

Sanford Herald, Sanford, FL Tuesday, April 4, 1973



Labels On Content Can Be Misleading

DEAR DR. LAMB—I am on a low cholesterol diet and am constantly being told that I can eat anything I want. I bought a carton of margarine which said it was low cholesterol, but the label says it contains cholesterol. I was under the impression that this oil was high in cholesterol. I am confused by the label with the ingredients and the name.

Also I was under the impression that shell fish—shrimps, crabs, lobster and oysters—were high in cholesterol and should be avoided. However, I heard recently that these foods were no longer in this class and could be eaten without fear of raising the cholesterol count. Is that the case?

DEAR READER—I think labels that advertise low cholesterol in the contents of products are misleading. These vegetable products do not contain cholesterol—that is why the number of people who eat them is so high. But the saturated fat content may stimulate your own body to produce more cholesterol. The type of lipoproteins particles you associate with vascular disease that cause heart attacks and strokes. Most of the people who eat a lot of these products are not as good as ordinary folks from a health standpoint.

Shrimp is moderately high in cholesterol and should be eaten in only moderate amounts. Its price controls that problem for most people. The same is true of lobster, although both are very low-fat foods. Crabs and oysters are low-fat and also low-cholesterol foods. The thinking about these has changed because of more recent research on cholesterol.

You will have to limit your intake from all sources if you want to be successful with a low-fat, low-cholesterol diet. The diet is not a magic pill, but a healthy diet will help.

WIN AT BRIDGE

NORTH U/A
 ♠ 10 9 8 7 6 5 4 3 2
 ♥ 10 9 8 7 6 5 4 3 2
 ♦ 10 9 8 7 6 5 4 3 2
 ♣ 10 9 8 7 6 5 4 3 2

WEST EAST
 ♠ 10 9 8 7 6 5 4 3 2
 ♥ 10 9 8 7 6 5 4 3 2
 ♦ 10 9 8 7 6 5 4 3 2
 ♣ 10 9 8 7 6 5 4 3 2

SOUTH A/K/S
 ♠ 10 9 8 7 6 5 4 3 2
 ♥ 10 9 8 7 6 5 4 3 2
 ♦ 10 9 8 7 6 5 4 3 2
 ♣ 10 9 8 7 6 5 4 3 2

Vulnerable: North-South
Dealer: South
West North East South
 Pass INT Pass Pass
 Pass INT Pass Pass

Opening lead: ♠ 6

Answers:
 ♠ 10 9 8 7 6 5 4 3 2
 ♥ 10 9 8 7 6 5 4 3 2
 ♦ 10 9 8 7 6 5 4 3 2
 ♣ 10 9 8 7 6 5 4 3 2

HOROSCOPE

For Wednesday, April 4, 1973

YOUR BIRTHDAY April 4, 1973
 Others will be most helpful furthering your lot in life this coming year. Try to be more active than you may have planned on.

ARIES (March 21-April 19)
 You finished better on the planned plan today than you do on the mental plane. Deal only with long-term. Leave short-term to others. Find out more about your partner for your copy of Astro-Graph Letter. Mail \$5.00 for each and a long, mid-afternoon, stamped envelope to Astro-Graph, P.O. Box 676, Radio City Station, N.Y. 10101. Be sure to specify birth sign.

TALISMAN (April 20-May 20)
 Your intention is essentially been today in all areas save one—making money and gain. You might let someone dip into your pocketbook and end up empty.

GEMINI (May 21-June 20)
 A big step forward can now be taken regarding something important you want to achieve. But it will be handed to you on a platter.

CANCER (June 21-July 20)
 Don't be afraid to use your ideas today as long as they are clearly thought out. Humble should be avoided.

LION (July 21-Aug. 20)
 Even though you might not achieve what you desire, others not toward a future path will be rewarded. You're laying a sturdy foundation.

VIRGO (Aug. 21-Sept. 20)
 Ringing out one person to help you realize an ambition can lead to a costly mistake today. Tomorrow, with more people involved, is required.

LIBRA (Sept. 21-Oct. 20)
 This is the day to get to work on a project intended for you. There planned plan today than you do on the mental plane. Deal only with long-term. Leave short-term to others. Find out more about your partner for your copy of Astro-Graph Letter. Mail \$5.00 for each and a long, mid-afternoon, stamped envelope to Astro-Graph, P.O. Box 676, Radio City Station, N.Y. 10101. Be sure to specify birth sign.

SCORPIO (Oct. 21-Nov. 20)
 Something you'll accomplish with the aid of another will appear as luck or chance for you. Don't forget to applaud your effort.

SAGITTARIUS (Nov. 21-Dec. 20)
 You have all the factors necessary to gain your ends now, if you're willing to charge ahead full blast. Don't expect others to do it for you.

CAPRICORN (Dec. 21-Jan. 20)
 Your spirit of cooperation is strong today, but guard against being critical of someone just because they aren't doing the same as you.

AQUARIUS (Jan. 21-Feb. 19)
 No one other than yourself is going to stand up for you today for what you had to your best. You know what you have in mind.

PISCES (Feb. 20-March 20)
 There is a fine line between cooperation and appearing busy. Do impress others today, the other drive them away.

