

BLONDIE

by Chic Young



BETLE BAILEY

by Mort Walker



THE BORN LOSER

by Art Sansom



PEANUTS

by Charles M. Schulz



EEK & MEK

by Howie Schneider



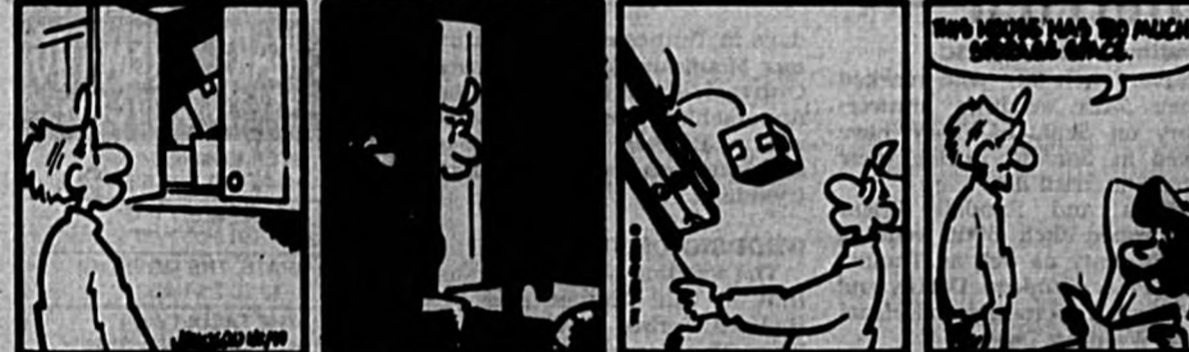
TUNNEL WOOD

by V.L. Ryan



ARLO AND JANE

by Jimmy Johnson



FRANK AND ERNEST

by Bob Thaves



GARFIELD

by Jim Davis



ROBOTMAN

by Jim Davis



ASTRO-GRAF



Sunday, Jan. 3, 1999

Alliances formed for commercial purposes in the year ahead could turn out to be liabilities if you're not careful. Check for hidden facts before linking up with anyone.

CAPRICORN (Dec. 22-Jan. 19) Don't throw good money today if someone who is already indebted to you requests additional material assistance from you. Chances are nothing will be repaid. Capricorn, treat yourself to a birthday gift. Send the required refund form and for your Astro-Graph predictions for the year ahead by mailing \$2 and self-addressed stamped envelope to Astro-Graph, c/o this newspaper, P.O. Box 1758, Murray Hill Station, New York, NY 10156. Be sure to state your zodiac sign.

AQUARIUS (Jan. 20-Feb. 19) If it doesn't serve your best interests, don't allow anyone to make any decision on your behalf. Should you learn someone did so without your knowledge, rectify it promptly.

FISCES (Feb. 20-March 20) Things could quickly begin to pile up on you if you don't take prompt measures to dispose of your responsibilities as they occur today. You could lose control of events fast.

ARIES (March 21-April 19) Don't let anyone pressure you into doing something you believe could be bad for you. Be your own person, even if you have to stand up against your peers.

TAURUS (April 20-May 20) In domestic situations that call for being tactful, be careful that you don't come off too assertive today. If you start rocking the boat, there's a chance it could capsize.

GEMINI (May 21-June 20) Nothing of value will be accomplished today if you start making changes every time you run into some trivial obstacle. Be consistent if you want to perform productively.

CANCER (June 21-July 22) This is not the time to take on any new financial obligations where you'll have to rob Peter

ACROSS

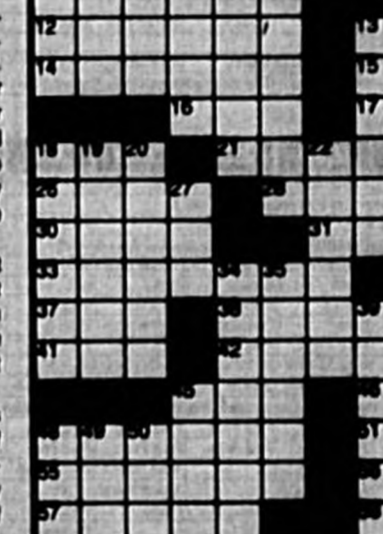
- 1 — New
- 7 Religious poem
- 12 Penell part
- 13 Wears away
- 14 Quick lunch place
- 15 Commands' loops
- 16 Bird (comb. form)
- 17 Weight unit abbr.
- 18 Wriggly fish
- 21 Outer
- 22 Run into
- 23 Once — a time
- 24 Lipton
- 25 — Got a Secret
- 26 Type of dancer
- 27 Hair protein
- 28 Mini-series part
- 29 Plant holders
- 30 Wedding-page word
- 32 Residents

DOWN

- 1 Wide shoe also
- 2 Skini top
- 3 Baseball club
- 4 On the briny
- 5 Gall
- 6 Cooler item (2 wds.)
- 7 Cal. at times
- 8 Chimney dirt
- 9 Shirts, e.g.
- 10 Confederate general
- 11 Future bit.
- 12 Postage
- 13 Playright O'Hara
- 14 Eight poem
- 15 More letters
- 16 Besome form of (2 wds.)
- 17 — valve
- 18 Show plainly
- 19 Post and ground, e.g.
- 20 Negative
- 21 —
- 22 Whodoshen
- 23 Of a planet's path
- 24 Corralled wood
- 25 Use a broom
- 26 Lesty
- 27 number
- 28 Competitor
- 29 Western defense org.
- 30 Baby pig
- 31 Compass pt.
- 32 Singing
- 33 creature
- 34 Western's
- 35 Western's
- 36 Return, to a bird
- 37 Drivers' sig.

STUMPED?

Call for Answers @ Touch-Tone or Relay Phones 800-800-8000 ext. code 100



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Answer to Previous Puzzle



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to pay Paul. Instead, skillful management of your resources may be required to set things right.
LEO (July 23-Aug. 22) Should more stress than usual be prevalent in a personal relationship of importance at this time, try not to take things too seriously. A light position will get you over the hump.
VERGO (Aug. 23-Sept. 22) Volunteer to help if an opportunity to assist a person who was helpful to you recently should develop today. Don't wait to be asked. Act out of kindness.
LIBRA (Sept. 23-Oct. 22) Treat all your pals equally, because discretion is likely

to erupt today if you're overly attentive to one friend in a clique while ignoring the others.
SCORPIO (Oct. 24-Nov. 22) If you should get involved in a competitive development today, don't underestimate your competition. Don't minimize your attributes, but be aware of his or hers as well.
SAGITTARIUS (Nov. 23-Dec. 21) Just because someone isn't in accord with your perceptions today, it's no reason to give into inclinations to challenge the person's statements. It's only cause a rift in the relationship.
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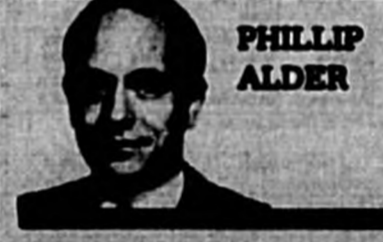
Another gem from yesterday

Yesterday, I gave my favorite declarer-play from last year. Today, here's my favorite defense, which I saw in Alan Truscott's column in The New York Times.

The deal occurred during a high-stakes game at the Regency Club in New York City. North was Jack Dreyfus, the former financial guru who is an avid advocate of phony, the drug sold under the trade name of Diamin. Declarer was the portmanteau Pakistani, Zia Mahmood. The defenders were Ames Kaminsky and Ronald Blaiz, two New York experts.

Aided by the lucky club position, four spades looks sure to succeed. After a top-heart lead, it would have made. West switches to a trump at trick two, but declarer counters by playing dummy's king. If East wins with the ace and returns a trump to stop a heart ruff, declarer scores 10 black-suit tricks and the diamond ace. Yet if East ducks his spade ace, South takes dummy's three top clubs, pick-

BRIDGE



ing a diamond and a heart, cashes the diamond ace, ruffs a diamond in hand, ruffs a heart in the dummy, and has three more trump tricks to come.
 Knowing dummy was short in hearts, Kaminsky (West) led a trump. North 1 over. He called for dummy's king; Blaiz ducked. North 2. Declarer played off four clubs, discarding three hearts from hand. Kaminsky ruffed and resisted the temptation to lead a second trump. North 3. Instead, he cashed the heart ace, then switched to a diamond. Zia couldn't do better than win with dummy's ace and throw his last diamond on the club eight. But

Hand analysis for a bridge deal:

West: ♠ 8 6 2, ♥ A K Q 5, ♦ 8 7 3, ♣ J 10 7

East: ♠ K 4, ♥ 3, ♦ A J 9 4 3, ♣ A K Q 8

South: ♠ Q J 10 7 3, ♥ 10 8 6 4, ♦ 5 5, ♣ 3

Vulnerable: East-West
 Dealer: South

Opening lead: ♠ 7

West ruffed, and the spade ace was the fourth defensive trick. Brilliant!

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ANNE

by Leonard Starr



by Jim Davis



County to implement ENABL program

Seminole County has accepted and is the 58th of the 67 counties in Florida to implement the ENABL program (Education Now and Babies Later). This statewide pregnancy prevention initiative has taken the responsibility to stop the rising teen births in Seminole County, according to Dr. Sammie Tomblin.

The ENABL Program uses the Postponing Sexual Involvement (PSI) curriculum which consists of abstinence based teaching modules for preteens ages 10-13. It also provides teens with information about peer pressure, environmental pressure from the media and society, risks and consequences of early sexual involvement, and viable alternatives for teen relationships.

There are five session programs that empower young people to make healthier choices and provide them with information regarding their right to say no, not only to sexual involvement, but to any risky behaviors they may encounter.

The Seminole County Healthy Start Coalition, through a grant from the Central Florida WAGES Coalition began ENABL on October 23, 1998 at Millennium Middle School with nine volunteer facilitators. The first of three, the program served over 300 sixth graders at Millennium in over five sessions. The ENABL Pro-



gram will begin at Sanford Middle School the week of Feb. 1, 1999. Volunteers are needed to facilitate the five sessions program at both Sanford and Milwee Middle Schools.

The Coalition is also asking local high schools to participate by providing teen volunteer facilitators to teach the sixth graders. Dr. Tomblin says the most successful ENABL programs have been those that utilize high school students to teach the program to sixth graders.

For information, contact Dr. Sammie Tomblin, Seminole Healthy Start Coalition, 671-2005, ext. 216 if you wish to volunteer. This program is taught one day a week for five weeks so you are only committed for five days.

REFUGE MINISTRIES

House of Refuge Ministries, Inc. will have Sunday services, Jan. 3 at 11:00 a.m. and 7:00 p.m. The messenger of the day will be Prophet Richard Minus of Willingsboro, N. J.



The Rev. Eddie Martin presents a check to Thelma Mike to purchase items needed by the Good Samaritan Home residents.

ENROLL CHILDREN

The Harbor invites the children of Castle Brewer Court to enroll. New students are now being registered. The first Wednesday of each month the children will go to the Seminole County Public Library at 3:00 p.m. Scott Clark's Book Reading Awards celebration will be at 5:00 p.m. and Story Hour with Scott will be Jan. 15, 5:30 p.m.

HOME FOR HOLIDAYS

Former Sanfordites were home for the holidays. Seen in town were Thomas Wilson, III, Eunice Grady Blackwell, Mary Grady Taliaferro, Willie James White, Eugene Atkins, Eugene Barrington, Clifford Hurston, Mr. and Mrs. Sherman Artis, Brittany, Melodie, Mr. and Mrs. William Larkard, Mr. and Mrs. Ellis Coats and Violet Dargan.

HELPING OTHERS

The Rev. Eddie Martin and the members of the help others committee and the Rev. Sims of the Rose Hill Baptist Church, had Christmas morning service with the residents of The Good Samaritan Home.

After the service, the residents were served Christmas dinner. Rev. Eddie Martin presented a check to the administrator, Thelma Mike, to help purchase needed articles for the home.

FORD HONORED

The bells rang at the surprise appreciation held on Sunday evening at the Elks Lodge in honor of Clarence "Buddy" Ford. He is an ardent member of Celery City Lodge No. 542, Antlered Guard, and Past State President, Seminole

Council 109, Amvets.

As a trustee of the lodge, Ford can be seen doing whatever is needed to improve and keep things beautiful. Joining Ford for his gala affair was his lovely wife, Pearl Mac Ford, his children, grandchildren, sister-in-law, godchildren and other family members and friends.

Ford is a member of Allen Chapel A.M.E. Church. He is retired from the Seminole School Board. After a delicious dinner, Exalted Ruler Roosevelt Cummings, Daughter Ruler Joyce Byrd and other leaders, brothers, sisters and friends of the honoree, showered him with money and gifts of love.

HAPPY BIRTHDAY

Happy birthday to Claudette Hutcherson and Valencia Richards.

MLK DAY SET

The City of Sanford, Dr. Martin Luther King, Jr. Steering Committee has begun its plans for the 1999 observance to be held Jan. 15-18. Tickets are available for the banquet to be held Saturday, Jan. 16, 8:00 p.m. at the Sanford Civic Center.

ALPI HELPS FAMILIES

The holiday was filled with joy and happiness as the Northern Region Council of ALPI helped families receive gifts of love and food baskets to make Christmas complete. This was received by two families with over seven children.

The objective of the council is to help in the community wherever needed. Grace Miller is chairman and Willie Williams and Charlie Mae Wilder were committee members.



Clarence and Pearl Mac Ford

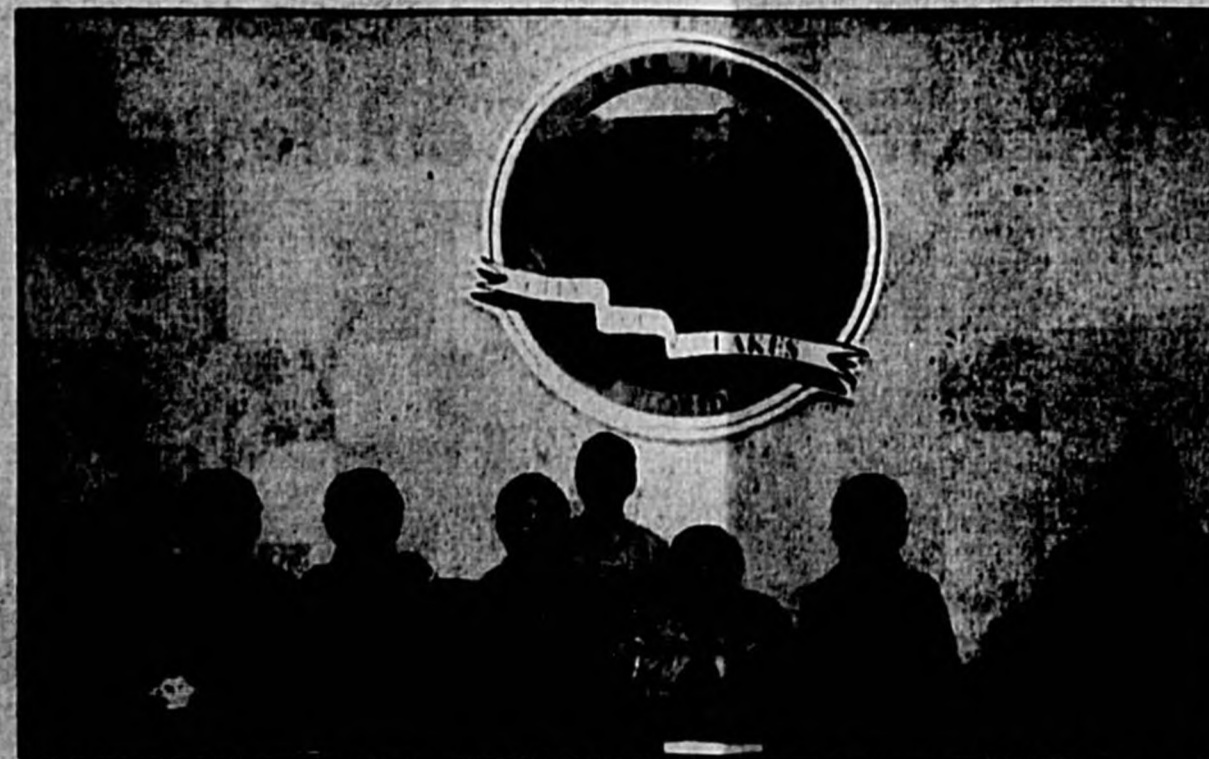
Rowell

Continued from Page 2C

thing, they taste great. The other reason of course, is that the profits go to support Girl Scouting. Troops get part of the profit to support their activities and Council gets part of the profit to support the troops. For instance, Girl Scout camps are the cheapest places for Girl Scouts to camp in the entire state. And that's in large part because of cookie sales.

