

Sanford Herald

80th Year, No. 153 — Sanford, Florida

At A Glance

Smudged Foreheads Symbolize Lent

Ash Wednesday ushers in the Lenten season. The season observed by Christians as the period leading to the celebration of Easter. Today is a day of special significance to Catholics, Episcopalians and other Christians in Seminole County. Story on 5A.

Sanford Board Declines Offer

A subdivision association requested a public hearing at a Sanford City Commission meeting in hopes that the city would take over operation of the sewer lift station serving that area. The board, however, decided in a workshop meeting that action will not be taken now. Story on 5A.

Post Office Contract Let For Lake Monroe

The U.S. Postal Service has awarded a contract to build and lease a new main post office building at Lake Monroe. Postmaster Robert Mann has announced.

The contract for \$4,000,000 annual rental was awarded to Mr. and Mrs. Paul Blake Sherrod, Jr. of Birmingham, Ala., the lowest bidder proposal.

The building, to be located on Monroe Blvd., is expected to be completed in November.

Lake Mary Wins Playoff Match

Lake Mary kept its undefeated record in a 48-37 victory over a government boys' basketball team on Tuesday night with a 10-0 second quarter. Winner Lake in the Class 4A-16 regional playoff. Both things came in sudden death overtime, which was the game winner. Story on page 6A.

Vessel Hits Mine In Persian Gulf

MANAMA, Bahrain (UPI) — A Liberian registered oil tanker struck a mine today in the southern Persian Gulf, blasting a hole in the vessel's starboard side, shipping officials said. It is the first time in months a vessel has hit a mine in the strategic oil-rich waterway. U.S. Navy officials have said the Persian Gulf is contaminated by mines and that it is still off-limits to U.S. mine sweeping, the U.S. State Department said.

Gunmen Take U.S. Marine Hostage

BEIRUT, Lebanon (UPI) — Unknown gunmen snatched a Marine officer in a coastal town today, a U.S. military monitoring group in southern Lebanon today. The kidnapping is the number of U.S. hostages in Lebanon since the embassy was taken over by gunmen, said.

INSIDE

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School Milk Suit Follows Investigation In Seminole

Staff And Wire Reports
A Seminole County School District administrator said today the concern about major dairies in Florida competing to sell the price of milk they sell to schools across the state has finally led to an investigation and legal action by the state.

Attorney General Bob Butterworth sued Borden, Veolia Farms, Flavourch and other major milk processors Tuesday, accusing them of bid rigging in sales to schools in 32 Florida counties.

Butterworth said his lawsuit filed in U.S. District Court in Miami is the largest antitrust action ever taken against the milk industry and predicted it will kick off similar investigations in other states.

He said overcharges on the contracts for half-pint milk cartons which the schools resold to students in their lunch rooms will be in the millions of dollars, and that the state will seek three times the school boards' actual losses in damages under a provision in federal antitrust law.

Eldon Chambers, director of food services for the Seminole County School District, said his office has been cooperating with Butterworth's office in their investigation of the milk companies for at least the last past year. He said the Seminole School District has provided state investigators with all the information it could concerning the history of milk company dealings with the district over the past 10 years, including invoices.

Milk processor defendants in the suit are Southland Corp. of Dallas, which operates Veolia Farms; Borden Inc. of Columbus, Ohio; Flavourch Inc. of Louisville, Ky.; Dean Foods Products Co. of Chicago, which has the 1-6-1 and other dairy lines; Pet Inc. of St. Louis; McKraft of Chicago; and S. Dairy of Fort Myers, which was recently purchased by Dean Foods.

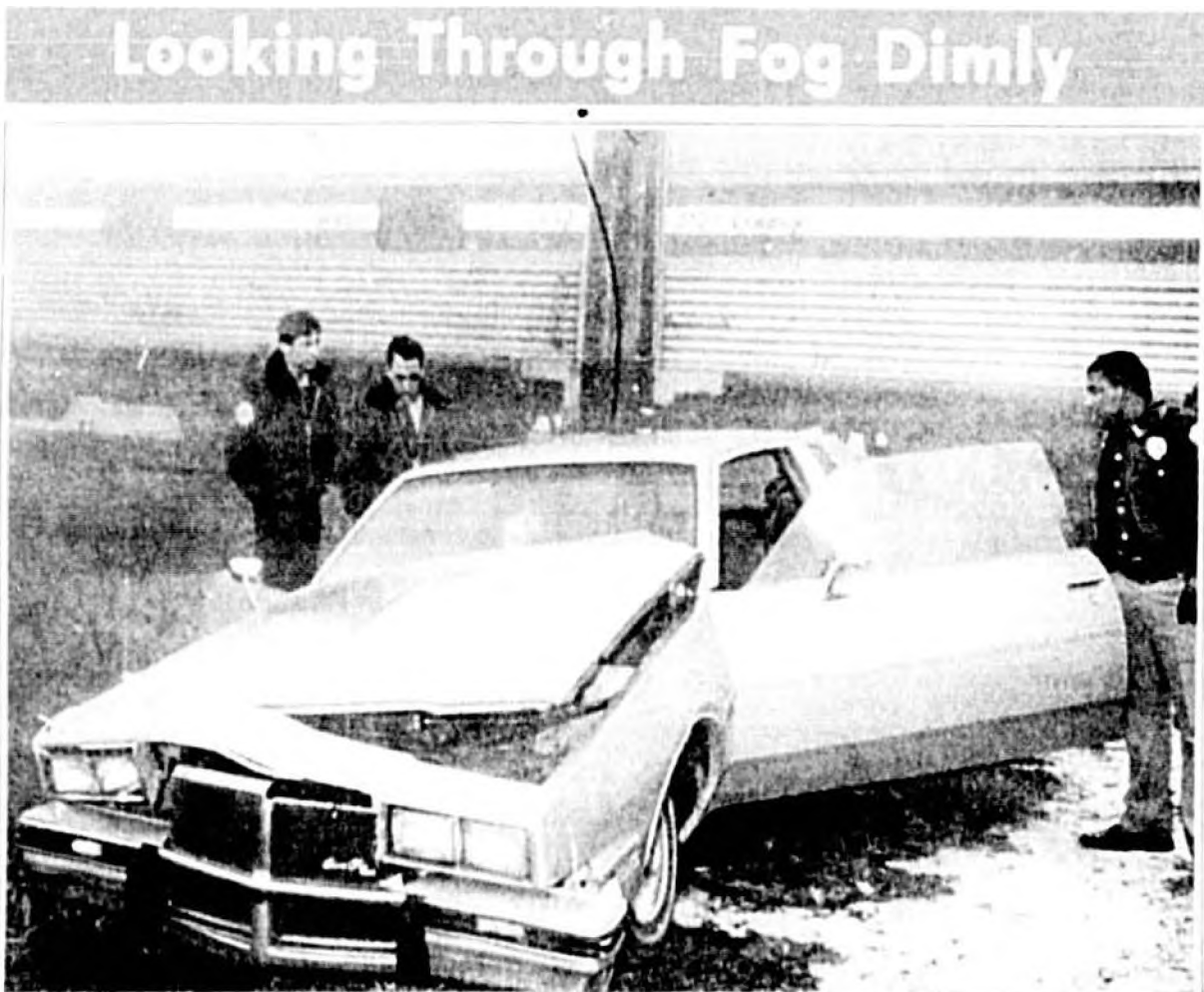
Also named in the suit were four Florida distributors: Marshall Simmons Enterprises of

Mango, Peterson Distributors Inc. of Opelika, Fla.; H&H Distributors Inc. of Homestead; and Butler Foods of Naples.

There were no immediate comment from any of the milk companies.

The attorney general said additional companies could be added as defendants later and that criminal charges also might result. The investigation is continuing, he said.

Borden Inc. is the company that currently holds the milk. See MILK, page 10A.



Sanford Police officers and rescue workers examine a car struck by a train.

Train Strikes Car In Early Morning Fog

A white sedan struck by a train on Monday morning in Sanford, Fla., was severely damaged. The car was crushed by the front of the train, which was carrying a load of lumber. The driver was not injured.

The Sanford Police Department is investigating the cause of the accident. The train was operated by the Sanford Railway. The car was parked on the side of the tracks.

The Sanford Railway is a private company that operates a line between Sanford and Lake Mary. The train was carrying a load of lumber from a local mill.

Residents Complain About Pigeons

By Nancy Simmons Herald Staff Writer
A resident's complaint about the large number of pigeons in the area is being investigated by the Sanford City Commission. The pigeons are causing a health hazard and are becoming a nuisance.

The residents of Dreamworld Mobile Home Park are complaining about the large number of pigeons in the area. The pigeons are causing a health hazard and are becoming a nuisance.

