

# Evening Herald

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## Nativity Scene

### Repair Of Sanford's Manger Could Face Court Challenge

By TENI YARBOROUGH and DONNA ESTES

The curtain could fall on Sanford's Nativity scene, traditionally located each year on the lawn at City Hall during the Yuletide season.

City Manager W.E. "Pete" Knowles told the City Commission on Monday night that the current Nativity scene, purchased eight to 10 years ago by the city, is in need of repair or replacement.

"The maintenance crew is trying to get the pieces together now to be presentable and put it up," he said. But, he added, the workers can "patch only so much." The Nativity scene is made of waterproofered papier-mache and wood and is placed annually on the City Hall lawn facing Park Avenue.

Knowles cautioned the commission, however, that a decision to repair or replace the religious scene with public funds could be challenged in court.

In a recent court action, a municipality in a western state was banned from using public funds for religious activities such as the Nativity scene, he said. He said the court ruling was an "offshoot of the prayer-in-schools case."

"That city received an adverse ruling on use of public funds," he said, "Donations are not public funds as long as they are not received into the

city." Knowles added that whether or not a donated Nativity scene can be placed on city-owned property has not been questioned.

A Herald poll of area municipalities reveals Sanford is the only one that displays a Nativity scene on government property each year.

Orlando officials said they discontinued the practice of displaying a Nativity scene at City Hall several years ago because "some church denominations were offended by it."

"The atheist suit initiated the whole thing," Knowles said. "The Nativity scene is a tradition and should be continued." Knowles said the city has had a Nativity scene at City Hall ever since he came to the city 28 years ago.

He said that if the City Commission is thinking of budgeting funds for a new scene, its action could be challenged in court. But, he added, "The scene is a long-standing tradition in the city and one we should carry on."

Jack Horner, Greater Sanford Chamber of Commerce executive director, said he would "be sorry" to see the tradition end.

"If it's just a matter of money to repair it or replace it, I'm sure the chamber, civic clubs or even the Christmas Parade Committee would be willing to help raise funds to keep it," he said. "However,

the question of whether it could be placed on city property also would have to be addressed."

"We as an association will do everything we possibly can to have the manger scene as an annual event from Christmas to Christmas," said the Rev. Philip Walsanen, Sanford area Ministerial Association president.

"It's too bad the court ruled that way," said the Rev. William Ennis of All Souls Catholic Church, 902 S. Oak Ave. "I'm sure the city's hands may be tied by the ruling, but we'd be glad to cooperate with other churches to keep the tradition alive."

"We are discussing the possibility of having a Nativity scene here," Lake Mary City Clerk Connie Major said. "But everything would be donated, such as the materials and even the work to build it if necessary."

Jeff Etchberger, Altamonte Springs city manager, said the court ruling "doesn't surprise me, because of the separation-of-church-and-state provision." However, he said, Altamonte Springs to his knowledge has never had such a situation in the past.

"I feel like City Hall is such a beautiful building and in such a key location for all to see," the Sanford chamber's Horner said. "It would be a shame not to be able to drive by there and see the Nativity scene as in the past."



Herald Photo by Tom Vincent

A king from the Nativity scene to be placed on the side lawn at Sanford City Hall is dusted off by James Hensley.

## SCC Will Continue To Train Policemen

Rookie policemen will continue to receive basic training in criminal justice and standards at Seminole Community College (SCC), even though a Central Florida Regional Training Center is being created in Orlando by Orange County Sheriff Lawson Lamar.

Lamar apologized today via telephone from Tallahassee for an erroneous report put out by one of his public-relations people and published in an area newspaper, indicating the SCC program would be phased out in favor of the regional concept.

"I'm embarrassed because it looks like that's what I said. I never suggested or desired that Seminole Community College in any way change its very fine program. We are not in competition with SCC," Lamar said.

Seminole County Sheriff John Polk said the Florida Police Standards and Training Commission at its meeting which both Polk and Lamar are attending in Tallahassee, favors creation of the Central Florida Regional Training Center.

"But this will have no effect on Seminole Community College," Polk asserted.

Lamar said the basic misunderstanding is over different aspects of police training. At SCC minimum police standards required by the state are taught to police recruits.

The Central Florida regional training center will teach basic training to officers and basic training to corrections officers, plus advanced courses in both areas, Lamar said.

Polk added that he will be sending corrections officers to the Orange County facility for training.

And Lamar said that because of the advantageous afternoon, evening and Saturday schedule of police courses at SCC, he will continue sending some officers there.

Currently, training for corrections officers is held at Valencia Community College, but that will be phased out after this semester, Lamar said.

