



Sanford Herald

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900 N. W. 110, Sanford, Florida



Today: Partly cloudy with isolated afternoon showers. High in the upper 20s to near 30. Chance for rain less than 20 percent. Wind: southeast 10 to 15 mph and gusty.

For more weather see page 2A

TODAY

BRIEFS

Watch meeting

Time to sing out

Disaster areas

Blood drive

Longwood meeting

Ribbon cutting

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Invest in the human soul. Who knows, it might be a diamond in the rough.

-Mary McLeod Bethune

Does liquor law have a prayer?

City takes a second look at distance between bars and churches

By NICK PFEIFAU
Special Staff Writer

The Sanford City Commission has taken a second look at the distance between bars and churches, and may soon pass a new ordinance to increase the distance between the two.

The commission, which met last night, was asked to consider a resolution to amend the city's liquor ordinance. The ordinance currently requires that a bar be at least 100 feet from a church. The commission is considering increasing this distance to 200 feet.

The resolution was introduced by Commissioner Tom Greene. He said that the current ordinance is outdated and does not reflect the current needs of the city. He said that the new ordinance would help to reduce the number of bars in the city and would help to protect the sanctity of churches.

The commission will vote on the resolution at its next meeting. The resolution is expected to pass.

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Arson suspected



Paving, drainage assessments settled

By NICK PFEIFAU
Special Staff Writer

The Sanford City Commission has settled the dispute over paving and drainage assessments. The commission has agreed to a new methodology for assessing the cost of paving and drainage projects.

The commission was asked to consider a resolution to amend the city's paving and drainage ordinance. The ordinance currently requires that the cost of paving and drainage projects be assessed based on the area of the project. The commission is considering a new methodology that would assess the cost based on the volume of material used.

The resolution was introduced by Commissioner Tom Greene. He said that the current methodology is outdated and does not reflect the current needs of the city. He said that the new methodology would help to reduce the cost of paving and drainage projects and would help to protect the city's budget.

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You can go to the dogs this weekend

By DAVID FRAZIER
Herald Correspondent

This is it. No dog show here. No primping or grooming needed. No diamond-studded collar or pretty, colored bows either. It's not for the timid — no running and hiding and no yelping and whimpering. This is competition. Sweet tears and some heavy panting. It's the second Dog Agility Competition at the Lake Mary Sports Complex Saturday and Sunday, January 25 and 26.

Hosted by the Dog On It Agility Club of Central Florida, this United States Dog Agility Association (USDAA) Grand Prix Competition is free to the public between 8:30 a.m. and 5:00 p.m. Admission starts will offer food and drinks throughout the day. The Central Florida chapter of the Dog Agility Club urges spectators to come out and support handlers and their four-legged athletes as they compete for ribbons, titles and the chance to qualify for the national competition in Ohio.

To get to the Lake Mary Sports Complex, take Lake Mary Boulevard and turn left on Country Club Road. Follow Country Club until it turns into Rantoul. The complex is on the left.

The Dog Agility Competition takes place twice in Florida during the months of November and March. This is the second competition and perhaps the most important for entrants because of the possible outcome. This particular event is the site of one Grand Prix regional qualifying round with the winner

going to the aforementioned nationals held this year in Ohio.

There are over 90 handlers and 130 dogs entered into the competition coming not just from around the state but also from around the country. Handlers range in age from 8 years to 60 plus. Their canine competitors are of many diverse breeds including mixed and range in age from 1 to 9 years of age.

Saturday afternoon is the scheduled time for the Grand Prix qualifying round, but earlier in the morning the Junior handlers (ages 8-16) compete with standard agility rounds taking place throughout the day for other participants. Sunday the Junior handlers

See Dogs, Page 5A

FLORIDA BRIEFS



Pilot responsible for Tampa spill

TAMPA — Arbitrators say a freighter under control of Tampa Bay harbor pilot Thomas Baggett was 65 percent responsible for a fiery 1993 collision and oil spill in Tampa Bay.

Three court-appointed arbitrators divided blame among the Balsa 37, piloted by Baggett, and the tug-barge combination Scafarer-Ocean 255 which was 35 percent responsible, according to Roger Vaughan, attorney for four seamen injured in the accident.

Baggett was suspended for nine months for his role in the accident.

Another tug-barge combination, the Capt. Fred Bouchard-Barge B155, was not at fault, arbitrators decided.

The three vessels collided near a turn in the channel west of the Sunshine Skyway Bridge early on Aug. 10, 1993.

An explosion shot flames into the sky and spewed thick heating oil into the bay. The slick spread into the Gulf of Mexico and onto miles of Pinellas County beaches.

Four seamen injured in the accident are seeking between \$115,000 and \$200,000 each.

The degree of fault for the vessels may have board implications in liability for an estimated \$100 million in economic, property and environmental damage.

UCH settles with widow

TAMPA — University Community Hospital gave a widow \$1 million and an apology in the death of her husband from an allergic reaction to a painkiller.

In an agreement signed Wednesday, UCH agreed to new emergency room procedures that experts say surpass standards in most of the country's emergency rooms.

Patients will wear wristbands listing medication allergies, only doctors will prescribe medicine in the emergency room and the group that provides emergency care will try in the future to hire doctors who are board certified in emergency medicine.

"I think this will be a big step in seeing this doesn't happen to anyone else," said Norma Jean Cecil, whose husband, Jack, 64, was admitted to UCH Aug. 10 complaining of breathing problems.

A physician's assistant, who was licensed to prescribe drugs, directed a nurse to give him Toradol, an anti-inflammatory analgesic similar to aspirin. They didn't notice on his chart that he was allergic to aspirin. Cecil had a heart attack, lapsed into a coma and died two months later.

The hospital board on Wednesday released a written apology: "We deeply regret that Toradol was mistakenly given to Jack Cecil which resulted in his death and in the tremendous suffering, by him and his wife, Norma Jean, as well as in grief to her when he passed away after being in a coma for two months."

Boating fees one step closer

CLEARWATER — Proposals costing Florida boaters millions of dollars in additional fees are one step closer to legislative action.

The Florida Boating Advisory Council has asked the state Department of Environmental Protection to push bills that would add new registration requirements for all boats, including many small craft not currently licensed.

The request was approved Wednesday at a Clearwater meeting of the advisory panel.

One proposal would add a \$100 annual fee for all boats of all lengths registered with the state. It would cost \$22 to \$13 more, depending on the boat's length, and would raise about \$4 million from Florida's 700,000 registered boats.

A second proposal would extend the registration to all vessels — not just those powered by engines — a move estimated to add as many as 300,000 boats, including kayaks, inflatables and other small craft. That would produce about \$3 million a year in revenue.

The extra money would be used to add more waterborne police officers, said Mickey Watson, commander of the Florida Marine Patrol and chairman of the council.

Charlie Eldridge of Tampa, representing the Florida Council of Yacht Clubs, said the second decal plan is a hidden tax and his members are against it.

Duval tax collector robbed

JACKSONVILLE — A 500-pound safe containing about \$150,000 in cash and checks was taken by burglars who came in through the ceiling at a Duval County Tax Collector's Office.

Police said it was a professional job. The burglars cut a hole in the roof, disabled an alarm system, lowered themselves into the office and somehow hoisted away the safe.

The crime was discovered Wednesday morning as employees came to work. Workers were still counting the losses Thursday and officials were unable to give an exact total, but police said between \$100,000 and \$150,000 in cash and checks were taken.

From Associated Press reports

NEWS FROM THE REGION AND ACROSS THE STATE

Telecommunications task force to recommend leaving Internet alone

By SHERRILL BATE
Associated Press Writer

TALLAHASSEE — The taxman won't be coming to collect on your e-mail anytime soon.

A governor's task force has decided to exempt Internet access providers from a comprehensive communications tax, according to the draft of a report to be released next month.

Such a tax would be levied on all communications companies — except Internet providers — including telephone, cellular and cable television providers, who all would pay an identical, to-be-determined rate.

The task force was created after the state Department of Revenue more than a year ago announced it would begin to

collect taxes on Internet access unless the Legislature and governor instructed it not to.

After seven months of meetings, the 19-member group decided the Internet was too new a business tool to discourage by taxing it, said Larry Fuchs, executive director of the Revenue Department and a task force member.

"The task force believed that taxing anything to do with the Internet is premature," Fuchs said.

Fuchs and others argued that as people begin to use electronic mail and other Internet-based communications to replace the traditional telephone, the state would start losing tax money it needs to operate — especially from its school construction

fund, which comes from taxes on utilities.

Fuchs said Thursday that the City of Gainesville, home of the University of Florida campus, has already seen a decrease in telephone usage, but that statewide or national studies haven't been done. "We have not been able to discern a trend, yet," he said.

Task force members decided Florida would be perceived as "anti-business" if it became only the sixth state to tax access to computer networks.

The group's "preferred solution" would replace the 6-percent state sales tax, the 2.5-percent gross receipts tax, the 1-percent local option sales tax and local franchise fees paid by communications companies

with a single tax to be collected by the state and redistributed to state funds and local governments.

The exact amount of the unified tax would depend on exactly which industries are subject to it — a topic that itself will be the subject of much debate before the Legislature decides on an acceptable bill.

House Speaker Daniel Webster, R-Orlando, has said he would oppose any efforts to expand the cable television industry the gross receipts tax, which pays for public school construction.

"There's not any point in setting a rate" until the question of which companies are covered is determined, said the Revenue Department's Dan Beeman.



Strolling along

Doris Jones, 78, has a lot to smile about. The Sanford resident has walked over 850 miles during the last year as part of the Seminole Strollers program at Seminole Towne Center. The program, which is sponsored by the Sanford Recreation Department and the Columbia Medical Center-Sanford's Senior Friends program encourages better health through walking. To see more pictures from the Seminole Strollers first anniversary celebration, see page 8A.

Harold Photo by Tommy Vincent

Scientology death ruled suspicious

By The Associated Press

CLEARWATER — Laboratory tests indicate a 36-year-old member of the Church of Scientology went without fluids for five to 10 days and was unconscious for up to two days before her unexplained death in 1986, a medical examiner said.

The conclusions by Dr. Joan Wood, Pinellas Medical Examiner, are at odds with the Church of Scientology's version of how Lisa McPherson died after spending 17 days inside the organization's downtown Clearwater headquarters.

Scientists say she had food and liquid and they believe a staph infection was a major contributor to a blood clot that caused her death.

Fla.'s death row inmates don't have to meet the 6-month appeal deadline

By JACKIE HALLIFAX
Associated Press Writer

TALLAHASSEE — Nine months after a new federal law said states could impose a six-month deadline on federal appeals in capital cases, a judge has ruled the deadline can't be triggered in Florida.

Florida joins Texas, California, Tennessee, Maryland and Virginia, where other courts have barred imposition of the six-month deadline.

"Everybody's lost," Carolyn Snurkowski, who oversees criminal appeals for Attorney General Bob Butterworth, said Thursday from her Fort Lauderdale office. "There hasn't been a system yet that the federal courts have found acceptable."

The Florida decision stemmed from a challenge filed by a man condemned for murdering a police officer during a Pensacola bank robbery 15 years ago. The

order, however, covers the other 378 killers on Florida's death row.

The six-month deadline can only be imposed if states meet certain standards regarding lawyers for death row inmates — and Florida doesn't, according to U.S. District Judge Maurice Paul in Gainesville.

A lawyer who handles capital cases for Gov. Lawton Chiles said he doubted any state could qualify to use the six-month deadline if Florida couldn't.

"If Florida can't take advantage of this, I don't think anybody can," Thomas Crappe said.

The deadline was part of the Antiterrorism and Effective Death Penalty Act signed into law last April by President Clinton.

Besides the six-month deadline, the law included a one-year deadline for states that fail to meet the standards for six months.

Before the law, there was no

deadline on federal appeals.

In August, Paul issued a preliminary injunction preventing the six-month deadline from being applied to Clarence Hill, on death row for the 1982 fatal shooting of Stephen Allen Taylor.

Paul made the order permanent and extended it to everyone on death row in a decision Hill's state lawyers received Tuesday.

Paul ruled the six-month deadline can't be imposed in Florida because a backlog of cases has resulted in several inmates waiting for lawyers and the state hasn't spelled out standards for attorneys who represent condemned prisoners.

The Gainesville judge refused to rule on whether Florida needed to cap the number of cases handled by lawyers or whether the state agency set up to defend death row inmates is underfunded.

LOTTERY

MIAMI Here are the winning numbers selected Thursday in the Florida Lottery:

Fantasy 5
04-16-28-07-22

Cash 3
0-4-8
Play 4
9-1-1-8

Sanford Herald

Friday, January 24, 1987
Vol. 88, No. 119

Published Tuesday through Friday and Sunday by The Sanford Herald, Inc. 300 N. French Ave., Sanford, Fla. 32771

Postmaster: Send address changes to THE SANFORD HERALD, P.O. Box 1067, Sanford, FL 32773-1067.

Subscription Rates (Daily & Sunday)
Home Delivery Mail

3 Months	\$18.00	\$24.00
6 Months	\$36.00	\$48.00
1 Year	\$72.00	\$96.00

Florida Residents must pay 7% sales tax in addition to rates above.

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THE WEATHER

LOCAL FORECAST

Today: Partly cloudy with isolated afternoon showers. High in the upper 70s to near 80. Chance for rain less than 20 percent. Wind southeast 10 to 15 mph and gusty. Tonight: Mostly cloudy with a good chance of showers and thunderstorms. Low in the lower 60s. Wind south 10 mph with higher gusts near thunderstorms. Chance of rain 50 percent. Saturday: Scattered showers and thunderstorms. Clearing late and cooler. High in the lower 70s. Chance of rain 40 percent. Sunday: Partly cloudy. Lows in the lower to mid 50s. Highs in the upper 60s.

FLORIDA TEMPS

City	Hi	Lo	Pr	Dir
Daytona Beach	77	67	00	
Fort Lauderdale	76	66	00	
Fort Myers	80	64	00	
Gainesville	77	65	00	
Homestead	78	66	00	
Jacksonville	78	66	00	
Key West	77	65	00	
Miami	77	65	00	
Pensacola	79	67	00	
Sarasota	78	66	00	
Tallahassee	78	66	00	
Tampa	77	65	00	
Vero Beach	78	66	00	
West Palm Beach	77	65	00	

EXTENDED OUTLOOK

FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
Ptly cldy 55-79	Showers 55-75	Ptly cldy 55-68	Ptly cldy 58-73	Ptly cldy 55-75

MOON PHASES

Full Jan. 28
New Feb. 7
Last Jan. 31
First Feb. 14

TIDES

SATURDAY SOLAR TABLE: min., 6:15 a.m.; 6:40 p.m., maj., 12:25 p.m. **TIDES:** Daytona Beach: highs, 2:50 a.m., 3:07 p.m.; lows, 8:57 a.m., 9:15 p.m.; New Smyrna Beach: highs, 2:44 a.m., 3:12 p.m.; lows, 9:03 a.m., 9:20 p.m.; Cocoa Beach: highs, 2:59 a.m., 3:27 p.m.; lows, 9:17 a.m., 9:35 p.m.

BEACH CONDITIONS

Daytona Beach: Waves are 2 to 3 feet and glassy. Current is running to the north with a water temperature of 63 degrees.

New Smyrna Beach: Waves are 3 feet and glassy. Current is running to the north with a water temperature of 62 degrees.

BOATING

St. Augustine to Jupiter Inlet — Friday: Wind southeast 15 to 20 knots. Seas near 5 feet. Bay and inland waters choppy. Widely scattered showers developing by afternoon. Friday night: Wind southwest 20 knots. Seas 3 to 5 feet near shore building to 7 feet in outer waters. Bay and inland waters choppy.

STATISTICS

The high temperature in Sanford Thursday was 79 degrees and the overnight low was 45 as reported by the University of Florida Agricultural Research and Education Center, Celery Avenue.

Recorded rainfall for the period, ending at 10 a.m. Friday, totaled 0.0 inches.

☐Sunset.....6:50 p.m.
☐Sunrise.....7:19 a.m.

NATIONAL TEMPS

City	Hi	Lo	Pr	Dir
Amarillo	68	38	00	cr
Anchorage	10	5	00	cr
Atlanta	65	52	00	cr
Atlanta City	57	45	23	cr
Austin	59	51	01	cr
Baltimore	57	48	01	cr
Boston	48	40	10	cr
Brownsville	78	63	00	cr
Buffalo	34	24	04	cr
Burlington, Vt.	29	20	24	cr
Casper	32	21	01	cr
Charleston, S.C.	72	51	00	cr
Charleston, W. Va.	43	43	19	cr
Charlotte, N.C.	68	50	00	cr
Chicago	48	39	00	cr
Chicago	48	39	00	cr
Cincinnati	31	21	04	cr
Cleveland	45	28	00	cr
Columbus, M.H.	43	28	00	cr
Dallas-Ft. Worth	63	45	00	cr
Dallas	63	45	00	cr
Dayton	58	48	00	cr
Des Moines	38	28	00	cr
Denver	38	24	00	cr
Detroit	34	27	00	cr
El Paso	71	57	13	cr
Indianapolis	31	25	00	cr
Kansas City	50	36	00	cr
Las Vegas	65	48	00	cr
Little Rock	51	40	00	cr
Los Angeles	68	50	1.07	cr
Memphis	65	48	00	cr
Minneapolis	36	28	00	cr
Mobile	70	52	00	cr
Myrtle Beach	51	40	01	cr
New Orleans	79	65	00	cr
New York City	52	41	00	cr
Omaha	48	39	00	cr
Oshkosh	39	30	00	cr
Philadelphia	55	45	10	cr
Phoenix	65	48	00	cr
Pittsburgh	34	24	00	cr
Portland, Maine	49	44	00	cr
Portland, Ore.	54	41	1.12	cr
San Francisco	59	48	00	cr
St. Louis	57	47	01	cr
St. Louis City	57	47	01	cr
Springfield	48	40	00	cr
Tulsa	60	48	00	cr
Washington, D.C.	68	48	01	cr

Editorials/Opinions

Sanford Herald

(USPS 481-280)
300 N. FRENCH AVE., SANFORD, FLA. 32771
Area Code 407-322-2611 or 831-9993

Lacy K. Lear - Editor
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3 Months \$19.50
6 Months \$39.00
1 Year \$78.00
Florida Residents must pay 7% sales tax in addition to rates above.

EDITORIAL

Let's put 2 and 2 together

The Seminole County School Board has discussed the old Teague Middle School. The board staff recommended it be leased to the City of Altamonte Springs for 20 years, at \$1 per year, as a possible recreational facility.

