



THE WET SPONGE throw was a popular booth at the Idylwild Elementary School Fun Festival Saturday. Youngster has just pitched a sponge hitting the target right in the eye.

# Social Security Increased

JACKSONVILLE — While the Quarterly Tax Return for Household Employers for the first calendar quarter of 1971 is not due until April 30, the Internal Revenue Service can-

# Sanford's Library Acquires A New Service

The Sanford Public Library has acquired a new service recently: BNA's Environment Reporter. This service from the Bureau of National Affairs, Inc., Washington, D. C., is the weekly notification and reference service that give you comprehensive coverage of current legislative, administrative, and industrial developments in pollution control and environment protection.

# Longest Biography

CHICAGO (AP) — Milton R. Kunitz, whose work in the field of labor relations has brought him many honors in the past, has a new honor—the longest biography in the first edition of "Who's Who in the World."

# Scholarship Program Is Successful

Janice Hames and Denise Clark, both of Sanford, winner of the two graduates of Sanford High School last year to receive full scholarships given by Sanford Beauty College, are nearing the end of their 1500-hour course. They will be taking their state board examination in April and have already been offered a job in an area beauty salon.

# Lake Mary Ecology Discussed

Mrs. Lynn Whiting of Winter Park, well known in the area as a speaker on ecology, will speak at a meeting of the United Presbyterian Women at Lake Mary Presbyterian Church Tuesday, March 23. The business meeting will be at 4 p.m. and the program, which is open to the public, at 8:30 p.m. All Lake Mary residents are invited to join in the study of environmental problems of water, air, and sewage in the Lake Mary area and how they can contribute to their solution.

# Sanford's Library Acquires A New Service

In short, BNA's Environment Reporter is authoritative, comprehensive, and timely and a thorough and dependable notification and reference service, supplying the facts, latest news, and industry and government news in order to arrive at sound and operational decisions.

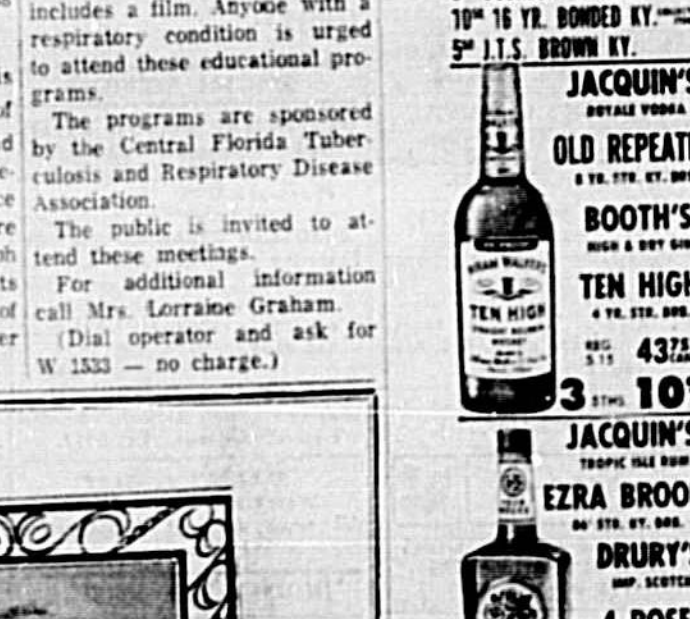
# Respiratory Program Set

The next meeting for persons with respiratory diseases and their families will be held on Wednesday, March 24, at 7:30 p.m., in the Conference Room of the Seminole County Health Department, 800 French Avenue, Sanford.

# Any PHOTOGRAPH ...

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# Any PHOTOGRAPH ...



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# Eye On Cuba

## Castro: Invaders Were Crushed

By THEODORE A. EDIGER  
Copley News Service  
MIAMI—Alpha 66, an activist exile band, launched at least two mini-invasions of Cuba in 1970 to open guerrilla and sabotage campaigns against Premier Fidel Castro's Communist dictatorship.  
On that, Castro and the exiles agree.  
But they disagree on what happened then.  
Castro says the invaders were crushed. Exile leaders insist some survived and are fighting on.  
The Fidel Castro regime is going to considerable lengths to back up its claim. A filmed "documentary" was presented on Cuban television recently "to end once and for all" the talk that the guerrillas are sparking the underground.  
The telecast listed six of the commands as killed in battle, 10 captured and sentenced to the execution wall, five captured and given 20-year terms. It acknowledged eight Castro soldiers were killed and three others wounded.  
Alpha 66 Secretary-General Andres Nazario Sargen said in Miami that "some of our men were captured or killed, but others are waging 'irregular warfare' against Castro in two provinces, and are rallying the underground to the cause." This type of fighting, Nazario explained, involves sabotage, guerrilla and psychological warfare, assassinations. "Anything

# The Sanford Herald

Wednesday, March 24, 1971 — Sanford, Florida 32771  
63rd Year, No. 147 Price 10 Cents

# Home Exemption Hike Advocated

By JANE CASSELBERRY  
State Legislature in its 1971 session will be asked to increase home-stead exemption to \$10,000 for all Florida home owners by the Tax Assessors Association of Florida, reports Seminole County Tax Assessor D. Guy Allen, who attended a meeting of the state association in Tampa.  
In a unanimous action, the group adopted a resolution calling for immediate relief for Florida's overburdened home owners.  
Alarmed over the trend to trailer and apartment living Florida assessors blamed present policies of legislative leadership for more and more pressure on local governing bodies to exact higher ad valorem taxes. This, they believe, is forcing Florida residents out of the conventional home field.  
Assessors point out that in past years the Legislature has gone on record reducing the inventory tax from 100 to 25 per cent. Agriculture enjoys favorable

# Teachers' Legs Shaping Education

By BILL SCOTT  
Should shapely young Seminole County school teachers wear miniskirts that display their feminine form in such a manner that it is disturbing to pupils and male teachers at well?  
Apparently the School Board doesn't think so and at Tuesday night's special session at Lyman High School, it passed a resolution aimed at curbing the short dresses and long neckties that have been prevalent at certain schools.  
Acting on a suggestion from Jean Bryant, the board asked the Seminole Education Association (SEA), since that group represents the teachers, to police itself while in a companion action voted to appoint a committee to study a county-wide dress code for all senior, middle and elementary school students.  
Mrs. Bryant pointed out that each school now has a separate code applicable only to that school and that the county code for all schools is necessary since there is a variance at the individual schools.  
After receiving approval for the student code, Mrs. Bryant moved to seek SEA help in establishing a teacher dress code.  
A mother in the audience said she had visited one school and had observed mini skirts on short young female teachers that "their panties were visible."  
Ray Slaton advised that at some schools the new pants suits are worn but at others they are not allowed.  
John Angel, school superintendent, said a student dress code would be a "nightmare" for principals to enforce and added, "This would be taking away the responsibility of the parents in determining what their offspring should wear."  
However, all members, with the exception of A. P. Bule, who was not present, voted to ask the SEA to police the teachers' dress.  
It is interesting to note that since the beginning of the year, School Board member Pat Bule has attended six out of ten meetings.  
The Sanford Herald has also learned that in the fiscal year beginning July 1, Bule has attended 22 of 24 board meetings.  
According to tabulations, Bule attended one out of three January meetings; three out of three in February; and two out of four thus far in March.  
Bule boycotted a March 8 board meeting explaining in a written communication to other board members that he took the action after he was unable to receive certain information from Supl. John Angel.



WEST FIRST ST. CROSSING IMPROVED  
New paving is being laid at the SCL crossing on West First Street. SCL crews are pictured tearing out the old road bed between the rails. One-lane auto traffic prevails during the repair work.

# Headlines Inside THE HERALD

MIAMI — A Miami Municipal Court judge throws a youth in jail for wearing a commercially-purchased shirt with an American flag pattern. (Page 5A)  
CAPE KENNEDY — Apollo 14 astronauts are confident the nation's space program will recover from massive budget cuts and once again operate at the 1960s pace. (Page 5A)  
TALLAHASSEE — The State Cabinet moves toward requiring continuous review of the environmental impact of all public works projects. (Page 5A)  
WASHINGTON — Congressmen fight to ban closed circuit TV on sporting events. (Page 10A)  
DELAND — SJC Raiders fall to Manatee, 21-7. (Page 9A)  
SAIGON — South Vietnamese headquarters says it is rapidly withdrawing its last 2,000 troops in Laos and the campaign may be over by dusk. (Page 2A)  
WASHINGTON — A new bipartisan effort to get all U.S. troops out of Southeast Asia by the end of the year is in the works and will be announced this week. (Page 2A)  
SAN FRANCISCO — L. Alito says a federal grand jury indictment charging him with conspiring to bribe a Politically Inspired and a Fake. (Page 12B)  
WASHINGTON — A storm of protests and the threat of a congressional inquiry greet the map outlining of the nation's new, limited rail service. (Page 2A)  
HOLLYWOOD — Frank Sinatra, the bobbed hair of the 1940s and show business giant of two later decades, says he is retiring from the entertainment world and public life. (Page 12B)  
WEATHER — Yesterday's high 83 low 62. Partly cloudy through Thursday with slight chance of showers today.  
Afternoon highs around 80, low tonight around 60.  
A major storm still gathering strength dumped cold rain and heavy snow into the central Rockies and adjacent Plains today.  
Heavy snow warnings were issued for the mountains of Wyoming and Colorado and parts of Nebraska where 4 inches of new snow was expected.

# Altamonte Council Hikes Own Salary

By MARION BETHEA  
ALTAMONTE SPRINGS — "I don't think we're worth \$150 a month, and I put in more time than you all." This statement by Councilman Keith Nixon during yesterday's meeting brought an unusual aspect to a discussion upon salary increases for the mayor and council.  
However, Councilman Thomas Radloff countered that "I'm in the selling business and I can make \$150 any night." He continued that he felt the council is worth the increase in that they formerly met twice a month, and are now meeting weekly.  
Another interesting development in the salary discussions was the contention of Councilman Daniel Dorfman that the mayor's proposed salary was excessive in \$200 monthly basic salary with \$30 per diem to a maximum of \$600. Mayor Lawrence Swofford's present salary is \$150 monthly.  
Dorfman said that he is in favor of compensating the mayor for extra hours, but that his basic salary should be the same as that of the council at \$150.  
Councilman Keith Nixon shot back that the mayor should receive twice the compensation of council in that he has more responsibilities in directing meet-

# Water Rates Doused

ALTAMONTE SPRINGS — Feelings were as flammable as the subject under discussion, when the City Council considered the rates for fire protection in Zay's and K-Mart. These two stores, as well as Water Bonnet, have contended that the city's yearly rates are excessive.  
The proposed rates were up to 10,000 square feet, five cents per square foot. Since Zay's, as an example, encompasses 100,000 square feet, the cost for the protection would be \$2,400. Water Bonnet, it was stated, felt that the cost was so prohibitive that the concern subscribed to protection with the City of Casselberry.  
City Clerk Rodney Leyer suggested the following rates, which were subsequently adopted by Council: 10,000 square feet, four cents per foot; 15,000, three cents; 25,000, two cents and 50,000 or over, 1 1/2 cents for a minimum of \$250.  
Mayor Lawrence Swofford told council that he was not interested in negotiations with the stores when "they pit us against Longwood or Casselberry," to which Councilman (Continued on Page 2A, Col. 1)

# Bulletin

The Sanford Herald has learned that a warrant is to be issued today for the arrest of a prime suspect in the rape of the 17-year-old daughter of a prominent Sanford businessman.  
The incident occurred on March 7 in the home of the Sanford resident during which time the armed rapist tied all of the members of the family.  
The masked man entered the house, and raped the daughter in a separate bedroom.  
It is understood that the individual is not a permanent resident of this area, but has been a frequent visitor.

### ABC LIQUOR SALE

SAVE 40%  
ST. LEGER M & E 10 YR. WISER'S 10 YR. RARE OLD MELLOWED HEDGES-BUTLER OLD RARITY MC CORAMCK DEWAR'S GRANT'S & BYRON

ABC VODKA 4.49	ROYAL DELUXE 3.99	LONDON TOWER 3.99	JACQUIN'S 3.99	J. WALKER 3.99	GOLD COACH 3.99
OLD REPEATER 3.99	GLENMORE 3.99	ALMADEN 3.99	ABC 6 YR. KY. 3.99	DEWAR'S 3.99	TOM SIMS 3.99
SEAGRAM 3.99	SAXONY 3.99	HARWOOD 3.99	OLD GOLD 3.99	SEAGRAM'S 3.99	ANCIENT AGE 3.99
QUEEN ANNE 3.99	SILAS HOWE 3.99	ROYAL SEAL 3.99	ROYAL RESERVE 3.99	ROYAL DELUXE 3.99	WALKER DELUXE 3.99
OLD REPEATER 3.99	BLACK & WHITE 3.99	SCHENLEY 3.99	GOLD COACH 3.99	ABC 8 YR. 3.99	GOLD COACH 3.99
BOOTH'S 3.99	TEN HIGH 3.99	CERTIFIED 3.99	CHRIS. BROS. 3.99	VAT 69 GOLD 3.99	WALKER DELUXE 3.99
JACQUIN'S 3.99	WISER'S 10 YR. 3.99	HEDGES-BUTLER 3.99	OLD RARITY 3.99	OLD PARR 3.99	SOUTHERN COMFORT 3.99
EZRA BROOKS 3.99	DRURY'S 3.99	BALLANTINE 3.99	HI-BALL 3.99	HANG PINCH 3.99	OLD STAG 3.99
6 FOR 96¢ GOLD MEDAL PENN. PREMIUM 3.79	6 FOR 96¢ ABC EXTRA LITE BEER OR ALE 3.95	6 FOR 1.09 MUNICH BAVARIAN TYPE 3.90	6 FOR 1.09 BURGER BEER 4.10	6 FOR 1.19 GOEBEL'S BEER 4.40	10.95 TUBORG IMP. DENMARK 7.95

# AROUND THE CLOCK

Look ... do yourself and the men who haul the trash a favor, O.K.  
Piling leaves alongside the curb does NOT mean they'll be picked up. As a matter of fact, the law states that they must be in containers.  
No sense in calling City Hall, either.  
And talking 'bout the "decision makers" ... congratulations to the men who are regarding junk cars.  
Summons are now prepared for all those residing within the city limits ... and Sanford's city councilmen ... if they have any "junkers" on their property, they have 10 days to remove same, or else expect to go to court and face a fine.  
Arrangements have been made to haul these away FREE, simply by calling a certain telephone number.  
No excuses now for not getting rid of these unsightly monsters.  
Dedication ceremonies for the first phase of the permanent campus will be held at Seminole Jr. College on Sunday, April 4 at 2:30 p.m.  
A chance to get to see our pride and joy by taking a guided tour of the brand new facilities.  
Funny ... we get "up tight" about helping those in need ... like the migrants down south, and offer the stamps, etc.  
So what happens?  
Instead of continuing to work, whether it be in the fields or the groves, a contagious infection takes place, wherein nobody wants to work.  
They all would rather stand in the line for free or gimmies ... and in the meantime, the field owners go stark-raving mad cause they can't get help to harvest their crops.