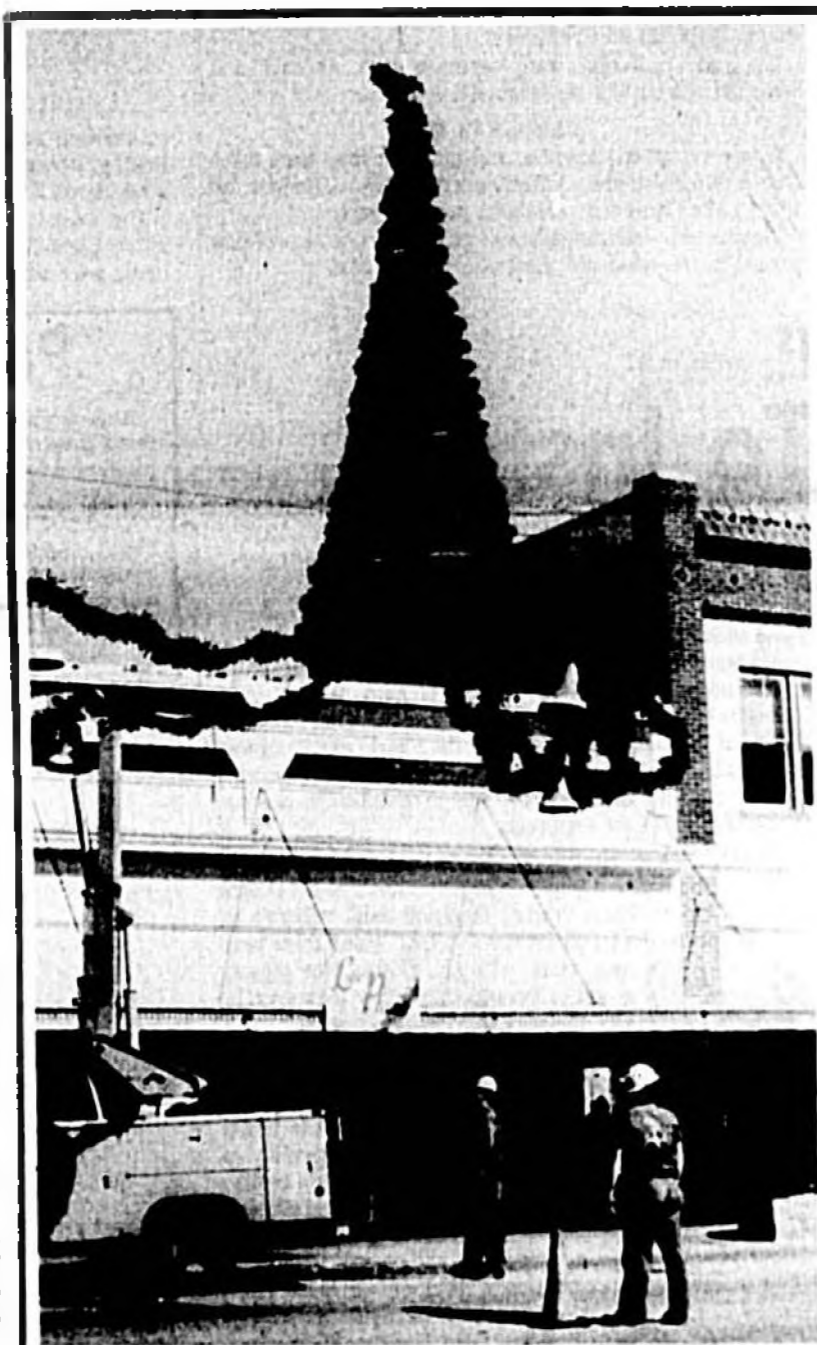
Lamar said the Orlando Police Department also will phase out its state certificate to operate the J.C. Stone Police Academy. The regional facility will have no effect, Lamar said, on the Klamath Police Department.

Lamar said Polk will be one of the directors of the regional facility.

SCC graduated its first class from the Criminal Justice Standards and Training program in 1971. In the 10 years since, nearly 1,000 rookie police officers have been graduated through the program, said Russell Moncrief, director of occupational education at SCC.

"Seminole is doing and has done an excellent job," Lamar said. He also has a representative on the advisory committee, composed of personnel from most of the departments in the Central Florida area.

Lamar said the new regional academy will be located in 10 classrooms at the Mid-Florida Technical Institute, south of Orlando, in space provided by the Orange County School Board. — DONNA ESTES



Herald Photo by Tom Yarbrough

### DECK THE STREETS

The downtown Christmas scenario in Sanford was made complete Monday when city work crews "decked the streets" by hoisting a large red Christmas tree, topped with a star, over the intersection of First Street and Magnolia Avenue.

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## Sanford Will Extend Water Lines To Plant

City water and sewer service will be available to Rush-Hampton Industries' new \$8 million plant before construction is completed off Silver Lake Road, east of Cardinal Industries in Sanford.

The Sanford City Commission voted unanimously Monday night to authorize city personnel to provide labor at a cost of \$10,000 to extend city water and sewer lines to the proposed 167,000-square-foot manufacturing-warehouse-office plant. Costs of materials and boring and jacking lines under the railroad and Lake Drive, totaling \$24,892, will be paid by the firm.

Construction is to begin in January, and the warehouse-manufacturing section is to be completed in September and the office section two months thereafter.

City Engineer Mack LaZenby has estimated it will take 30 to 45 days to get bids for the materials for the work.

Rush-Hampton, currently employing 550 persons, will hire 150 more when the new facility opens, said Rush Bailey, president of the 10-year-old firm.

In other business, the commission

voted unanimously to annex 93 acres south of Silver Lake Drive. The zoning of the property, while it was under county jurisdiction, was industrial and that zoning designation will remain in the city.

Residents of the Silver Lake Road area complained about the annexation, saying industrial development is getting closer to their homes and may threaten the purity of nearby lakes.

Garnett White, a real-estate broker involved with the property, said it does not front on Silver Lake Road and has been zoned for industrial development for 17 years. He would not say whether industrial development is planned on the tract in the near future.