A new proposal is to be drawn up regarding the matter, so it remains to be seen what will happen.

The point here however, is to call attention to other buildings and pieces of property related to this concept. Our cities, especially Sanford, are getting more and more new residents and the number of children is increasing day-by-day.

As the population figures grow, so does the need for recreational facilities. The city has already heard that there is a lack of such facilities, not just the outdoor parks, but indoor areas where year-round programs can be held regardless of the weather or temperature.

Sanford had some big plans for the land across French Avenue from Sanford Middle School a year or so ago. It would be an ideal place for a recreation site. Later it became the suggested site for a new public safety complex.

But it, nonetheless, remains unoccupied and unused except by a few people who practice their golf swings from time to time.

This would have been an excellent area for outdoor activities in the meantime, but nothing happened.

There are other city, county and school board owned and vacant buildings and properties in existence which are not being used for any purpose. They are all off our tax rolls, which isn't helping anyone. But at least some of them could be utilized for recreational or other government-use purposes. If we aren't going to get tax money out of them, at least lets put them to a beneficial use.

There are complaints about not enough tax money. There are complaints about not enough recreational facilities. Yet there is so much untaxable property in our midsts. Can't someone put two and two together?

Berry's World



"Hey, mister! Could you spare 10 bucks so I can get a DECENT CIGAR?"



"How would you feel if you had to balance the budget, do something about education, fix campaign spending, get Medicare...?"

GEORGE PLAGENZ

Learning valuable lessons from Israel

The violence in Israel -- birthplace of the world's three great religions -- presents a sad spectacle to mankind. But it is saddest of all for those who have visited this hauntingly beautiful country in the Middle East and remember it as it was in more tranquil times.

Throughout Israel's history, violence has been waiting in the wings even when it was not occupying center stage. But during my first trip to Israel 25 years ago, one could walk safely and without fear in the streets day and night. There was little crime (only 31 murders were committed in the entire country in 1971) and almost no violence for violence's sake.

Jerusalem was, as Mayor Teddy Kollek told us, "a city without tensions, probably because we are too busy trying to improve our surroundings."

Indeed, the spirit of Israel's people was in many ways reminiscent of the doughty spirit that prevailed in Britain in 1940.

I saw an example of this during my stay at a kibbutz -- a communal or collectivist village -- on the Israeli-Lebanon-Syria border in extreme northern Galilee.

As I was visiting the apartment of one of the kibbutz families about 10 o'clock in the evening, I heard what I thought was thunder.

"I'd better hurry along before it rains," I said to my hostess. The guest house where I was staying was a three-minute walk away.

"It's not going to rain," she replied. "Look at the sky." Sure enough, it was star-bright.

"Then what was that noise?" I asked.

"Oh, that's the bombing in Lebanon," she shrugged. Earlier that day, two Israelis had been killed by Arab terrorists as they were driving along a road that could be clearly seen from the kibbutz. The bombing I was hearing was Israel's retaliation.

Such border incidents were a regular occurrence. The kibbutz residents took them in stride, even though only weeks before Arabs from Lebanon had lobbed a small bomb over our kibbutz. It left a hole behind the apartment



Compared to the horror stories coming out of Israel today, life was peaceful and secure then.

where I was now staying. Did I refer earlier in this story to "tranquil times"? Well, tranquility is relative. Compared to the horror stories coming out of Israel today, life was peaceful and secure then. Still, few living in Israel felt there would ever be a settlement of Arab-Israeli differences.

The Israelis contended that in Israel and the Israeli-administered territories, the Arabs had never had it so good. But one Palestinian leader likened the Arab situation to a bird in a cage.

"Even though you give the bird food it doesn't have in the forest, it would rather be free," he said.

While it was nice to be safe from muggings on Israeli streets, the pedestrian did not enjoy the same protection from the Israeli motorist.

Horn-honking is usually the mark of a bad driver, and Israel is a country of horn-honkers. I made some inquiries. I was told the country had the world's highest auto accident rate. The Jerusalem Post carried two letters to the editor about the driving problem while I was there.

One correspondent, obviously hoping to catch the eye of the youthful road offenders, wrote, "Young boys might like to make a note that aggressive driving is known to be a sex substitute, and I'm sure most of them wouldn't like to advertise their shortcomings in this direction!"

Could publicizing this finding cut down on the teen mayhem on the highways in this country?

ETTA DINEY FOR NORTH POLE TELEGRAM

MUUME



NEWT TAKING OUT THE GARBAGE



NEWT BRINGING IN THE GARBAGE

MORTON KONDRACKE

Policy may hurt health care

Washington's new bipartisan consensus bodes well for more incremental reform of health care this year, but new evidence is emerging that something more ambitious is required.

Rising public dissatisfaction with HMO-dominated health care, a new jump in health care costs, and the inexorable rise in the numbers of the uninsured indicate that some new thinking needs to be done about a comprehensive health care plan.

Both parties concluded after the disastrous health care wars of 1994 that gradual reform of health insurance was the only way to go, resulting in the Kennedy-Kassebaum portability bill last year and possible extension of insurance to needy children and the unemployed this year.

But new information indicates that the political premises underlying the go-along approach -- public satisfaction with the current quality of medical care, flat costs brought on by managed care, plus a blind eye toward the uninsured -- may be unraveling.

A survey to be unveiled by the influential National Coalition on Health Care indicates that nearly 80 percent of U.S. adults believe that "there is something seriously wrong with our health care system," although 73 percent still express satisfaction with their own care.

According to the survey, 74 percent of respondents say that "quality care is often compromised by insurance companies to save money," while 57 percent say their own medical plan provides the best care they could want.

Meantime, a study by the consulting firm Foster Higgins shows that health care inflation is accelerating again, although not yet to the double-digits that prevailed in the late 1980s.

Employers reported that their health care premiums rose only 2.5 percent in 1995, 4 percent in 1996, and might jump to between 5 percent and 10 percent by 1998.

Because governments, federal and state, are holding down Medicare and Medicaid costs and insurance companies are squeezing down on costs for corporations, the price pressure may result either in booming premiums for small businesses -- forcing some to abandon insurance for their employees -- or reduced quality of coverage.

In 1994, the number of uninsured Americans was 39.7 million, 15.2 percent of the population. This year, that's up to 41.3 million, 15.4 percent. At present rates, the nation will cross the bridge into the 21st century with 43 million people uninsured, 15.6 percent of the population.

President Clinton obviously is bent on chipping away at the problem. His budget will contain funds to help buy health insurance for 10 to 12 million near-poor children whose parents don't qualify for Medicaid but can't

afford insurance.

It's not clear which method Clinton will choose to provide the aid -- the refundable tax credit proposed by Senate Democratic Leader Tom Daschle (S.D.), costing around \$20 billion over five years, or the voucher system proposed by Sen. Edward Kennedy, D-Mass., costing up to \$30 billion.

Last year, Clinton also proposed a \$10 billion program to help 3 million temporarily unemployed workers pay for health insurance between jobs so that they can afford to take advantage of new portability guarantees.

Republicans sound favorably inclined to work with Clinton on children's health care. Rep. Bill Thomas, R-Calif., chairman of the health subcommittee of the House Ways and Means Committee, says he is working on "some bold ideas" on the subject that he's not ready to unveil just yet.

Republicans have jumped ahead of the Clinton administration on the issue of expanding health research, with Senate GOP Conference Chairman Connie Mack (Fla.) introducing a resolution calling for a doubling of the budget for the National Institutes of Health over a five-year period.

President Clinton, despite rhetoric in his inaugural about medical miracles, is proposing only a 3 percent increase in the NIH budget and has no apparent plans for a biomedical push beyond guaranteeing \$11 billion to hard-pressed academic medical centers.

On the other hand, Republicans still have no money source for the \$12.7 billion required for their biomedical initiative. Sen. Tom Harkin, D-Iowa, is expected to repropose a tobacco tax hike, but Republicans want to find the money by cutting other programs.

On the health insurance front, the National Coalition on Health Care -- made up of 100 large corporations, unions, and medical and religious groups -- released its public opinion survey to launch a national campaign to reignite interest in comprehensive insurance.

The coalition grew out of the 1980s commission headed by the late Rep. Claude Pepper, D-Fla., which recommended a "play or pay" requirement for employers as the means to provide health insurance to all citizens.



New evidence is emerging that something more ambitious is required.

JACK ANDERSON

Air Force captain recalls Bravo blast

WASHINGTON -- In the early morning hours of March 1, 1954, several U.S. Air Force C-54 jets circled about 10,000 feet above a small Pacific island. The planes carried a mix of Air Force personnel and professional photographers. It was pitch black, and those aboard the jets weren't quite sure what to expect.

The United States was about to carry out the first in a series of six hydrogen bomb tests known as "Operation Castle." These tests, conducted in the winter and spring of 1954 about 2,400 miles southwest of Hawaii, are now the subject of an intense investigation by the Department of Veterans Affairs. The VA is sorting through new information recently unearthed by the Department of Energy's Office of Declassification.

Hundreds of U.S. military personnel -- along with innocent civilians who were on nearby islands and boats -- may have been exposed to potentially dangerous levels of radiation during these nuclear tests. Moreover, as we recently reported, a preliminary government analysis reveals that the required medical waivers were apparently granted only after the blasts had occurred.

The first blast, known as "Bravo," far exceeded the expectations of all who were involved in the highly classified CASTLE series.

On the fateful morning of the Bravo "shot," the C-54 jets flew above a tiny island, ready to observe and photograph the detonation of an experimental thermonuclear device. The Bravo test was given about a 50/50 chance of working, and many aboard the planes thought it was quite possible they would see nothing at all.

Little did they know that Bravo would produce the most powerful blast of any American-made weapon ever exploded in the atmosphere. It was officially recorded to have a yield of 15 megatons -- some 750 times greater than the atomic bomb that devastated Hiroshima in World War II. A large quantity of radioactive debris was released, spreading much farther than forecast and contaminating Marshall Islanders, Japanese fishermen and American personnel on distant atolls and aboard various vessels.

But that only begins to explain the awesome power of the Bravo blast. An Air Force captain who was aboard one of the C-54 planes shared his recollection of the experience with our associate Aaron Karp:

"It was the biggest thing that I'd ever seen." It was a terrific ... flash. It was brighter than the brightest day you've ever seen."

Fearing media attention, the captain agreed to talk to us on the condition of anonymity. As far as we know, he is the first veteran of Bravo -- which was kept secret until 1994 -- to share his story in a public forum.

"Let me put it to you this way," the captain continued, describing the nuclear blast. "If you can imagine complete darkness. When I say dark, I'm talking you can't even see your hand in front of you. You put (your hand) right up to your face, you can't even see it one minute. And the next minute, it's brighter than the brightest (light) you've ever seen in your life -- you could actually read a newspaper. It stays that way for almost a minute. That's how bright it is."

The captain estimates that his plane was at least 25 miles from the blast. Nevertheless, in "just a matter of minutes," the mushroom cloud began descending on the C-54. "We were actually under the cloud," he remembered.



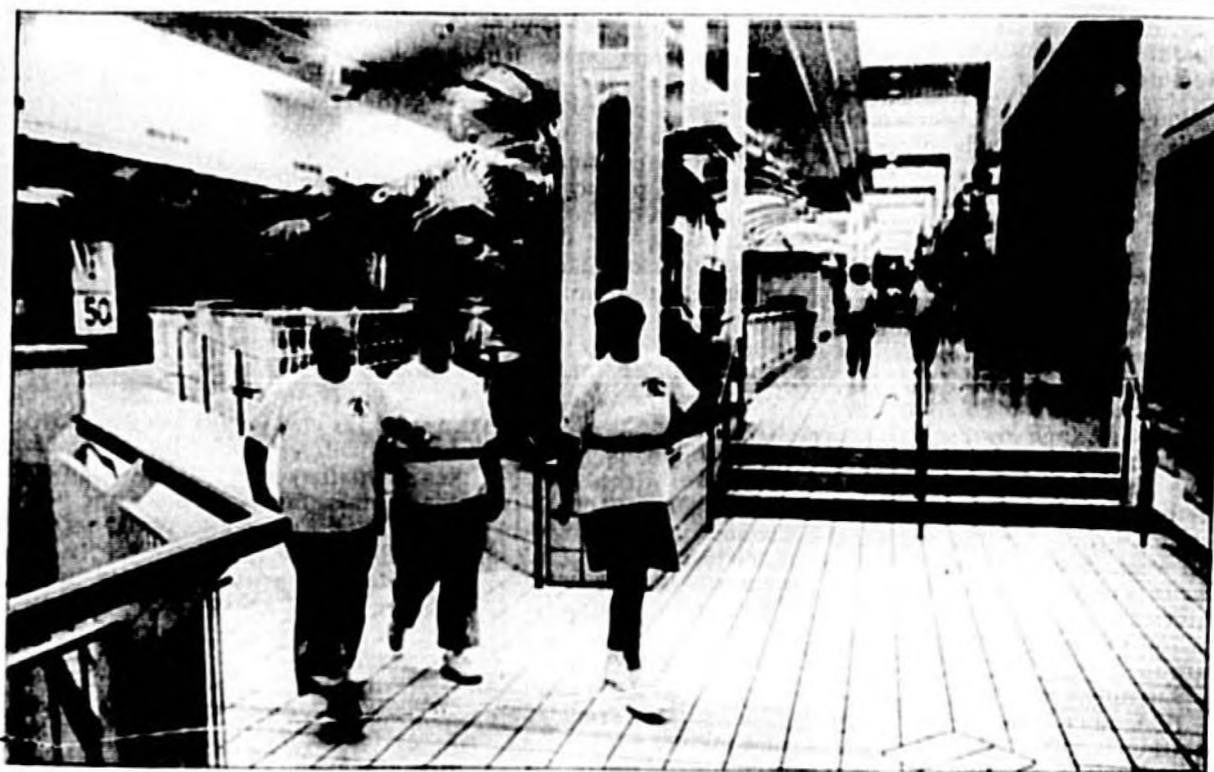
It was pitch black, and those aboard the jets weren't quite sure what to expect.

Seminole Strollers celebrate the first anniversary



To celebrate the first anniversary of the Senior Friends Seminole Strollers at Seminole Towne Center, walkers gathered to amble around the mall and talk about their accomplishments.

Meanwhile, organizers Roni Mott, supervisor of the Sanford Senior Center and Ellen Rollins, director of Senior Friends, gave each other high fives to commemorate the occasion.



Herald Photos by Tommy Vincent

Al and Alice Pelletier and Joan Secord come from Deltona to walk their way to health at the mall.



Marlet and Grant Douglas of DeBary take a few moments to relax with their fellow walker Emily

Boswell of Sanford after taking a stroll around the favorite hiking spot.



In commemoration of the event, Mayor Larry Dale gave words of encouragement to the walker as Ellen Rollins and Roni Mott looked on.

Clinton, Bush and Powell join forces on volunteerism today

By RON FOURNIER
Associated Press Writer

WASHINGTON — President Clinton and three of his predecessors are planning an April summit on community service and volunteerism, with retired Army Gen. Colin Powell as its chairman, the White House said today.

In a show of bipartisanship, the three-day "President's Summit on America's Future," was being promoted at the White House today by President Clinton, former President George Bush and Powell. The summit will take place in Philadelphia.

Bush was Clinton's 1992 election foe. Powell was considered a serious threat to Clinton's re-election but decided not to run for president.

Former presidents Bush, Jimmy Carter and Gerald Ford

are expected to attend the April 27-29 event or participate electronically. The meeting will involve representatives of 100 American communities.

Powell will serve as general chairman of the event. Former Housing Secretary Henry Cisneros will be vice chairman. White House press secretary Mike McCurry said the summit will be designed to remind Americans that "service to country and service to community are not Democratic ideas, not Republican ideas, but American ideas."

The hope is to combine Bush's "Thousand Points of Light" volunteerism initiative and Clinton's AmeriCorps community service program to encourage more activism among Americans.

Lady Bird Johnson, the widow of the late President Lyndon B. Johnson, also is expected to at-

tend the summit, the Philadelphia Inquirer reported.

The newspaper first disclosed the summit would take place. Nancy Reagan, wife of former President Ronald Reagan, was expected to attend and represent her husband, who has been diagnosed with Alzheimer's disease.

Mayor Edward G. Rendell said Philadelphia was chosen at the request of former Sen. Harris Wofford, D-Pa., who is now director of Clinton's national service program.

"It's a rededication to serving your country and volunteering, and it's an effort to address some of the things because there isn't government funding," Rendell told the newspaper.

The mayor said he expects the conference to attract 1,500 to 2,000 people, including civic leaders from across the country.

DEATHS

WILLIAM E. DYSON

William E. Dyson, 78, South Laurel Avenue, Sanford, died Thursday, Jan. 23, 1997 at Lakeview Nursing Home, Sanford. Born Dec. 29, 1919 in Jackson, Ala., he moved to Central Florida in 1954. He was a retired Navy Veteran and a member of All Souls Catholic Church, Sanford.

Survivors include wife, Anne. Brison Funeral Home, Sanford, in charge of arrangements.

GRANT EDGE

Grant Edge, 81, Locust

Avenue, Sanford, died Tuesday, Jan. 21, 1997. Born April 6, 1915 in Yatesville, Ga., he moved to Sanford 60 years ago. He was a member of St. Luke Missionary Baptist Church, Cameron City, and a Mason with Mt. Olive Lodge 79, Sanford.

Survivors include daughters, Daisy McCloud, Quincy, Doretha Calhoun, Killen, Tex.; son, Walter Scumour, Louisiana; sisters, Evelyn Hickman, Cora Lee Quiller, Emma Lyons and Annie Bell Ward, all of Thomaston, Ga.; Lena Mae King, Orlando; brother, Willie Edge Jr., Orlando; 17 grandchildren; numerous great-grandchildren.

Sunrise Funeral Home, Sanford, in charge of arrangements.

JAMES MCINTYRE III

James McIntyre III, 51, Howell Branch Road, Winter Park, died Wednesday, Jan. 22, 1997 at Friendly Village of Florida, Inc. He was born May 29, 1945 in Sanford and was a lifelong resident. He was Baptist.

Survivors include father, James II, Sanford; mother, Doris Johnson, Sanford; brothers, Theodore, Stanhope, N.J.,

Donald Lowe, Elgin, Ill.; Larry, Mattland, Jerome, Sanford; sisters, Taitia McIntyre Gainer, Redondo Beach, Cal.; Willie Mae McIntyre Franklin, Sanford.

