

# Sanford Herald

Serving Sanford, Lake Mary and Seminole County since 1908  
88th Year, No. 114 - Sanford, Florida

## NEWS DIGEST

### INSIDE

#### Sports

##### Walraven on second team

**SANFORD** — For the second consecutive year Seminole High School kicker Jason Walraven has been chosen a second team All-State player. See Page 1B.

#### People

##### A little here, a little there

According to a nutrition report, explained in the Consumer Focus column today, moderate exercise is better than none at all. Exercising a little here and a little there is claimed to be beneficial. See Page 3B.

### BRIEFS

#### Weekend TO-DO Guide

● Saturday, Jan. 1 — ABATE of Florida, Seminole County Chapter, is sponsoring a New Years Day Lime Bag Run. All motorcyclists are invited to participate in a day of fresh air, barbeque, and entertainment. The event will be held at Victory Lane, one block west of C.R. 427 and S.R. 434 in Longwood. Sign-up for the 50 to 60 mile run begins at 10:30 a.m. Cost, \$3 for single riders, \$5 for double. For additional information, phone 330-0444 or 328-9474.

● Sunday, Jan. 2 — The Central Florida Bloodmobile will be at Flea World and Fun World, from 10 a.m. until 4 p.m. Co-sponsors of this bloodbank event include members of the Seminole County Harley owners group, and Seminole chapter of ABATE, Flea World and Fun World will donate a \$5 gift certificate good for Fun World rides to each blood donor who participates.

#### What NOT-To-Do guide

##### Merrymakers, beware of laws

● Friday, Dec. 31 — 12 midnight — Laws change statewide regarding the illegal blood alcohol level. The alcohol content drops from 0.10 percent to 0.08 percent. Any driver arrested under the law is automatically presumed to be under the influence, and will lose their driving license at the time of the arrest. State law also prohibits open containers of alcohol from being carried in vehicles.

● Friday & Saturday, Dec. 31 and Jan. 1 — 1,642 Florida Highway Patrol troopers will be checking for drunk drivers. Local sheriff's deputies and police will also be out in full force.

#### Free coffee at 7-Eleven

Drivers feeling the effects of too many miles and too little sleep can enjoy a free, fresh-brewed cup of coffee at participating 7-Eleven stores throughout Florida, from 11 p.m. tonight until 7 a.m. tomorrow morning.

John Harris, division manager for 492 7-Eleven stores in Florida said the "Free Coffee on New Year's Eve" program is an opportunity for the stores to thank their customers. "Because so many people are traveling during the holidays, we wanted to give drivers a reason to stop by one of our stores, come in, walk around, and revitalize with a free cup of coffee."

Nationwide, 7-Eleven expects to distribute approximately 100,000 gallons of free coffee tonight.

"Because only time, not caffeine, can sober up someone who has consumed alcoholic beverages, we encourage anyone who has been drinking to get a safe ride home," Harris said.

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#### Breezy Day



Partly sunny with a high in the mid 60s. Northeast wind at 15 mph.

For more weather, see Page 2A

# What will 1994 bring?

## City, county officials' New Year resolutions

By J. MARK BARFIELD  
Senior Staff Writer

**SANFORD** — Local city and county officials look for steady growth and few problems in 1994.

Local government officials predicted few problems next year, though some saw potential costly challenges.

For Seminole County, county commission chairman Dick Van Der Weide said he looks forward to getting more involved in the county budget process. Now, commissioners first see County Manager Ron

Rabun's proposal in July and spend an intensive five-day session to pare it or add to it.

Commissioners will hold worksessions early next year to review the process and trends affecting the spending plan, which topped \$300 million this year.

"I hope the commissioners will become more proactive to the budget process rather than reactive as we have been doing," said Van Der Weide. "It may still take us five days to go through it, but hopefully, we will have given previous direc-

See Resolutions, Page 5A



### Here's where the custom originates...

By ROGER HARMACK  
Herald Correspondent

For many people, New Years Day marks a time for changing their lifestyle, appearance and habits.

Although that is the emphasis society places on resolutions today, it has not always been that way.

More than 4,000 years ago, in ancient Babylon, the people celebrated what is believed to be the first New Years Day in the history of

See History, Page 5A



Herald Photo by Michael Siedzinski

Shaun Briggs, director of sales for the Romance cruise operations with the Rivership Grand Romance. The last cruises on the ship from Sanford will be this Saturday and Sunday.

## Sail into sunset

### Last cruise for future riverboat with gambling

By NICK PFEIFAU  
Herald Staff Writer

**SANFORD** — The Rivership Grand Romance will make its final cruises from Sanford this weekend. The ship is being sold to be used as a gambling boat in the north.

The Romance's Linda Johnston explained, "We'll be making the last two cruises Saturday and Sunday, with both luncheon cruises going from 11 a.m. until 2 p.m."

She said that regular cruises will resume beginning January 9th, on the other ship, The Romance. "This next week," Johnston said, "we will be finishing up on all of the refurbishing and changes in the Romance, then it will be ready to take over the cruises until we obtain a new ship."

Shaun Briggs, director of sales said the final closing on the sale is scheduled for Jan. 7th. "We'll know exactly when it will leave Sanford by that time," he said.

When the sale of the Grand Romance was announced in No-

ember, rivership President Nanci Yuronis said plans were being initiated toward designing a new ship which would be constructed during the next year. She would not immediately reveal whether the new rivership would be larger than the Grand Romance or have a bigger passenger capacity. "But I'll tell you this," she said, "everyone will be very pleased with the plans we have for the new boat."

Briggs said that initial concepts have been developed for the new ship. "But we aren't going to dive into this until we have officially closed on the sale of the Grand Romance," he said.

Briggs explained that the Grand Romance will leave Sanford and go to the shipyard near Pensacola, where it was originally built. "When it gets there," he said, "it will be cut in half, and another 100 feet added to it, in addition to elevators and many other additions and improvements."

He said he understands the See Boat, Page 5A

## 1993 in review: Tale of three cities

### Sanford: Meetings, Main Street, mall, plan for lakefront

By NICK PFEIFAU  
Herald Staff Writer

**SANFORD** — The year 1993 was a year of meetings and gatherings in Sanford. Some were organizational, others were progressive.

One of the major events took place on Sept. 7. It was the official ground breaking of the 1.2 million square foot Seminole Towne Center Mall, southwest of S.R. 46 and Interstate-4. Developer Melvin Simon was personally in attendance, as were city and county officials and representatives of some of the major stores to be included.

With bands playing and fireworks lighting the sky, gold-plated spades broke ground for the massive complex in September. While the mall is not planned to open until Sept. 7, 1995, the coming year is scheduled for the start of construction which is expected to produce 1,400 jobs. When operational, the mall is

expected to provide over 2,700 jobs.

Downtown, the major project was to have Sanford designated as an official Main Street city. Following a great deal of paperwork which was submitted to the state and national Main Street programs, and a considerable amount of work by many area residents, the city was accepted as part of the program, with a Main Street Welcome Center officially opened in July, at 101-B W. First Street.

The Sanford City Commission launched a new series of meetings during 1993. Access-93 took commissioners, department heads and staff out into various communities for public meetings. One meeting was held in each of the four districts, hosted by Mayor Bettye Smith and the commissioner representing the district.

It was announced in December that the Access-93 project has been See Sanford, Page 5A

### Lake Mary: A very good year

By NICK PFEIFAU  
Herald Staff Writer

**LAKE MARY** — 1993 was an excellent year in Lake Mary, officials claim.

The completion of construction on Lake Mary Boulevard however,

would probably be listed as tops for most people. Motorists driving the route, and business owners experiencing difficulties with such problems as dug-up entrance areas, now have a beautiful boulevard.

The construction was stalled with the loss of the original prime contractor as the year started. Merchants and business leaders banded together to urge a more rapid resumption of the work. Eventually, everyone was successful, and the grand opening was dedicated with a "Jazz on the Park" celebration at the City Hall Central Park amphitheater. See Lake Mary, Page 5A



Herald Photo by Michael Siedzinski

Basketball courts at Fort Mellon Park along Sanford's lakefront draw Chris Janowski, leaping for a shot and Terry Skiba, in a friendly game of one-on-one. In 1993, Sanford developed a plan for the lakefront's future.

### Longwood: Harmony, more funds

By SANDRA ELLIOTT  
Herald Staff Writer

**LONGWOOD** — A city commission working harmoniously together and money in the bank are two high points of the year for Longwood Mayor Paul Lovstrand.

Three years of austerity have helped improve the city's financial picture. Lovstrand recalled when the payment of year end bills was delayed until the next fiscal year because there was no money to pay them compared to this year, when there was \$600,000 cash to carry forward. The city now has about \$1 million in reserves.

"The city is still not in good financial condition," Lovstrand said, "but it is in acceptable financial condition."

The mayor also credited personnel cuts made by former city See Longwood, Page 5A



## POLICE BRIEFS

### Man charged with battery

A Sanford man was charged in the aggravated battery of another man Wednesday. James Lee Day, 45, 3414 Palm Way, Sanford, was arrested after a man, saying he was Day's tenant, was attacked and cut with a knife.

