

Legal Notices

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA...

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NOTICE OF ACTION STATE OF FLORIDA TO: T. P. MALL INVESTMENTS, INC., a Florida corporation...

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NOTICE OF PICTITIOUS NAME Notice is hereby given that I am engaged in business at P.O. Box 1220, Altamonte Springs, FL 32714...

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Report says 2 hostages may be freed

DAMASCUS, Syria — Iran Saturday urged the Muslim fundamentalist captors of three American professors to stop delaying the release of one of them and reports from Tehran suggested that a second captive would be freed.

In the Syrian capital, hundreds of Western and Arab journalists crammed the Foreign Ministry awaiting the promised release of one captive.

State-run television said it would broadcast the hostage's release — the first showing of interest by Syria's government-run media in the release of a Westerner.

Iran's English-language Tehran Times newspaper appealed to the captors to soften their stance and back off from a decision to delay the release of one of the hostages.

Lithuania nationalists mollify Soviets

MOSCOW — Lithuania's Sąjūdis nationalist movement and communists loyal to Moscow held separate meetings Saturday to plot their futures amid the threat of a Soviet embargo designed to quash the republic's independence bid.

The Sąjūdis delegates were expected to discuss Soviet economic sanctions that left Lithuania without oil, most natural gas and other raw materials, and to decide whether the movement would become an official political party or remain an umbrella group uniting various nationalist organizations.

The congress of the Lithuanian communist faction that remained loyal to Moscow in the party's Dec. 20 split over independence also focused on the economic problems and was expected to choose the contingent's new leadership.

Lithuania declared independence from the Soviet Union on March 11.

Hitler's birthday sparks riots

EAST BERLIN — Hundreds of rowdy soccer fans and neo-Nazi skinheads marked Hitler's birthday by pelting police with bottles in East Berlin early Saturday, then swarmed through the Berlin Wall to riot anew in West Berlin.

Seven officers were wounded, four of them seriously, and dozens of rioters were arrested in both sectors of the divided city.

Many hostages in heavy boots and masks stomped through East Berlin's showpiece Alexander Platz Friday night and early Saturday, exchanging stiff-armed Nazi salutes and hurling obscenities at foreign tourists.

Solidarity re-elects Walesa

GDANSK, Poland — Solidarity founder Lech Walesa was re-elected Saturday as chairman of the independent labor movement, defeating two rivals by securing 77 percent of the votes cast at the union's second congress.

Walesa easily overcame token challenges by Andrzej Slowik, a longtime rival from the textile center of Lodz, and Tomasz Wajdel, a university teacher from the southwestern city of Wroclaw.

Each candidate gave a 10-minute speech before the 400 delegates at the congress, who had a chance to ask questions before voting. The body met only once before, in 1981, then was banned under martial law.

Pope arrives in Czechoslovakia

PRAQUE, Czechoslovakia — Pope John Paul II, on a triumphal visit to a nation whose previous communist leaders refused him entry five years ago, called on its citizens to reject "the superficiality of consumeristic life" and participate in the moral and spiritual rebirth of Czechoslovakia.

Speaking to several hundred thousand faithful on a rain-soaked plain tucked in the hills above the medieval capital, the pontiff compared Czechoslovakia to Christ's resurrection on Easter Sunday, when according to tradition he entered a room through locked doors to speak with his followers.



Judge explains AIDS exile comment

CHARLOTTE, N.C. — A federal judge said Saturday he was exaggerating when he urged that all AIDS victims be exiled to Australia, explaining he meant only those who continue to spread the disease should be shipped out.

U.S. District Judge Robert Potter, known as "Milkman Bob" for his tough sentences, said he used hyperbole in suggesting Thursday that drug-addicted patients from Colombia should be shot down and AIDS victims sent to Australia.

"It was my way of making a point that for some things you don't have any easy solutions," Potter said. "I can see why anyone who has AIDS or who has a family member who has AIDS would be upset with anybody who said they should ship AIDS patients to Australia."

Festive funeral for Ben Franklin

PHILADELPHIA — Philadelphia's inclination with its favorite son took a weird twist Saturday with a week funeral procession to the cemetery where Benjamin Franklin was buried 300 years ago.

It was a festive affair as funeral processions go. Despite a steady drizzle and the solemn occasion, standard bands played lively tunes and children frolicked merrily in the rain.

On the similarly rainy afternoon of April 21, 1790, nearly half the city's 80,000 residents turned out to escort Franklin's body over cobblestone streets from his house on Market Street to the Christ Church Burial Ground.

From United Press International Reports

Killer's death wish honored

United Press International

HUNTSVILLE, Texas — A convicted killer who refused to appeal his death sentence and said "I just want to get it over with" was executed by injection early Saturday for the 1988 slaying of a Houston taxicab driver.

Jerome Butler, 54, was pronounced dead at 12:30 a.m. at the Huntsville Unit of the Texas Department of Criminal Justice/Institutional Division.

Prosecutors and judges were prepared to halt the execution at a moment's notice and Texas Assistant Attorney General Bob Walk said the state would not appeal if they of execution — had Butler requested one.

"The only thing I have to say is I wish everybody a good life and things like that," Butler said in his last statement. "Everything is OK."

The inmate nodded at warden Jack Freedy and prison chaplain Carroll Finken and mouthed the words "All right."

About 20 people from a Amnrocky International chapter presided the death penalty outside the prison as the execution took place.

The former mob and truck driver was sentenced to die for the June 17, 1988, robbery and slaying of Nathan Oakley, 67, who was shot three times in the back of the head and robbed of about \$300.

Butler, who has spent half his life in jail, once noted that if his death sentence were commuted to life, he still would have to spend at least 15 years in prison.

Margaret Mitchell home restoration sought in Atlanta

United Press International

ATLANTA — A homebuilders organization is trying to save from the wrecking ball a structure where Margaret Mitchell wrote most of "Gone With the Wind."

The Homebuilders Association of Georgia is proposing to renovate and remodel the battered three-story structure situated on a parcel of prime real estate near downtown Atlanta.

Mitchell lived in the Midtown apartment house from 1925 to 1932, affectionately referring to her abode as the "Dump."

If members of the organization save their way, the decaying home will house a museum honoring Mitchell on the first floor and the association headquarters on the second and third floors. Dan Bays, president of the Homebuilders Association, said Friday.

The association has been talking with officials of the Mitchell House, the not-profit group formed to save the property, and with the company that owns it, Children-Nick Properties.

Bays said the group would like to complete renovations in time for the January 1991 National Homebuilders convention in Atlanta. To complete the project, the association will contribute \$150,000, but needs an additional \$300,000 to \$400,000 in donations from other builders around the state and nation, Bays said.

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And right now happens to be a very good time to start saving.

Today is Earth Day, a time set aside to emphasize the impact we all have on the environment. And to show that each of us, as individuals, can make a real difference in preserving the world around us.

One of the ways to start is by making a commitment to use energy wisely. Which is something FPL would like to help you do.

We can send a trained specialist to your home to conduct a free home energy survey to help pinpoint areas of waste and suggest ways to correct them. Plus, we'll let you know if you qualify for rebates from FPL for making energy-saving improvements.

Also we can send you, free, any of the brochures listed below. They're full of energy-saving and money-saving tips. To arrange for your free home energy survey, or to receive the brochures, just call us toll-free at 1-800-DIAL-FPL, Monday through Friday 8 am-5 pm.

A little bit of energy saving can do wonders for the environment.

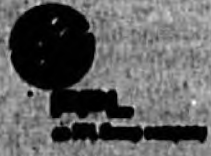


These brochures will help you save energy and hold down your electric bill.

- Why Did You Buy More Electricity Today?
- Guide To Cooling And Heating Costs
- Guide To Energy Efficient Living
- Guide To Insulating Your Home
- Guide To Efficient Water Heating
- Make A Splash With Efficient Pool Operation
- Landscape Planning To Make Good Energy Sense
- Consumer Guide to Energy Efficient Refrigerators and Freezers
- Energy Efficient Rooms
- Air Conditioners

These brochures will tell you how you may qualify to receive rebates from FPL.

- Your Home May Qualify For Rebates
- Make Your Home More Comfortable With Insulation
- See Your Home In A New Light With Energy-Smart Window Treatments
- Tap Into Savings With Efficient Water Heating



71-Help Wanted
A HEALTHY RESPONSE!
Gale Products, a manufacturer of quality custom cultured marble, was well pleased with the response from their Sanford Herald "help wanted" classified ad.

71-Help Wanted
PLUMBERS
Earn extra income in related field. \$1200/wk. Call Geoff 697-353-3794
POSTAL JOBS
Start \$11.41/hr. For exam and application information call: 319-966-888, ext. FL 139 9 a.m. to 7 p.m. 7 days.

71-Help Wanted
PASTA LOVERS OF HEATHROW
Positions Available: Servers, bussers, line cooks, dishwasher, bar tenders and hostesses. Call or apply in person. M-F 9:30-5:30. 697-323-2647.

71-Help Wanted
RETIRED, SEMI RETIRED
Manufacturing and industrial engineering. Exp. in electronics assembly. Full time, full benefits. Excellent working conditions in growing company. L.H. Mary. 323-9257.

97-Apartments
Furnished / Rent
CLEAN - 1 bdrm. apt. c. bath. win. a/c. 698/mo. + 500 sec. ideal working space. 202-2970
FURNISHED or unfurnished - efficiency or 2 or 3 rm. apts. From 525 to 530. Call 323-3233.

103-Houses
Unfurnished / Rent
SANFORD/LAKE MARY AREA
3 bedrooms, 2 bath. 525/mo. 530 security. No pets. Available May 1. Call 323-3233
SANFORD 2 BDRM.
Convenient location, stove incl. 525/mo. + dep. 211-2317

141-Homes for Sale
ASSUMABLE, NO QUALIFYING OR NEW LOADS WITH LESS THAN \$2000 DOWN
INCLUDING CLOSING COST 1 & 1/2 bdrm. homes in Sanford, Deltona/DelBary/L.L. Mary/Langwood/Altamonte Springs. \$1,500 DOWN INCL. CLOSING 3 bdrm. 1 bath, fireplace, appliances, carpet. 335,100

141-Homes for Sale
DELTONA ASSUMABLE NO QUAL.
3 bdrm 2 bath split plan. Corner lot with pool! 944,900
ASSUMABLE NO QUALIFY
3 1/2 b. 1,000 sq. ft., new paint and carpet, appliances on 1/3 acre. \$512/mo. \$55,000

Part-time job. Full-time rewards. You need a part-time job. But you'd like to find something that means more than just a paycheck. Join the Army National Guard. For two weeks a year and one weekend a month, you'll discover rewards that last 24 hours a day - all your life.

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EARN EXTRA \$\$\$

99-Apartments
Unfurnished / Rent
A SPECIAL
With qualified application you can rent until May 1 2 BDRM 2 BATH APTS Over 1,000 sq. ft. Living Area!!!

105-Duplex
Triplex / Rent
LAKE MARY
C-15. 525/mo plus deposit. Open now! 631-9643 Even
LAKE MARY - 2/1, carpeted, central H/A, kitchen appliances, fenced yard. 321-4500

109-Mobile Home
Lots / Rent
PRIVATE LOT - Old Crawford Dr., Casselberry, Fenced, 1.25 acre, 1772 sq. ft. lot. 323-3233
113-Storage Rentals
OUTSIDE STORAGE
PAPER SHED
FOR: BOATS & RV TRAILERS CARS & ETC.

DEARBY BY OWNER - 4 bdrm., 2 ba., 2300 sq. ft., \$16,000 below appraisal! A-1 cond. 487-2651/265-6094
DELTONA STARTER HOME
Where else can you find a desirable home with family room priced under \$35,000 with excellent terms? Buy or lease? Call quality. Call Bert Plicher, Realtor, owner. 323-7490

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Apply At Any LIL' CHAMP LOCATION

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SECRETARY
Computer experience, typing, answering phones. Full time position. Company currently in Orlando but will relocate to Sanford in 3 mos. 1-888-3023.

91-Apartments/
House to Share
Male looking for single female to share possible condo. Free rent for first 3 months. 323-8282
SANFORD - Conventional white male will share 3 bdrm. home with working woman - no drugs or alcohol. 525/mo or 575/wk plus \$70 dep. covers all. Send description and needs with phone no. or address to Box 45, c/o of Sanford Herald, P.O. Box 1657, Sanford, FL 32771-1657.