Wilson-Eichelberger Mortuary, Inc., Sanford, in charge of arrangements.

Correction

SCHROEDER, HERMAN
Memorial services for Mr. Herman Schroeder, 81, who died Sunday, Jan. 20, 1997, will be held at Bram Towers, 219 E. First St., Sanford, on Saturday, Jan. 25, at 11 a.m. Friends are invited to call to pay their final respects.

Dogs

Continued from Page 1A

complete their competition and the standard agility rounds are also finished. National judges Laura Yarbrough from Texas and Karen Holik from Chicago will be making their visits to the different events judging each accordingly.

Dog Agility Clubs originated in England and are now worldwide. The non-profit Central Florida chapter is in year four of its existence and is always looking for new members. For more information on how to get into Dog-On-It Agility Club, contact Renee at 291-3163. Classes meet twice a week on Mondays and

Fridays. Mondays nights are for intermediate and advanced classes and Fridays are for beginners. According to the club, there may be a waiting list for classes but keep trying.

The handlers of these hard-working hounds are proud to show off the abilities of their various pets. They spend hours training with their canines. Remember, admission is free to this "dog-athlon". So there is no excuse for rolling over and playing dead. Fetch the family for two days of fun and excitement while watching man's best friend excel to become top dog.

Bars

Continued from Page 1A

God and Trinity United Methodist Church.

The request for the distance reduction has been scheduled for discussion during Monday's afternoon work session and possible consideration during the evening's regular meeting of the Sanford City Commission.

In preparation for the discussion, Sanford's Director of Planning and Development Jay Marder has compiled a list of what other municipalities in the area have as distance requirements.

●SEMINOLE COUNTY — A 1,000-foot distance (shortest possible distance) along right-of-way, from door of bar to church property. Also, 1,000 feet from schools (as crow flies). No distinction between beer, wine and liquor.

●ALTA MONTE SPRINGS — A 300-foot requirement from churches and schools, measured in direct line. Planning and Zoning approval. No City Commission approval required.

●CASSELBERRY — A 750-foot distance from schools and churches measured along the shortest pedestrian route. No City Commission approval required.

●LONGWOOD — A 1,500-foot distance between other establishments except restaurants. A 1,500-foot distance from schools, but under revision at the present time.

●LAKE MARY — A 1,000-foot distance from schools and churches, with 500 feet required from single family land uses, and 500 feet from another bar, night club, or bottle club. No distinction between beer, wine and liquor.

●ORLANDO — A 1,000-foot requirement from churches and schools, measured to the property lines at schools and entrances at churches. Full restaurants exempt. A 200 foot distance requirement was recently enacted for establishments in the downtown area.

●APOPKA — A 750 foot distance from each other including churches, schools and public parks, measured by property lines. No Sunday sales.

●WINTER PARK — Package liquor and full liquor consumption only, 750 feet from each other, 1000 feet from school and churches. Measured shortest pedestrian route for churches, and to entrance on school grounds.

According to Sanford Assistant City Attorney Catherine Reischmann, under Florida Statutes, cities have the right to enact ordinances regulating the hours of businesses and location of businesses under the beverage laws.

Regarding the request from AMVETS, Reischmann has suggested it would appear prudent for the city to give special treatment to non-profit corporations and exempt them from distance requirements, although Reischmann admits some jurisdictions do not enforce distance requirements against non-profit clubs.

The discussion will be held during the work session Monday, beginning at 4 p.m., in the city manager's conference room on the second floor of City Hall.

The regular meeting is scheduled to begin at 7 p.m. in the commission chambers of Sanford City Hall, 300 N. Park Avenue.

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• Children's Art Contest

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PHARMACY TOPICS

By: Abi J. Fakeya, R.Ph.

Prempro and Premphase, two products that combine estrogen and progestin in one pill, have been approved by the Food and Drug Administration.

More on hormone replacement therapy: estrogen prevent or delay the onset of Alzheimer's disease and may even reverse some of its symptoms. According to researchers at several medical schools in the U.S. Further clinical trials are planned.

Harvard researchers report that lead poisoning may be the cause of many cases of "essential hypertension," high blood pressure with no known cause. Lead damages the kidneys and interferes with their pressure-regulating effect. Check drinking water, they suggest.

Don't store medications in the bathroom medicine cabinet. Heat and moisture from showers can cause the drugs to deteriorate and lose their potency. Keep them in a drawer or on a high shelf away from children in a hall or bedroom closet.

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Writing is a snap for young poets, novelists

By JEFF BERLINHOKE
Herald Staff Writer

When these Greenwood Lakes Middle School students get together, conversation isn't about who has a crush on who, or the latest Beavis and Butt-Head.

Instead, the more than 20 kids that make up the school's writer's group sit around discussing the works of Shakespeare and Poe.

More importantly, they are discussing their own.

Each Friday the kids get together in the school library before class and read aloud some of their favorite writings all week. Some of the students write poems; others do short stories.

To the members of the group, writing is a snap.

Literally. After each reading - remember this is a library setting - the group shows appreciation by snapping their fingers lightly.

The group is headed by Greenwood Lakes assistant principal Mr. Francis, an aspiring poet himself. Sixth-grader Mary Anne Connor is the group's president and controls the meetings while Mr. Francis keeps an eye open to help. He also sets up field trips and encourages the writers to enter competitions.

It has paid off. For instance, Kim Ferrero is in the National Society of Poetry and had a work published in the Best of '87 issue.

Mary Ann Connor was featured as the lead story in High School Writer, a national publication and Ellen Warring is entering a contest. Others have had their own works - both written and spoken - presented.

Why do they do it? Lauren Czalkowski: "I want to be a novelist."

Ashley Jones: "I write for fun but when I go on a trip, I always bring a pen and some paper."

Kim Ferrero: "We do it because we were born to do it. That's what Willy Wonka was born to be a chocolate man."

Ashleigh Teicher: "I want to be a performer and this is a good way to show my personality."

Erin Thompson: "I write because when I'm all stressed out it helps me."

Victoria Leone: "I do it because it's a way to say anything to people I normally wouldn't be able to say to their faces."

Ashley Brauer: "Writing is fun and I want to be a children's writer when I get older."

Mary Anne Connor: "It's to express my feelings. I keep my pen and notebook by the side of my bed and I write during the night."

Mr. Francis is looking to expand the rest of the school's awareness of the group by publishing a poetry newsletter starting next year. Most of the group is young enough to be back for the publication before moving on to high school.

So it looks like the literary future of Lake Mary is safe. Almost all the students said they wanted to write books or poetry for a living.

Did any of them want a career as a newspaper writer? Not even one.

The following are samples from the Greenwood Lakes Writers' Group and Mary Anne Connors story, which was published in *The High School Writer*:

THE POST

By Lightfoot
(Mr. Francis)

Give me my pen,
let me write
or give me a keyboard,
let me type.

A writer I be,
for all to see.
Try reading a few lines
that come from my mind.

So, indulge if you will
because, I will write still.

THE FLOWER

By Ashley Jones

The flower is mother nature's baby, she fertilizes and nourishes her baby, but sometimes she can't always take care of the flower and it gets hurt and dies. Then the baby gets sold and put in a vase and is thrown away. Mother Nature gets mad and gives us trouble. The flower is perished now and gone. Now I am the flower that is Mother Nature's baby.

IN MY BACKPACK

By Tara Stasom

In my backpack I do see
pencils and paper waiting for me.

In my backpack I will find
my tools to fulfill the many
dreams of mine.
In hope that someday I might
do whatever the mind may think
of.

In my backpack there is a rule
that I use these things for
school.
But after all is said and done
in the corner straightened up
with care
for me are my books waiting to
be read
with their crinkled pages and
their dust
kept nice and neat in my
backpack.

APART FROM THE REST

By Victoria Leone

Football players and

cheerleaders think they are
best.
Where do I stand? Apart from
the rest.

Being teased, being laughed
at,
being called "Fatty" do I really
deserve that?

They call me a reject, they call
me a freak.

They all think I am a big geek.

I don't mean to whine, I don't
mean to moan.

It's just really hard to stand all
alone.

Guys always say I'm good with
a ball,

but they don't notice tomboys
when they walk down the hall.

I know I'm not as pretty as can
be,

but a princess hides deep
inside of me.

Football players and
cheerleaders think they are
the best.

Where do I stand? Apart from
the rest.

BRONZE

By Lisa M. Vega

When I think of angels, I think
of snow.
With their eyes so bright,
and wings that glow.
The sky looks like it has a
little light.

When I am drinking hot cocoa,
I look around and I know I am
not alone.

Because I don't hear
unfriendly moans

but I do see some friendly
halos.

I WONDER

By Ashleigh Drake Teicher

I wonder how high is the sky,
I wonder how far is the sea.
I wonder if anyone else
wonders about this.

Besides me.

So many things in this world, I
wonder why.

So many things to meet the
eye.

I wonder.

IT COULD HAPPEN

By Ashley E. Brauer

Math is a class
that I wish wasn't there.

X equals nine or 10
or maybe three trillion square.

Sitting still with my books,
Waiting for the bell to ring,
I go into my little world
and there I hear an angel sing.

If you want to leave,
just give your cares a wish.

All you've got to do is
wish, wish, wish!

I thought I was going crazy,
just a bit coo-coo.

But then...if I just wish...
Yes, that's exactly what I'll do!

I closed my eyes real tight,
my fists crunched to little
balls,

now my wondrous brain just
wish,

That's all, that's all, that's all!

A jolt, a flash and then,
a feeling all brand new,
I looked down and Oh, only if
you knew,
I flew, I flew, I flew!

I landed on a patch of grass,
so lush polka dotted and...
Hey! polka dotted? Oh well,
I had flown to this new land.

I walked for quite a while,
as most travelers do
and saw some queer little
men?

Not at all like me or you,

I cried, take me to your
leader.

This seemed the proper thing
to say.

Oh, come on, move!!
I haven't got all day.

They took me to a room
so I could freshen up.

A little girl (I think)
said it was time to go and up.

I walked to the hall,
The food was what I dreamed,
I sat and asked what land is
this.

They said Mathopia, and I
screamed.

I awoke in my math class
the very time I'd departed.

This was just a dream
that my thoughts had started.

The bell rang,
but never again would I fear,
I hope, I hope, I hope
the math class that I take this
year.

GATOR'S REVENGE

By Mary Anne Connor

The clouds shifted and
swayed, covering up the
moon. The night creatures
chirped so loud that it
seemed that you could
scream and not be heard.

On a highway bordering a
large amusement park just
outside of Orlando, a large
sinkhole opened and began



Young writers from Greenwood Lakes Middle School in teacher Julius Francis' class.

swallowing the center lane of
the road. Soon, the sinkhole
became bigger and bigger
and ate grass, dirt, bushes
and a few trees. But this was
not like the other sinkholes in
Florida. Inside this one was a
strange liquid, thick as syrup.

A alligator from a nearby
lake was curious about the
hole. A female alligator, she
was the last one in that part
of Florida. All the other
alligators had been killed

when construction of the new
amusement park destroyed their
habitat. The alligator
walked to the edge of the
hole. Suddenly, the ground
broke up under her feet and
she fell down into the
sinkhole and into the strange
liquid. She rolled and
struggled to get out and
gulped in some of the liquid.

Then an ear-piercing howl
came from her throat as fire
ran through her body. She
grew scales on her body,
huge claws with curved
spikes for toes and quills as
sharp as knives on her back.

Her teeth became fangs of
venom and her eyes grew red.
Her body tripled in size. She
was no longer just a gator!

The beast used her new
monstrous claws to grip the
earth and pull herself out of
the hole. She looked around
with glowing eyes. Now she
would feed, and the next day
she would get revenge on the
people who had destroyed her
family.

"Listen, Joe, this sinkhole
will be easy to fill and then
we can continue building the
rest of the new dinosaur
exhibit in the park." Gloria
Mannely looked at Joe.

Gloria was the head of
building the new amusement
park ride, the ride next to the
Jurassic Park exhibit.

Construction workers with
bulldozers began their job of
plowing down all the trees.

"Gloria, you're in charge of
this operation but I'm in
charge of you! I don't want
anything to go wrong." Joe's
balding head gleamed in the
hot summer sun as he strode
away, and his nice gray
business suit was now dusty
from the dirt flying around.

Gloria pretended she didn't
hear Joe as she started to
pull her long blond hair into a
ponytail. Her light blue eyes
sparkled. "I hate that man!"
she fumed. "He knew I never
wanted this job. I think it's
stupid to plow down a
beautifully natural, swampy
jungle just to put up a ride
with fake animals and fake
vegetation." Now she had the
added task of filling a
sinkhole, too. She threw up
her hands and stormed off.

No one paid any attention
to the huge creature slipping
behind the unused
machinery. No one saw the

shadow slipping into the
park. No one suspected that
one of the park's plastic
dinosaurs was real.

"Come on honey, come with
mommy." Gloria took her
child's hand and led her to
the new Jurassic Park ride.

She was on her day off and
decided to have fun with her
daughter. They went on many
rides but Gloria's little girl
Sharon loved the dinosaurs
the best, even though they
weren't real.

Dusk was falling. Soon it
would be night when all
alligators hunt. The creature
watched as a carriage full of
tourists came closer, closer.

The creature looked hungrily
at all the people, choosing the
right time to attack.

Suddenly, she growled a
growl that sounded like it was
coming from a lion. The
carriage was right next to
her. She whipped her tail
around, knocking the people
out of the carriage. Children
cried. People screamed and
scrambled to get up and away
from this beast. Her razor-
sharp fangs dripped with
saliva. She whipped her tail
again, crashing down a T-Rex
statue.

People were
scrambling everywhere and
tore over the gates and fences
surrounding the ride. Gloria
held her daughter's hand.

Suddenly, she was pushed
from Sharon by a herd of
people. She could hear the
beast growl. This was no
plastic dinosaur! Gloria
looked around. Sharon was
nowhere in sight! "Sharon!"
she screamed. There was no
answer. The beast ripped
through the wall and
lumbered through the park.

The park's night show on
the water had just begun. The
beast rushed into the water.
Everyone screamed.

The boats in the water jammed
onto the shore as people
everywhere rushed in a
frantic, helpless effort to save
their lives. Gloria quickly ran
to the park headquarters.

Maybe Sharon had run there.
People pushed and shoved.

"Sharon!" Gloria screamed
again.

Down at the other end of
the park, Sharon ran through
the screaming people.

Suddenly, behind her she
heard a growl. She turned
around. The creature was no
more than 10 feet away and it
was staring right at her.

Drips of gleaming venom
descended down the
creature's glistering white
teeth. The monster took a
step toward Sharon.

By now, all the screaming
people had rushed over to the
other division of the park.

Sharon glanced quickly
behind her. There was a huge
tree. She turned back around
to find the monster closer
now. Suddenly, Sharon

charged off to the tree. The
creature was close at her
heels. The creature growled.
Sharon reached for the tree.
She jumped up, then jumped
a second time, grabbing a
branch. Hoisting herself up
onto a large branch, she
thought she was safe. The
creature ran toward the tree
and rammed its head into the
trunk.

Sharon screamed as she
reached to get higher. She
climbed and climbed until
the ground was far below.

The beast looked up at
Sharon, swooped around, and
crashed the tree with her
powerful tail. "Help!"
screamed Sharon.

Gloria was pushing her way
through the rushing people.
Finally, she reached the
headquarters of the park.

"What's happening?" she
cried.

"A creature of some kind is
chasing people in the park,"
said Joe.

Gloria was screaming now.
"I know that! But what is it?
My little girl is somewhere in
the park. Help me find her!"

"We have no idea what that
thing is, but we have guns
and we'll find your daughter,"
said a big man standing next
to Joe.

"Guns? In an amusement
park?" Gloria looked at the
strange man.

In case of terrorism,
ma'am. A park in Ohio was
attacked once," replied the
man.

"Fine! Help me!" she
screamed. Gloria looked
helpless; her face was pale.

"Let's go!" cried Joe,
opening the door.

Gloria figured the strange
man must be park security or
police and ran out the door
with him. They were going to
do battle with the beast!

Whack! Another crashing
boom sounded as the beast's
tail again whipped the tree.

"Aaaaah!" screamed Sharon.
Tears were streaming down
her face.

"Fire!" cried an officer, and
a blast of gunshots went off.

The creature whirled around,
glared at the officers, and
then charged them. "Blast the
beast!" someone cried.

Another explosion of gunfire
went off and the beast reared
back, howling a shattering
scream. Then it fell to the
ground in a heap.

Everyone drew closer to
examine the strange monster.
Sharon was taken down from
the tree; she never wanted to
see dinosaurs again.

The next morning, Joe and
Gloria walked over to the
place where the creature had
been tied up in ropes. As they
rounded the corner, Gloria
gasped. The ropes had been
slashed clean through and
the beast was gone!



Mammograms under fire

BETHESDA, Md. - Women confused about whether to start having mammograms at age 40 are being advised by cancer experts to ask their doctors to help determine their risk of breast cancer.

In a move that outraged the American Cancer Society, advisers to the National Cancer Institute concluded Thursday that "each woman should decide for herself" whether to start having mammograms during her 40s.

"We are disappointed," said the society's Robert Smith. "We shouldn't underestimate the influence this report may have."

The experts agreed that mammograms starting at age 50 are vital, cutting breast cancer deaths by about 30 percent.

The O.J. civil trial

SANTA MONICA, Calif. - Placing his hand on O.J. Simpson's shoulder, defense lawyer Dan Leonard pleaded with jurors to think long and hard about photos that show Simpson wearing the same type of shoes as the killer.

"Does evidence like this satisfy you?" asked Leonard, who suggested the photos could have been faked. "Are you going to be able to come back, based on this evidence, and tell my client that he killed the mother of his children?"

"Are you going to do that?" he continued. "Is it worth it? Did it cost too much? Did it come too late?"

Leonard's emotional appeal Thursday came on an otherwise dry day of detailed closing arguments by another defense lawyer, Robert Blasier, who went through the physical evidence, from DNA tests to leather gloves.

Ebonics debate

WASHINGTON - When high-school student Michael Lampkins talked to senators about helping black schoolmates get better marks, he misspoke, by one way of thinking. By another, he was merely lapsing into a native tongue.

"We do have teachers who have went into the classrooms not having the capability to understand," the nervous 17-year-old testified.

Whether that was a grammatical mistake or an expression of ebonics goes to the heart of a national debate started by the Oakland, Calif., school board, where Lampkins is student director.

