

## Over-40: On The Move

Some 21 million women now between the ages of 40 and 49 are spending the later half of their life spans in time in which great and exciting opportunities are open to them. They are making an impact on business and industry, legislation, the arts, community life and the family.

This is the first of a five part series running today through Sunday in the Herald Women's Section in which we'll take an in-depth look at this new mature woman—the woman who is "Over 40 and On The Move."



Feeling and looking better at 40 than her mother did at 30 the mature woman has time to explore many professional options

## Mature Women Find Freedom

By LYNNE ABRAHAM  
Herald Services

Being female and over 40 is a totally different experience for today's mature woman. Economic, social and cultural trends have combined to make a woman's second 40 years potentially the better half of her life. As a result, she now sees herself as a vital human being—an image that is gradually being accepted by society at large.

Data gathered by the Information Center on the Mature Woman—statistics, sociological surveys and personal interviews—offer convincing evidence that the 21 million American women between the ages of 40 and 49 are taking advantage of new freedom and opportunities. For example:

Latest Labor Bureau statistics show that almost 45 percent of working women in the United States are over 40. Most are employed full-time the year round.

Older women are resuming their education. In September 1974, 54,000 female students over 30 registered in schools.

Women are assuming a more active and important role in community life. A survey shows that the average female state legislator is a married, over-40 housewife who entered politics to implement programs she wants

in her community. Paychecks, diplomas and lots of intangibles have given mature women a new sense of personal worth. "Our culture still has a negative effect on the choices for women," says Dr. Ruth Newman, a Washington, D. C., psychologist who has been evaluating attitudes toward aging, "but as women get into their 50s and 60s, they are not so trapped by conventions. They think more of themselves and what they want out of life."

"I'm no longer afraid of what people think," says Rosetta Reitz, a vibrant 50-year-old office worker. "I feel free to speak my own feelings. I want to be whatever I am and live every moment."

At the mid-point in her life, helped by medical science to feel good and look better at 40 than her mother did at 30, the new mature woman has time and energy to explore personal and professional options. And the feminist movement has assured that she does not have to go alone. Free from many home and family responsibilities, she can look forward to making the most of what sociologist Jessie Bernard calls the year of "BOOP"—Becoming One's Own Person.

The media are finally getting the message about today's older woman; maturity suddenly is "in." Popular magazines that once ignored her are now celebrating the witty, witty, glamorous, over-40 female. Indeed, Har-

per's Bazaar now devotes an entire annual issue to her. In publishing, there is a new kind of mature "woman's lit"—books such as Doris Lessing's "The Memoirs of a Survivor."

Films and television are finally portraying middle-aged women who are really are. Sensitive TV specials such as "Tell Me Where It Hurts" or "Queen of the Stardusted Ballroom" don't make up for years of silly situation comedies where older women showed up only as meddling mothers-in-law, but they help. It helps, too, to see mature TV interviewers like Barbara Walters and Marlene Sanders appearing regularly, and to see Edith Bunker finally assert herself in "All in the Family."

Movie critic Gene Shalit recently wrote about the new breed of movie actresses "bursting beyond background roles to a foreground of formidable performances." He cites such women as Gena Rowlands and Ellen Burstyn, but, interestingly, fails to note that they are not sweet young things, but mature women with both a past and a promising future.

Right now, the "new mature woman" may be more a forerunner than a social reality. But with so much time ahead and so many options open, the classic hedge of "What, at my age?" is clearly out of date. Mature women, exclaiming what Margaret Mead calls "post-menopausal zest," now ask, "Why not at my age?"

## WOMEN

Evening Herald, Sanford, Fla. Tuesday, July 15, 1975

## A Housewife's Time Is Worthy Of Rhyme,

By ABIGAIL VAN BUREN

DEAR ABBY: I know you'll never print this because you career women have the idea that we housewives are second-class citizens, but I've kept this poem for a long time and want to share it with you. (I never did find out who wrote it.)

JUST A HOUSEWIFE

Hello, Mrs. Jones, I've just called to say I'm sorry I cried when you phoned today.

No, I didn't get angry when your call came at 4:30. Just as eight cub scouts burst through the door;

It's just that I had such a really funny day. I'd baked eight pies for the PTA.

And washing and ironing and scrubbing the floor. Were chores I had finished not too long before.

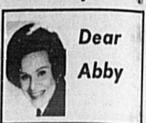
The reason I cried and gave that big yelp

was not 'cause you phoned just to ask for my help. The comment that, just above, drove me berserk

was, "I'm sure you'll have time because you don't work."

Sign me, A HAPPY HOME-MAKER

DEAR HAPPY: I think the poem is great. And for the



Dear Abby

record, before I became "Dear Abby" (at age 71), too, was a cub scout den mother, and I also baked my share of pies for the PTA.

DEAR ABBY: I'm another one who hates to have people come to my home for dinner and just sit there, picking at the food, and telling me they are on a diet and can't eat this and that!

After I have gone to the trouble of making a nice dinner, I get very annoyed when a dinner guest hardly eats enough to feed a bird.

If I were on a diet, I would tell the hostess not to count on me for dinner, but I'd come to the table.

I hardly pays to invite people over to eat anymore. Almost everybody is on a diet. Think I'll just pass out carrot and celery sticks, and let 'em chomp like horses.

DEAR ELLA: A thoughtful

hostess includes some low-cal food for the calorie counter. And the ideal hostess pretends never to notice what her guests eat—or don't eat.

CONFIDENTIAL TO C.J. IN HOUSTON: The girl who steals your fiance steals your troubles. Let her have him.

He's too wispy-wasby to make a good husband.

DEAR ABBY: Now that I am a man in my 70s, I am the object of some belittling remarks concerning my virility—or the lack of it, from younger men. I can't complain, having been guilty of the same thing when I was younger.

I recall having once told a newly married senior citizen (as a joke) of course that I doubted his ability to satisfy his young wife. He replied, "You wouldn't want to bet your life on it, would you?"

I replied, "You mean my LIFE, don't you?"

"No," he shot back, "I mean your WIFE!"

Realizing what he meant, I kept my mouth shut, and I never made a remark like that again.

S.R. CITIZEN IN ALA.

Everyone has a problem. What's yours? For a personal reply, write to ABBY: Box No. 4770, L.A., Calif. 90049. Enclose stamped, self-addressed envelope, please.

For Abby's booklet, "How to Have a Lovely Wedding," send \$1 to Abigail Van Buren, 12 Lasky Dr., Beverly Hills, Calif. 90212. Please enclose a long, self-addressed, stamped \$1.00 envelope.

UNDERWORLD  
P.O. Box 107, Sanford  
Long Green and  
Short Green  
Anti-Climax, Trimmings  
With Love, Love  
Sonia and Lane  
by Vanity Fair

## Original Design Takes More Time

By ELSA WILLIAMS

I'm always delighted when people ask me how to go about creating a neodept design but somewhat staggered when they expect a list of explicit how-to's. This, after all, is a skill that must be learned.

It's a goal I applaud because I'm convinced that the neodept design is never more creatively and personally yours than when you've done both design and execution. But just as people rarely paint the handsome picture that hangs over the living-room mantel or make the paper pattern they use to cut a dress, embroiderers untrained in design seldom can become designers overnight.

I think you begin to learn by respecting and analyzing the work of professional designers. When you buy an embroidery design—one that really pleases you—study it as you work. Notice what's interesting or unusual about the composition, see how skillfully the colors are blended.

Next, try tracing a design that you find particularly appealing. Your experience in embroidery should help you to simplify it enough so that your needle can follow the pen-line with ease. You may decide to change the color scheme.

To have a design enlarged or made smaller you either can go to a photographer or (more



Joy Of Stitching  
By ELSA WILLIAMS

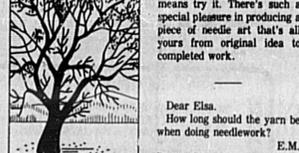
economically) to a place where they do photostating and ask them to "stat" your picture up or down to the size you want.

If you decide to color your picture before embroidering it, use permanent colorfast acrylics or oil paints. If you're painting it exactly as you plan to embroider it, avoid disappointment by using yarn colors that you know are available. Check the availability of colors first because a key shade that's missing can throw off your whole color scheme.

I don't recommend mixing yarns. Yarns vary in texture and sometimes one may be too shiny and give your embroidery design an accent you don't really want. I also think it's a good idea to look at the actual yarns before you "finalize" your color scheme.

Fan them out on a table and if you're using one brilliant color for an accent, be sure the important colors cover most of that skin so your eye is drawn only to the accent it's intended to be.

Work up to your own designing by degrees but by all means try it. There's such a special pleasure in producing a piece of needle art that's all your own from original idea to completed work.



Dear Elsa,  
How long should the yarn be when doing needlework?  
E.M.

Dear E.M.,

## Hadassah Plans Social, Sing-A-Long

Hadassah will hold an ice cream social on July 22 at 8 p.m. at the home of Janet Bach, 1315 Delridge Ave., Falombar.

Mrs. Ellie Tross and Mrs. Lee Sami will conduct a sing-a-long program. All newcomers as well as the "oldies" are invited. A pleasant evening is promised.

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## Apollo Develops Irritating Mechanical Problem

By HOWARD BENEDICT  
AP Aerospace Writer

SPACE CENTER, Houston (AP)—America's Apollo, on its last proud mission of history and diplomacy, ran into an irritating mechanical problem today in its race through space to look up for a cosmic visit with the Soviet spaceship Soyuz.

If not solved, the problem—a jammed probe—could block the American and Soviet astronauts from crawling from ship to ship. But ground controllers said it should be easy to overcome.

They said the problem endangered neither the

American astronauts nor the basic purpose of the joint flight—docking and visiting in space. A Russian official said he could not believe the problem would not be solved.

Both craft sped from earth Tuesday in launches of the two spacefaring nations that had been independent competitors until this mission and are now ready for the first time to join ships and hands in space.

U.S. astronauts Thomas P. Stafford, Vance D. Brand and Donald K. Slayton rode the Apollo in orbital pursuit of the Soviet ship manned by cosmonauts Alexei Leonov and Valeri Kubasov. It was the last voyage of an Apollo spacecraft.

America's next manned space venture will be a shuttle flight to be launched four years from now.

If the probe problem is licked and all else—including the merging of orbits—goes as planned, Apollo will overtake Soyuz at midday Thursday and the astronauts and cosmonauts will execute a tricky linkup.

The problem boils down to this: The Apollo carries with it a tubular module which is to join with the Soyuz. This module is to form an air-sealed passage between the two craft.

Turning from the nose of the Apollo is a probe

which links the command vehicle to the docking module. But the probe jammed when the astronauts tried to remove it to clear the tunnel.

Mission control officials in Houston said the probe could easily be cleared, using simple hand tools.

"I think they will probably get it out pretty quickly," flight controller Neil Hutchinson said. He explained that the astronauts could get at it by removing a single screw.

Meanwhile, the astronauts were told to sleep and rest up for today's scheduled work.

In Moscow, one of the flight directors for the Soviet control center, Viktor Blagov, told a news

conference: "I believe this problem will be solved. I can't believe we won't solve it."

Before discovering the stuck probe, the astronauts had fixed a minor problem involving a clogged urine disposal system.

The astronauts filed the powerful service propulsion engine on the Apollo craft twice Tuesday night in the first of a series of maneuvers to adjust their orbit for the rendezvous.

"Sort of like being bumped by a truck," said Brand of the initial burn of less than a second.

After docking, the spacecraft will open both

(Continued on Page 7-A)

## Fertilizer Firm Damaged Fire Breaks Out In Oviedo

By GLENN MCCASLAND  
Herald Staff Writer

OVIEDO—An industrial fire struck the Wheeler Fertilizer plant at mid-morning today, causing heavy toxic fumes to spread over the community before firemen from seven departments brought the blaze under control.

There were no injuries reported at press time.

Oviedo Police Chief Ken Triplett said the fire apparently started in the bearings of a heavy-duty piece of machinery in the main fertilizer plant and began to spread when it was discovered at 10:40 a.m.

Chief Triplett said the fire was brought under control about 45 minutes later, but that the inside of the plant was filled with heavy smoke, making a survey of the damage impossible.

Frank Wheeler, president of the company, said the fire started by a conveyor belt overheated and set a quantity of ammonia nitrate on fire.

Wheeler said 25 persons were inside the plant at the time the fire started in the basement area where the raw chemical material for the fertilizer is stored.

All 25 persons left the building quickly and assisted in fighting the fire, Wheeler reported.

The company official said that first indications were

County rushed to the scene. County Fire Administrator Gary Kaiser, said that all available fire units were diverted into Oviedo because of the need to supply firefighters with air packs to assist in breathing.

"The smoke from the plant is a toxic one and it is very difficult to breathe while fighting

it," Kaiser said. "Our concern is making certain there is plenty of air packs available."

Kaiser indicated the decision to send the units into Oviedo stemmed from fear that a recurrence of the Seminole County Jail fire, in which 11 persons died from smoke inhalation on June 9, was possible should air packs not be available. Firemen battling the jail fire were hampered by lack of enough air packs.

Residents in downtown Oviedo reported that visibility was "at zero point" while the fire was in progress, but shortly before noon the smoke was lifting from the community.

Fire department units from Union Park, Winter Springs, Goldenrod, Chuluota, Oviedo, Lake Mary and Seminole

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Activities of the Summer Recreation Program at the Sanford Civic Center begin each day with the Pledge of Allegiance to the Flag. Shows holding the flag are seniors, six-year-old Perla (left) and seven-year-old Vera Rasmussen, at 201 McCabe Blvd., Sanford. (Herald Photo by Gordon Williamson)

## Chief Recommends Suspension Brutality Probe Continues

By ED PRICKETT  
Herald Staff Writer

CASSELLBERRY—As investigators continue to probe a brutality complaint, Cassellberry Police Chief George Karcher has recommended a five-day suspension for the officer who allegedly sprayed man in the face of a Melbourne man who filed the complaint.

