

FLORIDA

IN BRIEF

Convicted Murderer Wins 48-Hour Stay

JACKSONVILLE (UPI) — James David Raulerson, scheduled to die in the electric chair today for the murder of a policeman, won a 48-hour stay that expires five hours before his death warrant does.

Raulerson could still be electrocuted before noon Friday if U.S. District Judge John H. Moore II denies his attorney's 51-page petition.

The stay issued by Moore late Tuesday runs from 7 a.m. today, when Raulerson was supposed to be put to death, to 7 a.m. Friday. The death warrant signed by Gov. Bob Graham expires at noon Friday.

It was the second stay of execution obtained by Raulerson, 34, of Rockmart, Ga., who was convicted of the April 27, 1975, murder of Jacksonville patrolman Michael Stewart, 23.

In July 1980, U.S. District Judge William J. Castagna stayed Raulerson's first scheduled execution but his conviction eventually was reaffirmed and he was re-sentenced to death that same summer.

Judge Admits Lying

TALLAHASSEE (UPI) — Hillsborough Circuit Judge Richard E. Leon has denied any official wrongdoing involving a criminal case but admitted he lied to a reporter and a state official about his actions.

In papers filed Tuesday, Leon urged the Florida Supreme Court to reprimand him for making the false statements but allow him to serve out the remaining year on his term. Leon said he would not seek reelection next year.

The state Judicial Qualifications Commission has accused Leon and Chief Circuit Judge Arden Mays Merckle, who has since resigned, of misconduct in a case involving Merckle's reduction of a sentence given Alisa Dean Avery on a cocaine charge.

The 13-member panel recommended Leon's removal from the bench on the grounds that he improperly socialized with the defendant's father, sold property to him and had improper discussions with Merckle and the state attorney's office about the case.

Teen Suing Drug Center

SARASOTA (UPI) — A teenager sent to a controversial drug-rehabilitation center for stealing a moped has filed a \$1.1 million lawsuit claiming he was beaten, tortured and deprived of bathroom privileges during an involuntary seven-month stay.

In a lawsuit filed Tuesday, Benson Williams, 14, of Sarasota, said that during his 1981 stay at Sarasota branch of Straight Inc. he was beaten, "hung by his underpants to a bedpost, carried about by his hair, (suffered) mental and physical torture... (and) deprivation of medical attention, psychiatric guidance and academic schooling."

Refugees Face Aid Cutoff

MIAMI (UPI) — The federal government plans to cut off millions of dollars in aid to the 125,000 Cubans who arrived via the Mariel boatlift three years ago, saying they should have been absorbed into the economic mainstream by now.

Federal aid will also be cut for 30,000 to 40,000 Haitian refugees.

The cutoffs are based on the assumption that within three years of arrival in the United States, refugees should be able to assimilate culturally and economically into the national mainstream.

Immigrants who have been unable to find employment can avail themselves of social services available to all Americans, the reasoning goes.

South Florida officials, however, warn that the cuts could force state and local agencies to foot the bill for massive numbers of refugees who have arrived since 1980. Most of the refugees have remained in south Florida.

"Unfortunately, the agencies that are in the community are going to have to pick up the slack the best way they can," said Maria Puig, operations and management consultant to the state Department of Health and Rehabilitative Services in Miami.

"And that isn't going to be enough," she said.

Florida received \$51 million in refugee-relief funds in 1982, most of it in Dade County. That figure is expected

to shrink to between \$32 and \$37 million in 1983, depending on the outcome of requests for additional money still pending.

As for fiscal 1984, starting in October, fund levels are expected to drop further, but no one is certain by how much.

"What is ironic about all of this is that we have learned a lot, the state has learned a lot about entrant programming. We're peaking just as the dollars are drying up," said Linda Berkowitz, HRS Refugee Program administrator. "I anticipate Florida next year... will have very few federal dollars for refugees."

Officials do not expect the loss of federal funds to send floods of hungry people into the streets. They do, however, expect an increased strain on local services and a "general deterioration" of some communities, said Msgr. Bryan O. Walsh, president of the Catholic Services Bureau.

Job training programs will be worst hit by the federal funding cutoffs.

Anticipating that, the state this year shifted its spending priorities from direct aid to last-ditch job training, Berkowitz said.

Much of the \$32 million received from the federal government this year is being used on job training in the hope of getting jobs for about 4,000 refugees before the money runs out.

Contaminated Water Wells Closed

MALONE, Fla. (UPI) — The discovery of the suspected carcinogen ethylene dibromide in three municipal drinking water wells has caused "uneasiness" among elderly residents of Malone, officials say.

"This situation... has some of the elderly people on the point of uneasiness but not to the point they're worried all that much how it's going to affect them," Mayor Ed Ham said Tuesday. "We're thinking within six months the situation will be alleviated because the bromide will itself evaporate."

The town's 800 residents were working to conserve water since officials closed two of three wells contaminated with the pesticide, also known as EDB, by refraining from washing cars and watering

lawns, Ham added.

Jackson County Health Department officials removed water samples Tuesday from the three wells in the peanut-growing town 15 miles north of Marianna, a spokesman said. The wells are the city's only source of drinking water.

Results of tests were to be available within seven days.

The new samples were taken to determine the effectiveness of attempts to clean EDB from the wells. City officials drained contaminated water from a storage tank and closed the two wells with the highest concentration of the chemical Friday in a clean-up effort.

Officials kept the third well open to provide water for the town.

Test results released Friday showed a concentration of .434 part per billion of the pesticide in one well, .263 part per billion in a second well and .106 part per billion in a third well, said Dr. Charles Prather of the state Department of Health and Rehabilitative Services.

State officials warned residents not to drink the water contaminated with the pesticide, which has caused intestinal cancer in laboratory rats during experiments, Prather said. The HRS considers a concentration of more than .1 part per billion unsafe.

The pesticide is used on peanut and soybean plants to kill worms that destroy the plants. It is also used as a fumigant to kill insect eggs on fruit and produce and as an additive in gasoline.

Dairy Cow Manure Endangering Lake

OKEECHOBEE (UPI) — Pollution from 50,000 cows — 715,000 pounds of manure a day — is washing into Lake Okeechobee, the state's most important fresh water reservoir.

State studies have traced the problem to Taylor Creek, which is bordered by 16 dairy operations that produce 10 percent of the state's milk.

The manure washes down the creek, located east of the Kissimmee River, and into Lake Okeechobee. According to state studies, Taylor Creek is the single greatest source of pollution to the lake.

South Florida Water Management District officials say the pollution must be halted. But they say that won't be easy.

The problem was discovered in a 1970 study commissioned by district officials who feared that wastes from central Florida urban areas were being carried down the Kissimmee River into Lake Okeechobee.

The study concluded, however, that the Taylor Creek cows and the sugar cane fields to the south were the lake's biggest polluters.

Water managers solved the problem of fertilizer runoff from the sugar cane fields by diverting the runoff into the Everglades.

But the Taylor Creek problem proved tougher. The creek flows naturally into the lake. There is no other place for it to go.

"You may not have a total solution unless you shut down the dairies," said Fred Davis, a chemist with the water district. "The lake as a natural resource is of more value than the dairies."

Water district officials, however, remain convinced that the dairy industry can be made "compatible" with the lake.

The district and the U.S. Department of Agriculture have been working with dairies on a solution since 1981.

The dairies themselves have spent sizable amounts of money. The federal government has kicked in \$1.3 million for cleanup work, while the state has contributed \$400,000.

Farmers have fenced off stream beds and built shade structures to keep cows from wading into the water to cool off during hot weather.

They've built lagoons to hold runoff from milking barns, allowing some pollutants to settle before the water is discharged through the pastures, where it undergoes further filtering.

Something Finally Being Done About Tampa Bay's 'Suicide Alley'

CLEARWATER (UPI) — The long, low causeway that connects Tampa and Clearwater has for years been the scene of Tampa Bay's most deadly auto accidents, earning it the nickname "suicide alley."

The 9-mile killer causeway is the northernmost link across Tampa Bay between Pinellas and Hillsborough counties.

It was named in 1944 after a prominent Pinellas businessman and lawyer Courtney Campbell. Police and rescue workers have renamed it "the death trap."

In recent years, more people have died on the Courtney Campbell Parkway than on both its sister spans across the Bay — the Howard Frankland Bridge and the Gandy Bridge — combined. And the parkway carries less traffic than half the Howard Frankland alone.

Last weekend, three motorists driving from Clearwater to Tampa were killed when an oncoming Chevrolet slid across the median and struck their Buick head-on.

The Buick flipped over on impact and burst into flames. No one escaped from the car.

It was the second time this year that three people died in a single head-on crash on the parkway.

During the past three years, two other head-on collisions took three more lives each on the parkway.

"You won't see me driving on that road," said a dispatcher for the Florida Highway Patrol in Pinellas Park.

Most safety officials blame the parkway rather than the drivers. The causeway is narrow, and has no median barrier or lighting. Traffic flowing across is dense and moves fast.

Ten people have lost their lives this year in six accidents on the parkway, according to police statistics. Last year, five people died in four accidents on the parkway.

Between 1978 and 1981, 27 people died in accidents on the causeway. During the same period, only four deaths occurred on the Howard Frankland and none on the Gandy.

Even more striking is the difference in the number of accidents.

In 1981 there were 237 accidents — an average of one every 36 hours — compared with 67 on the other two causeways combined.

"Part of the problem is that it's a recreation area," says Bill Trefz, deputy district engineer for the state Department of Transportation in Bartow. "People enter and leave the roadway anytime because they're fishing or at the beach, those kinds of things."

Authorities have finally decided to do something about the dangerous causeway.

Beginning in March of 1985, 4.2 miles of roadway will be widened on the Hillsborough side of the causeway and a median will be installed at a cost of \$6.6 million.

Widening already has begun on the Clearwater side, and the effect has already been felt. Of the six fatal accidents this year, five have occurred on the Hillsborough side.

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STANDINGS

Standings section containing American League and National League tables with columns for team, wins, losses, and percentage.