EXTRA LARGE UNITS!
1 & 2 bdrms. Pool/Tennis Court, Pool, off street parking, Renovation Special! No security for qualified applicants! 230-8284
GOOD AREA, 1 bdrm., 975/wk or 525/mo. + 500 security. Pool, A/C & laundry. 323-9363
LARGE inventory of 1 & 2 bdrm. rentals from 525/mo. Same include utilities. 323-7405, after hours 321-8282.

114-Warehouse
Space / Rent
Warehouse space available near U.S. 90 and N. Alford. 15,000 sq. ft. Storage, office space, executive offices also available starting at \$250/mo. Call 323-3274.
115-Industrial
Rentals
AAA BUSINESS CENTER - New office space, 500 sq. ft. to 1.500 sq. ft. Open with 1/2 or 3/4 office starting at \$450/mo. (M-F 10:00-5:00) Call 323-3233
116-Real Estate
323-2323
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LINDA ELINE 91-125

2 bedroom 2 bath From 925 Lake Mary 322-0000
SANFORD - 2 bdrm., 2 bath, all appliances included. 945/mo. Call 323-2323.
SANFORD - Large 3 bdrm., 2 bath, 2 story 2 1/2 bathhouse. Pay rent for utility. \$2,000 down. No pets. 10% off rent. Call 323-3233.
1 bdrm., 1 bath, 525/mo. 1st. incl. + dep. Broker/owner 323-1157
1 BDRM. LAKESIDE, nice complex. All amenities. No security for qualified applicants. 323-3233.

101-Houses
Furnished / Rent
PARK VILLA
RENT-A-BEDROOM
RENT-A-BEDROOM and get the very best living! With your bedroom comes the use of:
- Cable TV
- 19 inch TV
- Kitchen with microw
- Washer/Dryer
- Fridge
- Private Patio With Garden
- Vacuum
- Dishes, Pots, Pans
- Silverware
- This floor in entry, bil. bath
- New Rug
- Central A/C
- Across the Street from Park!

ROFFLER
A HEALTHY RESPONSE!
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RENT-A-BEDROOM and get the very best living! With your bedroom comes the use of:
- Cable TV
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- Washer/Dryer
- Fridge
- Private Patio With Garden
- Vacuum
- Dishes, Pots, Pans
- Silverware
- This floor in entry, bil. bath
- New Rug
- Central A/C
- Across the Street from Park!

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\$129⁰⁰
PER MONTH*

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Factory Rebate -1200⁰⁰
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or Cash Down -1500⁰⁰

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PER MONTH*

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\$11,772⁰⁰*

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People

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C

IN BRIEF

REUNIONS

Seminole seeks classmates

Seminole High School Class of 1980 is seeking fellow classmates for their 10th reunion celebration. For information, call Mike Meadors at (904) 789-6556.

Class of '75 plans reunion

Seminole High School Class of 1975 is organizing a 15th-year reunion. All interested parties should contact Jim Brodie at 321-6471.

ORGANIZATIONS

Brunch, bake sale benefit city

The Woman's Club of Sanford Inc. will sponsor its 14th Annual May Day Brunch and Bake Sale, Sunday, May 6, from 8:30 a.m. to 1:30 p.m. at the Sanford Civic Center. Proceeds from the event will go toward civic improvement.

The menu will feature: orange juice, sausage patties, Denver baked eggs, grits, fruit cup, pastries, sour dough rolls and biscuits with country gravy.

Tickets, available at the door or from woman's club members, are \$4.50, adults, and \$3 for children under 12.

Co-chairpersons for the event are Bill Glelow and Martha Yancey, assisted by Carl Dietrich, recently retired executive chef for the Marriott Corporation.

Project Graduation under way

General meeting for all Project Graduation committee members will be held at 7:30 p.m., April 23 in Seminole High School's News Media Center.

The meeting is open to anyone wishing to help with the project.

There is still an urgent need for door prizes and items for 300 dirty bags for students. The bags will be given to all 1990 graduates at the end of evening festivities.

To make donations, contact Mrs. Newkirk at 321-9115 or Mrs. Pugh at 321-3973. For more information about the project, call Carma Norman at 322-4352 ext. 104, or Gail Stewart at 323-9980.

Handle annoying phone calls

Seminole-Southwest Volusia Audubon Society will have its regular meeting April 26.

The scheduled speaker is a representative of Southern Bell Telephone Co. and will speak on "How to Handle Annoyance Calls."

For more information, call Grave Friend in Delary, at 688-5541.

Go crazy over quilts

Central Florida Quilters' Guild will meet at 7:30 p.m., April 28, at the Sanford Chamber of Commerce in downtown Sanford.

Margaret Hagen will demonstrate how to go crazy over crazy quilts.

Visitors and guests are welcome. For more information, call Jan Wildman at 352-7118.

Golf tourney plans in full swing

Daniel and Wohlwender Realty, Inc., ERA, will host a golf tournament at 12:30 p.m. May 14, at Timucuan Golf and Country Club, 550 Timucuan Blvd., Lake Mary. All proceeds benefit the Muscular Dystrophy Association.

Entry fee of \$85 includes cart and green fee, beverages on the course, and a barbecue dinner after the tournament, which is a four person team scramble. Prizes will be awarded. Golfers should sign up by April 30. For more information call LaVonne Volkman at 321-9444 or 686-7108.

Walk a mile in his shoes

Family, friends find Alzheimer victim and learn lesson in love

By LACY DOWEN
Herald People Editor



George Helwig, who suffers from Alzheimer's, is accompanied by Kiley Calapa, 13.

WINTER SPRINGS — George Helwig, 65, runs his fingers through his shock of white hair as he tries to recall why he walked away from his Winter Springs home recently. He breaks into an engaging grin much like the one he probably wore when he learned to skateboard in the 1960's. His brow then furrows, possibly like it did when he had to make lightning quick business decisions when he started his own construction firm in 1976.

But he can't remember why he left home. He remembers feeling lost. And tired after his mile-plus hike.

He was happy his family and friends, aided by Winter Springs Police Officers Sgt. Charles Fagan and Fred Gold found him when they did.

Helwig grins again. He labors to string words into meaningful phrases, and finally says, "Yeah, glad to be home."

Helwig has been robbed of most of his memory by Alzheimer's, a progressive and eventually fatal neurological disease that affects an estimated three million Americans. Helwig has suffered from Alzheimer's for three years, according to his daughter Mary Ann Brown, with whom he and his wife Barbara live together with Brown's husband Greg and her sons Kenny, 9, and Jerry, 8.

Helwig always has been a vital force to the people who know him. His daughter remembers his ability to make others smile. He always helped others when he was needed.

"I remember the winters he set up his snowball stands and then gave snowballs away," Brown recalls.

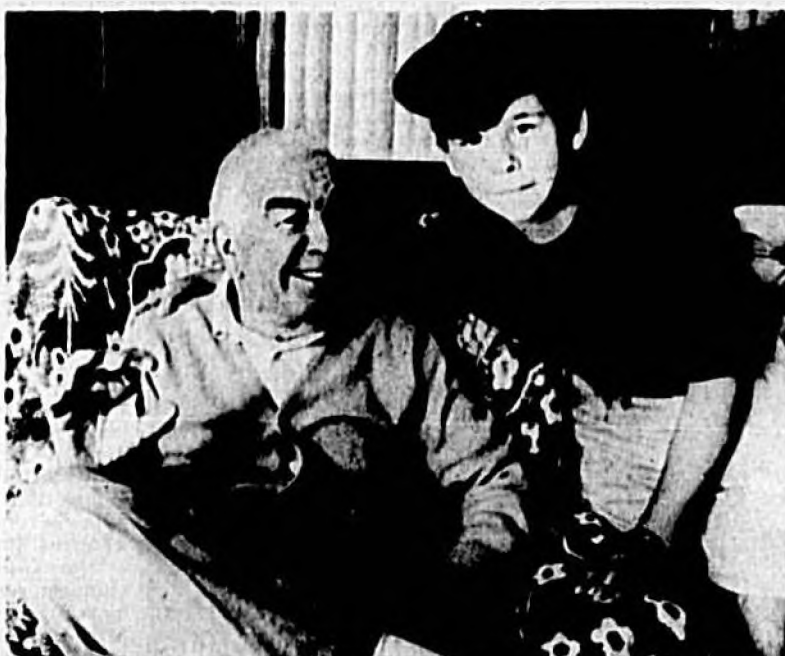
Neighborhood kids knew to bring broken bicycles to Helwig.

"He was the gas station of the neighborhood," Brown said. "He fixed everybody's bike, pretended to gas them up, and sent them on their way."

Kindness at Christmas was another Helwig trait. A neighboring family in Maryland had Christmas presents stolen one year. Helwig rallied other neighbors, collected gifts to replace the stolen ones, and delivered them on Christmas Eve.

"He had never met the man before," Brown says. "He just shook the man's hand, wished him a Merry Christmas, and left."

□ See Alzheimer, Page 5C



Friendship spans generations and illness.



George Helwig in a quiet moment at home.

He'll see you in September, but in October, he's outta here!



Principal Don Reynolds marks the days off his calendar until he's out of school.

Principal graduates after attending high school for six years

By VICKI DeSORMIER
Herald staff writer

LAKE MARY — Don Reynolds has been principal of Lake Mary High School since the school first opened its doors to students in 1984. He plans to turn the reins over to someone new in October.

"I'm the best principal this school ever had," the tall, white-haired principal joked.

Reynolds, who turned 55 on April 9, said he no longer has the energy it takes to do well all that is required of a high school principal. His day, he said, begins before 7 a.m. when he opens the school building and doesn't end until late at night, many times near midnight, after various functions wrap up.

"It's a lot of work running a high school," he said.

He added he wants to step down now while he is doing a good job instead of hanging on until he is forced to resign.

"I don't want to be here when people are saying, 'Why don't that of Reynolds just retire?' I want to get out while they can still

see me doing a good job," he said. "I want to quit on a high note."

A native of Madison, Tennessee, Reynolds came to Central Florida in 1955 to attend Stetson University. He was familiar with the area because his grandmother lived in Leesburg and his brother also attended Stetson.

Reynolds worked as an intern at Seminole High School his senior year in college under the tutelage of principal Bud Layer, who later went on to become superintendent of schools in the district. Upon graduation, Layer hired Reynolds full time as a biology teacher.

"I went on through the ranks at Seminole High School," Reynolds said. "Department head, dean of students, assistant principal, principal."

When Lake Mary High School opened six years ago, Reynolds was chosen to lead the facility. He acknowledged the hard work involved in setting up a new school has been both fun and rewarding.

Reynolds said Lake Mary High School is known statewide for its strong academic programs and varied curriculum. This year's Seminole County teacher of the year, Diane Lewis, teaches at Lake Mary.

"I couldn't have done it without Mr. Reynolds," she said. "He encourages excellence."

□ See Principal, Page 5C

FOR ALL THE PEOPLE NEWS IN YOUR AREA, SUBSCRIBE TO THE SANFORD HERALD



Kiley escorts Helwig down a familiar road.

Alzheimer

Continued from Page 1C

Helwig retired to Florida, opened a construction company, and bought a Laundromat.

"He was always involved in something," Brown says.

But then, Alzheimer's symptoms became prevalent a couple of years ago.

"We knew something was wrong with my dad," Brown says. "He was having a problem performing everyday tasks like fixing his cereal and getting dressed. It was very frustrating to him and to my mom. She wondered why he couldn't still do these things."

"I didn't even know what Alzheimer's was until dad was diagnosed. It didn't run in the family," Brown says.

Helwig's condition will continue to deteriorate, Brown says. His wandering from home is a classic sign.

"I was walking and he would follow me. I would just keep walking and he would follow me. He would follow me as the road was clear," Brown says.

Helwig sits in a lawn chair in the driveway on sunny days. He always waves to his neighbor and friend Kelly Calaga, 13, as Kelly boards his school bus for South Seminole Middle School. Sometimes he greets Kelly after the school day is done. Brown says Kelly is very special because he always speaks to her dad.

"Many adults are embarrassed and don't know what to say to him, so they don't say anything. They ignore him. Kiley always takes the time to notice him."

Kiley doesn't think people should be afraid of Alzheimer's sufferers.

"I learned about it on 60 Minutes," he says, referring to the television program. "I used to call it Old Timers Disease, but I know more about it now."

Perhaps it was Kiley who Helwig was waiting for when he wandered from home. He had taken his usual post in the driveway and was basking in the late afternoon sun minutes before Kiley was due home.

