

SUNDAY

THE SEMINOLE HERALD

SEPTEMBER 3, 2000

83rd YEAR No. 10
Copyright © 2000 The Seminole Herald

Sanford, Florida

75¢



'Noles drop Rams in season opener

Willie Bennett and Brad Locke lead Seminole High School past rival Lake Mary. The Seminoles scored with 18 seconds left in regulation to defeat the No. 5 ranked Rams. **Page 1B**

Today is:

Sunday, Sept. 27, 2000
Today is the 240th day of 2000 and the 69th day of summer.

TODAY'S HISTORY: On this day in 1859, near Titusville, Pa., Col. Edwin Drake drilled the first productive oil well in the United States.

• On this day in 1912, author Edgar Rice Burroughs wrote his first Tarzan story.

• On this day in 1959, USS Observation Island became the first ship to fire a Polaris missile.

TODAY'S BIRTHDAYS: Georg Wilhelm Friedrich Hegel (1770-1831), philosopher; Theodore Dreiser (1871-1945), writer; Samuel Goldwyn (1882-1974), film producer; Lyndon Johnson (1908-1973), U.S. president; Lester Young (1909-1959), musician; Mother Teresa (1910-1997), missionary; Martha Raye (1916-1994), comedian-actress; Tuesday Weld (1943-), actress, is 57.

TODAY'S SPORTS: On this day in 1982, Ricky Henderson of the Oakland A's stole his 116th base of the season, in a game against the Milwaukee Brewers.

TODAY'S QUOTE: "No man should wander to the stars, why should he not also dare wander to his neighbor?"
— Lyndon B. Johnson

© 2000, Newspaper Enterprise Assn.

Smile of the Day



Smile of the Day
of Sanford, Florida and
Sebastian employees

Index

Business Classifieds	B1-B2
Classified	B3-B4
Community	B5-B6
Dear Abby	B7
Homeplace	B8
Obituaries	B9-B10
Opinion	B11
Special	B12
Television	B13

Two school girls raped

By Dan Ping
Editor

SANFORD — Police are searching for suspects who sexually attacked two girls as they walked home from Sanford Middle School.

The attacks occurred within a 24-hour period, but police have yet to determine whether the two incidents are related.

"We're just not sure at this time," said Cleo Cohen, public information officer for the Sanford Police Department.

Youths attacked on separate days while walking home from school

"There are some discrepancies in the victims description of the attacker, but one of the girls has had a very difficult time describing exactly what happened."

Cohen said the first attack occurred about 3:15 p.m. Wednesday in an alley in the 900 block of West 20th Street. The 11-

year-old girl reported to police that she was sexually assaulted by two black males, one of whom victim apparently recognized.

A witness, however, told police that three black males ran out of the alley at approximately the time of the incident.

Police weren't notified of the attack until nearly seven hours later. Cohen said it was difficult for officers to determine what happened.

The second attack occurred about 4:15 p.m. Thursday on a pathway of 24th Street between Hartwell and Marshall avenues. The 13-year-old girl told police a large black male, approximately 40-years-old put his hand over her mouth and pulled her from pathway she was

See Rape, Page 10A

Audubon Society plans for year 2000

By Michelle Jeria
Managing Editor

SANFORD — The Seminole Audubon Society is kicking off its 2000-01 year with a look at the wonders of migration.

Parks Small, a biologist at Wekiva Basin GEPark will present the program, which will include up-close photos of birds and information gathered from the fall migration banding station, Seminole Audubon Society Publicity Director Barbara Watson said. The following week, the Society will take a field trip to the migration station.

"The meeting will include several wonderful, colorful and up-close photographs," Watson said. "People who are interested in the identification of birds will really enjoy it."

Small is a member of the U.S. Fish and Wildlife Scrub-Jay Recovery Team and works with the fall migration banding station at the Wekiva Basin GEPark, which is a 40,000-acre park and a unit of the Florida Park Service. He also coordinates the fire program and monitors the flora and fauna within the unit.

The following week, the Society will travel to Rock Springs Run to see a misting unit run by Small, Watson said.

"A misting unit is made of fine mesh that is used to catch birds in migration," Watson said.

"They band them, weigh them and gather other information about the birds. And, that's when they take such wonderful photos."

Society members will have the chance to see numerous birds, including ovenbirds, warblers, scarlet cardinals, Carolina juncos, common yellowthroats and yellow-billed cuckoos.

The Seminole Audubon Society was organized more than 50 years ago and serves the Sanford, DeBary and Seminole County areas, Watson said.

"The purpose is to promote awareness and protection of birds and animals in the St. Johns River Basin in order to maintain the beneficial co-existence of nature and humans," she said. "This is important because there is so much

See Audubon, Page 10A

Up on the Rooftop

Much of downtown Sanford's charm can be found overhead

By Arthur Zielinski
Staff Writer

SANFORD — As visitors to downtown Sanford walk along First Street past the many antique shop windows, dine in restaurants, or sit on a park bench, very few stop to notice the beauty directly overhead.

The architecture of Sanford's older buildings can be looked upon as works of art. Their style and elegance are a reflection of the city's colorful history. Each architect incorporated his or her personal design for the crowning glory atop each building.

Many of Sanford's buildings were built before 1900 and still maintain their original exterior. The city was founded in 1870 by General Henry B. Sanford, Architect at that time were influenced by a variety of architectural styles ranging from Classical Revival to Beaux-Arts Classicism. To appreciate the beauty of Sanford's elegantly decorated buildings, walk slowly and keep looking up.

The U.S. Post Office, 236 East First Street. The U.S. Post Office Building was built in 1917, and is typical of buildings constructed by the U.S. Government up through the



The U.S. Post Office, 236 East First Street. The U.S. Post Office Building was built in 1917, and is typical of buildings constructed by the U.S. Government up through the



Above: The Plant Investment Company (PICO) Building was constructed in 1887 by Henry B. Plant. The building served as a hotel in its early years. The Turkish-style architecture resembles another of Plant's hotels, the Tampa Bay Hotel. Right: In contrast to the PICO Building and much of Sanford's downtown, the Federal Trust Bank building was constructed about 1975.

1930s. In 1962 when the new Post Office was built two blocks away, the building became the City Library of Sanford.

Its architectural style is Classical Revival. Red pressed brick is trimmed in Georgia sandstone with white sandstone pillars at the main entrance. Other features

include Venetian windows, and marble oculi flanking the entrance which is recessed into the face of the building.

The DeForest Block, 121 East First Street. The DeForest Block was built in 1887. It is one of the

See Sanford, Page 9A



The DeForest Block, 121 East First Street. The DeForest Block was built in 1887. It is one of the

Left: The 1888 date on the old fire station is interesting. The building was actually constructed in 1887. Many say the only local building in Sanford, Fla., that survived the 1917 fire was the old fire station. The 1888 date on the building is interesting. The building was actually constructed in 1887. Many say the only local building in Sanford, Fla., that survived the 1917 fire was the old fire station.



Habitat makes family's dream reality

By Jane S. Jacobs
Herald Staff

LAKE MARY — Two Lake Mary families and numerous Habitat for Humanity volunteers have teamed up to build a new home for a disabled woman and her children.

Bonnie Stricker and her daughter, April, were presented with the home, located at 2431 Cedar Ave., on Aug. 27.

Contributions from St. Peter's Episcopal and Holy Cross Lutheran churches totaling \$25,000 made the construction possible.

The 1 1/2-story house on Cedar Avenue built through the efforts of Habitat for Humanity. The building house started construction April 25 and finished in just four months.

Tom West, one of the pro-

ject's construction supervisors, said it is the effort of hundreds of volunteers from all over the area with all kinds of backgrounds that made these dreams become real.

"It's not just any group of company that constructed money," said West. "Local groups donate all kinds of different things or come to work on the house." Corporation. See Habitat, Page 10A

Operation Labor Day Weekend 2000 continues throughout Seminole County

Frank Smith, Reporter

Continuing Labor Day Weekend 2000 Traffic Safety Program is set to continue throughout Seminole County. Starting Sept. 3 through the Labor Day holiday weekend, law enforcement throughout Seminole County will be on the lookout for impaired and

aggressive drivers.

The purpose is to prevent traffic fatalities and injuries during the holiday weekend. All municipal law enforcement agencies in Seminole County as well as the Florida Highway Patrol, the Florida Department of Transportation and the City's Operation, Page 10A

LEGAL

IN THE CIRCUIT COURT FOR SEMINOLE COUNTY, FLORIDA PROBATE DIVISION... Joseph David Pitts

800-955-8771... August 23, and September 1, 2000... DEB-254

Trustee for the registered holders of Emergent Home Equity Loan Pass-Through Certificate Series 1987-03... WILLIAM ARTHUR PATTY and VICKI P. PATTY, et al.

AMENDED AND CONDOMINIUM PLAN RECORDED IN CONDOMINIUM PLAN BOOK 33, AT PAGE 98, OF THE PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA...

TRACT B, THE HIGHLANDS, SECTION 4, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 19, PAGE 44, OF THE PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA...

Notice is August 25, 2000. Personal Representative: DARLENE P. HOWELL... BANK OF AMERICA, N.A. P.O. Box 6888

Notice is September 1, 2000. Personal Representative: DARLENE P. HOWELL... BANK OF AMERICA, N.A. P.O. Box 6888

of the final publication of notice of the creditor's claim or receipt of direct written notice, whichever is earlier.

NOTICE OF ADMINISTRATION (One PR) The administration of the estate of Joseph David Pitts, deceased, File Number 00-778-CP, is pending in the Probate Court, Seminole County, Florida...

NOTICE OF ACTION IN AND FOR SEMINOLE COUNTY, FLORIDA... ANDREW B. HARRISON... DAVID KEMP and PAUL DENNIS PENNELL, et al.

NOTICE OF SALE... The law offices of David J. Stern, P.A., 801 S. University Drive, Suite 500, Sanford, Florida, 32779...

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... CHARLES L. MCMULLAN, SR. and ANITA CHARLES L. MCMULLAN, JR.

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... CHARLES L. MCMULLAN, SR. and ANITA CHARLES L. MCMULLAN, JR.

NOTICE OF PUBLIC SALE... Altamonte Towing, Inc., Unclaimed Vehicle Auction, 117 Mark St., Altamonte Springs, FL 32714...

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA... XENIA E. DUARTE... and JESUS DUARTE

NOTICE OF AUCTION... This auction will be held on Sept. 26, 2000 at 9:00 a.m. at 325 Aulin Ave., Oviedo, FL.

BEHIND THE SCENES OF THE 1980s... THE LATER OF THREE MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE...

NOTICE OF ACTION IN AND FOR SEMINOLE COUNTY, FLORIDA... ANDREW B. HARRISON... DAVID KEMP and PAUL DENNIS PENNELL, et al.

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... CHARLES L. MCMULLAN, SR. and ANITA CHARLES L. MCMULLAN, JR.

IN THE COUNTY COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... AURIAN GLEN HOMEOWNERS ASSOCIATION, INC.

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... CHARLES L. MCMULLAN, SR. and ANITA CHARLES L. MCMULLAN, JR.

NOTICE OF PUBLIC SALE... Altamonte Towing, Inc., Unclaimed Vehicle Auction, 117 Mark St., Altamonte Springs, FL 32714...

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA... XENIA E. DUARTE... and JESUS DUARTE

NOTICE OF AUCTION... This auction will be held on Sept. 26, 2000 at 9:00 a.m. at 325 Aulin Ave., Oviedo, FL.

NOTICE OF PUBLIC SALES... PUBLIC NOTICE is hereby given that, on the date and at the time listed below, and continuing from Day to Day...

NOTICE OF ACTION IN AND FOR SEMINOLE COUNTY, FLORIDA... ANDREW B. HARRISON... DAVID KEMP and PAUL DENNIS PENNELL, et al.

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... CHARLES L. MCMULLAN, SR. and ANITA CHARLES L. MCMULLAN, JR.

IN THE COUNTY COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... AURIAN GLEN HOMEOWNERS ASSOCIATION, INC.

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... CHARLES L. MCMULLAN, SR. and ANITA CHARLES L. MCMULLAN, JR.

NOTICE OF PUBLIC SALE... Altamonte Towing, Inc., Unclaimed Vehicle Auction, 117 Mark St., Altamonte Springs, FL 32714...

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA... XENIA E. DUARTE... and JESUS DUARTE

NOTICE OF AUCTION... This auction will be held on Sept. 26, 2000 at 9:00 a.m. at 325 Aulin Ave., Oviedo, FL.

NOTICE OF PUBLIC SALES... PUBLIC NOTICE is hereby given that, on the date and at the time listed below, and continuing from Day to Day...

NOTICE OF ACTION IN AND FOR SEMINOLE COUNTY, FLORIDA... ANDREW B. HARRISON... DAVID KEMP and PAUL DENNIS PENNELL, et al.

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... CHARLES L. MCMULLAN, SR. and ANITA CHARLES L. MCMULLAN, JR.

IN THE COUNTY COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... AURIAN GLEN HOMEOWNERS ASSOCIATION, INC.

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... CHARLES L. MCMULLAN, SR. and ANITA CHARLES L. MCMULLAN, JR.

NOTICE OF PUBLIC SALE... Altamonte Towing, Inc., Unclaimed Vehicle Auction, 117 Mark St., Altamonte Springs, FL 32714...

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA... XENIA E. DUARTE... and JESUS DUARTE

NOTICE OF AUCTION... This auction will be held on Sept. 26, 2000 at 9:00 a.m. at 325 Aulin Ave., Oviedo, FL.

NOTICE OF PUBLIC SALES... PUBLIC NOTICE is hereby given that, on the date and at the time listed below, and continuing from Day to Day...

NOTICE OF ACTION IN AND FOR SEMINOLE COUNTY, FLORIDA... ANDREW B. HARRISON... DAVID KEMP and PAUL DENNIS PENNELL, et al.

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... CHARLES L. MCMULLAN, SR. and ANITA CHARLES L. MCMULLAN, JR.

IN THE COUNTY COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... AURIAN GLEN HOMEOWNERS ASSOCIATION, INC.

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... CHARLES L. MCMULLAN, SR. and ANITA CHARLES L. MCMULLAN, JR.

NOTICE OF PUBLIC SALE... Altamonte Towing, Inc., Unclaimed Vehicle Auction, 117 Mark St., Altamonte Springs, FL 32714...