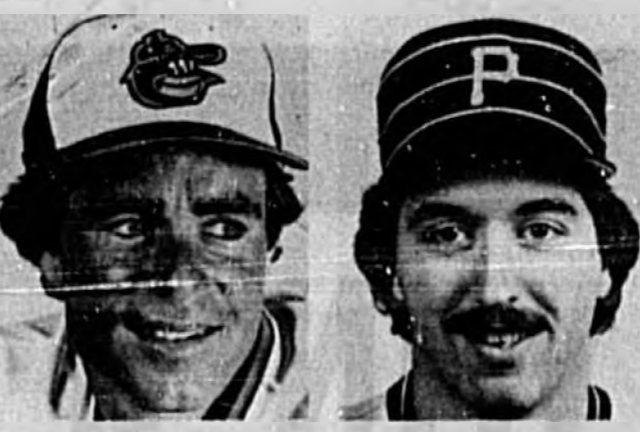
Palmer Hurls O's Past Bosox, 8-1; L.A. Falls Again

United Press International

Jim Palmer may have delivered a eulogy to the rest of the American League East. "My arm gets a little better every time I pitch," said the Baltimore Orioles' right-hander Tuesday night.

In National League games, Montreal topped Chicago 8-2, Philadelphia blanked New York 2-0, Pittsburgh shut out St. Louis 5-0. San Diego defeated Los Angeles 8-3 and Cincinnati crushed San Francisco 11-1.

Palmer spoke after scattering eight hits over 7 1/3 innings to lead the Orioles to an 8-1 triumph over the Boston Red Sox. The victory enabled Baltimore to maintain their four-game lead over Milwaukee in the East.



Jim Palmer Lee Tunnell

A.L./N.L. Baseball

Tunnell, who had been scheduled to pitch Monday night but was pushed back because of an injury to John Candelaria, pitched his second shutout of the season.

At Milwaukee, Ted Simmons' two-out, two-run triple in the eighth inning triggered a three-run uprising that carried the Brewers, Jim Slaton, 12-5.

At Kansas City, Mo., Steve Henderson doubled home a run in the fifth and scored on a wild pitch to spark the Mariners. Bob Stoddard scattered five hits over 5 2/3 innings to improve his record to 8-14.

Martina Nears 1st Open Title

NEW YORK (UPI) — With just two more victories, Martina Navratilova will go over the \$60 million mark in career earnings.

And if anything means as much as all that money, it will be the satisfaction she derives from what those two wins would do for her.

Pro Tennis

has won the Open crown six times, and, Navratilova has won zilch. That's where the frustration comes in inasmuch as Navratilova repeatedly has stressed how important it is for her to achieve the single goal she has failed to accomplish by winning the Open.

Navratilova came into the championships with career earnings of \$5,469,756, the all-time high for any tennis player.

Shriver, the fifth seed, earned her berth in the semis with a 7-6, 6-3 victory over No. 3 Andrea Jaeger. The other semifinal pairing was to be decided today when Evert, the No. 2 seed, met No. 8 Hana Mandlikova.

More seriously, Navratilova added, "I've played her three times recently and beaten her in straight sets, so I'm confident. I'll take it as another match."

SCORECARD

Football

Football scores table listing games between various college teams and their results.

Soccer

Soccer results table showing NASL playoff and conference games.

Baseball

Baseball news table listing transactions, free agents, and signings.

Deals

Deals table listing sports transactions and player movements.

Play Better Golf with JACK NICKLAUS

Advertisement for Jack Nicklaus golf club featuring an image of him and text about swing technique.

Advertisement for Sanford Pain Control Clinic featuring an image of a person and text about chiropractic services.

Advertisement for Sanford Pain Control Clinic featuring a list of conditions treated and contact information.

Large advertisement for Dayton Tire & Muffler featuring tire and muffler products, prices, and a lifetime guarantee.



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Between school, football practice, piano lessons, scout meetings, video games and all the other activities, there's very little time in the fall for kids to sit down to three well-balanced meals. And with all those activities, growing bodies need to pack in nutritious foods. What's the solution? The folks from Dannon have a few ideas for healthy snacking that are so simple, older kids can prepare them for themselves.

together with a cup of Plain Yogurt. Pour into pop molds or use paper cups and sticks (insert sticks when mixture has started to freeze). Makes 6 pops.

INDIAN SUMMER SOUP

Stir a cup of Plain Ypgrut with half a can of chilled, condensed tomato soup, season to taste and thin with milk, if desired. Serve cold.

AMBROSIA SUNDAY

Slice up fresh fruit and blend into a cup of Vanilla Yogurt. Top with a handful of nuts, raisins and/or shredded coconut.

THE SMART SNACK

To 2 cups of Plain Yogurt add 1 packet of dry onion soup mix. Stir thoroughly and refrigerate overnight. Serve with bright, crisp vegetables.

PEANUT BUTTER 'N JELLY

Stir 3 tablespoons of peanut butter into a cup of strawberry Yogurt.

ZEBRA YOGURT

Swirl chocolate syrup into a tall glass of Vanilla Yogurt.

Let Kids Prepare Cookies

It's time once again to think about school lunches and after school snacks. Bar type cookies are good for both. They supply energy, are quick, and easy to prepare. Youngsters may even want to do the preparation themselves. School age children are fascinated with microwave cooking and many use the microwave oven for reheating leftovers or cooking favorites such as hot

Midge Mycoff



Home Economist
Seminole Community College

dogs. With a little instruction about the use and safety of the microwave oven, they can successfully prepare these simple recipes:

FUDGE BROWNIES

¾ cup flour
½ teaspoon salt
½ cup walnuts, chopped
2 squares semi-sweet chocolate

½ cup butter
2 eggs
1 cup sugar
1 teaspoon vanilla
Sift the flour and salt together. Microwave the butter and chocolate together on 50% power for 40 seconds or until melted. Beat the eggs until fluffy; add the sugar, sifted dry ingredients, melted butter, chocolate and vanilla. Mix well. Add the nuts and mix. Pour into a buttered 8-inch square baking dish. Microwave on 85% power (Roast) for 10-12 minutes. Cool. Sprinkle with powdered sugar or frost with chocolate frosting.

HERMITS

1½ cups flour
½ teaspoon baking soda
½ teaspoon salt
1 teaspoon cinnamon
½ teaspoon nutmeg
¼ teaspoon ground cloves
1 cup brown sugar
½ cup butter
½ cup walnuts
½ cup raisins
1 egg
½ cup milk
Cream butter and sugar together, add egg, raisins and walnuts. Sift together all the dry ingredients. Add to the butter mixture alternating with the milk. Mix well.

Pour into a 9-inch square baking dish. Microwave at 100% power for 8-9 minutes. Cool. Cut into squares.

LEMON BARS

Dough:
¼ cup sugar
½ teaspoon grated lemon rind
1 cup flour
½ cup butter
Topping:
1 cup sugar
1 tablespoon lemon rind
2 eggs
1 tablespoon flour
½ teaspoon baking powder
½ teaspoon salt
½ cup lemon juice
Mix lemon rind, sugar, butter and flour into a fine meal. Press dough into an 8-inch square baking dish. Microwave on 100% power for 3 minutes.
Topping:
Mix grated lemon rind and sugar together. Add the eggs, flour, baking powder, salt and lemon juice. Pour over the crust and microwave on 85% power (Roast) for 8-10 minutes. Cool and cut into 2-inch bars.

Microwave Hint: When using a square container, it is sometimes helpful to shield the corners with small strips of aluminum foil. This will prevent over-cooking of the food at the corners. Caution: do not allow the foil to touch the walls of the oven, otherwise arcing may occur. An arc is a spark of electricity between metal points. Arcing is not dangerous, but can damage the oven walls. Keep the foil smooth and close to the food.

Breakfast On The Run

Those who eat their breakfast on the run, so to speak, will appreciate a scrambled egg and bacon sandwich. The combination is tucked into warmed pita bread.
BREAKFAST BACON POCKETS
8 slices bacon, cut into 1-inch pieces
1 loaf pita bread
2 eggs
2 tablespoons milk
¼ teaspoon chopped chives
Salt and pepper to taste
¼ cup shredded Cheddar cheese
Cook bacon in large frying pan until crisp; drain on absorbent paper. Meanwhile cut pita bread in half; wrap in aluminum foil. Heat in 350-degree oven 5 to 7 minutes or until warm. Remove all but 1 teaspoon drippings from frying pan. Combine eggs, milk, chives, salt and pepper in small bowl. Pour into frying pan and cook slowly. When eggs begin to set, gently lift uncooked portions to form large soft curds. Add bacon pieces and cheese. Continue cooking until eggs are thickened, but do not stir constantly. Spoon mixture into warmed pita bread. This kitchen-tested recipe makes 2 servings.

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Guardman 3 sq. yd. One Wipe
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Celebrate Anniversary Of Alaska

Alaska is soon to celebrate its silver anniversary as our 49th state. Famed for its rugged wilderness and natural beauty, Alaska holds a certain mystique for most of us. While we may not be fortunate enough to travel to this beautiful frontier state, we can take advantage of its magnificent gift — the superb seafoods which come from the clear, icy waters off the 34,000 miles of coastline. From these waters some of the world's finest fish and shellfish are harvested each year. Now, with technological advancements in freezing and processing and rapid, controlled transportation, choice Alaska seafoods can be enjoyed year-round.

Seafoods fit beautifully into today's trend toward lighter foods. They are a valuable source of high-quality protein and provide other important nutrients. Seafood dishes can also be prepared quickly whether cooked conventionally or in the microwave, which is also important with today's fast-paced lifestyles.

GARDEN SALMON SALAD

- 1 can (7-¾ oz.) salmon
- 4 cups torn spinach or lettuce
- ½ cup thinly sliced radishes
- ½ cup chopped celery
- 1 hard-cooked egg, finely chopped
- ½ cup chopped green onion
- 1 medium tomato, chopped
- ½ cup sliced carrot

Creamy Vinaigrette Dressing
Drain salmon, reserving 2 tablespoons liquid for Creamy Vinaigrette Dressing; break into small chunks. Place spinach in 1-½ quart serving dish. Arrange rows of radishes, celery, salmon, egg, onion, tomato and carrot over spinach. Serve with Creamy Vinaigrette Dressing. Makes 3 or 4 main dish servings.