# BULLETIN

By TOM RAUM  
Associated Press Writer  
TALLAHASSEE (AP) — Many cities can give 18-year-olds the vote in municipal elections by simply passing an ordinance, while others can do it by holding a charter referendum, Florida Atty. Gen. Robert Shavin said today.  
Shavin also said blanket 18-year-old voting in city elections could be granted by the Legislature, without the need for a constitutional amendment.

# LAWN MOWERS and GARDEN TOOLS

Turfmaster Riding Lawn Mowers  
• Garden Tools  
• Lawn Mowers  
• Cordless Electric Grass Shears by Duxon  
• Electric Hedge Trimmer by Black & Decker  
Make Us Your Lawn & Garden Headquarters  
**GREGORY LUMBER**  
MASTER CHAIRS BANKAMERICARD  
820 S. Maple Ave. Sanford, Florida 322-0900





# Americans Responding Aussies Seek Teachers

By WILLIAM J. WAUGH  
AP Education Writer  
WASHINGTON (AP)—At the rate of 1,000 inquiries a week, American teachers are inundating Australian educators

## Share Festivities

MOUNTAIN VIEW, Ark. (AP)—Residents of this Ozark Mountains community are proud of their hill tradition and want to share it with others. Not only do they show their hospitality at a yearly fair, but each Friday night residents converge on the county courthouse where a makeshift stage, complete with lighting is in place on the lawn year around. For three hours they pick, sing, and square dance for the pleasure of anyone who assembles.

with responses to an advertising campaign inviting them to leave the United States to "teach in the happy country down under."  
It is the second year that the Australian state of New South Wales has come to America market looking for math and science teachers, the Australian embassy said.  
Last year 300 teachers were hired from the 14,000 persons who inquired, said Bill Robinson, a New South Wales recruitment officer. He said this year's hiring goal is 1,000 teachers.  
"Australia states are responsible for their own education systems, Lionel Mead, Australian immigration attaché, said, and at the present time are unable to supply enough teachers "as more people are going on to secondary school."  
The states of Victoria and Tasmania already have been in America recruiting small numbers of math and science instructors, he said, and the states of South Australia, Queensland and Western Australia "may come in later looking for teachers."  
New South Wales has established an office at the Hotel McAlpin in New York City and is advertising in professional magazines and other media to reach potential teachers in all 50 states and Canada, recruiter Robinson said.  
New South Wales describes salaries as "comparable to other professional salaries." A federal government pamphlet states that a teacher with a bachelor's degree would get \$3,577 the first year and \$3,412 after 10 years under present scales.  
Robinson said his state is primarily looking for young teach-

ers. He said he had been "surprised at the number of American couples applying. They represent about 20 per cent of the total."

### KNIT SHIRTS NEW ARRIVALS!

Short Sleeves  
Latest Colors,  
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### ARMY - NAVY SURPLUS STORE

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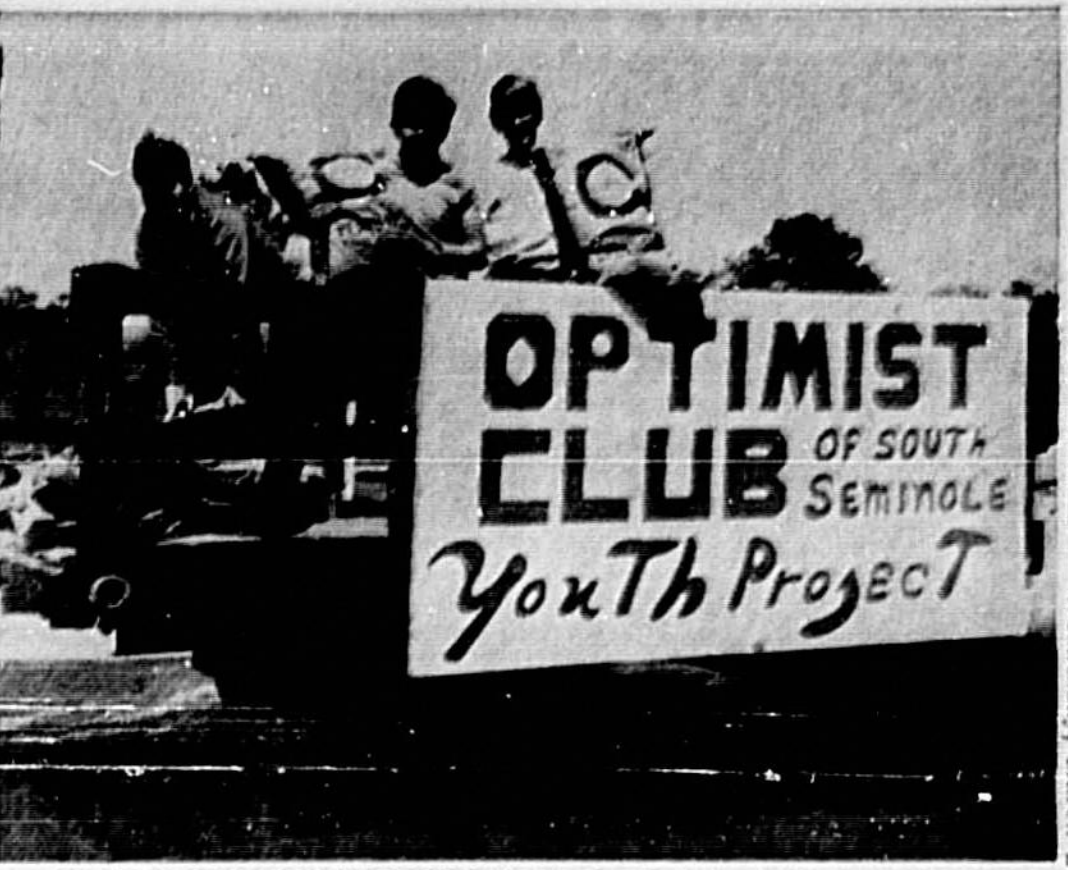
RENT or BUY IT!  
Brand New Electric  
Olivetti-Underwood  
Adding Machine  
RENT for \$10 a month  
and apply toward purchase  
or pay \$9.48 down  
and \$8.71 a month  
for 12 months



SUNBURST NEIGHBORHOOD of Girl Scouts held an International Dinner recently at Community United Methodist Church, Casselberry. Each troop represented a different country in food, costume, and decorations. A program of skits, dances or songs, was presented by each group. Troop 540 under leadership of Mrs. Janice Zickafosse, chose Italy and three members are left to right, Chris Gordon, Debra Weinhart, and Karen Miller. (Marilyn Gordon Photo)

## Take Off Pounds, Relax At Fat Farm

By PAT and MARILYN DAVIS  
Capey News Service  
Have you ever considered taking a vacation at a "fat farm?" It's the punch got you pooped? Well, join the thousands of overweight people in the United States.  
The problem of extra pounds has been an age-old battle. Now, with tight sweaters and belted waistlines, being in shape has become a necessity.  
Even the men, previously immune, must stay thin so that those blue shirts and flared slacks look as good on them as they did on the model.  
Check to see if fat is overtaking you by looking at yourself in a full-length mirror. If the muscle tone is gone or if there are extra pounds the mirror tells the tale.  
Girls are likely to carry weight around the waist, stomach and hips. Boys many times put it on, around the waist and develop a potbelly. Almost any diet book has a height and weight chart. Check to see what you should weigh.  
If those stubborn pounds are there, a diet is in order. Exercise alone will not rid you of extra fat. However, by combining a sensible diet with exercise, both weight and muscle tone will improve.  
Crash diets or starvation will not solve the problem permanently. They may take off pounds quickly, but as the normal diet is resumed, the weight jumps back on.  
A new eating habit must be established in order to lose those extra pounds and keep them off. Eat three balanced meals a day but reduce caloric intake. We all need protein, whole grains, fruit, milk and vegetables daily.



HELP BUY BOY SCOUT TROOP 38 a trailer. Left to right, Scouts Kevin Foster, Randy Kusin, Keith Stone were selling fertilizer at the Barnett Bank of Seminole County. Richard Zim is the scoutmaster. (Marilyn Gordon Photo)

Benefits  
Now Up To  
\$11 Million

The 10 per cent increase in social security benefits now brings the total amount paid to beneficiaries in Seminole County to \$11 million a year, according to Paul Vogenitz, manager of the Social Security Administration.

The benefit enacted by Congress last Tuesday was made retroactive to Jan. 1, and will be first reflected in the checks received June 3. A second check covering the amount added for January through April will reach beneficiaries later in June.

Vogenitz emphasized that social security beneficiaries need not contact their local office because payments will be mailed to recipients automatically.

Vegetable  
Report

Shipping point information for Tuesday, March 23. All sales F.O.B. for stock of generally good quality, unless otherwise stated. Freezing charges extra.

SANFORD - OVIDEO - ZELLWOOD DISTRICT  
Cabbage - Offerings light, demand fair, market about steady. Domestic round type, medium-large size, mostly medium size, 1 3/4 bushel crates 2.00, small size, few \$1.75. 50 lb. mesh sacks, few \$1.75.  
Carrots - Demand exceeds very light supply, market slightly stronger. 4 1/2 lb. film bags, mesh master container, medium-large size \$2.75-4.00. 50-lb. mesh sacks, large size, loose pack, few \$3.00-3.25.

Colery - Offerings light, moderate, demand fair, market steady. Pascal type, 14 inch crates, 2 dozen through 6 dozen sizes and very few 6 dozen size \$2.50.

Lettuce - Big Boston type, offerings light, demand good, market stronger. Crates 24 count, few \$1.40. Big type, offerings light, cartons 24 count \$2.00. Leaf type, offerings light, moderate, demand good, market stronger. 1 1/2 bushel crates \$4.00-4.25.

Parsley - Offerings moderate, demand fair, market steady. Wirehouse crates, bunched 8 dozen, curly type \$2.00.

Radishes - Offerings light, demand slow, market steady. Carton film bags, red type, 20-6 oz. \$1.25. White icicle type, 24-8 oz. \$2.00.

HASTINGS DISTRICT  
Cabbage - Offerings moderate, demand fair, market about steady. Domestic round type, small-medium size, 1 3/4 bushel crates and few 50-lb. mesh sacks \$2.00, few \$1.75. 50-lb. mesh sacks, few \$1.75, fair quality, including small size \$1.25-1.50.

Mike Pfutger  
Local Representative  
Phone 322-8922

Bear Garden  
DUMBARTON, Scotland (AP) - Polar bears, grizzlies and brown bears, elk, timber wolves and moose are to be imported for a bear garden planned for the Loch Lomond area to boost tourism.

# Eckerd Drugs Spring Forecast

LOOK AT THESE VALUES

**REVLOG PROFESSIONAL HAIR SPRAY** (98c VALUE) **46c**

**14 OZ CEPACOL MOUTH WASH** (LIST \$1.29) **59c**

**COLGATE TOOTH PASTE** (LIST \$1.09) 6.75 OZ. FAMILY **62c**

**5 DAY STAY DRY ANTI-PERSPIRANT** ... **53c**

**YARDLEY KADINE COLOGNE MIST** ... **2.39**

**BAYER BOTTLE OF 200 ASPIRIN** ... **1.19**

**FORMULA 44** ... **1.09**

**MEDS • TAMPONS BY MODESS** ... **97c**

**CONTACT LENS CAPSULES** ... **77c**

**MYADEK VITAMIN CAPSULES** ... **3.97**

**VITALIS HAIR TONIC** ... **1.02**

**CLAIROL KINDNESS CUSTOM CARE HAIR SETTER** **1.98**

**Nice n' Easy SHAMPOO** ... **1.64**

**BORN BLONDE TONER** ... **1.89**

**KINDNESS GREAT ACTIVATED CONDITIONER** 5 OZ. **1.59**

**ROD AND REEL SPINCAST OUTFIT** ... **4.99**

**CAST IRON FRY PAN** ... **3.66**

**BAR-B-QUE GRILL** ... **6.99**

**WORK SOCKS** ... **3.94**

**SYLVANIA LIGHT BULBS** ... **2 FOR 44c**

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**FLAVOR HOUSE MIXED NUTS** ... **69c**

**FLEA COLLAR** ... **99c**

**PANASONIC PORTABLE TELEVISION** ... **68.88**

**PROCTOR SILEX STEAM OR DRY IRON** ... **7.88**

**NOXZEMA SKIN CREAM** ... **89c**

**PACQUINS EXTRA DRY FORMULA LOTION** ... **51c**

**20 INCH CUT POWER MOWER** ... **54.88**

**GASOLINE POWER EDGER** ... **64.88**

**2 HP. MOTOR 4 CYCLE GRASS CATCHER** ... **6.88**

**LUSTRE CREME NO MIX CREME RINSE** ... **47c**

**NEW POLLENEX DEEP HEAT BACK MASSAGER** ... **26.88**

**ALL METAL CAR BUTLER** ... **1.38**

**SEED & FERTILIZER SPREADER** ... **21.88**

**50 FT. X 3/8 INCH LAWN HOSE** ... **1.77**

**EVEREADY BATTERY** ... **43c**

**EVEREADY BATTERY** ... **43c**

**EVEREADY BATTERY** ... **43c**

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SEED & FERTILIZER SPREADER ... **21.88**

29.95 LIST

50 FT. X 3/8 INCH LAWN HOSE ... **1.77**

WITH BRASS COUPLINGS. 50 FT. X 3/8 INCH

EVEREADY BATTERY ... **43c**

EVEREADY BATTERY ... **43c**

EVEREADY BATTERY ... **43c**

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COWHIDE FIELDS BASEBALL GLOVE ... **7.44**

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SILVANIA FLASHCUBES ... **89c**

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Seminole Calendar

March 24  
Seminole Parliamentary Club, 7 p.m., Room 512, Seminole Junior College.

