

Sanford Herald

82nd Year, No. 274— Sanford, Florida

NEWS DIGEST

INSIDE

Sports

Sanford hammers Orlando Rec.

EDGEWATER — Jamie King tossed a four-hitter, striking out eight while the offense collected five extra base hits and stole 18 bases as the Sanford All Stars played alive in the Florida Junior Major League District IV Baseball Tournament with a 13-3 hammering of Orlando Recreation at Whistle Stop Park.

The win advances Sanford to the final four. See Page 1B

Rams post win over Adcock

LAKE MARY — Playing against Adcock Roofing (Seminole High School's summer team), the Lake Mary Rams posted an 8-7 win in a game that saw the return of Chris Hancy from a fractured ankle and the recovery of starting pitcher Chris Jackson from an almost disastrous beginning. See Page 1B

Florida

Shuttle commanders grounded

CAPE CANAVERAL — Two veteran shuttle commanders in training for 1991 missions were removed from their crews and grounded Monday for violating flight safety rules, the latest in a series of embarrassing setbacks for NASA. See Page 2A

Nation

Postal Service to contract work

WASHINGTON — The U.S. Postal Service said Monday it had made a preliminary decision to have private contractors operate a new automated technology designed to speed the processing of the mail. See Page 6A

BRIEFS

Injunctive relief not granted

SANFORD — A Seminole County circuit judge ruled yesterday that the injunctive relief sought to remove all live school board members and Supt. Bob Hughes from office could not be granted without giving the defendants 20 days to respond.

On June 29, Lefler ruled that the three school board seats which will be contested in November must be run as partisan races. Those seats are currently held by board chairman Ann Neiswender and members Pat Telson and Larry Betsinger. Lefler did not rule that the seats presently held by vice chairman Nancy Warren, board member Joe Williams Jr. and Hughes should be vacated before they expire in November 1992 and run on a partisan format.

Attorneys Michael D. Jones, representing school board candidate Bill Kroll and former school board candidate Wes Pennington, and Tricia A. Madden, representing Jim Oeque of the Republican Executive Committee, claimed that they and "those unknown, unannounced candidates desiring to seek election to the school board" were being hurt by the fact that whole board would not be removed and partisan elections held for all seats. They could not convince Judge Kenneth Lefler that their new lawsuit would accomplish that which they intended.

Man lifted with hoist

WESTBURY, N.Y. — A 500-pound man complaining of chest pains was lifted out of his home by a hand-cranked hoist and then taken to the hospital by nine police officers, authorities said.

Police came to the aid of Charles Langendorf, 28, after he complained of pain around his heart and down his left arm Monday, said Emergency Service Police Officer William Costigan.

It took 1 1/2 hours for the nine police officers to get him out of the house and to the Nassau County Medical Center, Costigan said.

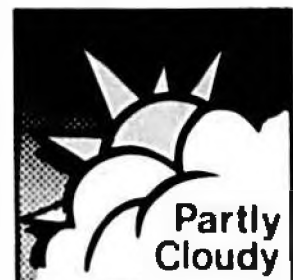
A hand-cranked lift, kept in the house by Langendorf's family, was used to lift him out of the bed.

From staff and wire reports

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Partly cloudy and steamy



Partly cloudy with a 50 percent chance of afternoon thunderstorms. High in the low to mid 90's with a southeasterly wind at 10 mph.

For more weather, see Page 2A

Cop tax hike asked

County approves sheriff's request for sales-tax ballot

By SUSAN LODEN
Herald staff writer

SANFORD — Seminole County voters may decide in a second primary election if they are willing to pay a one-cent, one-year, local sales tax, possibly in 1991, to pay for major law enforcement projects in the county and its cities.

The tax would be in addition to the current 6-cent state sales tax.

The Seminole County Commission unanimously agreed in a workshop Monday afternoon in Sanford to proceed with steps required to take the tax proposed by

Sheriff John Polk to the voters Oct. 2

Polk agreed to further study the specifics needed to carry out the criminal justice capital outlay projects proposed to be paid for by the tax. Additional information will be presented to the commission Friday.

Polk proposes spending the bulk of the proposed tax to construct a new \$10 million, four-story, 100,000-square-foot administration building for his department. He would also add 400 minimum-security, dorm-style bunks to the

See Sheriff, Page 5A



Herald Photo by Tommy Vincent

Sheriff Polk proposes tax increase as police chiefs listen. Lake Mary's Charles Lauderdale (center), Longwood's Greg Manning, Sanford's Steven Harriett (right rear), Altamonte Springs' William Liquori, Winter Springs's John Govorhuk. All supported Polk.

Lean county budget to expand services

By J. MARK BARFIELD
Herald staff writer

SANFORD — Although the proposed \$212.5 million Seminole County budget for next year is lean even with a 30 percent tax increase, it does

include better fire and sheriff's services for residents of the county.

The number of firefighters on fire engines could increase from two men to three, enabling more engines to stay on the road longer and quicker preparation time once the engine arrives at an

emergency scene. Eight new deputies and a crime scene technician could be on duty by next year, giving the county better law enforcement protection.

But increased services and inflation carries a See Budget, Page 5A

LAST-DITCH PLEA REJECTED



Herald Photo by Kelly Jordan

Laid-off clerk Pat Lee (r) talks to employee Carolyn Miller; Janita Collins looks on.

Sanford workers fail to preserve jobs they're losing in austerity

By J. BRADLEY DILLING
Herald staff writer

SANFORD — A group of city employees scheduled to be laid off to stave off a tax increase presented the city commission last night with alternatives to the layoff, but to no avail.

