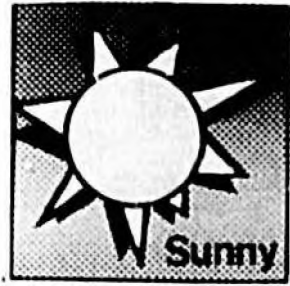


Sanford Herald

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88th Year, No. 62 - Sanford, Florida



Today: Mostly sunny and cold. High around 60. North-west wind 10 to 15 mph.

For more weather, see Page 2A

NEWS DIGEST

BRIEFS

County historical commission

SANFORD — The next regular monthly meeting of the Seminole County Historical Commission will be held Thursday, Nov. 16, beginning at 3 p.m. Items scheduled for the agenda include various historical markers, exhibits, and a number of projects and displays.

The meeting will be held at the Museum of Seminole County History, 300 Bush Boulevard, in Sanford.

For additional information, phone 321-2489.

Waterfront committee on hold

SANFORD — Sanford's Director of Planning and Development, Jay Marder, has announced that there will be no more meetings of the Waterfront Master Plan Steering Committee through the end of this year. Marder said work with both the city of Sanford and Seminole County on various projects is progressing, and following a discussion with committee Chairman Larry Strickler, it has been decided that it would be unnecessary for the committee to meet until possibly January.

Correction

A report yesterday regarding planning for the Sanford Christmas Parade had the wrong day but the right date. The parade and other holiday events will be held Saturday, Dec. 9, in downtown Sanford. The "Musical Christmas Parade" is scheduled to begin at 2 p.m. The Herald regrets this error.

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Have we eaten on the insane root that takes the reason prisoner?

-William Skespeare, Macbeth

APPLAUSE

Dr. Earl Weldon



Herald Photo by Tommy Vincent

As retiring Seminole Community College president Earl Weldon received an honor for his three decades of service from Daryl McLain of the board of county commissioners meeting Tuesday, the board of trustees at SCC announced that Ann McGee, vice president of development at Broward Community College, would take over the reins at the college when Weldon retires at the end of the year. McGee will be conducting contract negotiations with the board over the next few weeks and final arrangements will be made at the Dec. 5 meeting. Weldon has served as the college's only president since it opened its doors in 1966.

Courthouse stays put

By NICK PFEIFAU
Herald Staff Writer

SANFORD — A proposal to move the courthouse facilities from downtown Sanford to Five Points failed to gain support Tuesday when Seminole County commissioners voted four to one against it.

Only commission Chairman Randy Morris balked at the decision. Morris indicated the studies undertaken regarding the move still did not show the true picture of the impact of keeping

the facility downtown.

Both Keith Reeves of Architects Design Group (ADG), and Bruce Andersen of Andersen and Associates were on hand during the morning's commission work session to respond to questions regarding their findings. Andersen had conducted the initial study on moving the facility. The commission then decided to call for a second study, which was undertaken by ADG.

Both of the studies indicated the facility would be better for Sanford's development potential and economy, and the financial picture indicated it

would be less costly, although only slightly, to have the facility remain downtown.

Reeves told the commission, "As we look at these two sites, we will admit the city has vested interests, but in looking at the financial consideration, and the benefits to the larger picture, the matter became a wash."

He continued, "But our findings shows that the downtown area offered better potential, especially in the reuse of the existing downtown building (courthouse), you would be better off financially."

See Courthouse, Page 5A

Fired up about learning



Herald Photo by Tommy Vincent

The Head Start students at Goldsboro Elementary School recently got the chance to learn about the ins and outs of firefighting from those who actually go out to the scene. The youngsters watch with rapt

attention as firefighter EMT Eli DeJesus suited up for action. At right, firefighter EMT E.D. Roy Picklesimer explains the equipment his partner is putting on.

Police probe

Cop cleared of excessive force charge

By VICKI DeSORMIER
Herald Senior Staff Writer

SANFORD — Though he has been cleared by an internal investigation by an independent agency, some African Americans in Sanford are still convinced that Officer Robert Curtin used excessive force during the arrest of Katrina Campbell on Sept. 18.

On Tuesday, the Altamonte Springs Police Department's Professional Standards Division issued a report clearing Curtin of any wrongdoing in the arrest during a domestic dispute.

After the Sanford Police Department requested the impartial probe, Altamonte police determined the evidence they found did not show that Curtin had slammed Campbell into the ground while attempting to subdue her, as she had claimed. They found, rather, that Campbell and Curtin had tripped off a low curb during the scuffle and that he had fallen on top of her.

According to both the original arrest report and the internal investigation, Campbell was arrested after police were called to break up a domestic dispute between Campbell and Dexter Williams, the father of her child.

The investigation showed that she rushed toward Williams after Curtin told her to step from her car.

Curtin attempted to restrain her and steer her away from Williams who was "retreating," the report showed.

See Cleared, Page 5A

Preserving Sanford: Landmarks chosen for artists' watercolors

By VICKI DeSORMIER
Herald Senior Staff Writer

SANFORD — The beauty and charm of two of Sanford's most memorable landmarks have been preserved for posterity in watercolor for art collectors nationwide.

The Magnolia Mall clock, a landmark in the downtown business district since the early part of this century, and the Higgins House Bed and Breakfast, have been captured on paper by Titusville artists Jane Vaught and Diane Keith Weaver.

A limited supply of numbered prints have been produced by Gilbert Scenes and they will be available for the first time at a reception and artists' signing at the Higgins House on Oak Avenue on Sunday from 4 to 6 p.m.

Beginning next week, they will be available at both Arts and Ends on First Street and at the Higgins House.

Prices range from \$18.50 to \$35. The Sanford scenes are part of the third series of prints produced by Gilbert Scenes to promote both Florida artists and Florida landmarks to art collectors.

See Art, Page 5A

Lake Mary road still causing concern

By NICK PFEIFAU
Herald Staff Writer

LAKE MARY — Hospital Road will be a new access road from Lake Mary Boulevard to the north side of the Seminole Community College campus. Officials have determined it's necessary in order to alleviate some of the traffic problems at the two other access roads.

The exact location of the proposed new Hospital Road, however, has become a point of concern. Presently, the area is near a power line right of way, but has not been used as a roadway for several decades.

Most seriously affected by the location of the road, would be citizens of the Cardinal Oaks Cove subdivision, located to the east of the proposed roadway.

In order to determine the exact location which would have the least effect on the citizens, a Blue Ribbon Citizen's Committee was formed. The committee contains citizens as well as officials from the college, City of Lake Mary, Sanford, and others.

Three proposed routes have been suggested. What has become known as Alignment 3 was determined by

See Road, Page 5A

Familial pow wow



Herald Photo by Phil Keniston

A group of local Indian Braves and their mothers recently met for a creative session with their mothers. The youngsters are encouraged to use their imaginations to create personal characters to help them learn about themselves. On hand for the recent event were, in the back row left to right, Stanley "North Star" Patterson and Jennifer "Dream Woman" Ireland, in the second row left to right, Connie

"Summer Cloud" Sexton, DeDe "Big Running Wolf" Doyle and Marie "Rising Sun" Dedre, in the third row left to right, Steven "Shining Star" Patterson, Anthony "Little Running Wolf" Doyle, Michael "Hunting Bear" Cedre and Vincent "Red Hawk" Cedre, and in the front row left to right Cassandra "Dream Girl" Ireland, James "Red Feather" Ireland and Brian "Green Feather" Ireland.

POLICE BRIEFS

Man shot

Sanford police are investigating a shooting Tuesday, in the 1000 block of Pecan Avenue in Sanford. According to the incident report, three men were walking in that area, when they saw a vehicle with possibly four persons in it, pulled up and stopped.

Police said one man reportedly got out of the vehicle, pointed a small caliber handgun at the three and said, "give it up." According to the report, one of the men told the gun-holding robber, "Well, just go ahead and shoot me."

The man reportedly acknowledged and fired one shot into the man's abdomen, after which he got back in the car and drove off.

The man who was shot was subsequently transported to Orlando Regional Medical Center. Police said he was unable to talk to them at the scene, and are waiting for him to recover sufficiently to discuss the situation.

Police said the other two men who were present during the shooting refused to fill out any statements regarding the situation.

Harassing calls

Sheriff's deputies arrested Robbie Spivey, 34, of 1200 W. 22nd Street, Sanford, at his residence Monday, in connection with a number of cases. When deputies arrived at his residence searching for him, they reported Spivey came out with a large kitchen knife in one hand and a broomstick in the other. After subduing him, he was arrested on a charge of improper exhibit of a dangerous weapon. Spivey was also found to be wanted on two warrants for failing to appear on charges of obstructing an officer without violence, and one for dealing in stolen property.

Deputies also connected him with a series of phone calls to an ex-girlfriend's home elsewhere in Sanford. Following complaints about repeated calls from Spivey, a deputy went to the woman's home and answered some of the calls. He reported that the caller threatened the woman as well as the deputy. A caller ID list indicated a total of 27 phone calls had been made to the residence from a street address listed as Spivey's.

In connection with that situation, Spivey has been charged with harassing communications, and corruption by threat against a public servant.

Warrants

Thomas Joseph Dalton, 36, of 408 Bethune Drive, Sanford, was arrested by Sanford police in the 3300 block of Orlando Drive Tuesday. Police said he was wanted on Orange County warrants for fraudulent use of credit cards, defrauding an innkeeper, and failing to appear on a charge of resisting an officer without violence. He was also wanted on a Seminole County warrant for failing to appear on a charge of driving with a suspended/revoked license.

Joseph F. Agostinacchio, 44, of Deltona, was stopped by Lake Mary police on Interstate-4 Tuesday, reportedly for not having tail lights. He was found to be wanted on a warrant for failing to appear to pay a fine.

Vernita Frison, 27, of 37 Castle Brewer Court, Sanford, was served a warrant at the John E. Polk Correctional Facility Monday. She was wanted for sale of a substance in lieu of a controlled substance.

Luther Martin Overstreet, 31, 981 Dunbar Avenue, was located by Sanford police at the State Probation Office Monday. He was wanted for violation of probation on a conviction of sale of cocaine.

Oneal Brown, 32, 1312 N. 13th Place, Sanford, was served a warrant at the jail Monday. He was wanted for failing to appear on a charge of theft.

A white 1989 Chrysler, with a temporary license tag, was reported stolen this past Thursday from a residence in the 4500 block of Dubois, in the Bookertown area.

Sanford police reports

A wallet containing a reported \$600 in cash was reportedly stolen Saturday from a pickup truck parked at a convenience store in the 3100 block of Sanford Avenue.

An unknown number of weapons were reportedly stolen Sunday from a residence in the 2800 block of Grove Drive. Police said four of the guns were located in the shrubs near the home.

