

School Child Needs A Good Luncheon

Every child going to school needs to eat a good lunch, Dr. Frank Leone, Seminole County health director, advises.

"A good lunch will help him feel like studying and playing after school and also to grow properly," he adds.

The school prepares a well-balanced lunch for the students but some children may not be buying their lunch at school. As there may be more children taking a lunch to school than formerly, some timely suggestions from the health department may be helpful.

Florida's warm weather makes it important to take extra precautions in planning the lunch to avoid spoilage and food poisoning. Foods that should not be used in preparing the lunch that is carried to school are mayonnaise, either as a spread on bread or mixed in a salad, eggs, fish in any form, chicken, ham, cold meat and frankfurters.

Special care should be taken to have everything used in preparing the lunch clean, and the food should be kept wrapped.

Suggestions for sandwiches include the old favorite peanut butter with some variations. Try adding sliced or chopped pickles, dill, sweet or sour, whichever you prefer to peanut butter; raw carrots grated or sliced and peanut butter makes a different sandwich spread. Orange juice can be added to peanut butter. Crisp bacon bits and peanut butter is popular. For a change, use applesauce or chopped raisins or dates with peanut butter. You may invent some other combinations, but remember not to use the foods that may spoil.

A slice of American or Swiss cheese can be used with peanut butter and spread on one slice of bread, pimento cheese is good too. Cream cheese can be used in many ways—by adding nuts or dried beef, or bacon or olives, or jam or jelly, chives, or pineapple. Nut bread and cream cheese can be used as a sandwich or as a dessert.

Something crisp with sand-whiches will be the lunch. Try celery, carrot or cucumber sticks, tomato or cabbage, washed, bell pepper slices, and for the older children, pickles and olives occasionally.

Fresh fruits that may be packed in a lunch are apples, bananas, pears, oranges, peaches, grapes. Gained fruits may be carried in a plastic container, but do not pack nut-dings made with egg and milk. Cookies and cup cakes are always popular in lunch boxes.

Milk may be purchased in school or brought in a thermos. A thermos may also be used for soup, tomato juice, fruit juice, cocoa, baked beans or chili.

School lunch box foods should be easy to eat with sandwiches cut in half and wrapped carefully, raw vegetables washed, dried, and the skin of oranges scored for easy peeling.

Children need a well-planned breakfast, lunch, and dinner every day for good health.

Broward Adopts School Budget

FORT LAUDERDALE, Fla. (AP) — The Broward County school board Monday adopted a budget of \$72,467,701.45 for the next fiscal year including the pay raise for which 2,800 teachers submitted resignations.

A review board of the County Commission was to consider the new budget today.

County Commission Chairman J.W. (Bill) Brown indicated the budget and an emergency 4 percent hike in tax millage would be approved.

The extra money was to pay for raising salaries of teachers to a minimum starting pay of \$5,600 a year.

After teachers resigned to press their pay demands Sept. 5 the county's 102 public schools were closed for seven school days, giving 80,000 pupils an extended summer vacation.

War On Crime Tallahassee (AP) — The State Cabinet, meeting in Tallahassee, today approved an increase in the operating budget for the war on crime trust fund and a \$117,614 allocation to establish a seven-man mission security force.

NO STAMPS OR GAMES - JUST LOW PRICES!

Why Pay More?

THESE PRICES GOOD THRU WEDNESDAY, SEPTEMBER 27. QUANTITY RIGHTS RESERVED. OPEN SUNDAYS 'TIL NOON.

"TENDER CHICK" WHOLE FRYERS POUND 25¢

TENDER CHUCK STEAK POUND 58¢

CHUCK ROAST POUND 43¢

FIRST CUT PORK CHOPS POUND 39¢

LEAN WESTERN SPARE RIBS 48¢

LEAN TENDER ALL MEAT STEW 68¢

BAR-B-QUE BEEF SHORT RIBS 48¢

BEEF LIVER 38¢

LEAN MEAT OX TAILS 38¢

OLD FASHIONED COUNTRY THICK SLICED BACON 58¢

LYKE'S ALL MEAT BOLOGNA 58¢

LYKE'S PALM RIVER WEINERS 39¢

DELICIOUS RIB STEAK LB. 68¢

POT ROAST LB. 58¢

SHOULDER ROAST LB. 68¢

NEW CROP N.C. RED DELICIOUS SCHOOLBOY Apples 4 LB. BAG 39¢

U.S. NO. 1 WHITE Potatoes 20 LB. VENT-VU BAG 89¢

FRESH GREEN Cabbage 9¢

LARGE CRISP Lettuce 2 HEADS 29¢

NEW CROP CANADIAN Rutabagas 10¢

"MAXWELL HOUSE" COFFEE 1-LB. CAN 37¢

"SHURFINE" EVAPORATED MILK TALL CANS 8 \$1.00

"NORTHERN" ASSORTED TOWELS JUMBO ROLL 25¢

"SUPREME" HOLLAND DUTCH ASSORTED FLAVORS ICE CREAM HALF GALLON 47¢

"EVERFRESH" POTATO CHIPS 9-Oz. Twin Pkg. 38¢

"SUNLITE" TOMATOES 6 No. 303 \$1.00

"SAXET" CUT GREEN BEANS 6 No. 303 \$1.00

"AMERICAN BEAUTY" CREAM CORN 6 No. 303 \$1.00

"SHOW BOAT" PORK & BEANS 10 No. 300 \$1.00

"BLUE PLATE" PEANUT BUTTER 28-Oz. 59¢

"BAMA" PURE APPLE JELLY 16-Oz. Jar 25¢

"THRIFTY" PINK LOTION DETERGENT 22-Oz. Btl. 29¢

"SHURFINE" MAYONNAISE 9-oz. Jar 59¢

6 PACK SCHLITZ BEER 12-Oz. Bottle \$1.07

"KANSAS QUEEN" FLOUR 5-7 1/2 lbs. 39¢

ARMOUR'S SHORTENING VEGETOLE 3-LB. CAN 47¢

SCHOOL NOTEBOOK PAPER 400 COUNT 47¢

"TOPP" ASSORTED FLAVORS DRINKS 12-OZ. CANS 15 for \$1.00

DETERGENT A JAX GIANT PACKAGE 47¢

AROUND THE CLOCK

By LARRY VERSHEL

For the first time in the city's history the commission Monday night will consider resignation of 25 members between Eighth and Ninth and Orange and Locust with people living in them.

