



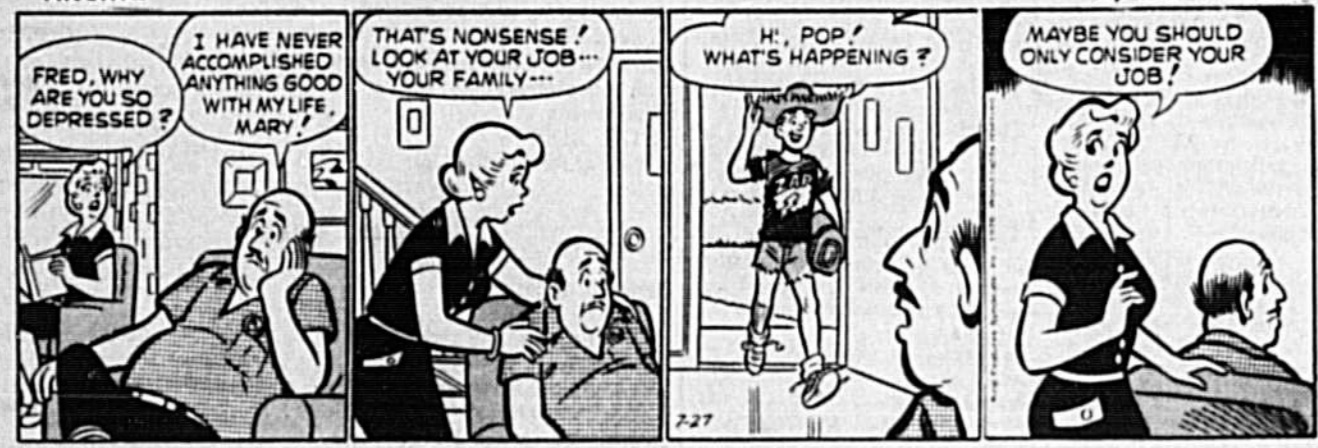
BLONDIE by Chic Young



THE BORN LOSER by Art Sanson



BEETLE BAILEY by Mort Walker



ARCHIE by Bob Montana



PRISCILLA'S POP by Al Vermeer



BUGS BUNNY by Stoffel & Heimdahl



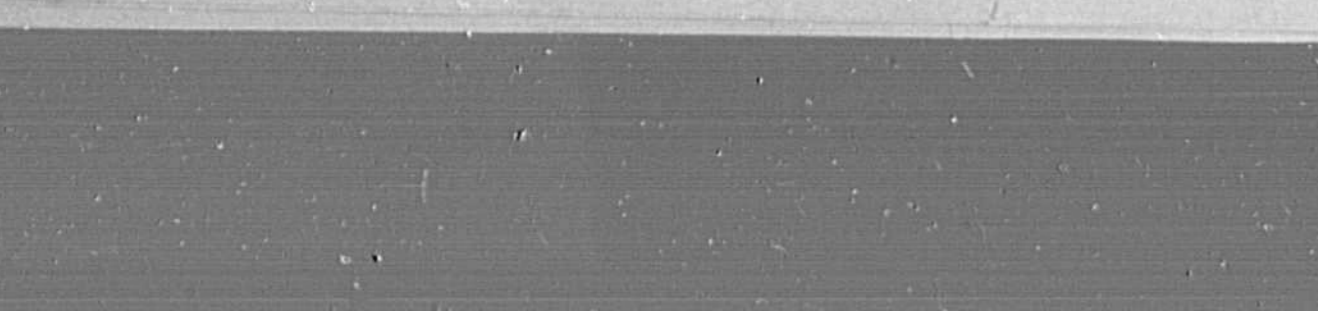
CAMPUS CLATTER with BIMO BURNS by Larry Lewis



FRANK AND ERNEST by Bob Thaves



J. PICKETT VETERINARIAN by J. Pickett



TUMBLEWEEDS by T. K. Ryan

Hodgepodge crossword puzzle grid with clues.

Answers to previous puzzle.

Answers to Hodgepodge crossword puzzle.

Answers to Hodgepodge crossword puzzle.

Answers to Hodgepodge crossword puzzle.

Answers to Hodgepodge crossword puzzle.

Answers to Hodgepodge crossword puzzle.

Answers to Hodgepodge crossword puzzle.

Answers to Hodgepodge crossword puzzle.

Answers to Hodgepodge crossword puzzle.

HOROSCOPE

By BERNICE BEDE OSI

For Wednesday, July 28, 1976

ARIES (March 21-April 19) Long shots are not likely to pay off today...

WIN AT BRIDGE

By OSWALD and JAMES JACOBY

three diamonds. Now South would cash his ace and queen of hearts and finesse for West's Jack...

Today's hand is typical of the hands shown in the auction bridge columns and books of 50 or 60 years ago...

WEST NORTH EAST SOUTH. NORTH: ♠ 7 5 3, ♥ 10 7 3, ♦ 6 4, ♣ K Q J 10.

WEST SOUTH EAST NORTH. WEST: ♠ K J 9 3, ♥ 8 6 4, ♦ 8 7 3, ♣ A 2.

WEST NORTH EAST SOUTH. WEST: ♠ J N T, ♥ Pass, ♦ Pass, ♣ Pass.

WEST NORTH EAST SOUTH. WEST: ♠ Pass, ♥ N T, ♦ Pass, ♣ Pass.

WEST NORTH EAST SOUTH. WEST: ♠ Pass, ♥ N T, ♦ Pass, ♣ Pass.

Evening Herald

68th Year, No. 292—Wednesday, July 28, 1976 Sanford, Florida 32771—Price 10 Cents

Federal Funds Sought For Local Projects



Meeting across the negotiating table yesterday were (clockwise from the left) Betty Palmer, Dr. Ronald Bobay, Ernie Cowley and Dick Barnett for the school board, secretary Phyllis Russell; and SEA members Lola Jallet, Bill Hess, Steve Rosenthal and Gene Grooms.

School Board, SEA Talks Produce Little Agreement

Bargaining teams for the Seminole Education Association (SEA) and the Seminole County School Board met for nearly 2 1/2 hours Tuesday...

17 CB Channels Get FCC Approval

WASHINGTON (AP) — The Federal Communications Commission announced the long-awaited expansion Tuesday...

Sheriff's Budget Gets Quick Okay

The sheriff's budget was finalized in record time this year when county commissioners Tuesday night accepted a \$18,484 counter offer from Sheriff John Polk...

Looking For Work? State Now Accepting Applications For Executioner

TALLAHASSEE (AP) — If you're interested in a job offering sporadic employment, uncertain pay and tough working conditions, the State of Florida may have an opening for you...

Young Robber Needed Abortion Money

A 19-year-old Avon Park man revealed for the first time when he was sentenced to prison at Sanford this week that he was desperate for money to finance an abortion...

School Budget On Agenda

It's a "hold-the-line" budget, according to Superintendent William P. Laver, who said that the 1976-77 figures "meet all the state requirements and while it won't allow us to slip backwards, it isn't sufficient enough to move too far forward."

PARK AND SHOP

OPEN 7 DAYS A WEEK

SOUTH'S SAVINGS CENTER

DISCOUNT PRICES 7 DAYS A WEEK

PRICES GOOD THURS. JULY 29 THRU WED. AUG. 4

WE ARE PLEASED TO ACCEPT U.S.D.A. FOOD STAMP COUPONS

X-TRA SPECIAL

DETERGENT GAIN
49 OZ.

99¢

WITH COUPON ON NEXT PAGE

- FAME HAMBURGER OR Hot Dog Buns 8 CT. **3/\$1.00**
- EXTRA LARGE Wesson Oil 38 OZ. **\$1.25**
- FRISKIE Cat Food 6 1/2 OZ. **5/\$1.00**
- Pampers Toddler 12 CT. **\$1.49**

BONUS BUY!

HUNT'S CATSUP
14 OZ.

3/\$1.00

WITH COUPON ON NEXT PAGE

- FAME Sweet Relish 22 OZ. **69¢**
- SWEETHEART Dish Liquid 22 OZ. **39¢**
- GRAVY TRAIN Dog Food 5 LBS. **\$1.19**
- BIG CHIEF Long Grain Rice 36 OZ. **55¢**
- FAME Tomato Sauce 8 OZ. **6/\$1.00**

BONUS BUY!

BORDEN'S GRADE "A" EXTRA RICH MILK
PLASTIC GALLON

\$1.38

THE MEAT PEOPLE

BONUS BUY!

VIVA SINGLE ROLL

TOWELS 39¢

WITH COUPON ON NEXT PAGE

BONUS BUY!

GRILL TIME

CHARCOAL 20 LBS. \$1.49

WITH COUPON ON NEXT PAGE

SHORTENING CRISCO 3 LBS. 99¢

WITH COUPON ON NEXT PAGE

GEORGIA RED TOMATOES
TABLE KING PEAS
TABLE KING SLICED OR WHOLE POTATOES
TABLE TREAT W.K. OR CREAM STYLE CORN

4 303 CANS \$1.00

FROZEN FOODS

TABLE KING FRENCH FRIES
9 OZ.

5/89¢

WITH COUPON ON NEXT PAGE

- BORDEN'S LITELINE Ice Milk HALF GALLON **59¢**
- HOWARD JOHNSON BLUEBERRY OR Corn Toasties 7 1/2 OZ. **49¢**
- SALUTO SASSY Spicy Pizza 18 OZ. **\$1.99**
- SARA LEE Coffee Rings **89¢**

BONUS BUY!

MOTT'S APPLE SAUCE
30 OZ.

49¢

GATORADE 32 OZ. 3/\$1.00

TETLEY 100 CT.

