

Sanford Herald

Serving Sanford, Lake Mary and Seminole County since 1888

88th Year, No. 37 - Sanford, Florida

NEWS DIGEST

Sports

Seminole girls shine

SANFORD — The Seminole High School girls volleyball team easily won its second straight Seminole Athletic Conference contest Monday night at Bill Fleming Memorial Gymnasium. See Page 1B.

People

Apple of your eye

An apple a day keeps the doctor away and also provides delicious eating. Midge Mycoff's Microwave column is filled with apple recipes prepared in a hurry. See Page 2B.

From books to boards

SANFORD — Next year's new homes may be built using this year's telephone books. Seminole County and other central Florida counties have begun their annual telephone book recycling drive. Locally, the books will be collected at Southeast Recycling in Longwood and taken to U.S. Gypsum in Jacksonville. There, the entire book will be ground into a mash that will be used to make the paper backing for plasterboard.

From now until Jan. 31, you may toss your old telephone books into your recycling bin for curbside collection. The program is available to both city and unincorporated residents. Apartment residents and businesses are asked to take their old telephone books to Southeast Recycling, 275 W. Marvin Ave. Businesses with at least 100 directories may call 330-9539 for information.

This year marks the fourth since the Seminole County recycling office and United Telephone began a pilot program in 1989. United recycling coordinator Sherry Newkirk said 100,000 lbs. of telephone books were collected the first year. That amount increased dramatically by 1991 when the cities joined the program. Nearly 543,000 lbs. of books were collected in the county last year, she said.

Newkirk said a lot of improvements have been made in the program since it first began. In 1989, the books had to be stacked in the same direction to allow slicing machines to remove the backing and covers, which "contaminated" the paper mash. Newkirk said telephone companies have changed the glue and ink they use and now, the entire book can be used.

Woman shares jackpot with boss

LANSING, Mich. — When Rita Downing borrowed money from her boss to buy a lottery ticket, she promised she would split the loot 50-50 if she won. Much to the surprise of both of them, her promise came true.

Downing, 36, says she learned her ticket won a \$14 million Michigan lottery jackpot on Friday.

"I threw the newspaper out Friday morning and then I thought, 'Better check the Michigan Lottery numbers,'" she said. "When I saw the numbers, I thought to myself, 'Nah, maybe we matched four numbers.'"

"So, I asked my husband to double-check them. I couldn't believe it."

Downing, who lives in Goheen, Ind., about 20 miles south of the Michigan state line, knew what she had to do.

Her boss, Larry Schiabach, president of Superior Rigging & Erecting Inc., said Downing called him Friday on his car phone to tell him the news.

"She was screaming, 'We won! we won!'" said Schiabach, 43. "I said, 'Won what?' She screamed, 'The Michigan Lotto jackpot! I didn't believe her, but then her husband got on the phone and said, 'You really did win.' I'm still in shock."

Compiled from wire and staff reports

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Cloud cover lingers



Mostly cloudy with a 50 percent chance of showers. High near 80. Wind northeast 15 mph.

For more weather, see Page 2A

Schools take charge

State allows administrators, parents, teachers more power

By VICKI DeBORRMAN
Herald Staff Writer

SANFORD — While the Florida Cabinet Tuesday approved the state department of education's accountability plan that will give schools greater freedom to meet state-mandated standards, the Seminole County school district has had plans underway to do just that for over a year.

A district-wide meeting of the School Advisory Committee (SAC) last month attracted more than 500 parents, teachers and administrators.

Florida's Cabinet voted to give more decision-making power over schools to local districts, teachers and parents, though some speakers objected to burdening districts and

“We want to have programs that better prepare students for the real world.”

—SBS Principal Gretchen Schapker

boosting education costs.

The Cabinet unanimously approved the Department of Education's Blueprint 2000 plan after Education Commissioner Betty Castor said the districts must shoulder new responsibilities if they want more freedom.

“We're going to set the standards and they're going to implement them in their own way,” said

former state Senate President Phil Lewis, D-West Palm Beach.

Barbara Spragg, who heads the Seminole County SAC, said she is excited by having everything firmly in place so that SACs at each school can move forward with their plans.

“Things will be much easier now that we have clearly defined parameters from the state,” she said.

Spragg said that little was changed from the draft of the proposed Blueprint so that the plans made are “right on target.”

Lewis chaired a 23-member Commission on Education Reform and Accountability, made up of education experts, school officials, parents and

See Schools, Page 5A

Mayor recaps the progress in Lake Mary

By NICK PFEIFER
Herald Staff Writer

LAKE MARY — Lake Mary is in a good and growing position, outgoing Mayor Randy Morris told businessmen this morning.

He spoke favorably during a State of the City address to the Lake Mary/Heathrow Chamber of Commerce.

Morris covered a number of subjects before speaking of the stalled construction on Lake Mary Boulevard. “This is probably the second most controversial matter that has come up in the past year,” he said. He listed the proposed closure of Broadmoor Drive, which went down to defeat, as the one that drew the most problems.

“The big conflict was over burying the power lines along the boulevard, which the city paid for,” he said. “Although higher costs were discussed, we ended up spending only \$1.1 million to bury them. That project, which the city did because of aesthetics and safety, is now 90 percent complete.”

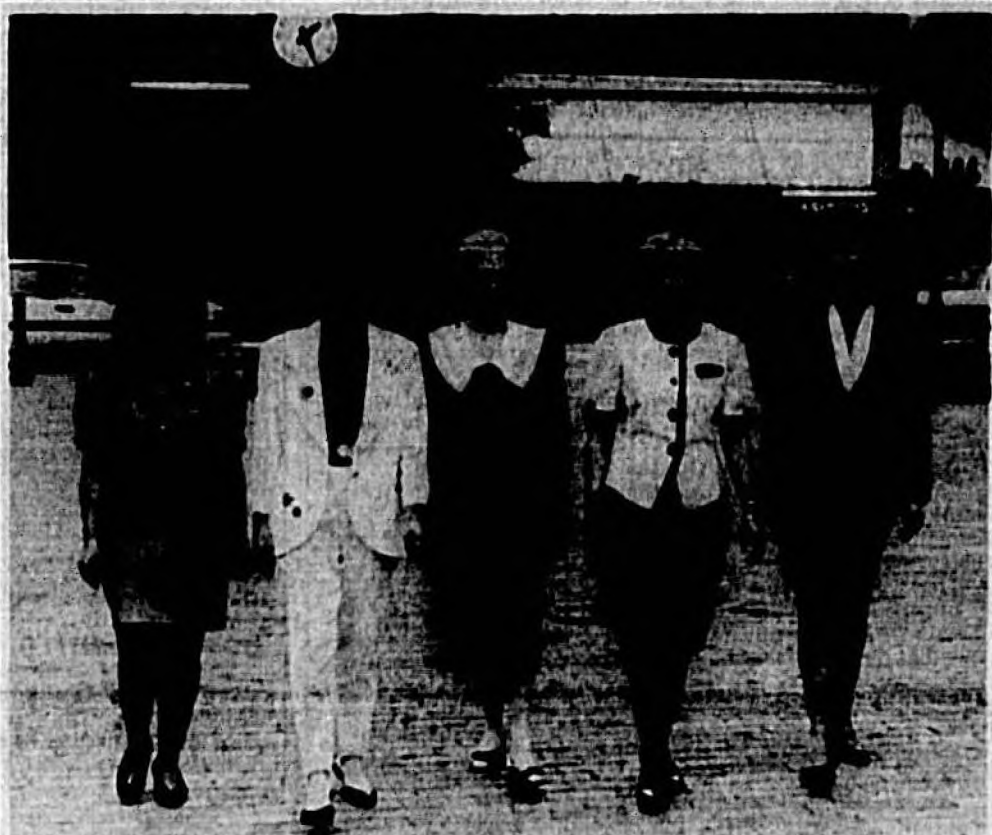
Morris compared the safety of the underground lines with South Florida, where thousands of people were without power when standing lines were knocked down during the recent hurricane.

He continued, “As for the actual construction, it's a county project, not a city project. Nobody is to blame for the work stoppage. It was Mahoney, the prime contractor, who couldn't pay his subcontractors, who caused the problem.”

“The matter is now in the hands of the insurance company,” he said, “and they will be turning it over to the county to be re-bid. It could take another 60 days to get that accomplished, but my estimate is that we won't see trucks out there until January.”

See Progress, Page 5A

Fashionscape



World Photo by Tommy Vincent

The unique outdoor fashion show and luncheon called “Fashionscape” will be staged tomorrow at Magnolia Mall in downtown Sanford from 11:30 a.m. until 1:30 p.m. The event is a fundraiser for the St. Lucia Festival and the Sanford Historic Downtown

Waterfront Association. With fashions from Lois' Place and Forever Fashions, left to right, are Carol Lamb, Sharon Baragona, Hazel Cash, Dottie Ramsey and Susan Rogers. A gourmet box lunch and prizes will also be available for \$10. Call 323-9178 for more information.

County assures merchants that boulevard work will resume soon

By NICK PFEIFER
Herald Staff Writer

LAKE MARY — Representatives of Seminole County assured Lake Mary Boulevard merchants disgruntled over road construction yesterday that work on the road would resume soon.

