

★ "MR. BIG VOLUME!" ★
BILL HEARD

CHEVROLET
 USA

**LOWEST
 INTEREST
 RATES EVER!**

0.9% APR

NO PAYMENTS MUST GO!

3000

**TIL
 MAY 1999!**

ON ALL VEHICLES IN STOCK. EXAMPLE: SALE PRICE: \$8950. 72 MONTH FINANCING OF \$229 AT 11.25% APR WITH \$600 DOWN; PAYMENT OF \$170.96 DUE 6 MONTHS FROM SIGNING (05/01/99); PLUS TAX, TAG, & LICENSE; WITH APPROVED CREDIT!

SPECIAL OF THE WEEK

BRAND NEW 99

TAHOE LT!

4 DOOR! • MUST SEE!



\$399

NEW DEALS!

NEW YEAR!

LEASE PER MO.

39 mo. closed end lease. \$3100 total cash down including security deposit & inception fee plus tax, tag, & title. 14¢ per mile over 39,000 with approved credit. All applicable rebates applied.

USED CAR & TRUCK SUPERCENTER! BLOWOUT

1998 CHEVY Z71 PICKUP!
 • X-CAB! • STEPSIDE!
 • SILVERADO 3RD DOOR! • LOW MILES!

\$25,996

1993 CHEVY K-5 BLAZER 4x4!
 • SILVERADO PACKAGE! • HARD TO FIND! • LOADED!

\$16,990

1994 ISUZU TROOPER!
 • 4x4! • 54K! • LIKE NEW!

\$10,995

1995 CHEVY CONVERSION VAN!
 • RAISED ROOF! • TOP OF THE LINE!
 • DMC CONVERSION! • LOW MILES!

\$19,963

1998 CHEVY CORVETTE!
 • CONVERTIBLE! • SPEED! • AUTO! • CHROME MAGNESIUM WHEELS! • ALL LOADED!

\$43,995

1994 PONTIAC FIREHAWK TRANSAM!
 • RAIN! • AIR! • HARD TO FIND!

\$16,988

1995 TOYOTA TACOMA 4x4!
 • LOW, LOW MILES! • LIKE NEW!
 • DON'T MISS THIS ONE!

\$13,990

1998 CHEVY SILVERADO!
 • V-8! • AUTOMATIC! • ALL POWER EQUIPMENT! • 10 TO CHOOSE FROM!

\$16,996

1998 CHEVY C2500 SILVERADO!
 • X-CAB! • SILVERADO PACKAGE!
 • 4 TO CHOOSE!

\$23,996

1998 MERCEDES BENZ 500 SL!
 • WHITE/GREY! • LEATHER!
 • FULLY EQUIPPED!

\$69,997

1995 CHEVY CONVERTIBLE CORVETTE!
 • WHITE/WHITE TOP! • RED LEATHER!
 • 14K! • MUST SEE! • LADY OWNED!

\$27,887

1998 TOYOTA 4 RUNNER SR5!
 • V-6! • AUTO! • ALL POWER!
 • BLK GREY INTERIOR!

\$25,973

1996 CHEVROLET CORVETTE!
 • RED TAN LEATHER! • GLASS TOP!
 • DUAL POWER SEATS! • MORE!

\$23,998

4 DOOR! • LS! FULL EQUIPPED!
 PREVIOUSLY OWNED

1998 CHEVY BLAZER

DISCOUNTED **\$10,000**

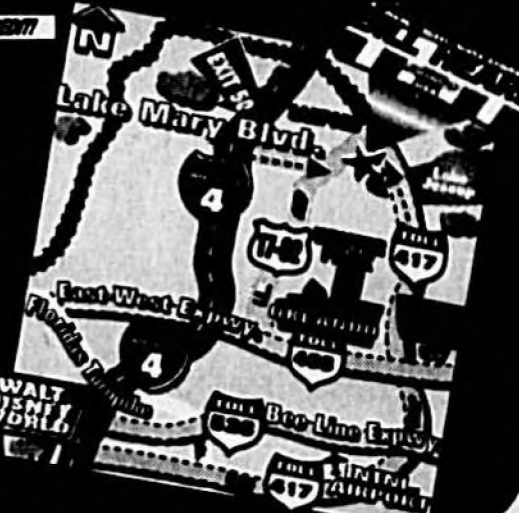
1998 CHEVY ASTRO!
 • DUAL AIR! • LOW MILES!
 • 6 TO CHOOSE!

\$16,986

MON-SAT: 9AM-9PM (407) 321-7800 OR TOLL FREE (888) 239-9109

OPEN EVERY SUNDAY 10AM-6PM

**3455 ORLANDO DRIVE BAD CREDIT!
 HIGHWAY 17/92 • 1/2 MILE NORTH SLOW CREDIT!
 OF LAKE MARY BOULEVARD
 IN SANFORD - LAKE MARY (888) 286-2277
 www.billheardorlando.com**



BLONDIE by Chic Young

BOSS, ARE YOU IN A GOOD MOOD?
IF YOU HAVE GOOD NEWS, I COULD BE...
SO WHAT IS IT? GOOD NEWS? OR BAD NEWS?
UH... I'LL GET BACK TO YOU TOMORROW... OR MAYBE NEXT WEEK.

BEETLE BAILEY by Mort Walker

BEEP!! BEEP!!
WHO ARE YOU TALKING TO?
SOME GUY TRYING TO SELL ME STOCKS.

THE BORN LOSER by Art Sanson

SOME PEOPLE HAVE DELUSIONS OF GRANDEUR...
THORNAPPLE HAS DELUSIONS OF MEDIOCRITY!

PEANUTS by Charles M. Schulz

HERE, EVERYONE HAS TO FILL OUT ONE OF THESE FORMS..
I DON'T KNOW HOW TO FILL OUT A FORM.. I'M JUST A LITTLE KID!
JUST PUT CHECK MARKS IN THOSE TINY SQUARES. I CAN DO THAT.
SCHOOL WAS GOOD TODAY.. WE LEARNED HOW TO FILL OUT FORMS..

BEAK & MEAK by Howie Schneider

PAWHAUNDING IS A LOT LIKE FISHING...
YOU PUT YOUR HAND OUT, AND WHEN YOU FEEL A NIBBLE, YOU PULL IT IN...
FIVE THOUSAND YEARS OF UNGUINAL DISTRIBUTION OF WEALTH.
WHAT DO YOU USE FOR BAIT?

TUMBLEWEEDS by T.K. Ryan

...ARE BATTERED HERE TO WRITE THIS MAN AND...
YOU CAN!
SO WEEDS, HOW'S IT GOING?
JEFFERSON DAVIBLY.
SECEDED FROM THE UNION AGAIN, EH?

ARLO AND JANS by Jimmy Johnson

HEY, ARLO, WANT TO BUY CRACK BY MY EXTENSIVE COMPANY?
HOW MUCH FOR 100 GRAMS?
TWO DOLLARS!
YOU NEVER KNOW.
I'LL PUT IT ON THE CARD.

FRANK AND ERNEST by Bob Thaves

MEGA-CINEMA FILMS
YOU'VE SEEN MY LAST PICTURE? IF WE'RE LUCKY.

BARFIELD by Jim Lovin

POCK
AN' LOOP

ROBOTMAN by Jim Meddick

THEY ARE IN THERE ANY MORE? THE PROBABILITY FORM WILL TELL US.
YOU SEE, MY CELLULAR STRUCTURE IS MORE SPONGY THAN YOURS.
IT SEEMS THAT AS LONG AS YOU'RE HERE, THE GUY CAN GET AWAY WITH BEING THE LUCKY CHARACTER, YOU DON'T BELIEVE!

Teen-ager wants to lose weight

DEAR DR. GOTT: I am 17 and feel terrible about myself because I am 5 feet tall and weigh 180 pounds. Everyone laughs at me. My family eats lots of potatoes, beans and pasta. I know I have to diet but it's impossible, given the way my family eats. What do you suggest?

DEAR READER: It sounds to me as though it's time to take control of your life. If you really want to make a change, I suggest that you sit down with your family and discuss your desire to slim down. You don't have to eat what they eat; you can be more selective. You already know that dietary starches can add to your weight. Use your local library resources to develop a weight-reduction plan that omits unnecessary calories. Most parents are receptive to a teen-ager's concerns about body image and self-respect. I'm sure that yours will be, too.

To give you related information, I am sending you a copy of my Health Report "Winning the Battle of the Bulge." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2017, Murray Hill Station, New York, NY 10154. Be sure to mention the title.

DEAR DR. GOTT: My grandmother was diagnosed with restrictive cardiomyopathy due to amyloidosis. Please explain.

DEAR READER: Amyloid is an amorphous protein substance that can infiltrate almost any organ in the body, causing malfunction. I regard amyloid much like the gummy residue that builds up in automobile carburetors or on the jets of a fuel-injection system. In cars, this deposit causes poor engine performance; in the human body, amyloid acts in similar fashion to reduce the efficiency of the heart, kidneys, nerves, intestine or liver. It usually appears with age.