The commission also denied a request from Bassam Georgi to sell alcoholic beverages for consumption at his restaurant at 2700 Sanford Ave., but delayed final action to give him time to persuade the owners of Mario's Restaurant nearby to relinquish its license. Georgi owns the building used by Mario's.

Commissioner Milton Smith said the city's code forbids the city from issuing licenses to establishments within 500 feet

of one another. "As long as the code is there we must adhere to it," Smith said, and acting City Attorney Frank Whigham agreed.

City Manager W.E. "Pete" Knowles said the commission is in an "uncomfortable" position since Dale Gustafson, denied a license under the same law, filed a lawsuit challenging the constitutionality of the prohibition.

Knowles said past commissions have waived the requirement and now the court will determine whether the regulation will stand. He said there are currently 44 beer and wine licenses in the city, some of which are 10 to 20 years old, and the outcome of the lawsuit will have an impact on these licenses.

"Until the court decides, the city cannot take a stand except to enforce the law," he said.

The Commission also voted unanimously to purchase 10 new city vehicles under the state purchase contract price, saving more than \$3,000 over budgeted prices.

The total cost of purchasing the vehicles is \$74,627. — DONNA ESTES

### In Lake Wayman Hassle

## Rooks: Steel Fence Is OK

By LEE DANCY  
Herald Staff Writer

Whether the city of Longwood abandoned easement rights to a street it vacated 30 years ago is the next question to be answered by City Attorney Marvin Rooks.

The City Commission voted 3-2 Monday night to have Rooks determine whether the city also gave up its rights to easements on streets once existing on Lake Wayman's east and west sides. Commissioners John Hepp, Russell Grant and Steven Uskert voted yes on the proposal, while June Lormann and Timothy O'Leary voted no.

Mrs. Lormann and O'Leary said they thought the city had no interest in the issue because it did not own Lake Wayman.

Rooks already has told the commission that based on his findings, the city effectively gave up its rights to two strips of property bordering the east and west sides of Lake Wayman. The two pieces of property were once city streets connecting Georgia Avenue to Seminole Avenue in two places, forming a street once known as Lake Wayman Circle.

At Monday night's meeting, Rooks also told the commission he did not think

lakefront property owner Ben L. Beckner went beyond his property lines in erecting a steel cable fence around his property. The fence, along with "No Trespassing" signs attached to it, prohibits area residents from walking the full circumference of the lake.

Now Commissioner Uskert wants Rooks to determine whether Longwood also gave up its "public rights" to Lake Wayman Circle's easement. Rooks described the easement as 25 feet to each side of the road's center line. The actual street took up only 30 to 40 feet of the property.

Rooks said the commission gave up public rights to Lake Wayman Circle in 1951 by passing an ordinance. The city never held title to the land and had rights only for allowing public traffic on the street, which it gave up in 1981.

The commission has consistently said it accepts Rooks' findings. Other Lake Wayman area residents insist the 1951 commission intended only to vacate the section of road connecting Georgia Avenue to Seminole Avenue.

One cannot try to determine what a governmental body's "intent" was in passing an ordinance, Rooks said at the commission's Nov. 16 meeting. The only

source for determining the intent of an ordinance is the written version of the law, he said.

The Lake Wayman controversy originally stemmed from area residents' complaints about city crews cleaning weeds and debris only from Beckner's side of the lake's shoreline. City Administrator David Chacey said he originally ordered city crews to do the work because he was told by state Department of Environmental Resources officials that Muscovy duck feces was "killing" the lake.

The commission directed Chacey to spend \$600 to rent a dragline for use in cleaning up the rest of the lake's shoreline at its Nov. 16 meeting. Cleanup efforts would be consistent with the job done on Beckner's property, Chacey said.

Beckner said he also had the lake tested. Results of those tests showed the duck excrement was preventing the lake's bass population from breeding, he said.

The Muscovy ducks were trapped and removed from the lake by Beckner based on results from those tests. Beckner said he would introduce two mallard ducks to the lake this week.

## Drop In Housing Prices Curbs Inflation; CPI Rises 0.4 Percent

WASHINGTON (UPI) — A dramatic drop in housing prices — described by one economist as of 1930s magnitude — helped hold inflation in October to just 4.4 percent at an annual rate, the government reported today.

The Labor Department said its Consumer Price Index rose 0.4 percent

overall for the month after seasonal adjustment — just one-third of September's monthly increase and the smallest rise in over a year. The projected annual rate for September was 4.8 percent.

The average price of a house fell 0.7 percent in October, the department said

— a sharp turnaround from a long history of steady increases. Home financing costs also went down 0.1 percent.

Housing costs overall, which had risen by more than 1 percent a month for the past five months, showed no change for October.

"We have a deflation in prices of

homes of a magnitude we have not seen since the 1930s," said Michael Sumichrast, chief economist for the housing industry's major trade group, the National Association of Home Builders.

"If I wanted to sell my house I obviously couldn't get as much as a year

ago," Sumichrast said, adding that for potential homebuyers with enough cash to negotiate, the next year could provide the best deal they'll ever find.

High interest rates, he said, have helped generate the surplus which has driven down prices.



# NATION IN BRIEF

## Fed Workers Back Today, Head For Showdown

WASHINGTON (UPI) — The federal government, after an unprecedented one-day fiscal crisis that closed such landmarks as the Statue of Liberty and forced thousands of workers to be laid off, is back to normal today — but heads for another showdown.

President Reagan exercised his veto power for the first time Monday and forced Congress to back away from what he called a "budget-busting" bill. But the real fight was merely delayed for three weeks.

