

Potentialities For Chaos

A unified foreign policy, according to Henry Kissinger, is the alternative to "enormous potentialities for chaos."

And although defenders of Congress will dispute the secretary of state's finger-pointing at Congress as the source of disunity, there can be no quarrel with the goal he outlined recently in a panel discussion in Los Angeles.

He envisions, he said, a "world in which most nations feel a sense of participation and most people feel more secure than they have in the past."

Neither will there be any argument over the dangers he emphasized in "the growth of the emerging nations, who are full of resentments, the resort to economic warfare, the proliferation of nuclear weapons, the expansion of Soviet military strength."

But it remains unlikely that a Congress, flexing its muscles in the field of international relations, will relinquish its newfound power to a White House occupied by a president of the minority party.

The growing conflict is exemplified by congressional initiatives barring aid to nationalist forces in Angola, the recent suspension of aid to Turkey over the Cyprus affair and the conditions imposed on trade with the Soviet Union.

While we can sympathize with Kissinger's frustrations, it must be pointed out, however, that the secretary has himself contributed to the mutual lack of confidence between the legislative and executive branches of government.

Apparent lack of candor on Kissinger's part in dealing with admittedly hostile lawmakers has nurtured mistrust and suspicion.

Apportionment of blame does not, unfortunately, lead to miraculous solutions. Kissinger's assessment of the problem remains valid.

The secretary of state's objective of an American role in shaping the world's future will require flexibility in both President Ford's administration and the Democratic majorities in Congress. The national unity he seeks will reflect cooperation at the highest levels of government.

Funding Abused

The new system for public financing of presidential campaigns has passed muster on the specific constitutional questions considered by the Supreme Court in its recent decision, but we find it hard to believe that the matching-fund system is going to survive in its present form.

A glaring loophole has just become evident. One of the Democrats who entered the race for the presidential nomination, Terry Sanford of North Carolina, is still qualified to receive federal campaign funds although he is no longer an active candidate. Mr. Sanford says he is not going to ask for any more money, but under the law he could do so even when there is not the ghost of a chance of his being nominated.

And even more disturbing potential for abuse has surfaced in the "presidential campaign" being mounted by the Pro-Life Action Committee, which opposes relaxation of abortion laws. The committee acknowledged that its purpose is not to try to send Mrs. Ellen McCormack of New York to the White House, but is simply to gain access to federal funds so the committee's anti-abortion messages can be beamed to a wider audience.

Rep. Charles E. Wiggins of California says this use of tax funds to advance an ideological cause would be a "perversion" of the campaign financing law. We think most Americans would agree, regardless of where they stand on the abortion issue.

The Supreme Court says it is all right for public funds to be paid to presidential candidates. But what about people who meet the law's qualifications as candidates, but in truth are not candidates at all?

BERRY'S WORLD

JACK ANDERSON

The Lobby Racket: Loopholes In The Law

WASHINGTON—Thirty years ago, Congress passed a law that was intended to require all lobbyists to register and to give yearly reports of their spending.

These regulations are so full of loopholes, however, that they are more of a tennis racket than a club over the heads of the lobbyists.

Not even the ITT and milk lobbying scandals have brought a real crackdown on lobbyists. They still operate in the shadows, guiding corporations and unions alike through the trackless wastes of government.

No one really doubts that lobbyists continue to buy favors, arrange deals and influence public policy behind the scenes.

Yet in the post-Watergate era, only 12 federal agencies have instituted lobbying control measures.

These are the findings of the Library of Congress, which has conducted a confidential study.

Lobbyists literally swarm over Capitol Hill, bobbing with the military brass at the Pentagon and pulling strings inside the White House. Yet except for the tennis racket, these great government centers have no effective rules to keep the lobbyists in line.

The people at the White House seemed offended at the mere suggestion that they regulate

County Commissioner Sid Vilhen Jr., announced candidate for Congress, found out last week that having reporters around can sometimes be a lifeline.

Around



The Clock

Vilhen, who is traveling on crutches due to a broken foot encased in a cast, exited his third floor courthouse office and turned to converse from a distance with reporters standing in the adjacent upper courthouse lobby area.

He was trying to enter an elevator at the same time.

Vilhen thrust one crutch into the elevator only to have the doors close tightly on the wooden support. Then he couldn't get the crutch out. He struggled with the stuck crutch and then hopped back to his office leaving the crutch protruding from the closed elevator doors.

A reporter and a lady passerby joined forces to pry open the elevator doors and from the crutch so Vilhen could ride the elevator to the ground floor.



