

Sanford Herald

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NEWS DIGEST

INSIDE

Sports

Tourney begins today

The Lake Mary High School Rams and Lyman High School Greyhounds will begin play in the Pizza Hut Invitational boys' soccer tournament today.

See Page 1B

People

Gourmet cook returns home

SANFORD — After an absence of 26 years, Lois Major returned home to Sanford. While the family lived in Oregon, Major attended the Western School of Culinary Arts where she earned her culinary arts degree.

See Page 5B

BRIEFS

Murder warrant issued

SANFORD — A murder charge warrant has been issued for a Sanford man suspected in the slaying of his former girlfriend.

Seminole County sheriff's Sgt. Billy Lee said today the warrant for Juan Max Mata, 41, of 5924 County Road 427, was issued Christmas Eve. Mata, who is believed to have his son Andrus "Andy" Mata, 5, with him, is sought in connection with the death of the boy's mother.

The body of Doris Ramirez, 29, of Orlando, was found in Mata's abandoned house Saturday afternoon. Lee said she was slain, but the medical examiner has not released an official cause of death. The murder warrant was issued so if Mata is caught in another jurisdiction he can be held for Seminole County, Lee said.

Lottery takes a holiday

Lottery players were unable to play the Cash 3 game yesterday because the on-line system based in Tallahassee was turned off for Christmas, according to Ed George, the Lottery department's director of communications.

According to George, there has never been a Cash 3 drawing on Christmas in the three years the game has been in operation. George cited the fact that most of the 7,500 stores statewide with on-line systems were closed as the main reason for the lack of a drawing.

He noted also that it would not be cost-effective to keep the system open and to have the live, televised drawing when so few outlets were selling tickets.

"It would hardly be worth the expense to the state," he said.

He estimated that fewer than \$40,000 in sales could be expected on Christmas as compared with \$1 million in sales on a typical day.

"We also want to give those on-line system operators a day off to be with their families," George said. "They work 6 a.m. to midnight 364 days a year. We want them to be able to spend time with their families on Christmas."

Gunfire erupts on opening night

VALLEY STREAM, N.Y. — At least one gunman opened fire in a packed movie theater during an opening night showing of "Godfather III" wounding four bystanders, following an argument over noise, authorities said today.

The gunshots rang out about 11:50 p.m. Tuesday at the Sunrise Cinema in a New York City suburb and the wounded, including two teens shot in the head, were all innocent victims, said Nassau County police spokesman Howard Grandjean.

"There was a verbal argument between two groups of males when shots rang out," Grandjean said, adding no arrests were made.

The shouting match began 20 minutes into the screening of the film, which opened nationwide on Christmas day, and the gunshots sent about 700 viewers fleeing into the cold for safety.

Detectives did not know how many gunmen had fired shots but reported that all of those hurt were "innocent bystanders," Grandjean said.

From staff and wire reports

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Beautiful week ahead



Partly Cloudy

Partly cloudy with a high in the low 70s. Wind northeast 10 to 15 mph.

For more weather, see Page 2A

Christmas marked by war clouds, homeless, slow sales

By United Press International
Americans celebrated Christmas with traditional feasts and festivities across the nation while U.S. troops

struggled to preserve the holiday spirit amid war preparations in the desert sands of Saudi Arabia.
A slow Christmas shopping season did not dampen the spirit of

most Americans as they joined their families for holiday meals, caroling, religious services and acts of charity, but thousands of others, needy and hungry huddled in the bitter

cold gripping most of the country.
The possibility of war with Iraq clouded Christmas for the family and friends of the 280,000 Ameri-
□ See Christmas, Page 5A

DUIs fuel Madd-ness

By LAURA L. SULLIVAN
Herald staff writer

SANFORD — Donna Miller is angry. Although her voice is tempered with soft, southern, motherly lilt, she speaks her anger loudly. She wears her fury in big, dark eyes. And on the bumper of her car in shocking letters that spell out 13-year-old Donnie Terry's death: "A drunk driver killed my son."



On Dec. 15, 1989, the Sanford Middle School student was killed after a car driven by Samuel Charles Woodall slammed into the boy's father's truck on State Road 50 in Orlando. Woodall, who police confirmed had a high blood-alcohol content at the time of the collision, died one month after Terry's death as a result of injuries he sustained in the accident.

"In a way, it hurts that (Woodall) died," Miller said, fighting tears. "He never woke up. This man died and didn't ever know what he did. He never knew how he ruined so many people's lives."

Miller, a Seminole County school bus driver, has channeled her anger and grief through activism in the Central Florida chapter of Mothers Against Drunk Driving. A modern-day Carry Nation waving one of MADD's symbolic red ribbons instead of an ax, she is not the typical victim.

"Donna Miller and her entire extended family are very active in our chapter with volunteerism and as members," said Pat Oles, assistant to the administrator of Central Florida MADD. "They are not the norm. Most victim families do not get involved. They just have too much else to deal with themselves."

Miller's boldness about the drunk driving issue bothers some people, she said. For example, she noted, many people have told Miller the MADD bumper sticker on her car is morbid or disturbing.

"A lot of people ask me if it's for real," Miller said. Since Terry's death last year, donations have been made in his name to help strengthen MADD's presence in Sanford and Seminole County. His fellow students at Sanford Middle School raised \$500 in contributions to MADD.

"It's nice to know that the kids didn't forget," Oles said. "You think of kids just going on and not giving it a second thought."

The loss of her firstborn son is, to Miller, a tool for teaching others the real hazard of drinking and driving. This lesson, she said, is especially critical during the holiday season, when partying and alcohol are more prevalent. During the 78-hour Christmas holiday period

□ See MADD, Page 5A



Donna Miller makes points with her bumper stickers

Herald Photos by Tommy Wiggins

Alcohol tax gain means New Year's gloom

By STEVEN WEILBRONER
United Press International

WASHINGTON — On New Year's Day, Americans will wake up to sobering tax increases on beer, wine and distilled spirits.

The excise tax will double from 18 cents to 32 cents on a six-pack of beer, soar to 21 cents for a bottle of table wine now taxed at 3 cents, and increase from \$2 to \$2.16 on a fifth of 80-proof liquor.

Industry representatives, nervous that the tax measures could further erode steadily declining alcohol sales, say that although producers are assessed the tax, consumers will likely pay the piper.

"The tax is going to work through the system and fall on consumers," said Wade Stevenson, an economist with the

□ See Tax, Page 5A



Donnie Terry's grave marker

DUI in Seminole County

Alcohol-related fatalities	22 of 40	55 percent
Alcohol-related crashes	705 of 3,918	18 percent

Source: Florida Department of Community Affairs, 1989 figures.

Herald graphic by Laura L. Sullivan

MADD has ideas for safe parties

This holiday season, Central Florida businesses are becoming more responsible in the way they host Christmas parties, a Central Florida Mothers Against Drunk Driving spokesperson said. But, she said, □ See MADD, Page 5A

This year's gift from the IRS will include a kind and gentler form

By ROBERT A. RANKIN
Knight-Ridder Newspapers

WASHINGTON — Merry Christmas from the IRS. Your 1990 federal income tax forms will be mailed to you Dec. 28, two days later than usual, "basically to move it away from the Christmas holiday, allow folks to enjoy it as long as they can before we throw a wet blanket on them," said Art Altman, IRS director of tax forms.

Who ever said tax collectors aren't big-hearted? The big winners from this year's tax-form changes will be about 4.5 million retirees who claim no itemized deductions. This year, for the first time, they can file an adapted short form, the 1040A, instead of the regular 1040 long form.

The new short form "has larger type, simpler instructions... so they should have a simpler time filing," Altman said. The Internal Revenue Service redesigned the short form for these filers, he added, because "we were finding that many people were taking the old 1040A and entering their retirement income on the wrong line... they were forcing our hand."

This year's big losers, by contrast, will be the soldiers in Saudi Arabia, who will be sent tax forms to add to their other burdens. They may find some small consolation, however, from an IRS decision to extend their filing deadline until July 15.

The IRS or Congress also may make that extra two-month grace period interest-free as well, Altman said. And if combat erupts, IRS may grant the soldiers indefinite extensions, "but we're not at that point yet," Altman said.

For most Americans, however, the 1990 forms contain few changes. Personal exemptions for taxpayers, their spouses and dependents all have been raised to keep pace with inflation, up to

□ See IRS, Page 5A



Car vs. house

A Christmas Eve crash at about 2:30 p.m. sent this car (above) careening into Alma Mingo's house at 1709 W. 13th Street, collapsing the porch. Sanford police investigate as a rescue worker (right) escorts the bandaged, injured driver from the site. The driver's identity was not reported by police.



