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WEEKEND

INSIDE DAWN JENSEN COOKS UP SOMETHING SPECIAL IN HER NEW OVIEDO-WINTER SPRINGS COLUMN...4C

Seminole Herald

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90th YEAR, No. 155

SUNDAY, MARCH 29, 1998

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Ah! Seminole County

Is FBI probe of county near end?



Herald Photo by Tommy Vincent

Seminole County Tourist Development Committee Director Jack Wert, left, County Commission Chairman Randy Morris and County Manager Gary Kaiser mix business with leisure, two strong factions drawing residents to Seminole County. Read all about it in our special Progress Section, inside today.

By Russ White
 HERALD STAFF WRITER

SEMINOLE COUNTY - While most of the county's top officials were lunching Thursday at a Greater Seminole Chamber of Commerce gala, Deputy County Manager Cindy Coto was talking for two hours with the FBI.

For the past year and a half, law enforcement agencies have been investigating possible criminal dealings in the county's land acquisition and roads departments. Coto

and Deputy County Attorney Lonnie Groot helped begin an internal probe before calling for help.

County officials now await a conclusion to a scandal which could include kickbacks and free gifts and prompted Ron Rabun to resign as county manager late in 1996 and Larry Sellers to resign as Public Works director.

Some believe Joyce Suber's firing in August 1996 is connected, too. She was the former land acquisition coordinator for the county. Suber says she was terminated

unjustly and is suing the county for \$20 million.

County Commissioner Dick Van Der Weide said Friday that he suspects Suber "made a ton of stupid mistakes." He also said that he "could not for the life of me understand how someone so far down the ladder had so much authority."

Suber could not be reached for comment, but sources close to her have recently said that she has not been contacted by the FBI.

Gary Kaiser, who succeeded Rabun as county manager, vowed

complete cooperation with the FDLE (Florida Department of Law Enforcement) and the FBI. "Our desire is to get to the bottom of this," Kaiser said.

Coto's interview Thursday was the second she has had with the FBI. She was one of two deputy managers with Rabun. The other - Kevin Grace - recently left the county and is now the city manager in Edgewater. Coto was unavailable for comment Friday.

No one on the county staff knows

Please See Probe, Page 6A

Mayor could be removed from office

By Tony Tizlo
 HERALD CORRESPONDENT

WINTER SPRINGS - A commissioner relying on the mayor's bid to embroil Winter Springs in a court fight, has raised the issue of removing the mayor from office.

Commissioner Michael Blake in an ongoing debate this past week, asked, "Does the mayor have the right to fire the city attorney?"

Mayor Paul Partyka had said at the March 9 commission meeting that the issue of firing City Attorney Frank Kruppenbacher "has gone to court," after Deputy Mayor Cindy Gennell attempted to interpret the city charter, which would disallow the mayor's firing Kruppenbacher

without commission approval. Partyka filed papers on March 16, seeking a legal opinion. "The crux of this issue is the legal meaning of the charter. Let's get the legal definition," he said.

But Blake said a Winter Springs ordinance makes Partyka's removal from office automatic after filing a claim against the city. "The ordinance calls for the mayor's forfeiture of office," Blake said, after reading it aloud.

"We've asked the court for clarity. It is not a suit against the city," Partyka answered.

Ordinance 585, adopted by the city in 1995, reads: "Providing for the automatic removal from the city commission, or any city commission - approved board, of any member thereof who is a



Herald Photo by Tony Tizlo

Winter Springs Mayor Paul Partyka is at the center of a controversy that could see him lose his post. The commission will discuss action on Monday.

Please See Mayor, Page 7A



Herald Photo by Tommy Vincent

Kara Ann Stephens displays her new computer.

Making children's wishes come true

By Jeana Hughes
 HERALD STAFF WRITER

LONGWOOD - Wishes really can come true with some work and a lot of love. At the Make-A-Wish Foundation there is no shortage of either as Kara Ann Stephens found out when her wish to have a computer came true.

Make-A-Wish grants wishes for children from 2-1/2 to 18 years old suffering from chronic life threatening illnesses. When a child has been accepted into the program a team of two volunteers are assigned to meet the family and make the wish come true.

The child provides two or three wish choices. Then it becomes the volunteers' challenge to be imaginative and find exciting ways of embellishing the wish. Volunteers go to work creating an entire day of surprises and fun for the child. Volunteers Michelle Everly and Judi William happily accepted the challenge of fulfilling Kara Ann's wish.

"These kids are an incredible inspiration facing what they have to on a daily basis with such grace and dignity," said Robert J. Kinney, executive director of Make-A-Wish Foundation of Central Florida. "They have lost control over so much in their lives." Make-A-Wish empowers the children, at least for one day, by making them the boss of their special day.

Please See Wish, Page 6A

Porcupines: Shake, rattle and grunt

Zoo's new residents are a very prickly pair

By Russ White
 HERALD STAFF WRITER

SANFORD - They erect their spines, rattle their quills, stamp their feet and make grunting noises.

They DO NOT shoot their quills - nor are they given names.

Geraldine the hippo has a name as do the elephants Maude and Mary.

Porcupines - no matter how prickly - remain nameless rodents and some such as the South African crested porcupine are among the least common of the giant porcupines to be found in captivity.

That's why visitors to the Central Florida Zoological Park this weekend are in for a prickly treat. The zoo has both adult and 7-week-old South African crested porcupines.

The older ones are nearly three feet long and weigh 60 pounds. The baby porcupines weigh only four pounds and three pounds.

While captive breeding of the species has been inconsistent, the Sanford zoo has been very successful. The two young porcupines are third-generation animals, hand-raised by the zoo keeper staff.

Eric McCarty, 34, and Kate Walsh, 23, say they are enjoying the experience caring for the baby porcupines. "They like to play around and get into things," McCarty said. "You have to watch them at home. They'll chew up everything."

Please See Zoo, Page 7A



Herald Photo by Tommy Vincent

Kate Walsh and Eric McCarty with their prickly charges, baby porcupines.

Drawing crowds back to movie theaters

By David Frazier
 HERALD STAFF WRITER

OVIEDO - Now you don't have to go to the "Mouse House" to see movies in comfortability. Regal Cinemas Oviedo Marketplace 22 will officially open Friday, April 3, at the new mall.

Movie-going audiences will

be able to see films with practically all the amenities of home. The new theaters sport 22 screens with stadium seating to avoid anyone from not being able to watch the film. And the seats are plush high back chairs with retractable arms.

"We're trying to 're-screen' America," said Jennifer Harris,

marketing director for Regal Cinemas. She refers to a campaign being launched by major theater chains that want to take potential audiences out of their homes and back into the movie theaters. With the dawning of video, laser disc and DVD that has been difficult. Theater owners got an encouraging sign as 1997

turned out to be a history making year with record box office. The new designs going into these huge cineplexes allows patrons to enjoy a more pleasurable experience.

Before sitting down for the movie, Regal 22 will offer several methods of securing tickets for a particular show. For

Please See Theaters, Page 6A

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Dear Abby	5C	TV	5C
Health/Fitness	6C	Weather	2A

Business



Herald by Arch Booth

Doing the honors at the ribbon cutting are Rosemarie Ploetner (from left), Joerg Ploetner, president Nordbeton Germany; Lawrence W. Carroll III, president Nordbeton North America; and Annette Carroll.

Nordbeton opens national marketing office at port

Special to the Herald

SANFORD - Nordbeton, GmbH, a precast concrete producer from Bremen, Germany held a Grand Opening and Open House March 5 at its new national marketing office at the Seminole County Small Business Incubator Center at the Port of Sanford. The office will be home to the company's U.S. representative to license, produce, and distribute Nordbeton's biologically-based treatment units for residential wastewater.

The first unit to be introduced is called the Biokreisel (BM) and is used to improve existing septic systems and protect the environment by treating wastewater to high levels of cleanliness before discharging it into the ground. This unit is expected to complete stateside certification at the National Sanitation Foundation-International in the next few weeks and has re-

ceived much positive response from health authorities, developers, and contractors for its innovative design and high performance. Additional treatment designs will be introduced as the company develops new business relationships around the country.

Nordbeton is building awareness for its products by exhibiting at such industry events as the Pumper/Cleaner Environmental Expo, held Feb. 26-28 in Nashville, Tenn.; the American Society for Agricultural Engineering National Symposium on Individual and Small Community Sewage Systems, held March 8-10 in Orlando; and the Manufactured Concrete Exposition, held March 13-15 in Columbus, Ohio.

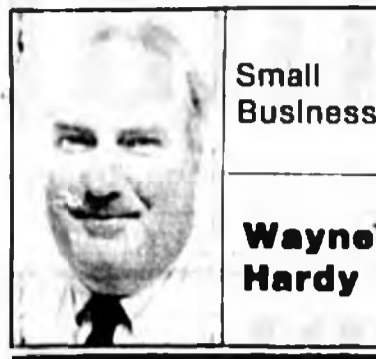
Nordbeton President Joerg Ploetner said he has high hopes for the firm's success, because these treatment units provide an effective solution to the problem of protecting our natural water resources.

Define partnership before forming one

Easily a third of the clients that call the Small Business Development Center here at Seminole Community College are interested in forming a partnership. I usually begin the counseling with asking the people to define what they mean by partnership. The answers are very interesting because they reveal the attitudes and knowledge of the parties.

The most common answer is a 50-50 split and some vague understanding of the liabilities involved. I then ask how they arrived at the split and who is putting up what assets for the partnership. It would surprise you how many people think that a partnership is always equal. Often we get into discussions about "sweat equity" versus money invested. The first piece of advice I offer is that partnerships can be 99 percent-1 percent. The next area we move into is a discussion about partnership agreements.

Partnership agreements are a key element of any partnership. I firmly recommend that these agreements be negotiated prior to the beginning of the business. While everyone is friends is the time to discuss ticklish issues such as the dissolution of the partnership. For example last year I had two middle age women in my office with a business idea and they wanted to create a simple partnership. As we talked I asked one of the ladies if she wanted to be in business with the others husband or grown children. A puzzled look came over her features as the meaning of my question became clear. She had not considered what happens to the business if her partner died or was incapacitated. It was very revealing to each of the women that as they began to wrestle with this issue, that other potential problems arose. They began to understand that a buy/sell agreement needed to cover a lot of contingencies. I asked did they trust each



Small Business

Wayne Hardy

other with all their assets. They asked me what did I mean. I explained that each partner can obligate the other and they were liable for the actions of the other partner. This was another example of people not recognizing that in a very real sense they are taking on a business marriage partner. With over 50 percent of the real marriages in this country failing, how can you expect less in a business marriage that exists without the benefit of love.

There are answers to almost all of the pitfalls of a partnership if you take the time to investigate them. For example one way to reduce your personal liability is to form a corporation. Stock is then issued to the "partners" in a ratio that matches their investment. A buy/sell agreement that covers the early withdrawal of a partner or the deal of the partner etc. will protect both parties. A clear understanding on how the stock is to be valued is vital to this agreement. Believe me everyone wants to buy cheap and sell high. Also the partners need to clearly agree on the decision making process. Don't tell me that unless both agree a negative decision is the result. A business cannot survive under that type of paralysis.

Wayne Hardy is the Coordinator of the Small Business Development Center at Seminole Community College. He can be reached at 321-3495, email whardy@bellsouth.net

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WEATHER

LOCAL FORECAST	TIDES
Today: Sunny. Highs in the low-80s. Lows in the mid-60s. Sunday: Partly cloudy. Highs in the mid-80s. Lows in the mid-60s. Monday: Partly cloudy. Highs in the mid-80s. Lows in the mid-60s. Tuesday: Afternoon thunderstorms. Highs in the mid-80s. Lows in the mid-60s.	SATURDAY: SOLAR TABLE: min. 5:05 a.m., maj. 11:15 a.m., min. 5:25 p.m., maj. 11:40 p.m. TIDES: Daytona Beach: high: 8:03 a.m., 8:25 p.m., low: 1:45 a.m., 2:07 p.m. New Smyrna Beach: high: 8:08 a.m., 8:30 p.m., low: 1:50 a.m., 2:12 p.m., Cocoa Beach: high: 8:23 a.m., 8:45 p.m., low: 2:05 a.m., 2:27 p.m.
EXTENDED OUTLOOK	BEACH CONDITIONS
SATURDAY Sunny 83 85 SUNDAY Pctly 84 86	Daytona Beach & New Smyrna Beach: Seas are 2-4 feet with a moderate chop. Water temperature at Daytona is 65 degrees and at New Smyrna, 65 degrees. Winds are from the southeast at 10-15 m.p.h.
MONDAY Pctly 84 84 TUESDAY Tstrms 84 64	STATISTICS
LOTTERY	The high temperature in Sanford Friday was N/A degrees and the overnight low was N/A. Recorded rainfall for the period ending at 10 a.m., Saturday totaled 0.00 inch. •Sunrise.....6:20 a.m. •Sunset.....6:41 p.m.
Here are the winning numbers selected on Friday in the Florida Lottery: Fantasy 5 10-11-17-21-25 Lotto (March 21) 9-17-19-32-48-48	
Play 4 4-5-8-3 Cash 3 4-6-2	

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IN BRIEF

Daniels Contracting Co. new headquarters
LAKE MARY - Harkins Development Corporation has just completed a 3,000 square foot 1-story office building for underground pipe contractor, Daniels Contracting Company, on Bay Tree Center off Lake Mary Boulevard. Construction of the new facility was reportedly accomplished in just 14 weeks.

Sprinkler contracts
LONGWOOD - Southeast Fire Sprinklers, Inc. a Longwood-based fire protection contractor, has secured contracts to provide its services to three new apartment complexes, with a combined total of 720 units. The apartments are located in Tampa, Lakeland and Orange County. Southeast Fire Sprinklers provides fire protection design, installation, inspection and service to multi-family apartments, commercial, industrial, high-rise condominium, theme park, hotel, and institutional projects throughout the state.

Weightlifting lease
LONGWOOD - Maximilian Weight Training has reportedly leased space at Shoppes at Sweetwater on Hunt Club Boulevard and Wektiva Springs Road in Longwood.

This is Maxmullian's first personal training facility in Central Florida.
The lease for the 1,200 square foot space was arranged by Faison Orlando.

Honors
OVIEDO - Realtor Julie Boyd-Elrod of Oviedo, was one of four people who were awarded major sales achievement awards recently, during Higgins & Heath Inc./Better Homes and Gardens 1997 Awards Banquet.

Boyd-Elrod captured one of the 10 high profile awards presented by the company principals. She reportedly posted in excess of \$10.5 million in sales and listings for the company last year.

The Presidency
MAITLAND - Local Certified Public Accountant R. Keith Altizer of Keith Altizer & Company, P.A. in Maitland, has been elected president of the Southern Federal Tax Institute, Inc. He is the first Florida-based and only non-national CPA to head up the nationally acclaimed nonprofit corporation in over 32 years.

Vista Optical
SANFORD - Vista Optical, a prominent eyewear retailer in the Western United States, has

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EPA: City pays to resolve century old problem

By Nick Pfeiffau
HERALD STAFF WRITER

SANFORD - Apparently, the city of Sanford is going to pay \$187,500 to resolve a situation which occurred at the turn of the century, but wasn't recognized as a problem until recently.

Back in the late 1880s, gas was manufactured at a plant on property to the north and south of West Sixth Street in Sanford. The gas was made through the carbonization and distillation of coal and coke. The City of Sanford took over the plant and operated it from 1924 until 1932. It then continued to own the site but leased it until 1932 to Sanford Gas Company.

Since that time, the land has been owned by Florida Power Corporation, Atlanta Gas Company, Florida Power & Light and the Florida Public Utilities Company.

Until recently no one had any idea that there was a problem with the land. Now, the United States Environmental Protection Agency (EPA), investigating soil, groundwater and surface water sediment has reportedly discovered the presence of coal tar. And the EPA says it has to be cleaned up.

Whether the land is truly in

need of cleanup is a matter of controversy, but financing what could be an expensive cleanup project is the latest point of contention.

The EPA has explained the Comprehensive Environmental Compensation and Liability Act (CERCLA) to the city. Under the act, it says, "any party who owned or operated a site where there has been a release of hazardous substances is strictly liable." The only defense against this requirement is if it is determined to be an Act of God, which EPA says isn't appropriate in this situation.

As a result, EPA has taken each of the owners since the plant began manufacturing gas, and charged an amount of money with which to pay for what the EPA says would be a \$1.5 million cleanup.

Sanford's share of \$187,500 is the lowest amount, paying only 12.5 percent of the overall cost. Florida Power Corporation would pay over 39.7 percent, Florida Power & Light would pay 13.7 percent, Atlanta Gas Light Company would be charged over 20.3 percent, and Florida Public Utilities would pay over 13.7 percent.

The matter was brought up for extensive discussion this past week during a Sanford

City Commission work session.

Regarding the 12 percent, City Manager Bill Simmons estimated the amount could go much higher before the EPA concludes what is being planned, and the cleanup of the land is completed.

"This is the most frustrating experience I've ever seen," commented Mayor Larry Dale. "The EPA has refused to let the city clean it up, even though it would be much cheaper than what they are wanting."

"It's a shame to spend so much taxpayer money for something the taxpayers received no benefit from," added Commissioner Brady Lessard.

Mayor Dale said the city had already spent approximately \$300,000 in the Gasification Plant Inquiry, including legal fees, investigations, surveys and other needs. "In all," he said, "we'll probably end up spending a million dollars on this and end up being exactly where we are today with nothing done."

It was explained that the EPA claims to have already spent \$429,000 on the contamination study, but attorney Thomas Maurer, who addressed the commission on the situation Monday, said the amount of money they spent

includes several studies which were repeated, and probably shouldn't have been done. He recommended the city accept the EPA proposal for the 12.5 percent agreement. "The alternative could be considerably worse," he said. "But even at that, we have no assurance the 12.5 percent will stand. It will probably go much higher before this is over."

The city commission plans to place the matter on the formal agenda for discussion and consideration at the April 13 meeting.



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We go back today to 1958 and happenings as reported in the January 14, 1958 edition of the *Sanford Herald*. Editor and publisher of the *Herald* was Fred Perkins, Marlon Harmon was executive editor and Evelyn J. Cushing was advertising manager. Subscription rates by carrier were 25 cents per week; \$11.50 per year.

Judge Housholder Dies
On the front page is a large article entitled "Heart Attack Fatal to Judge Housholder" plus a picture of him.

The article goes on to state that one of the most colorful figures in Seminole County had died suddenly of a heart attack. Judge Housholder, 84, was



**GRACE M.
STINE-
CIPHER**

born August 3, 1893, in Bartow to a Methodist minister and his wife. The family had lived in several Florida towns before coming to Sanford; Housholder had graduated from Sanford High School in 1911.

Following his graduation from law school, he served as

Seminole County judge from 1917-25, then as Prosecuting Attorney 1925-28. In 1927 he served one term in the state legislature and then was elected to the Sanford City Commission for 1927-29. He was attorney for the Seminole County Commission 1933-43 and state senator 1941-43, serving as president pro-tem for the 1943 session.

Since being appointed county judge by Governor Charlie Johns in 1954, he had spoken frequently in behalf of the juveniles in the county.

Housholder was a member of the First Methodist Church and the Bahia Temple of the Shrine. He was also past Exalted Ruler of the Sanford Elks Club and a member of both Seminole County and Florida State Bar Associations.

The article also stated that Housholder was an avid gardener and was always seen with a flower in his lapel. And he was an ardent golfer who had played the previous Sunday.

He was survived by his wife, Lois, with whom he had lived at 2429 Elm Avenue. He had one son, Karylle, who was Seminole County Prosecuting Attorney, two grandsons and one brother, Fred, of Fort Pierce.

Postal rates discussed

The members of the Sanford Rotary Club heard a lively discussion between Postmaster

Please See Synopsis, Page 7A

Business

Continued from Page 2A

expanded to the East Coast for the first time with the opening this year of 18 new optical centers throughout the state of Florida.

The most recent opening is at Seminole Towne Center in Sanford. Other area stores now open include one at Oviedo Marketplace, and one in the Altamonte Mall.

Achievement

LAKE MARY - Stefanie Wollam of Lake Mary was recently honored by RE/MAX, receiving its highest achievement award, the Platinum Club designation. She was also honored for being one of the top Realtors in the state of Florida.

In 1997, Wollam closed 80 transactions with sales of over \$9.6 million.

Driving under the Influence

Patricia Figley, 46, of 245 Lock Lowe Dr., Sanford, was arrested Thursday by Seminole County deputies. Figley was charged with DUI and arrested at the corner of State Road 600 and Lake Mary Boulevard. Two cell phone callers followed Figley's vehicle before a police officer came on the scene.

Prostitution

Lavada Redin, 33, of 822 Rosalia Dr., Sanford, was arrested Thursday by Seminole County deputies. Redin was charged with assignment to commit prostitution and arrested at the corner of Fourth Street and Sanford Avenue. City/County Investigative Bureau was targeting street level prostitution.

Julian Carty, 51, of 416 N. Sundance Dr., Lake Mary, was arrested Thursday by Seminole County deputies. Carty was charged with assignment to commit prostitution and arrested in the 1600 block of County Road 427. City/County Investigative Bureau was targeting street level prostitution.

Craig Culberson, 42, of 896 Pickfair Terr., Lake Mary, was arrested Thursday by Seminole County deputies. Culberson was charged with assignment to commit prostitution and arrested in the 1600 block of County Road 427. City/County Investigative Bureau was targeting street level prostitution.

Battery

Jamie Moore, 22, of 3728 Washington St., Sanford, was arrested Thursday by Sanford police. Moore was charged with battery and arrested in the 200 block of Academy Court. Moore allegedly punched, scratched and choked victim.

Mario Pagan, 44, of 803 Monroe Harbor Pl., Sanford, was arrested Friday by Seminole County deputies. Pagan was charged with battery and arrested at the above address. Pagan allegedly slapped his wife in the face.

Trespassing

Marvin Allen, 21, of 1895 W. 18th St., Sanford, was arrested Thursday by Sanford police. Allen was charged with trespassing on property other than structure and resisting with violence. Allen was arrested in the 700 block of West Eighth Street.

Darling Siplin, 18, of 46 Castlebrewer Ct., Sanford, was arrested Thursday by Sanford police. Siplin was charged with trespassing occupied structure. Siplin was arrested in the 1200 block of West 13th Street.

Walter Cain, 35, of 1412 W. 11th St., Sanford, was arrested Thursday by Sanford police. Cain was charged with trespassing occupied structure and arrested at the corner of 12th Street and Jessamine Avenue.

Retail theft

Leslie Burris, 46, of 401 W. Seminole Blvd., Sanford, was arrested Thursday by Seminole County deputies. Burris was charged with retail theft and arrested in the 100 block of International Parkway. Burris allegedly placed a package of razors in his left rear pocket.

Battery on an officer

Delean Thompson, 18, of 1402 E. 20th St., Sanford, was arrested Thursday by Sanford police. Thompson was charged with battery on a law enforcement officer and arrested in the 2000 block of West 15th Street.

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SEMINOLE *Opinion*

The Herald

4A Seminole Herald Sanford, Florida Sunday, March 29, 1998

County campaign issues, mass transit, more politics

Republicans destroying Republicans. Who didn't know that? The only reason the Democrats are playing dead and not offering up candidates is because the Republicans have served fat cat Democrats well. Why spend money when they are doing just fine the way it is? I don't know, but I think that's what they are thinking.

In the meantime the upcoming elections promise to be full of dirty laundry. All the things we don't care to know will be thrown in our face. The only thing that can be said, will be said. The only things missing will be issues, plans, solutions and intelligent thought. Sounds like politics in America!

Universal Studios seems to be hesitating just a bit on the proposed light rail system from Orlando to International Drive. Why? Could it be that they are concerned about this venture and the possible waste of capital? Do they need another ride outside the park that doesn't create a problem? Who is going to ride this system from the park to the parks? You could write the names of Universal's 385 card.

Mass transportation is going to come to Central Florida. The questions are: What do we need to assume that it will relieve congestion? What kind of system and/or systems? How can we best serve us? How can we do it better and cheaper? Is it possible to build a system where costs are offset by private investment?

Many other questions are never addressed properly in my opinion. How does this affect Seminole County? It shouldn't! Instead, this is an opportunity for Seminole County. While the debate rages in Orange County the opportunity to plan the northern route through Seminole and acquire right-of-way should be under way as soon as possible. If we move forward we could be ready with the right-of-way, the type of system to be decided later.

The 17-92 corridor should be the route. It's the perfect alternative to I-4 and the CSX route and it would certainly be cost effective, easier, more direct, and could work well in conjunction with I-4 if needed and it would be a compromise for all

concerned. Both federal and state transportation departments, having been informed of this alternative route, shouldn't hesitate to consider it. In fact, it would be hard to understand why there would not be strong support for this route. The formula for success: Park and Ride, private investment, vision, all the things that seem to be lacking.

Here's a prediction: Orlando is going to be a ghost town after 6 p.m. if they don't get their act together. A rather new city, dying. Why? Because they don't seem to understand that they have a rather unique situation! Huge competition to the south. What should they do? I shouldn't tell them, but I will.

You join them, form alliances, use the city as a gateway to these entertainment centers. What do I mean by gateway? Address the problem. It is not to the benefit of anybody to see Orlando die after dark. It is to everyone's benefit to address and invest in the city in a way that is beneficial to all concerned. The downtown clubs and the recent reported rape inside one of those clubs doesn't help either.

Back to politics. In reading articles written by elected officials about other elected officials that are less than complimentary, I can honestly say that I don't remember what I read one hour later because it was so irrelevant to my concerns.

There has been so much discussion about the nude bars that I don't read any of it any longer. When this topic is the sole issue of a candidate, it should be of great concern to all of us. I would like to hear more about other issues. Isn't there anything else you would like to tell us? The great mistake would be to make this a campaign issue.

Regarding the calendars Seminole County sent to residents, I thought it was a good idea and I give credit to staff for coming up with the idea. For your information I've heard only good responses. True, they should have been mailed out earlier.

Speed humps, bumps and axle breakers, opponents may find new and important allies regarding this issue. Again based on liability issues and response times.



Ernie Hatton II

Ernie Hatton II is a veteran member of numerous government boards and is a civic activist in the interest of good government.

Prediction: They will be removed either before the county is sued or shortly thereafter.

State of the county
The state of the county is excellent! Despite the road problems we are in good shape. The staff is much more responsive, the outlook is excellent, good roads are worth the aggravation.

Excellent law enforcement. The community based sheriff's stations are working very well. The county is moving ahead and it is apparent that staff members are going out of their way to be responsive to the public.

What we don't need is to go backwards. It is important to focus on issues in this upcoming election! There is too much at stake. Those who vote in every election, not tied to one side or the other, are going to vote on issues.

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Workman and the Lion's Club

One of the many groups and organizations we have spotlighted here at Special People is on the move helping the community. The Longwood-Lake Mary Lion's Club appeared in our column on June 8. The veteran service organization is still going strong since June 7, 1917.

One of Central Florida's hardest working Lion's Club Chapters, the Longwood-Lake Mary Lion's Club, is still leading the way even after more than 24 years. Gyle Workman, the group's current treasurer, is still with the group. He remains the only founding member left.

Given any weekend, Gyle and his wife Lois can be found helping the Lions, something they have been doing for a long time. They are involved in many community service endeavors, one of which was when they helped provide necessities for the recent tornado victims in Sanford and Winter Garden. These items included clothes, food, blankets and medical supplies.

That project alone raised between \$4,000 and \$5,000 from several local Lion's Clubs for the tornado victims. They also aided people who had lost their glasses in the tornado. This was done with LensCrafters who contributed glasses and

Special People



TONY TIZZIO

Tizzio is an advocate for the disabled.



Gyle Workman

If you have hearing problems, call the Lion's. They have a hearing aid bank, as well as hearing dogs to help the hearing impaired.

Meetings for the Longwood-Lake Mary Lion's Club are the 1st and 3rd Tuesday of each month, 7:30 p.m., at the Ramada Inn in Longwood, on 434 by I-4. For more information, call Gyle Workman days at 862-4000, Ext. 302.

Now for definitions. Today's topic is Sickle Cell Disease. Sickle Cell Disease is a rare inherited blood disorder characterized by the presence of sickle or crescent shaped red blood cells in the bloodstream. These abnormally shaped cells become rigid and lodge themselves in the very tiny blood vessels of the peripheral blood.

Please See Tizzio, Page 5A

SEMINOLE COUNTY FLORIDA FULL COST ACCOUNTING FOR SOLID WASTE MANAGEMENT FISCAL YEAR ENDING SEPTEMBER 30, 1997

RESIDENTIAL

Collection	\$101.51 (1)
Disposal	39.60 (2)
Recycling	7.45 (3)
Average Total Cost per Unit for the Year Referenced	148.56

NON-RESIDENTIAL

Collection	\$0.00 (4)
Disposal	36.00 (5)
Recycling	0.00 (4)
Average Total Cost per Unit for the Year Referenced	\$36.00

(1) Represents an average cost to residential customers within unincorporated Seminole County for solid waste collection service.