TOM TIEDE Behind Carter's Smile

ATLANTA, Ga.—There was a time when Lester Maddox thought well of Jimmy Carter. And apparently vice versa. They were competitors for Georgia's 1968 Democratic gubernatorial nomination, but not fierce adversaries, Maddox recalling the peanut farmer as "a nice fellow."

And in 1970 they were cozy even on the same statehouse ticket, headed by Carter, both men traveling the stump saying kind and laudatory things about each other.

Then, shortly after Carter moved into the governor's mansion, he passed the word that his political relationship with 'ole Lester was merely a marriage of convenience. "He started in saying he was friendly to me only to win the election," Maddox says. "He started to talk about me behind my back. One day he called me into his office and told me right out that if I ever opposed him on any issue, he'd fight me with the full government resources of the state of Georgia."

So it is that Lester Maddox became perhaps the most vilipendous public enemy of the man who is now thought by some to be the leading Democratic candidate for the presidency. "He's two-faced," says Maddox of Carter, "he's the biggest phony I've ever known, and I just hope to God the American people find it out before it's too late."

Phony? Jimmy Carter? The accusation is not easy to digest. The quiet Georgia gentleman, a "born-again Christian" as he says it without

and continue on his delayed trip to lunch.

Members of the Seminole Cadet Squadron No. 08116, Civil Air Patrol, recently toured Kennedy Space Center and were treated to quite a few sights. Among the many things the Cadets did and saw were tours of the first launch control ever in use by the National Aeronautics and Space Administration (NASA), the vehicle assembly building, a film on the preparation of the space shuttle voyage and a scale model of the space shuttle.

The Cadets also saw a film and heard a lecture on the history of space exploration and its future goals and then the entire group toured launch complex 39, where the Apollo missions took off for the moon.

It was an interesting and educational day for these young Cadets and all express gratitude for NASA officials who took the time to spend with them.

The serious procedure of jury selection in circuit court was broken last week when a prospective juror agreed with a prosecutor's objection.

Defense attorney Alan Dickey was questioning a lady during the selection process and Assistant State Atty. Claude Van Hook objected to the question.

"Your Honor, that question is so vague..." Van Hook objected. He was quickly interrupted by the venirewoman.

"It sure is," said the lady. A ripple of smiles and laughter spread across the courtroom before Circuit Judge Robert McGregor could respond.

Dickey grinned and told the lady, "You and my wife would get along fine."

—Bill Currie

PRO/CON Kissinger Evaluated



JOSEPH KRAFT

What's wrong with Henry Kissinger? There are certain essential achievements for which Kissinger is responsible that ought to be cited. The first is his relationship with two presidents who, I think, have had a fairly hard time divesting an instrument for developing and applying their foreign policies. It seems to me that Dr. Kissinger had been the instrument by which President Nixon and President Ford

A second accomplishment has to do with the Chinese relationship. Apart from our own strength as a nation, about the best thing the United States has going for it in the world is the Chinese opposition to the Soviet Union. China is, de facto, our most important ally. Dr. Kissinger plays an important role in making that possible.

A third achievement... is detente, particularly the arms control arrangements. Dr. Kissinger, more than most secretaries of state in the past, was prepared to take risks for improving relations between the United States and the Soviet Union. I am by no means satisfied that we got the best of every deal... but it does not seem to me that the United States has suddenly shrunk to a second class power.

I would like to note some undoubted weaknesses (in Kissinger). The really strong case to be made against Dr. Kissinger is that he worked before in the long sweep of history. He is importantly to blame for that and I don't think there is any way that he can get out from under that blame.

Connected with that weakness is another weakness: If you ask me the question of how you know when Dr. Kissinger is lying, I would say when he begins talking about philosophy.

Is the U.S. Middle East policy fair to Israel? Dr. Kissinger put pressure on the Israelis (because) he saw the possibility for really changing the dynamics in the Near East, for starting a momentum that could lead to a genuine peace. The Israelis are, perhaps, not well equipped to see those opportunities. I get them to take advantage of opportunities that are theirs in their long-term interest.

One of the strong causes that can be made against Dr. Kissinger is that he has been truly profigate in scattering around arms largely — it seems to me — because he was trying to buy agreements. I doubt very much that they are going to keep us out of conflicts.

G. WARREN NUTTER

What's wrong with Henry Kissinger? There are three things basically wrong with Kissinger's foreign policy. The first has to do with his rather mechanical concept of stability in international relations, which he has set as the ultimate objective of foreign policy. To Kissinger, stability simply means that the great powers agree on how to settle conflicts of interest. This concept is defective because it ignores the question of what constitutes a good and peaceful society. There is no reason, for example, why stability, as Kissinger conceives it, could not mean a world order quite alien to the Western way of life.

