

Evening Herald

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Work-Release Prisoners Earn Keep, Repay Society

Some of Florida's prison population earn their keep and help repay their debts to society while they're behind bars.

Actually, they're let out of their cells during the day to special work assignments under the Department of Corrections (DOC) 14-year-old work-release program.

A special DOC report released this week says that inmates participating in the program have earned more than \$5 million from jobs in the private sector over the last six months.

And inmates reported gross earnings in excess of \$71 million since the start of the program in mid-1968.

From their net earnings, inmates housed in community correctional centers have paid the state \$22 million for subsistence and transportation, contributed \$5.7 million to their dependents back home and paid \$380,000 in fines, court costs and restitutions to victims of their crimes, according to statistics compiled by the DOC.

There are no community correctional centers in Seminole County. The nearest such facility is based in Orange County.

But the work-release program is at work on a smaller scale

in Seminole County, and officials report there seem to be more benefits than drawbacks to the local program.

"The families of the inmates involved certainly benefit, since it keeps them off the welfare rolls," said Ed Bedell, supervisor in charge of the DOC's probation office at 115 N. Oak Ave., Sanford.

"The people involved in the program are doing a bit more than sitting around in the jails, languishing. The victims benefit too, since they receive some of the money from restitution. Court fines are paid. The county receives some money for food and housing costs of the inmates," Bedell said.

"And since some of the inmates continue their jobs after they are released, the inmates have something to look forward to when they're released," he continued.

Kathy Nims, an office supervisor in the Seminole County Sheriff's Department, said about a dozen inmates a year have taken advantage of the program since she began handling records in 1974.

Inmates on work release are charged a fee of \$3 per day for

room and board at the jail. The county received approximately \$3,000 annually to help pay these inmates' jail expenses last year, she said.

Sgt. Howard Mullen of the Sheriff's Department said inmates must turn in their paychecks to the sheriff each week. From the money they earn, certain amounts are deducted to cover room and board, fines, debts, restitution, family support, or any other court-ordered expenses.

"The remainder of the check is held until the inmate gets out of jail. That money is his to keep," said Mullen.

"We've had as many as seven or eight inmates involved in the program at any one time. But we're not getting many overall," he said.

Some inmates work in outside-labor-type jobs. There has been a car salesman. Some inmates might find work with the county's Public Works Department or be assigned work with parks and recreation.

The Sheriff's Department recommends work-release assignments to the court. After the DOC investigates a particular assignment and the inmate involved, the court will make a decision based on the DOC findings, according to Bedell.

The job candidates come from the inmate population serving long terms in the county jail — six months to a year. Inmates being considered for the jobs must demonstrate good behavior as jail trustees initially. And their criminal records must be free of serious crimes such as assault, rape or drug-related offenses, said Bedell.

"There's no drinking or carousing on the job. Inmates are monitored closely. They must go to and from the job without stopping anywhere," said the probation official.

"We've had some problems with people leaving their jobs. One man ran away a few months ago. But overall, we've had reasonable success with the program, with no serious incidents," he said.—MARK VOGLER



Herald Photo by Tom Vincent

A SINKING SENSATION

Florida Department of Transportation workers, at the site of a 21-foot-wide and 20-foot-deep sinkhole in Interstate 4's westbound emergency lane about one-fourth of a mile south of the Lake Mary exit this morning, begin shoveling dirt into the hole in an effort to fill it and retard further sinkage. The sinkhole was reported to the Florida Highway Patrol by motorists about 7 a.m. today.

troopers said. The sinkhole has eroded a portion of the emergency lane and one lane of traffic has been closed, causing traffic congestion. Motorists are being encouraged to seek an alternate route, troopers added. The sinkhole will be monitored for 24 hours to determine whether further erosion occurs, DOT officials said.

Overdue Longwood Land-Use Plan Running Late

Longwood's land-use plan has been long overdue — already late by more than two years.

But for residents of subdivisions built near major traffic arteries, adoption of the city's future zoning blueprint can wait a while longer.

City officials estimate that probably less than 5 percent of the city's land area will come under rezoning. The vast majority of people, they say, will not be affected by the proposed changes.

However, there is a vocal minority that is making itself heard at City Commission meetings. The group is primarily made up of residents who are leary of commercial strips creeping into their neighborhoods.

Many of the proposed zoning changes, if adopted, will take place along State Road 434 and County Road 427, the main traffic arteries in the city. Much of the area under study — some 20 land parcels — would be converted from residential to commercial-office zoning and general commercial zoning.

The commission Monday night held its second and final hearing on the land-use plan. Mayor June Lormann said the commission will adopt the plan following a workshop set for 3 p.m. March 9. The commission will consider public comment from previous hearings and make any necessary changes at that time.

Commissioner Russell Grant said he didn't like the idea of the workshop being held in the afternoon, when most residents are at work.

"This is not Russia or a Communist country. This is the United States, and these people should have the right to come (to the workshop)," he said.

Mrs. Lormann said the session would be open to the public, but suggested that the work session be held in the afternoon so the commission could get down to some serious business.

"The work session is for commissioners. We can't keep on having public meetings on this," she said.

Grant owns land north of Longwood north and west of Grant Street, property

that would be changed by the land-use plan from light industrial to residential zoning. Grant has sharply criticized several aspects of the plan.

Although two public hearings on the administrative rezoning have yet to be held, City Attorney Marvin Rooks said the land-use plan actually will have the effect of rezoning the city, since no building permits will be issued that conflict with the plan once it has been adopted.

The state enacted a Comprehensive Land Use Planning Act several years ago which required all counties and cities to adopt a comprehensive plan with consistent zoning by late 1979. Longwood is among several cities that are late in adopting the plan. And unless the city takes action soon, the state has the power to come in and impose its own plan, said Rooks.

There were many protests aired from among the 80 residents who attended Monday's public hearing. But much of the criticism focused on the proposed

rezoning of property north of W. Warren Avenue and west of Lemon Lane, where the city plans to change zoning from residential to general commercial use directly south and east of Longwood Groves.

Shirley Mayse, 139 Lemon Lane, told the commission that many of the 200 families living in the subdivision are strongly opposed to the rezoning and prefer to see some kind of buffer between the residential and commercial areas.

Commissioner Steven Uskert said the city was put in the dilemma that faces Longwood Groves because officials were late in paving the way for industrial parks, thus industry and heavy commercial areas have lined the city's main roadways.

"We have to join sometime. We can't say we're going to keep a green belt between a residential area and a commercial area," he said.

—MARK VOGLER

'Federalism': Will There Be Enough Cash?

By MARK VOGLER
Herald Staff Writer

When push comes to shove, many of the folks who depended upon Uncle Sam for various federally funded social programs will come knocking on the door of Seminole County government for help. County officials are concerned that when that time comes, there may not be enough funds available to let the people in.

Although the impact of President Reagan's "New Federalism" policy is not fully understood yet, the Seminole County Commission is bracing itself for the possible impact on state and local governments.

Reagan in his state of the Union address last month announced the transfer of "some \$47 billion in federal programs to state and local governments, together with the means to finance them and a transition period of nearly 10 years to avoid unnecessary disruption."

The president proposes turning over more than 40 social programs to the

'We're going to sit there depending on a source of funding that nobody likes . . . we're going to be back to property taxes.'

— Roger Neiswender

states, including the financing of public transportation, food stamps and welfare. The states will be allowed to draw from a \$28 billion trust fund to help finance the program. Money from the fund would come from existing federal excise taxes on alcohol, tobacco, and telephone service, as well as part of the gasoline and windfall oil-profits tax.

Eventually the fund would be eliminated, and that is the underlying concern of most local governments, including the Seminole County Commission.

When the federal funds run out, where is the money going to come from?

The state may have to increase taxes to maintain our services. The \$28 billion seems like a lot of money today. But we're concerned about exactly how much responsibility the states are going to have in the transfer (of the federal programs)," County Administrator Roger D. Neiswender told the commission during a work session Monday.

"If they (U.S. Government) assume the responsibility and pass on the funding to us, we're in big trouble," he said.

Neiswender, said his chief concern about the New Federalism policy is the degree of flexibility the states will have once the federal government transfers the social programs to them.

"The biggest question is the degree to which the federal government is going to maintain strings," he said.

If the federal government continues to exert some control by requiring that certain programs be provided by the state, local governments could be in a bind, according to the county administrator.

A big source of the revenue for the federal trust fund — the windfall profits tax — is set to "sunset," or terminate in 1988, he explained.

"When the money runs out, the programs are going to be left up to us," Neiswender said.

"Our source of funding is property taxes. We're going to sit there depending on a source of funding that nobody likes. We're going to be back to property taxes," he said.

Neiswender told the commission the county staff knows little about the specific impact on local government, but will keep the commission advised of unfolding developments.

"The New Federalism approach is the biggest issue we see" in dealing with future county fiscal policies," he said.

