## D. L. THRASHER FOR MAYOR

Classified Advertisements


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 $2=5$
 Evez


## NOT WORK BUT EXERCISE

if the ayerage citizen knew how to get the MOST FROM LIFE HE WOULD DO SO

BY STATE BOARD OF HEALTH

| of wo do. <br> cat man whome measurs hmenta was the wonder onco baid: "Every man is he, can antord ta be. be zudded ithat nome are Bat. But the twentielt. re refenuous Compectitio mitting struagle and the succes blasese the hat had in his equipment and in so entil more musele. apur that drives most sue nd sometimes it drives acity of the driven man. retically at least every. ith a limit of phypical lopmens beyond which h $=$ with salety... Probably ach that limil Some er |
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## SAVE MONEY

On your next Bicycle Tire. I am selling guaranteed $\$ 3.50$ Goodyears for $\$ 2.50$. The guarantee means immediate replacement of any that prove defective in material and workmanship.

101 1st Street
W. S. PARKER
lifelong weakness of the beart which
has timited one or two cappetity of their phyi-
cal exertions. It haselul
anvolved a brifele
has imited the capacity- of their physi- a "useful, life.

cal exeritions. It has involved a breaking system which hasing of Itted the inervous mental wis business and profensomal men is a \begin{tabular}{l|l|l|}
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upon ghe physical body.

 

apon ghe physical body. \& $\begin{array}{l}\text { Oolf, tennis and other games that take } \\
\text { these men into the open nai frequently, }\end{array}$ <br>
The famous Marathon victors from \& rob the doctors of many fat fees, and <br>
the time of ancient Greece down to \& danger from excense
\end{tabular}


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in appearance, xplendid specimens of physical manhood. Their bodies ar fit wemples as we see them for the mi that are directig great works- zceom plishing. magnificent results of deyelop
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famous as stroke oar of the winning famous as stroke oar of the winning
crew" or as "half-back" is the struggle that won the intercollegiate footba championahip for Yale or Princetbal Harvard way back in the $90{ }^{0}$ s'seton a glorious victory. of course and op
the world talked about it at the tip

Every man and every woman too Erea it to himell or hersell very early in hu and perfectly yorest taventory of hat each one has in the way of phyaithe capacity, the limit of the capita with which each has to work. There is
little danger that w3 shall overestimate itule danger that w3 shall overestimate of intemperance physically. We have no right to have worn ou ast in good working order for serent years-that's the goal, with a premium on the years that may follow. And if
we individually shall study we individually shall study out what
is intemperance for each of us and if
we sba'l abide by the results of our

## Spend $\$ 3$ to $\$ 8$ less

on your next suit or overcoat.
It means a double saving if you need both this season. You can do it surely i you buy STYLEPLUS CLOTHES $\$ 17$ They are just good clothes without fads and frills but with all the real points that count.

Distinctive all-wool fabrics selected by woolen experts. Workmanship that
inspires admiration. Serviceable alpec inspires admiration. Serviceable alpaca
linings-every essentjal of good clothes Inspires admiration
linings-every essen
including style.
natural life imits will be vastly improved.


## FREE HACK FARE Merchants Transportation League FREE HACK FARE FROM THE DEPOT

## Sanford Merchants Want Your Trade

A most liberal proposition is being made by them to the effect that they will allow your hack fare as well as railroad fare if you purchase goods from them up to certain amounts. This makes it possible for you to come to Sanford and do your trading and have your fare from your home to the business center of Sanford paid both ways by Sanford merchants.

## Table of Reimbursements

If you purchase the following amounts from one or more than one of the members whose names appear below you will be reimbursed according to this table \$ 5.00 Purchues $\$ .25$ Reimbursement ${ }^{10.00}$ Purchsee $\quad .50$ Rembursement ${ }_{14.00}^{12.00}$ Purchases, .60 Reimbureanest

 ${ }^{2000}{ }^{20.00}$ Purchases 1.00 Refimburement $\begin{array}{ll}24.00 \\ 26.00 & \text { Purchaseses } \\ 1.20 & \text { Reimbursemen } \\ 1.30 & \text { Reimburememen }\end{array}$
${ }^{28.00}$ Purchases 1.40 Reimbursement $\begin{array}{ll}\text { 30.00 } \\ 32.00 \text { Purchaseses } & \text { 1.50 Reimburement } \\ \text { 1.60 Reimbursement }\end{array}$ 34.00 Purchases 1:70 Reimbursement 36.00 Purchases 1.80 Reimbursement 38.00 Purchases 1.90 Reimbursement 40.00 Purchnses 2.00 Reimbursement t2.00 Purchases 2.10 Reimbursement ${ }_{44.00}$ Purchases 2.10 Relmbursement
46.00 Purchases 2.30 Reimbursement
$\begin{array}{ll}\text { 48.00 Purchages } & 2.40 \text { Reimbursement } \\ 50.00 & \text { Purchases } \\ 2.50 & \text { Reimbursement }\end{array}$
62.00 Purchases ${ }_{2} .60$ Reimbursement
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66.00 Purchases 3.30 Reimbursement
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82.00 Purchases ${ }^{4.10}$ Pmimbura
84.00 Purchase 4.20 Reimburw
84.00 Purchases 4.20 Reimur
86.00 Purchases
430