The second thing wrong is the personalistic, secretive, mysterious style of diplomacy, a style that derives from Kissinger's notion of the role of the statesman. In Kissinger's scheme of things, foreign policy can never be public policy except after the fact.

The third thing I see wrong is the substance of the so-called policy of detente, the path that is supposed to lead to a stable world order. Stripped of all its rhetoric, Kissinger's detente amounts to giving away our assets without requiring any strategic benefits in return — on the premise Soviet leaders will not measure what they are receiving that they will carefully avoid upsetting the strategic equilibrium. This is essentially a policy of paying tribute. It has not worked before in the long sweep of history. Meanwhile, detente has lulled the West into a false sense of security, and moved the balance of power in favor of the Soviet Union.

Is the U.S. Middle East policy fair to Israel? The most unfortunate thing about our policies toward the Middle East is that we waited so long to begin diplomatic overtures, to try to solve the problems, and hence, in a way, we were instrumental in bringing about the October War. If we had taken certain diplomatic initiatives as long ago as 1969 or 1970, when President Sadat had indicated his willingness to talk, perhaps we would be in a better position to deal with the problem today.

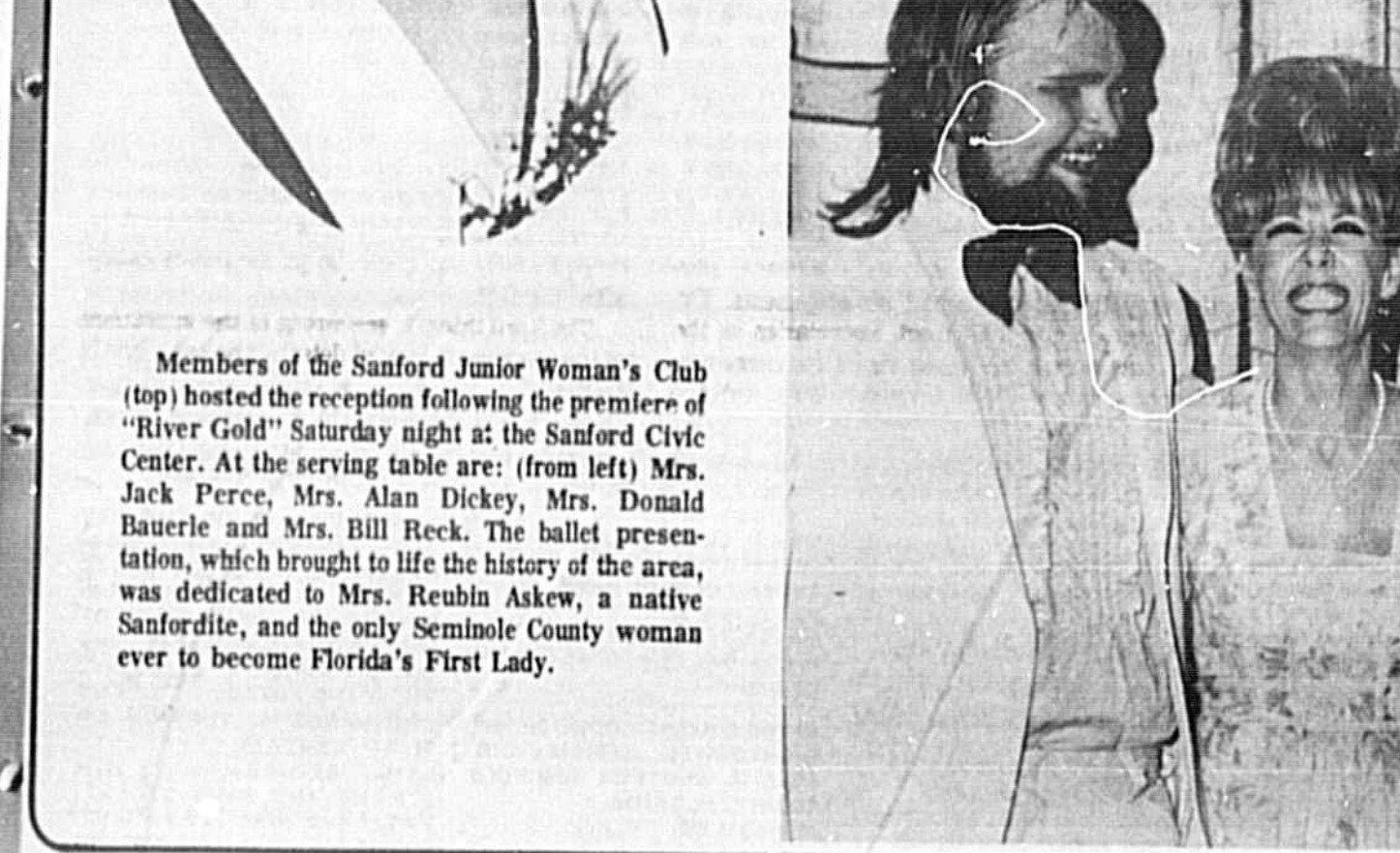
Should the United States be selling arms abroad? The primary purchasers of arms are countries like Iran, Saudi Arabia and Israel. I think we've gone too far. We have overly sophisticated the Shah's armaments and that is a mistake. I do think there is an important problem for us in providing some stability in a very unstable part of the world. If we have a good friend who promises some stability in government in the future, we need to aid him.



