

Sanford Herald

Serving Sanford, Lake Mary and Seminole County since 1908

90th Year No. 41 Sanford, Florida

Attempted murderer set free early

By MARY OREM

Sanford, Fla. (AP) — A man who attempted to murder a woman in Sanford last week was released from jail Friday after serving only a few days in custody.

The man, who was not named, was arrested last week after a woman reported that he had attempted to strangle her in a parking lot.

The woman, who was not named, was released from the hospital after being treated for injuries sustained during the attack.

The man was held in jail for several days before being released on bond.

The Sanford Police Department is still investigating the case.

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Games of their own



Herald Photo by Mary Howell

Special athletes to compete in Olympics in Lake Mary Saturday

By MARY HOWELL
Herald Correspondent

Special Olympics athletes from Seminole County have been getting ready for this Saturday. What's so special about this Saturday? It's the Special Olympics, an annual event where the disabled compete in sports.

The games will be held in Lake Mary and at Altamonte Springs. Opening ceremonies will take place at 8 a.m. at Lake Mary High School. Basketball and gymnastics will begin at the high school at 9 a.m. Bowls will begin at Altamonte Springs at 9 a.m.

There will be several basketball teams competing this Saturday. Two of the teams are united teams. A united team consists of three specially challenged athletes and two non-challenged athletes. If an athlete is not on a team, he or she will be learning basketball

single. There will be 200 participants. The games will be held at Lake Mary High School and Altamonte Springs.

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See Olympics, Page 1A

This is the captain speaking: Titles don't mean anything

By RUSS WILHELM

Sanford, Fla. (AP) — A Sanford man who has won several titles in the Sanford area is speaking out against the idea that titles mean anything.

He says that titles are just words and that what really matters is the person behind the title.

He says that he has won several titles in the Sanford area, but that he does not care about them.

He says that he is just a man who is trying to do his best.

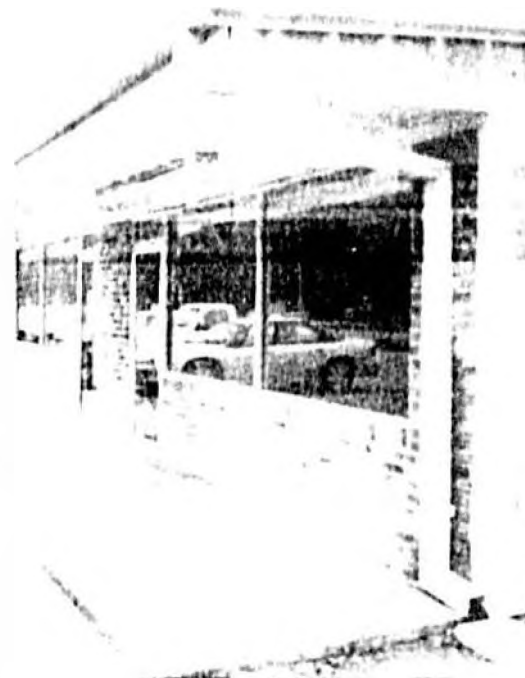


Captain Dennis Whitmore

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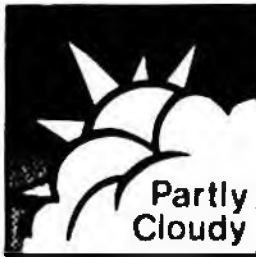
Bible book store makes way for church

By MARY OREM



Herald Photo by Mary Orem

See Church, Page 1A



Partly Cloudy

Today Partly cloudy with a 50 percent chance of rain. Highs in the mid 80s. Lows in the mid 60s.

For more weather see page 2A

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"No man is an island entire of it-self; every man is part of the main...Any man's death diminishes me because I am involved in mankind, and therefore never send to know for whom the bell tolls; it tolls for thee."

- John Donne

Bank merger: Leadership assignments announced

From Staff Reports

Barnett Banks Inc. President and Chief Operating Officer, V. J. Eastman, Jr. announced today the first round of key leadership assignments for NationsBank Florida effective upon completion of Barnett's proposed merger with NationsBank Corporation. Eastman will be chairman of NationsBank Florida after the merger is completed, expected in the first quarter of 1995.

This is a strong leadership team and we plan to take full advantage of our extraordinary opportunities to further enhance the products and services we provide to individual and business customers across Florida, Eastman said.

Eastman said Adelaide (Alex) Sunk, who was previously named president of the new NationsBank Florida, will assume additional duties including statewide leadership for the Commercial Strategies Group, a key group responsible for business customers with \$50 million to \$250 million in annual revenue. She will also serve as senior executive responsible for all retail and commercial customers in the Tampa Bay region.

I look forward to bringing the commercial customers of both banks the wide array of products and services offered by NationsBank, Sunk said. The recent addition of NationsBank Mortgage Securities and its investment banking capabilities demonstrates

how we intend to meet the needs of our customers.

As senior executives in respective regions, Sunk, Eastman and Mullard will have to provide leadership for all sales and service activities through NationsBank Florida banking centers and business relationship managers. In addition, they will insure that the top three resources of NationsBank, including Mortgage, Card Services, Asset Management and Real Estate, are integrated to meet customer needs.

Eastman also announced that Lee Hanna has been named Florida consumer executive and that Alex Crozier has been named Florida commercial executive. Both will report to Eastman. Hanna is currently Barnett's chief retail delivery executive while Crozier is Barnett's chief business banking executive.

Hanna and Crozier will be responsible for the planning, development and integration of initiatives for Florida consumers and commercial customers, respectively. This includes the processes and tools used in the banking centers and the design and implementation

of new products and services. Eastman said that the merger of NationsBank Florida and Barnett Banks Inc. is a significant milestone in the history of the company.

The merger is expected to be completed in the first quarter of 1995. Eastman said that the merger will create a stronger, more competitive bank.

See Bank, Page 1A

Left behind



Herald Photo by Maria Orem

When officials of the Great Falls Expedition left the Sanford lakefront this past Monday, they left behind some used tires. Sanford Main Street Director Jennifer Simpson was notified Friday morning, and in the spirit of keeping Sanford beautiful, had them removed. A \$200 fine was levied.

SUBSCRIBE TO THE SANFORD HERALD FOR THE BEST LOCAL NEWS COVERAGE. Call 322-2611

Table Hopping

By Robert Craig

The day quake made the World Serious



Today Is...
RUSS WHITE



Steve Allen's TV bubble has done serious damage. He's 70 today. Good thing: **George Wendt**, **Paul Lynde** and **Margot Kidder**. **Evel Knievel** did not. **Robert Craig** reports on the day.

Read on

Planet Jupiter: Hum

Tom Poston

Neewollah

At 10:30 a.m. today, the TV network will broadcast a special program featuring a performance by the New York Philharmonic.

Evel doings

Tom Poston

From the '60s to the '90s, Evel Knievel's life has been a series of stunts.

A bunch of Squares

In a world of TV stars, it's always hard to find a real star. **Jim Clark's** *History of the World* has a chance to do it. The series is a collection of Hollywood superstars. **Paul Lynde** is the star of the first episode.

Tomorrow

At 10:30 a.m. today, the TV network will broadcast a special program featuring a performance by the New York Philharmonic.

Dinner and a movie

Have a devilishly good time at the movies



David Frazier

Screen Tests

There's a certain quality about the new wave of Hollywood. It's called *The Devil's Advocate*. (Three stars) Directed by Taylor Hackford. The film is a thriller about a young lawyer who is accused of murdering his partner.

The film is a thriller about a young lawyer who is accused of murdering his partner. It's a classic story of a man who is accused of a crime he didn't commit. The film is a thriller about a young lawyer who is accused of murdering his partner.



Al Pacino and Keena Reeves star in Warner Bros. Superstar picture *The Devil's Advocate*.

Screen test: *The Devil's Advocate* is a thriller about a young lawyer who is accused of murdering his partner. It's a classic story of a man who is accused of a crime he didn't commit.

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LOCAL FORECAST

EXTENDED OUTLOOK

TODAY Partly cloudy, 81-65
SATURDAY Partly cloudy, 82-65
SUNDAY Partly cloudy, 79-60
MONDAY Partly cloudy, 76-55

TIDES

FRIDAY SOLUNAR TABLE
High tide: 10:15 a.m., 6:15 p.m.
Low tide: 4:15 a.m., 10:15 p.m.

TIDES Daytona Beach: High tide: 10:15 a.m., 6:15 p.m. Low tide: 4:15 a.m., 10:15 p.m.
New Smyrna Beach: High tide: 10:15 a.m., 6:15 p.m. Low tide: 4:15 a.m., 10:15 p.m.
Cocoa Beach: High tide: 10:15 a.m., 6:15 p.m. Low tide: 4:15 a.m., 10:15 p.m.

STATISTICS

BEACH CONDITIONS

Daytona Beach & New Smyrna Beach: Beaches are 1-2 feet with a light to deep. Water temperature at Daytona is 80 degrees and at New Smyrna is 81 degrees. Waves are from the east at 5 to 10 mph.

FLORIDA TEMPS

City	Lo	Hi	Skies
Spokane	59	75	1stms
Daytona Beach	65	81	1stms
Fort Lauderdale	71	85	1stms
Fort Myers	68	87	1stms
Gainesville	61	78	1stms
Jacksonville	64	78	rain
Key West	74	83	1stms
Miami	71	86	rain
Orlando	65	81	1stms
Pensacola	53	72	cloudy
Sarasota	66	80	1stms
Tallahassee	60	77	rain
Tampa	65	81	1stms

LOTTERY

Fantasy 5 Oct. 16: 1-11-17-18-26
Lotto Oct. 14: 9-21-24-37-41-45

Play 4: 7-5-4-9
Cash 3: 8-3-9

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323-3515

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University Park Plaza 657-4747 (next to Wal-Mart)

*Cosmetic accessories not included. Limit one per customer. Offer expires 10/31/97.

Editorial/Opinion

ELLEN GOODMAN

Meno is just the pause that refreshes

BOSTON—Damn, what did I do with the T-shirt? The one that says "These aren't hot flashes, they're power surges." Where is it now that I've finally found just the right occasion?

Ever since the baby boomers started hitting 50, the cutting edge of this ever vigilant, ever youthful generation has been trying to get us all to think positively about the pause.

A fleet of pop (or rather, mom) psychologists have emerged to remind us that the reproductive finale doesn't mean the productive end. A choir of gender spinmeisters (or rather, spinmistresses) insists that midlife begins when fertility ends.

This is a marketer's dream. There are 37 million post-menopausal women in America already. In another dozen years there'll be 50 million. It's no wonder that there are workshops offered on how to embrace the inner crane, videos on sex in the post-ovum era, and power T-shirts.

Frankly though, it's been a tough sell. With hormones to the right of us and trophy wives to the left, the basic messages about the value of post-menopausal women are still enough to give anyone night sweats. We may have post-menopausal pregnancy poster gals. But the culture is still haunted by witches and the ancient specters of genetically useless old hens.

Too many of us facing "the change" were raised on anthropologists of the Lionel Tiger stripe and evolutionists of the survivalist school who have never figured out whether there is a biological purpose to post-ovum living.

Female humans are the only primates that survive long beyond their last pregnancy. Some assumed that older women were an evolutionary accident.

Fifty and sixty and seventy something women were dismissed as modern medicine's little luxuries, creatures who are irrelevant to survival of the species. Nature's leftovers.

I doubt that many of us stayed up at night worrying about our role in evolution. I never put all my eggs in the biological basket. Nevertheless, I'm downright aglow at the recent piece of anthropological revisionism.

I feel a power surge coming on.

A group of anthropologists studying the Hadza hunter-gatherers of northern Tanzania reports in Current Anthropology that post-menopausal women are the serious



breadwinners in that community. They work longer and harder hours out in the bushes. They bring home the berries. And the tubers.

The children provided for by these senior women, their grandmothers and great aunts, are the children most likely to survive. When the nursing mothers are tuned to the youngest, it's the senior women who make sure the older kids are fed well.

Anthropologist Kristen Hawkes of the University of Utah uses this to put forward a Grandmother Hypothesis. She goes so far to suggest that post-menopausal men may account for the runaway success of our kind of primates.

In the great Darwinian scheme of things, it isn't just the number of offspring but their fitness that spells survival. Here Grandma makes the best provider.

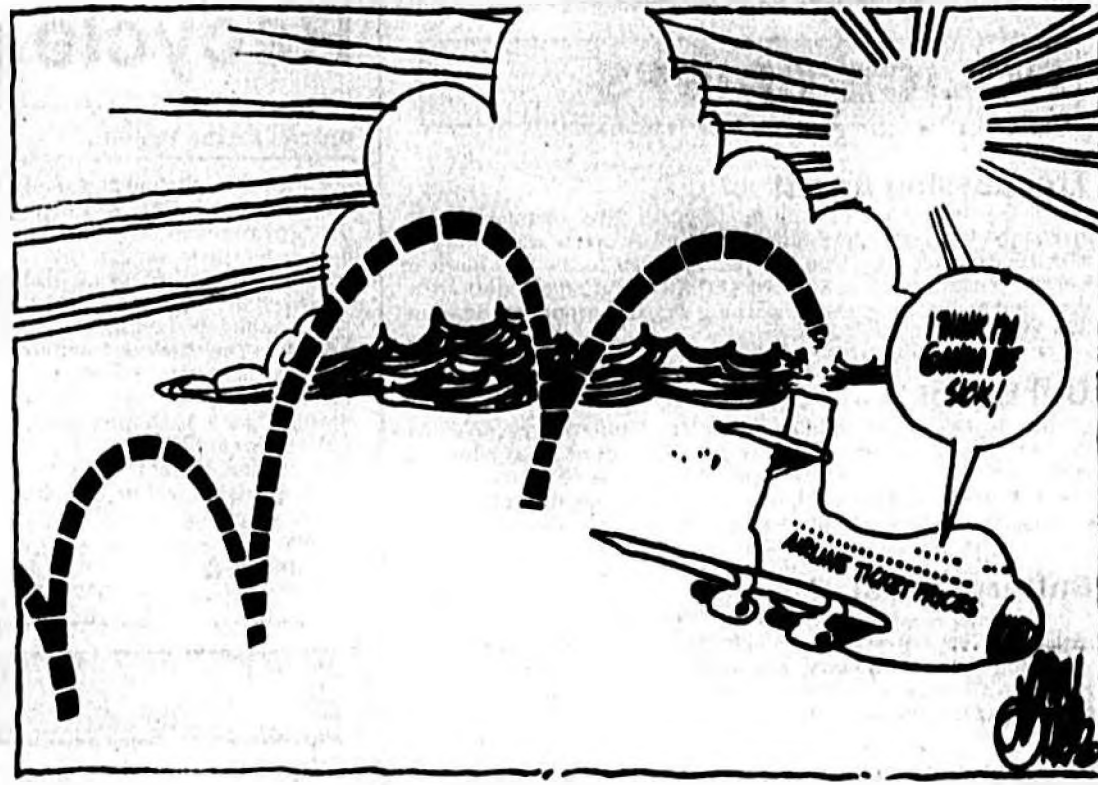
I know no Hadza, though I'm delighted that the gatherers are getting their due along with the hunters. When I took anthropology, it sounded like the men went out for the woolly mammoth bacon while the women waited at home with little blueberry garnishes.

Frankly, most of the grandmothers I know do their gathering at Baby Gap. And the fifty something women who have re-entered the workplace to support their families make the Hadzas' pace of tuber-gathering look leisurely.

Still it's good for the modern woman's soul to contemplate a new image of their senior foremothers. If the Hadza are any indication, ancestral sisterhood was powerful. Older women were programmed into the big picture.

We were meant to be older and wiser. When childbearing ends, gear up to the job of making life better for the whole clan.

Meno is just the pause that refreshes.



Church Release

Continued from Page 1A

the surrounding businesses. He also said that the 1100 available parking spaces are more than adequate for the approximately 50 people who attend services. No changes are planned, he said, other than replacing the existing book store sign.

According to the Sanford Department of Planning and Zoning, there are about 40 churches within the city limits.

Continued from Page 1A

Chief Deputy Steve Harriet of the Seminole County Sheriff's Office. To add to the problem, Harriet said the sheriff's office did not receive advance notice from the state of Wellon's release.

"The safety of the community is paramount and we need the information to prepare," Harriet said.

Now that his department is aware of the release, Harriet said, should Wellon return to Seminole County, a career criminal unit will monitor him. Under Florida law, early release prisoners are required to register at the sheriff's office where they are photographed and fingerprinted.

Harriet said deputies meet the inmates and make initial contact and "to make sure they start out on the right foot."

Unfortunately, though, according to Harriet many of the early release and repeat offenders are prone to repeat offenses. As an example, Harriet cited a recent case where a man in Bear Lake, recently released from prison, was arrested again for indecent exposure.

Last year, the Supreme Court ruled to restore time off for good behavior for offenses

committed prior to Oct. 1, 1995. For offenses after that date, prisoners are required to serve at least 85 percent of their sentences. So far, 445 violent criminals were released last fall and another 500 were released in March. By the time all is said and done, about 15,000 inmates will have their sentences reduced, according to state officials.

State court records show those with release dates next week are leaving prison an average of 74 days earlier than scheduled.

Harriet said a grass roots effort is currently under way to ratify the 85 percent ruling.

A citizens group called STOP (stop turning out prisoners) is circulating petitions to pass the ruling as a constitutional referendum. STOP was founded by Manatee County Sheriff Charlie Wells.

The Seminole County's Sheriff's Office supports STOP by notifying residents through Neighborhood Watch meetings and distributing petitions.

Harriet said it seemed inappropriate that Wellon is being released because he obviously intended to kill Thorpe.

"It is imperative that especially the violent criminals serve the entire sentence," he said.

Bank

Continued from Page 1A

ation of sales programs, reporting and measurement.