Herald Photos by Kelly Jordan

POLICE BRIEFS

Deputies trap burglary suspect

LAKE MARY — Acting on a tip that a suspect arrested a few weeks ago in a Longwood case was going to strike a Lake Mary house Christmas Eve, Seminole County Sheriff's Sgt. Steven Walthera waited for the suspect to arrive inside the Lake Mary house.

Walthera revealed himself after Jack Bycon White, 34, of 404 E. 14th St. #4, Sanford, allegedly entered the house at 3450 County Road 427, Lake Mary at about 7:40 p.m. Monday, a sheriff's report said. White was charged with burglary to an occupied dwelling.

Accused of knife threat

SANFORD — A man who allegedly pulled a knife and threatened a Winn-Dixie worker who tried to stop him from allegedly stealing a steak, has been arrested.

Sanford police charged Virgil Eugene Carpenter, 48, of 305 Park Ave., #1, Sanford, with armed robbery and retail theft. The arrest was made after Carpenter allegedly ran from the store at 1514 S. French Ave., at about 1:50 p.m. Monday.

Two charged in window smashing

SANFORD — Two men allegedly involved in throwing a beer bottle from a car and breaking a window of the Handy Way at 5701 W. State Road 46, west Sanford, were arrested by a Seminole County sheriff's deputy who saw the incident.

The deputy reported pursuing the suspects from the scene and arresting them on Wayside Drive, Paola, at about 2 a.m. Monday.

Roger John Wixie, 23, of 5079 Ohio Ave., Sanford, is charged with throwing a deadly missile. Leslie Lee Mauley, 18, of 4501 Orange Blvd., Sanford, is charged as a principal in the first degree and use of a vehicle in a felony.

Sheriff scheduled to go home

SANFORD — Seminole County Sheriff John Polk, 59, was scheduled for release from Florida Hospital-Altamonte Springs this morning. Polk, ailing with a heart condition has been hospitalized since Nov. 7.

Dr. Benjamin Newman said this morning Polk would be leaving the hospital for his Sanford home at about 10 a.m. Polk had hoped to be home Christmas Day. However, Newman said, Polk fell. He wasn't seriously injured in the fall, but it caused his bones to ache and kept him in the hospital through Tuesday. Newman said.

Newman said he hope Polk's stay at home will be "forever." But he doesn't know it that will be the case. Polk has nurses scheduled to help care for him at home.

Polk, who has scheduled his early retirement Dec. 31, for more than one year has been suffering from congestive heart disease and serious complications related to his second heart bypass surgery performed in Nov. 1989, in North Carolina. He was denied a needed heart transplant in Gainesville this fall.



Home for Christmas

Ella Mae Blue has moved into her new home at 2310 Dolar Way in the Midway area of Sanford thanks to the hard work of volunteers like Doug Norman of Altamonte Springs, who chats with

her and her dog Shenie on her porch. Blue's house was built by volunteers with Habitat for Humanity of Seminole County. The group plans to build more houses in Midway in the future.

Herold Photo by Kelly Jordan

Migrants warned of attacks

United Press International

ARCADIA — Migrants have become targets for armed robbers because many of them don't trust banks with their money and are afraid to report robberies in fear of being deported, officials said Tuesday.

"They are planning these things out" Capt. James P. Norris of the Arcadia Police Department said of those committing the robberies. "They are looking for specific people in specific places at specific times."

In past weeks in Highlands County, one farmworker was shot in the leg and robbers beat another in the head with a lead pipe, said Undersheriff Bill Jones. In both cases the victims were carrying money in excess of \$800.

In Highlands County the number of assaults against migrants increased alarmingly and have become so violent that the Sheriff's Office printed fliers to distribute in migrant communities to warn workers.

The problem is compounded because migrants often are forced to live in ethnic pockets in poor communities that have high crime rates, said Barbara Mainster, director of Redlands Christian Migrants Association state office in Immokalee.

"It's an economic thing. Hispanics are coming over to the United States to work hard in the way of the old immigrants," she said. "They're forced to live in ghettos where they're often resented."

Nina Reyes, who works with Redlands Christian Migrant Association in Arcadia, said numerous migrants fear if they go out alone they will be robbed.

"It's pretty bad here," Reyes said. "I've heard a lot of Hispanic workers say that they're worried. They can't really be walking the streets because they will be assaulted."


In Collier County deputies beefed up patrols and began education programs in migrant communities, said Mike Koors, spokesman for the Sheriff's Office.

In Arcadia three juveniles were arrested in the shooting of 29-year-old Emanuel Buano, who refused to give up his money. Norris said the juveniles confessed to the Dec. 14 shooting and told police they were looking for migrant workers to rob. Norris said more arrests may be made.

From Jan. 1 to Oct. 31, 1989, there were 53 armed robberies and 63 unarmed robberies in Immokalee, where about 90 percent of the town is migrant workers. During the same period this year, robberies were 27 percent lower, but the problem is far from resolved, authorities said.

On Dec. 12, migrant worker Julie Juan was jumped from behind, hit in the head and beat in the face. His assailants took \$32. There were 11 similar assaults this month in the same area. Police agree migrants have become vulnerable targets for assailants.

"They know they can take advantage of these people," Norris said. "They're easy prey for these individuals who are just waiting and watching for them."




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Madd

Continued from Page 1A
in 1989, Florida Highway Patrol recorded 552 alcohol-related crashes and 24 alcohol-related deaths across the state.

Terry's death profoundly — and permanently — changed Miller's relationship with her four other children, she said.

Terry's tragic death has touched total strangers, Miller said. A man who had never met the family witnessed the accident, and was devastated when he learned Terry had died.

Miller never liked to drink alcohol before her son's death. But now, she says, she is intolerant of the presence of alcohol.

Miller never liked to drink alcohol before her son's death. But now, she says, she is intolerant of the presence of alcohol.

Tax

Wine Institute, a trade group representing California wineries. "For every tax increase of 10 percent, the volume in sales generally decreases 7 percent," he said.

said Marty Kovalecky, owner of AB Liquor in a residential neighborhood in Washington.

MADD

Continued from Page 1A hazards still remain. "We're getting a lot more calls from businesses this year," said Pat Oles, assistant to the administrator of Central Florida MADD.

include designated driver post-ers, non-alcoholic drink recipes and other tips. MADD is also offering red ribbons for drivers to tie on car antennas during the holiday season.

"The red ribbon means I don't drink and drive. I won't stand for my friends drinking and driving and I stand with MADD in remembrance of those who have lost their lives to drunk drivers," Oles said.

Oles said MADD membership is open to anyone concerned about the issue of drunk driving. The majority of MADD members are not victims, she said.

MADD is offering packets of information for businesses and individuals hosting parties to keep festivities safe. The packets

Christmas

Continued from Page 1A can military personnel in the Persian Gulf. Yellow ribbons — symbolizing the troops abroad — were mingled with red and green ones in some households.

reassembled, but did not exactly taste like back home. "It's a nice try, but I sure miss my mom's cooking," said Pfc. Benjamin Lima, 19, of Brooklyn, N.Y., working on a plate of turkey, potatoes, gravy, cranberry sauce, pecan pie and candy.

IRS

Continued from Page 1A \$2,050 each this year from \$2,000 in 1989. Standard deductions also have been indexed to compensate for inflation; the one for single taxpayers, for example, rises to \$3,250 from \$3,100.

PERRY A. AGORANOS

Perry A. Agoranos, 69, 642 Dory Lane, Altamonte Springs, died Sunday in Lake Mary. Born Oct. 5, 1921, in Chicago...

15, 1967, in West Point, Miss., he moved to Central Florida from the Midwest in 1974.

William and August, both of Orlando; brothers, John Henky, Fort Myers, Tom Henky, Long Island City, N.Y.; sister, Irene Sciaccia; eight grandchildren; two great-grandchildren.

wood. Born March 17, 1914, in Cambridge, Md., he moved to Lake Mary from Dover, Del., in 1974.

EVIE LILLIAN BROOKE

Evie Lillian Brooke, 82, 425 Lemon Bluff Road, Osteen, died Monday at Central Florida Regional Hospital, Sanford. Born Aug. 30, 1908, in Blue Ridge, Ga., she moved to Osteen from Longwood in 1968.