(2) Represents the cost for disposal of 1.1 tons (at \$36.00 per ton) of municipal solid waste at Seminole County's Class I landfill.

(3) Represents an approximate average cost per residential unit within unincorporated Seminole County for recycling efforts including indirect costs funded from State of Florida grants administered through the Department of Environmental Protection.

(4) Seminole County did not regulate non-residential collection or recycling rates for the year reported.

(5) Represents the cost per ton for disposal of municipal solid waste at Seminole County's waste management facilities.

Opinion

From Moving Wall, a tribute to those who served their country

The City of Altamonte Springs brought the Moving Wall to Crane's Roost Park, giving many like myself and my husband who have been unable to make the trip to Melbourne, a long awaited opportunity to experience it. Presumably, Altamonte Springs, like every other city/town across this Nation has politicians who are elected, and during their tenure work toward that date when re-election is the issue; yet the Mayor and politicians of the City of Altamonte Springs voted to fund the whole expense of bringing in the Moving Wall, and gave credit to the Veterans of Central Florida. These elected officials made some very courageous decisions in the planning stages of this event. They chose to have the Knights of Columbus from Orlando present the Colors at the Opening Ceremony; the clergy utilized for the ceremonies were all veterans, to include the artwork of Norm Bergsma donated to Point Man Ministries, (a group formed solely for the purpose of helping homeless veterans, whose administrators do things like sell their own homes to fund their work).

For many personal reasons, most of them too mundane to list, I volunteered to be available whenever Don Alberton, the current secretary of the Seminole County Area Veterans Advisory Committee and life member of the Paralyzed Veterans of America, coordinator of volunteers, needed me. I planned to give of my time and my talents, never dreaming that would include leaving part of myself with so many I encountered. Despite the fact that my brothers are both Vietnam Veterans, I never dreamt I'd be truly touched by this encounter with a wall that is transported for viewing, nor by some paintings displayed for viewing. My husband's been involved with the military since I married him in 1980, and with veterans since he was medically boarded out the day his mother died, on September 8, 1988. I thought I'd seen it all. I've had



Noreen A. Bryant

Noreen A. Bryant is chairman of the Legislature & Veterans Affairs & Rehab Committees and is active in the American Legion Auxiliary Unit 53 and Disabled American Veterans Auxiliary, Chapter 30.

GUEST COLUMNIST

tears spring up at the Pageantry displays put on by the Enlisted Association of the National Guard of the United States when Art was the National Chaplain, and at some of the events I've been a part of through the years locally and nationally. So I was totally unprepared for the actual experience of viewing the Moving Wall, and having brought back to conscious memory the war years at the Point Man Art Display. I was totally unprepared for the Marine Colonel from the 3rd Division, who was at the display daily, talking with so many people, aiding their healing. When a mother refused to talk with the counselors who volunteered their time daily (Seminole County Mental Health, Veterans Clinic Orlando, and others), and she wouldn't talk with me because I'd suggested she talk with a counselor, I found the Colonel and told him she was a Marine's mother who saw her son's name on the Wall for the first time, and was very upset. Vietnam Vets who came either alone or with their families, met the Colonel, and began the healing process as a direct result of his unique charismatic gifts. The Colonel informed me in our brief

encounter that he'd begun in World War II, and left after Vietnam, having been in every military action/encounter/war in between. Had I not asked, I'd never have learned that. He wasn't there to entertain the volunteers, he had a mission for those visiting, and he was kept very busy.

I always wonder prior to any public event, how difficult it's going to be to get to park close enough to drop my husband off and get him started in his wheel chair. Art is a 100 percent service connected disabled veteran, with low vision and night blindness. His time in the Marine Corps left him too proud to ask for much by way of help, but he is also 6'5" tall, and there's a bit of effort required to get him mobilized when we go anywhere publicly. He's also very embarrassed by needing to wear his baseball cap all the time, but laser surgery has weakened his eyes so that light causes pain, the baseball cap is not a 'choir' it is mandatory especially in fluorescent lighting. The second night the display was opened we drove over to see what the setup was, and my first encounter with the City of Altamonte Springs Police left me no concerns whatever about how our time at the Wall would go. The policeman on duty told me that the road would be closed in the morning but I could drive up to the police barricade and explain that I was dropping Art off. I didn't want to park in handicapped parking because I can walk, and so many disabled veterans would be there who couldn't.

Courtesy seems to be an integral part of their department. Courtesy, such as we all learned at our mothers' knees, that extends to warm human kindness. The same courtesy that Altamonte Springs' Park Rangers seem imbued with. My first encounter with a Park Ranger was while I

was "dog sitting" for someone who came to see the Wall.

There were also the other encounters. Sharon, who travels Florida with her 'unique' computer set up to do a little more on POWs/MIAs, that the standard computers are able to do. She also carries information on the Sons & Daughters of the Vietnam Vets, and how to get in touch with the family of the POW/MIA bracelet so many wore to the display. She's a walking history of the Wall, and so very willing and able to help everyone who comes. She is so gentle when it falls to her to explain that those who died from Agent Orange are still not recognized by our government as fatalities of the Vietnam War. Then there's the Vietnam Vet from upstate NY who travels with the Wall. He gives little American Flags to the children who come, and talks with so many who have questions or just need to talk. He's a live history lesson for anyone who meets him. There were our own veterans, all the organizations were there at a given point in time while the display was open, most of them working at some point in time. The veterans in wheelchairs, those who are Vietnam Vets themselves and made themselves part of the valuable healing experience for so many who came to see the Wall for the first time. It would be very difficult not to be impressed with the work that the Point Man group is doing to help the homeless vets, and their kindness in dealing with those overwhelmed by the whole experience of the Wall and the art display.

No one who cares could be left untouched by the tremendous spirit of the combined high school ROTC groups. Treas like that should be making front page headlines, but evidently that doesn't sell papers. So many people gathered in

Please See Bryant, Page 7A

GUEST COLUMNIST



Larry Strickler is BellSouth's director-Workforce Development and Education Relations for Florida. He has served as a volunteer in many leadership roles for education reform in the state and served as a member of the Seminole County School Board (1992-1996).

Is 'pretty good' enough for students, schools?

Over the past 20 years we have all watched as greater and greater percentages of our youngsters graduate from high school poorly prepared for the next step. This has been true for many applying for jobs, many going for further job skills training, and even for too many of those going to college.

The problem cannot and will not be solved by educators alone. It will take a strategic initiative by us all, including educators, parents, employers, and our communities at large.

As we focus on addressing this problem, I am reminded of comments I heard while serving on the Seminole County School Board from 1992 to 1996. Many people believe we have a pretty good school system and I agree with that. However, I feel that reading the Osgood File (1986) should make all of us pursue excellence with a vengeance and instill in our youngsters the need to do likewise.

Pretty Good

There once was a pretty good student,
Who sat in a pretty good class,
And was taught by a pretty good teacher,
Who always let pretty good pass.
He wasn't terrific at reading,
He wasn't a whiz-bang at math,
But for him, education was leading
Straight down a pretty good path.
He didn't find school too exciting,
But he wanted to do pretty well,
And he did have some trouble
With writing.

And nobody has taught him to spell.
When doing arithmetic problems,
Pretty good was regarded as fine.
Five plus five needn't always add up to be ten.
A pretty good answer was nine.
The pretty good class that he sat in
Was part of a pretty good school.
And the student was not an exception.
On the contrary, he was the rule.
The pretty good school that he went to
Was there in a pretty good town.
And nobody there seemed to notice
He could not tell a verb from a noun.
The pretty good student in fact was
Part of a pretty good mob.
And the first time he knew what he lacked was
When he looked for a pretty good job.
It was then, when he sought a position
He discovered that life could be tough.
And he soon had a sneaky suspicion
Pretty good might not be good enough.
The pretty good town in our story
Was part of a pretty good state,
Which had pretty good aspirations,
And prayed for a pretty good fate.
There once was a pretty good nation,
Pretty proud of the greatness it had,
Which learned much too late,
If you want to be great,
Pretty good, is in fact, pretty bad!

Tizzio

Continued from Page 4A
system, the blood vessels outside of the heart.

Sickle Cell Disease has several recognized forms including Sickle Cell Anemia, Sickle Cell Hemoglobin C Disease and Sickle Cell Thalassemia Disease. Sickle Cell Disease affects over 6 percent of the African American population in the United States. Americans

whose ancestry is Asiatic Indian, Italian, Greek or Mediterranean may also be affected by Sickle Cell Disease.

* This information was originally researched through NORD (National Organization for Rare Disorders).

If you have a non-profit organization relating to the disabled and have a special event coming up, please tell us about it!

OBITUARIES

DONALD L. BELL

Donald L. Bell, 68, Citrus Drive, Sanford, died Thursday, March 26, 1998 at Columbia Medical Center-Sanford. Born June 21, 1929 in North Dakota, he moved to Central Florida in 1975. Mr. Bell was career military in the U.S. Army. He was a Lutheran.

Survivors include daughter, Janice, North Port, Fla.; son, Michael Bell, Los Angeles, Calif.; stepdaughters, Beverly Pagden, Sanford, Susan Cline, Winter Springs, stepson, William Meeks, Davie; 4 grandchildren.

Gramkow Funeral Home, Sanford, in charge of arrangements.

DONALD RAY COMBS

Donald Ray Combs, 58, E. State Road 46, Geneva, died Wednesday, March 25, 1998 at Shands Teaching Hospital, Gainesville. Born Feb. 17, 1940 in Gilliam, W.Va., he was a resident of Central Florida for the last 40 years. Mr. Combs owned and operated Honest Don's Air Conditioning and Appliances on Winter Garden Road for more than 30 years. He was a state licensed electrical and air conditioning contractor, and a member of the International Brotherhood of Electrical Workers, Local #606. Mr. Combs was a Protestant.

Survivors include wife, Theresa; sons, Donald Ray II, Daytona, Ronald Edward, DeLand, Jonathan Dwayne, Orlando; brother, Peter, N. Tazewell, W.Va.; sisters, Thelma Sheets, Tazewell, W.Va., Rachel, Gilliam, W.Va., Patricia Eller, Bluefield, W.Va.; 7 grandchildren.

Banfield Funeral Home, Winter Springs, in charge of arrangements.

FRANK P. DUNN JR.

Frank P. Dunn Jr., 80, E. Woodland Drive, Sanford, died Thursday, March 14, 1998 at his residence. Born July 14, 1917 in Rocky Mount, N.C., he moved to Central Florida in 1958. Mr. Dunn was a railroad general foreman. He was a member of Kiwanis Club of Sanford, Corinthian Lodge #230, Rocky Mount, N.C., Monroe Chapter #15 York Rite-Sanford Council #20, Scottish Rite Valley of Orlando, Bahia Shrine of Orlando and Officer's of Retired Railroader Club. Mr. Dunn was a member of Pinecrest Baptist Church.

Survivors include daughter, Geri Armondi, St. Cloud; sons, William, DelBary, Roy, Douglasville, Ga., Frank, Knoxville, Tenn.; brother, Thomas, Glovis, N.M.; 3 grandchildren.
Gramkow Funeral Home, Sanford, in charge of arrangements.

WILLIAM R. ELDRED

William R. Eldred, 60, Brighton Way, Casselberry, died Friday, March 27, 1998 at his residence. Born Feb. 25, 1938 in Romeo, Mich., he was a resident of Central Florida for the last 35 years. Mr. Eldred was a city maintenance worker. He was a Protestant.

Survivors include wife, Gladys, daughter, Patricia Gates, Michigan; stepdaughter, Sandyeer Stachos, Ft. Lauderdale; 1 grandchild.

Banfield Funeral Home, Winter Springs, in charge of arrangements.

FUNERAL

DUNN, FRANK P. JR.

Funeral services for Mr. Frank P. Dunn Jr., 80, of Sanford, who died Thursday will be 11 a.m. Monday at Pinecrest Baptist Church with the Rev. Tony Funk officiating. Interment will follow in Oaklawn Park Cemetery. Friends may call at the church one hour prior (10 a.m.) to the service. For those who wish memorial contributions are suggested to Crippled Children's Hospital, c/o Bahia Shrine Temple, 2300 Pembroke Drive, Orlando, FL 32810-2649. Arrangements by Gramkow Funeral Home, 500 E. Airport Blvd., Sanford, FL 32773. (407) 322-3213.

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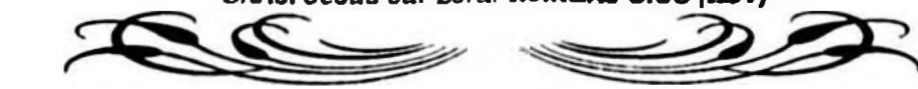
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Joseph Calvin Caldwell, Sr.
July 3, 1928 - March 5, 1998

For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things to come, nor height, nor depth, nor any other creature, shall be able to separate us from the Love of God, which is in Christ Jesus our Lord. Romans 8:38 (KJV)



The family of Deacon Joseph Calvin Caldwell, Sr. gratefully acknowledges the generous out-pourings from the community during its hour of bereavement.

We are eternally appreciative of your thoughtful acts of kindness and your prayers. -- The Caldwell's

Liz D. Caldwell, Dr. Stephen Caldwell Wright, Jacqueline C. McCarter, Eddie L. Williams, Katrina Caldwell Davis, Pamela G. Caldwell, Joseph C. Caldwell, Jr., Revonda J. Caldwell, Crystal A. Caldwell

Call us with your news tips and event information for Longwood, Winter Springs and Oviedo.
322-2611

Make-A-Wish needs new home

LONGWOOD - On April 30 the Make-A-Wish Foundation of Central Florida will be moving out of the office space that they currently call home. The office space, which has been donated by South Seminole Hospital over the last three years, will no longer be available due to the ongoing merger between South Seminole Hospital and the Orlando Regional Healthcare Systems. The foundation is hoping to find an-

other company or individual willing to donate a similar office space.

The Make-A-Wish Foundation of Central Florida grants wishes to Central Florida children between the ages of 2-1/2 and 18 who suffer from life-threatening illnesses. Since opening its doors in December of 1994, the local chapter has granted nearly 200 wishes, and has another 38 in progress. "Over 85 percent of all

donations to our organization go straight to granting the wishes of these seriously ill children," says Robert J. Kinney, the Executive Director for the local chapter. Kinney continues, "The average cost of granting a child's wish is \$3,500. If we are able to find someone who is willing to make an in-kind donation of office space, we will be saving enough funds to grant the wishes of an additional 7 to 10 children a year. In addition,

the donation would be tax deductible."

Anyone who may be in a position to donate office space, or perhaps know someone who is, is encouraged to call the offices of the Make-A-Wish Foundation of Central Florida at 407-339-WISH (9474). The foundation needs approximately 2500 to 3000 square feet of space. Their current lease will expire on April 30, 1998.

Wish

Continued from Page 1A

Kara Ann, 15, suffers from ataxia, a progressive, muscular disease that among other things impairs her ability to walk and her dexterity. She is very efficient with the walker/chair that aids her in getting from place to place. Kara Ann's movements may not be very smooth, but she carries herself with grace and confidence far beyond her 15 years.

There is no shortage of love that surrounds Kara Ann, who lives at home in the Midway community with her father, Arthur, stepmother, Kizzy and her brother, Timothy. Kara Ann draws people to her with her bright, brown eyes and beaming smile.

Kara Ann's special day began with a cruise on the Rivership Romance. Everly and William accompanied Kara Ann on her river cruise. They were joined on the cruise by Kizzy, Towana Washington, and Washington's daughter, Antonia. The Rivership Romance donated the cruises and treated Kara Ann like royalty.

Kara Ann's favorite part of the cruise was the food. It comes from a reliable source (Everly) that she thoroughly

enjoyed the virgin strawberry daiquiris she slurped down as she floated on the St. Johns River.

Wish granting takes teamwork. Kara Ann was referred to Make-A-Wish by Lyman High School Autistic Teacher Ed Hand. Washington is a paraprofessional and works one on one with Kara Ann at Lyman.

It was Kizzy and Washington's job to delay Kara Ann after the cruise so that Everly and William could hurry to her house, where her father was waiting, so that they could set up the computer and surprise Kara Ann when she returned home.

Everly had installed the software the night before. The computer desk had been assembled with the help of William's husband, Jeff and her daughter, Nora.

Peggy Hopkins teaches physically impaired students at Milwee Middle School. That is where she met Kara Ann. Hopkins has maintained a friendship with Kara Ann and describes herself as Kara Ann's unofficial "big sister". Hopkins will help Kara Ann learn to use her new computer.

Kara Ann is a young woman of few words, her verbal ability is impaired by her disease, but

her communication is clear. Asked why she wanted a computer she replies simply, "It's fun."

Computers are the most popular wish at this time according to Kinney. The children are often isolated from the community because of their medical problems. Many times they are not able to play and socialize with other children their age.

A computer helps the children, who often have to miss excessive amounts of time from school, keep up with school work. Specialized equipment is available to assist people with disabilities such as a joy stick that can be operated by individuals with limited mobility. Software will be added to make Kara Ann's computer voice activated.

Computers can provide these children with a link to the rest of the world. Through the computer the children are just like anyone else and are not judged by any disabilities. Kinney recalls one young man who wished for a computer. Scott is now engaged to marry Kimberly, a young woman he initially met online.

The festivities did not end with the computer. Kara Ann, surrounded by her family and

friends continued to celebrate her special day with flowers and cake.

Make-A-Wish kids are invited to parties and events held throughout the year. "We don't forget about you after the wish," explains Everly. "The beauty of Make-A-Wish is it's a family, a bond forms that continues." Organizations that donate to Make-A-Wish invite the kids to speak and accept donations at special presentation events. The kids are added to a mailing list to keep them informed of upcoming events.

Because of Central Florida's diversity there is a great demand for volunteers who speak various foreign languages. Disney is a very popular wish destination and Make-A-Wish Foundation of Central Florida wish assists for chapters from around the world adding to the need for bilingual volunteers.

It is Make-A-Wish's commitment to fill the wish of every child who qualifies. So what is on Make-A-Wish's wish list? Volunteers from all walks of life to work with the kids and to help with fund-raising; referrals of children for the program so that no child who qualifies is missed; and donations, money and in-kind donations are necessary for wish granting.

According to Kinney, 85.5 percent of every dollar donated to Make-A-Wish goes directly to granting wishes. Parties and extra events are not paid for with money donated to Make-A-Wish. Make-A-Wish does not use telemarketing to raise funds.

Make-A-Wish Foundation of Central Florida is currently located at 725-C West State Road 434, Longwood. For more information call (407) 339-WISH (9474).

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- Harmony Kingdom
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Herald Photo by David Frazier

Regal Cinema at the new Oviedo Marketplace officially opens April 3.

Theaters

Continued from Page 1A
 those who like to plan their trip to the movies, Regal 22 gives customers the option of buying tickets two days in advance. Credit cards will also be accepted for ticket purchases. And, according to Harris, tickets may be available at two kiosks located at both ends of the mall.

Once a ticket is purchased, ride the escalators, elevators or just take the stairs to the main foyer area. There will be four concession stands with

two in the main area and one at each wing of theaters. In addition to the normal movie theater treats like nachos, popcorn, hot dogs and candies, customers will be able to buy espresso, cappuccino, flavored teas, hot chocolate and freshly baked goods.

Some of the theaters will be able to seat 150 to 500 audience members. The theaters will feature three formats of digital sound: the Digital Theatre System (DTS), Dolby Digital and Sony Dynamic Digital Sound (SDDS). Each chair is

equipped with its own cup holder. There will also be a game room and four sets of bathrooms for visitors.

Mattinee prices will be \$4.50 for all shows before 6 p.m. and \$4.50 for children and senior citizens at all times. Tickets are \$6.50 after 6 p.m. The first 200 ticket buyers on April 3, 4 and 5 will receive a free T-shirt upon entry.

Regal Cinemas is the second largest exhibitor in North America operating 2,357 screens at 258 locations in 23 states. "Stadium seating is the hottest new wave in the motion picture industry, and Regal is proud to be able to bring this amenity to Orlando," said Phil Zacheretti, Regal's Vice President of Marketing and Publicity.

Probe

Continued from Page 1A

If the FBI is about to close the investigation.

"This thing should have been resolved a long time ago," Clerk of the Courts Maryanne Morse said Friday. "Before the investigations ever began, we tried to warn everyone that there was a problem. We paid \$1.5 million for one property and soon sold it for \$260,000. As far back as 1992, I said things needed to be tightened up."

One of the initial moves Kaiser made as county manager was to have the county attorney's office oversee land acquisitions. Tony Van Derworp served as an acting head of Public Works and beginning Monday James Marino will head the division.

"The changes are good ones," said County Commission Chairman Randy Morris. "What may have happened will not happen again. The county in-

vited these agencies to help the investigation we ourselves began. We all hope it is over soon."



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Bryant

Continued from Page 5A

one place to make this, a true once in a lifetime event. The programs set up for all the schools in Seminole and Orange counties, to make this a total learning experience for the children lucky enough to have teachers willing to expose them to something as memorable as this, including the actual study lessons put together by the City of Altamonte Springs, distributed free of any charge to all the schools, public and private. No stone was left unturned to make this a truly memorable event for everyone lucky enough to be living in proximity.

As I look forward to my last night working at the display, and the closing ceremonies, I thought I ought to take the time to share some of my thoughts and reactions now. I'm no longer quite so confident that the closing ceremonies won't leave me with the choked up reaction that keeps me from saying an adequate "thank you" at the time, and so:

To the Mayor, and each employee of the City of Altamonte Springs, and to the residents, whose taxes ultimately "paid the freight" for this event, from everyone who was too overwhelmed to say much, from the veterans who've grown too old to be as active as they once were, from the families of all the veterans over all the generations,

Thank You. The only thing you didn't "plan" was Mother Nature's unkind wind making it so cold at night...you left nothing else to 'chance' and the results were as perfect an event as is humanly possible to pull together. Each of you has done us a tremendous service, and we are very grateful. Hopefully as time passes you will begin to see the true value and impact your gift to each of us, from the school children too young to remember this war, through my dad's generation of World War II vets who've seen all too many wars/conflicts, has had. My grandfather and his brothers-in-law and my dad began in the Fighting 69th, and from there went to fight their wars. My uncle and my youngest brother chose Naval service, the brother closest to myself chose Air Force. The man I married began as a Marine, and somehow wound his way through the Army Air Corps and then into the Army. Thanks be to God, they all returned, some disabled, but never the less alive. Your gift to all of us is to keep alive a spirit of gratitude to the veterans of each generation who've put their lives on the line to preserve human dignity. Thank you. Perhaps if more were willing to do what you've done so very well, we wouldn't need an Amendment to protect the American Flag from desecration as we do now. Thank You seems too inadequate, but it is all our language leaves us with, so please accept this as a Thank You from all of us for your excellence and your gift to us.

Zoo

Continued from Page 1A

The young porcupines are fed a milk-replacement diet from a bottle and given fruits and vegetables. The girl porcupine weighs four pounds, her brother three pounds.

"Many visitors are fooled by the porcupines we have," said zoo spokeswoman Andrea Farmer. "A little girl yelled out the other day, 'I can't believe they get this big.'"

Farmer said the South African created porcupines do not shoot their quills, but the quills come out easily. If confronted by a predator such as a leopard, lion or hyena, the porcupines will erect their spines and quills, stamp their feet, rattle their quills and make a grunting noise.

They are quite agile and generally terrestrial but they also are good swimmers.

The upper side of the bodies of the porcupines is dark brown, the underside blackish-brown and the throat band is white. The head, neck, shoulders and legs have thin bristles

while the underside has thin grooved bristles.

On the center line of the neck there is a white erectile mane of wiry bristle hairs. The end of the tail has hollow bristles that are open at the end. The porcupine keepers are accustomed to getting a few prickly pokes from the other-

wise adorable little ones.

The baby porcupines will be on exhibit near Animal Adventure on Saturdays and Sundays from 11 a.m. to 3 p.m. until April 26. They'll most likely be sent to another zoo very soon. There are only 36 South African created porcupines in captivity in the U.S.

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Mayor

Continued from Page 1A

member of the Board of Directors, or of an organization or group, that has voted to, or has filed a claim against, the city of Winter Springs, Florida; providing for conflicts; severability and for an effective date."

Kruppenbacher told commissioners that with home rule power, "We can make a decision on this."

During the March 9 meeting, commissioners voted that the charter precluded the mayor from firing the city attorney, and stopped further talks on the issue. A letter was to be sent to Partyka, outlining his responsibilities. Gennell last Monday motioned for a special meeting to discuss the mayor's fate. The meeting is scheduled for this Monday at 6:30 p.m. Commissioners and the city attorney must decide if the charter or ordinance interpretation prevails and if Partyka has already forfeited his position.

"I truly am disappointed. I don't know why it's gotten so complicated," Partyka said.

Stinecipher

Continued from Page 5A

Joel Field and Superintendent of Mails Dick McLaulin on "The Truth About Postage Rates".

Mr. Field took the group back to the horse and buggy days and drew a comparison which he frankly admitted didn't show much improvement. He stated that the post office would lose \$686,000,000 during the present fiscal year.

Mr. McLaulin explained that the deficit was caused by the rates being too low. The last increase (to three cents) in first class mail was in 1932. Rates could only be raised by Congress and the principal opponents were the large users of third class mail such as magazine publishers.

McLaulin gave an emphatic NO to the question as to whether the deficit was the result of inefficiency. He explained that the post office was handling 20 percent more mail than in 1952 with fewer people.

Congress hadn't appropriated money for new post offices since 1938 and the average building was over 50 years old.

A short film was shown featuring Postmaster General Arthur Summerfield demonstrating equipment, old and new, and telling how the new equipment expedited mail handling.

Postal worker Clyde Percy then gave a demonstration of his knowledge of local residents' box numbers. Harold Appleby, assistant postmaster, was also a guest at the meeting.

Commission actions

The previous night, the city commission had approved plans for extending the Sanford sewer system to Sunland Estates, south of the city, contingent on approval by the State Board of Health. This would serve more than 400 homes in that area.

Automatic controls for the Sanford Civic Center's air conditioning system were approved, but the \$1500 needed was not yet available.

The city manager, Warren E. Bowles, was authorized to negotiate for possible private interests to operate the city cemetery.



China King Buffet

2508 S. French Ave., Sanford
323-6166

OWNERS

Dear Valued Customers,

Due to recent coverage on WFTV Channel 9, we are compelled to inform you that several important facts have been missing in the reports:

1. The points in the survey of the restaurants were taken from the past two and half year's records. China King has been under our management for only two years. The points accumulated during the 6 month period before acquisition were not mismanaged by Hun Lung Inc.

2. During two years of management, we have maintained notable cleanliness in our premise. We have complied and rectified every citation and have not failed to do so.

We thank you for your patronage, and assure you that we will zealously maintain to cater quality food at an affordable price and pleasant dining environment for your enjoyment.

The management of China King

CUSTOMERS

To Whom it may concern:

My wife and I have been coming to China King for years. We have had very good service and food from this restaurant. I can say the food has been of the the highest quality.

Prices and service are the best in this area.

Jerry L. Cornell, Sue Ann Cornell
Sanford, FL

March 5, 1998

I have been coming to China King for the past two years and have never had any negative experiences. The food is excellent, well prepared, and a vast selection is offered. It definitely is one of the best values in Central Florida. On three different occasions I have seen the "negative" reports and they seem to be in accord with the current "media mania" which seems to continue to "Beat A Dead Horse". There are some very serious infractions being committed on a regular basis with about every "fast food" franchise, but due to political affiliations these go unreported due to their influence. China King should not be "singled out" for any reason. I will continue to come here and bring my international friends.

David Goodpaster,
Casselberry, FL

To Whom It May Concern,

I am a frequent regular customer of China King Buffet. I

find the food here delicious. The atmosphere and service very enjoyable and the prices are the best in town. I've been a regular customer here since I moved from New York 2 years ago.

Donald C. Pritchett, Jr.
Sanford, FL

To Whom It May Concern,

I have been a resident of Sanford since the 60's. I have never had anything but excellent food and service at China King, and I frequent this restaurant quite often.

Jim Brogdon
Sanford, FL

To Whom It May Concern,

We have been eating here for the last several years, and have found the food to be excellent.

In our opinion the restaurant is always clean and sanitary, and the employees are efficient and courteous.

We love this place and we will continue to dine here, as the food is excellent and reasonable and we eat here at least twice a week.

Mary F. Conway, W.M. Conway, Marty Lee Conway
Sanford, FL
William Conway,
Clermont, FL

EMPLOYEES

To Whom It May Concern,

We have been employed at China King Buffet for 4 1/2 and 5 years and would like to inform you that some of your Action News reports are totally untrue. You state that M. Lam closed a business because of Health Violations and re opened here. China King has been open for 5 years and Mr. Lam only took over management 2 years and 3 months ago. You also report we have had filthy conditions and health violations in the past 2 1/2 years. We have been here for all our inspections and the only violations we've had were before Mr. Lam took over.

