





VIETNAMESE WOMEN... marching in a parade to all jobs left vacant by the... North Vietnamese army...

### Viet Cong Agree To Cease-Fire

## Saigon Slates Tet Truce Feb. 6

By GEORGE ESPER Associated Press Writer SAIGON (AP) — President Nguyen Van Thieu said today that "in principle, and like every year, there will be a truce" for the Tet festival of the lunar new year on Feb. 6.



GIRL SCOUT Junior Troop 500 of Fern Park planted trees and shrubs in beautify the grounds of English Elementary School...

### School Survey Slated By GOP

Sanford Women's Republican Club in conjunction with the Florida Federation of Republican Women, is conducting a fact-finding survey to identify and study educational problems...

### People In The News

Sen. Young WASHINGTON (AP) — Sen. Stephen M. Young, D-Ohio, a charter member of the American Legion since World War I, says he has resigned to protest a plan to raise \$200,000 for the defense of Lt. William L. Calley...

### FUNNY BUSINESS

By Roger Bollen... HOW THIS IS OUR DELUXE MODEL... IT'S OUR CHECK OF A TRUCK-CHASSIS!

## Carswell Faces Senators In Second Day Go-Round

By JOHN CHADWICK Associated Press Writer WASHINGTON (AP) — Judge G. Harold Carswell says he never has and never will accept fees for off-the-bench activities and if confirmed as a Supreme Court justice would disclose his financial affairs.

## Lobby Hits Nixon

By GENE BERNHARDT WASHINGTON (UPI) — The power of a lobby that drew the President of the United States before television cameras to explain a veto drew its strength from a school child hearing a note home and the professional educator confronting Congressmen.

## Student Advisory Group Pondered

Subjects taught in the schools This prompted Angell to reply, "Less I be misquoted, I will not go along with better students choose their course of study."

## Sanford Vegetable Market



BUS PATROLS at Altamonte School include (front row, left to right) Lynn Steffe, Leigh Catlett, Paula Pite, Lynn Catlett, Terry Willoughby, and Janet Tobin.

## Area Deaths

MRS. H. L. RICE Mrs. Hilda L. Rice, 67, of 1116 W. Fulton St., Sanford, died Tuesday at DeBarry Manor.

## Funeral Notice

HARDY, CHARLES A. — Funeral services for Charles A. Hardy, 60, of 2306 S. Melville Ave., Sanford, will be held at 10 a.m. Thursday at DeBarry Manor.



MISS MELLOUISE CHERRY, media specialist is the librarian at the Geneva Elementary School where she comes twice a week to assist the children in careful selections of books...

## Hospital Notes

JANUARY 27, 1970 ADMISSIONS Agnes S. Harper, Sanford; Priscilla Morris, Sanford; Helen N. Esterson, Sanford; Edna Mack, Sanford; Charles A. Fryman, Sanford; Sarah V. Ogleby, Sanford; Irene W. Smith, Sanford; Reginald Anderson, Sanford; Shirley A. Swisher, Sanford; Amelia E. LaFila, Sanford; James Smith, Sanford; Arch T. Schrock, Deltona.

## Sanford Vegetable Market

Shipping point information for Tuesday, January 27. All sales FOB for stock of generally good quality, unless otherwise stated.

## Area Deaths

MRS. B. BAKER, Sanford; Mrs. Dorothy Danko, Pompano Beach; a son, Charles A. Hardy Jr., Sanford; father, J. T. Hardy, Sanford; four sisters, Mrs. Ann B. Harris, Orlando; Mrs. Florence Beecher, Pompano Beach; Mrs. Leontine Bass, Tampa; Mrs. Millie Kelly; 10 brothers, J. L. Hardy, Jacksonville; J. L. Hardy, Jacksonville; Ralph Hardy, Orlando; Henry Stone, St. Petersburg; Marion Stone, Orlando; Fountain Stone, Tampa; James T. Hardy Jr., Pompano Beach; William E. Hardy, Spenser; Hardy, Titusville, and Raymond Hardy, Sanford; several nieces and nephews.

## Area Deaths

CHARLES A. HARDY Charles A. Hardy, 60, of 2306 S. Melville Ave., died Tuesday in Dooly County, Ga. He lived in Sanford for the past 40 years. He was a member of the First Baptist Church. He was a retired mechanic.

## Area Deaths

OAKLAWN MEMORIAL PARK Memorial Park Cemetery COUNTRY CLUB ROAD 4 Miles West of Sanford

## Completes One Year As No. 2 In Florida

# Lt. Gov. Describes 'A Brush With History'

By JIM PURKS Associated Press Writer TALLAHASSEE, Fla. (AP) — Lt. Gov. Ray Osborne today observes a Florida day — one year in office as Florida's first lieutenant governor in a century.

ALUMINUM FOIL 35c VALUE 19c LIMIT 2; GILLETTE SUPER STAINLESS BLADES \$1.45 VALUE 88c LIMIT 1; MODESS SANITARY NAPKINS 60c VALUE 34c LIMIT 1; MISS BRECK HAIR SPRAY 98c VALUE 49c LIMIT 1; LISTERINE ANTISEPTIC \$1.19 VALUE 69c LIMIT 1; DIAL SOAP 2 FOR 31c VALUE 9c EACH LIMIT 2

WE FIGHT INFLATION WITH SUPER Xtra... Low Prices! America's Fastest Growing Drug Store Chain

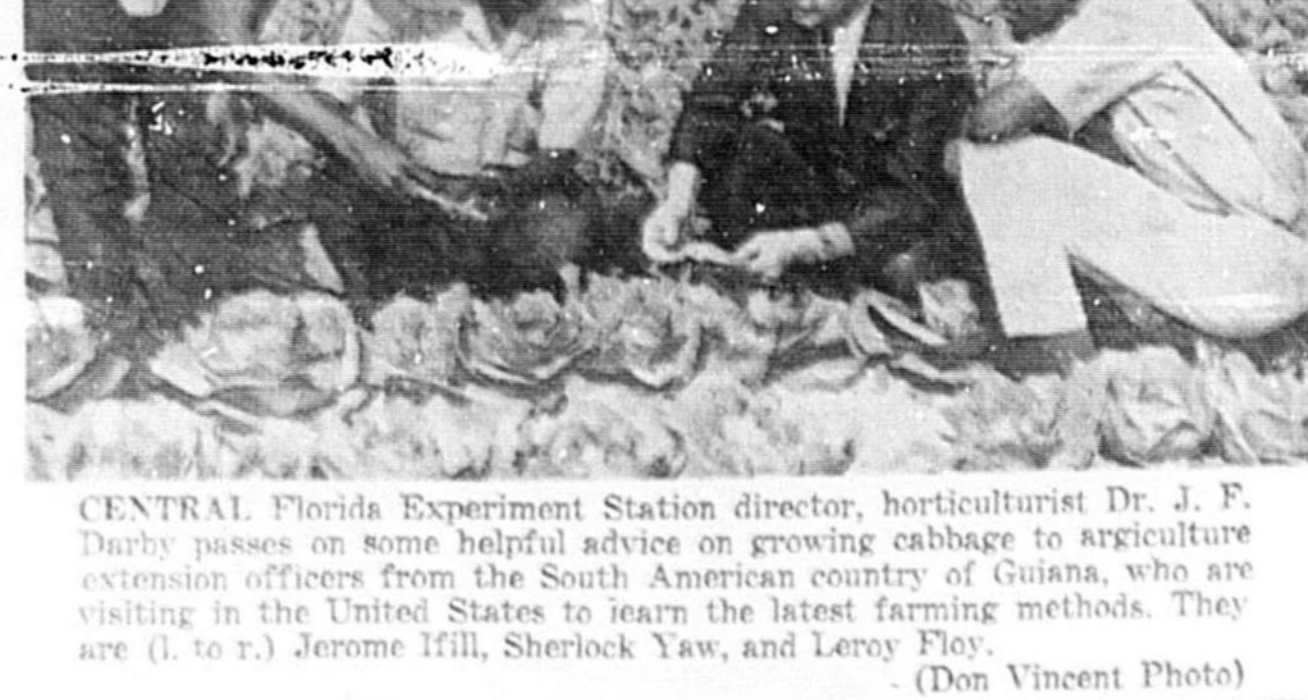
REG. 10c A BOX CRACKER JACK 3 FOR 25c; REG. 50c VALUE CANDY BARS 10 FOR 29c; REG. \$12.95 PORTABLE RADIO \$9.99; REG. 99c EACH VALUE 9-VOLT EVEREADY BATTERIES PACK 2 FOR 98c; REG. 78c VALUE VALENTINE CARDS 47c; REG. 39c BRACH'S 13 OZ. CONVERSATION HEARTS 39c; REG. 79c BRACH'S 1 LB. HEART BOX CHOCOLATES 79c; REG. \$1.39 BRACH'S ONE LB. HEART BOX CHOCOLATES \$1.39; REG. 99c ONE POUND MILK CHOCOLATE HEARTS 99c; REG. \$2.75 QUEEN ANNE HEART BOX CHOCOLATES \$1.99; REG. 39c PAPER-MATE FLAIR PEN 33c; REG. 49c ENVELOPES 29c; REG. 29c PENCILS 12 FOR 29c; REG. 49c CRAYONS 49c; REG. \$1.00 STATIONERY 39c; REG. 39c DIAL 39c; REG. 47c LUX 47c; REG. 29c CHEESE PUFFS 29c; REG. 29c BACHMAN PRETZELS 29c; REG. 49c MINTS 49c; REG. \$1.19 DIAPERS \$1.19; REG. 49c SHAMPOO 49c