Meanwhile, the county's Office of Management and Budget on Monday unveiled its first-quarter report of the current fiscal year, which began last Oct. 1.

There are concerns as to whether existing county revenues anticipated for the rest of the budget year will be adequate enough to finance programs for the 1982-83 fiscal year.

TODAY

Bridge	6B	Florida	3A
Calendar	2B	Horoscope	6B
Classified Ads	4-5B	Hospital	2A
Comics	6B	Nation	2A
Crossword	6B	Ourselves	1B
Dear Abby	1B	Sports	5-6A
Deaths	3A	Television	1B
Dr. Lamb	6B	Weather	2A

Water Devices: Sanford Holds Off

By DONNA ESTES
Herald Staff Writer

The city of Sanford won't be participating, for a while, at least in the installation of water-saving devices in city homes.

The City Commission Monday night voted unanimously to table action on encouraging the installation or distribution of gadgets recommended by a New England non-profit conservation group until City Manager W.E. "Pete" Knowles can do further research.

Knowles was able to tell the commission only one thing for certain about the water-saving devices, costing \$18 per kit and distributed by the New Resources Group (NRG) of

Milford, N.H., and Boston. "There is no way to justify an expenditure of \$106,342 to give them without charge to city water customers," he said.

City staff research showed that Sanford could lose as much as \$9,000 monthly in sewer and water revenues if 90 percent of the city's utility customers used the devices. Knowles said the saving to the city of 380,000 gallons of water daily would not be substantial.

He noted that the 380,000-gallons-per-day saving would not meet a city goal of increasing the capacity of the city's water and sewer systems.

"The loss in revenue would not really be offset in capacity gain," Knowles said.

The gadget package includes a shower head that wraps air around water to give a finer spray and thus use less water, and spring-steel baffles to be placed in a toilet tank to conserve water.

Knowles said, however, that the commission could require that the water-saving devices be placed in new homes during construction. There is little, if any, cost difference between standard shower heads and the water-saving ones, he noted. Knowles added that a bill has been introduced in the Florida House of Representatives to require the installation of water-conserving plumbing fixtures in new construction.

In other business, the commission unanimously adopted an ordinance calling for the regulation by the city of the sale of alcoholic beverages. The new ordinance requires alcoholic-beverage establishments to obtain a "certificate of registration" from the city.

Actual licenses for sale of the beverages are obtained from the state.

City Attorney Bill Colbert, in a letter to the commission, said the ordinance also includes a section requiring registration of non-profit organizations and private clubs, adding that bottle clubs are still prohibited in the city.

Bids On SR 46 Overpass To Be Opened Wednesday

Bids on the \$2.5 million federally funded railroad overpass on W. State Road 46 near Sanford will be opened in Tallahassee Wednesday, and construction should be under way by the end of April or the first of May.

C.A. "Bill" Benedict, district engineer for the State Department of Transportation (DOT) office in DeLand, said a contract for the work should be awarded within 45 days of the bid opening and construction will begin within 20 days thereafter.

Bids are to be opened at 10:30 a.m., Wednesday in the DOT auditorium in Tallahassee.

Scheduled construction time is 600 days. The construction area will be .7 mile in length and includes both the overpass and approaches.

The overpass is to be built over the Seaboard Coast Line Railroad tracks to eliminate traffic backup at the crossing. The construction of the new Central Florida Regional Hospital at Mangoustine Avenue and U.S. Highway 17-92 has added importance to the planned overpass.

The hospital construction is ahead of schedule and is expected to be completed

See B1D, Page 2A

FLORIDA

IN BRIEF

Two Bodies Recovered From Orange County Pond

ORLANDO (UPI) — Two bodies believed to be those of a young couple missing for 37 days were found Monday in a car submerged in an Orange County pond, police said.

Orange County Sheriff Lawson Lamar said the car belonged to Larry and Julia Fuller, but the bodies "are so badly decomposed we will probably have to check dental records before we can positively identify them."

Castro Cracks Down

MIAMI (UPI) — A militant anti-Castro organization says it has been using refugees from the 1960 Mariel seafit to help with infiltration and sabotage in Cuba.

But the Miami-based exile group, Alpha 66, also said Monday that stepped-up guerrilla activity on the island nation has led to a crackdown on dissidents by the Fidel Castro regime.

No Mandatory Insurance

TALLAHASSEE (UPI) — The House Appropriations Committee killed a proposal today that would have required all car owners to carry auto liability insurance.

By a 25-5 vote, the panel adopted an amendment by Rep. James Harold Thompson, D-Quincy, removing the mandatory insurance requirement from the insurance committee's bill (CSHB 607) rewriting the insurance code as part of a Sunset review.

The huge bill must clear appropriations before reaching the House floor.

\$2 Million Shopping Plaza Planned For Casselberry

By TENI YARBOROUGH
Herald Staff Writer

Casselberry residents may see a new shopping plaza springing up soon in their neighborhood if the City Council approves plans for the \$2 million complex.

During council's Monday night work session, city fathers discussed the proposed center, which would house a Goodings Supermarket and numerous retail shops, hearing arguments for and against construction of the plaza.

However, the council voted to delay acting on the proposed project until several demands are met.

"Council wants the developers to include a fence around the retention pond," said City Planner Dale MacMahon. "They also want them to acquire a Department of Transportation driveway permit for construction at State Road 436 and execute a traffic signal participation agreement at Sausalito Boulevard and S.R. 436 before the proposal is placed on the council agenda."

MacMahon today said that he feels the demands will be met this week and that the plan will "probably be placed on the March 1 meeting agenda."

The proposed 46,420-square-foot grocery store, flanked by 55,000 feet of retail space on an 11-acre site, is being proposed by the Greater Construction Co. of Casselberry. According to supermarket personnel, the store will employ about 150 people and will include a bakery, pharmacy, flower shop and delicatessen. Retail tenants will be secured through a leasing agent.

However, not everyone is in favor of the project. County traffic officials voiced their concern

over the proposed plaza Monday, saying construction of such a center would make a bad situation worse with regard to traffic along State Road 436.

"The traffic report said the traffic today is bad," MacMahon said. "I agree. The shopping center is going to affect that, but I don't think it will impact it a significant amount. Sure, the traffic is bad there but according to the report, the center's existence is not going to make the traffic situation that much worse."

In other action, the council set March 22 as the public hearing date for discussion of a proposed drainage ordinance which will set ground rules for handling drainage problems in the city.

The proposed ordinance is the result of a recent controversial drainage ditch dug last August by city workers on a vacant lot near the home of James and Eloise Matheny on Quintuplet Drive. The Mathenys contended the ditch, which is 312-feet-wide and 5-feet-deep, has decreased their property value, is an eyesore and poses a potential health hazard.

According to Mayor Owen Sheppard, the ditch was constructed to handle stormwater runoff on land owned by Casselberry Gardens Inc. Sheppard recommended that council leave the ditch "as is."

However, Sheppard indicated that if the city decides to install a pipe in the ditch, the cost for the work will be about \$4,000.

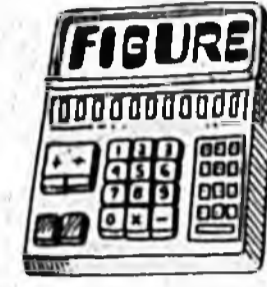
The council delayed acting on the matter last week at the recommendation of City Attorney Kenneth McIntosh who said he feared any action on the city's part could set a precedent for similar situations.

The proposed drainage ordinance has been drafted from city, county and the Department of Environmental Regulations guidelines.



A GOOD SCOUT

The East-West Kiwanis Club of Sanford had as their guest speaker for the observance of National Boy Scout Week, Jeff Saunders of Troop 231. Scout Master Saunders has worked with boys for over 10 years. Willie Chandler observes as club vice president Taylor Roundtree presents Saunders a certificate of appreciation.



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WORLD

IN BRIEF

First Political Trial Under Martial Law Begins

WARSAW, Poland (UPI) — Four dissident leaders went on trial Monday for subversion in Poland's first political trial under martial law, and the official media made the unprecedented charge that solidarity leader Lech Walesa is a political extremist.

The official Communist Party newspaper, Trybuna Ludu, also said Poland faces more economic difficulties and urged the nation to depend on the party and Poland's Communist Allies.

Times To Shut Down?

LONDON (UPI) — Publisher Rupert Murdoch dismissed 210 workers at the Times and Sunday Times today after talks on staff reduction collapsed, raising fears of a union confrontation that would almost certainly close the famed newspapers.

Murdoch, who announced the dismissals Monday after 10 hours of talks failed to produce the 600 resignations he demanded, said they were "the minimum requirements." Union negotiators rejected the firings.

Hospital Fair Features New Drugs, Equipment

An all-day drug and equipment fair will feature equipment and drugs scheduled to be used at the new Central Florida Regional Hospital and those presently in use at Seminole Memorial Hospital (SMH).

The fair will run from 7:30 a.m. to 5 p.m., Wednesday at SMH.

