



MICHAEL CAINE'S NEW ROLE as a proud father is far from typical. The British actor and his wife, Shakira, had the press in London with their daughter, Natasha Halima, born July 15.

WORRY CLINIC

George W. Crane, Ph.D., M.D.

Kathy's query illustrates the widespread belief of children that adults NEVER are afraid. So relieve their inner tensions by a "Fear Party" for it will allow them to vent their fears...



CASEY's baby, aged 4, is typical of many timid toddlers. "Daddy," she asked, "are you afraid of the dark, too?"

For youngsters often are afflicted with all sorts of inner tensions and turmoil. They hesitate to confess such fears, lest they be regarded as "chicken" or "sissies."

Parents are usually regarded as giants and goddesses in physical size, for Kathy's daddy is twice her height and 6 times her weight.

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World News Briefs

Typhoon Hits Philippines

MANILA (AP)—Typhoon Ruth roared across the northern Philippines today, flooding several parts of the country's rice bowl and killing at least five persons.

Socialists Lead In Turkey

ANKARA, Turkey (AP)—A socialist party was leading today for the first time in a Turkish general election but appeared unlikely to get a majority.

Grenade Blast Kills 7

PHNOM PENH, Cambodia (AP)—A grenade exploded in a downtown movie house this afternoon in Phnom Penh, killing seven people and wounding 10 others.

Court Upholds Turner

CINCINNATI, Ohio (AP)—The 6th U.S. Circuit Court of Appeals today upheld a lower court's dismissal of fraud charges against Dare To Be Great Inc.

Thai Cleanup Starts; Trio Flees Revolt

BANGKOK, Thailand (AP)—Shops reopened and traffic flowed again in Bangkok today after two days of street fighting that drove Thailand's three most powerful military men and their families into exile.

Cambodian Fighting Slows

PHNOM PENH, Cambodia (AP)—The fighting in Cambodia has slowed to a sporadic harassment of government outposts, the Cambodian military command reported today.

3 Day Ocean Party To Nassau

Leave Feb. 15, 1974 Return Feb. 18 (Washington's Birthday) Includes Bus (Round Trip) Deltona to Miami

Deltona Travel Agency advertisement with phone number 668-4417 and address 827 Deltona Blvd.

Psychiatric Tests Charged To Ford

WASHINGTON (AP)—Vice President-designate Gerald R. Ford says the story published in a Washington lobbyist's book that he underwent psychiatric treatment for a year is "sheer fantasy."

Senator Chiles Charges 'The Deck Is Stacked'

WASHINGTON, Fla. (AP)—U.S. Sen. Lawton Chiles, D-Fla., said today he would file a federal court suit seeking a delay in the sale of offshore oil leases in the eastern Gulf of Mexico off Florida.

Secretary Blamed For License Goo

ORLANDO (AP)—An embarrassed Seminole County Commission Chairman Sid Vihlen Jr. Tuesday blamed a mistake by a "more" secretary who was unaware of a county ordinance for the granting of an ambulance company's operating license to two men facing trial on charges of conspiring to bribe physicians and surgeons.

Murder Charges Hit Man

ORLANDO (AP)—A 30-year-old Seminole County man, in jail since Monday on charges of intent to commit murder stemming from the beating of his pregnant common law wife, is now facing charges of attempted murder and killing an unborn child.

A Woman To Enter Longwood Politics

ORLANDO (AP)—A woman who has been active in the Longwood area for many years, is expected to enter the political arena in the coming year.

Weather

Yesterday's high 88 low this morning 64. Partly cloudy through Thursday with a chance of showers.

Center Nears Completion

REV. JACK LINDSAY, pastor of Longwood's First Baptist Church, is expected to complete the construction of the church's new activities and recreation center in Sanlando Springs Drive.

Councilman Wirz Wounded; Serious

Casselberry Councilman Richard Wirz was listed today in serious condition at Florida Hospital North, Altamonte Springs, after undergoing four hours of surgery Tuesday night for a gunshot wound.

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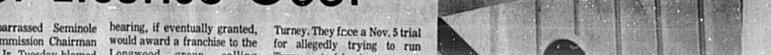
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Dick O'Connell of the Palo Alto, Calif., Times, here covering the Series, said Williams had informed the players of his decision in a clubhouse meeting at Shea Stadium Tuesday night.



RICHARD WIRZ ... At meeting

The Sanford Herald logo and masthead information.



DETECTIVE AND PRISONER Det. Reddin (left) escorts Hare to jail

ABC LIQUOR SALE advertisement listing various liquors and prices.

Imported Scotch and Blends & Canadian liquors advertisement.

Various liquor brands advertisement including Southern Comfort, Tom Sims, and others.

Star Hi-Way 17-92 and At 436 Casselberry liquor advertisement.

STERCHI'S home furnishings advertisement featuring a chair and table.

Dangerous Changes Have Taken Place

We Must Reevaluate The Presidency

We approve and support Sen. Walter Mondale's proposal for a high level, of course nonpartisan, commission of American citizens to study and think about the institution of the American presidency.

We approve and support not because we think that such a commission can, or should, come up with any radically new definition of the presidency or with any proposal for substantial change in the institution itself, but because we think it highly important that Americans do some rethinking about their presidency. They have had it so long and come to take it so much for granted that subtle and dangerous changes have taken place without the public being entirely aware of the changes.

The biggest change of all is that the word "president" has taken on overtones of meaning

which the Founding Fathers would never for a moment have entertained. Letters coming into this office sometimes urge us to support "The President" because he is "The President."

"My country, right or wrong" is a patriotic sentiment of some merit. But "the president, right or wrong"—never.

The Founding Fathers conceived the American presidency in terms of the Roman republic, not in terms of the Roman Empire. President meant to them a citizen, under the laws, who would for a fixed number of years "preside" over the executive branch of the government. But they thought of him only as the first magistrate. He was not endowed with any presumption of superior wisdom from being in the White House—or from having won a landslide victory on an election day.

The presidency is a heavy responsibility—not an opportunity to dominate. Senator Mondale thinks that Watergate is the result of a 36-year

trend toward a presidency "larger than life and larger than the law."

Our own sense of the matter is that the presidency first got really out of hand under Lyndon Johnson, although there were earlier symptoms under Kennedy and Franklin D. Roosevelt. Some historians could say under Wilson and even Lincoln.

When the change began is debatable. That it did get bigger than life-size under Johnson and Nixon is beyond question. The presidency is overblown when those around the president claim for him the right to break the law. A head of government who can break the law is no longer the first magistrate of a free people; he is an emperor or dictator or tyrant.

These things should be studied and talked out. If Senator Mondale's commission could cause a lot of Americans to ponder such matters—it would be a good thing.

—Reprint from The Christian Science Monitor

Nixon On Taxes

By JACK ANDERSON

WASHINGTON—As a young attorney in the late 1930s, Richard Nixon specialized in federal tax law, which made him an expert in how to legally avoid paying taxes. It was a specialty that served him well after he became President and acquired a million-dollar estate at San Clemente, Calif.

A Providence, R.I., reporter named Jack White has dug out the fact that the President paid an income tax of only \$792.81 in 1970 and \$678.03 in 1971, although he collected a \$200,000 yearly salary. We have now confirmed White's figures from our own confidential sources.

Like everyone else, the President's taxes are withheld from his salary. He is also required to pay quarterly estimated taxes on additional income. In 1970, he received a whopping \$72,614 tax refund; in 1971, his refund was \$38,389.41.

In other words, the President—with his huge salary, his king's estates at San Clemente and Key Biscayne, his personal limousines, helicopters, planes and boats—paid less taxes than a family of three earning only \$8,500 a year.

The President got away with this giant tax break, apparently, by claiming deductions for mortgage-interest payments, real estate taxes and the gift of his vice-presidential papers to the National Archives.

IRS AIDIT

The Internal Revenue Service, no doubt with some justification, audited the President's tax returns for 1971 and 1972. The White House has refused further comment, except to say that the IRS accepted his returns without change.

Presumably, therefore, the IRS accepted the deductions Nixon claimed for the interest payments on the loans he received to finance the San Clemente purchase. He borrowed \$625,000 from his rich friend, Robert Abplanalp, to meet the down payment and renovation costs. (Most of the renovations, however, were paid by the taxpayers.)

Subsequently, Abplanalp cancelled the \$625,000 debt in return for the deed to the outer circle of the San Clemente property. Nixon kept title to the heart of the estate and continued to use the property belonging to Abplanalp. The deed, however, is complicated. But they both down to this: Abplanalp put up most of the money for the San Clemente purchase, but the President wound up with the most valuable portion of the estate.

Under these circumstances, tax experts have told us, Nixon should count the canceled \$625,000 debt, or at least most of it, as income.

The tax regulations, of course, are subject to different interpretations. They are, indeed, almost beyond human comprehension. The volumes of regulations and interpretations would fill a small library. The table of contents alone runs 1,032 pages.

But we have talked to experts who strongly disagree with the IRS and believe the President has not paid his fair share of the taxes. California's Governor Ronald Reagan, an acknowledged millionaire with a \$50,000 annual salary, has also admitted that he paid no federal or state taxes whatever two years ago.

Yet both Nixon and Reagan have opposed tax reforms that would lighten the burden for the small taxpayers.

Footnote: It was the acceptance of financial favors, ironically, that got Spiro Agnew in trouble for tax evasion. The U.S. Internal Revenue Service reported charges that the federally-sponsored agency designed to spur investment in developing nations "failed to increase the likelihood of United States government involvement in the internal policies of other countries in connection with the property interests of United States corporations."

Under the terms of the report by the Multinational Corporations Subcommittee, headed by Sen. Frank Church, D-Idaho, the Overseas Private Investment Corporation (OPIC) "has inherent within it a conflict between the achievement of public policy and management by sound insurance principles. The result has been a large and unsatisfactory exposure of the good faith and credit of the U.S. government."

OPIC's intended purpose is to assist the economies of poor nations by stimulating investments by U.S. companies, while insuring them against political risks like expropriation. The committee found, however, that OPIC is in danger of going broke at a loss to the taxpayers of \$200 million. OPIC claims to be self-supporting.

POLITICAL ADVENTURES

A major problem is that some firms, insured by OPIC, indulge in foreign political adventures. In Chile, for example, TIT tried to block Salvador Allende from becoming president. When TIT's plot failed, its Chilean telephone company was expropriated. TIT and Anacanda Copper, whose mines were also taken over by the Allende government, are now seeking a total of \$246.3 million through arbitration.

"There are currently \$339 million in claims and guarantees outstanding against OPIC's approximately \$150 million of reserves," the report asserts. "It is quite possible that there will be additional catastrophic losses due to expropriation."

Warning that "OPIC could easily find itself deeply in the red," the study concluded that "most OPIC insured investments would probably have occurred even without the OPIC insurance." It further states: "OPIC currently has only a marginal effect on fostering new investment."

Citing TIT's Chilean investments and those in Jamaica by Reynolds Aluminum, the committee found "the companies recognize the political uses to which the program can be put."

CONCERNED VOTERS



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Outrage Against Humanity' Terrorism Jeopardizes Government

COPYLEYS NEWS

A resolution passed by the U.S. Senate reflected this nation's concern over the "outrage against humanity" in the decision of the Austrian government to close its transit camp for Soviet Jews bound for Israel.

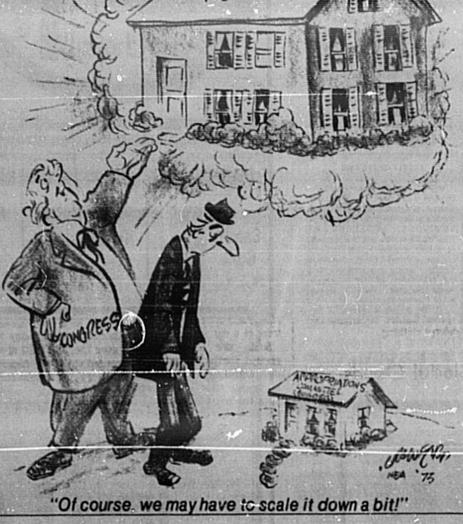
But the most harshly worded resolutions are a timely response to the terrorist blackmail that forced the abandonment of facilities that have eased the emigration of 70,000 Russian Jews in the past four years.

And the world's horrified reaction to the tactics of the Palestinian guerrillas should encourage the Austrians to reconsider the pledge exchanged recently for the release of four hostages: a cease-fire from a Moscow-to-Vienna passenger train.

Capitalization to the demands of the guerrilla is, as Israeli Premier Golda Meir described it, "the greatest encouragement to terrorism throughout the world." Isolated instances of retreat in the face of crazed fanatics and violence are deplorable enough. When fear for the safety of its uninvolved citizens is allowed to influence a nation's government, it is a disgrace to declare an end to the nonsense. Wavering Austrian leaders have been warned by the commando group against "any

backing down of any kind from the moral commitment expressed in the decision to stop the emigration."

Moral commitment? Can any agreement reached under the pressure of immoral actions be dignified with the label?



Girlwatchers: Don't Honk If You're Not Sincere

By JOAN COLBY Copley News Service

At one time I couldn't understand feminist objections to wolf whistles and horn-blowers. Perhaps I was just dense but I used to think a whistle was a compliment and though I hate to admit it was so unenlightened, it really thrilled me to think someone else thought I was sexy enough to whistle at (even if he was a male chauvinist pig).

But those preconsciousness-raising days are ended. Last week, I set off down the expressway to the bank, wearing a halter top and my big, black sunglasses sunglasses.

Three truck drivers started honking and gesticulating like crazy. I was terribly impressed by the effect. I was creating and I continued down the highway on Cloud Nine.

Actually, though I thought I must look pretty snazzy, I was a bit startled by the repeated honking and wavings from oncoming

motorists. "Lace face, though I think I'm holding together fairly decently for a person of my advanced years, I don't usually cause a sensation like that."

One driver was practically doing the frug—honking like a madman and flashing his headlights. I mean really, men don't throw themselves under the wheels of my '67 blue Oldsmobile every day, so I was quite gratified, but maintaining a regal cool by smiling nodding graciously to my passing admirers.

Imagine my surprise when suddenly the oil and generator lights flashed on my dash panel, an awful clunk was heard and my faithful car stopped dead.