Josephine M. Ignaszewski, 96, 224 Sheppard St., Altamonte Springs, died Monday at Florida Hospital, Altamonte Springs.

CATHERINE DELORES PIPP

Catherine Delores Pipp, 58, 1439 Peruvian Lane, Winter Park, died Tuesday at Winter Park Memorial Hospital. Born Sept. 9, 1932, in Savannah, Ga., she moved to Winter Park in 1960 from Pensacola.

Survivors include wife, Esther, Lake Mary; son, Edward, Chestertown, Md.; daughters, Evelyn Holland, Woodbridge, Va.; Phyllis, Aiea, Hawaii; Marsha Smith, Charlotte, N.C.; brother, William, Salisbury, Md.; nine grandchildren; three great-grandchildren.

EMMA KROHNE COFFEY

Emma Krohne Coffey, 73, 415 Fairy Lake Ln., Longwood, died Monday at Winter Park Memorial Hospital. Born Nov. 6, 1917, in Liberal, Kas., she moved to Longwood eight months ago from Hawthorne, Calif.

JEAN A. SPENLA

Jean A. Spenla, 70, 664 Sausolito Blvd., Casselberry, died Sunday at South Seminole Community Hospital, Longwood. Born July 23, 1920, in Lohrville, Iowa, he moved to Casselberry from Fair Lawn, N.J., in 1978.

Survivors include wife, Charlotte; sons, Jean C., Sarasota, William A., Newark, Del.; daughter, Charlean Carter, St. Petersburg; seven grandchildren; three great-grandchildren.

AGORANOS, PERRY A. Funeral services for Mr. Perry A. Agoranos, who died Sunday, will be conducted Thursday at 10:30 a.m. at the Holy Trinity Greek Orthodox Church (Maitland) with Fr. Michael Lefkowitz officiating.

JOSEPH NELSON HIGGENBOTHAM

Joseph Nelson Higgenbotham, 23, 521 San Sebastian Prado, Altamonte Springs, died Saturday in St. Petersburg. Born Jan.

MARIE ELIZABETH MILLER

Marie Elizabeth Miller, 74, 408 Alcazar Ave., Altamonte Springs, died Sunday at Florida Hospital, Orlando. Born Jan. 8, 1916, in Pittsburgh, she moved to Altamonte Springs from there in 1978.

PHILIP C. STERLING

Philip C. Sterling, 76, 564 Pine Needle Court, Lake Mary, died Saturday at South Seminole Community Hospital, Long-



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AGORANOS, PERRY A. Funeral services for Mr. Perry A. Agoranos, who died Sunday, will be conducted Thursday at 10:30 a.m. at the Holy Trinity Greek Orthodox Church (Maitland) with Fr. Michael Lefkowitz officiating.

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Keating 5: soap opera, seriousness

By WELLS SWANSON
United Press International

WASHINGTON — What could Mother Teresa, actress Shelley Long and Sen. Jesse Helms, R-N.C., possibly have in common?

Not very much, most likely, except that they — and many, many others — are among the odd cast of characters in the political soap opera unfolding in the Senate ethics committee investigation into the Keating Five affair.

The committee's public trial-like hearings into the matter opened Nov. 18 and had been scheduled to last about two weeks. Now, mid-January is an optimistic target for wrapping up the public stage of the inquiry.

Despite the familiar huffing and puffing that surrounds such events, the fundamental question being examined has not changed.

Did Sen. Alan Cranston, D-Calif., Dennis DeConcini, D-Ariz., John Glenn, D-Ohio, John McCain, R-Ariz., and Donald Riegle, D-Mich., cross the line between delivering legitimate assistance to a constituent and delivering favors for big political contributions? The panel must decide whether the five senators acted improperly in pressuring bank regulators to benefit Charles Keating Jr. and Keating's faltering Lincoln Savings and Loan Association.

En route to formulating a decision and perhaps dishing out punishment, the six members of the committee have heard sworn public testimony from about two dozen witnesses, one under a grant of

limited immunity. The panel, after a two-week holiday break, resumes hearings Jan. 2, with the individual senators expected to be summoned as witnesses under oath starting Jan. 4.

The content of the hearings has included lofty debate on the ideals of congressional integrity, nasty name-calling and somewhat interesting minutiae.

First, the low road.

Riegle's lawyer, Thomas Green, nearly punched out a witness, S&L regulator William Black, in the hallway outside the hearing room after Black pointed out in his testimony that Green's firm once was retained by Keating. Helms, a member of the committee, acknowledged he had once described Cranston as Keating's "water carrier," but refused to disqualify himself from the case. And two S&L regulators testified Keating tried to ply them with job offers, one to the regulator himself and the other to the regulator's wife.

Now, the minutiae.

Keating donated \$1 million to Mother Teresa, and DeConcini said the Nobel Prize recipient considers Keating her "friend." Duvall was Cranston's son's date at a 1988 dinner with the senator and Keating. Arizona Gov. Rose Mofford, a DeConcini character witness, said she met the senator in the 1940s when he was an altar boy at a Phoenix church.

Finally, the marrow.

Through the hearings, the Senate has begun to address an issue it likely would have preferred to leave alone: the relationship between political contributions and

a lawmaker's actions relating to the contributor. The ethics panel, whether it wants to or not, is in a position to set standards on an issue not explicitly spelled out in Senate rules of conduct, as special counsel Robert Bennett pointed out in an address to the six committee members.

"This case is going to force upon you the obligation of giving guidance on the limits of constituent service because, in passing judgment on past actions (by the accused senators) under the standards which currently exist, you inevitably give guidance for the future," Bennett said.

"I know you will be concerned that drawing lines in this area will have a chilling effect on the performance of constituent service in the future, but you should keep in mind that the abuse of constituent service by a few senators does as much — if not more — to damage the effectiveness of constituent service by undermining the credibility of all legislators," Bennett added.

In 1989, when asked if he bought the influence of the senators, Keating said, "I certainly hope so." His chief Washington lobbyist, James Grogan, testified under a grant of limited immunity that Keating had felt he was "buying access" to lawmakers with big money contributions, but drew the distinction that Keating wasn't "buying influence."

The difference between buying influence and buying access could weigh in the committee's ultimate decision on what, if any, punishment should be dealt these five senators.

Restaurants can provide fine choices

CHICAGO TRIBUNE

CHICAGO — Eating out, one of life's luxuries, is on the rise. American households average more than 10 meals a week away from home, according to Restaurant and Institutions Magazine's 1990 Taste of America Study.

But if diners don't take care, this luxury easily can become a burden in the form of excess weight and poor nutrition.

Luckily, with a bit of solid information, it is possible to make sensible, satisfying selections, even in fast-food restaurants.

And the restaurant industry is helping. It is easier to eat healthfully because restaurants have reacted to consumers' demands that foods be more nutritious.

Hope S. Warshaw, a Boston-based nutritionist and author of "The Restaurant Companion, A Guide to Healthier Eating Out" (Surrey Books, Chicago, \$9.95), suggests six basic skills for healthful eating out:

- Monitor the frequency.
- Choose the restaurant carefully.
- Make wise menu selections.
- Monitor the fats.
- Make special requests.
- Practice portion control.

Warshaw gives tips on ordering in ethnic and fast-food restaurants, at salad bars, eating on airplanes and at lunch and brunch places.

When eating in a Mexican restaurant, for example, Warshaw says to skip the deep-fried tortilla chips and start with a salad topped with low-calorie, low-fat salsa.

Warshaw tags healthful restaurant preparations with a "green flag," such as charbroiled, poached or steamed items, or those prepared with lemon juice, mustard, clear broth or vinegar. "Red flag" items are poor choices and include such descriptive terms as "deep-fried," "crispy," "extra-cheese" and "bacon, egg and cheese."

At sit-down restaurants it pays to study the menu carefully and make special requests if necessary, says Jodie Shield, of Lake Zurich, a registered dietitian and spokeswoman for the American Dietetic Association.

"Choose entrees that are broiled or baked and include vegetables. Ask the kitchen to hold margarine or butter and order fish or poultry prepared in low-fat ways. When ordering beef, look for sirloin in small sizes — we recommend a three-ounce portion, but you can cut larger portions in half and take the rest home."

In general, family-style restaurants and fine dining offer more nutritious choices.

"The good news is that fast-food restaurants are getting better," Shield says. "The bottom line is that now there are choices." For example, many offer salads, low-fat milk and frozen yogurt. Breakfast choices include low-fat cereals such as Cheerios and Wheaties.

