75th Year, No. 304-Wednesday, August 10, 1983-Sanford, Florida 32771

ning Herald

Evening Herald—(USPS 481-280)—Price 20 Cents







Herald Photo by Tommy Vincent

Slip-Slide-Splish-Splash

Lee Gray, 13, of DeBary has found a great way to beat the heat is a quick slide into the 72-degree waters of Gemini Springs, located on Gemini Springs Farm, a cattle ranch owned by his parents, Mr. and Mrs. J. Charles Gray.

Sanford Staff Face Cut In Medical Care Benefits

By Donna Estes Herald Staff Writer

Medical benefits offered Sanford city employees will be reduced because some have abused them.

The Sanford City Commission, hit by a notice that employee and dependent hospitalization premiums are to be increased by more than 40 percent, voted 4-1 to cut coverage from the first dollar of service to 80 percent of the cost of service for the first \$5,000. Under city policy, the city pays for the employees' hospitalization coverage, while the employees pay the costs of hospitalization insurance for their dependents.

Only Mayor Lee P. Moore voted against the action.

"I just don't believe in cutting benefits for employees," Moore said. He noted that there are two different

benefits. As the head of the Sunniland Corp., he said when the cost of things necessary for business goes up. "we bite the bullet and

pay."
"It's an expense item and in effect Uncle Sam pays a portion. At city hall, the taxpavers pay it all," he

"Even with the cut in coverage, premiums are still expected to go up by 15 to 20 percent," said City Manager W.E. "Pete" Knowles.

If the city had continued providing the high benefit hospitalization insurance, the increase in premiums would have cost the city \$64,000 more in the new fiscal year. The rates per employee coverage would have risen from \$48.46 to \$67.48 per month and the rates for dependent coverage would have

philosophies concerning employee risen from \$86.82 per month to \$112.87, Knowles said.

> Knowles said Sanford was one of the first municipalities in the area to provide group hospitalization for its employees back in 1953. He said rates have gone up because some of the employees have tended to go to the hospital emergency room rather than a private physician because the emergency room fees are covered by the city insurance. He added that some doctors realizing all costs for hospital care were covered for the city employee perhaps put the employee in the hospital for treatment and tests that could have been accomplished out-

Commissioner David Farr, a trustee of the Florida League of Cities "Municipal Health Trust."

side the hospital.

talization insurance, said Sanford, had a 100 percent loss ratio over the past year.

He explained that for each \$1 paid into the trust by the city in premiums, slightly more than \$1 was paid out.

Farr recommended that the city stay with the "Municipal Health Trust" rather than go out for bids to find a new insurer. He said the coverage provided by the Florida League of Cities' plan is excellent and Sanford could not replace it for anywhere near the cost. He said most of the several hundred city. county and other governments in the state that use the plan are also getting rate increases this year. And, he said, several cities had a higher loss ratio than Sanford.

Protest Housing Care Irks Tenants

Six women and 13 children picketed the Sanford Housing Authority office in Castle Brewer Court for the third day in a row today, demanding the removal of the authority's executive director and the maintenance supervisor.

The women charge that management at the public housing development is unconcerned with their needs and maintenance of apartments is not being properly provided. Tenants' Council President Barbara Wyche, 31 Castle Brewer Court, led the women and children in picketing the area around the project office at 10th Street and Oleander.

The group carried signs asking for justice for all regardless of race, sex. creed, a new maintenance supervisor and tolerance for those with strong and weak consciences.

Clutching a parade picketing permit obtained from city hall Monday and carrying the approving signatures of City Manager W.E. 'Pete" Knowles and Police Chief Ben Butler, Mrs. Wyche, as spokesman for the picketers, said complaints from the tenants to **Executive Director Elliott Smith and** maintenance supervisor John Ashford go unheeded.

Although Smith and Ashford could not be reached for comment. Linda Williams, assistant to Smith,

said today the staff has heard rumors about the picketing but has received no complaint from the Tenants' Council.

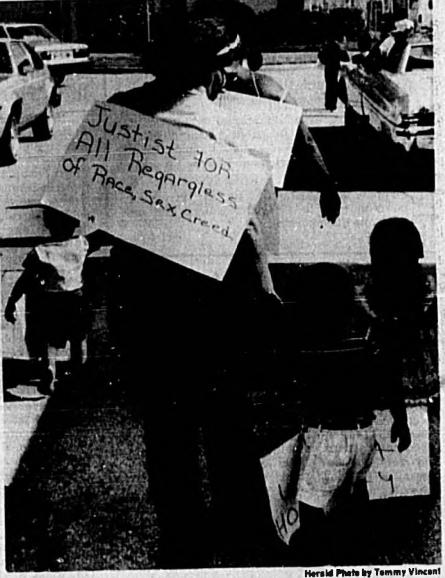
Mrs. Wyche said their picketing is being done as individuals, not members of the Tenants' Council.

She said units at Castle Brewer are infested with rats, roaches and glant ants and are in dire need of maintenance. Mrs. Wyche said she has personally sprayed her apartment to kill insects, but it is difficult to get rid of them as long as other apartments in the same unit are

The women said while a half dozen apartments stand vacant, poor Sanford families are denied housing. Yet they said in at least one instance recently a woman who had just moved to Sanford from New York was given an apartment.

This was a bone of contention expressed by Mrs. Rosalind Realford, who with her year old daughter. Mary in her stroller. joined the picket line. Mrs. Realford said she had been refused housing for some years by authority staff members who contend there are no vacant apartments available.

Mrs. Wyche said that her group has a permit to picket for another week and they intend to do so every day beginning at 9 a.m. until it rains or the group has to go home at the end of the day .- Donna Estes



Barbara Wyche, back to camera, holds the hand of her son, as they walk the picket.

Vote Denies Personnel Board Snub

Afraid they had jumped the gun, three Seminole County commissioners voted to send thirty four job reclassifications and salary upgrades to the Seminole County Personnel Board for consideration even though the commission already gave tentative approval to the

The 3-2 vote Tuesday allows normal personnel procedures to be followed before the changes become final.

Commissioners Bill Kirchhoff. Barbara Christensen and Robert G. "Bud" Feather voted to send the Job changes to the Personnel Board. The move came at the urging of Kirchhoff, who said they would be setting a "dangerous precedent," in approving the changes without allowing the Personnel Board to review them.

"I don't think we should take action on these." he told commissioners.

Under the county's normal personnel procedure all job changes go before the personnel board before they are submitted to commissioners for consid-

Since an upgrade in salaries for commissioners' secretaries are included in the package. Kirchhoff said employees in other county departments might feel favoritism is involved.

Commissioners unofficially approved the job changes at a work session last week. Commissioners Sandra Glenn and Robert Sturm voted against sending the changes to the Personnel Board saying the board had already taken a consensus during its work session.

County Administrator T. Duncan Rose said he wants to amend the personnel procedure so that jobs proposed at budget work sessions will not have to go through the Personnel Board.

In addition to upgrades of commissioners' secretaries, the package also includes upgrades for two secretaries in the county administrator's office, a reclassification for a budget aide in the Office of Management and Budget, changes in a contracts coordinator post in the Purchasing Department, an upgrade in the fleet manager's salary and four new positions in that department, changes in five jobs and the addition of a new job in the Department of Public Safety, two changes in the County Extension Office, a new building inspector, reclassification of four jobs and addition of a new post in Library Services, two new Jobs in the Environemntal Services Department. one new job and an upgrade of a second job in the Public Works Department.

The Personnel Board is scheduled to meet Aug. 23.

TODAY

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Bell Strike Takes Toll On Picketers, Supervisors

By Micheal Beha Herald Staff Writer

The strike by the Communications Workers of America against Bell Telephone System is taking its toll on both the strikers and local Southern Bell managers. left to do the work while union members walk the picket

For union members the toll is financial. For the supervisors, the toll is physical and emotional.

"This strike is costing me a fortune," said Pete Hall, an 11-year Southern Bell employee. "But we're not out here for money. I'll never get back what this will cost

Hall was on a picket line today outside the Sanford Phone Center Store at 2200 Southgate Drive, along with about 10 other CWA members. About 130 local union members have been participating in the nationwide strike against the Bell Telephone System since 12:01 a.m. Sunday.

Meanwhile, inside Southern Bell's business office on 9th Street, Southern Bell Sanford manager Larry Strickler was beginning his third successive 16-hour day. Strickler sald he works from 7:30 a.m. to 6 p.m. in the Sanford office and then drives to Orlando where he

works as an operator until about 1 a.m. "I couldn't last more than a couple of weeks working 16-hour days," he sald. But Strickler said he could

probably adjust to working 12-to 14-hour days for an indefinite period.

"The most comforting thing in these long hours is that people have been very understanding. Would replacement workers be hired in the event of a

prolonged strike? Strickler said some former employees or others might be hired on a temporary basis to fill in for overworked

He said several incidents of vandalism have been reported in the Sanford area since the strike began at 12:01 a.m. Sunday. The air supply has been cut off from five lines which receive a constant flow of air to

keep water from seeping into the lines, he said. The air flow was restored but service was temporarily cut in several areas, Strickler said. "I'm not saying it was union employees."

Hall said the number of strikers on the picket line has fallen since the strike began because some people have taken other jobs while the strike is going on.

"I've been doing my shift on the line and filling in for other people when they can't make it." Hall said he prepared for the strike by putting more money into savings and setting up several odd jobs to

support his family during the strike. And though Hall said the strike is a hardship on his family, he won't return to work until the strike is settled.

'I couldn't last more than a couple of weeks working 16-hour days." -- Larry Strickler



"I'd have to be destitute before I'd cross the picket line." Striking workers are not eligible for unemployment benefits, according to a spokesman for the state

Department of Employment Security. The workers will receive a paycheck either this week or next week for work performed prior to the strike. After that, they can receive benefits from the union's

\$23 million strike fund if needed. An Orlando union spokesman said the benefits are paid as needed, there is no fixed weekly strike benefit.

But no one's house or car payment is allowed to go

Hall and Strickler agreed that neither the local union members or the managers want the strike to continue. We know all of them. We don't have any problem with them," Hall said, "it's over their heads. It's political."

Strickler said he's eager to get his employees back to work before both sides get frutrated about the strike.

"We have a good relationship with the union. Most of the people don't want to be there (on picket lines) but they feel they have to be there. Their union is fighting

Hall said the prime issue in the dispute is job security. In the court-ordered divestiture of the Bell System, American Telephone and AT&T have each promised to hire half of the employees now working for the Bell System. But the companies have not given the employees any indication of which employees they will hire and where their jobs will be.

Bill Kadimas, also walking the picket line in Sanford, said the company recently transfered four installers from Daytona to Sanford and later brought in linemen to

work as installers in Daytona. Kadimas said the company also wants to institute a five-year probation, which union members feel would climinate all job security for employees. "They'll work for five years and then the company will fire them to bring someone else In."

IN BRIEF

Mondale Likely Winner Of AFL-CIO Endorsement

BOSTON (UPI) - Backers of Sen. John Glenn's Democratic presidential bid say the AFL-ClO's plan to choose its preferred candidate early doesn't give them much time to try to bump former Vice President Walter Mondale from his spot as labor's favorite.

Mondale was the big winner Tuesday, when the AFL-CIO Executive Council decided to move the 13.7 million-member group's endorsement of a presidential candidate up to October. Originally, the group's unprecedented preprimary endorsement had been scheduled for December.

AFL-CIO President Lane Kirkland said he didn't believe the timing of the October endorsement would favor any one candidate over the others.

Once the endorsement is made, "the trade unions will work wholeheartedly after that for that candidate," Kirkland said.

He said an October endorsement would increase "the effectiveness of our efforts" before the presidential primaries.

Kucinich Makes Comeback

CLEVELAND (UPI) - Dennis Kucinich, whose political fortunes as the nation's youngest big-city mayor crashed along with Cleveland's budget in 1978, won a city council seat in a strong comeback and offered to "chart a new course" with his long-time political foes.

The 36-year-old maverick Democrat, who has not held public office since he was defeated after Cleveland became the first city since the Great Depression to default, will serve out the last two years of a late councilman's term.

"You have called the mayor and the City Council president to public accountability. Kucinich said in reference to the opposition of Mayor George Voinovich and Council President George Forbes.

Forbes and Voinovich are the two most powerful men in Cleveland politics and are long-time Kucinich foes.

WEATHER

NATIONAL REPORT: The Midwest had a respite of a few degrees from the summer's lingering heat wave but forecasters said temperatures would soon be climbing mitted between January past the 100-degree mark again as far north as Montana.

Other parts of the nation were hit Tuesday with a variety of bad weather and weather side effects. A quick deluge in Houston left cars flooded up to their doors while a severe thunderstorm in Windsor, N.C. downed trees and power lines and damaged a valve on a 30,000-galion liquid propane tank, forcing evacuation of a three-block area. Four grass and timber fires touched off by a severe overnight lightning storm burned in southern Idaho.

The largest blaze consumed about 1,500 acres. A cluster of intense thunderstorm cells formed over Utah, illuminating the Wasatch Mountains for five hours with 15,000 cloud-to-ground lightning strikes. Ten-foot waves, compounded by a higher-than-normal tide, continued to plague the Southern California coast as residents of ritzy Malibu beach houses checked damage from earlier waves and piled sandbags and plywood to protect their homes. While the searing heat eased slightly in the Great Lakes region and held temperatures under 90, record temperatures baked other parts of the nation. Atlantic City, N.J. suffered its third consecutive record-breaking day with a steamy 98, topping the previous high for the day set in 1949. The heat wave has been blamed in at least 197 deaths since. The county medical examiner said a 74-year-old man who died Sunday in a Kansas City, Mo. veterans' hospital died of heat stroke, becoming the 10th heat-related fatality in the area since July 15. Forecasters said the current hot spell woult through at least Thursday.

AREA READINGS (9 a.m.): temperature: 81: overnight low: 75: Tuesday high: 90; barometric pressure: 30.10; relative humidity: 88 percent; winds southwest at 8 mph; rain: trace; sunrise 6:52 a.m., sunset 8:09 p.m.

THURSDAY TIDES: Daytona Beach: highs, 11:02 a.m., 11:29 p.m.; lows, 4:38 a.m., 4:55 p.m.; Port Canaveral: highs, 10:54 a.m., 11:20 p.m.; lows, 4:29 a.m., 4:46 p.m.; Bayport: highs, 4:19 a.m., 3:55 p.m.; lows, 10:04 a.m., 10:45 p.m.

AREA FORECAST: Variable cloudiness today with 60 percent chance of thunderstorms. Highs low 90s. Wind southwest 10 mph or less but higher near thunderstorms. Tonight a 20 percent chance of an evening thunderstorm then partly cloudy. Lows low to mid 70s. Wind light and variable. Thursday variable cloudiness with 60 percent chance of mainly afternoon thunderstorms. Highs in the low 90s.

BOATING FORECAST: St. Augustine to Jupiter Inlet out 50 miles - Wind southwesterly 10 knots or less through Thursday. Seas less than 3 feet. Wind and seas higher near scattered thunderstorms mainly during the afternoon and early nighttime hours.

HOSPITAL NOTES

Central Florida Regional Hespital

ADMISSIONS Lois R. Garner Emma B. Harris Comilius D. McCalley Doris E. Phillips Sandra L. Brown, Apopka

Helen S. Powell, Lake Mary

DISCHARGES Theo G. Hill Margaret A. Staley Gordon D. Slephens, DeLand Gladys K. Britz, Dellona Gracie D. Phillips, Deltona Victor E. Rivera, Deltona Tron T. Dawson, Geneva Lara A. Markham, Orange City

Cecil A. Bailey, Ovlado

Evening Herald (USPS 461-286)

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2 Arrested In Chase, Assault On Deputy

A shot was fired at a Seminole County sheriff's deputy and a tire was thrown into her patrol car during a chase in the Chuluota area Tuesday night. The deputy was not hurt.

Sheriff's reports gave this account of the incident: Shortly after 7 p.m., deputy Lynn Petta responded to a report of a fight in progress at the Handy Way convenience store on State Road 46 at State Road 426 in the Geneva area.

As Ms. Petta's patrol car approached the store she saw a crowd of about 15 persons gathered in front of the store and in front of the Leisure Time bar across the

A brown 1969 Ford van screeched out of the store's parking lot and headed south on S.R. 426. Ms. Petta gave chase with her flashing blue light and siren on.

A man leaned out of the passenger side of the van and fired one shot from a rifle at Ms. Petta. The van ran off the road at the intersection of Snowhill Road after sideswiping another vehicle.

The van traveled across a sandy area and then onto Snowhill Road where it turned south, then east onto Lake Mills Road. As the chase continued, one of the men in the van opened the van's rear door and threw a tire onto Ms. Petta's patrol car.

Ms. Petta finally cornered the van on an access road

between Third and Fourth streets in Chuluota. Two persons in the van were arrested: Gerald Luther Edwards Sr., 38, of 361 4th St., Chuluota, and William Gary Pendarvis, 19, of the same address.

Edwards was charged with aggravated assault and discharging a firearm in public. He remained in the Seminole County jail today in lieu of \$5,000 bond. Pendarvis was charged with disorderly intoxication and was released after posting \$100 bond.

Also arrested was Edwards' son, Gerald Luther Edwards Jr., 22, of the same address. He was arrested by deputies who found him sitting inside a 1972 pickup truck parked off Snowhill Road. Deputies said they also found a plastic bag containing marijuana in his possession.

He was charged with disorderly conduct and possession of a controlled substance. He was in the Seminole County jail today in lieu of \$500 bond.

Bank Robbers Usually Caught In C. Florida

By Charles Cobb Herald Staff Writer

Central Florida law enforcement agencies and businesses, including those in Seminole County, have an excellent record in solving area bank robberies, according to newly-released figures from the Orlando FBI of-

Central Florida (including Seminole, Orange and Osceola counties) boasts an 80 percent solution rate for bank robberies comand June of this year, the figures show. Twenty robberies were committed during that period: 16 of those were solved.

These figures compare with a national bank robbery solution rate of only 50 percent, the FBI said.

Only one of the Central Florida bank robberies took place in Seminole County: the Freedom Bank at Springs Plaza, 1350 Montgomery Road. Longwood, was held up on May 31.

The robber, who fled before receiving any cash, was identified through the use of a bank surveillance photograph and an extensive investigation by the Seminole County sheriff's department, according to FBI special agent Gary Bray.

A warrant has been issued for the fugitive's arrest, but he has not been taken into custody, Bray

Most of the 20 Central Florida bank robberies took place in Orlando, Winter Park and other areas of Orange County.

The Bank Robbery Prevention Task Force of the Orlando Crime Prevention Commission says the high success figures are indicative of the excellent results of a cooperative effort by their members, which include 25 financial institutions and 16 law enforcement agencies in the tri-county area.

Through the task force, members have instituted a uniform robbery response plan and robbery prevention training procedures for their employees.

STOCKS

These quotations provided by nembers of the National Association of Securities Dealers are represeniative inter-dealer prices as of approximately noon today. Interdealer markets change inroughout the day. Prices do not include retail mark up/mark down

	BIG ALE
Atlantic Bank	
Barnelf Bank	36% 37
Flagship Banks	3149 3112
Florida Power	
& Light	
Fla. Progress	
Freedom Savings	1710 10
HCA	
Hughes Supply	2616 2634
Morrison's	18% 18%
NCR Corp	11719 11799
Plessey	106% 109%
Scotty's	1619 1619
Sun Banks	2614
Courthaget Bank	

Action Reports

* Fires

* Courts

* Police

BOAT STOLEN

A south Seminole County man's \$24,000 boat was stolen from an apartment complex parking lot at about noon Monday, according to a Seminole sheriff's report.

The victim, John Carroll Peacock, 53, of 2906 Semoran North Apartments on State Road 436 near Winter Park, said that in addition to his 1982 Sea Ray boat, a 1982 Mercruiser engine and a trailer were also taken.

A woman who lives in the complex told deputies that at about noon Monday she saw a well dressed man in a new Lincoln Continental drive away with the boat and trailer.

STEREO STOLEN

A Scars cassette stereo and two speakers were stolen from a Lake Monroe woman's home between 8 p.m. Saturday and 12:21 a.m. Sunday.

Rosie Lee Stokes. 46, of Dunbar Street, said the thieves gained entry to her home by bending out a screen in a living room window and then opening the window. She estimated her loss at \$55.

TRY AGAIN

A Longwood man told Seminole deputies that someone in a white Mustang deliberately drove the car across a 69-foot strip of his lawn at 7:10 p.m. Sunday.

Thomas Frederick Wert, 59, of 20 Southgate Terrace South, said the motorist first made an attempt to drive over his lawn out stopped his car short. Then the motorist drove up the street, turned around and drove over the lawn.

WEDDING RING STOLEN

A man's \$200 wedding ring and other Jewelry was stolen from a Longwood woman's home between 6 and 7:10 p.m. Sunday.

Christine B. Henson, 39, of 1501 Markham Woods Road, said she also lost a lady's white gold pearl ring, valued at \$300, and a \$100 gold chain.

The thieves entered the home by removing a screen from a side window and crawling inside, Seminole deputies said.

DUI ARRESTS

The following persons have been arrested in Seminole minty on a charge of driving under the influence:

-Lionel Terrance Knoll, 33, of 104 Sunland Drive, Sanford, was arrested Wednesday at 2:29 a.m. on U.S. Highway 17-92 near Bob Dance Dodge, Longwood.

-Michael Robert Morgan, 40, of 1406 Cardinal St., Longwood, was arrested at about 2 a.m. Wednesday on Tuscawilla Boulevard in Winter Springs. He was also charged with failing to dim his lights and driving in the

-Donald Matthew Long, 28, of 118 Gum St., Altamonte Springs, was arrested at 12:55 a.m. Wednesday on State Road 434 at Gum Street in Altamonte. He was also charged with possession of a controlled substance. -Keith Lee Scheuring. Vihlen Road, Sanford, was

arrested Friday at 2:52 p.m. at U.S. Highway 17-92 and

County Road 427 at Five Points. -William Norris Hicks, 43, of 751 Luann Drive, Apopka. was arrested Sunday at 8:45 p.m. on State Road 436 at

Wymore Road in Altamonte Springs. -Earnest Ray Parks. 22. of 1200 Pomylo St., Longwood. was arrested at 8:20 a.m. In the parking lot of the Waffle House restaurant at State Road 46 and Interstate 4 west of Sanford. He was also charged with reckless driving. -Louis Ronald Martino. 53, of 202 Sweetwater Blvd.

North, Longwood, was arrested Aug. 2 on State Road 434 in Longwood. He was also charged with failing to maintain a single lane.

-James Richard Kautz Jr., 22, of 635 E. Concord St., Orlando, was arrested July 30 at 2:04 a.m. at 1185 Spring Center in Altamonte Springs.



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DETERGENT JUMBO 61 OZ. BOX

LAUNDRY

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TISSUE 4 ROLL PACK

BATHROOM

JUMBO

WITH ONE PILLED BOYUS CAND GOOD THRU B 1363

TOWELS

ROLL

FLORIDA

IN BRIEF

State's Fleeing Felon Law Challenged In Suit

JACKSONVILLE (UPI) - A woman whose 19-year-old son was fatally shot by a policeman last year has filed suit, challenging Florida's so called fleeing felon law.

Under the law, a police officer may use "any force which he reasonably believes to be necessary ... in arresting felons fleeing from

Sandra Sublette is suing the city of Jacksonville, Sheriff Dale Carson and Patrolman Daniel B. Eaddy, who shot her son, Jeffrey D. Raymer, during a burglary investigation Feb. 23, 1982.

Raymer remained in a hospital until his death last Dec. 21, running up a \$750,000 hospital bill in the process, the sult says.

The suit, which does not request a specific amount of damages, claims Raymer "was unarmed, had not posed a threat of physical harm to anyone and represented no danger to defendant Eaddy" while running from a store in south Jacksonville the night of the shooting.

Eaddy used "deadly force that was totally

unnecessary" in the shooting, the suit says. Old Lady Busted For Beer

ORLANDO (UPI) - An 83-year-old woman faces a court appearance on charges she drank from an open container of beer in downtown Orlando - a violation of a city ordinance.

City police confirm the woman broke the law, but admit the arrest of the elderly citizen

"doesn't look good" for the department. Minnic Ann Miller was arrested Monday in a downtown alley.

Graham Moves To 'Save Our Everglades



Gov. Bob Graham

from developers

TALLAHASSEE (UPI) - The Florida Audubon Society says Gov. Bob Graham's "Save Our Everglades" program is an historic reversal of the philosophy over the years that the environment had to be sacrificed for

This is a day to mark in the history books," Aubudon president Peter Mott sald after Graham's proposals were outlined Tuesday. "This is a day when a Florida governor has decided to reverse the destructive trends that have threatened the Everglades.'

Mott said Graham should expect opposition from "powerful interests that would like to see the drainage and development of the Everglades continue for private gain.'

The governor's program is intended to protect and restore the Everglades from the Kissimmee River to the Ten Thousand Islands in Florida Bay.

It is patterned after Graham's earlier 'Save Our Coasts" and "Save Our Rivers" initiatives and attempts to bring together many continuing Everglades programs, including de-channelization of the Kimmissee.

"We must save our Everglades. We ...expects resistence to program must stop draining and diking them and start protecting and preserving them."

year 2000 should look more like the Everglades of the year 1900 than the Everglades of today. We will attempt in the next 17 years to heal the damage inflicted over the past century."

The powers of government will be concentrated on halting further destruction of the Everglades, restoring as much as possible of the already ravaged land, and improving the overall management of the region.

Graham's program includes many on-going efforts, including the \$17.5 million purchase of 50,000 East Everglades acres approved by the Cabinet last week; restoration of the Kissimmee, which has been under study for years and has become highly controversial; and restoration of the Holey Land and Rotenberger tracts in the Everglades Agricultural Area in Palm Beach County.

It also includes management of the deer herd in Water Conservation Area 3 In Dade at a lower population so the animials can better survive high water levels; changes in Alligator Alley and the Tamiami Trail as they are upgraded to become part of 1-75 to eliminate interferrence in the Everglades' natural water flow; restoration of Everglades of agricultural operations.

"Our goal is that the Everglades of the National Park under a plan proposed by park superintendent John Morehead; and greater efforts to protect the nearly extinct Florida panther.

Graham said he will appoint a committee to work with the Game and Fresh Water Fish Commission in trying to protect the panther and other panels to study the Kissimmee River Basin and East Everglades and possibly propose area of critical state concern designa-

He said he wrote President Reagan on Monday asking for the appointment of a special official to coordinate all programs affecting the Everglades and he appealed Tuesday for the full support of local and regional governments.

The program will be one of the most ambitious restoration efforts ever undertaken by Floride government, but most of the expenses will be covered by existing agency budget, Graham said, except for de-channelization of the Kissimmee and the federal government will absorb much of the costs of that.

"There's going to be resistence to this program," he said, because it anticipates that local governments in the Everglades will, in conjunction with the state, prohibit new development or expansion

Bell Negotiators Waiting For A Phone Call

United Press International

on the telephone today for informal contacts aimed at ending the 4-day-old walkout of operators and service technicians.

"We're waiting for an offer from the company," Negotiators for striking Bell System workers and the Francine Zucker, a spokeswoman for the striking American Telephone & Telegraph Co. were depending 675,000 Communications Workers of America, sald Tuesday night. "We're still miles apart."

Washington Tuesday for the first time since the strike continued today.

began Sunday. No progress was reported toward ending the dispute that slowed operator-assisted calls and delayed installations.

No formal negotiating sessions were scheduled, but Top officials of the CWA and AT&T met in informal contacts by telephone between the two sides

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Sanford Determining How To Spend Gas Tax Monies

By Donna Estes Herald Staff Writer

How should the city of Sanford spend its share of the revenues from a county-imposed 4-cent gasoline tax, estimated at \$316,000 in fiscal 1983-84?

City Manager W.E. "Pete" Knowles has been sent to the drawing board to prepare a priority list of city streets which need improving, heavy equipment which needs replacing and county roads within the city which might be improved In a cooperative agreement with the county.

The city commissioners made it clear this week that they want a good relationship with their county counterparts and want to end any animosity which might exist between the two

But they also made it clear that "we've got to concern ourselves with what roads in the city need improving first."

Knowles already had a few ideas even before drawing up a formal list of priorities. He reminded commissioners that the city of Sanford has been acquiring property to extend Lake Mary Boulevard easterly, said work needs to be done on the Lake Mary Boulevard corridor. In addition, he said few residents know that Airport Boulevard from the Sanford Airport to U.S. Highway 17-92 is a county road and it needs

widening and shoulder work.

Of Lake Mary Boulevard, Knowles said although little of the highway is within the city, it is one of the main entrances Into Sanford.

"It's of vital need to the county and the city needs to work on that project with the county," Knowles said.

He also pointed to Country Club Road which needs resurfacing. He said the traffic from the industrial development on Country Club Road is virtually destroying it.

Commissioner David Farr questioned whether carmarking some of the gas tax revenues for equipment was a valid use of the money.

Knowles pointed out that the county plans to use \$800,000 of its revenues for

The commission is expected to get a priority list and debate the matter further at its Aug. 22 meeting. In other business Monday, the com-

mission tabled inquiry from Charles Volk, operator of the Sanford Marina, on whether the city might wish to share the cost of dredging the west basin of Lake Monroe at Marina Isle and restoring the beach and parking area. The job is expected to cost about \$60,000.

