

# Sanford Herald

Serving Sanford, Lake Mary and Seminole County since 1908  
87th Year, No. 236 - Sanford, Florida

## NEWS DIGEST

### INDEX

#### Health and Fitness

Whether you're searching for ways to cut fat from your diet, add exercise to your daily regime, or just bone up on the beat in health and fitness, it's inside our special section today.

#### People

##### Award of excellence

The Sallie Harrison Chapter, Daughters of the American Revolution, honored Doris Stein with an award of excellence at the final meeting of the season.

See Page 5B.

### EVENTS

#### Grand re-opening

SANFORD — "Whenever a Rite Aid store is remodeled, we have a party for the customers who stayed with us during all that work and construction," explained Rite Aid Manager Carol Marsh. As a result, the recently remodeled Rite Aid at 2436 French Avenue in Sanford is throwing a party this Friday and Saturday from 9 a.m. until 5 p.m.

Events include a presentation by Goldboro School's choir at 10:30 a.m., and the Sanford Police Department DARE car beginning at 10 a.m.

Marsh said other events including fee Crazy Wings samplings will be held both Friday and Saturday at 2 p.m., plus many more activities.

"This is for our regular customers as well as people who want to see what our newly remodeled store looks like," Marsh said, "so everyone is invited."

#### Water shutdown

CASSELBERRY — Water lines are expected to be shut down during the early morning hours tomorrow in an area surrounding the intersection of U.S. Highway 17-92 and SR-436. Water is expected to be turned off at approximately 2 a.m. Friday morning, and be back on between 5 a.m. and 6:30 a.m.

"We have to have the shut down because of the relocation of water mains as part of the construction work," said Steve Homan with the Department of Transportation. Homan explained that the City of Casselberry has promised to notify all merchants and residents in the affected area of the situation.

Construction work at the major intersection is expected to continue for many months. The DOT however, has promised to keep traffic restrictions during peak traffic hours at a minimum.

#### Infant undergoes operation

Garrett Benjamin Price, the 2-month old Maitland infant suffering from a rare lung disease, reportedly underwent a lung transplant last night at St. Louis Children's Hospital.

The only information available at present is that the operation was believed to have been successful. The lungs of a 2-year old donor were used.

A trust fund, through Higgins & Heath/Better Homes and Gardens in Longwood, had been set up in Central Florida to help cover medical expenses. Garrett's parents, Kim and Gary, are both realtors with the company.

Prior to last night, there had been only 17 lung transplant operations on children under age two, and only six under the age of four months.

Compiled from staff reports

Your work is to discover your work and then with all your heart to give yourself to it. -Buddha

### INDEX

Classifieds.....	4B, 5B	Movies.....	5B
Comics.....	5B	Nation.....	5A
Greenwood.....	5B	People.....	5B
Beer Abby.....	5A	Police.....	5A
Beats.....	5A	School News.....	5A
Dr. Got.....	5B	Sports.....	1B, 5B
Editorial.....	4A	Television.....	5B
Florida.....	5A	Weather.....	5A
Norocopa.....	5B	World.....	5A



Today: Cloudy with an little chance of rain. Highs in the mid to upper 80s. Chance of rain 50 percent.

For more weather, see Page 2A

## Two dead in plane crash Sunniland businessmen killed in Costa Rica

By MICK PFEIFFER  
Herald Staff Writer

SANFORD — Two officials from Sunniland Corporation at Five Points in Sanford were killed Wednesday when their light plane crashed in Costa Rica. The men were in the Central American country reportedly checking property

owned by a Sunniland client.

The two were identified as Robert J. Cadden of Winter Park and James D. Sutton of Umatilla. Both were employed at the Five Points Sunniland facility. Cadden, business manager for the Sunniland Fertilizer Division had been with the company about three years. Sutton, a territorial manager, had been with Sunniland for slightly

under 20 years.

According to Tom Moore, president of Sunniland, the men were flying in a single engine plane owned by a Sunniland client, when it reportedly struck a power line causing it to go down. "It appears as though this was a case of pilot error," Moore said this morning. Results of

See Crash, Page 5A

### More than one way to learn

## The wall that teaches

By VIKKI DESSONER  
Herald Senior Staff Writer

LAKE MARY — Students at Greenwood Lakes Middle School have found out there is more than one way to learn.

And they're excited about it.

A project begun during the last intersession has resulted in an eight-foot tall "wall that teaches," which is on display in the school's cafeteria, and is drawing crowds of the curious and the fascinated.

See Teach, Page 5A



Teacher Ernie Morris, and students Irving Forestier and Joey Trapani near the wall that teaches.

## County adds a judge

By SANDRA ELLIOTT  
Herald Staff Writer

SANFORD — The search is on for another Seminole County Circuit Court judge.

The Florida Supreme Court recommended a new judgeship be created in the Eighteenth Judicial Circuit for Seminole County. The legislature created and funded the judgeship effective October 1.

The 18th circuit is comprised of Seminole and Brevard counties. At one time judges split their time between the two counties or "rode the circuit." Today, the judges for

See Judge, Page 5A

## Art association asks that historical building be renamed

By MICK PFEIFFER  
Herald Staff Writer

SANFORD — A two-month old request to rename a historical building has finally reached the Sanford City Commission for consideration.

The Sanford/Seminole County Art Association wants to have the Cultural Arts Building named in honor of the late artist E.B. Stowe. The prominent artist died at the age of 101 on Feb. 24 of this year.

The association membership voted in favor of asking the city for the name change at its March meeting, but the actual application was not submitted until last week, pending signatures from the entire membership of the Executive Board.

During this past Monday's Sanford City Commission meeting, Mayor Betty Smith acknowledged having recently received the request, but suggested it was submitted too late for inclusion in the meeting's agenda. She proposed that it be brought up for discussion at the next meeting, which would be scheduled for June 12.

Commissioner Lon Howell however, immediately voiced his objection to the request. "Mr. Stowe may have been an outstanding artist," he said, "but he wasn't an actual Sanford resident, and I don't think

we should name the building for someone who wasn't from here.

Stowe was born in 1894 in Mount Dora. After living in several areas, he moved to Sanford in 1915 where he was a celery and flora farmer.

Stowe did not take up his painting until his retirement, and spent his last years as a resident of Hillhaven Healthcare Center, in Sanford.

He is also credited with having been one of the original founders of the Sanford/Seminole County Art Association.

The letter, submitted to Mayor Smith, says in part, "We would be most appreciative of your consideration and approval of our request to honor Mr. Stowe's memory by naming the building the E.B. Stowe memorial Cultural Arts Building."

The letter was signed by the seven member Executive Board of the association which includes Ashby Jones, Leta Long, Faye Siler, Florence Woodruff, Joseph Mathieux, Pauline Stevens and Teresa H. Markle.

At the time of Stowe's funeral, the art association established a fund for a memorial to the artist. Jones explained that several hundred dollars has already been obtained.

The association wants to purchase a plaque in honor of Stowe and place it on display at the Cultural Arts Building, hopefully when the city grants approval to the name change request.

### History in pictures



The Vincent family is donating a series of photographs from the 1890s to 1960s of the Sanford area, to the Sanford Museum this afternoon. Brothers Donald, William R. Jr., and Tom, sons of William R. Vincent Sr., will make the donations in a private ceremony at the museum. Other items to be donated include some Indian artifacts and pottery shards from the local area. Shown in the photo above, taken in the 1950s at the city clock at First Street and Park Avenue, are the late W.R. Vincent Sr., and son Tom, now Sanford Herald chief photographer.

### Pomp and circumstance



Pre-schoolers at the First United Methodist Church preschool in Sanford completed their studies for the year this week. In caps and gowns, they made their way across the stage and received their diplomas in preparation for

kindergarten next fall. Gabriel Fischer was one of the youngsters who earned a diploma and a hug from Carol Reid during the commencement exercises.

## Great gift: Adopt manatee for dad's day

By SANDRA ELLIOTT  
Herald Staff Writer

SANFORD — Your gift last year brought a tear to his eye. It brings tears to his eyes every Father's Day when he opens the gaily wrapped present to find that ubiquitous tie. He smiles and warmly thanks the presenter then hangs it on the tie rack in the back of the closet, rarely to be seen again.

Father's Day is fast approaching and one organization suggests you give Dad a wild gift this year...adopt a manatee for him.

For \$20, the Save the Manatee Club will send an adoption certificate, underwater photo and life history of an adopted manatee who is just right for your dad. Manatees with manly names like

See Manatee, Page 5A



NEWS FROM THE REGION AND ACROSS THE STATE

FLORIDA BRIEFS



Principal cleared of roughing up student

CRESTVIEW — A principal, already battling school officials over what she contends is racial discrimination, has been cleared of accusations she roughed up a 9-year-old student.

Police said Tuesday that Southside Elementary School principal Naomi Barnes was acting in her legal authority to control students in the absence of their parents by grabbing an unruly girl May 12. Barnes denied touching the child.

"We believe ... Dr. Barnes did, in fact, touch and cause the marks observed on the child by witnesses," police said in a news release. "However, the marks were not visible when police looked at the child less than five hours later."

Her parents had complained to police about the incident, which happened within days after Okaloosa County School Superintendent Bernadette Cover transferred Barnes to the Crestview school from Edwins Elementary School in Fort Walton Beach.

Sen. Heflin defends helicopter training

WASHINGTON — U.S. Sen. Howell Heflin said he will continue to fight for the consolidation of military helicopter training at Fort Rucker, despite a defense commission decision against it.

The Commission on Roles and Missions on Wednesday decided not to move Navy helicopter training from Whiting Field in Pensacola, Fla., to Fort Rucker. The Navy had complained it did not want to train its pilots at an army base.

"No matter how much the Navy protests about training at an Army base, the move will save money and increase the number of hours navy pilots spend training in helicopters," Heflin, D-Ala., said in a statement.

Couple convicted of lesser charge

WEST PALM BEACH — A couple accused of felony murder in the crib death of their 2-year-old adopted daughter were convicted of a lesser charge of misdemeanor culpable negligence.

A makeshift plywood lid on Pauline Cone's crib slammed shut on her neck, fatally injuring her as she tried to get out. Timothy and Paulette Cone have been jailed since November in her death at their Lake Worth home.

Palm Beach Circuit Judge Edward Rodgers on Wednesday set a bond hearing for Tuesday but did not schedule sentencing.

Defense attorney Jack Goldberger said he will ask that the couple be released from jail.

Father, son seek pardon

NAVARRE — A father and son who were the first people sent to prison for violating the federal Clean Water Act say they will seek a presidential pardon now that the Supreme Court has rejected their appeal.

The high court declined to hear their case May 15, but Ocie Mills, 60, of Navarre, said he and son Carey won't give up.

"We're going to keep trying, president after president after president," the elder Mills said Tuesday.

Their cases became a rallying point for property-rights advocates across the nation because of the relatively minor nature of their violation.

The Millses, who represented themselves in court, were convicted in 1989 of putting fill on two waterfront lots that had been designated wetlands. They served 10 months of 31-month sentences at a federal prison camp in nearby Pensacola.

Fisherman faces fine after two lost

FORT MYERS BEACH — A St. Petersburg fisherman faces possible fines after the U.S. Coast Guard seized 131 shark fins from his boat.

William Lee Dehmer, 35, had the cargo aboard his fishing vessel Ladybug when it was boarded Monday.

Shark fins are a lucrative commodity for fishermen, currently fetching about \$23 a pound. They are dried and shipped to Asia, where they are used in shark fin soup.

Two years ago, the federal government outlawed the practice of "finning" sharks — cutting the fins off sharks and then throwing the sharks back. Shark meat itself typically brings fishermen less than \$1 a pound.

Hill may represent self

PENSACOLA — A former minister who fatally shot an abortion doctor and a volunteer escort should be allowed to represent himself for an appeal from death row, a judge has ruled.

Circuit Judge Elsie Sanders of Gainesville on Wednesday recommended that the Florida Supreme Court let Paul Hill act as his own lawyer before the high court, which hears automatic appeals of death cases.

Although the U.S. Supreme Court has ruled death row inmates have the right of self-representation on appeal, state officials say it has never happened before in Florida.

From Associated Press reports

Church sets centennial celebration Sunday



The St. Johns Missionary Baptist Church, 880 Cypress Ave., will culminate its centennial year during Sunday church services. Pastor Robert Doctor will deliver the centennial message at the 11 a.m. service and the Rev. John Phillips of the New Hope Missionary Baptist Church, Winter Park, will deliver the centennial celebration message at 4:15 p.m. Dinner will be served after the service. The church was founded May 10, 1888. The public is welcome to the celebration.

Boy, 2, mauled to death by dogs

By Associated Press

OCALA — As his mother stood helplessly by, a 3 1/2-year-old boy was mauled to death by a Rottweiler as he played in his back yard.

Police had to shoot and kill the dog and another Rottweiler to get to the boy, Kirby Wayne Lawrence, who died on the scene of Wednesday's attack, authorities said.

An autopsy will be performed to determine the exact cause of death, said Lynn Cyprian, a spokeswoman for the Ocala Police Department.

Several officers and other police officials wept after seeing the boy's wounded body.

"I think generally any time a child is involved, it's a situation that touches us very deeply," said Capt. Jack Sues.

The boy's mother, Mary Lawrence, 23, knew he was playing in the back yard with the female dog, Tequila. She thought the male dog, Whiskey, who weighs more than 100 pounds, was penned up, but it was only chained in the yard.

The child had played in the past with Tequila without any problems, Mrs. Lawrence told police.

Police believe Kirby followed the female dog over to the male dog and then was attacked.

When Mrs. Lawrence heard her son screaming, she ran to the yard but was unable to get the child away from the dogs. The frantic mother then called 911.

"I can't get the dogs away ... We've got to kill those dogs," a sobbing Mrs. Lawrence is heard saying on a tape recording of the call.

While the dispatcher summoned police, Mrs. Lawrence put the phone down to check on her son. She let out screams of

See Mail, Page 5A

Chiles' office gets hundreds of calls, letters about bills

By JACQUE HALLIFAX Associated Press Writer

TALLAHASSEE — Though still waiting for much of the legislation lawmakers passed to reach his desk, Gov. Lawton Chiles has been inundated with calls, letters and faxes urging him to veto or sign different bills.

Among companies trying to sway Chiles is AT&T, which is waging an advertising campaign against a bill that would ease regulation of local phone service.

The long-distance company bought radio spots across the state last week and began running newspaper ads in Miami, Fort Lauderdale, Tampa, St. Petersburg, Orlando, Jacksonville and Tallahassee this week.

"This is a very rare approach that we're taking," Barry Johnson, Florida director of corporate affairs for AT&T, said Wednesday from his Miami office.

Johnson wouldn't say how much money the company has spent on its campaign or how long it would continue.

Chiles said Wednesday he hasn't decided what he's going to do with the bill, which has yet to reach him.

Since lawmakers ended their regular two-month session two weeks ago, Chiles has received between 4,000 to 5,000 letters, about 6,000 phone calls and several hundred faxes a day, according to John Currie,

director of citizens services in the governor's office.

The phone deregulation bill has generated the most interest, although he didn't have the specific numbers, he said.

"By and large, it's been running about 3 to 1 in opposition," Currie said.

But supporters also are contacting Chiles. The governor recently got a letter from Peter Daka, the head of GTE Telephone, which provides local phone service to the Tampa Bay area, in favor of the measure.

Ninety-seven bills were sent to Chiles' office Wednesday, bringing the total to about half of the 582 bills lawmakers passed.

Former teacher charged with sexual assault

By Associated Press

FLINT — A former band director accused of having sexual relationships with four students in Florida is back in jail on charges that he had an affair with a 13-year-old girl in Michigan.

George Crear III had been free on bond but was returned to jail Wednesday in Miami after the Michigan charges were filed.

Crear, 44, pleaded not guilty last week in Florida to charges of having sex with one of his students. He denies all the allegations.

"When given the chance to go to trial and not be tried in the press I can verify my relationship with each one of the parties involved and be able to explain to people why there may be animosity between those people and myself," Crear told WFLG-TV in Miami.

The Michigan girl told school authorities in 1984 that Crear had sexually assaulted her on at least five occasions over a six-month period the year before. Genesee County Prosecutor Arthur Busch said.

Crear is charged with three counts of first-degree criminal sexual conduct, which each carry a maximum sentence of life in

prison, and two counts of second-degree criminal sexual conduct, each 18-year felonies.

The relationship began in February 1983, when the girl was a band member at Whittier Middle School and continued at Central High School in the fall, Busch said.

The girl was allowed to switch schools but Crear remained in his position as band director for the school system. No charges were filed because the girl's mother did not want to pursue the case, Busch said.

Three years later, two other women came forward to allege that Crear had assaulted them several years before at Whittier. The police investigation concluded that the alleged assaults took place in the 1970s, beyond the statute of limitations for filing charges, Busch said.

The school district settled with Crear over the objections of the two victims to avoid "protracted and expensive litigation." In return for his resignation, the school board agreed the allegations would not be repeated unless officials were specifically asked about them.

Crear took a job a month later with Palmetto High School near Miami. Flint

school officials have said they did not tell Palmetto officials about the allegations because they were never asked.

But in October, Dade County school officials began an investigation into allegations by four band students that Crear had coerced them into sexual relationships.

Crear resigned from the Florida school in February.

"I'm not guilty. You make some people happy but you make a lot of people angry when they can't get their way," Crear told WFLG-TV.

When the Florida case became public, the girl who reported assaults by Crear in 1984 came forward again, Busch said. Now 25 years old, she is determined to pursue charges even if her mother is still against it, he said.

