

Sanford Herald

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86th Year, No. 168 - Sanford, Florida

NEWS DIGEST

INSIDE

Sports

'Hounds'Noles reach finals

LAKE MARY — Lyman and Seminole gained the final of the RAMINOLE Invitational Baseball Tournament with wins Thursday night.
□ See Page 1B.

People

On the cutting edge

In her Consumer Focus column today, Barbara Hughes Gregg tells readers why the USDA endorses plastic and glass cutting boards over wooden boards.
□ See Page 3B.

BRIEFS

'Hard Copy' visits Longwood

The syndicated television program *Hard Copy* tonight will air a story about a Longwood travel agency owner accused of secretly video taping female job applicants.

Arthur C. Dodd III has been charged with use of a child in a sexual performance, promoting a sexual performance by a child, possession of photographs of a sexual performance and interception of oral communications by the state attorney's office. Additional charges may be filed and the investigation of the case is continuing.

Hard Copy staffers were in Longwood Monday and interviewed Longwood Police Sgt. Jay Miller, who is directing the investigation.

The program airs on WCPX, Channel 6 at 7 p.m.

Weekend to-do guide

• Saturday, March 5, The Lake Mary Police Department is helping sponsor a benefit car wash, at the 7-Eleven store, on the corner of Country Club Road and Lake Mary Boulevard, from 9 a.m. until 3 p.m. Proceeds will go to help E-911 operators who are in financial need.

Advance tickets are available at the Lake Mary Police Dept., 235 Rinehart Rd. Cars are \$2 and vans are \$4, with additional donations always welcome for this very worthy cause.
For information, phone 333-8250.

• Saturday & Sunday, March 5 and 6, Fort Mellon Park is the setting for the annual St. Johns River Festival. Over one hundred artists and craftsmen will have their works on display for competition judging as well as for sale.

In addition to the show, other activities include a hot air balloon, food and beverages. The event will be held at the park, along the Lake Monroe waterfront, east of the Chamber of Commerce building, from 9:30 a.m. until 5 p.m. both days. Admission is free.

For additional information, phone the Greater Sanford Chamber of Commerce, 322-2212.

• Sunday, March 6, Casselberry will open Brightwater, the home of the city's founder, to the general public as part of the Brightwater Festival. The home can be toured from 11 a.m. until 2 p.m. A jazz concert is scheduled from 2 until 5 p.m.

There will also be entertainment, hands-on art for children, historic exhibits, food and fun.

Brightwater, designed by James Gambel Rogers, II, is located at 700 S. Lost Lake Lane in Casselberry. There is no charge for admission.

For additional information, phone the Hometown Hotline, 672-2707.

• Sunday, March 6, The 23rd annual Easter Seals telethon will be broadcast live from WOFL, Channel 35, in Lake Mary, from 9 a.m. until 7 p.m. Special local guests include DJ's Scott McKenzie, Erica Lee, and John E. Evans, Dolores McLaughlin, Annetta Wilson and others.

Proceeds from the telethon support Easter Seal's program services in the Central Florida area including Camp Challenge and Early Intervention.

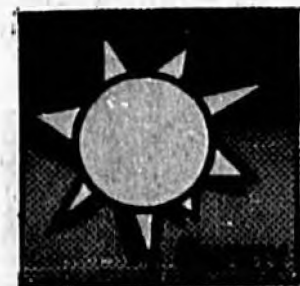
For information, phone 896-7881.

From staff reports

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Skies clear, sunshine returns



Mostly sunny and breezy. High in the lower 70s. West wind 15 to 20 mph.

For more weather, see Page 2A

Fake cop loose

Impersonator stops area motorists, one today

By J. MARK BARFIELD
Senior Staff Writer

SANFORD — A man reported he was stopped by a white sedan with a flashing blue light on its dashboard on State Road 46 at 9 o'clock this morning, the latest in a growing number of similar reports in three counties of a man

impersonating a police officer.

The man reported he was stopped when a white car behind him began flashing a blue light on its dashboard near the Seminole-Lake County line, said Seminole County sheriff's spokesman Ed McDonough. The motorist reported the driver got out wearing a blue uniform and approached his vehicle, asking for his driver's license and

registration. But when asked for his identification, the uniformed man returned to his car and drove away.

A Lake County sheriff's spokesman said the motorist first noticed the white car, a Ford sedan, near Mt. Plymouth, but wasn't stopped until crossing over the Wekiva River into Seminole
□ See Fake, Page 5A

How do you tell kids about AIDS?



Harald Photo by Michael Siedzinski

Parents and youngsters whom Karen Coleman feels need to know, participate in a frank discussion about AIDS at Pine Crest Elementary School recently.

Activist's AIDS message heard by parents, youth

By VICKI DeBORMIER
Herald Staff Writer

SANFORD — How do you tell your kids about AIDS? More importantly, how do you NOT tell them?

That's the question that Karen Coleman asks parents at PTA meetings across the county. She wants parents to understand the urgency of telling young people about the deadly disease.

"There are almost 400 cases of full-blown AIDS reported in Seminole County right now," Coleman said. "This is not some

isolated thing far away. It's here. Now."

She noted that experts say there are more than 4,000 people who are HIV-Positive in this county alone.

"It touches all of us," she said. Coleman became an AIDS activist when her brother, the late Sanford attorney Thomas Whigham contracted the disease from a blood transfusion nearly a decade ago. It was her brother's wish that the people of Seminole County, and elsewhere, become educated about AIDS.

"Education is the best form of prevention," Coleman said.

□ See Message, Page 5A

Murder

Suspect in Lake Mary teen's death rejects plea offer

By SANDRA ELLIOTT
Herald Staff Writer

SANFORD — The trial of a man charged with murder in the 1987 disappearance of a Lake Mary teen-ager is scheduled to begin next week after the defendant rejected a negotiated plea offer. Jury selection is scheduled Monday.

Anton Daryl Meyers, 32, was indicted for the murder of Kathy Engles last year by a Seminole County grand jury. Meyers is the last person seen with Engles before she disappeared without a trace May 24, 1987, according to investigators.

Chris White, chief of operations in State Attorney Norm Wolfinger's Sanford office, told Judge Alan A. Dickey Thursday Meyers had been
□ See Plea, Page 5A

Getting there in the future

By NICK PFERFAUF
Herald Staff Writer

LAKE MARY — Commissioners Thursday night were updated on a three county massive transportation system involving busses, rail and highway expansions.

Paul Skoutelas, executive director of Lynx, serving Seminole, Orange and Osceola area, made the presentation as part of what he called an ongoing effort to keep area government organizations informed of the transportation issue.

Presently operating with 140 busses, Skoutelas predicted the company may expand to as many as 600 by the year 2000. "This will depend on the transportation corridor expansion," he added. "If the corridor is large enough to handle more
□ See Lynx, Page 5A

Judge says drug dealer entitled to \$100,000

By SANDRA ELLIOTT
Herald Staff Writer

SANFORD — Seminole County Sheriff Don Eslinger will ask county commissioners in March to approve a \$100,000 payment ordered to a former cocaine dealer by Circuit Court Judge Robert McGregor. McGregor issued the order before he retired last month.

The payment will come from a confiscation fund known as the Law Enforcement Trust Fund which is used to fight drugs. Money in the fund comes from the sale of property seized in drug cases and confiscated drug money.

The payment will be made to Jeffrey Scott Boetta for court costs and interest he would have earned on about \$270,000 allegedly illegally seized from a safety deposit box in September, 1987. The lengthy legal battle over the money found in the safety deposit box revolved around a faulty search warrant. The case has been in appeal courts for several years.

McGregor ordered that Boetta should receive nearly \$164,000 for court costs in the case and interest.

To avoid further appeals, the sheriff and Boetta agreed on the \$100,000 settlement figure.