The chief's recommendation came during last night's four-hour hearing before the city's Civil Service Board, which is looking into allegations of police brutality against Jay Raymond Perkins, 20.

Perkins charges Cassellberry police beat him about the face, kicked his legs, sprayed mace in his eyes and held him for several hours without allowing him to make a telephone call.

Karcher was the first of about

10 witnesses to testify. The chief said the department's "unwritten policy" is that mace is not to be used on humans but on vicious dogs or other animals found on the streets.

As Perkins was taken from the back of the patrol car, at the police station, Morris said, Perkins again became violent. However, testimony also revealed Perkins was handcuffed and four officers were present when Clapper sprayed mace on Perkins in order to

subdue him.

The board last night did not make a ruling in the case. Instead, board members took the matter "under deliberation" for further study. Meanwhile,

Clapper's attorney, Dale Anstine of Orlando, said he didn't know when the board will rule. Clapper was temporarily suspended from duty following the incident. But, Karcher said, he has since returned to duty and is on patrol.

Perkins is also scheduled to stand trial in circuit court on charges of resisting an officer with violence.

Last night's quasi-legal hearing was attended by attorneys for the city, Perkins and Clapper.

Perkins' attorney, Dale Anstine of Orlando, said he didn't know when the board will rule. Clapper was temporarily suspended from duty following the incident. But, Karcher said, he has since returned to duty and is on patrol.

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# Statement Sought By Little Defense

RALEIGH, N.C. (AP) — Defense attorneys for Joan Little are seeking a statement made to prosecutors by a man who was at the Beaufort County jail on the night jailer Clarence Allgood was stabbed to death.

# NATION IN BRIEF

## Rail, Postal Mediators Try To Resolve Issues

WASHINGTON (AP) — Railroad and union negotiators worked to resolve their contract differences by tonight or face the possibility of congressional intervention against a nationwide rail strike threatened for Monday.

Hobgood over how the defense quizes potential jurors. Paul was trying to determine the potential jurors' attitudes toward race and women, and he told Hobgood that "the U.S. Supreme Court has approved this line of questioning."

## Couple Has Plans For Old House

ROCHESTER, N.H. (AP) — For 20 years, Arnold Skromme and his wife collected 18th Century furniture. Now, they have found a colonial house to match and plan to ship it home to Illinois piece by piece.

## New CIA Panel Expected

WASHINGTON (AP) — The House is expected to replace its dissen-tion-ism intelligence committee with a new panel headed by Rep. Otis G. Pike.

## Congress Moves On Energy

WASHINGTON (AP) — Congress is edging toward final action on the first part of its energy program while President Ford prepares to ask the lawmakers to let U.S. oil prices rise.

## Dentist Tattoos Teeth

SAN FRANCISCO (AP) — A denim-dressed dentist here is tattooing teeth with mink and moose, harts and flowers. He says decorating dental work is a new form of body art.

# Sheriff Budget Request Sliced

Seminole County Commissioners have tentatively cut more than \$300,000 from a \$2.5 million budget request by Sheriff John Polk, leaving a proposed budget for the 1976-77 fiscal year of the Sheriff's Department of \$2,200,700.

## Evening Herald

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<b>SQUIBB THERAGRAN-M</b> Vitamins - Minerals Bottle of 100 + 20 Free 399¢	<b>DOAN'S PILLS</b> BOX OF 40 97¢	<b>PLAYTEX DISPOSABLE BOTTLES</b> BOX OF 100 137¢	<b>COVER GIRL MAKE-UP</b> LIQUID OR COMPACT LIMIT 1 119¢
<b>CUTEX POLISH REMOVER</b> REG. OR OILY 4-OZ. 49¢	<b>KEEBLER ICE CREAM CUPS</b> 48 Count Pkg. 77¢	<b>TYLENOL</b> acetaminophen tablets Bottle of 100 69¢	<b>CENTURY SUPER PLATINUM RAZOR BLADES</b> PACK OF 10 REG. 89¢ EA. 21¢
<b>PLEDGE FURNITURE POLISH</b> REGULAR OR LEMON 14-OZ. 129¢	<b>PLAYTEX HAND-SAVER GLOVES</b> PAIR 59¢	<b>POLAROID 88-FILM</b> 8-EXP. 299¢	<b>POLAROID REPRINTS</b> WHEN ORDERED FROM THE SAME POLAROID PRINT REG. PRICE WITHOUT COUPON 49¢ EACH. 3 129¢ FOR



**NEW OFFICERS OF ROTARY**  
Pictured above are the new officers of the Sanford Rotary Club. Left to right: Speed Morland, sergeant at arms; Tony Russi, vice president; Red Cleveland, sergeant at arms; and Fred Gaines, secretary.

# Gunter Asks Askew About Appointment

TALLAHASSEE (AP) — Reubin Askew about appointment before the office is vacant, former Congressman William Gunter has asked Gov. Paul Schmitt, Askew's press secretary, quoted the governor Tuesday as saying Gunter, an insurance agent and Orlando Democrat, expressed an interest to him in the appointment.

# FLORIDA IN BRIEF

## Bodies Found In Room At Oceanfront Resort

JACKSONVILLE BEACH (AP) — The bound, gagged and repeatedly stabbed bodies of two men and a woman have been found in an oceanfront motel room of this resort city, police said.

## State Won't Host Confabs

WASHINGTON (AP) — Indications are that Florida will not host either the Republican or Democratic national conventions in 1976, breaking an eight-year streak for the Sunshine State.

## Swiger Denies Charges

TAMPA (AP) — Former federal housing official K. Wayne Swiger says he refused to bow to pressure for housing favors, sending an ex-fund raiser for former Sen. Edward Gurney into "angry, ugly" outbursts.

## Prostitution Sentencing Set

TAMPA (AP) — Sentencing is set for Aug. 22 for 15 persons convicted of conspiracy to run an interstate prostitution ring.

# Miamian Dies; 57 Passengers Safe

## Man Sets Self Afire On Jumbo Jet

JACKSONVILLE (AP) — A Miami man entered a restroom aboard an airborne National Airlines jumbo jet, doused his body with a flammable liquid and touched it off, police say.

None of the other 57 passengers aboard Flight 1601, en route to Miami from New York's Kennedy International, was injured, police said. National spokesman said only the rear restroom of the jet was damaged.

"I thought the back of the plane was on fire when the girl opened the door," added passenger John Moresco of New York. "You would have thought there was more fire than that there was."

**WHAT'S COOKING?**  
Cool Off At  
**COLEMAN'S BAR-B-Q**  
THIS IS A HOT DEAL!  
**BREAKFAST SPECIALS**  
MON. - SUN. 7 a.m. - 11 a.m.

Sausage, Biscuits, Grits & Gravy ..... 97c  
2 Eggs, Biscuits, Grits and Gravy ..... \$1.06  
2 Eggs, 2 Sausages, Biscuits, Grits ..... \$1.34  
Steak, Eggs, Biscuits, Grits ..... \$1.43

**FREE COFFEE WITH BREAKFAST**  
Hwy. 17-72, Sanford, Across From MovieLand 3229446

# INTRODUCTORY SALE!

## MALONE Glamourpedic

Enjoy real savings during this special introductory sale of brand new Malone Glamourpedic mattresses specially designed for Florida! Choose other Malone Glamourpedic mattresses also sale priced from \$59.95!

**THE NEW TROPICANA TWIN SIZE**  
Regular 79.95 Each Piece  
Sale Price 59.95 Each Piece  
Matching Box Spring 59.95

**QUEEN SIZE**  
Reg. 249.95 set SALE 199.95

**KING SIZE**  
Reg. 329.95 set SALE 279.95

**SALE PRICE \$59.95**

TWIN SIZE each piece

**Central FURNITURE**  
Sanford's Newest - Largest - Finest  
James Triplett - Owner  
OPEN DAILY 9-6 WED. 9-12  
2306 French Ave. Ph. 323-1480 Sanford

### Postal Increase Is Unrealistic

The Postal Service staff has rightfully rejected changes in postal rates recommended by an administrative law judge for the Postal Rate Commission.

The rate commission is expected to announce its decision on the matter by July 31. The board of governors of the Postal Service may then accept, appeal the decision, or, by unanimous vote, set its own rates.

The recommendations of the judge Seymour Wenner, were unrealistic and unjust.

Unrealistic in that he calculated that large increases could be made in the second-class rates (for newspapers, magazines and periodicals) and the fourth-class rates (for parcels) without cutting the volume of mail.

Realistically, many periodicals would not survive a doubling of their rates as proposed by Wenner. Many businesses would turn to private competitors, such as United Parcel, if parcel postage is increased by 67 per cent as proposed by Wenner. The postal service staff estimates the new rates would end up costing the taxpayers \$350 million a year.

Unwise in that as a matter of public policy since Benjamin Franklin became the first postmaster-general 200 year ago this summer, the delivery of educational and informational material through the mails has been encouraged and subsidized.

This encouragement is needed more than ever now, especially by magazines threatened by television competition for the advertising dollar. A multiplicity of periodical voices is in the public interest. It encourages discussion of public questions from a number of independent viewpoints.

But the judge's recommendation of disproportionately high increases in the second-class rates would silence many weaker voices in print. That would be unfortunate.

The first-class rates are better able to bear the burden of increases than either the second-class or the fourth-class rates. Yet the judge, on the theory that no class of mail should subsidize any other class, recommended a reduction in first-class rates.

His recommendations should be discarded.

### Plea For Peace

Edward Teller, who designed tools capable of world destruction, has ended his career with concern for a widespread lack of understanding of the role of science in global preservation.

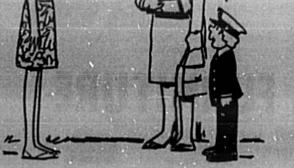
Teller, architect of the hydrogen bomb, has retired as professor with the University of California and associate director of the Lawrence Livermore Laboratory.

Citing the dangers of apathy he stressed the need for new awareness and interest in science and technology to find solutions for environmental and energy problems.

"Some of the things we ought to be doing," he said, "are practicing conservation, developing more coal and petroleum resources, extracting more coal and transforming coal and oil shale into combustible gases."

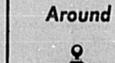
Teller, a refugee from Nazi Europe, was honored in retirement ceremonies not only for distinguished contributions to the field of nuclear physics, but for his dedication to the principle that nuclear power, although developed for war, could be a productive instrument of peace.

### BERRY'S WORLD



"Look Mom! Gran'ma bought me a brand new sailor suit!"

### Around



### The Clock

Although Safe Boating Week in Florida is officially past (June 29-July 5), it doesn't mean boaters of our Central Florida waterways should ignore safe boating and boating regulations.

We're sure everyone was safety-conscious during the recent officially proclaimed Safe Boating Week, but 1,446 lives were lost in boating accidents of one form or another in 1974 and that's far too many.

In a statistical report recently released by the U.S. Coast Guard, it was noted that although the 1,446 deaths past year was a decrease of approximately 17.5 per cent, that is far too many.

In the Seventh Coast Guard District, which includes Florida, South Carolina, Georgia, Puerto Rico and The Virgin Islands, 172 persons lost their lives in boating accidents last year, a drop from 221 boating fatalities in 1973.

Florida showed the greatest improvement in the district, down 82 deaths in 1974 from a record 124 in 1973.

According to the report, although the reduction in the number of lives lost while boating is encouraging, 1,446 deaths is a sobering statistic.

A boating accident report must be made by a person involved in an accident dies, disappears, is

The responsible boater should take a few simple precautions to prevent himself or his boating companions from becoming a part of this year's boating casualty statistics and a good place to start is to enroll in a safe boating course.

We've always been a believer in these courses, as well as other safe boating practices, and highly encourage every boater in the area, be they strictly pleasurecraft boaters or boaters of a commercial nature, to use every ounce of precaution while out on our lovely waters.

While on the topic of boating, we might remind everyone that failure to report a boating accident is a violation of the law.

An operator of a boat which is involved in a mishap is obligated to report the accident to the local state boating authorities (Marine Patrol, Marine Police, Sheriff's Department, State Game & Fish Commission officer, etc.) or to the Coast Guard.

A boating accident report must be made by a person involved in an accident dies, disappears, is

disappointed or if property damage totals more than \$100 (some states require reports on property damages of more than \$50).

If the boater is unable to make the report, other persons on board are then responsible to file the report.

For accidents in which persons are killed, incapacitated, injured, require medical attention, or disappear, the report must be submitted within 48 hours after the mishap. If the accident only causes property damage, the report must be filed within five (5) days.

Failure to report such an accident is punishable by a \$500 fine.

So, the best thing to do is to report all boating accidents, no matter how minute they might seem at the time. Not only will it keep you out of trouble with the authorities, it will then be a matter of record should a law suit ever be filed as a result of the accident.

Better yet, be cautious when handling a boat and do everything within your power to prevent accidents from happening.

—Bill Currie

### JOHN CUNIFF

### Food Chains No Villains, U.S. Finds

NEW YORK (AP) — Some of our favorite assumptions and most relied upon alibis about prices and personal finances are being challenged.

You'll recall the middleman, of course, the fellow who imposes himself between the farmer and consumer and rips off all of us, pushing up prices as he lines his pockets. That's the assumption, anyway.

Well, the middleman has been cleared now. The Council on Wage and Price Stability says he wasn't responsible for the 12 1/2 per cent increase in food prices last year. Oil prices, the end of government price controls, and rising wages were among the major factors in the increase.

Now the Federal Trade Commission explains another alibi, that the big food chains were profiteering, raising their prices not because their costs were going up but just because they were greedy for profits.

