the students. On March 11, Sellers, musical director of Tulane University, entertained with a group of songs.

Other special presentations during the year included Chataqua entertainers, special music by SHS choir and orchestra, advance agents of several operas, freshman day and readings by expression pupils.

I well remember excellent weekly chapel programs at SHS 25 years later. I know they were stopped when the school moved to its present location in 1961 as the auditorium was too small. I guess television has taken the place of such programs, but it was a great loss nonetheless.

Irving Bachellor Contest
The Irving Bachellor Contest was promoted each year by Mr. Bachellor for the high school students from the entire state. Its aim was to stimulate interest in both Florida history and English.

This year, the subject for the essay was Jackson's Administration in Florida. They were judged on the basis of thought, originality and delivery.

SHS had received the unusual honor in the 1926 contest to have two of the final four contestants, Clyde Russell and Anna Clark.

Two gold medals were given each year, one for the girl and one for the boy. In addition, two \$10 gold pieces were given to the second place boy and girl.

The contest was held in Winter Park on the estate of Mr. Bachellor which was open to the public for the occasion.

After the delivery of the essays, Bachellor presented the medals to Anna Clark of Sanford and Hugh Leivert of Orlando. Clyde Russell, along with Geneva Miller of Kissimmee, received the gold pieces.

Agricultural Notes
The Agriculture Department had grown from 18 boys in 1822-23 to 47 enrolled 1925-1926.

Another teacher was to be added the next year to assist R.F. Cooper.

Even though this was a new endeavor each year since its beginning, the boys had brought back awards from the South Florida Fair. This year they had won the silver loving cup for the best school garden exhibit in the state. Also the stock judging team won first place in judging dairy cows.

REGAL CINEMAS

THE PATRIOT R
11:30 12:30 1:30 2:30 4:30 5:30
7:30 9:30 10:30

ME, MYSELF & IRENE R
11:30 12:30 1:30 2:30 4:30 5:30
7:30 9:30 10:30

CHICKEN RUN G
11:30 12:30 1:30 2:30 4:30 5:30
7:30 9:30 10:30

PASSION OF MIKE PG-13
11:30 1:40 1:40 2:10 4:00 4:40
6:40 7:30 9:30 10:30

BOYS AND GIRLS PG-13
11:30 12:10 1:30 2:30 4:10 5:10
7:40 9:20 10:30

TITAN A.E. PG
11:30 12:10 1:30 2:10 4:20 5:20
7:00 9:20

FANTASIA 2000 G
11:30 1:30 2:30 5:10 7:30 9:30

GONE IN 60 SECONDS PG-13
11:30 12:10 1:30 2:30 4:30
6:50 7:30 9:30 10:30

BIG MOMMA'S HOUSE PG-13
11:30 1:30 2:30 5:10 7:30 9:30

MISSION: IMPOSSIBLE 2 PG-13
11:30 1:30 2:30 5:10 7:30 9:30

SHANGHAI NOON PG-13
11:30 1:30 2:30 5:10 7:30 9:30

DINOSAUR G
11:30 1:30 2:30 5:10 7:30 9:30

GLADIATOR R
11:30 1:30 2:30 5:10 7:30 9:30

FREQUENCY PG-13
11:30 1:30 2:30 5:10 7:30 9:30

REGAL CINEMAS

Friday thru Thursday

THE PATRIOT R
12:10 3:30 (I) 7:00 10:15

THE PERFECT STORM PG-13
12:30 2:10 (4:00) 6:50 7:20 9:50
No Passes or Super Savers

THE ADVENTURES OF ROCKY & BULLWINKLE PG
12:00 2:00 (4:10) 7:10 9:40

MISSION: IMPOSSIBLE 2 PG-13
12:40 (4:20) 7:10 9:50

SHAFT G
12:00 2:10 (4:40) 7:00 9:30 10:10

CHICKEN RUN NO Passes or Super Savers
12:10 2:20 (4:30) 7:20 9:40

ME, MYSELF & IRENE R
11:30 12:30 (5:00) 7:30 10:10

BIG MOMMA'S HOUSE PG-13
12:20 2:40 (5:20) 7:40 10:10

GONE IN 60 SECONDS PG-13
12:10 2:30 (4:50) 7:30 10:00

UNITED ARTISTS

SHOW TIMES JUNE 30 TO JULY 6

SEMINOLE TOWNE CENTER 10

GONE IN 60 SECONDS PG-13
Fri-Thu 1:45 4:20 7:20 9:45

THE PATRIOT R
Fri-Thu 12:00 3:20 6:45 10:10

MISSION IMPOSSIBLE 2 PG-13
Fri-Thu 12:40 3:35 6:35 9:20

ME, MYSELF & IRENE R
Fri-Thu 11:30 2:05 4:40 7:15 9:50

GLADIATORS R
Fri-Thu 12:35 3:45 6:55 9:55

THE PERFECT STORM PG-13 NO VIP
Fri-Thu 1:00 4:00 7:00 10:00

BIG MOMMAS PG-13
Fri-Thu 12:05 2:40 5:10 7:45 10:15

CHICKEN RUN G NO VIP
Fri-Thu 11:15 1:20 3:20 5:25 7:30 9:30

ROCKY & BULLWINKLE PG NO VIP
Fri-Thu 10:50 1:00 3:15 5:25 7:35 9:50

SHAFT R
Fri-Thu 12:40 3:00 5:20 7:40 10:05

General Cinema

Showtimes For Week Period 6/23-6/30

LAKE MARY CENTRE R 533-2643

ROCKY & BULLWINKLE PG
Fri-Thu 12:45 2:50 5:00 7:10 9:20

GONE IN 60 SECONDS PG-13
Fri-Thu & Thu 12:20 4:10 7:15 9:50
Wed 1:20 4:10 7:15 9:50

PATRIOT R
Fri-Thu & Thu 12:15 3:40 7:00 10:20
Wed 1:15 4:40 8:00

PERFECT STORM PG-13
Fri-Thu 1:30 4:10 7:05 9:50

MISSION IMPOSSIBLE 2 PG-13
Fri-Thu 1:40 4:25 7:05 9:45

CHICKEN RUN G
Fri-Thu & Thu 12:20 2:25 4:35 7:00 9:00

ME, MYSELF & IRENE R
Fri & Thu & Thu 12:10 2:40 5:15 7:40 10:10
Wed 1:30 4:00 7:10 9:40

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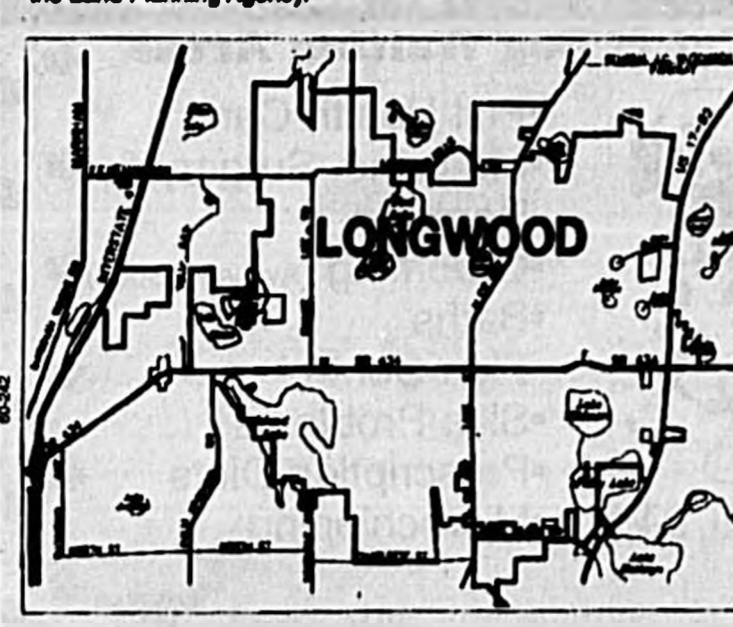
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CITY OF LONGWOOD NOTICE OF PUBLIC HEARING COMPREHENSIVE PLAN EVALUATION AND APPRAISAL

NOTICE IS HEREBY GIVEN, that the City of Longwood Land Planning Agency (LPA) will hold a public hearing on Wednesday, July 12, 2000, at 7:00 p.m., or as soon thereafter as possible, in the Longwood City Commission Chambers, 175 W. Warren Avenue, in order to review and hear public comment on the City of Longwood Comprehensive Plan Evaluation and Appraisal Report and to recommend to the City Commission with regard to transmitting the Evaluation and Appraisal Report to the State of Florida's land planning agency, in order to receive comments and recommended changes, if any with regard to the subject Plan.

At this hearing, interested persons may appear and be heard with respect to the Evaluation and Appraisal Report. This hearing may be continued from time to time until a final recommendation is made by the Land Planning Agency.



A copy of the proposed Evaluation and Appraisal Report is on file in the Community Services Department, Planning Division, at 174 W. Church Avenue, Longwood, Florida, for inspection by the public, or if you wish additional information, please call the office at 407-260-3462.

All persons are advised that if they decide to appeal any decision made at these meetings/hearings, they will need a record of the proceedings and for such purpose, they may need to ensure that a verbatim record of the proceedings is made, which record to include the testimony and evidence upon which the appeal is to be based (per Sec. 286.0105 Florida Statutes).

Persons with disabilities needing assistance to participate in any of these meetings, should contact the A.D.A. Coordinator at 407-260-3481 at least 48 hours in advance of the meeting.

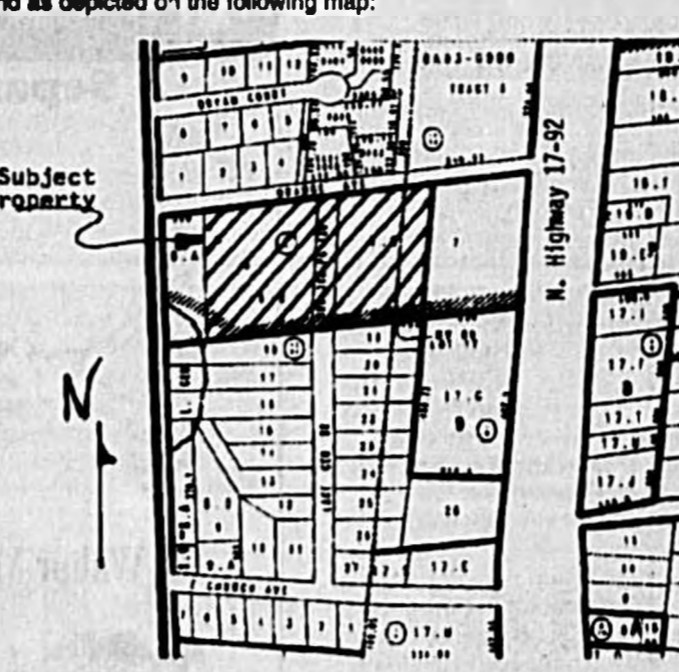
CITY OF LONGWOOD NOTICE OF PUBLIC HEARING LAND USE CHANGE AND REZONING

NOTICE IS HEREBY GIVEN, that the City of Longwood Land Planning Agency (LPA) will hold a public hearing on Wednesday, July 12, 2000, at 7:00 p.m., or as soon thereafter as possible, in the Longwood City Commission Chambers, 175 W. Warren Avenue.

The purpose of this hearing is to receive public input on the following requested Small Scale Plan Amendment (SPA-01-00) and Rezoning Request (RZ-01-00) by TT of Longwood d/b/a Fairbanks Mazda:

- Comprehensive Plan Amendment (SPA-01-00) changing the Land Use from City Medium Density Residential (MDR) to City General Commercial (GC); and
- Rezoning (RZ-01-00) from Residential Duplex (R-2) to Commercial General (C-3), on the following property.

Tax Parcel ID #33-20-30-505-0000-0060 and Tax Parcel ID #33-20-30-505-0000-0070, including that portion of Lake Gem Drive south of Orange Avenue, more generally described as 400 North Highway 17-92 and as depicted on the following map:



The proposed Small Scale Plan Amendment and Rezoning Request will be forwarded to the City Commission with the LPA recommendations.

At this meeting, interested parties may appear and be heard. This hearing may be continued from time to time until final action is taken.

A copy of the proposed request is on file in the Planning Division Office of the Community Services Department at 174 W. Church Avenue, Longwood, Florida, for inspection by the public, or if you wish additional information, please call the office at 407-260-3462.

All persons are advised that if they decide to appeal any decision made at these meetings/hearings, they will need a record of the proceedings and for such purpose, they may need to ensure that a verbatim record of the proceedings is made, which record to include the testimony and evidence upon which the appeal is to be based (per Sec. 286.0105 Florida Statutes).

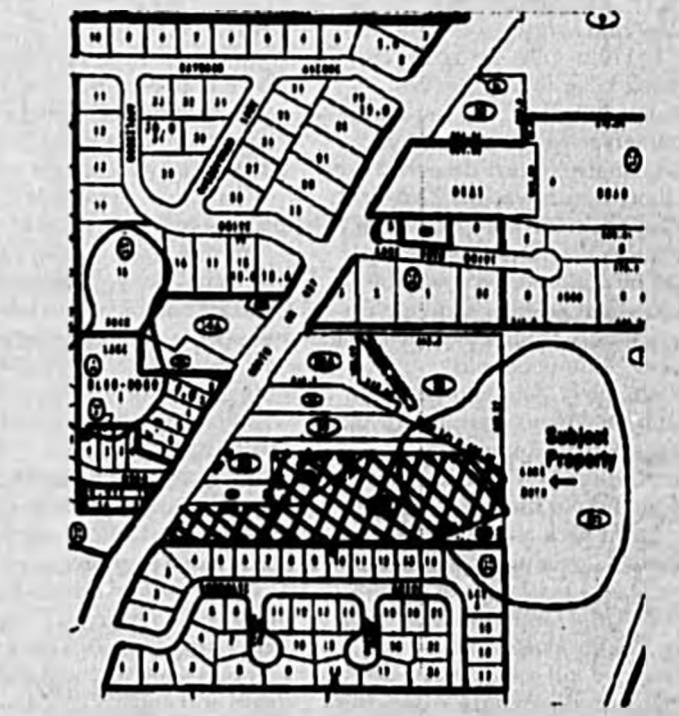
Persons with disabilities needing assistance to participate in any of these meetings should contact the A.D.A. Coordinator at 407-260-3481 at least 48 hours in advance of the meeting.

NOTICE OF PUBLIC HEARING CITY OF LONGWOOD

NOTICE IS HEREBY GIVEN BY THE CITY OF LONGWOOD, FLORIDA, that the Land Planning Agency will hold a public hearing on Wednesday July 12, 2000, at 7:00 P.M., or as soon thereafter as possible in the Longwood City Commission Chambers, 175 W. West Warren Avenue, Longwood, Florida. The purpose of this hearing is to receive public input on the following requested Small Scale Plan Amendment (SPA-02-00) and Rezoning (RZ-02-00) by AB Design.

- Comprehensive Plan Amendment (SPA-02-00) changing the Land Use from Low Density Residential (LDR) to Residential Professional (RP), and
- Rezoning (RZ-02-00) from Residential Single Family (R-1) to Residential Professional (RP) on the following property.

Tax Parcel ID# 29-20-30-0220-0000 and 29-20-30-300-0228-0000, more generally described as: 1441 N. County Road 427 and 1445 N. County Road 427.



The proposed Small Scale Plan Amendment and Rezoning Request will be forwarded to the City Commission with the LPA recommendations.

At this meeting, interested parties may appear and be heard. This hearing may be continued from time to time until final action is taken. A copy of the proposed request is on file in the Community Services Department, Planning Division, at 174 W. Church Avenue, Longwood Florida, for inspection by the public, or if you wish additional information, please call the office at 407-260-3462.

All persons are advised that if they decide to appeal any decision made at these meetings/hearings, they will need a record of the proceedings and for such purpose, they may need to ensure that a verbatim record of the proceedings is made, which record to include the testimony and evidence upon which the appeal is based (per Sec. 286.0105 Florida Statutes).

Persons with disabilities needing assistance to participate in any of these proceedings should contact the A.D.A. Coordinator at 407-260-3481 at least 48 hours in advance of the meeting.

Plan

Continued from Page 1A

Orlando, is drafting the master plan based on two scenarios: the most favorable economic conditions, and existing economic conditions.

Jay Marder, director of engineering and planning for the city, said the master plan is expected to be ready for presentation in public hearings within less than two months.

Mayor Larry Dale said the lakefront will become valuable property for high rise apartment complexes and condominiums within the next few years. He foresees the complexes being built on the Sanford side of Lake Monroe, as well as across the lake in the village of Lake Monroe.

"We've already had serious discussions with several developers," Dale said. "It's on the verge of happening."

Commissioner Whitey Eckstein said plans for apartments and condominiums along the waterfront should be included in the downtown master plan.

"Building high rises along the lakefront is not beyond the realm of possibilities," Eckstein said.

In addition, over the next 20 years, the commission is also looking at the possibility of apartments and condominiums being built within the lake.

"It's a possibility as new technologies are created," Dale said. "It's not as likely as condominiums being built along the lakefront."

Light

Continued from Page 1A

crowded, and at 2:05 p.m. on Wednesdays.

A total of 24 school buses face the afternoon traffic, as construction projects makes traffic even more hazardous.

"Of course, with the road construction, that has made it more congested," said Wicklow Elementary Principal Beverly Perrault.

Without the traffic signal, buses have struggled while making left-hand turns into the school, Perrault said. In addition, buses have had a difficult time making left-hand turns out of the school.

"We're very delighted and appreciative to have this new traffic signal," Perrault said.

The cost for installation of the traffic signal is \$30,000. It will be shared equally between Seminole County, the Seminole County School Board, and Sanford.

Hall

Continued from Page 1A

one at the County Services building and the reply is: "Very professional, lovely woman, soft-spoken, classy."

In the last couple weeks, Hall has finished the budget work and sent her son, Jeffrey, off to medical practice in Oklaoma City and saw her daughter, Kristen, marry. "It was the best of times...I don't think I could handle any more, though," Hall said.

Keeping valuable county employees is a constant problem. Deputy County Manager Cindy Coto said Thursday there is a 17 percent turnover each year. "We lose many of our most skilled people to the private sector," Coto said.

"There's bigger pay there." From all indications, Seminole County has a large number of men and women who exceed standards in their various endeavors. Sadly, you don't hear much about government employees unless there is scandal or impropriety.