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John Bankowski

Streetman: Expressway Fate Depends On Lawmakers

By Brad Church Herald Staff Writer
Whether a highway deal is a top priority depends on what the legislators do with this request. Fred Streetman, chairman of the Seminole County Expressway Authority, said today.

Expressway Authority Chairman Fred Streetman asks area legislators to support appropriating \$22.2 million for the Seminole County project.

Streetman said the authority needs a minimum of \$22.2 million for work on the cash-in-lieu-of-the-Orlando-Biway in Seminole County in order to remain on schedule. He said the

authority has been on schedule in planning for the expressway so far. Preliminary plans call for the expressway to be completed by 1992.

The \$22.2 million would pay for final design of the portion of the expressway between State Road 420 and State Road 1792 at Airport Boulevard. The additional \$12.2 million from the authority is requesting would pay for right-of-way purchase for that 12-mile segment.

COMING EVENTS

Foster Parents Plan Volunteers Group To Meet

The Foster Parents Plan Volunteer Support Group 171 will meet Thursday, Feb. 18 at 6 p.m. at the Picadilly Cafeteria, State Road 436, one-half mile north of Aloma Avenue, Casselberry. The meeting is open to members, friends and visitors.

Small Business Seminar Set

The Small Business Development Center is presenting a six-hour seminar "How to Start and Manage Your Small Business" for new businesses on Friday, Feb. 19 from 9 a.m. to noon and 1-4 p.m. at the Winter Park Public Library, 460 E. New England Ave., Winter Park. Sponsored by the SBDC at the University of Central Florida College of Business Administration in cooperation with the U.S. Small Business Administration, the workshop is free of charge. For reservations call 275-2796.

Ladies of Ribbon Luncheon

The Ladies of the Ribbon will meet Wednesday, Feb. 24 at the Brass Anchor at the Naval Training Center, Orlando. Social time begins at 11 a.m. and lunch at noon. For reservations, call Grace Demoret at 831-0524. Those interested in joining may call Doris Tomlinson at 834-0781 for more information.

Legislative Forum Slated

The Greater Oviedo Chamber of Commerce will hold a Legislative Forum on Wednesday, Feb. 24 at 11 a.m. at the Lawton Elementary School auditorium with lunch following at the Oviedo Inn. State Senate President John Vogt, D-Merritt Island, and State Rep. Frank Stone, R-Casselberry, are scheduled to attend. Cost is \$12.50 per person. For reservations, call the chamber office at 365-6500 by Friday, Feb. 19 between 1-5 p.m.

Mortgage Seminar Held

The Greater Orlando Association of Professional Mortgage Women will hold the second educational seminar in a series on mortgage loans Thursday, Feb. 25, 7-9 p.m. at the Matland Civic Center. The topic is review of sales contracts and appraisals. For registration form and more information, contact Ginny Hamilton at 682-6990.

Senior Tax-Aid Offered

AARP free tax-aid volunteer assistance for retirees will be available Thursday from 9 a.m. to 1 p.m. at Sun Bank, Highway 17-92, Sanford, and Oviedo City Hall.

Kiwanians To Meet

East-West Sanford Kiwanis Club meets Thursday at 6 p.m. at Friendship Lodge, Seventh and Locust.

Sweet Adelines Rehearse

Sound of Sunshine Sweet Adelines, women's barbershop singing group, rehearses every Thursday at 7:30 p.m. at Community United Methodist Church, Highway 17-92, Casselberry.

No Panic Buttons Needed Here

Pregnancy Center Remakes Crises

By Nancy Simmons
Herald Staff Writer

The Crisis Pregnancy Center, now located at 25th Street and Princeton Avenue, is a successful ministry of New Life Assembly, according to its director Barbara Greanya.

The Crisis Pregnancy Center began a few years ago while the church was still located on 27th St., Greanya said. (The church is presently located at Kennel Road and State Road 46.) Then the center's location was moved to a small office in Lake Mary. Then, last June they moved to the little house at 25th and Princeton. The house needed a lot of work, but it was donated to the crisis pregnancy ministry—so church volunteers, plus a lot of friends, went to work, she explained.

They were so excited, Greanya and other church workers did not realize they needed site plan approval, from the Sanford Planning and Zoning Commission. Opening the ministry there is considered a change of use. However, Pastor David Bohannon, Greanya and the leaders at New Life have been talking with city officials and are scheduled to go before that commission later this week.

The center is open four nights a week, Monday, Wednesday, Thursday and Friday, from six to eight o'clock, and three or four volunteer counselors are available to talk with clients. The number of clients averages to three or four per evening, Greanya said.

How do they deal with young women seeking their services? The first purpose of the center is to give clients a free pregnancy test and counseling, Greanya said. "Girls come here asking if we give abortions," Greanya said. "We tell them no. However, we do give them a free pregnancy test." She emphasized that the test is free, whether the client requests further services or not.

While waiting for the results of the test, the client is shown into a small living room area, where she can watch a 28-minute video film called "A Matter of Choice." Greanya explained that the ministry, as an extension of the church, does not approve of abortion, but that the film presents all sides of the abortion issue in a balanced way.

"In the film they talk to doctors who perform abortions, girls who have had abortions, and to those who have had their babies, including some who have had their babies adopted out," Greanya said. The purpose of the film is to show a client all the options available to her, she explained.

She noted that the agency is in touch with other agencies which deal with crisis pregnancies, such as HUG (Help Unfortunate Girls), and Sunshine Connection, which is an educational agency out of Altamonte Springs. She added that some families at New Life Assembly



Herald Photo by Tommy Vincent

Linda Fowler, administrator of The Crisis Pregnancy Center, works at the Sanford center, while her own son testifies to the importance that the ministry of New Life Assembly places on new lives.

Pregnancy Center Service

Where: 25th Street and Princeton Avenue.

Sponsored by: New Life Assembly, Sanford.

Purpose: To provide various kinds of assistance to pregnant women, exclusive of abortion.

Business hours: Monday, Wednesday, Thursday, Friday, 6-8 p.m.

Operated by: Volunteer counselors

open their homes up to pregnant girls, and let the girls stay with them as long as they need, even for a time after the baby is born, Greanya said.

Once the client has viewed the film, the counselor talks with her to find out what her needs and desires are, the director continued. And even if the young woman is determined to have an abortion, the main thing the volunteer counselors want to convey to her is that they care, Greanya said. "Many times they just need to know someone cares," she added. "We want her to know we will help any way we can" if she will continue the pregnancy.

One room in the center is set apart for toys, baby clothes and maternity clothes, Greanya said. That room is not completed, but those services are still provided. "If we don't have it, we'll find it, we tell her," she said. "And we've never run into a situation where we couldn't help."

She explained that she knows from her own experience what it is to be young, pregnant and frightened. "I found myself pregnant and not married when I was a teenager," she explained. "I had to tell Mom and Dad and I was scared." For her, everything worked out. She and her boyfriend did get married, now they are a strong family and active in their church, she said.

Sometimes the center's client is a young married woman who is thrilled to be pregnant, Greanya said. However, the unwed pregnant girl is

frightened and thinks "her parents are going to kill her," Greanya said.

Several success stories have come out of the clinic, according to Greanya.

"One young lady came in one night determined to have an abortion," Greanya said. "She was verbally abusive to the counselor. She just wanted us to give her the money right then (although we don't do that), so she could get an abortion. But after a while she broke, because she could feel the love here. She said she had no where to live and no job. We found a 'shepherd home' for her in the church. We talked to her boss and he changed her job (responsibilities) so she could keep working. She started coming to church. She met a man who cared about her. And she had a beautiful baby girl."

Greanya said she and the center's administrator, Linda Fowler, had wanted to open a crisis pregnancy center as a ministry of the church. They prayed, she explained, and decided that they would know it was right if the pastor agreed. He did.

"I had always felt it was wrong for the church to point fingers at a person and say, 'That's wrong. Don't do that,' and yet, not offer to help somehow," Bohannon said. He said he did not believe that a church member should counsel someone against abortion on a short-term basis, "and not be willing to provide the girl with her material needs, a home,

the care she needed (if she would go on with the pregnancy)," he explained. "We should help them all the way. Not just say no, but that we care," he concluded.

So, the ministry of the Crisis Pregnancy Center evolved until a bigger facility was needed. And the little house at 25th and Princeton fit the bill, Greanya said.

About 500 girls have been served over the past two years, Greanya said. "And the number is growing."

When the house was first given to them, "It was a mess. It was falling down," Greanya said. She said the ceilings were falling in because the roof had leaked for years. "You couldn't hardly walk on some of the floors," she added.

It took a lot of effort on the part of many to restore the building. Volunteers from the church worked entire weekends, beginning in May last year, she said. And while some worked on the house and yard, others right on location held bake sales and yard sales to raise the money needed for the house's rehabilitation. And another crew kept all the workers supplied with hot dogs and cokes.

