



FOOTBALL CONTEST

CASH PRIZES

TO BE ANNOUNCED EACH WEEK

First Prize \$10
Second Prize ... \$6
Third Prize \$4

MAIL or BRING ENTRY TO: Contest Editor c-o Sanford Herald
300 N. French Ave., Sanford, Fla.

—1ST PRIZE—\$10—
STEVE HULT
Rt. 2, Box 443, Sanford

—2ND PRIZE—\$6—
JOHN BERTRANG
1908 Chase Ave., Sanford

—3RD PRIZE—A TIE—\$2 EACH—
HICKORY HIMES
602 Osceola Dr., Sanford
JILL HARPER
2001 Melville, Sanford

NOTHING TO BUY—NO OBLIGATION
THIS CONTEST PAGE WILL
APPEAR EACH WEEK DURING
THE FOOTBALL SEASON!

CONTEST RULES

- 15 football games this weekend are placed. One in each ad on this page. Indicate winner by writing in the name of team opposite the advertiser's name on the Entry Blank. No scores. Just pick winners.
- Pick a number you think will be the highest number of points scored in any one game on this page and place this number in the space provided in Entry Blank. This will be used to break ties.

One entry blank only to each contestant. Entries must be brought to the office of this paper or postmarked no later than Friday Noon, October 1.

OFFICIAL ENTRY BLANK

(Reasonable Facsimile Also Accepted)

My name is	Address
H.I.S. store for men	Winner
Jet Lanes	Winner
Hal Spragins Lincoln-Mercury	Winner
George's Tavern	Winner
Burger In	Winner
Harry's Bar	Winner
Zale's	Winner
Mayfair Country Club	Winner
Florida State Bank	Winner
Mary Carter Paints	Winner
McRoberts Tire	Winner
Sanford Herald	Winner
DeKle's Gulf Service	Winner
Penney's	Winner
Faust's Drugs	Winner
I think	will be the most points scored in any one game.

The Sanford Herald

Wednesday, September 28, 1971 — Sanford, Florida 32711
64th Year, No. 28 Price 10 Cents

China Watchers Are Disappointed

HONG KONG (AP) — The Canton television relayed more than two hours of programs originating in Peking today without making the "special and important news program" it had promised. Watchers in Hong Kong believed the program represented a fill-in to replace — for some reason — what Canton television had billed as a program concerning the National Day celebration Friday.

It was a disappointment for China watchers who had hoped the telecast would clear up some of the recent puzzling developments in Red China.

The Peking announcement a week ago that the traditional National Day parade had been canceled touched off speculation that something was stirring in Red China.

It has been traditional every Oct. 1 since the Communists took control of the mainland for Mao Tse-tung and other ranking Communist leaders to review the parade.

The telecast opened with coverage of a Chinese delegation returning to Peking from a visit to North Vietnam, continued with a long documentary on the use of acupuncture as a medical treatment, then switched to a gymnastics exhibition staged by a visiting Albanian athletic team — at which Premier Chou En-lai was seen.

Even with Chou's appearance none of the three items appeared significant enough to have warranted Canton telecasting on a Wednesday night—one of the three nights each week it normally does not operate.

AROUND THE CLOCK

By JOHN A. SPOLSKI

It Has Been Said ... more often than not, you don't really have trouble understanding my thoughts on a subject, once printed in The Clock.

Must have slipped yesterday 'cause what I was attempting to state re/Nixon's trip to China ... (1) we'll find that the POWs are or have been there all along; (2) look for a joint announcement by the two heads of state, not only calling for a specific termination date of the war, but also the exact date and numbers of prisoners to be released. (Yeah, yeah, I know I've been wrong before ... like picking Nebraska to beat Alabama ...)

Headlines Inside THE HERALD

SAN FRANCISCO — New York Mayor John V. Lindsay is closer to being a candidate for president after spending 51 hours in California, an aide says. (Page 1B)

WASHINGTON — A few hours after relatives of American war prisoners picketed the White House, President Nixon pays a surprise visit to their camp in North Vietnam. He expects to bring the POWs home. (Page 1B)

MIAMI — Cuban Prime Minister Fidel Castro threatens to encourage hijackers of American airplanes if the United States continues "a campaign of lies and hypocrisy" over the shutdown of the Cuban Helgeuge Airlift. (Page 1C)

TAMPA — Presidential hopeful George McGovern predicts he will garner a substantial slice of Florida's delegation to the Democratic Convention. (Page 1C)

WEATHER — Yesterday's high 88 low 69 with 0.9 of an inch of rain. Partly cloudy with a chance of showers mainly in afternoons. Highs 86 to 92, low 68 to 74.

Jax Cop Kills Armed Suspect

JACKSONVILLE, Fla. (AP) — A Jacksonville policeman shot it out with a burglary suspect today on a downtown city street. The suspect was killed and the policeman wounded, authorities said.

The incident marked the third wounding of a city policeman in 35 hours. One of the officers died.

Patrolman Wayne A. Frost, 27, was wounded. Cleveland's Johnson, 39, was wounded. Johnson, wounded in the chest died shortly after being hospitalized.

The telephone company worker, Curtis N. Buford, 45, was hospitalized in good condition.

Police refused to give details of the shooting to witnesses, but three telephone company workers who were in his parking lot and tried to capture him. He shot Buford and ran, they said.

The witnesses reported Patrolman Frost arrived and chased down the running man in his police cruiser. Johnson ducked behind a tree as Frost approached. The witnesses said, they tossed a pistol at Frost's command only to suddenly step into the open and fire another gun at the patrolman.

Frost leaped to one side and fired one shot at the man, the witnesses reported.

Need For U. S. Customs Station For Central Florida Is Outlined

By BILL SCOTT

Efforts are underway to establish a U.S. Customs station for Central Florida at Sanford Airport.

This was disclosed by J. S. Cleveland, Sanford Airport manager, in response to questions from The Herald about the report that Canada and other Canadian cities had been contacting local officials concerning the need for a station to check incoming flights.

Cleveland said the nearest customs stations to Central Florida are located in Jacksonville, Tampa and Palm Beach. "Right now, you would have to go to Palm Beach to clear cus-

tom," the airport manager advised.

Resolutions from various county groups and entities, including Seminole Port Authority, chambers of commerce, County Commission and various city commissions, are being sought before an approach will be made to U.S. Treasury Department, Bureau of Customs of offices at Tampa and Washington, Cleveland added.

Federal funds will be needed to set up an office at the airport, Cleveland said, and further reported that the just-formed Sanford Airport Authority would proceed with efforts to have a customs station here.

Page Airways, Inc., Sanford Airport field base operator, also has undertaken talks with various officials to create the establishment of the station here, Cleveland stated.

The airport manager said he submitted a request a week ago to the Federal Communications Commission (FCC) for a license to operate a non-federal control tower at the local airport. "We expect to hear something on this in about a week," Cleveland added.

A control tower of the non-federal type would be operated by the airport users, chiefly Page Airways, until activity increases to the point that the Federal Aviation Administration (FAA) would fund operational costs.

The control tower operation is needed to attract jet airliners to Sanford.



BILL CRAMER

N. Orlando Probably 'Semoran'

By MARION BETHIA

NORTH ORLANDO — "What's in a name ...?"

Shakespeare's query would have received the answer of "plenty" as a result of consideration by Village Council of an appropriate appellation for the settlement within the new charter to a hearing of the Orange-Seminole legislative delegation on Oct. 7.

The charter provides the name should be "Semoran" but this received opposition from Councilman Charles Kelley. Kelley said this would be confusing the proximity of Semoran Boulevard (SR-436) which, he said, is neither in the city nor leads to it. Kelley suggested Norwood or Norlando.

Mayor Granville Brown suggested Winter Springs, since this development will encompass more acreage than does the municipality but this was cited as being in the category of redundancy with other area names.

Councilman Herbert Fox offered the name of "Shocun" (an Australian aboriginal name meaning "oak").

Former Mayor David Tilson injected that the Council should strive for something original as opposed to "splitting names." Tilson contended the name should have an historical significance with a Spanish or English origin.

The highest elevation of surrounding areas, he suggested "Altavista" meaning "high view."

After much discussion, Council by a 3-2 vote retained the original suggestion of Semoran, with Fox and Kelly voting in opposition.

Smathers In Line For High Court?

TALLAHASSEE, Fla. (AP) — Former Sen. George Smathers, President John F. Kennedy's best man and President Nixon's friend, is being considered for appointment to the U.S. Supreme Court, the Tallahassee Democrat has reported.

The Democrat attributed to confidential sources the report that the Nixon was considering Smathers, a Democrat from Miami, for appointment to the vacant seat created by the resignations of Justices Hugo Black and John Harlan.

The source said Smathers was in Florida when Black, who died last Friday, announced his retirement. The source told the Democrat Nixon called Smathers back to Washington to confer with him.

Smathers joins a list of three Floridians mentioned in speculation as under consideration by Nixon for appointment to the nation's highest court.

The others are former Rep. William Cranston of St. Petersburg, U.S. Circuit Court Judge Paul Roney of St. Petersburg

and U.S. District Judge George Young of Orlando.

Known as a friend of President Kennedy, Smathers was best man when Kennedy married Jacqueline Bouvier, now Mrs. Aristotle Onassis. He was also a friend of Lyndon Johnson.

He made marital news of his own recently when a judge in Fort Pierce entered a divorce decree ending Smathers' 35-year marriage to his wife, Rosemary Smathers was elected to the Senate in 1959 and served until 1968 when he decided not to seek reelection.



GEORGE SMATHERS

School Hours Changed

Effective Monday, starting and closing times at 12 South Seminole County schools will be changed to help middle school students from having long wait periods for buses.

According to information from the school administrative office, the rescheduling will affect Lyman High School, South Seminole and W. A. Teague Middle Schools and nine elementary schools, Altamonte, Bear Lake, Longwood, Castleberry, Eastbrook, English Estates, Forest City, Rosewood and Spring Lake.

Lyman's starting time will stay at 8 a.m. but the closing time will be 2:30 p.m.

South Seminole and Teague Middle School's starting times will be pushed forward to 8:30 a.m. and closing at 3 p.m.

The nine elementary schools starting and closing times commencing Monday will be 8:15 a.m. and 3:45 p.m.

The change of the middle schools caused an effect on the other facilities since several buses carry students to more than one school.



MAYOR MOORE

\$600,000 Grant Seen For Housing

Sanford can expect to receive from 50 to 60 per cent of the \$1 million requested from the U. S. Department of Housing and Urban Development (HUD) to modernize 200 public housing units.

This was the opinion of Sanford Mayor Lee P. Moore and City Manager W. E. Knowles after a meeting Tuesday in Jacksonville with regional HUD officials, members of the Sanford Housing Council, Sanford Housing Authority officials, Moore and Knowles.

Knowles said H. H. Baxter, HUD tenant and operations services division director, advised that \$1 million would be assigned to the Florida HUD region in about two weeks to be used for modernization work in 14 state public housing authorities.

"Already \$12 million has been requested by state authorities, which means that the \$7 million will have to be shared," the city manager added.

Mayor Moore said this would mean that Sanford's requests would have to be pared down in accordance with the funds available and a list of local priorities established to use whatever funds are ultimately available.

Knowles said the HUD money would be allotted in a few weeks but stressed it would be made on a need basis, and said the state HUD office would review each of the 14 Florida authorities to set priorities.

The mayor stressed that the HUD and advised there was an attorney from the Jacksonville legal aid society who questioned Gordon Bradley, Sanford Housing Authority director, over the local housing operation.

Moore said a small exchange between Rev. Goldie Eubanks, Sanford Tenant Council president, and G. Andrew Sperry, Sanford Housing Authority attorney, was the only emotional outpouring during the meeting but this quickly ended.

"I feel the tenants were somewhat disappointed since all of the funds requested will not be available," Moore said.

The Sanford Housing Authority has \$60,000 in reserve funds and the mayor said HUD would allow the spending of these funds up to the four local projects.

The city manager described the three-party delegation as putting a united front before HUD and added there was an attorney from the Jacksonville legal aid society who questioned Gordon Bradley, Sanford Housing Authority director, over the local housing operation.

Moore said a small exchange between Rev. Goldie Eubanks, Sanford Tenant Council president, and G. Andrew Sperry, Sanford Housing Authority attorney, was the only emotional outpouring during the meeting but this quickly ended.

"I feel the tenants were somewhat disappointed since all of the funds requested will not be available," Moore said.

Bulletin

TALLAHASSEE, Fla. (AP) — A state transportation official today urged the House Committee to consider putting 10 cent tolls on major bridges in Florida to help meet a \$44 million bridge repair and highway resurfacing deficit.

New Insurance Plan OK'd By Altamonte

ALTAMONTE SPRINGS — City Council, after discussion of many items not listed upon the agenda, was unable to complete agenda items Tuesday and continued the meeting until 6 p.m. Thursday.

Before recess, however, it considered a spread sheet of seven or eight insurance companies for approval as the new group hospitalization for the city employees. It was postponed enrollment the latter part of October and the insurance will become effective Nov. 15.

Council voted to terminate the Georgia and approved Travelers Insurance Company as the insurer, effective Nov. 15.

There will be an overall cost reduction to employees of the city of \$40,000, although there will be an increase of slightly over one dollar for dependant coverage.

Council authorized City Engineer William Paine to advise the state that the Jasmine Road sanitary sewer district, which will be opened on Oct. 12. This is an extension of the sewer system.

Paine was authorized to prepare plans and specifications for the paving of Ballard Street. This has been the subject of much controversy although in excess of 50 per cent of the residents of the street have petitioned council for the paving. Some residents have expressed concern that they cannot afford the assessment to their property.

The matter was listed on the agenda for Tuesday's meeting and three residents were present to speak. However, they waited until the meeting was almost over before Mayor Lawrence Swafford questioned their presence.

Councilman Thomas Radloff suggested the matter be resolved with a public hearing and Swafford injected that a work session will be held within the next two weeks. Swafford noted that it should not be the responsibility of the people to petition, since it is Council's responsibility to pave the street.

WOOD PANELING

\$2.89 up

Pre-Finished Mouldings

Choose from the Largest Selection ever.

Open 'Til 4 P.M.
Saturdays
BANKAMERICARD
MASTER CHARGE
GREGORY LUMBER Telephone 322-0800

520 S. Maple Ave. Sanford, Florida

COOL TOPS

3.95-4.95-5.95

NOW ONLY \$1.99

S.M.L. Solid, Stripes
Some with belts

BankAmericard
Master Charge
Diner's Club
American Express

HIS Store for Men

SANFORD PLAZA — SANFORD
Georgia vs. Mississippi State

Free Lessons

on bowling —
Saturday Mornings 11:30

Bowling is fun —
Improve your average.

Jet Lanes 322-7542
DELICIOUS FOOD AND BEVERAGES

Trophy Lounge 322-8222
ONEDA ROAD
Indiana vs. Syracuse

Hal Spragins

LINCOLN-MERCURY, INC.
109 N. Palmetto 322-4884

Maryland vs. Wake Forest

GEORGE'S TAVERN

1011 French, Sanford
BAR & PACKAGE

All Your Favorite Brands
At A Price You're Glad To Pay

SPECIAL LOW PRICES BY THE CASE
WATCH FOOTBALL WITH US—
ON COLOR TV!

NAVY vs. MICHIGAN

Burger In

2109 FRENCH SANFORD
N. Corolla vs. N. C. State

See you after the game!

WHERE THE ACTION IS!

GNASH INTO "SUPER" FOR TAKE-OUT ORDERS 322-4151

NO BETTER BURGER ANYWHERE!
NEW! AIR CONDITIONED DINING ROOM!

HARRY'S BAR and PACKAGE

The place to meet your friends ... and RELAX!

114 S. PARK AVE. 322-9860

Cut Rate Liquors
Special Case Prices

YOUR BANKAMERICARD WELCOME HERE!

Clemson vs. Georgia Tech

Enjoy your Class Ring Now!

LYMAN OYIODE SEMINOLE

\$5 DOWN AS LITTLE AS \$29.95

Open A Student Account Now —
At Zale's In Sanford Plaza!

Zale's Graduate Credit Student Accounts limited Year — No Extra Charge!

Open Mon., Thurs., Fri. 11-9

Colombia vs. Princeton

Mayfair Country Club

SANFORD

Duke vs. Stanford

Enjoy a great course!

Bank Financing

COSTS YOU LESS!

FLORIDA STATE BANK

We can handle all your banking needs.

F S U vs. Virginia Tech

LIQUID GLASS ENAMEL

Marine Paint 2.39 QT.

MARY CARTER PAINTS
515 ELM AVE. 322-3649
Florida vs. Tennessee

DUNLOP TIRES

Your Best Buy!

COMPARE OUR GUARANTEE

- Wheel Alignment • Shocks
- Batteries • Front End Repair
- Brake Service • Wheel Balance

McROBERTS TIRES

JOHN DICKEY, OWNER
405 W. FIRST ST. 322-0621
Army vs. Missouri

Get the news that affects YOU and your county!

Read The Sanford Herald

322-2611 425-5938

Purdie vs. Iowa

DEKLE'S GULF SERVICE

OPEN 24 HOURS DAILY

Watch television in our air conditioned waiting room while we service your car.

GULF PRODUCTS

- Tires • Batteries
- Accessories
- Experienced Mechanics
- Expert Wash, Polish and Wax Jobs.

KING TRUCK—ALL NEW CAR RENTALS

TWO LOCATIONS
2510 S. French 322-4924
Sanford Airport 322-4821

Penn State vs. Air Force

Young men's flare leg Corduroy Slacks \$5.98 PAIR

ASSORTED COLORS
SIZES 29-36

JCPenney

The values are here every day.

SANFORD PLAZA 10-9 MON.-SAT.
Northwestern vs. Wisconsin

Prescriptions always at discount prices

DAILY LUNCHEON SPECIAL 96c

Faust's DRUG STORE

—DOWNTOWN SANFORD 407 E. 1st ST.
SHOPPING PLAZA 322-4794
Ashura vs. Kentucky



FREE DRAWING
 OVER \$1,000 WORTH OF PRIZES

- 1 - 7X35 BINOCULARS
- 2 - ELECTRIC TWIN SIZE BLANKETS
- 3 - 4 QT. ICE CHESTS
- 4 - ELIMINATOR BIKE
- 5 - AM FM MULTIPLE STEREO W/9 TRACK DECK
- 6 - BROTHERS ZIG ZAG SEWING MACHINE & CASE
- 7 - PROCTOR-SILEX BLENDERS
- 8 - 5 GALLONS OF PAINT

COME IN & REGISTER. WINNERS WILL BE NOTIFIED BY MAIL.

LOW, LOW PRICES!
 BEST VALUE!

NATIONAL BRANDS!
 IMPORTS!

GRAND

2670 ORLANDO DR.

Prices effective at this store only!

OUR 134th STORE

Ladies' Roll-Up Sleeve Blouses
 Permanent Press

New fashion styling and colors. Choice of collar or styling. Prints, solids. Sizes 32 to 36.

Save 49%

100

INCREDIBLE EAGLE PRICE!

Ladies' Permanent Press Dusters

Half sleeves. Color prints, attractive colors. Sizes S, M, and L.

Save 49%

100

INCREDIBLE EAGLE PRICE!

Ladies' Flare Leg Slacks

Polyester, bonded w/ acetate. Fashion Fall colors. Elastic waist. Sizes 8 to 16.

Save 1.00

196

INCREDIBLE EAGLE PRICE!

Ladies' Panty Hose

TOP QUALITY 100% stretch nylon, one size fits all. New Fashion colors.

Save 48%

2/100

INCREDIBLE EAGLE PRICE!

