

# Sanford Herald

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87th Year, No. 121 - Sanford, Florida

## NEWS DIGEST

### INSIDE

#### Sports

##### Greyhounds smoking

LONGWOOD — William Simons scored 36 points as Lyman thumped Pine Ridge 74-43 in a boys' basketball game Monday night.  
See Page 1B

#### People

##### Volunteers of the Week

SANFORD — Gail Stewart and her husband, Dr. Roger Stewart, parents of three children in college, have been volunteering their services in education for the 20 years they have lived in Sanford. They also share other volunteer interests.  
See Page 3B

### BRIEFS

#### Truck spills load on interstate

SANFORD — Eastbound Interstate 4 traffic was bottlenecked to one lane for nearly three hours this morning while crews cleared concrete from the pavement near the State Road 46 exit. A Tampa construction supply truck tipped and spilled its load at about 3:45 a.m. after a 1984 Toyota driven by a Sanford man brushed against it, said Sanford police Cmdr. Dennis Whitmore. The Toyota driver, Andrew Dale McCormick, was cited with careless driving, said Whitmore. The lane was reopened at about 6:30 a.m.

#### Water to be shut off

MIDWAY — "We wanted to do it last Saturday," said Department of Transportation spokesman Steve Homan, "but because of weather conditions at that time, we couldn't."

Homan said the water lines will be shut down today (Tuesday). "We'll do it Tuesday afternoon for certain," he said, "between the hours of 3 and 6 p.m., after school has let out for the day."

The shut off is due to a \$120,000 work project by Superior Asphalt Company involving drainage improvements and sidewalks in the Midway area off East State Road 46 from Granby Street approximately seven tenths of a mile east.

The water shut down, however, will affect almost the entire Midway community.

Homan said the shut down is necessary in order to allow for some adjustments to the water line and to move a six-inch main line to another area.

#### City supports market plan

SANFORD — The Sanford City Commission voted unanimously Monday night to give financial support to the Waterfront Steering Committee request for a market package.

The committee has estimated that the overall project of preparing and printing the marketing brochure would cost \$10,000. Sanford Main Street is allocating \$3,000 to the project. The Greater Sanford Chamber of Commerce is expected to give \$1,000 to \$2,000 depending on approval of its board of directors.

The proposal approved by the commission last night was to assist with city funding of \$4,000, and possibly up to \$5,000.

#### Politibits

WINTER SPRINGS — The next meeting of the Seminole County Democratic Executive Committee will be held Thursday, Jan. 12, at 7:30 p.m. at their headquarters at 276 E. State Road 134. It will mark the first meeting under the leadership of the chairman, Anthony Suarez. Committeemen will lay the groundwork for the next election in two years.

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☞ The day most wholly lost is the one on which one does not laugh. ☞  
-Nicholas Chamfort



Today: Mostly sunny. High in the lower 70s. Light wind becoming northeast 5 to 10 mph in the afternoon.

For more weather, see Page 2A

## State statutes upheld City denies request for unlicensed work

By NICK PFEIFAU  
Herald Staff Writer

SANFORD — People can occasionally fight city hall and win, but not when it involves Florida statutes. The Sanford City Commission denied a request to overlook the rules last night.

The Rev. Mary Smith, owner of 11 homes in the Goldstone area, had requested the city allow her to use a handyman to handle electrical work and rebalancing in order to eliminate a number of code violations.

The matter was discussed extensively during the commission work session Monday afternoon.

"These houses are older than the homes in the projects," she told the commission. "I didn't know a house could be condemned because it wasn't painted."

City Manager Bill Simmons explained that the house painting wasn't the reason for code violations. Rather, it was improper electrical and

☞ This commission has a record of being very patient when it comes to these matters (special exemptions). We have often given additional time for a person to bring a home up to code, as long as progress is being made. ☞

-Commissioner Bob Thomas

plumbing work which brought on the violations. The homes in question are between 12th and 13th Streets and on Mulberry Avenue. Two of the structures, located at 1608 W. 13th Place and 1703 W. 13th St., most recently had 90-day extensions granted in the demolition process. The time period will have ended on Feb. 13.

"I've been in office for 10 years now," said Mayor Bettye Smith, "and it seems like we've been giving you special exemptions ever since that time."

"I agree," added Commissioner Bob Thomas. "This commission has a record of being very patient when it comes to these matters. We have often given additional time for a person to bring a home up to code, as long as progress is being made."

"The difference here," Mayor Smith said, "is that this is a request for people who are uncertified, to be allowed to do the work."

In making her appeal, the homeowner, Mary Smith, had written, "I am a very old and widowed woman and these old houses are my way of supporting myself and three children. I have a handyman that can do the work for me and pass inspection according to your code."

Commissioner Lon Howell observed that the  
See Statutes, Page 5A

### Safe and sound



Herald Photo by Tommy Vincent

This little girl, who wandered off, munches goodies at the Sanford Police Department.

## Lost toddler returns home after visit with police, HRS

By VICKI DeSORMIER  
Herald Staff Writer

SANFORD — Two-year-olds will wander off to explore the world if they are given the chance.

One little girl, in the care of an aunt, did just that on Monday. She wound up in the custody of the department of Health and Rehabilitative Services for several hours until her parents were located.

Though fretful and weeping when she was first found wandering aimlessly in the center of Melbourne Avenue, south of downtown, the little girl was well cared for by both the woman who found her and the police officers who

offered her solace while they sought her parents.

She smiled as she nibbled on cereal and MRMs and sipped on sodas, observers said.

"It was still very scary for her," Cmdr. Dennis Whitmore of the Sanford Police Department said.

Whitmore reported that a woman who lives on Melbourne went to the street to check her mail when she spotted the little girl weeping in the center of the busy thoroughfare. Cars were idling around the child, but none stopped to offer assistance.

One of the drivers did stop at a nearby  
See Toddler, Page 5A

## Citizens' opinions welcome

### Longwood votes to let citizens air views twice

By SANDRA ELLIOTT  
Herald Staff Writer

LONGWOOD — Viewing public participation as a key ingredient in the governmental process, Longwood City Commissioners voted Monday night to give citizens two opportunities to air their views during regular meetings.

A call by commissioner Jim Curcio to change the order of business evolved into more time for citizen input. Curcio had proposed moving reports by the city administrator, city attorney, mayor and commissioners near the beginning of the meeting rather than at the end.

Citizens are given the chance to address the commission on any topic shortly after the meeting begins. However, commissioner Annmarie Vacca noted if something occurs later in the session which a citizen would like to address, comment must be held over two weeks until the next meeting. By allowing a second opportunity for citizen input at the end of each meeting, Vacca said the topic would be fresh.

Mayor Iris Benson said the agenda followed by the commission has stood the test of time and she did not favor any change.

"Commissioners sometimes glean information from meeting discussions," Benson said, "then comment on it during their reports. I think they are where they should be," referring to the reports. "Let's keep it like it is."

By a 3-2 vote, the commissioners agreed to add the additional public participation at the end of each meeting. Anyone who asks to speak will be  
See Longwood, Page 5A

## Pro-wrestling takes Sanford by 'storm'

### Young and old came to root for heroes, villains

By DIANA M. GILLANDERS  
Herald Staff Writer

"Are you ready to rumble?" Saturday night was family night at the Sanford Civic Center as Statewide Pro Wrestling stormed into town with "Stormin' Norman" (Norman Howington) and his wrestlers. Old and young, and those in between came to root for their heroes and villains.

Upon entering the brightly lit civic center, there was a feeling of anticipation among the crowd waiting for the first bout to begin. About 200 people were camped out on the bright yellow chairs ring-side. Holding forth on the civic center's stage, a nattily attired master of ceremonies made his welcoming remarks. The smell of hot dogs wafted through the air as people made a beeline for the tables set up serving soft drinks and snacks.

To the recorded strains of "Sweet Home Alabama," Diamond Dallas and 240 lb. Mr. Twilight squared off. Diamond Dallas who sported a cowboy hat, black metallic shirt and the warmest of smiles, gladdened the ring-side customers as he strode to the ring. Dallas does  
See Wrestling, Page 5A



Photo by Kozzie Lavender

G Man and his partner Navy Seal team up against Motor City Bad Boys at match in Sanford



**POLICE**

**Traffic stops**

Stacye Ann Gardner, 24, of Oviedo, was stopped on Lake Mary Boulevard by Lake Mary police early Monday. She was charged with driving with a suspended license.

Virgil H. Freshour, 51, 3645 Richmond Ave., Sanford, was found parked on the roadway near State Road 46 and Cameron Avenue by sheriff's deputies Sunday. He was charged with driving with a suspended/revoked license, being a habitual traffic offender, and obstruction by a disguised person.

Elijah W. McCloud, 26, 1415 W. 15th St., was stopped by Sanford police at 15th Street and Southwest Road Sunday. He was charged with driving with a suspended/revoked license.

William J. Sayre, 36, 108 Trails Court, Lake Mary, was stopped on Greenwood Boulevard by Lake Mary police Sunday. He was charged with willful and wanton reckless driving.

Melanie Renee Entsminger, 26, 303 Fairmont Drive, Sanford, was stopped by Casselberry police Sunday. She was charged with resisting arrest without violence, and refusal to sign a (traffic) citation.

Thomas James Wallace, 35, 3550 Hartwell Ave., Sanford, was stopped by deputies on U.S. Highway 17-92 near 27th Street Sunday. Deputies said the license plate on his motorcycle had been reported stolen in Orange County in November. He was charged with petit theft, attached tag not assigned, and violation of drivers license restrictions.

Guy Trell Herndon, 18, 268 Live Oak Blvd., Sanford, was arrested Sunday on Country Club Road near Leslie Lane. Herndon reportedly was a passenger in a motor vehicle stopped by Lake Mary police. He was charged with possession of cannabis, and possession with intent to distribute.

**Domestic cases**

Sherrill Knight Wilson, 33, 25208 Oak Ave., Sanford, was arrested at her residence Sunday by Sanford police following a reported altercation with her husband. She was charged with assault domestic violence, and resisting an officer without violence.

