



Crossword puzzle grid with clues for Across and Down.

Horoscope section by Bernice Bede Osol, featuring zodiac signs and their characteristics.

Win at Bridge section by Oswald and James Jacoby, discussing bridge strategy.

Spider-Man comic strip by Stan Lee and John Romita.

Doonesbury comic strip by Garry Trudeau.

Spider-Man comic strip by Stan Lee and John Romita.

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Confusion Over Blood Sugar

DEAR DR. LAMB - My doctor has suggested that I limit desserts and carbohydrates and have some protein mid-morning and afternoon. A blood sugar test two hours after breakfast was 60, normal being 60 to 110.

DEAR READER - Let me point out at once that the definition of the normal range for blood glucose is wrong. A large number of normal persons have values below 60.

And I don't agree with eliminating all your carbohydrates or most of them. You might do better to eliminate concentrated sweets and I'm sure that is what your doctor meant.

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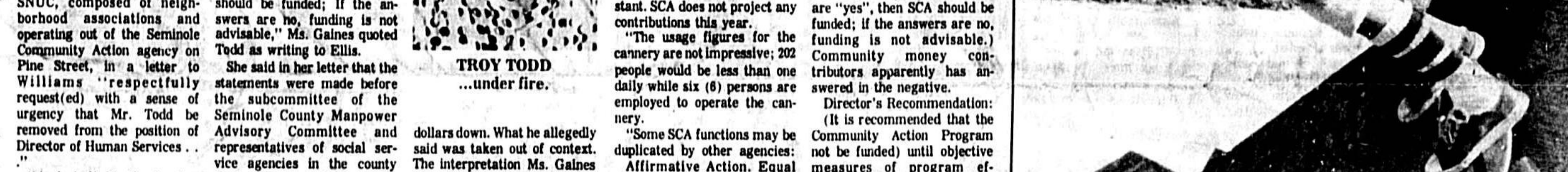
WILDFIRE!

17 Hurt As Flames Destroy Luxurious California Homes

SANTA BARBARA, Calif. (AP) - A brush fire fanned by gusty winds roared down from the Santa Ynez Mountains today, destroying expensive Spanish-style homes and threatening businesses in this picturesque coastal city.

Neighborhoods Council: Ax Human Services Director

By DONNA ESTES Herald Staff Writer The Seminole Neighborhoods Council (SNUC) has urged the removal of Troy Todd, the county's director of human services and director of the Seminole County Community Action Agency on Pine Street, in a letter to Williams.



Members of the county commission, Ms. Gaines cited a statement she said was made in writing by Todd to Robert Ellis, another county official.

Three Others Get Probation

By BOB LLOYD Herald Staff Writer A 41-year-old Sanford woman has been sentenced to 30 days in county jail for welfare fraud.

Woman Jailed For Welfare Fraud

By BOB LLOYD Herald Staff Writer A 41-year-old Sanford woman has been sentenced to 30 days in county jail for welfare fraud.

Today

Table listing today's events: Around The Clock, Bridge, Calendar, Comics, Crossword, Editorial, Dear Abby, Dr. Lamb, Horoscope, Hospital, OURSELVES, Sports, Television, Weather.

Sanford Phone Workers To Strike If Contract Talks Fail

By JANE CASSELBERRY Herald Staff Writer Members of the Communications Workers of America (CWA) employed by Southern Bell Telephone Co. in Sanford voted by a 9 to 1 ratio to join a nationwide strike against the Bell System Aug. 6 should contract negotiations fail to produce an acceptable agreement, union local president Randall Floyd said today.



BALLET ON WHEELS Robbie Benson, (above) and pal Wayne Woodson (below) demonstrate skateboard prowess on ramp they built themselves at 101 E. 27th St., Sanford. Both 12-year-olds wear protective gear in case of inevitable "wipeouts."



BALLET ON WHEELS Robbie Benson, (above) and pal Wayne Woodson (below) demonstrate skateboard prowess on ramp they built themselves at 101 E. 27th St., Sanford. Both 12-year-olds wear protective gear in case of inevitable "wipeouts."



# NATION IN BRIEF

## Kidnap Scheme Originated As Idea For Movie Plot

OSKLAND, Calif. (AP) — The kidnaping of 28 children and their bus driver came from an idea for a movie plot, according to reports published after the three young men accused of the bizarre crime pleaded guilty. The new information about the case came forward Tuesday following guilty pleas in Alameda County Superior Court by James Schoenfeld, 25, his brother, Richard, 24, and Frederick Woods, 25.

## Refugee Airls MIA Reports

WASHINGTON (AP) — A former member of the Vietnamese communist parliament is claiming he heard reports that some missing Americans are languishing in Vietnamese jails. Nguyen Cong Hoan, a teacher who fled from Vietnam to Japan in March and since has come to the United States as a refugee, told a House panel on Tuesday that he had "heard news" about Americans still listed as missing in action. Hoan admitted, however, that he has no direct knowledge that would confirm the MIA reports.

## Anti-Black Attitude Cited

WASHINGTON (AP) — Programs for America's minorities are being jeopardized by an anti-black attitude in the Carter administration and in Congress, the leader of the Congressional Black Caucus is charging. Rep. Parren J. Mitchell, D-Md., told the National Urban League convention on Tuesday he believes President Carter may be reacting too harshly to criticism of his policies by blacks.

# Suspect Nabbed In Sabotage

FAIRBANKS, Alaska (AP) — A 39-year-old miner has been arrested and charged with setting the explosives that state officials have branded "an amateurish attempt at sabotage" along the Alaska pipeline. Larry Wertz was arrested Tuesday night as he walked along the Elliott Highway, about 10 miles north of Fairbanks and only two miles from the explosion site. State troopers said Wertz was carrying a rifle and a pistol in a shoulder holster when he was arrested. Wertz, who works in a chain in an old historic gold-mining area, has never worked on the pipeline "as far as we know," said Lt. George Pollitt of the state police. "Information from citizens showed some knowledge of his activities led to his arrest," said Pollitt. Wertz was charged with malicious destruction of property and held on \$100,000 bail. The transmission of oil was not interrupted, pipeline officials said. The first crude oil flow from the Prudhoe Bay oil fields was expected to reach the ice-free port of Valdez late this afternoon, completing an 800-mile journey that began June 6. Pollitt said officers had obtained a search warrant to

# 5 Youths Arrested In School Burglary

Sanford police have arrested five juvenile boys in connection with a burglary at a county school office in which 1,000 anti-smoking message balloons and five tape recorders, valued at \$810 were taken.

A police spokesman said the boys, three age 13, one age 12 and one age 11, were arrested by detective Sgt. William Dube after the mother of one of the suspects contacted police with information on the burglary of the school board's westside annex offices at 215 Maple Ave. Officers said the tape recorders have been recovered but the balloons are still missing.

Sheriff's deputies today were investigating the apparent bombing of mailboxes at Ohio and Marquette Avenues near Sanford. Francis Tobin, of Sanford Route Two, told deputies his family heard a loud explosion about 10 p.m. Tuesday and found three rural

# Polygraph Exams Set In 'Brutality' Probe

State Atty. Douglas Cheshire met with members of Sanford's black community Tuesday night in connection with a probe of brutality allegations against police in the June 25 arrest of a juvenile stepson of a police officer. The Herald has learned that three Sanford officers were to be given polygraph examinations today as part of the state attorney's probe of allegations that officers beat and mistreated the stepson of officer John C. Moore after responding to calls that shots had been fired in a civil disturbance on Drew Avenue in the Washington Oaks subdivision. All six officers allegedly named in the \$7.7 billion pipeline, but they had no idea how much was used, Pollitt said. Pollitt said officials didn't know when the series of at least five explosions took place in a wooded area north of Fairbanks. They were reported Monday night. He said, however, that a trooper on patrol in the same general area early last Wednesday reported hearing a series of explosions. The trooper reported that he investigated but said he could not find the source of the explosions. He did not go onto the pipeline right-of-way, however, Pollitt said. "We can't conclude that those explosions at 3 a.m. were the same explosions involved in the pipeline, but we are checking that possibility," Pollitt said. Deputy Commissioner Larry Talbert of the state Department of Public Safety said that wires, batteries and what appeared to be a transistor radio had been found at the blast site. "It was an amateurish attempt at sabotage or some professionals trying to look like amateurs," Talbert said.

# Group Wants Todd Ousted

(Continued From Page 1-A) for a weathering project that includes the hiring of two carpenters, two carpenters' helpers and a supervisor. "I imagine Seminole Community Action has requests in for thousands of dollars for different programs," Williams said. Ms. Gaines' letter, said "Please know that this matter is of grave concern, and we bring this to your attention without fanfare or distrust. We realize that this is a volatile situation and can lead to a great deal of turmoil and unnecessary embarrassment. We want neither. Williams said he hopes the misinterpretation "doesn't escalate from here." Todd said that he and Rev. Amos Jones, executive director of SCA, are to meet Thursday to discuss the matter. "I see if we can come up with some kind of a program that would be considered effective by myself and Rev. Jones.

# Only Nuisances Bug 'Enterprise'

EDWARDS AIR FORCE BASE, Calif. (AP) — The space shuttle Enterprise has made its highest and last piggyback test flight before a solo launch Aug. 12. Some "nuisance problems" were reported during the craft's hour-long flight Tuesday stop a Boeing 747, but National Aviation and Space Administra-

## Action Reports

- ★ Fires
- ★ Courts
- ★ Police Beat

mailboxes near their residence had been blown apart.

Deputy Frank Johnson Jr., said the blast hurled wreckage up to 150 feet. He said fragments of "what seemed to be a pipe bomb" were found in the area.

Deputies are also investigating the theft of firearms from a barn owned by James Widdis, Route Two, Marquette Ave., Sanford. Investigators said a window was removed from the barn and listed as missing were a .32-caliber revolver and holster, a .22-caliber pistol with four 25-caliber



LEE MEANS WITH TRUSTY TYPEWRITER AND AWARD

# Her Fingers Do The Winning

By JANE CASSELLBERRY Herald Staff Writer

How does one get from "The quick brown fox jumps over the lazy dog" to top student typist in the nation?

Ask Lee Means and she will tell you "practice, hard work and more practice." A Florida Tech University (FTU) Senior, Lee was named the Number One typist in the nation recently at the 26th annual Phi Beta Lambda National Leadership Conference held in Denver, Colo.

According to Dr. Barry Siebert, her FTU instructor, who accompanied her to the conference, this was the first national title for the university's business education department.

Married and a resident of Altamonte Springs, Mrs. Means competed earlier this year in Tampa to win the state executive typist title. She also placed second in the executive secretary competition. All the states first-place winners were eligible to go on to the national competition in Denver, where Mrs. Means found herself up against representatives from nearly every state.

The hour-long competition was composed of eight problems a typist would find in an office that must be put in order of priority and executed. The competitors were judged on speed as well as accuracy in their problems. Mrs. Means types 115 words a minute.

When she wasn't attending meetings or lectures at the conference, she found time to sightsee and socialize with other Florida students.

The Florida delegation also took two other first places at the conference. In addition to being a member of the Phi Beta Lambda business fraternity at FTU, she is also a member of the National Leadership Honor Society, Omicron Delta Kappa. Majoring in business education, she hopes to teach typing after she graduates in December.

## CALENDAR

- WEDNESDAY, JULY 27
Casselberry Rotary, 7:30 a.m., The Caboose.
Oviedo Rotary, 7:30 a.m., The Town House.
Sanford Kiwanis, noon, Civic Center.
Sanford Seniors senior citizens dance, 2:30 p.m., Civic Center.
Sanford Optimist, noon, Holiday Inn.
THURSDAY, JULY 28
Diet Workshop, 10 a.m. and 7 p.m., Montgomery Ward, Interstate Mall.
Sanford AA, 8 p.m., 1201 W. First St.
Lake Mary Rotary, 8 a.m., Mayfair Country Club.
South Seminole Optimist, 7:30 a.m., Ramada Inn, SR 436.
Sanford Civitan, 7:15 a.m., Buck's.
Sanford-Seminole Jaycee branch, 7:30 p.m., Jaycee Building.
SISTERS, Inc., noon, Holiday Inn.
FRIDAY, JULY 29
Seminole South Rotary, 7:50 a.m., Lord Chumley's, Altamonte Springs.
Sanford-Seminole Jaycees, noon, Jaycee building.
Seminole Sunrise Kiwanis, 7 a.m., Sambo's, Sanford.
Tanglewood AA, closed, 8 p.m., St. Richards Church.
Longwood AA, closed, 8 p.m., Rolling Hills Moravian Church, SR 434.
Open house Big Tree East County Park off SR 419, 10 a.m. to 6 p.m.
Reunion for Lyman High School 1947-47 graduates, 7 p.m., tour of new Lyman; 7:45 p.m., tour of old Lyman (Milwee Middle School), where dance will be held in cafeteria at 8:30 p.m.
Diet Workshop, 10 a.m., St. Augustine Church, Casselberry.
SATURDAY, JULY 30
Sanford AA Women's Group, 2 p.m., 1201 W. First St.
Casselberry AA, closed, 8 p.m., Ascension Lutheran Church.
Seabee Veterans of America Island X-4, 10 a.m., CPO Club, Orlando Naval Training Center.
Flea market sale, sponsored by VFW Auxiliary 5405 of Winter Springs, beginning 9 a.m., Mallard Flea Market.
Spaghetti supper, 5-7 p.m., Congregational Christian Church fellowship hall, 2401 S. Park Ave., Sanford.
MONDAY, AUGUST 1
Free Blood Pressure Clinic, 7-8 p.m., 7th-day Adventist Church, Winter Springs.
Actioners Senior Citizens group, 1 p.m., Packwood Apartments clubroom, Maitland.
Altamonte-South Seminole Jaycees, 7:30 p.m., clubhouse, Spring Oaks and SR 436.
Lake Monroe Amateur Radio Society, 7:30 p.m., Sanford Chamber of Commerce.

drawing a full military retirement pension while at the same time drawing a check on the public payroll full-time. I suggest that his concern is both superficial and hypocritical," she said. Todd retired after 30-years service in the Navy, "dealing with people problems and people service problems." He has a master's degree in management and assumed his position with the county in January.

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# FLORIDA IN BRIEF

## Solar Energy Center To Award \$400 Grants To Homeowners

CAPE CANAVERAL (AP) — The Florida Solar Energy Center has begun accepting applications for 1,650 federal grants of \$400 each to Florida homeowners who install solar hot-water systems. Funding for the grant program in Florida and 10 other states is by the U.S. Department of Housing and Urban Development. HUD wants to encourage the use of solar energy to stimulate the industry and make solar energy more competitive with conventional fuels. The Florida Center at Cape Canaveral will select the recipients on a computer-based, random-selection process from applications expected to number in the tens of thousands, a spokesman said. The \$400 grants will not cover the total cost of installing solar water heating systems since a system for a family of four can cost from \$1,000 to \$2,000.

## Death Recommended

TALLAHASSEE (AP) — James Dupree Henry, a 27-year-old Death Row prisoner, should be put to death for suffocating an Orlando man during an apparent robbery, says the Parole and Probation Commission. The commission Tuesday told Gov. Reubin Askew that the state should carry out the death sentence handed down during Henry's 1974 Orange County trial. Askew and the Cabinet are empowered to grant clemency to Death Row prisoners after a commission investigation. Commission Chairman Charles J. Scriven said in a letter that "the commission ... finds no basis to recommend any alteration of the court-imposed sentence." He made no other comment about the commission's 65-minute interview with Henry in May.

## Nursing Homes Bar Auditors

TALLAHASSEE (AP) — The Florida Nursing Home Association has been accused by state officials of using stalling tactics to delay a state and federal audit of Florida's \$91 million Medicaid program. "It's an organized effort to stop us from getting in and looking at their books," said James Morrison, state medical program administrator. "To be afraid to show your books, it tells us something, doesn't it ... it looks like conspiracy, doesn't it?" Morrison said 19 Florida nursing homes flatly denied entry to federal and state accountants who came to audit their books. He said other homes allowed the auditors to enter the building, but refused to produce their books.

## Florida Executions Stayed

TALLAHASSEE (AP) — It will be at least a month before Gov. Reubin Askew can sign a death warrant that would send one of six condemned men to execution in Florida's electric chair. The Florida Supreme Court issued Tuesday an order that stayed all proceedings in death cases for a month to give the attorney for three of the condemned time to file an appeal with the U.S. Supreme Court. "I think they're trying to say you cannot execute these people in the next 30 days and thereby prevent them from getting a hearing in the highest court in the land because of the mechanics of getting a petition together," said attorney Ted Tripp of Miami.