Maybe we've had warning of a utensil being placed in a sink it shouldn't have been in or pest control problems which every restaurant has especially in Florida, but Mr. Lam is always quick to correct any problem we have and has done so all along. Why don't you put that in your report?

On your web site you show 18 other restaurants with many violations however you only show Bamboo Cafe' and China King on film, both Chinese Restaurants. Could that be discrimination? Also the way you show on your commercials the kitchen of Bamboo Cafe' and then our sign gives the impression that is our kitchen and it is not.

We understand you have a job to do and respect that fact but we also have jobs and if our customers believe your reports we will no longer be able to make a living.

We eat at China King almost every day as do our family and friends. Obviously if our restaurant was as dirty as you report neither us or our families would eat here.

We can also assure you we would not be writing you this letter with our signatures if we thought it would backfire.

As frequent viewers of Channel 9 we are very discouraged by the way this story was handled and wonder if the news we rely on every day is only half of the story as this one is.

Please know this letter is to tell you our side of the story as employees that want to get the story straight.

Sincerely,

Dear who
How many
Bar Superstars
China King Buffet
[Signature]

BLONDIE

by Chic Young



BEETLE BAILEY

by Mort Walker



THE BORN LOSER

by Art Sansom



PEANUTS

by Charles M. Schulz



ECK & MECK

by Howie Schneider



TUMBLEWEEDS

by T.K. Ryan



ARLO AND JANIS

by Jimmy Johnson



FRANK AND ERNEST

by Bob Thaves



GARFIELD

by Jim Davis



ANNIE



HOROSCOPE



Your Birthday

Sunday, March 29, 1998

Your probabilities for advancement in the year ahead will be enhanced in your field of endeavor, provided you build from where you are instead of searching for greener pastures.

ARIES (March 21-April 19) If you step out of character today by being nice to others only because you hope to get something in return, your play may crumble when tested. Aries, treat yourself to a birthday gift. Send for your Astro-Graph predictions for the year ahead by mailing \$2 and SASE to Astro-Graph, c/o this newspaper, P.O. Box 1758, Murray Hill Station, New York, NY 10158. Be sure to state your zodiac sign.

TAURUS (April 20-May 20) It is important today you understand others like and respect you for just being you. Do not think acceptance requires pretenses of any kind.

GEMINI (May 21-June 20) Unless you're on guard today, you might talk to the wrong people about your confidential affairs and what you wish to keep secret could become common knowledge.

CANCER (June 21-July 22) Examine your motives carefully today regarding your unsympathetic treatment of a friend. Ask yourself if you're behaving this way because you're jealous.

LEO (July 23-Aug. 22) Do not vacillate today where important issues are concerned. If your position is fuzzy, it'll confuse your allies as well as your opposition.

VIRGO (Aug. 23-Sept. 22) If you have to work with unfamiliar tools today, first read all of the instructions, for safety's sake as well as for quality production.

LIBRA (Sept. 23-Oct. 23) Certain members of the opposite gender do find you appealing on a consistent basis, but today don't let yourself be manipulated through false flattery.

SCORPIO (Oct. 24-Nov. 22) Tie a little string around your finger today if there is something very important you promised to do for another. This individual will be counting on you.

CAPRICORN (Dec. 22-Jan. 19) Do not let your prudence desert you today in the management of your resources. Being wasteful now could cause you a big headache down the line.

AQUARIUS (Jan. 20-Feb. 18) Be your usual charming gracious self today, but don't be reluctant to assert yourself in developments where you feel you're being put upon.

PISCES (Feb. 20-March 20) Do not praise anyone today unless he or she truly deserves it. Flattery for flattery's sake could make you appear extremely insincere.

ACROSS

- 1 Highest point
- 7 Land measure
- 12 Street crosser
- 13 Pale
- 14 Superficial covering
- 15 Type of pig
- 16 — Lingus (airline)
- 17 Hour suffix
- 18 Indian dish
- 21 Get up
- 23 Chinese pagoda
- 26 Large wading bird
- 28 Team
- 29 Meal scrap
- 30 Jog
- 31 Cheese dish
- 33 Rope
- 36 Medicinal amount
- 37 Dutch town

- 38 Women's name
- 40 Garden tool
- 41 Matched pair
- 42 Compiler of game rules
- 44 Explosive initia.
- 45 U. S. soldiers
- 46 Chinese philosophy
- 48 Egg dish
- 51 Teenage — Ninja Turtles
- 55 Force
- 56 Beautiful young man
- 57 Valuable item
- 58 Sewer's need

DOWN

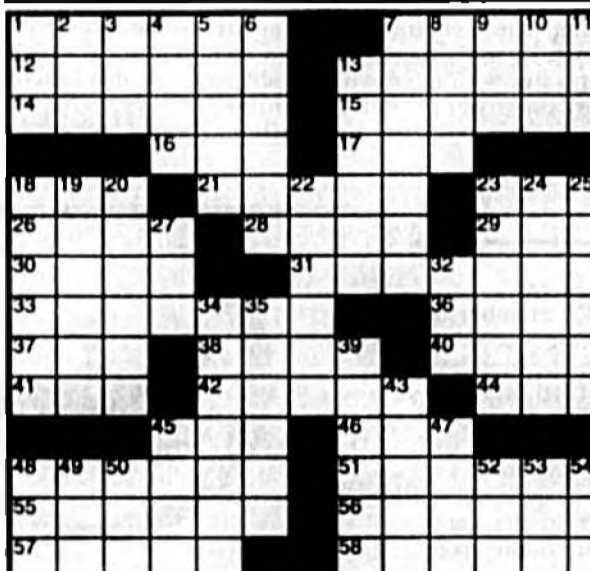
- 1 Destroy (sl.)
- 2 A Gabor
- 3 Court divider
- 4 Freshwater porpoise
- 5 Fixes the piano

Answer to Previous Puzzle



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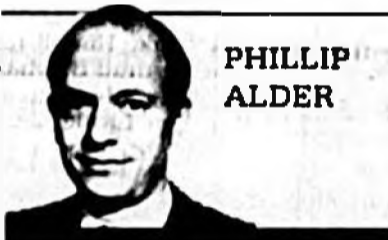


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AT BRIDGE

It's easier on paper

BRIDGE



PHILLIP ALDER

The Senior Life Master was starting his monthly class.

"It is well-known that a bridge problem presented on paper is easier to solve than one faced at the table. In the former, you are warned when the key moment has arrived. But at the table, no one is ringing the bell. Still, sometimes the problem-setter can pull the wool over your eyes.

"See what you make of the first problem on the sheets I have handed out."

The students were confronted by the North-South hands from today's diagram.

"You are South, the declarer in three no-trump. West leads the spade seven: three, queen, king. You immediately take the club finesse, which wins. What next?"

After giving them some moments to work out their line of play, the SLM continued. "I hope you noticed that you should not have taken the club finesse. From trick one, it is obvious that West has the spade ace. So, if

East wins a trick, he can push a spade through, and you will go down unless the spades are breaking 4-4. You should put the club finesse onto the back burner.

"You have six top tricks: one spade (given trick one), three hearts, one diamond and one club. You need three more tricks. You should play a heart to dummy's jack, then take the diamond finesse. If it wins, you have nine tricks via one spade, three hearts, four diamonds and one club. And if the diamond finesse loses, West cannot continue spades without giving you a second trick there, and your ninth in all. He must play another suit, giving you

North		03 28 94	
♠	4 3		
♥	K J		
♦	10 9 7 6		
♣	A Q J 9 8		
West		East	
♠	A 10 8 7 6	♠	Q 9 5
♥	8 6 5	♥	10 9 7 4 3
♦	8 5 2	♦	K 4
♣	7 5	♣	K 6 2
South		North	
♠	K J 2	♠	A Q 2
♥	A Q 2	♥	A Q J 3
♦	A Q J 3	♦	10 4 3
Vulnerable: Both		Dealer: South	
South	West	North	East
INT	Pass	JNT	All pass
Opening lead: ♠ 7			

a chance to try the clubs. "Fight to keep the danger hand off the lead."

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ROBOTMAN®

by Jim Meddick



by Leonard Starr



SEMINOLE Sports **B**

The Herald

Seminole Herald, Sanford, Florida - Sunday, March 29, 1998 - 1B

Extra Points...

Jeff Berlinicke

Herald Staff Writer



Deprived of the hoopla, Lake Mary girls win state anyway

LAKE MARY - They were the unknowns, the non-glamorous team that left the school parking lot at 6:30 a.m. last Friday morning without a pep rally or signs sending them off to a state title.

The Lake Mary girls soccer team had the misfortune of winning the biggest soccer championship with the entire student body on spring break. Last month, the girls basketball team had a pep rally and signs hung all over the school.

They deserved it as the number one team in the state for most of the year.

Then, there was Bill Eiselle's soccer team, a group that lost early, didn't have the undefeated record of the basketball team and didn't even earn the right to host a playoff game.

An overtime loss to Oviedo in the district finals made sure the Rams would be racking up some serious bus mileage. They went to Orlando, Melbourne and Tallahassee and brought a championship trophy home after Aly Benitez knocked in a kick midway through the first half of the state title game against University last weekend.

Then, the bus came back and left them at a lonely campus.

When you think about the Rams' season, you have to think about determination. It would have been easy to give up after losing to familiar nemesis Spanish River early in the season. It would have been easy to think about next year, as only four seniors suited up for the Rams.

But the thing to remember about Lake Mary is how they handled the Oviedo loss. It was the second straight time they failed to beat the Lions, tying them earlier in the season. Lake Mary had the district game won, signed sealed and delivered, but gave it away and was beaten in the sudden death shoot-out.

The looks on the faces of the Rams was of devastation. Much like the faces they wore after a shocking loss to Winter Park in the playoffs last season.

Lake Mary could have given up, but the looks weren't of sadness. No, they were of determination, a feeling of moving on after the loss to grab the title they should have won last year.

Ironically, the first playoff game was against Winter Park. And the Rams avenged the loss, playing with a confidence that said this team might be something special.

Eiselle and the entire team continued to spew the company line of one game at a time, but there was always a feeling that this year was different. It became a matter of, not if, but when they won the whole thing.

And as the mileage accumulated on the team bus and the cars of their parents and friends, you knew this was their year.

Tallahassee, much like Lakeland for the basketball team, wasn't as much of a tournament as it was a victory waltz for Lake Mary.

Please see Jeff, Page 2B

Diamond doings

Williamson steps up for Lyman

By Tony DeSormier
HERALD CORRESPONDENT

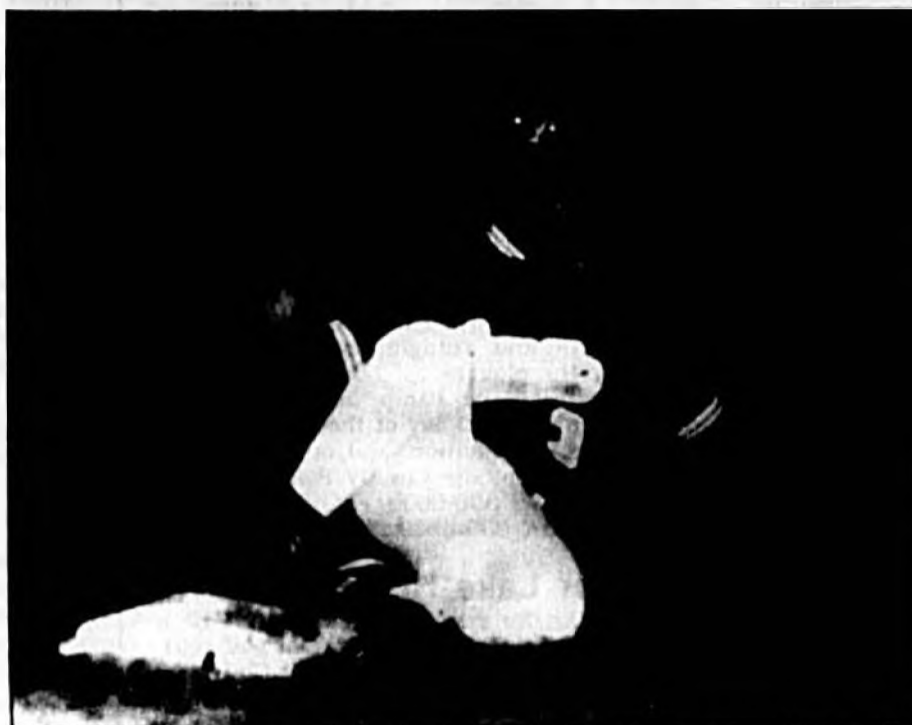
LONGWOOD - This is the stuff that legends are made of.

On Tuesday night, J.T. Williamson pitched in relief for Lyman High School in a junior varsity baseball game against Oviedo High School. Watching him work was Lyman varsity coach Bob McCullough.

"As I watched him pitch, I thought, This will work at the varsity level," said McCullough Friday night. "We were going to call him up anyway, so we promoted him to the varsity and let him start tonight."

Williamson responded by striking out three batters.

Please see Lyman, Page 2B



Lyman's Jose Torres went 4-for-5 and drove in three runs (including the game winner in the bottom of the ninth inning) as the Greyhounds knocked off the Oviedo Lions 6-5 in a Seminole Athletic Conference and 6A-District 5 game Friday night.

Herald Photo by Arsh Booth

Rams rout 'Dogs

By Jeff Berlinicke
ASSISTANT SPORTS EDITOR

LAKE MARY - When Lake Mary started out its baseball season 0-3, the team never gave up hope and it's paying off.

Last night the Rams kept up their hot streak with a 14-4 win over district foe Deland in six innings at Lake Mary.

Early losses (including a run rule loss at Deland) led to wins over teams that the Rams weren't even expected to compete with. The bats have picked up, the pitching staff is holding the score down and the fielding has led to nine wins in the past 12 games since the difficult start.

"We're a real good ball club," last night's winning pitcher Josh O'Brien said. "Sometimes we're not ready to play, but we have a chance to be as good as anyone in the district."

The Rams got off to a slow start as Deland jumped out to leads of 2-1 and 4-1 before the Lake Mary bat attack got them back into the game.

Please see Rams, Page 2B

Bears blank Silver Hawks

From Staff Reports

WINTER PARK - The parity among the Seminole Athletic Conference baseball teams showed itself again Friday night as first-year program Winter Springs went on the road and shutout a very good Lake Howell team.

Brad Stephanson scattered four hits and Evan Starcher drove in a run as the Bears whitewashed the Silver Hawks 2-0 at Lake Howell High School.

Stephanson, a sophomore righthander, struck out 10 and walked only two to raise his personal record to 3-3 on the season. Danny Burleson suffered the loss for the Silver Hawks despite giving up just two runs on six hits.

In addition to Starcher, also a sophomore, sophomore Andrew Huff led Winter Springs with a 2-for-3

BEARS 2, SILVER HAWKS 0

Winter Springs	100 010 0	2 6 1
Lake Howell	000 000 0	0 4 3

Stephanson and Rogers Burleson and Montijo WP - Stephanson (3-3) L - Burleson Save - none 2B - none 3B - Lake Howell, Hajeck 10B - none. Records - Winter Springs 6-12, Lake Howell 14-7.

evening at the plate.

Nik Hajek was 1-for-3 with a triple for Lake Howell.

The Bears, under head coach Harold Hitt and assistant Jeff Perez, raised their record to 6-12 and will play another Seminole Athletic Conference contest at Lyman next Wednesday night starting at 7 p.m.

The Silver Hawks of David Vince fell to 14-7 on the season and will be at Mt. Dora High School on Monday night for a 7 p.m. game before returning home to host Houston, Alabama on Wednesday at 7 p.m.



Seminole High School senior softball players Kelley Langton (left) and Sherri Elland have seen the Tribe go from a doormat to district favorite in their three years on the varsity. The Fighting Seminoles are now 7-4 on the season.

Herald Photo by Jeff Berlinicke

Three year struggle paying off for Tribe seniors

By Jeff Berlinicke
ASSISTANT SPORTS EDITOR

SANFORD - Three years of suffering finally paid off for Seminole softball players Sherri Elland and Kelley Langton.

They were there for three years of losing and heard all the insults.

They were fortunate to get five wins during their freshman and sophomore seasons and were delighted to actually get eight wins as juniors.

Now that they are winners, it's a lot more fun to be a softball player at Seminole.

The 'Noles are 7-4 after a 16-5 win over Mainland Friday night.

Please see Tribe, Page 2B

Local duo co-favorites for bodybuilding title

By Jeff Berlinicke
ASSISTANT SPORTS EDITOR

SANFORD - Check out the picture accompanying this story.

Do Tracy Blaha and Gretchen Van Flenner look like a couple of weightlifters like you might see in one of those pump-you-up magazines?

Not quite. But they'll be favorites at the Mid-Florida Natural Bodybuilding Championships at Sanford Civic Center next Saturday. The event will also feature the Ms. Fitness USA National Qualifier and is open to anyone ranging from age 19-82.

Contest check-in is 9 a.m. and a contestant's meeting will follow at 10 a.m.

The difference between this competition and most others in the country is that the Sanford event will feature drug testing.

There will be three rounds in the Ms. Fitness event including a bathing suit competition for physique and body tone, evening gown competition in which the competitors will give speeches on the philosophy of fitness, and a routine including dance, gymnastics and flexibility.

"It's all about the body and the mind," Van Flenner said. "It's a lifestyle to look as good

as you possibly can."

Blaha agreed. "I feel everybody should get into some form of physical activity," she said. "If you think you look good, you'll feel good."

Drugs are still rampant in the fitness and body building industry, both said, but there are tell-tale signs to indicate who is using steroids and who isn't and that's what makes the Sanford event something special.

Several of the competitors will be going on to national competition. And it's mostly because of the hard work the competitors put into it.

Blaha gets to the gym every

morning at 6:30 a.m. and said that, even though there are times she wants to just blow it off for a day, she tries to repel that notion.

"It's my way to relieve stress," she said.

Blaha won the Orange County Classic recently and is a favorite at the Sanford event. She also practices as a gymnast.

For Van Flenner, it's her second show, but she said she wants to see Blaha do as well as herself.

"I'll be just as happy if she wins as if I do," Van Flenner said.

The event will culminate with the awards ceremony at 8 p.m.



Tracy Blaha (left) and Gretchen Van Flenner don't quite fit the usual perception of a bodybuilder, but they will be favorites when the Mid-Florida Natural Bodybuilding Championships are held at the Sanford Civic Center.

Herald Photo by Jeff Berlinicke

Dunkman working hard to realize dream of a college golf career

By Jeff Berlinicke
ASSISTANT SPORTS EDITOR

LAKE MARY - Golf isn't like other sports when it comes to college recruiting and opportunities for the best of them.

Lake Mary senior Paul Dunkman is understanding that. Dunkman is one of the best players in Seminole County and vies with teammate Matt Ackley for team supremacy, but in high school, a player has to sell himself to a university, especially if he hasn't spent his entire childhood playing junior events all over the country.

"If you can't fly all over the country as a junior, you are up the creek without a paddle," Dunkman said. "You have to market yourself."

Dunkman is pursuing the University of Mississippi and Southern Mississippi, but said that selling himself is an important part of the process.

"They both have excellent teams but they aren't established like Georgia and Florida," Dunkman said. "But I'll have an opportunity to play at a Division I school."

Dunkman shouldn't have to look too hard for a chance. He's only been playing competitively for three years, but is averaging 38 so far this season and said he isn't even playing to his potential, nor is his team.

The Rams are 8-2 but have lost two straight.

"The first half of the season, we didn't play a schedule that was as strong as we knew it was going to be," Dunkman said. "Everybody on the team hasn't been playing as well as they can at the same time."

Dunkman and Ackley, who has already signed with Florida State, lead the Rams' golfers, but they have some talent playing behind them.

Scott Giles, Cory Imlay, Brian Cole and Matt Judy round out the Rams' lineup but it's Ackley and Dunkman that battle for low score.

"We're as competitive as we can be," Dunk-

man said. "You always want to be low scorer, and we can win districts if everyone plays to their potential."

The Rams suffered a loss when Tommy Lee, one of the team's best players, transferred to the David Leadbetter Academy after last season and Dunkman said someone has to step up and take his place.

"I haven't been playing up to my potential," Dunkman said.

When you have academics as the main focus, it isn't always easy to concentrate solely on golf. Dunkman is taking two advanced-placement classes and his other classes are all honors.

"There's a lot of pressure to get grades," he said. "I do the best I can but sometimes getting my grades is more important."

When his game is on, he's a tough competitor who can drive it over 300 yards most of the time. The Rams play at tough courses like their home tracks of Timacuan and Alauqua. Coach Scott Underwood has seen Dunkman progress from a newcomer to one of the best in Central Florida.

"I've seen him improve over four years," Underwood said. "To see him do so well as a senior shows that hard work really does pay off."

Both in the classroom and on the links.

Jeff

Continued from Page 1B

And if you saw the way they looked after losing in the district finals, you wouldn't have doubted that Lake Mary was going to a coronation.

Last Second Shot: Has there ever been a seven-way tie for first place in Seminole Athletic Conference baseball? The season is shaping up that way.



Harold Photo by Jeff Berlinicke

Paul Dunkman has made great strides in his four years at Lake Mary and is currently trying to sell his wares to a college.

'Duffer' Berlinicke from the Eagles Nest

By Jeff Berlinicke
ASSISTANT SPORTS EDITOR

SANFORD - Before we try to turn John Daly into a hero, let's consider some facts.

It was this time last year that he destroyed a hotel in Ponte Vedra Beach, the site of the Players Championship this weekend. He ended up in a hospital, strapped down and a few weeks later, pronounced himself ready to rejoin the tour.

Of course he was welcomed with open arms. Like him or not, he's still the most fascinating player in golf, including Tiger Woods, and he sells tickets and television time.

He's sober - again - but let's remember that he's a loose cannon. He was sober last June when he walked away from the U.S. Open at

the turn without informing his playing partners who waited for him at the 10th tee.

He was also sober when he shot an 18 on a hole last week at Bay Hill (followed by a birdie two).

Daly might be better but maybe he needs a bit more of a break than the tour gave him. When he's sober, Daly is the most exciting player in the game. People talk about his length off the tee, but that didn't win him a PGA title in 1991 or the British Open in 1995. It was his short game. Daly has one of the softest touches in the game and when he's got that going with his driver, he is awesome.

But let's remember he's had two major mishaps in the last year. Now is not the time to give him encouragement. This time, John

Daly, who has had many second chances, has to prove himself.

The 19th Hole: It's spring and most of the high schools in Seminole County are holding their annual booster club golf tournaments.

Lyman gets things started with an April 13 outing at Rolling Hills Golf Club. Cost is \$65 per person or \$250 for a foursome with Rolling Hills members teeing off for \$45. The cost includes 18 holes with carts, a dinner, welcome gifts and prizes.

There's a 3 p.m. shotgun start, so call Ann Carr (339-5244) or Dan Cannon (869-5196) for information...

Lake Howell is later in the week, teeing off April 19 at Ekana. That's a course which will challenge anyone and you might even catch some alligators tanning on

the back nine. Cost is \$48 per player with hole sponsorships going for \$100. Shotgun is at 1:30 p.m. with closest to the pin competitions, longest drive and putting events starting at noon. Range balls will be provided. Call Lake Howell at 320-9050 for information...

Lake Mary fans can head on out to Timacuan on May 4. They better be early risers. Tee-time is at 8 a.m. with lunch, awards and a raffle to follow. There will be a putting contest, longest drive, closest to the pin and wagers to knock it on the green. Goody bags will be offered, so call Mike McLean (324-8288 for information...

Timacuan Golf & Country Club will host its Men's Member-Guest Tournament April 2-4...Speaking of Timacuan, Gene Thompson is the new teaching professional and brings a back-

ground of over 33 years as a teaching player and a Class A PGA member...

...Winn Dixie will host its Involuntary Charity Golf Tournament to benefit the Scouts of Central Florida at the newly remodeled Palm Coast Resort on April 20, starting at 8:30 a.m. Only 100 foursomes will participate and it's first-come, first serve...For golfers looking to play the Blue Monster at Doral, the resort is offering a package with reduced prices from April 9 - 17. Call 1-800-71-DORAL...

The North Florida PGA Section is accepting registrations applications for the 1998 Maxfli North Florida PGA Junior Championship at Scotland Yards Golf Club in Dade City, June 11-12. Call 904-322-0899 for information.



Seminole High graduate Bill Gracey played a strong shortstop and had three hits, including a double, reached base four times and scored a run to help the Cardinals defeat the Braves 8-3 in Orlando Senior Baseball Association action last Sunday at Edgewater High School in Orlando.

Harold Photo by Aron Smith

Brady, Cardinals remain undefeated in OSBA

From Staff Reports

ORLANDO - Nick Brady provided the arm, while Mike Carpenter and Richard Capozzola proved the bats as the Cardinals kept their record perfect with an 8-3 victory over the Braves in Orlando Senior Baseball Association action at Edgewater High School last Sunday.

Brady (2-0), from Lake Mary, followed up a three-hit, 13 strike out performance a week ago with a four-hit, 12 strike out outing this week as the Cardinals improved to 4-0 on the season. Blaine Roseberry suffered the loss despite striking out 11 over eight innings.

In the other game, the Yankees overcame a 1-0 deficit with a run in the seventh inning, then scored three runs in the eighth inning on the strength of a two-run single by Oviedo's Carlos Martinez to edge the Mariners 4-1.

The standings have the Cardinals on top at 4-0, with the Yankees right behind at 3-

CARDINALS 8, BRAVES 3
Cardinals 102 012 101 - 8 17 3
Braves 100 000 020 - 3 4 0

Brady and Carpenter, Roseberry, Masco (9) and Lob, WP - Brady (2-0), LP - Roseberry, Save - none, 2B - Cardinals, Gracey, R. Smith, Brady, SB - none, HR - Cardinals, Hillburn (1), Records - Cardinals 4-0; Braves 0-4.

1. Those two are followed by the Mariners (1-3) and the Braves (0-4).

This Sunday at Edgewater, the Yankees play the Braves at 10 a.m. and the Cardinals battle the Mariners at 1 p.m.

The Cardinals took a 1-0 lead in the top of the first inning on consecutive one-out singles by Wayne Hillburn, Sanford's Robert Smith and Oviedo's Carpenter.

The Braves tied the game in the bottom of the first inning on a pair of walks and a wild pitch, but the Cardinals took the lead for good when Hillburn led off the third with his first home run of the season over the left field fence.

The winner's added another run in the third, then tacked on single runs in the fifth and seventh inning and two runs in the sixth inning to build a 7-1 lead.

The game was still in doubt, however, as the Braves came up with a pair of runs in the bottom of the eighth inning and had the tying run at the plate. But a hard ground ball was stopped by Deltona's Gracey, who flipped to Smith to end the threat.

The Cardinals then added a final run in the top of the ninth inning.

Providing the offense for the Cardinals were Altamonte Springs' Capozzola (4-for-5, two runs scored), Carpenter (4-for-5, one run scored, three RBI), Smith (3-for-5 with a double, one run scored, one RBI), Gracey (3-for-5 with a double, one run scored), Hillburn (2-for-5 with the home run, two runs scored, two RBI), Brady (1-for-5 with a double, one run scored) and Sanford's David Cook (one RBI).

Doing the hitting for the Braves were Jeff Bander (1-for-3) and Roseberry, Ed Steger and Tim Loby (all 1-for-4).

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Da' Bomb!



What's up in and out of the classrooms of Seminole County

48 Seminole Herald, Sanford, Florida - Sunday, March 29, 1998

Da' Bomb hears all...

Da Bomb sez Lake Mary needs to hold a trade something like... soccer and basket ball teams, both of them made history with their state championships. The teams were the first same-grade squads to win state titles in the history of the state.

Did you know that, of the seven county high schools holding graduation - you guys at Winter Springs aren't old enough yet will be held on either May 26 or 27? Da Bomb just thought ya'd wanna know.

Check out the new playground at Lake Mary Elementary. Makes Da Bomb wish he was a little younger.

Da Bomb sez sorry it's late, but how bout the Winter Springs cheerleaders who won the state 3A cheerleading championship? Not bad for a first-year school.

Da Bomb sez how 'bout a thumbs up to some of the area golf courses that let high school teams play there despite the fact that they can be getting tons o'bucks charging regular greens fees.

Lake Mary meets Westminster Abbey

By Jeff Berluteke
LOCAL NEWS WRITER

The Lake Mary choir is preparing to leave for a four-week trip to Europe, where it will perform before crowds in London and Paris. Members have been holding fundraisers for several months and most have achieved their goal. The choir leaves May 28.

The trip will take off on May 28 and stay in London until June 1, then take a trip to Paris with the tour ending June 10.