# Three Guianans Study Florida Agriculture

By MARION BETHA  
The present quest for knowledge has never been as intense as it is today, and this is especially true in the case of the three Guianans who are studying agriculture in Florida.

The agriculturalists, whose names are Phillip Yaw, Jerome Hill and Leroy Floy, are from the Republic of Guyana, South America, and are studying agriculture in Florida. They have recently returned to Washington, D.C., to the University of Florida, Gainesville, and are now guests at the Central Florida Experiment Station.

The three men are here under the U.S. Department of Agriculture AID exchange program, which is administered by the U.S. Department of State in Washington, D.C. Dr. Frank Starkey, chief of the experiment station, explained that for many years the United States has had most of the world's surplus agricultural products which are being rapidly disposed of.



CENTRAL Florida Experiment Station director, horticulturist Dr. J. F. Darby passes on some helpful advice on growing cabbage to agriculture extension officers from the South American country of Guyana, who are visiting in the United States to learn the latest farming methods. They are (l. to r.) Jerome Hill, Phillip Yaw, and Leroy Floy. (Don Vincent Photo)

## Safety Commission Hits Colored TV

WASHINGTON (AP) — The National Commission on Product Safety says 122 models of color television sets have been catching fire at the rate of 12 per 100,000. It said the sets it identified were igniting at the rate of 30 per 100,000. Chromatic television sets manufactured by Lear Siegler Corp. averaged the highest fire rate in the industry, the commission said. It said the sets were identified as possible hazards.

### U-Pick-It

2400 FRENCH AVE.  
WHERE YOU BUY THE AMOUNT YOU WANT!

RED TASTY TOMATOES	2 LBS. 49¢
GOLDEN RIFE BANANAS	3 LBS. 29¢
FRESH CRISP LETTUCE	HEAD 9¢
NEW RED POTATOES	10 LBS. 39¢

These Prices Good Thru Sunday, Feb. 1.

Have a FREE CUP OF COFFEE WHILE YOU SHOP!

## They're Reading Ugaritic Now

CLAREMONT, Calif. (AP) — The Claremont Colleges' Institute for Antiquity and Christianity is translating Ugaritic. The writings are on clay tablets being dug out of a mound that once was the City of Ugarit, cultural center of the eastern Mediterranean world before the time of Moses.

### Local Artist Supports Exhibit

By LIZ MATHEUX  
One of the area's most outstanding artists, Mrs. Judy Maloney, has consented to donate one of her classic oil paintings to the exhibit.

## Governor Will Intervene in Mix Suits

# Bay To File New School Mix Plan

By THE SANFORD HERALD  
A federal judge has allowed Bay County one of 11 South Florida school districts originally affected by the Supreme Court's Feb. 1 decision for total desegregation — to submit a new plan desegregating the number of pupils who would be shifted to new classrooms.

## Extradition Requested

ORLANDO, Fla. (AP) — Orlando-based company which has been charged with defrauding the state of \$1 million in insurance proceeds filed Tuesday night a request for extradition.

## Fourth Held In Triple Slaying

CLEVELAND (AP) — Sources close to the Yablonsky family, saying investigation today killed three hired gunmen.

## Chickens With Cancer Repugnant: Agri-Chief

TALLAHASSEE, Fla. (AP) — A federal report that recommended cancerous chickens be sold on the market "is long a repugnant" was declared repugnant Tuesday by Agriculture Commissioner Doyle Comer.

## Radio, TV Hit By Sales, Use Taxes

TALLAHASSEE, Fla. (AP) — Florida's radio and television stations must pay state sales and use taxes on films, audio tapes and video tape recordings, a Circuit Court judge has ruled.

## Anti-Insomnia

NEW YORK (AP) — The best "sleeping potion" is moderate exercise in fresh air, the Health Insurance Institute says. But the Institute, headquartered in New York, listed other rules it said should lead to sound sleep.

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### Lakeview Nursing Center

616 EAST SECOND STREET  
SANFORD, FLORIDA 32771

Dear Friends:  
Mrs. Miller and I purchased the former Sanford Manor to ensure the residents of the area the finest nursing care.

Monday, February 27th, the Lakeview Nursing Center will open its doors to the community. We are currently accepting applications for admission of patients. The first week will be an open house. We hope you will stop by and get acquainted with the new staff, program and services.

Very sincerely yours,  
Willbert G. Miller  
Willbert G. Miller



## Cost cutter.

It's little wonder you've found so many ways to make your work easier and your life brighter with electricity. After all, it's the biggest bargain in your budget. The average price paid per kilowatt hour by RFL-served families today is actually one-third less than it was in 1957. How's that for bucking the inflationary trend?

Carving the roast... drying your hair... powering a drill... bringing your color TV — when it comes to serving you in a variety of ways, there's just no match for flameless electric...

Sir George Thomson, 77-year-old Nobel prize-winner, made what he called "an appeal to doctors" in the medical journal Lancet. Thomson cited pneumonia as the "old man's friend" which has deserted him driven away by antibiotics, and leaving him to a life he might no longer desire.

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GREATER Oviedo Jaycees presented John Conley, left, with the Distinguished Service Award at the DSA Banquet. James DeShazo (right) received Key Man Award and Jaycee of the Month for November. (Liz Matheux Photo)



BEN WARD was presented Appreciation Award by Greater Oviedo Jaycees Prax Charles Walls (right) at banquet. (Liz Matheux Photo)

### 1970 Florida State Fair

TAMPA  
FEBRUARY 3-14

Charley Pride  
Sonny James

### WYOU Salute to Country Music Show

Plus The Country Gentlemen and Mary Taylor

Four Big Shows, February 7 & 8 at 6:30 p.m. and 8:45 p.m.

Grandstand Attractions!  
Shrine Day & Show — Feb. 3 — 1:00 p.m.  
IMCA Winter National Auto Sprints Feb. 4-7-8-11-14 — 1:30 p.m.  
Danny Fleenor's Hurricane Hill Drivers with special entertainment by the nationally televised Hijuna Brats on Feb. 10  
Night Illuminated Gasparilla Parade from Ybor City — Feb. 12 — 8:30 p.m.

Help Drivers plus Hugo Zaccchini and Jimmy Troy — Feb. 9-11-13-14 — 8:00 p.m.  
New! Seven Star Motorcycle Races Feb. 3 & 6 — 7:00 p.m.  
The Live Ones Give the Beat... Dance sponsored by Pepsi... featuring The Good, Bad and Ugly and the Opposite Sexes — Feb. 4 — 7:00 p.m.  
Gasparilla Pirate Invasion and Parade — Feb. 9 — 1:30 p.m.  
Night Illuminated Gasparilla Parade from Ybor City — Feb. 12 — 8:30 p.m.