"I had been on the telephone for 10 minutes. When I looked out, he was gone," Brown recalls. "I knew one day it would happen. I knew he would just get

up and go."

Brown was frantically searching the immediate neighborhood when Kiley's bus appeared. Kiley hopped off and Brown explained what had happened.

"I told Kiley to go to my house and quickly call 911 and tell them that dad has Alzheimer's," Brown says.

"I was shocked," Kiley says. "We just had to find him."

Kiley ran to Brown's home, dialed 911 to report Helwig missing, described him, and kept an eye on Brown's children as the police, Brown and Kiley's mom, Mikey continued to search.

"He was a very big help," Brown says of Kiley.

Helwig wandered over a mile from home before Mikey spotted him about to enter a model home.

"I saw him in the distance about to enter a model home in the Vineyards," Mikey says. "We found out that when the realtor asked George his name and address, he gave the address of a house he had lived in 27 years ago."

Even the police officers who were about to call in the canine trackers, were relieved to locate Helwig.

"Take three deep breathes. We got him! He's comin' home!" Brown heard them tell her.

"They were cheering," she says.

Brown is stoic about caring for an Alzheimer's patient.

"I'm just doing what my dad taught me. The man he was would have done it. I'm just trying to be the daughter he would be proud for me to be," she says.

Brown has noticed an increased restlessness in her dad's behavior since he wandered from home. She says she has noticed his condition worsening.

But the disease that ravages George Helwig can never touch the valuable legacy he continues to leave to people whose lives he touches. Snowballs he shared have long since melted. Bicycles he repaired are rusty now. Christmas presents he gathered are only memories. But just ask Kiley Calaga who helped teach him about compassion.

Knots tied 50 years ago still tight

If you think romance and wedding bells are reserved for the young, then head down to the Sanford Civic Center on May 6 to a wedding and reception that is guaranteed to be a heart-warming experience.

Again this year, the City of Sanford and the Sanford Senior Center are hosting the gala Golden Wedding Anniversary Celebration. All area couples who have been married 50 or more years in 1990 are invited to participate.

Last year, 54 couples were on hand for the festivities and entered the competition honoring "the couple married the longest period of time." The Rev. Bill McLeod, pastor of the First United Methodist Church, was the officiating clergyman when these 54 couples renewed their wedding vows in unison.

This year, the event will be held in the Sanford Senior Center at the Civic Center, from 2 to 4 p.m., according to Liz Derr, supervisor for the SSC. The participating couples will renew their vows and will be honored at a reception following.

The couple married the longest will be posed up at their home, driven to the center and then returned home in a luxurious limousine. Special recognition will be given to children, grandchildren and great grandchildren.

It's an afternoon of fun and special honors as the couples gather to mark their anniversaries and share their marital experiences. For some, the afternoon may represent a half century of togetherness with humor, while others are dead serious about this "for better or worse" commitment.

Applications to participate in the Golden Wedding Anniversary Celebration are available at the chamber or senior center. For information, call Liz at 330-5699. The deadline for returning applications is May 1.

See Janet Dance

Miriam Wright gave the floor show at the Resorts International Hotel in Atlantic City a five-star rave review. "It is absolutely a marvelous show," the dancing instructor said.

Miriam and her fiance, Ken Daktar, formerly of Atlanta and now a Sanfordsite, caught the show while they were visiting his home in Highland Park.

Unknown cause, no cure for Alzheimer's, only hope

WINTER PARK — Alzheimer's Disease attacks its victim's brain, and is eventually fatal.

Pat Jimison, from the Alzheimer Resource Center, Inc. said although the disease is considered one that targets the



Jini Sawyer from Alzheimer Resource Center speaks to law enforcement and health professionals about Alzheimer wanderers.



SANFORD
DORIS DIETRICH

N.J.

But this isn't just any show, really. It features Janet Sawczuk of Sanford and is produced by Roger Manami and Bill Thomas of Rabco Production Co. of Sanford.

Gearing toward family entertainment, the show, "Red Hot and Sexy," features 14 girls and 10 guys with Jerry VanDyke as the star. Described as "glitzy and glamorous," the show is "family entertainment at its best," Miriam said.

Janet, daughter of Sally and George Sawczuk, got a taste of the bigtime when she danced in a production (also by Rabco) in Japan in 1989. She came back to Sanford in April of that year and rehearsed in June and July for another show at the Resorts International that began in August, 1989 and lasted until March. Miriam said this new show will probably run until November.

Although Miriam and Ken were only in Atlantic City for a few hours, it would be a shame not to visit the Donald's Taj Mahal which is across the street from Merv Griffin's Resorts International. Thus, they did. Miriam describes the Taj as "just beautiful" and the "decor is gorgeous," but as yet, there is no entertainment.

Surprise Overwhelming

To say that Ruth Hamilton was surprised on her 92nd birthday, April 12, is putting it mildly. The charming former New Hampshire legislator was completely overwhelmed.

Since she has lived in Sanford, Ruth has enjoyed shopping at the Sanford K Mart Store 47238. "I've been a satisfied customer for eight years," she said. "The employees have always been so kind to me."

On April 2, Ruth received a call from the store asking her to come in the next day. She admitted she was a bit anxious, but asked no questions as to the

nature of the call. When she arrived, Ruth was escorted by Barbara Tindall of the pharmacy department to the cafeteria where a table held a beautifully decorated birthday cake for Ruth.

The surprised honoree had tears in her eyes, but she said they were "happy tears." Joyce Garra said. The candles were lit, the birthday song was sung and the cake was cut and served with ice cream. Ruth also received a travel clock from the caring hosts and hostesses.

"It was the greatest event of my life," the author, lecturer and world traveler said. "Total strangers," Ruth added, "except over the counter." Of all the noisier Ruth received while a representative in the New Hampshire Legislature, nothing has been more exciting than "the thrills I got from these seven people."

Other K Mart personnel helping to make Ruth's birthday a "very special day for a very special lady," according to Joyce, were: Gene Freeburn, manager, Tommy Basso, Jim Larsen, Connie Brown and Linda Stearns.

Ruth was particularly impressed that the employees used their time (lunch break) and money (for cake, ice cream, cards and gift) to successfully execute the birthday mission.

I know the world is getting better," the exuberant honor guest said. "It's no wonder big corporations are successful with personnel such as these people who thought about a party for a 92-year-old senior citizen."



Ruth Hamilton

Class Marks Reunion

Seminole High School Class of 1940 met Friday and Saturday in Sanford for the 50th class reunion. From all reports, an eventful weekend was planned. More on this next week.

(Solo Sketch, retired Sanford Herald reporter, is a Herald correspondent covering the Sanford area. Phone: 335-3653.)

Monet could have painted setting for picnic

Lake Mary Garden Club members gathered for a picnic at Big Tree Park recently, before visiting Mr. Kent's Daylily Farm, which member Mary Jane Duryea described as "a Monet painting."

She said the profusion of pink, violet, and lemon yellow lilies are removed from the earth with a pitchfork after the customer decides which flowers to purchase.

"The prices start at \$5 and climb as high as \$200 per daylily," Duryea said. "There's something for everybody."

Ever since Kent passed away, his daughter Jane has carried on the daylily tradition. Customers receive a book about daylilies with a purchase, Duryea said.

Members who attended the picnic and tour are: Mary Dunn Wolfe and her granddaughter Brenda; Evelyn Rice, who brought two popular additions to the picnic — Lillian Griffin and a delicious broccolli casserole; Lois Pugh; Dale Cline; Laurette Williams, whose crab salad was



LAKE MARY LONGWOOD
LACY DOMES

a big hit; Claire Evans O'Connor; Lillian Allison and Mary Jane Duryea. A warm welcome is extended to new club member Edie Borrenty, who contributed a wonderful pasta shell salad to the luncheon. Arolyn Trus sent along one of her delicious carrot cakes, even though she could not attend.

"All the food was wonderful!" Duryea said.

The club's next meeting will be May 10.

It's prom time
Warm weather is a sure sign school is almost out for the summer. Before that happens, though, there has to be a prom!

Lake Mary High School will host this year's prom at the Lake Buena Vista Hilton. Assistant Principal Fred Tombras said.

"I love every minute of the prom!" he excitedly said. "I just hope everyone has a safe and enjoyable one."

Gamble for a good cause

Heathrow Women's Club would like to sell a few more tickets to the casino party "An Evening at Monte Carlo," to be held from 7 p.m., Saturday, April 28, at the Heathrow Country Club. Black tie is optional for the cocktail buffet which will raise funds for the Missing Children Center, Inc. in Longwood.

"We are shooting to be over last year's figure of \$5,000," Public Relations Chairman Judy Wiginton said. "We just might make it!"

Wiginton was especially excited about the grand prize. American Airlines has donated round-trip tickets to year classes of Australia or New Zealand.

Tickets are \$80. Call 333-3344

or 333-1480 for more information.

The women's club will also host the installation of officers dinner at the Heathrow Country Club on May 14. Current officers

are pictured below. Seated from left are: Agnes Basse, recording secretary; Joanne Lucas, treasurer; Carolyn Taylor, president; Mary Colbert, third vice-president and membership chairman. Back row from left:



Officers of the Heathrow Women's Club.

Fog Roberts, parliamentarian; Mary Lou McDonald, charities chairman; Dotty Javorowsky, sunshine chairman; Judy Wiginton, activities and public relations; and Marlene Basse, newsletter chairman.

WEDDING



Mr. and Mrs. Richard James O'Mara

Joan Losiewicz marries in Sanford ceremony

SANFORD — Joan Michele Losiewicz, Sanford and Richard James O'Mara, Tallahassee were married April 21, 1990 at All Souls Catholic Church in Sanford. The Rev. Father Burns performed the Sacrament of Matrimony.

The bride is the daughter of Elizabeth V. Losiewicz and the late Henry E. Losiewicz, Sanford, and the bridegroom's parents are the late Emily M. and William F. O'Mara of New York City.

Escorted down the aisle by her sons, Eric D. Peddicord and David R. Bolt, the bride chose for her vows a pearl-trim and lace ivory tealength, handkerchief-hem gown. Her matching covered full-brim hat was adorned with roses and lily-of-the-valley flowers and tulle bow. The bride carried a colonial bouquet with candlelight roses and lily-of-the-valley flowers.

The bride's sons wore ivory suits with ivory/black shawl collars, black tuxedo shirts and ivory bow ties. The groom wore a black tuxedo, white shirt and ivory lace tie and cummerbund. The best man wore a black tuxedo, white shirt and black bowtie.

Fran Neffberg of Deltona attended the bride. She wore a gown with an ivory bodice and black lace skirt. Her ivory hat was covered with black lace, a

black fantasy flower decoration and black tulle bow. Her bouquet was candlelight roses and ivory mixed flowers.

Dr. Carmen Battaglia of Lithonia, Georgia served the bridegroom as best man. Ushers were Michael Miller of Port Orange and Robert Gentile of Daytona Beach.

A reception followed the ceremony at the Sanford Garden Club, Sanford where the motif was Art Deco with the ivory/black theme colors. Virginia Miller of Sanford and Colleen Finn of DeLand assisted with the guest book. Patricia Armstrong and Mike Armstrong of Daytona Beach catered the wedding. Mary Ann Froman assisted. Patricia Becton of Ocala and Michael Miller of Port Orange gave the readings at the ceremony. Kathy and Robert Gentile of Daytona Beach were the Eucharistic Ministers.

Following their wedding trip, a cruise down the Nile in Egypt, the newlyweds will make their home in Tallahassee.

The bride was the Counselor at the Sanford Job Service office (5 years) until last October when she became the Supervisor at the Daytona Beach Job Service Office. The groom is retired from the Florida Department of Labor and Employment Security where he was state counseling supervisor.

Drug-addicted babies get helping hand

Bad — a word that means not ethically or morally acceptable. Drugs are bad.

And in this world of uncertainty where our children are the future, babies addicted to drugs are worse.

This problem is not one that just affects Florida or Seminole County, it is a nationwide problem. It does not discriminate between races and it has reached epidemic proportions.

One organization is trying to deal with this problem. The Babies Addicted to Drugs Foundation (BAD) Inc. is a newly founded not-for-profit organization dedicated to helping babies born addicted to drugs because of their mothers' drug or alcohol abuse during pregnancy.

Babies exposed to cocaine in the womb are prone to physical deformities such as missing fingers, malformed genitals as well as fetal seizures. A third of the women who used drugs during their pregnancy give birth prematurely. Some of the infants weigh as little as 13 oz. at birth.