Lastinger said that three key support roles have also been named. Pat McCann will be senior finance executive, Mike Schiff will be senior credit policy executive and Bob Schwejtz will be senior personnel executive for NationsBank Florida. McCann is currently director of Finance for Barnett. Schiff is chief credit executive for NationsBank in Florida and Schwejtz is Barnett's Human Resources partner for banks and retail delivery.

Lastinger said he and the new management team are continuing to finalize organization structure and key appointments in the operations impacted by today's announcement. He said they hoped to announce additional key support assignments by the end of October.

All appointments will be effective immediately upon completion of the NationsBank-Barnett merger, expected sometime in the first quarter of 1998. The merger requires approval by shareholders of both companies and by regulatory authorities.

NationsBank has retail and commercial banking operations in 18 states and the District of Columbia. As of September 30, 1997, NationsBank had total assets of \$242 billion.

Whitmire

Continued from Page 1A

the department was overblown. Too many commanders and a lack of role definition between corporals and sergeants.

The SPD is in the process of making changes, most of which must be approved by the city's personnel director. While these changes might seem to have negative connotations, the reality is only two - maybe none - of the SPD officers will experience a cut in pay.

Sanford's police and fire fighting personnel - and just about everyone else the city employs - had their salaries boosted as of Oct. 4 following a study that found them below the pay scale of other cities.

Police Chief Joe Dillard's salary was hiked from \$50,332 a year to \$73,318. Whitmire's went from \$47,297 to \$54,863.

A hard-nosed cop who looks like he just stepped off the set of a 1940s or 50s Hollywood cops movie, Whitmire is confident the SPD is going to enter the next century with a flourish.

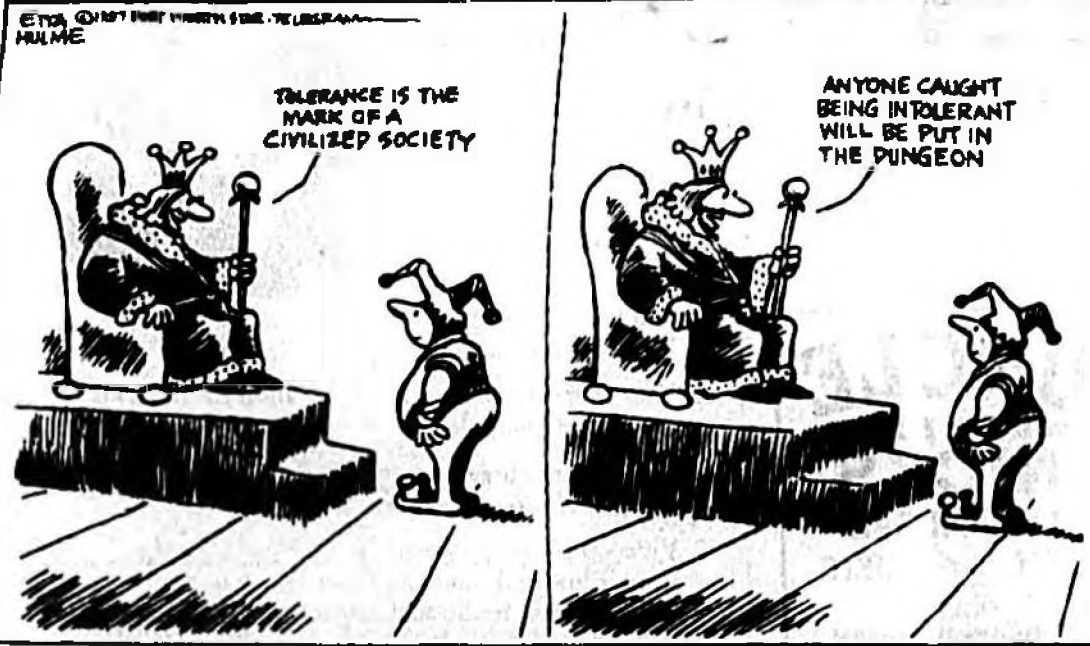
"We've got to put everything into place, phase by phase," he said Thursday. "You can't just turn the appiecart upside down. It took the sheriff's department 3 1/2 years to change what it had to change. Mr. Hubler has said 2 1/2 years. We heard this week (from those on the city's Law Enforcement Options Committee) that six months should be sufficient.

"We'll do as much as we can," Whitmire said. "But it's best to make each change count and wait until the dust settles before making the next one."

Whitmire told the options committee that four SPD squad leaders were going to Jacksonville on Monday to learn all they can about modern community policing at the Institute of Police Technology & Management. On their return, these supervisors will instruct other SPD officers on what it takes to be an efficient 1990s police officer.

The town has cast critical eyes on the SPD. Next Tuesday, Sanford residents will have an opportunity to vent their opinions and ask questions at a 5 p.m. public meeting at City Hall.

It's the next phase in the future of the law enforcement



BEN WATTENBERG

John Wayne or Alan Alda?

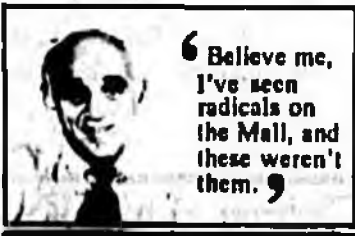
Recently, I spent a couple of hours on the Mall with 750,000 Promise Keepers and a few demonstrators from the National Organization for Women.

On the backs of the Promise Keepers were nonthreatening messages like: "I'm Too Blessed to Be Stressed," which is a nice sentiment. A longer one read: "Redeemed Anointed Dedicated Intense Christians Agalms. Lushwarmadness" — the initial letters of each word spell R-A-D-I-C-A-L. Believe me: I've seen radicals on the Mall, and these weren't them. And how upset can you get about "Real Men Sing Loud," "Real Men Love God," "Lord's Athletic Department, XXL," "Thank God, I'm Free," and "Property of Jesus Christ"? And who could have a problem with the African American man whose shirt said: "It's Not a White Thing, It's Not a Black Thing, It's a Jesus Thing?"

At a tiny NOW cell just off the Mall, one young woman carried an in-your-face sign that read: "Why Aren't You Home Mowing the Lawn?"

What is NOW's problem with the Promise Keepers? After all, these are guys who, among other things, are pledging to stop boozing, stop running around, and lay off workaholic habits — and go home, do the gutters and do the dishes — and mow the lawn. This is John Wayne? This is Alan Alda?

The NOW-niks say that PK secretly wants male dominance and that it is a crypto-political faction secretly aligned with the religious right. If I were a woman, I'd think more than twice about taking guidance from



paleo-feminists of the NOW stripe. These are the femmes who, in years past, said that no-fault divorce was peachy for women, that divorced men and women had equal rights to legal custody of young children, and that a woman who stays home to raise children will be unfulfilled. Their intensity about sexual harassment got a lot of guys so uptight that they are now afraid to flirt or respond to flirtatiousness. (And now we wonder: "Whatever happened to dating?") Remember Gloria Steinem's mantra: "A woman without a man is like a fish without a bicycle." Maybe so. But we've learned that it's no easy deal to raise a kid without that bicycle.

I tell you: I like the Promise Keepers, even though I surely don't agree with all the opinions of all who have been interviewed in their name. I have never seen a crowd that large in Washington, and I have never felt safer in Washington. With the possible exception of an Army base, I have never seen such a truly integrated group of Americans. There were women there, many with young sons. There were "The Gody Sons of Michigan"; there

were guys whose shirts read, "Harley Davidson Open House, York, Pa." and "Hard Rock Cafe." There were Cal Ripken shirts and Tommy Hilf shirts. There was the Vietnam vet with a baseball cap that said "USS Kearsarge." There was a blind man with a seeing-eye dog and a fellow in a motorized wheelchair. There were a lot of guys from "Bylacuga, Alabama." And I like the idea of a man you just met parting with the words, "Bless you."

I met a former New York City policeman, injured on duty in the South Bronx, now living in Melbourne, Fla. He told me, abashed, that his father had been anti-Semitic — but that as for himself, since he had found Christ in Florida, he just loved Jews. (Maybe he was looking for a convert. No sale.)

There is something weird about how the super-libs treat the so-called religious right. When the punitive right-wing says, "Judge people by the content of their character, not the color of their skin," the super-lib says, "No, no, no, that's not what Dr. King really meant." When they say there has been anti-Semitism and racism in their ranks in the past and it must stop, the super-lib says, "Don't trust 'em." When they say they have sinned and should treat women better, the super-lib says, "They are still sexist chauvinists." What a smart way to bring people in from the flanks!

For me, I find it hard to get cross with a guy who wears a T-shirt that reads: "Keep Working for the Lord — The Pay's Not Much, but the Retirement Is Out of This World."

Olympics

Continued from Page 1A

Myers, Dr. Lane Lee, Art Hart, and Elise and Jim Hulme.

Although their teams won't be competing this Saturday, the Special Olympics is pleased to welcome the Hulmes. They have started the first equestrian team in the county. They are training four athletes at their Circle H Ranch in Sanford.

The public is encouraged to come out Saturday and cheer for all the athletes. Having an audience means a great deal to all those involved in the games. Having volunteers also means a lot. If you would like to volunteer for future Special Olympic events, call Phyllis Bridges at 332-7325.

JOHN J. KUPER
John J. Kuper, 57, Brantley Hill Court, Longwood, died Wednesday, Oct. 15, 1997. Born in Poland, he moved to Central Florida in 1936. Mr. Kuper was a caretaker. Hew was a Catholic. He was an Army veteran and a member of Veterans of Foreign Wars Post 2093. Survivors include wife, Catherine. Baldwin-Fairchild Semoran-Forest City Chapel, in charge of arrangements.

PHARMACY TOPICS

By: Abi J. Faleyo, R.Ph.

The Food and Drug Administration moved quickly to approve broader use of an implantable defibrillator that delivers jolts to the heart when it begins beating rapidly and erratically.

First used for patients who'd had at least one cardiac arrest, the device is now used also after some heart attacks. It's said to have the risk of death from abnormal rapid heartbeats.

Scientists at Yale University and in California believe they have discovered the gene responsible for basal-cell carcinoma, the most common form of skin cancer. It is a tumor-suppressor gene that can be mutated by the sun or damaged when inherited.

It's safe for AIDS patients to take annual flu shots, researchers at John Hopkins found.

Swollen ankles are a common complaint on long lay flights. One British scientist suggests an easy prevention: wearing light support hose or socks to restore pressure on the leg.

Support socks? Of course. You'll always find a good selection of surgical supplies at your family health center, Park Avenue Pharmacy.

PARK AVENUE PHARMACY
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SANFORD
322-1717

HUNGRY FOR AD RESULTS?

Sanford Herald
322-2611

Religion

IN BRIEF

Church activities

Allen Chapel AME Church, 1203 Olive Ave., is offering free tutoring in reading and math skills for elementary students: Monday, Tuesday and Thursday from 4 to 6:30 p.m., Wednesday from 3 to 4:30 p.m. Middle school students Monday, Tuesday, Thursday from 5 to 5:30 p.m. and Wednesday from 3:30 to 4:30 p.m.

Youth church activities for ages 13 to 18 meet the first and 4th Tuesdays of each month at 7 p.m. Parents attendance is required at all meetings. Youth services are held on the fourth Sunday of the month at 6 p.m.

For more information call the church office at 322-6864.

Spaghetti Dinner

Grace United Methodist Church, 499 N. Country Club Rd., will hold its Sixth Annual Spaghetti Dinner, sponsored by the United Methodist Men, on Sat., Oct. 25. The meal will be served from 4 to 7 p.m. at the cost of \$5 for adults and children ages 3 to 10 at \$2 and under 3, free. Food served is "all-you-can-eat."

For more information call the church office at 322-1472.

Choir to perform

The Rescue Adult Choir invites the public to attend an "Evening of Old Fashioned Singing" on Sun., Sept. 28 at 6 p.m. The church is located at 1700 W. 13th St.

Fall Festival

Tuskawilla United Methodist Church, 3025 Red Bug Rd., in Casselberry will hold its Fall Festival and Pumpkin Patch on Sat., Oct. 18 from 9 a.m. to 3 p.m. The day will feature an old fashioned church bazaar, craft fair, children's games, crafts and "moon walk," a silent auction, white elephant, lots of food and numerous pumpkins.

Craft event set

The Dorcas Circle of Upsala Community Presbyterian Church, 101 Upsala Rd., will hold an Arts and Crafts Event and luncheon from 8 a.m. to 5 p.m. on Sat., Nov. 1 on the church grounds.

For more information call the church office at 330-2635.

Men's Bible Study

Each Monday at 7:30 p.m. Sanford Christian Church is conducting a Men's Bible Study. Presently the study is looking into the seven steps outlined in Promise Keepers. The study is open to all men in the area.

Call 322-0080 for more information. The church is located at 730 Upsala Rd. in Sanford.

Save labels

Sanford Church of Christ, 1500 S. Park Ave., is working desperately to save Campbell soup, V-8 labels, Prego spaghetti, Pepperidge Farms, Viasic and Swanson labels to purchase a church van. Members are short on funds so this alternative method can help provide transportation for youth activities, those unable to drive, running errands and visiting other church functions.

Anyone wishing to help with this effort please send labels to the church office at the above address at the zip code 32771 or call the church office at 322-7781.

Jeannette Stiffey will also pick up labels from those desiring to contribute. Please contact her at 322-8234. One million labels are necessary so much help is needed to make this goal a reality.

Rummage / Bake Sale

Congregational Christian Church, 2401 S. Park Ave., will be hosting a rummage sale/ bake sale on Sat., Oct. 24, 25 from 9 a.m. to 3 p.m. Proceeds will benefit the building improvement fund.

For more information call the church office 322-4584.

Annual Women's Day

Zion Hope Missionary Baptist Church, 710 Orange Ave., will be celebrating its Annual Women's Day Observance on Sunday at 11 a.m. The guest speaker will be Sister Rozella Fields of Rejected Stone Full Gospel Missionary Baptist Church.

The public is invited.

New Bible study

The Lutheran Church of the Redeemer, 2525 Oak Ave., will begin a new Bible study next Sunday based on the Bible of Ecclesiastes. This study teaches about time and toil, human limitations, wisdom and satisfaction, and meaningful versus meaningless life. The study will begin each Sunday morning at 9:20 a.m. and visitors are welcome.

Also on Oct. 19, plans are being made for the annual church picnic to be held on the church grounds. The congregational assembly meeting will be on Oct. 26 immediately after the morning service.

For more information call the church office at 322-2464.

Anniversary celebration

Christian Fellowship Baptist Church, 1701 S. Bell Ave., will hold its celebration of deaconess ministry anniversary on Sun., Oct. 26 at 3:30 p.m. The speaker for the event will be Dr. Brenda Greene of Irvington, New Jersey.

The public is invited to attend.

Halloween party

Grace United Methodist Church, 499 N. Country Club Rd., will hold its seventh annual Halloween party on Fri., Oct. 31 from 6:30 to 7:30 p.m. The event is open to toddlers through 5th grade.

Fun, food and games will be provided. A costume parade and prizes will also be featured.

Church anniversary

New Bethel M.B. Church, 618 E. 10th St., will be celebrating its 58th church anniversary on Sunday at the 11 a.m. and 3 p.m. services. For more information call the church office at 323-3594.

Special sermon

First Christian Church, 1807 S. Sanford Ave., will be having a visiting minister, Pastor Harold DeRoo, on Sunday at the 11 a.m. service. The sermon topic will be "He Restores My Soul."

DeRoo is presently the director of church relations and field work at the Reformed Theological Seminary and has served in churches in Holland, Michigan, California, Gahanna, Ohio and in Zellwood, Florida. He has been the National Youth Director of the Reformed Church of America. He is married to the former Dorothy Brielefeld and they have three sons, all presently involved in church work. They also have five grandchildren.

Family Festival

The First Christian Church of Longwood will be hosting a Family Festival on the church grounds this Sat. from 3 to 7 p.m. Entertainment, games and more will be featured.

For more information call the church office at 767-2932. The church is located at 1400 E.E. Williamson Rd.

Methodists hold Fall Festival & Bazaar

SPECIAL TO THE HERALD

Casselberry — The congregation of Community United Methodist Church invites the public to attend the third annual Family Fall Festival and Bazaar tomorrow. There will be activities for people of all ages. Pumpkins, oak firewood, cornmeal, bales of hay and gourds will be sold in the patch. Homegrown canned goods from North Carolina which include vegetables, jams and pickles will be sold in the "pumpkin store" along with many other pumpkin and fall items. Be sure to visit the store where you will find everything "pumpkinny" possible.

The women of the church have been working for a year making holiday craft items for the bazaar which will be open from 9 a.m. to 5 p.m. Also included will be a bake sale complete with homemade apple butter. Visit Granny's Attic where you will find many good used items.

There will be all types of games for children, including a cake walk, dunk tank and moonwalk.

The men of the church will once again serve Al Boone's famous BBQ from 11 a.m. to 5 p.m. along with hamburgers and hot dogs. All kinds of food



Community United Methodist Church

items such as nachos, popcorn, cotton candy, caramel apples, snow cones and boiled peanuts will be sold throughout the day.