For reserved seats and advanced ticket information, write TICKETS, Florida State Fair, P. O. Box 1231, Tampa, Florida 33601  
MIDWAY! LIVESTOCK SHOWS! EXHIBITS! SPECIAL EVENTS!

DR. WILLIAM PROCTOR, dean of men at Florida Technological University, was guest speaker at the Greater Oviedo Jaycees DSA Banquet speaking on the problems of drugs and student unrest found on many campuses. (Liz Matheux Photo)



THIS SANFORD HERALD... Wednesday, January 28, 1976... Page 2A

# Public Must Be Informed, Seminar Told Understanding Of Mental Health Needed

**By CHARNER LEONE**  
The only public knowledge and understanding of the program sponsored by the Sanford Woman's Club...  
The program started in 1965 as an outgrowth of interviews with persons who had attempted to take their lives...  
The 24-hour service is maintained by specially trained volunteer workers...  
This would enable many patients to be treated at home instead of being sent to mental hospitals...  
Free kindergartens will help solve this problem, he said...  
**Legal Notice**  
**NOTICE TO REMOVE**...  
**NOTICE TO RECEIVE**...  
**NOTICE TO REMOVE**...  
**NOTICE TO RECEIVE**...  
**NOTICE TO REMOVE**...  
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**NOTICE TO REMOVE**...  
**NOTICE TO RECEIVE**...

# "SEND" A VALENTINE VIA CLASSIFIED ADS THIS YEAR!



**LOVE**  
MAKES THE WORLD GO 'ROUND!

## SPECIAL VALENTINE PAGE

You can start a whole new world of understanding and warmth with a classified Valentine to your boss, mother, secretary, neighbor, customer, teacher or any one else to whom you'd like to send a special Valentine.  
A Valentine page with the theme "Love makes the world go 'round", will run with color in the classified advertising section of The Sanford Herald Friday, February 13th.

**TO BE PUBLISHED**  
**FRI., FEBRUARY 13th**  
(Valentine Day 1974)

Enclosed is my payment of \$4.00 for the special Valentine Page to be published Friday, February 13th  
**NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_**

**CLASSIFIED ADVERTISING**  
**THE SANFORD HERALD**  
**P.O. BOX 1657**  
**SANFORD, FLORIDA 32771**  
**PHONE 322-2611 or 425-5938**

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**322-2611**  
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**425-5938**
- 1. Lost & Found
- 2. Personal
- 3. Announcements
- 4. Male Help Wanted
- 5. Female Help Wanted
- 6. Home For Sale
- 7. Rooms For Rent
- 8. Real Estate
- 9. Financial
- 10. Merchandise
- 11. Automotive
- 12. Business Opportunities
- 13. Real Estate Auction
- 14. Male or Female Help Wanted
- 15. Child Care
- 16. Rooms For Rent
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- 98. Merchandise
- 99. Automotive
- 100. Business Opportunities

**USE LOW-COST FAMILY WANT ADS** DIAL 322-2611 or 425-5938 AND SAY "CHARGE IT"

This special offer for miscellaneous merchandise only. Classification "55." Ad must state price of merchandise to be advertised. Count approximately 5 words per line to figure total lines.

**USE YOUR BANKAMERICARD**

- WANT AD INFORMATION**
- 1. Lost & Found**
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# Educator Honored

By MRS. E. F. THOMAS JR., Secondary education, North Orlando Alumni Chapter of Kappa Alpha Psi Fraternity observed Founder Day Sunday at the Mount Olive AME Church in Orlando at 11 a. m. The theme for the observance, "Training for Leadership," was announced by Dr. Johnny L. Jones, director of secondary education, North



MRS. S. H. BLACKSHEARE and Mrs. John L. Jones, Kappa wives, receive corsages. (Doris Thomas Photo)

of keeper of records for the Fraternity. Mrs. Blacksheare and Mrs. Jones, wife of the speaker, were presented corsages. Kappa men of Sanford are W. A. Ashby, Blacksheare, H. L. Heloe and C. G. Roberts.

Members of New Salem Missionary Baptist Church sponsored a new rally Sunday afternoon for the purpose of purchasing furniture for its newly constructed parsonage located at 3018 Oleander Avenue. Construction got underway in September and the final release of the home is expected in the next few weeks.

Mrs. Ruby D. Hurston served as chairman of the fund raising project. Rev. O. W. Williams of Holy Sound is the pastor.

Crooms High Parent-Teacher Association will meet Monday at 8 p. m. in the Crooms Auditorium. Report cards will be issued.

Mrs. Janice Ashley McCoy spent a few days at the Paine College semester break at home with her parents, Mr. and Mrs. W. A. Ashley. Mrs. McCoy is to be congratulated for making the Dean's List at Paine College.



E. L. BLACKSHEARE receives plaque for outstanding services to Kappa Alpha Psi Fraternity. Making the presentation is Kappa Polemarch W. A. Ashby. (Doris Thomas Photo)



REV. AND MRS. O. W. WILLIAMS, pastor and wife of New Salem Baptist Church are pictured in front of the newly constructed parsonage. Also shown (front to back) are Mrs. Eula Nelson, Little Angella Delancy, Mrs. Mattie Cherry, Mrs. Sarah Harper, Mrs. Rub Hurston, and Mrs. Willie Pearl Kelley. (Doris Thomas Photo)

## U. S. Bank Deposits \$6.5 Million

The United States Bank of Seminole closed out the year 1969 with a 54 per cent increase in deposits over the previous year. John W. Mercer, president announced today. Deposits increased to almost \$6.5 million which was an increase of over \$1.5 million over the previous year. Total resources amounted to just over \$7 million, an increase of \$1.75 million, or 25 per cent over 1968. There was a corresponding increase in the demand for loans over the same period of time. This rate of growth indicates that the United States Bank continues to be Seminole County's newest and fastest growing bank; as it has been each year since its beginning on Feb. 28, 1965, according to Mercer. Mercer reported that remodeling of the bank to provide an additional 2,000 square feet of floor space is moving according to plans and should be completed well in advance of the fifth anniversary of the opening of the bank. The remodeling will provide for a loan department, additional lobby space, additional bookkeeping space, board room and an employee lounge. The bank now has three drive-in teller services and is the only bank in Seminole County which remains open until 8 p. m. on every lounge. The Father Richard Lyons Council of Knights of Columbus will meet Wednesday, Jan. 28, at 7:30 p. m. and celebratory Church Night with Rev. Norman Uthoff of St. Mary Magdalene Parish as guest speaker. Recently Grand Knight Gene Gilman presented a joint mental health center in Longwood Plaza. The donation was accepted by Mrs. J. J. Stecokowski, first vice chairman of the board of directors of the Seminole County Mental Health Center. This is a small area of the community involvement of the K. of C.

### A&P

**COOKED SHRIMP** 89¢  
**FROZEN HEADLESS SHRIMP** 99¢  
**SHRIMP CREOLE** 49¢

**Super-Right Short Shook Smoked HAM**  
SHANK PORTION **59¢**  
WHOLE or SHANK HALF HAMS **69¢**  
CENTER HAM, SLICES **59¢**

**Super-Right Beef CHUCK STEAKS** **68¢** LB. BONE IN

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**GRADE "A" QUICK FROZEN YOUNG TURKEYS** **39¢** (16-20 LB. AVG.)