Shield advises diners to "think small — small burger, small fries. Chili is a better choice than hamburgers because of the lower fat content and higher fiber from the beans — but hold the cheese, please. Eliminating the mayonnaise (from the burger or sandwich) can save you almost 90 calories.

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NATIONAL BRIEFS



Bush declares Guam disaster area

WASHINGTON — President Bush declared Monday that a major disaster exists in Guam, making federal funds available to the Pacific Island territory as it struggles to recover from damage done last week by Typhoon Russ.

Bush's declaration will enable victims of the storm to obtain temporary housing grants, low-cost loans to cover uninsured property and other aid, said Stephen Hart, deputy White House press secretary.

Typhoon Russ swept across Guam Friday with winds of up to 150 mph, leaving about 5,000 people homeless, said Peg Malloy, a spokeswoman for the Federal Emergency Management Agency.

The agency said homeowners and businesses in Guam can apply for assistance by calling 1-800-462-4029 or 1-800-462-7585 (TDD). The latter number serves the hearing and speech impaired.

Wallace Stickney, FEMA director, named Alton Ray Jr. of FEMA's regional office in Denton, Texas, to coordinate recovery efforts.

Guam, southernmost and largest of the Mariana Islands with 209 square miles, lies 1,500 miles southeast of the Philippines and 3,000 miles west of Hawaii.

Nancy Cruzan dies

MOUNT VERNON, Mo. — Nancy Cruzan, whose feeding tube was removed Dec. 14 ending a legal battle that reached the U.S. Supreme Court, died Wednesday after almost eight years in a vegetative state, hospital officials said.

"Nancy Cruzan died at approximately 3 o'clock this morning," said Barbara Shoun, a spokeswoman for the Missouri Rehabilitation Center. "I do not have a cause of death yet. Her family remained with her from the time the tube was removed."

Cruzan, 33, who had been in a persistent vegetative state since a car accident in 1983, has been steadily deteriorating since her parents, Lester L. and Joyce Cruzan, won their battle to remove the tube that was bringing her food and water.

The Cruzan right-to-die case was the first in Missouri to deal with the withholding of food and hydration, while other cases involved respiration or ventilation.

About 20 people protesting the removal of the feeding tube remained outside the hospital during the morning Wednesday.

From United Press International Reports

U.S., Israel blamed for Iraq standoff

By GAYLE YOUNG
United Press International

Iraqi President Saddam Hussein blamed the confrontation in the Gulf on United States and Israeli aggression, calling for negotiations but ignoring the latest demand by his Arab neighbors to leave Kuwait.

Leaders of the six-nation Gulf Cooperation Council issued a joint communique at the conclusion of a summit in Qatar Tuesday calling for the Iraqi withdrawal, as well as a solution to the Palestinian problem, which they said remained the Arab world's number one concern.

They said Oman wanted to keep the door open for future contacts with Iraq while the remaining states, particularly Saudi Arabia, rejected any dialogue with Baghdad until Iraqi troops were withdrawn from the oil-rich emirate.

"But the six member states are trying to minimize the size of the differences, through insisting on the necessity of the complete implementation of the Arab and international resolutions calling

for the Iraqi withdrawal from Kuwait and restoration of its legitimate government," one source close to the negotiations said.

Israel, meanwhile, played down reports the country's military was on a state of high alert Tuesday, following statements by Saddam that the Israeli city of Tel Aviv would be his first target if war were to erupt in the region.

Many of the hundreds of thousands of multinational troops deployed in the gulf celebrated the Christian holiday in the Moslem region, but the festivities were overshadowed by increasing indications there will be a military confrontation if Iraq does not pull out of Kuwait by the Jan. 15 deadline, only 20 days away.

In his message, distributed by the official Iraqi news agency, Saddam said he "hoped all people of conscience in the world will remember that injustice leads to war and that peace is made through equitable dialogue aimed at achieving justice."

Iraq and the United States had

planned to hold high-level talks before Jan. 15 but, with time running out, the two countries have not been able to agree on dates.

Saddam's message, to an unidentified international conference on peace, blamed the conflict on American and Jewish aggression and made no mention of his occupation of the emirate. He has said in recent interviews that he will not withdraw by the crucial date.

Troops from around the world celebrated Christmas with parties and thoughts of home.

The expression of religions other than Islam in Saudi Arabia is forbidden, but the country has been tolerant of such holiday manifestations as Christmas trees and Santa Claus for the foreign troops.

The bulk of the U.S.-led force, which includes close to 300,000 U.S. troops along with Arab and European soldiers, has been deployed to the desert kingdom.

Pope John Paul II, in his annual address at the Vatican, made an emotional plea for the "tormented nations of the Middle East" and prayed for a

peaceful solution to the crisis. Iraq has stepped up civil defense programs in preparation for a possible war, saying it would open civilian training centers.

"It has been decided to open more training centers on rescue, first aid and evacuation and to hold a symposium on the importance of civil defense exercises," INA said.

The Gulf Cooperation Council's final communique — issued by Saudi Arabia, Qatar, Oman, Bahrain, the United Arab Emirates and Kuwait — also called for a solution to the Palestinian problem, saying that despite the occupation it remained the foremost of Arab concerns.

The gulf countries have rejected Saddam's claim his occupation of Kuwait is linked to the Israeli occupation of the West Bank and Gaza strip. But the communique seemed to make clear the Arab states are not ready to neglect the Palestinian cause in the wake of the gulf crisis.

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Military coup in Suriname

United Press International

Military forces seized power in the South American nation of Suriname, ousting a civilian government in a bloodless coup.

In Washington, the State Department said the American Embassy in Paramaribo confirmed the takeover. State Department spokeswoman Sondra McCarty issued a statement condemning "this violation of constitutional order in Suriname."

Radio reports in neighboring Brazil said all communications with Suriname were cut after Gen. Ivan Graaonogst, acting commander of Suriname's armed forces, announced the coup over the government owned television station Monday night.

The government apparently offered no resistance to Graaonogst's action and there was no bloodshed.

Graaonogst announced that an interim government would be formed to run the country until national elections could be held within the next 100 days.

The overthrow came one week after the head of the armed forces and former military ruler of the former Dutch colony, Desi Bouterse, resigned his post in protest over his temporary detention in Amsterdam.

The coup overthrew the civilian government of President Rameswak Shankar, of the Hindu-backed Progressive Reform Party, who was elected by the National Assembly Jan. 12, 1988. Shankar's whereabouts were unknown.

Gorbachev's top deputy hospitalized

United Press International

MOSCOW — Soviet Premier Nikolai Ryzhkov had a heart attack and was hospitalized shortly after the Congress of People's Deputies approved a plan that strips the prime minister of most power, it was announced Wednesday.

President Mikhail Gorbachev told the Congress as its session opened Wednesday that Ryzhkov, 61, was in the hospital but was out of danger.

"I have to tell you that last night Nikolai Ivanovich Ryzhkov had a heart attack," Gorbachev said. "He is now in the hospital. There is no danger to his life, but it was a heart attack."

"We wish him a speedy recovery. We hope he gets well."

The heart attack came shortly after the Congress voted Tuesday to abolish the Council of Ministers headed by Ryzhkov and replace it with a smaller Cabinet of Ministers that will report directly to Gorbachev.

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Sports

INSIDE:

■Comics, Page 4B
 ■People, Page 5B
 ■Classified, Page 8B

B

IN BRIEF

SOFTBALL

UCF looking for fastpitch teams

ORLANDO — Fastpitch softball players will have a chance to show their stuff at two events planned for January at the University of Central Florida.

A one-day tournament on Jan. 12 will be restricted to the first eight teams signing up. Each of the teams will be guaranteed two games of six innings. The entry fee is \$40.

In that tournament, pitchers will be limited to two innings per game. Those who have pitched in organized baseball in the last three years are not eligible to play.

Also on tap is a five-week fastpitch league that will last from Jan. 21 to Feb. 22. Playing times each week will be determined at a managers' meeting scheduled for 7 p.m. Jan. 16 in the UCF Recreation Services Building.

The league registration fee is \$95 per team. Entry deadline is Jan. 16.

For additional information, call (407) UCF-2408.

Sanford deadline nears

SANFORD — The Sanford Recreation Department is taking registrations for the winter slowpitch softball leagues that will start the week of Jan. 7.

Registrations for all leagues will close Jan. 3 at 5 p.m.