Come sing in the karaoke booth, purchase services of-

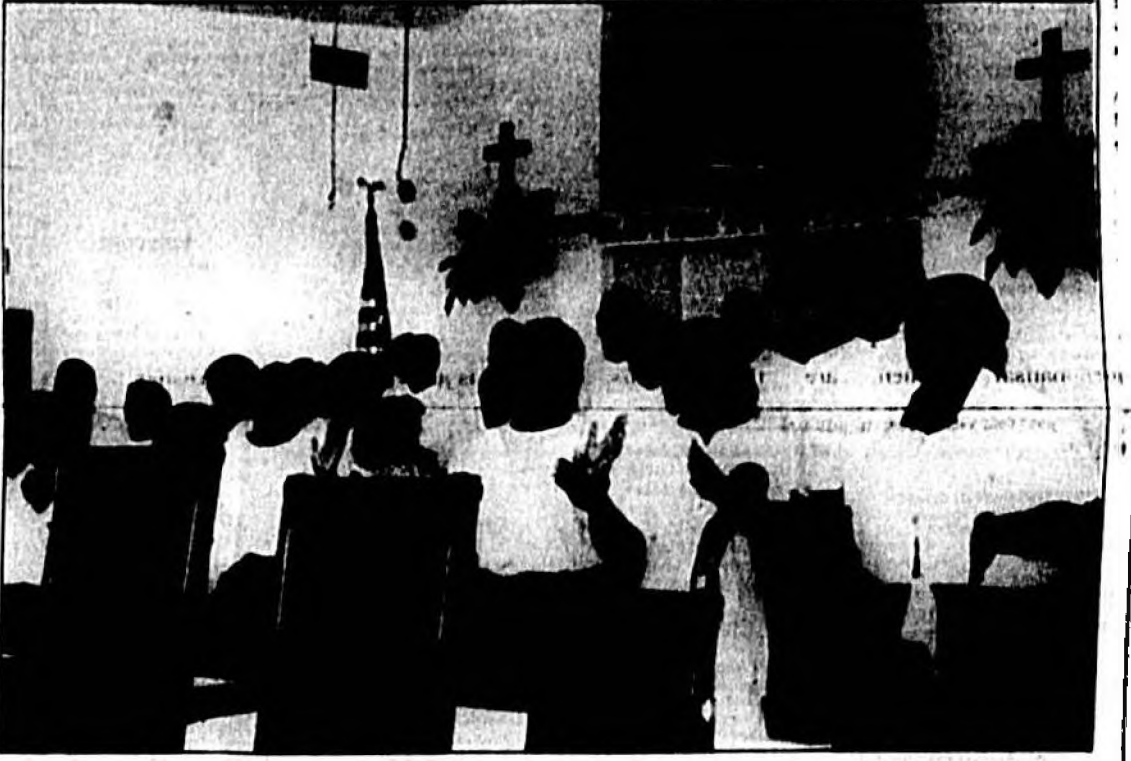
tered by members of the church or just come browse and enjoy the day.

Live entertainment will take place in the Entertainment Tent from 11 a.m. to 2 p.m.

The hours will be 9 a.m. to 4

p.m. for the entire festival. For more information call the church office at 831-3777 ext. 204. The festival is located at Community United Methodist Church, 4921 S. Hwy. 17-92 in Casselberry, 1/2 mile north of Highway 436.

Choirs perform at First Shiloh



First Shiloh M.B. Church recently hosted an event with several choirs performing. Pictured is one of the groups that participated in the evening's festivities. The audience enjoyed a night of gospel music and uplifting messages.

World Photo by Ann Stewart

New Life Singers to perform



First Church of the Nazarene in Longwood will celebrate its 30th anniversary featuring the New Life Singers. Services begin at 10 a.m. followed by a luncheon. At 1:30 p.m. additional singing will take place. The public is invited to attend. The Rev. Tai Denny will speak. For more information call the church office at 831-5685 or 830-9809.

"Fabulous Fifties" celebrated



Westview Baptist Church recently celebrated the "Fabulous Fifties." Members dressed in 50's style clothing. Everything from jeans, turned up collars, and slicked back hair to bow-ties, hats, poodle skirts and pony tails were observed. Hymns were adapted to 50's style tunes. A "50's drive-in style" meal was served with hamburgers and hot dogs and the youth of the church served shakes, sodas, and sundaes. The afternoon brought the arrival of special guest "Elbow Parsley" and his fabulous instrumental group for a great time of laughter and fun. The Sunshine Quartet, a gospel quartet made up of men from the church, sang in 50's style.

Worship at the church of your choice



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 9:00 a.m. Sunday School
 10:00 a.m. Sung Eucharist
 (Nursery All Services)
 Weekday Services
 Daily Morning Prayer 8:30 a.m.
 Wed. Holy Eucharist 7:00 p.m.
 Fri. Holy Eucharist 12:00 noon
 All Prayer Book
 Holy Days 12:00 noon
 The Difference is Worth
 The Distance

Assembly Of God
CONGREGATIONS
ASSEMBLY OF GOD
 121 N. Country Club Rd.
 Lake Mary, FL
 407-323-6140
 Rev. Ron Chouss
 Pastor
 Rev. John Peasey
 Assoc. Pastor
 Sunday School 9:30 a.m.
 Morning Worship 10:30 a.m.
 Sunday Evening 8:00 p.m.
 Wed. Family Night 7:00 p.m.
 Nursery Provided

FAMILY WORSHIP CENTER
 1776 W. Airport Blvd.
 Sanford, FL 32711
 407-323-8222
 Jeff Krait
 Pastor
 Sunday School 9:30 a.m.
 Worship Service 10:30 a.m.
 Wednesday Service 7:30 p.m.

FREEDOM ASSEMBLY OF GOD WORSHIP CENTER
 1315 W. 5th Street
 Sanford, FL 32771
 Colleen Housa 9-4
 Nursery Provided
 407-323-8888
 Randall Hall Water
 Pastor
 Christian Education 10:00 a.m.
 Morning Worship 11:00 a.m.
 Evening Worship 8:00 p.m.
 Wednesday Mid-Week Bible Study 7:00 p.m.
 Monday through Friday Prayer 1:00 to 2:00 p.m.
 Prayer Time 7:00-7:15 a.m.
 Monday through Friday WTRR 1400 AM

Baptist
WESTVIEW BAPTIST CHURCH
 4100 Paola Road (46A)
 Sanford, FL 32773
 407-323-0523
 Dr. Dennis Littleton
 Pastor
 Sunday School 9:00 a.m.
 Morning Worship 10:00 a.m.
 Church Training 8:00 p.m.
 Evening Worship 7:00 p.m.
 Wed. Prayer Service 7:00 p.m.

COUNTRYBAPTIST CHURCH
 Country Club Rd., Lake Mary, FL
 Avery M. Long
 Pastor
 Sunday School 9:45 a.m.
 Morning Worship 10:45 a.m.
 Bible Study 8:30 a.m.
 Wednesday Service 7:30 p.m.
 Sat. Men's Prayer Meet. 6:18 p.m.
 Nursery Provided

PINECREST BAPTIST CHURCH
 801 East Airport Boulevard
 Sanford, Florida 32773
 Church Office 323-3737
 Tony Fink
 Pastor
 Sunday School 9:45 a.m.
 Morning Worship 10:45 a.m.
 Evening Worship 8:00 p.m.
 Wednesday 7:00 p.m.
 Mid-Week Worship 7:00 p.m.
 Children's Church 7:00 p.m.
 Thursday Visitation 8:30 p.m.

FIRST BAPTIST CHURCH OF LAKE MARY
 Lake Mary Community Center
 Steve Nelson
 Pastor
 Sunday School 9:00 a.m.
 Sunday Worship 10:00 a.m.
 Thursday Bible Study 7:00 p.m.

JORDAN BAPTIST CHURCH
 920 Uppala Rd., Sanford
 323-8072
 George Slead
 Pastor
 Sunday School 10:00 a.m.
 Morning Service 11:00 a.m.
 Evening Service 8:00 p.m.
 Wednesday Service 7:00 p.m.
 Old Truths for a New Day

Baptist
PALMETTO AVENUE BAPTIST CHURCH
 2626 Palmetto Ave.,
 Sanford, FL 32773
 Rev. Ron Williams
 Senior Pastor
 Bro. Brian Hudson
 Assistant Pastor
 Rev. Charles Simpson
 Sunday School Superintendent
 Bro. Jay Williams
 Choir Director
 Brian Brown
 Youth Pastor
 Bill Simpson
 Junior High Director
 Rev. Dennis Thomas
 School Principal
 Early Worship Service 9:00 a.m.
 Sunday School Classes 10:00 a.m.
 2nd Worship Service 11:00 a.m.
 Family Worship Service 8:00 p.m.
 Mid-Week Service (Wednesday)
 Childrens Club 7:15 p.m.
 Teen Impact 7:15 p.m.
 Adult Bible Study 7:30 p.m.
 Nursery for preschoolers is
 provided for all services
 Independent - Baptist
 Bible Fellowship
LIBERTY CHRISTIAN SCHOOL
 (3 years to 12th grade)

FIRST BAPTIST CHURCH OF SANFORD
 819 S. Park Ave., Sanford, FL
 407-323-0041
 Dr. Wayne Harvey
 Sr. Pastor
 Rev. Tom Smith
 Minister of
 Sr. Adults
 Cynthia Wotts
 Children/Preschool
 Coordinator
 Sylvia Gray
 Director of Music
 Sunday School 9:15 a.m.
 Sunday Worship 10:30 a.m.
 Sat. Evening Worship 8:00 p.m.
 Wed. Prayer/Bible Study 8:30 p.m.
 Nursery Provided

CENTRAL BAPTIST CHURCH
 3101 W. St., Sanford
 (407) 323-2014
 Jimmy Dale Patterson
 Pastor
 Jerry Fugate
 Assoc. Pastor
 Jack M. Thomas
 Minister of Music
 Sunday School 9:30 a.m.
 Morning Worship 11:00 a.m.
 Evening Worship 8:00 p.m.
 Wed. Prayer Service 8:30 p.m.

FIRST BAPTIST CHURCH OF LONGWOOD
 811 E. SR 434
 Longwood, FL 32750-5384
 (407) 326-3817
 Sunday
 Bible Study 9:30 a.m.
 10:45 a.m.
 11:00 a.m.
 8:00 p.m.
 Wednesday Worship 7:00 p.m.
 Nursery - All services &
 Deaf Ministry

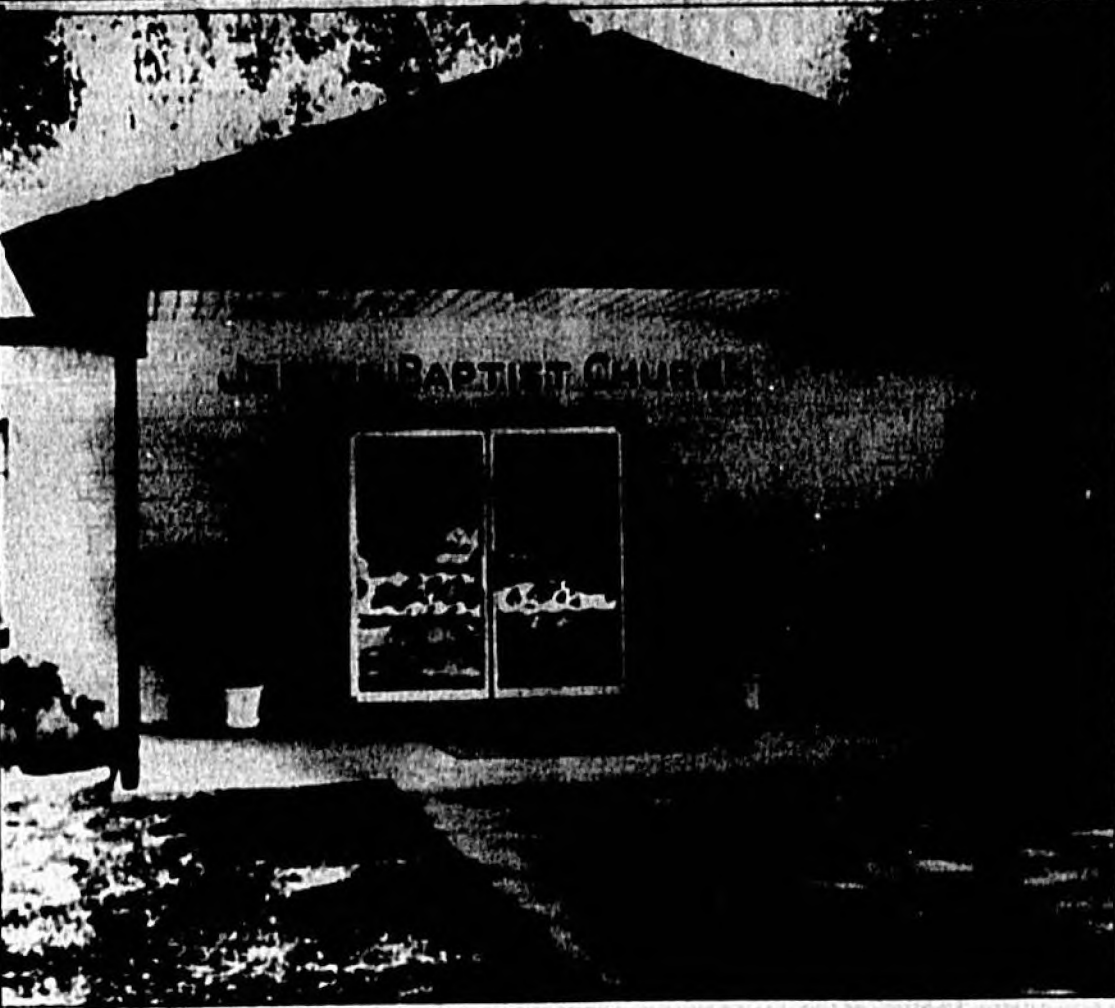
CELEBRATION CHURCH LAKE MARY
 126 W. Lake Mary Ave.
 Lake Mary, Florida 32716
 Dr. Kevin Chubb
 Pastor
 Celebration Service 10:00 a.m.
 Wednesday Night Teaching Ministry 7:00 p.m.

ALL BOULS CATHOLIC CHURCH
 800 Oak Ave., Sanford, FL
 407-323-3798
 Father Richard W. Trout
 Pastor
 Sat. Vigil Masses 4:00 & 5:30 p.m.
 Sun. Masses 7:00, 8:00, 9:00, 10:30, 11:30 a.m.
 Spanish Masses 8:00 a.m.
 Confession 8:00 a.m. - 8:30 p.m.
 Wednesday Masses 8:00 a.m.
 Wednesday Vespers 8:00 p.m.

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 (Disciples of Christ)
 1807 S. Sanford Ave., Sanford, FL
 Rev. Dr. Martha Rutland Wallis
 Sunday School 8:45 a.m.
 Gospel Sing Along 10:25 a.m.
 Worship 11:00 a.m.
 Coffee Fellowship After Worship
 All Are Welcome Here
 Nursery Available

SANFORD CHRISTIAN CHURCH
 730 Uppala Rd., Sanford, FL
 407-323-0880
 Joe Caprio
 Youth Minister
 Steve Marion
 Christian Education
 Sunday Bible School 9:00 a.m.
 Morning Worship 10:15 a.m.
 Evening Worship 8:00 p.m.
 Monday 7:30 p.m.
 Mens Study Group 7:30 p.m.
 Nursery Provided



Jordan Baptist Church, 920 Uppala Rd., Sanford
 Harold Photo by Tommy Vincent

Christian Science
FIRST CHURCH OF CHRIST SCIENTIST, LONGWOOD
 875 Marham Woods Road
 Corner of E.E. WILLIAMSON ROAD
 407-788-7708
 Sunday Church Service
 and Sunday School 10:00 a.m.
 Wednesday 8:00 p.m.
 Child Care Available at All Services
 Reading Room
 Monday thru Saturday
 11:00 a.m. to 4:00 p.m.
 Sun. Worship 10:30 a.m. & 8 p.m.
 You are invited to visit, study, and
 worship with us in the near future. A
 friendly greeting always awaits.

Church Of Christ
LONGWOOD CHURCH OF CHRIST
 1018 Hwy. 17-82 1 mi. NW Hwy 434
 323-8820, 988-0232, 904-790-3170
 Sun. Worship 10:30 a.m. & 8 p.m.
 You are invited to visit, study, and
 worship with us in the near future. A
 friendly greeting always awaits.

Episcopal
HOLY CROSS EPISCOPAL CHURCH
 401 Park Ave., Sanford, FL
 Telephone 407-323-4811
 Rev. C. Alfred Cote, Jr.
 Rev. Christopher S. Vandy
 Holy Eucharist 7:30 a.m.
 Holy Eucharist 10:00 a.m.
 Holy Eucharist 7:30 p.m.
 Tuesday
 Wednesday
 Thursday

Church Of God
CHURCH OF GOD
 801 W. 22nd St., Sanford, FL
 407-323-3942
 Rev. Wesley Baker
 Pastor
 Sunday School 9:45 a.m.
 Morning Worship 10:30 a.m.
 Evangelistic Service 8:00 p.m.
 Family Enrichment Service Wednesday
 7:00 p.m.
 Bible Study
 Pre-School thru grade 12
 407-321-2723
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 at 1 year to pre-school
 407-323-1411

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 Pastor
 Joe Pontillo
 Worship Leader
 Service Times
 Sunday 10:00 a.m. & 8:00 p.m.
 Thursday 7:00 p.m.
 Nursery Available All Services

Eastern Orthodox
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 2743 Country Club Road
 Rev. Donald Sinos
 Pastor
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 Divine Liturgy 10:00 a.m.
 Sunday School 11:00 a.m.
 Confession By Appointment
 (407) 324-0180
 Jerry Walsh
 Pastor
 Sunday Worship 9:45 a.m.
 (Always finished by 11:00)
 Nursery Provided
 Adult Share Group 8:00 p.m.
 Meet Ever. Night
 (Call for information)

Inter-denominational
BEARDALL AVE. CHAPEL
 3002 Beardall Ave.
 407-302-8202
 Jack Cox
 Pastor
 Sunday
 Morning Worship 10:00 a.m.
 Evening Service 8:00 p.m.
 Tuesday Evening Bible Study 7:00 p.m.