Imagine my letdown, when I suddenly realized that all those honks and gestures were warnings of an imminent breakdown.

The gas station mechanic, who arrived with the tow truck, giving me that "another dumb lady driver" eye, explained laconically that it was a wonder my car didn't catch fire the way the short battery was sparking.

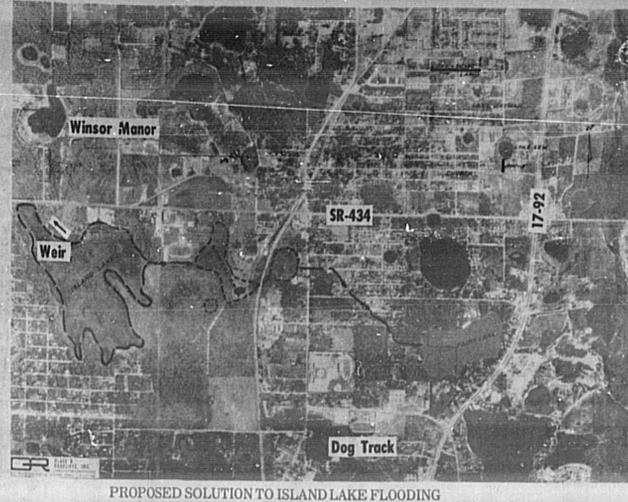
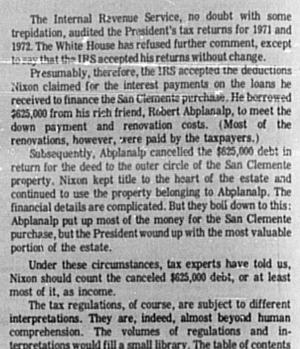
Now the point is, if a lot of males weren't accustomed to honking and waving at anything remotely female, we jennies wouldn't interpret such goings-on as plaudits to our gender.

We would realize our cars were bursting into flames, rather than pondering why that redheaded truck driver was so taken with us. Shortly after my unimpaired and egg-demonishing experience, I was again zipped down the road, when some fellow shot by, blowing his horn and grinning insanely.

I curbed my auto, leaped out narrowly avoiding an oncoming dump truck, raised the hood and began prodding about in the mysterious innards of my vehicle. Nothing. No smoke. No sparks.

Specialists here say the three new major missile programs recently reported by U.S. intelligence must have cost in the neighborhood of \$5 billion each to date. Finishing the job and bringing them into production will cost billions more. The United States — and here civilians and military men agree — cannot afford such enormous military outlays as are necessitated by the development of three such major new missile programs simultaneously. Soviet military spending per dollar of total gross national product is roughly twice that of the United States. And USSR military research and development spending seems to be growing.

For a good many years, the opinion here is some influential sectors was that the Russians could have their cake and eat it too. It was believed that in a controlled economy, where better could be held back and civilians neglected, that industrial and military production could rise steadily, independently of each other — almost.



PROPOSED SOLUTION TO ISLAND LAKE FLOODING... first slash mark east of the lake is easement needed

Florida News Briefs

DOT Meeting
FORT MYERS, Fla. (AP) — The State Highway Department has scheduled a public hearing here Oct. 23 to brief Southwest Florida residents on the status of Interstate 75 and U.S. 41 highway construction. The meeting was set for 4 p.m. at city hall.

Mile Suit Filed
TALLAHASSEE, Fla. (AP) — Atty. Gen. Robert Shubin has filed suit to halt destruction of so-called Miracle Mile sand dunes along Panama City's golf coastline. Shubin asked the Bay County Circuit Court Tuesday to prevent all construction which "result in alteration of the natural beach and primary dune line, or blocks public roadways."

Murder Sentence
WEST PALM BEACH, Fla. (AP) — Leo Alford, 27, has been sentenced to death for the murder of a 13-year-old girl whose nude, blindfolded body was dumped in a trash heap. Alford, of Riviera Beach, was convicted last April of killing Carol Blevins of West Palm Beach. Circuit Judge Marvin Mounts passed sentence Tuesday.

Mosquito Target
MIAMI (AP) — Healthy and warm-skinned persons are prime targets of hungry mosquitoes, a research shows. Bill Moore, Dade County agricultural extension agent, said Tuesday the study also showed that mosquitoes are 20 per cent more likely to bite a person bathed in perfume or wearing dark-colored clothing.

Colorful Clouds
EGLETT AIR FORCE BASE, Fla. (AP) — Red, yellow and blue clouds will be visible the next few nights over the Gulf of Mexico, the Air Force has announced. The Air Force said Tuesday it was launching a series of high altitude rocket probes from this north Florida Base to study upper atmospheric conditions.

Tempest Competing
TALLAHASSEE, Fla. (AP) — Stripper Tempest Storm, barred from participating in the Florida State University homecoming, has agreed to compete against the weekend event.

3 Public Hearings Planned On 'Pristine' Designations
TALLAHASSEE, Fla. (AP) — The Florida Pollution Control Board plans three public hearings around the state on whether to designate 32 lakes, rivers and creeks as "pristine waters" and regulate developments along their banks.

The board took the action Tuesday after two legislators and several land owners complained they had not received enough notice of the panel's previously scheduled single hearing on the proposal.

"One-third of the waters are in my legislative district and I got no notice," said state Rep. Pat Thomas, D-Quincy. Thomas and state Rep. William J. Rish, D-Port St. Joe, were among more than 50 persons at the Tuesday hearing.

The board also agreed to hold hearings on proposed tough water pollution rules on the dumping of sewage into waters considered "endangered and nearly polluted."

The tough rules would apply to seven areas of the state, including Tampa Bay, Dade, Broward, Palm Beach, Lee, Santa Rosa and Escambia counties and the upper Oklawaha basin in Orange and Lake counties.

Board member John R. Middlemiss of Panama City said he expected the board to "bite the bullet" and adopt the pristine waters rules at the panel's December meeting.

"We're going to have to listen to some howls from landowners," Middlemiss said, "but I think the people of Florida want the waters preserved." Thomas accused the board of attempting to "usurp the authority of the legislature" by considering the pristine waters rules.

Rish called the proposed rules "a discrimination against the private property owner." The Port St. Joe Democrat said the rules would "disfigure wetlands bill" that the legislature defeated during the last session.

The proposed rules would prohibit altering the bottom or shoreline without department approval, prohibit eliminating more than 25 per cent of the vegetation on tracts of land and prohibit construction or installation of septic tanks or disposal systems on the water bodies' 50-year flood plains.

The board decided to hold the workshops around the state shortly after board members had lunch with director Peter Baljet.

Baljet said there was no business discussion at lunch and no violation of the state government-in-the-sunshine law.

Navy Ending At Key West

KEY WEST, Fla. (AP) — The submarine USS Amberjack was to strike her colors for the last time today, marking the end of an era for the "pigboat Navy" and the 150-year-old Key West Naval Base.

Capt. Stuart Merriken's submarine was the only active U.S. Naval vessel on the base, the last in a line of warships that stretched back to a day in 1822 when Lt. Matthew Perry anchored the schooner Shark in the harbor.

But America doesn't need as many naval bases in this age of nuclear submarines and aircraft carriers, so Amberjack was sold to the Brazilian Navy and the base will be decommissioned next spring.

The base will continue to house support units for expanded Naval air activities at nearby Boca Chica. But when Amberjack goes, it will be another step along the road to oblivion for the handful of diesel submarines still flying the American ensign.

Amberjack was his first command, and Merriken said he enjoyed every minute of his 18 months as her skipper. But he said he probably would never sail on a submarine again.

Longwood Claims End To Lake Flood Woes

LONGWOOD—A permanent solution has been found for the South Island Lake flooding problem, a thorn in the city's side for many months, Mayor Eugene Jaques said today.

The solution will not cost the city any money except for the labor of cutting through a short piece of land east of the lake. Jaques said, adding that a strip of easement needed he believes will be donated to the city.

Continuing to deny there is or has been any problem with Winsor Manor drainage, north of SR 434, he said the real problem is the lake south of the highway.

He said the short easement strip is needed between the lake, which has been annexed by the city, and another annexed parcel. The Georges St. Laurent property east of the strip will have a large holding pond, Jaques said, with a continuation of open ditching to the state drainage ditch, far east along the ditch, railroad tracks and under SR 427.

The ditch continues into Columbus Harbor with outfall into Fairy Lake. Jaques said "environmental traps" will be spotted by the developer through Columbus Harbor to catch materials which might pollute the lake.

The city has been under fire from the county commission during recent weeks when sections of Rolling Hills roads were flooded by south Island Lake after heavy rains.

Two years ago when Winsor Manor began development the county and other agencies warred the flooding would occur since Winsor Manor's land elevation was raised to allow flooding in the subdivision.

Several weeks ago, the county threatened to take the city to court if a drainage solution were not worked out for the South Island Lake area, stopped by a Winsor Manor weir on the north side of SR 434, following its natural runoff course to the north and west.

Jaques said today the city for many months has been seeking a solution to the flooding. Although no exact timetable for the work has been set, the problem will be solved, Jaques said.

Tampa Bay Water Near Crisis Level

TALLAHASSEE, Fla. (AP) — A threatened water shortage crisis in the Tampa Bay area has prompted a Cabinet-ordered investigation and a study committee.

The Cabinet Tuesday directed its Natural Resources Department staff to hold a hearing in Brooksville in an effort to resolve an apparent impasse involving Pinellas, Hillsborough and Pasco counties.

Environmental Protection Committee Chairman Guy Spicola, D-Tampa, urged Speaker Terrell Sessums to name a special water supply panel to avert a Tampa Bay crisis and prevent the problem from spreading statewide.

Earlier Tuesday Atty. Gen. Robert Shevin issued an opinion saying the Cabinet could review water district orders found inconsistent with the 1972 Water Resources Act.

But officials in neighboring Pasco and Hillsborough counties have charged that

Pinellas County's pumping from the field has contributed to a shortage of ground water in their area.

Pinellas County Commissioner Charles Rainey led a delegation of county officials to Tuesday's Cabinet meeting to plan for review of the water district order.

The Cabinet instructed its Natural Resources staff to report back with recommendations by Nov. 20, but Rainey said Pinellas officials wanted to be heard sooner.

Gov. Reubin Askew said it would be unfair to conduct a hearing without all concerned counties represented. Askew also stressed that the Cabinet's action was not intended to preempt the authority of the water district.

Spicola sent to Sessums proposed legislation requiring local governments to cooperate in developing a regional water management program. His proposal would give water districts the power to control future intercounty water sources.

Uesury To Quit Nixon

MIAMI BEACH (AP) — Despite administration pressure to stay on, labor sources say W.J. Uesury Jr. is expected to resign as President Nixon's chief labor troubleshooter to take a key AFL-CIO job.

The AFL-CIO Executive Council was set today to appoint Uesury as head of an ex-ante labor fed-provded organizing department headed by Secretary and Treasurer Lane Kirkland, strengthening control over all field already prompting speculation operations. The change would be that he could possibly succeed represent the first major labor reorganization of the big labor federation since its creation in 1955.

Uesury, 49, currently is director of the Federal Mediation and Conciliation Service, a post he was appointed to in February following a four-year stint as an assistant Secretary of Labor.

The date of his resignation is not clear, however. If Uesury remains until January, he will be eligible for a government pension.

As the nation's top mediator, he has settled numerous postal, airline and railroad disputes and earned a firm reputation among both management and labor for his fairness and efficiency.

Uesury is likely to emerge as Council's No. 3 man in the labor fed-provded hierarchy behind Secretary and Treasurer Lane Kirkland, strengthening control over all field already prompting speculation operations. The change would be that he could possibly succeed represent the first major labor reorganization of the big labor federation since its creation in 1955.

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NOW WE HAVE Swim 'n Ton GOGGLES!
For competitive and recreational swimming, sunbathing or fun contact lens wearers... 6 hints to choose from today the city for many months has been seeking a solution to the flooding. Although no exact timetable for the work has been set, the problem will be solved, Jaques said.

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Churches Schedule Annual Services

By MARVA Y. HAWKINS
Herald Correspondent

Annual Women's Day services will be held Sunday at 11 a.m. at Zion Hope Missionary Baptist Church.

The speaker for the morning will be Mrs. Bernice Knight, a member of St. Paul Missionary Baptist Church, chairman for the annual Day of Mrs. Florence Henderson and Rev. J. L. Brooks is pastor of the church.

Mt. Sinai Missionary Baptist Church will observe the annual Women's and Men's Day, Sunday with two services. Speaker at the 11 a.m. service will be Mrs. Fannie Bagley, member of Mt. Zion Missionary Baptist Church. Rev. J. C. Miller, pastor of Mt. Zion Missionary Baptist Church, Midway, will bring the mens day message at 3 p.m. Mrs. Eva Wiggins is program chairman and Rev. L. R. Myers, pastor.

The Ester Washington Singers of Cocoa will give a program at Springfield Missionary Baptist Church, Sunday, at 3 p.m., Mrs. Johnnie Dixon, chairman and Rev. P. H. Mitchell, pastor, have announced.

Members of New Mt. Calvary Missionary Baptist Church went to Jacksonville last week for 70th anniversary services of West Friendship Missionary Baptist and the 20th anniversary of the pastor Rev. Richard L. Wilson.

Six combined choirs sang, "What a Fellowship," "Jesus Keep me near the Cross," "I'm Thank You Jesus." Following over the service was Rev. C. Price, pastor of St. Matthew Baptist Church, of Jacksonville.

The anniversary sermon was delivered by Rev. Gertal L. Sims, pastor of New Mt. Calvary Missionary Baptist Church, Sanford. He spoke on the subject "Plug in, switch on and shine for Jesus."

Following the message the choir sang "This little of mine, I'm going to let it shine." The Rev. Sims was honored with a birthday dinner Saturday at the New Mt. Calvary dining room. Two beautifully decorated cakes adorned the table where Rev. Sims and his wife, Verneil sat.

