

View Gymnastics

Nixons Relax At Exhibition

By FRANK CORMIER Associated Press Writer PEKING (AP) — President Nixon and Premier Chou En-lai met for four hours this afternoon as they continued their discussion of the issues that have divided their governments for two decades.

It was the third daily private meeting of the two leaders and lasted a bit longer than their meeting Tuesday. Nixon said before he arrived he expected the talk sessions to last two hours, and their length was taken as an indication that the President and Chou were making a searching examination of a wide range of issues.

Altamonte Studies Land Use Plan

By MARION BETHA ALTAMONTE SPRINGS — In a "giant step forward" City Council yesterday discussed the plan of a planner or firm to initiate a land use plan for the municipality.

The issue came about as a result of a comment by Councilman Daniel Dorfman that he would like to see a comprehensive study made of the impact of apartment complexes upon the school system as well as the city.

Councilman Helen Keyser, an ardent opponent of the mushrooming complexes, stated that the impact be learned by watching an entire household of students from the Capistrano Apartments alone.

People in the News 'Booze' Law Is In Effect

Jackie Onassis NEW YORK (AP) — Jacqueline Onassis has denied a report that her marriage to Aristotle Onassis almost broke up and that she saved it when she followed him to Paris and "kissed herself into his arms, bursting into tears."

The report appeared in McCall's magazine in excerpts from the book, "The Fabulous Onassis," by Christiane Cedrakis, a former child steward aboard the Onassis yacht.

Henry Ford II DETROIT (AP) — Henry Ford II was aboard a helicopter which had to make a forced landing in the Sinai Desert, it was disclosed here Tuesday.

Michelle Marvin LOS ANGELES (AP) — Singer Michelle Marvin, who says she lived with Lee Marvin for six years without marrying him, is suing the Oscar-winning actor for half of his assets.

Barbs By PHIL PASTORET Throwing a party is what we'd like to do to the fellow who it is on our newly shielded shoes.

Funny Business I'M FROM SIMPLY HILL, NOT TORONTO. I DON'T DO TORONTO. I DO TORONTO. I DON'T DO TORONTO.

And Jim Emphore OF MAKE WHO DOESN'T REALIZE THIS, NOW? I'M A CHAMPION CHANCE OF KEEPING HIS JOB.

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Night Patrol

and two students in the squad car, a situation that usually spells trouble. In Buffalo, N.Y., it means Pilot 180, a program under which police and students at the state university branch have been getting to know each other in a different way than was the case in campus rioting in the spring of 1970.



Seminole Has Its Own Program

THESE FOUR are five-year-olds from Central Baptist Church aren't afraid of policemen... or deputy sheriffs either. Shown with Deputy Lance Grant are (left to right) Wayne Osgood, Dawn Stroude, Bambi Thorpe, John Thorpe, Amy Dominy and Aneda Stroude.

Irish Rebel Arrested Seven Killed in Blast

By NOEL HUGHES LONDON (AP) — A leader of the outlawed Irish Republican Army was arrested in Dublin today as police in Britain hunted an IRA revenge squad that bombed an army base near London.

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SR 436 4-Laned All Way

By ANN SECZKOWSKI

The State Department of Transportation has advised the Board of County Commissioners the four-laning of SR 436 has been completed.

This necessitated a state realignment north of Border Lake at the Orange County line to ease a sharp curve, which left about 1,000 feet in place to serve adjacent property owners.

This according to DOT, is now surplus and the Commission was advised that a resolution requesting its transfer to Seminole County is in order.

A motion for resolution requesting transfer was adopted. Administrative Aide Rodney Laver reported to the Tuesday meeting of the County Commissioners an inquiry had been made by the Florida Highway Patrol as to why the county did not have an identification card showing proof of insurance in a vehicle which was involved in an accident on Feb. 21.

Laver said that upon investigation of this question with Assistant County Attorney Harold Marzess and the insurance firm of Grummett, he found this proof of insurance is required in all county vehicles. Therefore, the insurance carrier was instructed to furnish cards to place in 18 county vehicles in order to comply with state laws.

Sidney Vihlen and Laver met with Assistant School Suppt. Walter Teague and Mrs. Patsy McLeod, of the school data processing section, for the purpose of discussing the feasibility of a county and school board joint effort for a data processing facility.

Teague indicated that he is certainly amenable to the study to ascertain the possibility of a joint effort. If both boards are in agreement with a proposal which the school board is to prepare, the county will indicate the monetary advantages of the joint venture into data processing.

By LARRY NEELY Orvid moved one step closer to beginning its \$400,000 street improvement project when the City Council authorized City Attorney S. Joseph Davis to obtain bond contracts to prepare the issue. Davis estimated the council's fee would amount to \$800 plus expenses. He also announced that the city will prepare estimates of anticipated receipts from the utility taxes and other charges with which the city plans to guarantee retirement of the 10-year bond issue.

The Council also passed a resolution to be forwarded to the State Department of Transportation (DOT) requesting traffic surveys at the intersections of SR 436 and Lake Magnolia Street and at the intersection of SR 426 and Lake Charm Drive and SR 419 and Magnolia Street. The DOT will be the agency which will handle the traffic study. The DOT will also handle the traffic study at the intersection of SR 436 and Lake Charm Drive and SR 419 and Magnolia Street.

By HILL SCOTT It appears that Sanford City Commission will authorize the establishment of a landfill at the intersection of SR 436 and Lake Magnolia Street. The landfill will be used for the disposal of refuse. The landfill will be used for the disposal of refuse.

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PLAYLET for February was presented by third grade class of Mrs. Marie Stumpf at Hopper Elementary School. Seminole County Art teacher Joseph Mathieux made the costumes and Mrs. Nell Drueding, music teacher, directed the children in musical numbers. Children are Jeff Gooding, Vincent Smith, Marie Phillips, Jamie Barven, Angels Pendleton, Ricky Dallabrida and John Dowling.

Center Building To Start By MARY HYATT NORTH ORLANDO—Groundbreaking ceremonies for the new community building will be held by the North Orlando Community Association at 1 p.m. Saturday at the location of the building on Third Street, with Mayor Granville Brown officiating.

Also expected to attend the event are County Commission Chairman Greg Drummond, Mayor Kenneth Brown, Longwood, and other city and county officials.

The groundbreaking is being held in conjunction with a two-day carnival Saturday and Sunday, sponsored by the community association 2:10 p.m. to benefit the building fund for the community center.

The carnival will feature amusement rides, games, country-western music, cake walk and country store. Barbecued beef and spare rib dinner will be served as well as refreshments.

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By Casselberry Council Zoning Appeal Is Denied

By KATHY NIBLACK CASSELBERRY—The City Council held a public hearing to consider an appeal of a zoning decision made by the City Zoning Board in December.

Some time ago that a 13-acre parcel of land on Red Bug Lake Road be rezoned from R2 to R3 (multi-family). The Zoning Board denied the request and suggested that this parcel be zoned for planned unit development, as is the rest of Sterling Park.

David Cunningham, who owns property adjacent to the parcel in question, spoke in opposition to a zoning of R3. He cited traffic hazards which would be created by an increased flow of traffic on Red Bug Road, and also pointed out that it would be difficult for the city to provide fire and police protection to apartment dwellers who lived on this tract.

Council voted to deny the zoning appeal. The Zoning Board decision of the Zoning Board was affirmed. The Council also adopted a policy on the use of city buildings; approved the handling and purchase of additional electronics for the fire department, and authorized the mayor to sign a contract for the CASCO utility systems.

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Area Deaths

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Editorial Comment

Two Ways To Busing: Askew-Wallace

If forced busing had not been a prime political issue in Florida before, it surely is now.

With the advent of Gov. George C. Wallace of Alabama into the presidential preference primary of March 14th it would have been naive to expect anything else.

For this is a political issue which the still fiery Governor of Alabama whose candidacy for president in '68 carrying the banner of the American Party threatened disarray in the final result, long ago made his own. In fact his is the voice which made it racial, although never so labelled.

It is also the issue which, more than any other, has attracted the crowds, encouraged the cheers and given him a front-runner spot in the race for the Democratic presidential nomination which is being sought by tried-and-true Democrats of national stature.

Now Gov. Reubin Askew has boldly taken an open stand against the anti-busing amendment which will appear on the same March 14th ballot

and has done so with the statesmanlike approach which has marked his other decisions when the public good is at stake.

The government is in a happy political situation when such hot issues pop up it is not seeking reelection this year and is not courting popularity with the very many who are influenced more by emotions than sound and rational arguments.

The Askew position was taken only after very deep personal meditation, the weighing of the real issues and was made public in Orlando where the Orange County sentiment against forced busing has rolled up impressive majorities.

Florida voters can fruitfully remember the all-out campaign which the Askew leadership put into high gear in '71 to start the "fair play" tax reform which came into being only after the strongest opposition from powerful private interests was crushed by voters who saw in the corporation profit tax a recognition of their own tax-relief needs.

Now, the same kind of campaign will be undertaken and the theme of the Askew opposition to the anti-busing amendment will be spelled out and driven home.

In his Orlando address, the governor broadened the busing issue in this manner: "I hope that the overwhelming majority of

Floridians are committed to the goal which busing was designed to pursue. That goal is to put this divisive and self-defeating issue of race behind us once and for all."

Especially is this governor concerned about the quality of education and does not see in forced busing anything but an issue which beclouds the basic needs of quality in education and justice in race relations.

Busing is something which all of the presidential hopefuls are now addressing themselves to with increasing vigor. Seeking voter approval, the chorus of those who are asking for "yes" votes on this straw vote, which does not, of course, change the legal status of busing is almost unanimous.

Now the young Democrat who will both welcome the delegates to the Democratic National Convention in Miami Beach this summer and make the keynote address has boldly asked the voters to think deeply and vote "No."

Results of this vote will have two interesting aspects: 1. Will it prove the Wallace approach to be the only one the Florida Democrat can understand? 2. Will the Askew interpretation be accepted as not only for the Democrats in Florida but for all those, especially in the north, where busing is now a critical and explosive issue?

mentioned this to Milburn Stone, he insisted that the show was a success in spite of all that 'adult' going-on and I'm not about to argue with a man who's been with the show for all its 17 years. He may well be right. Besides, it's really accurate. We're no longer permitted to picture the Longbranch as it really was. Odd, isn't it, that as the movies became more permissive in this area, TV becomes stricter."

Originally, and for some time afterwards "Gunsmoke" rolled along in the half-hour format before expanding to an hour. Mantley talked about this.

Global View

Lack of Kremlin 'Give' Bugs Nixon

By RAY CROMLEY

WASHINGTON (NEA) President Nixon's advisers had been confident the Soviet feud with Mao's China would lead Moscow inevitably to an accommodation with the United States.

There is still strong hope for an arms agreement (SALT). But Nixon himself is known to feel personally that such an agreement, without an accompanying decline in Soviet behind-the-scenes military maneuvering in the Middle East, South Asia and Africa, would be somewhat of a mirage.

Before fighting broke out, the United States appeared in vain for Moscow to cooperate in getting India to hold off to see whether Pakistan, in response to American appeals, would agree to self-determination for East Bengal and would stop its armies from riding roughshod over the Bengalis.

The Soviet Union refused, instead Moscow used its military muscle to encourage the Indian invasion and to warn Communist China not to interfere, under the implied threat of Russian armed action.

Nixon himself is especially bitter that Soviet vetoes prevented the United Nations from moderating the conflict or achieving a cease fire during the fighting, though the General Assembly voted overwhelmingly for a cease fire and withdrawal.

As Henry Kissinger sees it, Soviet attitudes during the India-Pakistan crisis have dangerous implications for other regional conflicts.

Nixon's advisers are known to be convinced the Soviet Union has lost interest in meaningful cooperative efforts to achieve either an interim or permanent settlement of the Israeli-Arab conflict. They see the Soviet Union continue to use that conflict to perpetuate and expand its own military position in Egypt. They note that Moscow has taken advantage of Egypt's increasing dependence on Soviet military supply to gain the use of naval and air facilities in that Arab nation.

The White House believes these Soviet actions in Egypt and elsewhere in the Middle East have serious implications with regard to the Mediterranean, the Atlantic Alliance and global stability which should be ignored.

Meanwhile the Soviet Union continues to fuel local tensions in a number of African lands, meddling in local quarrels and local politics in ways that could lead to armed conflict.

So far as can be determined, neither Nixon nor his advisers have given up hope. They believe that the pressure of Communist China's growing nuclear power and the vigor of Mao's worldwide counter-Soviet drive will bring Moscow (perhaps kicking and screaming all the while) to a more moderate stance worldwide. But they admit they have not much to go on to date—except for the arms talks.

One Man's Opinion A Longer Life--Beset by Ennu?

By DON OAKLEY

There is no reason why the life of a human being could not be extended to 150 or even 200 years, says a prominent Soviet scientist.

The key to understanding and ultimately controlling aging is to learn more about the chemistry of cells, the building blocks of life, according to Dr. Veselod Yenaleyev, dean of the faculty of chemistry at Donetsk State University in the Ukraine.