Any returning team that has not as yet registered will be considered a new team on a first-come, first-served basis as the deadline for returning teams was Dec. 21.

Registration is \$240 per team (non-residents will have to pay an additional \$10 each).

For more information, call the Sanford Recreation Department at 330-5697, or come by the Downtown Youth Center, lower level of Sanford City Hall, 300 N. Park Avenue.

COLLEGE FOOTBALL

Blanchard kicks Blue past Gray

MONTGOMERY, Ala. — Cary Blanchard of Oklahoma State atoned for a bad day by kicking a 25-yard field goal with 8:02 remaining and the Blue team posted a 17-14 victory Tuesday in the 53rd annual Blue-Gray college all-star game.

The Gray failed to score three times inside the 10-yard line, the last opportunity ending when Georgia's John Kaay missed a 40-yard field goal with 1:38 remaining.

Blanchard, who averaged only 28.8 yards on five punts and badly missed a 40-yard field goal in the third quarter, got another opportunity when the Blue drove from its 25 to the Gray 8. The key play was a 43-yard reverse by Missouri's Linzy Collins. On fourth-and-1, Blanchard came on to kick the winning field goal.

Aloha: Syracuse blanks Arizona

HONOLULU — Marvin Graves passed for two touchdowns and rushed for two more as Syracuse beat Arizona 28-0 Tuesday in the Aloha Bowl for the Wildcats' first shutout in 19 years.

Syracuse (7-4-2) didn't allow Arizona inside its 28-yard line. The Wildcats (7-5) were unable to sustain their drives and gained only 226 yards, including just 77 passing.

Arizona (7-5) had scored in 214 consecutive games since a 31-0 loss to Arizona State on Nov. 27, 1971. It was the second-longest scoring streak in the nation behind UCLA's 227.

Paterno's son robbed on beach

FORT LAUDERDALE — The son of Penn State football coach Joe Paterno, in south Florida for the Blockbuster Bowl, was robbed at gunpoint by five teenagers as he and a woman sat on the beach, police said Tuesday.

Joseph "Jay" Paterno Jr., 22, and Shari Critchley, 27, of Harrisburg, Pa., were robbed at 2:17 a.m. Monday. The thieves took \$62 in cash along with Critchley's purse and an aquamarine and diamond necklace.

They were caught within minutes because a police sergeant on surveillance watched the entire episode. Several young couples have been robbed and assaulted recently on the quiet stretch of beach along State Road A1A.

The robbery occurred three days after the Nittany Lions' footballs and practice jerseys were stolen from an equipment room at South Plantation High School. Those items were not recovered, police said.

Sgt. Cliff Douglas watched as three 18-year-olds and three juveniles approached Paterno and Critchley. One of them asked Paterno for a light and another quickly pulled out a gun, pointed it at Paterno's head and forced him to lie face down in the sand.

Douglas called for backup as the five suspects fled in a 1985 Nissan Maxima.

Police pulled the car over and arrested the suspects about four blocks from the scene. They said they also found a pellet gun they believe was the weapon used in the holdup.

Compiled from wire and staff reports.

BEST BETS ON TV

BASKETBALL

□7:30 p.m. — SUN, Houston Rockets at Orlando Magic. (L)

Complete listing on Page 2B

Boys going to Pizza Hut

Lake Mary, Lyman both looking for redemption

By TONY DeBORNIER
 Herald Sports Editor

When they begin play in the Pizza Hut Invitational boys' soccer tournament today, both the Lake Mary High School Rams and Lyman High School Greyhounds will be looking for redemption of sorts.

For the Rams, today's opening-round game against Dr. Phillips at 8 p.m. at Boone High School is a chance to avenge a 3-1 loss to the Panthers a year ago. The Greyhounds, on the other hand, will try to shake themselves out of their recent doldrums when they face Evans at 11 a.m. at Bishop Moore High School.

"Dr. Phillips beat us last year,"

said Lake Mary Coach Larry McCorkle, who has won four championships (three at Bishop Moore, one at Lake Mary) in the 11-year history of the Pizza Hut. "We'd like to play better, avenge that loss and stay in the winners' bracket. So we have a double reason for winning tomorrow night."

Lake Mary will be without All-South performer Jason Buckmaster, who suffered a gash in his knee that required 25 stitches in a match against Bishop Moore on Saturday. He will be out for two to three weeks.

In other first-round games at Boone, Winter Park faces Tampa-Leto at noon, Lake Brantley plays defending Class 4A state champion

Miami-Killian at 2 p.m. and Boone takes on Lake Howell at 4 p.m.

At Bishop Moore, Oviedo tangles with 1990 Class 4A runner-up Valrico-Bloomingtondale at 1 p.m., defending Class 2A champ Clearwater Central Catholic squares off against defending Class 3A titleist Boca Raton at 3 p.m. and Bishop Moore hosts Class 3A runner-up Daytona Beach-Seabreeze at 5 p.m.

The match between Clearwater Central Catholic and Boca Raton matches a pair of nationally-ranked teams. According to McCorkle, Boca Raton was ranked No. 1 and CCC No. 5 in a preseason poll of winter-playing teams by the National Soccer Coaches Association and Gatorade.

For the Lyman Greyhounds, playing in the same bracket as Boca Raton, CCC, Seabreeze, Bloomingtondale, Oviedo, Bishop Moore and Evans is both blessing and bane. On

one hand, Coach Ray Sandidge hopes that playing tough teams cures what ails the Greyhounds. On the other hand, the cure could just as easily kill.

"We haven't played with any consistency," said Sandidge. "We've lost some games at home and that's very rare for our program. We have the talent to play. We have as much talent as anybody. But we seem to be lacking in the desire and mental discipline areas."

"Some of blame must go to me. We've played 11 games in 18 days. That didn't allow us any practice time. We've been playing almost every other day. Now we've had a chance to rest and get some training sessions. We've had some good practice sessions prior to the Pizza Hut and we're looking forward to it."

Lyman also will be at least than
 □See Pizza Hut, Page 3B

Trio of boys' teams stay busy

By DEAN SMITH
 Herald sports writer

ST. PETERSBURG — Most of Seminole County's boys basketball teams will be idle this week as they rest up for the conference schedule starting in early January. But three teams will be looking to gain some momentum by playing in Christmas Tournaments.

Lake Howell, fresh off winning the Central Florida Classic, and fellow Seminole Athletic Conference member DeLand will travel to St. Petersburg to compete in the Great Sun Coast Shootout at Eckerd College. The Silver Hawks' first opponent will be always tough Clearwater.

Also playing this week will be Lyman, which showed a lot of improvement in the Central Florida Classic last week. The Greyhounds are going to New Smyrna Beach for the Barracuda Christmas Tournament.

Orangewood Christian will play in the Lake Highland Preparatory School Christmas Tournament.

Lake Howell was very impressive in improving its record to 7-2 and extending its winning streak to six games. The Silver Hawks were challenged but never threatened in beating University 70-40, defending classic championship West Orange 62-52 and Lake Brantley 79-66.

As usual, Lake Howell was led by junior point guard Josh Kohn and senior forward Thomas Dumps. Kohn being named the most valuable player of the tournament and Dumps earning all-tournament team honors.

But it was the other Silver Hawks who made the difference.

Lake Howell Coach Steve Kohn has had successful teams the past two years but has been looking for the other pieces of the puzzle that would push his team into the elite of Florida. And he may have finally found those pieces.

Forward Ryan Thomas, center Roger Johnson and guards Joe Smith and Malik Evans have proved to be much more than support players for Kohn and Dumps.

Thomas and Smith were star football players who are just now rounding into basketball shape.

Thomas, a 6-foot-2 senior, scored 24 points in the tournament and showed his athleticism in the finals by hitting a three-pointer and
 □See Hoops, Page 3B



Fresh off their championship performance in last week's Central Florida Classic, Ryan Thomas (No. 14, right) and the Lake Howell Silver Hawks take their show on the road to the Great Sun Coast Shootout in St. Petersburg.
 Herald Photo by Kelly Jordan

White Sox greet Raines with \$10.2 million contract

United Press International

CHICAGO — Seminole High School graduate Tim Raines received a new team and a \$10.2 million contract for Christmas, joining the Chicago White Sox in a five-player deal with the Montreal Expos.

In a deal completed Sunday night, the White Sox sent left fielder Ivan Calderon and reliever Barry Jones to Montreal for Raines, minor league pitcher Jeff Carter and a player to be named later. Raines, also a left fielder, signed a 3-year deal with Chicago.