Why support Girl Scouting? An ounce of prevention is worth a pound of cure. For every 100 girls who join scouting, 4 will earn the Girl Scout Gold Award, 12 will have their first contact with a place of worship, 5 will earn their religious award, 1 will enter the clergy, 18 will develop hobbies that will be used during their adult life, 8 will enter a career that they discovered through Girl Scouting, 17 will become Girl Scout volunteers, 1 will use her Girl Scouting skills to save a life, and 1 will use her Girl Scouting skills to save her own life.

When a Girl Scout asks you to order Girl Scout cookies, remember what they're for. If a Girl Scout doesn't knock on your door, you can still order



Cub Scouts from Pack 529 visit Lake Mary City Commission chambers

cookies by calling one of the Girl Scout Cookie Chairs for Lake Mary; LeeAnne Wright at 324-3863 or Mary Rowell at 321-1498.



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SUNDAY PRIME TIME

MORNING TV schedule table with columns for time slots (6:00, 6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and various program titles.

AFTERNOON TV schedule table with columns for time slots (12:00, 12:30, 1:00, 2:00, 2:30, 3:00, 3:30, 4:00, 4:30, 5:00, 5:30) and various program titles.

PRIME TIME TV schedule table with columns for time slots (6:00, 6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and various program titles.

Continuation of PRIME TIME TV schedule table with columns for time slots and various program titles.

ENGAGEMENTS

Mummah-Presley

James and Janet Mummah of Oviedo, announce the engagement of their daughter, Catherine Ashley Mummah of Oviedo, to Kevin Lee Presley of Deltona, son of Darrel and Rebecca Presley of Deltona.



Catherine A. Mummah and Kevin Lee Presley

Brothers learn hard lesson: Child support is not forever

DEAR ABBY: My father paid my mother child support until my twin brother and I turned 18. Then he quit. He said, "It's time for your mother to support you."

ADVICE COLUMNIST Dear Abby logo featuring a woman's face in a heart shape.

If that approach doesn't work, there's still a way to complete your education without depending on your mother to carry the entire financial load.

Abby, he doesn't understand how much our mother has done for us. She gave us all her time and enormous moral support after he left.

My brother and I are both in college, and it's really hard on our mother. She says that according to the law, since we are now 18, Dad is no longer legally responsible for us, but that law is unfair!

I understand that years ago most kids graduated from high school and went to work, but today it's different. Education is vital.

I don't like seeing Mom work two jobs and make sacrifices while my father and his new wife have a new house, a new boat, a new car and lots of vacations. Dad says his financial responsibility to us is over — we're adults, and we're on our own. If it weren't for a scholarship, we would be unable to attend college.

Abby, is there a way to get our political leaders to change the law to make fathers pay child support until their children graduate from college?

IN COLLEGE IN GEORGIA

DEAR IN COLLEGE: Child support laws vary from state to state. In some (not all) states, fathers of college students must continue supporting their children beyond the age of 18.

Whether or not to order child support through the college years is at the discretion of the judge.

Dietrich

Continued from Page 8C Carver, each 92, who marked their 74th wedding anniversary on Sept. 24. They have lived in Sanford during their entire married life.

Edna and Randall Priest celebrated their 60th wedding anniversary as well as Thelma and Peter Knudsen, Dorothy and William R. Bernosek and Hazel and Woodrow Cash.

SCHOLARSHIPS

Inora Garden Club awarded three SEEK (Save the Earth's Environment through Knowledge) at the University of Florida scholarships to high school students: Graham Grever, Seminole High School; Scott Register, Lake Mary High School; and Justin Butler, Pine Ridge Senior High in Deltona.

BOROS

Lourine Messenger was awarded Honorary Life Membership in the Presbyterian Women of the First Presbyterian Church in Sanford and Beta Sigma Phi crowned Phyllis Senkark as the 1998 Valentine Queen.

MISS FLORIDA CONTEST

In July, Sanford's own talented beauty, Natalie Webb, competed in the Miss Florida Scholarship pageant in Gainesville, a preliminary to the Miss America Scholarship Pageant. Natalie had previously captured the title of Miss Apopka in preliminaries to the state event.

YOUTH MISSIONARIES

During the summer 13 youths from the First United Methodist Church, spent 10

WEDDING OF THE YEAR

The wedding of the year was that of Ollie Hunter and Dr. Richard Forbes, both in their 70's. They were married Nov. 24 in the First Presbyterian Church in Sanford.

GRAND FINALE

Ballet Guild of Sanford-Seminole ended the year with a rousing extravaganza in December at the Winter Springs High School. The 31-year-old dance company is led by the five sisters, Miriam Doktor and Valerie Weld, who have left no stone unturned in continuing to contribute to the cultural enrichment of the community.

Table of lottery results for various games including Florida Lotto, Fantasy 5, and others, listing winning numbers and prize amounts.

ALEX FRICH - ATTORNEY AT LAW advertisement with contact information and a list of services offered.

AVON advertisement for starting a home-based business, featuring the Avon logo and contact information.

Health & Fitness

Asthma education program coming to area in February

SPECIAL TO THE HERALD

MILWAUKEE - The Associates (Spouses & Friends) to the American Academy of Allergy, Asthma and Immunology (AAAAI) will present a Patient Education for Asthma and Allergy Knowledge (PEAAK) Program: Allergy and Asthma Update. The program will be held at the Walt Disney World Hilton Feb. 27, 8:30 a.m. to 1 p.m. at the AAAAI's 55th Annual Meeting in Orlando.

A recipient of an American Society of Association Executives Award of Excellence in Education Certificate, the PEAAK Program allows the general public to attend sessions led by asthma and allergy experts from around the country. This half-day long program consists of approximately fifteen speakers, including Olympic gold medalist Kurt Grote. Through forums, interactive workshops and question and answer sessions, PEAAK teaches adults and children to better manage their allergies and asthma. The seminar also offers attendees exhibits, refreshments and prize drawings for a computer and an asthma camp scholarship.

Topics to be addressed include: food allergies, women and asthma, environmental allergies and asthma, the difference between allergies and infection, and practical and economical ways to control allergies and asthma.

For more information or to register, call (800) 718-2007 or visit the AAAAI Web site at <http://www.aaaai.org>. The program is free to children, and a \$5 donation is recommended per adult. The program is funded through the generous support of Forest Laboratories, Inc.

Associates to the AAAAI are comprised of spouses and friends of Academy members. The Associates, founded in 1982, coordinate a variety of programming for the public to increase patient education, support activities of the Academy including the Education and Research Trust (ERT), and assist in promoting the specialty of allergy, asthma and immunology.

The American Academy of Allergy, Asthma and Immunology is the largest professional medical specialty organization in the United States representing allergists, asthma specialists, clinical immunologists, allied health professionals, and others with a special interest in the research and treatment of allergic disease.

Allergy/immunology specialists are pediatric/internal medicine physicians who have elected an additional two years of training to become specialists in the treatment of asthma, allergy and immunologic disease. Established in 1943, the Academy has nearly 5,800 members in the United States, Canada and 50 other countries.

Eat a pound, gain a pound?

DEAR DR. BLONZ: There is a rather animated discussion going on at our office, and I decided to turn to a pro in order to quell the dissent. Some people in my office think that, regardless of what a person eats, they cannot gain any more weight than the actual weight of the food consumed. For example, if one consumed a pound of food — say, for example, M&M's — one could only expect to gain a pound of weight. We are not taking normal metabolic processes and waste removal into consideration, for the sake of argument. Any insight? Thanks in advance for stopping a heated debate — C.H., via e-mail

DEAR C.H.: I appreciate your vote of confidence, but the answer may not be as clear-cut as you and your co-workers hope. It is the "regardless of what a person eats" that is giving me pause, as this can make a difference. It also matters what you've eaten in the previous few days; when you weigh yourself, is water would be consumed with or after the meal, and, if so, whether water weight is counted — i.e., when you drink a glass of water, do you consider yourself to have "gained" the weight of the water?

It gets a bit complicated, so let's start with the basics: After eating a pound of candy (with no water) in a one-hour sitting, in addition to feeling uncomfortably bloated, you would have gained no more than one pound. But as the day progressed, your weight would begin to vary — and perhaps increase.

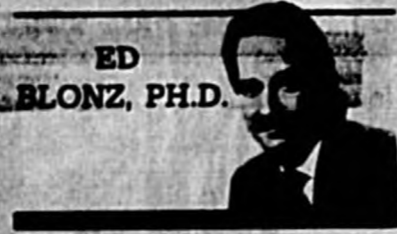
Your office group is not the first to debate weight gains that don't seem to jibe with the volume/weight of food consumed. The explanation for this stems from the fact that protein tissue (muscle, organs, etc.) and stored carbohydrates (glycogen) are about 80 percent water by weight. And while adipose (fat) tissue is over 90 percent fat by weight, there is a small amount of water and protein that gets incorporated into the fat cells. This means that if the food you ate was being used to make body tissue, the water consumed afterward might end up being incorporated into the final product.

This quirk of body composition, incidentally, is also at play in the deceptive initial successes of low/no carbohydrate diets. If the body receives no sugar or other carbohydrates, it begins seeking alternate sources to help maintain its blood glucose level. It would first turn to glycogen, a form of stored carbohydrate found in the liver, but it would also turn to protein, since some of the amino acids that make up protein can be changed into glucose.

In either case, for each gram of body

NUTRITION

ED BLONZ, PH.D.



substance used, there would be a release of three grams of water. This explains why a few days of low-carb (under 19 grams per day) eating can result in a significant drop in weight. (I don't recommend low-carb diets as a rule, as there are other side effects as well.) The catch is that this "lost" weight reappears as soon as carbohydrates are again consumed.

DEAR DR. BLONZ: I was snipping coupons today, and came across one for eggs. It said the eggs have omega-3 in them (I forget if they called 'em fatty acids or anything). Is that the same fat that is in fish? If so, how does it get into the eggs? — C.

DEAR C.: After population studies made the connection between higher intake of fish and better health, scientists discovered that one of the key factors was a type of fat found in fish, referred to as the omega-3 fatty acids. Eggs don't usually contain much of the omega-3s, but a researcher came up with the idea of enriching chicken feed with omega-3 fats in the hopes of upping the omega-3 content in eggs. At first, a fish oil (menhaden oil) was used, but poultry scientists later began using flaxseed meal — flax being another source of the omega-3 fatty acids. In either case, the poultry scientists were able to achieve significant increases in the eggs' omega-3 content without having any significant effect on their taste. Eggs are not as healthy as fish, and also cost more, but the bottom line is that they have become a source of these essential fatty acids. Additionally, some brands are high in vitamin E — another result brought about through feed enrichment.

Send questions to: "On Nutrition," Ed Blonz, c/o Newspaper Enterprise Association, 290 Madison Ave., New York, NY 10017. For e-mail, address inquiries to: ed@blonz.com. Due to the volume of mail, personal replies cannot be provided.

Ed Blonz, Ph.D., is a nutrition scientist and the author of "Power Nutrition" (Signet, 1994) and the "Your Personal Nutritionist" book series (Signet, 1996).

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Resolve to make 1999 a healthier year

SPECIAL TO THE HERALD

How many times have you promised yourself to eat right, exercise more or stop smoking?

As 1999 gets underway, with its inevitable new year's resolutions, the American Heart Association's Florida/Puerto Rico Affiliate offers these tips to help Floridians resolve to enjoy healthier lifestyles.

Pledge to not vegg - Change your sedentary ways and move around more as part of your daily routine. Park at the far end of the parking lot. Take the stairs instead of the elevator. Get up and get moving.

Vow to quit now - People who smoke a pack of cigarettes a day have more than twice the risk of heart attack of those who've never smoked. No matter how much or how long you've smoked, within about three years your risk of death from heart attack eventually becomes about the same as if you've never started.

Forego fat intake - Look for low-to-moderate-fat and low-calorie recipes. Pick a low-fat cooking method such as baking, steaming and roasting.

Commit to get fit - Less active, less fit persons have a 30-50 percent greater risk of developing high blood pressure. Low-to-moderate activities like walking, gardening and dancing for as little as 30 minutes

a day are beneficial. More vigorous aerobic activities such as running, swimming and bicycling—done three to four times weekly for 30-60 minutes—are best for improving the fitness of the heart and lungs.

High/low? You should know - Know your blood pressure numbers. If untreated, high blood pressure increases the risk of stroke, heart failure, kidney failure and heart attack.

For more information about ways to live healthier, contact your nearest American Heart Association or call (800) AHA-USA1 (800-242-8721) or visit the AHA's Web site at www.americanheart.org.

Water is key to weight reduction, healthy lifestyle

SPECIAL TO THE HERALD

Your intentions were good when you made this year's resolutions. Now how do you go about getting started on that new healthy lifestyle that includes regular exercise and weight loss?

You might want to start with your water. Why?

First, from a weight loss standpoint, water creates a feeling of fullness which helps limit food consumption by suppressing the appetite. For this reason, water is suggested before and during meals when dieting. And since water contains no fat, sugar or caffeine, it represents a healthy low-calorie alternative to juice, pop, coffee or even milk. In addition, water is more easily absorbed by the body than most exercise drinks which contain sugar.

For health-conscious consumers who exercise regularly, water is especially important. The body automatically loses fluid through urination and perspiration, even with little activity. During physical workouts, even more water is lost.

A healthy exercise program also requires a level of energy that allows you to finish the program. Without sufficient water in your body, you can become dehydrated and fatigued, which makes it difficult to perform even the simplest exercise routines.

Aside from its contribution to weight loss, water is good for you in other ways, too. Since it makes up nearly two-thirds of the human body, water is a vital part of many of the body's regular functions. If

an insufficient amount of water is consumed, the body will be forced to take water from the internal organs and tissue, rather than from inside the stomach.

More specifically, water keeps the kidneys from over-concentrating particles that might otherwise crystallize and clog up the urinary tract. Water also aids in digestion and the prevention of constipation by keeping fluid in the digestive tract. It is also vital for helping flush out any toxins that result from the body breaking down proteins and bacteria. This type of "flushing out" is necessary for an overall feeling of well-being.