On display will be the Stryker bed frame, two automatic IV systems, tubing and catheter materials and defibrillators which are now placed not only in the emergency room, intensive care, and the X-ray unit, but in all nursing units except pediatrics.

The new hyperthermia blanket presently in use, will be exhibited, along with the new Pall blood filters and their usages. Searle Labs will have the new drug, Calan, which is used for cardiac arrhythmias, on display as well.

Wednesday's fair is free and open to the public. The 226-bed Central Florida Regional Hospital now under construction west of Sanford on Lake Monroe will replace SMH. The grand opening is scheduled for early June.

AREA DEATHS

JENNIFER A. LITTLE

Miss Jennifer Ann Little, 16, of 617 Iris St., Altamonte Springs, died Sunday in an auto accident in Orange County. Born Feb. 23, 1965, in Chicago, she moved to Altamonte Springs from Glendale Heights, Ill., in 1979. She was a student at Luther High School, Orlando, and a member of Ascension Lutheran Church, Casselberry. She was secretary of the Student Council and a member of the yearbook staff, the newspaper staff, the Student Council social committee, the Photography Club and the Spanish Club. She was a U.S. Student Council award winner.

Survivors include her parents, Mr. and Mrs. John T. Little; and a sister, Pamela Karner, Portage, Ind. Baldwin-Fairchild Funeral Home, Altamonte Springs, is in charge of arrangements.

ROBERT VORIS

Robert Voris, 62, of 125 Magnolia Drive, Longwood, died Sunday in Orlando. Born Aug. 16, 1919, in Mamaroneck, N.Y., he moved to Longwood

from Iselin, N.J., in 1962. He was a truck driver and a Protestant.

Survivors include a son, David, Milford, Conn.; two daughters, Mrs. Diana P. Latimer, Longwood, Mrs. Carole A. Piperi, Edison, N.J.; a brother, William, Punta Gorda; a sister, Mrs. Charlotte Fin, Washington Depot, Conn.; and eight grandchildren.

Woodlawn Funeral Home, Orlando, is in charge of arrangements.

GREGORY J. ALLEN

Gregory James Allen, 17 months, of 300 Magnolia Oak Drive, Longwood, died Sunday at Florida Hospital-Orlando as the result of an auto accident. He was born Sept. 10, 1980, in Orlando.

Survivors include his parents, Mr. and Mrs. Gary J. Allen; a sister, Kristie, Longwood; a brother, Clint, Longwood; and his grandparents, Mr. and Mrs. C.G. Oden, Orlando, Robert W. Allen, Pocatello, Idaho, Mrs. Lucile Wohl, Scottsdale, Ariz.

Baldwin-Fairchild Funeral Home Altamonte Springs, is in charge of arrangements.

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SPORTS

Evening Herald-Sentinel, Sanford, Fla. Tuesday, Feb. 23, 1982—5A

Coaches Acclaim Filer All State, Dershimer, Scholastic

By JOE DeSANTIS
Herald Sports Writer

With a 22-6 season inked into the record books, several of Joe Sterling's Seminole Community College Raiders have received post season honors.

No less than three of the Raider starters have been named to the Mid-Florida All-Conference squad, while sophomore wing Travis Filer joins two of the Raiders biggest rivals as members of the Florida Junior College All-State team.

Filer, out of Largo High, has been a consistent two-year performer for SCC and as a sophomore this season averaged 18 points per contest while leading the squad in minutes played. The smooth shooting wingman also paced the Raiders in marksmanship from the charity stripe and turned in a very strong second half effort for Sterling.

Robert Johnson of Lake City and Mark Thomas of conference champ Florida

JC Basketball

Junior College Join Filer on the all-state team.

Lonnie Jones and Bruce McCray are the other two Raiders selected to the all-conference group. Despite playing just half a season, Jones impressed the rest of the divisional coaches enough with his outside shooting and strong rebounding to earn all-conference laurels.

The Knoxville, Tenn., sophomore is joined by Sanford native Bruce McCray. The former Seminole High standout earned all-state honors last year as a freshman and appeared to be a shoo-in for the all-state squad his sophomore season until a knee injury in late January sidelined him for much of the second half of the season.

McCray still managed to lead the squad with a 20 point average and was the team's leading rebounder. Still hobbled by a sore knee, McCray turned in a gutsy effort against Lake City in the

divisional playoff tournament last week and closed out his career with a 10-point, 14-rebound and seven-assist effort.

The remainder of the all-conference team includes Lake City's Eric Hightower, Walt Spurlin of Santa Fe, David Lewis of St. Johns, Valencia's Cleveland Lawson, Central Florida's Tony Watson and Florida Junior College's duo of Ron Jefferson and Dalton Sabbs.

Another Raider, sophomore guard Doug Dershimer was one of five players selected to the Mid-Florida Conference All-Scholastic Team.

Players tabbed to the squad maintained at least a 3.0 grade point average. Dershimer topped the five scholar-athletes with a sizzling 3.89 mark in the classroom. The former Lake Brantley Patriot is joined by Santa Fe teammates Walt Spurlin and Dennis Smith along with Lee Minson and Brett Pruitt of St. Johns.

Lyman, Wildcats Tie Hill Hurls No-Hitter

Seminole High junior Greg Hill tossed a no-hitter and banded out two hits Monday to lead the Tribe past Titusville Astronaut, 6-2, in prep baseball action.

The 6-4 righthander struck out 11, but had to survive seven walks and six errors to earn his masterpiece.

"It wasn't a real pretty game," said manager Bobby Lundquist Tuesday morning. "But we hit the ball pretty well and they (Astronaut) were undefeated going into the game."

The War Eagles scored their two runs in the third inning when Hill walked four straight hitters and then yielded a run on a ground out.

Seminole, 3-3, plays at Oviedo on Friday before jumping into its Five Star Conference season next week.

The 'Noles jumped ahead in the second inning when outfielder Tony Turner reached third base and came home when the Astronaut pitcher was called for a balk for not taking his signal on the pitching rubber.

Seminole added all the runs Hill needed in the third when Davis walked and Hill singled to right. Davis was running with the pitch and scrambled to third, while Hill alertly took second on the throw.

Second baseman Freddie Howard rifled a hit to left field to score Davis and senior Greg Register followed with another single to drive in Hill for a 3-0 lead.

Astronaut bounced back with two runs in its half of the frame, but Sanford put the game out of reach with three runs in the sixth inning.

Right fielder Terry Russel reached on an error by the second base and went to second on his overthrow. Catcher Brett Von Herbulis then cranked one off the left field fence to score Russel with a double.

Aggressive baserunning paid off again when Davis walked and took off for second during the pitcher's stretch.

Prep Baseball

When the Titusville hurler threw to second, Von Herbulis took off for home and scored when the throw was wild. Davis later scored when Howard hit a ball through the shortstop's legs for an error.

Von Herbulis and Hill each had two hits for Seminole.

Elsewhere in action involving Seminole County teams, Todd Marriott, Rob Reich and Kenny Brown all rapped home runs, but the best the Lyman Greyhounds could do was a 9-9 deadlock with Winter Park's Wildcats.

The Greyhounds, 4-1-1, host defending state champion Boone today at 3:30.

Winter Park jumped on Lyman for four runs in the second inning after the 'Hounds had built a 4-0 edge with one run in the first inning and three more in the second.

The Greyhounds put a five-spot on the scoreboard in the top of the fourth inning, but Winter Park came back with two runs in the bottom of the inning and three more in the fifth inning to tie the score at 9-9. The game was called after six innings.

Marriott stroked three hits and drove in three runs. Reich plated two runs with his three hits. It was his second homer in three days. Marriott has eight hits in his last 11 at bats.

Lyman's tie on Monday was the first time a Metro Conference team had given the Greyhounds any trouble this year. On Saturday the Greyhounds swept a doubleheader by edging Winter Park, 3-1 and clobbering Colonial, 10-0.

The 'Hounds received excellent pitching performances from Kevin Brubaker, Pat Burkhart and Willie Pashe in their sweep of the twinbill. Brubaker tossed a four-hitter at Winter Park, while Burkhart and Pashe

combined on a one-hitter to tumble Colonial.

In the Winter Park contest, the 'Hounds rallied for two runs in the fifth to break a 1-1 tie. Catcher Brent Smartt drilled a single up the middle, and third sacker Lee Jenkins followed with a shot to right to advance Smartt. A pickoff error by Wildcat hurler Chris Abel scored Smartt, and one pitch later senior Kenny Brown chased Jenkins home with a sacrifice fly to deep left. Brubaker notched the victory with three strikeouts in the last two frames.

The second half of the twin-bill was never a contest, as senior first-baseman John Reich rifled a Manuel Gonzalez fastball over the right field fence to cap a four-run first inning.

The 'Hounds never let up, picking up three in the third on two singles by junior Marriott and numerous errors by Colonial. Marriott finished the day with five hits on the hill for Lyman, Burkhart threw a solid three innings, before having control problems in the fourth.

