









BEETLE BAILEY by Mort Walker



THE BORN LOSER by Art Sansom



ARCHIE by Bob Montana



EEK & MEK by Howie Schneider



PRISCILLA'S POP by Ed Sullivan



BUGS BUNNY by Stoffel & Heimdahl



FRANK AND ERNEST by Bob Thaves



TUMBLEWEEDS by T. K. Ryan



Crossword puzzle grid with clues for Across and Down.

HOROSCOPE

By BERNICE BEDE OSOL

For Saturday, June 7, 1980

YOUR BIRTHDAY JUNE 7, 1980 From time to time this coming year, friends will go out of their way to give you a boost to the ladder of success.

Fast Heart Beat Could Be Normal

DEAR DR. LAMB—I'm a female, age 48, and I weigh 130 pounds and I'm 5 feet 4. I have a heartbeat of 100 per minute. I've been told that a normal rate is from 60 to 80. Is this a normal heart rate for me or should I be on medication? I've read that Inderal and other medicines are given for irregularities. I've been told that I do not have heart disease and I went through the treadmill examination and electrocardiogram and they just said that my heart was a little fast.

The doctor does want to send me to have my valves checked. He thinks it might be a malfunction of a valve. Does this mean I have heart trouble? I was on Inderal for a short time but was taken off because it was making me dizzy. I do have some dizziness but I understand it could be due to my mind. The doctor also told me I had a noise in there. What did he mean by noise? Could the noise be from my nerves or anything other than valve trouble?

DEAR READER—Heart rates are extremely variable. A normal person can have a relatively fast heart rate if he or she gets excited. That's why we see top athletes having high resting heart rates for days immediately before competition. We usually say that the resting heart rate in a normal person should be between 50 and 100 beats per minute but, in truth, in healthy people who are not anxious, the rate should be less than 80 beats per minute. Sometimes it will be faster because a person uses a lot of coffee or cigarettes or is in poor physical condition. But if none of those factors are true and an individual is in good health and good physical condition, resting heart rates are usually below 80.

WIN AT BRIDGE NORTH 6400 4-4-13 7-10-1 4-7-1 4-7-1 WEST 57 4-10-1 4-10-1 EAST 4-10-1 4-10-1 SOUTH 4-10-1 4-10-1

ANNIE IT DOESN'T LOOK GOOD MRS. SCRIBBLES—THE FLEDGES LOOK PRETTY. I KNOW FOR MY CARWASH FUNDS (WHY BEING HONORED—LAWYER'S INFLUENCE.)

Dear Abby

DEAR ABBY: My wife and I decided to have our breakfast and read the Sunday paper out-of-doors on our patio. In your column that day was a letter from Irene Cupidon, an animal welfare worker. She stated that dogs usually bark to convey some kind of message: They are either hungry, frightened, cold, lonely or in some kind of trouble.

Sunday Breakfast Ruined By Constant Dog Barking

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BIRTH DEFECTS KILL

DEAR BETTER: You're lucky. Most husbands who hate to travel also hate to let their wives travel alone.

SUMMER DANCE DAYS

★ BALLET • TAP • JAZZ • LADIES' & MEN'S EXERCISE ★ BEGINNER • INTERMEDIATE • ADVANCED ★ CHILDREN • TEENS • ADULTS REGISTRATION HOURS: JUNE 8 & 9, 10 p.m. to 12 p.m. JUNE 7 TO REGISTER—CALL OR STOP BY School of Dance Arts 2548 Elm Ave., Sanford 323-1900

OURSELVES

Evening Herald, Sanford, Fla. Friday, June 6, 1980—7A

Gardening Lighting Common Cause Of Houseplant Failure

The most difficult elements to control in houseplant culture are temperature, humidity, and light—with light leading the list. In fact, poor lighting is the most common cause of house plant failure.

Without adequate light, plants cannot manufacture food. Thus, light is one of the most vital factors in plant health—especially when trying to raise plants indoors. The light requirements of various species of plants vary drastically. The variables of light intensity, quality, and duration affect different plants in different ways.