A man described as between 25 and 30 years of age, slim build, wearing a white T-shirt, blue jeans, and a blue and white baseball cap, reportedly robbed the clerk of a store Saturday in the 2600 block of Orlando Drive. An estimated \$208 was said to have been taken. Police said a weapon was implied, but none was actually seen during the robbery.

A purse containing \$330 in cash plus other items were reportedly stolen Saturday from a pickup truck in the 800 block of Magnolia Avenue.

A microwave oven and large amount of furniture were reportedly stolen Friday from a storage shed in the 2500 block of Park Avenue.

A TV set and watch with a total value of \$130 were reported missing Friday from a residence in the 1000 block of W. Eighth Street in Sanford.

Police received a report that a man took a 1988 Oldsmobile to a local auto dealership on S. Orlando Drive Thursday, and attempted to trade it. He reportedly told the dealer that he did not have the title. A check for the title revealed the vehicle had been listed as stolen. Police are investigating the situation.

An armed robbery reportedly occurred Tuesday at a convenience store in the 300 block of E. 25th Street in Sanford. The report said a man, indicating he had a firearm, robbed the clerk of \$114 in cash before fleeing on a bicycle.

A gas heater valued at \$480 was reportedly stolen Monday from a residence in the 800 block of Bay Avenue.

A residence, vacant and being cleaned, was reportedly burglarized Monday in the 1300 block of Florida Avenue, at Lake Jennie Apartments. Police said an estimated \$35 in cleaning supplies was missing.

Firearm charge

Expeditas Reyes, 16, of Maitland, turned herself in at the John E. Polk Correctional Facility yesterday afternoon as the result of a capias issued by the Seminole County State Attorney's Office.

Reyes is charged with one count of possession of a firearm on school property, and possession of a firearm by a minor. The State Attorney's office has charged Reyes as an adult.

The charges stem from a shooting incident on Oct. 23, on the campus of Lake Howell High School near Cassberry. Reyes was shot once in the abdomen with a semi-automatic handgun. The gun was found in a dumpster several hours after the shooting.

Sheriff's spokesman Ed McDonough says Reyes has admitted to investigators that she accidentally shot herself.

After being booked at the jail, Reyes was released in the custody of her parents.

Senior activism on budget urged

By BILL GERSTON
Associated Press Writer

TALLAHASSEE — With health coverage in the spotlight, older Floridians have a big stake in federal budget talks — and in the state's Republican presidential straw poll, say lobbyists for the elderly.

In Washington, Republican plans to curb Medicare growth by \$270 billion were a major sticking point in the deadlock that shut down widespread government activities Tuesday.

"We have been able to soften the blow" to health coverage, American Association of Retired Persons lobbyist Evelyn Morton told 300 senior citizens in Tallahassee in the first of four slated meetings around Florida.

"If we are to continue to have the kind of effect that we have already had on this process, we need to be able to convince them that you care," said Morton, urging the seniors to tell Congress their views.

Members of Congress will listen, said Charles Billings, political science professor at Florida State University.

"We know that the elderly voters get out early and they vote quite religiously. They are a very powerful voting bloc. That has been demonstrated over and over," he said.

As the flap over Gov. Lawton Chiles' campaign calls to elderly voters illustrates, Billings added, "Obviously campaigners target them."

An AARP panel has slated meetings for seniors Thursday in Clearwater, Friday in Orlando and Sunday in Deerfield Beach.

AARP volunteers will also open a hospitality suite at Saturday's straw ballot in Orlando where Florida Republicans test the strength of GOP presidential hopefuls.

Though the group doesn't endorse candidates, said spokesman Ed Burtenshaw, "We will seek to meet with all of the candidates and open a dialog."

"The AARP is always a powerful force," state Republican Party spokesman Cory Tilley said, though he pointed out, "A lot of groups are putting pressure on these campaigns."

GOP hopefuls Bob Dole, Phil Gramm and Lamar Alexander all say trimming \$270 billion over seven years from Medicare growth — national health insurance for the elderly — is necessary to balance the budget.

Contender Patrick Buchanan doesn't consider that necessary. But all four agree some kind of change is needed to keep Medicare from going broke.

All support reining in spending growth in the other major

federal health insurance program, Medicaid, which serves the poor and pays for nursing home care for many elderly residents.

The four also agree it is right for Congress to offer \$245 billion in tax cuts while restricting Medicare and Medicaid spending.

In the national debate, a proposal to raise Medicare premiums appeared the major sticking point between Clinton and Republicans, with each side calling on the other to compromise.

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EDITORIAL

Rest in peace

The majority of the Seminole County Commission voted yesterday to allow the county courthouse facilities to remain in the downtown Sanford area, rather than be moved to Five Points.

Commission Chairman Randy Morris was the long negative vote. During the past few months, Morris has called for more and more study on the proposal, but admits that he is still not satisfied with the results.

The taxpayers have already paid for two extensive studies however, just to prove no change should be made. Hopefully, Morris won't demand more studies in order to prove his point that the facility should be moved to Five Points.

No doubt, there will be more study expenses in the future, but it should be expected. This will be a massive project of redesigning the present court facility, adding additional space, parking garages, and developing other facility work.

Unless there is a failure on the part of the county or City of Sanford to reach a joint consensus on the hows, whats, wheres and expenses of this courthouse improvement project, we believe the entire matter is now beginning to head toward what may be best for all concerned.

In this manner, we hope the other entities which have been holding off on work awaiting a decision on the move, will now be able to delve headlong into their planned projects.

Just look at what has been standing in the wings waiting to perform.

We cite the plans along the waterfront proposed by the Waterfront Master Plan Study Committee, downtown improvements suggested by Sanford Main Street, the building expansion project including a new parking garage planned by SunTrust bank, the creation of Festival Shopping Center including and surrounding the Marina Hotel on the lakefront, and the proposal for a large residential area to the southwest of the French Avenue and Seminole Boulevard intersection.

While actual work on studying the courthouse move has only been underway since May of this year, the concept has been kicked around for over three years.

Now, with the vote by the County Commission, we hope this tickering can end. Let's get on with growth and development for the future, and leave what has proven to be a futile attempt to move the courthouse out of downtown Sanford to rest in peace and never again be brought to life.

LETTER

Net ban

After many fruitless years of appealing to the Governor and Cabinet for reasonable fishery policies, 72 percent of the electorate mandated an extreme change by passing the net ban constitutional Amendment; it is now Florida law.

But it appears that our governor won't give up the career-long support of his commercial net-fishing buddies. Lawton "McCoon" Chiles has taken every occasion to create new obstacles to enforcing the amendment, his latest gimmick being a move to allow shrimp trawlers to use their nets to catch finfish—a loophole in the amendment that Chiles is using to give his netting friends "some slack."

As governor, he is obliged to follow the spirit and letter of the law rather than find ways to circumvent it. His actions are in direct opposition of the voters' mandate and have made him a candidate for an impeachment drive by the grassroots organizations that pushed the net ban. He won his post with a paper thin 51 percent margin; the huge 72 percent margin of the net ban should be enough votes for such an impeachment.

We must let Governor Chiles and the Cabinet know that our demands for healthy fishery resources are sincere. Their continuous irrational support of commercial netters flies in the face of every voter concerned about our irreplaceable fishery and the legacy we leave future generations.

Our lame duck Governor may not be concerned about his political future but the Cabinet members should be concerned about theirs.

Enforce the law Governor Chiles and cabinet members, or face the political consequences.

Herb Myles
 Palm City, Florida

LETTERS TO EDITOR

Letters to the editor are welcome. All letters must be signed, include the address of the writer and a daytime telephone number. Letters should be on a single subject and be as brief as possible. The letters are subject to editing.

JOSEPH PERKINS

Nation's inmates need a reality check

In the wake of 10 recent prison disturbances around the country, federal officials are looking for explanations. At a recent press conference, Deputy Attorney General Jamie Gorelick offered several half-baked theories.

It's time for the nation's inmate population to get a reality check. And the way to give it to them is for federal and state lawmakers to adopt corrections reforms, regardless of whether the inmate population



likes it, no matter if they're watching on C-SPAN.

The following reforms would enjoy wide support among the law-abiding noninmate population:

- .. Curb inmate lawsuits. Jailhouse lawyers are filing suits like they're going out of style. Indeed, a staggering 53,312 made it onto federal court dockets.

Maybe the prison population has it too good.

That's because most are frivolous. Like the California inmate who sued prison officials

because they gave him a broken cookie. Or the Oklahoma inmate who sued because he was forced to listen to country music. Or the New York prisoner who sued because he didn't like his haircut.

These suits may seem amusing, but they cost federal and state taxpayers hundreds of millions of dollars a year to defend. And at least some federal lawmakers are ready to rein in jailhouse lawyers.

They are pushing a bill (modeled after an Arizona law) which, among other things, would require that inmates exhaust administrative appeals before taking their claims to court, impose stricter limits on fees that prisoners' rights lawyers can collect (from the taxpayers, of course) when representing inmates, and take away good-behavior credit from inmates who file frivolous suits.

No profits from crime. One of the sad commentaries on our popular culture is that even the most heinous criminals -- like Jeffrey Dahmer, John Wayne Gacy and Charles Manson -- become celebrity figures. As such they become marketable commodities.

For instance, an all-too-trendy boutique in San Francisco actually had the perversity to sell a line of "Mansonwear." It featured the murderer's likeness on hats, dresses, leggings, jackets, shirts

and even children's wear.

And the sickest thing of all is that the cold-blooded killer responsible for the stabbing deaths of actress Sharon Tate and her unborn baby actually reaped a percentage of the sales.

No government benefits while in jail. If it were not bad enough that drug addicts and alcoholics are eligible for federal disability benefits (under the Supplemental Security Income program), many continue to receive a government check even when they're locked up in county jails around the country.

Government liability for escapees. If an inmate escapes from prison and commits a crime against an innocent citizen, the victim has no recourse. That's because prison officials may not be held responsible, even if their negligence allowed the escape.

The family of Faye Lamb Vann, a 44-year-old Florida woman, discovered this recently when the Florida Supreme Court callously set aside a \$150,000 settlement the family had negotiated with the state. The state justices unanimously ruled that prisons have no special duty to citizens to protect them "from the criminal acts of an escaped prisoner."

MORTON KONDRACKE

Pro-lifers block Mid East aid

Congress ought to honor the memory of the martyred Yitzhak Rabin by enacting foreign aid legislation to advance the Middle East peace process, but the way is blocked by zealots of the U.S. anti-abortion movement.

Meantime, congressional Republicans are complaining that the Clinton White House did little to break the foreign aid deadlock by choosing a lopsidedly Democratic delegation to attend Rabin's funeral in Jerusalem.

House Speaker Newt Gingrich's, R-Ga., spokesman, Tony Blankley, noted that the balance of House members in the delegation was 17 Democrats to 5 Republicans, with Gingrich the only GOP leader invited, and that the Senate delegation consisted of 12 Democrats and 5 Republicans.