Lyle Willis, a city building inspector, presented the commission a petition signed by 85 city employees who said they would forego the three percent cost-of-living allowance raise next fall in an effort to keep city costs down and thus eliminate the need to lay off 15 employees.

City Manager Frank Eason last week proposed balancing the city budget, in part, by eliminating 15 city positions, most of them

clerk typists. During budget discussion meetings last week, the city manager formulated the proposal in response to an order from the commission to produce a budget plan that would not include raising city ad-velorum taxes. Eason had said cutting the positions would reduce city expenditures by \$308,000.

Mayor Bettye Smith last night thanked Willis for being polite in his presentation, but said she would not consider eliminating the COLA raise.

"This petition was put together out of concern, that we want to help," Willis said. "We know that this is not a cure-all. We know that there are a lot of things that you have to do to balance the budget. We want to help."

"I don't think we should deny our people See Workers, Page 5A

Longwood OKs redevelopment master plan

By NICK PFEIFAUER
Herald staff writer

LONGWOOD — The first step in what will prove to be a long journey was taken by the City of Longwood last night, as the city commission gave final approval to a downtown redevelopment master plan.

The commission also reviewed the proposed city budget, which will include some funding requests for the redevelopment plan.

Jim Coleman, who has been working with Longwood's "Visions" program, said, "The commission only approved the concept of this plan, not the actual details, which still remain to be worked out." He said, "The initial part of this however, Phase I, will probably be funded in this year's budget."

Coleman listed the items in Phase I as "the new city hall complex which includes a new recreation center, the Church Street demonstration project. See Longwood, Page 5A

Lions preparing for big campaign

From staff and wire reports

Lions Club members in the Sanford and Lake Mary areas were waiting today for District Governor Stan Rockey to return from an international conference in St. Louis before gearing up for the most ambitious fund-raising campaign in the national organization's history.

Rockey, from Sanford, will report to members in the seven Central Florida counties he presides over on the launching of the \$100 million campaign to try preventing millions of people around the world from becoming blind.

Sanford Mayor Bettye Smith, president of the Sanford Lion's Club, said the organization has always committed itself to sight preservation through such projects as providing eyeglasses for children who cannot afford them. She said extra money from regular fundraisers and dues will be contributed to Lion's Club International.

"People can help by supporting our projects," she said. The next fundraiser is a spaghetti dinner scheduled for September 29.

Altamonte Springs Lion Club's secretary Ed Werner said his club has its own sight program, but will participate in the international program to See Lions, Page 3A

Sanford lacks leadership, candidate chides mayor

By J. BRADLEY DILLING
Herald staff writer

SANFORD — Civic activist Martha Yancey confirmed today she is a candidate for city commission after telling Mayor Bettye Smith in a heated exchange last night that the city lacked leadership.

City Clerk Jim Donahoe said Martha Yancey, 2100 Cordova Drive, Sanford, filed papers designating a bank account for campaign funds June 7.

Donahoe said the document was notarized by Joyce Randall, who is a secretary for the city personnel department and a notary public.

"This has motivated me to run for the commission," Yancey said. "They have overspent now and they are trying to get out from under it," Yancey said. "They are suffering from poor budget management and poor leadership."

Following is a transcription from a recording of See Yancey, Page 5A



Mayor Bettye Smith



Candidate Martha Yancey

Man charged in family batteries

SANFORD — A man who allegedly grabbed his stepdaughter by the hair and pulled her from a chair, and also allegedly battered his wife, has been arrested by Sanford police. Robert Jerome Davis, 36, 208 Meadow Hills Drive, Sanford, was charged with battery and spouse abuse-battery at home at 12:10 p.m. Sunday.

Wife reports battery, marijuana crop

SANFORD — A rural Sanford woman who was complaining to a Seminole County sheriff's deputy that her husband had battered her Friday also reportedly tipped the deputy to marijuana the husband was allegedly growing in their back yard.

Deputies checked the yard of Raymond Joseph Bennett, 46, 1208 Wynn St., Sanford, and reported finding two pot plants growing in the yard. That brought charges of cultivation of marijuana and possession of less than 20 grams of marijuana against Bennett at 11:04 p.m. Friday. He was arrested at home.

Man kicked in face

LONGWOOD — Longwood police report charging Carl Bernard Kelley Jr., 29, 1190 U.S. Highway 17-92, Longwood, with battery after he allegedly kicked Thomas Strawn in the face.

Police said the men were arguing at the Lake Fairy Motel, U.S. Highway 17-92, when Strawn was knocked down and kicked repeatedly at about 12:45 a.m. today. He was treated for facial cuts at South Seminole Community Hospital, Longwood. Kelley was arrested at home at 1:23 a.m.

Man uses submachine gun in threat

WINTER PARK — One of two robbers who tried to take the car of three women as they arrived at a rural Winter Park restaurant at about 8:50 p.m. Monday night.

Unkyung Chung, 21, of Winter Park, and her companions, as well as witnesses told Seminole County sheriff's deputies that one of the robbers appeared to be armed with a submachine gun. That man demanded Chung's car keys and forced his way into the car, which the women refused to leave. When that man couldn't get the car started outside Boardwalk Pizza, 5485 Lake Howell Road, the robbers fled. The women were not injured, deputies reported.

