

Seminole Herald

WEDNESDAY

March 31, 1999 91st Year, No. 155 (407) 322-2611 Sanford, FL

50 Cents

Serving

Sanford, Casselberry, Lake Mary, Longwood, Oviedo, Winter Springs and Seminole County

Since 1908



Weather Partly Cloudy High: 82 Low: 60



First-grader shares the secrets of reading.

A ----

Lottery Winning Numbers

3A

rida Letter

BRIEFLY

American Red Cross of Central Florida Disaster Action Team volunteers recently responded to four fires affecting 11 families in Orlando and Seminole counties. On Monday, a Longwood family lost their four dogs when their Nob Hill Circle home was engulfed in flames. Homeowner Edwin Holland, his wife, two children and a house guest were unharmed. Red Cross volunteers provided the family with more than \$1000 in food, clothing, shoes and temporary lodging.

Area chambers of commoree are sponsoring a
Chamber Business After
Hours event today at 5 p.m.,
at Historic Sanford Memorial
Stadium, following a junior
varsity high school baseball
game, to promote fundraising to benefit the stadium. During the event,
Sanford Mayor Larry Dale
will dedicate the Dugout
Club Room to Buddy Lake. A
former area baseball player,
Lake is a longtime supporter
pof the stadium. There will
bie free food and drinks at
the event. The stadium is
located at 1201 Mellonville
Avenue. For more information, call the City of Sanford
at (407) 330-5600.

Seuthern Championship Wractiling returns to the Sanford Civic Center, 401 E. Seminole Bivd., this Friday at 8 p.m. Six matches featuring "Phenom" Bryan Austin, The Shaher, Frankie Capone and "Mad Dog" Mike Taylor will wrestle to benefit Banford Police Explorers, For more information, call (407) 321-0633.

An Bester Bag Blest in the Park will be held Saturday at 2:30 p./m. at Red Bug Park for the "wish kids" of New Hope for Orieving Children and Families in Maitism. The minth annual event is sponsored by the Student Accounting Society at the University of Central Florida and features a picnic and

prises.
New Hope for Orieving Children and Families grants wishes to children under 18 who have been diagnosed with life-threatening illnesses and provides support for children ages three to 18 who suffer the loss of a loved

Volunteer Support Services recruits and trains volunteers to operate New Hope Thrift & Clift stores, assist with delivery of services and conduct fundralsing events. For more information, please call (407) 629-8920.

City of Sanford Police Department will help an area resident initiate a Neighborhood Watch program in her neighborhood with a 90iminute inaugural meeting on Tuesday at 6:15 p.m. at 911 S. Maple Ave. The Neighborhood Awareness and Community Improvement Program includes period meetings to help citisens learn how to make their homes more secure. Law enforcement officials and representatives form community organisations offen speak to Neighborhood Watch groups. For more information or directions, call (407) 322-2301.

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Semico ... 4A
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Roads continue to concern residents, but relief is coming

2A

By Mil Kerns

STAFF WRITER

SANFORD - Goldsboro resident Thelma Thompson told City Commissioners Monday that they need to address problems in the area, including poor roads.

"We need help to clean up Goldsboro," Thompson said. "It's time for us to stop living like this."

The commissioners had some good news for Thompson.

The City of Sanford is planning a \$201,000 road paving project using gas tax money. The majority of the paving projects lie in the city's District 2, including the Goldsboro area.

The work will begin later this year. Public Works said the projects will be completed by the end of fiscal year 1999/2000.

Schedule A includes unpaved streets in various areas through the city. Poplar Avenue and Lake Avenue have potential drainage and right of way conflicts that may delay

their completion, officials said.
Schedule B includes unpaves
streets around Mill Creek.
These paving projects will be
delayed until the improvements for Mill Creek have
been completed. Officials expect the Mill Creek improvements will be finished by the
end of 1999.

Schedule B includes construction of the Mulberry extension from West 19th Street to Country Club Road. Permitting for this new construction is more extensive and will

delay the improvements.

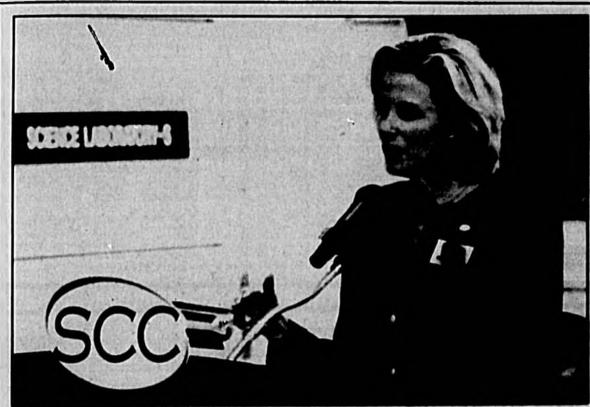
Public Works personnel will pursue a permit from St.

Johns River Water Management District for the paving of Schedule A and B.

The roads will be improved using a cold mix open graded bitumious pavement that lowers the cost of improving the roads.

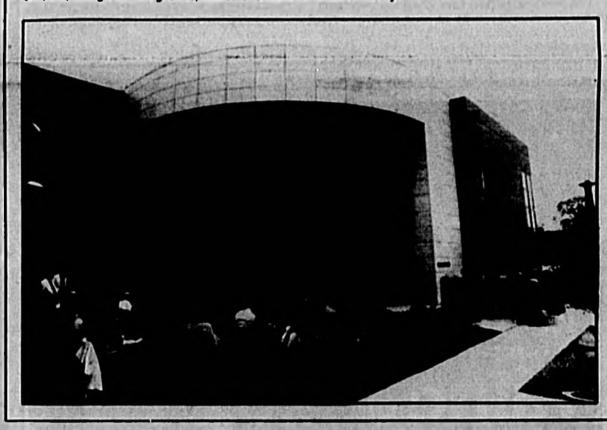
For a complete listing of the atreet pavings, see the April 1 edition of the Herald.

Science of the future



Harald Photos by Turney Vir

E. Ann McGee, president of Seminole Community College, welcomes guests at the ribbon cutting of the new Science Lab building at Seminole Community College in Senford Tuesday for the \$5 million facility. The 25,000 square-foot facility features 10 wet labs, equipped with oxygen, gasees, distilled and tap water. The facility has an air purification system that enables students to conduct chemistry and biology experiments in an industry-compatible environment. The facility is devoted exclusively to a laboratory environment with no classrooms or offices. Seminole Community College used funds from a National Science Foundation grant of \$45,984, college matching funds, and other sources to build the facility.



Too much paper in the county to recycle

By Vivian Gallimore

STAFF WRITER

SEMINOLE COUNTY - A glut of recycled paper and rising costs in the county have prompted employees at school district headquarters to discontinue participation in a white paper recycling program contracted to Orlando Waste Paper.

According to Dennis Waldrop, utilities services manager, the cost to recycle exceeded the return, at the Educational Support Center on East Lake Mary Boulevard in Sanford.

Currently employees in the building dispose of paper with their regular trash.

Although some schools recycle on an individual basis, Waldrop said there is "no way to tie into school programs" at this time.

At the county's administration building, according to Community Information Program Manager Michael Ertel, employees sort their trash and recyclable paper for the janitorial service to then carry to larger containers, as part of a tie-in to the city's contract with Florida Recycling Services.

Jo Ann Legge, solid waste coordinator, said that the city of Sanford offers a recycling dumpster to any business who requests one. She said that a company with an eight-yard, Flesse see Recycle, Page 2A

Seminole High opens new area for students

SPECIAL TO THE HERALD

SANFORD - Seminole High School is opening an area where students can enjoy lunch, talk with friends, at-

tend concerts, and participate in special events throughout the school year.

Trevor Cook, a former mentor in the Compact program, came up with the idea for the Senior Park two years ago. Compact is a mentoring and self-esteem building program designed to assist student in reaching their goals for a successful future. Cook met with Compact students and twice per month for the past two years to plan and design Senior Park. Compact instructor Dale Whitman said the idea for the Senior Park took on a life of its own.

"What started out to be a Compact project soon involved atudents from the entire student body and eventually became a desire of the senior class to leave the finished project as the gift of the class of 1999." Whitman said.

Warren Jennison, Seminole High School's drafting teacher, was instrumental in guiding Morton of the Wharton-Smith construction company volunteered on the project.

teered on the project.
Swaggerty Surveying Company also donated their services to the project.

The SHS construction classes, under instructor Ernie McPherson, worked on the project. The classes prepared the forms to allow pouring of the concrete slabs and sidewalk area, and they also leveled top-soil.

walk area, and they also leveled top-soil.

Rinker Lumber Company and Scotty's Lumber Company worked with the achool on the

An entire community has come together to do something positive.

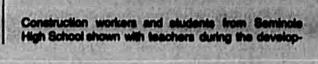
-Dale Whitmen

students through the process of measuring and detailing the project. Chrissy Borsok, a 1998 SHS graduate, helped to finalize the Senior Park blue-

Eric Palmer and Michael

Alan Nettlea, a planner with the Seminole County School Department, helped coordinate the project.

"An entire community has come together to do something positive," Whitman said.



ment of a new pavilion that will be used as a ser park for funch, conversations and concerts.

ACCU WEATHER® FORECAST FOR SEMINOLE COUNTY

Florida Weather Tallahussee Q. 56/78 nville 60/76 Shown is tomorrow's weather. Temperatures are tonight's low's and tomorrow's highs. Drlando 62/82

Almanac Sanford through Yesterday Temperature Cape Coral 55° 63/84 79* 55° Precipitation

Last year to date 18.76° All maps, forecasts Normal year to date . 9.35°

3.31"

5.24°

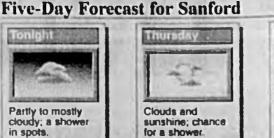
Month to date

Year to date

Normal month to date

and data provided by AccuWeather, Inc. ©1999 **National Cities** 198450 HI Lo Grand Rapids Helena Honolulu 60 Houston Indianapolis 70 52

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Regional Weather

Partly to mostly

cloudy; a shower

in spots.

Florida: Mostly cloudy in the north tonight with showers and thunderstorms; partly cloudy south. A mix of sun and clouds statewide tomorrow.

Georgia: Cloudy tonight with showers and a few heavier thunderstorms. A morning shower or two, then clouds may break for some sun tomorrow.

Mississippi: A shower in some areas this evening, then partly cloudy tonight with some log forming. Partly to mostly sunny tomorrow

Alabama: Mostly cloudy tonight with a few lingering showers and thunderstorms. Clouds breaking for some sunshine and warm tomorrow

South Carolina: Mostly cloudy tonight into tomorrow morning with periods of rain. Variable cloudiness tomorrow afternoon; there still might be a shower

Louislana: Clear to partly cloudy tonight with areas of fog forming. Turning out mostly sunny and mild tomor-

Citio yaya da a	Saturday	Sunder
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sunny and warm.	86 672	sunshine.
Sun and Moon	Tide	es

8:18 a.m.

First

Tomorrow's National Weather



First High

Second High

First High Second Low

Second High

Shown are noon positions of weather systems and precipitation. Temperature bands are highs for the day. Forecast high/low temperatures are given for selected cities. Yesterday's National High/Low: (for the 48 contiguous states) High 91° in Cookidge, AZ Low 10° in Wedom, MT

www.accuweather.com

UV Index Tomorrow 8 a.m. 10 a.m. Noon 2 p.m. 4 p.m. 1-3 Low 4-5 Minanat 6-7, Minderste 6-9, High 10-, Very High Values indicate the exposure to the sun's ultravolal rays

Regional Cities

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Boca Raton	81	69	200	84	70	pc	
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Coral Springs	80	67	pc	82	67	pc	
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BUSINESS REVIEW

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Travel Trends Lisa Surmacz, Owner

Travel agents are the people who make it all work. They are the true travel experts in a country that has made tourism a complex industry. In the world of travel, the unknowing consumer is the passenger most likely to pay too much for too little. The travel expert to call in this area is Travel Trends, located in Longwood at 2484 West State Road 434, phone 788-8677.

Regardless of how much you travel or where you go, it is a safe het that the professional travel agent knows far more about getting there faster, cheaper and more comfortably than you do. Let the experts at Travel Trends make all your travel arrangements for you! They specialize in both individual and escorted, international and domestic travel.

Give them a call and have them arrange your next trip for you. They can arrange all airline and resort accommodations as well as provide all information necessary to make your next trip as enjoyable and economical as possible. Whether it's around the corner or around the world, call Travel Trends for first-class service.

BUSINESS REVIEW

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Best Paw Forward Training In Central Florida For More Than 25 Years

2 05 a.m. 8 13 a.m.

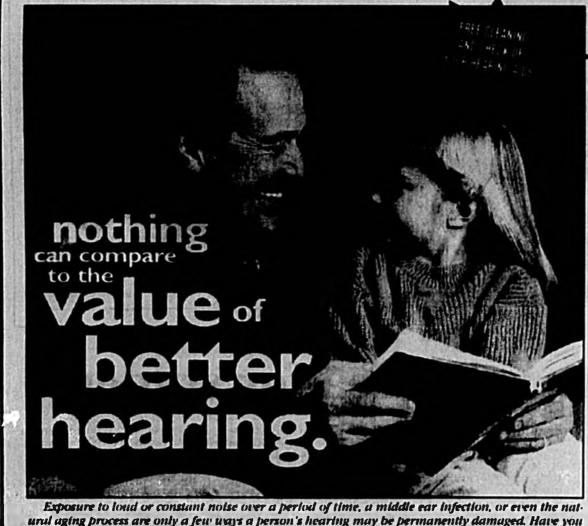
2:16 p.m. 8:36 p.m. Friday

2:44 a.m

If you have acquired a dog within the last year, you may have been wondering about how to turn that pup into the well-mannered, obedient pet you want him to be. In this area, the specialist to contact for your dog training needs is **Best Paw Forward**, located in Sanford at 2544 South Park Drive, phone **328-0550**.

These professionals are experts in all phases of obedience training, whether you simply want your pet to behave better for you or earn show, obedience or agility titles. The expert instructors at Best Paw Forward offer gentle family-oriented training in small groups or private classes. They will gladly answer any of your questions or give you a quote on the price of their various programs. They use the latest positive motivational techniques including clicker training. Puppy love classes are available for puppies under the age of 18 weeks, and other classes are available for older puppies and adult dogs.

For your special pet's obedience training, contact Best Paw Forward today. Also check out their Website at the contact best pawn. They believe in gentle, effective training based on trust and respect.



ural aging process are only a few ways a person's hearing may be permanently damaged. Have you been putting off having your hearing checked because you always thought a hearing aid was for "someone else?" Did you know you're not alone?





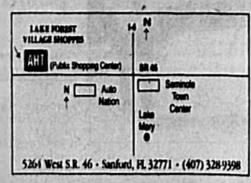
ACCURATE HEARING TECHNOLOGY, INC.

HEARING AIDS

5268 WEST S.R. 46 SANFORD, FL. 32771 PHONE: (407) 328-4540

LAKE FOREST VILLAGE SHOPPES (PUBLIX) 1 MILE WEST OF 1-4

Marion)
OPEN
SATURBAY 10:00 AM 1:00 PM.





POLICE LOG-

The following reports were compiled from the Seminole County Sheriff's Office for incidents reported through March 30.



ASSAULT / BATTERY

BANFORD, March 30, 12:42 a.m., Willow Avenue, Cecongle U. Bradwell, DOB 9/21/64, was arrested by Sanford Police Department officers, charged with Aggravated Assault on Law Enforcement Officer, Resist / Obstruct / Oppose Officer Without Violence and Failure to Sign Summons.

SANFORD, March 29, 10:04 a.m., Lake Monroe Terrace, Timothy Sylvester Wynn (a.k.a. Micahel White), DOB 2/19/80, was arrested by Sanford Police Department officers, charged with Aggravated Assault on Law Enforcement Officer, Flee / Attempt to Elude a Police Officer and Habitual Traffic Offender.

DRUGS

ALTAMONTE SPRINGS, March 29, 8:29 p.m., Merritt Street, Louis Reyes, DOB 6/11/67, was arrested by Seminole County Sheriff's officers, charged with Possession Cannabis, Posses rug Paraphernalia and Driving on Suspended New York Driver's License.

Street, John Wesley Brinson, DOB 1/2/65, was arrested by Seminole County Sheriff's officers, charged with Possession

CASSELBERRY, March 29, 10:24 p.m., Sandpiper Lane, Denton Dalton Jumpp, DOB 11/20/78, was arrested by Casselberry Police Department officers, charged with Possession Cannabis Under 20 Grams and Resisting Officer Without

County Sheriff's officers, charged with Possession Controlled Substance, Posses Under 20 Grams Cannabis Without Valid RX and Posses / Use Drug Paraphernalia.

EANFORD, March 29, 11:30 a.m., Edgar Base, DOB 4/23/71. was arrested by Seminole County Sheriff's officers, charged with Possession Controlled Substance.

DUI

ALTAMONTE SPRINGS. March 28, 3:40 a.m., State Road 414, William Christian Hughlett. DOB 10/14/75, was arrested by Altamonte Springs Police Department officers. charged with DUI.

ALTAMONTE SPRINGS, March 28, 3:26 a.m., Douglas Avenue, Carlos M. Cajigas Pantoja, DOB 11/5/55, was arrested by Altamonte Springs Police Department officers, charged

ALTAMONTE SPRINGS, March 27, 12:45 a.m., Hermit's Trail, William Vincent Smyth, DOB 8/9/53, was arrested by Altamonte Springs Police Department officers, charged with

ALTAMONTE SPRINGS, March 27, 7:56 p.m., State Road 400, Barbara Smith, Burks, DOB 7/26/53, was arrested by Altamonte Springs Police Department officers, charged with

CASSELBERRY, March 29, Time Unknown, Fernwood Boulevard, Anibal Soler-Perez, DOB 4/27/59, was arrested by Florida Highway Patrol officers, charged with Driving Under

PERN PARE, March 27, 4 p.m., South Street, Jose Guadalupe Lopez, DOB 12/12/56, was arrested by Seminole County Sheriff's officers, charged with Driving Under the Influence

LAKE MARY, March 28, 1:30 a.m., West Lake Mary Boulevard, Johnnie Lerom Birch, DOB 8/8/53, was arrested by Lake Mary Police Department officers, charged with Driving Under the Influence of Alcohol or Drugs, Driving on Sus-

cense Expires. OVIEDO, March 28, Time Unknown, State Road 434, Rebecca S. Heathrington, DOB 10/17/54, was arrested by Oviedo Police Department officers, charged with DUI and Battery --

OVIEDO, March 30, 2:28 a.m., Alafaya Woods Boulevard.