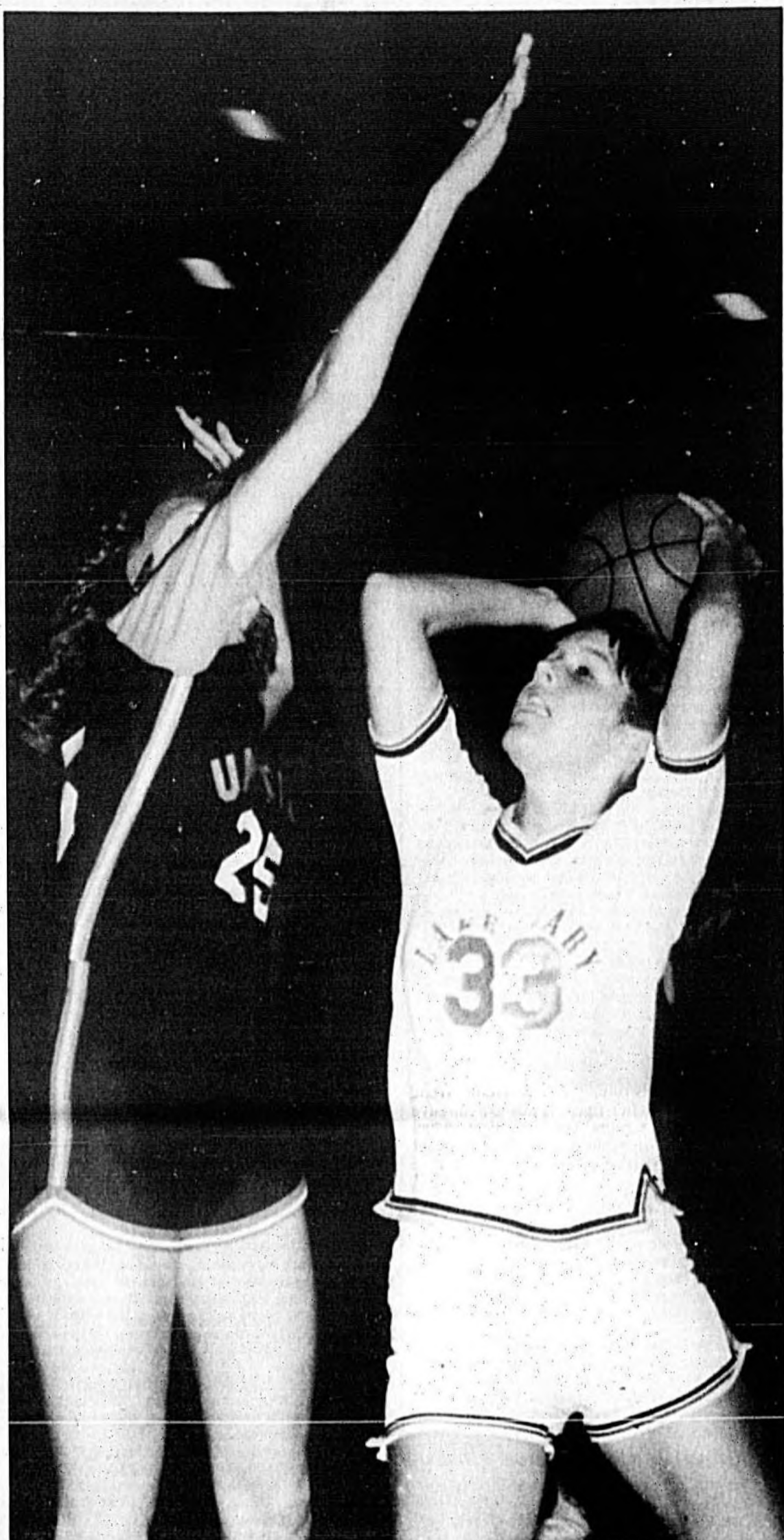
Junior bullpen Ace Pashe picked up the win with a superb two innings of relief to mop up the victory.

In other games Monday, Lake Howell continued to tear the cover off the ball by pounding West Orange, 16-5 at Winter Garden.

Seniors David Martinez and Doug Chiodini along with sophomore Bill Lang each banded out three hits. Chiodini picked up the victory in relief of Martinez and also banded a two-run homer. Lang had two doubles.

The Howell junior varsity didn't do as well on Monday as Lyman rode a 13-strike out pitching performance by Derrek Livernois to a 9-2 victory at Lake Howell.

Jody Foster made things easy for Livernois' six-hitter by slapping three hits including a triple. Tony Johnson and John Drinkwater had two hits each. Lyman is 1-0 and Howell is 0-1.



Herald Photo by Bonnie Wieboldt-Robbins

REGION TONIGHT

Lake Mary's Michelle Swartz (right) goes up for a jump shot against Umatilla's Cheryl McAdams in Saturday's District 2A-10 championship game. Swartz and the Ram girls basketball team pulled out the victory in the closing seconds when Kim

Averill dropped in a free throw to secure the 41-42 win. Sophomore Lisa Gregory had a game-high 19 points while Swartz dropped in 11. Tonight at 8, Lake Mary hosts Clermont for the Region 2A-3 title. Coach Bill Moore's squad is 18-5 for the year.



Tim Raines ... 150 stolen bases?

Steinbrenner Changes Yankee Style

NEW YORK (UPI) — Are you ready? George Steinbrenner is about to show you his best trick — he's going to change Five O'Clock Lightning to Nine O'Clock Mercury right before your eyes.

What you're going to see is speed, speed and more speed from the New York Yankees. At least, that's what George Steinbrenner hopes. Back in the days when they played nothing but day ball, the Yankees frequently would wait until the late innings to decimate their opponents with their long ball power and that's where the Five O'Clock Lightning originated.

Down through the years, the Yankees maintained that same image, but now suddenly their owner wants the Bronx Bombers re-shaped from all-purpose huckies to feather-footed whippets.

Steinbrenner not only restructured his team over the winter, he did even more.

He brought Lou Brock, the St. Louis Cardinals' retired alltime base stealing leader, here to talk to him about serving as one of the Yankees' instructors this spring. Brock's asking price was considerably higher than Steinbrenner had in mind, so later this week, Harrison Dillard, the only man to win Olympic gold medals in the sprints and hurdles, will become the 17th instructor in the Yankees' training camp at Fort Lauderdale, Fla.



Milton Richman
UPI Sports Editor

Making the Yankees faster on the bases and in the field is a noble idea as far as it goes, and there have been many examples of runners improving, but I never have heard of, much less seen, a naturally slow runner turn into a speedy one. That strikes me as impossible.

Syd Thrift, however, doesn't buy that entirely.

Thrift was director of player development for the Oakland A's in 1975 and 1976 and director of the Kansas City Royals' innovative but abortive Baseball Academy from 1969 to 1972. His feeling is Steinbrenner is on the right track.

"He's searching for something and I think it's fantastic," Thrift applauds. "He knows what his problem is and he's trying to correct it."

Thrift never played a single day in the majors but he can tell you all about base running. A lot of other things pertaining to baseball, too. The way he looks at it, he has been a teacher and instructor most of his life and never really has left the

game. Essentially, what Thrift teaches base runners is something he calls "the mathematically measured lead."

"Base running is the key that unlocks the treasure chest of your entire offensive program," Thrift points out. "You say you can't turn a slow runner into a fast one. I say I can show a guy how to get quicker starts. Nobody spends much time on that, yet in actual competition base running can be, and often is, the key to the outcome."

"The thing that makes my concept different than anything else is that it deals with a mathematically measured lead by the base runner," Thrift goes on. "We have a specific way of training them to get back to the base safely. We know the average lead a runner feels he can take from a base is 12 feet. Rodney Scott takes 18 feet and Tim Lincecum takes 14 or 15 feet. If Raines doesn't get hurt, he'll steal 150 bases this year. I know what he knows and I know what Steve Boros knows."

Nobody knows more about base running than Boros. He can tell you how long it takes for practically every player in both leagues to get from home plate to first and from first to second because he has been clocking them long before anyone ever thought of it.

Scott, who Thrift had at the Baseball Academy, uses the mathematically measured lead. He stole 63 bases in 1980 and 30 out of 37 last season. "Joe Tanner also was with me at the Academy," says Thrift. "When Chuck Tanner, no relation, got the Oakland managerial job in 1976 he insisted on Finley hiring Joe, who taught the mathematically measured lead to all the A's. They set an American League record that year with 341 stolen bases. Sal Bando, a slow runner, stole 20 bases

if (Tim) Raines doesn't get hurt, he'll steal 150 bases this year." — Syd Thrift, baserunning expert.

after only seven the year before and Phil Garner, an average runner, went to 35 stolen bases from four the season before. "I took the measured lead system with me to Oakland, like Joe did, when I came there in 1975 and put it into the A's entire minor league organization. Rickey Henderson was in the A's organization at Boise and he learned the system. Two years ago, he set the American League record for a single season with 100 stolen bases. I rest my case right there."