When the cardiac muscle is infiltrated with amyloid — hence, the term cardiomyopathy — the heart can neither fill adequately with blood nor eject that blood with normal vigor. Cardiac function is compromised and patients often develop heart failure. Cardiac amyloidosis is a progressive, serious heart ailment that increases in severity as time passes. The cause of the condition is unknown and there is no consistently effective medical therapy, except heart transplant.

DEAR DR. GOTT: Is the adrenaline high in runners addictive?

DEAR READER: There's no such thing. The "high" that runners and other athletes experience is not caused by adrenaline. It is the result

DR. GOTT
PETER GOTT, M.D.

of natural painkillers, called endorphins, that are secreted by the brain in response to stress. Because endorphins resemble narcotics, they can be

"addictive" in the sense that serious runners can become hooked on running in order to achieve the high. For some athletes, the activity can become a compulsion that adversely affects their lives. Nonetheless, endorphins are natural substances and, as ordinary components of our bodies, they are not — by themselves — considered to be habit-forming.

(Peter Gott, a syndicated columnist for Newspaper Enterprise Association, can be written to at P.O. Box 91288, Cleveland, OH 44101-3288.)

- ACROSS**
- 1 Dana's neighbor
 - 6 Architect Mies van der Rohe
 - 10 Actress Anita Taylor
 - 12 Famous chocolate maker
 - 14 Team of three
 - 15 Small hole
 - 16 Invade
 - 17 Actor Silver
 - 19 Up — good
 - 20 Seven — of the World
 - 22 Use a broom
 - 25 East
 - 27 Greek letter
 - 29 Fish trap
 - 32 Beer
 - 34 — (restaurant employee)
 - 36 One of the Barrymores
 - 38 Being sight
 - 37 Profit for pad
- DOWN**
- 1 Coarse hair
 - 2 — in Cincinnati
 - 3 Central
 - 4 American oil tree
 - 4 Agnus —
 - 5 Aircraftman
 - 6 Cowboy Rogers

Answer to Previous Puzzle

I	D	E	A	T	E	T	O	L	E	T	O
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G	A	N	D	E	R		C	U	S	T	E
S	N	A	I	L	E		E	N	G	A	R

STUMPED? Call for Answers @ Touch-tone or Payday Phones
\$6 per month @ 1-800-828-8888 ext. code 100

- ACROSS**
- 39 Type of bear
 - 40 More infested with wrigglers
 - 42 Sulf
 - 45 Photo — (camera feature)
 - 46 Tear
 - 48 Artful dodger
 - 51 Playwright O'Neill
 - 54 Latin dances
 - 55 Before this time
 - 56 Spite and Paddy
 - 57 Short jackets
- DOWN**
- 7 Playwright Clifford
 - 8 City in Hawaii
 - 9 Level
 - 11 First senator in space, John —
 - 12 Soap opera, — Hospital
 - 13 From — Z
 - 18 Harlem room
 - 20 Cried
 - 21 Portuguese seaport
 - 22 Repeat from memory
 - 23 Hall (great)
 - 24 West-facing
 - 27 Cheesecake
 - 28 City
 - 29 Paris airport
 - 31 Fightmaster
 - 32 Collector
 - 33 Simon
 - 34 Type of boat
 - 41 Words of order
 - 42 Starling
 - 43 Star fish
 - 44 Star of film
 - 45 Nevada city
 - 47 — — the ground floor
 - 48 Church seats
 - 49 Barn
 - 50 Middle
 - 52 Yorkshire river
 - 53 Receive

Don't they read their own magazine?

By Phillip Alder

Glancing at a magazine promoting walking as the way to lose weight, I noticed two recommendations: Make the intensity of your walking enough to get your heart pumping, and keep your shoelaces firm, but not so tight that you cannot breathe.

So, start with your heart stationary, and be careful not to asphyxiate!

Well, let's see if you can stop your partner from gagging or having a heart attack with your play of this deal. Against three no-trump, West leads the diamond jack, East putting on the big. Walk over to the South seat and take charge.

North should add one point for his

good five-card suit, so he is worth game opposite 15-17 or 16-18. His sequence, a transfer bid followed by three no-trump, offers a choice of games. With only two hearts, South passes, of course.

You start with seven top tricks: two spades, one heart, two diamonds (give on trick one) and two clubs. You need to get the heart suit going, but dummy is short on side-suit entries. And a 4-3 heart split is more likely than 3-3. So, you should grab the first trick (for fear of a spade switch from East) and duck a heart.

Let's assume West switches to a spade. Win in hand with the ace, then lead your second heart, planning to take the finesse. However, when the king appears, win with dummy's ace, cash the queen, and play another round to establish your ninth trick.

When you must lose a trick while establishing a suit, it is usually better to lose it as quickly as possible.

01-20-00

North	East
AK4	QJ8
QAT76	9J85
843	K6
832	QJ10
West	South
10965	A732
K10	93
J1007	AQ52
875	AK4

Vulnerable: Both
Dealer: South

South	West	North	East
1 NT	Pass	2♣	Pass
3♥	Pass	3NT	All pass

Opening lead: ♠ J

Clear the way
Tuesday, Jan. 19, 1999

In the year ahead, conditions will be ripe for you to attain several career ambitions and desires you've been unable to fulfill in the past. Don't give up on your dreams, for success is right around the bend.

CAREER (Jan. 20-Jan. 18) Acknowledgment for your past efforts could be forthcoming today. This recognition for a job well done may come in the form of commendation or some special type of perk. Trying to patch up a broken romance? The Astro-Speak Matchmaker can help you understand what to do to make the relationship work. Mail \$2.75 to Matchmaker, c/o this newspaper, P.O. Box 1788, Murray Hill Station, New York, NY 10128.

ADVENTURE (Jan. 20-Feb. 18) Take the time to concentrate on ways to further your personal ambitions and interests today. This is the right time to have a constructive discussion on finding your direction in life.

PROCES (Feb. 20-March 20) Share your thoughts and objectives today only with individuals who are directly involved in your affairs. Steerily advance your goals for success in a matter of great importance.

ARMED (March 21-April 18) Someone you've known purely on a social basis could begin to take on greater importance in you life starting today. The relationship could turn out to be quite valuable and lasting.

TRAVEL (April 20-May 20) Having the right city today could become extremely valuable when a task that was once thought to be laborious turns out to be relatively simple because of the proper contact.

CLASH (May 21-June 20) If you take things one step at a time and don't lump things together today, a delicate matter that has curious implications can be handled effectively. Don't rush yourself or others.

GAMBLER (June 21-July 20) It might amaze you at first that changes affecting you might be initially revealed from your view, but what happens will work out to your advantage.

LEAD (July 20-Aug. 20) By putting both

equal effort at this time with your partner on a mutually exciting project, your collective chances for success are excellent. Work together, not apart.

WIND (Aug. 20-Sept. 20) Returns will be generated along more traditional lines today, and not from gambles. If you use practical and prudent procedures, your financial affairs should work out rather well.

LIRA (Sept. 20-Oct. 20) Although it might take some concentration, something complicated you are presently involved with can be carried out to your advantage today. Priorities and be patient, for success doesn't happen overnight.

SEMI (Oct. 20-Nov. 20) When the bottom line is talked today, you should find yourself on the plus side of the ledger, even though you might not have gotten everything you wanted. Be grateful, not greedy!

SADNESS (Nov. 20-Dec. 21) Try to make some time today for a friend who comes to you for advice. What this person needs is listening in of immense importance to him or her. Lending your ear and shoulder will mean a lot.

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Answers by Leonard Starr

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100-19

Preps

Continued from Page 5A
Land, 7 p.m.
* Girls soccer - DeLand at Lyman, 7:30 p.m.; Oviedo at Lake Mary, 7:30 p.m.; Lake Brantley at Winter Springs, 7:30 p.m.; Seminole at Pine Ridge, 7 p.m.

IN BRIEF

Resolution Mile Saturday
LAKE MARY - The Sixth Annual Lake Mary Resolution Mile Run, 1999 will mark the beginning of the spring sports season in Seminole County next Saturday.
Also on the agenda for the event, which is sponsored by the Lake Mary Track Club, is a Mile Race Walk, a 100-Meter Dash and a 4 X 100 Meter Relay for Middle Schools only.
The event, which benefits Lake Mary High School Track and will be run on Saturday, Jan. 23 at the Lake Mary High School Track, is open to competitors of all ages and runners may enter two of the three races (Middle School kids aged 11-13 may do relay and either the mile or the 100-meter dash).
The cost is \$3 to enter and ribbons will be given to the top six finishers in each age group, both male and female, with first place finishers receiving a medal in the mile and 100-meter dash, or medals for the 4 X 100 meter relay for the Middle Schools, both male and female.
For more information, or to get an application, contact Mike Gibson at (407) 333-2370.
Sanford Babe Ruth Baseball
SANFORD - The City of Sanford Recreation and Parks Department is holding registrations for the upcoming 1999 Babe Ruth Baseball season.
Player Placement Day will be Saturday, February 6th. Kids 12-and-under will try out at the Ft. Mellon Fields as follows - 5-and-6 (register only at Recreation Department); Rookie League (7-8), 9 a.m.; Bambino Minor (9-10), 11 a.m.; and Bambino Major (11-12), 1 p.m.
The Babe Ruth League (13-15) will workout at Sanford Memorial Stadium at 9 a.m.
Call (407) 330-5667 for more information.