The choir will consist of Tom, Tom, Madstone and Paris and the group will be a representative of the State of Florida in the 1998 American Celebration of Music in Britain.

A complete program of performances, sightseeing and cultural exchanges, orientation, transportation and other activities will be part of the events planned for the trip.

The goal of the organizers of the event is to include at least one instrumental and one choral group from each of the 50 states participating.

Lake Mary students attending there are 17 of them, not counting chaperones. It will pay over \$3,700 but it should all be worth it according to the choir members. For months now they have been soliciting money outside grocery stores and holding various fundraisers, but it looks as if the group will reach its goal.

"Most of us are still behind on payments," said Paul Kreuter. "But we should be okay."

The Lake Mary choir will be the only group in the state to represent Florida, and among the other venues in which they will perform are the Cathedral of Notre Dame and the Madstone Festival besides Westminster Abbey.

"We'll probably be scared to death," said choir member Erica Jane Stanley. "All the pictures we see in history class, now we can see them in person and it's incredible."

When the group gets to Westminster Abbey, they'll



The Lake Mary choir is preparing to leave for a trip to Europe where it will perform before crowds in London and Paris. Members have been holding

fundraisers for several months and most have achieved their goal. The choir leaves May 28.

sing before a regular church service, some of which will be performed in Latin.

The Lake Mary choir has performed overseas in the past, but the time it should be a little bit more fun.

"There's a difference this time," Kreuter said. "We have a lot more free time."

During the 10 day stay, the choir will perform at least five times.

The choir earned its trip. It has been ranked highly in many statewide competitions including earning superior honors in district for its show choir, superior honors for the Madrigals, the Lake Mary medieval choir, superior for the advanced women sextet, supe-

rior for advanced women and superior for general women.

Once the choir gets to Europe it will experience a full week. The group will fly into London and arrive on May 29 with a full tour of the city.

The next few days will include a visit to Windsor Castle and the first of their concerts a drive to Shakespeare's birthplace, entrance to Westminster Abbey, a visit to the Tower of London, the trip to the Madstone Festival, an excursion to Canterbury, then a trip to Paris where they will see the Louvre and shopping excursions.

"We were invited by the government so of course you

really want to do it," Erica know if there would be enough boys participating at the start of the year, but the guys came through and Lake Mary is headed for Europe.

know if there would be enough boys participating at the start of the year, but the guys came through and Lake Mary is headed for Europe.

The accomplishment isn't bad for a group that didn't

How to settle insurance claims for top dollar

By Robert J. Bruss
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Thumbs Up!!

Chad Welborn, son of Bill and Yvonne Welborn, has made the Dean's List for the senior term at Johnson & Wales University. He will graduate in May with a culinary degree.

Kristin Johnson, of Longwood, was named to the Dean's List for at Niagara University.

Scott Polley, of Longwood, was named to the Dean's List of Niagara University.

Ashlee Byrd (Lake Mary), **Victor Hung** (Lake Mary), **Alan Jamison** (Lake Mary), **David Lee** (Oviedo), **Reba Abraham** (Lake Howell) and **Alex Kane** (Lyman) won the right to represent Seminole County in the Florida Commissioner's Academic Challenge this April.

Michael E. Rich, of Casselberry, has been named to the Dean's List at Boston University.

Megan Marie Breen, of Longwood, has been named to the University of Mississippi Chancellor's Honor Roll for a grade point average between 3.75 and 4.0.

Sarah Lazzaro and **Andrew Singly** of Lyman were recognized as finalists in the National Merit Scholarship Competition which places them among the top academic students in America.

Katie Marie Saxton, a Stetson University English major has been initiated into the school's Omicron Delta Kappa national leadership honor society. She is a resident of Longwood and a graduate of Lake Mary High School.

Lake Mary senior **Kristina Lundberg** has been chosen a winner of the Intusion 23 Women Science Awards. She was chosen from over 5,000 applicants.

Annunciation Catholic Academy captured more awards than any Seminole County school at the county's science, math and engineering fair. Winners included **William Newman**, **Alyssa Mason**, **Kristin Ritter**, **Jacqueline Gray**, **Christy Meyer**, **Mary Del Ray**, **Stephanie Loy**, **Christopher Taylor**, **Lacey Medley**, **Christian deVivero**, **Ryan Pelfarin** and **Rebecca Yoakum**.

The sixth grade Knowledge Masters team at Greenwood Lakes Middle School won first place in the state in the Thinking Cap Quiz Bowl. Team members were: **Katie Booth**, **Bethany Rowlings**, **Sarah Rosenberg**, **Shannon Ryan**, **Justin Refl**, **Eric Fraser**, **John Johansson**, **David Staggs**, **Alex Grbl**, **Katie Bockstall**, **Stacy Sillerico**, **Xitij Shah**, **Christie Mechler**, **Jessica Chlu**, **Monica Ingalls**, **Matthew Dean**, **MacLean Wade**, **Meera Shenoy** and **Nicole Gian**.



Twice is nice for GLMS and Blake Longstaff

By Courtney Leflew
HERALD CORRESPONDENT

Blake Longstaff knows what it means to put others before himself.

Longstaff, an honor student and eighth grader at Greenwood Lakes Middle School he has been rewarded the Dreamer and Doer Award.

"This was wonderful for Blake especially because this was the second time he has received the award. Blake was chosen when he was in fifth grade also," expressed his mother.

During his three years at Greenwood, Longstaff has been very involved in several service clubs and organizations.

Longstaff places countless time, effort and commitment to helping his school. He is a member of the BETA Club and president of the Student Council.

In his mission to assist others, Longstaff has organized many fund raisers for needy children. In addition to

partaking in community service projects in the school area. He also leads many school events during the year.

"Blake is an active student leader who 'puts service above self.'" This high achieving honor roll [young] man has proven himself to be a dedicated, trustworthy, and respectable person both in and out of the classroom. He is used by the teachers on campus as a role model and standard for others to emulate. The Greenwood Lakes Middle School "family" takes great pride in Blake," Greenwood Lakes principal Michael Mizewicki said.

In his spare time Longstaff enjoys playing golf with his family. He also dabbles on the computer.

Longstaff is a leader who takes the initiative. He will be an asset Lake Mary High will be glad to have next year.

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PEOPLE: FASHIONS FOR EDUCATION...3C

LIBRARY SCHEDULES STORYTIME...7C



Norman M. Wall, MD

Living longer, living stronger Heathrow doctor pens book for seniors

By Mary Rowell
HERALD CORRESPONDENT

HEATHROW - In one of the original Star Trek episodes, several crew members were exposed to a strange type of radiation that made them age rapidly. A young ensign aged more rapidly than the older Captain Kirk. Why? She didn't get any more radiation than the other crew members. She was simply genetically predisposed to age differently. And while the episode was fiction, that point is true. Genetics play a large part in our aging process. And genetics is the one factor in the aging process that we cannot change. At least not yet.

BOOK REVIEW

"Living Longer, Living Stronger" is a wellness guide for men and women over 60. It was written by Dr. Norman M. Wall and Dr. David Wall. The former is a Lake Mary resident. It is a how-to health book for seniors. No, the book will show you, you can't change your genes, but you can change other elements in your life and lifestyle to help you increase your chances of living a long, healthy life.

Are you 80? Get the book anyway. It is never too late to get on the road to good health. Some of the damage you have done to your health by not eating well or by not exercising, is reversible.

There are some inaccuracies in the book. The Drs. Wall insinuate that eating too much sugar can cause diabetes. The American Diabetes Association says it can't. The doctors also describe the health benefits of

Please see Book, Page 7C

Celebrate Americana! through art and music

Special to the Herald

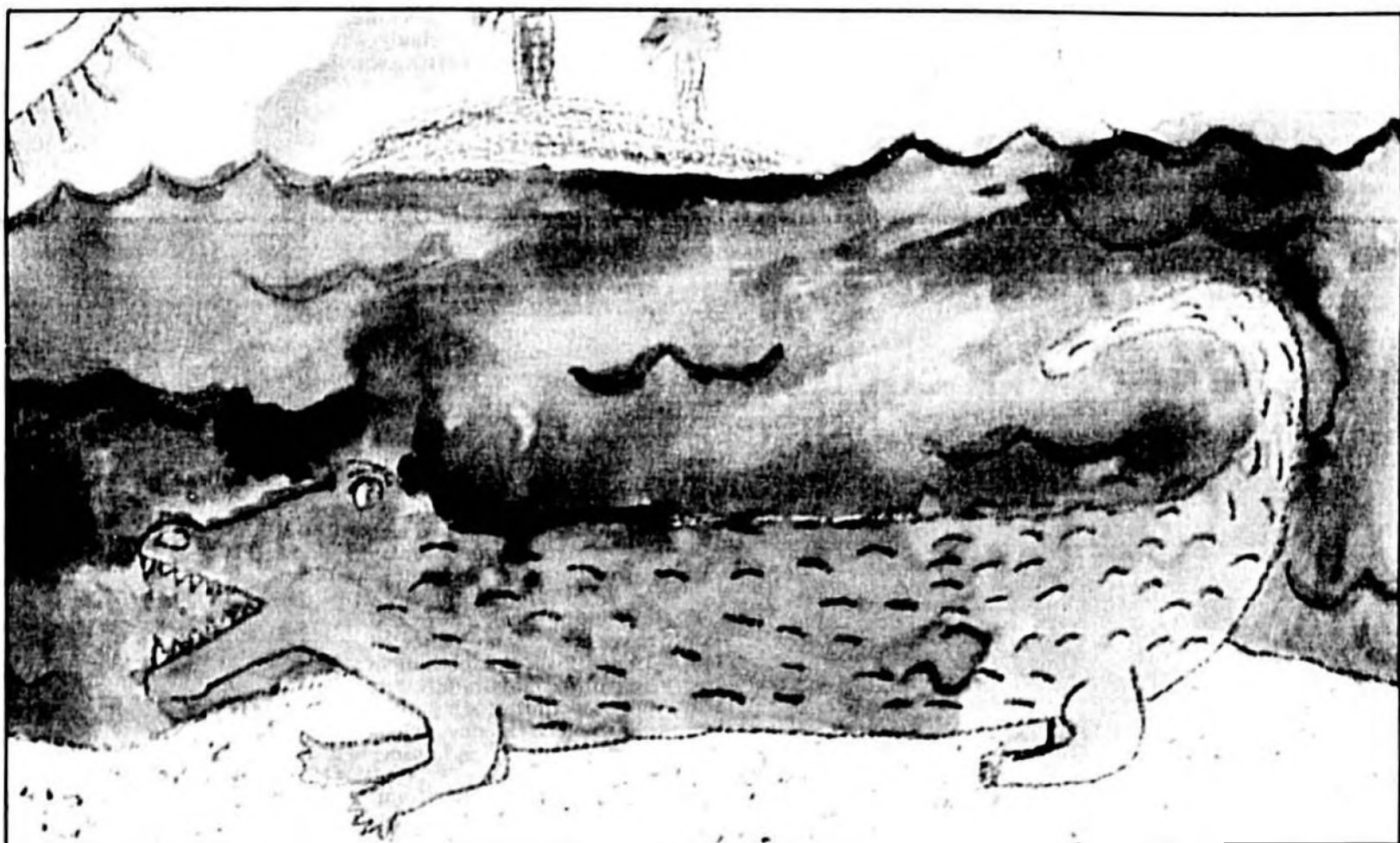
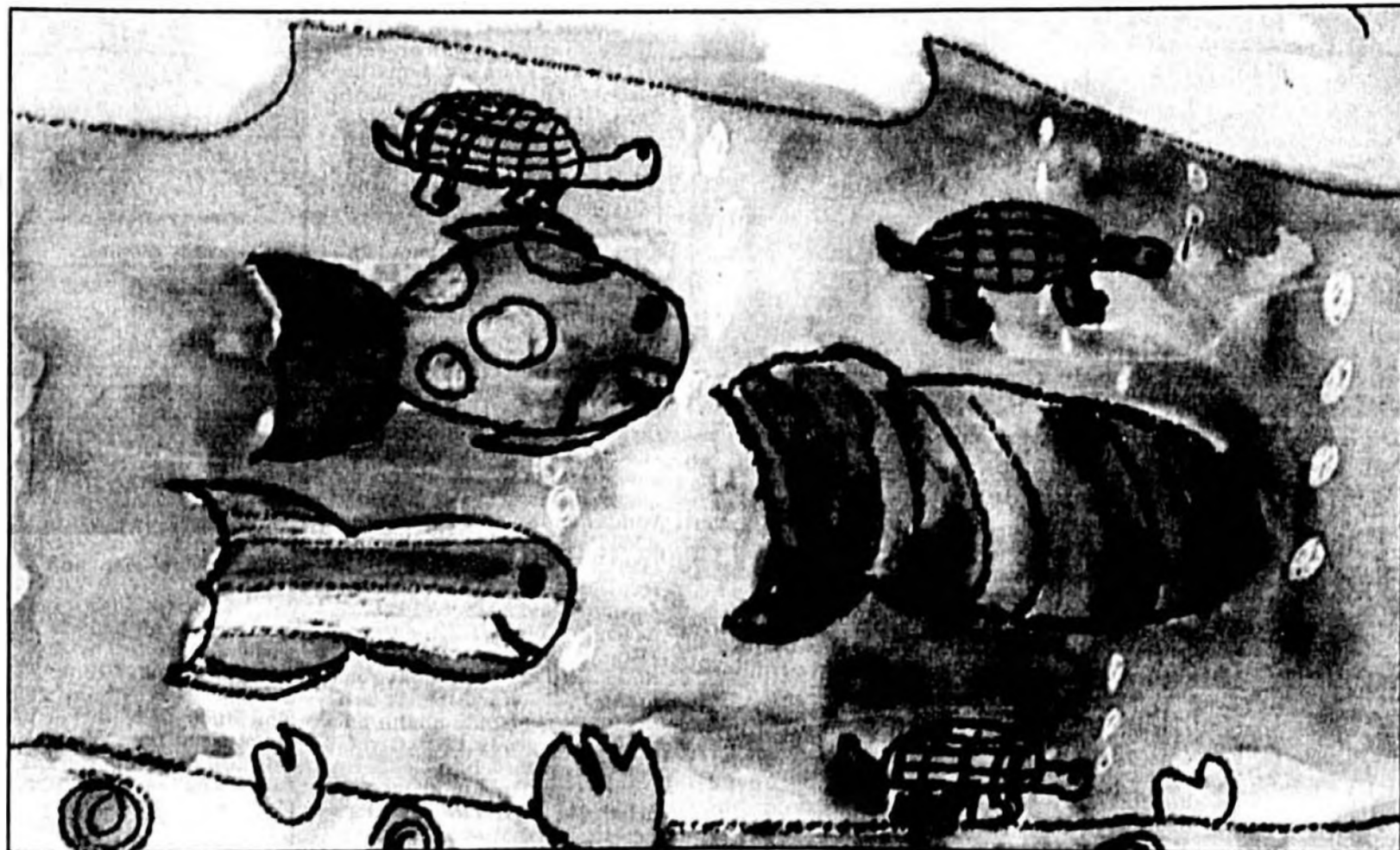
LAKE MARY - The 6th Annual Spring Arts Festival will be held on Friday, April 3, from 6 to 9:30 p.m. at Lake Mary City Hall, 100 W. Lake Mary Blvd. on the corner of Lake Mary Boulevard and Country Club Road. This outdoor festival, sponsored by the Lake Mary PTA and the City of Lake Mary, is a family event with fun for all ages. Admission is free and hot dog and hamburger dinners will be available for a small fee.

For six years the community of Lake Mary has come together to celebrate the arts with a festive outdoor evening. "The Spring Arts Festival allows us to showcase our children's artwork and provides the mood of the small town community festival," says Sandy Lent, chairperson for the 6th annual festival. "We encourage all residents to attend, whether or not you have children at Lake Mary Elementary. There will be a special art table for non-Lake Mary Elementary children to add art work to the displays. We want everyone to feel most welcome."

This year guests can stroll and view artwork from all Lake Mary Elementary students while listening to music provided by feature act Four for a Dollar, a men's quartet seen at Disney MGM. Michael Kramer & Friends will also perform as will the Lake Mary Elementary Band and Chorus. Other entertainment includes drama presentations by Lake Mary High's Drama Club and a voice solo by Shannon Ryan, accompanied by Thomas Neuhauser, both students at Greenwood Lakes Middle School.

"The adults are having as much fun preparing for the Springs Arts Fest as the children. Parents are planning decorations, dads have volunteered to serve the meals, and many volunteers are distributing posters around the community. The Fest has been a wonderful way for me to get to know

Please see Fest, Page 7C



Fish by Sevaste Filosofos,
Alligator by Matt Lind

Have dinner with George Washington Longwood Elementary presents musical dinner theater

From Staff Reports

LONGWOOD - Longwood Elementary School's Drama Department will be presenting their annual spring musical, *Give Thanks America*, in April under the direction of the school's music teacher, Alice Kee.

George Washington is taken into the future where he visits pioneer's moving west, expanding our country from the east coast to the west coast. He hears Abraham Lincoln's Gettysburg Address.

George is told how our country had help from people all over the world; so he is taken to an immigrant's classroom; where they are learning to speak English.

Next, George is told about our modern day technology; where he really freaks out in a department store filled with gizmos and gadgets.

The final scene is on the moon where astronauts are placing our flag on its surface. The musical ends with a beautiful tribute to America. It will be certain to leave all in attendance with a wonderful and grateful feeling of patriotism.

This is Longwood Elementary School's 13th season dinner theater. The concept of the dinner theater

was suggested by then principal David Scott and implemented by Kee the first year she was at the school. "music people have to do their own fund-raising," said Kee, who was looking for an alternative to door-to-door or candy sales. She said the program has become a real community project, and includes 7 parent committees that get the job done. One father, who works in the film industry, built the sets this year. "We have the most professional sets," said Kee.

The catered dinner is served in the cafeteria and then the audience moves to auditorium.

The performing dates are Wednesday, April 1 and Friday, April 3 (dinner served at 6 p.m. and show at 7 p.m.) There will be a Sunday Matinee, April 5 (dinner served at 12:30 p.m. and show at 2 p.m.) The theme for this year is a "Thanksgiving Feast". Dinner will be served in candlelight at your table. Baby sitting is also available.

Tickets are \$6 for adults and \$3 for children. Tickets can be purchased at the school, located at 940 Orange Ave. in Longwood. For more information contact Alice Kee at 320-3307.



In this scene from *Give Thanks America*, students from Longwood Elementary kindergarten and fourth and fifth grade classes portray pioneers who settled west of the Mississippi. That cast includes (not in order): Natalie Fa-

talik, Shelby Wolfrum, Anna Malans, Samantha Jackson, Megan Mollie, Emily Fenneran, Anthony Doyle, Erin Wasson, Christina Thompson, Elyse Montfort, Carlos Vazquez, Vanessa Jenkins, Kourtne Glater.

Herald Photo by Miranda Hawkins

After Hours



Photo Courtesy of The Walt Disney Company

Film star Andy Garcia leaves his hand prints in front of the Chinese Theater at Disney-MGM Studios, while

vacationing there with daughters Dominik, Daniella and Alessandra.

On vacation with Andy Garcia

By David Frazier
HERALD STAFF WRITER

ORLANDO - On a sunny morning, at the Disney-MGM Studios, two news crew and a print journalist waited for the arrival of film star Andy Garcia. He was running a tad bit late, but that is expected. Even when he is on vacation, he has a lot to do.

Garcia made two appearances at the studios riding in the "Star Today" motorcade and also imprinting his hands in concrete in front of the studio's Great Movie Ride. Garcia spoke to interviewers in the backlot with the colossal Tower of Terror standing behind him. He tried to speak above the shrieks and screams of patrons plummeting down the elevator shaft of the ride.

The Cuban star, who has appeared in such movies as *When a Man Loves a Woman*, *The Untouchables* and, recently, *Desperate Measures*, just finished his new movie called *The Scalphunter*. The film is about a ticket scalper who falls in love with a woman who does not love him back. The radiant Andie McDowell is the

love interest. According to Garcia, this film has taken about 10 years to make, and it was made independently. "Independent is different because you have less time and less money to work with," said Garcia. "You just have to come in an act with studio productions." Garcia likened his new film to *Midnight Cowboy* and the films of underground director John Cassavetes. "We are in the process of getting a distributor now," said Garcia.

An Oscar nominee for his role in *The Godfather Part III*, Garcia has a particular view on the state of motion pictures. When asked if Hollywood was turning out more movies instead of better scripts, he said, "Yes, there is good writing but it is not being produced." Is Hollywood in fear of such writing? "I would say they are afraid of it," said Garcia.

Unfortunately, Garcia-looking all the more casual with his ball cap, khaki pants, red pullover and blazer was whisked away before he could elaborate more on the Hollywood situation. Garcia is visiting the Central Florida area with his family.

Oscars, Grease and other business



David Frazier

Staff Writer

A Titanic victory proved to be no big surprise as Oscar celebrated 70 years of honoring movies and those who make them Monday, March 23. Host Billy Crystal, once again, kept the nearly three hour, "boat" show afloat with witty parodies and stinging one-liners.

The Academy of Motion Picture Arts and Sciences wisely chose *Titanic* to represent the best of the 1997 movie crop. But the memorable Oscar moments came from original screenplay winners Ben Affleck and Matt Damon for their script of *Good Will Hunting*, a tearful Robin Williams receiving an Oscar for his supporting role in *Good Will Hunting*, the song and dance acceptance speech by Lifetime Achievement Award recipient Stanley Donen, two deserved moments of silence for both the passengers aboard "Titanic" and in memorial to those who died in Hollywood in the past year, the breathtaking Oscar family album and those outrageous Billy Crystal parodies with a humble Kevin Costner poking fun at his last ache, *The Postman*. And, let's not forget the wonderful appearance by ole' Bart the Bear (*The Edge*).

Forgettable was the endless banter on what everybody was wearing to the awards show, the time, technical award speeches, the time, Cher's whatever-that-was-on-the-top-of-her-head, and, let's not forget, the time. You think Oscar show producer Gill Cates is getting the idea?

Speaking of birthdays.... Wop-bop-alu-bop-a-wop bam-boom! It's *Grease* lighting! Yes, the 1978 cult musical is grooving back into theaters celebrating its 20th Anniversary. See a younger John Travolta sing! See Olivia Newton-John in perhaps the only thing she'll be known for. (Well, it won't be *Xanadu*.) See the film whose soundtrack has sold 1.2 million copies within the last two years! Hey, *Grease* is the word!

Grease (Three stars) marked the fading of the movie musical. Sure, there have been some since then-1996's *Evita*-but nothing of the magnitude of *Grease*. That is not accounting for animated films which is now what the movie musical is associated with.

My favorite tunes from the movie on high school romance and growing up are "Grease Lightning", Stockard Channing's version of "Look at Me, I'm Sandra Dee", and the female song, "You're the One that I Want". Yet, the film is not some revelatory look at high school life. It more or less romanticizes it, and that is good for entertainment purposes, I guess.

I doubt this re-release will have the same impact that *Star Wars* did last year. But, a total box office of \$340 million is a solid foundation for *Grease's* 20th Anniversary re-release to build upon.

Now for some unfinished business....

Several new films have entered the area in the past few weeks: One is the serpentine *Wild Things* (Three and a half stars). Directed by John McNaughton (*Henry: Portrait of a Serial Killer*) and written by Stephen Peters (*The Fourth Deadly Sin*), the film is about murder, double crosses and sex set in South Florida where the pulchritude masks the underlying evil and deception. *Wild Things* goes from one twist to the next turn, and it can get a little taxing on the nerves. Still, the film keeps you guessing. You're almost furious because the film is not predictable. There is also a rousing performance by funnyman Bill Murray as a shady lawyer. Alex Proyas' *Dark City* (Three stars) has roots that go further back than film noir. Its roots stem back to 20's Germany and the concept of "expressionism". There is no doubt that this film-set in a



Olivia Newton-John and John Travolta in *Grease*.

city shrouded by perpetual darkness- is an homage to that particular style. In fact, the spectres that eerily float through the city may remind film students of the somnambulist from *The Cabinet of Dr. Caligari*, the definitive German Expressionism film. But, the film will also conjure up memories from past films like *Hellraiser*, *Batman*, *Clockwork Orange* and, even, *Proyas' The Crow*. There is also a goofy yet incongruous mad scientist performance by Kiefer Sutherland (*The Lost Boys*). And it takes a while to finally get settled into the plot.

From *Fargo* to *The Big Lebowski* (Three stars), brotherly filmmakers Joel and Ethan Cohen go from award winning black comedy to an off-the-map tall tale. Jeff Bridges gives a fantastic performance as the ultimate slacker known to his friends simply as "The Dude". Bushy mustached Sam Elliott narrates us through this story of mistaken identity that is annoyingly profane while being lovably nutty. And leave it to the Cohens to pay homage or parody the great movie musical director Busby Berkeley in

a dream sequence. It's also the best bowling film since *Kingpin*.

U.S. Marshals (Three stars) may be the sequel to 1993's *The Fugitive*, but it seems. Please see Screen Tests, Page 7C

REGAL CINEMAS		BOXING HOURS 4:10 P.M.
LAKE MARY CINEMA 10 3580 N. HWY. 17, 92A 324 0115		
TITANIC	12 30 4 15 8 00	(PG-13)
MAN IN THE IRON MASK	12 45 4 10 7 15 10 10	(PG-13)
L.A. CONFIDENTIAL	1 00 4 00 7 00 9 50	(R)
MR. NICE GUY	12 45 2 45 4 45 8 00 10 20	(PG-13)
WILD THINGS	1 10 4 30 7 45 10 10	(R)
MEET THE DEEDLES	12 30 2 30 4 30 7 45 9 45	(PG)
THE NEWTON BOYS	1 20 4 40 7 30 9 50	(PG-13)
U.S. MARSHALS	1 00 4 10 7 15 10 00	(PG-13)
GOOD WILL HUNTING	1 10 4 00 7 00 9 40	(R)
GREASE	1 20 4 20 7 30 10 00	(PG)

*RENTS NO PASSES NO SUPER SADDLES

Home tour to benefit opera company Final season student art exhibit at SCC

From Staff Reports

WINTER PARK - This year marks the 25th Anniversary of the Show House - an Orlando tradition. The house is open to the public now through April 5. The hours are from 10 a.m. to 3:30 p.m. Monday through Wednesday and Friday and Saturday; 10 a.m. to 9 p.m. Thursday; and 12 p.m. to 5 p.m. on Sunday. Tickets can be purchased at the door for \$10. You can order tickets by calling the Opera box office at (407) 426-1700. There is free parking at the Rollins College lot at Park and Lyman. Proceeds go to benefit the Orlando Opera.

Each spring a home of historic or architectural significance is selected and offered up to the creative genius of the area's finest designers and craftsmen. This year's home at 433 E. New England Avenue, across from the Winter Park Library, is the historic 14 room Webster Wagner house, built in 1905 by Albert Wagner and his sister-in-law Jean Wallace. It is currently the home of Winter Park attorney Brent McCaghren and his wife, Getsy.

Originally, the home was a simple square, with open porches, supported by brick piers. In the 1920's, a retired Episcopal bishop bought the property and added a chapel and library. Later, a servants' wing, a guest house apartment and sloping gardens to frontage on Lake Osceola were added. Designers have redecorated every space in the house, even including the library chapel, covered porch, summer porch and walled terrace.

Student art exhibit

SANFORD - The Fine Arts Gallery of Seminole Community College announces its last exhibit of the season, the 29th Annual Juried Student Art Exhibition, on display now through April 19. The exhibit is free and opened to the public.



The Steering Committee for the 25th Orlando Opera Designers' Show House are: (from left to right) Nancy Wagers, Jean Whitehead and Carolyn Lord.

The juror for the competition is Dr. Kristin Congdon, professor of art at the University of Central Florida, and coordinator of the UCF art history program.

Award categories for the 29th Annual Juried Student Art Exhibition include Best of Show (Purchase Award); Best of Painting, Drawing, Printmaking, Alternative Media, Two Dimensional Design, Photography, and Ceramics; the Judge's Awards of Excellence; the Lee G. Henderson Excellence in Art Award; Peer Award; and Merit Awards.

Fine Arts Gallery hours are Mondays and Wednesdays from 12 p.m. to 3 p.m.; Tuesdays and Thursdays from 3 p.m. to 6 p.m.; plus evenings of lectures, music and theatre performances. Special gallery

hours for groups may be arranged by calling (407) 328-2039.

Let us know

Welcome to the *Seminole Herald's* "After Hours", a page dedicated to the arts and entertainment news in Seminole County. If you have any story ideas, pictures or comments about the page please call David Frazier at 322-2611 during weekdays, or you can write to David by sending letters to *The Seminole Herald*, attn: David Frazier, P.O. Box 1667, Sanford, Florida, 32772-1667 or 300 N. French Avenue, Sanford, Florida, 32771. Remember, arts and entertainment news is not exclusively limited to Sanford and Lake Mary, but also the rest of Seminole County. So drop a line!