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA... XENIA E. DUARTE... and JESUS DUARTE

NOTICE OF AUCTION... This auction will be held on Sept. 26, 2000 at 9:00 a.m. at 325 Aulin Ave., Oviedo, FL.

THIRDCOURT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA... CIVIL ACTION CASE NO. 00-11383A DIVISION 14-B

NOTICE OF ACTION IN AND FOR SEMINOLE COUNTY, FLORIDA... ANDREW B. HARRISON... DAVID KEMP and PAUL DENNIS PENNELL, et al.

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... CHARLES L. MCMULLAN, SR. and ANITA CHARLES L. MCMULLAN, JR.

IN THE COUNTY COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... AURIAN GLEN HOMEOWNERS ASSOCIATION, INC.

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... CHARLES L. MCMULLAN, SR. and ANITA CHARLES L. MCMULLAN, JR.

NOTICE OF PUBLIC SALE... Altamonte Towing, Inc., Unclaimed Vehicle Auction, 117 Mark St., Altamonte Springs, FL 32714...

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA... XENIA E. DUARTE... and JESUS DUARTE

NOTICE OF AUCTION... This auction will be held on Sept. 26, 2000 at 9:00 a.m. at 325 Aulin Ave., Oviedo, FL.

NOTICE OF PUBLIC SALE... NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of foreclosure dated August 18, 2000...

NOTICE OF ACTION IN AND FOR SEMINOLE COUNTY, FLORIDA... ANDREW B. HARRISON... DAVID KEMP and PAUL DENNIS PENNELL, et al.

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... CHARLES L. MCMULLAN, SR. and ANITA CHARLES L. MCMULLAN, JR.

IN THE COUNTY COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... AURIAN GLEN HOMEOWNERS ASSOCIATION, INC.

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... CHARLES L. MCMULLAN, SR. and ANITA CHARLES L. MCMULLAN, JR.

NOTICE OF PUBLIC SALE... Altamonte Towing, Inc., Unclaimed Vehicle Auction, 117 Mark St., Altamonte Springs, FL 32714...

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA... XENIA E. DUARTE... and JESUS DUARTE

NOTICE OF AUCTION... This auction will be held on Sept. 26, 2000 at 9:00 a.m. at 325 Aulin Ave., Oviedo, FL.

NOTICE OF PUBLIC SALES... PUBLIC NOTICE is hereby given that, on the date and at the time listed below, and continuing from Day to Day...

NOTICE OF ACTION IN AND FOR SEMINOLE COUNTY, FLORIDA... ANDREW B. HARRISON... DAVID KEMP and PAUL DENNIS PENNELL, et al.

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... CHARLES L. MCMULLAN, SR. and ANITA CHARLES L. MCMULLAN, JR.

IN THE COUNTY COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... AURIAN GLEN HOMEOWNERS ASSOCIATION, INC.

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA... CHARLES L. MCMULLAN, SR. and ANITA CHARLES L. MCMULLAN, JR.

NOTICE OF PUBLIC SALE... Altamonte Towing, Inc., Unclaimed Vehicle Auction, 117 Mark St., Altamonte Springs, FL 32714...

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA... XENIA E. DUARTE... and JESUS DUARTE

NOTICE OF AUCTION... This auction will be held on Sept. 26, 2000 at 9:00 a.m. at 325 Aulin Ave., Oviedo, FL.

Local People Local Sports Local News The Seminole Herald Your local News Paper

Inside

- Legals 3B
Classifieds 3B-5B
Crossword 4B
Comics 6B
TV Listings 6B

Herald Sports



Davis joins 'Sunshine Network live!' as co-host

Special to the Herald

ORLANDO Charles Davis, one of the Southeast's most versatile sports television analysts...

SUNSHINE NETWORK LIVE! is the network's signature program, airing live Monday-Friday across Florida in over 5.2 million homes.

In September, the one-hour program will move from 10 p.m. to 6:30 p.m. and re-launch with a new look and new studios. Davis will join co-host Pat Clarke...

Davis, 35, possesses a unique and varied resume. From his collegiate career as a star football player with the University of Tennessee, athletics management and coaching positions at two universities...

Charles Davis is the most experienced and versatile sports television analyst in the Southeast...

Bears, Rams net second wins

Volleyball teams roll over foes

By Dean Smith SPORTS EDITOR

LAKE MARY - They have been the powers of girls volleyball in Central Florida for the past few years...

Lake Mary and Winter Springs both romped to their second victories of the season without a defeat Thursday evening, pounding Seminole Athletic Conference foes Lake Howell and Lake Brantley...

The Rams (2-0) whipped the Silver Hawks (0-2), 15-1 and 15-6, while the Bears (2-0) waltzed past the Patriots (1-1), 15-5 and 15-1.

In other prep results from Thursday:

Boys golf - Lake Highland (2-0) scored 140 strokes to top both Lyman (1-2), 151, and Oviedo (1-3), 162; Winter Springs (1-1) edged Lake Brantley (1-1), 150-151; and Lake Mary (2-0) tripped Lake Howell (0-2), 164-172.

Girls golf - Winter Springs (2-0) nipped Lake Brantley (0-2), 200-204.

In results from late Wednesday:

Boys volleyball - Seminole (1-0) outscored Bishop Moore (0-1), 16-14 and 15-8; Oviedo (1-0) outlasted Lyman (1-1), 13-15, 15-4, and 15-6; and Lake Mary (1-1) got into the win column with a 15-11 and 15-4 triumph over Lake Howell (1-1).

Girls volleyball - Lake Highland (1-0) defeated Oviedo (0-1), 15-3 and 15-11.

Girls golf - Lyman held off Oviedo, 195-196; and Lake Mary (1-1) crushed Lake Howell, 191-281.

Seminole Athletic Conference Bowling League - (boys) Lake Brantley over Lake Mary, 12-6; Lake Howell over Seminole, 13-5; and Lyman over Winter Springs, 12-6; (girls) Lake Brantley over Lake Mary, 15-3; Lake Howell over Seminole, 11-7; and Winter Springs over Lyman, 12-6.

Boys swimming - Winter Springs romped in a non-conference meet over Bishop Moore, 169-170; and Lake Mary stomped Lyman, 108-59.

Girls swimming - Winter Springs rolled, 173-144, over Bishop Moore; and Lake Mary thumped Lyman, 137-59.



Herald photo by Art Zielski

New uniforms may not make you run faster, but they sure make you look good. Veteran head coach Mike Gibson handed brand new togs to his Lake Mary High School boys cross country team on Thursday...

On the weekend schedule:

TODAY Varsity football - Lake Howell at Satellite, 7:30 p.m.; Lake Mary vs. Seminole at Thomas E. Whigham Stadium, 7:30 p.m.; Oviedo vs. Lyman at the Carlton Henley Sports Complex, 7:30 p.m.; Winter Springs vs. Lake Brantley at Tom Story Field, 7:30 p.m.

Boys volleyball - Lake Brantley at Apopka, Junior varsity, 6 p.m.; varsity, 7 p.m. Girls volleyball - Lake Mary at Edgewater, (varsity only) 5 p.m.

SATURDAY Cross country - Lake Brantley Open, 8 a.m.; Astronaut Invitational at Brevard Community College, Titusville, 8 a.m.

THURSDAY BOYS GOLF RINGLANDERS 140, GREYHOUNDS 151, LIONS 182 at Rolling Hills, Par 36

Lake Highland (2-0), Buhr 34, Tyson 35, Leadbeater 35, Janieson 36, Lyman (1-2), Willis 35, Alwood 37, Atkins 38, Scott 41, Oviedo (1-3), Novick 39, Gamble 39, Zulk 42, Furno 42.

LAKE HIGHLAND 140, GREYHOUNDS 151, LIONS 182 at Rolling Hills, Par 36

Lake Highland (2-0), Buhr 34, Tyson 35, Leadbeater 35, Janieson 36, Lyman (1-2), Willis 35, Alwood 37, Atkins 38, Scott 41, Oviedo (1-3), Novick 39, Gamble 39, Zulk 42, Furno 42.

Lake Highland (2-0), Buhr 34, Tyson 35, Leadbeater 35, Janieson 36, Lyman (1-2), Willis 35, Alwood 37, Atkins 38, Scott 41, Oviedo (1-3), Novick 39, Gamble 39, Zulk 42, Furno 42.

left to right) Jonathan Maingot, Jonathan Ingalls, Eric Master Gorden, James Eric Bamhill, Jon Shade, Ryan Yadav, Tom Biedrzycki, Andrew Staggs, Richard Henderson, (standing, left to right) coach Mike Gibson, David Quinones, Derek Trauger, Marc Mattioli, Daniel Walker, Will Barnett, Tim Davis, Alexander Joseph, Chris Fraser, Matthew Fraser, Kenneth Marshall, Justin Catchings, Chris Catchings, Ronnie Allegro, and Tema Kudakwashe.

71. Hardy 72, Sabrkhani 73.

BOYS SWIMMING BEARS 100, HORNETS 70 200 medley relay - Winter Springs (Queas, Cachia, King, Sapp), 1:50.57. 200 free - Cachia, Winter Springs, 2:08.78. 200 IM - Flood, Bishop Moore, 2:18.16. 50 free - Queas, Winter Springs, 23.60. Diving - Renfrew, Bishop Moore, 1:00.00. 100 fly - Muscato, Bishop Moore, 1:01.51. 100 free - Warrick, Winter Springs, 1:05.89. 500 free - Flood, Bishop Moore, 5:40.97. 200 free relay - Winter Springs (Warrick, Palau, King, Queas), 1:18.25. 100 back - Muscato, Bishop Moore, 1:06.15. 100 breast - Cachia, Winter Springs, 1:28.54. 400 free relay - Bishop Moore (Renfrew, Welch, Muscato, Flood), 3:58.74.

RAMS 108, GREYHOUNDS 59 200 medley relay - Lake Mary (Bonsman, Lay, Cuyler, Romero), 1:54.5. 200 free - Metzdorf, Lyman, 2:02.03. 200 IM - Bonsman, Lake Mary, 2:15. 50 free - Turner, Lyman, 1:24.7. 100 fly - Metzdorf, Lyman, 1:24.5. 100 free - Turner, Lyman, 1:24.5. 500 free - Oelberman, Lake Mary, 5:15. 100 free relay - Lake Mary (Lichtam, Lay, Keiser, Romero), 1:40.0. 100 back - Bonsman, Lake Mary, 1:08.9. 100 breast - Romero, Lake Mary, 1:11.8. 400 free relay - Lyman (Turner, Geary, Metzser, Almon), 3:43.5.

RAMS 191, SILVER HAWKS 281 at Timsawana, Par 36 Lake Mary (1-1), Vanderlinde 35, Reed 48, Schnerf 51, Kealey 57, Lake Howell (0-2), Scoggins 54, Negrin 61.

Rogers' experience carries him to victory

By Hank Sanders SPECIAL TO THE HERALD

SAMSULA - Justin Drawdy (#12) was confident after winning the Super Late Model feature Friday at Orlando Speedworld, and he looked especially stout in the heat race last Saturday (August 26th) at New Smyrna Speedway.

He lined up on the outside pole with David Rogers' #11 TM Ranch Dodge inside at the start of the feature. Drawdy came off 4 in the Hamke chassis Monte Carlo and powered past Rogers to take the lead going into turn 1. He drove a smart, fast race until Rogers' experience let him slip under Drawdy and grab the lead and eventually the win. Travis Kittleman drove the #98 Bob Steel Chevrolet to third place finish over Jeff Emery #12, and Jeff Anderson #10 who put on a good show.

Chad Allman was back in the Gator Golf #67, and held off a hard charging Tank Tucker driving Randy Dye's #43 Country 93.1/Speedway Dodge Avenger to take the checkers in the Late Model feature.

Tank Tucker came away with the runner-up spot ahead of rookie challenger Chad Pierce in the #57 Biscuits and Gravy/ASM Chev. Roger Wren and Bruce Lawrence completed the field.

Wow! Jim 'Hook' Flynn #57 drove a perfect race to get his first career New Smyrna Speedway modified win over a hard charging Bill Quinn in his brand new Lethander #13 Blue rocket.

Flynn was overcome with emotion as his

crew congratulated him in victory lane. The fans were happy to see him get one, especially with a big field of good cars on hand.

Mark Vandevender was a close third in the Document Tech #7, Wayne Southard ran fourth over Rookie Brad Bascom in the AM 540 white car.

Lightning struck twice as 14-year-old rookie Eric Powell took advantage of a mechanical problem on Marty Pierce's #75 Mustang to drive to his first mini stock victory in only his seventh start.

Powell was so stunned as he was congratulated in Victory Lane that he barely managed to thank his dad Freddie, Bobby Sears, Arlyn Nofsinger and the rest of his crew.

Seeing anyone get their first win is a huge thrill and Flynn and Powell will be telling their grandchildren about this night.

Charlie Staats ran second. J.D. Duncan filled in for Jim Engstrom in the #37 to drive a great race finishing third, with Rex Christensen and Jamie McCague filling out the top 5 spots at the finish line.

Bob Andercheck's #90 KOA/Martinez Camaro fell out last week, but was back with a vengeance to dominate the Sportsman field. Bill Fuller again ran strong in the #43 to take second over Steve Reddit in the #1 Blue Pontiac Grand Prix. New driver John McKeogh was fourth in the Firebird #69, David Love drove brother Bill's #2 for fifth.

Again, a huge field of super stocks that have become a crowd favorite. Tim Ewing put the cap on a great night for the 'Hot Racing' team by notching a big win over Daytona's

Charlie Metz in the Toy Box #57 and Jim Winterstein's #13 Olds. Ed 'High Side' Zikowski charged on the top side to fourth over the Dodge of Mike Hendrix.

We have a two-time winner in Strickly Stock...Brent Brown drove the #57 black Business Archives/Hoot racing Buick boat to his second win in a row over Joe Arnold in the #1, Chris Sadowski in the #37, Steve Dembenick and Richard Boulton.

The Allison Legacy Cars put on quite a show as they had a seven-car tangle on the first lap. The night became easier and Brad May took the win over Emily Harkins with Jeff Conyers, Andy Chisholm and Doug Benjamin, Jr. filled out the top five.