West Volusia Stamp Club, 7:30 p.m., Orange City Trailer Park, Highway 17-92.

March 25  
SISTER business meeting, 8 p.m., 120 North Park Avenue.

Seminole Chapter, Florida Audubon Society, 2 p.m., Holy Cross Episcopal parish house.

March 26  
White elephant sale, 3 a.m.-5 p.m., McKinley Hall of First UM Church; hats, baked goods, hamar items, petted plants.

March 26-27  
Lake Mary Women's Club annual carpet sale, old Chamber of Commerce building.

March 27  
District Founders Day dance, 8 p.m., Ft. Richard Lyons Council 327, E of C Hall, Oak Avenue.

Chicken barbecue, 1:30 p.m., George M. Jacobs Post 225, Armstrong Legion, Chuluota.

Circuit benefit of Good Samaritan Home, afternoon and evening shows, Sanford Airport.

Girl Scout Troop 106 Pet Show, 2-4 p.m., St. Andrew's Presbyterian Church, Bear Lake.

March 27-28  
Garage sale sponsored by La Leche League, 2228 King Alphonse's Court, Winter Woods.

March 29  
Seminole Lincoln Day dinner, 8:30 p.m., Civic Center.

March 30  
Seminole Little League meeting, 7:30 p.m., Milven Middle School.

April 2-3  
Grace UM Church rummage sale, 9-5 p.m., Second and Palmetto (old Chevrolet building).

April 3  
Cracker Days, sponsored by All Saints Parish, Camp Swan Point, Lake Howell.

Rummage sale by Cadet Troop 275, Girl Scouts, 8 a.m.-8 p.m., Sup-Vault, Altamonte Springs.

Seminole Little League opening day at ballfield on Sat. 4:30; games start at 10 a.m.; barbecue chicken dinner served starting at 11 a.m.

April 4  
Sanford Tourist and Shuttleboard Club, covered dish supper, 8 p.m., business meeting, 7 p.m.

April 7  
South's Seminole Women's Club "Fashions in Review" 3 p.m., Summit Apartments; reconstruction building, SR 406, Casselberry, refreshments and a play.

Shil A Nickel  
KANSAS CITY (AP) - It's still possible to buy a greeting card for less than the postage. Hallmark's "panicles for thoughts" card, after 30 years and more than 12 million copies, still sells for five cents.



# Strikes And Spares

BY JOHN A. SPOLSKI

Lady Luck was smiling on quite a few bowlers this week. And you would believe that many of 'em this time are NOT those with high averages. Just seems like every time they get the ball near the head pin, POW— all the wood would tumble . . . creating a strike.

Let's use the Thursday evening Jet Swingers League as our first example. Carol Slaughter clipped a 181 and 176, after a "no-neck" first game, to finish with a 482 series.

Teammate Mary Lou Knight was only 12 pins shy of the "charmed circle" and recorded a 186 in the 10th frame. Julie Brewer bowled a 165 and Nertzye Scerriani hit an even 160.

Good shooting, gals.

Then there was the Wednesday afternoon Hi Nooners League . . . Phyllis Varner was up over the 500-plateau, thanks to her 173/507 combination. Others who found the lanes to their liking were Libbi Whitehead 182, Diane Jones 175, Betty Benion 176, Brenda Hart 186, Dorothy Stafford 176, Lyn Chelant 177, Millie Rogers 166, Lenore Price 168, and Lillian Mitchell at 179. A fresh new batch of names for you to meet, eh?

★ ★ ★ ★ ★

### Pivec And Spencer Bomb Away

Dave Pivec was real nice to the Monday evening men's Kegler League and permitted two of its members to be well over the 200 average for the night, a 600 series.

Heaven't had the name of Larry Pivec in the spotlight for quite some time, nor that of D. Spencer, as a matter of fact. . . .

★ ★ ★ ★ ★

### Bowler Of The Week

A pin-point struggle with the man or woman bowler shown on the Saturday evening Bowler of the Week films.

★ ★ ★ ★ ★

### Monday We Do Need Your Help

On Monday evenings, we play a game for youngsters from the Methodist Children's Home of Enterprise.

★ ★ ★ ★ ★

### How Do We Do Your Help

On Monday evenings, we play a game for youngsters from the Methodist Children's Home of Enterprise.

★ ★ ★ ★ ★

### Lessons Are Available

In the event you might be a new bowler to the area, we do offer free bowling lessons each Saturday at 11:30 a.m. They're open to men and women, adults and youngsters . . . with the promise that we'll teach you to keep it on the lanes as well as releasing the ball the right way and the wrong way for releasing the ball the right way.

★ ★ ★ ★ ★

### Public Would View Sports

Associated Press Sports Writer WASHINGTON (AP) — A group of congressmen have their way, sports promoters won't be able to keep a heavy-weight championship fight, like the recent Joe Frazier-Muhammad Ali Bout, off home television screens.

# Congressmen Fighting Closed Circuit TV

By TOM SPERRY

WASHINGTON (AP) — A group of congressmen have their way, sports promoters won't be able to keep a heavy-weight championship fight, like the recent Joe Frazier-Muhammad Ali Bout, off home television screens.



# 'Goldsox' Meet Bethune In Two Weekend Tilts

By HERKY CUSH

Florida Tech's Goldsox head into a busy two week period starting this Friday when they travel to Daytona for a contest with the diamond-grubbers of Bethune-Cookman College.

# Neumann Signed By NBA Pros

By BRUCE LOWITT

Associated Press Sports Writer NEW YORK (AP) — The National Basketball Association is another fine looking prospect on the hill and recently has been seeing action in the out-of-field because of the injuries.

# LA Dodgers Are Loaded With Talent For 1971

By GARY BAKER

VERO BEACH, Fla. (UPI) — For a club that finished 14th games out of first place a year ago, the Los Angeles Dodgers are attracting an awful lot of experts to their hand-picked spring camp.

# Lyman 'Clads Host Meet But Can't Take A Win

By CHUCK GRILE

Herald Sports Staff

Last evening, the Lyman High School track team hosted a four-team meet, including the top three Metro Conference teams.

# Oviedo Little Leaguers Slate Saturday Opener

By HERKY CUSH

Herald Sports Staff

To many youngsters baseball is the national pastime. And to still many other youngsters it takes for granted that they will be able to play in either the minor or major leagues.

# Lyman Golfers Rolling

By CHUCK GRILE

Herald Sports Staff

Yesterday afternoon at Rolling Hills Country Club, the Lyman Golfers rolled in a 4-1 victory over two Metro rivals.



# Hounds Fall To Hornets

By CHUCK GRILE

Herald Sports Staff

The Greyhounds next action on the diamond this Thursday evening at 7:30 in Orlando at McCracken Field against the Crackerfield Hoop.

# Seminole Girl Tankers Take Two Swim Wins

By GREY BOYLES

Herald Sports Staff

The Seminole girls took their ups and downs at "eye ole pool" in a double-dual meet with Trinity Prep and the Seminole girls.

# Oviedo Thinclads Improving

The strength of the Oviedo thinclads lies in their relay teams and in their ability to string together a solid performance.

# Lyman 'Clads Host Meet But Can't Take A Win

By CHUCK GRILE

Herald Sports Staff

Last evening, the Lyman High School track team hosted a four-team meet, including the top three Metro Conference teams.

# Kiwanis 'Old Men' Issue Challenge To SJC Circle K

By CHUCK GRILE

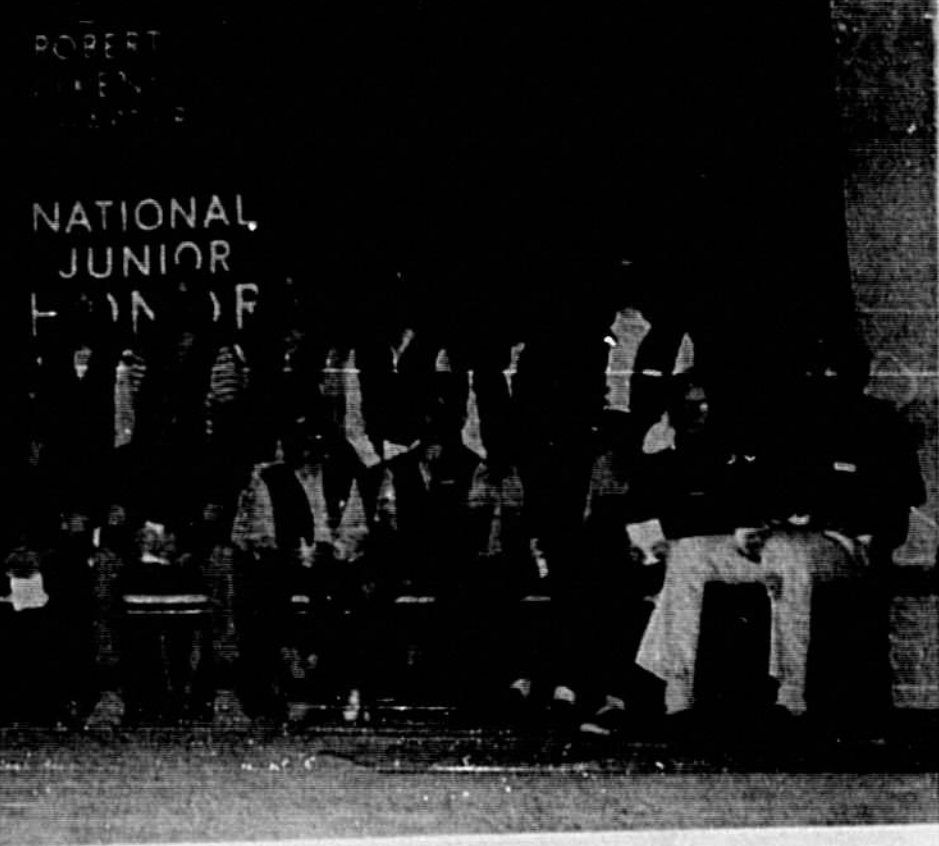
Herald Sports Staff

Floyd Palmer, coach of the Sanford Kiwanis Club has issued a challenge, "The Kiwanis Club claims that Seminole Junior College violated the rules in playing an ineligible player on March 15.

# Legal Notice

NOTICE OF INTENT TO APPLY TO THE CIRCUIT COURT OF THE SEVENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA, FOR PROBATE OF THE WILL OF ANNE C. DYKES.





THE ROBERT LIKENES CHAPTER of the National Honor Society, at Milwee Middle School held their installation for new members Friday, March 12, (front) Karl Paul, David Nelson, Mark Michahora, Robin Ferber, Craig Davis, Jimmy Reagen, Charlie Sapp, Michael Samprel, Scott Russell, Kevin Stoppello; (back) Roxanne Adams, Allison Dalley, Sara Bennett, Linda Easter, April Gore, Kim Hammond, Haiky Olivier, Doni Pomeroy, Denise Prince, Terri Fotha. (Ann Riley Photo)

### Longwood VFW Stages Surprise

## Mr., Mrs. Henry Schmitz Feted

LONGWOOD—A show of appreciation to good neighbors highlighted a surprise dinner party for Mr. and Mrs. Henry Schmitz, sponsored by VFW Post 8227 at their headquarters on the Old Dixie Highway.

## Seminole Hospital Notes

MARCH 23, 1971 ADMISSIONS: Sanford: Blumette V. Keitt, Frances Peterson, Louise Harris.

## Senae Readies Fate Of Supersonic Plane

By H. L. SCHWARTZ III Associated Press Writer WASHINGTON (AP) — Waver and uncommitted senators were the target of a fast-moving White House blitz today as the Senate prepared to decide the fate of the supersonic transport plane.

## GRAND OPENING!

Specialty Automotive Maintenance. March 25th thru April 3rd. Come in and Register for these GRAND PRIZES: 4 Amoco CXV Tires, 8 track Stereo Tape Player, 200 Gallons Amoco Super Premium, 20 Transistor Radios. FREE + FREE BUBBLE GUM • BALLOONS 28-oz. COKE with FILLUP (10 GAL. MIN.)

## You Got Tax Worries? Look At United Air Lines

By DEAN C. MILLER UPI Business Editor NEW YORK (UPI)—Income tax headaches. Think you have them? You might get some comfort from an inside look at what the income tax staff at a company like United Air Lines goes through.