Sheriff's department attorney Mary Ann Klein said Eslinger has requested the \$100,000 appropriation from the trust fund be considered March 8 by the commissioners.
□ See Payment, Page 5A

Still time to visit the Seminole County Fair



Harald Photo by Tommy Vincent

Seminole County firefighters got a chance to visit the fair, but only to practice a mock rescue Thursday.

Wonderful weekend in sight

By VICKI DeBORMIER
Herald Staff Writer

SANFORD — The weather has been a little rough on the Seminole County Fair the last few days, but organizers are looking forward to a "wonderful" final weekend.

"It has been rainy and there have been high winds the last two or three days," said Steve White, national marketing director for the fair. "People were smart to stay home."

But the weather forecasts for this weekend call for mostly clear skies, cool temperatures and comfortable breezes. That, White said, is perfect fair weather.

"We expect there to be good crowds for the weekend," he said.

The fair officials said they have been conducting random exit polls at the gates since the start of the fair a week ago. The responses have been very favorable they said.

"People have been pleased with us," White said. "They said this is the cleanest, nicest fair they've seen. It's good clean, family fun."

White said the polls also indicated that many people had visited the fair more than once
□ See Fair, Page 5A

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POLICE BRIEFS

Burglary suspect nabbed

Tommy Glenn Blue, 38, 2519 S. Sanford Avenue, was arrested at the police station by Sanford police Tuesday. He has been charged with burglary, grand theft, and dealing in stolen property, in connection with a reported burglary at his brother's home in the 100 block of Scott Drive in which an estimated \$3,000 in property was said to have been stolen.

Traffic stop arrests

● Paul Mireles, 28, 489 Sunlake Circle, Lake Mary, was arrested on S.R. 436 by Casselberry police early Wednesday following a traffic accident. He was charged with careless driving, having an expired driver's license over 4 months, and safety belt violation.

● Richard Lee Finnegan, 122 W. Lake Mary Avenue, Lake Mary, was arrested by deputies Tuesday following a traffic stop on Bearhall Avenue at S.R. 46. He was charged with driving with a suspended/revoked license.

● Kathleen S. Tisdale, 30, of Altamonte Springs, was arrested by Lake Mary police on Interstate-4 Tuesday. She was charged with driving with a suspended/revoked license and safety belt violations.

● Ernest Smith, 28, of 2511 Byrd Avenue, was arrested by deputies following a traffic stop on Granby Street Tuesday. Officers said the license plate on the vehicle had been listed as stolen. Deputies said they found him in possession of 18 pieces of what tested positive to be crack cocaine. He was charged with drugs (selling), theft, driving with a suspended/revoked license, and having stolen tag.

Warrants served

● E.V. Perry, 39, 2511 Byrd Avenue, was arrested by deputies Tuesday on Kings Road at Randall Street. He was wanted for failing to appear to pay a fine on a conviction of driving with a suspended/revoked license.

● Samuel Cornelius Ayers, 21, 1404 Valencia Court, Sanford, was served a writ of bodily attachment at the John E. Polk Correctional Facility Tuesday.

● Allen Owens, 52, 1000 Douglas Avenue, Longwood, was arrested by deputies on U.S. Highway 17-92 in Longwood Tuesday. He was wanted on a capias for robbery, reportedly committed on Dec. 24, 1993.

● Ivan Wayne Jones, 50, of Osteen, was arrested by deputies on Bearhall Avenue Tuesday. He was reportedly wanted on a warrant issued in Putnam County.

● Anthony Lewis Flager, 20, who refused to give a local address, was arrested by deputies at Seminole Gardens Tuesday. He was wanted for sale of cocaine, and violation of parole for possession of cocaine.

● John Wayne DeKosier, 32, 773 Creekwater Terrace, Lake Mary, was arrested by deputies Tuesday. He was wanted on a warrant for battery.

● Christopher Cambridge, 20, 516 Holbrook Court, Lake Mary, was served a warrant by deputies for violation of parole on a conviction of driving under the influence of alcohol.

● Star Regina Lawrence, 27, 8 Cowan Moughton Terrace, was arrested on 13th Street by deputies Tuesday. She was wanted on two warrants for violation of community control.

● Stephen Lamar Hancy, 38, 611 Park Avenue, was arrested by Sanford police at 1st Street and U.S. Highway 17-92 early Wednesday. He was wanted on a warrant for trespassing in an unoccupied conveyance.

Incidents reported to Sanford police

● Sanford police are investigating a burglary Tuesday in the 1200 block of W. 11th Street. A telephone answering machine valued at \$70 was reported stolen.

Incidents reported to the sheriff

● The theft of a walkman CD player, valued at \$140, from a residence in the 3800 block of Bridges Road, Sanford, was reported to the sheriff's department Monday.

Burglary arrest made

Stacy Benjamin Smith, 26, 112 Satsuma Drive, Sanford, was arrested on burglary and other charges Wednesday morning, accused of stealing \$250 in possessions from his parents. Smith's parents stated they told him to leave their home Monday and not return. When they returned home Tuesday evening, they found a \$125 edger and \$125 Nintendo system missing.

Burglary ring suspects nabbed

By NICK PFRIFAU
Herald Staff Writer

SANFORD — Investigators from the Seminole County Sheriff's Department Wednesday arrested two men believed to be responsible for about 70 burglaries during the past three months.

The men were identified as Robert Cash, 18, of Longwood, and James McMichael, 22, of Wekiva.

According to sheriff's spokesman Ed McDonough, each of the two has been

charged with one count of burglary and one count of grand theft. They were placed in the John E. Polk Correctional Facility, under \$1,000 bond.

McMichael was scheduled to make his initial court appearance yesterday afternoon. Cash immediately was released on bond.

McDonough explained, "All of the burglaries occurred in the Sabal Point, Wekiva and Sweetwater areas of Seminole County, since December, 1993. The suspects would cut through the screened patios of homes and

apartments and steal expensive bicycles." He continued, "They would also break into vehicles and steal CD players, stereos, cellular phones and credit cards."

McDonough said investigators believe Cash, McMichael and two others are responsible for possibly 40 residential burglaries, and 30 vehicular burglaries in the three communities, during the past three-month time period.

McDonough could not immediately discuss when or how many others may be involved in this suspected gang of burglars.



Talking trash

Seminole County commissioner Larry Furlong, left, presents his argument for a free-market garbage collection program for non-city dwellers at a Geneva town hall meeting last night. The 30



Herald Photos by Mark Harris

or so people in the audience were generally receptive to Furlong, but became noisily opposed to commissioner Daryl McLain's endorsement of a mandatory collection program, right.

Cops bust motorcycle theft case

By NICK PFRIFAU
Herald Staff Writer

Investigators from the Seminole County Sheriff's Auto Theft section have broken up what they believe is a ring responsible for as many as seven motorcycle thefts over the past two months.

Sheriff's spokesman Ed McDonough reported that Damien Clarke, 18, was arrested Monday at the Florida Probation and Parole Office in Casselberry. He was charged with motor vehicle theft. Three other suspects are expected to be arrested in the near future.

Investigators say the suspects were stealing only Honda 600 motorcycles. Seven of the bikes have since been recovered, mostly from garages and yards of private homes.

McDonough said the motorcycle thefts have been occurring since January 1, in various areas of Seminole County.

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Public Works foreman tapped as top worker

By NICK PFRIFAU
Herald Staff Writer

SANFORD — Jerry W. Thomason, a foreman with Sanford's Public Works Department, has been named the city's Employee of the Month for March. He was nominated by his supervisor, Jerry Herman, who gave Thomason an outstanding evaluation.

According to Herman, "Jerry has been continuously employed by the Public Works department since 1966. He had worked for the city for several years prior to this."

He continued, "He is always a professional, conscientious and courteous in his job performance, very loyal, and always willing to do whatever it takes to get the job done whether during working hours or called out in the middle of the night."

In nominating Thomason, Herman also wrote, "His good natured attitude and pleasant personality is an uplifting influence on co-workers and the public. Jerry has exhibited these and other examples of outstanding performance throughout the term of his employment."