Interviewed during a recent visit to the University of Akron, Yenaleyev predicted that the secret of prolonging life would be found "in our lifetime." (Yenaleyev is 43.)

By interesting coincidence, a few weeks later another prominent Soviet scientist warned of the growing threat to civilization in the increase in wealth and leisure time.

The technological revolution has already produced signs of social decay in highly developed capitalist countries, says famed physicist Peter Kapitza. He goes so far as to suggest that not even the Soviet Union will be immune to the process.

"Young people, not having to fear for tomorrow, lack the necessary will to fight for their existence and this gives rise to a situation in which they face no problems that require their strength and will," he says. "All this, taken together, deprives the life of young people of any permanent inner substance."

Thus, says Kapitza, they have turned to sex, narcotics and cheap entertainment to keep busy. It would be tragic if just when science was on the verge of discovering the fountain of youth (or of postponed senility), the generation which stood to benefit the most from it lost its taste for living at the ripe old age of 25 or 30.

'Gunsmoke' Lives On.. And On.. And On

By BON FREEMAN

Copy News Service

HOLLYWOOD — "Gunsmoke" endures. Oh, how it endures. For 17 years now, "Gunsmoke" has thrived and now it reigns, the prototype of the TV western, as the longest-running series still gracing prime time.

It was Steve Allen who observed, long ago, that the future of any television program is to go off the air. And one day, of course, "Gunsmoke" will breathe its last. Its demise, in fact, was once confidently predicted by Ralph Edwards, who put together a game show to run opposite "Gunsmoke."

This was a show where they gave away not only mere money, but entire towns. Edwards was so confident of his show's success against "Gunsmoke" he dispatched a writer to his friend, Milburn Stone, who is of course, of Doc Adams of Dodge City. "Hope you saved your money," the telegram said.

Seven weeks later, Edwards' show was canceled. As a concession of defeat, Edwards, whose show had been sponsored by Geritol, sent Stone a large Geritol bottle — filled with Scotch.

The foregoing is by way of prelude to a conversation I had with John Mantley, one of Canada's numerous gifts to TV, who had held the reins as "Gunsmoke" producer for the last seven years. Mantley views his project with proper affection and detachment and only one area gives him pause.

"The one thing that simply isn't real about 'Gunsmoke' is the Longbranch Saloon," Mantley observed. "It's always been my view that one reason they called 'Gunsmoke' an adult western was that originally they portrayed Longbranch for what it is."

"To pretend that in 1872 the Longbranch was just a social club really isn't very honest. In

the early episodes, we would see money being exchanged and the girls and the cowboys going upstairs. Dodge City was known then as the Gomorrah of the West. It was wild, raucous, explosive.

"When 'Gunsmoke' began, they were most explicit about the relationship between the saloon and his Kitty. They used to have what they called 'eyeballing' scenes. Matt and Kitty looking right at each other and talking in double entendre. But then censorship stepped in and it all became very pasteurized."

Mantley paused. "When I mentioned this to Milburn Stone, he insisted that the show was a success in spite of all that 'adult' going-on and I'm not about to argue with a man who's been with the show for all its 17 years. He may well be right. Besides, it's really accurate. We're no longer permitted to picture the Longbranch as it really was. Odd, isn't it, that as the movies became more permissive in this area, TV becomes stricter."

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Electric Second Car

Everyone knows that batteries now in common use would have to be recharged overnight after an electric automobile had been driven 75 to 100 miles.

So the often-predicted popularity of the electric auto continually retreats over the horizon.

But everyone is thinking about weekend trips, while a great deal of short trip driving could be easily handled by a small electric car. A study of driving in Chicago and its suburbs has shown an average of about 21 miles a day, or 5.7 miles per trip.

This is the viewpoint of the Electric Vehicle Council, which thinks the market is here and waiting, and that is of considerable interest to AMA Update published by the American Medical Association. Some calculations show the gasoline-powered automobile puts more than half of the pollution into the air we breathe—Memphis (Tenn.) Commercial Appeal

The Model V

The Ford Model V, the first mass-produced and most popular vehicle in the world, until today has been a monument to American industry and inventiveness.

Today the Volkswagen "Beetle" has passed the Model T as the number one car in record books.

However, Volkswagen manufacturers will not have an opportunity to rest for long. Even as they assume the lead, they are looking back over their shoulders at the Japanese cars whose sales are booming.

The lesson is plain. In this competitive business world, nobody can rest on his laurels.

The Sanford Herald

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BEAUTIFYING the school grounds at Hopper Elementary School are members of Gilbert Torres' fifth grade class who are planting ornamental plants and shrubs. Pictured are Jeff Raybon, Michael Barbour, Robert Kinnard, Barbette Smith, Danny Fleishman, Marie Chesser, Becky Pickelsimer and Gary Story. (Liz Mathieux Photo)

Jamaican Union Official Says:

Field Hands Held In Bondage

MIAMI (AP) — An estimated 1,100 Jamaican sugarcane cutters are being held in "bondage" conditions—cut off from civilization except for a trip to town every two weeks—at the strike-bound Tallman Sugar Corp., a Jamaican union official has charged.

"I must protest the state in which Jamaican workers are treated and held here because this is bondage," Milton Scott, president of the Maritime Union of Jamaica, said Tuesday.

Scott called a news conference with farm worker organizer Manuel Chavez to report on working conditions of Jamaican cane cutters at the Tallman fields 15 miles southwest of South Bay.

Scott said discussions with about 30 Jamaican laborers in the Belle Glade and Homestead areas supported a contention by Chavez' United Farm Workers Organizing Committee (UFWOC) that the Jamaicans "are being held prisoners by Tallman."

His investigation revealed that the cane cutters are allowed to go to nearest town of Belle Glade only on payday every two weeks, are allotted only eight square feet of living space in a camp near Homestead and are threatened with deportation if they complain, Scott said.

Scott said his union and the United Farm Workers intended to "take some action to improve conditions" of Jamaican workers. He added that he would "make a strong representation" to the Jamaican government for the state of the problem.

Manuel Chavez also told the press conference a nationwide boycott would be launched against Borden Dairy Co. products if one of its subsidiaries continued to buy and process Tallman sugar. He identified the subsidiary as Florida Sugar Refinery, located near Belle Glade in the state's sugar growing area.

Tallman president William Pawley, a Miami millionaire and former diplomat, could not be reached for comment Tuesday.

By NEIL GILBRIDE AP Labor Writer MIAMI BEACH (AP) — Organized labor, fearing a George Wallace victory in the Florida Democratic presidential primary, is mounting a special drive to persuade union members to vote against the Alabama governor.

"He's a bigot, a racist and he's anti-labor right down to the soles of his feet," grumbled AFL-CIO President George Meany.

"I think Wallace might take Florida," Al Barkan, chief political strategist for the big labor federation, said in an interview.

Barkan's Committee on Political Education has set up a special task force to work against Wallace's bid for the March 14 Florida primary and in other state primaries later.

Wallace, appealing for labor votes, so far is ignoring the criticism of his labor foe.

"I don't even want to answer it," Wallace said of Meany's verbal attack. "It doesn't deserve an answer."

AFL-CIO leaders view Wallace largely as a "spoiler" whose inroads into the labor vote will work against the Democratic nominee and help reelect President Nixon.

The AFL-CIO is expected to throw its millions in money and manpower behind the Democratic nominee—unless it is Wallace or New York Mayor John V. Lindsay.

"He has some Southern support in his own state. In fact, he undoubtedly will do as he did in 1968—he'll have some labor people with him," the 77-year-old Meany said of Wallace.

Torres has taken his class out every spare moment they have from their studies and they have been planting trees which were donated by the Forestry Service, and picking up trash and glass strewn about the campus.

Oil Exploration Rules Tightened

TALLAHASSEE, Fla. (AP) — The State Cabinet has adopted tough new rules governing oil exploration in Florida and a state official says it may add \$20,000 to the cost of sinking a well.

The new rules will govern oil exploration from the Big Cypress Swamp in the Everglades to the Jay Oil Field in the Panhandle.

Dr. Robert Vernon, state Interior Resources Division director, said the rules are the nation's most stringent and could add \$20,000 to the cost of putting down any new well.

The rules limit oil companies from interfering with sheel-water flow on the surface in swampy areas by building roads, except where absolutely necessary, or by digging canals. Exploration sites must be restored later.

Other provisions require removal of oil from well sites by pipeline, and require safety shutdown valves to guard against spills or fire.

Tom Morrill, a Tallahassee environmental activist, accused the Cabinet of holding up the filing of a suit to stop the alleged destruction of the Wakulla River and Wakulla Springs by Ed Ball, a millionaire Jacksonville financier.

Joel Kuperberg, director of the agency, said there was no lawsuit and none was contemplated because the state was involved in secret negotiations—presumably with Ball—to locate the water bodies located some 20 miles south of Tallahassee.

He refused to say whether the state was attempting to purchase the land, or give any details of negotiations.

Parameedics Authorizes physician trained mobile rescue paramedic personnel to administer emergency medical treatment to patients without parents consent. SB377. Sen. George Hollahan, D-Miami.

Emergency surgery — Allows emergency medical care or treatment to be given minors without parents consent. SB377. Sen. David McClain, R-Tampa.

Capital punishment — Creates a capital punishment study commission. SB805. Judiciary-Criminal Committee.

Marjaniya — Makes first convictions of drug paraphernalia a misdemeanor. SB389. Sen. Gerald Lewis, D-Miami.

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Tallahassee Tally

By THE ASSOCIATED PRESS Tuesday, Feb. 22, 1972

The Governor: Took no action relating to the Legislature.

The House: Bills passed: Bingo — Prohibits commercial bingo parties. HB380. Rep. George Firestone, D-Miami.

Family planning — Encourages family planning and provides the state will pay for sterilization of poor persons. HB394. Rep. Richard Hodges, D-Tampa.

Drunk driving — Prohibits courts from withholding adjudication of guilt in drunk driving cases. HB396. Rep. Fred Jones, D-Auburndale.

Tenant rights — Gives tenants the right to pay rent into accounts held by the courts during legal actions against landlords. HB320. Rep. Marshall Harris, D-Miami.

Bills defeated: Contracts — Voids provision holding construction contracts free from liability. HB778. Re. John Clark, D-Lakeland.

Emergency medical care or treatment to be given minors without parents consent. SB377. Sen. George Hollahan, D-Miami.

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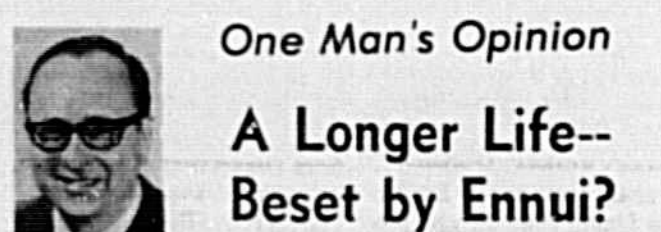
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One Man's Opinion A Longer Life--Beset by Ennu? By DON OAKLEY

There is no reason why the life of a human being could not be extended to 150 or even 200 years, says a prominent Soviet scientist.

The key to understanding and ultimately controlling aging is to learn more about the chemistry of cells, the building blocks of life, according to Dr. Veselod Yenaleyev, dean of the faculty of chemistry at Donetsk State University in the Ukraine.

Interviewed during a recent visit to the University of Akron, Yenaleyev predicted that the secret of prolonging life would be found "in our lifetime." (Yenaleyev is 43.)

By interesting coincidence, a few weeks later another prominent Soviet scientist warned of the growing threat to civilization in the increase in wealth and leisure time.

The technological revolution has already produced signs of social decay in highly developed capitalist countries, says famed physicist Peter Kapitza. He goes so far as to suggest that not even the Soviet Union will be immune to the process.

"Young people



Bowling 'em Over

By HERKY CUSH

Late Toyota

The oaks were really burning last Thursday night at the Lee Janes as the Late Toyota keglers came up with their best night of the season.

High series honors went to Eddie Adams who fired a 596 from games of 221, 184 and 190. Adams bowls for the Sedan team which fired a 771 team score in their first game and LAST to the Four Hoods who had a 790!

Jack Rodgers had the high single game last week as he fired a booming 238. Rogers had a 99 in the first game, an open frame in the second then put a string of seven straight strikes together before hitting a spare in the tenth. He also had a 187 game and a 580 series.

Others who hit the 200 mark last week were Roger Larsen at 215-264, John Pace 214-264, Bob Harbour 202-259, Harold Sater 212, Leon Arthur 221, Ray Merrill 213 and Mim Burtchase 205. Mim also had a 190 and a 550 series.

Also turning in fine efforts last week were Kathy Arthur 186, Pat Miller 196, Bern Hadley 191, Gene Atkins 190, Jo Ann Wright 192, Chuck Baker 189, Ernie Thorp 187, Don Whinston 177, Jay Poynter 182, Jim Brown 180, Benjie Patterson 172, Millie Rogers 176, Marge Augusto 173 and Ann Larsen 178.

As far as team action was concerned things lightened up a bit with the Flat Tires taking three from the first place B's & J. The second place Sedans split. The Beep Beep lost four to the Radators. And the B-Sers were dumped three times by the Gascaps.