Seminole County DUI arrests

SANFORD — The following persons face a charge of driving under the influence in Seminole County:

- Donald Ray Brooks, 22, 1000 Lake of the Woods Blvd., 206-D, Fern Park, was arrested at 12:51 a.m. Sunday after his car was seen weaving on State Road 436, Altamonte Springs.
- Richard Dennis Guerin, 34, 840-F Lake Destiny Road, Altamonte Springs, was arrested at 10:35 p.m. Saturday after his car remained stopped in an intersection of State Road 436, Altamonte Springs, at a traffic light.
- Hans Alben Soto, 31, of DeLand, was arrested Friday on U.S. Highway 17-92, Sanford, after his motorcycle was clocked traveling 80 mph in a 45 mph zone.
- James Allen Sutter, 27, 1221 John Lord St., Sanford, was arrested at 9:52 p.m. Saturday after his truck ran a red light on Lake Mary Boulevard, Lake Mary.
- John Doe, also known as David Lee Taylor and James Dellafield, 21, or 18 years old, 15 Cowan Moughton Terrace, Sanford, was arrested at 2:51 a.m. Sunday on County Road 48-A, Lake Mary, after his car was seen weaving on Rinehart Road, Lake Mary. He was also charged with obstruction, driving with a suspended license, refusing to sign a citation and corruption by threat, for allegedly threatening a police officer.
- Oney Johnson, 44, 1403 Locust Ave., Sanford, was arrested at 9:15 p.m. Saturday after his car was seen speeding and following too closely behind another vehicle on Celery Avenue, Sanford.
- Larry Robert Dannen, 47, 701 Windwillow Circle, Winter Springs, was arrested at 1:33 a.m. Sunday after his motorcycle was clocked traveling 51 mph in a 35 mph zone on U.S. Highway 17-92, Sanford.

Lake Mary seeks art for city hall opening

From staff reports

LAKE MARY — Area artists are invited to hang examples of their paintings in the new Lake Mary City Hall for the dedication July 14. Margaret Wesley, chairman of the Art Coordination Committee said yesterday. Paintings must depict Central Florida life or area historic scenes.

Wesley met recently with City Manager John Litton, who approved the local mini art show.

Wesley said artists must supply their own easels. Paintings may remain on display one

week and must be the artist's own work.

Wesley said the show will give city commissioners and the public time to evaluate and enjoy the works before a decision is made about permanent art for the building.

Wesley said the city is not responsible for loss or damage to any paintings.

For more information call 322-5911 or 323-3918.

Other members of the Art Coordination Committee are: Claire O'Conner, Mary Jane Duryea, Mrs. Ty DeLimon, and Ada Mae Sjablom.

Lions

Continued from Page 1A

halt blindness.

Longwood-Lake Mary secretary Oyle Workman is aware of the new program, called SightFirst, which was introduced Monday at the conference that included satellite hookups with blindness experts and reporters in London and Washington, D.C.

"Stan is being introduced to this right now. When he returns

we'll know all about it," Workman said.

Lions International President William Woolard called the effort "the greatest challenge" in its 73 years.

About 40 million people around the world are blind, but 80 percent of all blindness can be prevented or cured, said Dr. Carl Kupfer, director of the National Eye Institute and president of the International Agency for the Prevention of Blindness.

Prosecutors asked to probe West charges

United Press International

TALLAHASSEE — After a final review of her case, the state comptroller on Monday notified B.J. West, one of Gov. Bob Martinez's fund-raisers, that she owed the state \$4,100 for filing false time sheets and travel expense reports.

The five-page letter from Comptroller Gerald Lewis also informed West that he was asking the Orange County state attorney to investigate charges she filed false time sheets with the Department of Health and Rehabilitative Services, where she is an employee.

West, who could not be reached for comment, is accused of cheating both HRS and the Orlando-Orange County Expressway Authority, which she serves as chairman. Martinez appointed her to the expressway authority in 1987, after his election in 1986.

She also was hired to a \$44,000-a-year job as a fundraiser at HRS after helping Martinez raise campaign funds for his 1986 campaign. She also has helped raise funds for his current re-election campaign.

In a written response to the comptroller's office on May 1, West said she only owed the state \$29.

Terry McElroy, a spokesman for the comptroller's office, said Monday that the state had already revoked \$3,500-worth of West's vacation pay, and in his letter transmitted to her office via facsimile machine on Monday, Lewis asked West to repay an additional \$600. The biggest share, \$202, was for HRS leave without pay.

McElroy said West was also ordered to repay the state for \$203 in phone calls charged to both HRS and the expressway authority — including those made to Martinez's campaign headquarters — and to repay the authority \$195 in travel expenses.

"She was on the state (HRS) clock at a time she was traveling around the country and around the world on expressway authority business," McElroy said. One of those trips was to Spain, another was to Chicago.

"Meanwhile, her time sheet reflects she worked for the state at that point," he said.

In May, comptroller investigators accused West of overcharging the state \$6,900, but she was able to justify some of her expenses. On Monday, Lewis revised the total owed to \$4,100.

"In addition to the \$3,500 she's already been docked from her pay for falsified attendance records ... we find there's another \$600 or \$700 she owes the state in questionable phone calls and questionable travel, and further that we're turning the matter over to the state attorney's office for further investigation," McElroy said.

In her written response several weeks ago, West said she signed blank HRS time sheets "which were completed by support staff in Tallahassee."