The county is meeting with an agent for the bonding company that insured the job this week.

Merchants had asked for the meeting to question the county about its role after the construction company hired for the project ceased work over financial problems. Merchants have said business along the torn-up boulevard is stagnant because of construction.

After each side explained their positions on the construction work stoppage, they agreed to cooperate by sharing information.

The County was represented by Commissioner Bob Sturm, who's district includes Lake Mary, County Manager Ron Rabun, Engineer Jim Pullen and Project

Manager Larry Sellers.

A dozen merchants led by Ken MacDonald and John Emanuel gave the merchants points of view on the problems caused by the construction stand-still.

“I can feel your frustration and concern,” Rabun said. “But this isn't a failure on the part of government entities. We have an unfortunate situation where a business failed, (Mahoney Construction Co.), and we now have to deal with the bonding company who insured the project.”

“David Daly, of the bond company, is currently in town,” Rabun said. “He's been dealing with the county attorney on fashioning an agreement that will put the bond into effect and get construction underway again.”

Rabun said he hoped the paperwork could be completed in time for the County Commission to consider any proposals at their next meeting.

One of the merchants asked, “Exactly how long before construction can actually get started again?”

See Boulevard, Page 5A



World Photo by Tommy Vincent

Cherie Scott

Aspiring doctor is merit scholar semi-finalist

By VICKI DeBORRMAN
Herald Staff Writer

SANFORD — Cherie Scott is one of the top students at Seminole High School.

Scott is the only student in Seminole County who was named as a semi-finalist in the National Merit Scholar Outstanding Negro Scholar competition.

To be named as a semi-finalist, a student must score in the top two percent among all African Americans taking the Preliminary Scholastic Aptitude Test (PSAT).

Scott said she scored a 176 out of 200 points on the test.

“She is one of the finest students we have,” said Principal Gretchen Schapker.

Schapker said she is very proud of Scott.

See Scott, Page 5A

Umpire-bashing helped form Seminole county

Chapter Four

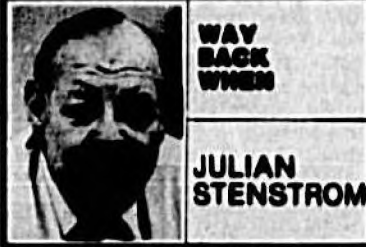
What did baseball have to do with dividing Orange County and creating Seminole County?

Plenty! During a 1912 baseball game between the visiting Orlando club and the Sanford nine, being played at Holden Park on French Avenue, a young man named Billy Beardall was catching for Orlando. Now, if that name rings your memory bell, again you may be right. There is a road on Sanford's east side known as Beardall Avenue. It's named for an early Sanford family name, Beardall. The family moved to Orlando and Billy played baseball

— not for Sanford but for Orlando.

During a particular ballgame young Beardall became irate with a decision by the plate umpire. The official's name was Roy Chittenden, a member of one of Sanford's most prominent families.

Before a crowd of some 1,500 fans, Beardall smashed Chittenden over the head with his catcher's mask. Fortunately cooler heads, it is said, prevailed to avoid what could have been a wholesale riot. Beardall was arrested by Sanford Police. He was charged and put before a rapidly assembled “Mayor's” court. Presiding over the court was Mayor



WAY BACK WHEN

JULIAN STENSTROM

Sanford's Lakagato Fourth of 11 parts

Spencer. But, since Spencer was also head of the local baseball association the mayor decided that no action should be taken against Beardall.

By the way, if you ever find See Lakagato, Page 5A

Seaplane project progresses

By **MIKE PFEIFER**
Herald Staff Writer

ing Area" from the FAA and Orlando Airports District Office.

SANFORD — Richard Hensch has been working on establishing a tourist seaplane operation in Sanford for over six months. The operation is now only weeks away from getting started.

During this past week, when winds were high and the waters of Lake Monroe were difficult for many powerboats, Hensch brought his plane in for a test landing. "The water was rough," he admitted, "but this Maule aircraft handles so beautifully and smoothly, that we know we won't have any difficulty."

In addition to the landing, Hensch said he wanted to make a run to the floating dock area where he will initially base the plane when operations get underway. "One thing I was very pleased with," he said, "was that people said they could hardly hear the engine as I pulled in." He added, "I promised that this would be one of the most quiet planes available."

Hensch originally proposed setting up his operation near the Osteen bridge, but later canceled the plans. He then took the proposal to the City of Sanford, for an operation on Lake Monroe, using the a dock area at the Monroe Harbour Marina for passenger loading and fueling purposes.

The paperwork involved in the operation has been extensive, but is almost complete. To date, he has received approval from the City to operate on the Lake and an agreement with Chuck Volk at the Marina for docking.

He has also obtained "Airspace Approval" from the Federal Aviation Authority and acceptance of a "Notice of Land-

"I have received word that the State license from the Department of Transportation, has been approved effective October 1st, so that's the end of obtaining permits for right now," he said.

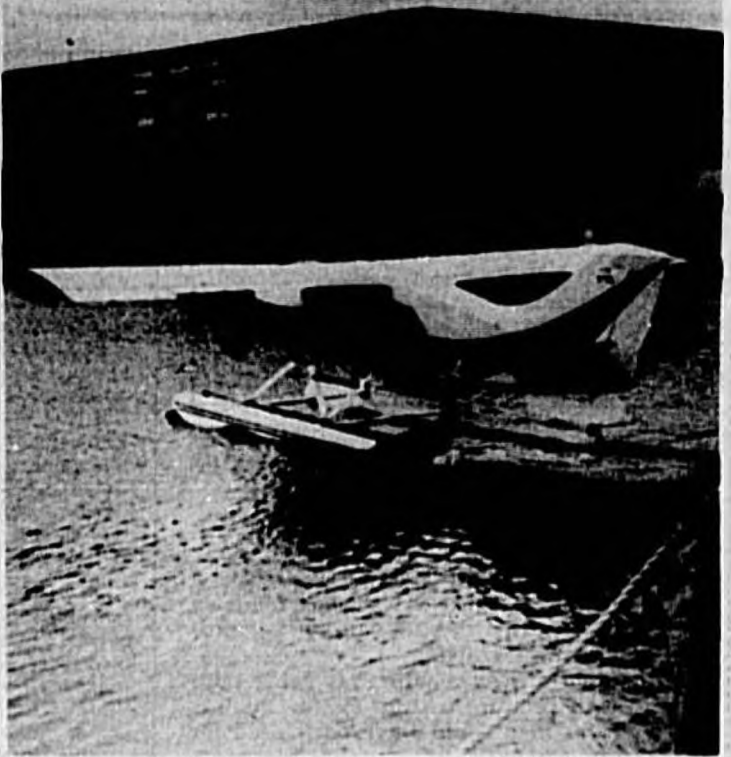
Hensch is an experienced pilot, including service with U.S. Navy aviation squadrons, and the posts of Flight Engineer and Director of Air Safety Standards for Pan American World Airways.

His involvement with seaplanes has continued since the early 1960's. He held the title of Pilot-in-Command for transport operations throughout the southeastern United States for Shoremaster, Inc. of Keystone Heights, Fl., from 1966 until mid 1989.

"I have been interested in starting a seaplane sightseeing service for many years," he said. "The idea of providing a sightseeing service with a seaplane offers the public a fun and educational tour."

His plans call for trips that allow views of nature, area attractions, and the entire Central Florida area, with individual flights tailored to consumer's wishes.

"I expect to start operations by mid October or the first of November," Hensch said. "And when I make my announcement, I will have a host of flights to propose for people who would like the adventure of seaplane flight and who want to see the beauty of the area from the air." "I'll also have some special surprises for the grand opening, and maybe a few new announcements to make for the future," he said.



Herald Photo by Mike Pfeifer

Richard Hensch landed his Maule aircraft calmly on Lake Monroe recently, during one of the days when the waves were high. He then pulled in to dock at the Monroe Harbour Marina.

POLICE BRIEFS

Three arrested at same address

Three people were arrested at the same Sanford residence Monday night. Edward Henry Jr., 45, and his brother, Melvin Bobby Mims, 40, both of 1865 Second Drive, Sanford, were charged with aggravated battery by Seminole County deputies. Both claimed the other threatened him during an argument, according to arrest reports. Also arrested was Elizabeth Kittrell, 36, of the same residence. Deputies found Kittrell was wanted on a charge of violating the terms of her probation for a battery on a law enforcement officer conviction.

DUI charged

Gary Frederick Merkel, 35, 1889 Crowley Circle, Longwood, was charged with driving under the influence of alcohol and leaving the scene of an accident with property damage by a Florida Highway Patrol trooper Sunday night. An auto accident victim reported Merkel's tag number for the vehicle that struck him and drove away.