Commissioners indicated they want to see a firm estimate for the work before making any commitment.

Boy, 6, Injured In Wreck 'Improving Beautifully'

The 6-year-old son of a Winter Springs woman, who died Sunday as a result of injuries sustained in an auto accident, is in stable condition today with multiple fractures.

Karyl Anne Swain, 30, of 1349 Via Villa Nova Road, and her son were injured Friday. Mrs. Swain died two days later at Winter Park Memorial Hospital.

The injured boy, Zachary Swain, is "improving beautifully" according to his grandmother. Dolores Drew. He sustained multiple fractures to his right leg and hip, according to a hospital spokesman.

Mrs. Swain, who was a beauty consultant, moved to Winter Springs from Fort Wayne, Ind. in 1981. She was driving to the post office to mail a package when the auto accident occurred, her mother-in-law, Mrs. Drew.

The accident occurred as Mrs. Swain was driving north on Tuskawilla Road in Winter Springs during a light drizzle at about 3:30 p.m. Friday, according to Winter Springs police investigator Gerald Justice.

Mrs. Swain's 1979 Chevrolet ran off the shoulder of the road, she lost control of the car and the vehicle slid across both lanes of traffic and was struck broadside by a southbound 1978 Ford pickup truck, Justice said.

The truck driver, Anthony Calabria, 50, of 215 Lavendar Court, Orlando, suffered a broken right wrist and a bruised rib. He was treated at Winter Park Memorial Hospital and released.

A passenger in the truck, Steve Elliot, 20, of 10348 Jepson St., Orlando, suffered a broken nose, minor lacerations and a knee injury. He was treated and released at the same hospital.

Another truck passenger, Arthur White, 17, of 6015 Oleander Drive, Orlando, suffered minor lacerations. He was treated at the Minor Emergency Medical Clinic in Orlando and released.

Man, 24, Acquitted Of Rape, Kidnapping, Jailed Again

A 24-year-old former Seminole Comjail Tuesday evening - just after he was acquitted on charges of kidnapping and sexual battery of his ex-girlfriend. Franklin Levon Carter, of 119

Plymouth St., Altamonte Springs, was taken into custody about 7:30 p.m. on a warrant charging that he had violated his probation. Carter was arrested on the strength of

an affidavit filed by the Parole and Probation office. He was being held in the Seminole

County jail today without bond. Carter's defense attorney, Abbott Herring of the public defender's office. expressed regret at the development and said he hopes the charge of probation violation will be dropped and Carter

released from jail soon. The four-woman, two-man Seminole Circuit Court jury acquitted Carter after deliberating for only an hour.

Carter testified that the alleged victim. munity College student was returned to identified as the mother of his child, allowed him to enter her home early May 23 and voluntarily accompanied him to a wooded area off County Road 427.

After a conversation in the woods they went to his house and he asked her to have sex, Carter said. The woman asked if she had a choice and he told her she did, Carter said.

The woman then consented voluntarily to having sex, Carter said, adding that afterwards he drove her home.

The woman claimed that Carter used a key to enter her home, carried her out the back door of the house and forced her into his car. Carter took her to the woods and threatened her with a knife and a leather strap, she said. Then he drove her to his house and asked her to have sex.

The woman consented, but only because she was still fearful due to the threat, the prosecution contended.

COUNTRY STYLE FRYER

WINGS

Evening Herald

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Well, Then... Give Us Reforms

In retreating from his campaign pledge to abolish the U.S. Department of Education, President Reagan has heeded what is perhaps sound political advice. Elimination of the Cabinet-level agency would undoubtedly be perceived by some as in conflict with Mr. Reagan's popular campaign for an education renaissance in the public schools.

Leaving the Department of Education intact for the moment may be good politics. But it is questionable policy. The department was created by former President Jimmy Carter as a payoff to the National Education Association. The NEA, which supported Carter's unsuccessful re-election campaign, has viewed the department as a symbol of its power to promote liberal social policies and protect the special interests of its members.

What is good for the NEA, however, is not necessarily good for the nation's schools. Federal intrusion into public education has not provided quality classroom instruction. It may have had the opposite effect. Teachers and school administrators have had to devote too much time and energy in following bureaucratic dictates both from Washington and state capitals. There is evidence that this has robbed our classrooms of creativity and stifled academic achievement.

Although far from enthusiastic about the Department of Education's new lease on life, we were delighted to learn recently that Mr. Reagan has reduced the department's employees by 25 percent. Additional reductions are due. Management experts have found the department's workload does not justify the current staff of

It can hardly be argued that the personnel cuts, which ultimately are projected to leave 5,259 employees, have decimated the department. Nevertheless, the NEA and other foes of Mr. Reagan are predictably dismayed. They claim the reductions will hamper quality education.

Much of their furor is focused on the reduction in bureaucrats who administer the department's so-called women's educational equity program. Dr. Leslie R. Wolfe, who directs the program, has complained to The New York Times that the reduction will leave her with "such a skeleton crew...we really could not perform our duties.'

What, you may ask, have Dr. Wolfe and her associates done for quality education? A department spokesman provided us with three examples that he described as "typical" of their work.

- They gave \$128,000 in public funds to the Labor Education Film Center for production of a multi-media package that describes the "inspiring history of working women of the Americas."

- They gave \$156,000 to the national Organization for Women to finance a public information campaign focusing "on equal opportunities in education for girls and boys."

- They gave \$204,000 to the Rural Alternatives Institute of South Dakota for a "model program" that will develop awareness of Title Nine regulations that prohibit sex discrimination in education.

These projects may have value but do nothing whatsoever for quality education. The wisdom of such expenditures is highly questionable when school systems have difficulty finding sufficient funds to provide children with adequate classroom supplies and modern textbooks.

The Department of Education obviously needs more reforms than staff reductions. Instead of financing such projects, federal education funds should be allocated to school systems in block grants that simply transfer money with no strings. Local school boards are better judges than Washington of how to best spend money for the education of their students. This would not preclude U.S. ovrsight of local enforcement of anti-discrimination regulations and other federal

Federal officials ought to consider the example of California, where the state government has returned some of the powers it had stripped from local school boards.

In giving the boards more authority to discipline or dismiss incompetent teachers and in authorizing merit pay provisions for local teacher contracts. California has done more to improve the schools than anything undertaken by the U.S. Department of Education.

If the U.S. Department of Education is not. abolished, it should at least be reformed to give local school boards more flexibility. Parents and other voters who elect the local boards have more of a stake in the quality of their schools than Washington bureaucrats who strive to satisfy constituencies in the NEA and other special interest groups



"Wait'll they see today's body count. Talk about human rights progress!"



By Charles Cobb

It's the middle of summer - the time to send the children to camp, take a family vacation and complete those home repairs you've been putting off until the arrival of better weather.

And, as any Seminole County law enforcement agency can warn you, when the season calls for home repairs, the chances of repair scams grows consid-

Home improvment repair seams can cause consumers to lose anywhere from a few hundred dollars to thousands of dollars. And the scams can be as simple as an unscrupulous repairman taking your money without performing contracted re-

In a more elaborate scheme recently investigated by Florida Comptroller Gerald Lewis' office, one company required

homeowners to secure repair payments by placing mortgages on their homes. The repairman then sold the notes before any work was completed.

A law enforcement official described this common scam:

A con artist approaches an elderly person - usually an elderly woman ignorant about repairs - and contracts to resurface her roof or driveway. The repairman either does no work or simply paints the old surface black so it appears to have been resurfaced.

Even if the contractor is legitimate, problems can arise if the homeowner has not requested the proper information from the contractor.

Florida homeowners are protected under strict Florida laws against charlatans. A little pridence beforehand, however, could keep you from most serious problems. To avoid pitfalls follow these sugges-

• All contractors must have a city or county license. Ask to see their license before you contract with them.

• Never allow anyone to work on your home or property without a written contract.

• Florida mw requires that all liens on your home to finance home improvements must be detailed in your contract.

 Normally the homeowner does not pay the contractor any money until he or she signs a work completion certificate. This should only be signed when the work is completed and you have thoroughly exam-

Senate

publican leader.

favored in that order, too.

commands the respect of all.

ined it and find it to your satisfaction. No finance charges can accrue until this form is signed.

WASHINGTON WORLD

Next GOP

Leader Is?

WASHINGTON (UPI) - The maneu.

vering already has begun to see who will

succeed Howard Baker as Senate Re-

Sens. Robert J. Dole, 60, of Kansas,

Pete V. Domenici, 51, of New Mexico,

and James McClure, 58, of Idaho, and

Richard G. Lugar, 51, of Indiana, are the

likely candidates - and probably are

McClure probably starts with the most

votes, but the ultimate winner may be

Dole, who has shed his acerbic image to

become one of the most respected and

powerful senators. His tongue has

allenated a few over the years, but he

Dole, who has kept his sharp wit, loves

the give-and-take of debate, and stand-

Senate Agriculture Chairman Jesse

Helm's management, Dole took over

Many senators shun the floor. But

DICK WEST I'm In The Mood For Valium

WASHINGTON (UPI) - Educators casting about for samething to blame for declining academic achievements in this country need look no further than a recent survey conducted by a leading teddy bear manufacturer.

The poll showed that teddy bears can be found in four-fifths of the college dormitories in America. But that was by no means the most instructive finding.

More to the point were some of the reasons given by college students for taking teddy bears off to school with them. I cite a couple of the more pertinent explanations:

-"Teddy bears instantly understand why you'll never need calculus."

"Teddy bears are not intimidated by the subjunctive tense in any language." What this survey seems to suggest is that college students of today have an that college students of today have an unreasoning fear of calculus and the ROBERT WAGMAN subjunctive, and use teddy bears as

security symbols. What they are getting, alas, is a false sense of security.

Wagging around a toy animal, or having one back in the dorm, does not really provide any protection against the subjunctive.

Sooner or later, no matter what language you are studying, the sub-Junctive will reach out and grab you.

The fear can be conquered only by facing up to the subjunctive and trying to deal with it for what it is - not by

cowering behind a teddy bear. This is not to imply that fear of the subjunctive is a new phobia. For as long as I can remember - which in some instances is 30 seconds or less students have been letting themselves

be terrorized by it. I well remember the day a college language professor introduced my Spanish 210 class to the pluperfect subjunctive. There was near panic in

the classroom, I can tell you. Yet, we somehow managed to survive without clinging fearfully to a teddy

The place to tackle this problem is at the high school level. By the time a student reaches college age, fear of the subjunctive may be so deeply rooted that he or she will automatically clutch the nearest teddy bear whenever confronted by a condition contrary to fact.

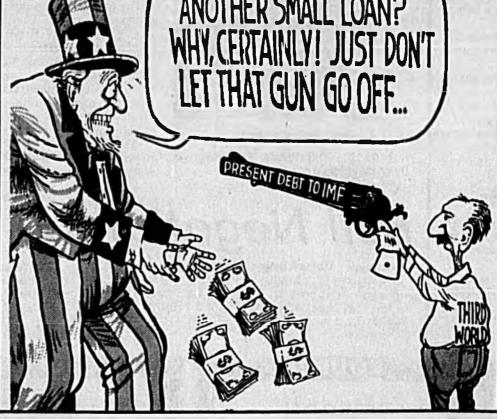
High school language departments should make it clear from the outset that although the subjunctive may cause severe brain damage under cer-

tain conditions, it is rarely fatal. Millions of citizens of both sexes who were exposed to the subjunctive during their scholastic careers are today leading normal, healthy lives - without

recourse to teddy bears. The trouble is that language teachers tend to identify the subjunctive as a "mood." Thus, students tend to lump it in with depression, anxiety and other

dispiriting states. If they can be taught to think of the subjunctive simply as a way of expressing wishes, requests, urgency, etc., half the battle will be won.

Calculus, unfortunately, is another matter. Anyone who has ever been frightened by a calculus problem is quite justified in seeking refuge in teddy bears. Often, it's the safest thing to do.



How To Figure Fed Pay?

WASHINGTON (NEA) - An organiza- covering small and medium-sized busition representing federal white-collar employees has filed suit against Uncle Sam, claiming they are owed a pay raise of about 22 percent this year.

The group, the American Federation of Government Employees, claims that since 1979, government workers have received less in annual raises than they were entitled to under federal pay law.

Federal white-collar workers are supposed to get a raise each October. According to the Federal Pay Comparability Act of 1970, the raise percentage must be enough to keep federal - justify these reduced increases, but it pay at the same level for comparable work performed in the private sector.

In setting this figure, the Bureau of Labor Statistics conducts an annual survey of the private sector to determine the average wage for different types of work. BLS compares these figures to federal wages, then determines a percentage increase that will put federal and private-sector pay on the same level.

The president can grant the BLS increase or any lesser percentage. If he chooses a smaller increase, either the House or the Senate can overrule him by a simple majority vote.

The process worked smoothly from 1971 to 1978. Each year except 1975. when budgets were unusually tight, the president granted about what was recommended by the BLS. Since 1978, however, the increases have been considerably smaller than the recommended levels.

In the last two years of the Carter administration, the raises granted were about 8 percent less than those recommended. The major reason given was that the government could not afford more. However, another issue was raised: the belief that the BLS survey of the private sector was inaccurate because it used data from only the largest companies.

BLS argues that this procedure is valid, since only the largest private firms have workers whose wide ranges of jobs and skills compare with those of federal workers. However, others claim that the BLS percentages are too high. since the agency doesn't use salary data nesses and the 12 million state and local government employees.

In its first two years, the Reagan administration has granted increases far below the BLS recommendation. In 1981, the BLS recommended a 15.1 percent increase, and Reagan gave 4.8 percent. In 1982, the recommended percentage was 18.4 percent, but the actual raise was 4 percent.

The Reagan administration has adopted the linaccurate-data claim to also has added a new wide-ranging argument: that of total compensation.

The BLS survey is based solely on active-service pay, but the Reaganites say this is unfair. What should be measured, they say, is "total compensation comparability," which includes all fringe benefits given to both federal and private-sector workers.

The administration has gone even further: It believes that federal employment carries certain "nonpecuniary" benefits, including job security, Job mobility within the government and portability of benefits - especially of retirement benefits. It claims that these non-pecuniary benefits must be included in the BLS equation on a "discount basis." The 1970 law required that federal workers be paid the equivalent of 100 percent of privatesector pay for similar work, but the Reagan administration contends that due to the advantages of federal employment, that level should be only 94 percent.

The administration is using these arguments to justify both its past reduced increases and its granting of what amounts to a zero pay increase this year, although the BLS has recommended 22 percent.

The administration view is being buffeted on all sides. It is not only the subject of the AFGE lawsuit, but is being disputed by several congressional committees and by studies conducted by several governmental agencies.

ing at his back-row seat he frequently grabs the ball even when his legislation is not involved. When an agricultural measure was foundering in the last Congress under

> and pushed it through. He has vastly changed from the days when as Republican national chairman he tongue-lashed George McGovern in the 1972 presidential race, and when he was President Gerald R. Ford's running mate in 1976. Dole joined McGovern in pushing food

stamp legislation. He heads the powerful Finance Committee and took the lead in writing a \$100 billion tax reform bill last year.

Many attribute his softening to his second wife, Transportation Secretary Elizabeth Hanford Dole. Dole tipped his hand about the

leadership role in Kansas, but when asked about it at a Capitol news conference he squirmed and finally acknowledged he had told a questioner back home, "Yes, I'm interested." Domenici, a former Albuquerque

mayor, would be most like Baker in style, at least outwardly. Domenici used gentleness and quiet determination to harness the unwieldy Budget Committee and get fiscal blueprints through against great odds. Domenici's heavy smoking - he

would go through six eigarettes in a half hour - betrayed tension and nervousness. But after a chest operation to remove a lesion that proved benign, he stopped smoking. Even President Reagan pleaded with him to stop.

His staff said that Domenici, too, is interested but for the present is focusing on legislation and his own re-election race in 1984.

Lugar, the dark horse, is one of four Rhodes scholars in the Senate and was President Richard M. Nixon's "favorite mayor" as mayor of Indianapolis. He has been praised as the consummate senator, but his speech and demeanor

But Lugar already demonstrated his popularity among colleagues last winter by ousting liberal Sen. Bob Packwood of Oregon as chairman of the National

Republican Senatorial Committee. Whoever succeeds Baker's Tennessee twang and pencil-tapping will follow a tough act.

JACK ANDERSON

Leak May Have Sunk Philip Habib

WASHINGTON - Did a well-placed leak to the press help sink Philip Habib? The president's recently removed special envoy in the Middle East may think so. Here's the story:

For months. Habib had been trying without success to persuade Israel and Syria to pull their troops out of Lebanon. Neither side would agree to make the first move; indeed, there was serious doubt that Syrian President Hafez Assad would withdraw his troops under any circumstances.

In June, the administration was toying with a plan that Habib hoped would break the stalemate. Simply put. the idea was to pressure Israel into a unilateral withdrawal, counting on Assad to follow the Israeli example. But before the plan could be initiated. someone in Washington leaked it to the press. The reaction was swift and predictable: Israel and her friends in Cengress denounced the Idea. The Lebanese didn't think much of it, either.

A July 1 cable, classified "Secret -Alert." from Habib to Secretary of State George Shultz stated bluntly: "The leaks out of Washington have produced an immensely damaging setback to our efforts here." My associate Lucette Lagnado has seen a copy of the cable. Habib reported on a meeting he had

held that morning with Israeli Prime Minister Menachem Begin. Defense Minister Moshe Arens and Foreign Minister Yitzhak Shamir. "Begin, Shamir and Arens made it

clear... that there was no point in pursuing our alternative ideas for bringing about total withdrawal of all foreign forces. (They) urged that we limit the heavy damage already caused all of us, by making clear we continue to support the concept of simultaneous... withdrawals."

Habib had this advice for Shultz: "Under present circumstances, we all believe there is no point in your visiting the area at this time." He added that Sam Lewis, the U.S. ambassador to Israel, "strongly concurs."

But Shultz disregarded Habib's advice, went to the Middle East anyway - and falled to get Syria to agree to a troop withdrawal. It was an embarrassing fatlure for the administration.

Oddly enough. Habib's cable made clear that he thought the plan to force a

unilateral Israeli withdrawal was still valid in the long run. "There is obviously no present possibility of pursuing our approach," he told Shultz. "Nevertheless, we do not necessarily rule out a revival of this approach at a later stage, if we can recover from the damage done by this leak."

The Middle East Policy Survey, an investigative newsletter, reports that the administration revived the plan during a visit by Israel officials to Washington last month.

Habib informed Shultz that the Israelis would go ahead with a limited. partial withdrawal, and added: "Depending on the ensuing circumstances. including the reaction in Lebanon, we may be able to take our idea from the back burner and try again."

Habib, who reportedly was the author of the controversial plan and was certainly its strongest advocate, is no longer in a position to try again. It remains to be seen whether his successor. Robert C. McFarlane, will risk burning his fingers by taking the plan from the back burner. More likely, it'll wind up in the deep-freezer.

WATCH ON TAXES: An optimistic President Reagan, cheered by the rebounding economy, is more convinced than ever that new tax increases won't be needed. He believes the bloated federal deficit can be reduced through spending cuts.

- Democratic leaders have no Intention of launching a drive for higher taxes on the eye of the 1984 election. If the president doesn't request a tax increase, the Democrats who run the tax-writing House Ways and Means Committee certainly won't push one on him. But neither are the Democrats likely to cut the social spending pro-

 The nation's banks orchestrated a massive malling and telephoning campaign, which persuaded Congress to repeal the 1982 mandatory-withholding law. This would have required banks and corporations to withhold taxes on interest and dividends. The repeal will cost the Treasury an estimated \$13 billion in evaded taxes, which will now have to be made up by the less-blessed taxpayers who don't have stocks, bonds and savings accounts.

Congressmen Globe Trotting

Lawmakers are deserting Capitol Hill for the summer and trooping off to see the world, headed for destinations as diverse as Shanghal. Panama City and Cleveland.

dozens of senators and representatives leaving on overseas trips. with Central America one of the most popular stopping points. Other members of Congress plan to visit China, Eastern Europe, Australia and the Middle East.

five-week congressional recess in this country, either vacationing, campaigning for higher office or staying in their districts for meetings with constituents.

plans to check into a hospital for treatment of an inner ear infection.

"And I'm going to do some soft reading to find out what the Washington press corps has been doing," O'Neill said, referring to books by various political reporters.

Nine Senate Democrats, led by Claiborne Pell of Rhode Island, are scheduled to spend the second half of August in the Soviet Union, meeting with President Yuri Andropov and other Kremlin lead-

issues. Rep. John Conyers, D-Mich., left Friday on a separate trade expansion mission to the Soviet Union.

Sen. Alan Cranston, D-Calif., a Congressional offices report candidate for his party's presidential nomination, has a schedule crowded with both a five-day. "listen-and-learn" trip to Mexico, Venezuela, Columbia and Panama and campaign appearances in eight

California's other senator, Re-Some lawmakers will spend the publican Pete Wilson, has already begun his own week-long trip to Central America, with stops scheduled in Panama, Honduras, El Salvador, Costa Rica and Nicaragua.

Others heading for Central House Speaker Thomas O'Neill America are Sens. Paul Tsongas. D-Mass., and John Chafee, R-R.I.

House Democratic leader Jim Wright of Texas left Friday with five other House members on a tour of the Far East, where they planned trade and security talks with leaders of Japan, China, Singapore. Malaysia and Taiwan.

Another group, led by House Armed Services Committee Chairman Melvin Price, D-III., and

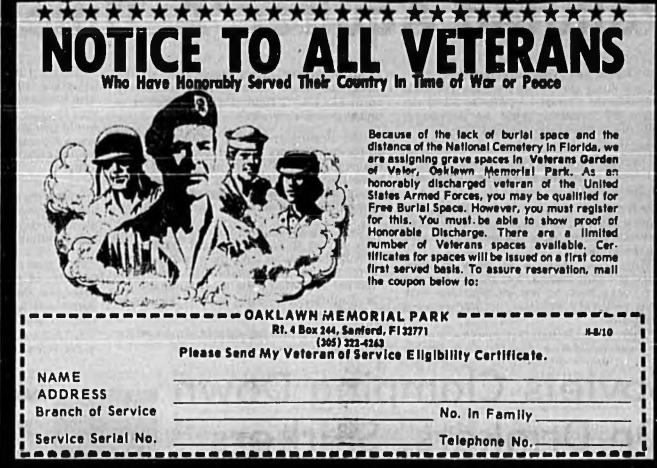
WASHINGTON (UPI) - rights, arms control and other Korea, Okinawa, Thailand, Guam and Hawaii. Their schedule - with stops tentatively planned in Peking and Shanghai, China — calls for talks with foreign leaders on nuclear non-proliferation and other issues.

Rep. Clarence Long, D-Md., chairman of the House Appropriations subcommittee on foreign operations, is leading about half a dozen colleagues on a two-week tour through Vienna, Austria, Israel, Pakistan, Lebanon, Cyrpus and Poland.

Sen. Christopher Dodd, D.Conn., also included Poland on the Itinerary for his 11-day trip to Eastern Europe and Italy.

House Agriculture Committee Chairman Kika de la Garza, D-Texas, and several other members of the panel have scheduled an 18-day swing through Australia and New Zealand for discussions of agricultural trade Issues. On the way back home, they plan to stop in Honolulu for a public hearing on the agricultural problems facing

Some 19 members of the House Interior and Insular Affairs Committee, including Chairman Morris Udall, D-Ariz., plan a 10-day trip to



Alcoholic Monkeys **Provide Clues** To Reproductive Failure In Humans

WASHINGTON (UPI) — Female monkeys that became intoxicated daily for months in a research project have given scientists new clues to the cause of reproductive system failures that alcoholic women often experience.

Researchers reported the study indicated alcohol-Induced disruption of the menstrual cycle in humans is a result of alcohol's toxic effects on both the ovaries and parts of the brain that direct the production of a hormone that stimulates ovarian cells.

The study was carried out by scientists from the Harvard Medical School's Alcohol and Drug Abuse Research Center and the New England Regional Primate Center in Southborough, Mass. Their findings were reported in the Aug. 12 issue of Science magazine.

The object of the study was to see if monkeys could serve as substitutes for humans in research aimed at learning more about the reproductive system effects of chronic alcohol use by women.

Since the primates developed problems similar to that seen in humans, the researchers concluded that use of monkeys in the laboratory may help doctors devise ways to treat and prevent reproductive disorders associated with alcoholism in women.

The study used five sexually mature macaque monkeys that had plastic tubes surgically implanted in blood vessels.

The animals learned to administer shots of alcohol in much the same way they worked for banana pellets. Food and alcohol were available to them during four one-hour sessions a day.

Three of the five monkeys began to take relatively high doses of alcohol immediately and became intoxicated daily. Levels of alcohol in their blood were comparable to those observed in alcoholic women during intoxication, the report said.

The three alcoholic monkeys were the ones that stopped menstruating. The other two monkeys took relatively low doses of alcohol daily and continued to have stable menstrual cycles.

Two of the alcoholic monkeys died 84 and 93 days after the study began - one from an alcohol overdose and one from alcohol-related lung disease. Autopsies showed both animals had developed changes in their reproductive systems similar to those that occur during early menopause in women.

The report said the alcoholic monkeys also had decreased levels of the luteinizing hormone that stimulates cells in ovaries. The two other monkeys that took lower amounts of alcohol maintained normal amounts of this hormone and did not stop menstruation.

Government Going After Violent Repeat Offenders

WASHINGTON (UPI) - The federal government has kicked off a new program to accelerate the arrest of some of society's most violent criminals, those who repeatedly murder, molest children or rape,

Alfred Regnery, administrator of the Justice Department's Office of Juvenile Justice and Delinquency Prevention, said authorities estimate as many as 5,000 people - half of them juveniles - are murdered each year without apparent motive.

Regnery's agency and the National Institute of Justice have awarded a \$136,000 grant to the Sam Houston State University Criminal Justice Center at Huntsville, Texas to oversee a series of planning sessions around the country.

The first session was held last month at the Huntsville center. The second will be held next month at the FBI Academy at Quantico, Va.

Regnery said the sessions will be used to establish a Violent Criminal Apprehension Program. He said the program will use the National Crime Information Center's network of computers to help track missing persons and let the FBI analyze the crimes by those who commit series' of rapes, murders and child molestations.

Regnery said the FBI's Behavioral Science Unit "could use crime date from all of the nation's law enforcement agencies to allow quicker identification and apprehension of society's most feared violent criminals by local law enforcement officials."

James Stewart, director of the National Institute of Justice and former chief of detectives in the Cakland, Calif., police department, said in known psychopathic serial killings. 30 men have killed from six to 60 people In the past 10 years.

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"In the overwhelming majority of cases these killers have not been arrested as a result of multi-jurisdiction tracking of their killing sprees," Stewart said. "Rather, they have been arrested for a recent local killing or



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Polluted Aquifer 'A Time Bomb'

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By United Press International

A new study shows that thousands of wells sunk into the Floridan Aquifer in 23 of the state's 67 counties could be depositing pollutants in Floridians' drinking water.

Two of the most populous counties - Dade and Orange - lead the state in the number of such wells, according to a study by the U.S. Geological Survey.

Each day the wells carry 50 million gallons of water often laden with pesticides, fertilizer, heavy metals, bacteria and other pollutants into the aquifer.

Officials say there is no proof drinking water is being tainted, but that is because there have been so few studies. One welldriller called the situation "an underground

"There's no question that pollution is going on," said David Fisk, director of the depart-

ment of groundwater management for the Suwannee Water Management District in north Florida. "I think It's just a matter of time (before it's revealed).

State Department of Environmental Regulation investigators found 1,226 storm-water drainage wells in the state, and another 5,458 wells that carry swimming pool runoff, air conditioning water, laundry wastes, septic tank effluents and industrial wastewater.

USGS engineers found the problem was most severe in Orange County because of agricultural residue and the depth of wells there. But the three-year, \$150,000 report "did not show that there is contamination of the groundwater," said Rodney DeHahn of the DER groundwater section.

Local authorities say they're convinced the pollution is there.

"Every time it rains, you're flushing Orlando's toilet right into the aquifer," said Sam Wiggins, president of the Central Florida Well Diggers Association. "Next time it rains, would you go out to Orange Avenue and dlp you a big cup of water out of the street and drink it? Well, that's what's going down these

While the well water refills the underground reservoir, it also bypasses filtration it would go through to reach the Aquifer under natural circumstances.

"It's good news that they're putting a large quantity of recharge into the aquifer, good news that they haven't polluted anything to date," said Joel Kimrey of the USGS. "But we have to hold out the warning that there are 400 (deep) pipelines into the Aquifer. There are some real damn hard questions."

Star Show Out Of This World

URBANA, III. (UPI) - A moonless night and the possibility of an abundance of meteors should be just the right ingredients to make this year's Perseid meteor shower a speciacular display, a University of Illinois astronomer says.

"There's a good possibility of a really good show this year," said professor James B. Kaler.

The Perseid shower, the best-known annual meteor shower, will be at its peak Thursday night and early Felday, Kaler said. Astonomers say the shower should be visible throughout the United States and other parts of North America.

Since there will be no moon that night, the Perseid display should look brighter. In addition, he said, the number of meteors streaking across the sky may be greater than usual.

If the sky is cloudless, the best time for viewing the shower will be around

3 or 4 a.m. Friday, although good viewing will begin Thursday after dark.