The FTC agreed that markups by the food chains did increase, but concluded: "The very rapid retail food price increases since 1972 are explained primarily by increases in prices of raw food products."

The villains are being challenged, and some are falling. One favorite villain was industrial concentration. In industries dominated by a relatively few companies, it was said, prices were administered, or kept high.

### BERT COLLIER

### Land Rush Came Early In Florida

The Spanish were never interested in promoting Florida. But only a few years after the British flag was raised over St. Augustine, a propaganda campaign almost without precedent made it one of the most exciting topics of conversation in Europe.

Among the colonies where royal grants were available, more applications poured in for Florida acreage than all the others combined.

Early census lists had names of settlers from England, Scotland, Ireland, Malta, Italy, Germany, Turkey, Switzerland, France and Poland, not to mention the other American colonies.

Some of the most famous titles of England were represented there. For a while huge chunks of Florida were part of great estates on which British wealth and power were based.

The Florida land rush wasn't confined to England.

A Frenchman offered to bring over 1,000 munitions workers, jobs after the Seven Years War, to turn out bombs, grenades and rifles in an armaments factory.

A Bermudian planned a shipyard on the St. Marys, using the almost inexhaustible supply of fine timber in the area.

There were proposals to settle "industrious Germans." French exiles living in London, French Huguenots, Moravians and many more. They were all drawn by reports of a land where living was free and easy. Florida's name was already acquiring its magic, even though some of the claims were exaggerated.

"From the earliest colonial times," wrote Charles Loch Mowbray, "East Florida's publicity seems to have gone to its head and indicated a false sense of prosperity."

Most of the expansive schemes dissipated like sea fog. One, however, played a major role in the British period and left traces that still exist. This was Dr. Andrew Turnbull's New Smyrna Colony.

Dr. Turnbull's enterprise inspired a best-selling novel by a major writer. But the Turnbull in Stephen Vincent Benet's "Spanish Bayonet" is totally unlike the real Scottish physician who dreamed of transplanting a Mediterranean culture intact on 100,000 virgin acres along the Halifax River.

Benet's fictional Turnbull was a megalomaniac with a heavy strain of evil. Benet had license to draw this dark picture since one of the unfortunate colonists was his ancestor.

The real Dr. Turnbull was a practical man. His Scotch soul had no share of mysticism or altruism. He thought very little about a tropical Eden. He merely wanted to make money for himself and his partners.

Nevertheless he did seek among the dispossessed for his settlers, holding out the prospect of freedom and land. Some came from Smyrna where the Greeks were under harsh Turkish rule. Many more were from Minorca which was suffering from a severe famine. A scattering of Italians filled out the roster.

Dearborn, Mich., told us it had to sell high because its foreign suppliers had skyrocketed prices. Chairman Richard Holmquist of the Federal Reserve Board has taken a strange attitude toward his job of eliminating excess profits on government contracts. In draft testimony, he said "there is nothing wrong with 'excessive profits' if a company is efficient, innovative or has a 'pioneer' market position."

When we queried Holmquist, he said he has reconsidered and now takes a stronger position toward limiting profits.

The conservative newspaper Human Events has announced that its financial views are due, among other things, to "the proliferation of excessive direct mail operations." It so happens that Human Events is a zealous peddler of its own mailing list. The coin collecting world is in an uproar over our story that Senate House Banking committee men have pilfered 11 Christmas tree ornaments. The ornaments were by the U.S. Mint. The coins' future worth may be \$1.4 million. A reader, Lorenzo Lovel of Arlington, Va., suggests the light-fingered legislators be thwarted by a minting of bushels of the pennies and thus bringing their value down to 5¢ or 10¢.

WASHINGTON WHIRL: The House International Relations Policy subcommittee is putting together hearings under chairman Lester Wolff, D-N.Y., on whether renewed U.S. military aid to Turkey should depend on an end to its opium growing. During a shortage of the life-sustaining kidney and heart drug heparin last fall, one firm began charging 400 per cent above the precharge price. The drugmaker, North American Pharms,

night specials, "which street criminals carry. These handbags have become a major factor," said the President, "in larger crime areas."

"I'm for banning Saturday night specials," agreed Sen. Roman Hruska, R-Nebr., "but only providing we get the right definition and limitations of the term. Saturday night specials. The size of the gun, yes. The price of the gun, no."

The real problem, he grumbled, was the failure of local law enforcement. "There are a million illegally possessed guns in New York City," he said, "and the mayor has the nerve to blame the federal government. There is a failure of local enforcement of the law on licensed dealers."

The confidential White House minutes show that President Ford also favors compensating crime victims.

"I've seen the data from 12 states which have it," he said. "It has not run wild. It's under control."

"What about the greatest flaw of all — lenient judges?" broke in Senate Republican leader Hugh Scott, a former Pennsylvania prosecutor. "I used to convict them in the front room, then the defense counsel and the judge would spring

them in the back room."

"We are proposing some strict standards for sentencing by judges," said Atty. Gen. Edward Levi.

The President agreed that judges were letting hardened criminals loose in the streets. "An abnormal percentage of crime," he said, "is committed by a relatively small number of criminals."

"I think the Board of Judges ought to do something about 'judge shopping,'" Scott added, referring to the practice of some defense counsel to seek the most lenient judges for their cases.

"It's a dreadful scandal."

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Firearms Safety, 7-10 p.m. Call Seminole County Community Services.

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Robert L. Mehaffey, Spurgeon B. Smith, Mattie G. Wallace.

Royce E. Williams, Odessa R. Wolk, Fred W. Lonsby, DeBary Andrew J. Shipule, DeBary Edward Brown, Deltona George W. Fuller, Deltona

Danielle E. Spence, Edwin O. Stuart, Edith L. Tyre, Marc Pentecost, Altamonte Springs, Mary Cuneo, DeBary Edith T. Hill, DeBary Lester B. Marsh, DeBary George M. Wright, DeBary Tina Marie Wilson, Longwood Anne B. Clark, Mims Donna C. McAdam, Orange City Howard J. Ouf, Orlando Dora P. Phillips, Osteen

BIRTHS

Mr. and Mrs. Darrell (Marian) Beeg, a girl, Sanford

DISCHARGES

Sanford: Mrs. Thomas (Sandra) Kimber & Boy Isaac Alexander Larry Bright Lewis A. Coombs Ollie Mae Ellis Elizabeth B. Hirt Hugh H. Holland Jr. Margaret Larkin Lois A. Nelson

Area Death

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GRAMKOW FUNERAL HOME 130 WEST AIRPORT BOULEVARD 1 1/2 Miles East on Airport Blvd. from Traffic Signal on Hwy. 17-92

### Unemployment Rate Lower Here Than In Some Counties

By ED PRICKETT Herald Staff Writer

Unlike some parts of South Florida — where the unemployment rate soars past 18 per cent and jobs go begging for lack of qualified applicants — Seminole County has no wealth of unemployed jobs, a state official said today.

"We're filling the jobs we get and people are accepting them. There's no problem. No jobs go begging," said Ralph Prescott, Sanford manager of the state's employment office.

Also, the unemployment rate here is lower than the 18 per cent reported in some South Florida counties. In May, Seminole reported a 12.3 per cent seasonally adjusted rate, slightly less than the statewide average of 12.7.

Sterling Tucker, a labor market analyst based in Winter Park, said 7,200 workers here are still jobless out of a total labor force of some 64,900.

In the South Florida area — specifically Miami — state employment offices report that hundreds of jobs go begging for lack of qualified — or willing — applicants.

"It's ridiculous," says Ivan Gati, owner of a women's garment firm in Hialeah Gardens. "Thousands are out of work yet I'm being forced out of business because some people would rather collect unemployment."

Among them were listings for 59 general secretaries, 40 clerks, 14 insurance salesmen, 12 telephone solicitors, 22 maids, 10 guards, 15 auto mechanics, 86 sewing machine operators, 14 auto body repairmen and seven truck drivers.

Many of the unemployed are refugees from the slumping construction industry.

In neighboring Orange County, the unemployment rate stands at 12.7, slightly higher than Seminole's rate.

Perhaps an unemployed Seminole worker earned it up best. After 15 years in a high paying job in the missile industry, he was laid off two months ago.

"I wouldn't take any job that pays less than the \$74 I get in unemployment checks," he said.

ment firm in Hialeah Gardens. "Thousands are out of work yet I'm being forced out of business because some people would rather collect unemployment."

He's among a growing number of employers who say they can't find enough qualified applicants to fill hundreds of sales, clerical and mechanical jobs.

What some employers fail to mention, however, is the rate of pay offered. Jobless workers who qualify draw up to a high of \$82 a week in Florida unemployment benefits.

Thurmond Burnett, Florida's unemployment claims administrator, says some people may be turning down relatively low paying jobs in favor of accepting compensation checks.

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JCPenney 33 1/3% off 4-ply polyester tires.

MileageMaker Plus. Four ply polyester cord tire in the wide 78 series profile. Modern sidewall wrap-around tread. No trade-in required. Blackwall tubeless.

Save 2.30 Reg. 5.29. Sale 2.99. JCPenney original equipment replacement shock absorber. CO ring piston helps maintain uniform drive control. Guaranteed for 2 years or 24,000 miles.

JCPenney Shock Absorber Guarantee If a JCPenney Original Equipment Replacement Front Overload Rear Overload or Air Adjustable Shock Absorber fails due to defects in material or workmanship or wear out within 2 years from date of purchase or 24,000 miles, whichever comes first, and all the original purchaser owns the car, we will replace the Shock Absorber at no extra charge. Just notify us and present your proof of purchase. There will be an additional installation charge unless the Shock Absorber was originally installed by JCPenney.

Save prices effective thru Mon., July 21.

25% off 10 step tune-up. Now 20.16 Save 6.72 Reg. 26.88 (6 cyl. engines) 4 cyl. Save 5.47, Reg. 22.88. Now 16.41 6 cyl. Save 7.97, Reg. 31.88. Now 23.91

Here's what we do: • Replace spark plugs • Service heat riser • Service auto choke • Replace distributor cap • Service air filter • Service fuel filter • Service carburetor

All parts and labor included, restorator jobs slightly higher. Sale prices effective thru Saturday, July 19.

Oil filters 1.79 to 1.99 Oil filters for American cars. Spin-on and cartridge types. Help filter out damaging dirt and particles. All feature built-in gasket, anti-drainback valve, and bypass valve to help reduce dry starts and to supply proper engine oil even on cold starts.

59¢ quart Quaker State 30 HD motor oil. Provides year-round lubrication. Helps keep engine clean, helps protect against oxidation, rust and wear.

"CHARGE IT" at Sanford Plaza Penney's - Open Mon. thru Sat. 8 a.m.-9 p.m. Open Sunday 1-5 p.m.

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JCPenney 33 1/3% off 4-ply polyester tires.

MileageMaker Plus. Four ply polyester cord tire in the wide 78 series profile. Modern sidewall wrap-around tread. No trade-in required. Blackwall tubeless.

# WORLD

## IN BRIEF

### Rival Guerrilla Army Advance Feared In Angola

LUANDA, Angola (AP) — One of Angola's warring nationalist armies controlled most of Angola's capital today, but Portuguese military authorities said a rival guerrilla army of 3,000 men might be preparing to advance on the city.

After a week of nightly fighting in which an estimated 300 persons have been killed and about 1,000 wounded, Agostinho Neto's Soviet-backed Popular Movement for the Liberation of Angola, or MPLA, had driven Holden Roberto's fighters of the National Front for the Liberation of Angola, or FNLA, from all but a few pockets of the port city on the Atlantic Ocean.

The FNLA, which has Chinese support, has another 3,000 troops in Carmona, 220 miles northeast of Luanda. There have been persistent but unconfirmed reports that they were moving toward the capital, but their leader, Daniel Chipenda, was reported still in Carmona on Tuesday.

### Loberster Rules Tightened

NASSAU, Bahamas (AP) — The Bahamian government has cracked down on foreign lobster fishermen, mandating still finer for harvesting three species of the crustacean from the Bahamas' 12-mile territorial waters. The order, signed Tuesday by Anthony Roberts, Minister of Agriculture and Fisheries and Local Government, declares the spiny lobster, slipper lobster and spotted spiny lobster as creatures of the continental shelf. It prohibits anyone on a foreign fishing boat from taking the lobsters from Bahamas' territorial waters beginning Aug. 1.

If convicted, both the fisherman and boat master would face fines up to \$10,000 and up to a year in prison. The boat involved could be forfeited. Recently, several Florida based Cuban exiles have been arrested and prosecuted by Bahamian officials.

### Cuba Sanctions May End

SAN JOSE, Costa Rica (AP) — The U.S. delegate to the Organization of American States meeting opening today says he thinks the two-week conference will lift the 11-year-old OAS quarantine on Cuba. William S. Mallard, the U.S. ambassador to the OAS, told a news conference he thinks a two-thirds majority — 14 of the 21 voting nations — will vote to lift the diplomatic and economic sanctions against Fidel Castro's Communist regime. He indicated the United States might also vote "yes" if the two-thirds majority is reached without it.

## Kissinger Calls Mideast Urgent

MILWAUKEE, Wis. (AP) — Declaring it urgent that an interim agreement be reached in the Middle East, Secretary of State Henry A. Kissinger says it is his impression United Nations peacekeeping forces might be able to remain despite Egypt's refusal to extend their mandate.

Kissinger made the statement Tuesday after Egypt declared it will reject any extension of the U.N. mandate in the Sinai when it expires July 24.

Kissinger was expected to discuss developments in the Middle East further during a news conference here today.