TEA BAGS 99¢

WITH COUPON NEXT PAGE

- TABLE TREAT Grated Tuna 6 OZ. **39¢**
- FAME Salad Dressing QT. **69¢**
- FAME WHITE Paper Plates 200 CT. **75¢**
- FAME ELBOW Macaroni 16 OZ. **39¢**
- FAME UNSWEETENED Grapefruit Juice 46 OZ. **39¢**
- SHOWBOAT Pork and Beans 46 OZ. **77¢**

DAIRY FOODS

FAME ALL VEGETABLE MARGARINE
QUARTERS

19¢ LB.

WITH COUPON ON NEXT PAGE

- MERICO TEXAS STYLE Biscuits 12 OZ. **5/\$1.00**
- KRAFT DELUXE AMERICAN Cheese 8 OZ. **79¢**
- BORDEN'S Yogurt ASSORTED FLAVORS **5/\$1.00**
- BORDEN'S 16 OZ. Cottage Cheese **69¢**

- TETLEY INSTANT TEA 3 OZ. **\$1.19**
- KRAFT — 18 OZ. SIZE BARBECUE SAUCE **59¢**

PILLSBURY

FLOUR 5 POUND BAG 68¢

WITH COUPON NEXT PAGE

USDA CHOICE BEEF SALE

USDA CHOICE HEAVY WESTERN LAZY-AGED

SIRLOIN STEAK \$1.47 LB.

USDA CHOICE

USDA CHOICE HEAVY WESTERN LAZY-AGED

ROUND STEAK \$1.47 LB. FULL CUT

USDA CHOICE

COPELAND'S OLD FASHIONED HICKORY SMOKED

PICNICS 59¢ LB.

WHOLE PICNICS SLICED LB. 69¢

- USDA CHOICE HEAVY WESTERN LAZY-AGED Beef Chuck Steak LB. **87¢**
- USDA CHOICE HEAVY WESTERN LAZY-AGED Boneless Patio Steak LB. **\$1.67**
- USDA CHOICE HEAVY WESTERN LAZY-AGED Beef Cube Steak LB. **\$1.77**
- USDA CHOICE HEAVY WESTERN LAZY-AGED Boneless Oven Roast LB. **\$1.17**
- HEAVY WESTERN BEEF Boneless Stew 3 LBS. OR MORE LB. **\$1.17**

VALUES GALORE

FRESH 100% PURE

GROUND BEEF 67¢ LB.

5 LBS. OR MORE

USDA CHOICE HEAVY WESTERN LAZY AGED BEEF

CHUCK ROAST 67¢ LB. BLADE CUT

FLA. PREMIUM FAMILY PACK

FRYERS 20 PIECES OF CHICKEN 5 LBS. OR MORE \$2.97

- PORK SALE**
- PORK Loin Roast-Rib 3-4 LB. AVG. LB. **97¢**
 - GEORGIA Spare Ribs LB. **97¢**
 - FRESH HOMEMADE PORK OR BEEF Sausage LB. **97¢**

USDA CHOICE HEAVY WESTERN LAZY-AGED BONELESS BEEF

DELMONICO STEAK \$1.97 LB.

USDA CHOICE

- LYKES Budget Sliced Bacon LB. **87¢**
- SUNNYLAND Goodtime Franks 12 OZ. **67¢**
- COPELAND Bar-C Bologna LB. **87¢**
- LYKES Sugar Creek Wieners 12 OZ. **79¢**
- COPELAND SKINLESS Smoked Sausage 21 OZ. **\$1.79**

FLA. OR GA. GOOD FRESH

FRYERS 43¢ LB.

- USDA CHOICE FRESH LAMB SALE**
- USDA CHOICE FRESH Leg o' Lamb LB. **\$1.97**
 - USDA CHOICE FRESH LAMB LOIN OR Rib Chops LB. **\$1.97**
 - USDA CHOICE FRESH LAMB Shoulder Chops LB. **\$1.27**
 - USDA CHOICE FRESH LAMB Shoulder Roast LB. **\$1.17**
 - USDA CHOICE FRESH LAMB Patties LB. **97¢**

- FANCY Bartlett Pears LB. **35¢**
- SANTA ROSA Plums 3 LBS. **\$1**

PARK AND SHOP

OPEN 7 DAYS A WEEK

SANFORD

STORE HOURS

- * 329 SANFORD AVE. STORE
- Mon. - Tues. - Wed. 8:00 A.M. - 7:00 P.M.
- Thurs. - Fr. - Sat. 8:00 A.M. - 9:00 P.M.
- Sunday 8:00 A.M. - 1:00 P.M.
- * 25TH & PARK AVE. STORE
- SEVEN DAYS A WEEK 8:00 A.M. - 9:00 P.M.

BABY BEEF IS HIGHER IN PROTEIN LOWER IN CHOLESTEROL AND CALORIES

BABY BEEF CLUB STEAK OR SIRLOIN ROUND 97¢ LB.

- Baby Beef Chuck Steak LB. **67¢**
- HEAVY WESTERN BEEF FLANKEN Spare Ribs FINE FOR BAR-B-QUE LB. **97¢**
- HEAVY WESTERN Beef Short Ribs LB. **67¢**
- 100 PCT. PURE FRESH Ground Chuck 3 LBS. OR MORE LB. **\$1.07**
- BABY BEEF — 140 LB. AVG. CUT AND WRAPPED FOR YOUR FREEZER FREE Whole Side LB. **67¢**

FAMILY PACK PORK CHOPS 87¢ LB.

- USDA CHOICE HEAVY WESTERN AVG. 150 LBS. CUT AND WRAPPED FOR YOUR FREEZER FREE Hind Quarter **87¢ LB.**
- USDA CHOICE HEAVY WESTERN AVG. 150 LBS. CUT AND WRAPPED FOR YOUR FREEZER FREE Front Quarter **73¢ LB.**
- MEATY TURKEY WINGS, TAILS OR Drumsticks LB. **47¢**
- LEAN MEATY Neck Bones or Pig Feet LB. **37¢**

U.S. NO. 1 WHITE POTATOES 99¢ 10 LBS.

- YELLOW Cooking Onions 3 LBS. **3.59¢**
- CRISP ICEBURG Head Lettuce HEAD **39¢**

PARK AND SHOP

THE MEAT PEOPLE

STORE HOURS
at SANFORD AVE.
Mon., Tues., Wed. 8 a.m. to 7 p.m.
Thurs., Fri. and Sat. 8 a.m. to 9 p.m.
Sunday 8 a.m. to 1 p.m.

PARK AVE. and 23th ST.
8 a.m. to 9 p.m. 7 Days a Week

CLIP THESE COUPONS

SAVE OVER \$ 12

THESE COUPONS GOOD ONLY AT PARK AND SHOP - JULY 29 THRU AUG. 4, 1976. LIMIT 1 OF EACH COUPON PER FAMILY

22¢ OFF ON 1 ROLL 44¢ OFF ON 2 ROLLS	VIVA TOWELS LIMIT 3 WITH THIS COUPON AND 7.50 ORDER EXCL. CIGS. Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	36¢ OFF	20 LB. BAG GRILL TIME LIMIT 1 WITH THIS COUPON AND 7.50 ORDER EXCL. CIGS. Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	38¢ OFF	49 OZ. DETERGENT GAIN LIMIT 1 WITH THIS COUPON AND 7.50 ORDER EXCL. CIGS. Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	50¢ OFF	3 LB. ALL VEGETABLE SHORTENING CRISCO LIMIT 1 WITH THIS COUPON AND 7.50 ORDER EXCL. CIGS. Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.
41¢ OFF ON 3 BOTTLES	14 OZ. HUNT'S CATSUP WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	10¢ OFF	9 OZ. PKG. TABLE KING FRENCH FRIES ON 3 PKGS. WITH COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	14¢ OFF ON 1 28¢ OFF ON 2	1-LB. PK. FAME ALL VEGETABLE MARGARINE ON 2 PKGS. WITH THIS COUPON AND 7.50 ORDER EXCL. CIGS. Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	21¢ OFF	5 LB. BAG PILLSBURY PLAIN OR SELF-RISING FLOUR WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.
50¢ OFF	100 CT. TETLEY TEA BAGS WITH THIS COUPON AND 7.50 ORDER EXCL. CIGS. Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	20¢ OFF ONE DOZ. 40¢ OFF 2 DOZ.	GRADE A JUMBO EGGS LIMIT 2 DOZ. WITH THIS COUPON AND 7.50 ORDER EXCL. CIGS. Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	30¢ OFF	ANY HALF GALLON ICE CREAM LIMIT 1 WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	75¢ OFF	ANY 3-LB. OR MORE CANNED HAM WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.
20¢ OFF	ANY 1-LB. PKG. WIENERS WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	50¢ OFF	10 OZ. FOLGER'S INST. COFFEE CRYSTALS LIMIT 1 WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	25¢ OFF	QUART FILBERT'S MAYONNAISE WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	25¢ OFF	ANY 2 PKGS. BETTY CROCKER LAYER CAKE MIXES WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.
25¢ OFF	ANY 2 PKGS. BETTY CROCKER FROSTING MIXES WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	50¢ OFF	13½ OZ. SHELL HOUSE AND GARDEN INSECT KILLER WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	20¢ OFF	4 OZ. LECROY BLACK PEPPER WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	60¢ OFF	25 LBS. JIM DANDY CHUNKY WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.
20¢ OFF	ANY 4 PKGS. MARTHA WHITE MACARONI & CHEESE DINNER WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	20¢ OFF	12 CT. KOTEX MAXI-PADS WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	20¢ OFF	GLAD 3 ML-8 CT. HEAVY DUTY TRASH BAGS WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	25¢ OFF	SUGAR CREEK 2 LB. GRILL FRANKS WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.
50¢ OFF	WYLER'S PINK LEMONADE, CHERRY OR GRAPE DRINK 45 OZ. WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	25¢ OFF	KIMBIES DISPOSABLE DIAPERS WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	40¢ OFF	ANY 4 9-OZ. PKGS. FROZEN PEAS, CORN OR GREEN BEANS WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	20¢ OFF	2 LBS. CHEF'S DELIGHT CHEESE SPREAD WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.
35¢ OFF	14 OZ. LISTERINE MOUTHWASH WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	50¢ OFF	ANY 4 PACK LIGHT BULBS WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	30¢ OFF	2 LB. BANQUET BUFFET DINNERS WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	20¢ OFF	16 OZ. SINGLES KRAFT STACK PACK AMERICAN CHEESE WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.
20¢ OFF	ANY 4 - 12 OZ. PKG. MISCO TEXAS STYLE BISCUITS WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	30¢ OFF	ANY 4 - 8 OZ. CUPS BORDEN'S YOGURT WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	25¢ OFF	LAMBRECHT PIZZA WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.	50¢ OFF	36 OZ. LIPTON INSTANT TEA WITH LEMON AND SUGAR WITH THIS COUPON Good only at Park and Shop Stores, Thurs., July 29th thru Aug. 4, Limit 1 Coupon per family.