**Swiss Steak** 98¢  
**Chopped Beef** 99¢  
**Chipped Beef** 99¢  
**Little Sizzlers** 59¢

### LIBBY'S SALE!

**Y. C. PEACHES** 3 **\$1.00**  
**LIBBY'S REGULAR FRUIT COCKTAIL** 4 **\$1.00**  
**GOLDEN CORN** 5 **\$1.00**  
**LIBBY'S CURT GREEN BEANS** 5 **\$1.00**

### ARMOUR CANNED MEATS!

**ARMOUR CHILI w/BEANS** 39¢  
**CORNER BEEF HASH** 49¢  
**ARMOUR BEEF STEW** 63¢  
**ARMOUR TREET** 59¢  
**DEVILED HAM** 4 **89¢**

### WHITE BEAUTY Shortening

**3-LB. CAN 49¢**  
LIMIT 1 W/5\$ OR MORE ORDER EXCL. CIGARETTES

### EXTRA SPECIAL VALUE KRAFT Mayonnaise

**QUART JAR 49¢**  
Sultana Mayonnaise 39¢  
LIMIT 1 JAR OF YOUR CHOICE W/5\$ OR MORE ORDER EXCL. CIGARETTES

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**QUART JAR 49¢**  
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**CORNER BEEF HASH** 49¢  
**ARMOUR BEEF STEW** 63¢  
**ARMOUR TREET** 59¢  
**DEVILED HAM** 4 **89¢**

### VALUABLE COUPON

**Cheerios** **33¢**  
**PROTEIN PACKED OATS** **43¢**

### VALUABLE COUPON

**50 EXTRA** **25 EXTRA**

## Boeuf Miroton Of Gourmet Club

By TOM HOGE  
Associated Press Writer  
The core of arms of the International Gourmet Club is a polished knife and fork; its members believe the way to a man's mind is through his stomach. "We try to interest our members in faraway lands by introducing them to the culinary mysteries of those countries," explains Pierre Furst, dapper Parisian who is president of the New York City-based gourmet club. It started 16 years ago when Furst and a few friends in New York and Philadelphia ate and drank for a congenial evening. The group gradually broke up as members left the city to take new jobs. But the memory of those dinners lingered. Then in 1966, Furst formed the Gourmet Club. Every two months, the 70-odd members gather in some noted foreign restaurant to sample the national delicacies. Since this pleasant custom began, they have partaken of Japanese "afrodiasiac" mushrooms, Lebanese sheep stuffed with pine nuts and pistachio nuts, and a Canadian meat pie known as tourtiere. Last March, at an unforgettable luncheon, the faithful feast on mignon de boeuf en croûte washed down with Chateau de Troves red wine.

## Chicken Velvet From Chinese

By CECILY BROWNSTONE  
Associated Press Food Editor  
This Chinese dish, Chicken Velvet, uses ingredients available at local supermarkets. And it's suitable for serving at lunch or supper. Make up the whole menu Chinese-style. Start off with chicken broth and crisp crackers or wonton soup. For dessert you might offer pineapple slices and homemade or store-bought almond cookies. CHICKEN VELVET Seasoning Liquid see recipe below 2 cans (each 4 ounces) chicken spread 1 teaspoon water 4 egg whites, from large eggs ½ cup salad (not olive) oil 1½ cups (about ½ pound) sliced fresh mushrooms 1 package (7 or 8 ounces) frozen peas 1 can (8 ounces) water chestnuts, drained and sliced (½ cup) Hot cooked rice Prepare the Seasoning Liquid and set aside. In a small mixing bowl mix together the chicken spread and water. In a medium mixing bowl beat egg whites until they hold stiff straight peaks when beater is slowly withdrawn. Fold in the chicken mixture in several batches. Meanwhile in a 10-inch skillet heat the oil. Drop half the chicken mixture. Fry, turning several times, until golden brown and set; keep warm. Fry remaining mixture the same way. Pour off oil and return four tablespoons of it to skillet; heat. Add mushrooms and over moderate heat stir-fry for a minute. Add frozen peas; increase heat until peas are defrosted, then over moderate heat stir-fry for a few minutes. Add the water chestnuts and the Seasoning Liquid. Stir constantly until sauce is clear and thickened. To serve, pour the sauce over the patties. Or for patties that stay crisp on the outside, spoon the sauce separately or spoon to one side of the patties. Makes four servings—two patties per portion. SEASONING LIQUID 2 tablespoons cornstarch 1 teaspoon sugar 1 can (13 ounces) chicken broth 1 into a small mixing bowl or one-pint measure turn the cornstarch and sugar. Gradually stir in the chicken broth, stirring smooth. Stir well just before using in Chicken Velvet recipe.

### ROQUEFORT

2 large white onions  
1 soup spoon crumbled white bread (milling crust)  
1 Boil sauceman of water and drop onions in; cover and wait two minutes. The onions will peel easily "and not make you cry." Cut them up and chop in a wooden bowl.  
Heat fat in a casserole. Add bouillon. Drop onion pieces into it and stir till golden. Slowly add flour and wine. When mixture comes to a boil add vinegar, garlic cut into small pieces, salt and parsley. Remove from fire after couple of minutes. Cut beef into thin slices and place in a buttered roasting pan. Pour the sauce over and place bread crumbs atop. Place in oven at about 350 degrees, preheated (this was not in original recipe). Ten minutes later turn the meat. Continue turning at five minute intervals until meat is ready to serve. The chef, Auguste Colombie, notes cryptically that pepper may be added to taste, or a teaspoon of mustard for those who prefer it.

### CHOCOLATE OATMEAL CAKE

Makes one 9-inch cake  
CRUNCHES:  
½ cup quick or old fashioned oats, uncooked  
2 tablespoons finely packed brown sugar  
1 tablespoon butter or margarine, melted  
¼ cup chopped salted peanuts  
CAKE:  
¾ cups boiling water  
1 cup quick or old fashioned oats, uncooked  
¼ cup butter or margarine, soft  
1 cup granulated sugar  
1 egg, barely packed  
2 tablespoons vanilla  
2 eggs  
2 envelopes (1 oz.) non-salt unsweetened chocolate flavored liquid  
2½ cups sifted all-purpose flour  
1½ teaspoons soda  
½ teaspoon salt  
COCOA BUTTER  
GLEAM KING  
For crumb, beat water over oats; stir to combine. Cover and let stand 30 minutes. Beat butter until creamy; gradually add sugar, beating until fluffy. Blend in vanilla, eggs and chocolate. Add oats mixture; blend well. Sift together flour, soda and salt. Add to creamed mixture; blend well. Pour batter into a well-greased and floured 9-inch square baking pan. Bake in preheated oven (350°F.) 50 to 65 minutes. Cool 15 minutes; remove from pan; cool thoroughly. Split cake horizontally into 2 layers. Spread bottom layer with some of the icing; sprinkle with a small amount of reserved crumbs. Place second layer on top of bottom layer. Frost top and sides of cake with remaining icing; sprinkle top and sides with more crumbs.

### Country Inn Rarebit

One of the oldest and most popular of all cheese dishes, Welsh Rarebit or Rabbit, dates back to the 17th century when it was a standard item on the menu at Ye Olde Cheshire Cheese in London. Of cheese—"one old, one medium and one very young." Tossed with bread was soaked with a mixture of stout and ale, then underdone, but stirring the melted cheese in a chafing dish when Welsh rarebit came to be made more like fondue, a standard American way by the 1860's. The amount of beer needed for rarebit is an interesting factor variation. Experiment with the original Cheshire cheese or Double Gloucester, also an English cheese. One of the unique qualities of beer cookery is its flexibility. Traditionally seasoned with dry mustard, rarebit takes on new interest with a change of seasonings in this recipe:  
½ cup beer  
1 tablespoon butter or margarine  
4 cups (1 pound) shredded cheddar cheese  
1 tablespoon tomato paste  
Combine beer and margarine in medium saucepan. Heat until beer begins to boil. Add remaining ingredients. Heat, stirring constantly, until cheese is melted and mixture is thick. Serve immediately over toast. Makes about 2 cups, or 4 servings.

### food news & cues

from the Quaker Test Kitchens

### Double Treat: Chocolate Oatmeal Cake

Two old favorites, chocolate and oats, double scrumptiously in this Double Treat Chocolate Oatmeal Cake. Crisply toasted oats and peanuts sprinkled between the layers and over the chocolate-frosted top complement the nut-like flavor of oats in the cake.  
COCOA BUTTER  
GLEAM KING  
For crumb, beat water over oats; stir to combine. Cover and let stand 30 minutes. Beat butter until creamy; gradually add sugar, beating until fluffy. Blend in vanilla, eggs and chocolate. Add oats mixture; blend well. Sift together flour, soda and salt. Add to creamed mixture; blend well. Pour batter into a well-greased and floured 9-inch square baking pan. Bake in preheated oven (350°F.) 50 to 65 minutes. Cool 15 minutes; remove from pan; cool thoroughly. Split cake horizontally into 2 layers. Spread bottom layer with some of the icing; sprinkle with a small amount of reserved crumbs. Place second layer on top of bottom layer. Frost top and sides of cake with remaining icing; sprinkle top and sides with more crumbs.

