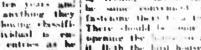




Of Battleships



LGE TWO

P123 1

be Sanford Herald Transforment for 1960 Frieff affarmann greerpt A Bagnada Aventus 311 11.

Toters an accord class matter in brd. Plaride, under the Art

BOLLAND L. DRAN

Parable in Advance Ar abtunry setten, eards of mant feedudiers and active of meriliaments for the purper of being finds will be charged for pegular advertising raise.

These Newspaper Representa-tion Inc. opproach The Screek in ballon's fichs of adverticing. These are associated at the for-per and the remains with pri-ted and set of a "hierage and

The Herald'in a sense of the formed in a sense of the series of the seri

BE MAGNANIMOUS: Hatred NESS: The blessing of the Lord, it maketh sich, and he addeth no rrow with It-Prov. 10:22.

ALIEN

(Fruin Tainria) of man To dream that Nature is con-

cerned to bless Il oyes with beauty; that her

peerel plan la man's delight in all her love-lingest Buheld this lonery pine tree on the

hore

Nor shall I linger here to see it atand

Tonight in shadowy silence, though I know

## THE SANFORD HERALD, SANFORD, FLORIDA

ad diet

LOST AND FOUND

## YOU WISH TO REPORT SOMETHING LOST?

The most dangerous thing about the common cold is the difficulty with which it can be distinguished from a most uncommon one. The ordinary sniffles, influenza, pneumonia, measles, whooping cough, diphtherin, scarist fever, infantile paralysis and many other diseases are all apt to start with the same simple symptoms and apt to be mistaken in the beginning for a common cold. The only thing to do is to regard every cold seriously

and get rid of it as quickly as possible. Nearly everyone has his own pet remedies, handed down usually from generations back. Most of them have some value though we have never been able to discover that sleeping in a room with a bucket of tar under the bed or getting a white mule to sneeze in your face did much good.

The Uncommon Cold

There is, however, nothing like the good dose of castor oil which our grandmothers use to give us, to break up a cold. Something of that nature should be taken in gvery case when one feels he is coming down with a cold. If this is followed with the more modern treatment of large quantities of orange or grapefruit juice, together with

some sods, or other alkalizer, one has done about all that can be done in the realm of medicinal troatmonts. There is, however, one additional rule which everyone

should follow. When he has a temperature, he should go TUESDAY, JANUARY 16, 1940 to bed. This is particularly true in the case of children, but we doubt if it is any less true with adults. No house-BRILE VERSE FCR CODAY hold is complete without a thermometer, no housekeeper is

thoroughly competent who does not know how to read one, and no mother is the boss of her own domain who cannot thread up strifes: but love cov-all sins. Prov. 10:12. make the various members of her family, from "little THERE IS A KEY TO HAPPI Willie" to grandpap, go to bed whenever that mercury irises above 09.

Being up and around with a slight temperature would probably not be so serious in so many cases if one could control his activities and environment as well with his shoes on as he can with them off. But with the best in-What vanity deludes the heart tentions in the world of "just sitting around the office and taking things easy," one will be sure to run into a rainstorm or step into a puddle of water and get his feet wet while on his way. Then what might have been a two or three days' confinement is stretched into a week or a month.

Furthermore, there is the danger of passing on the disease to friends and neighbors when one is up and about. Along whose needles tiny rain- We realize it is not always easy to give up our work or bows run; No human eye was ever here here here break previous engagements, but when everyone will do fore To watch it spatkling in the and the actual number of lost hours for the nation as a whole will be greatly lessened.

## An Ill-Advised Bill "1

Tonight in stadowy science, the sand we set will be letening. An III-AGVISECI ISIII 1 AN IIII-AGVISECI ISIII 1 AN III-AGVISECI ISIII 1 AN III-AGVISECI

BRBLOCK/

## WEEKLY NEWS COLUMN By JOE HENDRICKS

man is elected this year who has tact enough at least to mind his own business.