WIN AT BRIDGE

NORTH U/A
 ♠ 10 9 8 7 6 5 4 3 2
 ♥ 10 9 8 7 6 5 4 3 2
 ♦ 10 9 8 7 6 5 4 3 2
 ♣ 10 9 8 7 6 5 4 3 2

WEST EAST
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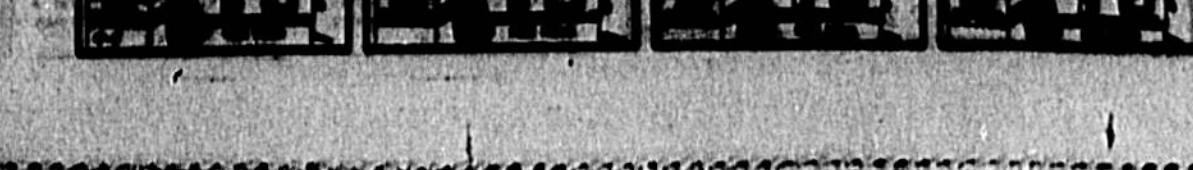
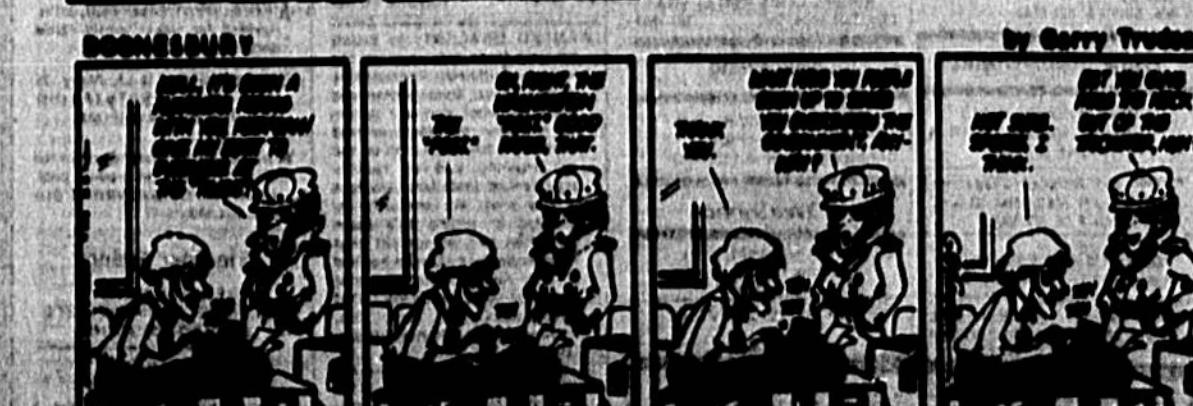
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SPIDER-MAN by Stan Lee and John Romita

DENNIS THE MENCHILD by Gerry Trueman



In Winter Springs City Attorney Fired

The majority of the Winter Springs City Council, unhappy with the services of its legal counsel since early this year, voted 6-1 Tuesday night to fire City Attorney Gary Massey.

In another part of the county, the city of Lake Mary, which also uses Massey's services as city attorney, is happy with him, and intends to keep him according to Mayor Walter Surran.

"By and large, we are happy with Massey," said Surran today. "I don't suppose he's quite as perfect, but then I don't think anyone would be."

"I think we got from Mr. Massey the level of research warranted as a general rule, certainly the level of research requested," said Surran.

It was the question of such research that led to Massey's dismissal in Winter Springs. It came in the form of last week. Councilman John Daniels, opposing the move to cut him said a statement by Massey last week on the utility-tax issue indicated Massey had not been providing "first-class legal services to the city."

Early in March, Florida Public Service Commission lawyer, William Shrovet, challenged the legality of Winter Springs collecting a utility tax on sewer service.

Instructed to research the matter, Massey reported to the council that the tax is illegal and not authorized under state law. He said that cities may levy only those taxes authorized by state law.

Massey had prepared the utility tax ordinance reducing the rate of taxes from five to four percent. When questioned by council members on why he had permitted the council to adopt an illegal ordinance, Massey said that he had been unaware of the law at the time.

"If I had known I would have said no," said Massey. "If you want me to research everything that comes up at meetings, you would have to pay me \$20,000 to \$30,000 a year as a retainer, rather than what you are paying." Massey had the council last week.

Massey has been paid a flat fee of \$750 monthly by the City of Winter Springs and \$750 monthly by the City of Lake Mary. It is not clear the arrangement



GARY MASSEY: LOSER POST

has been for him to be paid additional sums when court action is involved.

He has been city attorney of Lake Mary for three years and of Winter Springs since November, 1970, when his law partner, Norman Brock, resigned from the post.

Councilman Laurent Polaris and Bart Logan, in addition to Daniels and Thomas Green, voted to fire Massey Tuesday night.

The fact that Massey also served Lake Mary as attorney was pointed out as one of the reasons. "I've heard comments from citizens," said newly appointed Councilman Green, adding that he personally likes Massey. "But he is carrying a load to where it affects his efficiency."

Green, who said he was surprised at the motion by Councilman John Daniels to terminate Massey effective April 11, seconded the motion.

"Hell, no," was Councilman John Daniels' response to the motion during a roll call vote.

Daniels apologized for making the motion at a meeting when Massey was not present. Frank Massey, Massey's law partner, sat in for Massey at the meeting.

Mayor Troy Plann said Massey was called out of town because the matter had been emergency action.

Plann refused to reappoint Massey in any



Sanford To County: Pay Up, Or Cap Up

Sanford has agreed with the county to cap 10 fire hydrants on city water lines outside the city limits unless the county pays a \$60 per hydrant annual rental fee.

The county has requested that it has no obligation to pay such fees.

Areas where hydrants are located outside the city limits include 14 hydrants at Sanford Station, two hydrants in Glenwood Heights, one just outside the city on Northeast Avenue and one on Bruce Ave. at Junction of State Road 60.

Should the hydrants be capped, about 60 homes outside the city would be affected. The rental may be reduced if fire protection and increased insurance premiums for residents involved.

The city appropriates a \$60 fee annually on each hydrant within the city limits for maintenance, according to city manager Warren Knowles. He said the fee is part of the city's bond ordinance.

"All we've let you pay on or we'll cap 'em," referring to those outside the city.

Knowles originally brought the matter to the county's attention in late January. About two months later, County Administrator Roger Neiswander wrote a response.

"... It appears from our standpoint that there is no county obligation to assume responsibility for the hydrant rental fee," declared Neiswander.

The hydrants were originally installed at Sanford Station by the firm that developed that subdivision. The city later took over the developer's utility system, including the hydrants, according to Knowles.

"It appears to us that the city knowingly accepted the entire system including hydrants at the time that the system was received from the developer," Neiswander declared.

Sanford has agreed with Neiswander's account of how the city came to take control of the hydrants, but maintained the city is not obligated to pay fees on hydrants serving county residents.

"We believe that the residents of the area need and should continue to have the hydrants and fire protection that is provided therefrom," Neiswander wrote Knowles in late March.

"Those residents living within 1,000 feet of the hydrants get a discount on fire insurance," noted Knowles. "This is such a shame, it could all be handled by the county so easily."