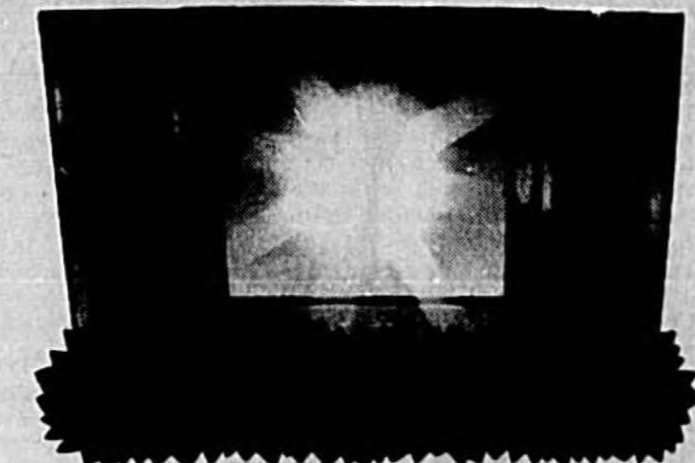
She also said she routinely worked more than 40 hours per week, the amount claimed on the sheets.

Lewis' letter also accuses West of making her HRS secretary balance West's personal and private business banking accounts.

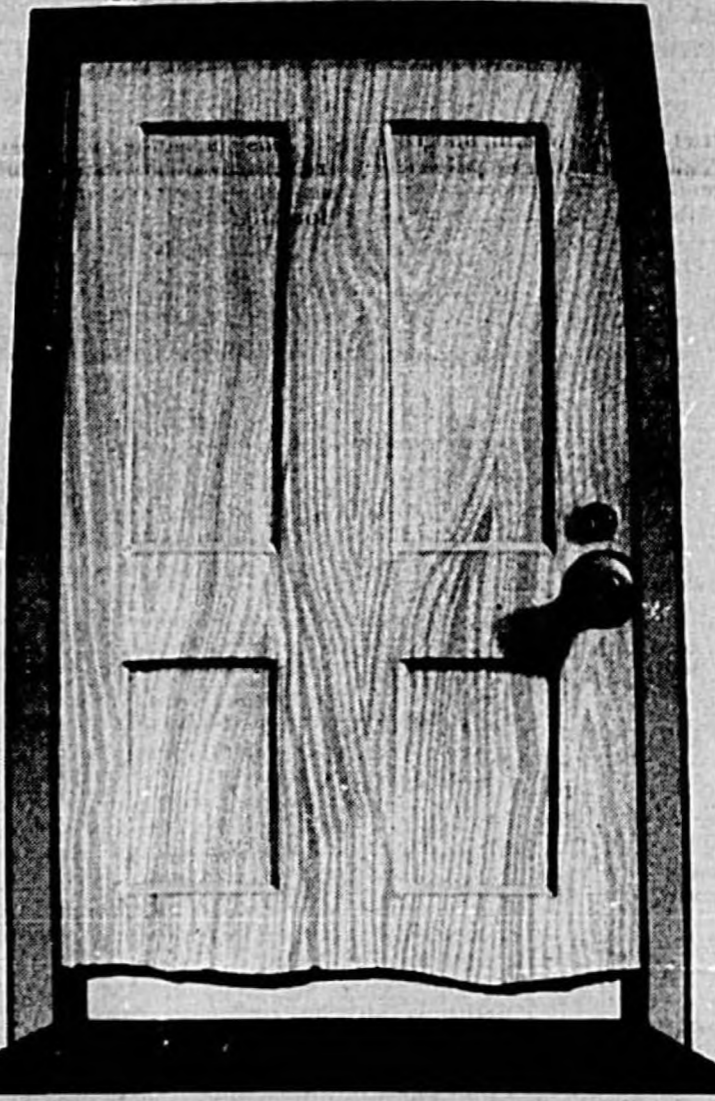
A poorly insulated water heater consumes extra kilowatts.



Untinted windows can make an air conditioner eat more energy.



Cool air is gobbled up by gaps around doors or windows.



Poor insulation can make your air conditioner guzzle electricity.

Many showerheads feast on hot water.



Is your home a glutton for electricity?

If your electric bills go up in summer, that's normal.

It's not pleasant, but it's normal. In warm weather, the cost of cooling your home can double your bill.

But if your home's appetite for electricity is causing you concern, we can provide professional help.

You need to call FPL's special Summer Hot Line for assistance.

We'll send a trained specialist to your home to conduct a free energy survey. Which checks for areas of waste and suggests ways to improve them.

Or, we'll send you a free "Summer Energy Diet Kit." It's full of inform-

ation about ways to hold down your summer energy usage and your bill.

From installing insulation, to tinting your windows, to choosing a more efficient water heater.

The kit even tells how to get money-saving conservation rebates from FPL if you qualify.

Call us for a free, no-obligation home energy survey or a "Summer Energy Diet Kit."

Before your home's hunger for power gives you high blood pressure.

CALL OUR SUMMER HOT LINE AT 1-800-DIAL-FPL (1-800-342-5375).



People

CALL

Toastmasters meet

Seminole Community College (SCC) Toastmasters Club #6581 will meet the second and fourth Tuesday of the month through Labor Day, at 7:30 p.m. in the SCC library building, room L-008. Contact Claire at 689-6518 for more information.

Obesity surgery group to meet

The Seminole Chapter of SOB (Support Obesity Surgery) Support Group, for those who have had bariatric surgery or their loved ones, meets the second Tuesday of each month in Classroom #103 of the Physicians Plaza Building, 531 W. S.R. 434, Longwood, at 7 p.m. Call 333-6500 for more information.

Panic Attack group to meet

Agoraphobia/Panic Attack Support Group meets each Tuesday at 8 p.m. at West Lake Hospital, 580 W. State Road 434, Longwood. The support group is for those who are afraid to go out of their house and be active in public.

