

Sanford Herald

Serving Sanford, Lake Mary and Seminole County since 1908
80th Year, No. 195 - Sanford, Florida



Today: Scattered thunderstorms. Highs in the low 80s.

For more weather see page 2A

TODAY

Lynx boss to get \$127,500

ORLANDO - Leo Auger, a transit chief from northern Virginia, has been chosen by Lynx to be Central Florida's new transit authority boss. He succeeds Paul Skoutelas who recently accepted a position in Pittsburgh.

Auger, who begins his new job on July 21, will earn \$127,500 annually and be eligible for a \$25,000 bonus. Skoutelas began at \$96,000 in 1991 and was close to \$142,000 when he resigned.

"We're extremely pleased to get Leo Auger," said Daryl McLain, the chairman of the Lynx Board of Directors. He said Auger will have a one-year deal that is automatically renewed. Each party must give 60 days notice to end the arrangement.

This weekend

Coming in our weekend edition of the Sanford Herald: In our opinion section, see what guest columnist Seminole County Commissioner Grant Maloy has to say about the adult entertainment industry and School Board member Barbara Kuhn has to say about education. Take an urban bus tour with us and see who we meet on our trip. In the business section read about the new Winn-Dixie Marketplace and Food Pavilion in Lake Mary.

YMCA open house

The Seminole County YMCA will hold an open house May 31 from 8 a.m. to 2 p.m. at its family center in Lake Mary, 665 Longwood-Lake Mary Boulevard. There will be power aerobics, water aerobics, tricycle races and a family karaoke contest. Aerobics participants will receive a free T-shirt. For information, call 321-8944.

Afro-American history

The Afro-American Historical and Genealogical Society Central Florida Chapter will meet June 7 at 10 a.m. at the Golden Corral Restaurant, 7251 West Colonial Drive, Orlando. The topic will be "Genealogical Hodgepodge" and the guest speakers will include Stuart W. Doyle, Fairolyn Livingston and Carol Mundy. This will be the final meeting before summer break. A buffet lunch will follow the meeting. Cost is \$4.99 plus tax payable on site. For information, call Doyle at 896-6890 or Mundy at 290-8391.

Senior fitness

Senior Health and Fitness Day will be held May 28 with activities starting at 7:30 a.m. at Seminole Towne Center: aerobics, 9 a.m.; Sanford Civic Center: fashion show, 9:30 a.m. and 1 p.m.; Central Florida Zoo: line dancing, 10 a.m.; Sanford Senior Center: health screenings and scavenger hunt, 10:30 a.m.; Central Florida Zoo: box lunch, 12:30 p.m.; zoo pavilion: animal feedings, 2 p.m.; Central Florida Zoo: Cost for zoo admission and lunch is \$4.

Registration must be made in advance. For information and to reserve, call 321-4500, ext. 5784/5874.

To have, or have not

Oops. We slipped in Thursday's story about the Emergency Medical Services RFP for Seminole County. The second paragraph should have read: Kelly Loll said this morning that she will recommend that LifeFleet Atlantic's proposal - which did not include all the information requested of bidders - be thrown out when the Board of Commissioners awards a contract for services in June.

From Staff Reports

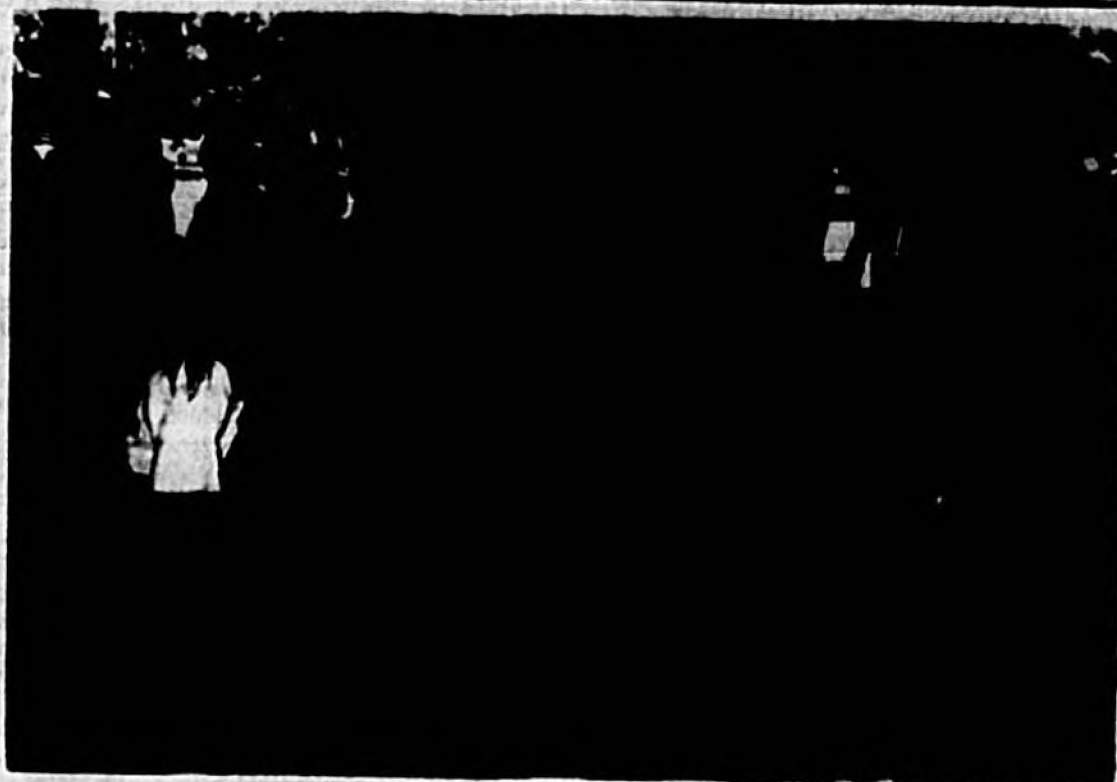
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The most wasted of all days is that in which we have not laughed.

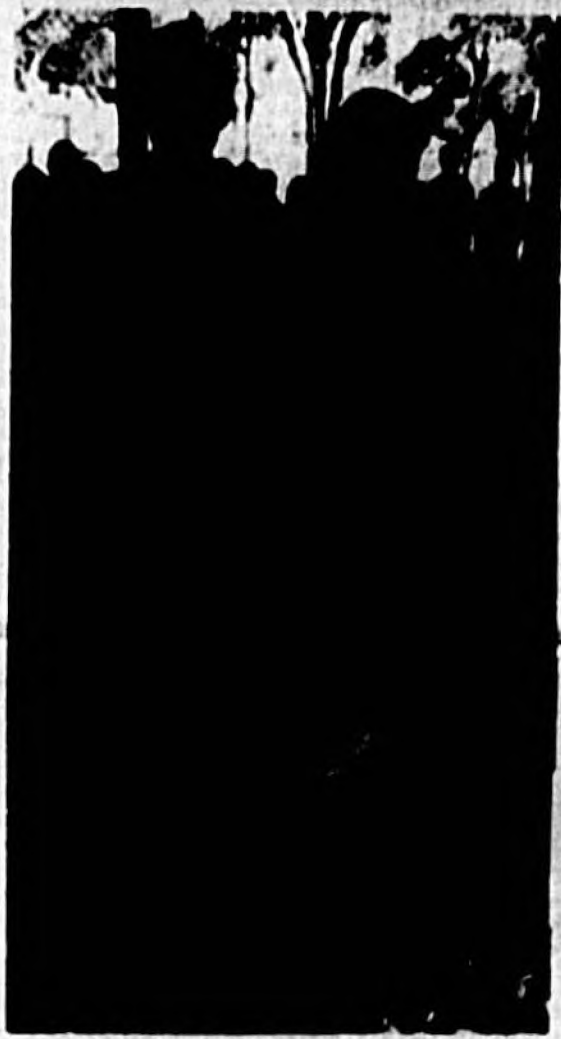
-Sebastian R.N. Chamfort

Cream of the readers' crop



Students at Idyllwild Elementary School in Sanford love to read, but a little incentive doesn't hurt things either. The youngsters read avidly throughout the school year competing for the chance to take part in the end of the year celebration and a chance to do their part to cover principal Dave Scott and assistant principal Joyce Wagner with whipped cream. The event presented students with a sticky predicament: could they really douse the esteemed administrators with the creamy goo or would they get into trouble for doing it? Scott and Wagner were good sports and laughed at the whole situation. Anything to get the kids to read.

Herald Photos by Tommy Vincent



Consultants chosen to help police department

By VICKI BOGGERMAN
Herald Staff Writer

Everyone, including Chief Joe Dillard, agreed that the time has come to find some assistance in making the Sanford Police Department a leaner, more efficient agency.

Low morale, internal squabbling and a poor public perception have turned what many saw as the finest law enforcement agency in the county into a shell of its former self.

"This has always been the finest police department of any city in Seminole County," Commissioner Whitby Eckstein said. "I think this will make it that again."

And so, the Sanford City Commission agreed on Thursday to allow Mayor Larry Dale to enter into negotiations with Public Administration Service (PAS).

PAS comes highly recommended. Commissioners and staff have contacted other cities and agencies with which the consulting group has worked and they noted that

See Consult, Page 4A

Williams backs Goldsboro cleanup day

By VICKI BOGGERMAN
Herald Senior Staff Writer

SANFORD - It's not just a one shot deal. When the public comes out in force on June 21 to clean up the litter and honor those who have staunchly supported the Goldsboro community, Sanford Commissioner Veima Williams said it will just be the start of something big.

The Sanford City Commission recently proclaimed that June will be Community Pride Month in District 2. Williams said her constituents in District 2 have become disillusioned with much of what is available to them and they lack the pride to make the community better.

"We want to instill pride in the community," Williams said. "But it has to be an ongoing thing."

She said other cleanup efforts in the past have made the community shine for a day or two, but

See Goldsboro, Page 4A

Parade to commemorate war dead

From staff reports

SANFORD - Although officially Memorial Day is May 30, as in most locations, the local observance is held on the last Monday, May 26.

Once again, there will be a Memorial Day parade through downtown Sanford. The participants will form at the Greater Sanford Chamber of Commerce parking lot on E. First Street in Sanford at approximately 10:35 a.m. The parade will then proceed west on First Street to Park Avenue, then north on Park to Veterans Memorial Park (the flag pole area) on the lakefront, with official ceremonies to begin at the traditional hour of 11 a.m.

This year's Memorial Day program is sponsored by the Seminole County Area Veterans Advisory Council (SCAVAC).

The host for activities connected to the event is the Disabled American Veterans Chapter 30, Sanford.

Participating units in this year's parade and ceremonies will include: The Florida National Guard Co. B, 2nd Battalion (leading the parade), all local veteran's organizations and their auxiliaries, the color guard/firing squads from American Legion Post 53, Disabled American Veterans Chapter 30 and the Seminole County Sheriff's Department; U.S.

See Parade, Page 4A



Herald Photos by Tommy Vincent
Sanford Mayor Larry Dale signs a proclamation for Memorial Day. Observing are, left, Bobby Dean, incoming commander for the Disabled American Veterans and right, Danese Dean, DAV auxiliary commander.

Gas prices drop for Memorial Day weekend

From Staff Reports

HEATHROW - Florida motorists who are planning a Memorial Day escape may be pleasantly surprised at the gas pump. AAA Clubs of Florida reported today.

AAA's May Fuel Gauge Report shows that the

average price for Self-Serve Regular Unleaded dropped 2.5 cents to \$1.233 per gallon. That average is 6.3 cents lower than the Memorial Day average from one year ago.

"Generally, prices increase as the summer travel season begins because of increased travel demand," said Rena Callahan, manager

of Public Relations for AAA Florida. "This is the first decrease in gas prices we've seen during the month of May since 1990, and even then the price only dropped one-tenth of a cent."

Callahan said prices dropped because crude oil prices fell. See Gas, Page 4A

POLICE BRIEFS

Sanford Police reports

David Hobbs, 49, of 101 Elmwood Avenue, Sanford, was arrested Wednesday by the Sanford Police. Hobbs was charged with grand theft and arrested at his residence. According to police, Hobbs confessed to stealing jewelry from his sister and her fiancé.

Warren Oliver, 21, of 1911 E. Lake Avenue, Sanford, was arrested Wednesday by Sanford Police. Oliver was charged with aggravated battery (premeditated woman)/domestic violence. Report said that Oliver had pushed his pregnant sister to the floor after a dispute about phone calls.

John Michael, 29, of 400 Lumber Court, Sanford, was arrested Wednesday by Sanford Police. Michael was charged with violation of injunction and possession of controlled substances under 29 grams and arrested on the 2200 block of Coconino Court. Report said that he violated an injunction and upon a search of his vehicle, the police found the substances.

Walter Berry, 44, of 1022 Lanesboro Lane, Lake Mary, was arrested Wednesday by Seminole County deputies. Berry, 44, was charged with driving under the influence, driving on a suspended license, and possession of a controlled substance. Berry was arrested on the 1000 block of Lanesboro Lane. He was taken to the Seminole County Jail. The charges against him are driving on a suspended license, driving under the influence, and possession of a controlled substance.

Carlton Mitchell, 34, of 1121 E. 19th Street, Sanford, was arrested Wednesday by Sanford Police. Mitchell was arrested on the 1000 block of 19th Street. He was charged with possession of a controlled substance. Mitchell was taken to the Sanford Police Jail.

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Incidents

Lost World: Jurassic Park is a winner

The Lost World: Jurassic Park (PG-13) — Whether you've seen Spielberg's *Jurassic Park* or not, the possibility of watching one of those blood-curdling dinosaur night creatures loom large. I was a kid — the original Spielberg's *Jurassic Park* is a classic that I've watched over and over, and I've struck out on my own, but just as a kid, I've seen more fun.

It has been a long time since the incident of Spielberg and the dinosaurs that has been shown after a long time. The movie is a classic that I've watched over and over, and I've struck out on my own, but just as a kid, I've seen more fun.



Children and adults are seen at a screening of the movie 'The Lost World: Jurassic Park' in Sanford.



David Engler Screen Tests

David Engler, 34, of 1121 E. 19th Street, Sanford, was arrested Wednesday by Sanford Police. Engler was arrested on the 1000 block of 19th Street. He was charged with possession of a controlled substance. Engler was taken to the Sanford Police Jail.

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POCKET MONEY CANNOT SING.

Sanford girl to perform in Memorial Day special service

By SUSAN WINNER



Crystal Oshan

Crystal Oshan, 11, of 1121 E. 19th Street, Sanford, will perform in the Memorial Day special service on Monday, May 25, at the Sanford Community Center. Oshan will perform the song "The Star-Spangled Banner." The service will be held at 10 a.m. and will feature a variety of performances and activities. Oshan is a member of the Sanford Youth Symphony.