## Calley Jury Prodded

By HARRY F. ROSENTHAL FT. BENNING, Ga. (AP) — Unsure of a defense demand that they be prodded to work harder toward a verdict, U.S. District Judge William L. Calley's murder trial jurors asked for yet another read-back of testimony today.

## Jack Toole Will Head Salvation Army

The Salvation Army will hold its annual advisory board dinner meeting Tuesday at the House of Steak.

## Touching The Sky Sears Tower Will Be Tallest

By ART ARTHUR Copy News Service CHICAGO — Big John is looking up to have something to look up to.

## Aerospace Jobless Engineers Switching To Medics

By ROBERT BETIS Copy News Service SAN DIEGO, Calif.—Top engineers who helped solve problems of putting man in space are now turning their talents to the business of keeping him alive on earth.

## SJC Honor List

- Seminole Junior College has announced the list of honor students for Term I. For a student to be named to the President's List he must receive a grade point average of 3.5 or better.

TG & Y. Prices good while quantities last. Festival Plastic Housewares, Spring Knits Sale, Men's Golden T Underwear, Throw Rugs, Games, Jergens Lotion.



GEORGE HOWARD was presented with gift as token of honor at testimonial dinner in his honor given by VFW 8th District. (Marilyn Gordon Photo)

## VFW Pays Homage To Geo. Howard

By MARILYN GORDON CASSELBERRY — Veterans of Foreign Wars Post 1939A played host to 125 couples from the eighth district Monday night at the post home on Concord Drive.

PUBLIX MARKET. Buy 3 tubes of Crest Family Size Crest at 73¢ each for a total of \$2.19, then get \$2 REFUND by mail from Procter & Gamble. Whole Shopping is a Pleasure.



SAVE 10¢  
FLAVORFUL  
**Crisco Shortening**  
**69¢**

SAVE 10¢  
FLAVORFUL  
**F&P Fruit Cocktail**  
**4 \$1**

SAVE 10¢  
L.A.P. CREAM STYLE  
OR WHOLE KERNEL  
**Golden Corn**  
**6 \$1**

PLAIN OR  
ASSORTED FLAVORS  
**Dairi-Fresh Yogurt**  
**19¢**



## THE BARGAINS ARE BLOOMING!

Pick a Bunch at Publix.

MAXWELL HOUSE  
FRESH ROAST FLAVOR  
**Instant Coffee**  
10 oz. jar  
**\$1.19**  
WITH 4¢ COUPON IN ED

this week's SUPERSEAL special  
**CAKE SAVER**  
79¢  
REGULAR \$2.49 VALUE

DAIRY FRESH  
FLAVORFUL CREAM &  
**Homogenized Milk**  
1 gal.  
**59¢**

SAVE 30¢  
10¢ OFF LABEL  
WITH BORAX  
**Giant Gain**  
giant pkg.  
**59¢**

Large 36-Size  
**Cantaloupes**  
each  
**39¢**

- Domestic Crispy Sugar Wafers ..... 12-oz. pkg. 51¢
- F.N. Crispy Ocean Crisp ..... 14-oz. pkg. 45¢
- SAVE 4¢. Jif Smooth or Crunchy Peanut Butter ..... 18-oz. jar 69¢
- SAVE 10¢. Same Strawberry Preserves ..... 18-oz. jar 49¢
- SAVE 4¢. Pillsbury Pancake Mix ..... 2-lb. pkg. 49¢
- SAVE 4¢. Steiner's Waffle Syrup ..... 24-oz. bot. 59¢
- Pillsbury Hungry Jack Instant Potatoes ..... 3-oz. pkg. 10¢
- Kraft's Regular or Miracle French Dressing ..... 8-oz. bot. 37¢
- SAVE 10¢. Kraft's Garlic, Smoked, or Regular Bar-B-Q Sauce ..... 18-oz. bot. 39¢
- SAVE 10¢. Heinz Rich Thick Tomato Ketchup ..... 32-oz. bot. 49¢
- SAVE 20¢. Swift's Premium Luncheon Meat ..... 12-oz. can 49¢
- SAVE 16¢. Swift's Canned Beef Stew ..... 24-oz. can 59¢
- SAVE 12¢. Swift's Canned Beef Hash ..... 15½-oz. can 39¢
- SAVE 16¢. Swift's Vienna Sausage ..... 4-oz. cans 4 \$1
- Royal Delicious Red Salmon ..... #1 can 99¢
- SAVE 6¢. 3¢-off label. Scott White or Asst. Colors Paper Napkins ..... 2 60-ct. page 25¢
- SAVE 23¢. Scott Decorated or Assorted Viva Towels ..... 3 jumbo rolls \$1
- Bear in 13-oz. Pop-Top Cans Bush Bavarian ..... 6-pk. pkg. 99¢

SAVE 12¢  
LIBBY'S  
DELICIOUS HEALTHFUL  
**Tomato Juice**  
3 46-oz. cans \$1



SAVE 24¢  
FRESH COFFEE  
ALL GRINDS  
**Chase & Sanborn**  
1 lb. can  
**69¢**

- From Our Dairy Dept.
- Breakfast Club Corn Oil 1 lb. 45¢
  - Margarine 3 lbs. \$1
  - English Muffins ..... 14-oz. pkg. 29¢
  - Buttermilk Biscuits ..... 8-oz. pkg. 10¢
  - Shredded Mozzarella ..... 4-oz. pkg. 39¢
  - Sliced American ..... 12-oz. pkg. 69¢
  - Big-Eye Swiss ..... 1-lb. can 49¢
  - Cottage Cheese ..... 1-lb. can 39¢
- SAVE 10¢. Sunswet Healthful Prune Juice ..... 40-oz. bot. 59¢
- SAVE 4¢. F&P Bartlett Pear Halves ..... #2 1/2 can 49¢
- SAVE 22¢. F&P Tender Garden Peas ..... #303 5 cans \$1
- SAVE 14¢. F&P Flavorful Cut Green Beans ..... #303 6 cans \$1
- SAVE 10¢. F&P Perfect Stewed Tomatoes...4 #303 4 cans \$1
- SAVE 8¢. F&P Tasty Canned Tomatoes...4 #303 4 cans \$1
- SAVE 5¢. F&P Meal Maker Sliced Beets ..... #303 6 cans \$1

- All Purpose Controlled Atmosphere
- Stayman Apples 3-lb. bag 39¢
  - U.S. No. 1 Potatoes Red Bliss ..... 10-lb. bag 79¢
  - Snappy Fresh Tender Green Beans ..... lb. 29¢
  - For Extra Zest, Yellow Cooking Onions .. 3-lb. bag 29¢
  - Tropicana Fresh Florida Orange Juice ..... half gal. 59¢

CHEF'S CHOICE  
CRINKLE CUT  
**Frozen Potatoes**  
3 2-lb. pkgs. \$1

FRESH  
BOSTON BUTT  
**Pork Roast**  
per pound  
**49¢**

BETTY CROCKER  
ASSORTED FLAVORS  
**Cake Mixes**  
BUY 2 FOR 90¢ GET 1 FREE

*Fresh Pork Sale!*

- Fresh Pork **Shoulder Picnics** ..... lb. 39¢
- Fresh Tasty **Pork Hocks** ..... lb. 49¢
- Fresh Lean Meaty **Pork Steaks** ..... lb. 59¢

SWIFT'S PREMIUM PROTEN GOV'T.  
INSPECTED HEAVY WESTERN BEEF SALE

**the BEEF that NEEDS LESS COOKING TIME!**

- Swift's Premium Proten **Chuck Steaks** ..... lb. 89¢
- Swift's Premium Boneless **Imperial Roast** .... lb. \$1.09
- Swift's Premium Boneless **English-Cut Roast** .. lb. \$1.19
- Swift's Premium Beef **Short Ribs** ..... lb. 69¢

*From Our Delicatessen Dept.*

- Delicious Sliced **Polish Loaf** ..... half lb. 59¢
- Tasty Sliced **Old Fashion Loaf** ..... half lb. 59¢
- Delicious Sliced **Beef Bologna** ..... half lb. 59¢
- Always A Family Favorite **Bar-B-Q Fryers** ..... per lb. 79¢
- Delicious Fresh Made **Hoagie Sandwich** ..... each for 59¢
- Tasty Kitchen-Fresh **Potato Salad** ..... per lb. 39¢
- Old Fashion Flavor **Baked Beans** ..... per lb. 39¢

*Health & Beauty Aids Specials*

- Great Regular or Mint **Tooth Paste** ..... 6.75 oz. tube 73¢
- Tube Twin-Pack, Shampoo, **Head & Shoulders** . 2 2.7 oz. tubes 99¢
- Lotion Twin-Pack, Shampoo, **Head & Shoulders** . 2 2.8 oz. tubes 99¢

*From Our Frozen Food Dept.*

- Ant Jamina Frozen **Buttermilk Waffles** ..... 2 9-oz. pkgs. 89¢
- Pepperidge Farm Assort. **Blueberry Turnovers** .... 12½-oz. pkg. 49¢
- Cheesecake, Lemon, or Custard Cream **Morton Pies** ..... 3 14-oz. pkgs. \$1
- Pittman's Frozen **Cooked Squash** ..... 13-oz. pkg. 23¢
- With Cream Sauce, Birds Eye **Peas & Potatoes** ..... 8-oz. pkg. 35¢
- Birds Eye Frozen **Broccoli Spears** ..... 3 10-oz. pkgs. \$1
- Bonito's Frozen **Skinless Sole** ..... 1-lb. pkg. 98¢
- Bonito's Frozen **Fish Cake Patties** ..... 8-oz. pkg. 33¢
- Wingstop's Frozen **Cooked Shrimp** ..... 10-oz. pkg. 79¢

SWIFT'S PREMIUM PROTEN BONE-IN  
**Beef Pot Roast**  
per pound  
**79¢**

SWIFT'S PREMIUM PROTEN GOVERNMENT INSPECTED HEAVY WESTERN BEEF SALE  
**Steak Sale**  
per pound  
**\$1.29**

Swift's Premium Boneless Canned **Hostess Hams** ..... 4 lb. can \$4.99  
(Plus 100 Extra S&H Green Stamps with coupon)

Rath's Tasty Boneless **Society Hams** ..... per lb. \$1.39  
(Plus 200 Extra S&H Green Stamps with coupon)

Armour's Star MiraCure **Sliced Bacon** ..... 1 lb. pkg. 59¢

Regular or Dinner Style Premium **Swift's Franks** ..... 1 lb. pkg. 69¢

Swift's Premium Assorted Styles Sausage **Brown 'N Serve** ..... 8-oz. pkg. 65¢

Swift's Premium Assorted Sliced **Cold Cuts** ..... 8-oz. pkg. 45¢  
(Bologna, Olive & Pimento, Pickle & Pimento)

Swift's Premium Braunschweiger or **Sandwich Spread** ..... 8-oz. tub 45¢

Regular or All-Beef Style **Oscar Mayer Wieners** .. 1 lb. pkg. 79¢

Capeland's Lean Sliced **Cooked Ham** ..... 12-oz. pkg. \$1.39

Seafood Treat, Pasteurized **Claw Crab Meat** ..... per lb. \$1.99

Seafood Treat, Poiled & Dressed **Cocktail Shrimp** ..... per lb. \$1.09

Seafood Treat, Frozen Fillets of **Spanish Mackerel** ..... per lb. 69¢

ASSORTED FROZEN  
**Banquet Entrees**  
5 \$1  
8-oz. pkg.  
Includes Beef, Turkey, Pork, Macaroni & Cheese, Spaghetti & Meat Sauce

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SANFORD PLAZA Hwy. 17-92 and Onora Rd. Sanford  
HOURS: MON., TUE., WED., SAT. 8:10 - 7:00  
THURS., FRI., 8:10-9:00  
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SEMINOLE PLAZA Casselberry  
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Where Shopping is a Pleasure

any flavor Slender. Reg. 69¢  
Now only **35¢**  
Good at Public Markets thru March 31 only. Limit one coupon per family. Cash value 1/20¢

Betty Crocker  
**LAYER CAKE MIX**  
3 for 90¢  
2 for 90¢

Betty Crocker  
**READY-TO-SERVE PUDDING**  
4 for \$1  
4 for \$1.40

INSTANT MAXWELL HOUSE COFFEE  
WITH COUPON \$1.19  
WITHOUT COUPON \$1.43

EXTRA GreenStamps  
Janitor-In-A-Drum Cleaner  
64-oz. size  
5

EXTRA GreenStamps  
Rath's Tasty Boneless Society Hams  
2

EXTRA GreenStamps  
Swift's Premium Boneless Canned Hostess Hams  
4-Lb. Can  
1

EXTRA GreenStamps  
Spray & Wash  
8 oz. can  
3

EXTRA GreenStamps  
Decaf Instant Coffee  
4 oz. jar  
4

EXTRA GreenStamps  
Sta-Flo Laundry Sizing  
20 oz. can  
6

EXTRA GreenStamps  
Lawry's Seasoned Salt  
7 oz. bot.  
7

### Spiced Coffee Jelly

When a woman is really determined to save money on food, no detail is too small for her attention.

It isn't just the food you buy that offers opportunities for food saving. It's the food you don't have to buy because you have clever use of the food that you already had at home made it go farther in tastier and more nutritious ways.

Leftovers can be a gal's best friend to help balance the food budget. The delicious coffee you make for breakfast can be planned ahead into an elegant dessert. Spiced Coffee Jelly, glamorous climax to a budget dinner.

The secret ingredient for making this low-cost dessert is unflavored gelatin. If you've never used this product before, you need to know that it is plain gelatin that comes in tidy envelopes, scientifically pre-measured to get the pint (2 cups) of liquid. Because this gelatin is unflavored, it lets you get creative with fresh flavors such as fruit juices, vegetable juices, coffee and other liquids.