## More Allen Goofs

WASHINGTON (UPI) — National security adviser Richard Allen, under scrutiny for accepting a \$1,000 thank-you payment from a Japanese magazine, says he recently discovered an error on his financial disclosure statement.

Allen said Monday that 10 days ago he found, then corrected, an error involving his consulting business made on the statement filed when he joined the administration in January.

# WORLD IN BRIEF

## Irish Minister Advocates Exterminating The IRA

BELFAST, Northern Ireland (UPI) — Protestant firebrand Rev. Ian Paisley told 20,000 vigilantes that he wants to create a 100,000-man army to prevent union with the Irish republic and exterminate the IRA.

"It is no longer a matter of playing little parliamentary games," Paisley told vigilantes, many in uniforms, who assembled in the staunchly Protestant town of Newtownards at the close of his "day of action" Monday against British security policy.

## Poland Bracing For Winter

WARSAW, Poland (UPI) — The government is dispatching military units to more than 50 of Poland's largest cities to help citizens survive a winter that will be plagued by acute shortages of clothing, food, coal and medicine.

Polish leader Gen. Wojciech Jaruzelski, following the success of smaller army anti-corruption squads that recently ended a month in Polish villages, decided to dispatch new military units soon to the larger cities, the Polish news agency PAP said Monday.

# Casselberry To Defend Its Own In Cop Lawsuit

By TENI YARBOROUGH  
Herald Staff Writer

Defendants in a lawsuit filed by Casselberry Police Officer Andrew Moler will be represented by City Attorney Ken McIntosh, as directed unanimously by the City Council during Monday night's meeting.

Moler has named the city, Mayor Owen Sheppard, the Police Department, the Civil Service Board, Police Chief Fred McGowan, former Police Chief George KATZMAN, five of Moler's former squad members and a police dispatcher in the civil suit filed last week in U.S. District Court in Orlando. He said he is suing because he feels the city acted improperly when he was demoted from sergeant to officer in June.

Karcher demoted the 27-year-old officer based on allegations by other officers serving under Moler that he was incompetent to lead, and derelict in his duties as a supervisor. Sheppard and the Civil Service Board supported Karcher's action.

Moler is suing for \$2.1 million, saying he has been libeled and defamed by the demotion.

McIntosh will defend the co-defendants if it is found, after reviewing city policies, that each defendant merits city-paid legal representation.

Council Chairman Tom Embree said there may be a question as to whether the five squad members and the police dispatcher named in the suit are entitled to full city-paid legal representation. He said there is a possibility Moler's action against them is based on events occurring outside their official city duties and, if so, the city should not "foot the bill" for that portion of legal defense.

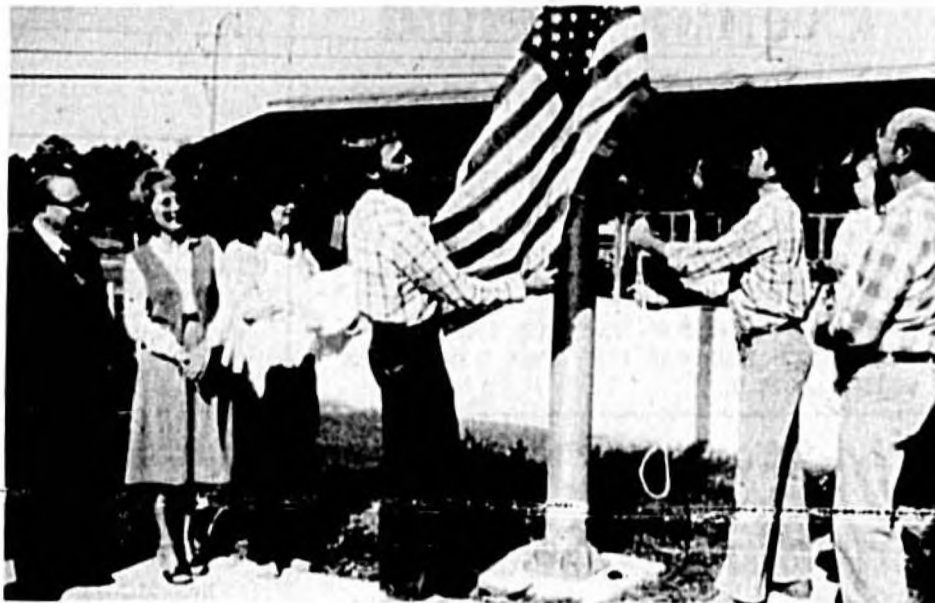
The City Council directed McIntosh to report to the city council on the status of the co-defendants are not entitled to full legal representation by the city in the lawsuit.

In other action, the council voted unanimously to award low bidder Signal Construction Co. of Jupiter a \$17,545 contract for furnishing and installing a traffic-control signal at Wilshire and Winter Park Drives.

At Councilman Frank Schutte's request, the council directed City Engineer Ken Ehlers to have a left-turn signal arrow installed on the signal if ample funds remain after the light is installed.

The council previously budgeted \$20,000 for installation of the traffic signal.

"The left turn at that intersection, in my opinion, is the major problem there," Schutte said. "As a safety factor, I'd like to see the turn arrow installed if funds are available."