Thomason's file includes numerous commendations and letters of appreciation from the

public, city officials and co-workers, with many other similar words of praise done verbally. The award was announced Wednesday.

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EDITORIALS

News stories: Learn lessons

News stories play many roles in today's society. They inform people of city and county activities, report on various improvements in a community, and at times provide entertainment.

One often overlooked purpose however, is that of education. Depending on how a news story is interpreted, it can be of valuable help.

As a case in point, there was a story recently about an 11 year old Lakeland youth who, along with his 13 year old brother, raced across railroad tracks in the face of an oncoming train. The 11 year old didn't make it. He was killed.

To many people, this is a story of tragedy. We feel sorrow for the family of this youth.

For others however, it may be taken as a lesson to be learned. It doesn't pay to attempt beating a fast-moving train. It is a point to be stressed with children, and remembered by adults.

It holds true for vehicles as well as pedestrians. Racing across a track to avoid waiting for the train to pass is stupid. Yet people can often be seen doing just that.

If we consider waiting for a train to pass as wasted time, we should consider what extra wasted time is being avoided. Consider the weeks spent in replacing a crashed vehicle. Think of the months spent in a hospital. Then too, there are the hours spent by family members attending a funeral of those who dared the train and lost.

Seminole County may be considered up-to-date in rail crossings. Yet there are a few places where there are no crossing gates or signals. A few of these are found at private driveways, such as along Old Lake Mary Road.

Other areas have no warnings because trains seldom use the tracks. One such area is on Wyly Avenue, at the northwest entrance to the Central Florida Regional Airport property.

Yet even at this location, a work train or freight train occasionally travels the tracks. Such areas require extreme caution by motorists as well as pedestrians. Read all of the news stories. There are lessons to be learned.

LETTERS

Clarifying position on casino gambling

Your recent article concerning my views on riverboat gambling was incomplete. My position was and is that any act of the Legislature or statewide referendum permitting casino gambling in Florida also contain a local referendum requirement. Simply put, I believe that before a casino opens anywhere in Florida that the voters of the city or county where the casino is to be located must first approve it at the polls. I stated this position during the interview several times but it was unfortunately not included in the article.

I am personally not opposed to the concept of casino gambling but believe very strongly that it should be a decision made by each individual community. Bringing any proposals before the voters is the best way to have a full public debate on the pros and cons of casino gambling. A local referendum requirement will also dilute the effect lobbyists can have on the process. And make no mistake about it, the lobbying for and against casinos will be intense.

I know better than most the problems gambling can cause in a family. My mother's father was a compulsive gambler. He abandoned his family to "follow the ponies." The last time my mother saw him he was walking down the street with all his belongings in a paper bag. He borrowed some money from her and was never seen or heard from again. The sad fact is some people ruin their lives because of their gambling habit. And they will do it whether or not we have casino gambling in Florida. In fact, they will do it whether or not gambling is even legal at all.

The decision to permit casino gambling should be a local decision. I do not and will not support any proposal to legalize casino gambling in Florida that does not also require that the voters in the community also approve it by referendum.

Larry Furlong
County Commissioner
Seminole County

LETTERS TO EDITOR

Letters to the editor are welcome. All letters must be signed, include the address of the writer and a daytime telephone number. Letters should be on a single subject and be as brief as possible. The letters are subject to editing.

CHUCK STONE

Black leaders rage against history

Maybe America has finally begun to weary of the annual exercise in corrective pedagogy, Black History Month. This year, fewer programs, speeches and articles extolled African-American history.

Only a peculiar symbiosis of circumstances inspired this column on black history: Time magazine's cover story on Nation of Islam leader Louis Farrakhan and recently published books by Kevin Phillips and Ellis Cose. These writings are conclusive proof that history is repeating itself in 1994, as an Athenian historian predicted in 411 B.C.

"I shall be content," wrote Thucydides, "if those who pronounce my history useful... give events as they really did happen and as they are very likely... to repeat themselves at some future time."

And indeed, Time's Farrakhan cover and the two books exemplify white America's recurring excommunication of prominent black leaders. Today, enraged white Americans are denouncing Farrakhan, just as they castigated Malcolm X in 1964 for his tirades against "white, blue-eyed devils."

But 28 years later, Life magazine included

Malcolm X as one of the 20th century's 100 most influential Americans.

In 1968, white Americans — and many middle-class black Americans — were horrified by Stokely Carmichael's strident call for "black power."

The NAACP's Roy Wilkins, the National Urban League's Whitney Young and March on Washington director Bayard Rustin were among the black leaders who eagerly disassociated themselves from "black power."

Yet, later that year, the National Committee of Negro Churchmen meeting in Dallas called on their congregations to embrace the black power,



Maybe America has finally begun to weary of the annual exercise in corrective pedagogy, Black History Month.

concept.

In 1967, white Americans demonized controversial Rep. Adam Clayton Powell Jr. with a Davidian "perfect hatred" and demanded that Congress expel him. Fueled by a firestorm of New York Times editorials and an avalanche of mail, Congress complied. Powell was ousted on March 1, 1967.

Today, a state office skyscraper in Harlem is named for Powell, Adam Clayton Powell Boulevard runs through Harlem, and the Congressional Black Caucus' most distinguished award is named for Powell.

In Time's latest cover story on Farrakhan and his "ministry of rage," Time conceded that the head of the Nation of Islam "inspires African-Americans." Then, with astonishing naivete, the author wondered, "but why does America's most controversial minister poison his message with racist hatred?"

Because rage poisons with equal-opportunity impartiality. For decades, both white and black Americans raged against those who assaulted their dignity. They may not have excoriated perceived enemies with Farrakhan's vitriolic eloquence, but they were still "mad as hell and weren't going to take it anymore."

JACK ANDERSON

General Accounting Office under siege

WASHINGTON — The agency that exposed the House bank scandal is now getting its political payback from its masters.

In a graphic example of false economy, Congress is cutting funds from the agency that gives taxpayers the best return on the dollar — the General Accounting Office, the investigative arm of Congress.

Two years ago, in the wake of the House bank scandal that led to a historic turnover in Congress, GAO officials whispered that its investigation into the check-kiting habits of House members and the subsequent furor would lead to retaliatory budget cuts down the road.

White Americans were eager to learn more about the congressional check-bouncers. GAO auditors related to their superiors how "nasty and arrogant" many congressional staffers had become toward them. One top GAO official confidently predicted that "(Congress) is going to shoot the messenger on this one." That day has now come.

Already reeling from previous cuts that prompted the early retirement of more than 400 staffers, the GAO is now being asked to trim another 12 percent from its payroll by 1996. Many would argue that all federal agencies could use a payroll purge. In the case of the GAO, however, the congressional strategy is penny-wise and pound foolish.

With an annual budget of about \$350 million, the GAO has left no federal agency in Washington untouched in its mission to root out waste and inefficiency. Last year alone, Comptroller General Charles Bowsher, head of the agency, estimates that recommendations by the GAO led directly to \$14.5 billion in savings to the taxpayers. It's no secret in Washington that many of the recommendations in Vice President Al Gore's "Reinventing Government" were the direct result of work previously performed by GAO auditors.

Besides uncovering the scandal in the House bank, the GAO has put other government agencies under its gullotine:

- At the Pentagon, audits of the Defense Department's inventory management system led to savings of more than \$4 billion and a revamp of its methods.
- An increasingly large chunk of the budget is taken up by entitlement spending, much of it in programs such as Social Security and Medicare. GAO auditors have played an especially pivotal role in uncovering Medicare fraud and abuse. Its work has led directly to congressional action and savings upward of \$10 billion.

- At the Department of Agriculture, a series of reports by the GAO set the pace for the department's current efforts to reorganize and streamline. Last September, Secretary Mike Espy announced plans to reduce the number of Agriculture's agencies from 43 to 30 and eliminate at least 1,200 field offices for a savings of about \$2.3 billion over the next five years.