Busch said the deadline for filing charges has not run out on her allegations because when Crear left the state in 1987, the six-year statute of limitations stopped running.

Crear's trial on charges in Florida is set to begin July 31. A new bond hearing was scheduled for Crear on Tuesday.

MIAMI - Here are the winning numbers selected Wednesday in the Florida Lottery. Fantasy 5 22-12-8-14-26 Cash 3 7-2-1 Play 4 8-7-0-7

Sanford Herald Thursday, May 25, 1988 Vol. 87, No. 238 Published Tuesday through Friday and Sunday by The Sanford Herald, Inc. 208 N. French Ave., Sanford, Fla. 32771

THE WEATHER Today: Cloudy with a little chance of rain. Highs in the mid to upper 80s. Chance of rain 50 percent. Tonight: Partly cloudy lows in the upper 60s to near 70. Little chance of rain. Friday: Partly sunny with slight chance of rain. Highs in the mid 80s, lows near 70. Saturday and Sunday: Partly sunny with increasing rain chance. Highs in the upper 80s, lows about 70. THURSDAY Pily cldy 80-70 FRIDAY Cldy 86-69 SATURDAY Pily cldy 88-69 SUNDAY Pily cldy 88-69 MONDAY Pily sunny 80-70





### An evening of jazz

Musicians with the Clara Atlantic University Jazz Orchestra will perform in their fifth annual central Florida concert scheduled for Friday evening at 8, in the concert hall of the Pine Arts Building, Seminole Community College. Admission is free. Listen to the old favorites and latest jazz hits. The event is sponsored by the Orlando-Sanford Clara Atlantic University Alumni Association and the African American Society of Seminole Community College. Director is James H. Patterson. President is Dr. Thomas W. Cole Jr.

Special Photo by Steve Manning

## Florida Bar action against lawyers

By GABRIEL BLASOFF  
Herald Staff Writer

**SANFORD** — A Casselberry attorney was publicly reprimanded in a recent order by the Florida Supreme Court for professional misconduct and placed on two years probation following action taken by The Florida Bar.

Statewide, the high court disbarred one attorney, accepted the resignation of another, suspended nine attorneys, placed one on probation and publicly reprimanded three others.

James Clifford McClendon, II, 450 Seminola, Casselberry was reprimanded pursuant to a court order dated April 27. According to a Bar Association news release, "McClendon rented office space in a mortgage assistance center operated by a nonlawyer. The center was engaged in the unlicensed practice of law by improperly assisting clients in legal foreclosure matters. It also routinely referred clients to McClendon. For \$50, McClendon answered complaints but did not seek or talk to the clients. McClendon received approximately \$1,000 per client for bankruptcies. The fees were paid directly by the mortgage center from funds previously received from clients. McClendon improperly relied exclusively on statements made by mortgage center personnel at the mortgage assistance center."

Other attorneys taken by the Supreme Court was:

Teresa Baldie, Miami Beach, disbarred from all practice of law in Florida without leave to reapply for 30 years.

Steven C. Kohl, St. Petersburg, resigned without leave to reapply. He was the subject of four pending disciplinary investigations.

David J. Beatty Jr., Neptune Beach, suspended from all practice of law for one year effective May 20.

Robert H. Anselm, Ft. Lauderdale, suspended for 18 days.

Mark Edward Panunzio, Miami, suspended for 45 days, effective May 1.

Ronald Hardy Feacock, Jacksonville, suspended for 60 days.

John H. Faro, Miami, suspended for 10 days effective May 27.

Geneva Forrester, St. Petersburg, placed on immediate probation 30 months.

Michael J. Freeman, Tampa, suspended from all practice of law for failing to comply with all provisions of his contract with the Florida Lawyers' Assistance, Inc.

Ann Martino Price, Tampa, publicly reprimanded for professional misconduct.

Robert Brian Rasmick, Boca Raton, suspended for 10 days, effective May 27.

J. Jay Simons, Ft. Lauderdale, publicly reprimanded for professional misconduct.

Young T. Tindall, Hollywood, suspended for all practice of law

for three years and placed on probation for two years.

Phillip R. Wasserman, Clearwater, suspended from all practice of law for 60 days. The release notes Wasserman intentionally continued to practice law after he was notified of his suspension for failing to pay his Bar dues.

As an official agency of the Supreme Court of Florida, The Florida Bar and its Department of Lawyer Regulation are charged with the administration of a statewide disciplinary system to enforce Supreme Court rules of professional conduct for the 51,000-plus lawyers who are admitted to practice law in Florida.

### Attempted robbery

Sanford police are investigating an attempted robbery Tuesday of the Road Lion store, 3121 S. Orlando Drive. Police said a man entered the store armed with a knife, and attempted to rob it, but fled from the store and drove off in a late model car driven by a second person.

The robber was described as a white male, in early or mid 20s, five feet 11 inches tall, 160 pounds, wearing a denim jacket, blue jeans, dark blue ski mask and white tennis shoes. Police did not indicate that anything was taken from the store, and none of the store personnel were apparently injured.

### Multiple charges

William Robert Chaney, 36, of Orlando, was arrested in Sanford by the Florida Highway Patrol Tuesday. An FHP officer said he saw a vehicle pulling a boat trailer make a questionable turn and gave chase. He said he eventually found the vehicle which had stopped. The officer said he saw the driver pouring approximately five gallons of fuel onto the roadway from the boat. When the officer approached him, he said the man attempted to run from the area. He was eventually located in the U.S. 17-99 and First Street area. Chaney was charged with driving with a suspended license, obstructing justice (resisting arrest without violence), having no tag, fleeing & eluding a police officer, having an open container of alcohol, and failure to obey a lawful command. He was taken to the John E. Polk Correctional Facility under \$6,000 bond.

### Rocks at kids

Sanford police arrested Leahur Denise Jones, 18, of 618 E. Ninth Street, near 13th Street and Williams Avenue Monday. Police said she was accused of throwing rocks at two children, age 10 and 8, who were in a yard, and had subsequently made a threat against the children's mother. Police said they found her in possession of a knife with approximately a seven inch blade. She was charged with aggravated assault, aggravated battery, and carrying a concealed weapon.

### Retail theft

Brigitte Louise Martin, 59, 1240 Monton Avenue, Lake Mary, was arrested by Sanford police at a retail store in the 1700 block of Woodmont Boulevard Monday. Police said she had attempted to take five items valued at \$2.55 from the store without paying. She was charged with retail theft.

### Employee theft

Casselberry police arrested Jeffrey Louis Hoben, 25, of 4496 Bedford Road, Sanford, at the Casselberry police station Monday. The arrest report said Hoben had apparently been taking a total of \$2,236.85 in merchandise from his former place of employment in Casselberry, since May 15. After he was located by police, the arrest report said Hoben returned some of the property to his former employer. He was charged with grand theft and dealing in stolen property.

### Warrants

Clara Ann Liles, 28, 123 Becket Lane, Heathrow, was stopped by Lake Mary police on Lake Mary Boulevard Monday. She was charged with driving with a suspended/revoked license. Police also found she was wanted on a warrant for failing to appear on a charge of obtaining property with a worthless check.

Floyd Lee Atkins, 23, 702 Geneva Gardens Apartments, was located by Sanford police Monday. He was wanted for failing to appear on a charge of grand theft, and violation of probation on a conviction of driving with a suspended/revoked license.

Mildred Elizabeth Cain, 38, 120 Academy Avenue, turned herself in at the John E. Polk Correctional Facility Monday. She was wanted on two warrants for violation of probation on a conviction of possession of cocaine.

Amelia Diane Ingram, 40, 69 Castle Brewer Court, was located by deputies at her residence Monday. She was wanted for violation of probation on a conviction of disorderly conduct.

Reginald Karl Bookman, 25, 512 Locust Avenue, was located by deputies at his residence Monday. He was wanted for violation of probation on convictions of burglary to a structure and grand theft.

Sandra Jean Butler, 20, 3102 Stonebrook Drive, Sanford, was located by deputies in the 2400 block of Church Street Monday. She was wanted for failing to appear on a charge of driving with a suspended/revoked license.

### Bike stop

Reginald Eugene Sutton, 32, 1807 Coolidge Avenue, was stopped by a Sanford police officer while riding his bike on Country Club Circle Monday. He was charged with possession of drug paraphernalia.

### Saw stolen

Sheriff's deputies are investigating the reported theft of a brick saw and related equipment, reported missing Monday from a construction site in the 4900 block of Bedford Road near Sanford. The total value of items taken was listed as \$1,783.

### Sanford police reports

A 22-year old Sanford man told police he was accosted by a man early Tuesday while using a pay phone in the 800 block of Celery Avenue. He said the man took two of his rings, valued at \$800.

A blue 1988 Chevrolet was reportedly stolen early Tuesday from the 3300 block of S. Sanford Avenue in Sanford Court Apartments.

Tools valued at \$1,525 were reportedly stolen Monday from a tool box in a vehicle parked in Sallpointe Apartments parking lot.

A 1984 Nissan was reported stolen Monday from the parking lot of Sallpointe Apartments on W. Seminole Boulevard. Sanford police found the vehicle later near the rear of a residence in the 300 block of N. Myrtle Avenue.

A TV set, radio, and cash with a total value of \$435 were reportedly stolen early Tuesday from a residence in the 1200 block of W. Seventh Street.

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MON. - THUR. 11AM - 10PM  
FRI. & SAT. 11AM - 11PM  
**321-2219**

# GRAND OPENING

Bargains Galore at The Salvation Army Thrift Store

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### FANTASTIC FURNITURE

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### APPLIANCES (Large & Small)

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- Toys • Dishes • Linens • Etc.

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# Editorials/Opinions

## Sanford Herald

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### EDITORIAL

## Why do we need sign codes?

The Lake Mary City Commission approved (on first reading) a new sign code ordinance this past Thursday. Why should people care about it?

Lake Mary Mayor Lowry Rockett admits that the codes are probably stricter than in any other municipality. This isn't the news some businesses, with ideas of massive advertising signs may prefer. The people and visitors however, might have a different opinion.

There is no question that businesses need to advertise, and that signs are one of the ways this should be done. Without them, people wouldn't know where a business is located, or what it may offer in products or services.

Most motorists depend on billboard information to keep them informed of distances to some interstate exit ramp, a restaurant, or a gas station.

But when roadside signage becomes a form of sight-littering, it's going too far. Motorists and their passengers enjoy seeing the sights of an area. But if their view is constantly being blocked by huge signs, their opinion of what may be in the surrounding area is certainly diminished.

Lake Mary's codes involve only the area within the city. As such, most of the signs of concern are those which identify businesses. Even those however, when exhibited to the extremes, have a tendency to give a community a lower esteem than it may deserve.

Other municipalities are, or have been considering revising their sign code ordinances. Such revisions are necessary in all types of codes from time to time.

We urge others to look at their jurisdictions through the eyes of the visitors and travelers. Are you seeing what you really want to see? Is it attractive? Are there possibly too many signboards blocking your view?

Thank goodness for signs along our streets, roads and highways. They provide a valuable service to everyone.

But at the same time, thank goodness for good sign codes, (when and where they exist). We have laws prohibiting air pollution and surface littering. Why not those preventing sight littering?

It doesn't need to be a confrontational situation. Government and business leaders should be able to work this out with a logical solution which will serve everyone.

### LETTER

## Something happened

Something unusual happened at Olde Lake Mary Days recently.

There they stood, three elderly ladies reviving faded memories of two-thirds of a century ago — Katherine Vernay Miller of Winter Park, Mary Dunn Wolff and Margaret Green Wesley of Lake Mary.

Renewing their acquaintance, Mary said to Katherine, "Oh, yes. Your mother beat my father in the 1924 election for Lake Mary school trustee." Katherine turned to Margaret and exclaimed, "Your mother beat my mother for school trustee in the 1926 election."

"That's right," Margaret replied. So there they stood, three graduates of Seminole High School, savoring the occasion and laughing together about the historical event of 70 years ago and the truth of the saying, "What goes around comes around."

Katherine is a daughter of the late Frank S. and Helen Vernay, who lived in a Chase orange grove off Old Lake Mary Road. Mr. Vernay was a grove manager for Chase, a member of the Lake Mary Chamber of Commerce, and an elder in the Presbyterian Church, where Helen was a Sunday schoolteacher.

Mary was a daughter of the late William Verdun Dunn and wife, Elisabeth. Mr. Dunn was a farmer, school bus driver, member of the Chamber of Commerce and an elder of the Presbyterian Church where Elisabeth was a Sunday schoolteacher. Mary had lived for many years in South Florida.

Margaret was a daughter of the late William G. and Jessie M. Ferguson. Mr. Ferguson was a railroad engineer, a member of the Chamber of Commerce, and an elder in the Presbyterian Church where Jessie was a Sunday schoolteacher. Margaret married a Tennessean, but returned from there to live in Lake Mary several years ago.

Margaret Wesley  
Lake Mary

### LETTERS TO EDITOR

Letters to the editor are welcome. All letters must be signed, include the address of the writer and a daytime telephone number. Letters should be on a single subject and be as brief as possible. The letters are subject to editing.

### JOSEPH PERKINS

## Clinton rushes to lawyers' defense

"Deeply problematic." "Unfair, unnecessary and unwise." "A significant injustice." That's the way the Clinton White House describes a legal reform approved by Republicans on Capitol Hill that would rein in runaway liability awards.

The president himself has gone so far as to say that if the GOP legal reform is implemented, it will provide "undeserved protection" for murderers, rapists, drunk drivers, child abusers, terrorists, perpetrators of hate crimes and other offenders.

This is the usual sophistry from Clinton and his vassals. They are so beholden to the trial lawyers lobby (which contributed more than a half-million dollars to Clinton's presidential campaign three years ago), that they are unwilling to acknowledge that the nation is faced with a litigation crisis.

Every year, another 18 million civil suits are added to state and federal court dockets, which averages out to one new lawsuit for every 10 adults. The reason so many Americans have become sue-happy is because they view the courtroom as casino.

They read about the multi-million dollar windfalls that people win from spilling a cup of coffee in their lap or because a pizza delivery man runs into their car. They can't wait to have something happen to them or (a loved one) so

they too can go for the gold.

This lust for lucre has had a corrupting effect on America's civil justice system. Courtrooms no longer are sanctuaries of justice. They simply are venues where money changes hands between litigants, where justice frequently is sacrificed on the altar of avarice.

The Clintonites refuse to see this. They continue to resist efforts by GOP lawmakers to cap runaway damage awards, to change the perception of increasingly litigious Americans that the courtroom is the place to get rich quick.

But such a reform is desperately needed. Not — as the Clintonites suggest — to provide undeserved protection for child snatchers and



This is the usual sophistry from Clinton and his vassals.

drunken motorists and domestic terrorists. But to assure justice for responsible corporate citizens, like Dow Corning, that have been targeted for financial ruin by venal contingency-fee lawyers.

Dow Corning, the world's largest manufacturer of silicone breast implants until 1992, was forced into bankruptcy earlier this week. It not only faced a class-action suit involving 400,000 women (all claiming that their health was harmed because of their implants), but also 4,000 separate personal-injury lawsuits throughout the country.

Executives at Dow Corning had previously agreed to settle the class-action suit (along with three other implant manufacturers and distributors) for a staggering sum of \$4.25 billion. And it was prepared to pay out the first \$275 million in claims this year.

But federal court Judge Sam C. Pointer, who presided over the class-action suit in Birmingham, Ala. recently threw out the settlement. He decided that Dow Corning had not dug deep enough in its corporate pockets and ordered the implant manufacturer to go back to the negotiating table.

The Clintonites and their trial-lawyer friends no doubt agreed with Judge Pointer's ruling.



"THE GOOD NEWS IS WE'RE LAYING YOU ALL OFF TOMORROW. THE BAD NEWS IS HOW MUCH IT WOULD HAVE ENHANCED PROFITS IF ONLY YOU HAD IT SOONER."

## Who's who and what's what

What say you all you wonderful people out there in LaLaLand, want to tiptoe through the tulip patch one final time and see who's who and what's what in the idiosyncrasy department? Never can tell, we might even run across some downright logical and desirable actions taken within our jurisprudence system — here, there and elsewhere.

You would! Swell! Let's get right to it then. We're off!

I see where one Superior Court Judge Hal Craig refused to halt the execution of a convicted murderer. One thing's for sure. If that execution is carried out, that particular murderer will murder no more. One for the good guys 'n gals.

Singapore made the news again. Seems like the Singaporeans are downright serious about their drug laws and penalties. Yup! Five more convicted drug traffickers were recently hung by the neck until dead — dead — dead. That makes a total of 111 ex-drug traffickers who will traffic no more. Too bad we here in the USA haven't got guts enough to do the same. Three cheers for the Singaporeans.

Here's something that most of you see on a weekly basis in the Sanford Herald. It's called "Police Briefs." I've no idea if you read it or not. I do! Oh, not every line every week, but quite frequently. Seems like some of the names appear more than once. Also seems like the listings for "violation of parole/probation" gets longer and longer. Appears to me that something's not working somewhere — more and more.

The velvet glove treatment of the admitted and/or convicted felon that has been prevalent for so long is now, or soon will be, a thing of the past. Florida law now touts an 85 percent sentence fulfillment rate. I don't know where the 100 percent fulfillment rate went or when it got lost, or for that matter — why.

Pity the poor cop on the beat who arrests and then rearrests the same clown over and over again. It has been a never ending situation. Perhaps now it will become a slowed down, never-ending situation. Let's hope so anyway. And, three cheers for our police — local, state, and national — who are doing their respective jobs — daily.