A Calderon-for-Raines deal was discussed during the winter meetings, but the hangup at that time was Expos General Manager Dave Dombrowski's insistence on receiving a starting pitcher as well. White Sox General Manager Ron

Schueler said.

But the two general managers exchanged Christmas greetings a few weeks ago and the deal was brought up again, although this time Dombrowski sought relief help.

"I said, 'Maybe we can help you there,'" Schueler said.

Raines, 31, hit 287, with 49 stolen bases and 62 RBI for Montreal in 1990. The switch-hitter, whose best season was 1986 when he batted .334, will fill the White Sox' need for a leadoff man.

"Now I'll get the opportunity to move back as the leadoff man and get back to my natural position," said Raines, who was juggled in the Expos lineup.

"I picture him (Raines) as that type of player," Schueler said, comparing his new acquisition to Oakland's Rickey Henderson.

□See Raines, Page 3B



Tim Raines



Rickey Henderson

BLONDIE



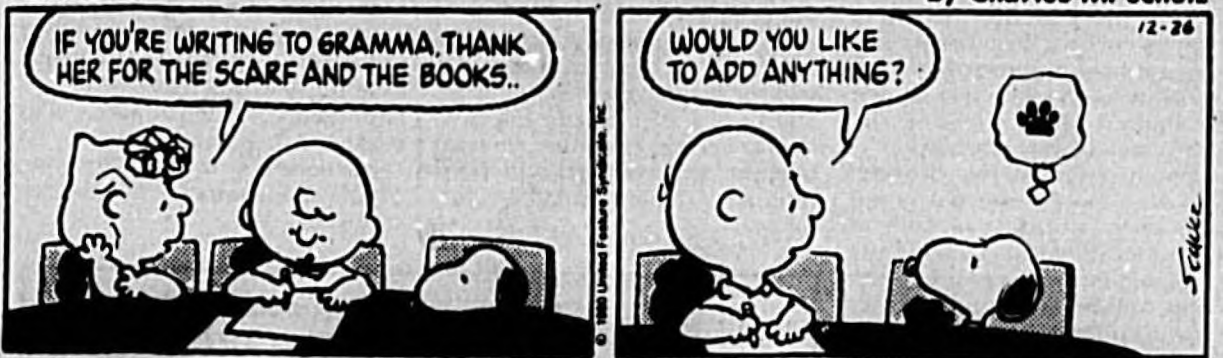
BEEBLE BAILEY



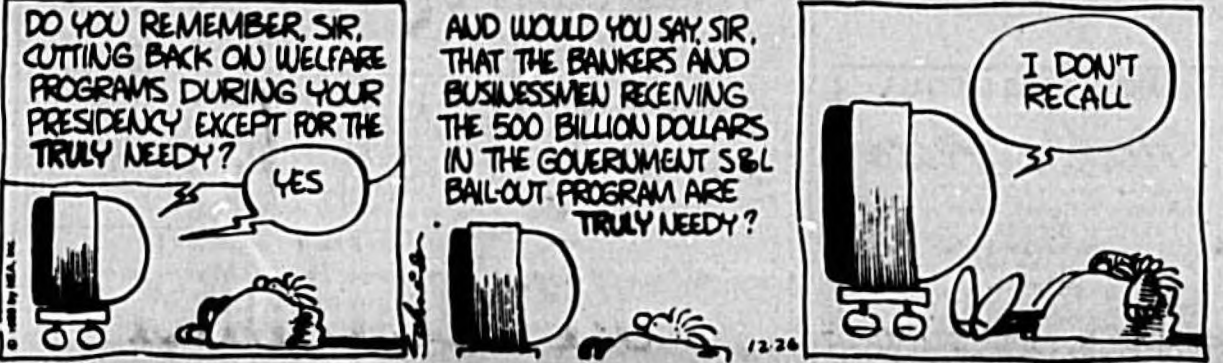
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ARLO AND JANIS



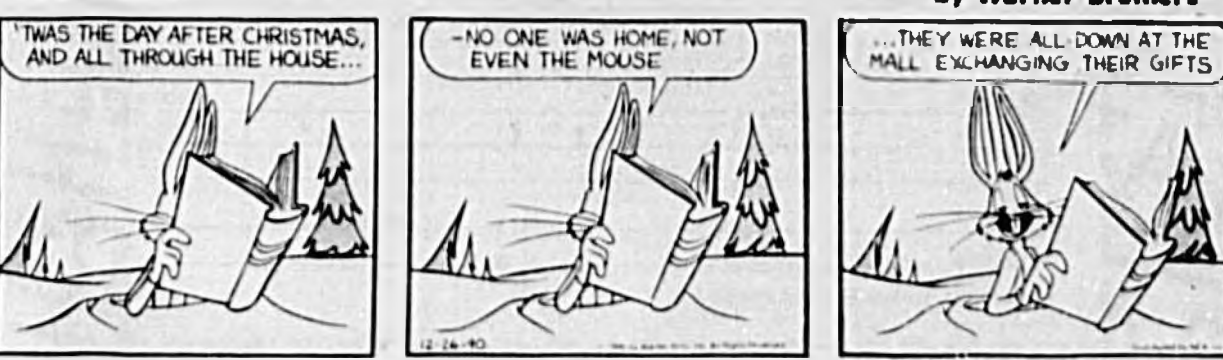
FRANK AND ERNEST



GARFIELD



BUGS BUNNY



Pacemakers can stabilize heartbeat

DEAR DR. GOTT: Is sick sinus syndrome hereditary? Is there anything I can do to prevent it?
DEAR READER: Sick sinus syndrome, often known as tachycardia/bradycardia syndrome, is not inherited; it is an acquired abnormality of the heart's normal pacemaker.

Artificial pacemaker fires, replacing the heart's own pacemaker with electrical signals of its own. This is called "demand pacing."

Therefore, sick sinus syndrome is a consequence of aging, over which we have no



control. However, if symptoms appear, the affliction can be successfully treated with artificial, implantable pacemakers.

As we age and progressively develop rust in our pipes, circulation to the cardiac nerves is reduced. This process can selectively affect the blood flow to the sino-atrial node, a button of nerve tissue that generates the impulses which trigger heart contractions. When the sino-atrial node malfunctions, it resembles an accelerator on an old car: Sometimes it runs too fast (tachycardia) and sometimes too slowly (bradycardia). This results in cycles of inappropriate fast (or slow) heartbeat that may cause symptoms, such as lightheadedness, fainting, chest pain, palpitations, weakness and shock.

Last month, I spent most of an evening with an elderly patient in the emergency room. He had previously experienced bursts of inappropriate rapid pulse, which he ignored. However, during the night in question, his heart rate repeatedly fell into the 30s, causing him to faint. I could not get his pulse to rise into the normal range, even with intravenous medicine. Eventually, a surgeon was able to place an artificial pacemaker, a device commonly used to treat sick sinus syndrome.

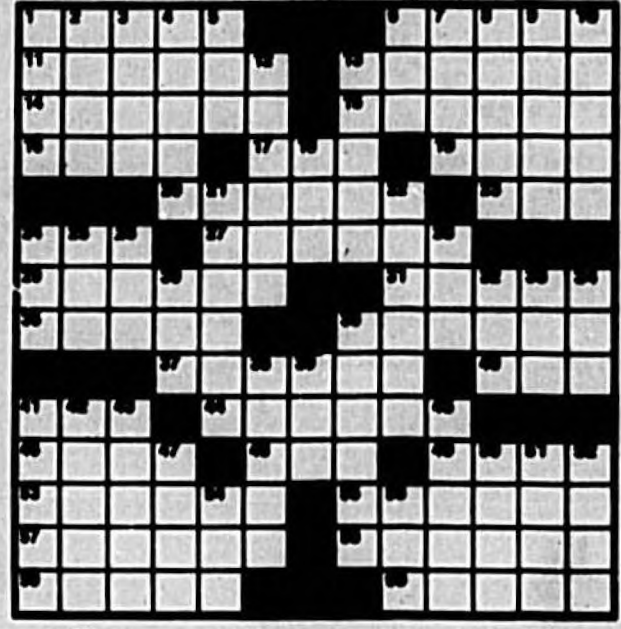
Today's pacemakers are remarkable contraptions. An electrode wire, threaded through a vein into the heart, is attached to a small, battery-driven generator. The pacemaker can be programmed to "sense" the impulses from the sino-atrial node (during which the generator is inactive); however, if for some reason the heart fails to beat at a normal rate, the

