

FLORIDA IN BRIEF

Suspects In Professor's Murder To Plead Innocent

GAINESVILLE (UPI) — At least two of three youths indicted in the "ritualistic" killing of the University of Florida's "junk food professor" will claim they did not commit the crime, lawyers say.

Attorneys for Paul Everson, 19, and Shane Kennedy, 15, said Monday their clients plan to plead innocent in the slaying of nutritionist Howard Appledorf.

An attorney for Gary Bonn, 21, of New York, was expected to be appointed today.

The trio were indicted last Wednesday on first-degree murder charges. They could be sentenced to death if convicted.

Police said the 41-year-old bachelor's killers ate submarine sandwiches and guzzled beer during a "murder ritual" as Appledorf slowly and painfully suffocated.

Shuttle Crawls Out

CAPE CANAVERAL (UPI) — Technicians securely fastened the shuttle Columbia to a giant crawling machine for today's long trip to a launch pad for its first operational flight, scheduled to begin on Veterans Day.

The slow 3½-mile journey from the 52-story Vehicle Assembly Building to the launch pad was to begin before dawn, officials said. The trip should take about eight hours.

Meanwhile, the space agency announced today a West German will become the first foreigner to travel into orbit in an U.S. spacecraft next year when he joins five Americans on the first Spacelab shuttle mission.

Ulf Merbold, a native of Greiz, West Germany, was one of 53 European candidates competing for the coveted spot on the scientific mission. Merbold and Wubbo Ockels of the Netherlands were the two finalists for the spot.

Spacelab, a 23-foot-long orbiting laboratory, will ride into space in the shuttle's cargo hold. Unlike America's old Skylab, Spacelab will always remain in the shuttle and will not be left in space unattended.

WORLD IN BRIEF

Marines Are Ready To Return To Beirut

United Press International

U.S. Marines packed their gear today for a return to peace-keeping duties in Lebanon and demands mounted in Israel for an official inquiry into the responsibility for the massacre of hundreds of Palestinians in west Beirut.

In Beirut, Amin Gemayel, the brother of slain President-elect Beshir Gemayel, appeared the likely winner of today's presidential elections in parliament after former Lebanese President Camille Chamoun pulled out as a candidate.

President Reagan, speaking from the White House, said Monday a force of 800 U.S. Marines would once again join with Italian and French troops in Beirut to give Lebanon "a chance to stand on its own feet."

But U.S. officials said the tri-national force, which earlier this month supervised the evacuation of Palestinian guerrillas from west Beirut, will only be dispatched to Beirut if Israel approves.

In Israel, Israeli Prime Minister Menachem Begin, facing demands he resign and calls for an investigation of the responsibility for the massacre last week of Palestinians, convened his Cabinet today to discuss Reagan's proposal.

Rebels Get Proposal

SAN PEDRO SULA, Honduras (UPI) — "Commander One," the leader of guerrillas holding 82 businessmen and high government officials hostage, warned of "serious" consequences if negotiations over rebel demands fail.

Spokesman Amilcar Santamaria said the government sent counterproposals Monday to the eight to 10 guerrillas who grabbed the hostages Friday at San Pedro Sula's Chamber of Commerce in an attempt to win release of jailed leftists.

Santamaria refused to disclose details of the proposal, but one source said the government has warned "if they kill one hostage, all talks with the commission cease and there won't be any agreement with the government."

Altamonte Incumbents Have No Opposition

Two incumbent city commissioners in Altamonte Springs were assured of re-election when no opposition materialized before Monday's 5 p.m. deadline for qualification.

Incumbent Commissioner Lee Constantine will begin his third two-year term following the Nov. 2 election. Commissioner Bob Reis will begin his second term in the position which pays \$3,600 a year.

AREA DEATH

MRS. ROSA A. HALL

Mrs. Rosa A. Hall, 55, of 306 E. Fourth St., Sanford, died Sunday at Central Florida Regional Hospital. Born Feb. 21, 1927, at Harris, Ky., she moved to Sanford from Bucyrus, Ohio, in 1962. She was a homemaker.

Survivors include a daughter, Mrs. Geraldine Schwartz, of Bucyrus; four grandchildren; one great-grandchild; two brothers, Ralph Lewis, of Vanceburg, Ky., and Arthur W. Lewis, of Bucyrus; five sisters, Mrs. Ruby Bloomfield, of Harris,

Ky., Mabel Liles, of Cliniconick, Ky., Flora Bell Cooper, of Muncie, Ind., Anna Stone, and Bertha Redmond, both of Bucyrus.