I'M GUILTY-Not long ago I righ states. Fortunately we know offered some criticism of those that the Senate will fillibuster CIVIL SERVICE EXAMINA-who put the pressure on me to this bill to death, which it should TIONS - Announcement of the

#### TUESDAY, JANUARY 16, 1840

#### YOUR DOCTOR SAYS By DR. DANIEL H. KRESS, M. D.

Among other fruits that should the lipscial alignition phould be mentioned is the apple. Re-directed to the from use of orange pulse in America, since this fruit ay keeps the doctor away. This is cultivated very largely. It is members the adage: "An apple a day keeps the doctor away." This reminds me of a statement made by d famous centemptian who via-tited this country from Vienno. Explaining one of the segret of his long life, he told a reporter who was interviewing him that he ate seven apples a day. The re-porter remarked, "I understood that one apple a day was suffi-cient to keep the doctor away," to which the old gentleman re-piled, "Yes, that is true; but is my town there are seven doctors." Apples are beneficial only when weil tipened and properly mastiwell ripened and properly masti-rated. To eat them unripe or to It would be the part of wiedon.

swallow them in chunks is an to make these fruit drinks popu-A most interesting incident is and other public A most interesting incident is related to un old family practi-tioner in Iredell County, North Carolina, after he had lost a baby of cholera infantum. A second child tecame desperately ill of the same complaint. This child, to his surprise, however, began to in gao freely advertised.

mayed when he discovered that the old Negro mammy was feed-ing it actuped apple. He scolded her soundly, asking her if she her soundly, asking her if she wanted to kill the child. Well, doctor,' he replied when he paused for breath, 'your baby is getting well, isn't she?' The doctor ad-mitted that she was. She continued: 'That's because I have been feeding her scraped apple. If you want her to get wull, le me keep on.' Within a few dayr the haby was well, and threafter the doctor used scraped apple suc "usafull;" in cases of diarrhea and dysentery." Others have reported to a setaped-apple diet in ridding the alimentary canal of germs of putrefaction and disease. Unformented apple juics is an

antidote for many common all-ments, and its alightly laxative effect tends to cleanse the blood from impurities and to insure a good ecupiezion and a clear skin -something for our young women to remember.



SEED -- POTATOES

**CERTIFIED & SELECTED** 

NOW READY FOR DELIVERY

WIRE OR PHONE 306

The K - W. Fruit Co.

SEMINOLE BARBECUE 15th St. & Elm Ave.

BAR-B-Q PORK

HOT FRENCH FRIED POLATOES ISC

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SANFORD, FLA

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4TH & LAUREL AVE.

MAINE OR CANADIAN



Corner First St. & Franch Ave

## DAILY NICHI-NICH LASSIGNED

WHY ARE THERE

SO MANY

Denominations

In The World To-

day? Why Are All Christians Not Unit-

ed In One Faith?

A Most Surprising

SUBJECT

Wednesday Night,

7:30

tifled him to go home just as roon as he cared to. I hope that the Democrats will see that a

miscalled 'anti-lynching' bill could add nothing to the edu- laboratories at Orlando, Florida, Ways and Means Committee In New York City which will but advertising. It will cost 6c a copy and the one vital objective to other issues, and so would com-separated to cover all expanses are the one vital objective to other issues, and so would com-separated to cover all expanses. It will probably come as a great these to the promoters when they discover that this will hard-they, discover that this will hard-they discover that the newsprint the crime of mob violence cannot endure. The work has

We are sorry to see that Dr. Dates, who brought the five little Diome quintuplets into the world and has protected them ever since from prying eyes as well as disease germs, has resigned as the quints' guardian. It may not be that this means the five little gras will now be placed in a side show, of the biggest circus on ourth, or travel the vandeville strent, but we have a feeling it inears their utique relationthip will soon he exploited for selfish and mercenary reasons in some form or other.

Girl Shows How To **Punt That Pigskin** 

Visitors at The Herald office enterday included two old dends of ours from Miami, even Lammus and Bill Ward, even Lammus and Bill Ward, even themating the Kiwanis con-bition. Newt's was one of the ret families in Miami and his of gave to the City of Miami even from the City of Miami even from the City of Miami even to ocean front for use at public mark which today could be isompt for lave nor short. Newt is tax alsometry there now and they may in one of the best run of-FREMONT, Neb., Jan. 16.-(A) -All through the past football meason Coach William Nelson of Midland College wept hitter teath because he incked a capable punt-

because he incked a capable punt-er. Then came the erowning blow. At the school "Olympics" Miss Ariene. Gardner, a sophomere, slepped up and booted the pig-akin 42 yards, 10 yards better than the avorage of Midland's best male punter. Bibo featned, how from her wrother, Wayne, a former Mid-tend grid star. the best alt. The best alt. The faile the best for now held by Senator of Primado Aming the adder Dave Blastic, Cartton and Street Senator Cartton and Street Cowhand Does Not Mind Reping Bus

LLAND, Tes., San. 1

(Continued From Face Our) by writing to the following: United States Department of Agricultute, Washington, D. C., for Bolletin number 1456 on "Hones For Birds."