Humphrey sets sights on Rookie of the Year

Special to the Herald

DAYTONA BEACH - Don't blame Randy Humphrey if he takes the Goody's Dash Series Rookie of the Year honors this year. Blame his crew.
"Whatever happens to me it's because of this crew," said the low-keyed Cornelius, N.C., resident said after turning the fastest lap in Friday's practice session at the Daytona International Speedway. "These guys have really worked hard to help me along. I'm really blessed to have such a hard-working crew."
Humphrey, toward the 2.5-mile end at the "World Center of Speed" in Daytona Beach, recorded an average speed of 159.725. Not bad for a rookie.
Blauwe, after not running more than a shell only seven days ago.

"It's hard to believe that thing was just a roof," said Humphrey, who began racing in the Dash Series in 1990. "We come a long way."
Last year's Brooks & Dunn Legends TV Series Rookie of the Year honors this year. Blame his crew.
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Blauwe, after not running more than a shell only seven days ago.

Mission accomplished. And in fine style.
The final season of Daytona's winter triathlon begins today with more than 25 General Motors Winston Cup teams scheduled to test at the 2.5-mile track.
Testing, which wraps up Wednesday, begins at 9 a.m. and ends at 5 p.m. and is open free to the public with access through the lobby of Daytona USA.
Crews' time starts at 8:00 a.m.
1st - Rick Gassner, 1:15.49.
2nd - Tony Stewart, 1:15.53.
3rd - Jeff Burton, 1:16.12.
4th - Dale Earnhardt, 1:16.17.
5th - Bobby Labonte, 1:16.22.
6th - Mike Wallace, 1:16.27.
7th - Matt Kenseth, 1:16.32.
8th - Tony Stewart, 1:16.37.
9th - Jeff Burton, 1:16.42.
10th - Dale Earnhardt, 1:16.47.
11th - Bobby Labonte, 1:16.52.
12th - Matt Kenseth, 1:16.57.
13th - Tony Stewart, 1:17.02.
14th - Jeff Burton, 1:17.07.
15th - Dale Earnhardt, 1:17.12.
16th - Bobby Labonte, 1:17.17.
17th - Matt Kenseth, 1:17.22.
18th - Tony Stewart, 1:17.27.
19th - Jeff Burton, 1:17.32.
20th - Dale Earnhardt, 1:17.37.

UCF

Continued from Page 5A
UCF out-rebanded the Nets 48-50 and forced Dettmers to commit 23 turnovers.
The Hitters had four players score in double digits: Ryan Shea (15), Chad Dyeon scoring a team-high 16, Audrey Ball scored 15 with Marena Harrison and Angie Ryan chipping in with 10 each.

UCF's top scorer, T.J. ...
Lynch 1-3 2-4 5. Totals: 20-28 14-28 0-4.
Hudson UCF 54, SU 54. ...
Lynch 1-3 2-4 5. Totals: 20-28 14-28 0-4.

WOMEN ...
Lynch 1-3 2-4 5. Totals: 20-28 14-28 0-4.

Harrell & Beverly Trunklinists
The art of the trunklinist...
Why buy trunklinists? Buy from Harrell & Beverly...
Call 333-2611

Legal Notices

IN THE CIRCUIT COURT OF THE 17TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA.
JAMES T. MOSELEY, Plaintiff vs. MARJORIE MACBETH, Individually and as Trustee under Prudent Trust of 1977 and Individually as Beneficiary of the Prudent Trust of 1977 and as Beneficiary of the Prudent Trust of 1977, Defendant.
NOTICE OF SALE
NOTICE IS HEREBY GIVEN THAT the following real estate...
Date: January 21, 1999.

IN THE CIRCUIT COURT OF THE 17TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA.
T. DEODONE W. BOGER and SARAH E. BOGER, his wife, et al., Defendants vs. A. DOUGLAS STATTELL, et al., Plaintiff.
ADDRESS CHANGE OF BENEFICIARIES OF POLYMERIZATION OF POLYESTER...
Date: January 21, 1999.

IN THE CIRCUIT COURT OF THE 17TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA.
LOT 5, BLOCK 8, COACHLIGHT BAYVIEW SECTION IN ACCORDANCE WITH THE PLAT...
Date: January 21, 1999.

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Classifieds GET THE JOB DONE! - CALL 322-2611 TO PLACE YOUR AD-

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ADDRESS CHANGE OF BENEFICIARIES OF POLYMERIZATION OF POLYESTER...
Date: January 21, 1999.

IN THE CIRCUIT COURT OF THE 17TH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA.
MARJORIE MACBETH, Plaintiff vs. JAMES T. MOSELEY, Defendant.
NOTICE OF SALE
NOTICE IS HEREBY GIVEN THAT the following real estate...
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Legal Notices

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21-Personals

Longwood Massage Studio...
START DATING TONIGHT...
27-Nursery & Child Care...
53-BUSINESS OPPORTUNITIES...
73-EDUCATION & TRAINING...
71-HELP WANTED

27-Nursery & Child Care...
53-BUSINESS OPPORTUNITIES...
73-EDUCATION & TRAINING...
71-HELP WANTED

71-HELP WANTED...
HARRISVILLE NURSERY...
PLANT STRUCTURE...
General Labor...
Wanted: No exp. needed...
Wanted: No exp. needed...
Wanted: No exp. needed...

CLERICAL POSITION...
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Wanted: No exp. needed...



KIT N' CARLYLE © by Larry Wright

Sports

Seminole Herald

Seminole Herald, Sanford, Florida - Tuesday, January 19, 1989 - 8A

Jeff Bertinicks
HERALD ASSISTANT SPORTS EDITOR



Eastland ends Liberty streak Hurricanes' big first half ends Patriots' undefeated season

By Dean Smith
SPORTS EDITOR

ORLANDO - The Liberty Christian School boys' basketball team found out what it's like to play with the big boys Friday night as the Patriots dropped a 61-30 decision to Eastland Christian School.

The Hurricanes (8-3), which are in the Mid-Florida Christian Association, built a 35-19 halftime lead and the Patriots (8-1), a member of the Mid-Florida Christian League, could get no closer than nine points in the second half.

"They (Eastland) are what amounts to a 2A school, while we're a 1A school," said Liberty coach Brian Brown. "But we have beaten everyone in our conference so we need to play some better people."

"Our guards had trouble controlling the ball and had a lot of turnovers. Eastland pressed

the whole game and that doesn't happen in our league. "Our lack of depth showed because we ran out of gas in the fourth quarter. My guys played with a lot of heart, but they were a lot more experienced. It was good learning process for us. We have to play team's that are better than us if we want to get better for the state tournament."

Knight and Vanacue paced the Hurricanes with 12 points each, while Franklin Pilcher, the second-leading scorer in Seminole County, scored a game-high 18 points for the Patriots. John Fairfull and Phillip Lenger added eight and six points, respectively.

Liberty Christian plays a big road conference tripleheader on Thursday at North Kissimmee Christian School. The boys' junior varsity opens the action at 6 p.m.; followed by the girls' varsity at 7:15 p.m.; and the boys' varsity at 8:30 p.m.

**HURRICANES 61,
PATRIOTS 30**
Liberty Christian School (30)
Pilcher 18, Lenger 8, Johnson 5, Fairfull 8, Williams 2. Totals: 15 7-15 30.

Eastland Christian School (61)
Strowther 2, Knight 12, Hercher 9, Decham 4, Lopez 4, Taylor 2, Vanacue 12, Hebe 7, Bryant 4, Fitzgerald 8, Henry 1. Totals: 27 3-7 61.

Liberty 19 7 19 7 30
Eastland 19 16 6 30 61
Three-point field goals - Liberty 2 (Pilcher, Johnson); Eastland 4 (Knight 2, Hercher, Hebe). Team fouls - Liberty 4; Eastland 16. Fouled out - none. Technicals - none. Records - Liberty 6-1; Eastland 6-3. Junior varsity - Eastland 57, Liberty 16.

In other weekend action:

Boys basketball - Lake Howell and Winter Springs claimed Seminole Athletic Conference wins Friday night, with the Silver Hawks topping Lyman, 82-60, and the Bears holding off Seminole, 48-40; and Apopka gave Lyman another headache on Saturday, dumping the Greyhounds, 55-

33. Girls basketball - Seminole and Winter Springs picked up huge district victories, with the Fighting Seminoles clinching the No. 1 seed for the upcoming 5A-District 4 Tournament with a 58-33 thumping of Deltona and the Bears blitzed Melbourne Central Catholic on the road, 65-35.

Boys soccer - Lake Mary got a split on its road trip to Miami, doubling the score on Sunset, 4-2, Friday and dropping a 3-2 decision to Miami Beach on Saturday; Oviedo remained undefeated by blanking Lake Brantley 5-0 Friday; and Lake Howell bounced back from Friday's 0-0 tie with Lake Brantley to clobber Seabreeze, 5-1, on Saturday.