Two of the hydrants in question are in Councilman Bill Kirshoff's district. He feels the issue may need more research.

"I think there are a number of questions we have to ask before the county pays rental on these hydrants," commented Kirshoff.

"We have to look at how the hydrants got out there in the first place, who owns the water system, and is there a difference in the rates charged on those and the rates paid in the city," said Kirshoff. "If there is a difference in what they pay out there and what they pay in the city, we have to ask, don't that extra rates include the hydrant fee?"

In fact, water rates outside the city limits are charged 15 percent more than city residents.

"That has nothing to do with hydrant fees," said Knowles. "Hydrant pays the hydrant fee for the hydrants outside the city."

The extra fee for water users outside the city is provided for by state statute, according to Knowles. The higher rate makes up for the extra cost of pumping the water outside the city, claimed Knowles.

"When the city agreed to take over the system, which at that time was an obvious

More Homes Planned In Hidden Lake

A report that about 70 homes planned for construction in Hidden Lake Planned Unit Development (PUD) be permitted to contain smaller average living areas than the 80 minimum that would be required by the Florida Planning and Zoning Commission Thursday night.

The meeting will be at 6 p.m. in city hall.

Existing homes at the subdivision, on Sanford's south side, contain 1,200 to 1,500 square feet of living area, said Gordon's Beach Official, Al Perna. A 1,000-to-1,200 square foot range has been proposed for new home construction as shown to him by Sanford real estate agent A.S. "Tommy" Petersen, Jr., who represents Residential Communities of America of Altamonte Springs.

That company, said Petersen, is now negotiating to purchase the recent lots with 100 ft. lot, of Winter Haven, which were the last.

"I don't know exactly what kind of houses the developer had in mind, but I don't think to me about it, but he did talk to someone else here at city hall. I guess he wants to build lower-priced homes, those that would be more saleable," said Perna.

"Existing homes in Hidden Lake now sell for \$60,000 to \$70,000, but some may have sold in the \$50,000 to \$60,000 price range," according to Petersen.

"The homes to be proposed would have a minimum cost of \$50,000 to \$60,000," said the real estate agent.

"This is the first proposed change to a PUD we've had," Petersen said. "It has been a long time since we've had a change in the city's zoning ordinance. We would be happy to have any change in the proposed by the city commission, which would decide whether to OK the proposed change following two public hearings."

"We'll ask if the change we want will be compatible with the living area size of the houses out there now," Petersen said. "If the answer is yes, we'll go ahead with our proposal. If the answer is no, we'll go back with the zoning. If it is, we'll apply for a building permit."

League Names Boss Today

The Seminole Youth Sports Association held its general membership meeting today at the Seminole County Civic Center in Sanford. The new league president is...

to restrict travel to identify and target to cut down on the expense of administration.

Handinger, who recently resigned a similar position with the Central Florida YMCA's Youth League program, will drive the new program and development of the new association based at Sanford in a similar manner to the Central Florida program in Seminole County.

Lyman Names Coach

Bill Smith, assistant coach at Lyman High School for the last eight years, was named today as the new head football coach for the Greyhounds, filling the vacancy left last month when Bill Caplan announced his resignation.

The announcement was made by Lyman principal Carlton Hensley, who said Smith was selected "over a number of impressive applicants."

Smith, a graduate of Seminole State and a former player with the New York Jets, having coached at Lyman for the last two years, will resign his job as varsity wrestling coach to devote full time to the duties of head coach.

Hensley said, "Smith was the best man from an applicant. I felt it was out of him to recommend a strong field. He has proven to be a head coach, a good teacher, and a man who will build a winning program from scratch into one of the best in the state."

Lyman is also looking for three assistant coaches. Smith will be in charge of the football team, Hensley said.

Ashow pushes ERA passage in State Of State address, page 68

NATION IN BRIEF

Senate Aide Who Insulted Treaty Supporters Suspended

WASHINGTON (UPI) — Charles Mitchell made a \$2,000 mistake. The aide to Sen. James Allen, D-Ala., wrote correspondence supporting the Panama Canal Treaty and said those letters were being put in the "trashcan." Sen. Allen, according to his aide, Mitchell used "derogatory and inflammatory language" referring to the letters denouncing Allen's opposition for the pact.

Allen, who already had apologized publicly for the letters, said Tuesday he had suspended Mitchell for 30 days starting April 16. The suspension will cost Mitchell \$1,500 in pay.

One Mitchell letter to a Florida legislator, a woman, said her state was a "waiting pad for narcotics, crack and other individuals with subversive intentions."

Carter Ponders Neutron Bomb

WASHINGTON (UPI) — President Carter, leaning toward banning production of the neutron weapon, is being urged by some advisers to modify his position on the weapon that may be used in conjunction with relatively small blast weapons.

Carter scheduled a bipartisan meeting today with congressional leaders, followed by a session with the Senate Foreign Relations Committee. Members of both groups have expressed his reported decision to block deployment of the controversial weapon.

Carver Wishes Wayne Well

BOSTON (UPI) — President Carter, calling John Wayne a "great national asset," joined hundreds of other fans in wishing the veteran actor a speedy recovery from open-heart surgery.

Wayne, 70, underwent a three-hour operation Monday at Massachusetts General Hospital to replace a damaged valve in his heart. The new mitral valve was taken from a pig.

Coal Strikes Ending

WASHINGTON (UPI) — Four months of strikes against the coal and steel industry appeared to be at an end today.

United Mine Workers Vice President Sam Church said balking Tuesday by the union's 14,000 mine construction workers was running substantially in favor of ratifying a new three-year agreement.

Congressmen Linked To Park?

WASHINGTON (UPI) — House ethics committee investigators, on completing their questioning of Tugue Park, want to know more about his ties to some incumbent congressmen but have little reason to suspect Speaker Thomas O'Neill of wrongdoing, sources said today.

Committee sources said investigators singled out five — perhaps six — Democrats as being vulnerable to possible disciplinary action for taking payments from the South Korean rice dealer. They said they could not judge whether the full committee would agree.