Ladies' Terry Scuffs

Cross strap style. Assorted colors. Sizes S, M, L.

Save 50%

48c

INCREDIBLE EAGLE PRICE!

Boys' Permanent Press Shirts

Diaron and Cotton. Never needs ironing. Beautifully tailored. Handsome selection of solids, plaids and stripes. Four collar styles. Sizes 8 to 14.

Save 32%

100

INCREDIBLE EAGLE PRICE!

Ladies' Nylon Shells

Assorted patterns and colors. 100% nylon. S, M, L.

Save 49%

100

INCREDIBLE EAGLE PRICE!

Girls' Corduroy Slacks

Wide waist. Solid colors. Half boxer waist, 3/8". Bonded waist, 7/16".

Save 40%

96c

INCREDIBLE EAGLE PRICE!

Ladies' Sneakers

White only. Cushioned innersole and machine washable. Sizes 5 to 10.

Save 36%

88c

INCREDIBLE EAGLE PRICE!

Ladies' White Utility Oxfords

Comfort lasted casual. Cushioned innersole. Sizes 5 to 10.

Save 33%

134

INCREDIBLE EAGLE PRICE!

Men's Famous Maker Jeans

You'll recognize the famous name and styling! Slim fit in popular colors. Sizes 28 to 36.

Save 32%

298

INCREDIBLE EAGLE PRICE!

Girls' Blouses PERMANENT PRESS

Roll-up sleeves. Solids & prints. Tailored in "No Iron" Diaron and Cotton. Choice from 8 made button-down and spread collars. Sizes 7 to 14.

Save 48%

66c

INCREDIBLE EAGLE PRICE!

Girls' Cardigans

FULL FASHIONED Long sleeves. Covered buttons. Pastel colors. Sizes 7 to 14.

Save 1.08

188

INCREDIBLE EAGLE PRICE!

Men's Leather Hi-Top Work Shoes

Rugged tan finish. Black oil resistant non-skid soles. Comfort construction. Sizes 7 to 12.

Save 1.00

244

INCREDIBLE EAGLE PRICE!

Men's Penny Loafers

Tricot lined. Brown. 6 1/2 to 12.

Save 21%

244

INCREDIBLE EAGLE PRICE!

Men's Banlon Socks

100% stretch Ban Lon. Your choice of colors. Sizes 10 to 13.

Save 32%

3/100

INCREDIBLE EAGLE PRICE!

Men's Cotton Canvas Work Gloves

Knitted cuff for snug fit. One size fits all.

Save 27%

25c

INCREDIBLE EAGLE PRICE!

Men's Sweat Shirts

Long sleeves. Crew neck. Fleecy lined for extra warmth. Absorbent. Wide range of colors. S, M, L, XL.

Save 33%

112

INCREDIBLE EAGLE PRICE!

Boys' Flare Leg Pants

With belt. 2 front and 2 back pockets. Hip hugging fit. Bold stripes. Sizes 6 to 16.

Save 28%

144

INCREDIBLE EAGLE PRICE!

Boys' Corduroy Pants

"Needs no ironing". 50% polyester, 50% cotton. Wash-it, dry-it, wear-it. Boxer waist. Assorted colors. Sizes 2 to 8.

Save 24%

50c

INCREDIBLE EAGLE PRICE!

Men's Dickie Work Pants

PERMANENT PRESS Made especially for Eagle Family Discount Stores. With shape set, X-17 and soil repellent. Full cut. Frayed-free. Zippered. Sizes 29 to 42.

Save 39%

298

INCREDIBLE EAGLE PRICE!

OPENING

SANFORD, FLORIDA

THURSDAY, SEPT. 30th THRU SUNDAY, OCT. 3rd



Foam Pillows

Non-allergic fill. Plump full size. Striped or floral prints. Get more for your money.

Save 33%

66c

INCREDIBLE EAGLE PRICE!

Bath Towels

Beautiful assortment of decorator colors.

Save 50%

3/100

INCREDIBLE EAGLE PRICE!

"MATTEL" Toy Cannons

Cannon, Motor, Heat, Motion & Sgt. Storm superhuman Cap. Laser, plus accessories, "Iron" pack and Cat Trail.

Save 2.05

192

INCREDIBLE EAGLE PRICE!

Eagle Pocket Radios

Easy to read dials. Carrying case, earphone and nine volt battery included in the set.

Save 2.00

196

INCREDIBLE EAGLE PRICE!

Teflon Fry Pans

Sturdy aluminum frying pan with teflon surface for no-stick cooking.

Save 31%

96c

INCREDIBLE EAGLE PRICE!

Eagle Aluminum Foil

25 FT. Limit 1

Save 41%

16c

INCREDIBLE EAGLE PRICE!

S.T.P. Oil Treatment

Increases and maintains oil pressure.

Save 25%

66c

INCREDIBLE EAGLE PRICE!

HAVOLINE MOTOR OIL

"HAVOLINE" HD30 Motor Oil 1 Quart

Prevents sludge and deposits.

Save 30%

38c

INCREDIBLE EAGLE PRICE!

Fiberglass Tray Tables

12" x 15"

Save 47%

78c

INCREDIBLE EAGLE PRICE!

6 Pack Plastic Hangers

Swivel metal tops. Set of 4. Assorted colors.

Save 33%

33c

INCREDIBLE EAGLE PRICE!

SCOTT Toilet Tissue

Soft Absorbent... 1000

Save 43%

10c

INCREDIBLE EAGLE PRICE!

Head & Shoulders Lotion Shampoo

3.6 Oz. Limit 2

Save 28%

2/100

INCREDIBLE EAGLE PRICE!

Plastic Assortment!

Your Choice 11 Qt. Dish, 12 Qt. Waste Basket, 10 Qt. Pail.

MIX 'n' MATCH!

Save 40%

2/58c

INCREDIBLE EAGLE PRICE!

CIGARETTES CARTON

REGULAR, KING & FILTERS

100'S.....

Save 39%

374 384

INCREDIBLE EAGLE PRICE!

Proctor-Silex Toasters

2 Slice Model 20627

Color tuner control. Selectronic color lever.

Save 1.00

696

INCREDIBLE EAGLE PRICE!

6 Cup Electric Percolator

Highly polished aluminum. Complete with cord.

Save 1.00

196

INCREDIBLE EAGLE PRICE!

Sylvania Light Bulbs

Limit 4

25-40-60-75-100 WATTS

Save 39%

13c

INCREDIBLE EAGLE PRICE!

Eagle Bleach

1 Gallon

Full strength bleach for machine or hand laundering.

Plus 5¢ Deposit

Save 26%

29c

INCREDIBLE EAGLE PRICE!

Eagle Liquid Detergent

Gentle liquid detergent for dishes and fine fabrics. Amazing action for greasy pots and pans, yet gentle enough for your finest fabrics.

Save 24%

26c

INCREDIBLE EAGLE PRICE!

Tropic Tested P.V.A. Paint

1 gallon

This tropic tested paint is ideally suited to Florida's climate. Use inside or out. Quick drying. White only.

Save 1.00

144

INCREDIBLE EAGLE PRICE!

Editorial Comment

SMCA's Opportunity To Expand Is At Hand!

Culture, of course, knows nothing about nor pays any attention at all to such sordid, work-a-day things as municipal or county boundaries.

Yet, it is the intangible substance of it raises a small or large area's mental climate. It raises the sights of all who appreciate or enjoys the arts, music, dance and the like ennobling pursuits of mankind from the cottager to the castle dweller.

Here in Seminole County there exists the Seminole Mutual Concert Association. This is a group of devoted and dedicated individuals which, for several years, has arranged extraordinary events.

Subscribers have been given a wide choice, broad enough to suit almost all tastes. Peter Nuro's piano music was one such program. Then there was the nostalgia of Guy Lombardo's orchestra. This year the Don Cossack Chorus will be a feature presentation.

If this sounds as though this year was a normal year in our cultural area, it is quite wrong.

For 1971-72 is far from normal in Seminole and its adjoining counties with growth in population continuing at a rate which extends to the officials of the SMCA a challenge and an opportunity which cannot wisely be ignored.

It is also a year, witness the United Fund drive now in process, which gives every indication of a needed and welcome appreciation by every section of Seminole that unity is its price for future state as an individual and effective governmental entity.

Culture, of course, is not to be weighed in the scales of new homes, new businesses, new industries or new "developments." Yet a lack of this intangible or new influences can be the deciding straw which influences the hard choice of location.

Thus the immediate challenge to Mrs. Ralph Don Cossack, president, and Mrs. Earl Weidon, chairman of the membership committee, is to lose no time in allowing old members to renew their memberships and new members to make application.

Every resident in our county is approached almost daily with pleas for support by worthy organizations. The political pot is boiling so the hopefuls will be after the voters.

All of these ask for support by the recipient for something which would benefit the applicant; the cause or the politician.

The concerts which are planned by the association, in contrast, are affairs which are of specific value to the subscriber and which are a time of cultural enrichment for the youngsters, the older and the solid middle-aged.

Nor should this fine musical program be considered as purely instrumental or vocal tours de force. Dance and ballet have had their star nights. One

which will not be soon forgotten was the appearance of the Yugoslavian Fruia with its eye-opening blending of dance with song and colorful costume.

Seminole has this cultural program of the SMCA which fits snugly into the broader area of neighboring attractions which find their home in Daytona Beach to the northeast and Orlando southwest.

Thus the challenge and of these opening years of the 1970s to update old concepts, to welcome new thinking and new planning is pertinent to the world of culture.

Acceptance of it by the respected Seminole Mutual Concert Association and loyal supporters come together to make this membership drive a success in reaching into every section of the county and even over across Lake Monroe into Volusia, where endorsement is already notable and appreciated.

Wekiva Forever!

The Wekiva River has been given a No. 4 rating in the list of "wild and scenic river" federal program.

What nonsense! Where can be found such a stretch as exists from the St. Johns, upstream to the S-46 bridge? It should be No. 1.

This river, to at least one boater who ventures up-and-down this segment of that fast-flowing, clear stream still remain as experiences in nature study which the Wekiva did nothing to make easy.

There is, the matter of course, sloughs which look like main streams lie in wait to starve the unwary into such backwaters that the beauties of nature, which had lined the entrance, became hazardous to any exit.

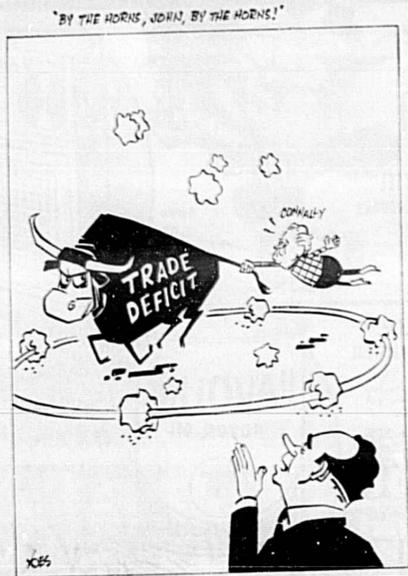
Along the way there are those cypress groves, with the knees protruding from the water, and the high and low grasses which can, with a little imagination, make the intruder feel that this is not in civilized Florida, but the jungles of the Amazon.

The winds and turns (often the river almost reverses itself) become certain raises for the sights of birds at roost on the trees, stalking or fishing in the acres of green growth (not always hyacinths) and water lilies or flying gracefully above the canopy of trees in full leaf. Its clear waters with the ever-changing and dangerous sandbars invite a quick anchoring, a step overboard into the bars and even a short dip, if no other intruder by boat or canoe wants to use the passage.

The Wekiva is an unspooled jewel which needs the preservation which man has shown must be provided by man to protect against the spoilage which man himself inflicts.

We are, as can be seen, not at all editorially objective in this comment. As we read the report which came from the county leaders after savoring the flavor of a Wekiva canoe trip (and we are not sure that what they saw and what we remember are the same) this just would not stay bottled up in memory.

So here's to the Wekiva, a wild and natural river, whose scenic value must not be impaired or ignored!



Global View: Red Guerrillas From N. Korea

By RAY CROMLEY
WASHINGTON (NEA) — Bits and pieces of information arriving from Mexico, Ceylon and Cuba suggest that North Korea is training guerrillas to infiltrate Asian and Latin nations.

"That information has been checked against data supplied by North Korean agents captured by South Korean security in Seoul."

Item: In Mexico this spring, 18 guerrillas held interrogated by police disclosed they were members of a group of 30 students at Moscow's Patrice Lumumba University who had been flown to North Korea, with North Korean passports at North Korean expense, trained for a period of months, then sent on their way.

The Mexican government held the Soviet Union to be involved and expelled five Soviet diplomats and brought home its ambassador in Moscow.

Item: In April, Ceylon expelled the North Korean ambassador and his staff for being involved with insurgents attempting to overthrow the government.

Item: Captured North Korean agents report that in 1966 their government began setting up camps for training foreign guerrillas. The data supplied outlines a short course lasting six months and a longer course of more than a year.

Agents report intensive study in demolition, guerrilla tactics, marksmanship, military engineering, communications, judo and ideology.

By this spring camps were reported at Nampo, Wonsan, Haaju, Sangwon, Pyongyang.



Yungbun and several as yet unidentified points. These are believed to be 30 training sites in all.

Information is extremely difficult to come by. Security is tight in North Korea.

But it can be said that training of foreign guerrillas is only one part of North Korea's new worldwide program.

North Korea is known to be sending instructors to work in Havana's camps for training agents to infiltrate Central and South American countries.

The Indian press has recently accused the North Korean mission of supplying funds for certain Indian politicians.

North Korean propaganda stations now regularly send programs to African and Asian nations.

Working through the General Federation of Korean Residents in Japan, North Korea has an energetic program of inviting Japanese businessmen, teachers and left-wing politicians for visits and conferences.

Political Notebook: Welfare-SS: One Bill Or Two?

By BRUCE BLOSSAT
WASHINGTON (NEA) Sen. Russell Long, chairman of the Senate Finance Committee, wants badly to separate proposed Social Security changes from controversial welfare reform in the bill called H. R. 1. He would delay welfare action while pushing Social Security through this fall.

Even if he should succeed in this, however, the word from the House side is that Ways and Means Chairman Wilbur Mills will put welfare features right back in the bill when it comes to conference.

It is Mills' continuing conviction that final passage of welfare reform is dependent upon linking it to the Social Security "sweetener."

Long, on the other hand, is so exercised over what he considers the vast catalogue of welfare abuses that he wants lots of time to tinker with reform proposals.

After the senator's speech in mid-September to the National Governors' Conference at San Juan, Puerto Rico, he campaigned among the governors to try to build grass roots support for separating welfare and Social Security in the pending bill.

He promised some governors he would send them pertinent materials on the welfare issue, with the evident hope they would publicly urge slower handling of reform to make sure abuses could be dealt with. There is no clear indication how many governors may respond to Long's plea.

President Nixon may have played into Long's hands when he urged in his Aug. 15 economic speech that the effective date of welfare reform be delayed a year. Though the President later said he did not want to delay action on the proposals in Congress, Long's purpose benefit from the wide immediate hurry.

If the net effect of the delaying maneuvers is to endanger the prospect of H. R. 1's passage this year, a strong possibility exists that some lawmakers may try to attach the Social Security amendments in the bill to some other sure-to-pass measure — so the changes can take effect in 1972. That tactic worked in March, when more limited but urgently desired Social Security changes wrestled through as a rider on other legislation.

The new modifications would add around \$3.88 billion in Social Security payments for the elderly, the disabled and the widowed in the first full year of operation. Some \$1.1 billion of that would be a credit-advance boost in basic benefits, payable next June but retroactive to January. More than 27 million Americans would get the latter increase.

In addition, many changes in Medicare would be introduced, most with the aim of providing tighter cost controls on a program whose financial burden is rising alarmingly.

As an indication of what that burden is doing, the Social Security Administration is announcing that beginning in January the Medicare recipient will have to pay a larger sum before he can start having his hospital bills paid by the government.

This so-called "hospital deductible" figure is presently fixed at \$60, deemed heretofore to be the equivalent of one day's charge for a hospital. The boosting of this figure reflects the painful upward changes can take effect in



Don Oakley Says: America And Its Students

By DON OAKLEY
NEA Editorialist

Kent State's hour of tragedy can be transformed into a victory in the universal quest for a new kind of world with new meanings and brotherhood, believes the man who will be presiding over that transformation.

He is Dr. Glenn A. Olds, newly installed special president of Kent State, succeeding Dr. Robert L. White.

Pointing to a world in revolution, Olds says that "the communications link has been reduced to a small spinning top." Students know that the world is too small to permit irresponsibility. They see what is happening. They are trying to do it in a small spinning top.

There is really something wonderful under construction.

Would that it were so. And perhaps it is so in America, where the deafening silence on campus suggests that students have become disenchanted with change through violence. What ever they have decided that it is possible to achieve reform within the system, or whether they have just stopped trying entirely, remains to be seen, however.

Elsewhere in the world, unfortunately, students are not constructing something wonderful but something horrifying.

In Saigon, students claim to have destroyed some three dozen American vehicles since they launched a campaign a month ago to force the United States to withdraw from their country more quickly and more completely. They have also killed a number of people, mostly Vietnamese.

At a time when so many hoped for an end to the war and an age of reason, the level of violence in Saigon has been higher, says one reporter.

The students are not necessarily Communist or Communist sympathizers (though it is



The Sanford Herald

TELEPHONE 322-2611 831-9993
300 N. FRENCH AVE., SANFORD, FLA. 32771

WALTER A. GIELOW, Editor and Publisher
WAYNE D. DOYLE, Advertising Director & Asst. to Publisher
FRANK YOUTINE, Circulation - General Manager
JOHN A. SPOLSKI, Associate Editor

FRED VAN PELT, Managing Editor
STAFFORD DERY, Editor of Editorial Page
GARY TAYLOR, Sports Editor
JANE CASSIDY, Copy Editor
DOUG WILLIAMS, Society Editor
BILL VINCENT, JR., Staff Photographer

WINIFRED F. GIELOW, Controller
ROY GIELOW, Advertising Manager
DON W. PETERSON, Classified Manager
CHARLES HAYS, Mechanical Supt.
RAY STEVENS, Press Room Foreman
BILL VINCENT, JR., Staff Photographer

Home Delivery \$1.50 Month
By Mail \$1.50 Week \$1.00 & Month \$1.00 1 Month \$1.00 1 Year

U.S. Postal Regulations provide that all mail subscriptions be paid in advance.

Entered as second class matter October 27, 1910 at the Post Office at Sanford, Florida 32771.

No part of any material, news or advertising in this edition of The Sanford Herald may be reproduced in any manner without written permission of the publisher of The Sanford Herald. Any individual or firm responsible for such reproduction will be considered as infringing on The Herald's copyright and will be held liable for damage under the law.

Published daily except Saturdays, Sundays and Christmas; published Saturdays excepting Christmas.

Herald Area Correspondents

Altamonte Springs: Bob Lohr - Forest City 831-4475
Cocoa: Miss Kathy Nibicki 837-7150
Mrs. Marilyn Gordon 831-6975
Chuluota: Mrs. Lisa Baker 345-5207
Fov Park-E. Estates: Goldensand - Brookbrook
Mrs. Marilyn Gordon 611 Broadway Way 831-6975
Deltona-Delary: Estorpe Mrs. Jos. E. Mathews 448-5059

Lake Mary: Lake Meade 322-2411
Longwood: Mrs. Ann Riley 184 East Bay St. Longwood 831-9959
North Orlando: Mrs. Mary Hyatt 838-5886
Orlando: Mrs. Clarence Snyder 222-4441
Orlando: Geneva-Sleria Mrs. Jos. E. Mathews 448-5059

Pennsylvania Avenue Supreme Court: Woman Member?