Gramkow Funeral Home is in charge of arrangements.

Funeral Notice

HALL, MRS. ROSA A. — Funeral services for Mrs. Rosa A. Hall, 55, of 306 E. Fourth St., Sanford, who died Sunday, will be at 10 a.m. Wednesday at Gramkow Funeral Home chapel with the Rev. Fred Neal officiating. Visitation today 7-9 and 7-9 p.m. Gramkow Funeral Home in charge.

Disease Cure Sought

'Bubble Boy' Marks His 11th Birthday

HOUSTON (UPI) — The "bubble boy" celebrates his 11th birthday today, still awaiting a medical solution to the rare genetic disease that keeps him housed in a sterile plastic environment, untouched by human hands.

David, whose last name has been withheld to protect the family's privacy, is the world's oldest survivor of severe immune deficiency.

He has no natural defense against germs that could infect his body and swiftly kill him. He was born in a sterile environment and lives in a three-room plastic bubble in the family's home about an hour from Houston's Medical Center.

David's mother, Carol, and his sister Katherine, 14, invited the family priest and several of David's friends from school to attend his birthday party. David, who is keen on studying the solar system, space exploration and space flights, was hoping he would receive more Star Trek items and a computer game.

In an effort to allow David to grow up as normally as possible, his family will grant no interviews, a Baylor College of Medicine spokesman said.

But his doctors said the darkhaired boy has grown mentally, physically, emotionally and socially despite his isolated life. He has never felt the touch of an ungloved hand.

David "attends" school via a closed-circuit

television set and a telephone hook-up system that allows him to participate in class. A teacher also comes to his home for special tutoring.

He spends a great deal of time talking on the telephone to friends, who often visit him at home. Recently, they held a puppet show and poetry recital in which David had major roles. He also has learned to play the recorder for a class concert.

Several years before his birth, David's mother delivered another baby who died from the same condition. Fearful that the second child also might suffer immune deficiency, doctors delivered David under sterile conditions by Caesarean section and immediately placed him inside the bubble.

David's physician, Dr. William Shearer, said a new kind of bone marrow transplant is the only treatment that promises to give David the germfighting ability he needs to survive.

But, Shearer said, "the risks are too great" to consider the treatment until medical science can overcome the rejection problems associated with nonmatching bone marrow.

The transplant operation provides a person with bone marrow that will manufacture the two types of blood cells, called lymphocytes, necessary to combat infections and thwart the most ordinary germs.

Tallahassee Utility Customers Get Break

TALLAHASSEE (UPI) — The Public Service Commission has ordered the city of Tallahassee to drop a 15 percent surcharge it places on electric bills to customers outside the city limits.

But the commissioners indicated Monday they would probably accept such a surcharge if it did not exceed the utility tax charged to city residents.

The ruling could affect at least 15 other Florida cities that operate their own power companies and add a surcharge for

residents of unincorporated areas. In a related action, the commissioners unanimously accepted a timetable proposed by the city of Moore Haven to eliminate its utility surcharge.

Moore Haven agreed to drop its surcharge but city representatives indicated they would consider reimposing it in light of the commission's disclosure that it would accept a surcharge that does not exceed the local utility tax.

Tallahassee and the PSC have been fighting over the surcharge issue since 1980.

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Linescores

Major League Results By United Press International National League

American League

Leaders

Major League Leaders By United Press International Batting

Home Runs

Runs Batted In

Minor League Results

Monday's Sports Transactions

Foli's Cheap Homer Beats Gura, Royals

United Press International Tim Foli does the little things to win games like throwing his body into opposing fielders' to break up double plays...



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American League

Baltimore edged Cleveland 3-1. Minnesota downed Toronto 4-1. Texas routed Oakland 10-3 and Seattle beat Chicago 5-2.

At Milwaukee, Ben Oglivie tied the score with a two-out homer in the ninth inning and Gorman Thomas lofted a bases-loaded sacrifice fly in the 11th inning...

At Seattle, Bruce Buchte scored twice and Al Cowens drove in two runs to lead the Mariners.

Andujar, Sutter Reduce Cards' Magic Number To 8

United Press International Apparently it's much easier to criticize St. Louis pitching than to hit it.