Shundrelle L. Buckner, 18, 33 Seminole Gardens, was arrested at her residence by Sanford police Saturday following a reported fight with a man. She was charged with aggravated assault and battery.

Solomon Hardy, 32, 1708 W. 16th St., Sanford, was arrested by sheriff's deputies on Southwest Road early Monday following a reported dispute with his wife. He was charged with aggravated battery, domestic violence.

John Steven Porco, 34, 747 Baywood Circle, Sanford, was arrested by deputies at his residence Saturday after a reported dispute with a female. He was charged with battery, domestic violence.

Salim Dhanani, 31, 2831 Sunlake Loop, Lake Mary, was arrested at his residence by deputies Saturday following a reported fight with his wife. He was charged with battery, domestic violence.

Albert Edward Dallabrida, 579 Andrews Road, Sanford, was arrested at his residence by deputies Saturday following a reported altercation with a female. He was charged with battery, domestic violence.

**Warrants**

Mark Anthony Pearson, 31, 1327 Elliott Ave., was arrested at the John E. Polk Correctional Facility Saturday. He was wanted for violation of probation on a conviction of false imprisonment.

Bobby Washington Sr., 41, 606 Pine Ave., was arrested by Sanford police at his residence Saturday. He was wanted for violation of probation on a conviction of burglary to a conveyance. He was also found to be wanted on a Volusia County warrant for violation of probation on a previous conviction of driving under the influence of alcohol.

Emory Willis, 31, 2445 E. 20th St., was arrested by deputies at Maple Avenue and First Street Sunday. He was wanted for failing to appear to pay a fine.

**Disorderly**

Harry Benjamin Kleeman, 27, 2445 Park Drive, was arrested by Sanford police early Monday, in response to a disturbance call. He was charged with disorderly intoxication and resisting an officer without violence.

Charles Malcolm Higgins, 51, Billie Fish Camp, was arrested by deputies on Deer Path Lane in Sanford Sunday. He was charged with disorderly conduct, resisting an officer with violence, and violation of an injunction.

**Incidents reported to Sanford police**

An estimated \$675 in jewelry and other items were reportedly stolen Friday from a residence in the 2500 block of Poinsettia Avenue.

Clothing and jewelry valued at \$535 were said to have been taken Friday from a residence in the 100 block of Krider Road.

A VCR and remote control unit valued at \$499 were reportedly stolen Friday from a residence in the 1800 block of West 13th Place.

An estimated \$2,500 in jewelry and \$100 in cash plus some gold coins were said to have been taken Sunday from a residence in the 800 block of East Airport Boulevard.

A large box of cabinets was pushed over and other damage reported as the result of a burglary at the Seminole High School administration building Sunday.

A 1986 Oldsmobile reportedly stolen early Sunday in the 5300 block of Stone Brook Ave. was located later in the day by Sanford police in the 1000 block of Pine Avenue.

A washer and drier with no value listed, were reportedly stolen during this past weekend from a residence in the 100 block of Laurel Drive.

**Crime study  
Panel urges crime-fighting alternatives**

By Bill Henderson  
Associated Press Writer

TALLAHASSEE — Business leaders will back Gov. Lawton Chiles in urging lawmakers to focus more on crime prevention in families and neighborhoods, the head of a criminal justice study panel said.

As the targets of nearly 30 percent of criminal offenses in Florida, businesses have their own vital stake in turning children away from delinquency, said a report Monday by the panel of business leaders.

While federal and state governments pour huge sums into prisons and police, officials do too little to fight crime locally where it occurs, said the report by the Florida Council of 100.

"I do not want anybody to believe that the committee was made up of softheaded people who think crime can be ignored," said Marshall Crieser, former University of Florida president and chairman of the council's justice system committee.

"We need to spend money on prevention because we can't keep up with the growth in convicted felons the way we are going now," the Jacksonville attorney said.

The report urged attacking causes as basic as poor prenatal care and malnutrition, school failure, joblessness, poor parental skills, lack of recreational opportunities, drug and alcohol abuse, child abuse and domestic violence.

"We now spend more on the 56,000 incarcerated convicts we have in the state than on the 305,000 university students we have in the state or the 500,000 community college students we have in the state," said Crieser.

The council, made up of 106 business and industry leaders, launched the study in 1993 at the request of then-state Supreme Court Chief Justice Rosemary Barkett.

Crieser said the group has discussed its conclusions on the criminal justice system with Chiles, reporting, in short: "It's not working."


First of all, said Crieser, "We need to get some kind of a management focus."

The report said 2,000 people are involved in the criminal justice system. That includes 750 judges, the governor, the attorney general, 30 state attorneys, 90 public defenders, 67 sheriffs and 67 court clerks — all of whom are independent elected officials.

A crime-fighting " czar " may not be the answer, he said.

**I do not want anybody to believe that the committee was made up of softheaded people who think crime can be ignored. We need to spend money on prevention because we can't keep up with the growth in convicted felons the way we are going now.**

-Marshall Crieser



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**Reward doubles for prison escapees**

By Associated Press

MIAMI — Officials have created a 60-agent task force whose sole purpose is to track down five escaped murders. It is one of the largest manhunts in recent Florida history.

"It's a matter of time before they commit additional crimes ... or we'll have additional victims," Florida Department of Law Enforcement special agent Doyle Jourdan, who is heading the task force, said at a news conference Monday.

The men fled from Glades Correctional Institution in Belle Glade Jan. 2 through an underground tunnel.

Gov. Lawton Chiles, meanwhile, doubled the reward for their recapture to \$50,000.

The search is keying on South Florida because the men have relatives in the Dade County area, Jourdan said.

But the FBI has also alerted U.S. authorities in its embassies and consulates throughout

South America, Central America and the Caribbean, FBI agent John Pavlanaky Jr. said.

Officers in Dade, Broward, Palm Beach and Monroe counties, meanwhile, will coordinate search efforts via a computerized lead tracking system similar to the one that tracked more than 20,000 leads in the Gainesville student murders.

They will be organized into six teams of ten agents apiece, one for each escapee and a sixth, central, organizing team.

"We're going to turn up the heat every chance we get," Jourdan said. "If there is a resource out there that we can throw at this problem, then we are going to do it. If I wake up tomorrow morning with another idea for something we can do, we'll do it."

The task force is the gathering point for information from the FBI, FDLE, Florida Highway Patrol and other federal, state and local law enforcement agencies.

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# Editorials/Opinions

## Sanford Herald

(USPS 481-280)  
300 N. FRENCH AVE., SANFORD, FLA. 32771  
Area Code 407-322-2811 or 831-9993

Larry K. Lear - Editor  
Cecelia H. Pugh - Business Manager

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### EDITORIAL

## Another way to do it

For the few citizens who regularly attend the Sanford City Commission meetings, there is one phrase which has become very common. "We've discussed this at our workshop meeting."

With those words, the commission generally brings a matter up for a vote, and the citizens in the audience have no idea why the vote, for or against the motion, was made.

To compensate for this, the city holds work sessions before most regularly scheduled commission meetings. The general public is always invited to attend these work sessions, but is not allowed to speak unless requested to do so.

The work sessions begin about 5 p.m. and often earlier, when few working people could attend.

The meetings are held in the city manager's conference room on the second floor in City Hall, where seating is extremely limited. Most seats are occupied by the city staff or persons waiting to make specific presentations.

Following an hour or more of discussions, the work session adjourns. Then, at the regular meeting beginning at 7 p.m., items on the agenda are presented so rapidly the meeting has been known to end in as briefly as 12 minutes.

Is it any wonder people don't turn out for a Sanford City Commission meeting? All they would hear is the reading of an ordinance, (by title only) which seldom explains anything in layman's terms, and a rapid vote.

Zap, a new ordinance is passed, and unless people attend both the work session and regular meeting, and have the opportunity to study the paperwork behind some of the items presented, they have little (if any) idea of what has transpired.

Other cities also have work sessions from time to time. But in most cases, they are done when a major presentation is to be made, which does not require immediate commission action.

Cases in point might be the Central Florida Regional Airport's annual report, or a presentation from a bus transportation company on plans for the coming 10-year period.

Commission meetings in other cities often last for several hours. But in doing so, people who attend the meetings (or watch them on local TV as in Lake Mary), have the opportunity to hear what the various commissioners and city staff members feel about a particular item.

Citizen participation is not only allowed, but encouraged. In fact, many cities have a line item in each meeting's agenda which allows for citizen participation on items not scheduled for the regular agenda. Sanford never lists any such opportunity.

We suggest Sanford consider having more discussion in regular commission meetings and less in the work sessions. In doing so, the commission would be giving the citizens of the city an opportunity to better understand what is going on. As a result, more citizens may attend the meetings, and there may be less controversy over items that often take on the appearance of being enacted without the knowledge of the people.

### LETTER

## On disabled persons

The general public should be aware that disabled people want to be regarded as human beings, not just people taking up parking spaces and using wheelchairs.

Thirty years ago disabled citizens were kept in seclusion. They had very few rights and opportunities. Today, it is a different world. Disabled citizens are doing more things and going more places than ever before. Despite these advances, the public still needs to be educated.

People with disabilities are more active today. Yet, the public is still ignorant. People do not take disabled citizens seriously. The disabled can work, go to school, manage households, and have relationships. They have hearts, minds, and feelings just like everyone else.

The first place to start the education is in the home. Parents need to educate children about disabled people. Children should learn to socialize with and not be afraid of the disabled community.

Adults may not realize that the disabled have the same feelings as others. I am a disabled male. It is obvious to me that most girls do not realize what disabled boys are capable of doing. If girls would take the time to get to know disabled guys, they might be surprised. The same goes for non-disabled men having relationships with disabled women.

If everyone, both young and old, would learn more about the disabled community, the world would be a better place for all persons.

Christopher Ferguson  
Longwood

### BEN WATTENBERG

## GOP revolution may be revolutionary

Were Newt Gingrich's two books worth that \$4.5 million advance? Probably. Why? Because, except for newly elected presidents, we have not seen in modern political times any person receive as much sustained national attention. Fame sells books.

Moreover, in Gingrich's case that attention is deserved. It comes from his ideas (like them or not) from the congressional victory he engineered from his newly gained power. And that power may be greater than now perceived, as will be seen after the "Contract With America" is dealt with.