# Woman Joins Race For Oviedo Council

A woman, the first to run for public office in many years there, and a former police chief and executive director of the Oviedo Chamber of Commerce, announced today that she will run for Oviedo's Sept. 6 city council election, according to City Clerk Nancy Cox. Mrs. Thelma Clements, former member of the Seminole Community College Board of Trustees, is running for the incumbent Charles Pratt for a seat on the city council. Pratt is seeking a second term on the council. Mrs. Cox said although some Oviedo residents recall that a woman ran once for the office of mayor during the years that the city was incorporated in 1925, no one can recall a woman ever having run for the city council there. For the mayor's office, Leon Olliff, owner of the office of the chief executive officer, declined to run for re-election. Candidates who did qualify,

# Expert Says 'Sunbelt' In Crime Explosion

TALLAHASSEE (AP) — Booming cities of the South and Southwest are suffering from a "Sunbelt syndrome" that is the doing of criminologists. Paul J. Brantingham, a professor at Florida State University, took the FBI Uniform Crime Reports for 1975 and ranked 250 U.S. cities according to their crime rates in seven categories. Instead of alphabetically. The results, released Tuesday, aren't encouraging to northerners who have made the Sunbelt the nation's growth region. "The medium-sized cities of the industrialized Northeast and Midwest come off relatively good," he said. "It's the Southwest and Arizona near the top." In fact, every one of the top 10 crime cities in Brantingham's analysis is in the South or Southwest. And Sunbelt cities dominate the top 10 in murder, rape, aggravated assault, burglary and theft while Snowbelt cities rank highest in robbery and auto theft. "It looks to me like a Sunbelt syndrome," he said in a telephone interview. "The areas that are engaged in massive growth produce social and physical settings in which all kinds of crime can go on. Growth creates several important social opportunities for crime." For example, four medium-sized Florida cities rank among the 10 cities with the highest per-capita theft rates in the nation. Daytona Beach and Fort Lauderdale rank No. 1 and No. 2 respectively. Only one northern city, Kalamazoo, Mich., falls into the top 10 in theft. "Florida's suburbs, its mobile population and its tourism also serve as invitations to the criminal," Brantingham said. "Burglaries seem easier to pull off in a suburban neighborhood accustomed to strangers moving in and out of the area." He noted that eight of the top

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Village Super Flea Market And Produce Mkt. THE PRODUCE CENTER OF CENTRAL FLORIDA. 1500 S. French Ave. (Hwy. 17-92) Sanford. MINI MERCHANT BLDO'S AVAILABLE. Remember, Summer Sales are now in effect at The Village Super Flea Market when on Wednesday and Friday tables start at \$1.00 and on Saturday and Sunday tables start at \$2.00. Drawings for door prizes are held every Sunday and most of the tables are covered. For more information or your space reservation. CALL 323-3434 or 830-8394. THE VILLAGE SUPER FLEA MARKET. CALL 323-3434 or 830-8394.

Sanford Increases Hospital Benefits. The Sanford City Commission, in line with the recent increase in room rates at Seminole Memorial Hospital to \$70 daily for an average semi-private room, has increased benefits for all city employees to match the new rates. Single employees' cost monthly for the additional coverage will go from \$22.78 to \$23.29, which the city will pay. Family coverage for the employees will be raised from \$54.85 to \$58.43 monthly. The city will pay the additional cost for the employees' portion of the charge while the employee pays for his family's coverage. pay the \$70 daily charge.

WEATHER. 8 a.m. readings: temperature, 75; overnight low, 73; today's high, 97; barometric pressure, 30.50; relative humidity, 80 per cent; wind, 10 mph. Partly cloudy through today, with chance of showers and evening showers. Tomorrow: high 95, low 75; cloudy with showers. Sunday: high 95, low 75; cloudy with showers. THURSDAY'S TIDES. Daytona Beach: high 6:29 a.m.; 7:04 p.m.; low 12:15 a.m.; 12:28 p.m. Port Canaveral: high 6:46 a.m.; 6:51 p.m.; low 12:33 a.m.; 12:47 p.m. Baysport: high 1:15 a.m.; 12:45 p.m.; low 6:25 a.m.; 7:21 p.m.

THE PIGGYBACK SPACE SHUTTLE ENTERPRISE. WE WANT TO WIPE OUT CANCER IN YOUR LIFETIME. AMERICAN CANCER SOCIETY. Evening Herald. Wednesday, July 27, 1977—Vol. 69, No. 291. Published Daily and Sunday, except Saturday and Christmas Day by The Sanford Herald, Inc., 200 N. Broadway Ave., Sanford, Fla. 32771. Second Class Postage Paid at Sanford, Florida 32771. Home Delivery, 35 cents; Month, \$1.40; 6 Months, \$14.20; Year, \$28.40. By Mail: month, \$2.70; 6 Months, \$14.30; 12 Months, \$27.40.



### F.E. Roumillat II, Of Pioneer Family

The death of Francis E. Roumillat II has saddened many Sanfordites to whom the name Roumillat is indeed a household word. It is a bitter irony that his death at 86 Monday came only days before the city's official commemoration of its Centennial, for the Roumillat family is truly a pioneer family in this community. Mr. Roumillat moved from Orlando to Sanford in 1893. He then began building his life and reputation. In succeeding years, he and his descendants have served the medical and pharmaceutical needs of countless residents of Sanford and surrounding areas. The upcoming Centennial celebrations can serve as an ideal time to recall the contributions of such pioneers as Mr. Roumillat and members of the such families whose dedication, devotion and loyalty to Sanford have remained undiminished through the years.

### They Who Serve

There is an awakening giant of mental energy which may turn out to confound the soothsayers of gloom. From many sides (mostly political) we hear little other than conservation of dwindling supplies to fuel our energy needs. The political menage is steeped in the socialistic concept of "what has been produced must be regulated, controlled and allocated without regard for the producers." The minds of those so oriented never seem to turn to the idea that there is a way which leads to greater production. And this will bring more for all who are willing to work for it. It is not strange that the political mind turns to allocation as a means to conserve. Most of those in politics, and many who simply follow, have tuned their minds out to any of the benefits made possible through profit motivation.

But those same misguided people may right now be inadvertently helping release that giant of mental energy. For there are thousands of alert, ingenious and industrious people who are seeing opportunities rather than gloom in the energy mess. These will not just sit by with envy, coveting what others before them have achieved. All the activities and pronouncements of the gloom boys serves only to alert those seeking new opportunities. Hardly a week goes by without a news story appearing that tells of successes in the realm of harnessing sources of energy in new and unusual ways. They may not offer instant solutions to long-standing problems, but they do point to the fact that we do not have an energy shortage per se. We have problems in harnessing energy for immediate viable use. Most of these problems have evolved from the activities of those same misguided souls who now spread the gloom. In their zeal to allocate, they have almost achieved a shut-off of the source of economic well-being for the nation.

They knew not, or cared not, for the health of the market place and the private enterprise system which has given the people of this nation the highest level of living in the history of mankind. They regulated and controlled the energy industry to almost the point of no return. Now their only solution is to invoke more of the same medicine they used to create the disease. But as they pontificate, debate and discuss the problems, they may, by accident help bring a cure. For those who can discern opportunity in adversity, the furor is serving to awaken latent talents and human energy. Perhaps by reaction, rather than action, "they serve who only stand in the way."

### BERRY'S WORLD



"Sometimes I wish we'd never SEEN MacArthur"

### Around



### The Clock

By MARVLIN SHEDDAN

High school students planning to attend Seminole Community College (SCC) really ought to spend some time studying the fine print in the catalog. There are some excellent programs available which, unless you happen to know to look for them, might be easily overlooked. There is, for instance, the "advanced placement program" for superior students. Through this program students may receive up to 36 hours of credit. These credits are received when the student satisfactorily completes examinations issued by the College Entrance Examination Board. There are also two plans available for the high school junior or senior who wishes to earn "delayed credits." Through these programs a student who has completed his junior year in high school may enroll for the summer term at SCC, and his credits will be validated immediately upon his graduation from high school. Seniors in high school who wish to get a head

### ANGLE-WALTERS Nominee's Integrity Questioned

WASHINGTON — President Carter's effort to reward a controversial political supporter with a \$50,000-a-year job on a federal regulatory commission already has produced embarrassment in the White House and probably will lead to rejection of the nomination in the Senate. There has been previous Senate resistance to a handful of Carter nominees, but each of those cases involved substantive differences over public policy. The new case, however, represents the first time the personal integrity of a Carter nominee has been called into question. The focus of that little-publicized but fast-growing dispute is Donald L. Tucker, the autocratic Speaker of the House in the Florida legislature and the first Democratic officeholder in the state to endorse Carter prior to the crucial 1976 Florida presidential primary. On June 15, Carter nominated Tucker to be one of five members of the Civil Aeronautics Board, which regulates the nation's aviation industry. But the Senate Commerce Committee, which must confirm the nomination, took no action on it for almost a month.

At the request of Sen. Howard W. Cannon, D-Nev., chairman of the committee's aviation subcommittee, the full committee met in an extraordinary secret session on July 14 for the purpose of examining the results of the legislative staff's investigation of Tucker's background. When the subcommittee members emerged from the 70-minute meeting, they refused to discuss what transpired except to announce that they had scheduled a public hearing on the Tucker selection for Sept. 1. The Democratic-dominated Senate has quickly and routinely approved most of Democrat Carter's previous nominations. The requisite committee hearings invariably are cut-and-dried affairs, seldom lasting more than a few hours.

But the committee's highly unusual postponement of hearings for almost two months was the tipoff to his reservations about Tucker's integrity, as was a Miami newspaper report several days earlier that Cannon "was told some of his colleagues privately that he saw enough in the FBI reports to make him wonder why the White House is going through with the nomination." The content of the FBI reports remains secret, but numerous investigative stories in Florida's major newspapers in recent years raise serious questions about Tucker's ethics and conduct.

According to one account, a land development partnership in which Tucker was a member received preferential treatment in obtaining a \$200,000 bank loan in May 1975 while Tucker was maneuvering the Florida House into approving a previously stalled bill to permit branch banking.

### JACK ANDERSON AND LES WHITTEN

## Overpopulation: Dooming Planet Earth?

WASHINGTON — The final Armageddon will likely come, in the opinion of intelligence analysts, not from nuclear holocaust but from the almighty crush of people. No less than the National Security Council has labeled the runaway population growth around the world as a "threat to our national security." The council called for population reports last year from U.S. embassies in 77 countries. These responses have now been summarized in a grim intelligence document. The study warns that the sheer mass of people already is beginning to stifle human life on this planet. Our ambassadors report that underdeveloped nations are running out of food to sustain their people. Living costs are skyrocketing, these nations into debt until they are unable to finance their own survival. The human encroachment, like a plague of locusts, is also devastating the land. "A majority of our ambassadors in Africa, Asia and some in Latin America, report large pockets of declining agricultural productivity due to widespread slash-and-burn farming, overgrazing and overcrowding," the study asserts. The cause: "population pressures." The same warning is echoed in an Agriculture Dept. report which declares urgently that, unless the world's population is contained, "there ultimately is no solution to the world food problem." The population bomb, warns the intelligence

study, will also produce a political explosion. In many countries, the U.S. embassies predict "rising unemployment and underemployment, with countless millions unable to eke out a living in rural areas, jamming into already overcrowded cities where living conditions for many are appalling." This "can only spawn social unrest with serious political and even potential strategic implications," the study stresses. By the year 2000, for example, Mexico City may be the most populous urban area in the world. In Mexico fears there may be 60 million Mexicans fleeing across U.S. borders within the next generation to escape the overcrowding. Yet there is "a widespread unawareness of the economic facts of life," states the report, "including wishful thinking that economic development will automatically resolve the population problem." A disturbing 67 per cent of the nations have no population policy at all. The U.S. population policy, for that matter, consists of shipping contraceptives abroad and supporting family planning programs. These efforts, contends the report, "will not help reduce population growth rates enough to avert a major disaster." Not in migration "the safety valve it once was for relieving population pressures," adds the study, "it will offer countermeasures of millions of destitute people if mankind is to be spared

disaster." Footnote: Rep. Frederick Richmond, D-N.Y., is leading a move in Congress to deal with the population problem. TEXAS TALE — The people who run nursing homes in Texas have made friends and influenced the right people from Austin to Washington. They appear to have a friend, for instance, in their governor, Dolph Briscoe, a wealthy rancher now in the statehouse, has received \$13,000 in campaign money from the Texas Nursing Home Association's political action fund. This may explain his indifference to nursing home abuses, which appear to be worse in Texas than in any other state. He has put together a licensing board which rarely acts against homes. "We don't lift many licenses," one board member admitted to our associate, Howie Kurtz, whom we sent to Texas to investigate the nursing home scandal. "We've had some people come before us that should have had their licenses revoked." A spokesman for Briscoe denied that the governor is influenced by his contributions. "He gets donations from a lot of people," the spokesman told Kurtz. The nursing homes have also helped to send several Texans to Congress. Reps. Omar Burleson, J. J. Pickle and Olin Teague, all

Democrats, have received generous contributions from the industry. But Sen. John Tower, a rootin' tootin' Republican, has also been blessed with nursing home money. The industry invested \$10,000 in the abortive presidential campaign of Sen. Lloyd Bentsen, D-Tex. But far more scandalous is the love affair between the nursing homes and the Texas legislature. Take Rep. Tim Von Dohlen, for example. He personally killed a bill to require more training for nursing home aides. A few months later, Von Dohlen opened his own nursing home in Aransas Pass, Tex. He conceded to Kurtz that the bill would have made nursing homes more expensive to operate. This year, Von Dohlen has pushed through a law forbidding the state from canceling a nursing home's contract without a hearing. He insisted that he supports good patient care but wants to ensure the process for owners. Two other state legislators, Rep. Arthur Temple and Sen. Bill Moore, have sold their nursing homes to National Living Centers, one of the largest chains in the country. "It's strictly a real estate deal. My involvement is to direct I don't consider it a conflict," Temple told Kurtz. Moore, who still owns another home, said: "I have other business interests. I'm not going to dismember myself just because I own a nursing home."

start on their education may combine classes at SCC with classes in high school, provided they take no more than six subjects (total) at any given time. For both those programs a student must have at least a "C" average in high school, must complete application to attend SCC, and must receive a high school principal's permission to participate in the program. Students who are still in their junior year of high school might wish to consider the early admission and advanced studies program. Through either one they might be accepted into SCC (or other colleges) instead of attending their senior year of high school. Students considering this program should apply early in their junior year, as a detailed set of documents must be received by the college three months prior to the term for which they seek admission. Students interested in this program must complete, in grades 10 and 11, the following courses: language arts (2 credits); mathematics (1 credit); physical education (1 credit or 2 credits if the course was not taken in the 9th grade); science (1 credit); social science (2 credits, including American history and American civics or Communism).

### DON OAKLEY Canada, U.S. Pipe Hook-Up

It looks as though Canada and the United States are about to link pipes, as it were, in one of the most extensive construction projects ever undertaken. The National Energy Board of Canada has approved an application by three Canadian companies and an American company to pipe natural gas from Prudhoe Bay in Alaska across three Canadian provinces to the American Midwest and West Coast. This should be good news to thousands of commercial and residential gas customers in the Great Lakes states, who've been shivering in their beds during cold-weather fuel shortages. It also should be good news to John G. McMillan, the Salt Lake City pipeline operator whose proposal to lay pipe along the Alcan Highway once was considered a long shot but now has strong backing in both Washington and Ottawa. Canadian Prime Minister Pierre Trudeau is expected to endorse the Alcan route over a competing proposal to build the pipeline across the Arctic National Wildlife Refuge. And it now seems likely President Carter will recommend the Alcan route to Congress by Sept. 1.

The Alcan route is favored by most environmentalists for the very good reason that it follows existing roads or pipelines over much of its 2,800-mile journey from Prudhoe Bay to the U.S. border. It makes more sense, certainly, to pipe the Great Lakes states, who've been shivering in their beds during cold-weather fuel shortages. It also should be good news to John G. McMillan, the Salt Lake City pipeline operator whose proposal to lay pipe along the Alcan Highway once was considered a long shot but now has strong backing in both Washington and Ottawa. Canadian Prime Minister Pierre Trudeau is expected to endorse the Alcan route over a competing proposal to build the pipeline across the Arctic National Wildlife Refuge. And it now seems likely President Carter will recommend the Alcan route to Congress by Sept. 1.

Let's hope the Carter administration has more success than its predecessors in trying to stimulate the growth of prepaid health care in the United States. At one time, prepaid medicine — patterned after the Kaiser Plan in California — was thought to be the wave of the future. Families would pay a fixed monthly fee for all their health care, ranging from routine checkups to expensive surgery. Doctors, druggists and hospitals would band together to provide that care at the lowest possible cost. President Nixon predicted in 1971 that federal health money would enable as many as 40 million Americans to enroll in these so-called health maintenance organizations (HMOs) by 1976.