By MICHAEL O'CONNOR
Copley News Service

WASHINGTON — The female vote in the 1972 election is slowly melting in the strategy pattern of the White House.

There are positive indications that the recent push for a woman appointee to the U. S. Supreme Court is looked upon with great interest by President Nixon's advisers. In the last year, the word also has filtered down to government agencies to give women encouragement in appointments to high level administrative posts.

More women also may run for Congress next year and chances of gains in distasteful membership (now 12 in the House and one in the Senate) could be enhanced by reappointment.

For women, however, the odds still are longer than for men in reaching Washington as a tender political age, A re-



'Long Hours' Confronting City Manager



RONALD BERGMAN
By DONNA ESTES
CASSELLBERRY — A 12-hour workday is the rule rather than the exception for the municipality's first city manager, Ronald Bergman, but he is enjoying every minute of it.

Bergman, who at 25 probably is one of the youngest municipal leaders in the nation, has been on the job in Casselberry since July 26.

Prior to coming to Seminole's second largest city, he was an assistant city manager in his native California and working as a consultant in his own business.

"I know there was growth being experienced in Casselberry and expected action as the intensity of action was much more than I anticipated," he declared.

"What are your usual week's activities?" Bergman was asked. He listed regular meetings of the City Council on Monday nights, planning board

or another advisory board on Tuesday nights, miscellaneous meetings on Wednesday nights, board of adjustment meetings on Thursdays and miscellaneous gatherings of one sort or another on Fridays.

During the off-time hours he is updating schedules of annexation, attempting to solve drainage problems, discussing possibility of cable television, etc., or citizens are wading into his office to meet the new young city manager or to register complaints.

At this particular point Bergman is working closely with Mayor Curtis Blow in amending this year's budget or to work on one for the next fiscal year. Problems in city government are part of Bergman's responsibilities. Currently the manager is searching for funds to equip a truck being acquired from the Florida Forest Service for the fire department.

Pointing to the city's growth, Bergman estimated Casselberry's population at between 10,000 and 11,000, even though the 1970 census showed 9,100. "We have had tremendous growth in a short period," he said.

"We are trying to handle day-to-day work in Casselberry," Bergman said, "working on short range projects with an eye toward five, 10, 15 year plans. It is important that our efforts be coordinated toward future goals in order that action now will not be retrogressive to future plans."

Bergman said his family is making their temporary home at the Summit apartments until they get settled.

Sell With Want-Ads

WANT AD INFORMATION

Direct Phone Lines To Want Ads

Seminole 322-2611
Orlando 425-9388

The Longer Your Ad Runs The Less It Costs Per Line Per Day.

Rates For Consecutive Insertions—No Change Of Copy.

1 thru 4 times 34¢ a line
5 thru 20 times 24¢ a line
21 times or more 20¢ a line
(\$1.75 MINIMUM CHARGE)
3 LINES MINIMUM

CLASSIFICATIONS

Announcements
Employment
Rentals
Real Estate For Sale
Merchandise
Transportation

It's a Million \$5 Development of NEW HOMES Twenty West Located 6-Blocks West of French Ave. On 20th Street In Sanford. -Model- HOME OPEN Daily 11 a.m. - 8 p.m. FHA 235 HOMES \$17,600 Ducted For Future Air 3 Bedroom - 1 1/2 Bath Spanish-Colonial Contemporary

FINANCING \$18,500 to \$18,900 3 Bedroom - 1 1/2 Bath Air Conditioning Also Sidewalks and Street Lights... BUY NOW 25 Homes Under Construction BRAILEY ODHAM BUILDER-DEVELOPER SANFORD PHONE 323-4670 or call collect 295-4370 Orlando



AMONG the 39 graduates of the School of Practical Nurses Course at Orange County Vocational School in Orlando were two Forest City sisters, Mrs. Mabel Marx (left) and Mrs. Rose Carter.

Frank Caldwell, legislative assistant to the House Water Resources Management Study Committee, said a system of water quotas could be used to indirectly keep the population at a certain level.

He said the approach would work particularly well in the south Florida region because of a threatened water shortage in the near future.

Water Use Controls Urged For Suburbs

TALLAHASSEE, Fla. (AP)—Population could easily be controlled in urban areas if quotas were slapped on the consumption of water, a House committee was told Tuesday.

Frank Caldwell, legislative assistant to the House Water Resources Management Study Committee, said a system of water quotas could be used to indirectly keep the population at a certain level.

He said the approach would work particularly well in the south Florida region because of a threatened water shortage in the near future.

Want Ad Department Hours

MONDAY thru FRIDAY 9:30 AM to 5:30 P.M.
SATURDAY 9:00 AM to 12 NOON
CALL UNTIL 5:30 P.M. TO START OR CANCEL YOUR AD NEXT DAY, SAT. NOON FOR MONDAY.

71—Auto Repairs
72—Auto Accessories
73—Motorcycles
74—Auto And Trailers
75—Auto For Sale

50—Garage/Rummage Sales
51—Auctions
52—Wanted To Buy
53—Wanted To Sell
54—Equipment For Rent
55—Miscellaneous For Sale
56—Household Goods
57—Merchandise
58—Store And Office Equipment
59—Machinery And Tools
60—Building Materials
61—Lawn And Garden Equipment
62—Livestock And Poultry
63—Furn. And Supplies
64—Clothing

BEATLE BAILEY
LANCELOT
BLONDIE
THE BADGE GUYS
WINTHROP
ALLEY OOP
CAPTAIN EAST
THE WILLETS
THE PHANTOM

HERE I PROMISE YOU A DOUGHNUT FROM THE FX
WHY THANKS MAN
HE'LL NEVER BE A SOUL-BROTHER OR EVEN A BLUE-EYED BROTHER
BUT I GUESS I MIGHT GET TO THINKING OF HIM AS A GREEN-EYED DISTANT COUSIN
HOW DARE YOU
WEP LIKE TO KISS A COUPLE OF HOUSES!
WE'VE BEEN POSITIVELY BUSY TODAY BUT I THINK THERE ARE A COUPLE LEFT!
NEXT THING I THINK WE SHOULD CALL FOR A RESERVATION
WHAT'S FOR DESSERT?
CHOCOLATE WHIPPED CREAM PIE
AND I GUARANTEE IT'S NON-FATTENING!
HOW CAN A DESSERT LIKE THAT BE NON-FATTENING?
YOU DON'T EAT IT—YOU JUST LOOK AT IT THAT'S CUT OUT OF MAGAZINE
HANDCUFFS MAKE THEM GO TO JAIL MANUAL... I HAVE IT ALL, SGT. BLOTTER.
GOING AFTER A VICIOUS CRIMINAL YOU'LL HAVE TO SUBDUDE?
THIS EVENING AN OLD BOY FRIEND IS DROPPING BY.
WORSE!
IF YOU COULD HAVE JUST ONE WISH, WHAT WOULD YOU WISH FOR?
I'D WISH FOR A BIG ROOM FILLED WITH DOLLARS AND BANK NOTES AND LUGGAGES AND MONEY...
SHE GETS A BIG MILEAGE OUT OF ONE GUY WISH THAN ANOTHER I KNOW.
I THINK YOU'RE RIGHT BUT I'D RATHER BE BETTER IN OOP RECORDED CLANK!
I'M GLAD YOU AGREE WITH ME, OAKLEY.
NOW HOW ABOUT GETTING ALLEY ON THE VIEW SCREEN WHILE WE WATCH THEM GET LOST?
YOU'RE GOING TO OPERATE THIS MACHINE NOW?
THAT'S CLEAN!
WHY TRILL BE COKE, MAMMY, TURN ME ON!
I GUESS EVEN BOBBIES HAVE TO GET THEIR ROCKS FROM SOMETHING!
LOOK! WE KNOW THIS LOVELORN SPOOKS A WOMAN... AND NOW SHE'S DRIVING HER CAR INTO THE WALL!
WHY A WOMAN?
BUT I'LL BEAT IT... DON'T PEE HOW LOCKE COULD'VE SHAKED BACK TO BED AND FOLLO' HIS NUMBER!
HEY! HOLD ON A SECOND... WHO'S BEAT THIS?
THE TAPES OF MY LECTURES ARE ON THE NIGHT STAND, DEAR.
WHY ARE YOU SO EAGER TO HEAR THEM?
IS IT MY DYNAMIC DELIVERY, MY CLEVER, MY CHARISMA, MY...
MY INSOMNIA!GET THAT GUY BEFORE HE GETS AWAY.
I DON'T SEE ANYTHING, HONEST.
WE'LL MAKE SURE.
HE'S HEAVIER THAN LEAD... CAN WE DROP HIM?
NOBODY WANTS TO BE HIM!

Service For South Seminole Seen Seminole Joins Orlando Bus Study

By LARRY NEELEY
Seminole County will join with Osceola County, Orange County, city of Orlando and the Orlando-Orange County Express Authority in a 90-day study to determine how to solve the bus situation in metropolitan Orlando, if and when the current strike against Orlando Transit Company is settled and the buses begin to move again.

The Seminole County Commission Tuesday night approved a resolution to participate in the study. Commissioner Al Davis opposed the move. He said he sees no reason why Seminole County should participate in solving an Orlando problem since there are no assurances that Seminole County will benefit from the \$500 which will be the county's share of the \$1,000 study.

Jack Gladden, director of the East Central Florida Regional Planning Council, said the problem is one in the metropolitan Orlando area which includes South Seminole County. Gladden also said the 90-day study will determine which method of operation of the bus system is the most feasible and economical. This may mean a joint authority for Orange, Seminole and Osceola Counties to operate the system.

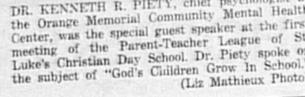
Gladden stressed the 90-day study is different from the long range mass transit study undertaken by the Orange, Seminole and Osceola urban studies group of the regional planning body. He said the 90-day study will not be undertaken if the current strike is not settled because the bus system will not have the needed customers if the strike continues much longer.

The regional planning official added this is the same reasoning for conducting the study to determine how to best operate the bus system after the three-month subsidy by Orange County runs out. He said it will be much harder to initiate a bus transit system from scratch, than if the existing system is modified.

Commissioner Sidney Vihlen Jr. went on record favoring the study but he said any future monetary participation by Seminole County should be based on some type of formula rather than population basis as the 90-day study is proposed. Gladden said he agrees with Vihlen but in light of the emergency situation could see no other way to determine funding in such a short time.

County Planner David Farr said the county will have a significant voice in how the bus system will be operated in the future if it participates in the 90-day study which may mean bus service to South Seminole a lot sooner than if the county waits until the long range mass transit study is completed.

Commission Chairman Greer Drummond said he supports the county's participation in the study since it will be paid from planning department funds which come from building and zoning fees. Drummond said he reasons a majority of the fees are generated from the South Seminole area and that is the area of the county to benefit most from the study.



Construction Boom Continues In County

By MARION BETHEA
ALTAMONTE SPRINGS — "You ain't seen 'em yet..." the late singer Al Jolson was wont to quip... and so it would seem relative to the spiraling development of this municipal city, which was evidenced with the presence of several developers at yesterday's meeting of City Council.

William Goodman appeared before Council with respect to his development at Spring Oaks in which preliminary plans have been received.

Goodman told Council he is willing to absorb the cost of a 16-inch force main from his property to the sewage treatment plant, and that engineer William Palm had designed an extension of the water main from San Sebastian to his property.

Goodman said he is preparing to commence "laying out" 100 homes within 60 days, and within 90-120 days will begin construction on another 200 homes. Goodman said this would necessitate 130-150 additional tapping capacity to the existing plant.

Goodman went on to say he also plans to build apartments on an additional 100 acres, and has accepted over 100 deposits on homesites. "I don't know where the people are coming from," he said.

Homes in the Spring Oaks development will average \$30,000, with a \$22,000-\$27,000 price range.

Goodman noted that by September of 1972 he anticipates 500 occupants in the subdivision, and by the fall of 1973 all of the subdivision will be complete.

Disney Impact Continues

MIAMI (AP) — Howard Johnson Co. and Walt Disney World representatives signed papers Tuesday for Howard Johnson to build a 25-story, 216-room motor lodge at Lake Buena Vista, north of the Disney tourist complex in central Florida.

Construction of the \$4 million facility is to start immediately with completion due next summer.

Howard B. Johnson, head of the motor lodge and restaurant firm, said his company expects to spend \$40 million in expansion in the Orlando area by the end of 1972, building "at least" nine lodges and 11 restaurants.

SUPER drug stores

BRING YOUR NEXT PRESCRIPTION TO SUPER!
The proof is in the price tag. You'll see, you'll save at Super!

PRICES GOOD THROUGH SATURDAY, OCTOBER 2 OPEN 7 DAYS A WEEK

SICK & TIRED OF OVERPAYING FOR PRESCRIPTIONS?

BRING YOUR NEXT PRESCRIPTION TO SUPER!
The proof is in the price tag. You'll see, you'll save at Super!

BORDEN ICE MILK

Ass't. 44¢
REG. 69¢ Value
1/2 GAL.

BECAUSE EVERYBODY HAS PROBLEMS...

POWELL'S OFFICE SUPPLY CO.
Ph. 322-5842
117 MAGNOLIA SANFORD

HEAVY SNAP-LOCK LID

TRASH CAN \$1.97
YOU'D EXPECT TO PAY 56¢

REPEAT OF A SELLOUT! 20 GALLON TRASH CAN LINERS OF 20 99¢

APPLIANCE SAVINGS

PORTABLE CASSETTE TAPE RECORDER \$19.97
REG. \$22.99
MODEL CTF-2002

PALMOLIVE LIQUID

REG. 64¢
22 OZ. BOTTLE
39¢

LOW, LOW PRICES ON Health & Beauty Aids

11 OZ. AEROSOL PALMOLIVE RAPID SHAVE \$1.73
REG. \$2.99

CONVERTIBLE, 16-INCH BICYCLE

\$22.88
REG. \$28.99

AM FM RADIO

MODEL FFR-1250 OR FFR-1251
\$9.87
REG. \$12.99

50c VALUE CANDY BARS

10 Pack, 5c Size
29¢

TWIN PACK OF 400 JOHNSON & JOHNSON COTTON SWABS

\$1.85 VALUE
87¢

PHOTO DEPT. SAVINGS

PANTY HOSE 59¢
REG. 99¢

HANDSOME AM TABLE RADIO

Walnut grain cabinet, finished back, MODEL AR-822
\$5.99
REG. \$7.77

\$1.67 VALUE BUFFER TABLETS

Bottle of 100
97¢

FROM TONIC LOOK OF NATURE HAIR COLOR

\$2.99 VALUE
\$1.79

KODAK INSTAMATIC X-15 Smile Saver Kit

3 Flash Cubes, 4 Carrying Case
REG. \$2.25
\$1.69

HOUSEHOLD SAVINGS

Delsey Toilet Bowl Cleaner 69¢
REG. 99¢

\$1.09 VALUE RIGHT GUARD DEODORANT

4 Oz. Spray
49¢

NUTRI-TONIC HOME PERMANENT

\$2.80 VALUE
99¢

Woolite POWDER

6 1/2 OZ. CAN
Cold water wash for wool and fine fabrics.
REG. 96¢
88¢

BOUDOIR LAMPS

Choice of 3 Styles
\$3.99
REG. \$4.99

SPORTS SAVING SPECIAL

OFFICIAL SIZE BASKETBALL \$2.77
REG. \$3.99

CHEWABLES-133 VITAMINS

28 TABLETS FREE WITH 100 SUPER MULTIPLE VITAMINS WITH \$1.27 IRON

7.95-50.00 VALUE TIMEX WATCHES

10% off
A SELECTION OF OVER 200

VISIT YOUR CONVENIENT LOCATION

2438 FRENCH AVE. (17-92 Next To Winn Dixie)
SANFORD
PHONE 322-8270
OPEN MON. - SAT. 9 A.M. 'TIL 9:30 P.M.
SUN. 10 A.M. - 7 P.M.

Allies Launch Counterattack Along Viet-Cambodia Border

By GEORGE ESPER
Associated Press Writer
TAY NINH, Vietnam (AP) — Other 1825 bombed within a few miles of the Cambodian rubber plantation town of Khek, seven miles from the Vietnamese border, where other Saigon forces are threatened by North Vietnamese 9th Division.

Four U.S. and four South Vietnamese generals met in Tay Ninh to discuss the threats to the allied positions including a U.S. artillery base.

Minh and Lt. Gen. Nguyen Xuan Thinh, his deputy, said that after the heavy U.S. air strikes, the enemy rocket and mortar attacks had tapered off.

The Saigon command reported nine shellings Tuesday with a total bombardment of 600 rocket and mortars against 1,000 yards of the base.

Other 1825 bombed within a few miles of the Cambodian rubber plantation town of Khek, seven miles from the Vietnamese border, where other Saigon forces are threatened by North Vietnamese 9th Division.

Four U.S. and four South Vietnamese generals met in Tay Ninh to discuss the threats to the allied positions including a U.S. artillery base.

Minh and Lt. Gen. Nguyen Xuan Thinh, his deputy, said that after the heavy U.S. air strikes, the enemy rocket and mortar attacks had tapered off.

The Saigon command reported nine shellings Tuesday with a total bombardment of 600 rocket and mortars against 1,000 yards of the base.

PW Wives Prodding President

WASHINGTON (AP) — Just hours after a few relatives of American prisoners of war ricketed the White House, President Nixon paid a surprise visit to their convention and said he expects to bring the men home.

The President's appearance at a Tuesday night banquet of the National League of Families of American Prisoners and Missing in Southeast Asia broke the administration's relative quiet on the subject with promises from Nixon and his secretary of defense for revived activity.

Nixon described the POW-MIA problem as "being one that has presidential priority" and said his goal is "obtaining the release of all our prisoners of war and missing in action wherever they may be in Southeast Asia."

Beginning at noon Tuesday, some 500 wives of prisoners of war and missing in action met with President Nixon and his secretary of defense, James Schlesinger, in the White House.

The convention, in an afternoon session, adopted several resolutions including some expressing distress with what delegates viewed as a lack of progress and asking a speedy end to the war.

But the convention has solidly stated efforts by some members to enter political arena and endorse specific actions such as a withdrawal date.

Defense Secretary Melvin R. Laird, who spoke at the banquet after Nixon, received a warm ovation when he stated: "We shall continue to press urgently for a full explanation of Hanoi's position, but, ladies and gentlemen, we will not accept any proposition which is not clearly in the interests of the United States of America or of the prisoners themselves."

Blamed On President GI Withdrawal Delayed

WASHINGTON (AP) — The Nixon administration reportedly is seeking to delay until after Saturday's South Vietnamese presidential election a Senate vote on Democratic Leader Mike Mansfield's new move to force total U.S. withdrawal from Indochina in six months.

The amendment, like one adopted earlier but diluted in conference after House rejection, is expected to pass the Senate.

Congressional sources say the administration fears immediate adoption of the amendment would adversely affect the close working relationship between President Nixon and South Vietnamese President Nguyen Van Thieu's unopposed re-election bid.

Another reported factor in the attempt at delay is the school desegregation controversy for the first time, as they are trying to block House action on a bill that would force them to vote on the busing issue.

Mostly liberals with good civil rights records, they are caught between pro-busing civil rights forces and growing anti-busing sentiment in their home districts.

The bill they would like to bury is President Nixon's \$1.5-billion emergency school aid program.

Using every parliamentary device available they thwarted efforts in the Education and Labor Committee to force a final deadline for completing committee action on legislation to be considered this year.