It never ceases to amaze me, the presumed superintelligence and/or wisdom of select people over the masses.

Take for example, one president of one country. That gentleman, that paragon of wisdom has stated flatly that he will veto any congressional effort to correct a very bad piece of previous legislation. Yup! He knows more — much more — than 536 senators and congressmen/women who allegedly represent



SEMINOLE OPINION

NELSON TULLAR

some 250-270 million citizens.

Now, let's take that same group of 536 senators and congressmen/women who, all too frequently, create legislation as "they" want and "not" as the people — the citizenry they supposedly represent — have stated they want or don't want. And then we have another case of a very few (536) deciding what the very many (250-270 million) are going to get.

And then we have the so-called Supreme Court (some nine men and women) who, by their own admission of actions, flatly state that they know more than all the rest of us put together. Yup! They decide "how" you're going to "get it."

The Constitution, of itself and by itself, means very little any more. It means only what the Supreme Court says it means and not one damn thing more. And it is going to mean less and less, in my not so humble opinion, as we proceed further and further into the history books.

The people, in my personal opinion, have all but given up any hope of directing the actions of their government(s). They have indicated this time after time with their dismal show at the polls — you know — election time. I guess the masses are getting, or are about to get, what they have asked for, time after time after time. And it isn't all that good.

Well, by golly, here we are at the tail end of the column for today ... with one exception. We have reached the tail end of all the columns — plural. With exception of an occasional "now and then" special type column, this is it. This one is the "fin." The Sanford Herald, still one great paper, staffed by some truly wonderful people, and I will part company this week. It's been fun. I've truly enjoyed chatting with you on a weekly basis. Perhaps we can re-establish our rapport this fall or so. Until then, may God — mine, yours, and the other guys — bless each and everyone of you. Bye!

### SARA ECKEL

## Some advice grads might not hear

At graduation time, we hear a lot about unlimited potential, about harnessing your dreams, about reaching your loftiest goals.

And indeed, sitting on a lush, green campus at the dawn of summer, the world does seem ripe with possibility — obstacles for the faint-hearted, troubles for the weak.

You all are wonderful, the speakers tell the grads. You all can do absolutely anything you put your mind to. You are only limited by the scope of your dreams.

That's what we tell our young people in public, on official days of optimism. But should a kid actually venture forth on some ordinary Tuesday to tell an adult her dream — to be a filmmaker, a senator, an astronaut or a novelist, say — a different ethos prevails.

"But what will you do for money?" blurts the uncle.

"You know those jobs are very competitive," warns the career counselor.

"Have you considered (insert drab but safe occupation here)?" ask the parents.

"You've got to think practically," says just about everyone.

Practicality is certainly a worthy virtue. But pursuing a dream job isn't necessarily impractical. Certainly those who do rise to the top — the Sally Rides, the Steven Spielbergs, the Patricia Schroeders — were wise to cling to their dreams.

But for every success story, there are many other failures. For every best-selling novelist, there are scads of unpublished writers. For every gazillion-dollar-a-year movie star, there are restaurants full of waiters.

Like Hannah, Hannah moved to New York City 10 years ago to pursue an acting career. She never got a part, but she did refill a lot of coffees.

"She could have become a banker or a real-estate agent," said Hannah's friend Meg. "And she'd have a very comfortable life right now. But as it is, she's struggling to pay her rent and she hasn't had any acting success."

This seems like the worst-case scenario, one that we are eager to shelter our loved ones from. After all, what's a few thwarted dreams when compared to a lifetime of destitution? Better safe than sorry, right?

Well, Meg for one doesn't really believe that Hannah made a mistake. Because for the past five years Meg has been working hard at her novel. It's a beautifully written coming-of-age novel with an endearing first-person narrator. It's currently sitting in the slush piles of literary agents across the city, and Meg is waiting to find out if a half-decade's worth of work will become a published book, or a just publisher's doorstep.

The point is, failure happens. And the more competitive your field, the more likely failure becomes. But once the decision to risk it is made, life becomes much easier. Helmeted career counselors can be laughed off. Condescending uncles can be given a polite shrug. Proud parents can simply be told not to worry.

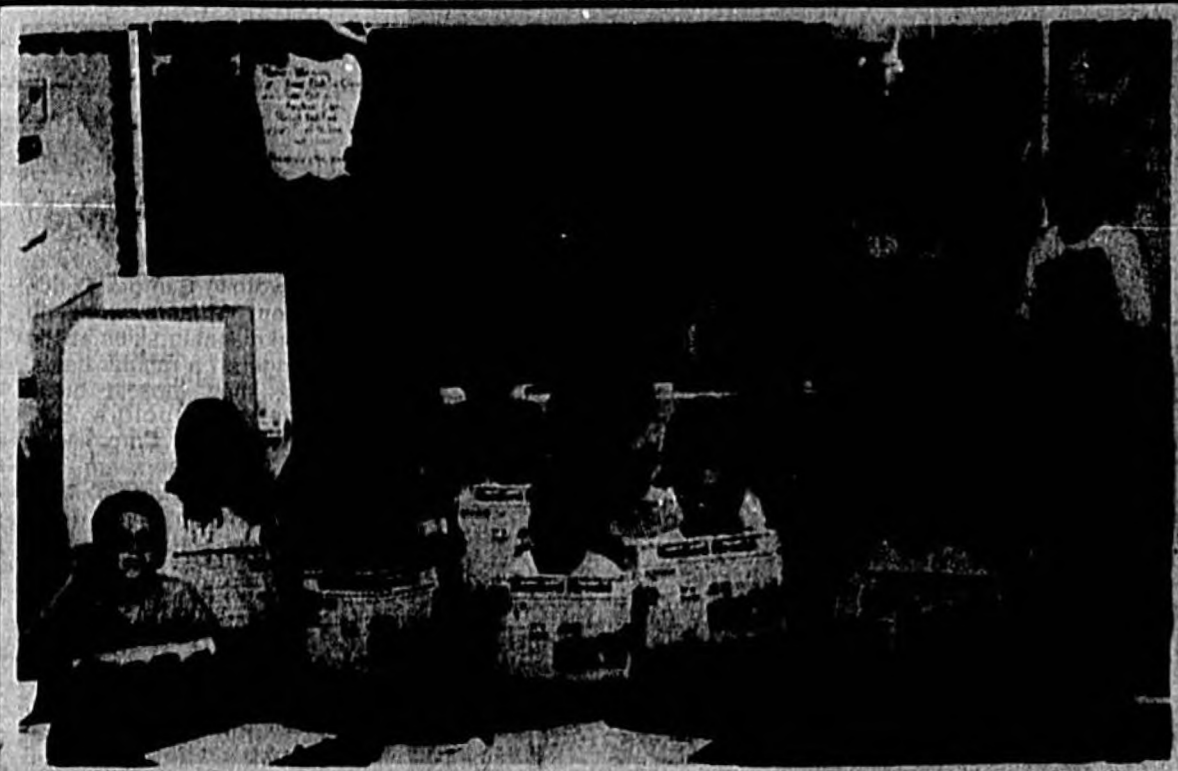
There is nothing wrong with veering toward the safe side, with opting for security over self-actualization. Indeed, many lucky people never have to make such a compromise, since their chosen fields readily permit both.

But for serious dreamers, the chance of success is worth the risk of failure. For them, it is better to have pursued the dream and failed than to have never tried and always wondered.



But pursuing a dream job isn't necessarily impractical.





Read all about it

Brenda Hicks' third grade class at Pinecrest Elementary will be given a talk on how newspapers are made. The presentation by a member of the Sanford Herald staff covers where stories come from, layout, assembling the

page, press machinery and the fine art of rolling a newspaper for residential subscribers. Each student will receive a copy of the Sanford Herald with their smiling faces inside.

World Photo by Susan Weaver

# Report card: Mountain states' economic strength praised

By JOHN H. SHANLEY  
Associated Press Writer

WASHINGTON — States in the Mountain West got the highest grades in a private organization's newest "report card" on economic performance, business vitality and development capacity.

One of the mountain states, Colorado, got straight A's and remained at the head of the class for the third straight year in the Corporation for Enterprise Development's ninth annual "Development Report Card for the States."

Underlining the economic strength of the mountain region last year was the appearance of Idaho and Montana, in addition to Colorado, on the corporation's honor roll. Minnesota and Oregon also made the honors list.

The Mountain West, which also includes Arizona, Nevada and New Mexico, has reversed its standing at the beginning of the 1990s, according to the nonprofit corporation, which re-

State	PER	VIT	CAP	Overall
Ala.	C	B	D	D
Alaska	C	B	D	D
Ariz.	A	A	A	A
Ark.	B	B	B	B
Calif.	B	B	B	B
Conn.	B	B	B	B
Del.	B	B	B	B
Fla.	B	B	B	B
Ga.	B	B	B	B
Hawaii	A	A	A	A
Idaho	A	A	A	A
Ill.	B	B	B	B
Ind.	B	B	B	B
Iowa	B	B	B	B
Kan.	B	B	B	B
Ky.	B	B	B	B
La.	C	B	D	D
Maine	C	B	D	D
Mass.	B	B	B	B
Mich.	B	B	B	B
Minn.	A	A	A	A
Miss.	C	B	D	D
Mont.	A	A	A	A
Neb.	B	B	B	B
Nev.	A	A	A	A
N.H.	B	B	B	B
N.J.	B	B	B	B
N.M.	A	A	A	A
N.Y.	B	B	B	B
N.C.	B	B	B	B
N.D.	C	B	D	D
Ohio	B	B	B	B
Ore.	A	A	A	A
Pa.	B	B	B	B
R.I.	C	B	D	D
S.C.	C	B	D	D
S.D.	C	B	D	D
Tenn.	B	B	B	B
Texas	B	B	B	B
Utah	A	A	A	A
Vt.	C	B	D	D
Wash.	B	B	B	B
W.Va.	C	B	D	D
Wis.	B	B	B	B
Wyo.	A	A	A	A

leased its report Wednesday. The organization is funded by businesses, labor unions and private foundations.

"The region has the best physical infrastructure, second-best human resources and second-best technological base — critical ingredients for future growth," said Brian Dabson, the corporation president.

"This region is an ideal example of the importance of investing in resources — excellent human resources, broad-based and equitable tax and fiscal systems and an improved physical infrastructure have given the region the tools to create a host of economic opportunities."

Aside from the Mountain West, here are summaries of the corporation's analyses of other regions, which it did not rank:

—Northeast: The region is not experiencing the economic recovery of other areas and may suffer from a lack of infrastructure investment caused by the weak economy. Still, it remains one of the strongest regions in development capacity and high-technology employment.

—Industrial Midwest: This region has retained the gains in all

three indexes last year, when the corporation described it as the "Comeback Kid." The region must revive a stagnant entrepreneurial sector in much the same way it has revitalized its manufacturing sector.

—The Plains: The area's economies generally are dominated by cycles of boom and bust in agriculture, energy and real estate. Although it improved its infrastructure recently, it still needs to strengthen its human, technology and financial resources.

—The South: The region has improved its development capacity and tax and fiscal systems, which are needed for future growth. But it still needs to improve job quality, including health coverage and wages.

—The Pacific: These states have strong development capacity and unsurpassed human resources, but the similarities end there. Alaska and Hawaii are heavily dependent on their natural resources, while Oregon and Washington are affected by certain industrialized sectors. California, on the other hand, is diversified and self-contained economically — "almost a nation unto itself."

## Maul

Continued from Page 2A  
"No, no!" and came back to the phone.

"He's not breathing! He's (unintelligible) in blood!" Mrs. Lawrence said. "Oh God, he's not breathing! The dog is just laying beside him! There's blood everywhere!"

When police officers Kenny Mitchell and Mark Hoover arrived, the female dog, between 80 to 100 pounds, charged them. Both fired several times, killing her.

The male dog also showed aggressive behavior and was shot to death so officers could safely get to the boy, police said.

Mrs. Lawrence was treated at the hospital for shock and later released, Sues said. She was staying with relatives.

Sues said the dogs belonged to a friend of the family, Lee Minchew, who lived at the home.

## Judge

Continued from Page 1A

the most part remain in their assigned county to preside in cases only occasionally hearing a case in the other.

During the 1994 legislature, two judgeships were created in the Eighteenth Circuit, one for Brevard and one for Seminole. Judge Gene Stephenson was elected to fill the local post.

Applications for the job are being accepted by the judicial nominating commission from now until 5 p.m. June 20.

Individuals seeking the appointment must have been members of the Florida Bar for the preceding five years, be a registered voter and a resident in the circuit.

The nominating committee will screen the candidates and

conduct applicant interviews June 27 at Sanford City Hall, 300 North Park, said Benjamin Y. Saxon, chairman of the committee. During the selection process, the committee will forward at least three names to Gov. Lawton Chiles. The governor then has 60 days from the receipt of the nominees list to make the appointment.

While the selection process is underway, county officials will be scrambling to find adequate office and courtroom space for the new judge and his/her staff.

Just weeks ago, the county commissioners were ready to vote on moving forward with a courthouse expansion/renovation program for the downtown Sanford facility, when they stopped the process and authorized a \$25,000 study of alternate locations, such as the county complex at Five Points.

## Teach

Continued from Page 1A

The earth's vast oceans and land masses are spread across the diagrams. Black lines show the time lines that define official time around the world. A black and white stripe slicing through the Pacific shows the International Date Line.

"Cooooo!" says one student who declined the offer to listen to an audio presentation or to look at book prepared by the students who worked more than 211 hours on the project. "I wonder if I could work on something like that another time."

Teachers Ernie Morris, Chris Oonwaki, Nancy Borowski and Denny Davis took on the task of teaching students in an intervention remedial program on "how to study" and "learning to listen."

Morris, a social studies and geography teacher, devised the program that would weave together the intervention program and a massive geography lesson.

Ethan Taub is one of the students who worked on the project.

"I think this is a good way to teach a lesson," he said, looking

at the completed project and listening to the accompanying audio tape. "That big map gets your attention and the book and the tape are good too."

Sixth grader Irving Forester worked on the project from the beginning. Six days a week for four months, he was involved in some aspect of the project.

He admits he is not a "great" student, but he does believe the time line project was one which could make a difference in his ability to learn.

"I like to do projects with objects like this," Forester said. "It really makes you think. I think it is a better way to teach. It makes it easier to learn."

Dixie Daimwood spotted the map as she stood in line for lunch yesterday. After eating, she listened to part of the tape and studied the book and the map.

"It was entertaining," she said. "I learned a lot."

Joey Trapani was especially pleased with the use of both visual and audio learning aids in the project.

Both Trapani's parents are hearing impaired.

"I think it's a real good idea that you can look and see as well

as hear the thing," he said. "There are other ways to learn other than just listening."

Doug White spent his entire lunch period listening to the tape, studying the map and looking at the book.

"I really like the idea of the headphones (as a teaching tool)," he said. "It forces you to really focus on what you are hearing. I think it is a good way to learn."

Morris' students have created other Walls that Teach in past years.

A series of giant maps of each of the continents takes up a large portion of one quadrant of his classroom. A representation of a suggested mass transit system for central Florida is also stored there.

"I'd love to share these teaching aids with teachers at other schools," said Morris. "If they want them, they can have them to share with their students."

Morris is not sure when he will lead the students on the next Walls that Teach adventure.

"This takes a lot out of you," he said, leaning gingerly against the map.

## Manatee

Continued from Page 1A

Brutus, Howie, Paddy Doyle and Doc.

Funds raised from the Adopt-A-Manatee program go toward efforts to help save endangered manatees and their habitat.

Club officials suggest dear old dad might relate to the large, gentle, slow-moving creatures who spend most of their time eating and sleeping...the sea cows, not Pop...they, come to think of it...

Manatees can consume up to 10-15 percent of their body weight daily.

An aquatic mammal, manatees are found in the shallow, slow-moving estuaries, saltwater bays, canals and coastal areas of southeastern United States. They enjoy basking in warm waters and are located primarily in Florida during the winter.

Similar in appearance to a seal or walrus, manatees are most closely related to the elephant. Adults have been known to exceed 13 feet and weigh over 3,500 pounds, however the average manatee is about 10 feet

long and weighs about 1,000 pounds.

Twenty-seven manatees are currently part of the club's two Adopt-A-Manatee programs. The first program, which includes 22 manatees, is located in Blue Spring State Park in Orange City. Manatees winter in the warm springs from November through March.

The second program is at Homosassa Springs State Wildlife Park. Five manatees who cannot be released into the wild for life-threatening reasons currently call Homosassa home. It is also a rehabilitation facility for manatees recovering from injuries before being released back into the wild.

The West Indian manatee was officially listed as endangered in 1973, part of the original Endangered Species Act. The current population is about 1,600.

The adoption program is the primary source of funding for the club. Funds raised by the program go toward public awareness activities such as state and national public service announcements and signs distributed free to shoreline property owners warning boaters they are in a manatee area. In

addition, free educational materials are distributed to students and teachers here and around the world.

With no natural enemies, the estimated life expectancy for a manatee is 60 years or more. However, many deaths are caused in watercraft collisions. Other human-related causes of manatee mortality include ingestion of fish hooks, monofilament line and litter, becoming entangled in crab trap lines, vandalism and being crushed or drowned in canal locks or flood control structures. Loss of habitat is the overall threat facing manatees today.

For more information about the manatee adoption program call 1-800-432-JOIN or write Save the Manatee Club, 500 N. Maitland Ave., Maitland, FL 32751.