As it turned out, this didn't happen. Only 8.5 million are enrolled in HMOs, and the federal aid program is bogged down in bureaucratic red tape. Carter's health planners, aided by some 1976 changes in the law, now say they're determined to get the HMO program back on the track. Which is good news if they can do it. For it seems that prepaid medicine tends to hold down health care costs in the long run. Because doctors get their money in a lump sum as much as a fee for each service, there is just as much emphasis on keeping patients healthy as on treating them when they're sick.

Letters to the editor are welcomed for publication. All letters must be signed, with a mailing address and, if possible, a telephone number so the identity of the writer may be verified. The Evening Herald will respect the wishes of writers who do not want their names in print. The Evening Herald also reserves the right to edit letters to eliminate libel or to conform to space requirements.

## WORLD IN BRIEF

### Israeli Cabinet To Rule On West Bank Settlements

JERUSALEM (AP) — The Israeli cabinet met today to decide whether to grant full legal status to three Jewish settlements in the occupied West Bank of the Jordan River. A cabinet committee approved the move Tuesday. The U.S. State Department said it was "deeply disappointed" by the action and it called settlements in occupied Arab territories "an obstacle in the peacemaking process."

### Cuban Revolution Celebrated

MIAMI (AP) — Cuban President Fidel Castro says his nation is invincible. He told Tuesday night rally that "after all the imperialists' efforts to flatten us, it today is impossible to crush Cuba." His address at Camaguey in east-central Cuba came on the 24th anniversary of the onset of the revolution which ended in 1959 with the overthrow of dictator Fulgencio Batista. Castro praised Cuba's international aid program and said, "We can say that those who are disposed to defend their own people to the last drop of blood. Only a revolution produces such men. Because of this, our country is loved and respected."

### Fossil Fuel Use Wasteful, Professor Says

LONDON (AP) — The world's huge consumption of fossil fuels could lead to an energy disaster, solar energy pioneer Erich Farber said Monday. "It think it's a crime to use fossil fuels for energy," said Farber, director of the University of Florida's Solar Energy Laboratory at Gainesville. "They're the only sources we have for our medicines, preservatives, pesticides, fertilizers, all of our plastic, much of the clothing we wear, and these things are just as important for our survival as energy," he said. "We should reserve them for those purposes and get our energy from other sources." Farber is in London to direct an international solar energy conference organized by the United Nations Educational, Scientific and Cultural Organization (UNESCO). In an interview on the first day of the conference, Farber said, "We receive about 32 times as much energy from the sun every year as we have allocated to our fossil fuels." He gave the reasons he feels solar energy, which he sees as the only energy source large enough to sustain mankind, is not being used as much as it should be. "First of all, most people do not know that these things are available," he said about solar energy devices. "Many people only know that solar energy is good for a sun tan. Conferences like this help very much because they tell people what can and is being done. The second one is that the equipment is not as readily available as conventional equipment... and the third deterrent is a relatively high initial cost."

Farber has estimated that, with the use of a new air conditioning system he has devised, a complete heating and cooling solar energy system for a private home would cost about \$15,000. Conventional systems cost about \$3,000. Farber says the savings on solar because would come in later years because solar energy systems are almost cost free. "We have more than enough knowledge to get the solar energy to all the forms of energy that we need in our daily lives," Farber said. "We should have done it yesterday, and since we didn't we should do it today, and certainly if not today then tomorrow. The longer we wait the more difficult it will become."

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### Failure Spells Disaster

## Nuclear Disarmament Effort: Urgent

By ARTHUR L. GAYSHON Associated Press Writer (FIRST IN SERIES)

WASHINGTON (AP) — After 30 years of arguing in nearly 7,000 formal and informal disarmament sessions, the United States and the Soviet Union are taking the first tentative steps to stop the spread of atomic weapons. A series of interlocking actions, involving many other nations, is the goal.

The effort is still in the talking stages, but there are signs of possible cooperation on major issues: On July 13, for example, the United States, the Soviet Union and Britain resumed talks in Geneva on a treaty banning underground nuclear weapons tests; the Soviets have indicated their willingness to participate in preparations for an international study of nuclear energy. The aims of the effort include slowing and even ultimately ending the nuclear arms race, curbing exports of tools, know-how and materials usable in A-bombs and improving nuclear security and safety standards around the world.

The task is as urgent as it is immense. Urgent, because nearly a dozen nations are, as President Carter has said, "on the verge" of a weapons-making capacity. Immense because the nuclear arms race, curbing exports of tools, know-how and materials usable in A-bombs and improving nuclear security and safety standards around the world.

Development of strict new rules for supplier countries to observe when exporting nuclear reactors, equipment, technology and fuels so these cannot be misused for military purposes. A key concern is limiting the production of plutonium, a manmade element which is extracted from spent uranium fuel and which can be used for bomb-making.

Building of a worldwide security network to guard against terrorist attacks on nuclear power plants and the materials that go into them. Hundreds of these plants already are operating or planned throughout the world. Carter has said that by 1990, developing nations alone will have "enough plutonium to build 3,000 Hiroshima-size bombs a year," each with a yield of about 15 kilotons — 15,000 tons of TNT. The U.S. Arms Control and Disarmament Agency has estimated that by 1995 there will be enough weapons-usable fuel in transit outside America to make 20,000 bombs a year.

Plans to halt all underground nuclear weapons tests, including the detonation of devices for such nonmilitary purposes as diversion of rivers, irrigation works and mining. Right now it is permissible to test-fire warheads and other explosives with yields up to 150 kilotons — 150,000 tons of TNT. Originally, the renewed Geneva talks on underground tests were billed as exploratory discussions to determine whether conditions were ripe for formal negotiations. But the delegates of Russia and the United States indicated they were aiming for full treaty talks.

"President Carter has set a very high priority on the issue of an agreement to ban all nuclear testing," said Paul Warnke, director of the U.S. Arms Control and Disarmament Agency, as the talks opened. He said the United States hoped the discussions "will move ahead to full negotiations within a reasonably short period of time." Dr. Igor Morokhov, chief of the Soviet state committee on atomic energy, said: "We are prepared to make every effort to reach that goal" (of a complete and general prohibition of nuclear weapons tests). "Much will depend, of course, on the attitude of our partners in the negotiations."



The U.S. Arms Control and Disarmament Agency recently projected the effects of a Soviet first strike on U.S. cities, arbitrarily assuming Moscow would drop 1,000 weapons, each with a yield of one megaton or one million tons of TNT. The agency said: — In and around local target areas, nearly half the American population would be killed at once. There also would be countless deaths from fires, lack of medical aid, starvation or radiation. Survivors would live for years under the threat of cancer and other terminal diseases or deformities. — In the rest of the world, a population of four billion, radiation-induced cancers and genetic damage could kill up to 30 million people over 30 years. The global environment could be changed because of fine dust and particles which would be injected into the stratosphere from torn-up rock, soil and other debris, including buildings. Plant and animal life would suffer. Crops would fail. Famine might follow.

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# Street Fighter Vincent: His Fortune's Turned

By LEE GRIGER  
Herald Correspondent

ORLANDO — With his fists flying in the balance, Joey Vincent turned street fighter Tuesday night at the Orlando Sports Stadium to turn back the challenge of St. Augustine's Kelvin "Spook" Jackson.

Two weeks earlier, in the same ring, Vincent was thoroughly trounced by Jackson and lost an eight-round decision.

This time, with his Florida state welterweight title at stake, "Mr. Excitement" was able to turn the tables on the challenger and walk off with a unanimous 10-round verdict.

From the opening bell Vincent was all over Jackson. Actually running after his opponent, the champion left little doubt that he was ready up for this fight.

"I did what my trainer, Dominick Polo, told me to do," a jubilant Vincent bubbled after the match was over.

"I tried to get him out of there from the get-go, but I just couldn't catch him with a clean shot. He is much faster than I and his speed kept him in the fight."

Vincent's pressure tactics paid off in the early rounds as he dominated the toe-to-toe slugfest. And it's a good thing he built up a substantial lead, for Jackson made a late charge that kept fans on the edge of their seats.

In round eight Jackson began to find the range with the same right hand that dropped and almost knocked out Vincent the first time around.

The final three seasons found the North Florida fighter landing frequently with booming shots to Joey's head and body but the champion rode out every attack.

"He never really hurt me in those rounds," Vincent responded when questioned about Jackson's late surge, "but I did get caught with some shots I shouldn't have."

"Again, it was his speed that got me, but at the same time I knew I had the fight won and wasn't doing anything but making sure I didn't walk into anything that would knock me out."

There were no knockdowns in the bruising brawl, despite the fact both men hit the canvas on two occasions.

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In other NL games Tuesday, Chicago blanked Cincinnati 3-0. St. Louis defeated Atlanta 4-2. New York crushed San Francisco 8-3. Los Angeles and Philadelphia split a doubleheader.

Los Angeles winning the opener 5-2 and Philadelphia the nightcap 5-1, and San Diego defeated Montreal in the opener 6-3 while Montreal took the 15-inning nightcap 5-2.

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## SPORTS

—Evening Herald, Sanford, Fl. Wednesday, July 27, 1977



JACKSON DUCKS BIG RIGHT HAND FROM JOEY

### Pirates' Pennant Hopes Take On 2-Direction Twist

By The Associated Press  
Pittsburgh's National League East hopes have taken a twist in two directions.

Pitcher John Candelaria scattered four hits before being literally knocked out of the game by Keith Hernandez's eighth inning three-run rally in the first inning.

Cardinals 4, Braves 2  
An inside-the-park home run by Keith Hernandez sparked a three-run rally in the first inning as St. Louis defeated Atlanta.

Padres 4-2, Expos 3-2  
A pinch double by Tony Perez in the top of the 15th inning snuffed a 1-1 tie and led Montreal to its victory over San Diego.

### Brown Quits 'Skins'; Foreman 'All Set'

BLOOMINGTON, Minn. (AP) — Chuck Foreman has agreed to a two-year extension of his contract with the Minnesota Vikings, ending more than a year of bitter dispute between the star running back and the National Football League team.

### Brown: Physically 'Impossible To Play'

CARLISLE, Pa. (AP) — He weighed only 195 pounds and stood less than 6 feet tall, but Larry Brown didn't believe in avoiding tacklers.

And gain yardage he did, picking up 5,875 yards in his seven-year career, twice leading the National Football League in rushing and being named player of the year in 1972.

### Sherry, Pickles, Fudge?

MACKINAC ISLAND, Mich. (AP) — Sherry, pickles and fudge: that was the menu for the last boat across the finish line in the Puff Blow race to Mackinac Island yacht race.

### Biff Baker Joins Coaching Ranks

The emergence of two new AAU swim teams in Seminole County this summer is testimony to the popularity of competitive swimming.

### Bengals Alarmed By Bell

WILMINGTON, Ohio (AP) — Mike McCormack, an assistant coach with the Cincinnati Bengals, must believe in coming to grips with a problem.

### BERRY'S WORLD



"Red Caraw — where are you, now that I need you?"

### Foreman Best Paid In 79-80?

By The Associated Press  
While Washington Coach George Allen's troubles continue to mount, the Vikings' training camp at Manakota, Minn., on Thursday.

Foreman, 26, will be playing his fifth season for the Vikings this year. He rushed for 1,155 yards to set a club record in 1976, his second consecutive year over the 1,000-yard mark.

Foreman said he planned to return to Minnesota tonight and would report for the start of the Vikings' training camp at Manakota, Minn., on Thursday.

Foreman, 26, will be playing his fifth season for the Vikings this year. He rushed for 1,155 yards to set a club record in 1976, his second consecutive year over the 1,000-yard mark.

### Foley's Knee Test Miami's Good News

MIAMI (AP) — Veteran Dolphin cornerback Tim Foley jumped right back up after tumbling hard on his right knee at the team's training camp the other day.

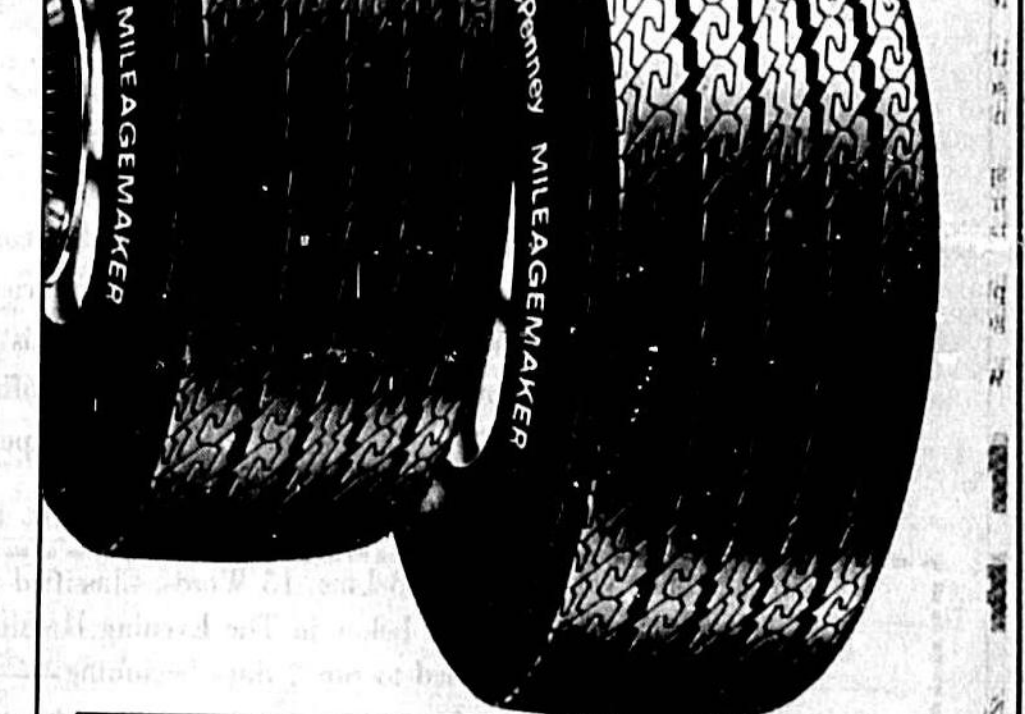
For Foley, who had surgery on the knee in September, it was the first test to show that he might be able to regain the starting job he has held for five years.

### Horse Rustler Surrenders

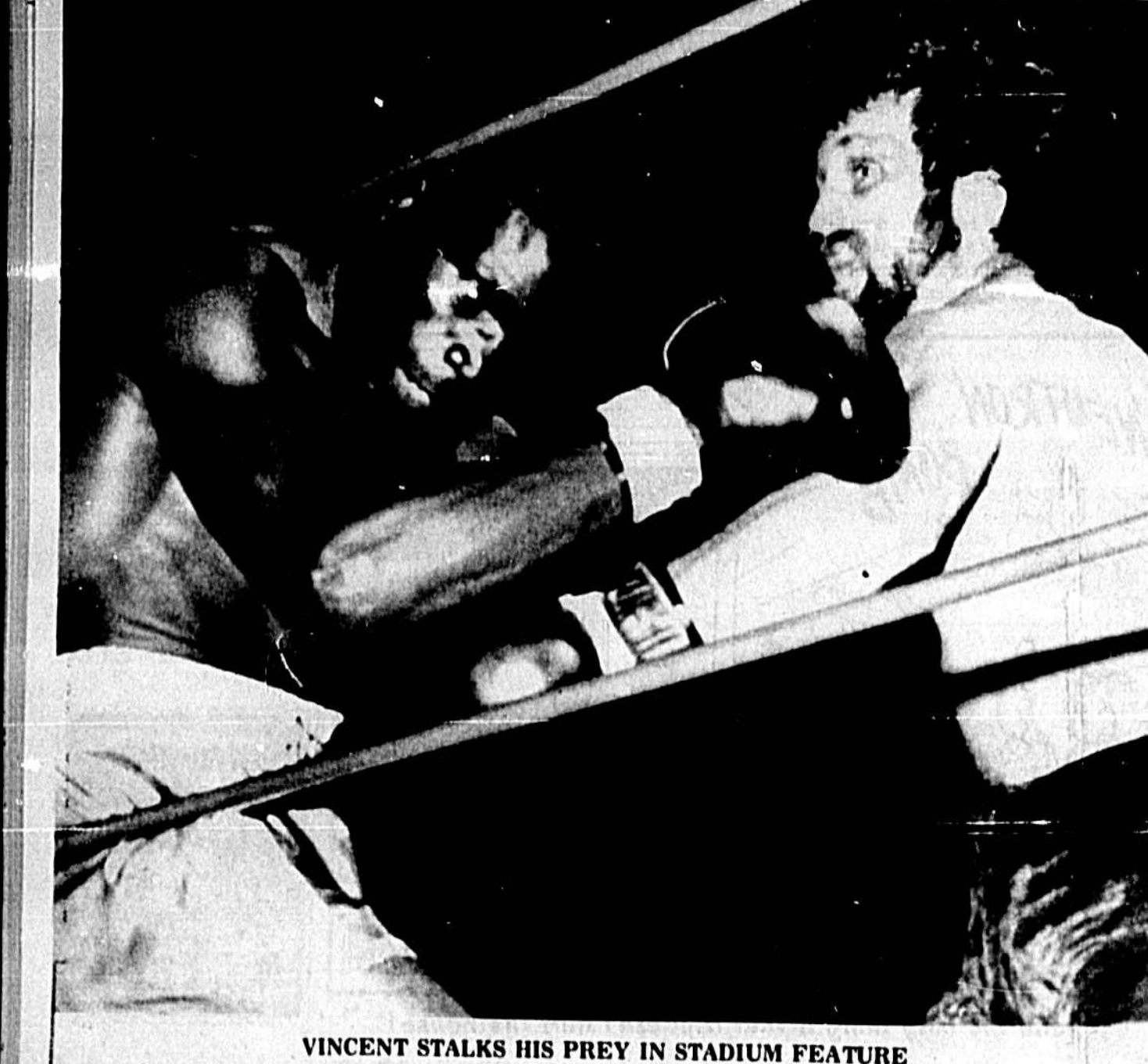
LOUISVILLE, Ky. — Second-seeded Eddie Dibbs of Miami Beach, Fla., rallied to defeat Ramon Benavides of Bolivia 2-6, 6-4, 6-2 in the first round of the \$125,000 Louisville Tennis Classic.