The bill has been knocking around in Congress for nearly 18 months since Nixon asked for it as an emergency measure to help Southern schools meet an August, 1970 desegregation deadline set by the Supreme Court.

Largely ignored by Northern, more districts would get much money, and viewed tepidly by Southern who would get the money but not the federal presence that goes with it. It has been befuddled mainly by administration supporters and civil rights groups.

This support was weakened, however, by Nixon's decree last August that none of the money would be used to pay for busing.

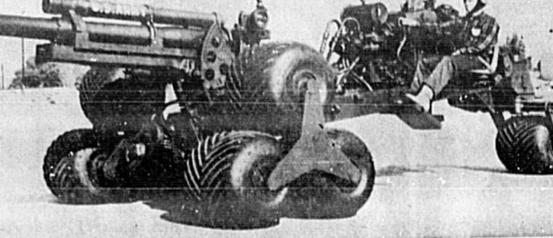
BARBS

By PHIL PASTORET
A mother-in-law is much the better choice than a mother-in-law.

The only trouble with buying on time is that the dealer has his financial clock set three hours faster than yours.

There's a great difference between having an open mind and being empty-headed.

You can't hear a pin drop when we howl.



UNIQUE LOCOMOTION SYSTEM powers weird-looking but highly mobile new triple-tired 105mm howitzer. Developed by Lockheed Aircraft, the standard military engine in tandem with an advanced hydrostatic drive permits the big gun to maneuver in deep mud, swamps and other rough terrain.

Blamed On President GI Withdrawal Delayed

WASHINGTON (AP) — The Nixon administration reportedly is seeking to delay until after Saturday's South Vietnamese presidential election a Senate vote on Democratic Leader Mike Mansfield's new move to force total U.S. withdrawal from Indochina in six months.

The amendment, like one adopted earlier but diluted in conference after House rejection, is expected to pass the Senate.

Congressional sources say the administration fears immediate adoption of the amendment would adversely affect the close working relationship between President Nixon and South Vietnamese President Nguyen Van Thieu's unopposed re-election bid.

Another reported factor in the attempt at delay is the school desegregation controversy for the first time, as they are trying to block House action on a bill that would force them to vote on the busing issue.

Mostly liberals with good civil rights records, they are caught between pro-busing civil rights forces and growing anti-busing sentiment in their home districts.

The bill they would like to bury is President Nixon's \$1.5-billion emergency school aid program.

Using every parliamentary device available they thwarted efforts in the Education and Labor Committee to force a final deadline for completing committee action on legislation to be considered this year.

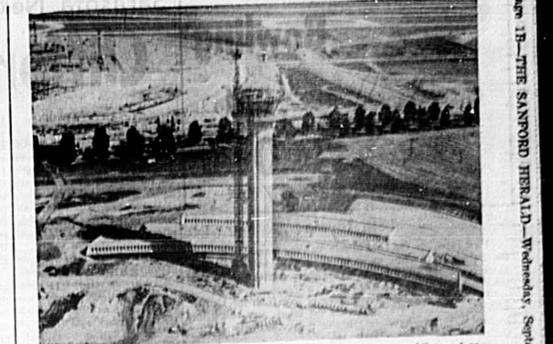
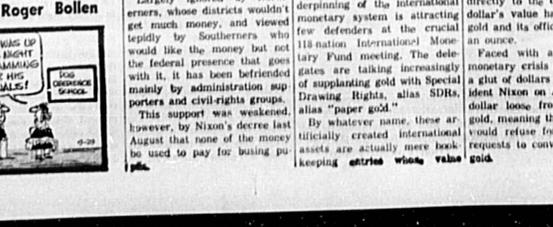
The bill has been knocking around in Congress for nearly 18 months since Nixon asked for it as an emergency measure to help Southern schools meet an August, 1970 desegregation deadline set by the Supreme Court.

Largely ignored by Northern, more districts would get much money, and viewed tepidly by Southern who would get the money but not the federal presence that goes with it. It has been befuddled mainly by administration supporters and civil rights groups.

This support was weakened, however, by Nixon's decree last August that none of the money would be used to pay for busing.

MARKED MAN

Since the inmate rebellion at New York's Attica state prison, Correction Commissioner Russell G. Oswald has encountered bombings at his offices and threats to his safety at his home.



IT MAY NOT LOOK like much now, but this is destined to be the world's most up-to-date observatory. At Skylab's Francis, 17 miles from Paris, White New York, London and other world cities debate sites a net of new airports is being laid out, supplementing only and Le Tour, specifically geared to the supersonic era.

2 Probing Satellites Launched On Rocket

By HOWARD BENEDICT
CAPE KENNEDY, Fla. (AP) — Two new satellites hurtled into orbit aboard a single rocket today—one to test the Apollo tracking network, the other to probe the sun by creating its own private solar eclipses.

Because of a control problem with the second stage of the Delta rocket, the payloads were injected into elliptical rather than the desired circular orbits. This might reduce the effectiveness of the solar observatory.

The two-stage Delta vaulted skyward at 5:45 a.m., EDT and performed perfectly through first and second stage flight of about 10 minutes. Then, after an 18-minute coast period, the second stage reignited for six seconds in a maneuver intended to place the satellites into circular paths 345 miles high.

But the National Aeronautics and Space Administration announced that when the engine restarted the stage experienced an attitude control problem and was pointed slightly off course. As a result, the payloads were kicked into elliptical paths ranging from about 225 to 335 miles high.

Officials said the abnormal orbit might make it more difficult to aim some of the six experiments on the sun probe, but that it should have little effect on the Apollo test satellite.

The principal payload was OSO-7, dubbed the "Sunwatcher" satellite. It is the seventh in a series of orbiting solar observatories intended to make the most comprehensive investigation yet of the sun and how it influences life, weather and communications on Earth and events on other planets.

He said Lindsay was pleased with the launch, but that it was not unexpected. Lindsay's "soundings" out here, reinforced his belief that he has a role to play in 1972, perhaps as a Democratic candidate for the White House, Morgan said.

He said Lindsay was pleased with the launch, but that it was not unexpected. Lindsay's "soundings" out here, reinforced his belief that he has a role to play in 1972, perhaps as a Democratic candidate for the White House, Morgan said.

NY Mayor 'Closer' To Entering In Race

By HILL STALL
SAN FRANCISCO (AP) — Mayor John V. Lindsay of New York is closer to being a candidate for president today after spending 51 hours in California, an aide says.

Tom Morgan, the mayor's press aide and adviser, said one key development was Lindsay's declaration at a news conference that he would enter the presidential primary contests if, when decision time arrives, he thinks that is his "role."

"We didn't leave New York planning to say that," Morgan said.

The reaction of party regulars to the Lindsay foray, as a newcomer to the Democratic party, was mixed. But Morgan said that was not unexpected.

Lindsay's "soundings" out here, reinforced his belief that he has a role to play in 1972, perhaps as a Democratic candidate for the White House, Morgan said.

He said Lindsay was pleased with the launch, but that it was not unexpected. Lindsay's "soundings" out here, reinforced his belief that he has a role to play in 1972, perhaps as a Democratic candidate for the White House, Morgan said.

'Ginger' Heading To Land

MIAMI (AP) — Hurricane Ginger nosed her huge mass toward the U.S. east coast today and forecasters plotting the three-day storm's sluggish progress warned residents from the Carolinas to Key West to be prepared for a possible landfall.

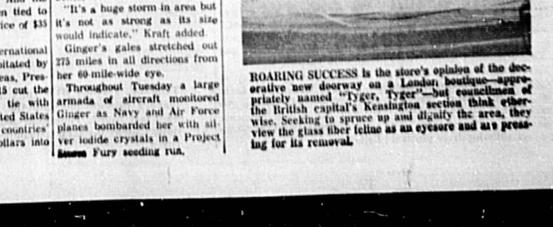
At midnight, Ginger, the oldest storm on record, was about 500 miles east of Jacksonville at Latitude 30.3 North, Longitude 12.8 West and moving west at about 7 miles per hour.

"I think it's a little too early to say where it will go in but I do think it's going to hit someone," said National Hurricane Center forecaster Ray Kraft.

"It's a huge storm in area but it's not as strong as its size would indicate," Kraft added.

Ginger's gales stretched out 275 miles in all directions from her 60-mile-wide eye.

Throughout Tuesday a large armada of aircraft monitored Ginger as Navy and Air Force planes bombarded her with silver iodide crystals in a Project Rime Fury seeding run.



ROARING SUCCESS in the star's opinion of the decorative new doorway on a London boutique—appropriately named 'Ginger'—but enthusiasm of the British capital's Kensington section think otherwise. Seeking to attract up and dignity the area, they view the glass fiber facade as an eyesore and are pressing for its removal.

Help For Women Who Really Want To Kick Smoking

Why do women—more than men—find smoking such a difficult habit to kick? Results of recent studies, published in *Glamour Magazine*, show that of the 16.2 million people who quit smoking between 1966-1970, only 3.3 million were women. It seems, too, that women have a 25 per cent higher return rate and are the first to popularize new brands. In fact, the number of women smokers is up from 22 percent in 1955 to 31 percent in 1970.

Psychologists have various reasons why so many women seem to be hooked: Cigarettes satisfy their desire to break with old social restrictions. Smoking helps women handle the role of a mother. The housewife's environment is more conducive to smoking, especially if she is alone. In the business world, smoking creates a sense of equality with men. Women are more fearful of weight gain. If you decide this emotional crutch has got to go, try some of these tips from the October *Glamour Magazine* to help you after you've stopped.

Carry around oral substitute—breath fresheners, sugarless gum, mouth spray, celery and carrots, if necessary. Do strenuous physical exercise—tennis or swimming—to



Shellcraft Art To Spark Confab.

DELTONA Garden Circles have been busy preparing for the District VI Florida Federation of Garden Clubs meeting to be hosted by Deltona Garden Club in the Women's Club building on Normandy Boulevard, Oct. 21. From left, some of members are shown working on shellcraft articles to be offered for sale at the district meeting, are Mrs. W. W. Hopton (Gardenia), Mrs. Robert V. Wilson (Azalea), Mrs. Kenneth Boyden (Periwinkle), Mrs. Leroy Roth (Aster) and Mrs. R. A. Widmer (Amaryllis). (Staff Photo)



BRIDAL LUNCHEON — Sharing pre-nuptial happiness are from left, Mrs. Vera Mathers, hostess; Miss Diana McWhorter, bride-elect; and her mother, Mrs. James L. McWhorter, mother of the bride-to-be; and Mrs. Bert Hollingsworth, hostess.

Luncheon Honors Diana McWhorter

Miss Diana McWhorter, whose wedding to Gary Williams will be an event of Oct. 2, was honored with a luncheon on Saturday, Sept. 25, at the home of Mrs. Vera Mathers. Hostesses for the luncheon were Mrs. Mathers and Mrs. Bert Hollingsworth. Each guest presented the bride-elect with a special gift. The luncheon menu consisted of hot chicken salad, asparagus spears with hollandaise sauce, garnishes of crabapples, pickled watermelon, and black olives, buttered rolls, iced tea and cherries jubilee. Guests joining the bride-elect for the delightful luncheon were her mother, Mrs. James McWhorter, Mrs. Nancy Morgan, Miss Elizabeth Paulucci, and the Misses Lisa Hollingsworth, Patty Williams, Lydia McWhorter and Mary McWhorter.

Cosmetology Explored At Meeting Lake Mary Woman's Club Starts Year

By MARION BETHA
A pot pourri of mod fashions, amiable repartee, and sumptuous cuisine was in evidence when the Lake Mary Woman's Club held its first meeting of the coming season at Troby Lounge.

Mrs. Richards expatiated that the face is the most delicate part of the anatomy, and therefore needs the greatest care. A fallacious theory was dispelled with the notation by the speaker that application of cold cream is advantageous to soap in water in facial cleansings. In a step-by-step method, the speaker articulately demonstrated application first of cold cream by an up and down motion of the finger tips. Mrs. Richards told the club members that application of facial products to the neck area should follow a downward motion.

"Utilizing trade products, the speaker then displayed a deep pore cleanser, graduating to application of a cream powder. The latter, she said, should be placed in the palms of the hand, rubbed together, and then distributed evenly upon the face. This method is opposed to the popular theory of blending facial make-up.

As the finished product emerged, club members were agreed that Mrs. Green was indeed a "femme fatale."

"Making the scene" for the delightful occasion were Betha, Mrs. W. B. Ball, Walter Bebe, Frank Evans, Gormley, Green, J. O. Gregory, W. C. Moss, Watson Reel, H. E. Sandusky, W. J. Shea, Joe Smathers, R. E. True, Sjoblom, L. C. Hughes and J. G. Noel.

Miss Semmens Guest Of Honor At Bridal Fete

By LIZ MATHEUX
Miss Margaret Semmens, a bride-elect of Walter Tenague, Jr., was honored at a luncheon and linen shower at the Orlando Hotel on Saturday, Sept. 25, by Mrs. James Partin, Mrs. Kirby Bucklew, Mrs. W. B. West and Mrs. Michael Tesinsky.

The tables were centered with clusters of white wedding bells which were interspersed with white lace and lily-of-the-valley. Two love-birds were set at the crown of the table. Garlands of green fern were placed along the middle of the tables. Tiny nosegays made of white net lace, miniature white bells, lily-of-the-valley and white satin ribbons.

A cluster of pink wedding bells was used at the end of each luncheon table. Pink and white place cards were used to designate each guest's place at the table.

The menu featured various dishes from the renowned Sky-line buffet table.

Invited guests were Mrs. Florence Semmens, mother of the honoree; Mrs. Walter A. Tenague, Sr., mother of the groom-elect; Mrs. Robert Wittmeyer, sister of the bride-elect; Mrs. Jack Garrard, Mrs. Nancy Gilmore, Mrs. Ruth Murley, all of Orlando; Mrs. Paul Miller, Mrs. John Evans, Mrs. William H. Martin, Mrs. Rex Clonta and Miss Kathryn Lawton, all of Oviedo.

Miss Semmens received many lovely and useful gifts and the hostesses presented her with some mementoes of linen.

LOOK WHAT LESS THAN

AMERICAN FAMILY DRUG STORES

99¢

Don't miss these terrific values!

AMERICAN FAMILY DRUG STORES

TUSSY LIP-RIOT LIPSTICKS 3 FOR 99¢ (\$1.00 VALUE)

BIG 24 OZ. JOHNSON BABY POWDER \$1.95 VALUE 99¢

BIG 32 OZ. SIZE LISTERINE MOUTHWASH \$2.29 VALUE 99¢

BAND-AID PLASTIC STRIPS 2 FOR 99¢ (\$1.05 VALUE EA.)

JOHNSON & JOHNSON 260 CT. COSMETIC SOFF PUFFS 3 FOR 99¢ (79¢ VALUE EA.)

FANTASTIC BUYS! VALUES FROM 9¢ TO \$3.99

REVLON PROFESSIONAL HAIR SPRAY (99¢ VALUE EA.) 2 FOR 89¢	VISINE EYE DROPS 1/2 OZ. (LIMIT 3) \$1.50 VALUE 89¢	BLACK OR BROWN MAYBELLINE ULTRA LASH \$1.00 VALUE 59¢	350 SHEET PAK FILLER PAPER 89¢ VALUE 39¢	250 SHEETS TYPING PAPER 79¢ VALUE 39¢
409 ALL PURPOSE SPRAY CLEANER (\$1.49 VALUE) LIMIT 69	CHEF FOR ALUMINUM FOIL 12 IN. X 25 FT. ROLL 2 FOR 39¢ (REG. 29¢)	25 CT. STYROFOAM HOT & COLD CUPS (29¢ VALUE) 2 FOR 29¢	17 FT. LENGTH RE-WEBBING ASSORTED COLORS (49¢ VALUE) 2 FOR 39¢	GILLETTE DBL. EDGE BLADES 2 FOR 99¢
POLAROID 108 COLOR FILM (GIVES 8 LARGE PICTURES) (LIMIT ONE) 5.49 VALUE 3.99	SYLVANIA FLASHCUBES \$1.85 VALUE 79¢	3/4 X 180 FT. MASKING TAPE (49¢ VALUE) 29¢	9 VOLT BATTERY 26¢ VALUE 9¢	EFFERDENT TABLETS 2 FOR 99¢
ALCO DRY MOUNT PHOTO ALBUM \$4.00 VALUE 1.99	ZIPPO 12 CT. FLINTS (25¢ VALUE EA.) 2 FOR 29¢	5 OZ. ZIPPO LIGHTER FLUID (25¢ VALUE EACH) 2 FOR 29¢	STADIUM SEAT BEST IN TOWN FOR FOOTBALL 4.95 VALUE 2.99	LYSOL SPRAY DISINFECTANT 99¢
Woolite Liquid 89¢ VALUE (8 OZ.) ALSO GOOD FOR SYNTHETIC WASH 59¢	CONSTANT ALARM CLOCK WITH CHIME 3.49 VALUE 1.99	7 OZ. SUPER TUBE HEAD & SHOULDERS \$2.45 VALUE 1.19	GEN. ELECTRIC STEAM & DRY IRON 10.95 VALUE 7.99	CHARM DETERGENT 4 FOR 99¢
COOL STEAM HUMIDIFIER \$4.99 VALUE 7.99	PROCTOR SILEX TOASTER \$11.25 VALUE 6.99	RELIANCE... A-1 HEATING PAD 5.95 VALUE 2.99	GEN. ELECTRIC BLENDER \$27.95 VALUE 14.99	KORDITE TRASH CAN LINER 99¢
TUMS 9¢	BIC PENS REGULAR 19¢	ROD & REEL COMBINATION BRONSON 802/204 CAST REEL WITH 50' COMPANION ROD 8.99 VALUE 4.49	FURNACE AND AIR CONDITION FILTERS 2 FOR 99¢	OSROW SPRAY PAINT ALL SPRAY ENAMEL IN CONVENIENT CASE HARD HELL & SABLE 98¢ VALUE 59¢
	MAGNETIC CAN OPENER 99¢ VALUE 69¢	CAT LITTER 12 1/2 LB. 49¢ VALUE 2 FOR 69¢	POCKET KNIVES ASSORTED STYLES 1.59 VALUE 99¢	FOLDING TV SLIPPERS IN CONVENIENT CASE HARD HELL & SABLE 1.29 REG. 79¢
		5 LB. - WILD BIRD SEED 69¢ VALUE 2 FOR 69¢	LADIES' IMPORTED SANDALS 99¢	ACRYLIC PANT SUITS BONDED ACRYLIC - SILVERLINE VEST FLARE LEG PANTS 10.99 REG. 8.99
			GEN. ELECTRIC DRY IRON 10.95 VALUE 7.99	ACRYLIC PANT SUITS BONDED ACRYLIC - SILVERLINE VEST FLARE LEG PANTS 10.99 REG. 8.99
			POCKET RADIO JULETTE 204 FINGER TIP - FINGER TIP - FINGER TIP - 9 VOLT BATTERY \$4.99 VALUE 2.49	ACRYLIC PANT SUITS BONDED ACRYLIC - SILVERLINE VEST FLARE LEG PANTS 10.99 REG. 8.99
			POCKET RADIO JULETTE 204 FINGER TIP - FINGER TIP - FINGER TIP - 9 VOLT BATTERY \$4.99 VALUE 2.49	ACRYLIC PANT SUITS BONDED ACRYLIC - SILVERLINE VEST FLARE LEG PANTS 10.99 REG. 8.99
			POCKET RADIO JULETTE 204 FINGER TIP - FINGER TIP - FINGER TIP - 9 VOLT BATTERY \$4.99 VALUE 2.49	ACRYLIC PANT SUITS BONDED ACRYLIC - SILVERLINE VEST FLARE LEG PANTS 10.99 REG. 8.99

ONE DOLLAR WILL BUY...