### Domestic violence charged

A Longwood couple were arrested Wednesday night on domestic violence charges. Bruce Edward White, 46, was held on an assault charge and Gayle Shields Wardner, 44, was held on a battery charge. Wardner told Seminole County deputies White threw a glass of wine at her in their 1845 Lakeshore Circle residence and told her to leave. Wardner said she threw two wine glasses at White, missing him. She said she hit White with a book.

### Drug arrests in Sanford area

● Frank F. Hillsman, 28, 34 Castle Brewer Court, Sanford, held on a marijuana possession charge after Sanford Special Investigations Unit agents report seeing him hide a paper bag found to contain the illegal substance.

● Wayne Lavintz Pace, 30, 1805 W. 13th Place, Sanford, held on a cocaine possession charge after SIU agents report seeing him toss away a bag found to contain cocaine.

● Patrick Robinson, 26, 401 W. Seminole Blvd., Sanford, arrested on possession of "crack" cocaine and open container charges Wednesday night after SIU agents report seeing him hold an open beer container. Agents report a search revealed the drug in a candy vial.

### Guns seized

Ronald Albert Green, 25, 2800 Georgia Ave., Apt. 1607, Sanford, was arrested on violation of injunction and contempt charges Wednesday night. A woman reported he entered her home and was heard by a friend cocking a shotgun. Three shotguns were seized for safekeeping.

### Warrant arrests served

The following wanted persons were taken into custody:  
● Joseph Reuben Hirsch, 21, 239 N. Mounts Bay Court, Longwood, on an Orange County probation violation charge stemming from a marijuana possession conviction.

● Mary M. Snedden, 27, 223 Woodmer Blvd., Sanford, on a Lake County charge of failure to appear in court to answer to a charge of causing another person's telephone to ring repeatedly.

● Stuart Henry Borgard, 37, 165 Sheridan, Longwood, on credit card fraud and worthless check charges.

● Ulysses Francis, 27, 2261 Dolar Way, Midway, on an Orange County probation violation charge for an assault conviction.

### Crimes reported to authorities

The following incidents were reported to Seminole County deputies and Sanford police:

● A Longwood man reported he was attacked by a Sanford man in Geneva Wednesday evening. The Longwood man reported he was visiting a friend at a Swamp Lane residence when the Sanford man arrived. The alleged victim said the Sanford man was unhappy about the Volusia County murder arrest of Mark Manley and threatened him with a handgun, firing two rounds, including one near his feet. The alleged victim reported the man then pointed the gun at himself, then back at him, before striking him to unconsciousness.

After regaining consciousness, the alleged victim said he took the gun from the man before he was struck with a tire iron.

● A Sanford man reported he was attacked by several people, including relatives, Wednesday night. The alleged victim told Sanford police he was watching television in his Bailey's Quarters residence when two men entered his home and ordered him outside. Once he was outside his residence, he said he was confronted by a half-dozen men and women. One man and one woman struck him, while the others threatened him with blunt objects, he reported.

The alleged victim reported he believes the attack was prompted by his theft of meat from his relatives earlier.

● Tools and a case of cat food all valued at \$975 were reported taken from a storage barn at a residence in the 3400 block of Celery Avenue near Sanford sometime between noon and 4 p.m. Wednesday.

● A trailer valued at \$850 loaded with equipment valued at \$700 were reported taken from a residence in the 3000 block of Sanford Avenue, Sanford, sometime Wednesday between 3:30 p.m. and 6:45 p.m.

● Diamond and gold earrings valued at \$2,000 were reported taken from a residence in the 100 block of Edgewater Circle, Sanford, sometime between November and 11 a.m. Wednesday.

● A 1987 Ford Mustang was reported taken from the parking lot of Groveview Villas Apartments sometime between 11:45 p.m. Sunday and 10 a.m. Monday.



### A jewel of a friend

Andrea Farmer, public relations manager for the Central Florida Zoo, took a break from her office job recently to show off her friend Jewel, a kinkajou, to some of the visitors at the zoo.

Herald Photo by Michael Siedzinski

## White House probes radiation tests

By NANCY BENAC  
Associated Press Writer

HILTON HEAD ISLAND, S.C. — The White House is calling together officials from four federal agencies to help chart a plan to swiftly uncover the secrets of Cold War government radiation tests on humans.

Monday's meeting at the White House was scheduled as Defense Secretary Les Aspin on Thursday ordered the military to comb its files for information on hundreds of radiation experiments conducted on people in the 1940s and 1950s.

The Department of Veterans Affairs also is looking into whether 14 of its facilities injected low-level radioactive isotopes into veterans during those same decades, a spokeswoman said.

Other agencies are investigating their role in radiation testing as well, hoping to determine who was affected and what the lasting implications may be.

As many as 800 people were exposed to radiation in tests during the Cold War, and while some gave their consent, many apparently were not fully informed of the risks, federal officials say.

In a sign of the importance the Clinton administration attaches to the issue, staff from the departments of Energy, Defense and Veterans Affairs and from the National Aeronautics and Space Administration were summoned for a Monday afternoon session at the White House.

The White House hopes to "coordinate the process of going through the records of these agencies," spokesman Jeff Eller said at Hilton Head Island, S.C., where President Clinton is vacationing.

The meeting, which Clinton is not scheduled to attend, is the outgrowth of discussions between White House Chief of Staff Mack McLarty and Energy Secretary Hazel O'Leary, Eller said. Clinton's Office of Cabinet Affairs, headed by Christine Varney, will oversee the coordination effort.

"This is something that the White House is going to carefully review as we continue to investigate this situation and then work with Congress on what we need to do to remedy it in the future," Eller added.

The administration's campaign to reveal the scope of human radiation testing during

the Cold War began when O'Leary ordered her department to locate all records on human experimentation performed by the old Atomic Energy Commission.

O'Leary has said that if the government determines people were ill-treated, she will recommend that Congress compensate those wronged. The department has set up a hotline (1-800-493-2998) for people who think they were subjects of experimentation or who may know where experiments were conducted.

Aspin on Thursday urged the Pentagon to cooperate "openly and fully" with the Energy Department's efforts and called for an equally vigorous effort among the armed forces and at the Defense Nuclear Agency.

"I am concerned about reports that human beings may have been used in conducting radiation tests without their knowledge," Aspin said in a statement.

"We want our veterans and civilians to know how seriously we consider this matter," Aspin said.

Aspin named Dr. Harold Smith, assistant secretary of defense for atomic energy, to

coordinate the review.

Most of the government's radiation tests on humans were conducted by the Atomic Energy Commission, which was combined with other agencies in the Carter administration to form the Energy Department, said spokesman Mike Gauldin. Records are scattered across the country, he said.

"There is a good deal of concern about whether some or most of the experiments were ethical and of value and whether the subjects involved were properly informed of the consequences," Gauldin said.

Rep. Ed Markey, D-Mass., said the Energy Department is looking into the use of mentally retarded students at the Fernald State School in Waltham, Mass., in radiation experiments focused on human digestion.

Markey said in a statement he had asked the department to investigate the scope of the Fernald School experiments in the 1940s and 1950s, identify the people involved, provide a medical follow-up program to determine the long-term health effects and pay compensation.

## New study: Smoking helps burn body fat

By The Associated Press

SAN FRANCISCO — Smokers stay thin because their addiction helps dislodge stored body fat, a new study has found.

Even if they eat less than usual, people trying to quit smoking can gain an average of eight to 10 pounds, said Marc K. Hellerstein, a University of California at Berkeley professor and lead author of the study.

But researchers warned that smoking should not be used as a diet aid.

"Smoking, from a health point of view, is much more risky than weighing those extra few pounds," Hellerstein said.

The study published Thursday was the first to show that smoking stimulates a process called lipolysis, which frees lipids, or fats, from cells and spills them into the bloodstream.

Previous studies have shown that smoking increases a person's metabolism, the process that turns the calories in food into energy.

The new study was the first to show that smoking directly stimulates a process called lipolysis that frees lipids, or fats, from cells and spills them into the bloodstream.

Cholesterol levels increase after a person smokes a cigarette.

### - A Special Thank You -

On Behalf of the Residents of Hillhaven HealthCare Center, "Thank You" To All Who Donated Their Time, Talents, Gifts and Love During This Holiday Season. Please Know That Every Effort Was Most Appreciated. May You Have A Happy and Prosperous New Year.

HILLHAVEN  
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# Editorials/Opinions

## Sanford Herald

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## EDITORIALS

### One good year ends; make next one even better

Over this week, concluding today, the *Sanford Herald* has been printing articles about the good events of 1993. They focused on Sanford, Lake Mary, Longwood, and much of Seminole County.

It would have been just as easy to dwell on shortcomings or problems. Year-end stories could have been written dealing with juvenile and adult crime, drug abuse, business failures, and even the loss of loved ones.

Certainly, not everyone had a good year. Tragedy comes in many forms and there are those who seem to thrive on bringing problems back for another review.

Readers who dwell on the bad things in life would have many reasons to be saddened or angry.

Persons seeing the empty stores in Sanford's commercial areas and the for-sale signs in our residential districts may have expected a total collapse of the city. It has not come about, and with the continuing concern and activities shown by a number of our leaders, it never will.

As the year comes to a close, we believe it is better to recall the progress of our communities. Many steps were taken to preserve and protect our citizens, improve the lifestyle, and help the economy.