Friday, May 26, 1995  
School Choice Buffet  
or Chef's Salad or Bag Lunch  
Low Fat Milk

## CORA MAE BRIDGES

Cora Mae Bridges, 87, South Sunset Avenue, Maecotte, died Wednesday, May 24, 1995. Born in Groveland, she was a lifetime Central Florida resident. She was a homemaker. She belonged to First Church of God, Mount Dora.

Survivors include husband, R.E.; sons, Herbert Baker, Groveland, Tommy Baker, Deltona, James A., Fayetteville, N.C., Floyd, Winter Park; daughters, Christine Adams, Lakeland, Charlotte Corley, Sanford; 18 grandchildren; 11 great-grandchildren; one great-great-grandchild. Kurlus Funeral Home, Groveland, in charge of arrangements.

## PEARLIE GRADY JYLES

Pearlie Grady Jyles, 86, Durham, N.C., and former resident of Sanford, died Monday, May 22, 1995 at Duke University Medical Center in Durham. She was born July 30, 1908 in Loughman, Fla. She was an anesthesiologist at Lincoln Hospital. She was a member of Lincoln Memorial Baptist Church and a member of the Usher Board.

Survivors include son, Fredrick Oscar, Durham; brother, Bishop Z.L. Grady, Charleston, S.C.; sisters, Eunice

G. Blackwell, Rochester, N.Y., Mildred G. Wilson, Sanford, Mary J. Tollforra, Haywood, Cal., Scarborough & Hargett, Inc., Funeral Home, Durham, N.C., in charge of arrangements.

## ALICE L. SMITH

Alice L. Smith, 88, Northshore Circle, Casselberry, died Tuesday, May 23, 1995 at Florida Hospital, Orlando. Born Nov. 11, 1906 in Syracuse, N.Y., she moved to Central Florida in 1984. She was a realtor and mortgage broker. She was Catholic. She belonged to the board of Realtors of Florida, North Carolina and New York State.

Survivors include sons, Robert P., Syracuse, Steven W., Palm Bay; daughters, Debra R. Michelle, Raleigh, N.C., Kimberly J. Smith, Arlington, Va.; sister, Ruth E. Schaler, Lady Lake; three grandchildren. Gaines Carey Hand Garden Chapel Funeral Home, Longwood, in charge of arrangements.

## DAVID E. WALSH

David E. Walsh, 50, Cover Bridge Lane, Longwood, died Wednesday, May 24, 1995. Born in Painesville, Ohio, he moved to Central Florida in 1950. He was a senior vice president and trust

officer of SunBank. He was a member of Central Florida Estate Planning Council, Orlando Regional Healthcare Foundation, Astronauts Memorial Foundation and American Cancer Society.

Survivors include wife, Judy; daughters, Amy, Gera Mott; sons, Mark, Brian, Mitch Mott, Mollis Mott parents, Edmund C. III, Miriam Walsh; sister, Judy Houley.

Leppert & Hurt Mortuary, Indianapolis, Ind., in charge of arrangements.

## JYLSS PEARLIE GRADY

Funeral service for Mrs. Pearl Grady Jyles, 86, of Durham, North Carolina, who died Monday, May 22, 1995 at Duke University Medical Center, Durham, N.C., will be held Friday, May 26, 1995 at 2 p.m., at Lincoln Memorial Baptist Church, 1300 E. Reebore St., Durham, N.C., with the Rev. McArthur Clements, pastor, officiating.

Pearlie graduated from Cross Academy, Sanford, Columbia Hospital School of Nursing as a registered nurse, and Duke University Medical School of Anesthesiology where she was certified as a Nurse Anesthetist. She was employed at Lincoln Hospital for several years.

Her survivors include son, Fredrick Oscar Jyles, brother, Bishop Z.L. Grady, sister, Eunice G. Blackwell, Mildred G. Wilson and Mary J. Tollforra, several nieces and nephews, one sister-in-law and a host of other relatives and friends. Scarborough & Hargett, Inc., 500 Reebore St., Durham, N.C., in charge of arrangements. Phone (919) 619-1177.

## Crash

Continued from Page 1A

an investigation into the cause of the crash however has not been officially announced.

The pilot, apparently a representative or employee of the Costa Rican operation, was also killed in the crash. His name was not immediately released.

Suniland Corporation corporate facilities are located near the intersection of U.S. Highway 17-92 and CR-419, just south of Sanford. In addition to fertilizer, it deals with wholesale roofing supplies and lawn and garden supplies. In operation for approximately 111 years, it is one of the oldest continuing businesses in the central Florida area.

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### Demo try to mold budget measure

WASHINGTON — Senate Democrats are trying every way they can to mold a landmark Republican balanced-budget measure more to their liking, but they've only managed to temporarily delay its passage.

"Even the most minute of changes were rejected by Republicans, time and time again, in lock step," complained Sen. James Exon of Nebraska, the senior Democrat on the Senate Budget Committee.

The budget — now expected to pass the Senate today — kills or reshapes hundreds of programs, claiming savings of nearly \$1 trillion over seven years and eliminating annual deficits by 2002. But Republicans abandoned their effort to ensure that taxes will be cut.

Majority Leader Bob Dole, R-Kan., had hoped for but was denied a Republican triumph on the plan Wednesday. He cleared the Senate's agenda of distractions, postponing committee votes on welfare reform and confirmation of surgeon general nominee Dr. Henry Foster.

### Trial comes back to life

LOS ANGELES — After nearly two weeks of sleep-inducing DNA testimony, the O.J. Simpson trial came back to life with a spirited debate over whether jurors should hear Simpson's tape-recorded statement to police.

The defense insisted that police criminalist Collin Yamauchi's comment Wednesday that he once thought Simpson had "an airtight alibi" cleared the way for jurors to hear the statement. That would allow Simpson's story to be told without him taking the stand and opening himself up to hostile cross-examination.

Prosecutor Marcia Clark argued that Yamauchi's remark was based on media reports, not any knowledge of the interview Simpson gave to police the day after his ex-wife and her friend were murdered.

### They will survive

ROSLYN, Wash. — This tiny town survived the closure of its last coal mine in 1983 and the logging downturn of the early 1990s.

So residents say they will weather the cancellation of "Northern Exposure," the quirky CBS television show that made Roslyn famous.

Wednesday's announcement didn't surprise many of the town's 935 residents — they had seen the signs. The star, Rob Morrow, had left, and many of the spring episodes had been preempted.

"You can't depend on a TV series forever," said Jan Skiba, a co-owner of the Roslyn Cafe, called "Roslyn's Cafe" in the show set in the fictional Alaska town of Cicely. Earlier this year, she and her husband opened a gift store that doesn't sell any "Northern Exposure" paraphernalia.



### Oil workers strike

RIO DE JANEIRO, Brazil — Oil stocks are dwindling, assembly lines are stopping, police cars are looking for fuel instead of crooks, and a lot of housewives with no cooking gas are grumbling.

After 22 days of a nationwide oil workers strike, soldiers have taken over refineries and the government is scrambling to cover the shortfall with costly imports and alternative fuels.

Tensions rose Wednesday when President Fernando Henrique Cardoso sent hundreds of soldiers to take over four refineries in Sao Paulo and Parana, industrial states hobbled by the stoppage.

But the show of force did little to break the strike or ease growing public exasperation with it — frustration that has strengthened Cardoso's hand in his drive to sell Petrobras, the state oil monopoly, as well as other state companies to private investors.

### U.N. demands cease-fire

SARAJEVO, Bosnia-Herzegovina — Serbs let a deadline pass today without returning heavy weapons to the United Nations, opening themselves to the threat of NATO air strikes.

After a day in which tanks, cannons and mortars pounded the capital, the U.N. commander in Bosnia, Lt. Gen. Rupert Smith, gave the Serbs until noon today (6 a.m. EDT) to return four heavy guns taken from U.N. storage depots or face NATO raids.

But the Serbs let the deadline pass without returning the weapons. And peacekeepers at one weapons depot were trapped by Serb-laid mines, though the United Nations refused to characterize them as Serb hostages.

"The four Serb weapons ... have not yet been returned," said Yasuaki Akashi, the chief U.N. envoy in the former Yugoslavia. "Therefore, our statement of yesterday stands, and this makes the Serb side subject to air strikes."

From Associated Press reports



### Home on the range

Newly sworn-in Sanford Police Department officers work on their marksmanship skills at the firing range on a regular basis. Recently, they took a break with their instructors Sgt. Aaron Keith and Corp. Andy Colman. The officers are, left to right, Robert Curian, Matt Thomson, William Stead, Herb Bailey, Ron Sataliano and Mike Pitt.

Special Photo by Robert Hahn

## Consumer group: End promo programs

By **ROBERT GATT**  
AP Farm Writer

WASHINGTON — A consumer group and two lawmakers called today for reform or abolition of agricultural programs that support food advertising here and overseas, claiming they subsidize private industry and promote bad diets.

The Center for Science in the Public Interest said the taxpayer-funded Market Promotion Program and the privately financed but government-supervised research and promotion programs for beef, pork, eggs and dairy should be reformed or repealed.

Reps. Charles Schumer, D-N.Y., and Dick Zimmer, R-N.J., critics of several farm programs, said they were introducing legislation to repeal the overseas program and reform the domestic ones.

The public interest center and the lawmakers said the Market

Promotion Program has subsidized food advertising by corporations such as McDonald's and Pillsbury.

The domestic promotion programs require the government to oversee spending millions of dollars "to help promote the consumption of foods high in fat, saturated fat, and cholesterol," the center said.

The Market Promotion Program, begun in 1985, has been subjected to criticism and cuts since spending reached a high point of \$227 million in 1991. Congress reduced support to \$85 million for 1996, but brought the amount back up to \$110 million at the Clinton administration's request.

Clinton now may be forced to veto the increase, packaged in the \$16.3 billion spending cut bill, despite a pledge to farm-state lawmakers he would increase funding if they supported the newest trade agreement

under GATT.

The Agriculture Department this year required several reforms to target more small business, but credits the program with helping boost farm exports to a record \$48.5 billion this year.

The beef, pork and dairy promotion programs began in the 1960s and the egg program in the 1970s. They are financed by a fee charged on the products, with the department supervising the so-called checkoff program to make sure the collections are legally and properly spent.

The Schumer-Zimmer bill would carry out the center's

recommendations that three-quarters of the money be spent on nutrition-oriented research and that the advertising fall within Federal Trade Commission guidelines for truthfulness.

Tom Cook, vice president of governmental affairs for the National Cattlemen's Association, stressed that the beef program used private dollars from a \$1-a-head fee on cattle that he raised \$47.9 million in 1994. He said some research money has gone to developing leaner beef.

Mike Simpson, executive vice president of the National Pork Board, said advertising simply costs more than research.

## Body collectors face harassment

By **TINA SUGMAN**  
Associated Press Writer

KIKWIT, Zaire — They are patriots in their own city. Neighbors chase them and pelt them with rocks. Merchants refuse their money.

They are the dozen Red Cross volunteers who each day clear Kikwit of corpses that could spread Ebola virus.

"If I were scared, I would have run away long ago. I made this choice," said Mudlangu Maseka, a 38-year-old mother of seven. Her husband works in another part of Zaire and has no idea what she's doing.

"The people hate us. They throw rocks sometimes. Maybe they don't understand that what we are doing is actually helping them — I don't know," she said.

The World Health Organization says 108 people have died of Ebola in Zaire this year, out of the 144 people known to be infected by the virus. Most cases have been in Kikwit, 280 miles east of Zaire's capital, Kinshasa.

The volunteers' day begins at 7 a.m. when they gather at Kikwit's hospital to suit up in rubber boots, gloves, masks and

goggles. Then they learn where Ebola victims are waiting to be taken to the hospital or the morgue.

In their orange dumptrucks, the Red Cross volunteers handle the corpses of Ebola victims, from the time they die their gruesome deaths — bleeding to death from their mouths, ears, and noses — until they're put into a mass grave on a weed-covered hill on the edge of Kikwit.

The volunteers get almost nothing for their services except two meals a day, if there is food.

"It's a sacrifice, but it's a job that has a calling. It's a gift," said medical student sende Kalume, 35, after returning from dumping seven plastic-wrapped bodies into the mass grave. "We're exhausted, but we can't just let the situation go on."

On Tuesday, seven bodies were in the morgue. They carried out bodies, holding only the corners of the white bags with their dead body, tossed them into the back of the truck, then headed to the mass grave.

Kikwit's residents watched from the roadside, many covering their noses and mouths in hopes of warding off the virus. At the grave, Kalume and his colleagues worked out the best way to fit in the latest bodies — side by side on top of victims buried a few days earlier and hidden under layers of dirt.

Mourners have tried to give the mass grave some dignity by placing wooden crosses into the hole, but the crosses were pushed out of the way to make room for the next layer of bodies.

With the bodies in their resting places, a bulldozer moved in to cover the grave until the next mass burial.

Back at the hospital, the body handlers stripped off their protective clothing and collapsed in exhaustion in the shade, waiting for a possible lunch and then maybe another trip to pick up more victims.

"It's like a war," Kalume said with a laugh.

### Legal Notice

**NOTICE TO THE PUBLIC:** Notice is hereby given that the Board of Adjustment of the City of Sanford will hold a regular meeting on June 5, 1998, in the City Hall Commission Chambers at 11:30 A.M. in order to consider a request for variance in the Zoning Ordinance as it pertains to front yard, area requirements in an SR-1 district on:

LOT 18, BLK 1, COUNTRY CLUB RANCH UNIT 2, RECORDED IN PG 12 PG 34 OF THE PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA.

Being more specifically described as located: 315 Braeburn Drive.

Planned use of the property is to install a chain link fence in front yard in a single family residence.

Larry Blair, Chairman  
Board of Adjustment

**ADVICE TO THE PUBLIC:** IF A PERSON DECIDES TO APPEAL A DECISION MADE WITH RESPECT TO ANY MATTER CONSIDERED AT THE ABOVE MEETING OR HEARING, HE/SHE WILL NEED A VERBATIM RECORD OF THE PROCEEDINGS INCLUDING THE TESTIMONY AND EVIDENCE, WHICH RECORD IS NOT PROVIDED BY THE CITY OF SANFORD. (FS 282.10)

PERSONS WITH DISABILITIES NEEDING ASSISTANCE TO PARTICIPATE IN ANY OF THESE PROCEEDINGS SHOULD CONTACT THE PERSONNEL OFFICE ADA COORDINATOR AT 336-5434 48 HOURS IN ADVANCE OF THE MEETING.  
Publish: May 28 & June 4, 1998  
DED-112

### Legal Notice

**NOTICE TO THE PUBLIC:** Notice is hereby given that the Board of Adjustment of the City of Sanford will hold a regular meeting on June 5, 1998, in the City Hall Commission Chambers at 11:30 A.M. in order to consider a request for variance in the Zoning Ordinance as it pertains to front yard, area requirements in an SR-1 district on:

LOT 412, FRANK L. WOODRUFFS SUBD RECORDED IN PG 13 PG 40 OF THE PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA.

Being more specifically described as located: 200 Elm Avenue.

Planned use of the property is to install a chain link fence in front yard in a single family residence.

Larry Blair, Chairman  
Board of Adjustment

**ADVICE TO THE PUBLIC:** IF A PERSON DECIDES TO APPEAL A DECISION MADE WITH RESPECT TO ANY MATTER CONSIDERED AT THE ABOVE MEETING OR HEARING, HE/SHE WILL NEED A VERBATIM RECORD OF THE PROCEEDINGS INCLUDING THE TESTIMONY AND EVIDENCE, WHICH RECORD IS NOT PROVIDED BY THE CITY OF SANFORD. (FS 282.10)

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6' OF W.M. 44' OF LOT 3, LESS 1.60' BLK 2 TOWN OF SANFORD AS RECORDED IN PG 1 PG 40 OF THE PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA.

Being more specifically described as located: 1003 W 1st St.

Planned use of the property is to install a chain link fence in front yard in a single family residence.

Larry Blair, Chairman  
Board of Adjustment

**ADVICE TO THE PUBLIC:** IF A PERSON DECIDES TO APPEAL A DECISION MADE WITH RESPECT TO ANY MATTER CONSIDERED AT THE ABOVE MEETING OR HEARING, HE/SHE WILL NEED A VERBATIM RECORD OF THE PROCEEDINGS INCLUDING THE TESTIMONY AND EVIDENCE, WHICH RECORD IS NOT PROVIDED BY THE CITY OF SANFORD. (FS 282.10)

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N 100 FT OF LOT 136 SANFORD HEIGHTS RECORDED IN PG 3 PG 40 OF THE PUBLIC RECORDS OF SEMINOLE COUNTY, FLORIDA.

Being more specifically described as located: 113 W. 19TH STREET.

Planned use of the property is a single family residence.

Larry Blair, Chairman  
Board of Adjustment

**ADVICE TO THE PUBLIC:** IF A PERSON DECIDES TO APPEAL A DECISION MADE WITH RESPECT TO ANY MATTER CONSIDERED AT THE ABOVE MEETING OR HEARING, HE/SHE WILL NEED A VERBATIM RECORD OF THE PROCEEDINGS INCLUDING THE TESTIMONY AND EVIDENCE, WHICH RECORD IS NOT PROVIDED BY THE CITY OF SANFORD. (FS 282.10)

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# Sports

# B

## IN BRIEF

### State schools start Series quest

TALLAHASSEE — Fans of Florida college baseball may have their pick of someone to root for at this year's College World Series.

Five schools from the Sunshine State are in the NCAA regional tournaments already under way in Tallahassee and starting Friday in Miami. A sixth is playing in South Carolina.