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VINCENT STALKS HIS PREY IN STADIUM FEATURE

### Grimsley's Sports World

By WILL GRIMSLEY

### Marvin 25, In Jail

By FRED ROTHENBERG  
AP Sports Writer  
Marvin Barnes is 25 today. All he really wants is to get out of jail.

### Maler Quits Miami

MIAMI (AP) — Jim Maler, who set a University of Miami home-run record his freshman year, has decided to leave the school to pursue a professional career, his father says.

### Jackson, Johnson Perk Up Yankees

By The Associated Press  
New York Yankees Manager Billy Martin is a man who recognizes an understatement when he hears one.

### NCAA Shares \$ TV Windfall

KANSAS CITY (AP) — The 32 teams in the 1977 NCAA national basketball tournament shared a record windfall in gate and television money.

### Walker Runs Fastest Mile

STOCKHOLM, Sweden — Olympic champion John Walker of New Zealand ran the fastest metric mile of the year to highlight an international track and field meet which ended at Olympic Stadium.

### Enterprise Trails Winner

NEWPORT, R.I. — Skipper Lowell North of Enterprise turned the tables on rival sailmaker Ted Hood and Independence, winning a pair of America's Cup trials and ending Hood's three-year winning streak against Enterprise.

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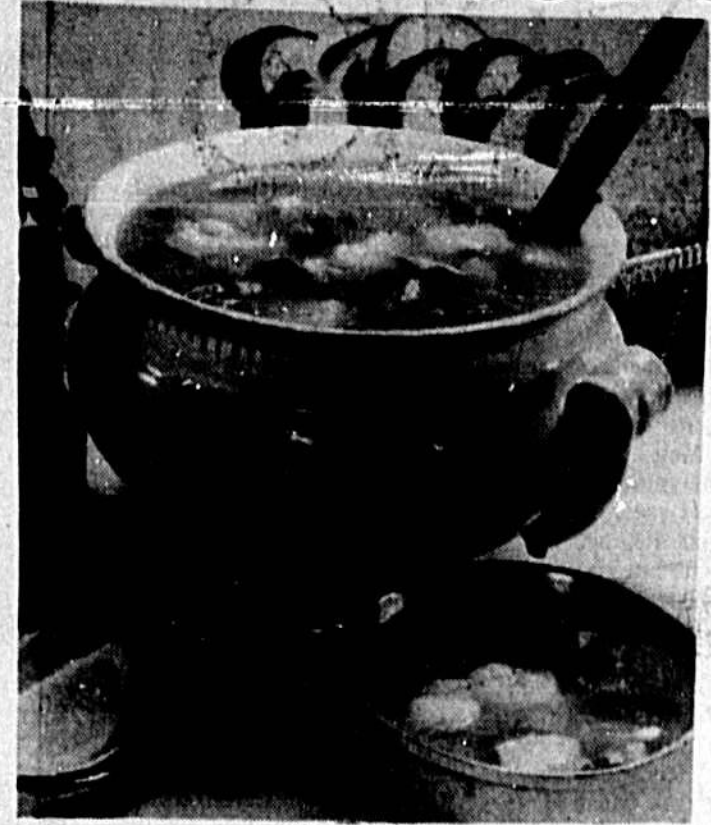
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# This Seafood Stew Comes From Fisherman's Wharf



CIOPPINO

By AILEEN CLAIRE  
The Herald Services

Cioppino is a free-style dish that has survived the controversy of its creation. This aromatic seafood stew actually is an American dish. As one legend has it, cioppino was created by Italian fishermen in San Francisco who put the leftovers of the day's catch in a big pot, stewed it with tomatoes, oil, garlic and seasonings. Or in a version favored by other devotees, it was concocted by an Italian named Giuseppe Butzaro who owned a boat restaurant anchored off the Fisherman's Wharf. Whatever its origin, this is a delightful seafood stew and can have as many types of fish and seafood ingredients as you wish. It's especially good with extra dashes of pepper sauce and eaten with thick slices of bread, perhaps a San Francisco

dough, that are good for dipping.  
**BAY AREA CIOPPINO**  
1/4 cup olive oil  
1/2 cup chopped onion  
4 cloves garlic, minced  
1 stalk celery, chopped  
1 cup chopped green pepper  
1/2 cup chopped parsley  
1 can (1 pound) Italian style tomatoes, chopped  
1 can (15 ounces) tomato sauce  
1 teaspoon salt  
1/2 teaspoon dried leaf basil  
1/2 teaspoon dried coriander  
1/2 teaspoon Tabasco pepper sauce  
2 cups dry vermouth (or dry white wine)  
1 pound bone-in, firm white fish (halibut, cod, or bass steaks or

fillets, cut in chunks)  
1/2 pound fresh or frozen shrimp, shelled and deveined  
1/2 pound fresh or frozen scallops  
1 can (4 1/2 ounces) crab meat  
1 can (10 ounces) whole clams, drained (optional)  
Heat oil in a large saucepan. Add onion, garlic, celery, green pepper, parsley. Cook until tender, stirring occasionally. Add tomatoes, tomato sauce, salt, basil, coriander and pepper sauce. Simmer, covered, for about two hours, stirring occasionally. Add wine. Cook uncovered over medium heat, for 10 minutes. Add fish, shrimp and scallops. Cover and simmer gently until fish and seafood are cooked, about 15 minutes. Add crabmeat and drain clams; simmer 5 minutes longer. Serve in soup bowls or

individual casseroles accompanied by thick slices of crusty bread, lemon wedges and extra pepper sauce on the side for those who enjoy a more robust cioppino. Makes 4 to 6 servings.  
**BERMUDA FISH CHOWDER**  
3 pounds rockfish or sea bass  
2 pounds fish fillets  
1 teaspoon salt  
1/2 teaspoons dried leaf thyme  
1/2 teaspoon ground cloves  
1 bay leaf  
1/4 cup butter or margarine  
2 onions, chopped  
3 ribs celery, chopped  
1 green pepper, chopped  
1 can (28 ounces) tomatoes  
1 can (8 ounces) tomato sauce  
2 tablespoons chopped parsley  
1/2 teaspoon Worcestershire sauce  
1/2 teaspoon Tabasco pepper sauce

Remove heads and tails of rockfish. Discard tails. Place heads, fish bodies and fillets in large kettle. Add water to cover, salt, thyme, cloves and bay leaf. Cover and simmer 15 minutes. Strain, reserving stock. Discard heads. Remove skin and bone from fish and flake the fish. In large kettle, melt butter, add onions, celery, and green pepper; cook until tender. Add tomatoes, tomato sauce, parsley, Worcestershire, pepper sauce and curry. Simmer uncovered for 15 minutes. Serve in heated soup bowls, adding a squeeze of lemon juice, a dash or two each of rum and sherry, and additional pepper sauce to each serving. Makes 8 to 10 two-cup servings.

### Pickled Peas

1/2 cup salad oil  
2 tablespoons red wine vinegar  
15-ounce can black-eyed peas, drained  
1 clove garlic, peeled and smashed  
1 very small onion, sliced thin and separated into rings  
Salt and pepper to taste  
Whisk together the salad oil and vinegar in a shallow container. Stir in the remaining ingredients. Cover tightly and chill 24 hours before serving to allow flavors to blend. Remove garlic. Makes about 1 1/2 cups.



### Mix Fresh Dill, Cukes

By CECILY BROWNSTONE

Associated Press Food Editor  
Summertime, when fresh dill is in markets and gardens, is a great time to use it with cucumbers. You may find, as we do, that the two are an irresistible combination.  
We like to add finely chopped cucumber and minced dill to cottage cheese for a noontime salad. Served with lettuce and sliced ripe tomatoes, the two are not only refreshing and filling but usually please calorie-watchers.  
For a spread you might like to mix cream cheese or farmer cheese with minced cucumber and dill. The mixture is delicious on squares of fresh bread or on crackers.  
Chilled cucumber soup sprinkled with a copious amount of minced dill and served in ice-cold glass bowls is a lovely starter for a company supper.  
Another great way to use fresh dill is with braised cucumbers. For cucumbers are just as good cooked as they are raw. Tasters at our house who thought they wouldn't like cucumbers cooked have succumbed to them after they tasted them prepared this way. If you try braising cucumbers with dill you may have the same fulfilling experience!  
**BRAISED DILL CUCUMBERS**  
3 medium cucumbers, pared and sliced 1/2-inch thick (about 4 cups)  
1/4 teaspoon salt  
2 tablespoons butter  
Dash of white pepper  
Minced fresh dill, as much as you like  
Sprinkle cucumbers with the salt; stir well and let stand 30 minutes. Turn into a colander and drain well; do not press. In a 10-inch skillet melt the butter; add the cucumbers and pepper; stir well. Cook, covered, over moderate heat and stirring several times, just until as tender as you desire—3 to 5 minutes. Stir in the dill. Makes 4 to 6 servings.  
Note: The cucumbers may be prepared without pre-salting and draining. Skillet-cook them, as directed above, with the ingredients listed but with less salt. This way the cucumbers will have stronger flavor and slightly firmer texture.

**NEW OVEN BEEF STEW**  
1 1/2 pounds (seam) stewing beef chuck (about 1 1/2-inch cubes)  
3 tablespoons corn or peanut oil  
12 small onions  
3 medium carrots, pared and sliced crosswise  
1/4-inch thick  
1/2 pound snap beans, tipped and sliced crosswise  
1/2-inch thick  
Several sprigs parsley, minced  
1 large clove garlic, minced  
1 1/2 cups water  
8-ounce can or 1 cup homemade tomato sauce  
1 1/2 teaspoons salt  
1/4 teaspoon pepper  
1/2 teaspoon dried thyme  
1 bay leaf  
Brown the beef in the hot oil and layer it with the onion, carrots, beans, parsley and garlic in a 2 1/2 to 3-quart casserole. Stir together the remaining ingredients and add. Cover tightly and bake in a 350-degree oven until beef is very tender—1 1/4 hours. Let stand at room temperature, tightly covered, for 10 to 20 minutes before serving. If desired, skim some of the fat from the top. Makes 6 servings.  
**ELLEN MAY'S YOGURT ZUCCHINI**  
From Armenian cuisine.  
2 pounds zucchini  
Olive oil  
8 ounces plain yogurt, at room temperature  
2 medium cloves garlic, crushed  
Dash of salt  
Tip unpared zucchini and slice crosswise about 1/4-inch thick. In a large skillet heat a few tablespoons of the oil; add enough zucchini to fill skillet in a single layer. Cook slowly, turning as necessary, until tender and browned. Remove to brown paper to drain. Repeat with remaining zucchini, adding oil as needed. Stir together the yogurt, garlic and salt; spoon over the zucchini. Serve at room temperature. Let sit before serving. Makes 4 to 6 servings.

## Protecting People Is Auerbach's Aim

By LOUISE COOK  
Associated Press Writer  
Listen to Mix Auerbach talk about her job of protecting the consumers of Louisville: "I managed to get the super-markets to agree..."  
"Here's how we managed to get the bill passed..."  
"I can manage to get the doctors to..."  
One word stands out. Other consumer advocates may file complaints, urge boycotts and launch campaigns. Mix Auerbach manages.  
In three years, she has managed to build a consumer affairs department that is considered by government and private experts in the field to be one of the best in the country. At the height of public concern over soaring food prices, she managed to get one of the area's largest supermarkets to support a consumer bill that gave her office wide legal powers. "I explained to them that it was to their advantage to cooperate."  
She also managed to set up urban gardens on public land and persuaded the fire department to allow use of hydrants for watering the crops.  
And she managed to get the cooperation of the county medical society to develop a doctors' directory, including prices. The first doctor to volunteer for listing was Mrs. Auerbach's husband, an orthopedic surgeon.  
A lot of the conflict between consumers and business stems from a lack of communication. Mrs. Auerbach says, "I've always tried to work with people who were on the other side. That avoids unpleasantness."  
She researches subjects extensively before she acts, whether she is documenting the need for a consumer protection bill or deciding what to serve Ralph Nader for dinner. "I was very careful to serve fruit and cheese for dessert. No junk foods."  
An attractive, athletic 55-year-old—her husband gave her a tandem bicycle for her most recent birthday—Mrs. Auerbach was appointed by Mayor Harvey Sloane in 1974 to set up a department of consumer affairs.  
Today, the department has an annual budget of \$150,000, of which \$12,000 goes for rent and \$19,800 for Mrs. Auerbach's salary. She has a staff of 10 1/2— "I've asked for 11"—which she supplements with student interns from local colleges and universities.  
Three employees handle the complaints—about 150 a month—on everything from landlord-tenant relations to marriage counseling. Mrs. Auerbach brags that "no complaint is in the office for more than three days without some action being taken."  
There are four inspectors in the weights and measures division, a full-time lawyer and the equivalent of 1 1/2 employees working on consumer education.  
Mrs. Auerbach has taken business to court for short-weighting. She pushed for—and got—a charitable solicitation act to regulate fund raisers. The city's cab industry is about to come under the control of her department. Twice a month, she appears on "Consumer Corner," an information program broadcast by the local ABC-TV affiliate.  
"I've accomplished more than I thought I could," she says.  
"I've established a department that has a strong credibility in the community. We have a strong consumer ordinance. We've cleaned up the charitable solicitation racket. We've provided consumers with alternative ways of buying..."  
The alternatives she talks about are among Mrs. Auerbach's most visible achievements: urban gardens, a farmers' market and a city cannery. All are located on city land set aside for urban renewal.  
The farmers' market began three years ago with 10 participants. Today, there are 33 who rent the stalls to sell their produce directly to consumers. Originally, the market operated only one day a week, but it has been expanded to three days.  
Mrs. Auerbach set up a cannery in an old fire hall slated for demolition. In season, it is open seven days a week, offering area residents the chance to put up their own produce more cheaply and efficiently than they could at home.  
Sloane's term as mayor—and Mrs. Auerbach's as consumer affairs adviser—expires at the end of this year. Sloane cannot succeed himself and the candidate Mrs. Auerbach supported in the mayoral primary in May was defeated. She doesn't know whether she will be reappointed or if she would accept the position.  
A graduate of the University of Miami with a degree in education, Mrs. Auerbach has no formal training in consumer affairs. She had been a teacher and an organizer in such community activities as day care centers when Sloane asked her to tackle the consumer job.  
Officially, she works an eight-hour day. Unofficially, she says, "You're really always on duty. I do a tremendous amount of reading. I do speaking at night and write my own speeches."  
"There is so much room for things to be done at all levels. I get a real feeling of accomplishment, a marvelous feeling of helping people."