"If they (Clinton aides) gave any thought to having some effect on legislation, clearly they chose the wrong party," Blankley said.

The fiscal 1996 foreign aid appropriation, containing funds for Israel and its neighbors, has passed both houses and 99 percent of House-Senate differences have been resolved, but final passage is hung up -- perhaps hopelessly -- by a disagreement on abortion.

As part of an aggressive pro-life campaign that is delaying several appropriations bills, the House is insisting on language banning U.S. aid to any international organization that funds abortions or lobbies foreign governments on abortion policy.

The Senate refuses to go along, and President Clinton has said he will veto the House provision.

As a result, the U.S. government can't do what most Americans surely would like to in the aftermath of the assassination of Israel's heroic prime minister by a Jewish extremist: assist those willing to enlist in the peace process that Rabin died for.

The foreign aid bill contains \$3 billion for Israel, \$2.1 billion for Egypt, \$100 million for the Palestine Liberation Organization, and \$25 million plus debt forgiveness for Jordan.

The aid bill also contains an 18-month extension of the Middle East Peace Facilitation Act, which permits U.S.-PLO contacts, allows the PLO to maintain an office in Washington, and authorizes aid contingent on PLO fulfillment of its peace promises. This law expired on Nov. 1, and the PLO office was forced to shut down pending passage of a short-term extension.

Foreign aid was being supplied to those and other recipients until Nov. 13 under the stopgap continuing resolution that went into effect when Congress failed to pass appropriations funding the government for the fiscal year that began Oct. 1.

As the Nov. 13 deadline approached, it was expected that another short-term CR would be passed, Israel has enough friends on Capitol Hill that this resolution may authorize early

disposal of all of Israel's \$3 billion for the year, but it's unlikely to release funds for Israel's Arab peace partners.

Their funds would have to be provided under a foreign aid appropriation or, if none can be agreed upon, under a later continuing resolution covering the remainder of the fiscal year.

However, the leader of anti-abortion forces in the House, Rep. Chris Smith, R-N.J., vows to insist on anti-abortion language in the CR, too, threatening the entire \$12.1 billion foreign aid program.

Gingrich has assigned House Majority Leader Dick Armye, R-Texas, to mediate between pro-life and pro-choice forces to reach compromises to permit passage of several hung-up appropriations bills. An agreement on the stymied defense appropriation is thought to be close, but on the foreign operations appropriation, it's not.

Smith and his allies originally sought to reinstate and toughen Reagan-era policies on family planning aid, winning House passage of language barring assistance to both foreign and domestic U.S. family planning organizations that perform or advocate abortion.

The Senate instead adopted language sponsored by Sen. Nancy Kassebaum, R-Kan., and Patrick Leahy, D-Vt., embodying the Clinton administration policy of not directly funding abortions, but aiding groups that perform abortions using non-government funds.

A House-Senate conference could not iron out differences between the bills, and recently each chamber voted essentially to stick to its guns, though House Republicans say they actually compromised in deleting domestic organizations from their ban and in allowing organizations to perform abortions in cases of rape and incest and to preserve a mother's life.

Anti-abortion forces can muster 230 House votes, 13 more than a majority, to pass their amendments, but they admit that when House GOP leaders crack the whip, hardcore anti-abortion strength goes down to 125 votes -- 100 from Republicans, 25 from Democrats.

Including more House GOP leaders in the Rabin funeral delegation might have helped the White House ensure passage of the aid package.



Republicans are complaining that the Clinton White House did little to break the foreign aid deadlock.

SARA ECKEL

Contraception a secret?

What if there was a way to cut the nation's abortion rate in half? Would our state and federal leaders be interested? Would right-to-life groups rally in support?

Our leaders have certainly been quick to put up hurdles that reduce the number of abortions performed in this country. They've enacted legal hurdles such as parental consent and waiting-period laws. And they've put up financial barriers, such as bans on Medicaid and federal health-insurance coverage of abortions.

But what if there was a drug, a pill, that when taken after sexual intercourse could prevent an unwanted pregnancy from happening? What if it was already approved by the Food and Drug Administration?

What if it was presently sitting in the medicine cabinets and dresser drawers of millions of women across the United States?

Such a medication exists. It is the birth-control pill, and its effectiveness as postcoital contraception has been called this country's best-kept secret.

Here's how it works. If a woman has unprotected sex or if her birth control fails her -- say the condom broke or her diaphragm slipped -- she has about a 72-hour period in which she can prevent conception from occurring. Conception, as defined by the American College of Obstetricians and Gynecologists, is the point at which the fertilized egg is implanted in the uterine lining -- not when the egg and sperm meet, as popularly believed. Researchers believe that high doses of certain oral contraceptives disrupt a woman's hormonal patterns, thereby either preventing fertilization altogether or stopping the fertilized egg from implanting in the uterine lining, thus preventing a pregnancy.

This is not to be confused with RU-486, the French "morning after" pill. RU-486, also known as mifepristone, has not been approved by the FDA and, unlike postcoital contraception, induces abortion, as it is generally used four to six weeks after conception.

This information is not new. Emergency contraceptives, as they are also called, were discovered nearly 20 years ago and have been marketed in many European countries for the past 10 years.

It's safe, it's effective, and it's not abortion. It could save American women untold trauma and grief. So why is it so little known?

For one thing, the makers of the drugs that are effective in postcoital contraception have not tried to get FDA approval for this particular use. The pills in question -- Ovral, Lo/Ovral, Norello, Triphasil, Leven and Tri-Leven -- are all approved by the FDA as oral contraceptives but not as emergency contraceptives. There is little incentive for the makers of these drugs to get this approval, as it could cost tens of millions of dollars and would reap little financial reward, since drugs used on a one-time basis aren't very profitable. The companies -- Wyeth-Ayerst Laboratories and Berlex Laboratories -- also risk having their other products boycotted by right-to-lifers who insist that this is abortion.

A year ago, three prominent health organizations -- The American Public Health Association, the American Medical Women's Association and Planned Parenthood of New York City -- went to Washington with a modest proposal. They petitioned the FDA to require relabeling of these pills, so that American women could get the information they deserve about these medications. The FDA has yet to take any decisive action on this matter.



Our leaders have certainly been quick to put up hurdles that reduce the number of abortions performed in this country.

Courthouse

Continued from Page 1A
Andersen observed, "As we found in our study, the Five Points area will continue to grow even without the court facility." Regarding having the building of such size in downtown Sanford, he projected that it would much better serve the city in its present location.

Reeves also discussed a commitment on behalf of the City of Sanford to pay roughly half the cost of the needed downtown parking garage, which could amount to \$3.5 million, and also that the city might be willing to donate property for the garage.

In turn, each of the members of the commission responded to the findings of the two studies. Commissioner Daryl McLain, who originally supported the move to Five Points, commented, "With conversations we have had with the city of Sanford, and Sanford willing to work with us on this, I'm happy with the progress we have made through these studies." McLain indicated he would support the findings.

"I agree," said Commissioner Dick Van Der Weide. "Based on the city's agreement, I believe it's best to keep the facility downtown."

Commissioner Win Adams said he was pleased that the studies had finally ended. "I concur with the decision," he said. "Now it's time for us to fish or cut bait."

Commissioner Pat Warren said she appreciated the work done by Andersen and Reeves and indicated she supported their findings.

Chairman Randy Morris however, acknowledged that he would be the lone dissenter. "I do not agree with this," he said. "The studies don't show the true impact. Some questions were never asked, such as, might we look at other sites than just these two? I also believe they didn't look at how government operates. They are only looking at the courthouse, and not a time/motion study."

Morris added that the study was misleading in that it focused on a new building to be built rather than expansion of the present building.

Adams however, said after what he considered three years of discussion on the issue, it was time the commission sent a message to the citizens that the county wants the facility in downtown Sanford.

Van Der Weide agreed. "Let's make a decision so everyone knows what's going on and other entities such as the Lakefront Development and

Sanford Main Street can get on with their plans." "After three years," McLain said, "let's make a decision. We are not committing to what we build here, but where it will be built."

A relatively large audience was on hand to hear the discussion, including Sanford Mayor Bettye Smith, City Manager Bill Simmons, and Director of Planning and Development Jay Marder, who is the city's liaison to the Waterfront Masterplan Development Committee.

Smith and Simmons were asked if they wished to speak.

"The study, as a whole, fairly addresses the needs of keeping the court facilities downtown," Simmons said, "but the city commission hasn't actually enacted a resolution, we have only indicated a willingness to participate."

Simmons suggested the parking lot, rather than being financed by the city and/or county, might be better built by securing an entrepreneur or developer who may wish to privatize the construction.

Simmons also suggested four steps which he recommended be pursued: adopt a site for the buildings, enter into staff negotiations, develop plans, and have the city included in the decision process regarding the building, to insure that it will be beneficial to the downtown area and plans of the Waterfront Committee and Community Redevelopment Agency.

Van Der Weide responded that while the concept had his support and he was ready to move forward, "if the city is now going to shift the sands, perhaps this whole matter ought to be re-examined. Maybe Sanford now wants to take a different approach."

Simmons answered that he didn't see this as a shift in plans.

At the conclusion of the work session on the subject, Mayor Smith observed, "I think this is an exciting time for these two entities. It is very encouraging. Together, we can do great things for the benefit of all the taxpayers."

Later in the day, during the afternoon formal county commission meeting, when the matter was brought up for an official vote, the recommendations suggested by Simmons had been incorporated into the wording.

The final vote on the matter matched the consensus during the work shop, with only Morris voting against the proposal.

Road

Continued from Page 1A
the Blue Ribbon group as having the least impact, and the suggestion was forwarded to the college.

In addition, the Lake Mary City Commission has forwarded a resolution to the college, also in support of Alignment 3. The college however, reportedly did not immediately accept the suggestions without further study by engineers.

Last night, a group of citizens from Cardinal Oaks Cove planned to picket at the Seminole Community College administration building during a meeting to determine the new college

president. The picketing however, was postponed at the last minute.

As the entire matter presently stands, at least two meetings regarding the road location are scheduled.

The Blue Ribbon Committee will meet tomorrow (Thursday), at the Seminole County conference room, 181 Bush Loop, in the Five Points Operations Center. Two or more members of the Seminole County Commission have announced intentions to attend the meeting. The county reportedly joined Lake Mary in urging the college to approve

Alignment 3 during yesterday's commission meeting.

Seminole Community College is scheduled to hold a meeting to discuss the alignment of the road at 8 a.m. on Tuesday, Nov. 21.

Most of the major complaints regarding the location of the road by Cardinal Oaks Cove residents have dealt with the location being too close to private property, and increased traffic in the area. Citizens have voiced objections that the location presently being considered by the college will provide serious safety problems for residents and their children.