Copter Crash Kills Trio

NEW ORLEANS (UPI) — A helicopter trying to land on a drilling ship in the Gulf of Mexico crashed and slipped into the water, killing three persons and injuring three others, the Coast Guard said today.

The Air Legion Co. craft was on route to the rig from Sabine, Texas. Coast Guard spokesman Bob Rowan said the accident occurred shortly before midnight, about 60 miles southeast of Galveston, Texas.

Medicaid Probe Eyes Dentists

WASHINGTON (UPI) — Dentists and laboratories are likely to be the next targets of federal computer investigations to slash checks in the nearly \$6 billion Medicaid program, HHS's chief investigator, Thomas Morris, said today.

Nursing Home Struck

NEW YORK (UPI) — Volunteers are collecting meals, making beds and taking out the garbage at New York City nursing homes, hit by a strike that has left more than 10,000 elderly patients without professional care.

Layer Asks Fee Waiver Altamonte Delays Decision On Hook-Ups

By DENNIS BERRY
Special Staff Writer

The Altamonte Springs City Commission Tuesday evening delayed for one week a decision on the request of William Layer, Altamonte Springs City School Superintendent, for a waiver of \$2,000 in connection fees to hook up three schools to the city's water and sewer system.

Layer told commissioners that the state Department of Environmental Regulation (DER) has "strongly" recommended that the school district connect Lake Branch High, Tugue Middle and Forest City Elementary Schools to the Altamonte water and sewer system at one cost to the city.

Layer said the DER has said that the school board's request for a waiver of the connection fee would be "out of city rate." When the DER is asked to waive the fee, it is asked to pay the cost of the connection fee.



WILLIAM LAYER

Layer said he would like to see the city pay for the hook-up of the three schools to the water and sewer system. He said the city would not be able to pay for the hook-up of the three schools to the water and sewer system.

Layer said the water and sewer hook-ups of the schools have been functioning without problem for the past eight years. Adding it is not considered by the school board as a problem.

Layer said that he would like to see the city pay for the hook-up of the three schools to the water and sewer system. He said the city would not be able to pay for the hook-up of the three schools to the water and sewer system.

FLORIDA IN BRIEF

Officials Wait-And-See As Propane Tank Burns

FORT WALTON BEACH (UPI) — Weary firefighters stood by today and waited for an 18,000-gallon propane tank engulfed in flames by a Tuesday explosion to burn itself out so 200 families evacuated from the area could return home.

Firemen and a darning gas company crew — fearing pressure inside the 25-foot long storage tank might cause another explosion — installed a special pop-off control valve on the huge cylinder Tuesday night and set it afire, lighting the night skies for miles around.

Tucker Stiffes Overton

TALLAHASSEE (UPI) — Supreme Court Chief Justice Ben Overton did not address the Legislature during Tuesday's opening ceremonies because House Speaker Don Tucker refused to let him.

Senate President Lew Brantley was willing for Overton to join Gov. Reubin Askew in speaking to a joint session of legislators, but Tucker said no, ending a practice begun in 1973.

'Impossible Dream' Is Over

TALLAHASSEE (UPI) — This is a sad day for Supreme Court Justice Fred Karl who leaves the bench at midnight to become ex-justice Karl and the general counsel for the Florida Association of Insurance Agents.

Indictment Not Proper--Court

The Florida Supreme Court has ruled the statewide grand jury cannot indict persons for criminal activity that does not transcend the county line.

The ruling came on an indictment of Luther J. McNamara, Orlando. He was indicted by the statewide panel in 1976 for allegedly operating a bookmaking business from an apartment complex in the southern portion of the county.

The indictment was issued following the sentencing on \$2,000 appeal bond.

WEATHER

8 a.m. readings: temperature 61, overcast, low 50; pressure 30.0; relative humidity 80 per cent; wind calm.

HOSPITAL NOTES

APRIL 13, 1977
Admissions: Mrs. A. Smith, Mrs. B. Jones, Mrs. C. Brown, Mrs. D. White, Mrs. E. Green, Mrs. F. Black, Mrs. G. Gray, Mrs. H. Blue, Mrs. I. Red, Mrs. J. Purple, Mrs. K. Yellow, Mrs. L. Orange, Mrs. M. Silver, Mrs. N. Bronze, Mrs. O. Copper, Mrs. P. Nickel, Mrs. Q. Zinc, Mrs. R. Iron, Mrs. S. Lead, Mrs. T. Tin, Mrs. U. Cadmium, Mrs. V. Mercury, Mrs. W. Selenium, Mrs. X. Tellurium, Mrs. Y. Iodine, Mrs. Z. Bromine, Mrs. AA. Fluorine, Mrs. AB. Chlorine, Mrs. AC. Sulfur, Mrs. AD. Phosphorus, Mrs. AE. Silicon, Mrs. AF. Boron, Mrs. AG. Carbon, Mrs. AH. Nitrogen, Mrs. AI. Oxygen, Mrs. AJ. Hydrogen, Mrs. AK. Helium, Mrs. AL. Neon, Mrs. AM. Argon, Mrs. AN. Krypton, Mrs. AO. Xenon, Mrs. AP. Radon.

Casselberry Workers Vote To Drop Union

Casselberry city employees have voted by more than 3-1 to drop the United Brotherhood of Carpenters and Joiners, Local 178, as the union for collective bargaining purposes.

The vote was held on Tuesday at the Casselberry City Council chambers. The union has been representing the city employees since 1973.