Fresh-flavored gelatines that you make yourself in moments can save you so much money. They can hold ingredients of your own choice in a firm gel for salads, desserts, main dish gelled soups, and other interesting booklets on food saving with many recipes is available free. It's called "Auntie Inflation Says: You Can Save on Food." Send for your copy to Auntie Inflation, Box K-4, Johnstown, New York 12083.

**SPICED COFFEE JELLY**  
2 envelopes unflavored gelatin  
3/4 cups cold strong coffee, divided  
2 sticks cinnamon  
4 whole cloves  
2/3 cup sugar  
1/4 teaspoon salt

Soften gelatin in 1/4 cup cold coffee in small cup. In saucepan combine remaining 3/4 cups coffee, stick cinnamon and whole cloves. Bring to a boil; reduce heat and simmer 5 minutes. Remove cinnamon and cloves. Add softened gelatin and stir until dissolved. Stir in sugar and salt. Pour into 4-cup mold; chill until firm. Unmold and serve with whipped topping. (YIELD: 8 servings.)

NOTE: If desired, instant coffee may be used. Use 3/4 cups cold water and 4 tablespoons regular instant coffee powder.

**DIET DINNER**  
Broiled Fish Broccoli  
Molded Cranberry Salad  
Cheese with Melba Toast

**MOLDED CRANBERRY SALAD**  
Designed to please calorie counters.  
2 envelopes unflavored gelatin  
3/4 cups low-calorie cranberry juice cocktail  
1 cup shredded green cabbage  
2 carrots, pared and grated  
1/4 cup finely diced celery  
1/4 cup well-drained crushed pineapple

Soften gelatin in 1 cup of the cranberry juice; stir over low heat until gelatin is dissolved. Stir in remaining cranberry juice; chill until slightly thickened. Fold in remaining ingredients. Turn into a 1 1/2-quart mold; chill until firm. Unmold. Serve with salad greens. Makes 6 servings—43 calories per portion.

**THE BRIDE COOKS DINNER**  
Lamb Chops Zucchini Pancakes  
Salad Bowl Bread Tray  
Lemon Snow with Custard Sauce

**ZUCCHINI PANCAKES**  
From foreign cuisine comes a great way to treat this vegetable.  
2 medium zucchini (1/2 pound)  
1 large egg  
2 tablespoons flour  
1/4 teaspoon salt  
Butter

Scrub zucchini with a vegetable brush in cold water; do not pare; cut away a thin slice from each end and discard. Coarsely grate zucchini—there should be 2 cups slightly packed down. In a medium mixing bowl beat egg until thickened and lemon color; add zucchini, flour and salt; mix well. In a large skillet fry tablespoons of the mixture, well apart and turning once, in hot butter—use 1 tablespoon butter for each batch. Keep first pancakes warm in a low oven while frying rest. Makes 12 small pancakes.

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**Coffee** ..... 3 59¢  
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FISHERS ALL OR NAB  
**BEER** .... 6 79¢

MAYONNAISE  
**KRAFT 39¢**

DEPT SOUTH  
MAYONNAISE ... 29¢

ALL VEGETABLE SHORTENING  
**CRISCO**

LAND O' SUNSHINE BUTTER

SAVE 30¢  
**3 59¢**

1-LB. PKG. (2 TRS.)  
**69¢**

Shortening 3 39¢

SUPERBRAND OR. "A" FRESH FLA. ALL WHITE  
**LARGE EGGS**

DEL MONTE TOMATO JUICE

2 DOZ.  
**89¢**

46-OZ. CANS  
**4 1\$**

18 INCH DELICIOUS Easter Basket EACH \$1.99

DEL MONTE Catsup ..... 38¢

- MULLERS ELBOW  
**Macaroni** 2 25¢  
DORIE BAKING PRESTIGE  
**Bread** ..... 2 59¢  
DORIE BAKING BROWN N' SERVE TWIN & FLAKY  
**Rolls** ..... 2 59¢  
DORIE BAKING APPLE  
**Strudel** ..... 59¢

- BRACH MED. PAN TASTER  
**Candy** ..... 10 39¢  
BRACH JELLY BIRD  
**Eggs** ..... 2 69¢  
BOITZ SOLID  
**Choc. Eggs** 1-LB. 79¢  
BOITZ FOLDED M.  
**Choc. Eggs** 3 39¢

- S. B. PROCELCO  
**Easter Eggs** 9 99¢  
FIELD & SHOW  
**Dog Food** 25 1\$99  
BET-PAK HOUSEHOLD  
**Bags** ..... 15-CT. 67¢  
PROTEIN 21  
**Shampoo** .. 7 98¢

- THIRTY MAID LUNCHEON  
**Meat** ..... 3 1\$00  
7% OFF... REGULAR  
**Dial Soap** .. 3-BAR 39¢  
WYSON ALL VEGETABLE  
**Salad Oil** .. 48-OZ. 98¢  
TOTY'S SANDWICH  
**Bags** ..... 80-CT. 18¢

THRIFTY MAID SLICED & HALVES  
**PEACHES**

INSTANT COFFEE

29-OZ. CAN  
**4 1\$**

6-OZ. JAR  
**88¢**

LIQUID DETERGENT  
**AJAX**

FRESH HOMOGENIZED GUSTAFSON'S MILK

32-OZ. BTL.  
**69¢**

HALF GALLON  
**59¢ 1\$09**

PLASTIC GALLON

- SOFT-WAVE (1000 SHEETS)  
**Tissue** .... 3 88¢  
DEEP SOUTH STRAWBERRY  
**Preserves** .. 2-LB. 69¢  
DEEP SOUTH FRESH KOSHER  
**Dills** ..... 48-OZ. 59¢  
THRIFTY MAID CUT SWEET  
**Potatoes** .. 4 1\$00

- DEPT FRENCH OR MIRACLE SALAD  
**Dressing** . 3 88¢  
CRACKIN' GOOD BIG 68  
**Cookies** ... 36-OZ. 39¢  
ARROW SPRAY  
**Starch** .... 3 1\$00  
NIBLET'S WHE  
**Corn** ..... 4 1\$00

- DEL MONTE  
**Asparagus** . 10 57¢  
NESTLES CHOCOLATE  
**Morsels** ... 72-OZ. 59¢  
FRENCH'S FOOD  
**Color Kits** .. 1/2-PKG. 45¢  
CHEF BOY-AR-DEE MUSHROOM, MEATLESS, S.M.T. STOCK, or MARIAGE SPAGHETTI  
**Sauce** ..... 16-OZ. 49¢

- BOG CANN (16-oz. 4oz)  
**Syrup** ..... 34-OZ. 77¢  
VERMOREL 1000 ISLAND, DOL. FRENCH & ITALIAN  
**Dressing** ... 48-OZ. 43¢  
AMAZONIA DRIVE  
**Napkins** ... 30-CT. 25¢  
CLAMATO  
**Juice** ..... 9-OZ. 49¢

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# SAVINGS WINN-DIXIE

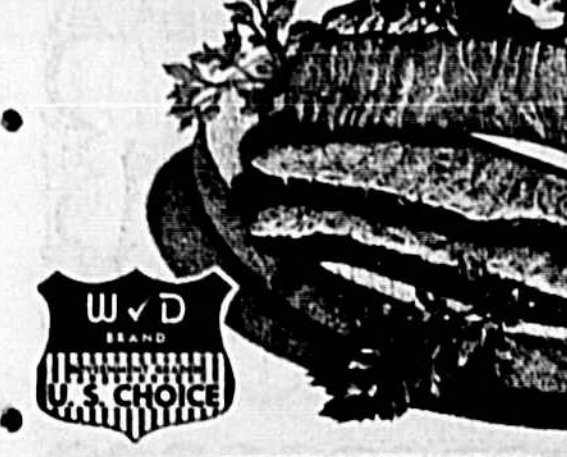
SAVE WITH WINN-DIXIE THE BEEF PEOPLE

Plus This Fantastic Bonus..

100 EXTRA TOP VALUE STAMPS WITH THIS COUPON

PRICES GOOD THURS., MAR. 25 - SUN., MAR. 28

W-D BRAND - ALWAYS NATURALLY AGED... U.S. CHOICE BEEF NO ARTIFICIAL TENDERIZING PROCESS NEEDED



W-D BRAND U.S. CHOICE CHUCK  
**ROAST 57¢**

W-D BRAND U.S. CHOICE BEEF  
**SHLDR. ROAST 57¢**

SAVE 22¢

U.S. CHOICE BEEF  
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3 LB. CAN  
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**Hams** ..... 89¢  
FRESH TENDER SLICED  
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**Sausage** ... 49¢

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**DINNERS**

POLY BAG FRENCH FRIED POTATOES

CHICKEN  
SALISBURY  
TURKEY

SAVE 33¢  
**3 1\$**

11-OZ. FOR

5 LB. BAG  
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IMPERIAL SOFT  
**Margarine** .. 49¢

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SAVE 30¢  
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**Cabbage** 2 29¢

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**Potatoes** 10 69¢  
U.S. No. 1 FELLOW  
**Onions** ... 5 39¢  
ALL PURPOSE  
**Apples** ... 5 59¢  
THRIFTY MAID ORANGE  
**Drink** ... 3 1\$00

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### Odds, Ends From Food Notebook

By FRANNE LESHER  
EPT Food Editor

NEW YORK (UPI)—Odds and ends from a food reporter's notebook—some of them very odd indeed.

Such as a prize release from the usually staid Bureau of Commercial Fisheries, U.S. Department of the Interior, that describes the flounder as the flying saucer of the sea.

Tradition still puts this and other fish and seafood on family menus during Lent, despite relaxation of the church law requiring abstinence from meat during the 40 days that precede Easter.

So, more of the saucer-like flounder and how to buy and cook them and other fish, fresh or frozen.

Remind people, says the editor, that all flounder are not equal, but all sales belong to the flounder family.

True, said the bureau, running through a list of 10 million a nearly poetic name. Starry flounder, for instance, are Pacific Ocean relatives of the rex, petrale, English, Dover, sand and rock soles.

Their Atlantic and Gulf coasters yield winter, summer and starry flounders and a variety of soles.

All are flatfish, what the bureau also calls "the clowns of the sea." An appropriate name for creatures so bizarre in appearance. Born upright with normally placed eyes, as they mature they undergo a process that's a funny version of Mr. Hyde's transformation into Mr. Hyde.

Their skulls begin to twist, their mouths to distort into a permanently crooked, pained expression and one eye joins the other on one side of the head. All of which could account for the popularity of headless filets, rather than whole fresh flounder.

The bureau added that flounder resemble flying saucers as they ripple and glide through the water.

With a squirt of water from the under-side gill, (a flounder) jet-propels itself off the bottom (of the sea) in hot pursuit (of its prey).

Most weigh from 1/2 to 3 pounds but summer flounder, also known as fluke, can run as high as 13 pounds each. All are highly prized by sport and commercial fishermen for the firm, delicate, white flesh that makes good eating, whole or filleted.

To recognize a truly fresh whole flounder or other fish, look it right in the eye, said the experts. A fish-eyed look, or pop-eyes, bespeaks quality. The orbs of fresh fish also are bright and clear. Those of stale fish are cloudy and often turn pink and sink in toward the head.

Odor, or rather, the absence of it, is another clue to quality in fresh or frozen fish. A disagreeable strong odor signals old fish. Top quality ones have firm, elastic flesh that doesn't separate from the bone, gills that are red and free from slime and skin that is shiny, with color un faded.

As any fisherman will tell you, most fish when caught have an iridescent appearance that fades with time.

Another tidbit: now that the long-time British favorite of fish and chips is sold even in U.S. supermarkets and restaurants, it's hard to believe that the ancient Britons ate no fish at all. Seems that they, like many other pagan peoples, thought all fish were sacred. Some even worshipped fish as gods.

The current vogue for astrology perpetuates the custom with Pisces, a sign of the zodiac in the form of two fish.

Here's one quick, easy and thoughtful way to cook fish filets, fresh or frozen. If frozen, thaw and skin.

Cut 2 pounds of filets into serving-size portions and dip each piece in French dressing, using total of 1/2 cup. Roll filets in 1/4 cups of crushed cheese crackers and place on a well-oiled 12-by-12-inch cookie sheet. Drizzle with total of 2 tablespoons of melted fat or oil and sprinkle with paprika. Bake in preheated 300-degree oven 10-12 minutes, or until fish flakes easily when tested with fork. Serves 4.

THE SANFORD HERALD - Wednesday, March 24, 1971

# Pineapple Ham For Easter

By CECILY BROWNSTONE, Associated Press Food Editor

Every section of the United States has certain strong culinary notions. In the south, cornbread is preferred unseasoned and hominy grits are a normal part of breakfast. In New England, a tomato ever sees a bowl of clam chowder. On the West Coast, salad served as the first course on a dinner menu is commonplace.

But when it comes to Easter dinner, it's safe to say that cooks in every part of the country are likely to nominate baked ham as their choice for the main dish. And chances are the ham will be garnished with pineapple.

To introduce a different note to the ham and pineapple combination, we have a new recipe that isn't complicated or hard to do. The trick is to add a strictly modern product—lace or chili seasoning mix—in give tang to a pineapple topping for the meat. When we served this ham at our house, our guests were intrigued with the pineapple topping and although they tried to guess how it was flavored, no one succeeded in identifying the seasoning mix.

**PINEAPPLE HAM**

1 fully cooked bone-in ham, 5 to 8 pound; butt or shank end. Whole cloves. 1-2rd cup firmly packed light brown sugar. 1 1/2 tablespoons taco or chili seasoning mix. Iron a 1 1/2-ounce envelope.

1 can (1 1/2 ounces) crushed pineapple, undrained.