Warrant arrests made

The following wanted persons have been taken into custody:
 •Cleveland Grubbs, 33, 2819 W. 18th St., Sanford, was served with a warrant at the Seminole County jail Monday. Grubbs was wanted on a charge of failure to appear at a hearing to answer to a battery charge.
 •Jimmy Dwayne Inman, 24, 79 Lake Monroe Terrace, Sanford, was arrested at the Sanford Police Department early Tuesday morning. Inman was wanted on a state Florida Parole Commission violation for a cocaine sale or purchase conviction.
 •James Arnold Barnett, 20, 2033 Palm Way, Sanford, was arrested at the Seminole County Courthouse Monday morning. Barnett was wanted on a charge of armed burglary and grand theft of a firearm.
 •Debbie Bonita Perry, 27, 1015 Bay Ave., Sanford, turned himself in to deputies at the Seminole County jail. Perry was wanted on a charge of violating the terms of his probation for a theft conviction.

Incidents reported to authorities

The following incidents have been reported to Seminole County deputies and Sanford police:
 •Construction equipment valued at \$1,800 was reported taken from a construction trailer parked at County Road 46-A and Banana Lake Road sometime between 9:30 a.m. on Sept. 21 and 9:30 a.m. Monday.
 •A total of \$1,000 in change was reported taken from several burglarized vending machines at Innovative Sales Inc., 1025 Miller St. near Longwood sometime between 6 p.m. Saturday and 8:30 a.m. Monday.
 •A total of \$1,350 of computer and office equipment was reported taken from Frens Enterprises, 2502 W. First St. near Sanford sometime between 6 p.m. Friday and 8 a.m. Monday.
 •Lawn equipment valued at \$530 was reported taken from the garage of a residence in the 100 block of Greentree Lane of Heathrow sometime between 6 p.m. Sunday and 7:45 a.m. Monday.
 •Cash and coins totaling \$1,420 was reported taken from a residence in the 1100 block of Alberto Street near Longwood sometime between 6 p.m. and 10:30 p.m. Monday.
 •A jewelry box containing undisclosed items was reported taken from a residence in the 800 block of Rosalia Drive, Sanford, sometime between 4 p.m. Friday and 8 p.m. Monday.
 •The store manager of Family Dollar Store, 413 E. First St., Sanford, reported a man took a swing at him as he was trying to stop him from stealing a \$119 stereo. The man got away, the manager reported.
 •Property valued at \$465 was reported taken from the TLC Day Treatment Center, 519 S. Palmetto, Sanford, sometime between 4:40 p.m. Friday and 8:35 a.m. Monday.
 •Three vehicles were broken into in the driveway of Noel Sterna, 2209 Grand Tree Court, Lake Mary, on Saturday. Nothing was immediately reported as missing.
 •An air conditioner, valued at \$2200, was reportedly taken from a construction site at 1280 Thorobred Trail, Sanford Trails Estates, in Sanford, on Friday.
 •\$75 in childrens clothing and two Chicago Bulls T-shirts were reportedly stolen from a food market at 1920 Southwest Road on Friday.
 •A truck, owned by Clair How, Winter Springs, and reported stolen, was located by Sanford police Saturday, in a parking lot at 3853 S. Orlando Drive.
 •A 1975 pickup truck, owned by Joseph Watkins, owner of Joe's Bar & Package Store, 1301 W. 13th St., was reportedly stolen from the rear of his business on Saturday.
 •A 1980 Chevrolet was reportedly stolen Saturday from the home of Janice Wheeler, 32 Lake Monroe Terrace.
 •A workshop at the Amtrak Auto Train area, 800 Perammon Avenue, was reportedly burglarized Sunday. An assortment of tools were said to be missing.
 •Pinecrest Elementary School, 405 W. 27th Street, was reportedly burglarized Sunday. Marie Lewis reported food, being held for hurricane relief in the cafeteria, had been disturbed, and two fire alarms had been extinguished.
 •Part of a central air conditioning compressor, two large gas cylinders, a refrigerator and space heater were reportedly taken between Friday and Sunday, from the home of Pat Bennett, 1301 E. 4th Street in Sanford.
 •\$734 in items were reportedly taken early Monday from the home of Darrell Walker, 1001-B Elm Avenue in Sanford.
 •A vacuum cleaner and a scale valued at \$100 were reportedly taken from an unoccupied home at 1105 E. 4th Street in Sanford. The home is owned by Leslie Shanahan of Altamonte Springs.
 •An assortment of tools were reportedly stolen Friday from a trailer at a construction site, 351 Bay Ave. in Sanford. The trailer is the property of Welbro Construction Company.
 •\$340 in property was reportedly taken Friday during a burglary at Park Avenue Batteries, 2487 S. Park Ave., in Sanford, owned by Herman Ising.
 •A burglary was reported to have occurred Thursday or Friday at Central Florida Supply Company, 2485 S. Park Ave., owned by Reginald Martin. Nothing was found to be missing.
 •Two TV's, a VCR and three remote control units were reported stolen Friday from the residence of Carol Stafford, 105 Brierwood Drive, in Sanford.
 •A vehicle owned by Florida Electronics & Transformers Co., 421 Cornwall, was reportedly stolen some time Friday.
 •Reginald Davis reported a \$2,000 ring was taken from the console in his vehicle on Saturday, while it was parked at a store at 1105 S. French Ave.
 •A vacuum cleaner was the only item reported missing in the burglary of Tabernacle Church, 950 W. 13th Street, on Saturday. Tommy White, who reported the incident, told officers entry was made by throwing a brick through the front glass door.
 •Sylvia Keyes, 401 W. Seminole Blvd., #89, told police she awoke on Sunday to see a man standing in her room. When she screamed, she said the man fled.

New zoo display about rainforest opens today

By **MIKE PFEIFER**
Herald Staff Writer

SANFORD — A new display is opening today at the Central Florida Zoological Park. The Rainforest display is to be inaugurated at 2 p.m.

According to zoo spokesperson Andrea Farmer, "This educational display includes photographs and informational graphics depicting the rainforest."

"The goal of this display, which will become permanent," she continued, is to demonstrate to zoo visitors the intricacies and importance of rainforests, the alarming rate of their destruction, the value of harvesting renewable resources, and how the destruction of this habitat relates to the destruction of the fragile ecosystems in Florida."

Representatives from the Florida Nature Conservancy will assist in unveiling a unique "Conservation Parking Meter" which it has donated to the event.

The parking meter is an innovation in fundraising, invented by Norm Gershenz, a zookeeper at the San Francisco Zoo, utilizing old and out-of-

service parking meters, placed at zoos and aquariums as collection points for money to help save the rainforests.

Farmer explained, "One hundred percent of the coins collected will go to purchase threatened habitats worldwide, and then maintain them as preserves for flora and fauna."

In addition to the Conservancy, other sponsors of the new exhibit include the Crealife School of Art, Artworks, and the Florida Division of Cultural Affairs through the Florida Arts Council.

The public is invited to attend the brief ceremony, which will include comments from Edward Posey, director of the zoo, and Cara Cannon, of the Nature Conservancy.

An animal encounter featuring South American rainforest animals will follow the ceremony.

The event starts at 2 p.m. Wednesday afternoon.

Admission to the zoo is \$5 for adults, \$2 for children 3-12, free for children 2 and under, and \$3 for seniors 60 and over. Zoological Society members are admitted free.

Sanford man charged with lewd and lascivious assault

DAYTONA BEACH — A Sanford man remained in custody today, charged with lewd and lascivious assault of a 13-year-old Deltona youth.

Jack Lawrence Leigh, 27, 3203 S. Orlando Drive, was arrested Monday in Daytona Beach by Volusia County investigators. At the time of his arrest, Leigh was on probation on a charge related to cruelty to

a child, according to a statement by Sgt. Jake Ehrhart. According to the statement, Leigh told his probation officer last week he had sexually abused children while on probation.

Leigh told investigators he had contact with three Deltona children, including the victim, a 14-year-old boy and a 12-year-old girl. An investigation is continuing.

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Dr. Larrain is now accepting patients and office hours are by appointment



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Public school menu

Thursday, Oct. 8, 1992
Chicken Nuggets
Oven Fries
Broccoli Normandy
Wacky Cake
Roll
Milk

CRIMINAL DEFENSE

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EDITORIALS

Nuclear reactors

The Department of Energy has dealt a crushing blow to America's civilian industry by killing plans to develop a second-generation atomic reactor.

Although the new reactor was being built primarily to produce tritium for the nuclear warheads, it also could have been used for peaceful energy purposes.

Unlike existing reactors, which may be used only to produce a single product such as tritium, the newest designs are multi-purpose. They can produce tritium and also simultaneously burn plutonium and generate electricity. An example of this state-of-the-art design is the modular high-temperature, gas-cooled reactor developed by General Atomics in La Jolla, Calif.

Energy Secretary James Watkins said the new reactor no longer was necessary because the Cold War is over and existing reserves of tritium are sufficient for national security needs. He rejected a proposal by the Senate Armed Services Committee that the reactor be used to burn plutonium from the Soviet weapons stockpile. The plutonium could have been used as a fuel to generate electricity.

After three years of research and \$1.2 billion in government outlays, Watkins has arrived at his decision to scrap the new reactor program on very narrow grounds. In reality, the new reactor was important not only for national security reasons but also to move the nation closer to energy self-sufficiency.

As recently as last year, the Bush administration's national energy strategy specified the goal of "developing standardized designs for 'next generation' power plants." It is hard to see how the Department of Energy's decision to spike the reactor program advances this important goal.