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  - Bayer Aspirin Tablets 200 ct. \$1.49 (Expires Wed., Feb. 4, 1970)
  - Sue Bee Honey 4 lb. jar \$1.45 (Expires Wed., Feb. 4, 1970)
  - Borden's Instant Potatoes 16 1/2 oz. pkg. 59¢ (Expires Wed., Feb. 4, 1970)
  - Kruff's 1000 Island Dressing 16 oz. bot. 65¢ or Miracle French Dressing 16 oz. bot. 59¢ (Expires Wed., Feb. 4, 1970)

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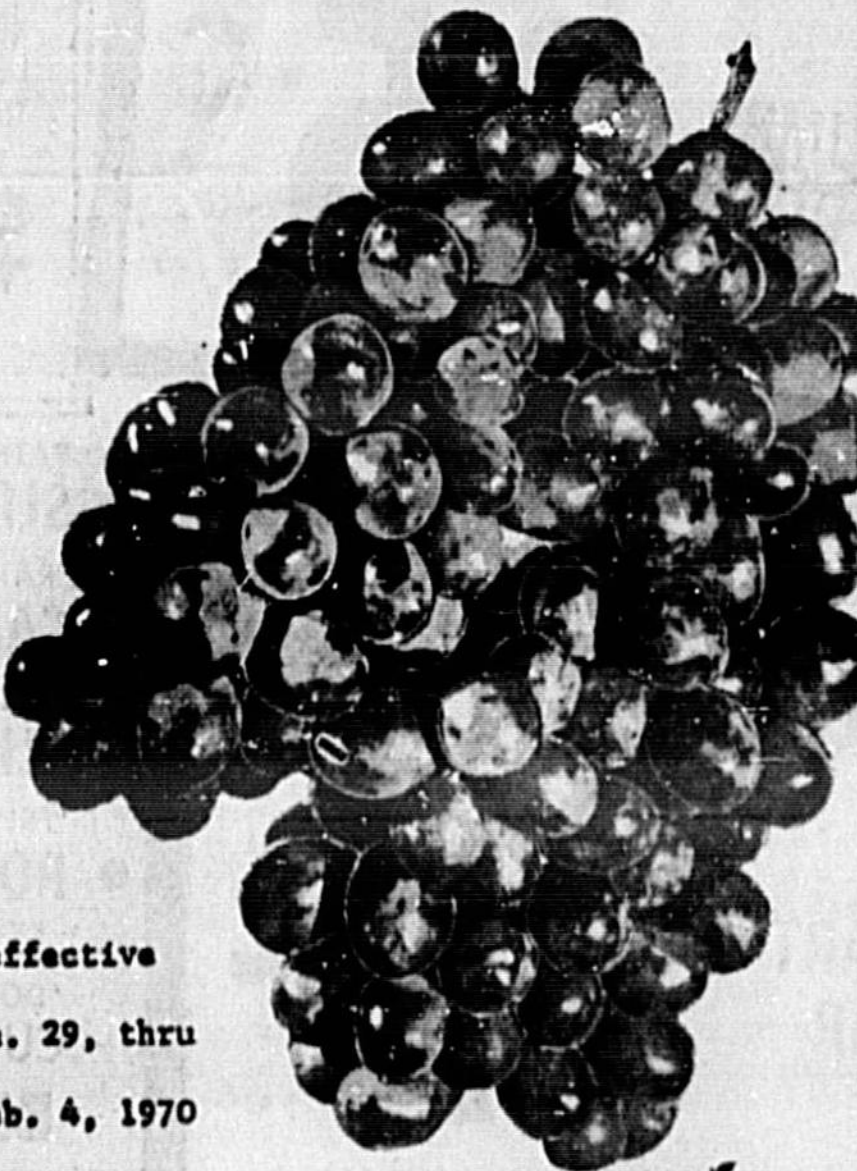
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5. Brilliant Frozen Cooked Shrimp 10 oz. pkg. 99¢ (Expires Wed., Feb. 4, 1970)
- 50 Green Stamps**
6. Tarnow's Oven-Ready Meat Loaf 1 1/2 lb. \$1.19 or 2 1/2 lb. \$1.69 (Expires Wed., Feb. 4, 1970)
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St. Louis  
Banana  
Hot Split

By GIBBY BROWNSTONE  
Associated Press Food Editor

Here's a new recipe that will go down in the annals of sandwich-making.

It's for a St. Louis Hot Banana Split—made with bananas, three kinds of ice cream, a fabulous Peanut Butterscotch Sauce and the usual whipped cream and cherry toppings.

Why the St. Louis in the name? That's in honor of the inventor of peanut butter—a St. Louis "Ma," physician who created it up in 1880.

Youngsters of all ages love this sauce, and so do adults—including me. It's great to have in the refrigerator because it can be reheated to serve not only on the banana split, but on plain ice cream. Children I know adore it, too, on French toast, and they use it cold as a spread for graham crackers.

One word about storing this sauce—for this you must make it in the quantity given. Our experience is that if the recipe is cut in half and refrigerated it will sugar. But the whole-quantity recipe won't, even if it's refrigerated for as long as several weeks. Don't ask us to explain why.

ST. LOUIS  
HOT BANANA SPLIT

Bananas  
Vanilla ice cream  
Chocolate ice cream  
Coffee ice cream  
Peanut Butterscotch Sauce, see recipe below  
Whipped cream  
Maraschino cherries

For each banana split, cut one peeled banana in half lengthwise. Place halves in banana split glass or on dessert plate with cut sides up.

Between the banana halves place a scoop each of vanilla, chocolate and coffee ice cream. Spoon over the ice cream three tablespoons of warm Peanut Butterscotch Sauce.

Top with a spoonful of whipped cream and a maraschino cherry. Serve at once.

PEANUT BUTTERSOTCH SAUCE

3/4 pound (2 sticks) butter  
2 cups firmly packed light brown sugar  
1 can (5 1/2 fluid ounces) evaporated milk (2/3rd cup)  
1/2 cup creamy peanut butter

In a saucepan over low heat melt the butter.

Gradually stir in brown sugar, then undiluted evaporated milk. Add peanut butter and cook, stirring constantly, until blended. Serve warm as directed in St. Louis Hot Banana Split recipe or over plain ice cream.

Makes two and a half cups sauce.

Note: Refrigerate any leftover sauce in a plastic container or wide-mouth jar. To reheat spoon sauce into saucepan and over low heat stir until warm.

BUFFET SUPPER

Split Pea Soup with Sherry  
Curried Shrimp  
Rice  
Snap Beans  
Salad Bowl  
Pineapple Compote

PINEAPPLE COMPOTE

1 medium or large grapefruit  
1 can (1 pound, 4 1/2 ounces) pineapple chunks  
1/4 cup syrup-preserved sliced ginger, not packed down

Place grapefruit in one white melonite remains; cut sections away from dividing membranes; drain. Mix grapefruit sections with pineapple and chill. Just before serving, stir in ginger. (If ginger is added too much in advance, it "takes over" the other fruit flavors.) Make four good-size servings.

FAMILY DINNER

Foosli Pork  
Oven Potatoes  
Horseshoe Applesauce  
Green Peas  
Toasted Pound Cake  
Beverage

HORSERADISH APPLESAUCE

1 jar or can (15 to 17 ounces) applesauce (about 2 cups)  
1 tablespoon lemon juice  
1 tablespoon bottled white horseradish, just as it comes from the jar  
1/4 teaspoon nutmeg

Thoroughly stir together all the ingredients. Chill. Serve with roast pork. Rich is just as tasty with roast chicken or duck. Makes six healthy servings.

Endurance

ASPER, Colo. (AP)—Chuck Retscher, 22, a Colorado College student from Aspen, is only the fourth person on record to hike along the Continental Divide in Colorado from the Wyoming to the New Mexico boundary.