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Editorial/Opinion

EDITORIAL

On graduates and soldiers

Today we celebrate those with bright promise for the future and those who gave their lives to ensure others would have the freedom to pursue it.

Our area high schools, middle schools and elementary schools graduate this month those who have met the endurance tests in classes meant to prepare them for the next level of life, more school or the world of work. We wish all our graduates well, and hope they savor each day as a new learning experience, no matter what their near-future plans.

And to our veterans...how can we ever thank you?

Your selfless sacrifices in times of war made it safe for us all. You kept us free to follow career dreams. You protected our choices in matters of government, family, and religious preference. You fought battles not of your making and won wars on the strength of your courage.

Monday, May 26 is Memorial Day. All of our readers should take time to remember our war dead and the brave soldiers still with us. Thank them for your freedom.



School choice and discipline in the schools if it doesn't begin at home

Notes from the Jacksonville Times-Union: Duval County public school students should know by now whether they will attend the magnet programs or not. A batch of 14,800 acceptance letters was mailed two weeks ago. Waiting list letters were also going out this week. Programs such as the Stanton College Prep continue to have lengthy waiting lists. Applications are still being accepted for magnet programs with empty seats. Another lottery will be held in June.

* Note the large number of magnet programs in Duval County. I guess that's where education is still the primary focus of the administration--not busing kids to achieve numerical efficiency.

In the year 2000, seventy five (75) of 120 House of Representative members and 14 of 40 Senators in office today will be ousted by term limits. Another 28 representatives and 17 Senators will be gone by 2002. In Tallahassee, the question elected officials are asking is what's going to happen when the turnover starts. What's it going to be like when people with no legislative experience take over and change is the order of the day?

* The people most concerned are the ones who will lose their elected positions. What you might want to consider is electing new representatives next year so that your representative will have the edge in seniority for all the power spots in the Legislature when the 8 is Enough mandate hits.

From Times-Union Columnist Ronald L. Littlepage: "Why should we spend huge chunks of money on rotten apples when good kids, the ones who are really trying, are getting shortchanged? Use the money for music, art and physical education teachers for elementary schools that don't have them. Or put the money into reducing class sizes throughout the system."

Oh sure, the bad seeds have to be dealt with. They disrupt classrooms and make teaching almost impossible. But you don't have to spend millions of dollars to ensure discipline. Kicking these kids out of schools doesn't work, because then they just terrorize their neighborhoods.

If they don't want to learn in class, put them to work. Make them scrub the commodes in the school's bathrooms. Give them a toothbrush and set them to work on all of the tile grout in the schools. Tell them to pick up the trash. Most schools have police officers on campus these days. Let them oversee these delinquent chain gangs. And while they're working, put the rabble rousers in special uniforms so they stand out from their peers like sore thumbs. Pretty soon these kids might

The People's Voice



BOB GOFF

Just get the idea that behaving in class is better than the alternative.

* And some of you thought I was radical... But let me tell you a story about a high school teacher of 25 years experience. A delinquent decided one day last month that he would make her life miserable. No reason--just something to do. So he and his friends started harassing her--blocking her way across campus, calling her names and surrounding her in the hallway. The teacher filled out a referral form and the delinquent was disciplined. But the harassment increased until the teacher asked some male faculty members for protection. When the tables were turned on the troublemakers--the delinquent threw an object through the teachers window. Charges were filed but the harassment still kept on from the delinquent's friends. Finally a group of male teachers made it clear that harassment went two ways--and the rabble rousers moved on to another area of school.

The teacher will quit before coming back to teach next year.

Maybe it's time to take schools back from troublemakers who feel that they can threaten and harass teachers and staff. Maybe your child isn't learning today because a hoodlum is getting his/her 30th referral for disrupting class. Maybe after 25 years, the accumulated weight of being constantly afraid for your life makes teaching less of a calling--instead of just an unbearable stress.

If discipline's not going to begin at home--then it has to be required in the schools.

Berry's World



"About those documents concerning the campaign-finance probe that were subpoenaed -- SOCKS ATE THEM."

Consult

Continued from Page 1A

"even the most negative response was kind of lukewarm."

The City of Jacksonville Sheriff's Office reported their chief was able to "work well with PAS." The City of St. Petersburg noted the company is "thorough and complete and as good as their word."

Characteristically quiet, Dillard nodded and smiled his agreement when Dale said he believed the chief supported the need for a consultant to work with the department.

"The chief is behind this," Dale said. "I've been out there following him on this one."

Several other consulting firms had submitted bids in hopes of getting the job in Sanford. Not only were their costs higher, commissioners noted, but their work was not as highly regarded as PAS's.

"They are much more superior," commissioner Velma Williams stated. "I like what others have said about them and I like their time table."

Commissioners believed PAS could come into the department and recommend substantial changes within a few months.

All agreed as well that the consulting proc-

ess was an educational one from which all of the city departments could learn.

"Educationally, I think this is great for us," Eckstein said.

Williams agreed.

"How can you improve and grow if you don't look at the positives and the negatives?" Williams asked.

Eckstein warned that the whole police department had to "buy into this" in order for real progress to be made.

"I'm hoping this will boost morale," he said.

In their initial response to the RFP (request for proposal), PAS offered a figure of \$63,830 as the fee for its services. The city will now begin negotiations to find the actual price they will pay.

In addition, the search is now under way in the budget to find a way to pay for the services.

Dale said he knew there wasn't enough money in the police department budget to pay the PAS fee, but he encouraged Dillard to begin looking there.

"We've already agreed we're not going to raise taxes," Dale said, "so we have to find the money somewhere."

Gas

Continued from Page 1A

oil inventories are strong, and oil prices are lower than they were a year ago.

"It's not that hard to believe that gas prices are dropping at the beginning of summer when you consider how high prices have been since the spring season a year ago," Callahan said.

"Gas prices jumped 11 cents last spring, and they never dropped back down significantly. We started out this year with a January average of \$1.892, which is extremely high compared to the January 1996 average of \$1.113 per gallon. It would be surprising if prices continued to increase from that level."

Here are the results of the May survey:

SELF-SERVE	Regular	Unleaded	prices
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decreased 2.5 cents to an average \$1.233 per gallon. Mid-Grade Unleaded prices decreased 2.4 cents to an average \$1.345 per gallon, and Premium Unleaded prices dropped 2.6 cents to an average \$1.426 per gallon.

FULL-SERVE

Full-Serve Regular Unleaded prices dropped .5 cent to an average \$1.568 per gallon. Mid-Grade Unleaded prices decreased .7 cent to an average \$1.680 per gallon and Premium Unleaded prices dropped .5 cent to an average \$1.764 per gallon.

Port St. Joe had the lowest reported price for Self-Serve Regular Unleaded at \$1.155 per gallon. The highest reported price was \$1.539 in the Delray Beach area.

Goldsboro

Continued from Page 1A

soon the people forget and litter piles up on the sidewalk and lawns remain uncared for months.

"We're not going to do that," Williams promised. "We are organizing community leaders to keep the momentum going."

Williams and a committee she has formed are beginning to contact one person on each block in her district to keep the community motivated and doing cleanups on a regular basis.

committee are working closely with the Sanford Police Department to try to get them to enforce rules against littering, loitering and illegal parking.

"We'd like them to be able to step up patrols in the area," she said.

The commissioner wants everyone in the community to take part in the initial cleanup and those that come after. She said she has personally contacted many of "those young men and women, including the Community Boys, who hang on 13th Street" to see if they will take part in the event.

"We have to get everyone to demonstrate their community pride," Williams said. "We want them to help support and beautify the district."

Parade

Continued from Page 1A

Air Force JROTC from Seminole High School, U.S. Navy JROTC from Lake Mary High School and the U.S. Army JROTC from Lake Nona High School.

The parade will be held on 13th Street where the bulk of the problems exist, but cleanups will continually take place throughout her district, she promised.

"There's room for improvement everywhere," she said.

Williams said she and her

been considered the legal holiday with most government bodies holding it as an official holiday.

Memorial Day has been observed as far back as immediately following the Civil War, with the first documented observance at Waterloo, N.Y., on May 5, 1865.

In conjunction with the observance, by presidential proclamation since 1948, the president annually proclaims this as a day of prayer for permanent peace, often entitled, "Prayer for Peace Memorial Day," and traditionally requests the flying of the flag at half-staff for the customary forenoon period.

The last Monday in May has

Why not laminate the rubble?

By Ian Shoales

I read a few weeks back that German authorities were worried about the state of the Berlin Wall. If what's left of it is going to be preserved as a monument of the Cold War, against the ravages of souvenir-seekers and pollution, something must be done.

Just some 18-odd years ago, President Reagan was urging Mr. Gorbachev to tear down the wall. Now we want to laminate the ruins. The mind boggles.

Speaking of laminated ruins, I've been following the controversy surrounding the Franklin Delano Roosevelt memorial with great interest. Some of our more vocal wheelchair citizens have been loudly insisting that FDR be portrayed as the paralyzed man he really was, instead of the man FDR imagined himself to be. Even from beyond the grave, Roosevelt won, of course. What a guy.

The so-called "Tobacco Giants," however, have not to my knowledge demanded that FDR be pictured with his trademark cigarette, jutting from his mouth at a jaunty angle in its stylish holder. Even from beyond the

Sinatra. Kitty Kelley, of course, his unauthorized biographer, is objecting. She says he's a mobbed-up leech not deserving of public honor. I say give Frank the medal. (Hey, I've got a family, man!)

And what about Elvis? Where's his monument? Is Graceland enough? Is the Liberace Museum enough for Liberace? Where's the Elvis Library? Where's the Elvis Memorial Turnoff? Where's the Liberace Rest Stop? The Sinatra Stealth Bomber?

Laminate the rubble. Why not? Every time a movie is set in L.A. there seem to be two obligatory shots: One is of a topless woman gyrating around a metal pole; the other is a picture of the spinning donut of, I believe, Randy's Donuts. (I last saw the spinning donut in "Volcano." Thankfully, it was not destroyed by lava.) Which of these two shots a filmmaker uses depends upon whether the movie is rated R or PG-13. Are these shots cliches or national treasures?

If we want to laminate the classics before they become dust, what is a classic? Is "Dances With Wolves" a classic? Is President Clinton a classic? (Pause for derisive laughter.)

DEATHS

MICHAEL JAMES KNIGHT
Michael James Knight, 44, Inglenook Circle, Winter Springs, died May 20, 1997 at Winter Park Memorial Hospital. Born January 5, 1953 in Ann Arbor, Mich., he moved to Central Florida in 1973. A member of the Community United Methodist Church of Casselberry, he was a Navy veteran and a construction manager.

Survivors include wife, Julie D.; son, Joshua, Winter Springs; daughters, Brittni, Winter Springs, Michele and Jennifer, both of Orlando; mother, Meredith Cammet, Jackson, Mich.; brother, Steve; sister,

Arrangements by Wilson-Eichelberger Mortuary Inc.

LULA MAE CHOICE
Lula Mae Choice, 69, Mellonville Avenue, Sanford, died May 21, 1997 at Hillhaven Medical Center. Born February 2, 1928 in Dixie, Ga., she moved to Central Florida in 1960. She was a homemaker and a member of First Shiloh Missionary Baptist Church.

Survivors include sons, Willy Jr. and the Rev. Arthur Choice, both of Sanford.

Arrangements by Wilson-Eichelberger Mortuary Inc.

DEBBIE COLBY, Ann Arbor, Brenda Hawkins, Jackson. Arrangements by Banfield Funeral Home, Winter Springs.

CHARLIE TALTON JR.
Charlie Talton Jr., 88, Pear Avenue, Sanford, died May 16, 1997 at Orlando Regional Medical Center. Born March 24, 1909 in Quitman, Ga., he was a farm supervisor and a member of New Mount Calvary Missionary Baptist Church.

Survivors include friend, Della James; son, Henry, Casselberry; Anne Lois Newell, Sanford; six grandchildren; 9 great-grandchildren.

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OSTEOPOROSIS AND BONE DENSITY

September is National Osteoporosis Month. Osteoporosis is a disease that gradually weakens bones. It affects over 20 million women. It is estimated that at age 50, a woman has a 40% chance of experiencing a bone fracture due to osteoporosis sometime during her remaining lifetime.

A non-invasive bone density scan can help determine whether or not a woman has osteoporosis. At Columbia Women's Center, we provide bone density scans at a convenient location at the Seminole Towne Center.

Our continuing commitment to women's health at Columbia Women's Wellness Center will help you with an osteoporosis diagnosis. You can discuss with your physician the results of this profile will be helpful in determining whether or not you need to have a bone density test.

Simply fill out the SCORE sheet below, and share the results with your physician.

If you would like additional information about our services, we invite you to call us at (407) 324-3833.

Columbia Women's Center



Osteoporosis Evaluation: SCORE Sheet

Name _____ Date _____

1. What is your current age? years Take the number in the shaded area, multiply by 3, and enter

2. What is your race or ethnic group? (Check One.)

African-American/Black American Enter 0

Caucasian Hispanic Asian Enter 5

Native American/American Indian Other Enter 5

3. Have you ever been treated for or told you have rheumatoid arthritis?

Yes No If yes, enter 4

4. Since the age of 45, have you experienced a fracture (broken bone) at any of the following sites?

Hip Yes No If yes, enter 4

Rib Yes No If yes, enter 4

Wrist Yes No If yes, enter 4

5. Do you currently take or have you ever taken estrogen? (Examples include Premarin, Estrace, Estraderm, and Estratab.)

Yes No If no, enter 1

6. What is your current weight? pounds Take the numbers in shaded area and subtract from subtotal

IF YOUR SCORE IS 6 OR HIGHER, YOU SHOULD BE EVALUATED FURTHER FOR OSTEOPOROSIS. TALK TO YOUR DOCTOR

COLUMBIA Women's Wellness Center

Seminole Towne Center, Upper Level
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Sanford, FL 32771
(407) 324-3833

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BMD referral _____ Date _____

Follow-up _____

People

IN BRIEF

Art association meets Saturday

Sanford-Seminole Art Association meets on the fourth Saturday of each month, at 1 p.m., at Shoney's in Sanford. Those interested in art are welcome to attend.

Trekkers meet Saturday

The USS Genesis, a chapter of the Federation (A Star Trek Fan Club) meets every other Saturday, at 4:00 p.m. at Bowl America on Airport Boulevard. Those interested in a program that helps people are invited.

Sunbelt Daylily Club to meet

Sunbelt Daylily Club meets the first Sunday of the month at 2 p.m. through April at the Ag Center in Sanford. The club educates members on daylily growing through slide shows, guest speakers and trips to daylily gardens. There are no club dues. Call 886-3198 for more information.