Kissinger told newsmen at Minneapolis Tuesday that he had not been officially notified of Egypt's decision, but he declared:

**New in the neighborhood? It's not all bad.**

"This underlines the problem and the urgency of the need for some interim solution. We'll have to see if (the Egyptians) ask for removal of the UNEF (United Nations Emergency Force) or simply are not renewing its mandate."

Asked whether he was saying it was his impression that an end to the mandate might not necessarily mean the removal of U.N. troops on July 24, Kissinger replied, "Yes, it is my impression."

He told newsmen that changing U.S. reconnaissance flights over the Sinai on behalf of both Israel and Egypt into "a more permanent warning system" has been informally raised in Mideast negotiations.

However, Kissinger said "there is possibility of committing American forces as a buffer" between Israel and Egypt. "I want to make it clear that nothing is being proposed about introducing American military involvement in the Middle East."

On other matters, Kissinger told newsmen Tuesday:

"We have not said exactly what we shall do" if Israel is expelled from the U.N. General Assembly, "but it would affect the American participation in the activities of that body. To what extent or how remains to be seen. We are trying to prevent the situation from happening."

"I have the impression



**SAILING TOPS THE DAY**  
Three youngsters cruise the waters of Washington Park's south lake in Denver, Colo., as a pleasant summer day comes to a close. The setting sun adds dimension to the scene.

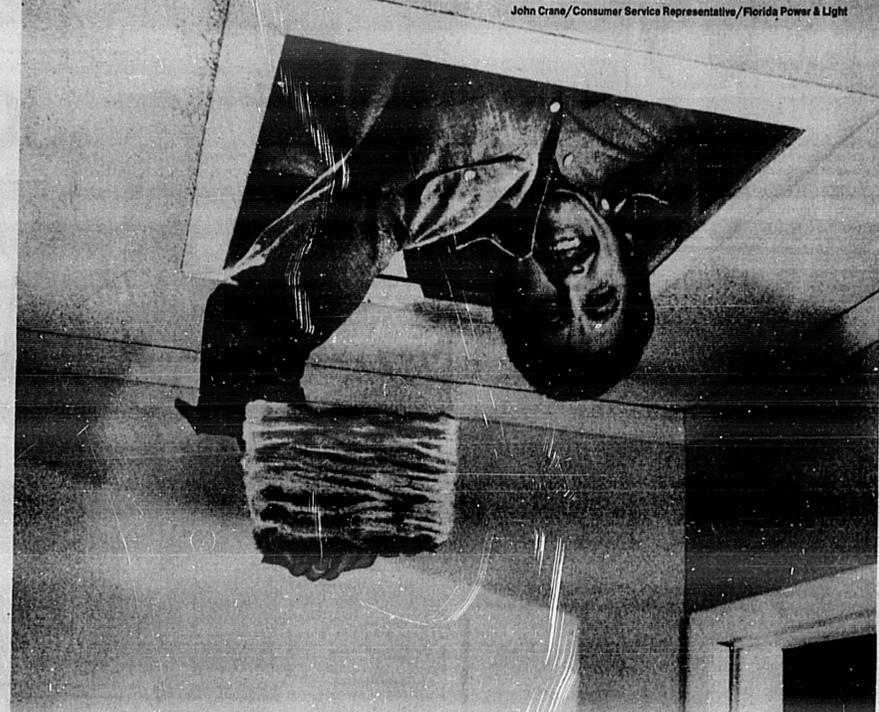
## Loudd Lawyer Slates Appeal

BOSTON (AP) — An attorney for former New England Patriots football player Rommie Loudd says he will appeal a Superior Court decision that Loudd is subject to extradition to Florida where he faces narcotics charges.

Judge Ruth Abrams ruled in Superior Court Tuesday that Loudd was identified sufficiently at an earlier hearing as the person sought in Florida, and she turned down his bid for a writ of habeas corpus.

Loudd challenged the legality of the Florida documents seeking to extradite him, and denied involvement in the alleged operation.

George Stuart Copier advertisement for 3M Brand Copy-Mite Copier. Regular \$299 SPECIAL \$269. Features include: Makes copies equal to those from any machine at any price; Copies from all originals, even books and magazines; Gives sharp black copies on white bond-weight paper; Also makes overhead projection transparencies; Operates on phone or stop.



## Six inches of insulation in your attic could save you one third on your air conditioning costs.

Good insulation will not only make you more comfortable by keeping the heat out, it'll also give you the added comfort of knowing your cooling costs aren't going through the roof. Fact is, if your home is fully air conditioned you could save one third or more on air conditioning costs simply by having a six inch layer of insulation in the attic.

Insulation's inexpensive. The blown-in type averages about 15¢ a square foot installed. The batt type costs more. Either way, the savings on your electric bill alone will probably pay for the cost of your insulation in just two years.

Another thing you can do to keep the heat out, the cool in, and the costs down is weather strip your doors and windows. Especially jalousie windows.

And if you have a window where the sun beats in, shade it. With window shades, awnings, shutters or reflective film. It'll help a lot. Example: One 8' x 6'8" panel of glass with direct exposure to the sun requires nearly one ton of air conditioning for cooling alone. That adds up to a lot of air conditioning. And a lot of extra money.

What else can you do to save on cooling costs? Use light colors on your walls and roof to reflect the sun. Shade your air conditioning unit with shrubbery. All these things add up to dollars saved on your cooling costs. And dollars you save on electricity.

Why are we telling you all this? Because at Florida Power & Light we'd like to help you save on your electric bill.



**PHONE PIONEERS HONOR SWITCHMAN**  
Southern Bell switchman W. L. Burrows, third from left, receives an Accutron watch from Orlando district plant manager P. H. Higgs, right, honoring Burrows for 25 years service. Also shown are Sanford central office foreman J. P. Crouthamel at left and Orlando central office supervisor E. C. Roberts. Roberts operates the switches at the Deltona community dialing office.

## Apollo Develops Mechanical Hangup

(Continued From Page-1A)  
ends of the airlock tunnel connecting the vehicles. Stafford and Leonov will embrace in a heralded "handshake in the sky."

The Americans carried the docking module into space Tuesday and extracted it from the spent booster rocket without difficulty.

For two days, astronauts and cosmonauts will visit the others' space quarters, sharing their food and conducting scientific and medical experiments. They will also exchange gifts, flags and letters from leaders of the two nations.

For the first time since Russia got the jump on America in space with the launching of Sputnik in 1957, the two nations were linked in cooperation scientifically and in a "cosmic display of detente."

Today's timetable called for the Soyuz cosmonauts to maneuver their capsule to a 140-mile-high orbit and the Apollo crew to check out the docking module systems.

## SCIDA Approves Budget

The Seminole County Industrial Development Authority (SCIDA) today approved a \$2,500 budget request for the 1975-76 fiscal year.

The budget will be submitted to the County Commission for consideration in August.

The proposed budget, a six per cent increase over last year, includes \$26,000 to initiate an "effective advertising program," says new Executive Director Jim Daniel.

In his first official SCIDA meeting with three board directors today, Daniel outlined the plans he will initiate to coordinate efforts at Seminole County to attract business to the area for boosting the economy.

## Sheriff Seeking Jail Space

(Continued From Page-1A)  
county commissioners and Polk await completion of a jail safety report from County Fire Administrator Gary Kaiser.

Last week, Commissioner Chairman Sid Vihlen Jr. cancelled a work session with Kaiser on the safety report because it was not completed.

Vihlen said he would withhold recommending the reopening of the jail facility until such time as the county's responsibilities were determined.

Repairs to the damaged jail have been running on schedule, Vihlen said, and with the exception of a minor change, or two, he reported the contractor should be finished with repairs as scheduled on July 21.

Advertisement for Turbine Roof Vent. Features include: SAVE FUEL, SAVE ENERGY, SAVE MONEY. Includes an image of the vent and contact information for Gregory Lumber and True Value Hardware.

## Mayor's Authority In Dispute Altamonte Suing Itself

By DONNA ESTES Herald Staff Writer

ALTAMONTE SPRINGS — Puzzled city officials have filed a Circuit Court suit against the city in an effort to determine Mayor Norman Floyd's authority under the six-month old city charter.

The confusion began when Floyd — acting on the recommendation of a panel of senior police officers — fired a probationary patrolman. The dismissal of the officer was later overruled by the city's Personnel Administration Board (PAB), but Floyd refused to reinstate the man, despite the PAB ruling.

The PAB consists of three city employees and four citizens and is authorized in the city charter.

City Attorney Joe Davis in recent weeks moved in court to enjoin the PAB as a board and the members as individuals.

Davis said Monday night the action may have been a tactical mistake.

Commissioner George Perkins indicated he doesn't

like the position the city is in, adding he voted to permit the court action to give Floyd the right of appeal. Perkins contended the section of the charter which created the PAB does not specifically grant Floyd the right of appeal at city expense. He said it appears the right of appeal is available to Floyd, as an individual.

He hinted Floyd could avail himself of his "individual" right by filing lawsuits at his own expense. Perkins joined with Floyd and Commissioner Sandra Glenn some weeks ago to instruct City Attorney Joe Davis to file the court action.

Commissioners Helen Keyser and Cal DeVoney voted in opposition at the time.

Perkins this week also balked at sections of a proposed new ordinance to set uniform procedures for the administration of the PAB.

The proposed ordinance, prepared by Davis, would have required notices of the PAB hearings, including date, time and place, to be sent to the employee appealing, the mayor and the city commissioners.

No definite action was taken to change Davis' instructions on the lawsuit. Nor was a formal decision made on the proposed ordinance.

In other business at the special meeting, Commissioners approved a change in the River Run planned unit development (PUD) to permit construction of 98 single family homes on 28.7 acres of the PUD rather than planned apartments.

Advertisement for Tony Russi Insurance Agency. Features include: LOW AUTO RATES, Under 25 - SR-22's Cancelled - Rejected, E.Z. Payments - Quotes, 322-0285 - 831-9774, 2417 S. French Ave. Sanford, Fla. 32711.

## JCPenney

Advertisement for JCPenney televisions. Features include: Sale 269.95 (12" screen), Sale 319.95 (15" screen), Sale 349.95 (19" screen). Includes images of various TV models.

Advertisement for Washer and dryer sale. Features include: Sale \$199 (automatic washer), Save 51.90 on this pair (washer and dryer), Sale \$128 (electric dryer). Includes images of the appliances.

Advertisement for One Coat Interior Flat Latex paint. Features include: \$3 to \$4 a gallon off One Coat interior, exterior latex paint, Sale 4.99 gal. Includes an image of a paint can.

### Projected Winter Springs Budget \$221,000 In Red

## Heavy Trimming Of Departmental Requests In Store

By JANE CASSELBERRY  
Herald Staff Writer

WINTER SPRINGS — The City Council has been told to make heavy cuts in departmental budget requests after the city's 1973-74 budget wound up \$221,000 over projected income for the year.

Mayor Troy Piland said the proposed budget totaled in excess of \$65,000, but the estimated income was less than \$43,000, citing the need for heavy cutting in all departmental requests.

Two new fire trucks at \$32,673 and \$42,700, are on order for the fire department. The public works department has been given new responsibilities, including recreation, that will require additional funds, and Commissioner Irene Van Expel has requested a 330 percent increase for the coming year.

There will be a budget workshop Tuesday night, and Council members have been requested to get their revised budget proposals to Finance Commissioner Ernest Hendrix

before next Monday's Council session.

Councilman John Daniels, who called the budget proposals "unbelievable," went on record opposing any increase in ad valorem taxes or change in utility tax. Councilman Donald Browning suggested a reduction in the utility tax was needed.

Spurred on by several recent incidents in South Seminole in which small children fell into swimming pools and drowned, the Council voted to have the city attorney draw up an ordinance controlling the installation, operation and maintenance of private swimming pools and set up a public hearing on the proposed ordinance.

Daniels, who made the motion, emphasized the city inspector should make inspections to insure proper fencing around pools by the time of completion before they are filled with water. The present ordinance requires fencing and latched gates for safety.

An amendment to the ordinance was passed on final reading and an amendment to Ordinance 122, defining responsibility for installation and maintenance of fire hydrants was passed on first reading.

Complaints that dogs were being kept in the city too long in inadequate facilities before transporting to the county pound brought a motion that the county be asked to provide the same animal control service for Winter Springs as provided the rest of the citizens of the county without added cost.

The Council voted down a motion by Daniels that the city transfer its accounts from the Southern Bank of Maitland to ComBank, Longwood. Daniels said Southeast Bank is a 16.2 mile round trip at 12 cents a mile plus \$4 an hour salary for a person to make the trip. He said banking at ComBank, located at SR 434 and 17-92, would be more convenient and less expensive.

ComBank manager Robert W. Farrell attended the meeting to make a presentation on his bank's services.

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## Clerk Claims Policemen Are Still Overpaid

By DONNA ESTES  
Herald Staff Writer

... the payroll sheets were signed last year by then-Public Safety Director Tom Hennigan.

LONGWOOD — Despite the city's official statements that discrepancies in educational incentive payments to city police officers have been cleared up, veteran city clerk Onie Shomate says policemen are "still being overpaid."

Mrs. Shomate, in her 17th year as city clerk and treasurer, told City Council members Monday night the payments from state revenue sharing funds "are still being done incorrectly" and the policemen are still being overpaid.

The Council did not ask her to elaborate. Mrs. Shomate had asked to be placed on the agenda for Monday's meeting. She was not available for comment today.

Public Safety Director Doug Keller said today everything will be worked out, finalized and corrected with the educational incentive pay to city police officers with the August payroll.

"The incentive pay will be adjusted and corrected in August," he said, adding everything has been worked out.

"There will be nothing that will actually be wrong. From that point on," he said "everything will be corrected and adjusted."

Keller did not know whether repayments of the money incorrectly paid to police officers from the state revenue sharing fund will be completed by the policemen by August. The overpayments were made prior to Keller assuming office in June.