SANFORD, March 26, 11:23 p.m., Oregon Avenue, Jon Madison Shockey, DOB 6/20/66, was arrested by Sanford Police Department officers, charged with Driving Under Influence of

SANFORD, March 29, 2:59 a.m., State Road 46, Max Joseph Chilson, DOB 7/31/78, was arrested by Sanford Police Department officers, charged with Driving While Intoxicated --

Murray, DOB 5/3/59, was arrested by Seminole County Sheriff's officers, charged with Driving Under Influence of Alcohol or Drugs and Resist / Obstruct / Oppose Officer With-

out Violence. BANFORD, March 28, 1:58 a.m., 26th Street, Scott Rodney Cornett, DOB 10/10/55, was arrested by Seminole County

mar Bass, DOB 12/8/73, was arrested by Seminole County Sheriff's officers, charged with Driving Under Influence and Possession of Marijuana Under 20 Grams.

BANFORD, March 28, 5:16 p.m., State Road 46, John Edward Spencer Jr., DOB 10/15/59, was arrested by Seminole County Sheriff's officers, charged with Driving Under the in-

Michael Allan Sawyer, DOB 8/13/58, was arrested by Winter Springs Police Department officers, charged with Driving Un-

Road 436, Robert S. Havaien, DOB 10/30/55, was arrested by Altamonte Springs Police Department officers, charged CASSELBERRY, March 27, 7:59 p.m., State Road 436, Rob-

ert S. Havaien, DOB 12/26/63, was arrested by Casselberry Police Department officers, charged with Retail Theft.

CASCELLERRY, March 27, 9:54 p.m., Reflections Circle,
Charles Anthony Rehmund, DOB 3/12/79, was arrested by Seminole County Sheriff's officers, charged with Grand Theft Auto and Burglary to Structure / Conveyance -- Unarmed. LONGWOOD, March 28, 11:55 a.m., West State Road 434, Richard Martin Peterson Jr., DOB 4/1/54, was arrested by

OVIEDO, March 28, 4 p.m., Oviedo Marketplace, Dinah Vanadore, DOB 11/20/52, was arrested by Oviedo Police Department officers, charged with Theft / Shoplifting and Re-

CDs are of little interest to young

DEAR BRUCE: I am a 20-year-old who is saving for college. Would you advise investing in a CD to generate some extra income? - W.D.H., Galve-

DEAR W.D.H.: Not by the hair of your chinney, chin, chin. Certificates of deposit offer a high degree of safety, up to \$100,000 is guaranteed by the PDIC, assuming the institution is so guaranteed. The amount of interest paid should be of no concern to some-one your age. Let me short-circuit the folks in the banking industry who write that I am anti-bank, when the fact is that I hold positions in three banks and have recently accepted a board of director's nomination for a fourth. CDs are nothing more than a holding pattern, and in today's world the rates are extraordinarily low. If I were 20 years old, I would be putting that money into an aggressive stance, probably in a mutual fund that's attractive to young

investors like yourself.

DEAR BRUCE: One of my children applied and received a credit card in my name through an Internet service. Now the kid has filed for Chapter 7 bankruptcy. Will this appear in the credit bureau under my name? Will it affect my credit rating? — B.T., Sike-

DEAR B.T.: I hate to be the bearer of bad news, but unless you are pre-pared to sign an affidavit of fraud in-dicating that you had no knowledge or consent of what your youngster did, the answer is that it will affect your credit rating — it'll put it right in the dumper unless you agree to pay up. You are caught between the proverbial rock and a hard place. The card was in your name, and until such time as the credit-card company is assured that it was opened without your con-sent or advice, the information will remain on your report and you're responsible for the charges. His Chapter 7 filing is of no consequence because the card is issued in your name via fraud.



DEAR BRUCE: My brother died and left his siblings about \$40,000 each. This was not left to my husband, who will soon be placed in a nursing home due to Parkinson's disease. I know I must spend down our own assets, but will this \$40,000 inheritance be included in our assets since it was only left to me? — B.D., Topeka, Kan.
DEAR B.D.: In today's circum-

stances, the answer to your question is yes. If your husband were to stay out of a nursing facility for two years and you were to dispose of the money now, then it would not be attacked. Two years is considered a look-back period. However, you could renounce your legacy if you trust your brothers and sisters to put the money aside for your use. In other words, if you have four siblings you could renounce, and each one of them would get \$10,000 more. When the time came that you needed money, they could give it back to you. Devious? Yes, but I still maintain that a system that allows a family to be impoverished of a lifetime of sav-ings in a few months needs some improvement.

DEAR BRUCE: My mother is 91 years old and in assisted living in Greeley, Colo. She owns a small farm in central Kansas, where she lived every day of her life until her health failed. She has enough money in sav-ings to last about four years. Mom is very upset because she thinks that when her money runs out, she will

have to sell the farm to meet her expenses. Is this so, or can she keep the farm and receive government assistance? — L.S., Denver, Colo.

DEAR L.S.: If your mother does indeed reach the age of 95, you could help her get a reverse mortgage on the farm. Given the fact that it is paid for and her monetary needs are relatively modest, this should not be any trouble. All this amounts to is that she will get a monthly stipend, and when she passes away, the farm will be sold to pay that slipend, the residual coming to her heirs. Alternatively, upon her passing, the heirs could get together to pay off the reverse mortgage and do as they wish with the

DEAR BRUCE: I have a dear friend who is nearing 65. Ten years ago, she co-signed a loan for a mobile home for her son. She did not put up any of her property, only a signature. Sadly, the boy has missed a good many payments, and each time she has made them for him. She is now retiring with only Social Security and will no longer be able to make these payments. Will the loan company try to take her house? — J.G., Chattauooga, Tenn.

DEAR J.G.: The likelihood is that if the son continues to act as irresponsibly as he has, they will look to her for payment. When none is forthcoming they will probably move to have a judgment placed against her home. This will not affect her while she is alive, but her heirs will not be able to sell the home without satisfying that judgment. It is really crummy when children abuse their parents in this fashion. Has anybody had a talk with this miscreant and explained to him that the situation has changed? If not, I hope someone does. Perhaps you.

Interested in buying or selling a house? Let Bruce Williams' "House Smart" be your guide. Price: \$14.95, plus shipping and handling. Call: (800) 994-6733.

LOTTERY

Here are the winning numbers selected on Monday in the Florida Lottery: Fantasy 5

1-10-12-14-17 Lotto (March 27) 12-14-35-43-46-48



Play 4 8-7-8-7 Cash 3 3-2-9

Whether you're planning a grand

opening or need to move seasonal

merchandise in a hurry, we've got

a winning strategy that can help

line up new customers for you. A

Affordable. One that can rack up

To get the ball rolling, call

322-3011

and let one of our knowledgeable

advertising specialists help put

together the right game plan for

Seminole Herald

strategy that's timely. Targeted.

new prospects and put more profits in you pockets.

ALTAMONTE SPRINGS, March 29, 2:28 p.m., Jackson Crack Cocaine and Possess Drug Paraphernalia.

SANFORD, March 29, 4:35 p.m., Tangerine Street, Jimmie Lawrence Jr., DOB 6/28/63, was arrested by Seminole

DUI and Failure to Sign Citation.

pended Driver's License and Operate Motor Vehicle After Li-

Law Enforcement Officer.

Zana Renee Hill, DOB 4/1/63, was arrested by Oviedo Police Department officers, charged with DUI.

Alcohol or Drugs, Driving While License Suspended or Revoked and Open Container.

Damage to Person / Property and Open Container.

Sheriff's officers, charged with Driving Under Influence.

fluence of Alcohol or Drugs. WINTER SPRINGS, March 27, 10:15 p.m., State Road 434,

THEFT

ALTAMONTE SPRINGS, March 28, 1:22 p.m., West State

Longwood Police Department officers, charged with Retail

sisting Without Violence.

SANFORD, March 27, 7:03 p.m., South French Avenue, Reginaid Holt Sr., DOB 8/24/57, was arrested by Sanford Police Department officers, charged with Retail Theft.

Recycle

three times weekly garbage pickup would spend \$336 s month for the service. The company could drop the frequency of trash pickup and incorporate a twice weekly recycling pickup for \$160 a month. She said that a sixyard, once-a-week cardboard

GERALDINE JACKSON

M.B. Church.

Geraldine Jackson, 72, 13th Street, Sanford,

She was born Dec. 11, 1926 in

Osteen. Miss Jackson was a

Registered Nurse. She was a member of New Mount Calvary

Miss Jackson was affiliated with the Westside Community

Association. She was a Coun-

cil Member of Seminole Hope.

She was an Advisor to Mission-

ary Society at New Mt. Calvary, a Volunteer and life

member of American Bible So-

ciety, a Life Member and Sec-

retary of Bible Class, and a

Life Member of the American

Jackson, Gainesville; sister,

Wilson-Eichelberger Mortu-ary, Sanford, in charge of

John Matvyak, 77, Alton

Road, Deltona, died Sunday

March 28, 1999. Born in

Auburn, N.Y., he moved to

Central Florida in 1996 from

Auburn. Mr. Matvyak worked

for the N.Y. State Park Service.

He was a member of the Saint

Nicholas Russian Orthodox

Bronze Star and the Purple

Heart while serving in the U.S.

Army in WWII. He served in

Panama and in France. He was a member of VFW Post

8093, and of the American Le-

talie Matvyak, Auburn, N.Y.;

daughter, Karen Matvyak, Deltona; son, Donald Scott,

Lakeland; son, Michael David,

Teresa, N.Y.; sister, Jean Mat-

viak, Auburn, N.Y.; sister, Ve-

Mitch Mooney, 86, Wood-land Drive, Sanford, died

Tuesday March 30, 1999.

Born April 1, 1913 in Cannelton, W. Va., he has been a

resident of Central Florida for 32 years, moving from Cincinnati, Ohio. Mr. Mooney was

the owner of Ratliff Pait &

body Shop. He was a Protes-

Mr. Mooney was retired from the United States Marine

Corps. He was a member of the Benior Citizens Center, the

Altman Funeral Home, Del-

ronica Thoryk, Auburn, N.Y.

tona, in charge of services.

MITCH MOONEY

Survivors include wife, Na-

Mr. Matvyak received the

Church in Auburn, N.Y.

gion in Sanford.

Inez A. Jackson, Gainesville.

Nursing Association.

services.

JOHN MATVYAK

Waldrop said that during the nine to 10 months the facility recycled its copy paper, the district earned \$25 every When the three months.

recycling bin currently costs the school board \$60 a month.

"bottom fell out of the paper market," it cost the school district \$75 a month in pick-up

Sanford Maylair Country Club. and the Sanford/Seminole County Chamber of Com-

merce. Survivors include wife, Doris Mooney, Sanford; brother, Harold Mooney, Charleston, Sanford; brother,

Gramkow Funeral Home. Sanford, in charge of services.

NORVELL Carl "Pete" Wesley Norvell, 67, Shelbyville, Ind., died Monday March 29, 1999. Born Nov. 30, 1931 in Shelbyville, Ind., he was a former resident of Florida. Norvell was employed by Car-

dinal Industries, and retired in

1991. Survivors include brother, Mr. Norvell served in the James C. Jackson, Chicago, Ill.; sister, Helen Dingle, Syra-U.S. Army during the Korean Conflict. cuse, N.Y.; sister, Bernice L.

Survivors include wife, Mary Frances "Carey" Norvell, Sheibyville, Ind.; daughter, Dena Young. brother, Shelbyville, Kenneth Norvell. Sanford; sister, Pat Sipes, Anderson, Ind.; stater, Audrey Bass, Shelbyville, Ind.; four grandchildren.

Funeral Carmony-Ewing Homes, Shelbyville, Ind., in charge of services.

BEULAH MAE ROYSTER Beulah Mae Royster, 83, Pine Way, Sanford, died Monday March 29, 1999. Born Oct. 24, 1915 in Frankfort, Ky., ahe moved to Central Florida in 1979. Mrs. Royater was a homemaker. She was a member of First Church of

God of Orlando.

Survivors include husband, Louis S. Royster, Sanford: son, James E. Royster, Rock Creek, Ohio; son, Larry W. Royster,

Oxford, Mich.; son, Carl A. Royster, Everton, Missouri; daughter, Joan Ellen Hartlief, Geneva; sister, Martha "Marti" Miller, DeLand; 18 grandchildren, 31 great-grandchildren. one great-great grandchild. Brisson Funeral Home, San-

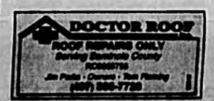
ford, in charge of services.

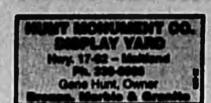
ROTSTER, BEULAH MAE Funeral services for Mrs. Royster will be Thursday (4/1/1999), at 10:00 A.M. in the Brisson Funeral Chapel with Rev. Charles Chewning officiating. Interment will be in Michigan. Friends may call at the funeral home Wednesday from 7 until 9 P.M. For friends who wish, the family suggests memorial donations to a church or charity, in lieu of flowers. HERAL MOSE, 322-2131, SAN-FORD, IS IN CHARGE OF SERV-

charges.

"Instead of earning \$25 every three months, we were paying a total of \$200 for three months of recycling pick

upe," Waldrop said.
Legge said that Sanford's voluntary recycling pickups are twice weekly, on Wednesday or Saturday, and that Florida Recycling picks up both garbage and recyclable goods for the city.







Thank You from the family of Mrs. Tennescoe Jone

We, the family of Mrs. Tennessee Jones acknowledge with deepest appreciation every act of kindness shown during her illness and following her demise on March 6, 1999. Your presence, your thoughts, prayers, visit, telephone calls, cards, florid tributes, food and all other expressions of memority hose linknessed pur hearts, and

d, Charles E. Brothers Albert, Arthur L Sinters, Ernestine, Alvera, God Daughter, Barbara, Grandchildren, Great Grandchildren, Nieces, Nephews and other Relatives & Friends

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People

CALENDAR

Blood Bank

Central Florida Blood Bank is asking donors of all types - especially O-type donors - to donate at its Sanford branch, 1302 E. Second St. For information, call 322-0822.

Conservation district The Seminole Soil & Water

Conservation District meets each third Wednesday of the month at 4 p.m. at the office, at 506 W. Lake Mary Blvd., in Sanford. Call 321-8212.

Recovery, Inc.

Recovery, Inc., is a self-help mental health organization for people who suffer from panic attacks, depression, fears and general nervous symptoms. For information, call 660-2003, or 896-5906.

TOPS

Local Chapter 232 of TOPS in Longwood (Take Off Pounds Sensibly) meets every Wednesday at 6:30 p.m., in the auditorium of South Seminole Hospital, 555 W. State Road 434, Longwood. Weighing begins at 5:30 p.m. The Apopka chapter meets every Wednesday, at 9:30 a.m.., at Lakeview Christian Church, 1400 Bear Lake Road Apopka. For information, call (407) 293-5048.

Nar-Anon

Nar-Anon meets every Wednesday at 8 p.m. at Orlando Regional South Seminole Hospital, 555 West State Road 434, Longwood. Nar-Anon is a support group open to families and friends of addicts. Join for support in coping with your addict; gain serenity to make decisions and put your live back in focus. Call (407) 322-3434, 333-9204, or 294-6504 for more information.

Rotary Club

Rotary Club of Lake Mary meets Thursday mornings.

7:30-8:30 a.m., at the Marriott Courtyard, off West Lake Mary Boulevard. Contact Mike McLean, president, at 324-5662.

Sertoma Club

The Sertoma Club of South Seminole County, dedicated to the advancement of speech and hearing children, meets every Thursday morning, from 7:30 to 8:30 a.m., at the Florida Hos pital Senior Citizens Center. 1097 Sand Pond Lake Road which connects to Lake Emma Road, one mile south of Lake Mary Boulevard. Potential members are invited to attend. For information, call Prestera. (407) 767-1234.

Weight Watchers

A local chapter of Weight Watchers meets at the Lake Mary Community Building every Thursday from 4:45 to 6:45 p.m.

Toastmasters

The Omni Toastmasters Club #6861 will meet at 5:30 p.m. every Thursday at the AAA Building, 1000 AAA Drive, Heathrow. Quests and prospective members are welcome. Call Jim Ocque, 942-5227 for information.

Recovery

Fresh Start Recovery programs offers 12-step support groups for those experiencing life-controlling problems. The groups meet every Thursday, at 7:30 p.m., at Destiny Church, 3110 Howell Branch Road, Winter Park. For information call 382-3232 or 384-8135.

Blue Grass Pickers

Sanford Blue Grass Pickers meet thery Thursday, from 6-10 p.m., at the Greater Sanford Chamber of Commerce. Pickers and grinners are welcome. For information, call John Shaffer, 829-4931.

Plan now to use leftover Easter eggs

Easter poses a special challenge if you grew up, as I did, with a mother who refused to throw away leftover food for, as she would describe it, gazing at a bit of cold fish or half a cup of mashed potatoes, "PERFECTLY GOOD food"). It's bad enough trying to save a few spears of limp asparagus or a withered spoonful of mint elly, but sooner or later you have to face the big question: What to do with the Easter eggs? We always go way overboard and dye several dozen, and who can eat several dozen hard boiled eggs? On the other hand, who can throw out what is, patently, perfectly good food?

The question has a two part answer. First, those eggs might not qualify as "perfectly good." According to a book called "Safe Food" (Living Planet Press, 1991): "You can safely eat hardcooked eggs that you have used in an Easter egg hunt as long as they haven't been out of the refrigerator for more than two hours." So if yours have been sitting out longer, you can feel perfectly justified in throwing them

But if you've managed to refrigerate your eggs, you are in serious need of some recipes. Because I guarantee that after three or four servings of egg salad you are going to be looking for

a change.
This is where Scotch eggs come in.
I first read about these delicious tidbits in Marion Cunningham's wonderful "The Breakfast Book." It's just the kind of recipe I adore: totally excessive. Scotch eggs are hard-boiled eggs wrapped in sausage meat and deepfried. They are clearly meant for people who don't care a fig about (at and cholesterol. But Scotch eggs are also absolutely delicious, and never more so than in the Scotch Egg Salad whipped up by Kitt Fraser, a student at the New England Culinary Institute, who spent part of his early years in the British Isles — a.k.a. Scotch Egg Central.