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**Avocado Dip**  
1 1/2 cups mashed ripe avocados (about 2 med. avocados)  
2 tsp. ground fresh onion  
1 dash fresh lemon juice  
1/2 cup chopped peeled tomato  
1/4 cup sour cream  
1/2 tsp. salt  
1 cup cheddar cheese  
1/2 tsp. ground coriander  
1/2 tsp. Tabasco pepper sauce  
Cut avocados in half lengthwise, remove pit and peel. Mash by putting avocado through a food mill or mash in a small bowl with a fork. Sprinkle with lemon juice. Stir in remaining ingredients. Cover with plastic wrap placed directly on surface to prevent darkening and chill at least 2 or 3 hours. Serve with corn chips. Makes about 2 cups.

# GRAND OPENING

JULY 28

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- Everything is displayed warehouse-style in shipping boxes.
- We use labor-saving methods: One price sign, no price on items. No fancy displays or shelving, just open cases. Regular hours, no overtime or Sundays. Limited variety of items, no bookkeeping, storage or maintenance.
- We manufacture many products ourselves to keep prices low without sacrificing quality. Many non-advertised brands that meet our standards.
- Cleanliness and simplicity are our only decorations. We rent stores rather than build them ourselves.
- You must bring your own bags and bag your own purchases.
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### Samples of our Regular Low Prices

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Conc. Fabric Softener 64 oz. . . . .1.09	Ritz Cola 44 oz. . . . .51	Spinach 15 oz. . . . .53	Crushed Pineapple 20 oz. . . . .53
Laundry Detergent Powder 49 oz. . . .93	Chocolate Mix and Drink 2 lb. . . .1.49	Cut Yams 16 oz. . . . .33	Cranberry Sauce 16 oz. . . . .33
Candy Bars Six Pack 204 size . . . .89	Coffee Creamer 22 oz. . . . .1.19	Sauerkraut 16 oz. . . . .23	Trailfruit Sections 16 oz. . . . .37
Baby Shampoo 16 oz. . . . .2.43	Lemon Furniture Polish 14 oz. . . .73	Frosted Flakes 20 oz. . . . .77	Toothpaste Fluoride 7 oz. . . . .59
Light Bulbs 60w, 75w, 100w . . . .2.43	Cold Air Freshener 6 oz. . . . .33	Corn Flakes 18 oz. . . . .57	Alka Seltzer 36 ct. . . . .1.09
Baking Soda 2 lb. . . . .63	Softail Air Freshener 14 oz. . . .73	Roll-On Deodorant 3 oz. . . . .69	Pain Reliever non-aspirin, 100 ct. . . .89
Dog Food 25 lb. . . . .3.79	Ant'n Roach Spray 15.5 oz. . . .73	Instant Tea 3 oz. . . . .59	Cotton Swabs 180 ct. . . . .59
Frito Lay Potato Chips 9 oz. . . . .69	Powdered Cleaner 14 oz. . . . .19	Raisin Bran 20 oz. . . . .73	Certs 6-Pack . . . . .59
Saltines 16 oz. . . . .43	Cleaner 54 oz. . . . .1.33	Special K 11 oz. . . . .73	Panty Hose Regular 1 ct. . . . .49
Green Beans 15.5 oz. . . . .23	Conc. Liquid Detergent 64 oz. . . .1.39	Total 12 oz. . . . .59	Knee Hi's Queen Size 1 ct. . . . .49
Tall Kitchen Bags 12 ct. . . . .39	16 lbs. Laundry Detergent . . . .2.49	Toasted Pastry 11.5 oz. . . . .39	Facial Tissue 200 ct. . . . .39
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Peach Halves 29 oz. . . . .49	Fabric Softener Sheets 40 ct. . . .39	Trash Tissue 200 ct. . . . .1.09	Pan 9 oz. . . . .93
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Spaghetti 16 oz. . . . .29	Batteries C&D, 2 ct. . . . .3.79	Daytime Diapers 48 ct. . . . .3.73	Brownie 22 oz. . . . .73
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Catsup 32 oz. . . . .49	Vanilla Wafers 11 oz. . . . .49	Quick Rice 14 oz. . . . .53	Grape Drink 48 oz. . . . .47
Bar-B-Que Sauce 18 oz. . . . .49	Frito Lay's Corn Chips 12 oz. . . .63	Elbow Macaroni 16 oz. . . . .29	Grapefruit Juice 48 oz. . . . .57
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# Be Careful, Have Fun, Eating Outdoors



EGGS FOR THE GREAT OUTDOORS

When warm weather comes, millions of Americans head for the great outdoors, and that means a lot of meals will be cooked and eaten in the open air. Outdoor meals can mean anything from a backyard barbecue to camping on a remote mountaintop.

In any setting, eating away from the kitchen calls for careful planning. Keep the menu simple, hearty and flavorful, with an eye to foods that provide the nutrients needed to get you going for summer fun. Do take plenty of food, since fresh air and exercise sharpen appetites.

Most importantly, remember the basic rules of safe food handling - keep hot foods hot, cold foods cold. Invest in a cooler or ice chest and use it every time you travel beyond the back yard. You can buy containers of coolant to keep frozen and tuck into the cooler as you pack it. Or you can make your own ice blocks to keep the cooler cool. Find a pan that fits into the bottom of your cooler or chest, fill it with water and freeze. Put the block in the bottom of the cooler when you're ready to pack it. Or, freeze water in a plastic pitcher (leaving plenty of room for expansion). Put the pitcher in the bottom of the cooler when you're ready to pack it. Come lunch time you can use icy water for drinking.

"Cook in and eat out" is a good rule for backyard suppers, patio parties, and short outings to nearby parks or beaches. Most of the food - salads, casseroles, vegetables, deviled eggs and relishes, even desserts - can be brought ready to eat from home, in a cooler.

Make a molded salad in a cooler or ice chest and use it every time you travel beyond the back yard. You can buy containers of coolant to keep frozen and tuck into the cooler as you pack it. Or you can make your own ice blocks to keep the cooler cool. Find a pan that fits into the bottom of your cooler or chest, fill it with water and freeze. Put the block in the bottom of the cooler when you're ready to pack it. Or, freeze water in a plastic pitcher (leaving plenty of room for expansion). Put the pitcher in the bottom of the cooler when you're ready to pack it. Come lunch time you can use icy water for drinking.

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# Use Lamb In This B-B-Q

Barbecues undoubtedly originated with cattlemen and sheepherders who enjoyed (or endured) campfire cooking on the trail. Their legacy provides inspiration for a truly unique summer cookout.

Chuck wagons were often manned by "cookies" - Spanish or Mexican origin who occasionally gave their bland cooking an exotic touch of home. Try, for example, barbecued west western lamb chops.

In our version, flavor enhancer blends brown sugar, vinegar, garlic, walnut bits and crushed red pepper in the rich tomato sauce that is used as a paste. Lamb chops are ideal for outdoor grilling because of their natural tenderness and they're a refreshing change of pace from more commonly barbecued meats.

Another western specialty, Basque potatoes goes beautifully with the lamb. Well, it should, as it's derived from Basque Spaniards who immigrated to Nevada as sheepherders. The dish is traditionally cooked in a skillet. A unique herbed egg custard bakes around the potatoes during the last few minutes in the oven.

Complete the meal with a Caesar salad and a batch of baking powder biscuits (the latter is genuine cowboy-fare). For dessert, bake a peach or apple cobbler. "Cookies" produced them in Dutch ovens over campfires, though you will surely have a much easier time of it.

**GREAT WESTERN LAMB CHOPS**

1 can (8 ounces) tomato sauce  
2 tablespoons tomato paste  
1/4 cup vegetable oil  
1/4 cup walnuts, peeled and cooked  
1/4 cup vegetable oil

1 shoulder lamb chops, 1/2 inch thick  
1/2 cup brown sugar  
1 clove garlic, cut in quarters  
1 teaspoon crushed red pepper  
1/2 teaspoon Accent flavor enhancer  
6 shoulder lamb chops, 1/2 inch thick

In a blender container combine tomato sauce, tomato paste, vegetable oil, walnuts, vinegar, sugar, garlic, red pepper and flavor enhancer. Blend until nuts are finely chopped. Brush lamb chops with sauce and place chops on grill over medium hot coals. Grill 5 to 6 minutes, turn, baste with sauce and grill an additional 5 to 6 minutes, or until done.

Preheat oven to 350 degrees F. Cut potatoes crosswise into 1/4-inch slices. Heat oil in an ovenproof skillet over medium high heat. Add onion and cook until soft. Layer potato slices in skillet on top of onion and continue to cook until golden brown. Turn potatoes over and brown side up and cook other side until browned.

In a bowl beat together, eggs, parsley, flavor enhancer, thyme and pepper. Pour over potato mixture; bake in preheated oven 10 to 15 minutes until eggs are set. Makes 6 servings.



# Easy, Tasty Meatloaf

GREAT WESTERN CHOPS

Are you a beginner cook? Try your hand at making meatloaf. Meatloaves require only basic skills yet result in the tastiest, most substantial results. And good results are encouraging in the early stages of culinary achievement.

Our "learner" version is a sensible one to begin with. A Bran Vegetable Meatloaf, made with economical ground beef, is stuffed with vitamin-rich vegetables - tomatoes, green pepper, onions, carrots and celery. We've added all-bran cereal for lightness, moisture and nutty-sweet flavor, and even more important, for the healthful benefits of the dietary fiber it provides.

Dietary fiber is considered helpful to the smooth functioning of the digestive system. It's a concentrated source of dietary fiber commonly available, can be easily included in a nutritionally balanced diet every day.

**BRAN VEGETABLE MEATLOAF**

1/2 cup shreds of wheat bran cereal  
1 egg, lightly beaten  
1/2 cup bottled ketchup  
1/2 cup barbecue sauce, divided  
1/2 cup chopped onion  
2 tablespoons chopped parsley  
1/2 cup chopped celery  
1/2 cup chopped carrot  
1/2 cup chopped green pepper  
2 tablespoons prepared mustard  
1/2 teaspoon salt  
1/2 teaspoon pepper  
1/2 pound lean ground beef or chuck  
2 slices Cheddar or American cheese, cut in half diagonally (optional)

In large bowl, combine shreds of wheat bran cereal, egg and tomatoes, cutting

# Enjoy A Summer Feast of Melons

There's hardly a more satisfying refresher on a sultry summer day than a piece of ripe, fresh cantaloupe or watermelon.

Naturally sweet, juicy and calorie-low, these melons are in peak supply throughout the hot months.

Cantaloupe Baskets With Honey Dressing are a cinch to prepare. Quartered melons are filled with sliced strawberries, bananas or blueberries and topped with a smooth, low-calorie dressing of cottage cheese, fresh orange juice and only one tablespoon honey, making this a good choice for dieters.

Cantaloupes are nutritious, too. A half of a cantaloupe five inches in diameter provides 185 per cent of the daily recommended allowance of vitamin A and twice that of vitamin C, but contains a mere 82 Calories. They're also a source of a variety of minerals, including potassium.

The United Fresh Fruit and Vegetable Association suggests you look for cantaloupes that are firm, of good weight with a smoothly rounded depressed scar at the stem end. Avoid melons with bruises or soft spots.

Don't expect to find ready-to-eat cantaloupes at the store. They must be kept at room temperature for a few days until they fully ripen and possess a delicate aroma. So make sure you have a supply on hand for immediate use. When ripe, refrigerate or serve right away.

<b>Rath's Wieners</b> 1 lb pkg <b>79¢</b>	<b>Morton's Donuts</b> 1 lb pkg <b>59¢</b>	<b>Banquet Assorted Frozen Dinners</b> reg pkg <b>49¢</b>	<b>Assorted Flavors Pix Soft Drinks</b> 12 oz can <b>8 for \$1</b>	<b>Assorted Flavors Borden's Ice Milk</b> half gal <b>79¢</b>
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**OUR BONUS TO YOU ....**

**600 EXTRA Green Stamps**

WHEN YOU CLIP AND REDEEM THESE BONUS COUPONS

<b>COUPON 1</b> Publix <b>100 EXTRA GREEN STAMPS</b> on purchases totaling \$5.00 to \$9.99 excluding all tobacco products This coupon may also be used in combination with other S & H Green Stamp Coupons in this ad with larger purchases. (Expires Wed. Aug. 3, 1977)	<b>COUPON 2</b> Publix <b>200 EXTRA GREEN STAMPS</b> on purchases totaling \$10.00 to \$14.99 excluding all tobacco products This coupon may also be used in combination with other S & H Green Stamp Coupons in this ad with larger purchases. (Expires Wed. Aug. 3, 1977)	<b>COUPON 3</b> Publix <b>300 EXTRA GREEN STAMPS</b> on purchases totaling \$15.00 to \$19.99 excluding all tobacco products This coupon may also be used in combination with other S & H Green Stamp Coupons in this ad with larger purchases. (Expires Wed. Aug. 3, 1977)
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COUPONS 1 & 2 ARE WORTH 300 STAMPS ON A PURCHASE OF \$15 THROUGH \$19.99 ...

COUPONS 1 & 3 ARE WORTH 400 STAMPS ON A PURCHASE OF \$20 THROUGH \$24.99 ...

COUPONS 2 & 3 ARE WORTH 500 STAMPS ON A PURCHASE OF \$25 THROUGH \$29.99 ...

COUPONS 1, 2 & 3 ARE WORTH 600 STAMPS ON A PURCHASE OF \$30 OR MORE ...

**Kraft's Mayonnaise** 89¢

**Smoked Hams** 79¢

**Publix The Place for Beef**

Swift's Premium Tender-Grown, Gov't Inspected, Shipped Dressed & Drown, Fresh not Frozen, Premium Grade Fryer Breast with Ribs..... 99¢	Swift's Premium Tender-Grown, Gov't Inspected, Shipped Dressed & Drown, Fresh not Frozen, Premium Grade Fryer Drumsticks..... 89¢	Swift's Premium Tender-Grown, Gov't Inspected, Shipped Dressed & Drown, Fresh not Frozen, Premium Grade Fryer Thighs..... 89¢	Swift's Premium Tender-Grown, Gov't Inspected, Shipped Dressed & Drown, Fresh not Frozen, Premium Grade Fryer Wings..... 59¢	Swift's Premium Tender-Grown, Gov't Inspected, Shipped Dressed & Drown, Fresh not Frozen, Premium Grade Fryer Backs & Necks..... 19¢
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**From Our Frozen Food Dept.**

SAVE 28¢, Minute Maid Frozen Lemonade..... 6 for \$1.79	SAVE 10¢, Bridgford Frozen Bread Dough..... 48 for 89¢	SAVE 20¢, Jano's Cheese or Peppercorn Multi-Pak Pizza..... 12 for \$1.19	SAVE 20¢, Banquet Turkey, Chicken & Dumplings, Beef Stew or Salisbury Steak Buffet Suppers..... 2 for \$1.09	SAVE 20¢, Old South Blackberry, Peach or Apple Cobbler..... 6 for 69¢	SAVE 12¢, Mrs. Smith's Chocolate Boston Cream Pie..... 7 for 79¢	SAVE 14¢, One-Ida Plain or With Onions Tater Tot's..... 7 for 79¢	SAVE 18¢, Green Giant Medium Sweet Peas, Green Beans or White Kernel Frozen Corn..... 4 for 49¢	SAVE 30¢, Mrs. Paul's Fruit Bars..... 12 for \$1.79	SAVE 20¢, Scallops..... 12 for \$1.79	SAVE 20¢, Singleton's Butter Flavored Shrimp..... 12 for \$1.79
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**Flavorful Sliced Roast Beef** 89¢

**Delicious Honey Leaf or Pepper Leaf** 69¢

**Tasty Lebanon Bologna or New England Loaf** 69¢

**Delicious Kitchen-Fresh Potato Salad** 69¢

**Tasty Fresh-Made Cuban Sandwich** 79¢

**Ready-To-Take-Out Southern Fried Chicken** 99¢

**Tasty Temp'n' Fresh-Baked Pumpkin Pie or Coconut Custard Pie** 99¢

**Delicious Peas-Bean (Serve with Butter)** 59¢

**French Bread** 59¢

**Tasty French Bread Kaiser Rolls** 6 for 49¢

**Cake Mixes** 289¢

**Nestea Instant Tea Mix** 1.39

<b>PUREX Laundry Detergent</b> 77¢	<b>FRESHENS YOUR BREATH Micrin Mouthwash</b> 12 oz bill <b>69¢</b>	<b>EVERYONE'S FAVORITE Hawaiian Punch</b> 46-oz can <b>2.89¢</b>	<b>Sliced American</b> 12 oz pkg <b>99¢</b>
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<b>SAVE 14¢, Pam Dry Fry</b> 12 oz can <b>99¢</b>	<b>SAVE 14¢, Red, Grape or Cherry Hawaiian Punch</b> 46-oz can <b>81¢</b>	<b>Borden's Elite Sitz Twin Pops</b> 12-oz pkg <b>69¢</b>	<b>SAVE 12¢, Town House Style Keebler Crackers</b> 16-oz pkg <b>85¢</b>	<b>SAVE 10¢, Stokely Tomato Juice</b> 46-oz can <b>49¢</b>	<b>SAVE 12¢, Libby's Flavorful Bartlett Pear Halves</b> 17-oz can <b>39¢</b>	<b>SAVE 12¢, Libby's Delicious Fruit Cocktail</b> 17-oz can <b>39¢</b>	<b>SAVE 20¢, 20¢-Off Label, Liquid Detergent Palmolive</b> 32-oz can <b>1.17</b>	<b>SAVE 4¢, Zest Super Size Beauty Bar</b> 7 1/2 oz bar <b>49¢</b>
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**Bonus Prints**

Drop off your film when you pick up your groceries.