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<http://www.olr.ucf.edu/pubrel/calendar/>

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People

Scholarship Time

Fashion show helps a deserving woman complete her education

It's scholarship time at the Woman's Club of Sanford Inc. With scholarship time comes a flurry of excitement getting ready to present the annual award.

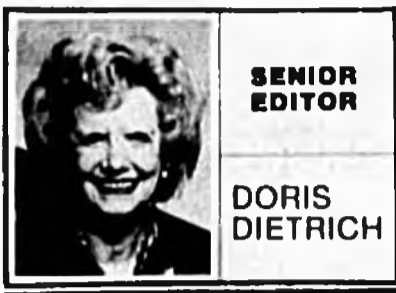
For years, the club has launched an annual search for that special young woman to receive this prestigious honor. The recipient must be over 25 and have a year of college with a 3.0 grade point average, according to Betty Colbert, chairman of the scholarship committee.

Betty said applications for the need-based scholarship are available in the admissions office at Seminole Community College. For information, call Betty at 328-9600, or co-chairman Karen Richardson, 349-9750.

Applications must be returned by May 5 and the scholarship will be awarded at the June meeting of the club.

Funds for the annual scholarship in the past have been generated through "Fashions for Education," a fashion show and luncheon held at the clubhouse every spring. Local and area shoppes have shown up-to-the-minute collections of spring fashions in a festive ambiance.

This year is going to be dif-



SENIOR EDITOR

DORIS DIETRICH

ferent. Oh, there will be fashions, and plenty of them, but they have come from mothers' and grandies' closets instead of fancy boutiques. However, these special vintage fashions have been carefully cherished to preserve a memorable chapter of history.

Chairman Dorothy (Dottie) Anthony is excited about her finds so far. "I have lots of clothes here," she laughed.

Dottie has a gamut of attire ranging from a gingham house dress to the glamor of after five. There are exquisite wedding dresses, stylish street dresses, luxurious furs, proper business attire, delicate peignoir sets and hats including sunbonnets as well as dress-up millinery from another era.

Models for the vintage fashion show include: Mary Anne

Cleveland, Mary Hillman, Laurie Blair, Eve Rogero, Fran Morton, Martha Yancey, Jean Clontz and Jean Metts.

The vintage fashion show will be an event of April 22. According to Betty Jack, first vice president in charge of fund raising, donations are \$12 each and must be paid for by April 17. For information call Betty at 321-1887.

A delicious luncheon, served by Vivian Buck, will be served. The menu is as follows: Imperial Chicken Salad, Tropical Melon Ring, Shell Pasta with June Peas, Carrot, Raisin and Nut Muffins and Strawberry Fluff for dessert.

Marty Colegrove is serving as co-chairman of the event. Other club members on the committee are: Mary Dale Jones, Viola Frank, Donna Adamson, Betty Jack, Betty Colbert, Karen Richardson, Retha Blankenship, Rose Jacobson, Gail Stewart, Mary Kaminsky, Lourne Messenger and Faye Siler.

STORM VICTIM VISITS ILL SON

Remember Ollie Hasty, the 92-year-old woman featured in this column last Sunday? Ollie's home of 70 years was demolished by a killer tornado in



Vida Smith (from left), Betty Halback and Charlotte Knowles at March ESO meeting

late February, leaving her without serious injuries.

Well, Ollie is living with her daughter, Pauline Madden, until a home across the street from Pauline can be refurbished especially for her.

Ollie's family has been by her side during her ordeal except her eldest son, Del, a cancer victim hospitalized in Tallahassee.

Pauline is so proud of Del, who was a lieutenant colonel in the United States Air Force and flew planes during three wars. Del lives on 100 acres in Tallahassee and lost his wife about 10 years ago.

So Del couldn't get to his

mother, so Mother went to Del.

Through the generosity of Tony Padilla of Tampa, husband of Ollie's granddaughter, Dr. Pamela Madden Padilla, a Tampa GYN surgeon, there was a family get-together. Tony chartered a plane, and last Sunday morning he departed with Ollie and Pauline for Tallahassee.

"He is very, very good," Ollie said. "He still has cancer but he is better than we expected."

The family had a great visit together and had a good flight both ways.

Ollie prays that the good Lord will see fit to let her have her son a little while longer.

Knowing Ollie with all her good connections up there, HE probably will. This remarkable lady does not dwell on all her losses, but instead, she rejoices over all of her blessings.

BOOKS REVIEWED AT ESO MEETING

The March meeting of Epsilon Sigma Omicron, a reading society of the Florida Federation of Women's Clubs, was held at the home of Vida Smith with Charlotte Knowles serving as co-hostess. A beautifully appointed table held a variety of delicious refreshments served by the hostesses.

See Dietrich, Page 4C



Lawana Stewart and Dean Smith (left photo, center) were installed as Worthy Matron and Worthy Patron of Seminole Chapter No. 2 Or-



stalling Chaplain, and John Cox, Assistant Installing Officer. Right photo shows the 1998-

99 Officers for Seminole Chapter No. 2 Order of the Eastern Star.

Stewart and Smith installed Worthy Matron, Worthy Patron of Eastern Star

From Staff Reports

SANFORD - Seminole Chapter No. 2 Order of the Eastern Star held its Installation of Officers for the 1998-99 year on Saturday, March 7th at the Sanford Masonic Lodge.

Past Matron Dorothy Thomas of Seminole Chapter No. 2 was the Installing Officer, as-

sisted by Past Patron John Cox from Daytona Chapter No. 1.

Past Matron Betty Cox from Daytona Chapter No. 1 was the Installing Chaplain, while Past Matron June Lawrence from DeLand Chapter No. 16 was the Installing Marshal and Past Matron Miriam Pitts was the Installing Organist.

After the Worthy Matron and Worthy Pa-

tron from 1997-98, Juanita and Dr. Louis Parratt, gave their good-byes. Lawana Stewart and Dean Smith were installed as Worthy Matron and Worthy Patron for Seminole Chapter No. 2 for the 1998-99 year.

Other officers for 1997-98 were Stephenie Williams, Associate Matron, Virgil Williams, Associate Patron, Kay Ladd, Conductress,

Debra Bollinger, Associate Conductress, Elizabeth Clements, Secretary, Phyllis Wallace, Treasurer, Lucille Eaton, Chaplain, Pearl Valerius, Marshal, Mari Ledford, Organist, Lyndall Francis, Adah, Sharon Smith, Ruth, Joyce Fitzgerald, Esther, Martha Reid, Martha, June McFadden, Electa, Charles Valerius, Warder, and Michael Bollinger, Sentinel.



Marie Finell, president of the Miss Florida Pageant; Sandy Mortham, Secretary of State; and Jamie Bold-

ing, Miss Florida 1998.

Herald Photo by Mary Rowell

AARP learns about insurance, Secretary of State visits area

There was quite a large turnout for the March meeting of the Lake Mary Chapter of the AARP. The group's telephone committee has been doing a great job reminding members about the meeting and recruitment is up.

During the business portion of the meeting, John Schlerman reminded members that the Lion's Club would furnish eye glasses or hearing aids to anyone who needs it. Cynthia Pitcock, the Community Service Chair, reminded members to bring in their canceled stamps. The AARP is collecting them for Habitat for Humanity.

The AARP wants to try something new next month. After the meeting, they're going to have a Bingo game. The cards would cost \$.50 each or 3 for \$1. Half the money will go to winners and the other half will go to the AARP. If there's a good turnout, they'll keep doing the Bingo.



LAKE MARY

MARY ROWELL

The guest speaker for the day was Mike Meza. Mike has been an insurance agent with Allstate since 1993. He came to bring members up to date on new coverage changes in insurance.

Mike started with car insurance. In Florida, you must have car insurance. And while you can insure a lot of things with a car, the two required are property damage and PIP (personal injury protection). Under property damage, the

See Rowell, Page 4C



Mike Meza talks to AARP members about insurance.

Calling culinary gurus to enter Oviedo cook-off



OVIEDO WINTER SPRINGS

RECIPE

Florida Orange Chocolate Loaf Cake

1 cup butter, softened
1 cup brown sugar
2 eggs
1/2 cup milk
1/2 cup orange juice
1/2 cup cocoa powder
1/2 cup flour
1/2 cup chocolate chips

Preheat oven to 350 degrees. Cream butter and sugar. Add eggs one at a time, beating well. Stir in milk, orange juice, cocoa powder and flour. Fold in chocolate chips. Bake for 60 minutes.

Vanilla Caramel Relish
1/2 cup butter
1/2 cup brown sugar
1/2 cup vanilla extract
1/2 cup heavy cream
2 cups strawberries
2 cups raspberries

Melt butter and brown sugar. Add vanilla extract and heavy cream. Simmer for 10 minutes. Add strawberries and raspberries. Chill.

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The important thing to remember is that you should always take pictures or videotape the contents of your home. Start the pictures or tape in a safety deposit box. Then, if something happens to your home, getting reimbursed for your losses goes much faster. If you rent, you really should have renters' insurance. Yes, the person you rent from does have insurance, but it only covers the cost of building, not the contents.

SECRETARY OF STATE VISITS AREA
A luncheon was recently held at the Heathrow Country Club in honor of Secretary of State Sandy Mortham. Ms. Mortham was recently selected as Florida Statesman of the Year. She

is the first person in Florida history to be selected for that honor for two years in a row. Ms. Mortham was in the legislature for 12 years before becoming Secretary of State. With her drive and determination, Florida has become the number one state in the nation in historical preservation and number two in the arts.

The luncheon was hosted by Jim and Burna Davis Posey and Marilyn and Michael Manello. The Poseys are building a new business in Lake Mary next to Holy Cross

Lutheran Church. The business, Posey Foundation, scheduled to open in 1999, will be a tea room with five themed dining rooms and a wedding pavilion. One of the dining rooms, the Beauty Parlor, will house a Miss America collection.

Guests at the luncheon included Marie Linnell, president of the Miss Florida Pageant, and June Holding, Miss Florida 1996. Entertainment for the luncheon was very generously provided by the Central Florida Lyric Opera.

FISH FRY SET
The men, women and youth of the First United Methodist Church invite the community to a fun-filled fish fry on Saturday, April 4, from 3:30 to 8:00 p.m. in the church fellowship hall, Fifth Street at Magnolia Avenue.

The fish is guaranteed not to have bones, and for those patrons who do not care for fine

fish, hot dogs and ham will be available. Served with the entrée will be hush puppies, coleslaw, cheese grits, and trout cobbler with ice cream.

Ticket donations, at \$6.00 each, are available from any church member, at the church office or at the door. Small children are invited to eat free.

An added attraction is the sale of produce, baked goods and knick-knacks.

According to Ashy Jones, the annual event provides funds for spiritual retreats during the year.

NEW ARRIVALS
JENNIFER L. ARNOLD
Air Force Airman 1st Class Jennifer L. Arnold has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

Arnold is the daughter of Susan and stepdaughter of Robert Nobles of 522 Walsure Drive, Casselberry.

She graduated in 1994 from Lake Howell High School, Winter Park, and received an associate degree in 1997 from Seminole Community College, Sanford.

CHRISTOPHER R. SCHUCK
Army National Guard Pvt. Christopher R. Schuck has graduated from basic military training at Fort Benning, Columbus, Ga.

Schuck is the son of Paul R. and Ronda K. Schuck of 267 Gary Blvd., Longwood.

His wife, April, is the daughter of Richard Boesch of 146 Roosevelt, Maitland.

He is a 1996 graduate of Seminole Community College High School, Sanford.

CARL A. CARLSON
Army National Guard Pvt. Carl A. Carlson has graduated from basic military training at Fort Benning, Columbus, Ga.

Carlson is the son of Diamond L. Carlson of 183 E. Wilbur Ave., Lake Mary. He is a 1997 graduate of Lake Mary High School.



Burna Davis Posey, Sandy Mortham, Marilyn Manello (front) and (back) Jim Posey and Michael Manello



Patricia Grapski, president and executive director of the Central Florida Lyric Opera, Sandy Mortham, Secretary of State, Noel King, performer, Vaiana Miller, performer, (back) Bill DeWitt, general director of the Central Florida Lyric Opera and Sam Reynolds, performer.

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VENISON CHILI
1/2 cup butter
1/2 cup brown sugar
1/2 cup vanilla extract
1/2 cup heavy cream
2 cups strawberries
2 cups raspberries

Melt butter and brown sugar. Add vanilla extract and heavy cream. Simmer for 10 minutes. Add strawberries and raspberries. Chill.

VENISON CHILI
1/2 cup butter
1/2 cup brown sugar
1/2 cup vanilla extract
1/2 cup heavy cream
2 cups strawberries
2 cups raspberries

Melt butter and brown sugar. Add vanilla extract and heavy cream. Simmer for 10 minutes. Add strawberries and raspberries. Chill.

VENISON CHILI
1/2 cup butter
1/2 cup brown sugar
1/2 cup vanilla extract
1/2 cup heavy cream
2 cups strawberries
2 cups raspberries

SUNDAY

Table with columns for time slots (6:00, 6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and rows for various TV channels (ABC, CBS, NBC, etc.) listing programs.

Table with columns for time slots (12:00, 12:30, 1:00, 1:30, 2:00, 2:30, 3:00, 3:30, 4:00, 4:30, 5:00, 5:30) and rows for various TV channels listing programs.

Table with columns for time slots (6:00, 6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and rows for various TV channels listing programs.



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SPAGHETTI TODAY... The Florida A & M University... Saturday, March 28... church choirs... Dr. Boyer...

Learning Heimlich maneuver is a valuable lesson for life

DEAR ABBY: A column you published in 1977 saved my life... Heimlich maneuver... DEAR INGRID: I'm delighted you reminded me...



ADVICE ABIGAIL VAN BUREN

her lousy husband... DEAR REV. WOODDELL: There is much wisdom in your letter... DEAR ABBY: I hope you print my letter...

Abby, please urge everyone to learn this technique... DEAR ABBY: This is in response to 'Examining Life in Ohio'...

DEAR ABBY: I am a pastor and have been involved in marital and premarital counseling... DEAR ABBY: I agree; there's much to be said for allowing the recipient to choose something he or she wants.

MONDAY PRIME TIME

Table with columns for time slots (6:00, 6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and rows for various TV channels listing programs.

Health & Fitness



Advanced eye care facility open in Lake Mary

Gathered at the Filutowski Cataract & Laser Institute for the official ribbon cutting ceremony for new Lake Mary Healthrow Chamber of Commerce members are David Collins, Helen Pfeiffer, chamber ambassadors, Richard Heirs, Administrator of the facility, Jannelle Hartmann, PR & Marketing Director for the facility, Konrad Filutowski MD, Chief Surgeon and Medical Director, Martha Miller, Marketing Director for the chamber, Tim Burns, Trudy Meye, chamber ambassadors, Ed Thomas, Donna Hilyard and Linda Phillips, chamber ambassadors. The Filutowski Cataract & Laser Institute combines state-of-the-art technology with old-fashioned personal care to bring Lake Mary the most advanced eye care available.

Director, Martha Miller, Marketing Director for the chamber, Tim Burns, Trudy Meye, chamber ambassadors, Ed Thomas, Donna Hilyard and Linda Phillips, chamber ambassadors. The Filutowski Cataract & Laser Institute combines state-of-the-art technology with old-fashioned personal care to bring Lake Mary the most advanced eye care available.

F.Y.I...and Your Health

Avoiding mosquito bites can help avoid dengue fever

Insect repellent is a "must pack" item for vacationers in tropical lands.

Dengue fever, the most widespread mosquito-borne viral infection, is a significant health threat in Central and South America, the Caribbean and Pacific Islands, Asia and Africa. "Thousands of cases have been reported recently from Suva, Fiji," said Dr. Wayne J. Riley, director of the Travel Medicine Service at Baylor College of Medicine in Houston.

Female mosquitoes that spread the dengue-fever virus feed on human blood during the day, primarily in early morning and late afternoon. Five to eight days after being bitten by an infected mosquito, humans are likely to develop a high fever, a severe headache behind the eyes, and muscle aches so severe that the disease is also known as "breakbone fever." Dengue survivors can develop a potentially fatal form of the disease if infected again.

Because there is no vaccine for or medication to treat dengue fever, avoiding mosquito bites is the best way travelers can protect themselves from the disease, Riley said. He recommends that travelers:

- * West insect repellent containing the chemical DEET during high-risk hours.
- * Spray clothes with permethrin, an insecticide.
- * Stay away from areas of standing water, where mosquitoes breed.

Bigger is not always better

"Beware of the big fish" might not be a warning for diners, but it can be for diners—especially in the Caribbean and South Pacific.

Eating large fish that have accumulated high levels of natural toxins through their diet can cause ciguatera poisoning in humans. Big carnivorous fish that live near coral reefs are particularly risky. These include barracuda, grouper, mackerel, mullet, red snapper and sea bass.

Reputable restaurants are likely to screen their fish selection, but if you're catching your own fish, be forewarned that contaminated fish look, smell and taste normal, and cooking does not destroy the toxins," said Dr. Wayne J. Riley, director of the Travel Medicine Service at Houston's Baylor College of Medicine.

Symptoms of ciguatera poisoning include numbness or tingling of the lips, tongue and throat, itching or skin rashes, cramps, vomiting and diarrhea. They usually develop within two to six hours after eating. "You should see a physician as soon as possible to confirm the diagnosis and treat the illness," Riley said, "because severe cases can result in fatal respiratory paralysis."

Travelers with an appetite for fish on the risky list should eat only small portions of large fish or settle for smaller, younger fish. "And don't eat the head or internal organs, because they retain more toxins," Riley said.

Celebrating birth of OB anesthesia 150 years ago

Special to the Herald

The 1997 annual meeting of the American Society of Anesthesiologists (ASA) to be held in San Diego this month marks a significant anniversary in the practice of medicine. In 1847, two unrelated events occurring an ocean apart gave birth to the practice of modern obstetrical anesthesia.

This year, millions of pregnant women in the United States will choose one of several options available to them for safe and effective relief of the pain and discomfort associated with childbirth. The process that allows the hundreds of pregnant women in your community to enjoy near pain-free labor and delivery began with two events—150 years ago.

In Boston on April 4, 1847, Fanny Appleton Longfellow, the wife of poet Henry Wadsworth Longfellow, became the first known American woman to receive obstetrical anesthesia for the birth of their daughter. Nathan Cooley Keep, M.D., held an ether-soaked handkerchief over Fanny Longfellow's face and, according to an entry in her husband's journal that recounted the event, his wife experienced no loss of consciousness and no pain. Just three months earlier in Scotland on Jan. 19, 1847, James Young Simpson, M.D., used ether to successfully anesthetize a woman with a deformed pelvis for the delivery of her baby.

Yet, these two events were not heralded as advances in medicine but condemned by many physicians and clergy. In 1847, the idea of pain relief for women during labor and delivery was unthinkable by many who believed that pain was necessary for labor to progress normally and that it would aid in the healing process. The church's position was

that the elimination of labor pain was a sin because it represented God's punishment to women for tempting Adam in the Garden of Eden.

Finally, it was the Queen of England who enabled obstetrical anesthesia to gain public acceptance. On April 7, 1853, six years to the day of Fanny Longfellow's historical obstetrical event, John Snow, M.D., used chloroform to anesthetize Queen Victoria for the birth of her seventh child, Prince Leopold. By allowing Dr. Snow to administer an anesthetic for her labor and delivery, Queen Victoria gave obstetrical anesthesia respectability and helped to accelerate its acceptance worldwide.

Today, the medications and techniques used in obstetrical anesthesia allow a woman in labor to remain fully awake to experience the birth of her child with almost no pain or discomfort and without harmful effects to her or the baby. Each year, one million women request an epidural block that delivers pain relief during labor in a matter of minutes. The use of epidural blocks has increased dramatically. In 1981, only 16 percent of the anesthetics given to women during labor involved epidural blocks. By 1992, that number had more than doubled to 33 percent.

Anesthesiology is the fist of a very few medical specialties to have started in the United States rather than abroad. With an estimated 25 million anesthetics administered in this country each year, anesthesiologists have become the experts in anesthesia and pain management, making them indispensable in patient care and the practice of medicine. For more information about the practice of anesthesiology, including patient education material, visit the American Society of Anesthesiologists site on the World Wide Web: <<http://www.ASAhq.org>>.

Vitamin B-6 helps women to cope

By Alyce Klein RN
SPECIAL TO THE HERALD

Premenstrual Syndrome (PMS) occurs in 30 to 40 percent of all women 19 - 45 years of age. Approximately 50 million women nationwide are suffering from PMS according to the Health Education Associates. Some symptoms of PMS are mood swings, irritability, food cravings, headache, forgetfulness, crying, and water retention. If you are affected by this destructive disorder, current research shows that dietary supplementation of vitamin B6 may be your answer.

As stated in Nutrition For Living, 2nd Ed., "Vitamin B6 occurs in food in three forms: Pyridoxine, Pyridoxamine, and Pyridoxal. They are closely related and have equivalent vitamin activity".

B6 is a coenzyme which participates in many of the body's regulatory functions, including the production and transformation of tryptophan to niacin. According to According to the American Journal of Clinical Nutrition, "It is thought that the use of oral contraceptives leads to abnormalities in tryptophan metabolism which can be corrected by B6 supplementation".

Researcher R. Wurtman suggests that diet may be related to behavior because the neurotransmitter serotonin is made within the brain from the essential amino acid tryptophan. A deficit of serotonin leads to clinical depression.

There is a positive correlation noted between weight gain and PMS. Many sufferers of PMS report that their diets contain foods high in refined sugars, starches, and empty calories. These are

Please see B-6, Page 7C

TIP OF THE WEEK

Courtesy of BILL TROCHLELL - Fitness Expert

How Much Weight is Too Much Weight

Weight bearing exercises should be a very controlled movement. Using the proper weight to isolate a particular muscle your trying to work, will result in the most effective training program with little chance of injury. If someone is using a heavier weight it does not mean that they will have faster results. Finding the right weight is an individual effort.



Simple Solutions to Tough Weight Loss

A weekly column by
CAROL FREEMAN
Health and Fitness Consultant

Q: I'm losing weight by eating one meal a day - dinner. At first it was hard but I'm getting used to it.

A: Yikes!! Eating once a day is absolutely the worst way to lose weight.

Lesson #1 Eat all day. Like your car, your body can't run on an empty tank. In order to have the energy you need to get things done during the day, you need fuel. By skipping meals

you're only depriving yourself of energy for your body and mind. Keep the fuel supply coming all day long when you can use the energy. By the way, fats and sugars are 'low energy' foods, while fun's, vegetables, and grains produce 'high energy'.

Lesson #2 If you want to cut back, do it at night when you don't have the chance to burn it off. Most of the calories you load up in the evening find their way to your fat cells.

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SEMINOLE Today

The Herald

Seminole Herald, Sanford, Florida - Sunday, March 29, 1998

Accomplishing Florida's promise

Seminole County: The best of all worlds

By Russ White
HERALD STAFF WRITER

Their names are Altamonte Springs, Casselberry, Lake Mary Longwood, Oviedo, Sanford and Winter Springs. The seven cities of Seminole County.

They used to comprise what was called a sleepy bedroom community.

But that's changing, big time. As it approaches the 21st century, Seminole County - encompassing 344 square miles of land and waterways - is predicted to be among the top 10 business growth counties in the nation.

New businesses already have begun here and more are coming. County officials realize they must protect as they plan, growing yet softening the harsh effects of growth.

"We are living and will be living in one of Florida's, indeed the nation's most livable urban communities," said Randy Morris, Chairman of the Board of Seminole County Commissioners.

Among the ambitious programs that will change the county all the more are the re-development of U.S. Highway 17-92, the widening of a number of roads including County Road 46A and construction of the I-4/46A Interchange, construction of a new bridge over the St. Johns River and perhaps a light rail system.

Sanford officials would like to see a waterfront hotel and conference center go up - as successful as Jacksonville's Riverwalk.

Although there appears to be plenty of office, manufacturing and warehouse space available for all the expected newcomers, there may not be many more bedrooms available to residents. In this regard, Seminole faces a land crunch in the next 15 years.

All the more important now for the county to be opening the first leg of a 90-mile countywide trail system. Eight years ago, the county made a \$20+ million commitment to purchase and preserve natural lands.

More than one million visitors from the United Kingdom arrived at Orlando Sanford Airport in 1997, making it the fourth busiest international airport in Florida. Hotel occupancy rates increased to 82 percent and overall tourist tax revenues increased 11 percent to \$1.3 million.

The record shows that Seminole County has achieved some enormous results with its
Please See County, Page 11A



Herald Photo by Tommy Vincent

Seminole County Manager Gary Kaiser, from left, Tourist Development Committee Director Jack Wert, and Commission Chairman Randy Morris illustrate the diversity of Seminole County, a mecca for business

and leisure. The trio on a picture-perfect day visits Katie's Wekiva River Landing, which the county may one day purchase to preserve its natural beauty. Katie's is off West State Road 46 at the Lake County line.

A draw for tourists: It's a natural

By Nick Pfeiffauf
HERALD STAFF WRITER

One of the latest moves in promoting Seminole County is from the Tourist Development Committee (TDC). Director Jack Wert says the county's efforts are becoming well known throughout the state.

"While the state as a whole is allocating large amounts of money to promoting what we call 'eco-tourism' we are so far ahead that the word is going out 'call Seminole County if you have any questions,' whenever people are working on setting up such plans," he said.

"The intent of the eco-tourism approach is to put together the natural resources of the county and blend them

with ideas that may be conducive to tourists and visitors," he explained. "The first step was to put together a listing of what we have," he said. "That took us over a year of work. Now, we've managed to put it together into a package we're calling an 'eco-passport.'"

To give an example, Wert said when people visiting the area are done going to all the attractions, they might be interested in what Seminole County is offering. "We could have a package like along the Rock Springs Preserve, where they could start out canoeing, and end up horseback riding," he said. It could be for an individual family or groups. The package would also include hotel reservations and other requirements which visitors may wish to have included.

There are other package plans in the brochure which is being distributed by a private concern.

"Because of what we have done thus far," he continued, "we have now drawn statewide attention on this. Eventually, the state will be coming up with its own eco-tourism information which will include tours of ecologically protected areas, various natural beauty locations and heritage tours. Then, we will have more for our visitors and guests to do."

Wert recently attended a tourism conference in Germany, and was pleased with the plans Germany has to expand tourism. "I see great hope with what they are doing," he said, "and I can easily see Seminole County as one of the big attractions for tourists from that nation."