There are 21 instructional personnel at the Southeast School. Not one has submitted his (or her) resignation.

300 young Sanford girls participate in the cultural recreation program here. That's tap dancing, charm school, piano, ballet. It's the only program for the girls while the boys are playing Little League. The other night the City eliminated the program and decided to spend \$900 on new Civic Center drapes.

So the girls won't have their program. For fun they could go into the empty Civic Center and look over those fancy drapes.

Meanwhile the building inspector has a brand new enclosed offer and maintenance men are paneling the walls at the city jail and lowering the ceiling.

County Fair time comes in November. Date set for Nov. 28. Highlight will be a boat show.

A CONVERSATION WITH EX-POLICE CHIEF TRIPLETT

REPORTER — Apparently Casselberry is going to whitewash this case. Why won't you say something publicly and clear this mess up?

TRIPLETT — We plan to as soon as we get a lawyer.

REPORTER — Just say what happened.

TRIPLETT — And get sued.

REPORTER — You mean about the firing?

TRIPLETT — About everything.

REPORTER — Who has the files?

TRIPLETT — I don't know.

Longtime citizens will vote to December of a charter amendment to give the mayor authority to name an attorney to sit as city judge. If the people approve the amendment, how does the Council plan to pay an attorney for this service. No funds are budgeted for the situation. The mayor sits for free.

Walked into the Civil Defense office and there was London blackout of the 40's.

How would you know?

My grandfather told me about the big war.

Anyway I asked John to put on his helmet and questioned him about British high tops, bomb shelters and all that jazz. All he said was "Don't panic." I wonder what he meant by that?

Took a stroll through the city zoo this morning. Two \$1,000 leopards in nickel cages. . . Wonder what out-of-towners think of the city when they look over this run-down zoo?

Perhaps our city fathers should spend a Sunday afternoon at the facility and notice those out-of-town license plates.

Imagine what \$45,000 could have done to start re-educating that prosopon son.

Yeah, that was the price we paid for the Industrial Road, Ob?

Anyone wants bet the county abundant Sand Lake Road?

Construction of the Wind-Dier complex will start Monday.

School Finance Director Walter Teague has become an art buff. . . There's a new picture on his office wall all about every week. . . The latest is from Fred Taylor Jr., son of the assistant principal of South Seminole Junior High School.

Nobody asked me, but wouldn't it be a good idea if the police department or city cleaned up glass from streets after accidents?

(Continued on Page 2 Col 2)



CREWMEN OF RVAF-5, Home From The Vietnam War, Were Met Last Night With 'TLC' By Their Families. (Herald Photos)

Pershing Puts 'Hold' On NAS Property

EDA To Okay \$35,000 Airport Study

The Pershing Missile Complex has put a "hold" on portions of the Sanford Naval Air Station today as the Defense Department released the property to the General Services Administration, The Herald has learned.

The hold has cleared the property, Warren Moody, of the GSA Atlanta office reported, although no official decision will be made until they receive a report on all personal property at the 1,800 acre tract.

The personal property, which includes engines, vehicles, engines and tractors, is said to be worth several million dollars.

The Pershing Missile Development complex had vacated the main hangar of the facility but were turned down by the city several months ago. They then came up with an alternate site.

City fathers were not in favor of turning anything over to Pershing and the Department of Defense was notified of this. However, Pershing asked for a hold through the Army Missile Command, which, in turn, approved the hold through the Army Corps of Engineers in Jacksonville. The Corps then gave the Navy the word.

City Manager W. E. Knowles, however, has informed DOD that the city fathers would like to see the Navy's word.

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Williams New Casselberry Chief? Wheatley Says 'No'

Casselberry Mayor Arthur Wheatley denied reports today that he has hired ex-Sanford Police Chief Arnold Williams to head his city's law enforcement agency.

"I have not appointed any police chief," Wheatley declared, "and I have not appointed any new officers to the force."

The mayor claimed he was at the police department Monday when he demanded and received the resignations of Chief of Police Kenneth Triplett and four patrolmen for "activities unbecoming the police department."

Wheatley gave the officers an opportunity to resign or undergo a "full investigation at every available level concerning every aspect of their conduct."

Wheatley said he had requested a hearing before Council on the matter, but The Herald was told by City Attorney Kenneth McIntosh that the charter does not provide for hearings where persons have resigned.

Former Patrolman Rick Taylor in a television interview stated he was "stunned" into signing his resignation and also requested a hearing before the Council.

Gary Saxon, another of the officers, went to work for the Sanford Police Department almost immediately following the resignation of Triplett.

Fire Marshal Set To Check Portables

Portable classrooms in Seminole County will be inspected to determine if they meet minimum fire standards as soon as possible, Deputy Fire Marshal Charles W. McPherson of the Winter Park state office told The Herald today.

"There are hundreds of such units in the area and only a few men to make the inspection. We do plan to examine every such structure but unless we run into a particular problem in routine procedures will be made," McPherson added.

He did note, however, that the 1907 Life Safety Code of the National Fire Protection Association requires that all such buildings have at least two exits. It has been reported that some of the portables in Seminole County have only one.

In Volusia County, two state inspectors have been dispatched by State Treasurer-Fire Marshal Broward Williams and State School Superintendent Floyd Christian to determine if the 123 portable units there meet minimum standards.