Place ham on a rack in a shallow roasting pan. Bake in a 325-degree oven for 1 1/2 to 2 hours—140 degrees on a meat thermometer. Remove from oven; remove ham on rack from pan. Reset oven temperature control to 375 degrees. Pour off drippings from pan. Wash and dry pan. Line with foil.

Trim any rind from ham. With a large sharp knife, score fat by marking it into diamond shapes; make sure that cutting lines are as shallow as possible. Insert a clove in each diamond. Return ham, without rack, to foil-lined pan.

In a small mixing bowl stir together the brown sugar and seasoning mix, mashing smooth any sugar lumps; stir to undrained pineapple. Spoon mixture over ham.

Return ham to the 375-degree oven and bake 20 to 25 minutes longer. Serve the pineapple mixture in the bottom of the pan as a sauce for the ham.

**SNACK LUNCHE**  
Fondue Teasers

**FONDUE TEASERS**

This dish makes life easy for the hostess.

1 package (7 ounces) frozen fried eggplant sticks

1 package (6 ounces) frozen pizza rolls

1 quart peanut oil

1 cup catchup

1 tablespoon grated onion

1/4 teaspoon basil

1/4 teaspoon garlic powder

These frozen foods at room temperature; dry if necessary. Pour oil into electric fondue pot; preheat 15 minutes. Meanwhile mix together the catchup, onion, oregano, basil and garlic powder to make a sauce. Eaters spear pieces of thawed food with fondue forks, immerse in hot oil and fry until golden brown. They use catchup sauce as a dip. Makes 8 to 10 servings.

**Assorted Sandwiches**  
Carrot Rings Plus  
Ice Cream with Chocolate Sauce

**CARROT RINGS PLUS**

This nibble is low in calories.

1 large carrot

Watercress sprigs

Parse carrot; cut away thin slices from stem end and discard. Starting at stem end, cut rounds from carrot so they are about 1/4-inch thick and as wide as possible. (Slim root end of carrot will be left over.) With a tiny star-shaped cannie cutter, cut out center of wide carrot slices to make rings. (Save carrot "stars" for a garnish for another dish.) Pull a watercress sprig with a thick stem, or several sprigs with light stems, through each carrot ring. Cut off enough of the watercress stems to make cross look attractive. Cover and chill until serving time.

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ARMOUR'S PURE SHORTENING "VEGETOLE"

3-LB. CAN **48¢**

LIMIT: ONE PLEASE WITH OTHER PURCHASES OF \$7.50 OR MORE EXCLUDING CIGARETTES

**BONUS BUY!**

"FLO-CANE" FINE-GRANULATED SUGAR

5-LB. BAG **38¢**

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"MAXWELL HOUSE" ALL GRINDS COFFEE

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**BONUS BUY!**

"OLD MILWAUKEE" BEER

SIX-PAKI 12-OZ. CANS **89¢**

**BONUS BUY!**

"EVER-FRESH" POTATO CHIPS

9-OZ. TWIN-PAKI **38¢**

**BONUS BUY!**

"SHOW-BOAT" PORK & BEANS

NO 303 CAN **10¢**

**BONUS BUY!**

WHEAT CEREAL "WHEATIES"

WITH COUPON! 8 OZ. PKG. **21¢**

**BONUS BUY**

"SLENDA SUE" ASS'D FLAVORS ICE MILK

GAL **48¢**

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"BANQUET" OR "MORTON" ASS'D DINNERS

11 OZ EACH **39¢**

**BONUS BUY**

"BALLARD" OVEN-READY BISCUITS

8 OZ. CAN **8¢**

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24 OZ. BTL **49¢**

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QUART JAR **39¢**

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## LOW!.. LOW!.. "ROCK-BOTTOM"

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FRESH! FLA. GRADE "A" FRYERS

WHOLE **28¢**

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SHARFINE BONELESS CANNED HAM 3-LB. CAN **\$2.99**

**BONUS BUY!**

More! More! BONUS MEAT BUYS

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**"DELICIOUS"**

CAKE DONUTS **59** DOZ

RYE BREAD **39¢** LOAF

"TASTY" COVERED WAGONS **2/25¢**

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**BONUS MEAT BUY**

SUNNYLAND "BRIGHT & EARLY" SLICED BACON

LB. PKG. **49¢**

**BONUS MEAT BUYS**

FRESH! FLA. GRADE "A" FRYER QUARTERS

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5 LBS. PER PKG. **\$1.95**

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CHICKEN **69¢** LB

SPARE RIBS **98¢** LB

HOMEMADE STYLE POTATO SALAD **59¢**

BEAN SANDWICH **59¢** EACH

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- MUSTARD "FRENCH'S" 6 OZ. JAR **13¢**
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- BLACK PEPPER "McCORMICK'S" 4 OZ. CAN **51¢**
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- BRIDGE MIX "BRIDGES" CHOCOLATES 16 OZ. PKG. **66¢**
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- PET FOODS**
- DOG FOOD "WILD TRIAL" 25 LB. BAG **\$2.77**
  - KIDNEY CAT FOOD "FRISKIES" TALL CAN **17¢**
  - MACARONI & SPAGHETTI
  - MACARONI DINNERS "KRAFT" "LA CHOY" CHOW MEIN 7 1/2 OZ. PKG. **21¢**
  - NOODLES NO. 303 CAN **20¢**
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- SLICED PINEAPPLE NO. 2 CAN **22¢**
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  - FRUIT PIES "WISCONSIN" ASS'D 26 OZ. EACH **57¢**
  - GARDEN PEAS "BRIDLEY" 10 OZ. PKG. **19¢**
  - POT PIES "BANQUET" 8 OZ. PKG. **18¢**
  - "COOL WHIP" "TOWERS" 9 OZ. CUP **59¢**
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**"LAZY AGED" BEEF**

**CHUCK ROAST 57¢**

**BONUS MEAT BUYS**

- "BONELESS" CHUCK ROAST... **87¢**
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- "HEEL" ROUND ROAST... **87¢**
- SHOULDER STEAK (ROUND-ROCK)... **87¢**
- RIB STEAK... **87¢**
- "BONELESS" SWISS STEAK... **87¢**
- "BONELESS" CHUCK STEAK... **87¢**

**BONUS BUY!**

FAMOUS! "LAZY-AGED" BEEF STEAKS

- SIRLOIN
- CLUB
- "FULL-CUT"
- ROUND

**97¢**

**BONUS BUY**

"PERSONNA" TUNGSTEN STEEL DOUBLE-EDGED BLADES

PKG. OF **5 69¢**

**BONUS BUY**

"PERSONNA" TUNGSTEN STEEL INJECTOR BLADES

PKG. OF **7 89¢**

- CANNED MEAT**
- CORNEB BEEF "LA RUTA" 12 OZ. CAN **59¢**
- PICKLES & OLIVES**
- SALAD OLIVES "TOWERS" 10 OZ. BTL. **38¢**
  - SWEET MIXED PICKLES "WICK'S" 12 OZ. JAR **58¢**
- HOUSEHOLD SUPPLIES**
- SPRAY DISINFECTANT "TOLSON" 14 OZ. CAN **13¢**
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  - "INTENSIVE CARE" VASELINE LOTION 10 OZ. BTL. **98¢**
- HEALTH & BEAUTY AIDS**
- "BAND-AID" PLASTIC STRIPS LARGE CAN **66¢**
  - LOTION SHAMPOO "HEAD 'N' SHOULDERS" TWIN-PAK 8 OZ. BTL. **\$1.29**
  - MILK OF MAGNESIA TABLETS 8 OZ. BTL. OF 75 **79¢**
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**"YOUNG" TENDER BEEF LIVER 49¢**

**FRESH! "100% PURE" FAMILY-PAK GROUND BEEF 53¢**

**BONUS BUY**

ALL-MEAT STEW... **79¢**

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  - "HAWAIIAN PUNCH" 46 OZ. CAN **37¢**
- CANNED VEGETABLES**
- SWEET POTATOES "WANGLING" NO. 2 1/2 CAN **23¢**
  - CUT GREEN BEANS "FOOD KING" NO. 303 CAN **15¢**
  - TOMATOES "HUGO" 18 OZ. CAN **15¢**
- CORN** NO. 303 CAN **17¢**

**FARM-FRESH PRODUCE**

"FRESH 'N' TENDER"

**POLE BEANS 29¢**

NEW CROFT AND BLAIR POTATOES 5 LB. (Cello Bag) **47¢**

"FANCY" WINEAPPLE APPLES 3 LB. (Cello Bag) **38¢**

GOLDEN RIPE BANANAS 1 LB. **9¢**

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"NORTHERN" TOILET TISSUE

PKG. OF 4 ROLLS **39¢**

**BONUS BUY**

"NORTHERN" ASS'D COLORS TOWELS

JUMBO ROLL **29¢**

# Veal Wings Favorite In Europe

By AILEEN CLAIRE, NEA Food Editor

Veal is a European favorite and often leads requests for lamb, beef or pork. It has not been as popular in the U.S., primarily because of its high cost. Also American veal until recent years was not up to the quality of the delicate European variety. It is relatively unfamiliar in many parts of the country. In fact, when questioned some people identified veal as a specific animal, like a pig or a sheep. "Phemie de veal foal!" is from a milkmaid story set between 5 and 13 weeks old — a reason for its delicacy. Cook veal well-done — braised, pan fried or roasted — and eat it hot or cold. Avoid "baby veal" as a possible health hazard since this is from animals killed when only a few days old.

- VEAL WINGS**
- 2 lb. boneless veal, thinly sliced
  - 4 shallots
  - 1 small white onion
  - 4 strips of bacon
  - Few sprigs parsley, minced
  - 2 slices soft white bread, crumbed
  - 2 eggs
  - 1/4 tsp. marjoram
  - 1/4 tsp. leaf thyme
  - 2 1/2 tsp. flour
  - 1/4 tsp. butter
  - 1/2 lb. mushrooms, sliced
  - 1 cup chicken broth
  - 1/4 cup good sherry or additional chicken broth

Flatten veal slices, then cut into pieces about 3 inches x 4 inches (the size of the palm of your hand). Use shears to trim these pieces into shapely ovals. Put the meat trimmings, shallots, onion and bacon through the meat grinder using fine blade. Combine with parsley, bread crumbs, eggs and seasonings, mix well. Taste, and add salt and pepper to taste. Place a spoonful of stuffing on each veal "wing", fold in half and press firmly together around edges; sprinkle with flour. Have the butter melted in a large heavy skillet with cover. Add veal "wings", fold in half and a few pieces at a time, saute until golden on both sides. If the meat is handled gently (use a fork or spoon), the stuffing will remain in place. Spread sliced mushrooms over veal, add liquid. Cover and cook over moderately low heat about 35 minutes. Makes 4-5 servings.

(Use pot ingredients in blender with eggs and grated in a pastelike consistency. Blend in remaining stuffing ingredients.)

### BUFFET SUPPER

- Chicken and Rice Casserole
  - Green Peas
  - Sliced Beef
  - Mixed Fruit Compote
  - Cookies
- CHICKEN AND RICE CASSE-ROLE**
- Turkey may be used instead of the chicken.
- 1 1/2 cup margarine
  - 1/2 cup finely chopped onion
  - 1/4 cup finely grated carrot
  - 1/4 cup finely sliced celery
  - 2 tablespoons minced parsley
  - 1 1/2 cup frozen peas
  - 1/4 teaspoon salt
  - 1/4 teaspoon white pepper
  - 1 teaspoon dry mustard
  - 1 can (about 14 ounces) chicken broth
  - 1/2 cup heavy cream
  - 3 cups sliced cooked chicken
  - 1 1/2 cups cooked rice
  - 1/4 cup fine dry bread crumbs
  - 1/4 cup chopped blanched almonds
  - 1 tablespoon margarine, softened
- In a 3-quart saucepan over moderately low heat melt the 1/2-cup margarine, add onion, carrot, celery and parsley. Cook, stirring several times, until vegetables are tender—about 5 minutes. Remove from heat; add in flour, salt, pepper and mustard. Gradually stir in chicken broth and cream, keeping smooth. Cook over medium-high heat, stirring constantly, until mixture comes to a boil. Stir in chicken and rice; turn into an ungreased 1 1/2-quart casserole. With a fork mix together until crumbly the crumbs, almonds and 1 tablespoon softened margarine; sprinkle over top of casserole. Bake in a preheated 350-degree oven until edges are bubbly and topping is browned—about 35 minutes. Makes 5 servings.

# Tangy Cake Salutes Easter Season

By AILEEN CLAIRE  
NEA Food Editor

What better way to celebrate Easter and the coming of spring than with a Strawberry-Lemon Cake.

Here is a sponge cake, light and fluffy, with fresh strawberries and strawberry frosting and strawberry garnish. This is one cake the cook will have to hide or nothing will be left when it is time to serve dessert.

Since a pancake mix is the

basis, this is a good dessert for a young girl to whip up to surprise her current date, and friends at a graduation party. Teens will enjoy the play of flavors in the sweetened strawberries and lemon frosting tans.

**STRAWBERRY-LEMON CAKE**

**Sponge Cake:**  
4 eggs  
1 cup sugar  
1 teaspoon vanilla  
1/4 cups pancake mix

1/4 cup milk  
**Filling and Topping:**  
1/2 cup sugar  
1 1/2 tablespoons cornstarch  
2 cups sliced fresh strawberries

**Lemon Frosting:**  
2 1/2 tablespoons butter or margarine  
3/4 teaspoon grated lemon peel  
1 1/2 cups sifted confectioners' sugar  
1 tablespoon milk  
1 tablespoon lemon juice

Sliced fresh strawberries for garnish.