BAD has a community representative who will come to your area—Lake Mary, Sanford, DeBary, Deltona, Orange City, or DeLand and speak to churches, clubs, and organizations who are interested in becoming a part of the help program offered. For more information about this program, call BAD's area representative Delores C. Ellis at 330-0935. The time to act is now!

Many of our local commissioners have endorsed this program and want you to help fight for the future of our children.

Anniversaries celebrated

Springfield Missionary Baptist Church will celebrate its 25th anniversary today at 11:00 a.m. The guest speaker will be the Rev. H.J. King of Orlando. The community is invited by Rev. Enoch Rivers, Pastor.

New Mt. Cavalry Missionary Baptist Church, West 12th Street will celebrate their 72nd church anniversary at 11:00 a.m. The New Life Center with Pastor Ronald Merritt will be in charge of the morning worship.



SANFORD
MARVA HAWKINS

At 3:00 p.m. the Bethel Missionary Baptist Church with Rev. D. Grooms, Titusville, will be the guest church of the evening. The officers, Pastor Player and members invite the community to worship with them in this celebration.

Daughter honored

Evergreen Temple 321, Daughters of Elks have selected Daughter Olivia D. Ayres, as Daughter of the Temple for 1990. This dedicated daughter was commended for her work and dedication to the temple since she has been a member.

Daughter Ayres has served as vice daughter ruler, chairperson of the sick committee, doorkeeper, anniversary chairperson 1988, trustee of Jewel Council 109, and guardman in the Antler Guard. She is a member of St. James AME Church where she sings in the choir. She presently serves on the 1990 Parent Day Committee. Daughter Ayres is employed as a unit secretary in the adolescent unit at WestLake Hospital. She is also chairperson of employee activities for the hospital. Daughter Carletha Merkerson presented Vice Daughter Ayres a plaque in appreciation for her service to the temple.

Welcome to visitors

Mr. and Mrs. Wesley (Snow) Wright, of Hyannis, MA (former residents of Sanford) are in Sanford visiting their family and friends. The Wrights will visit Epcot, Disney World, Clearwater, St. Petersburg and other attractions while in Florida.

Spring break visitors Addie Harrold Elder and her daughter and grandchildren were in San-



Harold Photo by Marva Hawkins

ford visiting Addie's brother Oliver and Lou Charles Harrold Sr. After a week's visit to the attractions around Central Florida, they will be returning to Detroit.

(Marva Hawkins is a SanfordHerald correspondent covering Sanford news. Phone: 322-6418.)

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Boy scores touchdown in life's game

By LADY BOHLEN
Herald People Editor

SANFORD — When Pop Warner scouted for his winning football teams at Stanford and Temple Universities, he looked for boys with a unique blend of sports skill and academic smarts, like Sanford resident Chris Carson. Carson never met the coach, Pop died years ago, but the search for scholar-athletes has become a tradition which includes him, along with 174 other young men across the nation who are honored each year in his name.

Carson was selected recently as a 1989 Pop Warner National Scholar-Athlete as a member of the 1988-89 6th grade team. He is a 7th grade student at Sanford Middle School this year.

Carson said he was "surprised about the award for playing good football and getting good grades."

His mom, Maureen Carson Bravo and his stepdad Carmine Bravo, nominated Carson by submitting his grade reports.

Nominees were screened for school involvement, scholastics and sports participation.

"They announced over the intercom at school that I won," Carson said.

Proud mom Maureen said "I felt so good my heart flip-flopped. We've always tried to set a strong pattern of excellence

for the children. This is a first step for Chris. My goal is that each of the children use the gifts God gave them."

Carson lives with his sister Erin, 11; brother Ryan, 9; and three stepbrothers; Mike, 19; Chris, 17; and Anthony Bravo, 11.

The Bravo family blended in 1987 when Maureen and Carmine married.

Carson plans to attend college and become a basketball player and police officer.

He is an honor student, a member of Student Council and a member of the drug-free club at school called Healthily Involved Peers.

Carson wrinkled his nose when asked about drugs and kids.

"They just mess up your life," he said. "I'd rather surf."

Carson's dad John inspired him to pursue team sports.

"My dad was a quarterback at Ole Miss. He slept with a football he loved the game so much," Carson said.

Other role models include his mom and stepbrother Chris, who plays ball at Lake Mary High School.

"I can't forget my granddaddy, Ramon Bennett. He taught me to do things right and don't take the easy way out," Carson said.

Carson had one piece of advice for youngsters.

"Try real hard for what you want to do," he said.

NEW ARRIVAL

SANFORD — Mr. and Mrs. Rob Pflueger, Sanford, announce the birth of their son, Robert Grady Pflueger, April 5 at Central Florida Regional Hospital. He weighed seven pounds, one ounce and was 19 1/4 inches long.

Brother is Hunter, 23 months. Maternal grandparents are Mr. and Mrs. William Bush Jr., of Sanford. Paternal grandparents are Mr. and Mrs. Donald E. Pflueger of Enterprise.



Harold Photo by Tommy Vincent

Chris Carson excels in scholastics and sports

APRIL Employees Of The Month

- LISA FINCH
- BECKY ALAMO
- RICHARD WAGNER

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THE PRIDE of SEMINOLE HIGH



ELIZABETH FISHER
Miss Fisher teaches Civics and American History. She received her B.S. Degree from Florida State University. She is the assistant volleyball coach and is Sponsor of SGA. She was born in Cincinnati, Ohio. Miss Fisher has 2 years experience.



CHARLES JACKSON
Guidance Counselor Charles Jackson was born in Williamsport, Pa and attended college at Robert Williams where he received his B.A. degree. He received his M.Ed. Degree from Bowling Green, Ohio, with 25 years experience to salute you!

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by Bob Thaves

GARFIELD



by Jim Davis

BUGS BUNNY



by Warner Brothers

HOROSCOPE

By Bernice Bode Ouel YOUR BIRTHDAY April 23, 1990

A secret hope and desire and a secret ambition might both be fulfilled in the year ahead...

TAURUS (April 20-May 20) Don't believe everything you hear today, especially if the information is presented in a colorful, flamboyant manner...

GEMINI (May 21-June 20) Investments should not be made impulsively today, especially if they're in areas with which you're unfamiliar...

CANCER (June 21-July 22) In your involvements with your peers today de-emphasize your personal interests and make an effort to go along with the will of the majority...

LEO (July 23-Aug. 22) Sometimes our hunches can provide us with insights our logic overlooks. However, this might not be true in your case today...

VIRGO (Aug. 23-Sept. 22) Joint ventures for commercial or social purposes might not work out too well today. Think carefully before you involve yourself in either...

LIBRA (Sept. 23-Oct. 23) If an agreement you recently negotiated hasn't lived up to your expectations, try to make some adjustments today...

SCORPIO (Oct. 24-Nov. 23) This is one of those days where you might get involved in complicated projects without thinking. Before you volunteer your time or services, know what you're getting into...

SAGITTARIUS (Nov. 23-Dec. 21) This might not be one of your better days for managing your resources or the resources of others...

By Bernice Bode Ouel YOUR BIRTHDAY April 23, 1990

In the year ahead you might meet a very unique person who doesn't hit it off with everyone, but this person may select you as a special friend...

TAURUS (April 20-May 20) Do not confuse wishful thinking with optimism today, because they lack similarity. Optimism inspires, while wishful thinking merely dreams about doing...

GEMINI (May 21-June 20) Someone might try to draw you into a joint venture today for reasons that will be more beneficial to this person than they will be to you...

CANCER (June 21-July 22) Partnership arrangements have their advantages as well as disadvantages today. You might be better off trying to operate as independently of others as possible...

SAGITTARIUS (Nov. 23-Dec. 21) There's a possibility your extravagant whims might gain control of your purse strings today...

LEO (July 23-Aug. 22) If there is an important assignment you have to delegate to another today, be sure your instructions are clear and concise...

VIRGO (Aug. 23-Sept. 22) Even though you may want to be helpful today, it's best that you don't butt in and try to manage something about which you know as little as your friend does...

LIBRA (Sept. 23-Oct. 23) Be extremely selective today regarding whom you go to for counsel and advice. An ineffective counselor could put you on the path to never-never land...

SCORPIO (Oct. 24-Nov. 23) Usually you're a reasonably well-organized person who doesn't waste a lot of time getting down to what needs doing. Today, however, your rationalizing attitude could severely inhibit your performance...

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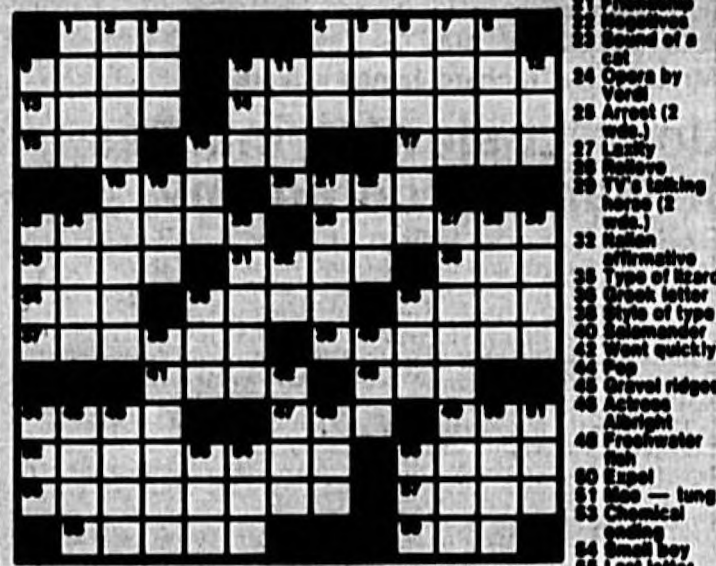
ACROSS

- 1 Japanese cash
4 Pencil of action
9 Organism
10 Fossil against
13 Long heroic poem
14 Type of point (2 wds.)
15 Aug. time
16 Excitement
17 Boring measure
18 West-winding residue
20 Alloy
23 Make a difference
26 team believer
30 brand
31 Information spy.
33 Steel gear
34 Haron

DOWN

- 1 Fambler's excitement
2 Footwear thing
3 Thore in
4 office neighbor of the
8 See mammal
9 Wears gray - of thumb
10 Street sign
11 Last letter (abbr.)
10 Companion of fish
11 Striped instrument
12 Vetch
13 Elaborate room
18 Shakespearean nation
21 Friendship
22 Negative
23 Sound of a cat
24 Opera by Verdi
25 Arrest (2 wds.)
27 Lucky
28 Believe
29 TV's talking horse (2 wds.)
32 Italian affirmative
35 Type of lizard
36 Greek letter
38 Style of type
40 Slander
42 Went quickly
44 Pop
45 Gravel ridge
46 Actress
48 Footwater fish
50 Expat
51 Shoe - tung
53 Chemical
54 Smelly
55 Last letter

Answer to Previous Puzzle



© 1990 by NEA, Inc.

them. PISCES (Feb. 20-March 20) If you get involved in some type of activity with friends today, there's a possibility that someone in the group might try to take advantage of your generous nature. Don't be used.

ARIES (March 21-April 19) Guard against banking too heavily today on a situation where you feel you're a step or two ahead of others. If the competition begins to increase, this edge could diminish.

SCORPIO (Oct. 24-Nov. 23) This is one of those days where you might get involved in complicated projects without thinking. Before you volunteer your time or services, know what you're getting into.

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SAGITTARIUS (Nov. 23-Dec. 21) There's a possibility your extravagant whims might gain control of your purse strings today. Later, when you're to pay the bills, you may find you had exercised greater self-control.

CAPRICORN (Dec. 22-Jan. 19) Disappointment is likely today if you expect others to drop what they're doing in order to cater to your whims. The only person who can take care of No. 1 property is you.

AQUARIUS (Jan. 20-Feb. 19) Do not attempt to use flattery today in hopes of being able to manipulate others. Insincerity will be immediately detected and could have a reverse effect.

PISCES (Feb. 20-March 20) Today, before getting involved in an activity with a friend who has a talent for wigging out of paying a fair share when the check comes, let your pal know you won't be picking up the tab.

ARIES (March 21-April 19) In order to succeed today, your objectives must be clearly defined. Be prepared to make a concerted effort to achieve your goals. Wishy-washy tactics will fall short of their mark.

and immediately lead a low spade back to his king. When that won the trick, Charlie would know that East had started with ace of spades and surely K-J-10 of diamonds. (If West held Q-J-10 of diamonds, his opening lead would have been the queen.) Charlie would then have taken a first-round finesse against the heart queen, playing West to have it. His reasoning would be simple: Maybe he would lose to the trump queen in the East hand. If so, the club finesse would almost certainly work for him. If East originally held 12 high-card points with ace of spades and K-J of diamonds, he would very likely have opened the bidding in first position.