"A lot of people malign our pitching staff but if it wasn't for them we wouldn't be where we are," the Cardinals' Tom Herr said Monday night after Joaquin Andujar and Bruce Sutter combined to reduce the Cards' magic number in the NL East to eight with a 4-1 triumph over the Philadelphia Phillies.

"Our offense hasn't been what we feel it's capable of," Herr said. "If not for our pitching, we wouldn't be there. The pitching has just been unbelievable."

At St. Louis, Sutter worked out of a bases-loaded jam in the eighth and pitched the ninth to earn his league-leading 34th save.

National League

without a loss against the Phillies. "We don't have a (Steve) Carlton or a big name but we've got Joaquin Andujar and Bob Forsch. Players around the league know who they are. There just hasn't been a whole lot written about them."

"You have to give them credit for making the pitches to get us out," said the Phillies' Mike Schmidt. "We don't have a team full of guys who are hot right now. Neither do the Cardinals."

St. Louis increased its lead to 4-0 in the fifth, highlighted by Hendrick's two-run double off the left field wall that gave him 101 RBI for the year and knocked out Philadelphia starter John Denny, 0-2. St. Louis scored its final run on an RBI single by Willie McGee.

At Chicago, Dickie Noles set a career high with eight strikeouts and scored an insurance run after collecting a seventh-inning double to lead the Cubs. Noles, who won his ninth game against 12 losses, pitched the first seven innings, giving up just five hits in helping the Cubs to their fifth consecutive triumph.

Braves Are Dead, Says Smith

HOUSTON (UPI) It's killing the Houston Astros to kill the Atlanta Braves title hopes.

The Astros would like nothing better than for the second-place Braves, who are three games behind Los Angeles with 12 games to play, to put on a miracle finish and deny Dodgers manager Tommy Lasorda a title.

Dickie Thon's double in the ninth inning of reliever Gene Garber drove in Terry Puhl from first base with the gamewinning run and handed Astros relief pitcher Dave Smith a win.

"There's no way for them to win it now unless the Dodgers completely fold. God, I feel sick for the Braves."

"The Dodgers are playing with more intensity. They're making more happen and making the plays," he said.

"He and Smith said some of that stems from what they perceived as a lack of fan support in Atlanta.

"The (Atlanta) fans don't deserve a championship at all. They had 9,000 people for a game the other night. That's incredible. The dodgers fans really get behind their players. Our fans really got behind us the past three Septembers," Smith said.

Scorecard

High School Football AAAA

Jai-alai Monday night results

Prep Football

High School Football AAAA (continued)

Cross Country

Girls 4A Post

College Football

NEW YORK (UPI) - The United Press International Board of Coaches Top 20 college football ratings...

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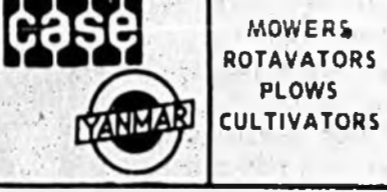
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Demonstrating use of martial arts weapons are from left, Rene and Teri Bourque, owner-instructors at School of Self-Defense and David Kolodzik, weapons instructor.

School Of Self Defense Has Students From 6-60

The Sanford School of Self Defense offers classes for children, men and women in self defense, Kempo Karate, Jujitsu and Kung Fu, as well as exercises and weight lifting.

Their students, ranging from 6 to 60 years, get individual attention from the owner-instructors Teri and Rene Bourque. The Bourques were married in New Hampshire on April 30 and the next day the left for Sanford, where they opened their school of the martial arts at 716 W First St. (two blocks west of French Avenue).

The program is slightly modified for older persons. They started out with seven students and now have almost 30. "Most have always wanted to get into the martial arts," said Teri. "I advise them to look around at the various schools in the area before they make up their mind and I give them a trial lesson. Everyone we have done that with is a student here today."

"Most want to get in shape (or stay in shape) and learn self-defense," she said. "Almost half of our students are women."

Good self-discipline and control are taught. The five rules for the school that everyone has to abide by include: effort, etiquette, sincerity, character and self-control.

"Our school is like a family and everyone gets along," said Teri. "They all help one another. Everybody recognizes everybody else's achievement and shares in their happiness."