The second recipe — for Midnight upper Eggs Calcutta — is from cookok author Edon Waycott's "Breakfast All Dey." This dish is as delicious a break from egg saled as you can find. Now that we've saved all those perctly good eggs, we can throw out the mp asperagus and that nesty min

jelly. Just don't tell my mother. SCOTCH BOO BALAD ...

For the eggs:

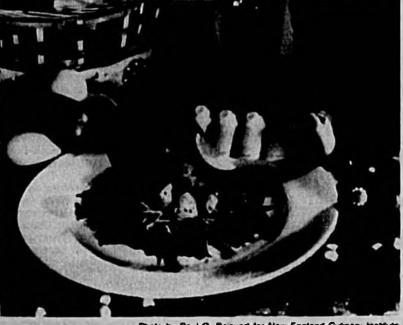


Photo by Paul O. Bosevert for New England Cultury Institute Scotch Egg Salad: eggs, wrapped in sausage, dipped in beaten eggs, deep-fried and served on a bed of spisach salad.

FOOD MARIALISA CALTA

1-1/2 cups bread crumbs selt and papper 2 eggs, lightly besten 1 pound loose seusage mest chopped fresh thyms, to leste 8 medium-size hard-boiled eggs, table oil for deep-frying

For the salad:

1 beg (16 ounces) free

For the garnish: thin strips of looks, dre

and deep-fried (optional)

Put the flour on a piece of waxed paper or in a shallow dish. In a second dish, place the bread crumbs and season them with salt and pepper. In a third shallow dish, place the beaten

Mix the sausage meat with the thyme, and divide the meat into &

Roll each hard boiled egg in flour to coat. Flatten each piece of sausage meat in the palm of your hand. Place a floured egg in the center and press meat all over egg. Dip into beaten eggs and then into crumbs, rolling to coat all over. Repeat for each egg.

Heat oil to 360 degrees in a deepfryer (or in a saute pan filled with oil I inch deep). Slip coated eggs into hot oil (don't crowd the pan) and fry until golden on all sides. This will take only a few minutes. Don't let them get dark brown. If browning too quickly, adjust heat. Remove and pat dry of oil. You can serve them warm or refrigerate them and serve them cold.

If you are going to make the fried-lesk garnish, drudge the lesks in flour and deep fry them, leaving them in the hot oil for just a few seconds. Drain them on paper towels.

To prepare the salad, divide the

spinach among 8 plates. Make the vinalgrette by combining the oil, vinegar, salt and pepper. Distribute about a half tablespoon of chopped walnuts on each plate.

Top each bed of spinach with a sliced Scotch egg and drizzle with vinaigrette. Top with the fried leeks, if using, and serve immediately. Yield: 8

- Recipe from "The Breakfast Book," by Marion Cunningham (Alfred A. Knopf, 1989), adapted by Kitt Praser, student, New England Culinary Institute, Montpelier, Vt.

MIDNIGHT SUPPER EGGS CALCUTTA

Preheat the oven to 256 degrees. In a small bowl, combine the same seeds, ground cumin, cumin seeds, coriander, alispice, salt and paper. Heat the oil in a 10-inch, nonstick skiller over medium heat. Press the aggs, cut sides down, into the seed mixture and saute only the cut sides in the hot oil. Cook until brown and crisp, about 8 minutes. Remove from the pan and keep warm in the oven.

In the same skillet, saute the enion until soft and translucent, about 5 min-utes. Stir in the broth, marmalade, currants and cayenne and bring to a ball.

Add the rice and stir until well-cented
with liquid and warmed throughout. Spoon the rice onto a serving platter and top with the eggs, cut sides up. Sprinkle with the clientro-caper mixture and serve. Yield: 4 to 6 servings.

— Recipe from "Breakfast All Day," by Edon Waycott (Hearst Books, 1986)

CISCO NEWSPAPER ENTERPRISE ASSN.

Woman learns that no news can sometimes be painful news

doctor to let me know about any abnormal test results and thought that "No news is good news." Well, I don't think that way anymore.

Last April, I had a physical, and because I heard nothing from my doctor, I assumed everything was OK. However, in July, I had a minor problem and called for an appointment. My regular doctor. appointment. My regular doctor couldn't take me so I was seen by another doctor in the same group.

The new doctor asked why I hadn't returned for my "pinch biopsy." I was startled — remember: No news is good news. My doctor had failed to notify me that my PAP smear showed level-three dysplastic cells on my cervix. It seems that for three years, my PAP smears had shown precancerous cells, but the test results had been simply filed in

is the annual exam for, if not to catch such things at an early stage?

Biopsies were done the next day and surgery was scheduled for two weeks later. Part of my cervix was removed to eliminate the precancerous calls, but the new doctor warned me that the cells may

DEAR ABBY: I am 31 years old and have been healthy all my life — or so I thought.

I have annual physical examinations and PAP smears. I trusted my doctor to let me know about any doctor to

appear again in the future. He said I would probably be able to get pregnent and carry a beby to term. Abby, I wonder what would have

Abby, I wonder what would have happened to me had I not had that minor problem that caused me to see another doctor? Would my regular doctor have caught the oversight at some point or would the reports have remained unnoticed in my file? His negligence could have cost me my life!

I now have a new doctor.

I now have a new doctor.

Abby, please warn your readers not to buy into the adage that no

ADVICE COLUMNIST



news is good news and to call their doctors for test results. Ignorance of the results could cost a life while knowledge of them could literally

DEAR LUCKY: You are in-

LUCKY IN CONNECTICUT

deed fortunate that your condi-tion was discovered before it became life-threatening. In these days of managed

medical care, doctors are seeing far more patients than they

used to — and many of them expect their patients to be more sophisticated and responsible about their health than a generation ago. And part of that means shouldering the responsibility to call the actor for test results instead of waiting to be notified. Your letter illustrates how important it is to take the initiative.

CONFIDENTIAL TO MY READERS: Raster will soon be here, and although I've cautioned you before, I must cau-tion you again: If you plan to surprise a child with a live rab-bit, haby duck or chick, please consider that living creatures need proper care. Unless you are absolutely certain that the little creature will receive the care it needs to survive, please give a stuffed bird or animal instead. Regardless of how cute haby animals are, they should not be given to children on

DEAR ABBY: I'm responding to the letter in your column from

our federal drug czar, Barry R. denied medical marijuana. McCaffrey. The general is not an M.D. or social worker, and isn't qualified to speak on the drug prob-lem. None of what he suggests will prevent drug abuse. Furthermore, he recently made himself look foolish with his inaccurate statement that Holland has a higher crime rate than the United States due to Holland's liberal drug policies. In fact, Holland has a much lower crime rate and a lower rate of drug abuse than the U.S. Obviously, Holland's moderate approach works far better than our draconian criminal

The United States should follow Holland's good example and make a distinction between marijuana and hard drugs. The alleged dangers of marijuana have been absurdly exaggerated. There is a growing mountain of hard scientific evidence that marijuans is not harmful unless used in very large doses. By lying about the dangers of marijuans, we cast doubt on the warnings about truly dangerous cocaine, LSD, heroin and designer drugs. We shouldn't ruin the lives of

young people - or anyone else -by jailing them for smoking marijuana, nor should sick people be STEVE J. WILCOTT, BAN FRANCISCO

DEAR STEVE: I agree that marijuana laws are overdue for an overhaul. I also favor the medical use of marijuana — if it's prescribed by a physician. I cannot understand why the federal government should inter-fere with the doctor-patient relationship, nor why it would ignore the will of a majority of voters who have legally ap-proved such legislation.

proved such legislation.

However, regardless of whather Gen. ReCaffrey is right or wrong about the erime rate in Helland, I'm staunchly behind his effect to initiate delegue between concerned parents and children about drug. Honest dialogue is eccential. Parents must level with their children about which are not, or they'll less their credibility and be disregarded. This is especially important at a time sepecially important at a time when drug dealers offer an array of new designer drum -some virtually undetectable and some of which can be fatal.

WEDNESDAY PRIME TIME

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Sports

Seminole Herald

Seminole Herald, Sanford, Florida - Wednesday, March 31, 1999 - SA

romp

ALTAMONTE SPRINGS -The duo of Sarah Smith and Halte Sowards did it again as the senior duo combined on a one-hitter this time in blanking Lake Brantley, 11-0, in Class 6A-District 3 and Seminole Athletic Conference softball action Tuesday night.

Smith worked the first two innings to run her record to 9-0 and Sowards came on to hurl the final four innings to get the save. Jill Wolcott, a Brevard

Community College signee, got things rolling for Lake Mary, getting a single and stealing base.

That stolen base opened

the floodgates as the next five Rams also singled to give the visitors a 5-0 lead. The game remained 5-0 until the top of the sixth inning when Lake Mary acored its final six runs to post its 14th straight

victory and increase its record to 15-1. The Rams will play their third district game in as many days this afternoon, traveling to Deland to take on the Buildogs at 4 p.m. Providing the offense for

Lake Mary were Jackie Crispell (3-for-4, RBI). Wolcott (2-for-4), Smith. Kelly Harbour and Lindsey Manz (one single and two TRBI each) and Sowards, Heigan Dontrich, Yarah Otero and Nicole White (one

EASING ANDONS Lake Mary 800 006 11 11 1 L. Brantley 000 000 0 1 3 Smith, Rowerds SJ and Welcott. Wroten and Holen. MP _ Smith (0-0), LP _ Wroten. Save _ Sowards. 28 _ none. 38 _ none. HR _ none. Records _ Lake Mary 15-1.

OVIEDO NIPS Seminole

OVIEDO - The battery of Tanya Howard and Allison Parker were the stars as Oviedo held off Seminole, 2-1, in a Seminole Athletic Conference softball game Tuesday night at Oviedo.

The host Lions (11-6) took a 1-0 lead in the bottom of the first inning. but the Fighting Seminoles tied the game in the second when Mindy Crouse scored.

Oviedo got the game-winning run in the bottom of the fourth inning and Howard threw shutout ball the rest of the way to make her record 6-0.

Howard, who was 2-for-3

Rams Paul's completes mission

Women's champion wins third straight tournament game

SANFORD - The key in sports is peaking at the right time.

After struggling to a 4-4 finish in the regular season, Paul's Truck and Auto Repair completed an amazing run through the City of Sanford Recreation and Parks Depart-ment Women's Polar Bear Slow Pitch Softball League Tournament Tuesday night at Pine-hurst Park, blitzing the Sharks, 9-2, to claim the trophy.

The Sharks had finished the regular season in second place, but they were just a bump in the road for Paul's, which had crushed fourth place Curt's Alleycats 25-1 and top-seeded Don Pablos of Sanford (7-1), 25-4, last week.

Paul's took a S-O lead in the bottom of the second inning, but the Sharks battled back to within 3-2 after three innings.

Paul's then pulled away alowly with single runs in the fourth and fifth innings, then

put a four-spot on the board in the sixth to put the game away. Paul's Truck & Auto Repair finishes the tournament with a 3-0 record (7-4 overall), and

was followed by the Sharks, 1-I in the tournament (7-3 overall). Don Pablos of Sanford, 0-1 in the tournament (7-2 overall), Curt's Alleycats, 0-1 in the tournament (3-8 overall) and Vaughan Incorporated, 0-1 in the tournament (0-9 overall).

The trophies and other awards will be given out next Wednesday night, April 7th, at

the Organizational Meeting for the Spring Softball League. The meeting is set to begin at 6:30 p.in. at the Downtown Youth Center in Sanford City Hall.

Providing the offense were: Paul's Truck & Auto Repair: three hits _ Dino Wilson (double, two runs, RBI), Ann Lanza (run, two RBI); two hits _ Teresa Finck (double, run, two RBI), Shelli Walters (double, run. RBI), Barb Martin (run. RBI); one hit _ Micki Lewis (run, RBI). Belinda Anderson (RBI), Tammy Japes (run), Kim

Myers: one run McCarnan. Also on the roster was Jeri O'Brien.

Sharks: four hits _ Shella Sanders (double, run); two hits _ Gloria Efird (double); one hit Debbie Huss (run), Tanya Geiger, Kathy Spellman, Gail Ross, Beth Hundriser, Deborah Manfredi, Jenny Blowers. Also playing was Robin Bishop and Teresa Howdyshell.

Wolves deny Seminole in baseball

SANFORD - Now it comes down to a coin flip. After pulling off a second extra-inning win in After pulling off a second extra-inning win in as many days on Saturday, the Seminole High School baseball team could not get untracked against Deltona ace Petrosky, falling to the Wolves, 3-1, in Class 5A-District 5 action at Alumni Field Tuesday night.

The Fighting Seminoles (15-4 and ranked No. 3 in the state in the Class 5A poll) had outscored Spruce Creek 2-1 in the 12th inning on Saturday to win 2-8.

day to win 7-6.
But Petrosky, a hard-throwing lefthander. hurled a three-hitter, struck out nine and enticed the Tribe to hit into inning-ending double plays twice with the tying run at the plate.

His RBI double in the fourth inning broke a 1-

I tie and he later scored the insurance run on a heads-up play while Seminole had another Deltona player in a run-down between first and sec-

With the win the Wolves (11-9) moved into a tie for first place in the district race with Seminole, which beat Deltona at their home in extra innings earlier this season, meaning the two

teams will flip for the top seed in the district and a bye in the first reund of the tournamist?

The Pighting Seminible have another big paine on the slate today, hosting No. 3 state-ranked (in Class SA) Oviedo at Historic Sanford Memorial Stadium at 7 p.m. The Seminole and Lions juntor varsity teams will play at 4 p.m.

The Wolves had taken a 1-0 lead in the top of the first inning when Carrett Veirs doubled with two out and scored on a single by Nick Chap-

The Tribe tied the game in the bottom of the

first inning on a triple by Paulo Silva and an RBI grounder by losing pitcher Chaz Lytle (3-2).

Deltona then took the lead for good in the fourth inning when Chapman doubled and acorded an out later on Petrosky's double. Petrosky's double. rosky moved over to third and came home when Matousek, who had walked, was picked off first but stayed in the run-down long enough for Petrosky to sneak home.

In addition to Silva, Lytle and Mike Robinson also had singles for Seminole.

WOLVES S. FIGHTING SEMINOLES

Petrosky and Mapies. Lytle and Davis. WP _ Petrosky Lytle (3-2) Save _ none. 28 _ Deltons. Bucich. Veirs, Chr

BATURDAY

Hornets sting Lions in overtime

ORLANDO - Central Florida fans got a chance to see what happens when two top teams meet on the lacrosse field.

No. 3 Oviedo rallied back from a 5-3 deficit to acore two goals in the final 2-1/2 minutes, including a goal by Zach Warmer on a pass from Dave Walsh with 41-seconds left to force overtime, but host Bishop Moore, ranked No. 6, withstood two excellent attempts by the Lions and got a goal from Kevin OToole to win 6-5.

"It was great game," said Oviedo coach Ed Norton: "We had a chance in overtime, we won the draw, but had a shot bang off the cross bar and not another shot that their goalie (Brian Russell) stopped.

"I want to heap praise on our defense though. Bishop Moore was averaging over 12 goals a game and scored 10 against Lake Brantley and nine against Winter Park (considered the top two teams in Central Florida).

Brut Sarrie did a great lob with Paul Sarcia did a great job with his long stick, holding their two best players to 0-for-8 on shots.

ahots.

O'Toole lead the Hornets with three goals, while B.J. Perrott added a pair of goals and three assists for Bishop Moore.

Also contributing were Michael (one goal), Mike Shubert, Heydorn and Zipperly (one assist each).

Doing the damage for Oviedo were Walsh (two goals, one assist), Warmer (two goals), Chad Duberice (one goal), Manny Morales (two assists) and Scott Ramey (one assist).

Russell made 12 saves, in-

cluding one in overtime, on 27 ahota by the Liona, while Oviedo's Mike Sheeta atopped 17 of 33 ahota by Biahop

The Hornets improved to 9-3 on the season, while Oviedo fell to 7-2. The Lions will play its biggest game of the season on Thursday, traveling to Lake Brantley for a 7:30 p.m. matchup that will probably decide the Seminole Athletic Conference champion.

HORNETS & LIGHS S

Oviside 0 1 2 2 0 5

Bishop 0 1 2 1 0 5

Goals Ovisdo 5 (Warrner 2, Walsh 2,
Duberhe 1); Bishop Moore 6 (O'Ttole 3,
Perrett 2, Malchael 1), Assists _ Ovisdo 5

ploration 2, Walsh 1, Ramey 1); Bishop Moore 6 (Perrott 3, Bishop II,
Zoperly 1). Bhots on goal _ Ovisdo 57;
Bishop Moore 53, Rawas _ Ovisdo (Sheets) 17; Bishop Moore (Russell) 12.
Hecords _ Ovisdo 7-2; Bishop Moore 9-3.

Raiders rough up Lakers in softball

SANFORD - The Seminole Community College softball team continued its resurgence blasting Lake-Sumter Community College 10-2 and 15-2 in a Mid-Florida Conference doubleheader at Raider Field Tuesday.

The Raiders scored in each of its turn at bats in the opener, and Kat Ciccarone gave up no carned runs on three hits to raise her record

in the nightcap, SCC exploded for 10 runs in the bottom of the first inning and added five runs in the second

inning before coasting to the five-inning victory.

Traci Miller was the win-

ning pitcher, also hurling a three-hitter, to get her record

The Raiders are now 27-17-1 overall and 6-8 in the conference. The Lakers fell to 20-18 overall and 4-10 in the M-FC.

SCC will be in Ocala on Thursday to take on Central Florida Community College in an M-FC doubleheader starting at 2 p.m. before taking off for the Easter weekend. The Raiders will head to Florida Community College at Piesse see BCC, Page GA

Diamond Backs, Indians pull off upsets in Babe Ruth League

SANFORD - The Dean, Ringers, Morgan & Lawton P.A. Diamond Backs pulled off a big upset and the Kiwania Club In-dians also picked up a victory in Babe Ruth League action in the City of Sanford Recreation and Parks Babe Ruth Baseball eague at Historic Sanford Meorial Stadium Tuesday even-

The Diamond Backs, which only had one win entering the leane, knocked off five-game winner, the Knights of Colum-Me Expos, 7-4.

The Indians (3-4) also pulled of a minor upset, clobbering the Elka Lodge #1241 Braves 3-4), 15-3.

in Bambino Major League acion at Roy Holler Junior Field. he top two teams in the league ame up with victories.
The Railroaders Cube got a

perfect game, including 15 trike outs, and blanked the Junniland Corporation Marlins, 7-0, and Tom Quinn scored the rinning run in the bottom of he sixth inning to give the lanferd Ledge #62 Free & Ac-repted Masons Yankees a 5-4 triumph over the Sanford Electric Athletics.