Charlie's approach would win, an educated guess always being superior to a random - or willy-nilly - play.

Bridge hand analysis table with columns for North, East, South, West and cards like ♠, ♥, ♦, ♣.

ANNIE



by Leonard Starr

Help find best mom

Sanford Herald is searching for an area mom deserving of our annual 'Mom of the Year' title. We need our readers to help by writing letters of nomination, to be reviewed by our panel of judges.

Judging will be based on sincerity and clarity, with specific examples or anecdotes about why your nominee is a special mom a plus. Your nominee need not be your own mom.

Only residents of Seminole County are eligible to be nominated but their nominators need not live in Seminole County.

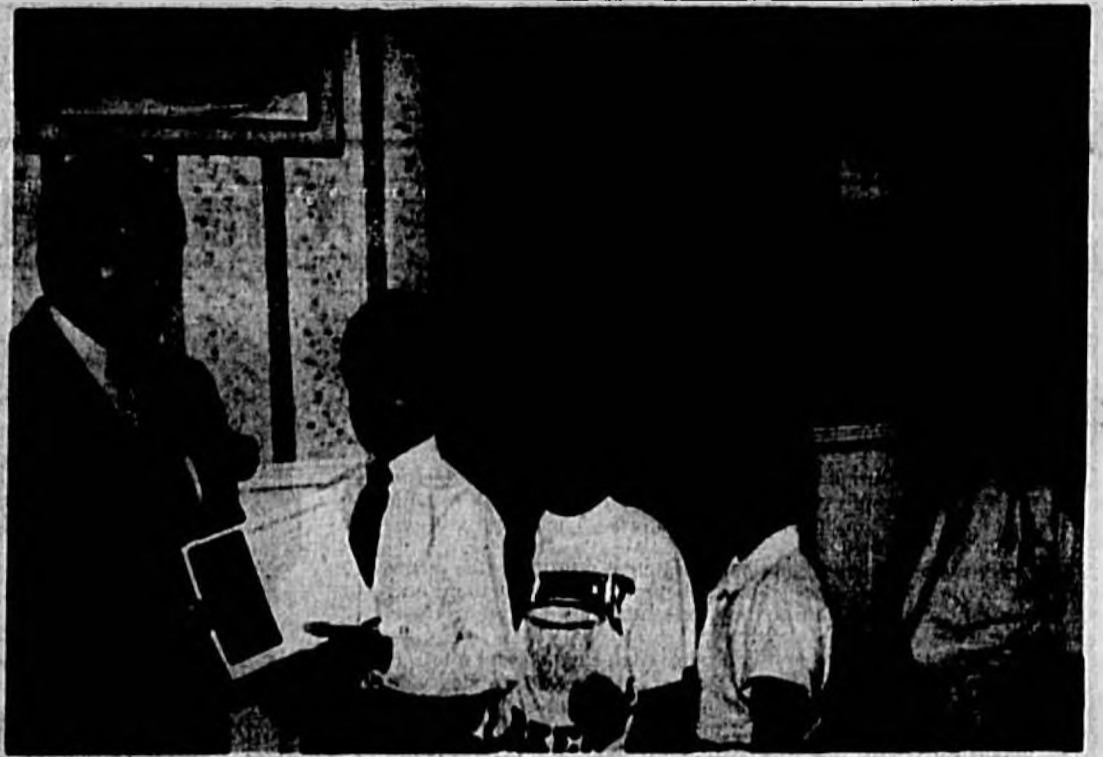
Here's how to enter: Write us a letter about a

special mom, telling us why she's so special. Letters should be typed or printed legibly. Include the nominee's name, street address, city, and daytime phone number at the top of your letter.

At the end of your letter, include your name, address, daytime phone number and age (if under 18).

Deliver or mail to "Mom of the Year," Sanford Herald, 300 N. French Ave., Sanford, FL 32771. There is no maximum length limit on letters. Entries are due at the Herald office by 1 p.m. Friday, April 27.

The top three winners will be featured in the Mother's Day edition of the Herald, Sunday, May 13.



Bertoma President Carmine Bravo presents awards to essayists.

Students value freedom

LONGWOOD — Each year Service to Mankind (Bertoma) clubs throughout the nation celebrate President's Week by sending select members of the club to address fifth grade students concerning the Declaration of Independence and the Bill of Rights. Each student receives a special parchment copy of these documents.

and essay of 50 words or less, entitled "What Freedom Means to Me." Students whose essays are judged best receive a \$50 savings bond.

School; Michelle Begonja, Wilson Elementary School; and Julie Scott, Woodlands Elementary School.

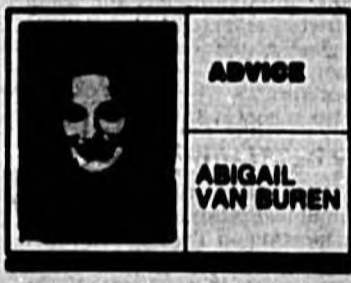
Last week, Longwood Bertoma hosted a luncheon honoring this year's winners. President Carmine Bravo presented savings bonds to: Jeffrey Spradley, Sabal Point Elementary School; Rani Chehol, Forest City Elementary School; Tara Levy, Wekiva Elementary

Julie was also honored by having her essay selected as the most outstanding. She was awarded the perpetual trophy and an inscribed commemorative plaque. Woodlands Elementary School will display the trophy for one year, until it is passed on to next year's winner.

After the presentation the children are challenged to write

Former smoker breaks chain

DEAR ABBY: This letter is long overdue in support of your anti-smoking campaign. Thirty-three years ago, I was a four-to five-pack-a-day smoker. When I went to the hospital one evening to visit a friend who had leukemia, I got off the elevator on the wrong floor, and before I realized my error, I was halfway into a 52-bed ward of tracheotomy patients.



about the horror of seeing a tracheotomy patient smoking through the opening in his throat reminded me of the following: About 20 years ago, I addressed a group of post-surgical patients at the Mayo Clinic in Rochester, Minn. They called themselves "The Lost Chord Club" because they had had their voice boxes removed following a bout with cancer. These patients were learning to speak with the aid of some mechanical device that had been recently perfected.

What shocked me more than anything I had ever seen in my entire life was a patient smoking

a cigarette through the hole in his throat! Abby, the sight of that man, who apparently was so desperate for a cigarette after all he had been through because of his smoking habit, made a true believer out of me. I quit cold turkey — and to this day I have never lit another cigarette!

Always leaving the auditorium — you guessed it — I saw one of the patients actually sneaking a puff through the hole in his throat!

Principal

Reynolds has been active throughout his three decades in education in many professional organizations. He said he is interested in the welfare of students in his school and in other schools as well.

My wife and I have four children, now grown, and none of them ever started smoking and none of their spouses or children smoke either. I hope this can encourage at least one chain-smoker to quit. I am now 68 years young — due to quitting — and if you want to use this letter, please feel free to use my name.

First Power
FIRST POWER STEPPATHER II

He said though he has attended his last executive meeting in most of those organizations, he will maintain a retired member status and stay "a little involved."

ROBERT B. LEATHERS, MADERA, CALIF.
DEAR MR. LEATHERS: Congratulations. Your story

He will not, however, simply walk away from his job at Lake Mary. He plans to stay on, perhaps cutting his work week to three days, at least through October and help ease the transition for the new principal who will be chosen this summer.

Sanford Herald
Is a proud member of the "Welcome Wagon" Family in Seminole County

"It's a phase in-phase out sort of deal," he said. Reynolds said he has no idea who will replace him at the helm of Lake Mary High School, nor does he have a say in the matter, but he hopes one of his assistant principals will be given the chance.

If You Are: Moving Into Or Around The Area Getting Married Having A Baby

"They've worked very hard at making this school what it is," he said. "I think they should be given a shot."

Let your Welcome Wagon representative answer your questions about the area and present you with free gifts.

Reynolds compares the school to a business with a \$7 million budget and 210 employees. He won't just walk away, he said, and let it fall apart.

If You Live In One Of These Areas, Please Call

When he retires completely in the fall Reynolds plans to spend six months traveling with his wife Ann, including a long-awaited trip to Alaska. After that he said he will spend time on his 11-acre property on Lake Bethel, across Lake Monroe from Sanford.

- Sanford — 323-4614
- Lake Mary — 321-6660 or 330-3311
- Longwood — 331-4016 or 689-9369
- Winter Springs — 698-2515
- Altamonte — 869-4340
- Casselberry — 699-9255 or 698-2515
- Oviedo — 869-8612

"I'll go fahin' and plant a few fruit trees up by the house," he said. "I won't change the land much, just maintain it. It's all Florida-like back there with pine trees and moss and all."

Reynolds added he has no plans to leave the area after retirement.

"I'd be a fool to go," he explained. "All my friends are here."

There will be a farewell dinner honoring Reynolds on May 30 at the Sheraton in Maitland. The dinner, with tickets selling quickly at \$95 per couple, is sponsored by the Lake Mary High School Booster Club.



Time	Channel	Program	Host	Notes
6:00	2	News	John H. ...	
6:30	2	News	John H. ...	
7:00	2	News	John H. ...	
7:30	2	News	John H. ...	
8:00	2	News	John H. ...	
8:30	2	News	John H. ...	
9:00	2	News	John H. ...	
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11:30	2	News	John H. ...	

For 24-hour listings, see TV Week issue of Friday, April 20.

Perspective

INSIDE:
■ Editorial, Page 2D
■ Books, Page 4D

D

VIEWPOINT

O'Hair brings her heathen act to the Sunshine State

If ignorance is bliss, then Madalyn Murray O'Hair must be the happiest woman on the face of the earth.

O'Hair is in Florida vowing to do whatever she and her misguided handful of followers can to remove religious symbols and dilute any of the basic principles and beliefs on which this country was founded.

If you're not familiar with O'Hair, this tidbit of information may shake your memory. She's the person who was directly responsible for a 1983 Supreme Court ruling that banned Bible reading and prayer from public schools.



VIEWPOINT
KLONIE JORDAN

She calls herself an atheist. To the layman, that means she doesn't believe in God, anything religious or any kind of faith, supreme being or hereafter.

The American Heritage Dictionary defines and atheist as "one who does not believe in the existence of God."

Oddly enough, the same dictionary defines the word "heathen" as "one who adheres to a religion that does not acknowledge the God of Judaism, Christianity or Islam." The word can also be used to describe "an irreligious, uncivilized or unenlightened person."

All that's missing in those two definitions is a photo of O'Hair.

It is important in the age in which we live to have something to cling to, something to believe in, something that can carry us through a tough day, a troubled time or a personal tragedy. For many, their faith in God is often the difference between sanity and panic in times of need.

It was this faith that carried the Pilgrims to America, convinced a group of rebellious Colonists that they could fight a war against Britain and win, and has been a major factor in every crisis in which this nation has been involved.

We are not a free country because of anything we've done. Oh, we wrote a constitution, adopted a Bill of Rights and declared our country a democracy. On paper, it's official. But in our hearts is where it is the most true. We are free by the grace of God, not by an act of Congress. Should that grace ever leave us, we become as much a heathen as O'Hair and our freedom is only as good as the crumpled parchment on which those historic documents were written.

Ask a soldier pinned down by enemy fire if he's ever prayed. Ask a mother who's ever watched her child die of leukemia if she's ever spoken with a supreme being, ask her if she's ever fallen to her knees and asked for guidance. Ask a father who just got laid off from a \$40,000-a-year job and has a wife, three kids and a mortgage if he's ever read the Bible or had faith enough to get him through that kind of crisis.

O'Hair, who resembles a grossly overweight Ruth Weathermer, makes no bones about scoffing at Christianity.

She calls the basic Christian beliefs "nonsense," and says that "Christians are empty pop bottles, throw them away."

"If somebody is religious, they're not good enough to be an atheist," she says. "Christians have nothing going for them at all, except to hope to live after you die. And that's an absurdity."

If that's the case, and I don't believe it to be for a second, then it's an absurdity with which I'll take my chances. If I'm wrong, I have nothing to fear. If she's wrong, she's got an eternity to burn and wish she hadn't been so stupid.