On January 1, of 1994, if we could have looked into a crystal ball and seen where we are today, we would have been surprised. Likewise, a glimpse into the future would probably amaze us even more.

This new year will be exactly what each person wants. If they look at the bad side of everything, they will continue to see only that aspect. If they look at 1994 as a new year in which to see more progress, we will have that.

Many people will be making New Year's resolutions. We suggest they include hope for a better tomorrow. Let's do what we can to be part of a better family, community, state, nation, and world.

Whether we will have a happy new year or not, will be in direct proportion to what we want it to be.

## LETTERS

### Boat speed limits

Boat speed limits imposed upon boaters to protect the lives of manatees should be abolished.

Laws should be passed to promote the safety of people, not animals. People have rights under the Constitution; animals do not. I have no objection to laws that would prevent the intentional killing or maiming of a manatee by a citizen of Florida (alligators and sharks would not obey the law anyway). I strongly oppose any law that artificially elevates an animal to human status like this while ignoring the rights of boaters and businessmen in the process.

Allowed to stand, could this law be duplicated later on the highway to reduce road-kill?

Donald F. Fann  
Sanford

## Berry's World



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## CHUCK STONE

### Readers rush to Limbaugh's defense

With apologies to T.S. Eliot, this is the way the year ended: not with a bang, but with a whimper. It's the kind of annual turbulence that cries for the usual punditry about what happened and why.

I'm uninterested. Instead, I find myself thinking about my mother, Perry Como and you wonderful readers. My mother was the very essence of grace. This beautiful Creole lady melded Christian love with crisp efficiency.

Every Sunday evening, she enjoyed "What's My Line?" and adored Perry Como, especially the part where the chorus sang, "Letters, we get letters, we get lots and lots of letters. Dear Perry..."

Many of you took me to the woodshed for dissing Rush Limbaugh. But nobody protested the criticism of Ross Perot. How fragile is the glory of yesterday's hero.

Your letters — from Arlington Heights, Ill.; Blytheville, Ark.; and Chickasha, Okla., to Uniontown, Pa.; Winthrop Harbor, Ill., and

Yakima, Wash. — exemplified what Lincoln called, "the better angels of our nature." Or, as that wonderful Benny Goodman classic summed it up, "you speak, and the angels sing." Here are a few of your angelic voices.

"Please let us know how to get the People Pin. Thanks much." — Mary, Elk Run Heights, Iowa.

"Dear Mary — I've mailed the information to you. If others request it, but to expedite requests, it's The Pin Man, Appreciation and Public Relations, P.O. Box 52588,

Tulsa, Okla. 74152; (800) 282-0085 or (918) 587-2408. I wear the smaller size, U34, on my lapel. The larger size is U9.



This is the way the year ended: not with a bang, but with a whimper.

"This (request for the pin) is from a 78-year-old (former) WASP." — 'Buck,' Berlin, Md.

Dear Eternal WASP — Don't ever change. And meet your epidermal variation below.

"I'm a 74-year-old black dude, and I want to get the People Pin." — Ellis, Peabody, Mass.

Dear Black Dude — Say hello to your WASP generational counterpart above.

"As I read your column, I realize that my day-care children and day-care home are 'a very hip commitment to multiculturalism.' I love your phraseology." — Joyce, Toppenish, Wash.

Dear Day Carer — I dug the phrase. But others demurred. Check out the next letter.

"I've been married 20 years with 24 years of experience. You must have been drunk with euphoria, having recently imbibed Rogel's Theaurus before you wrote the enclosed balderdash (on Toni Morrison)." — JoAnn, Winthrop Harbor, Ill.

Dear Teacher — A dry Gibson is not spelled T-h-e-s-e-u-r-u-s. Furthermore, us se-quipedallans never write balderdash.

"(Regarding your article on Ross and Rush — you're delusional. Who's calling whom a bigot? Look in the mirror. Color of skin doesn't matter to God." — Laura, Otsego, Mich.

Dear Laura — I agree.



"HOLD IT! ... IF WE STOP PAYING OUT TAX DOLLARS TO NON-WORKING, UNPRODUCTIVE BUMS, WILL WE CONGRESSMEN HAVE TO FIND JOBS?"

## DONNA BRITT

### They didn't seem that different

WASHINGTON — Maybe you're like me. Maybe the moment you learn that this column concerns the developmentally disabled — the mere words are a temptation to cut bait — you'll consider surfling to another piece.

And if I tell you that it suggests how these special men and women can enlighten us "normal" folks, you'll probably get a look on your face like the one my sons got when I told them we were going to see a play with some "very talented retarded people" in it.

The minute I said it, I realized that the term "retarded" is *verboten*. Then I figured that if things went as planned, just seeing actors perform in the nationally known (though clunkily named) theatre for Persons with Developmental Disabilities could make all limiting descriptions moot.

The kids would just think of them as people. So there we were, sitting in downtown Washington's Source Theater with other audience members who've paid \$5 to see the original play, "Walking That Pridelful Walk," sponsored by a grant from the D.C. Developmental Disabilities State Planning Council.

Beneath their baseball caps, my boys had that distinct, "I'm missing a perfectly good basketball game because of my stupid mother" look. After introductory music by composer-pianist Josh Milton and guitarist Alexander Moore, husband of the play's director, Denise Boston Moore, a half-dozen people who looked different from us — and twice as many who didn't — crowded the stage.

As the audience watched these men and women perform scenes gleaned from their often-painful experiences as former residents of institutions, I was watching my kids. I was looking to see if their set expressions changed, once they gained the insight into once-hidden lives that good theater provides.

The seven-year-old theater group, says president Shirley Rees, has been asked to perform in other states, though its limited budget has thus far prohibited travel. The group's highest accolade came from the mother of a now-deceased actor, who told Rees, "Acting in the group made him feel like a person."

The constant challenge of that — feeling wholly human in a world in which one is viewed as less — was a major theme of the play, which only seemed enriched by the actors' occasional missed cues.

The play showed the tough, practical challenges faced by developmentally disabled people who move from institutions — where rules are the rule — to more free-flowing group homes in sometimes — hostile communities.

But its larger purpose — as conceived by writer Molly McKitterick — was to celebrate the participants' individuality in a society in which "those people" are too often seen as being all alike — a false notion that was

immediately debunked.

Actors who sang and danced to Milton's original score were distinctly individual. While one attractive woman had to be gently led to her various places onstage by other actors, a Down's syndrome performer invariably hit her mark, clapping and singing in perfect sync.

Some cast members were more like the play's proficient lead, Ricardo Thornton — who with his wife, Donna, has been profiled in *The Washington Post* and on "60 Minutes." A fine actor by any measure, Thornton not only was convincing in two large roles — as an insensitive institution chief and as an easy-going group home director — but was a tactful improviser who covered other actors' slips.

Funniest moment: When a female resident, minutes after arriving at her new group home, discovers that her baggage is missing. "Find my luggage!" she yells peremptorily, causing the director to flee.

Most poignant was an illiterate young man's first, halting attempt to negotiate the neighborhood grocery, complicated by hostility from local shoppers and the store owner.

Also touching was Pamela Braxton's reading of her original poem, "Proud to Be There." "Proud to be there is on a bay, proud to be there is with you... Let's walk to the park... There's magic in the air..."

Proud to be there is a dream today, and a dream tomorrow." Afterward, as cast members circulated among the congratulatory audience, Braxton offered an immodest self-critique. "It's a beautiful poem!" she said. "I've been writing poetry ever since I came out of high school."

So what's the best about performing her work? "The ending," she said. "That way you can get the butterflies loose."

By the play's end, my kids' faces had relaxed enough to allow for a chat with Ricardo and Donna's cute son, Ricky, 7 — who is of normal intelligence — and to scarf down candy he'd given them.

"The play was really good. I'm glad we came," said my youngest. "Funny, they didn't seem that different."



My sons got a look on their faces when I told them we were going to see a play with some 'very talented retarded people' in it.

## ROBERT WAGMAN

### Recent study reveals complexity

WASHINGTON — The complexity of the health care debate — and the likely difficulty the general public will have understanding its nuances — has been underscored by the way major newspapers have reported on a private-sector evaluation of the Clinton health care reform proposal.

Lewin-VIII, a private research and analysis firm, hired a panel of experts that included high-level members of the Reagan and Bush economic and budget teams to dissect the Clinton plan.

The study, while complicated, seems essentially straightforward. Yet newspapers reporting on it had widely differing interpretations.

The *Washington Post*, for instance, under the headline "Health Plan Funding Passes Muster," concluded that the funding system proposed by the Clinton plan is fundamentally sound.

"Our funding estimates are in the same ballpark as theirs," said Lewin-VIII President Robert Rubin, an assistant secretary of Health and Human Services in the Reagan years. "It meets the president's requirement of providing universal coverage and it does so without relying on an increase in broad-based income taxes."

Naturally the Clinton administration was thrilled with this interpretation and rushed lavish praise on the study. Office of Management and Budget Deputy Director Alice Rivlin said, "This study verifies our funding estimates and the soundness of our program."

But the administration was unhappy with the interpretation of the study by *The New York Times*. There, under the headline "New Analysis Finds Higher Costs in Health Plan," the *Times* played up the negative aspects of the study, noting that while funding will be adequate, the overall cost estimates for both business and government will be higher than anticipated by the Clinton administration.