Prior to Mrs. Shomate's report, the Council instructed City Attorney Ned Julian Jr. to attempt to collect via Small Claims Court some \$120 overpaid last year and early this year in police incentive money to former Patrolman Jordan Paddock. Paddock resigned in February, after refusing to remove an unruly citizen from a Council meeting.

"This will probably resolve the problem. All of the other (policemen who received the

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**LADIES' KEANS CROSSBAND SANDALS** \$1.99

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**HAIRSIDES LUGGAGE** \$5.99, \$8.99, \$12.99

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**POLIDENT TABLETS** \$8.88

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**ECKERD DRUGS**

## WOMEN

Evening Herald, Sanford, Fl. Wednesday, July 16, 1973—A4

### She Wants Neither In 'Either-Or' Plan

By ABIGAIL VAN BUREN

DEAR ABBY: I've been a widow for two years and have relocated to a completely different area where I have no close friends and no one to talk to about this.

I met a gentleman last year, and I like him very, very much. He wants to marry me, but I don't want to relinquish my freedom.

I do not want a legal tie with him for one reason. He is addicted to alcohol. He seems to handle it wisely, but I don't want to be his wife. Also, we are both in business and I need some time to myself. I enjoy his company when he is around, but I am not comfortable in every way. I am 57 and he is 63.

I've considered suggesting to him the new "living together" arrangement so many young people now find to their liking. He's pressuring me for an answer.

What do you say?

DEAR "57 AND HOLDING": Remain holding. Don't marry him because you do. And don't suggest living together, either. Continue to see him as long as you enjoy his company, but if he gives you an "either-or," take the "or."

DEAR ABBY: The problem briefly: Our daughter (a good student at an out-of-town college) recently volunteered the information that she is a lesbian. We were stunned since we had no inkling of this.

After discussions and correspondence on the subject, she flatly refuses any form of counseling and says that she is happy at the present time and sees no need to change.

What more can we as parents, do to keep her from ruining her life? We love her.

NEW YORKER: Why do you assume that her sexual preference will necessarily "run" her life? If you love her, accept her as she is and let her know it.

DEAR NEW YORKER: Why do you assume that her sexual preference will necessarily "run" her life? If you love her, accept her as she is and let her know it.

DEAR ABBY: I am highly

allergic to dogs. The odor of dogs makes me sick. I can even smell it on people's clothing. My problem is that my son has married a dog lover, and they have a dog.

I explained to them what my problem was and even offered to buy my daughter-in-law a monkey or any other kind of pet she wanted if only she would get rid of the dog. So far, she still has the dog.

Of course I can't go over to their place, and when they come to see me, the odor of their dog is on them, and I can't tolerate it for long.

It seems to me that my daughter-in-law could live without a dog if she had to choose between having one and seeing me. What do you think?

HURT: Asking a dog lover to get rid of her dog is asking a lot. But I agree, people are more important than dogs. Or they should be.

CONFIDENTIAL TO K: So if your husband wants to read "depraved" books, don't embarrass him by telling him you "found" them — knowing that he hid them from you. How can what he reads hurt you?

DEAR ABBY: We recently received an invitation to a golden wedding celebration. At the bottom was printed: "Your presence — not presents — is requested."

Wasn't that a lovely way to say, "No gifts, please?"

J.G. DEAR MRS. G: Yes. Thanks for sharing.

DEAR ABBY: I've been a widow for two years and have relocated to a completely different area where I have no close friends and no one to talk to about this.

I met a gentleman last year, and I like him very, very much. He wants to marry me, but I don't want to relinquish my freedom.

I do not want a legal tie with him for one reason. He is addicted to alcohol. He seems to handle it wisely, but I don't want to be his wife. Also, we are both in business and I need some time to myself. I enjoy his company when he is around, but I am not comfortable in every way. I am 57 and he is 63.

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DEAR ABBY: I am highly

market in the middle years often find themselves relegated to low-paying, traditionally female positions — file clerks, waitresses, secretaries in the same pool.

Older women are valuable employees. Job studies consistently show that mature workers often perform better, are absent less and are generally more dependable and responsible than younger women. But, to get ahead, mature women must analyze the types of jobs available and candidly assess their own prospects for filling them.

Some women are "retooling" themselves for the job market through vocational training programs and higher education. Institutions are responding with more scholarship aid and innovative programs such as weekend classes and off-campus studies. Most important, some are awarding credits for life experience.

A college dean explains: "If a student has been a labor leader — or a Girl Scout leader — it

### G.E.D. Test Makes New Start Possible

Pauline Bell, a resident of Altamonte Springs, earned her second high school diploma through Seminole Community College's G.E.D. program.

Mrs. Bell, a native of England, had already graduated from high school in her hometown of Shepness, a resort town 120 miles north of London. But when she and her husband moved to the United States, feeling that there were more opportunities available here for them, she found problems. Employers would not accept her English high school diploma. "They didn't know what courses the diploma included," she explains. So despite her graduation and her work experience in banks and bookkeeping, she was not hired.

The G.E.D. exam and study materials are located throughout Seminole County and may be obtained by calling Seminole Community College.

### Halifax Art Festival Slated

The 13th annual Halifax Art Festival will be held at the Ormond Hotel, Granada Avenue and John Anderson Highway, Nov. 7, 8 and 9. Brochures have been mailed to 1,500 artists. Other artists wishing to enter may write Halifax Art Festival, P.O. Box 504, Ormond Beach, Fla. 32074. The festival will offer \$4,250 in prize money; Best of Show award \$100; Bicentennial purchase award of \$50; first place awards for the seven categories, \$250 each; and 30 merit awards of \$50, each.

The categories are: Painting; Oil, acrylic, mixed media, watercolor; photography; artist must have processed all photography; graphics: including drawings, woodcuts; sculpture; ceramics; craft; jewelry, fibers, etc.

The art festival is sponsored by the Guild of the Museum of Arts and Sciences, Daytona Beach, in the benefit of the Museum.

### Tips For Fashion, Beauty

Those who neglected to store their small furs — stoles, capes, sweaters or little jackets — during the early weeks of summer should make another foray into the closet. Remove them to a cool closet where they can hang separately without being bunched together. Do not cover with any plastic since this blocks air circulation.

Broken and dirty nails and ragged cuticles detract from an otherwise neat appearance. Introduce your teenage son or daughter to proper hand care. It will soon become a daily routine.

Lace and ribbon trims are back in style for all ages. Give your small fry, tie, pleat or ruffle eyelet embroidery lace up the front of a simple plain. This is a good way to restyle a child's outfit with little expenditure.



Legends surround graceful Spanish moss

## Love, Tragedy Surround Legend Of Spanish Moss

Editor's Note: Barbara Muller, a resident of Lake Mary and music teacher at Seminole Community College, is spending three months of the summer traveling from Sanford to Philadelphia gathering all kinds of folk lore — music, tales, recipes, remedies. Sponsored by the Seminole County Bicentennial Committee, she is sending back reports to The Herald from along the way.

By BARBARA MULLER  
Herald Correspondent

Those of us who live south of the Virginia state line know about that strange growth that hangs in aetherial strands from the trees, especially along the coastal areas and all through Florida. Its called Spanish moss and is reputed to live not as a parasite but as an air-feeding plant. There are many legends about the origin of this moss and following are three different ones.

A postcard gives the legend of the origin of Spanish Moss as follows:

There's an old, old legend, that's whispered by Southern folks.

About the lady Spanish moss that garlands the great oaks — A lovely princess and her love, upon their wedding day, Were struck down by a savage foe amidst a bitter fray: United in death they were buried, so the legend goes — 'Neath an oak's strong, friendly arms, protected from their foe;

There, as was the custom, they cut the bride's long hair with love And hung its shining blackness on the spreading oak above; Untouched, undisturbed it hung there, for all the world to see

And with the years the locks turned gray and spread from tree to tree. (Author unknown)

Another legend, told by Miss Thelma Boltin, director of the Florida Folk Festival, is that a young Indian maiden fell in love with a white man. Her marriage to him was opposed by members of her tribe. The young man was driven off or killed. The maiden, in grief, hung herself from the high oak tree in the forest. Over the long months the wind dried her bones and the weather bleached her long black hair. Then the wind caught it up and blew it from tree to tree to hang in long white strands throughout the forest.

Still another legend about the origin of Spanish moss comes from Mrs. Uphur Evans of Manteo, N.C. According to Mrs. Evans the moss originated way back when the first ships of Spain appeared on the North Carolina coast. The Indians were very curious at the sight of these tall sailing ships and the pale skinned men. Especially curious was a beautiful Indian maiden who caught the attention of a young Spanish sailor as she stood staring at him from the edge of the trees. The young sailor pursued the maiden and she turned to run into the safety of the forest. As he gained on her she tried to take refuge by climbing a tall oak tree. The sailor climbed up after her but his beard was caught in the tree permitting the girl to escape. Try as he would the sailor could not free himself from the grasp of the tree. He was trapped there forever. In time his beard grew to a great length and the wind caught it up and spread it throughout the trees. Thus the name Spanish moss.

Whatever the source, Spanish moss provides a sometimes eerie, sometimes beautiful decoration on the trees along the south eastern coast of this country. It enhances with stately beauty the great avenues of ancient oak trees which line the roads leading into the old plantation houses of South Carolina and Georgia.

## Numerous Options Are Open To Middleaged Women

By LYNNE ABRAHAM  
(Second in a series)

### Over-40: On The Move

"One morning, as I waded goodby to my husband and three teenagers going off to their day's activities, I asked myself: 'What am I going to do the rest of today, and tomorrow, and really, the rest of my life?'"

Catherine Miller's dilemma is one faced by millions of middleaged women: what to do with themselves in their second 40 years. Hers was resolved by returning to a successful newspaper career, relinquishing when she felt her family needed her at home.

Not everyone has the ability or opportunity to write for a newspaper. But every mature woman today — married or single — does have a variety of choices. According to her personal circumstances, talents and tastes, she is free to take a paying job, pursue hobbies both for fun and profit, resume her education, look for a new way of life or relax in the old one.

Increasingly, women are seeking something meaningful to do — not replace — home and family. Bernice Neugarten, professor of human development at the University of Chicago, sees "reassessment of self" as a prevailing life-theme.

Stock-taking can be complicated, and counseling often helps. Women are using consciousness-raising encounters, career workshops and life-planning courses to help identify their skills and interests, and guide them toward realistic choices.

Today half the women in this country between 45 and 65 hold a job. Personal satisfaction is an important factor, but most of these women work because they have to. Unfortunately, those who return to the job

has sparked a drive to upgrade both homemaking and volunteerism — another target of the feminists. "The role of volunteer women must be restored with honor," asserts Margaret Mead.

Options are not unlimited. Realistically, mature women are restricted by economic pressures, family demands, personal liabilities, and subtle and not-so-subtle discrimination. But for a woman with more free time and energy than ever before to pursue all opportunities, it's a wonderful time to be alive.

Elinor Guggenheimer, New York City's Commissioner of Consumer Affairs, boasts of having had six different careers in her 82 years. Her advice to the mature woman: "Try everything! The next step to you are just as scared as you are!"



**MR. MOOSE SAYS**

**Skating Is Fun**

**SUMMER SCHEDULE**

MON. & TUES. Private Parties  
WED. All Day Skate 10 a.m.-4 p.m.  
Carload Special 6:30 p.m.-8:30 p.m.  
Adults Only 8:30 p.m.-10:30 p.m.

THURS. Evening Session 7:30 p.m.-10:30 p.m.

FRI. Matinee 2 p.m.-5 p.m.  
Evening 7:30 p.m.-10:30 p.m.  
Late Skate 10:30 p.m.-12

SAT. Morning 10-12 Noon  
Matinee 2 p.m.-5 p.m.  
Evening 7:30-10:30 p.m.  
Late Skate 10:30 p.m.-12

**COUPON SPECIAL**

Carload Special  
WED. 6:30 p.m.-8:30 p.m.  
UP TO SIX PERSONS... \$1.00  
(Over Six Pay Only 50¢)  
SKATE RENTAL 25¢  
Offer Expires July 31

**CLASS LESSONS**

DANCE FUNDAMENTALS BEGINNERS 5:00-5:45  
5:45-6:30  
6:30-7:15

PRIVATE LESSONS BY APPOINTMENT

**Melodee SKATING RINK**

Ph. 322-9353  
2700 W. 25th (SR 46A)  
Sanford

Clip This Coupon And Bring A Carload

Complete Furnishings • Draperies • Carpeting

Master Charge Layaway BankAmericard

**phil deere FURNITURE, INC.**

Sanford's Finest

OPEN DAILY 10-6  
WED. 10 Noon  
SAT. 10-4

Evenings By Appointment  
HWY. 44 West 1st St. 1 Mile East of I-4 Sanford (352) 323-0330

## Move To Trailer Delayed Again

By MICK LOCHERIDGE  
Herald Staff Writer

Michael Florence's hopes of permanently moving himself and his pregnant wife Denise out of a shack and into a new mobile home have been delayed again by the Seminole County Commission.

In May of this year, the Board of Adjustment approved a special exception for Florence, allowing him to locate a mobile home on a one-acre lot he owns west of Dodd Road and south of Red Bug Road in Commissioner Mike Hattaway's district.

Hattaway appealed the Board of Adjustment's ruling because, he said, the area is earmarked for future development in single family residential homes. He filed his appeal within the 30-day time limit.

Last night the County Commission acted on a recommendation of Utility Attorney Ned Woolfolk and delayed action on the appeal pending further research into the matter.

Woolfolk, sitting in for County Attorney Tom Freeman, told the Commission it could be a "serious conflict" if the Commission set in judgment of an appeal which it initiated.

Woolfolk said he would determine the correct method for the Commission to appeal next week.