The pastor's side board were hosts for the evening. Guests were, Katie Hill, Venis Whittens, Jodie



NEWLY WEDD'S
Mr. and Mrs. Wallace B. Burke

Smith, Williams Vows Exchanged

Miss Emma B. Smith, daughter of Mr. and Mrs. James Williams, Sanford and Wallace Bernard Burke, son of Mr. and Mrs. Chester Burke, Bainbridge, Georgia, were married October 12, 1973 at 7:30 p.m. at Mount Zion Missionary Baptist Church, Midway.

For her daughter's wedding Mrs. Williams chose a formal-length baby-blue crepe gown with chiffon sleeves trimmed in blue sequins. Her corsage and accessories were blue and white.

A reception was held at the home of the bride's sister and brother-in-law, Mr. and Mrs. Joe Chiselm.

The bride's table was overlaid with a white linen cloth and centered with green ferns. The three-tiered wedding cake was decorated in yellow and green with white wedding bells. A bride and groom graced the top tier.

The punch table was centered with a champagne fountain, Mints, nuts and finger sandwiches were served by Miss Gail Fryer and Dorothy Gillison.

The bride is a senior at Bethune-Cookman College, Daytona, majoring in Sociology.

Out-of-town guests were from Daytona Beach, Winter Park and Orlando.

Mrs. Behrens demonstrated making of Terrariums. Much pleasure was had as well as many lovely pieces of art were made.

Reservations were taken for the luncheon to be held at the Garden Club Oct. 18.

Central Circle of the Sanford Garden Club met for the October meeting at the Garden Center with Mrs. C.M. Flowers and Mrs. R. D. Wesley, hostesses, served cookies, candy and coffee, using a Halloween theme in both refreshments and decorations.

Mrs. H. H. Grier, circle president, presided over the business session.

Central will be in charge of keeping the club grounds clean and shrubs pruned in November. A check was sent to CARE, Stamps and eye glasses were sent to World Gardening.

The Table Show and Bazaar will be held at the Garden Center on Nov. 18 and 19. Mrs. E. H. Wood, Mrs. L.H. Tripp, Mrs. Grier, Mrs. Earl Niblack and Mrs. S. J. Brooks will be in charge of arranging a dinner table and a table.

Mrs. Grier and several other members of the circle will attend the fall business meeting in Windermere on Oct. 24.

The circle voted to assist in nursing work at the Melville Nursing home.

Mrs. John Duda Shares Behind Iron Curtain Experiences With Clubwomen And UF Workers

By JEAN PATTESON
Herald Staff Writer

OVIEDO — A nostalgic journey recently took Mrs. John Duda of Oviedo, her mother and two sisters, to Czechoslovakia, native land of her grandparents and birth place of her father. At a meeting of the Oviedo Women's Club Mrs. Duda presented a slide show and shared her experiences behind the Iron Curtain with members of the club and visiting Seminole United Fund volunteers.

The women were guests of their Czechoslovakian cousin, "Doctor Rudi" they called him, who is in charge of the country's 22 health spas. His high position and inherited wealth enabled Mrs. Duda to enjoy her visit in relative luxury, visiting some of the country's top restaurants and traveling in a chauffeur-driven car.

The spas, the restaurants, and all shops, hotels, businesses and schools — everything, it seemed — are state-owned, said Mrs. Duda.

While she enjoyed the breathtaking scenery, the charm of centuries-old cities steeped in history, and the warmth of the people, she said a sense of restraint, a lack of real freedom was always with her.

Their hotel accommodation, for example, was always chosen for them. Prices and wages are standardized throughout the entire country. The State efficiently controls the youth — if they step out of line in any way their chances of

a college education or of advancing themselves in other ways are effectively destroyed.

"We were always asking about the old, and they kept showing us the new," said Mrs. Duda. She said they seemed determined to prove the country was modern and progressive.

While there are many beautiful old churches in the country, Mrs. Duda saw only old women and tourists in them. Most are falling into disrepair because they receive no subsidies from the state, and rely on meager donations from the people. To discourage church attendance the state scheduled community activities to coincide with all church services.

While prices are lower than in the United States, salaries are also considerably lower. Every time Mrs. Duda asked specific questions relating to salaries and the cost of living, she was met with blank silence. "They just pretended they didn't understand," she said.

The highlight of her trip was a visit to the farm set among rolling hills where her grandfather spent his boyhood. The old thatched farm buildings are overshadowed by a giant earth barrier, the wall of a new reservoir which will be completed next year, flooding the entire valley, the fields where her grandfather ran and played as a child, and the old family home.

"Our timing was certainly fortunate," said Mrs. Duda. She showed a slide of all the remaining cousins, aunts, and even her 90-some-year-old great-grandmother. Her own mother has been trying for months to get a young college-age cousin out of Czechoslovakia to study in this country — but in vain so far. There is no free travel across the country's borders, and the government is particularly reluctant to allow its young people out.

Women's Lib supporters would surely approve of the Czechoslovakian system, said Mrs. Duda. "Women here are totally emancipated," she said. "There wasn't a job we didn't see them doing, and they earn exactly the same as men in those jobs."

The bright spot throughout her stay was the beautiful flower gardens. "Everywhere there were the loveliest flowers," she said. "They made the heart glad, despite the sadness of other things."



CZECHOSLOVAKIAN DOLLS IN FESTIVE DRESS
... Mrs. John Duda (r) and Mrs. Ray Hughes
(Herald Photo by Jean Patteson)



QUEEN CONTESTANTS NEEDED

KAREN GREGORY is being crowned Jamboree Queen by Tri-County Road-Runners queen and beauty pageant chairman, Yvonne Fryer, at last year's first annual Seminole County Hearing Conservation Jamboree. The second annual jamboree is scheduled for Oct. 27 and 28, at Sanford Civic Center. Queen contestants are needed and the winner will receive a crown, trophy, robes, savings bond and other gifts. To participate as a contestant in the pageant, contact the chairman again this year, Mrs. Fryer, 322-7233.



CELEBRATES 20th ANNIVERSARY
... Rev. R. L. Wilson, left, wife congratulated by Rev. and Mrs. G. L. Sims



REV. G. L. SIMS HONORED ON BIRTHDAY
... Deacon R. Brown, Evelyn Jones, standing, Rev. and Mrs. Sims, seated



BABY SHOWER
... Mrs. J. Davis, left, presents gift to Mrs. R. Tillman.

Council Promises Hearing

ALTAMONTE SPRINGS — Developer Wilson Knott received assurances from city council Tuesday night that a public hearing will be held at the earliest possible time on his request for a variance to permit construction of a five story office building.

Knott expects to councilmen for action so that he will not lose \$40,000 and a commitment for financing for the building, planned for at least a year. He said the variance is necessary for final financing approval.

Knott said zoning for his other professional building, located at Maitland Avenue north and SR 436, permitted the construction.

A city-wide zoning ordinance, recently adopted, changing the zoning and doesn't allow the multi-story building, Knott said.

Councilman Dan Dorfman, noting the old ordinance prohibited buildings of that height, agreed nonetheless that the variance should be granted.

Mayor Lawrence Bradford told the council the Golden Arms Towers apartment complex planned for the northeast quadrant of I-4 and SR 436 must also have different zoning to allow a 15-story building.

The authority accepted Polk's assurances Tuesday he will try to get the Seminole County Commission to approve such a lease, or if that is not agreeable, a two-year lease with a letter of intent to renew for four more two-year periods.

Polk said governmental bodies, according to law, may not enter into lease agreements beyond two years. However, longer periods are in effect in other counties, said Polk, and "if it's legal there, it should be legal here."

Polk visited the Governor's Council on Criminal Justice in Tallahassee Oct. 9 and was given authority to negotiate the lease. Polk told the authority the Law Enforcement Assistance Administration (LEAA), which funds operation of the crime laboratory, will

agree to pay \$13,200 annual rental.

Authority Chairman John Mercer said they will borrow up to \$90,000 to finance the laboratory, and the cost will be amortized over a 10-year period with lease payments from the laboratory. He said it will take about \$13,200 a year to make the payments.

Miss Janet Saunders, served as maid of honor and Samaria Eudell, Lorraine Hollaway, Gloria Coleman and Rita Stephens were attendants. They were formal-length gowns of emerald green with white lace, self-attached capes and matching chapeaux. Additional finger-printing and handwriting analysis departments will make it a full-service facility.

It will require five more staff members, including two chemists.

Flower girls were Regina



HONORED ON FIFTH BIRTHDAY
... Coretta Moore, left, and Ellavitta Beasley

New Crime Laboratory Gets Authority Approval

The Sanford Airport Authority agreed Tuesday to construct a \$98,000 crime laboratory at the airport, after Seminole County Sheriff John Polk reported a satisfactory lease agreement could be worked out.

On Oct. 4, the authority tentatively agreed to build the 8,750 sq. ft. facility if Polk could guarantee a five-year lease with a five-year option for renewal.

The authority accepted Polk's assurances Tuesday he will try to get the Seminole County Commission to approve such a lease, or if that is not agreeable, a two-year lease with a letter of intent to renew for four more two-year periods.

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Grand Jury 'Watches' Electrical Law Okd

By CHRIS NELSON
Herald Staff Writer

With the Seminole County Grand Jury looking over their shoulders, Seminole County Commissioners Tuesday night unanimously passed a revamped ordinance expanding the board of electrical examiners and raising the National Electrical Code as a minimum standard, Commissioners, stung by a highly critical Oct. 9 grand jury report blasting the first draft of the ordinance as proof of "carelessness toward public property and life," expanded the electrical board to nine members, including a non-professional private citizen.

The county attorney's office took into strong consideration the grand jury report and specifically geared many amendments to the report. Commission Chairman Sid Whitten Jr. said today.

"Virtually all the grand jury's recommendations on the ordinance were incorporated," Whitten added.

The grand jury, in indicting electrical board member Dennis Shindle on charges of extortion and perjury, also charged the commission with violating state law and encouraging conflicts of interest by naming five electrical contractors to the five-member board.

On the motion of Commissioner Greg Drummond, the commission accepted Shindle's resignation from the electrical board, Shindle, 31, of 1400 Allison Drive, Altamonte Springs, sat quietly in the chambers during the ordinance debate.

Monday, he pleaded innocent, by taking the emphasis off in-business contractors.

"Since the majority of the board will now be ex-aminers, that [amendment] inherently prevents any opportunity for any in-business contractor to stack the

deck," he said.

Tuesday, the commission heard the Brotherhood of Electrical Workers and the Seminole Chapter of National Electrical Contractors Association offer help in securing nominations before it accepted recommendations of county electrical inspector Wilfred LaPointe on membership.

LaPointe, the alleged victim of an extortion threat by Shindle, suggested "seven or nine" members, including a power company representative, a fire department official, and either a building or electrical inspector. The grand jury report, in criticizing the county, the building industry and others involved in electrical work, also hit the power companies for failing to coordinate with the building department, and turning on electricity for jobs with no final inspection, despite negative reports by their own installation personnel.

1st Baptist Rec Center Ready Soon

LONGWOOD—Construction completion of the \$80,000 First Baptist Church activities and recreation center on Sausalito Springs Drive (SR 434), west of U.S. 17-92 is expected sometime in November, the Rev. Jack Lindsay, pastor, said today. (See Photo, Page 1)

The 12,150-square foot facility includes a gymnasium, handball-paddle ball courts, ceramics, woodworking and metalcraft shop, small game areas, dining area and a thermo-spa for therapeutic treatment.

Lindsay said a full-time activities director, Robert Shetter, has been employed to lead the center's program providing recreation, vee anal and spiritual guidance.

Shetter has a bachelor's degree in physical education from Georgetown College and a master's from Eastern Kentucky University in recreation.

He can look forward to a much better code and electrical review board in Duval County," Eldel said.

Garden Circles

MAGNOLIA CIRCLE — Magnolia Circle of the Sanford Garden Club held its October meeting at the Vinewood Drive home of Mrs. P. L. Elmore, vice president, who conducted the business meeting.

Horticulture this month was an interesting discussion on Bromeliads. The banana, pineapple, and Spanish moss are all

members of the Bromeliad family.

A few tips about Bromeliads are as follows: Prefer moving outside air so dislikes inside stagnant air; clean potted soil in a plastic or enamel container; never use a galvanized container; and to clean Bromeliads, use dry skim milk reconstituted with water, never clean with oil.

Following the business meeting, Mrs. Walter Lee instructed the circle members in the making of satin roses and buds.

MIMOSA CIRCLE — Mimosa Circle of the Sanford Garden Club met for a covered dish luncheon at the home of Mrs. Carl Chorpensing Sr. Twelve members and one visitor were present.

The meeting was opened with prayer by the chairman Mrs. Herbert Behrens. Reports were given by the treasurer, Mrs. Ray Partin, and the Horticulture chairman, Mrs. B. F. McWhorter.

Mrs. Behrens demonstrated making of Terrariums. Much pleasure was had as well as many lovely pieces of art were made.

Reservations were taken for the luncheon to be held at the Garden Club Oct. 18.

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Mrs. Grier and several other members of the circle will attend the fall business meeting in Windermere on Oct. 24.

The circle voted to assist in nursing work at the Melville Nursing home.

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SIDNEY THOMPSON 834-9712 Altamonte Springs
SHIRLEY MILLET 834-9712 Forest City
HILDA RICHMOND 448-2641 Deltona

Working Woman

WORTHY MATRON
ELOISE KIRBY, (r), Worthy Matron of Rachel Chapter 308, Order of the Eastern Star, welcomes Norma Cope, Worthy Grand Conductress of the Grand Chapter of the State of Florida, when she paid an official visit to the local chapter. (Herald Photo by Ann Riley)

Program On Poise And Charm Highlights Zeta Xi Meeting

Zeta Xi Chapter BSP was met at the Forest Drive home of Sue Ceynowa for the October business meeting. Donna Craig and Leisa Wright introduced the guest speaker, Ms. Diane Silkey, coordinator of Montgomery Wards Wendy Ward Charm School, who spoke on an interesting dissertation on what comprises charm.

Charm is a combination of things. Poise, graciousness, thoughtfulness, kindness, consideration and love. Diane completely captivated the audience with her presentation which combined humor and serious thought.

Following the program, president Marge Beine presided over the business meeting.

Jean McLain announced final plans for the rummage sale to be held on Oct. 6.