SPORTS IN BRIEF



Tom Hayes

Ellis Appoints Hayes Soccer Consultant; Clinic Slated

Rev. H. Benton Ellis, headmaster at Trinity Preparatory School, has appointed Mr. Tom Hayes of Winter Park, as soccer consultant of the varsity, junior varsity and junior high soccer teams.

Hayes is an expert soccer coach from Manchester City Soccer Club in England. With 18 years experience, he has coached soccer in England, Germany, Canada and the United States. He also played professional soccer in England for 12 years as a striker.

In 1963, Hayes came to Canada to promote a soccer coaching program. He was appointed chief coach in Ontario. Two years later, he went to Miami to coach the Miami Cobras, one of the first American soccer teams. Upon instituting a soccer coaching syllabus, Hayes was named Florida State Coach in 1967.

As a strong advocate of soccer on the high school level, Hayes was instrumental in seeing the Florida High School Activities Association adopt soccer as a varsity sport in 1967-68.

On the college level, Hayes initiated the soccer program at the Florida Presbyterian College (now Eckert) in 1969-70. He has also worked at Rollins College for summer soccer camp programs from 1976-79.

Currently, Hayes is organizing a summer soccer clinic for boys and girls ages 6 to 18 to be held in June in three one-week sessions at Trinity. Registration deadline is March 31, 1982. For details, call Trinity Prep., 571-4140 to get registration materials.

Hall Quits Minnesota Team

MINNEAPOLIS (UPI) — Senior guard Mark Hall, distracted by the controversy over some \$800 in telephone charges he allegedly billed to the university, has quit the Minnesota Gophers basketball team.

Hall was in court last month fighting his eligibility, arguing the school recruited him as an athlete, not a scholar. A federal judge granted Hall a temporary injunction, allowing him to return to the team.

Hall was scheduled to appear before the university discipline committee today and answer charges he made \$700 to \$800 worth of long-distance telephone calls to his hometown of Springfield, Mass., and New York and charged them to faculty phones at the university.

Dalley Denies Assault Charge

SAN FRANCISCO (UPI) — The lawyer for Quintin Dalley says he will go to court to prove the University of San Francisco basketball star is innocent of charges he sexually assaulted a woman in her dormitory room.

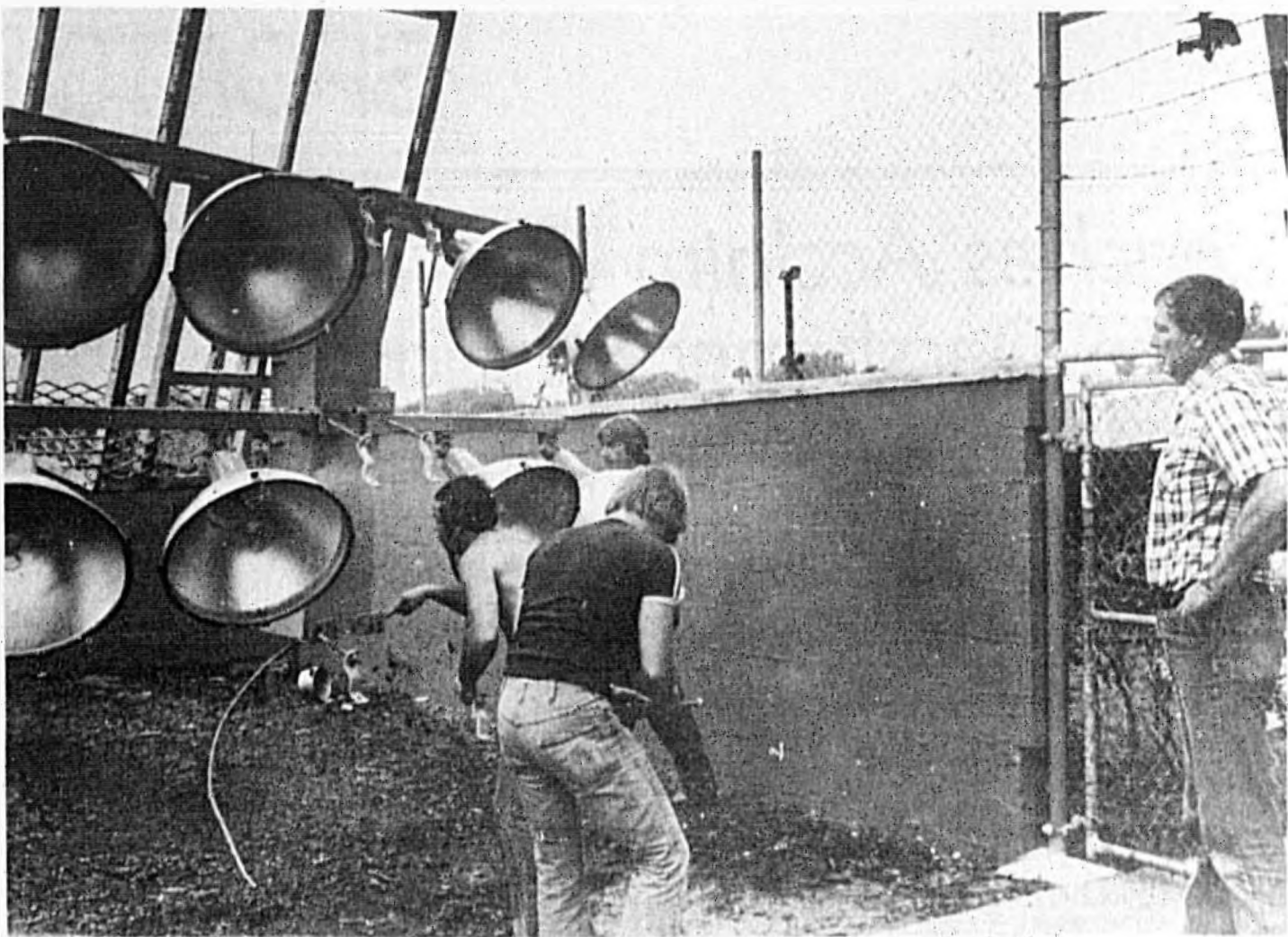
"Obviously we're going to go to trial," said George Walker, the lawyer for the nation's fifth leading scorer. "No plea bargaining. It's really sad when a well-known athlete faces false accusations. It's an ID problem."

Walker was with Dalley when the player surrendered to police Monday after a warrant on five felony counts was issued.

STETSON LIGHTS UP STADIUM

Wes Hinker, operator of the Florida Baseball School, overlooks the installation of new lights at Sanford Memorial Stadium last week. The lights will get their first test on Thursday night when Stetson's Hatters take on Ferris State at 6:45 p.m.

Herald Photo by Tom Vincent



Tech Clinches Tournament Bid

College Basketball

In a memorable game in which the Red Raiders had more resolve than their own coach, Texas Tech clinched a home berth in next week's Southwest Conference postseason tournament Monday night with a frantic 67-65 victory over Texas.

"This definitely was the greatest comeback we've had since I've been here," said Coach Gerald Myers, who is in his 11th year with the Red Raiders. "To be quite honest, it all boiled down to our guys not ever giving up when the coach probably had."

The Longhorns were ahead, 65-56, with less than 70 seconds to play when the Red Raiders pulled off a robbery worthy of Bonnie and Clyde before a sparse home crowd of 4,561 at

Lubbock Municipal Coliseum.

Texas Tech's James Swaneggan scored what appeared to be a token basket with 1:06 left, that trimmed the Raiders' deficit to 7. But during the next 45 seconds the Longhorns could not even manage to get the ball past midcourt, while the Red Raiders scored 8 points to go in front.

"I just sat there and watched it," said Texas Coach Abe Lemons, "and I still don't believe it. I've never felt this low."

Two turnovers and a charging foul helped Texas Tech to 6 quick points before a steal of an inbounds pass led to a basket by Charles

Johnson with 27 seconds remaining, that put the Red Raiders ahead.

Texas finally got the ball downcourt only to miss two shots and the Red Raiders' Steve Smith was fouled on the rebound. He made 1-of-2 free throws to increase the lead to 2 points with eight seconds left and a wild shot by Virdell Howland of Texas failed at the buzzer.

"I'm not sure you could do that if you tried," said a dazed Lemons. "If you looked at the film on this you would think it had to be staged."

In the only two games involving ranked teams, No. 10 Tulsa whipped Southern Illinois, 85-67, and Louisville downed No. 13 Memphis State, 65-61.

Bruce Vanley scored 23 points as Tulsa

posted its 31st straight home victory and raised its record to 20-4 overall and 12-3 in the Missouri Valley Conference.