Florence apparently did not wait the full 30 days before purchasing the mobile home and placing it on the lot.

Florence said the single-wide mobile home is "just sitting" on the lot and is not hooked up.

"I spent everything I saved for three years on the lot and the mobile home," Florence said, "and if I can't keep the mobile home there I'll be ruined. I don't have enough money to move the trailer."

SANFORD: 950 State St., Sanford Plaza. CASSELBERRY: Seminole Plaza and 1433 Somoran Blvd.

OUR STORE IN CASSELBERRY, CORNER HWY. 17-92 & 424 IS NOW OPEN 24 HOURS EVERY DAY!



TONIGHT'S TV

Table listing TV programs for Wednesday, Thursday, and Friday. Columns include time slots (e.g., 7:00-7:30, 8:00-8:30) and program titles (e.g., Evening, News, The Black Forest, The Wheel of Fortune).

CLASSIFIED ADS Orlando-Winter Park 322-2611 831-9993. Includes sections for Classified Dept. Rates, Deadlines, and Personal ads.

SEEK & FIND Washington, D.C. A puzzle with a grid and clues. Clues include: 'D T N E M O N M T O N I H S A', 'R Y F E J F H C A P I T O L H I L L R', 'E R S O R Y S T E B I H S M A D A', 'F O R D S T H E A T R I N J C P', 'T E S U O H E T I H W N L I H W K K', 'R H M J F K E N E D Y P W L G E', 'E R C K C O R G E O R E T O W N E', 'B L S A W B T H A L I H P R V I R', 'I L P E N T A G O B U I L D I N G C', 'L A O N O S L E N D R E L E F P H K', 'S M I T H S O N I A N M U S E U M S C', 'J E F F E R S O N M E M O R I A L D O', 'A H S T A R E I R C A M O T O P E R', 'S T D L A I R O M E N T O C N L I'.

HOROSCOPE For Thursday, July 17, 1973. By BERNICE BEDE OSOL. Includes horoscopes for Aries, Virgo, Aquarius, Libra, Scorpio, Gemini, Cancer, Sagittarius, and Capricorn.

Cereal Foods A Basic Need. Advertisement for Dr. Lamb cereal, highlighting its nutritional benefits and availability in various flavors.

CLASSIFIED ADS Orlando-Winter Park 322-2611 831-9993. Classified Dept. Rates, Deadlines, and Personal ads.

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TONIGHT'S HIGHLIGHTS

SPORTING TALK: During an ABC-TV sports department press conference, Keith Jackson, ABC's sportscaster of the Year, turned to Ronnie Arledge, president of ABC Sports, and said: "I'd like to congratulate you on your basic genius for allowing CBS to sign Mark Spivey..."

ALIAS ANSWERED: "Ransom notes." ABOUT TONIGHT: "THE CIRCUS MAN," (Bernie), Red Buttons remotes, features, and spot news, but may have a problem once football season is over since it will depend on international horse racing, a handful of golf and tennis matches for the live pickup. NBC will televise college basketball next season, but not on Sundays.

TONIGHT'S HIGHLIGHTS

Advertisement for JAW'S, a national best-seller, featuring various products and prices.

Advertisement for Benji, a movie featuring the character Benji the dog.

Advertisement for Wednesday's Family Special, featuring a variety of family-oriented programs.

Advertisement for The House That Grows, a product designed to help with hair growth.

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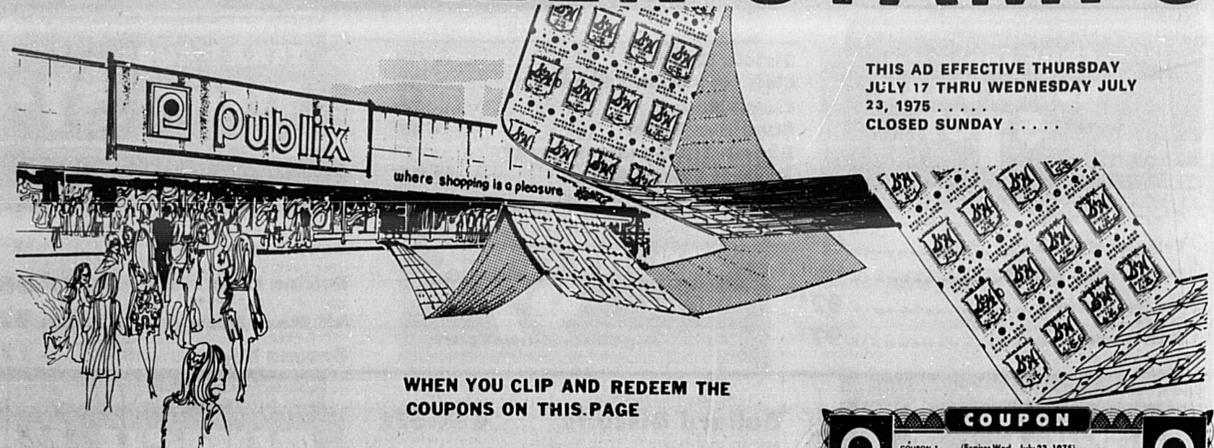
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Advertisement for The House That Grows, a product designed to help with hair growth.



# OUR BONUS TO YOU! S&H GREEN STAMPS



THIS AD EFFECTIVE THURSDAY JULY 17 THRU WEDNESDAY JULY 23, 1975 . . . . . CLOSED SUNDAY . . . . .

WHEN YOU CLIP AND REDEEM THE COUPONS ON THIS PAGE

Get up to **600** extra S & H Green Stamps

Coupons 1 & 3 are worth 400 stamps on a purchase of \$20 through \$24.99. Coupons 2 & 3 are worth 500 stamps on a purchase of \$25 through \$29.99. Coupons 1, 2 & 3 are worth 600 stamps on a purchase of \$30.00 or more.

for the good times



PICK UP SOME QUICK EASY MEALS FOR SUMMER FROM



where shopping is a pleasure



COUPONS IN THIS AD ARE EFFECTIVE IN ORANGE, OSCEOLA, LAKE AND SEMINOLE COUNTIES ONLY!

**COUPON**  
COUPON 1 (Expires Wed., July 23, 1975)

**100 EXTRA S&H GREEN STAMPS**  
on purchases totaling \$5.00 to \$9.99 excluding all tobacco products  
This coupon may also be used in combination with other S & H Green Stamp Coupons in this ad with larger purchases.  
This coupon effective in the following counties only: Orange, Osceola, Lake and Seminole.

**COUPON**  
COUPON 2 (Expires Wed., July 23, 1975)

**200 EXTRA S&H GREEN STAMPS**  
on purchases totaling \$10.00 to \$14.99 excluding all tobacco products  
This coupon may also be used in combination with other S & H Green Stamp Coupons in this ad with larger purchases.  
This coupon effective in the following counties only: Orange, Osceola, Lake and Seminole.

**COUPON**  
COUPON 3 (Expires Wed., July 23, 1975)

**300 EXTRA S&H GREEN STAMPS**  
on purchases totaling \$15.00 to \$19.99 excluding all tobacco products  
This coupon may also be used in combination with other S & H Green Stamp Coupons in this ad with larger purchases.  
This coupon effective in the following counties only: Orange, Osceola, Lake and Seminole.

- Borden's Ice Milk **69¢**
- All Detergent **\$3.29**
- Wisk Detergent **\$1.99**
- Kleenex Facial Tissue **49¢**
- Jam or Jelly **99¢**
- Hellmann's Mayonnaise **89¢**
- Banquet Dinners **49¢**
- English Muffins **3 \$1**
- Chase & Sanborn Coffee **79¢**

FEAST ON THE FRUITS OF SUMMER



- Seedless Grapes **49¢**
- Jumbo Cantaloupes **2 89¢**
- Canned Hams **\$6.99**
- R-C Cola 8 14 oz. cans **99¢** plus deposit
- Beer 6 12 oz. cans **\$1.29**

- Blueberries **69¢**
- Orange Juice **3 \$1**
- Squash **25¢**
- Carrots **39¢**
- Broccoli **49¢**
- Green Onions **39¢**
- Eggplant **25¢**
- Dog Food **3 \$1**
- Sliced Pickles **49¢**
- Chili Sauce **49¢**
- Elbow Macaroni **49¢**
- Saran Wrap **79¢**
- Bounty Towels **49¢**
- Bathroom Tissue **75¢**
- Lipton Tea Bags **\$1.29**

- Honey Loaf **59¢**
- Pepper Loaf **59¢**
- Cooked Salami **99¢**
- Beef Bologna **99¢**
- Ham Salad **69¢**
- Macaroni Salad **59¢**
- Hoagies **79¢**
- Fried Chicken **\$2.59**
- Crunch Pies **99¢**
- Breakfast Links **FREE**
- Chuck Blade Steak **\$1.39**
- Chuck Blade Roast **\$1.09**
- Oven Roast **\$1.79**
- Shoulder Roast **\$1.19**
- Short Ribs **99¢**
- Beef With H.V.P. **89¢**
- Steaks **\$2.09**

- "Selected Baby Beef" Inflation Fighter
- Sirloin Steak **\$1.39**
- Round Steak **\$1.39**
- Rib Steak **\$1.39**
- Chuck Roast **89¢**
- Pot Roast **\$1.09**
- Tip Roast **\$1.19**
- Short Ribs **79¢**
- Beef for Stew **\$1.19**
- Sliced Bacon **1.39**
- Ham Patties **1.59**
- Leg 'O Lamb **1.39**
- Beef Liver **99¢**
- Turkey Roast **2.29**

- Chunk Style Tuna **39¢**
- Cottage Cheese **99¢**
- Brookfield Butter **79¢**
- Tomato Ketchup **79¢**
- Cold Power **89¢**

- Hawaiian Punch **49¢**
- Apple Juice **39¢**
- Pear Halves **2 89¢**
- Fruit Cocktail **39¢**
- Liquid Toxize **2 \$1**
- Earth Born **99¢**
- Peak Tooth Paste **69¢**
- Health & Beauty Aids Specials
- Chase & Sanborn Coffee **79¢**
- English Muffins **3 \$1**
- Banquet Dinners **49¢**
- Hellmann's Mayonnaise **89¢**
- Brookfield Butter **79¢**
- Tomato Ketchup **79¢**
- Cold Power **89¢**
- Tomato Ketchup **79¢**

**Publix markets**

SANFORD PLAZA—SANFORD  
LONGWOOD VILLAGE CTR.—LONGWOOD  
SEMINOLE PLAZA—CASSELLBERRY

50 S&H Green Stamps  
50 S&H Green Stamps  
100 S&H Green Stamps  
100 S&H Green Stamps



**A MESSAGE FROM GEORGE AND PETE:**  
 THANK-YOU FOR THE TREMENDOUS RESPONSE! THREE WEEKS AGO WE DECIDED TO ADD ONE MORE REASON FOR YOU TO SHOP AT FAIRWAY MARKET. WE INTRODUCED TOP VALUE TRADING STAMPS FOR THE THOUSANDS OF ORLANDOANS WHO SAVE THEM. OF COURSE TRADING STAMPS COST MONEY. BUT, WE WERE CONVINCED THAT THIS EXTRA REASON FOR YOU TO SHOP WITH US, WOULD INCREASE OUR BUSINESS ENOUGH TO PAY FOR THEM, WITHOUT RAISING PRICES! THAT WAS OUR DECISION AND OUR PLEDGE TO ALL OUR CUSTOMERS. YOU CAME, YOU SAW, AND WE WERE RIGHT. OUR SALES HAVE BEEN SETTING NEW RECORDS.



THANK YOU- AND COME BACK! / PETE AND GEORGE DANIEL

PRICES EFFECTIVE JULY 17 TO 23, 1975  
 We Reserve The Right To Limit Purchase Quantities



SHOP AT ANY OF THESE CONVENIENT LOCATIONS:  
 3301 Edgewater Dr. • Hwy. 17-92 Maitland • 4205 E. Curry Ford Rd. • 925 South Orange Ave. • 5300 Silver Star Rd. • 5730 Underhill Rd. • 5471 S. Orange Pine Castle • 1601 N. Bermuda, Kissimmee • 114 S. Semoran Blvd. • Hwy. 17-92 Sanford • 170 W. Fairbanks, Winter Park



<b>EXTRA SPECIAL FAIRWAY VALUE</b> FOLGER'S ALL GRINDS <b>COFFEE</b> <b>79¢</b> POUND CAN SAVE 34¢	<b>EXTRA SPECIAL FAIRWAY VALUE</b> GRADE A FLORIDA MEDIUM <b>EGGS</b> <b>39¢</b> FAIRWAY FARMS DOZEN	<b>EXTRA SPECIAL FAIRWAY VALUE</b> SOUTH CAROLINA <b>PEACHES</b> <b>19¢</b> LB.	<b>EXTRA SPECIAL FAIRWAY VALUE</b> LYKES SUGAR CREEK <b>SMOKED PICNICS</b> <b>68¢</b> AVG. WT. 6 to 8 LBS. SLICED 78¢ LB.
<b>FAIRWAY FARMS CORN FED WESTERN BEEF</b> "BETTER BUYS FOR YOUR MONEY!" BLADE CUT <b>CHUCK ROAST</b> LB. <b>88¢</b> BONELESS ROLLED <b>RUMP ROAST</b> LB. <b>\$1.88</b> FULL CUT BONE IN <b>ROUND STEAK</b> LB. <b>\$1.78</b> ROUND BONE <b>SHOULDER ROAST</b> LB. <b>\$1.58</b> BONELESS <b>CHUCK POT ROAST</b> LB. <b>\$1.48</b> FAIRWAY'S FAMOUS <b>LONDON BROIL</b> LB. <b>\$2.28</b>	<b>FLORIDA Baby Beef</b> "ECONOMY PLUS" LOWER COST PER POUND LESS WASTE FEWER CALORIES LESS COOKING TIME MORE TENDERNESS MORE EDIBLE, COOKED MEAT PER POUND <b>SIRLOIN STEAK</b> LB. <b>\$1.39</b> <b>ROUND STEAK</b> LB. <b>\$1.39</b> <b>DELMONICO STEAK</b> LB. <b>\$2.69</b> <b>T-BONE STEAK</b> LB. <b>\$1.69</b> <b>SIRLOIN TIP STEAK</b> LB. <b>\$1.69</b> <b>ROUND BONE ROAST</b> LB. <b>\$1.09</b>		