Members of the Sanford Junior Woman's Club (top) hosted the reception following the premiere of "River Gold" Saturday night at the Sanford Civic Center. At the serving table are: (from left) Mrs. Jack Perez, Mrs. Alan Dickey, Mrs. Donald Bauerle and Mrs. Bill Beck. The ballet presentation, which brought to life the history of the area, was dedicated to Mrs. Reubin Askew, a native Sanfelerie, and the only Seminole County woman ever to become Florida's First Lady.



Mrs. Reubin Askew, wife of Florida's governor and a native Sanfelerie, is the only Seminole County woman ever to become Florida's First Lady.



In the audience at the opening night of "River Gold" were (left, from left) Mrs. Eleanor Maresca, a Ballet Guild director; Mrs. Denise Swain; and Mrs. Susan D. D. Celebrating after the performance, which won a standing ovation from the audience, were (bottom) dancer Len Grover, artistic director; Valerie Weid and Miriam Wright, choreographers; and dancers Margo Dowlen and Sara Lee Roberts.

Dedicated To Mrs. Askew

River Gold Wins Applause

By JEAN PATTESON
Herald Staff Writer

Ballet Guild, you've done Sanford-Seminole proud! This weekend's production of the original dance drama "River Gold" will go down in local memory as a high point in the celebration of the nation's Bicentennial.

Not only was "River Gold" marvelous to watch — with its talented performers, effective set design and professional presentation — but it also gave one an exciting sense of participation.

The ballet, which traced graphically the history of settlement along the southern reaches of the St. Johns River, linked Sanford area residents with the area's many earlier settlers — English and Swedish, Spanish and native Indian. It gave one a sense of belonging; of being intimately involved with not only the present,

but the past as well.

Dedicated to Mrs. Reubin O'Donovan Askew, wife of Florida's governor and a native Sanfelerie, the dance drama premiered on Feb. 21, the day proclaimed Ballet Guild of Sanford-Seminole Day by Governor Askew. A second performance followed on Sunday evening, Feb. 22.

Following the introduction of Ballet Guild directors, and Mrs.

WOMEN

Evening Herald, Sanford, FL. Monday, Feb. 23, 1976—5A

Mildred Caskey, scenario designer, Mrs. Askew was introduced to the audience. A bouquet of red roses and plaque dedicating the ballet to Florida's First Lady were then presented to Mrs. Askew. She is the only Seminole County woman ever to be wife of a Florida governor.

Then the curtain rose on "River Gold". The historic river was depicted in all its moods, tranquil and stormy, in sunlight and moonlight by the full company of the Ballet Guild of Sanford-Seminole.

After thus effectively setting the scene, the dancers went on to portray the idyllic existence of the early Seminole Indians, shifting dramatically into the colorful and lively Spanish era and then to a spine-tingling portrayal of the American Revolution period.

A fittingly patriotic interlude in this Bicentennial production, this scene drew bursts of spontaneous applause as well as tears of pride and love of country from the audience.

The second act opened with a busy scene depicting the daily chores, family fun and solemn Sunday worship of the hardy, plucky early settlers in the Sanford area. Nor was the plantation life forgotten in "Six Day Night Delays," a scene depicting the work-weary laborers forgetting their woes in soul music and dancing.

This humble entertainment contrasted dramatically with the elegance and splendor of the next scene, "The Mansion." Lovely ladies and gallant gentlemen swept across the stage in the formal patterns of the waltz, dancing away the evening in the Count DeBarry's gracious mansion.

There followed one of the most poignant scenes of the entire drama, as the count, strolling in the garden at midnight, was tormented with the sweet memories of an early lost love.

The agony of the Civil War again stirred feelings of patriotism and identification with one's American heritage as the dancers depicted with stark realism the heroism and tragedy of this period in history.

Modern Florida, from the coming of the first steamboat to the departure of a northbound Auto-Train concluded the memorable presentation.