DAV Bantam's

The Chicago Teddy Bears now own a four game lead in the Bantam's bowling league. Sparking the first place club in last week's action were Aaron Kaufman 160-47, Tracey Treves 148-374 and Jim Walker with a 147-351.

Kelly's Heroes still have a firm hold on second place. High for Kelly's last week were Jack Doyle 146-373, Jerry Kaiser 115-319 and Durrell Tate 215-212.

The Hot Shots, paced by Norman Pat 124-328 and Ricky Lawrence 147-360 have a strong grip on third place.

Other highs in the league last week were turned in by Kelly Dougherty 127-351, Brian Burgess 134-326, Gene Bukur 114-321, Richard Lewis 129-329, Jimmy Miller 106-306, Mike Towers 116, Robert Ripley 101, Larry Jones 125-356, Mike Link 149-357, Ray Wolf 121-352, Janell Spolski 125-331, Beth Burkart 120-313, John Gliese 122-312, Billy Burkart 130 and Tracey Dixon 102.

Florida State Bank

Dick Spencer kept the Money Raiders ahead of the "game" last week as he unloaded a red hot and steady 192, 213, 196-596 to keep his club in first place. Helping Spencer was a 180 by Bill Painter.

Taking over second place last week were the Mutlators who swept their series from the M&M's. Joe Pauline 225-669 and Jack Kaiser 220-643 were the big reasons why the Mutlators could capture all four games.

Top Dollar, paced by Ken DeJering 190 and Bud Myers 186 swept past the Penny Pinchers. Frank Furd had a 180, 182-514 for the losers.

Other top games last week came from Elmer Avenel 170, Jack Homer 166, Ron Hehney 211, Ron Morris 211, Charlie Plant 181 and June Plant 197.

Hi Nooners

Millie Rogers broke from the pack last week and propelled Lam's of Winter Park to a sweep of Crawford Electric. The steady 184, 182, 189-635 by Millie helped Lam's even their season record at 44-48.

Stenstrom's retained its half game lead over Joe's Laundry with three wins over Pinescent Kiddie Korner. Mae Greer 142 led Stenstrom's. Janet Baur's 179 helped Pinescent to its lone win.

Kay Sasman's 148 led Joe's Laundry to three wins over Southward Realty. High for Southward was a 146 by Rosalie Burkart.

Seminole Printers

The Business Cards cut the Type Setters lead in half last week by taking four games from the leaders. Rose Messersmith's 157, 186-460 led the Cards. High for the Type Setters was a 130 by Franke Kaiser.

The Posters got five individual efforts from Eddie Mylitt 186, 174 and Dot Lee 155 but still lost three to the Khags. Moving up in the standings last week were the Ohgs who broomed the Envelopes behind Hazel Bauder's 171 and Kaye Williams 194. Millie Garner 155 was high for the Envelopes.

Other high games last week came from Lis Graham 171, 152, Lis Harich 166-404, Dianne Lives 170, Elva Hitchcock 161, 156, Rosalie Burkart 158, 158 and Helen Harbour 157, 167.

Seminole Memorial

A split in last week's action with the Night Owls did little to hurt the first place Kangars who still enjoy a 14 game lead in the Seminole Memorial League.

In that split last week Bill Griffith fired a 176, Emily Griffith 162, and Ken and Glenna Trutschel each had a 140 for the Sutors. For the Night Owls the high's were by Kathryn Otto, Mary Martin 146 and Jack DiMartino 166.

Other high games last week came from Milton Hanna 190 and Dot Dyer 133. Making fine splits last week were Ken Trutschel the 5-10, Bill Griffith the 4-7-10 and Elaine Hamar the 4-7-10 and 5-7.

Generation Gap

Able Rent-All came up with a clean sweep of the Brown Owl Ceramics to strengthen its lead in the Generation Gap loop.

Alice Homan's 182-434 sparked Spenco to three wins over Florida Convey Blue Andrea Williams unloaded a 171-425 to pace the Carv-O-Best Pet Palace to a sweep of Fausto Drugs.

Also coming in with a fine effort last week was Bobbie Retailo whose 174-445 led the Retailo Painting to three wins over Florida Convey White.

Other high games last week were turned in by Annette Wallstedt 171, Jill Hobst 188, 165-475, Cora Marcotte 26, 154, Franke Kaiser 177-461, Sharon Tills 144, 145, Millie Garner 184, Joan Nordquist 142, 158, Harriet Dougherty 157, Phyllis Walsh 165, Carolyn Street 154 and Lois Owens 167.

In 1972 Prep Lid-Lifter Seminoles Rally For Diamond Victory

By GARY TAYLOR
Herald Sports Editor

The Fighting Seminoles pushed across two runs in the bottom of the last inning to defeat the Boone Braves 4-3 in the baseball opener yesterday afternoon at the Seminole High field.

The game pointed out many weaknesses in both squads as the two teams took to the field for the first time in 1972. Boone's performance on the field was a key factor in the loss as the Braves committed six errors.

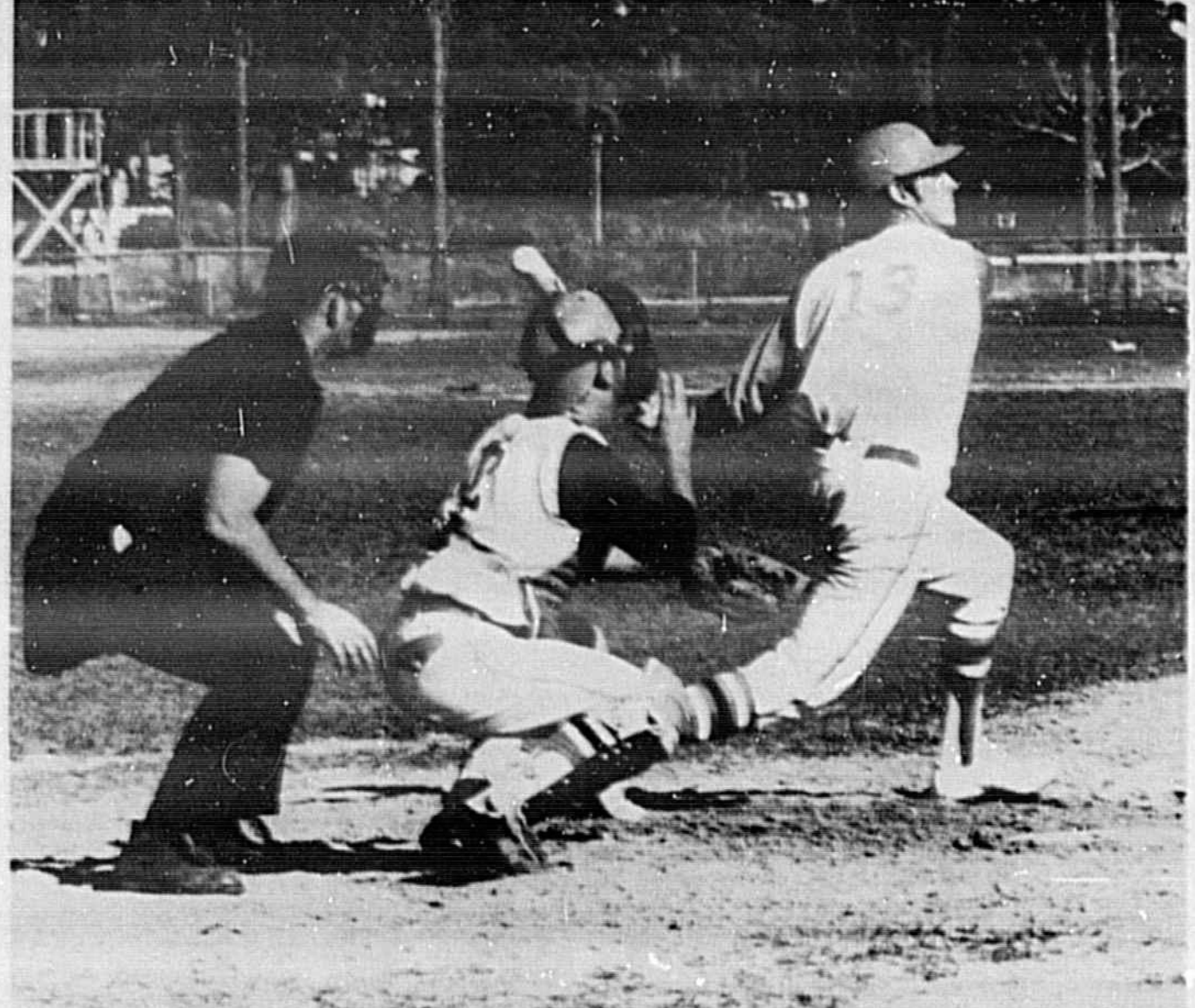
The Braves had a man or

third with one out in the top of the opening frame after Ray Weaver walked, but Seminoles hurler Nick Brady fanned a pair for the second and third outs. Sanford jumped ahead 2-0 in the bottom of the frame as Charles Duhart walked to lead off the frame and then stole second. Bobby Reynolds reached first and Duhart scored from second when the Boone shortstop bobbled a ball. With one out and Reynolds at third base two strikeouts, Dickie Dean bounced a grounder and the throw went to the plate too late to stop Reynolds. The Tribe stranded a

man on third as the inning ended.

Boone had runners at second and third with one out and Sanford put the leadoff runner on in the second frame, but neither team could score. A walk and an error were enough to produce a run for the Braves in the top of the third frame. Chris Daum came in to relief for Brady for the Seminoles in the top of the fourth frame. He started off with a bang as he fanned the first three men he faced.

Boone tied the game at 2-2 in the top of the fifth inning with a



Drop Metro Foe Jones

NICK BRADY takes a cut and lashes out a base hit during Seminole High's season opener yesterday. The Seminoles put on a last inning rally to down the Boone Braves 5-4. The next

game is Friday afternoon at 3 p.m. when the Seminoles host the Apopka Blue Darters. All home games are played in the field behind the school gym. (Bill Vincent Photo)

Lyman High Opens With Win

Unlike the Lyman High basketball team, that had difficulties earning their first Metro Conference win, the Greyhound diamond squad opened the 1972 season with a convincing 2-1 victory over the Jones Tigers. It was the season lid-lifter and was terminated after six innings under the 16-run lead.

Jones jumped ahead 1-0 in the top of the opening frame, but the lead was short-lived. Lyman tied the game at 1-1 in the bottom of the first and went ahead 2-1 in the second. James Keane led off the first with a walk and later scored on a sacrifice fly by Randy Brooks.

The second inning was also started by a base-on-balls and the scoring in both innings was without the aid of a base hit, though the Hounds were helped

by Jones fielding errors.

The Greyhounds broke the game open with an eight-run outburst in the third inning. They slugged eight hits during the inning, with five of them going for extra bases. Sam Parker and Bob Constantine led off the inning. Dan Radovic and Kevin Stephenson added doubles. The Hounds sent 12 men to the plate and most of the runs were earned as the Tigers made only one error in the inning.

In the Lyman sixth, the first three batters reached on walks. The game was over as Meadows was hit by a pitch for free in the 11th run.

With the weak opponent, coach Jim Payne substituted freely and 14 boys were in the lineup during the contest. Due to the number of substitutions,



Red Wings, Rangers Rally For Victories

By THE ASSOCIATED PRESS

If there was one thing to be learned by Tuesday's National Hockey League action, it was for teams not to count their two points for a victory before the final buzzer.

Toronto and Montreal raced to quick, fat leads but both wound up on the short end with Detroit coming from four goals down to defeat the Maple Leafs 5-4 and New York edging from three back to take the Canadiens 7-3.

In Tuesday's other game, Boston edged Vancouver 4-3. Both the Red Wings and Rangers used third-period thunder to come up with victories. Detroit bunched three goals in the final 20 minutes by Nick Little, Dave Green and Ted Green to complete the comeback against the Leafs, while the Rangers exploded for six third-period goals to overtake Montreal.

Toronto, stung earlier in the season by the announcement that goalie Bernie Parent had signed a contract with the new World

HERALD SCOREBOARD

TEAM	AB	R	H	E
JONES	21	1	0	0
E. Thomas, r-p	3	1	0	0
J. Swainson, c	3	0	0	0
Turner, 1b	2	0	0	1
W. Swainson, ss	2	0	0	0
James, 2b	2	0	0	0
Meadows, lf	2	0	0	0
Freder, c	2	0	0	0
TOTALS	22	1	0	1

HERALD SCOREBOARD

TEAM	AB	R	H	E
LYMAN	20	2	1	0
L. Brown, 2b	1	1	1	0
Keane, 1b	0	0	0	0
Brooks, lf	3	1	1	0
Radovic, ss	0	0	0	0
Nick, ss	3	1	1	0
Stephenson, cf	3	2	1	1
Chunat, p	2	0	0	0
Parker, 1b	2	0	0	0
Meadows, lf	1	0	0	1
Brooks, c	2	0	0	0
Freder, 2b	1	1	1	0
Keane, 1b	0	0	0	0
Heims, rf	1	0	0	1
Constantine, p	0	0	0	0
TOTALS	21	11	10	1

Ice Hockey Association, ran up a fast 4-0 lead against Detroit on two goals by Paul Henderson and one each by Dave Keon and Darryl Sittler.

