

Sanford Herald

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89th Year, No. 100 - Sanford, Florida



Today: Variably cloudy and cooler. High in the lower to mid 60s. Wind northwest 10 to 15 mph. Chance of rain less than 20 percent.

For more weather see page 2A

TODAY

BRIEFS

Midway buildings discussed

SANFORD — The Seminole County Commission has scheduled discussion on the possibility of having a number of buildings in the Midway area demolished. The buildings are being proposed for demolition because they are unoccupied and have been determined to be a public nuisance.

The actual request to come before the commission Tuesday, is to determine whether or not a public hearing should be scheduled, hopefully to meet with the property owners, and make a final decision.

The properties under consideration are located at 2451 First Street, 2401 Granby Street, 2970 Dixon Avenue, and 2460 Sipes Avenue.

Initial discussions are scheduled as part of the Planning and Development reports, during the Board of County Commission meeting, beginning at 1:30 p.m., Tuesday, Jan. 14 in the County Services Building, 1101 E. First Street in Sanford.

Exploring Windows

SANFORD — The Seminole Community College Computer Institute will present "Exploring Windows 95" at the North Branch Library, 150 N. Palmetto Avenue, Sanford, on Thursday, Jan. 23 beginning at 7 p.m.

Collection Services Coordinator Denise Tate commented, "The new user interface Windows 95 has distinct advantages over previous Windows versions. Come take a guided tour as we explore Windows 95 in this seminar designed to keep you informed."

Jim Adams, a Seminole Community College instructor will be the guide for the evening.

Space is limited and early reservations are urged. For information and/or reservations, phone 322-2182.

Legislative delegation

State Representative Tom Feeney, Chairman of the Seminole County Legislative Delegation, has announced that the delegation will be holding a public meeting Thursday, Jan. 16, at the city council chambers of Oviedo City Hall, 400 Alexandria Blvd.

The meeting is planned for 9:45 a.m. until 12 noon.

Feeney said anyone wishing to address the delegation on any matter relating to state government may be placed on the agenda by contacting Representative Feeney's office at (407) 977-6500.

Health services classes

LONGWOOD — The American Red Cross of Central Florida will be offering health services training courses at its Seminole County offices throughout January.

Courses include Aids-104, and several courses for first aid and safety.

The classes will be conducted at the Red Cross Seminole Service Center, 705 W. SR-434 in Longwood. Cost for the Aids-104 class is \$20. For the first aid and safety classes the cost is \$40.

For additional information, phone 322-8200.

SCOPA meeting

SANFORD — The Seminole County Port Authority, (SCOPA) will meet Wednesday, Jan. 15, beginning at 4 p.m., in the administration building at Port of Sanford.

Items on the agenda include reports on a number of projects concerning the use of SCOPA property.

The meeting is open to the general public.

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What I adore is supreme professionalism. I'm bored by writers who can write only when it's raining. g

-Neal Coward

Blacks, Jews forge an alliance

By VICKI BOGOMER
Herald Senior Staff Writer

SANFORD — Johnell Jackson has been an activist in Sanford's African American community for many years.

Rabbi Merrill Shapiro has worked in the same capacity in the Jewish community. Now, the two men have joined forces and hope to form an alliance that will make each

stronger and that will make the community as a whole a better place.

"We've created a dialogue," Shapiro said. "We are in a position to make a difference."

At Shapiro's invitation, Jackson and several other representatives of the African American community addressed Congregation Beth Am's Sunday Connection in Longwood. As they discussed the problems each group faces in the community at large, they discovered

there was much they didn't know about each other.

"It was a good beginning," Jackson commented. "They made us feel very welcome and we were able to start a dialogue. I feel very good about what we can do together."

Jackson and Shapiro have organized a fact-finding mission of sorts which will bring

See Alliance, Page 5A

Seaplane flips: No injuries

By NICK PFEIFER
Herald Staff Writer

SANFORD — Light aircraft normally make a landing approach heading into the wind. Thursday afternoon, the wind proved to be the downfall when a small seaplane overturned during landing in Lake Monroe.

The aircraft, a Cessna-280 amphibian, with two persons on board, went down at approximately 1:15 p.m., in a shallow area northeast of the Mellonville Avenue Seminole Boulevard curve.

Neither the pilot, identified as Donald Ulrich, 52, of Daytona Beach, nor his passenger, Robert Lowrey III, also of Daytona Beach, was reportedly injured. Each managed to exit from the overturned plane, and climb to the top to await rescue.

The entire area was surrounded by police vehicles, sheriff's department vehicles, ambulances and fire-rescue units.

The sheriff's department Alert-2 helicopter arrived, but by the time it approached the overturned plane, a

private boat had already taken both occupants on board.

They were then transported to safety at a dock off the northeastern side of Lake Monroe.

Soaked from their ordeal, with Ulrich missing one shoe, the two refused to talk with the throng of media reporters and photographers who had gathered. When first asked his name, Ulrich remarked, "No comment," and walked away.

Assistant Sanford Fire Chief Neil said they even refused to talk with him at first. He was in plain clothing and he supposed they thought he was also a reporter.

Immediately after the two arrived on shore, Neil said he had been able to determine that the aircraft contained 60 to 70 gallons of fuel, which he was concerned might spill out onto the waters of Lake Monroe and the St. Johns River.

The relatively new plane was to be removed from the lake this morning. Officials say the gas tanks held with no leakage reported.

A witness said he had seen the plane circling over Lake Monroe for

See Seaplane, Page 5A

Herald Photo by Tommy Wessner

Donald Ulrich, of Daytona Beach, apparently wet and disgusted, walks off a dock in Sanford after being rescued from his overturned plane in Lake Monroe. Sanford police officer Claudia Webber helps the plane's passenger, Robert Lowrey, (hidden behind Ulrich in photo).



Adjust your attitude this weekend



The wilderness along the Wekiva is a perfect stress-buster.

Herald Photo by Steve Dennis

Canoe the Rock Springs Run of Wekiva River

By STEVE BARNES
Herald Staff Writer

As I slipped the canoe into the cool, clear water of Rock Springs Run, I quickly felt the stress of everyday life melt away. Gone were deadlines and the hassles of I-4 traffic. Ahead lay four hours of peace and tranquility as I drifted on liquid diamonds, through a wilderness that has remained virtually unchanged for thousands of years.

I began my trip at King's Landing, a canoe

rental outfit located near the headwaters of Rock Springs Run, an eight mile ribbon of twisting, flowing, paradise that empties into the Wekiva River. The spring itself is located just upstream at Kelly Park which offers picnic areas, nature trails and an inner-tube run that provides a full day of fun for the entire family.

On this particular day, however, I wasn't looking for a frolicking, splashing tube ride, I was looking for solitude and a chance to reflect on the beauty of the natural world. I was

not disappointed.

After traveling down the short canal that leads from King's Landing to Rock Springs Run, I let the current carry me at its own leisurely pace. The sparkling clear water winds gently past sugar white sand beaches, rafts of waterlilies, yellow blossomed Spatterdock and stands of cattails. Overhanging the water and providing welcome shade are the stately branches of Bald Cypress, oak, Sweetgum, Red Maple and palm.

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FLORIDA BRIEFS



Ranger training safer

EGLIN AIR FORCE BASE — Congressional investigators have recommended that the Army step up inspections to ensure safety improvements made following the deaths of four Ranger trainees remain in place.

The Army has implemented 38 of 41 safety improvements and is in the process of implementing the others at Camp James E. Rudder where the trainees died from exposure in a chilly swamp on Feb. 15, 1995.

"However, if the Army is to sustain the key corrective actions ... in the future, we believe that the actions must become institutionalized," General Accounting Office officials wrote in a preliminary report dated Jan. 2.

Congress ordered its investigative arm to assess the implementation and effectiveness of corrective actions taken by the Ranger Training Brigade, headquartered at Fort Benning, Ga., following the deaths. Camp Rudder is in a secluded corner of this base that sprawls across 724 square miles of the Florida Panhandle.

The safety improvements included better monitoring of water temperature and depth and increased rescue capabilities. Some had been recommended but not implemented after two earlier hypothermia deaths at Camp Rudder in 1977. Fifty-six Ranger students have died since 1956, including seven from hypothermia, at Eglin and other sites.

"At the time of the accident important lessons about safety controls built up over the years by personnel assigned to the Florida training site had not been documented, were lost, or had simply atrophied over time," the GAO investigators wrote.

They recommended the identification of critical safety controls at each Ranger training site and periodic inspections by officials inside and outside the chain of command to ensure safety procedures are being followed.

In a written response, Deputy Under Secretary of Defense Sherri W. Goodman indicated the Army agreed with the recommendations and was taking steps to comply.

The investigators also found that prior inspections were too infrequent and so focused on procedural issues that they would have been of little use in uncovering safety problems.

They wrote that inspections should be expanded to include testing or observing to make sure safety procedures are being followed.

Cops ask for money back

MIAMI — Police have offered some of the city's poorest residents one more day to give back, no questions asked, a half-million dollars that showered into the street near their homes when an armored truck overturned.

But by late Thursday, residents hadn't handed over a dime of the missing money — and were still combing the area for more cash.

There was only one arrest. Florida Highway Patrol troopers charged Charles Smith, 25, of a Miami neighborhood 15 miles away, with trespassing, resisting arrest, and battery. They said Smith tried to climb onto the highway overpass where the truck overturned, hit an officer who tried to arrest him, and fled before troopers caught him.

Hundreds of thousands of dollars in coins, bills and food stamps rained down on a trash-lined street Wednesday morning when the truck overturned on an Interstate 95 overpass.

Detectives promised a two-day amnesty, expiring at noon Saturday, during which the money can be returned without consequences.

They knocked on dozens of doors Thursday, but got nothing, police spokesman Deirish Moss said. Twelve to 15 officers at a time canvassed housing projects in an area of four-to-five square blocks, telling residents about the amnesty and the risks if they kept stolen money.

The canvass was to continue today, and longer if needed, Moss said.

Police won't search homes unless they have sufficient evidence to get a court warrant, he said.

Those caught with the money after the grace period could face charges ranging from misdemeanor theft to a felony charge of grand theft if the cash totals more than \$300.

The suggestion that people in the impoverished Overtown area should give back the money brought only laughter from residents on Thursday.

"They're trying to find out who's got the money," said a woman named Debbie, whose mother's apartment was one of many visited by police. "Nobody's going to tell them."

"What's going to happen eventually is that people with money are going to be rattled out by people without money," Moss said. "The jealous are going to tell."

Police spokesman Lt. Bill Schwartz said detectives "were appealing to people's moral values and also their survival instincts because if we're looking for the money you can bet some not-so-nice people out there are also looking for the money."

From Associated Press reports

NEWS FROM THE REGION AND ACROSS THE STATE

Serious crime in Florida's biggest cities up 4 percent

By JACKIE HALLIFAX
Associated Press Writer

TALLAHASSEE — Florida's biggest cities saw murders, robberies, auto thefts and other serious felonies increase 4 percent in the first half of 1996 but the numbers aren't in yet for the rest of the state.

The latest snapshot of crime in Florida provides only a general overview of violence in nine cities rather than a detailed statewide report as had been issued every six months for the last eight years.

A spokeswoman for the Florida Department of Law Enforcement cautioned against reading too much into the data. The report compared the first six months of last year with the same period in 1995.

"We can use this as a barometer," Liz Hirat said,

adding that a 4 percent increase in serious crime in the state's major cities "does certainly cause us concern."

Last spring, FDLE reported a 6.4 percent drop in crime across the state — the biggest improvement in a dozen years — and a 4.6 percent reduction in violent crime.

But Hirat warned against speculating on crime statewide based on limited statistics from nine cities.

"We've got a whole lot of other statistics we've got to receive," she said.

Lawmakers, looking to cut costs, changed the law that dictates what and when local law agencies must report to the state. The FDLE reported that it would save about \$1 million under the new system and local agencies even more.

Many agencies are still work-

ing on reprogramming their crime reporting systems and haven't sent statistics to FDLE.

In a few months, FDLE will release statistics for the entire state.

Taking a look at the numbers

The total number of murders, forcible sex offenses, robberies, aggravated assaults, burglaries, larcenies and car thefts in nine Florida cities with more than 100,000 in the first half of 1996 and the first half of 1995:

Fort Lauderdale
12,838, down 4.6 percent from 13,250
Hollywood
6,046, up 1.1 percent from 5,978
Milwaukee
9,244, up 16.3 percent from 7,946

Miami
31,276, up 4.5 percent from 29,933
Jacksonville
30,585, up 0.6 percent from 30,396
Tampa
20,847, up 1.6 percent from 20,522
Orlando
11,440, up 13.6 percent from 10,066
St. Petersburg
12,236, up 6.8 percent from 11,251
Clearwater
3,661, up 7.2 percent from 3,621

A way to give thanks

Mother Blanche Bell Weaver of the Sanford Outreach Mission accepted a check on Thursday from Mike Haynes, assistant manager at Wal-Mart in Sanford. The Sanford store donated a portion of their profits from sales the day after Thanksgiving to the mission. The \$1,523 check will be used to further the work of the homeless mission on 13th Street in Sanford.



Jacques Cousteau earns award from association

By RAJU GHOSH
Associated Press Writer

ORLANDO — Jacques Cousteau, whose books and television documentaries awakened generations of people to the oceans' life and inspired millions to take up scuba diving, received a conservation award from the diving industry.

Cousteau, 86, was given the Oceanus award Thursday by the Dive Equipment Marketing Association in recognition of a lifetime of advocating protection for the earth's oceans, seas, rivers and lakes from human excesses like pollution and overfishing.

In brief acceptance remarks, Cousteau urged divers to alert the world to the oceans' problems, saying no one's better suited for

the watchdog role. "We make a more active element of people who understand the sea, that there's no life without water," he said. "You all now have the duty, you have the time, to convince people."

Cousteau, who served in the French navy before inventing the aqualung in 1942, has spent a lifetime traveling to the corners of the earth and almost everywhere in between documenting marine life and problems. His boat, Calypso, became nearly as popular as he. It sank last year off Singapore, and he's building a replacement vessel, the Calypso II.

His landmark book "Silent World" was published in 1963.

Gallery owner defends right to display nudes

By RON WORD
Associated Press Writer

JACKSONVILLE — A gallery owner said he plans to keep nude paintings in the window of his business despite the wishes of an anti-pornography crusader and a visit from the police.

"This is art," said Lee Harvey, owner of the Lee Harvey Gallery in Jacksonville's historical Five Points district.

But Simon Smith, executive coordinator of the Jacksonville Coalition against Pornography, says nude paintings shouldn't be in the window of the small gallery where children can see them.

"I've told him he's got three options. One, you can clean up your window. Second, you can move, or third, you can go out of business, but you are going to do one of them in the next six months," Smith said Thursday.

A nude painting of Adam and Eve, sans fig leaves, was espe-

cially troubling to Smith. "I've got 10 grandchildren and their idea of Adam and Eve ought not be a naked man and woman in the window of a store. If they want to see Adam and Eve, there at least ought to be a leaf there," Smith said.

Smith said he was only acting in the community's interest and he did not approach Harvey until he was contacted by parents who attend nearby Riverside Presbyterian Day School.

Harvey said Smith has a right to his personal opinion.

"He's a worthy adversary. He's just knocking down. I respect that, but it's maniacal at this point. He was spitting mad," said Harvey.

Two police officers have advised the self-taught 35-year-old artist to remove the nude paintings from the store window. One officer gave him a copy of the city ordinance against pornography.

LOTTERY

MIAMI Here are the winning numbers selected Thursday in the Florida Lottery:

Fantasy 5
14-25-20-3-7



Cash 3
4-9-1
Play 4
1-3-5-2

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THE WEATHER

LOCAL FORECAST

Today: Variably cloudy and cooler. High in the lower to mid 60s. Wind northwest 10 to 15 mph. Chance of rain less than 20 percent. Tonight: Fair and cool. Low in the lower to mid 40s. Wind west 5 to 10 mph. Saturday: Partly cloudy and cool. High in the upper 50s. Wind northwest 10 to 15 mph. Sunday: Partly cloudy. Low in the mid to lower to mid 40s north. High in the upper 50s south to the mid 60s south. Monday: Variable clouds with a chance of rain. Low in the upper 40s north to the lower to mid 50s south. High in the lower 60s north to lower 70s south.