Creamy Vinaigrette Dressing: In blender or food processor combine ½ cup oil, 2 tablespoons each reserved salmon liquid and wine vinegar, 1 tablespoon Dijon mustard, 1 teaspoon minced green onion or shallot, ¼ teaspoon sugar and ¼ teaspoon salt; blend until smooth and creamy. Makes about ½ cup.

Tip: Wedges of lemon or lime can be substituted for Creamy Vinaigrette Dressing for a lighter salad.

HABIBUT AND SHRIMP SALAD WITH TARRAGON DRESSING

- Poached halibut
- ½ pound pink shrimp or crab meat
- 1 cup tiny peas, thawed if necessary
- 1 cucumber, peeled and cut into ½-inch slices
- ¼ cup diagonally sliced green onion
- Dash each salt and pepper

Tarragon Dressing
Combine all ingredients except Tarragon Dressing. Toss gently with Tarragon Dressing. Makes about 6 main dish servings.

Poached Alaska Halibut: Remove skin and bones from 1 pound halibut; cut into chunks. Place halibut in boiling salted water to barely cover. Season with slice each lemon and onion, sprig parsley, 6 peppercorns and 3 cloves. Simmer, covered, 6 to 8 minutes or until halibut flakes easily when tested with a fork. Remove halibut from liquid; cool. Makes about 2-½ cups.

Tarragon Dressing: Combine ¼ cup reduced calorie mayonnaise and ¼ teaspoon crushed tarragon; mix well. Makes ¼ cup.

Tip: Wedges of lime or lemon can be substituted for Tarragon dressing for a lighter salad.

WHITEFISH ZUCCHINI BAKE

- 1 pound cod, pollock or rockfish fillets, thawed if necessary
- 2 tablespoons chopped onion
- 2 teaspoons oil
- 2 cups julienne sliced zucchini
- 1 can (8 oz.) tomato sauce
- ¼ cup sliced mushrooms
- ¼ teaspoon basil, crushed
- ¼ teaspoon pepper
- Dash salt

Cut fillets into thin serving-sized pieces if necessary. Sauté onion in oil; add zucchini and cook about 5 minutes or until barely tender. Place ¼ of zucchini mixture on each fish fillet and roll pinwheel fashion; place in shallow baking pan. Combine tomato sauce, mushrooms, basil, pepper and salt; pour over fish rolls. Bake at 350°F 20 minutes or until fish flakes easily when tested with a fork. Makes 4 servings.

Microwave Method: Combine onion, oil and zucchini in 8x8x2-inch microwave-proof dish. Cover with waxed paper and microwave at HIGH 2 minutes or until barely tender. Prepare fish rolls as above; place in 8x8x2-inch microwave-proof dish. Combine sauce ingredients as above; pour over fish rolls. Cover with waxed paper; microwave at HIGH 6 minutes or until fish flakes easily when tested with a fork; rotate dish ¼ turn twice during cooking. Makes 4 servings.

HERBED SALMON AND BROCCOLI (Microwave Method)

- 1 package (10 oz.) frozen broccoli spears
 - 2 (6 to 8 oz. each) salmon steaks, thawed if necessary
 - ¼ teaspoon each oregano and thyme, crushed
 - 1 tablespoon minced parsley
- Place broccoli in shallow microwave-proof dish. Cover with waxed paper and microwave at HIGH 3 minutes. Separate spears; place salmon in dish with broccoli. Sprinkle with oregano and thyme; cover with waxed paper. Microwave at HIGH 4 to 5 minutes or until salmon flakes easily when tested with a fork and broccoli is tender; rotate dish ¼ turn twice during cooking. Sprinkle with parsley. Makes 2 servings.

Conventional Method: Cook broccoli in boiling water 1 to 2 minutes or until spears can be separated. Drain and place in greased shallow baking dish with salmon; sprinkle with oregano and thyme. Bake, covered, at 450°F allowing about 10 minutes cooking time per inch thickness measured at its thickest part or until salmon flakes easily when tested with a fork. Sprinkle with parsley. Makes 2 servings.

DUNGENESS CRAB WITH TOMATO SALSA

- 1 (2-½ or 3 lb.) Alaska Dungeness crab, thawed if necessary
- 2 medium tomatoes, peeled and finely chopped
- ¼ cup chopped green chilies
- 2 tablespoons minced onion
- 1 tablespoon minced parsley or cilantro
- 1 tablespoon lime or lemon juice
- 2 teaspoons oil
- Dash salt

Lift off back shell of crab. Remove and discard viscera and gills. Rinse crab thoroughly under cool, running water. Break off legs; crack along edges. Break body section in half; break each half into several pieces. Refrigerate until served. Combine remaining ingredients; let tomato salsa mixture stand 30 minutes before serving. Arrange chilled crab on platter; serve with tomato salsa. Makes about 3 servings.

Variation: Crab can be steamed over boiling water 5 minutes or until thoroughly heated; serve with heated tomato salsa.



Whitefish Zucchini Bake and Halibut and Shrimp Salad can be enjoyed year-round

<p>CREAMY GREEN GODDESS, VIVA ITALIAN, CREAMY BUTTERMILK OR HERB / SPICES</p> <p>Seven Seas Dressing</p> <p>16-oz. bot.</p> <p>79¢</p> <p>With One S&H Stamp Price Saver Certificate</p>	<p>BUMBLE BEE (IN WATER OR OIL)</p> <p>Chunk Light Tuna</p> <p>6 ½-oz. can</p> <p>9¢</p> <p>With One S&H Stamp Price Saver Certificate</p>	<p>TETLEY</p> <p>Tea Bags</p> <p>100-ct. pkg.</p> <p>\$1.39</p> <p>With One S&H Stamp Price Saver Certificate</p>	<p>HUNT'S</p> <p>Tomato Ketchup</p> <p>32-oz. bot.</p> <p>49¢</p> <p>With One S&H Stamp Price Saver Certificate</p>
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SEPTEMBER 1983 ISSUE

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THIS AD EFFECTIVE: THURS. SEPT. 8 THRU WED. SEPT. 14, 1983...

Longing for tropical adventure? Then stroll through Publix and you'll discover delights that will turn tonight's meal into a Tropical Feast.

DOLE Pineapple Juice 46-oz. can **\$1.19**

ASSORTED FLAVORS Hawaiian Punch 46-oz. can **59¢**

DOLE Pineapple Juice Drink 46-oz. can **59¢**

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- Mauna Loa **Macadamia Nuts** 3 ½-oz. jar **\$2.29**
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- Kleenex White or Assorted **Facial Tissue** 250-ct. pkg. **99¢**
- Assorted or Earthtone **Hi Dry Towels** 2 large rolls **\$1**
- Pac-Man **Cereal** 13-oz. pkg. **\$1.69**
- Hunters Choice Ration or **Dog Food** 25-lb. bag **\$4.39**
- For Your Laundry **Punch Detergent** 42-oz. pkg. **89¢** (Limit 1 please with other purchases of \$7.50 or more, excluding all tobacco products)
- Disinfectant **Lysol Spray** 12-oz. can **\$2.19**
- Lysol Scent II **Disinfectant** 12-oz. can **\$2.19**
- Lysol Liquid Disinfectant **Toilet Cleaner** 24-oz. bot. **\$1.19**
- 30c-Off Label, Anti Static Sheets **Cling Free** 36-ct. pkg. **\$1.89**
- Made From Conc., Tropicana Chilled **Orange Juice** half gal. **\$1.29** For Breakfast, Snacks or Desserts, Delicious
- Golden Bananas** per lb. **29¢**
- The Natural Snack, Thompson **Seedless Grapes** per lb. **69¢**
- Appalachian Mountain Grown, Ripe Juicy **Fresh Peaches** per lb. **39¢**
- Serve With Cheese Sauce, Tender **Fresh Broccoli** large bunch **99¢**
- Perfect For Slicing or Salads, Large Size **Tasty Tomatoes** per lb. **39¢**

Hellmann's Mayonnaise

32-oz. jar

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Frozen Foods

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- Deep Dish 20.5-oz. Pepperoni or 21.75-oz. Deluxe **Chef Saluto Pizzas** each for **\$2.99**
- Sara Lee 11 ½-oz. Walnut, 11 ½-oz. Strussel or 11 ½-oz. Pecan **Coffee Cake** each for **\$1.99**
- Okray Hashbrown Potatoes 24-oz. pkg. **\$1.09**

Potpourri

Shimmering Molded Salads Dress Up Any Buffet

If you're a hostess who loves the shimmering looks and cool flavors of molded gelatine salads, two sublime recipes from Florida will handsomely dress up any party buffet.

A delicious mixture of chopped shrimp, celery, onion, mayonnaise and egg whites becomes especially exciting with the addition of fresh-tasting grapefruit juice. The grapefruit enhances the delicate seafood taste of the shrimp and adds vitamin C to the nutrition value of this elegant salad. Chilled in your most glamorous mold, Gulf Coast Grapefruit Shrimp Salad is turned out against a showy background of dark greens and sparkling canned or chilled grapefruit sections.

Use your refrigerator to do the decorating work. Proudly offer a gala Star Mold with the zip of canned Florida grapefruit juice, tomato juice, chopped celery leaves and cloves. Unmold the shimmering star on a platter, garnished with light and dark green lettuces and jewel-like grapefruit sections, and watch all your hungry guests salute.

GULF COAST GRAPEFRUIT SALAD

2 envelopes unflavored gelatine

- 1/2 cup water
- 3/4 cup mayonnaise
- 1/2 cup canned Florida grapefruit juice
- 1 tablespoon minced onion
- 1 teaspoon Worcestershire sauce
- 1/2 teaspoon salt
- 1/2 teaspoon dried dill weed
- 1/4 teaspoon hot pepper sauce
- 2 cups shelled, cooked, chopped shrimp
- 1/4 cup chopped celery
- 2 cups Florida grapefruit sections, drained, divided
- 2 egg whites, beaten stiff
- 10 whole shrimp, shelled, deveined, cooked

Chicory
In small saucepan sprinkle gelatine over water; let stand 1 minute. Stir over low heat until gelatine is completely dissolved, about 5 minutes. Remove from heat. In large bowl blend together mayonnaise, grapefruit juice, onion, Worcestershire, salt, dill, and hot pepper sauce. Stir in gelatine mixture, chopped shrimp and celery. Cut up 1 cup grapefruit sections. Fold sections and egg whites into gelatine mixture. Spoon

mixture into a 6-cup mold, chill until firm. Unmold; garnish with whole shrimp, remaining 1 cup grapefruit sections and chicory. Yield: 8 servings.