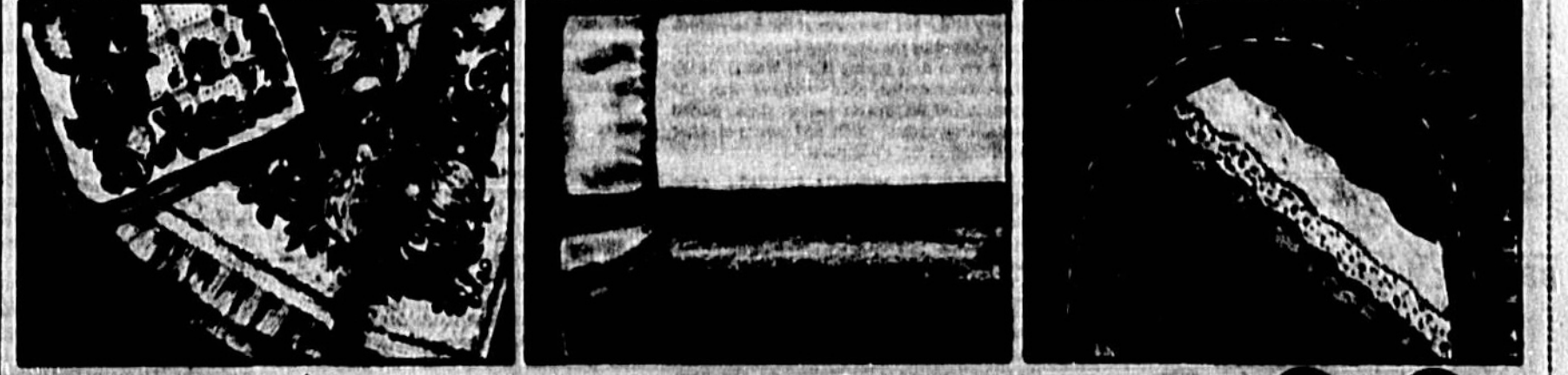
The city employees voted by a margin of 25 to 10 to drop the union. The vote was held on Tuesday at the Casselberry City Council chambers.

The union of responsibility representing the employees. The employees voted in June, 1977, to be represented in collective bargaining by the city's employees. Only 14 employees at that time voted against unionization.

Overton said that the employees voted to drop the union because the mayor and city council refused "to listen to the people" or to resolve their problems at work.

Overton said that the city council had been unresponsive to the employees' demands for better working conditions. He said that the city council had been unresponsive to the employees' demands for better working conditions.

When you're looking for the freshest home fashions, take another look at Zayre.



Remember when towels were white and sheets were out of sight? Well, we've changed all that! Zayre brings you the newest home fashions in living COLOR! Color to show off! Color that's YOU! All with VALUE you can live with! Bursting florals, brilliant patterns and the freshest of fabrics! Come! Explore! We've got SELECTION as contemporary as you are! Take another look...take another look...take another look at Zayre!

ORLANDO EAST • ORLANDO WEST • ORLANDO SOUTH • SANFORD • DEERBEE • FORT PINE • WINTER HAVEN

Woman Is Robbed

A Southwestern woman at 10 p.m. Tuesday was robbed of her cash and jewelry in a drive-up bank robbery at the intersection of 10th and 10th streets, the police said.

The victim, Mrs. Mary Ann... (text continues with details of the robbery and police response)

Woman Uses 5 Iron To Nab Suspect

LOS ANGELES (UPI) — An 18-year-old woman who came to the defense of her father in a trial last week and arrested a man alleged to be the "pittsburgh rapist," handed her 500 pages of handwritten notes to the judge, who ordered the man to be held in lieu of \$10,000 bail.

The woman, who is the daughter of a prominent businessman, used the notes to help the judge understand the man's behavior and to help him identify the man as the "pittsburgh rapist."

Action Reports

Fires
Courts
Police Beat

GRAND TRURY
Michael Joseph Amadio, 35, of... (text continues with court reports)

'I'll Kill If Killer Isn't Caught'

COLUMBIA, Ga. (UPI) — The anonymous letter writer who has claimed credit for the slaying of two black women has threatened to kill a black woman every 30 days until the "killing stronger" case is solved, police said.

The letter writer, who has threatened to kill a black woman every 30 days until the "killing stronger" case is solved, police said.

Cook Of The Week

Seafood Is Nutritious, Flavorful

By DEBRA NEEDLE
Special Correspondent

Does it show trends around the state concerning the consumption of Florida seafood, in fact just on a Thursday, the Seafood Authority...

... (text continues with details about seafood nutrition and preparation)



DEBRA N. NEEDLE — SEAFOOD AUTHORITY

... (text continues with details about the author and the authority)

In And Around Winter Springs

New Flag Flies At Ranch

Learning that the battle flag of the Seminole County Youth Ranch was in bad shape, the group of the Water Springs VFW decided to raise a new flag...

... (text continues with details about the flag-raising event)

Library Lists Film Schedule

The Deltona Library film schedule is now posted for the month of April. The following movies are free and open to the public.

April 1 — "Florida Everglades," "Viva Florida," "Denmark, Fairly Land."

... (text continues with the film schedule)

ECKERD'S

...a name you can trust.

Spring Sale

HURRY ON IN ONLY 3 DAYS LEFT IN ECKERD'S WEEK LONG SPRING SALE

RIGHT GUARD STICK GILLETTE DEODORANT 99¢	RIGHT GUARD STICK GILLETTE DEODORANT 99¢	RIGHT GUARD STICK GILLETTE DEODORANT 99¢	RIGHT GUARD STICK GILLETTE DEODORANT 99¢
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... (text continues with more product listings and prices)

Had It With Know-It-All

By ARNOLD VAN DER BEEK

DEAR ARNOLD: How do you tell a husband to SHUT UP? After 40 years of marriage, I have heard everything he has to say at least 10,000 times. I know all his secrets by heart. I know his "inside-the-house" business and his secrets for all the rest of the world. I have had it up to here with his loud, long-winded monologues on politics, religion, his business — you name it. He's always talking on the radio. He demands absolute silence when he's watching a ball game on television, but he talks nothing of turning the set off to the radio when he wants to see something.