No reimbursement fare in excess of actual railroad and hack fare.
The plan will be explained to you by any of the merchants who are members of the League, their names being given below:

## aldridge, W. G., Drags.

 ABERNATHY, W. W., Furniture. BOWER, R. C., Drugs. BRUTON, Mrs. J. H., Millinery BUTT, Dr. C. G., Dentist. DINGER, C. H., Plumbing FIRST NATIONAL BANK. FRANK, M.. Clothing and Furnishings. FERNALD HARDWARE COMPANY, Hardware. HILL HARDWARE COMPANY, Hardware HOUSHOLDER, Dr. W. E., Dentist. HERALD PRINTING CO., Printing IRWIN \& GILES, Groceries. KANNER, Charles, Dry Goods \& Clothing. McCULLER, L. P., Groceries. McLAULIN, Henry, Jeweryy METTINGER, J. K., Dry Goods \& Clothing. MILLER, T. J., \& Son, Furniture.MASON, R. M., Dentist.

## MEMBERS

## MORGAN, W. L., Hardware.

MAXWELL, S., Confectionery \& Stationery
MILLER, J. L., Bakery.
oVERMAN, Mrs. S. M., Millinery.
PEOPLES BANK.
PHILIPS, L. R. \& Co., Drugs.
PARKER, W. S., Bicycles.
ROBERTS, J. D., Groceries
RUNGE, S., Soda Waters.
SEMINOLE PHARMACY, Drugs.
SANFORD FURNITURE CO., Furniture.
SANFORD SHOE \& CLOTHING CO., Clothing \& Shoes.
SIMON, Mrs. A., Novelty Stor
SCHAAL, Theodore, Jewelry.
SPENCER, G. W. ${ }^{2}$ Bakery,
SEMINOLE COUNTY BANK
SEMINOLE COUNTY BANK.
UNDERWOOD, W, H., Wagons, Harness, Implements
WILLAMS, Mrs. Grace Earl, Millinery.
WOODRUFF \& WATSON, Shoes \& Clothing
YOWELL, N. P. \& CO., Dry Goods \& Clothing

FREE RAILROAD FARE TO SANFORD

By Trading in Sanford you secure the benefit of the large and varied stocks carried here to select from and at the same time we pay your fare coming and going when purchases reach certain amounts.
MERCHANTS TRANSPORTATION LEAGUE OF SANFORD

FREE RAILROAD FARE FROM SANFORD




## W. M. Matmes Budiect Manaser



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## John A. Cunningham

## JACKSONVILLE, FLA.

 West Forsyth, Corner Broad Streets FURNITURE FACTSHere is a five-ntory store with (wo ntories more adjui ning) givem averto the display of furniture and furnishings for the home. A far an our knowledge goest the largest furniture htore in the South-which applied to thie
individual purchaser, means a freedom to choose fror,a varied stocks that individual purchaser, meams a frecdom 10
could not be enjoyed in any other store.

This five-htory store is filled with a stock of farniture and furnishinge that were chosen by experts men who know, through experienee, training and comstant miudy.
Every piece of furniture that is here is here because thene experts base
found it to be the best of its kind. This applies with equal meaning to those found it to be the best of its kind. This applies with equal meaning to thöse
pienes and sets at mediam and low prices and to those elegant, rich pieces pieres and sets at mediam and low prices a

There is not an unsorthy piece of furniture in the place, which means that when one buys furniture here one makes an invertment that is certain All of which leads ins to gargeest that this is the logical furniture store. Are you in need of even the smallest piece of furniture.
Min Order Doppriment phacer you in just an clow touch with uis nothough you were in Jack-
HONE OF THE STEINWAY PIANO. JOHN A. CUNNINGHAM JACKSONVILLE, FLA.
 waits-except success. Fords are chosen by men who "get there "-by men who demand a dependable car that's al ways "on "the job." They choose the Ford because of its splendid record for consistent service.

Sanford Coca-Cola Bottling Co.


GINGER ALE
PHONE 21

## A. P. CONNELLY

FIRE and ACCIDENT Insurance BONDING

Best Personal Attention to Your Business. quire as to companies represented. Will appreciate a share of your business

## ORLANDO,

## Special Summer Prices For A Short Time Only


$\$ 5.00$ PER TOOTH

Our reasonable prices are due to buying our material in large quantities at greatly reduced prices from the largest dealersin the North, which enables us to give our patients the very highest class of work at about onehalf the price charged by the average dentist.

| Gold Crowns, 22k |  | - | $\$ 5.00$ |
| :--- | ---: | ---: | ---: |
| Bridge Work, Per Tooth | - | 5.00 |  |
| Silver Fillings | - | - | 1.00 |
| Cement Fillings | - | .50 |  |
| Gold Fillings, | $\$ 1,50$ | and up |  |

All Work Guaranteed for ten years

PAINLESS EXTRACTIONS FREE WHEN OTHER WORK IS DONE

Under the New Method we can take your teeth out and replace the same day

We are making the latest sets of teeth-that ean be made to fit any mouth, no matter how many sets have failed. Come in and see for yourself that our work is absolute y first-class in every respect. Don't be mislead by a jealous competitor.