But Olympian Henry Boucha, playing his first game for the Wings after signing a pro contract only a day earlier, put Detroit started with a second period goal and then Libett's first of the game made it 4-2, setting the stage for the late heroics.

The victory lifted Detroit two points ahead of Toronto in the battle for fourth place in the NHL's East Division.

Montreal hit the Rangers for three goals, two of them by Pete Mahovich, in the first 8 1/2 minutes of their game. After that, the Rangers played goalless until 3:1, the game settled to settle into a defensive, checking struggle.

But Jean Ratelle narrowed the lead to a single goal 3:40 minutes into the third period and then Brad Park stick-handled the length of the ice for an unassisted goal, tying the score.

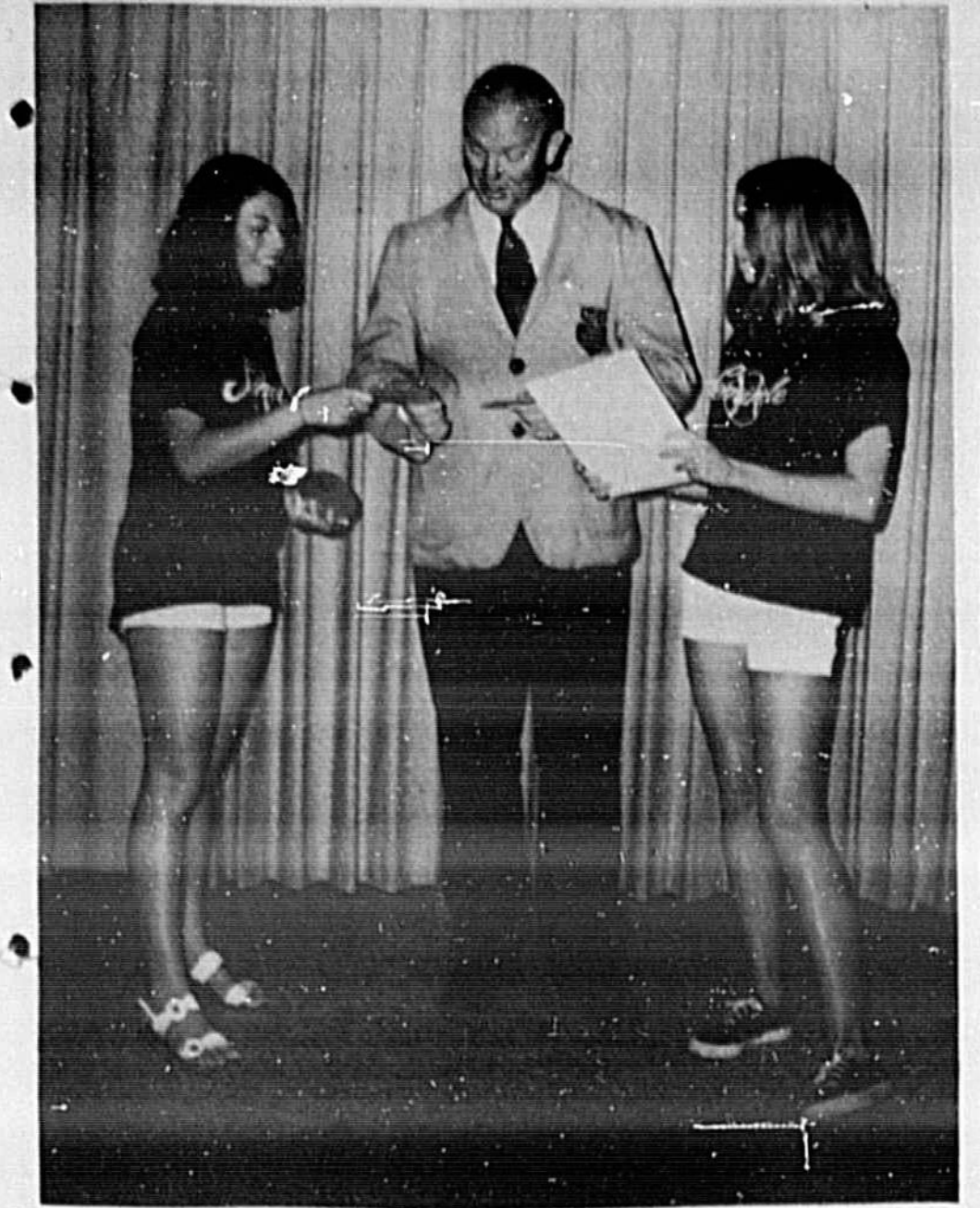
DOG RACING

Now thru April 24
Maidens: Monday, Wednesday & Saturday
Pur Times 1:45 p.m. and 8 a.m.
Play The Fabulous Big Perfecta
Watch Your Favorites On
Closed Circuit TV

SORRY NO MINORS

SANFORD-ORLANDO KENNEL CLUB

10 Miles north of Orlando between 100 and 150



TWO MEMBERS of the Seminole Junior College baseball "Hot Pants Patrol" are shown selling Sanford Recreation Director Jim Jernigan a season ticket to see the Raiders play. The girls are Teresa Stebbins (left) and Judy Williams. The Raiders entertain Emory-Riddle tomorrow at 3 p.m. and host Palm Beach for two games starting at 1 p.m. Saturday. All home games are played at the Seminole Little Field located on Sr 419 near Five Points.

Outfielder Swings Kids From Drugs

By ART ARTHUR
Copley News Service

CHICAGO — Walt Williams, who spends his summers at Longwood, host Lyman and the Sanford Seminoles are among seven teams that will battle for the District 5AAA crown.

Gainesville, receiving the opening round "bye" and will not see action until Friday night. Three games are on tap for Thursday. The 6 p.m. opener will pit number one seeded Mainland against Lake City. Number two seeded Sanford will battle the Deland Bulldogs in the 7:45 p.m. tilt. At 9 p.m. the host Greyhounds try for a win against fourth seeded Seabreeze.

Jim Williams Named FAMU Grid Mentor

TALLAHASSEE, Fla. (AP) — Jim "Big Jim" Williams Tuesday was named Florida A&M's third new football coach in as many years.

FAMU president B. L. Perry introduced the 48-year-old former Rattler quarterback, who has been an assistant coach at Tampa for the past three years, at a capital news conference.

"We are pleased to have found such a talented and dynamic individual to head our football program," Perry said. "We have every reason to believe that Big Jim can carry on the right football tradition here at Florida A&M."

He said Williams was selected by a university committee from among 15 candidates for the job vacated in January when former Coach Clarence Montgomery died of a stomach ailment.

"Marjanna is the stepping stone to hard drugs," Williams said. "If kids start smoking a lot of it, the body gets accustomed to it and they start looking for something else."

"Quite often, that something else is a hard drug, a drug like heroin. To get turned on, the kids start shooting that stuff. I know a lot of people say pot's no worse than having a few drinks, but it's what it leads to that's the bad part."

According to Williams, "Many kids could be headed away from drugs if their parents were just aware of what was going on. If they only knew something about drugs and their effects."

"But," the athlete added, "too many parents just aren't interested."

"Or, just as bad, they just can't believe it's possible for their Johnny to go for drugs."



THE LIONS captured the Sanford Recreation Department intermediate league title with a recent win over the Eagles. Members of the team are (left to right) front row, Kevin Harrison, John Bales, and Ricky Mann. Second row, Coach Jim Williams, Drew Blonganni, Presto Richard, Jimmy Smith, Roger Mills and Jeff Sweeney.

Big Ten To Rule On Suspensions

THE ASSOCIATED PRESS

"We can't get up for the little ones," sighed Maryland Coach Charles "Lefty" Priesel.

Fortunately, Lefty's 12th-ranked Terrapins got up after the intermission Tuesday night, outscoring Richmond 10-3 in the opening four minutes of the second half and rolled to a 76-61 victory over the Spiders.

But collegiate basketball's biggest news of the day occurred on the court but in one — in Minneapolis' U.S. District Court, to be precise — where Judge Earl Larson ruled that, unless the Big Ten Conference upholds the suspensions of Corky Taylor and Ron Healey, the two Minnesota basketball

players will be reinstated on the team.

The players were suspended by Minnesota and the Big Ten for their part in a brawl-mart-d game Jan. 25 between the Big Ten's Michigan and Illinois. Minnesota lifted the suspension three games later but the Big Ten maintained it and will conduct a hearing Thursday to decide the players' future.

"I hope we can get a fair hearing and get a chance to play again," said Healey.

Richmond led 38-33 at the half before the host Terrapins, en route to their 10th victory in 22 games, went on their 10-2 tear, sparked by sophomore Tony McMillen, who scored 19 of his game-high

35 points in the second half. Roger Hatcher scored 19 to lead the Spiders, 6-18.

In Tuesday night's other major action, Wisconsin rallied for a 75-66 victory, Wichita State won a 75-66 victory, Wichita State won, played a hard second-half rally to break to run over Drake 56-71. Holy Cross withstood a second-half rally to beat St. John's, N.Y. 75-71.

Harry Larrabee's six free throws in a 38-second span. Texas Christian outscored Baylor 13-0 in the closing minutes for a 75-66 victory. Wichita State won, played a hard second-half rally to break to run over Drake 56-71. Holy Cross withstood a second-half rally to beat St. John's, N.Y. 75-71.

SJC Game Canceled

The game between the Seminole Junior College Raiders and Valencia, scheduled for tonight at the SJC gym, has been called off due to playoff action in District III.

The disqualification of a player at Hillsborough left Valencia and Lake-Sumter tied for second place. They'll meet in a playoff game tonight with the winner advancing to the state tournament.

Meanwhile, the Raiders also have a playoff game to worry about. They ended the District II season in a tie for first place with Lake City. The two powerful squads are scheduled to tangle next Monday night at 6

p.m. at the Central Florida Junior College gym in Ocala.

The game is being played on the neutral floor so neither team will have an edge. Shorty Long of Jacksonville and Tommy Haden have been selected as the officials for the crucial tilt.

The next game for the Raiders will be this Saturday at 1:30 p.m. at the Winter Park High gym when they tangle with the Stetson JV's. The game is a preliminary to a varsity battle between the Stetson Raiders and the powerful Florida State University Seminoles.

The Raiders have been hampered by injuries in the late stages of the season. Bob Hurst,

who was second in both scoring and rebounding, has been lost for the remainder of the season with an ankle injury.

Don Patton has missed several games and is also suffering from an ankle injury. He played about four minutes in the Raiders' last outing, but his playing status and starting ability is still questionable.

Joe Carter and Robbie Clifford have been doing fine jobs for the Raiders, coming off the bench to fill vacancies. Larry Kearse, Conner Copeland and Willie Faulk and all that remains of the original starting five. Bill Corso has also been a starter for most of the second half of the season.

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Static wheel balance (1.22 each wheel)

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Sanford Division Of Family Service Honors Carolyn Carter After 29 Dedicated Years



MRS. WALTER L. (CAROLYN) CARTER poses in the garden of Maisen & Jardin where she was honored at a luncheon by Division of Family Services of Sanford, upon her retirement after 29 years service.

(Marilyn Gordon Photo)

By MARILYN GORDON
The Sanford office of the Division of Family Services played host Feb. 15 at a luncheon honoring the retirement of Carolyn L. Carter.
Mrs. Carter was born and educated in Georgia. She is a graduate of Wesleyan College, Macon, Ga. After her graduation she taught school for one year but discovered teaching was not for her.
After her marriage to Walter L. Carter of Oviedo, and a short residential period in Oviedo they returned to Georgia to live.
It was there that Mrs. Carter helped with a National survey of the W.F.A. program. That was the turning point for her. She decided to enter social work. They moved back to Oviedo and she accepted a job in Sept., 1941, as a social worker with the State Welfare Board, now known as the Division of Family Services.
At this time, the office was located in the basement of the Seminole County Court House

and was shared with Mrs. Abbie W. Boyd, county director.
The staff consisted of four members who commuted twice weekly to Titusville, for supervision. Due to the World War I, the office was moved to the Meisch Building and an area office established in Sanford to conserve mileage. In 1943, the staff from West Volusia was transferred to the Sanford office for the same reason.
In December, 1944, Mrs. Carter moved with her family to Columbia, S.C., where she became executive secretary of the Crippled Children's Society of Richland County, S.C., and the W.F.A. program. That was the turning point for her. She decided to enter social work. They moved back to Oviedo and she accepted a job in Sept., 1941, as a social worker with the State Welfare Board, now known as the Division of Family Services.
At this time, the office was located in the basement of the Seminole County Court House

Oviedo Women's Club Hosts Dinner Party For Husbands

By LIZ MATHIEUX

OVIEDO — The members of the Women's Club of Oviedo had a covered dish dinner in honor of their husbands and friends at the club house on Thursday, Feb. 16, at 7:30 p.m.