## FAMILY AFFAIR

Brent and Mark Carl, to the left and right of the flagpole, the proud owners of Carl's Garden Mart, at 2911 S. Orlando Drive, Sanford, raise the flag next to their new business. Also observing the ceremony are from left, Rev. Leo King of the United Methodist Church in Sanford, Brent and Mark's mother, Mrs. John Carl, Mrs. Mark Carl holding baby Ashleigh Carl, and Brent and Mark's father John Carl, holding his granddaughter Carissa Carl. It was incorrectly stated in Sunday's Herald that John Carl is the store's owner.

# Nuclear Arms

## Soviets Offer To Limit Number Of Missiles Aimed At Europe

BONN, West Germany (UPI) — Soviet President Leonid Brezhnev rejected President Reagan's call for scrapping all nuclear weapons in Europe but countered with a proposal to remove "hundreds" of Russian missiles.

In a speech Monday outlining his opening position for Soviet-American arms control talks in Geneva next week, Brezhnev turned down Reagan's proposal for dismantling the SS-20 weapons aimed at NATO territory.

"We are being asked to disarm unilaterally," Brezhnev said on the first full day of a four-day visit. "It is clear that the Soviet Union will never agree."

Reagan's "zero option" proposal called for Moscow to dismantle more than 270 SS-20 missiles and 360 older SS-4s and SS-5s in return for nondeployment of the 572 U.S. Pershing II and cruise missiles beginning in late 1983.

The Soviet president used a dinner speech on a visit to Bonn, his first trip to the West since the Soviet invasion of Afghanistan in December 1979, to outline what he called a "new, substantial" variation.

"We could reduce unilaterally a certain part of our nuclear weapons of medium range in the European part of the Soviet Union," Brezhnev said, perhaps "by hundreds rather than by

dozens." But he said such a move depended on American acceptance of a freeze on deployment of the U.S. missiles.

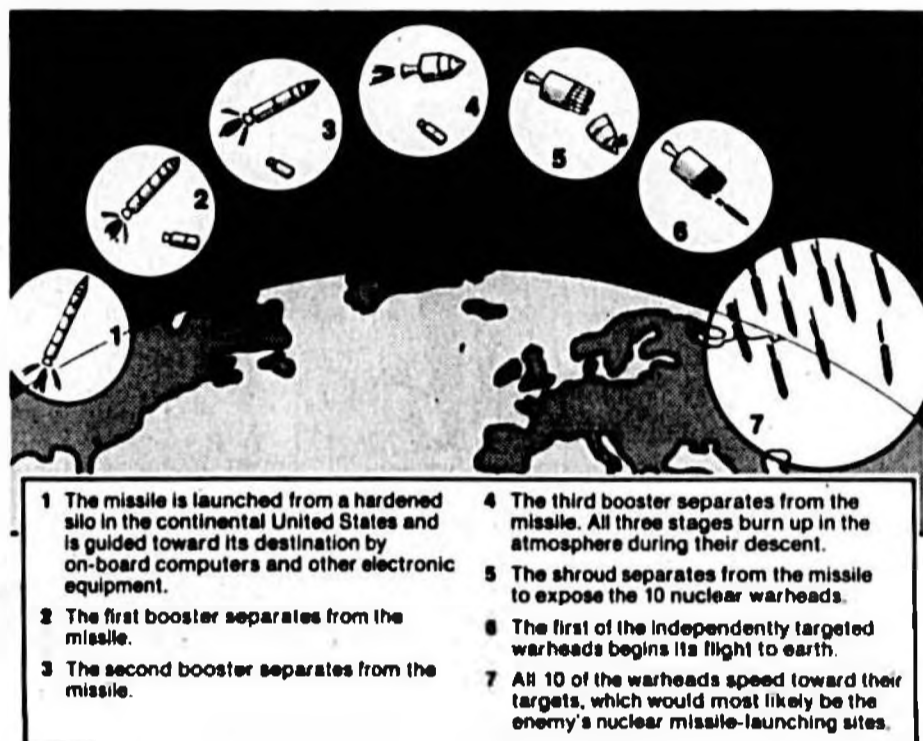
Chancellor Helmut Schmidt said the Soviet leader's proposal deserved consideration.

"There is no doubt the Soviet Union is ready to reduce the number of its medium-range missiles," he said. "But this offer is tied to conditions that must be examined. It is not enough to pull behind the Urals missiles that can go 4,000 kilometers (2,500 miles) or more. They can still hit Cologne and Hamburg from there."

But Schmidt seemed cheered by Soviet readiness to discuss arms reduction in the talks in Geneva and said both sides enter the negotiations "ready to come closer together."

The chancellor's reaction reflected the threat to his own position from a growing peace movement opposing new U.S. missiles and his determination to deploy the weapons if the Geneva talks fail to restore the strategic balance in Europe.

Brezhnev made a clear play for sympathies of the peace movement, charging the Americans seemed to consider nuclear war in Europe "a military doctrine."



## THE MX: HOW IT WORKS

This illustration shows the stages in the launching of the MX ("Missile Experimental") that is to replace the Minutemen and Titan missiles as the land-based component of the U.S. nuclear triad.

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Jim Lash's Blue Book Service Center is a full service diagnostic operation utilizing the latest in technology for auto repair. Their computers speak the same language as the computers on your new car to diagnose the problem.

They service any make car. "We do everything, but body work," said Kemp Howland, general manager.

With 26 years experience in the automobile business in this area, the owner, Jim Lash has operated his used car sales for this location at 4114 S. Orlando Ave. since 1975. The modern service center was added 15 months ago.

