



The Brooklyn Baseball Club announced that anyone bringing ten or more pounds of scrap metal to their ball park would be given a ticket to see them play, and this is what happened. Policemen are shown picking up 65 tons of scrap metal as 4,658 fans waited to be admitted to Ebbets Field. The salvage drive is still on for the rest of the season. (Central Press)



Here's an unusual photo of crew members of an Allied transport plane as they dumped supplies through an open door to American and Australian troops who are fighting Japs in the mountainous regions of New China. No roads cut through the wild country and all supplies must be carried to troops by natives on foot. (Central Press)



Former police officer Edward Connealy, of Santa Monica, Calif., was arrested yesterday by police here for the slaying of two Chinese women. He confessed to the slayings of two Chinese women and was held without bail. He was identified as a member of the organization of Dr. Robert T. Bailey, who was found driving the taxi in a car that had been used in the murder of two Chinese women. He informed police he and Bailey had taken refuge in Mexico City. (Central Press)

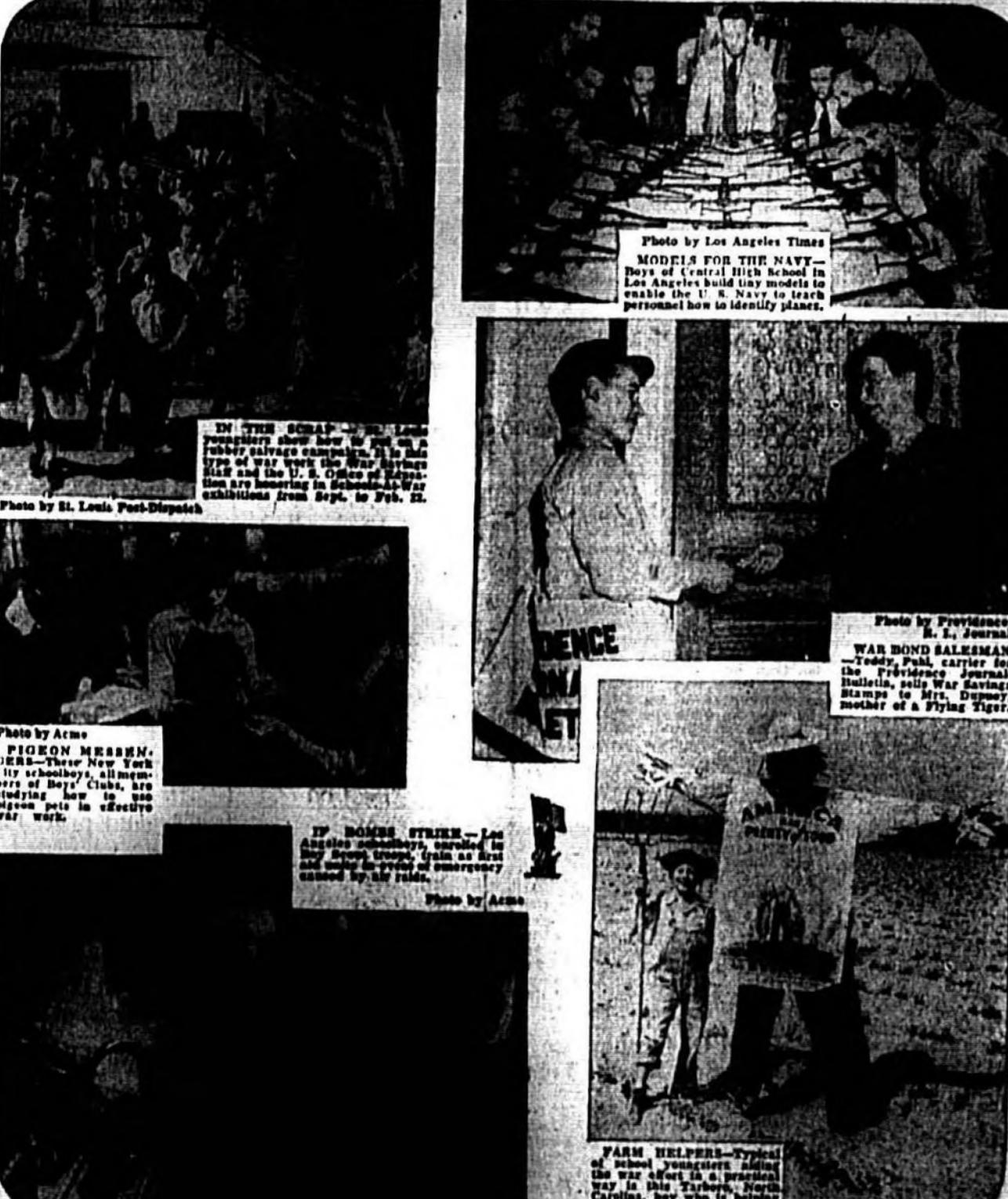


Constituting the D. C. District's new Democratic caucus is former governor Elwood Mead (left), who is the candidate for governor; Mrs. Mary McConaughy (right) is William Hanna, former speaker of the house, who presided at the meeting. Mrs. Hanna received the nomination 81 to 2 on a roll call vote. (Central Press)



The Treasury Department's War Savings Staff and the United States Office of Education values the schools of America for their patriotic service and resources; (2) to the school community needs and resources; (3) to the educational services of which are shown above. To this end, the two Federal agencies have organized a School-War program designed to schools on state capital.

SCHOOLS AT WAR AMERICA'S SCHOOL CHILDREN FORM OWN FIGHTING FRONT



U. S. WAR HEROES SPONSOR SCHOOLS AT WAR PROGRAM



Various war bonds are now being placed in school buildings in an effort to increase production. This is being done in cooperation with the American Legion, the Red Cross, and other organizations.

It is hoped that the schools will help to increase production.

It is hoped that the schools will help to increase production.

TUESDAY, SEPTEMBER 29, 1942.

THE SANFORD HERALD, SANFORD, FLORIDA

PAGE FIVE

Ritter Suggests Nutritious Foods For War Workers

MRS. ALEXANDER GEORGE WIDE World Food Editor

Many war workers as well as

housewives need

other strength-building nutri-