\$200,000 Chain Store Set In Altamonte

An outlet of the Ethan Allen chain of furniture stores, with construction costs estimated at \$200,000, will be built on the north side of SR 436 between Park Avenue and Adelaide in the Town of Altamonte Springs. It was announced at the meeting of the Town Council last night.

Connell and the mayor agreed to a suggestion of one of the persons present to prepare a brief summary of the major changes in the proposed charter. The attorney volunteered to prepare the summary which will be mimeographed and mailed to each of the 850 registered voters in the town.

man Charles Robinson that specifications for the new truck for the fire department are being prepared and will be submitted for Council approval at next week's meeting.

Accepted the low bid of W.B. Weeks Roofing Company for \$211 to repair the roof of the city hall and fire department. Agreed with Mayor W. Lawrence Swafford that immediate action be taken to instruct C.B. Allen, the town's inspector on the water extensions, to stop the supplying contractor on the project with free use of city equipment, labor and water.

Herald report from Council-



What the chamber delegation accomplished in Miami was to scan the material already gathered by the researchers, discuss places where it could be strengthened and emphasize spots where it could more effectively be used.

Tourist Study Here Ready For Okay Soon

An effective, informed approach to the problem of attracting tourists to Sanford and Seminole County is being formulated by First Research Corporation and will be ready for adoption within 30 days according to Bill Heck, chairman of the tourism committee of the Seminole County Chamber of Commerce. Heck, together with Scott Burns and John Beck, executive director of the chamber, was in Miami yesterday for a conference with First Research officials.

The purpose of the study is to gear Seminole County into the flow of tourists—expected to reach 6.8 million as Disney World becomes a reality—and thus bring the 43 a day which a tourist spends in his visiting area into Sanford Seminole county.

County Facing New Suit

Writ of mandamus petition to force the County Commission to approve permit for issuance of a palmistry license will be filed against the county within the next 30 days, The Herald learned today.

Carroll Burke, attorney for Mrs. Katherine Johnson of Casselberry stated, "The suit will definitely be filed. I don't believe the County Commission has absolute discretion to deny all permits without some kind of reason. Fortune telling is recognized by the Legislature of Florida in statutes."

Reck pointed out that the report and recommendations are excellent and was most optimistic that when the specifics are decided upon and made public they would create a very solid economic base in this area. The study has been underway for several months and its cost is being underwritten, Reck pointed out, "by the far-sighted businessmen of this community."

Apathy Seen In Altamonte Charter Meet

Altamonte Springs' five elected officials and the city attorney showed up at the Community House on Mainland Avenue last night to explain the content of the proposed new charter for the town to find four interested citizens on hand.

A little perplexed by the apparent lack of interest on the part of the citizenry, Mayor W. Lawrence Swafford said, "I'd like to see this charter pass. We need it to continue the progress of the town."

Council and the mayor agreed to a suggestion of one of the persons present to prepare a brief summary of the major changes in the proposed charter. The attorney volunteered to prepare the summary which will be mimeographed and mailed to each of the 850 registered voters in the town.

School Funds

The State of Florida disbursed \$131,759 to the Seminole County Board of Public Instruction during the month of September, Fred O. (Bud) Dickinson, state comptroller, reported today. Money was provided by Florida's minimum foundation program and allotments of the state's sales tax, Dickinson said.

Charged

Donald A. Peterson, 33, of Leesburg, was charged by Trooper W. E. (Duddy) Smith with reckless driving last evening after his car overturned at the SR 68-Hannas Lake intersection. Peterson escaped unhurt after a long time beneath his car for a time.

THE SANFORD ATLANTIC SAYS:

Move to Bigger Savings...

4% DAILY INTEREST

All passbook savings earn 4% Daily Interest on every dollar every day from day of deposit to day of withdrawal provided the account is not closed. Interest is compounded quarterly.

"You'll find it a pleasure to bank at THE ATLANTIC"

SANFORD ATLANTIC National BANK

Member F.D.I.C.

DOWNTOWN SANFORD

Early Oranges Up 30% Over 1966 Prices

LAKELAND (AP)—Florida's early oranges are selling at prices 30 per cent higher than last year—when the state produced its biggest crop in history—but there's no cause for orange juice drinkers to be alarmed. The price of frozen orange juice concentrate is expected to remain at the lowest level in a decade.

Until the U.S. Department of Agriculture releases its estimate of the Florida crop Oct. 10, speculators on prices through the winter will be largely guessing.

But Florida Citrus Mutual, a trade association of more than 14,000 growers, says that even if the crop is off 10 per cent from last year, prices on store shelves are not likely to change much from last year.

As of last month, the industry had 65 million gallons of frozen concentrate in warehouses, a reserve which can only benefit the consumer.

Prices on early oranges usually are higher than the average for the full season. Later prices cannot be estimated until the size of the crop is estimated.

At present, the price of a six-ounce can of concentrate averages 14.1 cents, five cents less than a year ago. This boils down to 3½ cents for a six-ounce serving of juice.

Because of this price, Mutual says producers of synthetic orange juices now wanting the public have taken only one per cent of the fruit juice market. Orange concentrate, almost all of which is produced in Florida, has 22 per cent of the market.

The industry says it's a rate where it's a 1967 orange crop come back to back and estimates that this year's output will be as much as 10 per cent smaller.

Retail sales of concentrate gained 24 per cent this year because of low prices and vigorous promotion but sales weren't large enough to offset the record production.

If the crop turns out to be larger than expected, and depresses prices, the industry may take steps to absorb the excess output. The Florida Legislature has given the Florida Citrus Commission power to withhold or destroy fruit if authorized by growers and processors.

Youth May Join Navy... Maybe

ST. PETERSBURG (AP)—Police today promised to stop arresting Donald R. Walker. Now maybe Walker can join the Navy.