FLORIDA TEMPS

City	Hi	Lo	Pct.
Daytona Beach	61	50	20
Fort Lauderdale	64	54	20
Fort Myers	60	50	20
Gainesville	72	62	20
Honolulu	80	61	20
Jacksonville	70	58	20
Kay West	60	50	20
Lakeland	67	51	20
Miami	64	50	20
Ocala	75	54	20
Pensacola	60	44	20
Sarasota	70	64	10
Tallahassee	75	58	20
Tampa	77	59	20
Vero Beach	64	50	20
West Palm Beach	64	50	20

EXTENDED OUTLOOK

FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
Vbly cldy 44-68	Ptly cldy 44-68	Ptly cldy 42-58	Vbly cldy 48-68	Mtly cldy 48-68

MOON PHASES

First Jan. 18	Full Jan. 23
Last Jan. 31	New Feb. 7

BEACH CONDITIONS

Daytona Beach: Waves are 2 to 3 feet and glassy. Current is running to the north with a water temperature of 63 degrees.

New Smyrna Beach: Waves are 2 feet and glassy. Current is running to the north with a water temperature of 62 degrees.

TIDES

FRIDAY SOLAR TABLE: min., 5:55 a.m.; 6:20 p.m.; maj., 12:10 a.m. **TIDES:** Daytona Beach: highs, 8:47 a.m.; 9:05 p.m.; lows, 2:14 a.m.; 2:56 p.m.; New Smyrna Beach: highs, 8:53 a.m.; 9:10 p.m.; lows, 2:19 a.m.; 3:01 p.m.; Cocoa Beach: highs, 9:07 a.m.; 9:25 p.m.; lows, 2:34 a.m.; 3:16 p.m.

BOATING

St. Augustine to Jupiter Inlet — Friday: Wind northwest 20 knots. Seas 5 to 7 feet. Bay and inland waters choppy. Friday night: Wind west to southwest 15 to 20 knots. Seas 4 to 6 feet. Bay and inland waters choppy.

STATISTICS

The high temperature in Sanford Thursday was 82 degrees and the overnight low was 47 as reported by the University of Florida Agricultural Research and Education Center, Celery Avenue.

Recorded rainfall for the period, ending at 10 a.m. Friday, totalled .43 inches.

☀Sunset.....6:44 p.m.
☁Sunrise.....7:19 a.m.

NATIONAL TEMPS

City	Hi	Lo	Pct.	Wind
Anchorage	41	19	20	city
Atlanta	62	38	20	city
Atlanta City	36	34	20	city
Austin	48	28	20	city
Baltimore	38	29	20	city
Boston	32	24	20	city
Brownsville	64	34	21	city
Buffalo	34	13	20	city
Burlington, Vt.	34	18	21	city
Casper	34	18	21	city
Charleston, S.C.	64	41	14	city
Charleston, W.Va.	48	31	20	city
Charlotte, N.C.	36	28	18	city
Chattanooga	32	23	20	city
Chicago	38	24	14	city
Cincinnati	38	26	20	city
Cleveland	39	28	20	city
Columbus, M.O.	38	28	20	city
Dallas-Ft. Worth	52	33	20	city
Denver	32	21	20	city
Des Moines	37	24	20	city
Detroit	39	23	20	city
Honolulu	81	64	20	city
Houston	81	31	21	city
Indianapolis	38	24	20	city
Jacksonville	70	58	20	city
Las Vegas	32	23	20	city
Las Vegas	32	22	20	city
Little Rock	37	21	14	city
Los Angeles	68	49	20	city
Maryland	38	31	19	city
Memphis	38	23	20	city
Minneapolis	38	23	20	city
Mobile	38	31	20	city
Montgomery	38	23	20	city
New Orleans	38	23	20	city
New York City	48	28	20	city
Philadelphia	37	27	20	city
Phoenix	31	27	20	city
Pittsburgh	38	26	20	city
Portland, Maine	38	15	20	city
Portland, Ore.	37	24	20	city
Raleigh	39	24	20	city
San Antonio	39	24	20	city
San Diego	39	24	20	city
San Jose	39	24	20	city
Seattle	39	24	20	city
Tampa	39	24	20	city
Washington, D.C.	39	24	20	city

POLICE BRIEFS

Right phone number

Members of the Sanford police QUAD-Squad arrested James R. Little, 36, of 1819 Summerlin Avenue Tuesday. The case reportedly started when officers apprehended a person identified as Jack Monroe on Jan. 3, on charges of burglary and theft. Officers said when they searched Monroe, they found a piece of paper with an apparent pager phone number, the type officers said is often used in soliciting for drug purchases.

Police called the number from a pay telephone and arranged to meet the person answering the call.

They met with the man, identified as Little, on Tuesday, at 13th Street and French Avenue, and placed him under arrest on charges of possession of an imitation substance with intent to distribute, and possession of drug paraphernalia.

Accident

Mary D. Wolfe, 34, of 3900 Moore Station Road, Sanford, was arrested by Sanford police Wednesday. Officers said her vehicle was involved in a single car accident on Orlando Drive near Woodson. Her vehicle reportedly left the road and collided with a bus stop bench and a newspaper machine. She was arrested on charges of driving under the influence of alcohol with property damage, reckless driving, and having an open container of alcohol in her vehicle.

Armed robbery

Sirmitac D. McCloud, 19, of Deltona, was arrested by Sanford police Wednesday. According to the arrest report, a person had entered a store in the 2600 block of S. Orlando Drive, and armed with a handgun, demanded the clerk hand over the money. After taking the undetermined amount of cash, he reportedly fled on a bicycle.

Officers said they located him in the 2500 block of Laurel Avenue, at which time he dropped the bike, a mask and his shirt, while fleeing on foot. After a lengthy chase, he was finally apprehended in the 600 block of W. 25th Street. He was charged with armed robbery with a firearm, use of a firearm in the commission of a felony, wearing a mask during the commission of an offense, and theft.

Grand theft

Edgar E. Burra, 29, with no local address, was arrested by Sanford police Wednesday. Officers responding to a call regarding a person living in a vacant house at 1204 S. Sanford Avenue, said they found the man, identified as Burra, sleeping in the garage. Along with Burra, officers said they found a power lawn mower, which subsequently was proven to have been stolen on Tuesday, during the burglary of a church in the 900 block of Palmetto Avenue.

Burra was arrested on a charge of grand theft.

Grand theft

Samuel Buckner, 52, of 2421 Byrd Avenue, was arrested by sheriff's deputies Wednesday. The arrest report linked Byrd with two residential burglaries on Jan. 3, both in the 2300 block of Church Street in Midway. At one of the residences, construction items including a saw and paint, with a total value of \$735 had reportedly been stolen.

Buckner was located by police in the 3700 block of E. SR-46, and arrested on charges of grand theft and possession of drug paraphernalia.

Traffic stops

Andres G. Oquendo, 32, of Orlando, was stopped by Lake Mary police Wednesday on CR-46-A. He was charged with operating a motor vehicle with a cancelled/suspended/restricted driver's license. Officers also found he was wanted on a warrant issued in Palm Beach County, N.J., for possession of dangerous drugs.

Patrick Ralph Bynard, 34, of 573 Puddington Terrace, Heathrow, was stopped by sheriff's deputies on Driscoll Avenue Wednesday. He was charged with driving with a suspended/revoked license, attached tag not assigned, possession of drug paraphernalia, resisting an officer with violence, and possession of a concealed weapon (knife).

Tailgating

John Wilson Ross, 30, of Orlando, was arrested by Sanford police Wednesday. According to the arrest report, he pulled his vehicle off the road at U.S. Highway 17-92 and Lake Minnie Drive, where he reportedly brandished a rifle at another driver he is said to have accused of tailgating his vehicle. After the incident, police located him in North Lake Village, and arrested him on a charge of aggravated assault.

Domestic case

Richard Alan Wirt, 22, 1402 Cedar Creek Circle, was arrested at his residence by Sanford police Wednesday, as the result of a reported altercation with a female, and subsequently with arresting officers. He was charged with battery domestic violence, two counts of battery on a law enforcement officer, two counts of battery, and one for resisting an officer with violence.

Sanford police report

A residence in the 400 block of W. 25th Street in Sanford was reportedly burglarized Wednesday. Officers said an antique radio and other items with a total estimated value of approximately \$500 were taken.

Sheriff report

A residential burglary was reported Wednesday in the 2900 block of Truman Blvd. in Lincoln Heights near Sanford. Items taken, including a VCR and jewelry box were estimated at \$225 in value.

Main Road speed humps approved

By NICK PFERMAN
Herald Staff Writer

LAKE MARY — Call it a lump, bump, hump, or clump, but Main Road in Lake Mary will soon have at least two of them. Approval came last night during the Lake Mary City Commission meeting.

The approval was the result of citizen complaints about speeding on Main Road, with an ever-increasing volume of vehicles. They had suggested that the installation of speed humps or bumps, would slow the vehicles and make the area safer.

Police Chief Richard Beary explained the difference. "A speed bump (on a roadway) is about a foot wide and really causes a vehicle to bounce when it goes over it. A speed hump is slightly wider, around two feet, and doesn't bounce a car nearly as much. A speed ramp is four to five feet wide."

Prior to the beginning of the matter, Mayor David Meador explained that it first came up in 1993, when citizens had requested the speed bumps. "At that time we mailed out 310 notices to people in the area involved," he said. "We only received 67 responses, with 28 in favor and 38 against them."

Meador added that the notices were not sent out this time, but there was a plethora of advance publicity that the matter would be considered.

Chief Beary opened the discussion with a presentation on studies and information regarding speeding. "According to our most recent study," he said, "approximately 58 percent of the vehicles on Main Road were traveling over the posted speed limit."

He added that police had conducted traffic stops, "but we can't have an officer there all the time," he said. "Most of the speeding is at peak traffic times, and that's when our officers are most needed elsewhere."

He reiterated that Main Road's traffic meets the criteria set forth by Seminole County Engineering, to be eligible for the speed humps.

When Mayor Meador called for citizens, first to speak in favor of the recommendation, Susan McDowell, Jim Nipper and Greg Stagg, all residents of Main Road, came forward in support.

McDowell spoke on the matter previously, commenting on how the speeding was a safety factor, and she feared for her two children. As in the past, she had both children with her in the commission chambers.

Nipper had also spoken in

favor of the proposal in the past. He told the commission that one man, who had sent a letter stating he was totally against the bumps, was a motorcycle rider who believed the bumps would hinder his riding. "But he has his house for sale and is moving to North Carolina," Nipper said, "so he said he wouldn't have any objection any more."

While the three persons speaking in favor of the speed humps were all residents of Main Road, none of the people speaking in opposition lived on Main, but on streets in the surrounding area.

One, Paul Hair of Stratford Court, said he had letters from the six residents on Stratford, all opposing the speed humps proposed for Main Road.

Following public input, members of the commission voiced their opinions, immediately indicating that they would support the requests.

"Broadmoor has those bumps," said Commissioner George Duryea, "and I drive them every day. They are annoying, but I'm not insulted by it."

Commissioner Gary Brender commented that in addition to the speed humps, the request from the police chief also included removal of a stop sign presently in use on Main Road. "Even by putting in the speed humps," he said, "with taking out the stop sign, people will have no problem, and may even take less time." He added, "Let's put the speed humps in. Remember, this isn't the federal government. We are a small

town and we can always take them out if they don't work."

Commissioner Sheila Sawyer expressed concern over the city's liability, but was assured by City Attorney Donna McIntosh that the city would not be liable for any problems caused by the installation of the speed humps.

Sawyer however, was also concerned that this could set a precedent. If we approve this," she said, "pretty soon other neighborhoods are also going to ask for speed humps to slow down traffic in their areas. I can see it coming in the future."

"I just don't want Lake Mary to be known as the 'City of Humps,'" she added.

Commissioners Thom Greene and Mayor Meador however, both indicated that statistics presented by Chief Beary regarding

the reduction of speeding problems on Broadmoor after the humps were installed there, led them to believe the would also help reduce speed on Main Road.

With Commissioner Duryea making the motion, seconded by Greene, the request for installation of two speed humps and removal of the stop sign area was approved by a unanimous vote.

It was suggested that the humps not be installed until a repaving of Main Road, already in this year's budget, was accomplished, in order to save money.

City Manager John Litton said it is possible the road work which would lead to the installation of the humps, could get under way within the next 120 days.

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A cry for help

By NICK PFERMAN
Herald Staff Writer

SANFORD — The driver of a car that reportedly struck a 15-year-old boy Wednesday is being sought.

Police reports indicate the teen was walking at the intersection of E. Woodland Drive and Airport Boulevard at approximately 5:30 p.m., when a car, traveling east on Airport, turned into E. Woodland, striking him.

According to the boy's grandmother, "He told us a woman stopped the car, got out, and asked if he was alright. He was really shaken and probably didn't know what he was saying, so he told her he was."

She continued, "So the woman got back into her car and drove off. The only thing my grandson can remember is that she had white hair and was driving a white car."

Shortly after the collision however, the boy reportedly became extremely ill from his injuries, and he was taken to Columbia Medical Center-Sanford, where he was said to be in serious condition.

"We need to find this woman," the boy's grandmother told the *Sanford Herald*. "This is a tragic situation for our family, and we need to find whoever this woman is."

Anyone with information regarding the accident is urged to contact the Sanford police department, 323-3030, as soon as possible.

MATCH POINT

Always keep a shovel, rake and water nearby when burning debris.

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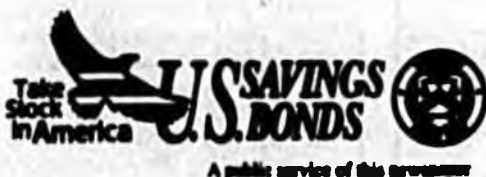
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EDITORIAL

Reason to be proud of officers

Several persons at the scene of the two-person rescue from the overturned plane in Lake Monroe yesterday, commented about what may have been an extremely overabundance of law enforcement personnel and firefighters.

There can be no doubt that it was well attended. "With this turnout, you'd think this was a major passenger plane down," one man said. "Just look at all of these police cars and fire trucks."

Everything turned out well. Both men were safe after being rescued from their overturned seaplane. The plane, reportedly lying upside down on a 15-foot deep sandbar, was never in any apparent danger of going completely under.

Neither of the men was injured, and after some extensive repairs, there is little doubt that the plane will fly again sometime in the future.

OK. We'll admit. The public safety personnel turnout was very large. But what if it really were a major disaster. What if we were among the passengers in a plane overturned in the lake. Wouldn't we want as much help as possible?

Even though a passing fishing boat rescued the two men yesterday, the sheriff's department Alert-2 helicopter was on the scene. If we were in trouble out in the lake, wouldn't we want as many people as possible coming to our rescue?

Call it an over-reaction if you will. Call it a waste of equipment to have so many units converging at this same location. But we call it an excellent example of the capabilities of our law enforcement and fire fighting/rescue personnel. Every one of them on the scene either performed his or her task coolly, calmly and efficiently. Those who were not needed, stood at the ready, to assist in any way they could including directing traffic or clearing a space for the helicopter landing.

It was like watching a finely tuned engine turning over. Everything went as it should. All parts were functioning exactly as they should, and the end result was an outstanding performance.

Rest assured, people. If we have a serious problem such as a passenger plane crash out on Lake Monroe, or anywhere else in our area, we can be assured our public safety personnel are ready and capable.

Yes, except for the person who owned the seaplane in yesterday's overturning, the incident wasn't really that big a deal. But anyone who watched our officers perform, have reason to be proud of them, and know we can depend on them in time of need.

LETTERS TO EDITOR

Letters to the editor are welcome. All letters must be signed. Include daytime telephone number. Letters should be on a single subject and be as brief as possible. The letters are subject to editing.

Berry's World



ELLEN GOODMAN

Some straight talk about Ebonics

BOSTON--What would Henry Higgins make of this? What if he went to teach a flower girl the King's English only to discover that her local school board had declared Cockney another language?