In rapid succession, dancers flitted across the stage, spotlighting for a moment flashcards which told the tale of a booming Florida: land races, motels, Naval Air Station, Cape Canaveral, retirement community, condominiums, Sea World, and Central Florida Zoo.

Even a glimpse of Disney World was included, complete with a fully complete of Mickey Mouse!

The entire cast appeared for a rousing, red-and-white-and-blue grand finale, and bowed repeatedly to the sweet music of standing applause.

The dancers performed throughout with the polish and verve local audiences have come to expect of the Ballet Guild. Special plaudits are due to male members of the cast whose solid acting backed extended the performances of the leading dancers.

Special mention also goes to artistic directors Miriam Wright and Valerie Weid; costume designer, Dr. Genevieve Richardson; set designer Hugh G. Lynch; and light designer, Dr. James C. Wright.

A very beautiful and effective way of commemorating the Bicentennial year and honoring the United States of America than the varied, colorful and moving "River Gold," would be difficult to imagine.



Dear Abby

DEAR ABBY: I used to diaper him. You must have a dirty mind... So what do I tell her then? Or am I in the wrong?

DEAR PUZZLED N.V.: I don't think you're wrong. I think it likely, however, that you carried into a very weird family.

Hate to write letters? Send 50¢ to Abigail Van Buren, 122 Lusk Dr., Beverly Hills, Calif. 90212. For Abby's books: "How to Write Letters for All Occasions." Please enclose a long, self-addressed, stamped (20¢) envelope.



Pots & Plants

Rooting For Success

By JANET TARA
(Third of a Series)

Roots are the lifeblood of any plant. Many leaf-damaged plants can make a comeback even after a severe pruning of dead leaves, leaving naught but a bare stem. But once the roots die, there is no hope.

Once you determine the best route for watering a plant according to the combination of plant variety, size and type of pot, you must stick to it.

Long dry spells followed by heavy watering can cause trouble. Each time a plant is allowed to severely dry out some of the roots die. If you follow this with a large amount of water to make up for the neglect, the surviving dried roots are flooded and can't cope with the sudden change. This is how rot starts.

The best solution for dried out soil is to bring the plant gradually back to its regular watering routine. But if you have damaged the plant, the lower leaves will turn yellow and fall off. Here's a way to do it to correct the damage.

Gently remove the plant from the pot and soil. Examine the roots and smell for decay. Remove all dead and hollow roots. If the soil is still wet, repeat dry in sterilized soil. Add a small amount of water. Gradually increase the amount. Keep the plant on the dry side until there are signs of improvement, i.e., the leaves stop yellowing.

This will only work if the roots haven't been very badly damaged. Once severe root damage has taken place, there is very little time for survival.

Tiny Tim Slated For Seminole Show

CASSELLBERRY — Tiny Tim, of "Tiptoe Through The Tulips" fame, will put on a one-night show tonight at Sportsman's on Highway 17-92. Tiny Tim will appear at 10 p.m. and again at 12:30 with a door charge of 5¢.

What Men Are Looking For In Women

By ABIGAIL VAN BUREN

DEAR READERS: I asked my readers to please send me a postcard telling me what they noticed first about the opposite sex. The response was almost equally divided between men and women, with slightly more men responding than women.

The bosoms were out in front by a wide margin! However, many men who said that the first thing they noticed about a woman was her bosom added that the size of a woman's bust isn't important.

An Austin, Tex., man wrote, "I married Miss Knockers of 1941, and our marriage was a disaster. Two children and four years later we were divorced. The knockers were destroyed by me more about her than her face does!"

The eyes show kindness, cruelty, warmth, trust, friendliness and compassion — or a lack of it. They even show whether that person has had a mother as good as his mother can.

When I try to tell my mother-in-law that I just ain't fit for her to bathe a grown son, she says, "Why not? I used to diaper him. You must have a dirty mind..."

So what do I tell her then? Or am I in the wrong?

DEAR PUZZLED N.V.: I don't think you're wrong. I think it likely, however, that you carried into a very weird family.

Hate to write letters? Send 50¢ to Abigail Van Buren, 122 Lusk Dr., Beverly Hills, Calif. 90212. For Abby's books: "How to Write Letters for All Occasions." Please enclose a long, self-addressed, stamped (20¢) envelope.



Dear Abby

DEAR ABBY: I used to diaper him. You must have a dirty mind... So what do I tell her then? Or am I in the wrong?

DEAR PUZZLED N.V.: I don't think you're wrong. I think it likely, however, that you carried into a very weird family.