BLONDIE

Chic Young

THE BORN LOSER

by Art Sanson

BEETLE BAILEY

Mort Walker

ARCHIE

by Bob Montana

PRISCILLA'S POP

by Al Vermeer

BUGS BUNNY

by Steffel & Heimdahl

CAMPUS CLATTER with BIMO BURNS

by Larry Lewis

FRANK AND ERNEST

by Bob Thores

TUMBLEWEEDS

by T. K. Ryan

Horoscope

By HERNICE BEEF OSOL

For Thursday, July 29, 1976

ARIES (March 21-April 19) it's all over. Don't let your attention wander today if you're attempting a hazardous task. Better to put it off for a day than to take risks.

TAURUS (April 20-May 20) Without realizing it, you could be arrogant today. If you come on too strong, you'll probably rub people the wrong way.

GEMINI (May 21-June 20) Conditions at home will be a little more incendiary than usual today. If you watch what you say and do, you won't be the one to kindle the flame.

CANCER (June 21-July 22) If you do business today with those whose ethics are less honorable than your own, you'll lose out. They won't hesitate to cheat.

LEO (July 23-Aug. 22) You have some pretty extravagant tastes today. Better stay away from shops with the big price tags.

VIRGO (Aug. 23-Sept. 22) In situations where you should be assertive today, you may tend to hold back. If boldness is called for, move in on things.

LIBRA (Sept. 23-Oct. 22) Don't make snide comments about a friend you're perturbed at. The problem will soon pass, but if he heard what you said, it's all over.

SCORPIO (Oct. 23-Nov. 21) Your image is rather fragile today. Chances are you'll be blamed for something you didn't do. Don't use that as an excuse to kick off the traces.

CAPRICORN (Dec. 22-Jan. 19) Although you may harbor many negative thoughts today, don't give in to them or you'll not even try to accomplish anything.

AQUARIUS (Jan. 20-Feb. 18) Partnership situations could be a very delicate area for you, even if you're dealing with allies of long standing. Tread cautiously.

PISCES (Feb. 19-March 20) Don't sidestep the tough decisions today. Face up to and handle them before they grow out of proportion.

YOUR BIRTHDAY
July 29, 1976

Be enterprising this coming year, but also have continuity of purpose. The rewards will be there but the path to them may be longer than you'd like.

WIN AT BRIDGE

By OSWALD and JAMES JACOBY

Dr. Lamb

DEAR DR. LAMB—My friends and I have been wondering whether or not these best developers that are advertised in magazines are medically safe. Do they actually work? I have never read any articles on the good and bad effects of these gimmicks. We all read your column every day and would really follow your advice on this matter. I, like the others, am desperate to have a fuller figure, but we are not so desperate to ruin ourselves for life. I'm sure there are many other women who read your column who have the same questions in mind. Also, are there any other ways such as exercises, that would help a woman to safely increase her bust size? Some women are unhappy because they think they are too small, others think they are too large, and still others complain because they are unequal. I realize that a woman is sensitive about her figure but I think it is overdue.

These devices you see advertised are mostly to get your money. Many of the advertisers have been up before the Food and Administration (FDA) for their marketing practices. You must increase the size of the breast by rubbing on creams, or using a massage device or watercup. All of these types of claims are without basis and the marketer is trying to use women like you and your friends who have a natural desire to look your best.

You can increase the size of your bust by implants, but that is rarely indicated. Injections are dangerous and usually illegal. You can increase your breast size by gaining weight, but the weight gain often detracts from the overall attractive figure that a woman wants.

You can improve your figure by improving your posture. That means standing up straight and keeping your shoulders back. A round-shoulder posture will minimize what you have. You can make the breasts appear more prominent by developing chest muscles. The breast sits on the pectoral muscles over the front of the chest. That's why these exercises in the women's magazines of pressing your hands together, or even lifting small weights that require you to move the arms forward toward the midline under stress help. To do these exercises you can lie on your back, hold a book or weight in the hand of your outstretched arm. Now lift the weight up and toward the midline. Let your hand go back to the bed and lift again. Use different positions with the arm at the side, or over the head to work all the muscles over the front of the chest.

I'm sending you The Health Letter Number 1-10, Exercise, Posture, Strength. Others who want this information can send a long, stamped, self-addressed envelope with 50 cents for it. Send your letter to me in care of this newspaper, P.O. Box 1851, Radio City Station, New York, NY 10019.

I can improve your figure by developing chest muscles. The breast sits on the pectoral muscles over the front of the chest. That's why these exercises in the women's magazines of pressing your hands together, or even lifting small weights that require you to move the arms forward toward the midline under stress help. To do these exercises you can lie on your back, hold a book or weight in the hand of your outstretched arm. Now lift the weight up and toward the midline. Let your hand go back to the bed and lift again. Use different positions with the arm at the side, or over the head to work all the muscles over the front of the chest.

ASK THE JACOBY'S

A Montana reader wants to know what the odds are on a hand of hearts and spades. The dealer had opened one spade; North, her partner, bid two clubs; and East had passed. This is an easy one. She should pass. She isn't happy partner with the queen of clubs so a club lead was indicated and West led his fifth best—two of aces. He didn't think it would do any harm to fool his partner. It might help a lot to fool declarer.

South ducked the first club, but had to bid the second. Then he ran off dummy's five diamonds. West had to make four discards and they gave him an apparent problem. He checked the eight and four of spades, then the deuce of hearts and finally the deuce of clubs.

(Do you have a question for the experts? Write "Ask the Jacoby's" care of this newspaper. The Jacoby's will answer individual questions if stamped, self-addressed envelopes are enclosed. The most interesting questions will be used in this column and will receive copies of JACOBY MODERN.)

GOOD NEWS! THE RESEARCH DEPARTMENT HAS FOUND AN EVEN LOWER COMMON DENOMINATOR!

AMERICAN CANCER SOCIETY

DOONESBURY

by Garry Trudeau

Bobick: Teofilo Lethargic

MONTREAL (AP)—He looks bored, lazy and sloppy. An assembly line worker 10 minutes before quitting time, a car wash guy sloshing his 12 millionth tender.

He's Teofilo Stevenson, the big Cuban heavyweight who is defending his gold medal here with eyes drooping into terminal ennui. He seems to want to be someone else. The odor of a fighter-who-can-be-had is everywhere around him.

"Boxing is something he'd like to get over with," says somebody who knew Teofilo when.

The comment comes from Duane Bobick, the great American gold medal hope in Munich, who ran into a live Stevenson and his then-deadly left jab the same day Black September massacred 11 Israeli team members.

"I would annihilate him now," says Bobick, now undefeated in 38 pro fights. "He hasn't advanced. His head isn't in it. My head was so messed up that day in Munich and I never got started. I think the Cubans force him into a lot of things he doesn't want to do, thinking he's invincible. When I spoke to him last he was really into the youth movement down there, the government thing."

Bobick, who fights out of Philadelphia, watched Stevenson on television Monday against Mamadou Dragne, a Senegalese whose shoes were too big and his jaw too immobile. Stevenson got a second-round knockout but the impression he gave was of total lethargy, the day laborer from the worker's paradise who can't stand his job.

Stevenson fights Pekka Ruokola from Finland Wednesday, and the few minutes against Dragne — "a guy who couldn't do anybody any damage" — showed Bobick how reachable Stevenson is.

"His job looks even slower than before. It looks like his attitude is shot and you see vulnerability all over him. Needless to say I was impressed."

Bobick said he thought Big John Tate, the American heavy, could do the job on Stevenson, or for that matter some heavyweight he didn't know. "If they keep Tate moving away from him, he can do it. It's a slim chance, okay, but it's a real one."

Stevenson talked to reporters in his slightly arrogant style after beating Dragne. He said he never heard of Tate; no, he wasn't bored; that he's fighting for the Cuban people and Fidel; that, sure, he's improved, and that no fights are easy.

He made faces at his manager that read like, "Get me out of here," and was just about to go when a reporter asked about his record. "It's 134 and two, with 56 KOs," he said.

Back-to-school closeout values for girls and boys.



Shirts for big and little boys.

Numeral jersey.

100 pct. cotton
Sizes 2-7
Orig. 2.50

Now 1.99

Girls' wrinkle cloth jeans.

- Solid colors.
- School-age sizes, reg. & slim.

Orig. \$7

Now 3.99

Girls' earth-cloth pant.

- School-age sizes.

Orig. \$9

Now 3.99

Girls' pre-wash denim jean.

- School-age sizes.

Orig. \$10

Now 3 for \$10

Girls' and toddler size handbags.

Assorted vinyl bags with shoulder strap styling.

Infant's size 99¢
Girls' size 1.99



Girls' gauze tops.

- Western style.
- School-age sizes.

Orig. \$8

Now 1.99

Photo-print knit shirt.

Sizes 2-7
Assorted colors.

Orig. \$3

Now 1.99

School age gauze shirt.