Jim Durs is the service manager and mechanics include Terry Seay, Merrill Schirmscher and Ralph Wight.

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Jim Lash's independent car rental service was an off-shoot resulting from the need for low price rentals on good used cars. Cars, can be rented for from \$9.99 to \$14.95 a day. Pickup trucks and vans are available on request.

Jim Lash's Blue Book used cars are hand picked, not purchased in volume, said Howland.

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# Nutritional-Slimming Classes Are Offered Free

Are all those tempting calorie loaded treats served at holiday festivities are your downfall? Get a jump on the problem by signing up for the next free eight-week Nutritional-Slimming Classes which will begin Thursday, Dec. 3 at the Salvation Army Center at 700 W. 24th St. in Sanford.

The sessions at 7:30 p.m. each Thursday are sponsored by Louise Jackson, Shaklee supervisor and Elaine Wilson, assistant supervisor, and are open to men and women without cost or obligation.

In addition to nutritional counselling, trimming down the pounds and inches can be fun when exercising to music. The exercise instructor is Nate Perkins, a track coach at Seminole High School.

Each week class members weigh in and get measured to see how much they have lost since the last session.

A social is held at the end of each eight-week cycle (strictly low-cal refreshments of course!) such as the "salad fiesta" that recently celebrated the end of the first eight weeks. Guest speaker for that occasion was Dr. Charles Lippoldt of Maitland, nutritional specialist.

A "No Belly" trophy is awarded plus other incentive awards each eight weeks.

The object of the classes is to make Seminole County residents more aware of the need for proper nutrition combined with weight loss instead of starvation or fad diets that rob the body of needed nutrients.

Each participant is instructed in proper nutritional supplements and given a kit with suggested menus and recipes for dieters. Nutritional training also involves the use of visual aids such as film strips.

Louise and Elaine carry a complete line of nutritional products for better health, natural personal care products in harmony with nature, and biodegradable non-polluting household products.

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**NOV. 27th & 28th**

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# Business Review

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Prepared by Advertising Dept. of

**Evening Herald**  
**Herald Advertiser**

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## Grand Opening Scheduled For J&D Associates Gifts



All set for J & D Associates Gift World grand opening are (from left), Patty Rinella, representative; Danny Walls, salesman; Mary Schenck, assistant manager and controller; and Diana and Jim Walls, owners.

J & D Associates, House of Gift Specialists, will hold a grand opening celebration Nov. 27 and 28 at 802 N. Highway 17-92, Casselberry, (next to Flower Town).

There will be door prizes, free refreshments and grand opening discounts from 25 to 30 percent. They will be open from 9 a.m. to 9 p.m., Friday and 10 a.m. to 5 p.m. on Saturday. Hours Monday through Thursday will be 9 a.m. to 5 p.m.

Primarily a wholesale dealer providing popular gift items for area retail establishments and setting up people in business as sub-wholesalers, they will also sell retail to the public from their display room and catalog. Orders guaranteed for delivery before Christmas.

They will deliver merchandise to retailers through the mail or by drop shipment. Any merchants desiring more information may call and have one of J & D's representatives stop by and show them a catalog of the many items available.

Why pay more for lovely gift items such as

fashion jewelry and 14k gold jewelry, porcelain figurines, radios, stereos, music boxes and jewelry boxes when you can get them at lower prices at J & D Associates.

They have gifts for all ages such as a wide assortment of dolls, including porcelain, hosiery, wallets, handbags, calculators, sewing boxes and novelty items. They also carry unique kitchen accessories and canisters, pewter and solid brass items and ironstone dishes.

J & D Associates will be glad to work with schools and charitable organizations looking for a way to raise funds by providing music boxes at a minimum price so that they can be sold for a substantial profit by the group.

This is a family-oriented local business owned and operated by Jim and Diana Walls of Sanford. Representatives who will be contacting local retailers as sub-wholesalers include Libby Barker, Joan Gilbert, Jeff Cornelius, Andrea Mosher, Rick Graham and Rebecca Hogsten.

Mastercard and Visa are accepted. For information call 339-2007.



Celebrating the end of the first eight-week series of Nutritional Slimming classes are from left, Dr. Charles Lippoldt, guest speaker; Del Wilson, assistant supervisor; Nate Perkins, exercise instructor presenting trophy to Denise Tischer

who lost the most pounds; Elaine Wilson, assistant supervisor; Louise Jackson, Shaklee supervisor; Mary Keller, Shaklee coordinator; and Mrs. Beth Lippoldt.