Furthermore, water moistens the stomach which, in turn, increases its surface area, facilitating the absorption of many medications, as well as vitamins and calcium pills.

Unfortunately, however, the water we get from our tap isn't always as healthy and clean, or as tasty, as it could be. For this reason, thousands of Americans turned to bottled water over the past two decades. However, between the use and misperception of buying "taste bottles," as well as the recent publicity questioning the exact content and purity of bottled water, many Americans now use in-home drinking water systems.

According to research done by the Water Quality Association, the water industry's trade organization, taste and peace of mind are the primary reasons consumers choose in-home drinking water systems.

Even if water tastes, smells and looks clean doesn't mean

it is. For peace of mind against a long list of contaminants that may be in the water, many consumers choose reverse osmosis (RO) drinking water systems. RO technology is recognized by the EPA as the most effective at reducing lead and the Centers for Disease Control recognizes it as one of the most effective means for re-

ducing cryptosporidium that may be in the water.

With better tasting water as close as your kitchen tap, it's easier to drink the recommended eight glasses of water per day. So make water an integral part of your new healthy lifestyle and start living up to those New Year's resolutions today.

Sick days

What people view as the "cold season"



Less than one quarter of Americans realize that the prime season for getting a cold runs from September through March.

Health care offered through program to uninsured kids

SPECIAL TO THE HERALD

TALLAHASSEE - The Florida Healthy Kids program has come together with local community and government leaders to provide additional children the opportunity to have health care coverage in the state of Florida. Orange, Seminole and Ocala counties have just announced their first enrollment period for this children's health insurance program.

To qualify for the comprehensive health plan, the child must be age 5 to 19, be uninsured and not eligible for Medicaid.

Health care services are provided through Physicians Healthcare Plan. Families may qualify for reduced rates of \$15 per family, depending on income. If the family does not meet the criteria for reduced rates, the coverage costs \$88 per month per child.

Healthy Kids provides comprehensive benefits for children including doctors' office visits, inpatient hospital care, prescriptions, eyeglasses, immunizations and much more.

It is estimated that more than 800,000 of Florida's school aged children lack health insurance. The Florida Healthy Kids Corporation, a nonprofit organization, was established by the Florida Legislature in 1990 to address this problem and has received state and national recognition for its innovative approach to bridging the health care gap for previously uninsured children. Healthy Kids, which insures 60,000 children statewide, has been lauded as a national model receiving the

prestigious Innovations in American Government Award in 1998 from the Kennedy School of Government at Harvard University.

Parents who want to apply for Healthy Kids coverage in

Orange, Seminole and Ocala counties can call toll-free (888) FLA-KIDS (888-382-5437). Applications are being accepted now. Health care will be issued on a first come, first served basis, as enrollment is limited in each county.

For the Thousands of People With Diabetes Who Will Develop Nonhealing Foot Ulcers This Year

What You Can Feel Can Hurt You

Left untreated, the pain can lead to complete loss of foot function

Now there are treatment options that can help heal wounds that haven't healed

to find out more, call 1-800-537-3370

Central Florida Regional Hospital
2000 W. University Blvd., Orlando, FL 32813
1401 West Semoran Blvd., Sanford, Florida 32771
(407) 881-4000 ext. 3377

1. Centers for Disease Control, National Diabetes Fact Sheet: Reducing the Burden of Diabetes. CDC with the courtesy of <http://www.cdc.gov/diabetes/pubs/whatsnew.htm>, Accessed December 1, 1997.
2. Fisher DK, Saphir JJ, Smith DG. Lower extremity foot ulcers and amputations in diabetes. In Harris MI, Cowie CC, Stern GP, Boyle LJ, Bakst SE, Bennett PH, eds. Diabetes in America. 2nd ed. Washington, DC: US Government Printing Office (SPR) Publication 95-1488; 1995: 69-88.

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LASIK LASER VISION CORRECTION

"...LASIK has changed my life..."

"I started wearing glasses in the 6th grade when I couldn't see the chalk board. For the past 18 years I have depended on contacts or glasses to do everything from drive, watch television and play sports. LASIK has changed my life! I can now see leaves on trees and can go to the beach without worrying about losing a contact. The best thing is ... my vision keeps getting better!"

Theresa Keller
Math Teacher
Orlando

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Emergingness Through Now!

People

Welcome to new year News about readers highlighted from People columns in 1998

I have used what seems like a ton of newsprint to bring you this weekly column for nearly 35 years. This year, I am highlighting some of the news that I reported. I wish you all a



SENIOR EDITOR

DORIS DIETRICH

happy, happy year as you continue to read the *Seminole Herald*.

And remember, you readers are the stars of the show, so please let us know what's going on in order that we can share it with other readers.

KILLER TORNADOES

Killer tornadoes struck the Sanford area claiming 12 lives in February. However, a 92-year-old woman, Ollie Hasty, miraculously survived the storm although her home of 70 years was demolished. Today, Ollie has started over and lives in another home across the street from her daughter, Pauline Madden.

88th REUNION

The Seminole High School Class of 1948 held its 50th

class reunion in April at Orlando Sanford Airport with Barbara Chapman and Mona Walker co-hosting the memorable event.

CLUB TURNS 85

The Sanford Woman's Club observed its 85th birthday with festivities at the clubhouse in the Sanford Historic District. It was noted that the piano gracing the stage was 84 years old and is quite valuable today.

The club installed Bettye D. Smith as president in June for a second term. It is reported that in the history of the club, Smith is the only president to serve a second term (not consecutively). She is the former Sanford mayor who served the city for 12 years.

The woman's club supports a number of local charities, and mainly focuses on education including local schools and an annual scholarship to help a deserving woman return to the classroom. During 1998, the club held a scholarship fundraiser, Vintage Fashions, chaired by Dottie Anthony, for its educational program. Also Seminole County law enforcement were honored by the club



Sanford Woman's Club president Bettye Smith with Jane Morgan, VISTA volunteer.

PILOT CLUB BUSY

For the sixth time (not consecutively), the Sanford Pilot Club of Pilot International comprised of eight countries, has voted in Marian Rethwill as its president. Annually, the club helps raise \$175,000 to help in the research of brain-related disorders.

The Pilot Club also supports scholarship houses at the University of Florida and Florida State University. Locally, the club sponsors a naturalization ceremony, and contributes to the Good Samaritan Home and Sanford Christian Sharing Center.

DAR TURNS 80

Sallie Harrison Chapter Daughters of the American Revolution observed its 80th anniversary with a special program at the Marina Hotel Lakeside Landing. Regent of the chapter is Betty Bridgwater.

CLUB OFFICERS

Lawana Stewart and Dean Smith were installed as Worthy Matron and Worthy Patron of Seminole Chapter 2 Order of the Eastern Star. Ann Hoolahan was installed president of the Sanford Garden Club.

D. Smith Cultural Arts Center. Spry John still reports to his office daily.

Eunice Martin, a descendant of the original Swedish settlers brought here by Gen. Henry Shelton Sanford, celebrated her 97th birthday at the home of a niece in Winter Haven.

Several celebrated 100th birthdays including: Lois Pugh of Lake Mary, homemaker; Ruth Hamilton, a former teacher and legislator; Polly Schoolcraft, a missionary to Haiti; and Naomi Poffenberger, homemaker.

ANNIVERSARIES

A number of golden wedding anniversaries were celebrated, but topping the anniversary celebrants are Ethel and John. Please see Dietrich, Page 30

BIRTHDAYS

John R. Schirard, a pioneer in the Sanford citrus industry, celebrated his 90th birthday with a big party at the Bettye



Natalie Weld was a candidate for Miss Florida in the preliminary to the Miss America Pageant.



Phyllis Benark was crowned Beta Sigma Phi's Valentine Queen for 1998.



Ann Hoolahan (right), president of the Sanford Garden Club and Doris Jones with her doll collection at the club's annual bazaar.



Nancy Henrick (left), president of Pilot International, and Marian Rethwill, president of the Sanford Pilot Club at the 101st International Convention in Orlando in 1998.

Webelos visit City Hall, Girl Scout Cookies go on sale

One of the most important badges a Webelo can earn is the Citizen badge. It is a necessary step for the Webelos to earn their Arrow of Light. To earn citizen, Webelos learn about the government, their flag and what it means to be a good citizen.

Den 5 from Cub Scout Pack 529 recently earned their Citizen badge. Their first step was a field trip to Lake Mary City Hall. Parks and Recreation Director John Holland took the boys on a tour of city hall. He



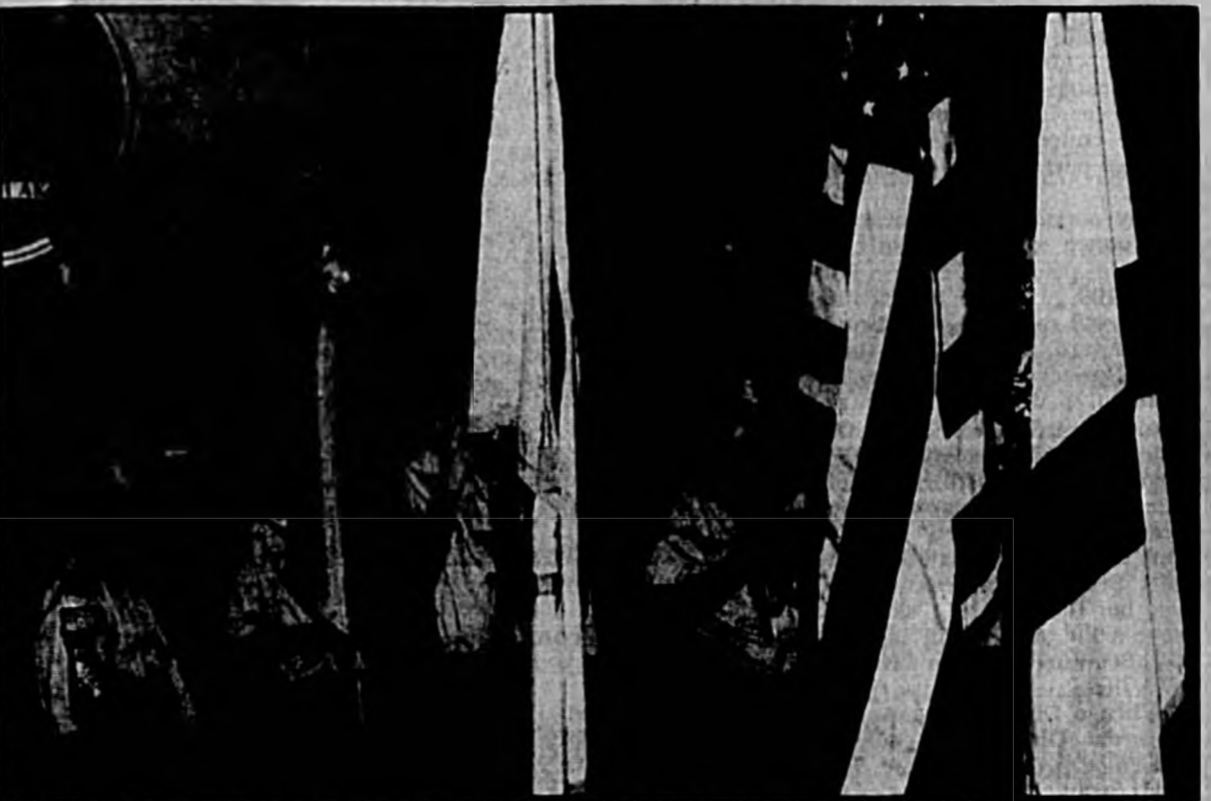
LAKE MARY

MARY ROWELL

introduced the boys to City Manager John Litten. Litten explained to the boys what his

job was and answered questions about the city. He shook hands with each boy and autographed his business cards for them. John Holland then took the boys to the commission chambers and let them hold their own commission meeting. The boys voted on lowering the number of days students should have to attend school.

For another step, Lake Mary's Mayor David Mealer came to one of the Webelos meetings. He told the boys about the city's plans for the



Special Photo by Mary Rowell

Webelos from Pack 529 perform flag ceremony while commissioners look on

future. He explained the reason the city has codes. For example, he pointed out the trees that were planted in the median of Lake Mary Boulevard and would be planted on Shiloh. The mayor also answered the boys' numerous questions. Mayor Mealer then thanked the boys for inviting him to their meeting and gave each one a city seal pin.

The final step the boys took for the citizen badge was attending an actual Lake Mary City Commission meeting. They actually participated in this meeting by performing the flag ceremony.

COOKIES TIME
It's that time of year again. Time to order your Girl Scout Cookies. Girl Scouts all over Lake Mary will begin selling cookies on Friday, Jan. 2. Cookie delivery will begin Feb. 9 and booth sales will begin

Saturday, Feb. 13. There's a new cookie in the lineup this year. It's the Upside-Down Frosted Oatmeal cookies. Other cookies are Thin Mints, Peanut Butter Patties, Shortbread, Peanut Butter Sandwiches, Caramel Delights, Lemon Pastry Creams and Five World Cinnamon.

Why should you buy Girl Scout cookies? Well, for one reason see Rowell, Page 40



Mayer David Mealer shakes hands with Webelos from Pack 529

AT YOUR LEISURE

French Festival

ORLANDO - The Music Department at the University of Central Florida is pleased to announce the inaugural season of "Chamber Arts", a six concert series featuring the "Arman Ensemble", and pianist Deniz Arman Gelenbe with other guests artists.

Gelenbe, the founder and pianist of the Arman Ensemble, has invited her longtime chamber music partners from Paris to join her for two "Turn of the Century French Festival" concerts. The ensemble will include Constantin Bogdanos on violin and Dorel Fodoreanu on cello. Debussy, Saint Saens and Poulenc will be performed Thursday at 8 p.m. in the Rehearsal Hall at UCF. Faure, Massenet, Debussy and Chausson will be performed Friday at 8 p.m. in the Rehearsal Hall at UCF.

Donations will be accepted at the door. All proceeds will be used for scholarships for the UCF Summer Music School in France. For more information call (407) 823-2869.

Dylan performance

DAYTONA BEACH - Bob Dylan and his band, featuring the Brian Setzer Orchestra, will perform live in concert Jan. 29 at 8 p.m. at the Ocean Center, Daytona Beach. For more information call (904) 254-4500.

Model train show

DAYTONA BEACH - The Eighth Daytona Beach Model Train and Railroadiana Show and Sale will be Jan. 30 from 9 a.m. until 4 p.m. at the Ocean Center, Daytona Beach. The show will feature model RR trains, kits, parts, layout materials, and a large operating model layout. Admission is \$5 for adults and children under 12 are free.

Quilted sculpture coming to SCC

SANFORD - The unique steel sculpture of South Carolina artist Tereza Young will be on exhibit in Steelworks at Seminole Community College's Fine Arts Gallery from Jan. 12 through Feb. 4. The opening reception to the exhibit will be Jan. 12, from 5 to 7 p.m., with a gallery talk by the artist at 6. Fine Arts Gallery hours are Monday through Thursday, 9 a.m. through 6 p.m., plus evenings of music and theatre performances.