BABE RUTH LEAGUE

Standings Nobles Communication White Sox (6-0). Knights of Columbus Expos (U-S), Kiwanis Club Indians and Elka Lodge #1241 Braves (both 3-4), Rotary Club Athletics (8-5) and Dean, Ringers, Morgan and Lawton P.A. Diamond

Schedule Thursday, at Historic Senford Memorial Sta-dium, Athletics vs. White Sox, 6

Providing the offense were:

Indians: one hit _ White (home run, three runs, two RBI), Gathers (triple, run, RBI), Chambers (triple, two runs),
Haberling (run, RBI), Braley
(four runs), Bacak (RBI); eac
run _ Decurtin, Bradley, J,
Schmitz, ? Schmitz.

Braves: two hits _ Oab (RBI); one hit _ Pelosid, Quinn and Hicks (one run each), Heckle. Diamond Backs: three hits Sheffield (double, two runs); two hits Peterson (run, RBI); one hit Doney (RBI), Boydarn and Towers (one run each); one run _ Casey, Roeach.

two doubles, three rune); two hits _ Mundy (run); one hit _ Jones.

Expense one hit _ Marquise Jones (double, two runs, RBI), Adam tundy (run), Seque Hunde (ISD one run _ Reith Visit. Wome Watts, Eric Bryant, Cleo White Indians two late _ Steve Briley (trick, Ren, RBI), Marcus Visite (two RBI), Marcus Visite (two RBI), Marcus Visite (two RBI), Steven Baçak (RBI); one run _ Scott Late, Lann Bernstein.

White Som two hits _ Pearson (run, two RBI); one hit _ Coursey (double, run, RBI), Frost (run, RBI), Hanningen and _ RBI, Hanningen and _ RBI, Hanningen RBI _ REITS, HANNINGEN RE

District Residence hit Residence Res one run, one RBI _ Towers; one RBI _ Sheffield; one run _ Ca-

runs _ Kenny Erickson; one run _ Jason Poloski, Ryan Quinn, Jermsine Mitchell, Eric Hedvall. Athletics: two hits _ Curt Scott (run, two RBI); one hit _ Adonish Cain (run, two RBI), Tommy Bowers (RBI), Jeff Bowers and Chris Witte (one run each); one run _ Dontae John-

BAMBINO MAJORS

Standings _ American Division: Sanford Lodge #62 F. & A.
M. Yankees (6-1-1), Rinker
Materials Devil Rays (4-3) and
Sanford Electric Athletics (3-5);
National Division: Railroaders
Cubes #5 2.11; Parent Breakfast Cube (5-2-1); Rotary Breakfast Club Expos (2-5); Sunniland Corporation Marins (2-6). Schedule Thursday, at Roy Holler Junior Field, Expos vs.

Dovil Rays, 5:45 p.m.
Providing the offense were:
TUESDAY

Cubs: two hits Bacarie Mitchell (two doubles, two runs, RBO, Terrance Quinn (double, two RBQ; one hit Freddie Howard (double, two runs, RBI), Donell Hicks (double, run, RBI); one run _ Larry Thomas.

Cavario Carey.
Yankees: two hits _ Tom
Quinn (triple, two runs, RBI).

Luke Kimmig (two runs); one hit John Whitley (triple, run), Glenn Lee; one RBI _ Josiah Kimmig.

Athletics: two hits _ Randy Dykes (two home runs, two runs, four RBI), Jonathon Mangum (run); one run _ Brandon Hampton.

BATURDAY

Devil Rays: one hit _ Khalil Farahkhan (double, two runs, RBI), Brandon Weigert (double, two RBI), James Richardson (two runs, RBI), Daniel Zearick (RBI); two runs _ Takius Luster; one run _ Josh Annett, Nick Martin, Rodney Grant, Shelton

Athletics: one hit _ Dekywan Debose (home run, run, two RBI). Ryan Thorne and Randy Dykes (one double and one run each); one run _ Jonathan Man-gum, Brandon Hampton.

Cube: two hits _ Donell Hicks (two doubles, three RBI); one hit _ Reddie Howard (two runs); one run _ Larry Thomas.

Yankees: one hit _ Josiah Kimmig (two RBI): two runs _ John Whitley: one run _ Luke Kimmig.

Marlins: three hits _ Sean Macher (two runs, RBI); one hit Richard Nelson (triple, two

runs, three RBI), Jacob Bacak (run); two runs, one RBI _ Kevin Krauf; one run, one RBI ... Brantley Brumley; one run _ Kevin Lowe, Jon Adkina, Tyler Markovitz, Brittany Martin.

Expos: two hits _ Lyndon Merthie (double, run, RBI); one hit _ Aaron Benson (double, run, RBI), Marcus Kendrick and Jason Tate (two runs and one RBI each), Kashi Vallot (RBI); one run _ George Easley, Tracey Jones.

THURSDAY (MARCH 26)

Cubs: two hits _ Freddle Howard (home run, triple, three runs, three RBIJ, Larry Thomas (triple, double, three runs, two RBi); one hit Sergio Detreville (double, run), Donnell Hicks; one run _ Timothy Acree, Barcarie Mitchell, James Jackson.

Athletics: two hits _ Randy Dykes (run, two RBI); one hit _ Jonathan Magnum and Brandon Hampton (one run each); one RBI _ Ryan Thorne; one run _ Jon McGowan, Pat Bowers, Jamie Lamb.

Schedule _ Wednesday at Roy Holler Junior Field, Devil Raya vs. Red Sox, 5:45 p.m.

NOTICE TO THE PUBLIC

Notice is hereby given that a Public Hearing will be held by the Planning & Zoning Commission in the City Commission Chambers, City Hall, Santord, Florida at 7:00 p.m. on Thursday, April 18, 1998, to consider the following change and amendment to the Zoning Ordinance of the City of Sanford, Saminole County, Florida

Rezoning from: AG, Agricultural
To that of: GC-2, General Commercial

LEGAL DESCRIPTION

PARCEL "A"

Degin on the Southerly line of Lot 29, LAKE MINNIE ESTATES. according to the plat thereof as recorded in Plat Book 6, Page 92 of Public Records of Seminole County, Florida, At a point 216 97 of Public Records of Seminole County, Florida, At a point 216 feet Westerly from southeasterly corner of said Lot 29, thence run Westerly along Northerly line of Lake Mary Boulevard 200 feet to Southwesterly corner of said Lot 29, then Northeast on Westerly line of said Lot 29, a distance of 193.3 feet to the Northwesterly corner of said Lot 29, thence Northeast parallel with right-of-way of S.R. 3 a distance of 290 feet; thence Southeast parallel with Southerly line of Sanford Grant Line a distance of 290 feet; thence Southeast parallel with Southerly line of Sanford Grant Line a distance of 290 feet; thence Southeast parallel with Southerly line of Sanford Grant Line and Island Southeast parallel with Southerly line of Sanford Grant Line and Island Sanford Grant Line Sanford Grant Line and Island Sanford Grant Line and Island Sanford Grant Line and Island Sanford Grant Line Sanfo distance of 200 feet, thence Southwest to beginning, said land teing in Section 11, Township 20 South, Range 30 East, less right-of-way of 8, 8-419. AND ALSO PARCEL®

Begin on the South line of the Sanford Grant Line, 1,335,20 feet Northwesterly from the East corner of Government Lot 2 Section 11, Township 20 South, Range 30 East, Seminole County, Florida, run N25°30'00°E, 290.00 feet, thence 8 64°30'00" E. 100.00 feet thence \$25°30'00"W 290.00 feet thence Northwest on said Government Lot 2, a distance of 100.00 feet to the Point of Beginning. AND LESS AND EXCEPT

That part of The Westerly 100 feet of the Easterly 216 feet of Lot 29, LAKE MINNIE ESTATES in Section 11 and 14, Township 20 South, Range 30 East, according to plat recorded in Plat Book 6, Page 82, Public Records of Seminole County, Florida, book 8. Page 92, Public Necords of Seminole County, Florida, lying North of and within 50 feet of the survey line of State Road 5-419, Section 7753, said survey line being described As fol-lows: beginning on the West line of the SE 1/4 of Section 10, Township 20, Range 30 East to a point 18 feet North From the Southwest corner of Southeast quarter of said Section 10, run thence South 89°39'15" East 1834.0 feet to the Beginning of a curve concave to the Southwest having a radius of 1146.28 feet, run thence Southeasterly along said curve Through a central angle of 15°37' a distance of 312.33 feet to the end of said curve, run thence south 74°02'15° east 86.43 feet to the beginning of a curve concave to the Northerly having a radius of 1146.28 feet, run Thence southeasterly. East and Northeasterly along said curve through a central angle of 20°27'16" a distance of 408.09 feet to the East line of Section 15, Township 20 South, Range 30 East to a point 86.62 feet South from the Northeast corner of said Section 15, continue thence along said curve from a tangent bearing of North 85°30'28" east through a central angle of 19°48'43" a distance of 396.24 feet to the end of said curve, run thence North 65°41'45° East 633 06 feet to the beginning of a curve concave to the Southerly having a radius of 1910-08 feet; run thence Northeasterly, East and Southeasterly along said curve through a central angle of \$0°01" a distance of 1667,22 feet to the end of said curve, run thence South 64"17"15" east 637.81 feet to a point 30 feet Northeasterly from the Northeast corner and on the Northeasterly extension of the Easterly line of Lot A LAKE MINNIE ESTATES, according to the Plat recorded in Plat Book 6, Page 82, Public Records of Seminole County, Florida Containing 0.05 acres, more or less, exclusive of area in exist-

ing right of way of Lake Mary Boulevard LESS THE FOLLOWING PARCEL 185

A percel of land lying in section 11, Township 20 South, Range 30 East, being a portion of Lot 28, LAKE MINNIE ESTATES, according to the Plat thereof as recorded in Plat Book 6, Page 92 of the Public Records of Seminale County, Florida, being more particularly described as follows:

From the Point of Beginning being the Sauthwesterly corner of said Lot 29 and said point lying on the Northerly right of way Line of Lake Mary Boulevard, thence north 10 degrees, 55 minutes, 00 seconds East along the Westerly line of said Lot 29 a Distance of 43,13 feet to a Point on a curve, thence 193,61 feet along the arc of a curve to the right having a radius of 1,833.95. Feet, a central angle of 05 degrees, 02 minutes, 48 seconds, a chord length of 193.45 feet and a chord bearing South 75 degrees, 59 minutes, 25 seconds East; thence South 11 degrees, 00 minutes, 23 seconds West, a distance of 43.42 feet to said Northerly right of way line and a point on a curve, thence 183.55 leet along the arc of a curve to the left having a radius of 1,950.36 feet, a central angle of 05 degrees, 39 minutes, 25 seconds, a chord length of 193.47 feet, and a chord bearing North 75 degrees, 54 minutes, 19 seconds West to the Point of Beginning AND ALSO PARCEL 186

(No description Furnished)
[See Seminole County Right of way Map of Lake Mary The property being more generally described as 306 & 312 W. Lake Mary Blvd.

The Planning & Zoning Commission will submit a recommen tion to the City Commission in favor of, or against, the requested change or amendment. The City Commission will hold a Public Hearing in the Commission Room in City Half, Sanford, florida at 7.00 p.m. on May 10, 1999, to consider said recom-

terest and citizens shall have an opportunity to be heard at said hearings.
James R. Valerino, Chairman

James R. Valerino, Chairman
Planning & Zoning Commission
ADVICE TO THE PUBLIC: If a person decides to appeal a decision made with respect to any matter considered at the above meeting or hearing, he/she may need a verbatim record of the proceedings including the testimony and evidence, which record is not provided by the City of Santord. (FS 285.0108)
PERSONS WITH DISABILITIES NEEDING ASSISTANCE TO PARTICIPATE IN ANY OF THESE PROCESTINGS WITH DISABILITIES NEEDING ASSISTANCE TO PARTICIPATE IN ANY OF THESE PROCESTINGS.

TICIPATE IN ANY OF THESE PROCEEDINGS SHOULD CONTACT THE PERSONNEL OFFICE ADA COORDINATOR AT 330-5626 48 HOURS IN ADVANCE OF THE MEETING. PUBLISH March 31, & April 9, 1996

NOTICE OF INTENT

The St. Johns River Water Management District hereby gives NOTICE OF ITS INTENT TO DENY a water well contractor's license pursuant to the requirements of Chapter 373, Florida Statutes (F.E.), Part III, and chapters 62-531 and 40C-3, Florida rative Code (FAC), to the following applicant(s) on

WICKHAM BACOT ELLERBE III

WICKHAM BACOT ELLERBE III
105 COASTLINE ROAD
28ANFORD, FL 22771
The files(s) containing each of the above listed application(s) are svaliable for inspection Monday through Friday except for legal holidays, 8:00 a.m. to 8:00 p.m. at the 8t. Johns River Water Management District Headquarters or the appropriate Service Center. The District will take action on each permit application instead above values a netting for an administrative proceeding. hated above unless a petition for an administrative proceeding thearing) is filed pursuant to the provisions of Sections 120.668 and 120.57, F.B. and Chapter 28-108 and 40C-1.1007, F.A.C. A person whose substantial interests are affected by any of the District's proposed permitting decisions identified above may petition for administrative hearing in accordance with Sections 120.568 and 120.67. F.B. or all positions may march a written some. petition for administrative hearing in accordance with Sections 120,868 and 120,87,F.S., or all parties may reach a written agreement on mediation as an alternative remedy under Section 120,873, F.S. Choosing mediation will not adversely affect the right to a hearing if mediation does not result in a settlement. The procedures for pursuing mediation are set forth in Section 120,873, F.S., and Rules 28-106,111 and 28-106,401 and 28-106,405, F.A.C. Petitions for administrative hearing must comply with the requirements of Chapter 28-106, F.A.C., and be filed with (received by) the District Clerk, located at District Headquarters, 4049 Reid Street, Palatta, Florida 32178, Petitions for administrative hearing on the above application(s) must be filed within trative hearing on the above application(s) must be filed within twenty-one (21) days of publication of this notice or within twenty-six (26) days of the District flow into the mail for those persons to whom the District mails actual notice. Failure to file a petition within this time period shall connotice. Failure to file a petition within this time period shall constitute a waiver of any right such person may have to request an administrative determination (hearing) under Sections 120.568 and 120.57, F.S., concerning the subject permit application. Petitions which are not filed in accordance with the above provisions are subject to dismissal. Because the administrative hearing process is designed to formulate final agency action, the filing of a petition means that the District's final action may be different from the position taken by it in this notice of intent. Rosie Parker, Data Control Technician

Division of Permit Data Services
St. Johns River Water Management District
Publish: March 31,1899

CELEBRITY CIPHER

by Luis Campos

Columny Ceptur cryptograms are created from quotations by famous people, past and present. Each latter in the ceptur stands for smaller froday's class if equals if

VWZJFJENB HUHTWCJCF CEX HUHTWC XE ZESW

VENBWI DJP

SHJC.' - KWBBHPGC UWBX

PREVIOUS SOLUTION: "The final purpose of art is to intensity, even, if necessary, to exacerbate, the moral consciousness of people." — Norman Mailer

Legal Notices

NOTICE OF CHANGE OF LAND USE

The City of Sanford proposed to change the use of the land area shown in the map of this advertisement



A Public Hearing on the proposal will be held on Thursday, April 15, 1999 at 7:00 P.M. or as soon thereafter as possible, by the Planning and Zoning Commission of Sanford, Florida in the City Commission Room, City Hall, Sanford, Florida. The Planning and Zoning commission, acting as the City of Sanford's designated Local Planning Agency, will consider the amendment to the Comprehensive Plan.

Interested parties may appear at the meeting and be heard reparting the transmittal of the proposed plan amendment to

regarding the transmittal of the proposed plan amendment to the City Commission.

Copies of the proposed amendment to the Comprehensive Plan

are available in the Department of Engineering and Planning at City Hall, Sanford Florida and may be inspected by the Public.

Gity Mall, Sanford Florida and may be inspected by the Putilic Further inquiries may be directed to Jay R. Marder, AICP, Director of Engineering and Planning at 330-5670.

ADVICE TO THE PUBLIC: If a person decides to appeal a decision made with respect to any matter considered at the above meeting or hearings, he/she may need a verbatim record of the proceedings including the testimony and evidence, which record is not provided by the City of Sanford. (FE 286.0105)

PERSONS WITH DISABILITIES NEEDING ASSISTANCE TO PARTICIPATE IN ANY OF THESE PROCEEDINGS SHOULD CONTACT THE PERSONNEL OFFICE ADA COORDINATOR AT 330-5626 48 HOURS IN ADVANCE OF THE MEETING.

HOURS IN ADVANCE OF THE MEETING. PUBLISH: March 30, & April 9, 1999

NOTICE TO THE PUBLIC

Notice is hereby given that a Public Hearing will be held by the Planning & Zoning Commission in the City Commission Chambers, City Hall, Sanford, florida at 7:00 p.m. on Thursday, April 15, 1989, to consider the following change and amendment to the Zoning Ordinance of the City of Banford, Seminole County, Florida.

County, Florida.