SALE THRU SATURDAY SHOP 9 a.m. til 9 p.m. WHILE GIANT STOCKS LAST!

JOHNSON & JOHNSON 400 COTTON SWABS \$1.65 VALUE 99¢

VASELINE INTENSIVE CARE LOTION \$1.69 VALUE 99¢

BUFFERIN BOTTLE OF 100 TABLETS \$1.67 VALUE 99¢

SWEET N' LOW 100 PACKETS 2 FOR 99¢ (LIST \$1.09 EA.)

RIGHT GUARD 4 OZ. DEODORANT 2 FOR 99¢ (1.09 VALUE EA.)

6.2 OZ. RED OR GREEN CLOSE-UP TOOTH PASTE 2 FOR 99¢ (\$1.09 VALUE EA.)

HARD OR MEDIUM TEK TOOTH BRUSH 5 FOR 99¢ (LIST 69¢ EACH)

TERRIFIC SAVINGS! BARGAINS FROM 2 FOR 19¢ TO \$29.99

SYLVANIA LIGHT BULBS 60-75-100 WATT SOFT WHITE (23¢ VALUE) (LIMIT 4) 6 FOR 99¢	HAMILTON BLENDER \$27.95 VALUE 14.99	FAMOUS BRANDS WATCHES NATIONALLY ADVERTISED 17 & 21 JEWEL VALUES TO 69.50 19.99	LADIES' STRAW HANDBAGS ASSORTED STYLES \$2.99 REG. 1.79	SHEERLON PANTY HOSE SEAMLESS SHEER AND TAN 2 FOR 1.19 REG. \$1.19
FURNACE AND AIR CONDITION FILTERS 2 FOR 99¢	POCKET RADIO JULETTE 204 FINGER TIP - FINGER TIP - FINGER TIP - 9 VOLT BATTERY \$4.99 VALUE 2.49	BOYS' OR GIRLS' 20" BICYCLES \$39.95 VALUE 29.99	BOYS' SPORT AND DRESS SHIRTS \$2.49 REG. 2 FOR 2.99	ACRYLIC PANT SUITS BONDED ACRYLIC - SILVERLINE VEST FLARE LEG PANTS 10.99 REG. 8.99
ASSORTED STYLES POCKET KNIVES 1.59 VALUE 99¢	PROCTOR SILEX TOASTER \$11.25 VALUE 6.99	DOUBLE HIBACHI 10" X 10" X 2" 10" X 10" X 2" \$9.99 VALUE 6.99	OSROW SPRAY PAINT ALL SPRAY ENAMEL IN CONVENIENT CASE HARD HELL & SABLE 98¢ VALUE 59¢	FOLDING TV SLIPPERS IN CONVENIENT CASE HARD HELL & SABLE 1.29 REG. 79¢
LADIES' IMPORTED SANDALS 99¢	RELIANCE... A-1 HEATING PAD 5.95 VALUE 2.99	BIC PENS REGULAR 19¢	CAT LITTER 12 1/2 LB. 49¢ VALUE 2 FOR 69¢	5 LB. - WILD BIRD SEED 69¢ VALUE 2 FOR 69¢
CHARM DETERGENT 4 FOR 99¢	ROD & REEL COMBINATION BRONSON 802/204 CAST REEL WITH 50' COMPANION ROD 8.99 VALUE 4.49	MAGNETIC CAN OPENER 99¢ VALUE 69¢		
KORDITE TRASH CAN LINER 99¢	COOL STEAM HUMIDIFIER \$4.99 VALUE 7.99			
BIRD FEEDER 99¢	TUMS 9¢			
LADIES' FASHION RINGS 2 FOR 99¢				
7 OZ. SUPER TUBE HEAD & SHOULDERS \$2.45 VALUE 1.19				

Beauty Tips

TUMMY EXERCISE
Short ribbed tops put the stomach on display. If you're not ready for the spotlight, set up a daily exercise program that you'll stick with. Either exercise or abandon the notion of wearing one of those bare shoulders. Nothing looks worse than a paunch peeping out between hip huggers and a rib top.

HIDING POUNDS
Long dresses with vertical patterns do wonders to camouflage those extra pounds you're planning to lose.

HIG ON CLOGS
Cloves are still a big thing on the fashion scene, especially with hot pants and bright colored stockings. Cloves are extremely comfortable and wearing them is good exercise for the legs.

MYSTERIOUS EYES
The darkened eye gives an air of mystery to the wearer. Apply a layer of smoky-colored cream shadow and a layer of smoky powder above and below the eye then fringe with lots of mascara to get the effect.

VINEGAR SHINE
Try a vinegar rinse to bring out red highlights in drab brown hair. The vinegar also gives the hair a fresh shiny look.

MORE EYES
For complete accentuation of the eyes, try the new eye make-up sets which include shadows, eye highlight, mascara and liner all in one neat little case.

TAKE IT OFF
Eye makeup remover is a must for those who wear eye make-up. The oily remover lubricates the lashes and prevents drying and irritation around the sensitive eye area.

SENSUAL LOOK
Lip glosses, which are available in numerous brands, give the lips a sensual look while preventing drying and chapped lips.

Society Photo Coverage

Requests for Society photo coverage should be made at least a week in advance. Engagement and bridal forms are available at The Herald office, with deadlines established.

The names of area correspondents are listed daily on the Editorial Page.

Doris Williams
Society Editor

WE FILL MORE PRESCRIPTIONS THAN ANYONE ELSE IN FLORIDA

THIS ALLOWS ECKARD DRUGS TO SELL CONSISTENTLY FOR LESS. YOU CAN KEEP YOUR DRUGS FRESH.



NEWLY installed officers of Old Glory American Legion Auxiliary Unit 183 are left to right, Mrs. Ruth Rudolph, sergeant-at-arms; Mrs. Florence Valus, historian; Mrs. Lilian Cox, treasurer; Mrs. Eleanor Pearson, secretary; Mrs. Mollie Steudie, vice president; Mrs. Nancy Russell, president, and Mrs. Zella Bittrich, chaplain. (Marilyn Gordon Photo)



OFFICERS installed by American Legion Old Glory Post 183 of Altamonte Springs are (left to right) Frank Steudie, historian; Linton Cox, commander; Thomas Lofgren, second vice commander; James Hughes, finance officer; Clell Rice, chaplain; and Edward Reggan, sergeant-at-arms. Absent from picture, Clara Lofgren, first vice commander and Graham Fuller, adjutant. (Marilyn Gordon Photo)

Vatican, Commies Negotiating

Cardinal Political Pawn

By EDWARD MAGRI
Associated Press Writer

VATICAN CITY (AP) — Joseph Cardinal Mindszenty, Hungary's unyielding anti-Communist primate, was named a prince of the Church in an era when Pope Pius XII excommunicated Communists and Hungary was falling into Red hands.

Now, a quarter of a century later, he has been recalled to Rome by Pope Paul VI in a dramatic demonstration of the pontiff's effort to coax a Communist government and its people to a better life for themselves and as a problem for



DISTRICT VI Florida Federation of Garden Clubs Horticulture Symposium will be held Oct. 6 in the Volusia County Agricultural Center, DeLand. Principals pictured with Larry Lozhok, Volusia County Agriculture Agent, are Mrs. Harry Durand (left) District VI director and president of the local Garden Club; and Mrs. John Havelock, District VI horticulture chairman. (Staff Photo)

Dedicated Officer Is Slain

JACKSONVILLE, Fla. (AP)—James Homer Moon was a policeman who worried about the city's problems even after his eight-hour shift was over.

"Jim was a dedicated police officer," said E. W. Hartley, chief of the patrol division. "He worked all the time. The problems of the community were constantly on his mind."

Dick Brown, president of the West Duval Jaycees, remembered Moon as one who was concerned for all the kids of the community and gave his own time to try to head them away from drugs.

"He would go around to civic clubs, schools and PTA meetings, trying to alert anyone who would listen about the dangers of drug abuse," Brown remembered.

The West Duval Jaycees made Moon their "policeman of the year" for 1970.

Two bullets from Moon's own pistol ended his life late Monday afternoon at the intersection of Edison and Woodlawn Avenues—an old west side business area.

Investigators said Calvin Wilbert, 22-year-old merchant seaman, stopped for questioning about a fight with a junior college instructor, pulled Moon's pistol and shot the patrolman with it. Patrolman G. W. Matherson was shot through the arm and he wounded Wilbert in the abdomen, investigators said.

An assault for helping save Matherson's life was credited to Charles E. Underhill, 22-year-old Nashville, Tenn., businessman who was driving by and stopped to help subdue the policeman's assailant.

FPL's new booklet, "How to economize and still get more benefits from your major electric appliances."

This is but one page of the economy booklet now available, free of charge, at your appliance dealer or any FPL office.

ELECTRIC RANGES

Surface Units:

1. Cook back regularly and finish in tightly covered containers in a minimum of cooking time.
2. Clean the oven to the top of the door.
3. Do not overcook. Turn off before cooking time has expired.
4. Turn off oven after cooking time has expired.
5. Do not use oven as a broiler.
6. Do not use oven as a toaster.
7. Many recipes are also available for cooking on just one surface unit. This is a very economical method because during most of the cooking time the unit is on standby or off.

Dial 322-2611 or 831-9993

ASK FOR A SUPER SELLER

JOIN THE WORLD-WIDE FAMILY OF SATISFIED WANT-AD USERS

Advertise Miscellaneous Merchandise For Sale At low, Low Cost!

3 LINES 5 DAYS \$3

* 4 lines 5 days \$4 * 5 lines 5 days \$5 * 6 lines 5 days \$6

- This special offer for the following classifications only. MUST BE FAMILY WANT ADS ONLY.
- 50—Garage/Barnage Sales
 - 51—Medical Merchandise
 - 52—Equipment for Rent
 - 53—Livestock and Poultry
 - 54—Antiques
 - 55—Miscellaneous and Tools
 - 56—Building Materials
 - 57—Low and Garden Equipment
 - 58—Livestock and Poultry
 - 59—Parts and Supplies
 - 60—Clothing

DIAL 322-2611 or 831-9993 TODAY



GIRL SCOUTS PRESENT COLORS — The Deltona-DeBary Junior Girl Scout Troop 61, has been designated to "post the colors" at the monthly Parents-Teachers Council meetings at the Enterprise School for September, October and November. Pictured on the school grounds before entering are Cheryl O'Brien and Mary Stravacos (center) color bearers flanked by Regina Falcon and Debbie Hiers, color guards. (Staff Photo)

Senator McGovern Predicts Support

TAMPA (AP) — Presidential hopeful George McGovern predicted Tuesday he would garner "a substantial slice" of Florida's delegation to the Democratic convention.

He said the boost would come largely through the support of the newly enfranchised 18 to 21-year-old voter.

The senator from South Dakota stressed the "enormous political significance" of youthful voters as he stumped four more Florida college campuses Tuesday.

Speaking to students at the University of South Florida in Tampa, McGovern acknowledged that Edmund Muskie is the front-runner for the Democratic nomination—even though the Maine senator has not yet officially announced his candidacy.

McGovern first to formally enter the race for the Democratic nomination, said it was too early to predict his exact strength in the state's March 14 primary. But he said a strong showing was necessary if he hoped to have a chance at next July's convention in Miami, Beach.

"The primary states are the key to the McGovern campaign," he said.

County Judge Bucks Fla. Supreme Court

MIAMI (AP)—Accusing the State Supreme Court of "overlooking the rights of the law-abiding citizen," a Dade County Criminal Court judge said he considered the state's controversial speedy trial rule unconstitutional.

Judge Paul Baker Tuesday refused to discharge the cases of two robbery suspects who sought release under the speedy trial rule. He instructed their attorneys to appeal his decision to the State Supreme Court.

The rule was enacted by the high court last year. It provides that defendants in felony cases be tried or freed within 106 days and defendants charged with misdemeanors be tried within 90 days. Defendants who filed a demand for a speedy hearing are entitled to a trial within 60 days, under the rule.

Baker's seven-page decision said the Supreme Court justices "in good conscience sought to protect the rights of every person accused of a crime, but in their haste overlooked the rights of the law-abiding citizen to receive equal justice under law."



LYMAN HIGH School Interact Club members turned out Saturday morning to lend a hand in clearing out underbrush at the Seminole All Youth Shelter site off SR 419. Boys stand by with shovels to control fire. (Jane Casselberry Photo)

Against U. S. 'Propaganda' Castro Is Promising Retaliation

By ISAAC M. FLORES
Associated Press Writer

MIAMI (AP) — Cuban Prime Minister Fidel Castro has threatened to encourage hijackers of American airplanes if the United States continues "its campaign of lies and hypocrisy" over the shutdown of the Cuban Refugee Airlift.

In a Havana speech, Castro declared that "cheap propaganda by the imperialists may result in the illegal exodus from Cuba of would-be refugees. The imperialists should remember that we have never pinned medals on any hijackers of their planes arriving here," he shouted.

"But to those encouraging it legally here, let them know we shall encourage illegally those who do not come," he added.

The bearded premier spoke in Havana's Revolutionary Plaza Tuesday night in a ceremony commemorating the 11th anniversary of the creation of the neighborhood Committees for the Defense of the Revolution. His speech was carried over nationwide radio and television and monitored in Miami.

Castro denied that Cuba had "unilaterally suspended the flights." The fact is that the list is exhausted, he said.

He referred to his orders grounding the 6-year airlift after some 1,700 Cubans awaiting the flights arrive in this country.

Ironically, Castro's remarks grounded the 6-year anniversary of the sixth anniversary of his another speech in which he

"opened the doors of Cuba to anyone wishing to leave." That offer, quickly accepted by the United States, resulted in the establishment of the twice-a-day Freedom Flights which have brought almost 248,000 people here from their Communist homeland.

Castro said this country was "forced to open the doors to them" after the chaos caused through "illegal departures" of people, including the Florida Straits in all manner of small boats.

"They were given more than ample possibilities of reuniting with their families," Castro declared.

"Naturally, they know that the waiting list is almost exhausted and they want to make cheap propaganda and again provoke illegal departures as

FREE CORNINGWARE SET

SAVE TIME during the busy fall season with an Amana Radarange. For a limited time, an 8 piece Corningware set will be given free with the purchase of an Amana Radarange. Corningware is perfect for use in the Radarange or conventional oven.

EAT a potato in 4 minutes or a 5 lb. roast in 30 minutes. Foods do not dry out and they retain more vitamins.

COOK COOL—The Radarange does not heat up the kitchen.

SEE for yourself — bring in a roast and let us cook it for you.

Call for details — No high pressure.

Offer Good only at:

MICRAD Microwave Ovens
823 Virginia Drive Orlando Phone 424-9633

Stanley P. Bellows' TV & APPLIANCE TOWN

END OF THE MONTH 3 DAYS ONLY

ONE YEAR WARRANTY ALL PARTS

ONE YEAR WARRANTY ALL LABOR

8 YEAR PICTURE TUBE WARRANTY (2 YRS. STANDARD, 6 YRS. PRO-RATED)

REG. 649.95 SAVE \$100.00 ONLY



\$549.95

Luxury 25" (viewable diagonal) television viewing is yours in pecan or oak finish. Instant Touch Tuning (ITT) is featured along with Automatic Fine Tuning, Automatic Tint Lock, and our Atlas I Chassis. This luxury television with our ultimate chassis and features is selling at a reduced price for only three days, so shop early and save money with Curtis Mathes.

Curtis Mathes

CREDIT TERMS AVAILABLE

OUR 18TH YEAR - OPEN 9 A.M. - 9 P.M.

Stanley P. Bellows' TV & APPLIANCE TOWN			WE SERVICE WHAT WE SELL		
EAST	WEST	SOUTH	NORTH	MAITLAND	CASSELBERRY
3313 EAST COLONIAL DR. 277-3150	PARKWOOD PLAZA 3105 WEST COLONIAL DR. 293-7781	ORANGE BLOS. CENTER 4320 S. OR. BL. TR. 855-0728	1229 NORTH MILLS AVE. 843-2010	SOUND TOWN RECORDS & TAPES 1234 S. LAKE FAIRWAY CENTER 647-8711 NOW OPEN!	SEMINOLE PLAZA 17-92 AND 430 838-0011

CENTRAL FLA.'S LARGEST APPLIANCE CENTERS CENTRAL FLA.'S LARGEST

FROZEN FOOD SALE



OUR MANAGERS

10¢

Just look what 10¢ will still buy at Winn-Dixie. Your friendly Winn-Dixie Manager has selected these inflation-fighting 10¢ bargains for you. Look down the page of nutritious money-saving values. Items you want and need, already on your shopping list, items for immediate serving and pantry stocking. Check your friendly Winn-Dixie now. Come get acquainted with your Manager. He will thank you for saving with him.

Quantity Rights Reserved
WINN-DIXIE STORES, INC.
COPYRIGHT - 1971
PRICES GOOD THURS. SEPT. 30 THRU WED. OCT. 6

THRIFTY MAID ICE MILK OR SUPERBRAND SHRETT OR ICE CREAM
SAVE 38¢

2 \$1
HALF GALS.

LIBBY ORANGE Juice .5 4-oz. CANS \$1.00
TASTE OF SEA SMALL FISH Sticks 2 4-oz. PKGS. 89¢
CHEF BOY-AR-DIE SAUSAGE Pizza . . . 89¢
BYRON'S BAR-B-QUE Pork . . . \$1.09

PAN-REDI SHRIMP
SAVE 17¢

2 \$2.99
LB. PKG.