Young is one of the few women who have set a precedent in welded steel sculpture. Her sculptures are distinguished as being very different, in approach and concept. In the field of sculpture and craft by demonstrating a new way of thinking and working in steel. Her welded steel pieces incorporate traditional women's craft techniques such as quilting, sewing, and basketry. She says of her work, "I piece these unusual shapes together much like a quilter would piece together a quilt. In fact, I think of it as sewing or quilting in steel. My fabric is steel. My needle and thread are the tack weld."

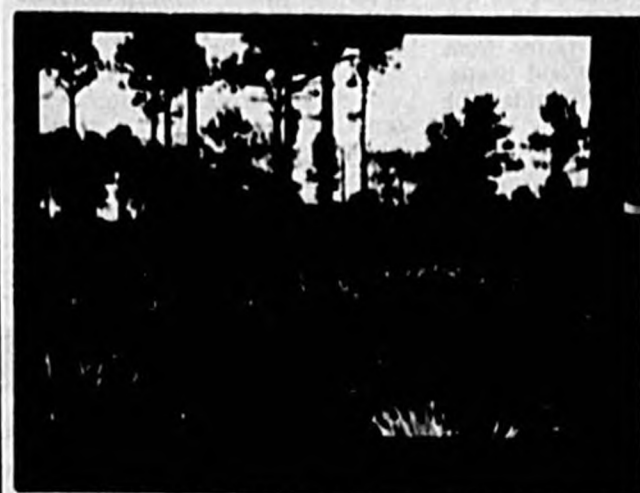
Tereza Young received her BFA in Metals and Jewelry from the Savannah College of Art and Design and her MFA in Metals and Sculpture from Miami University in Oxford, Ohio. She received the 1998 NICHE Award, was featured in the Internal Stainless Steel Competition and the European traveling exhibition at the Deutsches Klingenmuseum, in Solingen, Germany; and solo exhibitions in the Hiestrand Gallery, Miami University; Base Art Gallery, Cincinnati; and has also exhibited at the Artlink Contemporary Art Gallery, Ft. Wayne, Ind.; New Jersey Center for Visual Arts, Summit, N.J.; Gallery Function Art, Pontiac, Mich.; and Goldsmith Gallery, Atlanta.

Ms. Young is represented by the Solway Gallery in Cincinnati, Off the Wall Gallery in Savannah; and An American Craftsman Gallery in Manchester, Vt.

For further information on the Fine Arts Gallery exhibit and other SCC cultural activities, call (407) 338-3039.

Into the Seminole County wilderness

As part of the county's Natural Lands Program, the Econ River Wilderness Area offers a new prospective on the urban jungle



By Shari Brodie

STAFF WRITER

OVIDO - There's a little piece of wilderness in Seminole County, and a river runs through it.

The Econ River Wilderness Area is tucked away in a corner of the county, southeast of Oviedo, at the intersection of the Seminole-Orange county line and the Econlockhatchee River.

In close proximity to civilization, the 230-acre tract affords an easy escape for nature lovers and hikers.

The trail system at the Econ River Wilderness Area consists of one main loop, blazed in red, and two unmarked auxiliary trails, which combine for a total of approximately 2.7 miles. The red trail wanders through pine flatwoods, oak hammocks, a river swamp, and sandhill habitats. The variety of habitats make for an interesting and leisurely hike, but the main inspiration to make the trek is the river that flows along the eastern side of the property.

The Econlockhatchee River flows north from Orange County, meets with the Little Econlockhatchee River at State Road 419 in Oviedo and then flows north and east, through the Little Big Econ State Forest, to join the St. Johns River south of State Road 46. The river is designated an Outstanding Florida Water.

The site for the Econ River Wilderness Area was purchased by Seminole County through the Natural Lands Program. In the eight years since the program was established, the county has opened three wilderness areas to the public.

The old Boy Scout Camp, now known as the Geneva Wilderness Area, is contiguous to the state forest, off County Road 426. The trail through the wilderness area connects to the Florida Trail in the forest.

"Our pride and joy," is how Craig Shadrax describes the Chuluota Wilderness Area, a 580-acre site off Curryville Road. Shadrax is a wildlife biologist and an environmental

planner with the county. He said that area is home to threatened and endangered species.

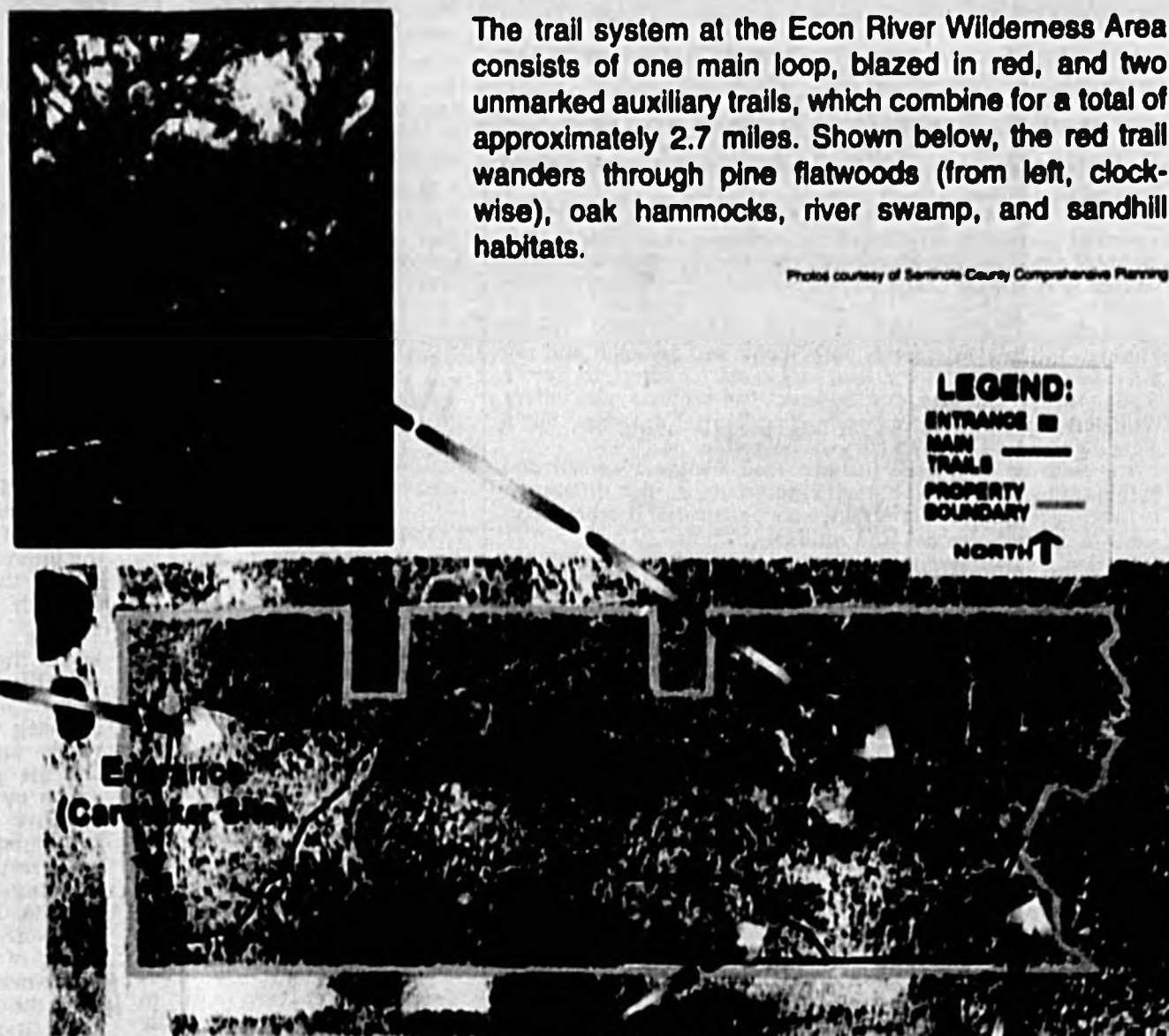
A fourth wilderness area will open in January. Lake Jesup Landing, located at the end of South Sanford Avenue, will incorporate 491 acres on the north shore of Lake Jesup. Shadrax said a portion of the Florida National Scenic Trail will be contained within the wilderness area.

Besides hiking, horseback riding and wildlife watching are available at the Econ River Wilderness Area.

County officials have spotted great horned owls, white-tailed deer and golden mice there, and hope, through primary management

The trail system at the Econ River Wilderness Area consists of one main loop, blazed in red, and two unmarked auxiliary trails, which combine for a total of approximately 2.7 miles. Shown below, the red trail wanders through pine flatwoods (from left, clockwise), oak hammocks, river swamp, and sandhill habitats.

Photos courtesy of Seminole County Comprehensive Planning



objectives, to improve wildlife habitat and enhance populations of gopher tortoise and sherman's fox squirrel.

Some restoration of the site is planned, with prescribed burns, to reduce fuel loads and resurrect the flatwoods and sandhill habitats.

To get to the Econ River Wilderness Area, take McCullough Road east from State Road 434 (Alafaya Trail),

turn left on Lockwood Road and look for the entrance sign on the right.

More information on the Geneva Wilderness Area is available in the Aug. 9, 1998 issue of the Seminole Herald. The opening of the Jesup Landing Wilderness Area, and the Chuluota Wilderness Area, will be featured in upcoming issues.



Kristian Truelsen (Mr. Rice, from left), an actor in film, television and commercials, performed in Orlando Theatre Project productions *The Little Prince*, *All in the Timing* and as understudy in *Camping with Henry and Tom*; and in staged readings of *Happgood*, *Molly Sweeney* and *Dear Ruth*. Christine Decker (Molly Sweeney) is a familiar face to OTP audiences. Her past productions include *Sylvia*, *Who's Afraid of Christmas* at Virginia Woolf's, *Lion in Winter*, *Jake's*

Woman and this season's *Defying Gravity*. She can also be seen on stage at the Comedy Warehouse on Disney's Pleasure Island. Chris Pflingoten (Frank) has been seen in these OTP play readings - *Happgood*, *Molly Sweeney* and *Kiss the Bride*, and appeared in early productions of *Loot* and *Wild Oats*. He is a member of the Epcot Acting Company, appearing at innovations in two different venues.

OTP's Molly Sweeney to be presented at SCC

SPECIAL TO THE HERALD

SANFORD - *Molly Sweeney*, the second show in the Orlando Theatre Project 1998-99 season, will be presented Jan. 7 through 24.

Molly Sweeney is a lyrical and poignant tale by Brian Friel, who has been recognized as Ireland's greatest living playwright. Molly, blind since early infancy, describes her world before and after an operation to restore some of her sight. Her husband, Frank, who pushed Molly into this operation, relates his view of his wife's journey into sightedness, and his dealings with her doctor, Molly's once-famous eye surgeon, Mr. Rice, watches both Molly and Frank and reveals his opinion of them along with his own fears in handling the operation.

Through it all, the audience sees each characters' painful and happy histories, their memories and the events that led them to meet. Their stories interweave on stage, threading in and around each other's lives until the unexpected and touching conclusion to this striking tale.

Jan Howard, who appeared as Warren G. Harding in OTP's *Camping With Henry and Tom* will direct OTP regular Christine Decker (*Defying Gravity*, *Jake's Women*, *The Lion in Winter*) in the title role. Cast as the supporting men in Molly's life are Kristian Truelsen, who was last seen in *All in the Timing* and will direct OTP's May production of *Below the Belt* and Chris Pflingoten, a production stage manager for OTP who was last seen on OTP's stage in *Wild Oats*.

Staged at the Seminole Community College Fine Arts Theatre, the production starts at 8 p.m. on Thursday, Friday and Saturday evenings and Sunday matinees are at 2 p.m.

Tickets are \$15 per person, with 50 discounts for senior and students. SCC faculty, staff and students also receive discounts. For tickets, call (407) 338-3040.

Orlando Theatre Project is a non-profit, professional theatre company, currently in residence at Seminole Community College. Orlando Theatre Project operates under agreement with Actors' Equity Association, the union of professional actors and stage managers.

Seminole Herald CLASSIFIED

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71-HELP WANTED Cook 4 nights/week inc. weekends, experienced necessary. \$8/hr, also Dietary Aide @ \$6/hr.

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71-HELP WANTED DRIVERS CDL B for local deliveries. Permanent positions available. Competitive pay. Call Sandy at 407-847-8010

71-HELP WANTED ENTRY LEVEL DRIVERS needed NOW! Covenant Transport has immediate openings for driver positions.

71-HELP WANTED IMMEDIATE OPENINGS. Sunshine Staffing under contract with the Seminole County Public Schools has immediate Full & Part time positions available for local schools & outside.

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71-HELP WANTED LATTER LEVEL. Large Direct Marketing Company based in Sanford is seeking an experienced. Long Term. Full Time. Career. Temp to perm. Start the year and add a new company.

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71-HELP WANTED LP/HPN 3-11 FT and 11-7 PT positions available. Florida licensed and skilled long-term care experience needed to join our team of Survey Successful Care Givers.

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71-HELP WANTED MECHANIC. 18yr Sanford firm/Service. Mechanical. Handle multi-line phones. Data Entry. Database knowledge.

71-HELP WANTED DONT DELAY PLENTY MORE! 788 W 82TH ST, SANFORD. MECHANIC. T/T MECHANIC NEEDED!

71-HELP WANTED Medical. Alln: LP/HA and RN/HA become an RN or BSN graduate and increase your income without going back to school!

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71-HELP WANTED Electricians Needed Immediately!! with Tools. Drivers paid extra. Call 322-1999.

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71-HELP WANTED Ladies Call 888 (407) 784-2111. Credit Card Billing 1-800-CITY-PUN

71-HELP WANTED ENERGY Solutions. Now You, Now Career. Outdoor Sales Opportunities With Field Force.

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71-HELP WANTED Postal Jobs Up to \$17.21 hr Guar. Hire. For App. and Exam Info. Call Sem-102M 1-800-481-WORK Ext#-1053

71-HELP WANTED BBAFT AND TODDLER TEACHER needed AM & PM hrs avail. Please call 921-6677

71-HELP WANTED Large Sanford Company looking for experienced Printing machine Operator. Must be familiar with Int Jet machines.

71-HELP WANTED Secretary/Receptionist: FT for counseling center in Sanford. Typing, dictation, phone, & general office duties.

71-HELP WANTED LEARN TO DRIVE TRACTOR TRAILERS. NO EXPERIENCE NEEDED. 15 Day CDL Training. Bay & Weekend Classes.

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CLASSIFIED. A large vertical column of small classified advertisements, including real estate listings and service ads.

HOME FOR SALE. 2428 Orange Ave. Sanford. Housing Grants Up To \$3,500. Newly Remodeled Three Bedroom, With Porch, Central Air, Range And Refrigerator. Yours For \$435 Per Month PMI. Call To See If You Can Qualify For This Amazing Program (407) 784-8800

Legal Notices

SEMINOLE COMMUNITY COLLEGE. The Student Board of Trustees of Seminole Community College announces a public meeting to elect a new president. DATE AND TIME: Sunday, January 12, 1999, 7:00 p.m. PLACE: Board Room, SCC Administration Building.

Legal Notices

IN THE COUNTY COURT OF THE SEVENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA. BASE NO. 99-0740-00-00-AL. ALABAMA NEWS. CONSUMERS ASSOCIATION, INC., a Florida not-for-profit corporation.