The "Adopt a Shut-In" program under the leadership of chairman Evelyn DiMattio is off to a good start with the members ready to brighten the day for the many nursing home shut-ins in the area. Tentative plans were announced for the costume Halloween Party.

Cultural chairman, Olive Damatto, presented an outline for the cultural activities to be held throughout the year. Starting off will be the luncheon performance of "Star Spangled Girl." Members are also looking forward to a night at an opera performance and art shows at the Maitland Art Center and Winter Park sidewalk Art Festival.

Refreshments provided by co-hostesses, Eve Rogero and Sue Ceynowa, consisted of cherry cheese pie, chocolate cream pie, brownies, pecan cups, coffee and Cokes.

Guests, Fran Morton and Charlotte Crow, enjoyed the evening as well as members Wanda Hubbard, Evelyn Damatto, Olive George, Glenda Smith, Donna Craig, Leisa Wright, Rory Burgess, Jean McLain, Barbara Gorman, Marion Farrell, Lou Lane, Marge Beine, Sue Ceynowa, Faye Carroll, Eve Rogero and Lois Falcione.

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'DISTAFF REVIEW'
MRS. PAUL ROSE (l), director of Deltona Women's Club Chorus, and Mrs. Howard Grate, guest pianist, review selections the chorus will sing at the historical, musical extravaganza about famous American women "Distaff Review" to be presented on Nov. 9 and 10 at the club house. (Herald Photo by Charles Edwards)

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Art Competition Winners

By FANNETTE EDWARDS
Herald Correspondent

DELTONA — Winners in the Deltona Art Club competition were Oils and Acrylics Division, first place, Virginia Singer, Deland, received \$50 and a ribbon; second prize, Joan Rivers of Cocoa, \$25 and ribbon; third, Dulaney Jacobs, Winter Park; and honorable mention: Ben Kersens Ziever Smith, Vivian Cameron, Hope Wager and Barbara Dunsten, all ribbons.

Water color: first prize, William Rogers of Deland; second, Eleanor Timmerman, Orlando; third, Reginald Strange, Indian Lake Estates; and honorable mention, Herbert Neuberger, Ft. Pierce. Other media: first prize, Kathleen Davidson, Palm Bay; second, Margaret Newman; Altamonte Springs; third, Florence Bossy, DeBarry; and honorable mention, Gloria Berlow, Orlando.

Sculpture entries result: first prize, Phillip Neuberger, Ft. Pierce; second, Elaine Roth, Indian Harbor Beach; third, Marjorie Alliger, DeBarry; and honorable mention, John Raabe, Deltona.

Fifty-two artists exhibited their art at the show and came from 14 different communities in Central Florida.

Area Activities

ARTIST'S CORNER
Beryle Dyal, president of Sanford-Seminole Art Association, is the artist featured in the "artist's corner" at Senkari's for the month of October.

Beryle has been painting about six years. She has studied under Mildred Babcock and is currently a student of July Maloney. Her subjects are varied, portraits, seascapes, and still life. She does still life more than any other subject and is finding acrylics exciting.

This busy president of SAA has many projects going this year, an art show on Oct. 21 at the Forest is being readied and the State Federation of Art Convention is being hosted by the Sanford Association, with big things planned for the November event.

CIVIC AUXILIARY
DELTONA — The Ladies Auxiliary of the Deltona Civic Association will meet Oct. 18 in the Community Center. Coffee and Cake will be served. Following the business meeting, cards and bingo will be played.

Mrs. Ernest Gajdosik and Mrs. Freerick Canton will serve as greeters.

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Altamonte To Compromise Proposal

By DONNA ESTES
Herald Staff Writer

ALTAMONTE SPRINGS—The city council Tuesday night agreed to offer the Seminole County Commission a compromise proposal in exchange for dropping its lawsuit against the city which could, if successful, result in the city losing more than half its territory.

On City Atty. Joe Davis' recommendation the city council agreed to assume jurisdiction of Spring Valley Road,

Douglas Avenue and Wynmore Road.
"It is inconceivable the county would be interested in having the lands west of Interstate 4 de-annexed from the city," Davis said. He urged that the city agree to assume jurisdiction and responsibility for the three main streets as well as all those roads west of Interstate 4 on which the city territory bounds.
Davis said it is logical the city would take over responsibility for the roads. He said if litigation between the city and the county continues the matter could remain in the courts for years.

"This would benefit only the attorneys involved in the litigation, of which I am one," Davis said, pointing to the heavy fees the lawyers for both sides will conduct in a lengthy court battle.
Davis predicted that the ultimate outcome would be that the property would remain in Altamonte Springs either by judicial determination or action by the city.
The county filed suit months ago against the city challenging the legality of annexations built upon contiguity to rights of way annexed under a state law determined to be unconstitutional.

Attorney To Settle Dispute

ALTAMONTE SPRINGS—City Atty. Joe Davis went back to the law books for further research Tuesday night to settle the feud between Mayor Lawrence Swofford and the majority of the city council over a South Seminole Jaycee request.

Last week, three members of the board—Councilmen Helen Keyser, Keith Nixon and Donald Myers—voted to waive occupational license fees to the Jaycees for a fund-raising carnival the organization wished to sponsor.
Swofford insisted he would enforce the city ordinance and collect occupational license fees despite the council vote.

Friday night Davis gave the opinion the city cannot waive license fees "if the city has any right to charge them."
Davis read the first paragraph of the ordinance giving the city authority to levy the fee on "permanent" businesses with main or branch offices in the city.

Pointing out the legislature a year ago changed city authority on occupational licensing when many municipalities insisted on charging everyone, Davis said the city may not be able to levy the fee on activities of a temporary nature.

Kidnap Victims Are Dead

SAN BERNARDINO, Calif. (AP)—The bodies of a two-year-old woman, her two teenage children and a family friend have been found on a dirt road in the Lost Lake area of the San Bernardino Mountains. Police said all four had been kidnaped on Monday.

Three men have been arrested in connection with the case, including one of the woman's ex-husbands. They are being held for arraignment on murder and kidnap charges.

The woman, Mrs. Dorothy Sanchez, 34, had been dismembered and two of the other bodies exhibited numerous knife wounds, Sheriff Frank Bland said. Police said Mrs. Sanchez was abducted early Monday from a home in the Grand Terrace suburb of this Southern California city. Seized with her were her daughter, Toni, 15, her son, David, 14, and John E. McGrail, 19.

Bland said the daughter apparently was still alive when she was left in the rugged mountain area where the bodies were found on Tuesday. She had been bound with surgical tape and had managed to remove it partially, he added.



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JAMES BEARD... New book

He Writes As Well As He Cooks

By CECILY BROWNSTONE
Associated Press Food Editor

The best place to get in this country, in my opinion, is at James Beard's house. Jim is a friend and neighbor of mine; we both live in New York City's Greenwich Village. I've never tasted a single dish of his — at the many lunches, dinners and other parties to which he's invited me over the years — that I haven't enjoyed with passionate rapture. Whether he's serving as a chef or main course as a stuffed walrus or as elegant a first course as a spinach-and-mushroom roll, the food he offers is always marvelously cooked — he's a genius at seasoning — and handsomely presented.

But just as delicious as to dine at James Beard's is to read his latest cookbook, "American Cookery" (Little, Brown). Jim was born in Oregon over 65 years ago; although he has traveled over most of the world and lived for months at a time in France, Italy, Spain and England, his roots have always been in the United States. His enormous curiosity about American cooking from its beginnings and his unexcelled taste in recipes is reflected in his book. Although "American Cookery" is a hefty 671-page volume that does not stint on recipes or practical information, part of its charm lies in the tales Jim tells about our culinary history. Indeed his book is dedicated to "my favorite great ladies of the American kitchen."

For sampling, we offer you this simple and thrifty Lentil Salad from "American Cookery." Jim says this salad "may be used as an hors d'oeuvre for a buffet party or for serving with cold meats. It is of French derivation and has long been a favorite with people in San Francisco." When we tried it in our test kitchen all our tasters thought it delightful. The lavish amount of green onion included is perfect with the bland legume.

JIM BEARD'S LENTIL SALAD

2 cups quick-cooking lentils
Salt
1 onion stuck with 2 cloves
1 bay leaf
1 teaspoon thyme 1/2 cups finely cut green onions
1/2 cup olive oil
1 garlic clove, finely chopped
3 to 4 tablespoons wine vinegar
1/2 teaspoon freshly ground pepper
1/2 cup finely chopped green pepper (optional)
1/2 cup chopped parsley

Bring the lentils to a boil in salted water to which you have added the onion, bay leaf and thyme. Simmer until the lentils are just tender, then drain and add the remaining ingredients, except for the parsley. Toss well and cool. Add the parsley, correct the seasoning and serve. This is better made the day before, with the parsley added just before serving. Taste for flavor. You may have to add more oil and vinegar.

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Sunday Dinner

Fish Chowder Crackers
Fruit Salad Spiced Crisps

Quick to make!
3 tablespoons butter or margarine
1/2 cup firmly packed light brown sugar
1 teaspoon cinnamon
1/2 teaspoon nutmeg
Pinch of ginger
2 tablespoons finely chopped pecans
3 slices bread
Cream butter, sugar and spices; mix in pecans. Toast bread and cut each slice into 4 triangles; spread with butter mixture. Broil until golden. Watch closely because this will take only a minute or so. Serve at once. Makes 4 to 6 servings.

Return Of Carrot Cake

Judging from the number of times recipes for Carrot Cake appear in regional cookbooks, this dessert is a big favorite.

CARROT PINEAPPLE CAKE

1 1/2 cups sifted flour
2 1/2 teaspoons baking powder
1 teaspoon cinnamon
1/2 teaspoon salt
1/2 cup sugar
1/2 cup corn oil
2 eggs
1 can (8 ounces) crushed pineapple, drained
1 cup finely grated pared carrot, not packed down (2 medium carrots,
1/2 cup chopped (medium-fine) walnuts

Line a square cake pan (8 by 8 by 2 inches) with wax paper; grease paper.
On another piece of wax paper sift together the flour, baking powder, cinnamon and salt.
Beat together the sugar and corn oil. Add eggs, one at a time, beating well after each addition. Stir in pineapple. Add flour mixture alternately with carrots, about one-third at a time, blending just until smooth after each addition. Stir in walnuts. Turn into prepared pan.

Bake in a preheated 350-degree oven until cake springs back when lightly touched and a cake tester inserted in center comes out clean — 40 minutes. Place pan on wire rack to cool for 5 minutes. With a small spatula, loosen edges. Turn out on wire rack; remove paper; with another rack turn right side up.
Glaze: Carrot Pineapple Cake: For this version bake the cake in the 8 by 8 by 2 inch pan but grease the pan and do not add the wax paper. Cool baked cake slightly in pan while making glaze (see below). Prick warm cake all over with a fork and very slowly pour hot glaze over top. Cool in pan. Cut into squares.
Glaze: In a small saucepan, mix together 1/3rd cup sugar, 3 tablespoons milk, 3 tablespoons butter and 1 tablespoon light corn syrup. Bring to a boil, stirring constantly, and boil 5 minutes. Remove from heat and stir in 1/2 teaspoon vanilla.



The Sanford Herald Wednesday, Oct. 17, 1973—1B

A&P WEO

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New Ideas For Chives

Sprinkle chopped chives over a low calorie cole slaw made with green cabbage, carrots, green pepper, chopped celery and tossed with buttermilk and seasonings for a salad dressing.

For breakfast instead of the usual orange juice, serve chilled sliced tomato sprinkled with chopped chives and salt. A more satisfying way to get that morning Vitamin C.

Toast protein bread and top with skim milk cottage cheese. Sprinkle with celery salt and chopped chives. Use the open face sandwich to let the rising calories.

Canned or dehydrated broths have a livelier flavor when served with a dollop of sherry, some finely chopped cucumber and plenty of chopped chives.

Commercial low calorie salad dressings have a less monotonous taste when freshened with a few drops of lime juice and frozen chopped chives.

Try lowering the calories in deviled eggs by mixing yolks with mustard and a few drops of non-dairy coffee creamer and plenty of chopped chives.

Whole wheat wafers (5 to 7 calories each) and sprinkle each with a tablespoon of grated cheddar cheese. Sprinkle with chives and broil until cheese melts.

Tired of the taste of cottage cheese - add sweet pickle relish and chopped chives for a surprise taste - great with fruit salads.

Dissolve low calorie lemon gelatin in hot broth or consommé. Add lemon or lime juice to taste and chopped chives. Chill until firm. Chop and serve in small bowls as an appetizer.



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Chocolate Aids Sweet Tooth

VANILLA CHOCOLATE CHEESE PIE
1/2 cup butter or margarine
1 1/2 cups graham cracker crumbs
One-third cup finely chopped walnuts
2 packages (8 oz. each) 3-teaspoons pure vanilla extract, divided
1 cup dairy sour cream
Chocolate curls

In a medium saucepan melt butter; remove from heat. Stir in graham cracker crumbs and walnuts. Press mixture into bottom and sides of a nine-inch pie pan. Bake in a preheated slow oven (325

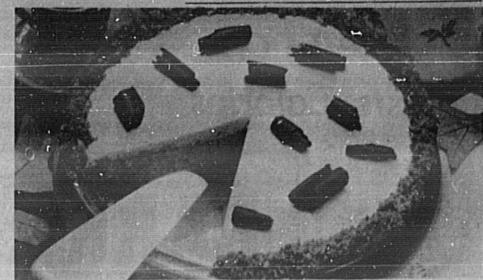
degree F.) for six minutes. Beat cream cheese with all but two tablespoons of the sugar until light and fluffy. Blend in chocolate and two cream cheeses, softened
1 cup sugar
1 1/2 ounces sweet cooking chocolate, grated
teaspoons of the vanilla extract. Spoon into lined pie pan. Spread smooth and return to slow oven; bake for 20 minutes. Blend sour cream with remaining two tablespoons sugar and one teaspoon vanilla extract. Spoon evenly over top of cheese mixture. Bake 10 minutes longer. Cool on rack; chill before serving. Garnish

with chocolate curls. Yield: 6 to 8 portions.
CHOCO-CHEERY-CHEESE CUPS
3/4 cup graham cracker crumbs (about 8 crackers)
2 tablespoons sugar
3 tablespoons butter, melted
2 packages (3-ounces each) cream cheese
1/2 cup sugar
1/2 cup (5-1/2-ounce can) canned chocolate flavored syrup
1 teaspoon vanilla
1 egg plus 1 egg yolk
2 tablespoons all-purpose flour
1/2 cup sour cream

Line small muffin cups (1 1/2-inch in diameter) with 1/2-inch cupcake papers. (To use regular size cupcake papers - cut 1/4-inch from tops of each cupcake paper. Cut a 1/4-inch wedge from each paper cup and fit to pan by overlapping edges.)
Combine crumbs, two tablespoons sugar and butter in a small bowl. Place one heaping teaspoonful into each paper-lined cup; press onto bottom and side of cup. Blend

cream cheese and 1/2 cup sugar in small mixer bowl; add chocolate syrup, one teaspoon vanilla, egg, egg yolk and flour. Blend well.
Pour about one tablespoonful filling into each prepared cup; bake at 375 degrees for 15 to 17 minutes. Cool 15 minutes in pans. Combine sour cream, two tablespoons sugar and 1/2 teaspoon vanilla; spread about 1/2 teaspoonful evenly on top of each chocolate tart.
Cool; chill at least one hour. Top with a dollop of canned cherry pie filling before serving. About 30 chocolate tarts.