Hate to write letters? Send 50¢ to Abigail Van Buren, 122 Lusk Dr., Beverly Hills, Calif. 90212. For Abby's books: "How to Write Letters for All Occasions." Please enclose a long, self-addressed, stamped (20¢) envelope.

Hate to write letters? Send 50¢ to Abigail Van Buren, 122 Lusk Dr., Beverly Hills, Calif. 90212. For Abby's books: "How to Write Letters for All Occasions." Please enclose a long, self-addressed, stamped (20¢) envelope.

Hate to write letters? Send 50¢ to Abigail Van Buren, 122 Lusk Dr., Beverly Hills, Calif. 90212. For Abby's books: "How to Write Letters for All Occasions." Please enclose a long, self-addressed, stamped (20¢) envelope.

Hate to write letters? Send 50¢ to Abigail Van Buren, 122 Lusk Dr., Beverly Hills, Calif. 90212. For Abby's books: "How to Write Letters for All Occasions." Please enclose a long, self-addressed, stamped (20¢) envelope.

Hate to write letters? Send 50¢ to Abigail Van Buren, 122 Lusk Dr., Beverly Hills, Calif. 90212. For Abby's books: "How to Write Letters for All Occasions." Please enclose a long, self-addressed, stamped (20¢) envelope.

Hate to write letters? Send 50¢ to Abigail Van Buren, 122 Lusk Dr., Beverly Hills, Calif. 90212. For Abby's books: "How to Write Letters for All Occasions." Please enclose a long, self-addressed, stamped (20¢) envelope.

Hate to write letters? Send 50¢ to Abigail Van Buren, 122 Lusk Dr., Beverly Hills, Calif. 90212. For Abby's books: "How to Write Letters for All Occasions." Please enclose a long, self-addressed, stamped (20¢) envelope.

Hate to write letters? Send 50¢ to Abigail Van Buren, 122 Lusk Dr., Beverly Hills, Calif. 90212. For Abby's books: "How to Write Letters for All Occasions." Please enclose a long, self-addressed, stamped (20¢) envelope.



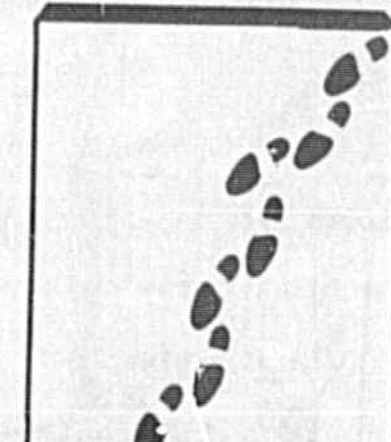
THIS WEEK'S SPECIALS
Glazed DOUGHNUTS

By The Doz. Only At This Price
99¢

Reg. \$1.74 Per Doz.

Seminole Bakery
OPEN MON. THRU SAT. 6-4

2533 LAUREL AVE. Ph. 322-7596 SANFORD



Where to go for all the information you need about your new community.