ACROSS

- 1: shorters
- 6 Thicket
- 7 fence
- 11 Jockey Eddie
- 13 Red jewels
- 14 Car part (2 wds.)
- 15 Makes amends
- 16 Relieve
- 17 3, Roman
- 19 Space agcy.
- 20 Patches
- 23 Word to call attention
- 24 Destroy (sl.)
- 27 Golf club
- 29 Develop
- 31 Actress — O'Neal
- 35 Rare gas
- 36 Aquatic mammal
- 37 Cylindrical
- 40 Noun suffix
- 41 Pop
- 44 Run fast
- 46 Again
- 48 Shoe — lung
- 49 Cry of pain
- 53 Chest
- 55 Smuggler
- 57 Smoked
- 58 Stove
- 59 Made mistake
- 60 Deft

DOWN

- 1 Abhor
- 2 Assen worm
- 3 Glasses
- 4 Here
- 5 Infringe
- 8 Theater sign (abbr.)
- 6 Shack
- 7 Black
- 8 Singer — Shore
- 9 Singing birds
- 10 School composition
- 12 Abominable
- 13 Singer — Bernie —
- 16 Believer in an iam
- 21 Unlocked
- 22 Sofa
- 24 State-cutting tool
- 25 Exile
- 26 Brooch
- 28 Footed
- 30 Habitual drunkard
- 32 Golf peg
- 33 Ornamental flower holder
- 34 Ice, time
- 35 One left
- 38 Measured
- 39 Double curve
- 41 African nation
- 42 Internal
- 43 Actor
- 45 O'Keefe
- 46 Church council
- 47 Stopped sleeping
- 50 Concerning (2 wds.)
- 51 Flight sound
- 52 Formerly
- 54 Actor Sears
- 56 Type of lizard



WIN AT BRIDGE

By James Jacoby
 Although defending a hand properly usually involves determining where partner's high cards are and how best to utilize them, one can sometimes know immediately that partner has nothing at all. In that event, the responsibility of the defender is to find a way to make the declarer go wrong. Place yourself in the East position in today's deal, and listen to the bidding. South plays six no-trump after jumping to two no-trump as a rebid, traditionally showing 18-20 high-card points. West leads the nine of clubs. As soon as dummy is tabled, East should calculate with little effort that West cannot hold any high cards at all. (At most, West could have the jack of diamonds.) Therefore, if declarer needs to find the 12th

trick in the heart suit, a successful heart finesse will provide it. East needs to smoothly provide declarer an alternative in the play, an alternative that will fall. So declarer won the opening lead with the ace of clubs and immediately played a spade to dummy's king. If East took the ace, whatever the subsequent defense, South would fall back on the heart finesse and make his contract. But East casually played low on the king of spades. Declarer returned to his hand and played another spade to dummy. When he went up with the queen, East won his ace and cashed the jack and nine to set six no-trump two tricks. Was declarer gullible? Perhaps, but West gave him the chance to err. (C)1990, NEWSPAPER ENTERPRISE ASSN.

NORTH 12-26-90		WEST		EAST	
♠ K Q 4 3	♥ J 10	♠ 10 8 5	♥ 5 4 3	♠ A J 9 2	♥ K 8 7 6 2
♦ A Q	♣ J 10 4 3	♦ 9 8 7	♣ 9 8 5 2	♦ 7 6	♣ 5 2
SOUTH		Vulnerable: Neither		Dealer: South	
♠ 7 6	♥ A Q 9	♠ 10	♥ Pass	♠ 10	♥ Pass
♦ A Q 9	♣ K J 10 6 3	♦ 2 NT	♥ Pass	♦ 4 NT	♥ Pass
♠ A K Q		♠ 6 NT	♥ All pass		
Opening lead: ♠ 9					

HOROSCOPE

By Bernice Bede Osol
YOUR BIRTHDAY
Dec. 27, 1990
 Big improvements in your social life could be in the offing for you in the year ahead. You may be able to do things assisted by your new friends that you were unable to do previously.
CAPRICORN (Dec. 22-Jan. 19) Your dealings with most people today should be constructive and harmonious. However, you might have to contend with one individual who nobody can please. Trying to patch up a broken romance? The Astro-Graph Matchmaker can help you to understand what to do to make the relationship work. Mail \$2 to Matchmaker, P.O. Box 91428, Cleveland, OH 44101-3428.
AQUARIUS (Jan. 20-Feb. 19) What serves your best interests today might not be equally advantageous to someone with whom you're closely linked. Hard decisions might be required, so brace yourself.
PISCES (Feb. 20-March 20) There is a possibility you might receive good news today from two unrelated sources. Should

this occur, it's best not to discuss these matters until they're successfully finalized.
ARIES (March 21-April 19) Conditions in general look good for you today, especially matters that reflect upon your material well-being. However, there are also indications you might not capitalize on these possibilities.
TAURUS (April 20-May 20) You might be exposed to some important knowledge today that you could later put to valuable use. Be a good student the first time around, because this information may not be repeated.
GEMINI (May 21-June 20) If you rely more upon your perceptions and hunches today than you do upon your common sense and logic, you could be doing yourself a disservice. Realistic assessments are imperative.
CANCER (June 21-July 22) Your opinions and views are important today and your friends will be interested in what you have to say. However, this doesn't mean they want you to dominate the conversations.
LEO (July 23-Aug. 22) You have the ability today to spot opportunities that others may

overlook. However, you might use faulty measures that fail to maximize your advantages.
VIRGO (Aug. 23-Sept. 22) Usually you're a rather methodical person who does things in proper sequence, but today, in order to get things done in a hurry, you might put the cart before the horse. Slow down.
LIBRA (Sept. 23-Oct. 23) A business arrangement in which you're presently involved has profitable potential, but there still are important elements that have to be worked out. Be alert for hidden costs.
SCORPIO (Oct. 24-Nov. 22) Don't let your ego get in the way today and cause you to abide by a poor decision you've recently made. Associates will respect you more if you try to rectify bad judgments.
SAGITTARIUS (Nov. 23-Dec. 21) Be very careful today you do not take full credit for something another played an important role in helping you bring about. If you fall to share, this person won't be around when you need him/her again. (C)1990, NEWSPAPER ENTERPRISE ASSN.



People

IN BRIEF

VFW hosts New Year's Eve party

The Winter Springs Veterans of Foreign Wars Post 5405 and its Ladies Auxiliary will be holding its annual New Year's Eve party December 31 starting at 8 p.m. at the post home, 420 N. Edgemon Ave. There will be music dancing, buffet, noise-makers and breakfast served. Anyone desiring a ride home will be furnished one. Call 327-3151 for details. All this is \$15 per person.

Sewing workshop scheduled

Seminole County 4-H is sponsoring its third in a series of Special Interest Sewing Workshops, "Sewing Fun" on Saturday, Jan. 5, from 9 a.m. to 3 p.m. at the Seminole County Extension Office at Five Points. This workshop will give youth the opportunity to learn more about different fabrics as well as make a simple unlined jacket or vest. This workshop is open to youth 8-18 years of age who have basic sewing skills. Cost of the workshop is \$4 to cover materials. Participants are asked to bring a bag lunch and a pair of scissors with them. Class size is limited so registration is required by Wednesday, January 2, 1991. Call 323-2500 ext. 5580.

Entertaining is joy, concern

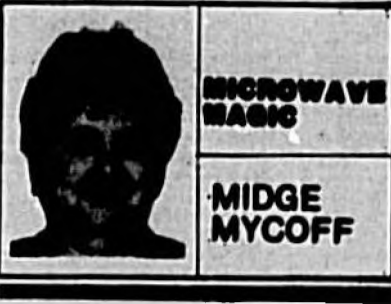
When we think of the holidays one of our joys and concerns is entertaining family and friends. An "open house" is a way to entertain many at one time. In doing so, a considerate hostess will provide beverages and foods that are easily eaten without inconvenience, that are appetizing in appearance, and taste really good. A wide variety of foods are appropriate: some hot, some cold, some crisp, some soft, and some sweet, some tart.

Along with the usual chilled beverage, a hot spiced drink is always welcomed. This one has fresh cranberries.

SPICED CRANBERRY TEA

1 pkg. (12 oz.) fresh cranberries
2 quarts water
1 1/2 C. sugar
3 bags black tea
2 cinnamon sticks
2 C. orange juice
Wash and sort cranberries.