One gets the shivers just thinking about a \$500 million budget — that's why you should know more about the woman who justifies the numbers for County Manager Kevin Grace to present to the county commissioners.

The budget work sessions will be televised on SCTV beginning July 19. Cindy Hall will be on those telecasts. The moment you see her you'll realize she's smarter than Oprah.

Call

(407)322-2611

To Advertise

Festivities

Continued from Page 1A

closed Monday for the event. Central Parkway will be shut down to all traffic at about 8 p.m. In addition, drivers not attending the celebration are encouraged to avoid the intersection of State Road 436 and Interstate 4 from 10 p.m. until midnight.

The Festival on the Fourth in Sanford will feature a 30-minute fireworks display starting at sundown, which is expected at 9 p.m. Tuesday.

Festivities begin at 8 a.m. with the Farmer's Market on Magnolia Square. There will be live music and strolling actors throughout the downtown business district, and shops will remain open. Other festival activities include bounce houses for children, still walkers, a banana eating contest and cotton candy.

Live music will be performed on stage with Lisa Z and Funhouse performing songs from the 1970's and 1980's,

beginning at 5 p.m. in Fort Mellon Park. At 6:30 p.m. near the eastern marina of Lake Monroe, The Desires Water Ski show will perform.

Event sponsor Sanford Main Street is expecting 60,000 people to attend the festivities. The fireworks will be simulcast by MIX 105.1 and POWER 105.9.

Winter Springs will hold a fireworks show Tuesday at Central Winds Park. Activities will begin at 3 p.m., including moonwalks, face painting, bal-

loon art, food beverages, and many performers including Cowboy Bob and Buster the Wonder Dog.

The city, Winter Springs Rotary Club and Mountain View Productions are sponsoring the event.

Geneva will host a parade, food and entertainment on Tuesday.

Participants in the parade will gather at the First Baptist Church on First Street at 10 a.m. All are invited to join in with

floats, decorated cars, trucks, bicycles, wagons, horses or just walking.

World War II veterans in Geneva will be the guests of honor. The theme is "Lest We Forget."

After the parade, the community is invited to gather at the Geneva Community Building on First Street for food, program, games and music.

The event is sponsored by the Geneva Community Association.

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Business

Business Notes

Steininger Named Vice President

Florida Solar Technology Inc. has promoted 18-year veteran operations manager Mike Steininger to vice president of operations.

Florida Solar President Skip West said Steininger joined Florida Solar in 1982 and has played a key role in the company's growth into the world's largest contractor of pool heating equipment.

West said Steininger, who lives in Deltona, is responsible for the firm's installation, customer service, warehouse and distribution divisions. Florida Solar Technology is on track to sell more than \$10 million worth of pool heating systems along with a wide range of solar and conventional residential hot water and water purification systems.

"Mike Steininger is one of the real pillars of this organization and one of the big reasons why we have been such a success," West said.

BellSouth Announces Sponsorship

BellSouth has been named as major sponsor of Central Florida's inaugural Prevent Blindness Florida Light the Night For Sight Walk-A-Thon, a family-oriented event that celebrates the Fourth of July and fireworks safety.

BellSouth Regional Corporate Director Tom Hunt said other corporate businesses, individuals and families are encouraged to participate in the event.

"We are very pleased at the number of organizations and participants that have already agreed to support this worthy cause," Hunt said. "BellSouth has been a corporate partner with Prevent Blindness Florida for several years. I am impressed with the work this organization specifically does for children and its emphasis on glaucoma screenings for adults."

The walk will be held at Cranes Roost Park, located at 274 Northlake Blvd. in Altamonte Springs, on June 24. Registration begins at 6 p.m., and companies and individuals interested in the walk are encouraged to register prior to the event and may contact local chapter director Eric L. Welch at 407-896-9116 for more information.

Lake Mary's Scholastic Book Fairs Get A New Lift

Florida Lift Systems, a materials handling consulting, equipment distributor and service firm, won a \$400,000 contract with Scholastic Book Fairs' Lake Mary distribution center to provide consulting and the sale of 20 lift trucks for the organization's 60 warehouses serving North America.

Florida Lift Systems is a \$40 million company providing engineering consulting, sales, driver training, parts and services for warehouse materials handling equipment. Representing many of the nation's leading lift equipment manufacturers including Crown, Daewoo, Clark and Komatsu, Florida Lift Systems distributes the Kelley line of loading dock equipment and Interlake rack systems. Founded in 1952, the company is headquartered in Tampa with offices in Orlando and Polk County.

Wekiva Adventures takes people 'away from it all'

By Rebecca Grilliot
Herald Intern

Natural beauty in Central Florida can be difficult to find in the midst of the area's theme parks, malls and other man-made attractions. But away from the city and crowds on the border of Seminole and Lake counties, is a little-known entrance to north Wekiva River.

Mary Carswell, owner of Wekiva Adventures, believes that kayaking is a peaceful way to get exercise and stay in touch with nature.

"A kayak makes you feel like you are one with the water," she said.

The business offers kayaking lessons, guided tours on the Wekiva River, and rents kayaks.

The secluded area gives visitors a taste of Florida's natural beauty. It is not uncommon to see wildlife such as osprey, eagles, limpkins, deer, back bears, otters, manatees and alligators while kayaking down the river.

"I don't think you could go anywhere more beautiful. It's very tropical," Carswell said. "A lot of people don't realize what's here and what they can take advantage of."

Carswell began kayaking

eight years ago after a near-death biking accident left her with multiple injuries. She decided to try the sport because she needed a low-impact exercise that would keep her in shape.

"I always wanted to try kayaking. When I tried it, I loved it. There was nobody doing it at the time," Carswell said. "It's also safe and relaxing and gets you away from the city."

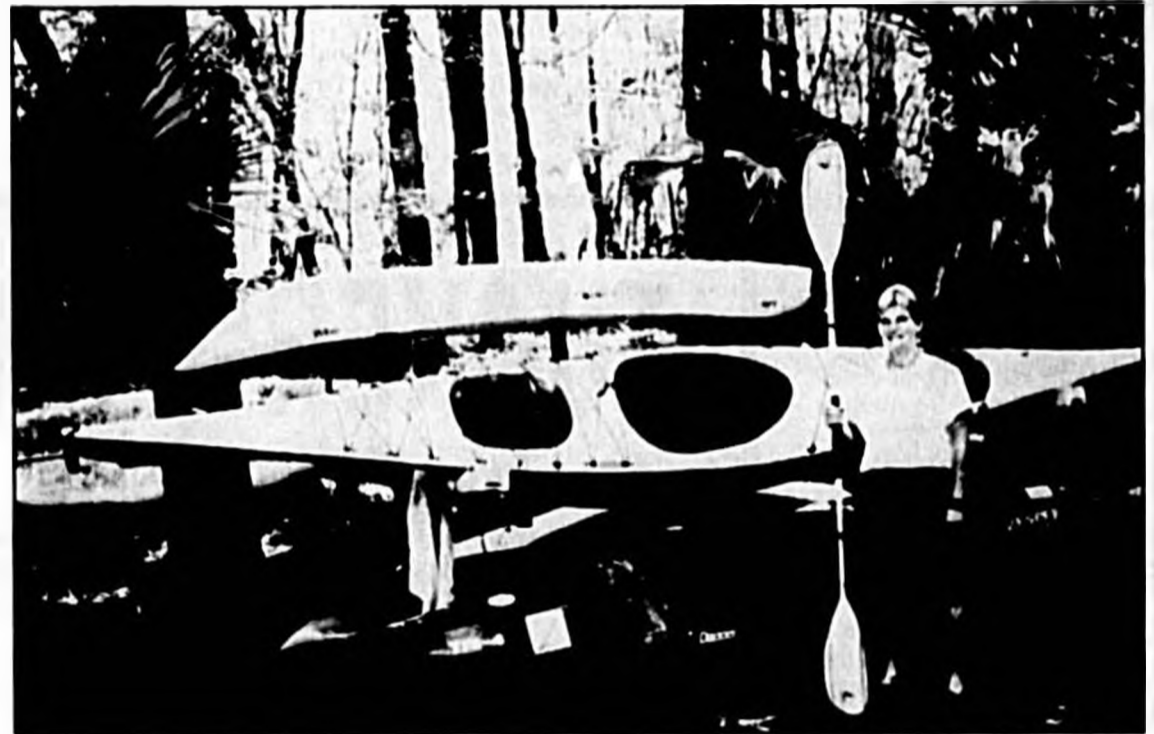
"It's so much fun and a good fitness activity for all ages. It provides a good cardiovascular workout with no impact on the joints. It's a good activity to do year-round."

Kayaking is different from canoeing because it can be done alone. The boats are smaller, lighter, and easier to control and transport.

"They're so much easier to handle because the center of gravity is lower on the water. Stability is very good," Carswell said.

Carswell said kayaking has become more popular in the past few years as people realize the sport does not necessarily involve braving the white water rapids. The Wekiva River only flows about three miles per hour.

"People have a misconception that you're tied to a boat



Herald photo by Rebecca Grilliot
Mary Carswell, owner of Wekiva Adventures, believes that kayaking is a peaceful way to get exercise and stay in touch with nature. Carswell is pictured above with several of her kayaks. For more information, call 407-321-7188.

and turn upside down," she said.

Wekiva Adventures hosts a 14-mile kayaking race to the St. Johns and back every May. Carswell participates in kayaking races throughout Florida and became the state women's kayaking champion in 1999.

Although Carswell said that

kayaking is easy to learn, she recommends getting instruction before setting out on a kayak for the first time. A lesson and kayak rental is \$40. Rentals without instruction are \$25.

Carswell also gives guided tours to the St. Johns River on Sunday mornings. The seven-

mile trip is \$30 with canoe rental. Wekiva Adventures also has a camping site as well as access to hiking and biking trails.

Wekiva Adventures is located on 130 Nova Dr., off of S.R. 46 in Sanford. For reservations or more information call 407-321-7188.

Zoo gets visit from unexpected guest

Orphaned bear cub found on Highway 46

SANFORD — The Central Florida Zoological Park had a special guest this week, a 2-month old female black bear.

Two construction workers spotted the bear cub on Highway 46, west of Interstate 4 near the Seminole/Lake County border on June 26. After observing the young bear crossing back and forth along the busy highway with no mother in sight, the workers scooped up the bear and brought her to the Central Florida Zoo.

Zoo officials examined the 4-pound bear and provided a safe haven for her to stay until the Florida Fish and Wildlife Conservation Commission (FFWCC) decided on a course of action in the best interest of the bear.

To have any chance releasing the cub back into the wild, FFWCC recommended that human contact be kept to a mini-



Photo submitted by Central Florida Zoological Park

Construction workers found this now 5-pound bear cub crossing Highway 46 without her mother. After observing the cub crossing back and forth along the road, the workers decided to take her to the Central Florida Zoological Park. The cub was eventually transferred to a wildlife rehabilitation facility.

mum. During her four-day stay, contact was limited to the zoo's wildlife rehabilitator for care and feeding.

As of Thursday, the cub had gained a pound, weighing 5 pounds. FFWCC transferred the cub

from the zoo on Friday to a wildlife rehabilitation facility specializing in bears.

This was the first bear to participate in the Zoo's wildlife rehabilitation program, which cares for more than 100 sick, injured or orphaned animals annually.



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Chamber holds numerous ribbon cutting ceremonies



Herald photos by Tommy Vincent

Nature's Table Cafe, located at 605 Crescent Executive Court, Suite 120, recently opened its doors. Those attending the ribbon cutting ceremony included Rick Sloan, owner, Martha Miller, Seminole County/Lake Mary Regional Chamber of Commerce marketing director, and numerous chamber ambassadors, members and staff. The business is open from 7:30 a.m. to 4 p.m. Monday through Friday. For more information, call 407-444-5999.



Washington Mutual, located at 3801 W. Lake Mary Blvd. Suite 101, recently began offering its financial expertise to the community. Those attending the ribbon cutting ceremony included Financial Center Manager Christine Long and numerous Seminole County/Lake Mary Regional Chamber of Commerce ambassadors, members and staff. For more information about the bank, call 407-321-0438.



Lake Mary Chiropractic Center, located at 560 Rinehart Road Suite 100, recently opened its practice. Those attending the ribbon cutting ceremony included Chiropractic Physicians Paul Toma and Jennifer Smith, Martha Miller, Seminole County/Lake Mary Regional Chamber of Commerce marketing director, and numerous chamber ambassadors, members and staff. For more information, call 407-804-8778.



Staples of Lake Mary recently opened its doors to the community. The store is located on Lake Mary Boulevard in the Target plaza. Those attending the ribbon cutting ceremony included Lake Mary City Commissioners George Duryea and Gary Brender, Seminole County/Lake Mary Regional Chamber of Commerce staff Linda Reynolds and Martha Miller, Staples Sales Manger Lyle Daniels and Operations Manager Monte Dicky, chamber members, staff and ambassadors. For information, call 407-323-3208.

Is butter better?

Margarine and spreads may not be a healthier option

Despite its on-again, off-again reputation as a more healthful alternative, a tablespoon of regular margarine has just as many calories (100) and grams of fat (11) as butter.

Butter, however, is made from milk or cream (or both), and most of its fat is saturated fat — the kind that can boost your levels of the artery-clogging LDL cholesterol. Regular margarine is made mostly from vegetable oil, and a tablespoon contains about 2 grams of saturated fat — roughly one-third that of butter.

What current nutrition labels don't tell you is that regular margarine (which by definition must be at least 80 percent fat by weight) and spreads (which tend to have less oil and more water than regular margarine) may contain trans fat. Like saturated fat, trans fat can contribute to increases in "bad," LDL cholesterol. It can also lower your level of HDL, the "good" cholesterol that helps clean up arteries.

Trans fat is formed when liquid oils are turned into semi-solids through the process of partial hydrogenation. The more hydrogenated an oil, the harder it is, and the higher its level of trans fat. As a result, stick margarines and spreads have higher levels of trans fat than tub margarines and spreads, which are softer. Also, the more total fat a margarine or spread has, the



more trans fat it's likely to contain. Butter and some spreads have negligible trans fat.

While it's important to monitor trans-fat intake, it's also important to keep it in perspective. The Food and Drug Administration (FDA) estimates that Americans consume an average of about 5 grams of trans fat per day, much of it in commercial baked goods and fast foods. Other estimates are considerably higher — up to 13 grams per day. Still, that's much less than the 25 grams of saturated fat on average the FDA estimates we take in daily, largely from beef and dairy products.

Overall, the government recommends getting no more than 30 percent of your calories from all fats combined. Since trans fat seems to have roughly the same negative effect on LDL cholesterol levels as saturated fat, and also lowers HDL cholesterol, some researchers advise that you get no more than 10 percent of your calories from saturated fat and trans fat combined.

For now, trans fat does not have to be listed on the labels of butter, margarine, spreads and

other processed foods. A proposal before the FDA may change that, but until it does, you can make a very rough estimate of the amount of trans fat in a processed food by adding up the saturated, monosaturated and polyunsaturated fats — assuming all three are listed on the label. (Saturated fat must be listed, but the other numbers are optional.) If the numbers don't add up to the total fat listed, see if "partially-hydrogenated oil" is listed as one of the first few ingredients. If it is, you can be pretty sure trans fat accounts for much of the difference.

Under the FDA's proposed labeling change, a product with more than 4 grams per serving of trans fat and saturated fat combined could not advertise any health claims. Moreover, the new labeling regulations would permit a product to call itself "trans-fat free" only if it has less than half a gram of trans fat and less than half a gram of saturated fat. One product that currently makes that claim is Smart Balance, a spread whose balance of fats is said to improve the ratio of HDL cholesterol to LDL cholesterol in your blood, but whose 2.5 grams per serving of saturated fat would disqualify it as "trans-fat free" under the new rules.

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Lions Club honors Longwood, Lake Mary officers



Herald photos by Arch Boothe

The Longwood-Lake Mary Lions Club annually honor police and fire personnel for the hard work and dedication. Lois Workman, past district president for the Lions Club, assisted in handing out the awards. One of those honored was Deputy Fire Marshall Wendy Benton, who received her award from Lake Mary Fire Chief Craig E. Haun.



Lake Mary Detective Patrick Skinner, center, was honored for his community service and outstanding investigative work. With Skinner are his wife, Teri, daughter Kelsey and Lake Mary Chief of Police Richard Beary.



Longwood officer Matt Kleinmann, center, was honored for his community service and dedication in establishing a network of Neighborhood Watch groups. With Kleinmann are his wife Andrea, daughter Breanna, and Longwood Chief of Police Tom Jackson.



Longwood Fire Department Lt. Corey Cohen, center, was honored for his service to the department and his fellow firefighters. With Cohen are Longwood Fire Chief Charles M. Chapman, and Cohen's wife, Sherrri.

Applications sought for induction into Women's Hall of Fame

The deadline for completed nominations for the 2000 Florida Women's Hall of Fame is Monday, July 17 at 5 p.m. A nomination form may be obtained by writing the Florida Commission on the Status of Women, Office of the Attorney General, PL-01 The Capitol, Tallahassee, FL 32399-0150, or calling 850-414-3300. A form is also available on the Commission web site at <http://legal.firm.edu/units/few>.

The Florida Women's Hall of Fame serves to recognize and honor those women who through their lives and works have made significant contributions to the improvement of life for all citizens of the state. The Hall is prominently located in the Capitol

and provides a source of inspiration through its exhibit of outstanding Florida women.

Last year's inductees include Florida A&M University graduate and tennis legend Althea Gibson, Sister Jeanne O'Laughlin, the two-decade president of Barry University and Florida pioneer-woman Dessie Smith Prescott. Prior inductees include U.S. Attorney General Janet Reno, Bethune-Cookman founder Mary McLeod Bethune, Congresswomen Carrie Meek and Ruth Bryan Owen, University of South Florida President Betty Castor and Everglades advocate and suffragist Marjory Stoneman Douglas.

Supreme Court Judicial Nomination commission seeks public member

The Florida Supreme Court Judicial Nominating Commission announces one public member vacancy on the Commission. This is a four-year term commencing upon selection and will expire July 1, 2004.

The Supreme Court JNC is a statewide commission with members serving from various areas of the state. An applicant's place of residency will be considered in filling the vacancy. The former member whose position is being filled was from the Central Florida area.