Cleared

Continued from Page 1A
At that time, they found, Curtin slipped off a low curb and fell "with his full body weight" on Campbell. She suffered abrasions to her right elbow and her right eye, causing swelling to her right eye, the report said.

"We never denied she was injured," said Cmdr. Dennis Whitmire of the Sanford Police Department. "We have maintained that the incident was an accident."

Campbell did not want to comment on the findings of the report yesterday, but Johnell Jackson, who helped Campbell file the original complaint against the Sanford Police Department, said she had hired an attorney to help her continue her fight against the department.

"This isn't over," he said. "We are still fighting this."

Jackson said Campbell also plans to ask the Seminole County chapter of the NAACP to review the evidence to see if they might help in future actions against the department.

Thomas Pool, president of the local chapter of the NAACP, said he has not received any request from Campbell as of this time, but says the executive board will look into it if the request is made.

"We would go out and ascertain the facts, talk to the officer, talk to the complainant and talk to any witnesses before we would make any decision," he said.

The Sanford Police Department considers the case closed with regard to Curtin.

"The Altamonte Springs Police Department did a thorough and complete investigation that revealed this was, in fact, an accident," Whitmire said.

He noted that the department will, if necessary, cooperate in any further inquiries into the matter.

Criminal charges against Campbell are still pending in the case of the domestic violence incident.

Art

Continued from Page 1A

around the nation. The group is dedicated to promoting talented local artists, making their artwork more widely available while promoting the beauty of the selected sites.

"The neat thing is," Walt Padgett, co-owner of the Higgins House, said, "is that they really seemed to like Sanford. They are probably going to come back and do some more paintings of some of the unique architecture we have here in town."

Padgett said he hopes local residents and art collectors will begin to collect the artwork of Sanford.

The Sanford scenes include one of the exterior of the Higgins House and one of the Victorian gardens behind the century old bed and breakfast.

Two scenes of the clock have also been produced: one showing flower vendors hawking their wares at the base of the clock and the other showing the clock and only hinting at the surrounding area of downtown.

Padgett said the prints also will make unique gifts for those who love Sanford and her historical past as it is being preserved in the present.

Only 2,000 prints of each scene will be produced.

The artists will sign the limited edition prints at the reception on Sunday.

Special room rates are available at the Higgins House this weekend for those who want to attend the reception and stay at the bed and breakfast.

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DEATHS

ALBERT E. CASHION
Albert E. Cashion, 90, N. Semoran Blvd., Winter Park, died Monday, Nov. 13, 1995 at Regenia Park Healthcare & Rehabilitation Center, Born March 21, 1905 in Shelby, N.C., he moved to Central Florida in 1971. He was a textile worker.

Survivors include son, Michael, Terceira Azores, Portugal; stepson C. Douglas Henaley, Orlando; three grandchildren.

Gramkow Funeral Home, Sanford, in charge of arrangements.

CICERO E. GREEN
Cicero E. Green, 77, Rutledge Road, Longwood, died Monday, Nov. 13, 1995 at Florida Hospital South, Born Aug. 15, 1918 in Ironside, Va., he moved to Central Florida in 1983. He was a supervisor at Pan American

Airlines. He belonged to New Covenant Baptist Church, and was a trustee of former Hollywood Baptist Church, Amityville, N.Y.

Survivors include wife, Ethel Longwood; son, Henry Cicero Longwood; sister, Candace Green, Charlotte, N.C.

Mitchell's Funeral Home, Orlando, in charge of arrangements.

JOHNNIE LEE HARMON
Jonnie Lee Harmon, 57, Whitt's Trailer, Sanford, N.C., died Monday, Nov. 13, 1995 at a Breward hospital. She was a native of Dothan, Alabama.

Survivors include son, Wayne Brevard; sisters, Annie Bell, Andalusia, Ala., Ola Cochran and Nell Thoughton, both of Sanford; brother, Cecil Sinquefield, Peiham, Ga.; two grandchildren; three great-grandchildren.

Moore Funeral Home, Brevard, N.C., in charge of arrangements.

MARY J. LATTA
Mary J. Latta, 83, Scott Avenue, Sanford, died Tuesday, Nov. 14, 1995 at Central Florida Regional Hospital, Sanford. Born Jan. 30, 1912 in High Point, N.C., she moved to Central Florida in 1975. She was a homemaker. She was a member of First Baptist Church, Sanford.

Survivors include daughter, Susan Lassney, Sanford; sister, Virginia Simmons, Melrose; four grandchildren; two great-grandchildren.

Gramkow Funeral Home, Sanford, in charge of arrangements.

DONNA LYNN MEDDERS
Donna Lynn Medders, 26, Wild Elm Court, Sanford, died Friday, Nov. 10, 1995, in Georgia. She was born in Sanford and was a lifelong resident. She was a waitress, and belonged to All Souls Catholic Church, Sanford.

Survivors include husband, Jason Todd; daughter, Kaitlyn Taylor, Sanford; mother, Pat Pauska, Winter Springs; father, Leroy Griggs, Sanford; sisters, Jessica Pauska and Allison Pauska, both of Winter Springs; maternal grandmother, Joyce Gustavson, Sanford; maternal grandfather, Gordon Gustavson, LeCanto.


Altman-Long Funeral Home, DeBary, in charge of arrangements.

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Carey Hand
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FUNERALS

JOHNSON, MAURICE A.
Funeral services for Maurice A. Johnson, 61, of W. Third Street, Sanford, who died Nov. 9, will be held Saturday at 2 p.m., at Second Street Missionary Baptist Church with Rev. R. T. Davis officiating. Viewing will be Friday from 5 until 8 p.m. Burial will be in Evergreen Cemetery.
Arrangements by Sunrise Funeral Home, Sanford.

LATTA, MARY J.
Funeral services for Mrs. Mary J. Latta, 83, of Sanford, who died Tuesday will be 3 o'clock Thursday afternoon at Gramkow Funeral Home Chapel. Interment will be in Evergreen Cemetery. Friends may call at Gramkow Funeral Home this evening (Wednesday) from 6-8 a.m. For those who wish memorial contributions are suggested to First Baptist Church of Sanford Building Fund.
Arrangements by Gramkow Funeral Home, 288 E. Airport Blvd., Sanford, FL 32773 (407) 322-2131.



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1995 Golden Age Games results

Discus, Field

Men

Age group: 55
1 Harold Tessier, 57
2 Lawrence Judd, 57
3 Keith Traudt, 56

Age group: 60

1 Leonard T. Olson, 84
2 Paul T. Moores, 80
3 Robert Pataky, 60

Age group: 65

1 Reed G. Quinn, 66
2 William Bergen, Jr., 67

Age group: 70

1 Don Reid, 71
2 Harold Pinther, 70
3 Jack Rooney, 71

Age group: 75

1 Francisco Colon, 79
Age group: 80
1 Wilbur C. Ott, 81

Age group: 85

1 Herbert B. Steele, 86
2 Leonard F. Stone, 89
3 Orrin Graf, 86

Discus, Field

Women

Age group: 60
1 Eline S. Moores, 81
2 Betty A. Sjogren, 83
3 Rita M. Allen, 81

Age group: 65

1 Jimmie Reid, 69
2 Anita A. Zetta, 69
3 Kate DeAngella, 68

Age group: 70

1 Bernie Kleinschmidt, 71
2 Harriett Boyd, 72
3 Dorothy L. Platt, 74

Age group: 75

1 Katherine Gradick, 77
2 Carla C. Convery, 75

100 Meter Dash, Track

Men

Age group: 55
1 David Dreifuerst, 55
2 Joseph Deluca, 58
3 Joseph F. Shanahan, 59

Age group: 60

1 James Stookey, 65
2 David Slocum, 65
3 William Bergen, Jr., 67

Age group: 70

1 Tom H. Kennell, 74
2 Blair McFarland, 72
3 Olin C. Kelly, 73

Age group: 75

1 Marlen M. McWilliams, 75
2 John Anoka, 76
3 Francisco Colon, 79

Age group: 80

1 Herbert B. Steele, 86
2 Orrin Graf, 86
3 Leonard F. Stone, 89

100 Meter Dash, Track

Women

Age group: 55
1 Beverly Eaton, 58

Age group: 60

1 Eline S. Moores, 81
2 Rita H. Terhaar, 83
3 Betty A. Sjogren, 83

Age group: 65

1 Ann T. Edgington, 68

Age group: 75

1 Carla C. Convery, 75

200 Meter Dash, Track

Men

Age group: 55
1 David Dreifuerst, 55
2 Joseph F. Shanahan, 59
3 H.J. Weger, 59

Age group: 60

1 Ted W. Sjogren, 63

Age group: 65

1 James Stookey, 65
2 William Bergen, Jr., 67
3 David Slocum, 65

200 Meter Dash, Track

Women

Age group: 60
1 Betty A. Sjogren, 83

Age group: 65

1 Ann T. Edgington, 68

Age group: 75

1 Carla C. Convery, 75

400 Meter Dash, Track

Men

Age group: 55
1 David Dreifuerst, 55
2 Joseph F. Shanahan, 59
3 H.J. Weger, 59

Age group: 60

1 Ted W. Sjogren, 63

Age group: 65

1 James Stookey, 65
2 William Bergen, Jr., 67
3 David Slocum, 65

400 Meter Dash, Track

Women

Age group: 60
1 Betty A. Sjogren, 83

Age group: 65

1 Ann T. Edgington, 68

Age group: 75

1 Carla C. Convery, 75

President, Congress remain dug in

By DAVE BRIDGEMAN
Associated Press Writer

WASHINGTON — Hundreds of thousands of government workers got another day off today as President Clinton and the Republican Congress, after futile private discussions and bitter public recriminations, remained at odds over budget priorities.

And chances were slim that the partial government shutdown that began Tuesday would end soon.

"It is my solemn responsibility to stand against a budget plan that is bad for America and ... that is exactly what I intend to do," Clinton vowed between two Capitol Hill negotiating sessions that left both sides firmly entrenched.

His lead negotiator, White House Chief of Staff Leon Panetta, warned after the second meeting with the House and Senate Budget Committee chairmen that the shutdown could stretch past Friday.

That's when Republicans hope to send Clinton a massive bill bringing the budget to balance by 2003, wringing \$270 billion in savings from Medicare over seven years and cutting taxes for families and businesses.

After more than two weeks of House-Senate negotiations, Republicans were racing to resolve remaining differences over school lunches, the federal dairy program and other issues.

"The likelihood right now is that they want to proceed with a

shutdown until they have completed work on their budget. That's unfortunate. It makes no sense to the American people," Panetta said.

The immediate negotiations were centered on legislation temporarily extending the government's spending and borrowing authority past Thanksgiving, perhaps long enough for a deal to be struck with the administration on the long-term bill.

The administration complains that the temporary measures vetoed by Clinton on Monday would have had the effect of committing him in advance to the Republican budget, including its proposed \$7-a-month increase in Medicare premiums.