Girls soccer - Lake Mary's girls did not fare as well as the boys on their southern road adventure, losing 3-2 to Spanish River on Friday, and tying Boca Raton, 2-2, on Saturday;

Winter Springs got a split of two contests, whitewashing First Academy, 10-0, on Friday and getting shutout by undefeated Orangewood Christian, 3-0, on Saturday; and Lake Howell improved to 13-1-5 on the season with a 3-0 blanking of DeLand on Friday.

Wrestling - Oviedo came in fourth behind champion Edgewater in the Ron Peters Central Florida Tournament of Champions at Lake Mary High School on Friday and Saturday.

On tonight's schedule:

Boys basketball - Winter Springs at Melbourne Central Catholic, 7 p.m.; Winter Park at Lake Mary, 7:30 p.m.; Lake Brantley at Bishop Moore, 7:15 p.m.

Girls basketball - Winter Springs at Lake Brantley, 7:30 p.m.; Lyman at DeLand, 6:45 p.m.; Lake Mary at Oviedo, 7:30 p.m.

Boys soccer - Lyman at De-
Please see Page 6A

The Magic have to resign Penny at all costs

ORLANDO - The Orlando Magic and everyone who still has even a slight interest in this NBA basketball season sure is making a big deal about the Austin.

The Magic need an awful lot more than a journeyman small center to have even a hope at the playoffs this season. Let's take a look at the Magic on the eve of training camp.

Their superstar isn't content to be in Orlando. The anchor of the team struggled for two seasons before regaining his touch halfway through last year. The heart of the team is said to be leaving.

And the Magic has to find a way to sign four rookies, none of whom should make an impact.

That's why Austin's potential signing is such a big deal. Basically, the Magic has to find something, anything, to give Central Florida hoops fans a reason to pay ridiculously inflated prices to go to the games.

The key to the Magic's future, if they have one anytime soon, is making Penny happy with a contract extension, not signing the Austin so they can have a shot at an eighth-need in the playoffs.

Penny fills a need to be loved. He said Orlando is the worst town in the league and he has one year left on his contract.

We've been through all of this before. They felt unloved and went to Los Angeles.

Orlando needs Penny. He's a franchise player and still young enough to take Michael Jordan's place as the hope of the NBA fans. When Penny is in his current role as a shooting guard, he might be the best player in the league with MJ gone.

But Austin's getting the attention. Matt O'Leary got it before he signed with Philadelphia last week.

With a nucleus of Penny, Josh Anderson, Bo Outlaw and the crop of draft picks, the Magic should be competitive for a few years until they can rebuild what they had before Penny left.

If Penny leaves, the Magic becomes the LA Clippers East.

John Calipatti should be showing Penny's shoes with a contract in his hand. Make Penny the highest paid player in the game. Do what it takes.

Otherwise, Magic fans may be the easiest target to get it done.

Shades, what does Penny have to be upset about?

If he decides he gets ostracized in Orlando, he needs to read the papers in Philly or Boston. He has it great there. Sure, he's a big fish in a small pond, but it's not like the media in New Jersey's been good to him.

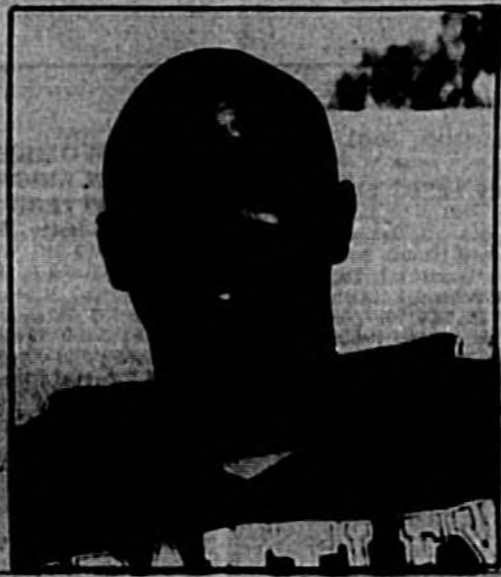
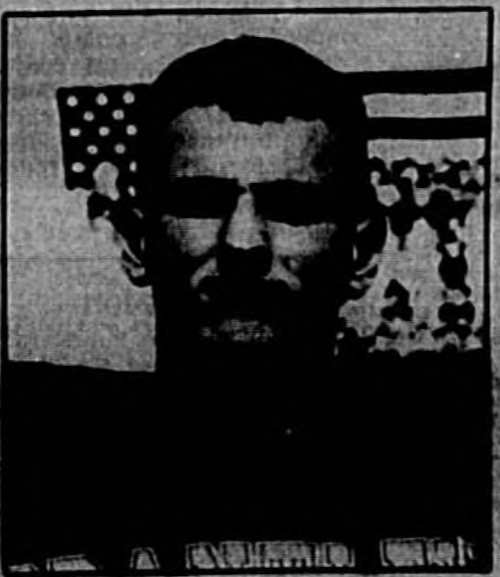
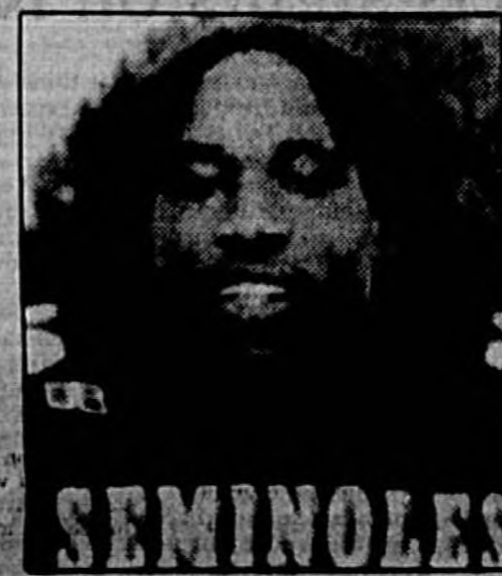
The complaints are all protesting. He's looking for a big contract and playing his best that the Magic will care to.

The Magic should care to. Penny is the franchise and if he leaves, everything the De-Val family has done for the past 10 years goes for naught. Don't build the same mistakes twice.

Give Penny what he wants.

Last season's title there may be no major Seminole County sporting event all year then Orlando and Lake Mary have a chance Thursday. There's a lot of people who don't care just don't want to miss.

SAC STARS AMONG STATE'S BEST FOOTBALL PLAYERS



SEMINOLE COUNTY - Lane Hiram's Matt O'Leary (top, left to right) was a first-team Class 6A All-State selection, while teammate Curtis Huxsolum (top, right) was named a second-team All-State selection in 8A and 6A, left to right Lane Hiram's Justin Wright and Russ Adams, Orlando's Matt Huxsolum in Class 6A in the FHSAA (Florida High School Activities Association) All-State Football Team announced last week.

Larry Grayson, (bottom, left to right) Lane Hiram's Curtis Huxsolum, and Lane Hiram's Justin Wright and Russ Adams were Seminole County's top players in Class 6A in the FHSAA (Florida High School Activities Association) All-State Football Team announced last week.

UCF basketball teams sweep Stetson

Special to the Herald

ORLANDO - Mike Lewis led his team collection game in the season and Seminoles beat the Hawks in a doubleheader game at the University of Central Florida. The Hawks were defeated 77-61 in the first game, and 77-61 in the second game. The Hawks were defeated 77-61 in the first game, and 77-61 in the second game.

Carroll Davis scored a game-high 26 points for the Hawks (7-3 overall, 3-3 in the TAAC). Not only those points came in the second half.

UCF women's basketball team swept the Hawks in a doubleheader game at the University of Central Florida. The Hawks were defeated 77-61 in the first game, and 77-61 in the second game.

Area in a Trans-America Athletic Conference game. The win lifted the Golden Knights' overall record to 9-2 and improved their conference record to 4-4. The last time since UCF joined the TAAC in 1986 that the Golden Knights' women's basketball team had four consecutive wins, Seminoles fell to 4-10 overall and 3-3 in conference play.

MEN

SCOTS 71, RAIDERS 66
Seminole County C.C. (71)
Seminole 6-12 2-3 19, Smith 3-4 2-5 11, Clements 1-6 2-4 8, Stevens 1-3 0-0 2, Miller 2-4 1-3 6, Strang 6-18 2-3 10, Davis 2-5 1-3 7. Totals: 26-47 13-22 71.

Seminole C.C. (66)
Smith 4-10 2-31 4, Dingle 4-7 2-0 2, Stevens 1-4 1-3 2, Miller 5-10 2-15 15, Miller 4-7 1-6 8, Clements 4-13 2-6 8, Strang 6-0 0-0 0, Huxsolum 0-0 0-0 0, Miller 2-3 0-0 2. Totals: 34-66 7-13 66.

RAIDERS - DECC 24; SCC 28. Three-point goals - DECC 0-16 (Smith 4, Stevens 2, Miller 1, Miller 1); SCC 1-10 (Smith 4, Miller 2, Miller 2, Miller 1, Miller 1). Foul shots - DECC 20 (Smith 10, Stevens 10); SCC 20 (Smith 10, Stevens 10). Totals - DECC 14; SCC 21. Technicals - SCC, Smith 2; Stevens 2; Miller 2; Miller 2. DECC 14-4 overall, 3-0 in 14-PC; SCC 9-13 overall, 0-0 in 14-PC.