The power comes partly from the ideology of modern conservatism: a key plank is "too much government." Effectuating such a view is helped along by the rules of the House of Representatives and the words of the Constitution. Both tend to give extra power to a party that wants to shrink government, rather than expand it.

Gingrich talks about it frequently, but it hasn't fully registered. As he told C-Span, "We're... going to go at every item, every day... and fight each one out... (we) may win or lose the first round and come back again... we're going to get up every morning trying to get a balanced

budget with a smaller government..." That is not an idle boast. Gingrich knows that this conservative House has the functional equivalent of a "one house veto" over the funding of discretionary government programs. If it chooses to use it.

It doesn't work that way for liberals. If liberals in the House want to create a new program, or raise the appropriation of an existing one, they have to get the House and Senate to pass it, and then hope the president will not veto it. Each step can be perilous.

But if a conservative speaker wants to stop funding an existing pro-

gram, all he has to do is keep his Republican majority in the House firmly in line (and in fact it may mean just keeping the House Appropriations Committee in line). In theory, if the House does not ultimately approve an expenditure (for example, by "zeroing it out" on the budget or through resolutions), the program dies, stone cold dead, and there is nothing the Senate or the president can do about it.

A Republican Senate could act the same way, but it is presently a somewhat more moderate institution than the House, and unlikely to do so.

As it happens, this procedure doesn't involve anything in the Contract. All those items involve either constitutional amendments, new legislation, or new internal House rules.

But suppose, for example, that Gingrich follows through on his oft-repeated statement that public funds for public television should be eliminated. (A bad idea, for reasons I hope to write about soon.) If he can keep the House from approving the funding, there will be no funding. Similarly, the House could defund the Equal Employment Opportunity Commission or Amtrak.



Fame sells books.



MIRACULOUSLY, ANOTHER CASE OF AMNESIA IS CURED

### JACK ANDERSON

## Yeltsin playing with fire

WASHINGTON — Just as the Soviet empire began to crumble with the Baltic state uprisings in 1991, the end of a unified Russian empire may have started with the invasion of Chechnya.

At the least, the Russian repression of the rebellious republic will create an increase in domestic terrorism in Moscow and other parts of Russia by Chechen nationalists.

At its worst, the events may have lit the fuse to a powder keg of ethnic nationalism throughout the Russian republic, which could ultimately see the breakup of today's Russia into a patchwork quilt of autonomous states and regions.

The invasion also probably marked the beginning of the end for President Boris Yeltsin's hopes of re-election in 1996.

In the view of one longtime Central Intelligence Agency analyst, the Russian suppression of Chechnya was, perhaps, inevitable. "It was just the Russians being Russians again... at Christmastime," this analyst said. "Once, they invaded Afghanistan at Christmas. Later, they declared martial law in Poland at Christmas. And now they crush a peaky flea — Chechnya — with a carnival hammer at Christmastime."

The biggest unanswered question in the bloody affair — which has now claimed the lives of hundreds of Chechens and Russian soldiers — is why Yeltsin bothered to invade when he did. It's been four years since the tiny region of 1.3-million first declared its independence.

CIA analysts believe Yeltsin is being pushed by Russian nationalist advisers who thought it was high time he showed a conservative streak. According to a recent classified CIA report on the situation, these advisers are led by Maj. Gen. Alexander Korzhakov, a close Yeltsin aide since 1993. He is currently the head of the presidential security service. Korzhakov and his militarist cronies are urging Yeltsin to invoke emergency powers to quell not only the Chechen revolt but any other potential revolts it may spark.

The liberals who remain in Yeltsin's inner circle consider these right-wingers to be saboteurs of Yeltsin's best intentions. They believe that prolonging the increasingly unpopular conflict will only erode what political base he has left among the reformers he came to power with. The liberals are frustrated by the increased attention being lavished on conservative hard-liners, while his most important allies on political and economic reform have become increasingly isolated.

Yegor Gaidar, former acting prime minister and a leading reform figure, has publicly predicted that the Chechen conflict will destroy not only democratic reforms but economic reforms as well, due to the military resources needed for a long deployment in Chechnya.

In the meantime, Yeltsin has become paralyzed with the idea that Russia may go the way of the Soviet Union. "It is no secret that the country is gripped by a feeling of anxiety about the integrity of the Russian state," Yeltsin said after retaining his seat in an April 1993 referendum. Nearly two years later, that anxiety is threatening to turn into panic among Yeltsin and his advisers.

By invading Chechnya when he did, rather than continuing to ignore its claims of independence, Yeltsin was responding to advisers who believed the only way to stop the growing secessionist tide within Russia was to crush the rebellion. In fact, the opposite is true.



At its worst, the events may have lit the fuse to a powder keg of ethnic nationalism throughout the Russian republic.

### ELLEN GOODMAN

## Resist anything but temptation

BOSTON — It was 1996 at least and the woman's scale bore a strong resemblance to her credit cards. She had maxed out.

She was carrying the excess of last year into the lean, mean new year. Her gift from the Magi weighed in at precisely five pounds. These had appeared ounce by ounce over the holidays. Like distant cousins, their arrival had been accompanied by good cheer. Now they had outgrown their welcome.

The matter weighed on the woman's mind, not to mention her hips. The average American added six to eight pounds to the body and body image during the holidays. It was, to put it mildly, a burgeoning national problem.

But how did it happen again? After all, there had been unprecedented attention to the human lard condition this year. A groaning board of scientists had issued reports on what they all called an epidemic of obesity, an outbreak of horizontal inches.

Arguments had broken out between experts who believed in nature or nurture, willpower or weakness, feast or famine. There were more theories about weight gain and loss in the air than there were pecans in the Christmas pie.

Some implored Americans to diet, while the others insisted that dieting didn't work. C. Everett Koop had come out of retirement to exhort his devotees to "Shape Up America." A study group in Houston said that only exercise made any long-term difference. Nutritionists in Boston calculated that any woman who wanted to work off the 2,400 excess calories from Christmas dinner alone had to walk 31.9 miles. Or have 59.2 hours of moderately intense sex.

Meanwhile, still other scientists had caught a culprit in our genes. They'd gone looking for a fat marker in mice and found that the biggest, butteriest, bundles of laboratory fur had a genetic flaw. To great fanfare, they announced the discovery of a fat gene — the ob gene (ob for obesity) that prevented the rodents' brains from getting the message when their stomachs were full. Fat, they suggested, could be fate.

By the end of November, we had all heard that Americans spend millions of dollars gaining weight, millions more trying to lose it and millions more studying why they couldn't lose it. Fat had become a growth industry.

Yet despite all these warnings, the annual reunion of the five pounds had taken place in the woman's house and in so many others. So today, staring at the familiar start of her resolutions' list, she was developing a strong feeling the scientists were staring into the wrong gene pool.

Having begun this season with a guacamole dip at one home and having ended it with a chocolate truffle at another, she thought that it was time to share her own scientific theory about holiday weight gain.

It wasn't the ob gene that determine the

numbers on the bathroom scale. It was the T-gene. T for Temptation.

The more she thought about it, the more sense it made. Surely this soon-to-be discovered T-gene stands at the interface of nature and nurture, at the corner of the buffet table where the eggnog meets the cheesecake, at the time of the year when the average hostess measures her success by the caloric intake of her guests.

Others before her had, of course, observed a T-factor in weight gain, but always assumed temptation was a virus passed from one person to another on a platter of hors d'oeuvres at the office Christmas party. But the T-experience was far too primal not to be genetically destined.

Who among us after all hadn't been derailed from the straight and narrow — the straight skirt and the narrow waist — by a passing macadamia nut or ten? Which Darwinian, gone home for holiday dinner overload, hadn't encountered parents programmed to assure the survival of the fattest?

Surely, the T-gene existed in chefs and caterers. It was inbred in French farmers who raise geese for foie gras. Any genetic test would find it in advertisers who sell taco chips and peanut butter cheese crackers. Without this gene, the hand would move to the mouth 50 percent less often.

Of course, if biology is destiny, it's not all bad. The woman carrying five pound weights wherever she goes these days is convinced that the T-gene is seasonal. Programmed for stuffing assorted turkeys and relatives in holiday season, it slinks back into the gene pool just as the R-gene, the Resolutions gene, kicks into action.

As she sees it, this is the beauty of genetic studies. How many times did our parents say, "I can resist anything but temptation"? Now we understand. It's all in the genes. And, of course, the jeans.

### LETTERS TO EDITOR

Letters to the editor are welcome. All letters must be signed, include the address of the writer and a daytime telephone number. Letters should be on a single subject and be as brief as possible. The letters are subject to editing.



The woman's scale bore a strong resemblance to her credit cards. She had maxed out.



# Will it be the insanity plea?

## Salvi's attorney hints at defense strategy

By MARTIN PHINIGANE  
Associated Press Writer

BROOKLINE, Mass. — John C. Salvi III's lawyer offered the first hint of a defense strategy as his client pleaded innocent in a deadly shooting rampage at two abortion clinics.

"John Salvi is a very young, very impressionable young man. He has developed some extraordinary beliefs based on his deeply felt religious feelings," J.W. Carney Jr. said outside court on Monday. "At the trial, the essential question will not be what happened, but why."

Carney, who was appointed by the court to represent Salvi, is known for using the insanity defense. He would not comment on whether Salvi would use that strategy.

The 22-year-old aspiring hairdresser from Hampton, N.H., is accused of killing two clinic receptionists and wounding five bystanders on Dec. 30. He wore a bulletproof vest as he pleaded innocent to murder and attempted murder.

Salvi was ordered held without bail. A pretrial hearing was set for Feb. 1.

In arguing against bail, assistant district attorney John Kivlan said Salvi planned the attacks for months, studied

maps of the area around the clinics and practiced shooting the day before.

Kivlan called the killings "deliberately premeditated murders" committed with "extreme atrocity and cruelty." He said one of the slain receptionists was shot nine times.

Salvi already had pleaded innocent to federal firearms charges in Boston. He is charged in Virginia with shooting out the glass doors of a Norfolk abortion clinic on Dec. 31. He was arrested moments after that shooting.