The Supreme Court JNC is a nine-member body of lawyers and public members responsible for screening and nominating applicants for the Supreme Court of Florida, for the position of statewide prosecutor, and for

the positions of Capital Collateral Regional Counsel—in the Northern, Middle and Southern Regions of Florida.

An applicant for the non-lawyer position must be a Florida resident, an elector and be willing to devote the necessary time involved in the nominating process. It is a non-salaried position, however, travel and per diem expenses are reimbursed by the State of Florida in accordance with state policy.

All interested applicants should request an application form from Vicki Russell, c/o The Florida Bar, 650 Apalachee Parkway, Tallahassee, FL 32399. For more information call 850-561-5600. Ten copies must be received by the Bar no later than 5 p.m. July 20.

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Raines uniform on display at museum



Herald photo by Tommy Vincent

Sanford Museum Curator Alicia Clarke and museum assistant Brandi Wilnot show a Chicago White Sox jersey and batting helmet worn by Sanford native Tim Raines. The items have been on loan to the museum from Richard Urban, a West Palm Beach collector and friend of Raines. Raines was able to obtain the items from Urban and he has donated them permanently to the museum. The sports exhibit is part of the museum's display that highlights the athletes from Sanford and Seminole County. The museum is open Tuesday through Friday from 11 a.m. to 4 p.m. and Saturday from 1 to 4 p.m. Admission is free.

Monument

Continued from Page 1A
federal grant money could be procured for the project.

"My dream is that one day residents and visitors to Sanford can go to the Memorial Park to

see the monument and to have some quiet time to remember those who have died or served their country," Snow said. "All of us have someone who has served. We'll have benches

there. We'll have an empty seat, too, for those who were missing and not found."

For more information, call Evelyn Bennett at (407) 330-5697.

Community Briefs

'A Funny Thing Happened on the Way to the Forum'

The Seaside Music Theater will present the musical farce, "A Funny Thing Happened on the Way to the Forum" through July 16 at the DBCC Theater. Tickets from \$23 to \$35 are available through the SMT Box office at the DBCC Theater Center and SMT Downtown, 176 N. Beach St., Daytona Beach. Call 904-252-6200 for more information.

Gospel Celebration III

The Southern and Bluegrass Gospel music event will be held Saturday, July 1 at 6 p.m. at First Baptist Church, 519 Park Ave., Sanford. The Floridians and Royal City will perform. A pre-program Jam Session with the Payola Singers will take place at 5:15 p.m. Admission is free.

Guys and Dolls

The Lake Mary High School drama department will present the production of Guys and Dolls, in the Lake Mary Auditorium, July 6, 7, and 8 at 7:30 p.m. Tickets are \$4 each.

Director of the production is Morgan Rose, musical director is Susan Eissele and choreographers are Amellia Valdivieso and Lyndsey Cole.

For additional information phone 407-320-9672.

Lifeguard training

The American Red Cross will offer more water safety instructor courses in July. Dates are July 11, 12, 13 and 14 from 8 a.m. to 6 p.m. at the Trophy Club in Longwood.

Participants must be at least 15 years of age with strong swimming skills.

For additional information or to register, phone 407-894-4141.

Breakfast meeting

The Seminole County/Lake Mary Regional Chamber of Commerce will hold its July Breakfast Meeting Wednesday, July 12 at Heathrow Country

Club beginning at 7:30 a.m.

Workforce meeting

Workforce Central Florida will hold a meeting of the High Skill/High Wages Committee at 9 a.m. July 12, at Workforce Central Florida, 1801 Lee Road in Winter Park. The meeting will discuss matters of interest to Workforce Central Florida with reference to Workforce Development Issues. The meeting is open to the general public.

For additional information, contact Gary J. Earl, executive director at 407-741-4365.

Business Expo

The Greater Oviedo Chamber of Commerce announced its 1st annual Business to Business After-hours Expo will be held on July 12, at the Tusawilla Country Club from 5 p.m. to 8 p.m. This event, sponsored by Sprint, will highlight up to 25

Chamber members exhibiting the latest business related products and services. The event is open to the public. There is a \$5 admission charge. Booth space, at \$75 per table, is limited to Oviedo Chamber members. Information or reservations are available by calling the Chamber at (407) 365-6500.

Just the Blues

Altamonte Jazz Ensemble, directed by Mike Arena, will play the blues (every shade of the blues), in a special performance Sunday, July 16 at 7 p.m., at Lake Brantley High School Auditorium, 991 Sand Lake Road, Altamonte Springs. Special guest include the "Lady of Song" Linda Cole, and "Blues Man" Rich Walker. Donation is \$5 at the door.

The concert is funded in part by the Seminole Cultural Arts Council, Inc.

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No pamphlet or book needed for 'Gott Diet'

DEAR DR. GOTT: Regarding your weight-loss diet of "eat no sugar or flour products," do you have a pamphlet or a book about it?

DEAR READER: I receive hundreds of questions about the Gott diet, which I have prescribed successfully for more than 30



Dr. Peter H. Gott

years. While following this diet, scores of people have lost hundreds of pounds. More important, it's nutritious and easy to follow. Its real advantage,

though, is simplicity.

And that's just the point.

I've never written a diet book and don't have a pamphlet.

How could I? The diet consists of six words! Even Robert Atkins, with whom I trained many years ago, couldn't blow that simple principle into a best-seller. (He does his own thing, however.) In addition, I've never understood the rationale of trying to make money by telling people what they knew all along: To lose weight, you merely have to reduce caloric intake. Such simplicity seems anachronistic to many of my readers, who yearn for menus, food-preparation manuals, pills, support groups and all the other accoutrements of the dietary mega-business. But enough editorializing. Let's cut to the chase.

Carbohydrates are great. They taste good, fill a psychological

need sometimes, are part and parcel of the average adult's eating pattern — and are poison for obese individuals, especially if such patients have diabetes or a tendency to it. Carbs, which are not strictly required in a balanced diet, are a rich source of calories — not as rich as fats, mind you, but rich nonetheless.

In the average American diet, carbohydrates are represented primarily — but not solely — by foods containing sugar and/or flour. Therefore, I urge people who want to lose weight to avoid such foods. How do you know which foods to pass up? Read labels. Candy, desserts, cookies, pies, soda — need I go on? — contain sugar and are a no-no. (Sugar-free or dietetic products are OK, even soda and iced cream.) The flour issue is a tad more complex. Obviously, bread, rolls and pasta are out, but you'll find to read labels about other products, such as dry breakfast cereals. Some have flour, others do not. I advise my patients to be like little lawyers: Check everything and act accordingly.

"Well," my patients explode when I tell them this, "what's left?" I calmly answer (because I've been through this a few times): meat, fish, poultry, vegetables, salads and fresh fruit. In other words, a high-protein, high-fiber, low-carb plan that is based on the simple premise of avoiding sugar and flour products.

OK, now it gets interesting. Were you aware that frozen peas contain sugar? Yeah, I, too, was surprised. What about rice, potatoes, couscous? They are starchy carbohydrates. My answer: True, and overweight people ought to avoid them, but — again — in the interest of

simplicity, I'm sticking to my original prohibition against flour and sugar. Frankly, you have to get a little nutty (this is all right, too). Sugar-free iced cream and soda are acceptable, but not sugar-free cookies (because they contain flour). Frozen vegetables are allowed (because the amount of sugar is small; hey, I can be flexible). Alcohol-containing beverages are best omitted because, although most don't technically contain sugar, the alcohol itself is metabolized in a similar manner.

All right, let's stop here, quite short of a pamphlet or — God forbid — a book. I think that you get the point: no flour, no sugar. (Did I just reduce my diet from six words to four? Hurray!) I'm on a roll: the Gott diet — no flour, sugar. Three words! Yes!

To end on a positive note: I am not endorsing low-carb, HIGH-FAT diets, because I believe that they are unhealthy. Nor do I support any of the fad diets, which are really impossible to follow for any length of time. The Gott diet (which hasn't cost you a cent) is nutritious, easy to follow and extremely flexible. For example, once a person loses weight, he or she can use the diet intermittently or in modified fashion to keep the weight under control.

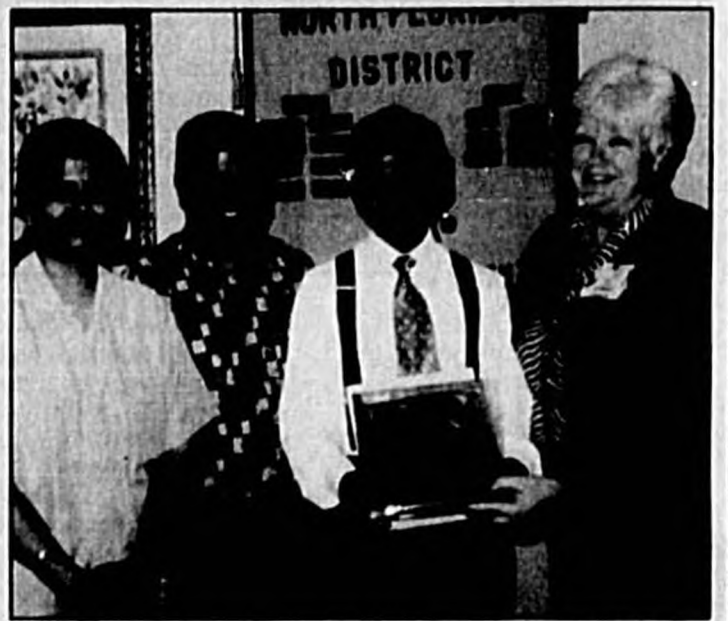
Now, if this information fails to answer my readers' questions, I may have to consider doing a pamphlet or a 200-page book (it would be obese, you can be sure, and expensive). But for now, the Gott diet has been further simplified to three words: no flour, sugar. Simplify, said Albert Einstein, as he stopped wearing socks.

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Sanford Optimist club wins honors



The Sanford Optimists returned recently from their District Conference in Gainesville. Many awards were presented to the club, including Honor Club, Honor President, Honor Secretary Treasurer and the Lt. Governor award. Above: Pictured here are, from left, Audrey Wilkinson; Audrey Ogden, Past Lt. Gov.; Marty Windsor, Altamonte Club past Lt. Gov.; Betty and Harley Vann, directors; Bob Howe, past Fla. Gov.; and Mary Alice Fay, Altamonte Club and Lt. Gov. Right: For four of the last five years, the Sanford Optimists have provided a champion in the North Florida District Oratorical Competition. This year's winner of a \$1,500 scholarship is Harry Madhanagopal, a freshman at Seminole High School. Harry prevailed over competition from as far away as Sarasota, Fort Walton Beach and Jacksonville. Pictured are Harry's parents, Harry, and Audrey Ogden of the Sanford Optimist Club.



Parents must register their children before school starts

All children living in cluster school areas of Seminole County must have a school assignment for enrollment, prior to the opening of school on August 7. Schools include Idyllwilde Elementary, Wicklow Elementary, Wilson Elementary, Hamilton Elementary, Midway

Elementary and Pine Crest Elementary. School assignments must be obtained for all youngsters entering kindergarten or new students to the area. Families are encouraged to visit the Choices Office for school assignments. The office is

located at the Education Support Center, 400 E. Lake Mary Boulevard in Sanford. Office hours are 8 a.m. until 4:30 p.m. For additional information phone 407-320-0458, 407-320-0476 or 407-320-0419.

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Legals 2B&4B
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Herald Sports

B

Sunday, July 2, 2000 1B

From the eagle's nest: golf notes and results

From Staff Reports

MIAMI - Top celebrities from the world of sports and entertainment tee it up for charity in the Canon Florida Classic Golf Tournament airing on Sunshine Network Sunday, July 2 at 6:30 p.m.

Encore performances air Thursday, July 6, at 8 p.m.; Saturday, July 8, at 7:30 p.m.; Tuesday, July 11, at 11:30 p.m.; and Monday, July 17 at 11 p.m.

This is the fourth year that Sunshine Network has provided coverage of this event. Paul Kennedy and Barry Milligan provide the commentary.

Proceeds from the Canon Florida Classic will benefit The Nat Moore Foundation whose mission is to improve the individual and community life of disadvantaged Miami-Dade County youth, by focusing on education, sports development and health needs.

Legendary Miami Dolphins receiver Nat Moore is Sunshine Network's analyst for University of Florida football games each year.

The Classic was held June 1-3 at the Doral Golf Resort and Spa in Miami. This annual event teams amateur golfers with celebrities in a best-ball format.

Celebrities participating in this year's tournament include: current Tampa Bay Buccaneer linebacker Derrick Brooks, Miami Dolphins Terrell Buckley and Lamar Thomas; Former Dolphin greats Dan Marino, Earl Morrall and Kim Bokamper; former NFL stars Richard Dent and Sterling Sharper; NBA Hall of Famer George "Ice Man" Gervin; former NHL All-Star Pierre Larouche; and former Dallas Cowboy Ed "Too Tall" Jones.

Sunshine Network Charities provides statewide exposure and awareness for numerous Florida non-profit organizations through television programs, public service announcements and more. Sunshine Network is Florida's leading regional sports and public affairs network, providing high-quality programming emphasizing Florida's local teams and events, to more than 5.2 million homes statewide.

For more information on the Sunshine Network Charities program, contact Alicia Earnest at 407-245-2536.

JUNIOR INVITATIONAL, LEESBURG - The 6th Annual Silver Lake Junior Invitational will be held at Silver Lake Golf and Country Club in Leesburg, July 8th and 9th.

Play is limited to male players age 12-18 who have not attended college. Players must have a USGA handicap or average of last five scores.

The cost is \$45, which includes two 18-hole rounds of golf and a buffet following the final round.

Registration entries must be received by July 3, 2000. Call Brandon English at 352-728-5744 for further information, entry forms or sponsorship information.

THE WORLD GOLF LEAGUE CHILDREN'S FOUNDATION TEES OFF ITS JUNIOR GOLF PROGRAM

See Golf, Page 3B

Beer :30 blitzes the field

Champs romp in Co-Ed tourney

By Dean Smith
 SPORTS EDITOR

SANFORD - It was not unexpected, but it sure was impressive.

Beer :30 capped off a tremendous season by crushing the Animals 20-0 in a four-inning hitting exhibition in the Championship Game of the City of Sanford Recreation and Parks Department Spring Co-Ed Slow Pitch Softball League End of the Season Tournament at Pinchurst Park recently.

The bottom three in the Beer :30 batting order, Allison Hubbard, Mike Miller and Lynn Webb, combined to go nine-for-nine, including a triple and three doubles, score eight runs



The triumphant Beer :30 team was all smiles after blanking the Animals 20-0 to claim the championship of the City of Sanford Recreation and Parks Department Spring Co-Ed Slow Pitch Softball League End of the Season Tournament at Pinchurst Park recently.

Herald photo by Arch Booth

Dyson Racing Ford triumphs in return of Paul Revere 250 at DIS Thursday

Special to the Herald

DAYTONA BEACH - James Weaver was hoping for rain tonight at Daytona International Speedway.

After Tuesday's qualifying was cancelled due to poor weather conditions and the field set based on practice times, the driver of the No. 18 Dyson Racing Riley & Scott Ford commented that he drove better in the rain and that his SportsRacer stuck to the track better under wet conditions.

He didn't get rain, but that didn't stop him from being a rain-maker.

England's Weaver took the pole for the Dyson Racing's No. 20 Riley & Scott Ford at this year's Rolex 24 At Daytona but his teammate Andy Wallace drove to the checkered to take the win Thursday night at Daytona International Speedway.

The Dyson Team, which started on the front row, recorded its third win of the season with the Paul Revere 250 championship.

"The car's been flying all weekend," said Weaver.

SportsRacers took the top three spots overall in the return of the Paul Revere 250, sanc-

tioned by the Grand American Road Racing Association. Second overall was the No. 27 Doran Lista Racing Judd-Doran and the No. 12 Risi, Compizitione Ferrari 333SP rounded out the podium.

Taking the win in the SportsRacer II class was the No. 22 Archangel Motorsport Services Nissan-Lola, piloted by Larry Oberto, Seattle, WA, and Ryan Hampton, Phoenix, AZ. The class win was the Archangel Team's fifth consecutive this season.

"Racing at night here is cool," said Oberto. "It's kind of like a ride at Disney World. You're driving in the lights and boom, it's pitch black. It's like you're in the tunnel."

The hometown boys in the No. 09 Spirit of Daytona Chevrolet Camaro took the class win in American GT. Daytona Beach, Fla.'s Craig Conway and Doug Goad, Farmington Hills, MI, captured their fourth win of the Grand Am season.

In The GTO class, Team Viper West dominated the competition. Tonight's win was the season's first for the No. 46 Dodge Viper, piloted by Eric Messaley.

See Racing, Page 2B



Brender earns trip to Tulsa

Special to the Herald

LAKE MARY - The trek continues.

On June 24th, Erin Brender from Ace Gymnastics in Longwood (shown at left in her younger days) competed in the U.S. Challenge gymnastics competition held in Newark, New Jersey and placed seventh all-around to qualify for the National Gym Festival.

The 17-year-old Lake Mary resident placed first on the Balance Beam, fourth on Uneven Parallel Bars, and sixth on Floor Exercise to merit the seventh place finish overall.

She had qualified for the U.S. Challenge by earning the highest overall score in the Senior Class at the eight state Region 8 National Elite Qualifying competition in Tampa two weeks ago.

The National Gym Festival will be held Friday, July 7th in Tulsa, Oklahoma, along

See Brender, Page 2B



FILE PHOTO

A year ago Lake Mary's Matt Allegra received an engraved bat from Tournament Director Tom Sperling after being selected the MVP of the Firecracker Invitational Tournament for helping lead Sanford Post 53 to the championship. The 29th addition of the prestigious event will begin Tuesday in DeLand and Daytona Beach.

Post 53 seeking repeat in Firecracker Tournament

From Staff Reports

DeLAND - Can they make it two in a row? The Sanford Campbell-Losing American Legion Post 53 baseball team ended 25 years of frustration last year when it finally won the prestigious Firecracker Invitational Tournament.

The 29th annual version of the events, sponsored by DeLand American Legion Post 6, will open on Wednesday featuring four five-team divisions.

DeLand Parks & Recreation Director Tom Sperling, who is also the Florida American Legion Baseball chairman, announced that the 20-team, 47-game tournament will be played on Melching Field at Conrad Park, at the Sperling Sports Complex, and at DeLand High School in DeLand

and at Daytona Beach Community College in Daytona.