It's hard to talk logic with an insane person. You can't reason with O'Hair because her mind isn't capable of realizing that there are two sides to every story. There's a head on those portly shoulders but no indication of a whole lot of brain activity.

O'Hair has led her heathen band against the civilized world for a number of years. Since turning the Supreme Court against humanity in 1983, the goddess wonder has prevented Apollo 11 astronaut Buzz Aldrin from taking a televised communion on the moon and successfully sued the state of Texas to remove a constitutional provision that prohibited anyone who didn't believe in a supreme being from running for office.

Now she wants the slogan "In God We Trust" removed from U.S. currency and says nativity scenes at Christmas should be banned because they "pollute" property. She also wants religious symbols removed from city and state seals.

When asked what makes a person an atheist during a recent stop in Tampa, O'Hair said that "an atheist thinks..."

If that's the lone criterion for becoming an atheist, then it's easy to see why O'Hair and her heathens are so misguided. You see, dogs and peas and dolphins also think but you don't see them burning Bibles or ripping crosses off churches.

As for O'Hair's goddess beliefs and teachings, there is no place for that kind of garbage in the modern world. Perhaps in ancient Rome or Biblical Egypt she might have convinced some people to join her merry band.

But these are the 90s and O'Hair has been left behind somewhere in the cerebral evolution of mankind.

What she is trying to do is not at all unlike the same kinds of things that Hitler also wanted to do, and he killed 50 million people in the process.

A guide to speaking the environmental language

Environmental jargon has spilled over into everyday language since the first Earth Day 20 years ago began the process of raising our environmental consciousness.

But the average American may still be confused over the relationship of the greenhouse effect to global warming, or the difference between "good ozone" and "bad ozone."

Here is a primer on some often-used environmental buzzwords.

•Greenhouse effect: Occurs when carbon dioxide and other gases, acting like the glass windows of a greenhouse, trap heat in Earth's atmosphere, preventing it from escaping back into space.

•Global warming: An increase in worldwide temperatures that some think will result from pollutants, like car exhaust, aggravating the

greenhouse effect. Whether the Earth actually is warming - and when possible resulting problems like droughts or rising sea levels might occur - is a matter of controversy, although most records show global temperatures have risen about 1 degree Fahrenheit over the past 100 years.

•Ozone: A highly corrosive form of oxygen produced by complex reactions with chemicals in the air. "Good" ozone, found naturally in the upper atmosphere, or stratosphere, forms a layer that shields Earth from the sun's ultraviolet rays, which can cause skin cancer and other health problems. Recently, holes in that protective layer have been detected over the South and North poles.

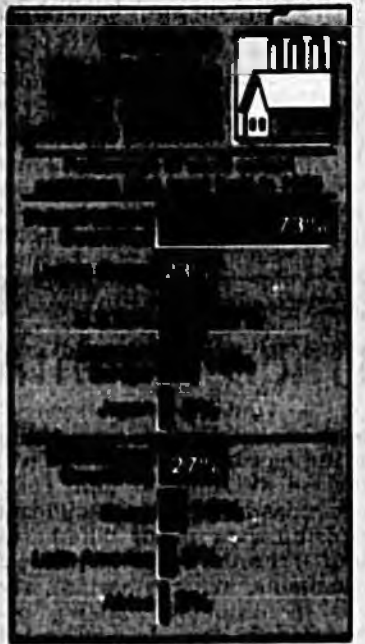
•"Bad" ozone, created by the reaction of sunlight with pollutants like car exhaust and industrial emissions and found closer to

ground in the troposphere, is a component of smog and can cause breathing problems.

•CFCs, or chlorofluorocarbons: Chemicals whose widespread use in industry processes and consumer and durable goods has been linked to depletion of the ozone layer. CFCs were once widely used as refrigerants, industrial solvents and in aerosol products.

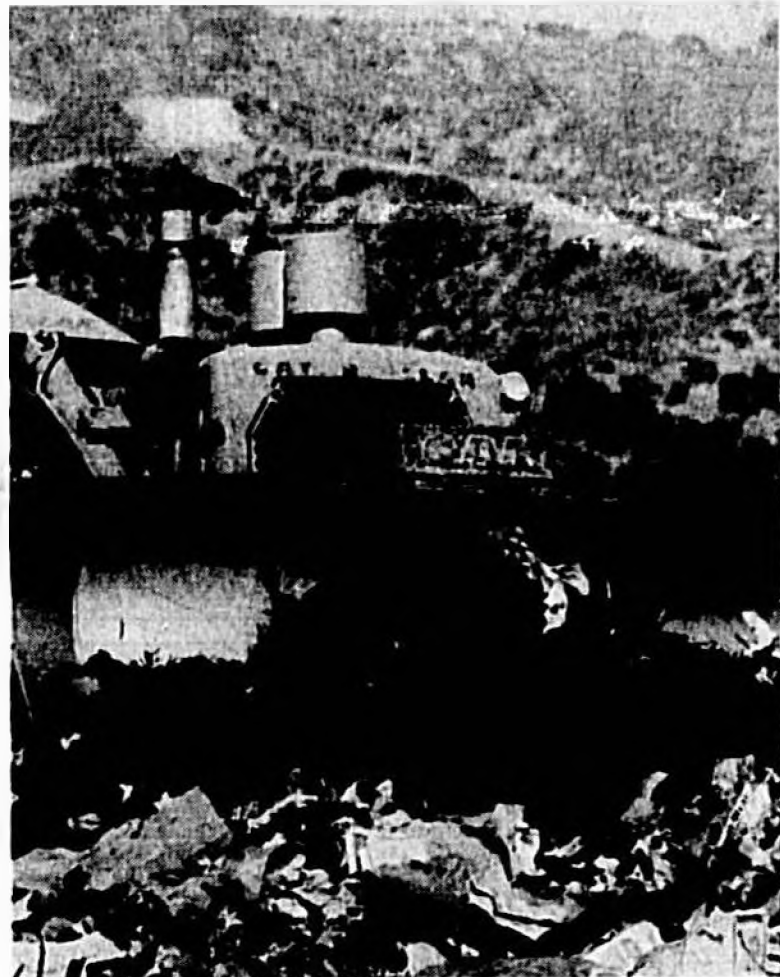
•Acid rain: The fallout of highly acidic industrial pollutants in rainwater or snow. Acid precipitation can cause an environmental imbalance when it enters lakes, rivers and forests, and may kill aquatic life.

•Superfund sites: Hazardous waste dumps that the federal government has placed on a priority list to be cleaned up using money from a fund bankrolled mainly by industry.



Source: World Resources Institute and Population Reference Bureau NEA GRAPHICS

Earth Day



The average American produces about 3.5 pounds of trash per person each day. Landfill capacity has been unable to keep up with the garbage.

A scruffy, ragtag child of the 60s comes of age

United Press International

Earth Day was born a scruffy, ragtag child of the 1960s, a loosely organized "happening" modeled on the Vietnam War campus protests but carrying a more benevolent message of a greener, cleaner future.

With only the skimpiest of national coordination, thousands of communities and universities across the country spontaneously put on modest, home-grown rallies, parades, concerts and tree-plantings on April 22, 1970, to raise public consciousness about the environment.

"It just bubbled up from the grassroots," recalls Gaylord Nelson, who as a U.S. senator from Wisconsin first proposed Earth Day after reading a magazine article in the summer of 1969 about anti-war "teach-ins."

"I only raised \$190,000 and you don't organize 20 million people and 10,000 grade schools and high schools and 2,000 municipalities on that kind of money. Most of it we didn't organize at all. They organized themselves."

Twenty years later, Earth Day has shed its counterculture origins and entered the mainstream in a big way, complete with corporate sponsors, glitzy media events starring rock stars and Hollywood celebrities, network television specials and a host of official

government proclamations and observances.

It also has burst out of U.S. borders and bloomed into an international celebration encompassing 135 countries. The planned festivities include the opening of the first bike path ever in Iran, a walkathon in Singapore to raise money to save rhinos, a procession of sailboats off Copacabana Beach in Rio de Janeiro, a flying arch of kites over France's Loire River and the rolling of a huge globe through the town of Vac, Hungary, after which it will be ceremonially washed.

Some activists are literally traveling to the end of the Earth to dramatize the issue: A team of U.S., Soviet and Chinese mountain climbers are scaling Mount Everest in hopes of reaching the summit on Earth Day. There, they plan to transmit live television pictures around the world via satellite and beam a program of environmental messages into deep space.

The end result, organizers hope, will be the largest demonstration in human history, involving 100 million people worldwide, and the beginning of a global environmental movement.

The explosion of interest in Earth Day reflects the new urgency and scope of the world's pollution problems, which are far more serious than could have been imagined two decades ago.

See Earth, Page 6D

U.S. progress dwarfed by global pollution woes

United Press International

WASHINGTON — The United States has made huge strides in cleaning up the environment since the first Earth Day in 1970, but those achievements are dwarfed by looming global pollution problems that could change the face of the

planet.

Thanks in large part to the revolution in environmental consciousness triggered by the Earth Day celebration of 20 years ago, America has made indisputable progress in clearing smoggy air, reviving dying rivers and lakes and restoring and protecting forests,

natural areas and animals.

Those advances stem from landmark environmental laws passed by Congress in direct response to the mass environmental movement born on April 22, 1970, when 20 million Americans took to the streets to demand a greener

See Pollution, Page 6D

Progress destroys rain forests as well as natives' way of life

United Press International

KUALA LUMPUR, Malaysia — The nomadic tribesmen coaxed out of their traditional hunting grounds in one of the world's oldest rainforests face "civilized" life with bewilderment and dismay.

"It was easier to find things for ourselves in the jungle," said Beluluk Seng, a village chief who, along with 133 other Penans, has been transported to a riverside settlement from the Borneo woodlands that sustained him from birth.

"Now we have to buy things with money," said Beluluk, who is living in a barracks-like longhouse. Totally unfamiliar with a cash economy, he is reduced to gathering rattan for sale to survive.

The disgruntled Penans were squeezed out of their traditional forest home by the government and the powerful logging industry, which they accuse of indiscriminately bulldozing lands they regard as their own, chopping down trees, polluting streams and forcing game

to flee. The struggle in Malaysia — between the Penans and environmentalists on one side, and timber barons and a government desperate for revenue on the other — is but one battle in a global war over preservation of the world's shrinking rainforests.

Environmentalists say the destruction of rainforests robs mankind of a vast storehouse of biological diversity that has only begun to be explored.

Hundreds of species of plants and animals are in danger of being wiped out, some before they are even named, eliminating unknown numbers of natural chemicals or substances that could help conquer cancer or other illnesses.

The leveling of the rainforests also threatens to accelerate the greenhouse effect — the warming of the Earth — because the jungles of Asia, Africa and South America absorb immense amounts of carbon dioxide, the primary "greenhouse" gas responsible for heat-trapping

See Forests, Page 6D



- Cosmic position: Third of nine planets circling the sun, which is one of 300 billion stars in the Milky Way galaxy.
- Age: At least 4.5 billion years old.
- Weight: Nearly 6.5 sextillion tons.
- Diameter: About 7,927 miles at the equator.
- Circumference: Almost 24,903 miles at the equator.
- Surface area: About 197 million square miles, 71 percent water.
- Amount of water: 350 quintillion gallons, 97 percent of which is found in oceans.
- Amount of permanently frozen land: 87.3 million square miles, or 20 percent of the land surface.
- Highest point: Mount Everest in Asia's Himalaya mountains, 29,028 feet above sea level.

Editorials/Opinions

Sanford Herald

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EDITORIALS

Trade Incentive

U. S. Trade Representative Carla Hills is correct to caution against making too much of an unprecedented trade accord just reached between Washington and Tokyo. Although both sides have made significant progress in resolving their major differences, the agreement still must be approved by the Japanese parliament. More important, the deal's success in reducing Japan's onerous trade barriers will hinge largely on how effectively Tokyo implements it.

Japanese Prime Minister Toshiki Kaifu faces a hard sell in the upper house of parliament, which is controlled by the opposition party. In a nationally televised speech, Kaifu urged voters to support the agreement, stressing that they would benefit by increased access to American goods. But many Japanese businessmen bitterly resent what they view as American interference in Japan's economic policy.

Japan's restrictive trade practices during the last four decades have prevented many foreign goods from entering the country. Despite previous promises to open its markets, Tokyo has always found a way to evade both the spirit and intent of various trade agreements. But the Japanese government has an added incentive to keep its word this time.