Leading the group are FSU and Miami, who are the top seeds on their home fields.

UCF is the No. 4 seed in the Atlantic I regional in Tallahassee, while USF and FIU, Miami's crosstown rival, are looking to surprise in the Atlantic II regional.

In today's 11 a.m. opener in Tallahassee, UCF (48-11) faced third-seed South Alabama. The 3 p.m. game matched Old Dominion (37-18) and Mississippi (37-19).

The nightcap pits FSU against Troy State.

The Atlantic II regional begins at noon Friday with North Carolina and South Florida in the first game, followed by Texas A&M and Florida International at 3:30 p.m., and Miami against sixth-seed Massachusetts at 7 p.m.

Jacksonville (41-20) opens play in the East regional at Clemson on Thursday against Richmond (42-15).

### Anderson dropped from Gators

GAINESVILLE — Florida junior guard Jason Anderson has been dismissed from the Gator basketball team, primarily due to "attitude problems," coach Lon Kruger said.

Anderson, who averaged 5.9 points and 3.8 rebounds per game in primarily a reserve role for the 17-13 Gators last season, will remain on scholarship for his senior year.

"It was more or less a mutual decision," Kruger said. "Things weren't as everyone desired... Things just weren't quite working out as hoped for and this will free Jason up a little."

Anderson, a 6-foot-4 product of College Park, Ga., confirmed through his father, Jimmie, he does not plan to transfer from Florida.

### Who'll pay for Bucs' digs?

TAMPA — A new poll has found 49 percent of locals don't want to spend tax dollars to improve the Tampa Bay Buccaneers' home stadium.

The survey was released Wednesday as architects unveiled plans that show the price of a new stadium to be about \$166 million, a tab the Bucs' new owners want to be picked up by the state.

The Tampa Times survey found 49 percent of those polled would support such a move. About 75 percent indicated it is important to keep the Bucs in Tampa.

The survey of 643 randomly selected adults was conducted May 4-15. The results are accurate within plus or minus 4 percent.

### Suns rally by Huntsville

JACKSONVILLE — Terrel Hansen's RBI single in the bottom of the ninth gave Jacksonville a 2-1 Southern League victory over Huntsville on Wednesday.

Hansen's single came after losing pitcher Scott Rose (3-4) walked Ivan Cruz to open the inning. Rose then allowed a single by Tim Leiper and issued a walk to load the bases.

Huntsville starting pitcher Stacy Hollins shut out Jacksonville through six innings, but allowed the tying run in the seventh on singles by Frank Catalanotto and Hansen, an intentional walk and a base-loaded walk to Eric Danapilla.

### Pirates, Marlins rained out

PITTSBURGH — The Pittsburgh Pirates are playing so poorly at home, they can't even beat the rain.

The Pirates, who have had a scarcity of rainouts since installing a drain-through artificial turf field several years ago, were rained out Tuesday for the second time in their last four home dates.

The rainout against Florida will be made up as part of an Aug. 18 two-night doubleheader, during a post-All-Star game stretch in which the Marlins will play 53 games in 54 dates.

At least it beats being on strike, said Marlins pitcher Bobby Witt (1-2).

"The guys all wanted to play baseball," Witt said. "We're going to play baseball."

### Gordon on Coca-Cola pole

CONCORD, N.C. — Jeff Gordon captured his fifth NASCAR pole of the year, turning a record fast lap of 183.861 mph on the Charlotte Motor Speedway's 1.5-mile trioval in qualifying for Coca-Cola 600.

Gordon, driving one of Chevrolet's vaunted new Monte Carlos, won last year's race for his first Winston Cup title and has five career victories in 12 NASCAR-sanctioned races at Charlotte.



**NBA PLAYOFFS**  
8 p.m. — TNT, Indiana Pacers at Orlando Magic. (L)

Complete Listings on Page 2B

## Early-Inning dismissal

### Wells Contracting rips Nice & Easy in 5 innings

From Staff Reports

SANFORD — At least it was quick.

Exploding for nine runs in the top of the second inning, unbeaten Wells Contracting romped to a 14-1 win over Nice & Easy in a Sanford Recreation Wednesday Men's Slowpitch Softball League contest last night at Chase Park.

The game was stopped after five innings by the 13-run mercy rule.

In the nightcap, Reckers scored four runs in the first inning and held off Crazy Wings, 7-5.

For Wells Contracting (3-0), Wednesday's blowout was its first "easy" win of the young season, having won its first two games by a combined margin of four runs.

Second-place Reckers (2-1), the loss being a one-run setback at the

Team	W	L	T
Wells Contracting	3	0	0
Nice & Easy	1	2	1
Crazy Wings	0	2	0
Reckers	2	1	0

hands of Wells Contracting will get its second shot at Wells Contracting next Wednesday at 8 p.m.

Nice & Easy (1-3) plays Crazy Wings (0-3) in the 7 p.m. game next week.

Wells Contracting opened last night's game with Nice & Easy by scoring a pair of runs in the top of the first inning. Nice & Easy countered with a single run in the home half of the inning.

After the leadoff batter of the second inning was retired, things quickly got out of hand as Wells Contracting used 10 singles, a walk

and a sacrifice fly to turn the game into an early rout.

A three-run rally in the fourth inning by Wells Contracting sealed Nice & Easy's fate.

Randy Brown and Randy Smathers highlighted the 31-hit attack mounted by Wells Contracting as they both hit a double and two singles and scored two runs. Brown also was credited with a pair of RBIs. Rick Wells added three singles, two runs, and an RBI. Roger Southard also had three singles and two runs.

Jim Dawson drove in two runs with a triple and a single. So Sellers and Bob Wells Sr. each had two singles, a run, and an RBI. Tim Cooper and John Scott both contributed a single, one run, and two RBIs. John Retchart singled and scored a run. Frank Mann had a run and an RBI.

For Nice & Easy, Manny Silvia hit two singles and scored the team's only run on John Searles' ground out. Jason Miller also hit two singles. Dave French and Bob

Towns each had a single.

Jim Kobylinski was 4-for-4, hitting a double and three singles, scored a run, and had an RBI for Reckers. Doug Burleson chipped in with a double, two singles, and an RBI. Chris Wargo tripled, doubled, and scored twice.

Jim Schaefer added two singles, a run, and an RBI. Mike McLoon also singled twice and scored a run while Denny Clayton had two singles and an RBI. Jerry Camus singled and scored twice. Tom Kelly had a single and an RBI. Brian Jones and Rocky Ellingsworth both singled.

Leading Crazy Wings was Bob Palaganis, who hit a double and two singles in three trips to the plate. Dave Gendrick singled twice, scored twice, and had an RBI. Jesus Munoz also hit two singles. Stan Brumley doubled and scored a run.

Ron Wirth had a single and two RBIs. Bryant Brumley contributed a single, a run, and an RBI. Cary Keeler singled and scored a run. Mark Janesch hit a single.

## Cardinals, Marlins complete victories

From Staff Reports

SANFORD — Both the Knights of Columbus Cardinals and Seminole Produce Marlins closed out wins Wednesday night in a pair of Sanford Recreation Babe Ruth Baseball League games that began a month or more ago.

At Sanford Memorial Stadium, the Cardinals outlasted the Kiwanis Club Indians 13-11 in a game that was started by suspended by darkness on April 12. Meanwhile, at Zinn Beck Field, the Marlins completed a 15-8 victory over the Elks Lodge No. 1241 Blue Jays that they began on April 26.

Unofficially, the standings in the Babe Ruth National Division have the undefeated Moose Lodge Pirates (14-0) leading the Marlins (9-5), Cardinals (8-8), Schweizer Inc. Traves (5-9), Oviedo Cubs (4-9), and the CeTel/Me's Restaurant Expos (4-11).

In the American Division, the Rotary Club Royals (11-3) are in first of the Naples Communities White Sox (11-4), Blue Jays (7-7), Storm by Design A's (5-5), and Oviedo Marlins (1-10).

A make-up and the completion of a suspended game are scheduled for this Friday night. In the stadium, the Indians and A's will make up a game that was rained out on May 10. At Zinn Beck, the Blue Jays and Oviedo Marlins will finish up a game they started on April 8.

When play resumed at the stadium Wednesday night, the Indians struck for three runs in the top of the fifth to take an 8-6 lead. But that was short-lived as the Cardinals answered with six runs in the home half of the inning to go up 12-8. The Indians cut the gap to 12-11 in the sixth, but got no closer.

Providing the offense for the Cardinals were Terry Murkey (two singles, run, three RBIs); Ramone Raines (two singles, two runs, RBI); Donovan Daniels (two singles, two RBIs); and Cory Murkey (single, three runs).

Also chipping in were Jason Hill and William Kirby (each with a single, a run, and an RBI); Aaron Richardson (two runs, RBI); Eric Sperry (run, RBI); and Levin Raines and J.W. Harkness (one run each).

At Zinn Beck, play resumed in the bottom of the fifth inning with the Marlins leading 13-6. The final margin didn't change as each team scored a pair of runs.

The Indians were led by Bruce Carter (triple, single, run, RBI); Mario Alexander (two singles, run, two RBIs); Joe Perry (single, three runs); Daniel Bohannon (single, RBI); Troy Brinson and Adam Dryden (each with a run and an RBI); and Monterro Stokes, J.J. Bryant, Dwayne Tillman, and Willie Jones (one run each).

For the Marlins, Jimmy Franklin finished with a triple, double, single, one run, and five RBIs. Phil Hunt added a single, two runs, and two RBIs. Mike Robertson had a single, three runs, and an



Mario Alexander (No. 2) had two singles, a run, and two RBIs for the Kiwanis Club Indians in a 13-11 loss to the Knights of Columbus Cardinals.

Team	W	L	T
Indians	2	2	0
Cardinals	11	4	0
Marlins	9	5	0
Blue Jays	7	7	0

RBI. Nick Thrift singled, scored a run, and had an RBI.

Ian Sewell scored three runs and had an RBI. Angus Markaman had two runs and two RBIs. Mike Phillie added a run and an RBI. Lawrence Rudolph and George Shannis each scored a run.

Doing the hitting for the Blue Jays were Justin Nettles (triple, run, two RBIs); Barry Porter (double, single, two runs, two RBIs); Adam Dryden (two singles, run); Trellie Smith (single, two runs); Jonathan Palmer (single); Mark Kerst (run, RBI); and Jason Turner (run).

## Can Pacers solve mismatches that favor Magic?

By WENDY S. LANE  
AP Basketball Writer

ORLANDO — A number of matchups didn't work in favor of the Indiana Pacers in Game 1 of the Eastern Conference finals.

Orlando's Anfernee Hardaway caused problems down low for Mark Jackson, who is six inches shorter than the Magic point guard, and Shaquille O'Neal dominated Rik Smits at center. The result was a 105-101 victory for Orlando.

But the Pacers are far from discouraged going into tonight's Game 2.

"This team will accept the challenge," Reggie Miller said. "We'll be ready. This is the best part of the playoffs, making adjustments, looking at film and getting ready for the next game."

Indiana is sure to make defensive adjustments aimed at slowing O'Neal's offense, which has netted the Magic a 50 percent shooting efficiency, but the Pacers' best strategy may be how to get more collective help for their two leaders. Miller and Rik Smits, Miller had 26 Tuesday night, all but six before halftime, and Smits scored 17, but was on the bench in foul trouble during key stretches.

Coming into the series, the pressure was thought to be on the Magic, playing in their first conference finals. But they continue to show they aren't the unpolished talent of a year ago, when they were swept by the Pacers in the first round.

This year, Orlando has proven it doesn't rattle easily. Already, the Magic have bounced back from a home loss to the Celtics in Game 2, winning twice at Boston Garden to win the first-round series. And they weathered Michael Jordan and the hype surrounding his number change, closing out that series on the road.

"Everybody said we were going to choke on the road in Boston," Dennis Scott said. "We just went out and played basketball. When we got to Chicago, they thought we'd choke because it's Michael and Chicago."

"But when we're in this locker room, we look into each other's eyes and believe in each other. Then we just walk on the court and play basketball. We know if we play hard and execute, we have a good chance of winning."

In Game 1, Orlando was the best team, at least after the first quarter. After falling behind 23-8, the Magic wrested control from the Pacers, shut down Miller, who had 17 first-quarter points, and got at least 15 points from each starter.

"These guys are fast learners," said Magic forward Horace Grant. "We don't believe in 'wait your turn.' This team is too good to wait. It's right there for us to take."

## Ponder dodges wrecks, notches Late Model victory

By PAUL MARABELLA  
Special to the Herald

SANFORD — Former NASCAR Sunbelt Regional Late Model champion Tony Ponder dominated Late Model action last Saturday, May 20, in the 25-lap Late Model "marathon" feature event at New Smyrna Speedway.

Ponder, driving the Action Performance Chevy Lumina, used his advantage of starting on the pole to not only win the race, but avoid the fender benders that sidelined five race cars.

"I'm glad we started up front tonight," said Ponder, who led every circuit in securing his victory. "It kept us out of those wrecks. In the past few races, we were the car that was on the wall or involved in the accident."

Only six cars of the 16-car field finished the race on the lead lap due to the wrecks that caused seven caution periods, resulting in the

race lasting a record 55 minutes.

There were no driver injuries, but several cars received severe damage.

Ponder took the checkers a full half of the track in front of David King, Don Fenn, Johnny Gasdecko, and Mike Kubanek trailed the lead duo to the finish line.

New Smyrna Beach driver Jerry Symons wasted little time in getting to the front of the Modified feature. After starting the race from the fifth position, Symons was in third place by the second lap. On the next lap, Symons got around Dave Savicki and Danny Bancroft for the lead.

Symons was never headed as he raced well in front of the field for his third win of the season. Bancroft took second ahead of Joe Middleton, Savicki, and Butch Pierce.

Kevin DiMeo, fresh off a Mini-Stock victory Friday night at Orlando Speedway, repeated the feat Saturday night for his second career feature win.

DiMeo started the race on the outside of pole sitter George Kelly, who led the first lap before relinquishing the point to DiMeo at the beginning of the second lap.

Once on the point, DiMeo raced uncontested to victory lane.

Rounding out the top five behind him were, in order of finish, Bob Doxie, Jared Allison, Gene VanAlstine, and Wayne Clark.

Mike McCarty led 18 of 20 laps as he raced to victory in the Action Performance Run-About headliner. In tow behind McCarty were Allen McCafferty, Danny Tyler, Andy Jacques, and Mitch Thomas.

Rick Clouser charged from the rear of the pack to win the 20-lap Bomber main event.

While battling for early position on the second lap, Clouser and Fitch tangled going into turn one. On the restart following the caution, Clouser and Fitch were put on the tail end of the field while Bill Loomis inherited the lead in front of Glen

Castro, Bobby Bell, Walt Loggins, and Chad Pierce.

Clouser worked his way through traffic and pulled in behind Pierce on lap No. 6. Two laps later, Clouser moved to third while Castro got around Loomis for the lead.

The following lap, Clouser took over second. After three laps of side-by-side racing, Clouser passed Castro to claim the No. 1 position.

Clouser raced to his fourth win of the year, finishing in front of Castro, Bell, Loomis, and Fitch.

Dale Clouser, Rick's brother, continued his dominance of the Sportman division as he raced to his sixth win of the season. Completing the top five were Chuck Vole, Terry McDowell, Run Lufky, and Robert Douglas.

Bobby Sears took the checkers in the Limited Late Model division several car lengths ahead of Bobby Newton. Trailing the lead duo were Trevor Draz, Guy McRoberts, and Eddie Rice.







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**WINNINGS PAID LAST WEEK**  
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**AMERICAN LEAGUE**

1st Place	1.00
2nd Place	.75
3rd Place	.50
4th Place	.25
5th Place	.10
6th Place	.05
7th Place	.02
8th Place	.01
9th Place	.005
10th Place	.002

**NATIONAL LEAGUE**

1st Place	1.00
2nd Place	.75
3rd Place	.50
4th Place	.25
5th Place	.10
6th Place	.05
7th Place	.02
8th Place	.01
9th Place	.005
10th Place	.002

**STATS & STANDINGS**

1st Place: 1.00  
 2nd Place: .75  
 3rd Place: .50  
 4th Place: .25  
 5th Place: .10  
 6th Place: .05  
 7th Place: .02  
 8th Place: .01  
 9th Place: .005  
 10th Place: .002

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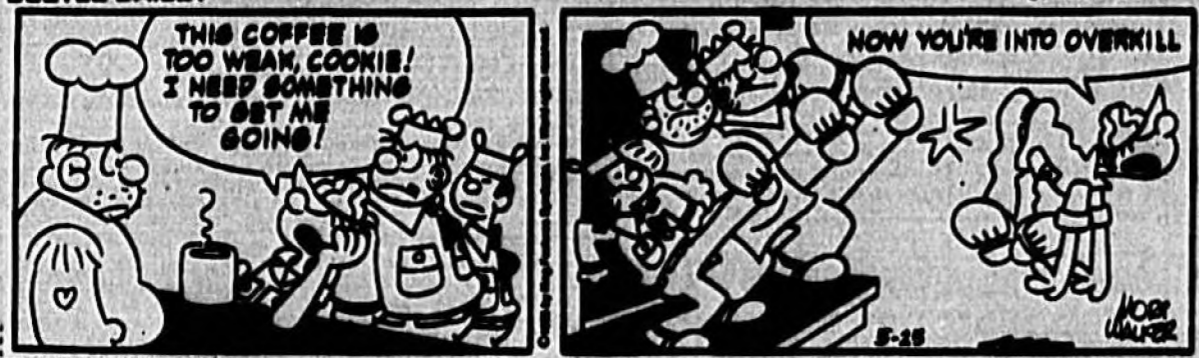
BLONDIE

by Chis Young



BEEBLE BAILEY

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THE BORN LOSER

by Art Simeon



PEANUTS

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EEK & MEEK

by Howie Schneider



TUMBLEWEEDS

by T.K. Ryan



ARLO AND JANIS

by Jimmy Johnson



FRANK AND ERNEST

by Bob Thaves



GARFIELD

by Jim Davis



ROBTMAN

by Jim Meddick



# Help is needed for wife's incontinence



DEAR DR. GOTT: I'm 79 and after 57 years of marriage to the same man, feel it's too late for a divorce or separation. My problem is too embarrassing to talk about with my doctor or anyone else. I feel I could still enjoy some sex in my life and it's all my fault that I don't. Every time my husband attempts intercourse, I urinate instead of secreting any other fluids. He's put up with this condition for almost eight years, saying nothing. Now, seven months have passed and I know we both miss the experience, but he's too polite to bring it up. He just avoids me instead.