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LB. PKG.

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8 TALL CANS

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4 20 OZ. LOAVES

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"GOLDEN RIPE" BANANAS

LB.

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19¢

"SWEET" CALIF. RED GRAPES

LB.

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"SWEET 'N' JUICY" McINTOSH APPLES

3 LBS. (CELL) BAG

39¢

HEAT COOKERY

Q. What is the name of this cut of meat?  
A. Lamb Leg Steak.

Q. Where does it come from? How is it identified?  
A. Lamb leg steaks are cut from the center area of the American or ribbed leg. Each contains a section of the round leg bone. The muscles, located on the inside, outside and knuckle.

Q. How is it prepared?  
A. By broiling or panbroiling. To broil, place steak (1 to 1 1/2 inches thick) on rack of broiler pan 2 inches from heat. Broil until top side is brown, approximately 10 minutes. Season with salt and pepper, if desired, and turn. Brown on the other side for 8 to 10 minutes or until meat is done. Season, if desired. To pan-broil thinner steaks, broil meat on both sides in a lightly greased frying-pan. Season, if desired. Do not cover the meat. Cook at a moderate temperature, turning occasionally, until done.

THE FAMILY LAWYER

Finished with her shopping, Mrs. Wilson headed for the automatic doors at the front of the market. But by mistake, she approached the IN side instead of the OUT side. Just then someone activated the IN door, which swung against Mrs. Wilson and knocked her down. In due course, she filed a damage suit against the store.

"It is true the doors were labeled 'IN' and 'OUT,'" she said in court. "But the words were placed above eye level, where they were not easy to see. No wonder I got mixed up." However, the court denied her claim. The judge said the

store was entitled to assume that a customer would pay closer attention to where she was going.

Generally speaking, the law expects the normal shopper to be able to navigate safely out of the normal exit. As another court said, in forcing damages to a tall man who bumped his head on a short door:

"The height of the doorway was obvious. It was not a source of danger to a person exercising reasonable care."

Yet, some doors are not obvious at all. A number of recent cases have involved all-glass doors, which sometimes give what the law calls "an illusion of space." Courts have usually held that if a person bumps unwittingly against such a door, the management may be held responsible.

But this applies only if the door is truly deceptive in appearance. If markings or handles give fair warning that the door is there, then the store cannot be blamed by the person who walks into it.

Whatever type of door it is, the management does have an affirmative duty to keep it in good working order. Thus:

A woman was seriously injured in a revolving door when someone speared it around with a push. Investigation revealed that the broken handle, which was supposed to hold the speed down, were all worn out.

Accordingly, a court ruled that the management was liable for the woman's injury. Its negligent upkeep, said the court, had changed a safe exit into a place of danger.

The oldest vertebrate fish fossils ever found in the United States were discovered in a quarry near Canon City, Colo., in 1981, in sandstone.

**Seminole Calendar**

Jan. 28. Central Florida Genealogical and Historical Society, 7:30 p.m., Orlando public library auditorium.

Jan. 30. Rotary Club Seminole County South will meet at 8 a.m., Valley Forge Country Club, Altamonte Springs. Speaker, Robert C. Ball, FBI, on "Activities of FBI in Central Florida Area."

Christmas Seal chest X-ray unit will be in Goldsboro 1-4 p.m. and 5-7 p.m.

Jan. 31. Veterans of Foreign Wars Auxiliary 10600, of Casselberry, raffle sale, 8 a.m. to 5 p.m., post home on Concord Drive.

Pilot Club raffle sale, First and Sanford (former Sanford Flower Shop room), proceeds for charity projects and scholarships.

Jan. 31. Card party, Sanford Women's Club, 7:30 p.m.

Feb. 9. Cub Scout Pack 340, Blue and Gold banquet, Community United Methodist Church Fellowship Hall at 6:30 p.m.

Feb. 9. Sanford Tourist and Shuffeboard Club, covered dish supper, 6 p.m., clubhouse on the lakefront; business meeting at 7 p.m.

Feb. 14. Sanford Girls Club regular meeting, 7:30 p.m., American Legion Hall.

Feb. 12. Seminole County Campers, 7:30 p.m., First Federal caucus room.

Feb. 14-15. Seminole County Campers campout, Broken Arrow Lake campground, Enterprise; Irma and Al Kirshstein are campout hosts.

Feb. 13. Star Seekers Valentine covered dish dinner; interested persons invited.

Feb. 18. South Seminole Senior Citizens Club will meet at 1 p.m. in the Women's Club at Casselberry.

**Mark All IRS Returns**

JACKSONVILLE, Fla. — Some Florida taxpayers make payments that cannot be properly credited to their account, according to Mr. A. J. O'Donnell, District Director of Internal Revenue for Florida. This happens when a payment is received without an accompanying form or notice or becomes separated from identifying documents.

Payments that IRS can't identify are put in a special account until proper identification can be made. Mr. O'Donnell said. This necessarily delays action on that account.

To avoid such identification problems, Mr. O'Donnell asked taxpayers to put their Social Security number on their check or money order. It will also be helpful to note the type of tax and period covered by the payment.

**DeBary AARP Enjoys Trip**

The bus tour for DeBary AARP Chapter members to Rainbow Springs last Thursday under the direction of Chapter Tour Director Mrs. Ann Wake-man was a happy experience.

This tour had been postponed because of inclement weather. The day was filled with visits to the wild bird area, the animal farm, boat ride and the underwater boat trip. The day's fun included games and singing enroute.

This trip is the first of a series of bus tours for AARP Chapter members and friends. The next bus tour will be a visit to the Florida Boys' Ranch at Lake Wales, Feb. 21, including lunch with the boys. March 24 is the date scheduled for the bus trip to see the Passion Play at Lake Wales. Reservations may be made at the monthly chapter meeting, Feb. 15.



# THREE WAY

LOWER REGULAR PRICES... WEEK LONG

DIXIE DARLING CAKE MIX

EVERYDAY LOW PRICES!

4 19-oz. PKGS. **\$1**

Libby C.S. or W.K.

Corn 5 303 CANS 95¢

Evap. Milk 3 NO. 1 CANS 39¢

Pet Milk 3 NO. 1 CANS 47¢

Gelatin 4 4 3/4 PKGS. 39¢

WHITE ARROW BLEACH

EVERYDAY LOW PRICES!

GALLON JUG **29¢**

Aster Salt 9¢

Thrift Maid Sugar 5 1/2 LB. 49¢

Sugar 5 1/2 LB. 59¢

GIANT ARROW BLUE, WHITE OR COLD WATER DETERGENT

Limit one Detergent of choice with \$5.00 or more purchase excluding cigarettes

COLD POWER DETERGENT 15¢ OFF GIANT BOX **39¢**

GIANT BOX

Fig Bars 2-1/2 PKG. 39¢

Bread 20-oz. 10-PK. 29¢

Rolls 12-PK. 12-PK. \$1.00

Buns 4-PK. 69¢

Rice 2-1/2 PKG. 39¢

Tissue 200-4 PKG. 19¢

Inst. Coffee 10-PK. 99¢

Pears 10-PK. 19¢

Sausage 4 No. 1 CAN 89¢

Vegetables 2 No. 203 CAN 37¢

Beans 5 No. 203 CAN \$1.00

Potatoes 2 No. 203 CAN 29¢

THRIFTY MAID CALIFORNIA TOMATOES

A great variety of taste-tempting foods, and you can afford them all when you buy Thrifty Maid... Our low-priced exclusive custom brand.

8 No. 303 CANS **\$1**

100-Count PKG. **99¢**

TENDERLEAF BAGS TEA **99¢**

GIANT DETERGENT TIDE

EVERYDAY LOW PRICES!