Although Salvi's arrest made him the center of the nation's abortion debate, there were no indications that he had any family, friends or demonstrators present to support him Monday. The only protesters outside the court were for abortion rights.

Spectators at the arraignment were searched by hand and two types of metal detectors, and their belongings were passed through an X-ray machine.

"It was an extraordinary crime and it needed extraordinary measures as far as security," said Police Chief Howard Brackett said. He said there had been no threats against Salvi.

Salvi has been held in a medical observation cell with three glass walls, said Sheriff Cliff Marshall, adding that he

showed no signs of mental problems.

Security also was tight about two miles away at the clinics where the shootings occurred. Preterm Health Services resumed seeing patients Monday; the other clinic, run by Planned Parenthood, reopened Friday.

At Preterm, a police car was stationed outside and several officers were inside. The few patients were able to watch Salvi's arraignment on television in the waiting room.

"It's really weird to see his face," said a clinic employee at the waiting room desk who would not give her name. "There he is on television and then, you think, he was here last week."

# Many shocks in store for jurors in terrorists' trial

By LARRY NEUMISTER  
Associated Press Writer

NEW YORK — Potential jurors gasped when a judge told them it might take nine months to decide the case of an blind Egyptian cleric and 11 other Muslims charged with plotting a series of assassinations and bombings.

Later Monday, with the jury pool out of earshot, a defense lawyer told U.S. District Judge Michael Mukasey that other shocks might be in store if the jury isn't told the case will involve controversial statements about Israel, Islam and

other issues.

"The first time a tape is played where they say, 'Let's kill the Jews,' I don't want the jurors in this case jumping up and saying, 'Why didn't you tell us about that?'" defense lawyer John Jacobs said. "I think we are hiding our heads in the sand at this point in the case."

The judge replied, "This is one of the few times in my career that I have been accused of being not sufficiently inflammatory. I will try to sprinkle a few more drops of

gasoline in it for tomorrow, if you'd like."

The trial began with Mukasey outlining the case to 100 potential jurors, who were crammed into the courtroom so tightly that 11 had to stand. Several dozen marshals lined the courtroom and nearby hallways, and a bomb-sniffing dog with its own photo ID checked the courtroom.

Another group of 100 jury prospects was expected today. Mukasey said he wanted 12 jurors and six alternates selected by Jan. 30. Their identities will be kept secret.

# 12-year-old guilty in murder of a transient

By AVIVA L. BRANDY  
Associated Press Writer

WENATCHEE, Wash. — Saying there was no question the 12-year-old knew what he was doing, a judge convicted the boy of murder for emptying two guns into a drifter who had thrown rocks at him.

"It is difficult to conceive of a more premeditated act," Judge John Bridges said Monday after John Duncan's juvenile court trial.

The boy sat quietly, looking solemn and pale, as the verdict was read. He could be sent to a detention center until he is 21 when he is sentenced Jan. 20.

His lawyer, Neil Fuller, didn't plan to appeal. He had argued that John didn't mean to kill anyone.

"We made our case, and he didn't believe what John had to say," said John's mother, Jennifer.

Emilio Pruneda, 50, was shot more than 18 times on a riverbank in August after he threw rocks at John and his

friend Manuel Sanchez. The two 12-year-olds had fired guns in his direction, police said.

Manuel, who also was charged with murder, goes on trial Wednesday.

The judge quoted from John's police statement describing how he and Sanchez had wandered the riverbank with stolen guns, shooting at trees and the water, before the confrontation.

In the statement, Duncan said he and Manuel became angry when Pruneda yelled at them and bloodied Sanchez's chin with a rock. The boys went to the top of the bank and reloaded, and Duncan "ran back down to the river's edge, jumped on a rock and shot Mr. Pruneda," the judge said.

"I had the revolver at my feet and Manuel's gun in my hand," John's statement said. "I shot Manuel's gun until it was empty. My first shot hit him in the eye and it was sick, so I closed my eyes and shot him more."

Pruneda was found near his only possessions — a blanket, a few cans of food and a blue tarp.

# First lady seeks advice on improving her image

By The Associated Press

Over winter vegetables and curry, Hillary Rodham Clinton asked a group of lifestyle writers to help her polish up her image and said she was "naive and dumb" about how to sell the public on health-care reform.

"Sometimes I read stories and hear things about me and I go, 'Ugh! I wouldn't like her either,'" Mrs. Clinton said. "It's so unlike what I think I am or what my friends think I am."

"I can only guess that people are getting their perceptions from things I am saying or doing in ways that don't correspond to what I think I am trying to get across."

Basically, the White House has a communication problem, she told a group that included advice

columnist Ann Landers and gossip or feature section writers from The Washington Post, USA Today and the New York Post.

Mrs. Clinton also blamed herself for the failure of health-care reform, saying she failed to get the message out to the public: "I was naive and dumb because my view was, results speak for themselves."

Seeking input on how to present a more accurate image of herself, Mrs. Clinton, who has undergone more than one transformation already, said, "I didn't get this whole image creation thing. I see what it can do but I'm not sure I get it. I have let other people define me."

None of today's articles mentioned what advice, if any, the writers offered the first lady.

# Of the moon and maternity

## Scientist says don't bet on the full moon

By PAUL ROSEN  
AP Science Writer

TUCSON, Ariz. — Believers of the medical myth that babies are more likely to be born during a full moon would be better off betting on the time when the moon is a waning sliver in the sky, an astronomer says.

David Caton, an associate professor of physics at Appalachian State University, expected to simply disprove the full-moon myth when he compared birth dates of 80 million babies with the lunar cycle.

Instead, Caton said Monday, he found that births were most frequent during the third quarter of the moon's cycle, when the moon is but a waning sliver in the sky. He also found that the most births occurred on Tuesdays and the fewest on

Sundays.

And he has no explanation for any of it.

"There is an immediate tendency to associate tidal forces (the moon's gravitational pull) with the lunar third quarter increase in births," Caton said at a national meeting of the American Astronomical Society, one of the world's largest organizations of professional astronomers.

"But if you look at what generates the tides, the force is just too small to have such an effect," he said.

The moon's gravity can actually stretch the Earth by about 9 inches in addition to raising or lowering tides, he said. But the effect on humans is minuscule.

Medical experts said the finding contradicted the conventional wisdom of people who deliver babies.

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# Sports

# B

## IN BRIEF

### LOCALLY

#### UCF holds off FAU

ORLANDO — Chuck Roberts scored 13 of his team-high 17 points in the second half as Central Florida squandered an early lead but held on to beat Florida Atlantic 66-62 Monday.

Ochiel Swaby finished with 15 points, while Patrick Butts added 12 points for UCF (4-7). Craig Buchanan led FAU (3-6) with 21 points.

#### Wildcats unbeaten in MEAC

DAYTONA BEACH — Latroy Strong and Richard Leonard combined for 14 of Bethune-Cookman's last 17 points as the Wildcats came back in the final six minutes to beat Maryland-Eastern Shore 70-65 Monday.

Strong paced B-C with 19 points to help the Wildcats (4-7, 2-0) remain unbeaten in the Mid-Eastern Athletic Conference. Leonard had 12 points and Lamont Parrish added 18 points.

### AROUND THE NATION

#### Dolphins survive in O.T.

JACKSONVILLE — Jacksonville hit 11-of-14 free throws in overtime to edge Arkansas State 86-80 in a Sun Belt Conference game.

Jacksonville (8-4, 3-2) was led by Jerome Malloy with 21 points, while Artemus McClary and Kip Stone chipped in with 16 points each.

#### SE Louisiana dumps FIU

MIAMI — Sam Bowie tallied a career-high 33 points to lead Southeastern Louisiana to an 83-75 victory over Florida International.

Zhivago Nicola finished with 25 points and 18 rebounds. Scott Forbes added 20 points, while James Mazyck finished with 16 for the Lions (3-8, 1-2 Trans America Athletic Conference).

#### FAMU nipped at buzzer

TALLAHASSEE — Reginald Stevens hit his second of two free throw attempts with three seconds remaining to lift Delaware State to an 82-81 victory over Florida A&M on Monday.

Chris Nurse scored 28 points, while Martin Moore added 21 as Delaware State (4-8, 1-9) won its first Mid-Eastern Conference game.

Ricky Davis scored 24 points, and Byron Coast 17 for the Rattlers (3-9, 0-2).

### AROUND THE NATION

#### Charleston downs Stetson

CHARLESTON, S.C. — Marion Busby hit four 3-point shots and scored 22 points to pace the College of Charleston to a 73-59 Trans America Athletic Conference victory over Stetson.

Ehren Wallhoff scored 11 to lead the Hatters. Jason Alexander added 12 for Stetson (6-5, 2-1).

#### Schmidt elected to Hall

NEW YORK — Mike Schmidt, perhaps the greatest third baseman in baseball history, was the overwhelming and only choice Monday for election to the Hall of Fame.

#### Foreman is AP Male of Year

NEW YORK — George Foreman, who at 45 became the oldest heavyweight champion in history, was named AP Athlete of Year in voting by sports writers and sportscasters Monday.

#### Blair is Female Athlete pick

MILWAUKEE — Bonnie Blair, the world's greatest woman speed skater and the US's winningest Winter Olympian, was named The Associated Press Female Athlete of the Year.

### WHAT'S HAPPENING

#### Girls' Basketball

- Lake Howell at Seminole. Freshman, 4:30 p.m.; junior varsity, 6 p.m.; varsity, 7:30 p.m.
- Lake Mary at Lake Brantley. Freshman, 4:15 p.m.; junior varsity, 5:45 p.m.; varsity, 7:45 p.m.
- Orangee at Atlantic, 7 p.m.
- Oviedo at Lyman. Freshman, 4:30 p.m.; junior varsity, 6 p.m.; varsity, 7:30 p.m.

#### Girls' Soccer

- Lake Brantley at Lake Mary. Freshman, 4:30 p.m.; junior varsity, 5:45 p.m.; varsity, 7:30 p.m.
- Lyman at Oviedo. Freshman, 4:30 p.m.; junior varsity, 5:45 p.m.; varsity, 7:30 p.m.