The *Chicago Tribune* offered still another interpretation of the Lewin-VIII study. Under the headline "Study: Clinton health plan will trim deficit," the *Tribune* emphasized that not only would the Clinton plan's funding be adequate, but that at the end of five years \$25 billion would be left over for deficit reduction.

All three stories pointed out that health care premiums are likely to be about 17 percent higher than the Clinton administration has estimated.

Another recently released study is also sure to add to the health care debate. In California, three health researchers examined the medical records of some 140,000 patients suffering from coronary artery disease. As reported in the *New England Journal of Medicine*, the California researchers found that the determining factor in whether a patient received advanced forms of treatments — such as bypass surgery and angioplasty — was not symptoms or clinical considerations, but the availability of medical insurance.

The study showed that hospitals and physicians provided advanced cardiac care to far more patients with private insurance than those covered by Medi-Cal, California's version of Medicare. Perhaps because of this — although the researchers do not directly allege it — the death rate among Medi-Cal patients from heart disease was much higher.



All three stories pointed out that health care premiums are likely to be about 17 percent higher than the Clinton administration has estimated.





**Treed**  
Bernie Barbour, 5, is trying to get a better perspective on the world. Climbing up in the tree he tried to see what he could see of the upcoming new year. So far, he has just seen fun ahead.

# Foreign affairs: Who's sorry now?

By HILARY APPELMAN  
Associated Press Writer

NEW YORK — Who's sorry now? Just about everybody everywhere these days.

After years of silence, Japan, Russia, South Africa and the United States all apologized in 1993.

"Once it starts, every group with a grievance wants an apology," says Donald McHenry, a former ambassador to the United Nations and professor of diplomacy at Georgetown University.

● Japan made its first official apology this year for World War II, after decades of resistance.

● Russia apologized for Soviet abuse of Japanese prisoners.

● South Africa's government apologized for apartheid.

● And the United States told Hawaii it was sorry for overthrowing Queen Liliuokalani a century ago.

So what's an apology worth, especially one that comes years after the fact and is made to improve relations or gain some other political advantage?

Etiquette expert Judith Martin, author of the *Mis Manners* column and an expert on when to say you're sorry, says, "You wouldn't think it would be worth anything, either privately or in an international context. This is a very practical, bottom-line world."

"But the fact is, it makes an enormous difference." Apologies validate the suffering of people who have been

wronged, Martin says. "Satisfaction of the soul is a very deep human craving," she explains.

Japanese Prime Minister Morihiro Hosokawa's recent apologies for Japan's forcing tens of thousands of women to serve as prostitutes for its soldiers, and for the brutal occupation of its Asian neighbors, came only after years of official silence.

It was the first time Japan had fully acknowledged its wartime role even to its own people.

"I was deeply impressed by the prime minister's frank attitude, which past Japanese prime ministers have not had," South Korean President Kim Young-sam said. "We must open a new era."

It was important for the victims that Japan finally took moral responsibility for its brutality, says Charles Doran, professor of international relations at Johns Hopkins University's School for Advanced International Studies.

"If people have been wronged," he says, "at the very least they want to have this recorded as a fact."

But apologies are rarely made to make people feel better, at least in the hard-boiled, Realpolitik world of foreign policy.

Apologizing makes sense only when a past incident gets in the way of current relations, some analysts say. Every "sorry" has an ulterior motive.

Japan wants to improve its political and economic relations with the rest of Asia. Russia is

looking for full acceptance into the international community. South Africa hopes to minimize the backlash when its black majority takes power.

And the federal government's apology to Hawaii?

"Personally, I'm looking at this as a new beginning for the Hawaiian spirit," says Sen. Daniel K. Akaka, who sponsored the bill.

Perhaps because Japan and the United States already have robust economic and political relations, they have never apologized to each other for Pearl Harbor or Hiroshima, though both countries have made noises of regret.

Tokyo's relations with its Asian neighbors, on the other hand, have been plagued by fears of Japanese expansionism and bitterness over past brutality.

Apologizing carries tremendous cultural weight in Japan, says John Curtis Perry, a Japan specialist at the Fletcher School of Diplomacy at Tufts University.

"The Japanese love apologies," he says. "When you apologize it's very wrong for the recipient not to accept."

In the end, though, actions speak louder than apologies. Regrets over apartheid would be meaningless without the dismantling of South Africa's racist system, and Japan's apologies will mean less to its neighbors than its military and economic policies.

"An apology should not stop at words," said Park Ji-won, spokesman for the Korean opposition Democratic Party. "It will be judged by the extent of South Korea-Japan cooperation in the future."

Will the flood of apologies keep coming? Diplomatic observers are divided over whether the deluge symbolizes something bigger, such as the end of the Cold War and a final closing of the book on World War II, or is just a fad.

Either way, don't hold your breath for apologies from the Israelis and Palestinians, or the British and the Irish.

"I don't think we're on the verge of a new wave where everybody apologizes to everybody else for everything in the past," says former ambassador Jerry Bremer, managing director of Kissinger Associates.

## Computer nerds spend holidays in cyberspace

By The Associated Press

SAN FRANCISCO — Elise Matthesen spent Christmas Day in Minneapolis, Cambridge, Mass., San Francisco and a future world called Cybertron City.

She accrued no frequent-flyer miles. Matthesen was touring the Internet, a network of computer networks through which she visits her friends in cyberspace every day.

"It wasn't odd, my being on the Net on Christmas Day. After all, doesn't everybody want to go home for the holidays?" she said.

On computer bulletin boards and networks from Hong Kong to Harvard, Israel to Illinois, people tapped into the network through their personal computers and spent the holidays arguing over the rules for playing the Hanukkah game dreidel, gloating over Christmas presents and welcoming the winter solstice.

For more than 20 million people around the planet, the Internet is part of their social round, all year round.

Take Callahans Bar. It's not a real bar. It's not even a real place. It's a round-robin letter by people who write as though they're regulars at a neighborhood bar.

When you log in to Callahans through your phone line, what you see is a computerized stack of letters from friends who offer toasts, spill their guts and comfort each other. Last week they were gearing up for a New Year's party.

One regular, a student from the University of Sydney in Australia, taunted her friends in snowier climes: "If there's one thing which is really annoying about Christmas, it's all the darn mosquitoes!"

Virtual moments later, Pat Kight of Albany, Ore., arrived carrying heaped platters of holiday goodies: "Mexican wedding cakes, all buttery and sugary and studded

with pecans and fruitcake — but not that lanky kind with all those unnatural green and red bits; this is a butter-batter cake chock-full of currants, nuts and dates, and it's been soaking in brandy for two months."

If the idea of words scrolling down a computer screen seems cold, the last resort of the lonely, listen to Callahans regular Firehawk: "As I write this, Christmas is about seven hours away, but I think I got one of my favorite presents on Oct. 25. That was when I discovered this Place. In two months, I have made friends from around the world, people who care deeply about each other, and who will go out of their way to help."

Others just need to vent. Like the man who announced that his former mother-in-law was visiting for the holidays to meet his new wife.

## GOP digging up the playing field for 1994's biggest game

By JILL LAWRENCE  
AP Political Writer

WASHINGTON — Some Republicans are testing the appeal of a novel political argument: There is no health care crisis and therefore no need for President Clinton's massive plan to revamp the system.

The conventional wisdom is that voters are on a rampage over health care. If that's true, this advance guard is heading in a dangerous direction.

But they see more political risk in going along with Clinton: the prospect that he will win full credit, and re-election in 1996, for reforms they contend will ultimately prove disastrous.

Under the Clinton plan, people would choose among health-insurance plans offered by huge regional purchasing alliances. All employers would have to participate. There would be a standard minimum benefits package, government controls on premium increases and coverage for all by 1998.

Clinton is counting on popular dissatisfaction with the status quo to get his reform package passed. Therefore, goes the new GOP thinking, it's imperative for Republicans to defuse the crisis mentality underlying the debate.

"That notion is politically inspired and designed to intimidate Republicans from standing up and saying that Clinton's plan will make things worse," said Bill Kristol, formerly Dan Quayle's chief of staff and now head of an enterprise called the Project for the Republican Future.

Kristol recently circulated a memo laying out his prescription for Republicans: Remind Americans they have the best medical system in world history. Dwell on the Clinton plan's impact on doctor choices, treatment options and costs. Then recommend small but significant changes that already have broad support, such as prohibiting insurance exclusions for pre-existing conditions.

So far the most prominent purveyor of this approach is former Defense Secretary Dick Cheney, a declared presidential possibility for 1996.

"The vast majority of Americans that I talk to believe the health care system works well for them," Cheney said this month on CNN. "I don't find very many people who think that ... the White House plan makes sense."

Some Republicans have bought Clinton's premise of a crisis and proposed large-scale alternatives of their own.

At the minimalist end of the scale is Sen. Phil Gramm of Texas, also a prospective Clinton rival in 1996, who has proposed tax-free savings accounts to buy catastrophic coverage and pay medical bills. Even Kristol suggests more needs to be done.

Yet a third 1996 possibility, Senate Republican leader Bob Dole, is hedging his bets. Earlier this month, he declared that health care is no crisis,

merely a problem. He also floated the idea of an early congressional vote next year on a "small market reform package" of ideas that already have consensus.