There is growing sentiment on Capitol Hill and across the country to retaliate against unfair Japanese trading policies. That sentiment strengthened Hills's hand as she began preliminary negotiations with her Japanese counterpart 12 months ago.

Last April, the United States listed three disputed trade sectors that could trigger retaliation if left unresolved. Thus far, Tokyo has agreed to open its markets in two of those areas — satellites and supercomputers. The third item, wood products, is still under discussion.

Even more encouraging is the agreement on a series of measures to make it easier for foreigners to invest and do business in Japan. If implemented in good faith, they could set the stage for a significant expansion in U.S.-Japanese trade.

Japan has agreed to deregulate its retailing system, increase public-works spending, strengthen antitrust legislation and patent protection, and relax restrictive land-use policies and restraints on foreign investment. Taken together, these steps could break down many of the barriers that are preventing American goods from penetrating the Japanese market.

At the same time, it should be noted that even if all these import restraints are eliminated, the \$49 billion U.S. trade deficit with Japan would be reduced by no more than one-third. This is largely because American consumers are buying Japanese goods in record volume. Factor in this country's productivity and educational problems, a large budget savings rate, and it becomes even clearer why America has lost the competitive edge in international trade.

President George Bush, who has promised to attack these underlying problems and thereby enhance U.S. competitiveness, played a pivotal role in jump-starting the stalled trade talks. Soon after he and Kaifu met in Palm Springs, U.S. and Japanese negotiators began to focus on making progress instead of scoring debating points. Now that an agreement has been achieved, the president and the prime minister should work together to dampen protectionist sentiments on both sides of the Pacific.

Berry's World 1990 Foogie



"OK, I'll tell you where it was built. But first you tell me if you want to 'Buy American' or if you want Japanese quality."

JOSEPH SPEAR

'Genial George' sows a whirlwind

If George Bush were an atmospheric disturbance, he'd be a twister. If he could fly, he'd be a hummingbird. If he were a dance, he'd be a jitterbug. What's more, he'd be one of the most benign breezes, busiest birds and animated dances you've ever encountered.

The man just can't help himself. He is Genial George, a non-stop, irrepressible socializer. It is how he governs, how he relates, how he relates.

Remember some of the first words out of Bush's mouth when he stood to deliver his inaugural address? "Hey, Jack ... Danny," he said, looking at Reps. Jack Brooks of Texas and Dan Rostenkowski of Illinois, both Democrats. He has gone on to govern in the same personal manner. When he feels like chatting with a lawmaker, he impulsively reaches for the phone. If fact-to-face discussions are called for, he'll show up at the House gym for a squash game.

Diplomacy is conducted in like fashion. During his first year in office, Bush spoke with world leaders by telephone 190 times and met with them 135 times. He talked the reserved French president, Francois Mitterrand, into doffing his coat for a cardigan and got West German Chancellor Helmut Kohl to take off his tie. He invited Australian Prime Minister Robert Hawke into pitching horseshoes, dragged Egyptian President Hosni Mubarak to a baseball

game, hauled British Prime Minister Margaret Thatcher's husband Denis around the golf links in the midst of a minor gale.

Bush does not take vacations. He takes "total vacations," which double as social events. Says the president: "I work like hell.... I get to work at seven in the morning and I'm going to continue to do that. But I'm going to play hard, too." Weekends at Camp David are so filled with activities that guests are provided with schedules. At his Maine vacation home, he swims, jogs, fishes and plays horseshoes, "aerobic golf," tennis and softball with family, friends and visitors.

He entertains at the White House

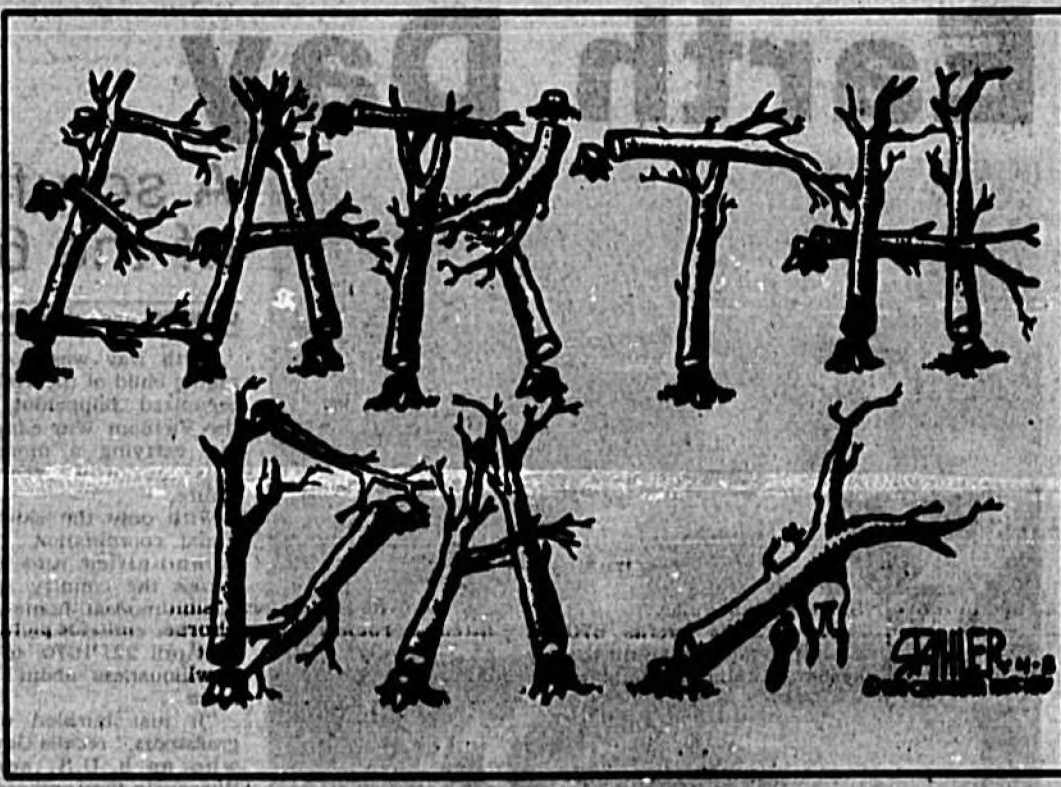
with similar exuberance. He suggests a small get-together to wife Barbara, and 36 people show up. He personally oversees guest lists, menus and movies.

Bush's aides joke that he restricts his attentions to his "2,000 closest friends." Both Bushes actually reach out and touch hundreds of people a year with handwritten or personally typed notes. Several evenings a week, the president retires to his private office in the family quarters to dash off his correspondence, then he takes it to work the next morning for mailing. On the very day he was elected, Bush found time to pen a thank-you to a company that had sent him a set of horseshoes.

He is an equal opportunity socializer. The day he came to Washington as a newly elected congressman, he invited the driver of the moving van to stay overnight. Shortly after the Bushes moved into the White House, they received a gift from a small businessman in the president's old northwest Washington neighborhood. A few days later, the businessman and his wife were invited to a White House dinner in honor of Israeli Prime Minister Yitzhak Shamir, and they subsequently received a three-page, handwritten letter from Barbara Bush.



He personally oversees guest lists, menus and movies.



ELLEN GOODMAN

Garbo imprisoned by legend

BOSTON — She made her last movie just before I was born. So I wasn't introduced to Garbo as a star. I never stepped in from the Depression to the romantic darkness of a movie theater and the exotic accent of a foreign woman.

I only knew her during her second career — as a legend. Or, rather, a Living Legend. By the time I saw a Garbo film, it was already a classic. In college, Garbo and Bogey film festivals ranked high beside black turtle-neck jerseys, jazz and espresso.

Later, when I lived in New York, there were occasional sightings of Garbo. Sometimes they made the paper, I don't remembering passing her in public, but then New Yorkers don't make eye contact and even transient residents learn not to stare at Jackie O or Greta G. The rough egalitarianism of the big city offers anonymity to bum and celebrity alike.

But I knew even then what became this legend most. It wasn't a Blackgama stink but a trench coat, a slouch hat, sunglasses and a high-camp movie line: "I want to be alone."

It wasn't until her death Sunday at 84 that I discovered what Garbo had really said off the screen: "I want to be let alone." One word makes the difference between a hermit and a private person.

The obituaries about Garbo the Star, made much of her face. When the camera rolled, they said, she was transformed. The Face could convey suffering, mystery, romance like none other. A face like that, the old Hollywood crowd attested in these eulogies, comes to the screen once in a century.

The obituaries about Garbo the Legend, on the other hand, made much of her silence and seclusion. When a man recognized her crossing the street, she said simply, "Shhh." When she met Rex Harrison in the elevator, he said, "Hello, Greta." She said "Hello, Rex." That was it.

Power of the obit writers noted the paradox that, in her second career as a legend, she became famous for wanting privacy. In retreat, she became a mystery to be solved, something elusive to be captured, something rare to be chased.

Indeed, the legend of Garbo grew in direct proportion to the rarity of her desire to be "let alone." In our own era, after all, more people want notice than privacy. Americans send their home videos to a television-show producer, offer up their Mealex moments to an advertiser, tell their disappointments to talk-show audiences. In show biz especially, "unknowns" scramble to make "names" for themselves.

It's only the famous who say they crave "privacy." Indeed the proof of celebrity has

become the desire to be let alone. The wall around the family compound, the lawsuit against the paparazzi — these are the symbols of superstardom now. Garbo in hat and sunglasses.

But this star didn't just retreat behind the walls to duck "Garbomania." Her retirement at 36 came on the heels of a flop. I don't imagine she chose seclusion in one definitive instant before the gossip sheets could dub her a has-been. Gradually, I imagine, the legend became her role and seclusion her method.

When people tried to lure her out of retirement with one new script or another, Garbo refused. Over time it may have seemed too risky. How would The Face at 48, 58, or even 78 compare to the photographs at 36? How would a new movie compare to the classics? How would the real thing compare to the legend? Garbo Talks, would anyone listen?

We are told that Garbo led a mid- and old-age of travel, walks, limos and mystery. The real woman was, in her own mind and words, "a sour little creature." She described her real life this way: I don't think it's very interesting. "When friends bring rain and quoted her, there was little there. When strangers met her over the years they often were — how could they not be? — disappointed.

Year by year, the mystery grew while reality shrank within its self-imposed borders. "I've always wanted two lives — one for the movies, one for myself," said the Swedish-born actress. But privacy became a role she played too well, too devotedly, for too long.

Greta Garbo did have two careers. She was star for 19 years and a legend for 49. It may be that her second career took as much toiling as the first.

But the woman in the slouch hat with the sunglasses whispering "Shhh" wasn't freely living a life. Long before she died, Garbo had become imprisoned as curator of a legend. Her own.



I don't remember passing her in public, but then New Yorkers don't make eye contact.

JACK ANDERSON

Hispanic agents 'unsung heroes'

WASHINGTON — Hispanic Americans have become the unsung heroes in this country's war on drugs. More than any other group, Hispanics are on the front lines, as the following incident from March 1988 in Mexico illustrates.

Two Mexican police officers lie wounded, face down in the dirt, as machine-gun fire screams out from the windows of a remote drug ranch near the coastal city of Mazatlan. Four Drug Enforcement Administration agents (three Hispanics) fight to save the injured officers and arrest the 12 heavily-armed traffickers.

Two agents provide cover-fire while the other two use their car as a shield to retrieve the wounded. The four agents and remaining Mexican officers trade gunfire with the outlaws. Special Agent Joe Martinez is pinned behind a truck, holding off machine-gun fire with his semiautomatic pistol. The truck's battery explodes and showers Martinez with acid.

Two hours of gunfire later, Mexican backups arrive. Tear gas is hurled into the ranch. The traffickers throw out their weapons and flee out. DEA agents march inside and seize 15 tons of marijuana.

The DEA's 270 Hispanic agents are the United States' secret weapons in the ongoing battle against Central and South American drug cartels. Yet they have been locked out of promotions and advancement within the ungrateful agency.

The most dangerous undercover work and the most mundane jobs fall to the Hispanic agents, according to insiders. After years of silent suffering, the plight of Hispanic agents will get a hearing next fall as U.S. District Judge Harold H. Greene presides over a class-action discrimination suit.

As the court case nears, agents face sniper fire from within. There is a subtle but discernible hostility toward them from DEA officials.

In 1988, Hispanics active in this suit were caricatured as fornicating rats in a hand-drawn cartoon anonymously mailed to southern DEA offices.