Fluorescent tubes give off blue light, incandescent bulbs give off red, and grow-lights produce both colors. When growing plants under artificial light, either a combination of fluorescent and incandescent lights, or grow-lights, will usually give good results. The third way light affects plants is in the total amount of time a plant receives light. This is the duration of exposure. If a plant doesn't receive enough natural light, artificial light sources can provide the additional light necessary for the plant's best growth.

It's difficult to provide indoor light intensities as high as those under which a plant would grow best naturally. But, it is possible to compensate for this by increasing the light duration. In other words, by exposing a plant to artificial light for longer periods of time. Briefly, most plants are very light sensitive. They do best when they're given exactly the right amount, intensity, and type of light they need. Definite light requirements have been established for a wide variety of plants. You'll be more successful with indoor plants if you find out what these requirements are for the plants you're trying to grow. Check with your favorite nursery, or call our office at 322-3233.



NEW OFFICERS OF PILOT CLUB Using the Pilot International theme, "Around the world, Pilots lend a hand," Mrs. Fred Stein installed the 1980-81 officers of the Pilot Club of Sanford at a dinner meeting at the Cavalier Motor Inn.

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Sale 3 for \$10 Ladies' canvas shoes. Orig. 7.99 to \$9

Over 300 pairs of athletic shoes for the family! 6.99 Athletic shoes for men, women and children. Fantastic savings!

Men's sweat clothes Grey terry with red trim 65 pct. poly, 35 pct. rayon

Warm up suits 9.99 Orig. \$27 Now

Shirts 3.99 Orig. \$11 Now

97 only Girls' tops 3.99

73 only Girls' pants & skirts 3.99

Now 3.99

68 only Ladies' sun dresses 3.99

99 pair Women's shoes 2.99

While they last 3.99

This is JCPenney





# GO GUIDE

If you're thinking of getting out of the house and are looking for something to do this weekend, here are a few suggestions:

Seminole Community College Players present bitersweet comedy, "Vanities" by Jack Helfner June 4-7 in Fine Arts Theatre. Curtain, 8 p.m. Admission free.

"Florida Focus," a juried exhibition sponsored by the Tropical Weaver's Guild of Orlando, June 8 through July 2, Maitland Art Center, 231 W. Packwood Ave., Maitland. Opening reception June 8, 3-5 p.m. features demonstrations of weaving and spinning. Gallery hours: Saturday, 10 a.m. to 1 p.m.; Sunday 1-4 p.m.; Tuesday through Friday, 10 a.m. to 4 p.m. Free to public.

Saturday Night Dance Club of DeBary, 8 p.m.; dances each Saturday at DeBary Community Center for senior citizens. Live music twice a month.

Beal Maltbie Shell Museum — One of the largest displays of shells in the world. Located on Holt Avenue at Rollins College, Winter Park, hours are 1-5 p.m. Sunday and Tuesday and 10 a.m. to 5 p.m., Wednesday through Saturday. Closed Monday. Admission is \$1 for adults and 50 cents, children 6-12. Group rates available.

Central Florida Zoological Park, open daily 9 a.m. to 5 p.m. U.S. Highway 17-92 between 1-4 and Sanford. Picnic facilities.

General Sanford Museum and Library, open Wednesday, Friday and Sunday, 2-5 p.m., 520 E. First St., Sanford.

Ballroom and round dancing, 8 p.m., every Sunday, Temple Shalom, Providence and Elkcam Boulevards, Deltona.

Florida High School Rodeo finals, June 13 and 14, 7:30 p.m. and June 15, 2 p.m., Silver Spurs Arena and Rodeo Grounds, Highway 192 and U.S. 441 between Kissimmee and St. Cloud.

Council of Arts & Sciences Youth Arts Training Program presents two performances of the musical, "The Me Nobody Knows," June 9-10, 8:30 p.m., Edyth Bush Theater. Free to the public.

Flag Day Salute "Your Flag and my Flag," Saturday, June 14 8 p.m., Lake Eola Bandshell. Patriotic concert by Navy Band and Orange Blossom Chorus, Massing of Colors and Fireworks finale. Free to public.