Both are in line with the Kristol memo. At the same time, however, Dole characterized that strategy as "the scorched earth policy" and said he disagreed with it.

One can hardly blame Dole for leaving his options open. Each side in this argument says the other is misreading the public mood, and there's polling ammunition for all. Eight in 10 people say the health system needs to be changed; eight in 10 also say they like their own health care.

Some Republican analysts contend even the majority favoring change have essentially one change in mind — cheaper care for themselves.

That's not a comfortable thought for Clinton, whose plan is expected to raise costs for some people at first. His main selling point to the middle class is security: health care that can't be taken away even if you get sick or laid off. But you don't need a massive restructuring of the system to fix that particular problem.

"People's definition of a major overhaul is a lot more incremental than the Clinton people believe and have proposed," said GOP pollster Bill McInturff. "That doesn't mean that the current system is just fine," he said. "Republicans should not be positioned as defenders of the status quo."

Republicans have good reason for queasiness as they walk that fine line. Affordable health care for all was the rallying cry that carried the obscure Harris Wofford past Dick Thornburgh, former governor and former U.S. attorney general, in a 1991 Senate race in Pennsylvania.

George Bush heard the message, but didn't heed it. And that was the beginning of the end.

EDITOR'S NOTE — Jill Lawrence covers politics and national trends for The Associated Press.

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# People

## IN BRIEF

### New Year's midnight wedding set

SANFORD — Ann Tarantino and Kenny Hallan, both of Sanford, will be married in a New Year's ceremony, Dec. 31, at midnight, at the First Church of the Nazarene, 2581 Sanford Ave., Sanford.

The bride is the daughter of Mrs. Pat Tarantino and Frank Tarantino of Hudson Falls, N.Y. The bridegroom is the son of Sharon and Don Hallan of Sanford.

Those interested are invited to attend the wedding.

### Quinn Institute sponsors events

WINTER PARK — During the month of January the Loren Quinn Institute of Winter Park will sponsor the following events:

On Saturday, Jan. 8, 1-4 p.m.: "The Bridge to Wholeness," a workshop by Jean Benedict Raffa. At the Quinn Institute, 1152 Solana Ave., Winter Park. Donations will be accepted.

Beginning Saturday, Jan. 8, 1-4 p.m.: "Living and Serving with Attitudinal Healing." At the Quinn Institute. Cost is \$85 for the five week course.

On Sunday, Jan. 9, 3-5 p.m. A "birthday party" and second annual membership meeting. At the Quinn Institute. Admission is free, light refreshments will be served.

On Thursday, Jan. 13, 7-9 p.m.: Dr. Raymond Moody reception and book signing. At the Quinn Institute. Cost is \$5. Moody's book is called "Reunions: Visionary Encounters With Departed Loved Ones."

On Friday, Jan. 14, 7:30 p.m.: Lecture by Dr. Raymond Moody. At Bush Auditorium at Rollins College. Cost is \$25 in advance, \$35 at the door.

Beginning Friday, Jan. 28, 7:30-9:30 p.m.: Meditation course with Peter Carlson. At the Quinn Institute. Cost \$30 for six week course.

Contact the Loren Quinn Institute at 629-1044.

## CALENDAR

### Sunbelt Daylily Club to meet

Sunbelt Daylily Club meets the first Sunday of the month at 2 p.m. through April at the Old City Hall, Highway 15A near Lake Mary Boulevard, Lake Mary.

The club educates members on daylily growing through slide shows, guest speakers and trips to daylily gardens. There are no club dues. Call 888-3196 for more information.

### Poets to talk verse

First Florida Poets meet at 10 a.m. every Monday at the Deland Public Library. Interested poets are welcome.

For more information, please call Bob Shefford, 904-736-0416, or Virginia Martin, 904-775-8909.

### Sanford Rotarians to meet

Rotary Club of Sanford meets every Monday at noon, at the Sanford Civic Center.

### Bridge club meets every Monday

Lake Mary Seniors invite anyone 55 years or older to play party bridge. The Party Bridge Club meets every Monday between 1-3 p.m. at the Lake Mary Senior Center at the Old City Hall, 158 N. Country Club Road.

### Cancer support group meets

Support, Hope and Recovery, S.H.A.R., meets every Monday afternoon at 5 p.m. at Central Florida Regional Hospital in the far corner of the dining room. This is a self help support group for all cancer survivors, whether in treatment now or finished with it. Call 324-8737 or 322-7785 for more information.

## Self-help test helps check enabling role

**DEAR READERS:** Since now is the moment of self-reflection and New Year's resolutions, let's look at our own behavior and interactions with family members and loved ones over the past year to determine whether we might actually be enabling problems they may be having with behavior disorders, alcohol or other chemical dependency.

Enabling occurs when we choose not to confront intervene or even acknowledge that a problem exists. It usually stems from the desire to protect ourselves or the other person from the consequences of their behavior as well as from our own fear of conflict and confrontation.

Drug users, abusers, addicts and other behavior disordered people will always find enablers; but when the enabler's behavior changes, the chance of recovery increases for everyone in the family.

Take the following self-test to determine whether you might actually be enabling the very behaviors that are hurting you and them.



**DRUG COUNSELOR**  
**MARY BALK**

- Sometimes.
- Do I believe that if I ignore the problem it may go away; they may "outgrow" it or otherwise just stop doing it? — Yes — No — Sometimes.
- Do I maintain the "No Talk" rule by not discussing painful events or feeling with other family members? — Yes — No — Sometimes.
- I feel increasingly inadequate, angry, and fearful around this person and try harder to make them control their behavior. — Yes — No — Sometimes.

Each of the above statements reflects an attitude, thought, or behavior that can contribute to enabling another person's problem behavior, whether it is chemical dependency or a behavior disorder. If you wish to seek support in overcoming enabling behaviors in 1994, self-help books are available at the library and bookstores. Support groups can help you learn how to stop the cycle of enabling, and 12 Step programs can give you the strength you need to face the problem behavior of someone you love, one day at a time.

Beat wishes to you and your loved ones in 1994!

(Mary Balk is a Certified Addiction Prevention Professional and counselor. Write her at the Sanford Herald, or call the Seminole County Schools' Drug Prevention office, 322-5556.)

- Do I overlook serious problems, hoping that they will not happen again? — Yes — No — Sometimes.
- Do I avoid confronting the person whose behavior causes me concern? — Yes — No — Sometimes.
- Do I remove the consequences of their behavior by "bailing them out" when they get in trouble with their employer, school, police, etc.? — Yes — No — Sometimes.
- Do I keep other family members from knowing of my concerns or the facts I have? — Yes — No — Sometimes.
- Do I focus blame for the problem behavior on the school, their friends, their upbringing, or myself? — Yes — No

## A little here, a little there Moderate exercise appears to be sufficient

The following article is an excerpt from Tuft University Diet and Nutrition Letter. As a new year begins I wanted to share it with you.

People tend to view it as an all-or-nothing proposition. They believe that either you get out there and work up a heavy sweat by jogging, swimming, or biking for 30 minutes straight or you keep yourself parked in front of the TV since anything less than a vigorous workout won't do your body any good anyway. But that kind of thinking is misguided.

You stand to gain simply by accumulating 30 minutes of moderate-intensity physical activity over the course of the day — using the stairs instead of the elevator, gardening, raking leaves, and walking part of the way to work, for example.

That's the latest from a panel of experts brought together by the Centers for Disease Control and Prevention as well as the American College of Sports Medicine. They



**CONSUMER FOCUS**

**BARBARA HUGHES / GREGG**

point to a growing body of research suggesting that for a person who leads a sedentary lifestyle, adding just 10 minutes of activity here and five minutes there reduces the risk of heart disease, high blood pressure, osteoporosis, and breast and colon cancer. Little bits of activity spread throughout the day also help alleviate depression, anxiety, and stress.

For people who are extremely sedentary, a little extra activity can reduce the risk of

disease as much as quitting smoking, according to Dr. Steven Blair, former vice-president of the American College of Sports Medicine and one of the experts who served on the panel. Currently, only an estimated one out of five Americans engages in a half hour's worth of daily activity.

Of course, the new advice doesn't mean that avid exercisers who make a habit of walking, jogging, swimming, or biking for at least 20 to 30 minutes several times a week should cut back. It's no secret to habitual exercisers that working out not only keeps you healthy over the long run but also helps you look and feel good. Still, for those who are not interested in becoming athletes but simply want to stave off chronic diseases, a little activity here and there appears sufficient to do the trick.

Incidentally, physically active people tend to outlive inactive people, even if they start their activity late in life.



**Bram Towers happenings**

Elsie Farley (left photo, left), gets a blood pressure and sugar check from nurse Lisa Carson. All of the residents were tested through the courtesy of Paragon Nursing and XL Cars. In right photo, Betty Weber (left) receives a photo album from Doris



Markle at the weekly coffee and breakfast at Bram Towers. The album was made by Markle. Weber has operated the beauty salon at Bram Towers for over 50 years and according to a friend, "She is always ready to help out on any occasion."

## It's down memory lane as '93 ends

**DEAR READERS:** What a year this has been! The Bushes and "first dog" Millie moved out of the White House. The Clintons and "first cut" Socks moved in.