All of this has been done with staffing levels that until recently remain essentially unchanged from when Congress first created the agency 20 years ago. Meanwhile, its workload has multiplied as the size of government expands each year. In recent years, the GAO has taken on auditing the Internal Revenue Service and the Federal Reserve. The GAO is thus one of Washington's rarest species, an agency which more than pays for itself.

The GAO is a tempting target for budget-cutters, including some in Washington who have felt the agency's lash. Unlike other government agencies, it doesn't have a constituency to protect it.

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FLORIDA STATE CITRUS COMMISSION SPOKESMAN, RUSH LIMBAUGH.

DONNA BRITT

Listen up, Muffy, you're out

WASHINGTON — This might have been a perfectly good column. I had the idea, the reasoning, the surprising insights all nalled. You woulda loved it.

But I got distracted again. By her. Despite the years that she's been with me, I've never seen her face. She has no name that I know of. I suspect there are millions like her.

She — let's call her Muffy — is the white voice inside my head.

No, I'm not one of those folks you see roaming the streets, chatting with unbidden demons. My bigoted inner voice — which has the nerve to claim it speaks for practically all of white America — is my own creation.

That doesn't make it any easier to shut her up.

Muffy speaks to me in whispers, murmurs and shouts. She waits until I am weary or vulnerable to do her worst. She knows never to let up on her ugliness.

"White people will never accept you," my voice whispers. "No matter how some of us may pretend otherwise, we believe that we are better than you."

Sometimes I hear Muffy after reading a crime story in which the perpetrator is black. The voice — my in-house spokesperson for millions of whites — snorts. "That's what you people do." Or if a TV news story focuses on public assistance and the face on the screen is black, she sniffs. "Just like your kind. Why should I pay to support you?"

I hate her. Because even when I know I'm OK, no better or worse than anyone else, she speaks for those who'll never be convinced.

Some African Americans never hear such voices. Sometimes, I'm just not that evolved. At those moments, Muffy — always judging, testing, pushing — get to me. Like when I fall or stumble and she rants that I've disappointed millions of African Americans, never just myself.

I only recently learned how old she is. The great black scholar W.E.B. DuBois wrote about the "double-consciousness" of American black people nearly a century ago in his classic book, "The Souls of Black Folks."

My, how things haven't changed. In some ways, black Americans' limiting inner voices are like those heard by every human — voices that tell us we aren't rich, beautiful or educated enough, that our extra pounds somehow lessen us.

Black people have as many of those everyday-draining voices as anyone. Add this extra, awful one, and often, it's one voice too many. And although I know the voice goads many black people to "I'll-show-you-excellence in every field. It drives others to a "Why try?" despair.

My own personal, negative chorus showed up in the early '80s after I realized, at age 8,

that the people on TV getting dogs sicked on them down South looked like me. Once I figured out that the only "colored" people I saw in popular culture were mads in movies, singers or athletes — never, ever the craftsmen, teachers, doctors and regular kids I saw and knew — I reached a conclusion: whites see blacks as being fundamentally less. Sometimes I wondered if we really were less.

Otherwise, I asked, where was the wonderful stuff that celebrated me? I decided "they" hated me.

And I met Muffy, who made sure I'd never forget.

Even before adulthood, some real people challenged her: friendly white kids at the junior high school I was bused to; and Brenda, a co-worker at my first high school job, who invited me to a party at her home — an unheard-of thing in 1970s Indiana.

But always, another ugly glance or news event brought Black people's lifelong exposure to the ways of whites, through every facet of culture means we know them in under-the-skin ways, understand them as most whites — with little authentic entree into black communities — can't know us.

What's dangerous about our knowledge is that however well we know white people, we can't know it all. However schooled we are in racism's history and omnipresence, we can't always know when individuals are motivated by it. Our voices are based on real experiences, but in themselves are not real.

So even though Muffy often is useful, I wish she'd shut the hell up.

She wears me out. I asked a close white friend who works with black people if she has a similar voice, a black one. "No," she said slowly. "The only thing I have that's remotely comparable is a voice that tells me I can't possibly know what it's like being black. Even when I'm tempted to think so. But nothing that dogs me..." Of course not.

So what if, at times, blacks need cautionary voices? Like in 1955 Mississippi, where a warning whisper might have told Emmett Till, 14 — who'd been raised up north to act like he was equal — never to flirt white.



She knows never to let up on her ugliness.

Sports

B

IN BRIEF

LOCALLY

Swaby leads UCF past Mercer

ORLANDO — Ochiel Swaby scored 16 of his game-high 25 points in the first half as UCF beat Mercer 90-68 in the opening round of the Trans America Athletic Conference tournament.

Victor Saxton scored 13 points for Central Florida (19-8, 12-5). James Walker added eight points and led the Knights with eight rebounds.

Stetson swamps SE Louisiana

ORLANDO — Kris Matuszewski scored 20 points to lead Stetson over Southeastern Louisiana, 91-61, in the first round of the Trans America Athletic Conference tournament.

Stetson (13-14, 10-7) connected on 17 3-pointers to break the TAAC records for both tournament and regular season games.

Fla. International ousted

ORLANDO — Nate Taylor sank a pair of free throws with 1:55 left in overtime to lead Centenary to a 69-67 win over Florida International in the opening round Thursday of the Trans America Athletic Conference tournament.

AROUND THE STATE

Lightning fall in OT

ST. PETERSBURG — John MacLean scored his team-leading 30th goal at 3:04 of overtime, leading the New Jersey Devils to a 5-4 victory over the Tampa Bay Lightning.

Gators blank Noles

GAINESVILLE — Rob Bonanno tossed a one-hitter as Florida shut out Florida State 4-0.

Bonanno (2-1) struck out 11 and walked two. Florida State's only hit came in the sixth inning on a single by Scott Schroeffel.

Brian Duva and Chum Perry each drove in two runs for the Gators (11-3), which got eight hits off Florida State (14-3).

Boone in, Mainland out at state

TALLAHASSEE — Kevin Sumner scored two free throws with four seconds left to give Boone a 52-48 win over Miami-Northwestern in a Class 5A state high school basketball semifinal.

Willie Anderson scored 18 and John Burden added 14 to lead Boone (27-8).

The Braves will face Lauderdale Lakes' Lloyd Anderson, which gave a combined 43 points from Damon Grant and Martavious Houston in a 66-61 victory over Daytona Beach Mainland. Vince Carter led Mainland (29-2) with 33.

AROUND THE NATION

Shaq attack Mavericks

DALLAS — Shaquille O'Neal dominated the Dallas Mavericks with 43 points and 16 rebounds, leading the Orlando Magic, 107-94.

Dennis Scott and Anfernee Hardaway scored 13 points each in support of O'Neal, who hadn't reached 30 points in the last four games.

WHAT'S HAPPENING

Men's Baseball

Stetson JV at Seminole C.C., 3 p.m.

Boys' Baseball

RAMINOLE: DeLand vs. Oviedo at Seminole, 3:30 p.m.; St. Cloud at Lake Mary, 4 p.m. Lake Brantley in West Orange Tour., TBA. Lake Howell in Apopka NOCIA Invit., TBA

Track

Seminole Relays, 3 p.m. Lake Howell (girls only) at Lady Wildcat Relays, Showalter Field, 4 p.m.

SATURDAY

Men's Baseball

Seminole C.C. at St. John's River C.C., 2 p.m.

Boys' Baseball

RAMINOLE Invitational: two consolation games, teams and times TBA; Championship game: Lyman vs. Seminole at Lake Mary, TBA. Lake Brantley in West Orange Tour., TBA. Lake Howell in Apopka NOCIA Invit., TBA

Water Polo

Boone vs. Lake Howell at UCF Pool, girls: 10 a.m.; boys: 11 a.m.

BEST BETS ON TV

BASKETBALL

9 p.m. — WKCF 18, NBA, Orlando Magic at Denver Nuggets, (L)

Complete listings on Page 2B

We're not finished yet

Briar Corp. pulls even with Erectors

Table with 4 columns: Team, W, L, T, P. Rows: Exterior Homesavers, S&S Raiders, Briar Corp., M.A. Erectors.