Republicans insisted Clinton must promise to balance the budget in seven years, using economic and technical assumptions favored by the Congressional Budget Office rather than the White House budget office.

No further meetings were scheduled, but both sides said their staffs would stay in touch, searching for some accommodation. House Budget Committee Chairman John Kasich, R-Ohio, suggested Republicans would be willing to at least examine Clinton's complaint that their budget was based on too-pessimistic economic assumptions, requiring deeper-than-necessary cuts.

Later Tuesday evening, a glimmer of hope emerged that the terms of the shutdown could

be eased even if the two sides remained apart.

House Speaker Newt Gingrich, R-Ga., said legislation may begin moving "in the next day or two" to reopen veterans offices, passport offices and Social Security offices so new applications could be taken.

Gingrich said Republicans would send a transportation spending bill to the president today, with an Interior Department appropriations bill — reopening national parks — to follow by the end of the week.


On Tuesday, some 800,000 of 2.1 million federal employees — those deemed "nonessential" — were sent home after reporting to work in the morning. Air traffic controllers, military personnel, prison guards and others protecting public health and safety kept working.

Employees of the Agriculture and Energy departments remained on the job because regular appropriations bills for those parts of government have been enacted. Social Security and Medicare checks were processed and the fiscally independent Postal Service continued to deliver mail.

In the capital, thousands of nonessential workers drove home in a cold, steady rain. The Smithsonian's museums closed their doors. Clinton furloughed some butlers and press aides at the White House. And GOP senators munched on carryout pizza at a policy luncheon because Senate restaurant workers were sent home.

The American Federation of Government Employees filed a lawsuit challenging the administration's definition of essential workers and its authority to require them to work without knowing when they would be paid. A federal judge scheduled a hearing for Thursday.

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Sports

B

IN BRIEF

LOCALLY

No win or loss for Tribe

SANFORD — Greg Pegram scored a pair of goals, but for the second straight night the Seminole High School boys' soccer team was held to a tie, this time a 2-2 draw with St. Cloud at Thomas E. Whigham Stadium.

Pegram scored one goal in each half and tied the game with his scores each time. The Tribe (0-0-2) was playing without four starters who were injured in an automobile accident. St. Cloud is now 0-0-1.

Sanford Recreation basketball

SANFORD — The Sanford Recreation Department is busily preparing for the upcoming Youth Basketball Leagues.

Coaches are needed for all age groups: 15-Under; 13-Under; 11-Under; and Bidi Ball (7-9). Sponsors, at a cost of \$90, are also needed.

Tryouts/signups will be Saturday, November 18th at the Sanford Middle School Gymnasium. Registration fee is \$10.

Bidi Ball (for both boys and girls) will have signups only, no tryouts. 11-and-Under (boys and girls) will tryout at 9 a.m., 13-and-Under (boys only) will tryout at 10:30 a.m.; 15-and-Under (boys only) tryout at noon; and girls only (ages 12-15) will tryout at 1:30 p.m.

Call (407) 330-5697 for more information.

Pernfors to appear at Alaqua

LONGWOOD — One of the world's top tennis professionals, Mikael Pernfors, ranked 50th in the world, will headline the Florida Hospital Gala for Oncology Research on Saturday, November 18th at the Alaqua Country Club.

Pernfors, who played collegiately at Seminole Community College, will conduct a two hour exhibition at 1 p.m. with Pro Bryan Shelton, Alaqua Tennis Pro Tobias Svantesson, an SCC teammate of Pernfors, said.

The exhibition will include fast serving contests, "Beat the Pro" and demo racquet testing. Preceding the tennis exhibition will be a fashion show and luncheon with all activities starting at 10:30 a.m.

There will be a \$5 fee for the tennis exhibition and a \$20 ticket for all the activities including a "sportacular."

Proceeds will go toward the Florida Hospital Foundation. Please phone Nata Treise at (407) 321-0444 for reservations.

Magic extend Hill's contract

ORLANDO — The Orlando Magic signed head coach Brian Hill to a multi-year contract extension. Terms were not disclosed.

AROUND THE STATE

Panthers win seventh straight

MIAMI — The Florida Panthers extended their franchise-record winning streak to seven with a 5-2 victory over the Toronto Maple Leafs Tuesday night as Rob Niedermayer's goal capped a furious third-period rally.

Niedermayer knocked in the game-winner with 14 minutes left. Florida trailed 2-1 after two periods, then scored three goals within 10½ minutes to win the game.

At 14-4-0, the Panthers have the best record in the NHL and have won five straight games at home. The third-period comeback was the second for Florida in less than a week.

Lightning break streak

ST. PETERSBURG — Alexander Selivanov had two goals and an assist as the Tampa Bay Lightning snapped a four-game losing streak with a 5-3 victory over the Boston Bruins.

The red-hot Selivanov has seven goals and 11 points in his last 10 games. The goals were his ninth and 10th of the season.

Dolphins lose Gray

DAVIE — Miami Dolphins guard Chris Gray will require surgery on his left ankle and is expected to miss the rest of the season.

The surgery to repair ligament damage is scheduled for Friday in Gainesville.

Hurricanes hoopsters ink three

CORAL GABLES — The University of Miami has signed three of its basketball prospects.

Kenny Davis, of Malcolm X Junior College, will be eligible to play in December. Lucas Barnes of South Miami High School, and Jermaine Walker of Ely High School in Broward County plan to enter in the Fall of 1996.

Davis, a point guard, earned third-team JUCO All-America honors last season. He averaged 22 points and 7.5 assists.

Barnes, also a guard, was the leading scorer in Dade County last year with a 33-point average. Walker, a forward, averaged 18.5 points, 11.1 rebounds and 4.8 assists.

BEST BETS ON TV

NATIONAL BASKETBALL ASSOCIATION
 8 p.m. — TBS, Nuggets at Suns. (L.)

Complete listings on Page 2B

Another Tribe triumph

Huge first quarter keys girls' win over Hawks



By GARY COATAM
Herald Staff Writer

SANFORD — Dana Merrick scored 25 points Tuesday to lead Seminole past Lake Howell 68-58 in the second round of the Lady Noles Invitational Tournament at Bill Fleming Memorial Gymnasium.

Mindee Hampton added 16 points to help the Tribe to the victory.

"Dana and Mindee have played well the last two nights," said Seminole coach John McNamara. "We're a young team, and it's still very early in the season. We don't know what to expect. We had some pretty good spots, but we also had some bad spots. When we needed a basket, we got it."

The victory was the second straight in the regular season for the Tribe, but it was actually the fourth without a loss, including the second time they have beaten the Silver Hawks already. The Sanford squad also won a pair of games in the Lake Howell Tipoff Classic over the weekend. Lake Howell is now 1-1 on the young season.

Seminole took an early 4-0 lead before Lake Howell trimmed the margin to 4-3. The Tribe then took advantage of 10 Silver Hawks' turnovers for a 25-3 lead. Hampton, Merrick and Shemleka Stokes each scored six points in the first quarter to pace Seminole to the advantage, but Lake Howell managed to pull within 25-7 by the end of the period.

"We got too far down too early," said Lake Howell coach Dennis Cotrey. "Seminole is good. They executed and shot the ball well."

Seminole had a 31-7 lead with 5:55 before halftime, but Lake Howell closed the gap to 38-19 by halftime. Allison Duncan scored two three point goals to help keep the Silver Hawks in the game. Duncan finished with six three-point goals. Lake Howell cut the lead to 42-26 with 4:23 left in the third quarter, and managed to trim the deficit to 44-32 with 3:30 left in the period.

Seminole had a 60-37 lead entering the fourth quarter, but Lake

Seminole junior center Haneefah Miller (No. 52, right) scored eight points to help the Tribe remain undefeated with a 68-58 victory over the Lake Howell Silver Hawks and Stacey Gomez (left) in the second round of the Lady Noles Invitational Basketball Tournament at Bill Fleming Memorial Gymnasium Tuesday night.

Leaders still tied in junior girls softball

From Staff Reports

SANFORD — They took different routes to victory Saturday, but with two games left in the season, Sanford Rotary Breakfast Club and the Sanford Red Sox are still tied for first in the Sanford Recreation Department Junior Girls' Fall Slowpitch Softball League.

Rotary Breakfast Club bounced back from its first loss of the season last week by scoring in four of the five innings they batted to whip Sanford Optimist Club 13-1.

Things were much more difficult for the Red Sox, which found itself down 3-0 to General Parcel Service in the bottom of the fifth inning.

But the Sox rallied for four runs in the fifth inning and, after General Parcel Service scored a run in the top of the sixth inning to tie the game

Sanford Optimist Club	000	15	1	3	
Rotary Breakfast Club	240	23	13	14	
General Parcel Service	000	20	0	4	12
Sanford Red Sox	000	04	1	5	9

at 4-4, scored the game winning run on a Sarah Wiggins grounder in the bottom of the sixth inning to win the game 5-4. Jennifer Sellers scored the winning run.

Sanford Rotary Breakfast Club and the Sanford Red Sox are both 6-1, while General Parcel Service is 2-5 and Sanford Optimist Club is 0-7.

Leading Rotary Breakfast Club were Sophia Little (three doubles, two runs, four RBI), Crystal Caine (two doubles, single, three runs, four RBI), Tinnie Riggins (double, two singles, run, three RBI), Pat Douad (two singles, four

runs), April Pearson (two singles, RBI), Nicki Hosack (single) and Torrie Riggins, Hollie Cowan and Charlie Varville (one run each).

Vanessa Silver singled and scored the Sanford Optimist Club run, while Jasmine Butler singled and Sarah Coulter had an RBI.

Carrying the Red Sox were Mandy Priddy (two singles, run), Janine Fisher (two singles), Sarah Wiggins (single, run, two RBI), Kenya Lawson (single, run, RBI), Jennifer Spee (single, two RBI), Jennifer Sellers (single, run), Kristen Weaver (single) and Christina Garner (run).

Doing the hitting for General Parcel Service were Andrea Southward (three singles, two RBI), Antissa Williams (triple, single, run, RBI), Ingrid Terstege (two singles, two runs), Tonetta Ward (double, run), Jen Waligursky (double), Tomille Charles (single, RBI) and Lenail King and Stephanie Parro (one single each).

Only slight changes in women's leadership

From Staff Reports

SANFORD — There was one minor upset Tuesday night at Pinehurst Park, but everything else went according to plan as the Sanford Recreation Department Women's Fall Slowpitch Softball League continues to be a five team race.

GICC pulled off the upset, holding off a late charge by Crazy Wings, which entered the game with just one loss, to win 10-7.

In the other games, the She Devils got back in the race with a 16-9 victory over Lee's Exxon and the unbeaten Red Hots continued to simmer, scoring 15 runs in the bottom of the first inning and going on to crush C & A Sales 20-0.