Stargazers should look directly up In the sky and a bit to the east for the best chance of seeing a meteor, he

Kaler said most meteor showers occur when the Earth passes through a region of debris left behind by a comet. These solid particles pass into the Earth's atmosphere and burn up,

emitting energy in the form of light. Normally, the Perseld shower averages about one meteor per minute, but in the past few years that rate has increased. A rate of two meteors a minute is possible this year, Kaler said.

The Perseids are so named because they appear to radiate from the constellation Perseus, an umbrellashaped network of stars between Cassiopela and the Piciades.

Soviets Clamping Down On Drinkers, Shirkers

President Yuri Andropov's campaign to improve worker performance, the Soviet government has approved new measures cracking down on idlers and alcoholics in factories and other workplaces. The strict new regulations, published

in the Communist Party newspaper Pravda, not only punish truants and drunks but those whose lazy work habits result in shoddy output by their factory

paign, launched seven months ago to step up industrial production and turn around the lagging economy, the new measures reward the industrious with Increased vacation and salary.

work now. These regulations are so strict It is impossible for some people to observe them," said one Soviet who objected to regulations limiting time

In a new provision, anyone absent from his workplace more than three hours can be disciplined. It was not spelled out whether that included firing. For every day away from work without cause, however, one day is subtracted

A worker who "systematically violates worker discipline," which includes drinking on the job or appearing at work

MOSCOW (UPI) - In a toughening of drunk, can be paid less for up to three months or moved for the same period to a lower-paid job. During this disciplinary period, he cannot quit his job.

The measures, drawn up by the Council of Ministers and the Trade Union Council, were reviewed and approved by the ruling Politburo. They apply to all citizens who can reasonably be expected

If a worker is fired, no matter where he finds a new job he will be docked half his production bonus payments for six months, although a board can decide after three months whether his performance has been so exemplary that full

enterprise can be docked up to a third of

But good workers are to be rewarded under the new measures with two or

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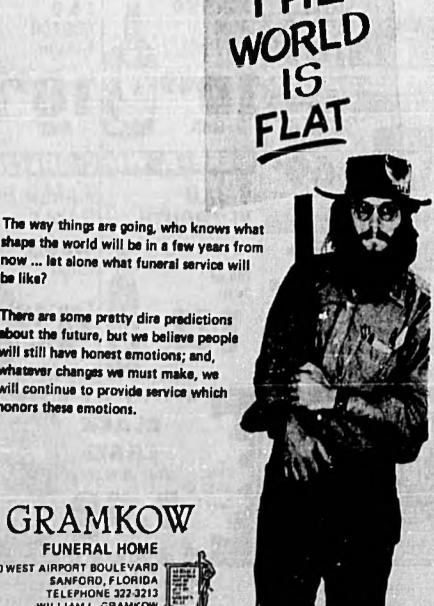
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to be part of the labor force. or enterprise. But in keeping with Andropov's cambonuses will be restored.

"Heaven only knows how it will be at

away from work.

from vacation time.

To try and control "parasitism," which in the Soviet Union is the crime of voluntary unemployment, the measure penalizes a worker who goes more than three weeks without a new job by cancelling all accumulated pension

benefits. Those who because of drunkenness or laziness produce shabby work and thereby hurt the reputation of the

salary, the resolution said. three extra vacation days a year for good work. Previously, they could get extra days only every second year.

AREA DEATHS EDVENNA R. STEPHENS one great grandchild. Mrs. Edvenna R.

Stephens, 64, of 3150 Mortuary is in charge of Hughey Ave., Sanford, died Saturday at her restdence. Born Oct. 8, 1918. in Havana. Fla., and has been a resident of Sanford for more than 60 years. She was a homemaker and member of Mt. Zion Missionary Baptist

Church. Survivors include her husband, Willie: a daughter. Beatrice Clancy. Rochester, N.Y.; two step-daughters, Thelma S. Rivas, Sanford, and Madell Breedlove, Rochester, N.Y.; a stepson. Willie Scott. Sanford: four sisters, Minister Sarah Floyd, lda Fort, Bertha Jackson and Ruby Dean Edwards. all of Sanford; three children and four greatbrothers, James W., Freddie and Plerce Robinson, all of Sanford: Home, Sanford, is in three grandchildren and charge of arrangements.

arrangements. WILLIAM JOHN ALEXANDER

Mr. William John Alexander, 73, of Ruby Street. Sanford, died Tuesday at Florida Hospital. Altamonte. Born June 24. 1910, in Columbus Ohio, he moved to Sanford from there in 1956. He was a retired truck driver for the Summers Corp., Columbus. He was a Method-

He is survived by his wife, Bonnie; a daughter, Delores Torr. Columbus; two stepdaughters. Lorraine Thompson, and Mrs. Asalee Veino, both of Sanford: three grandgrandchildren.

Gramkow Funeral

ilson-Eichelberger Funeral Notices STEPHENS, MRS. EDVENNAR.

-Funeral services for Mrs Edvenna R. Stephens, 64, of 3150 Hughey Ave., Sanford, who died Saturday, will be at 11 a.m. Saturday at Mt. Zion Missionary Baptist Church, 3331 Sipes Ave., Sanford, with the Rev. W. Frank Williams, pastor in charge, Burlal in Restlawn Cemetery. Calling hours for friends will be from noon to 9 p.m. Friday at the chapel. Wilson Eichelberger Mortuary is in

charge of arrangements.
ALEXANDER, MR. WILLIAM J.
—Funeral services for Mr. William John Alexander, 73, of Ruby Street, Sanford, who died Tuesday, will be Friday at 10 a.m. in Gramkow chapel. Friends may call Thurs-day, 3-5 and 7-9 p.m. Burlal in Oaklawn Memorial Park. Gramkow Funeral Home in

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shape the world will be in a few years from now ... let alone what funeral service will be like? There are some pretty dire predictions

about the future, but we believe people will still have honest emotions; and, whatever changes we must make, we will continue to provide service which honors these emotions.

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U.S. Troops, Supplies **Pouring Into Honduras**

United Press International

Trar port planes poured American troops and supplies into Honduras for major military maneuvers demonstrating the U.S. presence in Central America and Nicaragua announced a sweeping new draft law to bolster its army.

Officials in Honduras Tuesday reported a steady stream of American C-141 transport planes landing at the airport in San Pedro Sula to ferry in supplies and the first U.S. troops for the manuevers, now in full swing.

The airstrip is located along the country's Caribbean coast near where a U.S. Navy task force headed by the aircraft carrier USS Ranger has been operating.

Although the U.S. embassy and the Honduran military refuse to say how many troops have landed, 4,000 are expected to join 6,000 Honduran troops in war games in the tense southern region between Nicaragua and El Salvador.

In Managua, Minister of Defense Humberto Ortega submitted a draft law Tuesday to the rubber-stamp Nicaraguan legislature that would make conscription mandatory for all men from 17 to 50 years old - and include many women.

Libyans Invade Chad

TRIPOLI, Libya (UPI) - Thousands of Libyan troops invaded Chad and Libyan warplanes backing Chad's rebels rained napalm bombs on government outposts. Western diplomatic sources said.

Some 4,000 to 5,000 Libyan troops and one or two tank battalions entered Chad, where Libyan-backed rebels loyal to ousted President Goukouni Weddeye are fighting to overthrow President Hissene 'Habre, the sources said Tuesday.

Libyan planes renewed aerial attacks on government positions around Chad's remote northern oasis of Faya-Largeau after a three-day lull, they said. Western diplomats in the Libyan capital of Tripoli said the bombing pause may have been called by Moscow.

"The Soviets fear that with the arrival in Chad of more sophisticated American and French equipment, the risk of retaliatory strikes against Libya has been heightened," one source said.

U.S. Marine Wounded

BEIRUT, Lebanon (UPI) - Forces in the mountains east of Beirut pounded Beirut airport with shell fire today, killing at least one Lebanese civilian and wounding a U.S. Marine, officials said.

Government sources said Druze Moslem militiamen fought with Christian militias in the Shouf and Aley mountains for control of the Israeli-occupied heights. Druze militias also mountain villages of Abey and Kfar Matta southeast of the capital, the sources said.

The shelling of the airport came from the mountains as well and Lebanese and American military sources were not certain if the shells were from artillery rounds or rockets.

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Middle East May Be Ready To Explode

WASHINGTON (UPI) - State Department officials say time is running out on efforts to establish peace in the Middle East.

They fear it is only a matter of months before fighting erupts anew between Syria and Israel or before a political assassination or upheaval in Lebanon inflames the region.

The officials, who talked to United Press International on the condition they not be identified, say a new lineup of experts in the State Department's Middle East bureau is working to defuse explosive tensions before another major outbreak of violence.

But the officials also say there may not be enough time to work out a new game plan.

"The new team will be seasoned professionals from the Near East bureau, but unless there is some policy set down by the White House, they won't have much to do." one official says.

The new members of the Middle East team are almost all - with the notable exception of the new Middle East mediator, former White House official Robert McFarlane - seasoned Foreign Service professionals in their early 50s, the kind of men that Secretary of State George Shultz apparently feels most comfortable with.

-Robert Murphy, 54, a Harvard and Cambridge University graduate who has spent much of his life in the Arab world and speaks fluent Arabic. Designated to be assistant Secretary of State for Near East and South Asia, he is expected to bring in a new team of middle-level experts.

Analysis

-Nicholas Veliotes, 54, designated to be ambassador to Cairo. As assistant secretary, he was the principal author of the Reagan plan that was announced last September and would have led to a confederation between the occupied West Bank and Jordan.

The plan was rejected by Israel and spurned by Jordan and the Palestine Liberation Organization.

One seasoned professional says, "It would be terribly unfair if Veliotes were blamed for the failure. The failure was at the White House, where the President and (National Security Adviser) Bill Clark did not push the plan with King Hussein."

-Reginald Bartholomew, 45, who is expected to be named ambassador to Lebanon, will replace Robert

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Dillon, who will be the U.S. representative at the United Nations Relief and Works Agency for Palestine Refugees in the Near East (UNRWA).

In recent months, the Reagan administration has concentrated on winning a settlement in Lebanon that would lead to the total withdrawal of all foreign troops. But that effort failed when Syria refused to pull out. And now McFarlane lacks the authority to offer the Syrians anything that might change their minds.

With the peace process stalled in Lebanon, there is no longer any hope for negotiations on Palestininan autonomy that began several years ago at Camp David.

One former official says, "The problem with concentrating on Lebanon is that it has distracted everybody from what is really going on: the acceleration of the Israeli annexation of the occupied West Bank."





PEKING (UPI) -Squeamish about needles - even hair-thin acupuncture pinpricks? Stick a mung bean in your

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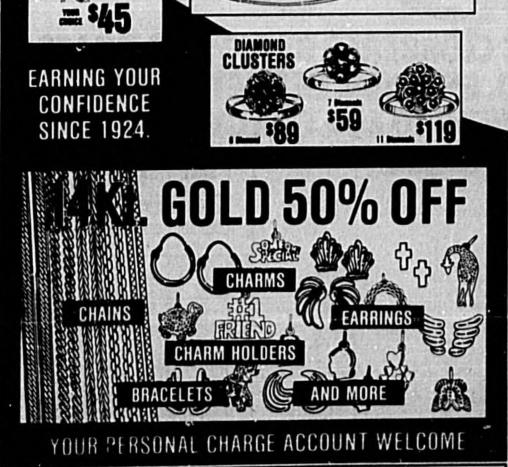


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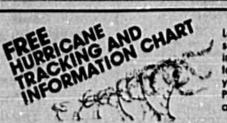
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Love Of Computer Games Used To Teach Economics

TAMPA - If all goes according to plan, Florida teachers will be using their students' penchant for computer games to improve their classes' "economic IQ." thanks to a university professor whose work includes directing a national center in Tampa for economic education.

Dick Puglisi, director of the Center for Economic Education at the University of South Florida, implemented a new program this summer with the help of 26 elementary and secondary school teachers from the Tampa Bay Area. The teachers provided the creative input for computer programs that blend lessons on economics into exercises for English, social studies, business, home economics and math classes.

The results of this pilot program will be available this fall to teachers throughout Florida through the center's lending library. They include a program that helps students understand the concept of budgeting while shopping for nutrition, a program that gives students the opportunity to practice math while following an Installment purchase exercise, and over a dozen other ilearn-by-doing opportunities to explain such concepts as supply and demand, inflation and unit pricing.

'Unglamorous'

Puglisl, whose state-funded center is one of 200 similar centers based at U.S. colleges and one of eight in Florida co-funded by the state's Council on Economic Education, said the 10-week summer program is an experiment in using computer technology - and student interest in computers - as a learning tool for what some consider the "unglamorous" subject of

"Many adults have a difficult time understanding how our economic system works," said Puglisi, "and they suffer the consequences of their misconceptions every

time they make a purchase and investment decision. We want to help students understand where they fit into our economic system, and how to make it work to their benefit to make the most of their resources.

"Kids are very excited about computers and their possibilities," Puglisi added, "and we want to use that enthusiasm by using computers as our message-carriers "for economic education."

For teacher Diane McGrath, the summer program __ffered a chance to put her ideas on economic education into a form that will help her reach more students than she sees in her classroom.

McGrath, a social studies teacher at Southeast High School in Bradenton, believes that schools should put a strong emphasis on teaching consumer economics to give students the "survivor skills" they need to succeed.

"We see students all the time who don't understand basic economic concepts, like the real cost of buying something on credit," she said. "That kind of understanding is critical if these students are going to make it economically.

"Especially for high school students who aren't



college-bound, it's crucial that they understand how their money can work for them, or against them, so they can make the most of their buying power."

McGrath's program is written as a two-part exercise. including a "Credit Sucker Survey," designed to help students evaluate their buying habits and develop a more informed approach to money decision-making.

Jeff Fitterman and Gene Estep's program, Buying a Car, focuses on making choices to get the best buy for your money. Fitterman, who teaches learning disabled students at Tampa's Chamberlain High School, and Estep, a contemporary education teacher at nearby Van Buren Junior High, believe that schools should make basic economic "life skills" instruction a priority.

"Unless students can see the relevance in what they're learning, they're not going to really understand, especially those students who already are behind their peers," said Fitterman. "When we can integrate life skills lessons on being smart consumers into related subjects, like math or English, we're going to accomplish more in our limited class time.

"The traditional format was pretty dry - 'today, class, we're going to learn about depreciation.' Who cares? But tell the students they're going to learn how to buy a car and get a good deal, and you're going to get their attention. They can see this is something that they want

'Computers are still a very attractive opportunity to students — they want chances to use computers. That attitude is very conducive to learning, and programs like USF's will help generate the teaching materials needed

to take advantage of student enthusiams."

Seminole, wrote her program to help students un [813] 974-2175, 974-2234. derstand how interest can increase the cost of what they

'rewards' for progress through the lesson in the form of awards, which are made on a statewide basis.

User-Friendly

"I think the keys are keeping the programs user-friendly, easy to follow, and on the student's level. In our area, most students' families own their own homes, so I made a home purchase one of the examples for figuring how much interest adds to the cost of a purchase.

Engersoll and other participants believe that tools such as the computer programs will help students gain a better understanding of economies as it relates to everyday living. According to Puglisi, USF's College of Education will be adding a required course this fall for elementary ed majors on basic economic theory to help ensure that teachers approach this subject from a more informed viewpoint.

The persuasive power of advertising is the subject of a program written by Tampa senior high school English teachers Toni Brummond and Mary Gonzalez. Brummond, who teaches at Hillsborough High, and Gonzalez, who teaches at Leto High, define six methods of advertising in their program, written to help suidents evaluate what they hear and read about consumer

"We need to help students learn to evaluate advertising messages," said Brummond. "Most people are too susceptible to persuasive techniques like testimonials and so-called bargain prices. Fifty dollars down and \$10 a month sounds like a terrific deal until you get to the fine print - but many people don't go beyond the headline offer.

'Our program teaches terminology while it teaches consumerism, which probably is one of the most important lessons we can cover.'

Teachers in USF's Center's summer program were drawn from five school districts in the Tampa Bay area. At USF, they worked with an economist and computer educator, team consultants Sunne Brandmeyer and Fred Prince. Local businesses provided support in the form of honoraria for the volunteer participants. Support for this summer's program was provided by the Florida Electric Power Coordinating Group and Tampa Electric Company.

The new software is available to requesting teachers in doubtless consult their physicians." they wrote,

a 17 county area serviced by USF, joining an extensive Interest is the subject of a program for elementary library of films, materials and course outlines on school classes, as written by Cheryl Engersoll. Engersoll, economic subjects. Interested teachers can contact the who teaches fifth grade at Bauder Elementary School in center by mail or phone, in care of USF, Tampa, 33620,

USF's Center for Economic Education recently was recognized by the Florida Council on Economic 'Ten- to twelve-year-old students are really into Education for its "Decisionomics" program, an economcomputers, but not always very savvy about how money ics curriculum for elementary school students. Addiand the system really works," said Engersoll. "I wrote a tionally, schools in USF's Center's service area received number of review options into the program, and over 75 percent of the Council's Individual teacher

Computer Freaks Are Seeing Pink

BOSTON (UPI) - The pink objects you may see after slaving over the home computer for hours are not the workaholic's version of pink elephants but a curious and harmless phenomenon well known to psychologists.

The illusion of pink fringes around white objects or letters is called the McCollough effect and occurs after staring at intensely colored objects, researchers wrote in a letter in the latest Issue of the New England Journal of Medicine.

Three researchers from Northwestern University in Chicago said they observed the phenomenon in people working at IBM personal computers, but it can occur on any video display terminal that has luminous green characters on a dark background.

After a few hours of work, the researchers said, ordinary white letters and lines on a contrasting background appeared to have a pink color and a broad expanse of white such as a wall or a sheet of paper also appeared pink around the edges.

"Several hours of work at the video screen give rise to a very striking after effect, which may persist for an entire day or longer." they wrote. "Shorter exposures produce a less intense but still obvious effect."

They said the phenomenon was similar to one noted after staring at any intensely colored object, but it appeared to have a different physiologic mechanism than the well-known McCollough effect.

That phenomenon is believed to arise in the cortical neurons, however, the afterimages associated with computer use seemed to originate in the retina, wrote Dr. Mark J. Greenwald.

He said they wrote the letter to alert physicians to the phenomenon "so as not to mistake it for a hysterical symptom or a manifestation of neurologic disease."

"Although it is a harmless physiologic curiosity, lack of familiarity with this after effect could make it a source of concern to persons who experience it, and some will

Men Outnumber Women 22-1

Update On Nation's Prisons

Men outnumber women geriminals are behind bars, the Justice Department 6.3 percent in federal prison populations, the bureau reported in a quarterly update on prison populations. As of March 31, there were 407,179 men being held in

state and federal institutions, compared to only 18,499 women, the department's Bureau of Justice Statistics The totals mean there were 175 inmates in state or

federal prisons for every 100,000 Americans, the report the highest percentage increases. Most of the inmates - 394,141 - are serving time in state cellblocks. A total of 31,537 are in federal

institutions, the first time since 1977 that number has surpassed the 30,000 mark. Complicating problems with prison overcrowding, an three months of the year, the report said.

The number of inmates in state prisons increased an 22-to-1 in the nation's prisons, where a record 425.678 average of 3 percent in the first quarter of the year and reported.

The five largest prison systems are Texas, with 37.370 inmates; California, 36,122; the federal system, 31,537; New York, 28,919, and Florida, 26,604. Together those systems accounted for two of every five people imprisoned as of March 31.

The lowest prison populations - each under 1,000 -Dakota, South Dakota, Vermont and Wyoming.

The number of prisoners decreased in only six states during the period - Florida, Kentucky, Michigan, Mississippi, West Virginia and Wyoming. Alaska, with a 12.8 percent jump in prisoners, and Hawaii, with an 11 percent increase, led the pack with

additional 13,288 inmates were locked up in the first were reported in Montana. New Hampshire, North

Your Letters May Give You Away

By James V. Healion

MEW HAVEN, Conn. (UPI) - A stranger with an analytical mind might be able to tell quite a bit about you from your correspondence. In 1984 that stranger might program a computer to do it.

If such a program were developed, clues in your letters would suggest to a business, say, your social class. Intelligence level, assertiveness, breeding, as well as your sex and age. The clues would be in the style and structure of your letter. its phrasing, vocabulary and so on.

The business would thus be in a position to know what might please for displease you and tailor its approach accordingly.

If somebody, for example, referred to a car as a "machine" in a recomplaint to an automobile manufacturer, it would likely be an older person. The use of the word was favored into the 1930s.

Somebody else might threaten to "clean the dealer's clock," if the bidefect wasn't fixed. The computer would pick up the phrase and might assign it to an aggressive male

Specialists have been able to determine when expressions enter the language — authors like Stuart Berg Flexner have written books about it - so programming a such information isn't that difficult.

A Norwalk, Conn. market research firm says there is an artificial intelligence program being developed experimentally that can critique the writing style, syntax and construction of any document a company's managers generate. It says it is not that far removed from analyzing correspondence managers may receive from the outside.

The present purpose is to improve business communications by pinpointing errors of style in draft correspondence prepared by managers, according to International Resource Development Inc. of Norwalk. The system is programmed to comment on tired. outdated and stilted language, along with any that was impossibly long and obtuse.

Eventually, incoming material Diego."

could be scanned and a summary prepared with items of interest to particular managers highlighted and put into storage for retrieval

The IRD researchers expect computer to figure out age based on artificial intelligence to be an \$8 billion market in 10 years.

> In the meantime, the researchers say somebody could arrange such a program so the social origins and general character of the writer could be determined.

"Such a system will be able to detect small nuances of expression and relate them to the social background of the originator. We see the program evolving to the point at which a great deal will be able to be deduced about the writer of even a relatively short memo," says David Ledecky, an IRD researcher.

"The self-teaching ability of the artifical-intelligence system will enable the system to learn and recognize which style or pattern of writing originated in the Bronx. which in Harlem, and which in San 352.86

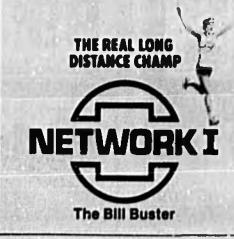
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Atlanta	Day	59	.36	1.43	1.09		1.09
New York	100	37	.15	89	.45	1.94	.45
Seattle	Doy	.74	.43	1.72	1.30	2.77	1.30
Houston	Day	62	.37	1.48	1.12	2.53	1.12
Los Angeles	Day	.74	.43	1.72	1.30	2.77	-
Gainesville	Day	51	.33	1.25	1.00	1.95	
Miami	Day	.60	.38	1.42	1.15	2.12	
Naples	MAND	.23	15	.54	.44	1.24	44
Orlando	Day	.27	.16	59	.49	1.20	.49
St. Pelersburg	Day	51	33	1.25	1.00	1.95	1.00
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Zimmerman, sgl., Un. 512:30 Royal Arms Cond., \$68,400. Thomas R. Risher to Chatchawan T. Limrotlert (marr.) & Narong Limrotlert, sgl., Par. 1: N\2 of NE\4 of SW\4 of NW\4 Sec 26-21-31, etal. 2 Complete Intr., Inc., to James A Madison & wf Antonia R., Lot 36 Amberwood Un. One, \$82,400.



The phrase "the fourth estate," referring to journalists, was first used by Sir Edmund Burke during a speech made to the British Parliament, as he considered the various powers that be in the British government, Cliff

Neison

Pishing And

Hunting Writer

Record-Breaking 37 Boats Compete In Osteen Bridge Bass Tournament

Bass Tournament was held under cloudy skies Sunday with a record-breaking 37 boats entering the competition. The 74 avid bass fishermen, representing four Central Florida counties, commenced gathering at in the vicinity of the camp. the fish camp as early as 5:15 a.m., and continued to check in for over an hour. Each boat was assigned a sequential number as the \$25 entry fee was paid.

35 years of age, sipped coffee and gossiped waiting for the start of the tournament. begin. Parking space for boats was at a premium, but somehow all 37 boats found a space at or near the docks.

Lightning flickered intermittently far to the west and north as the previous night's thunderstorms drifted slowly away, causing those outside to constantly check the light. broken clouds overhead.

Finally, at 6:26 a.m., Dell Abernethy, sponsor of the tournament, mounted the sun-deck overlooking the river and announced safe light and the start of the tournament. His fog horn voice, distinctly

The August edition of the Osteen Bridge heard a half mile distant, probably caused assa Tournament was held under cloudy residents of Sanford to mutter uneasily in their sleep. He announced the check-in time and close of the tournament as 2 p.m. sharp, and requested boats to maintain idle speed

The reason for Abernethy's loud voice became obvious in the ensuing bedlam as 37 outboards of varying sizes were started and the boats idled into the river. The skill After reporting in, the fishermen, most of and discipline of the boat operators was whom were young men and women under impressive as they slowly maneuvered in the congested area. As each contestant's sociably about balts, weather, and fishing, number was called, the boat idled past the dock with all wells open for inspection, after success was only a cast away. Many lounged in their boats, impatient to which they were free to commence the

> Abernethy explained later that this method of inspecting the boats and starting them one at a time kept a reasonable distance between each boat on the river, and was far safer than shotgun starts, where all boats are released simultaneously.

> As the final boat roared away, an astonishing quiet descended upon the area, broken occasionally by the arrival of non-tournament fishermen, and the normal early morning sounds of the neighborhood. Until afternoon, the tournament fish-

ermen would be scattered many miles up and down the river, each at his own secret "honey hole," where big fish lurked, and

By mid-morning a fresh breeze from the southwest created small waves on the open water, and made electric trolling motors work overtime keeping boats positioned for bait casting. The wind, increasing temperatures, and scattered thundershowers in the area caused some of the less successful Ashermen to quit the tournament, and by 1 p.m. five boats had checked out.

At 1:45 p.m. a dozen contestants were in sight of the fish camp, the anglers busily making one last cast, hoping that a miracle would let them hook the big fish of the day. Just before 2 p.m., boats were converging

but all were in by the time the close of the tournament was announced.

.As numbers were called, fish were brought up from each boat in water filled plastic bags for weighing, after which the live fish were let into a holding tank. There, the aerated and chemically treated water helped the wounded fish to recover prior to being released back into the river.

When the final tabulation was completed, 107 bass over 12 inches long had been checked in, with a total weight of 192 pounds. Only 27 of these fish were dead, for which contestants were fined two ounces per dead fish.

Tony Miller of Sanford won the Big Bass Trophy and \$25 prize money for his seven pound five and three-quarter ounce bass, but the high stakes for big bass was in a separate pool which Miller did not enter. This pool of \$290 was won by Rick Post of Sanford for his six pound four and three quarter ounce fish.

Overall First Place Winner was the team of Jon Better and Greg Day, which won \$303 for their 10 bass weighing 24 pounds seven ounces. Second Place was taken by Bob

on the camp from up and down the river. Stonenater and Mark Smith for their 8 bass with a total weight of 23 pounds seven and one-half ounces, and prize money bf \$227.25. The Third Place trophy and \$151.50 went to the team of Joe Deloron and Bob Cumble who weighed in 10 fish with a total weight of 20 pounds five and one-half ounces. Don Gordon and Earl Moore came in Fourth with eight fish weighing 15 pounds 14 ounces, but worth \$75.75 in prize money.

> Twenty one contestants did not weigh in because they caught no fish, or so few fish that they knew they had no chance of placing in the prize money. This means that 16 boats of the 37 entries caught the 107 fish that were checked in, an average of 6.7 fish per boat. Only nine of the live fish placed in the tank died, which is testimony to the excellent care and handling the fish received since being caught more than eight hours earlier.

> This entire tournament was marked by courtesy, safety, discipline, and good sportsmanship — a tribute to all personnel of the Osteen Bridge Fish Camp, and to the 74 fishermen who participated. A hearly "Well Done!" to each of them.



Above, West University Texas leftfielder Justin Mock has the "high five" ready for teammate Collin Bray as he steps on home plate with the go-ahead run of the game against Anderson, South Caorlina. Center fielder Chris Finley singled to right center to score both runs. At the right, Bray has a smile for his teammates after singling to lead off the fifth inning. He eventually scored what proved to be the winning run in West University's 4-3 victory. Charles Gasper is the not-so-happy first baseman.

Herald Photos by Sam Cook



Texas, Allgood Scratch Out 4-3 Victory Over S. Carolina

Herald Sports Writer

EUSTIS - The key to scoring runs is getting a lot of runners on base. Anderson, S.C., found the key here Tuesday but it did not unlock the door.

Anderson had 14 baserunners in its game against West University, Texas, but 11 of them were stranded as West University claimed a narrow 4-3 victory in the opening game of the Little League Junior All-Stars Southern Regional tournament.

West University will play host Eustis tonight at 5:30 while Anderson plays a loser's bracket game at 8 p.m. against the loser of this morning's game at 10 between Altamonte and Lake Charles, La.

"We left too many men on base (11)." Anderson coach Larry Tallent said. "We've got a long road to go now."

"Yeah," agreed Anderson assistant Terry Honeycutt. 'We might be going to Disney World on Thursday (if we

West University's Alex Algood tossed a four-hitter but had control problems, walking 10, in going the distance for the pitching victory. Kenny Adams, who had three of Roberts. the four hits off Allgood, took the loss for Anderson.

Anderson got on the board first with a run in the top of the first inning. Double Sims led off with a walk and went to second on Preston Jones' groundout. Adams followed with a RBI single to right center to give Anderson a 1-0 lead.