The discrimination suit has strong precedents. In Nov. 1988, a federal judge in Texas ruled that the FBI discriminated against its Hispanic agents. The judge called the FBI's equal employment opportunity program "bankrupt."

Despite DEA's recent efforts to promote Hispanics into management positions, it is likely the same conclusions will be drawn about the leading agency in the drug war.

DEA was styled in the FBI's image when John Lawn took the helm in 1986. Lawn, a veteran G-man, believed in the bureau's management style. He basked in hero worship he received in the wake of the January miniseries, "Drug Wars: The Camarena Story" — a docudrama that portrayed Lawn as a compassionate, no-nonsense leader, who pulled out the stops to solve the 1986 torture-murder of Special Agent Enrique "Kiki" Camarena. Lawn recently departed the agency to help run the New York Yankees.

Many Hispanics cheered Lawn's departure. They hope the new management team will finally treat them as first-string players.

LETTERS TO EDITOR

Letters to the editor are welcome. All letters must be signed, include the address of the writer and a daytime telephone number. Letters should be on a single subject and be as brief as possible. Letters are subject to editing.

Health/Fitness

IN BRIEF

Hearing problems to be discussed

LONGWOOD — Dr. Nellan C.A. Chari will present a one-hour lecture on "Hearing Problems and Hearing Aids" April 25 at 10 a.m. at South Seminole Community Hospital.

The lecture is free and open to the public. For registration, call Diane Oatman at the hospital at 767-8809.

The Department of Veterans Affairs will initiate a \$60 million expansion of its specialized alcohol and drug treatment programs at VA facilities this year.

Expanded services will include both enhancement of existing programs to treat more patients and establishment of 31 new programs. Treatment for substance abuse is available at all of VA's 172 medical centers and 333 outpatient clinics across the country.

For more information, call 1-800-368-6831.

Impotents Anonymous to meet April 23

ALTAMONTE SPRINGS — Florida Hospital Altamonte will host a lecture titled, "Kidney Disease and Impotence" at the next Impotents Anonymous meeting April 23 at 7 p.m. in the Chateau Conference Center at the hospital, 601 Altamonte Drive.

Nephrologist Howard Sackel will be the guest speaker. For more information, call 767-2365.

West Volusia forming arthritis group

DELTONA — The West Volusia Hospital Authority is working to initiate an arthritis self-help group.

The group needs 30 members to meet every Tuesday for six weeks. The group will explore diet, exercise and self-help techniques for the arthritic person.

The group plans to hold its first meeting May 1 from 3 p.m. to 5 p.m. in the medical library of Fish Memorial Hospital, DeLand.

For more information, call Linda Sanchez at 734-6662 or Cathy McDonald at 734-3330, ext. 1144.

Florida Hospital offers health seminars

ORLANDO — Florida Hospital Orlando offers seminars on various health issues. Some of them are:

• "When Mother's Day Isn't," a one-day seminar for couples who have been unable to become pregnant or have suffered miscarriages, will be May 9 from 7:30 p.m. to 9 p.m. in the Pods at the hospital, 601 E. Rollins St., Orlando.

• Breast cancer surgery will be the topic of a free seminar May 9 at 11:30 a.m. at the Center for Women's Medicine in the Florida Medical Plaza, 3801 N. Orange Ave., Orlando.

• Mother-daughter communication will be the topic of a seminar May 20 from 12:30 p.m. to 3:30 p.m. at the Center for Women's Medicine. Angela Garcia will discuss body changes, emotional changes, family communication and relationships with boys.

For more information, call 897-1917.

Exercise boosts blood clearing

By JAMES STOKES
UPI writer

DALLAS — The blood of distance runners runs clear as spring water compared to the fat-laden, milky plasma of the average sedentary American, but the reasons are unclear.

A recent report fuels the debate among scientists as to whether people who exercise benefit most from improved muscle conditioning or from the weight lost as they become more active.

However, those on both sides say people should not put off exercising while waiting for a resolution.

A group of California researchers performed a year-long study, following 46 men who lost weight by exercising, a second group of 42 men who lost weight by dieting alone and a third group of 42 men who did neither.

The exercisers, who were mostly runners, were encouraged not to diet, while the

dieters were counseled not to exercise, said Paul T. Williams, one of the authors of the study that appeared recently in the journal *Circulation*, which is published by the American Heart Association.

Distance runners are known to have 25 percent to 50 percent higher than average levels of high density lipoproteins, or HDL, the so-called "good" cholesterol that is important in removing excess fat from the body.

People with high HDL levels are less likely to have heart and blood vessel disease.

Williams, a scientist at the Lawrence Berkeley Laboratory in California, said runners probably have such high HDL levels because they are able to clear fat and cholesterol out of the blood stream much more rapidly than people who do not exercise.

His findings suggest runners have high HDL levels because of the overall weight loss that occurs with an exercise program.

"One of our main conclusions was that

the increase in HDL in the 46 men who exercised could be attributed almost entirely to the reduction in weight," Williams said.

When the statistics were adjusted to eliminate body mass as a factor, the runners had the same HDL levels as the group which neither dieted nor exercised.

The men who dieted also increased their HDL, but compared to the exercisers, they did not gain as much HDL per pound of weight lost.

Williams' co-investigator, Peter Wood of Stanford University, said the findings may help explain the surprising fact that people who eat more tend to have less heart disease.

Several studies that tracked people's calorie intake over a period of years found those who ate the least were more prone to heart problems. Wood thinks it is because bigger eaters are likely to be more physically active.

Travelers may need to take precautions

United Press International

Many Americans are looking forward to taking a vacation this summer, be it a short trip to visit relatives or an extended tour in a foreign land. However, those with specific health conditions should take a few extra precautions.

A newsletter published by New York University's Medical Center recommends that any medical condition — especially cardiovascular disease, diabetes, respiratory illness, endocrine disorders, epilepsy — should be stabilized.

People with diabetes should have controlled blood-sugar levels and those with heart disease should be stable for at least three to six months before departure.

An examination four to six weeks may be helpful to determine whether travel is advisable. During the exam, the doctor should check to see whether a medication schedule

or dosage level may be affected by shifts in time zones or activity levels.

Travelers should carry their medical history in the form of a doctor's letter which lists diagnosis, instructions for care in transit and all prescription and non-prescription drugs currently used. Travelers with serious health conditions should carry a form of medical identification at all times.

In addition, it is a good idea to pack enough medication to last the duration of the trip plus one week, should the stay be unexpectedly extended. Generic names for all medications should be included, since trade names vary greatly abroad. Medications should be left in their original pharmacy containers to avoid problems at customs.

Dr. Edwin Olson, associate professor of medicine at the University of Oklahoma Health Sciences Center, said heart patients can enjoy their vacation as well. **See Travelers, Page 5D**

Cervical cancer rate declines

By KEN SUGAR
UPI writer

ATLANTA — More than twice as many black women as white women are dying of cervical cancer, probably because of poor screening, while the death rate from the disease overall is declining, health officials said Thursday.

The number of women who died of cervical cancer declined from 5,537 in 1980 to 4,951 in 1987, an 11 percent decrease, said the national Centers for Disease Control.

But the death rate for black women was "consistently more than twice those for white women," the CDC said.

The proportion of black women who died of the disease declined from 10.1 people per 100,000 in 1980 to 7.6 people per 100,000 in 1987, while the decrease among white females was 3.6 to 2.9 per 100,000 during the same years, the CDC said. It said 1987 was the last year for which figures were available.

The overall decline of the cervical-cancer death rate — 70 percent from 1967 to 1984 — is largely attributed to the advent of the Pap smear, a screening device used by doctors to detect a variety of vaginal diseases.

The CDC said cervical cancer fatalities could be prevented by early detection and recommended routine screening for all women.

"Less frequent Pap smears for black women before the 1980s may have contributed to the **See Cervical, Page 5D**

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Vaccine may ward off AIDS virus

United Press International

WEST HAVEN, Conn. — Immune cells taken from people who received a potential AIDS vaccine appeared able to protect special immune-deficient mice from AIDS infection, a drug company said this week.

Researchers at Medical Biology Institute of La Jolla, Calif., removed white blood cells from people who received an experimental AIDS vaccine made by MicroGeneSys Inc. and injected them into mice engineered to contain a human immune system.

Attempts were then made to infect the mice with the AIDS virus, but the immunized white blood cells apparently enabled the animals to fend off infection, MicroGeneSys officials said. In contrast, mice who received white blood cells from unvaccinated people were not protected from infection by ac-

quired immune deficiency syndrome, officials said.

"This study is the first and most direct evidence to date that an AIDS vaccine can actually produce a clinically protective immune response in humans," said Franklin Volvovitz, president of MicroGeneSys of West Haven, Conn.

The results, presented to a scientific symposium on AIDS held earlier this month in Keystone, Colo., also point to a new way of studying the ability of human immune cells to fight AIDS infection without exposing vaccinated humans directly to the AIDS virus.

"Although it's a far cry from getting an effective vaccine, it's an interesting, potentially important finding," Dr. Anthony Fauci, director of the National Institute of Allergy and Infectious Diseases, said Thursday.

Fauci said the work was particularly significant because it looked at the type of white blood cells, called peripheral blood leukocytes, that are the prime targets of the AIDS virus. Other AIDS vaccine researchers will likely start using the animal model as a "way of quickly determining immune response without having to challenge humans" with the AIDS virus, he added.

The MicroGeneSys vaccine, called VaxSyn HIV-1, was the first possible AIDS vaccine to be cleared by the Food and Drug Administration for testing in humans. Since August 1987, more than 200 people have received the vaccine in trials to test its safety.

The vaccine is based on a genetically-engineered form of a protein, called gp120, which is part of the outer coat of the AIDS-causing human im-

munodeficiency virus or HIV.

Theoretically, one of the best ways to prevent the spread of AIDS would be through vaccination. But because of the complex and rapidly mutating structure of the AIDS virus, most experts predict any widespread vaccine is at least five years away.

Bristol-Myers Squibb Co. of New York has also been conducting human tests of a genetically engineered AIDS vaccine since November 1987. In addition, the FDA last month approved nationwide testing of a post-exposure AIDS vaccine developed by Dr. Jonas Balk, who pioneered the polio vaccine. It is hoped that vaccine, which consists of "killed" AIDS virus, will spur an immune response that will halt or reverse disease progression people already infected with HIV.

Cervical

Continued from Page 4B

excess in cervical cancer mortality among older black women," the CDC report said. "For younger black women who were screened more frequently than their white counterparts, disparities in follow-up treatment may have contributed to excess cervical cancer mortality."

To reverse the trend, the CDC recommends that quality screening and follow-up care be made available to all women, regardless of ability to pay, and that health professionals and women be educated about the importance of regular screening. "Cervical cancer intervention efforts that encompass the above components," the CDC said.

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Traveler

Continued from Page 4B

long as they take proper precautions.

A recent issue of Conde Nast Traveler magazine rated the medical risks for travelers overseas, stating that many emergency facilities in popular vacation destinations are lacking in medicine, technology, blood supplies and hygiene.

—Caribbean and Mexico: Doctors are not as well trained as those in the United States. Cases of inflated bills and unnecessary hospitalization have been reported.

—Eastern Europe: Antibiotics are in short supply and surgical techniques are questionable. A drug used for heart attack patients in the United States, tPA, is not available.

—The Orient: Japanese hospitals are well-equipped and medical care in Hong Kong, Singapore and Bangkok, Thailand, is good. Care in Jakarta, Indonesia, is "iffy." In China, the medical staff is competent but hospital accommodations and technology are not up to date.

Parenting seminars to be held

WINTER PARK — "Parenting in the Tender Years" is the topic of a special two-session seminar to be held at the Peggy and Philip B. Crosby Wellness Center, 2006 Misell Avenue, Winter Park, April 26 and May 3. Both sessions begin at 6:30 p.m.

The course has been specifically designed for parents with children between the ages of two and seven, a time when they may be undergoing profound physical, social and emotional development. The course will help parents learn how to listen and talk with their children in a way the little ones can understand. Parents will also be offered practical tips on guidance and discipline.

Speaker for the course is Pamela Frank, a licensed mental health counselor, of Pathfinders Counseling and Consultation in Orlando.

Course registration for both sessions is \$25 with reservations required. For more information, call the hospital at 646-7000.

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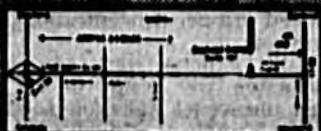
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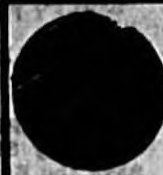
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