10¢ OFF GIANT BOX **65¢**

CRISCO Shortening 3 1/2 LB. 75¢

Paper Towels 3 30-3/4x55 19¢

Cigarettes 137¢

DETERGENT 12-oz. 34-oz. 77¢

Softener 12-oz. 34-oz. 83¢

Cleanser 12-oz. 34-oz. 45¢

Frostings 12-oz. 34-oz. 39¢

Defragment 12-oz. 34-oz. 89¢

Defragment 12-oz. 34-oz. 52¢

DEEP SOUTH QUARTS MAYONNAISE

LIBBY'S Halves or Sliced Peaches 3 1/2 CAN \$1.00

Pineapple Juice 3 CAN \$1.00

Chili w/Beans 3 CAN \$1.00

Cut Green Beans 5 1/2 CAN \$1.00

CS or W.K. Golden Corn 5 1/2 CAN \$1.00

Tomato or Vegetable Soup 8 1/2 CAN \$1.00

Sweetener 3-oz. 75¢

Raisins 1 1/2 1/2 33¢

Dinner Napkins 23¢

Aluminum Foil 33¢

Potted Meat 3/29¢

Vienna Sausage 8/1¢

Highway 17-92, Longwood French Ave. & 25th 419 East 1st St. Deltona

50 EXTRA TOP VALUE STAMPS

Black Pepper

Peanut Butter

Lebanese Paste

Deodorant

100 EXTRA TOP VALUE STAMPS

100 EXTRA TOP VALUE STAMPS

100 EXTRA TOP VALUE STAMPS

100 EXTRA TOP VALUE STAMPS

100 EXTRA TOP VALUE STAMPS

# SAVINGS

SPECIALS... PLUS TOP VALUE STAMPS

W-D Brand U.S. CHOICE BEEF

JOIN YOUR NEIGHBORS TODAY AT OUR TREMENDOUS MID-WINTER BEEF SALE!

W-D BRAND USDA CHOICE NEW YORK STRIP STEAKS **\$1.19**

CHUCK STEAK 68¢

CALIF. STEAK 78¢

SH/LDR STEAK 98¢ LB.

only the finest beef... U.S. Choice Beef... meet our standards. It's got to be good to be picked for W-D Brand. It must be perfectly aged for natural tenderness. Only then one roast and steak cut from the select beef sides.

Quantity Eight Reserved

Tenderloins 1/2 LB. \$1.19

Cheese Food 59¢

Pim. Cheese 69¢

Biscuits 6 10-CAN 59¢

Ham 98¢

Game Hens 2 FOR \$1.69

Fish Fillets 49¢

Fish Sticks 99¢

Sausage 3 1/2 LB. \$1.99

Cheese 89¢

Cheese 39¢

Sliced Beef 1.29

W-D BRAND USDA CHOICE CHUCK ROAST **58¢** LB.

W-D BRAND LEAN GROUND BEEF **3\$1.69** LB. PKG.



FLA. GRADE "A" FRESH Fryer Parts

BREAST THIGHS DRUM-STICKS **59¢** LB.

PYER BACKS 15¢

TARROW Franks 49¢

Sausage 69¢

Ham 1.39

Chip Beef 3 1/2 PKGS. \$1.00

BOB WHITE BACON **79¢** REGULAR SLICED LB.

Ground Chuck 1.19

Hamburger 1.19

ORANGES 10 FOR 69¢

Potatoes 4 1/2 LB. 59¢

Apples 13 FOR \$1.00

Potatoes 5 1/2 BAG 49¢

Fruit Salad 69¢

Slaw 19¢

Potatoes 10 LB. 79¢

Lettuce 2 1/2 PKG. 49¢

Tomatoes 1/2 LB. 33¢

GOLDEN YELLOW Bananas **10¢** DELICIOUS RIPE LB.

Juice 3 1/2 CAN \$1.00

Puddings 79¢

Pizza Pies 99¢

Sprouts 4 10-oz. \$1.00

Ice Cream 59¢

Ice Milk 49¢

Corn-on-cob 2 POLY BAGS \$1.00

Pound Cake 69¢

Cheese Cake 89¢

MARGARINE 43¢

MARGARINE 39¢

MARGARINE 5 1/2 PKG. \$1.00

Noodles 31¢

Chop Suey 65¢

Soya Sauce 23¢

Fried Rice 41¢

Corn Chips 53¢

Potato Chips 39¢

Highway 17-92, Longwood French Ave. & 25th 419 East 1st St. Deltona

100 EXTRA TOP VALUE STAMPS

100 EXTRA TOP VALUE STAMPS

100 EXTRA TOP VALUE STAMPS

100 EXTRA TOP VALUE STAMPS

50 EXTRA TOP VALUE STAMPS

100 EXTRA TOP VALUE STAMPS

MORTON ASSORTED Fruit Pies

APPLE COCONUT PEACH **4\$1** FOR

Butter Strusel 79¢

Cinnamon Rolls 69¢

Meat Pies 5 8-oz. \$1.00

Meat Dinners 39¢

EGGS DOZ. 69¢

Dog Food 29¢

Yummies 29¢

## Men In Service

Romeo T. Marquis  
JACKSONVILLE, N.C. (PTNC) — Marine Private Romeo T. Marquis, husband of the former Miss Jean D. Wilkins of 102 E. Jinks Circle, Sanford, was promoted to his present rank during ceremonies at the Marine Corps Air Station, New River, Jacksonville, N.C.

Dennis P. O'Neal  
CAMP LEJUNE, N.C. (PTNC) — Marine Private First Class Dennis P. O'Neal, of Altamonte Springs, is serving with the Second Marine Division, Camp Lejeune, N.C. A graduate of Maynard Evans High School, Orlando, Fla., Private First Class O'Neal entered the service in August, 1969.

Stewart E. Stilling  
SPOKANE, Wash. — Major Stewart E. Stilling, son of Doctor Matthew F. Stilling, 27 Shannon Drive, Sanford, received the U. S. Air Force Commendation Medal at Fairchild AFB, Wash. Major Stilling, a medical administrative officer, was cited for his outstanding professional skill and initiative in the performance of his duties while assigned to the 38th Tactical Hospital at Bitburg AB, Germany. The major is now on duty at Fairchild with the USAF Regional Hospital. He served in the Southwest Pacific Theater of Operations during World War II and is a veteran of the Korean War.

Wallace Jarnagin  
LONGWOOD, Calif. (PTNC) — Navy Electronic Technician Third Class Wallace H. Jarnagin, son of Mr. and Mrs. Dale Van Dusen of 2407 Orange Ave., Sanford, is serving at the U.S. Naval Air Station, here. The station is the Navy's newest and largest jet air station. It supports fleet carrier squadrons and trains personnel for duty in the air squadrons of the fleet.

Capt. Higginbotham  
OSAN-NTI, Republic of Korea — Captain John W. Higginbotham, son of Mrs. Charles Green of 301 Wildomar Ave., Longwood, is a member of the 414th Support Wing that has earned the U.S. Air Force Outstanding Unit Award. Captain Higginbotham, an information officer at Osan AB, Republic of Korea, will wear the distinctive service ribbon to mark his affiliation with the wing. The wing was cited for outstanding achievement and superior performance which contributed significantly to the defense of the United States. The captain, a 1961 graduate of Seminole High School in Sanford, Fla., earned his B.S. degree from the University of Florida where he was commissioned through the Air Force Reserve Officers Training Corps program.

R. Kevin Edge  
KEY WEST, Fla. (PTNC) — Navy Aviation Machinist Mate Third Class R. Kevin Edge, son of Mr. and Mrs. James H. Edge of 2828 S. Elm, Sanford, is serving with Air Test and Evaluation Squadron One, Naval Air Station, Key West, Fla.

Steven Holmes  
MEMPHIS (PTNC) — Marine Private Steven R. Holmes, of 412 W. Crystal Drive, Sanford, is scheduled to attend a short course in Aviation Fundamentals. During the course he will learn subjects which will prepare him for more advanced aviation training and duty in U. S. Marine Corps.

James D. Mosley  
PANAMA CITY, Fla. — Sergeant James D. Mosley, son of Technical Sergeant and Mrs. Luther D. Mosley of 790 S. Locman Circle, Longwood, is a member of a unit that has earned the U. S. Air Force Outstanding Unit Award. Sergeant Mosley, a fuels specialist in the 478th Supply Squadron at Tyndall AFB, Fla., will wear the distinctive service ribbon to mark his affiliation with the unit. He was cited for meritorious service from July 1968 to June 1969. The 478th is part of the Aerospace Defense Command which protects the U.S. against hostile aircraft and missiles.