Volunteers came from other sources too, Greanya added. "At least five or six churches helped—Methodist, Baptist, Catholic, and others," she explained.

But even that wasn't all. Several Sanford businesses donated materials, she explained. One business donated paneling; another screening; another curtain rods and carpeting. The furniture was also donated and another business has offered to install a screened porch, she said.

Greanya said many people "worked their hearts out" to help make the center a success.

BUILDING PERMITS

Dennis R. Kosicki, (Southern Springs Development Company, Apopka), has been issued a building permit to construct a one-story frame house at 837 Valencia Court. The house will contain 1,200 square feet. Construction costs are estimated at \$25,624.

John McAuliffe, 216 Meliana Court, has been issued a permit to build a one-story concrete block residence at that address. Construction costs are estimated at \$20,000. Central Florida Restoration Services, Casselberry, is the contractor.

Other building permits issued include:

- Dina C. Futrell, 2449 Bay Ave., for remodeling, \$2,000.
- Gene Minter, 2410 Sanford Ave., to enclose half of a carport; \$1,500.
- William Watt, 1928 Maple Ave., to reroof a residence, \$1,300.

Permit Request To Be Heard

Sanford city commissioners agreed during a workshop Monday afternoon to consider a request from Joe and Diane Watson for a trailer permit at 1701 Celery Ave. That request will be considered during a regular commission meeting next Monday.

The Watsons have told City Manager Frank Faison they are requesting the trailer permit on a hardship basis, for their grandparents Hill and Alice Dorton. The Dorton's are elderly and have no one to watch over them, the Watsons say. They want to move them into the area, to be near them on the Watson's 70-acre farm on Celery

Avenue. Commissioner Whitey Eckstein said that he had been out by the property and he felt that putting a trailer in would not be detrimental to the appearance of the property. He said the Watson residence is small, and he believes a trailer would be needed to house the elderly couple.

City Commissioner A.A. McClanahan said he would recommend the trailer permit on a one-year basis.

Commissioners agreed to hear the request at next week's meeting as a late agenda item.

—Nancy Simmons

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FLORIDA

IN BRIEF

Second Drawing For \$1 Million In Lottery To Honor St. Pat's Day

TALLAHASSEE (UPI) — Lottery Secretary Rebecca Paul said Tuesday the Florida Lottery will crown its next millionaire in Orlando on St. Patrick's Day.

As with last Saturday's drawing that made Thomas Sawyer, a St. Petersburg paint store owner, a millionaire, the second drawing March 17 will include seven finalists, with prizes ranging from \$10,000 to \$1 million.

It will be held at noon on St. Patrick's Day at Church Street Station in downtown Orlando.

There will be a preliminary drawing Feb. 24 at state lottery headquarters in Tallahassee. Seven entry tickets will be selected from an estimated 500,000 mailed in since the last preliminary event. The seven ticketholders will be the finalists for the St. Patrick's Day drawing.

More Inmates Win Early Release

TALLAHASSEE (UPI) — Prison officials were to grant early release today to another batch of state inmates under a law designed to keep Florida in compliance with court-ordered prison population limits.

Sixty-five inmates were to be released under the administrative gain time law approved by the Legislature in February 1987. Of those slated for release, 38 face outstanding warrants and will be held to face charges or extradition, officials announced Tuesday.

The law proposed by Gov. Bob Martinez permits officials to deduct up to 60 days from the sentences of inmates who were already earning time off for good behavior. Twenty days administrative gain time were deducted toward today's release.

NATION

IN BRIEF

One-Sided Romance Prompts Slaying Of Seven At Business

SUNNYVALE, Calif. (UPI) — A fired computer company employee who went back to see a co-worker he had fallen in love with killed seven people and wounded five others after she slammed a door in his face, police said.

After holding several employees hostage for nearly six hours Tuesday, Richard Farley, 39, walked down from the second floor of ESL Inc. in the Silicon Valley with his hands in the air when a police negotiator offered him a sandwich and a soft drink.

When police searched the building, they found seven bodies, five men and two women, whose names were not immediately released. Five other people, including the woman Farley had fallen in love with, Laura Black, 26, were wounded. About two dozen people had hidden in various parts of the building and were not hurt.

Bush, Dukakis Shine In Primary

CONCORD, N.H. (UPI) — In the snows of New Hampshire, George Bush rescued his slipping Republican presidential campaign and Michael Dukakis made himself a Democratic force to be reckoned with as the race for the White House turned toward warmer climes today.

The vice president, badly wounded by a third-place showing in last week's Iowa caucuses, firmly re-established himself as the GOP front-runner Tuesday night with a convincing defeat of Senate Republican leader Robert Dole in the nation's first presidential primary.

Dukakis, governor of neighboring Massachusetts, posted a commanding victory that, coupled with his relatively close third-place showing in Iowa Feb. 8, gave him a strong boost heading into Super Tuesday — the 20-state slate of primaries and caucuses held mostly in the sunny South March 8.

Mercy Killer's Privacy Defended

CHICAGO (UPI) — The editor of the American Medical Association's prestigious journal is invoking a reporter's privilege and refusing to obey a subpoena for the name of the doctor whose unsigned admission of mercy killing has provoked a public furor and a grand jury investigation.

To do so would "strike at the very heart" of First Amendment protection of freedom of the press, Dr. George Lundberg said Tuesday through Kirk Johnson, the AMA's general counsel.

WORLD

IN BRIEF

Radio Station Fueling Unrest; Israel Trying To Jam Signal

RAMALLAH, Israeli-occupied West Bank (UPI) — Israel is trying to jam the signal of a clandestine Arab radio station that features a "Top Ten" list ranking riots, not records, and is guiding the bloody Palestinian protests in the occupied West Bank and Gaza Strip.

Since going on the air a few days after the unprecedented anti-Israeli unrest erupted Dec. 9, the station, called "Al Quds," Arabic for Jerusalem, has developed a wide audience in the West Bank and parts of Gaza.

The station has urged Palestinians living in the territories to increase attacks on Israeli soldiers and has issued "hit lists" ranking towns and U.N. refugee camps based on the scope and intensity of local protests.

It broadcasts political polemics and odes to the "bravery" of the rock-throwing protesters confronting Israeli troops in what the Palestinians call the "Intifada," Arabic for "uprising."

Britain Looks For Waldheim Link

LONDON (UPI) — Britain is reopening its investigation into the disappearance of six British World War II commandos to determine if they may have been interrogated by Austrian President Kurt Waldheim, then a German army lieutenant, before being executed.

"There is no evidence to substantiate a link between Dr. Waldheim and the British commandos," Prime Minister Margaret Thatcher said in announcing the reopening of the investigation Tuesday.

"But," she said in a written statement to the House of Commons, "we have taken the allegations concerning Dr. Waldheim very seriously."

Crosses Of Ashes Usher In Lent

By Jane Casselberry
Herald Religion Editor

If you see someone with a smudge on their forehead today, chances are it's not dirt, but rather evidence that they are observing Ash Wednesday.

Catholics, Episcopalians and even some Protestants in the Sanford area and throughout the world will have their foreheads marked with ashes in the shape of a cross today at Ash Wednesday services as they began the holy season of Lent.

Ash Wednesday begins the 40-day Lenten season — a time of symbolism as church members do penance and renew themselves in anticipation of the observance of Jesus Christ's passion and death on Good Friday (observed this year on April 1), and resurrection celebrated on Easter Sunday, April 3.

At All Souls Church in Sanford, the Rev. Edmund Czarnecki, pastor, said ashes are "signed" on foreheads of the faithful during the 8 and 9-15 a.m. and 7 p.m. Masses at the church at Ninth Street and Oak Avenue.

Ash Wednesday services are also scheduled at Nativity

Signs Of Lent

- What: Holy season of Lent
- Length: 40 days
- Who: Catholics, Episcopalians, and other Christians throughout the world
- Why: Period of penance and personal renewal of faith
- How: Fasting and recollection

Catholic Parish at 2251 N. County Road 427 in Lake Mary at 8:30 a.m. and 7 p.m.; Holy Cross Episcopal Church at Park Avenue and Fourth Street in Sanford at 7 and 10 a.m. and 7 p.m.; and at Community United Methodist Church, Casselberry at 6 p.m.

The ashes come traditionally from palm branches from the previous Palm Sunday when they are burned. Palm Sunday, observed the week before Easter, symbolizes Christ's triumphant entry into Jerusalem, where the crowds greeted him as a worldly king with palm branches shortly before his trial and crucifixion.

Father Czarnecki said palm branches symbolize the temporary nature of mortal life and the need to prepare in this life for eternal life.

He said that signing the ashes in the form of a cross symbolizes, through Christ's death and resurrection, Christianity itself with its promise of eternal life.

The practice also ties Catholics of today with their religious ancestors. Father Czarnecki said, when sackcloths and ashes were worn as acts of penance. Often this outward sign of penance attracts the attention of others.