America's 112 nuclear energy plants provide 20 percent of the nation's electricity. The Department of Energy hopes to spur electrical production from nuclear reactors by 20 percent above the level otherwise projected for the year 2010.

This goal cannot be realized until a next-generation reactor design is standardized and utilities start to order new nuclear power plants. No plants were ordered during the previous decade. Eight licensed reactors actually shut down and 80 plants that had been ordered or were under construction were canceled.

If this were not enough to set the nuclear power industry back, utility companies were required by regulators to write off \$10 billion invested in aborted plants.

LETTERS

Remember pledge to flag

October marks the 500th anniversary of Columbus' discovery of the American continent. It also marks the 100th anniversary of the penning of the "The Pledge of Allegiance" to the American flag. In the centuries that followed Columbus native peoples and domains were conquered, colonial empires zoomed, commercial enterprise flourished.

The North American colonies were smothered by the tactics and repression of European "imperialism." They had no rights. They had no voice in their government. They had no freedom. They existed as pawns of a distant empire. Tired of being mistreated subjects, tired of dictatorial practices, tired of tyrannical attitudes, the oppressed colonists reacted. A new spirit was born...And then came "Revolution!"

Freedom became the goal...freedom to worship, and speak, and work, without restraint, according to each one's own interest and initiative. The colonists had created a new nation, which promised to become "one nation, under God, with liberty and justice for all." The American people have discovered what is most important in life — a democratic heritage of freedoms to guide them in their personal, political and economic lives.

However, the job is not yet complete. There is too much crime, too much poverty, too much drugs, too much economic uncertainty. Some of our cities have become quagmires of evil. Morals have deteriorated. Some would take "God" out of the "Pledge, out of the schools, out of the everyday conduct of work and activity. They confuse the constitutional guarantee of freedom of religion with freedom "from" religion.

We need a "New Revolution!"...A revolution of mind and spirit and attitude that will reemphasize the "spiritual foundations" which created the Declaration of Independence, the Constitution, the Bill of Rights. On this 100th anniversary as we recite the words, "I pledge allegiance to the flag of the United States of America, and to the Republic for which it stands," may we accent the significance of the following words "One nation, Under God, Indivisible, with Liberty and Justice for All."

Strengthening the spiritual foundations will help win the war against crime and drugs, and other discordant elements, which too often stain the flag of freedom and justice.

Chaplain Jim Speese
Lt Col USAFRet.
Altamonte Springs

BEN WATTENBERG

Pointed questions for debaters

On the surely correct assumption that no one will ask me, I hereby decline to be on any panels in the forthcoming debates. In absentia, I offer some questions for each of the likely players.

FOR CLINTON: Are you a liberal? (The old Michael Dukakis query, which, alas, has fallen off the screen at an important moment.) Is the Democratic Party liberal? Might a liberal Democratic Congress, and liberal appointees, overwhelm a Clinton administration, as happened to the Carter administration? Gov. Clinton, will your appointees be liberals? What will be the role of the non-liberal Democratic Leadership Council in staffing your administration?

Was the "Willie Horton" position of Dukakis correct? (That is: Should weekend furloughs be issued to murderers sentenced to life imprisonment with no possibility of parole?) Follow-up: If "no," why was it wrong for Bush to use the issue? Why do Democrats keep referring to "Willie Horton" and "Willie Horton issues" as if Democrats were right and Republicans were wrong?

Do you believe that the current economic slowdown (or "recession," if you prefer) will end on its own within the next year or so, if not sooner, just as the eight previous recent

recessions have ended, on their own? Follow-up: If not, why not?

Do you agree with the recent decision, by a Bush appointee, that the admissions procedures at the law school of the University of California at Berkeley foster "quotas" and discriminate against whites and Asian-Americans? Would a Clinton administration try to eliminate quota-style group preferences in American life?

FOR BUSH: Are you a conservative? Why do so many conservatives despise your views? Follow-up: If yes, and (as you say) Clinton is a liberal, who represents us moderates?

When you opposed the landmark 1984 Civil



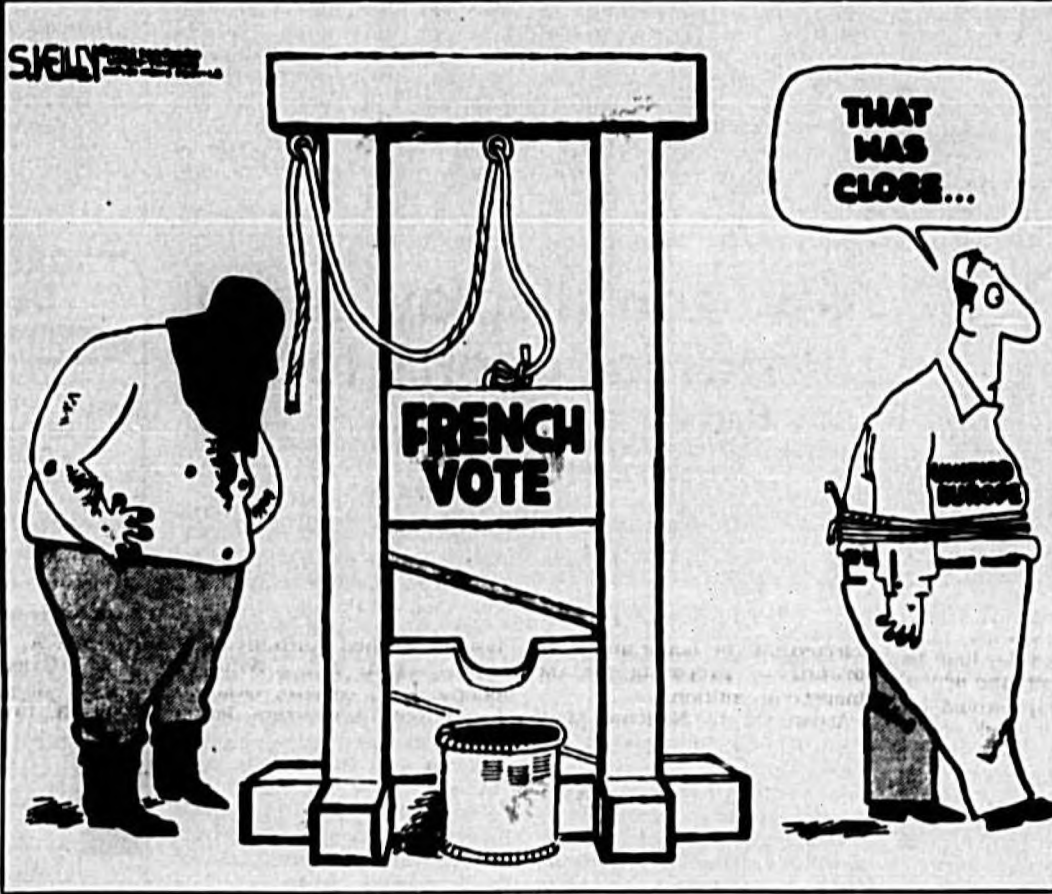
I hereby decline to be on any panels in the forthcoming debates.

Rights bill during your Senate race from Texas, did you believe in your own position? If not, and your actions only reflected political expediency how did it feel to speak out against your beliefs?

Mr. President, do you run your own administration? One example: Clinton says he favors a "Radio Free Asia." You say you do too. Yet your appointees at the Department of State vigorously oppose it. Who's in charge, you or them?

What were Republicans trying to say about "family values" at the Houston convention? Do you think values in America have eroded due to liberal policies and ideas? Has this erosion hurt America? If yes, why has your campaign "backed off" the issue rather than explain it? Is it because your campaign manager Jim Baker doesn't believe in it? Have you, and your campaign, been scared off the issue by the liberal media? Why should voters believe that Republicans have any real beliefs, or have the guts to govern?

FOR PEROT: You've said you have never attacked Bush personally, and only said of him "fine man, fine family." Just who was the little Texan with big cars who said earlier this year, many times, that George Bush started the Gulf War "to prove his manhood." Would you care to apologize?



JACK ANDERSON

Whose economic plan will work?

WASHINGTON — During the upcoming presidential debates, the candidates will grill each other on the most vexing problem facing the nation: Every morning when Congress starts work, the first thing it must do is borrow \$1 billion to spend on programs they have already authorized. How do voters separate fact from flim-flam?

President Bush is pledging to reduce the deficit by \$300 billion in his second term. Bill Clinton is promising to slash the deficit down to \$150 billion a year by his fourth year in office.

Many government and private economists believe that under either candidate's plan, the deficit would rise by more than \$100 billion — no matter which candidate wins.

The economic shock therapy of the Perot plan — he would eliminate the deficit through massive spending cuts and tax hikes within five years — is regarded as a dangerous gamble when the economy is in recession, and politically impossible.

"When you talk about reality you have an economic and political reality," says economist Tony Riley with the firm Gary Schilling and Co. "If Clinton's elected, his plan has a better chance of being implemented."

Some analysts believe that Clinton's plan is also more realistic. "If you look at the Clinton plan, it's really detailed," said David Wynn, chief economist with DRI/McGraw-Hill. "There are a few cases where we feel he exaggerated, but the numbers are realistic as you can expect from any campaign."