VANILLA CHOCOLATE CHEESE PIE
... Combines sour cream and cream



COOKING IS FUN
By Cecy Brownstone
AP Food Editor
BOEUF
A LA MOIDE
(Serves 10 to 12)

4-pound piece of top or bottom round
4 or more tablespoons polyunsaturated oil
2 cups sliced onions
1 cup sliced carrots
Soup bones - such as veal knuckles (ask butcher for some... no fat)
2 or 3 tomatoes, chopped
Liquor to cover the meat
two thirds of a way up (stock, wine, canned bouillon, water with instant bouillon in it, or a combination)
Salt to taste
1 bay leaf
1/2 teaspoon thyme
For a Provencal flavor, add:
Strip of dried orange peel
1/2 teaspoon fennel seed
2 or 3 cloves unskinned garlic
Braised onions and carrots
Wipe the meat dry (it can't brown if damp), brown it in a little oil in a heavy frying pan and put it in a covered casserole or roaster. Choose a container just slightly larger than the piece of meat, since cooking in close quarters will help concentrate the sauce. Brown the onions and carrots in oil; add to casserole with all the other ingredients, except last two.

Bring to a simmer on the top of the stove and place cover on the casserole. Simmer slowly in the oven or on the stove top. Never let it cook too fast, or the meat will shrink. Be prepared for a cooking span of 3 to 4 1/2 hours. It is done when a sharp-pronged fork pierces the meat fairly easily.
To make the sauce: Remove meat, strain liquid into a saucepan and return meat to casserole. Stir fat off cooking liquid. Taste liquid carefully: If not strong enough, boil down hard and, possibly, add a bouillon cube. (You should have about two cups of liquid.) To thicken it, put in a small bowl (2 tablespoons flour, worked into a paste with 1 1/2 tablespoons soft margarine). Beat several spoonfuls of the juices in the pan, heating it with a whip. Bring to a boil, stirring, and boil two minutes. Sauce should be of a consistency just to coat a spoon - not a thick gravy. Taste again and correct seasoning.
To serve: slice the meat and place on a platter. Accompany meat with braised onions and carrots placed around the platter. Pour the sauce in a gravy dish.

Braised onions and carrots: Braise the vegetables by peeling them, placing them in a casserole and just covering them with stock or water to which you add some oil, a bay leaf and some chopped onions; simmer, covered, for about 25 minutes or until tender.
*Note: You can make stock very simply: cover bones and trimmings of meat and fowl with water, add herbs and such flavor-giving vegetables as celery, carrot and onions; simmer several hours.

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How To Cut Costs, Calories



COOKING IS FUN

FAMILY DINNER
Oriental-Style Chuck Steak
Rice
Mandarin Oranges
Beverage

ORIENTAL-STYLE CHUCK STEAK

- 1 tablespoon salad oil
- 1 clove garlic, minced
- 1 can (8 ounces) pineapple chunks in unsweetened pineapple juice
- 1 cup thinly sliced onion
- 1 cup green pepper strips
- 1 tablespoon brown sugar
- 1/2 teaspoon salt
- 1 tablespoon Worcestershire sauce
- 2 tablespoons cornstarch

In a large skillet heat oil and garlic; add steak; brown about 5 minutes on each side; add bouillon. Bring to boiling point; reduce heat and simmer until meat is fork-tender — about 30 minutes. Drain pineapple and reserve juice. To sauce, add: 1/2 cup bouillon; 1/2 cup green pepper strips; 1/2 cup brown sugar; 1/2 teaspoon salt; 1 tablespoon Worcestershire sauce; 2 tablespoons cornstarch. Cover and simmer until onion and green pepper are tender-crisp — about 5 minutes. Remove steak and keep warm. Stir together cornstarch and 2 tablespoons of the reserved pineapple juice until smooth; add to liquid mixture in skillet; cook, stirring constantly until clear, thickened and boiling; pour over meat. Makes 4 servings.

THE BRIDE COOKS DINNER

- Pork Chops
- Parsnip Patties
- Stap Beans
- Tomato Salad
- Pound Cake
- Beverage

PARSNIP PATTIES

4 medium parsnips, about 1/2 pound
1 egg
1/4 cup flour
2 1/2 tablespoons butter or margarine
Salt and white pepper to taste

Pare parsnips and cut off a thin slice from stem and root ends; cut each parsnip in half; in a saucepan cover the parsnips with boiling water; boil covered, until tender — 10 to 20 minutes; drain. Force parsnips through ricer or food mill so any woody residue may be discarded — there should be about 1 cup mashed parsnip. Add egg to mashed parsnip and with a sturdy fork beat until smooth; beat in flour. In a 10-inch skillet melt 1/4 tablespoon of the butter; beat into the parsnip mixture along with salt and pepper. In the same skillet melt remaining 1 1/2 tablespoons butter; with a spoon drop parsnip mixture, in 8 even portions, into the skillet; fry over moderate heat, turning once, until cooked through and golden brown — about 5 minutes on each side. Makes 3 servings — 2 patties per portion. Leftover patties may be heated in a double boiler or in the oven.

SATURDAY NIGHT PARTY

- Peach Custard Trifle
- Assorted Sandwiches
- Beverage

PEACH CUSTARD TRIFLE

1 1/2 cups (2 1/2 ounces) custard flavor dessert mix
1/4 cups milk
1/4 teaspoon almond extract
1 can (1 pound, 13 ounces) sliced peaches, drained
1 frozen pound cake, thawed and cut into 1/2-inch slices
1 package (2 ounces) whipped topping mix
1/2 cup heavy cream, whipped
Maraschino cherries

Silvered Blanched Almonds

Into a 1-quart saucepan turn the almond mix, gradually stir in 1 cup of the milk. Cover low heat, stirring constantly to prevent sticking, bring to a full boil. Remove from heat; stir in 1/4 teaspoon of the almond extract. Pour into a bowl; chill until firm. Drain peaches, reserving 1/4 cup of their syrup. Line bottom and sides of a serving dish (about 11 by 7 1/2 inches) with paper cake liners. Sprinkle cake with reserved peach syrup mixed with remaining 1/4 teaspoon almond extract. Arrange peaches over cake. Refrigerate. To chilled dessert, add whipped topping mix and remaining 1/4 cup milk; beat until light and fluffy and mixture holds soft peaks. Spread over peaches. Refrigerate until ready to serve. Garnish with whipped cream, cherries and almonds. Makes 12 to 15 servings.

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Making Most Of A Freezer

By TRUDY MORRISON
Copley News Service

Freezers are marvelous inventions and while food may be stored in them for long periods of time, there is a limit to how long they retain their flavor and nutritional value. Here are suggestions for the most efficient freezer use. Don't Freeze: The meringue, it gets watery during thawing and does not hold peaks; egg white frostings, they don't hold up during freezing and thawing; custard pies,

after thawing they're watery, tough and unpleasant-looking; layer cakes with soft fillings, the filling makes the cake soggy when it's thawed. Don't Freeze: Milk and cream except for emergency rations use, then thaw in refrigerator; buttermilk, sour cream, yogurt and similar milk products, thawing changes the smooth texture; creamed cottage cheese, it gets mushy and unappetizing after thawing; unwhipped whipping cream, it doesn't whip high after freezing; completely cooked spaghetti, macaroni, plus noodles and rice, get very mushy when you heat them after freezing. Don't Freeze: Eggs in the shell, they expand while

The Sanford Herald Wednesday, Oct. 17, 1973—5B
freezing and will crack in the shell; hard-cooked eggs, the whites get tough and rubbery. Don't Freeze: Potato salad, since it's mostly boiled potatoes, mayonnaise or salad dressing, and hard-cooked eggs — none of which freeze well; fully cooked fried foods, they come out soft and soggy; cracker canapes, they come out soft and kind of nasty after thawing; completely cooked spaghetti, macaroni, plus noodles and rice, get very mushy when you heat them after freezing.

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WISCONSIN PORK CENTER CUT RIB
PORK CHOPS
LB. 98¢

WISCONSIN PORK FIRST CUT
PORK CHOPS
LB. 88¢

FLA. OR GA. GRADE 'A' FRESH **WHOLE FRYERS** OR **FRYER QUARTERS** WITH GIBLETS
LB. 44¢

FULL CUT ROUND STEAK
LB. \$1.38

CHUCK STEAK
LB. 97¢

WISCONSIN **PORK ROAST**
LB. 68¢

SIRLOIN STEAK
LB. \$1.48

LARGE WEST. **MULLET**
3 LBS. \$1.00
FILLET OF RED SNAPPER OR WHITE FISH
98¢ LB.

T-BONE CLUB OR CUBE STEAK
LB. \$1.58

BUYS FROM OUR DELI
FOOTLONG HOT DOGS
LB. 98¢

"RED PIG" SMOKED SAUSAGE
LB. \$1.19

TENDER PORK SPARE RIBS
LB. 68¢

BONELESS POT ROAST
LB. \$1.18

LYKES BOLOGNA OR BRAUNSCHWEIGER
LB. 88¢

"LYKES" BEST SALAMI
LB. 98¢

PURE 100% **GROUND BEEF**
3 LBS. OR MORE
88¢ LB.

BONELESS **BEEF STEW**
3 LBS. OR MORE
\$1.18 LB.

VALUABLE COUPON
(PRICE APPLIES ONLY WITH THIS COUPON)
INSTANT "FOLGER'S" COFFEE CRYSTALS
6 OZ. JAR
80¢

VALUABLE COUPON
(PRICE APPLIES ONLY WITH THIS COUPON)
"BES-PAK" TRASH-CAN LINERS
PKG. OF 15
56¢

VALUABLE COUPON
(PRICE APPLIES ONLY WITH THIS COUPON)
GENTLE WHITE "IVORY" LIQUID
2 22 OZ. BTL.
82¢

EXTRA MEAT VALUES
LYKES **BUDGET BACON**
LB. PKG. 68¢

LYKES **SUGAR CREEK WIENERS**
12 OZ. PKG. 78¢

LYKES **BOLOGNA**
1 LB. PKG. SLICED 88¢

LYKES **CHUNK BRAUNSCHWEIGER**
LB. 88¢

FRESH FROZEN PIG FEET
LB. 33¢

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FRI-SAT 8:00 A.M.-9:00 P.M.
SUNDAY 8:00 A.M.-1:00 P.M.
★ 25TH. & PARK AVE. STORE
MON-SAT 8:00 A.M.-9:00 P.M.
CHANGE OF HOURS SUNDAY 8:00 A.M.-7:00 P.M.

Americans Lean Again On Bread

By Gaynor Maddox
Once upon a time bread was universally the "staff of life." That seems long ago for Americans. Yet today in other parts of the world wheat and breads are still the basic foods for many people.

"But for most Americans bread has become largely a meal accompaniment, something to make a sandwich with or a roll to go with dinner. Bread certainly has a smaller place in our varied diets today than in the past," comments Dr. Paul A. Lachance, Food Science Department at Rutgers University.

But under the food pressures we are now victims of, rising prices and threatened scarcities that may change.

"Bread may again become the staff of life considering the many nutrients fortified white bread supplies," Dr. Lachance adds.

A slice of white bread contains 60 calories, 2 grams of protein, 12 grams of carbohydrate and smaller amounts of iron, thiamin, riboflavin, and niacin. That adds up to food.

"Meanwhile, in this country, new formulas for bread fortified with extra protein and higher levels of other nutrients are being tried," the Rutgers food scientist states.

"One being marketed in Louisiana has been designed so that four slices of it, with margarine and a glass of milk, provide just about a third of the U.S. Recommended Daily Allowances of the major ingredients, with appreciable amounts of many minor ones.

"This bread, in other words, is designed to be the major part of a rather complete meal, which can be served at an impressively low cost. With rising food prices like ours today, breads like this become a significant addition to the diet."

Dr. Ruth Leverton, nutrition advisor to the Department of Agriculture, pointed out: "I think our commercial enriched white bread is an excellent product. I should like to see more people using more of it as a supplementary food. It is much better than many unknown mixed foods people buy and eat."

"Incidentally, the nutritional differences between white, enriched bread and whole-wheat bread are minimal. Don't worry about these. Let's say they are equal and forget about the argument. People also like to shop around for foreign breads."

MONDAY MENU by alien
Bibb lettuce salad
Creole raisin rice with shrimp
Fresh pineapple with-herbet

TUESDAY MENU by alien
Mixed green salad
Skillet lasagne
Italian bread

WEDNESDAY MENU by alien
Brunswick stew
Homemade cornbread sticks
Golden custard and apples
Milk

THURSDAY MENU by alien
Apple/grapefruit salad
Lentil soup with baked potato
Bran muffins

FRIDAY MENU by alien
Spanish souffle supper
Green beans
Fruit cocktail

Space Age Transit System Proves Costly

OAKLAND, Calif. (AP) — The nation's first space-age mass transit system is turning out to be an irrevocable money grabber plagued by million-dollar goofs and glaring delays in the start of service.