Last year, for example, one parishioner at All Souls went shopping after receiving the ashes. Several people approached her to mention she had some dirt on her forehead, the woman recalled. The reaction of some Catholics, however, was "Oh, my, I forgot! Today is Ash Wednesday."

During Lent, Catholics are called upon to do penance and renew themselves spiritually. In this past, this often took a negative tone, but that has changed in recent years, Father Czarnecki said. "The emphasis is not just on giving up some-

thing, but to do something good," he explained.

Catholics do have certain obligations during the Lenten season, however. On Ash Wednesday and all Fridays of Lent, those age 14 and older are required to abstain from eating meat, unless it may impair their health or ability to work.

Catholics ages 18-60 also are required to fast on Ash Wednesday and Good Friday. On those days they may have one full meal and two smaller ones, with the understanding that the two smaller meals do not make a full meal when combined.

Also, Catholics are urged to go to the sacrament of reconciliation (formerly called confession) during Lent, preferably before Holy Thursday, to repent their wrongdoings and seek guidance in overcoming temptations.

Even the time span of Lent has special meaning for Catholics. "Forty is a significant number in Scripture," Father Czarnecki said, noting gospel passages about the 40 days and nights in the desert and the 40 days and nights of rain referred to in the Old Testament story of Noah and the Ark.

Sanford Board Declines Sewer Lift Station Offer

By Nancy Simmons
Herald Staff Writer

Mayfair Villas Association, Inc. has requested a public hearing at a Sanford city commission meeting to ask the city to acquire and maintain the sewer lift station at that subdivision.

However, during a work session Monday afternoon, the commissioners agreed the city should not take over the sewer station right now.

The commissioners also agreed not to consider a request for a special sign from Dot Waller, who wants to open a wedding chapel at 800 E. 25th St.

City Manager Frank Faison suggested the city not take over the system "until and if the owner brings the station up to city specifications."

He told the commissioners that "The sewer system was not tied into the city to begin with and they (Mayfair Villa tenants) put in cheaper equipment." He noted that this is the cause of maintenance problems at the subdivision now.

In a letter to Mayor Smith, Alex J. Serraes, treasurer of the villa association, said that "until recently monthly maintenance has been no problem, but now this has been, and will continue to be, an area of concern for us, as maintenance is not easy to obtain."

One resident of Mayfair Court, Bill Hirtelinson, contacted Monday night, said that one maintenance company had been maintaining the sewer lift station, but that they had stopped. He said that as he understands the situation, "That's why the association wanted the city to take over the maintenance."

In his letter to the mayor, Serraes said that "As of this writing, we have been unable to obtain reliable maintenance. Should anything go wrong with the lift station the possibility would exist of a serious health hazard."

Faison explained that many times, to save cost, a group or business will install cheaper sewer stations—smaller units, smaller pumps, etc., which, he said, eventually leads to problems in handling capacities. He and the commissioners agreed that until Mayfair Villa Association, Inc. improved the facility, the city should not take any

responsibility for the system.

In other action, the commission discussed a letter from Dot Waller, who wants to open a wedding chapel at 800 25th St. The sign would be about 24" X 28", and would be an extended sign, similar to many realty signs, according to Bill Simmons, city director of engineering and planning, except that Waller's sign would be heart shaped. However, the site is in an RMOI zone (multiple family, office and industrial) where only wall signs are allowed.

The chapel, as proposed by Waller, would be contained within an existing 900 square foot concrete structure at the back of the property. She said, in a letter to Mayor Smith and the commissioners, that the front lawn would contain about a 50-foot by 100-foot space.

Faison said a letter would be sent to Waller, stating that she would have to use a wall sign at the proposed chapel.

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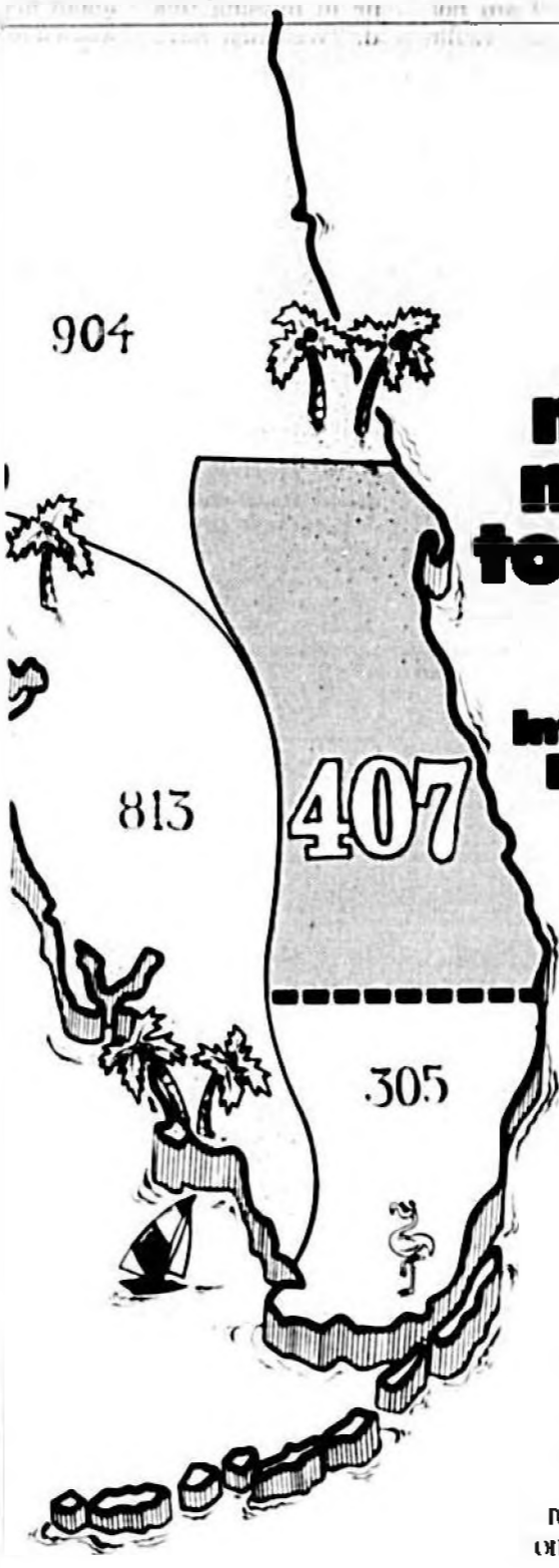
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If you live inside the portion of area code 305 that will change to 407, you can tell friends and relatives about the upcoming conversion. (Your 7 digit telephone number won't change—only the area code.) And if you live outside this area, but call any numbers inside area code 407, you can correct your records to reflect the new numbers.

If you have any questions or you'd like a free brochure about area code 407, please call us toll free at 1 800 331-2355.

One more helpful tip about this change. It's easy to remember when area code 407 will be in effect—it starts one day after a date that's unforgettable to all taxpayers.

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SCOREBOARD

TV/RADIO

TV/RADIO
TV/RADIO: Thursday Live
7:30 a.m. ESPN: NBA Superstars
7:30 a.m. ESPN: NBA Superstars

DOGS

DOG RACING: All Sanford District
Tuesday Night's Results
10:30-11:00 P.M.
1. Hunter Canyon 2:00 1:00 1:00
2. Grand Invader 1:00 1:00 1:00

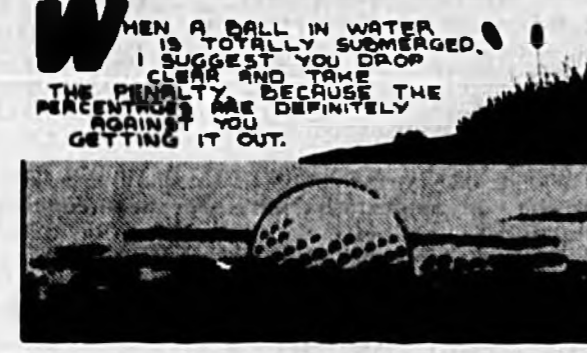
BASKETBALL

SEMI-ANNUAL ATHLETIC CONFERENCE
Boys
Team W L Pct. GP
Sumner 11 1 68.8 17
Deland 9 3 75.0 12

NATIONAL BASKETBALL ASSOC.

NATIONAL BASKETBALL ASSOC.
Eastern Division
Boston 21 36 36.4 66
Philadelphia 18 39 31.8 67
Washington 16 39 29.1 68

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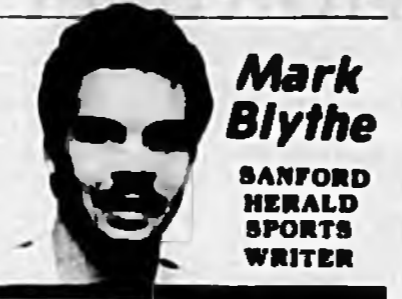


WHEN A BALL IN WATER IS TOTALLY SUBMERGED, I SUGGEST YOU DROP CLEAR AND TAKE THE PENALTY BECAUSE THE PERCENTAGE ARE DEFINITELY AGAINST YOU GETTING IT OUT.