Next week's schedule has Briar Corp. facing the S&S Raiders at 7 p.m. and M.A. Erectors playing Exterior Homesavers at 8 p.m.

From Staff Reports

SANFORD — Duke Ferrato's bases-loaded double highlighted a six-run rally that lifted Briar Corp. from a 5-1 deficit to a 9-5 win over M.A. Erectors in a battle between the top teams of the Sanford Recreation Men's Polar Bear Softball League at Pinehurst Park.

In the first game of the evening, Bill Wille scored the game-winning run on a sacrifice fly by Robert McBrayer in the top of the seventh inning to give Exterior Homesavers a 17-16 win decision over the S&S Raiders.

With one week left in the season, Briar Corp. and M.A. Erectors share first place at 6-2. They're followed by Exterior Homesavers (3-5) and the S&S Raiders (1-7).

Stiffey's keeps after A.D. Rosier

Table with 4 columns: Team, W, L, T, P. Rows: A.D. Rosier, Beer: 20, First Baptist, Stiffey's Affordables.

Table with 4 columns: Team, W, L, T, P. Row: Stiffey's Affordables, Beer: 20.

From Staff Reports

SANFORD — A.D. Rosier did what it needed to wrap up the championship in the Sanford Recreation Thursday Men's Polar Bear Softball League at Chase Park, but Stiffey's Affordables wouldn't co-operate.

After A.D. Rosier rallied to beat Beer: 30 15-9, Stiffey's Affordables split a doubleheader, losing to Sanford First Baptist 24-7 in five innings but beating Beer: 30 21-13, to keep its faint title hopes alive.

With two weeks left in the season, A.D. Rosier (6-1) now has a two-game lead over Stiffey's Affordables (4-3). First Baptist (3-4) holds down third over Beer: 30 (1-6).

Next week's schedule has A.D. Rosier squaring off with Stiffey's Affordables at 7 p.m. and Beer: 30

taking on First Baptist at 8 p.m.

Randy Rawlings was 4-for-4 with four singles, two runs scored, and an RBI to pace A.D. Rosier's 23-hit attack. Brantley Bramley contributed three singles, two runs, and two RBIs. Rick Yates hit three singles and scored three runs. Dave Noble doubled, singled, scored twice, and had two RBIs.

Steve Woodley and Bob Britt each had a double, single, one run, and two RBIs. Paul Pratt had two singles, a run, and three RBIs. Randy Yates singled twice and drove in a run. Steve Donovan doubled and scored a run. Wally Wiland added a single, one run, and two RBIs. Steve James singled and scored a run.

Dave Coss collected a double, two RBIs. See Chase, Page 2B

RAMINOLE INVITATIONAL

'Hounds, Seminoles reach finals

From Staff Reports

LAKE MARY — Lyman and Seminole both rallied from behind in the sixth inning to snare wins Thursday night at Lake Mary High School and advance to the finals of the Raminole Invitational baseball tournament.

Trailing 7-3, the Lyman Greyhounds put together a six-run sixth inning to knock off the DeLand Bulldogs 9-3. In the nightcap, Seminole turned a 3-1 deficit into a 6-3 victory over the Lake Mary Rams by scoring five runs in the sixth inning.

In consolation bracket games Thursday, Oviedo whipped Trinity Prep 15-3 and St. Cloud bested Leesburg 6-4.

The Greyhounds (3-3) and Seminoles (4-1) will play for the championship at 7 p.m. Saturday night at Lake Mary High School. DeLand is scheduled to face Oviedo in a consolation bracket game at 3:30 p.m. at Seminole High School while Lake Mary (4-3) will host St. Cloud at 4 p.m.

Walks were the undoing of the DeLand Bulldogs as starting pitcher Jim Nealy walked the first three Lyman hitters of the sixth inning. Gene Hill came on in relief and walked two more before surrendering a two-run single to Kiley Calapa that tied the score.

On the play, the DeLand right fielder threw the ball away, allowing Kyle Gaines to score the go-ahead run. Ted Koller later doubled home Calapa with an insurance run.

Koller finished with two doubles, a run scored, and an RBI. Gaines doubled, singled, scored twice, and had an RBI. Jason Shipley hit two RBIs. See Raminole, Page 2B

GREYHOUNDS 9, BULLDOGS 7. DeLand 021 211 0 - 7 9 3. Lyman 300 201 4 - 9 11 4.

SEMINOLES 6, RAMS 3. Seminole 010 005 0 - 6 5 3. Lake Mary 000 120 0 - 3 4 2.



Herald Photo by Mark Harris

Even though he was retired on this force play by Lake Mary second baseman Jim Razuri, Todd Braden (No. 10) started Seminole's game-winning rally in the sixth

inning by drawing a walk. Once the Tribe had taken the lead from the Rams, Braden protected it, throwing a complete game for his second win of the season.

Brian, Brion help Lions feast on Saints

From Staff Reports

SANFORD — Brian Hendrix homered in support of winning pitcher Brian King as the Oviedo Lions ripped the Trinity Prep Saints 15-3 Thursday in a consolation bracket game of the Raminole Invitational baseball tournament at Seminole High School.

In the other consolation bracket contest, St. Cloud topped Leesburg 6-4.

Oviedo (4-2) advances to play DeLand in a consolation bracket semifinal at 3:30 p.m. this afternoon at Seminole while St. Cloud will play Lake Mary at 4 p.m. at Lake Mary.

King (1-0) relieved Ben Dunemann in the fourth inning and allowed a run on one hit over the final four innings, striking out six and walking one.

Dunemann gave up two runs on two hits over three innings. He struck out three and walked three. Hendrix scored two runs and drove in two runs to

LIONS 15, SAINTS 3

Table with 4 columns: Team, W, L, T, P. Rows: Oviedo, Trinity Prep, Dunemann, King (4), and Hynes, Henderson, Dickey (3) and Burgos.

go with his home run. Oviedo leadoff hitter Tim Slavik was 2-for-3 with a triple, single, two runs scored, and RBI, and two stolen bases.

Todd Bellhorn contributed a double, single, four runs, and one RBI. Andy Hynes had two singles and four RBIs. Mark Metcalf reached base five times, hitting a pair of singles and drawing three walks. He also scored a run and drove in a run.

Scott Huggie doubled and scored two runs. Mike Ruglenius hit a single and scored two runs. Carlos Martinez added a single, one run, and a stolen base. Brian Buchanan had a single, one run, and one RBI.

Raiders manage just two hits in conference loss

From Staff Reports

OCALA — Sometimes being wild isn't so bad, not if you're wild in the strike zone.

Central Florida Community College pitcher Lietz struck out 12 and walked seven, but allowed just two singles in six innings of work as the Patriots topped the Seminole Community College Raiders, 7-3, in a Mid-Florida Conference baseball game in Ocala Thursday afternoon.

The loss drops the Raiders' record to 6-9 overall and 2-2 in the MFC, while the Patriots are now 10-11 overall and 3-2 in the conference.

SCC will be at home today, hosting the Stetson University junior varsity in a non-conference game, starting at 3 p.m. at Raider Field. The local squad will play its third conference road game of the week when it goes to Palatka to play the St.

PATRIOTS 7, RAIDERS 3

Table with 4 columns: Team, W, L, T, P. Rows: Seminole C.C., Central Florida C.C., Storey, Skarbek (4), Bologna (6) and Elizer, Lietz, Mastro (7) and Fitzgerald, WP - Lietz (3-1), LP - Storey (3-3), Save - Mastro (2).

John's River Community College Vikings.

Through the first five innings Lietz was untouchable, allowing no hits, striking out nine and walking three while his offense was building a 6-0 lead on just four base hits.

The only offense the Raiders could muster all day came in the sixth inning. Johnny Goodrich and Isaac Cruz led off the inning with back-to-back singles. SCC's only outfielder of the day, and Oviedo's Erik Jordan and Deltona's Pete Bezeredi

both walked to plate the Raiders' first run.