tents.

These are the main

things have really started hap-

pening as concerns our Service

Men.

Secretary of the C. I. O. Ed Higgins

and Contractor Charles H. Gandy

are to be honored at a luncheon

on Oct. 10.

Other strength-builders

are the following:

1. Eggs.

2. Milk.

3. Butter.

4. Cheese.

5. Potatoes.

6. Fish.

7. Meat.

8. Nuts.

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These House leaders are shown after a conference with President Roosevelt on anti-inflation legislation. They reported that they disagreed with the form of the legislation taken by the president. They are (l. to r.), front row: Rep. Henry B. Steagall, Rep. Albert Gore, and Speaker Sam Rayburn. In the rear (left), Rep. Brent Spence and Rep. Wright Patman. This is a phonograph record. (Central Press)



Here's an unusual photo of crew members of an Allied transport plane as they dumped supplies through an open door to American and Australian troops who are battling Japs in the mountainous regions of New Guinea. No roads cut through the wild country and all supplies must be carried to troops by plane or by natives on foot. (Central Press)



Former police officer Cyril Simmon, of Santa Maria, Cal., was responsible for the arrest of soldier Robert T. Bailey who, police say, confessed to the slaying of two Wisconsin social workers. Simmon became suspicious of Bailey when he saw him painting the tires on a car that had been stolen from the murdered women. He informed police and Bailey was taken into custody. (Central Press)

SCHOOLS AT WAR AMERICA'S SCHOOL CHILDREN FORM OWN FIGHTING FRONT

Photo by Los Angeles Times

MODELS FOR THE NAVY—Left, George Flato, 2, of Detroit, received from his son, George, Jr. (above), a note written just before the young Comedie went along with the raid on Dieppe, France. The father has just been notified that George and his brother, Arthur, are "missing in action." This is a phonograph record. (Central Press)

Photo by St. Louis Post-Dispatch

PICTON MERRIMAN—Three New York City school children, members of Boys' Clubs, are displaying new exhibits on war relief work to visitors at the 1942 War Bond exhibition from Sept. 1 to Oct. 12. (Central Press)

Photo by Acme

DR. RAYMOND STURGEON—Dr. Raymond Sturgeon, director of the New Haven, Conn., office of the War Resources Board, is shown with Mrs. John C. Sturges, his wife, during a recent visit to the city. (Central Press)

Photo by Acme

WAR BOND SALVATION—Wally Pohl, carrier for the Providence Journal-Bulletin, stamps a \$100 war bond to Mrs. Dorothy, mother of a Flying Tiger. (Central Press)