IF PART OF THE BALL IS ABOVE WATER AND YOU CAN GET A DECENT STANCE TO TRY TO "LIFT" IT AT AS YOU WOULD A BURIED SAND LIE TRYING TO "LIFT" THE BLADE THROUGH THE WATER AND WELL UNDER THE BALL. USE A 9-IRON WHICH WON'T BOUNCE OFF THE WATER AS A WEDGE.

Bolivar Has Hot Cesta

Bolivar, the top-ranked player in the world really had a hot cesta this week. After getting only a second place Wednesday he came on in the next five performances and won 11 games and finished in the money another seven times, a total of 19 in the money finishes in 36 games.



Mark Blythe
SANFORD HERALD SPORTS WRITER

The early game singles found Arana winning two games this week and in the fourth Ricardo won two as did newcomer Urquide who has now won 4-of-12, fourth game singles matches he has played in.

Andia has two brothers playing professionally in the U.S. During the off season he says he lives on a beautiful ranch in the mountains of Spain and trains by running up and down the mountains.

Andia won his 100th game of the season in the Thursday Matinee. This was the first time in his career he has won 100 games. This young 26 year old, born Joaquin Gottifand in Marquina, Spain, started to play Jai Alai at age 13. He became a professional at age 17 and played in Newport, Rhode Island and West Palm Beach. He then went

to Italy for two years before coming to our fronton in 1985. He played the front court and was told, because of his strength, he would be better in the backcourt and here he is playing in the feature games and winning 100, making Santi Echaniz, the General Manager look like a prophet in changing him from front to back court.

HOCKEY

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NY Islanders 27 27 61 225 209

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Advertisement for Ford Aerostar van rental, featuring an image of the van and text: 'RENT A FORD AEROSTAR The great people mover. That's the Ford Aerostar. Rent one from us and you get a great deal too.'

Parts City Auto Parts advertisement with 'Fantastic February Savings' and 'Valvoline Motor Oil' promotion. Includes images of oil bottles and car parts.

Sampson Bombs In Return To Houston

United Press International
Ralph Sampson received a smattering of boos upon his return to Houston then played up to his reception.

BASKETBALL

Floyd said, "But we scored when we had to."
Kings 118, Hawks 115
At Atlanta, Reggie Theus sank a 3-point shot at the buzzer to lift Sacramento to its third victory on the road and hand Atlanta its third loss at home this season.

ECHOLS' TREE SERVICE advertisement: "Let The Professionals Do It" ECHOLS' TREE SERVICE. LICENSED - FULLY INSURED - SATISFACTION GUARANTEED.

Orlando Jai-Alai advertisement: "Exciting 13 Games Every Wed.-Thurs.-Fri. & Sat. Matinees Thurs. & Sat. Now thru April 9, 1988!"

Temple Survives Penn State, 50-49

United Press International
The top-ranked Temple Owls made two critical plays in the final minute to conquer their worst enemy Tuesday night - themselves.

BASKETBALL

can't afford to play like that and win. We just stopped Penn State at a crucial time, at the end."
Macon, who finished with 26 points, drove the lane for a basket and Penn State's Wes Jones was called for a blocking foul. Macon finished the 3-point play for a 50-49 lead.

Tire Express advertisement: "BEST PRICES BEST SERVICE TRY US!" Includes tire images and pricing tables for various sizes and brands like Michelin.

PEOPLE

Sanford Herald, Sanford, Fl. Wednesday, Feb. 17, 1988-18



Midge Mycoff
Home Economist
Seminole Community College

Microwave Magic

Herald Chinese New Year With Festive Fare

My granddaughter's pre-school class is studying China this month in preparation for celebrating the Chinese New Year. It brought to mind some of the wonderful Chinese dishes that can be prepared in the microwave oven. These foods are also ones in which children, even very young ones, can be involved with the preparation. So plan a Chinese New Year party for your family.

Many of the recipes can be prepared ahead of time, allowing you to enjoy the occasion too. The Chinese believe that food should please all the senses; with this idea in mind you want to make every food attractive, the ingredients uniform in size, colors bright and flavors complementary.

Don't forget to use warm, moist towels, chopsticks and fortune cookies. This will make the event authentic and special. A trip to a local Oriental food store will help in getting some special things like won ton wrappers, rice vinegar, fortune cookies or even rice paper napkins.

Start the party dinner with one of these Chinese soups.

WON TON SOUP

8 ounces lean ground pork
2 tablespoons finely chopped water chestnuts
1 tablespoon sherry or white wine
1 tablespoon soy sauce*
1/2 teaspoon sugar
24 won ton wrappers
1 quart chicken broth
1 tablespoon soy sauce
1 green onion, thinly sliced
* I use mushroom soy, purchased from an Oriental food store. Combine pork, water chestnuts, sherry, 1 tablespoon soy sauce and sugar; mix well. Place one won ton wrapper at a time on counter with a point toward you. Put a teaspoon of filling just below center of wrapper. Moisten top edges of wrapper with water. Fold in half

and press edges to seal. Moisten corners, overlap at center and press to seal. Repeat with remaining filling and wrappers. Put on a plate and cover with plastic wrap to prevent drying. Combine broth and soy sauce in 2-quart glass casserole. Cover. M/W on 100% power 9-10 minutes or until steaming hot; add won tons. Cover. M/W on 100% power for 5-6 minutes, stirring once. Garnish with green onion and serve.

EGG DROP SOUP

4 cups hot water
2 teaspoons instant chicken bouillon granules
2 teaspoons soy sauce
1 green onion, chopped
2 eggs, slightly beaten
Combine water, bouillon, soy sauce and onion in a 2-quart casserole. M/W on 100% power for 8-12 minutes or until boiling. Pour egg in a thin circular stream over boiling broth. Let the egg threads coagulate. Serve immediately. One serving contains 39 calories. Serves 4.

Traditionally, this pork stir fry is served wrapped in Mandarin Pancakes, but is good served on rice also.

MU SHU PORK

4 dried black mushrooms, 1 pound boneless pork loin, trimmed
2 tablespoons cornstarch
3/4 tablespoon soy sauce
3/4 tablespoon sherry or white wine
1/2 teaspoon sugar
1 clove garlic, minced
1 medium carrot, peeled
1 can (8 1/2 ounces) sliced bamboo shoots, drained and cut into thin strips
2 cups shredded Chinese cabbage (Bok Choy)
2 tablespoons water
1/2 teaspoon instant chicken bouillon
Cover mushrooms with hot water, soak 10-15 minutes, or
See CHINESE, 2B

Cook Of The Week

Sanford Native's Southern Country Cookin' Claimed A Little Bit On The 'Wild' Side

By Dorothy Greene
Herald Correspondent

Nobody needs a second invitation to supper when June Helms is in the kitchen, and that's okay with our Cook of the Week whose country cookin' is just a little bit on the "wild" side. This Sanford native is "game" to try anything on her old-fashioned electrified cook stove, and the results are usually scrumptious and satisfying.

"My mamma is a southern country cook type," says Mrs. Helms, "and that's what I was born and raised on. I guess my mamma is the one who taught me how to cook and my North Carolina kinfolks were a very strong influence on my cooking. A lot of my recipes are from North Carolina kinfolk. We ate cornbread, black-eyed peas, collard greens, fatbacked peas, and that's still the way I cook. When I cook now, I use a lot of wild meat and wild game because my husband and my sons all hunt. I incorporate a lot of deer, turkey, duck, turtle, fish and squirrel into my recipes."

"I can remember my aunt from North Carolina, when I was a little old baby. She would make biscuits from scratch, which I do, too. When she would get started with the dough, if I was up there, she would give me a little bowl of dough to sit down and play with and make my own biscuits, and I would eat the dough. Now, always when I get through with my biscuits, I run my finger around the bowl for that last little bit!"

Mrs. Helms' father, who was a fertilizer and chemical salesman, dealt with area farmers, she explains, "and he was always bringing home fresh vegetables so we had fresh vegetables all the time. And, of course, living where I live now, right in the middle of a cabbage farm, we have cabbage three or four days a week. If you want to know how to do it with cabbage, I can do it! We still eat a lot of fresh vegetables. My husband's daddy has a big garden, my uncle has a garden, and they keep us pretty well supplied." Three well-stocked freezers help Mrs. Helms keep a choice selection on hand all year long, saving her from time-consuming trips to the supermarket. "Thank the Lord!" she exclaims, "but I still have to go every week to get flour, butter and other things. But it sure helps to have them to keep the meat and vegetables."