After a strike out, Sanford's Rick Eckstein walked to force in the second run, and after another strike out, Larry Hardy Jr. walked to drive in the third run. The third out also came via the strike out, making the line score for the inning, three runs, two singles, four walks and three strike outs.

Mastro came on to throw the final three innings for Central Florida, allowing no hits and one walk, while striking out four, to earn a save.

Scott Storey suffered the loss for SCC and saw his record even off at 3-3. He only allowed four hits over five innings, but also gave up six runs (five earned).

Adam Skarbek gave up one run and three hits over two innings while Lake Howell grad Robert Bologna walked one and gave up no hits in one inning of work.

People

IN BRIEF

Star Trek Fan Club to meet

The local chapter of the Federation, The USS Genesis NCC-2617, will meet Sunday, March 6, at 7 p.m., at 2017-D S. French Ave. (next to Cablevision). Those interested in community involvement, children's futures and being with other Trekkers for good clean fun are welcome to attend the gathering.

For more information, Call Vickie, 321-7336.

Sock Hop benefits cerebral palsy

The DeBary Volunteer Firemen's Association, the Celery City Cruisers of Sanford and the Telephone Pioneers of America will host a Sock Hop on Saturday, March 5 at the DeBary Fire Hall, 93 S. Highway 17-92, to benefit United Cerebral Palsy of Central Florida.

Music from the 50s and the 60s will be provided by the Monterey's.

Dress in your best 50s outfits. Door prizes will be awarded and there will be games and contests. Food and sodas will be served, guests can bring their own beverages.

Tickets will be available at the door for \$10 each. Guests must be 21 years old to attend.

CALENDAR

Blood Bank seeks donors

Central Florida Blood Bank is asking donors of all types blood — especially O-type donors — to donate at its Sanford branch, 1302 E. Second St. For information, call 322-0822.

COMA announces meetings

The Concerned Organization of Men in Action (COMA) meets the first and third Friday, at 6 p.m., in the church annex at St. James AME Church, Ninth Street and Cypress Avenue, Sanford.

Sunbelt Daylily Club to meet

Sunbelt Daylily Club meets the first Sunday of the month at 2 p.m. through April at the Old City Hall, Highway 15A near Lake Mary Boulevard, Lake Mary.

The club educates members on daylily growing through slide shows, guest speakers and trips to daylily gardens. There are no club dues. Call 886-3196 for more information.

Poets to talk verse

First Florida Poets meet at 10 a.m. every Monday at the Deland Public Library. Interested poets are welcome.

For more information, please call Bob Shelford, 904-736-0416, or Virginia Martin, 904-775-8909.

Sanford Rotarians to meet

Rotary Club of Sanford meets every Monday at noon, at the Sanford Civic Center.

Bridge club meets every Monday

Lake Mary Seniors invite anyone 55 years or older to play party bridge. The Party Bridge Club meets every Monday between 1-3 p.m. at the Lake Mary Senior Center at the Old City Hall, 158 N. Country Club Road.

Cancer support group meets

Support, Hope and Recovery, S.H.A.R.E., meets every Monday afternoon at 5 p.m. at Central Florida Regional Hospital in the far corner of the dining room. This is a self help support group for all cancer survivors, whether in treatment now or finished with it. Call 324-8737 or 322-7785 for more information.

On the cutting edge

USDA favors plastic over wooden cutting boards

Every now and then I get a call asking which cutting board is safest — wood or plastic. In the 13 years I've been here, my answers to the public have changed. Here is the latest update on cutting boards.

Early in 1993, information was released on preliminary results which seemed to show "In some as-yet-unknown way, wooden cutting boards kill bacteria that survive well on plastic board." The researchers purposely contaminated wood and plastic boards with bacteria. Held overnight at room temperature, bacteria increased greatly on plastic cutting boards but none were found the next day on the wooden boards.

USDA decided that until the research was published and fully substantiated it would continue to recommend consumers use cutting boards made from nonporous material such as plastic or glass for cutting meat and poultry. Other United States Department of Agriculture (USDA) recommendations pertaining to cutting boards include:

- If you choose to use a wooden cutting board for meat and poultry, use it exclusively for these products.

- Wash all cutting boards with hot soapy water after each use. Let the board air dry or pat it with fresh paper towels. You can also wash nonporous and solid wooden boards in



CONSUMER FOCUS

BARBARA HUGHES/GREGG

an automatic dishwasher. Do not wash laminated wood in a dishwasher since it may split.

- Once a week, sanitize all cutting boards. To sanitize, add two (2) teaspoons chlorine bleach to a quart of water. Flood the board's surface with the solution and let it stand a few minutes. Rinse the board in clear water and air dry or pat it with fresh paper towels.

- Replace plastic boards that become excessively cut or grooved.

Recently (December 1993), the Agricultural Research Service (ARS) affirmed the USDA policies that favor use of plastic cutting boards over those made of wood, through study results that were revealed during a pathogen control segment of an

ARS Workshop.

The study, entitled "Comparison of Wooden and Plastic Cutting Boards for Bacterial Attachment and Removal Potential," measured bacterial counts on wooden and plastic cutting boards after 90 minute exposures to temperature-abused sample of beef chuck. Other study components measured natural wood pathogen inhibitors and the effectiveness of five different commercial cleaning products.

In the ARS studies, wooden cutting boards adhered more organisms from temperature-abused meat than boards made of plastic.

The ARS study found higher bacterial levels on wooden cutting boards regardless of contact time. In addition, plastic cutting boards appeared to be more consistently cleanable than wood. Cleaning products used in the test included Ajax, Liquidox, Ultraclean, and Rightaway, all showing comparable effectiveness in removing bacteria from both wooden and plastic boards.

In terms of natural wood inhibitors only the board made of white ash showed any detectable pathogen inhibition, and there was no evidence that maple, the wood usually used for cutting boards, had any water-soluble inhibitory agents.



All about herbs

Mary MacTavish (right), president of the Sanford Garden Club, listens to guest speaker Kathy Krasnoff explain herbs to the membership. Krasnoff is a master gardener with Seminole County branch of the University of Florida Institute of Food and Agricultural Services. She brought herbs specimens to the meeting and explained their various uses.

Herald Photo by Tommy Vincent

Pot use illegal for all ages

DEAR MARY: I'm sick of adults being such hypocrites. You see adults getting drunk every weekend, sharing their prescriptions, all kinds of stuff, but if those same adults find out their kids have tried a little marijuana, they go ballistic. If they can drink all weekend and piss around their pills, I don't see why it is such a big deal if my friends and I smoke a little dope now and then.



DRUG COUNSELOR

MARY BALK

HATES HYPOCRITES

to logic, there are still some real good reasons that using any drug during adolescence is dangerous.

everyone, we do not have the right to choose which ones we will obey. Yet one more problem with marijuana use is that because the contents of illegal drugs are not controlled, you can never tell how pure it is, how potent is it, or if it has been sprayed with chemical killer. When anyone uses marijuana or any other illegal drug, they have no way of knowing that something in the drug won't seriously harm them in some unexpected way.

(Mary Balk is a Certified Addiction Prevention Professional and counselor. Write her at the Sanford Herald, or call the Seminole County Schools' Drug Prevention office, 323-5710.)

You are still developing both physically and emotionally. We now have scientific proof that both alcohol and marijuana cause negative influences on maturation and learning. Another concern I have about your use of marijuana is the fact that it is illegal.