West University threatened in the bottom of the first as Collin Bray walked to lead off and Chris Finley followed with a single up the middle. Bray then stole third and, one out later, Finley stole second. The runners were stranded, though, as Adams struck out Charlie Gasper and got Kevin Jernigan to pop out to end

Anderson's offensive woes began in the top of the second. With two outs, Allgood walked Kory Roberts, Gordon Patterson and Sims to load the bases. Allgood got out of the inning though as he struck out Jones. leaving the bases loaded.

A three-run, two-out rally in the bottom of the second gave West University a 3-1 lead, and the Texas champs never lost the lead after that. David Cromack beat out an infield single and Justin Mock deposited a single into right field to put runners on first and third. Mock then stole second and Bray followed with a single to left center to chase home Cromack and tie the game at 1-1. Finley followed Bray with a two-run single to right center to break the tie.

After a scoreless third inning. Anderson pulled to within one, 3-2, with a run in the top of the fourth. John Clamp led off by tapping an easy out to Allgood. But Allgood threw wildly to first, allowing Clamp to go all the way to second. Scott Tallent then drew a walk and Roberts dropped down a sacrifice bunt to move the runners to second and third. Patterson followed with an RBI groudout to second to chase home Clamp. With two outs. Sims drew a walk and stole second to put runners on second and third. But, both runners were stranded as Adams grounded out to end the inning. By the end of the fourth. Anderson had left six runners on base.

Little League Baseball

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Sims, If	0	2	0	0	Bray, rf	2	2	2	-1
Jones, as	4	0	0	0	Finley, cf	2	0	2	2
Adams, p	4	0	3	2	Waite, ss	3	0	1	,0
Radford, cf	4	0	0	0	Gasper, 1b	2	0	1	1
Garrison, c	2	0	0	0	Jernigan, c	3	0	0	10
Clamp, 3b	3	1	0	0	Allgood, p	3	0	0	0
Tallent, 1b	3	0	0	0	Wade, 2b	3	0	0	0
Roberts, 2b	2	0	1	0	Cromack, 3b	3	1	1	0
Patterson, rf	2	0	0	1	Mock, If	3	1	1	0
McCurley, rf	0	0	0	0	Totals	24	4	8	4
Totals	24	9	4	3		DEFE			

Game-Winning RBI - Finley.

Anderson 100 101 0-3 W. University 030 010 x-4 E - Allgood, LOB - Anderson 11, W. University 5. SB, - Bray, Finley 3, Gasper, Mock, Sims, Adams 2. S -

After Anderson left two more runners on base in the fifth. West University regained a two-run lead with a run in the bottom of the frame. Bray led off with a single to left and Finley drew a walk. Mark Waite then ripped a single up the middle to load the bases and Charlie Gasper followed with a RBI single to right to give West University a 4-2 lead. With one out, and the bases still loaded, Allgood lifted a fly to center field that was deep enought to score a run. However, Finley left third base before the center fielder caught the ball. Anderson then appealed and Finley was called out, erasing a run for West University.

Anderson came back in the top of the sixth with a run to move to within one again, 4-3. Sims, who walked for the fourth straight time, scored on a RBI single off the bat of Adams.

Adams came back to set West University down in order in the bottom of the sixth, giving Anderson one last chance to tie or go ahead. Garrison drew a walk to lead off, but Clamp went down swinging on a nice Allgood curve. Tallent then grounded out to Allgood, but Garrison moved into scoring position with two outs. Roberts couldn't produce though as he grounded back to the mound to end the game.

"We feel like this was the biggest game for us," West University manager Lee Howell said. "If we can get to Thursday unbeaten, we'll be in really good shape.'

West University has four pitchers to decide from for the game against Eustis while Anderson will go with

Clamp against the Altamonte-Lake Charles, La. winner.

Tournament TidBits — Altamonte manager Frank Messina said he would go with either Greg Ebbert or Jeff Hagen on the mound against Lake Charles, La. A victory would send Altamote into a winner's bracket game Thursday night at 8 against the Eustis-West University winner. A loss would send Altamonte into the loser's bracket for a 8 p.m. game tonight against Anderson.

Burgess Earns All-Star Berth For Zone Meet

Chuck Burgess, a junior at Seminole High School, has been selected to the Florida All-Stars swimming team which will compete in the Southeast Zone Meet this weekend at Fort Pierce.

Burgess, 16, competed in the Florida State Junior Olympics for Winter Park's Blue Dolfins swim team and placed in eight events. He took a fourth in the 200 fly, a fifth in the 1500 freestyle, a fifth in the 200 freestyle and also helped the 200 freestyle relay team to a Junior Olympic record. He was joined by Winter Park's Craig Harris and Joe Auer along with Oviedo's Andy Gill.

The meet will begin Friday morning and continue through Sunday at Indian River Community College at Fort Pierce.



Chuck Burgess works on his backstroke in preparation for this

weekend's Southern Zone Meet.

Williams: Move Will Revive Passing

TULSA, Okla. (UPI) -Quarterback Doug Williams says his move from the Tampa Bay Buccaneers to the newly formed Oklahoma Outlaws of the U.S. Football League will give him a chance to revive his passing game.

Williams was on hand in Tulsa Tuesday when Outlaws owner Bill Tatham Jr. and general manager Sid Gillman announced the Bucs' starting quarterback had signed a five-year contract with the Tulsabased USFL team.

"I came out of college throwing a football," said Williams, a 28-year-old Grambling University product who joined the Buccaneers in 1978. He called Tampa a "more conservative" team that would "run

first and throw second. "Here I'll get the opportunity to throw a football," Williams said. "And we'll run every now and

then." Gillman, who said he looks

"He's everything you want in a quarterback," Gillman said. Tatham, who along with his father Bill Tatham Sr. signed

forward to adding Williams to the Outlaws' passing program, said the quarterback is "as good as he looks.

Pro Football

Williams during a dinner meeting Monday night, said the acquisition was another step toward the Outlaws' goal.

"Oklahoma deserves professional football," Tatham said. "We felt the support was out there as long as we put together an organization and a team that deserved the support.

"I think we've acquired the best quarterback in professional football," he said.

Williams, who spent five years at Tampa Bay, sald he as "no hard feelings" toward the team, although the Bucs met his request for \$875,000 a year with an offer of \$400,000.

Terms of his Outlaws contract were not disclosed but Williams said the USFL team owners beat Tampa Bay's offer. He also is said to have received a \$250,000 bonus for signing with the Outlaws.

Tampa Bay Coach John McKay said Tuesday he was not surprised Williams went to the USFL.

"Doug has made his decision and based on the conversations we've knows that," he said.

had with him it does not surprise me," McKay said. "We appreciate the five years of hard work he has given us and wish him health and happiness in the future."

In other training camp news: The prodigal son has returned home, while one of his siblings has gone astray.

Doug Williams is gone and the Bucs will suffer, See Sam Cook's column on

New England Patriots All-Pro guard John Hannah ended his brief retirement and said he'd be returning to the team this week with a new contract.

Hannah, who had quit footbail after feuding with coach Ron Meyer. said he'd report to the team's Smithfield, R.I., training site on Thursday. The 6-foot-3, 282-pound former Alabama star though is far from being in shape.

"Anybody who can see my fat gut

Williams Opts For Greener Tumbleweeds — Bucs Will Suffer

Doug Williams has taken his gunslingers' arm to the USFL's Oklahoma Outlaws which may be enough reason for the Tampa Bay defense to get out of Dodge.

If you fellas on the Bues' strongest asset thought you were overworked the past few years, just wait until you see the short rest periods you get with Jerry Golsteyn or Jack

Thompson at the controls. gears has been Doug Williams. When the Bucs refused to meet Doug's \$600,000 per year demand, Williams checked out some greener pastures. Oklahoma's tumbleweeds looked greener and Williams signed a multi-year deal with the Outlaws.

Tampa does not have a quality running back. They are getting by on a guy who can eatch (James Wilder) and several speedy (James Owens) and suspect midgets (Michael Morton and Melvin Carver). The receivers are decent. But the best of the group - tight end Jimmie Giles - is not in camp. Kevin House is excellent, but Gordon Jones, Theo Bell and Gerald Carter are just

So when you don't have a running attack and your only avenue of moving the ball is through the air, why do you not sign your most important offensive weapon?

Money? Maybe, but it's doubtful that Tampa owner Hugh Culverhouse has any shortage of cash. Tampa has been very successful since its inception. Is Williams worth \$600,000? Why not? When you take



The Tampa Bay offense for the last five into account the other salaries of quarterbacks in the league, Williams was grossly underpaid (\$125,000) and taken advantage of the past five years.

Williams is the player Buc fans come to see. He's exciting. He's also erratic. But he's getting better. He has improved every year. Last year, his touchdowns were down (nine). but his completion percentage was up to .53.4 - a figure many experts felt was unattainable after Doug lingered in the .40s most of his career. And he is only 28-years-old, still four years away from the prime of most quarterbacks.

Doug Williams was exciting. There was nothing to beat the drama of him bringing the Bucs down the field in the closing minutes to win a game. Or, when he used to crank up his powerful arm and hit House going fullspeed down the sideline or scramble free and hit Giles in the end zone.

was a leader and a spokesman. When the Bues suffered a tough loss and Billy Capece or Larry Swider went into hiding. Williams

and waiting for the barrage of newsmen. A team needs a player like that to take the brunt. LeeRoy Selmon does the same for the

And Williams played hurt - many times., Once, with a broken jaw. Golsteyn, as evidenced with his past teams, does not have the durability of a Williams. Thompson is an unknown commodity, who's biggest claim to fame is his nickname ("The Throwin' Samoan") and the fact he played behind someone good at Cincinnati (Ken Anderson). He's certainly not a Doug

Doug Williams, of course, is a black quarterback. This never set well with some people. It got to them that he could lead a team and be successful (two division championships in the past three years).

Well, those who didn't like Doug, for whatever reason, are happy now. Williams is gone and Golsteyn is the sentimental favorite to beat out Thompson for the top job. Golsteyn rallied the Bucs to 20 fourth-quarter points and a three-point win over New Orleans last Saturday. Thompson hit a lot of passes but didn't put any points on the board during his hall of action.

It's going to be a long year for the Bucs. I Williams also did the intangible things. He don't see how they can win more than five games without Doug Williams. Doug Williams was - and still is the Bucs' offense - even though he'll be the main gunslinger was always there - sitting in his cubicle for the Oklahoma Outlaws next summer.



Doug Williams hurries to unload a pass against the Washington Redskins.

IN BRIEF

Sanford Men's Softball League Organizes Aug. 29

The Sanford Men's Softball Association well hold its general meeting at 7 p.m. on Monday. Aug. 29, in the Youth Wing of the Sanford Civic Center. The purpose of the meeting is for league organization and election of league officers. It will be the responsibility of each coach or manager to notify each of their players. All questions should be directed to John Layne at 323-8220.

A men's softball tournament has been scheduled for Aug. 19 in Daytona Beach. The cost is \$90 per team and each team must supply two blue dot softballs. Deadline for entry is August 15. For more information contact Jeff Monson at 322-3161, ext. 261.

X-Country Begins Monday

The Lake Howell girls cross country team will begin practice at 4 p.m. Monday at Red Bug Lake Park, coach Tom Hammontree announced Tuesday. Hammontree said anyone one interested in running for this year's team should contact him at the school (678-5565) or be present Monday.

Lake Brantley cross country coach Jim Marshall has scheduled physicals for all girls sports performers for 6 p.m. on Monday in the high school gymnasium. Practice for the Lady Patriots will begin Monday at 8 a.m.

Saban At SYSA Clinic

With full rosters and prospects of a good season ahead, the Seminole Youth Sports Association will hold its annual preseason football coaches clinic Saturday, Aug. 13 at the Sundance Lounge at Altamonte Springs at 10:30 a.m.

Featured guest speakers include new University of Central Florida football coach Lou Saban and Don Trawick, veteran referee of the Central Florida Officials Association. A local orthopedic surgeon will also speak on proper conditioning for youth sports.

Practice begins for SYSA players on Aug. 22 with the 1983 SYSA Jamboree slated for Saturday, Sept. 17.

Any questions regarding the program should be directed to Lilla Stresen-Reuter at 869-7972.

Javelin's Best Meet Today

HELSINKI, Finland (UPI) - American world record-holder Tom Petranoff, Olympic champion Dainis Kula and his Soviet compatriot Helno Puuste were to meet today in the qualifying round of the men's javelin throw in the World Track and Field Championships.

Not many Finn fans were expected to watch today's steeplechase final very attentively since their love of middle-distance running is matched only by their craze for the javelin, an event in which they have set 24 world records and won 15 Olympic medals including five golds.

As in the middle-distance division, there are no Finns currently in the same class as former Olympic greats Pauli Nevala, Jorma Kinnunen and Hannu Sittonen, who won Finland's last Olympic medal when he secured the silver at

Montreal in 1976. In the absence of top Finn Penttl Sinersaari, who is out injured, the hosts were represented by Arto Harkonen, Jorma Markus, Esa Utriainen and Aimo Aho, all capable of world-class throws on their day.

Finland currently owns the women's world javelin record through Tima Lillak earlier this

Melbourne Jai-Alai Early

The 1983-84 Melbourne Jai Alai season gets off to an early start with the Monday night. August 22, opening. Fronton changes for this season include an adjustment in the operating schedule, several new players, a rotating scoreboard, the new "Quintela Double" wager and the new restaurant.

Melbourne Jai Aiai will also have an additional 13th game this season. The fronton will have seven weekly performances scheduled for 7 p.m., except Tuesday, and matinees at noon on Saturdays and Mondays. During November and December a Wednesday matinee will be added. As last year, senior citizens will be admitted free to all matinees and ladies will be admitted to the main auditorium every Monday night, beginning August 28.

Admission charges will remain the same for the 1983-84 season - General Admission \$1. Reserved Scat \$1.50, Box Lounge Scating \$2.50 and the Rebote Restaurant \$2.50.

ABC, AMERICA'S LARGEST WINE & SPIRIT MERCHANT HAS THE LOWER EVERYDAY PRICE



Wilson Takes Out Troubles On Brewers

United Press International

Willie Wilson proved Tuesday night he can outrun the baseball if not the headlines.

Before Wilson got to Royals Stadium, the American League's defending batting champion found himself named in published reports claiming he and other Kansas City players are targets of an ongoing FBI infestigation into the alleged sale and usage of cocaine In eastern Kansas.

The Royals fleet outfielder refused to comment on the newspaper reports and instead took his frustration out on the Milwaukee Brewers. Wilson knocked in two runs, scored twice and lashed four hits, including his 12th career inside the park homer, to help Bud Black to an

Pat Sheridan also knocked in two runs and Onix Concepcion scored twice to give Kansas City its sixth victory in its last eight games and boost Black's record to 6-4.

"I don't even want to talk about the ballgame," said Wilson, who went into the trainer's room twice after the game to avoid reporters.

"Willie getting on all the time is the catalyst," said Kansas City Manager Dick Howser. "Everytime I looked up, he was on base. The one time I looked up and he wasn't on the bases, he was circling them.'

Wilson led off the game with a double, took third on a fly and gave the Royals a 1-0 lead on a groundout by George Brett. Kansas City Jumped on Don Sutton, 7-9, for three more runs in the second. Willie Alkens led off with a single, took third on a double by Amos Otis and scored on a groundout by Frank White. Concepcion then singled home Otis, stole second and scored on Wilson's

Sheridan's bases-loaded single gave the Royals a 6-1 lead in the fourth and Kansas City scored twice more in the seventh on Wilson's homer, a double by Sheridan and a single by Hal McRae. Wilson blooped a fly that landed in front of left fielder Ben Oglivie and bounced over his head to the corner as Wilson circled the bases and scored standing up. Of Wilson's 15 career homers, 12 didn't leave the park.

"There are always distractions," said Howser of the FBI probe. "Deaths, your kids are sick ... it's always something. But regardless of what happens, you get here and you get it done."

Blue Jays 6, Yankees O

At New York, Dave Stieb fired a three-hitter for his first victory since July 10 and Cliff Johnson keyed a three-run first inning with his 19th homer as Toronto snapped a six-game losing streak. Stieb, 12-10, had lost six of his previous seven decisions after a 10-4 start, but was nearly flawless against a New York team that had scored 49 runs on 67 hits in its last five games. Indians 4, Orioles 3

At Baltimore, Ron Hassey capped a two-run sixth inning with a sacrifice fly to lift the Indians to their third straight triumph and hand the Orioles their fourth consecutive setback. Rookie Neal Heaton, 6-4, limited the Orioles to seven hits and struck out six to outduel Scott McGregor, 14-5.

White Sox 6, Tigers 5
At Detroit, Rudy Law walked on four straight pitches with the bases loaded and two out in the top of the eighth inning to cap Chicago's comeback from an early 4-0 deficit. It was the fourth victory in the last five games for the White Sox while Detroit lost for the sixth time in its last nine games.

Red Sox 6, Rangers 4 At Boston, Tony Armas hit his league-leading 24th homer and John Tudor, 10-7, pitched his sixth complete game. With Jim Rice on base and none out in the fifth, Armas hit a 2-1 pitch from loser Rick Honeycutt. 14-7, over the left-field screen to give the Red Sox a 6-0 lead.

Angels 8, Twins 2

At Anaheim, Calif., Brian Downing, Bobby Grich and Bob Boone each slammed two-run homers to spark the Angels. Rookie Rickie Steirer received credit for the win in just his second start and Bruce Kison pitched the last three innings for his second save. Rod Carew beat out an infield roller in the fifth inning for the 2,800th hit of his 17-year career. A's 7. Mariners 6

At Oakland, Calif., Dwayne Murphy's two-run homer in the seventh railled the A's for their fifth straight



Willie Wilson



Bob Watson

A.L./N.L. Baseball

triumph. Murphy's 1 ith homer of the year came off Bob Stoddard, 6-11, and followed a walk to Mike Heath. The victory went to Tom Underwood, 8-5, who pitched three innings. Dave Beard held the Mariners scoreless over the last 1 2-3 innings for his eighth save.

United Press International

Ron Cey had an RBI double in a three-run first inning. ਸਪਾਰਨ ਨਿਤੀ single ਜੋ a two run second Tuesday to carry the Chicago Cubs to a 5-3 victory over St. Louis for the Cardinals' eighth straight loss.

Chuck Rainey, 12-8, scattered seven hits in snapping the Cubs' three-game losing streak and giving Chicago its sixth straight victory over the Cardinals. He struck out five and walked two before being removed with one out in the ninth following a two-run homer by Willie McGee. Reliever Lee Smith struck out last two batters for his 18th save.

Ryne Sandberg led off the first with a single off Bob Forsch, 7-10, and went to second on Gary Woods' single. One out later, Cey doubled to left to score Sandberg with Woods coming home when left fielder Lonnie Smith mishandled the ball. Keith Moreland drew a two-out walk and Jody Davis singled in Cey.

In the second, Sandberg lined a one-out double and one out later scored on Bill Buckner's double to center. Cey followed with a single to center to bring in Buckner.

The Cardinals scored a run in the sixth when pirch hitter Steve Braun led off with a single to left and advanced to second on a single by Lonnie Smith. Ken Oberkfell forced Smith at second with Braun taking third. Rainey threw a wild pitch to score Braun.

The Cardinals, who matched their longest losing streak this season, added two runs in the ninth when George Hendrick led off with a double and one out later McGee homered to left.

At Montreal, Gary Carter and Tim Wallach knocked in two runs apiece and Charlie Lea went the distance for the fifth time this season to lead the Expos and snap the Mets' four-game winning streak. Lea, 9-8, allowed 11 hits, walked two and struck out seven.

At Atlanta, Bob Horner and Bob Watson hit back-to-back homers in the second inning and knuckleballer Phil Nickro, 8-6, allowed only four hits in seven innings to lead the Braves. Darrell Evans hit his 22nd homer of the year for the Glants. The victory increased the Braves lead over the Dodgers to 6 1/2

At Philadelphia, Dave Parker cracked a two-run homer with one out in the eighth inning to lift the Pirates. Al-Holland 6-1, lost a game in relief for the first time since Sept. 17, 1981 — a span covering 95 appearances. Kent

At Cincinnati, Paul Householder singled with one out in the bottom of the ninth to score Dave Concepcion from second base and lift the Reds. With one out, Concepcion doubled off reliever Steve Howe, 4-6, and Householder followed with a sharp single to left to make a winner of Mario Soto, 13-9.

At Houston. Tim Lollar and Sid Monge combined on a six-hitter and Tony Gwynn singled home the winning run to lead the Padres. Lollar, 5-10, pitched 6 2-3 innings, allowing two runs and five hits.

Tuesday's Sports Transactions By United Press International

Atlanta - Placed first baseman Chris Chambliss on the 15 day disabled list. Montreal - Recalled shortstop Angel Salazar from their Triple A Wichita affiliate and optioned reliever Dick Grapenthin to the same club.

Oakland - Placed pitchers Mike Norris and Bill Krueger on the 21 day disabled list and called up Mike Warren from their Tacoma farm club.

St. Louis — Placed second baseman Tom Herr on the disabled list.

Cleveland — Signed guard Elewart Granger of Villanova to a multi-year contract; signed guards Paul Thompson of Tulane and Derrick Hord of Kentucky and forward Dwight Jones of Cincinnati.

Metro Conference — Acting commission

or Jerry Lovelace resigned.

- Resigned nose tackle Fred

Smeries Denver (USFL) - Named Babe Parilli

STANDINGS

NATIONAL LEAGUE AMERICAN LEAGUE 57 \$1 578 -F 5 11 1 Pittsburgh C M 514 15 SI. Lauis 53 57 402 5 New York 45 67 402 14 West Atlanta Los Argeles 41 49 .555 444 56 54 .599 1112 San Diego 56 56 .500 1217 San Francisco 53 39 473 1519 Tuesday's Results Chicago S. St. Louis 3

Montreal 7, New York 3 Pittsburgh 3, Philadelphia 1 Cincinnell 5, Los Angeles 4 Atlania 7, San Francisco 2 San Diego 1, Houston 2 Wednesday's Games (All Times EDT) St. Louis (LaPoint 97) at Chicago

Trout 9 41, 2:20 p.m. San Francisco (Breining 6 9) at Atlanta (McMurtry 127), 5 40 p.m.

New York (Torrez &12) at Montreal (Gulfickson 10-16), 7:85 p.m. Pithburgh (DeLeon 2-1) at Philadelphia Carllon 10-111, 7:25 p.m. Los Angeles (Hooton 6-5) at Cincinnati

(Berenyi 5 11), 7:35 p.m. San Diegration Was 17 81 at Heartan (Knepper 4-III), 8:35 p.m. Thursday's Games

By United Press International

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British Columbia 32, Calgary 16 Friday's G a m e British Columbia at Edmonton, 9:30 p.m.

Saturday's Games Ottawa at Hamilton, 7 p.m.

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Boston & Texas 4 Cleveland 4, Baltimore 3 Chicago 6, Detroit 5 Toronte 6, New York 8 Kansas City 8. Milwaukee 2 California B. Minnesota 2 Oakland T. Seattle 6 Wednesday's Games

Toronto (Gott 69) at New York (Righetti 123), 2 p.m. Seattle (Young 8-11) at Oakland (Helmueller 1-1), 3:15 p.m. Texas (Smithson 7-18) at Eoston (Hurst

(Spilltorff 9-4), 8:35 p.m. Minnesota (Castillo 7-9) al California (Zahn 84), 10:30 p.m.

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Evening Herald, Sanford, Fl. Wednesday, Aug. 10, 1983-11A.

E-Clark, O'Matley Off-Son Francisco I. LOB-Son Francisco B. Atlanta 7. 28- Murphy. HR-Evans (22), Horner (19), Walson (4). SB-Venable (11),

HOUSTON

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Game winning RBI — Guynn (1).

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Tuesday's American Laugue Baxscores

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Balk-Honeycutt T-2.08, A-21,022

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BOSTON

By United Press International

San Francisco

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Calvert (L #3)

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16. Kansas City 3, 28—Wilson, Ont. 3880 Newman dh 3800 3800 Hoffman sa 3832 Gantner, Romers, Sheriden, Molitor, HI 23 6 18 6 -Wilson (2), SB-Cooper (2), Simm (4), Concepcion (5), SF-Romero.

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Dog Racing

At Super Seminole
Tuesday night results
First race — \$/16, B: 31.46
7 JW's Phylliss R 29.40 6.80
6 Amber Prince 5.20 27.40 6.80 480 5.20 3.40 Q (4-7) 25.20; T (3-4-7 box) 467.60 Second race - 5/16, A: 31.64 2 Spill Stock 4 Wood Weaver 15.20 7.00 4.60 6.00 6.00

8 DJ Big Shot Jake 2.80 Q (2-4) 158.40; T (2-4-8 Box) 732.00; DD (7-2) 115.00 Third race — 5/14, 5: 31,48 5 Sargent Bilko 4.00 3.40 8 Dash A Poco 5.60 4.00 3.40 3.00 5.60 3.80 3.00 Q (5-5) 12.80; T (5-8-4) 44.20 Fourth race — 5/14, S: 31.41 4 Tight Schedule 5.40 3.80 3.60 7 Gold Cost Ice 5.20 3.80

1 Julie Bug Q (4-7) 19.00; T (4-7-2) 197.20 Fifth race - 4. 8: 39.93 9.20 4.00 3.00 1 Kinight Singer 13.00 6 Fearless Freddy Q (1-5) 70.60; T (5-1-6) 294.00 13.00 4.60 Sixth race - 7/16, D: 45.76 Stitches 6.23 3.80 4.00 2 My Stitches 8 Berta Broadfoot 1 Dealer Danny 7.60 Q (2-8) 21.40; T (2-8-1) 303.80; Big

Seventh race — 5/16, 5: 31.35

3 More Tax Graham 3.60 2.60 2.40

Q (1-5 with 2-8) 502.40

5 Bantry Boy Q (3-6) 7.80; T (6-6-5) 22.00

Eighth race — 5/14, 5: 31.12 2 Rowdy Texan 3.90 2.60 4 Impressive One 7.80 7 Simple Mind 3.90 2.60 2.10 7.80 2.60 2.20 Q (2-4) 18.40; T (2-4-7) 38.40 Ninth race — 5/16, 5: 31.42 5 Rogster's Spur 3.40 4.20 12.60 11.60 3 Polo Nibroc Q (5-8) 42.40; T (3-5-8 box) 1126.40;

10th race - 5/16, 5: 31.32 8 My Unicorn 1 Rare Racer 3.00 2.10 2.10 2.10 2.10 6 Fixed Rate Q (1-8) 4.40; T (8-1-4) 11.60 11th race - 4. A: 39.94 5 Rainbow Love 13.60 5.40 5.20 8 Crime Pays 2.60 2.40 8 Crime Pays 1 Hasty Rebel Q (5-8) 24.20; T (5-8-1) 966.00 12th race — 5/16, C: 32.05 Heet 26.00 10.80 9.20

DD (2-5) 5.20

4.00 4.20 2 RD's Little Wren 8 Carolina Waco 5.60 Q (2-3) 52.40; T (3-2-8) 474.20; Super 8: 3-2-8-4-7-1-6-5, no winner for \$9,750 13th race - 7/14, C: 45.58 4 Groovy Hope 5.00 5.40 2.80 8 Missy Blitz 4.40 2.40 4.40 2.40 6 Dynamite Red

Q (4-8) 19,80; T (48-6) 239,60; Big Q (3-2 with 4-8) 640,40 A — 1,666; Handle \$166,968 Football

MFL Exhibition Standings American Conference W L T Pct. PF PA 2 0 0 1.000 54 30

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1 0 .000 1 0 .000 1 0 .000 0 0 1.000 13 0 0 1.000 27 Chicago Dallas LA Rams 0 0 1.000 Minnesota Philadelphia Tampa Bay NY Glants 0 0 1.000 0 0 1.000 Detroit Green Bay St. Louis San Francisco

L T Pct. PF PA

0 1 0 .000 10 13 0 2 0 .000 31 47 Friday's Games
(All Times EDT)
Cincinnati at Washington, 7:30 p.m.
Green Bay at Seattle, 7:30 p.m.
New York Giants at Pittsburgh, 8 p.m. Saturday's Games Cleveland at Buffalo, 6 p.m. Chicago at St. Louis, 7 p.m. Rutherford, N.J., 8 p.m. New Orleans at Miami, 8 p.m. ore at Minnesota. 8:30 p.m.

Detroit at Kansas City, 8:30 p.m.