**FREE FILM**

Have your film developed at Publix and get TWO PRINTS, A FREE ROLL OF FILM, S&H Green Stamps, Publix quality and convenience, too.

**Corn Oil Margarine** 49¢

1-lb carton

SERVE ON HOT BISCUITS BREAKFAST CLUB

**White Potatoes** 10 \$1.09

1 lb bag

BOIL FRY OR MASH THESE U.S. #1

**Assorted Plums** 15 \$1

MIX OR MATCH FRESH CALIFORNIA

**Nestea Instant Tea Mix** 1.39

SUMMERTIME FAVORITE!

where shopping is a pleasure

**Publix**

THIS AD GOOD AT THESE LOCATIONS ONLY:

SANFORD PLAZA - SANFORD  
LONGWOOD VILLAGE CTR. - LONGWOOD  
SEMINOLE PLAZA - CASSELBERRY

**From Our Dairy Dept.**

SAVE 30¢, Fleischmann's Corn Oil Margarine..... 55¢	SAVE 10¢, Fleischmann's Regular Margarine..... 65¢	SAVE 11¢, Blue Bonnet Regular Margarine..... 55¢	SAVE 13¢, Blue Bonnet Soft (Twin-Pack) Margarine..... 65¢	SAVE 20¢, Blue Bonnet Spread..... 1.09	SAVE 13¢, Pillsbury Cinnamon Rolls..... 49¢	SAVE 10¢, Dair-Fresh Cream Whipped Topping..... 59¢	Processed Cheese Food Spread Kraft's Velveeta..... 1.19	SAVE 10¢, Tip Top Concord Grape Punch or Florida Citrus Punch..... 69¢	Kraft's Golden Image Imitation Cheese Colby Halfmoon Horn..... 99¢	Kraft's Golden Image Imitation Mild Cheddar Cheese..... 99¢	Dair-Fresh (Great on Crackers or Bread) Pimento Cheese Spr'd..... 99¢	Alps Imported, Sliced Big Eye Swiss..... 95¢	Potomac Cheese Bar Sharp Cheddar, Longhorn or Mozzarella..... 95¢
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**1.00 PUBLIX COUPON ON:**

**Covered Casserole** \$13.99

WITH COUPON

SAVE \$1.00 July 28 August 3, No Limit

Publix reserves the right to limit quantities sold

**MEATLOAF FOR BEGINNING COOKS**

By LOUISE COOK

Associated Press Writer

The federal government is trying to take some of the guesswork out of shopping by encouraging manufacturers to provide labels telling consumers everything from how well a product performs to how much noise it makes.

The latest move is a Commerce Department program on performance. The program, which is strictly voluntary on the part of the manufacturers, is designed to give information on such things as load capacity, strength and durability so shoppers are better able to compare competing models and brands of appliances and other products.

Mills also said that the labeling program could ultimately save money for manufacturers by cutting down complaints from consumers who didn't understand what the products were supposed to do.

Mills said the first products to be included probably will be those for which standardized tests already are available. Among the items suggested by the public so far for labeling are electric irons, hand-held calculators, nine-volt batteries, solar equipment, home insulation and auto and furnace efficiency devices.

A product who wants to suggest labeling should write to: Consumer Product Information Labeling Program, Office of Product Standards, U.S. Department of Commerce, Washington, D.C. 20230.

**Take Time To Read Labels**

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**100 Green Stamps**

15¢-Off Label Brand's Clean Rinse Honeyoxide, Meade's Citrus 8-oz. size (Expires Wed. Aug. 3, 1977)

2. 100 Green Stamps

15¢-Off Label Brand's Clean Rinse Honeyoxide, Meade's Citrus 8-oz. size (Expires Wed. Aug. 3, 1977)

3. 100 Green Stamps

Lipton Instant Lemon Tea 4-oz. jar (Expires Wed. Aug. 3, 1977)

4. 100 Green Stamps

Questway 9", 16-oz. or 10 1/2", 12-oz. Lunchbox Plates or 12-ct. Platters (Expires Wed. Aug. 3, 1977)

5. 100 Green Stamps

Raid Pro Strength Ant & Roach Killer 16-oz. can (Expires Wed. Aug. 3, 1977)

6. 100 Green Stamps

Raid Flying Insect Baiting 12 1/2 oz. can (Expires Wed. Aug. 3, 1977)

7. 50 Green Stamps

Whisker Lickies Assorted Flavors 2-lb. can (Expires Wed. Aug. 3, 1977)



WATERMELON, CANTALOUPE



**WINN-DIXIE**  
THE BEEF PEOPLE

SAVE WITH WINN-DIXIE FOOD STAMP COUPONS

WE ACCEPT USDA

SAVE 20¢

USDA GR. 'A' W-D BRAND NON-BASTED BROAD BREASTED TURKEYS

10 LBS. A UP **49¢**

PLANT 'A' TURKEY LEG QUARTERS . . . . . 39¢

SAVE 40¢

W-D BRAND USDA CHOICE BEEF CHUCK BLADE CHUCK ROAST

1 LB. **79¢**

USDA GR. 'A' 1 LB. OR BREAFT FRYER QUARTERS **69¢**

USDA GR. 'A' FRESH FRYER BACKS & Necks . . . . . 29¢

7 BONE CENTER CUT BEEF CHUCK ROAST . . . . . 99¢

SAVE 61¢

W-D BRAND USDA CHOICE HEART OF CHUCK WHOLE OR HALF

Boneless Chuck

18 TO 22 LB. AVG. **98¢**

W-D BRAND USDA CHOICE BONELESS BEEF STEAK DELMONICO . . . . . \$2.99

W-D BRAND USDA CHOICE BONELESS BEEF STEW MEAT . . . . . \$1.19

W-D BRAND USDA CHOICE BONELESS BEEF CUBED STEAK . . . . . \$1.19

HICKORY SWEET (1 LB. PKG. 8/19)

SLICED BACON . . . . . \$2.19

WESTERN CORN FED PORK LOIN (BONELESS) . . . . . \$1.49

WESTERN CORN FED PORK SHOULDER ARM WHOLE (SLICED) . . . . . \$1.49

HICKORY SMOKED PICNIC . . . . . 79¢

W-D BRAND BRYOLLAN, ALL BEEF AND THICK SLICED BOLOGNA . . . . . 99¢

W-D BRAND SLOTTED SLICED PICNIC . . . . . \$2.79

W-D BRAND SLOTTED CHOPPED HAM . . . . . \$2.19

W-D BRAND SLOTTED PIMENTO LOAF . . . . . \$1.29

FALMETTO/TAMBA PIMENTO (8-oz. CUP 6P) . . . . . \$1.19

CHEESE SPREAD . . . . . \$1.19

COPELAND BRYOLLAN AND ALL BEEF DINNER FRANKS . . . . . 1-LB. PKG. \$1.09

SUNNYLAND FRESH BREAKFAST LINK SAUSAGE . . . . . 22-oz. PKG. \$1.99

TENNESSEE PRIDE WHOLE HOG, BAC, HOT OR MILD PORK SAUSAGE . . . . . 1-LB. \$1.59

BETTY ANN'S POTATO SALAD . . . . . 12-oz. CUP . 54¢

BONELESS PERCH FILLET . . . . . 1-LB. \$1.49

W-D BRAND U.S. CHANGES FEDERALLY INSPECTED HEAVY WESTERN ABBEY BEEF

W-D BRAND USDA CHOICE BONELESS BEEF CHUCK ROAST . . . . . 1-LB. \$1.08

W-D BRAND USDA CHOICE BONELESS BEEF CALIFORNIA ROAST . . . . . 1-LB. \$1.28

W-D BRAND USDA CHOICE BONELESS BEEF CALIFORNIA STEAK . . . . . 1-LB. \$1.38

W-D BRAND 100% PURE GROUND BEEF 3 or 10 LB. HAND-PAK **69¢**

Market Fresh Market Fresh

Ground Round \$1.29 Ground Chuck . . . \$1.18

SAVE 40¢

ALL-NATURAL KOUNTRY FRESH PRESTIGE ICE CREAM

HALF GALLON **\$1.49**

SUPERBRAND ICE CREAM Sandwich . . . . . 12 PK. \$1.19

SAVE 15¢

SWISS STYLE SUPERBRAND YOGURT

4 8-oz. CUPS **\$1**

ATLANTIC Ice . . . . . 8 LB. 59¢

SAVE 20¢

SUPERBRAND REGULAR OR FAT FREE COTTAGE CHEESE

2 1-LB. CUP **\$1.29**

SUPERBRAND REGULAR OR FAT FREE Cottage Cheese . . . . . 1-LB. CUP 69¢

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Market Fresh Market Fresh

Ground Round \$1.29 Ground Chuck . . . \$1.18

MINUTE MAID L'meade . . . 6 CANS \$1.59

POWNY BUTTERFLY Waffles . . . . . 12-oz. PKG. 59¢

ALL VARIETIES FREEZER CHEF'S Entrees . . . . . 32-oz. PKG. 99¢

GOLD KING ONION Rings . . . . . 7-oz. PKGS. \$1.00

GOLD KING CHOPPED ONIONS & Peppers . . . . . 10-oz. PKGS. \$1.00

French Fries . . . . . 5.5-oz. BAG 99¢

SUPERBRAND WHIPPED Topping . . . . . 12-oz. PKG. 69¢

KRAFT SLICED NATURAL SWISS Cheese . . . . . 4-oz. CUP 89¢

BORDEN'S SLICED INDIVIDUALLY WRAPPED CHEESE Singles . . . . . 9-oz. CUP 99¢

SUPERBRAND Sour Cream . . . . . 1-LB. CUP 69¢

BUT ONE AND GET ONE FREE - KRAFT GOLDEN IMAGE MILD CHEDDAR COLBY Cheese . . . . . 2 8-oz. BOWLS \$1.39

SUPERBRAND (TWO 8-oz. BOWLS) SOFT Margarine . . . . . 1-LB. PKG. 59¢

PARLEY QUARTERS Margarine . . . . . 1-LB. PKG. 75¢

Reddi Wip . . . . . 7-oz. CAN 99¢

SUPERBRAND SOFT WHIPPED BOWL Margarine . . . . . 1-LB. PKG. 59¢

SAVE 33¢

VAN CAMP PORK & BEANS

4 16-oz. CANS **\$1.00**

THRIFTY MAID HOT DOG CHILI . . . . . 4 10 1/2-oz. CANS \$1.00

W-D BRAND USDA CHOICE BONELESS BEEF SIRLOIN TIP . . . . . 15 LBS. \$19.99

U.S. CHOICE, W-D BRAND, BONELESS BEEF LOIN (8 STEAKS - 8-oz. EACH AND 4 STEAKS - 16-oz. EACH) N. Y. STRIP STEAK . . . . . \$11.99

WESTERN CORN FED FAMILY PACK PORK LOIN . . . . . 15 LBS. \$19.99

5 LBS. CENTER CUT PORK CHOPS

5 LBS. 8 1/2 END PORK CHOPS

5 LBS. PORK LOIN END CHOPS

FRESH PORK SHOULDER BOSTON BUTT (FAMILY PACKAGE) BLADE STEAK . . . . . 4 \$4.99

DEEP SOUTH APPLE JELLY

2-LB. JAR **69¢**

DEEP SOUTH BARBEQUE SAUCE

2 16-oz. BTL. **88¢**

DEEP SOUTH HEALING BILLY CHIPS . . . . . 59¢

WISK HEAVY DUTY LIQUID DETERGENT

16-oz. BTL. **66¢**

WISK HEAVY DUTY LIQUID DETERGENT

16-oz. BTL. **66¢**

USDA CHOICE FRESH DOMESTIC WHOLE OR BONE-IN HALF LEG OF LAMB

1 LB. **\$1.99**

W-D BRAND FROZEN BIRD-BASTED TURKEY BREAST

1 LB. **\$1.29**

Southwestern Frozen Turkey Game Hen . . . . . 1 1/2 LB. \$1.99

WISK HEAVY DUTY LIQUID DETERGENT

16-oz. BTL. **66¢**

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16-oz. BTL. **66¢**

SAVE 46¢

(10¢ OFF) TIDE DETERGENT

Limit 1 with \$5.00 or more purchase excluding cigs.

49-oz. PKG. **89¢**

SAVE 40¢

ALL PURPOSE COOKING OIL

Limit 1 with \$5.00 purchase excl. cigs.

48-oz. BTL. **\$1.49**

THRIFTY MAID SELF RISING MEAL MIX . . . . . 5-LB. BAG 89¢

SAVE 36¢

ALL FLAVORS CHEK DRINKS

12-oz. CANS **99¢**

CHEK COLA OR ROOT BEER . . . . . 64-oz. BTL. 69¢

SAVE WITH WINN-DIXIE THE BEEF PEOPLE

SAVE 34¢

BORDEN ORANGE JUICE

3 QUARTS **99¢**

GREAT FOR SALADS - LARGE AVOCADOES . . . . . 2 for \$1.00

BAKERY SPECIALS

DEE DARLING LARGE FAMILY LOAF Bread . . . . . 3 20-oz. PKG. \$1.00

DEE DARLING V-10 Bread . . . . . 2 16-oz. PKGS. 89¢

DEE DARLING TRITICAL BROWN & SERVE Rolls . . . . . 2 11-oz. PKGS. 89¢

DEE DARLING Onion Rolls . . . . . 2 12-oz. PKGS. 99¢

TEA BAGS 100-CF. **\$1.59**

FRESKIES ALL VARIETIES Dog Food . . . . . 15-oz. CANS \$1.00

THRIFTY MAID CUT Sweet Potatoes 2 29-oz. CANS 88¢

DEE SOUTH FRESH PACK, KOSHER Whole Dills . . . . . 22-oz. JAR 69¢

LAST WEEK! TO COMPLETE YOUR GARDEN BOUQUET CHINA SET

**88¢** EACH

Dinner Plate  
Coffee Cup  
Saucer  
Bread & Butter Dish  
Dessert Dish

LAST WEEK! TO COMPLETE YOUR GARDEN BOUQUET CHINA SET

**88¢** EACH

LAST WEEK! TO COMPLETE YOUR GARDEN BOUQUET CHINA SET

**88¢** EACH

SAVE 30¢

THRIFTY MAID TOMATO JUICE

2 64-oz. CANS **88¢**

THRIFTY MAID APPLE Juice . . . . . 2 64-oz. CANS \$1.00

SAVE 30¢

DEEP SOUTH MAYONNAISE

QT. JAR **79¢**

DEEP SOUTH SWEET Relish . . . . . 7 1/2-oz. JAR 69¢

SAVE 21¢

THRIFTY MAID BARTLETT PEARS OR 30-oz. CANS PURPLE PLUMS

2 CANS **88¢**

CRACKIN' GOOD CHOCOLATE CHIP N'NUT, PECAN JOY, AND COCONUT CHOC. DROP COOKIES . . . . . 13-oz. BAG 79¢

HARVEST FRESH PRODUCE

HARVEST FRESH WESTERN CANTALOUPE

EACH **69¢**

HARVEST FRESH JUICY SWEET PLUMS

2 LBS. **\$1.00**

HARVEST FRESH LARGE NECTARINES

2 LBS. **\$1.00**

WESTERN RED DELICIOUS APPLES

13 FOR **\$1.99**

LARGE, JUICY LEMONS

11 FOR **89¢**

YELLOW ONIONS

3 LB. BAG **69¢**

U.S. NO. 1 VENT VU WHITE POTATOES

10 LB. BAG **99¢**

HARVEST FRESH LETTUCE ROMAINE

3 LBS. **99¢**

Q Tips . . . . . 88¢

SAVE 5¢ - HERBAL ESSENCE NORMAL, OILY OR DRY Shampoo . . . . . 99¢

SAVE 40¢ - NON AEROSOL PUMP A/P SCENTED OR UNSCENTED Right Guard . . . . . \$1.29

SAVE 40¢ - DENTAL CREAM Colgate . . . . . 99¢

Colgate . . . . . 39¢

Anacin . . . . . \$1.75

Midol . . . . . \$1.49

MR. COFFEE COFFEE MAKER **\$24.95**

K & S MONOFILAMENT EDGER & TRIMMER **\$23.95** EACH

Colgate . . . . . 39¢

Anacin . . . . . \$1.75

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SAVE 10¢

LILAC BATH TISSUE

4-ROLL PKG. **59¢**

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WISK HEAVY DUTY LIQUID DETERGENT

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MAXWELL HOUSE ALL GRINDS Coffee . . . . . 2-LB. CAN \$7.97

MAXWELL HOUSE Instant Coffee . . . . . 10-oz. JAR \$5.29

JOHNSON & JOHNSON DISPOSABLE DIAPERS Newborns . . . . . 34-CT. PKG. \$2.99

9-LIVES SQUARE MALL Cat Food . . . . . 12-oz. PKG. 67¢

ALL VARIETIES MANICO Snak Crackers . . . . . 8-oz. PKG. 79¢

MAXWELL HOUSE ALL GRINDS Coffee . . . . . 2-LB. CAN \$7.97

MAXWELL HOUSE Instant Coffee . . . . . 10-oz. JAR \$5.29

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9-LIVES SQUARE MALL Cat Food . . . . . 12-oz. PKG. 67¢

ALL VARIETIES MANICO Snak Crackers . . . . . 8-oz. PKG. 79¢

SAVE 33¢

STOKELY HONEY POD PEAS

4 16-oz. CANS **\$1**

SAVE 33¢

STOKELY CREAM STYLE OR WHOLE KERNEL CORN

4 17-oz. CANS **\$1**

SAVE 33¢

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4 16-oz. CANS **\$1**

SAVE 18¢

STOKELY SLICED BEETS

4 16-oz. CANS **\$1**

FRENCH AVE. & 25th ST. 419 E. FIRST ST. SANFORD



# Carter Breakfast: Juice, Coffee, Danish And A Lecture

WASHINGTON (AP) — If Jimmy Carter sincerely wants to get along better with Congress, he might try serving bigger breakfasts when he invites lawmakers to morning meetings at the White House.