All the candidates are proposing spending cuts, but not in "entitlement" programs, where the bulk of the federal money is spent. These programs, such as Medicare, provide direct benefits to individuals, and it would be political suicide to propose cutting them.

None of the candidates has ascribed a reasonable dollar value to the cost of their programs and proposals, so top-level government economists from both ends of the political spectrum calculated it for us. President Bush, for example, has proposed three specific programs that would significantly raise the deficit: \$160 billion in tax cuts, \$100 billion in health-care programs and \$10 billion in job training.

Nevertheless, Bush claims that his spending cuts alone would lower the deficit by \$130 billion. Bush also claims that if he can institute his entire program, he will shrink the deficit by \$300 billion. But according to the government economists we spoke to, Bush's proposals would raise the deficit by at least \$140 billion next year.

And when these economists ascribed a dollar value to Clinton's proposals, they found that the deficit would be raised by the following amounts: \$140 billion for health care, \$134 billion for infrastructure, \$63 billion for education and job training and \$23 billion for welfare reform.

To pay for his proposals, Clinton pledges spending cuts lowering the deficit by \$108 billion, and a tax hike on the wealthy shaving an additional \$35 billion. The net effect of these proposals raises the deficit an estimated \$217 billion a year.

Perot's plan calls for cuts that take effect in January 1994, and promises to eliminate the deficit in the five years that follow. It calls for \$33 billion in cuts in discretionary programs like the space station, higher income taxes on the wealthy, the curtailment of Medicare and Medicaid expenditures and increased gas, alcohol and tobacco taxes.

ELLEN GOODMAN

The right to create a family

BOSTON — This is what passes for a happy ending after a sequence of family disasters. A 12-year-old boy has gotten what he wants.

Gregory Kingsley, sturdy and unshakable in the face of courtroom lawyers in Florida, has a new family, a new name and a new life. The boy who went from mother to father to pillar to post in the foster care system is now permanently home as Shawn Russ.

More to the point, the child who will be forever known as the son who "divorced" his parents, has grabbed a chance to reach his own goal: "I'm doing this for me so I can be happy."

Happiness is not guaranteed, of course, and happy endings do not always stay that way. It doesn't take a seer to wonder how he will wrestle over his lifetime with his new-old identity and new-old families.

But in its extended form, this was a story ripe enough for a Dickensian novel. There was enough family pathos to make the term "dysfunctional family" sound like an anti-peptic label in the dictionary of psychobabble. And everything has changed.

Now George Russ — a man neglected by his own father, a lawyer with eight children who met Gregory at a home for abused and neglected boys — has a new adopted son.

Now Rachel Kingsley — a high school dropout who gave birth at 19 to a premature Gregory, a divorced mother, poor, perhaps abused, certainly neglectful — has been legally severed from her son.

And now Jeremiah and Zachariah Kingsley — who also did time in foster care and live with the mother whom the court ruled neglectful — no longer have a brother named Gregory.

The importance of the case is not that it granted one boy a so-called "divorce." It's that for once, the sound of a child's voice was heard above the din of adult concerns. For once, when the family and the state both miserably failed him, a child was allowed to sue and speak for his own best interests.

The case, even more than the judgment, cast light on some hard dilemmas about families that fall apart and about a child welfare system with so many cracks that it lets the kids keep on falling.

It raised questions about when to support biological families and when to give up on them. About how much time a troubled parent may need to get his or her life together again, and how little time a child has. About the damage done when the state prematurely severs the ties between parent and child and the damage done when it takes too long.

These are not new issues. When Rachel

Kingsley portrayed herself as a mother whose chief crime was poverty, it struck a chord. She is not the first parent to express bewildered anger that the state would pay money for foster care when she could have used it for parent care.

When a stream of witnesses described her as a woman who drank and smoked marijuana, slept with men for money and left the kids for days on end, it struck a nerve. They are not the first neighbors, friends, or family members who want to rescue children.

When the state workers described the rock and hard place of their foster care mandate, it had a dismal familiarity. On the one hand, they are supposed to give priorities to biological families, allow parents time to restore their ties. On the other hand they are told that children should not languish in foster families.

But this time, the deciding voice belonged to the one person who was an expert on his life. It was Gregory who cut through the debate about neglect.

Whatever his mother's troubles or intentions, for 18 months of foster care, he testified, she never phoned or wrote: "I thought she forgot about me. I thought she didn't care about me." Whatever the pros and cons about biological families and adoption, he said with remarkably emotional clarity: "I just want a place to be."

I don't know how much of a legal precedent he has set. There are some 420,000 children in foster care. How many of those children can wind their way to or through the legal system? How many adults want to adopt them?

In some ways Gregory's story is a foster child's favorite fantasy. But it may have a greater impact on our national consciousness than our law.

We live now in a time of renewed emphasis on the importance of the traditional family, the biological family, parental authority. Children's rights are often dismissed as the dangerous and disruptive tools of people who want to destroy families.



The sound of a child's voice was heard above the din of adult concerns.

Sports

B

IN BRIEF

Rams host V-ball extravaganza

LAKE MARY — The Lake Mary girls and boys volleyball teams will play their yearly "volleyball extravaganza" today.

At 5 p.m., the girls' junior varsity will play Deltona, with the girls' varsity set to play the Wolves at 6 p.m.

At 7 p.m., the Maryonettes will perform before the boys' game with unbeaten, and Seminole Athletic Conference leading, Lake Howell.

The boys' team will also observe Senior Night with the senior team members being recognized for their achievements. Scheduled starting time for the Rams-Silver Hawks boys' match is 8 p.m.

SCC plans alumni baseball

SANFORD — Former Seminole Community College baseball players are being sought to participate in alumni weekend festivities scheduled for Oct. 23 and 24.

Raider diamond alumni wishing to take part in the event should contact the athletic department at 323-1450 (Sanford/Winter Park) or 843-7001 (Orlando), extension 210.

Longwood Softball

LONGWOOD — Lear-N-Associates, A-1 Plumbing and Players were the winners in Men's Tuesday Night Field #2 "C" Fall Slowpitch Softball League at Candyland Park.

Lear beat Big 10 Tire 10-4 and Players ripped Tropical Frozen Food 12-5. A-1 picked up a forfeit victory from Kena Plumbing.

Orangewood crushes Warner

MAITLAND — The Orangewood Christian Academy boys' soccer team, ranked sixth in the FACA state poll, smothered visiting Daytona Beach-Warner Christian Academy 11-1.

The game was decided by halftime with the Rams holding a 7-0 advantage.

Chris Hill paced Orangewood with three goals, while Scott Armstrong, Marshall Dickerson and Rex Dix added two goals each. Dix also contributed four assists.

Ben Mitchell and Camilo Ruan had one goal each and Ruan also had an assist as did Matt Lorman, Jakob Hadrick and Josh Somers.

The Rams outshot Warner 36-2 and had three corner kicks to one for the visitors. Ben Maynard came up with one save for Orangewood.

Orangewood is now 7-2-1 on the season and will play St. John's Country Day on Friday at Orange Park starting at 3 p.m.

Heat sign Miner

MIAMI — Miami's top choice, guard Harold Miner, signed a long-term deal and will join the team for the start of training camp on Friday.

Terms weren't disclosed, but according to published reports, the Heat's longstanding offer was a five-year, \$7.3 million deal.

Miner was the 12th player taken in the June draft. The former Southern Cal star has issued no demands about playing time on a team that made its first playoff appearance last April.

Miner, 21, led the Pac-10 in scoring last year with an average of 26.3 points per game. He's willing to play point guard or shooting guard.

The deal with Miner will allow the Heat to concentrate on negotiations with four unsigned veterans: Grant Long, Blimbo Coles, Keith Akins and Kevin Edwards. Second-round draft pick Matt Geiger is also unsigned.

Freshman Football

□ Lake Mary at Seminole, 5 p.m.

Junior Varsity Football

□ Lake Mary at Seminole, 7 p.m.

Swimming

□ Lake Brantley at Lyman, 4 p.m.

Boys' Volleyball

□ Lake Brantley at Oviedo. Junior varsity at 6 p.m. with varsity to follow.

□ Lake Howell at Lake Mary, 8 p.m.

□ Seminole at Lyman. Junior varsity at 6 p.m. with varsity to follow.

Girls' Volleyball

□ Deltona at Lake Mary. Junior varsity at 5 p.m. with varsity to follow.

□ Lake Howell at Bishop Moore. Junior varsity at 5 p.m. with varsity to follow.

□ Oviedo at University. Junior varsity at 6 p.m. with varsity to follow.

Compiled from wire and staff reports

BEST BETS ON TV

BASEBALL

□ 3 p.m. — WCPX 6, NLCS, game No. 2, Pittsburgh Pirates at Atlanta Braves, (L)

□ 8 p.m. — WCPX 6, ALCS, game No. 1, Oakland Athletics at Toronto Blue Jays, (L)

Complete listings on Page 2B

Riding the hit groove

Tribe rolls to rare romp in SAC sweep of Patriots

By DEAN SMITH
Herald Sports Writer

SANFORD — It was a great performance.

It was a terrible performance.