But even the harshest critics of the year-old, \$1.6-billion computer-operated Bay Area Rapid Transit System — BART — believe it will work eventually. Its designers maintain that BART has sparked a nationwide rapid transit boom in spite of its problems.

BART emerged after 20 turbulent years of planning. Its history is filled with time-consuming and costly lawsuits, a strike and even goofs gnawing their way through some cable installations.

Its first year of operation has been equally turbulent.

There was a fire-week strike and an accident which injured four people. It happened when the train was electronically or-

dered to speed up instead of slow down.

Notwithstanding, BART compiled what one spokesman called "the best safety record in the country" and more than 5 million passengers rode in its carpeted, airplane-style cars.

Residents of three counties who approved a \$72 million bond — the largest local bond issue in U.S. history — to finance BART have yet to ride the entire 75-mile length of the system. Their dreams of commuting between the metropolitan hubs of San Francisco and Oakland without facing the daily bumper-to-bumper traffic on the Bay Bridge are turning sour.

As BART begins its second year of operation, its sleek, silver trains are running only on the Oakland side of San Francisco Bay with three lines to suburban Richmond, Concord and Fremont.

Service on the San Francisco

side is slated to begin Nov. 5 but it successfully fought a taxpayer suit against the bond issue.

By the time President Johnson officiated at ground-breaking in Concord on June 19, 1964, officials were predicting a mid-1968 opening.

But money and construction problems continued and a nine-week strike in 1971 at the Rohr Corp. plant in Southern California where the cars are built pushed back the opening even further.

The cost of BART has moved ahead relentlessly.

Finance Director William F. Goetz said the system's five-year operating deficit projected at \$40 million in April has nearly doubled to between \$80 million and \$90 million.

President William Chester said Congress is the best bet to solve BART's money woes. If Congress won't help, he said, it will come up with enough money, he

said he'd prefer new taxes to higher fares.

Goetz blames the huge deficit on a three-year labor contract signed in August that totaled \$110 million and on a decision by BART directors not to consider increasing the maximum 60-cent fare. He warns the deficit may get bigger if transbay service is delayed again.

On top of that, more than half of BART's cars can't be put in service — many because they are undergoing modifications to fix such things as doors opening on the wrong side, or opening while the train is whizzing along at its maximum 80 miles per hour.

BART estimates maintenance costs per car in the initial year of service at \$6,000 — double the \$3,000 budgeted. For BART's 200 cars, that adds up to \$12 million.

At the very outset, BART en-

countered a seven-month delay while it successfully fought a taxpayer suit against the bond issue.

But that service would be much slower than the 90-second headway in the completely automated system the public was promised.

alternatives, including one that would use mini-computers at every station instead of platform supervisors to keep trains separated.

If the PUC approves the system, and the agency's operations supervisor, Ramon Gomez seems optimistic, transbay service could begin next spring.

BART is investigating four

Government Has Her Number

By JANE GLENN HAAS
Copley News Service

The government's got my number. It's called a Social Security card.

Originally, this number was supposed to take care of me in my old age, among other things. Increasingly, it is being used to measure my assets, list my accomplishments and in other ways separate me from the rest of the folk.

The use of Social Security numbers in the annual fed income levy is well-known by now. The IRS computer can regurgitate my economic fables with a flick of nine digits.

What I didn't know was that some other computer, fed that nine-digit figure, can also measure my patriotism.

Last week the Secret Service requested my nine-digit serial number (name and rank were incident). The occasion was the arrival in our town of a major body from Washington, a responsibility of the Secret Service.

Press people had to provide several days in advance their Social Security numbers. These were then presumably fed into some giant apparatus that revealed the evaluation of my Sunday school teacher, my political registration and my favorite color, among other things.

This, despite a disclaimer on the front of that red, white and blue card, "Not for identification."

The situation hunkers up memories of Ad World War II movies. Partisans out to sabotage the local railroad yard are stopped by Nazis who demand "your papers."

Somewhat, subtly and unobtrusively, we also have developed "papers."

All administered by the beneficent Department of Health, Education and Welfare.

And I always thought those folk were concerned about low-income housing, milk for school kids and stuff like that.

Mothers paying double for school milk this year know the department's abandoned that facade.

Just what is it that HEW could find fascinating about 319-304510?

To what extent is my privacy invaded? My past an allatross for all time?

What happens if the computer drops a digit and saddles me with someone else's faults and debts?

Even my son is registered for second grade under his parents' Social Security numbers.

He does not as yet have his own federal identity.

In the future, the feds will undoubtedly remedy this by issuing numbers at birth.

When they start tattooing them on the back of my neck, watch out!

This year greet the local ghosts and goblins on October 31 with a gigantic pumpkin filled with "Bird of Paradise" — that exotic tropical flower of Halloween orange. Add Fuji mums and compass, and set your floral jack-o-latern upon a bed of brilliant autumn leaves.

FAIRWAY MARKETS

PRICES EFFECTIVE OCT. 18-24, 1973

3001 FARMERS AVE. - 420 CONWAY RD.
178 FAIRWAY AVE. - 801 S. ORANGE AVE.
1701 N. BERMUDA BLVD. - 1400 SILVER STAR RD.
1510 BROADWAY - HWY. 101 SAN ANTONIO
1601 N. BERMUDA, KISSIMMEE, 8471 S. ORANGE AVE.
114-90 SEMORAN BLVD.

STOUFFER'S

Macaroni & Cheese Noodles Romanoff
Potato AuGratin
2 12-oz. 89¢

MORTON REGULAR FROZEN Dinners 2 11-oz. 89¢
RICH FROZEN Coffee Rich 2 16-oz. 39¢

KRAFT CHEESE Squeeze-A-Snack 6-oz. 39¢

MC INTOSH APPLES 3-lb. Bag 69¢

FLORIDA LEMONS DOZEN 39¢

GOLDEN RIPE BANANAS 10¢

CARROTS 2 ONE LB. BAGS 33¢

CABBAGE GARDEN FRESH 15¢

SQUASH YELLOW CROOKNECK 19¢

RED BLISS POTATOES 5 LB. BAG 59¢

OCEAN SPRAY CRANBERRIES FLAVOR AT ITS PEAK 2 1-lb. pkgs. 59¢

DELICIOUS HONEYDEWS 49¢

Line of Orange Gatorade 3 33.1
Sunwest Prune Juice 40 69¢
Fame Quality Cut Green Beans 4 303 99¢

Del Monte Sweet Corn 4 303 1
Fame Quality Sweet Peas 4 303 99¢
Carnation Instant Milk 20 QT. 3.19

Choosy Buys For

We Know We Have Fussy Customers. That Means We Must Try Harder To Please — And We Do Just That. TRY FAIRWAY AND SEE . . .

COKE 6-32 oz. Bottles \$1.19 PLUS DEPOSIT

ICE CREAM 1/2 gal. 65¢

SUGAR 5-lb. Pkg. 39¢

FAIRWAY'S DISCOUNT PHARMACYS

3 LOCATIONS TO SERVE YOU

2711 S. ORANGE AVE. 889-1250
WINTER PARK
114 S. SEMORAN BLVD. 678-6800
KISSIMMEE
1601 N. BERMUDA AVE. 847-6523

Call For a Price On Your Prescription . . . WE CAN SAVE YOU MONEY

Specials! ROBITUSSIN 4-oz. 69¢ Reg. 99¢
CHLORASEPTIC 6-oz. \$1.09 Reg. 1.49 w/spray
TYLENOL 100 TABLETS \$2.09 Reg. 2.55

EVERCANE 5-lb. Pkg. 39¢

BUSCH BEER 6-12 oz. Bottles 75¢

BUY A CASE OF 24 \$2.99 PLUS DEP. LIMIT 1 CASE PER CUSTOMER

AJAX ENZYME POWER FOR STAINS & GREASE

COUPON IMPERIAL MARGARINE SAVE 8¢

Instant Folger's Coffee Crystals SAVE 25¢ WITH THIS COUPON

ALL DETERGENT 49¢

EVERYDAY LOW DISCOUNT PRICES

Line of Orange Gatorade 3 33.1
Sunwest Prune Juice 40 69¢
Fame Quality Cut Green Beans 4 303 99¢

Del Monte Sweet Corn 4 303 1
Fame Quality Sweet Peas 4 303 99¢
Carnation Instant Milk 20 QT. 3.19

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Del Monte Sweet Corn 4 303 1
Fame Quality Sweet Peas 4 303 99¢
Carnation Instant Milk 20 QT. 3.19



BUSY BOBBIN MAKER
...Mrs. Walter E. Scott

They'd Rather Do It Themselves

By RITA GILLON
Copley News Service

SAN DIEGO, Calif. — In Colonial America almost every housewife was busily engaged in such activities as spinning, weaving, baking and making candles and soap for the use of her own family.

As commerce built up on the eastern seaboard these arts moved west with the pioneers, and chandlers, bakers and weavers took over the former household functions. Increasingly these tasks have been mechanized and except for pockets here and there, such as Appalachia, almost all Americans have been using machine-made goods.

There has always been a small group which maintained the crafts, however, and they are being revived by large numbers of people today.

Mrs. Irene Sherwin, a member of the Creative Weavers Guild, had been weaving for many years but became interested in spinning when she rediscovered her great-grandmother's spinning wheel in her attic.

"At first we took it for its antique value and my husband turned a new spoke for it to replace one that was missing," said Mrs. Sherwin.

"I didn't think it would work after all these years but one of our members who had done some spinning tried it and said it was fine so I learned to use it. I really enjoyed spinning and after I had accumulated a bunch of yarn I started using it in weavings," she said.

Besides spinning the usual wool, Mrs. Sherwin has been

collecting brushings from her dog and weaving those into yarn as well. Colie, Samoyed and Shetland sheepdog hair are in her collection and resemble angora in texture.

"I just enjoy the rhythm of spinning and find it relaxing," she said.

Mrs. Sherwin has also gotten a spinning wheel designed by Mahatma Gandhi to fold up into a 19" wooden case.

"He theorized that if every person spun for an hour a day there would not have to be any large mills. He himself spun every day," she said.

Gisela Hest learned to spin when she was only 12.

"In postwar Germany you couldn't buy sweaters or anything," she said.

"My father made me a spinning wheel and I learned to spin two- and three-ply yarn which I made into sweaters, socks and scarves. I worked very hard to make it look 'machine spun' since we in those days didn't want things to look homemade," she said.

Mrs. Hest took up spinning again after moving to San Diego from Los Angeles.

"I found it a wonderful way to meet people who are interested in the 'back to nature' kinds of things. Now when I spin I am not so fussy about getting it exactly even since that is not a prized as it once was," she said.

Deborah Hughes can testify to that.

"I spin and dye yarn for other people to make things out of as well as for my own use. What they're looking for is something different than what you can get on a machine," she said.

Many of the spinners are working with natural dyes made from things like onion skins.

"I got a beautiful gold color from using dodder, a plant parasite which kills anything it grows on. By gathering it I can get a great dye for my wool and save a lot of plants at the same time," said Mrs. Sherwin.

Mrs. Hest gets wool from many spinners but from local 4-H students or import it from New Zealand.

Mr. and Mrs. W. B. McHugh have probably done as many different kinds of weaving as anyone who is in it just for fun.

"It all began when I was in the Navy and we saw a Swedish loom at an exposition. My wife said she would like to have one like it so when I was in Japan I got one for her. Then I learned to use it before she did," said Capt. McHugh.

"The first thing we wove was a summer-winter weave blanket which is a two-color reversible pattern. Mrs. McHugh has since become versatile herself and has woven afghans, blankets, stoles, chair covers and window blinds.

"There is no limit to what you can weave on the loom if you have the imagination," she said.

"One thing weaving does teach you patience. I was never a patient person but you have to learn," said Mrs. McHugh.

"I am glad my husband weaves too because we can talk over problems. It would be awful if your husband wasn't interested," she said.

Choosy People!

FRESH MISSOURI Pork Spare Ribs lb. 88¢
BREADED Veal Cutlets 4-oz. ea. 39¢
FAIRWAY Italian Sausage lb. 1.29
SUGAR CURED BREAKFAST Ham Slices lb. 1.38

LYKES SUGAR CURED SMOKED HAM Shank Half

BEEF ROAST SALE! U.S.D.A. CHOICE CHUCK ROAST

Roast 78¢

Pot Roast lb. 88¢
English Cut lb. 98¢
Round Bone lb. \$1.08

PRICES EFFECTIVE OCT. 18-24, 1973

HAM 68¢ Whole Ham or Butt Half lb. 78¢

ONION CHUCK WAGON STEAKS 20-4 oz. 5 lb. box \$5.39
T-BONE N.Y. STRIP DELMONICO SPECIAL STEAKS 10-8 oz. 5 lb. box \$9.99

Chops \$1.28

FRESH FROZEN LOIN LAMB

CHOPPED SIRLOIN STEAK PATTIES 15-2 1/2 lb. 5 lb. box \$5.69

JONES Pork Sausage lb. Roll \$1.29
OSCAR MAYER Bologna 8-oz. 69¢
OSCAR MAYER Braunschweiger 8-oz. 59¢
OSCAR MAYER Sandwich Spread 8-oz. 59¢
LYKES Grill Wieners 2 lb. pkg. \$1.99

Steak 88¢

Wise Canister Potato Chips 89¢

BACON 98¢

FREEZER SALE! U.S.D.A. CHOICE HEAVY WESTERN

Whole Beef Loin lb. \$1.39
T-Bone Steaks, Porterhouse, Sirloin, New York Strips, Cube Steak, Stew Meat, Ground Beef CUT AND WRAPPED Free USE YOUR CREDIT CARDS

STEAKS

Chuck Steak lb. 88¢
B-B-Q Steak lb. 98¢
Family Steak lb. \$1.08
Swiss Steak lb. \$1.18

EVERYDAY LOW DISCOUNT PRICES

Table King French Fries 2 9-oz. 29¢
Morton Frozen Apple Pie 20-oz. 43¢
Morton Frozen Pound Cake 12-oz. 59¢

Thomas English Muffins 8-oz. 31¢
Birdseye Cool Whip 9-oz. 59¢
Bagel Man Bagels 6-oz. 29¢

Master's Yogurt Breakstone Cream Cheese Breakstone Maple Leaf Butter

BAKERY

RICH MOIST Carrot Cakes Each 94¢
ONION FLAVORED Pumpernickle Rolls 6-49¢
FRESH DAILY Glazed Doughnuts 6-59¢
Cinnamon Rolls 6-54¢
SCHOOL HOUSE Cookies 2 DOZEN 69¢
WHIPPED CREAM FILLED Cream Horns 2-49¢

DELICATESSEN

FRESH FROM FAIRWAY KITCHENS

FAIRWAY'S Macaroni & Cheese pt. 79¢
MORRELL'S Chopped Ham 1/4 lb. 49¢
KRAFT CHEESE Mozzarella 1/2 lb. 85¢
TRUNZ Polish Loaf 1/2 lb. 59¢
MORRELL'S Bologna 1/2 lb. 69¢

SEAFARE SEAFOOD

FRESH CATFISH lb. 98¢

FRESH Spanish Mackerel lb. 59¢
MAYLAW SIX PACK Stuffed Clams \$1.29
ALASKA COOKED Snow Crab Legs lb. \$1.98
Fresh Mullet lb. 39¢
Halibut Fillets lb. \$1.19
Trout Fillets lb. \$1.19

FRESH WHOLE ONLY YELLOWTAIL SNAPPER lb. \$1.39

EVERYDAY LOW DISCOUNT PRICES

8-oz. 27¢ Kraft Regular American Slices
8-oz. 45¢ Kraft Cheese Monterey Chunk
lb. 99¢ Blue Bonnet Margarine

12-oz. 89¢
8-oz. 71¢
lb. 43¢

WORRY CLINIC

George W. Criss, Ph.D., M.D. Diane is a slave, so she is losing a handsome and wealthy suitor. The tyrant that keeps her in bondage also causes thousands of divorces, for of 50,000 men who asked me to find them cultured wives, only ONE wanted a girl like Diane!