Non-Denominational
BEEMOLE CHURCH
 Currently Meeting in
 Lake Mary Center's Theater
 (Across from Albertson's)
 Lake Emma & Lake Mary Blvd.
 (407) 324-0180
 Jerry Walsh
 Pastor
 Sunday Worship 9:45 a.m.
 (Always finished by 11:00)
 Nursery Provided
 Adult Share Group 8:00 p.m.
 Meet Ever. Night
 (Call for information)

Non-Denominational
WORLD OF LIFE CHURCH OF GOD IN CHRIST
 818 Sanford Avenue
 Sanford, FL 32771
 407-323-8048
 Elder Johnson Henderson
 Pastor
 Sunday School 10:00 a.m.
 Morning Worship 11:30 a.m.
 Evening Service 7:30 p.m.
 Tuesday
 Multi Purpose Night
 Bible Study/Men in
 Doctrine/Craft Class
 Wednesday 8:00 p.m.
 Usher Board 7:00 p.m.
 Choir Rehearsal 7:30 p.m.
 1st Sunday
 The Lord's Supper
 2nd Sunday: Men/Women
 (rotated Day and Dinner)
 3rd Sunday: Pastoral
 4th Sunday: Youth Day
 5th Sunday: Fellowship and Dinner
 at various locations
SHOWER DOWN OF BLESSINGS
 301 Elm Ave., Sanford, FL
 407-321-6289
 Timothy Hudson
 Pastor
 Sunday School 10:00 a.m.
 Morning Worship 11:00 a.m.
 Tuesday Bible Study 7:30 p.m.
 Thursday Prayer 6:30 p.m.

Jewish
CONGREGATION BETH EL OF CENTRAL FLORIDA
 Lake Mary Community Center
 208 W. Country Club Rd., Lake Mary
 (407) 324-3087 (407) 786-3729
 Rabbi Moshe Eliaz, Ph.D.
 Religious Leader
 Every 1st Friday of Month
 Family Sabbath Service 7:30 p.m.
 Friday Sabbath Service (all other Fridays) 8:15 p.m.
 Saturday Sabbath Services 9:30 a.m.
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 Jewish Nursery School Programs
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Lutheran
GOOD SHEPHERD EVANGELICAL LUTHERAN CHURCH OF SANFORD
 ELCA
 2917 Orlando Dr. (Hwy. 17-82)
 Sanford, FL 32713
 Rev. Bruce B. Scott
 Pastor
 Sunday School 10:00 a.m.
 Adult Bible Study 9:30 a.m.
 Worship Service 10:30 a.m.
 Nursery Provided
LUTHERAN CHURCH OF THE REDBERRY
 (Missouri Synod)
 2525 Oak Ave., Sanford, FL
 Rev. Elmer A. Reusser
 Pastor
 Sunday School 10:30 a.m.
 Worship Service 10:30 a.m.
 Information 323-2862 or 323-0610

Presbyterian
FIRST PRESBYTERIAN CHURCH OF LAKE MARY
 198 W. Water Ave.
 Lake Mary, FL
 407-321-1021
 Rev. A.P. Blanton
 Pastor
 Church Prayer Meeting 9:15 a.m.
 Church School 9:45 a.m.
 Morning Worship 11:00 a.m.
 Youth Group 6:00 p.m.
 Wed. Choir Practice 7:00 p.m.
 Thurs. Youth Choir 8:30 p.m.

Presbyterian
BARNHAM WOODS PRESBYTERIAN CHURCH
 6210 Barnham Woods Road
 Lake Mary 407-333-3030
 Rev. Ernest H. Plankin
 Pastor
 Sunday School, all ages 9:00 a.m.
 Church Services 9:30 & 10:30 a.m.
 Wed. Choir Practice 7:00 p.m.
 Thurs. Youth Choir 8:30 p.m.
 Nursery Provided 8:30 a.m.
 Pre-School Mon. thru Fri. 9 to 12
 Monthly Family Night Supper
 Third Wednesday of Each Month 8:30 p.m.

Presbyterian
WESLEYAN PRESBYTERIAN CHURCH
 811 Weston Springs Lane
 Longwood 407-323-0028
 Rev. Dr. John A. Dalbo
 Church Services 9:30 & 11:00 a.m.
 Sunday School (All ages) 9:45 a.m.
 Nursery Provided

Seventh Day Adventist
SANFORD SEVENTH DAY ADVENTIST CHURCH
 6616 N. Country Rd. 427
 Sanford, FL 32710
 Sabbath School 9:15 a.m.
 Church Services (Sat.) 11:00 a.m.
 Prayer Meeting (Wed) 7:00 p.m.
 After Bible (Sat.) 11:15 p.m.

Spiritualist
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 September thru April
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 Rev. Ann Olsberger
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 Orange City, FL
 (Across from
 Blue Springs Auto Wash)
 Rev. Margaret Ann Schmidt
 Pastor
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 Regular Service 10:30 a.m.
 Thursday 7:30 p.m.
 Information on Church Functions
 and Spiritual Counseling
 Call (888) 326-8288

United Church of Christ
LONGWOOD HILLS COMMUNITY CHURCH
 U.C.C.
 1256 E.E. Williamson Road
 Longwood, FL
 407-323-8253
 Rev. Dr. Hal Youngblood
 Minister
 Sunday Worship 10:30 a.m.
 Nursery Provided
 Church School 9:15 a.m.
 Youth & Children Ministry
 Wednesday 8:30 p.m.

Unity
CHRIST CHURCH
 503 S. Orange Ave.
 Orlando, FL 32801
 407-422-8888
 Rev. Phil Schneider
 Pastor
 Sunday 9:30 & 11:00 a.m.
 Wed. Prayer Service 8:30 p.m.
 Music by Coco Ramos

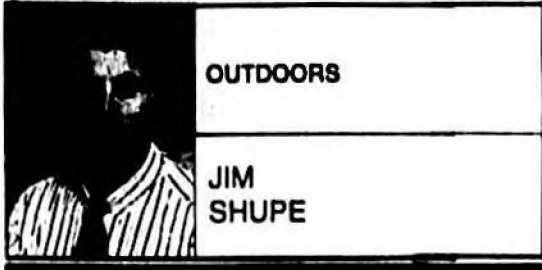
Wesleyan
WESLEYAN CHURCH OF PALMA
 8888 Wesleyan Dr.
 Sanford, FL 32771
 (CR 1-4 (Exit 8) I-95)
 First Street on Left - One Mile Past
 Leonard O'Donnell
 407-323-4332
 "Where the Gospel is Good News"
 Sunday School 9:45 a.m.
 Morning Worship 11:00 a.m.
 Evening Worship 8:00 p.m.
 Mid-Week Mtg. Wed. 7:30 p.m.
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TIRE EXPRESS 2650 S. Orlando Drive, Sanford 323-6684 Carl Bergman & Employees	(407) 330-1880 FAX (407) 323-5226 CENTRAL SYSTEMS S.E., INC. PARTY DEPOT 888 BUCKINGHAM AVE. SANFORD, FL 32771 DONNA CLARK	COLONIAL BEEF RESTAURANT 121 E. PUBLIC, SANFORD 323-8888	STENSTROM, MAINTOSH, COLBERT, WYSHAM & SORRENSON, P.A. Attorneys at Law Suite 22 - San Trust Building 208 West First Street Sanford - 323-3171 Insurance & Real Estate Services	THE MCKIBBIN AGENCY INSURANCE 114 N. Park Ave., Sanford 323-6331	BRAM BEAUTY SALON 519 E. 1st St. • Sanford 321-8580 BETTY WEBER
HEALING WATER WORKSHOP CENTER "Where the Healing Power of God Lives" Currently Meeting At The Sanford Community Center 888 Palmetto at 17-82 For more information 888-47127 Sunday Worship 10:30	ALEC REFRIGERATION & HEATING SYSTEMS, INC. 816 S. Park Ave., Sanford, FL 32771 Terry E. Chapman, President 407-324-0997 Fax: 407-323-4917 Yearly Payroll: 1,400,000-1,700,000	Lee's Famous Recipe COUNTRY CHICKEN "IT'S HONEY DIPPED" 1688 FRENCH AVE. 323-2888	First Baptist Church of Lake Mary 800 W. Water Ave., Lake Mary, FL 407-321-1021 Pastor Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 8:00 p.m. Wednesday Bible Study 7:30 p.m. Thursday Prayer 6:30 p.m. Nursery & Pre-School Provided 8:30 a.m. - 12:00 p.m. 407-321-1021 Hours at The Lake Mary Community Center 800 W. Water Ave., Lake Mary	* Complete Funeral Services • Cremation * Memorial & Mourning Pre-arrangements * Home & Business Call 323-3213	LAKE MARY 323-8788

Sports

B



OUTDOORS

JIM SHUPE

Waterfowl hunt season approved

SANFORD - The Game and Fresh Water Fish Commission (GFC) approved a 60-day waterfowl hunting season today for 1997-98. Season dates are Nov. 22 - Jan. 20. Also, Jan. 24 will be Youth Waterfowl Hunting Day, during which children may hunt under the supervision of non-hunting adults.

In addition, Canada geese will be legal game, on Lake Seminole in Jackson County only, Nov. 22-30 and Jan. 10-31.

The daily bag limit for ducks is six, including no more than four mallards (with a maximum of two hen mallards), three pintails, two wood ducks, two redheads, one black duck, one canvasback, one mottled duck (also known as Florida duck), and one fulvous whistling duck. The daily bag limit for the Lake Seminole Canada goose hunt is two.

Commissioners also approved various changes in wildlife management area and wildlife and environmental area regulations and their acreage's.

Regarding bird sanctuaries, the GFC adopted a rule to add the designation "restricted hunting area" for areas that apply for hunting closures for public safety reasons in the future. Existing bird sanctuaries will retain their current designation.

In related action, the Commission approved a request from the Dade County Commission to expand the South Dade Bird Sanctuary by 62 square miles and rename the entire area the South Dade Restricted Hunting Area.

New rules also authorize the GFC to issue permits for hunting on restricted hunting areas when appropriate.

Commissioners voted to change the boundary between the Central and South hunting zones. The previous boundary -- SR 72, west of Arcadia -- will be replaced by SR 70, which is a few miles north of SR 72.

SHUPE'S SCOOP

SIGHTING IN YOUR RIFLE IS A CRITICALLY IMPORTANT PART OF THE HUNTING PROCESS. WHEN SIGHTING IN A RIFLE, MAKE IT A POINT TO BE AS COMFORTABLE AS POSSIBLE. USE A TABLE OR BENCH AND A SAND BAG TO STEADY YOUR RIFLE. I TOUCH THE RIFLE WITH ONLY MY TRIGGER FINGER AND SHOULDER IN ORDER TO REMOVE ALL HUMAN ERROR FROM THIS PRECISE PROCEDURE. I USE THE SAND BAG TO HOLD THE RIFLE WITH THE CROSS-HAIRS OF THE SCOPE ON THE CENTER OF THE BULLS-EYE. THEN IT IS A SIMPLE MATTER TO SQUEEZE THE TRIGGER FOR EXACT BULLET PLACEMENT. DIFFERENT GUNS "LIKE" DIFFERENT KINDS OF AMMUNITION, SO I EXPERIMENT WITH VARIOUS BRAND NAMES FOR THE BEST GROUPS.

FISHING FORECAST

Expect bass action to gradually improve with cooler weather and dropping water temperatures. Fishing will begin to be really good in November, and will last through March. Large wild shiners will be the best choice for lunker bass this time of the year. The river from Puzzle Lake south to Lake Winder is my pick for bass over eight pounds.

Snook action at Sebastian Inlet continues to be good for fish in the 8-15 pound range. Large live shrimp fished with a plain lead head is a deadly combination. Simply toss the rig out, let it sink to the bottom, and slowly work it around rocky structure. Strikes will be sure to follow.

Captain Jack at Port Canaveral reports fair offshore action when seas are calm. King mackerel continue to hit live baits on B A Reef and Pelican Flats. Dolphin and wahoo are scattered from 140 feet of water on out. Inside the Port, expect flounder and sheepshead. A few snook can be caught at night around the many docks and bridge fenders. Trout and redfish are rated as good on the flats of the Banana and Indian Rivers.

Sheepshead are still the main attraction at Ponce Inlet. Live shrimp and fiddler crabs are hard to beat for fish in the 1-5 pound range. A few redfish, drum, jack crevalle and bluefish are also around the rocks. Trout and redfish are rated as good on the flats of Mosquito Lagoon.

Preparing for hoops

Sanford Recreation Dept. offering youth basketball

Special to the Herald

SANFORD - The Sanford Recreation Department, through Winning Ways Basketball Academy at Sanford, is now offering youth basketball to children in grades Kindergarten through 12.

Registration will begin tomorrow (Saturday) with a special official sign up day at the **JUST FOR FEET** at the Seminole Towne Center Mall.

Starting at 10 a.m. and going until 8 p.m., there will be prizes distributed as well as other special giveaways in addition to a free throw contest run by Barry Mistell from the Winning

Ways Basketball Academy at Sanford.

By teaming up with the new Winning Ways Basketball Academy at Sanford the Sanford Recreation Department hopes to improve the level of basketball by doing a better job of teaching the area's youth the fundamentals of the game and how to play the game.

For the first time the Recreation Department will offer two divisions: a Recreation Division and a Prime Time Division, and will also allow players to register individually or as a team.

After tomorrow, registrations will still be accepted at the Downtown Youth Center in the Lower Level of Sanford City Hall.

Among the important dates to remember will be:

Tuesday, October 21 - coaches meeting at Downtown Youth Center at 7 p.m.

Friday, November 14 - coaches clinic at Sanford Middle School at 7 p.m.

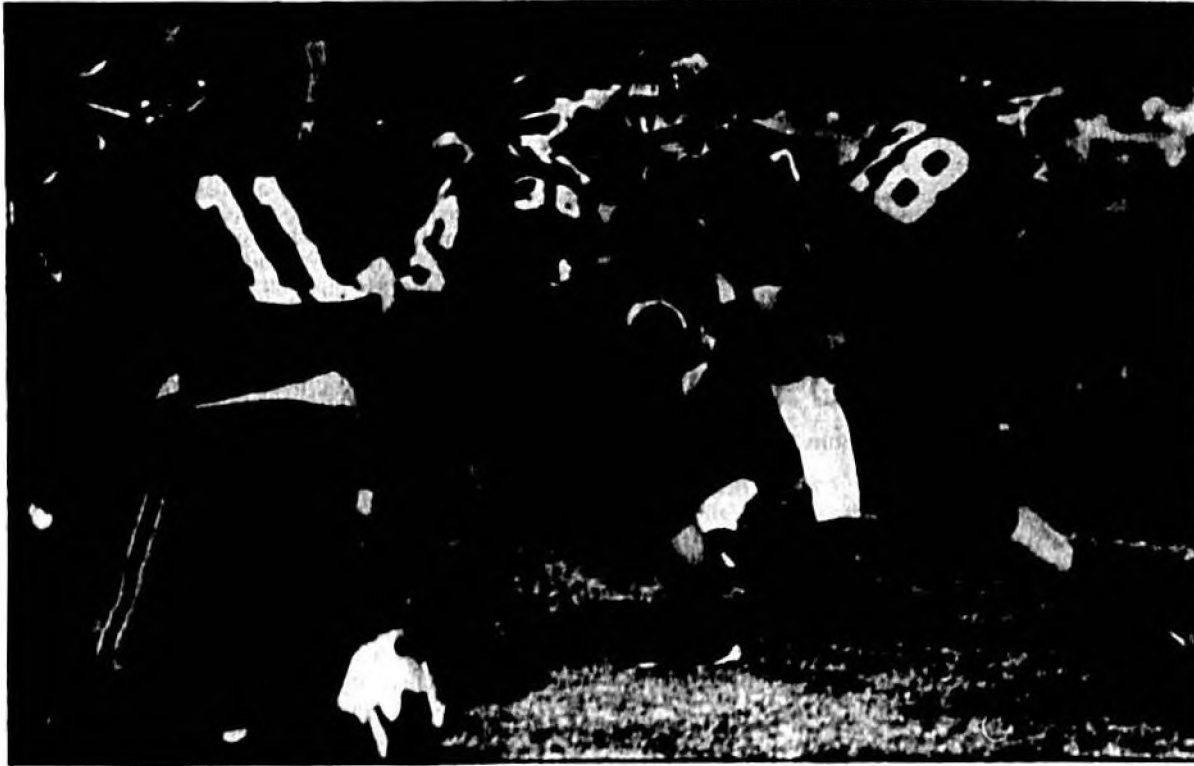
Saturday, November 15 - Player Placement at Sanford Middle School at 6 a.m.

December 1-5 - Jamboree at Sanford Middle School.

December 6 - regular season games begin at Sanford Middle School.

Monday and Tuesday, December 15 and 16 - Basketball Clinic at Sanford Middle School.

For additional information, call 330-5807.



Joe Knight (No. 36, top photo) ran for 181 yards on 12 carries and three touchdowns to pace the offense, while the defense (shown in lower photo with Joe Watson, number six, re-

covering a fumble) came up with big play after big play as Seminole thumped Oak Ridge 35-14 in a Class 5A-District 5 contest at Thomas E. Whigham Stadium Thursday night.

Seminole rebounds in style

From Staff Reports

SANFORD - Maybe it was the week off, or maybe it was some remnant from the loss to Lake Brantley two weeks ago, but it took Seminole a while to get going Thursday night.

But when the Fighting Seminoles did wake up they started hitting on all cylinders and whipped the Oak Ridge Pioneers 35-14 in a Class 5A-District 5 varsity football contest at Thomas E. Whigham Stadium.

After a scoreless first quarter, Joe Knight scored a pair of touchdowns on runs of five and 24 yards and Deon Howard added a two-point conversion run to give Seminole a 14-0 advantage.

Moment later, the Tribe all but put the game away when Ned Raines blocked a punt and then pounced on it in the end zone to give the hosts a 21-0 lead.