In Louisville, Derek Smith scored 15 points and reserves Charles Jones and Milt Wagner made key contributions to help the Cardinals snap Memphis State's eight-game winning streak. Freshman Keith Lee scored 20 points and grabbed 10 rebounds for the Tigers, 19-4 overall and 8-2 in Metro Conference play.

Elsewhere, Boston College beat Syracuse 88-77; North Carolina State trounced Loyola (Md.), 80-52; Rice edged Old Dominion, 63-62; Lamar beat Arkansas State, 64-58; Oral Roberts defeated Xavier (Ohio), 91-71, and Washington State downed Oregon, 78-69.

Tarheels, DePaul Challenge Virginia For No. 1 Ranking

NEW YORK (UPI) — With the college basketball regular season heading into its final big weekend, the battle for national champion is going down to the wire with three teams having the best shots at the crown.

Any upsets over the final days will be costly to Virginia, North Carolina and DePaul, who held onto the top three places in the weekly ratings Monday.

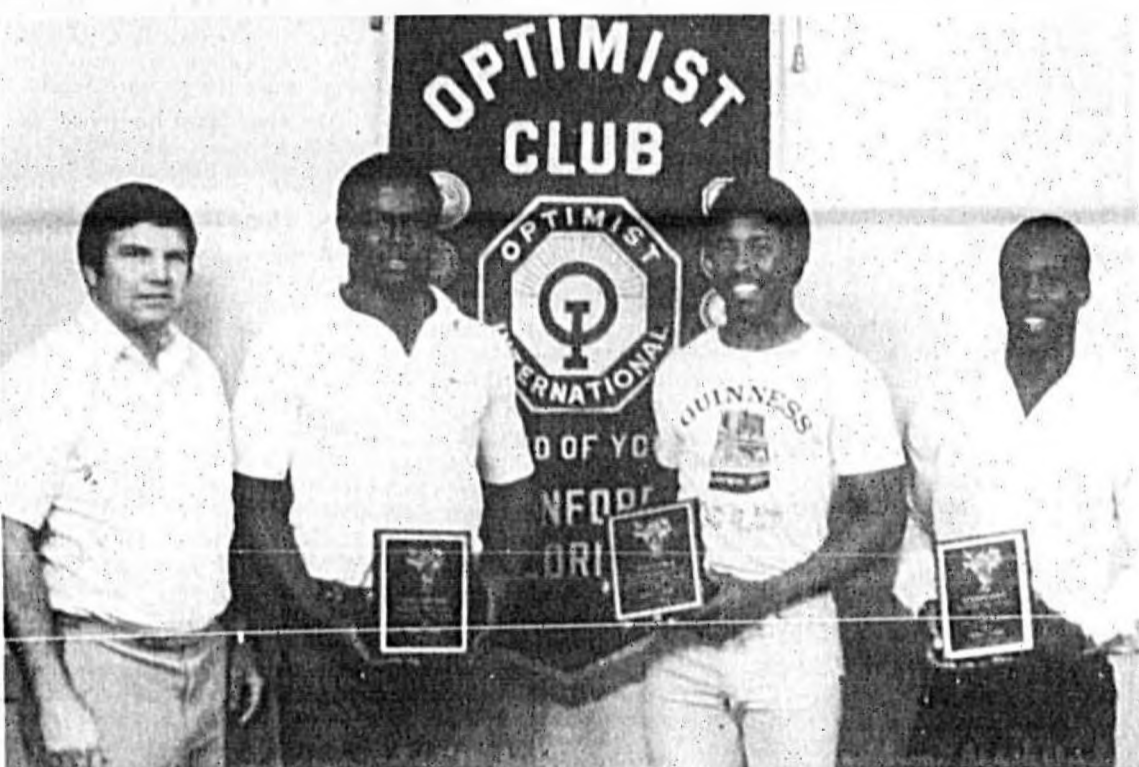
Virginia received 38 first-place votes and 598 points from the 40 coaches who participated in the voting. DePaul, in third position, received the other two first-place votes.

West Virginia, unranked only a month ago, continued its rapid climb by advancing four spots to No. 6. The Mountaineers have not finished a season in the top 20 since 1963, but they have the longest major-college winning streak in the nation, 22 games.

Oregon State traded places with Missouri as the Beavers took over the No. 4 position following victories over Washington and Washington State. Missouri dropped to fifth after a loss to Georgetown Saturday.

Iowa fell one notch to No. 7 after splitting a pair of Big Ten Conference games, Idaho moved up three places to No. 8 after posting a pair of victories, Kentucky remained in the No. 9 spot and Tulsa dropped three places to No. 10 after splitting two Missouri Valley Conference games.

Georgetown used its victory over Missouri to move up one place to No. 11, and Fresno State climbed two places to No. 12 following a pair of Pacific Coast Athletic Association triumphs. Memphis State remained in the No. 13 position, Minnesota fell six places to No. 14 after splitting a pair of Big Ten games and Arkansas moved up two places to No. 15 after beating two Southwest Conference foes.



POSEY'S ALL STATERS

Seminole football coach Jerry Posey (left) and his all-state football players (left to right) Isaac Williams, Lenny Sutton and Antonio Davis were honored recently for their gridiron exploits by the Sanford Optimist Club at a luncheon. Williams, a 6-3, 245-pound offensive lineman, was the first

Seminole ever named to an all-state first team. He has signed a national letter of intent to attend Florida State University. Sutton, a bruising fullback, and Davis, a super linebacker, were second team and honorable mention, respectively. Neither has decided on a college yet.

Scorecard

Table with columns for DOGS, At Sanford Orlando, Monday matinee results, 1st race, 2nd race, 3rd race, 4th race, 5th race, 6th race, 7th race, 8th race, 9th race, 10th race, 11th race, 12th race, 13th race, 14th race, 15th race, 16th race, 17th race, 18th race, 19th race, 20th race.

Table with columns for Prep Basketball, BOYS CLASS AAAA, 1st West Palm Beach Twin Lakes, 2nd Lakeland Kathleen, 3rd Jacksonville Forrest, 4th Clearwater, 5th Brandon, 6th Miami High, 7th Miami Jackson, 8th Pensacola Pine Forest, 9th Fort Lauderdale Dillard, 10th Jacksonville Raines.

Table with columns for GIRLS CLASS AAAA, 1st Brandon, 2nd Jacksonville Ribault, 3rd Fort Lauderdale Dillard, 4th Miami Northwestern, 5th Evans, 6th Palm Beach Gardens, 7th Pinellas Seminole 2, 8th Daytona Mainland, 9th Clearwater, 10th Deland.

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High Court To Review Use Of Chokeholds By Policemen

WASHINGTON (UPI)—The Supreme Court agreed Monday to tackle a controversy involving charges of police brutality — whether Los Angeles police can use chokeholds to render suspects unconscious.

The justices will hear arguments next fall on a federal court order that would ban the city's 6,500 officers from using the controversial technique except in life-threatening situations.

The chokeholds involve police grasping a suspect around the neck and cutting off either the flow of air to the lungs or blood to the brain, causing unconsciousness.

In the seven years such techniques have been used by Los Angeles police, 14 people have died after the holds were used or attempted. However, the city disputes whether the holds actually caused the deaths.

The action came as the justices returned from a four-week recess and started the second half of their 1981-82 term.

The court arranged to hear debate this afternoon in one of the most important cases of the current term — whether Congress' legislative veto improperly intrudes on executive power to manage the government.

In another case, the justices refused to hear arguments over charges that major grain exporters conspired with a government official to fix wheat prices as part of the massive grain sale to the Soviet Union in 1972.

The court rejected an appeal by wheat farmers in Texas, Oklahoma and New Mexico, whose antitrust suit against six grain exporting firms and Clarence Palmbly, former assistant secretary of agriculture, was thrown out by a lower court.

Acting on some 500 pending cases today, the high court also:

— Let stand, by a 7-2 vote, a Wisconsin decision that declares a state may not allow a prosecutor to veto — without explanation — a defense request to introduce evidence from a polygraph examination of a defendant.

— Refused to review a Virginia case over whether police can automatically strip search anyone detained in a jail without violating their privacy rights.

— Rejected an appeal of the highly publicized conviction of Elizabeth Weigand for attempting to blackmail her uncle, Sen. Thomas Eagleton, D-Mo., before the 1980 primary election.

— Decided to stay out of a copyright dispute involving the production of five bicentennial films about the history of the high court. The justices rejected an appeal by publisher who had claimed the government has no constitutional authority to copyright materials prepared at taxpayer expense.

— Declined to lift a fine levied on a New York firm for manufacturing bootleg T-shirts with logos of the rock groups the Rolling Stones and the Grateful Dead.

— Refused to take up a handicapped rights case about whether a police department must hire an otherwise qualified paraplegic as an officer.

— Disposed of the last legal vestige of corporate struggle for control of Marathon Oil Co., rejecting an appeal by Mobil Oil Corp. for a full-scale review of its unsuccessful battle with U.S. Steel Corp. to acquire Ohio-based Marathon.