The debate pits traditional grammarians against some black nationalist scholars who believe speech is neither good nor bad - just standard or nonstandard. The subject was explored Thursday by a Senate committee.

From Associated Press reports

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1/24	1/25	1/26	1/27	1/28	1/29	1/30
WINTER (6 PM - 8 PM) Only \$6 (Includes Skates, Ice)	SKATE LESSONS 1-2 PM 10-12 PM 1-2 PM (Includes Skates, Ice)	TRY TOTS 11 AM - 1 PM (PARENTS SEATED) (Includes Skates, Ice)	CLOSED MONDAY	SCHOOL NITE 6 PM - 9 PM ONLY \$6.00 (Includes Skates, Ice, TAX)	BIRTHDAY (12:00 - 9 PM) ONLY \$6.00 (Includes Skates, Ice)	SCHOOL NIGHT 6:30 PM - 8:30 PM ONLY \$6.00 (Includes Skates, Ice)
FRIDAY NIGHT SKATE JAM 7 PM - 9 PM (Includes Skates, Ice)	SKATE JAM 7 PM - 9 PM (Includes Skates, Ice)	MATHS 3-5 PM Only \$6.75 (Includes Skates, Ice)	(CALL TO BOOK YOUR PARTY)	TOMORROW'S SCHOOL DELTONA ROLLER SKATING CENTER	CHEAP SKATES \$2.00 - \$3.00 (Includes Skates, Ice)	TOMORROW'S SCHOOL GREENWOOD LAKES MIDDLE SCHOOL

Sports

B

IN BRIEF

CORRECTION

Freethrow contest changed

SANFORD — The Knights of Columbus will hold a Free Throw Shooting Contest for children ages 10-14, not 6-14 as previously announced, tonight from 7 p.m. to 9 p.m. at All Souls Catholic Church.

For more information call 322-9108.

LOCALLY

SYFA to elect officers

SANFORD — The Sanford Youth Football Association will hold elections for Board of Directors this Saturday at 3 p.m. in the Education Building at First Shiloh M.B. Church.

The positions are: president, vice-president, secretary/treasurer, registration coordinator (eligibility agent) and cheerleader coordinator.

Local tracks busy

BITHLO — The cold weather forced the cancellation of the races at Orlando SpeedWorld, but New Smyrna Speedway at least got the features run last weekend.

Tonight, SpeedWorld will host the 50 Lap End of the Month Late Model Championship/Orange Blossom "Warm-Up" paying \$1,000 to win in addition to the regular full program.

Racing starts at 8 p.m. every Friday night at Orlando SpeedWorld with adult front gate admission \$10 and kids 11-and-under free.

Tomorrow night, New Smyrna Speedway hosts the 31st Annual Orange Blossom Late Model 100 Lap Race paying \$2,000 plus a full-race program. Racing starts at 7 p.m. every Saturday night at New Smyrna Speedway with adult front gate admission \$15 (not good with any other discount) and kids 11-and-under free.

For race information, call (407) 568-1367 (Orlando) or (804) 427-4129 (New Smyrna).

RESULTS

NEW SMYRNA SPEEDWAY
LATE MODEL 800 EYE — 1. A. Tony Newman, Orlando; 2. M. Jack Cook, Orlando Beach; 3. M. Bruce Lawrence, Deland; 4. D. Ricky Wood, Orlando; 5. T. Tuffy Hester, Leesburg
LIMITED LATE MODEL — 1. G. Chad Adams; 2. S. Baby Soria, Ocala; 3. B. Chad Collins; 4. C. Shane Williams; 5. M. Bruce Lawrence II, Deland
MODIFIED — 1. S. Wayne Parker, Mt. Dora; 2. J. Joe McClinton, South Daytona; 3. M. Jerry Symons, New Smyrna Beach; 4. W. Greg Sapp, Orlando; 5. D. Wally Somers, Edgewater
SPORTSMAN — 1. T. Baby Soria; 2. D. Wayne; 3. J. Mary Shuster; 4. D. Dale Cramer; 5. D. Barbara Pierce, Orlando; 6. A. Glenn Wilson
BUMPER — 1. D. Chad Pines, Orlando; 2. M. Ron Adams; 3. M. Jeff Shaffer; 4. D. Lance Phillips, Deland; 5. L. Charles Crutts, Orlando
CLASSIFIED — 1. S. Vic Vanhook, Daytona; 2. B. Cavall Grant, Orlando Beach; 3. L. Ramon Wilson, Melbourne; 4. S. Patti Allison, Sebring; 5. T. Terry Coby
BUM-A-BUM — 1. M. Ian Hoffman; 2. A. Leon Fay; 3. D. Joe Woodberry; 4. M. John McEwen; 5. G. George May

Coaches needed

SANFORD — The Sanford Recreation Department is looking for people interested in coaching baseball of all ages this season. Call 330-5867 for info.

Sanford Recreation baseball

SANFORD — The City of Sanford Recreation Department is now registering players ages 5-18 for its Babe Ruth Baseball Leagues.

Leagues are: 5-6, 7-9, 10-12, 13-15 and 16-18.

Tryouts for ages 7-12 will be on February 1 at 9 a.m. at the Ft. Mellon Baseball Fields, while the 13-15 tryouts will be February 8th and the 16-18 tryouts will be February 22 at 9 a.m. at Sanford Memorial Stadium.

Call 330-5867 for more information.

Sanford Rec. youth softball

SANFORD — The City of Sanford Recreation Department is now registering girls ages 12-and-under for its Slowpitch Softball Leagues.

Tryouts will be on Jan. 25 at Pinehurst Park. Call 330-5867 for more information.

Sanford Fast Pitch Softball

SANFORD — The Sanford Recreation Department is registering girls ages 14-and-under for two new Fast Pitch Softball Leagues.

Leagues will be ages 14-Under and 16-Under. Call 330-5867 for more information.

SCC softball clinic

SANFORD — Seminole Community College softball coaches and players will conduct a fastpitch clinic on Saturday, February 1st, from 10 a.m. to 4 p.m. at the Oviedo Little League Softball Complex on King Street.

Cost is \$25 per participant. All ages welcome. Clinic will include pitching, catching, hitting, defense and base running.

Call (407) 328-2332 or (407) 368-8030 for info.

BEST BETS ON TV

TODAY
NATIONAL BASKETBALL ASSOCIATION
 7 p.m. — WKCF 18, Magic at Celtics, (L)
SATURDAY
AUTO RACING
 12:30 p.m. — WFTV 9, Indy 200, (L)

Regroup, move on

Seminole girls learning to win without injured

By KELLIE WERNER
 Herald Staff Writer

SANFORD — What does a coach do when he loses the leader of his team to injury?

— He regroups and finds himself a different leader or two.

And uses whatever means necessary, even sitting valuable players out, to get them up to the task.

Last night, at Bill Fleming Memorial Gymnasium, the Seminole girls' basketball team found some leadership in their 50-39 win over Lyman.

All was not pretty, though, as the first quarter ended with the Lady Noles trailing 11-6. La'Deatrice Hampton and Shemelka Stokes combined for all of Seminole's points while Kim Collins scored nine of Lyman's single-handedly.

Five unanswered points by Lyman opened the second quarter. The game appeared completely one-sided when four free throws were missed by the Tribe and then, finally, Hampton hit one from the baseline to end the 10-point run by the Greyhounds.

This was enough to spark the trailing Seminole team and the comeback began.

If the second quarter had been just a minute or two longer, the

rejuvenated Seminoles might have taken the lead.

Lyman was committing every foul in the book and allowed the Tribe to sneak back into the game. Seminole's full court defense and improved free throw percentage were enough to bring them within three and at the half the score was only 19-18, Lyman.

Halftime stole a little of Seminole's thunder as they were quickly down by nine thanks to six more points by Collins, bringing her point total to 18.

Collins would only score one more point for her team the rest of the evening.

If defense was the name of the game for Seminole in the second half, then it's nickname was Haneefa Miller.

"Miller wasn't showing me what I needed from her the last couple of games," Seminole coach Sylvester Wynn said. "So I sat her out for the first half so she could watch the game. I needed leadership from her and I wasn't getting it. I figured that a little time on the bench might make her ready to play like she is supposed to."

It did.

Miller scored six points in the third quarter and rallied her

□ See Tribes, Page 2B



Shemelka Stokes (No. 32) is one of the girls who has really stepped up her game for Coach Sylvester Wynn's Fighting Seminoles in the absence of leading scorer Dana Merrick.

Thompson stays unbeaten

By DEAN SMITH
 Herald Sports Editor

SANFORD — Thompson PBE came from behind to remain the only unbeaten team in the Sanford Recreation Department Men's Thursday Night Pinehurst Park Polar Bear Slow Pitch Softball League.

Thompson PBE (3-0) trailed All Souls Catholic Church 2-0 and 9-6 before scoring two runs in the fourth inning and three runs in the sixth inning to post an 11-10 victory.

In the opening game of the evening, Curiosity Corners (1-1) used a 14-run second inning to humble InvaCare (0-2) 25-9.

In the late game, All Souls Catholic Church (1-2) again had an early lead, but could not hold off Havin Fun/Beatty Tire (1-1) as it fell in another close game, 7-6.

Doing the hitting were: Curiosity Corners: three hits — Glenn Wright (two triples, double), Frank Williams, Mike Hartman; two hits — Curtis Knight (home run, double), Mike Williams, Dave Searle (one home run each), Bill Hill (triple, double), Thom Searle (two doubles), Raymond Knowlton (double).
 InvaCare: three hits — Brent Rein (triple); two hits — Chris Brooks, Sean Sumter (one double each), James

Curiosity Corners InvaCare	01414 25 - 9 21
All Souls Catholic Church Thompson PBE	00 700 1 - 10 13
All Souls Catholic Church Havin Fun (Beatty Tire)	00 120 0 - 6 14

Miller, Barry Nevers; one hit — Tom Moses, Kewick Lashley.

Thompson PBE: three hits — Manny Silvia; two hits — Steve Tillman; one hit — Mike Clark (double), Dave Johnson, Jay Snell, Clyde Wood, Vince Clark, Tom Mains.

All Souls Catholic Church: three hits — Rocky Ellingworth (triple); two hits — Pat Larkin; one hit — Anton Grooms (home run), Rick Feas (double), Don Macher, Joe Santora, Ken Barnhurst, Pete Holt, Dennis Roman, Jeff Gill.

Havin Fun (Beatty Tire): two hits — Chris Bryson (triple, double), Nate Fakes; one hit — Tommy Vestina, Johnny Haddock, John Stewart, Denny Miller, Red Garner, Chip Smith.

All Souls Catholic Church: three hits — Don Macher, Rocky Ellingworth; two hits — Rick Feas; one hit — Anton Grooms (home run), Ken Barnhurst (double), Joe Santora, Dennis Roman, Jeff Gill, Pete Baskaukas.

Two team breakaway at Chase

From Staff Reports

SANFORD — Only two weeks into the season and it's already a two-team race.

Pebble Junction swept a doubleheader and ICI Auto Color won its game as the duo moved two full games ahead of the pack in the Sanford Recreation Department Men's Chase Park Polar Bear Slowpitch Softball League.

ICI Auto Color scored five runs in the bottom of the first inning and Rich Plan could never recover as ICI held on for a 9-5 victory.

Pebble Junction got a fast start in both games and held off Cactus Bob's 11-9 and POWER TEAM 14-9.

Pebble Junction is now 3-0, while ICI is 2-0. Trailing the lead duo are Cactus Bob's (1-2) and Rich Plan

and the POWER TEAM (both 0-2).

Next week, ICI battles Pebble Junction at 6:30 p.m.; ICI sticks around to play the POWER TEAM at 7:30 p.m.; and Cactus Bob's takes on Rich Plan at 8:30 p.m.

Doing the hitting were: ICI Auto Color: two hits — Brantley Brunley (double), Scott Murphy, Brian Curtis; one hit — Cary Keefer, David Goldstick, Jerry Brussells (one double each), Chris Nickle, Billy Gracey, Jeff Futrell.

Rich Plan: two hits — Mickey Coghurn, Tony Taylor; one hit — Jason Flanagan, Jamie Pitzer, Jason Bender, Mike Meadows, John Luperling, Larry Stewart.

Pebble Junction: four hits — Jerry Camus (two doubles); three hits — Dave Coas (double); two hits — Mike Miller (triple), Dave

Kaerberlein (double), David Bennett, Jim Reid; one hit — Vic DiBartolo (triple), Kyle Brubaker, Kenny McKeever, Joe DiBartolo.

Cactus Bob's: two hits — Mike Pett (triple), Mike Peck; one hit — Rod Ruth (double), Mike Montano, Jim Olger, Billy Bishop, Gene Golsen.

Pebble Junction: three hits — Dave Kaerberlein, Kenny McKeever, Joe DiBartolo (one double each), Jerry Camus; two hits — Kyle Brubaker, David Bennett; one hit — Vic DiBartolo (triple), Mike Miller, Jim Reid.

POWER TEAM: three hits — Tony Coas; two hits — Steve Gules, Rich Thole, Darrin Patrick; one hit — Nelson Aviles (triple), Steve Cooper, Robert Hogan, John Cordoba, Ricky Kidd.

Magic on a roll

By JEFF BELLANCO
 Herald Staff Writer

ORLANDO — When January came to a close, the Magic had lost 12 of 14 and were thinking about playing the lottery next June.

Three weeks later, talk has changed to an Atlantic Division title and first round homecourt advantage when playoffs roll around.

Three weeks ago, a win, any win, would have been fine for the Magic. Now the team has ripped off six wins in their last seven after last night's 96-92 gut-wrencher against the visiting Milwaukee Bucks.

Rony Seikaly and Penny

□ See Magic, Page 2B

MILWAUKEE (W)
 Robinson 2-3 5-6 16, Baker 12-16 4-6 25, Gilman 2-2 0-1 4, Allen 0-2 0-4 12, Douglas 2-4 0-2 15, Wood 1-0 0-1 2, Robinson 2-0 0-0 5, Perry 2-7 2-4 10, Brown 0-1 0-0 5, Totals: 25-20 10-21

ORLANDO (W)
 Scott 6-10 2-3 17, Strong 4-10 4-4 14, Seikaly 10-12 2-4 15, Anderson 1-0 0-2 2, Hardaway 0-7 7-7 12, Robinson 0-1 0-0 5, 25-20 10-21

Milwaukee 25 20 10 21 - 90
Orlando 25 20 10 21 - 92

3-Point goals — Milwaukee 4-14 (Robinson 1-3, Allen 1-3, Perry 1-2, Robinson 1-4, Baker 0-1), Orlando 2-4 (Scott 2-2, Hardaway 0-1, White 0-1, Anderson 0-1). Fouled out — Baker, Robinson — Milwaukee 4 (Baker 1), Orlando 4 (Strong 1). Assists — Milwaukee 12 (Perry 3, Gilman 4, Scott 2), Total fouls — Milwaukee 12, Orlando 11. Technicals — Milwaukee 1 (logical) Gilman 1, A — 17:36 (17:36).

No. 1 ranked team, free admission at SCC

SANFORD — Seminole County basketball fans have a rare opportunity coming up tomorrow night.

They have the chance to see the number one ranked team in the nation play locally.

The women's basketball team from Central Florida Community College in Ocala will make an appearance at the Seminole Community College Health and Physical Education Center.

The Patriots are 21-0 and are averaging over 100-points per game and are beating their opponents by an average margin of over 50 points per game.

The game will start at 8 p.m. and will be part of a women's/men's doubleheader. The men's teams from the same school will start at 8 p.m.

What makes this doubleheader even more appealing is the fact that admission is FREE, that's right, free.

Most people are happy when you get a chance for buy one-get one free. Tomorrow night at SCC you get two for the price of none.

In addition to seeing what is arguably the best women's basketball team in the country play, local fans will also get a chance to get familiar with the best kept sports secret in the county,

Extra Points...

Dean Smith

Herald Sports Editor

the Seminole Community College women's basketball team.

The Raiders are 17-5 on the season and have not lost a game by more than five points. The team is coached by Lake Mary resident Ken Patrick, a long time proponent of women's basketball who has brought Division I basketball games to Seminole County in the past and helped establish a strong AAU (Amateur Athletic Union) program throughout the United States that has helped the girls' game grow by leaps and bounds.

I also think that most fans will be amazed at the improvement of the ability of the women players. We all know that women can play after watching the female version of the "Dream Team" roll to the Gold Medal in the Olympics this summer.

But even on the high school level, the game has improved considerably.

The girls can dribble with the best, pass the ball like the Harlem Globetrotters and shoot the three-point shot almost as well as any man.

To me the girls'/women's game looks a lot like the men's game when I was playing high school basketball. There is a lot of movement and teamwork, good setting of screens, a lot of passing, and an emphasis on jump shooting and free throw shooting.

Not like the men's game of today that has turned into four guys standing around while one man plays one-on-one and tries to get a dunk or dumping the ball into a big guy who bulls his way to the basket.

So why not do yourself a favor and show your community spirit by going out to SCC tomorrow and supporting the local junior college teams. You sure can't beat the price.

STATS & STANDINGS

WHAT'S HAPPENING

TODAY

National Basketball Association
Orlando Magic at Boston Celtics, 7 p.m.

College Basketball

Rollins vs. North Florida at Jacksonville. Women, 5:30 p.m.; men, 7:30 p.m.

Prep Boys' Basketball

Lake Howell at Lake Mary. Freshman, 4:30 p.m.; junior varsity, 6 p.m.; varsity, 7:30 p.m.
Orlando at Lake Brantley. Freshman, 4:30 p.m.; junior varsity, 6 p.m.; varsity, 7:30 p.m.
Seminole at Lyman. Freshman, 4:30 p.m.; junior varsity, 6 p.m.; varsity, 7:30 p.m.

Prep Girls' Basketball

Brevard Christian at Letha, 6 p.m.
Kissimmee-Gateway at Seminole. Junior varsity, 6 p.m.; varsity, 7:30 p.m.

Adult Church Basketball

Polar Bear League at Sanford Middle School. First Nazarene vs. Sanford Christian, 8:30 p.m.; 1st Methodist-Flames vs. First Baptist, 7:30 p.m.; All Souls vs. Covenant Community, 8:30 p.m.

International Hockey League

Orlando Solar Bears at Cleveland Lumberjacks, 7:30 p.m.

Prep Boys' Soccer

Lake Mary High School Junior varsity Tournament at Don T. Reynolds Stadium, TBA

Prep Girls' Soccer

Central Florida Junior Varsity Tournament at Lake Howell, TBA
Merritt Island at Seminole 6 p.m.
Ormond Beach-Seabreeze at Lake Mary. Junior varsity, 5 p.m.; varsity, 7 p.m.