Geneva Homemakers to meet

The Geneva Extension Homemakers hold a luncheon meeting at 10 a.m. on the second Wednesday of each month at the Geneva Community Hall on First Street. A business meeting and crafts follow. The public is invited. For more information, call Virginia Greer at 349-5772.



Yard of the Month

The yard of Ed, Sheryl and Ed Sherry Jr., 213 Senora Blvd., was selected by Sanora Homeowners' Association as "Yard of the Month" for June. The exceptionally well kept yard is left open to the front of the house, except for a large oak tree on one side and a young sweet-gum tree on the other. The newly renovated, freshly painted home is bordered on the front and sides with variegated pitts and a zebra grass. The easy-on-the-eye setting is accented by window boxes on either side, one with beautiful blooming petunias and the other with the glowing bloom of the yellow mum.

Living lie taxes couple

DEAR ABBY: We need help with a problem we can't ask anyone else about, and when I tell you what it is, you will understand why.

Forty years ago, I became pregnant and I wasn't married. My boyfriend and I sold our parents (and everyone else) that we were secretly married, and we have been living this lie ever since.

We subsequently had more children — and now grandchildren — but we never had any kind of marriage ceremony because we didn't want it known that we had never married.

My husband and I were both born and raised in Pennsylvania and have never lived in any other state. We know that Pennsylvania recognizes common-law marriages, but here's our question: Does the IRS feel the same way about common-law marriages as the state of Pennsylvania? We've been filing joint tax returns all these years.

Call it a mental block or whatever, but we have never really faced this problem. Can you help us?

TWO FRIGHTENED OSTRICHES

DEAR OSTRICHES: Have no fear. Since the state in which you have been living for 40 years recognizes common-law marriages, you are married, for the purposes of filing a joint federal income tax return. If you are still concerned about how the IRS feels about common-law marriages, consult an attorney who is familiar with tax law.



DEAR ABBY: A so-called friend of mine talked me into doing something that I really didn't want to do.

I didn't want to do it because I knew we would get into a lot of trouble if we were caught. I wanted to tell him "no," but I just didn't have the courage to. I regret it now, because I'm in jail. I guess I just don't know how to say "no!"

Is there an easier way to say "no" than just "no"?

IN JAIL IN ARIZONA

DEAR IN JAIL: The word "no" is probably the easiest word to pronounce and the most difficult to say in any language. Fortunately, you know your limitations. Since you lack the courage to say "no," in the future, you would be wise to avoid the person who would lead you into temptation.

NEW ARRIVALS

SANFORD — Irene James and Stephen Schlatter, Sanford, announce the birth of their son, Michael Jay Schlatter, on June 29, 12:29 p.m., at Central Florida Regional Hospital, Sanford. Michael weighed 8 pounds 12 ounces and measured 20 1/2 inches long at birth.

LONGWOOD — Bruce and Yvonne Jones, Lake Mary, announce the birth of their daughter, Erika Lynn, born June 24 at Physicians Birthing Center, Longwood. Maternal grandparents are Mr. and Mrs. Jerry M. Tufford, Longwood. Paternal grandparents are Mr. and Mrs. H. Dewey Jones, Boulder, Colo.

Floyd Theatre
 ADVISE
 12:30 2:30 4:30 6:30 8:30
WAR OF THE ROSES
 ANOTHER 48 HOURS
 NO PRIZES NO DISCOUNT

Lee's FAMOUS CHICKEN RECIPES ARE OUR OWN BEST ADVERTISEMENT IT'S HONEY DIPPED!

Wednesday Special
3 PC. CHICKEN DINNER
 With Mashed Potatoes, Orig. Cole Slaw
 2 Biscuits
 Substitutions • Extra Good All Day Wednesday
 No Coupon Necessary **\$2.89**

COUPON
FEED A FAMILY OF 4 FOR
 Offer Expires 7-15-90
 2 pieces of golden brown Lee's Country Chicken mixed with potatoes, 1 pint mashed potatoes, 1/2 pint gravy, 4 homemade buttermilk biscuits.
 Not valid with any other offer or discount. **\$6.99**

COUPON
SUPER SNACK
 2 pc. Chicken, biscuit and side vegetable. Not valid with other discount. Offer Expires 7-15-90. **\$1.99**

15-Pc. Box
 Pick Famous Recipe® or Crispy Plus (mixed, white/dark). Hurry in. Offer good for a limited time only. No coupon necessary. Not valid with any other offer or discount. **\$9.99** PLUS TAX

Lee's WE CATER ANY SIZE GROUP
 Over 18 Years In Sanford
Famous Recipe, COUNTRY CHICKEN
 1906 S. French Ave. (17-92) SANFORD 323-3660