GRAPEFRUIT STAR MOLD

- 2 cups tomato juice
- 1 1/4 cups Florida grapefruit juice
- 1/2 cup chopped celery leaves
- 1 sliced onion
- 3 whole cloves
- 2 peppercorns
- 1 bay leaf
- 1 teaspoon sugar
- 1/2 teaspoon salt
- 2 dashes hot pepper sauce
- 2 envelopes unflavored gelatine
- 1/2 cup cold water
- 2 cups canned Florida grapefruit sections, drained

Lettuce
Watercress
In large saucepan combine tomato juice, grapefruit juice, celery leaves, onion, cloves, peppercorns, bay leaf, sugar, salt and hot pepper sauce; bring to a boil. Cover. Simmer 15 minutes. Strain. In large saucepan sprinkle gelatine over water; let stand 1 minute. Stir over low heat until gelatine is completely dissolved, about 5 minutes. Stir in grapefruit juice mixture. Pour into a 1-quart star mold. Chill until firm. Unmold on serving platter; garnish with grapefruit sections, lettuce and watercress. Yield: 6 servings.

WALNUT STUFFED ONIONS

- 6 large yellow onions
 - 1 cup finely chopped walnuts
 - 1/2 cup fine, dry bread crumbs
 - 2 tablespoons butter or margarine, melted
 - 2 teaspoons finely grated lemon peel
 - 1/2 teaspoon salt
 - 1/2 teaspoon rosemary
 - 1/2 cup seedless raisins
 - 6 teaspoons butter or margarine
 - 1 chicken bouillon cube
 - 1/2 cup hot water
- Cut a thin slice from the top of each onion and remove outer brown skin. Cook onions in boiling water for 20 minutes; drain. Using a sharp knife and a small spoon, remove centers, leaving a shell a 1/4-inch thick. (Centers can be saved for use in another dish.) Combine walnuts, bread crumbs, butter, lemon peel, salt, rosemary and raisins; stuff each onion cavity with this mixture. Top each onion with 1 teaspoon butter and place them in a shallow dish. Combine bouillon cube with hot water; pour around onions. Bake at 350 degrees, about 20 minutes or until crumbs brown. This kitchen-tested recipe makes six servings.

TROPICAL ICE CREAM PIE

- 3/4 cup coconut bar cookie crumbs
 - 2 tablespoons melted butter
 - 15 to 16 coconut bar cookies
 - 1/2 cup broken pecans
 - 1/2 cup caramel OR butterscotch ice cream topping
 - 1 can (8 1/2 oz.) crushed pineapple, drained
 - 3 pints vanilla ice cream
- Combine cookie crumbs and butter. Press mixture evenly over bottom of buttered 9-inch pie plate. Stand whole cookies upright around edge. (Cookies may have to be trimmed if too long). Chill. Combine pecans and ice cream topping. Chill. Spoon 1 pint ice cream into cookie shell. Top with 1/2 ice cream sauce, then 1/2 crushed pineapple. Add additional 1 pint ice cream, then remaining sauce and pineapple. Top with remaining ice cream. Freeze until serving time.

BLUE CHEESE RING

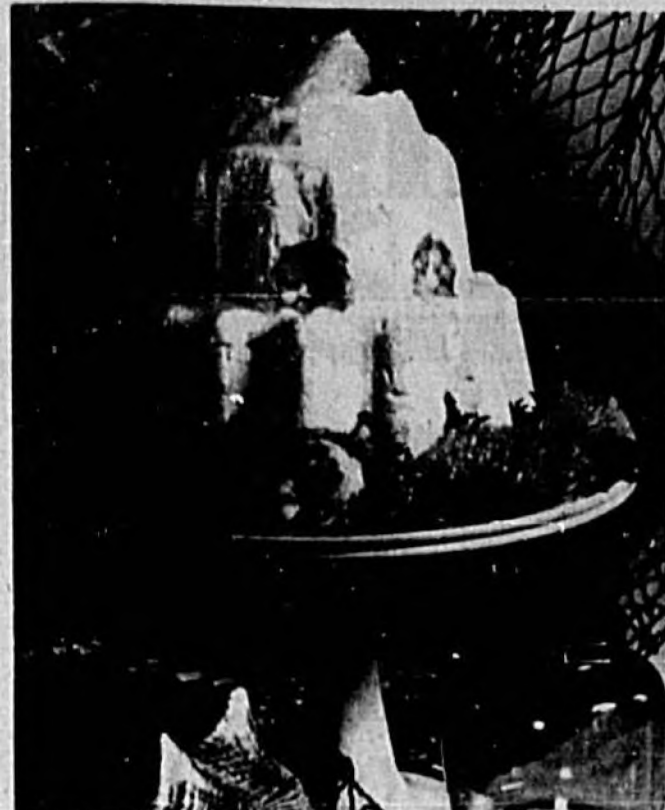
- 2 envelopes unflavored gelatin
 - 1 cup cold water
 - 1 8-oz. bottle chunky blue cheese dressing
 - 1 cup whipping cream, whipped
 - Lettuce
 - 1/2 cup chopped apple
 - 1/2 cup grapes
 - 1/2 cup orange sections
- Soften gelatin in water; stir over low heat until dissolved. Cool. Gradually add gelatin to dressing, mixing until blended. Chill until partially set; fold in whipped cream. Pour into lightly oiled 1-quart ring mold; chill until firm. Unmold; surround with lettuce. Fill center with combined fruit. 4 to 6 servings.

PEACH CRUMB CAKE

- 1 package (4-serving size) butterscotch flavor instant pudding and pie filling
 - 1/2 cup sugar
 - 1/4 cup butter or margarine
 - 1 cup chopped nuts
 - 1/4 teaspoon cinnamon
 - 1/4 teaspoon nutmeg
 - 3/4 cup milk
 - 1 egg, beaten
 - 1/4 teaspoon almond extract
 - 2 1/4 cups all-purpose biscuit mix
 - 1 cup diced peeled fresh peaches or nectarines or 1 cup fresh blueberries and 1/4 teaspoon mace.
- Combine pudding mix, sugar and butter in bowl, blending with pastry blender or fork until mixture forms coarse crumbs; stir in nuts. Measure 1 cup crumb mixture, add cinnamon and nutmeg; set aside. To remaining crumb mixture, add milk, egg, almond extract and biscuit mix; stir to blend well. Fold in 3/4 cup of the peaches. Pour into greased and floured 9-inch layer pan. Scatter remaining 1/4 cup peaches over batter and sprinkle with reserved crumb mixture. Bake at 350° for 45 to 50 minutes or until cake tester inserted into center comes out clean. Cool 5 minutes. Invert on rack, turn crumb side up and cool. Sprinkle with confectioners sugar, if desired.

MARSHMALLOW NOODLE BARS

- 1 package (6 oz.) butterscotch pieces
 - 1/4 cup sugar
 - 3 tablespoons light corn syrup
 - 1 1/2 cups crushed vanilla wafers
 - 2 cans (3 oz. each) chow mein noodles, crushed
 - 1/2 cup orange juice
 - 1 cup miniature marshmallows, halved
 - 1 cup chopped walnuts
- Melt butterscotch pieces over hot water in top of double boiler. Stir in sugar and corn syrup. Add vanilla wafers, one can chow mein noodles, crushed and orange juice; mix well. Stir in marshmallows and 1/2 cup walnuts. Chill mixture thoroughly. Shape into 1/4-inch balls. Roll balls in mixture of remaining crushed chow mein noodles and walnuts to coat. Store in refrigerator.



Canned grapefruit juice brings gorgeous salads to the table year-round.

<p>PICTSWEEP Broccoli Spears 10-oz. pkg. 1¢ With One S&H Stamp Price Saver Certificate</p>	<p>ASSORTED FLAVORS DAIRI-FRESH Ice Cream half gal. 89¢ With One S&H Stamp Price Saver Certificate</p>	<p>CLOROX (5¢ OFF LABEL) Liquid Bleach gal bot. 39¢ With One S&H Stamp Price Saver Certificate</p>	<p>PALM RIVER Sliced Bacon 1-lb. pkg. 94¢ With One S&H Stamp Price Saver Certificate</p>
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- Rath Fully Cooked (2 to 4-lb. avg.) **Boneless Ham** per lb. \$2.29
- Swift Premium Meat, Garlic or Beef Sliced Bologna or **Cooked Salami**..... 1-lb. \$1.79
- Sunnyland Meat or Beef **Jumbo Franks**..... 1-lb. \$1.59
- Oscar Mayer Sliced **Cooked Ham** 5-oz. pkg. \$1.39
- Jimmy Dean Mild, Hot or Sage **Pork Sausage**..... 1-lb. bag \$1.99
- Seafood Treat, Frozen **Turbot Fillet** per lb. \$2.59
- Seafood Treat, Frozen **Perch Fillet** per lb. \$1.79

U.S.D.A. Choice Beef

Eye Round Roast \$2.69 per lb.