Lee's Exxon	400	05	0	11	
She Devils	372	40	16	8	
GICC	320	500	0	10	15
Crazy Wings	110	103	1	7	15
C & A Sales	0	00	0	0	5
Red Hots	115	121	1	20	20



James Thompson doubled twice and scored three runs as Whelchel/Howard kept its title hopes alive with an 18-15 victory over First Baptist.

Hot hitting warms play at Chase

From Staff Reports

SANFORD — The temperature may have been cold, but the bats were hot as Bottoms Up Pub/Playtime Darts moved closer to title in the Sanford Recreation Department Men's Tuesday Night Fall Slowpitch Softball League at Chase Park.

Bottoms Up Pub/Playtime Darts scored 11 runs in the top of the first inning, but found itself down 14-13 to M.T. Muggs after three innings. The league leaders rebounded to win the last four innings 16-4, however, and came away with a 29-18 victory in the game that featured 50 hits, 10 for extra bases.

Bottoms Up Pub/Playtime Darts then got a win the easy way, as Zoo Crew II failed to field a team and forfeited the game 7-0.

In the other game, Whelchel & Howard raced to a 17-0 lead after the top of the third inning, but had to hold on for an 18-15 triumph over

Whelchel & Howard	776	010	0	16	21	
Sanford First Baptist Church	004	056	0	15	17	
Bottoms Up/Playtime	111	220	640	0	29	25
M.T. Muggs	7	24	013	0	12	25

Church leaders survive scares as Flames clinch tie



From Staff Reports

SANFORD — The top three teams in the Sanford Recreation Department Fall Church Slowpitch Softball League at got a scare but still came out winners Saturday morning at Chase Park.

The undefeated Sanford First United Methodist-Flames clinched at least a tie for the league championship by using a five run seventh inning to break open a close game, then surviving a Sanford Spanish Assemblies rally to win their eighth game of the season 9-8.

Second place Deltona Trinity Assembly of God-Majesty got in a slugfest with Sanford Central Baptist, and needed a sensational diving catch by Toody Rosas in right field to cut off a Central Baptist rally in the bottom of the seventh inning to triumph 20-18.

Sanford Church of the Nazarene jumped out to a 9-2 lead in the sixth inning and held on to win its fifth straight game to move into sole possession of third place with a 12-7 victory over Sanford All Souls Catholic. The Flames (8-0) need just one more win, or a Majesty loss, in the final two weeks to claim the title outright. Majesty (6-2) leads Nazarene (5-3), Spanish Assemblies (4-4), Central Baptist (1-7) and All Souls (0-5).

There will only be two games played this Saturday because of a conflict with a church activity.

At 8:30 a.m., Majesty takes on Spanish Assemblies, while All Souls battles Central Baptist at 10:30 a.m.

Spanish Assemblies took a 1-0 lead in the bottom of the first inning, but the Flames came back to take the lead with two runs in the second inning. Spanish Assemblies tied the game with a run in the bottom of the second inning, before the Flames took the lead for good in the top of the fourth inning.

The Flames added a single run in the fifth inning to lead 4-2 and then exploded for five runs in the top of the seventh inning. The

1st United Methodist-Flames	200	101	5	-	9	12
Spanish Assemblies	174	88	4	-	6	9
Trinity Assembly of God-Majesty	200	241	8	-	20	13
Central Baptist	770	651	4	-	10	21
Church of the Nazarene	400	120	3	-	15	17
All Souls	600	600	5	-	7	14

big blow was a two-out, two-run single by 60-year-old Dean W. Smith.

The Flames were led by Jerry Camus (triple, three singles, three runs, RBI), Dean W. Smith and Mark Blythe (two singles and two RBI each), Chris Dapore (two singles, run), winning pitcher Robert Jones (single, three runs, two RBI), Robert Smith and Jack Elitnohead (one single each), Trent Smith and Paul Stein (one run each) and Dean L. Smith (RBI).

Getting the hits for Spanish Assemblies were Ralph Navarro (two singles, run), Hector Fernandez (triple, run), Luis Rivera (double, run, two RBI), Adrian Lucas (single, run, RBI), M. Navarro (single, two runs), Pedro Garcia (single, two RBI) and Roberto Ramos (single).

Majesty fell behind 7-2 after the first inning, then took a 10-7 lead in the top of the second inning before Central Baptist came back to tie the game at 10-10 after two innings. Majesty went back on top 19-10, but Central again rallied, making the score 20-14 heading into the bottom of the seventh inning.

Central cut the lead to 20-16 and had runners on second and third with no one out. A looping fly along the rightfield line by Erik Luce appeared headed for at least a two-run single, but Rosas made a diving shoe-string catch, holding Central to a sacrifice fly. Robert Thacker drove in a run to make the score 20-18, but a liner to the pitcher and a fly to left ended the game.

Pacing Majesty were Rob Mullet (triple, double, single, two runs, three RBI), the

Mendoza (two doubles, singles, two runs, three RBI), winning pitcher Steve Jarrett (double, two singles, two runs, RBI), Adrian Bourgeois (triple, single, three runs, RBI), Ron Silva (two singles, three runs, two RBI), Steve McQuigan (two singles, three runs), John Sever (run, two RBI), Rosas (three runs) and Manny Garay (run).

Contributing for Central Baptist were Mike McCoy (double, three singles, three runs, four RBI), Thacker (double, three singles, three runs, three RBI), Ken Perry (triple, two singles, two runs, three RBI) and Jay Crutchfield (three singles, two runs, RBI).

Also contributing were David Parr Jr. (two singles, two runs, RBI), Eddie Saxon (two singles, RBI), Danny Flannery (double, three runs), Dickie Leroy (single, two runs), Kevin Whittington (single) and Erik Luce (RBI).

Church of the Nazarene scored four runs in the first inning and two runs in the second inning to go up 6-0 and built the lead to 9-2 before All Souls scored two runs in the sixth and three runs in the seventh to make things interesting.

Powering Nazarene were Donnie McCoy (triple, double, single, two runs, two RBI), Frank Turner (triple, two singles, two runs, two RBI), Scott Wade (three singles, three runs, RBI), Perry Hestler (double, single, run, two RBI), Todd Morgan (double, single, run, RBI), winning pitcher Wayne Gager and Scott King (one single and one run each), Timmy Watson (single, RBI), Dave Morrison (single), Phillip Sutherland (run) and Brian Howard (RBI).

Providing the offense for All Souls were Richard Stewart (home run, single, run, RBI), Dan Conybear (two doubles, run, two RBI), Jim Leep (double, single, RBI), Rick Fess (two singles, run), Jeff Graham, John Cook and Dennis Roman (one single and one run each), Chris Bennett (single, RBI), Jim Daily and Rich Brashers (one single each) and Terry Eschbach (run).

Central Baptist shortstop Mike McCoy had four hits, including a double, scored three runs and drove in four, but it was not enough as Majesty prevailed 20-18.

Men

Continued from Page 1B

Sanford First Baptist Church is in third with a 3-5 record and is still barely alive in the title chase. Completing the standings are Zoo Crew II (3-6) and M.T. Muggs (2-6).

Next Tuesday, Bottoms Up Pub/Playtime Darts takes on Sanford First Baptist Church at 8:30 p.m. and M.T. Muggs plays the doubleheader against Whelchel & Howard at 7:30 p.m. and Zoo Crew II at 8:30 p.m.

Contributing for Bottoms Up Pub/Playtime Darts were Ned Raines (two triples, two singles, four runs, four RBI), Manny Silva (three singles, four runs, three RBI), Allan Dow (three singles, three runs, RBI), Ben Green (three singles, two runs, RBI) and Brian Jones (three singles, run, two RBI).

Also contributing were Dan Dougherty (double, single, two runs, three RBI), Larry Chuanat (double, single, three runs, two RBI), Tom English (two singles, four runs, three RBI), winning pitcher Tom Saabo (two singles, three runs, two RBI) and Bob Shaw (double, three runs, three RBI).

Doing the damage for M.T. Muggs were Dave Cose (double, three singles, run, five RBI), Blake Murray (two doubles, single, two runs, three RBI), Vic DiBartolo (three singles, two runs, two RBI), Kyle Brubaker (three singles, three runs) and

Steve Bastore (three singles, RBI).

Also hitting were Joe Ferpes (home run, single, three runs, three RBI), Kirk Allen (triple, single, run, three RBI), Mike Miller (two singles, four runs), Roger Timlin (two singles, run, RBI) and Burt Allen (single, run, RBI).

Powering Whelchel & Howard were winning pitcher Clancy Wallace (triple, double, single, two runs, four RBI), James Thompson (two doubles, single, two runs, four RBI), Chris Wargo (three singles, two runs, three RBI), Keith Denton (double, single, two runs, three RBI), Jerry Governelli (two singles, run, two RBI), Mark Clatterbuck (two singles, two runs, RBI), Kelly Denton (two singles, run, RBI), Vincent Howard (two singles, two runs), Mike McLohon (two singles, run) and Eric Johnson (two runs, RBI).

Sanford First Baptist Church was led by Tom Gracey (double, three singles, run, five RBI), Danny Gracey (three singles, two runs, RBI), Robert Smith (three singles, two runs, RBI), Paul Stein (two singles, three runs, RBI), Brantley Brumley (two singles, two RBI), Tony Blatie (two singles, run), Jerry Camus (single, two runs, two RBI), Jon McFarlane (run, RBI), Bill Gracey (three runs) and Sam Stein (RBI).



Chris Wargo drove in three runs with a triple and scored twice to help Whelchel & Howard defeat First Baptist 18-15.

Women

Continued from Page 1B

The Red Hots are now 4-0, but Sunniland Corporation, which was idle Thursday night, is 5-1. GICC is 5-2, Crazy Wings is 3-2 and the She Devils are 3-3. Lee's Exxon and C & A Sales are both 0-5.

Next week, Crazy Wings challenges Red Hots at 6:30 p.m.; GICC takes on C & A Sales at 7:30 p.m.; She-Devils battle Sunniland Corporation at 8:30 p.m.; and Lee's Exxon has the week off.

Pacing the She Devils were Paula Songer (three singles, four runs, RBI), Shannon Hill (two singles, three runs, two RBI), Tina Hill (two singles, run, five RBI), Debb Garner (single, two runs, two RBI), Terri Hart and Sharon Keller (one run and two RBI each) and Joetta West (three runs).

Doing the hitting for Lee's Exxon were Yolanda Cox and Ann Garnett (two singles and two runs each), Tamara Gichrist (two singles, two RBI), Gina Baxter (double, two runs, RBI), Carol Dick (single, run, two RBI), Lynn Webb (single, run, RBI), Sha Brown (single, run), Kelly Denton (single) and Lis Turner (RBI).