Spring Reunion Banquet, University of Central Florida graduates, Walt Disney World, Saturday, June 14. Reception 5-6 p.m., Contemporary Hotel Shenandoah Room for classes of 1970 and 1975; 8:30 p.m. Cruise and cookout for all alumni, Fort Wilderness, bluegrass band. Awards and induction of Alumni Council. Reservations by June 9 call 275-2233.

Amie Russell Summer Repertory Theatre; Rollins College, Winter Park, 8 p.m., June 25 and 27, "The Member of the Wedding;" 8 p.m., June 26 and 28, "Moliere's Tartuffe;" June 28, 2 p.m., "What Every Woman Knows." Call 646-2145.

"Young-at-Heart" Dance, every Sunday at 8 p.m., DeBary Community Center, Shell Road, DeBary. Instruction, 7:30 p.m. Open to public.

Your Adult Club for Singles, 9 p.m., each Friday, Orlando Garden Club, 710 E. Rollins Ave., Orlando.

Silver Spurs Rodeo, July 4, 2:30 p.m.; July 5, 8 p.m. and July 6, 2:30 p.m. Silver Spurs Arena and Rodeo Grounds, Highway 192 and U.S. Highway 441 between Kissimmee and St. Cloud. All seats reserved and under cover. Tickets available from area ticket agencies.

## Safe Boating

Continued From Cover

pastime that can be fraught with some unpredictable emergencies.

The U.S. Coast Guard Auxiliary recommends boaters anticipate any problems they may have afloat and prepare for them.

By law every boat is required to carry personal floatation devices (PFDs) for each person aboard. Yet many foolish skippers violate the law or store the PFDs in places impossible to reach in an emergency.

A workable fire extinguisher is a necessity, said Dolan, and it should always be fully charged and tested.

Chances are a boater may never need a signaling device, but locating a stranded boat can be difficult without a loud horn, whistle, flare or other means of attracting attention.

For offshore cruising a radio is essential for summoning help and many CB rigs can be easily installed on most pleasure boats.

A boat may be well equipped but if the skipper and his passengers have overindulged in alcoholic beverages, the safety items may just as well be tossed overboard. This is a common problem in this area, said Dolan, and he strongly recommends boaters "don't overindulge too much on weekends."