Dixieland band open to public

Dixieland Forever Inc., a non-profit band, plays the second Sunday of every month, from 4-7 p.m., at the VFW Hall, 2706 Wells Ave., Fern Park. Open to the public, donation is \$8. For information, call 841-7335.

Concerned Citizens meet Sunday

Concerned Citizens for Better Government, a non-partisan, non-profit citizens' action group meets the second Sunday of each month at 7 p.m., at the Frank Evans Center, corner of Crystal Lake Avenue and Country Club Road, Lake Mary. For information, call 321-0384.

Bromeliad Society to meet

The Seminole Bromeliad Society meets the third Sunday of the month, at 2 p.m., at Sanford Garden Club, U.S. 17-92 at Fairmont Avenue, Sanford. All aspects of bromeliad culture are covered during the meetings. The society is affiliated with the Florida Council of Bromeliad Societies and the Bromeliad Society Inc. For information, call Bud Martin, 321-0838.

CALENDAR

Blood Bank seeks donors

Central Florida Blood Bank is asking donors of all types of blood - especially O-type donors - to donate at its Sanford branch, 1302 E. Second St. For information, call 322-0822.

Aerobics offered

Sanford Recreation Department offers Step Aerobics at the youth center in Sanford City Hall, Mondays and Wednesdays, from 9 to 10 a.m. and 5:30 to 6:30 p.m. Instructor is Lisa Hines. Cost is \$3 per class. For information, call 330-8697.

TOPS meets Monday morning

SANFORD - TOPS (Take off Pounds Sensibly) Chapter #621 meets every Monday, from 10 a.m. to noon, at the Sanford Alliance Church, 1401 S. Park Ave., Sanford. For information, call 322-3130 or 324-5541.

Sanford Rotarians to meet

SANFORD - Rotary Club of Sanford meets every Monday at noon, at the Marina Hotel.

Activities for seniors

Lake Mary Seniors invite anyone 55 years or older to join them in two weekly activities on Monday: Woodcarvers, from 9:30 to 11:30 a.m.; Games, from 1 to 3 p.m., at the Frank Evans Center, 158 N. Country Club Road.

Employment opportunities for seniors

SANFORD - An employment program sponsored by AARP Senior Community Service Employment Program is held at the Sanford National Guard Armory, 915 E. First St., Monday through Friday. Interview hours are 8 a.m. to 1 p.m. Telephone: 324-8008. The program assists seniors, 55 and over, to return to the work place.

Cancer support group meets

Support, Hope and Recovery, S.H.A.R., meets every Monday afternoon at 5 p.m. at Central Florida Regional Hospital in the far corner of the dining room. This is a self help support group for all cancer survivors, whether in treatment now or finished with it. Call 324-8737 or 322-7785 for more information.

Contract bridge

Bridge players are invited to play contract bridge every Monday, at 10:30 a.m., at the Sanford Senior Center. For information, call 322-6326.

AARP lists meeting schedule

The Winter Springs Chapter of AARP meets the third Monday of the month, at 1:30 p.m., at the Winter Springs Senior Center off Edgemon Avenue. Senior citizens, 50 and over, are invited to attend. For information, call Marian Dolin, 327-7334.

Clothing can offer sun protection

Increasing indications that exposure to ultraviolet radiation (UVR) during childhood is a factor in developing skin cancer as an adult.

So it is important that parents know how to protect their children as well as themselves from UVR exposure.

Protection from the sun's rays includes using sunscreens, avoiding the sun during the middle of the day when it is most intense, and wearing clothing that covers as much of the skin surface as possible. The first factor to look for is a tightly woven, plain weave fabric. The tighter the weave, the more cover the fabric provides.

Avoid fabrics that have holes or spaces between the yarns. This includes loosely woven fabrics and jersey-knitted fabrics that have an open looped yarn in the knit stitch. No research has been done on differences among fibers in protecting against UVR exposure.

However, unbleached cotton gives better protection than bleached cotton. Manufactured fibers that are not shiny as a result of added delusterants are better than shiny fabrics, especially medium to darker colors, absorb ultraviolet radiation and increase the protective capability of the fabric.

Wet fabrics transmit ultraviolet radiation, so if individuals sunburn easily they need to stay out of the sun.

Some fabrics are sold as sun protective. Remember, how-



CONSUMER FOCUS
BARBARA HUGHES/GREGG

ever, that there is no standard way to evaluate the amount of protection provided by different fabrics.

So when you are looking for sun protection, look for clothing that covers the body as completely as possible, look for fabrics that are tightly woven, and look for medium to dark colors. Also keep clothing dry rather than letting it get wet.

DRY-CLEAN ONLY

The words "Dry-clean Only", are popping up more often on clothing labels these days. Some consumers welcome these care instructions as they equate dry-cleaning with quality fabrics and high fashion--and, furthermore, have always hated doing the laundry.

Others are surprised and annoyed to discover that the cotton blouse they expected to toss into the family clothes washer demands the inconvenience and expense of dry-cleaning. To ensure appropriate wardrobe care at a reasonable cost, help your customers to understand clothing care la-

els and to become better acquainted with the service of their dry-cleaner.

During the 150 years since dry-cleaning was introduced, new solvents, equipment, and processing have been developed. Today's dry-cleaning procedure uses an organic solvent, usually with 1-2 percent dry-cleaning detergent and moisture addition of up to 75 percent relative humidity.

The process includes tumble drying at up to 160 degrees F and restoration by steam press or steam air finishing. Various spotters and pre-spotters are used to treat stains.

Dry-cleaning removes oils that cannot be removed in washing, lessens shrinkage and stretching, and helps preserve the original color of most garments. A reputable cleaner has the capacity to remove many stains, to use a variety of pressing methods, and to replace sizing and finishes.

Disadvantages of dry-cleaning are the inconvenience, the expense, and the pollution of the environment.

The primary consumer complaint about dry-cleaning is actually confusion over label language. How can a consumer know if a garment is dry-cleanable? Consumers can be certain that a garment is dry-cleanable if dry-cleaning is the recommended care method stated on the care label.

Under the original Federal Trade Commission's (FTC) care labeling rule of 1972, consumers and cleaners could expect

any garment to be dry cleanable unless its care label warned that it was not. Now the FTC has reversed that position.

Any garment made after January 2, 1984, cannot be assumed to be dry cleanable if the care label gives only washing instructions. Because the clothing manufacturer is required to recommend only one cleaning method, consumers have no way of knowing if an alternative cleaning method will work. Thus, a garment may be both washable and dry cleanable, but the consumer is deprived of making that cleaning decision.

If a consumer ignores the care label instruction, he/she will not be able to return the garment for reimbursement.

CARE SYMBOLS

Care instructions on a garment label became a requirement in 1972. Since that time, the Federal Trade Commission's Regulation Rule on Care Labeling has required garment manufacturers and importers to tell consumers how to wash, bleach, dry and iron a garment or to dry-clean it. The manufacturers must test the fibers and fabrics to provide a base for these directions.

Today, the USA is part of a much larger global market where symbols are the mode of communication, thus you may find both words and symbols on some care labels.

Should girls share expenses for proms?

Dear Mary,

What's your opinion of girls helping their dates pay expenses for proms and other big dances in high school? When I was in school, it was unheard of and it seems a little disrespectful or something. My husband thinks it's a great idea for the boys because he remembers how it was when he was in school and couldn't ask a girl to go to the big dances because he didn't have enough money to do it right and he didn't want to seem cheap by asking a girl then not being able to do it "right".

I feel like if a young man wants the privilege of escorting a special young lady to an



FAMILY COUNSELOR
MARY BALK

important event, he should be able to figure out how to pay for it.

Our kids are still in elementary school and middle school, but the situation will be coming up in the not too

distant future. Curious, NOT Cheap

Dear Not Cheap,

I think it's a great idea to have two young people who are sharing a big event share the costs of making the event special. In the not too long ago "old" days, boys had much more access to money than girls because they could get more "laid" better paying jobs. Now that both sexes have equal opportunities for extra income, it only seems reasonable that they maintain that equality in sharing costs.

There are two other reasons why I am strongly in favor of both sexes sharing expenses.

The most important of these is that girls need no longer feel unequal in boy/girl relationships. If expenses are shared, there can be no hint of the expectation of sexual favors because the boy spent a lot of money on the date. Secondly, when everyone is paying their own way, both boys and girls who don't have dates can still go to the dance or other special events and have a good time, rather than sitting at home feeling like an outcast.

(Mary Balk is a Certified Addiction Prevention Professional and a counselor at Oviedo High School. Contact her at 365-1842, Ex. 210.



Caitlin Valentine and Lacy Nobles

Broadway experience right here at home

From Staff Reports

The School of Dance Arts will present its 32nd annual showcase recital performances May 31 and June 1 at the Lake Mary High School auditorium. The first matinee at 2 p.m. on the first day will feature dancers from the Lake Mary studio. The 7 p.m. show and the Sunday matinee will spotlight dancers from the Sanford studio.

The theme for this year's production is "They're Playin' Our Song. Elaborate costumes

and exciting dances and songs will be featured during all four shows. Advanced dance students, called the SODA Pops, will be prominently featured in the performances. Competition dances which have won the group national recognition will also be incorporated.

Tickets cost \$6 and may be purchased at the door. To reserve advance tickets, call 323-1900.

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THE LOST WORLD: JURASSIC PARK	PG-13
ANACONDA	PG-13
LIAR LIAR	PG-13
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SPRUNG	R
ADDICTED TO LOVE	R
BREAKDOWN	R
THE FIFTH ELEMENT	PG-13
AUSTIN POWERS	PG-13
NIGHT FALLS ON MANHATTAN	R

* DENOTES NO PASSES AND SUPER SAVERS

PHARMACY TOPICS

By: Abi J. Fakaye, R.Ph.

Second-hand smoke warning: large study on passive smoking found that people who never smoked had a 20 percent higher risk of dying of heart disease if married to a smoker than those married to nonsmokers. The American Heart Association funded the research.

Delicate lasers that can vaporize one layer of skin at a time are now being used to get rid of crow's feet, lipstick lines, and age spots, say dermatologists at New York University Medical Center.

Researchers in London have demonstrated a strong genetic link for osteoarthritis. Study found that identical twins had almost identical arthritic changes in wrist or knees, twice as much as fraternal twins (who share about 50 percent the same genes).

Balloon angioplasty and bypass surgery to clear clogged arteries have about the same results—except for diabetics, a Mayo Clinic study found. They do about 15 percent better with bypass.

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Office harpies sink claws into co-worker

DEAR ABBY: I work in an office with many other women. Over the years, the happier in life I have become, the more jealous and petty these women have become toward me.

Abby, I come to work on time, do my job, try to be pleasant to everyone and go home. I adore my bosses, and I cannot understand the serpent's tongues of my co-workers.

Another woman in the office has mentioned the meanness of some of the people we work with, so it isn't just my own perceptions. I am not a confrontational person and I do not wish to return ugliness for ugliness, so I don't know how to defend myself against these sharp-tongued women. Sometimes the nastiness is very subtle — it can be a smirk or the tone of voice — and there isn't any obvious thing to address.

My job pays extremely well and I have been here for many years. I have many benefits and prefer not to leave. Have you any suggestions? "LOIS" IN SANTA ANA, CALIF.

ADVICE

ABIGAIL VAN BUREN

DEAR "LOIS": Yes. Keep your private life completely separate from your professional life. Give these women nothing to fuel their jealousy. When something good happens to you, do not discuss it at the office. Be pleasant, but restrict your conversation to subjects that are work-related only. If you do this, they will have to find someone else to be the target of their sniping.

DEAR ABBY: This letter is to offer advice rather than to seek it. It's directed toward people who are planning to relocate after they retire. I would suggest to them that they live in the area in which they are planning to move for at least one year before making a final decision, and to make sure they are paying a fair market price before they buy.

My wife and I bought a home in Florida, thinking it would be the ideal place to retire. There is considerable development going on in the area. While it is a nice community, we have found it is not really what we wanted. We would like to sell our home and move.

Abby, the home we purchased has been on the market with a nationally known real estate company for two years. During that period we have had only one offer and it was for a price well below that for which it listed. (The house is listed at \$20,000 less than what we paid for it three years ago.) If it does sell,

after the commissions are paid, we will realize a loss of more than \$25,000.

I would urge those contemplating retirement to avoid buying until they are absolutely sure. I guarantee it will save them a lot of time, money, frustration and disappointment.

SADDER AND WISER
IN FLORIDA

DEAR SADDER AND WISER: Thanks for sharing your expensive lesson with my readers, and for the reminder that a prudent investor carefully sizes up the market before investing in anything.

(Problems? Write to Dear Abby. For a personal, unpublished reply, send a self-addressed, stamped envelope to Dear Abby, P.O. Box 69440, Los Angeles, Calif. 90069. All correspondence is confidential.)

3-70-8 PM HAS BECOME A FRIGHTENING TIME FOR CITY PARENTS.

There aren't enough after-school programs. So kids are exposed to the street. Join with the Urban League to keep programs going. Call toll free 1-888-326-YOUTH.

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PULL OUT AND SAVE FRI. MAY 23 THURS. MAY 29 QUICK REFERENCE TV VIEWING

FRIDAY PRIME TIME

Grid for Friday Prime Time (6:00-11:30) listing channels and programs like News, CBS News, ABC News, and various entertainment shows.

SATURDAY

Grid for Saturday Morning (6:00-11:30) listing channels and programs like News, CBS News, ABC News, and various children's and entertainment shows.

Grid for Saturday Afternoon (12:00-5:30) listing channels and programs like News, CBS News, ABC News, and various entertainment shows.

PRIME TIME

Grid for Saturday Prime Time (6:00-11:30) listing channels and programs like News, CBS News, ABC News, and various entertainment shows.

SUNDAY

Grid for Sunday Morning (6:00-11:30) listing channels and programs like News, CBS News, ABC News, and various entertainment shows.

Grid for Sunday Afternoon (12:00-5:30) listing channels and programs like News, CBS News, ABC News, and various entertainment shows.

PRIME TIME

Grid for Sunday Prime Time (6:00-11:30) listing channels and programs like News, CBS News, ABC News, and various entertainment shows.

MONDAY PRIME TIME

Grid for Monday Prime Time (6:00-11:30) listing channels and programs like News, CBS News, ABC News, and various entertainment shows.

Sports

B

Extra Points...

Kelle Werner

Herald Staff Writer



The naked truth: I don't belong in a locker room

Being a sports writer is the best thing that ever happened to me. I have met some of the most wonderful parents, coaches, and student athletes. I have also had the opportunity to meet a couple of my idols along the way.

However, I have a real problem. This problem only crops up when I have the occasional opportunity to cover a professional sports team, like the Jacksonville Jaguars or the Orlando Magic. (Which, by the way, is very exciting.)