It is against the law for anyone of any age to use any amount. Since laws are created for the protection and safety of

Litchfield	
8 SECONDS NO PASSES (PG-13) 2:15 4:10 7:15 9:15	
MRS. DOUBTFIRE (PG-13) 2:15 4:45 7:15 9:45	
BLANK CHECK (PG) 2:30 4:30 7:00 9:00	
ACE VENTURA (PG-13) 2:30 4:15 7:00 9:00	
MY GIRL 2 (PG) 2:30 7:30	
PHILADELPHIA (PG-13) 4:40 8:10	
ON DEADLY GROUND (R) 2:00 4:15 7:10 9:20	
THE CHASE (PG-13) 2:10 4:00 7:10 9:10	
GREEDY (PG-13) 2:00 4:20 7:30 9:40	
REALITY BITES (PG-13) 2:10 4:10 7:30 9:30	
BLUE CHIPS (PG-13) 2:30 4:30 7:30 9:30	
\$2.50 FOR ALL MOVIES STARTING BETWEEN 4 TO 6	
UNUSUAL ADVERTISING BY LIFESAVERS	

Sears Tower tallest building in world

DEAR ABBY: In a conversation with a friend, the question arose, "What is the world's tallest building?"

I told him, "The Sears Tower in Chicago."

He said there's a building in Toronto, Canada with a revolving restaurant on top that's taller.

I said it is not possible to build a high-rise taller than the Sears Tower.

Who's right?

A DAILY READER IN DOWNEY, CALIF.

DEAR DAILY READER: You are, the world's tallest building is the Sears Tower in Chicago. It stands 1,454 feet tall and has 110 stories.

While researching the answer to your question, I discovered some fascinating facts about tall buildings and towers:

Other spectacularly tall buildings in the order of U.S. ranking are: the 110-story World Trade Center towers in New York, which stand 1,368 feet tall (North tower) and 1,362 feet tall (South tower); the Empire State Building in New York, which stands 1,250 feet tall and has 102 stories (built in 1929 — long before skyscrapers were commonplace); the Amoco Building in Chicago, 1,136 feet tall with 80 stories; and the John Hancock Center in Chicago, 1,127 feet tall with 100 stories. It's interesting that some of the shorter "tall" buildings have more floors than the next ranking buildings.

DEAR ABBY: I've been reading you for years, never dreaming that one day I would be writing to you for help with a problem of my own.

Here's the situation: I have fallen in love with my first cousin. (His mother and my mother were sisters.) We have been friends for years, but he



ADVICE

ABIGAIL VAN BUREN

lived in another state while we grew up. Also, we were both married and now we are divorced.

We need to know if there is a state that would allow us to marry. Please note, we do not intend to have any children. (I have already had my tubes cut.)

We would love to be together legally. Please help us find a state where we can make our dream come true. Thanks for any help you can give us.

COUSINS IN LOVE

DEAR COUSINS: First cousins may marry in Alabama, Alaska, California, Colorado, Connecticut, Florida, Georgia, Hawaii, Maine, Maryland, Massachusetts, New Jersey, New Mexico, New York, Rhode Island, South Carolina, Tennessee, Texas, Vermont, the District of Columbia and Virginia. And in Wisconsin, first cousins may marry if the woman is 55 years or older.

Good luck, and may you forever be kissin' cousins.

WORTH REMEMBERING:

"We are all citizens of one world; we are all of one blood. To hate a man because he was born in another country, because he speaks a different language, or because he takes a different view on this subject or that, is a great folly. Desist, I implore you, for we are all equally human...Let us have but one end in view, the welfare of humanity." — John Comenius (1592-1670)

ATTENTION

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BLONDIE

by Chic Young



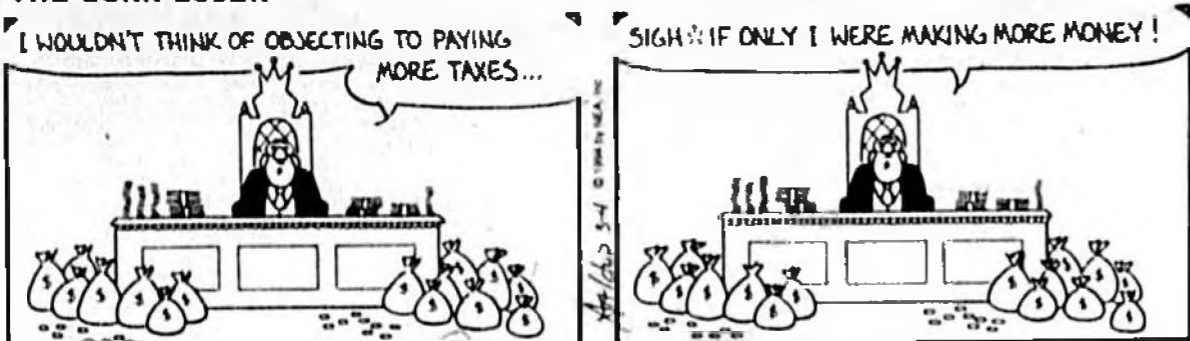
BEETLE BAILEY

by Mort Walker



THE BORN LOSER

by Art Sansom



PEANUTS

by Charles M. Schulz



EK & MEK

by Howie Schneider



TUMBLEWEEDS

by T.K. Ryan



ARLO AND JANIS

by Jimmy Johnson



FRANK AND ERNEST

by Bob Thaves



GARFIELD

by Jim Davis



ROBOTMAN

by Jim Meddick



Controlling spasms of irritable bowel

DEAR DR. GOTT: I've battled incontinence for years. I'm a 28-year-old male in otherwise good health. Some days I will have between three and five movements with incredible urgency. The condition is amplified by stress and puts large restrictions on my lifestyle. I've been to a gastroenterologist, had colonoscopy, intestinal X-rays and an ultrasound. The conclusion is simply spastic colon. Would you now suggest a chiropractor, herbologist, acupuncturist or reflexologist? I'm desperate.

DEAR READER: Your problem is certainly tantamount to disaster, especially for a young man in good health. The unpredictable intestinal spasms of irritable bowel can be difficult to control.

Quite honestly, I don't believe that the various resources you mention would be of much help, although stress counseling might assist you in avoiding attitudes and situations that aggravate your bowel urgency. I believe you could find much relief from the judicious use of anti-spasm medications, such as Donnatal or Librax. The drugs, available by prescription only, would reduce the strength of the bowel contractions, allowing you more control.

DEAR DR. GOTT: Do you have a recommendation for the treatment of psoriasis? DEAR READER: This common skin disorder, of unknown cause, is characterized by recurring patches of dry, irritated skin with white or silvery scales. There is no single, consistently effective treatment.

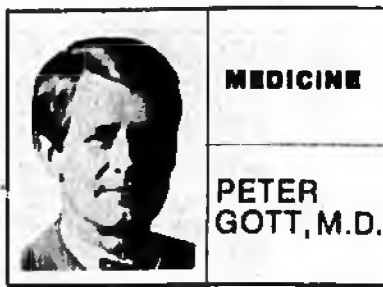
Initially, lubricating ointments and cortisone creams may control the skin lesions for years. As a next step, coal tar emollients are beneficial.

For severe or resistant psoriasis, light therapy is helpful. After taking pills called psoralens, the patient is exposed to ultraviolet light.

Methotrexate, an anti-metabolic medicine, is reserved

for especially severe psoriasis that does not respond to the steps I outlined. The drug is given as a pill and is sometimes associated with dangerous side effects, such as kidney and liver damage.

In my opinion, patients with moderate/severe psoriasis



MEDICINE

PETER GOTT, M.D.

should be under the care of dermatologists.