Thurgood Marshall, the first black to be appointed to the U.S. Supreme Court, died at 84. Don Drysdale, famed Dodger pitcher, died at 55, and Roy Campanella, Hall of Fame Dodger catcher, died at 71.

Tobacco heiress Doris Duke died, leaving a cool billion to charity — no heirs. At 63, actress Audrey Hepburn had her last breakfast at Tiffany's. Marian Anderson, first black to sing at the Lincoln Memorial, after having been spurned by the D.A.R., died at 96. Former first lady Pat Nixon died at 81. All the former presidents and their wives attended her funeral.

Arthur Ashe, internationally famed tennis champ, died at 49. He contracted AIDS following bypass surgery in which contaminated blood was used. He left a wife and daughter.

Rudolf Nureyev, the Russian ballet star who defected to the West, died at 55. Handsome singer Billy Eckstine died at 78. Ruby Keeler, one-time wife of Al Jolson (star of "The Jazz Singer") — the first "talkie", died at 83. Star of silent films Lillian Gish (ask your grandmother) died at 99. Oscar-winning lyricist Sammy Kahn died at 79, and Helen Hayes, first lady of American theater, made her last curtain call at 92. Myrna Loy, once heralded as "queen of American movies," died at 88.

Dr. Albert Sabin, who developed the oral polio vaccine in 1961, died at 86. John B. Connally, former Texas governor who was wounded by a bullet intended for President Kennedy, died at 76.

Janet Reno became the nation's first female attorney general; Judge Ruth Bader Ginsburg was appointed to the U.S. Supreme Court. (Thank you, Bill Clinton!)

Crown Prince Naruhito of Japan wed former career diplomat Masako Owada in a private ceremony in Tokyo. Her beaded gown weighed 35 pounds.

The World Trade Center in New York was bombed, forcing the evacuation of the 110-story twin towers. Six died; thousands were injured.

More passings: actor Vincent Price, age 82; Raymond Burr, TV's Perry Mason, at 76; Actor-director Bill Bixby, 59, and Frank Zappa, 52, both of pro-



**ADVICE**

**ABIGAIL VAN BUREN**

state cancer. Veteran actor Don Ameche, 85, and singer Helen O'Connell (favorite of World War II GIs) died at 73.

Jean Harris, a woman scorned, was released from prison after serving 12 years for the shooting death of Searsdale Diet doctor Herman Tarnower.

H.R. Haldeman, who served 18 months in federal prison for his role in the Watergate scandal, died at 67.

Oregon's Sen. Bob Packwood may (or may not) get packing

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NO PARKING  
**WAYNE'S WORLD 2** PG-13  
ADAM'S FAMILY VALUES PG-13

after being charged with sexual harassment by several female office employees. Also in deep doo-doo: Singer-dancer Michael Jackson faces child molestation charges by a 13-year-old boy. "Merely being accused has already cost Jackson his lucrative endorsement contract" with Pepsi, says The New York Times.

A biography of G-man J. Edgar Hoover detailed allegations of homosexuality and cross-dressing. He headed the FBI for 48 years, until his death in 1972.

Prince Charles and Princess Diana are living apart. Sad ending to a storybook romance.

Donald Trump and longtime girlfriend Maria Maples announced (a) the birth of their daughter, Tiffany, and (b) their marriage.

Perennially young actress Loretta Young married Jean Louis, famed designer, after a 45-year friendship.

Farewell to 1993 — pray for world peace and good health for President Clinton and Vice President Gore.

(Problems? Write to Dear Abby. For a personal, unpublished reply, send a self-addressed, stamped envelope to Dear Abby, P.O. Box 69440, Los Angeles, Calif. 90069. All correspondence is confidential.)

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1:20 3:20 5:20 7:20 9:20

**TOMBSTONE**  
Kurt Russell  
Val Kilmer  
1:30 4:30 7:10 9:45

**GRUMPY OLD MEN**  
Jack Lemmon  
Walter Matthau  
1:10 3:15 5:20 7:30 9:40

**PELICAN BRIEF**  
1:20 4:00 7:15 9:45

**GERONIMO**  
1:15 4:15 7:00 9:15

**Litchfield Quality Theatres**  
**"NO PASS MOVIE"**  
**Beethoven's 2nd**  
1:10 3:10 5:10 7:10 9:10

**MRS. DOUBTFIRE**  
1:15 4:00 7:15 9:40

**WAYNE'S WORLD 2**  
1:00 3:00 5:00 7:00 9:00

**Addams Family Values**  
9:00

**BATMAN - Animated**  
1:30 3:30 5:30 7:30

**Sister Act 2**  
BACK IN THE HABIT  
1:00 3:10 5:15 7:20 9:30

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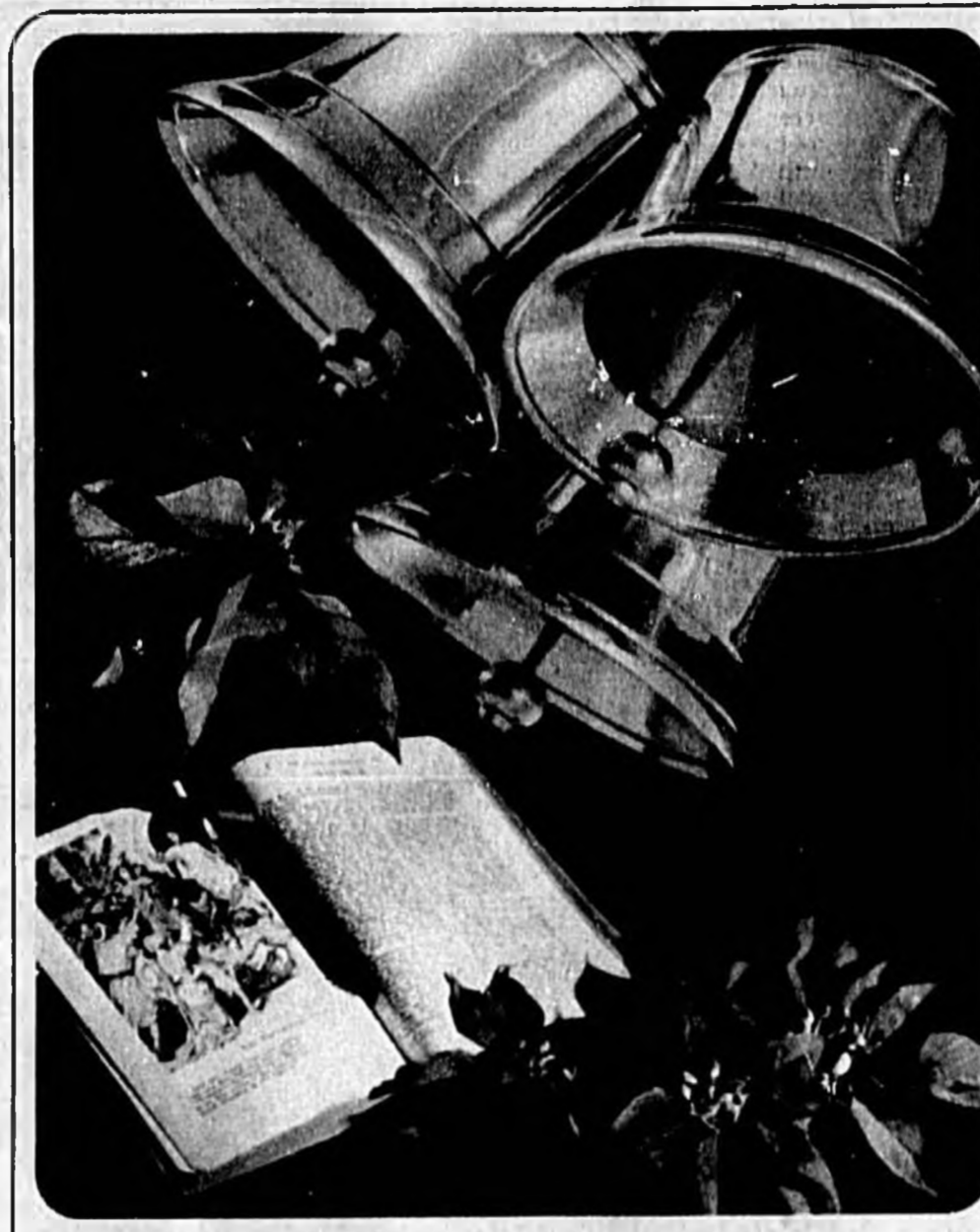
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 Bible Study 6:30 p.m.  
 Sharing & Proclaiming 7:30 p.m.  
 Wed. Prayer Meeting 7:30 p.m.  
 Nursery Provided

**FIRST BAPTIST CHURCH OF SANFORD**  
 519 Park Ave., Sanford  
 Rev. Floyd Black, Jr. Pastor  
 Rev. Jim Cornell Minister of Music  
 Rev. Sidney Brock Minister of Youth  
 Mrs. Cathy Blaine  
 Pre-School/Children's Ministries  
 Sunday Worship 8:15 & 10:30 a.m.  
 Sunday School 9:15 a.m.  
 Discipleship Training 8:15 p.m.  
 Evening Worship 8:15 p.m.  
 Wed. Prayer Service 8:15 p.m.  
 Nursery Provided