This Saturday (September 2), the fast half-mile will host a Super Late Model 50-Lap Special along with heats and features in Mini Stocks, Super Stocks, Modifieds, Sportman, Strickly Stock and Spectator Races. The Late Models will have the week off.

Next week (Saturday, September 9th) the 1st Annual Mattress Race will be run along with a special appearance by the Antique Cars and a Demolition Derby.

Also on the card will be features only in the regular FASCAR divisions of Super Late Model, Late Model, Mini Stocks, Super Stocks, Modifieds, Sportman, Strickly Stock and Spectator Races.

Gates open a 5 p.m. and racing begins at 7 p.m. every Saturday night at the track located at the corner of SR. 44 and CR 419, between New Smyrna, DeLand and Daytona.

See Racing, Page 2B

Theater

Continued from Page 1A
foremost for great voices since the songs are in four-part harmony, which can be difficult. "And, a little bit of acting didn't hurt."

The musical's director is Alton LaThrop and musical director and pianist is Doug Sinning. According to Preston-Baum, everything is following schedule for opening night.

"We are really excited," Preston-Baum said. "This will be the first musical performed in the theater."

Performance dates include Sept. 22, Sept. 23, Sept. 29 and Sept. 30. All performances begin at 8 p.m. and tickets are \$25 for the general public and \$20 for students, seniors and children.

Other performances scheduled for the new season include

Cherish the Ladies, an all-women traditional Irish Band, on Oct. 7; The Moscow Boys Choir on Dec. 2; The Dukes of Dixieland, an evening of New Orleans jazz on Jan. 6; Mother Hicks, a children's story, on Feb. 1; John Amos in "Halley's Comet" on March 3; and "Having Our Say," the story of the Delany sisters, on May 4.

Members of the theater are asking the community to come out to support and enjoy the first entertainment season at the Helen Stairs Theatre.

"This is the community's theater, and the community needs to support it," Stairs said. "Things community members can do include volunteering, becoming members, buying season tickets and attending the performances."

The theater, originally known

as the Milane Theater, was built in 1923 and included 823 seats, contained a four-story fly and an orchestra pit. In 1936, after the Milane Theater was acquired by new management, the theater was renamed the Ritz, which closed in 1978. In 1984, it reopened as the Showtime Cantina.

Four years later, the theater was once again closed and remained vacant until 1998 when renovations began. It reopened as the Helen Stairs Theatre earlier this year.

"The board achieved the rebuilding of the theater," Stairs said. "Now the community needs to come out and show its support."

"So, we'll see you there." For more information about ticket information, call 407-321-8111.

Railroad

Continued from Page 1A
mate dates have been planned.

The following approximate dates are now planned:

• The week of Sept. 11, CR-427 will be closed at the General Hutchinson

Parkway/Longwood Lake Mary Road crossing. This area is expected to remain closed for approximately one week

• The week of Sept. 18, CR-427 will be closed south of SR-434.

• The week of Oct. 2, CR-427 will be closed south of Dog Track Road.

In these last two areas, the closures are expected to remain for approximately two weeks.

Proper signage is to be put into place at each of the loca-

tions, including Variable Message Boards, notifying the traveling public of the closures a week prior to the work beginning and for the duration of the closures.

Signage notifying the traveling public of alternate routes will also be in place for the duration of the closures.

Coto

Continued from Page 1A
Clearwater, and Charles Oliver of Augusta, Ga.

The Council has now set up dates for personal one-on-one interviews with the five on Sept. 11 and 12. The first day will be closed sessions where each candidate will meet, individually, with each member of the

Council. The second date is expected to be an open meeting before the entire council.

The new County Manager would replace Larry Arrington, who resigned from the post on March 1. The Council immediately set out to seek a replacement, but after several lengthy

sessions, refused to accept any of the candidates, and the entire process had to be repeated.

Coto, a resident of New Smyrna Beach, told the Herald she looked forward, "to the opportunity to make an impact on the county in which I reside."



Looking for an upbeat, cost-effective way to reach more prospects where they live, work and spend? Try an ad in the Seminole Herald. It's the best way to get more bang for your buck. Lets make music. Call Today!

Seminole Herald
322-2611

Community Notes

CRA meeting
The City of Sanford Community Redevelopment Agency will meet Wednesday, Sept. 6 beginning at 4 p.m.

Items on the agenda include an update on the hotel/conference center feasibility study, discussion of Main Street/historic area lighting, 17-92 CRA projects, the downtown master plan and riverwalk and seawall.

The meeting, open to the public, will be held in the City Manager's Conference room, second floor, Sanford City Hall, 300 N. Park Avenue.

Sanford Middle School
Sanford Middle Math, Science, Technology Magnet School will hold an open house for parents Tuesday, September 12, 2000, at 7:00 p.m. The meeting will be in the Louis D. Pelham Gymnasium at the west end of the campus. After opening remarks from the principal, Bill Moore, parents will be invited to visit their children's classes and meet their children's teachers. Parents will move from class to class to learn about the curriculum and planned events for the year. Mr. Moore stated, "We have had a great beginning, and we are anxious for our parents to come and hear about our plans and goals for to the year."

For further information, call Sanford Middle School at 407-320-6150.

FLIP meetings
Family and Friends of Loved ones in Prison (FLIP) is a support group for people dealing with the incarceration of a loved one. The organization meets the second Saturday of the month (Sept. 8) at the downtown public library in Orlando. For information phone 407-769-3366.

Ovarian Cancer Vigil
The second Ovarian Cancer Candlelight Vigil will be held Tuesday, Sept. 12 beginning at 6 p.m. at Cranes Roost Park, Altamonte Springs. This is a free healthcare event open to the public.

The program will include the Children's Bach Choir, a live butterfly release, a display of ovarian cancer quilts, and a candlelight vigil. Physicians from local cancer centers will speak as well as local government officials. Representatives from the offices of local physicians, hospitals, and the American Cancer Society will provide valuable educational materials intended to raise awareness about the symptoms, risks, and treatment of ovarian cancer, the deadliest of the gynecological cancers.

For additional details regarding this event or for further information about the Ovarian Cancer Alliance of Florida, our speakers' bureau, advocacy opportunities, and support groups please call 407-366-3830 or 904-789-7898.

Celery City Elks
Celery City Lodge 542 and Evergreen Temple 321 of the Improved Benevolent Protective Order of Elks of the World (I.B.P.O.E. of W.) will sponsor a yard and dinner sale Saturday, Sept. 2, from 8 a.m. until 5 p.m. at the Elks Lodge, 619 Cypress Avenue, Sanford. Tables are still available. Phone 407-322-3291 or 407-323-6998. The dinner menu consists of roast pork, baked beans, potato salad and bread. Fried fish and hot dogs will also be available.

More Elks
The Grace Haynes-Brewer Past State Presidents Club of the Improved Benevolent Protective Order of Elks of the World will be celebrating its 7th anniversary,

Sunday, Sept. 3, at 3 p.m., at Second Shiloh Missionary Baptist Church, 2150 Airport Blvd in Sanford. Rev. Marvin Scott is Minister.

11K Walk
The Mid-Florida Milers' 11K walk will take place Sept. 3 at the Central Florida Zoo in Sanford. Registration and the start of the walk is from 9 a.m. to 1 p.m. Walkers are to be finished by 4 p.m. Cost is \$7.50 for adults, \$5.50 for seniors, \$6 and \$5 for teens and children. Zoo members are asked to pay a \$2 fee to offset walk expenses. Lunch may be purchased. For additional information call the zoo at 407-323-4450. For information on the walk contact Mike Lanpher at 407-695-9181.

Star Spangled Girl
Lake Mary High School Players of the Arts seniors will be starting the new school year with the Neil Simon comedy, "The Star Spangled Girl." The presentation, suitable for the entire family, will be Sept. 5, Sept. 6, Sept. 7 and Sept. 9 at Lake Mary High School auditorium. Admission is \$4. For additional information or tickets contact Bill Eissele at 407-320-9672.

Dancing and checking
Tuesday, Sept. 5 from 11:30 a.m. until 1 p.m., Atlantic Caregivers and Summerville Assisted Living will host a Healthy Aging Seminar for blood sugar and cholesterol screenings.

Thursday, Sept. 7, Summerville will offer free dance lessons from 5:30 until 7 p.m.

Summerville Senior Residential and Assisted Living is located at 3655 W. Lake Mary Blvd. For information phone Karen Precord at 407-688-1660.

LABOR DAY CELEBRATION

AQUA CHEM

WAL*MART

3
Stabilized Tablets

\$39.97

\$13.47

\$10.97

\$49.97

\$23.97


Shock Treatment \$7.97

Flourishing Confidence \$10.97

NEW! \$3.97

NEW! \$6.97

"Prefer Mark Herr!"



VOTE FOR MARK HERR SEPTEMBER 5TH

Just what you want in a County Judge: someone who is just.

Unlike others, who have received campaign contributions from individual attorneys and law firms, Mark Herr has made it his policy not to accept campaign contributions from either. In fact, he has returned and declined all such offers because he wants to remain impartial - without even the appearance of influence or impropriety to get in the way of his judicial responsibilities. In other words, money from colleagues won't get Mark Herr elected — your vote will.

MARK HERR FOR COUNTY JUDGE GROUP 3 SEMINOLE COUNTY

*State Treasurer Report, 2000 Fall Period Issued by the Mark Herr Campaign. Approved by Mark Herr, Rep. #10001

More Americans are going broadband to surf the 'net

More than 2 million U.S. households already have high-speed Internet access — commonly known as "broadband" — and many more are expected to by year-end.

Should yours be among them? To help you decide, here's a quick guide to broadband services and providers:

To appreciate broadband, you first have to understand bandwidth — the speed limit of digital information traveling through an electric wire or wire-

lessly through the air. The most commonly used bandwidths in the consumer market are expressed in kilobits, or thousands of bits per second (kbps). The standard 56k modem can move data at a maximum rate of 56 kbps. Broadband refers to a bandwidth of at least 128 kbps.

Broadband allows data to flow continuously from the Internet to your computer. It's on whenever your computer is turned on, so you never have to dial a number for access. New



broadband services will do more than just show you Yahoo's home page a few seconds sooner. They'll give you access to many new Web sites and services that a 56k dial-up connection simply can't accommodate conveniently — sharing home videos, say, or accessing complex multi-media Web sites rapidly.

In theory, any company with a right-of-way to your home can provide broadband service. However, the majority of people who have broadband service today use a cable TV connection. Most of the rest get broadband through a phone line.

Cable systems are designed like small networks, sharing bandwidth among a group of subscribers. The more people online, the less bandwidth available for each home. Most cable systems now offer just one provider — usually either AT&T's Excite@Home or Time Warner's Road Runner. A special modem, separate from the cable-TV converter box, handles the Internet traffic. One call to

your local cable company should tell you whether you can get cable modem service.

Telephone access, commonly known as DSL (digital subscriber line), uses a digital signal to transmit large amounts of information over an existing phone line — without interfering with voice calls. DSL also uses a special modem.

DSL doesn't have the maximum bandwidth capacity of cable, but because DSL works on a private line, its bandwidth isn't shared and so doesn't slow down as usage increases. However, a DSL signal can't be used over distances more than two to three miles from the telephone company's central switching office. Until the technology advances, homes too far from that office can't receive DSL service at all. There are several types of DSL available. To locate providers in your area, go to www.dslreports.com or www.getspeed.com.

While one company handles everything involved with cable installation, deregulation of local phone service has opened the DSL market to independent companies that, in turn, contract with Internet Service Providers (ISPs). Your local phone company is also involved. That makes DSL installation more complex.

Installation service with either technology can be expensive, but many providers offer free or discounted installation and equipment (in addition to the modem, you may also need an approximately \$40 network card for your computer) in return for a year's contract. If your computer is relatively old and can't accept a network card, you may need to replace it.

You can expect to pay \$40 to \$45 a month for broadband service, whichever type you chose. Our nationally representative survey of households with broadband service shows that neither technology can claim an advantage in speed or reliability, although cable-modem service had a slight edge in cost and ease of set up and technical support.

If you're interested in acquiring broadband, start by investigating the cable and DSL providers in your area, as well as the ISPs. An especially attractive introductory offer, an alliance with a good ISP or a company's reputation for good service and customer support should ultimately matter the most.

Visit the Consumer Reports Web site at www.consumerreports.org. © 2000, Consumers Union, Inc. Distributed by Newspaper Enterprise Assn.

PROPOSED CONSTITUTIONAL AMENDMENT AND OTHER PUBLIC MEASURES TO BE VOTED ON

NOVEMBER 7, 2000

NOTICE OF ELECTION

I, Katherine Harris, Secretary of State of the State of Florida, do hereby give notice that an election will be held in each county in Florida, on November 7, 2000 for the ratification or rejection of a proposed constitutional amendment and other public measures of the State of Florida:

NO. 1 CONSTITUTIONAL AMENDMENT ARTICLE X, SECTION 19 (INITIATIVE)

BALLOT TITLE: Florida Transportation Initiative for statewide high speed monorail, fixed guideway or magnetic levitation system.

BALLOT SUMMARY: To reduce traffic and increase travel alternatives, this amendment provides for development of a high speed monorail, fixed guideway or magnetic levitation system linking Florida's five largest urban areas and providing for access to existing air and ground transportation facilities and services by directing the state and/or state authorized private entity to implement the financing, acquisition of right-of-way, design, construction and operation of the system, with construction beginning by November 1, 2003.

FULL TEXT OF PROPOSED AMENDMENT:

BE IT ENACTED BY THE PEOPLE OF FLORIDA THAT:

Article X, Section 19, Florida Constitution, is hereby created to read as follows:

High Speed Ground Transportation System

To reduce traffic congestion and provide alternatives to the traveling public, it is hereby declared to be in the public interest that a high speed ground transportation system consisting of a monorail, fixed guideway or magnetic levitation system, capable of speeds in excess of 120 miles per hour, be developed and operated in the State of Florida to provide high speed ground transportation by innovative, efficient and effective technologies consisting of dedicated rails or guideways separated from motor vehicular traffic that will link the five largest urban areas of the State as determined by the Legislature and provide for access to existing air and ground transportation facilities and services. The Legislature, the Cabinet and the Governor are hereby directed to proceed with the development of such a system by the State and/or by a private entity pursuant to state approval and authorization, including the acquisition of right-of-way, the financing of design and construction of the system, and the operation of the system, as provided by specific appropriation and by law, with construction to begin on or before November 1, 2003.