SHIRLEY McLELL
834-9212
Casselberry Winery Springs
Sanford Alford Home Springs

RUTH TUCHE
834-9212
Allamore Springs
Longwood
East

SHIRLEY McLELL
834-9212
Forest City
Allamore Springs

HILDA RICHMOND
574-3167
Deltona

BEETLE BAILEY



THE BORN LOSER



CAMPUS CLATTER with BIMO BURNS



BUGS BUNNY



BLONDIE



PRISCILLA'S POP



ARCHIE



FRANK AND ERNEST

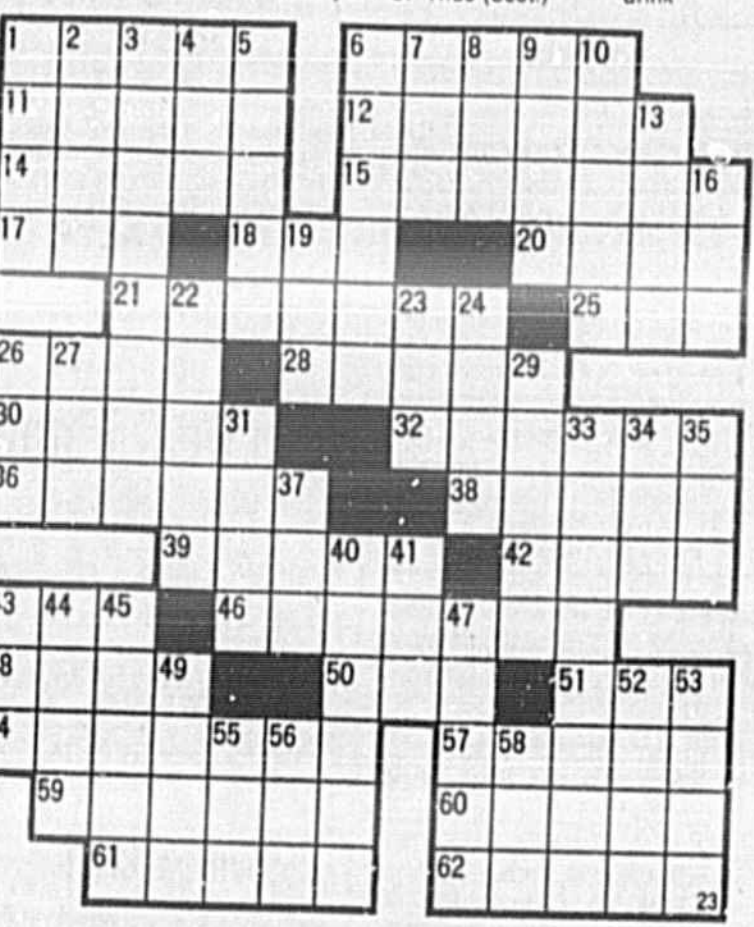


TUMBLEWEEDS



Sea

- ACROSS
- 1 Reef-building anthozoan
 - 6 Sea menace
 - 11 "Aida" or "Tosca"
 - 12 Montana capital
 - 14 Sea phenomena
 - 15 Speechifying
 - 17 Body of salt water
 - 18 Auricle
 - 20 Greek portico
 - 21 Flow
 - 25 Utter
 - 26 Witticisms
 - 28 Employers
 - 30 Alaskan native
 - 32 Deprived of milk
 - 36 Army chaplains (coll.)
 - 38 Related on mother's side
 - 39 Irish poet
 - 42 Leader (It.)
 - 43 Liquid measure (ab.)
- DOWN
- 1 Simple beds
 - 2 English painter
 - 3 Edited
 - 4 Have existence
 - 5 Contracted beam of light
 - 6 Seascape features
 - 7 Pronoun
 - 8 Winglike part
 - 9 Dries flax
 - 10 Interlaces yarn
 - 13 Wild ox of Celebes
 - 16 Jovial
 - 19 East Indies island group
 - 22 Excessive rate of interest
 - 23 Recent
 - 24 Yew or fir (form)
 - 26 Cartograph
 - 27 Palm leaf (var.)
 - 29 Beaches
 - 31 Numerical suffix
 - 33 Sea mollusk
 - 34 Catchall abbreviation
 - 35 English river
 - 37 Thus (Scot.)
 - 40 Nature-given gift
 - 41 Sault — Marie (ab.)
 - 43 Precious stone
 - 44 Three-banded armadillo
 - 45 Ocean ship
 - 47 Anxious
 - 49 Down (comb. form)
 - 52 Religious group
 - 53 Individuals vessel
 - 55 Bucketlike period
 - 58 Refreshing drink



HOROSCOPE

By BERNICE BEDE OSOL
For Tuesday, February 24, 1976

ARIES (March 21-April 19) You're very resourceful today and should succeed in getting what you go after, though you may not enjoy full cooperation.

TAURUS (April 20-May 20) You may have to alter an arrangement today and you could find it hard to please all concerned. You'll be able to work things out.

GEMINI (May 21-June 20) Something unusual, but beneficial careerwise, may unexpectedly develop for you today.

CANCER (June 21-July 22) If you have any important decision to make today, make them while you're still bright and fresh.

LEO (July 23-Aug. 22) Don't be afraid to try new methods or techniques today. Save yourself time and steps by being imaginative.

VIRGO (Aug. 23-Sept. 22) If you're restless today, alter your usual routine. Do something impromptu that's fun.

LIBRA (Sept. 23-Oct. 23) You're apt to be more motivated today if some type of profit is involved for those for whom you provide.

SCORPIO (Oct. 24-Nov. 22) Your most promising areas of endeavor today are in the imaginative or creative realms. Put your bright ideas to work.

SAGITTARIUS (Nov. 23-Dec. 21) You should be able to manage business situations quite competently today, but you're likely to be careless in other ways.

CAPRICORN (Dec. 22-Jan. 19) Try not to associate with persons today whose actions could reflect poorly on your image. Keep to friends whose standards are comparable to yours.

AQUARIUS (Jan. 20-Feb. 19) You could experience a beneficial happening today that may be of material value. Welcome favors gratefully.

PISCES (Feb. 20-March 20) In dealing with friends today, keep everything purely social. Don't let them get involved in your financial affairs or vice versa.