Valentine theme of hearts and flowers was used throughout the appointed party area. A mobile of cupid and bright red hearts served as a conversation piece. An arrangement of red and white Camellia Japonica was used as the centerpiece for the tables which were overlaid with crisp white linen cloths.
Lovely corsages of white carnations were presented to the president, Mrs. Joseph Leinhardt, Mrs. Phillip Goree, program chairman, and Mrs. Arnold Haverlee, wife of the guest speaker.
During the evening Mrs. Leinhardt presided at the piano to present soft background music.
The guest speaker, Arnold Haverlee is a native of Denmark who now resides in Oviedo. Mr. Haverlee presented an exciting, recounting of his experiences with the O. S. S. as a World War II spy.
Hostesses for the evening were Mrs. Sue Parker, Mrs. Erwin Able, Mrs. Richard Feinberg and Mrs. Jack Rogers.



Token Of Appreciation

DeBARY GARDEN CLUB Reception shows Mrs. Ruth Erickson, right, former resident of DeBary now residing in Sanford, receiving a gift from the club in recognition of her work and help on publicity over the past years. Presentation was made by Mrs. Laura Arrington on behalf of the club. The gift, a gold four-leaf paper weight, was inscribed "one for hope; one for faith; one for love; and God put in the fourth for luck."

(Dot Drew Photo)

Bridge Club Announces Winners

DelBary Duplicate Bridge Club met Feb. 15 with 13 tables under the direction of Oscar Crosby.
Winners were north-south, first, Mr. and Mrs. M. Accardi; second, Mrs. Alvin Facchin and Don MacNaughten; third, Mrs. R. Nichols and W. Stone; fourth, Mrs. Donald Johnston and Mrs. Frances Ogden; fifth, Mrs. Norman Meyer and Mrs. Edwin Wachter; sixth, Mr. Sauer and Dr. R. R. Roseborough.
East-west, first, Mrs. Elsa Unkles and Mrs. K. David; second, Mrs. G. Pearsall and Miss Ethel Johnson; third, Mrs. Ruth Gallagher and F. J. Shoemaker; fourth, Mr. and Mrs. F. Williams; fifth, Mrs. A. G. Besom and R. Stevens; sixth, Mrs. Dolores Finn and A. Wheatley.

VFD Auxiliary Crowns A Queen

By LIZA BAKER
The Ladies Auxiliary of the Chuluota Volunteer Fire Department held a Valentine Day luncheon at Otto's Hofbrau Haus in Sanford.
Each member was given a valentine and on this she was to write a name of her choice for Valentine queen.
President Katherine Kirk received the most votes and was crowned the Valentine Queen by Ruth Boswell, with Jean Knight as runner-up.
Queen Katherine said, "I've

UDC Chapter Slates Meeting

The United Daughters of the Confederacy will meet this Friday, Feb. 25, at the home of Mrs. M. R. Strickland in Kingswood Court, Loch Arbor, at 2:30 p.m. for the regular monthly meeting.
Cdr. G. R. Strickland (ret) will review conditions in 1961 as related to the history of present day conditions.

KEEP GOING

When you've spent all that time making up your face with foundation, blusher and creams, don't forget the neck, earlobes and chin.
Eye shadow which is applied with water seems to last longer and you can get the color you want from subtle to bold by adding more or less water. If you prefer softer pastel shades, brush on shadow shades closer to the original color.

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Mr. and Mrs. Marvin Northrop of 666 Lake Drive, had a surprise two-day visit from Mr. and Mrs. Wilfred Heams, from Turner, Mich. The Heams left for Port Richey where they will vacation before returning to their Michigan home in March.

Jim and Jean Baker and their daughter, Tracy Michele, are guests at the home of Emory and Mary Theiss. The Bakers are coming from Newark, Ohio, plan to make their home in the Central Florida area. Coming to Chuluota with the Baker's is Cecil Guy from Newark, Ohio. His wife and family will be flying to Florida in the near future.
Sgt. James D. Wagner has arrived at the home of his parents, Mr. and Mrs. Harold Martin, 571 East Fifth St. Upon Crosby.

Leap Year Special!
GOOD THUR. TUESDAY, FEB. 29
Frederick's
Tru - Curl Cold Wave
\$9.95
Texture Control Creme Cold Wave with lacinol and all conditioning neutralizer. Has penetrating lotion for a longer lasting wave. Reg. \$20.00
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"My husband, Alexander, is a Lt. Commander in the Navy. Four years ago he was reported missing in action. There's a chance he was taken prisoner and is still alive. But I don't know. And I can't find out. Hanoi won't tell our government. Hanoi won't tell me."

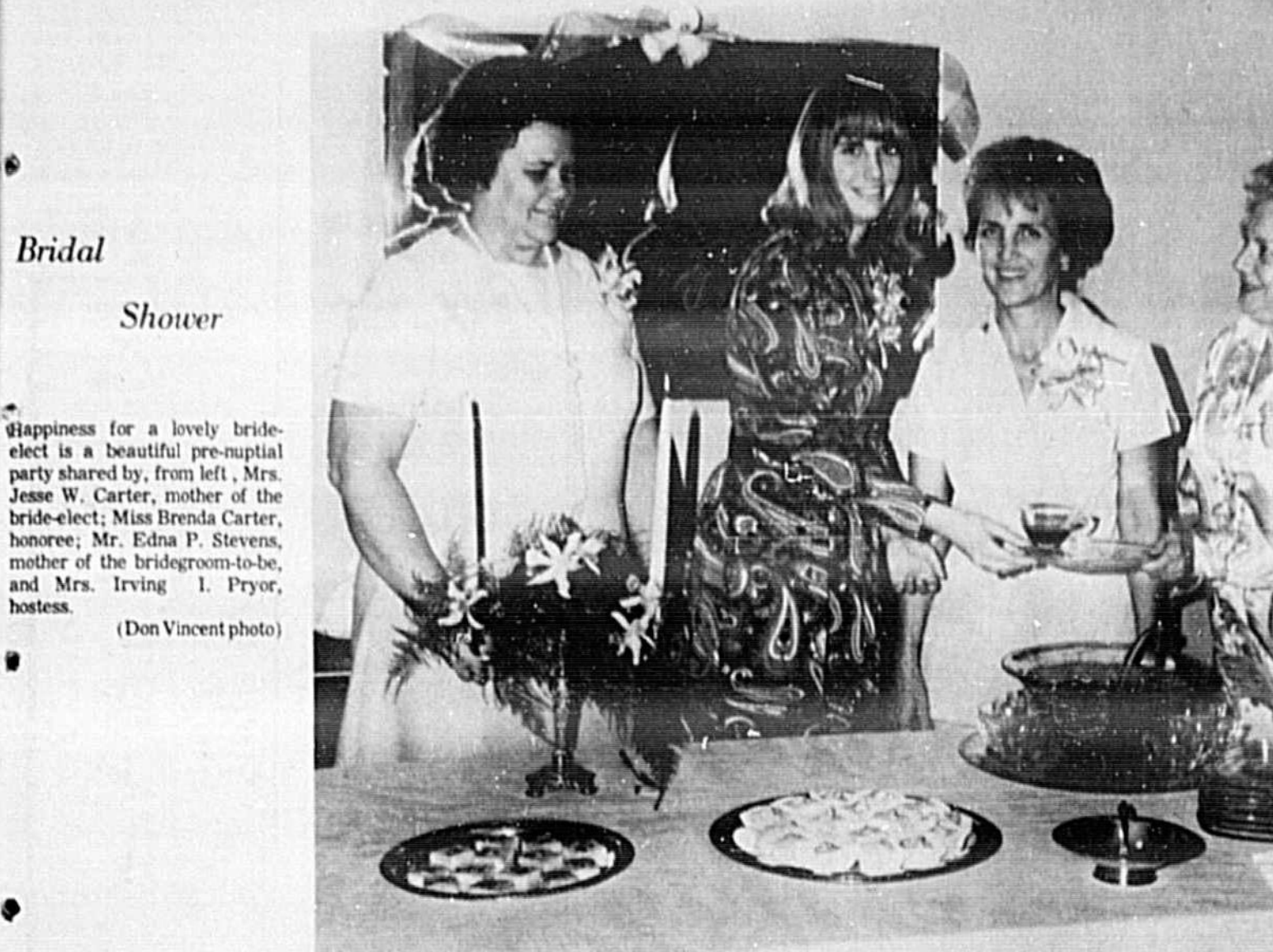
One side of the POW question is not complicated. That's the human side.
ALTHOUGH the prisoner-of-war question is often complex and even confusing, one side of it should be very simple. That's the part that deals with the treatment of prisoners of war. That's not a political issue, but a human issue.
Of course, we all want the war to end and the prisoners of war to be released as soon as possible. But meanwhile there is no need for Hanoi and its allies to delay even a day in answering this plea: Let your POW camps in North Vietnam, South Vietnam, Cambodia and Laos be visited by neutral observers. Let the world know the names of the men you have held so long in secret captivity.
Assure the world through unbiased official observers that you are treating American Prisoners according to humane standards long practiced by civilized nations.
That's the issue. It's that simple. It's that non-political. It's that human.
Hanoi can open its prison camps to neutral observers without bargaining, even without consultation. By doing so now, Hanoi would earn the gratitude of millions of Americans and find new stature in the eyes of the world.
We ask no more than we give. All American and South Vietnamese prison camps are inspected regularly by official neutral observers—The International Committee of the Red Cross.

Mrs. Irving Pryor Entertains For Miss Brenda Carter

Miss Brenda Carter, brisolee of Ronald Stevens, was honored by Mrs. Irving I. Pryor with a miscellaneous shower. Lovingly in a purple print hostess gown, Brenda was presented an orchid corsage. Corsages also were presented to her mother, Mrs. Jesse W. Carter, and Ronald's mother, Mrs. Edna P. Stevens.
A Past Worthy Advisor of Rainbow Girls, and a member of Seminole Chapter No. 2, Order of the Eastern Star, some of Brenda's friends from these organizations invited to share the evening with her included Mrs. Joe Corley, Past Mother Advisor of Rainbow Girls (Brenda's mother is the current Mother Advisor), Mrs. Edna P. Stevens, Mrs. Fred Stein, Mrs.

James Hayes, Mrs. Elton Warren, Mrs. W. D. Hawkins, Mrs. John LaRosa, Mrs. R. E. Peurifoy, Mrs. Larry Cole, Mrs. H. L. Moore, Mrs. Harvey Dunn, and Mrs. Eugene Brewer (Brenda's grandmother).
Also the Misses Jorie Humney, Kathy Stewart, Sherrie Greene, Janet Hawkins, Buffy Keesh, Linda Nugaria, Donna Mielz, Ellen Betts and Brenda Spaulding.
A game, entitled "Engagement Announcement" was played with prizes going to Brenda and her mother. The game featured prizes of page 6A of the Dec. 28, 1971 issue of The Sanford Herald announcing Brenda's engagement. Key words were deleted and scores were made giving five points

each for filling in the deleted words.
Another game, "Our Dream Home," gave prizes to Buffy Keesh, Ellen Betts and Brenda. This game consisted of a handmade booklet for each guest, each page showing a room of a house with scrambled names of items normally found in such rooms.
Brenda was presented a milk glass frosted cake stand by her friends.
Refreshments of Bacchus punch, nuts, petits fours led in yellow with a small leaved flower and party sandwiches topped with roses made of pieces of radish, stuffed olive, and parsley for the stems and leaves.
Service was from a table overlaid with a jopuill yellow satin-bound sheer cloth. The centerpiece was a three-branched candelabra holding two tall white candles, the center space arranged with lavender orchids. Fern entwined the candles and flowers.



Bridal Shower

Happiness for a lovely bride-elect is a beautiful pre-nuptial party shared by, from left, Mrs. Jesse W. Carter, mother of the bride-elect; Miss Brenda Carter, honoree; Mr. Edna P. Stevens, mother of the bridegroom-to-be, and Mrs. Irving I. Pryor, hostess. (Don Vincent photo)

Mrs. Frank Woodruff III Elected President Birdwoman Of Florida Addresses Garden Club

The Sanford Garden Club gathered for the annual February luncheon, business meeting and program on Thursday at the Garden Center.
Mrs. Blanton Owen, vice president and program chairman, carried out the program theme in decorations. The speaker's talk held a tall artistic arrangement of birds, plants, lilies and Azaleas, flanked by a pair of black cranes on each side.
Individual tables held an arrangement of Air Plants centered with white birds with various colors of tail feathers.
The Central Circle catered the luncheon with Mrs. E. R. Wood as chairman.
Following the luncheon a brief business session was held. A Circle attendance count was taken. Palm had the most present. A beautiful Red Rose was presented them. Rose Curtis was presented the Custodian Union as having the least present. Mrs. Carl Tillis, president, stated the Garden Club has planted a Flower bed on the Zoo grounds and will maintain it.
The nominating committee consisting of Mrs. Myron Smith, Mrs. P. L. Elmore and Mrs. Gordon Brinson gave the following slate: president, Mrs. Frank Woodruff III; vice president, Mrs. Walter Lee; recording secretary, Mrs. C. A. Anderson Jr.; correspondence secretary, Mrs. John E. Fox; and treasurer, Mrs. Irving Pryor. These women were unanimously elected to serve for the years 1972-73 and 1973-74.