YES FOR APPROVAL
NO FOR REJECTION

NO. 2 CIRCUIT COURT JUDGE REFERENDUM (Implementing Article V, Section 10)

Local Option for Selection of Circuit Judges

Shall the method of selecting circuit court judges in the judicial circuit be changed from election by a vote of the people to selection by the judicial nominating commission and appointment by the Governor with subsequent terms determined by a retention vote of the people?

YES
NO

NO. 3 COUNTY COURT JUDGE REFERENDUM (Implementing Article V, Section 10)

Local Option for Selection of County Judges

Shall the method of selecting county court judges be changed from election by a vote of the people to selection by the judicial nominating commission and appointment by the Governor with subsequent terms determined by a retention vote of the people?

YES
NO

IN TESTIMONY WHEREOF, I have hereunto set my hand and affixed the Great Seal of the State of Florida at Tallahassee, the Capital, this 25th day of August, A.D., 2000.



Katherine Harris
KATHERINE HARRIS
SECRETARY OF STATE

FROM 89* There's nothing better on the beach.

If you're looking for the best deal on the beach, take a look at the Radisson Deauville Resort. Now with unheard of rates in Miami Beach, this beautiful hotel is conveniently located between Ft. Lauderdale and Miami Intl Airports. With the shops of Bal Harbour on one side, and the spicy South Beach scene on the other. Where the only thing we overlook is the ocean. Join Gold Rewards. Free nights. Global Rewards.

MIAMI BEACH
Radisson Deauville Resort
6701 Collins Avenue
Miami Beach, FL 33141 • (305) 865-8511

www.radisson.com/miamibeach
1-800-333-3333 or contact your travel professional

Code: HI

*Subject to availability. Rates based on single or double occupancy. To receive 80% rate, must present valid set of three of consecutive Standard rate is \$100. Expires 09/30/2000

Re-Elect Judge Tom
FREEMAN
FOR CIRCUIT JUDGE, 18th Circuit, Group 11

FD-302, 6/27/99 and approved by Tom Freeman Campaign

CLASSIFIEDS

ALL **BIG** deals

407-322-2611

Safeguard Your Retirement with a Glenbrook Performance Annuity.

8.05%

- Safety • Flexible Premium • Income Options

If the recent fluctuations in the stock market give you a bit of concern, help safeguard your financial future with a Glenbrook Performance Annuity issued by Glenbrook Life and Annuity Company — now paying an interest rate of 8.05%* for the first year. Not only is your principal insulated from stock market volatility, it grows tax deferred. And, you have the flexibility of adding money after your initial premium payment. Subsequent renewal interest rates are guaranteed to be no less than 3%. To learn more, see a licensed insurance agent at a SunTrust branch today.

- 1. Annuities are not FDIC insured.
- 2. Annuities are not obligations of any bank.
- 3. The financial institution does not guarantee performance by the insurer issuing the annuity.

*This is the rate that is earned when interest credited at the underlying daily rate has compounded for a full year. The 8.05% rate currently offered is subject to change without notice. This rate includes a 1.50% first year bonus which is offered at company discretion and may be discontinued at any time. Early withdrawals in excess of 10% of account value per year are subject to the following charges:

Year measured from date payment is received	1	2	3	4	5	6	Thereafter
Early withdrawal charge	8%	6%	7%	6%	5%	4%	0%

Withdrawals prior to age 59 1/2 may also be subject to a 10% income tax penalty.

SUNTRUST
www.suntrust.com

GLENBROOK LIFE
A Member of the Atlantic Group

For More Information Please Call 1-800-526-1177

This annuity has limitations. For additional information, contact a licensed agent at SunTrust Securities, Inc. The Glenbrook Performance Annuity is issued by Glenbrook Life and Annuity Company, Home Office: Northbrook, IL. The Performance Annuity is available under policy form GLA10 in Virginia. Fund annuities are offered through SunTrust Securities, Inc. In Alabama, annuities are offered and sold through SunTrust Annuities (Alabama), Inc. Both are non-bank affiliates of SunTrust Bank. ©2000 SunTrust Bank, Inc. SunTrust is a registered service mark of SunTrust Bank, Inc. This rate is offered for a limited time only and may be withdrawn at any time. MKT 187-8 (4/00 351-00)

Sodas are OK, but these cool drinks hit the spot

Summer is the season for sipping tall, cool drinks. And I don't mean soda.

Let's face it, soda is low on nutrition and high in sugar (or artificial sugar). Likewise, bottled iced tea and many "juices" (or juice-flavored drinks) are in the same boat. I admit that there are times when nothing, at least for me, is as satisfying as a cold Coke, and I have lately developed a thing for Root 66 brand Key lime soda (it's got a nice, tart kick). OK, so I'm not nutritionally perfect. But I know what I should be doing.

Marialisa Calta

What I should be doing is drinking lots and lots of plain water — 64 ounces daily is recommended. But I like to augment that half-gallon with tasty, homemade drinks. They are easy to make and offer fresh flavors not available in store-bought concoctions. Plus, I get to control the level of sweetness.

I am very fond of making "sodas" with the flavored syrups that you see in bars these days (they are often used in flavor coffees). My favorite is a mixture of chilled seltzer and tamarind syrup over ice. Serve it with a slice of lime and you have about the most refreshing drink you can imagine. I'm also very fond of making iced tea. Although I sometimes use the powdered kind, I think it often results in a muddy, bitter drink. It's better to take the very few minutes needed to boil some water, brew some real tea, and chill it.

But there's lots more ideas to explore. The following recipes come from several sources. One is "The Best American Recipes

1999" by Fran McCullough and Suzanne Hamlin. The "We Drink It" was invented by Ginny Callan, a former Vermont restaurateur and author of "The Horn of the Moon Cookbook," and "Beyond the Moon Cookbook." The cucumber drink comes from "Drinks Without Alcohol," by Jane Brandt; her recipe notes indicate it's a perfect drink to take to the beach in a cooler. I've also included from her book a delightful iced coffee recipe, with great flavors from bitters and vanilla extract.

Bottoms up!

BLUEBERRY LEMONADE
1 cup sugar
6 cups water
grated zest of 1 to 3 lemons
1 pint blueberries, rinsed and stemmed
1 to 1-1/2 cups fresh lemon juice (5 to 8 lemons)

Mix the sugar, water and lemon zest in a nonreactive saucepan. Warm over medium-high heat, stirring to dissolve the sugar. When the sugar has completely dissolved, remove the pan from the heat and pour the mixture into a large pitcher. Refrigerate for an hour or longer.

When the sugar mixture has chilled, combine the blueberries with the lemon juice in a blender and pulse. Add to the pitcher and stir well to blend. Strain through a sieve into another pitcher. (It can be made up to a day before serving and kept chilled).

To serve, pour into tall, ice-filled glasses and garnish each with a sprig of mint. Yield: 2 quarts, or 8 8-ounce servings.

— Recipe from "The Best American Recipes 1999," by Fran McCullough and Suzanne Hamlin (Houghton Mifflin, 1999). It is credited to Hay Day, a Connecticut market and take-out shop.



Paul O. Bolsvert for the New England Culinary Institute

Blueberry Lemonade, garnished with mint sprigs, gets an extra zing from lemon zest.

SPARKLING CITRUS CIDER
2-1/2 cups fresh or bottled fresh (not reconstituted) orange juice
1-1/2 cups fresh or reconstituted tangerine juice
1 bottle (25.4 ounces) sparkling apple cider, chilled (see note)
1/4 cup grenadine (optional)

If the juices have lots of pulp, strain them through a cheese-cloth-lined colander or sieve into a large pitcher; otherwise, just pour into the pitcher. Chill. To serve, add the chilled cider and stir. Pour 3/4 cup into each of eight glasses, preferably Champagne glasses. Serve immediately. Or, for a rosy hue, slowly pour about 1-1/2 teaspoons of grenadine down the side of each glass — don't stir — just before serving. Yield: 8 servings.

Note: you can substitute sparkling wine for sparkling cider.
— Recipe from "The Best American Recipes 1999," by Fran McCullough and Suzanne Hamlin (Houghton Mifflin, 1999). It is credited to Cooking

Light magazine/

WE DRINK IT
16 ounces grape juice
16 ounces orange juice
16 ounces chilled sparkling water
1 lime, cut into 6 wedges

Mix the juices and sparkling water together and pour over ice. Serve with a lime wedge. Yield: 6 8-ounce servings.

— Recipe from Ginny Callan, author of "Horn of the Moon Cookbook," (Harper & Row, 1987) and "Beyond the Moon Cookbook," (HarperCollins, 1996)

TROPICAL CUCUMBER
1-1/2 to 2 cups lemonade
2 cups sugar
2 quarts cold water
zest of 2 lemons
1-1/2 cups fresh lemon juice (8 lemons)
1 cup fresh lime juice (6 limes)

1 cup thinly sliced cucumber
fresh mint leaves, for garnish
The night before serving,

pour the lemonade into an ice cube tray and freeze.

Combine the sugar and 2 cups of the water in a medium-size pan. Boil for 1 minute. Remove from heat.

Add the lemon zest to the sugar syrup and allow to steep for 7 to 10 minutes. Remove the zest and discard.

Add the remaining 6 cups water, the lemon and lime juice and the cucumber to the sugar syrup. Stir well and chill (overnight is good length of time).

To serve, pour over the lemonade ice cubes. Garnish with mint leaves, if desired. Yield: about 12 8-ounce servings.

— Recipe from "Drinks Without Alcohol," by Jane Brandt (Workman Publishing, 1999)

Angostura bitters
1/2 teaspoon vanilla extract
1 tablespoon sugar
1 quart club soda, chilled
maraschino cherries and wafer-thin slices of orange, for garnish

The night before serving, pour the cold coffee into an ice cube tray and freeze overnight.

When ready to serve, place the hot coffee, bitters, vanilla extract and sugar into a large, heat-resistant pitcher. Allow to cool.

Place 2 coffee ice cubes in each of six glasses. Divide the coffee mixture equally among the glasses.

Fill the glasses to the top with club soda, and garnish each one with a cherry and an orange slice speared on a toothpick. Yield: 6 8-ounce servings.

— Recipe from "Drinks Without Alcohol," by Jane Brandt (Workman Publishing, 1999)

ICED COFFEE PARK AVENUE
1-1/2 cups cold brewed coffee plus 2 cups strong hot brewed coffee
1/2 teaspoon bitters, such as

TURNBULL BAY GOLF COURSE

Just A Short Drive Away

COUPON

FOURSOME \$80.00

Plus Tax - With This Ad... No Other Discount Applies. Good Thru Sept. 30th, 2000

ANY DAY! ANY TIME!

Expires 9/30/00 SH

YOU MAY PAY LESS, BUT YOU WILL NOT HAVE MORE FUN!

Turnbull Bay Golf Course, rated 3.5 stars by Golf Digest. 6,400 yards of fantastic Florida golf, carefully sculpted from the massive oaks and ancient pines of Turnbull Bay Hammocks in New Smyrna Beach. Call (904) 427-8727



REGAL CINEMAS

Whipped (R) Digital
Fri - Thu 11:10 9:10 5:10 7:40 9:40 11:45
Sun - Thu 12:10 9:10 5:10 7:40 9:40

REGAL CINEMAS

Friday Thru Thursday

LAKE MARY CINEMA 10 324-0115

Bring It On (PG-13) - No Passes
Fri - Thu 2:30 (4:30) 7:10 9:30

LAKE MARY CENTRE 8 333-9542

SPACE COWBOYS PG 13
Fri - Thu 1:35 4:10 7:00 9:35

UNITED ARTISTS

SHOW TIMES Aug. 25 to Aug. 31

SEMINOLE TOWNE CENTER 10
224 472-1111 1 & 8 State Road 16

BRING IT ON PG 13
Fri - Thu 12:30 9:10 5:25 7:45 10:05

Call (407) 322-2611 To Advertise

REGAL CINEMAS

Friday Thru Thursday

LAKE MARY CINEMA 10 324-0115

Bring It On (PG-13) - No Passes
Fri - Thu 2:30 (4:30) 7:10 9:30

Bless The Child (R) - No Passes
Fri - Thu (4:30) 9:40

Coyote Ugly (PG-13) Stereo
Fri - Thu 2:20 7:30

Autumn in New York (PG-13) Stereo
Fri - Thu 2:40 (5:10) 7:40 10:10

Whipped (R) Stereo
Fri - Thu 9:30 (5:10) 7:30 9:50

Space Cowboys PG 13 Stereo
Fri - Thu 2:00 (4:40) 7:20 10:00

The Art of War (PG) No Passes
Fri - Thu 2:00 (4:40) 7:20 10:00

Godzilla 2000 (PG) Stereo
Fri - Thu 2:10 7:10

Hollow Man (R) Stereo
Fri - Thu (4:50) 9:40

The Replacements (PG-13) Stereo
Fri - Thu 2:30 (5:00) 7:30 10:10

Nutty Professor II: The Klumps PG
Fri - Thu 2:10 (4:30) 7:00 9:30

The Cell (R) Digital
Fri - Thu 2:40 (5:00) 7:30 9:50

REGAL CINEMAS

Friday Thru Thursday

LAKE MARY CINEMA 10 324-0115

Bring It On (PG-13) - No Passes
Fri - Thu 2:30 (4:30) 7:10 9:30

Bless The Child (R) - No Passes
Fri - Thu (4:30) 9:40

Coyote Ugly (PG-13) Stereo
Fri - Thu 2:20 7:30

Autumn in New York (PG-13) Stereo
Fri - Thu 2:40 (5:10) 7:40 10:10

Whipped (R) Stereo
Fri - Thu 9:30 (5:10) 7:30 9:50

Space Cowboys PG 13 Stereo
Fri - Thu 2:00 (4:40) 7:20 10:00

The Art of War (PG) No Passes
Fri - Thu 2:00 (4:40) 7:20 10:00

Godzilla 2000 (PG) Stereo
Fri - Thu 2:10 7:10

Hollow Man (R) Stereo
Fri - Thu (4:50) 9:40

The Replacements (PG-13) Stereo
Fri - Thu 2:30 (5:00) 7:30 10:10

Nutty Professor II: The Klumps PG
Fri - Thu 2:10 (4:30) 7:00 9:30

The Cell (R) Digital
Fri - Thu 2:40 (5:00) 7:30 9:50

UNITED ARTISTS

SHOW TIMES Aug. 25 to Aug. 31

SEMINOLE TOWNE CENTER 10
224 472-1111 1 & 8 State Road 16

BRING IT ON PG 13
Fri - Thu 12:30 9:10 5:25 7:45 10:05

NUTTY PROFESSOR 2 PG 13
Fri - Thu 1:45 7:05

GODZILLA 2000 PG
Fri - Thu 4:20 9:55

SPACE COWBOYS R
Fri - Thu 1:35 4:10 7:15 10:00

AUTUMN IN NEW YORK PG 13
Fri - Thu 1:50 4:15 6:40 9:05

THE CREW PG 13
Fri - Thu 1:00 3:15 5:20 7:25 9:45

WHAT LIES BENEATH PG 13
Fri - Thu 1:10 4:00 6:50 9:40

HOLLOW MAN R
Fri - Thu 1:30 4:05 7:10 10:10

WHIPPED R
Fri - Thu 1:05 2:00 5:00 7:00 9:15

ART OF WAR R
Fri - Thu 1:40 4:25 6:55 9:30

THE CELL R
Fri - Thu 1:55 4:30 7:20 9:35

Golden Lamb Restaurant

Established 1980

BEST LUNCH AND DINNERS IN TOWN

\$3.75 AND UP

FRESH GRAVIES & SAUCES MADE AT THE LAMB

Come On In!