Tubetec, Inc. Tube Tec, Inc. 301 Brown Avenue Sanford, FL 21771. Sanford Area Manufacturer has the following openings: General Laborers (starting @ \$7.00/hr) No previous experience required. Welders Experience in TIG, certification a plus. Machinists Production work. Experience with lathe, milling, and drilling. All applicants must be able to handle 50-75 lbs. Attractive Benefit Package. CALL (407) 322-6646 or Fax (407) 322-1000

Legal Notices

WILSON & HARRISON AND LAWSON THURSH. NOTICE OF SALE. Home to be sold on the 17th day of December, 1998 in and for the County of Seminole, Florida.

Legal Notices

Notice with citation returned. A notice with citation returned by the county clerk to the attorney at law for the plaintiff.

January 31st, 2000. 1207 Garage on Deer Gulch Lane. Newly built - Corner lot. Located close to the beach. 1500 sq. ft. finished basement. 2,100 sq. ft. home with oak floors throughout. 41 bedrooms each with a walk-in closet. Security System - Four car garage. Solid, steel reinforced construction. Pool, Spa & Paved Driveway. Call: 321-251-2525

Sanford ceramic manufacturing company is seeking a Class A CDL Driver for Long Term Contract. Excellent opportunity. Temp to perm. Start the year out with a new job. Call help Personal 322-6680 or apply in person. Never a Fee.

Monthly January 08 9:00 am to 11:00 am Sanford Job Service Lake Mary Blvd. Reflector Plaza

LABORER & OVERHEAD. A home based business can be PROFITABLE & help you earn \$2-5k/week on your DRESS. Start \$1,799. 407-322-6880

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DRIVER. Large Direct Marketing Company based in Sanford is seeking an experienced. Long Term. Full Time. Career. Temp to perm. Start the year and add a new company.

LABORER & OVERHEAD. A home based business can be PROFITABLE & help you earn \$2-5k/week on your DRESS. Start \$1,799. 407-322-6880

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Sports

Seminole Herald

Seminole Herald, Sanford, Florida - Sunday, January 3, 1990 - 18

B

Deen Smith

SEMINOLE SPORTS EDITOR



Happy 85th Papaw

SANFORD - Happy New Year Seminole County sports fans. Nineteen-ninety-eight proved to be quite a year for local athletics, what with the Lake Mary girls' program winning three state championships, Tim Raines winning his second World Series ring and Matt Kuchar playing extremely well in The Masters and U.S. Open Golf Championships and also making a stellar appearance on the Tonight Show.

And that's just touching the tip of the iceberg. But I wanted to make mention of a happening that didn't make the headlines...My maternal grandfather, Dwight Reynolds, turned 85 on Wednesday.

It's hard to believe that an active and full of life as he is that he is that old.

Papaw, as he is known by everyone in our family and circle of friends, comes from a distinguished line.

He wouldn't know what to do if he wasn't working.

Last time we saw my father and he was over 70. He had a few wrinkles, but he was still a young man. He was still a young man.

A lot of you may remember him pumping gas at Sylvester Chang's Mobil station after his 80th birthday and being there until Mr. Chang closed the business. He was at the station at 1 A.M. every morning, no matter what the weather, and pumping gas until the late afternoon.

Even after being forced to retire from his industrial supply in the late 70's when that company, too, went out of business, he would do odd jobs for the ladies in the church, mending their yards or doing little projects.

He had slow down a little bit the last couple of years after my grandmother, Evelyn, who was such a big part of our lives, passed away. But lately he has shown signs of being himself again.

He has been in every home game played by the Seminoles Community College basketball team this year and he is always watching some sporting event on television. He is a big Atlanta Braves and NBA fan.

A lot of us love for sports and he has been by him, he never missed a game for over 20 years. He was at Sanford High School in Sanford, our home town, games.

He played basketball when he was in high school, but it was a different game back then. For every game he had, he had to bring back to the game with him a young ball and a young ball.

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New year, same result

Lake Howell takes second in Eagle Invitational for third straight year

By Tony Beltramini
SEMINOLE CORRESPONDENT

ORLANDO - For the third year in a row, the Lake Howell Silver Hawks played in the championship match of the Eagle Invitational boys' soccer tournament at Edgewater High School.

And Thursday evening, the Silver Hawks had to settle for second place for the third year in a row ... coming up one goal short for the third year in a row.

One lousy, stinking (censored) goal. This time, it was the Bishop Moore Hornets, who squandered a 2-0 lead before pulling out a 3-2 penalty-kick win over the Silver Hawks.

Two years ago, Lake Brantley beat Lake Howell in the finals on penalty kicks.

Last year, Lyman defeated Lake Howell, 3-2. "One goal," said Lake Howell coach Scott Betsinger with a shrug of his shoulders that said volumes of the frustration felt by he and his players. "For the third year in a row, we were one goal short in the championship match."

Sabal Point resident Mike Ross gave Bishop Moore a 2-0 lead with a pair of goals in the first 30 minutes of play.

The first came at 1:37 of the match, when he intercepted a poor drop ball and went in alone on Lake Howell keeper Jeff Subbert. At 28:26, Ross headed home a well-placed free kick from Andy Mund.

"We came out on eggshells and gave up a bad goal," said Betsinger. "We started out slow, but I was pleased with the way the boys rebounded in the second half."

Lake Howell stormed the Bishop Moore net early and often in the second half, forcing Hornet keeper Tommy O'Reardon to make three saves on four shots in the first five minutes.

Daniel Gray finally got the Silver Hawks on the board when he nodded in a corner kick from Jeremy McGovern at 56:28. Lake Howell netted the tying goal when Danny Smith blocked in a rebound of his own shot at 71:55.

"I thought we had the momentum and would pull it out in regulation," Betsinger said. "We had some good chances to win it in overtime. I guess it just wasn't meant to be."

The score remained knotted at 2-2 through the two mandatory five-minute overtime periods and the two five-minute sudden death periods, sending the match to the penalty kick shootout.

Bishop Moore outshot Lake Howell, 4-3, in the best-of-five shootout to claim the victory.

Igor Gonzalez, McGovern, and Smith each made their shots for the Silver Hawks while John Welsh, Ezekiel Martinez, Reilly Mitchell, and Mund converted for Bishop Moore.

Mund's shot broke the 3-3 shootout tie in favor of the Hornets.

O'Reardon gave the Hornets the edge they

Please see Soccer, Page 28

EAGLE INVITATIONAL '98

at Lyman and Edgewater high school's

MONDAY, DECEMBER 28

- Game 1 - Lake Mary High School 3, Ocoeeville-Suchland High School 0
- Game 2 - Lake Howell High School 4, Palm Bay High School 1
- Game 3 - Melbourne High School 3, Oviedo High School 1, penalty kicks
- Game 4 - Boca Raton-Olympic Heights High School 3, Lyman High School 1
- Game 5 - Bishop Moore High School 2, Lakeland High School 2
- Game 6 - Daytona Beach-Seawater High School 6, Edgewater High School 3

TUESDAY, DECEMBER 29

- Game 7 - Satellite Beach-Satellite High School 5, Dr. Phillips High School 3
- Game 8 - Jupiter High School 2, Winter Park High School 0
- Game 9 - Oviedo High School 3, Dr. Phillips High School 0
- Game 10 - Lyman High School 2, Lakeland High School 1
- Game 11 - Palm Bay High School 2, Edgewater High School 0
- Game 12 - Ocoeeville-Suchland High School 3, Winter Park High School 0
- Game 13 - Melbourne High School 1, Satellite Beach-Satellite High School 0
- Game 14 - Bishop Moore High School 2, Boca Raton-Olympic Heights High School 1

WEDNESDAY, DECEMBER 30

- Game 15 - Lake Mary High School 2, Jupiter High School 1
- Game 16 - Lake Howell High School 0, Daytona Beach-Seawater High School 0
- Game 17 - Oviedo High School 3, Jupiter High School 0
- Game 18 - Lyman High School 2, Daytona Beach-Seawater High School 0
- Game 19 - Ocoeeville-Suchland High School 2, Satellite Beach-Satellite High School 1, penalty kicks
- Game 20 - Boca Raton-Olympic Heights High School 2, Palm Bay High School 1

THURSDAY, DECEMBER 31

FIFTH PLACE GAME

- Game 21 - Oviedo High School 4, Lyman High School 1
- Game 22 - Ocoeeville-Suchland High School 2, Boca Raton-Olympic Heights High School 0

THIRD PLACE GAME

- Game 23 - Lake Howell High School 2, Lake Mary High School 1
- Game 24 - Bishop Moore High School 1, Melbourne High School 0, penalty kicks

CHAMPIONSHIP GAME

- Game 25 - Bishop Moore High School 2, Lake Howell High 2, penalty kicks

IT PAYS TO BE GOOD

SANFORD - Former Orlando Magic player and current radio colorman Jeff Turner (shown at right and in bottom photo) and Orlando Magic Conditioning Coach David Oliver, put players through their paces during a conditioning clinic sponsored by the City of Sanford this morning.

Every coach of a team in the 4-5 grade league and up in the Sanford Youth Basketball League were allowed to pick two players each to take part in the clinic free of charge.

Players were chosen more for their work ethic, attitude, coachability, etc., than their athletic ability.

Special Photos by Timmy West



Subbert, Gonzalez named MVPs

By Tony Beltramini
SEMINOLE CORRESPONDENT

ORLANDO - It wasn't much of a consolation, but it was better than nothing.

Lake Howell centers Igor Gonzalez and Jeff Subbert, who led the Silver Hawks to a second-place finish in the Eagle Invitational boys' soccer tournament, were named the tournament's Offensive and Defensive Most Valuable Players by a vote of the coaches.

Gonzalez, Lake Howell's leading scorer, was one of three forwards named to the All-Tournament team while Subbert was named as the goalkeeper for the squad.

"I am very proud of Igor and Jeff," said Lake Howell coach Scott Betsinger. "They played well in the tournament the last three years and it was nice to see that effort this year."

Lake Mary, which finished third, and Oviedo, which was fourth, were named to the All-Tournament team.

Daytona Beach and Winter Park were named to the team as substitutes while Lyman, Boca Raton, Ocoee, and Edgewater also played.

The tournament, which ran in Lake Howell in the third-place game.

Game 25 - Bishop Moore High School 2, Lake Howell High 2, penalty kicks

Game 26 - Lake Mary High School 2, Melbourne High School 0, penalty kicks

CFCC-Patriots pound Cardinals in Classic

By Tony Beltramini
SEMINOLE CORRESPONDENT

SANFORD - T. E. Denver scored 24 points to lead Central Florida Community College Patriots to a 75-64 victory over Seminole Community College Cardinals in the Classic of Seminole County.

The Patriots, coached by Coach Gary C. Lee, were led by Denver, who scored 24 points, and Steve Smith, who scored 18 points. The Cardinals, coached by Coach Gary C. Lee, were led by Steve Smith, who scored 18 points, and Steve Smith, who scored 18 points.

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Editorial

Our Views

Two cities move forward on historic districts

Sanford and Longwood are making strides to improve their historic districts. Both cities face difficult choices.

Sanford provides regular landscape maintenance of First Street, holding festivals such as the Heritage Festival, Light Up Sanford, and the Christmas Parade. Plans are moving forward for a 300-room hotel/convention center at Fort Mellon Park, also within a historic area.

Longwood is considering a proposal for landscape projects in its historic district, and making preparations for its spring Founders' Day Festival.

In Sanford, the majority of downtown business merchants believe the conference center will provide new customers and investments that will bring prosperity. Some residents worry that the project could fail, but it's a risk the majority of voters decided to take.

Construction on the conference center could start as early as December, 1999, according to city officials.

The question for Sanford in 1999 may be how to preserve the character of the historic district while moving forward with the development of the conference center.

Beauty is critical to the success of a his-

toric district. Longwood is taking bids from private companies for landscape projects on right-of-ways. This is a positive first step. Members of the Longwood City Commission also take pride in not running a budget deficit. The price of the bids will be critical to whether the landscape projects are performed.

Longwood is examining various ideas to infuse money into the district, such as creating a special tax district called a Community Redevelopment Area. This is being done in Sanford. The downtown CRA in Sanford had a 1998 final taxable value of \$3 million.

The question for Longwood in 1999 may be how to improve the historic district while maintaining a balanced budget.

Sanford and Longwood are different cities, with different sets of problems. But they have at least one thing in common. The historic district is the focal point of both cities. Improving the historic districts in 1999 will be critical to the future of Sanford and Longwood, both economically and aesthetically. Careful planning during the early stages of any land improvements and changes is essential to the success of both cities.

Letters

Casselberry commissioners should move on

I voted for the reelection of both Casselberry commissioners and in favor of the ordinance separating nudity and alcohol in our city. While I was pleased to see that the incumbent commissioners were reelected and voted unanimously in favor of the nudity and alcohol ban, I find this legislative body making the same grave error as Orange County. I am moving on and attempting to rectify other problems within our city, such as a shortage of police officers. Commissioner

Henson is reportedly again pushing an investigation of his political opponents on the city's dime. I understand his embarrassment at the information sent out by those aligned with the adult entertainment clubs, but unless this information in untruth for which he can file a defamation claim on his own time and money, I would hope that he would just let it go and move on with good government for our city. Our commission needs to know that it has gotten all the political mileage it can out of its anti-porn campaign, and now we expect to see positive results in other areas rather than political chattering and venting.

Misty Sanchez
Casselberry

God bless them

A large charming group of children and adults came to my home one evening before Christmas. They all had lighted candles. They sang in beautiful voices a lot of songs of Jesus and ended with wishing us a Merry Christmas.

I had just returned from the hospital in Orlando where the doctor had called me to tell me my mother was slipping away. My heart was heavy. That group of children and adults lifted my heart.

I don't know them, but I really would like to say God Bless them.

Marie Odom
Sanford



Hotel

continued from page 1A
leading recommendation that an archaeological survey be performed to study the historical significance of Fort Mellon Park. Minder said a survey would be performed. The State Department is concerned that Fort Mellon Park may be the original site of Fort Mellon.

One response is that the land was originally under water when the Fort was built," Minder said. "There have been no significant archaeological artifacts found at the site. Given the evidence, it is unlikely the park is the site of Fort Mellon."

Doug Greenstein, president of The Society For the Preservation of Fort Mellon Park, said park land in the city would fill

below recommendations in the city's Comprehensive Plan, once the hotel/convention center is built.

Dale said the city would meet Comprehensive Plan requirements for park space. The city had no objections to the park space provided by the city.

Instead, these members of the Sanford Historical Society, said the planned hotel/convention center would not be consistent with the character of the historic district.

"It's hard to see how a 10-15 story building can be compatible with historic character and the historic district," Dale said. "This is totally out of scale."

Sometimes, big projects don't work out."

Dale said Fort Mellon Park is historically significant and just because it is a possible site of Fort Mellon, but also because the park is a former Works Progress Administration project during the Great Depression.

Dale said he is not convinced the park is a WPA project. He said if it is, that would not make it historic.

"The WPA at the time was very similar to today's Community Development projects," Dale said. "Nothing at Fort Mellon Park was done by WPA hands other than the State Center, which will still be standing."

Airport

continued from Page 1A
previously there was general support for the airport," Hagedorn said. "The question on everyone's mind was, OK, what do you need from us? The main issue was brought up. I support all airports here that I can. There was substantial interest in helping the airport."

Hagedorn said he did not know whether a vote would be taken on support of domestic service

at the airport.