Rezoning from M-1, Industrial (Seminole County)

To that of a GC-2, General Commercial

LEGAL DESCRIPTION

THAT PORTION OF LOT 30, LAKE MINNIE ESTATES, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 6. PAGE 82, OF THE PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA, BEING MORE PARTICULARLY DESCRIBED AS FOL-

COMMENCE AT THE INTERSECTION OF THE WESTERLY RIGHT OF WAY OF U.S. HIGHWAY 17-B2 (STATE ROAD 18 & 609)
AND THE SOUTHERLY LINE OF THE SANFORD LAND GRANT
LYING IN SEMBON 31, TOWNSHIP 20 SQUTH, RANGE 30 EAST,
ESMISOLE SELINITY, FLORIDA, THENGE RUM HORTH 68-69-69WEST ALONG THE SOUTHERLY LINE OF THE SANFORD GRANT.
A DISTANCE OF 374 09 FEET TO THE NORTHEAST CORNER OF LOT 30, OF THE AFOREMENTIONED LAKE MINNIE ESTATES AND THE POINT OF DEGINNING, THENCE CONTINUE NORTH 68"00 00" WEST, ALONG SAID GRANT LINE AND THE NORTHERLY LINE OF LOT 30, A DISTANCE OF 346 00 FEET TO SAID GRANT LINE RUN SOUTH 19°30'00" WEST ALONG THE WEST LINE OF LOT 30, A DISTANCE OF 63,73 FEET TO THE NORTHERLY RIGHT OF WAY LINE OF LAKE MARY BOULEVARD PER SEMINOLE COUNTY ENGINEERING DEPARTMENT RIGHT OF WAY MAPS SHEET 10 OF 13, SAID POINT LYING ON A CURVE CONCAVE SOUTHWESTERLY HAVING THE FOLLOWING ELEMENTS: A RADIUS OF 1832.95 FEET, A CENTRAL ANGLE OF 01'20"04", A CHORD LENGTH OF 42.27 FEET AND A CHORD BEARING OF SOUTH 66"39"03" EAST, THENCE FROM A TANGENT BEARING OF SOUTH 66"39"03" EAST, RUN SOUTHEAST-ERLY ALONG THE ARC OF SAID CURVE A DISTANCE OF 42.72
FEET TO THE POINT OF TANGENCY; THENCE RUN SOUTH
65°18'59" EAST, ALONG SAID RIGHT OF WAY LINE A DISTANCE OF 297.40 FEET TO THE EAST LINE OF THE AFOREMENTIONED LOT 30: THENCE DEPARTING SAID NORTHERLY RIGHT OF WAY OF LAKE MARY BOULEYARD RUN NORTH 24*48'04" EAST, A DISTANCE OF \$1.07 FEET TO THE POINT OF BEGINNING. CONTAINING 21,282 14 SQUARE FEET/ 0.49 ACRES MORE OR

The property being more generally described as 300 W. Lake

tion to the City Commission in favor of, or against, the request-ed change or amendment. The City Commission will hold a Public Hearing in the Commission Room in City Hall, Banford. florida at 7.00 p.m. on May 10, 1988, to consider said recom

All parties in interest and citizens shall have an opportunity to be heard at said hearings James R. Valerino, Chairman Planning & Zoning Commission

Planning & Zoning Commission
ADVICE TO THE PUBLIC: If a person decides to appeal a decision made with respect to any matter considered at the above meeting or hearing, he/she may need a verbatim record of the proceedings including the testimony and evidence, which record is not provided by the City of Sanford: (FE 286.016E)
PERSONS WITH DIBABILITIES NEEDING ABSISTANCE TO PARTICIPATE IN ANY OF THESE PROCEEDINGS SHOULD CONTACT THE PERSONNEL OFFICE ADA COORDINATOR AT 330-8626 48 HOURS IN ADVANCE OF THE MEETING.
PUBLISH: March 31, & April 9, 1898
DEA-248

ST JOMES RIVER WATER MANAGEMENT DISTRICT GIVES WRITTEN NOTICE OF INTENDED DISTRICT DECISION The District gives written notice of its intent to leave a permit to

the following applicant on April 13, 1999:
LIVE OAK RESERVE, LTD., ATTN: THOMAS J. CORKERY, 209
PHIPPS PLAZA, PALM BEACH, FL 33480, application 84-1170501A-ERP. The project is located in Seminole County, Sections
19, 20, 29 & 30, Township 21 South, Range 32 East. The ERP
application is for CONSTRUCTION OF A SURFACE WATER MAN-AGEMENT SYSTEM TO SERVE PHASE I OF A MULTI-PHASED GATED COMMUNITY TO INCLUDE 264 SINGLE-FAMILY LOTS AND PARK KNOWN AS THE LIVE OAK RESERVE. The receiving water-

body is the ECONLOCKHATCHEE RIVER The files(s) containing each of the above-listed applications(s) are available for inspection Monday through Friday except for legal holidays. 8:00 a.m. to 5:00 p.m. at the 5t. Johns River Water Management District Headquarters or the appropriate Service center. The District will take action on each permit application listed above unless a petition for an administrative proceeding (hearing) is filed pursuant to the provisions of Sections 120.568 and 120.57. Florida Statutes Chapter 25-106 and 40C-1.1007, Florida Administrative Code (F.A.C.). A person whose substantial interests are affected by any of the Districts proposed permitting decisions identified above may petition for administrative hearing in accordance with Sections 120.568 and 120.57 or all parties may reach a written agreement on mediation as an alternative remady The files(s) containing each of the above-listed applications(s) in accordance with Sections 120.849 and 120.87 of all parties may reach a written agreement on mediation as an alternative remedy under Section 120.873. Choosing mediation will not adversely affect the right to a hearing if mediation does not result in a settlement. The procedures for pursuing mediation are set forth in Section 120.873, F.S., and Rules 28-106.111 and 28-108.401-406 F.A.C. Petitions must comply with the requirements of Florida Administrative Code, Chapter 28-106 and be filed with (received by) the District Clerk, located at District Headquarters, 4048 Reid Steel Patiets Storids 32177 Petitions for administrative hearing Street, Palatta, Florida 32177. Petitions for administrative hearing on the above application(s) must be filed within twenty-one (21) days of publication of this notice or within twenty-siz (26) days of the District depositing notice of this intent in the mail for those persons to whom the District mails actual notice. Failure to file a petition within this time period shall constitute a waiver of any right such person may have to request an administrative determi-nation (hearing) under Sections 120.668 and 120.67, F.S., concerning the subject permit application. Petitions which are not filed in accordance with the above provisions are subject to dismissal. Decause the administrative hearing process is design to formulate final agency action, the filing of a petition means th the Districts final action may be different from the position taken by it in this notice of intent. Persons whose substantial interests will be affected by any such final decision of the District on the application have the right to become a party to the proceeding, in accordance with the requirements set forth above.

Gloria Lewis, Director, Division of Permit Data Services St. Johns River Water Management District Publish: March 31, 1999

DEA-246

SCC

Continued from Page 5A Jacksonville

next Tuesday for another 2 p.m. conference doubleheader. Kerri Rogers had the big game for SCC in the first game, going 2-for-6, including a grand slam, scored a run and drove in

Also contributing were Candice Hays (2-for-2, three runs, RBI), Kelli Vetter (2-for-3, double, RBI), Lake Mary's Jeannie Manz (home run, run, two RBI), Lake Howell's Jen Gillespie (single, two runs), Adrianne Redditt (single, run) and Tiffany Martin (two runs).

It was Manz' turn to star in the nightcap, driving in five of the six runs she plated during the 10-run first inning.

Manz finished the game 3-for-4, including a grand slam and two doubles, scored twice and drove in six.

Also litting for the Raiders were Hays (3-for-3, double, two runs), Redditt (2-for-3, two runs, two RBI), Vetter (double, run), Martin (single, three runs), Rogers (single, two runs, RBI), Lyman's Miranda Schultz and Gillespie (one single, one

run and one RBI each) and Misty Barber (single, run). Former Lake Mary star Brie VanSweringen was 1-for-2 for Lake-Sumter in the second

Softball-

Continued from Page 5A

a double at the plate, got help from her catcher, Parker, who hit a solo home run. Also contributing for the Lions were Sarah Reeber (double) and Nugent (1-for-1).

Freshman Megan Cantt was 2-for-3 for Seminole, while Lakeita Bryant had a double and Carnes scored the run.

The Fighting Seminoles fell to 9-7 on the season, but will look to get back on the winning track on Thursday, hosting Winter Springs in an SAC battle at 7 p.m. The Tribe and Bears will also meet in a junior varsity game at 5 p.m. Seminole will play important Class 5A-District 5 game on Saturday, hosting Deltona starting at 2 p.m. The;

Fighting Seminoles dropped a 1-0 decision to the Wolves at Deltona two weeks ago. LIONS 3, FIGHTING SEMINOLES 1 Oriodo 100 000 0 1 4 0 100 100 x 2 8 6 3 Carnes and Centt, Moore (St. Howard Beminele Oviede and Furter, WP | Howard (6-0), LP Carnes (4-3), Save _ note, 2H Seminole, Hryant; Ovtedo, Resb Howard 3B none HR Oviedo, Perber Records Seminole 9-7; Oviedo 11-6.

Legal Notices Legal Notices

MOTICE OF ACTION OF CONSTRUCTIVE SERVICE

M THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL GIRGUIT

M AND FOR SEMMOLE COUNTY,

QLORIA HELEN RAMOS

LEOPOLDO ABUDO RAMOS,

pou are required to serve a sapy of your written delenses. If any, to it on ETEFAMIE B. BL-FEN, ESQUIRE, atterney for Politieney, GLORIA MELEN RAMOS, whose address is 2101 West Commercial Bird., Suite

5400, Fort Lauderdale, Florida 33300, and file the original with the clerk of the above styled court on or before APRIL 25,

1999, otherwise a default will be entered against you for the relief demanded prayed for in the complaint or patition.

Seminole County, Florida By Mancy R. Winter

As Deputy Close France March 11. A April 2, 14 DEA-847

M THE CIRCUIT SOURT OF THE 1STH JUDICIAL CHECUIT, IN AND FOR

PLORIDA GENERAL IGTION D

NO MONTOAGE CORP

REGINALD L. CARMICHAEL, IF LIVING, AND IF DEAD, THE UNKNOWN SPOUSE MEIRS, DEVISEES, QRANTEES, ASSIGNEES

LIENORS, CREDITORS,

PARTIES CLAIMING AN

INTEREST BY, THROUGH, UNDER OR AGAINST

IF LIVING, AND IF DEAD,

ARRIGHEER, LIENORS.

REGINALD L. CAMMICHAEL; BONNIE CAMMICHAEL,

THE UNKNOWN SPOUSE, HEIRS, DEVISEES, GRANTEES,

CREDITORS, TRUSTEES, AND ALL OTHER PARTIES CLAIMING AN INTEREST BY, THROUGH, UNDER OR AGAINST BONNIE L.

CARMICHAEL, SUNTRUST BANK, CENTRAL FLORIDA

IN POSSESSION

N.A.; JOHN DOE AND JAME DOE AS UNKNOWN TENANTS

IN POSSESSION
DEFENDANTISS
NOTICE IS MEREBY GIVEN
pursuent to a Summary Final
Indemnt of foresteams dated
March 18, 1909, entered in Civil
Case No. 96 2343 GA 14 B of
the Circuit Court of the 18TH
Judicial Circuit in and for 88MHOLE County, SANFORD,
Fiorida, I will sell to the highest
and best bidder for cash THE
WEST DOOR of the Courtheuse
of the SEMINOLE County

of the SEMINOLE County Courthouse located at 801 N. MARK AVENUE IN SANFORD,

Florida, at 11:00 a.m. on the 20th day of APRIL, 1000 the fel-

lowing described property as set forth in said Summary Final

LOTE 31, AND 82, AMENDED PLAT OF MAGNOLIA HEIGHTS, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 5, PAGE 78, PUBLIC RECORDS OF SEMINOLE

Deted this 18th day of MARCH

COUNTY, FLORIDA.

CIRCUIT COURT SEAL)

Deputy Clork
THE LAW OFFICES OF
DAVID J. STERN, P.A.

801 S. University Drive

Plantation, FL 33324

Suite 500

MARYANNE MORSE Clerk of the Circuit Court By: Jane E. Jasewie

ATTORNEY FOR PLAINTIFF

OF AMERICA FAUA

SEARS MORTGAGE

CORPORATION.

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT OF FLORIDA, IN AND FOR COM NO. 1 SE-1441 CA

DIANA CHILDS: MARK A TURBA and MICHELLE M. TURBA and UNKNOWN TENANTS/OWNERS,

CORPORATION.

NOTICE OF SALE Notice is hereby given, pursuant to Final Judgment of Foreclosure for Plaintiff entered Forecours for Plaintiff entered in this cause, in the Circuit Court of Semanole County, Floride, I will sell the property situated in Seminole County, Floride described as: LOT 26. ALOMA BEND, TRACT IV, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT ROOM 42. BACES 46. PLAT BOOK 42, PAGES 48 THROUGH SS, INCLUSIVE, PUBLIC RECORDS OF SEMI-

NOLE COUNTY, FLORIDA and commonly known as: 668 Aloma Bend Lane, Oviedo, Florida 32765, at public sale, to the highest and best bidder, for cash, at the west front deer of the Seminole County Courthouse, in Sanford, Florida, Florida at 11.00 a.m. on April

20, 1908. Daled this 18th day of March, MARYANNE MORSE, CLERK Clerk of Circuit Court By Jane E. Japowie

Deputy Clerk
ROBERT M. COPLEN Kase Hodges, P.A. P.O. Bea 800 Tompe, FL 33001-0000 Publish: March 24, 31, 1999

M THE CIRCUIT COURT OF THE EMPITEENTH JUDICIAL C M AND FOR SEMINOLE COUNTY, PLORIDA CIVIL ACTION CASE NO. DC-2177CA DIVIDION 148 NORWEST MORTGAGE, INC.

PATRICIA S YOUNG,

Defendant(s). FOREGLOSURE SALE HOTICE IS HEREBY CIVEN pursuant to a Final Judgment of loreclosure dated March 18, 1909, and entered in Case MO. 98-2177CA of the Circuit Court of the EIGHTEENTH Judicial of the EIGHTEENTH Judicial Circuit in and for BEMINOLE County, Florida wherein NOR-WEST MORTGAGE, INC. in the Plaintiff and PATRICIA S YOUNG; FIRST TRUST OF CALIFORNIA, N.A., AS TRUSTEE FOR FIRSTPLUS ASSETTEDACKED CERTIFICATES, SERIES 1996-2; COURTESY ACCEPTANCE CORPORATION, IMMERICA ACCEPTANCE CONTROL AND ACCEPTANCE CONTROL AMERICA, are the Defendents, I will sell to the highest and best bidder for cash at the West front door of

cash at the West front doer of the Seminole County Courthouse, Sanford, Florida at 11:00 a.m., on the 20th day of APRIL, 1900, the following described property as set forth in said Final Judgment:
THE NORTHWEST PORTION OF LOT 3, CIMARRON GROVES, ACCORDING TO THE PLAT THEREOF, RECORDED IN PLAT THEREOF, RECORDED IN PLAT THEREOF, RECORDED OF SEMINOLE COUNTY, FLORIDA, MORE PARTICULARLY DESCRIBED AS FOLLOWS: DESCRIBED AS FOLLOWS

BEGINNING AT THE NORTH-8 41 DEGREES 46' 04' W, 200.81 FEET; THENCE 8 80 DEGREES 87' 48' W, 0.86 FEET, THENCE N 00 DEGREES 30' 19' W, 106.84 FEET TO THE POINT OF SEGINNING OF THIS DESCRIPTION

DESCRIPTION.

a/b/e 1220 GIMA COURT
APOPKA, FL 32703
WITHESS MY HAMD and the seal of this Court on Merch 18, HONORABLE SEYMOUR

BENSON
Clerk of the Circuit Court
By: Jane E. Jasewic
Deputy Clerk
Echevarria, McCalla, Raymer,
Barrett & Frappler
Post Office Box 2410
Tampe, FL 33801
If you are a person with a disability who needs accommodation in order to participate in
this proceeding, you are entitied at no cost to you, for the
proviselon of certain assietynce. Please contact Court

days of your receipt of this doc-ument; If hearing impaired, (TDD) 1-800-955-8771. Publish: March 24, 31, 1998

Plantation, FL 33324
(954) 233-8000
96-31168(PNCK)
In accordance with the
American with Disabilities Act,
persons with disabilities needing a special accommodation to
participate in this proceeding
should contact the Clerk of the
Circuit Court at the Berminals
County Courthouse at 467-8234330, not later than seven days ance. Please contact Court Idministration at 301 N. Park Ivenue, Sanford, Florida 4330, not later than seven day prior to the proceeding. If hea Avenue, Sanford, Florida 22771, Lelephone number (407) 322-4330, within 2 working

ing impaired, 1-800-955-8771 (TDD) or 1-800-865-8770, via Florida Relay Service. Publish: March 24, 31, 1986

Legal Notices

M THE CIRCUIT COURT OF THE EMHTEENTH JUDICIAL CIRCUIT, IN AND FOR BEMINGLE COURTY, PLORIBA CIVIL GASS NO.1 90-1140-0A-10-M

GASE NO.: 90-1112-0R-02-IN RE: THE MARRIAGE OF PORFEITURE OF S1,786 00 IN UNITED STATES CURRENCY PORFEITURE PROCESSING TO Lare Book Lucae 1004 Sugarberry Trail Oviedo, SL 32768 Husband/Rependent
HOTICE BY PUBLICATION
TO LEOPOLDO ABUDO RAMOS
Residence Unknown
YOU ARE HEREBY NOTIFIED
that a Patrion for Dissolution of
Marriage has been filed and
commenced in this Court and

and all others who claim on interest in the following prop-

21.788 84 IN UNITED STATES CURRENCY Donald F. Eslinger, of the Seminale County Sheriff's Office, Seminale County, Floride, through his efficers, investigators or agents, select the above property on or about April 16, 1996 at 1998 Bugarberry Trail, Oviede, in Berminele County, Floride, and to precently helding said property for the purpose of forfei-bre averaged in Restines ture pursuent to Sections 932.701-932.704, Florida Statums, and will REGUSST that on Honorable Judge of the Greuit Court, Chril Division. the complaint or patition.
This notice shall be published to see the pub Circuit Court, Civil Division, Eighteenth Judiciai Circuit, Semnole County, Florida, find probable cause that the above properly should be forfeited to the above agency. You will be nerved a copy of the Order Andrian Probable Cause once it is stand by the Judge and it will advise you how and when is report to this request for ferbilium.

I HEREBY CERTIFY that a true return receipt of this Helico part to the thing to the thing part to the thing part of the thing part

Shoriff's Office 100 Bush Bautovard Sanford, Florida 32773 Publish: March 21, and April 7, DEA-283

III THE CINCUIT COURT, EIGHTEENTH JUDICIAL CINCUIT, III AND POR SEMMOLE COURTY, FLORIDA CASE NO. CI 00-1540 CA-10-P OWEETWATER CLUB HOMEOWHERS' ASSOCIATION, INC., a Floride Not-for-pro corporation,

ORLANDO SWEETWATER PROPERTIES, N.V. . foreign corporation,

AMERICA MOTICE OF ACTION
TO: ORLANDO SWETWATER PROPERTIES, N.V., a loreign corporation, staining to have right, title, or interest in the property herein described.
YOU ARE NOTIFIED that an action for interestive relief and imposition of lien and lien ferecious against the following property in Esminals County Florida:

Defendent.