Atlanta at Denver, 9 p.m.
Philadelphia at San Diego, 9 p.m.
Tampa Bay at Houston, 9 p.m.
Sunday's Game
New England at San Francisco, 4 p.m.
Monday, Aug. 15
Dalias at Los Angeles Rams
Thursday, Aug. 19
New York Jets at Cincinnati,
Friday, Aug. 19

Friday, Aug. 19 Mlami at Washington Minnesota at Seattle Saturday, Aug. 20 Itlanta at Tampa Bay Baltimore at New York Giants Buffalo at Detroit Chicago at Los Angeles Raiders Cleveland at Denver Houston at New Orleans New England at Los Angeles Rams Philadelphia at Green Bay

St. Louis at Kansas City San Francisco at San Diego CANADIAN FOOTBALL LEAGUE Eastern Division

W L T PF PA L T PF PA PIS 4 1 0 148 109 8 2 3 0 151 135 4 130 Montreal 98 149 Western Division 3 1 0 133 77 3 1 0 124 61 Brit. Columbia Winnipeg Calgary Saskatchewan 2 2 0 115 103

Saturday's Result Hamilton 31, Toronto 18 Sunday's Results

Toronto at Winnipeg. 9:30 p.m. Sunday's Game Calgary at Saskatchewan, 4:30 p.m. Soccer NORTH AMERICAN SOCCER LEAGUE Eastern W L GF GA SP Pts. 16 6 67 41 50 144 13 9 52 50 43 121 13 10 43 37 37 112 New York Chicago Toronto Montreal 43 48 40 100 40 43 33 95 43 61 36 78 Tuisa 9 14 25 39 19 67 Western 19 5 47 22 39 149 15 7 50 39 38 122 9 13 43 41 34 84 Vancouver Golden Bay Seattle San Diego 7 14 25 42 23 43
(Teams get six points for winning in regulation time or evertime but only four points for winning a game decided by shootout. A bonus point is awarded for each goal scored up to a maximum of three per game excluding evertimes and shootouts.) FREE SPINAL EXAMINATION . Frequent Headache Low Back or Him Dizziness or Loss of

7. Arm and Shoulder

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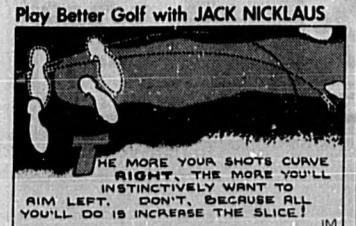


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Cooks Of The Week

Youth Deputies Partners In Culinary Arts Venture

By Lou Childers

Herald Correspondent David Whitacre and David Childers have a lot more in common than first names. They both live in Geneva. Both are seniors at Oviedo High School this year. They are very active in the Seminole County Sheriff's Department Youth Deputy program. And, they both love

Whitacre and Childers were lab partners in a specialized foods class last year in school. Climamon Rolls were the one specialty they made most often at school. Any time they had spare time, in Sheepishly, both young men admit their teacher finally forbid them to make any more elnnamon rolls toward the end of the year. "I guess she just had enough of seeing us make - and cat - those rolls." says one David.

The rolls begin with a basic yeast dough that raises in about 30 minutes, is punched down and rolled out to 14-Inch thickness. Childers says. "My contribution would always be making the dough while the other Daivd mixed the einnamon and sugar and melted the butter for the filling."

David Whitacre's next favorite food is chocolate mousse. The creamy frozen confection calls for one pint of heavy cream, whipped, which Whitacre says, "makes it almost sinfully rich.

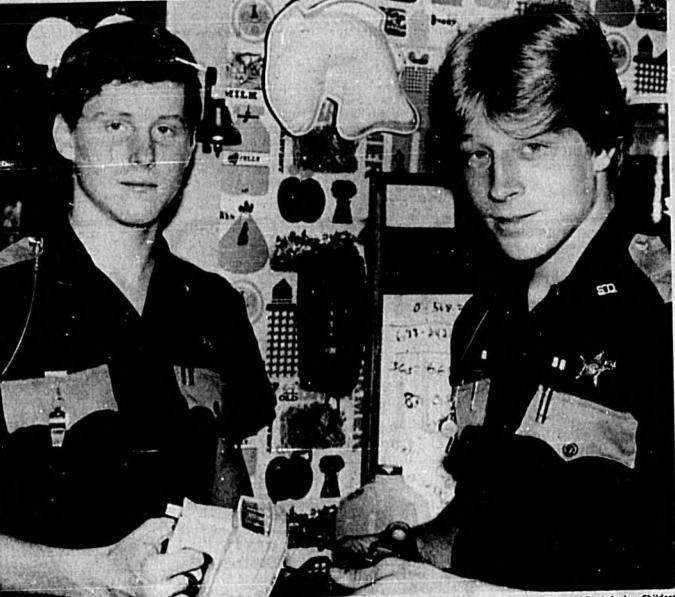
The two Davids say Chicken Spaghetti gets the grade of A-plus in the main course category. They're stuck on it. Says David Whitacre, "The other night I consumed three HUGE servings of chicken spaghetti - one after the other!" The chicken version is a pleasant change to the Italian-sauced spaghettl that is most usual.

For David Childers, cooking is nothing new for the men in his family. His grandfather before him loved to cook, and an uncle owned and operated a dalry isle restaurant in Ohio. One recipe from David's heritage, Bread Cakes, goes back to the days of his great, great grandmother. Much like pancakes, the bread cakes are a grand way to use up day-old bread. (David likes these so well he makes them even when he doesn't have day-old bread by using fresh bread instead.)

Whether it is the simplicity of Childers' bread cakes or the extravagance of Whitacre's chocolate mousse, you can be sure between the two of them, they lick the platter clean.

CHOCOLATE MOUSSE

Cook over low heat or in a double boiler stirring frequently: 1 cup milk. 2 oz. unsweetened chocolate, ¾ cup sugar and 1 teaspoon gelatin. Beat until smooth and well-blended. Chill until thick. Add I teaspoon vanilla. Beat until light. Fold in 1 pint heavy cream, whipped. Freeze in an ice cube tray with the rack removed: cover with waxed paper. If mousse is frozen harder than you like, remove and let stand a few minutes before serving.



Herald Photo by Lou Childers

"smelled pretty." Soon, 1

At the same time our

young daughter also de-

veloped an inflamation in

the genital area. Luckily

we put two and two

together and threw out all

the "pretty smelling"

toilet paper, and we've had

I suspect there are

hundreds, maybe

thousands, of readers who

will benefit from the

warning in your column.

Thank you. ALLERGIC

DEAR AWARE: Thanks

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for some valuable input.

BUT AWARE

2. Low Back or Hip Pain

7. Arm and Sho

no problems since.

David Whitacre, left, and David Childers like to cook

CHICKEN SPACHETTI

I large brotter-fryer, whole

3 to 4 quarts water

I pound spaghetti

I teaspoon salt

1 bay leaf I large onion, chopped 1 4-oz. Jar chopped pimiento 2 cans cream of mushroom soup 2 cans evaporated milk 2 sticks margarine

2 cups grated sharp cheese

Cook chicken in 3 to 4 quarts water adding 1 teaspoon

salt and the bay leaf and chopped onion. When poultry is tender, remove from water and allow to cool, then bone chicken. Remove bay leaf from stock. Bring stock

to boil and cook spaghettl 10 to 12 minutes. Stir in mushroom soup, evaporated milk, margarine and cheese, stirring until smooth. Cook a few minutes over low heat until bubbly. Add chicken chunks and pimiento. May be served immediately, or if you prefer. bake about 30 minutes at 350 degrees.

CINNAMON ROLLS 1 package yeast

1/2 cup warm water

14 cup sugar 4 cup shortening

1/2 teaspoon salt

% cup milk, scalded

3 to 31/2 cups all purpose flour

Scald milk; add sugar, shortening and salt. Cool to lukewarm. Crumble or sprinkle yeast into warm water in large mixing bowl, stirring to dissolve. Add cooled milk mixture and egg to yeast. Add one-third of the flour and beat until smooth. Add remaining flour gradually to make a soft dough that leaves the sides of the bowl. Place dough onto floured board and knead about 5 minutes, or until dough leaves no impression when pressed with fingers. Place dough into greased bowl and grease surface. Cover with plastic wrap and let raise about 30 minutes. Punch down and roll out on a floured surface to 14-inch thickness in the shape of large circle. Melt 1 stick margarine and pour over the surface of the dough. Combine 1 cup sugar 1 or 2 teaspoons cinnamon, ¼ cup raisins and ¼ cup chopped nuts. Sprinkle cinnamon/ sugar mixture evenly over margarine. At one edge of circle begin to tightly roll dough. Slice cliniamon rolls 1-inch thick and place on greased cookie sheet. Bake in 400 degree oven 12 to 15 minutes. With spatula remove rolls to wire cooling rack. Allow rolls to cool 15 to 20 minutes and spread with a thin

Glace: 3 or 4 drops almond flavoring, 1 cup confectioners sugar, 2 teaspoons milk. Mix sugar, milk and flavoring until smooth. If necessary, add a few drops of milk at a time to get glace to desired consistency.

BREADCAKES 8 to 10 pieces day-old bread

I cup milk, scalded 1 cup all purpose flour

I teaspoon baking powder

1/2 teaspoon salt

I teaspoon sugar ¼ teaspoon nutmeg

2 tablespoons bacon drippings (oil may be substituted)

in a large mixing bowl break bread into large pieces. Pour scalding milk over bread and let stand 5 minutes. Add remaining ingredients in order and mix well. Drop by tablespoons onto hot griddle and fry as for pancakes. Serve with butter and hot maple syrup.

Entries Wanted For Juried Quilt Show

Reception To Honor School Principal

A reception honoring 28, from 2-4 p.m., in the as other interested citi-

sponsored by the Central Florida Quilters Guild and Patchwork Cottage of Santord, will be held Sept. 10-17, at the Greater Sanford Chamber of Commerce, 400 E. First St., Sanford, from 10 a.m. to 4 p.m.

According to Tracey Thankey. quilts may be exhibited free for non-judging. A \$5 fee is charged for the juried show including the following categories: Best of Show, Hand Pieced and Quilted, Machine Pieced and Hand Quilted, Applique, Quilted items (pillows, wall hangings, clothing, etc.) and Color-Design

For information on registration and

cipal of Red Bug Elemen-

James W. Neville, prin- school's Media Center.

tary School, 1972-83, will Students, parents, staff.

be held on Sunday, Aug. past and present, as well

The Second Annual Quilt Show, class fees, call the Patchwork Cottage, 305-321-6821.

Jack Horner, president of the Greater Sanford Chamber of Commerce, will select the winner of a quilt, made by guild members, to be given away in a drawing, according to Ms. Thanky.

During the show's opening day, the movie, Quilts in Women's Lives, will be shown. Deanna Powell, National Quilting Association certified instructor, will present lectures, classes and workshops throughout the week.

Also, J. Carcara and B. Eriksen, authors of "Joyful Heart Creations." will conduct a candlewicking workshop.

zens, are invited.

Elementary School.

Grads

Stetson

Neville has been reap-

Land, held commence.

pointed to Spring Lake

AIDS Not 'Caught' Through Casual Contact brand of toflet paper that

DEAR ABBY: I live in Miami, and I'm worried sick about this new AIDS epidemic that is being spread by gays and Haltians. My hairdresser is a homosexual. Could I catch AIDS from him? I'm not saying he has it, but could he be a carrier without

knowing it? My landlady told me that her daughter is a nurse, and she has refused nursing duty with AIDS patients because AIDS is

so contagious. Please tell me and the rest of your readers how we can protect ourselves against this terrible disease. I understand there is

no cure for It. MRS. F.N.M. IN MIAMI, FLA. DEAR MRS. F.N.M.: All

available medical evidence indicates that AIDS is transmitted sexually, or through the exchange of "bodily liquids" - blood or semen. There is no danger of "catching" AIDS tians.

There is no evidence that AIDS is caught from "carriers." Cases of AIDS have been reported among heterosexuals, women and Receiving degrees were almost all cases, the Donald I. Lewis, Sanford, victims either had in-Infants. However, in with, or were the offspring W. Carpenter. Longwood. of, AIDS patients.

> date there is no known about it. cure for AIDS. The above information

And it is true that to

has been confirmed by The Centers for Disease Control in Atlanta, Ga.



DEAR ABBY: For years you have used a term in your column that has bothered me.

Re the widow who found a key to a "safety-deposit box:" "Safety" is a noun. "Safe" is an adjective.

Nouns do not modify nouns. Adjectives do. Therefore, there are no "safety-deposit boxes." only "safe-deposit boxes."

AN OLD RETIRED SPINAL EXAMINATION BANKER IN DALLAS

DEAR BANKER: Far be it from me to argue with an old retired banker in Dallas, but give me a break. Mr. Webster's Ninth New Collegiate Dictionary says: "safe-deposit box: a box (as in the vault of a through casual contact bank) for safe storage of with homosexuals or Hai- valuables - called also safety-deposit box."

DEAR ABBY: A dear friend of mine committed adultery. Her husband suspected, but said nothing. Then a "Good Samaritan" filled him in on all the facts. Now the timate sexual relations husband feels compelled to divorce his wife for the sake of his pride because his whole family knows

> If you were counseling them, what would your advice be? They have been happily married for 12

HURTING FOR MY FRIEND DEAR HURTING: He

should forgive and forget. And she should avoid further temptation. In my book, the biggest villain in the piece is the "friend" who filled the husband in.

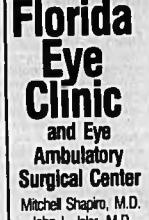
DEAR ABBY: This concerns the lady who was diagnosed as having herpes, then later learned that she did not have herpes - she was allergic to the colored, scented toilet paper she had been using for years!

I am a 53-year-old male. Twelve years ago my wife brought home a new

Getting married? plus a long, self-addressed,

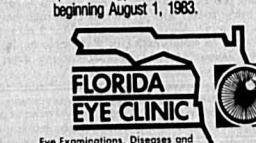
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Fresh Vegetables

Take Advantage Of In-Season Produce To Plan Meals

Roadside produce stands and home gardens are full of fresh vegetables just ripe for the picking.

Take advantage of this in-season, inexpensive produce in your favorite dishes...perhaps one like Ratatouille Casserole. This recipe calls for a combination of much of the best the season has to offer - eggplant, tomatoes, zuechini and complements them with that year-round favorite, wheat germ.

This dish not only aims for a variety of colors and flavors but for good nutrition as well. Kretschmer Wheat Germ is one of the most convenient ways to add vitamins and minerals naturally - for goodness sake. It can be used as a baking ingredient, garnish or add-on to cereal, fruit or yogurt. Vacuum-packed regular wheat germ has the added benefit of being fresh from the far and has a wonderful nutty flavor because it's toasted.

Wheat Germ Ratatoutlle Casserole is a perfect opportunity to fall in love with wheat germ for the first time, or for long-time fans to utilize its crunchy appeal in yet another novel way.

The other recipes for vegetables are a potpourri of good things to eat during the summer months.

WHEAT GERM RATATOUILLE CASSEROLE

4 slices bacon, diced

1/2 medium eggplant, cut into 1/2 inch cubes

I medium onion, cut into wedges 1 medium zuechini, sliced

35 cup regular wheat germ

2 cups (8 oz.) Monterey Jack cheese, grated

2 medium tomatoes, sliced

1 can (8 oz.) tomato sauce

¼ cup water 1/2 to 1 teaspoon crushed oregano leaves

1/2 teaspoon crushed marjoram leaves 14 teaspoon crushed rosemary leaves

¼ teaspoon salt

Fry bacon in large skillet until almost crisp. Add eggplant, onion and zucchini. Saute until eggplant is tender, about ten minutes. Place half the vegetables in four individual casseroles (one and a half to two-cup size). Spoon wheat germ on vegetables. Sprinkle with half the cheese. Top with tomatoes and remaining vegetables. Combine tomato sauce, water and seasonings. Pour over vegetables. Sprinkle with remaining cheese. Bake uncovered at 375° for 20 minutes until hot. Serves four.

For more recipes, order the new 64-page Kretschmer Wheat Germ recipe book. Send \$1.25 [check or money order) to: "Something for Everyone," P.O. Box 302-A. Milwaukee, WI 53201.

MICROWAVED CORN ON THE COB

Remove shucks and silk from corn. Butter corn lightly; wrap in heavy-duty plastic wrap or waxed paper. Microwave on HIGH according to the following times: 1 ear, 2 to 3 minutes; 2 ears, 4 to 5 minutes; 3 ears, 6 to 7

minutes: 4 cars, 8 to 9 minutes. STIR-FRIED SQUASH MEDLEY

3 tablespoons peanut oil 34 pound zuechini, sliced

34 pound yellow squash, sliced

1/2 cup chopped onion

I clove garlic, crushed 1 cup diced tomatoes

1 tablespoon Worcestershire sauce

2 tablespoons tomatoe paste 11/2 teaspoons salt

Pour oil around top of preheated wok, coating sides: allow to heat at medium high (325 deg.) for 2 minutes. Add squash, onion, and garlic; stir-fry 2 minutes. Add remaining ingredients; simmer 8 to 10 minutes or until vegetables are crisp-lender, stirring occasionally. Yield: about 6 servings.

ASPARAGUS IN LEMON BUTTER

I pound young asparagus ¼ cup water

3 tablespoons butter or margarine 34 teaspoon lemon juice

Wash asparagus; snap off tough ends. Remove scales with knife or vegetable peeler. Arrange whole spears in an 8-inch square dish with largest spears to outside of dish. Add water, and cover with heavy-duty plastic wrap Microwave at HIGH for 5 to 7 minutes. Let stand. covered, while preparing lemon butter.

Place butter in a 1-cup glass measure. Melt at HIGH for 30 to 45 seconds. Stir in lemon Juice. Drain excess liquid from asparagus, if desired. Drizzle lemon butter

over asparagus. Yield: 4 servings. BACON-TOPPED GREEN BEANS

I pound fresh green beans 3 slices bacon, coarsely chopped

1/2 cup chopped onion

14 cup water

·1/4 teaspoon salt

Remove strings from beans; cut beans into 1- to 11/2-inch pieces. Set aside.

Sprinkle bacon into a 2-quart casserole; cover with paper toweling. Microwave at HIGH for 2 minutes; stir. Microwave an additional 1 to 2 minutes or until done. Remove bacon and set aside, reserving drippings in casserole.

Add beans, onion, and water to drippings; stir well. Cover with heavy-duty plastic wrap. Microwave at HIGH for 5 minutes: stir well. Cover and microwave at HIGH for 9 to 12 minutes or until beans are the desired tenderness. Stir in salt, and sprinkle with cooked bacon. Yield: about 4 servings.

CARROT-LIMA-SQUASH MEDLEY

1/2 cup sugar

1 tablespoon plus I teaspoon cornstarch 2 teaspoons salt

¼ teaspoon dillweed

11/2 cups orange juice

1 pound carrots, peeled and diagonally sliced (about 3

2 cups fresh lima beans

1 medium zuechtni, sliced

1 medium yellow squash, sliced

Combine sugar, cornstarch, salt, and dillweed in a small saucepan: mix well. Stir in orange juice. Cook over medium heat, stirring constantly, until thickened and bubbly. Reduce heat to low to keep sauce warm.

Steam carrots 10 minutes; add limas and squash. Steam 10 to 15 minutes or until tender. Serve sauce over vegetables. Yield: 10 to 12 servings.

OVEN-FRIED GREEN TOMATOES

√a cup cornmeal

1/2 reaspoon salt 14 teaspoon pepper

1 tablespoon water

3 medium-size green tomatoes, cut into ¼-inch slices

Vegetable cooking spray

Combine cornmeal, salt, and pepper; set aside. Combine egg and water; beat well. Dip tomatoes in egg mixture: dredge in commeal mixture. Lightly coat a 15by 10- by 1-inch baking pan with cooking spray. Place tomatoes in a single layer in pan. Bake at 450 deg. for 30 to 40 minutes or until golden brown, turning once, Yield: 6 servings (about 64 calories per serving).

Note: Yellow squash may be substituted for tomatoes. **SOUTHERN STYLE COLLARDS**

About % pound ham hocks

I bunch (about 5 pounds) collard greens

1 to 132 teaspoons salt

Wash ham hocks, and place in a Dutch oven. Add water, and bring to a boil. Reduce heat; simmer, uncovered, 30 to 45 minutes or until meat is tender. Remove ham hocks and discard, or reserve any meat for use in other recipes. Strain the broth, and chill until fat rises to the surface and hardens. Remove the fat and

Check leaves of collards carefully; remove pulpy stems and discolored spots on leaves. Wash leaves thoroughly: drain well and chop. Place collards, broth, and salt in a large Dutch oven; bring to a boil. Reduce heat; cover and simmer about 30 to 45 minutes or until collards are tender. Yield: 10 servings (about 60 calories per 1-cup

DILLED GREEN BEANS

I pound green beans 1 cup water

14 cup chopped green pepper 2 tablespoons chopped onton

1 beef-flavored bouillon cube 14 to 14 teaspoon dillseeds

Remove strings from beans; wash and cut into 1 1/2-inch pieces.

Combine beans and and remaining ingredients in a saucepan. Bring to a boil; cover and cook over medium heat 10 to 12 minutes or until tender. Yield: about 4

CARROTS IN ORANGE SAUCE

35 cup unsweetened orange juice

1/2 teaspoon cornstarch 3 cups (1 pound) diagonally sliced carrots

servings (about 36 calories per 34-cup serving).

14 teaspoon ground cliniamon

Combine orange Juice and cornstarch in a medium saucepan. Add carrots and cliniamon; cover and cook over low heat 15 to 20 minutes or until carrots are done. Yield: 4 servings (about 61 calories per ¾-cup serving).



For goodness sake, add wheat germ to vegetable casserole.

CREOLE EGGPLANT

I medium eggplant, pecled and cubed 1 medium-size green pepper, chopped

1 medium onion, chopped

2 cloves garlie, minced 1 (8-ounce) can tomato sauce

1/2 tenspoon dillweed

¼ teaspoon dried whole rosemary, crushed

¼ teaspoon dried whole thyme

Combine all ingredients in a skillet. Cover and cook over low heat 15 to 20 minutes or until tender, stirring occasionally. Yield: 6 servings (about 38 calories per 3/s-cup serving).

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Microwave Magic

Cream Soups Fill The Bill, Beat The Heat

Soup and sandwich or soup and salad is another way of "beating the heat" by preparing lunch or supper quickly. The long cooking time usually needed for preparation of a soup can be shortened to 20-30 minutes or much less (5-10) minutes for a

The lowest power setting (30%) simmer will microwave the food slowly. This is achieved by the magatron turning on and off on a 30 second cycle.

If your microwave does not have a 30% power setting, a 50% setting can be used. On older models which have only two settings (High and Low), the low would be the setting to use.

Two cream soups which can be prepared in the microwave are Cream of Mushroom and Cream of Spinach, Either, when accompanied by a sandwich or salar that contains a protein food, will help meet daily nutritional requirements.

CREAM OF MUSHROOM SOUP

1 small onion, chopped fine ¼ cup butter 1/2 cup flour 8 oz. mushrooms, chopped fine 1/2 cup cream

I quart chicken broth

Midge Mycoff

Home Economist Seminole Community College



i teaspoon salt 1/2 teaspoon white pepper dash of nutmeg

Microwave butter and onion on 100% power for 2 minutes. Add the flour and microwave at 100% power for 1 minute. Add the mushrooms and chicken stock. Microwave at 100% power for 5 minutes. Add the spices, reduce power to 30% (simmer) and microwave for 5 minutes. Just before serving, add cream and finely chopped parsley.

Other vegetables make an excellent base for creamed soups. Cream of Broccoli is found on the menu of many gourmet restaurants. Cream of Spinach Soup is a good way to use left over spinach, fresh or frozen. It is a cool weather green

and is expensive if purchased fresh now, but the frozen offers a good product.

CREAM OF SPINACH SOUP 1 lb. of fresh spinach, or 1 10 oz. package of frozen spinach

I clove of garlie

1 small onion, or 2 green onions

2 tablespoons butter

3 tablespoons flour

2 cups milk I cup heavy cream

1/2 teaspoon salt 14 teaspoon white pepper

1/4 teaspoon nutmeg Chop fresh spinach, add 2 tablespoons water. cover, and microwave at 100% power for 3 minutes. Chop onion and garlic. Microwave with butter at 100% power for 1 minute. Stir flour into butter, garlie and onion mixture, add milk and cream. Microwave using 50% power for 10-15 minutes. Stir frequently as the sauce thickens. Add the chopped spinach and spices. Microwave at 100% power for 2 minutes.

A dash of cayenne may be added. Both of these cream soups are bland and cayenne or a similar spice helps to liven the flavor.

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	L. All Market Street		
	Dairl-Fresh Sour Cream	16-oz.	894
ă	Fleischmann's Reg. Quarte Corn Oil	ers	
	Margarine	1-lb. cin.	79
	Yogurt	g-oz.	39
	Kraft Individually-Wrapped American, Pimento, White / or Swiss		
	Cheese Food Kraft Chunk Style Sharp or New York Extra Sharp	12-oz. pkg.	\$163
	Cheddar Cheese Wisconsin Cheese Bar Che Monterey Jack, Medium Ch	ese	
	Monterey Jack, Medium Ch	RDDA	,

Mozzarella..... 8-02. \$129

Mild Cheddar Horn or

SUNNYLAND REGULAR OR THICK

Sliced Bacon

1-lb. pkg.

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7 . . Green Giant Whole Kernel Golden Niblets Corn 3 7-02. \$1 Green Glant Cream Style Golden Corn..... 3 54-oz. \$1 Green Glant Sweet Peas 3 84-oz. \$1 **Green Giant Kitchen Sliced** Green Beans 3 84-02. \$1

Flavor Crystals Wyler's Lemonade 24-02. 8 189 Lemon Lime, Lemonade, Orange, Punch or Iced Tea Drink Mix Crystal Light *quarts 259

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Totino "Extra" Combination
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Potatoes..... 245 99* Candy Candy

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ORANGE, LAKE, SEMINOLE

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Piping hot bread, a delicious accompaniment to any meal, is so easy to prepare.

Ripe Olives Stud Tear-**Apart Bread**

This bread is so easy to make and so tasty it will soon become a regular item on your menu. Ideal for a quick and delicious accompaniment for spaghtti or pasta, Chunky Cheese 'n Olive Bread is perfect for today's busy

Use the frozen bread dough of your choice. Dip small pieces in butter and cheese; layer with ripe olives in a pie plate; let rise in a warm place, bake - and there you have it! Serve piping hot for best flavor and aroma.

CHUNKY CHEESE 'N OLIVE BREAD

1 1-pound loaf frozen bread dough 15 cup melted butter 35 cup grated Parmesan cheese

11/2 cups pitted ripe olives, cut in halves. Thaw frozen bread dough in refrigerator overnight. Pinch off pieces of dough about the size of an olive. Dip first into melted butter, then into grated Parmesan cheese. In an 8-inch pie plate, place alternate layers of dough balls with layers of halved ripe olives. Continue until all ingredients are used. Let rise in warm place until double in bulk. Bake in preheated 375° oven for 35-40 minutes.

Suggestion: Excellent served with spaghetti.

Vitamin C Has **Various Sources**

By Gaynor Maddox Special To The Herald

Many benefits are attributed to vitamin C. Today renewed emphasis has been placed on its importance. It is found largely in fruits and vegetables. Generally speaking oranges are considered the prime source, along with other citrus fruits including grapefruit, tangerines, lemons and limes.

There are, however, people who cannot tolerate citrus fruit. For them, there are several other answers. These may approximate but never quite equal the vitamin C a person gets from citrus sources such as oranges.

Consider another source of vitamin C - strawberries. They are now sprouting out all over the country, particularly in California.

I began my love of strawberries at a Protestant church outing in a small town near Lake Erie, under the leafy

elms. The ladies' auxiliary gave a strawberry supper.

There, for the first time, I met strawberry shortcake, the real strawberry shortcake, the all-American strawberry shortcake! It consisted of a baking powder biscuit made somewhat short by the addition of a little bit more butter than normal. The warm biscult was split and gently buttered then mashed fresh strawberries were poured over the bottom half. The biscuit was then closed and more strawberries poured over the top. With this, as the ladies of the auxiliary demonstrated, was served heavy cream from an old-fashioned white pitcher. From that moment on I campaigned vigorously against what many people think is strawberry shortcake - plain cake, often stale, with a layer of strawberries on top and some non-dairy whipped cream.

Green peppers also carry a heavy charge of vitamin C. They, too, are plentiful now and offer many ways of

Parsley is another source of vitamin C. Unfortunately many people think of it as only a decoration. Chopped fine, it can be sprinkled over many dishes. To keep it fresh put in glass jar after washing and shaking dry.

An idea for breakfast: strawberries served with cream, milk or plain along with a parsley omelet, dry toast and



Sliced Peaches ... 2 16-02. \$1 Welch's Grape Juice...... 40-02. \$ 159 Welch's Grape Jam or Jelly 2-15. \$139 24-ct. Newborn, 18-ct. Daytime, 14-ct. Overnight or 12-ct. Toddler Huggies Diapers .. 945. 8308 Dill, Hot Dog or Sweet Vissic Relish 10-01 590 Libby Corned Beef 1202 \$129 Armour Vienna Sausage..... 2 5-01. 89*

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Kitchen Bags 20et \$180

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Hefty Tall



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Plus Tax & Depsoit, In 16-oz. Bots.

In 12-oz. Cans

Heft

Reg. or Sugar Free R C 100, Diet Rite or Reg.

R C Cola......sight \$125

Busch Beer \$189

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Tomato Ketchup

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With This Coupon I KRAFT REAL Mayonnaise 32-oz. jar (Limit 1 Per Family Please, With Other Purchases of \$7.50 or More, Excluding All Tobacco Items) (Effective Aug. 11-17, 1983)



Calendar

WEDNESDAY, AUGUST 10

Altamonte Springs AA , 8 p.m., closed, Altamonte Springs Community Church, State Road 436 and Hermit's Trail. Alanon meets same time and place. Casselberry AA, 8 p.m., closed, Ascension Lutheran,

Asencion Drive, Casselberry. Born to Win AA, 8 p.m., open discussion, 1201 W.

First St., Sanford. Sanford AA. 8 p.m., open speaker, 1201 W. First St.