TUESDAY

STATION	TIME	PROGRAM	DESCRIPTION	STATION	TIME	PROGRAM	DESCRIPTION
2	6:00	ABC News	6:00-6:30	11	11:00	11:00-11:30	11:00-11:30
3	6:00	ABC News	6:00-6:30	12	12:00	12:00-12:30	12:00-12:30
4	6:00	ABC News	6:00-6:30	13	1:00	1:00-1:30	1:00-1:30
5	6:00	ABC News	6:00-6:30	14	2:00	2:00-2:30	2:00-2:30
6	6:00	ABC News	6:00-6:30	15	3:00	3:00-3:30	3:00-3:30
7	6:00	ABC News	6:00-6:30	16	4:00	4:00-4:30	4:00-4:30
8	6:00	ABC News	6:00-6:30	17	5:00	5:00-5:30	5:00-5:30
9	6:00	ABC News	6:00-6:30	18	6:00	6:00-6:30	6:00-6:30
10	6:00	ABC News	6:00-6:30	19	7:00	7:00-7:30	7:00-7:30
11	6:00	ABC News	6:00-6:30	20	8:00	8:00-8:30	8:00-8:30
12	6:00	ABC News	6:00-6:30	21	9:00	9:00-9:30	9:00-9:30
13	6:00	ABC News	6:00-6:30	22	10:00	10:00-10:30	10:00-10:30
14	6:00	ABC News	6:00-6:30	23	11:00	11:00-11:30	11:00-11:30
15	6:00	ABC News	6:00-6:30	24	12:00	12:00-12:30	12:00-12:30
16	6:00	ABC News	6:00-6:30	25	1:00	1:00-1:30	1:00-1:30
17	6:00	ABC News	6:00-6:30	26	2:00	2:00-2:30	2:00-2:30
18	6:00	ABC News	6:00-6:30	27	3:00	3:00-3:30	3:00-3:30
19	6:00	ABC News	6:00-6:30	28	4:00	4:00-4:30	4:00-4:30
20	6:00	ABC News	6:00-6:30	29	5:00	5:00-5:30	5:00-5:30
21	6:00	ABC News	6:00-6:30	30	6:00	6:00-6:30	6:00-6:30

For 24-hour listings, see LEISURE magazine of Friday, July 6.

Elaines Hallmark
 (Next To JCPennneys in Sanford Plaza)

★ Everything 1/2 Price ★

All Hallmark Cards • Gift Wrap • Jewelry
 Precious Moments • Hummels • Music Boxes
 Mugs • Puzzles • Albums • Ribbons • Bows
And Much, Much More!
 (Sorry Balloons Not Included)

322-6982

LITCHFIELD CINEMAS
 3850 North Highway 17-92 • Lake Mary • 324-0115

DISCOVER THE LITCHFIELD EXPERIENCE, FRIDAY JULY 13, 1990 AT 6:00 P.M. A NEW ERA IN MOVIE ENTERTAINMENT IN LAKE MARY BEGINS WITH 10 LUXURIOUS THEATRES UNDER ONE ROOF, BRINGING YOU THE ULTIMATE IN MOVIE GOING...

GHOST
 BELIEVE

WALT DISNEY'S JUNGLE BOOK

THE MURPHY'S FAMILY
 THE ORIGINAL "WHEELCHAIR"

QUICK CHANGE

TOTAL RECALL
 A SCHWARZENEGGER

ANDREW DICE CLAY
 THE ADVENTURE OF FORD FARLANE

RICHARD GERE JULIA ROBERTS
 BETSY'S WEDDING

DIE HARDER
 DIE HARD 2

YOU'VE SEEN THE BEST. NOW YOU CAN ENJOY THE BEST!

Luxurious Seats
 Stereophonic Sound
 TEN (10) WIDE WIDE SCREENS
 BEAUTIFUL DECOR & FURNISHINGS

Listen To Jay Scott & The Wake Up Club on XL 106.7 FM Daily For Prizes And Surprises

CONGRATULATIONS TO LITCHFIELD THEATRES ON THEIR EXPANSION PROGRAM OF 1990

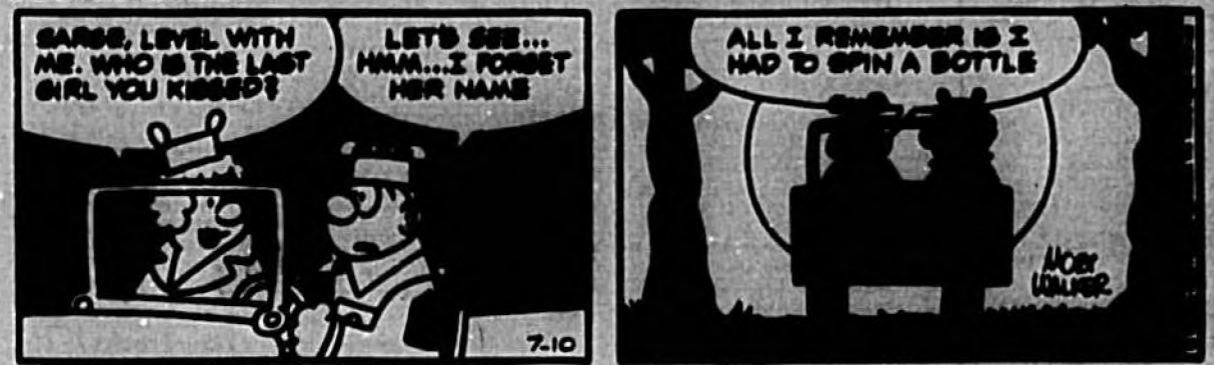
Cinema Concept Theatre Service
 Pacer Corp. Manufacturer of Computer Tickets
 Kintek State-of-the-Art Sound Equip.
 American Desk The finest in theatre chairs
 Strong International Projection Equipment
 Blivins Concession Supply Company
 Mississippi Stage and Drapery Company