Combine the berries in a 3-quart microwave-safe casserole. Cover. Microwave on 100% power, 128-20 minutes, or until boiling. The berries should pop open. Stir several times during this timing. Strain mixture to remove pulp and seeds. Extract all the juice. Drain pulp. Return juice to 3-quart container. Add tea bags and cinnamon sticks. Cover. Microwave on 100% power 4-6 minutes or until boiling. Allow to stand 2-3 hours. Remove tea bags and cinnamon sticks. To serve, microwave on 100% power, covered 10-12 minutes or until steaming hot. Stir in orange juice. Garnish with orange slices. If tea will be served immediately, it can be ladled into heat resistant cups. If it is to be served over a long period of time, it can be poured into a crock pot and kept warm on a medium temperature setting.



MICROWAVE MAGIC

MIDGE MYCOFF

1/4 tsp. salt
2 beaten eggs
1 beaten egg yolk
1 egg white
1/2 tsp. vanilla
2 Tbsp. sugar
Fresh ground nutmeg

In a 2-quart batter bowl combine milk, 1/4 C. sugar, 1 teaspoon vanilla, and salt. Microwave on 100% power 8-8 minutes, or until hot. Stir. Combine eggs and 1 egg yolk. Gradually stir 1 cup of the hot mixture into the beaten egg mixture. Return to hot mixture; microwave 2 minutes more. Stir once. Beat egg white and 1/2 teaspoon vanilla until soft peaks form; gradually add 2 tablespoons sugar, beating to stiff peaks. Pour eggnog into mugs. Top with dollops of the egg white mixture. Sprinkle with nutmeg. Makes 8 4-oz. servings.

Hot hors d'oeuvres made quickly in the microwave oven will permit you to spend more time with your guests.

STUFFED MUSHROOMS

1 lb. large fresh mushrooms
1/2 stick butter or margarine
1 clove garlic, minced
1/4 C. onion, finely chopped
1 Tbsp. parsley, finely chopped

Wash mushrooms, dry and remove stems. Chop stems finely. Melt butter in a 4-Cup glass measure (45 seconds). Stir in garlic, onion, parsley and chopped mushroom stems. Microwave on 100% power 2

minutes. Place beef in a small glass casserole and microwave on 100% power for 3-4 minutes. Stir to break up the chunks. Drain fat from beef, drain butter from mushroom mixture. Stir beef, onion mixture, Kitchen Bouquet, salt, sour cream and bread crumbs together. If more moisture is needed to hold the stuffing together, add more sour cream until the proper consistency is reached. Fill each cap with the meat mixture. Place 12 on a plate in a circular arrangement. Microwave on 80% power for 4-5 minutes, or until hot. Repeat with remaining mushrooms.

HOT APPETIZER PIE

1 (8 oz.) cream cheese
2 Tbsp. milk
1 2 1/2 oz. jar dried beef, chopped fine
2 Tbsp. finely chopped green pepper
2 Tbsp. finely chopped onion

1/2 tsp. pepper
1/2 C. sour cream
1/4 C. chopped walnuts
Soften cream cheese and blend with milk. Mix other ingredients with this mixture except nuts. Pat into 8-inch microwave-safe pie plate. Spread nuts on top. Microwave on 50% power for 2 minutes. Serve hot with crackers.

Vegetable appetizers are winners. This recipe is super easy to make and the taste is great. Serve on toothpicks for easy handling.

(Midge Mycoff is a certified home economist and coordinator of the Single Parent Displaced Homemakers Program at Seminole Community College. Send questions about microwave cooking to her at the Sanford Herald, 300 N. French Ave., Sanford, 32771 or phone: 323-1480, ext. 380.)



Cook returns home

SANFORD — Lois Major returned home to Sanford recently after an absence of 28 years. She and her husband Don went on a sightseeing tour in and around Sanford trying to find familiar places. They found the tree under which Don proposed marriage to her 27 years ago at the Mayfair Country Club and Golf Course.

Major said, "It's still standing." She was also amazed at the changes and growth in Sanford and Lake Mary. While out trying to familiarize herself with the area, Major tried to find some of the schools that she had attended when she was a child growing up in Sanford. "I found a couple but I'm not sure about some others," she said. The Major's have two grown sons. The youngest, Russell is a senior at the Air Force Academy and is visiting his parents during the holidays. Their other son, Jeff is in the U.S. Air Force stationed in California where he and his wife are expecting their first child. While the family lived in Portland, Oregon, Major attended the Western School of Culinary Arts where she earned her culinary arts degree. She plans to open Park Avenue Catering Services, Inc. in Janu-

ary to service the local area with fine gourmet food. Don said, "With Lois' background in gourmet cooking and her belief in using the best ingredients with fresh food only, I think we will do very well." He added, "We're doing this together but Lois is the boss."

They both quit their jobs in Portland to come home and start a business.

"Coming back is great," Major said and Don agreed. "I'm impressed with the people of Sanford. Everyone is so helpful and nice."

TURKEY WITH SPAGHETTI & ASPARAGUS

3 cups cooked turkey
2 cups turkey or chicken broth
4 Tbsp. flour
4 Tbsp. butter
1 cup light cream
2 Tbsp. dry sherry
Salt and pepper
2 cups cooked spaghetti
1/2 lb. uncooked asparagus (or broccoli can be used)
4 Tbsp. Parmesan cheese
1 cup bread crumbs
Melt butter in saucepan. Add flour to make a roux and stir until smooth. Add the broth and stir until smooth. Add the sherry. Taste and add salt and pepper to taste. Spread spaghetti on the bottom of greased casserole.

If eggnog is what you want, this recipe is a simple non-alcoholic type.

MICROWAVE EGGNOG

4 C. milk
1/4 C. sugar
1 tsp. vanilla

Son with questions deserves answers

DEAR ABBY: When I was 16 and unmarried, I had a son I'll call Josh. Two and a half years later, I married "Joe," who adopted Josh and has raised him as his own. We now have two more sons.

Josh has always known he was adopted. Last week he asked, "How did I get born if we didn't know Daddy then, because you said it takes a man and a lady to make a baby." (Josh is now 7.) Lucky for me, his little brother had to go potty, so I got out of answering his question, and it hasn't been asked again yet.

Josh knows his real father ("Bud"), but he doesn't know he is his father. They get along well, although Bud seems him only at Christmas and on his birthday when he comes over to give Josh his presents. I wish Bud



ADVICE

ABIGAIL VAN BUREN

wouldn't come around at all, but Joe wanted the two of them to have a good relationship.

How old should Josh be when we tell him about his real father? And what do I say to Josh the first time he says to Joe, "You can't tell me what to do — you're not my real father!"

My family and friends don't think we should tell Josh until he's 18. What do you think?

KEEPING MUM IN DULUTH

DEAR KEEPING MUM: Since your family and friends know who Josh's father is — and Josh is already digging for the truth — the time to tell him is now. And if he comes up with the lines about your husband not being his "real" father, the answer is, "He may not be your birth father, but he is the father who is raising you, and that's about as 'real' as a father can be."

WEDNESDAY'S PRIME TIME

6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
2 News	ABC News	Current Affairs	Ent. Tonight	Unsolved Mysteries (In Stereo)	Dear John	Working It Out	Number 1	Sutton	News	Tonight Show	
3 News	ABC News	CBS News	Inside Edition	48 Hours: Deadly Mtn (In Stereo)	Jake and the Fatman	Lady Be Good	WJW: Mother Nature's Son (In Stereo)	WJW: Mother Nature's Son (In Stereo)	News	America Tonight	
4 News	ABC News	Jeopardy!	Jeopardy!	Weekend Update	Growing Pains	Police	News	News	News	News	
5 Wild America	Business	Michael/Lahey	Michael/Lahey	Mark Russell	John Hancock	The Shoes of the Fisherman	Hunter: City Under Siege (Part 2 of 3)	700 Club	News	Solo Act	
6 Growing Pains	News	News	Light Court	A Laugh A Year (Part 1 of 2)	A Laugh A Year (Part 2 of 2)	700 Club	700 Club	700 Club	700 Club	700 Club	
7 News	News	News	News	News	News	News	News	News	News	News	
8 C.A. Besswell	News	News	News	News	News	News	News	News	News	News	
9 5:30	News	News	News	News	News	News	News	News	News	News	
10 5:30	News	News	News	News	News	News	News	News	News	News	
11 5:30	News	News	News	News	News	News	News	News	News	News	
12 5:30	News	News	News	News	News	News	News	News	News	News	

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