BEST FOOD • BEST SERVICE • BEST PRICES

2101 S. FRENCH AVE., SANFORD, FL

OPEN 7 DAYS 5 AM - 8 PM

407-322-5863

Home Cooking • Nitely Dinner Specials

Mon. Meatloaf
Tues. Pot Roast
Wed. Salisbury Steak
Thurs. Corn Beef & Cabbage
Fri. Fish Fry

LUNCH 3.75 DINNER 4.75

SATURDAY & SUNDAY
Beef, Turkey, Ham, Lamb or Pork
Freshly Cooked here.
\$5.75

STOGGES Nightclub

WEDNESDAY KARAOKE CONTEST & PRIZES

Fri. & Sat. Live Music

THURS. LADIES NITE 2-4-1 DRINKS 9pm TILL CLOSE

Call for band appearing

Daily Lunch Specials

Oyster Bar Shrimp

Open 11am till 2am
7 Days a week
(407) 324-5751

Corner of 25th St. & Park Ave. in Sanford

Vivona's Fine Italian Pizzeria, Inc.

2 ITALIAN SUBS w/2 Cans Soda \$9.99 & 2 Chips

2 DINNERS \$12.49

ITALIAN BREAD Fresh Every Day \$1.25 Loaf 50¢

HOURS: MON-THURS 9AM-10PM FRI & SAT 9AM-11PM SUN 12-10PM (SUNDAYS CLOSED FOR SUMMER)

DELIVERY AVAILABLE www.vivonas.com

2 Small 12" PIZZAS w/CHEESE & 2 TOPPINGS • NO LIMIT \$11.99

Pick up or delivery. Limited area for delivery. One coupon per pizza. With coupon. Exp. 9-30-00

SANFORD ORIGINAL EXTRA LARGE 18" PIZZA w/CHEESE & 3 TOPPINGS \$10.99

Pick up or delivery. Limited area for delivery. With coupon. Exp. 9-30-00

SMALL CALZONES \$9.99

All Day Long! 2 SLICES CHEESE PIZZA w/LARGE SODA 35¢ PER TOPPING \$3.59

Pick up or delivery. Limited area for delivery. With coupon. Exp. 9-30-00



2000 Business Expo Success

The Sanford/Seminole Chamber of Commerce held the area's largest and most comprehensive showcase of local businesses on July 29-30, 2000 at the Seminole Town Center Mall. The expo was strategically held during the mall's busiest time of the year, back to school and the first weekend of tax-free shopping.

For the fifth consecutive year, businesses in Sanford, North Seminole County, and West Volusia County used the Business Expo 2000 to reach their marketing goals. Mall shoppers found both established businesses with many resources as well as enterprising start-up businesses.

Wharton-Smith Gets Key West Project

Wharton-Smith Construction Group was awarded a \$5.8-million lump sum contract with the City of Key West to construct a maintenance facility. The project consists of construction of aeration basin modifications, a new 20 mgd (million gallons per day) filter influent pump station and a new 20 mgd effluent filter facility.

Wharton-Smith is a full-service general contractor specializing in commercial, industrial, entertainment, hospitality and environmental construction. Wharton-Smith provides budget estimating, pre-construction, construction, program management, design-build construction management services to both government and private clients statewide. Wharton-Smith is headquartered in Lake Monroe, Florida with branches in Tampa and Jupiter. The staff of over 300 is celebrating 16 years in business. THE CENTRAL FLORIDA.

Central Florida Fair Announces New Creative Arts Competitions and Exhibits

The CENTRAL FLORIDA FAIR is raising its Standards AGAIN! The 89th Annual Central Florida Fair, March 1 - 11, 2001, will offer an all new CREATIVE ARTS COMPETITION with large cash prizes to total \$10,000. Ellen Gordon has been brought on board as the superintendent of the Creative Arts Department. Do not miss this opportunity to sell your creations. Contact ELLEN GORDON at 407-295-3247 or email her at ccf@centralfloridafair.com to receive your entry form or volunteer in this exciting venue! WEB: www.centralfloridafair.com

Ixora's Making Spirits Bright

Sanford's premier designer sale and gourmet luncheon will be presented on, Sat., Oct. 14 from 10 a.m. to 2 p.m. at the Sanford Civic Center. Making Spirits Bright, a project of Ixora Garden Club of Sanford, has raised thousands of dollars for civic beautification in the greater Sanford area. As presented the City of Sanford has \$3,000 in trust from Ixora. Tickets are \$6.00 and must be purchased in advance. Contact Billie Norgart (407) 321-9580 or Jannay Mercer (407) 332-8311 for ticket information.

Catherine Hanson Real Estate comes to downtown Sanford

Catherine Hanson recently opened a real estate office in historic downtown Sanford on Magnolia Square, 117 S. Magnolia Avenue, 407-330-1555. She is a native Floridian who was raised on a family farm in Seminole County. She has lived in Lake County for 25 years where she has excelled in her business, political and personal life.



Catherine graduated from the University of Florida in 1969 with a major in agriculture. From 1975 until 1985 she ran the family farm and taught three years of middle school science. In 1984 she received her real estate broker's license, which led her to open an office in Mt. Plymouth in 1989. Today she has offices in Mount Plymouth and Mount Dora, with 18 agents. She handles mostly residential real estate, along with the acreage and commercial property. Catherine Hanson was the first woman elected to the Lake County Commission in 1990. Last year she ran unopposed for her third term and currently serves as Vice Chairman. She is involved with the area chambers of commerce and is also a past "Citizen of the Year" for Mount Dora. In 1998 Catherine served as Campaign Chairman for the United Way of Lake and Sumter Counties raising \$1.1 million. Catherine lives in Sorrento, has three children, and recently became a grandmother.

www.richplan.com

RICHPLAN

Realty Real Personal Service
Rich-United Corporation
401 West 13th Street
Sanford, Florida 32771
(407) 323-3633 or 800-664-3633
Fax: (407) 321-9298



Written and Originally Directed and Choreographed by Stuart Ross
Musical Director: James Rain
Originally Performed by Gene Wilder

The Helen Stairs Theater presents the heavenly musical hit "Forever Plaid." "Forever Plaid" is a touching yet very entertaining musical hit filled with music, songs, and comedy. This story will introduce you to a very talented quartet that never made it to the big time. "Forever Plaid" features musical favorites from the 1950's. "Forever Plaid" is playing for a limited time only, so don't miss your chance to see the county's most talked about musical!

Helen Stairs Theater

201 Magnolia Ave.
at the corner of Magnolia and Second St.
in historic downtown Sanford, Florida
Box office 407-321-8111

Date: September 22, 23, 29, and 30
Showtimes: 7:00 pm
Tickets: \$25.00 general
\$20.00 students, seniors, children

Director and Choreographer: Alan LaTrop
Musical Director: Doug Shering
Cast: Darryl Bellman, Robert DeMarco, Nako Elliot, Joe Garcia

LISTEN TO THIS!

The Dan Lamper Show, a talk-radio show that airs 9-10 a.m. Sundays on 740 AM is offering discounted ad rates to fellow Sanford/Seminole County Chamber members.

Visit our web site at
www.thedanolampershow.com
for more information or call 407.327.7000

7	8	9
4	5	6
1	2	3
0	.	

HARRY A. ALVAREZ
ALVAREZ & ASSOCIATES, P.A.
Accountants & Tax Consultants
3828 Orlando Drive
Sanford, Florida 32773
(407) 322-2417
Fax (407) 322-8454
E-mail: halexise@delhouh.net

Approved
Auto Repair
Full Service Oil Change
Computer Diagnostics
Tune Ups
Transmission Service
AC Repair / Service
Batteries / CV Axles
Fuel Injector Cleaning

Castrol Xpress Lube
Quality Auto Repair

Theodore W. Kurtz
Sanford Auto Wash
2710 Hwy 172E
Sanford, FL 32773
(407) 330-1390
(407) 323-3610 Fax

P.O. Box 9340
Lake Mary, FL 32746
Phone: (407) 327-7115
Fax: (407) 327-7115

Cup-A-Coffee
EDWIN L. DOOLIE

Uncle Bob's self storage
2600 Wood 25th Street
Sanford, FL 32771
(407) 323-6633 • (407) 324-9955

Robert E. Mc
Ston Manager

2664 Hawthorn Ave.
Sanford, FL 32773

323-7700
Fax 323-0242

Mr. Schneider
• Residential & Commercial Signs • Banners • Vinyl Signs
• Banners • Sign Lighting • Truck Lighting • Window Lettering
• Plastic Signs • Magnetic Signs • Vinyl & Tin Signs
• Logos & Graphics & More

Business of the Month

Yachter Family Chiropractic Center

On September 18, Dr. Dan Yachter will be operating the Yachter Family Chiropractic Center in The Lake Mary Shopping Center, 3577 Lake Emma Road, Suite 121. He is relocating from St. Cloud. Dr. Dan was raised in south Florida. He attended the University of Florida, receiving a Bachelor of Science degree in Nutritional Sciences. He completed his studies in Chiropractic at Lile University in Marietta, Georgia. He decided to attend Chiropractic School was based on watching his father after receiving Chiropractic Care, heal and completely recover from lifelong epilepsy, migraines and an assortment of disabling health conditions. Dr. Dan was fascinated with the idea that a person could heal from within, without the use of drugs, surgery, and harmful side effects.

Dr. Dan received his Chiropractic degree in 1997, graduating with honors. He received a Family Chiropractic Center in Kissimmee, the largest Chiropractic Clinic in the state and 2nd largest in the world. While working with Dan Lerner, the owner and founder of the center, he had the opportunity to interact with a large diversity of people. He received extensive training in the area of Family Chiropractic. One on one as necessary, seasonal, pediatric, radiology, genetics, etc., sports and scoliosis injuries, spinal decompression care, sports performance and injury, nutritional counseling, and chronic and difficult cases.

Without question, one of the greatest compliments of all was to be able to work side by side with Dr. Dan Lerner, the United States Olympic Trainer and General Manager of the United States Olympic Team. Dan Lerner, who will be traveling to Australia this fall to care for the team during the 2000 Summer Olympics.

During his year residency, Dr. Dan was active in the community, conducting work injury prevention and ergonomic evaluations for the Osceola County School System, (administrators, instructors and support staff), Wal-Mart, Target, SAMS, Quaker/Grocery, and Mercury Marine. He also provided complimentary care and adjustments to the coaches and athletes of the wrestling and football teams of the 4 high schools in the county. He organized the largest children's charity event in Osceola County history, Kids Day America/International, attracting the attention of the Mayor and City Commissioner. Since then he has organized 10 Kids Day America events.

Following his internship at the Kissimmee Lerner Family Chiropractic, he was offered the position of clinic director of the St. Cloud/World Gym location of the Lerner Family Chiropractic Center. Within 4 months Dr. Yachter had quadrupled the practice, adjusting and caring for 600-700 patients each week, making it one of the largest solo practices in the state. He has performed over 75,000 adjustments within a 3 year period.

Dr. Dan is actively involved on a state and national level, holding memberships in the Florida Chiropractic Society, the International Chiropractic Association and the International Pediatric Chiropractic Association. In 1999, he was placed on The Florida Chiropractic Board of Sports and Performance and Injury.

Dr. Dan traveled around the country treating the most outstanding Chiropractors in the profession in order to gain from their wisdom and expertise and to be able to offer the same level of quality to his patients. These doctors include 4-6 top practitioners from the states of Florida, Texas, and California. The team doctors for the Miami Dolphins, the former of the Chiropractic sports chiropractor and the largest solo practitioner in the world.

Dr. Dan will deliver high quality care or coordinate Chiropractic care and help you in your quest for a better quality of life. He has found the secret to the full and effective care you need to live a life of health, happiness and success. And you can enjoy covering up the symptoms or to work a natural course, even when it is not.

Yachter Family Chiropractic Center is a high quality, personalized and safe practice. We offer same day appointments, along with a relaxing policy.

A special thank you goes out to Dr. Dan Lerner, the United States Olympic Trainer and General Manager of the United States Olympic Team. Dan Lerner, who will be traveling to Australia this fall to care for the team during the 2000 Summer Olympics.

Dr. Dan will be offering his services at the following locations:
• Kissimmee, FL: 407-323-3610
• St. Cloud, FL: 321-327-1111
• Sanford, FL: 407-323-3610



Charter President CEO Ronald Rose is pleased with Jeff Williams, Executive Director, Cary, Indiana Chapter of Gateway, Denise Williams, Marketing Communications Consultant, Gary/Osage 4 sports, Sanford City Commissioner Verna Williams, and Ben Daniels, City of Cary Executive Designer. Rose will be traveling to Cary, Indiana by the Seminole County Convention and Visitors Bureau. The two chapters have developed a close relationship to promote the Par 4 in 4 drive between Sanford and Cary.