## WeareSpecialists oun-motro: "LIVE and Let live,"

Ask About Our Liberal Offer As
in Crown and Bridgework JUR TERMS: PART DOWN; BALANCE AS WORK PROGRESSES To Railroad Fare To Out Of. Town Patients

HOW ARE YOU SHIPPING YOUR FRUTT?
ABE YOU GETTING THE MAXIMUM PRICE? REASONS WHY YOU SHOULD bELONG TO the florida cittus exchange. Growers, - why place your fruit in the hands whose only object is to get their own brokerage, regardless of the welfare of the change has not, up to date, sold a car of desirable sizes of Parson Brown oranges under $\$ 2.50$, f. o. b. Florida, and yet we are advised from all quarters that Parson Brown fruit is being sold as low as $\$ 1.75 \mathrm{f}$. o. b.

We have in mind one district in Texas where one broker there is handling the accourit of four or five of our Florida speculators and other to beat down prices $Y$ the Exehange is selling fruit in territory the Exchange is selling fruit in territory $\$ 2.50 \mathrm{f} . \mathrm{o}$. b. Florida.

Do you realize that this is YOUR fruit that is being used to beat down the value of your neighbor's fruit and the entire crop of Florida; and that if you did not have the Florida Citrus Exchange to bear this burden that you unwittingly impose on it, that your fruit would soon go begging as it did before there was an Exchange, and that your grove would do likewise?

If you had been in prison for a long time and some friends came along and gained your iberty for you, fed you, put new
clothes on your back and sent you on your way rejoicing, would you commence to fight thoso friends as soon as you reached home, and furnish ammunition to try to destroy them? This is what you are doing. You did not think of it that way did you? The same force is still active from whom you were recently released, waiting to bind
you hand and foot. Are you woing into you hand and foot. Are you yoing into
their trap, or furnish them with your fruit to Bait it? Use your head and think a little. It had not occurred to you this way.

Don't fight your emancipators; give them your aid. You have a duty to perform, it is clear. If you intend to grow citrus fruits,
join the progressive movement the Co-opjoin the progressive movement the Co-op-
erative Organization the Florida Citrus Exerative Organization the Florida Citrus Exchange, which was born of the growers as a
child of necessity, and which is growing into great strength and usefulness.

## Fcinsisuinine

## Atlantic Coast Line

 3 TRAINS to the East DAILY 3

## A. W. FRITOT

## IRISH POTATOES

Do you want heavy yields of Fancy Potatocs? Fertilize Right!
ideal potato manure
W. \& T.'S Hastings Potata Special

Give Banner Crops

WILSON \& TOOMER FERTILIZER CO jacksonville, florida
Mr. B. C. Máwell, Mgr. Sanford Branch
For Engraved Cards See The Herald


## SANFORD

Thursday, Nov. 20th 13 Afternoon and Night
Between Sanford and Palmetto Avenues OLD CIRCUS GROUNDS


A SHOMN OF PEATUREES



jacksonville, florida
RIVERVIEW, Jacksonville's Most Famous Suburb Lâts $\$ 10.00$ Down, $\$ 5.00$ Per Month
Righe recently Riverview has aken no the must wonderful srowth ever knowtr in any subutb to. Jacksonville. 50 homes
 of the big canals by the big steum dredges. The motor car line the 8 grade grammar ichool all goos to inctease values.

All Prices Will Soon Advance Again

## Classified Advertisements

All Local Advertisements Under This Heading. THREE CENT



| For Sala rommbato fitings for an cikht roum agctifies if taken at once frat clasen. Nou mhowdy quire 11:3 Commerehal$\qquad$ |  |  |
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## CURBSTONE GLEANINGS <br> budget of opinion "just between

 you and me.EVEN THE GATE POST NOT IN IT

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Business Cards


## GEO. A, Decottes

 ATTORNEY: No Counstilor

| DR. C. G. BUTT $r$ dentist veliga uffec: Yowell Bullding SANFORD, FLORIDA |
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| THE SHELTER SANITO |

WAR VESSELS AT PALATKA
ATTENDING WATERWAYS CONVENTION

COMMERCHAL CLUB MEETING
WAS MOST ENTHUSIASTIC ONE
TRAINMEN WIN LONG FIGHT
GRANTING LARGER SALARIES

NEXT WEEK GEM CITY WF
COMES VISITING HOST SANFORD WILL BE IMERE Watellways conventhon meins
big thing for the whole: aig things for the whol.
state of plomida


A TOURISTS ESTIMATE






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D. U. Fitecher Florida Prosident a the Allintie Beeper Waserway
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The averuge incrense alloweed is 7 per to sell the lettuce celcey and other ront and will anmunt to about crops here rather than to trust to the ont und will amount the thent sin- tlurtuating prices of the markets that finding and final and it hat averestert what the liuthen to be echanged in an hour while


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## First Cars of Lettuce

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