Walker, 16, keeps getting picked up by mistake as a "fugitive from justice." Because of this, the Navy has second thoughts about accepting him.

Walker's troubles began April 12 when someone stole his driver's license from the glove compartment of his car. The thief then was arrested for shoplifting.

An identification, he gave police Walker's license, then hid it from the lieutenant of the police department. Police began a search for "Donald R. Walker, the fugitive."

Walker was at home while all this was going on and, when police picked him up, he claimed he was innocent. The officers readily admitted he wasn't the man brought in on the shoplifting charge. Still, the warrant was outstanding.

Walker was picked up again Wednesday night, and had to do a lot of talking to keep from being jailed.

Meanwhile, Walker was due to report to the Navy in Jacksonville to be sworn in. The Navy checked his record, found he was "wanted," and sent word, "Don't call us, we'll call you."

"He's never done anything wrong," said the youth's mother, Mrs. Theina Footman. "He's innocent, but the police keep picking him up. There was even a story in the paper that he escaped from jail. Now the Navy's involved."

Police agreed Walker has no record and is not wanted. The warrant, they said, has been voided and Walker won't be picked up any more—they hope.

There are 14 species of leaf-cutting ants, which will strip leaves from any available plants. They take the leaves to underground nests where they maintain fungus farms. The leaves nourish the fungus, which the ants feed.

THIRTY-THREE

THE SANFORD HERALD Thursday, September 21, 1967 Page 4

NO DOWN PAYMENT FREE BONUS SPECIALS FREE DELIVERY

J.M. FIELDS HOME FAIR

MAGIC CHEF Chateau Gas Range

\$269

NO DOWN PAYMENT

- Clock with 1-hour timer, removable door seal
- Hi-Simmer-Warm control knob, appliance outlet
- Porcelain burners, removable top
- Chrome-plated non-tilt oven racks



40 POUNDS of DETERGENT with the purchase of this washer, dryer or dishwasher!

FREE

WHIRLPOOL 2-Cycle Auto. Washer

\$138

NO DOWN PAYMENT

- Normal and delicate fabric cycles
- Gentle, thorough Sargolator® agitator
- Automatic spin stop, agitator filter
- Free-flow draining, thorough rinsing



TURKEY or HAM... with the purchase of any one of these Ranges

FREE

MAGIC CHEF 30" Gas Range

\$139

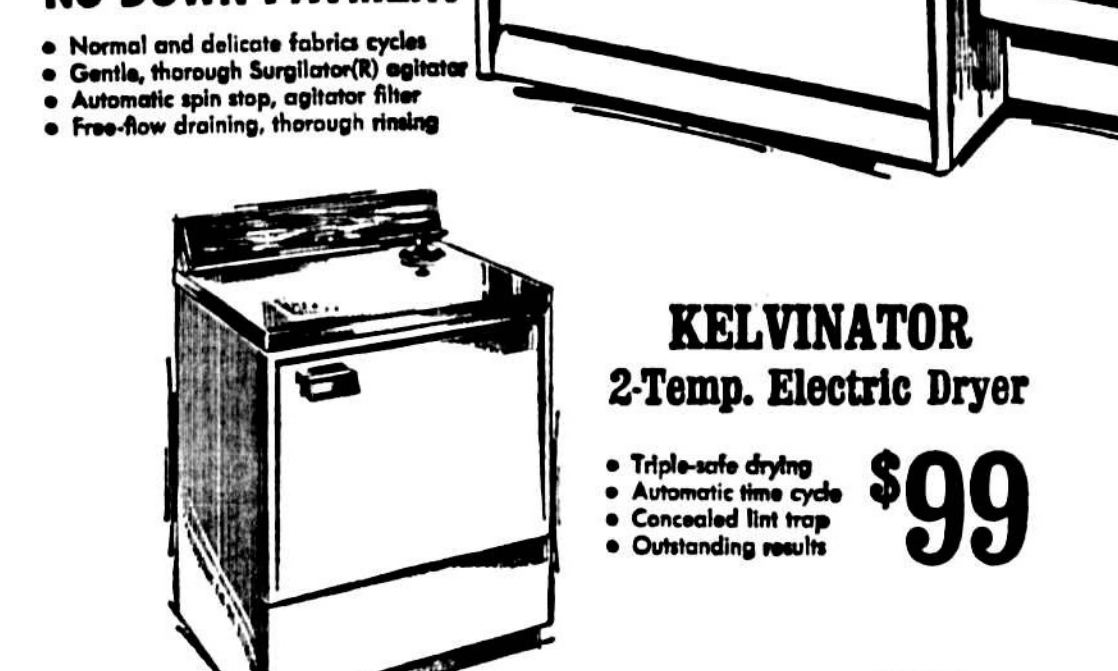
- Lifetime guarantee on all 4 burners
- 2-pc. smokeless broiler pan, chrome top



KELVINATOR 2-Temp. Electric Dryer

\$99

- Triple-safe drying
- Automatic time cycle
- Outstanding results



FAMOUS QUALITY 20 inch Electric Range

\$77

- Easy-to-clean gleaming white porcelain, wide oven
- Low-temp oven control, smokeless 2-piece broiler



RCA WHIRLPOOL Portable Dishwasher

\$119

- 2 revolving spray arms, automatic detergent dispenser, 16 table setting capacity



REGINA Lightweight Elektrik® Broom

1997

- Use on carpets or bare floors
- "Aerified" angled nozzle, dirt cup dispenser
- Non-marring bumper



REGINA 2-Speed Rng Shampooer-Polisher

2697

- 2-quant liquid dispensing
- Hot 2-20° temp. portion brushes, 2-rg shampooer, brushes, more

GENERAL ELECTRIC Vacuum Cleaner

2797

- Swivel top hose
- Detachable dirt bags, set of electric tools

GENERAL ELECTRIC 11 in. Electric Skillet

1397

- High-temp lid for extra capacity, controlled heat
- Temperature control on handle