SATURDAY

Auto Racing

Indy Racing League, Indy 200 at Walt Disney World, 12:30 p.m.

College Basketball

men, University of Central Florida vs. Florida International University of Miami, 7:30 p.m.

JUCO Basketball

Central Florida Community College, Ocala at Seminole C.C. Women, 6 p.m.; men, 8 p.m.

Youth Basketball

Sanford Recreation Department at Sanford Middle School. Junior Prep: 8:30 a.m. — Rich Plan vs. Webb Furniture and First Union vs. Hunter Concrete; 9:30 a.m. — ABB Power Distribution vs. Big Dip Ice Cream and Eatery; Junior Division: 9:30 a.m. — Fleet Reserve Ladies Auxiliary vs. Fleet Reserve Branch 147; 10:30 a.m. — All American Construction vs. Sanford Paint & Body and Bell South vs. Sanford Electric; 11:30 a.m. — Sunniland Corporation vs. Rich Plan; Senior Division: 12:30 p.m. — AOK Tire vs. Knights of Columbus; 1:30 p.m. — Sunniland Corporation vs. ABL Business Equipment; 2:30 p.m. — Pants USA vs. American Legion; 3:30 p.m. — Video Vault vs. Sharp Fence
Sanford Recreation Department Biddy Ball League at Salvation Army. Futrell's Gators vs. Layton's Team, 1 p.m.; Daniels' Team vs. MAGIC, 1 p.m.; Annie's Army vs. Team Hoopie, 2 p.m.

International Hockey League

Orlando Solar Bears at Detroit Vipers, noon

Prep Boys' Soccer

Lake Mary High School Junior varsity Tournament at Don T. Reynolds Stadium, TBA

Prep Girls' Soccer

Central Florida Junior Varsity Tournament at Lake Howell, TBA

Prep Wrestling

Lake Mary at University. Junior varsity, 6:30 p.m.; varsity, 7:30 p.m.

Magic

Continued from Page 1B

Hardaway each scored 23 to pace the Magic while Vin Baker had a game-high 30 for Milwaukee.

The real story behind the Orlando resurgence came through again last night. Derek Strong played a season-high 38 minutes and had 14 points to go with 11 rebounds filling in for the injured Horace Grant. Strong has found a place in the Orlando lineup as the injury plague has threatened the team all season.

Getting him out of the lineup may be impossible.

"I feel good right now, especially coming down the stretch," Strong said. "I've been struggling from the line but hitting the shots down the line helped wipe out some of the shots I missed earlier."

Strong had eight points in the fourth quarter, including four-for-four from the line as the Bucks held off a furious Milwaukee comeback, as he kept a body on Baker, the real Big Dog of the Bucks.

"Vin Baker is an all-star and he's one of the best post men in the league, right next to Hakeem Olajuwon and Shaquille O'Neil," Magic coach Brian Hill said. "Derek did a great job on him tonight. In addition to his defense, he had an excellent offensive night on a night when we really needed it."

For a few frightening moments, it looked like it might not be enough. Milwaukee trailed 75-65 after a pair of Gerald Wilkins free throws early in the fourth quarter, but Baker and Elliot Perry - Penny Hardaway's boyhood hero in Memphis - mounted a comeback as Glenn Robinson went into hiding for Milwaukee.

Two straight steals by Baker and Perry were converted and the Bucks trailed just 83-82 with just over four minutes remaining.

A minute later, Dennis Scott swallowed a jumper, courtesy of an Armon Gilliam steal, and Johnnie Newman who only

seems he's been in the league for about 40 years, layed it in to give Milwaukee its last lead of the night.

Seikaly hit a short jumper to put the Magic back up and clutch free throw shooting down the line led the victory.

"It didn't have to be so tough. That's the way it is in this league," Scott said. "This is the NBA."

It is the NBA but the Magic might not feel like they're seeing the real thing as they visit Boston tonight. The Celtics lost to Philadelphia Wednesday as the Sixers won for the first time

in 1997. After that, the Bullets and Suns await the Magic before a trip to Philadelphia.

That makes three very winnable games. Time to start printing playoff tickets?

Not yet. Orlando is still in 10th place in the Eastern Conference playoff race but are playing their best ball of the season at the right time. Grant is expected back any day and Hardaway is finally showing some of the signs that he is at 100 percent.

Orlando has survived injuries alumps and the loss of their franchise player to free agency.

Somehow they've survived. Only the Strong survive.

Tribe

Continued from Page 1B

teammates to follow suit. When the defense wasn't forcing turnovers or shutting down Collins, the offense, led by Miller, was taking advantage of every shot opportunity and not allowing a Greyhound anywhere near a rare miss. Seminole would score 14 points in the third quarter and lead by a score of 30-27.

Seminole continued to dominate their visiting opponent and seemed more like the potential powerhouse of the days before Dana Merrick was injured. They outscored Lyman 20-12 and the score told only half of the story.

The defense shut down Lyman's star player, holding Collins to only one point in the entire quarter. The Greyhound offense was rarely able to carry the ball past half court before it was snatched by an awaiting Seminole. To add insult to injury, Lyman would commit twice as many fouls.

Miller scored another three points in the fourth, and was aided by Stokes and Tamara Gilchrist in leading the team to the 50-39 win.

"We knew that we had to do something about Collins," Hampton said after the game. "The defense was able to shut her down and that was the spark

we needed."

Wynn agreed. "I told the girls at halftime to stay out of foul trouble, continue to press, and to not turn the ball over," Wynn said. "They came out and they played hard, especially on defense. The defense lit the fire under the team."

Miller had a match herself. "Coach sat me out for a half and it worked," Miller said. "I knew we needed the win. We can't have any more losses. We needed better defense and we stepped up to the task. We were a little slow in the first half and then we made them play at our pace."

Whatever the pace, Seminole has proven that they can withstand the loss of not only one, but two good players. Lindsay Keeler might return to the court next week. Merrick is not as fortunate. She is going through physical therapy now and is doubtful anytime before district play begins.

If Seminole wins their last district game tonight against Gateway, they will finish their season undefeated in the district. That would give them a bye in the first round of district competition.

If halftime can produce the kind of results that it did tonight, imagine what a bye week can do for this talented team.

Sanford Christian on top of Sanford Church hoops

From Staff Reports

SANFORD — Sanford Christian Church kept its unbeaten streak going and in the process took a two-game lead in the loss column in the Sanford Recreation Department Adult Church Basketball League at the Dan Pelham Gymnasium at Sanford Middle School.

Sanford Christian took a 17-12 lead at halftime and held on to defeat All Souls Catholic 38-34.

First Baptist of Sanford pulled off the mini-upset, handing Sanford First Church of the Nazarene its second loss of the season 59-38 and Covenant Community Church broke a two-game losing streak with a 44-19 thumping of the Sanford 1st United Methodist-Flames.

The standings are: Sanford

Christian (4-0); First Baptist of Sanford and Covenant Community (both 4-2); Sanford First Church of the Nazarene (3-2); Sanford All Souls Catholic Church (1-4); and Sanford First United Methodist-Flames (0-6).

Tonight, Nazarene takes on Sanford Christian at 6:30 p.m.; the Flames battle First Baptist at 7:30 p.m.; and Covenant Community faces All Souls at 8:30 p.m.

Sanford Christian (17-12): Tony Tichonoff 1 0 0 2, Torrance Fisher 1 4 0 6, Bernard Smith 2 0 0 4, Doug Hughes 2 0 0 4, Shaun Hill 4 3 5 11, Joseph Caputo 1 0 0 2, Chris Barry 2 0 0 5, Alvin Carter 1 0 0 2, Totals: 149 128.

Sanford First Church of the Nazarene (3-2): Scott Wade 4 2 2 11, Jon Oakes 2 1 2 7, Danny Watson 3 1 2 7, Timmy Watson 3 4 1 7, Phillip Sutherland 1 0 0 2, Bill Catelano 0 0 2 0, Totals: 149 128.

Sanford All Souls Catholic Church (1-4): Phillip Hilliard 1 0 0 2, Prisca Thomas 0 0 0 0, Totals: 0 0 0 0.

Sanford First United Methodist-Flames (0-6): Dick Gough 1 0 0 2, Cliff Moton 2 0 0 4, Tim Quick 1 0 0 2, Jon Quick 0 1 1 1, Gene Morgan 0 0 0 0, Larry Prager 2 0 0 4, Totals: 7 5 19.

Covenant Community (0-6): D. Tucker 2 1 1 7, Y. Salthous 4 2 3 11, D. Strada 3 1 1 7, K. Branson 2 0 0 5, T. Kelly 1 0 0 2, C. Bird 2 1 1 5, D. Charing 2 0 0 4, Totals: 17 5 34.

Three-point field goals — Covenant 3 (Bird 2, Tucker, Salthous, Branson).

Sanford Christian (17-12): Tony Tichonoff 1 0 0 2, Torrance Fisher 1 4 0 6, Bernard Smith 2 0 0 4, Doug Hughes 2 0 0 4, Shaun Hill 4 3 5 11, Joseph Caputo 1 0 0 2, Chris Barry 2 0 0 5, Alvin Carter 1 0 0 2, Totals: 149 128.

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Sanford Christian (17-12): Tony Tichonoff 1 0 0 2, Torrance Fisher 1 4 0 6, Bernard Smith 2 0 0 4, Doug Hughes 2 0 0 4, Shaun Hill 4 3 5 11, Joseph Caputo 1 0 0 2, Chris Barry 2 0 0 5, Alvin Carter 1 0 0 2, Totals: 149 128.

Sanford First Church of the Nazarene (3-2): Scott Wade 4 2 2 11, Jon Oakes 2 1 2 7, Danny Watson 3 1 2 7, Timmy Watson 3 4 1 7, Phillip Sutherland 1 0 0 2, Bill Catelano 0 0 2 0, Totals: 149 128.

Sanford All Souls Catholic Church (1-4): Phillip Hilliard 1 0 0 2, Prisca Thomas 0 0 0 0, Totals: 0 0 0 0.

Sanford First United Methodist-Flames (0-6): Dick Gough 1 0 0 2, Cliff Moton 2 0 0 4, Tim Quick 1 0 0 2, Jon Quick 0 1 1 1, Gene Morgan 0 0 0 0, Larry Prager 2 0 0 4, Totals: 7 5 19.

Covenant Community (0-6): D. Tucker 2 1 1 7, Y. Salthous 4 2 3 11, D. Strada 3 1 1 7, K. Branson 2 0 0 5, T. Kelly 1 0 0 2, C. Bird 2 1 1 5, D. Charing 2 0 0 4, Totals: 17 5 34.

Three-point field goals — Covenant 3 (Bird 2, Tucker, Salthous, Branson).

Legal Notices

Request For Proposals
RFP-94-07/8-26
Competition and
Classification Study
Seminole County
Commissioners Board
requests interested parties to
submit relevant data proposals for
the above referenced project.
Seeper To assess the County's
current classification and job
classification system and
develop: (1) job classification
system consisting of fewer job
grades/bands with broader
parameters, along with (2) com-
petitive pay delivery system
consisting of the necessary
components to support the
County's ongoing re-engineering
efforts.
RFP packages will be avail-
able at the County's Purchasing
Division located at:
1101 S. 1st Street, Room 3000
Sanford, FL 32771
(407)321-1110 Ext. 7116/7119
(407)320-0646 - Fax
Proposals must be received by
the Purchasing Division no later
than 2:00 p.m. local time on
February 21, 1997. Proposals
received after such time will be
returned unopened.
NOTE: ALL PROSPECTIVE
PROPOSERS ARE HEREBY
CAUTIONED NOT TO CONTACT
ANY MEMBER OF THE SEMI-
NOLE COUNTY STAFF OR OFFI-
CIALS OTHER THAN THE
SPECIFIED CONTACT PERSON
REGARDING THIS RFP PRIOR
TO THE FINAL EVALUATION
AND RANKING BY COUNTY
STAFF. ANY SUCH CONTACT
SHALL BE CAUSE FOR REJECTI-
ON OF PROPOSAL.
Parties are encouraged to
participate in the RFP proce-
dure. J. Cohen, C.P.P.S.
Contract Analyst
PUBLISH: Friday and Sunday,
January 24 & 25, 1997
DEA-18

Legal Notices

NOTICE
OF PUBLICATION
F-11
Arthur Johnson
F-20
Robert White
F-21
Holly Hodges
Personal Property consisting
of furniture, mattresses, trees,
lamps, dressers, clothing, elec-
tronics, industrial equipment,
miscellaneous boxes and other
personal items, will be sold at
public auction in accordance
with Florida Statutes, Self
Storage Facility Act, Sections
68.06 and 68.07 to satisfy
court order for rents due. The
public auction will be held on 1-
29-97 at 10:00 A.M. at the fol-
lowing address:
AAA Security Storage
2000 W. Airport Blvd.
Sanford, FL 32771
Publish: January 24, 25, 1997
DEA-179

Legal Notices

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F-11
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F-20
Robert White
F-21
Holly Hodges
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DEA-179

Three unbeaten left in Youth Basketball

From Staff Reports

SANFORD — And then there were three. Sharp Fence was the latest team to fall from the ranks of the unbeaten, leaving just three teams with perfect records in the Sanford Recreation Department 1996-1997 Youth Basketball League after last Saturday's games in the Dan Pelham Gymnasium at Sanford Middle School.

The results: Junior Prep Division: Rich Plan (4-1) whipped First Union (0-5) 27-9; ABB Power Distribution (2-3) upset Webb Furniture (2-3) 20-15; and the Big Dip Ice Cream and Eatery (4-1) remained tied for first with a 14-4 thumping of Hunter Concrete (3-2).

Junior Division: Sanford Paint and Body (4-0) edged Sanford Electric (2-2) 33-27; Hardec (5-0) dumped Bell South (1-4) 35-18; Sunniland Corporation (1-4) upset the Fleet Reserve Ladies Auxiliary (2-2) 28-28; the Fleet Reserve Branch 147 (2-2) kept Rich Plan (0-5) winless 29-21; and All American Construction (2-2) had the bye.

Senior Division: Knights of Columbus (5-0) won the ball of unbeaten with Sharp Fence (4-1) 33-30; ABL Business Equipment (2-3) knocked off the American Legion (1-4) 48-32; Sunniland Corporation (3-2) nipped AOK Tire (1-4) 44-41; and Pants USA (2-3) ended Video Vault's (2-3) two-game winning streak 34-25.

In a Girls' Division doubleheader, the Sanford Middle School-Magic swept past Knicke Air 9-8 and the Bulls 14-2.

This Saturday's schedule is in What's Happening at left.

JUNIOR PREP DIVISION

RICH PLAN (5-1)
James Pritchard (MVP) 4 0 0 8, Dean Casey 3 1 2 7, Derrick Harris 1 0 0 4, Leonard Sims 1 0 0 4, Totals: 13 1 27.

FIRST UNION (0-5)
Jay Reed (MVP) 1 1 2 7, Chris Oler 0 0 0 2, Totals: 3 2 9.

ABB POWER
Rich Plan 4 0 0 8
First Union 0 0 0 2

WEBB FURNITURE (2-3)
Christian Herring 1 0 0 4, Anthony Anderson 3 0 0 4, Josh Webb

JUNIOR DIVISION

Mike Vail Jr. 11 0 2 22, Leonard Britt 0 2 2 2, Latha Robinson 2 1 3 6, Brian Mowbray 1 1 2 3, James "Bud" Bennett (MVP) 6 1 2 14, Marcus Scott 1 0 0 2, Totals: 215 10 48.

AMERICAN LEGION (2-3)
Scott Barger (MVP) 6 1 2 13, Willie Collier 3 0 4 7, Derrick Oler 3 1 4 7, Mark Washington 1 0 0 2, Redick Pennington 1 1 4 3, Totals: 143 10 32.

ABL BUSINESS
3 0 0 10
AMERICAN LEGION
11 0 10 32

3 pointers — ABL 1 (Bennett), Legton 1 (Collier).

SUNNILAND CORPORATION (4-1)
Torrance Daniels (MVP) 10 0 1 20, Blake Adamsen 1 0 0 2, Ken Hoadover 2 0 0 4, Cedric Jackson 3 0 0 6, Jarrett Duncan 3 0 0 6, Totals: 22 0 14.

AOK TIRE (1-4)
Jonathan Brooks (MVP) 6 4 4 16, Brittny Williams 3 0 2 4, An-
thony Charles 1 2 4 6, Bradley Lacho 2 0 0 4, Alvin Scott 1 2 2 4, Nick
Holms 2 0 0 4, Luke Hardy 1 0 0 2, Totals: 18 12 41.

SENIOR DIVISION
3 0 0 10
10 0 10 32

3 pointers — AOK 1 (Lacho 2, Holms).

VIDEO VAULT (3-2)
Levi Raines Jr. 2 0 0 4, Ramona Raines 2 0 0 4, Donovan
Williams 1 1 2 3, Harry Perkins Jr. 2 0 2 4, Adam Clark 1 0 0 2,
Demetrius Reeves 0 0 2 4, Brian Webb 1 0 0 2, Tim Maddox 1 0 0 2,
Rabin Morris (MVP) 2 0 0 4, Totals: 12 10 35.

PANTS USA (2-3)
Dwain Major 3 1 1 7, Nick Fort 4 0 0 8, Cliff Powell (MVP) 4
0 1 2 6, Jonathan Hall 1 0 1 4, Derrick Taylor 1 0 0 2, Totals: 16 1 24.

VIDEO VAULT (3-2)
Levi Raines Jr. 2 0 0 4, Ramona Raines 2 0 0 4, Donovan
Williams 1 1 2 3, Harry Perkins Jr. 2 0 2 4, Adam Clark 1 0 0 2,
Demetrius Reeves 0 0 2 4, Brian Webb 1 0 0 2, Tim Maddox 1 0 0 2,
Rabin Morris (MVP) 2 0 0 4, Totals: 12 10 35.

SENIOR

People

Substance abuse discussed

SAFE, Substance Abuse Family Education, is conducting a "Families in Crisis" outreach program. Interested organizations wanting to contact the Life Savers Club of SAFE may call Libby Kuharske at 291-4357.

Blood Bank seeks donors

Central Florida Blood Bank is asking donors of all types of blood — especially O-type donors — to donate at its Sanford branch, 1302 E. Second St. For information, call 322-0622.