AMBASSADOR OF THE QUARTER

Michael S. Drolich, owner of Seminole Carpet Service since 1991, is also a sales associate at Lake Kathryn Sales. He received his real estate license in June. "I believe the Chamber of Commerce is the most over-effective marketing tool available to small business. You can meet great people, have fun, feel part of the community and make more money. The annual cost of chamber membership is less than a small print advertisement."



Stairs
Property Management & Real Estate Inc.
141 W. 1st Street - Sanford, FL 32777
Linda & Mike - Seminole County

Call: 407-327-1111
Fax: 407-327-1111

We can now turn VOICE MAIL into e-mail
Call: Edie Ties
407-706-6144

EXPRESS LUBE INC.
A SERVICE FRANCHISE... SERVING YOU SINCE 1965

407-323-3610 (ext. 2270)
407-323-3610 (ext. 2270)
407-323-3610 (ext. 2270)

Central Care
STEVE NEWMAN
3205 Duval Orlando Drive
Sanford, FL 32773
Telephone: 407/324-7808 • FAX: 407/324-1851

BUSINESS OPPORTUNITY
Ten year old established carpet cleaning business. Van, equipment, accounts, web domain, and PHONE NUMBER. Work full or part time. 50k annual income part time!
25k Call 407-321-4066.

RELIGION

An American right: declarations of faith

'Give me the ability to be charitable, forgiving and patient with my fellowmen - help me to understand their motives and their shortcomings - even as Thou understands mine!'

Harry S. Truman

Controversies occur whenever religion pours into the political arena. The latest involves Democratic vice presidential nominee Joe Lieberman.

Although Lieberman's nomination was widely hailed as a breakthrough for tolerance, some

have begun criticizing him.

These critics say that Mr. Lieberman's declarations of faith as a devout Jew and his calls for more religion in public life are an affront to Americans who are less religious.

I would hope that Mr. Lieberman continues his long and eloquent argument that there has been a general decline in moral values in this country. I trust he respects



Russ White

the boundaries between church and state.

One of my earliest books about the presidency of Harry S. Truman includes a number of references to religion. As a young man, Mr. Truman began reciting a daily prayer, part of which precedes this column.

Apparently, Mr. Truman said this prayer from his high school days, as a window washer, bottle duster,

floor scrubber, bank clerk, farmer and a number of other jobs leading to the presidency.

I don't recall President Truman making a big deal of his religiosity. He was Give 'em hell, Harry. But, he always prayed before the giving.

Harry Truman said he would rather be right than be president. Assuming the presidency upon Franklin Roosevelt's death, he was in the White House during the critical hours that came before World War II ended and families came together again in

America.

Today, Mr. Lieberman is calling for yet another "awakening" of religion as an antidote to violence, promiscuity and degradation of family values. Hopefully, not too many will be offended by this.

Harry Truman and Joe Lieberman would have made an interesting ticket if they were of the same generation. Strong-willed, they would have disagreed on many topics — religion would not have been one of them.

Church Notes

First Presbyterian
The First Presbyterian Church of Sanford will celebrate homecoming 2000 on Sunday, Sept. 10 for all present and former members, their families and friends of the church.

Scheduled events include a special worship service at 10 a.m., dedication of the Mabel Davidson Memorial Courtyard, tour of the Heritage Room, a full catered luncheon in Fellowship Center from 11:15 to 12:30 p.m., live music by the Seniors Band, and concluding with an ice cream social in the courtyard.

For more information and luncheon reservations, contact the church office at 407-322-2662.

Seventh-day Adventist
The Celtona Seventh-day Adventist Church will hold a Health Fair, Sunday, Sept. 17, from 9 a.m. until 3 p.m. at 1717 Catlina Blvd. The Health Fair will feature many exhibits and testing. For additional information phone the church at 904-789-7800.

First United Methodist
A program/luncheon series for women will be held at First United Methodist Church, downtown Orlando, on each of the four Thursdays in the month of September. Various speakers will present the programs. Lunch will be provided for \$4 or attendees may bring their own lunch. Reservations are required. For reservations or additional information phone the church office at 407-849-6080.

Mt. Pleasant M.B.
Internationally acclaimed soprano and opera star Marquita Lister will headline a recital concert of arranged Negro spirituals, Sunday, Sept. 10 at Mount Pleasant Missionary Baptist Church in Orlando. She will perform a group of solo selections with the extraordinary Concert Choir from Jones High School and others. The concert is to benefit the Orlando-based "Negro Spiritual Scholarship Foundation". The concert will begin at 3 p.m. Tickets in advance are \$15 for adults, \$10 for students and \$5 for those below age 12. The church is located at the corner of Bruton Blvd. and Prince Hall Blvd. For additional information contact Rudolph Cleare, at 407-426-1717, ext. 105.

Imagination can take people to a whole new world

When Euclid Beach Park closed in the 1960s, I was too old to cry. It's different today.

All that remains of the Cleveland amusement park where I spent some of the happiest days of my childhood — and even my teens — is the arch over the entrance to the park, where colored lights once glittered and blinked.

The lights have gone out, their sockets empty and rusted. The music from the dance hall is stilled. In my imagination, though, I can still hear the Fat Lady sing and the screams from the roller coaster



George Plagenz

rides: the "Thriller," and the even steeper "Flying Turns."

As I made this recent sentimental journey down memory lane, I felt a tear running down my cheek. I was no longer too old to cry.

There was one thing, however, about Euclid Beach — and all amusement parks — that has always tended to spoil my fun just a little. It is the fact that amusement parks never seem to amuse the people who worked there.

The fellow who pulls the handle on the roller-coaster ride might as well be pulling

the switch on the electric chair for all the fun he seems to get out of his job.

Seeing the great stone faces on all the people who work at these "fun emporiums" makes me think that, if I owned an amusement park, I would send in the clowns. I would dress up all the employees in clown costumes and paint broad smiles on their faces. That way they couldn't be killjoys for all the happy people who were there. It might even brighten the gloomy countenances that lurked behind the painted-on smiles. Pretending you're somebody you aren't can often work wonders.

Look what it does for the Happy Hypocrite in the Max Beerbohm story. This ugly fellow puts on the mask of a handsome man so he can win the girl of his dreams — which he does. Then, when the mask eventually gets pulled off, it turns out that his own face has

become like the face on the mask.

Religious orders sometimes give their initiates new names, like Sister Felicity or Brother Orchid. Almost literally, they are born again. They become new people.

It happened to several characters in the Bible. Abram, Simon and Saul won everlasting renown — as Abraham, Peter and Paul.

What's in a name? Well, how far in the entertainment world do you think Doris Mary Ann Von Koppelhoff would have gone? Or Ella Geisman? Or Emanuel Goldenberg? Or Archibald Alexander Leach? But, as Doris Day, June Allyson, Edward G. Robinson and Cary Grant, their names were in lights.

George Baker was unknown and unsuccessful until he changed his name to Father Divine. His flock changed their names, too — to names like

Angel Florence or Angel Mary. Many hundreds of these angels found a persona they had never known before.

You don't have to literally put on a mask or change your name to become a new person. You can simply think of yourself as somebody different. Imagine you are the person you have always wanted to be, then start acting like that person. You may fool everybody — including yourself.

You may have an experience like that of the woman who was complimented on her singing at a party.

"You sing divinely," the hostess said.

"Oh, I can't sing at all," the woman protested.

"But that sang, it was superb," the hostess replied.

"Oh that," the woman said. "I was just imitating Barbra Streisand."

© 2000, Newspaper Enterprise Assn.

Jewelry • Collectibles

Accents At Shelby's Consignment

Home Decor & Furniture

Newly Remodeled Store

Sue Downey/Owner
1010 W. State Road 434
Longwood, FL 32750
(Township Plaza/434 & Rangeline)
339-0087

Waterford • Furniture • Pictures • Rugs

FREE TAX SCHOOL

LEARN TO PREPARE INCOME TAXES IN ONLY 10 WEEK COURSE

SEEKING EMPLOYMENT? WE CAN HELP!

Call 407-322-2662

Rock the Universe begins next Friday at Universal

The show schedule for Night of Joy 2000 has Out of Eden and the Newsboys opening this year's edition of the Walt Disney World Christian music event scheduled for Sept. 8 and Sept. 9 in the Magic Kingdom.

The groups' 8 and 8:15 p.m. shows will be the first of 15 concerts by six acts slated for four stages throughout the Magic Kingdom during the 8 p.m. to 1 a.m. event each evening.

Headliner Jaci Velasquez, the two-time Christian female vocalist of the year, will take to the Cinderella Castle Stage for shows at 11:15 p.m. and 12:20 a.m. each evening.

On Friday, Sept. 8, Grammy Award-winning band Jars of Clay returns for its second Rock the Universe performance and will perform songs from their album, "Much Afraid" and their latest album "If I Left the Zoo."

Opening for the nationally-known Rock the Universe musicians will be four winners from Universal Orlando's first Battle of the Bands competition. Battle of the Bands gave young amateur Christian musicians from Florida and Georgia the chance to perform for an international audience. The winning bands, which are from Orlando, Fort Lauderdale/Miami, Atlanta and West Palm Beach, were chosen from 10 competing bands, who, in turn, were selected from several hundred performers who entered the competition.

Advance-purchase tickets are \$29.95 per evening. Tickets at the gate are \$34.95. For ticket information, call 877-648-3649.

NEAT-N-TIDY ALL CLEAN

WE DO WINDOWS!

407-324-1177

WE'RE NOT YOUR AVERAGE CLEANING COMPANY

"CLEANING SPECIAL"

DEEP CLEANING SPECIAL \$75

3 BEDROOM • 2 BATH HOME
2 HOUR CLEANING
WITH AD ONLY

• RESIDENTIAL
• OFFICES
• APARTMENTS
• COMMERCIAL

• PREMIUM CLEANING
• EXCELLENT SERVICE
• AFFORDABLE RATES

NO JOB TOO SMALL WE DO IT ALL!!

INCLUDING:

- DUSTING
- VACUUMING
- MOPPING/WAXING FLOORS
- WINDOWS/MIRRORS
- CEILING FANS
- ALL APPLIANCES CLEANED INSIDE & OUT
- CHANGE DIRTY LINENS

AND MUCH MORE!

Licensed • Bonded • Insured!

We Serve Sanford, Lake Mary, Volusia County & Surrounding Areas

LIFETIME METAL 20% OFF THIS MONTH

ROOFING

100% FREE ESTIMATE

FREE ESTIMATE TODAY

Seminole Herald

"Serving Seminole County Since 1908"

Friday, September 1, 2000 • Vol. 63, No. 9

Published: Daily Except Monday, Saturday, Thanksgiving, Christmas and New Years by Republic Newspapers, Inc. • 300 N. Franch Ave., Sanford, FL 32771

Phone: (407) 322-2611 Fax: (407) 323-9408

Periodical Postage Paid at Sanford, Florida and additional mailing offices.

USPS 491280 Postmaster: Send address changes to THE SEMINOLE HERALD P.O. Box 1987 Sanford, FL 32772-1987

Subscription Rates (Daily & Sunday)

	Home Delivery	Mail
3 Months	\$18.00	\$24.00
6 Months	\$32.00	\$48.00
1 Year	\$78.00	\$108.00

Florida Residents add 7% sales tax to above rates.

Advertising Editor: Dale Fisher	Advertising Manager: John Collins	Production Manager: Fred Holmes
Business Manager: John Collins	Editor: Fred Holmes	Printer: Fred Holmes
Graphic Designer: Fred Holmes	Legal: Fred Holmes	

Republic Newspapers, Inc.

Non-stop fun and musical entertainment November 10 - 12, 2000
CHARLIE DANIELS • PERCY SLEDGE • NU GROUND
"Celebrating Sanford's Heritage"

Celebrating Sanford's rich heritage, the Third Annual Sanford Heritage Festival provides a dynamic street party setting in historic downtown Sanford, November 10, 11, and 12. The festival is produced to offer mass appeal and has earned the reputation of being Sanford's signature annual event.

Concert schedule

This year's festival will again feature top name entertainment. Friday night the sensational country group **THE CHARLIE DANIELS BAND** will perform two live concerts at 7 PM and 10 PM. 12 year-old **NOX/ANNE**, a powerhouse of talent and country singing sensation, will open the 10 PM show. Saturday night the legendary **PERCY SLEDGE** will perform at 7 PM and 10 PM. Sunday, **NU GROUND**, a popular R&B boys band, will perform two concerts at 8 PM and 8 PM, plus a special appearance by **PHAZE 3** at 5 PM and 7 PM.

Performances by local talent will take place on the Florida Lottery Stage and the Magnolia Square Stage. The line-up of non-stop local entertainment is impressive and will feature Sanford area schools musical talent, local bands, solo acts, multi-cultural entertainers, including folk, swing and blues.

This year's festival will host a Karaoke Championship on the Magnolia Square Stage on Sunday. Producers of Ed McLellan's new TV show **The Next Big Star** will be taping the championship event and may select candidates to audition for an appearance on the new TV show.

Street entertainment will include jugglers, unicycles, magicians, and the BMX trick team. Also at the event will be a portable rock climbing wall, Sanford area public schools student art exhibit, the Central Florida Zoo animal experience, public information station, arts & crafts, ethnic foods, interesting exhibits, and much, much more!

Thrill Rides

Sunday, Family Day, ride all midway rides for only \$10 from 12 Noon to 4:30 PM and again from 4:30 PM to 9 PM.

Sanford/Seminole County Chamber presents:
THE FIRST SEMINOLE COUNTY POLICE JOEY'S
"A COMEBEY" SCHEDULE
 7:30 p.m., Saturday, October 14, at the chamber
 Tickets \$ 15 at the chamber

Festival Hours
 Friday, Nov. 10: 9 AM - 12 AM
 Saturday, Nov. 11: 12 Noon - 12 AM
 Sunday, Nov. 12: 12 Noon - 9 PM

Directions & Parking

- I-4, east from Orlando or west from Daytona Beach, take exit 51, go east on S.R. 46 (First St.).
- U.S. Highway 17-92 go to First St., turn east to historic downtown.
- S.P. 46 from Trueville, take U.S. Highway 17-92 north to First St., turn east to downtown.
- Ample parking is available surrounding the festival site.