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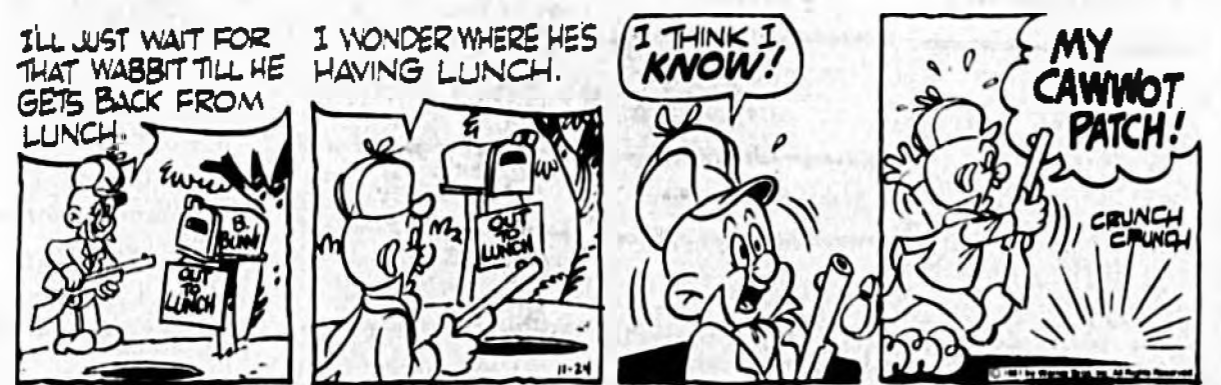
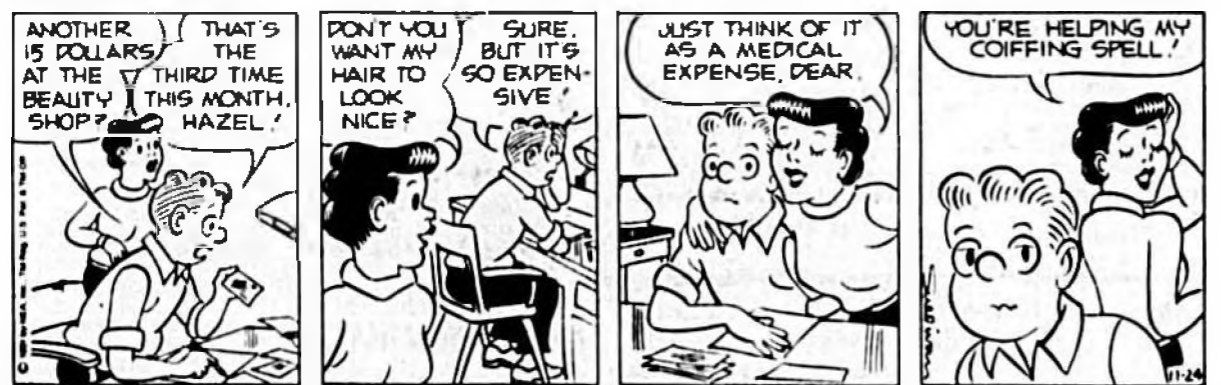
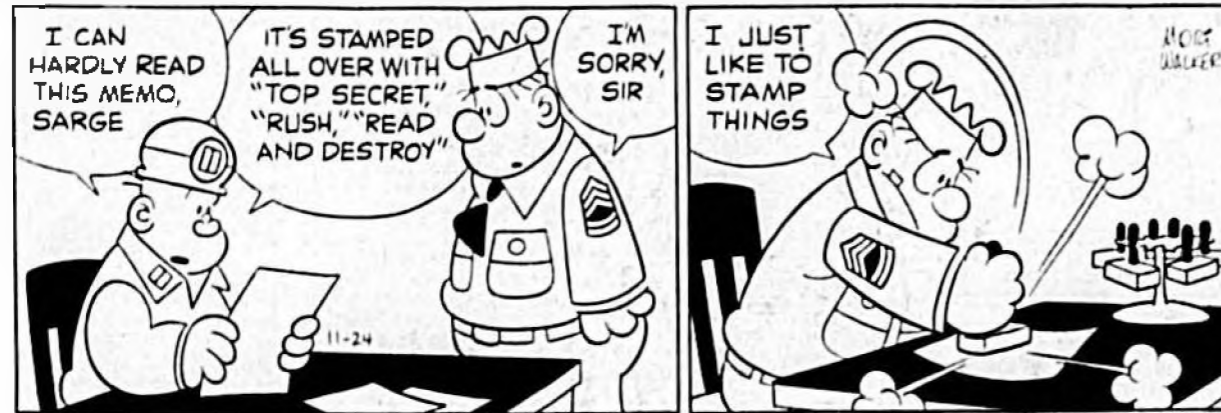
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*The Pampered Look*

FAIRBEE PLAZA SANFORD HOURS TUES. SAT. 9-5 8:00 By Appt. 323-7530







Answer to Previous Puzzle

UREI	SYNG	GSA
YUAN	ADNE	AKC
RTCE	UKIS	YTI
EWANCT	SCOTTS	
KEY	CLIA	
YOWED	DOODLER	
YARD	TERN	AGO
HE	TONE	TOAD
NUNTERS	MISOD	
ANT	CAN	
MOORS	DOD	LEAF
ASPEYED	LTEU	
CHE	SEME	ERIE
KIAN	TWOS	DIENT

Crossword puzzle grid with numbers 1-68.

HOROSCOPE

By BERNICE BEDE OSOL

For Wednesday, November 25, 1981

**YOUR BIRTHDAY** November 25, 1982 From time to time this coming year you could get some very strong hunches regarding investments or business matters. Don't treat them lightly. They could be quite good and worthy of further exploration.

**SAGITTARIUS** (Nov. 23-Dec. 21) Associates know that if you're told something in confidence you're not likely to give away their secrets. You could be privy to information today others won't hear. Find out more of what lies ahead for you in the year following your birthday by sending for your copy of Astro-Graph, Box 489, Radio City Station, N.Y. 10019. Be sure to specify birth date.

**CAPRICORN** (Dec. 22-Jan. 19) If you're involved in a group activity today, don't single out one friend for special attention. Converse equally and openly with all.

**AQUARIUS** (Jan. 20-Feb. 19) Aquarians can be very singleminded when necessity requires it, and may do so today. You'll be able to focus on a single issue, regardless of distractions.