Boneless Bottom Round Roast \$1.89 per lb.



where shopping is a pleasure 7 days a week

- Deli**
- Delicious Cooked Salami or **Beef Bologna** quarter lb. 69¢
 - Fresh-Baked **Lemon Krunch Pie** each \$1.50
 - Hot from the Deli! **Stuffed Green Peppers** per lb. \$2.89
 - Stuffed Cabbage**..... per lb. \$2.89
 - Zesty-Flavored **Polynesian Chicken** per lb. \$1.69
 - Fresh **Dinner Rolls** per pkg. 79¢

BURGUNDY, VIN ROSE, CHABLIS BLANC OR

Rheinflur Franzia Wine

3-liter bot.
\$4.99

Publix

60¢ OFF

With This Coupon ONLY All Grinds

Folger's Coffee

1-lb. can
\$1.73

(Limit 1 Per Family Please; With Other Purchases of \$7.50 or More, Excluding All Tobacco Items) (Effective Sept. 9-14, 1983)

ASSORTED FLAVORS

Breyers Ice Cream

half gal.
\$2.29

- Dairy**
- Kraft Delicious **Caramel Candy** 14-oz. bag 99¢
 - Spearmint, Doublemint, Juicy Fruit or Big Red **Wrigley Gum**..... 10-pack bag 99¢
 - Breakfast Club Grade A Florida **Large Eggs** per doz. 79¢
 - Imperial Regular Quarters **Margarine** 1-lb. ctn. 59¢
 - Ballard Buttermilk **Biscuits** 5 10-ct. cans \$1.19
 - Breakstone **Sour Cream** half pint 59¢
 - Assorted Flavors **Dairi-Fresh Yogurt** 3 9-oz. cups 89¢
 - Philadelphia Brand **Cream Cheese** 8-oz. pkg. 89¢
 - Wisconsin Cheese Bar **Monterey Jack, Medium Cheddar, Mild Cheddar Horn or Mozzarella** 8-oz. pkg. \$1.19
 - Dairi-Fresh Small or Large Curd, Schmierkase or Lowfat **Cottage Cheese** 2-lb. cup \$1.79

\$1 OFF

With This Coupon ONLY Weaver's Frozen

Dutch Frye Thighs & Drumsticks

28-oz. pkg.
\$1.99

(Limit 1 Per Family Please; With Other Purchases of \$7.50 or More, Excluding All Tobacco Items) (Effective Sept. 9-14, 1983)

Armour Boneless

Canned Hams 3-lb. can \$4.99

Fresh (Either End or Whole)

Pork Loin Roast per lb. \$1.59

50¢ OFF

With This Coupon ONLY GWALTNEY CHICKEN

Great Dogs

1-lb. pkg.
49¢

(Limit 1 Per Family Please; With Other Purchases of \$7.50 or More, Excluding All Tobacco Items) (Effective Sept. 9-14, 1983)

Publix

SANFORD PLAZA, SANFORD

LONGWOOD VILLAGE CTR., LONGWOOD

60¢ OFF

With This Coupon ONLY

Holiday Fogger

6-oz. can
\$1.99

(Limit 1 Per Family Please; With Other Purchases of \$7.50 or More, Excluding All Tobacco Items) (Effective Sept. 9-14, 1983)

PUBLIX RESERVES THE RIGHT TO LIMIT QUANTITIES SOLD

Ooh La La

Creamy Mustard Sauce Tops Fish For True Gourmet Delight

Poisson a la Moutarde is a splendid way with flounder or sole filets. Genuine Dijon mustard transforms the fish into a gourmet delight and this dish is absolutely a snap to make. First, brush the fish with melted butter and broil briefly. Then combine the sauce ingredients — Dijon mustard, cream and gherkins. Pour the mixture over the fish and return to broiler until lightly browned. The sauce derives its major character from authentic Dijon mustard. Named for the city of Dijon, capital of the province of Burgundy, Dijon mustard is made with a complex formula which includes verjuice, an extract from unripened grapes.

Serve the fish with chilled Muscadet, a dry, light, refreshing white wine from the Loire Valley. Clean and bright, Muscadet is a French favorite with seafood and is at its best served young.

POISSON A LA MOUTARDE Fish with Mustard Sauce (Makes about 6 servings)

- 6 large flounder or sole filets
- Salt and pepper
- 6 T. melted butter
- 1/4 cup Dijon mustard
- 1/2 cup heavy cream
- 1/2 cup sour cream
- 3 T. finely chopped cornichons (midget French gherkins)

Sprinkle fish with salt and pepper on both sides. Brush half the butter on shallow broiler pan. Brush remaining butter on fish. Place fish filets side by side on pan and broil until fish flakes. Drain juices from pan. Combine remaining ingredients in small bowl and stir until well blended. Spread thick layer of mixture over top of fish. Place under broiler and broil until lightly browned. Serve at once with fons d'artichauts (French artichoke bottoms) that have been quartered and sauteed in butter and Herbes de Provence.



Broiled fish with mustard sauce will surely warm the heart of any Parisian gourmand.

Say 'Happy Birthday' With Ice Cream Treat

Surprise the birthday boy or girl with special grape ice cream sandwiches.

These may be made ahead and will keep in the freezer up to two weeks if tightly wrapped, so you can avoid last minute preparation.

GRAPE ICE CREAM SANDWICHES

- 1 1/4 cups red, green or blue-black grapes, halved and seeded if necessary
- 1/2 teaspoon grated lemon peel
- 1 pint vanilla ice cream
- 14 (2 3/4 to 3-inch diameter) oatmeal cookies

Blot grapes dry with paper towel; toss with lemon peel. Soften ice cream and spread about 2 tablespoons ice cream onto bottoms of each of 7 cookies; top with grapes. Place in freezer while spreading remaining cookies with remaining ice cream. Sandwich 1 cookie

with grapes with 1 cookie without grapes. Place on metal pan; freeze until firm. Serve or wrap individually in plastic wrap or aluminum foil. Makes 7 servings.

Grape-Chocolate Variation: Toss halved grapes with 1/2 teaspoon instant coffee powder; substitute chocolate ice cream and chocolate chip cookies.

Grape-Orange Variation: Toss halved grapes with 1/2 teaspoon grated orange peel; substitute orange sherbet for ice cream and use coconut macaroon cookies.

NO-BAKE WALNUT BALLS

- 1 package (6 oz.) semi-sweet chocolate pieces
- 1 package (6 oz.) butterscotch pieces
- 3/4 cup sifted confectioners' sugar
- 1/2 cup dairy sour cream
- 1 teaspoon grated orange rind
- 1/4 teaspoon salt
- 1 1/2 cups crushed chow mein noodles or chopped walnuts

Melt chocolate and butterscotch pieces together over hot water; remove from heat. Stir in remaining ingredients except coarsely crushed noodles or walnuts. Chill 20 minutes. Shape into 1-inch balls; roll in noodles or walnuts. Store in tightly covered container in refrigerator. Makes about 3 1/2 dozen.

FAMILY DOLLAR

89¢ Qt.
Quaker State Motor Oil
Regularly 1.15!
Deluxe 10W40 motor oil.
Limit 5.



6.99 Each
Ladies' Blouses And Sweaters
Dress blouses with lace detail; or button down collar oxford shirts. Crew or v-neck sweaters in solid colors. Sizes S,M,L.

5\$1
Jergens Bar Soap
3 ounce lotion mild beauty soap. Limit 5.

8.99 Pair
Fashion Jeans
Overdyed, stonewashed, prewashed or fashion denim jeans. Four and five pocket styles. Sizes 5/6 to 15/16 and 8 to 18.

1.09
Arm And Hammer Laundry Detergent
Regularly 1.39!
65 ounce laundry detergent. Cleans and deodorizes.

3.99 Briefs
4.99 Tees
Fruit-Of-The-Loom
Men's 3 pack 100% cotton briefs or tees. Boys' Briefs 8 To 18...2.99

5.99 Boys' Western Shirts
6.99 Men's Western Shirts
Woven plaid long sleeve shirts. Boys' 8 to 18, men's S,M,L,XL.

Your Choice!
1.39
9 Oz. Miss Breck
3 Oz. Right Guard
10 Oz. Jergens
1.5 Oz. Ban Roll-On
2 Pk. Revlon Aquamarine 15 Oz. Shampoo & 15 Oz. Conditioner

8.88 Pair
Athletics And Joggers
Compare At 12.99!
Nylon and vinyl joggers, all courts and turf shoes. Men's, boys' and ladies' sizes.

Prices Good At All Family Dollar Stores Through This Weekend While Quantities Last. Quantities Limited On Some Merchandise. No Sales To Dealers.

413 E. First St.
(Sanford & Cypress Aves.)

Savings for the Gourmet Cook.

Strawberries 'n Cream Cookware



DU PONT
Non-Stick Surface

Publix brings you incredible savings on beautifully designed Strawberries 'n Cream gourmet cookware. Expertly crafted, this porcelain-on-steel collection combines fine European styling with top quality features, such as high domed lids and gently rounded contours.

Collect an entire set of this lovely gourmet cookware with Publix' convenient plan. Every week, we'll feature a different piece at tremendous savings. And all you have to do is clip the money-saving coupon below... bring it in... and you'll save \$3. on the 1-qt. saucepan. Then be sure and pick up each week's featured item when you shop. Before you know it, you'll have a beautiful set of cookware — at fantastic savings!

Check These Quality Features:

- Stainless steel flame guards prevent handles from being scorched.
- Colorful design is permanently fused — won't wear, scrub or wash off.
- Clean ups are quick and easy with DuPont's non-stick coated surfaces. (DuPont surface on 8 1/2" and 10 1/4" fry pans.)
- Snug-fitting dome covers seal in moisture and lock in flavor.

Follow This Schedule and Save

Once an item is introduced, it remains on sale for the duration of our program.

Featured Week	Item	Special Retail with \$10 Purchase with \$3 coupon	Special Retail without Purchase
Sept. 8 thru Sept. 14	1 qt. Open Sauce Pan	1.99 with \$3 coupon	
After 1st. Week			
		4.99	7.99
Sept. 15 thru Sept. 21	1 1/2 qt. Covered Saucepan	9.99	14.99
Sept. 22 thru Sept. 28	8 1/2" Open Fry Pan with DuPont Coating (3 1/2 qt. Casserole Cover fits this item)	11.99	16.99
Sept. 29 thru Oct. 5	2 1/2 qt. Covered Saucepan	11.99	16.99
Oct. 6 thru Oct. 12	10 1/4" Open Fry Pan with DuPont Coating (Dutch Oven Cover fits this item)	13.99	18.99
Oct. 13 thru Oct. 19	5 1/2 qt. Covered Dutch Oven	15.99	25.99
Oct. 20 thru Oct. 26	3 1/2 qt. Covered Casserole	13.99	19.99
Oct. 27 thru Nov. 2	6 1/2 qt. Covered Stew Pot	18.99	29.99
Nov. 3 thru Nov. 9	2 1/2 qt. Tea Kettle	18.99	31.99
Nov. 10 thru Nov. 16	Large Covered Roaster	18.99	29.99
Available Throughout the Program Open Warmer/Server		7.99	12.99

\$3.00 OFF

This coupon good for \$3.00 OFF towards the purchase of 1-Qt. Open Saucepan with minimum \$10 purchase.