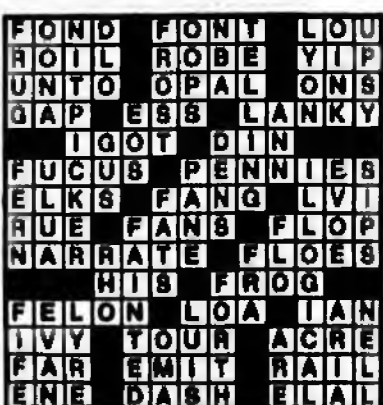
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ACROSS

- 1 "Star Trek" captain
- 5 Dutch town
- 8 Singer — To Kanawa
- 12 Metal
- 13 Scottish cap
- 14 Flower
- 15 Romantic appointment
- 16 The man's
- 17 Mother of Castor and Pollux
- 18 Cold symptoms
- 20 Covered with velvety plants
- 21 Mr. Rafter
- 22 Had with effort
- 23 Anglo-Saxon killer
- 26 Migratory
- 31 John Quincy
- 33 Commercial

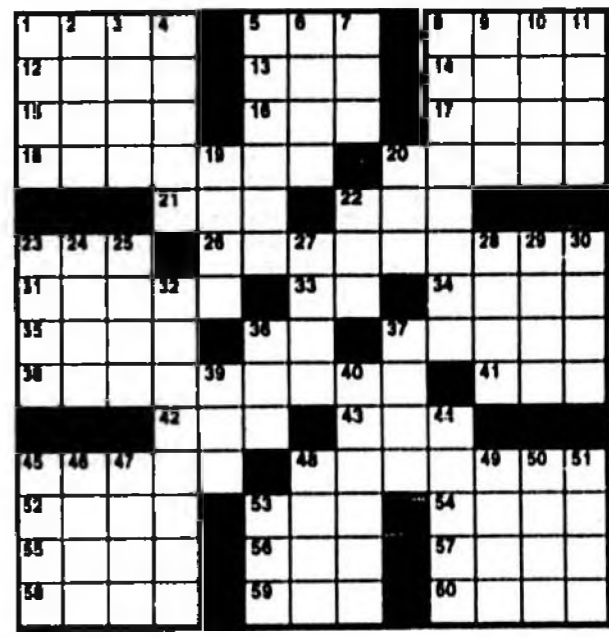
- 34 Straight — arrow
- 35 Rescue
- 36 Symbol for cesium
- 37 Valuable violin
- 38 What you blink with
- 41 Indicate agreement
- 42 Before Nov.
- 43 Curvy letter
- 45 Battery part
- 48 St. Patrick's country
- 52 Brazilian soccer great
- 53 Actor — Wallach
- 54 Tennis player — Nastase
- 55 Therefore
- 56 Use thrifflily
- 57 Writing tools
- 58 Horse color
- 59 Hearing organ
- 60 Search for

Answer to Previous Puzzle



DOWN

- 1 Children
- 2 Midwest country
- 3 Repetition
- 4 Hit with leg joint
- 5 Fruit ripener
- 6 Platform
- 7 Printer's measure
- 8 Metric weight unit
- 9 Angers
- 10 Clear (of)
- 11 Do as —
- 12 Smashes (sl.)
- 13 Cup
- 14 Actor — Danson
- 15 Facilitate
- 16 1944 invasion date
- 17 Possess
- 18 Reckless
- 19 No man — island
- 20 Western defense org.
- 21 Oklahoma town
- 22 Small organ
- 23 Tex. time
- 24 African fox
- 25 High card
- 26 Welder
- 27 Slides
- 28 Copycat
- 29 Roman tyrant
- 30 Russian woman's name
- 31 Chase
- 32 Toward
- 33 shell
- 34 Number
- 35 Work table
- 36 Wide shoe size



WIN AT BRIDGE

By Phillip Alder

Bridge retains its popularity because of its great variety. I love this deal, which was published in last November's American Contract Bridge League Bulletin and was reported by Herb Royal from Garden Grove, Calif. How many club tricks did declarer win, playing in five hearts?

West's bid of two no-trump, the Unusual No-trump, normally shows at least 5-5 in the minors. On the deal before this one, West had made the bid when 6-4 in the minors. East was annoyed, saying to West: "Never again bid the Unusual No-trump with 6-4 distribution. Or 7-4, or 8-4, or 9-4, or even 10-4!"

Therefore, when West led the club eight, East "knew" South was void. (Though East might have asked himself why West would lead the eight from K-J-10-9-8.) So East tossed the

seven onto the table, allowing South to scoop up the first trick with his 10. East practically had a coronary; he had forgotten to mention 5-4.

After drawing two rounds of trumps ending in the dummy, declarer ran the spade 10 through East. A spade buck to his jack was overtaken with dummy's ace. On the last two spades, East discarded a petulant queen and ace of clubs!

Now came two rounds of hearts. South was on lead holding the Q-9 of diamonds and a trump. West had the K-J of diamonds and the club king. Dummy retained the A-10 of diamonds and the club six. The final heart squeezed West. He discarded the club king, so dummy's six won the last trick. South had taken all 13 tricks.

The answer, therefore, is that declarer won two club tricks.

NORTH 2-4-4		EAST 3-4-4	
A 10 9 8 7	K 10 9 7	Q 6 2	W 4
A 10	6 5	K 3	Q 5 4
		K J 7 6	A Q 7 4 3 2
		K J 9 8	
SOUTH		Dealer: East	
K J 4	A Q J 8 3	Vulnerable North-South	
Q 9 5 4	10	Deal: East	
1♥	2NT	4♥	5♣
Pass	Pass	5♥	All pass
Opening lead: ♠8			

HOROSCOPE

By Bernice Bede Osol
YOUR BIRTHDAY
March 5, 1994

In the year ahead you might be able to mix business and pleasure more effectively than you ever have in the past. The results could be extremely rewarding.

PISCES (Feb. 20-March 20) Discussing your future hopes with individuals who are in positions to help could prove to be a smart move today. Just try to make your presentation brief and attractive. Know where to look for romance and you'll find it. The Astro-Graph Matchmaker instantly reveals which signs are romantically perfect for you. Mail \$2 and a long, self-addressed, stamped envelope to Matchmaker, c/o this newspaper, P.O. Box 4465, New York, N.Y. 10163.

ARIES (March 21-April 19) Stirrings of a positive nature could be occurring behind the scenes today. When they emerge into the open, they may prove beneficial financially or careerwise, or both.

TAURUS (April 20-May 20)

You're not apt to feel fulfilled today unless you have a busy agenda to occupy your time. Plan alternate activities in case things fail to develop as you anticipate.

GEMINI (May 21-June 20) More than one significant objective can be achieved today if you apply yourself properly. You need more targets than usual to provide motivation.

CANCER (June 21-July 22) Valuable information can be derived from conversations with others today. Present your comments in ways that draw others out.

LEO (July 23-Aug. 22) Be alert for opportunities today, because you might find a way to open up a new channel for earnings. It will be a comfortable adjunct to an existing one.

VIRGO (Aug. 23-Sept. 22) If you are trying to iron out an agreement today, be as liberal with your terms as possible. This should induce the respondent to act similarly. If it doesn't, back off.

LIBRA (Sept. 23-Oct. 23) Trends for being able to finalize

arrangements in a favorable manner are running with you today, so try to use them advantageously.

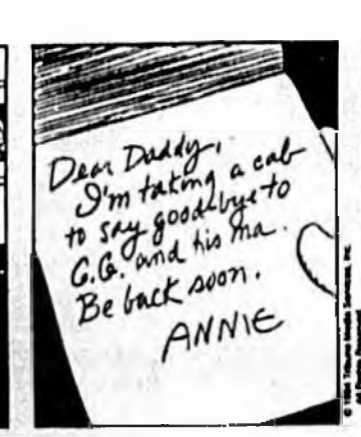
SCORPIO (Oct. 24-Nov. 22) Some new acquaintances you recently made might fit comfortably into your social group. This could be a good day to introduce them to one another.

SAGITTARIUS (Nov. 23-Dec. 21) Your probabilities for material gratification look extremely encouraging today, so be on the lookout for ways to add to your resources. Two possibilities should be evident.

CAPRICORN (Dec. 22-Jan. 19) Friends with whom you associate today might automatically look to you for direction. You're perceived as the catalyst who knows how to make things happen.

AQUARIUS (Jan. 20-Feb. 19) Conditions are a bit unpredictable today, but they should work out to your satisfaction. It looks like Lady Luck might put you in the right spot at the right time. Copyright 1994, NEWSPAPER ENTERPRISE ASSN.

ANNIE



by Leonard Starr