OSTER Invigorating Infra-Red Heat Massager

897

- Select heat plus massage or massage without heat
- Hot soles massage attachment

OSTER Professional Type Elec. Hair Dryer

2497

- Adjustable professional head
- Puffs down into its own case
- 3 air temp. Carry-handle



COMPARABLE PRICES BASED ON CURRENT EQUIVALENT VALUES, REGULAR OR ORIGINAL LOW DISCOUNT PRICES

OPEN 9-9 OLANDO 2021 W. Colonial Dr. Fairwood Plaza	OPEN 10-10 OLANDO 1000 Amber Rd. Hwy 80 E. of Airport	OPEN 10-10 WINTER PARK Florida Plaza Bld. 17-97 At Lee Road	OPEN 10-10 SAU GALLIE Florida Plaza 100 Babcock	OPEN 10-10 MERRITT ISLAND Shopping Center Rt. 120 and S.E. 1	OPEN 9-9 DAYTONA BEACH Holly Hill Plaza Hwy. Rd. 4 Mason Ave.
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Prescription Dept. Open Daily 10 a.m. 'Til 10 p.m. Sunday 12 to 7 p.m. SAU GALLIE AND WINTER PARK ONLY

FREE SERVICE 3 DAYS ONLY

J.M. FIELDS SALE STARTS TODAY!

KELVINATOR 6-Cycle 3-Speed Washer

250

NO DOWN PAYMENT

- Normal or small load setting
- Heavy-soil agitated soak, extra rinse
- Economical water and detergent use
- Automatic pre-scrubbing, big tub



\$25 WORTH of FROZEN FOOD with the purchase of one of these refrigerators or freezer

FREE

DELUXE 2-door 12 cu. ft. Refrigerator

\$168

NO DOWN PAYMENT

- Interior light, thermostat control
- 2 covered crispers, slide-out shelf
- Butter and cheese compartment
- Space-saving thin wall foam insulation



BONUS SPECIALS on this KELVINATOR Washer, Dryer, or Refrigerator! Free hams or turkeys. Free frozen foods! Free detergent!

FREE

KELVINATOR Auto. Electric Dryer

250

- Triple-safe drying
- Concealed lint trap
- Automatic time cycle
- Handy fabric guide



THINWALL 9.5 Cu. Ft. Upright Freezer

\$148

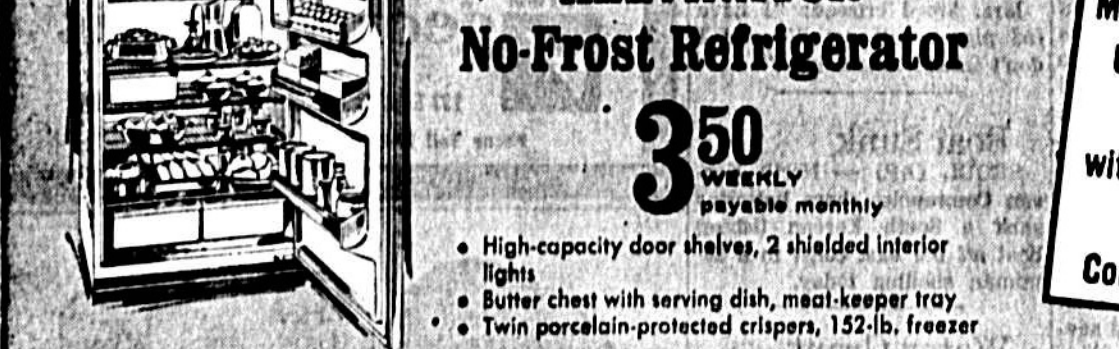
- Exterior signal light
- Thermostatic control
- "Quick-Freeze" switch
- Thin wall foam insulation



KELVINATOR No-Frost Refrigerator

350

- High-capacity door shelves, 2 shielded interior lights
- Butter chest with serving dish, meat-keeper tray
- Twin porcelain-protected crispers, 12-lb. freezer



KELVINATOR FOODARAMA Refrigerator-Freezer

\$399

- 3 pull-out shelves, full-width crisper, egg basket
- 207 lb. freezer with 3 ice trays, ice storage chest



TOASTMASTER Easy-To-Clean Electric Toaster

1197

- Toast control color dial
- Hinged service crumb tray
- Gleaming chrome finish

SUNBEAM Cordless Electric Toothbrush

1297

- Mount on wall, at on counter, 4 brushes and recharging stand

SUNBEAM 4 to 12 Cup Electric Coffeemaker

1297

- Brew selector, signal light
- Keeps coffee serving hot
- Handsome modern styling

WESTINGHOUSE Electric Hand Mixer With 3-Speed Motor

797

- Thumbtip control, large beater, beater electric
- Lightweight and compact

WESTINGHOUSE Electric Can Opener Magnetic Lid Lifter

797

- Opens standard size cans
- Thumbtip operation
- Compact, saves counter space



COMPARABLE PRICES BASED ON CURRENT EQUIVALENT VALUES, REGULAR OR ORIGINAL LOW DISCOUNT PRICES

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Prescription Dept. Open Daily 10 a.m. 'Til 10 p.m. Sunday 12 to 7 p.m. SAU GALLIE AND WINTER PARK ONLY



THIRIMA Mash of a e., home economics instructor at South Seminole Junior High School, will conduct a new sewing class each Monday from 7:10 p.m., starting Oct. 2. Interested persons may register with E. S. Douglas at the school administration office.

Congressional Record LBJ's Favorite Book

WASHINGTON, AP—President Johnson's favorite reading is a pulp paper magazine that often enters in his copy crates—The Congressional Record.

It is a good place to find out what's being and about him and his administration. And, some sources say, the President is not above glancing in from time to time to get the side of the story.

He is so into it that he reads every day that a special White House memorandum is prepared to pick it up on off the Government Printing Office press sometimes before dawn.