TOPS meets Monday morning

SANFORD — TOPS (Take off Pounds Sensibly) Chapter #621 meets every Monday, from 10 a.m. to noon, at the Sanford Alliance Church, 1401 S. Park Ave., Sanford. For information, call 322-3130 or 324-5541.

Sanford Rotarians to meet

SANFORD — Rotary Club of Sanford meets every Monday at noon, at the Marina Hotel.

Activities for seniors

Lake Mary Seniors invite anyone 55 years or older to join them in two weekly activities on Monday: Woodcarvers, from 9:30 to 11:30 a.m.; Games, from 1 to 3 p.m., at the Frank Evans Center, 158 N. Country Club Road.

Employment opportunities for seniors

SANFORD — An employment program sponsored by AARP Senior Community Service Employment Program is held at the Sanford National Guard Armory, 915 E. First St., Monday through Friday. Interview hours are 8 a.m. to 1 p.m. Telephone: 324-8008. The program assists seniors, 55 and over, to return to the work place.

Cancer support group meets

Support, Hope and Recovery, S.H.A.R., meets every Monday afternoon at 5 p.m. at Central Florida Regional Hospital in the far corner of the dining room. This is a self help support group for all cancer survivors, whether in treatment now or finished with it. Call 324-8737 or 322-7785 for more information.

Contract bridge

Bridge players are invited to play contract bridge every Monday, at 10:30 a.m., at the Sanford Senior Center. For information, call 322-6326.

Help for gamblers offered

Gamblers Anonymous and Gam-Anon for family and friends, meet separately Monday and Friday (non-smokers) at 7:30 p.m., Church of the Good Shepherd, 331 Lake Ave., Maitland. For more information, call 236-9206.

Narcotics Anonymous meets Monday

Narcotics Anonymous meets Monday at 8 p.m. at the Presbyterian House of Goodwill, 317 Oak Ave., Sanford.

Overeaters Anonymous meets Tuesday

SANFORD — Overeaters Anonymous meets every Tuesday, at 10 a.m. in Parish Hall Whitner Lounge of Holy Cross Episcopal Church in Sanford. The meetings last about an hour. There are no dues nor fees. The only requirement to attend is the desire to stop eating compulsively.

Learn to play shuffleboard

The Sanford Tourist and Shuffleboard Club practices every Tuesday and Friday starting at 1 p.m., and plays inter-city tournaments every Wednesday. Those interested in playing, learning to play or joining the club may call Russ Kitzer, 322-7751, for information.

Sewing club gathers

Every Tuesday from 9:30 a.m. to noon, the WOOPIE Sewing Club gathers at the Lake Mary Senior Center, 158 N. Country Club Road, to make baby clothes, and items for nursing homes as well as items for the Christmas Store. The items made by the club are donated to preemie babies, nursing home residents and gifts for the annual Christmas store.

Activities for seniors

Lake Mary Seniors invite anyone 55 years or older to join them in a weekly activity on Tuesday: Art, from 9 a.m. to noon, at the Frank Evans Center, 158 N. Country Club Road.

Weekly Lions Club meeting

The Sanford Lions Club meets every Tuesday at noon at the Colonial Room in downtown Sanford. For information, call Joyce Fitzgerald at 322-7544.

Bridge club to meet, play

Sanford Duplicate Bridge Club meets at noon each Tuesday at the Greater Sanford Chamber of Commerce, 400 E. First St., Sanford.

Kiwanis Club of Casselberry meets

Kiwanis Club of Casselberry meets every Tuesday at 7:30 a.m., at Denney's on 436 in Casselberry. For information, call 631-8548.

Al-Anon group meets in Sanford

If you are troubled by the alcoholism of a friend or relative, there is help. Serenity Won, an Al-Anon group for friends and family of alcoholics, will meet each Tuesday and Thursday night at 8 p.m. at the Sahara Club, 2587 S. Sanford Ave., Sanford. For more information, call 332-4122.

Nar-Anon to offer help

Nar-Anon, a self-help group for relatives and friends of addicts, will meet Tuesday at 8 p.m. at Orlando General Hospital. For more information, call 899-6364.

Take off pounds sensibly

Members of Take Off Pounds Sensibly, TOPS, invite the public to join them on Tuesday evenings from 7 to 8 p.m. at the First Christian Church, 1807 Sanford Ave., Sanford.

The group now has a private room to weigh people between 6:15 and 6:45 p.m.

Each week a different program on weight loss will be conducted.

For more information about the club, call 323-1768 or 323-1064.

Toastmasters meet

Seminole Community College (SCC) Toastmasters Club #6681 will meet every Tuesday of the month, at 7:30 p.m., at the old Lake Mary City Hall on Country Club Road. Contact Rosetta Graham at 322-3884 for more information.

Eating dinner together Update on family dinner tradition

Almost three-fourths (73 percent) think eating dinner together is very or extremely important.

But Americans don't eat together as much as they'd like to...

Less than half (42 percent) of Americans eat dinner together every night and 59 percent eat dinner together five or more times a week.

Timing is top trouble... Sixty-four percent said that conflicting schedules were a major obstacle to eating dinner together. Other reasons for not eating dinner together were "no time to prepare meals" (13 percent) and "no interest from family members" (7 percent).

Conflicting schedules are a problem for both married and single parents—73 percent of married parents said conflicting schedules were an obstacle to eating dinner together, while 70 percent of single parents cited the same reason.

All work and all play... Schedules for activities



CONSUMER FOCUS

BARBARA HUGHES/GREGG

outside of work are nearly as much a culprit of conflict as work schedules. Thirty-three percent surveyed said activity schedules make it difficult to eat dinner together, compared to 42 percent who cited work schedules.

Toddlers to teens... Families with children under age 6 are most likely to eat dinner together. Seventy-eight percent said it is a major obstacle to eating dinner together.

Households with teens have the biggest problem with conflicting schedules. Seventy-eight percent said it is a major obstacle to eating dinner

together.

The more the merrier...

As the number of people in the house rises, so does the difficulty in gathering everyone to eat at one time. While 59 percent of families with two to three members say conflicting schedules are a major obstacle to eating together, nearly three-fourths (73 percent) of families with four or more have trouble making mealtimes match.

Talking over the TV... Ninety percent of those surveyed said they talk about the day's event during dinners together and 75 percent discuss major issues. Sixty-six percent watch television or videos during dinner and 53 percent listen to music.

One last family tip... Research bears out the fact that it is important not to give up on your teenagers!

A new study says that parents and peers are the most important influences on teenagers' performance in school. A survey of 20,000

students in grades 8-12 and their families, led by Dr. Laurence Steinberg of Temple University, found that a negative influence on success is the tendency of parents to cut themselves off from their children's learning after the kids get to high school—apparently because they feel it's the school's job now and there's nothing more they can do.

Peer groups also can discourage kids from doing their best. While it's true that high achieving friends encourage each other, 30 percent of the students in the study reported that they did not try as hard as they could in school because they were worried about what their friends would think.

(Barbara Hughes/Gregg is the Seminole County Extension Home Economist. Inquiries may be directed to her at the Cooperative Extension Service, 298 W. County Home Road, Sanford, FL 32773 or phone 322-2800, Ext. 6888.

Don't let fear rule and ruin your life

Dear Mary,

I have a problem that even though I know I must get over, everytime I try, I scare myself back into my old ways.

I am afraid to live alone. I guess I am afraid someone will hurt me, or I will get sick and will not be able to receive help. Maybe I am afraid of the financial responsibilities, or maybe it is a little of all of the above and more. Whatever the case is, this is ruining my life.

I was married right out of high school and stayed with the jerk for eight years despite his repeated physical abuse. I could not face the thought of being alone. When he finally left me for another woman, I was out of my mind with fear and sadness.

Ever since then I have had boyfriends living with me, or I



FAMILY CONCERN

MARY BALK

live with them. These men have been one loser after another. The last one convinced me to sell my car and give him the money for us to "start all over again." Then he ditched me.

I have been living with a relative for the past several months, so I could save money to afford my own place. Yet I am so scared to think of living

on my own, it is making me sick. I have to push beyond this so I can move on with my life, but first I know I have to find the courage.

Any ideas on how to do that?

Beared Bill

Dear Beared,

Courage has nothing to do with not feeling fear. In fact, one thought suggests that the only way we can show courage is to first feel the fear, face it, and then do what has to be done in spite of it.

You do not have to beat yourself up emotionally because of this irrational fear, which we all have. What you need to do is stop letting it rule and ruin your life.

It is time for you to grow up and accept financial and

emotional responsibility for yourself. If you cannot make the leap from relative to lover to independent living, begin by finding a roommate to share an apartment with, or answer a roommate wanted ad in the newspaper.

This roommate must not be someone you have any romantic relationship with; it must be a purely financial agreement.

Give yourself six months to a year of this and then just do it! Rent the apartment, feel the fear and move in.

Your self-esteem will thank you.

(Mary Balk is a Certified Addiction Prevention Professional and a counselor at Oviedo High School. Contact her at 386-1842, Ex. 216.

Treasured jewelry may be rarely worn

DEAR ABBY: This letter is in response to your answer to "Sad in the Midwest." She had purchased a piece of jewelry for her closest friend after receiving some money from an inheritance. The friend wore the jewelry only occasionally, so "Sad in the Midwest" wanted to buy the jewelry back.

I don't think she should request the jewelry back. When I receive a piece of jewelry, I treasure it so much that I wear it only on special occasions because I am afraid of losing it.

My mother-in-law has hurt my feelings in the past because I'm reluctant to wear my better jewelry often, but I feel I have a valid point. Maybe "Sad in the Midwest's" friend feels the same way.

TEXAS LIL

DEAR TEXAS LIL: Thank you for the input. Many other readers also disagreed with my answer. Read on:

DEAR ABBY: I can hardly believe the advice you gave "Sad in the Midwest" to offer to buy back the jewelry she originally gave her friend as a gift. Although "Sad" may have seen her friend wear the jewelry only three times, it does not mean her friend has not worn the piece of jewelry in her absence. Nor does it suggest her friend does not appreciate or cherish the gift.

When you give people a gift, it is theirs to do with as they wish; surely she does not expect her to wear it every day. For her to offer to buy the jewelry from her friend is ludicrous. If "Sad" liked the piece of jewelry as much as she indicates, she should have bought it for herself. I would suggest that instead of offering to buy it, she ask her friend if she can borrow the piece and have it copied by a jeweler.

MICHELLE M. HURLEY, COLUMBIA, S.C.

DEAR MICHELLE: Men complain how do you say, "Your solution was better than mine" in Latin?

...

DEAR ABBY: Please add this to your collection of "acts of kindness." Back in 1990, I saw the movie "Crazy People," starring Dudley Moore. It was about people with mental illness bonding together to become productive citizens. This movie sent a clear message to the public that mental illness is just that — an illness.

Since I suffer from clinical depression and have for most of my life, I wrote a letter to Dudley Moore



ADVICE

ABIGAIL VAN BUREN

telling him how much this picture helped me. To my surprise, a few months later, my phone rang and I heard, "May I please speak to Carol? This is Dudley Moore calling."

Abby, he was so interested in my illness, so supportive and caring. He was modest and sincere. I can't tell you what a big help it was knowing that someone of his fame still cares for those who fight a daily battle with mental illness. It made my day.

CAROL ANN IN BETHESDA, MD.

DEAR CAROL ANN: Thank you. Your letter made my day.

...

DEAR ABBY: I have a perfect response for "Speechless," the woman who didn't know how to respond to her mother-in-law's "Did you miss me" question: "Yes, but my aim is getting better!"

MISSISSIPPI MOTHER-IN-LAW IN NEW JERSEY

...

DEAR ABBY: I was having a conversation with an elderly Hispanic gentleman recently when a man approached us from 100 feet away and admonished us to speak English because "we're in America now, you know."

I replied: "Why? Because you're too stupid to learn a foreign language? We weren't talking to you or about you. Besides, there wouldn't be much point because this gentleman doesn't speak English."

In a recent column you stated that it is extremely rude to speak a foreign language in front of someone who doesn't speak that language. However, what is even more rude is listening to someone else's conversation when they aren't speaking to you.

DAVE WILLIS, DALLAS

DEAR DAVE: When I said that it's rude to speak a foreign language in front of someone who doesn't speak that language, it was in the context of a social situation in which there were four people. I was not talking about two individuals hav-

ing a private conversation in a public place.

...

DEAR ABBY: The 83-year-old great-grandmother from Indio, Calif., who wrote to praise the joys of life after getting a hearing aid in middle age, has done a great service for the hearing-impaired community in general.

Utilizing hearing devices at any age offers an opportunity for fulfilling the human need for communication and life participation. The majority of children diagnosed for hearing loss within the first three years of life and fitted with appropriate aids have a wonderful opportunity to develop speech and language skills with the ability to function in the normal hearing world. This is known as the auditory-verbal approach to helping deaf and hard-of-hearing children, and "teaching old" is the last thing these children would imagine.

The mother who would not wear hearing aids because she thought they would make her look old might have an easier time if she could imagine the delight young people have when they realize they can actually hear. There is much research still being done to help all levels of hearing loss, and there are now hearing aids available that are hardly visible. Please let your readers know that there are also community services available to help put them in touch with audiologists

who are certified to dispense hearing aids and make appropriate medical referrals.

JOSEPHINE WILSON, EXECUTIVE DIRECTOR, HEAR CENTER, PASADENA, CALIF.

For Abby's favorite family recipes, send a long, self-addressed envelope, plus check or money order for \$2.00 (\$2.50 in Canada) to Dear Abby, Circulation Dept., P.O. Box 447, Mount Morris, IL 60089-0447. (Postage is included.)

HAIR	PRICE
IN LOW AND WIG	\$9-10
LONG HAIR	\$12-15
PERM	\$15-20
DALMATIANS	\$10-15
MICHAEL	\$10-15
PIERCE CREATIONS	\$10-15
BEVERLY HILLS NINA	\$10-15
YOUNG LADIES	\$10-15
ZEBUS AND KOLANNE	\$10-15
THE BELIC	\$10-15
BREAVIS AND BUTT-HEAD	\$10-15
JERRY	\$10-15
METRO	\$10-15

Stop Traffic

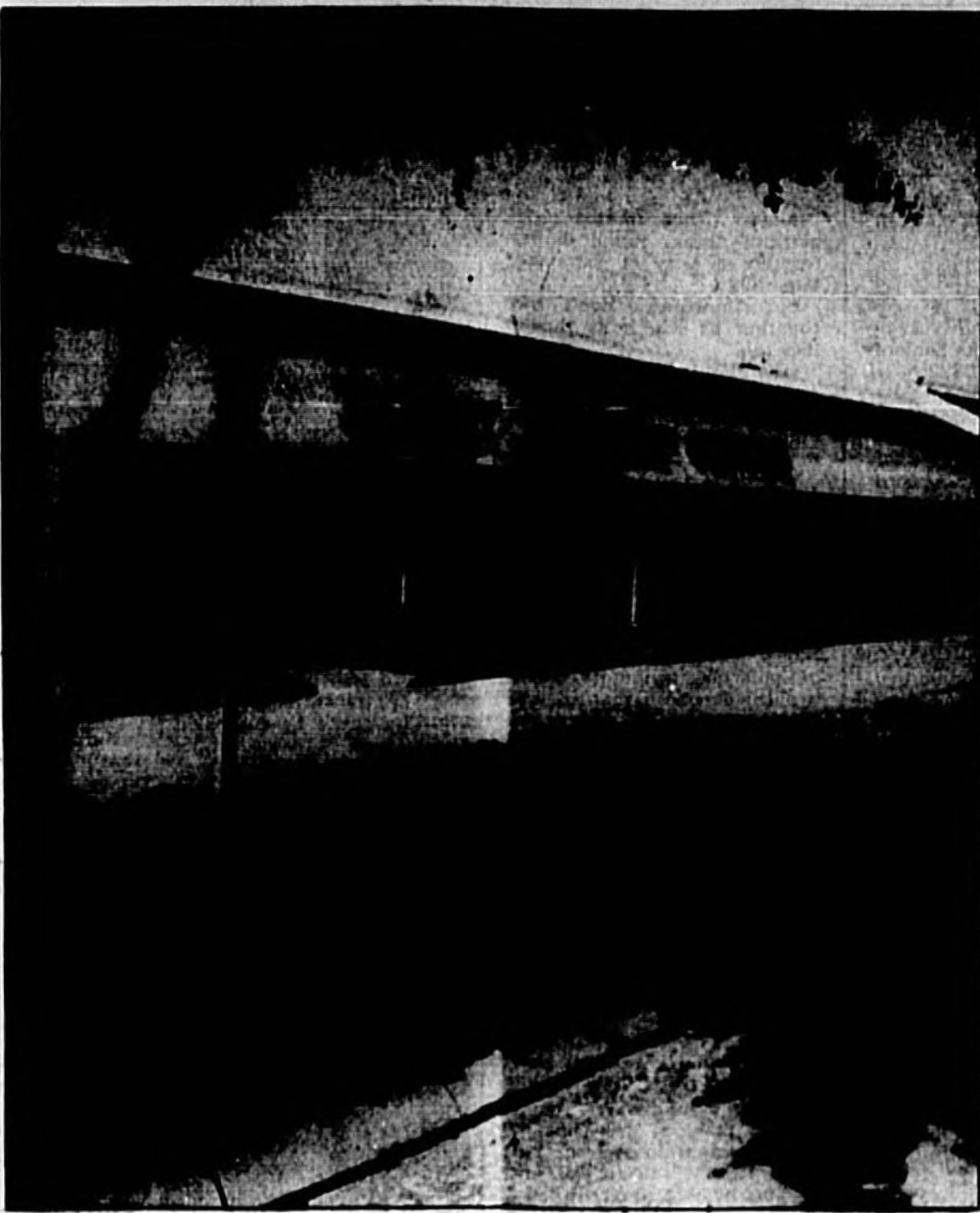
PERM SPECIAL \$21.95

FANTASTIC COLOR \$19.95

KID'S CUT \$3.95

Fantastic Sams
COTY BE THE HAIR
WAL-MART PLAZA • SANFORD
NOV. 17-82
(1 Block N. of Lake Mary Blvd.)
322-9045

Worship at the church of your choice



Family Worship Center, 1770 W. Airport Blvd. Sanford.