Mrs. Norris Plank had as her guest, Mrs. L. W. Ross. Mrs. E. Wood had her mother, Mrs. Ella Pugh as her guest. Mrs. Kathryn Putman's guests were Mrs. Kathryn Ladd from Geneva and Mrs. Marge Jax-theimer from Fort Wayne, Ind. Mrs. Putman is a Magnolia Circle member.
Other guests of this circle were Mrs. J. Gordon Peery and Mrs. F. G. Plapp. Jacaranda had Mrs. Carl Lind, Mrs. Dorothy Hale, Mrs. Charles Stronsider and Mrs. Marie Geison as guests. Other guests were Mrs. Wanda Hubbard, Mrs. W. S. DeOtt and Mrs. Jack McFee.
Mrs. Owen presented the speaker, Joy Postle, known as the "Birdwoman of Florida." Mrs. Postle draws in color and sings as she lectures with recorded bird voices in the background. Mrs. Dorothy W. Hales assisted at the recorder.
Mrs. Postle sketched and told of the habits of Flamingos. She drew five pictures in all, Green Herons, snowy Egrets and the scene of Lake Eola, consisting of lilies and birds.
Her Murals are placed throughout this country and Canada. Her most recent murals are now at Walt Disney World.
Make your own necklaces out of string or leather or chains. All you have to add are great buttons or beads.

Deltona Charity Ball This Weekend Woman's Club Is Sponsoring Gala

By DOT DREW
DELTONA — Saturday, Feb. 26 marks the date of the Deltona Woman's Club second "Annual Charity Ball," for the benefit of its numerous charitable projects.
Dinner at 8 p.m. will be preceded by a social hour at 7 p.m., followed by dancing into the wee hours to the music of Norm Right's orchestra.
Mrs. Jesse James, general chairman of the gala event, will be assisted by the following chairman of special committees: Mrs. Frederick Weigand, tickets; Mrs. Jerry Robinson, decorations; Mrs. Guy P. Jackson, publicity and program; and Mrs. Don Williams.
Mrs. Rudolph Kraft, supper chairman, will be assisted by Mrs. Orvis Hubble, Mrs. John Routier, Mrs. Edward Brehove, and Mrs. Clifford Meyers. Supper will be served by teenage "bunnies."

—Deltona's counterpart of the famous "Playboy Bunnies," under the direction of Mrs. Mel Boren, chairman. The young bunnies include Sue Fortune, Debbie Robinson, Laura Healey, Terry Frison, Linda Spangler, Kathy Archer and Valerie Kraft.



MRS. JERRY ROBINSON, left, chairman in charge of decorations for the Deltona Woman's Club second Annual Charity Ball on Saturday, Feb. 26 shows decorations which will festoon the hall to Mrs. Richard J. Recker and Mrs. Guy P. Jackson, Publicity chairman for the gala event. (Dot Drew Photo)

'This Is The Way We Wash Our Clothes'

By MARILYN GORDAN
Bess Heavel, with the Seminole County Home Extension Club, conducted a learning session on laundry techniques for members and their guests. "When you shop for washable clothing and household linens think of the washability of the items," she explained.
Some of the things to think about are good construction, stitching, buttonholes, snaps, hooks and eyes, flaws in fabrics, even dyeing and if the article is printed the dye should penetrate the wrong side of the fabric.
According to the speaker, there are eight steps to proper laundering, the first being to sort carefully. Clothes should be sorted according to fabric, color and soil. While sorting you should look for forgotten items in pockets such as that PTA notice you have been waiting for, crayons, pens and lipsticks. Remove buckles, buttons and other trim that is not washable. Close and fasten zippers and repair ripped seams.
Always pretreat stains. Hot water will set them. Check water condition and temperature. The condition (soft or hard) and temperature range (cold, warm or hot) of the water will affect washing results. The familiar signs of hard water in the home are bathtub ring, discolored metal pans or laundry that is scratchy, dulled, yellowed or grayed.
Use the right kind and amount of laundry products. It is important to know the function of each of the many kinds of laundry products on the market. You may be using three or four products when you could be using two for just as good a job.
Get into the habit of reading and following the directions on the container. You will be surprised to find just how much information is given, such as the purpose, how to use the product, special ingredients, precautions, amount of product to use, brand name and manufacturer, and price.
When measuring use the recommended amount. Measurements are given for standard measuring cups, not for tea cups, scoops, coffee mugs and certainly not for guessing.
Know your washer and how to use it. Whether you wash in a wringer, spinner or automatic machine, the performance of the equipment and the appearance of the wash depend on how well you use the equipment.
Rinse items thoroughly and last but not least dry clothes properly.

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OFFICIAL 007 ENTRY BLANK "DIAMONDS ARE FOREVER" You May Win A Ladies Or Mans \$100.00 DIAMOND RING Courtesy Zales Jeweler
NAME _____ ADDRESS _____ AGE _____ PHONE _____
RULES: All entries must be deposited in ballot boxes at Zales of Plaza Sanford Shopping Center, Zales at Deland or Lobby of Plaza Rocking Chair Theatre Sanford no later than 8:00 p.m. Wednesday, February 23. Drawing to be held at Plaza Rocking Chair Theatre 9:30 p.m. February 23. You do not have to be present to win. Employees and their families of Zales Jewelers and Floyd Enterprises are not eligible.
Don't miss the fun and thrill of being present in case you are the lucky winner of this fine diamond ring.
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BRING YOUR CHILD IN FOR A LIFETIME MEMORY
11 x 14 ONLY LIVING COLOR PORTRAIT 99¢
YOUR BEAUTIFUL PORTRAIT PRE-SELECTED BY OUR EDITING EXPERTS
Limit one per Family Age Limit 12 years. Mother must select Adults and extra persons \$4.95 each Groups \$1.49 per person
EVANGELINE PHOTOGRAPHIC SERVICES, INC.

Good Samaritan Home Faces Deadline

By MARVA Y. HAWKINS

Annual Men's Day will be held Sunday at St. James AME Church. Theme will be "God's Plan and Man's Rebellion." Morning service, 11 a.m. speaker: Rev. J. E. Connally. Evening service 7 p.m. Panel by the youth department.

Plan now to worship with the men of St. James on this annual day. The church is on the corner of Ninth Street and Cypress Avenue. Committee is Edward Wilson, chairman; Leroy Johnson, Larry Clark and Billy Hardy. Rev. Morris Brown is pastor.

The Just Us Club is calling for help, extension of time. March 15 is the deadline for the unfinished Good Samaritan Home. This home will be finished and all patients moved in by the above date.

As you know it is a new building. It will need all of the equipment to set up this building for living. The new home is in need of the all persons, clubs, lodges, churches.

Just Baker, Brian Graham, Sherre Thornton, Jerome Thornton, and Veronica Smith. Kevin Miller, Leroy Jenkins, Gail Sterling, Kevin Collier, Kevin Fisher, and Raymond Ashley. Her grandmothers are Mrs. Ethel Wilson, of Oviedo, and Mrs. Viola Johnson, of Orlando.

Mershara and Michel Stephen celebrated their birthday Saturday, Feb. 19, at the home of their grandmother, Mrs. Hannah Pinkney, in William Clark Court. The children had a wonderful time playing games and dancing. They were served hot dogs, potato chips, ice cream and cake. Mershara celebrated her eighth birthday and Michel his sixth. Friends attending were Torance Bernard Thompson, Tracy Lynn Brown, Kile Lemont Faulkner, Sonja Noel, Kenneth Nobel, Patty King, Veronica Bradley, Dawn Allen, Samuel Redding Jr., Elizabeth Moore, Edward Robinson, Brian Brinson,

banks or any organizations who would like to finish a room fully or partly. The Just Us Club will accept any useful articles for the home. Will you help in any small or large way you can? Call or mail donations to the Good Samaritan Home, in care of the Just Us Club. Your help is needed right now. We thank you for your prayers and support. Mrs. Mary Smith president.

Sherri Lynn, daughter of Mr. and Mrs. Edward C. Wilson, celebrated her third birthday Friday, Feb. 18, at the Rescue Day Care Center. She wore for her special day a yellow, gold, plaid trimmed dress with a birthday crown to match. Balloons of many bright colors added a rainbow effect as they framed the princess of the hour. On hand to sing happy birthday and enjoy delicious ice cream and cake decorated with funny balloons is Patricia Calloway, DeCelle, Whitney Hinn, Tanya Davis, Jack Jackson, Sharon Donaldson, Dwayne Menefee, Bogart Miller, Tanya Payne, Kevin Brooks, Patrick Davis, and Williams, James Jones, Ant-



NEW GOOD SAMARITAN HOME ... DEADLINE IS MARCH 15

Reniece Jarrett Tillman was given her first birthday party at the home of her paternal grandparents, Mr. and Mrs. Angus Tillman. The little guests listened to records and played games as they enjoyed the afternoon with Reniece. Balloons and party hats were given to all the little guests. After the fun ice cream and cake was served. As the little guests departed for home they were given party candy bags to enjoy later. Those helping to enjoy the fun were Dariusus Smith, LaShella Guy, Sherman Ross, Bobby Medlock, KySharn, and Judy Smith. Parents in attendance were Mrs. Wynell Washington, Mrs. Linda Gaines, Shirley Capers, Mrs. Beverly McGill, Sandra Medlock, Patsy Guy, Josie Catherine Hawkins, maternal grandmother of Reniece, and Mrs. Marynell Randall, godmother of Reniece. Hostess were Mrs. Claudia Handell, Mary Hawkins and Benita Tillman and Valeria White.

A CUMBERLAND M.D. (AP) — Mayor Thomas F. Condon, a Democrat, switched his party affiliation last summer to attend a Republican dinner honoring Sen. Charles Mc Mathias and Conna White.

Condon, 48, changed from the Democratic party to the GOP last June 28 and back to the Democrats on Sept. 14, county election records show.



MERSHARA AND MICHEL STEPHEN ... celebrated birthdays

RODRIGUEZ ALEXANDER ... five years old

SHERRI WILSON ... 3 years old

WORRY CLINIC

By George W. Crane, Ph.D., M.D.

Jane knows 1,000 Americans die of cancer every day. Even in spite of our best hospital treatment by surgery, X-ray and chemotherapy. Yet the FDA viciously attacks Dr. Ivy though it admits it has never even tested Carcelon, a cancerous mouse or human.

Case T-509. Jane X, aged 42, just telephoned me on Charlotte, N.C.

"Dr. Crane," she spoke in a surprisingly cheerful voice, "I just read your recent column about Dr. Ivy's hormone treatment of cancer."

"And I am doubly interested for I have cancer in both lungs, as well as the liver and colon!"

"Since I am thus apparently a cancerous mouse or human, I am naturally grasping at straws. My cheerful effort is to fool my family!"

"How does Dr. Ivy's method differ from the usual hospital surgery, X-ray and cobalt therapy?"

DR. IVY'S CARCELON. First, Dr. Ivy's method also attacks any hidden cancer cells that may have spread from the original cancer.



SHERRI WILSON ... 3 years old

... five years old

... five years old

... five years old

... five years old

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Teeming Life Lacking A Day in China

By HUGH A. MULLIGAN, AP Special Correspondent

PEKING (AP) — One day in the life of a New China Hand: Well, what do you know, it's dawn and already the people of the People's Republic of China are on the rooftops and in the streets doing calisthenics. The 6 a.m. news in Chinese mentions the names President Nixon and Premier Zhou En-lai several times in a 15-minute broadcast that is immediately followed by an exercise program done by the numbers to revolutionary martial music.

Peking is a city where you seldom see a television aerial, wearing make-up or a girl, juke boxes are nonexistent, and Communist salesmen are depressing factories, communes and apartment complexes and upgrading the city's poverty to just about subsistence level. The Communist reformers in two decades have come up with an architectural style best described as institutional grim.

Aside from the tiled roof palaces of the Forbidden City and what's left of the old city wall, Peking is a drab city of massive neo-Stalinist office buildings and depressing factories, communes and apartment complexes and upgrading the city's poverty to just about subsistence level. The Communist reformers in two decades have come up with an architectural style best described as institutional grim.

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Beef/Hash Brown Pie

By AILEEN CLAIRE
NEA Food Editor

Health food followers will find a Beef 'n' Hash Brown Pie packed full of iron and B-vitamins so often lacking in daily diets. It contains ground beef, cheese and wheat germ. For the health-conscious, the pie is a good added flavor and binder to meat loaf, hamburgers, chicken or turkey stuffings or breads. Serve with a green or yellow vegetable and a crisp salad.