<b>COUNTRY PRIDE U.S.D.A. GRADE A FRYING CHICKENS</b> CUT-UP LB. <b>68¢</b> WHOLE LB. <b>58¢</b> LEG OR BREAST QUARTERS MONEY SAVER FAMILY PACK FRYER PARTS THIGHS, BREASTS & DRUMSTICKS LB. <b>98¢</b>	<b>E CON O PACK MIXED FRYER PARTS</b> 3 FRONT QUARTERS 3 HIND QUARTERS 3 WINGS W/GIBLETS LB. <b>55¢</b>	<b>SPECIAL MEAT VALUES</b> GWALTNEY BEEF <b>BIG 8 FRANKS</b> RATH ROLL LB. <b>98¢</b> <b>PORK SAUSAGE</b> FAIRWAY FARMS LB. <b>89¢</b> <b>SLICED BACON</b> LYKES NEW LB. <b>\$1.38</b> <b>SMOKED GLAZED HAM</b> 8 OZ. PKG. <b>\$1.58</b>	<b>SEAFOODS SPECIALS</b> FRESH <b>SEA BASS FILLETS</b> LB. <b>\$1.98</b> FRESH WHOLE <b>RED SNAPPER</b> LB. <b>\$1.49</b> COOKED <b>FLORIDA LOBSTER</b> LB. <b>\$2.98</b> FROZEN HEADLESS <b>ROCK SHRIMP</b> 4 LB. BOX <b>\$5.49</b>
<b>HOUSE OF RAEFORD TURKEY DRUMSTICKS</b> FROZEN GRADE A <b>48¢</b> TURKEY THIGHS LB. <b>68¢</b>	<b>MONEY SAVER FAMILY PACK CUBE STEAKS</b> LEAN TENDER <b>\$1.28</b> LB.	<b>FAIRWAY FARMS 100% PURE GROUND BEEF</b> 5 LBS. OR MORE PER LB. <b>78¢</b> FRESH GROUND DAILY	<b>FROZEN BREADED VEAL PATTIES</b> 4 OZ. SIZE <b>25¢</b> EACH

**FOOD SAVINGS PLUS TOP VALUE STAMPS**

<b>ARGO TUNA FISH</b> 6 1/2 OZ. CAN <b>39¢</b>	<b>FAIRWAY FARMS COTTAGE CHEESE</b> LB. CUP. <b>59¢</b>	<b>BANQUET FROZEN DINNER</b> 11 OZ. PKG. <b>57¢</b>	<b>KRAFT 18 OZ. JAR STRAWBERRY PRESERVES</b> <b>89¢</b>
<b>QUAL-PAK TOMATOES</b> 303 CAN <b>25¢</b>	<b>FAIRWAY FARMS 20 OZ. LOAF WHITE BREAD</b> <b>29¢</b>	<b>BUSCH 12 OZ. RETURNABLE BOTTLES BEER</b> <b>\$1.09</b> PLUS DEPOSIT	<b>BEECHNUT STRAINED BABY FOOD</b> 3 OZ. JAR <b>13¢</b>
<b>TRAIL BLAZER 25 LB. BAG DOG FOOD</b> <b>\$3.99</b>	<b>49 OZ. DETERGENT PUNCH</b> <b>89¢</b>	<b>SIX PACK JUMBO SWEET CANTALOUPE</b> EACH <b>59¢</b>	<b>FRISKIES BUFFET CAT FOOD</b> 6 1/2 OZ. CAN <b>25¢</b>
<b>FAMILY FARE 40 OZ. PRUNE JUICE</b> <b>69¢</b>	<b>SHASTA 12 OZ. CAN SOFT DRINKS</b> <b>16¢</b>	<b>SPARKY CHARCOAL BRIQUETS</b> 10 LB. BAG <b>95¢</b>	<b>T.G. LEE HOMOGENIZED MILK</b> GALLON JUG <b>\$1.39</b>
<b>FRUIT FLAVORS HI-C DRINKS</b> 48 OZ. CAN <b>49¢</b>	<b>JERGENS BATH SOAP</b> MEDULAR BAR <b>10¢</b>	<b>ARGO LEAF SPINICH</b> #303 CAN <b>19¢</b>	<b>ARGO GREEN BEANS</b> #303 CAN <b>25¢</b>

<b>COUPONS A&amp;C ARE WORTH 300 STAMPS ON A PURCHASE OF \$20 THROUGH \$24.99</b> <b>TRIPLE HEADER</b> <b>100 BONUS Top Value Stamps</b> with purchases totaling \$5.00 thru \$9.99 Use this coupon with the other Triple Header coupons for up to 450 bonus Stamps (Excluding items prohibited by law) COUPON GOOD THRU JULY 23, 1975	<b>COUPONS B&amp;C ARE WORTH 350 STAMPS ON A PURCHASE \$25 THROUGH \$29.99</b> <b>TRIPLE HEADER</b> <b>150 BONUS Top Value Stamps</b> with purchases totaling \$10.00 thru \$14.99 Use this coupon with the other Triple Header coupons for up to 450 bonus Stamps (Excluding items prohibited by law) COUPON GOOD THRU JULY 23, 1975	<b>COUPONS A, B&amp;C ARE WORTH 450 STAMPS ON A PURCHASE OF \$30.00 OR MORE.</b> <b>TRIPLE HEADER</b> <b>200 BONUS Top Value Stamps</b> with purchases totaling \$15.00 thru \$19.99 Use this coupon with the other Triple Header coupons for up to 450 bonus Stamps (Excluding items prohibited by law) COUPON GOOD THRU JULY 23, 1975
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# Get up to 1100 extra Top Value Stamps



<b>100 EXTRA TOP VALUE STAMPS</b> WITH PURCHASE OF FIVE POUNDS (OR MORE) FRESH 100% PURE <b>GROUND BEEF</b> COUPON GOOD THRU JULY 23, 1975	<b>100 EXTRA TOP VALUE STAMPS</b> WITH PURCHASE OF FRESHLY BARBECUED <b>CHICKEN</b> FROM FAIRWAY DELI COUPON GOOD THRU JULY 23, 1975
<b>100 EXTRA TOP VALUE STAMPS</b> WITH PURCHASE OF 8 PACK 16 OZ. BOTTLES <b>R.C. COLA</b> Plus Deposit COUPON GOOD THRU JULY 23, 1975	<b>100 EXTRA TOP VALUE STAMPS</b> WITH PURCHASE OF HALF GALLON <b>T.G. LEE DAIRY ICE CREAM</b> COUPON GOOD THRU JULY 23, 1975
<b>50 EXTRA TOP VALUE STAMPS</b> WITH PURCHASE OF ONE LOAF <b>BANANA CAKE</b> FROM OUR BAKERY COUPON GOOD THRU JULY 23, 1975	<b>50 EXTRA TOP VALUE STAMPS</b> WITH PURCHASE OF CANISTER WISE <b>POTATO CHIPS</b> COUPON GOOD THRU JULY 23, 1975
<b>50 EXTRA TOP VALUE STAMPS</b> WITH PURCHASE OF ONE WHOLE <b>WATERMELON</b> COUPON GOOD THRU JULY 23, 1975	<b>100 EXTRA TOP VALUE STAMPS</b> WITH PURCHASE OF <b>KEEBLER RICH 'N' CHIPS</b> OR <b>PECAN SANDIES</b> 14 OZ. BAG COOKIES COUPON GOOD THRU JULY 23, 1975

SHOP AT THE FAIRWAY MARKET NEAREST YOU:  
 • 3301 EDGEWATER DRIVE • 5300 SILVER STAR RD. • 1601 N. BERMUDA, KISSIMMEE • 170 W. FAIRBANKS, WINTER PARK  
 • 4205 CURRY FORD ROAD • 5730 LAKE UNDERHILL DRIVE • HWY. 17-92, SANFORD • 114 S. SEMORAN BLVD., WINTER PARK  
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Whipped topping, strawberries and lemon rind make simple treat.

## Very Creative Yet Simple

By AILEEN CLAIRE  
The Herald Services

Quick desserts using a minimum of ingredients and a small amount of preparation make even an inexperienced cook look like a creative genius. Whipped toppings, pound cake or frozen waffles plus fresh strawberries are the key here. Other favorite fruits may be used when they are in season to vary these simple basic recipes.

- STRAWBERRY-LEMON DESSERT**
- 1 1/2 teaspoons grated lemon rind
  - 1 cup thawed frozen whipped topping
  - 2 cups sweetened sliced strawberries
- Combine grated lemon rind and whipped topping. Layer in dessert dishes with strawberries. Makes 4 servings.
- SPICY FRUIT TARTS**
- 1 cup thawed frozen whipped topping
  - 2 tablespoons brown sugar
  - 1/2 teaspoon cinnamon
- dash of nutmeg  
6 individual commercial pastry shells in aluminum foil cups  
Sliced sweetened strawberries  
Combine whipped toppings, brown sugar and the spices. Spoon into pastry shells and make a depression in center of each. Spoon in strawberries. Chill. Makes 6 servings.

## Southern Cooking Varies Family Fare

By GAYNOR MADDOX  
The Herald Services

A change in diet, like any other change, often reflects interest in life, particularly during these hot summer days. So let's look at Southern food as an addition to the daily diet.

True Southern cooking is of course, something you find only in homes throughout the South. Creole cooking is more or less confined to Louisiana but many of the ingredients are available all over the country. Particularly okra which so many people is the essence of Creole cooking.

The Southern Vegetable Council says that several other Southern foods are available all year round. They are processed, frozen and shipped all over the United States. Among them, besides okra, are Southern field beans (black-eyed peas, field peas with snaps, crowder peas and butter peas), greens (collard, kale, mustard and turnip greens), speckled butter beans and yellow summer or crookneck squash.

Okra is the most popular of Southern vegetables. As one of the basics of Creole cooking, it was probably introduced to America in the early 1700s by the French colonists who settled in Louisiana. This green, multi-sided pod is picked when young and tender. When added to Southern-style dishes it provides thickening and a distinctive flavor to soups, gumbo, seafood mixtures or to simple vegetable side dishes such as steamed tomatoes.

It can be boiled or fried (in shallow or deep fat) and seasoned to taste. For Southern-fried okra — a popular side dish — partially defrost frozen okra and dip pieces in beaten eggs. Coat with cracker crumbs or corn meal. Fry in quick fry.

Okra is best when cooked quickly or added to soups and stews during the last few minutes of cooking. Overcooking gives the stew a gummy texture.

**MONDAY MENU** by Aileen  
Fresh vegetable salad  
Chili cheese dogs  
Spicy beef dogs

**TUESDAY MENU** by Aileen  
Chilled fruit soup  
Tuna/macaroni casserole  
Broiled tomatoes

**WEDNESDAY MENU** by Aileen  
Cucumber/sour cream salad  
Barbecued turkey breast  
Creamed turkey breast  
Custard pudding  
Strawberry-lemon dessert

**THURSDAY MENU** by Aileen  
Spinach mushroom salad  
Turkey club sandwich  
Waffle iron waffle

**FRIDAY MENU** by Aileen  
Molded sweet cherry salad  
Chicken and noodles  
Garden peas and carrots  
Peanut butter panocha  
Iced tea

## Old Idea For New Meals

# Ever Hear Of Okra Foogath Dishes?

By CECILY BROWNSTONE  
Associated Press Food Editor

If you can't discover what you're looking for in new cookbooks, go back to the old ones. The chances are the older works will help.

This was the case when I tried to find out about foogaths, delightful dishes from India. In one of the latest and best books on recipes from India, "The Art of Indian Cuisine" by Pranati Sen Gupta (Hawthorn, 1974), the definition of foogath is given as "a vegetable dish cooked with coconut." The author, a native of Bengal who now lives in Canada and gives classes in Indian cooking and culture there, follows up her definition with recipes for foogaths, one made with green beans, one with cabbage and one with cauliflower — all containing coconut.

But when I looked into "A World of Curries" by Ruth

Philpott Collins (Funk & Wagnalls, 1967), I felt utterly confused. Mrs. Collins writes that a foogath is "a tasty fried CAKE made from mixtures of cold cooked vegetables, spiced with green ginger root and curry powder, then fried in hot fat or oil." To confuse matters more, Mrs. Collins's own recipe for a foogath calls for bananas, sliced and left that way, and contains no ginger root!

So I went further back — to "Indian Cookery General, for Young Housekeepers" by an Anglo-Indian, published in Bombay 40 years ago. Here foogaths are defined as "vegetables fried with onions and a mixture of spices." No mention of coconut. Indeed, of the almost two dozen recipes for foogaths, some contain coconut, others do not.

It was in "Indian Cookery" by T.P. Veeraswamy, published in England a year later

than the Bombay book, that I found the most detailed explanation. The author, I am sure, knew of what he wrote because he was Indian catering adviser to the Indian government at the 1948 British Empire Exhibition at Wembley and founder of an Indian food specialty company as well as a restaurateur. Here is what he has to say:

"Foogaths are savory dishes made almost exclusively out of different kinds of vegetables. They are cooked, and that is the essential difference between them and Sambals, Coconut invariably enters into every foogath... and oil... is the fat generally used."