Sanford Post 53 will be part of Division D that features Douglasville, Georgia Post 145, the Tampa Boys and Girls Club, Jacksonville Post 88, and New Smyrna Beach Post 17.

Members of the 2000 Sanford Post 53 team, which is managed by Rod Ferguson and coached by Mike Powers and Alex Acosta, are Bryan Armstrong, Robbie Carr, Jacob Davis, Anthony DiFonso, Matt Frayser, Uriah Kimung, Chris Krall, Jason Louwsma, Matt Mergo, Jeremy Meyers, Brett Nuss, Keith Parrett, Mehul Patel, Angelo Petracca, Dominic Petracca, Brandon Pharis, Adam Sanabria and Eric Schmoock.

See Firecracker, Page 2B

CO-ED

Continued from Page 1B

and drive in seven as the champs completed a 10-1 season.

The game ended up being the only one played as Focus and the B-52's failed to show up for their scheduled semifinal games.

Following Beer :30 (10-1) in the standings were Focus (7-3), the Animals (3-8) and the B-52's (1-9).

The championship game was scoreless until the third inning when Beer :30 exploded for 12 runs.

A two-run home run by Joe DiBartolo, a two-run double by Sherry Wilkie and a two-run single by Jerry DiBartolo were the big blows in the frame.

Beer :30 then wrapped up the run-rule victory by scoring eight runs in the bottom of the fourth inning.

A two-run double by Miller and two-run singles by Webb and Dave Coss were the big hits, with Coss' blow ending the game.

The Animals had no luck against the Beer :30 defense, either, getting only three hits and only one runner past first base.

In fact, other than the hits, only one ball left the infield for a fly out. There were two pop ups to shortstop with the other eight outs being recorded on ground balls to the infield.

Doing the damage for Beer :30

were Mike Miller (one triple, two doubles, three runs scored, three RBI), Lynn Webb (one double, two singles, two runs scored, four RBI), Allison Hubbard (three singles, three runs scored), Paula Ritchey (one triple, one single, two runs scored, two RBI), Jerry DiBartolo (two singles, two runs scored, two RBI) and Dave Coss (two singles, one run scored, three RBI).

Also contributing were Joe

DiBartolo (one home run, one run scored, two RBI), Sherry Wilkie (one double, two runs scored, two RBI), Roland Jernigan (one double, one run scored, one RBI), Joy Weaver (one single, two runs scored) and Bob Goyette (one single, one run scored, one RBI).

Other members of the team included manager Vic DiBartolo. Brad Lawrence was 2-for-2 with a double and Peter Hardie

had a single for the Animals. Other members of the roster included Diana Raper, Lynette Bouchie, Bonnie Breitbill, Steve DeCresse, Alley Achey, Fred Antonio, Cindy Dupree, Dave Weaston, Kate Caldwell, Jill Rohrbacher, Jeremy Summers and Julia Brashaer.

League Director Jim Schaefer has announced that the trophy presentation ceremony and meeting for the Fall League will

be held on Monday, August 21st at 6:30 p.m. at the Downtown Youth Center in Sanford City Hall on the corner of Park Avenue and Seminole Boulevard.

The Fall League will begin play the week of September 11th.

Call 407-330-5697 for more information.

| | |
|----------|----------------|
| Animals | 00 0 0 0 3 |
| Beer :30 | 00(12) 8 20 20 |

Firecraker

Continued from Page 1B

On July 5th and 6th, there will be 17 games played each day. The action tapers down to 10 games on July 7th and the final three games on July 8th.

This year's tournament boasts three state champions from the 1999 season, Bradenton Post 24, Dothan (Ala.) Post 12 and Douglas (Ga.) Post 145.

The hosting Sixers claimed Florida championship honors in back-to-back seasons of 1974-75, in 1982 and again in 1996.

There have been five National Champions from the Sunshine State. They were Hialeah Post 32 (1978), West Tampa Post 248 (1981), Jensen Beach Post 126 (1986), Miami Post 346 (1994), and Sanford Post 53 (1997).

In 1948, Jacksonville Post 9 was the national runner-up. During the 1947-54 era, the Post 9 team won the state title seven of those eight years.

Opening-round play on Wednesday at Conrad Park will find Douglas, Georgia taking on Sanford Post 53 in the opening game at 9 a.m.

Other games Melching Field are - Jacksonville Post 88 vs. New Smyrna Beach Post 17 at 11:30 a.m.; West Palm Beach Post 12 vs. West Tampa Post 248 at 2:30 p.m.; Jacksonville Post 283 vs. Apopka at 5 p.m.; and DeLand vs. Polk Post 12 at 8 p.m.

At the Sperling Sports Complex, it will be Apopka vs. West Palm Beach at 9 a.m.; Jacksonville Post 283 vs. Bradenton Post 24 at 11:30 a.m.; Jupiter Post 271 vs. Polk Post 12 at 2:30 p.m.; Tallahassee Post 13 vs. Jupiter Post 271 at 5 p.m.; and Springfield, Ohio, vs. Tallahassee Post 3 at 8 p.m.

There will be four games played at DeLand High School with Ormond Beach Post 267 taking on Jacksonville Post 137 at 9 a.m.; Jacksonville Post 137 facing Bayamon, Puerto Rico Post 48 at 11:30 a.m.; Conyers, Ga. Post 77 tackling Dothan Post 12 at 2 p.m.; and Dothan Post 12 battling Ormond Beach Post 267 at 4:40 p.m.

There will be three games played on the Daytona Beach Community College campus featuring the Tampa Boys & Girls Club vs. Douglasville, Ga. at 1:30 p.m.; New Smyrna Beach Post 54 vs. Tampa Boys & Girls Club at 4 p.m.; and Sanford Post 53 vs. Jacksonville Post 88 at 6 p.m.

On Thursday, Sanford will conclude division round-robin play against New Smyrna Beach at 10:30 a.m. at Daytona Beach Community College and the Tampa Boys and Girls Club at 5 p.m. at Conrad Park.

If Sanford has one of the top two records within its division it would advance to single-elimination Championship Play on Friday.

If Sanford does qualify it would play at the Sperling Sports Complex at either 4:30 p.m. (if it is the division winner) or at 7 p.m. (if it is the division runner-up) against a team from Division C (Bayamon, Dothan, Jacksonville 137, Conyers, or Ormond Beach).

Friday's winners would then advance to the semifinals on Saturday at Conrad Park at 9:30 a.m. and noon. The Championship Game is set for 6 p.m. on Saturday at Conrad Park.

Brender

Continued from Page 1B

with the U.S. Classic international competition.

The top finishers at the National Gymnastics Festival would qualify for the National Training Squad and attend a training camp with Bela Karolyi - who coached the 1996 Olympic Gymnastics team - which could lead to making the U.S. Olympic Team that will be competing in the Olympics in Australia this winter.

Brender works over 25 hours a week with coaches Ray and Joan Gnat (both former gymnasts and now own-

ers of Ace Gymnastics) and helps coach younger gymnasts at Ace Gymnastics.

She will be a Senior this fall at Circle Christian School and maintains a 3.9 GPA and is also a part of the youth leadership team in the Church of the Annunciation's LIFE TEEN program. Her mother Fran is the worship leader in a local prayer community, the Servants of the Most High, and part of their discipleship mentoring process, while her father Gary is a City Commissioner in Lake Mary.

JUNIOR INVITATIONAL

LEESBURG - The 5th Annual Silver Lake Junior Invitational will be held at Silver Lake Golf and Country Club in Leesburg, July 8th and 9th.

Play is limited to male players ages 12-18 who have not attended college. Players must have a USGA handicap or average of last five scores.

The cost is \$45, which includes two 18-hole rounds of golf and a buffet following the final round.

Registration entries must be received by July 3, 2000. Call Brandon English at 352-728-5744 for further information, entry forms information, entry forms or sponsorship information.

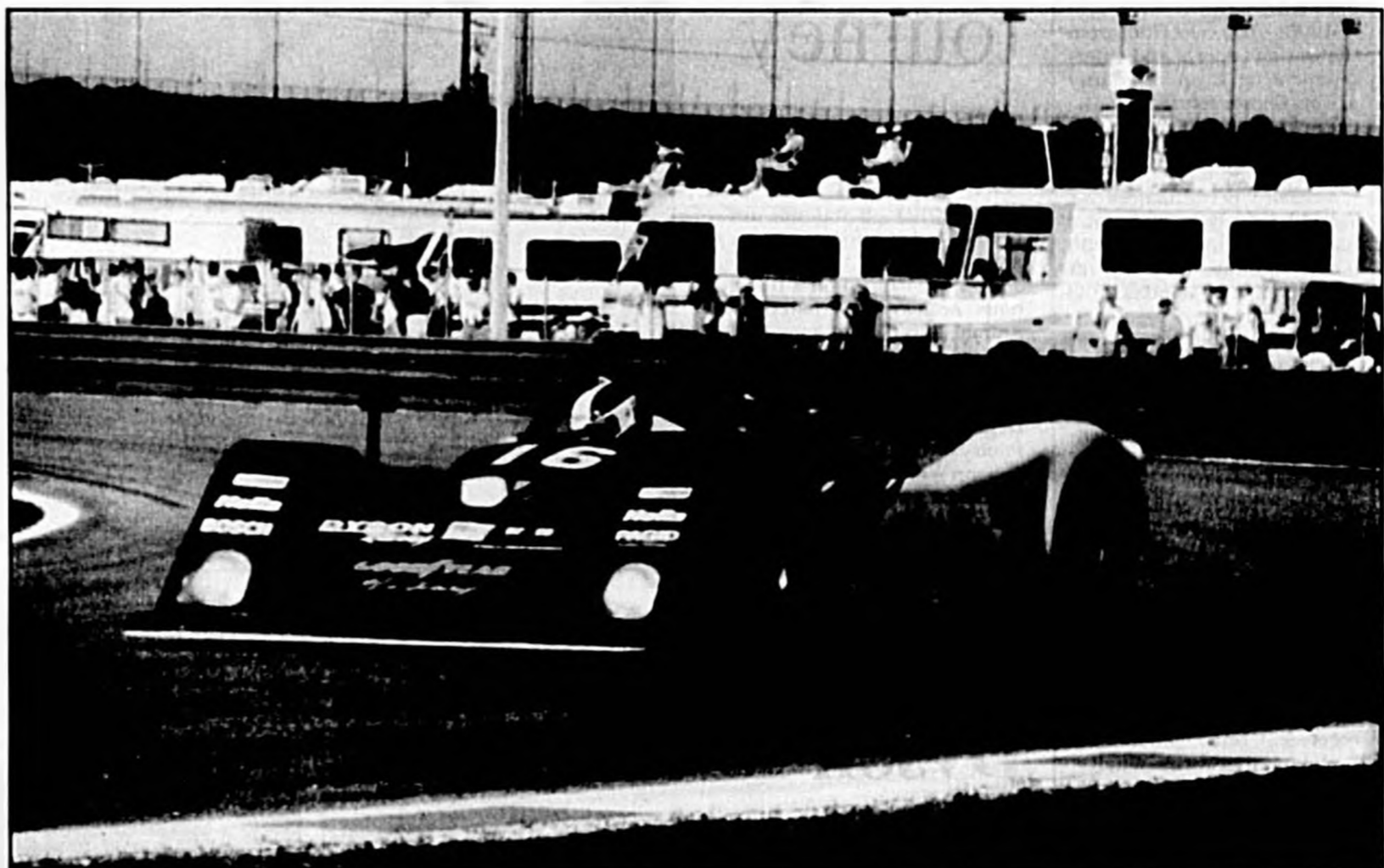
Briefs

sponsorship information.

JCC ROAD RACE

MAITLAND - The Jewish Community Center, 851 N. Maitland Ave will be holding its 17th Annual Road Race July 27 at 7 p.m. Registration forms are located on the JCC website, www.ortlandjcc.org. For information call (407) 645-5933 extension 255.

See Briefs, Page 3B



The Dyson Racing No. 16 Riley & Scott-Ford came out on top again Thursday night, outlasting a three-lap shoot-out at the end to

win the renewed Paul Revere 250 at Daytona International Speedway with James Weaver and Andy Wallace at the wheel.

Racing

Continued from Page 1B

Huntington Racing, CA., and Marty Miller, Brea, CA.

The No. 81 G&W Motorsports Cal IV Entertainment Porsche GT3R led the competition in the GTU class. Phoenix, Az, drivers Darren Law and Mike Fitzgerald captured their third win for the season.

The Paul Revere 250's return to Daytona International Speedway marked the first time since 1986 that the historic mid-night race has run at the "World Center of Racing."

PAUL REVERE 250 GRAND-AM SERIES DAYTONA INTERNATIONAL SPEEDWAY

Thursday, June 29, 2000

- (116) SR, Weaver/Wallace, 70, 103.8, Dyson Racing Team, Ford Riley & Scott, Norwalk/Theford/Goodyear.
- (27) SR, Bentley/Thays, 70, Doran Lisa Racing, Judd Riley & Scott, Doran LISTA - Making Workspace Work.
- (12) SR, Schiattarella/Kelleys, 70, Risi Competizione, Ferrari 333SP, Risi Competizione.
- (74) SR, Baldwin/Robinson, 70, Robinson Racing, Judd Riley & Scott, Informix Software/74 Ranch Resort.
- (37) SR, Jon Field/Gavin, 70, Interport Racing, Ford - Lola, Hanama Joe's.
- (22) SR, Oberlo/Hampton, 67, Archangel Motorsport Services, Nissan - Lola, American Instrument/Oberlo Beef Jerky.
- (99) SR, Snow/Schumacher, 60, Snow/Schumacher Racing, Nissan Lola, Snow/Schumacher Racing.
- (63) SR, Downing/Katz, 65, Downing Atlanta, Mazda - Kudzu, Crevette.
- (95) SR, Schroeder/Volk, 65, TRV

- (48) GTU, Messley/Miller, 65, Team Viper West, Dodge Viper, Sportsteed.com/EMI Racing/Hinckley Dodge/Dunlop.
- (81) GTU, Law/Fitzgerald, 64, G&W Motorsports, Porsche GT3R, Pure Image/Cal IV Entertainment.
- (80) GTU, Gabel/Morton, 64, G&W Motorsports, Porsche GT3R, Ibra Kenridge Racing Corp/Streetmail.com.
- (66) GTU, Buckler/Collin, 64, The Racer's Group, Porsche GT3R, The Racer's Group.
- (62) SR, Grupp/Spencer, 64, Team Spencer Motorsports, Mazda - Kudzu, Trench Shorting Services/Crevette Modular Floating.
- (20) SR, Elliott Forbes Robinson/Dyson/Paul Jr., 63, Dyson Racing Team, Lincoln - Riley & Scott, Norwalk/Theford/Goodyear.
- (6) SR, Tiller/Macaluso, 63, TRP Racing, Nissan - Lola, Yokohama/Red Line/ACL Sauter Technologies.
- (29) SR, Joe Field/Mirro, 63, Interport Racing, Ford Riley & Scott, Hanama Joe's.
- (55) GTU, Gleason/Hilgrim, 63, Genesis Racing, BMW M3, Gleason Financial.
- (51) SR, Loven/Zacharias, 63, Tampolli Raffaele Eng, Tampolli RTA99 Alfa Romeo.
- (90) GTU, Friedman/Miller, 63,

- (50) GTU, Fairbanks/Aubrien, 63, Genesis Racing, BMW M3, Paintballgames.com.
- (98) GTU, Hickey/Vobst, 62, Grand Touring Technologies, Porsche 990, CIT Technologies/Yokohama/Stuck/Cup Tech.
- (98) SR, Redman/Owen/Smithson, 62, Redman Bright/Dream, M194 Nissan.
- (52) SR, Sa' Nuguria/Spreng, 62, Tampolli Raffaele Eng, Tampolli RTA99 Alfa Romeo, Raffaele Tampolli Engineering.
- (09) AGT, Conway/Goad, 61, The Spirit of Daytona, Chevrolet Camaro, X-1R Perf Lab/Daytona Mitsubishi/GM Perf Parts.
- (17) SR, Sino/Bingham, 60, Hybrid Racing, Ford Riley & Scott, Hybrid Racing.
- (11) AGT, Bupp/Pile, 60, Leavy - Hamilton Safe, Chev Camaro, Bill Kelly Systems.
- (97) GTU, Polcastro Jr./Polcastro Sr./Jackson, 60, Gunnar Racing Porsche, 993RSR, Classic Industries/Grubbiak Performance Center.
- (07) GTU, D. Marshall/S. Marshall, 60, G&W Motorsports, Porsche GT2 EVO, The Jennifer Fund.
- (07) GTU, Orcutt/Wurtz, 57, The Racers Group, Porsche GT3R, The Racer's Group.
- (84) AGT, McNeil/Mills, 57, Corner

- (25) GTU, Montgomery/Hodenroth/Greg, 63, Broadfoot/Press Racing, Porsche 998 T, Technical Dimensions Porsche Specialists.
- (00) AGT, Jenkins/Nesbitt, 51, Orion Motorsports-Team Chicago, Ford Mustang.
- (4) AGT, Kennedy/Parker, 50, Kennedy M/S John Ann Racing, Chevrolet Camaro, X-1R/Brickyard Bar & Grill.
- (44) GTU, Aponte/Blanc/Glok, 40, Aponte Broca Racing Mazda RX-7, Rums of Puerto Rico.
- (02) GTU, Johnson/Borcheller, 38, Saleen-Allen Speedlab, Saleen Mustang, HA5F/Home Improvement.
- (04) AGT, Davis/Hill, 30, Last Lap Restorations, Chevrolet Monte Carlo, Air Systems Foundations.
- (7) AGT, Lewis/Finger, 27, Jack Lewis Enterprises, Ford Thunderbird, Jack Lewis Enterprises.
- (94) AGT, Arpin/Puleo, 16, A General Kinetics, Chevrolet Camaro, Tuflube.
- (09) SR, Hunting/Goldaborough, 15, Redman Bright Hilbeam, M194 Nissan.
- (15) GTU, Urrutia/Serets, 8, Kreider Motorsport, Chev Corvette, Ferras Valves/Unesco.
- (78) SR, Ransael/Sezionate, 5, Sezto Florida Racing Team, Mader - Norma, Hun On The Bay.