Western styling.
Long sleeve.

Orig. 6.50

Now 3.99

School-age jean shirt.

Western style.
Short sleeve.

Orig. 5.50

Now 3 for \$10

JCPenney

SANFORD PLAZA
Open 10 a.m. to 9 p.m. Monday thru Saturday
Open Sunday 1:00 to 5:00 p.m.
Catalog Center Ph. 332-1529 Store Ph. 332-1518

WINTER PARK MALL
Open 10 a.m. to 9 p.m. Monday thru Saturday
Open Sunday 1:00 to 5:00 p.m.
Catalog Center Ph. 444-8844 Store Ph. 441-2323

ORLANDO DOWNTOWN
Open 9:30 a.m. to 9 p.m. Tues., Wed., Thurs. and Sat.
Open 9:30 a.m. to 8:30 p.m. Monday and Friday
Store Ph. 841-4119



Lib Mitchell dishes up Apricot Delight. (Herald Photo by Elda Nichols)

Sanford New Home For Couple

Miss Thomas Weds J.W. Norman

Marilyn Jill Thomas and James William Norman III were married July 17 in the Community Evangelical Free Church of Gainesville. Officiating at the candlelight ceremony were Rev. George Hunsberger and Rev. Mike Braun.

The bride, daughter of Mr. and Mrs. Roy E. Thomas of Winter Haven, was a white sateen-faced organza gown with cluny lace accenting the high neckline, bishop sleeves and cathedral-length train. Her elbow-length veil was accented with Venice lace and pearls.

Her attendants were Jan Thomas Pifer, Lucy Norman, sister of the groom, Elly Wren and Anne Haines.

The bridegroom, son of Mr. and Mrs. James William Norman of University Park, Md., and grandson of Mrs. A. Kent Rosseter, was attended by Bob Porter, Martin Norman, brother of the bridegroom, Roy Love and Brad Herrman.

The bride is a graduate of Winter Haven High School and the University of Florida.

The bridegroom was graduated from Northwestern High School, Hyattsville, Md., and the University of Florida.

After a wedding trip to Asheville, N.C., the couple will reside in Sanford at 310 Magnolia Avenue.

Homeowners Hints

Keeping your garden tools in good shape helps insure them a long useful life. And the longer you can use a tool, the more money you save. Here are some care tips that will keep tools in proper shape and efficient.

1. To sharpen your hoe, or edger, file along the face only, making strokes at a 30-degree angle. File only on the downstroke, never on the upstroke.
2. To give your shovel a sharp edge, so that it will go into the ground easier, file around the rim of the spade face. File the spade on the downstroke at a fairly deep angle.
3. It's best to clean digging tools after every use. But if dirt has hardened, make sure to remove it before rust sets in. Rub the blade thoroughly with coarse-grade steel wool or sandpaper. When blade is clean, apply lubricating oil.
4. To do these and many other tool upkeep jobs, you'll need high quality files. A professional-quality file for every common purpose can be found at hardware centers in the Handyman's Home File Pak made by Nicholson. It includes the 4-in-hand, four tools in one.
5. To smooth tool handles, use light sandpaper. Sand until all nicks and splinters are gone, then rub the wood of the handle with linseed oil.
6. To sharpen a scuffle hoe, put the blade on a block of wood and file flat across the inside. Follow these tips and you'll be taking out an insurance policy on the life of your garden tools, and making gardening easier.

PERMANENT WAVE SPECIAL

Good July 26
Thru Aug. 7

- Uniper Acid Wave
- All Top Brand Name Cold Waves

Reg. from \$17.50 up to \$25.00

OPEN TIL 9 P.M. EVERY THURSDAY

Betty Anne's
FAMILY HAIR CARE
314 Commercial Ph. 322-4113
Lakeview Plaza Downtown Sanford

COUPLE MARKS GOLDEN ANNIVERSARY

Mr. and Mrs. Marvin Bland celebrated their golden anniversary July 11 with a reception at their home, 1819 W. Second St. Hostesses at the afternoon fete were their two daughters, Frances Bland and Wilma Coombs. The couple was married July 14, 1928 in Winter Garden. They have lived in Sanford since 1922. Bland is a retired railroad man.

My cousin had a bad fire in his house, and the firemen went to three addresses before they got to his. In his town, which already has a Lake Street, Lake Court, Lake Avenue and Lake

Cook Of The Week She Enjoys Merits Of Fancy Food

By ELDA NICHOLS
Herald Correspondent

Lib Mitchell, Longwood, enjoys cooking fancy dishes. "I love to see the finished product," she smiled.

Lib comes from a large family, who all get a kick out of cooking. "Most of my recipes are family favorites that we all exchange," she said.

When asked what she preferred to cook, Lib said, "I make it all. You name it, I've got it. I have recipes for everything."

With most of Lib's relatives living in North Carolina, there is plenty of visiting back and forth. The extra cooking doesn't bother her at all. "I like cooking for guests," she said.

Lib's husband, was a cook in the Navy. When he left the service, he told Lib, "The kitchen is all yours!" Laughing, she said, "He stuck to it, too!"

The Mitchells have had a nice vegetable garden this summer. "I help set the plants out," said Lib. "My pleasure comes in watching things grow. We don't have the garden so much as a money saver, but just to enjoy the growing and maturing of the vegetables."

Lib's cooking ability is being passed on to her pretty teenage daughter, Annette. "She is learning and really enjoys it," said Lib. Besides her green thumb ability with vegetables, Lib also grows beautiful roses.

She enjoys reading and also demonstrates and sells cosmetics.

But, according to Lib, "My talent is in the kitchen," and several of her delicious recipes follow:

- ### TOPPING
- 1/2 cup pineapple juice, 1 egg beaten, 2 tbsp. flour, 1/4 cup sugar. Mix together and cool over low heat until thick. Beat 1 oz. cream cheese and add to flour mixture. Let cool.
- ### PREPARE 1 PKG. DREAM WHIP
- according to directions. Fold into cooled flour mixture. Spread over chilled gelatin. Sprinkle with coconut and decorate with cherries. Chill 4 hrs. before serving. May be served or dessert. Note — AAF is the only grocery store that has apricot gelatin, Ann Page Brand.
- ### STRAWBERRY CREAM PIE
- 1 cup sugar
 - 1/2 cup flour
 - 2 egg yolks
 - 2 cups milk
 - 1 qt. fresh strawberries
- Cook sugar, flour and milk until it begins to thicken. Add beaten egg yolks. Cook until thick. Cool and pour over berries in a cooked and cooled pie shell. Top with dream whip and chill.
- ### CRANBERRY SALAD
- 1/2 cup fresh Cranberries
 - 1 cup sugar

WOMEN

Evening Herald, Sanford, FL. Wednesday, July 28, 1978-18

Girls Should Be Fair With Boys

By ABIGAIL VAN BUREN

DEAR ABBY: I am the mother of two very pretty and popular daughters. One is 16 and the other is 17.

The older girl is stringing three boys along at once. She wears a friendship ring from one, an I.D. bracelet from another and an Indian necklace from a third. None of these boys knows about the others, and when one calls her and she is out with another, I have to lie to keep from hurting the caller's feelings.

The younger one is going with two boys. Each thinks he is the only one. One is so jealous he has threatened to do bodily harm to any other boy who comes near "his" girl. She is getting tired of them both, but doesn't want to hurt either one, so I have to lie to them when they call.

I have always taught the girls to be kind and avoid hurting feelings, so I suppose it's my fault that they're involved with so many boys.

How does a mother get involved? If I were to tell these boys the truth, they'd be terribly hurt.

MOM IN THE MIDDLE

DEAR MOM: It's commendable to teach your daughters to be kind, but you should also teach them to be honest. Stringing boys along is dishonest. You're setting a bad example. Start telling it like it is, Mom, and encourage your daughters to do the same.

DEAR ABBY: WANTS EQUALITY maintains, "It's still a man's world," and she lists some reasons why, but she forgot to mention one.

If a man is outside on the sidewalk (just walking by) and happens to see a woman undressing through a window, he's a peeping Tom.

DEAR J.E.E.: Not exactly: If a person happens to come upon a view of someone undressing, and he or she hangs around to enjoy it, that person is a voyeur.

DEAR ABBY: With your wisdom, perhaps you can appeal to towns and cities to rechristen the names of some of their streets.

My cousin had a bad fire in his house, and the firemen went to three addresses before they got to his. In his town, which already has a Lake Street, Lake Court, Lake Avenue and Lake

- 1/2 cup celery (chopped)
 - 1/2 cup pecans
 - 1 Small can crushed pineapple
 - 1 pkg. jello gelatin (red)
 - 1 cup boiling water
- Grind cranberries, add sugar, and let stand several hours. Melt jello in boiling water, add other ingredients and chill.
- ### CHICKEN AND DRESSING CASEROLE
- 1 fryer—cooked and cut up
 - 1 can cream of chicken soup
 - 1 cup diced celery
 - 1 small onion salt & pepper (same onion in 1 tsp. margarine)
 - 1 bag (small) Pepperidge Farm stuffing mix
 - 3/4 cup chicken broth
- Put half of chicken in casserole. Add celery, onion, and half of crumbs. Mix 2 cups broth with soup and pour over first layer. Put in remaining chicken and crumbs. Pour 1 1/2 cups broth over all and bake 30 minutes at 350 degrees.
- ### ITALIAN CREAM CAKE
- 1 stick margarine
 - 1/2 cup shortening
 - 2 cups sugar
 - 5 egg yolks
 - 3 cups cake flour (all purpose flour can be used)
 - 1 small can angel flake coconut
 - 5 egg whites, beaten
 - 1 tsp. baking soda
 - 1 cup butter/milk
 - 1 tsp. vanilla
 - 1 cup chopped nuts
- Cream shortening and margarine with sugar until fluffy. Add egg yolks one at a time, beat well. Sift flour and soda together. Add alternately with milk, beating until smooth. Add vanilla, coconut, nuts and fold into egg whites. Bake at 375 degrees, 25 to 30 min. Pour into 3 or 4 greased and floured round layer cake pans.
- ### POUND CAKE
- 3 cups sugar
 - 2 sticks wipped margarine
 - 1/2 cup Crisco shortening
 - 5 eggs
- Stir in gradually, 1 cup milk. Cook over low heat until mixture thickens. Slowly stir half of mixture into 3 egg yolks slightly beaten and cook 1 minute. Stir constantly. Blend in 1 tbsp. butter and 1 tsp. vanilla. Add 1/2 cup coconut. Cool and pour into cooled pie shell. Top with meringue.