Teri, who recently received her black belt, began studying 2½ years ago at a school in Massachusetts. She said she had brothers in the martial arts and had always wanted to learn. Rene, who has an orange belt, instructs exercise and weight lifting. Men's weapons classes are held on Fridays at 7:30 p.m. and women's at 8:15 p.m. David Kolodzik, of Deltona, who holds the second degree black belt, is the weapons instructor. He specializes in 13 weapons use and defense.

"We encourage people to come in and talk about the different programs available to suit their finances and goals. There are no contracts," she said. "By keeping a maximum of 10 students in a class we can deal on a more personal level. Students like that." Family rates are available.

The Sanford School of Self Defense has put on several public demonstrations and is glad to put on demonstrations for schools, businesses and organizations.

Classes are held Monday through Friday from noon to 9 p.m. and on Saturday from 10 a.m. to 4 p.m. For more information call 321-5751.

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With 27 years in the insurance industry, Mrs. Blair founded her own agency 11 years ago. The Blair Agency has been at the same location for the past seven years.

"Professionalism and service" are key words at Blair. The underwriters at Blair don't consider the agency a selling agency, they consider it a service agency in business to help people.

Blair specializes in writing non-standard insurance, the type of insurance which is difficult to acquire at some agencies; insurance for those who have traffic violations on their records and insurance for the young and older citizens of the community.

Package protection including liability protection, theft and contents is also available at Blair for owners and tenants of mobile homes.

The Blair Agency offers a special insurance package for senior citizens in the 50-by-75 year old bracket. The package includes automobile insurance and insurance on the senior's home. Savings of as much as 20 percent to 30 percent can be gained in certain insurance packages for qualified seniors.

Auto insurance can now be purchased at the Blair Agency in Sanford on a one-month basis. And financing is available for those who care to use it. This is in keeping with the agency's policy of complete service to its clients.

One of the first things the Blair Agency sees as a necessity for people buying insurance is that they receive complete information about the various types of insurance available. With this knowledge, clients can decide what is best for them.

The three professional underwriters at Blair are willing to talk with you on the telephone to help solve your insurance problems.

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When you visit Second Image in its new location in the Pine Crest Shopping Center on Highway 17-92 and 27th Street in Sanford, you will find plenty of parking space, much roomier facilities and an expanded inventory of fashionable merchandise.

Co-owners of the quality consignment shop, Margie and Aubrey Combs, relocated their store from South Sanford Avenue several months ago to the new location next to Medco Drug Store and Jewel T in order to better serve their customers. But they still have the same affordable prices.

You will find a large selection of children's clothing including a

sales rack marked down for clearance. Second Image has children's sizes from infant to boys size 20 and girl's size 15.

Second Image specializes in new and almost new women's and children's wear. Fall clothing is now on display including the popular western look. They have women's clothing from size 3 to 56. Fashions range from long and short formals to sportswear, including famous name brand dresses and designer jeans.

There are also accessories to complete your outfit such as handbags, scarves, jewelry and shoes.

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If you are looking for an outfit to wear to a "Fifties" party or a Halloween costume party, Second Image is the place to go. They can put together an outfit from their vintage collection. Last year they helped several customers put together costumes that won prizes.

Consignment items are reduced up to 25 percent after 30 days and up to 50 percent after 60 days.

Margie is always looking for new consignments in current styles and new and "like new" condition from local individuals and retailers. The price is agreed upon by the consignee and Second Image, which receives 60 percent of the sale price after the sale. Any items not sold may be picked up at the end of 90 days by the consignee.

Second Image also has beautiful large houseplants in pots and hanging baskets for sale. Visa and Master Charge cards are accepted and Second Image offers a convenient lay-away plan. The store is open Monday through Saturday from 10 a.m. to 5 p.m. and on Friday from 10 a.m. to 6 p.m. For further information call 323-9421.

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Anyone who has trouble hearing or understanding is welcome to have a test using the latest electronic equipment to determine his or her particular loss.
Everyone should have a hearing test at least once a year if there is any trouble at all hearing clearly. Even people now wearing a hearing aid or those who have been told nothing could be done for them can find out about the latest methods of hearing corrections.