#### Wrestling

- West Orange at Oviedo. Junior varsity, 6:30 p.m.; varsity, 7:30 p.m.

BEST BETS ON TV

**NATIONAL BASKETBALL ASSOCIATION**  
 □ 8:30 p.m. — WKCF 18, Orlando at Chicago

Complete listings on Page 2B

# Sizzling Simons

## Senior pours in 36 as Greyhounds cage Panthers

From Staff Reports

LONWOOD — Not even foul trouble to its leading scorer could stop the Lyman High School boys' basketball team Monday night.

The Greyhounds put on an excellent shooting exhibition as they collected their first victory of 1995 with a 74-43 rout of visiting Deltona-Pine Ridge in a boys' basketball game.

The game had originally been set for last Tuesday, but since the school's were not yet back in session from the holiday's, it was changed.

With senior Dewayne Bell (five points) in foul trouble the Greyhounds turned to their other senior star, William Simons, for leadership and

he responded, hitting four of Lyman's seven three-pointers and also making eight of nine from the free throw line to finish with a game-high 36 points. The home team was 17 of 24 from the free throw line for the game.

Simons was the only Greyhound in double figures, but 10 players contributed to the win. Leading the way for the Panthers were Ben Reynolds with 14 points and Jake Miller with 11.

Lyman, now 6-7 on the season, will travel to Oviedo for a Seminole Athletic Conference tripleheader Wednesday. The freshmen open action at 4:30 p.m., with junior varsity tipping off at 6 p.m. and the varsity set for a 7:30 p.m. start.

**GREYHOUNDS VS. PANTHERS**

**Pine Ridge (40)**  
 Bevell 1 2-3, Reynolds 3 4-8, Mastey 1 1-1, Vega 0 0-0, Miller 4 2-3, King 0 0-0, Buchmaster 3 1-2, Holden 1 0-0, Young 0 0-0. Totals: 15 11-22 43.

**Lyman (74)**  
 Simons 12 8-9, Cruz 9 9-10, Rayman 2 0-0, Dizon 1 2-4, Wade 1 0-0, Aasing 1 2-3, Bell 2 1-2, Melendez 2 3-3, Greenwood 2 2-2, Bradley 1 0-0, Vaz 0 0-0, Lewis 1 0-0. Totals: 22 17-24 74.

**Pine Ridge** 4 22 7 8 - 43  
 Lyman 12 13 19 29 - 74

Three-point field goals — Pine Ridge 2 (Bevell 1, Miller 1); Lyman 7 (Simons 4, Dizon 1, Aasing 1, Greenwood 1). Total fouls — Pine Ridge 23; Lyman 25. Fouled out — Pine Ridge, Young, Technicals — none. Records — Lyman 6-7.

## Road kind to boys in soccer

From Staff Reports

It was a big night on the road for a pair of boys' soccer teams that had moderate success this year.

**TRIBE TRIPS BULLDOGS**  
 ST. CLOUD — Seminole High School exploded for three first half goals, then turned the game over to the defense as the Tribe held off homestanding St. Cloud 3-1 in a Class 5A-District 6 contest.

Josh Holloway opened the scoring for Seminole on an assist from Phillip Faulk, then Richie Billa added goal two on a penalty kick and Joe Batista closed the first half scoring on free kick.

The Tribe outshot the Bulldogs 15 to seven and had four corner kicks to three for the home team.

Jason Cyress saved five shots in goal for Seminole, while Vargas stopped three shots for St. Cloud.

Seminole improved to 3-8-1 with the win, while the Bulldogs fell to 1-8-1. The Tribe will be at Lake Howell for a Seminole Athletic Conference game on Wednesday.

#### HAWKS DOUBLE UP 'DOGS

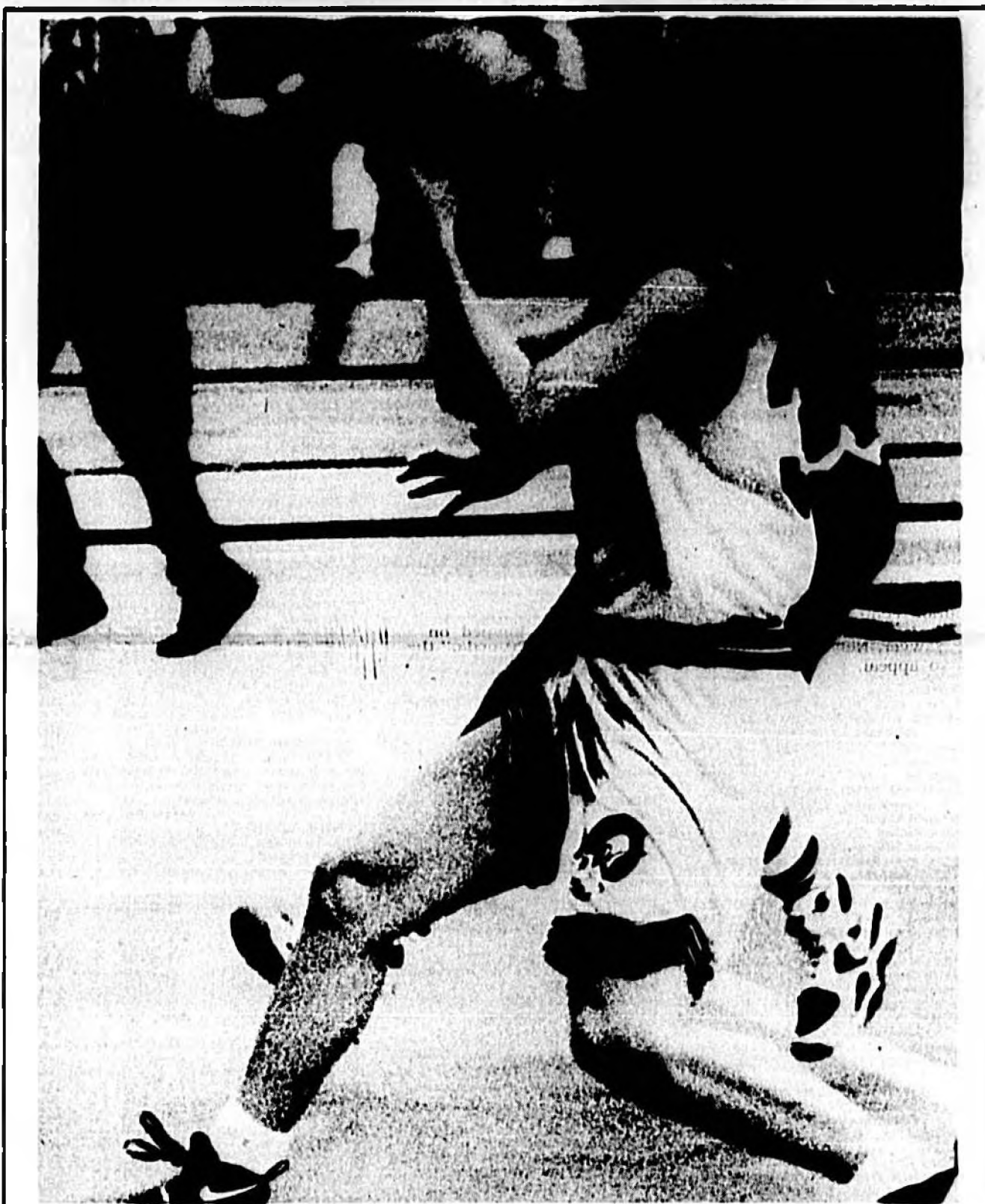
DeLAND — Victor Nespeca, Jeff Yearick and Austin Pumneo scored first half goals as the Lake Howell Silver Hawks trimmed the DeLand Bulldogs 4-2 in a Class 6A-District 4 game at Spec Martin Stadium.

Nespeca's goal opened the scoring at the 12:51 mark with an assist from David Lewis and got help from Ben McKeely three minutes later to make the score 2-0. Pumneo's goal came at 37:30 on a penalty kick to make the score 3-0 at intermission.

Josh Bruno and Jonathan Taylor scored at 20 and 19 minute marks for DeLand to cut the lead to 3-2, but McKeely scored on an assist from Brian Koleasar with 17:50 remaining to seal the win.

The Silver Hawks outshot the Bulldogs 30 to nine and had a four to three corner advantage. Jacob Zoaky was the winning goalie, turning back six shot. Martin and Ruiz played one half each for DeLand, stopping 17 shots.

Lake Howell is now 4-10-1 on the season and will host Seminole High in an SAC contest on Wednesday.



Rams steal Panthers blind

Courtney Harris (white uniform above) scored a game-high 20 points as Lake Mary humbled Eustis in a girls' basketball game Monday night.

Lake Mary defense completely shut down the Panthers. Laura Regucal added 18 points and Maggie Reedy 10 as the Rams improved to 11-5 on the season. Lake Mary will be at Lake Brantley tonight.

## Arrow Force III getting votes in state basketball poll

By DEAN SMYTH  
Herald Sports Writer

BANFORD — Christmas tournaments did not prove kind to Seminole county high school basketball squads as only the Seminole High School boys' team is getting any votes in this week's Florida Sports Writers Association poll.

The poll is the first in three weeks. Despite records of 20-4 for Lake Howell and 14-3 for Seminole, the two girls' teams fell out of the poll.