I REFUSE to go into the locker room to interview players.

This is a real bone of contention with my co-workers. They don't seem to understand, or are unwilling to understand, where I am coming from.

Let me explain. I am not a feminist, a topic which has already been discussed. I do not believe that a woman has the right to enter a men's locker room. There is a reason that the sign reads men and not women. I am a firm believer that women are not men. Like it or not, it's true.

Female athletes do not have reporters coming into their locker rooms and interviewing them while they are coming out of the shower and trying to regroup from an event. Why do the men?

After every game there is a press conference. The coach and a player come into the conference, make a statement, and then take questions. There is no time limit, so anything you need to know about the game can be answered.

Why then, do I need to follow them into the locker room, ask them questions while they are naked, and put up with their insane treatment of female sports writers?

Bottom line, the male athletes do not ask female writers in the locker room. They go out of their way to be naked for shock value. They throw intimate pieces of their uniform at the women and make rude, suggestive comments to them.

I have heard all of this from the same people that can't understand why I don't want to go in there. I have even been told that I will never advance in the field if I don't start interviewing naked athletes. What kind of a job requirement is that?

When I covered my first professional football game, I called my Dad from the press box to express my excitement and attempt to impress my family. The first thing my Dad said was, "Next thing you know you'll be going into the locker room."

Everyone I have talked to that is not a male sportswriter or an extreme feminist agrees with my position.

I have a solution.

If the players would just take a minute as they leave the locker room to talk to the press, everyone will be a lot happier. And more fully clothed.

Until such time as Sports Illustrated offers me a job, I am not going into the locker room. I don't need to be there in order to get the story and I do not need to be in a men's locker room because I am not a man.

And who knows, maybe I'll set a new precedent at SI and be the only reporter who doesn't interview naked men. I could change the world of sports writing.

Next stop: Panama City

Seminole Sidewinders want shot at national softball tournament



Members of the Seminole Sidewinders softball team play a year-round schedule and are set for a trip to Panama City where they will attempt to qualify for the nationals.

By **JEFF BERLINCKE**
Herald Staff Writer

Fourteen-year-old Aimee Nettles still gets choked up thinking about the time she wasn't good enough.

That happened a few years ago when her youth softball coach said she was never go-

ing to be good enough to pitch and Aimee turned to her dad.

"The coach said I would never pitched and my dad has helped me ever since," Aimee said through her tears.

She has proven the coach wrong. As a member of the Seminole Sidewinders softball team, she, her teammates and her dad, coach Chuck Nettles, have been a jag-

gerout, beating all comers and winning a two-day tournament in Jacksonville a few weeks ago.

The win included a 9-2 win over Orange Park of Jacksonville in the finals as catcher Carrie Crutt tripled with the bases loaded to break open the game.

It also frustrated the Orange Park pitcher and, when you play the Sidewinders, that's the wrong thing to do.

"When another team gets frustrated and starts making errors, we make it worse on them," Becky Mangino said.

Now, the Sidewinders are preparing for a tournament in Panama City later this month. It is a Class A tournament, and if the Sidewinders can pull out another win, they will be insured a berth in the national tournament in Chattanooga, Tenn.

"Our main goal has always been to go to Panama City," Chuck Nettles said.

Not bad for a team that has suffered some major financial setbacks recently.

The Sidewinders had been receiving funding from a bingo parlor in Altamonte Springs that was shut down last month for some financial improprieties. Now, the team is scrambling to raise money to continue competing on a national level, but time is running short.

Sidewinder parents are certainly doing their share. All funds received for the team go to softball-related purchases. Hotels, food and all non-softball related items are purchased by the parents of the team.

Does it all pay off in the long run? Look at their success. In the Sidewinders' short history under Nettles, every single player has moved on to play high school softball. This year's team is probably the best yet.

It is a team of nicknames.

Start off on the mound. The girl that couldn't pitch, Aimee "Smokin' Mo" Nettles turned out okay. Actually, better than okay.

See Sidewinders, Page 2B

Leiffers Sons pile it on Home Depot

12-run first inning keys 17-5 rout in Lake Mary softball action

From staff reports

Home Depot went quietly in the top of the first, then spent the rest of the night in the field, watching baserunners fly around the bases.

Leiffer and Sons scored 12 runs in the first on the way to an east 17-5 win over Home Depot in Lake Mary softball action Wednesday night.

Manny Silvia, Steve Wagner and Mike Clark each scored twice during the first inning. Hitters for Home Depot were: Kelly Musson (single), Joe Smirt (two singles), Bob Johnson (two singles), Kelly Magaden (single), Charlie Dimino (two singles), Todd Hamilton (single), Chris Curmie (double), Rick Welden (single).

For Leiffers, Silvia (single), Wagner (triple, two singles), Clark (double, two singles), Dave Johnson (triple, double, two singles), Danny Hewitt (single), Tom Mains (double, single), Chad Vanacore (single), Vince Clark

See Softball, Page 2B



Robin Bishop of the Sharks gets ready to take a poke as Sanford Recreational Softball League action. Catcher Becky Simpson of the Nightmares looks on during

Super Season for Lady Rams



The Lake Mary softball team got together one final time last night when coach Jeannie Fisher hosted the end-of-the-season banquet at Alagus Country Club. The Lady Rams were unbeaten in SAC play this year.

Eckstein's a hit at U of F

Seminole grad breaks Gators' base hit record

By **JEFF BERLINCKE**
Herald Staff Writer

Four years ago, David Eckstein walked onto the University of Florida baseball field for the first time.

He had graduated from Seminole High just a year before after batting .427 as a senior and leading the 'Noles to a state championship as a junior.

He was also a three-time all-Seminole County selection which made him one of the best unwanted players in the state.

It seemed college and pro scouts added it up and still came to 5-9, which is his

height, so no one came calling.

So, the Seminole decided to become a Gator whether they wanted him or not.

Four years later, Eckstein holds Florida's all-time hit record and ranks in the Gator top-10 in runs scored, total bases, stolen bases, assists, sacrifice bunts and even hit-by-pitches.

The Kid That No One Wanted has become The Kid That...we'll have to wait and see on that one.

Eckstein decided to walk on at Florida to prove he could play with the big boys. He knew about the Florida program where his brother, Rick, played and currently serves as an assistant coach.

Once he got to Florida, Eckstein was determined to make himself noticed.

"I worked my butt off," Eckstein said. "I told them I wanted to walk on and they said I was welcome to use their batting cages. I was

there every single day and I guess that's why they started to recognize me."

Eckstein still showed up for practice every day, looking down the depth chart and seeing some highly recruited players above him, but he said he refused to let that bother him during that first season.

"If you let their talent intimidate you, it just limits how well you perform," Eckstein said.

Despite not getting off the bench, Eckstein waited for his break and got it in the post season, of all times.

Shortstop John Tamargo suffered an injury and Gator second baseman Tripp MacKay moved over from second. The replacement they turned to was Eckstein. He started his first game with two games remaining in the regular season, then took the field in the NCAA's.

Eckstein remembers taking

See Eckstein, Page 2B

Sitz set on states



Lake Brantley lefthander Robbie Sitz will take the hill at Legends Field in Tampa today in the state semi-finals for Class 6A. A win would give the Patriots a 7:30 p.m. date in the finals tomorrow night.

Softball

Continued from Page 1B (single).

In other Lake Mary action, Beer 30 scored a run in the sixth to down Seminole Ford, 10-9.

Hitters for Seminole Ford were: Joe Arroyo (three singles), Tom Tews (triple), Mike Langford (two singles), Vernon Garlanger (homer, three singles), Gene Menning (single), Kevin Julian (single), Jody Johnson (single), Paul Lenceno (double, triple), Bobby Show (two singles).

For Beer 30, Will Bieno (double), Clancey Wallace (single), Jerry Governale (double, single), Mike Marshall (homer), Mark Hofman (double, single), Rich Jablonski (single), Mark Harman (single), Mark Clatterbuck (two singles), Mike Popoi (homer, single), Mike Ciampetro (double).

Also, USPS pounded out a 20-1 win over Papa B's. For Papa B's, Ted West (single), Brock Cosants (single), Scott Sherman (single).

For USPS, Bill Doyle (three singles), Eddie Rodriguez (single), Pedro Arcia (triple, double, single), Mike Ruanne (tree singles), Wayne Willard (triple, double, single), Duwayne Hoglen (single), Scott Folles (single), Ryan Abelson (double), Mark Boutens (double, single), Melvin Carter (double).



Pitcher Chris Clark fires one across the plate for the Nightmares in Sanford Recreation Department softball action.

Tennis star soars to top

By KELLIE WERNER
Herald Staff Writer

While most 11 year olds are playing outdoors or watching television, Natalie Arcario is on the tennis court preparing for her next tournament.

All of the practice and hard work has paid off rather quickly for Arcario. She is now the number one ranked 12 and under player in the state.

However, Arcario isn't the typical tennis kid whose parents do not allow them to have a normal life. If she has an occasional day when she doesn't feel like practicing, her parents understand. And so does her coach.

Arcario trains at the Amre Samakia Junior Tennis Academy at Bayhead Racquet Club. Many top ranked junior players have trained at the academy, and Arcario is the newest talented athlete to hit the courts at Bayhead.

"Natalie is very exceptional because she comes from a good family and has a special mentality," Samakia said. "She doesn't eat, breath, and live tennis which makes her less likely to burn out. She hasn't worked too hard yet, so we still haven't seen her full potential."

Arcario stepped onto the tennis courts for the first time at the age of five. Her older sisters, Jackie and Katie are also very talented tennis players and Arcario said that when she went to their tournaments, she thought the game looked like fun.

Her talent for the game was obvious from the start, and by the age of seven, Arcario began playing in tournaments. She had great success in tournament play and in order to improve on her talents, her parents enrolled her in the Bayhead academy when she turned nine.

For Arcario, there are two things that come before ten-

nis. School and being 11. "My parents have always told me that school comes first. I would love to go on tour if I get to that level, but my parents would only allow me to do that if school can be worked in."

Also, my parents understand that I sometimes just want to hang out with my friends. They tell me that if I ever decided that I don't want to be a serious player, that's OK. But to let them know, they are always behind me."

School is definitely important to Arcario, who maintains all A's while practicing at least five days a week. After a full day of elementary school, Arcario hits the courts for practice and then goes home and works on her homework. That's quite a tough schedule for an 11 year old.

Arcario doesn't complain, though. She knows already what her goals are and knows that hard work is the only way to achieve them.

One of Arcario's goals is to beat her sisters on the court. Both sisters are also ranked in the state as a doubles team. Arcario said she would really enjoy beating her sister and taking the top seed in the family.

Next on the priority list is to keep her seeding and eventually take the top spot on a high school team. Playing high school tennis is very im-

portant to Arcario, and recent players like Aubrey Nelson, Seminole High School's number one seed, have inspired this goal.

If the tour is not attained by Arcario, she said that she would like to play in college, where she will study to become a doctor. Even if she does go on tour, Arcario is still planning to be a doctor one day.

These are pretty lofty goals for an 11 year old. Arcario hasn't experienced much failure this far, though.

Even with her early and frequent successes, Arcario maintains her pleasant attitude and spirit of fair play. In a sport where tempers are seen all too often, Arcario manages to keep hers in check.

"When I feel like getting upset, I just concentrate on my game and try not to think about the other player," Arcario explained. "When I see a bad call, I let it go the first time. But if it happens over and over again, then I get a line judge and let him deal with it. My parents have always taught me to play fair and that's what I try to do."

Fair play, talent, dedication, and a great personality all rolled into one. These are definitely good ingredients for a top notch tennis player. It will be interesting to watch a successful young career blossom to its full potential.

STAN SMITH'S TENNIS CLASS



KEEP RACKET IN FRONT OF BODY

When at the net, keep your racket in front of your body. By holding the throat of the racket, you will keep the head up and be in a better position to hit the volley.

RAINES GAUGE

RAINES GAUGE

Category	'97	best	career
Games	30	160	2,138
At-bats	108	652	8,070
Runs	19	133	1,436
Hits	30	184	2,381
RBI	12	71	871
Doubles	8	36	390
Triples	0	13	109
Home runs	1	18	154
Steals	6	80	793
Average	.277	.334	.295



Tim Raines

Sidewinders

Continued from Page 1B

"She is very committed," said teammate Mangino. "The first thing I noticed was how good she was."

Mangino (Bandit) can steal bases when she gets on base but helps out on the mound.

"She's very determined," Aimee Nettles said. "She's our best athlete."

The lineup changes regularly, but "Thumper" Crut does a lot of the catching.

Why Thumper?

"When she sees the pitch, she thumps it," Chuck Nettles said.

Stephanie "Stretch" Horton spends time at first and the Bandit is often at second. Crystal "Wecar" Wilky is great with the glove at short and Lynn "Goober" Capley shares third with Horton. Why Goober?

"That's the only way to describe her but she's a great kid," Mangino said.

Jimmy "Olmo" Post, Mary "Fred" Scott, Julie "Sam Sam" Bouton and Amy Signon,

from now on known as "The Girl With No Nickname" patrol the outfield.

Signon actually does a little, no, a lot of everything, even when she's not chewing on sunflower seeds.

"She's always ready and she'll do anything for the team," Mangino said.

Then there's the coach, Chuck Nettles, a die hard softball player who even has a batting cage set up at his home. He started the Sidewinders and the devotion of his players is pretty obvious.

He's also not exempt from a nickname. It took some prompting but his players admitted that Chucky Poo and Billy Bob Horton were their nicknames of choice for the coaching staff.

For the Sidewinders, softball is a year-round game, with practice nearly every day. The team gets together three times a week but also works out on their own. Somehow the kids never get tired of the game.

"It's still exciting to me," Mangino said.

Eckstein

Continued from Page 1B

the field that night.

"You always have to believe in yourself," he said.

That first big game, Eckstein went 0-3 but hit the ball hard. There haven't been many others since then as he hit .346 as a sophomore and .338 as a junior.

As the hits began to mount and Eckstein started ram-paging through the Gator record books, he was completely unaware of his accomplishments.

"I didn't realize it until a week before I broke the record," Eckstein said. "My hitting coach finally said something to me about it."

Then came the big night and a lot of people had something to say about it. Eckstein got the big hit at home against Tennessee and got a five-minute standing ovation from

the large crowd.

Eckstein says he is only junioring the record. Florida junior Brad Wilkerson is on pace to shatter the record and Eckstein is one of Wilkerson's biggest supporters.

"Having the record is something special but we have some guys on pace to break the record," he said.

Still, Eckstein has done something pretty special for a guy who was picking splinters out of his pants for almost all of his freshman season.

Now comes the waiting game. Eckstein will probably get drafted somewhere but his size is sure to be a factor major league teams consider.