In Oakland, Calif., they are involved in a modern remake of the Pygmalion story. A school board faced with the failure of too many African-American students has now decreed slang to be a valid and different language.

Using the dense vocabulary of *Academese*, the board members also called for classes to be taught partially in Ebonics "for the combined purposes of maintaining the legitimacy and richness of such language and to facilitate their acquisition and mastery of English language skills."

By fiat, they have transformed black street talk into Ebonics and put Ebonics--that offspring of "ebony" and "phonics" first conceived in academic circles--on a par with French or Chinese. They have made "I be" the linguistic equivalent of "je suis."

What do you say to a school board so desperate that they have declared their students to be foreigners in their own country? Is it defeatism that says the poorest black children in inner cities live in another country, where they literally don't speak the same language?



Ebonics is a second language for a second-class life.

What do you say to a local community of parents and teachers so torn between the desire for respect and the desire for learning, that they too become "bilingual"?

The irony is that too many Americans are tongue-tied, speaking only one language in a diverse world. But Ebonics is a second language for a second-class life. It's a 'language' defined, or invented by people who did not get their Ph.D.s or their jobs speaking it.

Even the proud Liza Doolittle was realistic and ambitious enough to know that she needed a verbal passport to a better life. When she came to the impossible Higgins for "English"

lessons, it wasn't to become a Fair Lady but to work in a flower shop. She said, "They won't take me unless I can talk more genteel."

Like any American descended from immigrants, I know something about language and culture. In the era when my father, the first American-born child in his family, started school, many teachers were, shall we say, "unencumbered" by sensitivity training.

A sometimes stated goal of public schools in my city and others was to "Americanize" children from families who were overtly described as illiterate and superstitious, the "refugee of their teeming shores." There were those teachers who only interest in self-esteem was in their own.

My father would talk of college friends who grew up ashamed to speak German or Italian at home, ashamed of their immigrant parents and ashamed of their shame. That was a lot of heat applied to the melting pot that we look back upon with such nostalgia.

But there also was a commitment--however ruthless--to integration, to preparing children to enter the new world. The community was invested in their collective future.

I do not think you have to destroy a child's self-respect or respect for parents in order to make her life better than theirs.



WRITER'S BLOCK

What have we done, Bill Clinton?

With the election of Bill Clinton the American voters have solidified and assured their own destiny.

Bill's well calculated, end-run surprise for the citizens of this country towards the creation of a one-world government, in the process flushing our national sovereignty down the toilet, will now continue at an accelerated pace. At some point in the near future, it will set only down upon the people who are caught up in the nightmare of indoctrination, but will greatly effect every one of us to the point of pure shock. The classic preliminaries of a totalitarian government which Hitler used in Nazi Germany, what George Orwell warned us could happen here and what Bill and Hillary advocate, have been skillfully inserted into the American way of life prior to this election.

Here are a few of them:
The front organizations are in place.
The media is in the process of being taken over.

The two major political parties have the same agenda.

The UN is being allowed to take over our educational system.

The first stages of total gun confiscation have been completed.

We have witnessed the beginning of a cashless society.

We are being acclimated to UN blue and white.

Foreign troops are being trained in our country.

A national police force is in the waiting room.

Our elected officials are fearful of asking the "wrong" questions.

The citizens of our country are processed to accept total absorption into the UN.

Potentially dangerous Presidential Executive Orders have been accepted by Congress and are on Willy's desk. If Bill and Hillary follow their orders well and do a "good job," here are a few strong possibilities we could soon realize:

Our standard of living will continue the downward spiral.

There will be complete control of the electronic and printed media.

All public officials will be appointed, not elected, under the guidelines of the UN.

Our soon-to-be uninformed school children will be educated and controlled by the UN doctrine of "Outcome Based Education" and "Goals 2000."

Firearms for protection will be a thing of



Scot Eakman

Scot Eakman is a firefighter and paramedic. He is a family man who ardently follows national politics.

the past for honest citizens.

We will use no cash; just "the mark."

American emblems will be removed from police, fire and emergency unit uniforms.

UN "flags" and UN blue and white will be all over the place.

Janet Reno's gestapo and/or Bill's UN "peacekeepers" will be just around any corner.

A "New Age," one-world religion will absorb other religions.

Our former fighting, combat forces will continue to be turned into baby sitters for third world nations.

Greedy politicians and other money manipulators will vacuum workers' pension funds.

Willy will pardon his "friends."

Patriotic radio talk shows will be banned.

A Constitutional Congress will be held, dumping the United States Constitution and enacting the United Nations world constitution.

War.

Why not join me in sending a big, hearty "thank you" to the voters who gave us another four more glorious years of Bill and Hillary? Of course, we can't discount the fact of Bill could enact martial law for one of a myriad of reasons which his warped mind could wrench out of the sewer (certainly in the interest of national security). He would be assured of completing his agenda. It also would eliminate any more "free" elections in this country. That would make our ruling couple just giddy and too koocheekoo happy for words.

Scot Eakman Sanford

JOSEPH SPEAR

Oh those nasty individualists

Robert Bork and his defenders have argued for nearly a decade that he was dispatched to the netherworld of Supreme Court rejects by a mob of lefties who lied about his record.

The argument was garbage then, and it's garbage now. Robert Bork was done in by his own hand, and anyone who doubts it can check out the rantings in his book, "Slouching Toward Gomorrah," published last fall. I do mean "check out" -- as in, from a library. Please don't waste 25 simoleons on this thing.

His premise is virtually undeniable: The popular culture in America has become coarse, crude, vulgar and violent.

But then, in the nature of a true ideologue, Bork takes his criticisms a hundred light-years too far. We are a "degenerate society," he says. We are worse than pagan; we are "subpagan." We are "enseebled" and "mindless" and "hedonistic," not to mention "decadent," "degraded" and "debased."

What brought us to this squalid juncture in our history is "modern liberalism," which spawned a couple of evil twins called "radical egalitarianism" and "radical individualism." The former -- demanding equal outcomes, as opposed to equal opportunities -- seems worthy of censure. The latter is idiotic, especially for someone who aspired, nay lusted, to sit on the High Court.

Former U.S. Court of Appeals Judge Robert Bork, you see, thinks we have too much freedom for our own good. All those lofty words in the Declaration of Independence? They are basically ballyhoo. The founders would dissolve into fits of apoplexy if they could see how we have abused their precepts.

The "rot" began long ago, Bork says, but you could really start to see it in the way the doughboys of World War I devolved into the easy soldiers of World War II. Then came affluence, and all the rabble got fridges and phones (we really were more disciplined during the Depression, you know). And then came that devil's tool, the portable radio, which allowed teen-agers to listen to music without supervision. And continued prosperity begat radical feminists, who are little more than feisty women with too much time on their hands. He doesn't say bored broads, but he might have if he thought he could get away with it.

The cure? Well, for one thing, we need a constitutional amendment that would permit Congress to overrule the Supreme Court. In other words, Bork thinks we should politicize the law.

And we need a big dose of good old censorship. That ghastly Internet should be shackled, movies should be purified, modern music -- well, perdition would be too good for that fith.

Bork does not say who should determine what the barbarous masses should be allowed to see, hear and read, but given his obvious conviction that he has been anointed by God with superior taste, he no doubt believes he could handle the job.

But for accent, these are the views he has espoused throughout his career, and they were the basis of his rejection in 1987. Yes, a coalition of left-wingers campaigned against him. But so did Common Cause and the National Audubon Society. So did 32 law school deans, 71 constitutional law professors, 1,925 law teachers -- 40 percent of the full-time faculty members of law schools accredited by the American Bar Association.



The argument was garbage then, and it's garbage now.

Canoe

Continued from Page 1A

Few rivers in Florida rival the natural beauty of this one. Although the access point is located only a short drive from Highway 435 in Apopka, the run itself is surrounded by 30,000 acres of state owned property. To your left as you travel downstream is the Wekiva River State Preserve, to your right lies the Wekiva Springs State Park.

Because the run takes from three to five hours to complete, many weekend warrior, party types are discouraged from tackling it, leaving it quieter and more peaceful than other areas of the river which offer shorter trips. On this day, I saw only one other canoe during the first three hours of the trip.

One of the best things about getting out on the river is leaving behind the constant rattle and buzz of the city. Out here, sounds take on a musical quality, alternating between symphonies of Great Blue Heron, warblers and egrets and long periods of that most elusive of sounds, silence. Each time I return to the river, I am surprised at the spiritual recharge I receive from simply drifting through this quiet paradise.

The run and the surrounding wilderness is home to a variety of wildlife. In addition to the birds mentioned above, you are likely to see White Bats, Wood Storks, Red Shouldered and Red Tailed Hawks, Turkey Vultures and threatened Southern Bald Eagles, just to name a few. In addition to the birds, the park supports a number of mammals including White-tailed Deer, Bobcat, Gray Squirrels, Raccoons, River Otters, Opossums, Gray Foxes and Florida Black Bears, which are listed as threatened. A variety of reptiles also thrive here including Red Bellied, Soft-shell and Snapping Turtles, Brown Water Snakes and American Alligators.

About halfway through the trip on the right is Big Buck Campground. One of two primitive campgrounds administered by Wekiva State Park along the run, it is a special treat for those seeking a taste of camping in the real Florida. Simply pull your canoe up on the

white, sandy beach and follow a short, broad path to the camp site. There you will find a small clearing with a couple of benches and a fire ring. You will not find running water, electricity or bathroom facilities. In exchange for these niceties, you will gain the opportunity to experience Florida in much the same way as the Timucuan and other Native Americans did for thousands of years before the arrival of Europeans. Beyond the small clearing lies 13 miles of trails which wind through Wekiva Springs State Park. Before camping, contact the park ranger for reservations and information. Fees are minimal, but it is important to let park staff know you will be in the park overnight.

As the sun began to sink below the tree line, I passed the junction where the Wekiva River and Rock Springs Run become one. The Wekiva River begins about three-fourths of a mile upstream of this junction at Wekiva Springs, which discharges about 48 million gallons of water a day. If you like, you may paddle upstream to the park and enjoy a swim in the spring.

My journey came to an end at the Wekiva Marina and Restaurant, where I was met by a van that returned me to my car. On the ride back to King's Landing, I reflected on how fortunate we are that areas like this still exist. With proper care and respect we can preserve them for future generations.

To get to King's Landing from Sanford, take Highway 46 west to Mt. Plymouth and turn left on Highway 435. Follow 435 south to Kelly Park Rd. turn left and follow the signs. For more information call King's Landing at 880-0859 or Wekiva Springs State Park at 884-2009.

I hope you will take the opportunity to explore this beautiful stretch of water, and I hope you will join me here each week as I explore the natural wonders of Central Florida. If you would like to share an experience or special place with other nature lovers, feel free to drop me a line here at the paper. I would love to hear from you.

Researchers find compound in grapes that inhibits cancer

By PAUL ROSEN
AP Science Writer

WASHINGTON — More good news for wine drinkers: The fruit of the vine may fight cancer.

Following up on studies that found red wine helps keep the heart healthy, researchers have now discovered a substance in wine and grapes that protects against cancer.

The study, published today in the journal Science, does not mean eternal health is in the bottom of a wine bottle, said John Pezzuto, leader of the research group at the University of Illinois at Chicago. But he said it does suggest that a diet loaded with fruits and vegetables is a good defense against cancer.

Pezzuto said his team found a substance in grapes called resveratrol that in laboratory studies is able to keep cells from turning cancerous and to inhibit the spread of malignancies.

Resveratrol was discovered after hundreds of tests in search of anti-cancer compounds, he said.

"Of all the plants we've tested for cancer chemopreventive activity and all the compounds we've seen, this one has the greatest promise," said Pezzuto.

The compound has been tested only in cell cultures and laboratory animals, but Pezzuto said, "My hope is that one day we will be taking a dietary supplement as a cancer preventative, just like many people now take multivitamins."

Although wine is loaded with resveratrol, the researcher said that does not mean people should get loaded with wine for health's sake. Better advice, said Pezzuto, is wine in moderation and a diet with lots of fruits and vegetables.

Dr. Michael J. Wargovich, a cancer researcher at M.D. Anderson Hospital in Houston, said the discovery of resveratrol "really hits a home run in the range of activity it has against cancer." But the finding also suggests that there may be even more powerful compounds in other natural foods.

Earlier studies have shown that wine, particularly red wine, can protect against heart disease by preventing formation of blood clots that can block arteries.



John D. Folts of the University of Wisconsin School of Medicine said research in his lab has found several compounds from grapes that seem to protect against heart disease by preventing "the blood clot that kills."

Resveratrol is found in 70 different plants, including mulberries and peanuts, but grapes and grape products are the richest source, Pezzuto said.

All wines have some resveratrol, he said, but the highest concentration is in red wine — the type linked to lowering heart attack risk.

Pezzuto said the compound inhibited three stages of cancer development, from the single cell that goes bad to the spread of malignancies.

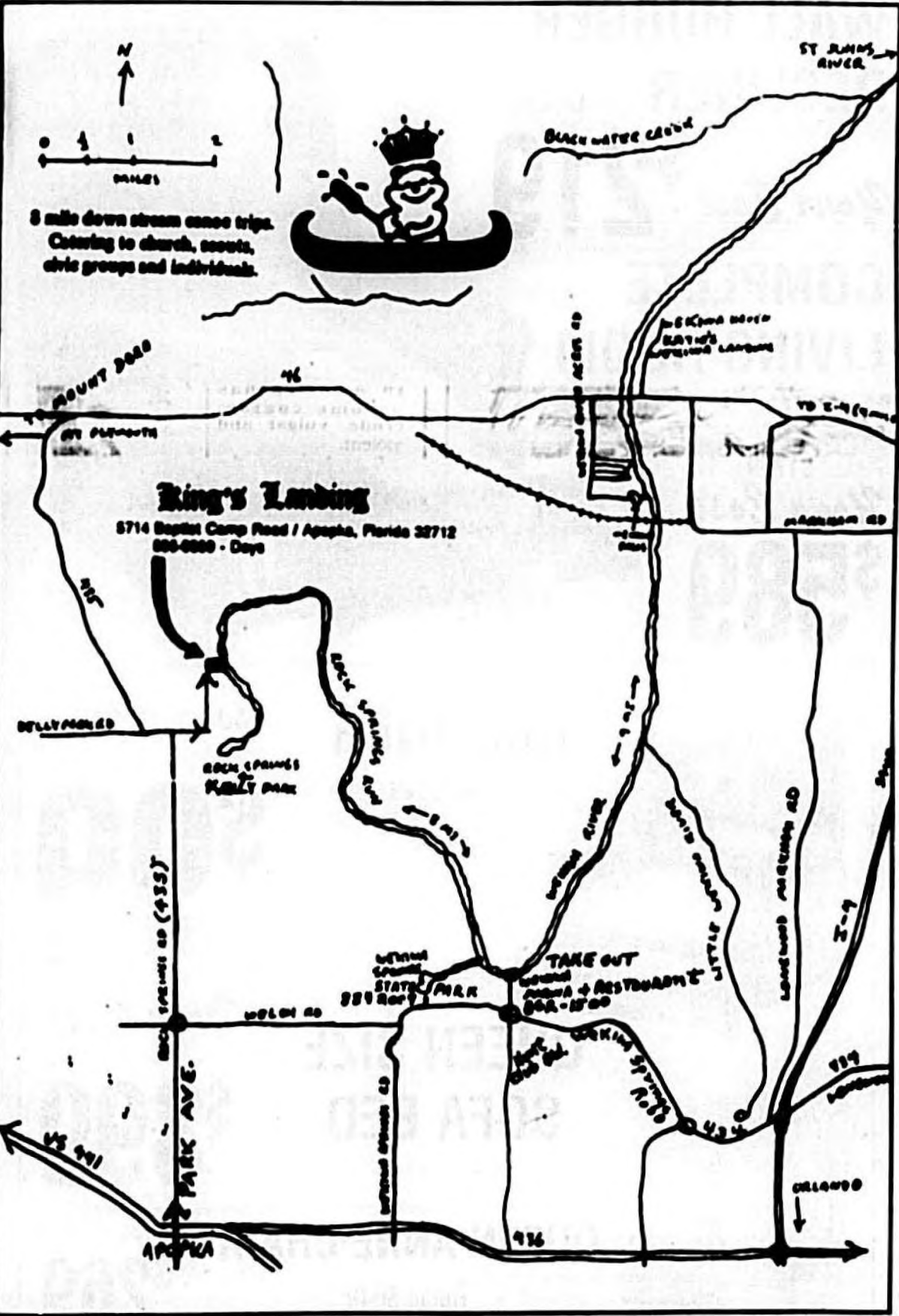
In an 18-week study of mice, doses of resveratrol reduced the number of skin tumors by up to 98 percent when compared with skin cancers on control mice that did not receive the compound.