FARM HELPERS—Typical of school volunteers aiding the war effort in a rural way in the Van Wert, Ohio, area, boy who is helping his parents to increase food production, one of which is shown above. To give recognition to the services of the students in a national competition of AMERICAN SCHOOLS AT WAR, ID to give recognition to schools enlisting in the Schools-at-War program. The main award will be an original brick from Independence Hall, enclosed in an electrically lighted display case which will also contain a replica of the Liberty statue in front of the building. Other awards will be made available to schools in every state. The award for the top entry in each state will be used for touring every exhibition in participating schools and then permanent display in the state capitol. (Central Press)

U. S. WAR HEROES SPONSOR SCHOOLS AT WAR PROGRAM



Congratulating Mrs. Clare Booth Luce in Bridgeport, Conn., on her nomination as the Fourth District's congressional candidate is former governor Raymond E. Baldwin (left), who is the candidate for governor again on the G.O.P. ticket. Pictured in center is William Hanna, former speaker of the house, who presided at the nomination. Mrs. Luce received the nomination 84 to 2 on a roll call vote. (Central Press)



The Treasury Department War Service Staff and the United States Office of Education salute the schools of America for the magnificent job they have done in mobilizing their students and teachers for patriotic activities, particularly those of the Victory Garden campaign, one of which is shown above. To give recognition to the services of the two Federal agencies have organized a Schools-at-War program designed to further develop coordinated war services best suited to the community needs and resources; ID to make the American people see and appreciate the value of their efforts; and to encourage other areas of the country to participate in the program. Awardees will receive a plaque in a national competition of AMERICAN SCHOOLS AT WAR, ID to give recognition to schools enlisting in the Schools-at-War program. The main award will be an original brick from Independence Hall, enclosed in an electrically lighted display case which will also contain a replica of the Liberty statue in front of the building. Other awards will be made available to schools in every state. The award for the top entry in each state will be used for touring every exhibition in participating schools and then permanent display in the state capitol. (Central Press)



Mexico and the U. S. join hands in Los Angeles as First Sergeant R. E. Peterson and little Juan Estrada, 2, become pals during the celebration of Mexico's Independence Day. Vice President Henry A. Wallace and Mexico's Secretary of Interior Miguel Aleman were guests of honor. (Central Press)



Pictured laying the cornerstone of a large war munitions plant is Thomas J. Watson, president of International Business Machines Corporation. The ceremony took place at Endicott, N.Y. The plant will be the second one of its kind built by the company in that section. (Central Press)



Writer Suggests Nutritious Foods For War Workers

MRS. ALEXANDER GEORGE
Wide World Food Editor
Many war workers as well as school children have to look to simple lunches for a man-size meal of vitamins, minerals and other strength-building nutrients. Since sandwiches are the mainstay of most boxed meals, you can avoid monotony by varying the kinds daily. Variety also assures a wide assortment of protective foods which are needed to keep America strong.
Under \$1.00 a day, using whole-grain or enriched white bread for dinner, nut, raisin, peanut butter, and Boston brown breads offer appetizing sandwich diversions; and they need only butter or

cheese for filling.
Sliced cold cuts (salami, tongue, ham, bologna) are popular sandwich fillings. But a chop, piece of roast, steak or even liver saved from dinner makes good sandwich chow for heavy workers or active youngsters.
A hot lunch bagage puts zip in a lunch. A vacuum bottle makes it easy to carry hot soup, steaming vegetable juices, savory chowder, coffee or chocolate. To make sure that the lunch contains a good supply of vitamins, mineral-rich fruits like dried apricots, carrot strips or crisp cauliflower bits. Olives and pickles step up lunch appeal and are fine partners for sandwiches. For added nourishment, milk and cheese are important additions to the lunch bag.

The lunch kit for the heavy eater also may contain nuts, stuffed eggs or raisins. For dessert, put in gingerbread or Victory cookies (short on sugar), candy bars (good energy bars) and always at least one fresh fruit.

BODDED NUTRITION

A Week Of Lunchbox Menus

Monday

Chicken Sandwich with Lettuce

Boston Brown Bread Sandwich

Crisp Carrot Strips Sandwich

Hot Clear Vegetable Soup

Pears

Nut Candy Bar

Tuesday

Hot Tomato Juice in Vacuum

Cheese Sandwich on Whole-Wheat

Raspberry Jam on Enriched

White Bread

Apple

Chocolate Candy Bar

Edited Peanuts

Wednesday

Minced Liver and Salad Dressing

on Fried White Bread

Deviled Egg Sandwich on Graham

Bread

Hot Vegetable Jello on Vacuum

Ripe Olives

Raisins

Molasses Cake

Thursday

Steak Sandwich with Lettuce

Bacon-Cheese Sandwich

Cold Cuts

Hot Coffee or Chocolate in Vacuum

Soup Cream Honey Cookies

Friday

Mixed Fruits and Pickles

Sandwich

Peanut Butter

Bread and Butter Sandwich

Pickle Fudge

Orange

Hot Tomato Juice in Vacuum

Children Accident Policy

from age 2 At reduced rates!
1 Medical expenses \$500
2 Monthly dividends \$50
3 Death and limb ends at age 18
\$10,000
4 Accident death from \$100 and no
For additional information
C. M. Boyd & Company