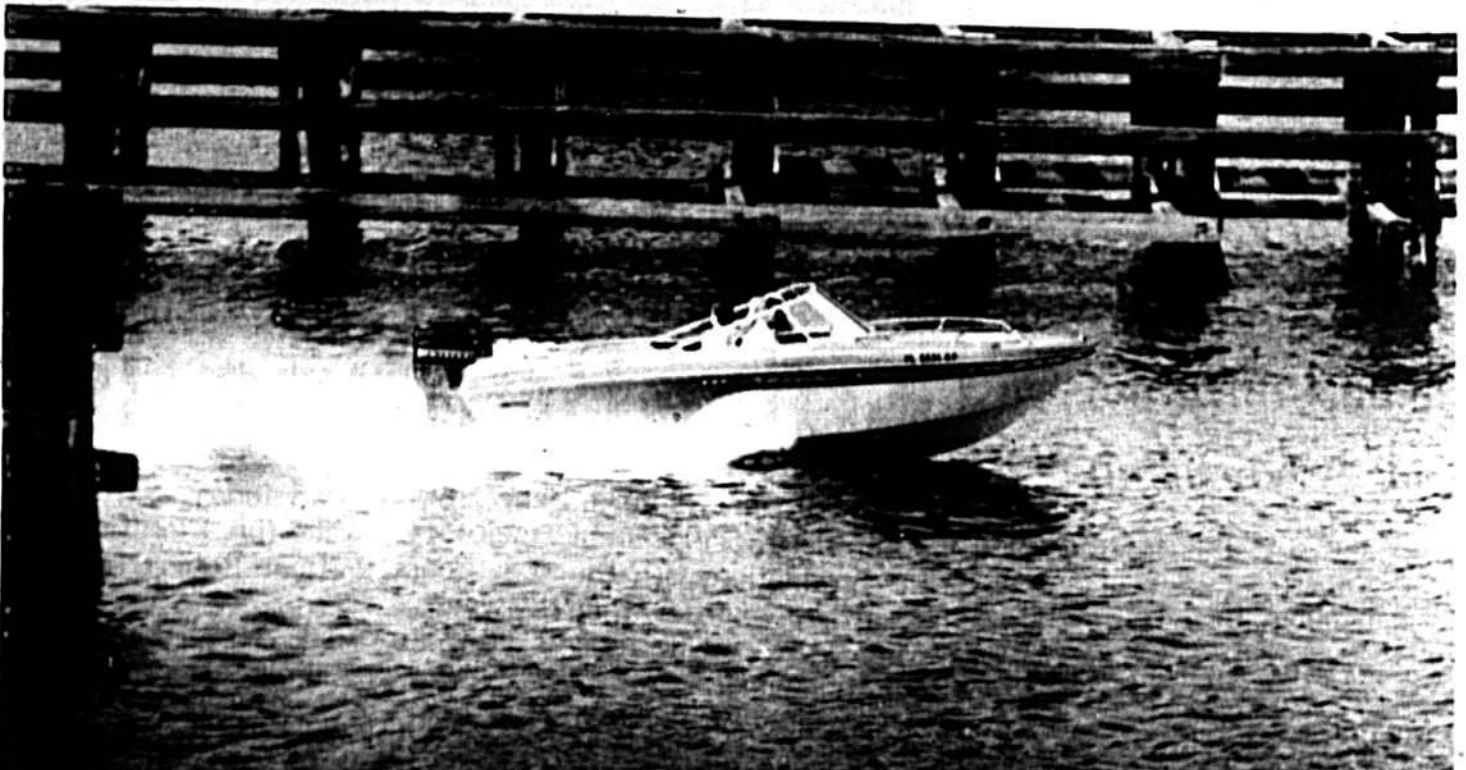
A loud signaling device can be a useful item on any boat.



Robert Dolan, of U.S. Coast Guard Auxiliary shows Wendy Blackenhorn of Longwood how to properly wear a PFD.



A radio is essential for offshore cruising and can be handy on fresh water boats as well.



May 31 through June 8 has been designated Safe Boating Week.

# TELEVISION

June 6 thru 12

Cable Ch.	(7) (9) (ABC) Orlando	(11) (35) Independent Orlando
	(5) (6) (CBS) Orlando	(12) (17) Independent Atlanta, Ga.
	(4) (2) (NBC) Daytona Beach Orlando	(10) (24) Orlando Public Broadcasting System

In addition to the channels listed, cablevision subscribers may tune in to independent channel 44, St. Petersburg, by tuning to channel 8; tuning to channel 12, which carries sports and the Christian Broadcasting Network (CBN).

## Specials Of The Week

- SATURDAY**
- 9:00 (1) (35) HARTDITE Host: George Kennedy
- SUNDAY**
- AFTERNOON
- 1:00 (2) (3) GHOST PLANES FROM THE PAST A look at the famous planes and authentic replicas that are a part of aviation history including "The Spirit Of St. Louis," "The Red Baron" and the "Gee Bee Z-Model Racer" is presented.
- 2:00 (10) IRAN INSIDE THE ISLAMIC REPUBLIC The motivation of the Iranian people and their leaders during the on-going Islamic revolution and the religion's impact on the politics, economics and social issues of the country are examined in this documentary filmed from December 1978 to June 1979.
- 9:30
- MONDAY**
- 7:30 (2) (3) YOUNG PEOPLE'S SPECIAL "The Faber Slave" A young slave child serves a member of the Confederate forces at the Battle of Gettysburg.
- 8:00 (2) (10) LEO BUSCAGLIA SPECIAL
- 9:00 (2) (3) MUSIC CITY NEWS AWARDS Hosted by Lynn Anderson, Ray Stevens and the Statler Brothers, this special will present awards chosen by the readership of one of country music's oldest publications.
- 11:30 (2) (3) NEWS SPECIAL
- TUESDAY**
- 8:30
- WEDNESDAY**
- 6:30 (2) (3) JOHN WAYNE — AN AMERICAN LEGEND Hosted by James Whitmore, this tribute traces the roots of the man called "Duke," one of the all-time box-office favorites of movie-goers throughout the world.
- 11:30 (2) (3) YOUR TURN
- THURSDAY**
- 10:00 (2) (3) ABC NEWS CLOSEUP "To Die For Ireland" A look at the situation in Northern Ireland, focusing on the role of the British Army, the Irish seeking independence and the Protestants who want to remain a part of Britain, is presented.