For sponge cake, beat oven to 325 degrees. Grease bottoms of two 8-inch round cake pans; line with waxed paper; grease again and flour. Beat eggs until thick and lemon-colored. Gradually add sugar, beating well after each addition. Stir in vanilla. Add pancake mix alternately with milk, beginning and ending with pancake mix. Divide batter evenly between prepared

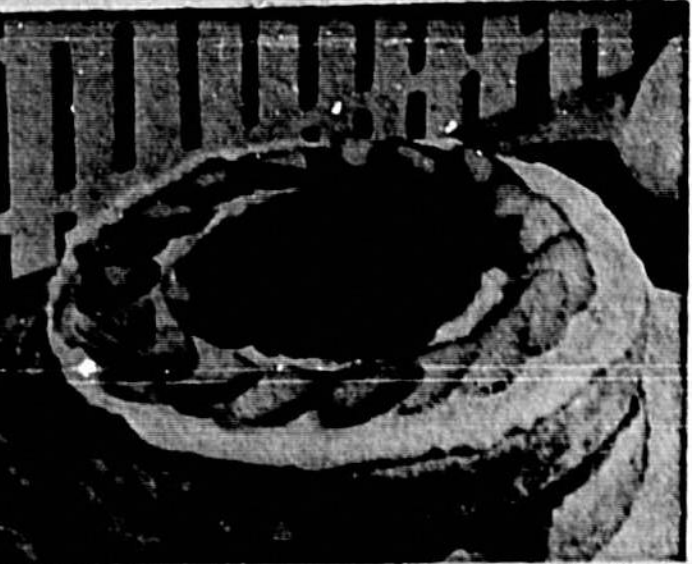
pans. Bake in preheated 324 degrees seven to 40 minutes. Remove from pans; peel off waxed paper and cool.

For filling and topping, combine sugar and cornstarch in small saucepan. Add 1 cup strawberries. Cook, stirring constantly until thickened. Remove from heat; cool 15 minutes. Reserve 2 tablespoons of mixture for garnish.

For lemon frosting, beat together butter and lemon peel until light. Beat in sugar and milk. Blend in lemon juice.

To assemble, place one cake layer on serving plate; arrange remaining strawberries on it. Top with cooked strawberry mixture, then second cake layer. Frost top with lemon frosting. Garnish with sliced strawberries and reserved filling. Makes one 8-inch layer cake.

Always store herbs and spices away from heat and sunlight.



STRAWBERRY-lemon cake delicious for Easter.

# McCully Cook Book Guide For The Amateur Chef

By THE BASCOMES  
Copley News Service

Once in a while a new cook book comes to our attention that we believe merits special notice for kitchen companionship. A recent find is "Cooking With Helen McCully Beside You," published by Random House.

Helen McCully is a distinguished food expert, known for years to many as food editor to McCully's magazine. Currently, as food editor of House Beautiful, she writes a monthly column, "Nobody Ever Tells

You These Things," which, in our opinion, is one of the most spritely written and useful columns published.

The unique experience of working hand in hand with Helen McCully is made possible by the unusual format of her book. Right beside each recipe, in the margin next to the "method chocolate," you don't know how to melt, or the duck broth that you don't know how to reduce, are easy to follow cooking hints that the beginner as well as the experienced cook will find extremely helpful.

She guides you from the time you leave the market until the food reaches your table. If you should decide that you want chicken for dinner because it's on sale, just turn to the poultry section and select a menu such as: fresh mushroom soup, chicken breast sauteed in butter, green beans, risotto, angel pepper and coffee.

First, there is a complete cooking schedule, so that you know, before you begin, how much time you will need, what can be prepared the night before, and how best to organize

your time. Then comes a list of the equipment and ingredients needed, and step by simple steps, the easy to follow instructions for each course.

Her recipe for angel paper, a Brazilian delicacy that is unusually interesting and extremely good, provides a good chance to illustrate the "McCully technique." We have inserted her marginal instructions at the appropriate points in the recipe.

**ANGEL PAPER EQUIPMENT:** Six custard cups; waxed paper; measuring cups and spoon; rotary or electric beater; cookie or baking sheet; heavy eight-inch sautepan; bulb baster or large metal spoon.

**INGREDIENTS:** Butter; 6 egg yolks; 1 1/2 cups sugar; 3 or 4 whole cloves.

Preheat the oven to 315 degrees for 15 minutes before baking the yolks.

Butter six custard cups well. Beat the egg yolks vigorously with a rotary or electric beater until very thick and creamy. Divide evenly among the cups. Place cups on a cookie sheet

and bake in the preheated oven for 10 minutes.

(To Butter — crumple up a bit of waxed paper, scoop up a bit of butter and coat the bottom and sides of each cup generously.)

Meanwhile, combine the sugar and one cup of water and the cloves in a sautepan. Stir until the sugar is dissolved and the mixture comes to a boil. Reduce the heat to simmer and cook for two or three minutes.

(To Simmer — cook liquid just below boiling — 185 degrees — so that it just shivers.)

Turn the cooked yolks into the bubbling syrup, bring the heat up to moderate and cook two minutes, basting constantly with the syrup, using either a bulb baster or large metal spoon. Refrigerate over night.

(To Bake — spray, spoon, or brush a thin layer of butter over the food while it cooks.)

To serve, place one of the little "crowns" in each serving dish with a spoonful of the syrup.

In addition to the regular index for the menus and the individual recipes, there is also a separate notes index which covers everything from Blanching almonds to the denaturing of foods containing wine.

**Teaching Time**

NEW YORK (AP) — Cooking is a great teacher, but Blotava Watch Co. researchers report teaching time is a different matter. According to a recent survey, children are usually 8 or 9 years old before they can fully comprehend the length of a month.

Prices in this Ad are effective Through Sunday, March 28, 1971 at your SANFORD A-MART  
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EVERYDAY LOWER-THAN-LOW DISCOUNT PRICES!	YOU SAVE	EVERYDAY LOWER-THAN-LOW DISCOUNT PRICES!	YOU SAVE
CRISCO 3-LB. CAN Shortening 75c	18c	XK GIANT BOX TIDE 75c	10c
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A&P BRAND FROZEN 6-OZ. CAN Orange Juice 10c	3c	PACKER LABEL 20-LB. BAG Charcoal 88c	11c
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A&P EVAPORATED MILK 13c	2c	SCOTT BRAND TOILET 10 CT. ROLL TISSUE 16c	3c



Sponsored By Allen AME Church

# Spring Fashion Show Slated Sunday

A benefit pre-Easter and spring fashion show sponsored by Allen Chapel AME Church will be held at the Sanford Civic Center Sunday at 3:30 p.m.

The latest in styles and fashions for the Easter parade and spring season will be modeled by local persons and members of Allen Chapel Church.

Clothing used for this affair will be on loan from several stores in the Sanford area and Seminole Plaza.

If you want to be in the know and be dressed properly for this time of the year, then you don't want to miss this fashion showing.

Tickets are now on sale and may be purchased from the office of the pastor, Rev. J. Edward Connor, 1213 West 12th St., Sanford, Fla.

A special musical program will be presented with WOKED die jockey Marvin C. Zanders presiding as master of ceremony.

Zion Hope Missionary Church of Sanford is sponsoring a trip to Hong Singing Tower and the Black Hills. Panning Play on Sunday.

There is no better way to begin the Easter season than by attending this true to life resurrection of Christ.

Reservations for this trip will be accepted on or before Friday. Seats are still available.

Anyone desiring to travel with this group is asked to contact Anthony Bryant, 322-4538; Will or D. C. McCoy, 322-4602; and Dallas Brown, 322-1377.

The bus will depart from St. James at 9 a. m. on the morning of the 28th. Rev. William Burke is pastor.

New Salem Missionary Baptist Church will observe its seventh anniversary Sunday at 2:30 p. m. The church is located on West 12th Street.

A special musical program will be presented with WOKED die jockey Marvin C. Zanders presiding as master of ceremony.

Zion Hope Missionary Church of Sanford is sponsoring a trip to Hong Singing Tower and the Black Hills. Panning Play on Sunday.

Special has been selected as chorus guest along with the Kings of Joy, Sanford Male Chorus and many other talented gospel singing choirs, quartets and choral groups.

The public is cordially invited to attend. Rev. O. W. Williams is pastor.

To the pastors, officers and members of the churches of Seminole and adjoining counties.

The Good Samaritan Home is celebrating its 25th anniversary at 3 p. m. Sunday at West Sanford. Free Will Dinner at 5:30 p. m. The church is located on West 12th Street.

Many friends to this Anniversary Chorus sincerely yours, Mother Ruby Wilson, president.

A reception for Rev. and Mrs. William L. Hamilton celebrating their 50th anniversary was held at Mt. Sinai Missionary Baptist Church, 1213 West 12th St., Sunday, March 21, 1971.

school system.

One last request was to have the School Song sung to them by two of the composers, Mrs. Sharon Higgins and Mrs. DeLores Williams.

Coordinators for the program were Mrs. Vicki Smith, chairman; Mrs. Rose Futrell, Mrs. Clara Hudson, Mrs. Shirley Williams, Mrs. Benice Muller, Mrs. Martha Noll, Mrs. Julie Carter and Carmen Gager.

The members of Les Bon Amies Club invite you to attend their candle light service program 8 p. m. Sunday at St. James Missionary Baptist Church, 920 Cypress Avenue. Rev. R. T. Williams is pastor.

A spiritual program is planned for you, after the evening services. Please honor us with your presence.

The retirement banquet was held in the Midway cafeteria on March 17.

A dinner consisting of fried chicken, potato salad, string beans, buttered corn, hot rolls, cake, coffee and tea was prepared and served by members of the luncheon staff to more than one-hundred guests.

Carmen Gager served as toastmaster and Rev. J. Edward Connor led the devotional.

Clem Reger, interim principal of Midway Elementary and coordinator of math for Seminole County, was speaker of the evening.

Raymond L. Gaines and members of the Community Church gave two selections, "He" and "I Believe."

After expressions and presentations by members of the School Board, the Midway staff and PTA, the Hamiltons bade their well wishers farewell and to all for such a wonderful evening.



NEWLYWEDS... Rev. and Mrs. Leroy Hendrix

## Sinatra Retires From 'Show Biz'

PALM SPRINGS, Calif. (UPI)—Frank Sinatra, an often stormy and controversial performer during his more than 30-year career, announced Tuesday he is retiring from show business to write and teach.

Sinatra, 55, said he hoped to spend more time with his family, his close friends and perhaps "writing a little bit."

He said he had no plans for future motion pictures, television or recording activities.

"I'm retiring from public life," Sinatra told his family Tuesday in a letter, copies of which were sent to several friends. He also said he would enjoy doing some teaching.

The decision, the millionaire singer said, was final. He also excluded further participation in politics.

Sinatra would not comment further on his "retirement" but a spokesman for the singer said his decision to quit show business was sincere.

He has suggested and threatened retirement in recent years and he is sincere," said his press agent. "He hopes to teach and write and is in the process of putting a book together, sort of bordering on an autobiography."

The spokesman said he probably would not fulfill a commitment for a motion picture for Warner Bros. but that he would perform in his last scheduled public appearance, the Motion Picture Relief Fund benefit at the Los Angeles Music Center June 13, before the grand jury and said they cooperated with the federal panel in every respect.

Altoia, informed of the arrangement, after his plane landed in San Francisco, told newsmen and 100 cheering supporters that the grand jury investigation was a "star chamber proceeding."

"The only thing missing was Madame LaFarge and her needles," said the mayor. "If I can be indicted for sharing fees in a legal case, then every Republican senator who has taken a referral fee should be indicted."

Both Altoia 33, and O'Connell 22, have insisted the arrangement was perfectly legal. Both voluntarily appeared before the grand jury and said they cooperated with the federal panel in every respect.

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MR. AND MRS. WILLIAM L. HAMILTON as they were commended by School Supt. John Amiel upon retiring as principal and teacher at the Midway Elementary School for many years.

Seattle, Wash. (UPI)—Mayor Joseph L. Alioto of San Francisco and three former Washington State officials were indicted Tuesday by a federal grand jury on charges of bribery, mail fraud and conspiracy in an alleged \$2.3 million fee-splitting arrangement.

Alioto, who was flying back to San Francisco from a meeting at the White House when the indictment was issued, said it was a "74-card

lake," that he would plead innocent and expected to be vindicated by the state.

U.S. Attorney Stan Pittkin said the defendants will be arraigned on the nine-count indictment either Thursday or Friday.

The grand jury also indicted John J. O'Connell, former Washington Attorney General; George K. Faier, O'Connell's former assistant; and John G. McCutcheon, former prosecutor in Pierce County, Wash.

The charges grew out of Alioto's sharing with O'Connell and Faier more than \$200,000 of \$2.3 million in legal fees received in an anti-trust suit brought for 15 Washington cities and public utilities districts. The incident occurred before Alioto was elected mayor in 1967. He is a Democrat.

The government said the indictments were not connected with charges by Los Angeles that Alioto had connections with organized crime. Alioto has a \$12.5 million libel suit pending against Losk.

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Looking forward to rubbing elbows with the Demo brass at tonight's testimonial dinner for Senator Gutter, starts at 7 p. m. at the Park Plaza... especially want to bring "His Honor—Carl Langford" up to date about that thriving metropolis to the north of the City Beautiful... Scintillating Sanford!

Pat on the back time for County Commissioner Sid Vahlen. He was the only one who represented his county... and there were supposed to be seven counties at yesterday's meeting in Orlando pertaining to roads.

It was a State Senate Subcommittee along with the East Florida Planning Council who were to discuss the proposed road program for the next unexpired years... and then they don't show.

But, I'll betcha they're the first in line griping about the lack of co-operation on the part of others, like the state, etc.