If baseball comes calling, great, Eckstein said, but if it doesn't, he will graduate with a major in political science. He is currently six credits short, so the graduation may be on hold if he has to report

to a major league camp this summer.

Otherwise, it's back to the classroom to get the degree.

By the way, Eckstein hasn't forgotten his Seminole roots, although it may be difficult to do his high school's Seminole war chant after four years in Gainesville.

Seminole High coach Mike Powers took some players to see Eckstein when the Gators played at Stetson earlier this season and Eckstein said he has kept abreast of his former team's run to the regional semi-finals.

He also worked with some of the Seminole players during Christmas break.

Time will tell if Eckstein joins Tim Raines as Seminole's major league alumni but, unlike many in the past, don't sell Eckstein short.

He's been beating the odds for years now.

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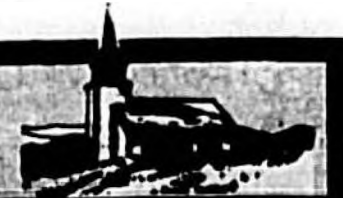
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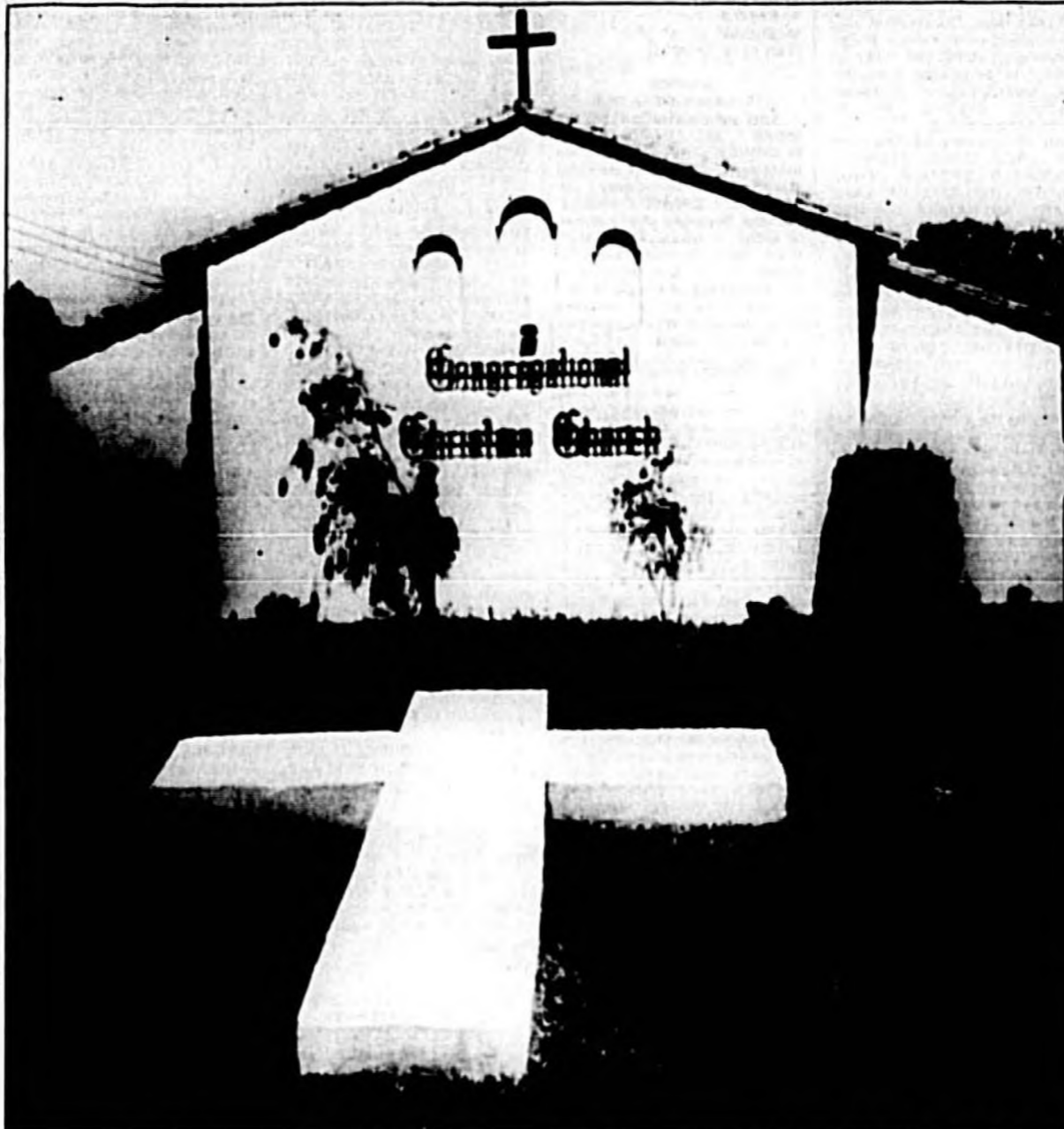


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 Sunday School 9:30 a.m.
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 Evening Worship 8:00 p.m.
 Wednesday Holy Week 7:00 p.m.
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 Monday through Friday Prayer 1:00 to 2:00 p.m.
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 Single Parents Director
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 Early Worship Service 9:00 a.m.
 Sunday School Classes 10:00 a.m.
 2nd Worship Service 11:00 a.m.
 Family Worship Service 6:00 p.m.
 Mid-Week Service (Wednesday)
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 Sr. Adults
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 Cynthia Wolfe Children/Preschool Coordinator
 Sylvia Gray Director of Music Learning Center
 Director
 Sunday School 9:15 a.m.
 Sunday Worship 10:30 a.m.
 Sun. Evening Worship 6:00 p.m.
 Wed. Prayer/Bible Study 6:30 p.m.
 Nursery Provided

CENTRAL BAPTIST CHURCH
 3101 W. 1st St., Sanford
 (407) 322-2914
 Jimmy Dale Patterson Pastor
 Jerry Fugate Assoc. Pastor
 Jack M. Thomas Minister of Music
 Jim Peckham Minister of Youth
 Sunday School 9:30 a.m.
 Morning Worship 11:00 a.m.
 Evening Worship 6:00 p.m.
 Wed. Prayer Service 6:30 p.m.

FIRST BAPTIST CHURCH OF LONGWOOD
 881 E. SR 434
 Longwood, FL 32750-5394
 (407) 328-3817
 Sunday 9:30 a.m.
 Bible Study 10:45 a.m.
 Worship 6:00 p.m.
 Wednesday Worship 7:00 p.m.
 Nursery - All services & Deaf Ministry

Congregational Christian Church, 2401 S. Park Ave., Sanford

Baptist
WESTVIEW BAPTIST CHURCH
 4100 Peola Road (46A)
 Sanford, Florida
 407-323-0823
 Dr. Dennis Littleton Pastor
 Sunday School 9:00 a.m.
 Morning Worship 10:00 a.m.
 Church Training 6:00 a.m.
 Evening Worship 7:00 p.m.
 Wed. Prayer Service 7:00 p.m.

COUNTRYSIDE BAPTIST CHURCH
 Country Club Rd., Lake Mary, FL
 Avery M. Long Pastor
 Sunday School 9:45 a.m.
 Preaching & Worshiping 10:45 a.m.
 Bible Study 7:30 p.m.
 Sharing & Proclaiming 8:30 p.m.
 Wed. Prayer Meet 8:00 p.m.
 Sat. Men's Prayer Meet 8:15 p.m.
 (Nursery Provided)

FINCHES BAPTIST CHURCH
 801 East Airport Boulevard
 Sanford, Florida 32773
 Church Office 322-3737
 Tony Fink Pastor
 Sunday School 9:45 a.m.
 Morning Worship 10:45 a.m.
 Evening Worship 6:00 p.m.
 Wednesday
 Mid-Week Worship 7:00 p.m.
 Children's Church 7:00 p.m.
 Thursday Visitation 8:30 p.m.

FIRST BAPTIST CHURCH OF LAKE MARY
 Sunday 10:00 a.m.
 Lake Mary Community Center
 Sunday School 9:45 a.m.
 Youth & Children's Chorus
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 Kenny McKay Music
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 Church Office
 1385 W. SR 434
 Longwood, FL 32750

JORDAN BAPTIST CHURCH
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 Men's Club Breakfast
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 Children's Activity Time

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 Sunday Services 10:30 a.m. & 8:00 p.m.
 Sunday Bible Study 9:30 a.m.
 Wed. Bible Study 7:30 p.m.
 Minister Barry Hayes
 Phone (407) 327-5005

Church Of God
CHURCH OF GOD
 801 W. 22nd St., Sanford, FL
 407-322-3942
 Rev. Wesley Baker Pastor
 Sunday School 9:45 a.m.
 Morning Worship 10:30 a.m.
 Evangelistic Service 6:00 p.m.
 Family Enrichment Service Wednesday 7:00 p.m.
 Seminars Trinity Christian School
 Pre-school thru grade 12
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 Also Day Care Starts at 1 year to pre school
 407-323-1411

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 407-322-4584
 Rev. Thomas P. Tschuba Minister
 Sunday School 9:30-10:30 a.m.
 Worship 11:00 a.m.
 Youth Meeting Sun 8:00 p.m.
 Wed. Bible Study 7:15-8:15 p.m.
 Fellowship Dinner 8:00 p.m.
 Every 2nd Wednesday
 Men's Club Breakfast
 Every 1st Saturday, 8:00 a.m.
 Men's Club Breakfast
 Every 1st Saturday, 10:00 noon
 Children's Activity Time

Foursquare
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 LAKE MARY FOURSQUARE
 Lake Mary Elementary School
 Corner Lake Mary Blvd and
 Country Club Road
 Lake Mary, FL
 Tel: 407-323-8800
 Steve Guesenberry Pastor
 Sunday School 9:30 a.m.
 Sunday Worship 10:00 a.m.
 Nursery Provided

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BERNARD AVE. CHAPEL
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 Jack Cox Pastor
 Sunday 10:00 a.m.
 Morning Worship 10:00 a.m.
 Evening Service 8:00 p.m.
 Tuesday Evening Bible Study 7:00 p.m.

Episcopal
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 The Rev. B. L. Barge Rector
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 Holy Eucharist 8:00 a.m.
 Christian Education - All Ages 9:00 a.m.
 Holy Eucharist 10:00 a.m.
 Children's Church 10:00 a.m.
 (Education Wing)
 Nursery Begins at 8:00 a.m.
 Through 10:00 a.m. Service
 Wednesday
 Holy Eucharist 7:00 p.m.

Eastern Orthodox
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 2743 Country Club Road
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 Divine Liturgy 10:00 a.m.
 Sunday School 10:00 a.m.
 Confession By Appointment

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 700 Sun Drive, Lake Mary, FL
 Paul Hoyer Pastor
 Saturday evening 5:30 p.m.
 Contemporary Worship 8:00 a.m.
 Sunday morning 8:00 a.m.
 Traditional Service
 Sunday morning 9:15 a.m.
 Contemporary Worship 10:30 a.m.
 Sunday morning 10:30 a.m.
 Family Worship Service
 Nursery is provided at 9:15 a.m. and 10:30 a.m. services
 Sunday School for adults and children 9:15 a.m.
 Bible Classes 7:00 p.m.
 Holy Cross Story Hour Preschool
 For Information Call 407-333-0797

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 Phone 322-7312
 Sunday School 9:30 a.m.
 Adult Bible Study 10:30 a.m.
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CHRIST UNITED METHODIST CHURCH
 488 Tucker Drive
 Corner Tucker Dr. & CR 427
 Telephone (407) 322-7800
 Sunday School 9:30 a.m.
 Inter-Mission 10:30 a.m.
 Morning Worship 11:00 a.m.
 Bible Study 6:30 p.m.
 Methodist Youth Fellowship 6:00 p.m.
 Children's Time included in Worship
 Nursery provided for Babies and Small Children
 -Small Enough To Love You -
 -Growing in Christ To Serve You -
FIRST UNITED METHODIST CHURCH
 418 Park Ave., Sanford, FL
 407-322-4371
 Clifford Mathis Pastor
 Daniel Sellers Chair Director
 Morning Worship 9:25 & 10:45 a.m.
 Carols Fellowship 9:30 a.m.
 Sunday School 9:45 a.m.
 Youth Fellowship 4:00 p.m.
 Women's Circle 11:00 a.m.
 1st Monday 10:00 a.m., 2:00 p.m., 7:30 p.m.
 Men's Prayer Breakfast 8:30 a.m.
 1st Thursday Fellowship Dinner 6:30 p.m.
 3rd Thursday 6:30 p.m.
 Nursery Provided

GRACE UNITED METHODIST CHURCH
 488 Country Club Road
 Lake Mary, FL
 407-322-1472
 David A. Liddell, Jr. Pastor
 Sunday School 9:30 a.m.
 Morning Worship 10:30 a.m.
 Sun. Carols Fellowship 11:30 a.m.
 United Methodist Youth 5:00 p.m.
 Men's Prayer Breakfast 8:30 a.m.
 Wed. Night Covered Dish Chorus at Church Wed. 7:00 p.m.
 J.O.Y. (Joy) Older Youth 12:00 p.m.
 United Methodist Men (2nd Sat. of each month) 10:00 a.m.
 United Methodist Women (2nd Sat. of each month) 10:00 a.m.
 "Caring, Sharing And Growing In Grace"

Nazarene
FIRST CHURCH OF THE NAZARENES
 2581 Sanford Ave., Sanford, FL
 407-322-3122
 John J. Hunter Pastor
 Sunday School 9:45 a.m.
 Morning Worship 10:45 a.m.
 Evening Service 8:00 p.m.
 Mid-Week Service Wed. 7:00 p.m.
 Youth Hour Wed. 7:00 p.m.

Presbyterian
FIRST PRESBYTERIAN CHURCH OF LAKE MARY
 128 W. Windsor Ave.
 Lake Mary, FL
 407-321-1021
 Rev. A. P. Stevens Pastor
 Church Prayer Meeting 9:15 a.m.
 Church School 9:45 a.m.
 Morning Worship 11:00 a.m.
 Youth Group 6:00 p.m.
 Wed. Choir Practice 7:00 p.m.
 Thurs. Youth Choir 8:30 p.m.

Wesleyan
MARKHAM WOODS PRESBYTERIAN CHURCH
 2310 Markham Woods Road
 Lake Mary
 Rev. Ernest H. Franken Pastor
 Sunday School 9:00 a.m.
 Church Services 9:00 & 10:30 a.m.
 Nursery Provided
 Youth Group, Sunday 5:30 p.m.
 Pre-School Mon. thru Fri. 9:30-10:12
 Monthly Family Night Supper
 3rd Wednesday of Each Month 6:30 p.m.