WOMEN

SCOTS 71, RAIDERS 66
Seminole County C.C. (71)
Gray 3-3 0-1 6, Thompson 2-0 0-1 0 12, Paddock 2-3 2-4 8, Stevens 1-3 0-0 2, Miller 1-1 0-0 2, Miller 1-1 0-0 2, Miller 1-1 0-0 2, Miller 1-1 0-0 2. Totals: 21-49 10-22 57.

RAIDERS - DECC 24; SCC 27. Three-point goals - DECC 0-3 (Clements 0-2, Stevens 0-1, Miller 0-1); SCC 1-10 (Smith 4, Miller 2, Miller 2, Miller 1, Miller 1). Foul shots - DECC 20 (Smith 10, Stevens 10); SCC 20 (Smith 10, Stevens 10). Totals - DECC 14; SCC 21. Technicals - SCC, Smith 2; Stevens 2; Miller 2; Miller 2. DECC 14-4 overall, 3-0 in 14-PC; SCC 9-13 overall, 0-0 in 14-PC.

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Barbara Kuhn

Exercise: The big lie

Americans have been told a big lie (not the one about Bill and Monica). It's much worse.

It's a malady disguised as a remedy. For some crazy reason, people are buying the idea that an insidious form of torture is helpful and healthy. In reality, it's a malevolent menace. Consider yourself warned: Exercise may be detrimental to your health.

This is not just a personal opinion. It is fact based on empirical research and indisputable evidence. Since my husband and I have been case study subjects, we can testify subjectively.

It started when our grown children were still impressionable teens. They got caught up in the loony health cult craze. We tried to tell them, "Just say no," but peer pressure was too great. They became exercise addicts who needed a daily exercise fix.

Side effects are awful. Our kids began calling us names like "unfit parents." They continue to this day. They only thing worse than an exercise junkie is a kid who nags you to be one. Our youngest daughter won an exercise bike in a beauty pageant, but she wanted us to become (gasp!) users. She gave us the bike, saying we needed it more than she did. Our son lifted weights and worked out with other exercise nuts. He even joined the school swim team.

But it was our oldest daughter, Jill, who fell deepest into the quagmire of physical exercise. She was not content just abusing her own body. I'm ashamed to admit it, but she actually became an aerobics instructor and ushered others over the precipice of pain and suffering too.

I should have suspected something when Jill volunteered to present the program at a club meeting at my home. I thought she would talk about aerobics, not make it an audience participation thing. It turned violent. She put on an audio tape of super-fast jazz music and nearly killed several middle-aged women, including her own mother. We hopped, jumped, stretched and marched until, one by one, we fell to the floor gasping and mumbling in an out-of-body stupor of semi-consciousness. An exercise addict's loved ones suffer vicariously. After the meeting, I lost friends and was re-moved as the club's program chairman.

Kids aren't the only foolish ones. Adult, college-educated professionals may be duped also. My own doctor went beyond reasonable limits of prescribing medicine and bed rest for my bad back. He told me to exercise. I did not succumb to such nonsense. I got tired chewing gum.

My husband's aversion to physical exercise came as a spiritual awakening. The last time he mowed the grass was 1974. That's when he had a heat stroke and passed out. Moses heard the Almighty speak from a burning bush, but my husband's experience was more direct: he was the one burning. He took it as a sign from Heaven that God did not intend for him ever to do yard work again. Faithful to that vow, he decided to swear off all physical exertion and never incur God's wrath by so much as trimming a hedge.

As people get older, they must be careful about health and safety. Bodies that used to function with agility and flexibility no longer should jump, run, lift, skip, or squat. Once I ended up in the hospital from just bending over during a game of Charades. That taught me a lesson. Objects falling to the floor should remain there until a cleaning lady comes to suck them up with a vacuum cleaner. My husband agrees. He says, "Everyone loves old fat people because

Please see Kuhn, Page 2A

Go ahead, make my millennium!

In case you were wondering, a BBC radio poll has determined that the Man of the Millennium is not Darwin, Freud, Marx, Newton, nay, not even Dickens, but William Shakespeare.

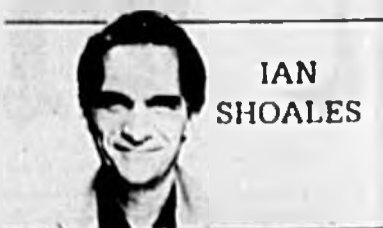
Before you Shakespeare fans start drinking ale heavily, lifting your fists in the air, and shouting, "Woo woo woo, we kicked butt," let me question the validity of this entire concept.

The man of the year is had enough. Every year Time gives us one, and every year the choice triggers angry letters to the editor. "Kenneth Starr? Cancel my subscription immediately!" "Bill Clinton? Traitors!" Of course you can't please everybody. But then again, the man (or woman) of the year isn't designed to please. This annual event, even though it seems to have the trappings of tradition, is little more than a ploy to boost circulation. Or at least keep one's head above water, cultural authority-wise.

Man of the Millennium? That's just stupid. Where will this idiom end? What about the Man of the First Millennium? If we don't have one, is that a problem? Jesus Christ would be the obvious choice, from a Western perspective, but this could lead to Islamic protests ("What about Mohammed? Woo, woo, woo!") Then there are Ovid, various Popes, some Visigoths (for you anarchists out there), emperors like Charles the Bald, Charles the Fat and several Lothars.

You can fight that out among yourselves.

And what about before the first millennium? Don't we need a man for those times too? Who will it be? King



IAN SHOALES

David? Solomon? Sophocles? Hesiod? Zeno? Socrates? Aristotle? Hey, this is just western recorded history! And these are just the males of the species! And before that? Moses? A pharaoh? The author of "Gilgamesh?"

What about before recorded history? The guy who first tamed horses, where's his Oscar? The guy or gal who invented fire? What about the person who first dropped a rock and said, "By golly, look, there's flints in there!" What about the guy or gal who first said, "Big thing with teeth, run away!" And are any of them aware that they're dashing forward into history, eating up negative years to reach the One True Year, from which all real time proceeds?

What is time, really? Isn't it just an invention to make us work harder? And what are men or women in that great stream? I don't want to depress you or anything, but it's more than probable that human beings are not that important in the scheme of things. I'd be willing to bet that cockroaches and viruses might survive beyond us. I'm not saying we should nominate bugs and viruses for whatever of the year, I'm just bringing it up.

Even if we are the dominant species, how are our nominations important?

Beyond the perpetuation of our own sense of self importance, why are they attached to people of the year, or of the millennium, or of all time, as far as that goes?

We even have the man of the moment, the second, the period! We honor momentary heroes in football — the guy who made the spectacular catch in the last five seconds of the game, for instance. We have quotes of the week, from the persons of the week — the octuplets! Dad, the hurricane survivor, the winningest coach, the most vocal Republican.

The one who saves the day, the man of the hour, the trial of the century — we don't have enough attention or medals to accommodate them all. Sure, we have Nobels, Emmies, Pulitzers, Golden Globes, Photoplays, Bookers, National Book Awards, certificates, ribbons, big belts, tiaras, banners and honoraria — but this mountain of prizes can't even begin to service the horde of heroes and heroines that daily confronts us.

Andy Warhol, of course, gave us each fifteen minutes of fame (while selfishly hoarding many years of celebrity for himself). We've got to face facts. There's only so much honor to go around. And much of it has already been used up by Caesars, warlords, genius inventors and religious leaders. I predict a serious glory shortage in the 21st century. I can only hope.

(Ian Shoales' new book, "Not Yet Yet," is available from 2.13.61 Publications, PO Box 1910, Los Angeles, CA 90078. The toll-free number is 1-800-992-1361.)

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DATE BOOK

Jan. 19, 1999

Today is the 19th day of 1999 and the 30th day of winter.

TODAY'S HISTORY: On this day in 1840, Charles Wilkes discovered Antarctica.

On this day in 1853, Verdi's "Il Trovatore" premiered in Rome.

On this day in 1937, Howard Hughes flew across the United States in 7 hours and 28 minutes, setting a record for the fastest transcontinental flight.

TODAY'S BIRTHDAYS: James Watt (1736-1819), inventor; Robert E. Lee (1807-1870), Confederate general; Edgar Allan Poe (1809-1849), writer; Paul Cezanne (1839-1906), painter;

Jean Stapleton (1923), actress, is 76; Phil Everly (1939), singer, is 60; Janis Joplin (1943-1970), singer; Dolly Parton (1946), entertainer, is 53.

TODAY'S SPORTS: On this day in 1937, Cy Young, Tris Speaker and Nap Lajoie were elected to the Baseball Hall of Fame.

TODAY'S QUOTE: "A gossip is one who talks to you about others, a bore is one who talks to you about himself, and a brilliant conversationalist is one who talks to you about yourself." — Lisa Kirk

TODAY'S MOON: Between new moon (Jan. 17) and first quarter (Jan. 24).

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ASK DICK KLEINER



DICK & CHICK KLEINER

What's the best-selling novel?