BEEF 'N' HASH BROWN PIE

- 1 egg, lightly beaten
- 1/2 cup soft bread crumbs
- 1/2 cup wheat germ
- 1/2 cup milk
- 1 1/2 teaspoons salt
- 1/4 teaspoon hickory-smoked salt
- 1 teaspoon monosodium glutamate
- 1/2 teaspoon pepper
- 1/2 cup minced onion
- 1/2 cup minced parsley
- 1 1/2 pounds lean beef, ground
- 1 package (3.5 ounce) dehydrated hash browns with onions
- 2 tablespoons melted butter or margarine
- 1/2 cup grated sharp Cheddar cheese

Combine first 10 ingredients; mix well. Add beef; beat well with fork. Spread on bottom and sides of 9-inch pie pan. Prepare potatoes as directed on package, browning very lightly; spoon into beef shell; drizzle with melted butter or margarine. Bake at 350 degrees for 30 minutes or until beef is browned. Sprinkle cheese over potatoes. Broil, with surface 4 inches below heat until cheese melts and browns. Makes 6 generous servings.



COOKING IS FUN

BUFFET SUPPER
Baked Ham Savory Yeast Puffs
Lemon Ladyfinger Dessert
SAVORY YAM PUFFS
No sweetening is added.
2 eggs
2 1/2 cups mashed home-cooked or canned yams
1 teaspoon salt
Dash of pepper
1 teaspoon grated nutmeg
1/4 teaspoon onion powder
1/4 cup butter or margarine, melted
3 tablespoons dry bread crumbs
Chopped toasted pecans or almonds
In a large mixing bowl beat 1 egg, slightly; blend in yams, seasonings, butter and bread crumbs. In a small mixing bowl slightly beat remaining egg; for each yam add 1/2 cup level tablespoons yam mixture from spoon into egg; turn gently until coated. Lift with slotted spoon, allowing to drain, then roll in chopped nuts, turning until well coated. Place on greased cookie sheet. Bake in preheated 350-degree oven 20 minutes. Rotate about 2 degrees.



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3 Ways

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PIE FILLING 43¢
CLEANSER 69¢
DETERGENT 87¢

CHICKEN SUPP. 79¢
APPLE JUICE 41¢
LYSOL 59¢
DISH ALL 45¢

DRESSING 73¢
NECTAR 37¢
LYSOL 89¢
POTATOES 69¢

NAPKINS 29¢
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Savings

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Mini-Pies Are For Dessert

By AILEEN CLAIRE
NEA Food Editor
Like eating peanuts or popcorn, stopping with a bite of dessert calls for more will-power than most are willing to call upon. For us weaker souls, it is easier to eat a minipie filled with fruit than be faced with a large slice of pie. Especially good are Fried Mini-Pies filled with fruit such as strawberries or even a canned apple-sauce.



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10 LBS. & UP 39¢ LB.

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FRENCH AVE. & 25th. ST. SANFORD 419 E. FIRST ST.

Pot Roast With Vegetables Goes In Oven

By Cecily Brownstone
Associated Press Food Editor

Once upon a time pot roasts were usually cooked on top of the range. But nowadays many cooks like to bake the roasts, tightly covered, in the oven. This has its advantages because no watching to keep the heat even is necessary. The following recipe uses the oven technique.

OVEN POT ROAST WITH VEGETABLES
1 can (15 ounces) special tomato sauce
1 1/2 cups dry white wine
1 cup water
2 cloves garlic, minced
2 beef bouillon cubes, crumbled
1 bay leaf
1/2 teaspoon thyme
1/4 teaspoon pepper
5-pound boned-in beef rump roast
8 to 10 small whole white onions, peeled
1 to 4 carrots, pared and thickly sliced
1/2 pound small fresh mushrooms
4 tablespoons flour
1/4 cup cold water
Hot cooked noodles

In a large heavy saucepot about 4 quarts mix together the tomato sauce, wine, 1 cup water, garlic, bouillon cubes, bay leaf, thyme and pepper. Place roast in saucepot; cover. Bake in a 300-degree oven for 2 hours; add onions, carrots and mushrooms; bake until meat and vegetables are fork tender—about 1 hour longer. Remove roast and vegetables, discarding bay leaf, to warm platter and keep warm.

There should be no more than a film of fat on the liquid in the saucepot; if there is more, skim off excess. Measure liquid and if there is less than 1 quart, add broth to make this amount; if there is more than 1 quart liquid, boil it until it is reduced to this amount.

In a small mixing bowl, whisk together flour and 1/4 cup cold water until smooth; gradually whisk in 1 cup of the hot liquid in saucepot, keeping smooth; return to saucepot. Cook over moderate heat, stirring constantly, until thickened. Serve meat and vegetables with noodles; pass gravy. Makes 8 to 10 servings.

Note: If any meat is leftover, refrigerate. It will be delicious sliced cold and used in sandwiches.

PARK AND SHOP

"SOUTH'S" SAVINGS CENTER"
DISCOUNT PRICES
7 DAYS A WEEK
ITEMS & PRICES GOOD
• THURS. FEB. 24 THRU
• WED. MARCH 1

★ NO GAMES! ★ NO STAMPS!
★ NO GIMMICKS!

Congo Cabbage Dish

By AILEEN CLAIRE
NEA Food Editor

Cabbage is thought to be one of the oldest forms of vegetable grown. It is mentioned as far back as 4,000 years ago. Spices and herbs are so ancient by our earthy calendar. Put cabbage and some tropical spices together and you have a special treat. For example, Africans are noted for their use of tropical spices such as cloves, cinnamon, cardamom, ginger, sesame seeds and thyme. Sautéing and cooking what the land offers is a way of African life. An African example of spicing a vegetable such as cabbage may include seasoning with onion flakes, ginger and ground red pepper (from the New World). Shredded coconut adds richness and crunch to this different treatment of an old mealtime friend.

CONGO CABBAGE
(Cabbage with Coconut)
1/2 cup onion flakes
2 tablespoons water
2 teaspoons oil
1 small sliced tomato
3/4 teaspoon ground ginger
4 cups shredded cabbage
1/4 cup beef broth
1/2 teaspoon salt
1/16 teaspoon ground red pepper
2 tablespoons shredded coconut

Mix onion flakes with water; let stand 10 minutes to rehydrate. In a medium skillet, heat oil. Add rehydrated onion, flakes, tomato and ginger; cook 3 to 5 minutes. Add shredded cabbage, beef broth, salt and red pepper. Cover and simmer 12 to 15 minutes or until cabbage is tender; stirring occasionally. Add shredded coconut. Serve with rice and meat. Makes 4 portions.

MONDAY menu by oileen
Shredded spinach salad
*Fried Brussels sprouts casserole
Rye toast

TUESDAY menu by oileen
Orange/pineapple salad
Toasted egg salad sandwiches
Home fries
Strawberry shake

WEDNESDAY menu by oileen
Sauerkraut salad
Park loin roast
Dilled potatoes
*Steamed apples

THURSDAY menu by oileen
Mixed greens salad
Lasagne
Garlic bread
Ice cream bombe

FRIDAY menu by oileen
Braised celery
Sautéed minute steaks
Twice-baked potato
*Apricot plumchee pie
(NEWSPAPER ENTERPRISE ASSN.)

PARK AND SHOP

"SOUTH'S" SAVINGS CENTER"
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ITEMS & PRICES GOOD
• THURS. FEB. 24 THRU
• WED. MARCH 1

★ NO GAMES! ★ NO STAMPS!
★ NO GIMMICKS!

"FALSTAFF" BEER
6-PAK (12 OZ CANS)
99¢

FRESH FROM OUR OWN BAKERY & DELICATESSEN

Jumbo Glazed Donuts DOZ **78¢**
Lean Sliced Ham LB **1.18**
Lean Meat Bologna LB **59¢**
Submarine Sandwiches EA **59¢**
B-B-Que Chicken LB **69¢**

"HEINZ" TOMATO KETCHUP
20-OZ. BTL.
37¢

7 WASH CLOTHS
99¢

ALL PURPOSE SPONGES
PKG. OF 11
39¢

"CHARMIN" BATHROOM TISSUE
PKG. OF 4 ROLLS
39¢

YOU'LL NEVER BELIEVE IT... 'TIL YOU SEE IT!

BONUS BUY
GAZIL'S "EVERBEST" MILK
1/2-GAL. CTN.
55¢

"PUNCH" HIGH PERFORMANCE DETERGENT
GIANT BOX!
68¢

"SEALD-SWEET" ORANGE JUICE
12-OZ. CAN (FROZEN CONCENTRATE)
35¢

"PUNCH" HIGH PERFORMANCE DETERGENT
GIANT BOX!
68¢

"FALSTAFF" BEER
6-PAK (12 OZ CANS)
99¢

FROZEN FRENCH FRIES
2 LB. PKG.
27¢

"CHASE & SANBORN" COFFEE
ONE LB. CAN (ALL GRINDS)
68¢

"CHARMIN" BATHROOM TISSUE
PKG. OF 4 ROLLS
39¢

FLO CANE SUGAR
5 LB. BAG
49¢

"SEALD-SWEET" ORANGE JUICE
12-OZ. CAN (FROZEN CONCENTRATE)
35¢

"PUNCH" HIGH PERFORMANCE DETERGENT
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39¢

FLO CANE SUGAR
5 LB. BAG
49¢

Walnut Cream Cake Is Delight From Dutch Country

By Cecily Brownstone
Associated Press Food Editor

This cake is a variation of the old-time 1, 2, 3, 4 or Measure Cake. It differs from that cake because cake flour is used instead of all-purpose flour.

heavy cream is called for instead of milk, nuts are added and salt is omitted.

WALNUT CREAM CAKE
3 cups sifted cake flour
3 teaspoons baking powder

1 cup butter
2 cups sugar
1 teaspoon vanilla
4 eggs
1 container (8 ounces) heavy cream

1 cup finely chopped black or regular walnuts
per sift together the cake flour and baking powder; return to sifter. (No salt is called for in this recipe.)
In a large mixing bowl cream butter, sugar and vanilla. Add eggs one at a time, beating well after each. Sift in flour mixture in 4 additions, alternately adding nuts and flour as you do so, until batter is smooth each time; begin and end with dry ingredients.
Bake in a preheated 350-degree oven until a cake tester inserted in center comes out clean—1 1/4 hours.
Place cake in pan on a wire rack to cool. With a small metal spatula loosen edges. Turn out on wire rack.
Cake is delicious served plain, but if you prefer, you may spread the top with a thin butter-cream frosting letting it drip down the sides.
Store in a tightly covered tin box.

FAMOUS BRANDS VAST VARIETY COURTESY SERVICE PLUS LOW BEEF PRICES!

BONUS BUY
U.S.D.A. LAZY AGED BEEF
COUNTRY CUBE STEAK
LB. **1.18**

BONUS BUY
U.S.D.A. INSPECTED "LAZY AGED" BEEF!
CHUCK STEAK
LB. **68¢**

BONUS BUY
U.S.D.A. INSPECTED "LAZY AGED" BEEF!
RIB ROAST
LB. **98¢**

BONUS BUY
U.S.D.A. INSPECTED "LAZY AGED" BEEF!
SIRLOIN STEAK
LB. **\$1.18**

BONUS BUY
U.S.D.A. LAZY AGED BEEF
BONELESS "SUPREME" ROAST
LB. **98¢**

BONUS BUY
FLA. GRADE 'A' MEDIUM EGGS
3 DOZ. FOR **99¢**

BONUS BUY
OLD FASHION DAISY CHEDDAR OR AMERICAN SLICED CHEESE
LB. **79¢**

BONUS BUY
LEAN & MEATY SPARE RIBS
LB. **58¢**

BONUS BUY
"SHURFINE" CANNED HAM
EXTRA LEAN!
3-LB. CAN **\$2.78**

BONUS BUY
"BRIGHT & EARLY" FRESH PORK
BAG SAUSAGE
LB. **39¢**

BONUS BUY
U.S.D.A. INSPECTED "LAZY AGED" BEEF!
CHUCK STEAK
LB. **68¢**

BONUS BUY
U.S.D.A. INSPECTED "LAZY AGED" BEEF!
SIRLOIN STEAK
LB. **\$1.18**

BONUS BUY
U.S.D.A. LAZY AGED BEEF
BONELESS "SUPREME" ROAST
LB. **98¢**

BONUS BUY
FLA. (OR) GA. GRADE 'A' PICK'O'CHICK (COMBINATION PKG.)
• LEGS & THIGHS
• BREAST & WINGS
LB. **58¢**

BONUS BUY
FLA. (OR) GA. GRADE 'A' ROASTING CHICKENS
LB. **38¢**

BONUS BUY
FRESH LEAN FAMILY PACK PORK CHOPS
LB. **48¢**

BONUS BUY
HOUSE OF RAEFORD U.S.D.A. GRADE A QUICK FROZEN
TURKEYS
10-72 LBS.
LB. **33¢**

BONUS BUY
"FARM FRESH" PRODUCE
GOLDEN-RIPE! BANANAS
LB. **9¢**

BONUS BUY
FANCY WASH. ST. RED DELICIOUS
APPLES
LB. **19¢**

"Rock Bottom" DISCOUNT PRICES!
"SHURFRESH" BISCUITS (REFRIGERATED)
8-OZ. CAN **8¢**

"Rock Bottom" DISCOUNT PRICES!
"BEECH-NUT" BABY FOOD (STERILIZED)
REG. JAR **9¢**

"Rock Bottom" DISCOUNT PRICES!
"DOUBLE LUCK" CUT GREEN BEANS
NO. 303 CAN **14¢**

"Rock Bottom" DISCOUNT PRICES!
"BIRDS EYE" (FROZEN) GARDEN PEAS
10-OZ. PKG. **19¢**

"Rock Bottom" DISCOUNT PRICES!
"THRIFTY" BLEACH
GAL JUG **39¢**
(QUANTITY RIGHTS RESERVED)

Nutritionist Hits 'Fad Food' Trend

By GAYNOR MADDOX

These are the days when millions praise "health, organic and natural foods." The subject is so hot it has picked up an almost ideological, even religious, meaning. Many cannot discuss it without emotional upset.