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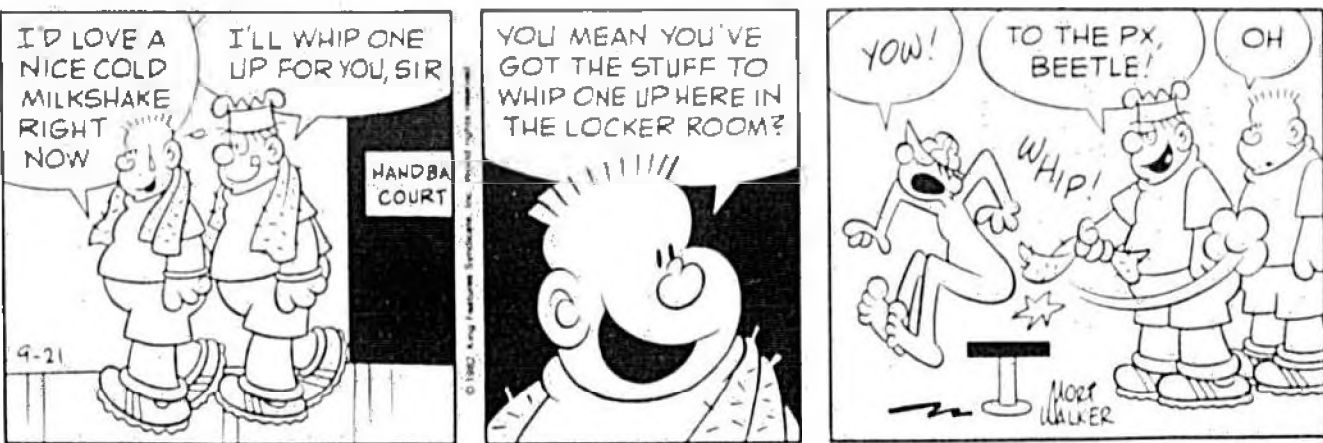
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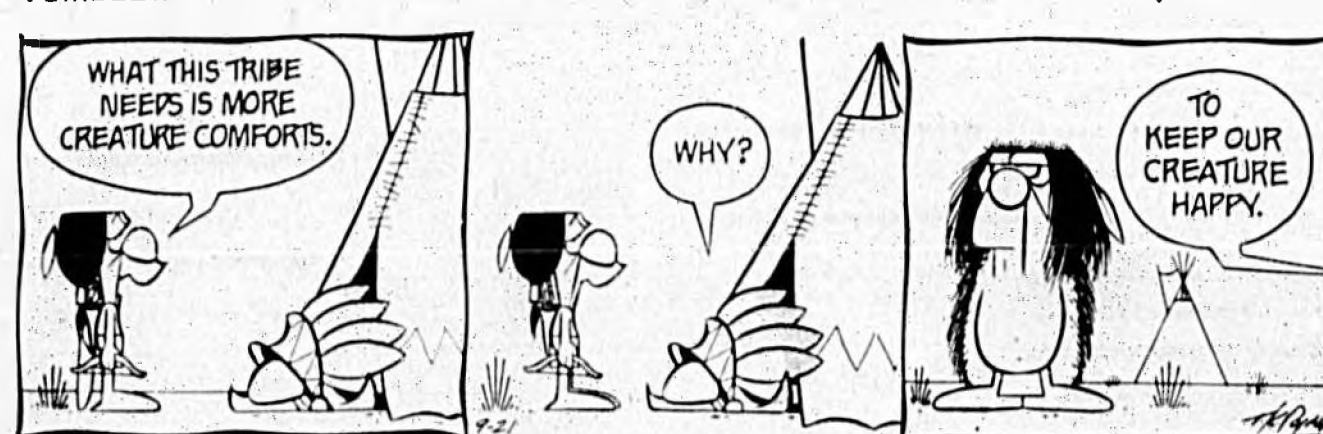
FRANK AND ERNEST

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TUMBLEWEEDS

by T. K. Ryan



ACROSS

- 1 In excess 45 Order
4 Base 47 Express
9 Bushy clump 49 Military
12 George Gershwin's brother 52 English poet
13 Proprietor 56 Same (prefix)
14 1957 science event (abbr) 57 Meteorological device
15 Women's patriotic society (abbr) 61 Upper surface
20 Senior 62 Sandwich type (abbr)
22 Make lace 63 Of arm bone
24 Three (prefix) 64 Light meal
25 Rugged rock 65 Urgent wireless signal
26 Parades 66 Parades
27 Navy ship prefix (abbr) 67 Urgent wireless signal
28 Raise 68 Modern appliance
29 Neuter pronoun 69 Bound
30 Skinny fish 70 Property right
31 Anger 71 Crawled with
32 Food served 72 Relies on
33 Playwright 73 Occasion
34 Coward 74 Raw materials
35 Recover 75 Lease
36 Rock growth 76 Shortly
37 Born 77 Long time
38 Family of medieval Ferrera 78 Onion kin
39 Within (pref) 79 Actor Sparks 38 Thing owed

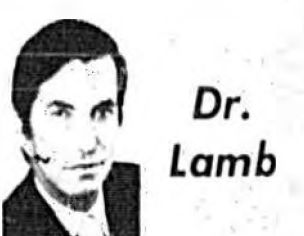
Crossword puzzle grid with numbers 1-55.