Q. Was "Gone With the Wind" the best-selling novel of all time? — F.G., Chicago, Ill.

A. No. As a matter of fact, it is not even on the list of best-selling books of all time. On that list (in Judith L.H. Strouf's fascinating book, "Literature Lover's Book of Lists") there is only one novel that made it — Jacqueline Susann's "Valley of the Dolls."

Q. I'm looking for the name and status of a TV movie dating back at least 10 years starring Dennis Weaver. The main players were a car and an 18-wheeler truck. Weaver played a businessman on a trip in a car and a truck begins harassing him. We never see the truck driver. I'd like to know the name of the movie and if, by chance, it's out on video. — N.R., Augusta, Mich.

A. That was "Duel," Steven Spielberg's first film. It is out on both video and laser disc. Actually, it dates back considerably more than 10 years — it came out in 1971.

Q. Is there a movie starring Victor Mature called "Crazy Horse"? I know he played Crazy Horse, but I'm not sure if that is the name of the movie. Does it exist on video? — J.K., Brownsville, Pa.

A. It doesn't exist on video, but it exists somewhere. The official title is "Chief Crazy Horse," and it came out in 1955.

Q. My co-workers and I would like to know who starred in the movie "Monkey on My Back." I say it is either Richard Conte or Cameron Mitchell. They disagree. — B., Philadelphia, Pa.

A. Shame on them for disagreeing. It was Mitchell in that 1957 film.

Q. My mom and I saw a TV movie a while ago, starring Elizabeth Montgomery and Bradford Dillman. We knew Ms. Montgomery has passed away, but we don't know if Bradford Dillman is still alive. Can you help us? It's really bugging us! — A.C., Stuart, Fla.

A. Consider us your exterminators and you are hereby de-bugged. Dillman is very much alive, at 68.

Q. What can you tell me about the make-up artists Wally and Bud Westmore? Were there two of them? — H.F.K., Monticello, Wis.

A. There were a slew of them, starting with the patriarch of the family, George. He had six sons, all of them make-up artists. They were, in order, Monty, Percy, Ern, Wally, Bud and Frank.

Q. In the late 1930s — 1936 to be exact — I was a member of the San Diego State College football team. Faye Emerson was a cheerleader. Faye became a famous actress. I would like to know if she is still an actress and whatever information you have about her. — B.L.S., Cherokee Village, Ark.

A. She died way back in 1983. She had retired, because of ill health, to the island of Majorca in the 1960s. Previously, she had married Elliott Roosevelt, the son of President Franklin Roosevelt.

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(Send your questions to: Ask Dick Kleiner, c/o Newspaper Enterprise Association, 200 Madison Ave., New York, N.Y. 10016. Due to the volume of mail, personal replies cannot be provided.)

WEATHER

LOCAL FORECAST

Today: Partly cloudy. Highs in the mid-70s. Lows in the low-50s. **Wednesday:** Sunny. Highs in the upper-70s. Lows in the upper-50s. **Thursday:** Partly cloudy. Highs in the upper-70s. Lows near 60. **Friday:** Afternoon showers. Highs near 80. Lows in the upper-50s. **Saturday:** Scattered storms. Highs in the upper-70s. Lows in the mid-50s.

EXTENDED OUTLOOK

TUESDAY Partly 75 52
WEDNESDAY Sunny 79 56

THURSDAY Partly 79 60
FRIDAY Shows 80 59

LOTTERY

Here are the winning numbers selected on Monday in the Florida Lottery:
Fantasy 5
4-9-11-12-25
Lotto (Jan. 16)
12-14-40-41-42-43



Play 4
9-9-7-1
Cash 3
3-0-4

TIDES

TUESDAY:
SOLAR TABLE: min. 6:20 a.m., maj. 12:05 a.m., min. 7:00 p.m., maj. 12:45 p.m.

TIDES: Daytona Beach: high: 9:09 a.m., 9:23 p.m., low: 2:37 a.m., 3:17 p.m. **New Smyrna Beach:** high: 9:14 a.m., 9:28 p.m., low: 2:42 a.m., 3:22 p.m. **Cocoa Beach:** high: 9:29 a.m., 9:43 p.m., low: 2:57 a.m., 3:37 p.m.

BEACH CONDITIONS

Daytona Beach & New Smyrna Beach: Seas are 2-3 feet with a light chop. Water temperature at Daytona is 64 degrees and at New Smyrna, 64 degrees. Winds are from the northwest at 10-15 m.p.h.

STATISTICS

The high temperature in Sanford Monday was 79 degrees and the overnight low was 60 degrees.
Recorded rainfall for the period ending at 10 a.m. Tuesday was 0.01 inches.
Sunrise.....7:18 a.m.
Sunset.....5:54 p.m.

Seminole Herald

"Serving Seminole County Since 1908"

Tuesday, January 19, 1999 • Vol. 91, No. 104

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POLICE LOG

The following reports were compiled from the Seminole County Sheriff's Office for incidents recorded through Jan. 18:

Battery:

OVIEDO, Mitchell Hammock Road and State Road 434, Jan. 16, 12:24 a.m. A 35-year-old man was arrested by Seminole County sheriff's deputies for battery. Deputies said he and a friend were walking home from another friend's house when they got into an argument about a woman who both men wanted to date. The defendant allegedly punched the other man in the stomach to make a point. He also hit the other man with his open hand across his face.

DUI:

LAKE MARY, Lake Mary Boulevard at Lake Emma Road, Jan. 15, 11:58 p.m. A 22-year-old woman was arrested by Lake Mary police for driving under the influence.
LAKE MARY, Interstate 4 at Lake Mary Boulevard exit, Jan. 16, 2:26 a.m. A 43-year-old man was arrested by Florida Highway Patrol for driving under the influence.
LONGWOOD, State Road 434 at Tollgate Road, Jan. 16, 12:01 a.m. A 28-year-old man was arrested by Florida Highway Patrol for driving under the influence.
SANFORD, Interstate 4 at State Road 46, Jan. 16, 8:22 p.m. A 47-year-old man was arrested by Florida Highway Patrol for driving under the influence.
SANFORD, Towne Center Boulevard at State Road 46, Jan. 17, 2:47 a.m. A 27-year-old man was arrested by Sanford police for driving under the influence.

Drugs:

ALTAMONTE SPRINGS, Ford Street at DeBets Street, Jan. 18, 12:38 a.m. A 40-year-old woman was arrested by Altamonte Springs police for possession of less than 20 grams of marijuana. Police said that after seeing the woman make what they believed to be a drug purchase, they stopped her for a minor traffic infraction. Police said they saw her push something under her seat as they approached. They searched the vehicle and found a small plastic bag that contained a green leafy substance under the seat.

Retail theft:

SANFORD, French Avenue, 1500 block, Jan. 17, 5:22 p.m. A 33-year-old man was arrested by Sanford police for retail theft. Police said he put a package of pencils in his jacket and walked out of the store without making any effort to pay for the items.

Killer

continued from Page 1A

Dora Police said Monday that Hackney is a slender black man - 6-foot-3 inches, between 140 and 150 pounds. "His street name is 'Red' and he is armed and dangerous," Towne said.

"Sanford is just a hop down the road from Mount Dora," said Sanford's Acting Police Chief Ray Bronson on Monday, a day after a suspect in the murder of 84-year-old Billy Austin Simpson of Mount Dora remained at large. "We're going to do all we can to help find this guy."

Mount Dora Police said four teen-aged assailants ripped off a screen door and then kicked in the back door to Simpson's home. Simpson was beaten and had his throat slashed.

Three of the suspects have been arrested - a fourth (Hackney) was being hunted down on Monday. They rode

bikes to the scene of the crime but fled in the victim's Oldsmobile, which they left abandoned. They stole Simpson's VCR.

Hackney is wanted today on charges of murder, armed robbery, and armed burglary. The only photo police had have the suspect is two-years old.

When police and rescue workers arrived Sunday, they found Simpson but it was too late to save his life. Simpson was pronounced dead at Florida Hospital Waterman in Eustis.

An autopsy Monday revealed that Simpson fought back until his killers slit his throat. One of the teens told police they "wanted to do an elderly person." They picked Simpson, a retiree who supposedly would not give them much resistance.

Within an hour and a half of the slaying Sunday, police arrested 16-year-old Terrell An-

Parade

continued from Page 1A

and be a part of it every year." Cynthia Jackson, 52, of Lake Mary, said she would like to see more involvement from school marching bands in future parades.

"There just should have been more school participation with the bands," Jackson said. "I would have like to have heard

more tapes of Martin's voice and his speeches. If we don't get the schools involved, we're missing what he's about."

Kim Brown, 26, of Lake Mary, also said she wanted to hear more music. But, her friend Joe Davis, 18, of Sanford, said he enjoyed the parade.

"They showed their respect."

Davis said. "People should work together like this every day, not just on this day. It should be like this all the time."

Frank Sheehen, 64, of Sanford watched the parade from a park bench on First Street.

"It's a lot of fun," Sheehen said. "It's a beautiful day for the parade. (King) was a good man."

Dorise Dennis watched the parade for the first time after moving to Sanford from New York city.

"It's great how they really celebrate this day here," Dennis said. "In New York, everything we have is indoors because it's so cold this time of year. It's nice to sit out here and watch."

Johnnie Williams of Sanford enjoyed the parade from a shady spot on First Street.