That big turbo-prop job caused landed at Sanford's airport yesterday around noon, caused many eyes to look skyward... and then inquiringly towards those six well-dressed men who alighted from the aircraft.

Put your minds at rest... they were from Stromberg-Carlson.

(M'mmm, wonder what they were doing in town, eh?)

Didjaknow? Despite the fact that it lacks a gnomon-the column or pin whose shadow points to the hour—there is a sundial in Munich, Germany with a mysterious shadow pointing to the hour of 2:30.

The city's historian reported in 1944 that the shadow was an ACCURATE PREDICTOR of the death-hour of German's current ruler.

Adolph Hitler died exactly at 2:30, April 30, 1945.

An SOS come! from Mrs. David Stevens of the Osceola Recreation Committee for volunteers to lend a hand on Saturday afternoons starting at 1 p. m. in getting Secret Lake Park shipshape for the big community Fun Day planned for May 15. Facilities are being expanded and more and more residents of all ages are enjoying the park.

Did you know that you can run a 3 Line, 5 day ad for only \$4.68. Time's awastin'... Start gathering your sale items NOW!! Then call one of our courteous Ad-visors for full details on placing your ad.

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**The Sanford Herald**  
Thursday, March 25, 1971 — Sanford, Florida 32711  
63rd Year, No. 148 Price 10 Cents

## Tourist Lure Need Cited For County

The result of a Wednesday afternoon meeting involving Sanford and Seminole County officials and Greater Sanford Chamber of Commerce representatives with Jerry Barnett, area representative with the U.S. Economics Development Administration (EDA) will be to apply for technical assistance for a study to determine what route Sanford and Seminole County should take toward developing a tourist attraction.

This followed a one-hour session with Greg Drummond, county commission chairman; Julian Stenstrom, Sanford Commissioner; W. E. Knoles, Sanford city manager; Michael Porter, John Y. Meier, and John Krider, all Chamber officials, and Nils M. Schweizer, Winter Park architect.

Today, Krider explained that the gist of the meeting as far as the county is concerned is the need to have the county re-certified to be eligible for loans and grants.

Technical assistance is needed, Krider said, "to apply for a study to find out what we have to do to take advantage of traffic to Disney World."

The Chamber manager explained further that 12 million persons are expected to throng Walt Disney World in 100,000 cars. "Of this amount some 60 to 65 per cent will be passing through Sanford and Seminole County," Krider added. He said it is important that a tourist attraction be set up to take advantage of some of this traffic.

Porter, chairman of Chamber's tourist committee, asked Barnett if money could be available to help in the problems at the Sanford marina, if the city takes over the lease and the EDA official indicated it could, but stressed a feasibility study would be needed to determine if funding could be available for a convention center.

**AROUND THE CLOCK**  
By JOHN A. SPOLSKI

Just got a quick glance at Kathy Niblack's youth column... appearing in tomorrow's Entertainment Guide—and what a quote at the end of the column.

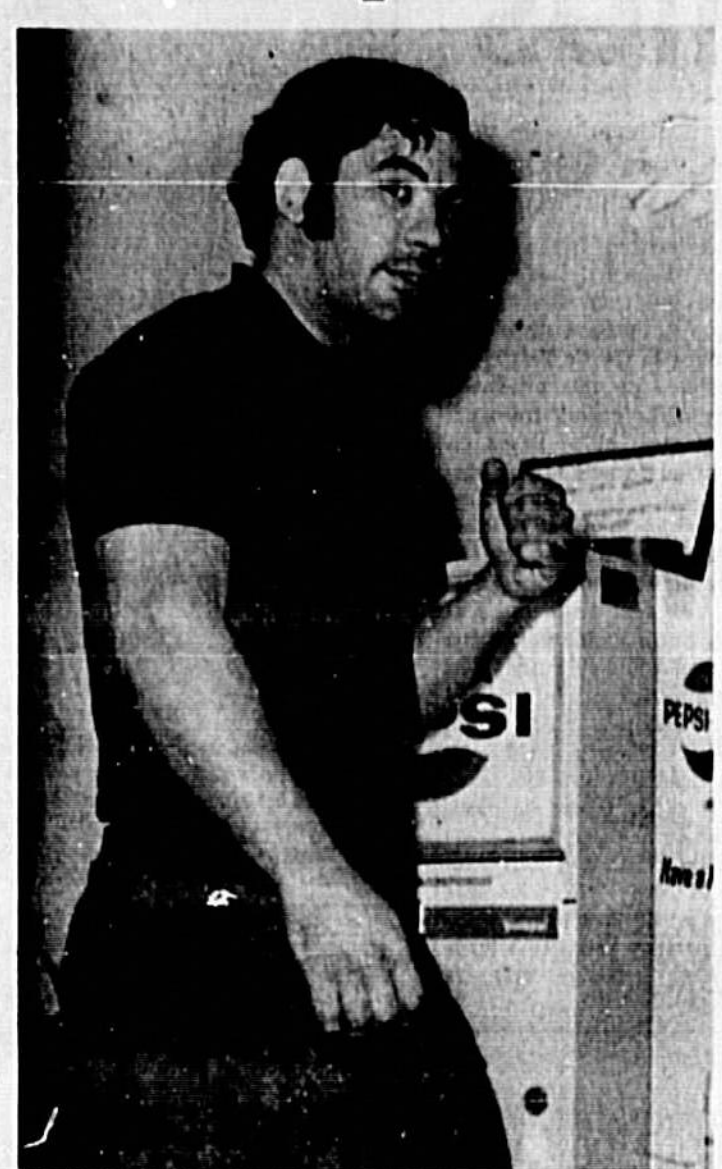
Naturally... pertains to the youth, and older men. Read it... it's excellent.

## Headlines Inside THE HERALD

- DELAND — Seminole Junior College Raiders upset Amherst, (Page 10A)
- OVIEDO — Seminole High baseball team is shocked by surprising Lions, (Page 10A)
- OPA-LOCKA — A second day of racial violence ends with six arrests after roving bands of young blacks loot five stores and hurl stones at passing white motorists in suburban Opa-Locka, (Page 6A)
- SAN FRANCISCO — Mayor Joseph Alioto says he will demand an immediate trial on federal bribery and fraud charges, which he labels "shoddy, filthy" and politically-motivated, (Page 2A)
- WASHINGTON — A head-on battle appears to be developing between two House panels over a 1950 law allowing herding alleged subversives into federal detention camps during national emergencies, (Page 12A)
- WASHINGTON — The head of the federal anti-poverty agency promises Congress government help for the poor won't slacken when some existing war on poverty units merge with the proposed Action Corps, (Page 12A)
- SAIGON, Indochina — Saigon's losses in Laos were nearly double what has been admitted, highly placed military sources say, (Page 2A)
- WEATHER — Yesterday's high 77 low 50, Partly cloudy and warm through Friday.
- Afternoon highs around 80 today and low 80s Friday. Low tonight 56 to 64.
- Extended outlook — scattered showers Saturday and turning cooler Saturday and Sunday with low temperatures in the upper 40s.

Area deaths... 3A Entertainment... 6B  
Calendar... 2A Horoscopes... 6B  
Calenda... 2A Horoscopes... 6B  
Comics... 7B Pass It On... 6A  
Comics... 6B-6B Public notices... 6A  
Crossword puzzle... 6B Sports... 6A-9A  
Dr. Crane... 5B Sports... 10A-11A  
Dear Abby... 5B TV... 6B  
Editorial comment... 4A Vegetable market... 6A

# Identified By Victim Suspect Held In Rape



Accused of raping a 17-year-old Sanford high school girl is Joseph Camille, 26-year-old former New Bedford, Mass., man who was charged Wednesday by Sanford police after the victim spotted him in a car and called police. Camille has been removed to the Seminole County jail where he is being held without bond. (Staff Photo)

## Elections Office To New Quarters

The office of the supervisor of elections will be moved on Friday to a three-room suite in the Masonic Building directly across the street from the courthouse.

The move has been approved by the Seminole County Commission with an authorized expenditure of \$2,700 for a 12-month lease.

The offices currently occupied by Mrs. Camilla Bruce, elections supervisor, will be utilized by Clerk Circuit Court Arthur Beckwith.

Mrs. Bruce has stated that the move was planned to initiate better service to the public by both offices, and it is hoped that any resultant confusion will be minimal.

## Focus On Results Instead Of 'Tape'

WASHINGTON (UPI)—President Nixon sent Congress today a bold, massive federal reorganization plan. He said it would let the government focus its work on results for the people instead of red tape for bureaucrats.

The plan, as Nixon had outlined earlier in the year, would abolish seven of the 12 existing federal departments and redistribute their work among four new super departments. Only the State, Defense and Treasury departments would not be affected.

"When government is organized by goals, then we can fairly expect that it will pay more attention to results and less attention to procedures," the President said. "Then the success of government will be at last clearly linked to the things that happen in society rather than the things that happen in government."

## Cop Wins On The Draw Fastest Gun In (West) Orlando

ORLANDO, Fla. (AP)—A security guard was suspended Wednesday after he ordered a fiber banquet and won a prize last week.

Merchant police said Hubbard was on patrol Tuesday night with a police dog and his 38 caliber revolver when he spotted the shadowy figures in the classroom.

"I said come out," Hubbard said. "It was quite natural. What else could I do? They looked like real people."

Capt. Chuck Wilkinson of the Merchant police said Hubbard was a suspended Wednesday pending an investigation by Orlando Police and his own agency, privately contracted by the Orange County School Board to protect the county-owned property.

"He told the guy (a dummy) to move out and he didn't. So Hubbard shot him," Wilkinson said. "This is unfortunate and unfortunate because he's a new man and has had a rough time."

James' Principal Wilbur Gary said of the incident, "It could have been tragic instead of humorous if the real people."

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By BILL SCOTT

A stocky 205 pound Merriam man originally from New Bedford, Mass., is being held in Seminole County jail after being charged Wednesday afternoon with the rape of a 17-year-old Sanford girl.

This morning Joseph Michael Camille, 26-year-old unemployed laborer and frequent visitor to Sanford, was brought before County Judge Wallace Hall and advised of his rights and the charges against him.

Since Camille is negotiating with private counsel and has no attorney yet to represent him, the man will be returned to Judge Hall's office Monday to determine if he has hired a lawyer. No bond had been set on the accused.

Camille is accused of raping the high school girl after first binding her parents, her younger sister and an eight-year-old visitor to the victim's home. The incident occurred March 7 and Sanford police have been seeking the girl's attacker ever since.

Wednesday, police arrested the man after the victim reported she had observed him riding in an automobile in Sanford, Chief Ben Butler said.

Butler also reported the accused had been regularly visiting a home in the area where the assault occurred. The chief stated Camille had spent some time at a house about two doors away from the girl's residence.

The rape occurred about 3 a.m. on the morning of March 7 and resulted after a masked man armed with a pistol tied up a Sanford businessman and his family at gunpoint and carried his daughter into an adjacent bedroom and raped her.

The intruder left just before the father managed to struggle free of his bonds and call police.

## Bank Loan Okayed By Altamonte Spgs.

By MARION BETHIA

ALTAMONTE SPRINGS — City Council has adopted upon first reading an ordinance acquiring a loan in the amount of \$200,349 from the Barnett Bank. The sewer system improvement note will provide the city's matching funds in the HUD financial pollution; control construction until the city can issue bonds for the project.

Mayor Lawrence Swofford told council that if, as anticipated, the ordinance is approved upon second and final reading at the next regular council meeting on April 6, that a closing can be effected by April 10 and the money procured by April 10.

Council was advised that Chilton Construction Company, one of the contractors on the sewer system, stated that the city must make some financial arrangements. Barnett Bank is being utilized as the depository for all funds. It was pointed out by City Attorney S. J. Davis that there is no recourse against the city in the event of default, other than the connection fees. Consulting Engineer Harold Radcliffe estimated that the connection fees will total \$175,000 in 1972. The ordinance provides for the \$200,000 sewer improvement note and there is \$1,000,000 water and sewer revenue and refunding bonds.

The city is receiving a loan from HUD in the amount of \$995,000, a grant from HUD of \$247,500 and a grant from the Federal Water Pollution Control Agency in the amount of \$281,160. City will provide matching funds in the amount of \$200,349.

Davis pointed out that, in the ordinance, the connection fees are pledged to the note and that it will not be necessary to levy ad valorem taxes. The city will pay four per cent interest on the note, with payments of \$26,000 semi-annually. The bank has also required that the city establish a sinking fund, in which all connection fees must be deposited. Connection fees have been established as \$125 per apartment unit and \$125 per home, except those in which laterals have been laid.

In another matter, Davis has been authorized to appear before the Orange-Seminole legislative delegation relative to amendments to the city charter. The municipality is proposing moving to a city manager type government and also to changing the city's fiscal year to coincide with that of the county.

## U. S. Aide Studies County Regulation

The regulations encompassing billboards in Seminole County has received the interest and attention of U. S. Secretary of Transportation John Volpe. This has been disclosed by County Commissioner Chairman Greg Drummond, who has returned from a trip to the nation's capital as a Florida representative to the National Rivers and Harbors Congress.

Drummond has indicated that Volpe has studied county documents in which difficulties incurred, both with the public and billboard lobby, are delineated and which information Volpe feels will be useful in other areas of the state.

Drummond also has stated that he was advised that studies will be forthcoming through a state university regarding the traffic conditions at SR 436 and I-4. These studies have been initiated through E. H. Swick, administrator under Volpe, who has contacted state agencies.

Drummond said that the federal DOT is amenable, and that a copy of the meeting in which the matter was discussed has been forwarded to a representative in Tallahassee. Drummond stressed that "the ball is now in the hands of the state DOT."

He continued that the federal government is ready to initiate a program relative to the intersection in which the county will participate with 25 per cent federal funding.

## Take two and travel.

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