Depending upon which side of the court you were sitting on that would have been your impression of Seminole High School's 15-6, 15-5 victory over Lake Brantley in a Seminole Athletic Conference girls' volleyball match Tuesday night at Bill Fleming Memorial Gymnasium.

"From a coach's standpoint, those kind of games are nice," said Seminole head coach Beth Corso. "All you have to do is make sure everyone plays. I haven't had one like this in about three years."

This match was a "no contest" from the beginning as the Tribe jumped out to big leads at the start of both games and the Patriots never led in either game. In fact, Lake Brantley never got closer than 7-2.

"I liked the way we took control of the game early and kept it," said Corso. "It's scary when you get in one of those good grooves. You're always worried that your team will lose it. I can only remember one lapse tonight and we talked about it during a timeout and got our minds back on the game."

Seminole improved to 4-5 overall and 2-3 in the SAC. The second half of the conference schedule starts Thursday, with the Tribe hosting the Lyman Greyhounds at Bill Fleming Memorial Gymnasium. Junior varsity action starts at 6 p.m. with the varsity set for a 7 p.m. start.

The Patriots open the second half with of SAC play by hosting Oviedo Thursday.

Strong serving by senior Megan

Hay (three points) and junior Catherine Foye (four points) gave Seminole a 7-0 lead in the first game.

Julie Helmers gave the Lake Brantley faithful hope when she gave her team two service points, but the Tribe came right back to score the next five points to take a 12-2 advantage. Dawn Burks and Christy Oliver had two service points each during the run.

Seminole then had its slight mental lapse as the Patriots used good serving by Rachelle Poppe and mistakes by the Tribe to score the next four points to cut the lead to 12-6. But after Corso took the timeout, Seminole scored the final three points to close out the game.

The Tribe kept the momentum going in the second game as Oliver nailed three straight aces, and four overall, as they took a 5-0 lead. Seminole eventually built another 12-2 advantage, before Shil Campbell served three straight aces for Lake Brantley to interrupt the Tribe run momentarily. Sophomore Kelly Richards then served out the match for Seminole.

Burks and Hay led the way for the Tribe. Burks had two service points, six kills and two other winners, while Hay had three service points, one ace, six kills and one winner.

Also contributing to Seminole's win were Oliver (nine service points, five aces, one winner, 13 assists), Foye (five serves, one ace, two kills), Yuleyma Otero (five serves, one ace, one assist), Richards (four serves) and Jill Jaewic (two serves, one winner).

"Dawn Burks played extremely well," said Corso. "I'm glad the whole team got to play and contribute tonight."

□ See Seminole, Page 2B



Howard Photo by Pamela J. Shing

Catherine Foye ("Cat," No. 6) and Christy Oliver (No. 10) helped lead Seminole to a two-game sweep of Lake Brantley Tuesday night. Foye had an ace and two kills while Oliver collected five aces and 13 assists.

Silver Hawks get best of Greyhounds

By TONY BOESCHNER
Herald Sports Editor

LONGWOOD — Like mentor, like protege.

After Lake Howell's unartistic 15-12, 2-15, 15-11 win over Lyman in a Seminole Athletic Conference girls' volleyball match Tuesday night, Lake Howell coach Jo Luciano and Lyman coach Christy Tibbitts, who played for Luciano, stood at courtside shaking their heads in dismayed amazement.

Luciano was concerned that her Silver Hawks had won the match on attrition, scoring more points on Lyman errors than on their own attacks. Tibbitts was bothered by the fact that the Silver Hawks' game plan worked.

"It wasn't very pretty, was it?" asked Luciano rhetorically. "We play good defense, but we can't seem to get any sustained offense going. I was pleased to see the girls bounce back from a three-game loss to Seminole last week and come back from an 8-1 deficit in the first game."

Tibbitts, who is now 0-3 on the volleyball court against her ex-high school coach, could do little more than shrug her shoulders after seeing her Greyhounds (6-4, 2-3 in the SAC) squander an 8-1 lead in the first game, win the second game in a walkover, then fall into a 6-1 hole in the third

□ See Lake Howell, Page 2B



Howard Photo by Pamela J. Shing

Carrie Scranton (left) and the Lyman Greyhounds but still came out on the short end of a three-game decision as the Silver Hawks used solid defense to outlast the Greyhounds.

Hopkins wades by Mid-Florida

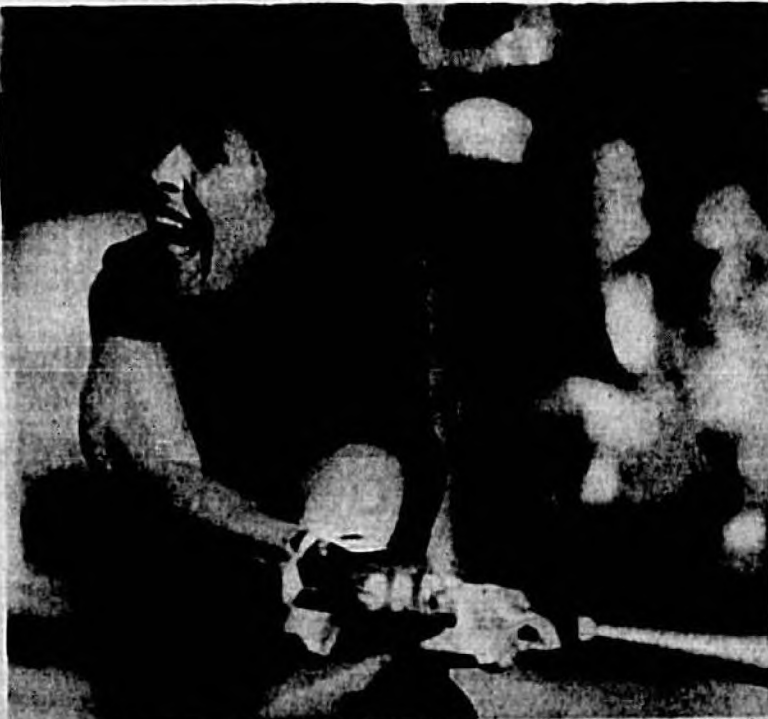
From Staff Reports

SANFORD — Rain? What rain? Hopkins Meat Packing didn't let a little wet and windy weather bother it Tuesday night as the two-time defending league champions recovered from a couple of off weeks (for them) to pummel Mid-Florida OB-GYN 18-3 in six innings in Sanford Recreation Department Women's Fall Slowpitch Softball League action at Pinchurat Park.

The second game went to Lake Mary Veterinary Clinic by the score of 7-0 when Greenleaf Landscaping didn't have enough players to field a team. The game is being protested however.

The scheduled game between the Lake Mary Rams and Beer:30 was

□ See Women, Page 2B



File Photo

Sharon Baker led Hopkins Meat Packing to an 18-3 romp over Mid-Florida OB-GYN by going 3-for-4 with two homers, a double, three runs and six RBIs.

Leader increases advantage

From Staff Reports

SANFORD — The Wheelch & Howard-sponsored softball team showed why it is undefeated in the Sanford Recreation Department Men's Tuesday Night Fall Class C Slowpitch Softball League at Chase Park, using a six-run sixth inning to rally from a 5-2 deficit and going on to defeat Briar Corporation 10-7.

The game was the only one of the three scheduled contests to be completed on the rainy, windy, cool night. The second game did get in three innings before the field became unplayable, with Riptide leading

□ See Men, Page 2B

Wheelch & Howard 101 000 3 - 10 13
Briar Corporation 221 001 0 - 7 12

People

IN BRIEF

Club sponsors organ, tissue drive

October has been designated as Junior Month. In observance, on Oct. 15, the Junior Woman's Club of Sanford will hold a business meeting at 7 p.m., followed by a delivery by Julie Miller, Public Education Coordinator for TransLife, as she kicks off the club's Organ and Tissue Donation Drive.

According to Kathy Krasnoff, TransLife is responsible for both the procurement and transplantation of organs in Central Florida. Her responsibilities include educating the public about donation and sponsoring community awareness projects. Guests are welcome.

Substance abuse discussed

SAFE, Substance Abuse Family Education, is conducting a "Families in Crisis" outreach program. Interested organizations wanting to contact the Life Savers Club of SAFE may call Libby Kuharske at 291-4357.

COPE to help families cope

COPE support group for families of mental health patients meets the first and third Wednesday of each month 7-8 p.m. at Crane's Root Office of the Seminole Community Mental Health Center, S-377, Altamonte Springs. Details, call Cheryl Werley, 831-2411.

Nar-Anon to meet

Nar-Anon meets every Wednesday at 8 p.m. at West Lake Hospital, 588 West State Road 434, Longwood. Nar-Anon is a support group open to families and friends of addicts. Daily living with an addict is more turmoil than you can handle by yourself. Join for support in coping with your addict; gain serenity to make decisions and put your life back in focus. Call 260-1600 for more information.

Al-anon gathers

If you know, or live with an alcoholic, there is help. Al-anon is an anonymous, non-profit organization, open to anyone who is a relative or friend of an alcoholic. Serenity Won Al-anon meets each Monday, Tuesday and Thursday, (Thursday non-smoking) evening at 8 p.m. Meetings are held in the back room of the Sahara Club, 2857 South Sanford Ave., Sanford. For additional meeting times and locations in the Central Florida area, or for more information, call 332-4122.