A student of Sanford schools, Mrs. Helms graduated from Seminole High "back when it was on French Avenue," she says. "In fact, there are a dozen of us, or more, who basically started out together in first grade or kindergarten that are still right here in town. We all went through 12 years of school together. After high school, I worked for about six months at the *Sanford Herald* in the classified department."

Homemaking and family are two of the things that put a happy smile on Mrs. Helms' pretty face, and when she's cooking for them it's even nicer. Her son, James Warner, and his wife, Monica, are welcome guests at the dinner table and both enjoy her cooking. "They don't have any children yet," she says, "but we're patiently waiting." Mrs. Helms' daughter, Marti, is a student at UCF and is also a lieguard at Heathrow. Bobby, her youngest son, works at the Sanford Airport in the maintenance department with his older brother and is also a volunteer fireman for the city of Lake Mary.

Mrs. Helms' husband of more than 12 years, Carl, is a 14-year veteran of the Sanford Fire Department and, according to our cook, is "very, very handy" around the house. "He's a priceless jewel with a wonderful disposition," and one who loves his wife's cooking. "Monica said that what we needed to do is line everybody up and let someone take a picture of us and let everybody know how good a cook I am," Mrs. Helms says with a laugh. "We're all just a smidge overweight!"

Mrs. Helms' busy days fly by quickly when she is engaged in a pleasant pastime. "I sew, I garden and I do cross-stitching," she says. "I fish, I hunt and I do canning. I like to crochet and knit, too. I do a little bit of all of it." During hunting season, the Helms family can almost surely be found camping near Osteen



Herald Photo by Tommy Vincent

June Helms prepares chili.

or at a hunting camp in Ocala. "And every year around Thanksgiving time we go up to West Virginia and hunt up there," she adds. Mrs. Helms' sewing talents were put to the test when she created her daughter-in-law's lovely wedding gown; she passed with flying colors. She also made the jackets for the men in the bridal party, a clutch for our creative cook. "I make the majority of my own clothes," she says. "I've sewn off and on for years."

She is a member of the Laureate Alpha Tau Chapter of Beta Sigma Phi sorority and is a 25-year member. She has held

every office in the organization and has also been named Valentine girl on several occasions. Mrs. Helms is extremely dedicated to the BSP's functions as a social and service organization and is quick to exclaim that her entire chapter is made up of good cooks. "We have a lot of covered dish and cookout type events," she says, "and I'm usually, almost always, either chairman of or on the social committee." When she entertains at home, Mrs. Helms usually prepares an informal barbecue or fish fry. "To say I entertain, I guess I do a lot of it, but I really don't say that I do,

because there's usually somebody eating supper with us every night. But it's really not a planned thing."

Although Mrs. Helms and her husband are both "outdoors" people, there are a lot of touches that were added to their home to make the indoors just as pleasant. Planning around her husband's work schedule of 24 hours on and 48 hours off, they are usually off fishing, on the prairie riding a three- or four-wheeler, or in Ocala fishing and swimming. "We are very outdoorsy," she says. "And when we go somewhere, the whole menagerie goes. We're very family-oriented. And that even includes young people from the neighborhood, kids who are in their 20s now. They would say they were mine and were just grown with mine. I hesitate when I tell you I have three kids!"

Surrounded by several mounted hunting trophies, the Helms' cozy home is warmly decorated with a rustic flavor, complete with stone fireplace and roughly textured wall paneling and shelving. Displayed on those shelves is a handsome collection of cups and saucers, each set with its own pretty design. Mrs. Helms also likes to collect frogs in all sizes and stances. "My husband built the shelving and he built the fireplace and hearth and all," says Mrs. Helms, "and he had never done stonework of any kind before."

Some day our cook and her husband hope to travel out West. "That's our dream: to take Carl's vacation all at one time, go one way and come back the other. Some day we'll make it. We go to the Keys. We went there in August and went lobstering. I had a ball! That's something I

See COOK, 2B



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PINOCCHIO AND THE EMPEROR OF THE NIGHT

Three Men and a Cradle

CAN'T BUY ME LOVE

...Chinese

Continued From 1B

until softened. Slice pork loin across the grain 1/4"-thick stack slices, cut in half lengthwise. Then cut into thin strips about 2-inches long. In 2-quart glass casserole combine pork, cornstarch, soy sauce, sherry, sugar and garlic; mix well. Cut carrot into matchstick pieces and add to pork mixture. Cover and let stand at least 15 minutes. M/W on 100% power for 4-5 minutes or until no longer pink, stirring twice. Drain mushrooms, discard stems, thinly slice caps. Add mushrooms, bamboo shoots, cabbage, water and bouillon to pork mixture; stirring well.

M/W on 100% power, un-

covered, 5-6 minutes or until slightly thickened, stirring twice. Transfer to serving platter.

A beef Oriental dish that makes an entrée for calorie counters is Ginger Beef. This may be served on rice, too.

ORIENTAL GINGER BEEF

2 tablespoons water
2 tablespoons soy sauce
1 tablespoon cornstarch
1/4 teaspoon ground ginger
1/4 teaspoon garlic powder
1 pound flank steak, thinly sliced**

1 medium green pepper, cut into thin strips
4 green onions, chopped
1 tomato, cut into wedges
Blend water, soy sauce, cornstarch, ginger and garlic powder. Add remaining flank steak. Stir to coat. Stir in green pepper and onion. M/W on 100% for 8-10 minutes or until meat is tender. Stir several times during cooking. Stir in tomatoes. M/W on 100% power for 2-3 minutes or until tomatoes are heated through. May be served over rice.

** Slice across the grain of the flank steak. Slice the meat while partially frozen; this permits thinner slices.

How Much Turnabout Is Fair Play In Today's Dating Game?



Dear Abby

DEAR ABBY: Would you please suggest some acceptable ways for a woman to return the favor of a date without escalating the relationship? Over the years, several men have invited me out repeatedly despite the fact that I never ended up in bed with them. Eventually I'd feel guilty because I wasn't giving them much in return, so I would invite them to my home for dinner—which apparently signaled that I was willing to go to bed with them. Then I had to tell them in so many words that's not what I had in mind.

My single women friends tell me that the reason men ask women for dates is to obligate them—hoping to get something in return.

I'm no shrinking violet. If you know what I mean, but I don't hop into bed with a man unless I really want to. And I never want to if I think that's the only reason he invited me out.

Any suggestions?

SINGLE BY CHOICE

DEAR SINGLE: All generalizations are useless. (Even this one.) But there are men who ask women for dates because they want the pleasure of their company. If she accepts, she shouldn't feel that she "owes" him anything. If she enjoys his company, then she can ask him to a concert, a party, a dinner out with the understanding that it's her treat. If he doesn't care for her enough to ask her out again, fine and dandy.

If a relationship is going to escalate, it will do so naturally without one pursuing the other persistently. Mature men and women have platonic relationships, too. And there are names for women—and men—who hop in the leathers because they feel obligated: dumbclucks and turkeys.

DEAR ABBY: In reference to tilling out job application forms, I know it's against the law to inquire about an applicant's race, but I still come across it

now and then. I happen to be half-black and half-Comanche Native American, and whenever I see RACE on the application, I write "Human." It has gotten me some nice jobs, and lots of laughs.

LENA LAWSON, CAMBRIDGE, MASS.

DEAR LENA: Thanks for a chuckle as well as a practical tip. Read on for yet another practical tip with regard to filling in forms.

DEAR ABBY: Your answer to "Private Person" was fine insofar as it went. "You need not answer personal questions." However, never leave blank spaces, giving someone else the opportunity to later fill in answers that aren't yours. Either draw a line through the question, or fill the space with "irrelevant" or something similar.

E. SCHILDKRAUT, BROOKLYN

DEAR ABBY: I may be a little late in commenting on your smoking column, but I still want to get in my 2 cents worth.

You cannot say too much about smoking, Abby. One of my daughters has smoked for 30 years. I pray I am dead and gone if she dies of lung cancer as a heavy-smoking friend of mine did recently.

Now my other daughter, in her 50s, is chain-smoking with her new friend, who smells like an ashtray. She was so against smoking all her life. I can smell her across the room even after she brushes her teeth. Her home sends out an odor to the porch even when the door is closed.

She hardly ever comes here, and I cannot go into her house. She lives next door, and I have seen her only four times in four months. My heart aches, I can hardly sleep and I cry a lot.

And, Abby, you cannot say enough about the mistreatment of dogs. Thank you for listening. I pray that you will print this.

WEST VIRGINIA LADY

DEAR LADY: Your prayer was answered. Thank you for writing.

DEAR ABBY: Recently there appeared in your column an item pertaining to a Virginia farm girl who was supposedly impregnated during the Civil War when a stray bullet passed through the scrotum of a soldier, then lodged in her ovary.