SAINFORD'S LOWEST PRICES! 2440 PARK AVENUE

GIANT 1 1/2 LB LOAF Made With Pure Vegetable Shortening

FOOD FAIR BREAD IS "IN THE BAG"! FOOD FAIR QUALITY DISCOUNT

EVERYDAY LOW PRICES GOOD ANY DAY OF THE WEEK. BONUS BUY'S GOOD THROUGH WEDNESDAY, FEBRUARY 11, 1970. QUANTITIES LIMITED.

EVERYDAY LOW PRICE! TENDER SLICED BEEF LIVER 49¢

EVERYDAY LOW PRICE! QUARTER PORK LOIN 78¢

EVERYDAY LOW PRICE! POT ROAST 78¢

EVERYDAY LOW PRICE! U.S. CHOICE CROSS RIB ROAST 88¢

EVERYDAY LOW PRICE! CHUCK STEAK 58¢

EVERYDAY LOW PRICE! ROMA WINES 99¢

EVERYDAY LOW PRICE! BORDEN'S CHOCOLATE DRINK 49¢

EVERYDAY LOW PRICE! GROUND BEEF 3 lbs. \$1.59

EVERYDAY LOW PRICE! SIRLOIN STEAKS \$1.09

EVERYDAY LOW PRICE! FRESH FRYERS 29¢

EVERYDAY LOW PRICE! CHICKEN MINISTERS \$1.69

EVERYDAY LOW PRICE! NATIONAL BEER 97¢

EVERYDAY LOW PRICE! NESCAFE INSTANT COFFEE 79¢

EVERYDAY LOW PRICE! HUNT'S CATSUP 3¢

EVERYDAY LOW PRICE! DAISY CHEESE 79¢

EVERYDAY LOW PRICE! COOKED HAM \$1.19

EVERYDAY LOW PRICE! PURE PORK SAUSAGE 49¢

EVERYDAY LOW PRICE! JUMBO ALL 1.99

EVERYDAY LOW PRICE! FINE TASTE BACON 68¢

EVERYDAY LOW PRICE! FINE TASTE TOMATO JUICE 29¢

EVERYDAY LOW PRICE! HUNT'S CATSUP 3¢

EVERYDAY LOW PRICE! COMPARE! BEEF STEAKS

EVERYDAY LOW PRICE! COMPARE! CHICKEN

EVERYDAY LOW PRICE! COMPARE! SAUSAGE

EVERYDAY LOW PRICE! COMPARE! MILK

EVERYDAY LOW PRICE! COMPARE! BLEACH

EVERYDAY LOW PRICE! COMPARE! BLEACH

EVERYDAY LOW PRICE! COMPARE! BLEACH

EVERYDAY LOW PRICE! SPARE RIBS 59¢

EVERYDAY LOW PRICE! SPARE RIBS 59¢

EVERYDAY LOW PRICE! SPARE RIBS 59¢

EVERYDAY LOW PRICE! SPARE RIBS 59¢

EVERYDAY LOW PRICE! SPARE RIBS 59¢

EVERYDAY LOW PRICE! SPARE RIBS 59¢

EVERYDAY LOW PRICE! SPARE RIBS 59¢

EVERYDAY LOW PRICE! APPLES 45¢

EVERYDAY LOW PRICE! BANANAS 10¢

EVERYDAY LOW PRICE! BANANAS 10¢

EVERYDAY LOW PRICE! BANANAS 10¢

EVERYDAY LOW PRICE! BANANAS 10¢

EVERYDAY LOW PRICE! BANANAS 10¢

EVERYDAY LOW PRICE! BANANAS 10¢

EVERYDAY LOW PRICE! COMPARE! Various items

The Sanford Herald Thursday, January 29, 1970 - Sanford, Florida 32771

Schools May Lose \$200,000 Yearly

Seminole County will stand to lose \$200,000 in federal impact money each year if President Nixon's proposal to change the formula for states receiving this federal fund goes through. Nixon is proposing to eliminate a system whereby federal money is used to reimburse counties which must provide education for children whose parents are service-connected and work at military installations...

Sister-In-Law Takes Witness Stand Conflicting Testimony Heard

By HILL SCOTT Mary Lee Thompson, sister-in-law of the accused Mabel Frances Thompson, took the witness stand today for the state in the first degree murder trial... Body Find Told POLICEMAN IDENTIFIES EVIDENCE BLOODED pillow is identified by Det. Sgt. Ralph Russell (right) for State Attorney Abbott Herring, as reproduced by Herald artist Eddie Arnold.

Urban Renewal Is Aired By City And U. S. Aides

The start of the long, complicated process of obtaining federal funds to demolish dilapidated housing. Jacobsen said, "There are certain things to consider before making an application for a survey grant, which is funded 100 per cent by the government." Present formula is government pays 75 per cent and city funds 25 per cent of the cost to renew an acceptable area. After a grant is received and a survey completed, the results are forwarded to HUD with a request to renew the particular area selected. Then a referendum is required under Florida law before actual demolition can start. If the vote is positive, HUD will fund 75 per cent of cost to renew the area. City must pay 25 per cent of costs, but this can be done by receiving credits for paving streets, drainage, gutters and sidewalks and other acceptable projects undertaken by the city in the renewal area. Sanford voters approved urban renewal in the Dec. 2 straw vote election but an additional referendum on the project and cost is required before work can start.

THURSDAY Headlines Inside THE HERALD

- World News: Allied forces in Vietnam are planning a 24-hour cease-fire for the Tet festival at the end of next week. B52 bombers fly seven raids against suspected Communist bivouacs along the Cambodian border northwest of Saigon. Around The Nation: A housewife writes an open letter to a man who tried to attack her in a darkened parking lot. Sports World Thrillers: SJC trips up Palm Beach Junior College. Statewide Developments: Florida dairy industry says its products are of the highest quality even if state law does allow milk sold on the retail market to be one-third pus. Weather: Yesterday's high 82 low 67. Daily Features: Area deaths, Bridge, Calendar, Classified ads, Comics, Crossword puzzle, Dear Abby, Editorial page, Entertainment, Horoscope, Hospital Notes, Society, Sports, TV, Vegetable Report, Wall Street Chapter 2A.

Sanford Hosts 400

Four hundred representatives from all sections of the country will converge upon Sanford, Saturday to attend the annual meeting of the National Standard Life Insurance Company. The meeting will convene at 9 a.m. at Sanford Civic Center. The concern, which celebrated its 25th anniversary last September, has home offices in Orlando. A district office is located in Casselberry. Overnight guests for the one-day meeting will be treated to Sanford's plenty of scenic splendor as they view the picturesque lakefront from Holi-day Inn. Plans of convention is geared to our space age society with "Golden Opportunities in '70." During the meeting, agents who were assiduous in their business during the year will be rewarded with a chance at a drawing, and may drive away in two new Toyotas. Other prizes include two color televisions and two stereos. According to Roy L. Sims, home office representative, the meeting will feature Dr. Frank Goodwin, internationally prominent lecturer. Dr. Goodwin received his Ph. D. at the University of Pennsylvania and until recently was professor of marketing, college of business administration, at the University of Florida. Dr. Goodwin now maintains an office in Gainesville in his capacity of "lecturer-trainer-consultant." Dr. Goodwin, known as an effacious speaker, will discuss "Sharpen Your Selling Tools." Also featured on the program will be a discourse on the theme "Your Fortune Is G.O.O." Awards presentations for 1969 will be given by George J. Albright Sr. Sanford welcomes its distinguished guests and hopes that our "southern hospitality" will be promulgated among you.



NEW CARS INDUCE NEW SALES ROY L. SIMS (left) presents a check for delivery of two new Toyota cars to Roy L. Sims, home office representative, of Economy Cars, Inc. The action will be given away during a convention of 400 National Standard Life Insurance Company underwriters at Sanford Civic Center on Saturday.

CONVENIENCE US UNITED STATE BANK of Seminole MEMBER F.D.I.C.