**PISCES** (Feb. 20-March 20) Seek activities today which will enable you to use your imagination and creativity. You could come up with some ideas of which you'll be very proud.

**ARIES** (March 21-April 19) Because you are not likely to take things at face value today, you won't easily be deceived. You'll know others' real motives as well as they do.

**TAURUS** (April 20-May 20) There is an important decision which you've been ducking lately because you've felt it's been a bit too tough to make. You'll have the courage today to do it.

**GEMINI** (May 21-June 20) Pay attention to details today. They'll be equally as important as major factors. Each small part will be necessary to complete the big picture.

**CANCER** (June 21-July 21) Seek the companionship today of those who are young in spirit, rather than of serious types. The young in mind will help make you feel young at heart.

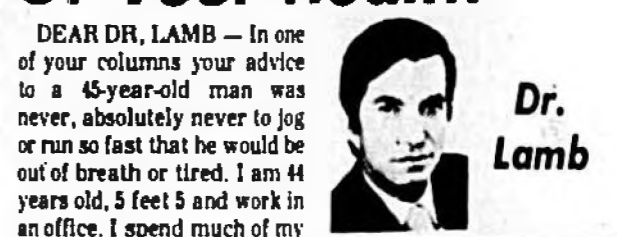
**LEO** (July 23-Aug. 22) Your protective and cherishing feelings for those you love are very strong today, but you must be careful not to try to hold them with too tight a rein.

**VIRGO** (Aug. 23-Sept. 22) Your perceptions are unusually keen today. It will be easy for you to spot the flaws in associates. A word of caution: Keep your observations to yourself.

**LIBRA** (Sept. 23-Oct. 23) One of your major virtues is your willingness to share, but there is a possibility that, today, you won't give anything away unless you get more in return.

**SCORPIO** (Oct. 24-Nov. 22) Others will sense your presence and charisma today, as well as your obvious leadership qualities. When you issue a directive, it's not apt to be challenged.

Know The State Of Your Health



**DEAR DR. LAMB**—In one of your columns your advice to a 45-year-old man was never, absolutely never to jog or run so fast that he would be out of breath or tired. I am 44 years old, 5 feet 5 and work in an office. I spend much of my spare time doing vigorous exercises, running as much as five miles in 38 minutes, tennis, yard work and carrying my golf bag, all of which help keep my weight at 140 to 145.

In my effort to get vigorous exercise I frequently push myself until I'm short of breath and tired. For the last five or six years I've felt these procedures have kept me in good physical condition.

In view of your statement, could you give me further advice regarding vigorous exercise for me for now and for later years?

**DEAR READER**—Most American males are not trained to the level you are and would not be able to do the same things you do without harming themselves. A person who is well trained and has no underlying medical problems may safely do that much.

The key is knowing that you are in an adequate state of good health to do it. That requires a good medical examination.

As you get older there are usually some changes in the arteries. It becomes even more important that you have a low cholesterol and a normal or low normal blood pressure if you want to exercise near the level of your tolerance. Despite your ability to exercise safely now at that level, I believe you should know what your risk factors really are. If your blood pressure or cholesterol is high you should slow down. While exercise is valuable in controlling weight, so is diet. And for weight control you don't need to run or jog fast. A steady slow jog that covers the same distance is just as effective. These points are covered in The Health Letter

**DEAR DR. LAMB**—I am writing for my brother and myself. We are male twins and we are often asked if we are identical twins. I thought that if both twins were male or both female they were identical while twins of the opposite sex were fraternal twins. How do you know if you are identical twins or not? I know identical twins come from one ovum but is there one sperm cell or two?

**DEAR READER**—Identical twins occur because the fertilized egg (ovum) splits in half, forming two new fertilized ovum. The split does not occur until after the single ovum has been fertilized by one sperm cell. The fertilized ovum has all the genes for future development.

When it splits the two split ovum have identical genes. So identical twins are of the same sex. But if two ova were fertilized they result in two males, two females or one male and one female and these would not be identical twins.

You could have specialized genetic tests if there is any doubt about being identical. But if you are identical twins you will have the same physical features other than differences from environment, such as from weight training or differences in eating patterns.

**WIN AT BRIDGE**

NORTH 11-24-81  
 ♠ 7 3  
 ♥ K 8 5 5  
 ♦ K Q 8 3  
 ♣ K 7 2

WEST EAST  
 ♠ J 10 6 4 3  
 ♥ 9 3  
 ♦ J 9 7 5 4  
 ♣ .....

SOUTH  
 ♠ A 5  
 ♥ A Q J 7 2  
 ♦ A  
 ♣ J 10 6 4

Vulnerable: South  
 Dealer: Both

West	North	East	South
Pass	3♥	Pass	1♥
Pass	Pass	Pass	6♥

Opening lead: ♠ J

By Oswald Jacoby and Alan Sontag

In this hand from "Advanced Play at Bridge" South gets to six hearts on slam-bang bidding. It is unscientific, but it is the type of bidding that works on occasion. It will this time

Now is the time to count. East started with exactly two spades, two hearts and three diamonds. He must hold all six clubs. As a check West is marked with six spades, five diamonds and two hearts. He has no clubs. South discards a club on that fourth diamond. West wins and must lead a spade or diamond. South ruffs in dummy and discards his last club.

(NEWS PAPER ENTERTAINMENT)