The second quarter has been kind to the Fighting Seminoles all year as they have now scored 84 points in the second stanza.

The Pioneers came back to score to make the score 21-7 at halftime, but that was as close as the Pioneers would get.

See Tribe, Page 2B

FIGHTING SEMINOLES 35, PIONEERS 14	
Oak Ridge	0 7 0 7, 14
Seminole	0 21 7 7, 35
No scoring	
First Quarter	
Second Quarter	
Third Quarter	
Fourth Quarter	

- S - Knight 5 run (kick failed)
- S - Knight 24 run (Howard run)
- S - N. Raines blocked punt recovered in end zone (Armstrong kick)
- OR - Savage 1 run (Alexis kick)
- Third Quarter
- S - Knight 51 run (Armstrong kick)
- Fourth Quarter
- S - T. Hauka 35 pass from Goldsmith (Armstrong kick)
- OR - Remas 11 run (Alexis kick)

Patriots edge Rams behind Criswell, Pagan

From Staff Reports

LAKE MARY - It was a different night, on a different field, against a different opponent, but the it looked surprisingly like the last three games for the Lake Brantley Patriots as their dynamic duo again subdued another opponent.

Led once again by quarterback Brian Criswell and fullback Ryan Pagan, Lake Brantley held off a determined effort by Lake Mary as the Patriots prevailed 35-21 in a Class 6A-District 3 and Seminole Athletic Conference varsity football game Thursday night at Don T. Reynolds Stadium.

Criswell and Pagan combined to rush for 311 yards and scored five touchdowns, plus a two-point conversion, as Lake Brantley won their **See Rams, Page 2B**



Tim Spivey (No. 1, left) caught a 61-yard touchdown pass to give Lake Mary an early 7-0 lead and Robert Randall (No. 25, above) ran for a pair of 45-yard touchdowns, but it was not enough as Lake Brantley held off the Rams 35-21 Thursday night at Don T. Reynolds Stadium.

IN BRIEF

Support Seminole golf

Mayfair golf professional Rich Cleary announced that the fourth annual golf tournament to benefit the Seminole High School boys' and girls' golf team will be held Nov. 1-2 at Mayfair.

Over \$2,600 in prizes will be awarded and a banquet will be held after the first round on Saturday.

The event will be a two-day, two ball match and, after a banquet following the first day's play, the field will be reflighted into four groups for Sunday's final.

Bobby Lundquist and Mike Leary are the three-time defending champions.

Winter Springs H.S. Golf

WINTER SPRINGS - The 1st Annual Winter Springs High School Athletic Department Golf Classic will be held at the Winter Springs Golf Club on Saturday, October 18th.

Starting with a Shotgun Start at 1:30 p.m., the event will be a four-person scramble, play best ball, and one tee shot must be

used from each player on front and back nine.

Cost is \$50 per person and includes BBQ chicken dinner (rolls, potato salad, baked beans, cole slaw, beverage), two closest to the Pin and Longest Drive holes, door prizes and 1st and 2nd place team awards. Holes can also be sponsored for \$100.

Applications available in the Athletic Office or by calling (407) 320-8757.

Sylvan Lake Park Tennis

SANFORD - Looking for some after-school activities for your children or interested in brushing up your tennis skills or learning how to play tennis while your children are in school? try Sylvan Lake Park.

The next six-week tennis session begins November 3rd and runs through December 20th. Tiny Tots (5-7), Juniors, Adults and Senior classes are available weekdays and Saturdays (mornings, afternoons and evenings).

Classes are \$30 per six-week session and is limited to eight players.

For the more advanced player, Junior Training Classes are also available Monday through Friday from 4:30 p.m. to 6:30 p.m.

Registration begins October 27th. Call SYLVAN LAKE PARK at (407) 322-6567 to register.

Rams

Continued from Page 1B

straight game and moved into prime position to earn a spot in the state playoffs.

The Patriots are now 3-3 overall and 2-1 in the district race, good enough for a tie for second with Oviedo behind undefeated DeLand, with games remaining against Lake Howell and the Lions.

Next Friday, Lake Brantley will host the Silver Hawks in what amounts to a must-win situation that will also be Homecoming. Game time is set for 7:30 p.m. at Tom Storey Field.

Lake Mary fell to 0-6 overall, 0-3 in the district and 0-3 in the conference. The Rams will play another district and SAC contest next Friday, traveling to John Courier Field to take on Oviedo at 7:30 p.m.

Lake Mary took the lead twice in the first quarter as Tim Spivey caught a 61-yard touchdown pass from Corey Cooper and, after Criswell ran

PATRIOTS vs. RAMS 14	
Lake Brantley	7 16 0 14 - 35
Lake Mary	14 0 0 7 - 21
First Quarter	
LM - Spivey 61 pass from Cooper (Abrams kick)	
LB - Criswell 38 run (Rube kick)	
LM - Randall 45 run (Abrams kick)	
Second Quarter	
LD - Pagan 12 run (kick failed)	
LB - Criswell 12 run (Pagan run)	
Third Quarter	
No scoring	
Fourth Quarter	
LD - Criswell 11 run (Rube kick)	
LM - Randall 45 run (Abrams kick)	
LB - Pagan 25 run (Rube kick)	

the ball in from 38 yards, Robert Randall scored the first of his two 45-yard touchdown runs on the evening to give the Rams a 14-7 lead after one period.

But the hosts scored the next 21 points on a 12-yard touchdown run by Pagan and Criswell in the second quarter and an 11-yard scoring jaunt by Criswell in the fourth quarter.

But the game was still in doubt as Randall ran for 45-yards again to make the score 28-21, but Pagan came back

for his second TD of the night, a 25-yard run, to put the game out of reach.

Criswell finished the night with 188 yards on 19 carries and three touchdowns, while Pagan rushed for 125 yards on 25 carries and the two scores.

Seminole girls fall to Hawks

From Staff Reports

CASSELBERRY - Thursday night, the Seminole girls varsity volleyball team lost against their rival Lake Howell, 11-15, 9-15.

"We were too tense, could not serve, could not pass, and could not focus," said Seminole coach Beth Corso. "The girls went into the game thinking they had already won. Tomorrow we will be practicing for two hours."

Despite the seven missed serves in the loss, Kim Nelson had nine assists and four digs. Courtney Newman, Sonya Watson, Amanda Cook, and Sarah Luke each shared two kills.

The Lady Noles travel to Lake Brantley on Monday with tip off time at 6:30 p.m. Tuesday night, they head to Oviedo which begins at 7 p.m. and don't forget about their last home game of the season on Wednesday against Pine Ridge. The team will be honoring their senior players. That contest begins at 6:30 p.m.

Tribe

Continued from Page 1B

Knight scored his third touchdown of the game on a 51-yard blast into the end zone in the third quarter and Tim Raines caught a 35-yard pass from quarterback Garrett Goldsmith in the fourth quarter as Seminole took a 35-7 lead.

Oak Ridge scored a meaningless touchdown late in the game.

Knight, a senior fullback, finished the evening with 181 yards on 12 carries and the three touchdowns.

Seminole is now 5-1 overall, but more importantly, improved to 3-0 in the district,

keeping pace with No. 4 state ranked Mainland, which hosts Oviedo in a non-district game tonight starting at 7:30 p.m. at Daytona Beach Municipal Stadium. Oak Ridge fell to 2-4 overall and 1-2 in Class 5A-District 5.

The Fighting Seminoles will host Deltona in a very important game next Friday night at Thomas E. Whigham Stadium. Not only is it Homecoming, it is also a Class 5A-District 5 game and a win would probably guarantee the Tribe a spot in the playoffs no matter the outcome with Mainland later in the season. Game time is set for 7:30 p.m.

Bramlett dominates at Orlando; NSS to host twin 100 Lappers

Special to the Herald

BITHLO - St. Cloud's Scott Bramlett took the lead at the drop of the green and never looked back as he drove to victory in Night Number 2 of the annual Late Model Triple Crown last Friday night at Orlando Speedway.

Bramlett set fast time, then started on the outside pole for the 100 lapper.

Bramlett quickly put his Chevrolet out in front of pole sitter Rusty Ebersole, who settled into second place.

The first of just two cautions flew on Lap 26 as Wayne Jefferson's mount dropped water in turns three and four. Bramlett continued to lead after the caution as Pete Orr moved into second and started to close in, but third running David Rogers had to give up the chase on Lap 48 with a leaking transmission seal.

Orr continued to pressure Bramlett as the second caution came out on Lap 75 for a light shower.

When the green came back out, Bramlett took off and held off Orr over the final 25 laps to claim the victory. Orr was second, followed by Ebersole, Bruce Lawrence and Jack Cook.

Mike Murphy in the Ace Septic #26, led all the way to take his second Limited Late Model win of the year ahead of points leader Bobby Sears, Larry Osterm, Chad Allman and Von Pope.

When leaders Eddie Hartin and David Rogers tangled with two laps to go, Eddie's brother David Hartin slipped into the lead and sped to his third

RESULTS

ORLANDO SPEEDWAY

Friday, October 10, 1987

Triple Crown Late Models (night 2) - 1. (22) Scott Bramlett; 2. (80) Pete Orr; 3. (36) Rusty Ebersole; 4. (104) Doug Barton; 5. (21) Kerry Bidlower.

Mini-Stock - 1. (01) Conrad Grenier; 2. (51) Pedie Allison; 3. (07) Kelly Jarrett; 4. (33) Tim Rivers; 5. (19) Wayne Clark.

Bomber - 1. (8) Rich Clouser; 2. (50) Jeff Wright; 3. (18) Ron Adams; 4. (34) John Smith; 5. (81) Mike Peppier.

Run-A-Bout - 1. (78) Jeff Bulla; 2. (79) Jim Barron; 3. (84) Jimmy Croset; 4. (10) Brian Dusselter; 5. (13) Phil Wood.

4-Cylinder Bomber - 1. (27) Scott Tyler; 2. (5) Bill Moore; 3. (90) Brandon Delph; 4. (74) Gary Ingram; 5. (24) Beaver.

Modified win in a row. Ted head took second over Ray Huxson, while Rogers recovered for fourth and Joe Middleton was fifth.

Conrad Grenier started 14th, but still prevailed in the Mini-Stocks for his 21st feature win of the season. Pedie Allison bounced back from a mid-race tangle to get second, followed by Kelly Jarrett, Tim Rivers and Wayne Clark.

In other action, it was Bill Loomis winning his second

Sportsman feature of the year: Rich Clouser celebrated his 15th birthday with a win in the Bombers; Jeff Bulla notched his first career win in the Run-A-Bouts; and Scott Tyler was victorious in the 4-Cylinder Bombers.

Tonight it's regular racing with the Late Models, Limited Late Models, Modified, Sportsman, Mini-Stock, Bombers, Run-A-Bouts and 4-Cylinder Bombers all competing. Gates open at 8 p.m. with racing action beginning at 8 p.m.

NEW SMYRNA SPEEDWAY

SAMSULA - Rain washed out the third leg of the annual triple crown last Saturday night, so this week it will be two 100 Lap races for the price of one at New Smyrna Speedway.

In addition to the 100 Lap Late Model Triple Crown finale, also on the card will be the 100 Lap Coca Cola Limited Late Model race.

These two races will be run along with the regular slate of Modified, Sportsman, Bombers, Mini-Stocks and Run-A-Bouts.

For those looking ahead, make a note on the calendar that the prestigious Governor's Cup Late Model 200 Lap event will be run on Saturday, October 25th.

Gates open at 8 p.m. with racing action getting started at 7 p.m.

TEST & TUNE

BITHLO - Test and Tune is held every Wednesday night from 8 p.m. to 10 p.m. at Orlando Speedway.

Cost is \$20, which is good for driver and two crewmen in pits only.

Senior flag 49ers romp

From Staff Reports

SANFORD - The number of undefeated teams continued to dwindle and the Senior Division 49ers reached a new highwater mark for points last Saturday in the Sanford Recreation Department Youth Flag Football League across from Sanford Middle School last Saturday.

Only the Cowboys and Idle Falcons in the Majors have not tasted defeat this season as the Cowboys edged the previously unbeaten 49ers 14-6 in the Majors and the Bulldogs nipped the Golden Knights 28-22 in Minor Division play.

But the big story of the day was the 50-0 pounding the 49ers laid on the Colts in the Seniors. This was by far the most points scored by one team in the league in recent memory.

Other results from last Saturday were: Minors - Bengals 14, Rattlers 13; Majors - Dolphins 24, Jaguars 19 and Steelers 6, Bears 0; Seniors - Bears 22, Cowboys 6.

Standings after four weeks: Minors - Bulldogs and Golden Knights (both 3-1), Bengals 1(2-1) and Rattlers (0-3).

Majors - Cowboys and Falcons (both 3-0), 49ers (3-1), Dolphins (2-2), Steelers (1-3) and Bears and Jaguars (both 0-3).

Seniors - Bears and 49ers (both 3-1), Cowboys (2-2) and Colts (0-4).

On tomorrow's (Saturday, Oct. 18) schedule: Minors - Rattlers vs. Golden Knights, 9 a.m.; Bengals vs. Bulldogs, 10 a.m.

Majors - Falcons vs. Cowboys, 11 a.m.; 49ers vs. Bears, noon; Jaguars vs. Steelers, 1 p.m.; Dolphins have the bye.

Seniors - Bears vs. Colts, 2 p.m.; Cowboys vs. 49ers, 3 p.m.

MINORS

BULLDOGS 28, GOLDEN KNIGHTS 22
John McCoy scored three first half touchdowns on runs of six, 45 and eight-yards as the Bulldogs took a 20-8 halftime lead and the Golden Knights could not quite recover.

Barry Stevenson added a 25-yard touchdown run in the second half for the Bulldogs, while Kaahif Vallot scored all of the Golden Knights touchdowns on runs of 40, 35 and 45-yards.

BENGALS 14, RATTLER 13

Tony Davis' two-point conversion run proved to be the difference as the Bengals edged the Rattlers.

Cameron Bailey scored the Bengals' first touchdown and Davis also had a touchdown run prior to his extra point effort.

Sergio Detreville scored both of the Rattlers' touchdowns, while Robert Peterson added a single extra point.

MAJORS

COWBOYS 14, 49ERS 6
Aaron Williams had a touchdown and a two-point conversion and Cleo White added another touchdown for the Cowboys, while Eddie Willingham caught a 65-yard touchdown pass from B.J. Pinckney for the 49ers' score.

DOLPHINS 24, JAGUARS 19
Eric Bryant and Marcus Perry were the stars as the Dolphins edged the Jaguars.

Perry caught touchdown passes of 25 and 16-yards and a two-point conversion pass from Bryant and also ran back a kickoff for a 55-yard score.

Bryant added a pair of two-point conversions on a pass from Perry and a run.

Legal Notices

VEHICLE SALVAGE AUCTION
10-17-87
8:00
1011 N. ORLANDO AVE.
MAYLAND FL 32751
NO DATE 9088E RPH110037606
Publish: October 17, 1987
DEJ-128

VEHICLE SALVAGE AUCTION
11-30-87
8:00
1011 N. ORLANDO AVE.
MAYLAND FL 32751
75 FORD MAVERICK 3K2L302008
Publish: October 17, 1987
DEJ-128

IN THE CIRCUIT COURT IN AND FOR SEMINOLE COUNTY, FLORIDA
GREGG B. DAVIS, Plaintiff,
vs.
MARGARET M. MORSE, Defendant(s).

NOTICE OF FORECLOSURE SALE
NOTICE IS HEREBY GIVEN pursuant to an Order Rescheduling Foreclosure Sale dated October 1987, 1987, and entered in Case No. 85-6950-CA of the Circuit Court of the Eighteenth Judicial Circuit in and for SEMINOLE County, Florida wherein COURTWAYNE FUNDING CORPORATION is the Plaintiff and MARGARET M. MORSE, ET AL., are the Defendant(s), and to the highest and best bidder for cash at the WEST FRONT DOOR OF THE SEMINOLE COUNTY COURTHOUSE; SANFORD, FLORIDA at 11:00 a.m., on the 13th day of NOVEMBER, 1987, the following described property as set forth in said Final Judgment:

LOT 15B, WINGFIELD RESERVE PHASE II, according to the Plat thereof as recorded in Plat Book 55, Pages 66, 66, and 78, Public Records of Seminole County, Florida.
has been filed against you and you are required to serve a copy of your written defenses, if any, to the Clerk of the Court by the address given on the notice. Telephone: 407-333-4330 ext. 4227; 1-800-945-8771 (TDD) or 1-800-945-8770 (V); Florida Relay Service. Publish: October 17, 24, 1987 DEJ-128

NOTICE OF FORECLOSURE SALE
NOTICE IS HEREBY GIVEN that I am engaged in business at 1330 Corte Nueva, Winter Springs, FL 32706, Seminole County, Florida, under the Fictitious Name of GUNDSWICK REALTY & BUSINESS, and that I intend to register said name with the Division of Corporations, 1 Unshaded, Florida, in accordance with the provisions of the Fictitious Name Statute, To-WIT: Section 865.06, Florida Statutes 1981.
Janice L. Carney
Publish: October 17, 1987 DEJ-128

Legal Notices

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA
GREGG B. DAVIS, Plaintiff,
vs.
MARGARET M. MORSE, Defendant(s).