DEAR READER: Urinary incontinence can be catastrophic for most people, especially if it occurs during periods of intimacy. In your case, sexual arousal appears to relax the urinary sphincter, leading to dribbling. This condition may result from gynecological problems, such as uterine prolapse, or from urological difficulties, such as chronic cystitis (bladder infection).

In either case, you can be helped. I'm surprised that you waited so long in seeking assistance. You really should have brought the incontinence to your doctor's attention years ago, so that you could have been referred to a gynecologist or urologist.

continue to maintain an adequate fluid intake; your doctor can suggest an appropriate amount.

diminishing kidney efficiency is age-related. At this point, nothing particular needs to be done, unless the blood tests reveal progressive renal deterioration. In this case, further tests, such as kidney X-rays, would be indicated. Of course, you should

ACROSS

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Answer to Previous Puzzle

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### STUMPED?

Call for Answers @ Youth Inn at Victory Plaza  
1-800-454-5555 ext. code 100 @ 9:00 pm

## WIN AT BRIDGE

**By Phillip Alder**  
If you wanted to rule the world, how would you set about it? Perhaps you would start up a computer software company that writes programs without which no computer can work. Or you might buy a tropical island, stock it with nuclear warheads and hold the world ransom. In this latter scenario, though, if a suave Englishman drops by, shoot first and describe your plan later.

In bridge, when you hold a very strong hand, you expect to win the auction. If the opponents outbid you, however, don't expect all your aces and kings to be worth tricks. They must have distributional values to justify going so high. In today's deal, East, with 21 points, was sure he could beat four spades, but he was wrong.

West led the diamond 10. East won with the jack and promptly switched to the spade king, but South handled the cards well. Rather than bank everything on the club finesse, after winning with the spade ace, declarer played a heart to dummy's king and ruffed a diamond in hand. He continued with top hearts, happy to see the jack fall on the third round. On the 13th heart, declarer threw dummy's last diamond.

East opted not to ruff, but that only postponed the evil moment. South exited with a trump. After winning with the jack and cashing the queen, East could either lead a club into dummy's ace-queen tenace or play a diamond. In the latter case, declarer would discard his club loser and ruff in the dummy.

"What's that expression about bricks and straw, double-oh-seven?" asked M.

Phillip Alder's new book, "Get Smarter at Bridge," is available, autographed upon request, for

\$14.95 from P.O. Box 169, Roslyn Hts., NY 11577-0169. © Copyright 1988 by NEA Inc.

NORTH 1-2-3-4

WEST

EAST

SOUTH

Vulnerable: East-West  
Dealer: South

South West North East  
1 ♠ Pass 2 ♠ DN  
3 ♠ Pass 4 ♠ DN  
Pass Pass Pass Pass

Opening lead: ♠ 10

## SCOPE

**By Bernice Bode Goad**  
**YOUR BIRTHDAY**  
May 25, 1988

Try to arrange your schedule in the year ahead so that you can take brief holidays in places you enjoy. These excursions could turn out well for you socially and commercially.

**GEMINI** (May 21-June 20) Follow your compassionate inclinations today if they urge you to make a small sacrifice on behalf of someone you love. Keep a low profile, however, when executing your good deed. Get a jump on life by understanding the influences that govern you in the year ahead.

Send for your Astro-Graph predictions today by mailing \$2 and \$ASE to Astro-Graph c/o this newspaper, P.O. Box 4485, New York, NY 10183. Be sure to state your sodiac sign.

**CANCER** (June 21-July 22) Your hopes and expectations could be fulfilled today through the kind auspices of an old friend. Acknowledge what is done for you with proper gratitude.

**LEO** (July 23-Aug. 22) Today you might learn a very valuable lesson, and that is: Happiness isn't based on possessions or prestige, but on associations with loving people you respect.

**VIRGO** (Aug. 23-Sept. 22) You aren't likely to underestimate the power of kind words today. In fact, you'll use them to lift the spirits and offer encouragement to pals who need a boost.

**LIEBA** (Sept. 23-Oct. 23) The biggest breaks you'll get today might not be of your own making. You are now in a cycle that allows you to profit from foundations laid by others.

**SCORPIO** (Oct. 24-Nov. 22) In making judgments today, try to give others the benefit of the doubt. The magic it can work in your relationships at all levels will amaze you.

**SAGITTARIUS** (Nov. 23-Dec. 21) Take advantage of any opportunities today that could put you on better terms with co-workers. Good will might prove extremely important later.

**CAPRICORN** (Dec. 22-Jan.

19) Cupid might single you out for special attention today. You may attract the attention of someone who has never noticed you previously.

**AQUARIUS** (Jan. 20-Feb. 19) You could be very good at sorting out complicated developments today, especially when your motivation is to help family members you love.

**PISCES** (Feb. 20-March 20) The reason that others will do your bidding today is because you'll know how to ask for help in a charming, there-is-also-something-in-it-for-you manner.

**ARIES** (March 21-April 19) Material conditions will remain steady at this time and you might soon be in a position to have a little surplus of cash.

**TAURUS** (April 20-May 20) Appearances will count for a lot today, so take extra pains to preen, especially if you might be seen by someone you're anxious to impress.

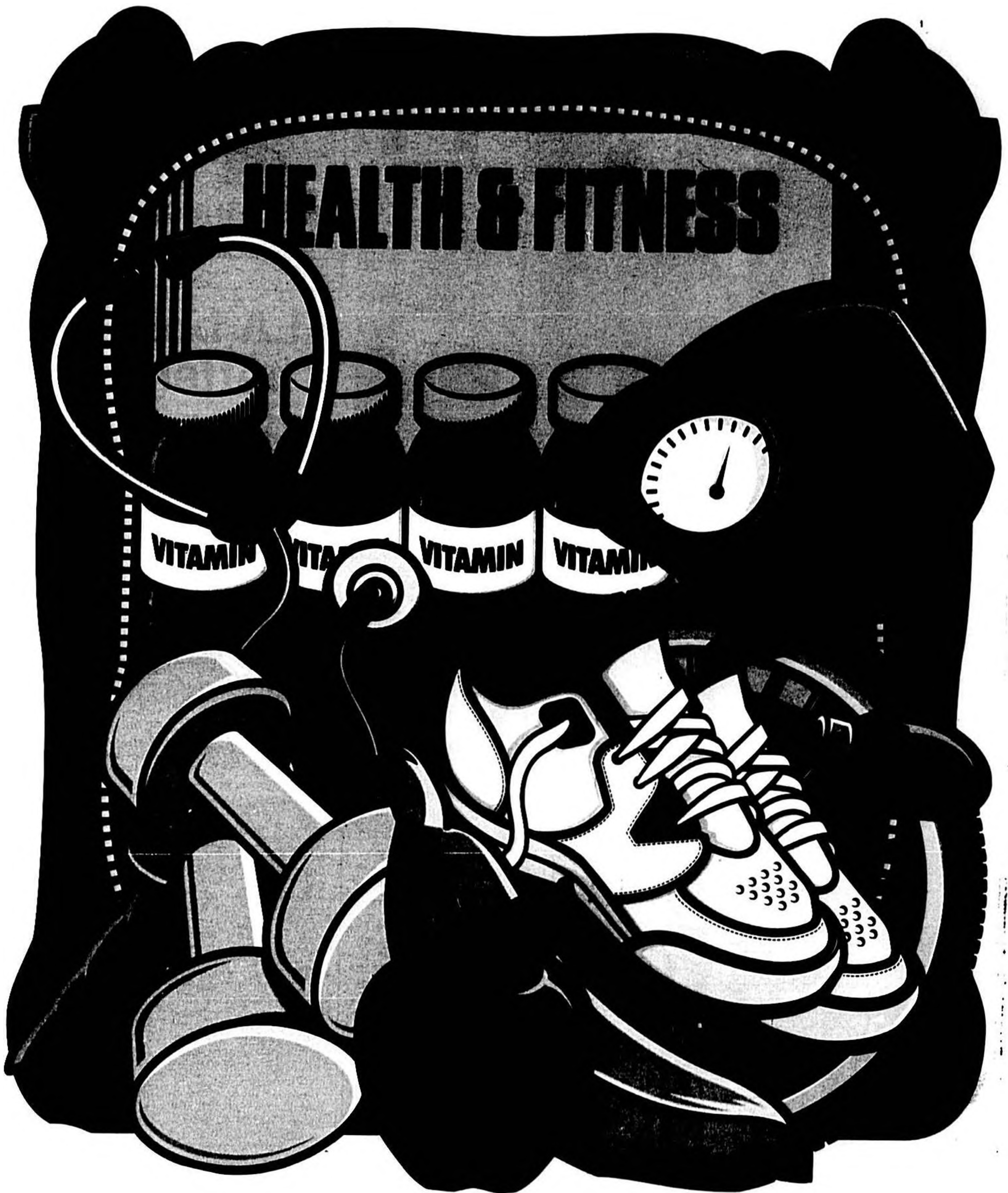
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## ANNIE

by Leonard Starr











File Photo

Groundbreaking ceremonies for Health House '95 were held on May 12. Hoisting a shovel to give the project a good start were Donna Kane (from left), ALA of Central Florida board member; Dr. John F. Bush,

Winter Springs mayor; Linda Price, Tusawilla Realty; Dr. Subrato Chandra, PE Florida Solar Energy Center (UCF); Dick Mahaffey, Sun Bank NA; and Scott Philpot, builder.



**HEALTH HOUSE '95**

**AMERICAN LUNG ASSOCIATION**  
Central Florida

## ALA building a better indoor environment

By SHARON BRONKHORST  
Herald Staff Writer

**WINTER SPRINGS** — Is your home making you sick? Not "sick" of the same old carpet and draperies, but physically ill? Then you need to look into the new Health House being built in the Reserve at Tusawilla.

Sponsored by the American Lung Association (ALA) of Central Florida, Health House '95 broke ground on Friday, May 12 and is scheduled to be completed by October.

The goal of the Health House project is three-fold with the main priority being "to educate the community about the importance of indoor air quality as it relates to lung health through the building of a home which exemplifies building techniques that achieve optimum indoor air quality," said Stephanie Hutchinson, executive director of the association. Building of the state of the art home will also showcase the use of design, readily available materials, appliances and accessories a healthy environment. And, ultimately, the association would like to sell the house and use the net profits to fund ALA environmental programs, to enhance the indoor air quality programs of the association.

The Tusawilla home will be 3,500 square feet

of conditioned space. Air tight construction will include non-CFC foam wall insulation, energy efficient windows, solar water heat and roof tiles, all wood cabinets, interior doors, low/no VOC paints, glues, caulks, adhesives and carpets, more than 40 percent floor area of hardwood and tile floors and the air conditioning and heating and air distribution system optimized for indoor air quality.

The Health House concept was developed by the ALA of Hennepin County in Minneapolis, Minn. Each year Health Houses have been built in areas including Rochester, N.Y.; Raleigh, N.C.; Detroit, Mich.; and Minneapolis. This year two projects will be completed: new construction in Orlando, and a renovation project in Minneapolis.

Health House '95 in Orlando will be monitored from construction to the end of at least one year for integrity of building materials, mold and dust mite counts as well as energy efficiency. Florida Solar Energy Center of the University of Central Florida will lead the monitoring and technical design effort as part of a U.S. Department of Energy project.

For more information on Health House '95 or the ALA, contact Hutchinson at 898-3401 or 1-800-LUNG-USA.

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**Summer Day Camp**  
**June 6 - July 14**

• Sports • Field Trips • Swimming • Values  
Arts & Crafts • Archery • Climbing Wall  
• Marksmanship • Songs • and more!!!

*Four Convenient locations in Seminole County*  
**Greenwood Lakes Park • Lake Mary**  
**Sylvan Lake Park • Heathrow**  
**Longwood Civic Center • Longwood**  
**Seaside Park • Altamonte**

Transportation is available from Winter Springs Elementary and Forest City Elementary schools to Sylvan Lake only.  
Camp Hours: Mon. - Fri. 9:00 am - 4:00 pm  
Extended hours offered at no additional cost  
8:00 am - 9:00 am and 4:00 pm - 6:00 pm  
Members: \$62.00 Participants: \$95.00  
Also Golf and Tennis Camps at Walt Disney World  
June 12 - July 14 Call for information.

**Everyone Who Signs Up Gets A Free T-shirt**

**YOUTH SPORTS**  
**T-BALL / Y-BALL AND SOCCER**

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# Nutrients missing

## Enzymes lost due to food processing, pollution

By DR. DAVID DARROW  
Special to the Herald

America's medical profession, medical technology and medical facilities are well-recognized as the finest in the world. Why then, do we rank about 100th in general health and way down the list in longevity? Why is it also you and your family have a greater probability of suffering from a major disease than that of people in almost any other developed society?

Study after study has shown that the way we live, the way we eat and what we have done to our environment is responsible for this, we have been promoted and advertised and lured into eating and living habits that are deceptive and false, and into this misbelief that our advanced technology, scientific know-how, and industrial might has cared for us well. It has not and is not. But it has, instead, betrayed us with misinformation, physical and environmental pollution and, possibly, the most nutritionally dangerous food supply in the world. The effects on you and your family are cumulative and devastating because they creep up on you slowly and then rob you of health at that time when you should be enjoying life most. Is this cycle necessary? Certainly not! You have the power to change it.

Simply ingesting the right food does not guarantee that the body will properly assimilate and utilize the nutrients from that food. Digestion, or in other words, the action of the enzymes to convert food into a substance suitable for absorption and assimilation into the body is the key to health.

The results of poor nutrition are sometimes readily apparent, causing a wide variety of maladies such as hair loss, white spots on nails, oily or dry skin, joint aches, weight loss or weight gain, fatigue, depression, mood swings, tiredness, indigestion and bloating, just to name a few.

However, even people who look and feel healthy are often nutritionally deficient and will experience

more subtle effects. They may be unable to heal quickly or properly after an accident or surgery. They may age prematurely, be less mentally aware, or be stricken with chronic or degenerative diseases. In fact, the 1988 Surgeon General's Report on Health and Nutrition blames two-thirds of all deaths in the United States on the food we eat. It states that nutrition may effect the risk of heart disease, stroke, atherosclerosis, diabetes and even some types of cancer. In other words, what you eat affects how you look, how you feel and may very well be shortening your life span.

Choosing food carefully does not guarantee that you will be properly nourished. Toxins in the environment, such as pesticides and smog; soil depletion; and the depletion of the ozone layer all rob food of nutrients. For example, one study showed that between 1950 and 1975, the protein content of rice dropped 11 percent; the iron content dropped 28.6 percent and the calcium in rice was down 21 percent. Cabbages, once high in Vitamin C, now has none. Wheat, 17 percent protein in 1945, is now 9 percent.

Given an ideal environment and optimal nutrition, there would be no disease, no sickness and all people would experience true health. However, this is not possible in our present environment - yet other cultures live to be 110 years old.