... (text continues with the letter and the author's response)

Come See Us AT

Down's Family Hair Care

223-9430

NOW YOU CAN OWN THE TREASURES OF CENTRAL & SOUTH AMERICA

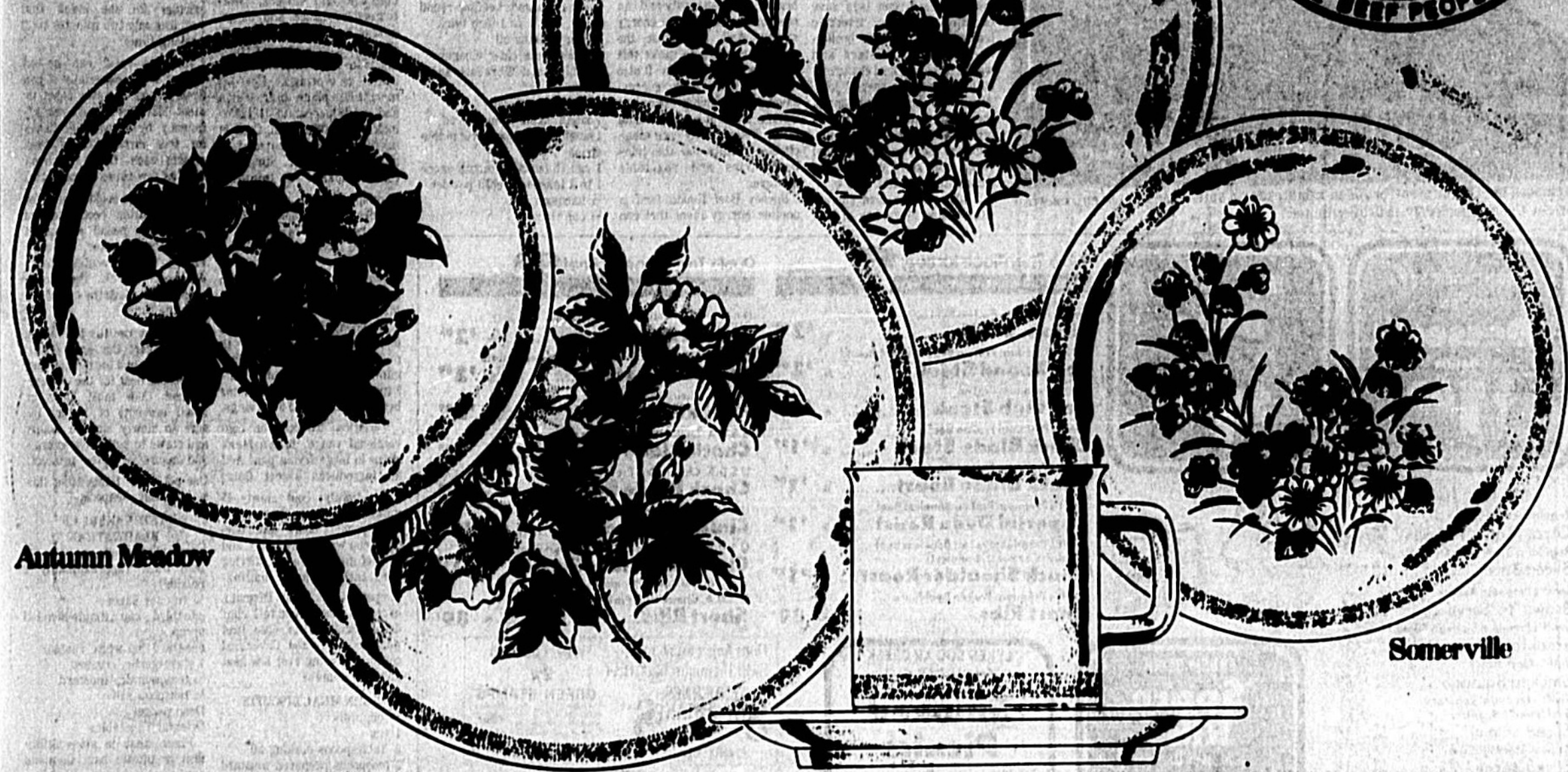
• GUATEMALAN JADE
• HAND WOVEN DRESSES
• CORN HUSK FLOWERS
• GOLD & SILVER JEWELRY
• GUATEMALAN HAND LOOMS
• GUATEMALAN CERAMICS

...AND MUCH MORE!

Agape Afloat

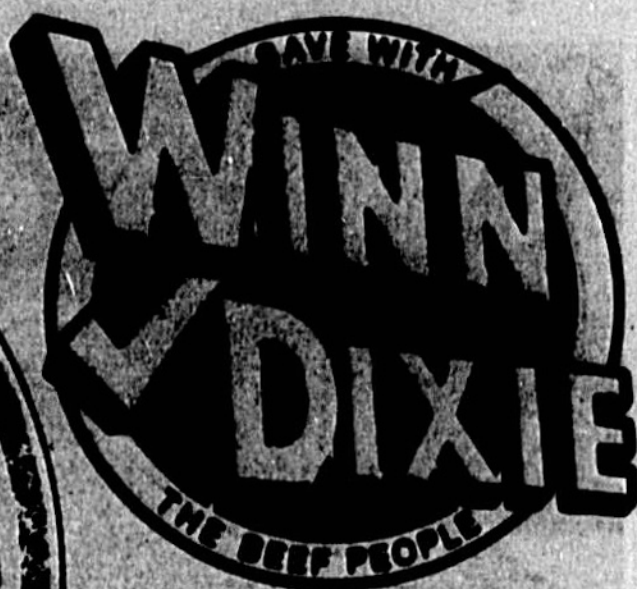
SANFORD MARINA — MONROE HARBOR
FRIDAY, SATURDAY & SUNDAY
APRIL 3, 4 & 5
10 A.M. - 5 P.M.

Fresh flowers for your table



Autumn Meadow

Somerville



EKCO ETERNA HAND DECORATED

Now's your chance to collect a complete set of exquisite decorator dinnerware. Just like the hand-decorated stoneware you've seen in the finest department stores and gift shops - but it can be yours at fantastic savings! Each piece of EkcoEterna Stoneware is hand-decorated and quality crafted to insure the ultimate in convenience and fine dining. EkcoEterna Stoneware is also durable and long-lasting. And you'll have dinnerware that's perfect for entertaining and practical enough for everyday. EkcoEterna Stoneware is dishwasher safe, detergent-proof, break resistant and stain resistant. Choose from two beautiful floral patterns - Autumn Meadow or Somerville. We're sure you'll want these lovely fresh flowers for your table. So start collecting your set today.

Stoneware
Autumn Meadow & Somerville PATTERNS

Only **79¢**
WITH EACH \$5.00 PURCHASE

FREEZER-TO-OVEN-TO-TABLE

EkcoEterna Stoneware is durable and beautiful enough for freezer-to-oven-to-table use, and it can also be used in microwave ovens.