HOROSCOPE

By BERNICE BEDE OSOL For Wednesday, September 22, 1982

YOUR BIRTHDAY September 22, 1982
You may assume a whole new lifestyle this coming year, only to abruptly change it from time to time. Figure your objectives out in advance; then it won't be necessary to retrace your steps.
VIRGO (Aug. 23-Sept. 22) It isn't likely everyone at home can keep up with your schedule today. If you don't realize this and place unrealistic demands on them, sparks will fly. Find out more of what lies ahead for you in the seasons following your birthday by sending for your copy of Astro-Graph. Mail \$1 for each to Astro-Graph, Box 489, Radio City Station, N.Y. 10019. Be sure to specify birth date.
LIBRA (Sept. 23-Oct. 23) Better plan an itinerary before you venture into today's arena. Unless you control the show you'll find yourself retracing your steps quite often.
SCORPIO (Oct. 24-Nov. 22) Your aggressiveness in going after material goals today is admirable. However, unless you assess each step responsibly, you could outsmart yourself.
SAGITTARIUS (Nov. 23-Dec. 21) A continued burst of energy could compel you to start so many things today that you might find it impossible to finish any — and thus you'd accomplish nothing.
CAPRICORN (Dec. 22-Jan. 19) There isn't any doubt about what's on your mind today, but this could work against you if your comments are too cutting. Curtail caustic remarks.
AQUARIUS (Jan. 20-Feb. 19) Unusual conditions exist today which could cause any number of unpredictable occurrences. Keep your head when all about you are losing theirs.
PISCES (Feb. 20-March 20) It's good to strive to be original or inventive today, provided that you don't let irrational ideas overcome reason and intelligence.
ARIES (March 21-April 19) In your enthusiasm to try out one of your brilliant ideas today you could wander into unfamiliar waters. Check your compass often so you don't get in over your head.
TAURUS (April 20-May 20) Today may find you unraveling a financial tangle you created yesterday when you gambled on a flyer. Move deliberately. You should be able to smooth things out.
GEMINI (May 21-June 20) Again today you are running at such a pace that you may not step down long enough to feel the ground under your feet. Better slow down. There could be a cliff ahead.
CANCER (June 21-July 22) Not everybody is as quick, alert and creative as you are today, so be careful you don't come on so forcefully that you offend those who are not.
LEO (July 23-Aug. 22) Partaking in a strenuous sport or activity is exhilarating, but don't get carried away. Overindulgence could cause serious problems later.

Those Problems With Vitamins



DEAR DR. LAMB — I am concerned about all the vitamins put in our food such as milk, particularly vitamin A and D. The only margarine I can use is unsalted corn oil margarine and it has A and D in it. I have heard these vitamins can cause problems, especially for me as my gallbladder was removed five years ago. I'm 81, very active and want to remain so. Do you have any information on this problem you could send me?

DEAR READER — There is a constant debate about what should be done about vitamins. It is true that if you have too much of the fat soluble vitamins A and D in your diet or take too many that both can cause health problems. The point you make that much of our food already contains these vitamins is the very reason the Food and Drug Administration tried to get vitamin pills with large amounts of vitamin A and D banned.

If you are not taking additional vitamins or special preparations such as cod liver oil you shouldn't have to worry about an excess intake of either. An exception might be the person who really ate lots and lots of carrots. Then, of course, there is the problem of acute vitamin A toxicity from eating halibut liver or polar bear liver but most people need not worry about that remote possibility.

I would caution though that people should avoid vitamin preparations that contain more than 5,000 units of vitamin A or 400 units of vitamin D. That limit will usually be safe. And the chances that anyone will need more supplements of either A or D than that in addition to their diet are very remote. If they do they should take the extra amounts under a doctor's supervision and on his recommendation.