Lots 3 and 4, Sweetwater Club Estates, according to the plat thereof as reserted in Plat thereof as 190 and 101, Public Records of Saminals County, Florida. a/b/s 981 and 1011 Sweetwater Club

has been filed against you and you are required to serve a you are required to serve a copy of your written defenses. It is, if any, on David C. Willis, Plaintiff's Atterney, whose eddess is Suite 800, Landmark Conter II., 225 E. Robinson Street, P.O. Bers 2004, Orienda, Fiorida 32002, on referral 2005, 1950 and file the original with the Clork of this Court alther before service on Plaintiff's atterney or immediately thereafter; otherwise a detail will be entered against you for the relief demanded in the Comptaint.

Dated this 19th day of March, 1860.

MARYANNE MORSE, CLERK CLERK OF THE CIRCUIT COURT

CIRCUIT COURT
By: Ruth King
Deputy Clork
In accordance with the
Americans With Disabilities Act,
PEASONS WITH DISABILITIES
ONLY reding social accommodation to participate in this
presenting should seatest the
Court Administrator, Esminete
County Courtheuse, 801 N.
Park Avenue, Sanford, florida
32701 (407/323-4336), not later
than twe (2) days prior to the
presenting N herman planes contact (TDD) 1-808865-8770, via Florida Relay rvice. Mich: March 84, 81, and April

PUBLIC NOTICE is hereby given, that on the date and time haled below, and exclusion from day to day until all great

7, 14, 1900 DEA-202

Legal Notices

suction, to the highest befor each, at the warehou STORAGE USA, located at 1807 WILLA SPRINGS DR., WINTER SPRINGS, FL. the fellowing pools were and morthandisa for rest and other sharges for which a lies on same in claimed will DATE OF SALE 4-14-98 TIME OF SALE 11 80 A ME 828 MATIONAL TRANSPORT GRP

Wehead S. Elwaheal Large Buffet Berver/Bink,

A \$50.00 cleaning deposit will be collected for each unit pur-chased and refunded after all contents of the unit has been removed from the facility. The above information is to be pub-lished once a week for eanses-utive weeks. The said Sale to be under and by virture of the statutes of the size of Florids. in such cased made and provided. The Sale will be held by an Austieneer, License No. AU1863-AB1322 Publish Moreh 31, and April 7,

1906 DEA-262

FIGTITIONS MANN
Hotice is hereby given that I am engaged in business at 2532 iraques. Ave. Senterd, FL, 22773, Seminate County, Floride, under the Fiethflows have of STUDIO IV, and that I intend to register sold name with the Division of Corporations, Tallabout.
Fords in correct with provisions of the Figtificous in Statute, To-IVIC (Section County) (Section Co BOTIOS

Porton Medican on engaged in business at 1879. There Girele, Winter Path, Path 1979. Service to Pathillour Inches and Pathillour 1970, Sominete Pattilous Floride, under the Pattilous Name of INCH POINT SAPITAL MANAGEMENT LLO, and that MAMAGEMENT LAW, are well, intend to repictor cold name with the Division of Garparations, Tallehosses, Floride, in accordance with the provisions of the Firthious Name Statutes, To-Wit Boatlan 005.00, Floride Statutes 1991.
Molices A. Hezieweed Publish: Merch 31, 1990
DEA-256

IN THE ORIGINT COURTY, POR SERMICLE COUNTY, PROPERTY PRODUCT DIVISION PRO Number 00-210-09

IN ME: ESTATE OF John L. Beck

The administration of this extent of John L. Book, deceased, File Starther 60-210-CP, in patholog in the Circuit Court for Bentines County, Florida, Protein Division, the address of which is: 301 H. Park Avenue, Sentent, Florida SETTI. The names and addresses of the Personal Representative and the Personal Representative and the Personal Representative and the Personal Representative addresses as not hard below.

ALL INTERESTED PERSONA APE. MOTIPED THAT: The ex

ALL INTERPETED PERSONS ARE NOTIFIED THAT:

All persons on whom this testes is served who have expectant that challenge the ventiley of the will, in a challenge the ventiley of the will, in a challenge the ventiley of the testes of the personal representative, ventus, or jurisdiction of this Court are required to the their objections with this Court WiTHE LATER OF THEE MONTHS AFTER THE DATE OF THE PRINT PARTY DAYS OF THE PARTY DAYS OF BERNACE OF A COPY OF THIS

OF SERVICE OF A COPY OF THE MOTICE ON THEM.

All oradizes of the despetant and other persons having claims or demands against destribution of whom a copy of the notice is served units these months after the date of the first publication of the name must file their calman with this claims. their claims with this Court WITHIN THE LATER OF THREE MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS MOTICE OR THIRTY DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the dis-dent and persons having dis-dent's estate must like the claims with this court WITHIN THREE MONTHS AFTER THE DATE OF THE FIRST PUBLICA-TION OF THIS NOTICE. ALL CLAIMS, DEMANDS AND OBJECTIONS NOT SO FILED WILL BE FOREYER BARRED.

The date of the first publication of this Matins in Control

Porponal Representative:
Rendy E. Back.
333 Was dbridge Place B.W.
Reynoldsburg, St. (1986)
in ray for Personal Pioride Ber No. 20081 CHARLES D. WILDER 1132 Symonds Avanus Winter Park, FL 22736 Telephone: (407) 544-2216 Publish: March 54, 51, 52 DEA-154

Da' Bomb!



The Photo

Trevor Jones, with his dog Ace, is just beginning to mentary in Casselberry and this is his first published learn to read. He is a first-grader at Sterling Park Ele- writing

Sharing the secret of reading

By Trever Jenes SPECIAL TO THE HERALD

Learning how to read is like you really don't know how to read but you can read some words in some books.

It's really, really hard and sometimes I can sound out a few words. It makes me frustrated when I'm trying to read a book and I get stuck on some words and I try to sound them out but I don't know how. The hardest thing is I look at the pictures and the words and I try to sound them out but I don't know them.

My teacher, Ms. Sondag, she

always yells me that if I get stuck on a word and I can't sound it out, then I can ask her and she helps me.

My friends are Michael, Alex, Shane and Nicholas. Mostly we play on the playground when Ms. Sondag lets us. My friends and I chased the girls on the playground.

I like my two dogs. My dogs slobber on me, Ace is a Rotweiler mix and Black jack is really old. I have two cats, one named Oliver and one named Priscilla. Priscilla thinks she is the queen of Oliver. My gerbil, Pepper, always chews out of my gerbil cage.

My dad works at Animal Kingdom. He was on television painting the "Tree of Life," with movie bugs on it. My mommy works for a job and she is my favorite mommy.

I have a big room with lots of toys and I got a race track and the top comes off so I can pick up the cars and let them run away.

Trevor Jones is 6-years-old and in first-grade at Sterling Park Elementary School.

Dreamers and Doers

Walt Disney admired four outstanding characteristics in individuals with whom he came in contact. Those areas are curiosity, confidence, courage and constancy. Each year Walt Disney World invites Seminole County schools to nominate one atudent who epitomizes the characteristics.

The 14th annual Dreamers and Doers Awards Program will be held May 6.

Three students have been selected as the Seminole County Dreamers and Doers and will receive statewide recognition. Those students are Tolulope Bukola (Lawton); Eric D. Taylor (Milwee) and Franklin Allen Huffman (Lyman).

Students nominated for the honor were:

Amber Minugh (Altamonte Elementary); Kate Alexandra Wilkins (Bear Lake Elementary); Joshua Wong (Carillon Elementary); Thomas Cardenas (Casselberry (Elementary); Centennial B.

Kluver (Eastbrook Elemen-

tary); Judy Branaford (English Estates Elementary); Kattle Brown (Forest City Elementary); Brittany Permaul (Oeneva Elementary); Nikea Aytes (Goldsboro Elementary); Lee Sanford (Hamilton Elementary); Annie Wu (Heathrow Elementary); Annie Wu (Heathrow Elementary); Ashley H. Hutson (Highlands Elementary); Elisabeth Oilbert (Idyllwilde Elementary); and Caitlin Kirchner (Keeth Elementary).

Also: Ashley Agoranos (Lake

Also: Ashley Agoranos (Lake Mary Elementary); Andrew Yowier (Lake Orienta Elementary); Alina Arbuthnot (Lawton Elementary); Kaila Tindle (Longwood Elementary); Priscilla Ratanavong (Midway Elementary); Jesse Robbins (Partin Elementary); Casey Mullen (Pine Crest Elementary); Christina Hyson (Rainbow Elementary); Yvonne McKenzie Smith (Red Bug Elementary); Brent Boyko (Sabal Point Elementary); Vancessa Reynolds (Spring Lake Elementary); Aaliya Rehana Ali (Sterling Park Elementary); Laura Davidson (Wekiva Elementary); Bryan Alvarado

(Wicklow Elementary); Sade Keitt (Wilson Elementary); Virgen Osorio (Winter Springs Elementary) and Matthew McQuire Brannon (Woodlands Elementary).

Also: Jill Luaren Greco (Greenwood Lakes Middle); Heather M. Strickland (Indian Trails Middle); Alexandria Dogariu (Jackson Heights Middle); John W. Martin (Millennium Middle); Anthony Michael Christian Walker (Milwee Middle): Shae Riddell (Rock Lake Middle); Erika S. Anderson (Sanford Middle); Harry T. Madhanagopal Madhanagopal Seminole Middle); (South Christy Lyn Folwey (Teague Middle); and Kevin Felker (Tuskavilla Middle).

Also: Bertina Jackson (Crooms Academy); Manoucheka Celeste (Lake Brantley High); Priscilla Lorraine Casados (lake Mary High); Vanja Orbic (Lyman High); Ashley V. Evans (Oviedo High); Courtney B. Newman (Seminole High); and Alex J. Robbins (Winter Springs High).



terald Photo by Poto Kale

Highlands and Winter Springs Elementary co-hosted a health fair last weekend at Winter Springs. The feetival got a large turnout as the kids got to learn about animals and themselves. Here, six-year-old Stephen Ackley meets a goat while Megan Hart feeds a pig in the background.



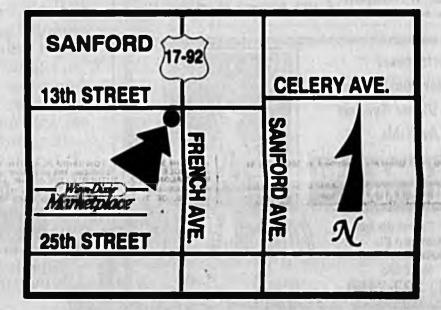
Marketplace

OUR PHARMACIES GLADLY ACCEPT





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1514 S. FRENCH AVE. – SANFORD PHARMACIST: Dana Wynn PHONE: 407 - 321 - 6626 HOURS: Mon.-Sat. 9 am to 7 pm

- State-licensed and registered pharmacists
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- Computerized prescription records
- We carry a full line of quality generic drugs
- Prescriptions are easily transferable. Just bring in your refillable prescription and we'll contact your physician and take care of all the details.

DOES YOUR INSURANCE LIST THE WINN-DIXIE PHARMACY AS AN AUTHORIZED PRESCRIPTION PROVIDER?

To find out, talk to a Winn-Dixie Pharmacist. Chances are good that you'll be covered at Winn-Dixie, because we're the kind of Pharmacy most carriers prefer - professional, convenient and affordable.

If we are not on your provider's list, maybe it's time to speak up. Call your Human Resource Department or Benefits Manager today and say you want your health plan to include the Winn-Dixie Pharmacy.



Philly Express

The best place for a

quick, fresh meal

There is no place in town that offers a better

lunch for a better deal with such great speed

Located at 209 West First Street in Sanford.

Philly Express offers a full line of subs, salads,

soups and even breakfast that is served fresh

finest meats and cheese topped with vegeta-

In addition to hot and cold subs, there is a

full selection of fresh salads with toppings

sure to please even the pickiest eaters.

Choices from Italian, club, turkey and straight

veggie to tuna and chicken salad are offered

Every day, Philly Express offers three

soups...cream of potato, broccoli and cheese

In addition to lunch, there is also a full compliment of breakfast items that include hot

sandwiches, biscuits and gravy, bagels, dan-

ish and muffins, just in case you're a little

Every item on the menu is priced under

\$5.00, so a hot, freshly made meal won't eat

Give Philly Express a call. If you're in a hurry,

they will have your lunch ready when yo

and chili for a warm-up on those cold days. New to the menu are stuffed baked potatoes,

served with a variety of topping choices.

bles that seem to be right off the farm.

every day and made fresh to order.

hungry earlier in the day.

into your lunch budget.

Formerly the Downtown Sub Station, the small restaurant has become a favorite with the locals. Their subs are made with only the

and accuracy than Philly Express.

to order without the long lines.



Public and children welcome. (Children under 10 - \$2.50) Includes: Eggs. Home Fries. Biscuits and Gravy, Bacon, Sausage, Fresh Fruit, Assorted Danish, Coffee Specialty orders from the kitchen extr

This weeks feature: Eggs Portugese add'l \$3.00 w/buffet

LUNCH SERVED M-F 11 a.m. to 2 p.m. - Specials Daily AMERICAN LEGION / CAMPBELL - LOSSING POST 53 2874 S. Santord Ave., Santord • 407-322-1652 or 407-324-4343



Minimum Purchase \$20.00 Dine-In or

Take-Out W/coupon

- Live Entertainment Best Ladies Night in Town
- Lunch & Dinner Specials
- Catering Available

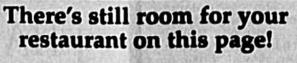
Live This Week at Wolfys **BLUE ZEN**

530 N. Palmetto Ave., Sanford FL (IN THE MONROE HARBOR MARINA)

(407) 322-2150

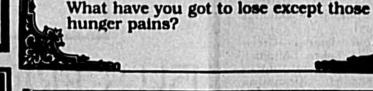






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Don't Wait... Call Today! Seminole Herald • 322-2611



arrive or even deliver it to you.

our's Gorever Elegant Dining Sports Bar Authentic Italian Cuisine Daily Lunch and Dinner Specials

> acated 1 MHe North of Lake Mary Blvd. nd ABC Liquor 2895 Orlando Dr. Sanford 323-4040 323-8043



The Bernie Lee Trio Appearing at

Historic Downtown Sanford Jazz Club & Music Gift Shop

107 S. Magnolia Sanford, FL 327 407.302-2256 407.302-2823

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Bottle of wine (your choice) with 2

dinners, limit one pur table, with coupon. Not valid with any other offers or discounts Exp. 4-17-99

330-1299 3500 N. Hwy 17-92

Lunch: 11:30 - 2:30 Tues - Fri Dinner: 4:30 - 10 Tues - Sun Closed Monday





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21-PERSONALS

Longwood Massage Studio. Walk-ins welcome 7 days. Private rms Female Staff. Lisc #MM0007785 407-339-8300

22-HEALTH CARE

Elec hosp hed and mattress reasonable 830 0493

23—LOST & FOUND

FOUND: Male Cocker Span iel Name on dog's tag is Se-bastian Please call Ruby Wolford at 407-323-1175

25-SPECIAL NOTICES

OPEN DOOR Social Services of Florida is a theraputic foster care agency (license pending) opening an office in the Orlando area. We are looking for ded-cated and caring families who care intorested in providing child-ren with a safe and nurturing en-vironment by becoming foster parents. If you have love in your heart and room in your home please contact OPEN DOOR toll free at (877) 372-KIDS.

27-NURSERY & CHILD CARE

Day Care: Loving Christian nome, Pre-K programs 3-Crafts, Trips, Fun. 321-8948

> 33-WEIGHT MANAGEMENT

LOSE WEIGHT NOW th good, sound nutrition will out going hungry. Independent No Drugs No Simulants No Side Effects 180% MONEY BACK GUARANTEE. Free Information and Montoring Call Spanish 834-1164 or English 885-8742 Toll Free 888-382-4042

> 55-BUSINESS **OPPORTUNITIES**

800-810,000/me. Intl health & nutrition to is seeking motival and individuals to work from home. Guaranteed flexibility, heedom and growth Call Susan

Working partner needed, no in-VENDING - Lazy Persons

Few Hours = Good S. Price to Sell. Free Brochure. 800-820-4353

70-EDUCATION & TRAINING

CREDITED TRUCK SCHOOL CDL, VA/TA Appry Job Assist Whend classes. National Truck School 1-888-888-7384

71-HELP WANTED

shers, Cooks, Servers irman Dr (i-4 & Hery 46) 467-324-1036

A/C Dust mechanic & Service Tech.: Experience necessary. Benefit package Drug Free, 123-

Admin Assist Grow with us! Must know Excel & Word & be organized. Exc. pay & bene. Fax resume to 324-4160.

AMILINE CATERING HELP NEEDED! Must be able to work weekends in a cold enformment with Flexible hours. Apply in person M-F. 1776 Hanger Rd., Sanford Airport. No phone calls. ATTENTION

WORK FROM HOME \$500-\$1500 mo PT \$2,000-\$4,500/mo F1 1-888-821-0972 w without com ATTENTION!! WORK FROM HOME

Earn an extra \$500-\$1500 PT/ mo or \$2000-\$4000 FT/mo Fue training, paid vacation, 1-800-630-2311 or vise. www.whynotwork home.com

NURSES AIDES P/

For all shifts. Alzheimer Facility. Must enjoy working with the elderly. Apply in person at East-brook Gardens; 201 N. Sunset Drive, Casselberry, FL. 407-699-5002

Attention: Work from Home Our children come to the office everyday! \$500-\$2500 pt \$2000-\$4500 t/t www.work-from-home.net/pays 1-800-596-7424

Benquet Servers on call and Glosa Cutters needed ASAP. Temp to perm, top pay. Call Alan or Judy © 302-1808 Barber Wanted: Excellent op-portunity. Otto's, 2422 French Ave, Senford.