Jack Wert

The environmental side of Seminole, Page 3A

Good Sports: Drawing events and revenue, Page 4A

Seminole Community College, the training engine for Central Florida, Page 5A

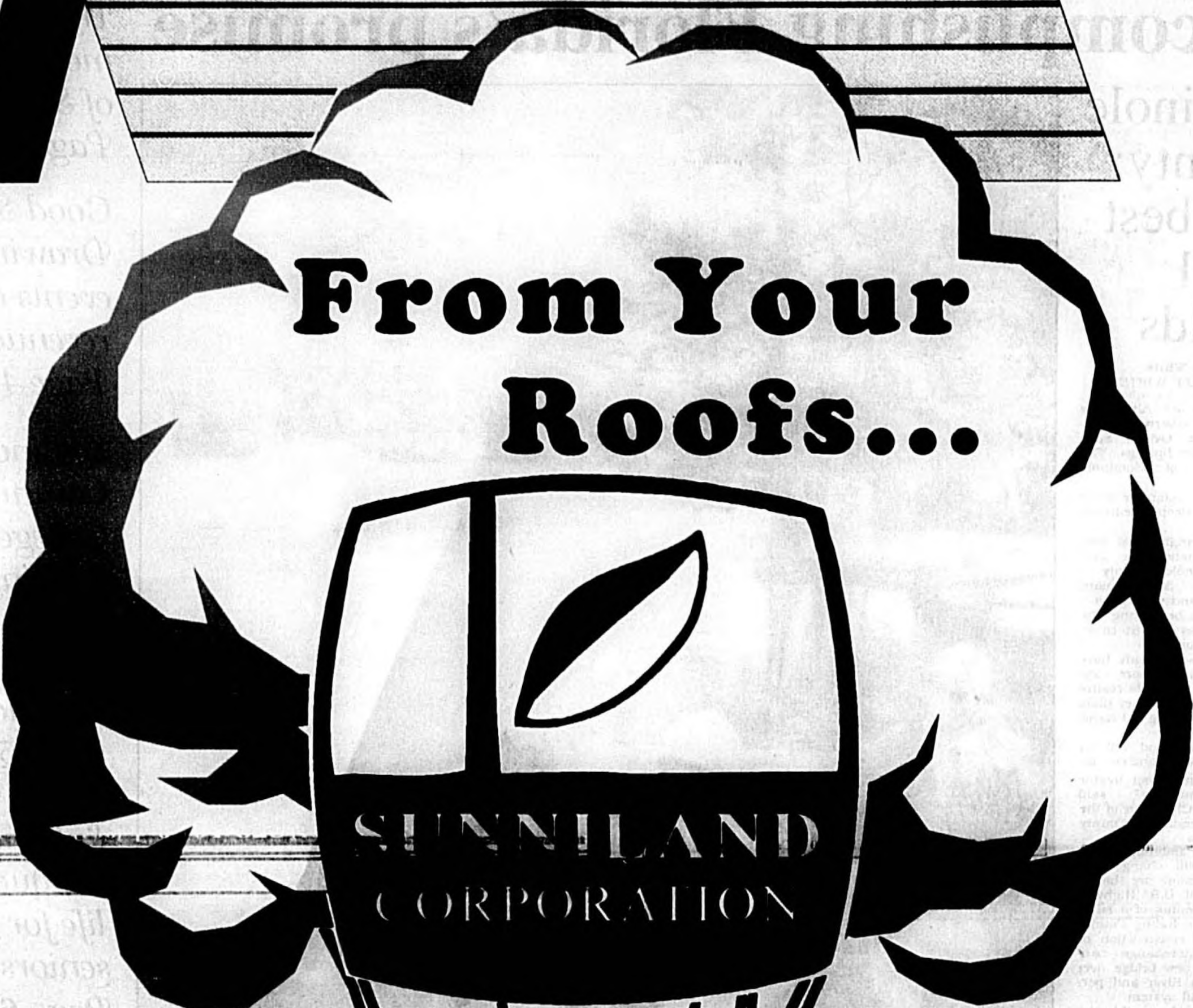
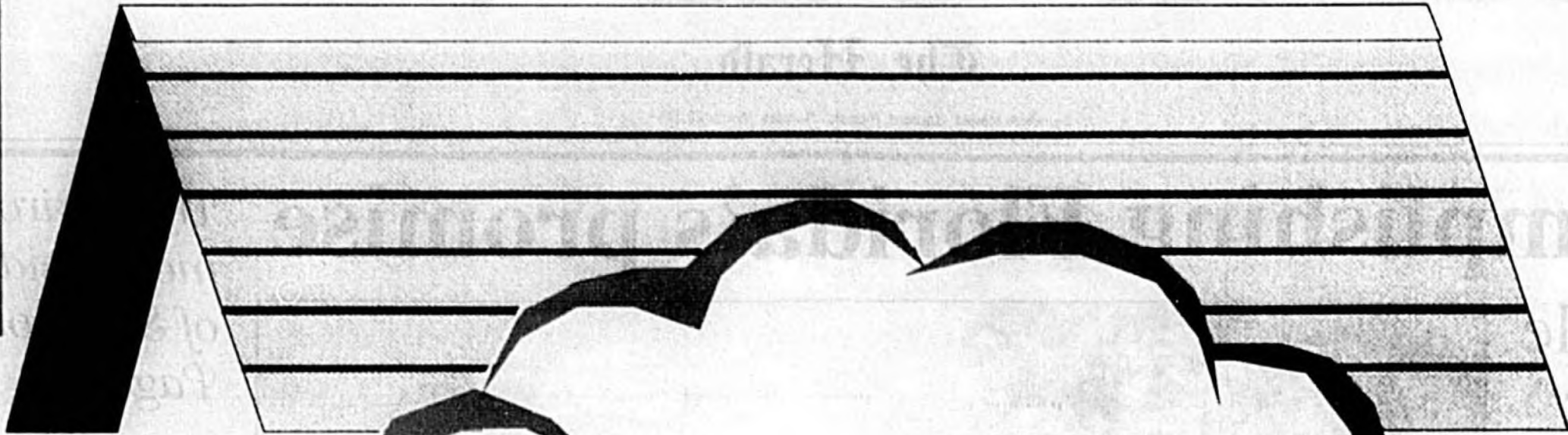
Enhancing the quality of life for seniors, Page 6A

Putting crime victims first, Page 6A

It's the zoological thing to do, Page 7A

University of Central Florida byword is growth, Page 8A

Businesses from A to Z, Page 9A-11B



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Projects in place to protect and restore environment

By Bill Graf
ST. JOHNS RIVER WATER MANAGEMENT DISTRICT

Growth presents challenges for the protection of Seminole County's natural environment. In 1997, however, a number of projects advanced the protection of pristine regions and the restoration of areas experiencing man's abuses.

Perhaps the most visible, long-term and successful efforts have been within the Wekiva Basin Geo Park. Straddling Seminole County's western border with Lake and Orange counties, the Geo Park continues to protect wildlife and plant communities in a river basin where the beauty is unmatched anywhere in Florida.

The Geo Park is under the management of the Florida Park Service, which manages the park to protect wildlife and maintain plant communities as they appeared to our earliest settlers. At the St. Johns River Water Management District, the Wekiva Basin is a site of wetland mitigation work to offset the impacts of the Orlando Beltway construction. Areas that had been stripped of their forests and ditched for drainage are being replanted and reworked to again hold water. Known as the STS project, the wetland restoration and creation project will enhance wildlife habitat and provide flood water storage.

Also within the Wekiva River Basin, the District's land acquisition work strives to create a wildlife corridor connecting the publicly owned areas of the Wekiva River Basin -- totaling more than 50,000 acres -- to the 365,000-acre Ocala National Forest.

Other areas of the Wekiva River Basin, specifically the Little Wekiva River Basin, did not benefit from such complete protection. Long before anyone knew better or the creation of rules designed to protect our natural systems, the Little Wekiva River basin was heavily developed and was channeled, ditched, drained, and in one case piped underground, to create more room for development. Because the Little Wekiva lost much of its riverine wetlands, these alterations

created flooding problems. Rainfall also choked the river with tons of sediment as downpours eroded river banks and fouled water quality.

In the past three years, the Florida Legislature has acted to help fix some of the problems along the Little Wekiva. With \$2.15 million from the Florida Legislature coupled with local funds, the District is working in concert with the counties and cities along the Little Wekiva River route to reduce sediment and stabilize the Little Wekiva's banks. Ultimately, the projects seek to improve water quality as the Little Wekiva flows to the Wekiva River and on to the St. Johns River.

Moving to the east, another very visible effort is under way at Lake Jesup. Suffering from

years of abuse and indifference, Lake Jesup receives the stormwater pollution flowing through tributaries originating in the Orlando metropolitan area. The construction of the State Road 46 causeway and bridge also cut off much of Lake Jesup's natural ability to flush itself. Before SR 46 passed over Lake Jesup's connection with the St. Johns River, a broad area of wetlands provided natural cleansing of lake and river water. That natural connection also allowed for a greater exchange of flows between the river and lake.

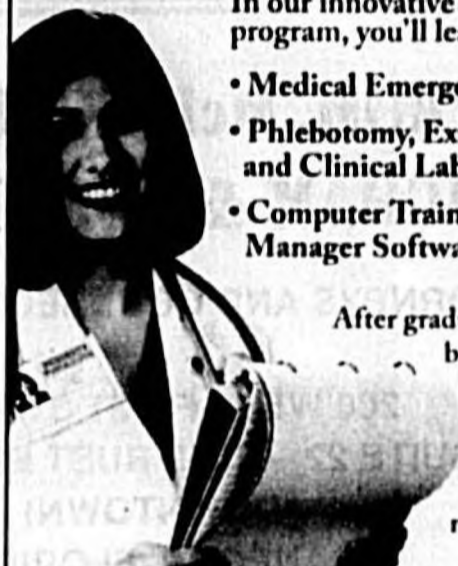
To help clean up Lake Jesup, the Florida Legislature created the Friends of Lake Jesup as a citizen group charged with directing the District's restora-

Please See Water, Page 5A



Soldier's Creek opens into Lake Jesup, part of the natural Seminole County

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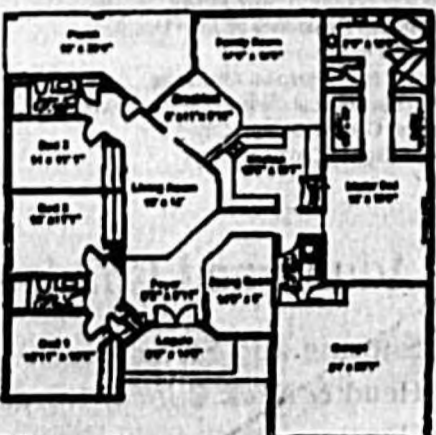
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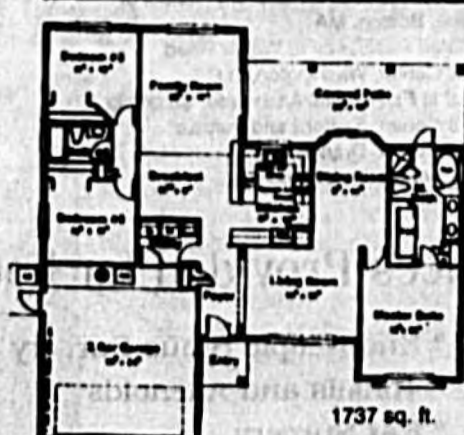
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Good sports in Seminole County

By Jeff Berlinicke
ASSISTANT SPORTS EDITOR

This time last year, Sanford Memorial Stadium was a decaying old lady that had lost its looks.

She was peeling paint. The advertisements on the outfield fences which once rebounded line drives by Willie Mays and Jackie Robinson, were faded. The seats were close to being condemned and the grass looked much like the old girl herself.

Then, the City of Sanford got involved and approved for renovations. By last August, the old girl was ready to host a national softball tournament as hundreds of people flooded into Sanford from all over the country, filling area hotels, to attend the event.

As the stadium flourished - it now hosts little league games and college games - the rest of the county is picking up as well.

You can start off with high school sports. Lake Mary High became the first school in state history to win two state titles, same gender, within one season when the girls' soccer and basketball teams came home with championships. The basketball team, currently ranked 20th in the country and fifth in the south according to the USA Today poll, and the soccer team, which won the title with three straight shutouts, both brought championship trophies back to Lake Mary.

In Altamonte Springs, the Lake Brantley baseball team went to Tampa last spring and captured the state crown behind a pitching staff that included several no-hitters and some of the most highly recruited players in the country.

Then, last summer, the Sanford Post 53 American Legion team, consisting of players from Oviedo, Lake Mary and Seminole High Schools, won the national world series, televised on ESPN. The team received a huge ovation upon returning at Orlando International Airport.

Other sports flourished as well as Seminole County continued to be a major force in

the state high school athletic system.

In fact, this year the Seminole County sports programs became larger than ever with the addition of new sports. Boys and girls lacrosse was added to schools that didn't play it in the past and it has become the number one single participation sport in the county. Girls wrestling and weightlifting has begun to take hold and girls slow pitch softball will be introduced in the fall for county schools as the girls continue to become active in the athletic system.

In cheerleading, even the middle schools are becoming more involved. Last fall, the Lake Howell program finished second in the state and others continue to bring trophies into the county.

Golfers are enjoying themselves as well. Timacuan Golf and Country Club maintains its high standards after refurbishing.

Please See Recreation, Page 5A

Sports events: Big monetary impact

By Nick Pfeiffauf
HERALD STAFF WRITER

Many people are sports fans. Others may prefer only one sport. Then there are some who say that they merely don't like sports.

Yet, according to a wrap-up of statistics from 1997, sports, like them or not, have had an excellent financial impact on Seminole County, and as a result, Seminole County people.

Figures recently released by the Seminole County Convention and Visitors Bureau indicate that 16 separate events produced a direct economic impact of \$2,585,000. Direct revenue from sales, hotel and gasoline taxes amounted to \$68,107.

The revenue producing events include some new activities at the Seminole County Sports Training Center. Lacrosse teams from several eastern seaboard colleges and three major league soccer teams used the state of the art training facilities at the center for spring training.

Water events included a world championship water ski event, two nationally televised wakeboarding events and an internationally televised power boat race at Cranes Roost Lake Park, the Scottish Highland Games at the Seminole Greyhound Park, an ASA national softball tournament, a triple crown

Please See Sports, Page 5A

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Recreation

Continued from Page 4A

bishing itself last year to become more duffer-friendly. That doesn't make it easier, just more enjoyable. A new beginners course in Altamonte Springs, and two practice facilities - Legends Sports Golf Center in Altamonte Springs and The Florida Golf Learning Center in Oviedo were honored as being two of the top practice facilities in the Southeast. Alaquá, Heathrow, Winter Springs, Mayfair, Sabal Point, Ekana, Wekiva and Sweetwater are just some of the courses that make Seminole County a golfer's haven.

A Seminole High School graduate - Matt Kuchar - added to the county's golf lore with a win in the U.S. Amateur Open last year, joining a group that includes Tiger Woods, Jack Nicklaus and Ar-

nold Palmer.

In recreational sports, Winter Springs, Altamonte Springs, Lake Mary, Oviedo and Sanford all have thriving softball leagues for adults and little league baseball, softball, soccer and Pop Warner football are some of the best in the state. Each sports has at least one Seminole County team who competed for a state title and don't forget the Junior Magic basketball programs, run by the Orlando Magic, which had over 1,200 kids in the Winter Springs league alone.

The Seminole Family YMCA recently expanded after a first expansion two years ago. Located in Lake Mary, the facility has a pool, weight training, basketball and dozens of other events for family members of any age. The expan-

sion was necessary as the YMCA continues to add new programs as well as summer camps and spring break programs to interest everyone.

Altamonte Springs hosted the Babe Ruth Bambino World Series last spring which was nationally televised. Bad the Sanford Civic Center hosts the state's largest drug-testing body building event and television contracts were negotiated for that as well.

The main focus, however, is weather didn't make things easy, but again, hotel rooms were booked as people came from all over the country to participate.

The last weekend in March, that the old lady of Sanford has found a new life. Much like Sanford, a lot of people gave up on the old lady, but look where she is now.

Water

Continued from Page 3A

tion work at the lake. To date, much of the work has been designed to better understand the lake and its problems, but that phase of study is nearing an end. The Friends are proposing a number of pilot projects to reduce stormwater pollution. Thousands of yards of berms have been removed to reconnect the lake to its historic wetlands. The Florida Department of Transportation is also a partner as the time nears for replacement of the SR 46 bridge. DOT has pledged to work with the Friends and the District in designing a bridge span that will restore some of the historic flows between the lake and the St. Johns River, which will enhance the lake's ability to cleanse and flush itself.

Of course much of Seminole County is nearly as pristine and beautiful as at any time in history. For those areas critical to the protection of our water resources, the District has pursued land purchases and the acquisition of development rights. Putting land in public ownership protects the land. However, the purchase of development rights is also a valuable tool in that it leaves the land in private ownership and on the tax rolls, but protects the land from development.

Land acquisition work has focused on the protection of Lake Jesup. Three parcels along its shore total 3,700 acres and help protect the lake's floodplain.

Other notable land acquisition efforts are ongoing throughout the Econlockhatchee River Basin. Through a partnership with the Florida Division of Forestry, the Little-Big Econ State Forest is a 5,800-acre publicly owned conservation area that protects the river and provides a variety of recreational opportunities. In 1997 the District was successful in purchasing the development rights along the Econ leading up to and including the river's confluence

with the St. Johns River.

To learn more about the District's land acquisition work in Seminole County and else-

where, visit the District's web site to view pages dedicated to recreational lands at <http://sjr.state.fl.us>.

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Seminole Community college is the training engine for Central Florida

By Robert Lyles
SEMINOLE
COMMUNITY COLLEGE

Year in review

If you haven't visited the campus of Seminole Community College in a while, say four or five months, then you might not recognize the place. It's a little like driving down a familiar stretch of road—one that once was single lane and bumpy—and noticing the road now is smoother, wider and has a freshly paved blacktop. That's not all. A new shopping mall, a bank and several gas stations have sprung up over night. 'How could that be?' you ask yourself. 'Am I really that out of touch with what's going on in my community?' you continue to ponder. Finally, you chalk it up to progress and continue on your way.

Seminole Community College is a lot like that old, familiar stretch of highway. If you haven't driven past or walked the campus in several months, then you may be in for a pleasant surprise. Especially when you drive along the new 1.548 mile College Drive connecting Lake Mary Boulevard to U.S. Hwy. 17-92. Aside for being a wonderful shortcut, the pleasant scenery is a refreshing change of pace for motorists.

Among the larger construction projects that got under way at SCC last year are a new \$5 million state-of-the-art Science laboratory building and major renovation of the College's Nursing laboratory. The two-story, 25,000 square-foot Science facility is unique in design in that only laboratories will occupy the building.



SCC President E. Ann McGee, Ph.D.

"Classrooms and offices will not compete for space in the building," says Ken King, chairman of SCC's Biology department. "Our new laboratory-intense science facility features 10 wet labs equipped with oxygen supplies, gases, and distilled and tap water. An elaborate air purification system will enable students to conduct biology and chemistry experiments in a controlled environment," explained King. "This will allow our students to conduct experiments under industry-like conditions."

Renovation of the nursing labs and other facilities around campus are designed to enhance the learning experience for students.

Looking ahead

Big plans are on SCC's horizon. College officials are working diligently in Tallahassee this legislative session to secure funding for a Seminole Community College-University of Central Florida joint-use educational facility. If all goes

according to plan, soon SCC students will be able to earn their bachelor's degree from UCF at Seminole Community College's Sanford campus. "We have articulation agreements with the state universities, including UCF," said McGee. "A joint-use facility with UCF will enable our students to get four-year degrees without leaving Seminole County. We're working with UCF and our legislative delegation to get the needed funding, and I'm optimistic about our chances," added McGee.

Progress on the Oviedo Campus should get into full swing by mid-year. A ground breaking ceremony is tentatively planned for June or July at the 160-acre site in southeast Seminole County. Although construction has been delayed several months, the College remains confident that classes will be offered during the first

Please See SCC, Page 5A

Sports

Continued from Page 4A

sports softball event at the Seminole Softball Complex and two national soccer tournaments at Seminole Soccer Club.

Director Jack Wert said these events are a big help to Seminole County hotels in filling weekend rooms when they need it the most. The Tourist Development Council assists some of these events with promotional dollars to attract more participants.

Approximately 25 percent of the Convention and Visitors Bureau promotional budget is directed to sponsorship of special events that bring significant numbers of visitors to the area.

Phone 328-5770 for information on funding for sports events. Events must be at least two days in length and produce at least 100 hotel room nights per day of the event.

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By Desiree Fields
SPECIAL TO THE HERALD

Work began in mid-May on part of the U.S. Highway 17 expansion in Seminole County. The project is estimated to cost \$2 million and will run from Lake Toxopneustis in Casselberry to Shalimar in the north of SR 174. A portion of the \$2 million budget for 1990 through 1992 for Seminole County this project.

Work on the highway expansion is expected to last about 18 months. The project is being funded by the state and local sources. The project is being funded by the state and local sources. The project is being funded by the state and local sources.

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Zoological park is spectacular environment for animals

By Andrea Farmer
CENTRAL FLORIDA
ZOOLOGICAL PARK

SANFORD — For Central Floridians and visitors to our area, family entertainment can be equated with the Central Florida Zoological Park. Located within a 109-acre park in Sanford, Fla., highlighted by lush forests of graceful palms, towering pines, and stately oaks that provide a spectacular environment for an international ensemble of animals including felines, primates, birds, reptiles, amphibians, and hooved mammals.



An endangered clouded leopard, August, 1987

Endangered cheetahs, gorilla mandrills, towering African elephants, leopards, crocodiles, majestic eagles, and prickly porcupines are just a few of the animals at the zoo. Visitors may also explore one of the south's largest and finest reptile collections in the herpetarium.

First established in 1926, the Sanford Zoo has a rich history. A collection of donated animals held by the Sanford Fire Department, the zoo was the center of closing in 1971 when the city of Sanford announced it would no longer fund the creation.

The zoo's mission has continued when an initial support group dubbed the Seminole Zoological Society came to the rescue. The Society, now known as the Central Florida Zoological Society, opened the Central Florida Zoological Park on July 4, 1976, and it continues to this day.

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Please See Zoo, Page 9A

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The "All Star Cheer Gym" located at 2280 North Hwy. 427 has experienced tremendous success since opening at that location in 1986. The gym is the home of the National Champion "Lake Mary All Stars" and is owned and operated by Tony and Gene Evers of Lake Mary. Head Instructor is Brian Formoles, who ranked 7th in the nation in College Nationals Partner Stunts in both 1995 and 1997 while also cheering for University of Central Florida. The talented staff also consists of UCA, NCA, and UCF cheerleaders. The gym strives to maintain a student-instructor ratio of less than 10-to-1.

This has been an impressive season for all the Lake Mary All Star teams and they have received national attention. The Senior All Stars were the Champions of all three regional competitions they entered, they won the State Cheer Championship in Tampa against the best 22 Senior All Star teams in Florida and were Grand National Champions of the FCC nationals. They will represent the city of Lake Mary when they compete in March in Dallas, Texas for the NCA Championship where their stunt team has already ranked 3rd in the nation. The Junior Team squad has also won everything from Regionals to a National Championship and numerous individual awards, including a Junior National Individual Champion and Junior All State Team member. The Junior Silver squad gets the most improved award for the year. Their hard work and spirit has been an inspiration to everyone in the gym. This was the first year of competition for the Pee Wee All Stars and their success has been unbelievable. They were Can-Am Regional Champions, Inner City Games champion, and ranked 5th in the State Cheer Championships against teams composed mainly of 8th and 9th grade cheerleaders. The Lake Mary Pee Wee team consist of two third graders and the rest of the team is second, first, and kindergarten cheerleaders. According to Gene Evers, against teams of their own age, they may be the best in the nation. If there was a "coolest" national championship they would surely win in every division. The All Star Cheer Gym also has a successful All

Star Dance Team. So, if you love making friends, traveling, challenging your skills, and the opportunity to perform before thousands, then look into the Lake Mary All Star Dance Team for the music-pumping, crowd-jumping, fun-loving, experience of a lifetime.

The gym plans on adding two more competition teams for the upcoming season. Tryouts begin in April and end in May. The gym also offers recreational classes for all skill levels and individual instruction from 5-years old to college level. The gym also has a spirit pro shop and will go international this spring when it will conduct Cheerleading Camps for teams from Germany.

According to Tony Evers, there are several things to consider when choosing a gym for cheerleading. Many gymnastics centers advertise cheerleading programs and have excellent coaches to teach tumbling. But, Tony feels its very important to consider the fact that for instruction in all areas of cheerleading; stunting, motions, jumps, expression, drills, and the development of an exciting and winning competition routine, its best to look for a gym experienced in all areas. At the All Star Cheer Gym, cheerleaders are special and their number one priority, and most importantly, their heart is in cheerleading.

In addition to skill, cheerleaders learn self-confidence, dedication, goal-setting, teamwork, self-discipline, pride, responsibility, leadership, sportsmanship, and have the opportunity to stand up in front of thousands of people and tell them what to do. There is nothing more vibrant than a strong, healthy cheerleader. Eyes that sparkle, a smile that's so contagious it makes others smile, and a body filled with endless energy are all qualities of a cheerleader. They are so much more than mere symbols of spirit, they are athletes with the flexibility of gymnasts, the strength and endurance of football players, the agility of basketball players and the cardiovascular systems of a runner. They are truly all-round athletes!

The All Star Cheer Gym has classes starting at only \$30 a month and students can try the first class free. Call 831-4800 or stop by any evening for more information.

Zoo

Continued from Page 7A

ment to preservation efforts is evidenced also by its work as a facilitator in generating revenue in support of conservation projects in species' countries of origin.

The zoo hand-raised 87 animals in 1997 through its wildlife rehabilitation program which provides creatures in need of assistance with nutritional therapy, housing and care until they can be released into an appropriate environment.

During 1997 the education department served over 20,000 children through a variety of programs. The Learning Safari, a specialized tour for school children, delves into the rea-

sons why animals are threatened or endangered, as well as the role that zoos play in the breeding of these species. Emphasis is placed on the preservation of habitats and how all individuals can help.

Another dimension in education is CurricZOOlum, which offers third-grade students the opportunity to experience a fun day of learning at the zoo studying mathematics, language arts, geography and social science. This integrated curriculum, developed by zoo staff members and school teachers was presented to 6,915 students in 1997.

A new education resource for teachers, ZOOtcase, was introduced this year and is made

possible through a grant from SAFECO Insurance Co. ZOOtcase provides teachers with innovative, hands-on teaching aids to help educate students about wildlife.

The zoo's education department also offers programs like the Nature Niche and Animal Trackers, summer programs designed for children ages 6 through 12; Night Sights, an evening safari where the adventurous can experience the sights and sounds of nocturnal animals; Wild Nights at the Zoo camping programs, and Snooze at the Zoo sleep-over adventures.

A private, nonprofit corporation, the Central Florida Zoological Society is supported

primarily by admissions, concessions and memberships, as well as corporate and individual contributors. Support is also provided by the Seminole County Tourist Development Council. The zoo is dedicated to the trustworthy stewardship of our natural environment through the exhibition of living animals and plants and sustaining programs in wildlife education and conservation.

The Central Florida Zoological Park is located at 3755 N.W. Highway 17-92 at Interstate-4 exit 52 in Sanford.

It is open from 9 a.m. to 5 p.m. seven days a week except Thanksgiving and Christmas Day.

For additional information, phone 323-4450.

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Chang's Car Care

Chang's Car Care, 2714 S. Orlando Dr. St. 1, Sanford, has been providing automotive service and repairs since 1981. Owned by Sheldon and Sylvester Chang, the four mechanics employed are ASE Certified. Chang's uses modern diagnostic equipment and boasts membership in Mobile Air Conditioning Society, Service Technicians Society, the state's Industrial Education Technical Committee and others. Chang's is open 8 a.m. to 5 p.m. Monday through Friday and 8 a.m. to 4 p.m. Saturday.

The Changs remind the public that business is done the old-fashioned way - one on one. They know how frustrating and impersonal automotive service can seem when you are confronted with a problem and you don't know what to do. That's why they make sure there is always a service professional available to answer your questions and explain all your options before you make a decision. When you leave Chang's Car Care, you know your vehicle has been checked from bumper to bumper by caring professionals.



Keith Williams, Oaklawn Chapel Funeral Director

Baldwin-Fairchild Cemeteries and Funeral Homes

Baldwin-Fairchild Cemeteries and Funeral Homes has been providing quality caring service to families in the greater Orlando area since 1940. Although we are a leader in the deathcare industry, with 9 chapels and 5 cemeteries in the area, we are really about "life" care. Throughout the years, we have earned the reputation "A Friend When You Really Need One" by extending our compassionate care to our families and the community alike. We pride ourselves on the unique comprehensive services we provide.

• Full funeral service and cemetery options at the time of need, carried out by caring professionals who believe in personalizing the final tribute
• Cremation service options and memorialization opportunities
• Follow up services including "A Guide To Unfinished Business", helpful bereavement literature and lists of community resources.

• Support group offerings for senior and younger widows and widowers
• Support group for survivors of suicide
• Referral network to other bereavement support groups and individual counseling offered in the community.

• Community education on any aspects of death, dying and bereavement such as staff in service training, seminars, workshops
• Commemorative Programs honoring and remembering loved ones. Salute to



Kermil Landress, Oviedo Chapel Funeral Director

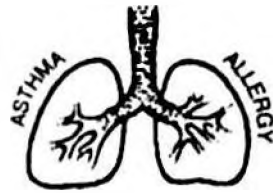
Veterans, Hope For The Holidays Christmas, Candlelights, Easter, Sunrise Services, Memorial Day Programs

• Sponsorships of community events such as the local annual grief conference, fund raisers for non-profit organizations and other community events

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To Smile



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County

Continued from Page 1A

commitment to quality growth and development through attention to detail and planning.

An important move last year was the elevation of former Public Safety Director Gary Kaiser to county manager. Kaiser helped to organize the way the county served its 337,498 residents.

One of the major decisions the county commissioners would make in 1997 was whether to award its ambulance service contract to a private company or to the county fire fighters.

"The decision to go with our own firefighters helped save the tax payers money and paid huge dividends in last month's tornadoes," said Commissioner Win Adams.

The county's First Response Emergency Team, has been emulated across the country. The Department of Public Safety has also dedicated more than 1,200 hours to prevention and safety classes to educate the community on first aid,

CPR and fire safety.

In 1997, EMS/Fire/Rescue personnel were dispatched to 11,980 EMS calls, transported more than 800 patients, and responded to 4,445 fire incidents.

Firefighters/rescue teams were on the scene within minutes after the Feb. 23 tornado, and remained on call the next two weeks. Sheriff's Office deputies also secured the hardest hit areas and made certain there was no looting or invasion by con artists.

"Sheriff (Don) Esslinger has been recognized for his innovative management in addressing our crime problem," Morris said. Esslinger teamed with others in the county to establish the new Juvenile Detention Center on U.S. Highway 17-92. In July, the Sheriff's Office and Public Safety Division will be housed in a new building also on 17-92.