Rep. Otis G. Pike, D-N.Y., is the latest congressman to complain about the food at breakfast meetings with the President.

Pike was one of the members of the House Ways and Means Committee invited to have breakfast with the President in the State Dining Room.

"One knew that the President was a peanut farmer," said Pike. "Everyone knows that farmers rise early, eat hearty breakfasts, and launch into backbreaking labors."

"One visualizes mounds of pungent sausage and bacon and ham, mountains of scrambled eggs, piles of grits dappled with butter. One visualizes the crackling white linens, the sparkling crystal, the crested silverware — all of the accoutrements of gracious living."

"That's what one visualizes. We got orange juice, coffee,

Danish and a lecture. It was okay, but it sure wasn't breakfast."

On the subject of food, the people who run the restaurants on the Senate side of the Capitol complex circulate a mimeographed flyer called the Senate Gastronomer.

The Gastronomer lists the items to be featured each day of the week in the cafeterias and dining rooms.

It also contains comments on sundry developments in food service in the Capitol, such as

the introduction of a frozen yogurt machine.

"A new frozen yogurt (frozurt) machine has landed in the snack bar in the Capitol. YUM YUM YOGURT!"

Like thousands of other people who live in Northern Virginia and work in Washington, Floyd Fithian rides the bus. Fithian works on Capitol Hill. His job: Democratic congressman from Indiana.

Fithian is a recent convert to mass transportation. During his first two years in the House,

Fithian lived in a bachelor apartment within walking distance of the Capitol. After he was re-elected last November, he moved his family into a house in the Washington suburbs.

His first morning in the suburbs, Fithian drove to work. It took 32 agonizing minutes. The next day he tried the bus, which sped along an express lane at 50 miles per hour. Fithian was converted, which could be bad news for people who drive to the Capitol.

"I would never vote another

single dollar for expansion of parking lots assigned to federal employees," vows Fithian, who also is thinking about relinquishing the five spaces allotted to his congressional office.

During the long Senate debate on the neutron bomb, supporters of the weapon argued that it would deter a Soviet attack on Western Europe.

Sen. Frank Church, D-Idaho, suggested that if the Russians had any common sense they wouldn't need a neutron bomb to discourage them.

"Who, for example, would

want to govern the French?" asked the senator. "Even the French are hard pressed to govern the French."

"And what of the Italians? What government with a modicum of good sense would wish upon itself the task governing Italy?"

One senator's debate may be another's filibuster. Or, so it seemed, as the debate on the neutron bomb went on for five days.

The opponents insisted they were not filibustering. Many of them were people who often

support motions to break logjams carried on traditionally by Southern Democrats.

So it fell to conservative Sen. Barry Goldwater to threaten to move to cut off debate. Normally, Goldwater opposes moves to end filibusters.

A supporter of the neutron bomb, Goldwater got to his feet late one afternoon and said "If this is not a filibuster, it's a doggone good limitation of one."

The Arizona Republican said he was ready to reverse his usual position and join other senators in forcing a vote to end debate.

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# STEAK FRYERS

U.S. Govt. Inspected WHOLE (Limit 3)

## \$1.38

# 39¢

HEAVY WESTERN LAZY AGED BEEF

CHUCK ROAST ..... Lb. 68¢

BONELESS STEW ALL MEAT 3 LBS. OR MORE ..... Lb. 99¢

T-BONE or RIB STEAK HEAVY WESTERN LAZY AGED BEEF ..... Lb. \$1.64

CHUCK STEAK OR CALIFORNIA ROAST HEAVY WESTERN LAZY AGED BEEF ..... Lb. 88¢

ROUND ROAST SHOULDER HEAVY WESTERN LAZY AGED BEEF ..... Lb. 98¢

DELMONICO STEAK HEAVY WESTERN LAZY AGED BEEF ..... \$2.29

HEAVY WESTERN LAZY AGED BEEF SIDES ..... Lb. 79¢

CUT AND WRAPPED FOR YOUR FREEZER FREE — SUBJECT TO CUTTING LOSS

FRONT QUARTER ..... Lb. 69¢

HIND QUARTER ..... Lb. 89¢

## THE GREATEST SALE IN TOWN

# 18<sup>88</sup>

FOLDING ALUMINUM CHAISE & 2 CHAIRS

Sturdy polished-aluminum frames with waterfall arms. Weather-resistant bright, multicolor webbing.

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4 ROLL BATHROOM TISSUE

69¢

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**BORDEN ELSIE BRAND**

ICE CREAM

1/2 GALLON

99¢

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PEPSODENT TOOTH PASTE

TWIN PACK 7.4 OZ.

79¢

LIMIT 1 PLEASE

**QUAKER STATE**

MOTOR OIL

30-HD QUART

53¢

LIMIT 6 PLEASE

**WESTINGHOUSE**

3-WAY SOFT WHITE BULB

50/100/150 WATTS

69¢

Reg. 1.29

**DAWN**

22 OZ. LIQUID DETERGENT

66¢

LIMIT 1 PLEASE

**CLAIROL NAILWORKS**

No. NM-1 Automatically Makes Beautiful Nails The Professional Way

11<sup>37</sup>

**PROCTOR AUTOMATIC**

2-SLICE TOASTER

Shiny chrome and black with color control for shade of toast desired. Snap-open crumb tray for easy cleaning.

10<sup>44</sup>

Reg. 12.88

**CLAIROL CRAZY BABY**

No. C-100 The New Short Lightweight Steam Styler. Just 9 inches Long.

15<sup>99</sup>

**THE SHOWER MASSAGE**

BY WATER PUMP Model FSM-2

14<sup>88</sup>

Reg. 18.98

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Kill Chinch Bugs, Ants, Ticks, Fleas, Grubs, Armyworms, Cutworms. One gallon covers average lawn twice. Applies extra with hose sprayer or sprinkling can.

1 GALLON 3<sup>99</sup>

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77¢

**MEN'S WORK GLOVES**

Reg. 99¢ PAIR

50¢

**100 WHITE ENVELOPES**

3-5/8" x 6 1/2" household size. Reg. 69¢

50¢

**DESENEK**

SPRAY-ON FOOT POWDER

8 oz. 1<sup>39</sup>

**GILLETTE TRAC II**

9 Twin Blade Shaving Cartridges

1<sup>69</sup>

**MILK PLUS**

REV LON SHAMPOO & CONDITIONER

8 oz. 1<sup>57</sup>

**OIL OF OLAY**

BEAUTY LOTION

4 oz. 2<sup>29</sup>

**SECRET**

ROLL-ON ANTI-PERSPIRANT

1.8 oz. 99¢

**FREE SUPER-VUE ALBUM PAGE**

with purchase of KODACOLOR FILM

**REPRINTS FROM KODACOLOR**

NEGATIVES NO LIMIT ON QUANTITY OF SPECIFIC ROLL SIZE OF NEGATIVES. Reg. 99¢

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**WINTOY-FILLED CLOWN**

The World's Largest ONE IN EVERY STORE! 8FEET TALL!

(NO PURCHASE NECESSARY TO WIN)

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CLIP THIS COUPON SAVE

**BORDEN MILK** GALLON

**\$1.29**

Limit 2 with \$10.00 order excluding tobacco. Expires Aug. 3rd

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CLIP THIS COUPON SAVE

SOFT and PRETTY ASST. TISSUE 4 ROLL PACK

**69¢**

Limit 2 with \$10.00 order excluding tobacco. Expires Aug. 3rd.

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

MARTHA WHITE FLOUR 5 LB. BAG

**48¢**

Limit 1 with \$10.00 order excluding tobacco. Expires Aug. 3rd.

**VALUABLE COUPON**

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**KRAFT MAYONNAISE** QT.

**88¢**

Limit 1 with \$10.00 order excluding tobacco. Expires Aug. 3rd.

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**SIRLOIN, LONDON BROIL OR CUBE STEAK** HEAVY WESTERN LAZY AGED BEEF YOUR CHOICE...Lb.

**\$1.44**

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**HEAVY WESTERN LAZY AGED BEEF STEAK** PATIO, TEXAS CUBE or BOTTOM ROUND Your Choice

**\$1.38**

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**CREAM STYLE CORN SWEET PEAS** GOOD VALUE 16 OZ. CANS

**4 \$1.00**

**VALUABLE COUPON**

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**BREAD** SUNBEAM FAMILY SIZE LOAF

**4 \$1.00**

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**GEORGIA RED, 16 OZ. CANS TOMATOES** 3 FOR

**89¢**

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**TEA BAGS** RED ROSE 100 CT.

**\$1.79**

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**B-B-Q SAUCE** 18 OZ.

**59¢**

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**FIRST PICK FRUIT COCKTAIL** 16 OZ.

**39¢**

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**STOKELY TOMATO CATSUP** 14 OZ. BTL.

**38¢**

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**U.S.D.A. Inspected ICE PACK FRYER BREAST, THIGH, WHOLE LEG, GIZZARD** Lb.

**68¢**

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**TURKEY NECK, PORK KIDNEY, PORK TAIL or PORK EAR** Lb.

**39¢**

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**100 PCT. PURE GROUND CHUCK** 3 LBS. OR MORE

**99¢**

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**TENDER SLICED BEEF LIVER** Lb.

**39¢**

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**BONELESS OVEN ROAST** Lb.

**\$1.34**

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**MEATY OX TAIL** Lb.

**79¢**

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**SUNNYLAND ALL MEAT BOLOGNA** SLICED

**99¢**

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**FAST PAIN RELIEF BAYER ASPIRIN**

Bottle of 100 tablets

**79¢**

LIMIT 1, PLEASE

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**DAIRY DEPT. SAVINGS**

BORDEN SWISS STYLE YOGURT ASST. FLAVORS 4 FOR

**\$1.00**

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**BORDEN ORANGE JUICE** QT.

**39¢**

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**MRS. FILBERT'S MARGARINE** 1 LB. TUB

**49¢**

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**BORDEN BUTTERMILK** 1/2 GAL.

**69¢**

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**BORDEN COTTAGE CHEESE** 24 OZ.

**99¢**

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**SUNNYLAND FOOTLONG ALL MEAT HOT DOGS** FAMILY PACK

**99¢**

FOOT LONG BUNS AVAILABLE IN THE STORES

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**PRICE COOLED ON FROZEN FOODS**

LAMBERT'S PIZZA ..... 13 OZ. **88¢**

MORTON'S ASST. FRUIT PIES ..... 24 OZ. **99¢**

MORTON'S ASST. DINNERS ..... 11 OZ. **69¢**

MORTON'S ASST. CREAM PIES ..... 16 OZ. **59¢**

MAINE SPECIAL FRENCH FRIES ..... 5 LBS. **99¢**

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**CREAM OF THE CROP PRODUCE**

FARM FRESH LETTUCE 3 HEADS **\$1.00**

WHITE POTATOES 10 LBS. **99¢**

FAMILY PACK TOMATOES Lb. **43¢**

CELERY STALK **29¢**

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**HEALTH AND BEAUTY AIDS**

CREST TOOTH PASTE 5 OZ. **88¢**

WOODBURY SHAMPOO ASST. 2 8 OZ. **\$1.00**

PEPSODENT TOOTH BRUSHES 3 FOR **\$1.00**

**VALUABLE COUPON**

CLIP THIS COUPON SAVE

**BOUNTY JUMBO TOWELS** PKG. **59¢**

SWIFT VIENNA SAUSAGE ..... 5 OZ. CAN 3 FOR **\$1.00**

PILLSBURY INSTANT MASHED POTATOES ..... 1 LB. BOX **79¢**

PARADISE STRAWBERRY PRESERVES ..... 2 LB. JAR **99¢**

CAMPBELL'S MUSHROOM OR TOMATO SOUP ..... 10.7 OZ. TALL CAN 5 FOR **\$1.00**



BLONDIE comic strip by Chic Young. Panels show Blondie and Dagwood talking about a raise and an anniversary.

BEETLE BAILEY comic strip by Mort Walker. Panels show Beetle Bailey and his boss in a military setting.

THE BORN LOSER comic strip by Art Sanson. Panels show a character in a military uniform.

ARCHIE comic strip. Panels show Archie and his friends in a school setting.

PRISCILLA'S POP comic strip by Al Vermeer. Panels show Priscilla and her friends.

EK & MEEK comic strip by Howie Schneider. Panels show two characters in a school setting.

BUGS BUNNY comic strip by Stoffel & Heimdahl. Panels show Bugs Bunny and Daffy Duck.

FRANK AND ERNEST comic strip by Bob Thaves. Panels show Frank and Ernest at a congressional cafeteria.

TUMBLEWEEDS comic strip by T. K. Ryan. Panels show tumbleweed characters.

ACROSS crossword puzzle grid.

DOWN crossword puzzle grid.

ACROSS crossword puzzle grid.

DOWN crossword puzzle grid.

ACROSS crossword puzzle grid.

DOWN crossword puzzle grid.

ACROSS crossword puzzle grid.

DOWN crossword puzzle grid.

ACROSS crossword puzzle grid.

Weight Clinics Vary In Quality. DEAR DR. LAMB - My question concerns the reliability of these weight clinics advertised in some magazines.

DEAR DR. LAMB - I hate to write this but I want to know if there is such a thing as a wood tick? I have something on my neck that feels like it's going in deeper and every once in a while it is like a needle being pricked into me.

DEAR READER - Yes, there are ticks and they are in wooded areas. They occur in both the East and the West United States.

WIN AT BRIDGE. NORTH 27. WEST 23. EAST 23. SOUTH 27. What do you lead from the West hand against South's 3NT?

YOUR BIRTHDAY. THOUGH YOU are quite ingenious today, timing is all important. If you try to implement plans prematurely, they'll fizzle.

SPIDER-MAN comic strip by Stan Lee and John Romita. Panels show Spider-Man in a dramatic scene.

DOONESBURY comic strip by Garry Trudeau. Panels show the Doonesbury characters in a chaotic scene.

TONIGHT'S TV Wednesday Evening. 6:00 C O P O SHARKEY. 6:30 I DREAM OF JEANIE. 7:00 AS MAN BEHAVES.

Thursday Morning. 6:00 (Mon. Thru. Sat.) THE LAW. 6:30 (Mon. Thru. Sat.) THE PAINT ALONG.

Afternoon. 12:00 THE PRICE IS RIGHT. 1:00 THE PRICE IS RIGHT.