LEGALS

NOTICE OF PUBLIC SALE
PUBLIC NOTICE is hereby given that, on the date and at time listed below, and continuing from day to day until all goods are sold, we will sell at public auction, to the highest bidder, for cash, at the warehouse of STORAGE USA, located at 1007 Wild Springs Dr., Winter Springs, Fla. 32708, the contents of the following storage units containing household and/or business goods, for rent and other charges for which a lien on same is claimed, to wit:
DATE OF SALE July 11, 2000
11:30 A.M.
JOHN JERUMANS #7, THELMA GOLDMAN #13, DAWN M PADILLA #156, STEVE FIGUEROA #270, BRETT HYDEN #301, KATHLEEN S. CANFIELD #363, PATRICIA T. BROWDY #536
Auctioneer: Tampa Liquidators. A \$50.00 cleaning deposit will be collected for each unit purchased and refunded after all contents of the unit has been removed from the facility. The above notice to be published once a week for two consecutive weeks. Said sale to be under and by virtue of the Statute of the State of Florida, in such cases made and provided. Publish: June 25, and July 2, 2000 DEP-179

NOTICE
PUBLIC NOTICE is hereby given that, on the date and at time listed below, and continuing from day to day until all goods are sold, we will sell at public auction, to the highest bidder, for cash, at the warehouse of STORAGE USA, located at 7400 W. Colonial Dr. Orlando FL 32818, the contents of the following storage units containing household and/or business goods, for rent and other charges for which a lien on same is claimed to wit:
DATE OF SALE July 11th
TIME OF SALE 2:00 pm
Unit #1054 - Karen Williams
Unit #1088 - Ezra Monell
Unit # 814 - Coby Mitchell
Unit # 202 - Wayne Branda
Auctioneer: Tampa Liquidators. A \$50.00 cleaning deposit will be collected for each unit purchased and refunded after all contents of the unit has been removed from the facility. The above notice to be published once a week for two consecutive weeks. Said sale to be under and by virtue of the Statute of the State of Florida, in such cases made and provided. Publish: June 25, and July 2, 2000 DEP-208

NOTICE OF AGENCY ACTION TAKEN BY THE ST. JOHNS RIVER WATER MANAGEMENT DISTRICT
Notice is given that the following permit was issued on June 16, 2000, permit # 40-068-65649-1. The project is located in LAKE COUNTY, Section 25, Township 18 South South, Range 28 East. The permit authorizes A BURFACE WATERMANAGEMENT SYSTEM ON 66 ACRES TO SERVE A new landscape nursery with three retention ponds. A conservation plan will be implemented to provide water quality assurance known as Garden Rebel Nursery. The receiving waterbody is St. Johns.
The file(s) containing the application for the above listed permits is available for inspection Monday through Friday except for legal holidays, 8:00 a.m. to 5:00 p.m. at the St. Johns River Water Management District (District Headquarters), 4048 Reid Street, Palatka, FL 32177-1429. A person whose substantial interests are affected by the District permitting decision may petition for an administrative hearing in accordance with sections 120.549 and 120.57, F.S., or may choose to pursue mediation as an alternative remedy under section 120.573, Florida Statutes, before the deadline for filing a petition. Choosing mediation will not adversely affect the right to a hearing if mediation does not result in a settlement. The procedures for pursuing mediation are set forth in section 120.573, Florida Statutes, and rules 28-108.111 and 28-108.401-404, Florida Administrative Code. Petitions must comply with the requirements of Florida Administrative Code Rule 40C-1.611 and 40C-1.621 and be filed with (received by) the District Clerk located at District Headquarters, Highway 100 West, Palatka, Florida 32177. Petitions for administrative hearing on the above application(s) must be filed within twenty (21) days of publication of the notice or within twenty six (26) days of the District depositing notice of the intent in the mail for those persons to whom the District mails actual notices. Failure to file a petition within this time period shall constitute a waiver of any right(s) such person(s) may have to request an administrative determination (hearing) under section 120.57, F.S., concerning the subject permit. Petitions which are not filed in accordance with the above provisions are subject to dismissal.
Because the administrative hearing process is designed to formulate final agency action, the filing of a petition means that the District's final action may be different from the position taken by it in this notice of intent. Persons whose substantial interests will be affected by any such decision of the District on the applicant have the right to petition to become a party to the proceeding, in accordance with the requirements set forth above.
Publish: July 2, 2000
DEO-10

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Golf

Continued from Page 1B

PALM BAY - The World Golf League Children's Foundation, founded earlier this month, recently initiated its junior golf program with the sponsorship of its first child.

The Foundation is providing 8-year-old Eric Smith with a set of junior golf clubs and 10 lessons with head golf pro John Habison at The Majors Golf Club in Palm Bay.

"I am very excited about the World Golf League Children's Foundation and our ability to introduce the game of golf to juniors who may otherwise not have the opportunity to learn or play," said Mike Pagnano, president, World Golf League. "In fact, we hope to assist up to 20 kids each year."

Eric Smith, who resides in Palm Bay, will continue with his lessons throughout the summer. The lessons not only include instruction on driving, chipping and putting, but also golf etiquette which overflows into many aspects of everyday life.

The Foundation will also be forming a college scholarship fund to be supported by a portion of the proceeds from the World Golf League's annual membership dues. Children chosen to participate in the junior golf program will then be eligible for these college scholarships in approximately eight years.

The World Golf League seeks recommendations on future children to sponsor, ages 8-12, in markets such as Orlando, Tampa, Jacksonville, Dallas, Los Angeles, Detroit and New York.

To nominate a child, call the World Golf League headquarters at 407-330-1011.

"We are honored to be chosen as the first course for this program," says Brian Bauer, The Majors Golf Club general manager. "The excitement can be seen in Eric's eyes as he remains at the course after his golf lesson to practice at our facilities."

The World Golf League Children's Foundation was created by Pagnano, who brings over 25 years of management, leadership and marketing experience to the World Golf League.

Providing "play for pay" during a 16-week season, for men and women of all skill levels, each league consists of 10 players competing in an 18-hole match play against the other nine league members.

Local champions will advance to the regional competition, where the top 400 qualifiers will then be invited to participate in the national tournament for championship titles and cash prizes across eight flights.

For more information on the World Golf League, the World Golf League Children's Foundation or to refer a child in a World Golf League key market, please call the Lake Mary headquarters at 407-330-1011 or visit www.worldgolfleague.com.

WORLD GOLF LEAGUE REGISTERS 400TH LEAGUE IN JUST TWO MONTHS

LAKE MARY - Since it debuted two months ago in March, The World Golf League has registered over 400 leagues. With leagues consisting of 10 members, that's 4,000 golfers who have committed to "play for pay."

Of these golfers, over 1,200 individuals will be matched up with a league in their geographic area by The World Golf League.

According to Mike Pagnano, President of The World Golf League, registrations are coming from all over the United States.

"The Eastern Seaboard and Southeast are pulling a lot in," said Pagnano. "But we also have leagues from Texas, Arizona, and California. The concept of playing on an organized league with the opportunity to earn money is obviously appealing to golfers."

Registration continues until September 1, 2000. Players have until September 15 to complete their matches. The World Golf League will help leagues with accelerated schedule formats.

The World Golf League is open to amateur and professional golfers of all skill levels. League players compete in an 18-hole match play against the other nine members. Leagues can play at a golf course of their choice or at one recommended by The World Golf League.

League winners will advance to regional competition, followed by a national tournament in October, where the top 400 qualifiers will be invited to compete for championship titles in eight flights.

Cash prizes, determined by 20% of total annual dues, will be awarded across each flight.

Annual dues will be \$95 per member or \$950 per league, with league organizers — club pros or amateurs earning a 15% commission.

The World Golf League is headquartered in Lake Mary. For registration information, please call 407-330-1011.

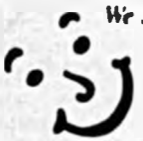
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For Tuesday's edition, the deadline is Monday at noon
For Wednesday's edition, the deadline is Tuesday at noon
For Thursday's edition, the deadline is Wednesday at noon
For Friday's edition, the deadline is Thursday at noon
For the weekend edition, the deadline is Friday at noon

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- 319 Window Washing & Tinting

Plan Now, HURRICANE SEASON IS HERE

Make plans now to be a part of
Seminole Herald's

Hurricane Season 2000

Special

Publishing Sunday, July 16th

This handy guide will be jam packed with information to help you stay safe during hurricane season.

Be one of the first 10 advertisers and **SAVE UP TO \$100**

Full Page (10 1/4" x 13") \$400 Half Page (10 1/4" x 6 1/4") \$220
Quarter Page (5" x 6 1/4") \$120 Eighth Page (3 1/4" x 3") \$80

Map Sponsorship Ads Only \$40/Spot

* First 10 ads reserved get 25% OFF

Ad deadline and space reservation is 5 p.m. July 10th

Hurry Reserve your Space Today! Call 322-2611

Help us help our readers be prepared for
Hurricane Season 2000

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.
Today's clue: P equals K

'VAEHLBKF: X CBJADCZD TBNL
DZGCZDJ KNZ JMMZDZD HGUVZ
KA LHOU NBJ KIGSHZ TNZG FAH
TBJN KA KXVP.' - XYUDAJZ

UBZDLZ

PREVIOUS SOLUTION: "That guy looks like my father and acts like my mother. He's for me!" - Anne Bancroft, on meeting future husband Mel Brooks.



• BUY • SELL • TRADE
You can do it all with a
Seminole Herald
classified ad
Call (407) 322-2611
To Speak to a
Classified Ad Specialist
Or Fax Your Ad
(407) 323-8408

12—ELDERLY CARE

Sincere dependable christian lady with refs to care for your loved ones in your home. 407-324-8447.

15—CEMETERY LOTS

FOR SALE 2 BURIAL SPACE
OAKLAWN PARK \$3,500. CALL
407-323-7808

21—PERSONALS

Longwood Massage Studio.
Walk-ins welcome 7 days.
Private rms Female Staff.
Lic #MM0007785
407-338-5300

23—LOST & FOUND

LOST POODLE - FEMALE,
STANDARD, GREYISH-
CHOCOLATE, FIXED, NEEDS
MEDICINE. HER NAME IS MOLLY.
CALL 407-324-2018

25—SPECIAL NOTICES

Consider Adoption - Happy but
childless couple, secure and with much
love to spare want to adopt
newborn to 4 yrs. old. Allowable
expenses paid. Please call attorney
toll - free at 1-888-222-
9123(Ref563)

OPEN DOOR, Social Services of
Florida is a therapeutic foster care
agency located in the Orlando area.
We are looking for dedicated and
caring families who are concerned
about providing children with a safe
and nurturing environment by
becoming foster parents. If you
have love in your heart and room in
your home, contact OPEN DOOR at
(407) 896-2323.

27—NURSERY & CHILD CARE

Babysitting in my Sanford home M-
F 7am-6pm, Non - Smoker,
Christian home, 10 yrs. exp'd, CPR
& First Aid Certified, infants, \$90/Wk.
One's & up \$70/Wk. For more info
Call Julie @ 407-328-6995.

Prior Daycare Teacher opening own
home daycare - Mon-Sat., EMT
certified Sanford-Lake Mary area. Call
407-321-3605

27—NURSERY & CHILD CARE

**Reg home day care - pre-school
program starting in Aug. Call 407-
322-1728.

55—BUSINESS OPPORTUNITIES

ATTENTION:
Earn Online Income
\$500-\$7500/ mo
www.pcpays.com

59—FINANCIAL SERVICES

FINANCIAL DIFFICULTY?
Personal Loans, Bankruptcy,
Mortgages, etc.
1-888-227-8121

71—HELP WANTED

A driving career is waiting for you with
Swift Transportation. No experience
necessary. Earn \$500-\$700 weekly
as a professional truck driver with
excellent benefits. No CDL? Training
is available. CALL TODAY 1-800-435-
5563.

71—HELP WANTED

Looking for a job?
Check out the help
wanted section in the
Seminole Herald.

LEARN TO DRIVE TRACTOR TRAILERS NO EXPERIENCE NEEDED!

• 15 Day CDL Training
• Day & Weekend Classes
• Financial Assistance
• Carriers Hiring On Site



Truck Driver
Institute
800-554-7364



START A PART-TIME JOB NOW
WITH DYNAIR

Janitorial Services
Ramp Services
Aircraft Cleaning
New Higher Starting Rates

Looking for a job that will
lift your career? DynAir
Services, Inc. a multi-million
dollar international airline
ground support service
company serving over 120
major U.S. and international
airlines and we are growing.



We are seeking part-time Ramp services
personnel for our Sanford International
Airport location. Requirements for this
position include ability to work weekends,
have a valid Florida driver's license, under-
stand English, pass a drug screening, be
able to lift up to 75 lbs. and provide a 10
year verifiable work/school history. We
offer uniforms, paid training, free parking,
and dynamic work environment.

67 Carrier Avenue
Sanford, Florida 32773
(407) 322-3693

For more information please stop by our administrative office Monday through
Friday from 10:00 A.M. until 3:00 P.M. to complete an application. We are located
adjacent to Orlando/Sanford International Airport. From 17/92 take Airport Blvd.
east and turn left onto Carrier Avenue.
Equal Opportunity Employer M/F/V/D

CLASSIFIED 322-2611

Seminole Herald

You can fax your ad to 407-322-9408
300 N. French Ave., Sanford 32771 • P. O. Box 1867, Sanford 32772
Our office is open to serve you Monday through Friday, 8 am - 5 pm

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Focus On Savings
Shop Seminole Herald's Classifieds Everyday!

Enrollment for ages 0-12 years
We accept 4c and private pay
Summer camp program (school age)
Pre-School program • After School program
Pick-up • Drop off
24 HOUR LICENSED FACILITY

if you're getting numbers fast,
CHECK OUT THE HELP WANTED SECTION AND FIND THAT PERFECT JOB!
We are working hard to keep you informed with the very latest in local news. Take a minute from your hurried schedule now, and ask about our new millennium subscription special.
Call Seminole Herald
300 N. French Avenue, Sanford
407-322-2611

71-HELP WANTED

\$8.00 to \$10.00/hr to start setting up apta., M-F 9:00-9:00pm, Sat. 9:00am-1:00pm, weekly bonuses, holiday pay, etc. Call 407-322-3663 ext. 408 (Barbara) after 1:00pm for an interview.

A/C Duct Mechanical/Helpers - Local work, top pay, & benefits. DWFP. Call 407-830-7118

A/C Service Technicians & Installers - Immediate openings! Up to \$22/hr + vehicle & benefits. 407-830-7118. DWFP

Accounting Clerk - Billing AR, collections, & limited general ledger responsibilities. Fax resume, 407-260-7098

Area Trainer-Sales \$3000/Wk to Start - Rapid advancement to management. Earn \$50K/yr. No exp. req. Call Mon & Tues after 8:30am for interview. 407-328-0880

Assist. Mgrs-Sig. Trainers - College students of all ages. Summer program scholarship available. \$350 to start. Call Mon & Tues, after 8:30am for interview. 407-328-0880

ATTENTION: WORK AT HOME - "Home Based Business" - 18-18 Hours Around Year Round. \$500-7500/Week. Call 800-878-0644

ATTN: Postal clerks/trainers/workers - positions, clerical/benefits. No exp. req. Benefits. For exam, salary and testing information call 800-638-8243 ext. 1 8 am-8 pm 7 days.

ATTN: Work From Home - Up To \$28 to \$75/hr PT/FT. Immediate Start. Order 888-878-7648

Breakfast Waitress/Hostess - Time Auditor - P/T, Top Pay, Good Working Conditions. Apply: Marriott Courtyard, 136 International Pkwy., Lake Mary

CDL Class A Drivers for Refrigerated Center Hauling Produce & Plants. Call Judy, 407-330-8887.

DENTAL ASSISTANT - Experienced Assistant for surgical and prosthetic reconstructive practice. Salary & benefits, P/T, we train into with strong surgical or general experience. Mail resume 272 E. Graves Ave., Orange City, FL, 32763

71-HELP WANTED

DESIGNERS NEEDED for fast growing artificial plant company in Altamonte Springs. F/T and P/T positions available with flexible hours. Experience and creativity a must. Please call 407-332-8733 for appl. or fax resume to 407-260-8768.

Electrical Engineer/Technician - Experienced in design of electrical control panels using Auto CAD. Working knowledge of PLC ladder logic, pecking machinery start up, trouble shooting & debugging of software & hardware. Demonstrated background of Allen Bradley PLCs & other architectures required. Fax resume to 407-260-7098. Attn: Human Resources

ELECTRICIAN APPRENTICE

Immediate, full-time employment for anyone interested in working towards a career as an electrician. Some exp. and out of town travel is req. Fully competitive wage & benefits package. Valid DL and good driving record is req. Call K & K Electric, Inc. Sanford, FL. PH:407323-8300

Electricians Helpers - Good pay, benefits, overtime, expense paid travel, promotion possibilities. 407-330-2900

FLOORING INSTALLERS - Hardwood and Laminates Flooring. Apprentices needed immediately for established, expanding, company. Great advancement opportunity. Call Jack at 407-321-5332 Ext. 404. Must have valid drivers license and pass background check.

GPC STAFFING RIGHT HAND MAN DRIVER-DELIVERY DRIVER NEEDED FOR EARLY MORNING. STAFFING CLERK IN LORNGOOD. VAN PROVIDED. SPLIT SHIFT 40HR WK M-F. IMMEDIATE OPENING. 407-380-8198.

PUNCHOUT & GROUNDS KEEPER-LOCAL APT COMPLEXES LOOKING FOR THE RIGHT PERSON. GREAT HOURS. PART TIME/FULL TIME. CALL GPC STAFFING 407-260-5088.

WAREHOUSE WORKERS NEEDED TO UNLOAD TRUCKS. EXP FORKLIFT. CALL GPC STAFFING 407-260-5088.

CABINET WORKERS NEEDED FOR LOCAL SANFORD CPNVA. GREAT PAY & BENEFITS & HOURS. CALL GPC STAFFING 407-260-5088.

Production/Stacker/pullers - Needed for deli company, afternoon and evening shifts avail. Lifting 50lbs + requirement. C at GPC Staffing 407-260-5088.

Right Hand Man needs daily workers. Construction clean up, and laying wire pulling etc. \$5.00 sign on bonus with this ad to new employees. Extra pay to drivers. Open 5 AM 801 Dog Track Rd Longwood 407-260-8108.