The redevelopment of 17-92 will be hotly debated. Some county officials call it the eyesore of the county. The majority of the adult entertainment

businesses are sprinkled along 17-92 in the Fern Park and Casselberry areas.

In 1997, the county established a new adult entertainment ordinance and several weeks ago grandfathered five of the businesses, allowing them

to stay on 17-92. There are also three clubs in Casselberry that the county and the city must deal with in an interlocal agreement.

County staff is trying to work with all the cities as well as

solidify regional partnerships for economic growth, transit services and cultural activities with the Metropolitan Planning Organization, Economic Development of Mid-Florida, Lynx, Metro Orlando International Affairs Commission, Orlando

Science Center and the Orange and Osceola Boards of County Commissioners.

"We are accomplishing what was the promise of Florida that few communities will have attained," Morris said.

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Columbia Medical Center – Sanford

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Sanford, Florida 32771
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SEMINOLE Today

The Herald

Seminole Herald, Sanford, Florida - Sunday, March 29, 1998 - 1

Community
of
Seminole County



Wayne Weinberg, executive director of the Seminole County Chamber of Commerce, predicts great things for the cities of Seminole.

The land
of
good and plenty

From successful past comes vision for future

Wayne Weinberg, president
SEMINOLE COUNTY
CHAMBER OF COMMERCE

The community of Seminole County is the land of good and plenty for many reasons. We have Florida's highest median income, nationally recognized schools, a strong pro business environment, safe streets, a growing technological industry, affordable housing, the top foreign exporter in the region, and wonderful recreation and extraordinary natural resources where you can watch the eagles soar.

Seminole County Public Schools Superintendent Dr. Paul Hagerty and SCC President Dr. E. Ann McGee are leading the way to ensure that our children have real world skills to successfully compete in today's demanding job market. No wonder we are the envy of the region and a growing player in the global economy. Our exceptional quality of economic life is the result of effective community partnerships. Much of that success is attributed to pro business county and city governments. Seminole County's business incentive program represents a sound business plan. It is an often imitated national model. In less than two years, the county's incentive program has resulted in 6,000 new jobs with an average salary of more than \$30,000. This year alone the



Orlando Sanford Airport Executive Director Steve Cooke. The airport is slated to be the third busiest international destination in the state.

Seminole County School Board will receive nearly one and one half million dollars as a direct benefit of business incentive projects. The incentive program is expanding the business tax base reducing the load carried by residential property owners. This is significant for our future economic growth.

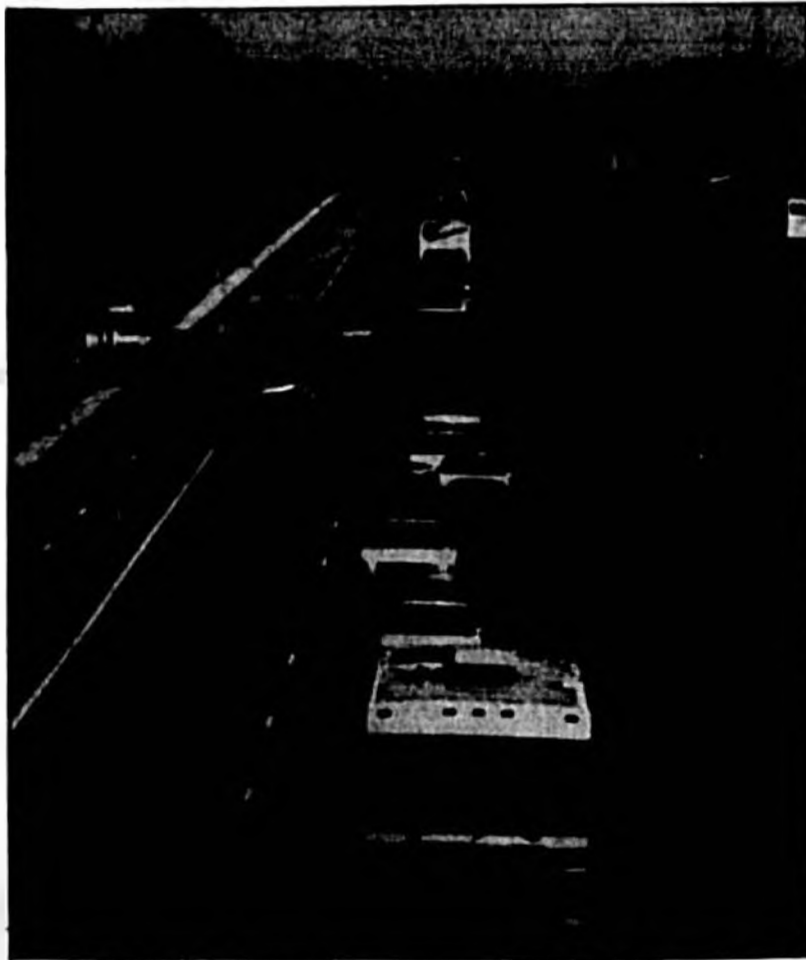
The radar screen shows the county and our family of cities moving forward. The County has adopted a Greater Seminole County Chamber of Commerce Initiative and created a Community Redevelopment

Agency for the county's main highway 17-92. This means tax dollars generated by business along the 14-mile corridor will be an investment for economic redevelopment of 17-92. Over

the coming years we should see a more attractive and vibrant business climate.

The second small business incubator facility at the Port of Sanford has been completed and is now fully occupied. Two additional small business incubator facilities (25,000 square feet) are scheduled for completion by 1999. Three international companies occupy the facility. Seminole County Government and Orlando Sanford Airport have partnered to develop a county-wide foreign trade zone.

A 260,000 square-foot mixed use project will tower over the southeast corner of I-4 and Central Parkway in Altamonte Springs. Channel 55 will bring a mix of office space, 300 time-share or extended stay hotel rooms, a state-of-the-art television studio/production facility with a 400-person convention auditorium, shops and a 24 hour cafe. Altamonte Springs also is developing an enter-



The Interstate-4 corridor is being widened to accommodate growth. A beautification effort is under way for the I-4 counterpart, U.S. Highway 17-92.

tainment district at Cranes Roost.

Casselberry will bring on line major retail development at the busiest intersection in Central Florida, 436 and 17-92. Casselberry Exchange will offer 150,471 square feet of retail space.

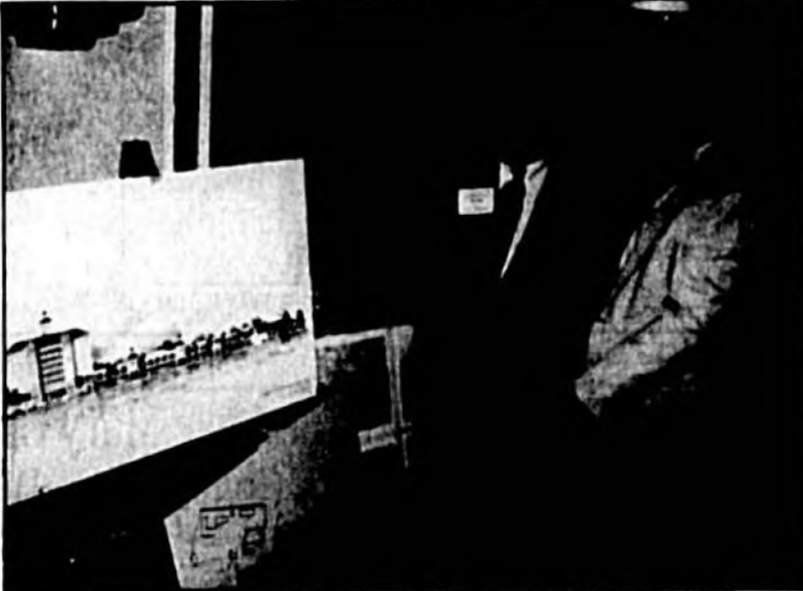
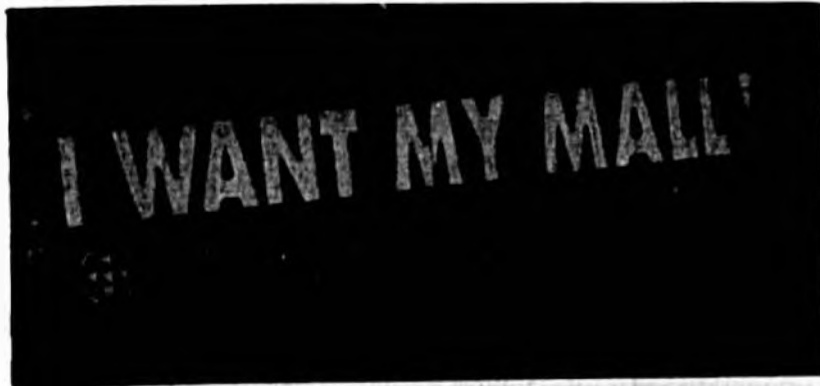
Longwood is working to renovate and preserve its historic district and stimulate renewal of the downtown district.

Lake Mary is rapidly becoming the high tech center of the region. The expansion of Rinehart Road will result in additional healthy economic development. The city of Sanford is

determined to revitalize its historic downtown. Mayor Larry Dale's aggressive waterfront redevelopment plan includes a 300 room hotel and conference center. The city's airport, Orlando Sanford, is on line to become the third busiest international destination in the state.

Winter Springs does not have a downtown, so city commissioners are studying plans to build the Winter Springs Town Center. The development would combine retail, commercial, and residential.

Oviedo now has the third regional mall in Seminole. Please see Vision, Page 3B



Lake Mary Mayor David Meador and Sanford Mayor Larry Dale discuss a plan for development of Sanford's lakefront.

As the county grows, so does the newspaper of record

From Staff Reports

The Seminole Herald, Seminole County's oldest newspaper, will enter the 21st century under new ownership, with its new name.

In September of 1997, Republic Newspapers of Knoxville, Tenn., purchased the Sanford Herald from the Martinsville Bulletin, Inc. of Martinsville, Va., owners of the newspaper since 1953.

Doug Horne, owner of Republic Newspapers, said he sees the change in ownership as "transferring the stewardship to the next steward."

"A newspaper has its own life and momentum," Horne said. "Nobody really owns a newspaper. A newspaper is a reflection of the community. The

people in the business believe the community owns the newspaper."

Horne, an entrepreneur for the past 17 years, holds interests in residential and commercial development, trucking, insurance, newspapers and a radio station.

He founded papers in 1988. Horne's first newspaper was the Zephyrhills News (Fla.). That same year, he established Farragut/West Side Press Enterprise.

Horne said he has been interested in the Herald since 1986 and had visited with the previous owner, Robert Haaskell.

"We're thrilled to have the newspaper," Horne said. "It is an excellent facility and property. I am a big believer in that

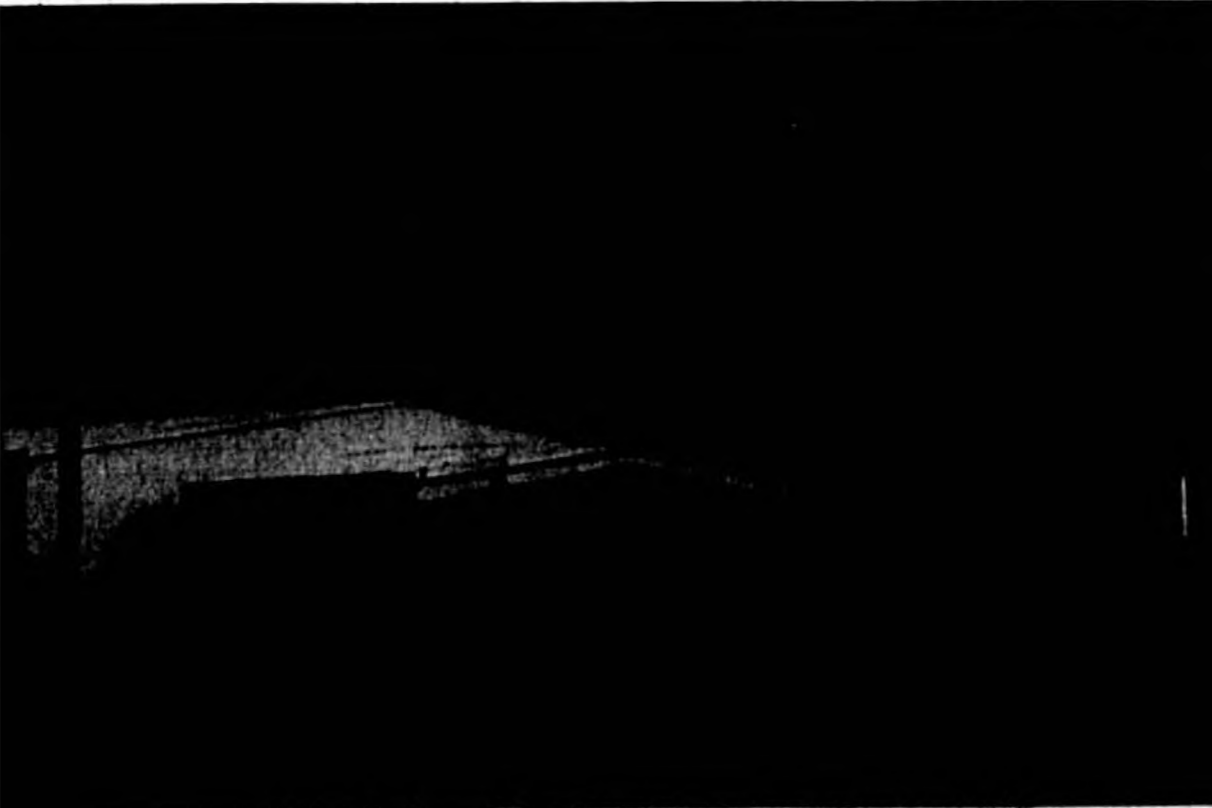
part of Florida."

Among the changes at the Herald, Horne said there would be added coverage in surrounding areas in the northern part of the county including Sanford, Lake Mary/Heathrow and Oviedo.

Change in the name of the paper to The Seminole Herald better reflects community interest emphasizing all the "fine cities in the county."

Horne's ties to Florida date back to 1985 when he developed Seminole Centre, home to Wal-Mart, Publix, and the now-closed Luria's, on U.S. Highway 17-92 in

The Seminole Herald, founded in 1908, is the latest addition to and the first daily newspaper of the Republic Please see Herald, Page 3B



The Seminole Herald, 300 N. French Ave., Sanford, is growing with the county.

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Sunday School	10:00 a.m.	Usher Board	7:00 p.m.
Morning Worship	11:30 a.m.	Choir Rehearsal	7:30 p.m.
Worship Workers	6:00 p.m.	1st Sunday	
Evening Service	7:30 p.m.	The Lord's Supper	
Tuesday:		2nd Sunday: Men/Woman (rotate) Day and Dinner	
Multi-Purpose Night	7:30 p.m.	3rd Sunday: Pastoral	
Bible Study Men in		4th Sunday: Youth Day	
Doctrine/Craft Class		5th Sunday: Fellowship and Dinner at various locations	
Wednesday:			
Children	6:00 p.m.		

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 4:30 pm Discipleship Training
 6:00 pm Evening Worship

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 6:30 pm Small Groups for adults, youth, and children

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 3:00 pm Conversational English training for adults


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Sunday School 9:30 am
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 Youth Fellowship 4:00 pm
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SUNDAY SCHOOL 10:30 am

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 YOUTH GROUP 5:00 P.M.
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 Family Worship 6 p.m.

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FAMILY WORSHIP CENTER

Service Times:
 Sun..... 9:30 a.m. Sunday School
 10:30 a.m. Worship Service
 Wed..... 7:30 p.m. Midweek Service with Royal Rangers and Missionettes
 Fri..... 7:30 p.m. Youth Service

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Herald

Continued from Page 1B

Newspaper group, which has 12 weekly newspapers: Zephyrhills News, South Lake Press Florida; Farragut/West Side Press Enterprise, Tennessee; Jessamine Journal, Kentucky; Kings Mountain Herald, Cleveland Times, The Eagle, Belmont Banner, Mount Holly News, Bessemer City Record, all of North Carolina, and the South Lake Shopper in Florida.

As the largest newspaper in the Republic group of about 130 employees, the Seminole Herald with about 40 employees and a printing press, will serve as the central hub for Florida operations, according

to Nick Drewry, president of Republic Newspapers.

Drewry, who is serving as interim publisher at the Herald, said Republic is very interested in expanded its operations in the Central and Northern Florida area, with a particular focus on community and the quality of life in the communities.

Drewry said Seminole Herald readers will see some positive changes in the newspaper with substantially more circulation and expanded news coverage. "We intend to put this newspaper back into a place of prominence in Seminole County where we think it once was," Drewry said.



Columbia Medical Center - Sanford

Columbia Medical Center - Sanford honored their employees, Wednesday, Feb. 18 for their loyalty and years of service. The hospital had a service award banquet in honor of the employees with 10, 15, 20 and 25 years of service. In the cafeteria with hors d'oeuvres, dinner, music, and a presentation of awards by Doug Sills, President/Chief Executive Officer. The people listed in the picture were honored for 20 and 25 years of service. From right to left Shirley Williams, Nursing Services 25 years, Johannes Iannarone, Nursing Services 20 years, Cynthia Kelt, Laboratory Services 20 years, Russell Hooganwerf, Imaging Services 25 years, Gloria Wright, Laboratory Services 25 years, Marion Shaw, Nursing Services 25 years.

Vision

Continued from Page 1B

Oviedo Market Place, to complement its home town charm. Oviedo is also the fastest growing residential community in the nation.

There's more to marvel. To quote Seminole County Commission Chairman, Randy Morris, "In the North I-4 corridor alone, approved developments at build out will include 13 million square feet of office, retail and industrial space. That is twice the size of downtown Orlando."

Indeed, the Greater Seminole County Chamber of Commerce is proud to be partners in this process. Seminole County is the land of good and plenty. But there are challenges. How do we manage congested roads, school class room sizes, environmental issues, and health care to name a few. A critical issue starting us in the face is redevelopment of what we have created. Simply put, we must avoid deterioration of residential and business areas.

How do we? We must continue to recognize and be open to opportunity. We must avoid being the victim of this quote, "that most of us never recognize opportunity until it goes to work in our competitor's business." Vital to our future success is the continuation of public and private partner-

ships.

These are the foundation of Seminole County's success in the past and will be essential to our future. The Greater Seminole County Chamber of Commerce is proud to be partners and leaders in this process. In partnership with county government, the county's seven cities, and several business partners, the Chamber has developed the Seminole Vision. The Seminole Vision is a collaborative effort of more than 100 volunteer community leaders to create a united community agenda. The Vision process is based on partnerships.

It has provided a forum for relationship and trust building for leaders from diverse perspectives and sectors of the community. Nine stakeholder groups are concentrating their efforts around the dimension of quality of life issues common to almost every community. They include education, transportation, business, economic development, crime, recreation, religion, effective government, community services and health care. In less than 18 months, The Seminole Vision has been the catalyst for many initiatives.

We have the opportunity to expand the various public and private partnerships that are now in place. There is no room for apathy.



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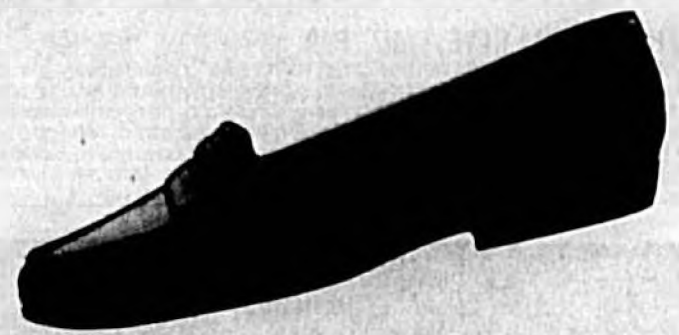
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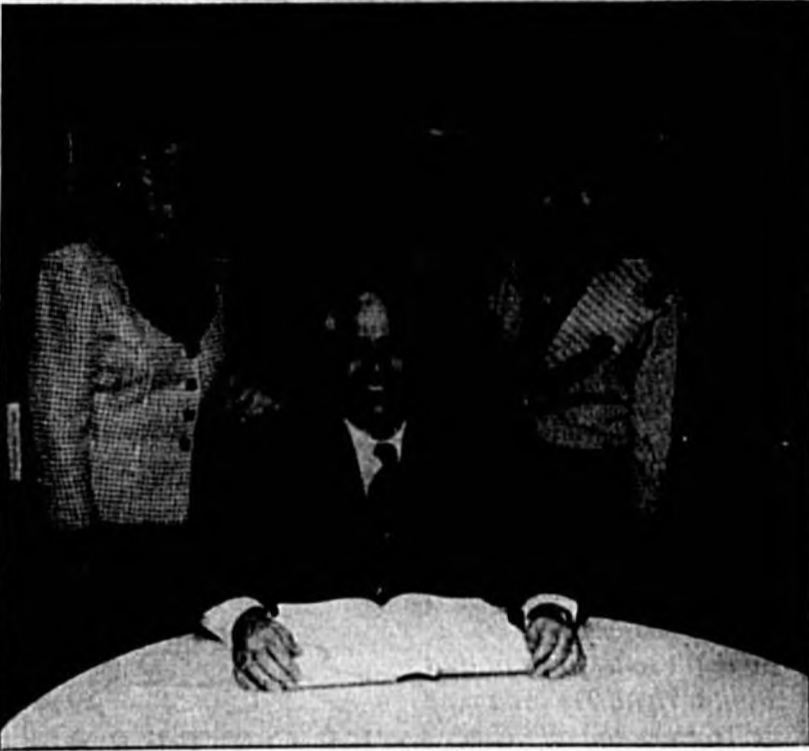
Facemyer Rebate	\$100.00
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Monthly Payment	61.70
Cash Left After Payment	9.67



ROBERT P. COLLETTE, MD, P.A.

Drs. Robert Collette (left) and Devana Shah (right) offer comprehensive specialty care of ear, nose, throat and sinus disorders. Services are provided for both adults and children including: endoscopic sinus surgery, tonsils and adenoids, ear surgery, facial cosmetic surgery, collagen injections, snoring and sleep apnea, head and neck cancer surgery, hearing loss, laser skin resurfacing and rhinoplasty. Dr. Collette is board certified in Otolaryngology and Dr. Shah is board eligible. Both are on staff at

Florida Hospital Altamonte and Columbia Medical Center-Sanford and Volusia Medical Center, Orange City. Offices in Deltona (916 Deltona Blvd., Suite 103, (407) 574-8200), Lake Mary (4106 W. Lake Mary Blvd., Suite 110, 444-0573) and Altamonte Springs (398 E. Altamonte Dr., 444-0573) are open 8:30 a.m. to 5 p.m. to serve old and new patients. The friendly staff includes Dee D'Alazzo, receptionist (from left in center photo); Suzanne Teal, medical assistant; Sharon D'Alazzo, office manager; Ella Burton, receptionist and Maryann Eckert, medical assistant.



Amy Mottage (left) and Lea Cendana (right) with attorney Charles Rand.

BERNINA SEWING CENTER

Founded by Melody L. Hicks in the spring of 1997, Bernina Sewing Center has

become a beehive of activity in Orange City, Florida. Located on one of the major thoroughfares that connect Orange City and Deltona, Bernina Sewing Center is the

sale and support of Bernina sewing machines. Frequent sewing classes are offered to the community to introduce Bernina machines and the joy of sewing.

In her pre-venture planning Mrs. Hicks approached the Small Business Development Center at Seminole Community College. She had been recommended to the SCC/SBDC by Jeff Triplett of Huntington Bank. When asked what role did the SBDC office play in her business, Mrs. Hicks said "Huge. I don't know if you had not been around if I would have had the guts to keep going". When told of her remarks Wayne Hardy, the Coordinator of the SCC/SBDC, replied, "Melody is one of those individuals that you know will succeed. She has so much drive and determination. I got a real kick out of watching her overcome any obstacle that arose in her path."

A major area that the SBDC worked with Mrs. Hicks was in helping her assemble her business plan. Like many entrepreneurs she wasn't sure that all that effort to fine tune and research was really necessary with all her experience in the industry. But when asked how she feels now about the exercise she replied "I am using it even more now. It really helped me learn the value of formal planning."

The willingness of Huntington Bank's Jeff Triplett to take a personal interest in Mrs. Hicks' venture was another key factor in helping her achieve business success. Jeff contacted the SBDC regularly to check on Mrs. Hicks progress and offered sugges-

tions from his view point. Partnering with local lenders such as Mr. Triplett has greatly enhanced the effectiveness of the SBDC. The feedback that local lenders provide allows the SBDC to provide better service and greater access for clients to SBA loans. When asked what has happened in her life since the grand opening, her eyes lit up and she said "I am so busy but I am having the time of my life. I am happier than any other time in my working career." Her husband, a career Navy man, one year away from retirement is looking forward to coming into the business in a yet to be defined role. This she anticipates will give her more time to solve some of the challenges that are present in a small business. The focus of Bernina Sewing Center has been customer service and having her life partner helping out will raise her already high standards of service.

A constant stream of customers through the front door is positive proof that Melody has struck a responsive chord in the community. Her goal is to convert Orange City/Deltona into the sewing capital of Florida. Naturally all these new seamstresses will need Bernina machines.

Mrs. Hicks has become a strong advocate of the SCC/SBDC and is regularly advising other business professionals to use the services. "They were there for me with answers when I needed them". Since beginning with the SBDC she has become incorporated, received a SBA loan and successfully opened her store. Sales have far exceeded her projections and the outlook is for continued strong growth.

Justice

Continued from Page 6A
violated a no contact condition of their release. He will also assist in locating both victims and defendants, serve subpoe-

nas and assist with court transportation and accompaniment on volatile cases. In addition, Safehouse was awarded a position through the

Victims of Crime Act grant for a person to assist with providing information on the filing of injunctions for protection against domestic or repeat

violence. This position has been located in the state attorney's office and works closely with the domestic violence unit.

BIB & TUCKER

Bib & Tucker specializes in carrying name brand children's clothing such as Oak-Kosh, Polo, Gap and Gymboree. Girls sizes are from 0-14 and boys sizes from 0-8.

They also concentrate on activewear for up north! They have a full line of maternity clothing from nursing bras, nighties and bathing suits, right up to evening and professional wear. Bib & Tucker concentrates on name brands such as Motherhood, Den Howard, Miami, and Pies in The Road. There are two rooms of baby furniture, toys, equipment and accessories. They also provide wall hangings, lamps and crib sets.

The inventory changes daily with hundreds of new items arriving each and every day. If you have quality children's or maternity items in excellent condition and would like to earn extra space and extra money for the same that hang in your closets, feel free to bring them by for inspection on Tuesdays, Wednesdays or Thursdays from 10 a.m. until 4 p.m.

Bib & Tucker consigns, buys outright or trades for store credit. Remember...there is money in your closet! Come and visit!

cooking and ambiance in the area. Family owned and operated, this 40 plus year old eatery has the finest Chicago style pizza you have ever had. Plus, you can stop in from 6 a.m. for that first cup of coffee and choose from a very complete breakfast menu.

Don't forget, everyday is Senior Discount Day, from 4:30 p.m. to 6:30 p.m. with a whopping 20 percent discount for our senior friends.

Mondays, we also have our free beverage day with all lunch and dinner specials. For those of you that have a craving for a late night snack or meal, Cafe Sorrento is open 6 a.m. until 10 p.m. Monday through Thursday, Friday and Saturday 6 a.m. until midnight and Sunday 6 a.m. until 10 p.m.

Come to Cafe Sorrento soon. We are dedicated to making your dining experience a memorable one.

Cafe Sorrento now accepts VISA, MC and Debit Cards for your convenience. We have also expanded our delivery service, call 322-8533.

We are easy to find. Take Lake Mary Boulevard to Country Club Road, go north 1/4 mile, we are on your right, 227 N. Country Club Road, Lake Mary.

CHARLES RAND

He looks like Richard Dreyfus and has "hero" is Perry Mason.

"But some would argue that lawyers are actors," said Charles Rand, a personal injury attorney who got his inspiration for his career at the age of 8, "watching too much Perry Mason. See Rand, Page 6B

CAFE SORRENTO

If you haven't had opportunity to dine at Cafe Sorrento, Lake Mary's oldest restaurant you must put this on your "TO DO" list!