Even vitamin and mineral rich food may be devoid of enzymes. Found naturally in food, enzymes are the essential elements in the process of digestion, breaking down the nutrients and making them available for use in the body. Processing and cooking (any temperature over 118 degrees) destroys enzymes. When we eat enzyme deficient food, there is no guarantee that the food will be properly absorbed, utilized and ultimately converted to energy. Enzymes ensure proper digestion and make the nutrients bioavailable to the body. We have all seen a peeled apple turn brown a few minutes after being cut. That digestive

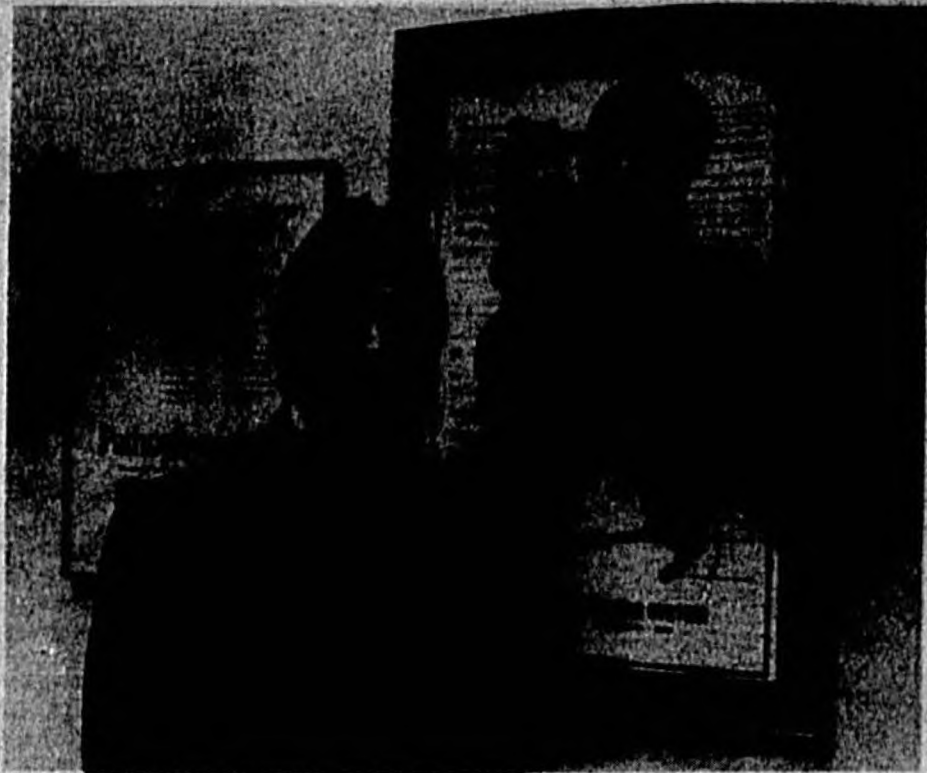
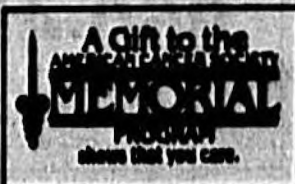
action through the apple's enzymes - begins as soon as the apple cells are cut or ruptured. The same thing takes place in your stomach when sufficient digestive enzymes are available. When they are not, the food breaks down, but putrefies and rots, producing gas, discomfort, heaviness, bowel and elimination problems and ultimately providing few nutrients and little energy. You See, It Is Not Just What We Eat, But What We Digest That Determines Our Health.

You were born with a limited potential to generate enzymes and when that supply declines, the body begins to degenerate. When the supply runs out, the body dies. Enzyme depletion hastens aging, degrades the functioning of all the body organs, increases susceptibility to disease and decreases vitality.

Significant enzyme research has been going on for more than 60 years. Dr. Edward Howell, physician and researcher, discovered that all food in its fresh, raw state contains its own enzymes which are able to digest the raw food and deliver its nutrients. Dr. Howell's research further revealed that a dramatic improvement in health and longevity is attained when the food "self digests", using its own naturally occurring enzymes. Our modern diet and the food we eat is robbing us of our health and life. We cannot digest our food without enzymes, and the processing and cooking of virtually all our foods has destroyed the enzymes they should contain.

For further information and more specific action you can take, please contact Dr. David W. Darrow, Chiropractic Physician and certified Live Blood Cell Nutrition Analyst at 331-4040 in Longwood.

Dr. Darrow is a chiropractor with offices at 1188 W. State Road 434 in Longwood.



Herald Photo by Tommy Vincent

Dr. David Darrow

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Herald Photo by Tommy Vincent

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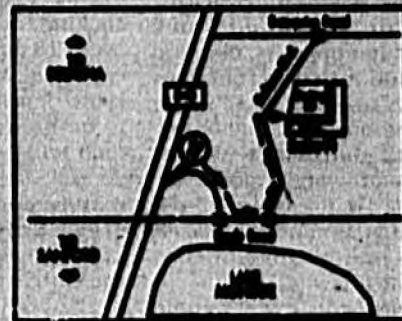
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# No ice? No problem. In-line hockey takes off

By JOHN PASCARELLI  
Associated Press Writer

MIAMI — Chris Leitner of the 'Cudas skates by two defenders at the point and it's a race to the goal. But he loses his balance and crashes just right of the net before getting off a shot.

Most 11-year-olds would be crying after such a spill. Some adults might even whimper. But this is hockey and there is no time for tears with the Sparks breaking out toward the 'Cudas' goal and Leitner crumpled on the concrete.

Concrete? There's a new youth sport taking the country by storm. Shortly before professional hockey moved into the Sunbelt states, the old-time four-wheel roller skates — quads — underwent a dramatic transformation.

Their origin is a matter of debate, but in-line skates, coupled with a growing interest in hockey, have spawned youth, adult, even professional roller hockey leagues.

In Florida and California — where local ponds rarely freeze up — the sport is played on driveways, parking lots and basketball courts by children of all ages.



No ice? No problem. "I just play wherever I can," said Kirk Weiss, 14, who competes in two South Florida leagues. "If there's people playing on the side of the street with a net, I'm going to join in. You can almost say hockey's my life. With baseball and basketball, I just got bored."

Darryl Seibel, spokesman for USA Hockey, the governing body for hockey based in Colorado Springs, Colo., says the industry estimates 2.5 million people have played in-line hockey — which is often played with a hard rubber ball instead of a puck.

"In-line activity is absolutely soaring in the United States," Seibel said. "There's a demographic shift as more and more people are moving from the northeast areas, traditional hockey areas. ... People are moving from these areas and taking the game with them."

Since every player must, at the very least, have a stick and skates — never mind the gloves, helmet and other accessories — the in-line hockey phenomena has translated into big dollars for hockey equipment manufacturers.

Henry Zuver, director of the International In-line Skating Association in Atlanta, says companies raked in \$125 million because of the new sport — and that's a conservative estimate. "The Wayne Gretzky types have put a face and name to a particular type of sport and kids want to

□ See Skates, Page 7



World Photo by Phil Hamilton  
In-line hockey practice is held every Wednesday at Melodee Skating Rink, in Sanford. Chris Scott (left) and Brian Hoffon participate in the sport locally.

## Doctors: In-line skates can set skater up for falls

By IRA BREYFUS  
Associated Press Writer

WASHINGTON — With in-line skating, the little mistakes often are the ones that get kids in trouble.

"I saw a kid who injured his knee," said Dr. Robert R. Madigan of Knoxville, Tenn. "He had no safety equipment on."

That's not unusual for kids, and it's just one of the chances they take, the pediatric orthopedist said.

Wearing knee pads, wrist pads and helmets may not be what a kid wants, but it's something a parent must encourage, Madigan and other doctors say.

In this boy's case, he owned safety equipment but didn't wear it, Madigan said.

"A lot of skaters who

skin their knees skin them again," said Dr. Letha Griffin of Peachtree Orthopaedic Clinic in Atlanta. "You'd think they'd learn."

In-line skating is a fun way to get aerobic benefits, but participants do have to think about safety. The federal Consumer Product Safety Commission's latest injury data, based on hospital emergency room visits, show 76,000 cases in 1994. That's more than double the 1993 total.

Most injuries are scrapes and bruises, but falls also can lead to broken bones, especially of the wrist as a person tries to break the fall. And in young people going through a growth spurt, the break sometimes can come in the relatively softer tissue

where the growth takes place.

Falls unshielded by plastic and uncushioned by pads lead to many injuries. About 40 percent of injuries in in-line skating are caused by loss of balance, and another 25 percent are caused by skating on an irregular surface, Griffin said.

And it's risky to skimp on equipment, Griffin said. The skates have to be good quality and in good repair. Grass and twigs get caught in the wheel assemblies of cheaper skates if the skater has to walk off the street, she said. This could lead to sticky wheels — and a fall.

"Children sometimes use hand-me-down skates that don't fit, so they can't control them."

□ See Injuries, Page 8

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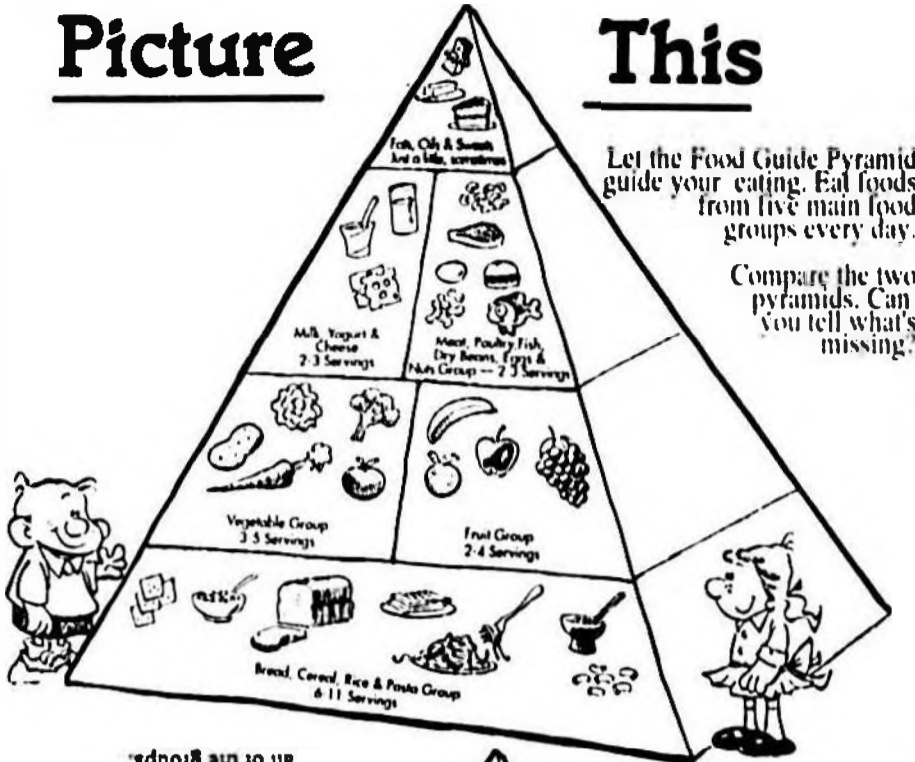
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# Picture

# This



Let the Food Guide Pyramid guide your eating. Eat foods from five main food groups every day.

Compare the two pyramids. Can you tell what's missing?

ANSWERS: 1. Hamburger and Steak are missing from the Meat Group. Tomato is missing from the Vegetable Group and Apple is missing from the Fruit Group. 2. Recommended number of servings are missing from all of the groups.



Herald Photo by Tommy Vincent

Children at Mrs. Michelle's House, in Sanford, enjoy a hot meal at lunchtime. Foreground, from left clockwise, are Alisha Moore, Allison Francis, Lance

Harding, Rose Casey, Stephanie Hardin, Stephanie St. George, Kayla Johnson and Felicia Casteneda. They also get to "snack" during the day.

## Let your kids decide Broccoli or brownies?

### Special to the Herald

Only 29 percent of parents allow their children to select what they want to eat, revealed a recent survey. However, according to some experts, giving kids more freedom to make their own food choices is one of the best things parents can do.

"Left to their own devices, children instinctively know when to eat and how much food is required to satisfy their hunger," says Dr. Timothy Brewerton, Department of Psychiatry and Behavioral Sciences, Medical University of South Carolina. "The solution is not to control every morsel that goes into your child's mouth, but to be flexible and to work with your child to establish sensible eating habits that will last a lifetime."

How can you work with your kids?

• Offer them variety and balance from the four major food groups in a family style setting, then let them decide on what foods and amounts go on their plates.

• Allow snacking. Snacking is fine as long as it is not all sweets or in excess. However, if you're concerned that "Junk" food snacks are being eaten without discretion, fill your cookie jar with unsweetened graham crackers or substitute a candy bar with a low-fat granola bar.

• Designate a section of the refrigerator or cupboard as a "kids' shelf." Children love to have something to call their own, especially when it is adultlike. This way parents can monitor eating habits of their children, while still letting them make their own selections.

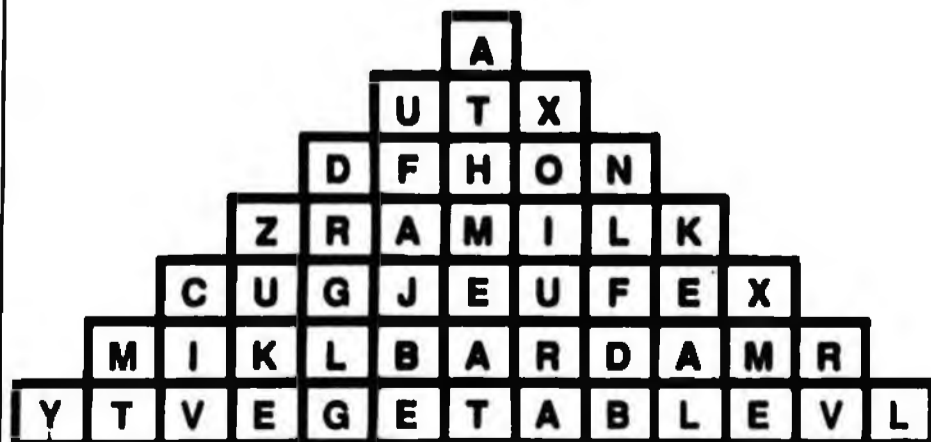
• Share the responsibility of main meals by planning menus together. This allows your children to maintain independence by making meal decisions with your guidance. In addition to giving your children more freedom to make food choices, Dr. Brewerton also recommends:

• Teach portion control by example. As role models, parents can demonstrate what is an "acceptable" helping. It's better to have the kids ask for seconds than to instill the concept of large portions up front.

• Never use manipulative tactics to coerce your children into eating certain foods. And don't resort to cliché phrases—such as "Children are starving in China, so clean your plate"—to get your kids to eat. This invites control struggles, adding to the stress of the situation and often causing them to rebel even more.

## The Pyramid Power is Yours!

Join forces with the five main food groups. For a healthy and strong body, eat foods from each group every day. Look down, forward, backward and diagonal to find the name of each group.



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Herald Photo by Phil Keniston

No ice, no problem. Chris Scott (foreground) practices in-line hockey at Melodee Skating Rink, as Brian Hoffon watches.

## Skates

Continued from Page 5

be like those players," Zuber said. "But they didn't have access to ice, especially when you get to Southern states where the cost of ice time is prohibitive."

Ice time at the Miami Ice Arena, for example, costs \$200 an hour — about enough to outfit a child for roller hockey.

Karhu USA Inc. in South Burlington, Vt., says it enjoyed a 300 percent increase in sales of off-ice products last year. Companies like UltraWheels in Minneapolis have seen their value shoot up nearly eight times. Canstar — a big name in hockey — was just purchased by Nike.

"Hockey, in general, is booming right now," said David Smallwood, vice president of U.S. hockey operations for Karhu.

"With roller and street hockey, there is no geographic boundary. ... It has been the biggest growth area for our company in the last three years and we are projecting record increases into 1997."

The grass-roots support for in-line hockey is epitomized in West Kendall, a suburban area south of Miami, where two brothers from Manhattan and a friend have jump-started youth and adult hockey leagues.

Tom and Bill Ryan moved to the Miami area in the early 1980s. They were able to play some roller hockey on quads, but that didn't last long. Then one day in 1991, Tom Ryan saw some young adults playing with a ball on in-line skates.

"He said, 'We can't play with a ball,'" Bill Ryan said. "But we started to play and we realized we can play with a ball and it can be pretty fun."

Their hockey fanaticism soon led them to open Ryan's Roller Hockey shop with Willie Lettner, father of Chris, and found the Hammocks Roller Hockey Club. They began playing on a basketball court at Hammocks Middle School, and then in the parking lot in front of their store.

The Ryans later spotted an old abandoned basketball court across the street from a local country club. With a little sandblasting, the court became the perfect roller hockey surface — smooth, hard and the

size of a professional rink.

"We basically started with 10 kids. Now we are up to about 150 and that was just in two years," said Bill Ryan.

The youth teams play traditional five-on-five hockey with a goalie and offsides at the blue line. There's not supposed to be any checking, but there's plenty of bumping and dumping for hockey fanatics — what the referees shrug off as incidental contact.

The Hammocks youth league is divided into three age groups — 7-9, 10-12 and 13-17 — and it runs all year, with a spring, summer and fall season.

"Every kid has to have full equipment," Bill Ryan said. "Nobody really gets hurt. They get

See Skates, Page 9

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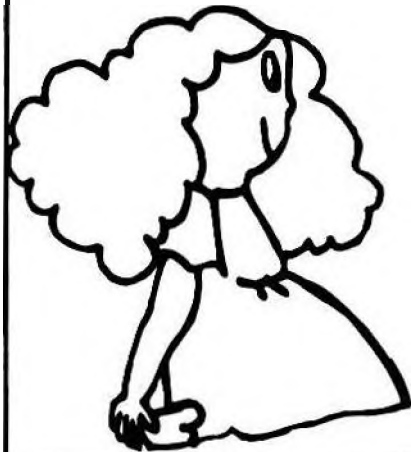
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## Burp!

Number per 1,000 with frequent indigestion, by age:



Men between the ages of 65 and 74 are the group most likely to complain of suffering from frequent indigestion.

## Indigestion

Men between the ages of 65 and 74 are the group most likely to complain of suffering from frequent indigestion.

# New surgical cure for heartburn

By JOHN W. ROBERTSON JR., M.D.  
Special to the Herald

Gastroesophageal reflux disease, commonly called heartburn, affects millions of Americans. It is estimated that 40 percent of this population has heartburn at least once a month. However, 10 percent experience the symptoms of burning chest pain or acid taste in the throat on a daily basis. It is these sufferers that require forms of medical treatment such as antacids, dietary restriction, weight loss, or more commonly prescribed medication. These measures usually prove effective and allow resumption of normal daily activity.

For one tenth of the extremely symptomatic patients, however, complications from stomach acid washing into the esophagus leads to severe inflammation called esophagitis, strictures or narrowing of the esophagus, bleeding, ulcers, and in some cases cancer.