In response, a friend of ours asked, "Would that make the child a son of a gun?"

I thought, if only that had happened earlier, she might have been a daughter of the American Revolution.

HISTORY BUFF, JAMESTOWN, N.Y.

DEAR ABBY: Please advise "Chicago Attorney," who thinks all obituaries should state cause of death as a "warning" to others, that one cannot correctly assume that every person who dies of lung cancer was a heavy smoker.

Fourteen months ago, I was diagnosed as having an "adenocarcinoma" (cancer) of my left lung (it had already spread to the lymph nodes). Although my prognosis was exceedingly grim this time last year, by the grace and mercy of God, my treatment was successful and today I am just fine. And by the way, Abby, I have never smoked a cigarette in my entire life!

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TONIGHT'S TV

WEDNESDAY		THURSDAY	
EVENING		MORNING	
6:00	11:00	5:00	11:00
6:30	11:30	5:30	11:30
7:00	12:00	6:00	12:00
7:30	12:30	6:30	12:30
8:00	1:00	7:00	1:00
8:30	1:30	7:30	1:30
9:00	2:00	8:00	2:00
9:30	2:30	8:30	2:30
10:00	3:00	9:00	3:00
10:30	3:30	9:30	3:30
11:00	4:00	10:00	4:00
11:30	4:30	10:30	4:30
12:00	5:00	11:00	5:00
12:30	5:30	11:30	5:30
1:00	6:00	12:00	6:00
1:30	6:30	12:30	6:30
2:00	7:00	1:00	7:00
2:30	7:30	1:30	7:30
3:00	8:00	2:00	8:00
3:30	8:30	2:30	8:30
4:00	9:00	3:00	9:00
4:30	9:30	3:30	9:30
5:00	10:00	4:00	10:00
5:30	10:30	4:30	10:30
6:00	11:00	5:00	11:00
6:30	11:30	5:30	11:30
7:00	12:00	6:00	12:00
7:30	12:30	6:30	12:30
8:00	1:00	7:00	1:00
8:30	1:30	7:30	1:30
9:00	2:00	8:00	2:00
9:30	2:30	8:30	2:30
10:00	3:00	9:00	3:00
10:30	3:30	9:30	3:30
11:00	4:00	10:00	4:00
11:30	4:30	10:30	4:30
12:00	5:00	11:00	5:00
12:30	5:30	11:30	5:30



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Bone Scan Report Must Be Studied By Doctor



Dr. Gott

DEAR DR. GOTT: I had an enormous number of X-rays before major surgery in 1985 and 1986. Recently, I suffered a severe accident in which my body was crushed, and I had a bone scan. The scan revealed areas of increased uptake in my spine and ribs. The report comments on a possibility of metastatic disease. Could this reading be due to all the X-rays I've had? What is metastatic disease?

DEAR READER: A lump that grows progressively larger over the past year. Two doctors offer no suggestions. Can you?

DEAR READER: A lump that grows progressively larger should be taken seriously. It could be a tumor or a cyst. In either case, the lesion should be biopsied or removed. Seek a third — or even a fourth — opinion. Eventually, you will find a doctor who will be able to diagnose your daughter's ailment — and treat it.

DEAR READER: When a bone scan is performed, the patient is injected with a low-dose radioactive substance (isotope) that is carried to all the bones in the body. Once this has occurred, the body is scanned. The resulting X-ray film shows the extent to which the isotope has entered the bones. Its distribution and its uniformity.

The isotope is selectively taken up by bone that is healing or undergoing some change. Hence, in such instances, "hot spots" will appear in the picture scan. In the presence of these portions of increased uptake, radiologists are often unable to provide a diagnosis of the reason for the additional uptake. All they can say is that normal bone metabolism is accelerated in these areas. Common causes include healing fractures, Paget's disease (a condition of rapid and spotty bone turnover) and metastatic disease (the presence of abnormal cells invading bone from a distant cancer). The scan must be correlated with the patient's "clinical state" (general health and history) in order for the test to be useful.

Your scan probably showed "hot spots" due to healing bone fractures from your accident. This would seem to be a more realistic impression than assuming you have cancer that has spread to bone. Your doctor should be able to put this issue in perspective; ask him or her about the bone-scan interpretation. In my opinion, your previous X-ray examinations are an unlikely cause for your scan results, except to the extent that they could have triggered a cancer in the soft tissues elsewhere in your body.

DEAR DR. GOTT: My daughter, 19, has a lump on the right side of her forehead. It has

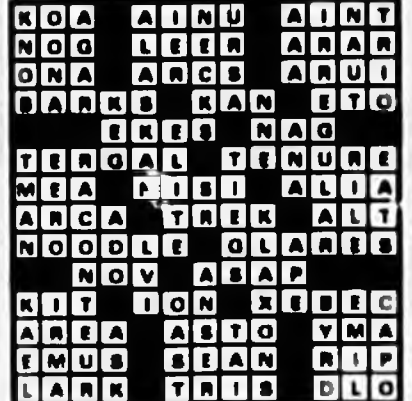
ACROSS

- 1 Greek hero
- 2 Rare gas
- 3 Open
- 4 Cry of triumph
- 5 Man-made fuel
- 6 Tender
- 7 Annoy
- 8 Demonstrate
- 9 Sooner than
- 10 Mexican gentleman
- 11 Spanish dances
- 12 Scruff
- 13 Mrs. in Madrid
- 14 Astronauts' "all right" (comp. wd.)
- 15 Average
- 16 Eons
- 17 Muses
- 18 Inner
- 19 Demand
- 20 Brown pigment
- 21 Pillar
- 22 Beverage
- 23 Whale school
- 24 Comparative suffix
- 25 Raton, Florida
- 26 Inductance units
- 27 Water-encircled lands
- 28 Participate ending
- 29 Beginner
- 30 Netherlands commune
- 31 Snake's sound
- 32 Facilitate
- 33 June bug
- 34 Soviet news agency
- 35 Sea pheasant

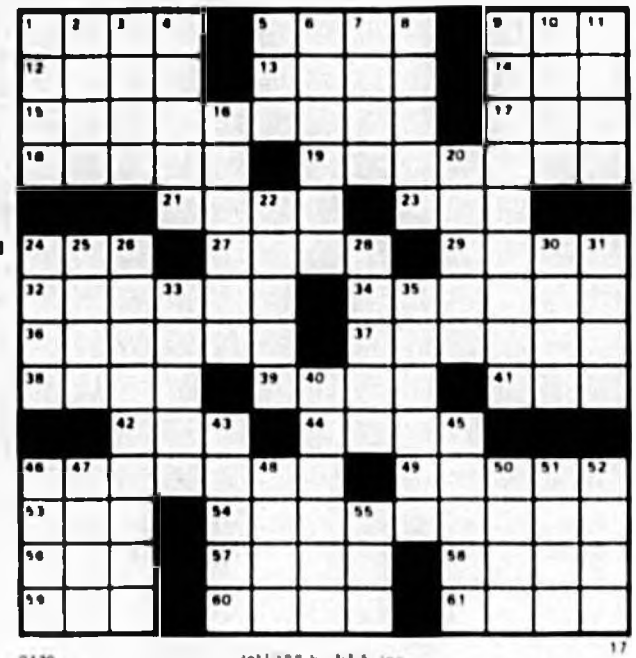
DOWN

- 1 High cards

Answer to Previous Puzzle



- 28 Err
- 29 Novelist Ferber
- 30 Stretched line
- 31 Saltwater
- 32 Vitamin
- 33 Preoccupy
- 34 Prerogative
- 35 Remains
- 36 Speed
- 37 Opp. of ecto
- 38 Silkworm
- 39 Kind of soil
- 40 Scottish Gaelic
- 41 Large knife
- 42 Double curve



WIN AT BRIDGE

By James Jacoby

When today's deal was played in the Blue Ribbon Pairs, most South players arrived at six clubs. This contract will make whenever the trumps divide 2-2. (Declarer simply draws trumps and gives up a trick to the spade king by passing the jack.) Even when trumps are 3-1, the slam will make when the defender who started with three clubs also started with four spades, or more.

However, there is an element of luck in tournament play. On this deal, the best percentage play — playing two rounds of trump, giving up a spade trick and then attempting to throw away three diamond losers on the A-Q-10 of spades — does not work, since West will ruff in on

the fourth spade. But a few declarers found a play that was less likely to succeed but that worked in this deal. After winning the heart ace, they ruffed a heart. Next they played a low diamond from dummy and put in the jack, losing the trick to West. Later they ruffed another heart and drew trumps. When they then played the ace of diamonds, the other diamond honor came crashing down, giving them the contract. The hapless defenders had no way to influence their destiny on this deal. If declarer misplayed the hand and made six clubs, they were simply out of luck. And what about the declarers who made 12 tricks by taking the wrong play? It was simply their lucky day.