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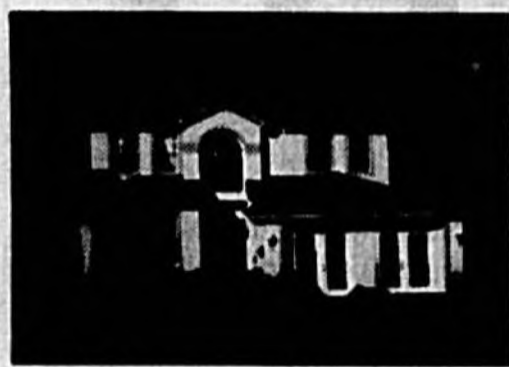
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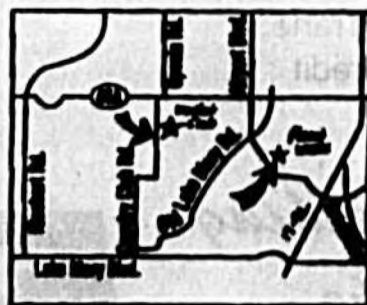
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1-4 to exit 50, turn Right onto Lake Mary Blvd. Turn Left on Rhinehart Rd. Turn Right onto Country Club Rd. to community on Left.



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utes early for every charter. This is especially important for a wedding day, the bride will start looking at the clock 30 minutes before you are supposed to arrive, if we show up 15 minutes early, she will be much more relaxed.

An evening out in a stretch limousine should be special, our 5 Star service includes a tuxedoed

chauffeur in white gloves to tend your every need, ice and complimentary soft drinks, balloons for birthdays or anniversaries and even roll out a red carpet for you! We'll make dinner reservations and even pick up flowers for you all with one phone call to our service.

Limousine service is not just for the rich and famous any more.

"We have many clients who will take a limousine for a night out to dinner without having to worry about driving or parking. It's very affordable and can make a typical birthday dinner more exciting!"

For more information on Heathrow Limousine Service or 5 Star Limousine Service, just call 322-7006.

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5 STAR LIMOUSINE SERVICE

5 Star Limousine Service was founded by Randy and Rita Terranova and has been serving the local area since the fall of 1990. In their 9 years of service, 5 Star Limousine has developed a reputation throughout the Central Florida area for the ultimate in customer satisfaction and first rate service. All 5 Star vehicles are brand new 1998 Lincoln Limousine's.

As part of their expansion, 5 Star Limousine Service is excited to announce the opening of Heathrow Limousine Service to better serve the local area.

5 Star Limousine and Heathrow Limousine Service offer all types of packages for Weddings, Prom's, Anniversaries, and during the Holidays, their famous Christmas Lights Tour.

As we kick off the 1998 Prom and Wedding season, Heathrow Limousine offers this advice to ensure quality service. "A reputable limousine company offers clean new equipment in proper working order. A bride does not want to be in a warm limousine with no AC on a hot Florida day."

"Don't be fooled by low rate's, low rate's equal low end service." All of our chauffeurs go through an extensive training program, including a separate program specifically for weddings. We require our chauffeurs to arrive 15 min-

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Conway Chapel
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Altamonte Chapel
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David (left) and Gary Schaefer, of Florida Fluid Air, Inc., with their new mobile service van.

Rand

Continued from Page 4B

Perry Mason never lost a case, said Rand. "I have in real life."

Rand said the practice of law is "not a science, it's an art."

A graduate of the University of Pennsylvania and the University of Florida Law School, in 1980, Rand worked as a labor attorney first before taking up the practice of personal injury, eventually working for Jacobs and Goodman. In 1992, he went into partnership with Brent Miller and then opened his own practice on June 1, 1997.

Dealing primarily with wrongful death, automobile accidents, slip and fall and dog bites, he said he often advises his clients to get a second opinion. "I'm straight up, too much for my own good." He said a vast majority of the cases he handles are legitimate claims, and the legal systems works fairly well, but he has turned down clients he didn't think he could help. "There's no way you should lose if the law is on your side."

The ultimate goal of Rand's practice, he said, is to help people. He said he is differ-

ent from other firms in that he meets personally with all of his clients, instead of having them deal with an investigator or paralegal. "I establish a bond with my clients," he said.

"I tell every client, 'If you get completely better, then I've done my job,'" he said. He said letters that he receives from his clients are better than his monetary compensation. "It's those things that make it worthwhile. It doesn't have to be money."

Rand handles many pro bono cases in both Orange and Seminole counties and serves on the board for the Center for Drug-Free Living. "If I didn't get this positive feedback, I'd hang it up."

He said he doesn't know if he wants to practice law for the rest of his life, and that he is considering a second career. "I don't know what, yet, or when. I love the ups very much, and that's helping people."

Rand's two children, Bryan, 9, and Kabe, 7, are his main concern. "These kids come first," he said. What does he look forward to at end of the day? Going home to his

kids...and a good Magic game. He's been a season ticket holder for five or six years.

Attending public events such as Magic games, because of his likeness to a famous film star, he said he often gets some unusual looks. He said one man was staring at him one night, and "I knew exactly, by the expression on his face, what he was thinking."

Rand's office is located at 407 Wekiva Springs Road, Suite 119, Longwood. For more information call 774-1400.

CIGAR BAZAR

Mary Warren is the owner of this premium cigar and accessory shop located at 3665 Lake Emma Road, in the Lake Mary Centre.

The whole store is humidified and a large selection of cigars are available. Customers can sit at the mini-bar and enjoy their smoke.

The shop is open Tuesday through Saturday 11 a.m. to 7 p.m. and Sunday

Monday, 11 to 6 p.m. For more information please call 444-0403.

CLASSIC COMMUNITIES OF FLORIDA

Classic Communities of Florida has been building quality homes in Central Florida since 1976. Owner Gary Lazer has extensive experience in single family home construction and subdivision development. He has built homes in several neighborhoods, including The Moorings, Hanover Woods, Rosemont, The Springs, Wyndham Woods, Foxmoor East, and Wekiva Green. His development experience includes the subdivisions of Brantley Cove, Woodgate, and Wil O'Wick, all of which he was the exclusive builder.

His latest venture, Forest Glen, is located in a fast growing area of Seminole County just west of the Seminole Towne Center Mall, off of Highway 46. Forest Glen will have 44 homesites in a natural setting with many of the sites surrounding a 4+ acre pond. Classic Communities will be the exclusive builder in Forest Glen, with homes planned from the \$130's to \$200,000.

Gary has been very successful by devoting his attention and energies to one project at a time, which enables him to achieve a high standard of quality and consistency in his homes. The "hands on" approach and attention to detail will ensure Classic Communities continued success in the building and development business.

dental real estate offices and more than 55,000 sales associates throughout North America.

DAYS GONE BY

Gen and Rob Short moved to Florida from Illinois with their family in 1985 and

"Days Gone By" a country store was born September 1987 in Daytona. After 5 years in a small store in a plaza, they purchased the property on the corner of Sanford Ave. and 29th St. in Sanford and relocated their store in the larger building. Days Gone By opened for business October, 1992 in the city of Sanford. Days Gone By is a very country store, filled to the brim with country furniture, decorating accessories, florals, dolls, candles, lamps, braided rugs, throws, quilts, placemats, runners, dishes, gingerbread, gifts for everyone, numerous

collectibles and much, much more. The store is filled with "Spring Things" for all to enjoy and to "remember when." Days Gone By is for those with a heart for the simpler times. Experience once again the old fashioned look you love and the hospitality you expect. Gen, Jean and Suzan are there to help you make professional choices to decorate your home with country. Stop in and visit with them.

FLORIDA FLUID AIR, INC.

Gary R. Schaefer, president of Florida Fluid Air, Inc. has opened his new Parker store, located at 400 Commerce Way, Suite 124, Longwood, and will hold a grand opening on Thursday, April 2, 4 to 7 p.m. "I am very excited about the new Park-

Please see A1r, Page 7B

Fantastic Sams

No Appointment Necessary!

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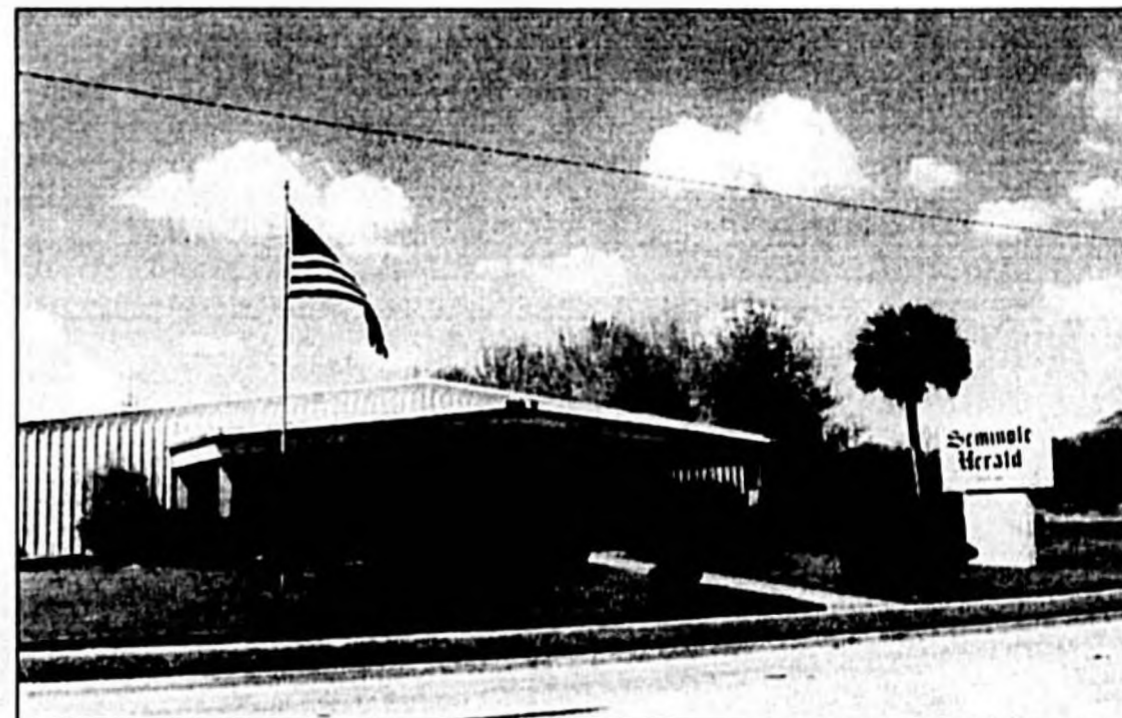
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Air

erStore and what it means to Longwood," said Gary "ParkerStore makes it easy for people working with hydraulic and pneumatic equipment to access a variety of fluid connector products.

Community members are invited to visit the ParkerStore grand opening, April 2. ParkerStore staff members will introduce themselves to visitors, review services and discuss product applications. Product/service factory Reps will hold demonstrations. Chicken wings and beverages will be served throughout the event.

ParkerStore features a unique environment where customers have hands-on access to a broad line of Parker Hannifin fluid connectors, including hose, fittings and related products used in a variety of industrial plant, manufacturing and equipment applications. The Longwood ParkerStore is owned by Gary Scheeler and is located at 400 Commerce Way, Suite 124, Longwood, 32750. For more information about ParkerStore, please call (407) 339-5100.

FANTASTIC SAM'S

Get a fantastic cut, perm or color at Lake Mary's Fantastic Sam's. Purchased in July of 1997 by Velma and B.T. McNeill, the salon employs Cinda Lewis as the manager and Wendy Walker as the assistant manager. The stylists are Debbie Rogers, Debra Oldham, Bualai Hasbain, Karen Schomber and Tylor Sebald.

The full service hair care salon for the whole family is open Monday through Thursday, 9 a.m. to 6 p.m. and Friday and Saturday from 9 a.m. to 6 p.m. The salon is located at 3005 W. Lake Mary Blvd., in the Oaks Shopping Center. For more information call 326-5100.

FIRST CHOICE TRAVEL

Specializing in travel to Europe, Canada, Australia and the Caribbean, First Choice Travel can schedule tours or independent travel, by air, sea and land. They even have a honeymoon department for special attention to their special occasion.

Owned and operated by David and Nena Shermantke, First Choice Travel opened in 1992. Located at 101 N. Country Club Road, Suite Lake Mary in the Shoppes of Lake Mary, office hours are Monday through Friday, 9 a.m. to 5 p.m., Saturday, 10 a.m. to 3 p.m.

Call 330-6252 for information on tours, cruises, airline tickets, rental cars, hotel reservations and foreign exchange. First Choice Travel can also be reached by email, travfirst@aol.com. Internet ticket reservations can be made at www.sabrara.com/p8b5. Click on First Choice's web page at www.travfirst.com.

GENERAL DENTISTRY

The mental image of a dentist's office that most people have rarely encompasses a combination of candles and soft lighting, aromatherapy, aesthetic color, pleasant music, and pictures of angels, but this is the welcoming scene in the dental office of Dr. Alberto Sanchez and Dr. Charmaine Ortiz.

Dr. Sanchez and Dr. Ortiz have created the atmosphere of a living room rather than that of a dentist office waiting room. By the time patients reach the dental chair they are more relaxed and comfortable. Patients of these dentists can also indulge in a cup of herbal tea and a head and neck massage to further reduce their anxieties.

Dr. Patricia Lake Mary Dental practice was sold to Dr. Sanchez and Dr. Ortiz during October of 1997. Dr. Sanchez is organizing the office, seeing patients on a

part time basis before Dec. 8, when Dr. Sanchez opened the practice full time. Their practice is defined as comprehensive, general, and cosmetic dentistry with a holistic approach, and their mission is to provide high quality dentistry in a caring, stress free environment.

Their philosophy is that the mouth should be treated as a part of the whole body because it is an important part of appearance, expression of emotions, personality, and the principal means of communication.

Treatment involves a holistic approach. Holistic is defined by the American Medical Association Encyclopedia of Medicine as "a form of therapy aimed at treating the whole person-body and mind-not just the part or parts in which symptoms occur".

Dr. Sanchez graduated from the University of Puerto Rico where he obtained his bachelor's in Science as well as his Doctorate in Medical Dentistry. In 1982 he began practicing dentistry in Puerto Rico, and since 1983 he has practiced in New York City. Dr. Sanchez enjoys many activities outside of his professional life, including singing and dancing, and had originally moved to New York because he was interested in show business. He also skydives, plays basketball, and reads science and science fiction in his leisure time.

Dr. Ortiz has lived in the area since 1982. She attended Daytona Beach Community College, Stetson University, and the University of Florida College of Dentistry where she graduated in 1994 with her Doctorate in Medical Dentistry. Dr. Ortiz practiced in Puerto Rico for two years, and then returned to DeLand, Florida in 1990 where she has been practicing full time for the past two years. She spends her leisure time exercising, doing Yoga, and reading. She is also working on her Ph.D. in natural science.

Dr. Sanchez and Dr. Ortiz are conscientious practitioners who stay current in their field. They are members of the American Dental Association, Holistic Dental Association, Florida Dental Association, and the Academy of General Dentistry. Office hours incorporate evening and weekend times to accommodate working people. The office is located at 2910 W. Lake Mary Blvd. Call 324-3320 for more information.

THE HAPPY ELVES CHILD CARE CENTER

The Happy Elves Child Care Center is owned and operated by Wendy and Dan Colvard.

"We are a small family owned child care center," said Wendy. "Each child gets a lot of individualized attention and love. Each child is treated like a member of the family that we are."

First opened in 1982, the center offers pre-school as well as after school care. All employees have been at the center for more than 2 years. Some have been teachers or caregivers for 5 to 9 years.

The center is located at 120 E. Crystal Lake Ave. in downtown Lake Mary. The hours of operation are 6 a.m. to 6 p.m. For more information call 326-5100.

HENDRIX ANTIQUES AND REFINISHING

Hendrix Antiques and Refinishing is a Christian business. Hendrix has been at the same location, 1000 West State Road 434, Oviedo, for the last 31 years. He has been married to Bernice (Murray) Hendrix for 38 years. The couple has raised 8 children.

Hendrix established his business in June 1967 and through the years have many repeat and satisfied customers. If you want that broken, scared or beat-up furniture or heirloom to have a new finish, call Hendrix Antiques and Refinishing, 365-4171 or 365-3740, day or night.

THE HERB SHOP

During the last decade we have seen a resurgence in this country in the use of natural remedies. More Americans are taking an interest and the responsibility for their own health which has led to the renewal of the practice of herbalism. Native Americans had a wealth of information about the medicinal use of plants, indeed the life of many a pilgrim and trapper was saved by this knowledge.

The use of herbs isn't relegated to the distant past as a quaint primitive way of preserving and saving health, but is actually the method of choice or necessity by 80 percent of the world's population. "Ayurvedic" medicine in India and Chinese herbalism go back thousands of years. Their ancient formulations, still in use today have been perfected and improved as they were handed down from generation to generation. It shouldn't come as a surprise that they work amazingly well.

Americans have historically been very independent and practical people, however, during the last century with science advancing so rapidly they turned the responsibility for their health care over to professionals. Indeed, with the advent of antibiotics and some of the miraculous surgical procedures now possible, we tended to not pay enough attention to taking care of our bodies. A new mind set began to emerge in the 90's. We are beginning to wake up to the fact that it is far better for us (and our

pocketbooks) to take the effort to prevent illness now rather than until it becomes necessary to intervene with harsh medicines or surgery accompanied with pain and suffering later.

This renewed interest in herbs and vitamins combined with prodding from his mom served as the inspiration behind David Keaton's decision to open The Herb Shop of Longwood almost 4 years ago. David recalls his mother's influence: "Long before vitamins and herbs became popular my mom would make us take a cocktail of supplements (along with a healthy breakfast) every morning. In the evening, she would feed us carrot and celery sticks as snacks. Dinner would include items such as Toku burgers with homemade whole wheat bread, and a side of more alfalfa tablets, topped off with carob brownies for dessert. Yuck! At the time we thought she was torturing us! But, as I look back on those times I remember that my brother and I were very healthy and rarely got sick. However, it wasn't until years later that I began to really take my "health food nut" mother's advice seriously. Of course, today a parade of scientific studies are proving that my mom wasn't such a nut after all!"

Combined with a healthy diet and regular exercise our clients are finding that vitamin and herbal supplementation lead to a feeling of well being and more energy. The caring group of knowledgeable people at The Herb Shop will help you in your search for ways you can optimize your health and deal with both chronic and acute ailments. David, Sol and Fran are friendly, practical and empathetic, and they are happy to locate information and will give you copies of whatever might be useful to you. It is so nice to find a store where you can actually talk to someone!

In addition to the complete line of the finest quality herbs, The Herb Shop offers vitamins and mineral supplements, homeopathics, teas, aromatherapy and a line of natural skin care. Currently they are featuring herbal blends that are designed to provide natural relief from seasonal allergies that many of us are experiencing. David says their line of weight loss products are bringing some really great results for a lot of people. There are literally hundreds of herbs useful for just about anything from arthritis to menopause or just the desire for more energy. Stop by The Herb Shop located at 979 W. State Road 434, Longwood or call (407) 339-3368 and let them help you find the herb for your concern.

J-N-S CYPRESS

Located on State Road 46, 9-1/2 miles west of Interstate-4, J-N-S is owned and operated by Joe and Ethel Davis.

Hard to mess because of the unique array of carved items that adorn the front lawn, J-N-S Cypress is a souvenir shop as well as a sawmill.

The store sells collectibles, as well as outdoor furniture, picnic tables, carvings, and cedar chest's of durable, weather-resistant cedar.

J-N-S Cypress opened four years ago. The souvenir shop is open Tuesday through Saturday from 9 a.m. to 6 p.m., Sunday 10 a.m. to 5 p.m. The saw mill is open Monday through Friday 7 a.m. to 5 p.m. and Saturday, 8 a.m. to 3 p.m.

KAMPF TITLE

Celebrating 35 years in Sanford, Kampf Title and Guaranty, serves all of Central Florida. The company opened its one and only office in 1963.



Russell Heinle, Kampf Title

Russell Heinle is president and has been with the company for 22 years. He oversees 20 employees. The office is located at 200 W. First St., in the SunTrust building. The hours of operation are Monday through Friday, 9 a.m. to 5 p.m. For more information call 322-9484.

KEN KERN'S TRANSMISSION

Family owned and operated, Ken Kern's Transmission first opened its doors in 1988.

Located at 500 Laurel Ave., Sanford, the company employs three mechanics trained in all of the elements of automatic and manual transmission repair. The hours of operation are 8 a.m. to 5:30 p.m. and 8 a.m. to noon on Saturday. For more information call 323-3040.

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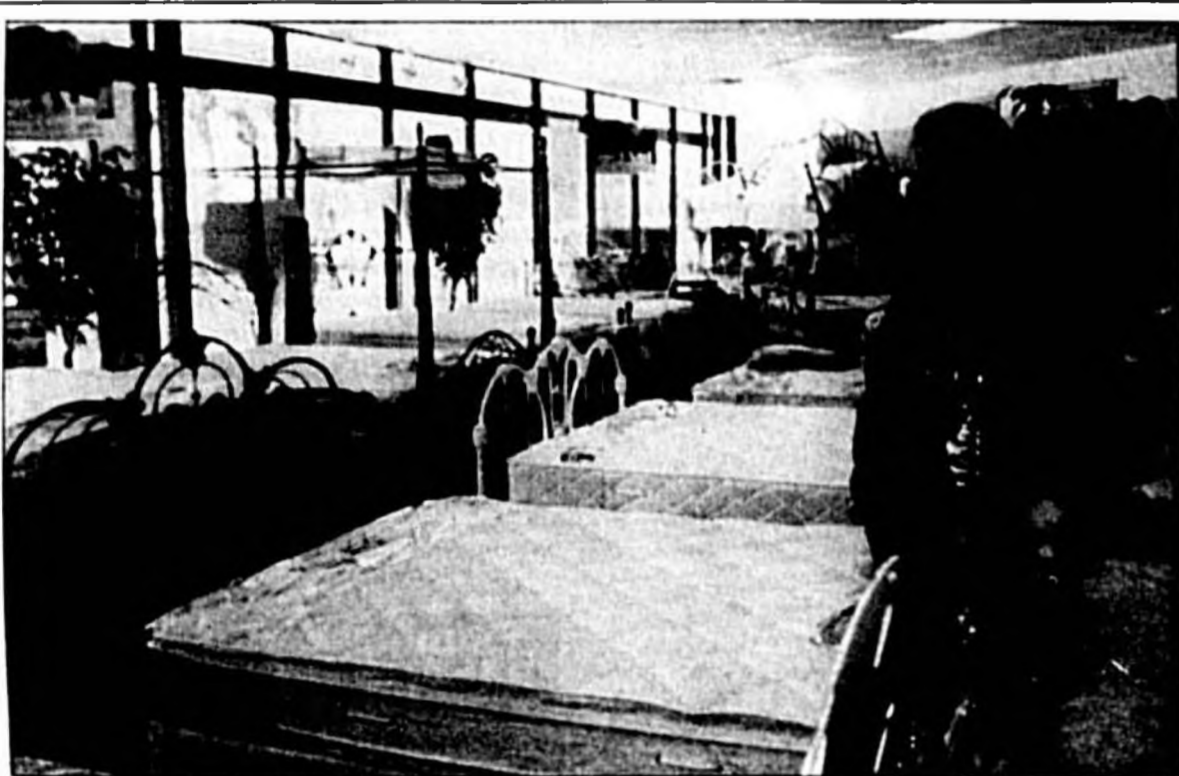
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MIRIAM AND VALERIE'S SCHOOL OF DANCE ARTS

Miriam and Valerie's School of Dance Arts in Sanford with branch studios in Lake Mary and Orange City, "danced" into the winners circle as they took top honors at a prestigious dance competition recently at Walt Disney World. Having prepared 45 dance pieces to be judged at the "Stars of Tomorrow" convention held at the Swan Hotel last month, the group known as the S.O.D.A. Pops (School of Dance Arts Performers on Parade) received 40 gold medals and 5 silver. Studios and dancers came from all over the country to compete and the School of Dance Arts was clearly in a leading position as they also took 6 grand champion awards as well. Residents of Seminole County and surrounding areas can look forward to enjoying the

prize winning numbers in ballet, tap, jazz, and musical theater as the local group performs for art festivals, charity affairs, churches and public school lecture demonstrations throughout the coming year. Certainly Sanford is proud to be the home of the S.O.D.A. Pops and equally as proud to know that the youth of our area are expanding their time and talents in such a successful way. Stressing the good news concerning your people is a major concern of proprietors Miriam and Valerie and the staff at S.O.D.A. so spread the word. This abundance of energy and talent is being put to great use and is being shared with the community as these young people make themselves available for civic, educational and entertainment events.



MATTRESS MARKET

Located at 206 Towne Center Blvd., near Seminole Towne Center mall, Mattress Market is quickly becoming Seminole County's fastest growing bedding retailer. Mattress Market carries mattresses, adjustable beds and iron and brass beds. Mattresses are available at custom sizes simply by asking

mattress market. Steve Milesiz (shown above) is the president of Mattress Market and Steve has more than 20 years experience in the industry. The store opened in 1996 and employs a staff of five. Hours of operation are Monday through Saturday, 10 a.m. to 8 p.m. and noon to 5 p.m. on Sunday. For more information call Steve at 320-8060.

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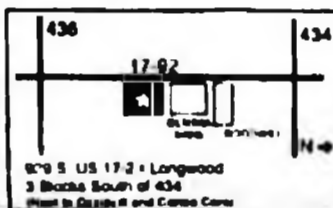
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LAKE MARY FAMILY PRACTICE

Lake Mary Family Practice located at 4108 W. Lake Mary Blvd., Suite 215 and 2500 W. Lake Mary Blvd., Suite 102 in Lake Mary is a part of Florida Physicians Medical-Group. The home office is 2699 Lee Rd., Suite 600 in Winter Park. Lake Mary Family Practice has 20 employees and 6 providers. Since 1989 they have primarily served men's and women's health care, care of childhood-illnesses, care of older adults, minor office surgery, care of minor injuries and fractures,

well child examinations, immunizations, school and sports physicals, gynecological examinations and on-site x-ray services. The providers are: Dr. Scott Van Lue, Dr. Catherine Frank, Dr. Fern Dumbacher, Dr. Janet Jablonski, Lisa Scher, ARNP, and Patty Lodig, PA-C. Hours of operation are 8 a.m. to 5 p.m., Monday through Friday. A new service now being offered at both Lake Mary Family Practice locations are pre-employment physicals for businesses in the Lake Mary area.

MARONDA HOMES

Since 1971, Maronda Homes has been building quality homes in Central Florida. We began in Daytona, just north of Orlando, and after a few years expanded southward. Currently, we are building in twenty plus communities covering metro Orlando - north, south, east and west - from Daytona to Pompano and East Orlando to Clermont. We build homes which range in price from the \$60's in Daytona and Pompano to the \$200's in our custom community of Tuskawilla Palms, and range in size from 1056 sq. ft. to 2794 plus sq. ft. Our award-winning floorplans of 3 and 4 bedroom homes are value-packed, featuring all block construction, vaulted ceilings, arches, top-quality standard features, brand-name products and in-house financing. We provide more home for less money - It's The Way We Do Business!

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It starts with our in-house architects and engineers. We create award-winning architectural designs to meet your lifestyle. Next we create savings with the tremendous buying power of our lumber and truss facility.

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As one of Florida's largest home builders, we buy direct from name brand manufacturers and suppliers and ship direct eliminating the "middle man." This provides quality components with lasting value at an incredible price.

After you move in, you may not remember how we did it, but you will be able to reflect on your decision with pride, knowing that your home was built to last! Thank you for choosing Maronda.

More Home For Less Money. It's The Way We Do Business.

MERRILL GARDENS

Merrill Gardens at Orange City is an assisted living community dedicated to providing a secure and stimulating environment for their residents. As a division of the R.D. Merrill Company, one of a small group of pioneer northwest timber families

Merrill Gardens is built on a strong foundation of family and community, long-term commitment, and entrepreneurial spirit.

Established in 1993, Merrill Gardens opened their newest facility at Orange City in November, 1997. Their team of on-site staff and corporate managers have years of experience in successful management of Assisted Living Communities. Each member of the team is committed to ensuring that Merrill Gardens is managed according to their vision of excellence in assisted living.

Mission and Goals

The mission of Merrill Gardens focuses on the residents, striving to provide the best assisted living by:

- Supporting the independence, individuality, privacy and decision-making ability of each resident.
- Meeting the changing needs of residents by providing the best available assisted living, social and health-related services.

• Providing outstanding facilities and a vibrant community living environment for the residents.

Services

As resident's needs change, Merrill Gardens staff is there to provide a range of personal care services. The community is staffed to provide residents with the security and freedom to choose among a variety of care options in a friendly and home-like environment.

To enhance the comfort, security and lifestyle of the residents, the month to month rental rate includes all of the following:

- 24-hour professional staff
- Emergency response system in each apartment

- Three gourmet meals served daily
- Wellness/Social activities
- Scheduled Transportation
- Complimentary on-site parking
- Month-to-month rental--no buy-in
- Weekly housekeeping & laundering of linens

In addition to these services Merrill Gardens at Orange City offers additional services as required:

- On-site maintenance services
- All utilities & cable (except phone)
- Private mailboxes
- Customized personal service plans
- Beauty salon/barber shop on-site
- Respite temporary services (upon request)
- Guest suite (upon request)

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