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Religion

IN BRIEF

Gospel music fest

SANFORD — New Creations Productions will present "Beat of the Blessed Gospel Music Fest" on Sat., June 7 at the Bob Carr Theatre Orlando Centroplex in Orlando.

All major record labels will be in attendance. Scholarships, awards, radio and television appearances and interviews will be taped for future airing.

For more information call 1-888-bleas1 or 1-888-8-bleas2.

Mens Bible study

SANFORD — Each Monday at 7:30 p.m. Sanford Christian Church is conducting a Mens Bible study. Presently the study is looking into the seven steps outlined in Promiss Keepers. The study is open to all men in the area.

Call 322-0900 for more information. The church is located at 730 Upsala Rd. in Sanford.

Mom's Morning Out

LAKE MARY — A Mom's Morning Out will be sponsored at Holy Cross Lutheran Early Childhood Center, 760 Sun Dr., on Tues., Wed., and Thurs. mornings from 8:30 to 11:30 a.m. The cost is \$4 a class and is offered for ages 2 to 5 year olds.

For more information or sign up call 333-0797.

Camping trip

SANFORD — The Christian Education Committee and Children of the First Presbyterian Church are going camping to Ichetucknee Springs for a weekend of family fun. There will be tubing, swimming, games, camp fires and all the activities that go along with camping.

Families are invited to attend and join in the fun. The campground is located in North Florida about 30 miles west of Lake City. The Ichetucknee river trip takes about three hours to drift down the crystal clear water fed by numerous springs.

Plans are to leave Friday, June 6 at 5 p.m., tube on Saturday morning and relax in the afternoon. A campfire, amores and activities will take place Saturday night.

The Sunday morning worship will be led by the children. Later the group will swim at the springs, have lunch and then drive home.

If you have scheduling problems, the group is flexible. You may come early or leave late, but just come and enjoy.

For reservations and details call the church office at 322-2662, Bob Hunter at 322-7979, Art Woodruff at 322-6968 or Cheryl Leidigh at 321-0218.

Pancake breakfast

LAKE MARY — Grace United Methodist Church, 499 N. Country Club Rd., will host a Pancake and Sausage Breakfast and Rummage Sale on Sat., June 7 from 8 a.m. until noon. The breakfast is an all-you-can-eat for \$3.

For more information call the church office at 322-1472.

VBS offered

SANFORD — Westview Baptist Church, 4100 Paola Rd. (46A), invites children age 3 through grade 8 and adults to join "The Wild and Wonderful Good News Stampede." Each evening includes an exciting worship rally where the good news of Jesus will be celebrated.

Activities, fun, food, music, Bible-learning and crafts will be featured. The event will take place on June 8 to 13 at 6:30 to 9 p.m. each evening.

For more information call the church office at 323-0523.

Sanctuary dedication

SANFORD — Members of the First Baptist Church, 519 S. Park Ave., will dedicate their 1920 sanctuary to the memory of former pastor, Dr. W.P. Brooks, Jr. this Sunday. Dr. Brooks was pastor from Nov. 22, 1929 to August 26, 1982, almost 33 years. The official name will be "The Dr. W.P. Brooks Memorial Chapel," but will be referred to as the "Brooks Chapel."

This special service will begin at 1 p.m. following dinner on the grounds at noon. The 10:30 a.m. worship service will honor senior adults of the church.

During the dedication service, a biography of Dr. Brooks and important events during his ministry will be presented by Grace Marie Stinecpher, Bill Colbert, E.R. Wood, Beverly Benton Douthitt and the Rev. Joe Douthitt will give their memories of this special person. Dr. Brooks favorite hymns will be sung and a plaque will be unveiled.

For more information call the church office at 322-6041.

Family Seminar

SANFORD — The Sanford Meadows Seventh-day Adventist Church, 5815 N. CR 427 (1.8 miles east of SR 17-92), is offering a free Family Enrichment Seminar open to the public on Sat., June 7. Ken and Helen Bryant, Family Life directors for the Florida Conference of Seventh-day Adventists in Winter Park, will be featured speakers.

The morning program will begin at 9 a.m. and conclude at 3 p.m. with a short intermission for lunch. The seminar "Men are from Mars and Women are from Venus" is filled with a humorous and spiritual look at how men and women look and live life so differently. They will gain recommendations for better communication, discuss how attitudes and values impact families, and discover the primary factors that lead to divorce.

"This seminar is designed to help improve the marriage relationships. In my counseling experience, I have identified four characteristics in marriage relationships which will, if left unchecked, always lead to divorce. AT the June 7 seminar, we will talk about dealing with those negatives and will also discuss 15 positive characteristics."

For more information call Pastor Kurt at 788-3436.

Unity Day services

SANFORD — The annual Unity Day services at Historic St. James AME Church, corner of 9th Street and Cypress Ave., will celebrate Sunday at the 11 a.m. and 5 p.m. service. The message will be delivered by Presiding Elder Thelma Shaw Young and afternoon message by the Rev. Jimmy James Thompson.

Hebrew school

LAKE MARY — Beth El Learning Center is taking applications for early registration to Religious School. Educational programs include: Judaic Studies for children for kindergarten to seventh grade will meet on Sundays, 9:30 a.m. to noon; Hebrew Studies program for children from Aleph through Hay (third through seventh grade) will meet on Wednesdays, 4 to 6:30 p.m.

Located at 1677 E.E. Williamson Rd., to conveniently serve the Longwood/ Lake Mary communities, Beth El Learning Center is staffed by a highly qualified and dedicated staff, under the direction of Jaclyn Elbaz.

To reserve a place for your child(ren) during early registration (space is limited), call 869-7143 for an appointment and additional information.

It's time to celebrate! Congratulations to our Lake Mary graduates

By Dr. Wm Robert Parker
First Baptist Markham Woods

The time of the year has come for countless thousands of young people to celebrate a sense of completion and accomplishments. From the first graders who have completed their first encounter with formal education to the high school seniors graduating and anticipating greater accomplishments, and also, to those finishing years of higher education, we congratulate you all. A special salute to the high school and college graduates!

graduation is truly a commencement as well as a completion. With the completion of high school or college comes new beginnings, new challenges, new experiences, new acquaintances. They all abound! With each milestone of accomplishment comes forth a new platform for performance in a greater and more challenging way.

The "sheepskin" in the hand, indeed symbolizes not only a "commencement" but new responsibilities. It is sure an axiom of intellectual attainment that more we know, the more we need to know. Perhaps, we should even have a deep consciousness for what we do know about what we know! It is said: "Get enough education so that no one could look down on you, and then go back and get some more so that you don't look down on anyone else." Have we really learned? what have we learned and for what purpose?

What is education?

Mark Twain once said that a cauliflower is an "educated cabbage." I suppose he meant a better cabbage, a more refined cabbage, one of greater worth.

"Education is the ability to take the most profound and make it simple enough for the illiterate to understand," said W. K. Sisk Sr.

For sure, education in America is a great and rich privilege. The opportunities are unlimited for children, youth, and adults. This certainly cannot be said of multiple countries where child labor laws are nonexistent, and children are forced



Dr. Wm. Robert (Bob) Parker

proven yourself trustworthy, dependable, and mature enough to try your own wings, but I will be 'on-call' throughout my life.

You are fully accountable to god..... who expects much, punishes, sees and knows - also beyond your comprehension.

I comment you to this care the fire of the world tests the gold of your character - and I will be in prayer."

Commencement: The enduring essential

Education, learning, and good use and worth of it lie not in mere knowledge but in knowing how to apply that knowledge. Applying knowledge is called wisdom: of which, Solomon, one of the wisest men ever to have lived on earth: gives these words:

Give instruction to a wise man, and he will be yet wiser; Teach a just man, and he will increase in learning. The fear of the Lord is the beginning of wisdom: And the knowledge of the Holy is understanding. -Proverbs 9:9-10

Actually these words come from God himself who has perfect wisdom - the highest wisdom available to man. Think about that!



Lutherans honor veterans of war

Members of the Lutheran Church of the Redeemer, 2525 Oak Ave., recently observed "Armed Forces Sunday" to honor those who have served our country. Those recognized and pictured: (front) Thomas Brown, (left to right) Harry Brown, Pat Lyons, Walter Moore, Michael Roberts, Glen McKendree, Darrell Srock, Tamar Braden, A.A. McCleanahan, Sr., Wally Dietrichs, Bob Angelo, Joe Brooks, Nick Nichols, Roger Jarand and Roger Kircher.

File Photo

Johnsons to perform locally

A Gospel concert with the ministry of Bob and Jeanne Johnson will be held at the Sanford Church of God, 801 W. 22nd St., at the 10:30 a.m. and 6 p.m. services this Sunday, May 25. The couple have had years of experience both on stage and in churches. They began singing together before they were married over 36 years ago. After singing with the Gethsemane Quartet of Greensboro, N.C. for several years. Later they joined the famous Speer Family and performed with them for the next 8 and a half years. Active in Christian television also, the Johnsons are a "don't miss."



All Souls holds confirmation

All Souls Catholic Church recently confirmed a class of eighth graders in a special ceremony. Parents were on hand for the event. All Souls Catholic Church is located at 800 S. Oak Ave. in Sanford.

Herald Photo by Denise E. Monroe

CLASSIFIED ADS

Seminole 407/322-2611
Orlando - Winter Park 407/831-9993

CLASSIFIED DEPT.
HOURS
8:00 A.M. - 5:00 P.M.
MONDAY thru
FRIDAY
CLOSED SATURDAY
& SUNDAY

PRIVATE PARTY RATES
14 consecutive times..... \$50 a line
7 consecutive times..... \$30 a line
3 consecutive times..... \$1.50 a line
1 time..... \$1.42 a line
Rates are per line, based on 3 lines
* 3 Line Minimum

NOW ACCEPTING



11—Home Health Care

Jan's Home Care 888-8789 Ltd/
In-Providing care since 1987.
24 hrs/7 days/week

12—Elderly Care

HEALTHCARE & REHAB Center
of Sanford specializing in
rehab. and restorative care.
950 Melonville Ave. 322-8588.

13—Health & Beauty

HERBAL FEN FEN
More info-Send check/M.O. for
\$4.95. JH Enterprises P.O. Box
2119. Sanford, FL 32772-0211
John Simpson
Publish: May 23, 1997
DEE-204

Legal Notices

NOTICE OF FICTITIOUS NAME
Notice is hereby given that I am engaged in business at 8848 Golden Pine Court, Orlando, FL 32788, Seminole County, Florida, under the fictitious name of **MARISA BALESTI**, and that I intend to register said name with the Division of Corporations, Tallahassee, Florida, in accordance with the provisions of the Fictitious Name Statutes, Fla. Stat. Section 863.06, Florida Statutes 1991.
John Simpson
Publish: May 23, 1997
DEE-204

NOTICE OF PUBLIC HEARING TO CONSIDER A CONDITIONAL USE

Notice is hereby given that a Public Hearing will be held by the Planning & Zoning Commission in the City Commission Chambers, City Hall, Sanford, Florida, at 7:00 p.m. on Thursday, June 6th, 1997, to consider a request for a Conditional Use in a G-C-2, General Commercial Zoning District.
LEGAL DESCRIPTION: That Pt of Lots 1, 2, & 3, decd as Beg Hwy Cor Lot 1 run S 25 deg 47 min W 220' S 64 deg 17 min W 115' N 64 deg 17 min W 55 deg 20' S 220' S 25 deg 47 min W 270' N 64 deg.
The property being more generally described as 3848 Orlando Drive.
Conditional Use Requested: The sale of beer and wine for consumption on premises. (BWCOP).
All parties in interest and citizens shall have an opportunity to be heard at said hearing. By order of the Planning & Zoning Commission of the City of Sanford, Florida, this 21st day of May, 1997.
Helen Stears, Chairman
Planning & Zoning Commission
ADVICE TO THE PUBLIC: If a person decides to appeal a decision made with respect to any matter considered at the above meeting or hearing, he/she may need a verbatim record of the proceedings including the testimony and evidence, which record is not provided by the City of Sanford. (FS 296.0108)

PERSONS WITH DISABILITIES NEEDING ASSISTANCE TO PARTICIPATE IN ANY OF THESE PROCEEDINGS SHOULD CONTACT THE PERSONNEL OFFICE ADA COORDINATOR AT 330-8628 48 HOURS IN ADVANCE OF THE MEETING.

PUBLISH: May 23, 1997
DEE-208

21—Personals

ALONET FL'S RESPECTED
Dating Bureau for SENIORS
1-800-823-4477.

SINGLE CHRISTIAN LADY
40's, needs mail for 3 to 6 months in the area. Local Reference. Box holder, POB 133, Sanford, FL 32772. Please include name, address, phone number.

23—Lost & Found

LOST FB Silverton Husky, Silverback/white with brown eyes. Geneva 348-1438 or 333-2801.

LOST: Yellow Lab Mixed Male, Occochee Place, Geneva. REWARD. PAGER 883-2311

27—Nursery & Child Care

HAPPY Pre-School children PLUS a caring NURSERY. Sunshin Street. 321-8848.

CHILD CARE my home. Special rates for after-school. Frnd yd. meals/trans. Reasonable rates. Whance 100 324-8128

DAY & NITE Childcare, teaching, hot meals, reasonable rates. Sanford Estates. 326-8839

EXCELLENT CHILD CARE BY SANFORD HOME. Refs. HRS esp. 321-8298

Legal Notices

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LEGAL DESCRIPTION: Lot 1, Gateway Plaza Shopping Center, as recorded in the Public Records of Seminole County, Florida in Plat Book 46, Page 24 thru 28.
The property being more generally described as 6888 W. 1st Street.
Conditional Use Requested: The sale of alcoholic beverages for consumption on premises (AB-COP).
All parties in interest and citizens shall have an opportunity to be heard at said hearing. By order of the Planning & Zoning Commission of the City of Sanford, Florida, this 21st day of May, 1997.
Helen Stears, Chairman
Planning & Zoning Commission
ADVICE TO THE PUBLIC: If a person decides to appeal a decision made with respect to any matter considered at the above meeting or hearing, he/she may need a verbatim record of the proceedings including the testimony and evidence, which record is not provided by the City of Sanford. (FS 296.0108)

PERSONS WITH DISABILITIES NEEDING ASSISTANCE TO PARTICIPATE IN ANY OF THESE PROCEEDINGS SHOULD CONTACT THE PERSONNEL OFFICE ADA COORDINATOR AT 330-8628 48 HOURS IN ADVANCE OF THE MEETING.