NOTICE OF FORECLOSURE SALE
NOTICE IS HEREBY GIVEN pursuant to an Order Rescheduling Foreclosure Sale dated October 1987, 1987, and entered in Case No. 85-6950-CA of the Circuit Court of the Eighteenth Judicial Circuit in and for SEMINOLE County, Florida wherein COURTWAYNE FUNDING CORPORATION is the Plaintiff and MARGARET M. MORSE, ET AL., are the Defendant(s), and to the highest and best bidder for cash at the WEST FRONT DOOR OF THE SEMINOLE COUNTY COURTHOUSE; SANFORD, FLORIDA at 11:00 a.m., on the 13th day of NOVEMBER, 1987, the following described property as set forth in said Final Judgment:

LOT 15B, SPRING OAKS UNIT 3, ACCORDING TO THE PLAT THEREOF, AS RECORDED IN PLAT BOOK 17, PAGE 82, OF THE PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA.
has been filed against you and you are required to serve a copy of your written defenses, if any, within 30 days after the first publication of this Notice of Action, on Shevarris, McCallie, Rysner, Barrett & Frappier, Plaintiff's attorney, whose address is 601 Bayshore Boulevard, Suite 900, Tampa, Florida 33606, and file the original with the Clerk of the Court either before service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the Complaint and petition.

This notice shall be published once each week for two consecutive weeks in the Sanford Herald.
WITNESS my hand and the seal of this Court on the 2nd day of October, 1987.
(SEAL)
Maryanne Morse
Clerk of the Court
By: Jean Brillant
As Deputy Clerk
Publish: October 10, 17, 1987 DEJ-128

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA
CIVIL ACTION
CASE NO. 87-1418 CA
SERVING 18-A
DVA MORTGAGE COMPANIES
DVA FIRST TENNESSEE MORTGAGE COMPANY, INC. AS SUCCESSOR IN INTEREST TO FIRST TENNESSEE BANK NATIONAL ASSOCIATION, Plaintiff,
vs.
RICHARD H. WALKER, II, et al., Defendant(s).

NOTICE OF ACTION
TO: CHARLES WALKER AS DEPUTY CLERK, 1175 Capital Circle, Northwest Tallahassee, FL 32301
YOU ARE NOTIFIED that an action to foreclose a mortgage on the following property in SEMINOLE County, Florida: **LOT 6, BLOCK 'A', RAVENNA PARK SECTION OF LOCH ARBOR, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 33, PAGE 88 AND 82, OF THE PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA.** has been filed against you and you are required to serve a copy of your written defenses, if any, within 30 days after the first publication of this Notice of Action, on Shevarris, McCallie, Rysner, Barrett & Frappier, Plaintiff's attorney, whose address is 601 Bayshore Boulevard, Suite 900, Tampa, Florida 33606, and file the original with the Clerk of the Court either before service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the Complaint and petition.

Legal Notices

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA
CIVIL ACTION
CASE NO. 87-17008A
DIVISION 14-B
FIRST UNION NATIONAL BANK FKA FIRST UNION NATIONAL BANK OF NORTH CAROLINA SUCCESSOR BY MERGER TO FIRST UNION NATIONAL BANK OF FLORIDA SUCCESSOR IN INTEREST TO THE F.D.I.C., AS RECEIVER OF SOUTHEAST BANK, N.A., Plaintiff,
vs.
RICHARD E. JUDAY, et al., Defendant(s).

NOTICE OF ACTION
TO: ROBINSON AND BELTS PC
LAST KNOWN RESIDENCE: UNKNOWN
CURRENT RESIDENCE: UNKNOWN
YOU ARE NOTIFIED that an action to foreclose a mortgage on the following property in SEMINOLE County, Florida: **LOT 6, BLOCK C, REVISED PLAT OF THE SPRINGS WILLOW RUN SECTION, ACCORDING TO PLAT BOOK 17, PAGE 8, PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA.** has been filed against you and you are required to serve a copy of your written defenses, if any, within 30 days after the first publication of this Notice of Action, on Shevarris, McCallie, Rysner, Barrett & Frappier, Plaintiff's attorney, whose address is 601 Bayshore Boulevard, Suite 900, Tampa, Florida 33606, and file the original with the Clerk of the Court either before service on Plaintiff's attorney or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the Complaint and petition.

This notice shall be published once each week for two consecutive weeks in the Sanford Herald.
WITNESS my hand and the seal of this Court on the 2nd day of October, 1987.
(SEAL)
Maryanne Morse
Clerk of the Court
By: Jean Brillant
As Deputy Clerk
Publish: October 10, 17, 1987 DEJ-128

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA
CIVIL ACTION
CASE NO. 87-1418 CA
SERVING 18-A
DVA MORTGAGE COMPANIES
DVA FIRST TENNESSEE MORTGAGE COMPANY, INC. AS SUCCESSOR IN INTEREST TO FIRST TENNESSEE BANK NATIONAL ASSOCIATION, Plaintiff,
vs.
RICHARD H. WALKER, II, et al., Defendant(s).

NOTICE OF ACTION
TO: JOSE ORLANDO NAZARIO, et al., Defendant(s); LINDA A. WEBBER; TRACI COLLIER, if alive, and/or descendant(s) of her; and all persons, devisees, legatees or parties claiming by, through, under or against him (them). Residence unknown.
YOU ARE NOTIFIED that an action to foreclose a mortgage on the following property in SEMINOLE County, Florida: **LOT 6, HOLLOWSBROOK WEST, ACCORDING TO THE MAP ON PLAT THEREOF AS RECORDED IN PLAT BOOK 33, PAGE 88 THEREOF, IN THE PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA.** has been filed against you and you are required to serve a copy of your written defenses, if any, to the Clerk of the Court either before service on SPEAR AND HOFFMAN, P.A., Attorneys, whose address is 708 South Dixie Highway, Coral Gables, Florida 33148, (305) 966-2299, within 30 days after the first publication of the notice and to file the original with the Clerk of this Court either before service on SPEAR AND HOFFMAN, P.A., Attorneys or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the Complaint and petition.

WITNESS my hand and seal of this Court on the 7th day of OCTOBER, 1987.
(SEAL)
MARYANNE MORSE
As Clerk of the Court
By: Ruth King
As Deputy Clerk
Persons with disability who need a special accommodation to participate in this proceeding should contact ADA Coordinator at 301 N. Park Avenue, Suite 111, Sanford, Florida 32771, at least five days prior to the proceeding. Telephone: (407) 325-4880 Ext. 4227; 1-800-945-8771 (TDD); or 1-800-945-8778 (V), via Florida Relay Service.
Publish: October 10, 17, 1987 DEJ-128

Legal Notices

UNITED STATES DISTRICT COURT OF FLORIDA ORLANDO DIVISION
90-178-Cr-01-19
(Wife: None)
UNITED STATES OF AMERICA
vs.
ALFRED T. NOWICKI
NOTICE OF FORFEITURE

Notice is hereby given that on September 24th, 1987, in the case of United States vs. Alfred T. Nowicki, Criminal No. 90-178-Cr-01-19, the United States District Court for the Middle District of Florida entered a Preliminary Order for the forfeiture of a Canon Color Copier, Model #F117300, S/N N4N01822.

The United States hereby gives notice of its intention to dispose of the Canon Color Copier, Model #F117300, S/N N4N01822 in such manner as the United States Attorney General may direct, in accordance with the provisions of 18 U.S.C. § 982(b)(1)(B), any person having or claiming a legal right, title or interest in any of the aforementioned property must file a petition with the Clerk of the United States District Court, Orlando Division, 216 Federal Building, 80 North Hughey Avenue, Orlando, Florida 32801, within thirty days of the final publication of this notice of forfeiture. A copy of the notice of forfeiture and receipt of deposit on notice, whichever is later, the petitioner shall sign and the petitioner under penalty of perjury and shall set forth the nature and extent of the petitioner's right, title, or interest in the forfeited Canon Color Copier, Model #F117300, S/N N4N01822, the time and circumstances of the petitioner's acquisition of the right, title, or interest in the forfeited property, any additional facts supporting the petitioner's claim, and the relief sought.

WITNESS my hand and seal of this Court on the 2nd day of October, 1987.
(SEAL)
Maryanne Morse
Clerk of the Court
By: Jean Brillant
As Deputy Clerk
Publish: October 10, 17, 1987 DEJ-128

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA
CIVIL ACTION
CASE NO. 87-1418 CA
SERVING 18-A
DVA MORTGAGE COMPANIES
DVA FIRST TENNESSEE MORTGAGE COMPANY, INC. AS SUCCESSOR IN INTEREST TO FIRST TENNESSEE BANK NATIONAL ASSOCIATION, Plaintiff,
vs.
RICHARD H. WALKER, II, et al., Defendant(s).

NOTICE OF ACTION
TO: CHARLES WALKER AS DEPUTY CLERK, 1175 Capital Circle, Northwest Tallahassee, FL 32301
YOU ARE NOTIFIED that an action to foreclose a mortgage on the following property in SEMINOLE County, Florida: **LOT 6, BLOCK 'A', RAVENNA PARK SECTION OF LOCH ARBOR, ACCORDING TO THE PLAT THEREOF AS RECORDED IN PLAT BOOK 33, PAGE 88 AND 82, OF THE PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA.** has been filed against you and you are required to serve a copy of your written defenses, if any, to the Clerk of the Court either before service on SPEAR AND HOFFMAN, P.A., Attorneys, whose address is 708 South Dixie Highway, Coral Gables, Florida 33148, (305) 966-2299, within 30 days after the first publication of the notice and to file the original with the Clerk of this Court either before service on SPEAR AND HOFFMAN, P.A., Attorneys or immediately thereafter; otherwise a default will be entered against you for the relief demanded in the Complaint and petition.

WITNESS my hand and seal of this Court on the 7th day of OCTOBER, 1987.
(SEAL)
MARYANNE MORSE
As Clerk of the Court
By: Ruth King
As Deputy Clerk
Persons with disability who need a special accommodation to participate in this proceeding should contact ADA Coordinator at 301 N. Park Avenue, Suite 111, Sanford, Florida 32771, at least five days prior to the proceeding. Telephone: (407) 325-4880 Ext. 4227; 1-800-945-8771 (TDD); or 1-800-945-8778 (V), via Florida Relay Service.
Publish: October 10, 17, 1987 DEJ-128

People

CALENDAR

Blood Bank seeks donors

Central Florida Blood Bank is asking donors of all types of blood - especially O-type donors - to donate at its Sanford branch, 1302 E. Second St. For information, call 322-0822.

TOPS

TOPS (Take Off Pounds Sensibly) Chapter #621 meets every Monday, from 10-11:45 a.m., at the Sanford Alliance Church, 1401 S. Park Ave., Sanford. For information, call 321-9240. Visitors are welcome.

Sanford Rotary Club

Rotary Club of Sanford meets every Monday at noon, at the Marina Hotel.

Cancer Support Group

Support, Hope and Recovery, S.H.A.R., meets every Monday afternoon at 5 p.m. at Central Florida Regional Hospital in the far corner of the dining room. This is a self help support group for all cancer survivors, whether in treatment now or finished with it. Call 324-8737 or 322-7785 for more information.

Contract Bridge

Bridge players are invited to play contract bridge every Monday, at 10:30 a.m., at the Sanford Senior Center. For information, call 322-0320.

AARP

The Winter Springs Chapter of AARP meets the third Monday of the month, at 1:30 p.m., at the Winter Springs Senior Center off Edgemon Avenue. Senior citizens, 50 and over, are invited to attend. For information, call Marian Dolin, 327-7334.

Gamblers and families

Gamblers Anonymous and Gam-Anon for family and friends, meet separately Monday and Friday (non-smokers) at 7:30 p.m., Church of the Good Shepherd, 331 Lake Ave., Maitland. For more information, call 236-0206.

Narcotics Anonymous

Narcotics Anonymous meets Monday at 8 p.m. at the Presbyterian House of Goodwill, 317 Oak Ave., Sanford.

Modelers Club

The Sanford Aero Modelers Club meets every third Monday of the month starting at 7 p.m., with the "Model of the Month" competition at Greater Sanford Chamber of Commerce, 400 E. First St. All phases of R/C model aircraft are presented. The club's flying field is located in Sanford. For more information, contact Lee Doran at 574-4732.

VFW, Auxiliary

Veterans of Foreign Wars and the Ladies Auxiliary of Sanford Post 10108 meet the third Monday at 7:00 p.m. at the post home, 2844 S. Sanford Ave.

PIGEON FANCIERS

The Central Florida Pigeon Fanciers Association meets the third Monday of each month at the Seminole County Agricultural Center, 4300 Orlando Drive, Sanford. For information, call Art or Jean Anderson at 831-8033.

Overeaters Anonymous

Sanford - Overeaters Anonymous meets every Tuesday, at 10 a.m. in Parish Hall Whitner Lounge of Holy Cross Episcopal Church in Sanford. The meetings last about an hour. There are no dues nor fees. The only requirement to attend is the desire to stop eating compulsively.

Learn to play shuffleboard

The Sanford Tourist and Shuffleboard Club practices every Tuesday and Friday starting at 1 p.m., and plays inter-city tournaments every Wednesday. Those interested in playing, learning to play or joining the club may call Russ Ktner, 322-7751, for information.

Weekly Lions Club

The Sanford Lions Club meets every Tuesday at noon at the Colonial Room in downtown Sanford. For information, call Joyce Fitzgerald at 322-7544. The community is asked to donate used eyeglasses to the club for its sight program.

Bridge Club

Sanford Duplicate Bridge Club meets at noon each Tuesday at the Greater Sanford Chamber of Commerce, 400 E. First St., Sanford.

Sanford Seniors

The Sanford Senior Citizens Club meets the first and third Tuesday, at 11 a.m., at the Sanford Senior Center. A bag lunch follows. Visitors are welcome. For information, call 322-2353 or 322-8161.

Conservation District

The Seminole Soil & Water Conservation District meets each third Tuesday of the month at 8:15 a.m. at the office in Sanford. Call 321-8212.

Nar-Anon

Nar-Anon, a self-help group for relatives and friends of addicts, will meet Tuesday at 8 p.m. at Orlando General Hospital. For more information, call 869-6364.

Take Off Pounds Sensibly

Member of Take Off Pounds Sensibly, TOPS, invite the public to join them on Tuesday evenings from 7 to 8 p.m. at the First Christian Church, 1807 Sanford Ave., Sanford. For more information about the club, call 321-4464.

Toastmasters

Seminole Community College (SCC) Toastmasters Club, #6581 will meet every Tuesday of the month, at 7:30 p.m., at the old Lake Mary City Hall on Country Club Road. Contact Rosella Bonham at 323-8284 for more information.

Longwood-Lake Mary Lions

The Longwood-Lake Mary Lions Club meets the first and third Tuesday of every month, at 7 p.m., at the Ramada Inn, S.R. 434 in Longwood. Visitors and prospective members are welcome to attend.

Pilot Club

The Sanford Pilot Club meets the first and third Tuesday at 7 p.m. in the RSVP building on the campus at Seminole Community College. All interested are welcome to attend.

Emotions influence your health

The flood of news about health and fitness these days can be more confusing than helpful. If you've been exercising or eating "right" for years but still feel frustrated and unfulfilled, you are not alone. There are ways to take charge of your health by tapping your inner resources in effective ways. The kinds of changes we advocate are simple and are designed to increase self-awareness--because all aspects of life are interdependent.

Example: When you're worried about something, you're also likely to have an upset stomach. What may appear to be an individual event is really an interconnected aspect of a larger, more complex system. When you master small changes, you build a fortified base from which to take further steps on your healing journey toward wellness. Although many people associate wellness with fitness, nutrition or stress reduction, wellness is really much more. Wellness brings people into a domain of self-responsibility and self-empowerment.

Set goals for wellness. Goals keep you on course. And more than that, goals are like magnets -- they tend to attract people and resources that help them get accomplished. It's almost magical how this happens. Often people set their sights too high and then quit completely when they don't



CONSUMER FOCUS

BARBARA HUGHES/GREGG

make the grade. Approach these "impossible" goals by breaking them down into manageable parts.

Breathing reduces stress. Stress is inevitable -- you need it to warn you about the negative forces of life. But there are many forms of stress that wear you down and cause a variety of health problems. You may not be aware of it, but every tense situation -- or even a memory of a tense situation -- causes a change in breathing. The more stressed you feel, the more shallow your breathing becomes. Conscious deep-breathing can relieve tension, quiet fear and relieve pain. So before you reach for aspirin or antacid tablets, do some breathing.

Emotions and Health. There is a heavy price to be paid when feelings are denied or repressed. Lethargy, boredom, and a lack of enthusiasm toward life may be the consequences. People unaccustomed to coping with feelings in healthy ways often seek out other means to cover up those

feelings or distract themselves, such as alcohol, food, drugs, TV, unhealthy relationships or compulsive work. Befriend your emotional self. Accept emotions as valuable signals that tell you something is in need of attention. Don't try to chase emotions away. Accept emotions as valuable signals that tell you something is in need of attention. Don't try to chase emotions away. Look at them. Express them when appropriate. Then move on.

Simplify your life. Becoming well in body, mind, and spirit is not nearly as difficult as it may seem. Wellness is not a matter of accumulating something, like more research or experience. Rather, wellness is realized by unburdening yourself of all those things that prevent the natural state of healthiness from being present. To become well is to appreciate simplicity. Examples:

- Simplify your life.
- Simplify your diet.
- Take time to rest your mind.

- See your loved ones as brand-new every day.
- One breath is precious. One smile, one more day of seeing the sun.

Honor your body's wisdom. Inhabit your body. Learn to start listening to what it says to you and to trust what you hear. Ways you shortchange yourself include listening to others instead of yourself, or saying "yes" when you really

mean "no". Wellness is about "coming home", taking up residence inside your own body once again.

Reprogram yourself. Current research in the field of psychoneuroimmunology verifies what folk healers have known for centuries -- that thoughts and emotions have a direct impact on the strength of the immune system. And the immune system is the first line of defense against disease. Strengthening your immune system consciously, through the use of imagery or nurturing self-talk, gives you a much better chance of maintaining whole-body health.

Connect to the earth for healing. When was the last time you sat on the ground or touched the earth in some way? This may seem silly, but physical contact with soil, natural waters, sunlight and fresh air is healing. When stress has built up, a walk around the block is often all that's needed to restore perspective. In addition, you connect with forces stronger than the individual self in nature, and this puts everything in perspective.