SANDALS

FOR THE ENTIRE FAMILY

Ladies and Children 2/\$5

Men \$4.99

Step Into Our Casual World of Shoes!

Pay Less

Family SHOES

3434 S. FRENCH AVE., DOWNTOWN SANFORD
Tel. 332-1529

SAM'S PORTIONS

MEATS

118 PALMETTO AVE., DOWNTOWN SANFORD

Fill Your Freezer

WITH THESE RED HOT VALUES!

Pepper Steaks 20, 4 Oz. Ea.
T-Bone Steaks 10, 8 Oz. Ea.
Gr. Beef Patties 26, 3 Oz. Ea.
Breaded Veal 20, 4 Oz. Ea.

PLUS Free Fryer \$23.50

40 2-OZ. SERVINGS PORK SAUSAGE PATTIES 4.75

LEAN MEATY PORK SPARERIBS 1.39

SALE PRICES GOOD THRU AUG. 3

Sam's Portions

BEEF-LAMB-PORK-POULTRY
OVER 75 MEAT ITEMS IN STOCK

IF WE DON'T HAVE WHAT YOU WANT WE'LL ORDER IT
PHONE 322-2274 HOURS: MON.-SAT. 9 to 6

KEEP COOL

We Recommend

General Electric

Weathertron Central Air Conditioning System

WALL HEATING, INC.
1007 Sanford Ave. 222-6562

Coupon

WE REPAIR Singer Sewing Machines

- Also - Limited Offer

White Viking Clean, Oil, Adjust
New Home Elna Nectchi Morte National Reg. 12.95
Universal Atlas

- Any Make Or Model -

5.95

With this Coupon

Nationwide Sewing Center

777 N. 17-92, Casselberry/Longwood
339-8097

WE WANT TO WIPE OUT CANCER IN YOUR LIFETIME

AMERICAN CANCER SOCIETY

About Greek And Italian

If You Can't Speak It, Cook It

Cooking speaks all languages. And Greek and Italian cookery speaks loud and clear to Americans. Consider for a moment, the proliferation of pizza parlors and Greek souvlaki eateries.

You can easily translate lots of mouth-watering dishes from the Mediterranean in your own kitchen. And, in most cases, you don't have to go any further than your own supermarket for "authentic" ingredients.

As examples, here are two recipes which call for canned tuna, spinach and cheese. Tuna, spinach and cheese. Tuna has had a long history in Mediterranean fare, dating back to antiquity. Spinach and other greens were a mainstay in sauces and dishes long before the tomato was discovered. And, as for cheese, its development and use have inspired whole volumes.

The Greeks claim to be among the first to get away from primitive grilling of meats and fish over an open fire—and to create "mixed" meat or fish and vegetable dishes. (Ancient Greeks even devised portable clay ovens for cooking and baking.)

Ethnic food is coming into its own in this country. Maybe it's because of increased travel and more Americans more receptive to new cuisines; maybe it's because of the economy and inventiveness in stretching nonexpensive food staples.

Whatever the reasons, you can count on both Tuna Spinach Pie and the Tuna Florentine Strata for culinary "happy talk" at your table—all year round.

TUNA SPINACH PIE
2 packages (10 ounces each) frozen chopped spinach, thawed and drained
1/2 cup chopped scallions (1 bunch)
8 ounces crumbled Feta cheese (or shredded Mozzarella or Monterey Jack cheese)
1 can (8 1/2 to 7 ounces) tuna in vegetable oil
1/2 teaspoon dried dill weed
1 unbacked 9-inch pastry shell
1/2 cup milk
4 eggs
In medium bowl mix spinach, scallions, cheese, tuna and dill. Turn into prepared pastry shell. In small bowl beat together eggs and milk; pour over tuna spinach mixture. Bake in 350 degree F. oven 45 minutes or until top of knife inserted in center of pie comes out clean. Yield: 4 to 6 servings.

TUNA FLORENTINE STRATA
2 cans (8 1/2 to 7 ounces each) tuna in vegetable oil
1-3rd cup chopped scallions
1 package (10 ounces) frozen chopped spinach, thawed and drained
1 cup (4 ounces) shredded Swiss cheese
1 tablespoon lemon juice
1/2 teaspoon salt, divided
1/4 teaspoon dried leaf thyme
slices bread, crusts removed and cubed
6 eggs
2 cups milk
1/4 teaspoon dry mustard
1/4 teaspoon cayenne pepper
In large bowl mix tuna, scallions, spinach, Swiss cheese, lemon juice, 1/2 teaspoon salt, and thyme. Layer half of bread cubes in a greased 2-quart baking dish, top with half of tuna mixture, repeat with remaining bread cubes and tuna. Combine eggs, milk, dry mustard, cayenne pepper and remaining 1/4 teaspoon salt. Pour over tuna. Let stand 2 hours or longer. Place baking dish in a larger pan and add 1 inch hot water. Bake uncovered in 350 degree F. oven 90 to 100 minutes or until top of knife inserted in center comes out clean. Let stand 5 minutes. Yield: 8 servings.

Tuna's use in Greek cookery dates back to antiquity. And canned tuna goes well with many of today's Greek favorites. Try this main dish version of the popular spinach and cheese filling in most appetizing way.



Tuna's use in Greek cookery dates back to antiquity. And canned tuna goes well with many of today's Greek favorites. Try this main dish version of the popular spinach and cheese filling in most appetizing way.



Dieters Can Savor Oriental Favorites

If you love to eat Chinese dishes, and you are on an egg-limited diet, you may have been missing some of your favorites. Egg is a key ingredient in Chinese cooking, and they use it very skillfully to achieve interesting tastes and textures.

In Egg Drop Soup, the Chinese swirl egg through chicken broth to produce a unique effect. No need to give up well-loved treats like these. They may be verboten in a restaurant but they are back on the menu when made at home with Refrigerated Cholesterol-Free Egg Substitute. When you've eaten the allowed amount of eggs on your diet for the week, this egg substitute permits additional "eggs" for breakfast or for cooking on cholesterol-lowered regimen. And it's easy to use... ready to pour right from the carton.

Here are the special recipes for enjoying oriental food on an egg-limited diet.

"EGGS" FU YUNG
1/4 cup chopped onion
1/2 cup chopped celery
2 tablespoons chopped green pepper
1 cup drained canned bean sprouts
1/4 cup sliced, drained canned water chestnuts
1 cup Second Nature Refrigerated Cholesterol-Free Egg Substitute
1/2 cup cooking rice
1 teaspoon salt
2 tablespoons polyunsaturated margarine
In large bowl mix all ingredients except margarine. Melt margarine in large skillet over medium heat. Add mixture by 1/4 cup measure onto skillet. Cook until lightly browned on one side, turn with spatula and cook on other side.

Repeat until all of mixture is cooked. Serve with Oriental Sauce.
YIELD: 4 servings

ORIENTAL SAUCE
1 1/2 teaspoons cornstarch
1 teaspoon sugar
1/2 tablespoon soy sauce
1 cup water
In small saucepan mix all ingredients and cook over medium heat, stirring constantly, until sauce thickens and comes to a boil. (For thicker sauce use 1 tablespoon cornstarch.)
YIELD: 1/2 cup

"EGGS" DROP SOUP
4 cups chicken broth
2 tablespoons chopped scallions
1/2 teaspoon pepper
1/2 teaspoon lemon juice
1/4 cup Second Nature Refrigerated Cholesterol-Free Egg Substitute
In large saucepan heat broth, scallions, pepper and lemon juice to boiling. Pour egg substitute over top of soup in a swirling or spiral pattern. Do not stir. Let simmer 5 minutes or until egg substitute is set.
YIELD: 4 cups

FRIED RICE
2 tablespoons polyunsaturated margarine
1/2 cup chopped onion
1 can (4 ounces) mushrooms, drained
1/2 teaspoon salt
1/2 cup cooking rice
1 cup Second Nature Refrigerated Cholesterol-Free Egg Substitute
Melt margarine in large skillet over medium heat. Add onion and mushrooms; cook until tender. Add salt and rice mixture by 1/4 cup measure onto skillet; stir until thoroughly heated. Mix in egg substitute and cook just 1 or 2 minutes.
YIELD: 4 servings.

Top Value... and Top Value Stamps!