HOW JOHNSON CHICK. OR SHRIMP Croquettes 12-oz. PKG. 79¢
AJUNT BRAND Waffles 4-oz. PKG. 49¢
LAMBRECHT CHEESE Cake . . . 89¢
PEPPERIDGE FARM APPLE Turnovers 12-oz. PKG. 59¢

MORTON CHICKEN, BEEF, TURKEY, MACARONI & CHEESE OR SPAGHETTI & MEAT

POT PIES
SAVE 57¢

6 \$1
FOR

RICH'S CHOCOLATE Eclairs . . . 59¢
DRESSER CHOC. PKG. OR STRYBY CEM. Cake . . . \$1.09
BRILLIANT SHRIMP COCKTAIL SNACK Tray . . . 99¢

MORTON CHERRY, APPLE, PEACH, COCONUT

FRUIT PIES
SAVE 54¢

4 \$1
20-oz. PIES

REGULAR OR CRINKLE CUT FRENCH FRY **POTATOES**
3 2-LB. POLY BAGS \$1.00

THRIFTY MAID DELICIOUS **TOMATOES**
16-oz. CAN **10¢**

THRIFTY MAID DELICIOUS **PORK & BEANS**
16-oz. CAN **10¢**

HERSHEY **Choc. Syrup . . . 10¢**
SHOWBROT **Spaghetti . . . 10¢**
FISHES **Black Pepper . . . 10¢**
ARROW ASSORTED **Napkins . . . 10¢**
LIBBY **Tomato Juice . . . 10¢**

THRIFTY MAID OR STOKELY **Tomato Sauce . . . 10¢**
DAWN FRESH **Mushroom S'ce . . . 10¢**
JIFFY CORN **Muffin Mix . . . 10¢**
NORTHERN WHITE & ASSORTED **Tissue . . . 10¢**
CRACKIN' GOOD **Fig Bars . . . 10¢**

ASTOR (8 1/2-oz. CAN SLL PEACHES) OR FRUIT **COCKTAIL**
8-oz. CAN **10¢**

ARMOUR POTTED **MEAT**
3-oz. CAN **10¢**

WEAR-EVER COOKWARE **THIRD WEEK \$1.00 COUPON WORTH**
10" Covered Fry Pan
Without Coupon \$5.99
This week \$4.99 with coupon

FLAIN & HORIZED **Astor Salt . . . 10¢**
LOUISIANA **Hot Sauce . . . 10¢**
DUCK **Dog Food . . . 10¢**
LITTLE FRISKIES TUNA, LIVER & GEL. SEAFOOD **Cat Food . . . 10¢**

3 LITTLE KITTENS ASSORTED **Cat Food . . . 10¢**
PRESIDE **Marshmallows . . . 10¢**
ROYAL ASSORTED FLAVORS **Gelatins . . . 10¢**
THRIFTY MAID ASSORTED FLAVORS **Puddings . . . 10¢**

DUKE DARING BUTTERMILK **Bread . . . 88¢**
DUKE DARING SEEDED CLUSTER BROWN W/ SEVE **Rolls . . . 49¢**
DUKE DARING **Dunkin Stix 2 49¢**
DUKE DARING BROWN W/ SEVE CLUSTER **Rolls . . . 49¢**

W-D BRAND U.S. CHOICE EYE OF **ROUND ROAST BONELESS**
LB. **\$1.49**

SWIFT'S PREMIUM CANNED **HAMS**
SAVE \$1
SLICED \$3.19
LB. WHOLE **\$2.99**

W-D BRAND U.S. CHOICE BOTTOM BONELESS **ROUND ROAST**
SAVE 50¢ LB.
LB. **99¢**

W-D BRAND PURE **GROUND BEEF**
10-LB. **\$5.69**
LB. PKG. **2.99**

W-D BRAND U.S. CHOICE **NEW YORK STRIP STEAKS**
CUT AND WRAPPED FREE
WHOLE • 16 TO 20-LB. AVG.
LB. **\$1.39**

SWIFT'S HOTTIES ROUND CANNED **Whole Ham . . . \$3.99**
SWIFT'S HOTTIES ROUND CANNED **Sliced Ham . . . \$4.19**
PALMETTO FARMS **Pim. Cheese . . . 69¢**
USDA CHOICE W-D BRAND BEEF NEW YORK **Strip Steaks 10 1-oz. \$9.98**

USDA CHOICE W-D BRAND BEEF BONELESS **Rump Roast . . . \$1.39**
W-D BRAND GROUND HAND-PAK **Round Steak . . . 99¢**
W-D BRAND BRISSETTE **Corned Beef . . . 99¢**
BORDET'S SINGLY WRAPPED SLICES **Cheese Food . . . 63¢**
SUPERBRAND **Crm. Cheese 3 4-oz. \$1.00**
CRACKER BARREL MELLOW **Stick Cheese . . . 79¢**
HILLSBURY COUNTRY STYLE OR BUTTERMILK **Biscuits . . . 4 10-ct. 45¢**
TALMADGE FARMS COUNTRY CURD BRANKE HALF OR **Whole Hams . . . 88¢**

CHEER (20-oz. 29¢) **Detergent . . . 93¢**
DEPT (18-oz. 39¢) **Detergent . . . 93¢**
IVORY **Snow . . . 91¢**

DASH (48-oz. 87¢) **Detergent . . . \$2.55**
SPIC N' SPAN **Cleaner . . . \$1.05**
AIR-CLEAN (15-oz. 41¢) **Cleaner . . . 73¢**

21ST ASSORTED (REG. SIZE 2/274) **Soap . . . 2 49¢**
CALANT ASSORTED (REG. SIZE 2/214) **Soap . . . 2 41¢**
PERSONAL IVORY **Soap . . . 4 37¢**
IVORY **Soap . . . 2 29¢**
LAVA **Soap . . . 2 33¢**
JOY LIQUID (12-oz. 35¢) **Detergent . . . 85¢**

SALUTE YOU WITH A ...

SALE



Quantity Rights Reserved
WINN-DIXIE STORES, INC.
COPYRIGHT - 1971
PRICES GOOD THURS. SEPT. 30 THRU WED. OCT. 6

CRACKIN' GOOD ASSORTED PKG. **Cookies . . . 10¢**
CRACKIN' GOOD No. 211 CAN **Potato Sticks . . . 10¢**
KRAFT 6-oz. JAR **Mustard . . . 10¢**
THRIFTY MAID CUT GREEN BEANS OR **Cut Beets . . . 10¢**
THRIFTY MAID PINTO BEANS OR **Spinach . . . 10¢**

THRIFTY MAID GREAT NORTHERN BEANS OR **Navy Beans . . . 10¢**
THRIFTY MAID **Blackeye Peas . . . 10¢**
MILLER ELBOW **Macaroni . . . 10¢**
THRIFTY MAID SLICED OR WHOLE IRISH **Potatoes . . . 10¢**
THRIFTY MAID LARGE **Sweet Peas . . . 10¢**

THRIFTY MAID TOMATO **CATSUP**
12-oz. BOTTLE **10¢**

THRIFTY MAID SLICED OR CRUSHED **PINEAPPLE**
8 1/2-oz. CAN **10¢**

THRIFTY MAID DELICIOUS **SOUPS**
MUSHROOM TOMATO CHICKEN NOODLE
VEGETABLE BEAN CHICKEN AND RICE
10 1/2-oz. CAN **10¢**

THRIFTY MAID DELICIOUS **APPLE SAUCE**
16-oz. CAN **10¢**

GREEN GIANT **Peas . . . 4 17-oz. \$1.00**
BOLE PINEAPPLE **Chunks . . . 15 1/2-oz. 35¢**
FRENCH COUNTRY STYLE MASHED **Potatoes . . . 16-oz. 63¢**
BETTER **Pecan Sandies 14-oz. 55¢**

SUNSHINE **Chip-A-Roos . . . 9 1/2-oz. 39¢**
NABISCO **Waverly Wafers 12-oz. 41¢**
FRESH **Prune Plums . . . 19¢**
LARGE **Celery . . . 2 stalks 39¢**

FRESH CRISP **Carrots . . . 2 1-lb. 25¢**
GEORGIA RED SWEET **Potatoes . . . 4 5-lb. 59¢**
U.S. No. 1 YELLOW **Onions . . . 3 1-lb. 39¢**
MID SWEET **Rutabagas . . . 1-lb. 12¢**

CRACKIN' GOOD **BISCUITS**
15-CT. CAN **10¢**

DELICIOUS **APPLES**
4 LB. BAG **59¢**

VINE RIPE **TOMATOES**
LB. **29¢**

THOMPSON SEEDLESS **GRAPES**
LB. **39¢**

BRANDED CHOPPED FORMED CURIED **Pork Steaks . . . 5 1-lb. \$2.99**
QUARTER LOIN SLICED **Pork Chops . . . 79¢**
TARNOW'S WHOLE HOG ROLL **Sausage . . . 1-lb. 79¢**
GOPFELAND **All Meat Franks 12-oz. 49¢**

FRESH PORK **Neckbones . . . 5 1-lb. 88¢**
SUNNYLAND PORK ROLL **Sausage . . . 5 1-lb. 59¢**
OSCAR HAYES' PURE BEEF FRANKS OR **All Meat Wieners 1-lb. 89¢**
FRENCH GUERIN ALL VARIETIES **Meat Dinners . . . 2-lb. 99¢**

USDA GRADE "A" QUICK FROZEN JENNIE O PKE BASTED **Turkey Breast . . . 99¢**
FRENCH FRIED HEAT & SERVE **Fish Sticks . . . 99¢**
FRESH FROZEN TROUT **Fish Fillets . . . 79¢**
FRESH FROZEN TURBOT WHITER **Fish Fillets . . . 59¢**

THRILL PEACH LIQUID (22-oz. 63¢) **Detergent . . . 85¢**
GREEN GIANT KITCHEN SLICED **Gr. Beans 4 16-oz. \$1.00**
HILLITE WHOLE KERNEL **Corn . . . 12-oz. 29¢**

GERBER CHIEF VEGETABLE **Beef . . . 2 7 1/2-oz. 35¢**
GERBER JR. CUSTARD **Pudding . . . 2 7 1/2-oz. 35¢**
SILVER COW EVAPORATED **Milk . . . 3 12-oz. 59¢**

BLACKBURN **Syrup . . . 43-oz. 75¢**
LEA & PERDUE WORCESTERSHIRE (5-oz. 41¢) **Sauce . . . 10-oz. 73¢**
BOLE SLICED & CRUSHED **Pineapple . . . 15 1/2-oz. 35¢**
WELCHADE **Grape Drink 33-oz. 35¢**
BOLE PINEAPPLE **Juice . . . 48-oz. 41¢**
STAR-KIST WHITE IN WATER **Tuna Fish . . . 7-oz. 59¢**

Stuffed Flank Steak
By CECILY BROWNSTONE
Associated Press Food Editor
Although flank steak, under the name of London Broil, often appears on restaurant menus, too few cooks use this cut of beef at home. Yet flank steak makes very good eating and offers little or no waste. You can use it just as it comes or broil or stuff it.
If you want to try the latter method of cooking, here's a new recipe to consider. The mainstay of the stuffing is cooked rice and ripe olives—a delicious combination. With the stuffing there's a plentiful amount of a good tomato gravy so you may want to serve extra rice or slices of crusty bread as a go-along with the meat.
STUFFED FLANK STEAK
2 tablespoons butter or margarine
1/4 cup finely chopped onion
1/4 cup finely chopped celery
2 1/2 cups canned pitted ripe olives, sliced
1/4 teaspoon oregano
1 cup cooked rice
1 large flank steak, about 1 1/2 pounds
1/4 teaspoon salt
1/4 teaspoon pepper
1 tablespoon salad oil
1 tablespoon flour
1 can (18 ounces) stewed tomatoes
1/4 teaspoon chill powder
In a 13-inch skillet over low heat melt butter; add onion and celery and cook, stirring often, until wilted but not brown. Remove from heat and mix in olives, oregano and rice.
Sprinkle steak with salt and pepper. Spread rice mixture over steak; roll up lengthwise. Secure or tie the stuffed steak with string.
In the clean dry 13-inch skillet over moderately low heat, brown steak on all sides. Remove steak roll to a 1 1/2-quart glass baking dish (8 1/2 by 4 1/2 by 2 1/2 inches) or similar utensil.
Stir flour into drippings remaining in skillet. Add remaining oil and chill powder and cook, stirring constantly, until mixture comes to a boil. Pour over steak roll. Cover baking dish tightly with foil. Bake in a preheat 350-degree oven until meat is tender when pierced with a fork—about 1 1/2 hours. Place meat on a serving platter and remove skewers or string. Skim fat from tomato gravy in baking dish (tilt dish to do so) and pour gravy into a sauce dish.
Slice meat crosswise to serve. Pass gravy separately. If you like, serve extra rice because there will be plenty of delicious tomato gravy.
Makes 4 or 5 servings.

GOOD SUPPER
Meat Balls with Sour Cream Sauce
Cracked Wheat Tarragon Peas
Fruit Salad Beverage
TARRAGON PEAS
A pantry-shelf herb adds flavor.
1 package (10 ounces) frozen green peas
1 tablespoon butter
1/4 teaspoon dried crushed tarragon
Cook peas according to package directions; drain. Mix in butter and tarragon. Serve at once. Makes 4 servings.

The Doctors' Save-Your-Heart Diet
boil and cook and stir until thickened. Serve with fish fillets. Makes 4 servings.
The Doctors' Save-Your-Heart Diet explains the relationship between diet and coronary heart disease. It includes more than 150 delicious recipes that can help you avoid a coronary. For your copy send \$1 plus 25 cents for postage and handling to "The Book," c/o P. O. Box 4058, Chicago, Ill. 60680.

The Doctors' Save-Your-Heart Diet

EDITOR'S NOTE: This is the last of a series of articles based on the new book, "The Doctors' Save-Your-Heart Diet," by Allen Claiborne, NEA Food Editor, and David Hendon, NEA Science Editor, published by Award Books.

...of a Series)

By ALLEN CLAIBORNE and DAVID HENDON
NEW YORK — (NMA)

Eating enjoyment is part of living. For this reason, nourishing food that is satisfying is the answer to successful dieting. Fortunately, there are about 240 commercial varieties of fish and shellfish to select from, frozen or canned when these are to be part of a realistic diet. Since fish and shellfish are a complete protein food, they give a lot of protein and vigor via energy but are lower in calories than most other protein sources.

All fresh and saltwater fish are top protein sources with low saturated fat content. Eating more fish to keep the cholesterol in line will be a major diet change for most. Fish and shellfish are poorly cooked. There's nothing worse than eating a piece of overcooked, dry seafood masquerading as fish. Follow fish-cooking recipes closely and never overcook for true eating pleasure.

Unfortunately, most shellfish, the dieter's delight, is high in cholesterol. Eat clams, lobster, shrimp or oysters no more than once a week, unless your doctor O.K.'s more shellfish in your diet.

Salmon Steaks Alaska
1/2 cup margarine, melted
4 1/2 tablespoons lime or lemon juice
1/2 teaspoon Tabasco pepper sauce
4 salmon steaks, fresh or frozen, cut 1-inch thick

Combine margarine, lime juice and Tabasco. To bake, place salmon steaks in shallow baking pan. Sprinkle lightly with salt. Pour Tabasco mixture over steaks. Bake in a moderate (350 degrees) oven 25 to 30 minutes, or until fish is easily flaked with a fork. To broil, place salmon steaks on greased broiler rack. Sprinkle lightly with salt; pour Tabasco mixture over steaks. Place in pre-heated broiler 4 inches from heat. Broil 15 minutes, or until easily flaked with a fork. If desired, garnish with lime or lemon slices. Serve with cucumber sauce (see below). Makes 4 servings.

thaw in refrigerator, or cook thawed according to package directions.

Cucumber Sauce
1 cup diced yogurt
1/2 teaspoon Tabasco pepper sauce
1 can diced unpickled cucumber
1 teaspoon salt
1 tablespoon snipped dill (optional)

Blend together yogurt and Tabasco; stir in remaining ingredients. Makes approximately 1 1/2 cups.

Fish Fillets Poached in Apple Juice
2 tablespoons corn oil
8 scallions, finely sliced
4 cup diced celery
2 carrot, finely sliced
4 cups apple juice
1 teaspoon salt
1/2 teaspoon pepper
1/2 teaspoon rosemary
1 1/2 pounds fillet of sole, haddock or codfish
2 tablespoons flour

Heat corn oil in 16-inch skillet. Add scallions, celery and carrot and saute over low heat until soft, but not browned. Add 2 1/2 cups apple juice, salt, pepper and rosemary to vegetables in skillet and bring to a boil. Poach fillets together so that each bundle is one serving and place in apple juice. Poach below boiling point for 6 minutes or until fish is done. Remove to hot platter with spatula. Mix flour with remaining ingredients. Cover and simmer, stirring occasionally, for 1 hour. Makes 10 to 12 servings.

PARK AND SHOP

"SOUTH'S SAVINGS CENTER DISCOUNT PRICES 7 DAYS A WEEK

ITEMS & PRICES ARE GOOD
• THURS., SEPT. 30 THRU WED., OCT. 6
* NO GAMES! * NO STAMPS!
* NO GIMMICKS!

(QUANTITY RIGHTS RESERVED)

VALUABLE COUPON
MAXWELL HOUSE
INSTANT COFFEE
6-OZ. JAR 88¢

WED. OCT. 6
LIMIT ONE COUPON PER FAMILY, PLEASE!

VALUABLE COUPON
Pillsbury's BEST FLOUR
PLAIN (OR) SELF-RISING
5-LB. PKG. 55¢

WED. OCT. 6
LIMIT ONE COUPON PER FAMILY, PLEASE!

VALUABLE COUPON
IVORY SOAP
PERSONAL SIZE
4 BARS FOR 36¢

WED. OCT. 6
LIMIT ONE COUPON PER FAMILY, PLEASE!

FRESH FROM OUR OWN BAKERY & DELICATESSEN

GLAZED DONUTS 6 FOR 39¢
FRENCH BREAD... 29¢
FRUIT PIES... 59¢
RATH BOLOGNA... 58¢
BOILED HAM... 98¢
RATH SALAMI... 79¢
B-B-QUE CHICKEN... 69¢

BONUS BUY!
OLD MILWAUKEE BEER
6-12 OZ. CANS 88¢
AND
SCHLITZ MALT LIQUOR
6-12 OZ. CANS 99¢

BAG THESE SAVINGS...

BONUS BUY!
"FOLGER'S" (ALL GRINDS) COFFEE
LB. CAN 68¢

BONUS BUY!
"FLO-CANE" SUGAR
5-LB. PKG. 49¢

"BANQUET" T-V DINNERS
EXCLUDING BEEF
2-LB. PKG. \$1.15

"FLYING JIB" BREADED SHRIMP PIECES
1-LB. PKG. 96¢

"M.G." FROZEN FRENCH FRIES
2-LB. PKG. 34¢

"HOLLAND DUTCH" ASS'T'D. ICE CREAM FLAVORS
1/2-GAL. 58¢

"MIS. FILMETS" OLEO
1-LB. PKG. 36¢

"SHURRUSH" OVEN-READY BISCUITS
8-OZ. CAN 8¢

KRAFT PHILADELPHIA CREAM CHEESE
8-OZ. PKG. 36¢

"KRAFT" KITCHEN-FRESH! MAYONNAISE
QT. JAR 58¢

"GREEN GIANT" FRENCH CUT GREEN BEANS
NO. 303 CAN 25¢

"SHURRUSH" CUT ASPARAGUS
NO. 300 CAN 43¢

"SHURRUSH" WHOLE KERNEL CORN
12-OZ. (VAC-CAN) 22¢

"GREEN GIANT" PEAS
NO. 303 CAN 26¢

"TINKLE" FRUIT COCKTAIL
NO. 303 CAN 29¢

"WALMISTO STATE" PEACHES
NO. 214 CAN 29¢

"LIMB" TOMATO JUICE
40-OZ. CAN 39¢

"HUND" HAND-PEELED TOMATOES
NO. 300 CAN 15¢

"DOUBLE-LUCK" CUT GREEN BEANS
NO. 303 CAN 14¢

BONUS BUY!
GAZIL'S "EVERBEST" HOMOGENIZED MILK
1/2-GAL. CTN. 55¢

"SLENDA SUE" ICE MILK
1/2-GAL. CTN. 48¢

"WARDON TRAIL" PEANUT BUTTER
2 1/2-LB. JAR 99¢

"LARA LYNN" SALTINES
1-LB. BOX 29¢

"SWEET-LIM" GRAPE JELLY
2-LB. JAR 49¢

"RICE" RICE
"HOLLAND" LONG GRAIN
2-LB. PKG. 32¢

"KRAFT" DINNERS
7 1/2-OZ. PKG. 22¢

"MULLER'S" EMBOW MACARONI
8-OZ. PKG. 16¢

"WYLES" SALT
24-OZ. PKG. 10¢

"HUDSON" TOWELS
JUMBO ROLL 32¢

"BANQUET" MEAT POT PIES
8-OZ. PKG. 18¢

"BLUE PLATE" VEGETABLE OIL
24-OZ. BTL. 49¢

"BALSTON" CORN FLAKES
12-OZ. PKG. 28¢

"NORTHERN" BATHROOM TISSUE
PKG. OF 4 ROLLS 38¢

"LYKES" CHILI 'N' BEANS
NO. 300 CAN 32¢

"SNA" LUNCHEON LOAF
12-OZ. CAN 29¢

"CAMPBELL'S" TOMATO SOUP
"NORTHWOODS" PANCAKE & WAFFLE SYRUP
74-OZ. BTL. 45¢

"BLUE-SEAL" OLEO
LB. PKG. (SOLID) 18¢

BONUS BUY!
"EVERFRESH" FRESH BAKED BREAD
KING SIZE!
1 1/2-LB. LOAF 27¢

"BEECH-NUT" STRAINED BABY FOOD
REG. JAR 9¢

"WOODBICK'S" VANILLA EXTRACT
ONE OZ. BTL. 28¢

"LAWRY'S" SEASONING SALT
3-OZ. BTL. 26¢

"KRAFT" BARBECUE SAUCE
18-OZ. BTL. 35¢

"EVERFRESH" REG. (OR) DIP POTATO CHIPS
9-OZ. (TWIN-PACK) 38¢

"THRIFTY" BLEACH
GAL. JUG 39¢

"THRIFTY" SPRAY STARCH
15-OZ. CAN 29¢

PINK LIQUID DETERGENT
"TEXIZE" 35¢

"BASIN" TUB & TILE "LYSOL" CLEANER
17-OZ. CAN 72¢

"BOONES FARM" STRAWBERRY HILL WINE
1/5 79¢

"HEALTH & BEAUTY AIDS"
"BAYER" TIME-RELEASE ASPIRIN BTL. OF 72 \$1.59
"BAYER" ASPIRIN... BTL. OF 100 88¢
"J&J" BABY SHAMPOO 7-OZ. BTL. \$1.09
"CONTACT" CAPSULES... PKG. \$1.11
"MAALOX" LIQUID... 12-OZ. BTL. \$1.19
"CLOSE-UP" TOOTH PASTE... MED. TUBE 57¢

BONUS BUY!
PHOSPHATE-FREE! DETERGENT "MC-2"
GIANT BOX 58¢

BONUS BUY!
"RITZ" DRINKS (ASS'T'D. FLAVORS)
12 OZ. CANS 78¢

on... BEEF AT ITS BEST!!