Usually by 7 a.m. a special White House aide is sent to pick up the Record in the Government Printing Office press sometimes before dawn.

Offers, after he reads the daily digest of the activities of House and Senate, members of members and items they have inserted in the Record, Johnson is on the phone to find out what his key officials are doing to effect some criticism, correct some slipper or announce a signing project.

He has made it clear repeatedly to Cabinet and staff that he wants them to respond quickly to congressional complaints, inquiries and requests.

Johnson got into the habit of skimming The Congressional Record during his more than 13 years of service in Congress.

The Congressional Record, published under various titles since about 1789, is filled with items ranging from notices and editorials to after-dinner speeches and favorite dinner propositions. Congressmen can drop in anything that strikes their fancy.

Although it is an unpretentious, pulp paper publication, the Record costs the government about \$10 a page a year. Periodically there is a debate comment about its abundance.

It is even been called a "dumping ground for trash, trivia and trivia."

But it obviously has a special fascination for President Lyndon B. Johnson.

Billiard Tourney Set For Youths

Ronald Remond, in charge of youth and sports activities, Sanford Seminoe Jaycees, announced today that a Sanford wide billiard tournament would be held at the Family Recreation Center in Sanford Plaza.

Remond stated that the tournament will be conducted especially for area youths and three categories have been established:

Junior High, Senior High and 19 to 34 divisions.

Trophies will be awarded to division winners and a tournament champion will be chosen who will receive a cue stick. All participants will receive complimentary pool play from the management for their participation in the Jaycee sponsored event.

The chairman urged all area youths, including girls, to register for the tournament. Jaycees will be on hand to supervise and judge all play.

The billiard tournament will begin Sept. 30 at 2 p.m. and will run for three Saturdays hence.

Registration is open and being taken at the Family Recreation Center immediately.

Poole de Leon was the first governor of Puerto Rico.

Farm Bureau Week

This is Farm Bureau week in Seminole County and the rest of the nation and it would do well to pay tribute to the "Voice of Agriculture" in Seminole County.

Tribute To Mr. Tucker

As we go to press today our county agent is in Omaha, Nebraska accepting a national award for distinguished service. Cecil Tucker has done an outstanding job for Seminole County and during Farm Bureau week it might be well to take a look at his achievement.

James Marlow

Analysis Of The News

WASHINGTON (AP) - What after Vietnam? The United States suffered an agonizing war over the Korean war with its own lives, money and prestige badly damaged after the Chinese victory at the Yalu River.

After that it seemed unthinkable that this country would get involved in another Asian war any time soon. But within less than 10 years it was starting down the same road in Vietnam.

Now there is so much anti-Americanism and anti-Americanism in the world that almost no public figures are talking about the part of the United States will play if it comes to active participation in Vietnam.

There is one reasonable explanation for the men in Vietnam. The United States suffered an agonizing war over the Korean war with its own lives, money and prestige badly damaged after the Chinese victory at the Yalu River.

"I Have a Feeling We're Not Getting Anywhere!"



Dr. Crane's Worry Clinic

Dr. Crane's Worry Clinic is a place where you can get help with your worries. It is a place where you can get help with your worries.

Terri's problem is universal and rather common, so scrapbook this case. It offers the medical background and also the solution. If you have young children at home, send for the booklet below, for it can eliminate a lot of parental nagging and needless tears.

It is a habit awakens with its stomach growling, the child grows restless and grumpy. Whenever it wakes its child around in random movements.

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It is a habit awakens with its stomach growling, the child grows restless and grumpy. Whenever it wakes its child around in random movements.

Hal Boyle Says:

By EDDY GILMORE (Hal Boyle is on vacation) LONDON (AP) - Did Elizabeth Taylor abandon her sense of fashion when she bought that new red and blue striped monkey for dress?

Skunks Winning Over Patrol

CADILLAC, Mich. (AP) - Armed with 12 ounce shotguns, patrolmen drive around the city in the dead of night, checking areas where invaders have been reported.

Letters

This is in reference to your editorial "Go see for yourself" Thursday, Sept. 14. I do thank you for urging parents to join the PTA.

'Fighting Lady' To Be Museum

PHILADELPHIA (AP) - The aircraft carrier "Fighting Lady" is to be a museum where she is to become a memorial and museum.

MIMEOGRAPHING

Training letters, legal forms, business church work, school work, advertising, forms, etc. Sanford Secretarial Service.

Pigeon Feeder To Leave 'Nest'

LONG BEACH, Calif. (AP) - Loped up five days in jail for feeding pigeons. The bird was released after it was found to be a carrier of disease.

Israelis Scuffle Egyptian Boats

TEL AVIV (AP) - Israeli tank gunners sank three Egyptian patrol boats carrying about 45 armed and helmeted soldiers today after Egypt's navy tried to ferry them down the blocked Suez Canal, Israeli armed forces spokesman said.

Water Grant TALLAHASSEE (AP) -

The Department of Housing and Urban Development released a \$20 million grant to aid in the construction of water facilities at Fort St. Joe.

Clamp Down TALLAHASSEE (AP) -

Treasurer Broward Williams says he hopes the No. 1 project of the new Bureau of Law Enforcement will be to clamp down on the sale and use of narcotics in the state.

Who Speaks for the Farmer?

FARM BUREAU The Voice of more than 35,000 farm families who serve Florida's Number One Industry

AGRICULTURE FARM BUREAU WEEK

September 17-23 "The Voice of Agriculture"

Two Locations To Serve You

FIRST FEDERAL Savings & Loan - MAIN OFFICE - 312 W. FIRST ST. - SANFORD - 322-1242 - BRANCH OFFICE - 322-1951

BUY YOUR HURRICANE PROTECTION

ALUMINUM AWNINGS - "See JIMCO and let 'er blow!" - 12'x16' FLORIDA ROOM as low as \$1395

Rat Campaign

WASHINGTON (AP) - The House, by a vote of 340 to 100, today approved a \$40 million increase in funds authorized for rat extermination and other state health programs.