BLONDIE



by Chic Young

BEETLE BAILEY



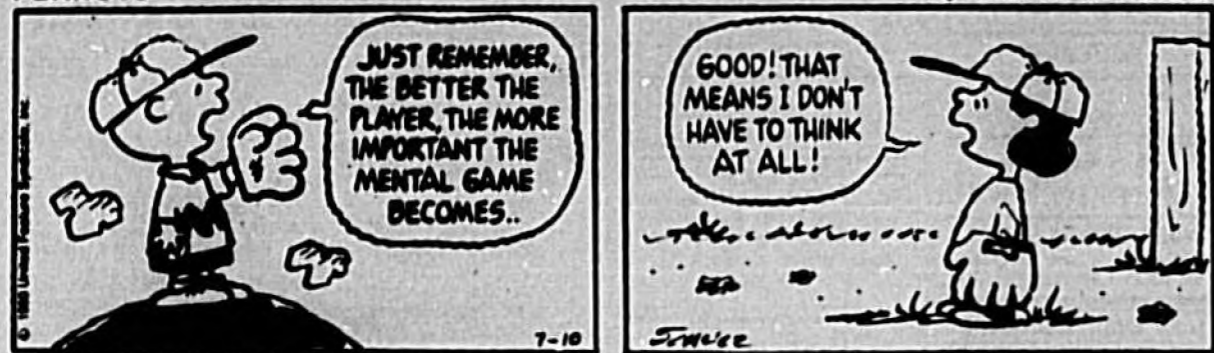
by Mort Walker

THE BORN LOSER



by Art Sisson

PEANUTS



by Charles M. Schulz

BEK & MEK



by Howie Schneider

TUMBLEWEEDS



by T.K. Ryan

ARLO AND JANIS



by Jimmy Johnson

FRANK AND ERNEST



by Bob Thaves

GARFIELD



by Jim Davis

BUGS BUNNY



by Warner Brothers

Diet tips help prevent recurring constipation

DEAR DR. GOTT: I'm a 71-year-old with a constipation problem. Will Metamucil taken twice daily harm me, or is there something else more effective?
DEAR READER: Constipation is common in older patients. It can result from increasing inactivity and a change in diet. It is a side effect from many medicines, such as drugs for heart disease and hypertension.

I'd like to add that a change in bowel habits should alert people to check with their doctors. The first sign of an intestinal tumor may be constipation. Therefore, any sudden or progressive alteration in pattern - especially toward constipation - needs medical attention.

You should discuss your problem with your family doctor because your constipation may be easily treatable. In general, the following suggestions usually help patients:

- Eat more roughage and fiber, such as bran, fruit and salads.
- Snack on potassium-rich foods, such as apricots and prunes. These fruits (and their juices) stimulate bowel action. In particular, eight ounces of hot prune juice a day will usually keep things moving.
- Consume extra fluids, especially in warm weather.
- Exercise regularly.
- Use non-habituating laxatives, such as magnesium or glycerine suppositories, on occasion, when needed.

If you're taking medicine that causes constipation, ask your doctor to lower the dose or consider an alternative.

Metamucil is not a laxative. Rather, it is a bulking agent (made of psyllium mucilloid) that maintains regularity by adding body to the stool. It will not harm you; in fact, recent reports have shown that regular use of Metamucil may lower blood cholesterol.

If this product solves your problem, fine. If not, try the suggestions I mentioned above.

I discourage older people from using laxatives - especially strong ones such as mineral oil - because the bowel can become dependent on them. Also, chronic use of high-potency laxatives may damage the intestinal lining. Therefore, you're probably better off treating constipation in more "natural" ways.



PHYSICIAN

PETER GOTT, M.D.

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ACROSS

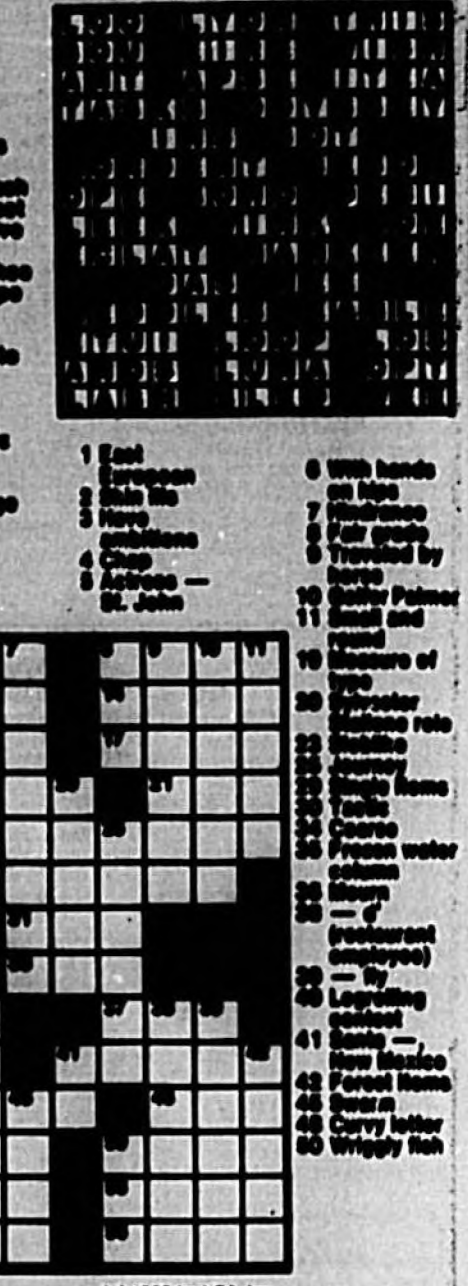
- 1 Sleep rest
- 2 End of
- 3 Kind of
- 4 Covered
- 5 Across pipe
- 6 The --
- 7 Emerald lake
- 8 Discover
- 9 Across --
- 10 Human
- 11 Author
- 12 Father
- 13 Greek letter
- 14 Country
- 15 Balance
- 16 Even
- 17 20-20 --
- 18 Courtesy
- 19 Only
- 20 Express
- 21 Soap and
- 22 Hair --
- 23 To-9-9 --
- 24 Pay penalty for
- 25 Across Bath