BONUS BUY!
U.S.D.A. INSPECTED "LAZY-AGED" BEEF!
CHUCK ROAST
LB. 55¢

BONUS BUY!
U.S.D.A. INSPECTED "LAZY-AGED" BEEF!
BONELESS ROUND STEAK
LB. \$1.18

BONUS BUY!
FLORIDA GRADE "A" MED. BROWN OR WHITE EGGS
3 DOZ. \$1.00

U.S.D.A. INSPECTED "LAZY-AGED" BEEF!
RIB ROAST
LB. 98¢

U.S.D.A. INSPECTED "LAZY-AGED" BEEF!
LONDON BROIL
LB. \$1.28

COUNTRY SLICED BACON
FAMILY-PAK LB. 48¢

U.S.D.A. INSPECTED "LAZY-AGED" BEEF!
RIB STEAK (FAMILY-PAK)
LB. 98¢

(FAMILY-PAK) BONELESS STEW
3-LBS. (OR MORE) 78¢

BONUS BUY!
"GOLDEN-RIPE" BANANAS
LB. 10¢

LYKES' "SUGAR-CREEK" FRANKS
12-OZ. PKG. 48¢

U.S.D.A. INSPECTED (FAMILY-PAK) CUT UP CHICKENS
LB. 35¢

FARM FRESH PRODUCE
"FANCY" RED-RIPE TOMATOES... 29¢
TASTY! "CORTLAND" APPLES... 3-LB. (CELLO-BAG) 38¢
"BAKING SIZE" GA. RED SWEET POTATOES... 14¢
"CRUNCHY-CRISP" CARROTS... ONE LB. (CELLO-BAG) 12¢

U.S.D.A. INSPECTED GRADE "A" SPLIT BROILERS
LB. 35¢

BONUS BUY!
U.S.D.A. INSPECTED GRADE "A" FRYERS
LB. 35¢

U.S.D.A. INSPECTED GRADE "A" FRYERS
QUARTERS LB. 35¢

"FAMILY-PAK" PORK CUBE STEAKS
LB. 88¢

"FRESH" PORK STEAKS
FAMILY-PAK LB. 58¢

"SCHICK" PLUS-PLATINUM INJECTOR BLADES
115 \$1.45
WHY PAY \$1.89

BONUS BUY!
"SUNNYLAND" SMOKED PORK CHOPS
FAMILY-PAK LB. 88¢

BONUS BUY!
LEAN & MEATY RIB HALF PORK LOIN
LB. 68¢

"SCHICK" PLUS-PLATINUM DOUBLE-EDGE BLADES
105 \$1.29
WHY PAY \$1.45

U.S.D.A. INSPECTED GRADE "A" COUNTRY SLICED BACON
FAMILY-PAK LB. 48¢

U.S.D.A. INSPECTED GRADE "A" BONELESS STEW
3-LBS. (OR MORE) 78¢

NORTHERN TISSUE
4 ROLL PKG. 3 FOR \$1.00

Tasting Of Wine At Old Inn

By TOM HOGGE
Associated Press Writer

The Chateau, an attractive 19th century resort hotel in Stanford, N.Y., was recently the scene of a wine tasting headed by its manager, Rosemarie Margraf, whose cellar features some estimable whites, reds and roses from California.

The accent was on table wines, but the cellar also boasts some sparkling and dessert varieties.

The Chateau, Miss Margraf explained, has a large following of students and young faculty members from nearby colleges, and they seem to prefer wine to cocktails before dinner.

This growing enthusiasm for the state has led to formation of the Chateau's Chateau Club, which is now open to a handsome silver 20-oz. engraved with his name and displayed in the dining room where the club meets for wine tastings.

We began exploring the whole range of wines, appetizer, table and dessert," said Miss Margraf, "but now we limit most of our tastings to several wines of one type—roses or white for example. In this way, we really have an opportunity to distinguish fine differences between say a Pinot Chardonnay and a Chateau Blanc, both of them white Burgundy types."

The California wine industry, which recently celebrated its 200th anniversary, satisfies about one per cent of America's total consumption of wine.

And virtually all of these wine grapes are of the classic European wine grape varieties first introduced into California by Jean Louis Vignes, a Frenchman from the Bordeaux wine district and later imported in quantity by Hungary's Count Agoston Haraszthy.

Today, California's wines have reached a level of excellence and variety that explains their growing popularity throughout the nation. If they don't date back as far back as the European ones.

One attraction of the Chateau is the gourmet menu prepared by Paul Leo, formerly of Blauklok, Thailand. The 26-year-old chef came to America on a basketball scholarship in 1967 and enrolled in the hotel management course at Paul Smith College in upstate New York.

Soon Leo was entertaining his classmates with Oriental concoctions and after his graduation in 1971, he was named chef at the Chateau. Here is his recipe for Sweet and Sour Pork Szechuan:

PORK SZECHUAN
2 bunches scallion cut in small pieces
2 sliced green peppers
1 pound sliced mushrooms
2 pounds pork loin
1/2 cup vinegar
1/2 cup sugar
1 tablespoon corn starch
1 cup water
Breadcrumbs
Olive Oil

Accent
2 tomatoes cut in wedges
Saute the scallions and green pepper in olive oil until softened and sprinkle with Accent. Set aside and saute mushrooms slightly. Cut pork into bite sized pieces, sprinkle with Accent and coat with breadcrumbs. Deep fry pork in olive oil, until golden brown. Remove and drain on paper towels. Add pork to vegetables in skillet, stir in vinegar and sugar over low heat. Add cup water. Mix corn starch with a little water until smooth and add to skillet, stirring to blend. Cook over medium heat until bubbly. At last moment add tomato wedges. Serve over hot rice. Serves six. Good with a rose wine.

SUNDAY BUFFET
Sliced Turkey Potatoes
Cabbage Medley Bread Tray
Date Pudding with Whipped Cream

CABBAGE MEDLEY
Country dish from Canada.
1/4 cup peanut oil
8 cups coarsely shredded cabbage
1 cup sliced unpeeled cooking apples
1 teaspoon salt
1/4 teaspoon nutmeg
In a large saucepan over medium heat, heat oil. Gradually add cabbage tossing to coat until cabbage is wilted. Stir in remaining ingredients. Cover and simmer, stirring occasionally, for 1 hour. Makes 10 to 12 servings.

PARK AND SHOP

All Stores OPEN 7 DAYS A WEEK

ORLANDO • "PARK & SHOP" PLAZA
SHOPPING CENTER - AZALEA PARK
200 S. SIMONSON AVE.
MON. SAT. 9 A.M. - 10 P.M.
SUNDAY 10 A.M. - 6 P.M.
1340 W. GORE AVE.
MON. SAT. 9 A.M. - 11 P.M.
SUNDAY 10 A.M. - 6 P.M.
"FORT GATLIN" SHOPPING CENTER
ORLANDO & GATLIN AVE.
MON. SAT. 9 A.M. - 11 P.M.
SUNDAY 10 A.M. - 6 P.M.
SANFORD
414 S. SANFORD AVE.
MON. THUR. 9 A.M. - 7 P.M.
FRI. & SAT. 9 A.M. - 7 P.M.
SUNDAY 10 A.M. - 6 P.M.
2514 S. PARK AVE.
MON. SAT. 9 A.M. - 11 P.M.
SUNDAY 10 A.M. - 6 P.M.

Pork Chop And Yam Supper

By ALLEN CLAIRE
NEA Food Editor

The edible root of a particular climbing vine has become a favorite of many. It is the yam which came originally from Africa. The yam often is confused with the sweet potato, but actually is sweeter than this relative. Here is a different way to prepare yams.

YAM SUPPER
1 1/2 pounds yam, cut in thick slices
2 cans (22 ounces each) Lowfat yam
1/2 cup water
1 tablespoon cornstarch
1/2 cup orange marmalade
2 teaspoons spicy brown prepared mustard
1/2 teaspoon salt
1/2 teaspoon Worcestershire
1 tablespoon butter or margarine

Boil yams in water until tender. Drain yams. Remove to serving dish and keep warm. Drain yams, reserving 1/2 cup syrup. Blend water and cornstarch, combine in large skillet with reserved yam syrup, marmalade, mustard, salt, Worcestershire, butter and lemon juice. Cook, stirring constantly, until sauce boils 4 minutes. Add yams, simmer 5 to 10 minutes. Place yams in dish with baking sauce. Pour sauce over all. Bake 30 minutes.

As the coolness of the fall season sets in, the family is here to welcome a hearty home-cooked meal featuring Cheese Stuffed Pork Chops. A creamy Parmesan cheese sauce, seasoned with a touch of garlic, is an interesting taste to the familiar flavor of tender, juicy pork chops.

With the change in the weather, too, comes increased concern for the family's health. Pork can play an important role in meeting nutritional needs. It is an especially good source of the B vitamins — in addition, pork provides protein that includes all of the essential amino acids necessary to build, maintain and repair the body tissues and to increase resistance to infection and disease.

PUFFED PORK CHOPS
Brown 6 pork chops, cut 1/2 to 1 inch thick in 2 tablespoons lard or dripping. Season meat with 1 teaspoon salt and 1/2 teaspoon pepper. Melt 2 tablespoons butter or margarine in saucepan. Stir in 1/2 cup flour. Gradually add 2 1/2 cups milk, stirring constantly, until thickened. Add 1 slightly beaten egg and beat until mixture is shiny. Stir in 2 tablespoons grated onion, 1/2 cup Parmesan cheese and 1/2 cup dried parsley flakes. Spoon cheese mixture over chops. Bake in 350-degree oven for 30 minutes.

MACARONI AND CHEESE
Cook 1 pound macaroni in salted water until al dente. Drain and toss with 1/2 cup butter. In a large saucepan, melt 2 tablespoons butter or margarine. Add 1/2 cup flour, stirring constantly, until thickened. Add 1 slightly beaten egg and beat until mixture is shiny. Stir in 2 tablespoons grated onion, 1/2 cup Parmesan cheese and 1/2 cup dried parsley flakes. Spoon cheese mixture over chops. Bake in 350-degree oven for 30 minutes.

MACARONI AND CHEESE
Cook 1 pound macaroni in salted water until al dente. Drain and toss with 1/2 cup butter. In a large saucepan, melt 2 tablespoons butter or margarine. Add 1/2 cup flour, stirring constantly, until thickened. Add 1 slightly beaten egg and beat until mixture is shiny. Stir in 2 tablespoons grated onion, 1/2 cup Parmesan cheese and 1/2 cup dried parsley flakes. Spoon cheese mixture over chops. Bake in 350-degree oven for 30 minutes.

MACARONI AND CHEESE
Cook 1 pound macaroni in salted water until al dente. Drain and toss with 1/2 cup butter. In a large saucepan, melt 2 tablespoons butter or margarine. Add 1/2 cup flour, stirring constantly, until thickened. Add 1 slightly beaten egg and beat until mixture is shiny. Stir in 2 tablespoons grated onion, 1/2 cup Parmesan cheese and 1/2 cup dried parsley flakes. Spoon cheese mixture over chops. Bake in 350-degree oven for 30 minutes.

MACARONI AND CHEESE
Cook 1 pound macaroni in salted water until al dente. Drain and toss with 1/2 cup butter. In a large saucepan, melt 2 tablespoons butter or margarine. Add 1/2 cup flour, stirring constantly, until thickened. Add 1 slightly beaten egg and beat until mixture is shiny. Stir in 2 tablespoons grated onion, 1/2 cup Parmesan cheese and 1/2 cup dried parsley flakes. Spoon cheese mixture over chops. Bake in 350-degree oven for 30 minutes.

MACARONI AND CHEESE
Cook 1 pound macaroni in salted water until al dente. Drain and toss with 1/2 cup butter. In a large saucepan, melt 2 tablespoons butter or margarine. Add 1/2 cup flour, stirring constantly, until thickened. Add 1 slightly beaten egg and beat until mixture is shiny. Stir in 2 tablespoons grated onion, 1/2 cup Parmesan cheese and 1/2 cup dried parsley flakes. Spoon cheese mixture over chops. Bake in 350-degree oven for 30 minutes.

EVERYDAY DISCOUNT PRICE!

100% Brazilian
Eight O'clock Coffee
1-LB. BAG **67c**
3-LB. BAG **\$1.99**

Enjoy Big Savings!

MANAGERS & CLERKS WEEK ... Sensational Values!

PINECREST SHOPPING CENTER

EVERYDAY DISCOUNT PRICE!

10c OFF LABEL!

AJAX Detergent

3-LB. 1-oz. GIANT PKG. **69c**

EVERYDAY DISCOUNT PRICE!

10c OFF LABEL!

NORTHERN Bathroom TISSUE

3 4-ROLL PKGS. **99c**

Sunnybrook Grade 'A' Fresh Fla.

Medium Eggs

1 Doz. **39c**

Heinz Sweet Cucumber Slices or Sliced

Dill Pickles

16-Oz. Jar **39c**

Breakfast Cereal

Sunnyfield Oats

16-Oz. Pkg. **31c**

Chicken of the Sea Light

Chunk Tuna

5 1/2-Oz. Can **39c**

3c Off Label

Gala Napkins

140 Ct. Pkg. **89c**

Pickle Patch

Cube Delights

22-Oz. Jar **49c**

EVERYDAY DISCOUNT PRICE!

Ann Page Layer

CAKE MIXES

4 PKGS. **\$1.00**

DISCOUNT BONUS SPECIAL!

Old Milwaukee

BEER

6 12 OZ CANS **99c**

EVERYDAY DISCOUNT PRICE!

Our Own Easy Brew

TEA BAGS

100 CT BOX **99c**

EVERYDAY DISCOUNT PRICE!

Ann Page

DINNER

7-1/2 OZ PKG **18c**

EVERYDAY DISCOUNT PRICE!

Eatwell Grated

TUNA

4 6-1/2 OZ CANS **\$1**

EVERYDAY DISCOUNT PRICE!

Campbell's Tomato

SOUP

10-1/2 OZ CAN **10c**

Jane Parker Delicious

APPLE PIES

22-Oz. Size **39c**

DISCOUNT BONUS SPECIAL!

Jane Parker Reg., Thin, or Extra Thin

WHITE BREAD

4 20 OZ LOAVES **\$1.00**

A&P Frozen Sea Shell Macaroni

CASSEROLE

1-Lb. Pkg. **39c**

A&P Frozen Macaroni & Cheese

CHEESE

2 20-Oz. Pkg. **89c**

Adult Size Pepsodent

Toothbrushes

58c

Pepsodent

Toothpaste

family size **85c**
17-OZ CAN **93c**

Enjoy Great Meat!

You Must Be Satisfied... OR DOUBLE YOUR MONEY BACK!

Hwy. 17-92 & 27th St., Sanford

DISCOUNT BONUS SPECIAL!

Grade 'A' Fresh Fla. or Ga. Bagged Whole

FRYERS or Split Broilers

WITH BACK & GIBLETS
Your Choice

27c

DISCOUNT BONUS SPECIAL!

Grade 'A' Fresh Florida or Ga.

FRYER PARTS

*Breasts w/Ribs *Thighs
*Drumsticks *Legs

58c

DISCOUNT BONUS SPECIAL!

Grade 'A' Fresh Fla. or Ga.

BOX-O CHICKEN

1-Lb. **29c**

"Super-Right" Shank Portion Cooked

Smoked Ham

lb. **38c**

"Super-Right" 1/4 Pork Loin Sliced

Pork Chops

lb. **68c**

"Super-Right" Stick

Liver Sausage

lb. **39c**

"Super-Right" Cooked Smoked Ham

Center Slices

lb. **88c**

"Super-Right" Whole or Half Pork Loin

Pork Roast

lb. **68c**

Quick Frozen Bulk

Perch Fillets

lb. **49c**

DISCOUNT BONUS SPECIAL!

"Super-Right" Western Whole

Beef Rib

25 to 30 Lbs. Avg. Wt. **79c**

DISCOUNT BONUS SPECIAL!

"Super-Right" Boneless

STEAKS

*Dalmatiano *Strip *Club

\$1.68

DISCOUNT BONUS SPECIAL!

U.S.D.A. Grade 'A' Frozen Cornish

GAME HENS

20-OZ. SIZE **69c**

EVERYDAY DISCOUNT PRICE!

Dinty Moore

Beef Stew

24 OZ. CAN **69c**

EVERYDAY DISCOUNT PRICE!

Instant Coffee

NESCAFE

10 OZ. JAR **\$1.39**

EVERYDAY DISCOUNT PRICE!

Golden Rise

BISCUITS

6 8 OZ. TUBES **49c**

GILLETTE SUPER STAINLESS BLADES 5c

GILLETTE GLEEM II Toothpaste 6.75 oz Tube **79c**

Discount Fruits & Vegetables!

Red Delicious, Golden Delicious or Red Rome

APPLES

4 lbs. **\$1.00**

Seedless

GRAPES

3 lbs. **\$1.00**

Fresh Firm Ripe California Bartlett

PEARS

4 lbs. **\$1.00**

Fresh Firm Ripe

TOMATOES

lb. **29c**

DISCOUNT BONUS SPECIAL!

Fresh Russet Baking

POTATOES

10 LB. BAG **69c**

Favorite Family Dessert

By CECILY BROWNSTONE
Associated Press Food Editor

Appleauce cake started appearing in comprehensive cook books in the 1920s and this dessert has been a family favorite ever since. When it was first made, a cook prepared her own appleauce because the unsweetened variety was called for. But gradually recipes changed because cooks discovered they could use readily available canned sweetened appleauce to good advantage in the cake.

There are many variations of this cake, but the most popular version is one in which apples are added to the following recipe. A flavor change, it also adds peanut butter.