THURSDAY, AUGUST 11 Razz-a-ma-Jazz 2 1/2-hour show on history of Jazz, 8

p.m., Annie Russell Theatre, Rollins College, Winter Park. Presented by Florida Stages Network through

Seminole Democratic Executive Committee, 7:30 p.m... Seminole County Agri-Center.

SISTER, noon, Greater Sanford Chamber of Commerce, Sanford lakefront.

Seminola Rebekah Lodge 43, 8 p.m., Odd Fellows Hall, 10071/2 Magnolia Avc., Sanford.

Greater Seminole Toastmistress Club, 7:30 p.m., Greater Seminole Chamber of Commerce. Maitland Avenue, Altamonte Springs.

Pankhurst luncheon, noon, "The Cookery," Seminole Community College. Speaker on weight control. Robert

Overeaters Anonymous, open, 7:30 p.m. Community United Methodist Church, Highway 17-92, Casselberry. Sanford Alanon, 8 p.m., The Crossroads, Lake Minnie

Road off Highway 17-92, Sanford. Oviedo AA, 8 p.m., closed, First United Methodist Church, Oviedo.

"Update" series of six free sessions for diabetics and families, 2:30-4 p.m., Central Florida Regional Hospital. Through Sept. 15. To preregister call Nursing Education at 321-4500, extension 607.

SATURDAY, AUGUST 13 Sunford AA, open discussion, 8 p.m., 120! W. First St. Sanford Women's AA, 2 p.m., closed, 1201 W. First

Parents Without Partners Fun Razor Gala, 8-9 ice cream sundaes; 9-1, Sock Hop to live band, Chapter Houose, 3364 Edgewater Drive, Orlando.

SUNDAY, AUGUST 14 Sanford Big Book AA, 7 p.m., open discussion. Seminole AA, halfway house on Highway 17-92 off Lake Minnie Road, Sanford, 8 p.m.

Narcotics Anonymous, 7 p.m., 1201 W. First St.,

Action for Former Military Wives annual picnic, for information call 628-2801. Open to all former military wives and those in the process of becoming former military wives. MONDAY, AUGUST 15

Free dating service for mature adults, 1 p.m., Deltona Public Library.

Alanon Step and Study, 8 p.m., Senior Citizen Center, N. Lake Triplet Drive, Casselberry.

Fellowship AA Group, 8 p.m., closed, Senior Citizens Center, N. Triplet Drive, Casselberry. Sanford Al-Anon, 8 p.m. First United Methodist Church, Park Avenue and Fifth Street.

TUESDAY, AUGUST 16 Optimist Club of Sanford, 11:45 a.m., Western Sizzlin Steak, Highway 17-92.

Casselberry Rotary, 7 a.m. Casselberry Senior Center, Secret Lake Park, North Triplet Drive.

Sanford Lions Club, noon, Holiday Inn on lakefront. Sanford Toastmasters, 7 a.m., Skyport Restaurant, Sanford Airport.

Historic Longwood Rotary Club, 7:30 a.m., Longwood Hotel, County Road 426.

Winter Springs Sertoma, 7:30 a.m., Big Cypress. Sanford Toastmaster, 7:15 a.m., Sanford A Restaurant.

Rotary Club of Longwood, 7:30 a.m., Cassldy's Restaurant, SR 434. Sanford Rotary Club, noon, Sanford Civic Center,

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TONIGHT'S TV

WEDNESDAY

EVENING

(1) (3) (3) (7) (2) NEWS (1) (35) CHARLIE'S ANGELS (2) (10) MOVIE "The Cowboy And The Senorita" (1944) Roy Rogers, (1) Supplemental (1944) Roy Rogers, (1) Supplemental (1944) Roy Rogers, 6:00 Dale Evans. When a Westerner sets out to locate a missing girl, he finds romance with her attractive cousin.

(3) (8) GET SMART

6:30 (4) NBC NEWS (5) (5) CBS NEWS (7) (2) ABC NEWS (8) ODD COUPLE

(8) HOUSE CALLS

7:00
THE MUPPETS
P.M. MAGAZINE A diet plan where you snack everyday and still lose weight; a construction worker who is a talented opera singer. who is a talented opera singer.

D D JOKER'S WILD 1) (35) THE JEFFERSONS (10) MACNEIL / LEHRER REPORT

(1) ENTERTAINMENT TONIGHT Members of the musical group Manhattan Transfer talk about their

3) TIC TAC DOUGH (7) FAMILY FEUD (1) (35) BARNEY MILLER (10) WILD AMERICA "Time Of The Grizzly" Marty Stouffer explores the life, history, and habitat of the grizzly bear. (R)

(B) (8) ONE DAY AT A TIME

8:00

② ② REAL PEOPLE Featured: a gathering of "Nessle hunters" at Loch Ness, Scotland; a New York City love witch; a horse auction; a man who converted his home into a Western fantasy land. (R)

(\$) ARCHIE BUNKER'S PLACE Archie decides to invest in Jose's "garbage paintings" when they suddenly start to attract a large fol-

(7) THE FALL GUY Cott and an assassin both pursue a former tele-vision star (J.D. Cannon) who jumped bail and stole a large amount of money. (R)
(I) (35) MOVIE "Newman's Law"
(1974) George Peppard, Roger
Robinson. An honest cop wages a
battle with the syndicute after he is framed in a narcotics bust.
(2) (10) POINT OF NO RETURN
(3) (8) MOVIE

(5) GLORIA Gloria undergoes hypnosis in an attempt to remem-ber the identity of the criminal who robbed the clinic at gunpoint. (R) (D) THE FIRST STEP

8:35 (12) MOVIE "The Great American Traffic Jam" (1980) John Beck, Shelley Fabares. The Los Angeles freeway system is paralyzed by a series of freak accidents occurring at the same time in different loca-

THE FACTS OF LIFE A much-anticipated visit from a tamous French chel (Roger Til) has an unexpected outcome. (R) (3) (3) LIFESTYLES OF THE RICH AND FAMOUS "Entertal Tonight" reporter Robin Leach interviews stars on location all over the world to get a look at the lifestyles of the rich and famous; featuring Liberace, Roger Moore, Loretta Lynn, Linda Evans, Rod Stewart and Princess Caroline.

THE HAMPTONS Peter

finds himself immersed in a slew of steadily mounting problems, which leads his wife Lee to seek solace in the arms of Nick Atwater.

E) (10) ANDRE WATTS WITH THE INDIANAPOLIS SYMPHONY ORCHESTRA Andre Watts performs Beethoven's "Piano Concerto No. 5" ("The Emperor") with the Indianapolis Symphony Orchestra under the direction of John Nelson.

9:30 BUFFALO BILL BIII becomes strongly attracted to a flute-playing friend (Rebecca Street) of his daughter and tries to book her on his TV show.

10:00

THE FAMILY TREE Annie overprotects her young, deaf son Toby after a burglar breaks into their house while he is there alone.

with Fallon, and Adam tries to trick Kirby into spending the night with

Cable Ch.

OO(ABC) Orlando

(CBS) Orlando (NBC) Daytona Beach (II) (35)

Cable Ch.

Independent Independent

Orlando Public Broadcasting System

In addition to the channels listed, cablevision subscribers may tune in to independent channel 44, St. Petersburg, by tuning to channel 8; tuning to channel 13, which carries sports and the Christian

(1) (35) INDEPENDENT NETWORK (8) SATURDAY NIGHT

10:30 (35) I LOVE LUCY ED (10) AVA-1: THE 1982 AWARDS IN THE VISUAL ARTS The first annual AVA competition and the winning artists are featured in this entary introduced by the late Arthur Godfrey.

10:35 (12) NEWS

officers leave innocent bystander

12:05
(2) MOVIE "Red Tomahawk"
(1967) Howard Keel, Joan Caulfield.

TRACK AND FIELD "World Championships" Finals in the men's and women's 400 and 4 x 100 meter relays, men's long jump, and women's 3,000 meters (from Hel-sinki, Finland).

1:30

1:35 (2) MOVIE "The Busy Body" (1967) Sid Caesar, Robert Ryan.

2:30

② ENTERTAINMENT TONIGHT A look at the plight of female directors in the male-dominated

3:00

MBC NEWS OVERNIGHT

3:40
(7) (2) MOVIE "Rathy 'Round The Flag Boys" (1959) Paul Newman, Joanne Woodward, (6) MOVIE "Blondle Plays Cupid" (1941) Penny Singleton, Arthur Lake

(4) NBC NEWS OVERNIGHT

MORNING (TUE-FRI) NBC NEWS OVERNIGHT

5:20 5:25

5:30

5:40 (2) WORLD AT LARGE (THU)

6:00
6:00
CBS EARLY MORNING
NEWS

by Larry Wright Carlyle's Little Known 1 THE SPORT OF DOG RACING WAS DEVELOPED ONLY AFTER RACING

11:00

10 (3 (5) (5) (2) NEWS

(10) (35) BENNY HILL

(10) ALFRED HITCHCOCK PRE-E-VM (8)

11:30 TONIGHT Host: Johnny Carson. Guests: actress Terl Garr ("Mr. Mom"), Buddy Rich. (5) (3 HOGAN'S HEROES (7) (2) ABC NEWS NIGHTLINE (1) (35) SOAP

11:35 THE CATLINS

12:00 (3) POLICE STORY A deputy police chief (Glenn Ford) is faced with public and political pressure after several shootouts involving dead. (R) (1) (35) RHODA (B) (8) NEWS

① © THE SAINT
① (35) LOVE, AMERICAN STYLE

1:3U

NBC NEWS OVERNIGHT

MOVIE "Guns Of The Magnificent Seven" (1969) George Kennedy, James Whitmore.

(1) CBS NEWS NIGHTWATCH

4:00

THURSDAY

(Z) THE PALACE (THU) 5:10

WORLD AT LARGE (WED)

WINNERS (THU)

(1) (2) MOVIE (WED) THE STARS (MON, TUE, FRI)

(7) IT'S YOUR BUSINESS (MON) (7) DAILY MASS (TUE) (7) CHRISTIAN CHILDREN'S FUND

(WED)
(12) AGRICULTURE U.S.A. (FRI)

(7) (2) SUNRISE (1) (35) 20 MINUTE WORKOUT (2) (3) (6) NEWS

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LAZA TWIN ALL SEATS 99 PLAZA 1 7:45 ONLY BURT Stroker REYNOLDS Floe

30 MAN FROM SNOWY RIVER 10:25 SIX PACK

(10) POSTSCRIPTS

11:35 AFTERNOON

12:00 THE FACTS OF LIFE (R)

G CAROLE NELSON AT

HOON (7) (2) NEWS

(35) BIG VALLEY (MON, TUE) (10) EVENING AT POPS (WED) (10) NOVA (THU)
(10) KENNEDY CENTER
TONIGHT (FRI)

12:30 (1) MIDDAY (2) (2) THE YOUNG AND THE (1) RYAN'S HOPE

12:35 (2) WOMAN WATCH (MON) (12) HAZEL (TUE-FRI)

1:00

DAYS OF OUR LIVES

ALL MY CHILDREN (35) ANDY GRIFFITH (10) BETTY BOOP (MON) (10) MOVIE (TUE)

(10) FLORIDA HOME GROWN (8) MARY HARTMAN, MARY HARTMAN

1:05 (12) MOVIE

(1) (35) DICK VAN DYKE (10) UNKNOWN WAR (THU) (10) THIS OLD HOUSE (FRI)

2:00 ANOTHER WORLD

ONE LIFE TO LIVE (T) (35) GOMER PYLE (E) (10) UNKNOWN WAR (THU) (E) (10) PORTRAITS IN PASTELS

(FHI) 2:30 (3) (35) I DREAM OF JEANNIE (10) MONEYMAKERS (WED) (10) SURVIVAL (THU) (10) MAGIC OF FLORAL PAINT-(B) (B) CARTOONS 3:00

ING (MON)
(10) WILD AMERICA (TUE)

FANTASY
G GUIDING LIGHT
G GENERAL HOSPITAL (35) THE FLINTSTONES (10) FRENCH CHEF (MON) (10) FACES OF MEDICINE (TUE) (10) NUMERO UNO (WED) (10) THE LAWMAKERS (FRI)

(8) SPIDER-MAN 3:05 12 FUNTIME

3:30 (1) (35) TOM AND JERRY (2) (10) READING RAINBOW

(8) BATMAN 12 HECKLE AND JECKLE AND

4:00

(a) EMERGENCY
(b) (b) HOUR MAGAZINE
(7) (c) MERY GRIFFIN
(1) (35) SUPERFRIENDS
(10) SESAME STREET (R)
(1) (8) MOVIE

4:05 THE FLINTSTONES

(1) (35) SCOOBY DOO 4:35 (2) THE ADDAMS FAMILY

5:00

MORK AND MINDY

THREE'S COMPANY

ALL IN THE FAMILY

(1) (35) CHIPS PATROL

(10) MISTER ROGERS (R) 5:05 (12) GOMER PYLE

5:30 PEOPLE'S COURT DO M'A'S'H

(10) POSTSCRIPTS 5:35 12 STARCADE (MON) 12 BEWITCHED (TUE, THU, FRI) 12 BASEBALL (WED)

FAMILY DAY SPECIAL

ALL DAY WEDNESDAY

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3 pieces of golden brown Famous Recipe Fried Chicken, mashed potatoes and gravy. creamy cole slaw and two fresh, hot biscuits



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@ 1903 by NEA. Inc. TM Reg. U.S. Pat. & TM On (10) MAGIC OF OIL PAINTING (8) MOVIE 6:30

(a) NBC NEWS AT SUNRISE
(b) (c) CBS EARLY MORNING 11:05 (1) (2) ABC NEWS THIS MORNING (1) (35) CASPER AND FRIENDS (3) (8) MORNING STRETCH 11:30
DREAM HOUSE
DOWNING
TO SO INDEPENDENT NETWORK
NEWS 6:45 DO NEWS (10) A.M. WEATHER 7:00 (3) (3) MORNING NEWS (7) (2) GOOD MORNING AMERICA (11) (35) TOM AND JERRY (8) (10) TO LIFE! (12) FUNTIME (8) CARTOONS 7:15 (10) A.M. WEATHER (1) (35) WOODY WOODPECKER (2) (10) SESAME STREET (R) (2) (8) SPIDER-MAN

7:35

8:00

(1) (35) FRED FLINTSTONE AND

(I) (35) GREAT SPACE COASTER

9:00

(3) DIFF RENT STROKES (R)
(3) DONAHUE
(7) DONAHUE
(7) DONAHUE
(8) MOVIE
(10) SESAME STREET (R)
(10) SESAME STREET (R)
(10) SESAME STREET (R)
(10) SESAME STREET (R)

9:05

9:30

② LAVERNE & SHIRLEY & COMPANY

① (35) FAMILY AFFAIR
② (8) RICHARD HOGUE

10:00

(35) ANDY GRIFFITH (10) ELECTRIC COMPANY (R)

10:30

11:00

(3) (4) RICHARD SIMMONS (5) (2) HAPPY DAYS AGAIN

(10) MISTER ROGERS (R)

(Z) LASSIE

(8) JIM BAKKER

8:05 MY THREE SONS

(2) I LOVE LUCY

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P-Nutty Chicken Makes Picnic Packing Pleasing

trusty basket that's been in the family for years, while others use a cooler or an insulated bag. It's a good idea to keep a checklist inside the picnic basket of all your picnic essentials and store picnic supplies like paper plates, plastic serving utensils and unopened containers of peanuts, pickles, canned beverages and other popular plenic foods in a large cardboard box nearby. Then, when friends call with an invitation to the beach or nearby lake, a picnic basket can be assembled in

Whatever pienic packing equipment you choose, the food always seems better when eaten in the great outdoors. A favorite picnic food is crisp fried chicken, yet summer is the time when cooks like to be outdoors. The Georgia Peanut Commission suggests adding chopped peanuts to a seasoned coating mix as an easy alternative

How do you pack for a picnie? Many families have a to frying chicken. The chicken is then oven baked, and a crisp tasty piece of chicken is the end result.

> Popular picnic desserts are ones that are portable. Brownies are a favorite since they can be carried to the picnic in their baking pan, cut and then served. The following brownie recipe pairs two favorites together, peanut butter and chocolate, in a quick-to-fix dessert.
>
> CRUNCHY P-NUTTY CHICKEN
>
> 1 (3-pound) chicken, cut up

14 cup water

1 envelope (2-ounces) seasoned coating mix % cup ground or very finely chopped peanuts

Moisten chicken with water. In a pie plate stir together coating mix and peanuts. Press chicken in a shallow baking pan. Bake in a 400°F, oven for 50 minutes or until chicken is tender. Serve warm or cold. Makes: 4 servings.

PEANUT BUTTER BROWNIES

1 package (1-pound, 7-ounces) brownie mix 14 cup crunchy peanut butter

Prepare brownle mix according to package instructions for chewy brownies. Just before turning into greased 9x9-inch pan, swirl in peanut butter. Bake in 305°F, oven for 45 minutes. (Do not overbake.) Proceed with remaining package instructions. Cool in pan. Cut into 16 pieces. Makes: 16 brownles.

BANANA SURPRISE MUFFINS

134 cups all-purpose flour

1/3 cup sugar 2 teaspoons baking powder

34 teaspoon salt

¼ teaspoon soda 1 egg. beaten

CALIFORNIA THOMPSON

SAVE 20° PER LB

BONUS

BUY

HEAD

SAVE 20°

COMPARE

GROCERY

1/2 cup vegetable of 1 cup mashed ripe banana

Combine first 5 ingredients in a large bowl; make a well in center of mixture. Add egg, oil, and banana, stirring just until moistened. Spoon into greased muffin pans. filling one-third full. Spoon 1 teaspoon jelly in center of each muffin cup: spoon remaining batter over jelly, filling each cup two-third full. Bake at 400 deg. for 18 to 20 minutes or until done. Yield: 1 dozen.

SUMMER FRUIT COMPOTE

4 cups honeydew melon balls (about 1 large melon) 4 cups pincapple chunks (about 1 large pincapple)

2 pt. strawberries, cut into halves

35 cup maple flavored table syrup

35 cup white table wine or ginger ale In 4-qt. bowl, combine fruit. In small bowl, combine syrup and wine: pour over fruit. Cover: refrigerate 2 hours or until chilled. Makes 10 to 12 servings.

Tasty, Fluffy **Desserts**

Big. plump and juicyripe strawberries are at their best in flaky - just cooled - home baked shortcake. Served with frozen whipped topping with real cream, the picture pretty dessert tastes as luscious and fresh as it looks. Step-bystep directions from the Kraft Kitchens make shortcake baking easy...and last minute assembling of the dessert is a snap - with conve-nient frozen whipped topping. Add a creamy dollop of whipped topping to coffee - and swizzle with a cinnamon stick - for a special after dinner treat.

FLUFFY STRAWBERRY SHORTCAKES

2 cups flour 2 tablespoons sugar 1 tablespoon baking

powder 1/2 teaspoon salt 1 egg, beaten

35 cup milk 12 cup margarine. melted 2 pts. strawberries.

halved 1 container (3 cups) whipped topping with real cream, thawed

Combine dry ingredients. Add combined egg. milk and margarine, mixing just until moistened. greased cookie sheet. Bake at 450°, 10 to 12 minutes or until golden brown. Remove from cookle sheet immediately; cool. Split.

For each serving cover bottom half of shortcake with strawberries and whipped topping. Top with second half of shortcake, additional strawberries and whipped

8 servings.
DUTCH COFFEE Hot coffee

Cinnamon sticks Whipped topping with real cream, thawed

For each serving, place cinnamon stick in cup of coffee. Top with whipped topping.

LIME PARFAITS

1/2 cup sugar 1 cup milk 1/2 cup light corn syrup 2 egg yolks, beaten I cup half-and-half 1/2 cup lime juice

1 teaspoon grated lime rind

2 egg whites 1 pint fresh strawberries 1 cup whipping cream, whipped

Combine sugar, milk, corn syrup, and egg yolks in top of a double boiler; cook, stirring constantly, until slightly thickened (8 to 10 minutes). Remove from heat; cool. Stir half-and-half, lime juice, and lime rind into the custard mixture.

Beat egg whites (at room temperature) until stiff peaks form; gently fold into lime mixture. Spoon into an 8- or 9- inch square pan. Freeze until firm.

Thaw lime mixture slightly: break into large chunks. Place chunks in a chilled large bowl; beat at medium speed of an electric mixer until fluffy. Return to pan; freeze until firm.

Rinse and hull strawberries. Set aside 6 to 8 whole strawberries; slice

the remaining berries. Thaw lime mixture slightly. Spoon alternate layers of lime mixture. sliced strawberries, and whipped cream into chilled parfait glasses. Top with whipped cream; garnish with whole berries. Serve immediately. Yield: 6 to 8 servings.

PRICES EFFECTIVE WED., AUG. 10 THRU TUES., AUG. 16, 1983.

EVERYDAY PRICE

PUNCH LAUNDRY DETERGENT

72oz BOX

SAVE 10°

GROCERY

COMPARE

20oz

CAN

GENERIC

AUGRATIN or

SCALLOPED

POTATOES

5.50z

GENERIC

TEA

BAGS

100 COUNT

COMPARE

GENERIC- LIQUID

LOW PRICE

TWO

LITER

CRACKERS Sunshine Krispy . 18 79° TWO LITER Moonshine Soda . . . Hunts Ketchup . . 3704 \$119 300 COUNT

THREE DIAMOND

PINEAPPLE

CRUSHED CHUNK OR SUCED

SAVE 10

Dish Detergent . . 320, 57°

Black Pepper 69°

Bathroom Tissue 177°

PANTRY PRIDE

SODAS

SAVE 20°

NATIONAL BRAND PRICE 89"

NATIONAL BRAND PRICE \$1.99

•

OC

Scott Napkins . . .

Chocolate Syrup . *** \$149

SACRAMENTO Tomato Juice 79° Salad Olives 89° Del Monte Catsup 324 \$119 HUNTS ORIGINAL HICKORY,

Bar-B-Que Sauce 5119

Real Kill Bomb . . . \$159

PANTRY PRIDE

POTATO 7.5oz DIP N' CHIPS or Boz REGULAR CHIPS LOW PRICE YOUR CHOICE

SAVE 20 JUNE BOY 64oz KOSHER DILLS

SAVE 60° WISK 1 QUART LIQUID DETERGENT

GROCERY COMPARE

Vienna Sausage . 2/51 Pork & Beans 79° Apple Sauce 79°

GARDEN FLOWER-COMPARTMENT OR DINNER Chinet Plates . . . # \$119

LIBBY'S CORNED BEEF 100 PRICE 12oz CAN SAVE 20

GROCERY COMPARE SWEET & SOUR Dressing Durch 69°

Puss N' Boots MOIST 79 Taco Shells SUPER 99°

Luncheon Meat \$129

25° OFF RICH & CREAMY Rich & Cream ICE CREAM HALF GALLON

CAN'T BUY BETTER ...

PER POUND BONUS

BONUS

LARGE SWEET CALIFORNIA

PICK YOUR OWN!

SAVE 20° PER LB

PRODUCE

Watermelons 10°

Celery stax 49°

Bartlett Pears 59°

BANNER

BATHROOM

TISSUE

SAVE 20

SAVE 10"

2402 POWDER

\$119

SAVE 20"

25oz

COMPARE

CRISP TENDER

LARGE JUMBO CALIFORNIA

GENERIC DRY ROASTED

LOW PRICE

ROLL

PANTRY PRIDE

DRINK

MIXES

ALL FLAVORS

MUSTARD

KRAFT

Cantaloupes . . .

Peanuts.

TOMATOES PICK YOUR OWN! LB SAVE 20° PER LB

BONUS

COMPARE

PRODUCE

Florida Limes . . 12/99° Radishes # 2/29°

Boiling Peanuts . Mangoes 79°

FRESH FLORIDA Avocadoes. 79°

COORS

BEER REGULAR OR LIGHT 6 PACK 1202 N.R. BOTTLE

GALLO SAVE 70 PREMIUM 1.5 LITER WINE 279 BLANC, RED ROSE, PANK CHARLES OR RHINE SAVE 50 **GOLDEN** 750 ML 99 CHAPEL

LIEBFRAUMILCH COMPARE GROCERY

VAN CAMPS Beenie Weenie . . . 2/51 Roach Motel 4 99°

Sunlight DISHWASHING . . 3204 20° OFF



SANFORD-2944 ORLANDO ROAD, ZAYRE PLAZA AT THE CORNER OF 17-92 & ORLANDO ROAD

Appetizing Low-Sodium Recipes In A Nutshell

lions of Americans limit- of the dish. ing sodium intake, there is satisfy even the most discriminating diner.

Certain fresh fruits and vegetables that are low in with lemon sauce. sodium, such as pineapple and green pepper, will with unsalted cashews, enhance the flavor of a pineapple and tomato favorite fish variety. Unsalted nuts, add a unique taste and provide neces- scrod. sary fiber, vitamins and nutrients, while keeping

f you're among the mil- down the sodium content cans, particularly those on chicken dishes.

Unsalted cashews. an array of low-sodium combined with cracker seafood recipes that will crumbs, Parmesan cheese, margarine and sherry make a crunchy nut stuffing for shrimp, topped

> A cashew sauce made paste enhances thatfeesh from the sea flavor of

A growing number of health-conscious Ameri-

low-sodium diets, are findsacrifice taste for lowsodium meals.

delicious low-sodium entrees, when seasoned with spices and prepared Unsalted nuts are also and impart a special taste and texture to a variety of scrod.

Nutty Baked Chicken. ing it isn't necessary to made with unsalted peanuts, oregano and garlic is quick and easy to prepare Chicken, for example, for casual family dinners can be the basis for many or summer weekend picnics.

Special dinner guests with fresh vegetables. will enjoy Nutty Stuffed Chicken breasts, made ideal flavor enhancers. with unsalted mixed nuts. They are high in protein, carrots, onions and low-fat vitamins and minerals, mozzarella cheese.that fresh-from-the-sea flavor of

FILLETS IN CASHEW SAUCE

3 tablespoons peanut oil ¼ cup chopped green

pepper 14 cup shopped onion 1 (8-ounce) can pineapple tidbits in juice 2 tablespoons tomato

paste 1 teaspoon cornstarch 2 tablespoons white

vinegar 14 cup dry white wine 1 pound scrod fillets 34 cup dry roasted unsalted cashews

medium heat. Add pepper and onion; saute until tender. Stir in undrained pineapple and tomato paste. Mix cornstarch and vinegar until smooth; add

wine. Keep sauce warm.

cashews into prepared sauce and serve with fillets. 4 servings.

Microwave Preparation Inal-quart vinegar until smooth; add microwave-proof bowl, to saucepan. Cook, stirring combine 2 tablespoons oil. constantly, until mixture pepper, and onion; cook baking dish; brush with comes to a boil. Reduce on high (100% power) 2 to heat to low. Stir in white 3 minutes. Stir in undrained pineapple and Place scrod fillets in a tomato paste. Mix corgreased baking dish: nstarch and vinegar until brush with remaining smooth; add to bowl, peanut oil. Bake at 425° Cover bowl with wax

Heat 2 tablespoons pea- for 10 to 12 minutes, or paper. Cook on high nut oil in saucepan over until easily flaked. Mix (100% power) 21/2 to 31/4 minutes, stirring twice during cooking time, until mixture boils. Stir in wine; Leave sauce covered and set aside.

Arrange scrod in a shallow microwave-proof remaining oil. Cover with wax paper and cook on high (100% power) 5 to 7 minutes, giving dish 4 turn halfway through cooking time, or until fish flakes easily. Mix cashews into prepared sauce and serve with fillets.

CASHEW STUFFED

SHRIMP

12 jumbo shrimp 22 soda crackers, un-salted tops, finely rolled (about ¾ cup crumbs)

1/2 cup dry roasted unsalted cashews, coarsely chopped

¼ cup grated Parmesan cheese

3 tablespons margarine. melted 2 tablespoons dry sherry

1/2 teaspoon paprika ¼ cup water

Lemon Sauce (recipe below)

Shell shrimp, leaving tail attached; wash thoroughly and drain. Butterfly shrimp by splitting almost completely through

center. Lay, cut side up, in large shallow baking dish. Mix together cracker crumbs, cashews, cheese, margarine and sherry. Mound 1 tablespoon mixture on top of each shrimp. Pour water into bottom of dish. Bake at 350° for 20 minutes, or until shrimp are tender. Transfer shrimp to platter and drizzle with lemon sauce (recipe below).

Lemon Sauce: In a saucepan combine 14 cup margarine, juice from 1 lemon, 11/2 teaspoons white vinegar and Worcestershire sauce. Heat until margarine melts. Stir with a wire whisk until blended. 4

servings. CHICKEN BREASTS

2 whole chicken breasts. skinned, boned, and halved

5 tablespoons sweet unsalted margarine 1/2 cup coarsely shredded carrot

¼ cup chopped onion 34 cup coarsely grated low-fat mozzarella cheese 3/3 cup dry roasted unsalted mixed nuts, chopped

1 tablespoon lemon juice

2 tablespoons water Place chicken breasts between sheets of wax paper. Pound very thin with a smooth-surfaced meat hammer or rolling

pin. Remove wax paper. Melt 2 tablespoons sweet unsalted margarine in skillet over medium heat: add carrot and onion: saute until tender. Remove from heat; stir in mozzarella cheese and unsalted mixed nuts. Spoon ¼ filling in center of each chicken breast; roll up and secure with

toothpicks. Melt remaining 3 tablespoons margarine in same skillet over medium heat; add chicken breasts and brown on all sides. Pour lemon juice and water over chicken. Cover and simmer over medium-low heat 20 minutes. or until tender. Remove toothpicks. Serve lemon sauce over chicken breasts and, if desired, garnish with parsley and carrot curls. 4 servings.