DOWN

- 26 Hawaiian volcano
- 27 Same --
- 28 Getting
- 29 Heavy
- 30 Of --
- 31 --
- 32 --
- 33 --
- 34 --
- 35 --
- 36 --
- 37 --
- 38 --
- 39 --
- 40 --
- 41 --
- 42 --
- 43 --
- 44 --
- 45 --
- 46 --
- 47 Part of a shoe
- 48 Color shape
- 49 Female
- 50 --
- 51 Addition to
- 52 --
- 53 --
- 54 --
- 55 --
- 56 --
- 57 --
- 58 --
- 59 --
- 60 --



Answer to Previous Puzzle



By James Jacoby

It's not often that the bidding gives such a clear picture to a defender of what needs to be done to set the contract. Put yourself in the East position after partner has led the six of clubs. You play the ace, and declarer drops the king. Although it is barely possible that declarer holds K-Q-9-8 of clubs and is making a clever deceptive play, it is more likely that declarer had the lone king of clubs. He cannot have more than nine points in hearts (A-K-Q), and the problem for East is to picture the rest of declarer's hand. Of course if declarer lacks the king of spades, he should have the Q-J of diamonds. But if he holds the king of spades, he would easily have the values to jump to three hearts without the diamond

jack. Do you get the drift? East's best chance to take five tricks and set the hand is to find declarer with three losing diamonds and West with the 10 of hearts. If South has the diamond queen and not the jack, defender East must give him the chance to go wrong. So at trick two East should lead a low diamond. Unless declarer is looking into East's hand, he will put in the 10 of diamonds. (This wins when East is leading from A-J or K-J and only loses when East holds A-K and is brave enough to underlead.) West will win the jack and return the suit, and East will take the A-K and play a fourth diamond. Hapless South's fate is sealed before he can even get started playing the hand.

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NORTH 10-00
 ♠ A Q 9 7
 ♥ 8 4
 ♦ 7 5 3
 ♣ J 7 4 2

WEST 0-0-0
 ♠ 8 6 4
 ♥ 10 9
 ♦ J 9 5
 ♣ Q 8 6

EAST 0-0-0
 ♠ 10 8
 ♥ J 10 6
 ♦ A K 5 4
 ♣ A 10 5 3

SOUTH 0-0-0
 ♠ K 10 3
 ♥ A K Q 7 3 2
 ♦ Q 10 6
 ♣ K

Vulnerable: East-West
 Dealer: South

South	West	North	East
1♥	Pass	1♠	Pass
2♥	All pass		

Opening lead: ♠ 6

By Bernice Bode Ouel

YOUR BIRTHDAY
 July 11, 1990

Partnership arrangements you establish in the year ahead for very specific reasons should work out rather well. On the other hand, loosely structured alliances may crumble.

CANCER (June 21-July 23) Mentally you should be sharp as a tack today, but you might be a trifle clumsy with your hands. Focus on intellectual assignments and avoid using tools if possible. Cancer, treat yourself to birthday gift. Send for your Astro-Graph predictions for the year ahead by mailing \$1.25 to Astro-Graph, c/o this newspaper, P.O. Box 91428, Cleveland, OH 44101-3428. Be sure to state your zodiac sign.

LEO (July 23-Aug. 22) Make your responsibilities and duties priority matters today instead of relegating them to a lesser position on your "must do" list. Beneficial surprises could be in the offing.

VIRGO (Aug. 23-Sept. 22) You'll know how to make things fun for your companions today by keeping a flexible agenda. If

everyone plays things by ear, a good time can be had by all.

LIBRA (Sept. 23-Oct. 23) Several matters that haven't been resolved properly thus far can be concluded to your satisfaction today if you have a mind to do so. You'll feel better after things are in place.

SCORPIO (Oct. 24-Nov. 22) This should be a fun day for you owing to some unusual circumstances that could spice things up. Have a ball, but try to put a lid on your spending.

SAGITTARIUS (Nov. 23-Dec. 21) Lady Luck might play an active role in your commercial or financial affairs today. Don't take any foolish gambles, but be bold enough to capitalize on fast-breaking developments.

CAPRICORN (Dec. 22-Jan. 19) Do not be too rigid or forceful in arrangements today where you are required to play a leadership role. Everything will run more smoothly if you don't take yourself or events too seriously.

AQUARIUS (Jan. 20-Feb. 19) There is a possibility to may gain in some manner at this time from an endeavor that has been

sitting idle for quite awhile. Unusual circumstances might infuse it with new life.

PISCES (Feb. 20-March 20) Be extra attentive and friendly toward new people you meet at this time, because one or two of these acquaintances could blossom into permanent relationship.

ARIES (March 21-April 19) You inherently possess imagination and resourcefulness and today these attributes will be accentuated. Use your gifts to further your personal ambitions in a responsible manner.

TAURUS (April 20-May 20) Interesting involvements could be in the offing for you today. You may learn of something you can use to your advantage and you will also dispense information or know-how friends find helpful.

GEMINI (May 21-June 20) You'll respond effectively today to unexpected developments that will have advantages others might overlook. Even though they may lack your foresight, try to include them in the picture.

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ANNIE



by Leonard Starr