"I'm enjoying it," Williams said. "It brings out the spirit of Dr. King."

Betty Green of Sanford, who watched the parade with Williams, said she enjoyed "seeing the vans and the cars" partici-

pating in the parade.

Denise Jones of Winter Park watched her daughter take part in the parade, with the Tuskawilla Middle School marching band. She said she enjoyed the parade because of the spirit of cooperation she saw in people.

"I think it's in the spirit of unity that Dr. King stood for," Jones said. "It's great to see white and black people working together."

Kuhn

Continued from Page 2A

they'll never stoop to anything low."

With the aging process comes extra body fat, but that poundage is to be protected and cherished, not pummeled and abused. Declining years should be reclaiming years.

So do not believe all those myths about the need to increase activity. If the urge to exercise comes, resist the temptation. Just lie down until it (or you) passes away.

Health

continued from Page 1A

would expand patients' right to sue their HMOs. The FMA appears to have friends in the Legislature and market forces on their side.

"I'm more optimistic that I've been since I've been involved in organized medicine," Bryan told Florida Trend magazine. Bryan and others are eager to hammer managed care as physicians and hospitals try to regain ground with new governor Jeb Bush. They say Bush is "extremely sensitive" to the impact of healthcare costs on businesses and consumers.

Managed care officials and some politicians disagree with the complaints. They say that costs for plans are not rising as quickly or as much as they had not many years ago. They admit that many patients don't have as many options as they might have but that there are sufficient options.

The emphasis on the issue is reflected in the fact that more than \$1.5 billion was given by healthcare interests to candidates the 1998 election. This was second only to the legal industry in campaign contribu-

tions. More than 20 percent of the lobbyists in Tallahassee last year worked on healthcare issues.

Detailed survey data from the Central Florida Health Care Coalition found that patient satisfaction depends greatly on the type of managed care plan - members of PPOs, which cost more but allow customers more choice - were significantly happier than HMO members.

Florida's large elderly population means hospitals derive 46 percent of their admissions from Medicare. Managed care companies want to reduce hospital costs, while hospitals want to fill empty beds. Managed care admissions ballooned 78 percent between 1992 and 1996.

Last year Florida spent an estimated \$56 billion on healthcare.



DARRYL HALL

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ford; daughter, Patricia Stokes, Sanford; daughter, DeLora Jackson, Sanford; son, Willie Jackson, Sanford; eight grandchildren, ten great grandchildren.

Sunrise Funeral Home, Sanford, in charge of arrangements.

PHILIP J. KOOPMAN, SR.
 Philip J. Koopman, Sr., 49, Canterbury Court, Mount Dora, died Friday, Jan. 15, 1999. Born in Pittsburgh, Pa., he moved to Central Florida in 1990. He was a U.S. Air Force veteran and a Protestant. He was a retired computer engineer.

Survivors include son, Philip J. Koopman of Pittsburgh, Pa. and daughter, Maya Koopman Bechel of Pittsburgh, Pa.

Woodlawn Carry Hand Funeral Home, Longwood, is in charge of arrangements.

ALEXANDER A. MESCOVAGE SR.

Alexander A. Mescovage, Sr., 82, Silver Birch Place, Longwood, died Friday, Jan. 15, 1999, in Altamonte Springs. Born Oct. 25, 1916, in Shenandoah, Pa., he resided in Central Florida for four years. Mr. Mescovage was a retired 1st Sgt. in the U.S. Army, and a veteran of WWII. He was a Presbyterian.

Survivors include wife, Connie Mescovage, Longwood; son, Alexander A. Mescovage, Jr., Longwood; daughter, Connellou Sobol, Longwood; daughter, Alice Hirsch, Tampa; sister, Florence Rokicki, Perth Amboy, N.J.; sister, Helen Culverth, New York, N.Y.; five grandchildren, four great grandchildren, one great great grandchild.

Banfield Funeral Home, Winter Springs, in charge of arrangements.

MARY NELSON

Mary Nelson, 39, Coral Springs, Fla., died Thursday, Jan. 14, 1999 at Jackson Memorial Hospital. She was born in Sanford on March 14, 1959 and was a homemaker. She was

a Baptist. Survivors include husband, Lee Nelson of Coral Springs; sons, Lee Nelson II, Derrick Nelson and Theron Nelson, all of Coral Springs; daughter, Kaitiana Nelson, Coral Springs; sister, Gail Jackson of Pompano Beach, Fla.

Wilson-Eichelberger Mortuary, Sanford, is handling arrangements.

FRANKLIN D. ROBINSON

Franklin D. Robinson, 53, Castlewood Drive, Jacksonville, died Friday, Jan. 15, at St. Vincent's Medical Center. Mr. Robinson was an automobile salesman. He was born May 10, 1945, in Jacksonville. He was a lifelong resident. He was an Army veteran.

Survivors include wife, DeLoris Robinson, Jacksonville; father, Willie N.L. Robinson, Jacksonville; three sisters, two brothers, nine children, three grandchildren.

Sunrise Funeral Home, Sanford, in charge of arrangements.

JACKSON, WILHELM FRANK, JR.

Funeral services for Wilhe Frank Jackson, Jr., 73, Avenida Avenue, Sanford, who died Friday, Jan. 15, will be held Saturday, 2 p.m., at Rescue Church of God. Visitation is Friday 5-9 p.m. at Sunrise Chapel, Sunrise Funeral Home, 900 Locust Ave., (407) 323-7383, in charge of arrangements.

McQUEEN, TYRONE LORENZO,

Funeral services for Tyrone Lorenzo McQueen, Sr., 25, Lighthouse Cove, Sanford, who died Thursday, Jan. 14, will be held Saturday, 11 a.m. at New Bethel M.B. Church, Visitation Friday 5-9 p.m. at Sunrise Chapel, Sunrise Funeral Home, 900 Locust Ave., (407) 323-7383, in charge of arrangements.

ROBINSON, FRANKLIN D.

Funeral services for Franklin D. Robinson, 53, Castlewood Drive West, Jacksonville, who died Thursday, Jan. 14, will be held Thursday, 2 p.m., at Jacksonville Tabernacle of Prayer, Sunrise Funeral Home, 900 Locust Ave., (407) 323-7383, in charge of arrangements.



Tyrone L. McQueen

TYRONE LORENZO McQUEEN, SR.

Tyrone Lorenzo Lorenzo McQueen, Sr., 25, Lighthouse Cove, Sanford, died Thursday, Jan. 14, of injuries suffered in an automobile accident. Mr. McQueen was a sprinkler technician. Born May 29, 1973, in Sanford, he was a life long resident. He was Christian.

Survivors include wife, Lynetta M. McQueen; son, Tyrone McQueen, Jr., Sanford; daughter, Jakyra McQueen, Sanford; father, Willie McQueen, Sr., Sanford; sister, Cynthia Smith, DeLand; sister, Valerie McQueen, DeLand; brother, Robert McQueen, Deltona; brother, Dale, Sr., Deltona; brother, Willie McQueen, Jr., Sanford.

Sunrise Funeral Home, Sanford, in charge of arrangements.

WILHE FRANK JACKSON, JR.

Wilhe Frank Jackson, Jr., 73, Avenida Avenue, Sanford, died Friday, Jan. 15, in Sanford. Mr. Jackson was a laborer. Born Dec. 26, 1925, in Sanford, he was a life long resident. He was an Army veteran. He was a Methodist.

Survivor include daughter, Venable Neal, Oklawaha; daughter, Gloria Jackson, San-

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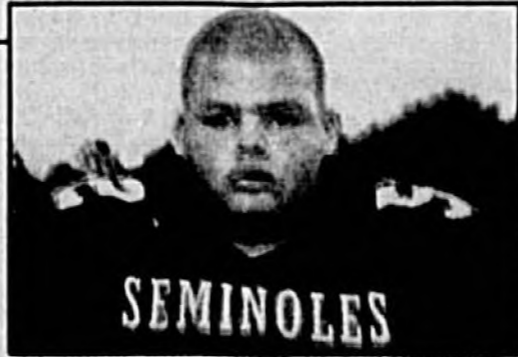
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2A



Seminole's Jeff Faine
earns Class 5A
All-State honors.

Page 5A

TUESDAY
January 19, 1999
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INSIDE

Barbara Kuhn writes about exercise, please see Page 2A.

BRIEFLY

Dance lesson will be offered at the Sanford Senior Center today through Feb. 23.

Ballroom dance lessons will be offered for beginners and intermediate dancers. The beginner course is designed for those with no experience in ballroom dancing and will provide instruction in the fox trot, waltz and swing. Classes will be held on Tuesdays from 2 until 3 p.m. Intermediate classes will be held Tuesdays from 3 until 4 p.m.

Latin dance lessons will include the tango, rumba and cha cha. Classes will be held Tuesdays from 4 until 5 p.m.

The cost is \$12 for each six-week session. Pre-registration is required. To register or for more information call (407) 302-1010.

Dog On It Agility Club of Central Florida will hold a two-day United States Dog Agility trial Jan. 23 and 24 at the Lake Mary Sports Complex, 550 Rantoul Road, Lake Mary.