Bill Heard Chevrolet looking for evee, and weekend Switchboard Person Cell Lori 302-5722. Blueprint Company in Oviedo Hring Full & Part Time Call MS Reprographics. 407-366-1550

CDL-Class B Lie. Drivers: Able to drive & physically throw garbage. Apply in person @ Jennings Environmental, 1378 & Volume Ave, Orange City, FI

Legal Notices

HOTIO

PIOTION HAME
Notice to hereby given that we are engaged in business at 101
Wymore Road, Suite 337,
Alternante Springs, FL, 32714,
Seminals County, Florida, under the Fictitious Name of KAVY-MAM, SWELETY, Altho LYND, and that we intend to register said name with the Division of Corporations, Talinhassee, Florida, in occordance with the provisions of the Fictillious Name Sintutes, To-Wit: Section 865.69, Florida Statutes 1901.
Kentan Englett, and Lynd
Coolig Lynd

71—HELP WANTED

Front Desk, Breakfast Server, House keepers, Maintenance, House Men & AM Dish Washer: Apply Lake Mary Courtyard 135 International Parkway Lake

Check Cashler: Up to \$9 hr. FT ence Benefits 407-330 2466

Childcare Teachers F/T-P/T Energetic happy All ages CDA/Experienced preages CDA/Experienced p ferred Benefits 407-328-7766

tional skills some computer skills and general clerical du-ties F/T 8:30-5:00 M-F Contact Sharon, Lake Mary 302-9004 Counter Person: Friendly, self starting for busy Sanford print shop 10-4pm M-F 322-5434

CLERICAL PERSON Organiza

Counter Persons: Counter exp. for busy dry cleaner. Eac pay. Lake Mary 333-8070-620-7639 COURTHOUSE RESEARCHERS EARN UP TO \$25 PER HOUR DOING COURTHOUSE

IT WWW WORKHOTLINE COM DENTAL RECEPTIONIST Will train. Work Sanford Ortan-do office. Must have pleasing personality Transportation and be computer literate 32 hrs what \$7/hr. Call Mon. Wed 321 0190, Tues. Thurs., and Fri., 295-0674.

Dietary Aide: PT, apply in person @ Eastbrooke Gardens, 201 N. Sunset Dr. Cassetterry, 699-

DRIVER NEEDED Class A. CDL FL only F/T - P/T 3 yrs. min. OTR map. Good driving record 407-323-7178 DRIVER with van preferred reil

required Apply at 2585 Park Drive, Sanford, 407-302-1940 Drivers CDLA Company & OWNLOP, min one year exp. 48 States & Canada, Justus Transport, East Orlando, 1-800-

597-5878 DRIVERS for Auto Auction Night Shift Must Have Valid Drivers License Call 407-302ford EOE

DRIVING INSTRUCTOR - Tractor-Trailer. Minimum require-ments 3 years OTR excellent safety record meet all DOT re-quirements, high school gradu-ate or GED with good verbal and written communication shifts Good pay and benefit package Call Truck Driver Institute. Ask for Rick Smith 800 554 7364

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Front Desk Clerk: Exp. preferred Must be Rexible Apply in person. Days Inn 4650 West SR Full or PT utilities payment col-lections. Cash handling exp. a pays. Pts call 330-0458 for appl.

Groundsperson F/T Only expid need apply Ap-ply Georgia Arms Apis 2600 Georgia Ave., Santord, Drug test required 323-4000 EOE Inlant Core - Help wented in our inlant room. Must love babies

Experience a plus 330-2797 Help Wanted Industrial Factory Workers, exp. Glass Cutter, Metal Processing Sae Operator, DFWP, Benefits, Wa-ter Bonnel, 350 Anchor Rd. Cassaberry, FL

House Cleaning - Perfect Job! Low stress, 2-5 days'wi. \$7.hr. Miles pd. car regd. 834-5595

House Keeper: Exp preferred Apply in person Days Inn. 4650 West SR 46. Sanford

Housekeeper: 25 to 30 hrs/wi. Apply in person © Eastbrooke Cardens, 201 N. Sunset Dr. Casesberry 609-5002

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Position requires valid FDL heavy lifting & local deliveries.
Salary \$6.50-\$7.00 for based on exp. & work history. 831-6767

IRRIGATION INSTALLERS Sanlord Area Page Me 444-0977

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Mechanics & Welders: Exp. re-quired Must have own tools. Apply in person @ Jennings Environmental, 1378 S. Volusia Ave, Orange City, FL Mattenuide seeking PT/FT medical biters. Up to 35lC/yr. No

medical experience necessary PC required 1-800-021-9939 Mand Servers, FT & PT Apply © Flyers Wings & Grill, 3689 Lake Emma Rd, Lake Mary-NOW HIRING

Buburban Lodge opening soon 210 N. Oldurd Road, Casselber ry. Now accepting applications for housekeepers, groundskeeper and front deak clerk. Apply in person M-F, 1-4. daide Sales Rep: Corporate whet, PT/FT Huge potential eltive Image. 771-4152

71-HELP WANTED

Passenger Service Agents: Now accepting appls for Orian-do Sanford Airport Exp prefd Fax resume to 407-322-4735 PAVING CREW

Openings for all paving positions. Good pay & benefits. Work in Seminole Flagter & Volusia Counties Apply or send resume to Ranger Construction Industries, 1801 South Nova South Daytona FI 32119

PHONE OPERATORS EARN UP TO \$25 PER HOUR WILL TRAIN VISIT WWW.WORKHO-TUNE COM

PRESSURE CLEANING Experience preferred, but will train. Valid Florida drivers license required \$7 hour to start. Steady raises Leave message

PROCESS EMAIL - EARN UP TO \$15 PER HOUR PROCESS-ING CHEDIT CARD ORDERS FOR CYBERCASH WILL TRAIN VISIT WWW.WORKHO-TLINE COM

Pt Nurse 3pm-11pm every other weekend & PT Nurse 11pm-7am Apply in person @ East-brooke Gardens, 201 N. Sunset Dr. Cassetherry, 699-5002

Seamstress: Expel on Commun-cial machines. Will Train. Paid holiditys-vacations. 834-6386 SECRETARY

CHURH OFFICE Good i none, computer and or-ganizational skills. Fax resume in confidence to Beth Fogle-Miller, Pastor at 407-330-5824. Secretary for construction office in Oviedo Reliable, courteous with general office experience Call Linda @ 800-779-7141. SECURITY OFFICER JOB

Training Armed & Unarmed Brantly & Assoc. 834-7444 Servers : Full & Part Time los motel restaurant Apply Ramada Inn North, I-4 & 434, 862-4000 Sprinkler repair man nemited some exp. truck . Call Debbie (M.S. 8am 5pm) 324 9034 Insert books into envelopes at our Sanford office, temp work will Nex hours \$8 hr 330 6245 Teachers needed for growing childcare center. Exp'd pre-

TLC Home Companions Needs FT/PT live ins 407-322-1093

ferred. Please call 328 8260

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73-EMPLOYMENT WANTED

Looking For Work CNA-HHA will do private duty 322-1336 after 5pm OOD JOBS: Aspiring student Dellary will do light worll. Need trans & set \$5.668-2248

93-ROOMS FOR RENT

WEEKLY RENTALS Starting @ \$77/wki Historic Downtown 330-4423

EFFICIENCY Weh Maid service convenient location 321-4900 Furnished Room for Rent. Sen-ford Area. All util inc. Phone & lutchen use. \$380 mo. Call 302-

TAXES

use \$85-\$90 a week 324-4955

Roommate Wanted, ig room w/ priv bath, wid, tennis pool \$115/wk Refs regd Near SCC, smoker OK 330-1250

> 95-ROOMMATE WANTED

Roomate Wanted Female, 2/2

FURNISHED

UNFURNISHED

2BR Apt quiel area neat as a pen, no smokers, no pets \$675 Jernigan Properties 330-3255.

MARINER'S VILLAGE

OMOSNE WROSE ACA SHALL 323-8670 ROSELEA VILLAS

330-6833 or 298-3300 100—CONDOMINIUM

Sanford Pine Ridge Club: 1BR/ 1BA includes washeridi.er. \$450 Makeda Corp. 407 668 6400

UNFURNISHED

\$500 DOWN....WHY RENT? When you can own this 3 bdrm home w' CHA, new paint & car-pet 7. Ask about HUD homes! The Hillimen Group, Inc. Realtors......321-8333

CHA, garage fenced yard, 1232 ag ft. \$850/mo fst. tast. & security \$1900 move in Cell 323-2120 between 3 9pm 2 BR near Crooms Stove & new

2/1 new carpet, paint & Ing. Avail 6/1/99 Fenced yard \$500

\$550 Ref. Regd. 323-3165

STENSTROM

SANFORD 2/1 Duples a yd WID IVI CHA \$500\$500 Meyfeir Area 2/1.5 Ducies WI D Ncca Up/CHA \$56576600 Dellana 3/2, On J Acres, WI Pond, Dt. Gar. Coursy, Living, Lease W.Opt. Quiet. \$850/600 Lake Mary 3/2, 2 story. Wood-en Deck. Overtooks Pond. Country Living. \$950/5950

Bays 1600 8400/8500 JIM DOYLE

105-Durley/Triplex

18R Duples with fireplace \$450/ mo, \$250 depost. No pets. 349-9209 after 6pm.

93-ROOMS FOR RENT

FURNISHED ROOMS-All utils.

Duplex, Sanford, 50ish, Smoke Cat. \$380 per month, 302-9165

97-APARTMENTS -

Sanford - 1 BR cottage com-plete privacy. Perfect for 1 person only \$90 Mt . \$200 securi-

SANFORD 1 BDRM, large quiet, air, resid area, \$400/mo, \$400 dep, no kids pets 323-8019

99-APARTMENTS -

Move in special, 2/1 1st Mo. Rent \$199.

RENTALS

103-Houses-

123 N. High St., Lake Mary, 32

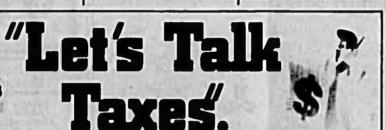
retrigerator Nice neighborhood, no pets. \$300 - \$300 security

Senford: Both Avail 4/1, 2/1 \$400 & 1/1 apt \$350. Rets. regd 321-6757.

RENTALS

m System...... Merehause

(407) 322-2495 WE NEED HOUSES TO RENT



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141-HOMES FOR SALE 107-MOBILE HOMES FOR RENT

Rent to Own 2 Bedroom, clean, central heat and air \$430 mo/sec. 407-322-

114-WAREHOUSE/RENTAL

SPACE

Adjacent to Sanford Airport 25.256 sq. ft./dock high ware-house w/office. 1200A/480V/ 220V. 16:34' ceiling height, rail siding. 8 overhead doors. \$3.75/ s.f. (NNN). Spolski Construc-

Office Warehouse Space for Lease Near Seminole Town Center, I-4 & Rt 46, includ. 6000. 3000 & 2300 sq. ft. Call Doug Hulf 1-800-299 0971 ert 28

117-COMMERCIAL RENTALS

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Jernigan properties, inc.

Office space, 1000 sq ft, down-town Sanford Two 400 sq ft oflice space units in doi Ron Jernigan, 330-3255

New Sprinklered whee 26,000 aq ft. dock hgt. 19 ft ceiling. Divisione bays, min. 3800sq ft.

Contact Ray @ 323-1921. 123-WANTED TO RENT

AFFORDABLE HOMES

VENTURE 1 PROFERTIES

SONO MONEY: Receive up to \$19'000 his homeowner's assistance fund. Buy a home with \$200 cash. Sont. Functioners. Report

REHOVATED Line new, 3/2, over 1/4 ac., corner lot \$89,809 MINIT COND. LW. Fam. Whishp, scr. pch, gar \$89,509 LAKE MARY 4/2, LW Dm. Fam. 2C Gar. Fenced, \$109,900

4/2, 1/3 ac., lw, din. fenced. 2c. gar., over 1800 sq. ft. 882,900

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Looking Fer a Home!!! Christian family would like to rent/leses 3 or 4 born home, 2 baths, in Sanlord:Lake Mary area, double car garage, inground saimming pool, please call 774-4347

Sentere: Lg 3 or 4 Br 2 Ba, car-port. Totally renovated. \$1000 down, \$595/month, 788-7022. 141-Homes FOR SALE

GREENSRIAR: 1823 Sq R. 3/2 spill plan. Gournet let. \$105K DovJerregen Prop., 3/23-3165

143—OUT OF STATE PROPERTY FOR SALE

S ACRES-Retreat Road 1/2 mileast of Mullet Lake Park Rd. Motivated Seller \$25,000

LAKEFRONT LOT - Belaire

Lake. Loch Arbor private

90±300 \$75,000 LAKEFRONT LOT Stone Is-

land, Lake Monroe, Reduced, now \$74,900 VACANT LOT- Loch Arbor

\$32,000, to priv wooded LAKE MARY LOTS Wooded

WYNNEWOOD-Sanford

Adams Ct., Wooded tot \$11,000

321-5065

Passociates

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rirchhoff

104 Oaks Ct. beautiful 1999 1/2 acre mountain top lot for sq. ft. California style 2 story, pool, tennis ct. amenities Re-duced to \$123,000 sale east of Brevard, NC \$6,000 1-828-884-4253 Classic 1920s 4 Br. 2 1/2 Ba Classic 1920s sq ft, 2 story. fireplace, 2241 sq ft, 2 story. 150X156 153—ACREAGE LOT FOR

321-6065 **Kirchhoff**Resociates

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OWNER FINANCING 472. Central heat and air, fenced

corner, range refrigerator dish-washer washer/dryer stay with

property Appointments only Esteman Trally

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149-COMMERCIAL PROPERTY FOR SALE

Sanford Commercial

Strip Cener Fully leased long-term tenants. Net \$25K \$250,000, 407-644

153—ACREAGE LOT FOR

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157-MOBILE HOMES FOR SALE

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Orlando e #1 Ouride 1407 | 1 900 446 TALK 69/mil Ladies Call FREE! (407) 786-TALK*

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South Seminole Hospital, 555 West State Rand 434. ORLANDO REGION Longwindl, FL 32750 SOUTH SEMINAL HOSPITAL

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The Sanford - Lake Mary

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Seminole Herald

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For Tuesday's edition, the deadline is Monday at noon For Wednesday's edition, the deadline is Tuesday at noon For Thursday's edition, the deadline is Wednesday at noon For Friday's edition, the deadline is Thursday at noon For the weekend edition, the deadline is Friday at noon.

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255 Alterations

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262 Cabinets

263 Carpentry

260 Bush Hogging

256 Appliance Repair

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313 TV/Radio 314 Upholstery

316 Welding & Sheet Metal

318 Well Drilling

319 Window Washing & Tinting

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by Jim Meddick BUT FORTUNATELY I WAS ABLE TO FIND HIM A CUSTOM-MADE

5-50 FAR, 50 GOOD PUNJEE...IF IT, ER...





HOROSCOPES



Thursday, April 1, 1999

Perhaps your greatest talent in the year ahead will be an ability to see opportunities that are not so readily apparent to others, giving you a jump-start that could

ARIES (Merch 21-April 19) It behooves you to listen closely to what other people have to say today. Among the chattering. there could be one outstanding piece of information that might be quite valuable to you. Know where to look for romance and you'll find it. The Astro-Graph Matchmaker instantly reveals which signs are romantically perfect for you. Mail \$2.75 to Matchmaker, c/o this newspaper, P.O. Box 1758, Murray Hill Station, New York, NY 10156.

TAURUS (April 20-May 20) Strive to be industrious, because once on a roll, there's a good chance you'll not only accomplish today's chores, but get a little ahead on tomorrow's work. You'll be glad

GEMINI (May 21-June 20) Although the weekend isn't quite here yet, you could get an early start on it as today's events thrust you in ampromptu social activi-ties. However, it shouldn't interfere with

your duties. CANCER (June 21-July 22) This could turn out to be your kind of day with activities surrounding the people you love best - your family. This helps you keep everything in perspective. LEO (July 23-Aug. 22) Possessing such

an active, alert mind will have you seeking out as many mental challenges as you can find today. Keeping your focus on areas that test your smarts will be stimulating.

VIRGO (Aug. 23-Sept. 22) The emphasis of the day might be placed on financial conditions that capture your fancy. Provided you manage your resources prudently, this could be a very productive

LIBRA (Sept. 23-Oct. 23) Receiving ion from your peers, ladey, loc.e. job well done will do wonders for encouran effective producer. SCORPIO (Oct. 24-Nev. 22) A quiet

environment might be just what you need today to collect your thoughts and be able to concentrate better on something important you need to accomplish. Seek the necessary solitude. SAGITTARIUS (Nov. 23-Dec. 21) It will

be your imaginative faculties that could help provide the mental picture you need to clarify an objective today. While you're at it, reflect on futuristic possibilities, tool. CAPRICORN (Dec. 22-Jan. 19) Provided you are left to your own devices, you can be a pretty good achiever today. Determine your own methods and procedures as much as possible, and you'll

AQUARIUS (Jan. 20-Feb. 19) You're judgment is act to be better than of those you encounter today, so be firm about concepts you believe in and don't let others discourage you before trying them

PISCES (Feb. 20-Merch 20) Because of the compassion and common sense you gaplay for those in trouble, you could find yourself quite in demand with fels who that themselves in uncharged existica-

AT BRIDGE

Second blue moon of the year

By Phillip Alder

10 by T.K. Ryan

by Art Senson

MY DAD, THE DERMATOLOGIST.

HE HAD HIGH HOPES.

We all know the expression "once in blue moon," but where does it come

Well, apparently a blue moon is the second full moon in any calendar month. And this year we have two, on Jan. 31 and today. So, to match this uncommon event, here is an extreme-ly rare deal, which occurred in Denmark. What is unusual about it?

Denmark. What is unusual about it?

No auction was given, but this one isn't absurd. When you open with a minimum 6-4, it is normal to rebid in your six-card (unless the four is a major that can be shown conveniently). North bids out his shape with four clubs, but in case he is 5-0-4-4, South raises. Now North bids what he hopes his partner can make. his partner can make.

There is no lead given because I still haven't decided what I would

pick!
With both minor-suit finesses working and the spade jack dropping in
three rounds, there are 12 "easy" tricks via five spades, two hearts,

three diamonds and two clubs.
You're probably thinking that was lucky. Wait one moment. Now consider a contract of six spades. That gets home with the same 12 tricks. Six hearts is also on, losing only one trump trick when the hearts divide 3-3. Even six diamonds, on the 4-2 fit, can be made. North's club loser disappears on the second heart winner, and you can maneuver to lose just one trump trick. Finally, six clubs is mak-

When did you last see a deal in which all five small slams can be made? Now we are looking for a deal in which all five grand slams can be brought home. Do you know of one?

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ASK DR. GOTT

Travel during pregnancy

DEAR DR. GOTT: We are planning an extended trip this summer to France and England. I am trying to get pregnant now. Will the shots that I need for travel hurt the fetus? How far could I be into my pregnancy and still travel? Can I use anti-seasick pills or patches?

DEAR READER: The U.S. Public Health Service no longer requires immunizations for people travelling to Europe, so you don't have to worry about shots prior to your trip.