Getting started on these small changes will help you make a difference in your life. You can experience increased self-awareness and self-appreciation, have a sense of greater inner strength, and above all, live a healthier life.

Parents: Alcohol is an illegal drug

As we continue our Red Ribbon month discussion of kids and drugs (remember, alcohol is an illegal drug for anyone under the age of 21), we need to be clear about what some of the tell-tale signs are. Also, although it is unscientific, it's a trustworthy tool for parents--trust your intuition. Then use the following indicators of drug use, as a checklist for your child's appearance and behavior.

- Have you caught your child using alcohol or other drugs?
- Have you detected physical signs--alcohol on the breath, slurred speech, eyeball or pupil changes?
- Have you found obvious indications such as liquor bottles, marijuana, or other drugs in the bedroom, garage, or other places?
- Have your child's dress habits and personal hygiene changed significantly?
- Have your child's eating



FAMILY COUNSELOR

MARY BALK

and sleeping habits changed?

- Have you missed money or objects that could be converted to cash? Has your child lied to you?
- Does your child spend a lot of time alone behind closed doors in the bedroom, family room, or other places?
- Has your child's personality changed noticeably? Are there sudden inappropriate mood changes (irritability, unprovoked hostility, giddiness)?
- Is he or she less responsible for chores, getting to

school on time, household rules?

- Does your child seem to be losing old friends and hanging out with a partying crowd?
- Is there trouble at school--grades dropping, classes being missed, interest in school activities waning?
- Is your liquor supply dwindling? What about pills missing?
- Is your child in trouble with the law?
- Does your child react beligerently to comments, criticism or remarks about his or her drinking or other drug use?
- Does your child get into fights with other youngsters?
- Are there signs of major medical or emotional problems? (ulcers, gastritis, liver problems, depression, anxiety, suicide talk?)
- Is he or she irresponsible

behind the wheel of the car?

• Does your child turn off to television shows, literature, or talks about alcoholism, or alcohol and other drug abuse? It is best not to make accusations that you can't back up with first hand observations or facts. After you have gathered your facts and observations, it is time for you to plan your confrontation with the suspected user. We will discuss this confrontation in next week's column. (Indicators of drug use checklist is from the book, *Raising Drug-Free Kids in a Drug-Filled World*.)

Mary Balk is a Certified Addiction Prevention Professional and a counselor at Crossroads Academy. Phone: 322-8742.

Equal partners in marriage define their love as true

DEAR ABBY: In response to "Happy to Be Ron's Girl" (yuck, yuck): I am dismayed that someone can call herself an old-fashioned girl yet shirk her moral responsibilities and be Ron's live-in honey instead of his wife. "Ron's Girl" has a warped definition of "true love" since they are not willing to make the commitment of marriage. Ron's got it made! He has all the benefits of lover, mommy, maid and slave without the hassle of commitment.

My husband and I are both working professionals, and we share household responsibilities. Just because I don't want to spend my life being my husband's maid doesn't mean I'm "lazy." We have an equal partnership, which my husband and I agree is the definition of "true love." Unlike "Ron's Girl," who didn't have enough courage to let you print her name, you may print mine. I stand behind my convictions. **STACY L. VERDICK CASE, BLAINE, MINN.**

DEAR STACY: Since I ran the letter from "Happy to Be Ron's Girl," I have been inundated with mail from irate readers who were morally offended at the thought of couples living together. Read on for a few samples:

DEAR ABBY: In response to "Happy to Be Ron's Girl" -- the woman who scolded contemporary women for not catering to or waiting on their men: I am a 38-year-old married career woman and the mother of two teen-agers. I possess some excellent old-fashioned morals, thanks to my parents who taught me love, respect, and a host of other decent things. Those two people would be the first ones to promote and endorse "equality" in the home.

We don't use that word, however. Rather, we stress responsibility and contribution by everyone. Our children are learning to be functioning members in the family. Our daughter



ADVICE

ABIGAIL VAN BUREN

ter mows the grass and our son does the dishes and is learning to cook.

My husband will do whatever needs to be done. No matter what we do, we do it for all of us and, in the process, we have some great family times or one-on-one with the kids. I pity "Ron's Girl," who probably has never experienced the joy of coming home to clean dishes or supper prepared by a loving husband. "Many hands make light work," and we all end up with more time to do the things we enjoy. Finally, I have to wonder why he's only a live-in. I guess there's no need to buy a cow when he can get the milk for free. **STEAMED UP IN NEBRASKA**

DEAR ABBY: "Happy to Be Ron's Girl" boasted that she had good looks and brains and was happy to serve her man a good meal and show her love by doing his laundry. That's fine and dandy, and I applaud her for it. But she went on to brand women who "aspire to shirking domestic duties" as lazy. Well, I'd like to add another thing: She's also smug and arrogant. How dare this supposedly "brainy" woman flaunt her holier-than-thou attitude and pass judgment on the rest of us who are domestically challenged! In my opinion, there are other ways of showing your love besides rooking and ironing clothes. For 12 years, I have been happily married to a loving, wonderful man who married

me despite my well-known aversion to household chore and inability to follow a recipe.

To "Ron's Girl," I say: To each her own, sister. And if you're so great, how come he has not given you a wedding ring to "prove" his love?

Please don't use my real name. Just sign me... **INCENSED IN FLORIDA**

Everybody has a problem. What's yours? Get it off your chest by writing to Dear Abby, P.O. Box 60460, Los Angeles, Calif. 90060. For a personal reply, please enclose a stamped, self-addressed envelope.

Fantastic Sams

Sanford • Hwy. 17-92
(Wal-Mart Plaza, one block north of Lake Mary Blvd.)
323-9045

Coupons good at this location only

ADULT CUT
\$7.95

Shampoo • Blow-Dry
Cutting area, not finished style,
design lines, or specialty cuts extra.
Expires 10/31/87

QUICK & EASY PERM
\$22.95

Shampoo • Cut
Price may vary with length or condition.
Expires 10/31/87

PERM PLUS/BODY WAVE
\$25.95

Shampoo • Cut • Finished Style
Cutting area, not finished style,
design lines, or specialty cuts extra.
Expires 10/31/87

JUST FOR KIDS CUT
\$3.95

Shampoo • Blow-Dry
Cutting area, not finished style,
design lines, or specialty cuts extra.
Expires 10/31/87

REGAL CINEMAS	
LAKE MARY CINEMA 10	
I KNOW WHAT YOU DID LAST SUMMER	1:30 7:15 9:15
IN AND OUT	1:30 4:00 7:30 9:30
QANO RELATED	4:15 6:45
MOST WANTED	12:45 7:45
ROCKETMAN	1:30 4:15 7:00 9:15
KISS THE GIRLS	1:30 4:30 7:30 9:30
SOUL FOOD	1:30 4:45 7:45 9:45
THE PEACEMAKER	1:30 4:30 7:30 9:45
SEVEN YEARS IN TIBET	1:30 4:30 7:30 9:45
THE EDGE	1:30 4:30 7:30 9:45
DEVIL'S ADVOCATE	12:45 4:15 7:15 9:45

71—Help Wanted

LABORERS NEEDED FOR UNDERGROUND UTILITY CONTRACTOR
HEALTH INSURANCE AND 401K PLAN. High pay. Apply to 800 S.W. 1st St., Sanford, FL 32771-2000.

LABORERS NEEDED
Payment Making Company looking for laborers. Travel is required. Starting pay is \$7.00/hr. Health benefits. Please call or write to: 800 S.W. 1st St., Sanford, FL 32771-2000.

Landscaping Workers
Exp & Valid Lic. Reg'd. Benefits 322-3136.

LAWN MAINTENANCE
Commercial exp. required. Call 322-1861

(LINE LEADER)

ASSEMBLER/MACHINE OPERATOR

SPOT WELDER

TOOL CRIB ATTENDANT

WAREHOUSE PERSON

For a Right Metal Manufacturing Company Apply Environmental Air Technology 501 Codraco Way Drug Free Work Place. 322-6100

MEDICAL OFFICE RECEPTIONIST
P/T position. Experienced. Starting pay \$9.50. Apply at Family Practice Center of Sanford, FL. 712 West 25th Street, Sanford 323-6478

MERRY MAIDS HIRING
Car & Insurance Needed. Weekends FREE. 321-6298

Residential Cleaning
MOLLY MAID IS HIRING
7/7 - 8/8 - 9/9 pm
We Train. 407-77-0887

Now hiring full and part time for a major manufacturing plant in Sanford. Positions are available on all shifts. Please call Personnel at 320-2611 or 320-1861

P/T APPOINTMENT SETTERS
Evening hours. Call to apply 327-9229

P/T RUNNER FOR LAW FIRM
Excellent transportation, good pay. 21pm-5pm M-F. Please call 407-322-4661

PHONE PROS
Salary + comm + bonus. F/T or P/T. Respected atmosphere. Smoking ok. Debbie or Mike 787-8270

PORTER
A National Company has P/T. Afternoon positions available at Sears in the Sanford Towne Center. Apply at Merchandise Pick-up between 10-12pm.

RECEPTIONIST/CLERK
\$7.00-\$8.00/hr.
Start today! Expanding firm seeks multi-line pro for front of house position. Lic. PC and filing req. Mon-Fri. Full-time. Salary to include and supporting. Call 327-3788. NO FEE! APPLY 7:00-7:30

SALES PERSON
Salary + Comm. Holiday Gift Card. Mid Nov. Dec. at Seminole Center & All Mail Call 322-3333

SAWTEK
"CAREER OPPORTUNITIES"
Manufacturing 85-90-97-104%
Assembly 80-80-87-104%

Excellent benefits & all shifts available. Must have HS Diploma/GED with an interest in electronics, math and science. Apopka Area.
Call 330-4211
NORRELL Managed Staffing
3008 W. Lake Mary Blvd.

Norrell
ADAM OLENGA FEE

SECURITY OFFICERS
Join an industry leader! Atlantic Security, we offer paid training, uniforms & health benefits. F/T & P/T avail. at shifts 844-2447

SECURITY OFFICERS-LIC.
Unarmed. P/T. Sanford area. High pay. 800-84-0118

SEMINOLE LANDSCAPING
NOW HIRING
Landscaping-Forman needed. Must have residential experience and valid license. \$7.00/hr.
* Irrigation Technician/Forman must be experienced with troubleshooting, residential installations and good with customers. \$8-12/hr depending on qualifications.
* Grade tractor operator-bonus based experience on residential homes. CCL required. \$9-10/hr. Call (407) 322-3129

71—Help Wanted

SECURITY OFFICER JOB
Training Armed & Unarmed. Salary & Assoc. 824-7444

DUCT INSTALLERS
GRANT AIR, INC.
Exp. duct installers & insurance. Holidays, vacations, insurance & 401K. Good wages. EOE 1-800-323-7085

SITING WORKING FOREMAN
Exp. in all facets of siting. Apply: Atlantic Design & Construction job trailer, Corner of Emma Oaks & Greenway Blvd., Lake Mary.

INDUSTRIAL RECONDITION CORPORATION, the nation's leading manufacturer/distributor of consumer electronic accessories. Has an opening in its Lake Mary office for a Spray Painter, 1st shift, 7:00AM - 3:00PM. Prior spray painting experience with preferred plastic components preferred. Mechanical ability to maintain spray booth and paint guns & ability to maintain supply inventory a must. Must have excellent communication skills and be detail-oriented. Send resume and salary history to Human Resources, 2950 Lake Emma road, Lake Mary, FL 32748, or FAX resume & salary history to 407-333-1884 EOE

5 TEACHERS NEEDED
Morning & afternoon position. Call 321-7636 ask for Melody

TELEMARKETING - P/T
Work up to 20 hrs/wk. Hourly pay & bonus. No exp. needed. 407-434-9988

TEXAS REFINERY CORP.
needs mature person now in SANFORD area. Regardless of training. Write B.C. Hopkins, Dept. B-32771, Box 711, P.O. Box, TX 75101-0711

YOUTH PARTY ASSISTANTS
Apply Sanford Electric 2522 S. Ph. Dr. 322-1862

TREE CLIMBERS & GROUNDS PEOPLE
99-8700H + co benefits. P/D. Exp. required. Echo's Tree Serv. Sanford. 322-9988

TRUCK DRIVER
Need Control new heavy Sales representative for Seminole & Volusia Co. Sales exp. req. Great benefits & company vehicle provided. Apply: 3422 S. Orlando Dr., Sanford

WANTED: Warehouse & Cash. CAZE BORRMENTO
407-322-1888

WAREHOUSE TRAINEE
Growing company, vertical chain, full training, good benefits, start immediately. Young or Old please apply. 322-4739

"IMMEDIATE OPENINGS"
Permanent P/T. 30+ flexible hours. Call for appt. 407-336-8881

83—Rooms For Rent
17-20 LAKE MARY. Female to share. 42 hrs. no pets. \$300/mo incl. all & cable. 321-7480

WEEKLY RENTALS
Selling @ \$7700
Hazard. 322-5422

EFFICIENCY
Maid serv. convenient location. 322-9209

FURNISHED ROOMS
All utilities. Laundry, phone, and all. 999-9999. 321-9999

PRIVATE LONGWOOD HOME
Pvt. entrance. Furn. cab. AC. \$55/mo. 324-8287

ROOMS FOR RENT
\$100/wk. Full house. priv. Washer/Dryer. 891-5181

ROOMMATE WANTED
\$100/MO. P/T. Furnished. m. house. privates. Best call mornings. 321-6320

99—Apartments - Unfurnished
1/1 Geneva Ocala Rd. No pets! On a farm, sch. porch, shed. Single person. 348-8411

55 or over? The Forest/Lake Mary 2 1/2 car port, brick wall, sec 2/2 pool, jacuzzi, club house. Close to everything. Quiet & beautiful. Open house Sat. 12-4pm. 321-9922

FURN. 1 BDRM APT.
Pvt. entrance, bath, kt. Unique setting in an town Sanford ideal for 1 person. Dep/Rel/no pets. Utilities incl. 323-0278. Leave message.

2 GREAT LOCATIONS
1 & 2 Bdrms \$375-600. Men. 323-8467 or 321-4121

DOWNTOWN SANFORD
1 bdrm \$275/mo. No pets. Seniors discount. 407-999-9992

DUPLEX/SANFORD
1 bdrm, CHA, carpet, W/D. Wash-up, \$460/mo. 323-8239 or 444-9999

MARNER'S VILLAGE
Lake Ada 1 BDRM, \$410/MO. 2 BDRM, \$470/MO. AND UP. 323-8670

Recently restored 1 bdrm in Historic area. \$375/mo. + utilities. 1 year lease. 332-2220

99—Apartments - Unfurnished

Sanford 871 W IV & Mt. \$175/week + dep. Utilities included. 321-6114 or 348-5827

SANFORD 1st Flr. 1 & 2 bdrm. Some w/ utility. Good area. From \$285/mo. 321-8757

100—Condominium Rentals
SANDLEWOOD 2/2, Born patio, W/D, Omd. Nr. Avel. now! 1 yr. dep. \$540. \$480/mo. 322-9225

103—Houses - Unfurnished
NOTICE
All rental and real estate advertisements are subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin.

888 DOWN - WHY RENT?
When you can own the 3 bdrm home of CHA, new pool & carport. 1st. Ask about HUD home! The Williams Group, Inc. Realtors. 321-5232

3/1 SANFORD/LONGWOOD
Large lot, CHA, \$425 + Dep. 407-322-9999

SANFORD Off Airport Blvd. 3/2. 1,000 sq. ft. \$75/mo. + sec. Call Wendy. 322-9999

SANFORD 3/2
Fenced yard. \$700/mo. \$700/mo. Avail 11/1. R & R Realty 321-9229

STENOGRAPH RENTALS
"LAKE MARY 92.8" w/lot, great rm., pool w/maid incl. 021 car. Now! \$1100/1100

"SANFORD 3/2 Duplex w/lot."
CHA, very nice. \$699/699

"SANFORD 3/2 3rd flr. w/lot."
CHA, very nice. \$699/699

"SANFORD 3/2 Duplex CHA."
new carpet & gr. incl. \$699/699

"SANFORD 3/2 Duplex CHA."
new carpet & gr. incl. \$699/699

"SANFORD 3/2 Duplex CHA."
new carpet & gr. incl. \$699/699

"SANFORD 3/2 Duplex CHA."
new carpet & gr. incl. \$699/699

"SANFORD 3/2 Duplex CHA."
new carpet & gr. incl. \$699/699

"SANFORD 3/2 Duplex CHA."
new carpet & gr. incl. \$699/699

"SANFORD 3/2 Duplex CHA."
new carpet & gr. incl. \$699/699

"SANFORD 3/2 Duplex CHA."
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new carpet & gr. incl. \$699/699

KIT 'N' CARLYLE © by Larry Wright



141—Homes For Sale
3/2 TOWNHOUSE in great Sanford area close to everything. \$62,500 and owner says SELL!

REAL ESTATE, INC.
322-7486

OPEN HOUSE
Sunday, Oct. 19, 12-4. Maylar Meadows, 127 Meadows Blvd. 2/2, 1 car garage, hcd bk yard, 8th floor, oak cabinets. Home shows better than a model! Asking \$67,800. Call Joann Wood. R&E REALTY INC. 321-9220

Lake Mary 2/1
New upper on nice tract lot. Walk to elementary school. Great views. Call today! Sanford Area 3/2 Nice home on fenced lot with fruit trees, new carpet/ceramic. Reduced to \$68,900. Vancal. move in Ready!