Anglican
TRADITIONAL EPISCOPAL ST. ALBANS
 3548 W. BR 428 (Alma Ave.)
 (1/2 mile off Greenway BR 417 Going East)
 Oviedo, Florida
 407-857-2278
 1888 Book Of Common Prayer
 Sunday Services
 8:30 a.m. Sole Eucharist
 9:30 a.m. Sunday School
 10:30 a.m. Sung Eucharist
 (Nursery All Services)
 Weekly Services
 Daily Morning Prayer 8:30 a.m.
 Wed. Holy Eucharist 7:30 p.m.
 Fri. Holy Eucharist 12:00 noon
 All Prayer Book
 Holy Days 12:00 noon
 The Difference is Worth
 The Distance

Apostolic
THE WORD OF GOD APOSTOLIC CHURCH
 407 Providence Blvd.
 Daytona, FL 32728
 Pastor Carol Ruth 407-674-0891
 Transportation line
 (Leave Message) 407-812-1288
 Sunday School 10:00 a.m.
 Morning Worship 12:00 noon
 Prayer & Bible Study 7:30 p.m.
 Wednesday Prayer Hot Line
 407-674-0891 6:30-8:00 p.m.
 Radio Ministry
 WTRN 1400 AM
 9:00 a.m. Tuesday

Assembly Of God
FAMILY WORSHIP CENTER
 1770 W. Airport Blvd.
 Sanford, FL 32771
 407-322-8222
 Pastor
 Sunday School 9:30 a.m.
 Worship Service 10:30 a.m.
 Wednesday Service 7:30 p.m.

Assembly Of God
WORSHIP CENTER
 Old Zayns Plaza
 Office Hours 9-5
 Nursery Provided
 407-322-8222
 Pastor
 Sunday School 10:00 a.m.
 Morning Worship 11:00 a.m.
 Evening Worship 6:30 p.m.
 Wednesday Mid-Week 7:15 p.m.
 Bible Study
 Monday through Friday
 1:30 to 2:30 p.m.
 Radio Time 7:30-7:15 a.m.
 Monday through Friday
 WTRN 1400 AM

Assembly Of God
WORSHIP CENTER
 2710 S. Sanford Ave.
 For Details Call 407-422-7658
 Pastor
 Sunday School 9:30 a.m.
 Morning Worship 10:30 a.m.
 Sunday Evening Worship
 Nursery Provided

Baptist
COUNTRY BAPTIST CHURCH
 Country Club Rd., Lake Mary, FL
 Avery M. Long Pastor
 Sunday School 9:45 a.m.
 Praise & Worship 10:45 a.m.
 Bible Study 6:30 p.m.
 Sharing & Praying 7:30 p.m.
 Sat. Mens Prayer Meet 6:15 p.m.
 Nursery Provided

Baptist
PERSONAL BAPTIST CHURCH
 601 East Airport Boulevard
 Sanford, Florida 32773
 Church Office 322-5737
 Terry Piss Pastor
 Sunday School 9:45 a.m.
 Morning Worship 10:45 a.m.
 Evening Worship 6:30 p.m.
 Wednesday 7:30 p.m.
 Mid-Week Worship 7:30 p.m.
 Children's Church 7:30 p.m.
 Thursday Visitation 6:30 p.m.

Baptist
FIRST BAPTIST CHURCH OF LONGWOOD
 891 E. SR 434
 Longwood, FL 32750-6994
 (407) 322-3917
 Sunday
 Bible Study 8:30 a.m.
 Worship 10:45 a.m.
 Worship 10:45 a.m.
 Wednesday 7:30 p.m.
 Nursery - All Services &
 Adult Ministry

Baptist
JORDAN BAPTIST CHURCH
 880 Upstate Rd., Sanford
 323-8872
 George Steed Pastor
 Sunday School 10:00 a.m.
 Morning Service 11:00 a.m.
 Evening Service 6:30 p.m.
 Wednesday Service 7:30 p.m.
 Old Truths for a New Day
PALMETTO AVENUE BAPTIST CHURCH
 3628 Palmetto Ave.,
 Sanford, FL 32773
 Rev. Ron Williams Senior Pastor
 Rev. Dennis Thomas Associate Pastor
 Rev. Charles Simpson Sunday School Superintendent
 Brian Williams Music Minister
 Jay Hudson Missions Intern
 Carlos Duncan Single Parents Director
 Frank Beasley Teen Director
 Early Worship Service 8:00 a.m.
 Sunday School Classes 10:00 a.m.
 2nd Worship Service 11:00 a.m.
 Family Worship Service 6:30 p.m.
 Mid-Week Service (Wednesday)
 Childrens Club 7:15 p.m.
 Adult Bible Study 7:30 p.m.
 Nursery for preschoolers is
 provided for all services
 Independent - Baptist
 Bible Fellowship
 Liberty Christian School
 (Preschool-12th grade)
FIRST BAPTIST CHURCH OF SANFORD
 119 S. Park Ave., Sanford
 407-322-8841
 Dr. Wayne Harvey Sr. Pastor
 Rev. Tom Smith Minister of Music
 Cynthia Wolfe Children/Preschool
 Coordinator
 Melanie Taylor Daycare Director
 Sunday Worship 10:30 a.m.
 Sunday School 9:15 a.m.
 Discipleship Training 5:30 p.m.
 Evening Worship 6:30 p.m.
 Wed. Prayer Service 6:30 p.m.
 Nursery Provided

Baptist
CENTRAL BAPTIST CHURCH
 3101 W. 1st St., Sanford
 (407) 322-3914
 Jimmy Dale Patterson Pastor
 Jerry Fugate Assoc. Pastor
 Jack M. Thomas Minister of Music
 Jim Pagan Minister of Youth
 Sunday School 8:30 a.m.
 Morning Worship 11:00 a.m.
 Evening Worship 6:30 p.m.
 Wed. Prayer Service 6:30 p.m.

Baptist
WESTVIEW BAPTIST CHURCH
 4100 Pavia Road (HSA)
 Sanford, Florida
 407-322-8222
 Dr. Dennis Littleton Pastor
 Sunday School 9:00 a.m.
 Morning Worship 10:00 a.m.
 Church Training 6:00 p.m.
 Evening Worship 7:30 p.m.
 Wed. Prayer Service 7:30 p.m.

Baptist
CELEBRATION CHURCH LAKE MARY
 128 W. Lelawood Ave.
 Lake Mary, Florida
 407-321-8210
 Pastor
 Sunday Morning
 Celebration Service 10:00 a.m.
 Wednesday Night Teaching Ministry 7:30 p.m.

Baptist
FIRST BAPTIST CHURCH OF LAKE MARY
 Sunday
 Morning Worship 10:00 a.m.
 Lake Mary Community Center
 Sunday School, Bible Studies
 Youth & Childrens Choirs
 (Beginning in August)
 Dan Heston Pastor
 Nancy McKay Music
 Phone (407) 321-6229
 Church Office
 1288 W. SR 434
 Longwood, FL 32750

Baptist
ST. THOMAS MORE CHAPEL
 Traditional Roman Catholic
 Trinitine Latin Mass
 1st and 2nd Sunday
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 Confessions heard before 6:30 p.m.
 Located at the
 Garden Club of Sanford
 280 Palmetto Dr., Sanford
 (407) 676-1837

Catholic
ALL SOULS CATHOLIC CHURCH
 880 Oak Ave., Sanford, FL
 407-322-3758
 Father Richard W. Trout Pastor
 Sat. Vigil Masses 4:30 & 6:30 p.m.
 Sun. Masses 7:45-10:30 & 12 a.m.
 Spanish Mass 9:30 a.m.
 Confession Sat. 3:30-5:45 p.m.
 Wednesday Mass 6:30 a.m.

Christian
FIRST CHRISTIAN CHURCH
 (Division of Christ)
 1007 S. Sanford Ave., Sanford, FL
 Rev. Dr. Martha Rutland-Watts
 Sunday School 8:45 a.m.
 Gospel Sing Along 10:45 a.m.
 Worship 11:00 a.m.
 Coffee Fellowship After Worship
 All Are Welcome Here
 Nursery Available

Church Of God
CHURCH OF GOD
 801 W. 22nd St., Sanford, FL
 407-322-3842
 Rev. Wesley Baker Pastor
 Sunday School 10:45 a.m.
 Morning Worship 10:30 a.m.
 Evangelistic Service
 Family Enrichment
 Service Wednesday 7:30 p.m.

Christian Science
FIRST CHURCH OF CHRIST SCIENTIST, LONGWOOD
 875 Markham Woods Road
 Corner of E.E. WILLIAMSON ROAD
 497-788-7788
 Sunday Church Service
 and Sunday School 10:00 a.m.
 Wednesday 6:00 p.m.
 Church Office
 1108 E. 9th St. Longwood, FL
 Phone 407-336-1285

Church Of Christ
LOWWOOD CHURCH OF CHRIST
 1616 Hwy. 17-82 1 mi. NW Hwy 434
 323-8888, 888-8888, 884-788-3178
 Sun. Worship 10:30 a.m. & 6 P.M.
 You are invited to visit, study, and
 worship with us in the near future. A
 friendly greeting always awaits.
3RD-FLORIDA CHURCH OF CHRIST
 219 Wade St.
 Winter Springs, FL 32708
 Sunday Services 10:30 a.m. &
 6:00 p.m.
 Sunday Bible Study 9:30 a.m.
 Wed. Bible Study 7:30 p.m.
 Minister Barry Hayes
 Phone (407) 327-6888

Episcopal
HOLY CROSS EPISCOPAL CHURCH
 401 Park Ave., Sanford, FL
 Telephone 407-322-4511
 Rev. C. Alfred Cole, Jr.
 Rev. Christopher B. Young
 Assisting
 Holy Eucharist 7:30 a.m.
 Holy Eucharist 10:00 a.m.
 Nursery & Preschool 10:00 a.m.
 Tuesday 7:30 a.m.
 Wednesday 10:00 a.m.
 Thursday 7:30 p.m.

Congregational
CONGREGATIONAL CHRISTIAN CHURCH (NACCC)
 2401 S. Park Ave., Sanford
 407-322-4884
 Rev. Thomas P. Tazewell Minister
 Sunday School 9:30-10:30 a.m.
 Worship 11:00 a.m.
 Youth Meeting Sun. 6:00 p.m.
 Wed. Bible Study 7:15 & 8:15 p.m.
 Fellowship Dinner 6:00 p.m.
 every 2nd Wednesday
 Every last Saturday, 6:00 a.m.
 Men's Club Breakfast
 Every 1st Saturday, 10:00 noon
 Children's Activity Time

Episcopal
ST. PETER'S EPISCOPAL CHURCH
 The Rev. S. L. Barga, Rector
 Sunday
 Holy Eucharist 9:00 a.m.
 Christian Education - All Ages 9:00 a.m.
 Holy Eucharist 10:00 a.m.
 Children's Church (Education) 10:00 a.m.
 Nursery Begins at 9:00 a.m.
 Through 10:30 a.m. Service
 Wednesday: Holy Eucharist 7:00 p.m.

Eastern Orthodox
ST. JOHN'S EASTERN ORTHODOX CHURCH
 2743 Country Club Road
 Rev. Donald Bates Pastor
 Church Phone (407) 321-4152
 Divine Liturgy 10:00 a.m.
 Sunday School 10:00 a.m.
 Confession By Appointment

Episcopal
HOLY CROSS EPISCOPAL CHURCH
 401 Park Ave., Sanford, FL
 Telephone 407-322-4511
 Rev. C. Alfred Cole, Jr.
 Rev. Christopher B. Young
 Assisting
 Holy Eucharist 7:30 a.m.
 Holy Eucharist 10:00 a.m.
 Nursery & Preschool 10:00 a.m.
 Tuesday 7:30 a.m.
 Wednesday 10:00 a.m.
 Thursday 7:30 p.m.

Inter-denominational
ST. JOHN'S EASTERN ORTHODOX CHURCH
 2743 Country Club Road
 Rev. Donald Bates Pastor
 Church Phone (407) 321-4152
 Divine Liturgy 10:00 a.m.
 Sunday School 10:00 a.m.
 Confession By Appointment

Inter-denominational
WILSON CRESTIAN BETHEL
 288 Marquette Ave.
 Sanford, FL 32772
 407-321-1707
 Pastor
 Pablo Ponce
 Luma: Oculas on Hogares 7:30 p.m.
 Miracles: Oculas y Oculas
 7:30 p.m.
 Miracles: Oculas y Oculas
 7:30 p.m.
 Miracles: Oculas y Oculas
 7:30 p.m.
 Miracles: Oculas y Oculas
 7:30 p.m.

Inter-denominational
BEARHALL AVE. CHAPEL
 3888 Bearhall Ave.
 407-322-8882
 Pastor
 Sunday Morning Worship 10:00 a.m.
 Evening Service 6:00 p.m.
 Tuesday Evening Bible Study 7:00 p.m.

Inter-denominational
WILSON CRESTIAN BETHEL
 288 Marquette Ave.
 Sanford, FL 32772
 407-321-1707
 Pastor
 Pablo Ponce
 Luma: Oculas on Hogares 7:30 p.m.
 Miracles: Oculas y Oculas
 7:30 p.m.
 Miracles: Oculas y Oculas
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 7:30 p.m.
 Miracles: Oculas y Oculas
 7:30 p.m.

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 Advertising Dept. 322-2611

THANK YOU FOR PATRONIZING THE BUSINESSES THAT SPONSOR THIS CHURCH PAGE

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Religion

IN BRIEF

Service offered

SANFORD — Apostle Henry Hankins of Full Gospel Outreach Ministries will be at House of Refuge, 1001 Celery Ave., from Wed., Feb. 12 to Friday, Feb. 14. Hankins is a pastor, teacher, prophet, evangelist and administrator. He travels internationally and began churches in the U.S. and abroad. Services will be held nightly at 7:30 p.m. For more information call at 324-4711.

Community presentation

LONGWOOD — The Parish and Community of Nativity Catholic Church will unite on the evenings of Feb. 2, 3, 4, and 5 to present to parishioners and friends a stimulating and uniquely different experience for personal growth. "Catching God's Dream in the Everyday" is the theme for the community presentation. The program is geared to refocusing on what is really important in our lives today. Father Angelo Anthony, C.P.P.S. of the Missionaries of the Precious Blood, will be the guest speaker for event. Through the images of Covenant, Cross and Chalice he will reflect on God's dream for us and the promise of a future full of hope. "Does God Care about Me?" Responding to this question Sunday evening the group will look at the gift of memories, ways to recognize God's presence in the everyday and how we belong to God in a covenant of love.

On Monday the theme will address "Take Up Your Cross." From the very life of Jesus it's known that someone can be very good and still be nailed to a cross. It seemed like the dream lost. Reflections will lead the group to read the book of the cross and enter the identity of the cross. This will reveal the power of receiving and sharing the gift of forgiveness, living beyond fear and recognizing the cross as a sign of life and hope.

Tuesday will look at "The Chalice as a Symbol of Service." Before we can offer ourselves in service we must accept the will of God in our own lives. Embracing the cup of joy, suffering and blessing we can pour out our lives in service to others.

Wednesday will focus on "Eucharist as Sacrament of Hope." The eucharist stands at the center of our lives joined together the past, present and future.

All services will be held at the Church of the Nativity, 3255 North County Road 427, in Longwood at 7:30 p.m. each evening.

Revival set

SANFORD — Presiding Elder Leroy Kenon of the Lakeland District of the African Methodist Episcopal Church will be in revival at St. James AME Church, 819 Cypress Ave., January 28 through 31 at 7:30 p.m. each evening.

Kenon has pastored some of the largest and growing churches in the 11th Episcopal District in Florida and the Bahamas. The public is invited to attend.

Save labels

SANFORD — Sanford Church of Christ, 1500 S. Park Ave., is working desperately to save Campbell soup, V-8 labels, Prego spaghetti, Pepperidge Farms, Viano and Swanson labels to purchase a church van. Members are short on funds so this alternative method can help provide transportation for youth activities, those unable to drive, running errands and visiting other church functions.

Anyone wishing to help with this effort please send labels to the church office at the above address at the zip code 32771 or call the church office at 322-7781.

Jeannette Stiffey will also pick up labels for those desiring to contribute. Please contact her at 322-8234. One million labels are necessary so much help is needed to make this goal a reality.

Monte Carlo Night

LONGWOOD — The Church of the Nativity, 3255 N. County Road 427, will hold its 16th annual Monte Carlo Night on Saturday, February 8 at 7 p.m. A \$5 donation will cover admission, \$3000 "play" money and an auction to spend the winnings. The evening will include door prizes and lots of fun. For more information call the church at 322-3961.

Fellowship Day

SANFORD — The Ministerial Department of Reddick Memorial FBC invites the public to attend its Annual Missionary Fellowship Day Service on February 2 at 3 p.m. The speaker for the service will be Evangelist Bettie Jones-Hudson, from Altamonte Springs.

The Ministerial Department will also sponsor a workshop on Sunday, Jan. 26 at 3 p.m. For more information contact Missionary Rosemary Sheppard at 330-3819.

Christian Women to meet

ORLANDO — Christian Women's Club of Altamonte-Maitland invites the public to attend a brunch at Tim Webber's Pavilion, 4315 N. Orange Blossom Trail on Thursday, February 13 from 9:30 to 11:30 a.m.

This will be a "Victorian Brunch" at the cost of \$13. Special feature, music and speaker will be offered.

Brunch and nursery reservations and cancellation must be received by Sunday, Feb. 9 by calling Dot Childers at 423-5541 or Dot Merchant at 365-1157.

Prayer Coffee set

APOPKA — A prayer coffee will be held Thursday, Feb. 6 at 9:30 a.m. at the home of Erlene Sawyer at 2071 Sawgrass Drive in Apopka. Please call 850-3710 for further information.

Church announces mission

SANFORD — Parishioners of All Souls Catholic Church invites the public to attend "Lead Me Lord," a mission led by Fathers Jack Dowd and Peter Schavitz. The mission dates are Sunday, Feb. 2, at 2 p.m. and Monday through Thursday, Feb. 3-6, at 7 p.m.

"Lead Me Lord" is the theme of this year's Parish Mission. Here in North America the parish mission is being rediscovered as a means of parish renewal, a kind of whole-parish retreat offering an opportunity to reflect on one's life and celebrate the life of the community in God and so parishioners invite the public to join the vent.

The mission begins on Sunday afternoon at 2 p.m. and thereafter will start at 7 p.m. each evening. A light refreshment will be served after each evening's service and those who have never attended the church are especially welcome to attend.

All Souls Catholic Church is located at 800 S. Oak Ave., in Sanford. The Rev. Richard W. Trout is the pastor. For more information, contact the church office at 323-3795.