Your remaining questions concern an issue that is best left to your obstetrician. I strongly believe that pregnant women should not take any medicine for the first three months at least, unless the drug is approved by an obstetrician. It is during this trimester that the most fundamental trimester that the most fundamental and important fetal development takes place. I also warn expectant mothers not to drink alcohol or smoke, because these substances can harm an unborn child.

Since you are planning a trip during your possible pregnancy, schedule an in-depth meeting with your doctor to review the variety of issues — including activity, diet and treatments —

PETER GOTT, M.D.

DR. GOTT

that are germane to your particular situation. I am sure that your obstetri-cian would be glad to guide you. As a general rule, women with uncompli-cated pregnancies can enjoy a normal life — including travel — well into their third trimester.

DEAR DR GOTT: I am 66 years old and was found to have a blood pressure of 200/100. My doctor gave me samples of two medicines, which I have been taking for two weeks. Now I am dizzy, lightheaded and weak. She made no provision for follow-up care and I believe that she doesn't care. Where can I go for help?

DEAR READER: I think your doc-tor was merely being thoughtful by

trying to save you money. However, she certainly should have arranged to monitor your blood pressure to make sure that it was controlled and that you were not having an adverse reaction to the drugs. Your symptoms could indicate that the medicines are too strong for you; your blood pres-sure may have fallen to an unacceptably low level. Look for a doctor who is both concerned about your needs and willing to check your blood pressure until it stabilizes.

To give you related information, I am sending you a copy of my new and completely updated Health Report "Hypertension." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2017, Murray Hill Station, New York, NY 10156. Be sure to mention the title.

DEAR DR. GOTT: What is "tailor's

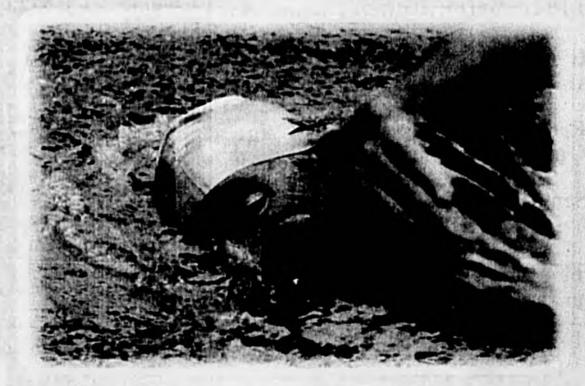
seat?" What can be done about it?
DEAR READER: Sometimes known as "weaver's bottom," this affliction is a form of irritation involving the bur-sae (joint coverings) of the hips, lead-ing to aching pain in the buttocks. It can appear in people who sit for long periods on hard surfaces in one position. Treatment consists of antiinflammatory drugs, such as ibupro-fen, and — obviously — avoidance of prolonged sitting. O 1900 NEWSPAPER ENTERPRISE ASSN.



A Special Advertising Supplement to the Seminole Herald, March 31, 1999

senior Lifestyle and Fitness

Senior Fitness
Getting to the
It of the
Matter



"Exercising and dieting can be a fountain of youth for anyone at any age." Story page 5





Herald Photos by Tommy Vincer

It's a great time to be a senior

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Seniors Nursing	stay busy Home.	at Lak	eview
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Her longevity is logical

By Russ White

STAFF WRITER

Shortly after her 98th birthday, Ruth Hamilton reluctantly conceded she had joined the ranks of the elderly.

That's when I had to quit driving," Hamilton said.

They didn't take away my drivers license or anything like that - I more-or-less stopped on my own. Someone was always blowing their horn at me. I got tired of all those horns."

As Hamilton approaches her 101st birthday on April 12, she is fully aware of the process of aging. What it does to the mind, What it does to the body. What it does to the soul.

"My advice to everyone is to be so enthusiastic about life that you don't pay attention to how old you may be getting," said Hamilton, a long-time resident of Bram Towers in Sanford.

"As a girl I wanted to learn everything I could," she said. "I studied books on logic. Books about what made people tic. I read biographies of those who had succeeded." She said her favorite author - her idol - was Willa Cather. "What she wrote was so logical, so beautiful." she said.

Hamilton is concerned that most people today don't have very good attention spans.

There are too many distractions - television is one. People forget what was on their mind and get trapped by TV. Everyone is in a hurry. And there are so many people - 7 billion in the world. That's too many."

Born in tiny Alta, lowa in 1898, Hamilton has led three or four more lives than most women. She was a school teacher, a New Hampshire State representative, she married a small town doctor. She traveled the world. She was close enough to Adolph Hitler in 1936 to spit in his face - and she wishes she had.

She's lived through two world wars, the great depression, assassinations and scandal. She watched the first cars go on the road, the first airplanes in the sky, the first men reach the moon. She looks from her seventh-floor apartment onto Lake Monroe each day with the same rosy outlook she had as a teenager.

"I'm thankful for each new day," she said.
"Thankful to see birds flying, boats on the lake and men out there fishing. I get so busy thanking God for all I see that I have no time left for being sick or worrying about getting old. Whatever god you want to believe in, believe there is a god. We didn't make all this happen."

A couple of years when Hamilton spoke

Please see Ruth, Page 10

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Loss of independence brings on depres

DESCRIPTION OF THE PROPERTY OF THE PARTY OF

By Vivies Gellimore STAFF WRITER

it's not specific traditional illnesses which consume the health concerns of the senior population, but the loss of independence, according to two health professionals specializing in caring for the sidery.

According to both Rathy Orr, R.M., and Ras Shipley, B.S.N., both with Cantral Florida Regional Hospital, people are living losser. Says Orr, "They have more aclust and pains because of it, which brings on a lot of depression." She says that a lock of activity or focus only serves to aggression at already deteriorating morale among seniors.

deteriorating morale among seniors.

Shipley is director of the Skilled Missing at the Sanford hospital, a facility which as a half-way point for patients released by hospital but not yet ready to a home, may live alone, or with someone who is un to care for them as needed. Shipley and that the unit, serving Medicare patients, celebrated it's second anniversary on Patrick's Day. Patrick's Day.

The average age of an SNU resident the average unit stay is one well. here to get a boost with a few an added strength before returning hospitals are discharging patients's aconer," adds Shipley. "They just time to recover."

The high population of elder anford and neighboring Viscommunities has been known tretch the already heated in

When her unit's 18 both and the case, shoppy are a large to the case. Shoppy are a large to the case of the case o

seasonal population. There is only so much

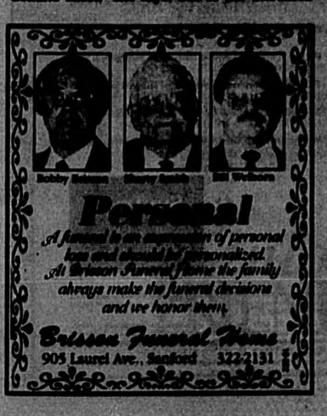
While the majority of SNU residents go home to a family or home-health caregiver, about one-quarter of the elderly population is "totally dependent on society." A lot of elders spend a lot of time alone or have no one to care for them," adds Shapley. They become depressed from a lock of interesting and instrictuality.

are "the knowledge that someone will be there to care for them, the availability and cost of medical insurance and that their last wishes will be carried out and not disregarded." Or explains that seniors often don't want to be "coded" or kept alive by artificial means.

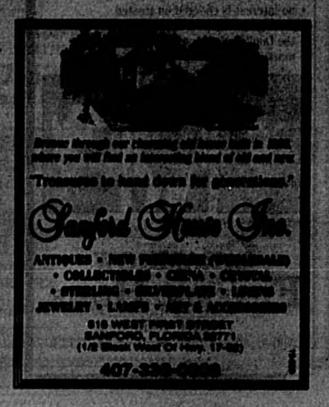
Other disturbing trends include the mobility of society as a whole, smaller family sizes and 2-income wage carners. "It's extremely hard to take care of your kids and your parents, especially when you work two jobs."

Our remembers her dad's concerns before he passed at age 60. "Could be afford insurance to cover medical treatment? He also showed concern over the high cost of medication," which makes sense in light of the fact that many senior concerns relate specifically to money, according to both women.









Lessons last a lifetime at Elderhostel

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the first perfect the surface of the weeks a lake and the Wekiya River the other surface as a fature lover's paradise with the surface of the surface of the package. From March to Northbert curious seniors can sign up for weekly learning experiences such as canocing along the river star gazing hiking and matthe biology. Experts on a variety of subjectance commissioned through elderhostel to present the programs.

Ann Anderson camp director for the elder hostel at Thunderbird, said guests are mostly retired professionals that come from all walks of life.

They come here and they all bring some thing with them to share. Anderson said

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the control of the course are it stories to tell the control of the highest who owned the control of the brought with him several varieties of apples for a fasting. Anderson also

recalled a Cover old woman, who had been a prote-agual dancer, and how she outlanted everyone else on the dance floor at the camp.

See Elderhostel, Page 10



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Staying in shape doesn't have to end

By Jeff Berlinicke



Chall and a conclusion of the state of the s

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Golden Age Games '98...



George Simkanich competed in the canoe race for his 17th consecutive year.







Peggy Crist competed in the 8-ball pool competition at the event at the Sanford Civic Center.

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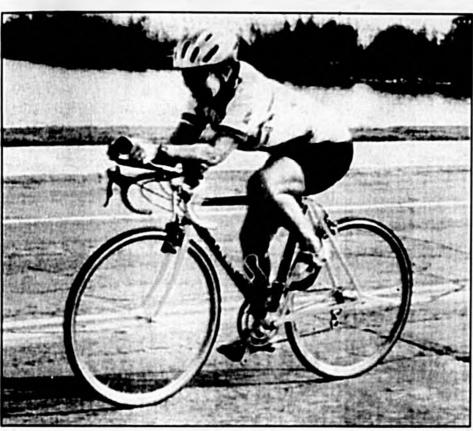
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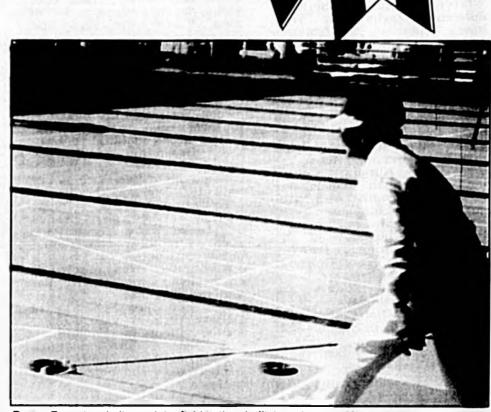


...The seniors still have it



Ria Terttar speeds down Lake Monroe in the 5K bicycle race last year.

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Seniors stay busy at Lakeview Nursing

By Bill Kerns
STAFF WRITER

SANFORD Patients Lakeview Nursing Center in Sanford stay active with visi-tors from schools and churches, plus a variety of activities such as daily exercises and ice cream socials

The programs at Lakeview Nursing Center, located at 918

E. Second Street, are designed around each patient's needs. The staff meets with patients' families to discuss past interests and the type of programs

they may enjoy.

"Every patient's needs are different." Taylor said. "They have different personalities and totally different likes and dislikes." dislikes."

The patients exercise every morning. To build hand-eye coordination, patients engage in bean bag tossing.

'It's important for patients to build their muscles," Tammy Taylor said. "It helps to keep their heart and mind active."

Lakeview Nursing Center holds ice cream socials one Friday per month, with sundaes and banana splits.

One Thursday per month, there is a birthday of the month celebration. Patients

month celebration. Patients also play bingo every Thursday afternoon. Tuesdays are bowling days, and Fridays are crossword puzzle days.

Members of the Countryside Baptist Church in Sanford visit

on Saturdays.
Chaplain Rick Walker regularly sings classic gospel hymns with the group The

Rainbow Repairs.

"He has a very beautiful voice," Taylor said. "I can't begin to describe it. They really enjoy him." Gerald Cassanova also sings

gospel hymns for patients one Sunday per month. Volunteers from The House

of Refuge Ministries socialize

with patients.

Three children from Hamilton Elementary School spend time with patients once per

month. "It reminds a lot of patients of their grandchildren and the love for their child," Taylor said. They socialize and take walks. It does them a lot of good. It keeps them busy and stimulated."

stimulated."
Lakeview Nursing Center, with more than 20 patients, offers 24-hour skilled nursing care. Snacks are provided in between three daily balanced meals. The meals are designed to meet each individual patient's needs, ground or softened depending on the patient. tient.

We more or less cater to our patients," Taylor said.

Patients participate in music Patients participate in music therapy. They plan parties and make party decorations, such as reindeer constructed out of popsicle sticks.

A volunteer from Weekenders models clothing for the patients to purchase.

Pete and Jana Schiradia of DeBary perform variety skits.

DeBary perform variety skits for the patients every month.

Resident Council meetings are held once per month.
Taylor does shopping for the

Chaplain Rick Walker of Rainbow Repairs, Inc., presented a concert of sacred mu-

sic for the residents and staff of Lakeview Nursing Home last week.

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Ruth-

Continued from Page 2

at an Optimist International convention in Gainesville, an elderly man told her how pleased he was to hear the talk. He also asked Hamilton what church she prayed at on Sunday.
"Church?" she said. I pray when I'm on

the tollet."

She mediates frequently each day and listens to religious or philosophical tapes be-fore going to sleep at night. She used to watch Atlanta Braves baseball games before the apartments lost their cable TV. She loves to talk about how her husband, Dr. Carter Hamilton, was signed by the Cleveland Indians. "He was a good pitcher but he didn't have a curve ball. I used to wash his socks and athletic supporters," she said.

Hamilton says she sees her husband who died 50 years ago - in her dreams. They are reunited on a ballfield in Iowa. Hamilton says she also has nightly conversations with St. Peter. "He says I supposed to stay here awhile longer. I'm busy, anyhow. Busy enjoying a wonderful life. How many people get to live as long as I have.



Elderhostel-

Continued from Page 4
"She danced for her own pleasure, with her eyes shut." Anderson said. "She was in her own world."

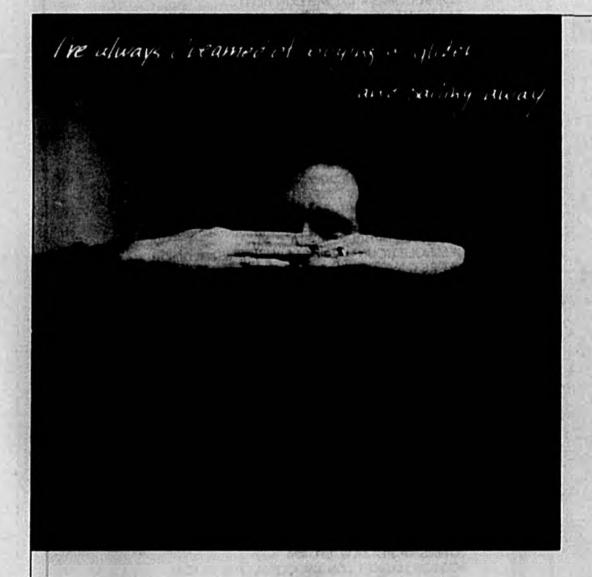
Another couple in their 70s hitchhiked around Australia.

"It's just one story on top of another," Anderson said. They all come here to relax and learn.'

The cost for one week at the camp, including room and board is \$400. Prices vary based on locations. For more information call the camp at (407) 889-8088.

A summer elderhostel program is held at Canterbury Retreat in O icdo, 1601 Alafaya Trail. For more information and to register, call (407) 365-5571. For elderhostels in other areas, call 1-877-426-8056 or check the web site at elderhostel.org.





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Florida's Senior Class earned its place

They've paid their dues, raised their families and earned their place in the sun."

But what are the guarantees?

Russ White

Staff Writer

Charlie Loggia is a 71-year-old retiree who is an Orange City snowbird. He comes to Florida each winter from Philadelphia.

He said he's a third or fourth cousin of the actor, Robert Loggia.

He also said he feels healthy except for a few "minor aches.

The most difficult experience in his life has been mourning the death of his wife, Nancy. They were together 47 years. Definitely, love mates. She passed away a year and a half

"I still not over that," Loggia said. "I don't think I'll ever be over losing Nancy. When I had my wife, I had everything I wanted. That's my concern about aging. Losing those you love.

Florida, someone said, is the state of broken hearts. There are as many widows and widowers as there are palm trees in the state. Some fend for themselves quite nicely. Others aren't as fortunate.

Reaching the autumn of their years is a golden experience for those who manage to stay active and healthy. Thousands of seniors

25th STREET

come each year to the Sunshine State. They have countless places to relocate. Cocoa Beach, St. Augustine, Sanford, Lakeland, Fort Myers, Port Charlotte, Naples, Palm Beach.

They've paid their dues, raised families and carned a place in the sun.

The fortunate seniors no longer need to work 9 to 5. They can go to the beach instead. Or visit with their grandchildren. Celebrate golden anniversaries. Travel to places they have dreamed about for a long time. Do volunteer work to help the ill or the needy.

What's important now is to take advantage of their choices. There's no reason to start making wrong decisions if you've been making the right ones all along," Charlie Loggia said. "Most of us create our own fate. We have a choice.

A recent study published by MetLife and others reported that men who have reached age 65 can expect to live another 15.9 years; women another 19. Family history and personal health should also be considered. These life expectancy figures are important.

At the same time, Florida's aging population must also be alert and seek ways to protect themselves from a sea of sharks and scam artists.

Name the scam and it's been tried on unsuspecting senior citizens in this state. Many sentors are not able to offer much resistance.

A Mount Dora retiree was killed in his own

home recently when he tried to stop intruders from stealing his TV. Sanford police arrested a woman who was trying to bilk everything she could from an elderly man she was serving as a carekeeper.

Law enforcement agencies continually warn older citizens to be careful of those trying to offer them deals and ask for money before giving them service, but the number of scams grows and grows. Neighbors and friends are urged to report anything suspicious at the residences of the elderly.

The good news is that here are facilities senior centers throughout Florida, offering entertainment and recreation for those who have reached the autumn of their lives.

The Sanford Senior Center offers everything from cribbage and crafts to dancing and dominoes. Elizabeth Taylor teaches tap dancing on Thursdays for a \$2 donation. Yeah, Elizabeth Taylor.

Bob Von Herbults, 74, comes to the Center three times a week to play pool. He frequently plays with Jim Lavery, 74, from DeBary and Jim Kahawai, 75, a transplant from Honolulu, Hawaii to Central Florida. Kahawai came here after his wife (Kahele) died. They were married 51 years.

"Florida was my choice," Kahawai said. "My daughter lives here. It is like Hawaii, and here I am with my grandchildren. They call me Tutu - granddaddy."

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