TALLAHASSEE — Here is the boys' and girls' high school basketball polls as voted on by the Florida Sports Writers Association with team records, first-place votes in parentheses and first place points:

BOYS		GIRLS	
Team	Points	Team	Points
1. Miami Northwestern (9)	15-2 106	1. St. Petersburg Clearwater (11)	11-2 110
2. Miami Norland (1)	15-1 100	2. Clearwater	12-3 94
3. Miami Senior (1)	15-2 86	3. Cape Coral	12-3 84
4. Daytona Beach Mainland	14-2 78	4. Bradenton Southeast	15-0 74
5. Palm Beach Gardens Dwyer	14-2 63	5. Lakeland Kathleen	12-4 70
6. Cooper City	13-2 52	6. Hollandside	7-3 48
7. Ft. Lauderdale Dillard	14-3 38		
8. (tie) Melbourne	7-0 21		
9. (tie) Palm Beach Lakes	15-1 21		
10. (tie) Tallahassee Lincoln	14-2 21		

Class A		Class 2A		Class 3A		Class 4A		Class 5A		Class 6A	
1. Malone (4)	16-4 99	1. DePue/Lehigh Springs Walton	11-3 39	1. Port St. Joe (11)	16-0 110	1. Cape Coral Mariner (9)	19-1 116	1. St. Petersburg Clearwater (11)	11-2 110	1. Jacksonville Ribault (10)	11-2 103
2. Grand Ridge (3)	16-4 86	2. Sarasota Booker	15-4 24	2. (tie) W. Palm Beach Cardinal Newman	14-4 88	2. St. Petersburg Boca Ciega (1)	13-0 105	2. Oviedo	11-2 88	2. Jacksonville Andrew Jackson	12-2 91
3. Pompano Beach Highlands Christian (1)	12-5 86	3. Quincy Shanks	7-1 17	3. (tie) Chipley	11-2 80	3. Jacksonville Weirton (2)	13-0 103	3. Daytona Beach Mainland	16-1 99	3. Orlando Jones (1)	15-3 86
4. Ponca de Leon (4)	11-3 83	Other votes: Glen St. Mary Baker County	7-1 17	4. North Palm Beach Benjamin	5-2 62	4. Miami Norland (1)	15-0 86	4. Miami Norland (1)	15-0 86	4. Jacksonville Episcopal	7-2 41
5. Midland Orangebrook Christian	11-0 80	6. Hollywood McArthur 1.	11-0 54	5. Tallahassee FAMU	5-3 59	5. Sarasota Riverview	12-3 69	5. Jacksonville Parker	14-2 63	5. Tallahassee Episcopal	7-2 41
6. Paxton	9-4 56	7. Hollywood McArthur 2.	11-0 54	6. Arcadia DeSoto 11, Jacksonville Bishop Kenny 5, Estero 3, Quincy Shanks 2, Clearwater 2, Crestview 2, Mount Dora 2, Melbourne Florida Air 2, Haines City 2, St. Augustine House 2, Lake Wales 1.	11-3 14	6. Jacksonville Ribault (10)	11-2 103	6. St. Cloud	15-3 80	6. St. Petersburg Clearwater (11)	11-2 110
7. Bradenton Christian	11-3 49	8. Cape Beach	12-5 50	7. Bradenton Christian	11-2 80	7. Bradenton Christian	11-3 49	7. Bradenton Christian	11-3 49	7. Bradenton Christian	11-3 49
8. Key	6-4 37	9. Pahokee	7-1 40	8. (tie) Or. Park St. Johns Country Day	9-8 14	8. Key	6-4 37	8. Key	6-4 37	8. Key	6-4 37
9. (tie) Or. Park St. Johns Country Day	9-8 14	10. Newberry	7-1 40	9. (tie) Tampa Bayshore Christian	6-3 14	9. (tie) Or. Park St. Johns Country Day	9-8 14	9. (tie) Or. Park St. Johns Country Day	9-8 14	9. (tie) Or. Park St. Johns Country Day	9-8 14
10. (tie) Tampa Bayshore Christian	6-3 14	11. West Palm Beach Cardinal Newman 1.	11-0 54	10. (tie) Tampa Bayshore Christian	6-3 14	10. (tie) Tampa Bayshore Christian	6-3 14	10. (tie) Tampa Bayshore Christian	6-3 14	10. (tie) Tampa Bayshore Christian	6-3 14
Other votes: DeLand Trinity 12, Jupiter Christian 5, Milton Central 3, Miami LaProgressiva 1		12. West Palm Beach Cardinal Newman 2.	11-0 54	Other votes: DeLand Trinity 12, Jupiter Christian 5, Milton Central 3, Miami LaProgressiva 1		Other votes: DeLand Trinity 12, Jupiter Christian 5, Milton Central 3, Miami LaProgressiva 1		Other votes: DeLand Trinity 12, Jupiter Christian 5, Milton Central 3, Miami LaProgressiva 1		Other votes: DeLand Trinity 12, Jupiter Christian 5, Milton Central 3, Miami LaProgressiva 1	





People

CALENDAR

**Overeaters to gather**  
A regular meeting of Overeaters Anonymous is conducted on Tuesdays at 7:30 p.m. at First United Methodist Church, corner of Park and 8th, Sanford. For more information, call Carol at 323-0657.

**Nar-Anon to offer help**  
Nar-Anon, a self-help group for relatives and friends of addicts, will meet Tuesday at 8 p.m. at Orlando General Hospital. For more information, call 889-8364.

**Clogging classes formed**  
The Old Hickory Stompers offer free beginner clogging classes. Intermediate and advanced lessons also available. Meetings are at the Deltona Civic Association on Tuesdays from 6 to 9 p.m. Call 349-9529 for more information.

**Take off pounds sensibly**  
Members of Take Off Pounds Sensibly, TOPS, invite the public to join them on Tuesday evenings from 7 to 8 p.m. at the First Christian Church, 1807 Sanford Ave., Sanford. The group now has a private room to weigh people between 6:15 and 6:45 p.m. Each week a different program on weight loss will be conducted. For more information about the club, call 323-1768 or 323-1994.

**Toastmasters meet**  
Seminole Community College (SCC) Toastmasters Club #661 will meet every Tuesday of the month, at 7:30 p.m., at the old Lake Mary City Hall on Country Club Road. Contact Rosella Bonham at 323-8284 for more information.

**Obesity surgery group to meet**  
The Seminole Chapter of SOB (Support Obesity Surgery) Support Group, for those who have had bariatric surgery or their loved ones, meets the second Tuesday of each month in Classroom #103 of the Physicians Plaza Building, 521 W. S.R. 434, Longwood., at 7 p.m. Call 323-8600 for more information.

**Jaycees meet in Sanford**  
The Sanford Jaycees meet the second and fourth Tuesday of each month at 5:30 p.m. at Jaycees Park. Anyone interested in attending can call Brent Adamson at 323-5853.

**Disabled veterans meet**  
Seminole County Chapter #30 of the Disabled American Veterans meet the second Tuesday of each month at their chapter home at 3512 Orlando Ave., in Sanford. The service office is open from 1-3 p.m. every Tuesday and Friday for more information, 323-2710.

**Blood Bank seeks donors**  
Central Florida Blood Bank is asking donors of all types blood - especially O-type donors - to donate at its Sanford branch, 1302 E. Second St. For information, call 323-0622.

**Optimist Club meets weekly**  
The Sanford Optimist Club meets every Wednesday at noon at the Colonial Room at Touchton's in downtown Sanford. Visitors are welcome. For information, call 323-2194 or 323-0288.

**Kiwanis Club meets Wednesday**  
The Kiwanis Club of Sanford holds its noon luncheon meetings every Wednesday at the Sanford Civic Center, North Sanford Avenue at the lakefront. Visiting Kiwanians are welcome. For information call Walt Smith, 323-5088.

**Dancing for seniors**  
The Over 50 Dance Club dance is held every Wednesday, from 2:30 - 4:30 p.m. at the Sanford Civic Center. Live music by the Deltonians 11-piece band. Donation \$2.00.

**Welcome Wagon newcomers' coffee**  
Seminole Spokes Welcome Wagon Club of Seminole County holds a coffee for newcomers the second Wednesday of every month from 10 a.m. until noon. For information on address, call Betty, 895-0144, or Lucy, 323-7877.

**Widowed Persons meet**  
All widowed persons are invited to meet at 1:30 p.m. the second and fourth Wednesday of every month at the Casselberry Senior Center, 200 Lake Triplet Drive, Casselberry.

Volunteers of the Week  
Their main interest is helping in education

By SUSAN WOODEN  
Herald Correspondent

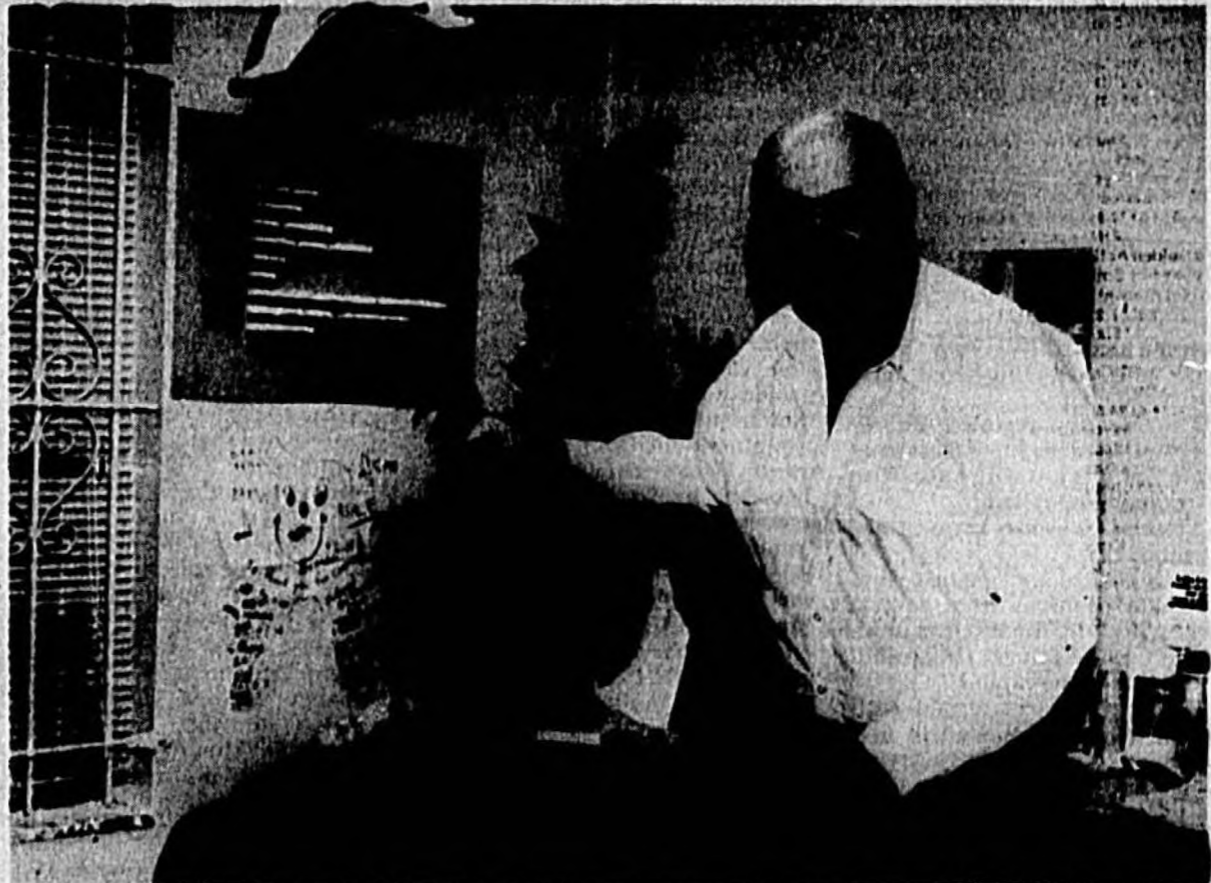
SANFORD - Working together toward a common goal is one of the things that most counselors list as the ingredients for making a good marriage. Dr. Roger Stewart and his wife, Gail, are very familiar with the work and the goals for which they strive.