New Auditorium 'Out,' Lyman PTA Told

By JANE CASSELLBERY Parents of students of Lyman High School had quite a work out at the Parent Teacher Association meeting as they looked for a new auditorium to be built on the Lyman campus.

Makeshift NEW YORK (AP) -

Negotiations on a new peace proposal advanced by Moscow, John V. Lindsay announced today.

New Queen CALIFORNIA (AP) -

Queen Elizabeth II cracked a message of congratulations on the 25th anniversary of the end of World War II.

Do customers notice unpleasant odors in your place of business?

Remarkable new Purafil Odor Filters in your air conditioning transforms bad smells into no smells.

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Here We Go Again

Advertisement for ABC Liquor featuring various brands like Canada Dry, Ballantine's, Four Roses, and others. Includes prices and promotional offers.

The Sanford Herald

WALTER A. GIBLOW, Editor and Publisher. FRANK WOLFORD, Circulation Manager. LARRY WOODRUFF, Business Editor.



Jaycees Sponsor Back-To-School Jr. High Dance

Sanford - Seminole Jaycees, under the direction of member, Don Farnes, held an extended Junior High School, "Back To School Dance," Sept. 16. Three hundred and fifty junior high students attended the gala affair and danced to the music of the Sky Guys, one of the area's most popular teenage musical groups.

ALL EYES ARE TOWARDS CULTURE! Seminole High School Anchor Club members are launching a student membership drive for Seminole County Mutual Concert Association before student prices rise Oct. 1. Getting a sneak preview of the season's sensational repertoire are, from left, Mary Lou Klay, Anchor Club president; Mrs. Jack Burney, Mutual Concert board member and advisor of Anchor Club; Janet Lewis and Sherilyn Williams.

If you have trouble with wafles sticking and you are sure the temperature is right, it may be that the recipe you are using doesn't call for enough fat. Try adding 1 or 2 extra tablespoons of shortening.

Homemaker's Corner

By Mrs. H. L. JOHNSON
I had a very nice letter from Mrs. Ann Freeman. She would like a recipe for Oatmeal Bread without using yeast. She also wants to know how to fry eggplant without its becoming soggy. And also wants to know what Simple Syrup is and how it is made. Who can help us with the "syrup"? If you know please send it to me, care of The Sanford Herald, or directly to me at Rt. 1, Box 174N, Sanford. Will look for it.

OATMEAL BREAD
1 1/2 cups milk
1 cup raisins
4 cups baking powder
1/2 cup sugar
1/2 cup molasses
1/2 cup quick-cooking oats
2 cups sifted flour
2 eggs
2 tsp. shortening
Scald milk, remove from heat, add molasses and raisins. Allow the mixture to cool. In the meantime sift the flour with the baking powder and salt. Here is the only recipe I have for Oatmeal Bread without yeast. Hope it is what she wants.



MRS. H. L. JOHNSON

Butter Pecan Cream Cake
1 cup evaporated milk
1/2 cup water
1 cup heavy cream, whipped
1 cup ground pecans
1/2 cup angel food cake
1/2 cup butter
1/2 cup maraschino cherries
Combine buttercream pudding mix with evaporated milk and water, cook according to package directions. Cool. Fold whipped cream and ground pecans into cooled pudding. Split cake into three layers. Spread 1/2 of buttercream pudding on bottom layer, repeat layers, spreading remaining pudding over top of cake. Decorate with pecan halves and maraschino cherries.

Brownie Sandwiches
15-oz pkg brownie mix
1 cup chopped pecans
1/2 cup vanilla ice cream
Prepare brownie mix as directed on package in Spring-Tite broilers. Four half of mixture into a greased pan. Sprinkle with 1/2 cup chopped pecans. Repeat with remaining batter and pecans. Bake in a 350-degree oven for 20 minutes. While

Women Aid County Health Clinic



DR. E. MICHAEL GUTMAN (top photo), Mental Health Clinic psychiatrist, receives a check for \$100 from the South Seminole Jayceettes. Pictured are Mrs. Carol Trahan, president, and John Wayne Smith, president of the South Seminole Jaycees. The Seminole County Mental Health Clinic is a major project of the Jayceettes. Dr. Frank Leone, (lower photo) county health director, and Mrs. Barbara Dennison, mental health worker, happily display check for \$100 donated to the Seminole County Mental Health Clinic by the Benevolent Patriotic Order of Dons, Drove 160 of Sanford. (Herald Photos)

Dr. E. MICHAEL GUTMAN, Mental Health Clinic psychiatrist, receives a check for \$100 from the South Seminole Jayceettes. Pictured are Mrs. Carol Trahan, president, and John Wayne Smith, president of the South Seminole Jaycees. The Seminole County Mental Health Clinic is a major project of the Jayceettes. Dr. Frank Leone, (lower photo) county health director, and Mrs. Barbara Dennison, mental health worker, happily display check for \$100 donated to the Seminole County Mental Health Clinic by the Benevolent Patriotic Order of Dons, Drove 160 of Sanford. (Herald Photos)

Wrap a stain proof or bread of rolls in a damp cloth for a few hours. Then bake in moderate oven until fresh and crisp again.