"SANFORD Close in the 3/1"
conv to shop, schools, a real 900sq ft of living area on a 62 X 140 lot. Priced to sell. \$48,000. 321-7486

"SANFORD 3/2 bdrm located across from elem school on a big corner lot. 1900sq ft. 13 x 19 lot. 2 car garage. 10 X 21 ft. lot that could be mother-in-law apt. \$71,000. 321-7486

Call Joann Wood
ERA Professional Real Estate
407-999-1288 or
pg 904-881-8261

WHY RENT WHEN YOU CAN OWN
Completely remodeled 3/1. 1.5, 1050 sq ft. 418 Bay Ave, \$61,800. \$400 down, \$540/mo. 324-8446

105—Duplex/Triplex
SANFORD, 2 bedrooms, security alarm, full bath, carpet. Discounted to \$455. 324-2787

107—Mobile Homes For Rent
ELDER FRIENDLY OF 5/1 427. 1 & 2 bed. \$85/week + \$125/dep. 323-8864.

117—Commercial Rentals
LEASE Prime showroom & warehouse \$10,970 sq ft. SR 441 Inverness. 407-678-2800.

118—Office Space For Rent
A MOVE IN SPECIAL! 400 sq ft. & up. \$288 a MONTH. Office. Storage. 321-0120 or 333-2554

WEST DOWNTOWN SANFORD
Shore fully furnished office space w/corner/phone rvy. sec. \$550/mo. Call 321-9977 for details.

SANFORD OFFICE SPACE
2 Bdrms available - 1180 SF & 1890 SF. 407-321-7394

VERY PROFESSIONAL
Prime location, great for chur businesses. 1,000 sq ft. 11-02 Front parking. Newly carpeted & painted. 344-788-1542

141—Homes For Sale
BUYER'S SANFORD
48 WITH EXTRAS
\$699/MO. 322-9999

GOVERNMENT FORECLOSED
Homes from panics on \$1. Delinquent Tax, Rep's REC's. Your Area. Toll Free (1) 800-218-9000 Ext. H-2708 for current list.

OPEN HOUSE EVERY SUNDAY
1-4pm LAKE MARY, CHASE GROVE, 4/2, 2 car garage, auto opener, 1/2 pc, ceiling fans, jacuzzi tub, refrigerator, W/D, brick front, premium tile, landscaped, drive-way lights, coach lights. 2 months old and MANY EXTRAS. 407-322-9902 or 326-2386. OPEN HOUSE EVERY SAT/SUN 1-4 PM.

SANFORD 3/2 split plan, view of calling FR. Reduced to \$78,500. Call Linda Semelovsky/TWINS KILLOORE BROKER 379-1893 OR 372-1261

LOW! LOW! DOWN LOW! MO. PAYMENTS
Immaculate corner lot 3/1.5 \$44,900
St. John's Realty 322-6123

Model Homes "Close Out" 4/2:
Delivery From \$188K. Inmid Oct. 407-322-9999

SANFORD AREA-3/2 CHA
double garage, hcd yard, 300 sq. ft. Call evenings 348-5857

157—Mobile Homes For Sale
PARK AVE. MOBILE PARK
Homes \$3,000 to \$6,000. Set Up Financing. QMST 322-2861

159—Real Estate Wanted
BUYING HOUSES-FAST CASH!
Plums or lemons. Charles 322-7817

181—Appliances & Furniture For Sale
"KITCHEN TABLE and chairs. Good condition. 999/900 Call 322-8804

Day bed/water bed. Head board w/mirror. Double drawers. Solid oak. \$150. 321-9229

EXTRA LONG BED combined w/ 6-piece bedroom makes and use. Suite for that student in house. All 7 pieces for \$600. 322-9999

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MATTRESS SALE - Full size used box springs & mattress \$93.00. Lenny's Mart 322-4132

WINDY POOL 22 cu ft. Rating of 100. Like new. Call for more info. \$225. AC 54 BTU \$50. Call 321-7988

199—Pets & Supplies
ADORABLE CHOW puppies for sale. Both parents present. Call for appointment. 321-8973.

GARAGE SALES

COOLER WEATHER IS COMING!
This is the perfect time for yard sales! Let the Sanford Herald's Lake Mary Life advertise your sale and watch the people come! Take advantage of our last special ad before you see the ad in the Sanford Herald and once in the Lake Mary Life for only \$9.99! (Additional lines only \$1 each, ads must be prepaid.) Call us between 8-5 before noon on Tuesday and watch the Sanford Herald/Lake Mary Life for you!

3 FAMILY SALE SAT 18th
7:30am-2:00pm
2533 E. Capitan Blvd. Sanford. Antiques, collectibles & turn Chryslers DR table, shield back chairs, 2 china cabinets, etc.

CHURCH WIDE RUMMAGE SALE
Sat. Oct. 18, 9-12. Corner of Park & 5th St.

RUMMAGE SALE
Fri & Sat, 8-3. Lots of women's clothes and misc. 527 Queensbridge Dr. Lake Mary

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COMMUNITY GARAGE SALE
Carrage Hill S.D. community. Carrage Hill. 439 Just 1/2 mile south of 17-82. October 18th & 19th 8:30-4:30. Over 70 participating homes.

FRIBAT 8-8
2533 E. Capitan Blvd. Sanford. Misc. lots of good stuff!

MULTI-FAMILY SALE
Sat. 8-4. Kids clothes, lots of good stuff. 300 Brown Ave. (off W 5th & Airport). No early bird!

MULTI-FAMILY SAT-OCT. 18th 9-4
108 Orange Drive, Sanford. We Have Everything!

RUMMAGE SALE SAT 8-6 OCT 18th
Knights of Columbus on Oak Street

SEMI-ANNUAL GARAGE SALE
Oct. 17-19, 8-4. In open field east of 2nd entrance to Carrage Hill on 527.

YARD SALE
Sat. Oct. 18, 8-2. LOTS OF GOOD STUFF! Tools, household goods, microwaves, phones, clothes, shoes, much more. POOL TABLE (call 960-1211) Rainy day? Come on 10/28. 2527 Laurel Ave. Sanford

252—Accounting
ECON BOOKKEEPING. Customized/personalized. pcd-up service. 407-338-8225

253—Additions & Remodeling
NEW REMODEL REPAIR. Doors, windows, carpentry, siding, decks & concrete. 323-4832 & O. Balm CBC10880

255—Alterations
ALTERATIONS BY VIRGINIA AT REASONABLE PRICES. (407) 321-0928

260—Bush Hogging
Bush Hog Mowing. Any kind of tractor work/land clearing. Maintenance contracts available. Reasonable rates. 348-1544

262—Cabinets
ALL-TYPE CABINET-reface/wood/mica/wall unit/cornercup/door/hnw cabinets. 324-8888

263—Carpentry
CARPENTER. All Home repairs, painting & ceramic tile. Richard Gross 321-5872

269—Cleaning Services
A+ CLEANING SVC. Resid/comm. Free est. 324-0327 or pg for immed response 999-3981

APOLLO CLEANING SVC
Comm/Resid. Quality Bvc/Satisfaction. Call 321-8944

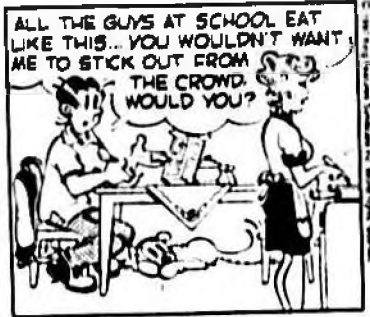
199—Pets & Supplies

DALMATIANS AKC, shots, wormed, lots of fun. \$250/each. Call 800-5648

ROTWELLER/Dalmatian shots, wormed, cute as a button. Tail docked. \$75/each. 800-5648

201—Horses
ENGLISH HORSE

BLONDIE



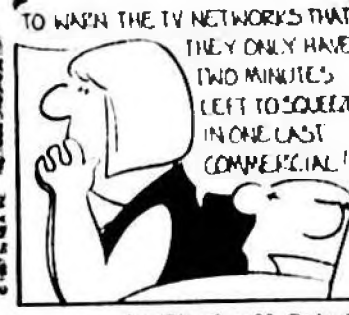
by Chic Young

BEETLE BAILEY



by Mort Walker

THE BORN LOSER



by Art Sansom

PEANUTS



by Charles M. Schulz

ECK & MECK



by Howie Schneider

TUMBLEWEEDS



by T.K. Ryan

ARLO AND JANIS



by Jimmy Johnson

FRANK AND ERNEST



by Bob Thaves

GARFIELD



by Jim Davis

ROBOTMAN



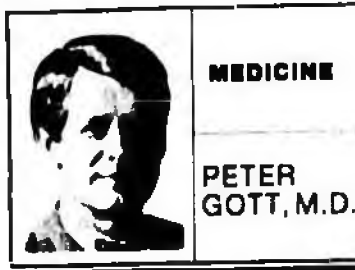
by Jim Meddick

Marijuana may have some medical uses

DEAR DR. GOTT: I was pleased to read your column in which you endorsed the smoking of marijuana for medical purposes. I want to share my personal experiences with this drug. In 1983, my son — then a college student — was diagnosed with acute leukemia. He required several lengthy series of chemotherapy that made him violently ill. As soon as the cycle of therapy stopped, he began to regain his appetite. However, as he experienced more and more cycles, he lost weight and we could see that he was dying by degrees. After about a year of this hell, he decided to smoke marijuana to reduce nausea. The "weed" was plentiful and cheap in his college town. Dr. Gott, the results were immediate and profound! He smoked before his next cycle of treatment, and lo and behold, his nausea lessened. After several weeks of experimentation, he discovered the pattern of smoking that suited his needs and NEVER experienced nausea, vomiting or malaise thereafter. Eventually, I became a believer in the definite benefits of marijuana. The drug allowed him to gain some control over his life. He returned to being a full-time student and was able to tolerate chemotherapy until the end. I realize that my experiences are anecdotal but in my son's case, the beneficial effects were unmistakable. How sad that marijuana is not available through reliable professional sources for those people who could be helped by it.

DEAR READER: How sad indeed! Your experience is far from unique. Many cancer patients are helped by smoking marijuana, and more medical authorities are beginning to demand legalization of the drug. They argue that marijuana — like morphine, codeine and other narcotics — should be available through a doctor's prescription. The drug certainly has enormous potential for doing good. Thanks for writing and sharing your instructive experience. DEAR DR. GOTT: Twenty years ago I had silicone breast implant surgery. I have had no problems since. However, on a recent mammogram the radiologist noted some silicone leakage — no cancer, just leakage. Should I be concerned?

DEAR READER: No valid scientific study has yet to show that silicone breast implants cause any disease whatsoever. Still, your report of a leakage is troubling. Because silicone is a foreign substance, it could cause inflammation in your breast. The intact prosthesis is not a problem, but the leakage could be. You should share this information with your doctor or, better yet, the



MEDICINE
PETER GOTT, M.D.

minally ill patients. Your goal of providing comfort and empathy while allowing the natural process of dying to take place is a refreshing balance between either assisted suicide or prolonging death through expensive and often painful interference.

DEAR READER: Thank you for your compliment. The issue of death appears to have been recently polarized, pitting the "let's kill 'em off quick" bunch against the "keep 'em alive no matter what" school. I and most other doctors abhor this debate and choose a middle ground instead. I am glad that intelligent and thoughtful citizens agree with such an empathetic, comfort oriented approach.

surgeon who performed the original operation. In my opinion, the defective prosthesis should be replaced with a new saline implant.

DEAR DR. GOTT: This is to express heartfelt thanks for your compassionate position on the care of ter

- ACROSS
- Actress
 - Sorvino
 - Freight trailer
 - Lemony drink
 - Matinee hero
 - John Lennon's son
 - Limb
 - Or — (threat)
 - Blaa-blaa
 - Speaker
 - French friend
 - Prognosticators
 - Aristotle —
 - Pro — (for the time being)
 - Chemical suffix
 - Barnyard bird
 - Dallas name
 - Underground laborers' org.
 - Winter precipitation
 - Eyebid problem
 - Appear
 - Nevada's neighbor
- DOWN
- Architect — van der Rohe
 - Not working
 - Fragrant flower
 - Warns
 - Poetic time
 - Terminated
 - Sir
 - Crag
 - Madrid Mrs.
 - Promoted vigorously
 - North African capital
 - Concert sight
 - Freshwater porpoise
 - Golly!
 - Explosive (abbr.)
 - Close
 - Patriot — Nathan —
 - and hers
 - Money (sl.)
 - Those people

Answer to Previous Puzzle

CNN	UTILE	FOE
EEE	MIDAS	ARM
ROADBLOCK	ICI	
ENTER	EPLAT	
	CARFARE	
CBS	GIRL	UKES
EEL	EPIC	DENT
NAIL	SLOE	MOE
TUTU	ALVA	PST
	LAWYERS	
UVULA	LIBEL	
CAN	ROOMINESS	
LII	OVULE	ETA
ANT	NADIR	PET

STUMPED? Call for Answers @ 1-800-454-3535 ext. code 100



- JFK plane
- Architect
- Architect
- Saarinen
- Pine Tree State
- Crazy
- Woe is me!
- Actress Moore
- Protection
- Places
- Uses needle and thread
- Bill of fare
- Bivalve
- Sign of the future
- Had bills
- Roster of names
- Virginia willow
- Russian no
- Actor
- Hackman
- Tail movements
- New York ball club
- Musician
- AI —
- Acting like a grandparent — on
- Instructed
- Actress
- Agoree
- Type of tub
- Atlanta arena
- Chooses
- Clock part
- Ark builder
- Emerald —
- Son of Noah
- 59 Skill

WIN AT BRIDGE

An extraordinary friend is gone

By Phillip Alder

I have only a few really close friends. And now the number has reduced by one. Following the death of Edgar Kaplan on Sunday, September 7, at the age of 72. That was a traumatic week. The funeral of Princess Diana was on Saturday. And the finals of the U.S. Open, Edgar's favorite sports event, along with Wimbledon, were on Sunday. Edgar had a brilliant mind that saw things so clearly. He was the world's greatest authority on the Laws, an editor of The Bridge World, and a many time national champion who won titles across five decades. He is arguably the best player never to win a world championship. His best results being second behind the Italian Blue Team, in the 1947 Bermuda Bowl and '68 Team Olympiad.

Edgar's partnership with Norman Kay, another of the too few true gentlemen of bridge, lasted more than 40 years. Here is a deal they defended correctly in the '67 Bermuda Bowl. Walter Avarelli's one club opening in the Roman Club system was multipurpose, but it usually had a minimum balanced hand. Giorgio Belladonna's two spade response supposedly showed at least 12 high card points, but he often overbid. After washing the diamond ace, Kay switched to a heart. Kaplan winning with the ace. Time stood still. When Kaplan eventually returned a diamond, the Vu Graph theater audience applauded enthusiastically. The defenders scored two red suit aces and two trump tricks. But if Kaplan, thinking his diamond queen was a trick, had returned, say, a heart, declarer would have discarded two diamonds on dummy's heart queen and second top club. Edgar, I'm going to miss you so much.

North		10 17 97	
♠	J 9		
♥	Q 10 7		
♦	K 10 9 7 5		
♣	A K J		
West		East	
♠	K 7 6	♠	A 3 1
♥	J 8 5 4	♥	A 4 2
♦	A	♦	Q 6 3
♣	Q 10 5 3 2	♣	9 7 6 4
South		North South Dealer North	
♠	A Q 10 8 6 2	♠	A 3 1
♥	K 8	♥	J 8 4 2
♦	J 8 4 2	♦	A 3 1
♣	A	♣	A
Vulnerable		North South	
Dealer North		Dealer North	
South	West	North	East
2♠	Pass	3♠	Pass
4♠	Pass	Pass	Pass
Opening lead: ♠ A			

HOROSCOPE

Your Birthday

Saturday, Oct. 18, 1997

Your best probabilities for success in the year ahead might be involvements that are unencumbered by partners. Enterprises you conduct on your own could be very rewarding.

LIBRA (Sept. 23-Oct. 23) Plans that are only partially developed could cause you complications today. Problems will occur when you attempt to force square pegs into round holes. Trying to patch up a broken romance? The Astro-Graph Matchmaker can help you understand what to do to make the relationship work. Mail \$2.75 to Matchmaker, c/o this newspaper, P.O. Box 1758, Murray Hill Station, New York, NY 10156.

SCORPIO (Oct. 24-Nov. 22) Pace could be important in your commercial affairs today. So try to get in and out quickly.

The longer you haggle, the less you're likely to gain.

SAGITTARIUS (Nov. 23-Dec. 21) In your one-to-one involvements today, don't insist upon having everything your way. Remember that the team you're on has two participants.

CAPRICORN (Dec. 22-Jan. 19) If contracting for a special service today, watch for hidden charges. If you fail to monitor everything, extra costs might slide past you.

AQUARIUS (Jan. 20-Feb. 18) In order to enjoy yourself today, you'll require space and freedom to do your own thing. Do not be expeditious in hopes of pleasing another.

PISCES (Feb. 20-March 20) Your intuition might be more accurate than the information you'll receive from advisers today. Keep this in mind when making a major decision.

ARIES (March 21-April 19) Your first thoughts will be the best and most practical ones today. Once your imagination kicks in, negative thoughts could get a

toehold!

TAURUS (April 20-May 20) Financial trends could be difficult to comprehend today. You could do well in several ways though you could experience setbacks.

GEMINI (May 21-June 20) You may be impelled to help others today, but you might pull back if you feel they're trying to restrict your methods and impose theirs on you.

CANCER (June 21-July 22) Utilize your mental faculties instead of your physical powers today. Resourcefulness can achieve things for you that brute strength can't.

LEO (July 23-Aug. 22) The helplessness friends extend to you today will have its limitations. They won't be able to extricate you from complex complications, so watch your step.

VIRGO (Aug. 23-Sept. 22) If involved in a competitive situation today, try to keep your ego out of the picture. Too much pride is a handicap that will give others the edge.

ANNIE



by Leonard Starr