Leading GICC were Tanya Geiger (two triples, single, three runs, RBI), Marie Covington (triple, two singles, two runs, RBI), Becky McCarman (two singles, two runs, four RBI), Lori Smith (two singles, two RBI),

Tammie Japes (two singles, run), Kellie Martin (single, two runs) and Missy Van Esclatine and Laura Harlow (one single and one RBI each).

Providing the offense for Crazy Wings were Marie Byrd (four singles, two runs), Belinda Anderson and Diane French (two singles, one run and one RBI each), Lynette Barkley (single, run, RBI), All Jones and Debbie Cole (one single and one run each), Karie Orta, Lannie Monhollen and Felicia Louie (one single and one RBI each) and Barb Cole (single).

Contributing for Red Hots were Debbie McMackin (double, run, two RBI), Patty Foley (triple, two singles, run, RBI), Robin Hetzel (double, two singles, two runs, two RBI), Linda Seering (home run, single, two runs, three RBI), Michele Berning (two singles, three runs, two RBI) and Lori Poe (two singles, two runs, RBI).

Also contributing were Toni Pavlovich (grand slam, two runs, four RBI), Len Sims (double, two runs, RBI), Denis Stallings (single, run, RBI) and Vicki Corso (single, three runs).

Getting one single each for C & A Sales were Mary Schraet, GAO Klein, Tanya Showater, Esther Monaco and Donna Brunck.

Basketball

Continued from Page 1B

Howell wouldn't go away. Another Duncan three-pointer pulled the Silver Hawks to within 54-49 with 8:40 left to play. Lake Howell then stayed within striking distance at 56-51 and 59-53 before Seminole pulled away for the last time to seal the victory.

Stokes and Rosetta Jackson each had nine points for Seminole, and Hanesha Miller added eight more. Duncan lead Lake Howell with 18 points, while Kasey Conditin had nine and Christine Brunning added eight.

"Allison is a pretty good shooter," Cadroy said. "She's a senior and she'll learn to step up and be a leader."

Lyman plays Lake Brantley at 7 p.m. in today's lone game in the tournament.

The tournament will conclude with a doubleheader on Thursday. Lake Howell faces Lake Brantley at 6 p.m., followed by Seminole against Lyman at 7:30 p.m.

SEMINOLE vs. SILVER HAWKS
 Lake Howell 29
 Butler 1 0 2, Bell 2 0 4, Helms 1 0 2, Brunning 1 0 1, Young 3 0 4, Duncan 6 0 8, Conditin 2 4 6, Reed 1 0 2, Davis 1 0 2, Barnes 0 0 2, Moore 1 0 2, Totals: 24 17 28.
 Seminoles 22
 C. Johnson 0 1 2, I. Morris 0 1 2, Morrison 7 2 16, Stokes 4 1 9, S. Jackson 3 3 8, Miller 4 0 8, Totals: 27 12 32.
 Lake Howell
 10 18 21 - 50
 Seminoles 23 20 15 - 58
 Three-point field goals — Lake Howell 7 (Duncan & Reed 1), Seminole 3 (Morrison 2). Total fouls — Lake Howell 21, Seminole 12. Fouled out — None. Tech fouls — None. Rebounds — Lake Howell 1-1; Seminole 9-6.



Lake Howell coach Dennis Cadroy goes over strategy with Silver Hawks during Tuesday night's game with Seminole

People

IN BRIEF

Cooking demonstration

SANFORD — Prepare fresh, homemade waffles on the cool fall mornings after attending a waffle demonstration at Butterfields etc., in Seminole Towne Center.
Come in and see just how easy it is, and how much better they taste, when you make your own waffles at home.
The free demonstration will be held Saturday, Nov. 18 from 1-4 p.m. For more information, contact Dave Pineda at 322-4050.

CALENDAR

Rotary meets early

Rotary Club of Lake Mary meets Thursday mornings, 7:30-8:30 a.m. at the Timacuan Country Club, on Rinehart Road. Contact Brian Loe, president, at 323-6128.

Weight Watchers meet on Thursdays

A local chapter of Weight Watchers meets at the Lake Mary Community Building every Thursday from 4:45 to 6:45 p.m.

Omni Toastmasters meet at Heathrow

The Omni Toastmasters Club #6861 will meet at 5:30 p.m. every Thursday at the AAA building, 1000 AAA Drive, Heathrow. Guests and prospective members are welcome.
Call Bertram Glick, 323-6089, for more information.

Pot luck dinner

Widowed persons are invited to attend a pot luck dinner at 5:30 p.m. every third Thursday of the month at the Caselberry Senior Center, 200 Lake Triplet Drive, Caselberry.

Depressive/Manic Support Group

Depressive/Manic Depressive Support Group meets at 7:30 p.m., the first and third Thursdays, Lakeside Alternatives, 434 W. Kennedy Blvd., Eatonville; and 10:30 a.m., the second Saturday, at the downtown Orlando Public Library, 101 E. Central Blvd.
For information, call 381-8070 or 645-4375.

Help for child support enforcement

Association for Children for Enforcement of Support, ACES, will meet the third Thursday each month, 7 p.m. at the Seminole County Library, Caselberry branch, S.R. 436 and Oxford Road. Meetings are free. Call 695-1720 or 324-8855 for more information.

Junior Woman's Club meets monthly

The Junior Woman's Club of Sanford Inc. meets the third Thursday, at 7 p.m., at the Woman's Club of Sanford, 309 S. Oak Ave. For information, call Tina Lee, 321-1955 evenings.

Pigeon Fanciers to gather

The Central Florida Pigeon Fanciers Association meets the third Thursday of each month, at 7:30 p.m., at the Seminole County Agricultural Center, 4300 Orlando Drive, Sanford. For more information contact Dick Kelly at 291-4346.

A tasty, tart answer to dinner

By MARALISA CALTA
United Media Services

A few weeks ago, I received the delightful news that a long-lost friend was dropping by for a dinner. The bad news was that there WAS no dinner to speak of, and my car was in the shop. I was about to revert to my trusty stand-by — Progresso Lentil soup and toasted cheese sandwiches — when I spied Lorraine Bodger's book, "Savory Tarts" on the shelf.

Now, I'm not a "savory tarts" kind of person. For one thing, making the crust scares me. For another, I'm not overly fond of eggy quiche-like concoctions. But I also knew from experience with Bodger's other books — which include "Chutneys and Relishes," "The Complete Vegetable Cookbook" and "The Christmas Kitchen" — that her recipes are generally simple, always work, and include DETAILED instructions and helpful little drawings. "Savory Tarts" did not let me down.

BASIC TART DOUGH

- 1-2 cups flour
- 1-2 teaspoons salt (omit if you are using salted margarine and butter; use 1/2 teaspoon salt if you are using unsalted margarine and unsalted butter)
- 6 tablespoons cold margarine
- 3 tablespoons cold butter
- 4 to 5 tablespoons ice water

In a large bowl, combine the flour and salt. Add the margarine and butter in pats and cut them in with a pastry cutter. The mixture should have the texture of coarse cracker crumbs.

Sprinkle 4 tablespoons of ice water evenly over the flour mixture. Firmly stir with a fork until the dough forms clumps. If the dough won't quite hold together, sprinkle it with the last tablespoon of ice water. Gather the dough into a ball.

(If you make this in a food processor, you probably won't need the fifth tablespoon of ice water.)

Shape the dough into a disk about 6 inches in diameter. Use immediately; if it feels too soft, wrap it in plastic and refrigerate for 20 minutes. If making ahead of time, wrap the dough in plastic and refrigerate, letting it come to room temperature before proceeding.

Yield: dough for 11- or 11-inch tart.
— Recipe from "Savory Tarts," by Lorraine Bodger (Harmony Books, 1993).

EGGPLANT AND PEPPER TART WITH CARAMELIZED ONIONS

- 1 basic tart dough (recipe above)
- 1 small eggplant, ends trimmed
- 1 Olive oil
- 1 Salt and pepper
- 1 pound yellow onions, peeled and sliced
- 1 egg
- 1 cup skim or whole milk
- 1 cup light or regular sour cream
- 1 ounces boursin cheese with garlic and herbs
- 1 roasted red pepper (see note), cored, seeded, deveined and cut into 1/2-inch strips

Preheat oven to 425 degrees. Line an 11-inch tart pan (with removable bottom) with dough; the dough should be less than 1/4-inch thick. Thumb off the excess dough around the edge and prick the dough all over the bottom with a fork. Bake in the center of the oven for 15 minutes. Set aside to cool, and reduce oven temperature to 375 degrees.

Cut the eggplant into slices a little less than 1/2-inch thick; salt slices on both sides and set aside in a colander for 30 minutes.

In a large skillet, heat 3 tablespoons of olive oil and saute the onions over low heat until lightly browned, about 30 minutes. Season with salt and pepper and set aside; do not clean the skillet.

Rinse the eggplant and pat dry with paper towels. Add more olive oil to the skillet and brown the eggplant slices on both sides, adding more oil if needed to keep from sticking.

In a food processor or blender, puree the egg, milk, sour cream and boursin to make a custard. Arrange the onions evenly on the tart crust and spread the custard over the onions. Place a layer of sauteed eggplant on the custard, overlapping as needed. Arrange the pepper strips in a lattice pattern on the eggplant. Brush with more oil and sprinkle with salt and pepper.

Bake the tart in the lower third of the oven for 25 minutes, until the custard is set but still soft and a knife inserted in it comes out almost clean. Set aside to cool on a wire rack for at least 15 minutes.

Remove the fluted outer ring of the tart pan; run a metal spatula under the tart and carefully slide it off the metal bottom onto a serving platter. Serve warm or at room temperature.

Yield: 11-inch tart, about 6 servings.
— Recipe from "Savory Tarts," by Lorraine Bodger (Harmony Books, 1993).

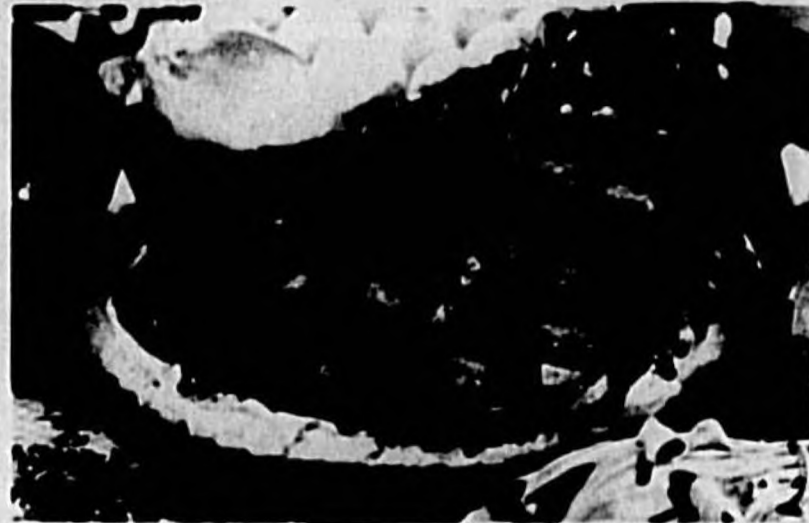


Photo by Paul O. Boisvert for New England Culinary Institute. EGGPLANT AND PEPPER Tart With Caramelized Onions makes for delicious, unusual dinner fare.