PUBLISH: May 23, 1997
DEE-209

PUBLIC BIDS

PUBLIC NOTICE IS HEREBY GIVEN THAT ON Tuesday, May 27th, 1997, at 10:00 a.m., Eastern time at the premises of Roundtree Transportation & Rigging, Inc., 4113 Tark-Vineland Rd., Orlando, FL 32824, the undersigned will sell at public sale to the highest bidder all of its right, title and interests in and to the following described property as is, where is, to wit:
One McCain Speedbinder Saddle Binder with Six (6) SFL Signature Feeders with mechanical and Vacuum Opening
(247) Pin Spacing
S/N SFL 221287
One (1) LSC Caliper
One (1) LS 26D Stitcher
Two (2) 26 D Stitcher Heads
S/N LS 1351287
1 LH 1/2 inch Single Book
3-Knife Trimmer with Two (2) set of 5 knives
S/N MTL 10681287
One (1) Standard Delivery Table
TERMS OF THE BIDS: A minimum deposit of 25% in either cash, certified or cashier's check at the time of sale with the balance due within 24 hours.
The undersigned reserves the right to bid.
FOR FURTHER INFORMATION CONTACT:
Bradford N. Pinney
(407) 860-0092
ORIX Credit Alliance, Inc.
2500 Maitland Center Parkway
Suite 400
Maitland, Florida 32751
Publish: May 23, 25, 1997
DEE-71

CELEBRITY CIPHER

by Luis Campos

'HPXF HLWZ IFRZW, P'H
HLLUT. — WFYS ILSSFMT.
'GF GFRWJHFS RPXF ZL
ZJPSX LD LNMWFREFW YW
JFMLFW — ZPHLZJT
UYRZLS

PREVIOUS SOLUTION: "Whoever plays an instrument must be conversant with singing." — Georg Philipp Telemann.
© 1997 by NEA, Inc. 23

27—Nursery & Child Care

P/T IN MY HOME. \$85/week. Ages 2 + up, lg playroom, big tv, HRS pending. 330-0347

BARTY'S DAYCARE Baby's too! Pre-School LAKE MARY. LIC. #59-74. 322-0094

SCHOOL IS OUT! Hourly, daily, weekly rates avail. Schools and preK program, ages 2-11. Lic. #283-10. Call for special 321-7636

43—Legal Services

A-Z LAWTECH Divorce \$65, Restructuring \$75, Adoption \$75, Name Change \$65, Etc. (407) 322-0347 24 hrs. \$5 off with this ad

55—Business Opportunities

100 CAREER OPPORTUNITIES Now available in your area. For free info: Job Bank P.O. Box 3201, E. Orange, NJ 07017

VENUE: LAZY PERSONS DREAM FEW HOURS—BIG \$8. Free Brochure 1-800-820-4303

WANTED: 42 people to lead from 18-35 lbs in next 30 days. Diet Herbal Formula. Guaranteed. 888-999-8288.

WORK FROM HOME—No cost for supplies, earn to \$300/wk making brcs. 834-8888 Ext. 648

61—Money to Lend

999999999999 CASH NOWHERE If you are receiving payment from ins., settlement, annuity or workers comp. 772-4628

AMERICAN AUTO TITLE LOANS! You keep car, no credit check. Call 322-1147. Located on Hwy 17-92, Longwood

71—Help Wanted

A BETTER JOB FOR YOU! Just Call Never a Fee! HELP Personnel 889-8888

ADMIN. ASSISTANT 8am-1pm, stable, non-smoking office, working with upstart people. Must be detailed with good phone skills and some computer exp. Call BJ 800-882-3883 or apply Rich Plan. 401 W 13th St. Sanford

AG CARRIERS, INC.

"NEW PAYPLAN"

"Lay Over Plan"
"Extra Stop Pay"
"1 Day off for 7 Days Off"
"401K Retirement"
"Health Insurance"
"Vacation Pay"
"Fringe Program"
1 yr. exp. & Class A CDL req
Please Call Sam to 5pm
1-800-874-8000
Mon-Fri Only. EOE

ALL DEPARTMENTS & house-keeping. Apply in person: Merritt Courtyard 135 International Pkwy, Lake Mary 444-1000

ALPHA FLIGHT SERVICES Providers of Airline meals at Sanford Airport is now recruiting for the following full and part time positions, including night shifts. Differential pay for 3rd shift.

FOOD PRODUCTION DISHWASHER Apply in person 1778 Hanger Rd, Sanford, FL No calls, please.

AMERICAN MAID is Now Hiring. Weekly Pay, Commission Plus bonuses. 322-8888

APPLICATORS \$11/Hr We train. Labor, management. Local work. 813-871-9778

Assembler's Machine Operators Premium Pay for 2nd shift 3:30pm to midnight. (let 813-7-3:30pm) Apply: Environmental Air Tech 801 Collins Way Drug Free Workplace 322-8190

ASSEMBLY * HAND ASSEMBLY * WAREHOUSE * Immediate Opening! HELP PERSONNEL 611 Wynona Rd. WP OR

SANFORD JOB SERVICE Thurs. 1:00pm-3:30pm

Bartenders WORK AT BUSY AIRPORT Jerry's Cafeteria 323-0345

BILINGUAL PERSON to implant and maintain weed control program in wholesale nursery. Valid DL req., starting pay \$6/Hr. Call 322-1727

4244 International, Inc. Long Term Short Term Temp To Hire 407-787-6188 NO FEE

71—Help Wanted

DRIVER/LABORER Good Income/Benefits 3rd Shift Clean DL req'd Call Mosey 322-1441.

Cabinet Maker Exp. w/finishing, assembling & installing. Call for an appointment 324-8166.

Cashier/Counter person Work at Busy Airport We are hiring Friendly & Courteous People Competitive Wages. Jerry's Cafeteria 323-0345

COOKRY IS LOOKING FOR YOU! Exciting home based business. Five kitchen products and gadgets, demonstrate in home parties. No investment, free samples, great compensation program. Interviewing in Orlando, 6/5 & 6/6. Call today, toll-free 1-888-983-0720, Ann-Maree

COUNTER PERSON Self motivated experienced preferred for Dry Cleaner/Antique Shop combo. Apply in person 2484 S. Sanford Ave after 2 pm.

DEBT INSURANCE AGENT \$450/wk guar. No exp. nec. Dependable vehicle req. 772-2884.

DISHWASHERS & EXP. WAITRESSES Hard workers, must work weekends, all shifts avail. Apply betn 2-4 pm phone call, please. Applicant's Care 3575 W. Lake Mary Blvd. Orlando/Plaza

DISHWASHERS NEEDED Lake Mary area, temp to perm. Call CPC 888-1133 No Fee.

DO YOU HAVE A SMILING FACE and vending experience? I need you! Immediate opening. Please call 331-0735

HOME CLEANERS Service/Install in Casselberry in new hiring! Start \$6.75/hr. TDJ. Car & phone a must. 321-8243

FINANCIAL 44 year old mortgage lender seeks phone reps to call pre-qualified customer base offering free savings analysis. NO SELLING! Good phone voice. P/T evenings. Advancement opportunities. 15-20 hrs/week. Call 321-1430. College stud. \$298. \$298/week to apply.

GENERAL WAREHOUSE WORKER With tonight exp. Must be able to lift up to 50 lbs & be able to work overtime. EOE D/F/W/P. Good benefits. Accepting applications at 1210 29th St. Bldg 6437, Sanford, FL 407-327-8507

Home Health Aides to provide care to community residents. Jan's Home Care 888-8789

HOTEL OPPORTUNITIES. A beautiful & exciting hotel located near UCF is hiring for the following positions: AM/PM cooks, maintenance technician, room attendants, night cleaner from 11 pm to 7 am, house person. Apply in person to Holiday Inn Select, UCF 12125 High Tech Ave, Orlando EOE DRUG FREE WORKPLACE

EXPERIENCED TRACTOR TRAILER DRIVER Class A CDL with tanker endorsement. Local hauling. Full Time (407) 330-4982

HOTEL/MOTEL The SUPER 8 in Sanford is looking for a part time houseman, Thurs-Sun. Apply at 1-4 & 48 W. between 10am-3pm. No calls please.

INSURANCE Customer Service 440 Lic. preferred but not required. Please call 321-7758 or 904-734-5198

LABORER For construction site work. Exp. no DL req. 322-8130

LABORERS NEEDED FOR UNDERGROUND UTILITY CONTRACTOR HEALTH INSURANCE AND 401K PLAN. Drug free workplace. Apply at: 288 Mallow Drive, Altamonte Springs, 326-2902

LAWN & TREE SERVICE Helper 60/Hr. must have some exp. & clean DL. 323-2481

LEE'S FAMOUS RECIPE Needs full time assistant manager. 2 yrs. management exp. in fast food preferably in chicken. Salary open depending on exp. Kitchen and pack line help also needed. Apply in person: 1905 S. French Ave, Sanford

MARKETING Opportunity for FIT or P/T MARKETING COMMUNICATION SPECIALIST. Candidate should be familiar with telecommunications and other hi-tech environments. Computer proficient is a must. Send resume to SANFORD'S HEAD, Bend Box V, POB 1667, Sanford, FL 32772-1667

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71—Help Wanted

OPINION RESEARCH Interviews FIT & P/T. No exp. nec. Essay. Seniors welcome. Seminole Towne Center Mall. Call for appl. 330-2344

MANAGEMENT COUPLE Exp. in apt. management & repairs. Live-in, auto, & tools 807-7001

MANUFACTURE REP Co. Expansion. Seek qualified candidates. Serious inquires only. 407-273-6836

MYON EARN TO 88% COMMISSION Mrs. Sandi: 331-1183 Ind. Sales. Fee: 800-888-2188

EARN A CAR, Buy & Sell Tupperware. FT-PT Mgmt. Training. Free Training. Great \$5. Flsr. hrs. 321-8421.

LABORERS & DRIVERS Needed.....NO FEE Workforce USA 330-1033

Seminole Employment SANFORD'S 81 322-2044

WAREHOUSE WORK AVAILABLE Days & Nights. Western Staff Service 407-425-4555

MERRY MAIDS HIRING Car & Insurance Needed Weekends FREE. 331-5266

Residential Cleaning MOLLY MAID IS HIRING FT * M-F * 8-5pm. Will Train. 407-787-9037.

WE BUILD POWERFUL CAREERS FROM THE GROUND UP! REAL ESTATE CAREER NIGHT JUNE 5, 7-9 P.M.

COLDWELL BANKER Comprehensive training, Non-competing manager, State-of-the-art prospecting technology

Now is the time to consider a career in real estate! RSVP Jillann 321-3720

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DISHWASHERS NEEDED Lake Mary area, temp to perm. Call CPC 888-1133 No Fee.

DO YOU HAVE A SMILING FACE and vending experience? I need you! Immediate opening. Please call 331-0735

3-Rooms For Rent

FURNISHED ROOMS-All utls. incl. Laundry, phone, and kit. se. \$85-\$90 a week. 324-4955.
ROOM FOR RENT-\$55/Week/ \$100/sec. Full house priv. Washer/Dryer. 831-3151
SANFORD LAKE MARY \$75/week, \$50/dsp. Pays All. Nice Place. Call 330-0548

99-Apartments - Unfurnished

SANFORD 22, patio, W.D. C/A, dishwasher, large kitchen \$430-\$430. 328-8058 after 6/ am.

99-Apartments - Unfurnished

SANFORD-1902 French Ave. \$375/mon + security. Lady or couple, no pets. Call 831-2108
1 & 2 BDRM w/ Air. \$300 - \$350 In \$100 dep. 811 Park Ave. 880-4607 or 303-9084
MARNER'S VILLAGE LAKE ADA 1 BDRM \$1400 2 BDRM \$1700 AND UP 323-8870
Particularly furnished 3 room apartment, private entrance, small fenced. 407-322-7839.
ROSELEA VILLAS 2/1 Special - \$400/mon. HUD OKAY 407-330-8833

99-Apartments - Unfurnished

SANFORD HISTORIC DIST. 1/1 Scm patio, hardwood floors, replace. Spacious. \$400/\$350. Shennadoah Realty 323-2488
SHENANDOAH VILLAGE Sanford's Affordable Apartments Ground floor, pool, laundry room, playground, near shops. Access from Fleet World. 2/1 Starting at \$369 323-2820

100-Condominium Rentals

LEASE 2/2, fireplace, lg. scrm. porch, On lake. No pets. \$650/mon. 323-8128.
TOWNHOUSE. 3/2, private back yard \$525. Call 322-2352.

103-Houses - Unfurnished

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105-Duplex/Triplex

SANFORD 2/1 near Semovite HS. CMA, W/W CARPET. Sec 9 accepted 323-4484
SANFORD 3 bedrooms, security alarm, full kit, carpet. Discounted to \$455. 324-5133

118-Office Space For Rent

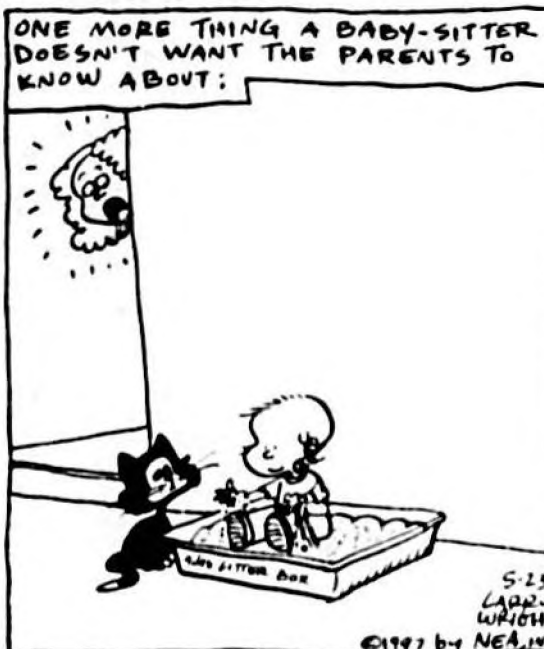
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127-Storage/Office For Rent

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141-Homes For Sale

2/1 2 acre wooded lot Custom built w/ Lk Monroe/St John's access \$125,000 322-8460
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HAMILTON school area. 2/1. Quiet neighborhood. Fenced yard. fireplace. CMA. completely renovated. Owner agent. 24 hr recorded message 302-9362

HIDDEN LAKES Beautiful home 3/2, lg FL room, huge priv. yd. quiet neighborhood. Owner agent. 24 hr mess. 302-9362

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GARAGE SALES

CARPORIT SALE Sat Only, 8:30-3. Corner of Sandhills Ave & 9th St, (Off Lake Mary Blvd) to 8th St.) Household, bird & pet supplies, old tools, furn, misc. & more.

GARAGE SALE Sat Only, May 24, 8-77, 711 Myrtle Ave

HUGE YARD SALE Sat 9-5, 113 W 19th St. Sanford. Multi-family items. Everything must go.

Multi-family on Meadow Blvd. In Mayfair meadows, Hwy 46A. Furn & misc. Sat 8:30-3:00 pm.