Week One	10 1/2" PLATE	79¢
Week Two	8" PLATE	79¢
Week Three	6 1/2" PLATE	79¢
Week Four	4 1/2" PLATE	79¢
Week Five	2 1/2" PLATE	79¢

- 10 1/2" Dinner Plate
- 8" Dinner Plate
- 6 1/2" Dinner Plate
- 4 1/2" Dinner Plate
- 2 1/2" Dinner Plate
- Covered Sugar Bowl
- Covered Butter Dish
- Creamer
- Vegetable Bowl
- Gravy Boat and Tray
- Salt & Pepper Shakers
- Covered Casserole
- Serving Pot

Winn-Dixie

SHOULDER STEAK \$1.49

SHOULDER ROAST \$1.39

WHOLE SHOULDER \$1.19

WHOLE FRYERS 49¢

CHUCK ROAST 99¢

LIPTON TEA BAGS \$1.48

BATH TISSUE 6 88¢

ARROW DETERGENT 78¢

FISCHER'S BEER 6 \$1.18

THIRTY NAD CATSUP 58¢

SWEET PEAS 4 88¢

CREAM STYLE WHOLE KERNEL CORN 4 88¢

ASTOR FRUIT COCKTAIL 3 88¢

BLUE BAY PINK SALMON \$1.28

HARVEST FRESH STRAWBERRIES 3 \$1.39

SWEETHEART FLOWERS 98¢

ROMAINE LETTUCE 99¢

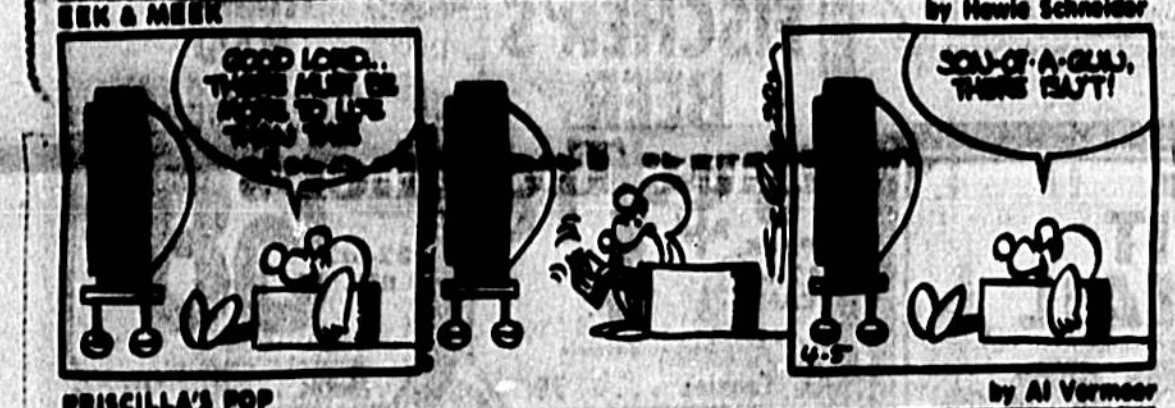
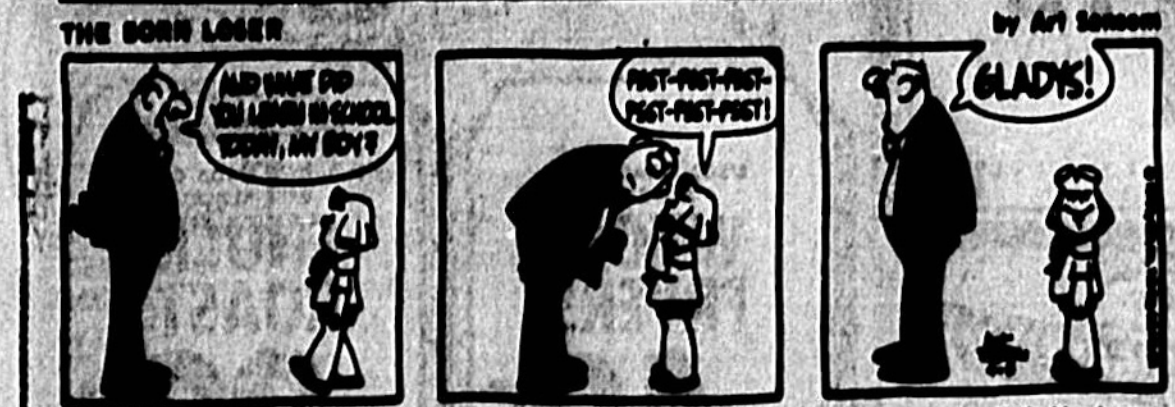
HONEY BUNS 3 \$1.19

MILK 1/2 GAL 79¢

T.V. DINNERS 2 \$1.00

TOPPING \$1.59

CRESCENT ROLLS 49¢



Calendar grid for the week of April 13-19, 1977.

Calendar grid for the week of April 13-19, 1977.

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Drug Interactions Mixed With Alcohol



DR. LAMB — I was going to give you a prescription for a medicine that you did not get for me. The two combined can make you a person who lives his life in a state of confusion.

Several years ago I had a serious headache. My family and I were on a vacation in the mountains. I had a headache and I was in a state of confusion. I was in a state of confusion. I was in a state of confusion.

After a month I was released, with no instructions on medication. I was in a state of confusion. I was in a state of confusion. I was in a state of confusion.

I am reading you The Health Letter number 14, Alcohol, which, like you, I have read. I am reading you The Health Letter number 14, Alcohol, which, like you, I have read.

Your point is that a patient should be given a list of all the medicines he is taking. I am reading you The Health Letter number 14, Alcohol, which, like you, I have read.

HOROSCOPE

By DENISE DEBE ODE

For Thursday, April 6, 1978

ARIES (March 21-April 19) Conditions appearing to your advantage today and you're looking for a partner. You'll have a good time in the evening.

TAURUS (April 20-May 20) You may be too busy to get your feet under the rug today. You'll have a good time in the evening.

GEMINI (May 21-June 20) It's important to be with you today. You'll have a good time in the evening.

CANCER (June 21-July 20) You'll have a good time in the evening. You'll have a good time in the evening.