## Sports On The Air

- SATURDAY**
- MORNING
- 5:30 (2) (17) THIS WEEK IN BASEBALL EVENING
- 6:30 (2) (4) COUNTRY FISHING
- AFTERNOON
- 2:00 (2) (3) BASEBALL PRE-GAME SHOW
- 2:15 (2) (3) WRESTLING
- 3:00 (2) (3) BASEBALL Pittsburgh Pirates at New York Mets
- 3:00 (2) (3) TRACK AND FIELD Miller Invitational
- 4:00 (2) (3) ATLANTA GOLF CLASSIC Third round coverage live from Atlanta Country Club, Marietta, Ga.
- 5:00 (2) (3) LPGA CHAMPIONSHIP Third round coverage of this \$150,000 tournament live from the Jack Nicklaus Golf Center in Mason, Ohio.
- (2) (3) THE BELMONT STAKES Coverage of the 112th running of the third leg of the Triple Crown for 3-year-old thoroughbreds live from Belmont Park, N.Y.
- (2) (3) WIDE WORLD OF SPORTS WBC World Lightweight champion Jim Watt takes on Howard Davis in a 15-round title bout (live from Glasgow, Scotland)
- (2) (10) SOCCER MADE IN GERMANY
- (2) (17) PUTT GOLF
- SUNDAY**
- MORNING
- 11:30 (2) (3) RACERS "The Trans-Am Challenge"
- AFTERNOON
- 1:30 (2) (3) SPORTS APFIELD
- 2:00 (2) (3) NASL SOCCER Tampa Bay Rowdies at Ft. Lauderdale Strikers
- 2:30 (2) (3) LPGA CHAMPIONSHIP Final round coverage of this \$150,000 tournament live from the Jack Nicklaus Golf Center in Mason, Ohio.
- (2) (17) NASL SOCCER Atlanta Chiefs vs. New York Cosmos
- 4:00 (2) (3) ATLANTA GOLF CLASSIC Final round coverage live from Atlanta Country Club, Marietta, Ga.
- 4:30 (2) (3) WIDE WORLD OF SPORTS National Mixed Pairs Gymnastics (from Chicago) a preview of the U.S. Open, a report on the upcoming Sugar Ray Leonard - Roberto Duran fight including interviews with the two.
- MONDAY**
- MORNING
- 6:15 (2) (17) THE ATHLETES EVENING
- 8:30 (2) (3) BASEBALL Atlanta Braves vs. Los Angeles Dodgers
- TUESDAY**
- AFTERNOON
- 1:30 (2) (10) SAILING, SAILING
- THURSDAY**
- AFTERNOON
- 2:00 (2) (10) SOCCER MADE IN GERMANY EVENING
- 11:30 (2) (3) U.S. OPEN Highlights of first-round play in this prestigious golf tournament from Baltusrol Golf Club in Springfield, New Jersey.

## Those Who Like Work Enjoy Vacations Most

By the Editors of Psychology Today

On vacation, few of us succeed in remarkably transforming our personalities. We carry the same psychological baggage with us wherever we go.

That is one finding from a recent survey of how Americans view vacations conducted by polling the readers of Psychology Today. More than 10,000 readers answered a questionnaire that ran in the January issue of the magazine, and more than 2,500 sent in optional letters describing their "dream vacation."