"Right now it is not an action item," Hagedorn said. "I expect Tony (Walters) will make that motion. If a council member brings it up as a motion, I would support it. I think that it's hard to say what will be done."

Sanford Mayor Larry Dale said he is hopeful the airport will have domestic service in a year.

"The demographics and the

market are good for domestic service," Dale said.

Dale said he does not expect concerns about airport noise will prevent the city council from supporting domestic service.

"I don't think noise is that big of an issue in Orlando," Dale said. "Obviously some people have concerns. But, in Orlando they get more noise from the Orlando airport."

City of Sanford, Florida

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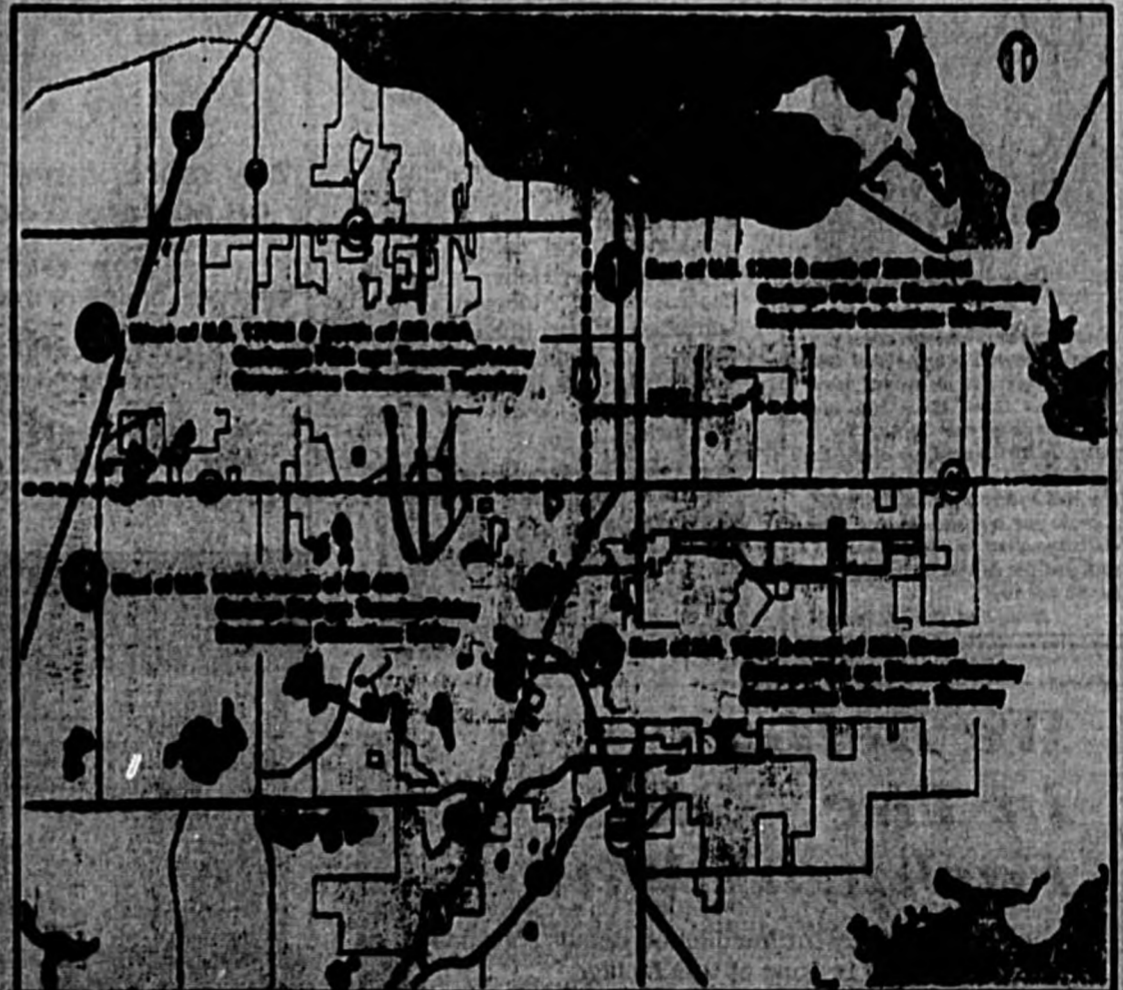
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"The Friendly City"

Business

Local manager returns to town

By Bill Kenna

STAFF WRITER

SANFORD - The new manager of Grankow Funeral Homes in Sanford is returning to his roots, in the town where he graduated from high school, and the business where he had his first funeral home job 20 years ago.

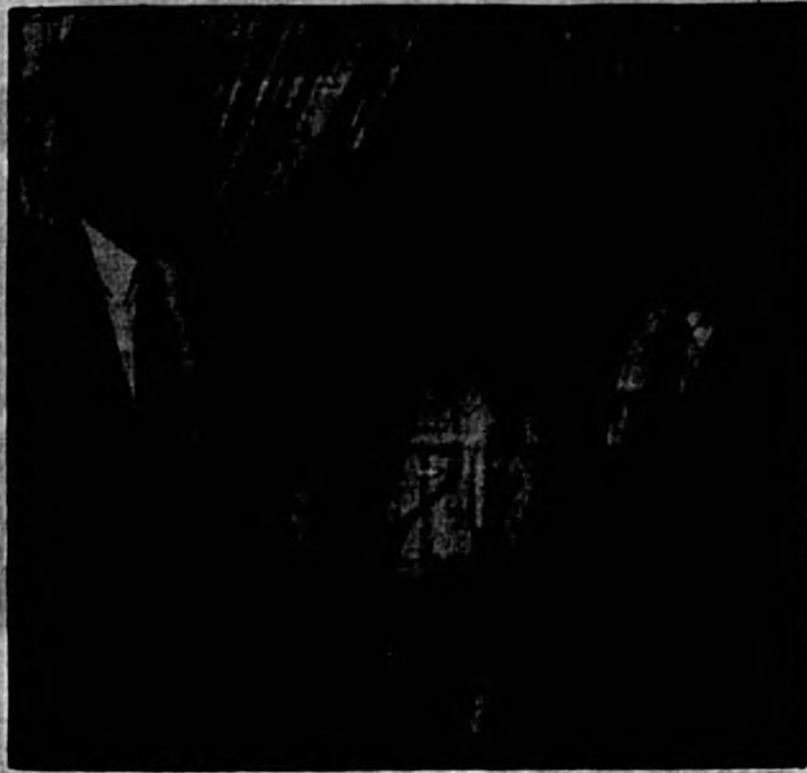
Michal Botts is a Seminole High School and Seminole Community College graduate. After 18 years outside Seminole County, Botts is happy to return home.

"I'm really excited to be back," Botts said. "I'm looking forward to serving the families in this area. I'm looking forward to meeting new people. It's always an honor to serve them in their time of need."

Botts, 39, is married with four children. His mother and two sisters also live in the area. Monday was his first day on the job.

In 1978, Botts started working for Grankow Funeral Homes.

"They introduced me to the business," Botts said. "Hopefully, I can pass on some of the things I've learned. This business is constantly changing. I'm fortunate to have been



New manager Michal Botts, left, with Grankow Funeral Home owner Bette Grankow and former manager James Schultman. Botts returned to Seminole County this week after 18 years absence.

Special Photo by Jimmy Wilson

exposed to some of the changes."

Botts said the two keys he would focus on are personalization of service and quality of service.

"Grankow has always had quality service," Botts said. "We hope to expand on that, and make it better."

Botts will be working with the

staff to generate new ideas for improving service.

"It will be a total team effort," Botts said. "Grankow is known for its community service, and we may extend it even more than we've been doing. I can only be as good as my staff. We will look into new ideas to better serve families."

Botts said he returned to Grankow Funeral Homes to bring quality service to area families, with a sense of integrity and honor.

"I have very high standards and ethics," Botts said. "Grankow is known for quality service with a sense of ethics. I wouldn't have come here if it wasn't."

In the last eight years, Botts opened three new funeral homes for the Grankow Funeral Home company in Manatee County.

"The homes were very successful," Botts said. "Unfortunately, we were bought out by a larger company. We had a disagreement over how things should be run - it was a mutual parting."

BRIEFLY

The employees of Siemens Information and Communication Networks have donated \$1,530 and 2,630 pounds of food to the Second Harvest Food Bank of Central Florida as part of the Share Your Christmas Food Drive.

The gift will be used to support the food bank's 400 non-profit member agencies responsible for providing food assistance to individuals and families in need. We are grateful to the employees of Siemens who have contributed so generously to this food drive," said Margaret Linnane, executive director of the Second Harvest Food Bank. "Thanks to their support, many local families - including children and seniors - will not go hungry over the holidays."

"Siemens is proud to support our neighbors," said Joseph Vaccaro, director of human resources. "The food drive is organized each year by a dedicated team of employees, and then supported by the entire Siemens workforce in Central Florida. Our goal is simply to brighten the holidays for our neighbors in need."

The Second Harvest Food Bank of Central Florida is a private-non-profit organization that collects, stores and distributes donated food and grocery products to non-profit member agencies in 11 counties.



Sharing Christmas cheer

George Schriener, Paa World general manager, presents a check for \$1,255 to Irene Brown, volunteer director for the Sanford Christian Sharing Center. The

check amount represents proceeds from the Paa World annual employees/retiree Christmas party held in Sanford last week.

Resource guide helps businesses deal with tight labor markets

Washington, DC - In an effort to address the continuing labor shortage facing employers across the nation, the U.S. Chamber of Commerce released its "Workforce Development Program Resource Directory," a comprehensive directory of programs available to help thousands of companies and businesses recruit the highly skilled labor force.

"Finding and keeping good workers is one of the greatest challenges facing business today," said William A. Brock, U.S. Chamber president and CEO. "The U.S. Chamber is committed to the new business, particularly in cooperation with the U.S. Small Business Administration (SBA) and the White House Task Force on Small Business, to help small businesses find the best ways to get the best workers and other good workers."

"We must do everything we can to get into new, untapped sources of labor including veterans, immigrants, people with disabilities, and women and minorities," said Brock. "The Chamber is committed to the Chamber's program, the directory features a list of national and international organizations that provide programs and services to help businesses recruit and retain the best workers in the global marketplace."

The U.S. Chamber of Commerce is a national business organization that represents the interests of small, medium and large

businesses. When companies plan a workforce to work program, they need to know how to find workers with the right skills," said Bill Engel, president and CEO of The White House Task Force on Small Business. "This new directory will help them do that. It's a valuable tool as we meet people from every level of government to help us meet the needs of our nation's workforce."

"Small businesses are the backbone of the nation's economy," said Engel. "This resource directory is a valuable tool for small businesses to find the best workers and other good workers. It's a valuable tool as we meet people from every level of government to help us meet the needs of our nation's workforce."

The directory is available for \$12.95. It includes a list of national and international organizations that provide programs and services to help businesses recruit and retain the best workers in the global marketplace.

The U.S. Chamber of Commerce is a national business organization that represents the interests of small, medium and large

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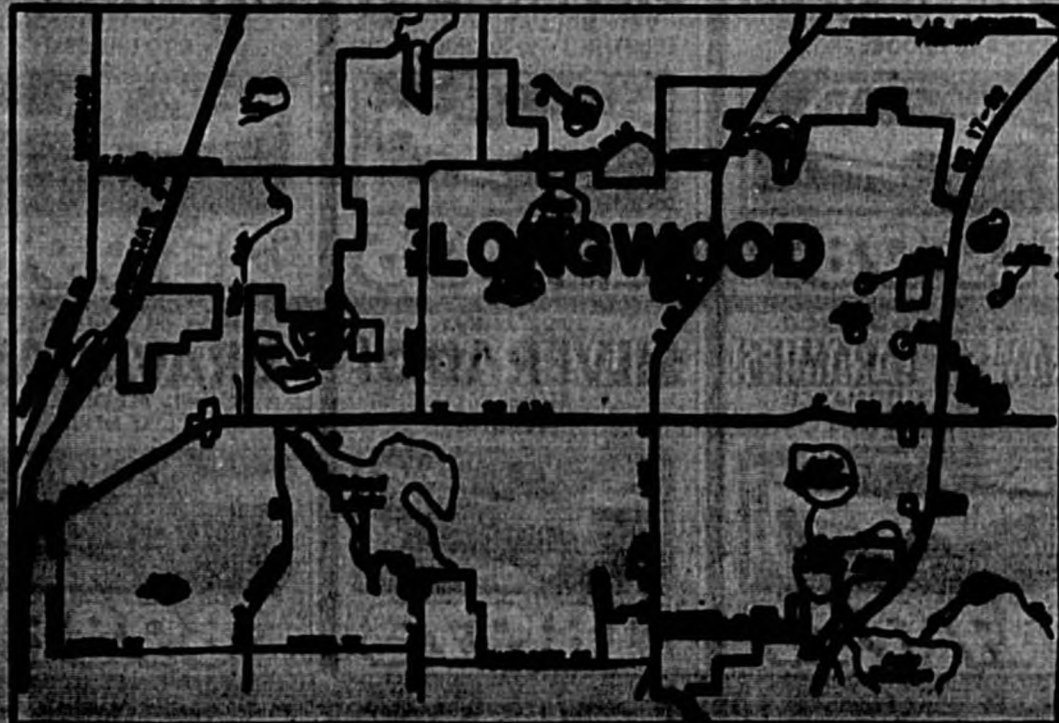
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NOTICE OF LAND PLANNING AGENCY MEETING

NOTICE IS HEREBY GIVEN BY THE CITY OF LONGWOOD, FLORIDA, that the Land Planning Agency (LPA) will hold a public hearing on January 13, 1999 at 7:00 P.M., or as soon thereafter as possible, in the Longwood Women's Club, 180 West Church Avenue, Longwood, Florida, to hear public comment to review and make recommendations to the City Commission regarding the following:

Adoption of the Land Development Code Amendment - Article VI Sign Regulations, pursuant to the requirements of the Florida Statutes and the City of Longwood, if recommended by the LPA, the Code Amendment will be transmitted to the City Commission for consideration at the first available meeting.

General Location: Citywide Tax Parcel ID: Not Applicable



A copy of the proposed Land Development Code - Article VI Sign Regulations will be available for review in the Planning Agency office between 9:00 A.M. to 4:00 P.M. beginning December 22, 1998. The office is located at 174 W. Church Avenue, Longwood, Florida. If you may call the office at 407-339-1111.

All persons wishing to present comments and be heard with respect to the request. This request may be presented from 9:00 A.M. to 4:00 P.M. on the date of the meeting. Persons with disabilities who are unable to attend in person should contact the ADA coordinator at 407-339-1111. A hearing will be held at the meeting.

All persons who wish to present comments at the meeting, the meeting will be held at the Longwood Women's Club, 180 West Church Avenue, Longwood, Florida. It is the responsibility of an applicant to provide a current map of their site.

Land Development Code - Article VI Sign Regulations



RUSS WHITE

'Echo,' the poet has gone online

A poet named "Echo" has self-published his first book, an engaging collection entitled "A Farewell to Reason."

"Echo's" real name is Joseph M. Brennan. He is 35-years-old ex-Marine who graduated from the University of Central Florida Magna Cum Laude with a Bachelor of Science degree in Mechanical Engineering. He works as an electronics engineer in Orlando.

Could be that you've met "Echo" at the new Books-A-Million near Seminole Towne Center. He's none too shy to say hello and tell you his aspirations and all about his poetry.