"Foogath under various names are eaten by all castes and classes of people throughout India, as there is nothing in them to militate against their common use by either vegetarians, Hindus or Mohammedans."

By CECILY BROWNSTONE  
Associated Press Food Editor

When I was a little girl growing up in Canada, my mother — an extremely good cook — often made Sardine Rolls when unexpected company came and she wanted to offer a snack.

Cans of brisling sardines were always at hand in that commodious pantry off the kitchen that she called, in true British fashion, the larder. The rest of the makings for the rolls — lemon, butter, onion and hand. Nowadays really fresh bread isn't as likely to be in the kitchen and since it is absolutely necessary for concocting these rolls, you may have to do a slight bit of planning ahead when you want to make them. Now as then, they delight guests.

**SARDINE ROLLS**

3 1/2-ounce can brisling sardines  
1 tablespoon lemon juice  
Butter or margarine  
1 teaspoon finely grated onion  
6 slices very fresh white bread, crusts removed  
(Open the can of sardines and with a fork gently lift out the sardines onto a plate, discarding the oil; sprinkle them



1x2 means 1 column by 2 inches. Too small for an ad to be noticed or effective? You're reading this one!

**CORN FRITTERS**

1/2 cup flour, stir to aerate before measuring  
1 teaspoon baking powder  
1/2 teaspoon salt  
1/2 cup enriched yellow cornmeal  
1 egg  
1/2 cup milk  
1 tablespoon butter or margarine (melted) or vegetable oil  
1 cup corn kernels, cut from medium cobs

In a medium mixing bowl thoroughly stir together the flour, baking powder and salt; stir in cornmeal.

In a small mixing bowl beat together the egg and milk until combined; add to cornmeal mixture with the butter and corn; stir just until dry ingredients are moistened.

Drop by generous tablespoons into hot deep fat (360 degrees) without crowding and fry until browned, turning once — about 3 minutes in all. Drain on absorbent paper. Serve hot with maple syrup. Makes 4 to 6 servings.

When I served a fresh pear sherbet, made by the following recipe, at my house, it got a great reception. All tasters agreed that the flavor was delicate and refreshing and the texture and color excellent.

The trick in making the sherbet is to treat the pears exactly as directed in the recipe; when peeled and cut one at a time and mixed with lemon juice, they stay white even though they get a going over while being pureed in the electric blender. The important point in presenting fresh pear sherbet is to have the color a pale and pretty tint instead of an unappetizing beige color.

**FRESH PEAR SHERBET**

- 1/4 cup sugar
- 1/2 cup milk
- 1/2 teaspoon salt
- 1 large egg, separated
- 2 medium fresh Bartlett pears
- 2 tablespoons lemon juice
- cream

Shred lemon rind, fresh mint sprigs or fresh Bartlett pear slices for garnish if desired.

In a medium mixing bowl beat together the sugar, milk, salt and egg yolk until blended. Pare and halve a pear; cut out core; cut each half into quarters; mix with the lemon juice; repeat with remaining pear. Turn pears and lemon juice into an electric blender and puree; add to sugar mixture and beat gently to combine.

Turn into a freezer tray; freeze, stirring a few times, until firm. Just before mixture is ready, in a small mixing bowl beat egg white until it holds soft peaks when the beater is slowly withdrawn.

Breaking it up into chunks, fold the frozen pear mixture into a medium mixing bowl and beat until smooth and fluffy; fold in sour cream, then egg white. Turn into a freezer tray; freeze until firm. Cover tightly — with plastic wrap if necessary.

Before serving, allow to stand in refrigerator for 10 minutes or so to soften slightly. Garnish as desired.

Makes about 1 1/2 pints — 6 servings.

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3 46oz. CANS \$1.00

**SAVE 37c**  
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**Tea Bags**  
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**SAVE 37c**  
JANE PARKER  
**APPLE PIE**  
24oz. SIZE 68c

**SAVE 10c LB.**  
**Round Steak**  
1 LB. \$1.59

**SAVE 60c**  
PER LB.  
**Ketchup**  
32-oz. BOTTLE 68c

**SAVE 11c**  
Heinz  
**Eight O'Clock**  
1-LB. BAG 69c

**SAVE 20c**  
ON 1-LB. BAG  
**La Mesa Stoneware**  
1-LB. BAG 69c

**SAVE 29c**  
ON TWO  
**Ground Chuck**  
3 lbs. over \$1.08 LB.

**SAVE 11c**  
PER BAG  
**Bananas**  
2 LBS. 29c

**SAVE 5c**  
A CAN  
**Biscuits**  
8oz. CAN 10c

**SAVE 11c**  
PER BAG  
**Peaches**  
39c

**SAVE 89c**  
Choice Fryer Parts  
89c

**SAVE 11c**  
PER BAG  
**Bottom Round**  
18-20 lb. avg. \$1.45 LB.

**SAVE 11c**  
PER BAG  
**Potatoes**  
5LB. BAG 68c

**SAVE 11c**  
PER BAG  
**White Bread**  
4 20oz. 99c

**SAVE 15c**  
YOU PAY \$1.30  
**Apple Juice**  
32 oz. 39c

**SAVE 15c**  
YOU PAY 79c  
**Colgate Dental Cream**  
4oz. 79c

**SAVE 15c**  
YOU PAY 69c  
**Apple Sauce**  
44-oz. JAR 88c

**SAVE 15c**  
YOU PAY 99c  
**Sail Detergent**  
49 oz. GIANT BOX 99c

**SAVE 10c**  
YOU PAY 79c  
**Colgate Dental Cream**  
4oz. 79c

**SAVE 10c**  
YOU PAY 69c  
**Apple Juice**  
32 oz. 39c

**SAVE 10c**  
YOU PAY 69c  
**Apple Sauce**  
44-oz. JAR 88c

**SAVE 10c**  
YOU PAY 99c  
**Sail Detergent**  
49 oz. GIANT BOX 99c

PRICES EFFECTIVE THRU SUNDAY, JULY 22. ITEMS OFFERED FOR SALE ARE NOT AVAILABLE TO OTHER RETAIL DEALERS OR WHOLESALERS. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.

# Sardine Rolls Are Favorite Snack In Canadian Homes

By CECILY BROWNSTONE  
Associated Press Food Editor

When I was a little girl growing up in Canada, my mother — an extremely good cook — often made Sardine Rolls when unexpected company came and she wanted to offer a snack.

Cans of brisling sardines were always at hand in that commodious pantry off the kitchen that she called, in true British fashion, the larder. The rest of the makings for the rolls — lemon, butter, onion and hand. Nowadays really fresh bread isn't as likely to be in the kitchen and since it is absolutely necessary for concocting these rolls, you may have to do a slight bit of planning ahead when you want to make them. Now as then, they delight guests.

**SARDINE ROLLS**

3 1/2-ounce can brisling sardines  
1 tablespoon lemon juice  
Butter or margarine  
1 teaspoon finely grated onion  
6 slices very fresh white bread, crusts removed  
(Open the can of sardines and with a fork gently lift out the sardines onto a plate, discarding the oil; sprinkle them

with the lemon juice. In a small bowl stir together 2 tablespoons soft butter and the onion. Spread each slice of bread on one side with the butter mixture. Place 2 or 3 sardines — depending on their size, the number in the can will vary — on the buttered side of each slice of bread; reverse one of the sardines on each slice so they fit neatly. Roll each slice and press firmly to seal.

In a small skillet melt 2 to 3 tablespoons butter; with a pastry brush, paint the outside of each roll with butter making sure that the bread is entirely coated.

On a small cookie sheet (9 or 10 by 14 inches) place the rolls, seam side down, well apart. Bake in a preheated 425-degree oven until bottom sides are well browned — 5 minutes or so. With tongs, turn rolls and brown the sides that now face down — 5 minutes or so. Cut rolls in half crosswise and serve at once.

Makes 12 snacks.

Note: The easiest kind of bread to roll is from a loaf whose slices are soft and spongy and about 1/2-inch thick. But a loaf of bread whose slices are firm and thin (sometimes called Melba or diet-sliced) may also be used; with this

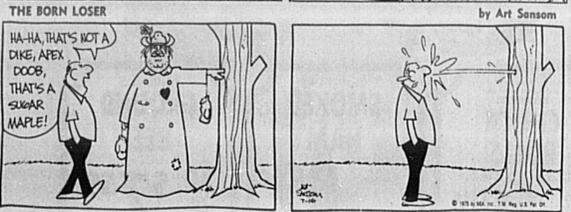
instead, there may be a few breaks as the slices are rolled, but these may be pinched together. Whichever type of bread you use, make sure that it is extremely fresh — buy and use it for the Sardine Rolls the day the bread is delivered to your market because then it will roll most easily. Do not use firm-type bread that is on the crumbly side, because it will not roll.

**VARIATIONS OF SARDINE ROLLS**

**Parmesan Style:** Use the recipe for Sardine Rolls, but instead of spreading the bread with soft butter, spread with 1/2 cup Parmesan cheese — this will make about 1/2 cup. Fill with sardines, roll, paint with melted butter, and bake as directed.

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### WIN AT BRIDGE

By OSWALD and JAMES JACOBY  
NORTH -16  
WEST -10  
EAST 10  
SOUTH (D) 16

North's bidding has been both brilliant and successful. He could have jumped right to six diamonds, but he wanted to buy the hand there so he bid just five. Then when West went to six hearts North felt he had to save at seven diamonds.

East really should not have doubled. If he had passed the chances are that West would have bid seven hearts on the theory that it just might make. North might well have opened a club and the heart grand slam would have come in.

West thought a long time about his opening lead. He finally came to the conclusion that some one could ruff a heart lead, but that East's double had to be based on one of the black aces. If he held the club ace it would keep, if he held the ace of spades, it might be important to lead to it right away.

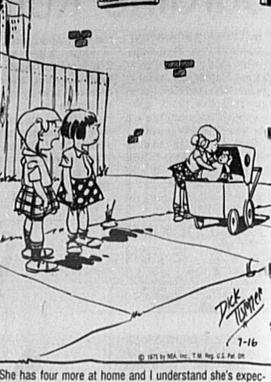
Therefore, West opened the spade. East did hold the ace, but unfortunately it turned out that dummy was void of spades. South fanned his hand for the grand slam.

Do you have a question for the Jacobsys? Write "Ask the Jacobsys" in the margin of this newspaper. The most interesting questions will be used in this column and writers will receive copies of JACOBY MODERN.

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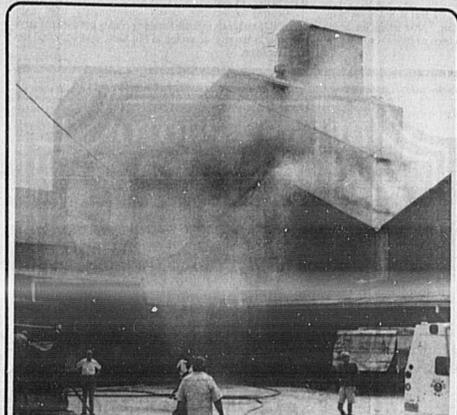
### CARNIVAL



# Evening Herald

67th Year, No. 283—Thursday, July 17, 1975 Sanford, Florida 32771—Price 10 Cents

## Apollo Commander Confident Spacecraft Develops Trouble



SPACE CENTER, Houston (AP)—The American Apollo and Soviet Soyuz spacecrafts linked up in space today and minutes later the American commander reported a strange burning smell coming from a tunnel connecting the two craft. But Thomas P. Stafford and Houston Mission Control expressed confidence the problem was not a major one and would be quickly overcome.

## Commission Moves To Reopen Jail



By GLENN McCASLAND Herald Staff Writer  
Seminole County commissioners today moved to reopen the county jail for housing of prisoners and released a jail safety study citing mandatory requirements for the facility.

## Appraisal Raised By 1,100 Per Cent Assessment Hike Angers Owner

By DONNA ESTES Herald Staff Writer  
"The Seminole County Tax Appraiser's office said property assessments could go up as much as 500 per cent, but 1,100 per cent is outrageous," said Floyd Frier to the Herald, complaining that the appraisal given his 16-acre tract, some 600 feet north of Vihlen Road and 600 feet east of Upsilon Road, was raised from \$3,340 to \$37,400.



PREPARING FOR BRIDGE BUILDERS  
Ostenen Bridge job superintendent Murry Mallard begins clearing the way with a bulldozer, while state Department of Transportation (DOT) Inspector Tony Brown watches. The brush clearing is the first step in the construction of a new bridge to replace rickety old structure. (Herald Photo by Bill Vincent)

### TODAY

- Around the Clock 4A
Bridge 4B
Calendar 5A
Classified 8-9B
Comics 4B
Crossword 2B
Dear Abby 9A
Dr. Lamb 8A
Editorial 4A
Horoscope 2B
Hospital 5A
Obituaries 1B
Sports 1B
Television 2B
Women 9A

### WEATHER

Yesterday's high 94. Overcast with showers. Light rain in the evening. Partly cloudy through tomorrow with a chance of thundershowers, more likely during afternoon and evening hours. Complete details and tides are on Page 5-A.

## Police Sergeant Struck Initial Blow Man Says He Was Punched First

By ED PRICKETT Herald Staff Writer  
A 30-year-old Melbourne man testified in circuit court today that a Casselberry police sergeant struck him "five or six times" in the face before he punched the sergeant away and began fighting back.

### Correction

Due to a typographical error in the Tuesday, July 15, 1975 edition of the Evening Herald, it was reported that Jay Raymond Perkins, 20, 801 Thomas Drive, Melbourne, was "scheduled to go to jail" on charges of resisting and officer with violence in his person. The story should have read that Perkins "was scheduled to go to trial" on charges specified. The Herald regrets the error.