Permits Trials Of Suspected Presley Cons

WASHINGTON (UPI)—The Supreme Court Monday refused to block the trials of two men accused of trying to cheat rock'n'roll singer Elvis Presley out of more than \$300,000 in a scheme involving his jet airplane.

The justices left intact a ruling that allows the Memphis, Tenn., U.S. Attorney's office to prosecute Raymond Baszner of Miami and Gabriel Caggiano, a Boston attorney.

The government claims Baszner, Caggiano and five other men conspired to buy Presley's Lockheed Jetstar plane before he died, then subleased it back to him and billed him for \$338,000 in repairs and improvements they never provided.

The issue on appeal to the high court was a contention by Baszner and Caggiano that the Memphis U.S. Attorney's office should be disqualified from prosecuting the case because of a conflict of interest.

Conflict-of-interest allegations were raised after the office hired an assistant prosecutor named Phillip Canale, who earlier had defended Caggiano against Jetstar fraud charges in what later ended in a mistrial.

Although Canale never represented Baszner, the former defense attorney allegedly was privy to lawyers' discussions about Baszner's case.

Both Caggiano and Baszner claimed the entire Memphis office should be disqualified because of Canale's background in the case and the chance he could pass on defense secrets and strategies.

A federal judge in Tennessee denied Baszner's request but disqualified the office from prosecuting Caggiano. The 6th U.S. Circuit Court of Appeals, however, held the office was free to prosecute both men.

Also facing trial in the alleged fraud are Nigel Winfield of Boston and J. Lawrence Wolfson, a Florida businessman.

Roy E. Smith of Miami was found guilty of three counts stemming from the scheme. Two men pleaded guilty: Frederick P. Pro, former president of Air Cargo Express of Miami and Philip Kitzer of Ellendale, Minn.

CALENDAR

THURSDAY, FEB. 25

Appreciation dinner honoring Margaret Ganas, executive secretary of the United Way of Seminole County, on her retirement, Holiday Inn on Lake Monroe. Social hour, 6-7 p.m.; buffet dinner, 7 p.m. For reservations call 322-2641 before 3 p.m. by Feb. 22.

SISTERS, Inc., noon, Lake Monroe Holiday Inn, Sanford.

Florida Audubon Seminole Chapter, 2 p.m., Florida Power & Light, N. Myrtle Avenue, Sanford. Slide lecture by Ruth Hamilton on "The Peasant Society up to the Revolution in the USSR." Members are asked to bring a can of food for the Sanford Sharing Center.

Altamonte-Maitland Christian Women's Club brunch, 9:30 a.m., Maitland Civic Center, Maitland Avenue. Call Ruth at 862-7818 for reservations for brunch and nursery. Speaker, Shari Volk, Gainesville; music by Jimmy Freeman, Orlando.

Sanlando Springs Extension Homemakers Club, 9:30 a.m., Sanlando Springs Baptist Church, Palm Springs and State Road 434.

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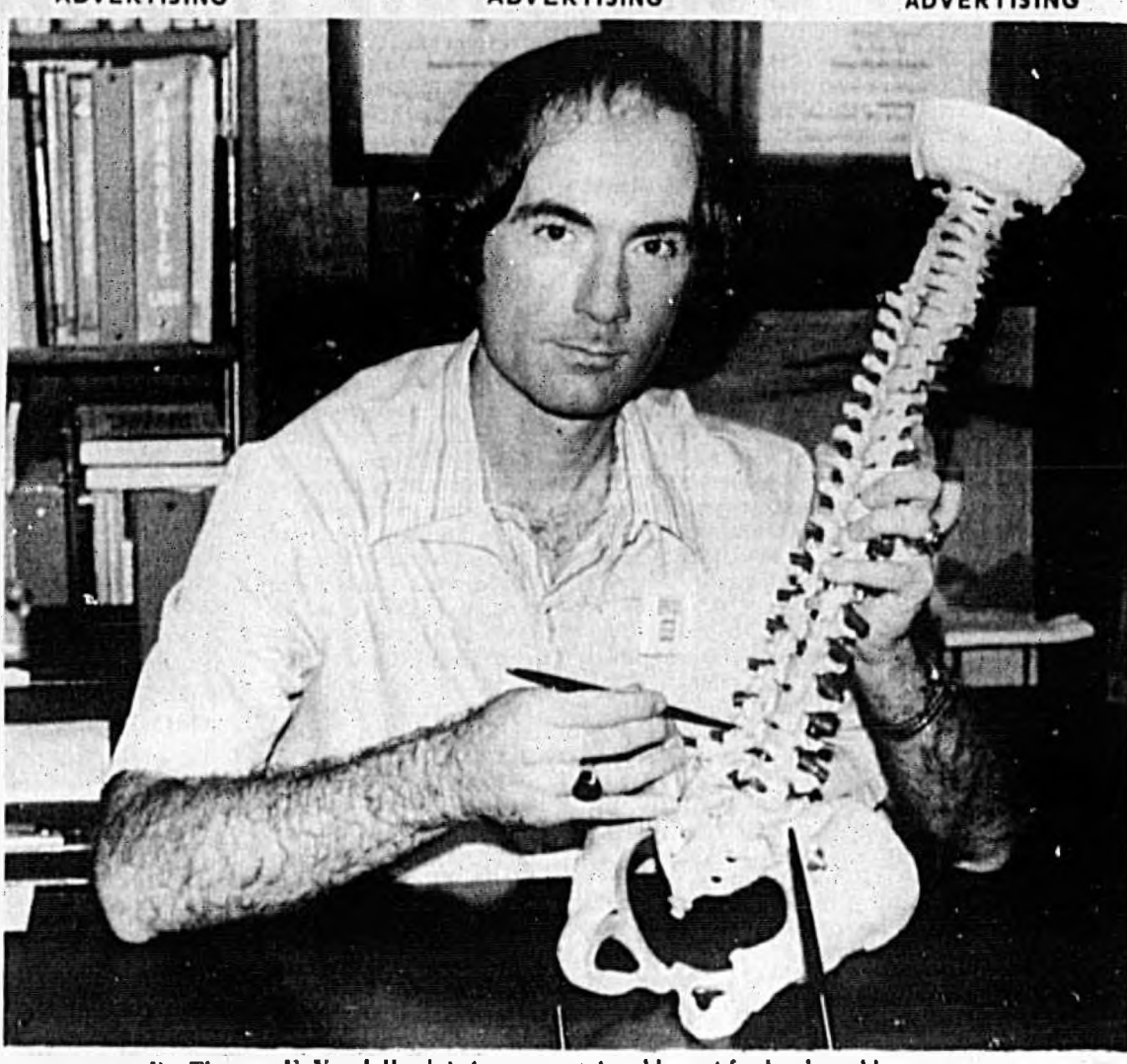
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What is this thing called "health"? It must be more than just the absence of disease. Health must be viewed as an ever-evolving state, a process which starts at birth and ends at death. The health care crisis now raging throughout our country has caused many people to start asking some very pointed questions about the type of care they are receiving. A

term which appears in all discussions relating to health care is, "Maintenance." "The concept of health maintenance is not new to the chiropractic profession," said Dr. Thomas F. Yandell, Sanford chiropractor. "Throughout chiropractic's more than 80-year history, its practitioners have been teaching 'body ecology.' The science of chiropractic holds as a basic tenet, that a causative factor in many disease processes is improper nerve supply to the body organs or tissues."

Dr. Yandell provides a primary service to prevent, diagnose and treat health problems for the whole family through chiropractic at his Sanford Pain Control Clinic at 2017 S.

control, pain control, and nutritional counseling. Call 323-5763 for an appointment.

The primary procedure in chiropractic health care is to examine the spine to determine if there is any deviated positioning or malfunctioning of spinal vertebrae. If present, these malpositions (subluxations) may be factors in the altering of normal nerve supply so essential for a proper functioning body.

We have been taught since childhood that if there are "no symptoms," we are well. We have been preconditioned by advertising media to believe that anytime a symptom appears which makes us uncomfortable, we need simply "pop this pill" or "swallow that liquid," and all will be well. Drugs and medications have become so commonplace that we do not question if we should take them or not, but rather, which ones should we take what dosage.

In reality, all we do many times is to hide the problem (symptom) by medicating it. We also do other things to fool ourselves into

thinking we are well, such as eliminating activities which cause stress, or by not eating foods which cause us to feel uncomfortable. By continuing to approach our health in this fashion, we are in essence avoiding or masking the symptoms, rather than correcting the cause of malfunction within our body. Such actions would be similar to building hospitals to treat accident victims rather than installing traffic lights to prevent accidents.

Dr. Yandell will suggest when you should return so he can monitor your condition and determine the need for spinal adjustments. The interval and procedure will be tailored to your individual needs and health problems. Characteristics such as weight, stress (emotional and physical), occupation, age, spinal abnormalities, and details in your personal health profile, will be considered by your doctor when he makes his determination.