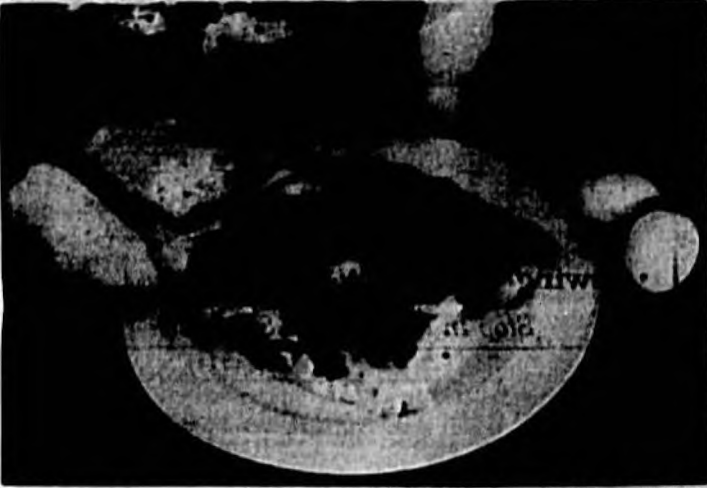


Photo by Paul C. Betsworth for New England Culinary Institute

Broccoli Casserole is a do-ahead dish.

Don't kill yourself preparing brunch

By **MARILINA CALTA**
NEA Food Writer

"Brunch is a killer."
So begins a mystery novel, "Dying for Chocolate," by Diane Mott Davidson (Bantam Books, 1992), a copy of which I received in the mail. The book begins with brunch, served by the caterer-heroine, Goldy Bear, who whips up a huge feast of fruit salad, cheese strata and macadamia-nut coffee cake. In the very first chapter. Unfortunately, her boyfriend dies shortly after partaking.

Anyway, I agree: Brunch IS a killer, although no one (knock on wood) has died after eating my cheese strata.

I find brunch difficult because much of the typical brunch fare -- eggs Benedict, for example, or pancakes -- requires me to work as a short-order cook, when I would much rather be sipping hot coffee with my guests.

Leslie Newman, author of "Feasts" (HarperCollins, 1990), rejects brunch altogether in favor of a meal she calls "dunch," being that it is somewhere between lunch and dinner, "closer to lunch, but not so close you will have to make a serious dinner later." Dunch, she says "is never eggs Benedict."

I applaud Newman's efforts. But every once in a while, I somehow get cornered into

making brunch. And the gathering that seemed like such a good idea when planned midweek suddenly, in the clear light of Sunday morning, becomes a chore.

What follows is a small collection of do-ahead recipes, which will liberate you from the kitchen and enable you to enjoy a bit of your own party. The first two work especially well, like the hapless Goldy Bear's strata, with fruit salad (or spinach salad) and a quickbread. The pancake goes nicely with a citrus salad and yogurt.

As for Goldy and her boyfriend's mysterious death -- well, it would be a grave literary transgression to give away the ending. All I can say is that the caterer didn't do it.

EGG, CHEESE AND BROCCOLI CASSEROLE
3 tablespoons butter
1 loaf slightly stale French bread, cubed, to make 3 cups
8 large eggs
3 cups milk
3 tablespoons flour
1 tablespoon dry mustard
1/2 pound Cheddar cheese, grated
1 1/2 cups broccoli florettes, blanched
In a large skillet over medium heat, melt butter and toss in bread cubes, stirring until coated

See Broccoli, Page 55

Cook of the week

Bachelor's specialty sure to wow lady friends

By **BILL FRIEDMAN**
Herald Correspondent

A lifelong bachelor must learn to cook from necessity, says Hewie Poplock of Longwood. He learned, he says, when he tired of frozen dinners and eating out...and when the first microwave oven appeared on the scene.

His ambition as a young man was to go into radio and television, he says, and went to a teacher's college to further that career. When he graduated cum laude, he was offered a job, and somehow the ambition to work in radio fell through the cracks, as he spent the next five and a half years in the teaching field.

Poplock moved from upstate New York to Florida in 1970, leaving his career of teacher by day; bartender by night.

"I built them up during the day, and tore them down at night," he jokes, but actually he was very serious about teaching, and has fond memories of his years as a teacher.

"I just knew if I didn't do something different at that point in my life, I might regret it, and I knew I could always quit and go back."

He came to Florida and went to work from 8:00 p.m. to 8:00 a.m. as a bartender. He chose bartending, he says, because teaching obligated him for a year and didn't provide the same freedom as bartending. Bartending, also, proved to have its own ties, though, and Poplock ended up in management and traveled the state for the next 22 years on behalf of a large liquor distributor.

He became interested in computers when he wandered into a computer store in 1978 and saw a 9-year-old playing with one. "I figured if he can do it, I can do it, and I wanted one," he says.

Poplock bought one and taught himself to operate it, incorporating it into his avocation with various shareware programs geared to restaurant operation, and as computers advanced, so did his interest. He joined several computer clubs, serving as an officer and director



Photo by Tommy Whelan

Hewie Poplock uses a microwave oven frequently to whip up great dishes.

in most, collecting more and more programs, and bigger and better computers as he went along. He started a bulletin board in 1988 in Clearwater, while still employed in the liquor industry, naming it FAB for Food and Beverage, he says.

When he quit the liquor industry and went into computer work full time, Poplock moved his bulletin board to Central Florida, renamed it FABulous, and eventually located it in Longwood in April of 1992.

"I like to do a lot of different things," he says. He admits that his interest in computers was a surprise to him, though. "I was not interested in anything scientific as a child and if someone had told me I'd be doing this now, I'd have said it would never happen."

That first long-ago radar range was as primitive as his first

computer, and had just two settings, he says: one for an hour and one for 10 minutes. "It had no high, and no low. It was either on or off," he says, and he wore it out. His new one has "all the bells and whistles."

He enjoys cooking, but finds it difficult to do for one person, he says, so he doubles or even triples even the single recipe, and then freezes meal-size portions for later use.

"If I'm going to cook and do dirty dishes, I'm going to do a lot," he says.

He's collected a number of recipes over the years, including one special one he reserves for dinner for two. He still has his original copy, made for him by one of his students during the late '60s. The yellowing recipe printed on ruled school paper, is for Beef Burgundy, which Poplock recommends for any of

you single males who'd like to prepare a special dinner for a lady friend.

BEEF BURGUNDY
(Serves 4)
1 1/2 lbs. Beef round steak, 1/4 inch thick
2 Tbsp. all-purpose flour
2 Tbsp. butter or margarine
1/4 cup coarsely chopped onion
2 tsp. finely snipped parsley
1 small clove garlic, crushed
1 small Bay leaf
1/2 tsp. salt
Dash pepper
3 oz. can whole mushrooms, drained
1/4 cup Burgundy wine
1/4 cup water
Cut steak into bite-size pieces. Shake with the flour to coat being sure all flour is used. Melt butter or margarine in skillet. Brown steak pieces on all sides.

See Cook, Page 55

Americans proclaim affection for versatile, nutritious apple

Since the days of Johnny Appleseed, Americans have held the apple in high esteem. American as apple pie, an apple a day keeps the doctor away, the apple of his eye, etc. All proclaim our affection for this versatile, nutritious fruit.

Fresh, out-of-hand fruit juices and cider, vinegars, sauces, butters, jellies, pies, dumplings, strudels, cakes, cookies and candy all can be made from apples. If you've been in northern Virginia, Pennsylvania, New York or Ohio in the fall of the year, you no doubt have tasted some or all of the above.

The high water content of a fresh apple makes it a good choice for microwaving. Prepare these apple desserts as the fresh crop is appearing on our produce counters.

This recipe for a quick dessert for one is much like the old fashioned baked apple.

APPLE DESSERT

(One Serving)

- 1 apple
 - 2 Tbsp. sugar
 - 1 Tbsp. flour
 - 1/4 tsp. cinnamon
 - 1 Tbsp. chopped nuts, if desired
 - 1 tsp. butter
- Slice apple into 2-cup glass casserole or dish. Combine sugar, flour, cinnamon and nuts; mix well. Sprinkle over apples. Dot with butter. Microwave on 100 percent power, uncovered, 2-2 1/2 minutes or until apples are tender, stirring once.

The applesauce at our house is always homemade and for the last 10 years I've made it in the microwave oven. I no longer can bushels of apples, just make enough for a meal with perhaps a little left over.

Use some of your extra "sauce" for a cake that is a good snack and a coffee cake too.