DANCE Every Wednesday Night

KNOWLTON'S ORCHESTRA

We are also open for your dancing pleasure on Saturday Nights.

Sheriff's Recreation Center

SHORTS

4 Miles North of SANFORD on DELAND HIGHWAY

IF YOUR TASTE DEMANDS THE BEST IN

• LIQUORS

• SCOTCHES

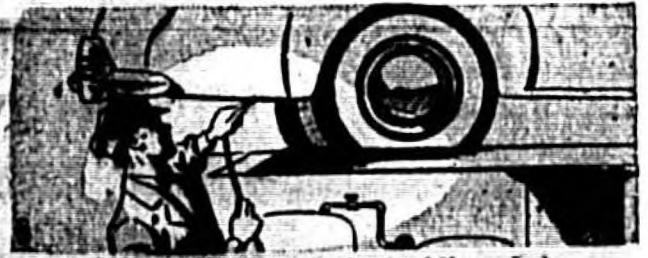
• WINES

BE SURE TO VISIT

NICK'S Package Store

616 SANFORD AVENUE
SANFORD, FLA.
Phone 8-4444
Department Store

DRIVE SAFELY and —



Have a Thorough Gulflex Job

When you have your car Gulflexed here, you can count on a complete job. Look after this and other services or repairs your car may need... It all comes under the heading of accident prevention! Come to

S. H. ENGLISH SERVICE STATION

2nd & PARK SANFORD, FLA.

Classified Advertisements

FOR SALE

LAKE HART CLOVER MUCK LANDS

Ready to plow. Water for irrigation. No drainage tax, guaranteed title. Sale \$25.00 per acre—Rental \$5.00 125 acres cultivated in 1942. Take any clover grown at lake Hart. J. W. Bell, Jr., Phone 6277, Orlando.

PLANTS ready to set now—P.L. Myers Market Exporter, Fla.

Grown and improved; World Bester pepper; and Georgia collards. J. W. Bell, Lake Monroe. Phone 16.

LIMBERG baby bed, good clean condition. \$10.00. Phone 624W.

All kinds of plants now ready for your Victory Garden. Charlotte, Bradford and Co. magnolia, Chinese hollyhock, Ochnia, Sweet potato, Sweet potato, J. W. Bell, Lake Monroe. Phone 15.

RENTALS

Two cottages, unfinshched, good location. \$10.00

CHARLIE Park.

One bedroom, quiet home, near 600 Myrtle Ave.

Small gas water heat-

er.

SITUATION WANTED

White woman wants a job as housekeeper in small family. Box D-26 Huron.

BUSINESS SERVICES

STORAGE

your car at Kent Garage. Special rate due storage.

TYPEWRITERS

Adding machines
Rentals, Service, Repairs

Hynes Office Machine Co. 314 Magnolia Ave. Phone 44.

MISCELLANEOUS

INSURANCE

fire, windstorm

automobile, burglary, compensation

etc. At a saving. C. M. Boyd & Co.

HELP WANTED

MALE OR FEMALE

Two ladies

any age or men over 10.

Must be healthy and industrious. Take orders for Watkins Products Charlotte and elsewhere. J. R. Haney, \$30 Maple, Daytona, Fla.

DRIVERS wanted

Apply Grey

Car Co. Office, 102 W. 2nd Street.

UNNUMBERED

woman, preferably white

for family of four. Apply Box M, Herald.

SITUATION WANTED

White woman wants a job as

housekeeper in small family.

Box D-26 Huron.

THE SANFORD HERALD, SANFORD, FLORIDA

NOTICE TO READERS

Invitations to call 211 and proceed

to the office of the newspaper are still but two low

or interrogate.

We know that anyone is free to come to the office to talk to us about anything and why and where we are located. We will be most pleased

to answer any questions you may have.

Our office is located at 102 W. 2nd Street, just across from the

newly built Post Office. We are open from 8 a.m. to 5 p.m.

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