But there is a negative side to the argument, too. "From my experience and researches, I think so food as it is identified as health food. All edible foods properly used are conducive to physiologic and psychological health. Yes, whether they are purchased in a so-called "health food store" or in an ordinary grocery or supermarket," says nutritionist Frederick J. Stare, M.D., chairman of Department of Nutrition, Harvard School of Public Health.

Like many other noted scientists, the Harvard doctor looks with question on the rage for "organic foods." He assures us that they have no nutritional value over foods grown with chemical fertilizers.

"Organic food enthusiasts should speak of organically grown foods, meaning foods grown on soil fertilized with manure or composts of various types, and foods grown without use of chemical fertilizers. That is different from calling the foods themselves organic," Stare insists.

Speaking of "natural foods," he says they are identical to organically grown foods except in the processing, not in the manufacture of synthetic or nonnutritive additives. Synthetic or nonnutritive additives are supposed to be added. Even salt or sugar added to natural foods makes them no longer "natural foods."

"We think no food should be singled out as a natural food. The term should be prohibited because all foods are natural or manufactured from natural foods. However, individual nutrients, such as vitamins, may be either of natural origin or synthetic. But then individual nutrients are not foods, they are nutrients. Vitamin C (ascorbic acid) occurs in citrus fruits—food—or it can be manufactured chemically as a nutrient, not a food, and then added to foods. It may be low or lacking in it. Nutrients, whether they occur in food or are manufactured and added, are identical chemically and biologically," he adds.

Another fallacy of food faddists is that all available fresh fruits and vegetables are nutritionally barren because most of them have been grown with chemical fertilizers.

Dr. Stare attacks that belief.

"That is not true. Exhaustive biochemical analyses have failed to reveal any significant differences in the content of crops grown under the two conditions. Therefore, the nutritive value of so-called "health foods" or "natural foods" is not superior to or different from similar foods grown from the same base of seeds fertilized with chemical fertilizers."

(NEWSPAPER ENTERPRISE ASSN.)

Pumpkin Custard Pies 49¢

Piccadilly Circles 69¢

Large Eggs 39¢

Dairy-Fresh Yogurt 5¢

Fried Chicken \$1.69

Autocrat Ice Cream 59¢

Reach To The Stars For Feasts of the Zodiac

Facial Tissue 4¢

Fruit Drinks 4¢

Land O' Lakes 69¢

Drive Detergent 59¢

Swift's Premium Fully-Cooked Hams 69¢

Beef Short Ribs 69¢

Chuck Steaks 89¢

Pot Roast 79¢

Imperial Roast 51¢

English Cut Roast 51¢

Beef Short Ribs 69¢

Beer 6¢

Scott Napkins 29¢

Bath Tissue 29¢

Evaporated Milk 51¢

Prune Juice 39¢

Lux Liquid 53¢

Ajax Liquid 58¢

Sockeye Salmon 59¢

Lykes Chili 51¢

Health & Beauty Aids Specials

Hair Spray 49¢

Micrin Mouthwash 89¢

Pillsbury Biscuits 35¢

Dairy-Fresh Yogurt 99¢

Swiss Cheese 59¢

Sliced American 75¢

Sliced Mozzarella 49¢

Cottage Cheese 33¢

Down Produce Lane

Bananas 10¢

Iceberg Lettuce 29¢

Homogenized Milk 59¢

Maxwell House Coffee 69¢

Steak Sale \$1.39

Coca Cola 4 for 95¢

Hostess Hams 4.99

Swift's Franks 69¢

Brown 'n' Serve 65¢

Smoked Sausages 51¢

Cold Cuts 53¢

Beef Liver 69¢

Sliced Bacon 69¢

Corned Beef Round 1.19

Sliced Ham 1.19

Sandwich Spread 49¢

Sliced Bologna 69¢

Tarpon Wieners 49¢

Cooked Ham 1.19

Danish Salsami 1.19

Red Snapper Fillet 1.19

Halibut Steaks 99¢

Peeled Apricots 3 for 51¢

Pear Halves 49¢

Fruit Cocktail 29¢

Sliced Beets 25¢

Golden Corn 25¢

White Corn 25¢

Yellow Corn 25¢

Lima Beans 25¢

Early Garden Peas 25¢

Green Beans 25¢

Green Beans 25¢

Tomato Catsup 35¢

Chunk Tuna 39¢

Pepper Loaf 69¢

German Style Bologna 59¢

Beef Stick 79¢

Baked Ham 89¢

Cole Slaw 39¢

Potato Salad 39¢

Bar-B-Q Fryers 79¢

Cuban Sandwich 59¢

PUBLIX MARKETS

SANFORD PLAZA
Hwy. 17-92 and Onora Rd., Sanford

CLOSED SUNDAY

Legal Notice

SHAREHOLDERS MEETING
NOTICE IS HEREBY GIVEN that the annual meeting of the Shareholders of the Sanford Bank, Florida, will be held on Wednesday, February 22, 1972 at 3:00 p.m. for the purpose of hearing reports, for the election of Directors for the ensuing year and for the transaction of such business which may come before the meeting, or any adjournment or postponement thereof.

NOTICE TO CREDITORS
IN THE COUNTY JUDGES COURT SEMINOLE COUNTY, FLORIDA
STATE OF FLORIDA
EVA J. WILEY, DECEASED
ALL PERSONS HAVING CLAIMS OR DEMANDS AGAINST SAID ESTATE

NOTICE TO CREDITORS
IN THE COUNTY JUDGES COURT SEMINOLE COUNTY, FLORIDA
STATE OF FLORIDA
WILLIAM J. HAUSMANN, DECEASED
ALL PERSONS HAVING CLAIMS OR DEMANDS AGAINST SAID ESTATE

NOTICE TO CREDITORS
IN THE COUNTY JUDGES COURT SEMINOLE COUNTY, FLORIDA
STATE OF FLORIDA
CYNTHIA ANICE JOHNSON, DECEASED
ALL PERSONS HAVING CLAIMS OR DEMANDS AGAINST SAID ESTATE

NOTICE TO CREDITORS
IN THE COUNTY JUDGES COURT SEMINOLE COUNTY, FLORIDA
STATE OF FLORIDA
ROBERT EDWARD FRENCH, DECEASED
ALL PERSONS HAVING CLAIMS OR DEMANDS AGAINST SAID ESTATE

NOTICE TO CREDITORS
IN THE COUNTY JUDGES COURT SEMINOLE COUNTY, FLORIDA
STATE OF FLORIDA
JOSEPH M. MURASKO, DECEASED
ALL PERSONS HAVING CLAIMS OR DEMANDS AGAINST SAID ESTATE

NOTICE TO CREDITORS
IN THE COUNTY JUDGES COURT SEMINOLE COUNTY, FLORIDA
STATE OF FLORIDA
JOSEPH M. MURASKO, DECEASED
ALL PERSONS HAVING CLAIMS OR DEMANDS AGAINST SAID ESTATE

NOTICE TO CREDITORS
IN THE COUNTY JUDGES COURT SEMINOLE COUNTY, FLORIDA
STATE OF FLORIDA
JOSEPH M. MURASKO, DECEASED
ALL PERSONS HAVING CLAIMS OR DEMANDS AGAINST SAID ESTATE

STATE JOB NO. 77161-1501
BUDGET ITEM NO. 517504

LOCATION MAP

END PROJECT

BEGIN PROJECT

Legal Notice

NOTICE OF SHERIFF'S SALE
NOTICE IS HEREBY GIVEN that by virtue of that certain Will of ALICE MOORE, Deceased, which was admitted to probate in the Circuit Court of Seminole County, Florida, on the 24th day of January, 1972, the said ALICE MOORE, Deceased, has left a residuary estate consisting of the real estate situated in Seminole County, Florida, and to-wit:

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ALLEY OOP

CAMPUS CLATTER

PRISCILLA'S POP

THE BADGE GUYS

CAPTAIN EASY

LANCLOTT

WINTHROP

BLONDIE

BEETLE BAILEY

THE PHANTOM

we care



INSTANT PLEASURE AND INSTANT SAVINGS FOR INSTANT COFFEE DRINKERS!

There are instant and there are instant... and they're not all the same.

The thing that makes Eight O'Clock Instant Coffee so superb is its special blend of fine Brazilian Coffees.

100% Brazilian Coffees. Nothing else. And that's the secret behind one memorable moment of instant pleasure.

Enjoy its great taste and you'll discover another delightful fact... instant savings.

There's no better instant at any price. That's why we unconditionally guarantee you'll love it or you get your money back.

We call that "INSTANT SATISFACTION!"

Prices in this ad are good through Saturday, Feb. 26, 1972 in the following stores: SANFORD A-MART, 17-19 at 27th St.

Chuck Roasts 65c Lb... Super-Right Fine Quality Heavy Western Beef

Boneless Roasts \$1.39 Lb... Super-Right Fine Quality Heavy Western Beef

Ground Beef 69c Lb... Super-Right Extra Lean Freshly

Fryer Parts 69c Lb... Grade "A" Fla. or Ga. Fresh

JELL-O PUDDING TREAT 4's 49c

Scot Towels 3/\$1.00

SOFT-WEVE 3/89c

EIGHT O'CLOCK 100% Brazilian Coffee

Morton's Cream Pies 3/89c

Beef Stew 55c

Eatwell Tuna 3/89c

Coffee Rich 4/89c

VELVEETA Process Cheese Spread 99c

ORANGES 5c

BANANAS 9c

WHY PAY MORE?

Jiffy Frosting Mixes 2/25c

Mayonnaise 49c

Red Radishes 9c

Rutabagas 9c

PILLSBURY FLOUR 39c

FLOUR 5-Lb. Bag 39c

TOMATOES 25c

POTATOES 5c

Calo Cat Food \$1.00

Hot Cross Buns 45c

Jell-O Gelatin 10c

Veg-All Vegetables 4/89c

Beer 89c

Cherry Pies 55c

Coca Cola 5 FOR 1.00

LA CHOY CHOW MEIN \$1.09

The Sanford Herald Thursday, Feb. 24, 1972—Sanford, Florida 32771

Resumes Talks With Chou Nixon Sees Great Wall

By HUGH A. MULLIGAN Associated Press Writer PEKING (AP) — President Nixon visited the Great Wall of China today and called for an end to "walls of any kind between peoples."

AROUND THE CLOCK JOHN A. SPOLSKI Didn't intend it to be a play on words, but there is going to be a "stink" created tomorrow about some very unsightly pollution in Sanford.

1 Dead, 2 Hurt In Labor Fight

JAY, Fla. (AP)—A labor dispute erupted in violence this morning at a Humble Oil Co. construction site leaving one man shot to death and two others wounded, sheriff's deputies said.

GOOD PHOTO FOR A FOOTPASTE AD??? Poster winners at Pine Crest Elementary School shown with clown, Mrs. Marilyn Beall, are left to right, Marcus Franklin, second grade; Lori Dunn, first; and Joy Sullivan, third.

One-Room School May Be Answer

By BILL SCOTT A.P. (PAT) Buse Jr., Wednesday night outlined for his fellow School Board members and spectators Lyman High School a different concept in providing an alternative to larger school construction programs of the 45-15 extended day plans now under consideration by the board to handle the county's overgrowing student population.

Altamonte Seeks Bids

By MARION BETHA ALTAMONTE SPRINGS — The municipality's new city hall is a step closer to reality with the authorization by City Council to architect Robert Webb to advertise for bids.

How Much \$ To Say What

By ANN SIECZKOWSKI The question of rates for expert witnesses for the Court in Seminole County came explosively before the County Commissioners on Tuesday when a statement from a physician was presented in which he charged \$100 an hour for two-and-one-half hours in court for testimony in the case.

Headlines Inside THE HERALD

A 20-PERCENT hike in Social Security benefits — with a slight reduction in payroll off to a strong start in Congress. SCIENTISTS who twice hauled atomic clocks around the world say they're confirmed what Einstein theorized: time is relative.

Boosters Ask Lease Of School Stadium

Seminole High School Boosters Club has requested the School Board be allowed to sub-lease Sanford Municipal Stadium in order to renovate the facility in time for the first football game scheduled in September.

Williams Bros. Mazda U.S.A. HOME OF THE ROTARY ENGINE 5324 E. Colonial Dr., Orlando, Tel. 275-9810