Coupon good Sept. 8 thru 14, 1983.



by Chic Young



BEETLE BAILEY

by Mort Walker



THE BORN LOSER

by Art Sansom



ARCHIE

by Bob Montana



EEK & MEEK

by Howie Schneider



PRISCILLA'S POP

by Ed Sullivan



BUGS BUNNY

by Stoffel & Heimdahl



FRANK AND ERNEST

by Bob Thaves



TUMBLEWEEDS

by T. K. Ryan

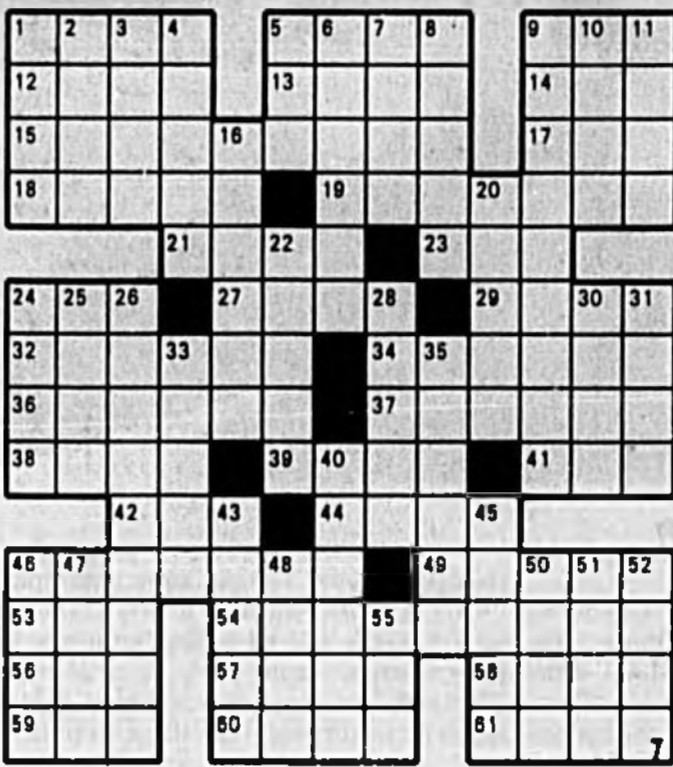


ACROSS

- 1 Spoken
- 5 Gang
- 9 Buddy
- 12 Relinquish
- 13 Minute
- 14 Spanish for one
- 15 Unsafe
- 17 School organization (abbr.)
- 18 Musical drama
- 19 Mobster
- 21 River in Africa
- 23 Cravat
- 24 Chop off
- 27 Falls asleep
- 29 Egyptian deity
- 32 Unequal
- 34 Film
- 36 Long step
- 37 Purpose
- 38 Slog
- 39 Rivers (Sp.)
- 41 - Grande
- 42 Television receiver
- 44 Responsibility
- 46 Collected
- 49 Canadian mountain
- 53 Author Tolstoy
- 54 " rules the waves"
- 56 Gross particle
- 57 One (Ger.)
- 58 Clothes (sl.)
- 59 Broke bread
- 60 Organ pipe
- 61 Weather bureau (abbr.)
- 11 Mortgage, for one
- 16 Poured down
- 20 Big man
- 22 Singleton
- 24 Craving
- 25 Preposition
- 26 Submarine seeing
- 28 Grafting twig
- 30 All (prefix)
- 31 Group of Western allies
- 33 More repulsive
- 35 Island (Lat.)
- 40 Nonmetallic element
- 43 Truffle
- 45 Meteorological device
- 46 Kalp (Lat.)
- 47 Small coin
- 48 Great Lake
- 50 African animal (pl.)
- 51 Cooperates
- 52 Space agency (abbr.)
- 55 Man's nickname

DOWN

- 1 Eight (Sp.)
- 2 Harvest
- 3 Woodworking tool
- 4 Hear tell
- 5 Spanish hero
- 6 Conned
- 7 Suitcase
- 8 Did not exist (cont.)
- 9 Marionette worker
- 10 Against



HOROSCOPE

What The Day Will Bring...

YOUR BIRTHDAY SEPTEMBER 8, 1983
You could be invited to participate in an unusual business venture this coming year. It will be proposed by a friend with a good track record in these types of endeavors.

VIRGO (Aug. 23-Sept. 22) Be an alert shopper today. There's a chance you might spot a unique bargain tucked away among ordinary goods or merchandise. Virgo predictions for the year ahead are now ready. Romance, career, luck, earnings, travel and much more are discussed. Send \$1 to Astro-Graph, Box 489, Radio City Station, N.Y. 10019. Be sure to state your zodiac sign. Send an additional \$2 for the NEW Astro-Graph Matchmaker wheel and booklet. Reveals romantic compatibilities for all signs.

LIBRA (Sept. 23-Oct. 23) Valuable information may be coming your way today, but you'll have to listen attentively if you hope to grasp its import and use it advantageously.

SCORPIO (Oct. 24-Nov. 22) Your material prospects look very encouraging at this time. Substantial gains can be made if you put your ingenuity to work.

SAGITTARIUS (Nov. 23-Dec. 21) Although you're not likely to feel a strong urge to exercise your leadership today, those you're involved with will look to you when the unexpected happens.

CAPRICORN (Dec. 22-Jan. 19) Persons best able to help you achieve your objectives today will be progressive thinkers. Avoid conferring with those too steeped in tradition.

AQUARIUS (Jan. 20-Feb. 19) Do not discount any unusual ideas that flash through your mind today. Discuss them with associates who are able to evaluate their worth.

PISCES (Feb. 20-March 20) Be prepared to flow with events today. They could move with surprising swiftness, particularly a project you've been unable to get off dead-center.

ARIES (March 21-April 19) Independent operations might not come off too well today, but projects requiring a collective effort should. Don't try to be the primary force.

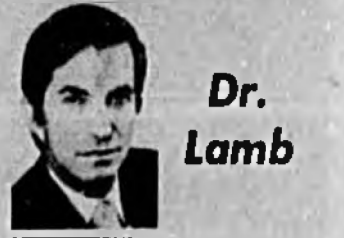
TAURUS (April 20-May 20) Your grasp of complicated situations is apt to be remarkably quick today.

GEMINI (May 21-June 20) Fulfill your social obligations today, especially if some newcomers are involved. Fresh contacts could open exciting vistas for you.

CANCER (June 21-July 22) Break away from routine today and experiment with new methods, whether they be tasks at work or merely household chores.

LEO (July 23-Aug. 22) Keep your schedule as flexible as possible today. Something unexpected, but fun, might pop up. You'll want to take advantage of it.

Reader Wonders: What Is Angina?



DEAR DR. LAMB - My mother, age 63, has angina. She makes a big deal out of putting a medicated cream on her chest. She never leaves the room to put on the cream and seems to plan it so she can apply this cream in the presence of others. She has also been known to moan or gasp for breath. According to her, she has several heart attacks some days.

These heart attacks do not put her in the hospital or cause her to call her doctor. I suspect that she's playing "poor me" and wanting pity.

Tell me, what is angina? Is an angina attack really a heart attack or just a cramping of the chest muscles? I know it can be very painful but is it truly serious?

DEAR READER - Angina pectoris causes the same pain that a person has from a heart attack. That can be quite severe or so mild it could pass unnoticed. And it is caused from the same thing - not enough blood flow to the heart muscle. That can be from an obstruction by fatty-cholesterol deposits in the arteries to the heart or by a spasm of the coronary arteries.

The distinguishing feature is the short duration of the discomfort. It should last less than 15 minutes and may last only a few minutes. It can cause a sensation of impending death and causes the feeling of pressure or constriction of the chest. The pain is not caused by chest wall muscles but by the heart.

It can be dangerous. And as the changes in the arteries progress, they can lead to a myocardial infarction with heart muscle damage. It is proper to call an anginal attack a heart attack. The term heart attack is not a specific term and can include both angina and myocardial infarction.

Now your mother may feel breathless with the attack. And you may be right that she wants some attention too. You can be sick and still need a little tender loving care. Why not give her a little TLC, perhaps at other times than during an attack. It is sometimes the cheapest and best medicine a person can receive.

The pain and problems of heart attacks are discussed more thoroughly in The Health Letter 17-10. What You Need to Know About Heart Attacks, which I am sending you.

DEAR DR. LAMB - I am enclosing a carton for a non-dairy creamer we have been using quite regularly. I know it is high in calories but it is a pleasant tasting cream substitute we use on desserts and cereal. There is no mention of coconut oil or palm oil in it and it says it is cholesterol free. Is it OK to use this product?

DEAR READER - Yes, Poly Perx depends upon soybean oil as its fat source. It doesn't contain any cholesterol. Unlike many popular cream or milk substitutes it contains no coconut oil. Any cream substitute should provide information on the saturated and polyunsaturated fat content.

Notice that Poly Perx contains twice as much polyunsaturates as saturates. That is a good ratio. I do not recommend most artificial milks and creams made with coconut oil or palm oil because these oils are 80 percent saturated fat which is more saturated fat than you would find in natural cream.

WIN AT BRIDGE

NORTH 9-7-83			
♦AK82	♠A	♥83	♣AKJ764
♦2	♠1085	♥K1064	♣QJ952
WEST	♦5	♠10982	♥AKJ6
♦KQ1073	♠A7	♥QJ	♣9854
SOUTH			
♦QJ973	♠A7	♥QJ	♣9854
Vulnerable: Both			
Dealer: North			
West	North	East	South
Pass	1♠	Pass	1♥
Pass	4NT	Pass	5♠
Pass	6♣	Pass	Pass
Opening lead: ♦K			

with clubs, though not necessarily any unbalanced monster.

South doesn't have much of a hand, but he now knows that his four little clubs represent just one loser. He should be willing to show his ace of hearts by bidding four hearts. The queen of diamonds is also a valuable card. He assumes that North probably has a five-card diamond suit.

North has only 15 high-card points, but if South can afford to make some sort of slam try, North should check on aces (and he does).

Here we come to another point of bidding interest. Some players feel that South has already shown his heart ace and hence should respond five clubs. We don't agree with this. We think Blackwood asks for aces, and South should show the one he actually holds. So South bids five diamonds and North bids the spade slam.