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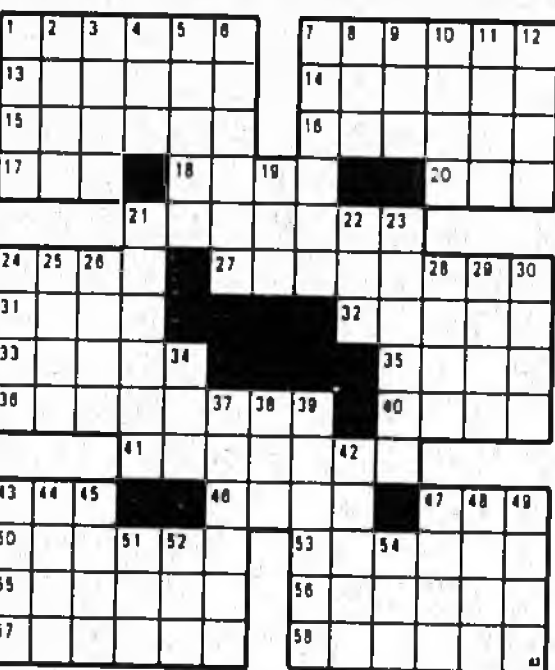
ACROSS

- 1 Coins
- 7 Man's opera headgear (2 wds.)
- 13 Singer Frankie
- 14 Fly
- 15 Optical membrane
- 16 Preferably
- 17 Measure of land (metric)
- 18 Cut off tops
- 20 New England cape
- 21 Prosperous (2 wds.)
- 24 Proficient
- 27 Doddering old age
- 31 Told hb
- 32 Kind
- 33 Words off school
- 35 English prep school
- 38 Kind of well
- 40 Beds
- 41 Closely
- 43 Animal garden

DOWN

- 1 Irish king's home
- 2 Above
- 3 Songstress
- 4 Actor Wallace
- 5 Time being
- 6 Snags
- 7 Game fish
- 8 Eggs
- 9 Fruit seed
- 10 Sunken fence
- 11 Solar disc
- 12 Gull-like bird
- 13 Plaque cheer
- 21 Married beverage
- 22 Trifle
- 23 Soft
- 24 Phonetic "A" garden
- 25 Coffin stand

Answer to Previous Puzzle



(NEWSPAPER ENTERPRISE ASSN.)

HOROSCOPE

By BERNICE BEDE OSOL

For Wednesday, February 24, 1982

YOUR BIRTHDAY
February 24, 1982
Interesting developments are in store for you this coming year in dealings with members of the opposite sex. Several strong friendships will be established, yet none will be predicated on romance.

PISCES (Feb. 20-March 20)
If there is someone you've had a misunderstanding with recently, don't try to get even today. Try to make amends by cooling, not fueling, the feud. Predictions of what's in store for you in each season following your birth date and where your luck and opportunities lie are in your Astro-Graph, Mail #1 for each to Astro-Graph, Box 489, Radio City Station, N.Y. 10019. Be sure to specify birth date.

ARIES (March 21-April 19)
Be careful today that you don't make decisions based on how you wish events were going, instead of facing the true facts. Things won't work out.

TAURUS (April 20-May 20)
How you handle yourself at work today when others make requests is quite important. Being uncooperative will set the tone for their future actions.

GEMINI (May 21-June 20)
It's not like you to act jealously, so don't indulge in this type of behavior today just because others are being catty about a nice person.

CANCER (June 21-July 21)
Your male won't like it if you are too set upon doing things your way today. If you behave

in a singular manner, he or she is bound to do likewise.

LEO (July 23-Aug. 22)
This is not a good day to attempt to tackle distasteful chores. Your heart won't be in your work. You're likely to make a poor job of it.

VIRGO (Aug. 23-Sept. 22)
Be extremely selective of the type of companions you pal around with today. If they're wasteful or heavy spenders, they could set a pattern you'll emulate.

LIBRA (Sept. 23-Oct. 23)
Be as willing to do for, and be as helpful to others today as they are to you. Keep the accounts in balance or they won't be too willing to aid you again.

SCORPIO (Oct. 24-Nov. 22)
Don't be taken in today if someone who has caused you nothing but problems goes out of his or her way to be extra-nice to you.

SAGITTARIUS (Nov. 23-Dec. 21)
Do not make light of a situation which a friend takes seriously today. Frivolous comments at the wrong time could put a crimp in the relationship.

CAPRICORN (Dec. 22-Jan. 19)
Be kind and charming to associates today, but don't use flattery to advance your self-interests. Hollow remarks will have a hollow ring and be resented.

AQUARIUS (Jan. 20-Feb. 19)
You may be presented a proposal today where you could profit or benefit specifically, but if it isn't in line with your high standards pass the action.

Irregular Beats Concern Man, 65



Dr. Lamb

DEAR DR. LAMB—I am a 65-year-old male with a heart problem no doctor has been able to diagnose. I have been to a well-known clinic for a complete physical exam and they found nothing. The problem—for no apparent reason my heart will feel as if it almost stops then starts pounding hard and very fast. I get weak and of course scared because of my age.

I had these symptoms once or twice when I was about 18 but they went away, but in the past six years I'm having them very often, sometimes every few days. It is like a cloud hanging over me as I am still working. It is difficult to hold a job when an employer sees me have one of these. It takes me three to four hours to get my strength back. I don't smoke but I do drink three to four cups of coffee a day.

DEAR READER—You are like the electrical appliance with an intermittent short. The blamed thing always works perfectly when you have it looked at. You are giving a very good description of paroxysmal tachycardia, which means attacks of rapid heart action. You probably have an irregular beat at the start then the attack. These do occur in people who have no underlying heart disease.

To find out what you have it would help if you could have an electrocardiogram (heart tracing) during an episode, better yet at its onset and ending. To do this you need a monitor that records your heartbeat continuously that you can wear for several days. These are Holter monitors and you wear one that looks like you were carrying a camera. Of course that won't help either unless you have an attack during the recording.

If you continue to have trouble and it can't be documented maybe one of the heart specialists will be willing to give you a trial on one of the medicines used to control such attacks.

I am sending you the

Health Letter number 6-12, Heart Irregularities, Skipped Beats, Tachycardias. Others who want this issue can send 75 cents with a long, stamped, self-addressed envelope for it to me, in care of this newspaper, P.O. Box 1551, Radio City Station, New York, NY 10019.

DEAR DR. LAMB—What foods contain biotin? You said excess egg whites destroy it. I have substantial hair loss and eczema (a skin rash that is not clearly defined) and a lot of digestive problems. I'm only 26. I've been told the hair loss is nerves and the digestive problems are because I drink coffee. I'm only interested in my own health and knowing my body.

DEAR READER—First let me remind you that it is raw egg white that destroys biotin, not cooked egg white. That is because raw egg whites contain a substance called avidin that destroys biotin.

A well-balanced diet is believed to contain more than enough biotin for healthy people. It is in abundant quantities in liver, kidney, egg yolk and some vegetables. Fruit, meat and cereal are poor sources of biotin.

Your body manufactures biotin—apparently by bacterial action in the intestine. At the most about 46 micrograms of biotin a day are eliminated in the urine. It follows that 50 micrograms a day is sufficient for adults. In infants under six months, biotin deficiency can be a cause of seborrheic dermatitis.

See a dermatologist about your hair problem.

WIN AT BRIDGE

NORTH 2300		WEST 2300	
♠ K 8 2	♥ J 4	♠ K 8 2	♥ J 4
♦ A 8	♣ Q J 10 9	♦ A 8	♣ Q J 10 9
SOUTH 2300		EAST 2300	
♠ A Q 6 3	♥ 8 7 2	♠ A Q 6 3	♥ 8 7 2
♦ K 8 6	♣ A 10 3	♦ K 8 6	♣ A 10 3
Vulnerable: North-South		Dealer: South	
West	North	East	South
10	10	10	10
Pass	50	Pass	Pass
Opening lead: ♠ A			

not show that he had any heart controls at all. The American East kept up pressure against his opponents by hiding three hearts. But South refused to be shut out and showed his spades. North's jump to five clubs was not a game closing bid. It actually conveyed the message, "Partner, if you can win the first or second heart I want you to bid more, but otherwise you should stop since I have two heart losers."

The Americans took their two heart tricks to start with and South had no trouble taking the remaining 11.

It looked like a normal result, but turned out to be a 10 IMP gain for Pakistan. At the other table the Pakistani West didn't stick in that super-weak heart overcall and the Americans found their way to three no-trump. A heart was opened and the defense collected the first five tricks.

Incidentally, we approve of getting into the bidding any time we can, but do not approve of that one heart overcall. Also anyone who got to four spades with the 4-3 trump fit would probably bring it home for plus 620 instead of just plus 600 at clubs.

(NEWSPAPER ENTERPRISE ASSN.)

GARFIELD

by Jim Davis



ANNIE

by Leonard Starr