When added to cultures of human leukemia cells,

resveratrol stopped the production of abnormal cells. Pezzuto said the action, in effect, turned a culture of cancer cells into a culture of normal cells.

Resveratrol, in addition to inhibiting all stages of cancer, also blocks inflammation and causes no toxic reaction.

Resveratrol is found in 70 different plants, including mulberries and peanuts, but grapes and grape products are the richest source, Pezzuto said. All wines have some resveratrol, he said, but the highest concentration is in red wine — the type linked to lowering heart attack risk.



Seaplane

Continued from Page 1A

possibly 45 minutes to an hour before the plane went down. One of the men on board the plane was heard to comment that they had been making practice landings, "and this time when we set down," he said, "the pontoons and nose went

down, the tail went up, and over we went."

Sheriff's Capt. Bill Armstrong of Tactical Air Operations, interviewed Ulrich and Lowery. A written report of the accident will be sent to the Federal Aviation Authority, which will determine if any action will be taken against him.

The aircraft was to be taken to the Orlando-Sanford Airport, to await inspection by Federal Aviation Administration officials.

This morning, Sheriff's spokesman Ed McDonough said a check of Ulrich's pilot's license by the sheriff's Tactical Air Operations Division indicated he was not licensed to fly a seaplane.

Ulrich reportedly told deputies he would be out of the country beginning today and would let his insurance company supervise the salvage operations of the aircraft.

Alliance

Continued from Page 1A

members of Congregation Beth Am to the First Shiloh Church in Sanford where they will continue their discussion before heading out on a tour of the Goldsboro and Midway areas of Sanford.

"We think this is a great opportunity in which we can show our kids, who think a major tragedy is when the VCR doesn't work, what suffering and tragedy really are," Shapiro said.

Young people and adults will be a part of the tour, he noted. Everyone can benefit from the interaction, he said.

"Too often we take the poor and push them aside," Shapiro said. "If we don't see them, it's so easy to say they don't exist."

Jackson said he was pleased to be invited to be a part of the effort by the Jewish community. He said this is an opportunity for the two groups to learn how the other lives, what the other needs and how they can help one another.

"We have to learn how to work together," Jackson said. "We both need the other."

In addition to learning about one another, Jackson said, the two groups also plan to form political alliances and to work together on other projects.

"There is no end to what we can all do together," Shapiro added.

The rabbi said the visit from Jackson and his associates has generated a "greater response" than any other speaker they've had at their Sunday Connection.

"It wasn't the largest audience we've ever had, but it generated more interest than anyone else we've had to speak," he said. "After the program, those who came stayed to talk and plan and discuss."

The members of Congregation Beth Am will tour the economically disadvantaged neighborhoods on Feb. 23.

"That's just the first step," said Jackson. "We've got so much more to do."

WILLIAM ROBERT DAVIDSON

William Robert Davidson, 66, Mellonville Avenue, Sanford, died Tuesday, Jan. 7, 1987 in Fern Park. Born Sept. 2, 1940 in Hendersonville, N.C., he moved to Central Florida in 1968. He was an antique dealer.

Survivors include daughter, Jean Lynn Davidson, Old Saybrook, Conn.; son, William R. Jr., Old Saybrook; mother, Violet G., Sanford; twin-brother, Richard F., Sanford; one grandson. Gramkow Funeral Home, Sanford, in charge of arrangements.

BARBARA JEAN BOLT

Barbara Jean Holt, Rochester, N.Y., died Friday, Jan. 3, 1987 in Rochester Hospital. She was a Baptist.

Survivors include daughter, Jelena, Rochester; son, Jaimin,

Rochester, parents, William and Eloise Gilber, Altamonte Springs; brother, Waymon Franklin, New York; eight grandchildren.

Marvin C. Zanders Funeral Home, Apopka, in charge of arrangements.

SAMUEL ANTHONY MARTINA

Samuel Anthony Martina, 78, Stonewood Lane, Maitland, died Wednesday, Jan. 8, 1987 at Mariner Healthcare, Tusculum, Tenn. Born Sept. 23, 1918 in New Orleans, La., he moved to Central Florida in 1947. He was vice president of Double Envelope Corp., Miami. He was a former Sanford City Commissioner, past president of the Central Florida chapter T.R.O.A., member of Rotary and DAV in Sanford, and Central Florida chapter of L.S.U. Alumni Association. He was a veteran of

the U.S. Army during World War II.

Survivors include wife Mary Ellen, Maitland; daughters, Sandra Martina Mock, Auburn, Ala., Mary E. Mason, Norcross, Ga., Meredith Sturgeon, Lubbock, Tex.; sons, Stephen, Orlando, Chalender, Euleas, Tex.; nine grandchildren.

Baldwin-Fairchild Funeral Home, Altamonte Springs Chapel, in charge of arrangements.

HOLY BARBARA JEAN

Funeral services will be held Saturday, Jan. 11, at 11 a.m., at St. John Missionary Baptist Church, Altamonte Springs, with Rev. Samuel McCree officiating. Friends may call at the church Saturday morning from 9 a.m. until funeral time. Interment will follow in the Fern Park-Altamonte Community Cemetery, Altamonte Springs. Arrangements under the direction of Marvin C. Zanders Funeral Home, Apopka, "The People's Choice."

PHARMACY TOPICS

Dr. Abi J. Pokras, R.Ph.

Regular pap tests could be the key to controlling cervical cancer. Of the women diagnosed with the disease, half have never had a Pap test, and 10 percent haven't had one in the year.

New procedures to restore normal heart rhythm in those with atrial flutter are presented at an American Heart Association Scientific Session. It was held in the weeks instead of drugs.

Don't risk not jumping just to avoid knee damage, say researchers at the University of California at San Francisco. Comparing the knees of middle-aged runners and nonrunners, they found the runners developed no more osteoarthritis than the nonrunners.

New AIDS vaccine will be tested next year. The two-dose vaccine causes a 60% decrease in infection rates in monkeys. The vaccine is being tested in humans.

Vaginal cancer lower risk after than with for kids with hormone imbalances and genital needed attention, a study at Johns Hopkins found.

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Humanitarians honored by Columbia Medical Center

By VICKI BOGGS
Herald Senior Staff Writer

SANFORD — Working in a hospital setting, whether as an employee or as a volunteer, one has to be caring and kind.

Some, however, go above and beyond that calling.

Columbia Medical Center-Sanford annually honors those who they consider to be the Humanitarians of the Year with an award named in honor of Dr. Thomas F. Frist Sr., one of the founders of Hospital Corporation of America, the corporation which formerly owned the fa-

cility.

This year, Thelma Smith was named as the winner in the volunteer category, while Carol Proenza took top honors among the employees.

Frist was known for his deep caring for those with whom he worked and those who he served. He tried to make sure all those around him were cared for equally and that their needs were met.

The Humanitarian Award is given to an employee and a volunteer who mirror Dr. Frist's humanitarian spirit.

The winners, Ellen Rollins, a

spokesman for the hospital, said, have demonstrated themselves to be "dependable with consistent day-to-day performances and who have made a significant contribution to the improvement of patient relations."

Smith was described by some of those who voted for her as a "tireless and dedicated volunteer who is deeply respected by all the members" and as a "quiet angel with a smile that warms one's heart."

She has been a member of the Columbia Medical Center-Sanford auxiliary for six years. She has logged more than

\$4,500 hours of her time in a variety of areas, including the front desk and the gift shop.

She currently serves as co-treasurer and membership chairperson for the auxiliary and helped make 925 pillows for open heart surgery patients.

The retired bookkeeper from Harrisburg, Penn., she met her husband Marshall while working as an elevator operator in Akron, Ohio. They have two children, four grandchildren, two great-grandchildren and another on the way.

Proenza was described by those who nominated her as

"always cheerful and helpful" and as "very dedicated to her work and patients."

A native of Orlando and a graduate of the University of Florida, she is a registered dietician and a certified diabetes educator.

She has been at Columbia Medical Center-Sanford since 1981 when she began her career as a dietician. In 1987 she was promoted to the director of food services and in 1994 she became an educator in the Staff Development department, where hospital officials say she has

"excelled."

She has served as the team leader for the hospital's efforts to raise money for the Juvenile Diabetes Foundation. Last year, she rallied employees to donate more than \$2,500 to the cause.

Proenza has two daughters, Lynn and Kim, a son, Bobby, and a grandson, Christopher.

The winners each receive a framed certificate, a hospital shirt, a check for \$250 for themselves and another in the same amount for their favorite charity, and a bouquet of roses.

Perhaps the most prized of the awards is, however, a reserved parking spot.



Doug Sills, president and CEO of Columbia Medical Center-Sanford, congratulates volunteer Thelma Smith on being named as a winner of the Frist Humanitarian Award, as her husband Marshall looks on.

Herald Photos by Tammy Vincent



Lynn Proenza is proud of her mother, Carol Proenza, who was a winner of the Frist Humanitarian Award, as hospital president and CEO Doug Sills looks on.

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Gas tax refund sham uncovered here

From wire and staff reports

Officials say a decade-old phony "gas tax refund" offer has been revived again. Fake forms have been circulating in the Orlando area as well as in Miami.

The bogus forms promise \$78 refunds to motorists who held Florida drivers licenses in 1976, 1977 and 1978.

Chris White, with State Attorney Norm Wollinger's office in Sanford said he was not immediately aware of any reports on the fake forms being distributed in the Sanford or Seminole County area.

According to Trish Spillane, a spokeswoman for Attorney General Bob Butterworth, "This is something that's been going on since at least 1987. We've gotten bags of mail on it in the past. Now it looks like it's starting again."

The form, bearing no letterhead, instructs drivers to fill it out, get it notarized and send it to the Capital Department of Legal Affairs, Anti-Trust Division.

The attorney general's office received the forms — sometimes a few at a time and other times hundreds — for several years, Spillane said.

Since those duped aren't asked to part with any money, the scam is fairly harmless. Most

people apparently receive copies of the forms innocently from friends who think they are onto something good, Spillane said. Persons who may have come

in contact with the fake forms are urged to contact the State Attorney's office in Sanford or their nearest law enforcement agency.

NOTICE OF CHANGE OF LAND USE

NOTICE IS HEREBY GIVEN that the city of Lake Mary Local Planning Agency will hold a public hearing to discuss a small scale amendment to the City's Comprehensive Plan Future Land Use Map. This meeting will be held on Thursday January 16, 1987 at 7:00 p.m. at Lake Mary City Hall, 100 North Country Club Road, Lake Mary, Florida at 7:00 P.M.

The property to be considered for the small scale amendment is approximately 5.0 acres in size. The applicant is requesting a change in future land use designation from Seminole County Industrial, to The City of Lake Mary Industrial. The property is located 1433 feet west of Lake Emma Road and Greenway Boulevard, more particularly described as follows:

The south 873.5 feet of the North 1078.7 feet of the West 248 feet of the East 498 feet of Government Lot 2, Section 24, township 20 south, range 29 East, Seminole County, Florida.

Parcel No. 24-20-29-300-004A-0000

A copy of the Comprehensive Plan, Future Land Use Map and proposed amendment are available for inspection in the Community Development Office, Lake Mary City Hall, 100 North Country Club Road, Lake Mary, Florida, Monday through Friday, from 8:00 A.M. until 5:00 P.M., or you may call 324-3049 for information concerning this amendment.

Interested parties may appear and be heard regarding the proposed amendment or written comments may be filed with the City Clerk at 100 North Country Club Road, Lake Mary, Florida.

NOTE: PERSONS ARE ADVISED THAT A TAPED RECORD OF THIS MEETING IS MADE BY THE CITY FOR ITS CONVENIENCE. THIS RECORD MAY NOT CONSTITUTE AN ADEQUATE RECORD FOR THE PURPOSES OF APPEAL FROM A DECISION MADE BY THE CITY. ANY PERSON WISHING TO ENSURE THAT AN ADEQUATE RECORD OF THE PROCEEDINGS IS MAINTAINED FOR APPELLATE PURPOSES IS ADVISED TO MAKE THE NECESSARY ARRANGEMENTS AT HIS OR HER OWN EXPENSE.

Persons with disabilities needing assistance to participate in any of these proceedings should contact the City's ADA Coordinator at least 48 hours in advance of the meeting at (407) 324-3024.

City of Lake Mary, Florida
Carol A. Foster
City Clerk

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Sports

B

IN BRIEF

LOCALLY

SHS alumni baseball players

SANFORD — Seminole High School is looking for former players to take part in the annual Alumni Baseball Game that will be held on Saturday, January 18th at 11 a.m.

Men's, Church, Co-Ed softball

SANFORD — The Sanford Recreation Department is offering the following Adult Polar Bear Softball Leagues starting next week: men's, women's, co-ed, and church.

Lake Mary softball

LAKE MARY — The City of Lake Mary will be conducting a Polar Bear Softball season at the Lake Mary Sports Complex. The 10-week leagues will begin the week of Jan. 13, 1997.

Youth Football meeting

SANFORD — Sanford Youth Football Association will be holding a planning meeting for the 1997 season this Saturday, January 11th, at 3 p.m. in the Education Building at First Shiloh M.B. Church.

Sanford Little League sign-ups

SANFORD — Registration for the Spring 1997 leagues offered by the Sanford Little League, Incorporated will be held this Sunday (Jan. 12) and the next two Saturdays (Jan. 11 and 18).

PONY League registration

FIVE POINTS — Registration for the Spring 1997 leagues offered by the Seminole PONY Baseball League will be held this Saturday, Jan. 11, between 10 a.m. and 2 p.m. at the PONY Complex, Highway 419, just 1/2-mile east of 17-92 in Winter Springs.

Altamonte Springs softball

ALTAMONTE SPRINGS — The Altamonte Softball Academy will offer its first Junior Olympic Girls Fast Pitch Program this spring for girls ages 9-14.

Altamonte Springs baseball

ALTAMONTE SPRINGS — Altamonte Springs Babe Ruth Baseball will hold registration for both boys and girls this Saturday, Jan. 11 from 9 a.m. to 3 p.m. at Eastmonte Park Civic Center.

Softball league offered

SANFORD — The Central Florida Outreach Recreational Softball League is now forming their Winter Men's and Co-Ed softball seasons.



NATIONAL BASKETBALL ASSOCIATION 10 p.m. — TNT, Spurs at Pistons, (L) INTERNATIONAL HOCKEY LEAGUE 10 p.m. — SUN, Detroit at Orlando, (L)

Lake Mary girls soar Big second half carries Rams past Seminole

By JEFF BERLINCKE Herald Staff Writer

SANFORD — Let's see, how to best describe the first half of last night's battle of unbeaten between the Seminole and Lake Mary girls basketball teams...

Slow? That's a good start. The teams went into the half tied 7-7. Yea, 7-7. Sloppy? Pretty good effort. Neither team could find the basket and that's when they could even get a shot off. As often as not, the ball was rolling out of bounds as turnovers mounted more than the score.

down to seven players as Lyndsey Keeler and leading scorer Dana Merrick missed the game with injuries.

Lake Mary coach Carl Brown had his whole team available, it just looked like they didn't all show up at times.

Brown put a different spin on it. "I think it was a matter of two very good teams having so much respect for each other that we missed too many easy baskets," Brown said.

At least for the first half. With the score knotted at seven and after Brown made his displeasure known at halftime, Lake Mary finally started to look like Lake Mary.