Vitamin A is very important to your health. So is vitamin D. Increased or even large amounts of vitamin D are sometimes used to promote calcium absorption in the treatment of osteoporosis

(dissolving bones) but that is an exception to its use in a healthy population.

The complications of excess vitamin A are included in The Health Letter 19-2, Vitamin A: An Essential Hazard, which I am sending you. Others can send 75 cents with a long, stamped, self-addressed envelope for it to me, in care of this newspaper, P.O. Box 1551, Radio City Station, New York, NY 10019.

DEAR DR. LAMB — Recently my husband and I have been gaining weight, though our eating habits and lifestyle have not changed. We have begun taking vitamins (E, B complex, Lysine), and it seems as though the weight gain began shortly thereafter.

My husband says he heard vitamins can cause a weight gain. Is this true? If so, will we continue to gain weight if we take the vitamins? Would it be better to stop them?

DEAR READER — The only way vitamins can cause you to gain weight is if you are ill from a vitamin deficiency and recover your health and nutrition by taking them. I doubt very much that the vitamins have anything to do with your weight gain.

Vitamins don't contain calories. Some of them, such as the B group, are important in the metabolic cycle to break down your food so the calories in the food are available. You usually have to have a rather severe vitamin deficiency to interfere with that process.

Review your diet and exercise program. You may need to increase your activity such as adding a daily walk, which would be a good idea anyway.

WIN AT BRIDGE

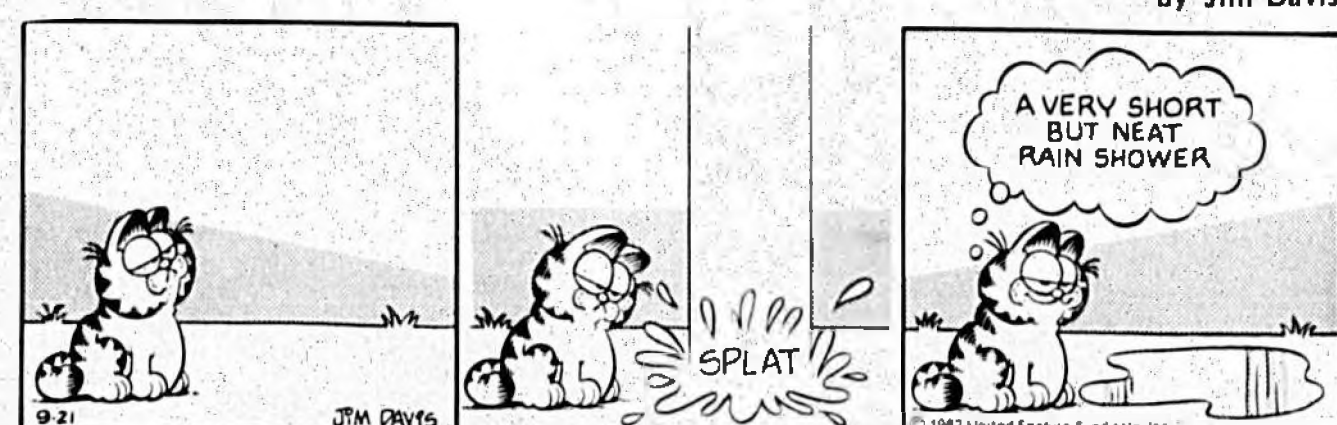
Bridge hand diagram showing North, South, East, and West cards and play sequence.

outside the trump suit and two highly probable losers in trumps. Still, there was no point giving up South knew that there was a book play that might let him get away with just one trump loser. At trick two he ruffed a heart. Then he led a low trump toward dummy. West went up with his king and led another heart. South ruffed that one, entered dummy with a club and led dummy's jack of spades. East was helpless. If he covered, South's ace would pick up West's 10. If he ducked, the jack would be allowed to ride and later on South would drop East's queen under his ace. Suppose West had played the 10 of spades on the first trump lead. West would have had to use his queen on dummy's jack and the ace would then pick up West's king. South was lucky to find West with the 10 and a high trump. That was only a seven percent chance, but any chance is better than no chance at all. (NEWSPAPER ENTERPRISE ASSN.)

By Oswald Jacoby and Alan Soniat South didn't like what he saw in dummy. It looked as if there were two sure losers

GARFIELD

by Jim Davis



ANNIE

by Leonard Starr