Put a Panther in your sack!
ORLANDO panthers
200 Y.M. COLLEGE BLVD.
At COWAN'S you can win FREE TICKETS to the Orlando Panthers game on Sanford Night, October 14 at Tinker Field. NO OBLIGATION—COME IN AND REGISTER.
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By H.I.S. for HER WATER REPELLANT 65% Decon, 35% Cotton NAVY, NATURAL, MAIZE
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For girls who like looking like girls
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mary / esther's

Dear Abby: By Abigail Van Buren

my name and address beginning DEAR ABBY: I am engaged to a guy who can't seem to make up his mind whether he wants to get married. We have had FOUR blood tests (you can't get married in this state without one) and every time we go to get married he changes his mind and we not it. I am 22 and he is 21, but I don't think he is ready to settle down yet. We both work, so money isn't the problem. We have gone together off and on since high school, so we know each other pretty well. He says he loves me and I know I love him. Have you any advice for me? NEEDING ADVICE DEAR ABBY: Yes. Give your blood to the Red Cross and find another guy. He's not ready. DEAR ABBY: Not long ago I wrote you a letter, telling about my miserable home life. I said my mother was a tramp and my father would get drunk and beat me for no reason at all. Then I told you that I turned to my best friend for love I needed and he got me pregnant, and I was considering suicide. I gave you

to hurry your answer. Well, Abby, I just received the most wonderful letter from you, Abby. You gave me some good advice, with hope and encouragement for the future. And you sent me the name of a home for unwed mothers nearby where I could go for help. Then you closed with "Good luck, Dear, and God bless you." Well, Abby, my letter was a bunch of made up lies. I have a good home life and I don't even have a steady boy friend and I surely am not pregnant. I feel so sorry for what I did. Please forgive me. I promise never to do a thing like that again. ASHAMED. DEAR ABBY: I can usually spot a phony letter, but when your girl is "in trouble" I take no chances and answer accordingly. DEAR ABBY: Everywhere you turn you hear about sex, which is the most overrated thing in the world. If you ask me, I give you

I have been married for 24 years with practically no sex. He doesn't bother me and I don't bother him. I was considered quite a doll in my day, and I haven't changed much. Blonde, 5 ft. 3, weight 115. Yes, we have children. Three of them. (And I had a job talking my husband into it.) I have a full length mink coat, a leopard jacket and a mink stole. My husband is a professional man, well liked and handsome. Looks sexy, but looks can fool you. I play a good game of bridge and consistently break 90 in 5, weight 115. Yes, we have children. Three of them. (And I had a job talking my husband into it.) I have a full length mink coat, a leopard jacket and a mink stole. My husband is a professional man, well liked and handsome. Looks sexy, but looks can fool you.

Jacoby On Bridge
Certain standard trick hands that are used in every book on play, "Bridge in the Menagerie" is essentially a book on play, as many of these trick hands appear. Today finds the hideous Hog struggling with an impossible three no-trump contract after typical hogish bidding. He has only eight tricks after West's opening heart lead. See if you can find the trick play that produced his ninth. He ducked one heart, took the second heart and led the suit right back. West proceeded to cash all his hearts. A real smart West might not get cashed the last one but Hog's opponents aren't supposed to be smart. The Hog discarded two diamonds from dummy and one second spade to his queen. West shifted to a spade. West had to discard and

Polly's Pointers
DEAR POLLY:—By now you have received 9728 letters telling Georgia how to keep her shell servers from sliding on the plate. So here is 2728. For about 15 cents she can buy a set of red rubber shoe washers at the hardware or variety store. Be sure to get the black ones and make marks on plates or shells. Simply place a washer on a plate or shell and there is no more sliding. The washers are cheap, easy to wash, require no gluing and will not show when the shells are on them. LINDA DEAR LINDA—No matter if we have 1,001 answers, there will always be a place for another original and different idea. POLLY DEAR POLLY—I have two sons in the service and I have tried many ways of mailing cookies so they do not arrive as a box of crumbs. I finally came up with the following way which we think is great and I hope some of you will try it. Buy flat aluminum broiler pans at the market and bake the cookies just as you would. When they are still warm, cut into any desired shapes but leave them in the baking pan. Cover with waxed paper and fill in any space at the top with paper towels. Wrap and seal with foil, then wrap again in several thicknesses of newspaper. Tie the pan securely to a piece of heavy cardboard so that it is a bit bigger than the pan. Wrap well in heavy brown paper, and they are ready for mailing. My boys say they arrive with scarcely a crumb broken off. I use the postal special service which gets them there about two days sooner than any other way except air mail. This method is good for bar cookies, chocolate chip and brownies. MRS. T. R. DEAR GIRLS: Mrs. T. R.'s letter says "aluminum broiler pans" but I think you also meant to say aluminum foil broiler pan. POLLY You will receive a dollar if Polly uses your favorite humankind idea, Polly's Problem or solution to a problem. Write Polly in care of this newspaper.

Horoscope Forecast Friday, September 11, 1967

GENERAL TENDENCIES
The daytime is fairly unimportant save for usual pursuits but tonight you enter a period in which your most talented capabilities have the chance to be worked out so that you gain much of value, especially where the government, large corporations, groups and companies are involved. Think big, get big results.

ARIES (Mar. 21 to Apr. 19) —Analyzing correctly whatever is of importance to you will give you correct answers now. Listen to ideas given by your experts. Then carry through with them to your really great benefit. Be enthusiastic, ambitious.

TAURUS (Apr. 20 to May 20) —Be sure that you accept invitations to join some group that is the right avenue through which you can grow in the future. Get into the right personal channels. Make your evening very charming in the evening.

GEMINI (May 21 to June 21) —Let your associates know that you will be doing things that are important before they are able to do them. If romantically inclined, this is a good evening for such thoughtfulness.

SCORPIO (Oct. 23 to Nov. 21) —You are much arguing with others today, but compromise is necessary on the part of all, the wisest thing to do. Stop being so close-mouthed. State what your aims are in words of one syllable.

PISCES (Feb. 20 to Mar. 20) —You are thinking in a most positive way and can go ahead in a most confident manner, so that you get support from every one. So that others appreciate your abilities more. Bring them out into the open.

Money Meet
WASHINGTON (AP) — The government will send at least 50 persons to Rio de Janeiro this week for the annual meeting of the International Monetary Fund and World Bank which opens Monday.