71-HELP WANTED

CNA's needed all shifts. Great opportunity without corporate stress!!!! Apply in person at: Lakewood Nursing Center 1918 E 2nd St., Sanford, 407-322-6707. Ask for Susie EOE/DFWP

COMMERCIAL ELECTRICIANS Services & New Construction

We have immediate, full-time employment in the Orlando area for a skilled electrician in our specialized market serving the gasoline service station/petroleum industry. Prior industry experience is a plus, but we train all new associates. Benefits include a competitive salary, health care & a company vehicle. Call K & K Electric, Inc. Sanford, FL. PH: (407)323-8300 or FAX Resume to: 407-323-8208

ALL CRAFTS JOURNEY MEN & HELPERS

Power Plant addition in Deberry, FL. has openings for the following crafts: carpenter/form setters, concrete finisher, hyd 7 conv. crane operators, excavation equip. operators, pipe layers, pipe fitters, combo pipe welders, electricians and laborers. Top Pay & Benefits, working O/T Call 407-575-3171 for 888-961-4291 x519 EOE / Post Offer / Drug Screen & Back Ground Check.

Immediate openings for house repair/housekeeper. Apply in person at Spring Hills Suites at Seminole Town Center. Call 407-905-1000

71-HELP WANTED

Exp'd bilingual wholesale plant nursery workers needed with drivers license. Start at \$8.00/hr. 407-332-1727.

Insurance/Receptionist for busy orthopedic office in Deltona. Exp a plus. Call Sharon at 407-787-6636.

LABORERS NEEDED FOR UNDERGROUND UTILITY CONTRACTOR - HEALTH INSURANCE AND 401K PLAN. 5 days per week. Apply at Sea Water Drive, Altamonte Springs 407-322-2666.

Late Mary and Sanford Area - cleaning in eve. M, W, & F. Good pay!!! Call 1-888-848-2287

Landscape-Hard workers and reliable. Vacation and pension. 407-322-8133

Lawn maintenance helper needed. Start \$280/week, 40 hr work wk. Local op. Call 407-302-0274 for more info. D/F/W/P. We have high standards, do you?

Lawn Spray Technicians needed for local company. FT. Call 407-321-8647

Legal Secretary with receptionist responsibilities for general practice law firm in Altamonte Springs. 1-3 job exp. Fax resume with salary requirements to 407-888-1808.

Limo Co. serving Sanford Airport looking for responsible drivers for expanding bus. 1-888-888-8111

Machine Operator - Read blue prints, do set up, O/C on work. Competitive salary & benefits. Fax resume to 407-260-7088. Attn: Human Resources.

MAIDS NEEDED IMMEDIATELY! Honest, dependable, & mature. M-F 7:30-5:00 P.M. Transportation helpful. Call 407-324-1177 to start immed.

71-HELP WANTED

Experimental auto-Pizza Man/Waitress/Waiter - Sergio's Italian Restaurant in Sanford. Ask for Peter 323-8888

Mariner Health of Orange City - CNA-PT/FT-7am-3pm & 3pm-11pm

Sign-On Bonus, Shift Diff., Paid Time Off, Competitive Wages, and Much More!

Sturgeon West, LPN Staff Development Coordinator - 3618 International Road, Deltona, FL 32713 407-888-8818

Multiple positions available, part time \$10.00 per hour. All tasks but good testing facility. Needs to be flexible with weekends and have good customer service skills. Some evenings and Sat. Fax inquire or resume to 407-801-8883.

Nurse/Instructor - teaching driving instructor with verifiable driving skills interested in teaching drivers off of trucks. Apply in person: 808 Postman Ave., Sanford. Call for directions at 407-322-8888.

Professional Housecleaning - Do you take pride in a job well-done? If so, we may have a position for you! \$18/7.50/hr + mileage. No nights or weekends. Car required. 407-834-8588.

PT CLERK Apply 9-5pm at: **SAVE A LOT!** 3881 Orlando Drive, Sanford, FL.

Quilts now hiring waitresses, cooks, dishwashers & cashiers. Must be able to work weekends. 407-321-4842

Sales Professional - Growing sportswear company offering opportunity & long term potential. Positive Image. 407-888-1888

71-HELP WANTED

Own a PC? Put it to Work! 1-800-784-8888 www.pcjobs.com

Part Time Truck Driver - Class B license. Required: \$100 per hour, 2 hours minimum, 4:30pm to 8:30pm. 407-330-8245.

Playground installers needed. Must have drivers license. Must be able to travel Mon-Fri. Starting pay \$350/week salary. 407-323-8822.

PRODUCTION OPERATORS - TI Group Automotive Systems, a multi-national manufacturing firm, is currently recruiting for Production Operators at our Sanford location. Requires a H.S. diploma preferred. Applications accepted at: 2884 Jewell Lane, Sanford, FL 32771 EOE M/F/D/V

Professional Housecleaning - Do you take pride in a job well-done? If so, we may have a position for you! \$18/7.50/hr + mileage. No nights or weekends. Car required. 407-834-8588.

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SERVICE DIRECTORY
Advertise your business or services for only \$30.00 a month!
Call the Classified Department at: (407) 322-2611

ACROSS
1 Beef and pork
2 Computer term
10 Resident
12 Type of cracker
14 River in India
15 Jockey
16 "Cyan" and
17 No --, ends or
18
19 Broad handle
20 Stomach
23 Green out the
24
26 Jazz style
27 Is able to
28 Thrown about
32 Last syllable of
a word
34 Actor
Mickey --
36 Two --
(small ear)
38 Superlative
suffix
37 LP speed
39 Revises

DOWN
1 "The Gift of
the --"
2 Mild bath
3 First-rate
(3 wds.)
4 Pull
5 Suit -- Mario
6 "It's cold!"
7 Luxurious
sailing
vessel
8 Slang
language
9 Nobleman

Answer to Previous Puzzle

BAMBOO HAZARD
ANOINT UTOPIA
BONSAI REASON
EST ONS ETE
ROSETTA
GLEANED EFLAT
NADIA MIAMI
USING PEKOE
SETEE SELLERS
DRILLED
WON DYE SSE
HIEMAL GNAWED
ESSENE INLAND
TETRAD TWENTY

11 Egyptian goddess
12 Having
afterlife
13 Bon -- (clever
saying)
18 Lie
19 Vigor
21 Claim
22 Bad
temper
23 Risk
24 Selva
25 "Cat on --
Tin Roof"
27 Mention
28 "So be it!"
29 Fragrant
ointment
31 Capable of
categoriza-
tion
33 Docile
34 Mother of
Milk
40 Bar legally
41 -- bity
42 Farmyard
sound
43 New -- City
44 Part of
HOMES
46 Type of
game
47 Endings for
"graph"
48 Rippled
50 "As far --
know"
52 Above (post.)
53 Actress
West

STUMPED? Call for Answers • Touch-tone or Rotary Phones
\$10 per minute • 1-800-880-4800 ext. code 000

IMMEDIATE OPPORTUNITIES

For A New Primary Care Clinic:

- Medical Assistants
- Laboratory Techs
- Phlebotomists
- Medical Receptionists
- Transcriptionists
- RNs
- LPNs
- Radiology Techs
- Medical Office Manager

Full-time (40 hour per week) positions, Monday through Friday. No Evenings or Weekends. Experience in a primary care clinic or hospital is a requirement. For immediate consideration forward resumes via fax to (334) 677-7309.

268-BUSINESS OPPORTUNITY
Absolute Best Opportunity!! Let me show you how to make \$2000/yr. I'm not kidding! Call 407-323-5587

263-CARPENTRY
CARPENTER - All Home repairs, painting & ceramic tile. Richard Green 407-321-8872

268-ELDERLY CARE CENTERS
Adult Care - Mary G. Edwards, 2832 El Capitan Dr., Sanford, 407-328-8728 (LIC# 988326)

269-CLEANING SERVICES
BLITZ CLEAN
Office cleaning. Free estimates 407-321-8718

Psychic Advisors
The Psychic Shop
If you have questions about love, business, marriage, health or family, visit the Psychic Shop for a reading.
We'll help you in all matters of life!

266-BUSINESS OPPORTUNITY
Absolute Best Opportunity!! Let me show you how to make \$2000/yr. I'm not kidding! Call 407-323-5587

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Office cleaning. Free estimates 407-321-8718

265-CLEANING SERVICES
NEAT-N-TIDY
407-324-1177
Residential • Commercial
Ask About Our Specials!

270-CONCRETE
John Wesley's Masonry
30 Yrs Exp. LI, 407-887-3880
407-888-3783/407-322-1881
All Types of Masonry Work

275-DRYWALL
"Stucco Repairs"
All Textures Matched
Popcorn!!
407-322-8338 L1

280-HOME DECOR
Vertical & Mini Blinds
Free measuring & installation 80%
to 70% off. Please see on any blind.
Call Dan, 407-481-4748(CP), or 407-
320-7016(Bus)

281-HOME IMPROVEMENT
Let Me Fix It NO JOB TOO
SMALL/Reasonable Rates/Some
Referral from Const. Bus. Call Roy
Burke 407-322-8363

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Burke 407-322-8363

281-HOME IMPROVEMENT
AI's Handy Men Special
Specialized in All Plumbing and
Most Small Jobs Around The
House. Reasonable Prices.
407-324-8877/407-324-8888

294-PAINTING
Lender's Painting
Specializing in Repairs, Wood &
Dry Wall Repairs. Lic. Ins.
Honest/Reliable. Free Estimates.
407-328-7138

299-PLUMBING
QUALITY CARE PLUMBING
COMMERCIAL & RESIDENTIAL
Complete plumbing service, lic &
insured. (407) 302-3321.

300-PRESSURE CLEANING
All Around Pressure Washing
Free Estimates
407-888-8478

312-TREE SERVICE
What About Bob's Tree Service?
We Accept All Credit Cards.
Tree Removal, Trimming, Bobcat
Svc. Pinewood. Free Est. matrs.
Lic#s 407-888-1879

Classified (407) 322-2611

\$30 per month.....3 lines/3 months
\$40 per month.....4 lines/3 months
\$50 per month.....5 lines/3 months

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- 73 Employment Wanted

RENTALS

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- 299 Plumbing
- 300 Pressure Cleaning
- 301 Roofing
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- 311 Travel
- 312 Tree Service
- 313 TV/Radio
- 314 Upholstery
- 316 Welding & Sheet Metal
- 318 Well Drilling
- 319 Window Washing & Tinting

71—HELP WANTED

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93—ROOMS FOR RENT

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Convenient location
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95—ROOMMATE WANTED

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97—APARTMENTS - FURNISHED

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99—APARTMENTS - UNFURNISHED

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2 BDRM, \$930/MO AND UP
Cable included
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407-323-0631

100—CONDOMINIUM RENTALS

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103—HOUSES - UNFURNISHED

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117—COMMERCIAL RENTALS

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118—OFFICE SPACE FOR RENT

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127—STORAGE/OFFICE FOR RENT

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141—HOMES FOR SALE

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E-mail nominations to lwright@detnews.com

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141—HOMES FOR SALE
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157—MOBILE HOMES FOR SALE

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181—APPLIANCES & FURNITURE FOR SALE
Oak Table with 6 chairs, \$238, \$175. Call 407-331-1829

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197—RESTAURANT EQUIPMENT

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The APARTMENT GUIDE

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323-3301

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407-322-8696

WINDCHASE APARTMENTS
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| Stainless Steel | ● | ● | ● |
| Walk-in Closet | ● | ● | ● |
| Hardwood Floors | ● | ● | ● |
| Central Air | ● | ● | ● |
| Pool | ● | ● | ● |
| Storage | ● | ● | ● |
| Stainless Steel | ● | ● | ● |
| Hardwood Floors | ● | ● | ● |
| Central Air | ● | ● | ● |
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*July 15th, 6 PM Till ?
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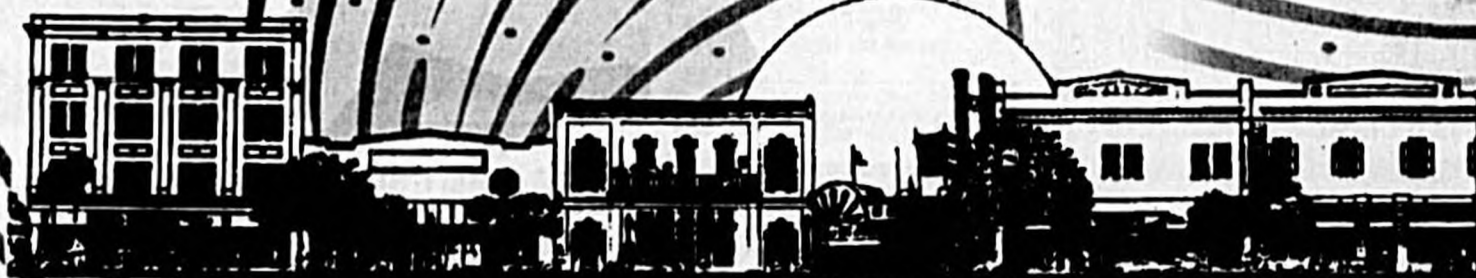
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Schedule of Events

| | |
|----------------|--|
| 5:00 PM | MIKE WHITE STARTS PLAYING CD'S |
| 5:25 PM | POWER 105.9 AIR TALENT - ANNOUNCEMENTS - INTRO BAND |
| 5:35 PM | LISA Z. AND FUNHOUSE (45 MINUTE SET) |
| 6:00 PM | DESIRES WATER SKI SHOW |
| 6:20 PM | MIX AIR TALENT TAKES BAND OFF STAGE/PLAY GAMES AND INTRO SKI SHOW - BANANA EATING CONTEST |
| 6:30 PM | SKI SHOW - APPROX. 40 MINUTES |
| 7:10 PM | POWER AIR TALENT INTRODUCE BAND |
| 7:15 PM | LISA Z AND FUN HOUSE (45) |
| 8:00 PM | POWER AIR TALENT TAKES BAND OFF STAGE INTRO MAYOR |
| 8:10 PM | MIX AIR TALENT & STUFF INTRO BAND |
| 8:20 PM | LISA Z. AND FUN HOUSE |
| 9:05 PM | MIX AND POWER AIR TALENT INTRO FIREWORKS |
| 9:15 PM | FIREWORKS |

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Sanford - The Heart Of Seminole County

ON THE SIDE

New York Times Bestsellers Non-Fiction

1. **FLAGS OF OUR FATHERS**, by James Bradley with Ron Powers. (Bantam, \$24.95.) The story of the six men who raised the flag at Iwo Jima, by the son of one of them.
2. **IN THE HEART OF THE SEA**, by Nathaniel Philbrick. (Viking, \$24.95.) The story of the whaleship Essex, whose disastrous fate in the early 19th century would later serve as inspiration for Herman Melville.
3. **TUESDAYS WITH MORRIE**, by Mitch Albom. (Doubleday, \$19.95.) A sports-writer tells of his weekly visits to his old college mentor, who was near death's door.
4. **ME TALK PRETTY ONE DAY**, by David Sedaris. (Little, Brown, \$22.95.) A collection of autobiographical comic essays by the author of "Naked."
5. **THE GREATEST GENERATION**, by Tom Brokaw. (Random House, \$24.95.) The lives of men and women who came of age during the Depression and World War II.
6. **NO SUCH THING AS A BAD DAY**, by Hamilton Jordan. (Longstreet, \$22.) A memoir by Jimmy Carter's chief of staff, who has survived three bouts with cancer.
7. **IN A SUNBURNED COUNTRY**, by Bill Bryson. (Broadway, \$25.) The author of "A Walk in the Woods" reports on his travels through Australia.
8. **FROM DAWN TO DECADENCE**, by Jacques Barzun. (HarperCollins, \$36.) A survey of 500 years of Western cultural life, from 1500 to the present.
9. **IT'S NOT ABOUT THE BIKE**, by Lance Armstrong with Sally Jenkins. (Putnam, \$24.95.) A memoir by the Tour de France champion and cancer survivor.
10. **PAYNE STEWART**, by Tracey Stewart with Ken Abraham. (Broadman & Holman, \$24.99.) A biography of the golfer who died in a plane crash in 1999, by his widow.



Fiction

1. **THE INDWELLING**, by Tim LaHaye and Jerry B. Jenkins. (Tyndale, \$22.99.) The seventh volume in a series about true believers who confront the Antichrist.
2. **CRADLE AND ALL**, by James Patterson. (Little, Brown, \$25.95.) A former nun turned private eye works on a case involving two virgins who become pregnant.
3. **HARRY POTTER AND THE CHAMBER OF SECRETS**, by J. K. Rowling. (Lavinia/Scholastic, \$17.95.) A British boy finds trouble when he returns to a witchcraft school.
4. **HARRY POTTER AND THE PRISONER OF AZKABAN**, by J. K. Rowling. (Lavinia/Scholastic, \$19.95.) A British boy's life at a school for witchcraft is threatened.
5. **EASY PREY**, by John Sandford. (Putnam, \$25.95.) The homicide detective Lucas Davenport investigates the strangulation of a famous model.
6. **THE BRETHERN**, by John Grisham. (Doubleday, \$27.95.) Three former judges, doing time at a federal prison in Florida, concoct a mail scam that goes awry.
7. **BEFORE I SAY GOOD-BYE**, by Mary Higgins Clark. (Simon & Schuster, \$26.) A woman with ESP searches for the truth behind the death of her husband.
8. **THE BLUEST EYE**, by Toni Morrison. (Knopf, \$15.) The story of an 11-year-old black girl — pregnant by her father — who prays for her eyes to turn blue.
9. **THE SEARCH**, by Iris Johansen. (Bantam, \$24.95.) A woman and her golden retriever, part of a K-9 rescue team, are forced to participate in a deadly mission.
10. **OH, THE PLACES YOU'LL GO!** by Dr. Seuss. (Random House, \$17.) The problems of finding your way through life; in verse and pictures.



LIFE STYLE

Seminole Herald • Sanford, Fla. • Sunday, July 2, 2000 • Page 1C

Inside ...

- ◆ Marva Hawkins 3C
- ◆ Doris Dietrich 3C



Rana Atkinson, 11, of Sanford orders a chocolate ice cream cone from Joyce Fitzgerald. Joyce, along with her husband Bernie, own Granny's on Magnolia Square in downtown Sanford.

Old-Fashioned Taste

Wm. J. Sweets makes ice cream like Grandma used to make

By Dan Ping, Editor

SANFORD — Ice cream is as American as baseball and apple pie. In fact, both are made better with a couple scoops of the cold, creamy concoction.