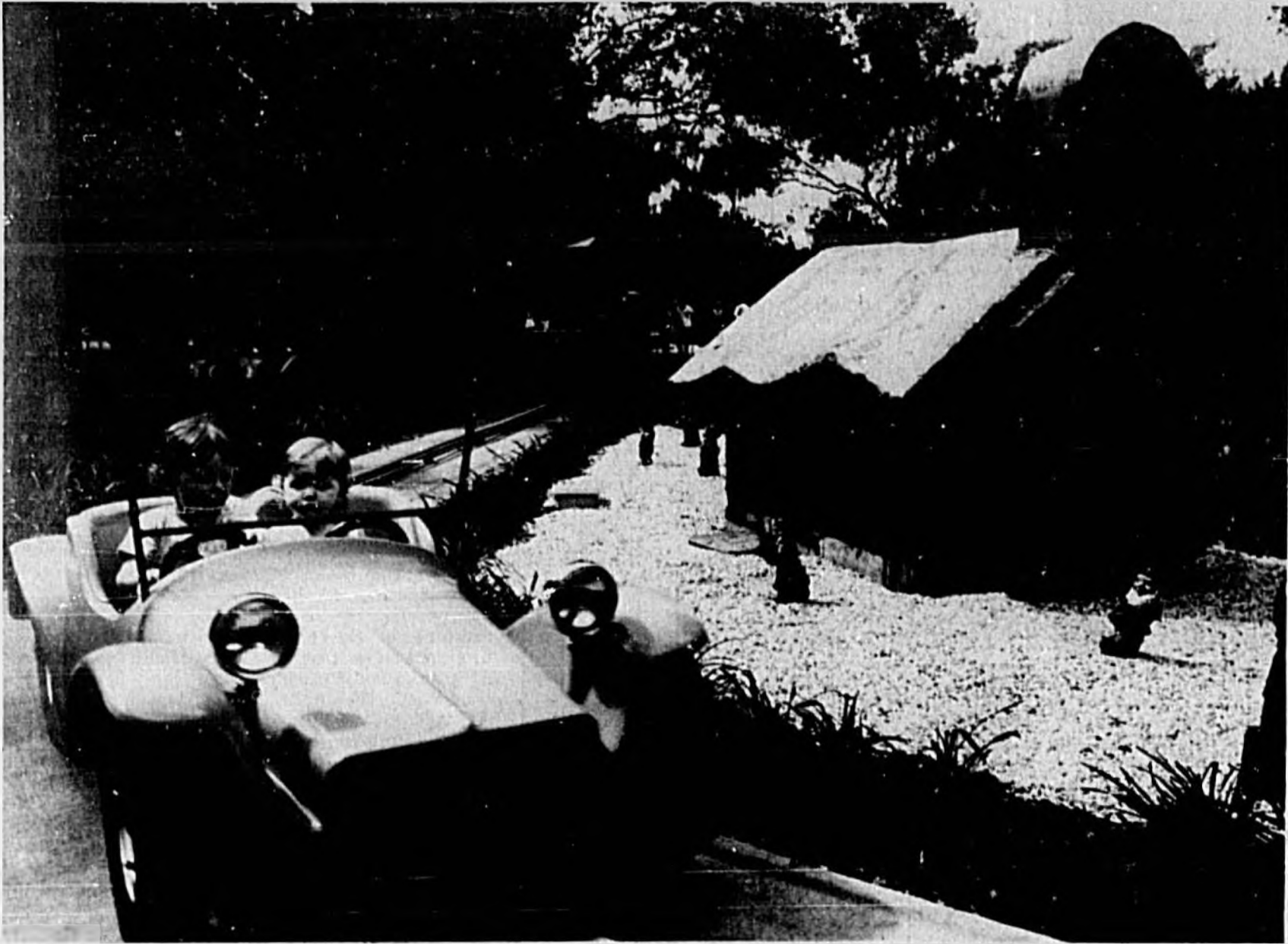
There is nothing to the play as long as nothing is ruffed and the diamonds don't break 5-0. The defense takes the first trick and South the rest.

GARFIELD



ANNIE





Dwarf Village, Giant-Size Fun

Two young visitors to The Dark Continent, Busch Gardens, Tampa, enjoy a miniature car ride in The Dwarf Village, the most recent of a series of children's additions to the theme park.

treehouse with a slide, rope webbing and a circular staircase. "This is a continuation of the Dark Continent's commitment to significantly increase and enhance the number of attractions for children," said park general manager Joseph C. Fincher.

Despite Electronic Banking

Check Printing Seen As Growth Industry

By Mark Langford

SAN ANTONIO, Texas (UPI) - Despite the onrush of electronics into the banking industry, Americans are still passing a lot of paper - up to 60 billion checks annually by 1985.

Clarke was founded in 1901, printing county record books, bank checks and forms. In the 1910 monetary panic, it printed special currency for San Antonio banks.

There appears to be plenty of room for growth for Clarke as well as the 23 other American check printing firms. With Americans writing an average of 300 checks a year and banks projecting 60 billion checks annually by 1985, Coln said, check imprinting is a growth industry.

Millionaire

Wacky WallWalker Marches Him To Riches

By Gall Collins
UPI Business Writer

NEW YORK (UPI) - Ken Hakuta has become rich and made his son a TV star over the past year - which just goes to show how far you can go with a squishy octopus that walks down walls.

"The cartoon is the ultimate wedge," Hakuta said hopefully. NBC, he said, is also considering a Saturday morning WallWalker cartoon series.

'I wanted To make some large ones - 20 feet across - and have them come down the World Trade Center... They wouldn't give me a permit.'

WallWalker stuffed dolls, lunchboxes, sweatshirts, and blankets.

Legal Notice

IN THE CIRCUIT COURT IN AND FOR SEMINOLE COUNTY, FLORIDA
CASE NO. 83-2226-CA-64-P
IN RE: The Marriage of: EVELYN DARNELL, Wife and RALPHA DARNELL, Husband.
NOTICE OF ACTION
TO: RALPHA DARNELL, RI.2, CANTON, GEORGIA 30114

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA
CASE NO. 83-148-CP
IN RE: Estate of CHARLENE B. BOYERS, Deceased

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA
CASE NO. 83-1904-CA-99-K
GENERAL JURISDICTION DIVISION
FIRST FAMILY MORTGAGE CORPORATION OF FLORIDA, Plaintiff vs. THOMAS S. WHITWORTH and CHERYL A. WHITWORTH, his wife, Defendants.

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA
CASE NO. 83-1904-CA-99-K
R. KENT MOELLER, as Substitute Trustee and Individually, Plaintiff vs. WILLIAM J. WAGNER, SR and CAROL A. WAGNER, his wife, Defendants.

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA
CASE NO. 83-1904-CA-99-K
W. CROSBY, his wife, Plaintiff vs. WILLIAM J. WAGNER, SR and CAROL A. WAGNER, his wife, Defendants.

NOTICE OF PUBLIC HEARING
NOTICE IS HEREBY GIVEN BY THE CITY OF LONGWOOD, FLORIDA that the Longwood City Commission will hold a Public Hearing on September 12, 1983 to consider a Conditional Use Request by Sharon Bradley to operate a Day Care and Pre School facility in a C-2 zoning district on the following located property:

NOTICE OF PUBLIC HEARING
NOTICE IS HEREBY GIVEN THAT I am engaged in business at P.O. Box 421, Lake Mary, FL 32746, Seminole County, Florida under the fictitious name of SUN ART PRODUCTS, and that we intend to register said name with the Clerk of the Circuit Court, Seminole County, Florida in accordance with the provisions of the Fictitious Name Statutes, to-wit: Section 845.09 Florida Statutes 1957.

NOTICE IS HEREBY GIVEN THAT I am engaged in business at 420 N. 12 & 97, Casselberry, FL 32707, Seminole County, Florida under the fictitious name of CUSTOM FENCE, and that we intend to register said name with the Clerk of the Circuit Court, Seminole County, Florida in accordance with the provisions of the Fictitious Name Statutes, to-wit: Section 845.09 Florida Statutes 1957.

CLASSIFIED ADS

Seminole Orlando - Winter Park
322-2611 831-9993

12-Legal Services
CURLEY R. DOLTIE
ATTORNEY AT LAW
101 B W. 1st Street
Sanford Fla. 32771 323 8000

23-Lost & Found
BOXER, Fawn male, black face, lost near S. Sanford Ave. Lk Jessup. Needs medicine daily. Generous reward. Ph 323 8488.

25-Special Notices
New Office now opening
VORWERK
1170 W. 1st St

27-Nursery & Child Care
Child care in my home, with good reference
321 0258

MON - FRI. 8 AM - 6 PM. Ages 5 Yr. Fenced yard. References. 323 4026.

Legal Notice
IN THE CIRCUIT COURT FOR SEMINOLE COUNTY, FLORIDA
PROBATE DIVISION
File Number 83-431-CP
Division PROBATE DIVISION
IN RE: ESTATE OF IRIS KELLEY, Deceased

NOTICE TO CREDITORS
(Summary Administration)
TO ALL PERSONS HAVING CLAIMS OR DEMANDS AGAINST THE ABOVE ESTATE
Please be advised that an Order of Summary Administration has been entered by the above styled Court and that the total value of the above estate is \$2,040.00, consisting of one-half (1/2) interest and to real property held as joint tenant in common, more particularly described as follows: The South 19 feet of Lot 2 and the North 11 feet of Lot 5, Cages, Addition, Sanford, Florida, according to the Plat thereof as recorded in Plat Book 3, Page 64 of the Public Records of Seminole County, Florida.

Legal Notice
CITY OF LONGWOOD, FLORIDA
NOTICE OF PUBLIC HEARING
TO CONSIDER ADOPTION OF PROPOSED ORDINANCE
TOWHOM IT MAY CONCERN
NOTICE IS HEREBY GIVEN BY THE City of Longwood, Florida, that the City Commission will hold a public hearing to consider enactment of Ordinance No. 499, entitled: AN ORDINANCE OF THE CITY OF LONGWOOD, FLORIDA, AMENDING ORDINANCE NO. 495, BEING THE COMPREHENSIVE ZONING ORDINANCE OF THE CITY OF LONGWOOD, FLORIDA, SECTION 501.2.C, ACCESSORY USES; SECTION 502.C ACCESSORY USES; SECTION 503.A ACCESSORY USES; SECTION 504.A SPECIAL REGULATIONS; SECTION 507.A SPECIAL REGULATIONS. BY LIMITING THE NUMBER, SIZE AND LOCATION OF STORAGE/UTILITY BUILDINGS, PROVIDING FOR SEPARABILITY AND EFFECTIVE DATE.