NUTTY BAKED CHICKEN

1 1/2 cups unsalted cocktail peanuts, ground 2 teaspoons oregano

leaves 1 teaspoon onion powder

12 teaspoon garlic powder

1/2 teaspoon ground black pepper

1 (3 pound) frying chicken, cut into serving size pieces

Flour 2 eggs, beaten Combine ground peanuts, oregano leaves, onion powder, garlic powder and pepper.

flour; dip in eggs, then coat with prepared peanut mixture. Arrange pieces in a large shallow baking dish. Bake at 350° for 1 hour.

Dust chicken pieces with

or until chicken is done. Arrange pieces on platter and serve. 6 servings.

SO WHY PAY MORE?

U.S.D.A. GRADE A

LOTS OF CHICK

OR MORE PURCHASE

3 LB AVG. PKG.

LIMIT-2 PKGS. WITH \$7.50 LB BONUS

BONUS BONUS **FULL CUT** LYKES WHOLE PICNICS STEAK PER POUND PER POUND

CHECK THESE PRICES COMPARE MEAT PORK, BEEF, CHUCKWAGON, COOKED, BREADED HEAT & SERVE Oncor Patties Availa in 99° MATLAW'S SHRIMP OR Lobster Rolls . . . iku \$139 MR. TURKEY SMOKED OR Polish Sausage . . . SINGLETON'S BREADED Butterfly Shrimp . 148 \$499 J.K. BRAND- PURE Beef Burgers . . . 24 599

LIBBY

VEGETABLES

1702 PEAS CREAM STYLE OR WHOLE KERNEL CORN 1602 PEAS & CAPROTS SUCED HELTS OR SAUER KRAUT, 15 SOZ GUT OR FRENCH GREEN BEANS

SAVE S1 25

PANTRY PRIDE 2002 LOAVES

PANTRY PRIDE 1602 STICK

/\$149

KING SIZE

FRENCH 🦱

BREAD

SAVE 30° PER LB

SAVE \$1.00

CHECK THESE PRICES COMPARE MEAL Neck Bones 69° MR TURKEY- EXCELLENT FOR PATTIES OR MEAT LOAF Ground Turkey 24. ... 69° Pork Butts \$119 U.S.D.A. CHOICE- THIN CUT BEEF FAMILY SIZE PKQ. Sandwich Steaks . . \$289 J.K. BRAND Adams Ribs 245 * 699

PER POUND SAVE 40° PER LB

COMPARE DAIRY ASSORTED FLAVORS NATURAL Axelrod's Yogurt 39° FLEISCHMAN'S CORN OIL CHEESE PRIDE SUCED CHEESE PRODUCT American Singles 2 99° KRAFTS ASSORTED VARIETIES Casino Cheese . . . Orange Juice . . . # \$ 159 TROPICANA PURE FRESH

GILLETTE

GOOD NEWS

RAZOR

SAVE 90

Q-TIPS 170 COUNT

7oz

0

0

0

PANTRY PRIDE

FLUORIDE

TOOTHPASTE

REGULAR OR MINT

COTTON

SWABS

LOW PRICE

. 6

PACK

CHECK THESE

CHECK THESE PRICES DELI COMPARE GWALTNEYS CHICKEN OR TURKEY Great Dogs 89° EXCELLENT FOR PIZZA- HORMEL Sliced Pepperoni 32 99° Skinless Franks . 2 99° SUNNYLAND WHOLE HOG LYKES AMERICAN QUALITY Sliced Ham \$229

COUNTRY PRIDE

FRIED CHICKEN

E STREE STREET LEGS IN THE DELI BAKERY STORES ONLY

WITH 1 PT POTATO SALAD 1 PT BAKED, 699

BAVE BO' PER LB IN THE DELL BAKERY STORES ONLY

\$149

BONUS FOT KED TEA FREE

BONUS

12 PIECE

SATCHEL

VIRGINIA

BAKED

HALF POUND

HAM

PRICES EFFECTIVE WED., AUG. 10 THRU TUES., AUG. 16, 1983.

BONUS

MARKET STYLE

BACON

3 LB AVG. PKG.

SAVE 40° PER LB

PRICES GOOD ONLY IN SEMINOLE COUNTY. DUE TO OUR LOW PRICES WE RESERVE THE RIGHT TO LIMIT QUANTITIES NONE SOLD TO DEALERS, NOT RESPONSIBLE FOR TYPOGRAPHICAL EXPORTS.

MORTON DINNERS SAUSBURY STEAK MEAT LOAF LOW

1102 FROZEN

COMPARE

PANTRY PRIDE WHITE OR

SAVE 20

JELL-O BAVE 40" FROZEN PUDDING \$179 100 POP8 OR BANANA SAVE 70" SALUTO FROZEN PIZZA **\$169** 1402 PEPPERONI, 1502 DELUXE

FROZEN

	沙、东西是为为	
COMPARE	BAKERY	EVERYDAY LOW PRICE
Butterioaf san	D . Poor 2	/\$129
Cloverleaf Re	LAKE OR	69°
Kaiser Rolls	PACK	99°
Apple Pie .	2001	5439





2 LITER BTLS.

WITH THIS COUPON GOOD THRU WED., AUG. 17, 1983.







Court Ruling May Mean Savings, Refunds For **Natural Gas Customers**

WASHINGTON (UPI) - Consumers wellhead price of gas as much as may save hundreds of millions of dollars on their natural gas bills and receive close to \$1 billion in refunds under a court ruling throwing out a price-setting mechanism in use since 1978.

The 3-0 ruling Tuesday by the U.S. Circuit Court of Appeals in Washington could save natural gas users up to \$300 million a year, said Frederick Moring, a lawyer for a group of gas distribution companies.

In addition, the Federal Energy Regulatory Commission said another \$900 million may have to be refunded to those who have been paying about 2 percent higher rates since the new pricing rule was imposed 41/2 years ago.

The court threw out a new measurement approach by FERC that in December 1978 began changing the way gas volumes are measured at the wellhead for price-setting purposes.

The agency's new measurement system gives a more accurate - and generally higher - reading of the fuel's energy content as it flows through the pipeline, as measured in British thermal units, or Btu's. But because gas prices are now based on Btu's, the new system also tended to inflate rates an average of 2 percent over rates under the old measurement system.

In rejecting the energy agency's new measurement approach, the appeals court found FERC changed gas pricing in a substantially different way than Congress had intended in a 1978 law.

"Although one of the purposes of the act was to increase the financial incentives for producing various types of new gas." Judge Abner Mikva wrote for the court, "Congress did not intend for the commission to raise the effective

possible."

'However more appealing the (new) dry rule may be to the commission's sense of scientific aesthetics and accuracy, it is not for the commission to 'improve' the statutory design chosen by Congress," Mikva said.

FERC has not yet decided whether it will appeal, said public affairs director Rachelle Patterson. The agency had no further comment.

FERC's 1978 rule took the place of a long-used and widely accepted method for measuring heat-producing potential of gas. Under the old measurement, called the "wet rule," a standard amount of water vapor was allowed in all test batches of gas, thus reducing the energy

The new rule, adopted by the energy agency after Congress passed the 1978 gas act, shifted to a more precise measurement of the energy content of gas by sampling it as it is actually delivered for sale. Under the new method, known as the "dry rule," gas generally showed a lower water vapor content and earned a higher energy

The dry rute was challenged by natural gas pipeline and distribution companies. FERC. plus 23 energy producing companies that stood to collect higher prices under the dry rule, argued in defense of the measure.

Moring, who represents the Associated Gas Distributors, said not all gas producers have been collecting the higher rates since 1978 because of contracts that continued to call for the old method of measuring energy content and setting

Demos To Choose 16 Delegates To **State Convention**

The Seminole County Democratic Executive Committee is scheduled Thursday to elect 16 persons to attend the state Democratic convention to be held this fall in Hollywood, Fla.

Party chairman, Marvin Meltzer, said 12 of the 16 must be members of the executive committee and four will be non-executive committee members

Seminole County will have a delegation of 25 at the convention where a straw vote will be taken to name Florida's favorite Democratic presidential candidate.

In addition to the 16 persons to be elected, Meltzer said he as chairman is automatically a delegate as are the committee vice-chairman Lois Jackson and state committee members Charles Glascock and Cay

Among the candidates for the delegate posts are slates committed to former Gov. Reubin Askew and to former vice president Walter Mondale.

The state party convention will be held Oct. 21, 22 and 23 at the Diplomat Hotel in Hollywood.

Thursday's meeting will be held at 7:30 p.m. at Casselberry City Hall, Lake Triplet Drive.

Need Help? Talk To Aide A representative from the Winter Park office of U.S.

Rep. Bill McCollum, R-Altamonte Springs, will be available from 9:30 to 11 a.m. Aug. 17 at the Seminole County courthouse in the county commission chambers to speak with persons who need congressional assistance or have questions relating to the federal government.

No appointment is necessary.

Talk About Meals On Wheels

LOS ANGELES (UPI) - Mike Riley's \$53,000 sports car was stolen, then found days later with its engine and interior missing. Rather than have his dream car scrapped. Riley decided it would make a spiffy dining room table.

Automotive artist Harold Cleworth was commissioned by Riley for an estimated \$5,000 to turn the gutted 1983 Porsche Turbo into an objet d'art.

Limousines pulled into the Jet Scrap Co.' yard in the San Fernando Valley Tuesday for an elaborate black-tie affair, complete with champagne served from hubcaps. to watch as the Porsche was crushed into a 2-by-3-foot

There will be a plate glass top put on top of it.

Legal Notice

NOTICE OF SHERIFF'S SALE NOTICE IS HEREBY GIVEN that by virtue of that certain Writ of Execution issued out of and under the seal of the County Court of Volusia County, Florida, upon a final court on the 2nd day of June, A.D. 1982, in that certain case entitled, State Wide Collection Corporation, a Florida corporation Plaintiff, vs. Hilda M. Gercken. Defendant, which aloresaid Writ of Execution was delivered to me as Sheriff of Seminole County, Florida, and I have levied upon the following described property owned by Hilda M. Gerckan (Rivera), said property being located in Seminole County, Florida, more particularly described as

blue in color, ID #1W80J90499724 being stored at Sanford Paint & Body, Sanford, Florida. and the undersigned as Sheriff of Seminole County, Florida, will at 11:00 A.M. on the 1st day of September, A.D. 1983, offer for sale and

One 1979 Chevrolet El Camino, light

sell to the highest bidder, for cash, subject to any and all existing leins at the Front (West) Door at the steps of the Seminole County Courthouse in Senford. Florida, the above described personal property.

That said sale is being made to satisfy the terms of said Writ of

John E. Polk, Sheriff Seminole County, Florida Publish: August 10, 17, 24 & 31 1983.

Legal Notice

SHERIFF'S SALE

NOTICE IS HEREBY GIVEN that by virtue of that certain Writ of Execution issued out of and under the seal of the Circuit Court of Collies County, Florida, upon a final judgement rendered in the aforesaid court on the 30th day of January, A.D. 1980, in that certain case entitled. George J. Kanelopoulos Plaintiff, vs Roger Lopez, etc. et al. Defendant, which aforesaid Writ of Execution was delivered to me as Sheriff of Seminole County, Florida, and I have levied upon the following described property owned by Roge Lopez, said property being located in Seminale County, Florida, more

particularly described as follows

Lot 4, Block F. Sweetwater Oaks Section 2 A. according to the plat thereof as recorded in Plat Book 18 Page 41, Public Records of Seminole County, Florida and the undersigned as Sheriff of

Seminole County, Florida, will at 11:00 A.M. on the 1st day of September, A.D. 1983, offer for sale and sell to the highest bidder, for cash. subject to any and all existing leins. at the Front (West) Door at the sleps of the Seminole County Courthouse in Sanford, Florida, the above da scribed real property.

satisfy the terms of said Writ of Execution

Seminola County, Fiorida Publish: August 10, 17, 24 & 31 1763

content of the fuel and its price.

content rating and a higher price.

Legal Notice

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA CASE NO. 83 2012 CA 09 K

FIRST FEDERAL SAVINGS AND SEMINOLE COUNTY, a corporation organized and existing under the Laws of The United States of

ESTATE OF ALBERT JONES, Deceased, ESTELLA M. JONES and WARREN M. JONES, as heirs and ticiaries of ALBERT JONES. Deceased: all unknown heirs and beneficiaries of ALBERT JONES. Deceased: and INNOVATIVE MARKETING.INC.

NOTICE OF ACTION

ESTELLAM JONES 1281 Union Avenue Bronx, New York 10459 INNOVATIVE MARKETING.

3301 Cherry Garden Circle Lauderhill, Florida 33319 WARREN M. JONES Bronx, New York 10459 ALL UNKNOWN HEIRS AND BENEFICIARIES OF ALBERT JONES, Deceased

YOU ARE HEREBY NOTIFIED that an action to foreclose a mortgage on the following property In Seminole County, Florida

Beginning at a point 30 feet West and 498.14 feet South of the Northeast corner of Section 33, Township 20 South, Range 32 East, running West 208.73 feet South 69.57 feet, thence 206.73 feet, North 69.57 feet, to the Point of Beginning: has been filed against you and you

are required to serve a copy of your written detenses, if any, to it on HARRY G. REID, III. of SHINHOLSER, LOGAN, MONCRIEF & BARKS, Attorneys for Plaintiff, Post Office Box 2279, Sanford, Florida 32771, and file the original with the Clerk of the above Court on or before Sept 6, 1983. otherwise, a Judgment may be entered against you for the relief demanded in the Comptaint. WITNESS MY HAND and the Seal

of this Court on this 29th day of July, ARTHUR H. BECKWITH, JR. CLERK OF THE CIRCUIT COURT

By: Elaine Hawkins Deputy Ciera HARRY G. REID, III, al SHINHOLSER, LOGAN Post Office Box 2279 Sanford, Florida 37771 (305) 323 3440 Attorneys for Plaintiff Publish August 3, 10, 17, 24, 1963

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY. FLORIDA CASE NO 80 2451 CA 64 E

IN REI THE MARRIAGE OF WANDA WILKERSON.

RANDALL WILKERSON. NOTICE OF ACTION

WANDA FULGHUN WILKERSON P.O Box 193

YOU ARE HEREBY NOTIFIED that a Petition for Modification has been filed against you, and you are

required to serve a copy of your response or pleading to the Pelition upon the Plaintill's attorney, DE BORAH WEAGE, Seminole County Bar Association Legal Aid Society. 500 E. Semoran Blvd., Suite 11 Casselberry, Florida 32707 and file the original response or pleading in the Office of the Cierk of the Circuit Court, on or before the 13th day of September 1983. If you fall to do so a default judgment will be taken against you for the relief demanded

Dated at Sanford, Seminole County, Florida this ain day of (SEAL) ARTHURH BECKWITH JR.

Clerk of Circuit Court BY Eve Crabfree As Deputy Clark Publish August 10, 17, 24, 31, 1983

Legal Notice

IN THE CIRCUIT COURT FOR SEMINOLE COUNTY, FLORIDA PROBATE DIVISION File Number 83 366 CP

IN RE: ESTATE OF MARY ANN CAMPBELL

NOTICE OF ADMINISTRATION TO ALL PERSONS HAVING CLAIMS OR DEMANDS AGAINST THE ABOVE ESTATE AND ALL OTHER PERSONS INTERESTED

YOU ARE HEREBY NOTIFIED that the administration of the estate OF MARY ANN CAMPBELL. de ceased. File Number 83 366 CP, is pending in the Circuit Court for SEMINOLE County, Florida, Probate Division, the address of which is P.O. Drawer C. Sanford. Florida 32771. The personal representative of the estate is John H. Lyons, whose address is 143 South Lakewood Cir. Fern Park, Florida 32730. The name and address of the personal representative's attorney are set forth

Ali persons having claims or de mands against the estate are re-quired, WITHIN THREE MONTHS FROM THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE. to file with the clerk of the above court a written statement of any claim or demand they may have Each claim must be in writing and must indicate the basis for the claim, the name and address of the creditor or his agent or attorney, and the amount claimed. If the claim is not yet due, the date when it will become due shall be stated. If the claim is contingent or unliquidated, the nature of the uncertainty shall be stated. If the claim is secured, the security shall be described. The claimant shall deliver sufficient copies of the claim to the clerk to enable the clerk to mail one copy to each personal representative.

All persons interested in the estate to whom a copy of this notice of Administration has been mailed are required. WITHIN THREE MONTHS FROM THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE, to tile any objections they may have that challenge the validity of the decedent's will, the qualifications of the personal repre-sentative, or the venue or jurisdiction of the court

CLAIMS, DEMANDS, AND **OBJECTIONS NOT SO FILED WILL** BE FOREVER BARRED Date of the first publication of this Notice of Administration: August 10,

John H. Lyons. As Personal Representative of the Estate of MARY ANN CAMPBELL ATTORNEY FOR PERSONAL REPRESENTATIVE

Altamonte Springs, FL 32701 Telephone (301) 834-8866 Publish Auglist 10, 17, 1983 DEK 43

NOTICE OF PUBLIC SEMINOLE COUNTY INDUSTRIAL DEVELOPMENT AUTHORITY A public hearing will be held by the SCIDA to consider and act on approval for purposes of Section 103(k) of the Internal Revenue Code of 1954, as amended, of bond issues for the project listed below:

1 Maximum \$6,000 000 in Industrial

development revenue bonds for Bill Knapp's Florida, Inc. project to construct a 97,000 sq ft commissary and distribution center on Lake Emma Road in Lake Mary, Florida. The above bond Issue will be considered by the Authority and, if preliminarily approved, such approval will be immediately followed by a public hearing wherein mem bers of the public will be given a reasonable opportunity to express their views on the issuance of bonds and the location and nature of the proposed projects. The public meet ing preceding the public hearing will held on Wednesday, August 24, 1983, and will begin at 8 30 A.M. in

the Council Chambers of the Allamonte Springs City Hall and the public hearing. If any will immedi ately follow at the same location-If a person decides to appeal any County Industrial Development Authority with respect to any matter considered at this meeting or hear ing, he will need a record of the proceedings, and, for such purpose he may need to insure that a verbatim record of the proceedings is made, which record includes the

lestimony and evidence upon which the appeal is to be based Date: August 5, 1983 Roy L. Harris, Jr. Secretary Seminole County Industrial Development Authority Publish August 10, 1903

DEK M

IN THE CIRCUIT COURT, IN AND FOR SEMINOLE COUNTY. FLORIDA CASE NO. 83 1958 CA 09 K

BEDFORD FLESHMAN and LEOLA V. FLESHMAN, his wife JERRY GIBSON and ALBERTA

LEE GIBSON, his wife NOTICE OF ACTION

JERRY GIBSON and ALBERTA GIBSON

address Unknown YOU are hereby notified that a Complaint to Foreclose a Chattel

Mortgage and Other Relief concern ing the following described property in Seminole County, Florida: 1966 Parkway Mobile Home, ID: 5612M1104 Title # 7296455 has been filed against you and you

are required to serve a copy of your written detenses. If any, to it on Robert L. Thomas, Plaintiff's attorney, whose address is P.O. Box 1043. Apopka, Florida 32703 on or before August 30, 1983, and file the original with the Clerk of this Court either before service on Plaintiff's afterney or immediately thereafter otherwise a default will be entered against you for the relief demanded in the Complaint.

WITNESS my hand and seal of this Court on July 25, 1983 (SEAL) Arthur H. Beckwith, Jr.

OF THE CIRCUIT COURT By Jean Brillent Deputy Clerk Publish July 27 & August 3, 10, 17,



Legal Notice

IN THE CIRCUIT COURT FOR File Number 83-395-CP Division IN RE. ESTATE OF

IMOGENE C. BENDLER.

NOTICE OF ADMINISTRATION TO ALL PERSONS HAVING CLAIMS OR DEMANDS AGAINST THE ABOVE ESTATE AND ALL OTHER PERSONS INTERESTED

YOU ARE HEREBY NOTIFIED that the administration of the estate of IMOGENE C. BENDLER, de reased. File Number 81 395 CP. Is pending in the Circuit Court for Seminole County, Florida, Probate Division, the address of which is Arthur H. Beckwith, Jr., Clerk, Seminole County Courthouse, San ford, Florida 32771. The personal representative of the estate is Benne G. Bendler, whose address is Star Route 15AB4, DeLand, Florida 32720. The name and address of the personal representative's attorney are set forth below.

All persons having claims or demands against the estate are required. WITHIN THREE MONTHS FROM THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE. to file with the clerk of the above court a written statement of any claim or demand they may have. Each claim must be in writing and must indicate the basis for the claim, the name and address of the creditor or his agent or altorney, and the amount claimed. If the claim is not yet due, the date when it will become due shall be stated. If the claim is contingent or unliquidated, the nature of the uncertainty shall be stated. If the claim is secured, the security shall be described. The claimant shall deliver sufficient copies of the claim to the clerk to enable the clerk to mall one copy to each personal representative.

All persons interested in the estate to whom a copy of this notice of Administration has been mailed are required, WITHIN THREE MONTHS FROM THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE, to file any objections they may have that challenge the validity of the decedent's will, the qualifications of the personal repre sentative, or the venue or jurisdic

ALL CLAIMS, DEMANDS, AND OBJECTIONS NOT SO FILED WILL BE FOREVER BARRED Date of the first publication of this Notice of Administration: August 3.

BENNE G BENDLER As Personal Representatives of the Estate of IMOGENE C BENDLER. Deceased ATTORNEY FOR PERSONAL REPRESENTATIVE

Joseph A. Scarlett, III 208 West Howry Avenue DeLand. Florida 32720 Telephone (904) 734 8600 Publish August 3, 10, 1983

IN THE CIRCUIT COURT FOR SEMINOLE COUNTY, FLORIDA PROBATE DIVISION File Number 83-387-CP IN REI LEONA F. JONES

NOTICE OF ADMINISTRATION The administration of the estate of LEONA F. JONES, deceased, File Number 83 387 CP, is pending in the Circuit Court for Seminole County. Florida, Probate Division, the address of which is Sanford. Florida. personal representative and time are set forth below.

All interested persons are required to file with this court, WITHIN THREE MONTHS OF THE FIRST PUBLICATION OF THIS NOTICE: (1) all claims against the estate and person to whom this notice was mailed that challenges the validity of the will, the qualifications of the personal representative, venue, or Jurisdiction of the Court.
ALL CLAIMS AND OBJECTIONS

NOT SO FILED WILL BE FOREV ER BARRED. Publication of this Notice has begun on August 3, 1983. Personal Representative:

Geoffrey P. Jones, Sr. 1425 Crolon Drive Malfland, Florida 32751 Attorney for Personal Representative: Jones & Zailert 1000 So. Federal Highway. Suite 106 F1. Lauderdale, Florida 33316

Telephone: 305-447-3638

Publish August 3, 10, 1983 DEK-17 FLORIDA NOTICE OF PUBLIC HEARING TO CONSIDER ADOPTION OF PRO-

TO WHOM IT MAY CONCERN NOTICE IS HEREBY GIVEN by the City of Longwood, Florida, that the City Commission will hold a public hearing to consider enactment of Ordinance No. 591, entitled AN ORDINANCE OF THE CITY OF LONGWOOD, FLORIDA. NANCES. CITY OF LONGWOOD FLORIDA BY REVISING SECTION 501 2 A. PERMITTED USES FOR COMMERCIAL, GENERAL (C3) BY DELETING WORDS TAVERN OR LOUNGE UNDER ITEM & AND BY REVISING SECTION 507.2 B. MERCIAL, GENERAL (C3) BY AMENDING ITEM IS TO READ TAVERN. LOUNGE, PACKAGE STORE FOR SALE OF ALCOHOLIC BEVERAGES, AND ANY OTHER STORE, SHOP, OR SERVICE WHICH, IN THE JUDGMENT OF

THE CITY COMMISSION IS CON-SISTENT AND IN HARMONY WITH THE INTENT OF THIS DISTRICT: PROVIDING FOR SEPARABILITY AND EFFECTIVE DATE Said Ordinance was placed on first

reading on July 18, 1983, and the City Commission will consider same for final passage and adoption after the public hearing, which will be held in the City Hall, 175 West Warren Ave., Longwood, Florida, on Monday, the 15th day of August, A.D., 1983, at 7:30 p.m., or as soon thereafter as possible. At the meeting interested parties may appear and be heard with respect to the proposed Ordinance. This hearing may be continued from time to time until fine action is taken by the City Com

A copy of the proposed Ordinance is posted at the City Hall. Longwood. Florida, and copies are on file with the clerk of the City and same may be inspected by the public. A taped record of this meeting is

made by the City for its convenience This record may not constitute an adequate record for purposes of appeal from a decision made by the Commission with respect to the foregoing malter. Any person wishing to ensure that an adequate record of the proceedings is main lained for appellate purposes is advised to make the necessary ar rangements at his or her own Date this 26th day of July, AD

CITY OF LONGWOOD Donald L. Terry Publish July 31 & August 10, 1963

Legal Notice

COUNTY COURT
SEMINOLE COUNTY, FLORIDA CASE # 79-2281 5P 03 Atlantic National Bank of Seminole,

Gray Rathman, Defendant COUNTY COURT LEON COUNTY, FLORIDA CASE # 78-4601

State Wide Collection Corporation,

Garry A. Rathman
NOTICE OF SHERIFF's SALE NOTICE IS HEREBY GIVEN that by virtue of those certain Writs of Execution, as styled above, and more particularly that certain Writ of Execution issued out of and under the seat of the County Court of Leon County, Florida, upon a final judg-ment rendered in the aforesaid court on the 26th day of February, A.D. 1979, in that certain case entitled. State Wide Collection Corporation, Plaintiff, vs Garry A. Rathman, Defendant, which aforesaid Writ of Execution was delivered to me as Sheriff of Seminole County, Florida, and I have levied upon the following described property owned by Gray Rathman, said property being more particularly described as

One 1978 Chrysler 2 door LeBaron, ID # FP22G8G24930 being stored at Butch's Cnevron Santord, Florida.

and the undersigned as Sheriff of Seminole County, Florida, will at 11:00 A.M. on the 1st day of Seplember A.D., 1983, offer for sale and sell to the highest hidder. For Cash, Subject to any and all existing leins. at the Front (West) Door, at the steps of the Seminole County Coruthouse in Sanford, Florida, the above described personal property.
This said sale is being made to satisfy the terms of said Writ of

Execution. John E. Polk, Sheriff Seminote County, Florida Publish: Augest 10, 17, 24 & 31 1983. DEK-25

SEMINOLE COUNTY, FLORIDA CASE # 82 0443 CA D3 K corporation, Plaintiff

corp., Defendant COUNTY COURT LEON COUNTY, FLORIDA CASE # 83-1102 CA 83 L Indian Door & Trim, Inc. Plaintiff

Alecon Builders, Inc., a dissolved Florida corporation, and Allen L.

Jackson, Defendant

Alecon Builders, Inc., a Florida

NOTICE OF SHERIFF'S SALE NOTICE IS HEREBY GIVEN that by virtue of those certain Writs of Execution, as styled above, and more particularly that certain Writ of Execution issued out of and under the seat of the Circuit Court of Seminote County, Florida, upon a final judgment rendered in the aforesaid court on the 24th day of June, A.D. 1983. In that certain case entitled, Indian Door & Trim, Inc. Plaintiff, vs Alecon Builders, Inc. etc., Defendent, which aforesaid Writ of Execution was delivered to me as Sheriff of Seminole County Florida, and I have levied upon the following described property owned by Alecon Builders, Inc., said properly being located in Seminole County, Florida, more particularly described as follows:

Lot 29. Wekiya Cove. Phase 1. Plat Book 23, Pages 89-99, Public Records of Seminole County, Florida.

162 Darlmouth Lane, Longwood and the undersigned as Sheriff of Seminole County, Florida, will al tember A.D., 1963, offer for sale and sell to the highest bidder, For Cash, Subject to any and all existing leins, at the Front (West) Door, at the steps, of the Seminole County Coruthouse in Sanlord, Florida, the above described Real property. This said sale is being made

satisfy the terms of said Writ of John E. Polk, Sheriff Seminale County, Florida Publish: Augest 10, 17, 24 & 31 1983.