"Few if any of the people coming into the store have heard about me," he said. "Some come to my table just out of curiosity. They say hello and glance at my book. They ask what it is about and they ask where I came up with the name Echo."

"Poets often have unique names. I tell them, Joe Brennan just wouldn't do. I came up with 'Echo' four years ago. It carried the mystical and poetic ring I was searching for."

"Echo" says that he wants "A Farewell to Reason" to inspire readers to fill their lives with greater joy and less regret by immersing them in modern true to life vignettes reminiscent of the humanist movement in ancient Greece.

Much of "Echo's" work is uplifting, but some of it is purposely on the bleak side.

The poet takes his readers into seven "rooms." They are named: The Dressing Room, The Passion Room, The Anchovy Room, The Room of Illusion, The Room of Youth, The War Room and the Inspiration Room.

"Echo's" poetry has appeared in a number of literary publications including *Chicken Soup, Poet's Review, Apropos, Rhyme Time, Lonestar Magazine* and *The Eyrie*. He was a semi-finalist in a national poetry contest sponsored by the Poetry Guild.

"Echo" is a living illustration of his poetry. He's a dreamer and a doer. He's managed to focus on more of the simpler joys of his own life. "I didn't want to get 50 years down the road he might look back and be haunted by the regret of not pursuing my passion and dream."

So this is what "Echo" has done - written his poems, collected them into a hard-back volume, made 1,000 copies and spent countless hours meeting book readers and trying to get them to give his book a try. He said he has sold 600 of the books, which cost \$11.95 apiece.

"Making money isn't what this is about," he said. "When I started out, I hoped the book would pay for itself. I invested my own money. I gambled that my poetry was good enough to get people to buy the book. I'm elated that this is happening. I'm amazed at the willingness by so many to help me get off the ground."

Any writer who has not been published should follow "Echo's" well-organized and aggressive efforts. In addition to book signings, he has sent out news releases, developed and maintained web pages and sent copies to book reviewers. Self-publishing means being both poet and promoter, and "Echo" is up to it.

If you see him at one of the area bookstores, take the time to chat awhile and give his poetry a chance. "Echo's" phone number is (407) 677-1267, his e-mail is jrm@1841@aol.com. Add some rhyme to the season.



Vintage view

This is a view of First Street from Oak Avenue circa 1920. It has been said that there were more automobiles in Seminole County per capita than any other county in the nation in the early 1900's. This picture is one of the scenes featured in the 1999

Historic Sanford calendar now being sold by the Sanford Historical Society. They can be purchased at the Sanford Museum, Knights Shoe Store and from society members.

U.S. joins suit against Columbia Healthcare

SPECIAL TO THE HERALD

WASHINGTON, DC -The Department of Justice announced Wednesday that it has joined a lawsuit alleging that Columbia/HCA Healthcare Corporation, the largest health care services provider in the nation, defrauded the Medicare program and other federally funded health insurance programs.

Columbia/HCA owns approximately 300 hospitals in 32 states. More than 100 of those hospitals are included in the suit, which also alleges fraud by five former Basic American Medical, Inc. (BAMI) hospitals in their Medicare cost reports, which continued after the company's acquisition by Columbia/HCA in 1992.

Assistant Attorney General of the Civil Division Frank W.

Hunger and United States Attorney in Tampa, Fla., Charles R. Wilson said a complaint was unsealed today that alleges that Columbia/HCA routinely submitted hospital cost reports to Medicare, Medicaid and CHAMPUS (the Civilian Health and Medical Program of the Uniformed Services) that included false claims in order to increase the amount of reimbursement the government paid to the hospitals.

The suit was initially brought by John Schilling, a former Supervisor of Reimbursement for the West Florida Division of Columbia, under the provisions of the False Claims Act, a federal law that allows private individuals to sue on behalf of the government. Under the False Claims Act, a company can be fined up to three times the amount

of the fraudulent billings and assessed civil penalties. In addition, under certain circumstances, a whistle-blower can recover up to 15 to 25 percent of the government's recovery in a case that the government joins.

The lawsuit alleges that beginning around 1988, Columbia and BAMI, made false statements to various fiscal intermediaries, the companies which process Medicare cost reports for the government, in their hospitals' annual cost reports, claiming that they should receive reimbursement of costs that the hospitals knew were unallowable. The lawsuit claims that Columbia and BAMI prepared "reserve cost reports," internal documents identifying those unallowable costs included in their filed cost reports, and kept those reserve cost reports hidden from government auditors. The complaint alleges that the

Florida Sun-Lowell, Page 28

DATE BOOK

Jan. 2, 1999

Today is the second day of 1999 and the 13th day of winter.



TODAY'S HISTORY: On this day in 1960, Senator John F. Kennedy, D-Mass., announced that he would seek the Democratic nomination for president.

On this day in 1974, President Richard Nixon signed into law a bill making 55 mph the speed limit in all states receiving Federal highway funds.

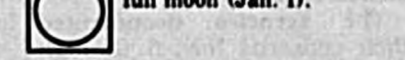
On this day in 1980, Queen Elizabeth awarded Cliff Richard membership in the Order of the British Empire.

TODAY'S BIRTHDAYS: Nathaniel Bacon (1647-1676), American colonial leader; James Wolfe (1727-1759), British general; Isaac Asimov (1920-1992), writer; Dan Rostenkowski (1928-), U.S. congressman, is 71; Roger Miller (1936-1992), singer-songwriter; James Bakker (1940-), TV evangelist, is 59.

TODAY'S SPORTS: On this day in 1965, Joe Namath was signed by the New York Jets.

TODAY'S QUOTE: "In our life there is a single color, as on an artist's palette, which provides the meaning of life and art. It is the color of love." - Marc Chagall

TODAY'S MOON: Day after full moon (Jan. 1).



Jan. 3, 1999

Today is the third day of 1999 and the 14th day of winter.



TODAY'S HISTORY: On this day in

1847, the city of Yerba Buena, Calif., changed its name to San Francisco. On this day in 1973, George Steinbrenner bought the New York Yankees from CBS for \$10 million.

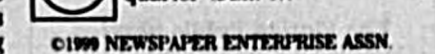
On this day in 1989, the "Arsenio Hall Show" premiered on television.

TODAY'S BIRTHDAYS: Lucretia Mott (1793-1880), abolitionist-feminist; Father Damien (1840-1889), missionary; J.R.R. Tolkien (1892-1973), writer; Victor Borge (1909-), comedian-pianist, is 90; Sergio Leone (1921-1989), director; Bobby Hull (1939-), hockey great, is 60; Victoria Principal (1945-), actress, is 54; Stephen Stills (1945-), musician, is 54; Mel Gibson (1956-), actor, is 43.

TODAY'S SPORTS: On this day in 1993, the Buffalo Bills defeated the Houston Oilers 41-38, coming back from a 32-point deficit to win in overtime.

TODAY'S QUOTE: "Any one thing in the creation is sufficient to demonstrate a Providence to a humble and grateful mind." - Epictetus

TODAY'S MOON: Between full moon (Jan. 1) and last quarter (Jan. 9).



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WEATHER

Today: Scattered showers. Highs in the upper-70s. Lows in the mid-60s. **Sunday:** Scattered thunderstorms. Highs near 70. Lows in the upper-40s. **Monday:** Isolated showers. Highs in the mid-60s. Lows in the upper-40s. **Tuesday:** Partly cloudy. Highs in the upper-50s. Lows near 40.

SATURDAY Shows 78 65
SUNDAY Tstrms 70 48

MONDAY Shows 64 48
TUESDAY Partly 58 40

Here are the winning numbers selected on Friday in the Florida Lottery:
Fantasy 5
 10-18-20-22-23
Lotto (60s. 20)
 12-04-05-07-01-06

Play 4
 9-3-6-3
Cash 3
 1-4-4

SATURDAY SOLAR TABLE: min. 5:00 a.m., maj. 11:10 a.m., min. 5:20 p.m., maj. 11:30 p.m.
TIDES: Daytona Beach: high: 7:57 a.m., 8:18 p.m., low: 1:26 a.m., 2:09 p.m. New Smyrna Beach: high: 8:02 a.m., 8:23 p.m., low: 1:31 a.m., 2:14 p.m., Cocoa Beach: high: 8:17 a.m., 8:38 p.m., low: 1:46 a.m., 2:29 p.m.

Daytona Beach & New Smyrna Beach: Seas are 5-7 feet and choppy. Water temperature at Daytona is 67 degrees and at New Smyrna, 67 degrees. Winds are from the southeast at 20-25 m.p.h.

The high temperature in Sanford Friday was 68 degrees and the overnight low was 48 degrees.
 Recorded rainfall for the period ending at 10 a.m. Saturday was 0.00 inches.
 -Sunrise.....7:17 a.m.
 -Sunset.....8:41 p.m.

Seminole Herald

"Serving Seminole County Since 1908"

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OBITUARIES

The following reports were compiled from the Seminole County Sheriff's Office for incidents recorded Jan. 1:

Domestic battery:

SANFORD, Lake Jennie Drive, 2100 Meek, Dec. 30, 9:51 p.m. A 35-year-old man was arrested by Sanford Police for domestic battery and domestic battery in the presence of a child under the age of 16. Police said the man and his girlfriend were having an argument when he pushed his girlfriend. Her 14-year-old son came to her defense and began wrestling with the man. The woman's nine-year-old daughter also witnessed the actions.

Driving under the influence:

SANFORD, State Road 44 at Oregon Avenue, Dec. 30, 12:12 a.m. A 36-year-old man was arrested by Seminole County sheriff's deputies for driving under the influence.

Drugs:

SANFORD, French Avenue, 1900 Meek, Dec. 30, 6:43 p.m. A 33-year-old man was arrested by Sanford Police for possession of crack cocaine, possession of less than 20 grams of marijuana and for driving with a suspended license. Police said they stopped him for a traffic violation and he was unable to produce a valid driver license. He told them the license had been suspended. He gave them permission to search his car and they found a small baggie of marijuana and a cigarette which contained a mixture of marijuana and crack cocaine.

WINTER SPRINGS, Moss Road and Cory Lane, Dec. 29, 8:00 p.m. A 29-year-old man was arrested by Winter Springs Police for possession of less than 20 grams of marijuana and resisting arrest without violence. Police said they received a complaint of three men smoking marijuana in the park. The men tried to leave the area when the police arrived, but police stopped them to question them. Rather than talk to them, one of the men left the area on his bicycle. When they caught up with him, he appeared nervous, but finally allowed them to search him. They found two small baggies of marijuana in his jacket pocket.

Retail theft:

SANFORD, Orlando Drive, 3800 Meek, Dec. 30, 1:33 p.m. A 33-year-old man was arrested by Sanford Police for retail theft. Police said he walked into the store and concealed a packet of razors and some cologne in his jacket pocket and walked out of the store without attempting to pay for the items.

RUTH E. CAUSEY

Ruth E. Causey, 77, Orange Avenue, Sanford, died Thursday, Dec. 31, 1998. Born in Lake Butler, she moved to Central Florida in 1951. Mrs. Causey was a seamstress. She was a member of Eastern Star #142, Mrs. Causey was a member of Church of Christ.

Survivors include daughter, Iris Hunt, Sanford; sisters, Rhona Parker, McClintney, Fla., Cecilia Smith, Jacksonville, Lois Herring, Tallahassee; Mildred Salvamini, Clifton Forge, Va.; one granddaughter; one great-granddaughter. Baldwin-Fairchild Oaklawn Park Cemetery and Funeral Home, Lake Mary, in charge of arrangements.

MINNIE LEE JORDAN

Minnie Lee Jordan, 98, West Lyman Avenue, Winter Park, died Tuesday, Dec. 29, 1998. Born in Washington County, Ga., she moved to Central Florida in 1926 from Georgia. Mrs. Jordan was a cafe proprietor. She was a member of Mt. Moriah Primitive Baptist Church, Winter Park.

Survivors include daughter, Leslie Mae Marsh, Maitland; four grandchildren; 12 great-grandchildren; 28 great-great-grandchildren; four great-great-

grandchildren; five god-children. Golden's Funeral Home, Inc., Winter Park, in charge of arrangements.

FLORENCE MAY NOBLE

Florence May Noble, 96, Glenway Drive, Sanford, died Thursday, Dec. 31, 1998. Born in Zanesville, Ohio, she moved to Central Florida in 1978. Mrs. Noble was a homemaker. She was a member of First Methodist Church of Sanford.

Survivors include daughter, Frances McAdams, Sanford; eight grandchildren; 12 great-grandchildren. Brisson Funeral Home, Sanford, in charge of arrangements.

LULA MAE WILLIAMS

Lula Mae Williams, 102, Trentwood Court, Lake Mary, died Tuesday, Dec. 28, 1998. Born in Mobile, Ala., she moved to Central Florida in 1984 from Detroit, Mich. Ms. Williams was a hostess.

Survivors include stepson, Iotis, Lake Mary; stepdaughter, Carolyn. Golden's Funeral Home, Inc., Winter Park, in charge of arrangements.

THELMA DOBBINS WILLIAMS

Thelma Dobbins Williams, 90,

Orange Boulevard, Sanford, died Wednesday, Dec. 30, 1998. Born in Gainesville, she moved to Central Florida in 1916. Mrs. Williams was a homemaker. She was the widow of the late Robert A. Williams, former Mayor of Sanford. Mrs. Williams was a member of First Baptist Church of Sanford.

Survivors include daughter, Nancy Williams, Berry, Fernandina Beach; three grandchildren; seven great-grandchildren. Brisson Funeral Home, Sanford, in charge of arrangements.

SARAH BELL WRIGHT

Sarah Bell Wright, 92, First Drive, Sanford, died Tuesday, Dec. 29, 1998 at Mariner Health of Orange City. Mrs. Wright was born Nov. 27, 1906 in Flemington, Ala. Mrs. Wright was a homemaker. She was a Baptist.

Survivors include sons, John, Sanford, Clarence, James, both of Washington, D.C., Johnny, Amsterville, N.Y., C.J., Holyoke, Mass., Ulysses, Maywood, Ill., Jimmie Lee, Lexington, Ky.; daughter, Willie Mae Edmonds, Providence, R.I.; 39 grandchildren; 35 great-grandchildren.

Wilson-Eichelberger Mortuary, Inc., Sanford, in charge of arrangements

OBITUARY

Casey, Ruth E.
Funeral Services for Mrs. Causey will be held on Monday at 1 p.m. at the Baldwin-Fairchild Oaklawn Chapel in Sanford with a special service by the Church of Christ of Sanford. The family will receive friends at the funeral home on Sunday from 2 until 4 p.m. Mrs. Causey is also survived by a granddaughter, Georgia Youngblood and a great-granddaughter, Amy Lynn Youngblood of Sanford. Baldwin-Fairchild Funeral Homes Oaklawn Chapel, 5000 C.R. 46-A, Sanford, FL (407) 322-4263, in charge of arrangements.



DARRYEL HALL

"As a result of being a convicted drunk driver, I almost killed two innocent people."

Lawsuit

Continued from Page 2A
purpose of the reserve cost reports was to set aside funds to repay the government in the event the unallowable costs were eventually discovered.

On Oct. 5, the Justice Department joined a prior lawsuit in which another whistleblower, or relator, made similar allegations against HCA and HealthTrust, two hospital chains which Columbia purchased in 1994 and 1995, respectively. Schilling's lawsuit that was unsealed today is limited to hospitals owned by Columbia prior to its 1994 merger with HCA.