LEO (July 21-Aug. 10) You'll have a good time in the evening. You'll have a good time in the evening.

WIN AT BRIDGE

By Donald Jacoby

North
♠ A 10 3
♥ A Q J 7 6 5
♦ A Q J 7 6 5
♣ A Q J 7 6 5

South
♠ K 8 7 6 5 4
♥ K 8 7 6 5 4
♦ K 8 7 6 5 4
♣ K 8 7 6 5 4

West
♠ K 8 7 6 5 4
♥ K 8 7 6 5 4
♦ K 8 7 6 5 4
♣ K 8 7 6 5 4

East
♠ K 8 7 6 5 4
♥ K 8 7 6 5 4
♦ K 8 7 6 5 4
♣ K 8 7 6 5 4

TONIGHT'S TV

- 7:00 THE BOONVILLE BOYS (TUE)
- 7:30 THE BOONVILLE BOYS (TUE)
- 8:00 THE BOONVILLE BOYS (TUE)
- 8:30 THE BOONVILLE BOYS (TUE)
- 9:00 THE BOONVILLE BOYS (TUE)

- 9:30 THE BOONVILLE BOYS (TUE)
- 10:00 THE BOONVILLE BOYS (TUE)
- 10:30 THE BOONVILLE BOYS (TUE)
- 11:00 THE BOONVILLE BOYS (TUE)
- 11:30 THE BOONVILLE BOYS (TUE)

- 11:55 THE BOONVILLE BOYS (TUE)
- 12:00 THE BOONVILLE BOYS (TUE)
- 12:30 THE BOONVILLE BOYS (TUE)
- 1:00 THE BOONVILLE BOYS (TUE)
- 1:30 THE BOONVILLE BOYS (TUE)

- 1:55 THE BOONVILLE BOYS (TUE)
- 2:00 THE BOONVILLE BOYS (TUE)
- 2:30 THE BOONVILLE BOYS (TUE)
- 3:00 THE BOONVILLE BOYS (TUE)
- 3:30 THE BOONVILLE BOYS (TUE)

- 3:55 THE BOONVILLE BOYS (TUE)
- 4:00 THE BOONVILLE BOYS (TUE)
- 4:30 THE BOONVILLE BOYS (TUE)
- 5:00 THE BOONVILLE BOYS (TUE)
- 5:30 THE BOONVILLE BOYS (TUE)

MADAME KATHERINE PALMIST
PAST - PRESENT - FUTURE
1401 7th Ave. S. S.W. Atlanta, GA 30334
679-4400

CALENDAR

- 7:00 THE BOONVILLE BOYS (TUE)
- 7:30 THE BOONVILLE BOYS (TUE)
- 8:00 THE BOONVILLE BOYS (TUE)
- 8:30 THE BOONVILLE BOYS (TUE)
- 9:00 THE BOONVILLE BOYS (TUE)

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- 4:30 THE BOONVILLE BOYS (TUE)
- 5:00 THE BOONVILLE BOYS (TUE)
- 5:30 THE BOONVILLE BOYS (TUE)

Jerry's RESTAURANT & COCKTAIL LOUNGE
OVERLOOKING THE BUNNYVALE
Breakfast - Lunch and Dinner
"Happy Hour" 11 a.m. - 7 p.m. EVERYDAY



The Good Old Days Return For Top-Ranked CBS

NEW YORK (UPI) — CBS was looking for a way to bring back the good old days of television. The network is planning a series of programs that will bring back the good old days of television.

Arthur Treacher's Family Sampler

It has something for everyone.
Two Pieces of our Famous Fish
Lots of Chips
One Crunchy Pig
Two Pieces of Boneless All White Meat Chicken
Now at a special low price of \$4.39 AT PARTICIPATING SHOPS
OFFER EXPIRES APRIL 23, 1977
Arthur Treacher's Fish & Chips
We are something else.

Askew Pushes ERA Passage In State Of State Message

TALLAHASSEE (AP) — Gov. Jeb Askew says Florida's voters must decide if the state is to ratify the Equal Rights Amendment this year.

The issue may be on the ballot, but Askew says Florida's voters must decide if the state is to ratify the Equal Rights Amendment this year.

Askew says he will not ask voters to ratify the ERA until after the November election. He says he will ask voters to ratify the ERA after the November election.

We look to this year's election to provide fresh direction to the legislature on ERA.

Askew says he will not ask voters to ratify the ERA until after the November election. He says he will ask voters to ratify the ERA after the November election.

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Legal Notice

NOTICE TO CREDITORS
 In and for the County of Seminole, Florida, I, the undersigned, Clerk of the Circuit Court of the County of Seminole, Florida, do hereby give notice that the estate of [Name], deceased, is being administered in my office.

Legal Notice

NOTICE TO CREDITORS
 In and for the County of Seminole, Florida, I, the undersigned, Clerk of the Circuit Court of the County of Seminole, Florida, do hereby give notice that the estate of [Name], deceased, is being administered in my office.

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 Sell Advertising space, create layouts and write copy. Service newspaper accounts. Aggressive salesperson needed for competitive market. Apply in person to the Advertising Director, The Evening Herald, 300 N. Florida Ave., Sanford, Fla. 32783.

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 NOTICE OF EMERGENCY... NOTICE OF EMERGENCY... NOTICE OF EMERGENCY...

WANT ADS

WANT ADS
 For Just A Buck A Day

Why store these items no longer use when you can turn them into cash with a quick action, low cost Evening Herald Want Ad? During our Super Dollar Days you save even more!

You get an effective 3-line, 18 word want ad for 7 days for only \$7.99... just a Buck a Day! Discover how profitable it can be to use an Evening Herald Want Ad during Super Dollar Days.

3 lines for 7 days for \$7.99 (Non-Commercial only please)

WANT AD FORM

Start your Super Dollar Days, 3-line, 18 word, Evening Herald Classified Want Ad NOW!

Printed and necessary for ad copy

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BUSINESS SERVICE LISTING

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 LEGAL CLINIC OF ENGLAND & CHEER... Commercial Contracts... 322-2401

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 POLY ELECTRICAL SERV... 322-2401

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Other Services
 [Various other business listings]