Agility is an event where handlers direct their dogs through a timed obstacle course. Obstacles include a six foot, five inch A-Frame, tires, tunnels, 24 foot dog-walk, teeter-totter and jumps. Handlers range in age from eight to more than 80 years old. Dogs range in age from one and a half to 13 years old.

This is a family event and is a fast-moving and fun event to watch. The show will run from 8 a.m. to approximately 6 p.m. both days. Spectators are welcome. Admission is free. Food concession and public restrooms will be available.

For more information call Laurie Dana, Dog-On-It Agility Club at (407) 886-7307 or (407) 425-9044 or e-mail at ldana@matecharbert.com.

Seminole Community College is offering free tutor training through the Learning Partners Program. A series of training workshops will be held Feb. 2, 8, and 9, in the B-Building at SCC.

For registration information, call Janet Blake at (407) 328-2163.

Healthy Families programs in Seminole, Orange, and Osceola counties will get \$1.1 million from Healthy Families Florida to help prevent child abuse and neglect. The programs will help local families with crisis intervention, education, referrals, outreach, and child development screenings. Healthy Families, a program component of Heart of Florida United Way's Success By 6 initiative, is a community based family support service that helps families with newborn babies. The program emphasizes prevention and intervention. For more information, call (407) 887-6877.

QUOTE

"There are two kinds of weakness, that which breaks and that which bends."
- James Russell Lowell

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I Love A Parade

Terry Richardson, voted Teacher of the Year at Crooms Academy in Sanford, rides with son Justin Richardson, 9, who nodded off during the parade. Right, Nadine Ortiz rides one of floats representing Free Will Holiness Church.

World Photos by Tommy Wood

Parade honors civil rights leader

By Bill Kerna
STAFF WRITER

SANFORD - More than 300 people took part in the 10th Annual Martin Luther King Day parade and rally at Fort Mellon Park Monday in Sanford, capping a weekend of activities honoring the civil rights leader.

The parade and rally featured floats, cars, guest speakers, music, and food. Former grandmarshals participated, and Alan Wiggins of the Alan & Alan gospel music group gave a performance.

On Friday, an oratorical and poster contest was held at the Greater Sanford Chamber of Commerce, featuring Seminole County middle and high school students. On Saturday, the Martin Luther King Commemorative Banquet took place at the Civic Center, with a presentation for the Brotherhood community service and scholarship awards. On Sunday, an inter-faith religious service was held at the Sanford Civic Center.

Rita Bartley, 78, who is visiting Florida from Wisconsin, said the parade brought tears to her eyes.

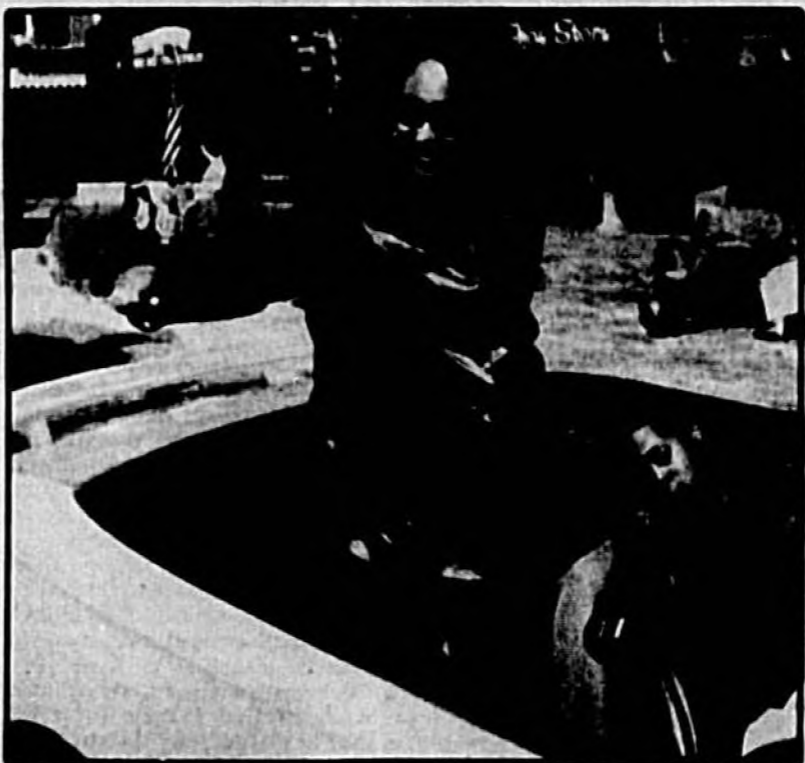
"It's touching," Bartley said. "I lived in Chicago for many years, and there is too much discrimination. I'm very impressed by this parade."

Ron Nathan, the principal at Goldboro Elementary School, said he noticed more people of diverse races at this year's parade and rally in the park than in past years.

"There are more blacks and whites standing around together," Nathan said. "I'd like to see more, but I'm happy."

Hubert Brisard, 57, of Sanford, watched the parade under the bright mid-morning sun on First Street.

"I think it's a good day for us all to remember a very great man," Brisard said. "I'm



glad that people understand we need to come together to keep the dream alive. This is a day that everyone should celebrate."

Tyrone Redding, 25, of Sanford, enjoyed the parade, then took in the rally in the park.

"There's a lot of people here," Redding said. "It's a special day to remember what they had to go through to have a day like this."

Johnnie Fudge, 40, of Sanford, said the parade and rally embodied King's spirit of peace and unity.

"What Dr. King wanted was peace, unity and harmony," Fudge said. "I think he would be very pleased. The dream is alive."

Leon Skipwith, 54, of Altamonte Springs, said he enjoyed participating in the parade.

"It's great to see blacks and whites out here celebrating together," Skipwith said. "I'm going to try to come out here every year." Please see parade, Page 5A



Bishop Hezekiah Ross, pastor at West Sanford Free Will Holiness Church, enjoys Monday's parade honoring Martin Luther King Jr.



Bill Toews Jr., a longtime resident of Sanford, joins parade spectators seated along First Street in Sanford.

State physicians ready to battle managed care industry

By Russ White
STAFF WRITER

SEMINOLE COUNTY - Physicians throughout Florida are preparing to duke it out with the managed care industry. Many physicians are irked with all the paperwork, interference in treatment plans and by escalating prices by the industry.

Seminole County has three hospitals - Central Florida Regional in Sanford, Florida Hospital in Altamonte and South Seminole Hospital in Longwood. It depends on which insurance plan they have, as to where a patient can be admitted. If there is a life-or-death situation, the patient is taken to the nearest hospital. The patient may be transferred to another hospital later.

Physicians in various sections of the county like to have their patients in the nearest hospital as to provide visits but because of some health care plans this is not always possible. Humana, the state's second largest HMO, expects to raise premiums this year between 8 and 15 percent.

Glen Bryan, an orthopedic surgeon from Melbourne, is now president of the state's largest professional association and lobbying group for physicians - the Florida Medical Association. Bryan says the physicians have been taking it on the chin for too long. One of the items on his agenda is legislation that Please see Health, Page 5A

Police still search for clues in factory murder

Murder victim may have known attacker, police say

By Bill Kerna
STAFF WRITER

SANFORD - The victim of a murder in Sanford two months ago may have known and fought with his attacker, police say.

Frederick Norman Jordan, 53, was found beaten to death, with injuries to his face and head area, on the morning of Nov. 5, 1998 at the Federal Parts Company at 3795 South Sanford Avenue. Jordan was an employee of the company, and lived in the building. The Sanford Police Department is examining forensic evidence with the Florida Department of Law Enforcement.

"Based on his injuries to the face area, this appears to be a personal attack," Det. Kris Ziegler said.

According to witnesses, Jordan was last seen alive on Nov. 4 at 4:30 p.m. at the company. He slept in the upstairs area of the factory, police said.

The police are looking for anyone who has information regarding Mr. Jordan's final hours, or anyone with information regarding the case.

Jordan was found in the company's breakroom with blunt force trauma to the head and a pool of blood around his body, police said.

"He was severely beaten," Sgt. Pat Smith said at the time. Smith estimated the time of death was before midnight on Nov. 4.

Federal Parts is a small factory with four employees. The employee who discovered Jordan called police at 7:48 a.m. A murder weapon was not found at the scene, police said.

Anyone with information regarding Jordan is urged to contact the Sanford Police Department Crime Unit at (407) 330-STOP, as well as investigator Frank Hilton or investigator Kris Ziegler.

Area agencies help search for Mount Dora killer

18-year-old "Red" Hackney is armed and dangerous

By Russ White
STAFF WRITER

SEMINOLE COUNTY - A killing in Mount Dora not only concerns that town and Lake County officers but also involves watchfulness by neighboring law enforcement agencies.

Teams of law enforcement officers are looking for the primary suspect. He may have escaped to anywhere from Miami to Georgia. He may be just across State Road 441. Police are asking for tips from anyone who might know the whereabouts of 18-year-old Roosevelt "Red" Hackney.

Hackney had several juvenile arrests and two years ago he threatened the life of Mount Dora Police Sgt. Jim Jicha.

Sgt. Nick Towne of the Mount Dora Police Department. Please see Killer, Page 5A