CASE Y-345: Diane D., aged 27, works for a newspaper. "Dr. Criss," she began, "you introduced me to an engineer last year. "And we have been dating ever since. "We seem to be congenial in most of our interest and hobbies. "Except for tobacco. "He can't stand cigarette smoke! "And I am a chain smoker, consuming 3 packs per day! "He insists that I give up smoking before he will give me an engagement ring. "But I'd rather die than stop my cigarettes! "So why can't he compromise and not be so obstinate?"

NUISANCE HABITS

When I talked to her boy friend, he told me that he had warned Diane she probably did AND give her cigarettes! Besides, he said he killed her and was apologetic with her state tobacco habit. "Dr. Criss," he admitted, "she is a very attractive girl and a gay conversationalist. "But she doesn't realize that she STINKS from that stale tobacco odor. "I can hardly stand it now, even while we are only at the dating stage and she has all her youthful charms. "Imagine what would happen if we then got married and she polluted my bedroom with that odor!"

Whether you are addicted to overeating or alcohol or tobacco, it is a shame to let those nuisance habits rob you of romance, happy marriage and a longer lifespan. "But I can't quit!" many victims protest. Yes, you can — and instantly. IF And that big "IF" means, IF you master 100 percent of your resolution!

John Wayne, a 5-pack-per-day smoker quit when he became a victim of tumors of his lungs. Arthur Godfrey did likewise. And so have thousands of others. But why wait till the proverbial "horse is stolen" before you resolve to lock the door?

Obesity is also an indirect cause of divorce for it makes a wife far less alluring in the boudoir. That's often the start of her husband's worry about being plump. And thus incites him to try his prowess with an outside siren. So you fat wives, who waddle like a walrus as you walk, should blame your own excess blubber more than the paramour whose husband starts straying elsewhere fea boudoir chesapeake!

The cigarette habit is not primarily a chemical habit but is merely an outlet for excess energy. Under pressure, people generate more nervous energy, which craves an outlet via muscular action. But you can't shadow box or run the mile race every time you suffer from pent up tension, so millions waste their arms via the smoking of a cigarette. Substitute a cigarette with the same arm, and you can more easily quit the tobacco habit!

So send for my booklet "How to Break the Liquor and Tobacco Habits," enclosing a long stamped, return envelope, plus 25 cents.

Appearing in our dining room this week is a sensational Pork Chop, which is topped up by Scallops, Creamed, Red Snapper, Scampi in Curry Sauce and Brochette of Tenderloin. Plus all-time favorites like New York Sirloin, Veal Parmesan, Filet Mignon, and Prime Ribs and more.

Don't miss the line of strawberry parfait, pie a la mode, or a rousing Irish Coffee.

Highlights TV Time Previews

8-830 CBS THE SONNY AND GHER COMEDY HOUR Dennis Weaver boys network to appear tonight and he even gets to sing a song, "Hollywood Freeway." Then he goes into character playing a detective investigating a robbery at Sonny's Pizza Parlor. He also plays a professional ice skater who wants her as his partner. Cher's songs include "More Than You Know."

8-10-Conclusion PBS SENATE WATERGATE HEARINGS The full proceedings of today's hearings in Washington will be televised via tape.

8-30-10 ABC WEDNESDAY MOVIE OF THE WEEK "The Man Who Could Talk to Kids" Two fine performances, one by

8-8-30 ABC BOB & CAROL & GARY Two fine performances, one by

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House of Steak Holiday 150¢ complex PH 323-1910 Sanford We Still Have Our LUNCHEON SPECIAL \$1.99 Served 11:30 A.M. to 2:30 P.M. LOUNGE OPEN DAILY—INCLUDING SUN.

GOLDEN SPOON AWARD WINNER FREDDIE'S CENTRAL FLORIDA'S OLDEST AND FINEST STEAK HOUSE SERVING COMPLETE DINERS' SERVICE 135 AM HWY. 17-92, North in FERN PARK ENTERTAINMENT NIGHTLY IN THE LAMPLIGHTER LOUNGE AND DINING ROOMS

S's Cafeteria EVERY TUESDAY VEAL PARMESAN Choice of Two Vegetables. Hot Bread & Butter \$1.09 EVERY THURSDAY 1/2 lb. Western Steak choice of Two Vegetables Hot Bread & Butter \$1.09 EVERY FRIDAY 1/2 lb. Chopped Sirloin OR Chicken 'n' Dumplings Choice of Two Vegetables Hot Bread & Butter \$1.09

YOUR GUIDE TO... Food, Fun and Entertainment Enjoy the same fine Country, Politan Music that you have enjoyed in the past by Les and Linda Varas and Grady Butler. We have added a new bass, Bill Berkley.

COME OUT AND GET ACQUAINTED ENTERTAINING 5 NIGHTS A WEEK TUESDAY THRU SATURDAY Calfish & Hushpuppies, Mouth-watering Charcoal Steaks & Sea-food Our Specialty. We Will Have Completed Our Addition In Mid-November. Watch For Our Grand Opening Party.

Lake Monroe Inn "Bigger and Better Than Ever" TONY AND LOUISE COSTANTINO, YOUR HOST & HOSTESS FOR RESERVATIONS CALL 322-3108 HWY. 17-92 ON LAKE MONROE SANFORD

Wednesday's FAMILY SPECIAL Famous Recipe Fried Chicken \$2.25 Complete dinner 3 pieces of chicken, mashed potatoes and gravy, cole slaw and hot biscuits. Regular \$1.63 Value GOOD ALL DAY Sheraton-Sanford Inn 1-4 & SR 46 Sanford

Dear Abby

Crippled husband should be ashamed of his 'game'

By Abigail Van Buren DEAR ABBY: My husband is handicapped. He wears heavy braces on both legs and walks with crutches. Last year this "friend" of his talked him into going with him to cash farmers to donate Christmas trees to distribute to crippled children's homes throughout the state. They cut truckloads of trees, sold them, and pocketed the money \$9-50. This friend does all the talking while my husband just stands there on his crutches. Is being there suggests that my husband is in some way, associated with crippled children's homes, which he is not.

This "friend" says most people call it a cry to a cripple. They are planning to do it again this year. Abby, we don't need the money. I am ashamed for my husband to get mixed up in such an underhanded deal. He says: "It's just a little game. Don't let it bother you." What should I do? W. K.

DEAR W. K. Tell your husband his "little game" is a big racket in case he doesn't already realize it. Furthermore, to use one's handicap to play on the sympathy of others for a handout is beneath the dignity of most handicapped people, and your husband ought to be ashamed of himself!

DEAR ABBY: I went to two weddings in June. As I entered the church, a small child took my wedding gift for the bride. What by spent by the gift after that, who knows. I received a very good friend of mine, and a never receive any kind of acknowledgment for my gift.

The second wedding, I sent only a card because this bride had a large shower to which I brought a very nice shower gift, which I thought was enough. I received a very sweet letter from the bride, thanking me for the "beautiful blanket." There is obviously some mixup. What should be done in both cases? CONCERNED

DEAR CONCERNED: Write [or phone] Bride No. 1 and ask her if she ever received your gift. Inform Bride No. 2 that you sent her a card, and the "lovely blanket" came from someone else. [That should cover everything!]

DEAR ABBY: My husband and I are in our middle forties. He is an executive, and we live in a large, comfortable home. Achieving this hasn't been easy. The children are all in school. For the first time in my life I can come and go as I please. There are days when I feel a void and get a little depressed, but who doesn't? My husband asked me if I would mind looking after his secretary's child five days a week, from 7:30 a.m. to 5:30 p.m. I nearly flipped. I was also very hurt.

He claims he thought it would be good for me to keep "busy." Also, his secretary was having trouble finding a competent baby sitter. I wonder how many executives' wives would be hurt if their husbands tried to keep them busy in this manner? M. L. IN CLEVELAND

DEAR M. L.: Your husband's generosity leaves me all choked up. If he thinks you need "occupational therapy," tell him you'd like the privilege of selecting your own.

FORECAST FOR WEDNESDAY, OCTOBER 17, 1973

CARROLL RIGHTER'S HOROSCOPE from the Carroll Righter Institute GENERAL TENDENCIES: An adverse day for forcing anything. You would be wise to accept whatever delays occur today. Overromanticism only brings you or others a headache. Strive to have more perfection in whatever you are doing.

WIN AT BRIDGE Missed dummy reversal — down way to make all the tricks. Actually, the grand slam was a cinch. He needed to use a play known as a dummy reversal.

Up Yonder

ACROSS 1 Red Planet 2 1/2 hours 3 1/2 hours 4 1/2 hours 5 1/2 hours 6 1/2 hours 7 1/2 hours 8 1/2 hours 9 1/2 hours 10 1/2 hours 11 1/2 hours 12 1/2 hours 13 1/2 hours 14 1/2 hours 15 1/2 hours 16 1/2 hours 17 1/2 hours 18 1/2 hours 19 1/2 hours 20 1/2 hours 21 1/2 hours 22 1/2 hours 23 1/2 hours 24 1/2 hours 25 1/2 hours 26 1/2 hours 27 1/2 hours 28 1/2 hours 29 1/2 hours 30 1/2 hours 31 1/2 hours 32 1/2 hours 33 1/2 hours 34 1/2 hours 35 1/2 hours 36 1/2 hours 37 1/2 hours 38 1/2 hours 39 1/2 hours 40 1/2 hours 41 1/2 hours 42 1/2 hours 43 1/2 hours 44 1/2 hours 45 1/2 hours 46 1/2 hours 47 1/2 hours 48 1/2 hours 49 1/2 hours 50 1/2 hours 51 1/2 hours 52 1/2 hours 53 1/2 hours 54 1/2 hours 55 1/2 hours 56 1/2 hours 57 1/2 hours 58 1/2 hours 59 1/2 hours 60 1/2 hours 61 1/2 hours 62 1/2 hours 63 1/2 hours 64 1/2 hours 65 1/2 hours 66 1/2 hours 67 1/2 hours 68 1/2 hours 69 1/2 hours 70 1/2 hours 71 1/2 hours 72 1/2 hours 73 1/2 hours 74 1/2 hours 75 1/2 hours 76 1/2 hours 77 1/2 hours 78 1/2 hours 79 1/2 hours 80 1/2 hours 81 1/2 hours 82 1/2 hours 83 1/2 hours 84 1/2 hours 85 1/2 hours 86 1/2 hours 87 1/2 hours 88 1/2 hours 89 1/2 hours 90 1/2 hours 91 1/2 hours 92 1/2 hours 93 1/2 hours 94 1/2 hours 95 1/2 hours 96 1/2 hours 97 1/2 hours 98 1/2 hours 99 1/2 hours 100 1/2 hours

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

POLLY'S POINTERS Mix and mop recipe wanted By POLLY CRAMER DEAR POLLY: I remember reading or hearing about a mixture of two or three ingredients that could be put on a dust mop for floors but cannot remember what they were so hope someone can help me. —BERTHA M.

Polly's Problem DEAR POLLY — My Pet Peeve concerns the woes of the visually handicapped. Why do magazines, stamp catalogs and even newspapers persist in printing information on dark and colored backgrounds? Red ink also cuts down on readability. Those with poor sight could read more and far longer if things were consistently printed with black or dark blue ink on white paper.

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ALLEY OOP ARE WE GETTING CLOSE TO THAT FISHY HOLE? IT'S JUST THE OTHER SIDE OF THE ROSE! THERE IT IS! HEY, COOL!

CAMPUS CLATTER with BIMO BURNS HOW DO YOU LIKE COLLEGE, ANDY? GREAT, BIMO! IT'S SUCH A WELCOME SIGHT TO SEE THE STUDENT TREATED AS AN ADULT! HE DOESN'T GET YELLED AT EVERY TIME HE CHEWS GUM, CRACKS HIS KNUCKLES OR THROWS SPITBALLS!

CAPTAIN EASY MAYBE WE'D BETTER KNOCK FIRST, RATHER THAN JUST GO BARKING IN! VIVAL MY GOODNESS, YOU LOOK HALF-DROWNING AND WHERE'S YOUR OTHER SHOE? YOU DON'T KNOW THE YOUNG LADY? WELL, OF COURSE I KNOW HER! SHE'S MY ROOMMATE... WHO ARE YOU? ACTUALLY, I'M GEORGE BERRY, BUT I'M AFRAID YOUR ROOMMATE'S LOST MORE THAN HER SHOE!