Sophomore superstar Lauren Bradley began dominating play inside on her way to a game-high 14 points as she towered over the smaller Seminole team.

Shemika Stokes led the Seminoles almost single-handedly with 11 points but Merrick's absence was too much to overcome on a night

when Seminole needed every weapon it could have.

"We played hard," Seminole coach Sylvester Wynn said. "We just got into some situations we haven't been in before. Dana was hurt but we still have to come out and play."

The teams that came out to play went until just 3:40 remained in the first quarter before scoring. Finally, Stokes hit a layup but Bradley countered with a jumper for the Rams. Each team added a field goal to close the first quarter but Lake Mary's Leah Sutton's three-point play in the second quarter was all Lake Mary could manage.

Now that each team got last night out of its system, they can concentrate on Seminole Athletic Conference and district play. A trip to Ocala-Kissimmee awaits the No. 4 Class 5A state-ranked Lady Noles (13-1) next Monday and No. 5 Class 6A state-ranked Lake Mary (15-0) travels to always-tough Tavara tonight.

Seminole also gets another shot at Lake Mary when it travels to their place Jan. 30.

More close games in youth hoop play

From Staff Reports

SANFORD — The Sanford Recreation Department 1996-1997 Youth Basketball League returned from the holiday break with several close games in the Dan Pelham Gymnasium at Sanford Middle School.

Junior Prep Division: Hunter Concrete (3-0) topped Webb Furniture (1-2) 24-17; Big Dip Ice Cream and Eatery (3-0) doubled the score on First Union (0-3) 18-9; and Rich Plan (2-1) downed ABB Power Distribution (0-3) 21-18.

Senior Division: Video Vault (1-2) won its first game over ABL Business Equipment (1-2) 32-27; Sharp Fence (3-0) edged Sunniland Corporation (2-1) 39-38; Knights of Columbus (3-0) tripped Panta USA (0-3) 49-38; and American Legion (1-2) nipped A-OK Tire (1-2) 37-35.

This Saturday's schedule is: Junior Prep Division: 8:30 a.m. — Rich Plan vs. Hunter Concrete and ABB Power Distribution vs. First Union; 9:30 a.m. — Big Dip Ice Cream and Eatery vs. Webb Furniture.

Senior Division: 9:30 a.m. — Sanford Paint & Body vs. Sunniland Corporation; 10:30 a.m. — Sanford Electric (1-1) vs. All American Construction and Hardecas vs. Rich Plan; 11:30 a.m. — Fleet Reserve Ladies Auxiliary vs. Bell South; Fleet Reserve Branch 147 has the week off.

Senior Division: 12:30 p.m. — Sunniland Corporation vs. Video Vault; 1:30 p.m. — Sharp Fence vs. ABL Business Equipment; 2:30 p.m. — American Legion vs. Knights of Columbus; 3:30 p.m. — Panta USA vs. A-OK Tire.

See Youth, Page 2B

Anthony Anderson 0 17 1, Max Lohr 0 0 0, Anthony Taylor 1 2 1, James Rushing 0 0 0, Totals 17 17 17

HUNTER CONCRETE (3-0) Joseph Mitchell 3 0 4, Andrew Redding 0 0 0, South Rivers 2 0 2, Tommy Gray 1 0 2, Earl Loveland 1 0 2, Scott Lambert 0 1 2, Robert Valtos 0 0 0, Lamar Cox (MVP) 2 0 0, Amanda Weingarten 0 0 0, Totals 14 14 14

FIRST UNION (0-3) Jim Krummel 0 0 0, Eyo Ricker 0 0 2, Joe Reed 2 0 2, David Jones 1 0 2, Jonathan Mangum (MVP) 1 1 2, Totals 4 1 7

WEBB FURNITURE (1-2) Kenny Scott 2 0 2, Curtis Stokes 0 0 0, Jason Fisher 1 0 2, C. Wynn (MVP) 1 0 0, Jeremy Elliott 0 0 0, Brandon Lawson 1 0 2, Brian Lewis 1 0 2, Troy Holt 0 0 0, John Sacco 0 0 0, Josh Arvold 0 0 0, Totals 10 0 10

ABB POWER DISTRIBUTION (0-3) Eric Bryant 0 0 0, Warner Williams, (MVP) 0 0 2, George Gaskin 0 0 0, Charles Wirtz 0 0 0, Shanna Wray 0 0 0, Kristina Adams 0 0 0, Kenneth Knight 0 0 0, Totals 0 0 2

RICH PLAN (2-1) Eric De Leon 0 0 0, Leonard Stiles Jr. (MVP) 3 0 0, Shelton Shios 0 0 0, James Pritchard 4 0 0, Dean Casey 3 1 2, Norma Mitchell 0 0 0, Kevin Rogers 0 0 0, Totals 10 1 11

SHARP FENCE (3-0) Bernard Patrick 1 1 1, Dennis Brown 0 0 2, Keith Wright 2 0 0, Matthew Muldrew 0 0 2, Clara Ewell 1 0 2, Clinton Neely 0 0 0, Byron Scott 4 0 0, Totals 11 2 10

KNIGHTS OF COLUMBUS (3-0) Anthony Colloid (MVP) 1 1 1, Mark McNeely 2 0 0, Reynold Taylor 1 0 2, David Sweeney 0 0 0, Justin McKinney 1 0 2, Timothy Maddox 2 2 2, Totals 12 3 12

BELL SOUTH (1-2) Jeremiah Stelm 0 0 0, James Seiders 0 2 2, Barbara Gray 0 0 0, Chancy Hampton 0 0 0, Tommy Beards 0 0 0, Demetrius Jackson 0 0 0, Derrick Haines (MVP) 1 1 2, Brett Martin 0 2 2, Michael Means 10 10, Totals 12 15 15

SUNNILAND CORPORATION (2-1) Roman Woodard 0 0 0, Omar Rivers 0 0 0, Ronald Williams 0 0 0, Terrell Harris (MVP) 10 2 2, Terrance Green 2 2 2, Wayne Works 1 0 2, Marcus Jones 1 0 2, Howard Lingard 0 0 0, Demetrius Smith 0 0 0, Totals 14 6 12

JUNIOR PREP DIVISION WEBB FURNITURE (1-2) Robert Anderson 2 0 1, Pat Bowers 0 0 0, Jeff Bowers (MVP) 2 2 2, Terrance Carr 0 0 0.



Seminole High School graduate Brad Traina scored 11 points, pulled down a game-high 19 rebounds and had a team-high three assists in UCF's loss at Centenary Thursday night.

Traina shines in loss

Associated Press

SHREVEPORT, La. — Seminole High School graduate Brad Traina had a big individual game, but Central Florida came up just short again in a 64-56 loss to Centenary in a Trans America Athletic Conference game Thursday night.

The Lake Mary resident netted 11 points, pulled down a game-high 19 rebounds and handed out a team-high three assists.

Herbert Lang scored 17 points and had seven of the Gents' 13 steals as Centenary (4-10) overall, 1-3 TAAC) snapped a six-game losing streak in winning its first conference game of the season, Central Florida (3-10, 0-3), which held a 59-34 rebounding edge against the Gents. It is still looking for its first conference victory.

Centenary, which made 42 percent of its field goal attempts, shot 40.7 percent to gain a 30-20 halftime advantage and then went

to its bench. The Golden Knights finished with 33.3 percent.

Zac Cazzell added 16 points and Reggie Love and Walter Camper contributed 10 apiece for the Gents. D'Quarius Stewart with 15 points and Harry Kennedy with 12 points led Central Florida.

CENTRAL FLORIDA (3-10)

Traina 11 19 3, Marlowe 0 0 0, Mike White 3 7 0, Kennedy 15, Stachler 12, Cuzzell 10, Camper 10, Foster 0 1 0, Hardman 0 0 0, David 0 0 1, Jerome 0 1 2, Totals 21 20 14

Centenary (4-10) Lang 17, Reed 12, Love 10, Camper 10, Stewart 15, Cazzell 10, Foster 0 1 0, Jerome 0 1 2, Totals 21 20 14

Centenary (4-10) Lang 17, Reed 12, Love 10, Camper 10, Stewart 15, Cazzell 10, Foster 0 1 0, Jerome 0 1 2, Totals 21 20 14

New leader in Church basketball

From Staff Reports

SANFORD — Sanford Covenant Community Church saw its unbeaten string come to an end as Scott Wade scored 28 points to lead Sanford First Church of the Nazarene to a 56-55 double overtime victory over the league leaders in the Sanford Recreation Department Adult Church Basketball League at the Dan Pelham Gymnasium at Sanford Middle School.

In the other games: Sanford Christian improved to 2-0 with a 46-44 overtime win over First Baptist of Sanford and All Souls Catholic claimed its first win with a 42-23 victory over the Sanford 1st United Methodist-Flames.

The standings are: Sanford Christian 2-0; Covenant Community 3-1; Sanford First Church of the Nazarene 2-1; Sanford First Baptist 2-2; Sanford All Souls Catholic Church 1-2; and Sanford First United Methodist-Flames 0-4.

In games tonight: All Souls takes on First Baptist at 6:30 p.m.; Sanford Christian battles Covenant Community at 7:30 p.m.; and the Flames challenge Nazarene at 8:30 p.m.

First United Methodist-Flames (0-4) Mark Darge 4 5 11, Dick Gough 0 0 2, Cliff Melvin 1 0 2, Matt Altomare

2 0 0, Paul Hamlin 0 0 0, Mike Kyle 0 0 0, Jim Thomas 1 0 0, Totals: 8 4 12

All Souls Catholic (0-1) Miguel Coronado 0 0 0, Alvin Viciosa 2 0 1, Bob Bertrand 1 0 2, Pete Babbush 2 0 0, David Bort 2 0 0, Paul Capulite 0 0 0, Jon Decker 2 0 0, Jason Huestner 0 0 0, Robert Isaac 0 0 0, Bill McDonald 1 1 2, Cory Nitzsche 0 0 0, Rob Norton 0 0 0, Tony Diaz 0 0 0, Totals: 19 16 42

Hoffman — All Souls 17, Flames 11, Three point field goals — Flames 3 (Darge 2), All Souls 2 (McDaniel 2, Bell).

First Baptist of Sanford (0-1) Tony Tichauer 4 1 0, Joe Caple 1 0 2, Terrance Fisher 1 0 1, Bernard Smith 1 0 2, Doug Hughs 2 0 2, Shaun Hill 4 0 0, Chris Bony 0 0 0, Chuck Isom 0 0 0, Totals: 19 21 40

Hoffman — Sanford Christian 28, First Baptist 17, Regulation — 30:29, Three point field goals — First Baptist 1 (Shiloway), Sanford Christian 1 (Hughes).

Covenant Community (0-1) D. Vindahl 7 7 16, C. Bird 4 2 11, Y. Seltzow 2 1 7, D. Straus 0 1 4, K. Brasher 0 1 1, T. Kelly 1 1 2, Totals: 20 12 36 55

Sanford First Church of the Nazarene (0-1) Scott Wade 11 4 28, John Rainey 0 0 1, Danny Watson 3 0 7, Billy Calabrese 1 0 2, Tommy Watson 2 0 0, Chris Rabone 3 2 5, Phillip Summerville 0 0 0, Vinca Howard 0 0 0, Totals: 20 11 44 66

Hoffman — Nazarene 21, Covenant 17, Regulation — 43:43, First Over-time — 30:35, Three point field goals — Covenant 2 (Kelly, Bird), Nazarene 1 (Wade 2, T. Watson, D. Watson, Calabrese).

Burkett garners Red Eye

Special to the Herald

SAMSULA — Lake Mary's Ronnie Burkett was the fastest qualifier and then outran a 21 car field to win the Late Model Red Eye 100 over Bobby Gill (Hooters Racing) at New Smyrna Speedway last Saturday night.

This week there will be a Demolition Derby in addition to a full race program of Late Models, Limited Late Models, Modifieds, Sportsman, Bombers, Mini-Sports and

See Racing, Page 2B

STATS & STANDINGS

WHAT'S HAPPENING

TODAY Prep Boys' Basketball

- Lake Howell at Orlo. Freshman, 4:30 p.m.; junior varsity, 6 p.m.; varsity, 7:30 p.m.
- Lyman at Lake Brantley. Freshman, 4:30 p.m.; junior varsity, 6 p.m.; varsity, 7:30 p.m.
- Seminole at Lake Mary. Freshman, 4:30 p.m.; junior varsity, 6 p.m.; varsity, 7:30 p.m.

Prep Girls' Basketball

- Lake Mary at Tavares. Junior varsity, 6 p.m.; varsity, 7:30 p.m.
- The Master's Academy at Luther. Junior varsity, 5:30 p.m.; varsity, 7 p.m.

Adult Church Basketball

- Polar Bear League at Sanford Middle School. All Souls vs. First Baptist, 6:30 p.m.; Sanford Christian vs. Covenant Community, 7:30 p.m.; 1st Methodist-Flames vs. First Nazarene, 8:30 p.m.

International Hockey League

- Detroit at Orlando Solar Bears, 7 p.m.

Prep Boys' Soccer

- Lake Brantley at Lyman. Junior varsity, 5 p.m.; varsity, 7 p.m.
- Lake Mary at Seminole. Junior varsity, 5 p.m.; varsity, 7 p.m.
- Orlo at Lake Howell. Junior varsity, 5 p.m.; varsity, 7 p.m.

Prep Girls' Soccer

- Melbourne at Lake Mary. Junior varsity, 5 p.m.; varsity, 7 p.m.
- Seminole in Buchholz Lady Bobcat Tournament at Gainesville, TBA

Prep Wrestling

- Seminole Athletic Conference Championships at Winter Springs High School, TBA

SATURDAY College Basketball

- men, University of Central Florida at South-eastern Louisiana, 8:05 p.m.
- Florida Southern vs. Rollins at Enyart-Alumni Field House. Women, 5:30 p.m.; men, 7:30 p.m.

JUCO Basketball

- Valencia Community College at SCC. Women, 6 p.m.; men, 8 p.m.

Youth Basketball

- Sanford Recreation Department at Sanford Middle School. Junior Prep: 8:30 a.m. — Rich Plan vs. Hunter Concrete and ABB Power Distribution vs. First Union; 9:30 a.m. — Big Dip Ice Cream and Eatery vs. Webb Furniture; Junior Division: 9:30 a.m. — Sanford Paint 'n' Body vs. Sunland Corporation; 10:30 a.m. — Rich Plan vs. Hardees and Sanford Electric vs. All-American Construction; 11:30 a.m. — Fleet Reserve Ladies Auxiliary vs. Bell South; Senior Division: 12:30 p.m. — Video Vault vs. Sunland Corporation; 1:30 p.m. — ABL Business Equipment vs. Sharp Fence; 2:30 p.m. — Knights of Columbus vs. American Legion; 3:30 p.m. — Pants USA vs. AOK Tire

International Hockey League

- Detroit at Orlando Solar Bears, 7 p.m.

Prep Boys' Soccer

- Tampa-Berkley Prep at Lake Mary, 1 p.m.