**JORDAN BAPTIST CHURCH**  
 920 Upsala Rd., Sanford  
 322-9072  
 George Sleds Pastor  
 Sunday School 10:00 a.m.  
 Morning Service 11:00 a.m.  
 Evening Service 8:00 a.m.  
 Wednesday Service 7:00 p.m.  
 Old Truths for a New Day

**FIRST BAPTIST CHURCH OF LONGWOOD**  
 891 E. SR 434  
 Longwood, FL 32750-5394  
 (407) 329-3817  
 Rev. J. Richard Chaffin  
 Associate Minister - Education  
 Rev. Preston Greene  
 Associate Minister - Worship  
 Rev. Jeffrey D'Yon  
 Associate Minister - Youth  
 Sunday Bible Study 9:30 a.m.  
 Worship 10:45 a.m.  
 Discipleship Training 5:00 p.m.  
 Wednesday Fellowship Supper 5:15 p.m.  
 Worship 6:30 p.m.  
 Nursery - All services & Deaf Ministry

**FIRST BAPTIST CHURCH MARKHAM WOODS**  
 5400 Markham Woods Road  
 Lake Mary, Florida  
 Dr. Robert (Bob) Parker Pastor  
 Bible Study 8:25 a.m.  
 Worship 10:45 a.m.  
 Youth Meeting 8:00 p.m.  
 Worship 7:00 p.m.  
 Wednesday Services  
 Prayer & Bible Study 7:00 p.m.  
 Adult Choir 9:45 p.m.



## WHAT WILL YOU BRING?

"I wonder what the New Year will bring?"  
 How often we hear that question voiced as we teeter on the edge of a new year. Like toddlers, we know not what is ahead. Yet, we too have guidance and protection...in the form of God and His Holy Word. In the twenty-third Psalm we are assured, "He leads me beside still waters...even though I walk through the valley of the shadow of death, I fear no evil; for Thou art with me..."  
 It is true that we cannot know what the coming year will bring, but we can determine what we will bring to the New Year...the sacrament of regular worship each Sabbath, the strength of the Scripture, and the calm that comes from a childlike trust in our Heavenly Father.

Sunday  
 1 Peter  
 1:1-12

Monday  
 1 Peter  
 1:13-25

Tuesday  
 1 Peter  
 2:1-10

Wednesday  
 1 Peter  
 4:1-11

Thursday  
 1 Peter  
 4:12-19

Friday  
 Ephesians  
 4:17-32

Saturday  
 Philippians  
 2:1-11

Scriptures Selected by The American Bible Society

**Inter-denominational**  
**CELEBRATION CHURCH LAKE MARY**  
 126 W. Lakeview Ave.  
 Lake Mary, Florida  
 Dr. Kevin Chubb, Pastor 321-0210  
 Sunday Morning 10:00 a.m.  
 Celebration Service 10:00 a.m.  
 Wednesday Night Bible Study 7:00 p.m.

**SHOWER DOWN OF BLESSINGS**  
 201 Elm Avenue, Sanford  
 321-8369  
 Timothy Hudson Pastor  
 Sunday School 10:00 a.m.  
 Morning Worship 11:00 a.m.  
 Tuesday Prayer 7:15 p.m.  
 Tuesday Bible Study 7:45 p.m.

**Lutheran**  
**HOLY CROSS LUTHERAN CHURCH OF LAKE MARY**  
 700 Sun Drive, Lake Mary  
 Paul Hoyer Pastor  
 Sunday Worship 8 & 10:30 a.m.  
 Saturday Service 8:30 p.m.  
 Sunday School 11:00 a.m.  
 Adult Bible Class 9:15 a.m.  
 Holy Cross Story Hour Preschool  
 For Information Call 333-0797

**GOOD SHEPHERD EVANGELICAL LUTHERAN CHURCH OF SANFORD**  
 ELCA  
 2917 Oriando Dr. Hwy 17/92  
 Phone 322-7312  
 Patricia F. Johnson Pastor  
 Sunday School 9:30 a.m.  
 Adult Bible Study 10:30 a.m.  
 Worship Service 10:30 a.m.  
 Nursery Provided

**Methodist**  
**CHRIST UNITED METHODIST CHURCH**  
 408 Tucker Drive  
 (Corner Tucker Dr. & CR 427)  
 Rev. Jerry Armstrong Pastor  
 Telephone 322-7900  
 Sunday School 9:45 a.m.  
 Morning Worship 11:00 a.m.  
 Wednesday Bible Study 7:00 p.m.  
 Youth Meeting 1st & 3rd Wed. 7:00 p.m.  
 Children's Time included in Worship  
 Nursery provided for Infants and Small Children  
 Small Enough To Love You - Growing In Christ To Serve You

**FIRST UNITED METHODIST CHURCH**  
 418 Park Ave.  
 322-4371  
 Clifford Melvin Pastor  
 Daniel Sellers Choir Director  
 Morning Worship 8:30 & 11:00 a.m.  
 Coffee Fellowship 8:30 a.m.  
 Sunday School 9:45 a.m.  
 Youth Fellowship 4:30 p.m.  
 Women's Fellowship 1st Monday 11:00 a.m.  
 2nd Monday 10:00 a.m., 2nd Mon. 7:30 p.m.  
 Men's Prayer Breakfast 1st Thursday 6:30 a.m.  
 Men's Fellowship Dinner 3rd Thursday 6:30 p.m.  
 Nursery Provided For All Services

**GRACE UNITED METHODIST CHURCH**  
 499 Country Club Road  
 Lake Mary  
 David A. Luedel, Jr. Pastor  
 Sunday School 8:30 & 10:30 a.m.  
 Sunday School 9:30 a.m.  
 11 AM Y.F.  
 Monday Bible Study 10:00 a.m.  
 Nursery Provided For All Services

**Nazarene**  
**FIRST CHURCH OF THE NAZARENE**  
 2581 Sanford Ave.  
 Pastor John J. Hinton  
 Sunday School 9:45 a.m.  
 Morning Worship 10:45 a.m.  
 Youth Hour 8:00 p.m.  
 Evangelistic Service 6:00 p.m.  
 Mid-week Service Wed. 7:00 p.m.  
 Nursery Provided for All Services

**ABUNDANT LIFE CHURCH**  
 (Evangelical Presbyterian)  
 105 Commerce Ct., Lake Mary  
 (407) 333-8078  
 Robert Wilbur Pastor  
 Sunday School 9:30 a.m.  
 Morning Worship 10:30 a.m.

<b>STENSTROM REALTY</b> Herb Stenstrom and Staff	<b>FURNITURE FACTORY LIQUIDATORS</b> Quality Furniture & Discount Prices 4050 Hwy. 46, 1 Mile East of I-4 Sanford, FL <b>321-9900</b>	<b>A.J. LOSSING TRANSFER &amp; STORAGE</b> Phil & Marie Roche ALLIED VAN LINES 307 S. Pine Ave., Sanford <b>322-3572</b>	<b>THE FOLLOWING FIRMS ENCOURAGE YOU TO ATTEND YOUR HOUSE OF WORSHIP THIS WEEK</b>	<b>This Space Available Call 322-2611</b>
<b>MINCER MOTORS CARS &amp; TRUCKS</b> Diana Mincer & Employees 321-2993 1809 S. FRENCH AVE.	<b>WINN-DIXIE STORES</b> and Employees	<b>HARRELL &amp; BEVERLY TRANSMISSION</b> David Beverly and Staff 209 W 25th St.	<b>BARNES HEATING &amp; AIR CONDITIONING</b> COMPLETE SYSTEMS • ADD ONS FREE ESTIMATES • SERVICE ALL BRANDS RESIDENTIAL AND COMMERCIAL "HEAT PUMP EXPERTS" STATE CERT. #CACC 3861 915 W. 2nd St. 323-3517	<b>Baldwin-Fairchild Oaklawn Park</b> Country and Funeral Home Serving you with integrity through THE SIMPLICITY PLAN. St. Rd. 46A at Rhineland Rd. Lake Mary <b>322-4263</b>
<b>BRAM BEAUTY SALON</b> 519 E. 1st St. • Sanford <b>321-8580</b> BETTY WEBER	<b>SANFORD ICE Hardware Stores</b>	<b>JIM ROWE PEST CONTROL</b> LOCALLY OWNED & OPERATED RON RUSSI & STAFF 2828 Iroquois Av. 322-2070	<b>INTERMENT CREMATION SHIPPING</b> GAINES CAREY HAND GARDEN CHAPEL home for funerals PLEASE CALL FOR PRICE INFORMATION LONGWOOD • 767-5101	<b>ADCOCK ROOFING &amp; SHEET METAL</b> 800 FRENCH AVE. <b>322-9558</b>
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Religion

IN BRIEF

Free concert set

The internationally acclaimed recording artists and 1993 Grammy-nominated African Children's Choir will be appearing in concert at Central Baptist Church on Jan. 2, 1994, at 6 p.m.

The concert is free, no tickets required. The African Children's Choir is a group of 27 African children, ages 5 through 12, who are selected from especially needy children in East Africa.

For more information, call Jack Thomas, Central Baptist Church, at 322-2914.