The majority of the people who say that they enjoy their vacations most are the same people who report that they enjoy their work most, according to Associate Editor Carin Rubenstein, the psychologist who analyzed the data. Likewise, people who do not enjoy their work also do not have much fun on their vacations.

Relishing a vacation comes easiest to people who say they like excitement and adventure, enjoy meeting people and are not overconcerned with comfort and convenience. These people often traveled extensively during childhood and learned from that experience how to enjoy their vacations.

Workaholics who work more than 65 hours a week — 13 percent of the sample — were most likely to regard vacations as a waste of time. They were significantly more likely than other people to take vacations in order to attend business meetings — 42 percent of them said they take less vacation time than they are entitled to.

Though about half the respondents spent their vacations with a spouse or friend, those who enjoyed themselves the most said they did not spend their time with a prearranged partner but with people they met while on vacation. In describing their fantasies, a number of married letterwriters indicated a desire to ditch their spouses for vacations — the men to engage in sexual adventures, the women because they feel their husbands do not know how to enjoy vacation. One woman referred to her husband as a "vacation hurrubug."

The sexes also differed in other vacation preferences. Women, more than men,

view a vacation as a chance for self-indulgence regardless of cost (42 percent of them checked this description, compared to 30 percent of men). Men, much more than women, prefer the security of revisiting familiar places to the excitement of discovering a new one (22 percent vs. 14 percent). Overall, men said they enjoy vacations less than women do.

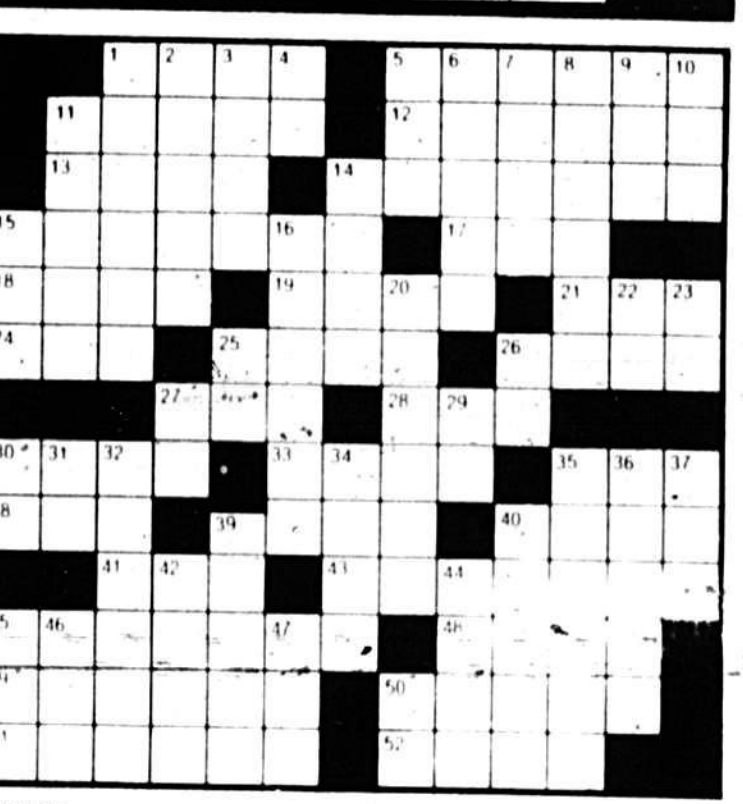
The ideal fantasy trip if money and time were no object turned out to be "spending a year living in a foreign country," which was picked by 31 percent of those who answered. The runner-up (picked by 29 percent) was "taking an ocean voyage on a luxury liner around the world." In third

place, with 8 percent opting for it, was "being marooned on a tropical island with several members of the opposite sex."

Among the letters describing vacation fantasies were those from men who dreamed of rescuing American hostages in Iran or going back in time to prevent President Kennedy's assassination. A few women described the most improbable fantasy of all — eating their fill of the most exotic cuisine while losing weight.