WIN AT BRIDGE

By OSWALD and JAMES JACOBY

NORTH

- ♠ 2
- ♥ J854
- ♦ A6
- ♣ K97532

WEST

- ♠ 984
- ♥ Q9763
- ♦ 5
- ♣ J864

EAST

- ♠ 3
- ♥ A K 10 2
- ♦ J8743
- ♣ A Q 10

SOUTH (D)

- ♠ A K Q J 10 7 6 5
- ♥ —
- ♦ K Q 10 9 2
- ♣ —

Both vulnerable

West North East South

Pass 1 N T Dbl 1 ♠

Pass Pass Pass 2 ♠

Opening lead — 6 ♣

heart. South ruffed, led another spade and discarded dummy's last heart. East ruffed and led a third heart. South discarded a spade, ruffed with dummy's ace of trumps, and led the six of diamonds to his king. Then he cashed the queen of trumps and led spades to wind up making four odd.

Oswald: "Not much consolation when he had a cinch spade slam."

Jim: "No, but the play was a winner. At the other table, South used a complicated series of asking bids. He found out that his partner held the ace of diamonds, but seven spades—and went down one. The diamond jack was a sure winner for the defense."

Heart Attacks Spark Depression

By Lawrence E. Lamb, M.D.

Dr. Lamb

DEAR DR. LAMB: My husband had a mild myocardial infarction last summer. It took him two months to recover physically, but more like three months mentally. He had never been ill, and this really hit him like a ton of bricks. All a heart patient can do is sit around and worry for fear he will drop dead with the next breath, about his ability to do his job when he's allowed back to work, about money if he can't and watching his neighbor mow his lawn.

Dr. Cavanaugh's group runs in the Boston marathon. Many of these men do more physical activity than they were able to do before a heart attack.

I do not advise starting an exercise program on your own after a heart attack. We need a lot more public facilities though where people can be trained to exercise. We need people to train post heart attack patients to the level that they feel good and realize that they are just as capable or more so that they were before an attack.

This can't apply to everybody as some people do have severe limitations after immediate recovery because of the extent of heart damage, but all too often the person could be trained to have a full and physically active life with the right training and supervision.

The best I can do is to say that the opportunity is there for most people who really want to try. With the doctor's permission such people should start a regular walking program while eliminating any excess fat they might have. Then, if their condition permits as shown by evaluation by the doctor, many of these people can progress to slow, steady jogging or trotting and other activities that will build up their heart and lung capacity to surprising levels.

For more information on what to do after a heart attack send 50 cents for The Health Letter, Number 2-12. After the Heart Attack. Send a long, stamped, self-addressed envelope for mailing. Address your letter to me in care of this newspaper, P.O. Box 1551, Radio City Station, New York, N.Y., 10019.

Tranquilizers are not the answer. I guess I am presenting you with a problem for which there is no answer.

DEAR READER: You are touching on an area that is all too often ignored. You're right about what happens to a person when a heart attack occurs. Of course one can be thankful that he survived because about half of the victims of heart attacks don't make it to the hospital in time for meaningful treatment.

I was on a program recently with Dr. Terrance Cavanaugh of the cardiac rehabilitation center in Toronto, Canada. He commented on this problem, noting that about half of the men in the exercise program did have a depression after a heart attack. Each man pretended that everything was great because he thought he was the only one who was having any worries.

That is typical of human beings. We tend to keep our mouths shut and suffer in silence because we think we are unique, when in fact most other people have similar difficulties and also think they are unique.

A lot can be done to dispel this feeling after a heart attack in many patients. It helps to get people back to normal living as soon as their condition permits. That means rehabilitation in many cases.

Many people after a heart attack can be trained to engage in vigorous physical activity.

Ask the Jacobys

Oswald: "We get lots of letters about freak hands. Maybe we should discuss some of them."

Jim: "Here's a dilly. It occurred in a friendly team match. At table one South decided to be really brilliant and wound up playing two diamonds. He ruffed the heart lead and decided to play to make sure or nearly sure of success at two diamonds. So he led the ace and king of spades, discarding one heart from dummy. East ruffed the second spade and led a second

An Idaho reader wants to know if we recommend an opening bid of one club in fourth seat with:

♠ Kxx♥Kxx♦xxA♠xxx

The answer is a strong affirmative. You will not show a profit every time you open with this sort of hand, but in the long run you will gain more than you will lose.

(For a copy of JACOBY MODERN, send \$1 to: "Win at Bridge," c/o this newspaper, P.O. Box 489, Radio City Station, New York, N.Y. 10019)

CARNIVAL



DOONESBURY



END OF ROLL
FEBRUARY 23, 1976