NORTH
 ♠ A Q 10 5
 ♥ 3
 ♦ 10 7 4 2
 ♣ J 5 3

EAST
 ♠ K 7 6 4 2
 ♥ K Q J 7
 ♦ 9 8 3
 ♣ 2

SOUTH
 ♠ A 8 2
 ♥ A J 6 5
 ♦ A K 10 9 8

Vulnerable: Both
 Dealer: South

West	North	East	South
Pass	1 ♠	Pass	1 ♠
Pass	3 ♠	Pass	3 NT
Pass	4 ♠	Pass	4 ♠
Pass	5 ♠	Pass	6 ♠
Pass	Pass	Pass	Pass

Opening lead: ♥ 10

HOROSCOPE

What The Day Will Bring...

By Bernice Bede Oool FEBRUARY 16, 1988

It's important in the year ahead that you set definite goals for yourself regarding how much you want to earn. Success is likely if these targets are constantly kept in focus.

AQUARIUS (Jan. 20-Feb. 19) Where your career and finances are concerned, conditions are likely to be a bit more advantageous for you today than they will be tomorrow. Major changes are ahead for Aquarians in the coming year. Send for your Astro-Graph predictions today. Mail \$1 to Astro-Graph, c/o this newspaper, P.O. Box 91428, Cleveland, OH 44101-3428. Be sure to state your zodiac sign.

PISCES (Feb. 20-March 20) Knowledge and experience are reliable allies. Look into your past for the keys to unlock

dilemmas that face you today. **ARIES** (March 21-April 19) Delicate business affairs should be conducted in a confidential atmosphere today, with only people who are directly involved present.

TAURUS (April 20-May 20) Contact your old friends first to see if they're interested if you have something good to share today. Put newer acquaintances on the bottom of your list. **GEMINI** (May 21-June 20) Seek out associates today who are in a position to help you advance your immediate career goals. You'll move faster with their cooperation.

CANCER (June 21-July 22) If a venture in which you are presently involved is ailing from lack of direction, it can be put back on track if it's properly reorganized. Take steps today.

LEO (July 23-Aug. 22) A change for which you've been hoping that affects others as well as yourself looks like it will take place. Don't give up on it now.

VIRGO (Aug. 23-Sept. 22)

This is a good day to discuss matters that are of equal importance to both you and your mate. Beneficial resolutions can be achieved.

LIBRA (Sept. 23-Oct. 23) Your financial prospects look extremely encouraging at this time. Greater earnings or income can be generated from your present involvements.

SCORPIO (Oct. 24-Nov. 22) If there is anything you want changed that you feel could better your lot in life, do what needs doing. You are the master of your destiny.

SAGITTARIUS (Nov. 23-Dec. 21) Don't take things at face value today. If you probe a bit below the surface, you'll be able to come up with the answers for which you're searching.

CAPRICORN (Dec. 22-Jan. 19) Be an attentive listener today, especially if you're at a gathering where financial topics are being discussed. What you learn you'll later use.

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PEANUTS



by Charles M. Schulz

...Cook

Continued From 1B

had never done before. And it was so gorgeous there, just beautiful." For now, the Helms' enjoy each other, their family and their home tucked away amid the orange trees and tropical greenery on the south side of Sanford.

Cooking up a hearty meal in her spacious country kitchen seems to be a snap for Mrs. Helms who says she thoroughly enjoys it. She cooks with a variety of meats, mostly wild, but adaptable to any domestic cuts. Her Brunswick Stew is the perfect example. "When the kids were little, the boys would come in with squirrels and rabbits; if they killed it, we ate it. We eat a lot of deer meat. We do our own - we grind it and we have a cuber so we take the hams and cut them up into steaks and cube them just like the cube steaks at the grocery store. I cut it up into stew meat and make stew with potatoes, carrots and onions. And I use it in chili. Put it through the grinder and use it for spaghetti, hamburgers, meat loaf - anything you can use ground meat for."

The Helms family also has a good appetite for seafood. One of Mrs. Helms' favorites is gar fish which she simply coats and fries in a few minutes. "It is so good," she says. "For years, it was considered a trash fish. Most people would just kill it and throw it back in."

Another of her favorites, she says, is frog legs. "Oh, I can eat that until it's coming out of my ears! That's my favorite. Just fried, no breading or anything."

One of Mrs. Helms' accomplishments in the realm of baking has been her homemade biscuits. However, she says, "It would be impossible to write down the recipe because I use so many blobs of Crisco, so many scoops of flour and so on - I just blob it. But it is one of my better accomplishments. For years, the kids would come in from the woods and bring me flowers or a stump or something and they would tell me they were bringing me 'biscuit points,' then they would get an extra biscuit for supper. All of them, not just mine, but the neighborhood kids would bring me 'biscuit points.'"

The following is a list of some

of Mrs. Helms' recipes which earn her countless biscuit points with her family:

INEXPENSIVE SPONGE CAKE

4 eggs
2 cups sugar
1/2 teaspoon salt
2 teaspoons vanilla or lemon extract
2 tablespoons butter
1 cup milk
2 cups flour
2 teaspoons baking powder
Beat eggs until fluffy. Add sugar, salt and flavoring. Beat well. Bring milk and butter to boil and add to mixture. Stir in flour and baking powder. Beat in very quickly. Pour into 9x13-inch pan or two 9-inch cake pans. Bake at 350° for 25 to 35 minutes. Cake is good served plain with fresh fruit and whipped cream or ice.

BRUNSWICK STEW

1 chicken, stewed
1 soup bowl diced potatoes
1 soup bowl diced onions
1 soup bowl cut corn
1 soup bowl lima beans
1 pound pork, diced
1 pound beef, diced
Remove chicken from broth. Let cool and pick meat from bones. Add chicken and remaining ingredients to broth and cook about an hour. Add one jar catsup and 1/2 cup Worcestershire sauce. Continue cooking on low heat for 3 to 4 hours. This can also be made using squirrel, rabbit, armadillo and deer or other wild meat. Serves 6.

FRIED GAR FISH AND TARTAR SAUCE

Cut gar fish into 1/2 inch strips. Salt and pepper them, then roll in corn meal. Fry in hot grease until golden brown. Serve with tartar sauce or ketchup.
Tartar Sauce:
2 cups mayonnaise
1 small onion, chopped fine
1 cup dill pickle
garlic salt
1/2 cup lemon juice
Put onion and pickle in food processor until fine. Mix with remaining ingredients and refrigerate.

MACARONI AND SHRIMP SALAD

1 pound small shell macaroni
6-8 hard boiled eggs
1 large onion, chopped
1 bell pepper, diced
1 cup dill pickle, diced
shred black olives, optional

1 pound boiled shrimp, peeled and chopped

Cook macaroni and drain well. Add remaining ingredients and mix well. Mix 1 cup mayonnaise with 3 tablespoons Worcestershire sauce and 1 tablespoon hot sauce. Pour this over macaroni mixture and mix well. Best if made up to a day ahead. Serves 8 to 10.

GRATED SWEET POTATO PUDDING

2 eggs
1 cup sugar
1 1/2 cups rich milk
1 stick butter, melted
2 teaspoons vanilla
pinch of salt
2 cups grated raw sweet potatoes
Beat eggs until light and fluffy, adding sugar gradually. Add other ingredients and mix well. Bake in buttered baking dish for 25 minutes at 350°.

MISSISSIPPI MUD CAKE

2 sticks butter
1/2 cup cocoa
2 cups sugar
1 1/2 cups nuts, chopped
4 eggs
1 1/2 cups flour
1 teaspoon vanilla
Mix and bake 35 to 40 minutes at 350° in a 9x13-inch pan. Remove from oven and spread with miniature marshmallows or jar of marshmallow creme. Spread with hot frosting below:
Chocolate Fudge Frosting (Microwave)

1 cup sugar
1/2 cup milk or water
1/2 cup cocoa
1/2 cup butter
Mix and microwave on high for 2 1/2 minutes. Stir halfway through. Beat till it starts to set. Pour on cake.

RAW APPLE CAKE

3 eggs
2 cups sugar
1 1/2 cups oil
3 cups flour
1 teaspoon baking soda
1/2 teaspoon salt
1 tablespoon vanilla
3 cups peeled, diced apples
1 cup nuts, chopped
1 teaspoon cinnamon
1/2 teaspoon nutmeg
Mix sugar, oil and eggs well. Sift dry ingredients and add to fruit mixture. Fold apples, nuts and flour into eggs. Bake in tube pan for 1 hour at 375°. Leave in pan.

Combine 1 stick butter, 1 cup brown sugar and 1/4 cup milk. Cook in microwave 2 1/2 minutes. Pour over cake while still warm. Cool completely and remove from pan.

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