Fictitious Name
NOTICE IS HEREBY GIVEN THAT I am engaged in business at P.O. Box 421, Lake Mary, FL 32746, Seminole County, Florida under the fictitious name of SUN ART PRODUCTS, and that we intend to register said name with the Clerk of the Circuit Court, Seminole County, Florida in accordance with the provisions of the Fictitious Name Statutes, to-wit: Section 845.09 Florida Statutes 1957.

Fictitious Name
NOTICE IS HEREBY GIVEN THAT I am engaged in business at 420 N. 12 & 97, Casselberry, FL 32707, Seminole County, Florida under the fictitious name of CUSTOM FENCE, and that we intend to register said name with the Clerk of the Circuit Court, Seminole County, Florida in accordance with the provisions of the Fictitious Name Statutes, to-wit: Section 845.09 Florida Statutes 1957.

27-Nursery & Child Care
Needed church nursery attendent. First United Methodist Church, Sanford. Time required 10:45 A.M. to 12:15 P.M., Sundays. Hourly rate. Call 322 4371 between 8:30 & 5:00 P.M.

31-Private Instructions
Hannah Music Lessons Piano, guitar, voice, brass, woodwind, banjo, drums 323 8781

33-Real Estate Courses
BOB BALL JR. SCHOOL OF REAL ESTATE.
LOCAL REBATES. 323 4118.
MASTER CHARGE OR VISA

55-Business Opportunities
New Distributors. Husband and wife work together for extra income. Showing a wonderful line of repeat products. For more information call 321 0290.

Legal Notice

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT OF FLORIDA, IN AND FOR SEMINOLE COUNTY.
CASE NO. 83-1408-CA-99-K
GENERAL JURISDICTION DIVISION
FIRST FAMILY MORTGAGE CORPORATION OF FLORIDA, Plaintiff vs. THOMAS S. WHITWORTH and CHERYL A. WHITWORTH, his wife, Defendants.

NOTICE OF SALE
NOTICE IS HEREBY GIVEN that, pursuant to the Order or Final Judgment entered in this cause, in the Circuit Court of Seminole County, Florida, I will sell the property situate in Seminole County, Florida, described as:
Lot 3, CLUSTER F. WILDWOOD, A PLANNED UNIT DEVELOPMENT, according to the Plat thereof as recorded in Plat Book 18, Pages 7, 8, 9 and 10, of the Public Records of Seminole County, Florida, at public sale, to the highest and best bidder, for cash, at the West front door of the Seminole County Courthouse in Sanford, Florida, at 11:00 A.M., on September 26, 1983.

THE TUNE IS...
THE CLASSIFIEDS
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Adventure Elevate Everyday Chicken To New Culinary Heights

Time was when Sunday dinner or special company meals meant chicken and stuffing, a dependable combination that was always festive. Today's creative cooks look to economical chicken and stuffing for special family meals or entertaining, but with innovative recipe twists and turns that elevate the classic dish to new contemporary culinary heights.

Begin with favorite vegetables to lighten stuffings and give them a new and different look. Then, take a fresh look at the chicken itself. Consider stuffing only the split, boned and skinned breasts, forming neat little packages that bring an air of elegance to the meal. Or, quarter a whole chicken, loosen the skin and spoon stuffing into the pocket formed between the skin and meat. Add distinctive flavor to your new-style creation with your own secret blend of spices — the ones found in Miracle Whip salad dressing. This one-of-a-kind salad dressing, the nation's favorite for 50 years, provides the lively flavor boost needed to single out your chicken entree as something special.

Easy to prepare and stylish to serve, Stuffed Chicken Breasts boast a light filling of broccoli, croutons, celery, bacon and salad dressing. Dipped into an egg and salad dressing mixture and coated with crushed croutons, the bundles bake up crisp and golden brown with a moist,

flavorful filling. Ideal for entertaining, Stuffed Chicken breasts can be prepared and refrigerated for an hour or two before baking. Boned chicken breasts seem a bit expensive for your budget? With a bit of practice and a super-sharp knife, even novice cooks can learn to bone them easily.

Purchase a whole broiler-fryer and quarter it yourself for Baked Chicken Jardiniere, a far-from-the-ordinary entree with a flavorful vegetable stuffing and a crisp savory coating. For the stuffing, corn, zucchini and mushrooms combine with grated parmesan cheese and salad dressing to fill the pocket formed between the skin and the meat. Chicken pieces are coated with salad dressing and a combination of crushed cheese-flavored crackers and French fried onions before baking. The chicken stays moist and tender while the outer coating crisps.

STUFFED CHICKEN BREASTS

- 4 large chicken breasts, split, boned, skinned
- 1 10-oz. pkg. frozen chopped broccoli, cooked, drained
- 2 1/4 cups finely crushed croutons
- Salad dressing
- 1/2 cup chopped celery
- 4 crisply cooked bacon slices, crumbled
- 2 eggs, beaten

Flatten breasts to 1/4-inch thickness. Combine broccoli, 3/4 cup croutons, 1/4 cup salad dressing, celery and bacon. Spread breasts with broccoli mixture. Fold long sides of each breast toward middle; roll up jelly roll fashion. Secure with wooden picks. Dip in combined eggs and 2 tablespoons salad dressing; coat with remaining croutons. Place in baking dish. Bake at 350°, 40 minutes or until chicken is tender. Makes 8 servings.

BAKED CHICKEN JARDINIERE

- 1 8-oz. can whole kernel corn, drained
 - 1/2 cup shredded zucchini
 - 1/2 cup finely chopped mushrooms
 - 1/2 cup (1-1/2 ozs.) grated parmesan cheese
 - Salad dressing
 - 1 2-1/2 to 3-lb. broiler-fryer, quartered
 - 2 cups cheese flavored crackers, crushed
 - 1 3-oz. can French fried onions, crushed
- Combine vegetables, cheese and 3/4 cup salad dressing; mix lightly. Loosen skin of each chicken quarter to form pocket between skin and meat. Spoon vegetable mixture into each pocket; close opening with skewers. Brush chicken with salad dressing; coat with combined crumbs and onions. Place chicken, skin side up, in 11-3/4x7-1/2-inch baking dish. Bake at 350°, 1 hour or until tender. Makes 4 servings.



Salad Dressing adds creamy flavor to chicken stuffing



Easy Tex-Mex Chicken starts with a package of frozen prepared fried chicken.

International Fried Chicken

The next time you want to fix a tasty meal with an international touch, but don't have much time to do it (and that can be tomorrow), just pick up a package of heat and serve frozen fried chicken.

Fried chicken? Frozen fried chicken? You bet! With the addition of an item or two from your pantry shelf, that box of frozen fried chicken can become a Tex-Mex special, an entree from the Greek Isles or an Italian favorite, Chicken Parmagiana. Each international variation heats in less than 40 minutes and can serve five for a family or company meal.

It just takes about one-half hour to "cross" the Rio Grande and enjoy Tex-Mex Chicken, baked with tomato sauce, seasonings, canned chopped green chiles and a sprinkling of Cheddar cheese. Serve with crisp tortilla chips and a Mexican fruit salad of oranges, mangoes and papayas.

Fried chicken goes Greek when it's baked in a plquant sauce of white wine, lemon juice, garlic powder and herbs. While it is baking in the oven, put together a simple Greek salad of lettuce, tomato, black olives and feta cheese to serve with it. What an easy way to turn a meal and serve favorite into a meal with ethnic pizzazz.

Chicken Parmagiana is just a one step meal when frozen fried chicken is topped and heated with good things Italiano: spaghetti sauce (out of a jar), olives, herbs and parmesan and mozzarella cheeses. Crusty bread and tossed salad round out this quick trip to the Mediterranean.

TEX-MEX FRIED CHICKEN

- 1 package (32 oz.) heat & serve frozen fully cooked fried chicken assorted pieces
 - 1 can (15 oz.) tomato sauce
 - 2 teaspoons instant minced onion
 - 1/2 teaspoon ground cumin
 - 1/4 teaspoon hot pepper sauce
 - 1 can (2 oz.) chopped green chilies, drained
 - 1/2 cup (2 oz.) shredded Cheddar cheese
- In 3-quart oblong baking dish, arrange chicken. In medium bowl, combine tomato sauce, onion, cumin and hot pepper sauce. Top chicken with tomato sauce mixture. Sprinkle green chilies on top. Heat in 375°F oven 35 minutes or until hot. Sprinkle with cheese. Heat an additional 5 minutes or until cheese melts. Makes 5 servings.

GREEK CHICKEN

- 1 package (32 oz.) heat & serve frozen fully cooked fried chicken assorted pieces
 - 3/4 cup dry white wine
 - 1/2 cup lemon juice
 - 1/2 teaspoon crushed basil leaves
 - 1/2 teaspoon crushed thyme leaves
 - 1/4 teaspoon garlic powder
- In 2-quart oblong baking dish, arrange chicken. In small bowl, combine wine, lemon juice, basil, thyme and garlic powder. Top chicken with wine mixture. Heat in 375°F oven 35 minutes or until hot. Makes 5 servings.

CHICKEN PARMAGIANA

- 1 package (32 oz.) heat & serve frozen fully cooked fried chicken assorted pieces
 - 1 jar (15 1/2 oz.) spaghetti sauce
 - 1/2 cup chopped stuffed green olives
 - 1/4 cup grated Parmesan cheese
 - 1 teaspoon crushed oregano leaves
 - 1/4 teaspoon garlic powder
- 1 package (6 oz.) sliced mozzarella cheese, cut into 1-inch strips
- In 3-quart oblong baking dish, arrange chicken. In small bowl, combine spaghetti sauce, olives, Parmesan cheese, oregano and garlic powder. Top chicken with spaghetti sauce mixture. Heat in 375°F oven 35 minutes or until hot. Top with mozzarella cheese. Heat an additional 5 minutes or until cheese melts. Makes 5 servings.

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