Donations needed

LONGWOOD — ACCEPT Pregnancy Center, Milwee Street, desperately needs maternity, baby and toddler clothing, beds, swings and other baby items for clients visiting the center. ACCEPT offers free pregnancy testing and information to women of all ages.

For pick-up or additional information call the office at 850-1544.

Prayer Breakfast scheduled Keynote speaker, Kenneth L. Connor

SPECIAL TO THE HERALD

SANFORD — An exciting event is happening at the Sanford Civic Center on Wednesday, February 19 at 7 p.m. Board Certified Civil Trial Lawyer Kenneth L. Connor will be the keynote speaker at the 1997 Seminole County Prayer Breakfast speaking on the theme "Heritage of Faith."

Ken Connor is a Board Certified Civil Trial Lawyer practicing law in Tallahassee. He is a former candidate for governor and former member, president

and chairman of the Board of Directors of Florida Right to Life. He has also served on the Board of Directors of the Christian Action Council, Americans United for Life and the Foundation for Reformation, as well as the Board of Trustees of Florida Baptist Family Ministries.

The public is invited to attend this special breakfast. A corporate sponsorship for a table of eight costs \$150 or individual tickets are \$15. Seating is limited and tickets are expected to sell out.

Interested parties should make checks payable to Seminole County Prayer Breakfast. Indicate the number of tables or seats desired.

Mail checks to Seminole County Prayer Breakfast, P.O. Box 140984, Orlando, FL 32814-0984. Tickets will be mailed to prior to the event.

Calls should be directed to 333-0648 for additional information or contact Geoff Koach at Strang Communication at 333-0600.



Kenneth L. Connor

Ten Commandments, the rule of law

By DR. BOB PARKER
First Baptist-Markham Woods

Who can possibly conceive of a world and society without law? Without the moral law, this world would be a field of blood. One man would be a devil to another. Every man would be a Cain (murderer) to his brother, an Amnon (incest) to his sister, an Absalom (traitor) to his father, a Saul (suicide) to himself, a Judas (betrayer) to his master. For what one man does, all men would do, were it not for the restraint of God's moral law upon their spirits.

There is not a person or institution that functions without structure. One of the first things established when a new organization is formed is a set of rules or by-laws. It is law that marks and determines our functions. It is law that identifies a nation. The purpose of law is to restrain evil, protect and preserve life, provide justice and reveal sin.

There is an autonomy today that is hostile to law. There are those who purport that law is relative and impersonal. From this, the deduction is made that the world lies in a realm of chance and accident- nebulous phenomena.

A sense of false autonomy also is the key to understanding the theological doctrine of sin. Sin is a declaration of evil, bad behavior, and great harm. This is understood, for example, when there is a violation of "Thou shalt not kill." Here is an unlawful act, therefore, the essence of sin is found in its declaration of autonomy and independence from law. Many do not see the great error in this assertive autonomy.

Yet man is not self-created out of nothing; his entire being falls to dependence upon the order of the physical world. Man depends upon clean water and air; when these elements become absent, man's autonomy falters and his dependence becomes self-evident.

The philosophy of the prostitute seeking to tear down inhibitions expresses

autonomy and rejection of law. Those who deny dependence upon a law structure lower themselves to the prostitute's philosophy. Law presumes responsibility and liability.

The First Amendment states: "Congress shall make no law respecting the establishment of religion; nor prohibit the free exercise thereof." For example: Posting the Ten Commandments in public schools or elsewhere, is not an issue of separation of church and state, not a matter of the government "establishing religion." Indeed, it is a matter of "free exercise," and it is recognition of an established American heritage.

Much confusion exists in failing to distinguish between separation of church and state and separation of God and state. The idea of neutrality, a non-religious state which restricts God from government, is nothing short of fiction. Government is non-existent without law, and law denotes value judgements which depend on religious presuppositions.

The state is not a god over society but an agency of God. The apostle Paul said: "Let every soul be subject unto higher powers (authorities). For there is no power (authority) but of God: the powers that be are ordained of God" (Romans 13:1). The state cannot be a god unto itself or unto the people who are served, because the state is not unlimited in function.

Ownership determines the direction of law. If man owns society, he may impose law from his own mind. Since, however, his mind is imperfect, he cannot afford to set forth an autonomous legal structure, because law would be born from an imperfect and biased source and thus in default. This would mean self-destruction. Government, therefore, is under a higher law and is the servant of the people; God is the Sovereign Master.

In turn, the American legal system is built upon Biblical law. Any attempt to understand Western civilization apart from this impact

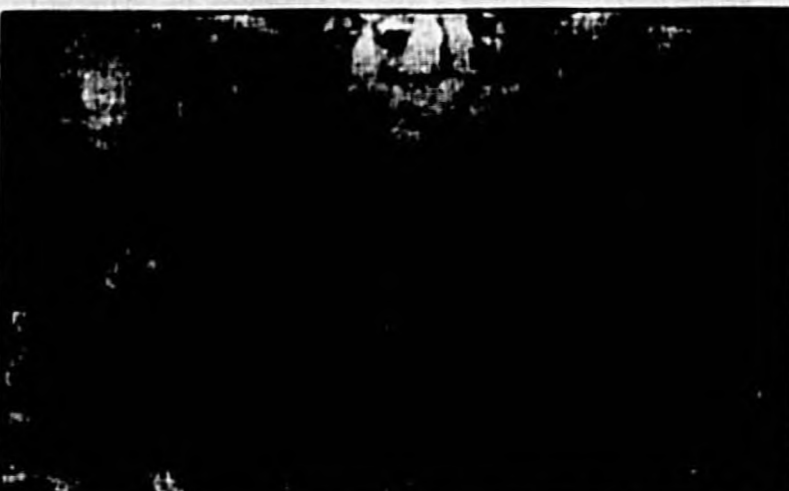


Photo courtesy of Dr. Bob Parker
A tableau of the Ten Commandments is between figures depicting Majesty of the Law and Power of Government in a sculptured marble panel above the bench in the courtroom of the U.S. Supreme Court.

and Christian heritage is fictitious and a naive denial of Western history. The Ten Commandments have stood alone in being recognized as fundamental to American jurisprudence and the basis of our common law and our common codes. The colonial governments adopted the Ten Commandments as the rule of their courts. No other document can make these historic claims to our heritage.

There is an attitude of dualism today which assumes that God can be confined to the inside of the church. Post the Ten Commandments on the church walls but do not allow them to be seen in public. This piety which concerns itself within church walls and leaves the schools and government to run on their own is indeed a profane piety. This dualism divides the world into sacred and secular in such a way that denies that God is the absolute owner of the entire world: "The earth is the Lord's and the fullness thereof" (Psalm 24:1).

It is suicidal nonsense to suggest that the world would be much better if everyone would live in accordance with the Ten commandments and yet say that these principles only should be seen by a select few. To suggest that they are "sacred objects" to be hidden in the church is dualism

blended with hypocrisy, which has all but destroyed the moral fiber in the educational and governmental institutions. Emphatically, these Ten Commandments are "sacred," but they also are the Creator's moral mandate addressed to every creature (man). And, thank God, they have "leaked" out of the church and into society to give structure and order to living.

These Ten Commandments assign themselves to all men because of their explication of sovereignty. They affirm that there is no realm of God's government. They teach that sovereignty is beyond man, the state and history. To ignore, or bypass, the moral demands of the Scriptures "leads not only to chaos but also, has history has illustrated, to the totalitarian state—a government that totally controls its citizens." The Mayflower Compact, signed just before the Pilgrims landed at Plymouth Rock, was based on Biblical principles.

It is not a question of law—these Commandments stand alone in raw fact—but a question of which law! Let the dualistic gamblers recognize the law of God as needed and applicable to all men, both in and out of the Church, or let them recognize their own law to their own dismay. Think about that!

Carrying a torch for the Lord

By STEVEN B. BARNES
Herald Staff Writer

Amanda Obayadhi's eyes lit up as she explained what she likes best about being an acolyte at St. Peter's Episcopal Church. "It's fun, and all my friends are here." Amanda, 9, who is soon to become a torchbearer, was one of about ten children who took part in an acolyte training course at the Lake Mary church recently.

According to Joan Stymiest, Acolyte Warden, (or Acolyte Mother as she prefers) the children may serve as acolytes in one of three ways. Younger children may become torchbearers.

A torchbearer carries the candles, "lighting the path," as they lead processional at the beginning of the service.

This position requires that the children be in at least second grade, strong enough to carry the torch without wobbling, and able to sit quietly through church services.

After serving as an exemplary torchbearer for a year and reaching the fourth grade, the children may become crucifers.

A crucifer carries the cross in the processional. This position requires that a kid be



Joan Stymiest (acolyte warden) and Leticia Albe, 7, participate in activities at St. Peter's Episcopal.

super mature, more of a leader" says Stymiest. "They keep an eye out for the torchbearers for two years, after which they may become altar servers."

Altar servers assist the minister, primarily during the preparation for communion, reading the bread and wine.

While servers were not being trained at the recent class, Stymiest emphasized their importance to the church.

"We will be making a video of our two altar servers next

month which we will use to train the other acolytes."

Stymiest said that being an acolyte has a number of benefits including, "the chance to develop leadership skills and become accustomed to being in the spotlight."

Matt Dushery, 12, who is training to become a crucifer, says "it's pretty cool, to be a part of it all with everybody at church." He says he wants to be a crucifer because, "all of my friends are, and it looks like more fun than being a torchbearer."

It's not all work for these dedicated kids. Each year acolytes from the entire Central Florida Diocese get together for a fun festival at Watermans.

Other activities for children, at St. Peter's, include Peter

Pan's Youth Group, which is open to kids in grades two through five, and another group for junior high and high school students. Both of these groups emphasize outreach activities in addition to social functions. Last year, for instance, the younger children went to Florida Hospital and delivered cookies to elderly patients. The older students regularly perform services to benefit the elderly and infirm in the local area, such as house cleaning, maintenance and painting. For more information contact Joan Stymiest at 322-5011.

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The aspirin question: How much?

DEAR DR. GOTT: How much aspirin is needed to prevent strokes? I've read that 1/4 to one tablet daily is recommended. This seems like a wide range.

DEAR READER: Several medical studies have been published showing the advantage of low-dose aspirin in preventing strokes and heart attacks, especially in people who have experienced these events in the past.

The dosages of aspirin vary. Some reports have endorsed 1/4 aspirin (a pediatric dose), while others have suggested a full aspirin tablet. There appears to be no consensus regarding dosage.

Here's what I advise my own patients to do: If you have had a stroke or a heart attack, take one adult aspirin (5 grains) a day, every day. If the aspirin upsets your stomach or causes heartburn, reduce to 1/2 tablet or use a baby aspirin.

I believe that this compromise satisfies most patients' needs.

DEAR DR. GOTT: I work in a nursing home and have noticed a great number of Alzheimer's patients with hypothyroidism. Is there a relation between these two diseases?

DEAR READER: The diagnosis of dementia (loss of cognitive thinking) can often be difficult, because not all patients with progressive mental impairment have Alzheimer's disease, an incurable neurological affliction of unknown cause. Hypothyroidism (underactive thyroid), Parkinson's disease, vitamin B12 deficiency, and folic acid (a vitamin) deficiency can also cause dementia. Obviously, in these instances, doctors can prescribe corrective therapy and prevent dementia if the diagnosis is made early enough — before irreparable brain damage has occurred.

There is no relation between Alzheimer's disease and hypothyroidism. Rather, your thyroid-deficient patients are exhibiting mental changes caused by a thyroid deficiency, not Alzheimer's. Unfortunately, because the diagnosis was delayed, the therapy is less than ideal.

This is the reason why doctors ordinarily order blood tests and special X-ray studies when they first examine patients with dementia. As a general rule, if a thyroid disorder or vitamin deficiency is present, treatment with supplements may reverse or arrest the dementia.

To give you more information, I am sending you a copy of my Health Report "Alzheimer's Disease." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2017, Murray Hill Station, New York, NY 10154. Be sure to mention the title.

DEAR DR. GOTT: So much has been written about dieting for overweight persons, but there is precious little information about products to



MEDICINE
PETER GOTT, M.D.

— especially those high in complex carbohydrates, such as pasta, potatoes and rice. Also, you could supplement your diet with protein drinks, such as Ensure.

As you know, some people with hidden diseases, such as hypothyroidism, cannot gain weight no matter how much they eat. So, if my simple recommendation is ineffective, you should visit your doctor for an exam and blood tests. But, first, try increasing your consumption of calories.

To give you more information, I am sending you a copy of my Health Report "Eating Right for a Healthy Heart." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2017, Murray Hill Station, New York, NY 10154. Be sure to mention the title.

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promote weight gain. I'm a 72-year-old widow, in good health, who weighs 89 pounds. I would like to know how I can gain about 20 pounds.

DEAR READER: Eat more. Seriously, if you increase your caloric consumption, you should be able to gain weight. You can accomplish this goal by eating larger meals

ACROSS

- Cotton unit
- Beauty
- Beethoven's network
- Muddy the waters
- Mishu angry
- Dobber's initials
- Colosseum
- Lemony drink
- Drumhead
- Campers' homes
- Heavy fishing tool
- Ending for prom
- Novelist
- Five score
- Beethoven's Marie
- Actress Bette
- accomplish
- Bare
- Blond
- Horse color

DOWN

- Annoying child
- First-rate
- Circus performer
- Flour-de —
- Adult insect
- Small plant part
- Made of (stuff.)
- California's Big —
- Sandwich
- Middle Eastern nation
- Pan fluid
- WWII event
- Kin
- Negative answer
- Actor
- Richard —
- Part of the eye
- Cal. abbr.
- Goddess of the earth
- Adolescent

Answer to Previous Puzzle

JILL MIFF JUT
ODAY ILIE OBE
PARNACLED LEE
DNA ROYTIM
MILON OYRE
IRANIAN ACRIQ
REM ELAL HARE
ANEW AWED MAW
MREOM EHQUTE
ROAD ESIRD
OLDRST WAS
REY MILARIOUS
LOA OMAF PRAU
END WESS YAWN

4 Jubilee
5 Monk's title
6 Lends a hand
7 Frozen precipitation
8 Examiner
9 Unties (Lat.)

10 Blessing
11 Adorable
12 Foul
13 servant
14 Actress
15 Bus —
16 Music buff's purchase
17 Spices —
18 Spices egg.
19 Designer
20 Christian —
21 Bird
22 Singer Adams
23 Remainder
24 Now Shesoo
25 art colony
26 Protection
27 Enter —
28 (between 2) wrds.
29 Audition
30 Bus duct
31 Cue
32 Top-lead
33 speech
34 Type of barrier
35 Fragment
36 element
37 Great review
38 Words of understanding
39 — angle
40 Cry of affirmation

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WIN AT

Cut the connection

By Phillip Alder

Many things are mysterious. What happened to everyone on the Marie Celeste? How did the Egyptians build the pyramids? Why are we allowing so many animal species to become extinct?

There is one mysterious play in the deal. See if you can spot it. Against three no-trump, West led the club eight. King ace Declarer played the heart jack. West immediately winning with the ace and returning his second club. South won with the queen, cashed his hearts (West discarding a diamond) and tried the spades, but when they didn't break, he had to lead a diamond. East grabbed the trick with his ace and ran the clubs: one down.

good clubs, North's three clubs asked South if he had a club stopper.

If East had both missing aces and the spades were breaking 4-2 or worse, the contract was hopeless. But if West had an ace, South had a chance. He should have ducked the first trick. He wins the second trick and drives out the heart ace. Here, West doesn't have another club to lead. As South still has a club stopper, he can win West's return and establish a diamond trick for his game. At the worst, he ends with three spades, three hearts, one diamond and two clubs.

Note that if the red-suit aces are switched, East wins with the heart ace and drives out South's second club stopper. But declarer plays a diamond, safely establishing a trick in the suit as East has no entry.

Watch out for the first-round duck even when having two stoppers in the suit led.

As East's double of Stayman showed

North 013497

Q 8 7
K Q 6 5
K 6 5 3
7 4

West East

J 10 9 2 6 5
A 3 2 7 4
10 9 8 7 A J
8 2 K J 10 9 6 5

South

A K 4 3
J 10 9
Q 4 3
A Q 2

Vulnerable: Neither
Dealer: South

South West North East
1 NT Pass 2 Pass
2 Pass 3 Pass
3 NT Pass Pass Pass

Opening lead: a 8

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Our Birthday

Saturday, Jan. 25, 1987

The value of the course you chart for yourself might not be obvious to others. Do not let people who are unaware of your plan's worth deflate your enthusiasm.

AQUARIUS (Jan. 20-Feb. 18) Today, if you have to work with limited resources you must be conservative. Do not try to bluff your way through this situation. Trying to patch up a broken romance? The Astro-Graph Matchmaker can help you understand what to do to make the relationship work. Mail \$2.75 to Matchmaker, c/o this newspaper, P.O. Box 1788, Murray Hill Station, New York, NY 10158.

PISCES (Feb. 20-March 20) Partnership ANNIE

arrangements could fizzle out today if your allies are not striving for the same goals. Try to get everyone back on track.

ARIES (March 21-April 19) If you want to take it easy today, you might delegate some responsibilities to an unreliable associate. The job will not get done.

TAURUS (April 20-May 20) If you put pressure on someone who is indebted to you today, this person might renege on the entire obligation.

GEMINI (May 21-June 20) Unless each side tries to be considerate today, the allocation of family funds could become a sticky issue between you and your mate.

CANCER (June 21-July 22) If you establish a poor example today, co-workers will emulate your behavior and nothing will get done. You must try to motivate others.

LEO (July 23-Aug. 22) It will be necessary to champion your own cause today if you want to be compensated properly for your services. Do not let someone else

establish your pay scale.

VIRGO (Aug. 23-Sept. 22) People you supervise must understand that there is a reason for rules, and that they should be obeyed. Make it clear that you need to enforce them today.

LIBRA (Sept. 23-Oct. 22) You must be willing to forgive and forget today. If you try to even the score with someone who wronged you recently, it will further complicate matters.

SCORPIO (Oct. 24-Nov. 22) Sometimes you ignore the worthy and cater to the undeserving. This could be one of those days, so think carefully before you act.

SAGITTARIUS (Nov. 23-Dec. 21) You might waste a lot of time and effort if your goals are not well defined today. Aim for what will give you the most satisfaction.

CAPRICORN (Dec. 22-Jan. 19) Associates may find that you will be hard to please today, because they won't understand what you really want. State your case clearly.

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by Leonard Starr