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Requests for photo coverage should be made at least three days in advance by calling our office. Your organization's publicity person should arrange for photo coverage and submit a news release about the event no later than three days following.

Engagement and wedding forms are available at our office. If desired, these may be accompanied by a black and white or color photo. These stories are usually run on Sundays and should be submitted on Tuesday before the publication date. Weddings more than three months old will be published in announcement form without a photo.

Do you know a hobbyist or volunteer you would like to see featured in these weekly columns? Just give us a call or mail us a note.

We will appreciate hearing from you about any news you may have.

Our address: The Sanford Herald, P.O. Box 1667 or 300 N. French Ave., Sanford, 32771. Phone: 322-2611. Fax: 323-9408

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Sweet Potatoes • Candied Yams
Turkey Gravy • Corn Bread Stuffing
Corn O'Brien • Peas and Mushrooms

Full Filled Pan

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Pasta Salad • Ambrosia Salad
Marinated Mushrooms
Carrot and Raisin Salad • Fresh Fruit
Cranberry Sauce • Rolls and Butter

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2. Paints, water color or crayon may be used.
3. Entries will be judged on the basis of originality and neatness for each age group.
4. Entries must be mailed or brought to the Sanford Herald by Dec. 19th.
5. Prizes will be awarded Dec. 22nd.
6. Winners will appear in the Sanford Herald Dec. 24th.

Sanford Herald

Name _____

Address _____

City _____

Zip _____

Phone _____

Age _____

BLONDIE

by Chic Young



BEETLE BAILEY

by Mort Walker



THE BORN LOSER

by Art Sansom



PEANUTS

by Charles M. Schulz



EEK & MEK

by Howie Schneider



TUMBLEWEEDS

by T.K. Ryan



ANLO AND JANIS

by Jimmy Johnson



FRANK AND ERNEST

by Bob Thaves



GARFIELD

by Jim Davis



ROBOTMAN

by Jim Meddick



White cell count signals infection



PETER GOTT, M.D.

DEAR DR. GOTT: I have to have a white cell count to check for infection. What is this all about?

DEAR READER: The blood contains red cells (which supply oxygen to tissues) and white cells (which fight infection). Although this is somewhat of an oversimplification, the number, type and age of the white blood corpuscles reflect the state of the body's immune system and our ability to combat infection.

Thus, in the presence of infection, the healthy body pours millions of white cells into the bloodstream, much like the mobilization of soldiers in preparation for war.

The normal white blood cell count is 5,000-10,000 per microliter. In the presence of infection, the WBC is commonly between 12,000 and 20,000, depending on the severity of the infection. This elevated count may also contain an increased number of immature forms of white cells, called "bands."

Therefore, I conclude that your physician proposes to verify his suspicions that you may have an internal infection by obtaining a WBC, which is merely one of many tests, including X-rays and other blood analyses, used for this purpose. An elevated WBC does not tell where the infection is or what's causing it. Rather, the elevated count simply reflects the presence of an infection somewhere in the body.

For example, if you had severe abdominal pain, a high WBC would indicate appendicitis, diverticulitis, gallbladder irritation, or other infection for which you might need surgery or antibiotics. On the other hand, the doctor would have to address the non-infectious causes of abdominal pain, such as kidney stones, or intestinal obstruction.

The WBC is a simple and useful test that, in conjunction with a thorough examination and other tests, helps doctors diagnose a variety of ailments.

To give you more information, I am sending you a free copy of my Health Report "Blood - Donations and Disorders." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2017, Murray Hill Station, New York, NY 10156. Be sure to mention the title.

DEAR DR. GOTT: I've hesitated writing you because I come from another country and my doctors blame my problem on stress. About once a week for the past year, my abdomen becomes very hard and painful. It feels as though something is pulling my belly button from inside. Then I get bad cramps, diarrhea and a lot of gas. This seems to relieve the discomfort, my bowels return to normal and I feel OK again -

until the process repeats. I've noticed that my symptoms seem to be worsened by eating cheese. I'm 40 years old, a working mother and hope you can help.

DEAR READER: I don't know what tests your doctors have performed to shed light on your attacks of abdominal pain and gas. However, I think you have unknowingly put your finger on the problem - once again proving that most diagnoses are found within the patient's medical history. I believe the relation of cheese to your symptoms is the key that solves the puzzle.

Milk products contain a type of sugar (lactose) to which many people, old and young, can become intolerant because of a deficiency in the enzyme

(lactase) that digests lactose. Without lactase, patients suffer abdominal pain, bloating, gas, and diarrhea when they eat or drink dairy products.

Here's my advice. Return to your primary care physician and request a breath test for lactose intolerance. Undoubtedly, he'll be stumped by your medical knowledge. (You needn't inform him where you learned about this.) More important, the test may provide the answer you seek.

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ACROSS

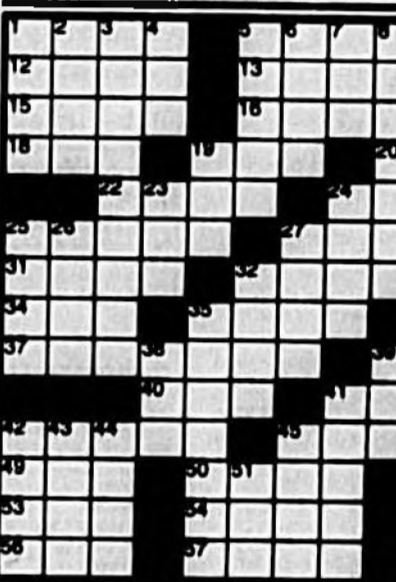
- 1 Spinning toys
2 Type of pasta
3 Salad herb
12 Lotion
13 Black
14 Ingredient
15 Tin Tin
16 Waistband
17 - colada
18 French coin
19 Type of sauce
20 - and downs
21 Miles Kant of the comics
22 - Zuzwatt
23 Legal matter
24 Prophet
27 Fame
31 Miles Kant of the comics
32 Fifty percent
33 Car assembly
34 Cavalry source
35 Chicago or Boston
36 Arm bone

DOWN

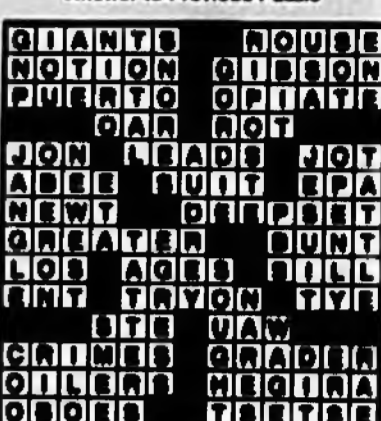
- 1 Filing aids
2 Broad spread
3 Synthetic fiber
4 Matched pair
5 Mart man
6 Wedding bird

STUMPED?

Call for Answers 1-800-44-3636 ext. code 100 @ 85¢ per minute



Answer to Previous Puzzle



WIN AT BRIDGE

There are days like this

By Phillip Alder

Bridge can be an extremely frustrating game. For example, you play a contract perfectly yet go down. Your opponent at the other table, a less able performer, adopts an inferior line that works. You played better, yet finish a loser.

Today's deal occurred during a major knockout team event. Both North-South pairs bid aggressively to seven spades. Both received the club-king opening lead. How should the play go?

The declarers needed three heart tricks so that they could discard their two club losers, but their approaches differed.

The better declarer won with the club ace, cashed the spade ace, played a heart to dummy's king and ruffed the

heart two high in his hand. Then came a spade to dummy's nine, followed by dummy's heart three. When East discarded, South let out a loud groan. The contract could no longer be made. If only the hearts had been 4-3, South would have ruffed high, played a spade to dummy's jack and cashed the heart ace jack for his essential discards. This line has about a 65-percent chance of success.

After winning the first trick, the less able declarer drew trumps and played a heart to the jack. As you can see, the 50-percent finesse worked perfectly.

When this sort of thing happens, you cannot help feeling down. As the Irish writer George Moore observed, "Nothing is more depressing than the conviction that one is not a hero." It was hard for the unlucky South to feel like a hero, even though he had played like one.

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Table with bridge scores for North, West, East, and South, including vulnerable status and opening lead.

HOROSCOPE

Nov. 16, 1995

Your career outlook may improve significantly in the year ahead. A promotion and increased earnings are probable.

SCORPIO (Oct. 24-Nov. 22) Your high expectations will be justified today, so express yourself instead of suppressing your feelings. You are in a cycle of fulfillment. Scorpio, treat yourself to a birthday gift. Send for your Astro-Graph predictions for the year ahead by mailing \$2 and SASE to Astro-Graph, c/o the newspaper, P.O. Box 1758, Murray Hill Station, New York, NY 10156. Make sure to state your zodiac sign.

SAGITTARIUS (Nov. 23-Dec. 21) Try to be both philosophical and realistic regarding a contentious issue today. A proper frame of mind will ensure victory in a crisis.

CAPRICORN (Dec. 22-Jan. 19) Today if your aims are clearly defined, you will

have an edge over competitors. Try to understand your motivations.

AQUARIUS (Jan. 20-Feb. 18) You will feel most at ease with friends who are both practical and ambitious today. If possible, avoid aimless types of people.

PISCES (Feb. 19-March 20) Today can be pleasurable and productive if you don't get immersed in disorganized projects. Harmony and solitude will enhance your efficiency.

ARIES (March 21-April 19) You have the potential to gain the upper hand today in situations that call for pragmatic resolutions. Utilize your superior logic skills to solve a problem for your colleague.

TAURUS (April 20-May 20) This can be an extremely productive day if you are methodical and cognizant of details. Little things that could derail others won't slow you down.

GEMINI (May 21-June 20) Situations that have not been satisfactorily conclud-

ed can be reworked today to produce the results you desire. Loosen the knots and redo them.

CANCER (June 21-July 22) Try to devote the bulk of your efforts to situations that require mental rather than muscular output. Mind exercises should be a snap for you today.

LEO (July 23-Aug. 22) If you're planning a social event today, limit it to a small group of select friends. Intimate gatherings will produce better results.

VIRGO (Aug. 23-Sept. 22) Feelings of self-worth will be enhanced today if you utilize your time and talent to serve others. Merely looking out for your own interests will not satiate your need for gratification.

LIBRA (Sept. 23-Oct. 22) Collective benefits can be derived today from a relationship that is of a mutually generous nature. The more you give, the more you'll receive.

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by Leonard Starr