The Stewarts have been married for 23 years with 20 of those years spent in Sanford where they have made their home and he has practiced dentistry. The couple are the parents of three children, Shanan, Shayne and Shawn, and they proudly speak of each child.

The popular couple work together in his dental office and their lists of involvements are extensive and most intermingled with the other's interests. "Our main concern has always been in education," said Gail. "We worked so much with the Seminole High when our kids were there. The kids are so neat. We really enjoyed working with them. It's so rewarding to volunteer."

Dr. Stewart is on the board of directors with the Orange County Dental Society and also with the Ethics Committee. He regularly donates toothbrushes to the school system. Stewart was president of the Booster Club at Seminole High School for two years. Gail said, "He donated money to help with different organizations within the school. He helped get renovations started in the stadium too."

Another area Dr. Stewart has actively supported is the Daytona Beach Community College Hygiene School on the DeLand campus. Stewart has raised over \$5,000 toward that endeavor. In keeping with the family's goal of education, Dr.



Dr. Roger Stewart demonstrates how to correctly brush teeth to his wife, Gail. Herald Photo by Susan Wooden

Stewart was "shadowed" by a Vietnamese student from Seminole High School several years ago. He assisted that student in obtaining a scholarship at Vanderbilt University and now entrance at the University of Florida Dental School. Dr. Stewart works with the Health Academy at Seminole High School. He also volunteers much of his time offering free dental care to families of migrant children in Pierson, the Baptist Home and various other homes in need.

Gail is presently a member of the Woman's Club of Sanford and a former member of the Junior Woman's Club of Sanford and also a former board member of Ballet Guild of Sanford-Seminole. She worked with Jeanette Stifley to establish the career room at Seminole High School and has served as the "tooth fairy" and a motivational speaker in the Seminole County schools for some 18 years.

Although February is Dental Health Month, the couple strive throughout the year to donate time and service to those in need of dental guidance and care, from donated toothbrushes to speaking on dental hygiene.

Dr. and Mrs. Stewart contribute to the Sanford Chamber of Commerce scholarship fund and have for the last 10 years.

Gail summed up her thoughts on volunteering. "People need to know how rewarding it is to volunteer. If they don't volunteer in the school system then look into some other program. If you want to stay young at heart, the schools are the place to volunteer. You can even volunteer just some time weekly to read a book to the kids. There are some many organizations that need volunteers. It's worth it."

Herpes victim did right in confiding

**DEAR ABBY:** I felt compelled to write after reading the letter from "Alone in Colorado," the young woman who was fearful of confiding in anyone that she had genital herpes.

I kept that embarrassing secret for 20 years, until I met a man I thought was wonderful. I trusted him and confided that I had genital herpes - after which he assured me that he thought no less of me because of it.

We had a beautiful, intimate relationship for a year and a half, which ended abruptly on a sour note when I learned that he had spread my well-kept secret all over the office where we both worked.

I would advise anyone who has genital herpes to be very careful in whom he or she confides.

**HURTING IN OMAHA**  
**DEAR HURTING:** Had your beautiful relationship been platonic, I would agree with you, but to have intimate relations with him without disclosing the fact that you had genital herpes would have been unfair and



**ABIGAIL VAN BUREN**

dishonest.

You did the right thing in confiding in him, but because the aftermath of a failed romance often includes heartache, embarrassment, depression and the inability to concentrate, your mistake may have been in having a romance at the place you both work.

**DEAR ABBY:** Each year about this time, my wife and I leave for Arizona - our "winter escape." We thoroughly enjoy meeting our winter friends, and our schedules are always busy.

Our problem: Some people seem to think that we're going to a warmer climate so they will have a place to visit every winter. In subtle ways, our friends suggest they need a winter break and would we mind if they came down to visit us. What can we say?

And when they're there, they love to use us as a hotel and restaurant and for transportation and entertainment. In addition to interfering with our own schedules, it becomes costly.

Benjamin Franklin said (in Poor Richard's Almanack), "Fish and visitors stink in three days." Abby, am I out in left field on this matter? How does one deal with self-invited guests?

**BENNEBOTA MILES**  
**DEAR MILES:** It's easy: When people hint, suggest or are bold enough to ask if they may come to visit you for a week - take a lesson from Nancy Reagan and "just say no!"

**DEAR ABBY:** I went to a bridal shower for my niece last week, and after all the gifts were opened, envelopes were passed out. The hostess asked the guests to address the envelopes to themselves in order to "save the bride the trouble of addressing them." There were only a few who refused to do it. I was one of them.

My niece said I should "get with it" - that this is the etiquette of the '90s.

Is she right? Or is my thinking outdated?

**CONCERNED AUNT**  
**DEAR CONCERNED AUNT:** Your thinking is not outdated.

Etiquette in the '90s hasn't changed in this regard. It is still the responsibility of the bride to send thank-you notes. And that includes addressing the envelopes.

**DEAR ABBY:** As a mother of twins, I was often asked, "Are they twins?"

The strangest question, however, was, "Are they both yours?"

**BRENDA BAUTTE, FRESCOTT VALLEY, ARIZ.**

**DEAR ABBY:** I got pregnant. Paul, the man who got me pregnant, had a bad drinking problem and had been in jail many times because of it. When he found out I was pregnant, he said he wasn't ready to be a father - and he left me. We were both 25. Neither Paul nor anyone from his family called or came to see me during my pregnancy.

I had a beautiful baby girl. I named her Lisa. Paul came by once, to show his new girlfriend "his" beautiful daughter.

When Lisa was a year old, I met a wonderful man, Jimmy

was 36 and was married to a woman who refused to give him a divorce, although they hadn't lived together for four years. I moved in with him. Lisa calls him "Daddy." He is the only father she has ever known.

Now for my problem: I bought a baby book. Whose name do I fill in as Lisa's father? Paul has never been a father to Lisa. If it were up to me, I would write in Jimmy's name because he's always been there for her.

The baby book also has other questions to fill in - like "Dad's first reaction" (I don't know); "Classes we attended" (we didn't attend any); "Parent's courtship" (there was no courtship).

What should I do about all those questions? Please don't use my name, or where this is from.

**EMBARRASSED:**  
Please don't fill in the blanks with false information. Unless Jimmy legally adopts Lisa, his name should not be entered as "Lisa's father." Everything in a baby book should be true.

Time	Channel	Program	Time	Channel	Program	Time	Channel	Program
7:00	10	News	7:00	10	News	7:00	10	News
7:30	10	News	7:30	10	News	7:30	10	News
8:00	10	News	8:00	10	News	8:00	10	News
8:30	10	News	8:30	10	News	8:30	10	News
9:00	10	News	9:00	10	News	9:00	10	News
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6:30	10	News	6:30	10	News	6:30	10	News
7:00	10	News	7:00	10	News	7:00	10	News

**WALLACE L. SHEPPARD**  
LACKLAND AIR FORCE BASE, San Antonio - Air Force Airman Wallace L. Sheppard has graduated from Air Force basic training here.

During the six weeks of training the airman studied the Air Force mission, organization and customs, and received special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree through the Community College of the Air Force.

Sheppard is the son of Dorothy A. and Wallace L. Sheppard of 1798 Lincoln Ave., Sanford. He is a 1994 graduate of Lake Mary High School.

**RODNEY A. SHADRON**  
FORT LEONARD E. WOOD, Wayneville, Mo. - Army Pvt. Rodney A. Shadron has completed basic training here.

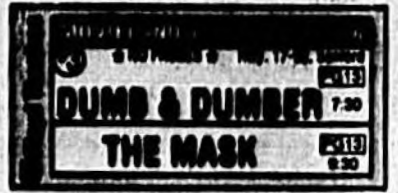
During the training, students received instruction in drill and ceremonies, weapons, map reading, tactics, military courtesy, military justice, first aid, and Army history and traditions.

Shadron is the son of Henry R. and Joyce J. Shadron of 1010 Hobson St., Longwood.

**CHRISTOPHER C. MORRIS**  
Navy Fireman Recruit Christopher C. Morris, son of Mary A. Morris of 247 Koch Low Drive, Sanford, recently returned from a six-month deployment to the Mediterranean and Adriatic seas and Persian Gulf with the aircraft carrier USS George Washington, the lead ship of the USS George Washington Joint Task Group.

Morris began the deployment by participating in the 50th anniversary of D-Day with visits to England and France. During the D-Day commemoration, Morris and fellow shipmates hosted Pres. Clinton and numerous other government and military officials for an overnight visit as part of the program honoring thousands of World War II veterans.

The 1992 graduate of Seminole High School, Sanford joined the Navy in December 1993.







**BLONDIE** by Chic Young

WOULD YOU BE INTERESTED IN A SQUIRREL FOR A PET?  
A SQUIRREL?  
I HAVE A SQUIRREL! HE LIVES IN A TREE IN MY YARD.  
OH, BUT THAT SQUIRREL IS NOT YOUR SQUIRREL!  
HOW WOULD THE SQUIRREL KNOW THAT?  
WELL, FOR ONE THING, HE DOESN'T HAVE A NAME FOR THE ONE.