APPLESAUCE CAKE

- 1/2 cup cooking oil
- 1/4 cup packed brown sugar
- 2 eggs
- 1/4 cup sweetened applesauce
- 1 1/4 cups unsifted all-purpose flour
- 1/2 tsp. soda
- 1/4 tsp. baking powder



MICROWAVE BASIC

MIDGE MYCOFF

- 1/4 tsp. salt
- 1/4 tsp. cinnamon
- 1/4 tsp. nutmeg
- 1/2 cup raisins
- 1/4 cup chopped nuts

Topping:

- 1/2 cup packed brown sugar
 - 3 Tbsp. butter or margarine
 - 1 Tbsp. milk
 - 1/2 cup flaked coconut
- Blend together oil and brown sugar. Beat in eggs, once at a time. Blend in applesauce. Add flour, soda, baking powder, salt, cinnamon and nutmeg; mix well. Stir in raisins and nuts.
- Grease bottom only of 10x6-inch or 8-inch square glass baking dish. Pour in cake batter; spread evenly. Microwave on 50 percent power, uncovered, 8 minutes. Then microwave (100 percent) 2 1/2-3 minutes or until no longer doughy. rotate dish once. Set aside.
- Combine brown sugar, butter and milk for topping in 2-cup glass measure. Microwave on 100 percent power, uncovered, 1 1/2-2 minutes or until bubbly, stirring once. Stir in coconut. Spoon onto cake and spread carefully to cover. Cool.

This apple and nut cake is delicious served with warm rum flavored sauce.

FRESH APPLE CAKE WITH RUM SAUCE
1/4 cup butter or margarine
1/4 cup packed brown sugar
1 egg
2 cups chopped cooking apple
1/4 cup unsifted all-purpose flour
1/2 cup unsifted whole wheat flour

See Apple, Page 55

The following births have been recorded at Florida Hospital, Altamonte Springs:
Sept. 8 - Erika Cronk and Otto Puttin II, Sanford, girl; Rosemarie and Peter Montini, Winter Springs, boy; Teresa and John Leonard, Sanford, girl.
Sept. 9 - Debra and Joseph Giardino, Lake Mary, boy.
Sept. 10 - Kimberly Krenn and Michael Nieves, Altamonte Springs, boy.

The following births have been recorded at HCA Central Florida Regional Hospital:
Aug. 29 - Deborah L. and Robert M. Guenther, Sanford, girl.
Sept. 2 - Mary A. and Jeffrey P. Micika, Winter Springs, girl; Robin G. and Victor W. Michl, Lake Mary, boy; Jacquelyn K. and Arthur C. Smith Jr., Oviedo, girl.
Sept. 4 - Barbie K. and Larry E. Nettles, Sanford, girl.
Sept. 9 - Teresa M. Cline and Adrian L. Hodges, Sanford, boy.
Sept. 10 - Katherine Mikowaki and Robert Taylor, Sanford, boy.
Sept. 13 - Tamelo L. Mackeyroy, Sanford, boy.
Sept. 14 - Teresa L. and Donald E. Roberts, Sanford, boy; Claster A. and William P. Bernard, Sanford, girl.
Sept. 15 - Melissa K. and David A. Cruikshank, Altamonte Springs, boy; Carolyn E. Mahoney, Sanford, boy.

	COOKIN' GOOD FRESH FRYER DRUMSTICKS OR THIGHS	TURKEY BREAST	FRESH PORK SPARE RIBS	J's Meats We Accept Food Stamps 388 U.S. Hwy 17-92 125 E. St. of 485 Mon. - Sat. 9 AM - 6 PM 339-7337
	\$1.49	\$2.59	\$1.39	
	59¢ LB.		LB.	

BLONDIE



by Chic Young

BEETLE BAILEY



by Mort Walker

THE BORN LOSER



by Art Sisson

PEANUTS



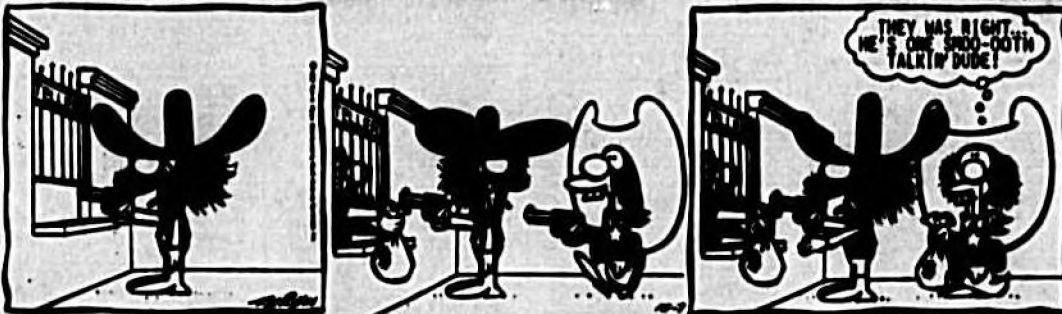
by Charles M. Schulz

EEK & MEK



by Howie Schneider

TUMBLEWEEDS



by T.K. Ryan

ARLO AND JANIS



by Jimmy Johnson

FRANK AND ERNEST



by Bob Thaves

GARFIELD



by Jim Davis

ROBOTMAN



by Jim Meddick

Patients can outgrow hypertension drugs

DEAR DR. GOTT: I've had high blood pressure for years and have taken many different drugs for control. Several months ago I began having severe blackouts or mini-strokes and would find myself on the floor with a new bruise from the fall. After several attacks I went to the hospital and was ultimately taken off all medication. Since then my blood pressure is normal and I feel fine. Can you explain what happened to me?

DEAR READER: From your brief description, I'd bet that you had syncope (fainting) from either low blood pressure (caused by the medicine) or heart irregularities (again, from the blood pressure medicine).

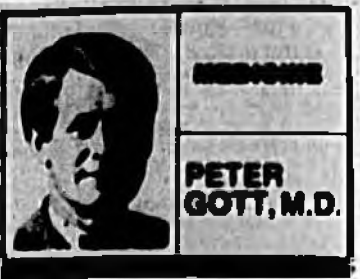
Hypertension in many patients is not permanent. Some people "outgrow" it, as they age. This is a primary reason why hypertensives have to get checked on a regular schedule. As the blood pressure falls, medicine has to be correspondingly reduced -- or stopped.

I have had several patients in my practice who, for years, required strong drugs for high blood pressure. Now that they're in their 70s and 80s, they need less -- or maybe, none.

In a similar vein, some patients are so over-medicated that they're fainting all over the place: Their loyalty to their doctors' instructions is exemplary, but unhealthful. After years of treatment, your hypertension probably moderated (for unknown reasons) and the medicine was literally too strong for you, causing periodic syncope. Possibly, the low blood pressure may have predisposed you to a cardiac irregularity or periodic slow pulse, when not enough steam got to the third floor, and you fainted. Now that you're off medicine, be sure to have your doctor check your blood pressure periodically to confirm that it stays in the normal range.

Patients on anti-hypertensive

drugs should really bug their doctors if syncope or lightheadedness appears. Such symptoms may be serious forewarnings of dangerous complications or injuries.



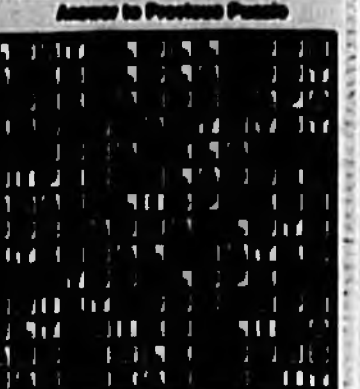
PETER GOTT, M.D.

ACROSS

- 1 Peg --
2 Foot
3 -- to into
4 -- off the old
5 black
6 Mineral
7 -- -- pie
8 Japanese
9 Japanese
10 Japanese
11 Type of
12 Japanese
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14 --
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20 --
21 --
22 --
23 --
24 --
25 --
26 --
27 Once more

DOWN

- 30 Actor wear-
41 Satchel
42 Cello group
43 Move in
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45 Satchel
46 Satchel
47 Satchel
48 Satchel
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51 Satchel
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- 6 Green onion
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WIN AT BRIDGE

By Phillip Alder
I remember losing a major match in England many years ago because my partner and I bid to a seven-club contract that went down only because the trump broke 4-0 offside. In the other room, our opponents had stopped in three no-trump. If we had bid six clubs, we would have won the match.

either 3-3-4 or 3-2-4-4 distribution, the slam would still succeed. After winning trick two with the club ace, South played a heart to dummy's ace and ruffed a heart in hand. The appearance of two honors on West suggested a doubtless, but perhaps he was false-carding. Now South cashed his two remaining spade tricks and the three top diamonds, ending in the dummy. When East discarded on the third diamond, South knew it was safe to ruff dummy's diamond eight in his hand.

Bridge hand diagram showing North, East, South, and West cards and dealer information.

NO SCOPE

By Bernice Bode Ouel
YOUR BIRTHDAY
Oct. 8, 1982
Even though times in general might be rather trying in the year ahead, your possibilities for success in your field of endeavor look very good.

21) You may be able today to find ways to improve or change situations that have been impeding your progress recently. Begin by tearing down the biggest barrier.
CAPRICORN (Dec. 22-Jan. 19) This is a good day to try to bring together two personal friends of yours who you feel should know one another. It's up to you to set the stage.

Don't be reluctant to verbalize your spontaneous thoughts to others today; they're likely to be witty, provocative and of real substance.
GEMINI (May 21-June 20) You have good bargaining skills today in areas that have a direct relationship to your work. Use them to make better deals for yourself.



by Leonard Starr