Since pastry maker Ernest A. Hamwi introduced the ice cream cone at the 1904 St. Louis World's Fair, Americans continue to find new ways to enjoy ice cream. The current trend among leading ice cream makers is to offer "homemade" ice cream made with "fresh" ingredients. Their products are good, but if you want the real stuff, you need to head to Bernie and Joyce Fitzgerald's place in downtown Sanford.

The Fitzgeralds own Granny's on Magnolia Square. Antiques are the main attraction, but the store has developed a loyal following for its old-fashioned ice cream shop. The atmosphere is part of the draw, but it's the ice cream folks rave about.

"It's the closest thing to what your grandmother made," says Judith McCormack.

She should know. Judith and her husband, Bill, started Wm. J. Sweets, the Sanford-based company that provides the Fitzgeralds with ice cream. But just how close does Wm. J. Sweets come to grandma's ice cream?

"Well, take our peach ice cream," Judith explains in her slight Georgia drawl. "Now we only make it in the summer when we can get

fresh peaches from our orchards in Georgia and South Carolina. We have a lady who brings them down every week. They're not just any peaches, either. They're freestone peaches. They've got a better flavor and they're easier to peel, which is important because we peel them, cut them and mix them into the ice cream all by hand."

That "hand-made" process is a key to the ice cream's rich flavor. From the hand crushed Oreos in the Cookies 'n Cream to the fresh cut watermelon in the watermelon sorbet, Wm. J. Sweets takes the old-fashioned approach to making more than 150 flavors of ice cream, sherbets and sorbets.

"All of the ingredients are stirred in by hand," Judith says. "That way the pecans or the coffee beans or whatever aren't pulverized by the blades in the mixing process. A lot of times when you get our Cookies 'n Cream you can read the word Nabisco on the cookie. That's how big our chunks are."

All natural extracts and top-quality ingredients are another key factor in Wm. J. Sweets success. No preservatives are used in any of the company's products, which presents a unique problem for distributing the ice cream.

"You can't refreeze our ice cream," Judith says. "If you were to put a bowl of our butter pecan ice cream out on the table and leave it, it would become a bowl of cream with pecans

See Ice Cream, Page 6C

The art of ice cream making



Step 1: The ingredients, including cream, sugar and natural extracts, are poured into a mixing machine. They are blended together to create the ice cream.



Step 2: After the ingredients are blended together, the creamy substance that has a soft-serve texture is poured into a container and taken to the shock freezer.



Step 3: The different flavors of ice cream are stored in a shock freezer until they are ready to be taken to local vendors.



Step 4: The ice cream reaches local vendors, including Joyce and Bernie Fitzgerald who own Granny's on Magnolia Square in Sanford.

Herald photos by Tommy Vincent

The Humane Way

Betty Munoz takes care of Seminole County's stray animals

Betty Munoz has always been an animal lover. A native of Maine, she moved to Florida in the 1960s and began her career in animal care. After studying pre-med for several years — "back then, women didn't become vets" — Munoz worked for several veterinarians and in several feed and pet stores. In 1993, she moved to Sanford and began working for the Humane Society of Seminole County. At the beginning of the year, Munoz, who is also known as Dr. Doolittle by her colleagues and friends, became the executive director for the Society after the departure of former director Jeffrey Cashett. Herald Managing Editor Michelle Jerla sat down recently with Munoz to discuss her new role at the Society and what she plans for the future.

Q: You've been executive director for a while now. How do you like your role at the Humane Society?

A: I may be the executive director, but my heart lies with taking care of the animals. That's one thing I miss most. As executive director, I direct everything in the shelter, including finances and the everyday operation. I don't have as much time to spend with the animals.

Q: It's obvious you really care for animals. Do you have any favorites?

A: I have several pets, but I have no favorite animal. I love them all. That's my problem. We once even saved a pigeon. We kept him up front.

Someone had cut off his flight feathers, so we kept him here until they grew back. He deserved a chance, too.

Q: Do you think people have a misconception about people who work in your profession?

A: Because of our concern for animals, people tend to call us "tree huggers." I care about people, too. There is a link. If you can instill in a child the awareness of

life and compassion, then you are on your way to creating a good person.

Q: What about your three children? How do they feel about your love for animals?

A: They probably think I am nuts. I've had animals longer than I have had them, so animals have always been a part of their lives. They are all animal lovers — maybe not to my extent, but maybe more than what they think.

Q: You seem to have a lot of passion for taking care of animals. Do you have any personal goals you would like to accomplish during your time as the Society's executive director?

A: If I accomplish nothing else, I'd like to leave Seminole County a more animal friendly and responsible community.

Q: How long do you see yourself working at the Humane Society?

A: I have no plans of moving on, and I am not leaving anytime soon. There is a lot of work that has to be accomplished, and it won't all get done in my tenure.



Tommy Vincent's Faces Around Seminole County



Paige Corso, Taylor Pierce, Jade Voltoline, Lindsey Voltoline, Janay Haynes and Kelly Williams make the peace sign as part of '60s day held during the Sanford Civic Center's summer program



Betty Ribeiro, left, an ambassador for the Seminole County Lake Mary Regional Chamber of Commerce, accepts a cookie from Diane Patrick, a Washington Mutual employee, who also was the "special lady" during a chamber ribbon cutting event



Notre Dame Football Coach Bob Davis, left, and Rob Thompson, president elect of Notre Dame alumni, pose for a picture during an alumni event at Timacuan Golf and Country Club



Sanford Police Officer Bill Crapps prepares to stop traffic for the recent torch run held for the Special Olympics

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Farellas celebrate 50th anniversary

Jerry and Marion Farella of Sanford celebrated their 50th wedding anniversary June 17. The couple exchanged vows in Flushing, N.Y., on June 17, 1950. It was a Catholic wedding. The maid of honor was Mary Lombardi.

An anniversary reception was held that included cocktails at Carolina and John Piero's house (Marion's parents). A sit-down dinner was held at the Astoria, an Italian restaurant in Long Island, N.Y.

The couple's children include daughters, Carol Larson and Diana Pavgouzas, a son, Jerry Farella Jr., and grandchildren, Eric, Shane and Tyler Larson and Nicholas and Anthony Pavgouzas, and Tommy Farella.

Jerry, who is retired, is the owner of Slumberite Inc. in Sanford. The couple's hobbies include watching all of the grandchildren participate in sports.

Jerry and Marion Farella

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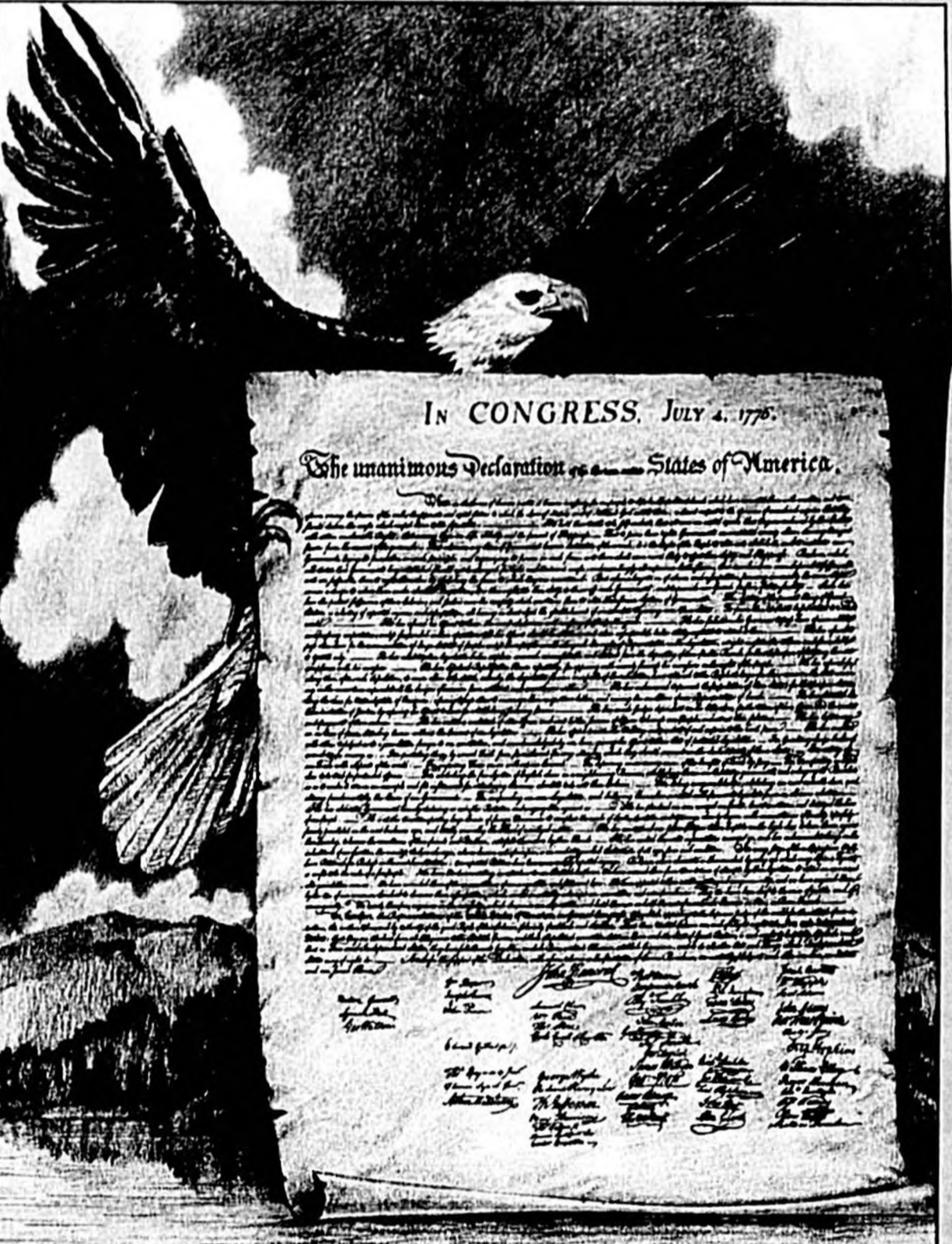
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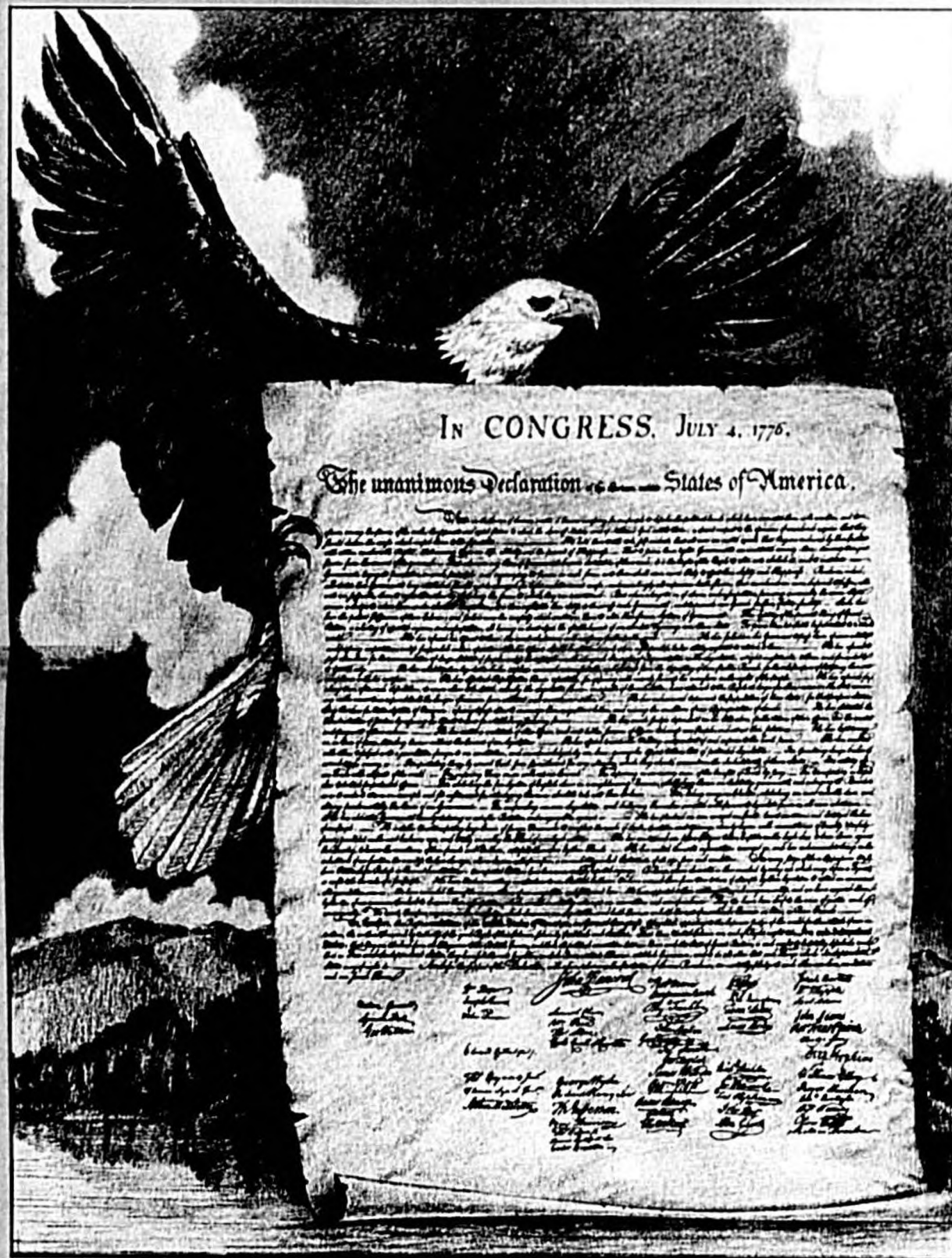
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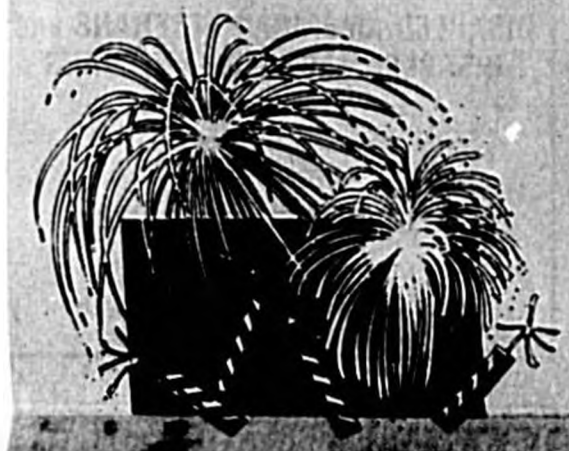
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Will Be Closed July 4, 2000,
but your July 4th paper will be delivered
on Monday July 3



Births

June 8
 Timothy Lamar Johnson, son of Tamara Johnson of Melbourne, was born.
 Spencer Michael Shivers, son of Tracey and Richard Shivers of DeBarry, was born.
 Mason William Hutchinson, son of Margaret and Mark Hutchinson of Lake Mary, was born.
 Jayne Nicole Tamm, daughter of Trisha and Austin Tamm of Altamonte Springs, was born.
 Perry Rawle Fraser, Jr., son of Sheena Wright and Perry Fraser of Sanford, was born.
 Aris Paige Russell, daughter of Heather and Adrian Russell of Apopka, was born.

June 9
 Tearsa Raine Bulmer, daughter of Dana and Eric Bulmer of Deltona, was born.
 Jose Daniel Rivera, son of Maria Perez and Diego Rivera of Deltona, was born.
 Annalisa Renee Sienkiewicz, daughter of Angela and Richard Sienkiewicz of Altamonte, was born.
 Jayce Daniel Brandt, son of Laura and Barry Brandt of Lake Mary, was born.

June 10
 Alexander Desmond Arbelo, son of Anna and Mark Arbelo of Deltona, was born.
 Daniel Stuart Kinsey, son of Carla and Theodore Kinsey of Altamonte Springs, was born.

June 11
 Gabriel Antonio Platano, son of Nina Lindo of Sanford, was born.
 Alexander Ryan Yip, son of Lily and Bobby Yip of Lake Mary, was born.
 Zamyra Latrice Etienne, daughter of Judith Etienne of Apopka, was born.
 Ivander Busst, son of Adalgisa Castro of Orlando, was born.
 Ryan Nicholas Kleeb, son of Leslie and Mark Kleeb of Oviedo, was born.
 Maxwell Ethan Kreyer, son of Sarah and Jeffrey Kreyer of Altamonte Springs, was born.

June 12
 Tyler Nathaniel Horn, son of Heather and Willard Horn, Jr. of Orange City, was born.
 Jonathan Alan Delos Lapp, son of Serena Richardson and Alan Lapp of Orange City, was born.
 Kayla Christina Mitchell, daughter of Jannie Sermon and Kenneth Mitchell of Sanford, was born.
 Cari Ann Nelson, daughter of Heather and Mark Nelson of DeBarry, was born.
 Kylee Rose Wade, daughter of Shannon Toomey and Jacob Wade of Deltona, was born.
 Thomas William DeWitt, son of Milagros and Thomas DeWitt of Altamonte Springs, was born.
 Victory Alondra Malagon, daughter of Josefina Valdes and Ascencion Malagon of Apopka, was born.

June 13
 Kaylin Linda Kelly, daughter of Deeanne Dombrowski and Ryan Kelly of Orange City, was born.
 Shyleigh Maeve Ralls-Cohrs, daughter of Bonnie Ralls and Samuel Cohrs of Deltona, was born.
 Nicholas Simon Ricaurte-Whelan, son of Courtney Whelan and Rommel Ricaurte, was born.
 Chelsea Marie Wilkerson, daughter of Laura and Mathew Wilkerson of Helen, was born.
 Michael Sean Handy, II, son of Melissa and Michael Handy of Altamonte Springs, was born.
 Katharine Rys Griffiths, daughter of Kimberly and Michael Griffiths of Ocoee, was born.
 Matthew Earl Selph, son of Janet and Charles Selph of Orlando, was born.
 Christian Anthony Bock, son of Julie and Robert Bock of Maitland, was born.

Beauty queen heads to New York to audition

Although she didn't place in the Miss Florida Pageant June 24 at Universal Studios, Natalie Weld, Miss Heart of Central Florida, is still a winner. The statuesque redhead piqued the audience with her spirited tap dance number and is proud to have been a part of the production. Then, there's always next year and more challenges which she thrives on.