The lawsuit unsealed today alleges that in January 1993,

Columbia had Able Care take over ResCare's responsibilities. The lawsuit alleges that Columbia bought out ResCare's management contract by continuing to pay ResCare's monthly management fees for minimal work, and improperly included those fees on Southwest's cost reports.

Today's action also alleges that in 1994, Columbia purchased several Florida home health agencies from Oisten Kimberly Corporation at artificially low prices and paid Oisten inflated fees to manage the home health agencies. The lawsuit contends that the management fees that Columbia paid to Oisten, and passed on to Medicare, included the costs of goodwill, which is not reimbursable by Medicare. The lawsuit also claims that Columbia hospitals with home health agencies managed by Oisten routinely double-billed Medicare for certain costs included in the management fees paid to Oisten.

The case unsealed Thursday, United States ex re I. Schilling v. Columbia/HCA Healthcare Corporation et al. Case No. 98-1254-CIV-T-338, and the case unsealed in October, United States ex rel. Alderson v. Columbia/HCA Healthcare Corp., Case No. 97-2098-CIV-T-331 were filed in U.S. District Court for the Middle District of Florida.

David Chance Born
10/14/74 - 1/2/99

We thought of you today. But that is nothing new. We thought about you yesterday and days before that too. We think of you in silence and often speak your name. All we have are memories and your picture in a frame. As life goes forward you don't die, we just miss you more. As our hearts you hold a place no one will ever fill. It breaks our hearts to lose you, you did not go alone, for a part of us went with you, the day you were called to go. We love you!
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World spreads
cheer to others
less fortunate

5A

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INSIDE

Russ White writes about poetry, please see Page 2A.

Tips for a healthier new year, please see Page 2C.

BRIEFLY

The Florida Public Service Commission has adopted tougher rules to deal with telecommunication companies that practice "slamming".

"Slamming" is the illegal practice of changing a consumer's telephone service without permission.

The FSC advises consumers who have been alarmed to notify their local phone company and ask to be reconnected to their preferred telecommunication provider free of charge. If the rates are higher than a consumer's normal rates they may be entitled to a refund.

The \$8 Alive Drive Course will be offered at the Sanford Senior Center on Jan. 14 and 15 from 12:30 until 4:30 p.m. The cost is \$8 for the two-day course. To sign up or for more information call (407) 302-1010.

Vistas, a hospice care program, is seeking volunteers willing to work with terminally ill patients and their families.

Volunteers provide support to the terminally ill, their families, and the friends who care for them. These services are provided in the homes or nursing homes. Other volunteers work those families and friends during the bereavement period, as well as non-patient activities. Other volunteer opportunities include: office/clerical; pet therapy; T.A.P. Tuck in Program, and Community Orientation/Speakers Bureau.

The next scheduled training will be held Jan. 26 and Jan. 28 from 5 until 9 p.m. Dinner will be served. Class sizes are limited and registration is required. For more information call Ginny Peters at (407) 475-2641.

Florida motorists paid 15.8 cents less per gallon for Self-Serve Regular Unleaded gasoline last month than they did in December of 1997.

The AAA Auto Club South December Fuel Gauge Report shows that the average price for Self-Serve Regular Unleaded, gasoline decreased 3.3 cents this month to \$1.010 per gallon from the November price of \$1.043 per gallon.

This month the lowest Self-Serve Regular Unleaded price in Florida was 94.6 cents in Fort Richey and the highest price was \$1.114 in Delray Beach.

QUOTE

"If we begin with certainties, we shall end in doubts; but if we begin with doubts, and are patient in them, we shall end in certainties."
- Francis Bacon

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City studies traffic impact of hotel site

By Bill Kerns
STAFF WRITER

SANFORD - The Sanford City Commission this week addressed objections from state agencies about the 300-room hotel/convention center planned for nine acres on Fort Mellon Park.

The agencies documented their concerns Nov. 5 through

the Department of Community Affairs as part of the state's review of a Comprehensive Plan amendment requested by the city.

"We'll be working with the federal government and the state," Sanford Mayor Larry Dale said. "The referendum was won. The majority of the voters approved this plan. Everyone that serves up here loves the city. That's why we serve

here."

The city said most of the traffic along state roads from the hotel/convention center would be distributed to State Road 46, and some would be distributed to U.S. Highway 17-92. Due to the lakeshore, 17-92 is a constrained facility, said Jay Marder, engineering and planning director.

A study measuring existing and alternative traffic patterns

to accommodate the hotel/convention center is being prepared by the city, Marder said.

Except for concerns about transportation facilities, the state's report said there are adequate public facilities to serve the site.

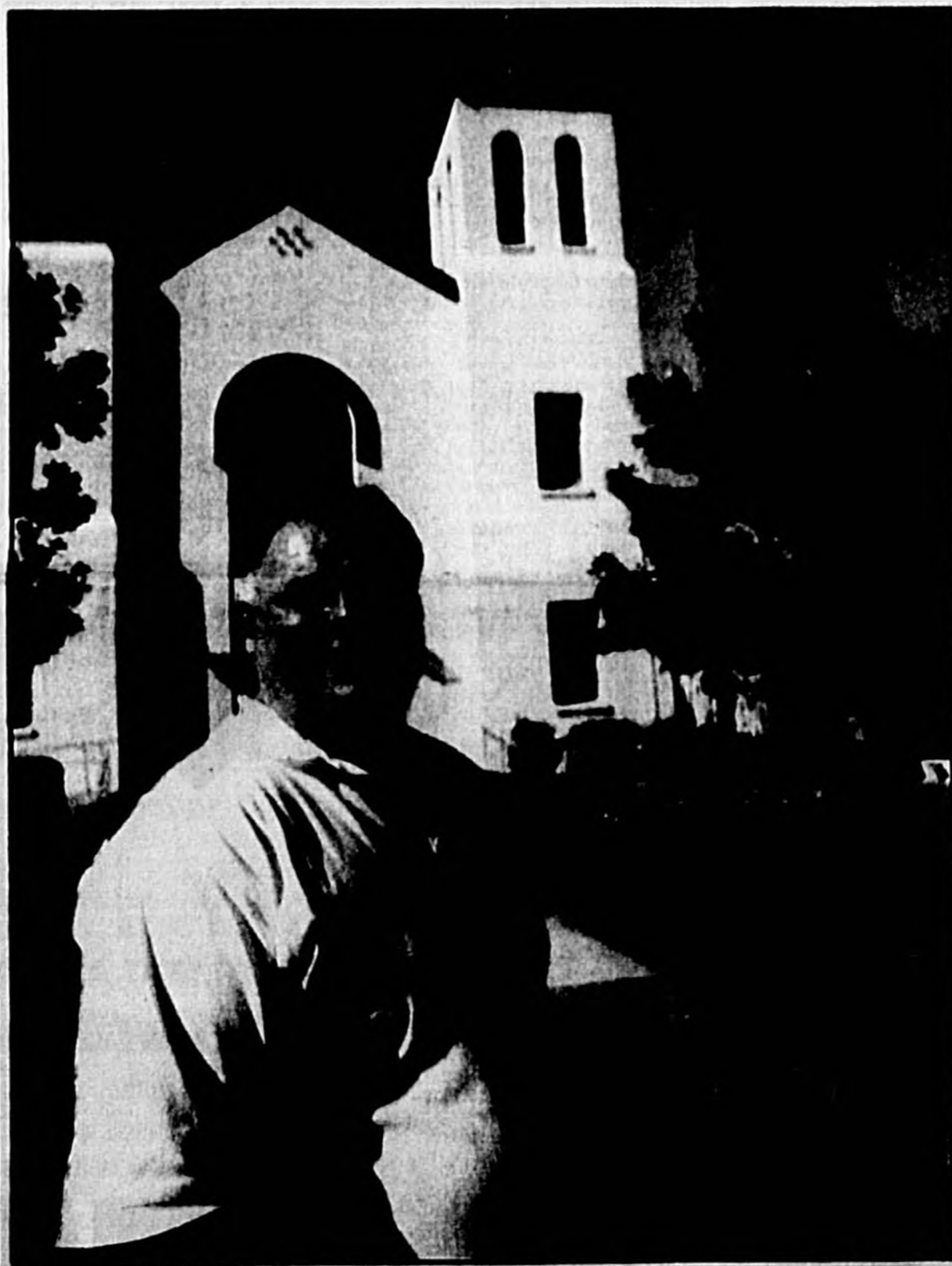
Construction could begin on a hotel-conference center at Fort Mellon Park in Sanford by December 1999, according to City

Manager Tony VanDerworp.

The city is currently working with the Seminole County Tourism Development Council on a preliminary development program for the hotel-conference center. This program includes retail and parking needs, as well as public improvements.

Staff from the Florida Department of State made a non-

Please see Hotel, Page 4A



Special Photo by Tommy Vincent

Seminarian Ralph DuWell outside All Souls Catholic Church in Sanford looks to millennium.

Pastors look to 1999 as spiritual revival time

By Russ White
STAFF WRITER

SANFORD - Ralph DuWell is one of 11 St. Vincent DePaul seminarians from Boynton Beach preparing to be ordained Roman Catholic priests in the year 2000.

"We call ourselves the Millennium Priests," he said. "God-willing, we will be ordained in this most exciting time. What once seemed so far away, is now drawing close."

DuWell, 43, said that Pope John Paul II has placed much emphasis on the millennium and asked that Catholics prepare for it.

"A lot is going on and will go on," DuWell said. "This is a time for a return to spirituality, a time of renewal."

Many people have asked DuWell about what might happen in 1999 and especially in the year 2000.

"They're concerned about their spiritual lives - but more concerned about what's going to happen to their computers," he said, laughing.

A survey of Americans recently found that 73 percent began the New Year with a prayer and that 42 percent began the New Year with an alcoholic beverage. Many religious leaders expect prayer will win by an even wider margin this time next year.

DuWell, who spent a year of his seminarian duty at All Souls Catholic Church in Sanford said he expects most people do make New Year's resolutions to church, pray and read the Bible more frequently. "We all want to start the year off in the right direction. We're aware, too, of the millennium. Very

aware."

Pastor Paul Hoyer of Holy Cross Lutheran Church in Lake Mary says that 1999 will offer many people the chance to find peace and joy in their spirituality and figure out how they can serve others.

"It is a year we can integrate our faith into our every-day lives," he said.

Lutherans, Moyer said, don't look to 2000 as any sort of a "magical" year although they as others do talk about Christ's Coming. "He may return in 1999, 2000, 2001, 2010 or 3000," Moyer said. "What's important isn't the actual date - which we won't know - but for us to be prepared. There's a big opportunity for us now to ask and answer many questions."

Moyer said that the Mens Club at his church meets each Tuesday, and that the topic for the New Year is the Year 2000. "Yes, it is a profound spiritual topic," he said.

Pastor Beth Fogle-Miller at First United Methodist Church said that in her list-making for the New Year she was trying to allow more breathing room and more space for grace.

"Personally, I have been wondering what my resolutions look like from God's point of view," Fogle-Miller told her congregation. "What does God want from me, for each of us this year? What does God hope we learn? Accomplish? Enjoy? Experience?"

"I suspect that God is generally unconcerned about my counter clutter, except that it distracts me from more important things. I suspect God is far more concerned that I experience more grace than what I accomplish any New Year's lists that seem so important to me."

Sanford will seek OK from Oviedo for domestic air service

By Bill Kerns
STAFF WRITER

OVIEDO - The Oviedo City Council on Monday will consider a request to support domestic air service at the Orlando Sanford Airport.

Sanford City Manager Tony VanDerworp will address the council Monday, answer questions, then request that the council consider a resolution to support domestic air service at the airport.

"This is not just a Sanford airport," VanDerworp said. "This is a community airport. We've here to serve all of Seminole County."

VanDerworp said the two key issues he will address are the importance of domestic service

to the community, and the on-going airport noise abatement study.

"Businesses and corporations we're pulling in have expressed an interest in domestic service," VanDerworp said. "Residents here have also expressed an interest. This is much more convenient than Orlando. It would be a limited domestic service. For instance, there could be service from here to Atlanta."

The cities of Sanford, Altamonte Springs, and Casselberry support domestic service at the airport. So have the Oviedo, Seminole County, and Sanford chambers of commerce, the Private Business Association of Seminole, Inc., the Seminole County Commission, and the Seminole County Con-

vention and Visitors Bureau. Longwood and Lake Mary have not taken action.

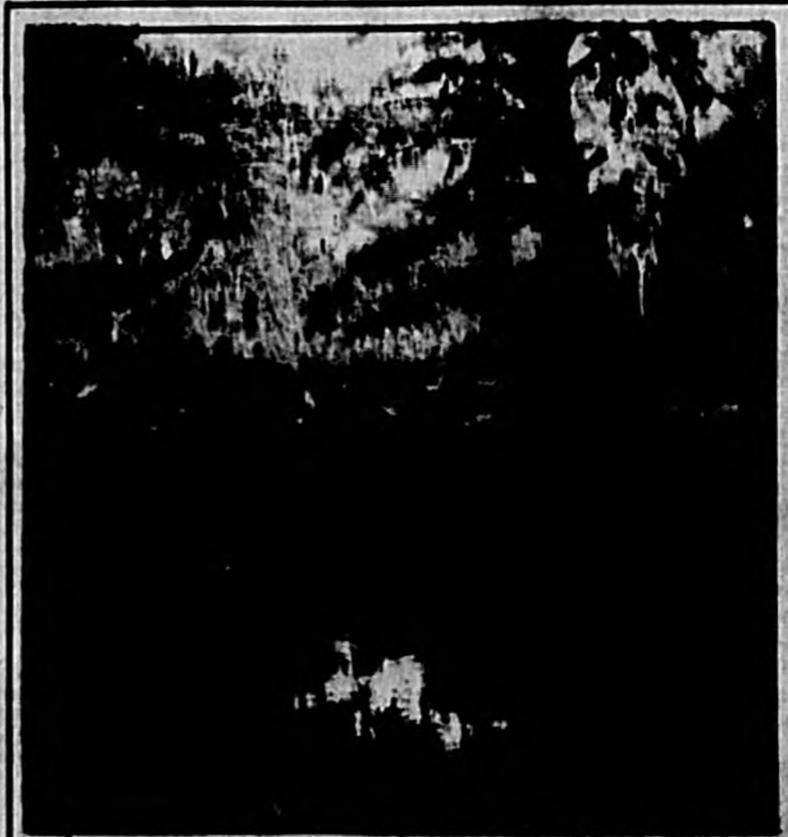
VanDerworp said he will provide the city council with information from the on-going study being performed by the Sanford Airport Noise Abatement Committee.

"The noise impact issues are important," VanDerworp said. "There have been over 30 actions recommended by the report to date. I'm going to bring the city council up to speed on how the noise abatement study is going."

Oviedo City Councilman Tom Hagedorn said the council has concerns about airport noise, but there is overall support for airport growth.

"When this was brought up

Please see Airport, page 4A



Special Photo by Bill Kerns

Tranquility in the urban jungle

The Econlockhatchee River flows through the Egan River Wilderness Area, near Oviedo. One of three areas managed by Seminole County's Natural Lands Program, the wilderness affords an easy escape for hikers and wildlife watchers. Please see Page 1G.