Prep Girls' Soccer

- Seminole in Buchholz Lady Bobcat Tournament at Gainesville, TBA

Prep Wrestling

- Seminole Athletic Conference Championships at Winter Springs High School, TBA

WESTERN CONFERENCE

Team	W	L	T	Pct
1. Houston	20	3	0	.870
2. Utah	17	4	1	.795
3. Denver	15	6	1	.708
4. San Antonio	14	7	1	.673
5. Dallas	13	8	1	.638
6. Phoenix	12	9	1	.603
7. Los Angeles	11	10	1	.568
8. Portland	10	11	1	.533
9. Sacramento	9	12	1	.498
10. Golden State	8	13	1	.463
11. Phoenix	7	14	1	.428

Eastern Conference

Team	W	L	T	Pct
1. Detroit	18	5	1	.773
2. Philadelphia	16	7	1	.690
3. Pittsburgh	15	8	1	.655
4. New York	14	9	1	.620
5. Washington	13	10	1	.585
6. Carolina	12	11	1	.550
7. Tampa Bay	11	12	1	.515
8. Florida	10	13	1	.480
9. Atlanta	9	14	1	.445
10. Boston	8	15	1	.410
11. Montreal	7	16	1	.375

NFL Standings

Team	W	L	T	Pct
1. Dallas	10	4	0	.714
2. Pittsburgh	9	5	0	.643
3. Cleveland	8	6	0	.571
4. Baltimore	7	7	0	.500
5. New York	6	8	0	.429
6. Cincinnati	5	9	0	.357
7. Denver	4	10	0	.286
8. Kansas City	3	11	0	.214
9. Houston	2	12	0	.143
10. San Diego	1	13	0	.071
11. Oakland	0	14	0	.000

College Football

Team	W	L	T	Pct
1. Miami	10	0	0	1.000
2. Oklahoma	9	1	0	.900
3. Texas	8	2	0	.800
4. Florida	7	3	0	.700
5. Alabama	6	4	0	.600
6. Georgia	5	5	0	.500
7. Michigan	4	6	0	.400
8. Wisconsin	3	7	0	.300
9. Oregon	2	8	0	.200
10. Washington	1	9	0	.100
11. Stanford	0	10	0	.000

Baseball

Team	W	L	T	Pct
1. New York	15	5	0	.750
2. Boston	14	6	0	.700
3. Los Angeles	13	7	0	.650
4. San Francisco	12	8	0	.600
5. Chicago	11	9	0	.550
6. St. Louis	10	10	0	.500
7. Philadelphia	9	11	0	.450
8. Cincinnati	8	12	0	.400
9. Pittsburgh	7	13	0	.350
10. Milwaukee	6	14	0	.300
11. Cleveland	5	15	0	.250

Baseball Standings

Team	W	L	T	Pct
1. New York	15	5	0	.750
2. Boston	14	6	0	.700
3. Los Angeles	13	7	0	.650
4. San Francisco	12	8	0	.600
5. Chicago	11	9	0	.550
6. St. Louis	10	10	0	.500
7. Philadelphia	9	11	0	.450
8. Cincinnati	8	12	0	.400
9. Pittsburgh	7	13	0	.350
10. Milwaukee	6	14	0	.300
11. Cleveland	5	15	0	.250

Baseball Standings

Team	W	L	T	Pct
1. New York	15	5	0	.750
2. Boston	14	6	0	.700
3. Los Angeles	13	7	0	.650
4. San Francisco	12	8	0	.600
5. Chicago	11	9	0	.550
6. St. Louis	10	10	0	.500
7. Philadelphia	9	11	0	.450
8. Cincinnati	8	12	0	.400
9. Pittsburgh	7	13	0	.350
10. Milwaukee	6	14	0	.300
11. Cleveland	5	15	0	.250

Baseball Standings

Team	W	L	T	Pct
1. New York	15	5	0	.750
2. Boston	14	6	0	.700
3. Los Angeles	13	7	0	.650
4. San Francisco	12	8	0	.600
5. Chicago	11	9	0	.550
6. St. Louis	10	10	0	.500
7. Philadelphia	9	11	0	.450
8. Cincinnati	8	12	0	.400
9. Pittsburgh	7	13	0	.350
10. Milwaukee	6	14	0	.300
11. Cleveland	5	15	0	.250

Baseball Standings

Team	W	L	T	Pct
1. New York	15	5	0	.750
2. Boston	14	6	0	.700
3. Los Angeles	13	7	0	.650
4. San Francisco	12	8	0	.600
5. Chicago	11	9	0	.550
6. St. Louis	10	10	0	.500
7. Philadelphia	9	11	0	.450
8. Cincinnati	8	12	0	.400
9. Pittsburgh	7	13	0	.350
10. Milwaukee	6	14	0	.300
11. Cleveland	5	15	0	.250

Baseball Standings

Team	W	L	T	Pct
1. New York	15	5	0	.750
2. Boston	14	6	0	.700
3. Los Angeles	13	7	0	.650
4. San Francisco	12	8	0	.600
5. Chicago	11	9	0	.550
6. St. Louis	10	10	0	.500
7. Philadelphia	9	11	0	.450
8. Cincinnati	8	12	0	.400
9. Pittsburgh	7	13	0	.350
10. Milwaukee	6	14	0	.300
11. Cleveland	5	15	0	.250

Baseball Standings

Team	W	L	T	Pct
1. New York	15	5	0	.750
2. Boston	14	6	0	.700
3. Los Angeles	13	7	0	.650
4. San Francisco	12	8	0	.600
5. Chicago	11	9	0	.550
6. St. Louis	10	10	0	.500
7. Philadelphia	9	11	0	.450
8. Cincinnati	8	12	0	.400
9. Pittsburgh	7	13	0	.350
10. Milwaukee	6	14	0	.300
11. Cleveland	5	15	0	.250

Baseball Standings

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8. Cincinnati	8	12	0	.400
9. Pittsburgh	7	13	0	.350
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11. Cleveland	5	15	0	.250

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11. Cleveland	5	15	0	.250

Baseball Standings

Team	W	L	T	Pct
1. New York	15	5	0	.750
2. Boston	14	6	0</	

Worship at the church of your choice



Anglican
TRADITIONAL EPISCOPAL
ANGELICAN CATHEDRAL
 3348 W. SR 426 (Aloma Ave.)
 (1/4 Mile off Greenway
 SR 417 Going East)
 Oviedo, Florida
 407-867-2376
 1928 Book Of Common Prayer
 Sunday Services
 8:00 a.m. Said Eucharist
 9:00 a.m. Sunday School
 10:00 a.m. Sung Eucharist
 (Nursery All Services)
 Weekday Services
 Daily Morning Prayer 8:30 a.m.
 Wed. Holy Eucharist 7:00 p.m.
 Fri. Holy Eucharist 12:00 noon
 All Prayer Book
 Holy Days 12:00 noon
 The Difference is Worth
 The Distance

Apostolic
THE WORD OF GOD
APOSTOLIC CHURCH
 407 Providence Blvd.
 Daytona, FL 32725
 Pastor Carol Ruth 407-574-0891
 Transportation line
 (leave message) 407-912-1268
 Sunday School 10:00 a.m.
 Morning Worship 12:00 noon
 Prayer & Bible Study 7:30 p.m.
 Wednesday's Prayer Hot Line
 407-574-0891 6:00-8:00 p.m.
 Radio Ministry
 WTRR 1400 AM
 9:00 a.m. Tuesday

Assembly Of God
FAMILY WORSHIP CENTER
 1770 W. Airport Blvd.
 Sanford, FL 32771
 407-322-9222
 Pastor
 Jeff Krall
 Sunday School 9:30 a.m.
 Worship Service 10:30 a.m.
 Wednesday Service 7:30 p.m.

FREEDOM
ASSEMBLY OF GOD
WORSHIP CENTER
 Old Zayne Plaza
 Office Hours 9-5
 Nursery Provided
 407-323-9898
 Pastor
 Randall Hall-Walker
 Sunday
 Christian Education Class 10:00 a.m.
 Morning Worship 11:00 a.m.
 Evening Worship 8:00 p.m.
 Wednesday Mid-Week Bible Study 7:00 p.m.
 Monday through Friday Prayer 1:00 to 2:00 p.m.
 Radio Time 7:00-7:15 a.m.
 Monday through Friday
 WTRR 1400 AM

ISRAEL
ASSEMBLY OF GOD
 Now Meeting at the Chapel
 at Teen Challenge Ministry
 Institute East
 5785 S. Sanford Ave.
 For Details Call 407-886-7880
 Pastor
 Rev. John Peasley
 Sunday School 9:30 a.m.
 Sunday Services 10:30 a.m.
 Sunday Evening Worship 8:00 p.m.
 Nursery Provided

COUNTRYSIDE BAPTIST
CHURCH
 Country Club Rd., Lake Mary, FL
 Pastor
 Avery M. Long
 Sunday School 9:45 a.m.
 Preaching & Worshiping 10:45 a.m.
 Bible Study 6:30 p.m.
 Sharing & Proclaiming 7:00 p.m.
 Wed. Prayer Meet 7:30 p.m.
 Sat. Mens Prayer Meet 8:15 p.m.
 Nursery Provided

PINECREST BAPTIST CHURCH
 801 East Airport Boulevard
 Sanford, Florida 32773
 Church Office 322-3737
 Tony Fink
 Sunday School 9:45 a.m.
 Morning Worship 10:45 a.m.
 Evening Worship 8:00 p.m.
 Wednesday 7:00 p.m.
 Mid-Week Worship Children's Church Thursday Vespertine 6:30 p.m.

FIRST BAPTIST CHURCH
OF LONGWOOD
 881 E. SR 434
 Longwood, FL 32750-4394
 (407) 326-3817
 Sunday
 Bible Study 9:30 a.m.
 Worship 10:45 a.m.
 8:00 p.m.
 Wednesday Worship 7:00 p.m.
 Nursery - All services & Deaf Ministry



Holy Cross Episcopal Church, 4th Street and Park Ave., Sanford

Model Photo by Tommy Wasson

Baptist
JORDAN BAPTIST CHURCH
 820 Uppala Rd. Sanford
 323 9072
 George Steed Pastor
 Sunday School 10:00 a.m.
 Morning Service 11:00 a.m.
 Evening Service 6:00 p.m.
 Wednesday Service 7:00 p.m.
 Old Truths for a New Day
PALMETTO AVENUE
BAPTIST CHURCH
 2626 Palmetto Ave.
 Sanford, FL 32773
 Rev. Ron Williams Senior Pastor
 Rev. Dennis Thomas Associate Pastor
 Rev. Charles Simpson Sunday School Superintendent
 Jay Williams Music Minister
 Brian Hudson Missions Intern
 Carlos Duncan Single Parents Director
 Frank Beasley Teen Director
 Early Worship Service 9:00 a.m.
 Sunday School Classes 10:00 a.m.
 2nd Worship Service 11:00 a.m.
 Family Worship Service 6:00 p.m.
 Mid-Week Service (Wednesday)
 Childrens Club 7:15 p.m.
 Adult Bible Study 7:30 p.m.
 Nursery for preschoolers is provided for all services
 Independent - Baptist
 Bible Fellowship
 Liberty Christian School (Preschool-12th grade)
FIRST BAPTIST CHURCH
OF SANFORD
 519 S. Park Ave. Sanford
 407-322-6041
 Sr. Pastor
 Dr. Wayne Harvey
 Minister of Music
 Rev. Tom Smith Sr. Adults
 Cynthia Wolfe Children Preschool
 Coordinator
 Melanie Taylor Daycare Director
 Sunday Worship 9:30 a.m.
 Sunday School 9:15 a.m.
 Discipleship Training 5:00 p.m.
 Evening Worship 8:00 p.m.
 Wed. Prayer Service 6:30 p.m.
 Nursery Provided
CENTRAL BAPTIST CHURCH
 3101 W. 1st St. Sanford
 (407) 322-2914
 Jimmy Dale Patterson Pastor
 Jerry Fugate Assoc. Pastor
 Jack M. Thomas Minister of Music
 Jim Pagan Minister of Youth
 Sunday School 9:30 a.m.
 Morning Worship 11:00 a.m.
 Evening Worship 8:00 p.m.
 Wed. Prayer Service 6:30 p.m.
WESTVIEW BAPTIST CHURCH
 4100 Pavia Road (46A)
 Sanford, Florida
 407-323-0523
 Dr. Dennis Littleton Pastor
 Sunday School 9:00 a.m.
 Morning Worship 10:00 a.m.
 Church Training 6:00 p.m.
 Evening Worship 7:00 p.m.
 Wed. Prayer Service 7:00 p.m.
CELEBRATION CHURCH
LAKE MARY
 128 W. Lakeside Ave.
 Lake Mary, Florida
 407-321-0210
 Dr. Kevin Chubb Pastor
 Sunday Morning
 Communion Service 10:00 a.m.
 Wednesday 7:00 p.m.
FIRST BAPTIST CHURCH
OF LAKE MARY
 Sunday
 Morning Worship 10:00 a.m.
 Lake Mary Community Center
 Sunday School, Bible Studies
 Youth & Childrens Chors
 Praise Room
 U.S. Army Post Office
 Kenny McKay Music
 Phone (407) 331-6239
 Church Office
 1380 W. SR 434
 Longwood, FL 32750

Catholic
ALL SOULS CATHOLIC CHURCH
 800 Oak Ave. Sanford, FL
 407-322-3795
 Father Richard W. Trout Pastor
 Sat. Vigil Masses 4:00 & 5:30 p.m.
 Sun. Masses 7:45-10:30 & 12 a.m.
 Spanish Mass 9:00 a.m.
 Confession Sat. 3:00-3:45 p.m.
 Weekly Mass 8:00 a.m.
ST. THOMAS MORE CHAPEL
 Traditional Roman Catholic
 Tridentine Latin Mass
 1st and 3rd Sunday
 of each month 6:00 p.m.
 Confessions heard before ea. Mass
 Located at the
 Garden Club of Sanford
 300 Palmont Dr., Sanford
 (407) 872-1007

Christian
FIRST CHRISTIAN CHURCH
 (Disciples of Christ)
 1807 S. Sanford Ave. Sanford, FL
 Rev. Dr. Martha Rutland Walis
 Sunday School 9:45 a.m.
 Gospel Sing Along 10:45 a.m.
 Worship 11:00 a.m.
 Coffee Fellowship After Worship
 All Are Welcome Here
 Nursery Available

Church Of Christ
LONGWOOD CHURCH OF CHRIST
 1018 Hwy. 17/82 1 mi. N/O Hwy 434
 323-5833, 999-0632, 804-756-3176
 Sun. Worship - 10:30 a.m. & 8 p.m.
 You are invited to visit, study, and
 worship with us in the near future. A
 friendly greeting always awaits

Church Of God
CHURCH OF GOD
 801 W. 22nd St., Sanford, FL
 407-322-2942
 Rev. Wesley Baker Pastor
 Sunday School 9:45 a.m.
 Morning Worship 10:50 a.m.
 Evangelistic Service 6:00 p.m.
 Family Enrichment
 Service Wednesday 7:00 p.m.

Episcopal
HOLY CROSS
EPISCOPAL CHURCH
 401 Park Ave. Sanford, FL
 Telephone 407-322-4811
 Rev. C. Alfred Cole, Jr.
 Rev. Christopher B. Young
 Assisting
 Holy Eucharist 7:30 a.m.
 Holy Eucharist 10:00 a.m.
 Nursery & Preschool 10:00 a.m.
 Tuesday 7:00 a.m.
 Wednesday 10:00 a.m.
 Thursday 7:30 p.m.

ST. PETER'S
EPISCOPAL CHURCH
 The Rev. S. L. Borge, Pastor
 Sunday
 Holy Eucharist 8:00 a.m.
 Christian Education - All Ages 9:00 a.m.
 Holy Eucharist 10:00 a.m.
 Children's Church (Education Wing) 10:00 a.m.
 Nursery Begins at 9:00 a.m.
 Through 10:00 a.m. Service
 Wednesday: Holy Eucharist 7:00 p.m.