KRAFT PARKAY QUARTERS
39¢
POUND PACKAGE

CHEER GIANT SIZE 10c OFF DETERGENT
99¢

GLAD 3-MIL. TRASH BAGS (REG. \$1.49)
99¢
8 COUNT

COKE TAB. OR SPRITE
99¢
8/16 OZ. BOTTLES PLUS DEPOSIT

PRODUCE

BECK'S BEER 12 BOTTLES \$1.99

DEL MONTE SWEET BANANAS 10 LB. BAG \$1.29

WASHINGTON STATE RED CHERRIES 10 LB. BAG \$1.29

CALIF. ASSORTED VARIETIES PLUMS \$1.59

CRISP-GREAT FOR SALADS CARROTS 10 LB. PKG. \$2.39

BETTY CROCKER HAMBURGER HELPER 7 OZ. \$0.99

FRISKIES - BEEF, CHICKEN, LIVER DOG FOOD 15 OZ. \$2.19

BETTY CROCKER STIR-N-FROST 13 OZ. \$0.69

THRUST QUENCHING GATORADE 32 OZ. \$0.39

HUNGRY MAN SWANSON DINNERS 15 OZ. \$1.09

KRAFT PIZZA MIX W/CHEESE 79c

NABISCO OREO CHOCOLATE COOKIES 79c

USE THIS COUPON FOR 100 EXTRA TOP VALUE STAMPS
KRAFT MAYONNAISE FAIRWAY MARKET-GOOD THRU 8-4-78

USE THIS COUPON FOR 100 EXTRA TOP VALUE STAMPS
FUNNY FACE DRINK MIX FAIRWAY MARKET-GOOD THRU 8-4-78

USE THIS COUPON FOR 200 EXTRA TOP VALUE STAMPS
5 LB. PACKAGE GROUND BEEF FAIRWAY MARKET-GOOD THRU 8-4-78

FAIRWAY MARKETS

3301 Edgewater Dr. • 5730 Lake Underhill Rd. • 2590 S. Orlando Ave., Sanford
4205 Curry Ford Rd. • 170 W. Fairbanks Ave., W.P. • 1801 N. Bermuda, Kissimmee
925 S. Orange Ave. • 114 S. Semoran Blvd., W.P. • 5171 S. Orange Ave., Pine Castle
5300 Silver Star Rd. • Hwy. 17-92, Maitland • State Rd. 491, Beverly Hills

Votes Cast For American Bird: Turkey A La President Winner



A Feast Fit For The White House: Turkey, A La President, Lemon Butter Radishes and Blue Belle, a flaming red, white and blue dessert.

Cast your votes for an American bird—turkey—and an American classic—Brunswick Stew. And mark your ballot for either Brunswick County, North Carolina, or Brunswick County, Virginia. According to Helen Worth's cookbook, DAMEYANKEE IN A SOUTHERN KITCHEN (Westover, \$8.95), both counties still dispute the honor of having originated the recipe.

Turkey a la President—a Helen Worth original recipe, borrows from both Brunswick Stew and from another American classic dish—Chicken a la King. Her recipe, designed to celebrate our Bicentennial, also allows you to vote for other of our native American foods—corn, and tomatoes. Turkey a la President is an easy-to-do dish that turns leftovers into a feast.

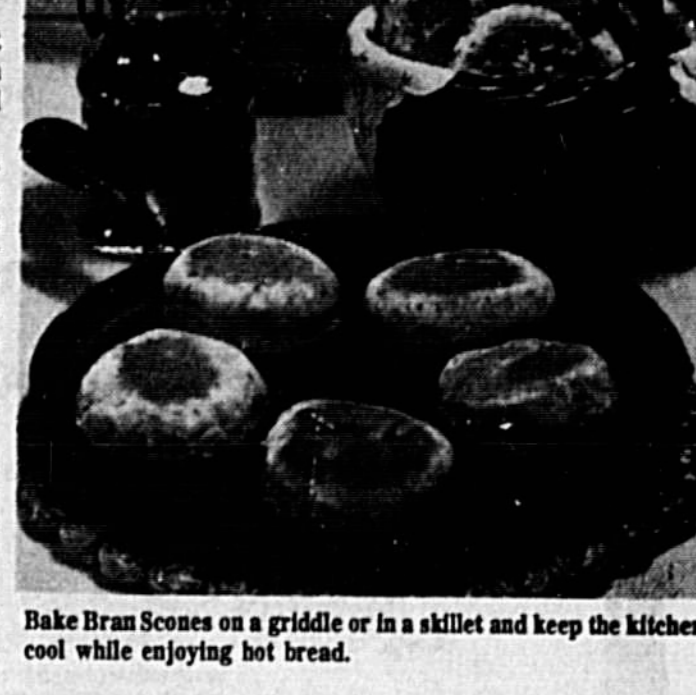
For further pleasure, USA, vote for a dry American white wine, such as Gold Seal Pinot Chardonnay, to serve with the following Bicentennial menu.

BICENTENNIAL COMMEMORATIVE MENU
Lemon-Butter Radishes
Onion Cornmeal
Turkey a la President
Parker House Rolls
Pinot Chardonnay Wine
Blue Belle
Coffee

LEMON-BUTTER RADISHES
2 tablespoons lemon juice
1/2 cup (1/2 pound) butter, softened
Cut radishes into roses. Cream butter and beat in lemon juice. File lightly into serving bowl, swirl top, and decorate with a parsley plume. Serve at room temperature, using radishes to scoop up the butter.

TURKEY A LA PRESIDENT
4 tablespoons butter
6 tablespoons flour
1 cup chicken broth
1 cup milk
2 cups frozen corn
1 can (15 ounces) dry lima beans, drained
4 cups cooked turkey, cut into chunks
1 tablespoon instant minced onion
1/4 teaspoon salt
Dash cayenne pepper
Prepare white sauce with butter, flour and milk. Add broth and frozen corn, and when hot, stir in remaining ingredients. Season to taste. Makes 6 servings.

Onion Cornmeal
Cook 2 cups Freeze firm. Garnish with whipped cream if desired and return to freezer. Allow to mellow in refrigerator about a half hour before serving.



Bake Bran Scones on a griddle or in a skillet and keep the kitchen cool while enjoying hot bread.

Hot Bread Suits Heat Of Summer

With a pastry blender, cut in butter until it is no longer visible. Beat together the eggs and milk just enough to blend; add all at once to flour mixture and stir well. Knead on a floured pastry cloth until smooth—2 or 3 minutes. With a floured stocking-covered rolling pin roll out the dough on the griddle a 1/4-inch thickness. Cut out with a round have us all include more fiber in our diet, you might like to try Bran Scones. We found the bran made an excellent contribution to both texture and flavor. Split open and slathered with butter, the scones are likely to please any hot bread enthusiast.

Now that the drive is on to have us all include more fiber in our diet, you might like to try Bran Scones. We found the bran made an excellent contribution to both texture and flavor. Split open and slathered with butter, the scones are likely to please any hot bread enthusiast.

One of the best ways to enjoy a hot bread in warm weather is to bake scones on a griddle instead of in the oven. Scottish cooks have been making scones in this fashion for years and years; only they may call the griddle a "girdle."

Note: If you use a nonelectric griddle or skillet on top of the range, preheat it until it is quite hot—the time this will take will depend on the material your utensil is made of; then regulate the heat so it is low enough to take 10 minutes to brown each side of the scones.

Get up to **1200** extra Top Value Stamps in this ad.

USE THIS COUPON FOR **500 EXTRA TOP VALUE STAMPS** WITH ANY \$10.00 PURCHASE OR MORE. OFFER EXPIRES AUG. 4, 1978.

FAIRWAY MARKETS

ECON-O-PAK 38¢
MIXED FRYER PARTS
3 FRONT QUARTERS
3 WINGS W/GIBLETS

BONELESS CHUCK ROAST 98¢
LB.

LAST WEEK'S WINNERS IN THE WKIS 1,000,000 TOP VALUE STAMP GIVEAWAY

25,000 TOP VALUE STAMPS
Addie M. Spinks
Maitland, Fla.

9,000 TOP VALUE STAMPS
Mrs. G. Neilson
Maitland, Fla.

4,000 TOP VALUE STAMPS
Mary Tordella
Orlando, Fla.

3,000 TOP VALUE STAMPS
Joyce Brown
Orlando, Fla.

3,000 TOP VALUE STAMPS
Shirley Williams
Orlando, Fla.

3,000 TOP VALUE STAMPS
Mrs. G. Neilson
Maitland, Fla.

3,000 TOP VALUE STAMPS
Mary Tordella
Orlando, Fla.

3,000 TOP VALUE STAMPS
Mary D. Hiblack
Orlando, Fla.

3,000 TOP VALUE STAMPS
Suzanne Nestor
Winter Park, Fla.

LEAN, MEATY PORK SPARERIBS \$1.38
AVERAGE WT. 3 LBS.

ARMOUR STAR BONELESS RUMP ROAST \$1.28
LB.

ARMOUR STAR TESTENDER WHOLE BOTTOM ROUND \$1.18
18-20 LB. AVERAGE WT. CUT AND WRAPPED NO EXTRA CHARGE

MEAT VALUES

3 LBS. OR MORE GROUND CHUCK \$0.98

3 LBS. OR MORE CUBE STEAK \$1.48

3 LBS. OR MORE STEW BEEF \$1.28

BREADED VEAL PATTIES TRAY PACK LB. \$0.88

LYKES SLICED REG. OR BEEF BOLOGNA 1 LB. PKG. \$0.88

LYKES SLICED COOKED HAM 1 LB. PKG. \$2.59

COPELAND SMOKED SAUSAGE 21 OZ. PKG. \$1.68

LYKES GRILL FRANKS 2 LB. PKG. \$1.98

COOKIN' GOOD FRYERS

U.S.D.A. GRADE A WHOLE 48c

U.S.D.A. GRADE A CUT UP 58c

FLA. PREMIUM FAMILY PAK COMBINATION FRYER PARTS 68c

U.S.D.A. GRADE A SPLIT 58c

ENTER THE WKIS 1,000,000 TOP VALUE STAMP GIVEAWAY

DELI ITEMS

CLAUSSEN WHOLE OR SPEARS PICKLES QT. JAR 98c

SLICED FRESH TO YOUR ORDER MORRELL BOLOGNA 1/2 LB. 69c

KITCHEN FRESH COLE SLAW PT. 49c

PRICES IN THIS AD EFFECTIVE THURSDAY, JULY 26 THRU WED. AUG. 1, 1978

TOP VALUE STAMPS

Good neighborly place to shop and save with Top Value Stamps!