There has been a renewed interest recently in surgery to correct this condition by constructing a valve at the lower end of the esophagus using a portion of stomach. Since this surgery was devised in 1955, it has maintained a 95 percent long term success rate. In a recent multicenter study, published in the New England Journal of Medicine, surgery proved superior to medical therapy for long term control of acid reflux.

There has also been concern over prolonged use of potent acid-suppressing agents as well as the cost effectiveness of these medications. Cost analysis studies have shown that surgery is less expensive than long term medical management, particularly in those patients younger than 55 years of age.

John W. Robertson Jr.

The advent of laparoscopic surgery, utilizing a tiny camera inserted directly into the abdominal cavity through a one inch incision, has revolutionized treatment for gallbladder disease and hernia repairs. This has also markedly reduced post operative pain and shortened the recovery time for patients.

This same concept is now being used to correct hiatal hernias and to prevent acid reflux disease. Central Florida Regional Hospital was the pioneer hospital in Central Florida to introduce this type of laparoscopic procedure and is presently performing more of these surgeries than any other institution in our area.

Prior to a patient being considered for this surgery, other causes of chest pain including cardiac and/or gallbladder disease must be evaluated. Endoscopy, or looking directly into the esophagus, is also important in investigating causes of heartburn. Special esophageal pressure tests and acid tests available in the Central Florida Hospital gastrointestinal (GI) lab now assist the gastroenterologists and surgeons in determining the ideal treatment plan for each individual suffering from symptoms of heartburn.

Dr. Robertson specializes in general surgery with offices at 300 McIlwain Ave., Sanford.

This health article is provided as a community service by the Seminole County Medical Society. Inquiries may be directed to the medical society.



Miss Susan Callahan

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## Skates

Continued from Page 7  
bumped and bruised here and there, but that's about it."

Now and then, a group of mothers will boo a player who gets too rough. So there is supervision beyond the two officials, who routinely send players to the penalty box for roughing, tripping and hooking.

Each Saturday, parents picnic in the sun on one side of the makeshift

risk, cheering on their children with as much enthusiasm as any Little League crowd.

"Parents come out here at 9 a.m. and they are still here at 9 p.m.," said Willie Leitner. "It's a good place to hang out."

For James Stratton, other youth sports were turning a bit too competitive. Though every team plays to win in the Hammocks youth league, it doesn't come at the expense of fun, he said.

"My kid played football, but the coach was so concerned with winning, it wasn't a lot of fun to come out and see the kids crying," said Stratton, whose 11-year-old son James Jr. plays on the Stars, a team Stratton coaches in the 10- to 12-year-old division.

For the players, the non-stop action is infectious and doesn't

exclude lesser-skilled players or girls. The goalie for the Flames — last season's champions in the 13- to 17-year-old division — is a teen-age girl.

"You can't hide from it," said Bill Ryan, whose chipped front teeth speak of his love for the sport. "In baseball, they can put you in right field and then the ball never gets hit to you. On the hockey team, you can't hide from the ball or puck."

Not that stars aren't emerging in these youth leagues.

Connie Blankenship, Jimmy's mother, coaches the Flames and a team in the youngest division. For her, the Hammocks hockey league is exactly the right medicine for adolescents and young adults.

## Injuries

Continued from Page 8  
Griffin said. "Their balance is not as good, and the ability to stop is not what it should be."

And parents shouldn't try to give a child a hand-me-down helmet to save the cost of buying new, she said. A helmet must fit the wearer without being loose, and it has to be sized to the child's head.

Skaters who roll to music also can be taking a risk, Griffin said. Headphones can reduce the skater's ability to hear road noise and thereby increase the risk of an accident, she said.

And skaters who go out at dusk should wear protective clothing, Griffin said. Some even wear flashing lights, an accessory the doctor approves of.

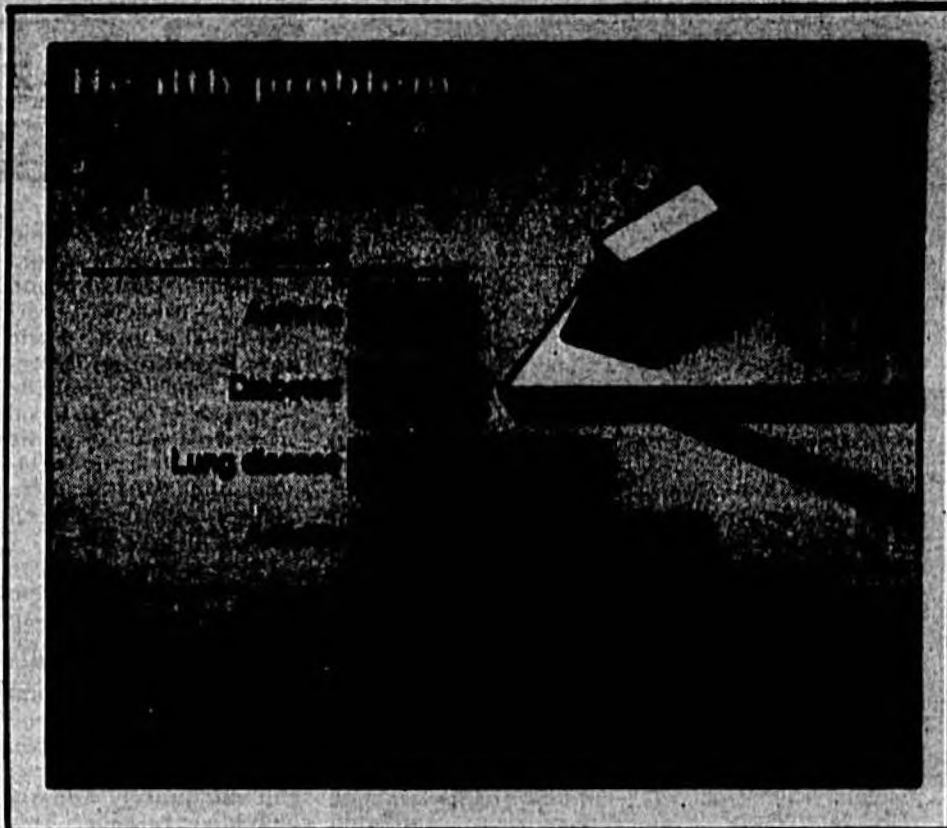
Similarly, skaters need to watch out for traffic if they are on the road, and for pedestrians if they are not.

Learning to skate is not as simple as continuing to try until you can roll without falling down. If a parent doesn't know how to skate, a professional skating teacher should show a child, Griffin said. Often, a skate shop knows where to find one.

Brave kids may also find themselves in big trouble. "Some children have more injuries than others; it doesn't follow a random basis," Madigan said. "We think certain children have less fear and are more aggressive."

Boys seem to be more likely than girls to be risk-takers, Madigan said. "They are culturally conditioned and encouraged to be more aggressive."

Griffin, however, disagrees. Personality traits make some people more aggressive than others, but girls have become bigger risk-takers in sports in recent years, she said.



# TRI-COUNTY ORTHOPAEDICS, P.A.

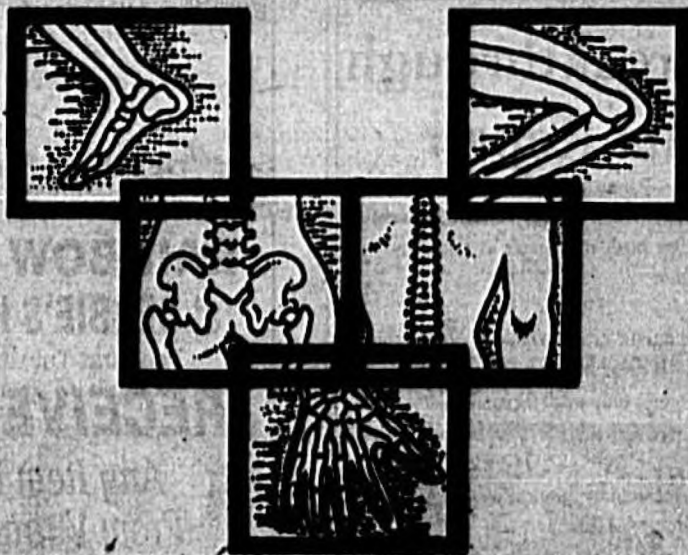


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# Take it to heart

## Low-salt cooking can be delicious

More than 6.0 million Americans suffer from high blood pressure and are at risk of having a heart attack or stroke. While there is no cure for hypertension and the cause of 90 percent of all high blood pressure is unknown, the American Heart Association emphasizes that there is a relationship between salt and hypertension.

Too much sodium causes the body to retain water, thereby putting an extra burden on the heart, and the average American eats 10 times more sodium than is needed for good health. For many people, following a low-sodium diet can adequately control high blood pressure. This diet even can benefit those who don't have hypertension.

In time for National High Blood Pressure Education Month this month the AHA has released the "American Heart Association Low-Salt Cookbook" (Times Books), by Drs. Rodman D. Starke and Mary Winston. Designed to help readers lower their blood pressure with a low-sodium diet the book features more than 175 recipes, two diet programs, and shopping and eating-out tips.

### HERBED FILET OF SOLE

- Serves 4
- 1/3 cup fresh lemon juice
- 1/8 teaspoon dry mustard powder
- 1/8 teaspoon tarragon
- 2 tablespoons acceptable margarine, softened
- 1 pound fillet of sole

Preheat broiler. Combine lemon juice, mustard and tarragon. Set aside.

Spread margarine in a flat baking dish and add fish. Brush fish with seasoned lemon juice. Broil 2 to 3 inches from the heat 5 to 8 minutes for thin filets (10 to 12 minutes for thicker filets). Brush once or twice with lemon juice mixture during broiling.

Fish is done when it is firm and flakes easily with a fork. Do not overcook.

Calories, 147 kcal; Protein, 19 g; Carbohydrate, 1g; Total Fat, 7g; Cholesterol, 83 mg; Sodium, 88 mg; Potassium, 293 mg; Calcium, 18 mg.

**LEMON-BASED CASSEROLE**  
Serves 4  
Vegetable oil spray

- 2 1/3 -pound frying chicken, cut in pieces, skinned, all visible fat removed
- 2 tablespoons acceptable vegetable oil
- 1/3 cup fresh lemon juice
- 2 tablespoons oregano or tarragon (optional)
- 1/8 teaspoon garlic powder
- 2 tablespoons chopped fresh parsley
- 1/4 teaspoon paprika

Preheat oven to 350° F. Lightly spray an ovenproof casserole dish with vegetable oil spray.

Rinse chicken and pat dry. Place chicken pieces in prepared casserole.

In a small bowl, combine oil, lemon juice, oregano or tarragon and garlic powder. Brush about half of mixture on chicken. Cover and bake 35 minutes.

Remove cover. Brush with remainder of oil-lemon mixture. Continue baking, uncovered, 20 minutes longer or until tender.

Sprinkle with parsley and paprika before serving. Calories, 271 kcal; Protein, 33 g; Carbohydrate, 1 g; Total Fat, 14 g; Cholesterol, 95 mg; Sodium, 94 mg; Potassium, 335 mg; Calcium, 28 mg.

## A New Breakthrough In Hernia Repair

Hernia repair is no longer major surgery. Recent advances like the mesh technique have made it as simple as a one-day "walk-in, walk-out" procedure.

A new laparoscopic technique now available at The Hernia Center of Central Florida has simplified things even further. Because this procedure requires only small incisions, it lessens pain and further shortens recovery time.

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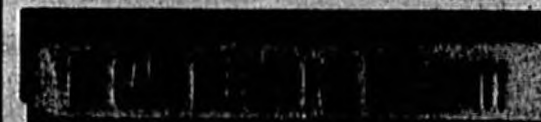
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## IN BRIEF

### Impotence Anonymous

Florida Hospital Altamonte will offer Impotents Anonymous, a free support group for people affected by impotence, on Monday, June 26, from 7-9 p.m. in the Chatlos Conference Center at Florida Hospital, Altamonte, 601 Altamonte Drive in Altamonte Springs.

Urologist Michael Friedman, M.D. will lead the group.

Florida Hospital Altamonte sponsors Impotents Anonymous for men who are affected by impotence and want to learn more about its causes and treatment. Wives and friends are welcome to attend this meeting.

For more information about Impotents Anonymous, call Tori Callan at Dr. Michael Friedman's office at 332-7700.

### Community friends

The Mental Health Association of Central Florida, Inc., Community Friends program is in desperate need of volunteers. Caught in a rut? Break the cycle, become a Community Friend volunteer. Be a friend to a person with a mental illness. Interested? Contact Kathy Booker at the Mental Health Association of Central Florida, (407) 843-1563, Serving Orange, Osceola, and Seminole counties.

### Brochure provides remedy

More than 15 million of hayfever suffers in the United States also suffer from a little known, and undertreated condition: seasonal allergic conjunctivitis—the ocular component of hayfever. The most common symptom of seasonal allergic conjunctivitis is itchy eyes. Unfortunately, most people attribute the itchy eyes to eye irritation or strain, an infection, contact lenses, or even a lack of sleep. This usually leads to improper treatment.

"Controlling ocular itch is essential, because the natural response to the itch is to rub the eyes," explains Michael Raisman, M.D. assistant professor of ophthalmology at Tufts University School of Medicine, Boston. "When left untreated, people tend to rub itchy eyes, which only exacerbates the itchiness. Itching stimulates the release of prostaglandins, chemicals that trigger itching in sensitive eyes. This is what physicians refer to as the Itch-Rub Cycle."

An new brochure, "Caring For Your Eye Allergies", offers a comprehensive guide to the symptoms and treatment of seasonal allergic conjunctivitis. It is available as a public service from Allergan. For a free copy, write to Acular/KTI, P.O. Box 1515, Radio City Station, New York, NY 10101-1515.

# For some patients, high fat diet can be healthy

By RANDEE WYATT  
Associated Press Writer

LONDON — Health experts rarely extol the virtues of a high-fat diet. But bacon, eggs, butter and cream are precisely what the doctors order for some children with severe epilepsy.

The Ketogenic Diet, one of the oldest treatments for epilepsy, is gaining popularity once again among a small but growing group of doctors in Europe and the United States.

These physicians are not against medication. But they believe the diet is best for those children with many seizures who are not helped by drugs.

Thirteen-year-old Christopher Slinker, of Oxford, Ohio, is one of the diet success stories. He suffered from severe seizures from the age of 18 months to seven years despite an array of medication.

Two years of the diet seemed to stop his seizures for good. Now he can eat what he pleases and no longer takes medication.

"I remember those times like they were hard for me putting up with all the kids that made fun of me and they'd shove food in front of my face. But I'd just eat my food and go about my business," Christopher said in a telephone interview. "But now I feel more confident, and I'm not afraid of having any more seizures."

Several recent studies have confirmed the effectiveness of the diet, but no one knows why it works.

It is known that the diet promotes ketones, the chemical residue of broken-down fats, in the blood. Doctors have a hunch that somehow ketones alter brain signals, but that's not the entire answer.

Ketones are the key, but "there are other ways of producing ketosis which are not effective in controlling seizures," said Dr. John Freeman, one of the leading diet proponents and director of the Pediatric Epilepsy Center at Johns Hopkins Medical School in Baltimore.

Epilepsy — defined as having at least two seizures — strikes about two in 100 children. A seizure is a burst of electrical energy in the brain, sort of like a short circuit, said Freeman. Some people may fall to the ground and stiffen or shake. Others may simply stare and be unaware.

Seizures may be sparked by brain defects, some viruses or exceedingly high fevers. Most occur out of the blue, and doctors cannot pinpoint the trigger.

About 70 percent of epileptics are controlled with one or two pills a day. But drugs do not help one in five children who have several seizures a week.

At St. Mary's Hospital in London, Dr. Ruby Schwartz offers the diet as a last resort.

"Nowadays only children with very severe epilepsy go on the diet because it's easier to give drugs," Schwartz said in an interview. "But there are always some parents adamantly opposed to drug treatment, or children who react negatively to the drugs or those who don't respond at all."

Schwartz did some of the pioneering studies in the 1970s proving that the diet works.

But it is not a guaranteed cure. Nor is it as easy or as tasty as it would seem.

Fats are encouraged but sugars and carbohydrates are kept to a minimum. A glass of cream is allowed, but sugary ice cream is out. Cheese is OK, but not pizza.

Every ingredient has to be measured and weighed accurately. Total calories are limited so most patients do not gain weight.

Andrea Serra's 9-year-old daughter, Stephanie, has been on the diet for five months.

"Stephanie has to sit in a lunchroom with her containers full of food and everyone else is eating pizza," said Mrs. Serra, of Dutchess County, N.Y. "It's heartbreaking, but if you've gone through seeing your child have 80 seizures a day, you'll stick to the diet."

Stephanie is down to one seizure a week. Instead of 25 pills daily,

she takes just one.

The Ketogenic Diet was conceived in the 1930s by doctors in France and the United States who were trying to determine why fasting — an ancient epilepsy cure — was effective.

They discovered that prolonged starvation promotes ketosis, as the body uses its fat reserves. So, they devised a way to mimic the chemistry of starvation.

The Ketogenic Diet was used widely at first, but waned with the introduction of anti-seizure drugs in the 1940s.

Freeman said most children stay on the diet for about two years and then are gradually weaned off.

Gretchen Homer, of Baltimore, lost 22 pounds on the high-fat diet. She blamed her previous weight gain on her anti-seizure pills, which made her constantly hungry.

"I stick to the diet because it makes me feel pretty, and I have more energy," said Gretchen, 19, who has been on it for two years.

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