Christian Science
FIRST CHURCH OF CHRIST
SCIENTIST, LONGWOOD
 875 Markham Woods Road
 Corner of E.E. WILLIAMS ROAD
 407-322-4884
 Rev. Thomas P. Tkachuk Minister
 Sunday School 9:30-10:30 a.m.
 Worship 11:00 a.m.
 Youth Meeting Sun. 6:00 p.m.
 Wed. Bible Study 7:15-8:15 p.m.
 Fellowship Dinner 6:00 p.m.
 Every 2nd Wednesday
 Every 1st Saturday, 8:00 a.m.
 Men's Club Breakfast
 Every 1st Saturday, 10:00 noon
 Children's Activity Time

Congregational
COMMUNAL
CHRISTIAN CHURCH (WACC)
 2401 S. Park Ave., Sanford
 407-322-4884
 Rev. Thomas P. Tkachuk Minister
 Sunday School 9:30-10:30 a.m.
 Worship 11:00 a.m.
 Youth Meeting Sun. 6:00 p.m.
 Wed. Bible Study 7:15-8:15 p.m.
 Fellowship Dinner 6:00 p.m.
 Every 2nd Wednesday
 Every 1st Saturday, 8:00 a.m.
 Men's Club Breakfast
 Every 1st Saturday, 10:00 noon
 Children's Activity Time

Eastern Orthodox
ST. JOHN'S EASTERN
ORTHODOX CHURCH
 2743 Country Club Road
 Pastor
 Rev. Donald Boice (407) 321-4183
 Church Phone 10:00 a.m.
 Divine Liturgy 10:00 a.m.
 Sunday School 10:00 a.m.
 Confession By Appointment

Fourquare
CORNERSTONE
CHRISTIAN FELLOWSHIP
LAKE MARY FOURSQUARE
 Lake Mary Elementary School
 Corner Lake Mary Blvd and
 Country Club Road
 Lake Mary, FL
 Tel. 407-323-8800
 Steve Ouseberry Pastor
 Sunday Worship 10:00 a.m.
 Nursery Provided

Inter-denominational
SEABALL AVE. CHAPEL
 3002 Seaball Ave.
 407-323-8902
 Pastor
 Jack Cox
 Sunday
 Morning Worship 10:00 a.m.
 Evening Service 6:00 p.m.
 Tuesday Evening Bible Study 7:00 p.m.

Non-Denominational
SHOWERS DOWN OF BLESSINGS
 201 Elm Ave. Sanford, FL
 407-321-4388
 Timothy Hudson Pastor
 Sunday School 10:00 a.m.
 Morning Worship 11:00 a.m.
 Tuesday Bible Study 7:30 p.m.
 Thursday Prayer 6:30 p.m.

PIONEER
METHODIST CHURCH
 (An Independent Fellowship)
 Corner of Wilbur Ave &
 Country Club Rd.
 Lake Mary, FL
 Rev. Carlton P. Scarborough, Pastor
 Morning Worship 10:00 a.m.
 Wed. Prayer Meeting &
 Bible Study 7:00 p.m.
 For Information Call 407-322-1360

Lutheran
LUTHERAN CHURCH OF
THE REDBERRIES
 (Intersect Greenway)
 2525 Oak Ave., Sanford, FL
 Rev. Elmer A. Routscher Pastor
 Sunday School 10:30 a.m.
 Worship Service 10:30 a.m.
 Information 322-3862 or 323-8810

Methodist
CHRIST UNITED
METHODIST CHURCH
 688 Tushar Drive
 (Corner Tushar Dr. & CR 427)
 Rev. Frank Blanton Pastor
 Telephone (407) 322-7920
 Sunday School 9:30 a.m.
 Inter-Mission 10:30 a.m.
 Morning Worship 11:00 a.m.
 Bible Study
 Thursday
 Morning Youth Fellowship 6:30 p.m.
 Saturday
 Children's Time included in Worship
 Nursery provided for
 Babies and Small Children
 "Small Enough To Love You -
 Growing In Christ To Serve You"

FIRST UNITED
METHODIST CHURCH
 419 Park Ave., Sanford, FL
 407-322-4371
 Clifford Malvin Pastor
 Daniel Baker Chair Director
 Morning Worship 8:30 & 10:30 a.m.
 Coffee Fellowship 9:30 a.m.
 Sunday School 9:45 a.m.
 Youth Fellowship 6:00 p.m.
 Women's Fellowship
 1st Monday 11:00 a.m.
 2nd Monday
 10:00 a.m., 2:00 p.m., 7:30 p.m.
 Men's Prayer Breakfast
 1st Thursday 6:30 a.m.
 Men's Fellowship Dinner
 3rd Thursday 6:30 p.m.
 Nursery Provided

GRACE UNITED
METHODIST CHURCH
 688 Country Club Road
 Lake Mary, FL
 407-322-1472
 David A. Lissner, Jr. Pastor
 Morning Worship 10:30 a.m.
 Sunday School 9:30 a.m.
 U.M.V.F.
 Nursery Provided For All Services

Methodist
FIRST CHURCH
OF THE REDBERRIES
 2881 Sanford Ave., Sanford, FL
 407-322-3122
 John J. Henson Pastor
 Sunday School 9:45 a.m.
 Morning Worship 10:45 a.m.
 Evangelistic Service 6:00 p.m.
 Mid-week Service Wed. 7:00 p.m.
 Youth Hour Wed. 7:00 p.m.

Presbyterian
FIRST PRESBYTERIAN CHURCH
OF LAKE MARY
 128 W. Wilbur Ave.
 Lake Mary, FL
 407-321-1821
 Rev. A.P. Steiner Pastor
 Church Prayer Meeting 9:15 a.m.
 Sunday School 9:45 a.m.
 Morning Worship 11:00 a.m.
 Youth Group 6:00 p.m.
 Wed. Choir Practice 7:00 p.m.
 Thurs. Youth Choir 6:30 p.m.

FIRST PRESBYTERIAN CHURCH
OF SANFORD
 Between 2nd & 4th St.
 & Park & Oak/Greenway
 Sanford, FL
 Phone 407-322-3888
 Fax 407-322-3884
 Pastor
 Rev. Bruce B. Scott
 Sunday Church School 10:00 a.m.
 Sunday Morning Worship 10:00 a.m.
 Nursery
 Senior High Fellowship
 Wednesday Family Night 6:00 p.m.
 Supper
 Youth Groups
 (Successors (K-4 Grades)
 Midweek (5-8 Grades)
 Adult Programs
 Wednesday 6:15 p.m.
 "Whole We Keep Your Name"

Lutheran
HOLY CROSS LUTHERAN
CONGREGATION OF LAKE MARY
 700 Sun Drive, Lake Mary, FL
 Pastor
 Paul Meyer
 Saturday evening 6:30 p.m.
 Contemporary Worship 8:00 a.m.
 Sunday morning Traditional Service
 Sunday morning 8:15 a.m.
 Contemporary Worship 10:30 a.m.
 Family Worship Service
 Nursery is provided at
 Sunday School for adults
 and children
 Bible Classes 7:30 p.m.
 Sunday evenings
 Holy Cross Story Hour Preschool
 For information Call 407-322-6797

6000 SHEPHERD EVANGELICAL
LUTHERAN CHURCH
OF SANFORD
FLA
 2917 Orlando Dr., Hwy. 17/82
 Phone 322-7213
 Sunday School
 Adult Bible Study 9:30 a.m.
 Worship Service 10:30 a.m.
 Nursery Provided

Presbyterian
MARSHALL WOODS
PRESBYTERIAN CHURCH
 6210 Markham Woods Road
 Lake Mary 407-323-9030
 Pastor
 Rev. Ernest H. Fleishman
 Sunday School, all ages 9:00 a.m.
 Church Services 9:00 & 10:30 a.m.
 Nursery Provided
 Youth Group, Sunday 9:30 p.m.
 Pre-School Mon. thru Fri. 9:10-12
 Monthly Family Night Supper
 Third Wednesday of
 Each Month 6:30 p.m.

WELFARE PRESBYTERIAN CHURCH
 211 Wahoo Springs Lane
 Longwood Pastor
 Rev. Dr. Graham Hooley
 Interim Pastor
 Church Services 8:30 & 11:00 a.m.
 Sunday School (All ages) 9:45 a.m.
 Nursery Provided

Seventh Day Adventist
SANFORD SEABARD
SEVENTH DAY ADVENTIST
 CHURCH
 5815 N. County Rd. 427
 Sanford, FL
 407-322-7810
 Sabbath (Sat) 9:15 a.m.
 Divine Worship (Sat) 11:00 a.m.
 Prayer Meeting (Wed) 7:00 p.m.
 After Bible (Wed) 11:15 p.m.

SANFORD SEVENTH DAY
ADVENTISTS
 800 E. Seaboard Street
 Sanford, FL 32771
 (407) 323-8848
 Pastor Jackson Duggett
 Phone (407) 788-1238
 Sabbath School 9:30 a.m.
 Divine Worship 11:00 a.m.
 Prayer Meeting
 Wednesdays 7:30 p.m.
 The Church Where Faith
 Works Through Love

Spiritualist
SPIRITUALIST CHURCH
OF ANAHESSIM, FLA
 2716 N. Chiefland Trail off
 of Seaboard Road, Orlando
 Sunday Service 10:30 a.m.
 Wednesday Service 7:30 p.m.
 Mini-readings 2nd Sunday
 September thru April
 For more info call 407-478-2888
 Co-Pastors Rev. Joan Lorch &
 Rev. Ann Ottobarger

U.C.S.A. SPIRITUAL CENTRE
 102 A Aspan Ave.
 Orange City, FL
 (Across from
 Blue Springs Auto Wash)
 Rev. Margaret Ann Schmidt Pastor
 Sunday
 Healing Service 10:00 a.m.
 Regular Service 10:30 a.m.
 Thursday
 All Message Service 7:30 p.m.
 Information on Church Functions
 and Spiritual Counseling
 Call (888) 228-2222

United
Church of Christ
LONGWOOD HILLS
CONGREGATIONAL CHURCH
 U.C.C.
 406 E. Williamson Road
 Longwood, FL
 407-323-8253
 Pastor
 Rev. Delph Alton
 Interim Pastor
 Sunday Worship 9:00 & 10:30 a.m.
 Nursery Provided
 Church School 9:15 a.m.

Unity
CHRIST CHURCH
UNITY OF ORLANDO
 502 S. Orange Ave.
 Orlando, FL 32801
 407-423-8866
 Pastor
 Rev. Phil Schneider
 Sunday 9:30 & 11:00 a.m.
 Wed. Prayer Service 7:00 p.m.
 Music by Coco Ramos

Wesleyan
WESLEYAN CHURCH
OF PALMA
 8880 Weymouth Dr.,
 Sanford, FL 32771
 (Off I-4 East 511) West
 First Street on Left - One Mile
 Leonard O'Donnell Pastor
 "Where the Gospel is Good News"
 Sunday School 9:45 a.m.
 Morning Worship 11:00 a.m.
 Evening Worship 6:00 p.m.
 Mid-Week Sing. Wed. 7:30 p.m.
 Please Share Your Life With Us

To List Your Church Services
 On This Page Contact The
 Advertising Dept. 322-2611

THANK YOU FOR PATRONIZING THE BUSINESSES THAT SPONSOR THIS CHURCH PAGE

<p>322-2188 SARON INS. SALES REP NO. DOOR TO DOOR PART TIME / FULL TIME 331-1193</p>	<p>JIM ROWE PEST CONTROL LOCALLY OWNED AND OPERATED RON RUSSI & STAFF 2626 Irloquois Ave. • 322-2070</p>	<p>(407) 320-1888 FAX (407) 323-3325 CENTRAL SYSTEMS S.E., INC. PARTY DEPOT DONNA CLARK 2828 BROOKHURST AVE. SANFORD, FL 32773</p>	<p>STENSTROM REALTY Patrick Stenstrom & Staff 322-2420</p>	<p>Baldwin-Fairchild Oak Lawn Park Country and Paved Home (Being re-constructed) THE SECURITY PLAN - 21/2 AC. IN 4th DISTRICT, LAKE MARY 322-4263</p>	<p>Laboratory NURSING CENTER A Long Term Skilled Facility Flexible Care Programs • Staff for the Ganger CHECK OUT OUR LOW RATES 940 S. SEABOARD FL, SANFORD 407-322-8707</p>
<p>WELLS The Pharmacy America Trusts Sanford's Only Drive Through PHARMACY 5886 S. PALMA AVE. 321-0518 (at Hwy. 40)</p>	<p>BRISSON FUNERAL HOME O.R. "Shorty" Smith and Bill Webber 9th St. and Laurel Ave. Sanford 322-2131</p>	<p>MARINER'S VILLAGE LAKE ADA 1 BEDROOM \$385 2 BEDROOMS \$445-\$470 323-8670</p>	<p>MINICER MOTORS CARS & TRUCKS SEE DIANA MINICER & EMPLOYEES 321-2993 1806 S. FRENCH AVE.</p>	<p>THIS SPACE AVAILABLE</p>	<p>BRAM BEAUTY SALON 519 E. 1st St. • Sanford 321-8580 BETTY WEBER</p>
<p>SANFORD ACE Hardware Stores SANFORD 801 E. SR 426 321-2588 LONGWOOD 2801 S. SR 427 322-4888 CANNONVILLE 2801 S. SR 427 322-7588</p>	<p>THIS SPACE AVAILABLE \$6.00 Per Week</p>	<p>Wishing You A Happy 1997</p>		<p>COLONIAL BOONE RESTAURANT 804 S. SR 427 322-4888 110 S. PALMA, SANFORD</p>	<p>CONG • 1/2 CONG • TRUCKLOAD ORDER FIREWOOD SPLIT EARLY 322-736-0461 DELIVERED & STACKED</p>
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<p>THIS SPACE AVAILABLE \$6.00 Per Week</p>	<p>Health Care & Rehab. Center Of Sanford A Superior Rated 114-Bed Skilled & Caring Nursing Facility. Located in the Heart of the City. 888 Melroseville Ave., Sanford 407-322-9988</p>	<p>Winn-Dixie Marketplace</p>	<p>A-1 TAIL & TUNING 2888 322-4888 888 S. PALMA AVE. SANFORD</p>		

Religion

IN BRIEF

Revival set

SANFORD — Victory Temple of God, 801 Pine Ave., will hold a revival January 13 to 17 at 7:30 p.m. nightly. Speaker for the services will be Bishop D.L. Grant from DeLand. He is the pastor/founder of Word For Right Now Ministries, 901 W. Seminole Blvd. in Sanford.

For more information call the church office at 330-0029.

Usher Board Anniversary

SANFORD — The Usher Board Number 1 of St. John M.B. Church, 920 Cypress Ave., invites the public to attend a celebration of its 75th anniversary service Sunday at 11 a.m.

Numerous songs of inspiration such as "Amazing Grace" and "Near the Cross" will be noted as the songs of inspiration for the day. The Rev. Ronald Critton of Eatonville will present the message.

For transportation and addition information regarding the program call Juanita Golden or Ethel J. Oliver at 322-7523.

Save labels

SANFORD — Sanford Church of Christ, 1500 S. Park Ave., is working desperately to save Campbell soup, V-8 labels, Prego spaghetti, Pepperidge Farms, Viasic and Swanson labels to purchase a church van. Members are short on funds so this alternative method can help provide transportation for youth activities, those unable to drive, running errands and visiting other church functions.

Anyone wishing to help with this effort please send labels to the church office at the above address at the zip code 32771 or call the church office at 322-7781.

Jeannette Stiffey will also pick up labels for those desiring to contribute. Please contact her at 322-8234. One million labels are necessary so much help is needed to make this goal a reality.

Choir workshop

LONGWOOD — The Orthodox Church of St. Stephen, 1895 Lake Emma Rd., will offer a choir workshop, conducted by Mark Bailey, Saturday at 9 a.m. For more information call the church office at 668-8020.

Music presented

SANFORD — The Emmanuel District Churches of God in Christ will present "A Night In Music" Saturday at 7 p.m. at Holy Trinity Church of God in Christ, 1405 Mangouline Ave.

For more information call F. Henderson at 323-9048 or Sheila Thomas at 240-8608.

Monte Carlo Night

LONGWOOD — The Church of the Nativity, 3255 N. County Road 427, will hold its 16th annual Monte Carlo Night on Saturday, February 8 at 7 p.m. A \$5 donation will cover admission, \$3000 "play" money and an auction to spend the winnings. The evening will include door prizes and lots of fun.

For more information call the church at 322-3961.

Relationship seminar

APOPKA — Forest Lake Seventh-day Adventist Church, 3801 E. Semoran Blvd., will hold a Relationship Seminar on Wed., January 15 from 7 to 9 p.m.

The seminar is designed to help individuals discover the tools needed to achieve lasting love and more meaningful relationships in their lives. It is being presented by Richard S. Brown, director of the Institute for Imago Relationship Therapy in Mainland. Brown is a pastoral and licensed mental health counselor with 15 years of clinical experience. He has appeared on the Oprah Winfrey Show and is in great demand as a public speaker on issues relating to psychological and spiritual growth.