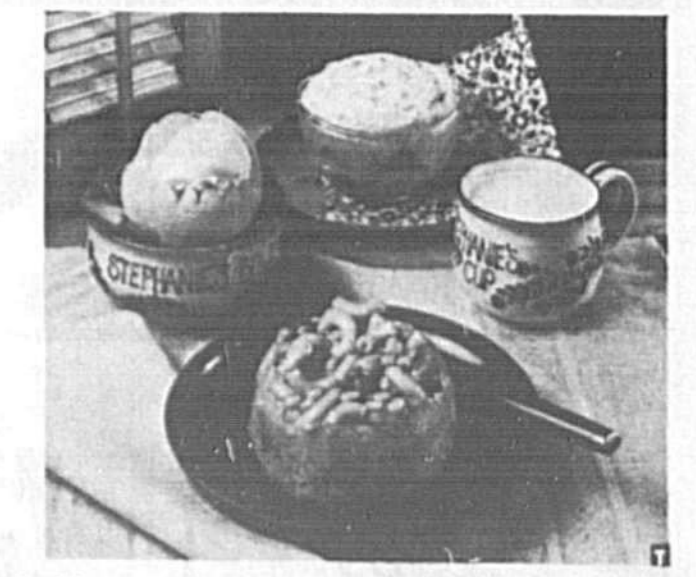
Summer Corn Roni Is Tempting Treat

A new canned macaroni product with tiny meatballs makes a great base for all kinds of macaroni dishes. Here's a summer special that suits the whole family, especially the kids, who love cornbread, corn and macaroni. We've baked it in individual dishes which can be eaten "as is" for those in a hurry; or, it can be turned out on a plate and the macaroni corn mix becomes a topping for the cornbread.

CORNED RONI

1 cup yellow cornmeal
1 cup sifted all purpose flour
2 tablespoons sugar
4 teaspoons baking powder
1/2 teaspoon salt
1 cup milk
1/4 cup soft shortening
1 can (15 oz.) Chef Boy-Ar-dee Meatball-Roni
1 pound sliced American cheese

Combine cornmeal, flour, sugar, baking powder and salt in medium sized bowl; stir until well mixed. Beat egg in small bowl. Add milk and shortening. Add egg mixture to flour mixture. Beat for one minute. Grease two 4 oz. or 6 oz. glass baking dishes. Drain corn mixlets and combine with Meatball-Roni. Place about one-half cup of Meatball-Roni mixture in greased baking dish. Cover top with an inch of cornmeal mixture and cheese slices. Bake in preheated 425 degree F. oven for 20 minutes. Eat from dish or turn out on serving plate. Serves 2 or 4.



Combine corn and macaroni for a dish that will please the palate of the entire family.

Use your head to protect your body. In case of any rape or attempted rape—**PHONE THE POLICE!**

HELP! STOP CRIME!

Attorney General's Office Tallahassee, Florida

For information, phone the police or sheriff's office.

SAVE WITH WINN DIXIE
THE BEEF PEOPLE

PRICES GOOD JULY 29 - 31

W-D BRAND U.S. CHOICE FEDERALLY INSPECTED HEAVY WESTERN AGED BEEF

W-D BRAND USDA CHOICE ALL CHUCK INCLUDING 7 BONE CENTER CUT CHUCK ROAST
79¢
Lb.

W-D BRAND USDA CHOICE BONELESS BEEF CHUCK SHOULDER ROAST
\$1.29
Lb.

W-D BRAND USDA CHOICE 8-2 CARVE BEEF RIB ROAST
\$1.59
Lb.

W-D BRAND USDA CHOICE FAMILY PKG. BONELESS CHUCK
15 Lb. PKG. \$16.95

Beef Check, Boneless (Heart of the Chuck Whole or Half 20-22 Lb. Avg.)
Chuck 99¢

W-D BRAND USDA CHOICE 160 TO 180 LBS. AVG.
FOREQUARTERS 79¢
W-D BRAND USDA CHOICE 190 TO 250 LBS. AVG., INCLUDING ONE HIND-QUARTER AND ONE FOREQUARTER
HINDQUARTERS 99¢

W-D BRAND USDA CHOICE (FINE FOR BARBECUE) BEEF SPARERIBS
69¢
Lb.

W-D BRAND HANDI-PAK 100% PURE GROUND BEEF
69¢
5 & 10 Lb. PKGS.

USDA GRADE 'A' FRESH FROZEN WHOLE FRYERS
49¢
Lb.

W-D BRAND USDA CHOICE BONELESS CHUCK SIDE OF BEEF 89¢

W-D BRAND USDA CHOICE BONELESS BEEF BRISKET
\$1.29
Lb.

U.S. Choice Beef Chuck
Short Ribs 99¢

U.S. Choice Beef, Boneless
Stew Meat \$1.99

W-D Brand Cooked Sliced Picnic 12-oz. PKG. \$1.99

W-D Brand Spiced Luncheon or Salami 8-oz. PKG. 79¢

Osier Mayer Regular or All Beef Variety Pack 12-oz. PKG. \$1.69

Osier Mayer Regular or All Beef Franks 1-lb. PKG. \$1.49

Brnschweiger 8-oz. ROLL 89¢

Sunnyland Franks 12-oz. PKG. 99¢

Magen Dami Griddle Franks or Knockwurst \$1.49

Capehart Regular or Breakfast Bologna 1-lb. PKG. 99¢

Harrel Chubs Cotto Salami or Beefy Summer Sausage 11-oz. ROLL \$1.59

Superbrand Regular or Sta Fit Low Fat Cottage (1-lb. Cup 75¢)
Fryer Wings 1-lb. 69¢

Tru-O' See H & G Whiting 1 1/2-lb. PKG. 99¢

Weight Watchers Delight - Boneless Turbot (Plus Fry Bonitos & Fryings)
Fish Fillet 1-lb. 99¢

USDA Grade 'A' Turkey Wings 10-oz. 39¢

Cookin' Good English Muffins 10-oz. CAN 39¢

USDA Grade 'A' Fresh Cheese 2 Lb. CUP \$1.39

WESTERN CORN FED FULLY LOIN SLICED INTO PORK CHOPS
\$1.39
Lb.

Hickory Sweet Sliced Bacon \$1.29

Hickory Sweet Sliced Bacon 2 Lb. \$2.75

PORK WHOLE SHOULDER ARM HICKORY SMOKED PICNIC
79¢
Lb.

Hickory Smoked Pork Shoulder Arm Sliced Picnic 89¢

Roth Bag Sausage 1-lb. ROLL 89¢

FISCHER'S BEER
6 99¢
6 Pack 12-oz. CANS

LIPTON Family Size TEA BAGS
99¢
24-CT. PKG.

DEEP SOUTH MAYONNAISE
59¢
32-oz. JAR

W-D BRAND GRILL FRANKS
\$1.99
2-Lb. PKG.

W-D Brand Regular or All Beef Franks 89¢

W-D Brand Regular or Thick Sliced Bologna 89¢

SUPERBRAND SOUR CREAM
69¢
PINT

Polonatto Forms Finest Cheese Spread 55¢

Polonatto Forms Finest SUPERBRAND ALL FRUIT FLAVORS YOGURT 4 99¢
8-oz. CUPS

Cookin' Good Cinnamon Rolls 49¢

Mexico Chocolate Chip Cookies 99¢

RIGHT GUARD BRONZE DEODORANT TALC
99¢
9 1/2-oz. SIZE

GILLETTE FOAMY MENTHOL LIME & REGULAR SHAVE CREAM
79¢
11-oz. CAN

CLAIROL HERBAL ESSENCE REGULAR & EXTRA BODY CREME RINSE
\$1.29
8-oz. SIZE

Q-TIPS
99¢
400-CT. PKG.

CUTEX LEMON HERBAL POLISH REMOVER
39¢
4-oz. BTL.

MR. COFFEE FILTERS
39¢
50-CT. PKG.

MURINE II
\$1.49
3-oz. SIZE

DAIRY SPECIALS

SUPERBRAND GRADE 'A' LARGE EGGS
69¢
DOZ.

PINEBREEZE GRADE 'A' MEDIUM EGGS
59¢
DOZ.

Limit 2 doz. with \$5.00 or more purchase excluding cigarettes

Mrs. Filberts (Quarters) Margarine 2 99¢
Superbrand Soft Beal Margarine 2 99¢

DEL MONTE GREEN BEANS
4 \$1
16-oz. CANS

DEL MONTE SPINACH
4 \$1
15-oz. CANS

DEL MONTE CREAM STYLE CORN
4 \$1
17-oz. CANS

THE BEEF PEOPLE

THE BEEF PEOPLE

WESSON OIL
99¢
48-oz. BTL.

VIVA TOWELS
39¢
ROLL

ARROW DETERGENT
59¢
49-oz. PKG.

SAVE WITH WINN DIXIE
THE BEEF PEOPLE

PRICES GOOD JULY 29 - 31

HARVEST FRESH PRODUCE

HARVEST FRESH JUMBO CANTALOUPE
2 \$1
FOR

SUPERBRAND ICE CREAM SANDWICHES or BARS
99¢
12-PK. PKG.

ASTOR FROZEN GRAPEFRUIT or ORANGE JUICE
6 99¢
6-oz. CANS

HARVEST FRESH WASHINGTON STATE BING CHERRIES
69¢
Lb.

HARVEST FRESH PEACHES
3 \$1
3 LBS.

HARVEST FRESH RED PLUMS
2 \$1.00
2 LBS.

HARVEST FRESH NECTARINES
2 \$1.00
2 LBS.

BANQUET ALL VARIETIES EXCEPT BEEF BUFFET SUPPERS
\$1.29
3-Lb. BAG

ALL VARIETIES MOSTON DONUTS
69¢
PKG.

DIXIANA COLLARD, MUSTARD OR TURNIP GREENS
2 \$1.00
18-oz. PKGS.