Only 11 percent reported frequently feeling depressed upon their return with the vacation ends. Most people said they are at least somewhat glad to be home around the world." In third

## CROSSWORD



- ACROSS
- 1 WKHP star
- 4 Exits
- 5 Sheep sound
- 6 ermits star
- 7 Requite
- 8 Actress Meryl
- 9 Expression of surprise
- 10 Miss Fabray's nickname
- 11 Architectural order
- 14 Small coin
- 19 German mix ter
- 20 Acting awards
- 22 Concerning
- 23 Farmer
- 24 City in Hawaii
- 25 Pacesetter
- 26 By
- 27 Son of Franklin
- 28 Medical
- 29 Actor
- 30 Daylight saw
- 31 Archaic noun
- 32 Vocal stress
- 33 Fiber tributary
- 34 Enterprising
- 35 Enterprising
- 36 Most like
- 37 Blom
- 38 Singer
- 39 Hooply
- 40 Lines
- 42 Arm bone
- 43 Teagenuis
- 44 College designation (abbr.)
- 45 College letter
- 47 Fruit drink noun
- 50 TV's — and
- 51 Units of light
- 52 African ruminant
- 53 Fiber tributary
- 54 Before
- 55 Sheep sound
- 56 ermits star
- 57 Requite
- 58 Actress Meryl
- 59 Expression of surprise
- 60 Miss Fabray's nickname
- 61 Architectural order
- 62 Small coin
- 63 German mix ter





MONDAY June 9

8:00 NEWS
8:05 DICK VAN DYKE
10:00 ONCE UPON A CLASSIC
11:00 MOVIE 'June Bride'
11:30 MOVIE 'The Old Curiosity Shop'

3) HOUSE CALLS Amos
arranges a dinner appointment for
Charley on the same night and in
the same restaurant where he has
already made a date with Ann. (R)

Daytime Schedule

MORNING
8:00 MARCUS WELBY, M.D.
8:30 THE MERRY MEN
9:00 MOVIE 'The Long Walk Home'

11:00 MOVIE 'The Long Walk Home'
11:30 MOVIE 'The Long Walk Home'
12:00 MOVIE 'The Long Walk Home'

SERVICE
Our Factory Trained Technicians Service All Makes of Imported Cars and Trucks.

Holiday Inn SWIM CLUB
OPENS MAY 1 THRU LABOR DAY
NOW TAKING APPLICATIONS FOR MEMBERSHIP

Save Gas. Life. 55
GOVERNOR'S HIGHWAY SAFETY COMMISSION

A Tremendous Breakthrough

He Put Sex Into Westerns

At age 25, Niven Busch was a staffer simultaneously for Time and The New Yorker. But an offer from Hollywood made him quit the East, and for the next 17 years he wrote and produced films for such stars as Gary Cooper, Barbara Stanwyck and James Cagney.

DEAR DICK: Some time ago, "Dallas," J.R. (Larry Hagman) was shot. Now that show is only doing reruns. When is it going to? Will they go back and continue on from when J.R. was shot? B.K., Hollywood, Fla.

'Dallas' Keeps Everyone Guessing



Dick Kleiner

DEAR DICK: Please settle a bet between me and my Ping Pong partner. He says the little boy who played Garth on the old "Lucas Tanner" series, with David Hartman, is John Denver's son. I say he has rocks in his head.

DEAR DICK: What makes you so smart? Seriously, where do you look up your answers? Steve Davis, Michigan City, Ind.

TUESDAY June 10

8:00 NEWS
8:05 DICK VAN DYKE
10:00 MOVIE 'The Long Walk Home'

WEDNESDAY June 11

8:00 NEWS
8:05 DICK VAN DYKE
10:00 MOVIE 'The Long Walk Home'

Dukes of Hazzard? got killed. If he did, how did it happen? Deborah Davis, Winterville, Ga.

DEAR BICK: Can you tell me about the 'Mrs. Miller' person who appears frequently in the audience of 'The Merv Griffin Show'?

DEAR DICK: I would like to know if Bo Duke of 'The Dukes of Hazzard' got killed. If he did, how did it happen? Deborah Davis, Winterville, Ga.

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HELP STOP CRIME