Sponsorship of the Heritage Festival offers a unique and affordable target marketing opportunity for regional and local corporations, agencies, suppliers and service businesses. With little doubt, event sponsorship has become one of the hottest marketing trends, outpacing all other forms of media advertising. Seeking a broader exposure, corporations, agencies, suppliers and local businesses realize that special events such as the Sanford Heritage Festival offer the perfect opportunity to boost awareness of their products and services on a person to person basis, plus enhance their relationships with the consumers they serve. Call 407-322-2212 for the "Sponsorship Marketing Opportunity" brochure.

Feed concession and commercial exhibit space applications are available. Through direct sales, product awareness the Sanford Heritage Festival provides exhibitors and sponsors exposure to a broader segment of consumers. Businesses interested in festival exhibit space or sponsorship should contact the Chamber of Commerce at 407-322-2212. Local entertainers wishing to perform on the Florida Lottery Stage should contact Linda Johnson, local entertainment coordinator 407-321-3140.

- (Intermission with Lobby Refreshments)*
- Miriam & Valerie's "SODA POPS"
 - "Red Skelton" with Ron Rose
 - Daryl McLain & Mandy McLain Dance
 - "Gone With The Wind" Skit
 - Larry Dale, Soloist
 - "Lady of Funeral Procession" Stand-up
 - "The Housewives" Helen & Karl Skits
 - "A Chorus Line" Dance
 - Cast Finale
- The Program:**
- Alton Lathrop, Director
 - Larry Strickler, Master of Ceremonies
 - Jeani McCall, Pianist
 - The Seminole/Sanford Ballet Guild
 - "Do you Love Me..." Dance
 - Three Ladies' "Merita Yancy Skit"
 - Seminole Herald' Skit with Ronny White
 - Daryl & Barb McLain
 - Larry & Stephanie Dale
 - Sara Sol Singer!

NEW MEMBERS

- Milken Independent Distributor Patricia Keller, 298 S. Fox Chase Point Longwood, FL 32779. Tel: 407-774-0013 Fax: 407-774-2379 www.spillers.com/illine Health Magnetics & Far-Infrared
- Crystal Springs Timothy M. Vandiver District Sales Representative 1804 Concept Court Daytona, FL 32114 Tel: 904-274-1131 Fax: 904-274-1214 www.webster.com Bottled Water
- Yachter Family Chiropractic Center Dr. Dan Yachter Lake Mary Shopping Center 3577 Lake Emma Road, Suite 121 Lake Mary, FL 32746 Tel: 407-333-2277 www.chirousa.com/dyachter Chiropractor
- the fat-bombino Margaret Bowers PO Box 2002 Lake Mary, FL 32795-2002 Tel: 407-323-4155 Fax: 407-302-4372 Embroidery, Monogram Sales
- Sanford Data Service Bob or Lyn Hunter 401 W. Seminole Blvd. # 187 Sanford, FL 32771 407-323-1879 Http://hunternet.org/sds Publishing (Newsletters/Handbills)
- Sanford School of Self Defense Langston Merefce, Sr. 2593 S. Sanford Avenue Sanford, FL 32772 Tel: 407-328-0900 Karate/Wellness Center
- Open MRI of Sanford Keith Freudenberg 303 W. First Street Sanford, FL 32771 407-330-7333 Diagnostic Imaging
- Morgan's Gourmet Café Mike Morgan, Chef Historic Downtown 112 E. First Street Sanford, FL 32771 Tel: 407-688-4745 Fax: 407-688-4746 Restaurant
- Alice J. Weisberg PO Box 951209 Lake Mary, FL 32795-1209 Tel: 407-805-9455 Consulting

Sanford/Seminole County Chamber of Commerce - Serving business for more than 80 years.

Chamber News

September

SEVEN CHAMBER MEMBERS SEEK OFFICE



Dede Schaffner
 Dede Schaffner is a candidate for the Seminole County School Board District 3. Ms. Schaffner holds a Bachelor's and Master's degree from UCF. She is a member of board of the Seminole Cultural Arts Council and a member of the Sanford /Seminole County Chamber. She is currently director of Community Involvement and Public Information for Seminole County Public Schools as well as Executive Director of the Foundation for Seminole County Schools. She is a member of Rotary and is the Chairman of the Board of Trustees at SCC. Dede is goal focused and wants to maintain superior standards, keep excellence and reduce class sizes.



Daryl McLain
 County Commissioner Daryl McLain is seeking re-election to the Seminole County Commission representing District 5. Mr. McLain is a 20 year member of the Sanford/Seminole County Chamber and past member of the board. He is also past President of the Friends of St. John's River and the Rotary Club. In 1996, he was elected to the Seminole County Commission by an overwhelming margin. A man of strong family values, Daryl and wife Barbara have been married for 30 years. They have raised two wonderful children. A successful business leader, he founded his own Seminole County insurance business 19 years ago after a management career with a major Florida bank.



Larry Strickler
 Larry Strickler is a candidate for State Representative, 37th House District vacated by Lee Constatine. Mr. Strickler is a past president and board member of the Sanford/Seminole County Chamber. He is the current Vice Chairman of the Sanford Community Redevelopment Agency. He has a proven track record in Seminole County, serving on boards, committees, and councils over the past 20 years. His major concerns are focused on transportation, education and work force development, economic development, the environment, growth management and efficient government. With his family, he has resided in Longwood for 21 years. He is an executive with Bell South.



Jeff Triplett
 The Sanford/Seminole Chamber of Commerce Education Committee launched a new program in August to generate business and citizen involvement in improving school classrooms. The program offers the opportunity to give financial support directly to the classroom or school of your choice. The minimum contribution is \$50 and is payable to the school or classroom you choose. Company's and individuals to contribute to this program since August are Tri-County Orthopaedics to Seminole High School, Washington Mutual Bank, to the Pizzaz Choir and Cool-Way, Inc. to Dazzler Dance Team both at Seminole High School; Harrell & Beverly Transmission, to the 6th Grade and Logged on Computers & Copiers, Inc. to Millennium Middle Magnet; CPH Engineers, Inc. to Pegasus at Sanford Middle Magnet; and K-N-D Trailer Manufacturing to Pre-K and Seminole Office Products to the Kindergarten both at Pine Crest Elementary. For more information on this new chamber program call 407-322-2212.

Sanford/Seminole County Chamber of Commerce

Golf Tournament

TIMACUAN
 GOLF AND COUNTRY CLUB

Sanford/Seminole County Chamber of Commerce

Thursday, October 5, 2000

Seminole County's most popular golf course, rated #14 in Florida

Join us for the

Sanford/Seminole County Chamber of Commerce

2593 S. Sanford Avenue
 Sanford, FL 32772
 Tel: 407-328-0900

Karate/Wellness Center

Open MRI of Sanford
 Keith Freudenberg
 303 W. First Street
 Sanford, FL 32771
 407-330-7333
 Diagnostic Imaging

Morgan's Gourmet Café
 Mike Morgan, Chef
 Historic Downtown
 112 E. First Street
 Sanford, FL 32771
 Tel: 407-688-4745
 Fax: 407-688-4746
 Restaurant

Alice J. Weisberg
 PO Box 951209
 Lake Mary, FL 32795-1209
 Tel: 407-805-9455
 Consulting

Jeff Triplett Elected Chairman of the Board

Jeff Triplett, Vice President of Century National Bank, was recently elected as Chairman of the Board of Directors of the Sanford/Seminole County Chamber of Commerce. Triplett will be installed on Friday, September 29, during the Chamber's Annual Awards Dinner at Heathrow Country Club. Brian Volk, owner of Monroe Harbour Marina was elected Chairman Elect and Alice Weinberg was elected Vice Chairman.

Board members elected by the membership for a three-year term are Vicki Niemiec, First American Title; Reverend Bruce Scott, First Presbyterian Church; Alice Weinberg, consultant; Richard Swann, Federal Trust Bank; and Doug Fetzer, Publisher of the Seminole Herald.

Sanford/Seminole County Chamber of Commerce

Golf Tournament

TIMACUAN
 GOLF AND COUNTRY CLUB

Sanford/Seminole County Chamber of Commerce

Thursday, October 5, 2000

Seminole County's most popular golf course, rated #14 in Florida

Join us for the

Sanford/Seminole County Chamber of Commerce

2593 S. Sanford Avenue
 Sanford, FL 32772
 Tel: 407-328-0900

Karate/Wellness Center

Open MRI of Sanford
 Keith Freudenberg
 303 W. First Street
 Sanford, FL 32771
 407-330-7333
 Diagnostic Imaging

Morgan's Gourmet Café
 Mike Morgan, Chef
 Historic Downtown
 112 E. First Street
 Sanford, FL 32771
 Tel: 407-688-4745
 Fax: 407-688-4746
 Restaurant

Alice J. Weisberg
 PO Box 951209
 Lake Mary, FL 32795-1209
 Tel: 407-805-9455
 Consulting

Sanford/Seminole County Chamber of Commerce presents:

THE FIRST SEMINOLE COUNTY POLICE JOEY'S

"A COMEBEY" SCHEDULE

7:30 p.m., Saturday, October 14, at the chamber

Tickets \$ 15 at the chamber

(Intermission with Lobby Refreshments)

- Miriam & Valerie's "SODA POPS"
- "Red Skelton" with Ron Rose
- Daryl McLain & Mandy McLain Dance
- "Gone With The Wind" Skit
- Larry Dale, Soloist
- "Lady of Funeral Procession" Stand-up
- "The Housewives" Helen & Karl Skits
- "A Chorus Line" Dance
- Cast Finale

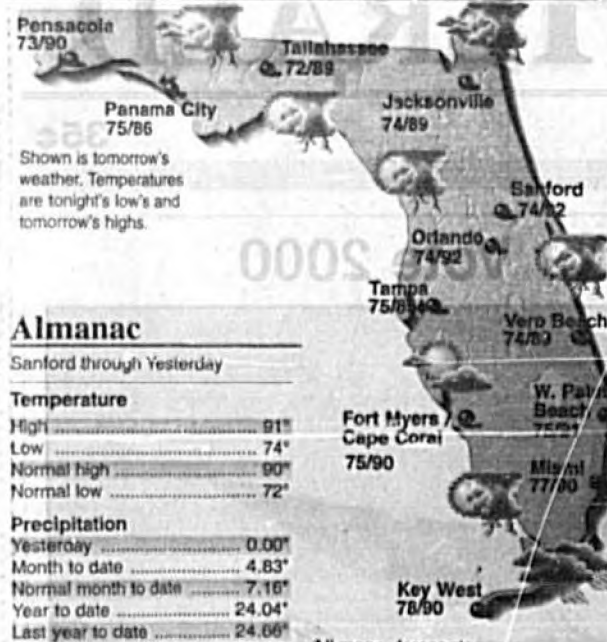
The Program:

- Alton Lathrop, Director
- Larry Strickler, Master of Ceremonies
- Jeani McCall, Pianist
- The Seminole/Sanford Ballet Guild
- "Do you Love Me..." Dance
- Three Ladies' "Merita Yancy Skit"
- Seminole Herald' Skit with Ronny White
- Daryl & Barb McLain
- Larry & Stephanie Dale
- Sara Sol Singer!

ACCU WEATHER® FORECAST FOR SEMINOLE COUNTY

AccuWeather.com

Florida Weather



Almanac

Sanford through Yesterday

Temperature	
High	91°
Low	74°
Normal high	90°
Normal low	72°
Precipitation	
Yesterday	0.00"
Month to date	4.83"
Normal month to date	7.16"
Year to date	24.04"
Last year to date	24.66"
Normal year to date	35.23"

National Cities

City	Tom.	Sun.
Atlanta	85 68 c	90 70 sh
Atlanta City	82 69 c	79 67 pc
Baltimore	84 70 sh	84 70 pc
Birmingham	92 67 pc	92 70 pc
Boise	70 53 sh	68 45 c
Boston	75 63 c	80 65 t
Charleston, SC	86 74 pc	89 76 t
Charleston, WV	82 67 t	84 69 sh
Chicago	86 66 pc	90 69 pc
Cleveland	83 65 pc	84 66 t
Daytona Beach	89 72 t	92 74 sh
Denver	84 53 s	86 54 pc
Des Moines	91 68 s	91 67 t
Detroit	86 65 pc	84 66 t
El Paso	94 62 s	99 70 sh
Fairbanks	58 40 c	60 40 sh

Five-Day Forecast for Sanford

Tonight	Saturday	Sunday	Monday	Tuesday
Turning out mostly clear. 74	Partly sunny, a t-storm in the afternoon. 92 72	Sun and clouds; an afternoon t-storm. 92 72	Mixed sun and clouds; an afternoon t-storm. 92 72	Partly sunny with an afternoon t-storm. 94 72

Regional Weather

Florida: Patchy clouds panhandle and far south with a shower or storm, mainly early tonight. Mainly clear elsewhere. Sun and a p.m. storm tomorrow.

Georgia: Partly to mostly cloudy with a possible shower or thunderstorm tonight. Clouds and sun with a shower and thunderstorm tomorrow.

Mississippi: Mainly clear and warm tonight. Partly to mostly sunny and hot tomorrow with a possible afternoon thunderstorm east and south.

Alabama: Partly to mostly cloudy with a possible shower or thunderstorm tonight. Clouds and sun with a shower and thunderstorm tomorrow.

South Carolina: An evening thunderstorm then partly cloudy and humid with areas of fog tonight. Clouds and sun tomorrow with a couple of thunderstorms.

Louisiana: Mainly clear and warm tonight. Partly to mostly sunny and hot tomorrow with a possible afternoon thunderstorm east and south.

Sun and Moon

Sunset tonight 7:58 p.m.
Sunrise Saturday 7:04 a.m.
Moonset today 10:18 p.m.
Moonset today 10:16 p.m.

First Last New
Sep 5 Sep 13 Sep 20 Sep 27

Tides

Tides for Daytona Beach Shores, Sunlight Pier

Tomorrow
First Low 5:25 a.m. -0.5 ft.
First High 11:53 a.m. 4.3 ft.
Second Low 5:59 p.m. -0.1 ft.

Sunday
First Low 6:12 a.m. -0.2 ft.
First High 12:05 a.m. 4.0 ft.
Second Low 6:53 p.m. 0.3 ft.
Second High 12:41 p.m. 4.1 ft.