PEPPERIDGE FARM ALL VARIETIES CAKES
99¢
17-oz. CAKE

POLY BAG SHOESTRING POTATOES
\$1.39
4 1/2-Lb. BAG

GOLD RING ONION RINGS
2 \$1.00
7-oz. PKGS.

PAN RED BREADED SHRIMP
\$1.29
10-oz. PKG.

HARVEST FRESH VINE RIPE TOMATOES
49¢
Lb.

HARVEST FRESH YELLOW CORN
8 EARS 99¢

U. S. NO. 1 IDAHO BAKING POTATOES
10 \$1.19
10 Lb. BAG

DEL MONTE CATSUP
79¢
38-oz. BTL.

THRIFTY MAID PURPLE PLUMS OR APRICOTS
2 \$1
29-oz. CANS

DIXIE DARLING LARGE FAMILY BREAD
3 \$1
20-oz. LVS.

BORDEN'S ORANGE JUICE
4 \$1.00
4 QUART CTNS.

HARVEST FRESH SWEET POTATOES
4 \$1.00
4 LBS.

SARA LEE CINNAMON ROLLS 99¢
APPLE CRUNCH 99¢
HONEY ROLLS 99¢
STICKY BUNS 99¢

15¢ OFF DOWNY FABRIC SOFTENER
39¢
17-oz. SIZE

3¢ OFF COMET CLEANSER
40¢
21-oz. SIZE

50¢ OFF TIDE DETERGENT
\$3.99
171-oz. PKG.

PURINA BEEF & EGG DOG CHOW
\$2.99
10 Lb. BAG

Sony's 'N' Rug Cleaner \$1.99
Tanite Pine Power Cleaner 79¢
Sani-Flush 79¢

PURINA BEEF FLAVOR PUPPY CHOW
\$3.09
10 Lb. BAG

DIXIE DARLING MACARONI & CHEESE
4 \$1
7 1/4-oz. BOXES

THRIFTY MAID HOT DOG CHILI
4 \$1
10 1/2-oz. CANS

THRIFTY MAID PORK & BEANS
4 \$1
16-oz. CANS

WINE CELLAR SPANADA WINE
\$2.79
HALF GALLON

NEW STORE HOURS

MONDAY THRU SATURDAY
9 a.m.-9 p.m.

SUNDAY
9 a.m.-7 p.m.

THE FOLLOWING STORES NOW CLOSED SUNDAY
419 E. FIRST ST. - SANFORD
117 SOUTH ROSLIND - ORLANDO
GOLDEN TRIANGLE SHOPPING CENTER - MT. DORA

FRENCH AVE. & 25th ST. SANFORD 419 E. FIRST ST.

Canned Hams 3-lb. can \$4.99	Low-Fat Milk half gallon \$1.59	Sealtest Ice Cream half gallon \$1.19	Orange Juice 6-oz. cans 69¢	Soft Margarine 1-lb. bowl 28¢
--	---	---	---	---



Swift Premium Smoked
Either End or Whole
Fully-Cooked Hams
per lb.
89¢

Lykes Palm River
Sliced Bacon..... 1-lb. \$1.29
Regular or Beef Style Oscar Mayer
Wieners..... 1-lb. \$1.19
Copeland's Chunk Style
Braunschweiger..... 79¢
Swift Premium Sizzlean
Breakfast Strips..... 12-oz. \$1.23
Copeland's Tasty Slices
Bologna..... 1-lb. 79¢
Swift Premium Assorted Sausage
Brown 'n' Serve..... 99¢
Swift Premium Tasty
Pepperoni Chubs..... 85¢

PUBLIX PRESENTS
McCall's GREAT AMERICAN
RECIPE CARD
COLLECTION
THIS WEEK'S
FEATURE
SET NO. 8
THE FRENCH TOUCH

Gain Detergent
family size package
\$3.39 SAVE 1.36

Fire-Up Appetites
with a
PUBLIX Barbecue.

Buttermilk Biscuits
6-ct. can
5¢

Crisco Shortening
5-lb. can
99¢ SAVE 56¢

Gatorade
32-oz. bottle
3 for \$1 SAVE 17¢

Red Potatoes
5-lb. bag
49¢

Juicy Nectarines
10 for \$1

Miracle Whip
quart jar
79¢ SAVE 36¢

Publix

Hair Spray
8-oz. can
59¢

Hi-C Fruit Drinks
46-oz. can
39¢

Chunk Style Tuna
6-oz. cans
28¢ SAVE 9¢

Folger's Coffee
5-lb. can
\$1.49

Shells
NO-PEST STRIP
each
\$1.48

Men's Baby Shampoo
7-oz. size
99¢

Black Flag Pro Roach & Ant Bomb
12-oz. can
1.29

Borden's Cremora Coffee Creamer
11-oz. jar
59¢

Evening Herald

68th Year, No. 293—Thursday, July 29, 1976 Sanford, Florida 32771—Price 10 Cents



CLOWNING AROUND Seminole Boys Ranch resident Al Caplin, 12, tries on a clown's nose with the help of Willie Garner, who volunteered her time to entertain Al and the other boys at a barbecue cook-out sponsored by the Pilot Club. (Herald Photo by Tom Vincent)

County Studies Alternatives

Attorney Issue Rises Again

By ED PRICKETT
Herald Staff Writer

Wednesday's county budget workshop revived a burning issue that has been kicked around for years—whether the county attorney's job should be taken out of the political arena.

The issue surfaced when Commission Chairman Mike Hattaway announced a study was underway to determine if the present system of appointing a county attorney is the most economically feasible one.

When the Democrats—like they presently do—hold a majority vote, the attorney is a Democrat. The opposite is true when Republicans gain that all-important swing vote.

Presently the office is held by Tom Freeman, a Democrat, who was appointed shortly after the Democrats won a majority on the commission in 1974.

Storm Disrupts Power In County

By DONNA ESTES
Herald Staff Writer

Thunderstorms and possibly a small twister left \$30,000 to \$35,000 damage in their wake at the Flying Seminole Ranch near Chuluota Wednesday.

Four gliders and a powered plane were damaged by high winds—and possibly a small tornado—Wednesday afternoon in eastern Seminole County. (Herald Photo by Bob Lloyd)

Winds Smash Planes At Chuluota

A single-engine airplane, valued at \$1,000 by its owner, Altamonte Springs veterinarian John R. Athey, was a total loss.

Two Indicted By Grand Jury

The Seminole County Grand Jury returned two indictments—one for first-degree murder—in a short session Wednesday.

County Studies Alternatives

Attorney Issue Rises Again

When the Democrats—like they presently do—hold a majority vote, the attorney is a Democrat. The opposite is true when Republicans gain that all-important swing vote.

Presently the office is held by Tom Freeman, a Democrat, who was appointed shortly after the Democrats won a majority on the commission in 1974.

Storm Disrupts Power In County

Thunderstorms and possibly a small twister left \$30,000 to \$35,000 damage in their wake at the Flying Seminole Ranch near Chuluota Wednesday.

Four gliders and a powered plane were damaged by high winds—and possibly a small tornado—Wednesday afternoon in eastern Seminole County. (Herald Photo by Bob Lloyd)

Winds Smash Planes At Chuluota

A single-engine airplane, valued at \$1,000 by its owner, Altamonte Springs veterinarian John R. Athey, was a total loss.

Two Indicted By Grand Jury

The Seminole County Grand Jury returned two indictments—one for first-degree murder—in a short session Wednesday.

House Reprimands Rep. Robert Sikes

WASHINGTON (AP)—The House voted overwhelmingly today to reprimand a subcommittee chairman, Rep. Robert L. F. Sikes, on two counts of financial misconduct.

It was the House's first punishment of a member since 1969 when it fined Harlem Democrat Adam Clayton Powell and stripped him of seniority.

There were only three speakers in the debate before the reprimand against Sikes, a Florida Democrat.



HARLAN "COLONEL" BLACKBURN

State Atty. Abbott Herring's office claims Blackburn, free on a \$10,000 appeal bond while defense attorneys try to get the U.S. Supreme Court to review his conviction and sentence in connection with a 1971 assassination attempt on gambler Clyde Lee, "Vladimir 'the spirit of the bomb' by being arrested in Orlando recently on charges of possession and delivery of nearly 40 pounds of marijuana.

Circuit Court Judge Volie Williams today continued an appeal bond revocation hearing for former central Florida gambler czar Harlan "The Colonel" Blackburn until Aug. 25.

Judge Williams said, "We need a full-blown hearing on this" and scheduled two hours for the August hearing.

Coffee At \$2 A Pound?

Board Members Say: Insufficient Grounds!

that we could buy it at the supermarket rather than pay that price," said Allan F. Keith, a 10-year-veteran of the board.

County School Board Weighs Employe Insurance Proposals

ALTAMONTE SPRINGS—Coffee-drinking school board members united Wednesday night in an attempt to save the school system \$500.

The low bid for the approximately 750 pounds of coffee school personnel will consume during the next school year is \$2.00 a pound—and board members thought that was too much.

INDEX

Around The Clock	4-A
Bridge	2-B
Calendar	2-B
Comics	2-B
Crossword	2-B
Editorial	4-A
Dear Abby	1-B
Dr. Lamb	2-B
Horoscope	2-B
Hospital	2-A
Obituaries	2-A
Sports	6-A
Television	2-A
Women	1-B

WEATHER

Wednesday's high 90, today's low 69. Rainfall: 1.23 inches.

Partly cloudy through Friday with a chance of afternoon and evening thundershowers. Lows in lower 70s, highs in low to mid 90s. Variable winds 10 m.p.h. Rain probability is 20 per cent.

Details and tides on Page 2-A.

Publix reserves the right to limit quantities sold. THIS AD GOOD AT THESE LOCATIONS ONLY. SANFORD PLAZA—SANFORD. LONGWOOD VILLAGE CTR.—LONGWOOD. SEMINOLE PLAZA—CASSELBERRY.