**BEETLE BAILEY** by Mort Walker

BEETLE, YOU'RE ONE OF TWO THINGS, AND I CAN'T DECIDE WHICH.  
YOU'RE EITHER A FIRST-RATE NOTHING OR A TENTH-RATE SOMETHING.  
THAT'S A TOUGHIE.  
HMM...

**THE BORN LOSER** by Art Sansom

THE CONFOUNDED DOG HAS BEEN STARING AT ME SINCE I STARTED EATING.  
WHAT IN BLAZES DO YOU THINK HAS GOTTEN INTO HIM?  
PERHAPS IT'S THAT YOU'RE USING HIS BOWL FOR YOUR CEREAL.

**PEANUTS** by Charles M. Schulz

WELL, WHAT SHALL WE READ TONIGHT?  
"GONE WITH THE BEAGLES," "THE MALTESE BEAGLE," OR "SNOW WHITE AND THE SEVEN BEAGLES"?  
WE NEVER GET PAST THE THIRD BEAGLE.

**EEK & MEK** by Howie Schneider

MY MOTHER IS GETTING OUT OF CONTROL.  
REALLY...  
HOW DO YOU MEAN?  
SHE BOUGHT ME A BIOLOGICAL CUCKOO CLOCK FOR CHRISTMAS.

**TUMBLEWEEDS** by T.K. Ryan

I NABBED HIM AT THE SCENE OF THE CRIME, AND FOUND THIS NEARBY.  
AHAHI!  
THIS IS YOUR AS, BOY!  
I HAVE NEVER SEEN THAT BEFORE!  
WELL, I'M IN A HURRY TO GET ENGAGED ON IT!  
YOU LEAVE HER OUT OF THIS!

**ARLO AND JANIS** by Jimmy Johnson

I'LL BET HE DID IT! NO, SHE DID IT!  
MAYBE HIS GIRLFRIEND OR HER BROTHER.  
GOSH, WHAT IF IT'S THE COP? OR THE LAWYER?  
HA! TOLD YOU!

**FRANK AND ERNEST** by Bob Thaves

"GET WELL" CARDS. THE MESSAGE DOESN'T REALLY MATTER -- IT'S FOR A HYPOCHONDRIAC.

**GARFIELD** by Jim Davis

SPIDER RACE!  
WHA!  
THE WINNER!

**ROBOTMAN** by Jim Meddick

C'WON ADMIT IT, DON'T YOU FEEL A BIT SILLY HAVING INSTALLED SUCH AN ELABORATE SECURITY SYSTEM?  
QUITE THE CONTRARY... WAIT TILL YOU SEE WHAT I GOT TODAY!  
ROLL TAPE. MONITOR 3. MARK 0400 HOURS...  
OH, SO YOU CAUGHT THE MAIL-MAN POCKETING A CEREAL SAMPLE.  
UH-UH, UH, KEEP WATCHING. I'VE ALSO GOT SOLID EVIDENCE THAT IT'S BEEN MRS. KIRBY'S BEAGLE SOILING OUR WALK.

# Do patients fall for their doctors?



**DEAR DR. GOTT:** I'm crazy about my male doctor. He's kind, gentle and handsome. When I see him my heart races and I can't breathe. This causes my blood pressure to rise every time he takes it, and I'm very embarrassed about my feelings toward him. Is this common and how can I stop the way I feel?

sure is a crack in the tissues in a very sensitive area. If the crack is small, it will heal with time. On the other hand, if the lesion is large, it may require surgical closure, a relatively inexpensive and uncomplicated procedure. Judging from your description, your doctor has put you in the latter category. Whether or not you have surgery will not appreciably affect your health.

so an operation is not a necessity. Nonetheless, anal fissures can be very painful and often become chronically infected. Consequently, you may want to accept your doctor's recommendation.

**DEAR READER:** This is common, understandable and an open invitation to trouble. Ethically, doctors cannot become physically involved with their patients, so your physician should properly keep you at arms' length, while maintaining a caring, professional attitude.

While you may not be able to control your feelings, you can control your behavior. And I recommend that you continue to do so. It's OK for you to yearn for your doctor, remembering that he has a life of his own. Anything more than that would be inappropriate. A major part of being a responsible adult is to recognize your feelings but refuse to act on them inappropriately.

**DEAR DR. GOTT:** I have a 40-year-old son who has developed a mouth full of sores. He's been to numerous doctors and has tried many medications. The ulcers go away, only to return again. Do you have any suggestions?

**DEAR READER:** Recurring sores in the mouth are usually caused by viruses (notably herpes) or by an immune reaction (aphthous ulcers).

The first type, which is diagnosed by a special type of viral culture, can be treated with an anti-viral drug, such as Zovirax. The second type is more difficult to control and diagnosed by appearance. Some experts recommend tetracycline oral suspension, a type of antibiotic. Your son should ask his doctor about this.

**DEAR DR. GOTT:** What are the options for treating an anal fissure? My doctor naturally suggests surgery, but I'd like an alternative.  
**DEAR READER:** An anal fis-

- ACROSS**
- 1 Office
  - 2 Unhappy
  - 3 Vigorous walk
  - 4 — — —
  - 5 Compass pt.
  - 6 Cabot of
  - 7 — — —
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**DOWN**

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**Answer to Previous Puzzle**

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## WHAT AT BRIDGE

**By Phillip Alder**  
Voltaire said there is only one adventure open to the cowardly. What is it?  
The declarer enjoys a considerable advantage during the card-play. To try to balance the books (as my librarian phrases it), a defender makes the opening lead. Sometimes this is critical-as in today's deal.  
Note that if the declarer were on opening lead in four spades, he could draw trumps immediately, aided by the 2-2 split. Then he could cash his two top hearts and ruff a heart in the dummy, bringing down West's queen. South graciously concedes only three tricks.  
However, West made the opening lead tell. He selected the diamond two, which East won with the queen. Since West had supported diamonds, East

wasn't tempted to try to cash the diamond ace. Even if West had made an eccentric raise on three low diamonds, he would have led his highest diamond, not the two.  
East switched to the ace and 10 of clubs. After winning with the king, West saw what was needed to defeat the contract. He led another club. And East didn't let her partner down. She ruffed with the spade queen.  
South overruffed with the spade king, but now West had to win a trump trick. The uppercut had been decisively delivered.  
Voltaire said that marriage is the only adventure open to the cowardly. This East and West are not married. But apparently, after the deal was over, West said, "Well defended, partner. I wish my wife played bridge as well as you do. She would have

**Bridge Hand**

North 1-10-50  
 ♠ A 8 5 3  
 ♥ 9 4  
 ♦ K J 10  
 ♣ Q 8 5 4

West  
 ♠ J 9  
 ♥ Q 8 7  
 ♦ 8 6 5 3  
 ♣ K 8 5 3

East  
 ♠ Q 3  
 ♥ 9 8 5 3  
 ♦ A Q 8 7 4  
 ♣ A 10

South  
 ♠ K 10 7 4  
 ♥ A K J 10 5  
 ♦ 6 5  
 ♣ J 7

Vulnerable: Both  
Dealer: East

South	West	North	East
10	20	40	All pass

Opening lead: ♠ 2

## HOUSES

**By Bernice Bode Guel**  
**YOUR BIRTHDAY**  
Jan. 13, 1995  
You might experience an awakening of new ideas and values in the year ahead. Your new insights could put you on the path to a happier, more abundant life.  
**CAPRICORN** (Dec. 22-Jan. 19) Choose the people you associate with carefully today. They might try to pressure you into doing something against your principles. Capricorn, treat yourself to a birthday gift. Send for your Astro-Graph predictions for the year ahead by mailing \$1.25 to Astro-Graph, c/o this newspaper, P.O. Box 4465, New York, NY 10183. Be sure to state your zodiac sign.  
**AQUARIUS** (Jan. 20-Feb. 19) Strive to be evenhanded if dealing with children today. It will confuse them if a similar act is rewarded in one instance and disciplined in another.  
**PISCES** (Feb. 20-March 20) Keep your good ideas to yourself

today. People who fail to see their value might discourage you from using them constructively.  
**ARIES** (March 21-April 19) Handle your financial affairs without the input of others today. Bringing associates into the picture might turn gains into losses.  
**TAURUS** (April 20-May 20) Deal diplomatically with your associates today, especially if you need their support. If you don't, they might drift over to the opposition.  
**GEMINI** (May 21-June 20) If your moves aren't carefully planned today, you will make tasks unnecessarily difficult. This is not the day to joust with windmills.  
**CANCER** (June 21-July 23) Make an effort to be friendly to everyone today, but don't be upset or surprised if you encounter an individual who is impossible to please.  
**LEO** (July 23-Aug. 22) Token measures won't work today if

you have an important goal to achieve, so don't take bows prematurely. An extra effort will be needed to get the job done.  
**VIRGO** (Aug. 23-Sept. 22) Your ideas could face opposition today. Try not to overreact when people are not in accord with your views.  
**LIBRA** (Sept. 23-Oct. 23) Do not become involved in arrangements today that could strain your resources. You could slip into something hard to get out of.  
**SCORPIO** (Oct. 24-Nov. 22) There is a big difference between being cynical and being skeptical. Unfortunately, you are prone to latching onto the former instead of the latter today.  
**SAGITTARIUS** (Nov. 23-Dec. 21) Protect your interests today. Someone might try to claim a piece of the action without having earned the right to participate.  
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**ANNIE** by Leonard Starr

I'M SORRY, BUT I HAVEN'T SLEPT IN 30 HOURS. YOU MUST EXCUSE ME...  
OF COURSE, ALL-WAY! I WILL PASS THE TIME WITH YOU, A LOVELY COMPANION!  
WHILE... NO SIGN OF THE PECTIVE BONDING ABOUT?  
US YET, GAY... USEP  
WHILE... NO SIGN OF THE PECTIVE BONDING ABOUT?  
US YET, GAY... USEP