APPLEAUCE CAKE
1 1/2 cups sifted flour
1/2 teaspoon baking powder
1/2 teaspoon baking soda
1 teaspoon salt
1 teaspoon cinnamon
1/2 teaspoon nutmeg
1/2 teaspoon cloves
1/2 cup (1/2 pound stick) butter or margarine
1/4 cup creamy-style peanut butter
1 cup sugar
2 large eggs
1 cup canned appleauce

Line the bottom of a cake pan (8 by 8 by 2 inches) with wax paper, grease paper and the another piece of wax paper. Put together the flour, baking powder, baking soda, salt, cinnamon, nutmeg and cloves. In a large mixing bowl cream together the butter, peanut butter and sugar. Beat in eggs one at a time. Stir in flour mixture in 4 additions, alternately with appleauce, just until smooth each time; begin and end with dry ingredients. Turn into prepared pan.

Bake in a preheated 350-degree oven until a cake tester inserted in the center comes out clean—45 to 50 minutes.

Let cake in pan stand on a wire rack for several minutes; turn out on rack; remove paper; with another rack turn right side up. Cool completely. Soft confectioner's sugar over top or, if you prefer, frost top and sides.

SATURDAY SUPPER
Fish Chowder French Bread Salad Bowl

Judy's Lemon Pie Beverage

JUDY'S LEMON PIE
Expect a custard like bottom layer and a cake like top. 8 inch unbaked pie shell with fluted high-standing rim
1 cup sugar
3 tablespoons flour
1 large egg separated
1 cup buttermilk
1 teaspoon grated lemon rind
1/4 cup lemon juice

Do not prick pie shell; bake in a preheated 450-degree oven, for 5 minutes; cool. In a medium mixing bowl stir together the sugar and flour. In a small mixing bowl beat egg yolk until thick and add lemon color; add buttermilk, lemon rind and lemon juice and beat to blend; add to sugar flour mixture and beat to blend. Pour into pie shell. Bake in a preheated 425-degree oven for 10 minutes; reduce heat to 350 degrees and bake until top is light brown and filling firm—23 minutes or longer. (Top will crack.) Cool before cutting.

Apple Wedges with Cheddar Cheese

Popular Cookie MIX

COOKIES
Chocolate studded and very sweet.
1 1/2 cups sifted flour
1/2 teaspoon baking powder
1/2 teaspoon salt
1/2 cup (quarter-pound stick) butter
1/2 cup shortening
1/2 teaspoon vanilla
1 cup sugar
1 package (6 ounces) semi-sweet chocolate pieces (1 cup)
1/2 cup walnuts, finely chopped

Stir together flour, baking powder and vanilla and sugar; blend in flour mixture. Stir in chocolate and walnuts. Drop by rounded teaspoonful a couple of inches apart into ungreased cookie sheet; flatten with fork. Bake in a preheated 375-degree oven 10 minutes. Makes 6 dozen.

All Flavors Carrot Slender 4c

Smooth & Crunchy Peanut Butter Peter Pan 12-oz. Jar 49c

Dog Food Gaines Burgers 18-oz. Pkg. 96c

Birds Eye Frozen Cool Whip 8-oz. Tub 59c

Florida Foodstuffs Are Now Coming Into Season

To be as precise as school lunch planners, Mom can take advantage of the season's bounty. These will include cucumbers, beef, meat and pork, pole beans, eggplants, peas, field peas and bell peppers.

Special Florida Peppers
 1 large Florida green pepper
 1/2 cup onion chopped
 1/2 teaspoon butter
 1/2 pound cooked ham, ground
 1 cup packaged herb-flavored bread stuffing
 2 tablespoons dried parsley flakes
 1/4 teaspoon pepper
 1 can (1 pound) tomatoes
 1 package (8 ounces) sliced processed Swiss Cheese
 Preheat oven to 350 F. Cut slices from stem ends of peppers; remove seeds. Cook sliced water 3 minutes; drain. Sauté onion in butter until tender. Combine ham, bread stuffing, parsley, pepper, tomatoes, and sautéed onions. Pack into peppers. Bake 20 minutes or until peppers are tender. Makes 6 servings.

The mother who has a family with an international flavor taste should try eggplant Parmesan.
 Florida Eggplant Parmesan
 1 medium Florida eggplant
 Flour
 Olive Oil
 Salt and pepper
 1/2 teaspoon oregano
 1/2 cup Parmesan cheese, grated
 4 oz. package Mozzarella cheese, grated
 8 oz. can tomato sauce
 Preheat oven to 350 degrees Fahrenheit.

Small fry appetites can send the weekly food budget into a spin. However, making home snacks helps economize and keeps youngsters happy.
 VANILLA 'N' CHIP ICE CREAM POPS
 1 package unflavored gelatin
 1 tablespoon cold water
 2 cups light cream
 4 egg yolks, beaten
 1/4 cup sugar
 1/2 teaspoon salt
 2 ounces semi-sweet chocolate, coarsely grated
 Sprinkle gelatin over cold water; let stand 5 minutes to soften. In a small saucepan combine light cream with egg yolks, sugar and salt; mix stirring constantly for 5 minutes. Remove from heat. Stir in softened gelatin. Turn mixture into ice cube tray without divider; cool slightly. Place in freezer and freeze until almost firm. Remove from tray and beat until fluffy. Beat in chocolate. Spoon into ice cream pop forms or into ice cube tray with divider. Place in freezer. Insert sticks at once. If using ice cube tray wait until mixture is partly frozen to insert sticks. Freeze 2-3 hours. Separate cream from the sides of the mold with a hot knife. Lift out carefully. Makes 1 quart or 16 pops of 1/2 cup each.

ORANGE-LEMON ICE POPS
 1 package unflavored gelatin
 1/2 cup orange juice
 2/3 cup lemon juice
 2 cups water
 1/2 cup sugar
 1 tablespoon pure vanilla extract
 Sprinkle gelatin over orange and lemon juices; let soften 5 minutes. In a small saucepan combine water and sugar; bring to boiling point and boil 5 minutes. Pour over juice. Stir in vanilla. Pour mixture into ice cube trays with divider. Push sticks in when almost frozen.

Be Sting
 SYDNEY (AP) — The sting in the latest Australian budget: Postage for "bees in separate bags" will rise from 33 cents to 36 cents.

Peel eggplant and cut into slices not more than 1/2 inch thick. Dip each slice in flour and then saute slowly in olive oil until lightly browned. Drain the slices on paper towels. Place half of the eggplant slices in the bottom of a shallow greased baking dish.

Season to taste with salt and pepper. Sprinkle the layer of eggplant with half of the following: oregano, Parmesan cheese and Mozzarella cheese. Over this pour half of the tomato sauce. Add the rest of the eggplant and repeat the above steps.

Place the dish in preheated oven for about 30 minutes. Makes four generous servings.
 Compliment this with one of the family's favorite solid beef meat or pork dish, and add fresh pole beans to complete the meal.

Saucy Florida Beans
 1/2 cup Florida celery, diced
 1/2 cup butter, melted
 3 Tbsp. flour
 1/2 cup milk
 Dash pepper
 1 1/2 cups milk
 1/4 cup blue cheese, crumbled

4 cups cooked Florida green beans, drained
 2 Tbsp. pimiento, diced
 Sauté celery in melted butter until tender. Stir in flour and seasonings. Gradually blend in milk; cook over low heat, stirring constantly until thickened. Add cheese and stir until melted. Gently stir in drained beans and pimiento. Heat thoroughly over low heat, 4 to 6 servings.

A hearty dinner during school days can provide the children with plenty of energy for the next day's demanding school activities and help cut down on the pantry raiders' activity.

House Majority Leader Carl Albert, the public seems to demand higher grade beef. Choice is the most popular grade today, together with a small amount of Prime, it exceeds 85 per cent of total beef produced.

In 1970 the per capita beef consumption was 13 pounds. But the demand now is overwhelming. Look forward to the beef picture in 1980. With a projected population of 230 million, the per capita consumption is expected to rise to 130 pounds.

American stomach that it must take precedence over all other human needs?
 "Maybe supermarket prices for beef are bound to continue upward. Any expenses in the raw products to the retail market must be paid for by the consumer. Those expenses are inevitably going up—transportation, labor, real estate, etc. So expect to pay more for beef, especially the higher grades," says Dr. Theron Runney, a specialist in physiology and nutrition of beef at the Animal Science Branch, Division of the U.S. Dept. of Agriculture in Beltsville, Md.

Consumers expect and are willing to pay — within some limits, of course — for animals which have more finish, animals that have filled out better, have more muscling, better conforming, an overall look of well-being.

"Consumers don't like to have to cut off a layer of fat around a beefsteak. They had to pay for it, now they must discard it. Cattle men are trying to reduce that fat cover in animals in relation to the intramuscular fat, which is edible and enjoyable," Dr. Runney says.

"Yes, quality is the big factor. Beef producers are trying to produce high grade meat more economically. But that is still only a goal. It is not yet an accomplished fact," Dr. Runney adds.

In the meantime, consumers can expect beef prices to continue up along with prices for other foods.

The bigger your family the more you'll like Kmart Foods' long tapes and low totals.

fresh baked

PILLSBURY PANCAKE 39¢

MILK 26¢

WHITE BREAD 25¢

BUNDS 37¢

DIET BREAD 23¢

SALTINES

canned soups

CAMPBELL'S TOMATO SOUP 12¢

CAMPBELL'S - CHICKEN CLAM CHOWDER 59¢

CAMPBELL'S - CHICKEN SIRLOIN BURGER 59¢

PAMM SALTINES 29¢

LEPTON DRY CHIC. NOODLE SOUP 31¢

quick fix treats

FROZEN EGGO WAFFLES 47¢

LITTLE PIZZA 57¢

EGG ROLLS 58¢

PIZZA ROLLS 68¢

POT PIES 20¢

refreshing beverages

STOKELY LIME GATORADE 31¢

FAME CANNED POP 8¢

FAME FRUIT DRINKS 25¢

CANADA DRY FRUIT FLAVORS 19¢

NIC FRUIT DRINKS 29¢

money savers

FAME LUNCHEON MEAT 44¢

FAME TOMATO SAUCE 10¢

FAME SWEET PEAS 22¢

FAME CATSUP 19¢

FAME TOMATO SOUP 10¢

FAME APPLESAUCE 17¢

FAME FRUIT COCKTAIL 27¢

FAME TEA BAGS 38¢

FAME CUT GREEN BEANS 20¢

THIRST QUENCHING BLACK LABEL BEER 89¢

SAVE 34¢

6 - PK. 12 - OZ. CAN

LIMIT FOUR - 6 PACKS PLEASE

MERITA FRESH DONUTS 3 FOR \$1

DOZ. PACK

REGULAR OR DRIP GRIND FOLGERS COFFEE 69¢

LB. CAN

ALL BRANDS CIGARETTES 359

CTN. SAVE 51¢

LIMIT 1 WITH COUPON IN THIS AD WITH \$5.00 ORDER OR MORE EXCLUDING CIGARETTES

NEW RED DELICIOUS APPLES 49¢

4 LB. BAG

RIPE GOLDEN BANANAS 10¢

LB.

fresh dairy

FRESH MEDIUM EGGS 39¢

FRESH MILK \$1.11

AMERICAN CHEESE 69¢

CANNED BISCUITS 8¢

MARGARINE 19¢

everyday favorites

SPARKLING WHITE LIQUID DETERGENT 29¢

SANTA CLARA PRUNE JUICE 49¢

KELLOGG'S CORN FLAKES 29¢

DUNCAN HINES CAKE MIXES 39¢

ASSORTED HAWAIIAN PUNCH 39¢

chips & snacks

TWIN PACK POTATO CHIPS 38¢

CANNED SNACKS 10¢

COOKIES ASSORTED 3 FOR \$1

SUNSHINE POTATO CHIPS 67¢

WITO LAY LUNCH PACKS 33¢

household needs

SPARKLING WHITE LIQUID BLEACH 29¢

COMET CLEANSER 19¢

DETERGENT TIDE X \$1.20

SCOTT PAPER TOWELS 39¢

PERSONAL SIZE IVORY SOAP 8¢

frozen foods

LIGHT-N-LIVELY ICE MILK 79¢

FAME ORANGE JUICE 29¢

MORTON'S FROZEN DINNERS 38¢

BRANDY COOL WHIP 59¢

FAME SWEET BERRIES 29¢

MORTON'S CREAM PIES 25¢

TABBAK'S FRENCH FRIES 10¢

DUTCH HOLLAND ICE CREAM 58¢

TOASTER TREAT WAFFLES 12¢

Consumption Of Beef Expected To Increase Per Capita

By GAYNOR MADDOX
 NEA Food Writer
 Here's a paradox that will keep you right in the stomach. Despite continuing inflation with no signs of let-up and despite the unemployment situation "approaching bread line proportions," according to

House Majority Leader Carl Albert, the public seems to demand higher grade beef. Choice is the most popular grade today, together with a small amount of Prime, it exceeds 85 per cent of total beef produced.

American stomach that it must take precedence over all other human needs?
 "Maybe supermarket prices for beef are bound to continue upward. Any expenses in the raw products to the retail market must be paid for by the consumer. Those expenses are inevitably going up—transportation, labor, real estate, etc. So expect to pay more for beef, especially the higher grades," says Dr. Theron Runney, a specialist in physiology and nutrition of beef at the Animal Science Branch, Division of the U.S. Dept. of Agriculture in Beltsville, Md.

Consumers expect and are willing to pay — within some limits, of course — for animals which have more finish, animals that have filled out better, have more muscling, better conforming, an overall look of well-being.



seafoods

FAME FISH STICKS 69¢

COOKED SHRIMP \$1.09

PERCH FILLETS 69¢

SHRIMP COCKTAIL 89¢

BREADED SHRIMP \$1.59

FLORIDA GRADE "A" OR SHIPPED WHOLE FRYERS 27¢

2 IN A BAG

drug needs

LISTERINE ANTISEPTIC 99¢

ASPIRIN 97¢

FORMULA 44 97¢

RAPID SHAVE 87¢

VAPO RUB 99¢

FAME FULLY COOKED CANNED HAM \$2.69

3 LB. CAN

special buys

CHASE & SANDBORN BAG COFFEE 69¢

PEACHES 28¢

BUTTER 79¢

COFFEE MATE 69¢

RIGHT GUARD \$1.09

WESTERN U.S.D.A. CHOICE CHUCK STEAK 68¢

LB.

everyday favorites

MIRACLE WHIP 57¢

SWEET PEAS 24¢

ROYAL GELATIN 10¢

PORK-N-BEANS 15¢

BAR-B-QUE SAUCE 35¢

MUSTARD 27¢

BABY FOOD 8¢

DOG CHOW 79¢

CHARCOAL 67¢

ORANGE JUICE 15¢

TEA BAGS 59¢

FROSTY MORN SMOKED PICNIC 37¢

LB.

WALDORF OR NORTHERN TOILET TISSUE 16 99¢

4-ROLL PKS.

Long tapes have low totals at Kmart Foods

Don't think for a moment that K mart Foods has lower prices on only a few items. No siree. We discount everything—wall to wall. You'll find lower prices at K mart Foods on all brands you know so well, like: Kellogg's, Heinz, Colgate, Birdseye, Pillsbury, Ivory, Starkist, Gillette, Maxwell House... just to name a few. So come to where the savings are... K mart Foods!

fresh meats

FRESH AND LEAN GROUND BEEF 59¢

BONELESS CHUCK ROAST 98¢

LEAN BEEF SHORT RIBS 55¢

FROSTY MORN HONEYGOLD SAUSAGE 59¢

COPELAND ALL MEAT WIENERS 49¢

FROSTY MORN NO. 1 SLICED BACON 59¢

FROSTY MORN ALL MEAT SLICED BOLOGNA 59¢

FAME CHIPPED SLICED 3 OZ. LUNCH MEATS 3 FOR 98¢

VALUABLE COUPON CIGARETTES 359

ALL BRANDS

LIMIT 1 WITH THIS COUPON AND \$5.00 ORDER OR MORE. COUPON EXPIRES 10-6-71.

VALUABLE COUPON FROZEN PUDDING BUY ONE GET ONE FREE

ONE PER FAMILY PLEASE

VALUABLE COUPON INSTANT COFFEE 25¢ OFF

ONE PER FAMILY PLEASE

AT OUR LOW PRICES, FAMOUS BRANDS COULD BECOME MORE FAMOUS.

Join the thousands who shop K mart for name brand canned goods, boxed goods, bottled goods, frozen goods, bagged goods and everything else that's good.

NO SALES TO DEALERS! Quantity Rights Reserved. Prices Effective thru 10-6-71.

STORE HOURS:
 MON. THRU SAT. 9 A.M. TO 10 P.M.
 SUNDAY - 11 P.M. TO 7 P.M.
 ORLANDO
 2155 W. COLONIAL DR. AT TEXAS
 FERN PARK
 435 HWY. 17-92 AT 436

long tapes/low totals

Quality Discount Foods

Liver, Spanish Style

By AILEEN CLAIRE
 NEA Food Editor
 Liver makes a very good tasting meat dish. If prepared properly. For many persons avoid this delicacy, hindered by childhood memories of overcooked liver that was shoe-leather tough and strong. Here is a little recipe to lure hesitant eaters back to this very beautiful food! It is Liver, Spanish Style. You may want to preheat the liver slices by soaking them in milk for 10 or 15 minutes or another trick is to use vinegar spooned over the meat before cooking to cut strong liver flavor and tenderness.

LIVER SPANISH-STYLE
 6 slices (1/2 inch thick) beef or steer liver
 Salt
 Flour
 1 1/2 cup olive oil
 1 onion, minced
 2 tablespoons flour
 3 envelopes dehydrated vegetable broth
 2 cups water
 Juice of 1 lemon
 2 teaspoons sugar
 2 teaspoons Angostura aromatic bitters
 Sprinkle liver with salt. Roll slices in flour. Heat olive oil and fry liver until brown on both sides and cooked to the desired degree of doneness. Liver is tender when done medium or medium rare. Place liver on a platter and keep warm. Add onions to pan and saute. Sprinkle with flour. Stir in remaining ingredients and simmer 10-15 minutes stirring until thickened. Season to taste with salt. Add liver slices and simmer, spooning sauce over liver for 10 minutes. Serve with mashed potatoes, baby whole carrots and peas. Makes 6 servings.

CHINESE SUPPER
 Chicken Won-ton Soup
 Pheasant's Chinese Shrimp
 Pineapple and Kumquats
 Pheasant's Chinese Shrimp
 After ingredients are assembled, this dish is quick to cook. Thickening mixture, see below.

1 pound medium shrimp (shelled, deveined and dried on paper towels)
 1 tablespoon cornstarch
 2 teaspoons dry sherry
 2 cloves garlic, crushed
 2 tablespoons peanut oil
 2 shoulder pork chops (about 1/4 pound), fat and bone removed and ground (1/2 cup)
 1 chicken bouillon cube dissolved in 1 cup boiling water
 1 egg, slightly beaten
 Prepare Thickening Mixture and set aside. Mix shrimp with the 1 tablespoon cornstarch, sherry and garlic. In a 10 inch skillet heat oil; add shrimp mixture and cook over moderate heat until shrimp turn pink and are cooked through (a few minutes) turning with wide spatula. With a slotted spoon remove shrimp. To skillet and pork with a fork, bring to a boil; cover and simmer 2 minutes. Add shrimp and Thickening Mixture; stir constantly until clear and thickened. Stir in egg but do not boil. Makes 3 large servings.

THICKENING MIXTURE
 Mix together until smooth: 1/4 tablespoons cornstarch, 1/4 cup cold water, 2 tablespoons soy sauce and 1/4 teaspoon sugar.

Poor Record
 BALTIMORE, Md. (AP) — The Baltimore metropolitan area lead the nation in violent crimes, the Federal Bureau of Investigation reported.
 The FBI said this one person out of 100 throughout the city and four surrounding counties was either murdered, raped, robbed or assaulted in 1970.