BLISS BUNNY TAXI! JUST A MINUTE, BUM! LET'S SEE YERE EIGHT! PLEASE OBSERVE... I HAVE SIXTY-FIVE CENTS... IN CASH! HOP IN, I'LL TAKE YOU TO TH' NEAREST BUS STOP!

FRANK AND ERNEST POLLY POLLY — I remember reading or hearing about a mixture of two or three ingredients that could be put on a dust mop for floors but cannot remember what they were so hope someone can help me. —BERTHA M.

WINTHROP EVERYBODY IN THE WORLD IS INVITED TO MY PARTY TO CELEBRATE THE FRIENDSHIP CLUB! HIS MOTHER'S GOING TO HAVE TO MAKE A LOT OF PEANUT BUTTER—AND JELLY SANDWICHES!

BLONDIE I CAN'T MAKE UP MY MIND IS THE MEAT LOAF AS GOOD AS IT WAS LAST WEEK? IT SHOULD BE IT'S THE SAME ONE!

BEETLE BAILEY I HOPE THERE'S SOMETHING DIFFERENT AT DINNER TONIGHT! YOU KEEP ASKING COCKOOE, BUT THERE NEVER IS! WELL, I'LL KEEP ON ASKING UNTIL HE COMES UP WITH SOMETHING DIFFERENT!! COOKIE!! I'M GLAD YOU ASKED THAT QUESTION!

THE PHANTOM ALL THO' STONE SUFFERS OF IT, THOUGH OF YEARS OLD... SOME OF IT WORTH MILLIONS... THE OLD MAN KNOWS, BUT HE WON'T HELP US, HE'S OUTRAGED. YEAR! HE'LL CHANGE HIS MIND!

SAVE 24¢ DELICIOUS FOR Viva Towels 399¢	SAVE 17¢ DEL MONTE Fruit Cocktail 3 for \$1	OUR OWN BRAND! DELICIOUS Half & Half 39¢	HALF GALLON 48ST. FLAVORS Borden's Ice Cream 99¢	RICH'S FROZEN Coffee Rich 4 for \$1	SAVE 30¢ FRESH GROUND ALL-GRINDS Folger's Coffee 79¢	ALL-PURPOSE U. S. NO. 1 White Potatoes 1089¢
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ENJOY OLD-FASHIONED GOODNESS DURING OUR...

FALL COUNTRY SPECTACULAR

From Our Dairy Dept.

Deluxe Cereals	137-oz. box	65¢
Feather Fresh	141-oz. pkg.	65¢
SAVE 4¢. Borden's	Park & Beans	48¢
Pampers	Toddler Diapers	11¢
Pampers Newborn	Diapers	11¢
1475 21/2 Pampers	Daytime Diapers	11¢
Popping Corn	100-oz. pkg.	69¢
Salute Short-Quenching	Tea Bags	95¢

From Our Deli Dept.

Swiss Cheddar	137-oz. box	65¢	
Swiss Cheddar	141-oz. box	65¢	
Swiss Cheddar	1475 21/2 Pampers	11¢	
Swiss Cheddar	Daytime Diapers	11¢	
Swiss Cheddar	Popping Corn	100-oz. pkg.	69¢
Swiss Cheddar	Salute Short-Quenching	Tea Bags	95¢

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Mid-East War Rages In Sinai

N. Korean Pilots Fighting For Egypt

WASHINGTON (AP) — Israeli fighter planes were engaged with Soviet MIG fighters piloted by North Koreans flying over Egypt, the Pentagon said today.

Pentagon spokesman William Beecher said North Korean pilots on loan to the Egyptian air force engaged in a brief dogfight with Israeli fighters in the air south of Cairo.

Beecher said no planes were downed on either side, though shots were exchanged.

There were approximately 30 North Korean pilots in Egypt before the latest Arab-Israeli fighting began almost two weeks ago, but today's report was the first indication of an Israeli-North Korean encounter.

The Pentagon declined to identify the source of its information, but the report apparently came from Israeli pilots.

"Neither side took any losses or hits," Beecher said. "It was a short dogfight situation."

Beecher was asked if there has been any evidence of other Communist-bloc nations providing pilots for the Egyptian or Syrian air forces.

He responded that Israeli pilots have indicated they believe they were fighting pilots of either Communist-bloc nations, but said there is no firm substantiating evidence.

Egyptian and Israeli tanks clashed furiously today in the large and possibly decisive Suez Canal battle, Syria said its tanks knocked back an Israeli probe on the Golan Heights front.

Egypt said the Suez fighting centered around the central Bitter Lakes section of the canal and called on Israelis there to "surrender or face complete destruction."

"The battles raging since Wednesday, in the middle sector, are the most ferocious of all since the war began," said Cairo radio. "But our troops will continue, according to plan, to achieve victory."

Israel said its jets were pounding Egyptian targets in support of the Israeli armored forces and claimed Israeli ground fire downed two Soviet-built MIG warplanes and two Egyptian helicopters.

The Egyptians claimed their air defenses shot down 12 Israeli planes and said four Israeli pilots were captured.

Intense diplomatic activity was reported under way to end the fighting. Unconfirmed reports circulated in Washington, Moscow and other world capitals that Soviet Premier Alexei N. Kosygin was in Cairo heading a Soviet mission.

The Middle East war also came home to non-combatant Beirut with offshore explosions that cut an undersea cable.

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Publicize Holdings, Askew Tells Nixon

MIAMI BEACH (AP)—Gov. Reubin Askew today called on President Nixon to make public his financial holdings and income tax returns "as an gesture toward restoring confidence in our national government."

Askew said in a speech for the AFL-CIO's biennial convention that the goal of good government should start with a strong program of ethics in government, including disclosure of financial holdings and income tax returns. In the three years he has been governor, Askew said he has turned in a copy of his income tax returns and other financial data.

"I don't believe it has hurt my social standing and I don't believe it would be a source of embarrassment to any public official who has nothing to hide," he said.

The governor said Vice President-designate Gerald Ford's pledge to disclose his finances to a congressional committee "should be a signal for all public office holders to follow Congressman Ford's lead and to make their disclosure public."

AROUND THE CLOCK

By John A. Spolski

Richard Wirz, Casselberry city councilman, remains in serious condition in Florida Hospital North as a result of gunshot wound he suffered Tuesday night, but doctors today report that the condition of the 34-year-old politician has stabilized.

David Lee Griffin, 31, of 11 Michelle Drive, Casselberry is in the Seminole County jail charged with aggravated assault with a deadly weapon, in lieu of \$2,500 bond.

Griffin's bond was reduced from \$5,000 by County Court Judge Harold F. Johnson, who scheduled a preliminary hearing for Griffin at 3 p.m. Friday.

Casselberry police report the investigation of the shooting which occurred at Griffin's home is continuing in that Wirz has not been interviewed.

According to police reports Wirz, Griffin and Arthur Rainin were preparing for a hunting trip to Colorado when Wirz was shot with a .25 caliber revolver.

Rainin took Wirz to the hospital and police arrested Griffin at his home shortly afterwards.

Casselberry police said Rainin reported the incident from the hospital.

L. Fredrick McGowan said Wednesday a preliminary investigation ruled out the possibility of an accidental shooting.

Serious Condition Remains For Wirz

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News Digest

APPROVAL OF twice-denied federal insurance to a savings association with connections to Nixon friend "Bebe" Rebozo is termed "a big coincidence." (Page 2A)

FIFTEEN PERSONS in three Central Florida cities are hospitalized with hallucinogenic drug symptoms after agreeing to sample rival orange juice brands at shopping centers. (Page 6A)

ALLEGED LEADER of satan cult says he tried to save life of California youth who was tortured and then clubbed to death. (Page 6A)

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Altamonte Loses City Clerk, Jordahl Confirmed By Council

By DONNA ESTES
Herald Staff Writer

ALZAMONTE SPRINGS—The city council in a hastily called special meeting this morning confirmed the appointment of Phyllis Jordahl as city clerk, replacing Jane Richards who resigned from the post late Wednesday afternoon to seek a seat on the city council.

Mayor Lawrence Swofford, calling the emergency session, said he has been expecting Mrs. Richards' resignation and was prepared to name a replacement. Mrs. Richards was not available for comment.

A state law requiring resignation of public officials 45 days before the beginning of a qualifying period caused some confusion today over whether Mrs. Richards could seek the council office.

However, City Atty. Joe Davis told The Herald when Mrs. Richards resigned her office Wednesday she no longer came under the purview of the resignation law.

Swofford called the resignation a move by his "partisan" supporters, naming Mrs. Richards is running for Councilman Keith Nixon's office because "she can be controlled by the opposition."

Although Nixon has not formally announced his intent to run for return to the office he has held for the past 10 years, it is known that he has been preparing campaign literature for the past eight days. Cal DeVoney of Spring Oaks has also announced for the district council office.

Swofford said Mrs. Richards at 4:30 p.m. Wednesday submitted her written resignation.

"My resignation is submitted of my own free will and for only the reasons stated—to seek public elective office," she said.

Swofford said Mrs. Richards' resignation was effective Wednesday.

However, it is also well-known in city hall circles that Swofford suspected Mrs. Richards of supporting the opposition candidate for mayor, Norman Floyd.

The city council last week removed the responsibilities of city treasurer from Mrs. Richards and named Comptroller Denver Baxter, treasurer.

Swofford admitted today that Mrs. Richards for many months has been attempting to resign.

Mrs. Jordahl, Swofford said, has been working for the city for the past six months in the comptroller's office. She has 10 years experience in municipal government.

Mrs. Jordahl was also not available for comment today. Mrs. Richards came to the city with many years experience in government. During her tenure she was praised by the mayor and council members on many occasions for her efficiency, dependability and thoroughness.

Mrs. Jordahl is the city's sixth clerk in the past five years.

Bradshaw Claims Part Time Status

By DONNA ESTES
Herald Staff Writer

WINTERSPRINGS—City zoning administrator and building official Ray Bradshaw, called "part time" and "a bargain basement city manager" at Wednesday's city council meeting, today received a vote of confidence from Mayor Granville Brown.

Brown today said Bradshaw is in "good shape" with the council, despite undergoing a 30-minute quizzing Wednesday night by members who labled further discussion of his situation for two weeks.

Indicating surprise that Bradshaw is not a full-time building inspector but rather a part-time zoning administrator, three council members questioned him closely about his announced employment with Lake Mary, also as a zoning director.

An employment was heard that Lake Mary help pay Bradshaw's salary.

Bradshaw who receives a salary of \$8,268 from Winters Springs plus an auto allowance said he never intended to work full time at the building inspector job.

Councilman Vicki Baker said the board believed when Bradshaw was appointed six months ago that "we were hiring a building inspector with a glorified title."

Councilman John Booth said the city council had no intention of hiring a "bargain basement city manager."

Councilman Victor Miller answered that it appears the council will have to raise Bradshaw's salary to \$16,000 annually for his full-time service. "And you would be getting a bargain," Bradshaw said.

Bradshaw said accepting a building inspector title would be a "come down" and something he has been overqualified for for the past 20 years.

He added that he did not accept the job for the money. "I'm probably better off financially than any man in this room," he said.

Bradshaw insisted he has put Winters Springs first in his relationship with Lake Mary, has received no salary from Lake Mary and does not know when any will be forthcoming.

Lake Mary Mayor Donald Jackson said today the budget allocates \$3,000 for the building inspector job in addition to a car allowance. But, he said, he has to negotiate with Bradshaw on a salary.

Kaiser 'Very Disappointed' County Slashes Fire Budget

By CHRIS NELSON
Herald Staff Writer

Penny-pinching Seminole County commissioners may have priced themselves "under" the market in their tentative \$3,492 budget for the newly approved county fire prevention department.

At least, that's the "very disappointed" opinion of Gary Kaiser, chairman of the committee which drew up the specifications for the ordinance, effective Nov. 12, and Monday submitted a budget request of \$8,884.

"I'm definitely concerned about funding the commission has apparently settled on," Kaiser, former Altamonte Springs fire chief and a leading candidate for the top county post, said today.

"We anticipated the director putting in frequent 80-hour weeks, and they're just not going to be able to hire a first rate guy for the money they're talking about," Kaiser added.

The commission authorized advertising for a director at the minimum step salary of \$12,500, despite the fire committee's recommendation of a minimum \$15,000 necessary to secure a properly trained man.

Also shocked at the economy move, slashing the request after previously earmarking \$5,866 for the department from federal revenue sharing funds, was County Commissioner Dick Williams.

"One of the big problems in Seminole County is that we say we want to do things, but we aren't willing to spend any money to get them done," Williams said after Tuesday's commission meeting saw his arguments defeated.

Williams, noting the board must still give final approval to the budget next week, said "I'm going to try again to convince them that they have got to go to salary level of at least \$15,000 for the director, and I'll continue to push for \$18,000."

The tentative budget sheet in the clerk's office also shows that the board allocated only one car to the department, despite apparently agreeing Tuesday to one car each for the administrator and the chief inspector.

Today, county staff indicated they felt the omission of one of the contracts, priced at \$3,000, was a "mistake" that would be rectified Tuesday.

Tropical Storm Gilda Expected In Cuba Today

MIAMI (AP) — Dozens of people were evacuated today from low lands in Cuba's Oriente Province as tropical storm Gilda, producing gale force winds and heavy rains, headed toward the island.

In a broadcast monitored in Miami, Radio Havana said evacuation was underway in Cuba's southeastern coast.

"The National Hurricane Center said Gilda's winds were expected to spread into the Florida Straits tonight.

Forecasters said Gilda was heading north at about six miles an hour and at 9 a.m., EDT, was 65 miles south of the central Cuban coast and 65 miles south of Miami at latitude 20.7 north, longitude 73.7 west.

"Gilda changed to a northerly course early today and poses a threat, but not a direct threat, to the United States," said forecaster Paul Hebert.

The center said Gilda was expected to continue on a slow northward course for the rest of today.

The storm was expected to gather strength as it remained over water.

Weather: Partly cloudy through Friday. High mostly in the mid 80s and low tonight in the upper 60s.

Thanks to you it's working