Tomorrow's National Weather



Calcium deposits are common, but are not related to supplements

DEAR DR. GOTT: I have calcium deposits in my spine. Would calcium tablets relieve my arthritis pain or simply make matters worse? I am a 70-year-old grandmother.

DEAR READER: Calcium supplements will neither affect your pain of arthritis nor make matters worse. The pain is caused by stimulation of nerves in and around joints (including the spine), resulting from inflammation (such as seen in gout and rheumatoid arthritis) or from the age-related wearing-down of joint surfaces (seen in osteoarthritis). In general, therapy for arthritis pain consists of anti-inflammatory drugs (of which there are many, ranging from ibuprofen to Vioxx) and physical therapy to maintain joint fluidity and range of motion.

As each of us ages, calcium in the body shifts location, leaving bone and appearing in the

linings of arteries and in tendons. This unavoidable phenomenon is unrelated either to total body calcium or to calcium intake. Rather, it is due to poorly understood age-related changes in tissue metabolism.

Because a deficiency in bone-calcium (osteoporosis) is common in older people, physicians have experimented with various methods to prevent this loss. Exercise, a balanced diet, hormone pills (for women), and other prescription medication have been shown to retard the loss of bone calcium. In addition, calcium supplements (with vitamin D) slow the onset of osteoporosis, without harming metabolism. Therefore, you should consider taking 1,000 to 1,500 milligrams of extra calcium (with about 500 international units of vitamin D) for this reason, if your doctor agrees.

Also as a consequence of aging, calcium deposits may form around the spinal bones, causing "lipping" (seen as a shelf-like protrusion on X-rays) that can rub against nerves to cause pain. This is related to the shift in calcium that I alluded to above. Such deposits are not related to calcium supplements.

Because the therapy for the pain of arthritis and the treatment of osteoporosis have

undergone such revolutionary changes in the past few years, you should check with your physician to learn what options are available to you. To give you related information, I am sending you a copy of my Health Report "Osteoporosis." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2017, Murray Hill Station, New York, NY 10156. Be sure to mention the title.

DEAR DR. GOTT: I bruise very easily, even after minor trauma — or, in some instances, no trauma at all. Could the daily aspirin tablet I take be playing a role?

DEAR READER: Normal blood clotting depends on a complex series of chemical reactions. As an integral part of this process, tiny blood cells (platelets) play a crucial role by sticking together to form a superstructure that supports the clotting chemicals. When platelets lose their adhesiveness and fail to aggregate, a blood clot cannot readily form.

Aspirin (and similar compounds) disrupt platelet stickiness. Therefore, these inexpensive

drugs are often used to prevent common diseases, such as stroke and heart attacks, that are related to inappropriate blood clotting. As little as one baby aspirin a day (one-fourth the strength of a standard adult tablet) will significantly reduce the speed with which blood coagulates.

I suspect that aspirin is the cause of your bleeding tendency, a common reaction in people who are so treated. Spontaneous or easy bruising is not harmful but can be annoy-

ing at times because of discomfort and the obvious cosmetic effects.

If your doctor has told you to take aspirin because you are at high risk for stroke or heart attack, you will simply have to put up with the bruising. On the other hand — because aspirin therapy is not recommended for most adults — if you are taking it on your own, I suggest you discontinue it, and see if your susceptibility to bruising disappears in a week or so.

I should add that unexplained bruising may also reflect a serious clotting disorder not related to aspirin; such diseases include leukemia and thrombocytopenia (a primary disease of platelets), both of which must be aggressively addressed. Therefore, while I suspect that your problem is aspirin-related, you may wish to check with your physician to make sure no serious ailment is to blame.



Dr. Peter Gott

Be a part of our winning tradition!

3rd ANNUAL COLLEGE ALLSTAR FOOTBALL GAME

January 13th, 2001 at the Citrus Bowl

See The Best of Florida's Players
Seminoles, Gators, Hurricanes, Knights, Rattlers
Take On The Best Players From Around The Nation.

Big T Tire & Muffler
Family Owned Business For 25 Years
3 Locations To Serve You
DELTONA SANFORD ORANGE CITY
1884 Elkham Blvd. 2408 S. French Ave. 1695 S. Volusia Ave.
(904) 785-5888 (407) 321-0920 (904) 775-7971
Hours: Mon.-Fri. 8am-5:30pm • Sat. 8am-3pm

SALE Firestone
Lowest Prices Firestone Radial for Domestic Cars
\$28.99

Whitewall	Price	Whitewall	Price
P185/60R13	\$33.99	P205/70R14	\$42.99
P185/75R14	36.99	P205/75R14	39.99
P195/75R14	37.99	P205/75R15	41.99

Call for other sizes.

770c with UNI-T Built to Stop in the Wet
Blackwell P175/65SR14 \$53.99
P185/70SR14 62.99
P195/75SR14 59.99
P195/70SR15 58.99
P205/70SR16 68.99
P205/65SR16 65.99 Call for other sizes

MUFFLER & TAIL PIPE SPECIAL INSTALLED \$84.95

MUFFLERS INSTALLED	TUNE-UPS	BRAKE JOB	ALIGNMENT
From \$44.95 We do custom pipe-bending & dual jobs.	\$39.99 Install new spark plugs, most 4 cyl. elec. ign. cars, 6 & 8 cyl. slightly higher, transverse V-6 eng. & A/C extra.	Front or rear Disc or Drum From \$54.95 Resurface Drums or Rotors MOST CARS	Most Cars \$28.95 Pickups & Vans \$38.95 4 Wheel Align. \$48.95

OIL CHANGE & FILTER
To 8 qts. Castrol Oil
• Free Tire Rotation
• Free Safety Inspection
• Disposal Free
\$16.95

AIR CONDITIONING
Keep your air blowing cool... includes system inspection and leak and performance tests.
\$99.00

Reserved Seats are available through your local Rotarian.

Category 1: \$38.00
Category 2: \$28.00
Category 3: \$18.00

A GREAT GAME THAT RAISES MONEY FOR A GREAT CAUSE

Tickets available at the Seminole Herald
300 N. French Ave. Sanford
Call Doug Fetzer (407) 322-2811

Florida Citrus Bowl
Florida Rotary Clubs
FLORIDA CITRUS BOWL FUND

Special recognition



Photo submitted to the Herald
John C. Martin, left, president and CEO of S.I. Goldman Co. Inc. in Longwood, accepts the 1999 Charles J. Eidel Safety Award from Mark Wylie, executive director of Associated Builders and Contractors, Florida chapter.

It's time to get the mud out of our eyes

In the countdown to the Seminole County polls opening on Tuesday morning, we are able to announce the winner of the "Mud-Flung-At Award."

You've probably guessed — he's Daryl McLain.

Keen political observers are pressed to remember so much mud slinging at an individual candidate.

McLain, a former rodeo cowboy, hasn't tasted so much dirt since being flung from a bronco named "Beelzebub."

As expected, Bob West and Don Nicholas bad-mouthed McLain from the get-go.

They covet his District 5 seat on the County Commission.

If this wasn't enough of a burden, County Chairman Carlton Henley has shamelessly campaigned for Nicholas — and against

McLain.

And, this just in: Commissioner Grant Maloy used some of his

District 1 re-election campaign funds to purchase a newspaper ad that attacks Mr. McLain. Improprieties of this nature deserve special recognition.

Most of the vagrant opinions about Mr. McLain are without visible means of support. He's a county commissioner and a good one. He has integrity and morals. He's not the anti-Christ as some might have you believe.

There's a saying that there's more devil in the self-righteous than righteousness in the devil. The Seminole County

Commission Chambers have seats not pews. Elected officials, not preachers adopt policy and set a budget in order to enhance our quality

of life.

Seminole County isn't heaven but it seems to be a pleasing stopover. We have nice schools, nice neighborhoods, nice places to work and play. Good men and women work each day to keep it this way. Elected officials. County and city employees.

For the past eight years, Daryl McLain has served his community well as a commissioner. He's been a champion not only to those in his District (which includes his hometown, Sanford) but to residents throughout the county.

As you will see on the editorial page of this weekend's Seminole Herald, we have endorsed Mr. McLain in Tuesday's Republican Party Primary. It's time to get the mud out of our eyes.

Russ White's column appears daily in the Seminole Herald.



Russ White

Mature driving program set for September

AARP's 55-Alive Mature Driving programs for motorists age 50 and older will be held several times in Seminole County during the month of September. On Sept. 12 and 13, courses will be at Altamonte Springs police station. On Sept.

14 and 15, at Sanford Senior Center. Sept. 21 Sept. 22 at Casselberry Senior Center, and Sept. 25 and 26 at both South Seminole Hospital and Florida Rehab.

For additional information or times, call 407-302-1010.

Mother disagrees that abusive boyfriend's ways have changed

DEAR ABBY: Last fall, my live-in boyfriend was abusive to me. My parents chipped right in and helped me move back to my hometown. They were wonderful and supportive even though I'd let them down in the past. They even bought a house so my children and I would have somewhere to live.

This boyfriend went to classes, did a lot of praying and I believe he's actually changed. I really do! Abby, he's the father of one of my children. We've started seeing each other and it really feels right. We want to get married.

My mother refuses to accept that he could have changed, and makes it clear she doesn't approve. She says if I get back together with him, they will have wasted all that time and

money they invested in bailing me out. She says it's my low self-esteem that makes me want to see him.

I don't know how to resolve this. I'm in my late 30s yet I still want my parents' approval. Please help.

DAUGHTER OF AN IRON-WILLED IOWA MOM

Dear Abby

DEAR DAUGHTER: Your mother knows you better than I do. She loves you and doesn't want to see you hurt again, and I can't fault her for that.

Daughter, I'm extremely skeptical about your chances of success in this relationship. If you decide to pursue it, I wish you the best of luck because I'm convinced you're going to need it.

A small percentage of abusers — those who are truly determined and self-motivated — can change if they receive long-term counseling. Only time (at least another year of counseling) will tell if this leopard has been able to change his spots.

Under no circumstances should you reconcile with him unless you maintain financial independence. That way, if he should backslide, you won't have to depend on

anyone to bail you out. Should you decide to marry this "prize" I urge you to have a rock-solid prenuptial agreement so that you will be taken care of.

So your parents feel they have not "wasted" the money they invested in trying to help you, sell or rent the house and give the proceeds to them.

booked."

ALREADY WORKING (THANK YOU VERY MUCH)

DEAR ALREADY WORKING (TYVM): You're a clever woman and you may have devised a method from which other stay-at-home parents can benefit.

DEAR ABBY: A good friend of mine was married recently, without a traditional reception. I have now been invited to a postnuptial reception for the couple. Does a postnuptial reception carry an obligation to send a gift?

BOB IN OHIO

DEAR BOB: Yes, it does. If you attend the reception, a token of your good wishes is in order.

For everything you need to know about wedding planning, order "How to Have a Lovely Wedding." Send a business-sized, self-addressed envelope, plus check or money order for \$3.95 (\$4.50 in Canada) to: Dear Abby, Wedding Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. (Postage is included.)

© 2000 UNIVERSAL PRESS SYNDICATE

Classic CHEVROLET

Commercial Truck Sales

All Your Commercial Truck Needs Sales • Parts • Service

We Sell Smiles! Over 200 In Stock Ready For Immediate Delivery

For Appointments Call: **877-464-4128**

940 State Road 434 South Altamonte Springs, FL 32713

Financing and Leasing Available

Sales Hours: Mon.-Fri. 8:30am-5:30pm Sat. 9:00 am - 3:00 pm Service Hours: Mon.-Fri. 7:00-6:00 Sat. 8:00 - 5:00

LOTTERY

Here are the winning numbers selected in the Florida Lottery:

Fantasy 5 (Aug. 31) 6-7-15-18-26

Lotto (Aug. 30) 7-11-14-17-28-45

Mega Money (Aug. 29) 3-13-21-22—Megaball 20

Aug. 31 Play 4 1-1-4-6 Cash 3 7-0-0

ACE HARDWARE WE'VE GOT THE STUFF FOR ALL YOUR HONEY-DO'S

Wild Bird Food Formulated from 50% millet, 25% milo, 10% sunflower, 7% cracked corn, and 5% wheat. **\$2.99**

Pine Bark **\$1.77** bag

Your Choice Diazinon or Dursban Covers 5000 sq. ft. **\$5.97** 10 lbs.

PRESSURE WASHER RENTAL \$40.00

CARPET STEAM CLEANER \$12.00

Anti-Siphon Toilet Tank Flood Repair Valve \$5.94

32 Gallon Roughneck Trash Can \$8.88

18" Push Broom \$6.99

SALE ENDS 9-30-00

While You Wait! 20 lb. Tank \$8.95

LONGWOOD Hwy 434 & 427 339-4883

SANFORD 207 E. 25th St. 321-0885

CASSELBERRY Winter Park Dr. 339-7365

Life insurance especially for seniors.

Designed just for those between the ages of 50 and 80, this affordable Simplified - Issue Whole Life policy offers up to \$50,000 of protection - extra security for the ones you love. Applying for coverage couldn't be easier, there are no qualifying exams and only three health questions to answer. For a customized proposal, call our agency today.



Auto-Owners Insurance
Life Home Car Business The "No Problem People"

TONY RUSSI INSURANCE
2575 S. French Ave. Sanford 322-0285

Millennium Middle School Millennium Middle School will hold two PTSA/Open houses in September. Both programs will begin at 7PM in Millennium Hall. Tuesday, September 12 is the 7th and 8th grade program and Thursday, September 14th is the 6th grade program. Parents need to bring a copy of their child's schedule.

Banfield Funeral Home
Family Owned & Serving Central Florida For 10 Years
GUARANTEED LOWEST PRICES

Burial \$1,495	Cremation \$450	Transport Out Of State \$795
----------------	-----------------	------------------------------

We Accept Most Prearranged Funeral Plans
327-1500

Brisson Funeral Home
Loyal to those we serve and Dedicated to..

Providing the opportunity to pre-plan
Providing personalized service
Providing a professional and caring staff
Providing fair and competitive pricing

Brisson Funeral Home, the oldest established funeral home in Seminole County, has always been committed to serving the community.

Brisson Funeral Home
905 Laurel Avenue • Sanford
(407) 322-2131