Doris Dietrich

But vivacious Natalie isn't letting any grass grow under her tap dancing slippers. Two days after the pageant, Natalie departed for New York to audition in a touring show under the production of Sanford's own Luis Perez who is producer and choreographer of the show. How exciting for not just one, but two of Sanford's favorite dancers. Natalie even took a voice lesson Monday to brush up on her singing technique before leaving for the Big Apple with her father, George Weld. While Natalie is auditioning at Radio City Music Hall, George will be exploring some of New York's prominent restaurants.

Luis and Natalie have never met, although Luis got his start at Miss Miriam's and Miss Valerie's School of Dance Arts, founded by Natalie's mom and aunt just like Natalie. Regular readers will remember Luis in local, dazzling productions before he headed for Broadway. He is the son of Dr. Maria Perez and the late Dr. Luis Perez, popular Sanford physicians who stole the show when they started in flamboyant presentations of classic Latin dances at local balls and parties.

Will Natalie seek the Miss Florida title again next year? "It all depends if I get this show. If I don't, then why not?" she asked.

Back to the pageant

Disappointed fans who watched the televised production noticed that the top 10 candidates were mostly 23- and 24-year olds and only one dancer was selected.

Pastor welcomed
 The First United Methodist Church members welcomed their new pastor, the Rev. Jim Bradshaw and family at a reception following the June 18, 10:55 a.m. worship service. Jim succeeds the Rev. Beth Fogle-Miller who has moved to Winter Haven where Beth and her husband, Jim, will co-pastor a church.

An ordained United Methodist minister in the Florida Conference for 13 years, Jim comes to the church from Seffner, near Tampa and Brandon. Jim is no stranger to Central Florida. He and his wife, Anne, came into ministry out of the Community UMC of Casselberry. His mother-in-law lives about three miles from the parsonage. "A good thing," he says. His father-in-law lives in Oviedo and Ocoee, and a sister-in-law works at the Seminole County Courthouse.

"You will often hear me encouraging prayer, small group Bible study, and an openness to the Holy Spirit. Through these means, I hope for each of us to gain the mission that God has for us here," Jim said.
 Jim, Anne and children Stephen, 11, and Joanna, 9, are comfortably settled in the church parsonage. "We are very pleased with the parsonage and consider ourselves blessed by God to live in such a beautiful home," Jim said.

Call to order
 Betty Jack called her first Sanford Woman's Club Board of



Shirley Milis, Mary Dale Jones, Libby Prevatt, Peggy Mergo, Frances Mitchell, Carol Dennison and Rose Edith Jacobson recently attended a Sanford Woman's Club Bridge Club Social. It included a potluck salad luncheon.

Managers meeting Wednesday as the club's newly installed president. Plans were made for next season. A Sanford businesswoman for many years, Betty is well-qualified to stand at the helm.

During the years, Betty has been president of the Sanford Beta Sigma Phi City Council on several occasions. She has a contingent of Beta Sigma Phi sisters, who are also Sanford Woman's Club members, to support her. They include Helen Hamner, Eve Rogero, Ruth Colegrove, Phyllis Hodge, Ruth Gaines, Jane Saxon, Sue Ceynowa, Viola Frank, Linda Keeling and Phyllis Senkarik.

Bridge Social
 A strange thing happened the other day at the Sanford Woman's Club Bridge Social.

The three hostesses, Shirley Milis, Mary Dale Jones and Betty Halback won first, second and third honors in that order.

Members gathered at the clubhouse carrying their favorite salad for a potluck salad luncheon and an afternoon of bridge. The hostesses provided cheese-cake for dessert.

Other players included: Libby Prevatt, Rose Edith Jacobson, Frances Mitchell, Margaret Gross, Peggy Mergo, Emy Sokol, Wilma Keaton, Carol Dennison and Terri Millikan.

'Thank You' luncheon
 Libby Prevatt was hostess at her Geneva home for a "thank you" luncheon to honor several women who have helped her with community projects. "We had a wonderful afternoon," Libby said.

The formal luncheon, in a pretty pink setting, started with Strawberry Soup, which one of the guests said "was to die for." Also, Libby prepared luscious chicken salad, fresh asparagus spears, tomato cubes, crescent rolls, coffee and a purchased key lime pie.

Others enjoying the elegant event were: Helen Dow, Mindy Tooley, Frances Mitchell, Betty Colbert and Roberta Zittrower.

Back to Martha
 Although Martha Yancey didn't win the Sanford City Commission seat voted on Tuesday, she is still a winner. The election opened her eyes to new challenges and vistas. And Martha "just loved" being described in a Herald editorial as "79 going on 28." You go get 'm, Girl!

Johnson retires from force after serving 25 years

Deputy Sheriff Frank Johnson Jr., a dedicated law enforcement officer for more than 25 years, is putting his badge and gun on the mantle.

Sheriff Donald Eslinger presented a badge and gun to Johnson on June 11 and praised him for the 22 years he served with him. Eslinger said he is a friend, good cop, always cheerful, kind and has always been there for him.

Colleagues, family and friends were there to cheer for Johnson, who has been an asset to the Sanford and Seminole County law enforcement.

Deputy Johnson is a lifelong resident of Sanford. He began his education at Goldsboro Elementary School and in 1970 graduated from Crooms High School. Furthering his desire to excel, he continued his education at Seminole Community College and the University of Central Florida.

After a career as a jail attendant and a love for a career in law enforcement, he chose to become a deputy sheriff in 1975.

During his career as a deputy sheriff he has performed an array of law enforcement functions. Johnson has

touched the lives of many youth and citizens of this community in a very positive way. He has made life for all a safe environment.

Johnson's commitment to his profession and unwavering work ethic continues to be recognized and is a beacon of light to fellow co-workers.

Rose Brockington spoke of her friendship with her fellow co-workers. She reminded Johnson that he will always be in the hearts of his co-workers and friends.

Because of his dedication to his job, she reminded him that a laborer is worthy of his hire and that the end is better than the beginning.

Sharing their words of appreciation for a good servant to law enforcement were Chief Deputy Sheriff Steve Harritt, Oscar Redden, Jay Leamon, Joe Bennett, Loretta Allen, Willie Chandler, Turner Clayton and Earl Myers.

Congratulations on your retirement, Deputy Johnson.

Words of appreciation and thanks for a special memorable evening in the life of our friend was given by his lovely dedicated, devoted wife Linda.

Also in attendance was his

mother-in-law Ethel Nelson of DeLand and cousin Joe and Althease Gonzalez of DeBarry.

After a delicious dinner served by Angel's catering, guests enjoyed the music of dee-jay Cohn.

Thank you Deputy Johnson for your contribution to the citizens of Seminole County. You are a man of honor and truth. Enjoy your retirement and remember, with God all things are possible.

Sankoto is a program that is seeking to reduce drug abuse among African American youth. The program provides a culturally specific curriculum that blends African and African American historical perspectives with drug education, life skills, training and community involvement. Sankoto is offered through school-based and community-based settings.

Seminole HOPE a Seminole County Community Coalition hosted by The Grove Counseling Center. This is a community partnership of service agencies, government law enforcement, schools, neighborhoods, youth and families and other concerned residents, who work together to reduce substance abuse in Seminole County. The program's intention is to make the community



Shown in martial arts class are Boys II Men members Bryanm Rudolph, Jay Bacon, Brain Hayes, Isiah Rouse, Brandon Williams, Javion Brown, Brian Robinson and Ladies of Distinction members Chanel Benn, Athena Singleton, Tiffany Richardson and Karolyn Griffith.

safer and healthier. The coalition seeks to achieve its goals by working with leaders and associations and providing quality prevention programs targeting youth and families.

Sankoto programs are at Millennium and Sanford middle schools, where students meet twice weekly and are divided into groups, including Boys II Men and Ladies of Distinction. Youth attend classes for six months, participate in enrichment field trips, do community service projects and participate in the ROPEs challenge course.

There is also a community-

based Sankoto for boys and girls that meets after school two times per week at the Sanford Housing Authority's Resource Center in Goldsboro.

Martial arts training is held twice per week to enhance discipline and respect for themselves and others.

The classes are taught by Chris Adams, a counselor at The Grove Counseling Center. The classes are held at the West Sanford Boys and Girls Club.

Sankoto can be contacted for information. Call Vernon McQueen at 407-327-1765, ext. 201 or Britt Henderson, ext. 206, or Wanda Harris, ext. 211.



Frank Johnson celebrates with his friends his retirement from the Seminole County Sheriff's Office.



Sheriff Donald Eslinger presents a badge and gun to Frank Johnson on June 11 and praised him for the 22 years he served with him. Johnson recently retired from the Seminole County Sheriff's Office.

Lake Mary Historical Museum to host Smithsonian exhibit

It's big news for the city of Lake Mary. The Lake Mary Historical Museum is one of the museums selected to host a traveling exhibit by the Smithsonian Institution.

The exhibit, "Yesterday's Tomorrow's" will be coming to Lake Mary in 2001. The exhibit will present an overview of popular expectations and beliefs about the future from the late 19th Century through the late 20th Century. For instance, in the late '40s and early '50s, everyone thought people in the 21st Century would have flying cars. The exhibit, while light-hearted in some of its approaches, is a serious exploration of the values and hopes Americans have held about their future.

The Lake Mary Historical Commission is not doing this on their own. The Florida Humanities Council has arranged for the exhibit to come to six host sites in Florida. It's impressive that Lake Mary was chosen as one of the six out of the entire state.

Lake Mary Historical Commissioner Ettie Jane Keogh was responsible for helping Lake Mary get this wonderful exhibit.

There are other events planned for the museum. The Lake Mary Historical Commission has once again voted to hold a Girl Scout Day. Saturday, Oct. 14, has been chosen for Brownie Girl Scouts to earn the "Listening to the Past" and Juniors to earn their "Local Lore" recognition.

Although Girl Scout Day was not held last year, it was very successful in the three previous years it was held. The Commission also hopes to bring back speakers for at least three meetings in the upcoming year.

In other news, the Lake Mary Historical Commission turned down a request by the Lake Mary/Heathrow Festival of the Arts for office space in the Lake Mary Historical Museum. Historical Commission Chair Delores Lash, who is also on the Festival of the Arts Board, had

called commissioners individually before the May meeting to ask them to support her request. In the minutes from the May meeting, she said that the Festival of the Arts would only need the office space until October.

Festival volunteers, it seems, did not want to drive from Lake Mary to the Festival's current office in Sanford. After discussion at the May meeting, the subject was tabled until June by Ms. Lash. At the June meeting, Ms. Lash attempted to censor her request from publication, in violation of the state's Sunshine Law.

When the Lake Mary Historical Commission was given the Frank Evans Center, several other organizations were displaced, including the Lake Mary Seniors, Toastmasters, the Lake Mary Camera Club, at least two Girl Scout Troops and others so that Lake Mary's history could be preserved in one place. A committee appointed in May to study the feasibility of letting others use the museum, if necessary, suggested at the June meeting that the building be limited to non-profit groups. The Lake Mary/Heathrow



Mary Rowell



Mary Wolff and Lillian Griffin sit in the Lake Mary Historical Museum during Old Lake Mary Days. Herald photo by Mary Rowell

Festival of the Arts is not a non-profit organization. The commission voted 8 to 4 to deny the request.

And more help will be available for the museum when the Lake Mary Historical Society is

formed. The idea of a society has been tossed around for a couple of years, but now commissioners are serious about its formation. Commissioners voted at the May meeting to work toward establishing a

Society. The next meeting of the Lake Mary Historical Commission is Tuesday, July 18, at 7 p.m. at the Lake Mary Historical Museum (Frank Evans Center) and is open to the public.

Smith's wedding ceremony held June 16

Darius and Lateefa Smith's marriage took place June 16. The Christian ceremony was held at the Greater Abyssinian Baptist Church, Newark, N.J. with the Reverend Thomas Richards officiating.

The bride is the daughter of Barry Jones and Sheila Covington, and the step-daughter of Karen Jones.

The bridegroom is the son of John and Gloria Smith of Newark, N.J. He is the maternal grandson of the late James and Catherine Hawkins of Sanford, Fla. and paternal grandson of Rosa Smith, of New York City. The bride chose for her vows a formal length white gown of Italian lace over satin adorned with pearls and rhinestones. The dress had a sleeveless bodice with a flare fashioned waistline and flowing skirt, edged in lace and sequins. Her train and headpiece was of silk net, trimmed in roses and a crown of buds and ivory.

The bride carried a cascade of two dozen white roses enhanced with orchids.

Maid of honor was Telaya Covington. Bridesmaids were Tamika Smith, sister of the groom, Jameelah Covington and Taisa Banks.

The bridesmaids wore formal length gowns of chiffon over taffeta in the color of Periwinkle. They carried cas-

cade bouquets of periwinkle and white roses and carnations with ivy.

Serving the groom as best man was Carlos Culver.

Groomsmen were Sadat Gaddy, Dennis Covington and Tariq Johnson.

Flower girls were Danielle, Daria and Nadiyah Smith. Ring bearer was Jessie Covington.

Musical renditions given by Eloise Dillgard, aunt of the groom, include "Wind Beneath My Wings" and "God Made You Special." Also, "For You," a dedication to the couple, was sung by the soloist of the Blue Notes.

Following the wedding was the wedding party where family and friends celebrated dreams coming true.

The reception was held at Pantaqis Renaissance, Scotch Plains, N.J. This special dinner was a seven-course meal chosen and served with French-style service. Music from a romantic violin greeted the guests. A true dream came true on the Smith's wedding day.

Out of town guests attending the wedding were the



Darius and Lateefa Smith

groom's aunts, Hazel Hanton Pettie, Cousin Endra and Monack Pettie, New York, Ants Claudia Hawkins Randall, Rozland Hawkins Tillman, Eloise W. Dillgard, Marva Hawkins, Cousins Rena Tillman and Ray'nell Tillman.

After a week's honeymoon cruise to the Caribbean the couple will make their home in Newark, N.J. where Mr. Smith is a detective with the Newark Police Department. Mrs. Smith will be continuing her career.

Ice Cream

Continued from Page 1A floating in it.

"If you were to do the same thing with a bowl of ice cream from one of the large commercial companies, it would melt around the edges, but there would be a big blob in the middle that wouldn't melt. That's the preservatives, and it allows the big companies to refreeze their ice cream if it melts during delivery."

To prevent the ice cream from melting during the production and distribution phases, the ice cream is taken from the batch freezers where it is made to a shock freezer that keeps a temperature of 30 degrees below zero. Within a few hours the ice cream, which began with a soft-serve texture, becomes as hard as concrete.

The ice cream is delivered to shops like the Fitzgeralds and stored in freezers with temperatures between 0 and 5 degrees — an ideal range for scooping.

The whole process is more time consuming and certainly more labor-intensive, but Judith says its worth it. So do

her customers. The Fitzgeralds, for instance, do a brisk ice cream business, serving about 30 to 40 gallons of ice cream a week. Not bad for an antiques store.

That kind of quality and customer loyalty has caught the attention of others in the ice cream industry. Recently, Judith and Bill sold the Wm. J. Sweets company to Herman's Ice Cream Shops Inc. Herman's plans to keep the business based in Sanford but wants to create a nationwide chain of ice cream shops that sell the Wm. J. Sweets brand. Judith and Bill will stay on with the company for a couple years to assist with the operations.

(Herman's President) David Portlock had developed an ice cream shop concept about two years ago," Judith explains.

"He thought our company would fit into that concept." Scott Boldman, Herman's general manager of operations, says Wm. J. Sweets was the right choice.

"I was already familiar with the ice cream because I'd fre-

quented the Wm. J. Sweets shop in Celebration," Boldman explains. "We wanted to start with the best ice cream we could find. This is it. You just can't find this type of quality."

The new company plans to compliment that quality by creating ice cream shops that serve unique sandwiches, soups and salads.

"The sandwiches will be deli-style, but a little more upscale," Boldman says.

"Ideally, the soups and salads would be something you wouldn't find in other restaurants."

"And of course, we'll have a full line of desserts that take advantage of our ice cream."

Boldman expects to open four or five shops within the next year and hopes to have 10 to 12 shops within five years. By then, the company plans to offer franchises throughout the nation.

Of course, you can always stop by Bernie and Joyce Fitzgerald's place and enjoy some old-fashioned ice cream while browsing for antiques.

Community Notes

2000 Legislative Luncheon
The Seminole County/Lake Mary Regional Chamber of Commerce will sponsor the 2000 Legislative Luncheon 11:30 a.m. to 1:30 p.m. Thursday, July 20, in Heathrow Country Club. The topic is Legislative Round Table. Corporate Tables of 10 are \$375 for members and \$425 for non-members. Individual seats are \$30 for members and \$40 for non-members. Register for the event by calling Debbie Lee (ext. 228) or Sally Polk (ext. 229) at 407-834-4404.

After Hours
The Seminole County/Lake Mary Regional Chamber of Commerce will sponsor Spring Business After Hours 5:30 to 7:30 p.m. Thursday, July 20, at Spring Hills Suites near the Seminole Town Center.

Professional Women's Network
The Seminole County/Lake Mary Regional Chamber of Commerce will host its Professional Women's Network 8 to 9:30 a.m. Friday, July 21, in its Altamonte Springs Chamber Office. The topic is Goodbye Diets, Hello Peace of Mind — Having a Positive Body Image. Register for the event by contacting Sally Polk at 407-834-4404, ext. 229. Cost is \$10 for non-members. The speaker is Denise Manzolillo, director of Gentiva Health Services.

The King and I
Wekiva River Players of Longwood will present the Rogers and Hammerstein musical The King and I, July 21, 22, 28 and 29 at 7:30 p.m., and July 23 and 30 at 2 p.m.

The musical will be presented at Winter Park high School 9th Grade Center Auditorium, 528 Huntington Avenue. Cost is \$10 for adults, \$8 for children, students and seniors.

A portion of the proceeds from the program will go to benefit Net Hope's Center for Grieving Children.

Suburban Republican Women's Club
The club will host the Candidates' Forum at Eastmont Civic Center on Wednesday, July 26 from 5:30 to 7:30 p.m.

The debate forum will feature qualified congressional, legislative and county commission candidates from Seminole County. Spectators will have the opportunity to submit written questions in advance.

The meeting is open to the public. For additional information, call 407-672-2556.

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