DEK 32

Fictitious Name Notice is hereby given that I am engaged in business at 190 N Country Club Rd., Lake Mary, FL 32746. Seminole County, Florida un der the fictitious name of ICE MACHINES UNLIMITED, and that I intend to register said name with the Clerk of the Circuit Court, Seminals County, Florida in accordance with the provisions of the Ficfitious Nam-Statutes, to Will Section 845.09

/s/ Ronald T. Picotte Publish July 20, 27 & August 3, 18, DEJ-122

NOTICE OF PUBLIC HEARING NOTICE IS HEREBY GIVEN BY THE CITY OF LONGWOOD, FLORIDA, that the City Commission will hold a public hearing to consider enactment of Ordinance No. 592, entitled AN ORDINANCE OF THE CITY OF LONGWOOD FLORIDA, AMENDING ORDINANCE NO. 475 SAID CITY, SAID ORDINANCE BEING THE COMPREHENSIVE ZONING ORDINANCE OF THE CITY OF LONGWOOD FLORIDA SAID AMENDMENT CHANGING THE ZONING OF CERTAIN TER RITORY FROM C 2 (COMMER-CIAL, OFFICE) TO C-J. (COM-MERCIAL, GENERAL); PRO-VIDING AN EFFECTIVE DATE REPEALING ORDINANCES IN CONFLICT HEREWITH Legal

County, Florida Being more generally described as the property located on the north side of Evergreen Avenue, east of CR 427. Sald Ordinance was placed on first reading on July 25, 1983 and the City Commission will consider same for final passage and adoption after the public hearing which will be held in the City Hall, 175 W. Warren Avenue. Longwood, Florida, on Monday, August 15, 1983, at 7:30 P.M. or as soon thereafter as possible. At the meeting, interested parties may appear and be heard with respect to the proposed Ordinance. This hearing may be continued from time to

Lot 10 and the East 25 Feet of Lot 11, Farmers' Addition, Plat Book 3,

City Commission A copy of the proposed Ordinance is posted at the City Hall, Lorsgwood, Florida, and copies are an file with the Clark of the City and same may

lime until final action is taken by the

be inspected by the public, A laped record of this meeting is made by the City for its convenience. This record may not constitute an adequate record for purposes of appeal from a decision made by the Commission with fespect to the foregoing matter. Any person wishing to ensure that an adequate record of the proceedings is main fained for appellate purposes is advised to make the recessary arrangements at his or her own expense.

Dated this July 24, 1983 Publish July 31 & August IC. 1983 DEJ 172

CLASSIFIED ADS

Seminole 322-2611

CLASSIFIED DEPT.

HOURS

8:30 A.M. - 5:30 P.M.

SATURDAY 9 - Noon

MONDAY thru FRIDAY

Orlando - Winter Park 831-9993

RATES 1 time 3 consecutive times 54c a line 7 consecutive times 46c a line 10 consecutive times 42c a line \$2.00 Minimum

3 Lines Minimum

DEADLINES Noon The Day Before Publication Sunday - Noon Friday Monday 5:30 P.M. Friday

21-Personals

BRILLIANT BALLOON BOUQUETS Delivered by Pro Clown Or Selly Stripper.
HOT AIR BALLOON FLIGHTS BALLOON WIZARD. (904)777-8420.

Lost Mate Shilzu. 2 years old, has colar, answers to Smer Ph 321-5179.

AVON CHRISTMAS WOWII GET STARTED NOW! 322 6659 or 322-1304

New Office now opening VORWERK 1120 W. 1st St.

Mother of 14 mos. son will bebsit in my home. Infants and preschool. \$30. Wk. Includes. Breakfast and

lunch 327-3410

31—Private

Servival Swi.nming. 6 mos. to 6 yr's. Sanlord Ph 337-6678. 33—Real Estate

BOB BALL JR. SCHOOL OF REAL ESTATE LOCAL REBATES 323 4118 MASTER CHARGE OR VISA

KEYES LICENSE EXAM SCHOOL b Week Evening Class starts August 15th. 4 Day Accelerated Class starts August 29th. For location and fultion info.

> 55—Business **Opportunities**

CREATIVE CHRISTIAN RE SOURSES WIII hold WORKSHOP for people interested in earning EXTRA INCOME IN A GOOD CHRISTIAN BUSINESS. Over 15.000 products available with several marketing plans. Aug 13. 9 A.M. to 4 P.M. Holiday Inn Marina, For Information, (305) 323-2770

63—Mortgages Bought & Sold

Behind in Payments? Bank Forciosures? I CAN HELP, Call JIM HOELTKE 842-3941 If you collect payments from a first or second mortgage on property you sold, we will buy the

Legal Notice

CITY OF LAKE MARY, FLORIDA NOTICE OF PUBLIC HEARING TO WHOM IT MAY CONCERN NOTICE IS HEREBY GIVEN by the Board of Adjustment of the City of Lake Mary. Florida, that said Board will hold a Public Hearing at

8:00 P.M., on Wednesday, August 31, a) Consider a request for a Con-ditional Use (Special Exception) to allow for a retirement home in an area zoned R-IA, Single Family Dwelling District, said property be-ing situate in the City of Lake Mary. Florida, and described as follows: Lot 2, Glenwood Subdivision, as recorded in Plat Book 9, Page 97, of the Public Records of Seminole County, Florida, more commonly known as the northwest corner of

Washington and Ruskin.
The Public Hearing will be held in the City Hall, 158 North Country Club Road, Lake Mary, Florida, at 8:00 P.M., on August 31, 1983, or as soon thereafter as possible, at which time interested parties for and against the request stated above will be heard Said hearing may be continued from taken by the Board of Adjustment THIS NOTICE shall be posted in three (3) public places within the City of Lake Mary, Florida, at the City Hall and published in the Evening Herald, a newspaper of general circulation in the City of Lake Mary, Florida, one time a least filleen (15) days prior to the aforesald hearing. In addition, said notice shall be posted in the area to be considered at least filteen (15)

Hearing.
A taped record of this meeting is made by the City for its convenience This record may not constitute as appeal from a decision made City Commission with respect to the foregoing matter. Any person wishing to ensure that an adequate record of the proceedings is main tained for appellate purposes is advised to make the necessary ar rengements at his or her own

days prior to the date of the Public

City of Lake Mary, Florida /s/ Connie Major City Clerk Publish: August 10, 1983. DEK 34



Appointment Seliers Full and Part time. Openings available immediately. Must have nice phone voice, \$3.35 plus excellent commissions

Call Sandi at 327 7774. Avon Ladies, Full, part-Time, over Midway & Geneva 323 4195. Carpenters, painter,

handyman, laborer Osteen Area, 322 8278 Carpenters Helper.

Ph. 222-3441. CONVENIENCE Store Cashlers. Good salary, hospitalization, it week paid vacation every 6 months. Applications available at 202 N. Laurel Ave. Sanford. COOK experienced in Institutional

Diet necessary. Apply at Lakeview Nursing Center, 919 E. 2nd St. Sanford. CUSTOMER SERVICE.... \$192 Wk. Fast growing company willstrein on computers—people person needed. Great fringest

AAA EMPLOYMENT 323-5176 DELIVERY ...

Drive company Van no nights promote from within to man agement. Top benefits! AAA EMPLOYMENT 323-5176

.to \$800 MO. Small straight truck, some listing friendly company promotes fast Quick raises! AAA EMPLOYMENT 323-5176

sewing experience. Piece work rates. San Del Manufacturing Inc. 2240 Old Lake Mary Rd Santord 321-3810 Experienced Crab Picker Needed.

Apply in person.

Bahama Joe's Lobster House. 2508 5 French Avenue. Company will frain for assembly and QC inspector - several shifts available. Benefits. No layoffs

AAA EMPLOYMENT 323-5176

323 3643 between 8.5 PM Hair Dresser Needed Immediately. Experience Not Necessary Ph 323 8950

Fri. Sanford area. Ph 788 0644 or 322-3647 Mechanic/Farm worker, Mechanic or mechanical ability. Farm worker, willing to do some trav eling 5 months of the year. At least high school education. Ph. 322-0844

Medical Transcriptionist to type and file medical forms in doctors office. Hours Wednesday 9 to 1. Friday 2 to 5 Salary \$4.00 to \$4.00 hr. depending upon experience. Must be familiar with use of IBM memory typewriter and medical termonology, Call Mrs. Thomas at 323-2250 on Wednesday only

between # and 1. Cruiseship/Airline Jobs Career Opportunities All Occupations

(402)944-0448 EXT. 2330 Need an agressive person to work in prestigious Dell. plants, and produce shop. Part time posttions. Only steady workers need apply. Call for appointment. No

Only Responsible Young Women, interested in a career need apply. Must have office experience Call 323 1822 Panel Installer for Cultured Marble products. Experienced in

PERSONNEL UNLIMITED MANY JOBS AVAILABLE 222 5449 PERSONNEL UNLIMITED

PHLEBOTOMIST. Needed for Seminole Branch Of Central Florida Blood Bank in Sanford. Requires Venipuncture or nurs ing experience and clerical skills. Schedule of 32 hours a week, Mon & Wed 9 to 5. Tues and Thurs 12 to 6:30 P.M. Apply at 1302 E. Second Street Sanford.

RECEPTIONIST \$170 Wk. Accurate typing good phone

AAA EMPLOYMENT 323-5176 Retail Furniture Chain needs

Apply in person 1100 French Ave in Sanlord RN or LPN needed. Full time for busy Orthopedic Office. Apply with John F. Schaeffer MD. 317

Waitress and Cook. Experienced only need apply. Apply in person. for busy restaurant.
Golden Lamb Restaurant

Imperial Station. At 1 4 on St. Rd. 44.

71—Help Wanted

23—Lost & Found

25—Special Notices LOSE WEIGHT NOW FREE CONSULTATION **CALL SALLY 323-3404**

27-Nursery & **Child Care**

Instructions Instant Swimming Research

> Courses Experienced Sewing machine operators, frimmers, and pressers wanted. Must have some factory

FACTORY..... Call Mildred Wang, 323-3200.

> GAS ATTENDANT S. SEMINOLE STATION Good salary, hospitalization. I week paid vacation every a months. For information Call

High School student with car to pick up child from school, and care for until & P.M. Mon thru

MOTION PICTURE JUBSII

calls between 11 AM 2 PM please 323 8011

power tool operation. Steady work Ph 323-8341. Part time wallress and party catering person, 30 to 45 yrs. Mostly weekend work, 323 0943.

Needs construction Personnel and General Laborers, Long ferm no lee. Car and phone necessary. 322 5449.

or call personni at 628 0229. voice. Organize and coordinate busy office

someone to work in warehouse to set up for furniture delivery.

N. Mangoustine Ave. 323 2577

2101 S. French Ave. Seniord. Wanted Cashiers. Part time and Previous experience helpful, but not necessary. Apply Monday. Thru Friday 7 AM to 3 PM. At

HEAT GOTCHA? Shop the COOL Way.
USE THE HERALD WANT ADS.

93-Rooms for Rent

en privilidges. Female preferred. 2443 Sanford Ave. After & Pm. Room for rent. Private entrance. Kitchen facilities, \$50 Wk. Lady preferred 322 7829 or 323 3117.

SANFORD Furnished rooms by the week. Reasonable rates. Maid service catering to working people. 323 4507. 500 Palmetto Ave.

SANFORD, Reas, weekly & Monthly rates. Util. Inc. eff. 500 Oak Adults 1 841 7883

Furnished / Rent

Citizens. 318 Palmetto Ave. J. Cowan No phone calls. Lovely. I bedrm apt. Newley decorated, complete privacy, \$75 a week plus \$700 Sec. dep. Call

373 7269 or 371 4947 Partly Furnished, Newley decorafed. Quiet dead end street. \$275

Studio in Sanford, I adult, air, all electric, no pets. \$199 ma. 323 8019

2 or 3 Bdrm. Furnished or Unfurnished \$200 Ma. Osteen 327 8278

99—Apartments Unfurnished / Rent

APARTMENT FOR RENT Brand New \$350 Deltona 574 1434 BAMBOO COVE APTS

300 E. Airport Blvd. Ph. 323 4420. 1&2 Bdrms., from \$240 Mo. 5 % discount for Senior Citizens.

99—Apartments

322 2090 1505 W. 25th St. LUXURY APARTMENTS amily & Adults section. Poolside, 2 Bdrms, Waster Cove Apts. 323 7900 Open on weekends

Mariner's Village on Lake Ada, 1 bdrm from \$265, 2 bdrm from 1310 Located 17 92 just south of Airport Bivd. In Sentord. All Adults 323 8670.

Mallonville Trace Apis. 440 Mellonville Ave. Spacious modern 2 bedroom 1 balb acts. Carpeted, kitchen equipped, CH&A, adults, no pels. \$325.

321-3905 NEW 1 & 2 Bedrooms, Adjacent to Lake Monroe, Health Club, Racquetball and More! Senford Landing S. R. 44 321 4220.

RIDGEWOOD ARMS APTS 2580 Ridgewood Ave. Ph. 323 6420 1.2 & 3 Bdrms. from \$200 Sanford efficiency. Newley remoldled. Air. Carpet, \$220 A month. Call 423-3556 day or 862

2629 night, Bdrm. 1 bath, \$275, month, plus \$150 damage, 1105 Laurel Ave. Sanford, 1 up and I down. Call Mr. Barber 831-1141.

101—Houses Furnished / Rent

Attractive, 2 bdrm, 1 bath home with family room and screened porch. Rent \$325 a month, plus c. dep. Available Aug ISth. Ph 321-4900 pr 323-5117. Newley Decorated, W/W, \$75 a

103—Houses Unfurnished / Rent

Area 1, Deltona. 2 Borm, 1 bath, with screened porch and carport. Rent \$300 plus sec. dep. Avail able now. Ph 321 6900 or 323 5117. DEBARY Very nice. Half duplex. carport, carpeting, appliances. Adults no pets, \$360 Mo. 61

Hydrangea Lane. For Rent. 3 bdrm, bath and a half. \$400 a ma. \$100 sec. dep. 2603 Hartwell, Sanford, Call 322-4499

125-For Lease For Rent 25 acre farm

2440 Sanford Ave. INVESTORS Don't Miss This One! Furnished Bik duplex, with garage Extra lot, 1 mile from

VACANT, COUNTRY 3 Br. Mobile Fenced lot. Metal storage build ing with washer and dryer hook



1800 West First Street (S.R. 46) Sanford, Florida 32771

fied Ads

Additions &

Remodeling

Remodeling Specialist

We handle The Whole Ball of Was

B.E.Link Const.

322-7029

Financing Available

Carpet/Floor Coverings

Carpet and Vinyl Repairs and

Instalation, \$1.50 per yard, \$25.00 Min. 327-2602

Cleaning Service

PAR MAID SERVICES

lately? Cleaning with the

personal touch, 327 0115, 678 4311.

SPECIAL! Living. Dining. And Hallway 324.95. \$3. Ea. additional room. A All American. 331-4304.

Domestic

Housecleaning Wanted. Reason-

able rates. References available.

Ph 322 9350.

Electrical

tions, new services, insured

Master Electrician James Paul

123 7559.

Fence

FENCE installation. Chain link.

Quality Electrical Service

Have you had your home cleaned



'lassifie



Call now: 321-6220

103—Houses Unfurnished / Rent Unfurnished / Rent

GENEVA GARDENS APTS. 1,2 & 3 Bdrm. Apis. From \$275.

Lake Mary Area. New 3 bdrm 2 bath, den, 2 car garage, air, \$525 leasa. Owner. Ph 849-1712. Mon. Ihru Fri. FAM to 5 PM. Large 3 Bdrm. I bath big kitchen. Wall to wall carpet. Cent. Heat and air. Big bathroom. Large tot. References required \$400 After 4 PM 322 1449 LEASE OPTION/BUY

3 Bedroom 1100 Scott 323 4461 1510 Elliot St. 2 Bdrm. Bath, Living rm., eat in kitchen. Carport and

Utilites Rm. \$275 Ma. \$275 Depos H. Orl. 799 4139. 2 Bdrm. I bath. Good location, \$300 Mo. Isl and last month, \$100 Security deposit, 322-5283.

105-Duplex-Triplex / Rent

Duplex 2 Bdrm. 1 bath Cent. AC., equipped kilchen, \$350. Per mo. 223 5650.

Sanford 2 bdrm 1 bath. Carpet, Air, \$275 a month. Call 423-3556 day or 662-2629 night. I Bdrm. Appl. air, yard \$190. Fee. Ph. 339 7200.

Sav-On-Rentals Inc. Realtor 2 Bdrm Duplex. C/H/A. Lake Mary area. \$240 a mo. plus \$250 sec dep. Ph 327 1093 or 322 3354. Available 9.1.

107-Mobile Homes / Rent

2 Bdrm., furn., kids, pets. \$280. Fee. Ph. 339-7200. Sav-On Rentals Inc. Realtor

> 117-Commercial Rentals

CABINET SHOP or other Business for Rent. 24x36. Phone 327 0354. 82.00 to 84.00/5q. Ft. Office or Relail. Downlowh Sanford. BOB M BALL JR PA

121—Condominium

Rentals

2 bdrm. washer, dryer, appl. \$335. Fee. Ph. 339-7200. Sav-On-Rentals Inc. Realtor

20 acres irrigated. 222-4058

141—Homes For Sale

BATEMAN REALTY Lic. Real Estate Broker

Owner anxious. Asking

321-0759 Eve 322-7643



323-2920

4220 S. ORLANDO DRIVE

OUR BOARDING HOUSE AMOS B. FOR BOONDOGGLE

EVEN WASHED! I TOLD YOU MARTHA! NO WORK NO DINNER! HMPH! MY

YOU CAN FIX YOURSELF A PEANUT BUTTER SANDWICH | LOVELY | BE A WHILE THE REST OF US



with Major Hoople

141—Homes For Sale

EXTRA large 2 story Colonial on I acre of Oak frees. All the ameni ties plus guest apt. Best tocale. 1200.000 WM. MALICZOWSKI REALTOR 172-1983.

LIVING

OUT ON

THE EDGE =

FIRST \$29,000 TAKES Charming house in desirable loca tion 812% mortgage. Call owner at 323 4422

FOR SALE BY OWNER. Bdrm 2 bath. Large rooms, fireplace, carpet and drapes included. Paola Country Home, C/H/A/, about 2 acres of land, \$74 900 Ph 322 0095 or 323 2801.

HAROLD HALL REALTY, INC. MALTOR 323-5774

INVESTOR'S DELIGHT 3 BR concrete block home w/fenced yard and oakst FHA or VAI Lew down payment and easy terms! Call us quick! Only \$34,500.

FANTASY ISLAND, 3 Bdrm. country log cabin, surrounded by 2 acres of sprawling jungle! Scenic pond! Walk to Lake Jessup! Double wide mobile home. Owner very anxious! Only

OWN TO RENT! This two story home with extra house on rear of property! Over 3,700 sq. fl. under roof! Delached garage and more.

RUSTIC TWO STORY BEAUTY, 1 perch, cory fireplacet Easy assumption and no qualifying! Superb location! Only \$49,990.

COUNTRY LIVING, at its best in town! 3 large bdrms! Sparkling pool 17 fruit treest on approx 12 acre cerner lott Cedar and private and tenced | Doly \$53,500.

> **WENEED LISTINGS** 323-5774

> > 2606 HWY 17-92

Keyes

FOR ALL YOUR REAL ESTATE NEEDS

323-3200

549 W. Lake Mary Blvd. Lake Mary, Fla. 32746 DRIFTWOOD VILLAGE

Plastering/Dry Wall

ALL Phases of Plastering

cote, simulated brick, 321-5993.

DRY WALL SERVICES, Hanging.

Plumbing

Why Pay More? Plumbing Repairs

\$20. Sewer Cleaning \$30, 24 Hour Service Call 327-2402

Roofing

Does Your Old Or New Roof Leak?

If it does, call David Lee,

323 4455

Roof Maintenance

Repair work. New work

Troy or George for Free Est. 305-345-8640.

Sprinklers/Irrigation

PUMP SALES & SERV.

SANFORD Irrigation & Sprinkler Systems Inc. Free est. 323-0747.

Swimming Pool Service

SUNSHINE POOL SERVICE

Will maintain your pool intop condition, private or commer-

Sanford FI 32771.

cial. Ph. 322-8342, Sunshine Pool Service, 518 Mellonville Ave.

Tree Service

JOHN ALLEN LAWN ATREE

Any kind of Tree Service

We do most anything, 331 5380.

STUMPS ground out

Reasonable, free estimates

788 0641

taping, spraying and painting. Ph. 323-6118.

Plastering repair, stucco, hard

141-Homes For Sale

Hidden Lake Homes from \$50,200 FHA/VA Morteages Residential Communities of America 323-9091

HOUSE FOR SALE 3 Bdrm 2 Bath ent. Heat and air, wall to wall carpet, \$60,000. No quall fying Easy assumption 323 8282

KISH REAL ESTATE 2521 FRENCHAVE

REALTOR 321-0041 LAKE MARY BLVD AREA 3/2,

BOB M BALL JR PA 323 4118 Realton NORTH CAROLINA

MOUNTAINS Chalet on top of mins. 2 bedrooms. fanlastic view, good access. Un-finished inside, rough wiring and plumbing. It is completely finished outside with septic tank installed. \$25,500.00 pay \$3500.00 down, assume loan.

1.76 acres located in the mins, on state road. Large trees cover the entire tract. Several bldg. sites. Ideal for trailer, camper or cabin \$4950.00. pay \$1400.00 assume loan.

These are a few of over 2000 ASSOCING. REALTORS fislings, we have all types of property from \$500.00 per acre and up. We have small tracts, we also have several cabins, houses. old farms and so on. Write or call loday for a free listing brochure. You can call free by dialing 1-800-438-7421. Write or call to

CHEROKEE LAND CO. MURPHY, N. C. 28704 DWHED ANXIOUS

3 Bedm, 113 bath, block home C/H/A, carpeting, storage room, carport, fenced, \$42,000.

INDUSTRIAL LOTS SANFORD JUST LISTED.

3 Rdrm 2 beth , C'H/A, double \$55.000 STEMPER AGENCY INC.

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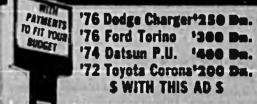
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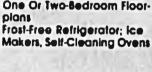
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Omelets

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allows you to take advantage of the newly arrived longer, balmier days. Versatile omelets are a perfect answer, especially when filled with a combination of healthful fresh fruits and vegetables.

According to the United Fresh Fruit and Vegetable Association, the plentiful supplies expected of asparagus, avocados, tomatoes and strawberries mean that these offerings are also economical choices for quick and casy egg dishes. Eggs, too, are a nutritional bargain providing high-quality protein, all the needed vitamins (except C) plus iron and other minerals.

With not much more than a flip of the wrist, you can create a Fresh Strawberry-Banana Omelet. You'll be surprised at the delicious way naturally sweet fruit complements the taste of eggs. The lively no-cook filling calls for ripe bananas and sliced strawberries steeped in freshly squeezed lemon juice for 15 minutes before

Theres nothing mysterious about making omelets if you keep a few pointers in mind. Chop filling ingredients beforehand so you can quickly fill and serve the omelets as you turn them out of the pan. When cooking an omelet, use a slope-sided pan and tilt to keep the egg mixture moving so it cooks evenly.

A variation on basic omelet technique is the Puffy Vegetable Omelet, which begins setting in the skillet, then is transferred to the oven. The airy baked-in texture, created by beating egg whites and yolks separately, contrasts beautifully with the crisp-tender fresh vegetable topping. Six minutes is all it takes to saute the topping of green peppers, mushrooms, onlons

and parsley. Fresh vegetables can also be combined with the egg mixture in a Spring Vegetable Frittata, which is actually an open-face omelet. Once the omelet-vegetable mixture has barely set in the skillet, thinly-sliced potatoes and sauteed asparagus stalks are arranged in a radial design on top. After popping it in the oven a few minutes longer, the frittata is inverted onto a plate, then again onto the serving platter, displaying the fresh vegetable design on top. This family-filling main dish is then easily served in wedges.

Omelets are excellent low-calorie offerings, too, (an egg has only 80 calories) as you slim down for the beach and patio months ahead. Try South-of-the-Border inspired Rio Grande Omelets, filled with onion, green pepper, tomato and avocado slices, sparked with spicy seasonings to heighten the interest and nutritional value of the weight-loss regimen.

Whatever your taste preferences, fresh fruit and vegetable omelets, in all their variations, make for quick and easy eating without sacrificing the nutritional needs of your active family.

FRESH STRAWBERRY-BANANA OMELETS

1/2 pint fresh strawberries, washed, hulled, sliced (1 cup sliced)

11/2 tablespoons sugar ¼ teaspoon grated lemon rind

I tablespoon freshly squeezed lemon juice

in medium bowl, combine strawberries, banana, sugar, lemon rind and juice; cover, let stand 15 minutes at room temperature. Meanwhile prepare omelets.

Omelets: 4 eggs

¼ cup water

14 tenspoon salt 2 tablespoons butter, divided

In small bowl, mix eggs, water and salt with a fork. Heat one tablespoon butter in 8-inch omeletpan or fry pan over medium-high heat until just hot enough to sizzle a drop of water. Pour in half the egg mixture (about 1/2 cup). Mixture should set at edge at once. With back of pancake turner, carefully push cooked portions at edges toward center so that uncooked portins flow to bottom. Tilt pan to hasten flow of uncooked eggs. Slide pan rapidly back and forth over heat to keep mixture in motion and sliding freely. While top is still moist and creamy-looking, spread 1/2 cup fruit filling over half the omelet. With pancake turner fold in half or roll, turning out onto heated platter with a quick flip of the wrist. Keep warm. Repeat with remaining butter and egg mixture. Garnish with remaining fruit filling.

Makes: 2 servings. PUFFY VEGETABLE OMELET

4 tablespoons butter, divided 1/2 cup chopped onion

I large red or green pepper, seeded and thinly sliced 1/2 pound fresh mushrooms, sliced (2 cups sliced)

2 tablespoons fresh chopped parsley

1/2 teaspoon hot pepper sauce

4 cggs, separated 14 cup water

¼ teaspoon salt

14 teaspoon cream of tartar 2 tablespoons grated Parmesan cheese

In medium fry pan, melt 2 tablespoons butter; saute onion and pepper 3 minutes. Add mushrooms, parsley and hot pepper sauce; saute 3 minutes longer or until vegetables are crisp-tender. Meanwhile, prepare omelet. In large bowl of electric mixer, beat egg whites with water, salt and cream of tartar at high speed until stiff but not dry, or just until whites no longer slip when bowl is tilted. In small bowl of electric mixer, beat yolks at high speed until thick and lemon-colored, about 5 minutes. Gently fold yolks and Parmesan cheese into whites. Heat remaining 2 tablespoons butter in 10-inch omelet pan or fry pan with ovenproof handle over medium-high heat until just hot enough to sizzle a drop of water. Pour in omelet mixture and gently smooth surface. Reduce heat to medium. cook slowly until puffy and lightly browned on bottom, about 5 minuts. Lift omelet at edge to judge color. Bake in preheated 350° oven 10 to 12 minutes, or until knife inserted halfway between center and outside edge comes out clean. To serve, loosen omelet edges with spatula. With a sharp knife cut upper surface down center of omelet but DO NOT cut through to bottom of omelet. Tip skillet. With pancake turner, fold in half and turn out onto plate with a quick flip of the wrist. Spoon vegetable mixture over omelet. Serve immediately.

Makes: 2 servings. VEGETABLE FRITTATA

34 pound fresh asparagus spears 3 tablespoons butter

34 cup scallions cut in 34-inch pieces

2 large potatoes, cooked, pared, thinly sliced 1/4 pound ham, cooked, chopped

8 eggs

1/2 cup milk

1/2 traspoon dried dill weed

¼ teaspoon salt Break asparagus spears as far down as they snap casily. Discard ends. Cut asparagus into spears 4-inches long: cut trimmings into 1-inch picces. In 10-inch fry pan with ovenproof handle, melt butter; cook asparagus spears and pieces and scallions until asparagus is

Planning light yet nutritious meals for your active crisp-tender, about 4 minutes. Add potatoes and ham; family reduces the time spent on kitchen duty and toss lightly to coat with butter. Remove 6 asparagus spears and 6 potato slices to use as garnish. In medium bowl, beat eggs, milk, dill weed and salt. Pour over vegetables in pan. Cook over low heat until eggs are almost set, about 6 minutes. Arrange reserved asparagus spears on top of eggs like spokes of a wheel. Place potato slices between the spears. Bake, uncovered, in preheated 350 oven 8 to 10 minutes until eggs are set. Loosen from pan: place plate over frittata and turn out. Place serving plate over and turn again so frittata is right-side-up. Cut in wedges to serve. Makes: 4 servings.

RIO GRANDE OMELETS

2 tablespoons butter 1/2 cup sliced onion (1 medium)

¼ cup diced fresh green pepper 1 small clove garlic, minced

1/2 teaspoon Worcestershire sauce 1/2 teaspoon dried leaf oregano, crushed

1/s teaspoon salt

1 medium tomato, cut in wedges 1 avocado, peeled and sliced

In medium skillet, melt butter; saute onion, greenpepper and garlic until soft. Stir in Worcestershire sauce, oregano and salt. Add tomato wedges and all but 6 slices of avocado; mix gently over low heat until heated through.

Omelets: 4 eggs

¼ cup water

14 teaspoon salt

Dash hot pepper sauce 2 tablespoons butter, divided

¼ cup shredded Monterey Jack cheese (optional) In medium bowl, mix eggs, water, salt and hot pepper

sauce with a fork. Heat 1 tablespoon butter in 8-inch omelet pan or fry pan over medium-high heat until just hot enough to sizzle a drop of water. Pour in half the egg mixture (about 1/2 cup). Mixture should set at edges at once. With back of pancake turner, carefully push cooked portions at edges toward center so that uncooked portions flow to bottom. Tilt pan to hasten flow of uncooked eggs. Slide pan rapidly back and forth over heat to keep mixture in motion and sliding freely. While top is still moist and creamy-looking, spread 1/2 cup vegetable filling over half the omelet. With pancake turner fold in half or roll turning out onto heated platter with a quick flip of the wrist. Garnish with 3 slices of avocado. Sprinkle with grated cheese, if desired. Keep warm. Repeat with remaining butter and egg mixture. Makes 2 servings.



Fresh fruits and vegetables add unlimited variety to omelets



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