Church wishes Happy Birthday

The First Presbyterian Church of Sanford wishes a happy birthday to members of the congregation who celebrate birthdays in January. They include: Bob Kuhn, Korynne Kuhn, Laura Garrett, Muriel Stevens, Kenneth Fields, Van Gilbert, Lourine Messenger, Natalie Weld, Carol Hoppough, Shirley McCaskill, Valerie Weld, Roger Stewart, Mike Renaud, Tom Tipton, Isabel Grant, Robert Powell, Brad Wallace, Catherine Russell, Gib Blake, Shelley Thompson, Susan Riebel, Christie Graham, Maude Franke, Allison George, Dot McWhorter, Emily Mero, Trude Nopper, Morgan Smith, Richard Webb, Peggy Whitehead and Connie Williams.

Evangelist to speak

The Sanford Church of God announces Evangelist Frank Abram will be holding a revival Jan. 18-23. Pastor Donald E. Wiggins says participants will find Abram's messages informative on prophecy. He encourages those interested to make a special effort to attend nightly.

New program for kids

Beginning Jan. 10, First United Methodist Church, Sanford, is starting a new children's program called JAM Nite. This new ministry is for children in kindergarten through fifth grades.

JAM stands for Jesus and Me. The program is designed to help children feel better about themselves and their surroundings through the love of Jesus Christ.

JAM will meet every Monday from 4 to 7:30 p.m., with the schedule divided as follows: 4 to 5:30 p.m., children's choir and games; 5:30 to 6 p.m., snack supper; 6 to 6:40 p.m., creative learning (puppets, sign language, drama, hand bells, etc.); 6:45 to 7:30 p.m., kids' church.

Registration and more information is available by calling the church office at 322-4371 or Jennifer Bass at 323-0661.



Footsteps to follow

Pastor Larry Armbrust recently led the congregation of the Christ United Methodist Church in a special program, 'Footsteps to Follow,' honoring church members who have died during the more than 100 years the church has been in existence.

Make 1994 a year of change

By CHAPLAIN JIM SPOOSE, Special to the Herald

New Year's resolutions? We make them. We break them. We forget about them. There must be a better way? There is. Focus on priorities!

1994 needs to be a year of change. The action begins as we set our priorities, and then take action to get the job done!

Restoring a sense of justice and obedience to the law is a parallel priority. Secularism and materialism have sought to ban and educate religious expressions and values from public life, the schools, and even corporate and social America.

be a top priority. To solve budgetary problems we have downsized too fast and too much. Inadequate planning for conversion of defense plants, and lack of retraining for resulting unemployment of workers and released military has increased our problems rather than solving them.

Let's recall, let's remember the Constitution guarantees many rights and freedoms; speech, religious and political expression among others. Let's obey the Constitution. Let's halt the misinterpretations which destroy the intent and purpose of its founders, and would eradicate religious values and expression.

Recapturing our national pride, international respect, and military strength should

Therefore, readiness for any crisis should be reaffirmed. There are "loose cannons" on the world scene who could easily precipitate a nuclear "Armageddon."

Other priorities will come to mind. Let's refresh our minds from the lessons and mistakes of the past. Then, let's get to work and carry out our priorities with vigor, enthusiasm, courage and faithfulness.

Editor's Note: Chaplain Jim Spoose is retired from the United States Air Force.

Pastor's prison ministry spans the globe

Informative talk enlightens Methodist Men

By HERMAN SCHROEDER, Herald Correspondent

SANFORD — Pastor Bobby Sizemore believes in his work with the Rock of Ages prison ministry.

After becoming a pastor, Sizemore turned his attention to prison ministry. His mission work has taken him all over the world. Sizemore said Bucharest, Romania houses 45,000 inmates in 31 prisons; Latvia houses 9,000 inmates in 12 prisons and Lithuania houses 9,500 inmates in 11 prisons.

One bright note is that, of American prisoners who are converted to Christianity within a prison ministry, only 10 percent return to jail for committing other crimes, he said.



Pastor Bobby Sizemore is introduced by his sister Shirley Edyvean.



Master chefs for the First United Methodist Church Ladies Night are, left to right: Milner Ryals, Sam Greene, Carl Dietrich, Ashby Jones, Lester Rothwill and Hugh Carlton.

SEMINOLE COUNTY AREA CHURCH DIRECTORY

- ALLIANCE CHURCH: Community Alliance Church, 4815 East Lake Drive, Winter Springs; Neighborhood Alliance Church, 301 Marham Woods Rd., Longwood; Sanford Alliance Church, 1401 S. Park Ave., Sanford...
EASTERN ORTHODOX: Eastern Orthodox Church, St. Steven's of O.C.A., 1899 Lake Emma Rd., Longwood; Eastern Orthodox Church, St. John Orthodox, 2743 Country Club Rd., Sanford...

Legal Notices

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, SEMINOLE COUNTY, FLORIDA. SC0 INCIDENT NO.: 93-2326-048

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, SEMINOLE COUNTY, FLORIDA. CRIMINAL CASE NO.: 93-2326-048

NOTICE OF PUBLIC HEARING The Seminole County Board of County Commissioners (BCC) will conduct a public hearing in the County Services Building, 1101 East First Street Sanford, FL, Room 1028 (in the Court Chambers) on January 25, 1994.

NOTICE OF PUBLIC AUCTION Notice is hereby given: McCConnell Towing will sell at Public Auction for salvage for cash on demand to highest bidder, the following described vehicles:

NOTICE TO THE PUBLIC Notice is hereby given that under the authority granted to the Seminole County Tax Collector under Florida Statute 218.055 to expand the Senior Management Service Class within the Florida Retirement System, it is his intent to add the position of Deputy Tax Collector effective January 1, 1994 with benefits retroactive to February 16, 1990.

CELEBRITY CIPHER Celebrity Ciphers are created from questions by famous people, past and present. Each letter in the cipher stands for another. Today's clue: H equals V.

NOTICE OF FICTITIOUS NAME Notice is hereby given that I am engaged in business at 323 Stoner Rd., Winter Springs, FL 32787 in Seminole County, Florida, under the Fictitious Name of INTEGRITY CLEANING SERVICES.

NOTICE OF FICTITIOUS NAME Notice is hereby given that I am engaged in business at 3840 Red Bug Lake Rd., Ste 306, Winter Springs, FL 32786, Seminole County, Florida, under the Fictitious Name of QUALITY COMPUTER SOLUTIONS.

Legal Notices

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT OF THE STATE OF FLORIDA, IN AND FOR SEMINOLE COUNTY, PROBATE DIVISION. CASE NO. 93-2513 CA 1-L

NOTICE OF ACTION TO: DONALD F. ESSLINGER, A/K/A ELIZABETH M. DOZON A/K/A ELIZABETH M. DOZON, INC.

NOTICE OF ACTION TO: MARY ANN KLEIN LEGAL COUNSEL, SEMINOLE COUNTY SHERIFF'S OFFICE

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, SEMINOLE COUNTY, FLORIDA. CRIMINAL CASE NO.: 93-2326-048

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CLASSIFIED ADS

Seminole Orlando - Winter Park 322-2611 831-9993 CLASSIFIED DEPT. HOURS 8:00 A.M. - 8:30 P.M.

21 - Personals Free medical care, transportation, counseling, private doctor plus living expenses. 23 - Lost & Found \$50 REWARD for return of stolen car cover, Hidden Lk. No questions asked 321-7115

Legal Notice IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT, SEMINOLE COUNTY, FLORIDA. CRIMINAL CASE NO.: 93-2326-048

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61 - Money to Lend

KEEP DRIVING AND STILL GET THE MONEY! All you need is your title, Jack Diamond for appointment. 360-2727

71 - Help Wanted

EMPLOYMENT 323-5176 780 W. 23th St. ADD TO YOUR INCOME SELL YOUR HOME

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AUTO MECHANIC Valid drivers license required. Experience preferred. Call Jim at 321-3888

CNA For 3-11 shift. Must be certified. Weekends, part time

DAYCARE TEACHER 322-8547 For established childcare center. Education and experience in early childhood required.

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MAID WITH CARE Now hiring honest, dependable people. Call 740-7107

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NEW CHICK-FILA Opening at 4420 W. Lake Mary Blvd. Now hiring all positions. Apply on site. 11am-2pm 4pm-6pm

Part Time Dental Assistant No experience necessary. Must be neat, outgoing, organized. Call 322-8174

Part Time Cleaning Person Needed evenings in Sanford area. Call 1-800-832-0015

Legal Notice

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71 - Help Wanted

SECRETARIAL Subcontractor seeks experienced Monday-Friday, 8:30-5:30 words per minute plus WordPerfect/Windows exp.

WAREHOUSE AND GENERAL LABOR HELP NEEDED! Bonus for drivers. All shifts available. Daily pay, no fee. Report ready to work 5:30 am. Industrial Labor Svc., 1011 French Ave. No phone calls

WAREHOUSE/Deck Workers Up to \$13.65/hr (will train) 607-260-0404 sm fee

WINDOW SERVICE TECH Full time position. E-Experience preferred, will train. Full company benefits. Apply: 237 Power Court Sanford, 323-7500

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93 - Rooms for Rent A QUIET, CLEAN ROOM, local calls, kitchen priv., \$25/wk. No drinking 321-5496

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<b>STEP TEST</b>	<b>SETTING VOLTS</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
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DO NOT WRITE BELOW THIS LINE. TO BE USED FOR DENSITOMETER READINGS.