Participants will learn to break from patterns (both good and bad) in their parents' marriage that have unknowingly internalized as their only acceptable relationship mode; learn and benefit from every past relationship; achieve the "mature and enduring love" that can greatly enrich their lives.

The cost is \$25 per couple and \$15 for singles. Child care is free.

For more information call Greg Cain or Terry Hall at 868-0680.

Senior's groups meet

LAKE MARY — Special programs for area seniors are available at two churches in the Lake Mary area.

A newly organized group will meet, for lunch, the second Friday of every month at Lake Mary Church of the Nazarene, at noon.

The church is located at 171 E. Crystal Lake Ave. For more information, call Bill at 322-1006.

A senior's group has been meeting twice a month this summer at the Orthodox Church of Saint Stephen, 1895 Lake Emma Rd.

The bi-monthly meetings are held on the second and fourth Wednesday for a covered dish luncheon, at noon, and then Bible study and fellowship.

For more information on the St. Stephen's group, call Mary Burke at 330-6391.

Recovery Program

ORLANDO — Fresh Start Recovery Programs offer free 12-step support groups "When the Pieces of Life Don't Quite Fit." These 12-step support groups are held each Thursday evening from 7:30 to 9 p.m. and are open to the public.

The groups meet in Fresh Start Hall at 1400 N. Semoran Blvd., Orlando. For more information call the office at (407)382-3232.

Donations needed

LONGWOOD — ACCEPT Pregnancy Center, Milwee Street, desperately needs maternity, baby and toddler clothing, beds, swings and other baby items for clients visiting the center. ACCEPT offers free pregnancy testing and information to women of all ages.

In addition to baby items the center will come to your home and pick-up any unwanted items for its thrift store. Proceeds from the store assists with the operation of the facility.

For pick-up or additional information call the office at 339-1844.

Adult care established

SANFORD — The First Spanish Assembly of God Churches of Sanford is planning to establish an adult day care center at its location at 911 Palmetto Ave. In order to assess the needs of the community for elder care a waiting list is being generated.

If interested please call 330-2024 to place a person in this study. The program will provide a bilingual program of singing, fellowship and special care at a reasonable fee.

COGIC hosts dinner at Omni

SPECIAL TO THE HERALD

SANFORD — Recently, Elder Eibert Lee Sheppard of Tallahassee, was promoted to the office of Bishop in the Church of God in Christ (COGIC) by Presiding Bishop Chandler D. Owens and the Churches General Board. The Consecration Ceremony was held during the 89th annual session of the Churches International Holy Convocation at its world headquarters in Memphis, TN.

COGIC is the largest predominantly black Pentecostal aggregation in the world with over 8.5 million member in some 56 countries. COGIC is presently under the leadership



Elder Eibert Lee Sheppard

of Presiding Bishop Chandler D. Owens.

Bishop Sheppard has served as senior pastor of the Watson Temple and St. John COGIC in Tallahassee for more than 40 years. He has also served as a guidance counselor in the Gadsden County school system for more than 35 years. Affecting the lives of thousands, his ministry is geared specifically for young people.

He has the task of overseeing more than 80 churches around Florida, and will guide Western ecclesiastical Jurisdiction into the new millennium with programs that will encourage ethical and spiritual growth.

He is joined by his wife and

five children, four of whom are members of the clergy. He follows Bishop M.L. Sconiers who resided in Orlando, and pastored Malone Memorial COGIC which experienced massive growth under his leadership before he passed away in March.

All are welcome to join the COGIC family as he is saluted Bishop Sheppard at an inaugural dinner celebration where the Bishop Chandler D. Owens will address many religious, civic and government leaders. This will be held Sat., Jan 18 at the Omni Rosen Hotel on International Drive at 4 p.m.

For more information contact Johnny Lingo, Sr. at 295-5194.

Westview performs play



Damon Willow portrays Isaiah in photo left and in photo right, Joseph and Mary are played by Clay Littleton and Lori Welborn in a musical presentation recently performed at Westview Baptist



Church, 4100 Paola Rd. "City of Light" featured a play and musical background with elaborate costumes, props, sound and lighting.

Pastor shares how to meet the New Year

SANFORD — Why has mankind found it necessary to celebrate the beginning of a New Year?

The answer to that lies somewhere in the spiritual instincts of man. From ancient times he has known that progression is built into the foundations of the universe.

The Hebrew people were keenly aware that the God of creation gave new days and new years with new responsibilities.

Time is life.

A new calendar tells us we have been given a fresh gift to build our lives as they ought to be. The problem is we carry our old selves into the New Year. So how can anything change?

We can accomplish personal alterations only with love and help from God. We can have the best year ever if we put seven scriptural principles to work everyday in our lives.

1. Forget about yesterday. Phil. 3:13,14.

2. Don't worry about tomorrow. Phil. 4:6.

3. Make today count. Deut. 32:25.

4. Help every person you can. Gal. 6:10.

5. Keep your heart pure. Matt. 5:8.

6. Renew your strength daily. Isa. 40:31.

7. Act on God's promises and commandments. Phil. 4:8,9.

Why not make a fresh start and let your life hum for God.

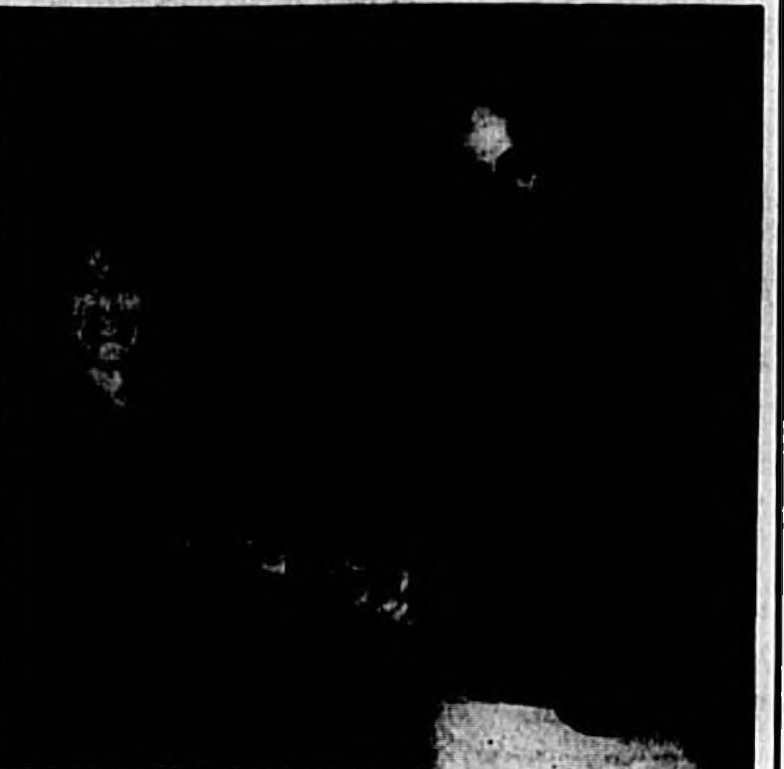


Pastor Wesley Esher Sanford Church of God

Worship celebration held



Numerous people recently enjoyed a worship celebration at Lake Mary City Hall. Photo left, three unidentified individuals



shared in the festivities while photo right, musical and singing performances entertained the crowds.



EPIPHANY

Epiphany is a feast day older than Christmas itself, for it was observed as early as A.D. 194. Celebrated on 6 January by the Church, Epiphany commemorates the revelation to the Gentiles of Christ as Savior, portrayed through the coming of the Three Wise Men.

Neither death nor life
will be able to separate
us from the love of God.

Romans 8:38-39

BLONDIE

by Chic Young



BEETLE BAILEY

by Mort Walker



THE BORN LOSER

by Art Sansom



PEANUTS

by Charles M. Schulz



Eek & Meek

by Howie Schneider



TUMBLEWEEDS

by T.K. Ryan



ARLO AND JANIS

by Jimmy Johnson



FRANK AND ERNEST

by Bob Thaves



GARFIELD

by Jim Davis



ROBOTMAN

by Jim Meddick



Drug therapy is worth the discomfort

DEAR DR. GOTT: I was diagnosed with breast cancer and had part of my breast removed, followed by six weeks of radiation therapy. Fortunately, none of the lymph nodes under my arm contained cancer cells. Now, my oncologist wants to prescribe tamoxifen. However, I am reluctant to take it because of the risk of other cancer or blood clots. Your opinion, please.

DEAR READER: Depending on whether a breast cancer is sensitive to estrogen as determined by special tests on the biopsied specimen, most specialists urge women with this disease to take tamoxifen, an anti-estrogen drug. This is standard procedure, and I encourage you to heed your oncologist's recommendations.

You had a serious disease that, happily, did not spread to the lymph glands. You should be cured, after surgery and radiation. Nonetheless, you are at increased risk for another breast cancer. The purpose of tamoxifen is to prevent this by blocking the effects of estrogen. (As you know, many breast cancers are worsened by estrogen stimulation.)

True, tamoxifen is associated with a wide variety of side effects — including hot flashes, vomiting, liver inflammation, blood clots, and others, which are diagnosed by examination and blood tests.

However, such reactions are not common, and I believe that the benefits of tamoxifen far outweigh the disadvantages. Uterine cancer has been reported in women on tamoxifen but, if you're willing to undergo periodic gynecological examinations, this should not be a contraindication.

In short, follow your oncologist's advice.

To give you more information, I am sending you a copy of my Health Report "Breast Cancer and Disorders." (Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to: P.O. Box 2017, Murray Hill Station, New York, NY 10156. Be sure to mention the title.)

DEAR DR. GOTT: I'm writing to thank you in your assertion that doctors will provide care for free to those who cannot pay for it. Just this spring I found myself with no money and had trouble meeting my bills. I developed a sinus infection. I was able to pay for a visit to my doctor and an inexpensive antibiotic the first time around.

When the infection came back, I had no money for an office call. I phoned my doctor and explained the dilemma. He offered me samples at no charge (to my surprise) and his nurse was kind and gentle to my pride when I stopped by the office to pick up the antibiotic.

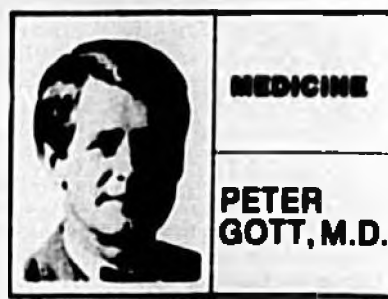
Unfortunately, the infection came

back one more time and I hesitated to ask for help again. But I was treated with kindness and tact. I'm grateful to my doctor for addressing my physical and emotional needs. I now know there are very kind people out there willing to help.

DEAR READER: Thank you for writing and sharing an experience that should, in my opinion, be the norm. Unfortunately, all too often the health care industry is insensitive to the needs of people who most desperately require medical care.

Since I wrote my original column, I received several letters from readers whose experiences were not as pleasant as yours. One hospital representative even went so far as to say that "charity care" was against the law.

I think that this attitude is a crock. Most good doctors that I know supply free care (and drug samples, bless



PETER GOTT, M.D.

those samples!) when appropriate. This is the reason I believe that patients should make an effort to develop a close relation with their own family physicians.

At times of stress (and financial burden), it is precisely these practitioners who can help patients "over the hump," act as advocates for their patients and do what we are supposed to do: make people better.

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ACROSS

- Roast beef
- Concert halls
- Cleveland's state
- Opening
- Jackie's 2nd husband
- of Mexico
- Alternate
- Ram's horn
- Actress — Adorée
- Colored (one's tears)
- Ice homes
- Fiber plant
- Chemical suffix
- Openings
- Man's title
- Aug. hours
- House
- Health resort

DOWN

- Hop bin
- Measuring sticks
- Optimistic
- Seleskie
- Shows displeasure
- Brief movie scene
- Ring
- Actress Lupino
- Close
- Pollster Popper
- Comparative suffix
- Baseball's — Speaker
- Actor Ayres
- Trots
- No
- Farm building
- Encumber
- Moines
- Vestibule

7 — Grows in Brooklyn

18 Fenton

12 Rubbish

17 No fls., — or buds

19 Slept

22 Have goals

23 —

24 Wonderful life

26 Catcher

28 Old map abbr.

27 Slice

29 Gun grp.

30 Working world

31 Flame extinguishers

36 Inventing remark

38 Stim

40 Run off to marry

42 Program

43 Actor Grecco

44 — and book

45 Seasoned product

47 Washing —

48 Title

49 Not fast

50 Roman women

51 — (cocktail)

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WIN AT BRIDGE

Old play, older river

By Phillip Alder

Samuel Taylor Coleridge, who died in 1834, isn't known as a seer, but he made an excellent prediction of the future in this verse:

The river Rhine, it is well known,
Doth wash your city of Cologne,
But tell me, nymphs! what power divine
Shall henceforth wash the river Rhine?

The Rhine must be one of the dirtiest rivers on the planet. Yet Cologne survives, which is where this deal was played. It contains a well-known but oft-missed move. How should the play go in three no-trump after West has led a low spade?

Declarer started with eight top tricks: two spades, three hearts and three clubs. There were two possibil-

ties for the ninth. To find a 3-3 heart split or to establish a diamond. Of course, if the hearts weren't 3-3, diamonds would have to be declarer's raft to the shore. But having to lose the lead twice in that suit would give the opponents the chance to flood declarer's vessel with spades.

Declarer ducked the first trick, won the spade continuation with dummy's ace, and called for the diamond five.

East's brain wasn't caught in a lock. To save his partner's entry, East floated his king onto the table. And when he won the trick, he led his last spade. Declarer won and turned to hearts, but East had that suit covered. With no choice, South played another diamond, but West won with the ace and cashed two spade tricks to defeat the contract.

No doubt West said, "Well defended," to his partner — or whatever it is in German.

North 01107

AKJ

KQT6

J985

Q65

West East

Q10812 J95

981 J1092

A2 K76

9843 1072

South

K76

A54

Q1043

AKJ

Vulnerable: Both

Dealer: South

North West North East

1 NT Pass 2 Pass

2 Pass 3 NT All pass

Opening lead: a 4

HOROSCOPE

Our Birthday

Saturday, Jan. 11, 1997

A rise in status is indicated for the year ahead. You will receive several exciting perks. Take advantage of any opportunities to enhance your social contacts.

CAPRICORN (Dec. 22-Jan. 19) Today you might be inclined to overcomplicate your assignments and tasks. This could produce poor results. Trying to patch up a broken romance? The Astro-Graph Matchmaker can help you understand what to do to make the relationship work. Mail \$2.75 to Matchmaker, c/o the newspaper, P.O. Box 1758, Murray Hill Station, New York, NY 10156.

AQUARIUS (Jan. 20-Feb. 19) The financial advice you give someone else today will be constructive and beneficial. Learn to take your own advice.

PISCES (Feb. 20-March 20) Do not limit your options today. Keep an open mind and make sure to listen to all suggestions. Examine every possibility before making a decision.

ARIES (March 21-April 19) If you work hard all day, you will achieve an important objective. This evening, romance will be in the air.

TAURUS (April 20-May 20) You must be sensible and prudent regarding your spending habits today. If you have any frivolous expenditures on your list, cross them off.

GEMINI (May 21-June 20) Adverse conditions might occur today that block you from achieving an important objective. However, if you regroup, victory will not elude you.

CANCER (June 21-July 22) Small irritations you would tolerate normally could be a source of annoyance for you today. Try to keep things in perspective.

LEO (July 23-Aug. 22) Do not let money become a sticky issue today between you and a close pal. Put friendship above worldly things and take the loss if it will resolve the problem.

VIRGO (Aug. 23-Sept. 22) You might renege later if you feel you've been pressured into making an agreement today. Save yourself the trouble by saying no right away.

LIBRA (Sept. 23-Oct. 23) A development at work that has caused you problems can be corrected today. The solution won't be ideal, but it will be an improvement.

SCORPIO (Oct. 24-Nov. 22) Try not to associate with an acquaintance today if the doesn't always operate out in the open. Do not let this individual mar your good name or image.

SAGITTARIUS (Nov. 23-Dec. 21) You must be willing to compromise today regarding a domestic crisis. Your concessions will make the situation better for everyone involved.

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by Leonard Starr