157-Mobile Homes For Sale

MOBILE HOME for sale 2 wind-ov AC units, 1 whetst. W/D included \$4500 080 328-7339

159-Real Estate Wanted

WE'LL BUY/LEASE your house! Any price, Any shape. Investors Realty Network 788-1882

163-Waterfront Property For Sale

SANFORD-3 wooded acres, on Lake Sylvan \$200,000 W. Maczowski Realty, 322-7983
ST. JOHN'S RIVER 3/2 w/ pool. 2 car gar, fam/din, \$157,900 VIP Properties 321-4784

181-Appliances & Furniture For Sale

Dining Room Table CHERRY WOOD Oval 72" w/leaf & 8 plush upholstered chairs, Never opened, still boxed. Cost \$2400. Sell \$750. Matching Cherry coffee & end tables, sell \$250. 877-1626

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186-Computers & Typing

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153-Acreage Lot For Sale

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157-Mobile Homes For Sale

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201-Horses

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211-Antique/Collectibles

ANTIQUE Taking Up space? Broadway Lilly's Can Sell them. Outside 328-8822

219-Wanted to Buy

CLEAN NEWSPAPERS Also, Cans, Copper & Brass. Kobeco Recycling 321-9084 918 W. First St. E.S. Sat. 9-1
MODERN FURN. & Antiques 1 PRICE or Wholesale Household 904-774-3228/887-888-3632

223-Miscellaneous

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223-Miscellaneous

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8	SOLD
7	SOLD
SOLD	SOLD
SOLD	SOLD
SOLD	SOLD
SOLD	SOLD
SOLD	SOLD
SOLD	SOLD
SOLD	SOLD
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Employer: _____ Years: _____ Months: _____

Employer Address: _____

City: _____ State: _____ Zip: _____

Occupation: _____ Salary/Wages: _____

Down Payment: _____

Applicant's Signature: _____ Date: _____

• For The Purpose Of Security Credit From You I/We Certify That The Above Information Is True And Complete To The Best Of My/Our Knowledge Applicant(s) Further Certify That We Have Reached The Age Of Majority Applicant(s) Adhere To The Credit Agreement And Employment History And To Provide And Or Obtain Information About Credit & Experience With Me/Us

NAME: First MI Last
PRESENT ADDRESS: Street Apt # City State Zip
HOW LONG?: Years Months
PHONE: Home Work

BLONDIE by Chic Young. I MUST HAVE A RAISE! NOT A CHANCE! BUT... BUT WHAT CAN I TELL BLONDIE? TELL BLONDIE IF SHE WERE WORKING FOR ME, I'D BE GLAD TO GIVE HER ONE.

BEETLE BAILEY by Mort Walker. MORE POPCORN? (SIGH) IT'S JUST NOT THE SAME SINCE THE DRIVE-IN CLOSED.

THE BORN LOSER by Art Sansom. REMEMBER WHAT IT WAS LIKE WATCHING TV BACK IN THE '60S AND '70S? THE THING WE HATED THE MOST WAS WHEN THE SHOW WAS A RERUN! HOW COME WE NOW WATCH CABLE STATIONS DEVOTED TO SHOWING THOSE SAME RERUNS?

PEANUTS by Charles M. Schulz. SEE, MARCIE? HERE ARE THE NAMES OF EVERYONE WHO'S UP FOR 'OUTSTANDING STUDENT OF THE YEAR'... THERE'S MY NAME, SEE? I COUNTED THEM, SIR... YOU'RE FOUR HUNDRETH ON THE LIST... FOUR HUNDRETH AND MOVING UP FAST!

EEK & MEEK by Howie Schneider. I HAD A DATE WITH A ROCKET SCIENTIST LAST NIGHT. REALLY... WHERE DID HE TAKE YOU? ACTUALLY, ANYWHERE... BUT YOU DIDN'T HAVE TO BE ONE TO SEE WHERE HE WANTED TO GO.

TUMBLEWEEDS by T.K. Ryan. SHERIFF! DEPUTY! SOMEWHERE IN THIS ROOM IS A SCORPION! I SAW IT! NOT TO WORRY, JUDGE! IT WON'T GET AWAY! GOT 6 HOURS OF DAYLIGHT LEFT!

ARLO AND JANIS by Jimmy Johnson. HOW WOULD YOU LIKE YOUR CORN? RARE! REALLY JUICY, YOU KNOW? LIKE I JUST RIPPED THAT BABY OFF THE STALK WITH MY BARE HANDS! BARBECUING ISN'T WHAT IT USED TO BE.

FRANK AND ERNEST by Bob Thaves. HI, FRANK! HOW IS LIFE TREATING YOU? IT ISN'T. I'M PAYING FOR EVERYTHING.

GARFIELD by Jim Davis. A NEW GOLDFISH! WAIT! I'M NOT JUST ANY FISH. I'M A MAGIC FISH. YEAH, RIGHT. REALLY! I CAN GRANT YOUR FONDEST WISH. OKAY, I WISH FOR SOME TARTAR SAUCE. HE'S NOT BUYING IT.

ROBOTMAN* by Jim Meddick. DON'T LOOK NOW, BUT THERE'S A BIRD REALLY CLOSE TO YOU ON THE FENCE. HIGH-HEE... GOTCHA, O' FRIEND... THAT'S NOT A REAL BIRD... IT'S A MOCK MOCKINGBIRD 3000! BETTER THAN A REAL BIRD, IT PLUGS INTO A STANDARD OUTDOOR SOCKET... NO FEEDING... NO MESS'N ON THE CAR HOOD. JUST PRESS "RANDOM CHIRP" AND ENJOY! TO BE BRUTALLY HONEST, I FIND THE ARTIFICIALITY JUST A TAD DEPRESSING. IF YOU WANT, I CAN SET IT ON "BLUES MODE" FOR YOU...

Monitor the use of thyroid drug

DEAR DR. GOTT: I have a health problem with which I need your help. In 1994, I began experiencing weakness, loss of appetite, puffy eyes, and lassitude. Several doctors failed to diagnose my affliction until, in 1995, I was diagnosed with an underactive thyroid gland by a specialist in Toronto, on the basis of a blood test. She prescribed relatively large doses of thyroid supplement, which cured my symptoms. However, in early 1996, I began having headaches, weight loss and nervousness. My family doctor believed that I was reacting unfavorably to stress and prescribed counseling and physical therapy. He ordered many X-ray examinations, all of which were normal. At present, I am still experiencing the same symptoms, despite the fact that I continue to take thyroid supplements 10.3 milligrams of Synthroid every day. What is going on?



PETER GOTT, M.D. Enlargement of a salivary gland often reflects a low-grade inflammation and use lemon juice several times a day. This worked. The swelling disappeared. However, he said that if it reappears, he'll have to perform surgery. Is this necessary? DEAR READER: Not in my opinion.

tion or a stone in the gland, which can be treated by increasing the intake of fluids and using a substance, such as lemon juice, to stimulate the secretion of saliva, thereby "washing out" the gland. Inasmuch as this simple and inexpensive remedy was effective, you can assume that the swelling was not caused by something serious, such as a growth. Therefore, if the swelling recurs, I'd use the water/lemon juice routine again. If it works again, fine; you can relax. If the enlargement persists, you'll have to reconsider the specialist's recommendations. To give you more information, I am sending you a copy of my Health Report "An Informed Approach to Surgery."

DEAR READER: I believe that you are over-medicated. Apparently, you were appropriately given Synthroid supplements to correct an underactive thyroid gland that had caused puffiness, weakness and fatigue. However, you may be receiving too much medication, which can be dangerous because it speeds up your metabolism. The amount of medicine has "overshot," causing you to have symptoms of thyroid excess. When prescribing thyroid supplements, physicians must make special efforts to ensure that the maintenance doses are appropriate. Not too little, not too much. This can easily be determined by a blood test called the TSH level. If you have not had such a test, you should. In my practice, I order a TSH on most patients taking thyroid pills about once a year. Based on the results, I make alterations in the dosage of the drug. The amount of Synthroid you are taking (10.3 mg) may have been ideal in 1995, but is probably more than you now need. I suspect that about half that amount would be adequate. Ask your family doctor to order the blood test. I'll bet that it will show that you are over-medicated and that a prompt reduction is in order. To give you more information, I am sending you a copy of my Health Report "Consumer Tips on Medicine." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2017, Murray Hill Station, New York, NY 10154. Be sure to mention the title. DEAR DR. GOTT: An ear-nose-and-throat specialist diagnosed a swollen salivary gland in my upper neck. He suggested that I drink lots of water

- ACROSS: 1 19th-century philosopher, 6 Oboys, 11 Shouted, 12 Guy, 14 Cast (verb) with flour, 16 Erase, 18 Tin Tin (movie dog), 19 Call -- day, 20 Actor Alan --, 22 Jar cover, 23 -- about, 24 TV antenna type, 26 Angry outburst, 28 WWII area, 30 Apt., 31 Ship-shaped clock, 32 Paulo, 33 Put in a container, 36 Picture LL.B.' exam, 39 Author Zane --, 40 Test, 42 Adam's grandson, 44 Uncle, 46 Hawaiian perch, 47 House wing, 48 Cheese morsel, 50 Type of cross, 52 Head over heels, 53 Wash, 54 Small, 55 Neckwear. DOWN: 1 Nine-headed monster, 2 Croquet, 3 British actress Jackson, 4 Old age, 5 Table supports, 6 Weight, 7 Ben's, 8 Jerry's friend, 9 Physician, 10 Vow, 12 Farmer's, 13 Car parts, 18 River island, 21 Advertising, 22 Be against, 25 Virginia willow, 27 Lunch or supper, 29 Secretary, 30 Expansive fur, 34 Tailor's tool, 36 Two weeks, 37 Leading iron, 38 City in Ohio, 39 Understand? (2 wds.), 41 Beria's shifty, 43 Winter precipitation, 45 Roman historian, 46 Smallest particle, 48 voyage, 51 Fem. title.

STUMPED? Call for Answers 9 South Ave. of Peary Place. 962 per month 1-800-664-3528 ext. code 100. Includes crossword puzzle grid and clues.

WIN AT BRIDGE

Making game both ways. By Phillip Alder. Here is another deal from the International Youth Festival, held in 's-Hertogenbosch, Holland, last January. The 22 team event was won by Italy, ahead of the Netherlands B team and Germany. This deal, from the match between Iceland and Finland, features an unusual double game swing. In a team event, each side has two pairs, one playing North-South and the other East-West. The double game swing occurred when the Icelandic North-South pair bid and made game at one table and the Icelandic East-West pair also bid and made game at the other table. At the second table, the first three actions were the same. But then the Icelandic West advanced with two no-

trump, which North passed and which East was happy to raise to game. Because of the bad club break, a spade lead defeats three no-trump. However, the Finnish North started with his two ace-king combinations. This left declarer with the last nine tricks: two spades, one heart, three diamonds and three clubs. When Iceland was North-South, West cautiously passed over both two clubs and three clubs. And when North was willing to double for a second time, South decided to take a shot at four spades. Declarer ruffed the club-queen lead in the dummy, cashed the four red suit winners, and crosseduffed home. (Note that even if the defenders start with two rounds of trumps, four spades makes, as West can be squeezed in the red suits.) Why was the double game swing unusual? Because one of the games was three no-trump. This is very rare.

Bridge score table showing North, West, East, South scores and vulnerable status.

HOROSCOPE

Your Birthday. Saturday, May 24, 1997. A productive, rewarding year ahead could be in the offing for you, provided that you do not attempt to do more than you can comfortably manage. Do less, but do it to the best of your ability. GEMINI (May 21-June 20) Take care that you do not talk about a sensitive matter to the wrong person today. If you do, what you hope to keep secret might be broadcast to your opponent. Trying to patch up a broken romance? The Astro-Graph Matchmaker can help you understand what to do to make the relationship work. Mail \$2.75 to Matchmaker, c/o this newspaper, P.O. Box 1758, Murray Hill Station, New York, NY 10156. CANCER (June 21-July 22) Your old projects shouldn't suffer neglect today

because of your enthusiasm for new ones. You will be more productive if you give equal attention to each. LEO (July 23-Aug. 22) There is a lot more going on for you today than you think. Be expectant, positive and persevering when striving for a major objective. VIRGO (Aug. 23-Sept. 22) Though your path might be cluttered with impediments today, you'll still have the will to succeed as well as the admiration of your peers. LIBRA (Sept. 23-Oct. 23) Speak up today if you hope to recoup what another owes you. The person with whom you have dealings is not apt to make the opening move. SCORPIO (Oct. 24-Nov. 22) The pace of co-workers may not be as speedy as yours today. But let them move at their own rate, as it may be all they can handle at this time. SAGITTARIUS (Nov. 23-Dec. 21) Substantial rewards are within reach today, but they won't be handed to you on a silver platter. Be prepared to expend the effort required.

CAPRICORN (Dec. 22-Jan. 19) An important client might not be receptive today if you attempt to conduct business as a convivial second issue. Remain serious in your presentation. AQUARIUS (Jan. 20-Feb. 18) You will need a feather-light touch when dealing with a leasy domestic matter today. If you come down too hard, you'll only create additional problems. PISCES (Feb. 20-March 20) Do not take life too seriously today. Instead of focusing on the mundane side of things, look for the bright spots that let in the sunshine. ARIES (March 21-April 19) It serves your best interest to be a bit hard-nosed where finances are concerned today. Do not ask for more than you deserve, but do not accept less. TAURUS (April 20-May 20) Do not buckle under if confronted with adverse conditions today. Instead, stiffen your resolve and dig in. Tenacity is the essential element for success.

ANNIE. ...SO I DIDN'T PRECISELY STICK TO THE LETTER OF THE LAW BUT... YOU'VE SEEN HOW RED TALIA DEALS WITH OFFENDERS. WARDUCKS! SHUT UP AND HELP ME TIE UP BAKU INTO DELIVER BAKU INTO THEIR HANDS. THEN WHAT? YOU'LL JUST LEAVE HIM HERE? YES -- FOR SHAG TO FIND, HE'LL STAND TRIAL BY THOSE WHO HATED SHAG TO DELIVER BAKU INTO THEIR HANDS. SOMEONE PAID SHAG TO HUNT BAKU DOWN. TALIA? YES, SHAG IS A MERCENARY AND... AS FAR AS THIS ASSIGN IS CONCERNED -- SO AM I...

ANNIE. YES -- FOR SHAG TO FIND, HE'LL STAND TRIAL BY THOSE WHO HATED SHAG TO DELIVER BAKU INTO THEIR HANDS. SOMEONE PAID SHAG TO HUNT BAKU DOWN. TALIA? YES, SHAG IS A MERCENARY AND... AS FAR AS THIS ASSIGN IS CONCERNED -- SO AM I...