SEEK & FIND AERODYNAMICS. R A T I R E I R R A B L A M R E H T B. C N N O J T A T O R O K N P D K P N.

LONDON PARIS ROME. "Since it's so expensive to go where it's at, how much would it cost to go where it has already been?"

Seminole County BLUEGRASS FESTIVAL. July 29-30-31. AT THE FAIRGROUNDS.

SUMMER SCHEDULE. June 12th Thru Aug. 31st. SUNDAY CLOSED. MONDAY PRIVATE PARTIES.

Melodee SKATING RINK. 2700 W. 23th St. (SR 44A) Sanford. Ph. 322-9353.

CBS Plans Sweepstakes To Attract Fall Viewers. LOS ANGELES (AP) - The old saying, "You couldn't pay me to watch that show," may get the acid test next fall.

When Dorfman first unveiled his sweepstakes campaign in June, he noted that campaigns similar to it had been run the last 18 months by a number of package goods advertisers.

GIANT FLEA MARKET SELLERS FREE. CALL KAY RIZER. MOVIELAND DRIVE IN THEATRE. 17 & 92 SOUTH - SANFORD.

Buy two orders of Fish & Chips and get one FREE! Present this coupon at any participating Arthur Treacher's Fish & Chips.

Save 53¢ on a complete Fish & Chips meal. Present this coupon at any participating Arthur Treacher's Fish & Chips.

Buy two orders of Fish & Chips and get one FREE! Present this coupon at any participating Arthur Treacher's Fish & Chips.

Save 50¢ on the original Fish & Chips. Present this coupon at any participating Arthur Treacher's Fish & Chips.

Low-cost Krunchin'. In a budget pinch? Try some low-cost Krunchin' at Arthur Treacher's. 2700 ORLANDO DRIVE (HWY. 17-92) SANFORD.



## Fancy Menu For Heart Patients...

So you've suffered a heart attack. Does that mean the end of good eating for you? The answer is a definite no. There's no reason you can't enjoy a banana split, veal fraicasse, manicotti, pizza and any number of other tasty dishes that might appear to be on the "no-no" list.

The solution is finding the proper recipes that will allow preparation of such meals within the limits set by your doctor.

That's a routine assignment for Mary Tarantino, registered dietitian at Miami's Cardiac Rehabilitation Center. She individually tailors menus to meet the special needs of the patient, guided by the number of calories prescribed by the doctors, usually in the 800 to 1,800 range.

**MANICOTTI**  
10 Manicotti noodles  
2 1/2 lb. Dry cottage cheese

2 Egg whites  
2 T. Fresh parsley  
dash Garlic powder  
2 T. Onion flakes  
4 oz. Grated skim, unsalted mozzarella cheese  
1 1/2 C. Fresh tomato sauce  
4 oz. Creamed skim, unsalted mozzarella cheese  
Bowl manicotti noodles to "al dente" in cold water. Drain. Set noodles in stage water. Mix next six ingredients together well. Stuff into manicotti noodles, approximately 1/3rd cup per noodle. Place small amount of tomato sauce on bottom of baking pan. Lay manicotti noodles in baking pan; spoon sauce over noodles. Spread cheese over sauce. Bake at 350 for 40 minutes. Makes five servings; 260 calories per serving.

**FRESH TOMATO SAUCE**  
4 oz. Chicken meat  
2 Minced garlic cloves  
1 1/2 C. Sliced onions

1 C. Sliced mushrooms  
Chopped green pepper  
4 C. Fresh tomatoes, skinned and diced  
2 C. Unsalted tomato juice  
2 C. Tomato puree  
1/2 C. Onion powder  
1/2 C. Garlic powder  
2 T. Italian seasoning  
2 T. Oregano  
2 T. Parsley  
Dash pepper  
1 T. Basil  
2 Bay leaves  
1/2 C. Chili powder  
2 T. Vinegar

Saute first five ingredients in a small amount of water, adding water as needed, for 30 min., or until onions have disappeared. Add tomatoes and cook for an additional 30 minutes. Add tomato juice, tomato puree and remaining ingredients. Let simmer for two hours, adding water as needed. Makes eight cups. One-half cup contains 30 calories.

**VEAL FRANCAISE**  
6-8 oz. cutlets, Veal cutlets  
1/2 C. Diet bread crumbs  
1/4 C. Chopped parsley  
1/4 C. Chopped scallions  
1 Minced garlic clove  
1/4 C. Chopped green pepper  
Dash Pepper  
Dash Tarragon  
Dash Thyme  
Dash Paprika  
1 C. Onions, diced  
1 C. Water  
1 C. Unsalted chicken bouillon

Make incision in each cutlet. In a bowl mix together next eight ingredients. Stuff veal cutlets with bread mixture. Sprinkle both sides of veal with paprika. Place in ungreased skillet and brown both sides of veal, adding small amounts of water as needed. Reduce heat; add onions. Cook for 10 min., covered. When onions are slightly browned, add water and chicken bouillon. Simmer 20 min. Makes six servings; 290 calories per serving.

**BANANA SPLIT**  
4 C. Frozen dietary dessert  
3 Bananas, small  
1 T. Strawberry preserves  
Diamel  
1 T. Crushed pineapple, unweetened

Slice bananas lengthwise. Lay bananas halves on dishes. Top with 3/4 cup of diet ice cream. Top with Diamel diet strawberry preserves and unweetened crushed pineapple. Top with diet whipped topping.

**banana split, veal fraicasse, manicotti, pizza...**



### Think \$ On Diet

Time to talk dollars and cents. As well as diet. Checking out at the supermarket these days is a trauma time for everyone. My suggestion is to comparison shop.

Every supermarket has its own brand. Choose three or four items that generally go into your basket and buy the house brand of these items from competing stores. Evaluate the quality of each.

Visit the produce departments and make note of prices AND quality. Freshness counts in produce. Apply the same strictures to the frozen vegetables and frozen juices. There's quite a difference among them. I found to my surprise.

The price of protein is high—and the standard of measuring is deteriorating. Lured by ads that lead you to cost cuts, too many women reach to the herd instinct and match to meat because it's on sale.

I thought there was a riot the last time I went shopping. It was only a sale of chuck steaks; an unbelievable sale—what they were selling was all fat trimmed with a bit of meat. No great bargain at \$1.99 a pound.

What does this have to do with dieting? Everything! You'll need eyes in the back of your head to diet and budget both, but it can be done. Shop around for a good market.

As a special reward for the extra effort that has gone into your shopping research, pick up a can of minced clams for these:

**CLAM CAKES**  
1 egg  
2 oz. minced clams  
1 tsp. onion flakes  
2 slices diet-sliced bread

Put in blender, add enough clam juice to make the consistency of oatmeal. Drop on Pam-sprayed skillet. Cook like fish cakes.

Do you have any favorite consumer tips that you might like to share with other readers? Send them to me in care of this paper.

**Fruit Soups For Variety**

**PLUMMERUPPE**  
A chilled plum soup, this time from Norway, that Americans enjoy as dessert.

1 pound red plums  
1 quart hot water  
1/3rd cup sugar  
1/4 cup red wine  
2 tablespoons potato starch blended with 2 tablespoons cold water

In a medium saucepan, uncovered, gently boil the plums, water and sugar until the fruit is tender. Remove plums, pit and puree; stir a little of the puree into the potato starch mixture; stir back into remaining puree in saucepan. Cook over moderate heat, stirring constantly, until thickened and boiling. Off heat stir in the wine. Chill. Makes about 8 cups.

Adapted from "Authentic Norwegian Cooking" by Astrid Karlsen Smith. (Note: Tangle the plum soup while it is still warm and, if you like, add more sugar and salt and cinnamon to taste.

FAIRWAY LOWERS YOUR TOTAL FOOD BILL! LOW PRICES THAT STAY LOW!

8 PACK - 16 OZ. BOTTLES  
**7-UP** Plus Diet  
Buy One Get One FREE!

ICE CREAM \$1.18

EVERYDAY LOW PRICE  
**WHITE BREAD** 16 OZ. LOAF 28¢

EVERYDAY LOW PRICE  
**ICE MILK** 1/2 GAL. 58¢

EVERYDAY LOW PRICE  
**GROUND BEEF** (3 LBS. OR MORE) 78¢

COLGATE PALMOLIVE  
**FAB** 49 OZ. BOX \$1.18

LOW PRICES LEAVE YOU WITH MORE MONEY IN YOUR POCKET AT THE END OF THE MONTH! Save Up To \$2.35 With These Groceries!

THIRST-C	86¢	MAYONNAISE	\$1.18
HAMBURGER BUNS	26¢	FROZEN DINNERS	56¢
BAR-B-Q SAUCE	56¢	POTATO CHIPS	68¢
CATSUP	62¢	CHEEZ-DOODLES	68¢
SWEET GREEN PEAS	24¢	YELLOW CORN	24¢
CUT GREEN BEANS	24¢	1000 ISLAND DRESSING	58¢
LIQUID DAWN	\$1.08	SHOWER TO SHOWER	\$1.09
LARGE EGGS	58¢	MR. PIBB	\$1.06

FREEZER BUY!  
**WHOLE SIRLOIN TIPS** \$1.18  
CUT INTO ROASTS, STEAKS AND GROUND SIRLOIN  
CUT AND WRAPPED FOR FREEZER - NO EXTRA CHARGE!

Guaranteed naturally tender, every cut, every time.  
**ARMOUR TESTENDER BEEF SEVEN BONE BEEF ROASTS** 88¢

**CHUCK BLADE ROASTS** 68¢  
**ROUND BONE ROASTS** 98¢  
**ENGLISH CUT ROASTS** 88¢  
**SWISS STEAKS** \$1.18  
**CHUCK STEAKS** 88¢  
**BONELESS DELMONICO STEAKS** \$2.48  
**RIB ROASTS** \$1.68  
**CALIFORNIA CUT ROASTS** 98¢

**JIMMY DEAN** SMOKED SAUSAGE \$1.28  
**ECONOPACK** MIXED FRYER PARTS 36¢  
**SMOKED SAUSAGE** \$1.38

**ARMOUR FREEZER MEATS**  
BREAKFAST BOLONIA 98¢  
BREAKFAST FRANKS 98¢  
BOILED HAM 1.78  
SLICED BACON 1.18  
BRAUNSCHEIGER 68¢  
SALAMI, BOLONIA, FRANKS 1.18

Conflict, strife on horizon. Plans may be disrupted by unexpected turn of events.



**MAKE ROOM FOR MAYOR**  
A smiling Sanford Mayor Lee P. Moore pushes the first shopping cart through the new "brown-bag-it" Jewel T Discount Grocery in Pinecrest Shopping Center, U.S. 17-92 and 27th Street, Sanford, the store, which opened for business today, is the seventh in Florida for the fifth-ranked national grocery chain. Welcoming Moore are Don Hammond (left), division manager; and Neil DiCarlo, store manager.

**10 Property Owners Join Revamp Effort Today**

At least 10 property owners have committed in varying degrees to the efforts being made by Greater Sanford Development Corporation (GSDC) to rejuvenate downtown Sanford.

"I've been doing business in and around Sanford all my life," said George Brown, Casselberry businessman who owns the Ford Building on Palmetto Avenue.

"I think Sanford is the finest location in the state," he added, "because of Lake Monroe."

"That lake is a natural growth barrier. Growth has been moving up, from Orlando into the south end of the county, and Sanford will eventually have to grow. Growth will continue till it reaches the lake," he predicted.

Brown continued GSDC President Sara Jacobson and the work her organization has been doing on behalf of downtown development.

"I think she has a good program over there," he said. "It has to work. If it doesn't work, Sanford is dead. It is time to get the show on the road and do something the public can see, to generate some enthusiasm."

Another property owner committed to the GSDC plans for restoring Victorian facades



Pete Rodriguez (left, left photo), chairman of Seminole County Red Cross and Sally Malena, vice-chairman, confer with Mac Hyers, (center), president of Mid Florida Corp. (right photo) after violent explosions ripped through the Orlando oxygen supply firm Wednesday. In Orlando for a routine Red Cross meeting Rodriguez and Malena were the first disaster team to arrive on the scene, where they helped set up emergency treatment stations and a canteen. Three persons were injured by the explosions and fire, and seven firemen later required treatment. Cause of the explosions is still under investigation.

## 'Psychic Fair' Canceled In Altamonte

By MARYLYN SHEDDAN Herald Staff Writer  
Pressure from local churches has caused cancellation of a "psychic fair" scheduled Aug. 18 at the Altamonte Mall.

The church recognizes the fact that there is a power in that kind of thing, just that it is not from God," said the Rev. Fr. Steve Sutton, Church of the Good Shepherd, Maitland.

"Even the devil can quote scriptures to accomplish his purposes," Sutton added.

The event, called a "Paranormal Fair," was scheduled at the mall "because that is the only place which can handle our projected 100,000 visitors," said Bruce Hoffman, coordinator of the event.

Hoffman plans to fight the closing. "I have my contract (with the mall association) in my hand," Hoffman said. "I don't see that they can cancel. This thing is still going as far as I'm concerned."

The mall association had been publicizing the event enthusiastically, but reconsidered when calls came in protesting the scheduled gathering of psychics, witches, astrologers, hypnotists and others dealing in similar areas.

"I think it is ridiculous that because of a few phone calls—even if there were as many as 200 out of the entire population of Central Florida," Hoffman said, "They should try to turn this thing around. I think it is wrong."

The Rev. Sutton said he called Mrs. Doris Ashwell (promotion director for the

mail) only after "a number of calls" came into the church from concerned parishioners.

Mrs. Ashwell confirmed today that the event has been canceled, and that people calling in to inquire about the matter are being told of the cancellation.

"I told Mrs. Ashwell that I didn't know whether she wanted any feedback or not, but if she did I did not see this Para

Extravaganza as a positive thing for the emotional and spiritual life of the community," said Mrs. Sutton.

Hoffman, who once lived in Salem, Mass., some of the American witchcraft trials and burnings, said he was amazed to learn from Mrs. Ashwell that at least two merchants had received calls from customers (one at each See "PSYCHIC," Page 5A

## Lake Mary: We'll Fight County On Annex Issue

By DONNA ESTES Herald Staff Writer  
Lake Mary is totally in the right of course, we are going to fight to defend the annexation of Healthrow.

Those are the comments of Lake Mary Mayor Walter Sorenson in response to the decision by the Seminole County Commission to challenge in the courts the annexation, completed last week, of the 1,600 acre Healthrow planned unit development and other parcels.

The county commission earlier this week instructed County Attorney Joe Mount's office to file documents seeking a judicial review (a writ of certiorari) of the annexation.

Asst. County Atty. Gary Siegel said the county is contending that the City of Lake Mary violated the state annexation law by annexing the property.

He repeated statements made before the city council, claiming the annexation creates enclaves (county areas surrounded by city lands), pockets (county areas partially surrounded by city lands), is not reasonably compact and is not co-terminus (does not touch substantially enough city boundaries).

State law bans the creation of pockets or enclaves by annexation and requires that

annexed properties be reasonably compact and co-terminus.

The county commission and the city are in a dispute over the annexation of Healthrow. The city is in the right of course, we are going to fight to defend the annexation of Healthrow.

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## Merit Salary Increases Approved In Casselberry

Merit pay raises due 22 Casselberry city employes for the months of July and August were approved by the city council Wednesday night.

But proposed six per cent cost of living salary increases for the new fiscal year, beginning Oct. 1, will not be included in the city's budget for the personnel who are members of unions currently bargaining with the city.

Council Chairman Nathan Van Meter told council members that the latest information available from the state's Public Employees Relations Commission (PERC) is that the "status quo" in the new year must be maintained for the employee union members participating in bargaining with the city.

As for the rest of the current fiscal year—July, August and September—Van Meter said, the council could either order a freeze on merit increases or approve them. Mayor Gerald

Christensen recommended granting the raises to the 22 employes affected, including 20 within the bargaining units. The council concurred unanimously.

Councilman Frank Schutte said the city council had no other choice concerning the raises in the new budget year. "We could be accused of an unfair labor practice if we granted the pay raises," he said.

The council agreed that employees outside the bargaining units, which includes members of the fire department, confidential employees, supervisors, department heads and police officers with the rank of sergeant and above, will receive not only the six per cent cost of living raises, but also four per cent merit increases in the new year.

Council Carl Robertson Jr. agreed to the six per cent with the stipulation that the figure will be boosted upwards at the end of budget sessions if the city has enough money available.

In other action, the council during budget workshop denied a request from Fire Chief Roy LaBossier that one of the current 10 firefighters on the city's paid force be upgraded to a fire inspector-training officer.

The council on a 2-2 vote, with Councilmen Robertson and John Leighty opposing and at the recommendation of the mayor, in-

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