Bowling

Or a Line 11 A. M. to S.P. Ito a Line At Hight TONE SEL

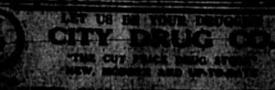
THE P

Cash farm income in the United States in 1938 was approximitely \$7,632,000,000.

They the cost of the newsprint of the routed affinites and of conscience in cases need and the building up a sentiment and a corviction against which my blarket, i should be glad to be the erime of mob violence cannot endure. The work has been the more effective breaus at has enlisted for its format, new and the been the more effective breaus at has enlisted for its format, new and the been from within as a correct section of the united for a survey lass completed by Look Magy been and a social ideal—not from within as a correct default statute. "Whatever be the motives of the sponsors of the present who thought he would be charged at the section of a survey lass completed by Look Magy been and still moorer grace at this crucial juncture of nation and a world affairs. Now of all times the energy of corress is should be focused on questions of real merit and world affairs. Now of all times the energy of corress which my being the fire the fire that a world affairs. Now of all times the energy of the last they may be preced in a nide world affairs. Now of all times the energy of corress as which be free that mere should be focused on questions of real merit and world affairs. Now of all times the energy of the lasted they read they were the base of the base of the base of the world affairs. Now of all times the energy of the lasted they may be in a should be focused on questions of real merit and they were wide they could divise some the first this course. So Evens world affairs for the focused of the some sponsion the base of they preceded in a nide world affairs. Now of all times the energy of the fuel base of they may be in the some sponsion the some spo

UORS WINES GINS C. & C. LIQUOR STORE WE DELIVER SANFORD AVE. PHONE 9123 AMBULANT PROCTOLOGY Surgery to expensive and semetimes despersus as we discovered hefere discarding it in farm. as we dissovered before discard ant (injustion) method of static conditions and varicous w (indiana)) . J. C. I

We Carry A Full Line Of The Best In





Social And Personal Activities LILLIAN ADAMS, Seciety Editor

#### THE SANFORD HERALD, SANFORD, FLORIDA

## CONFERENCE VISITORS ARE HONOR GUESTS AT KIWANIS ANNUAL BALL

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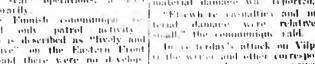
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### PAGE THREE

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GET THE THRILL

Picking

LACE 5-16 MILE

ONIGHT'S ALL-STAR FEATURE

POST-TIME Bill P.

ORLANDO KENNEL CLUB

Muners

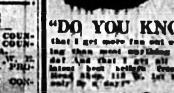
THE THEOR NO G

inition at the chapter's January menting yesterday at the home of Mrs. C. R. Dawson with Mrs. W. Henney and Mrs. Corry Mer-an interesting talk on "Wil-inmeter Restoration was giv-on by Mrs. John Schirard, Jr., whose home was formerly in Wil-liamuburg, Va., thus enabling her to size party followsie Taets con-curring for salies. Also on the program was a display of jawelry by Mrs. J. B.

During the regular business ceting, presided over by Mrs. H. said for the annual Found-Day on Fax 8.

LEGAL NOTICE

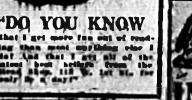
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PLORIST









A Love Story





in 1936. "During my term as County Cierk I have tried to serve the residents of Seminole County conteously and efficiently and will continue to do so if re-elect-ed," he stated. On his election as County Court Cierk in 1936 Mr. Herndon inau-gurated a double entry system for keeping the records of his office and all acounts are balanced daily. In the annual audit for his office the State audit for his to say, "The records were found ward F. Lane said today.

· James G. Sharon

had 707. Morrison 163, and More-ley 270. Long had a majority of only 1767 votes in New Orleans. Governor Long fought to retain his seat, maintain in power the indigent to retain built by his slain brother. Chai-lenging him for the vital Demo. eratic nomination were four anti-ole County.

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